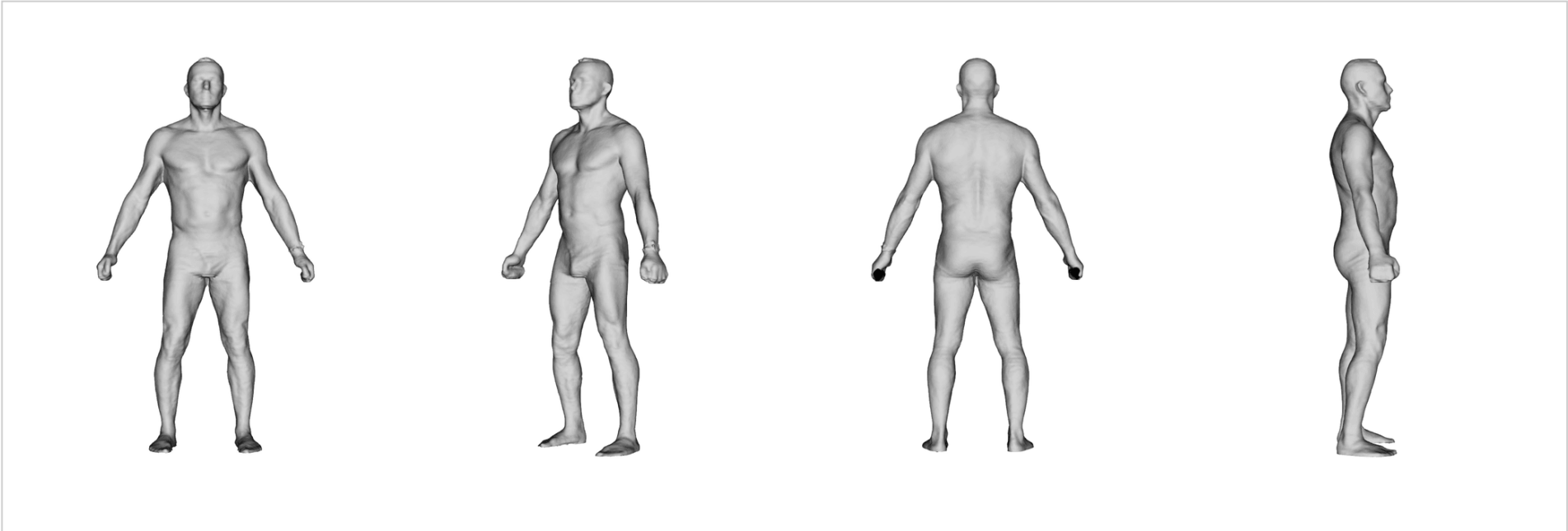


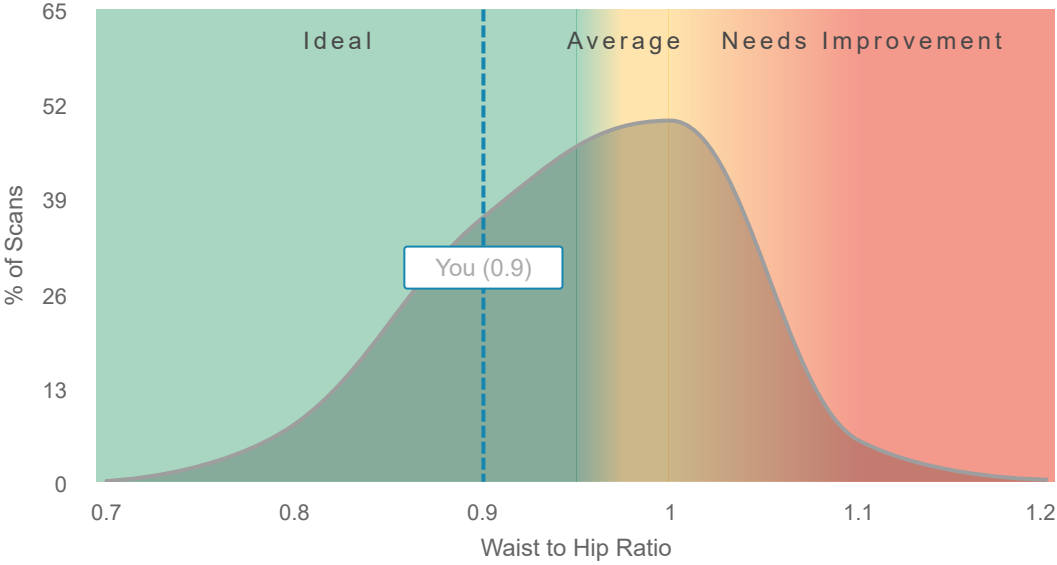
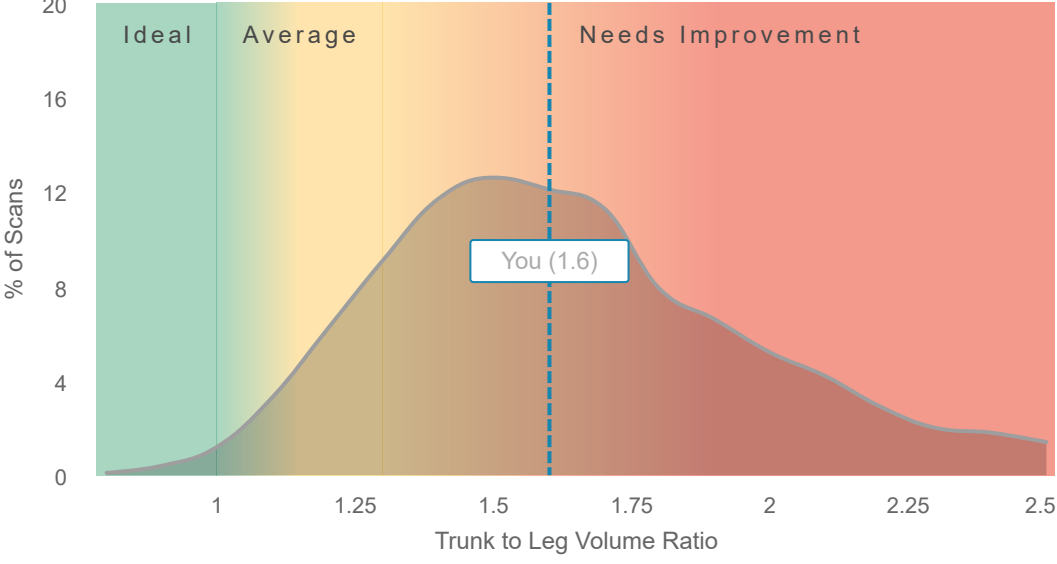
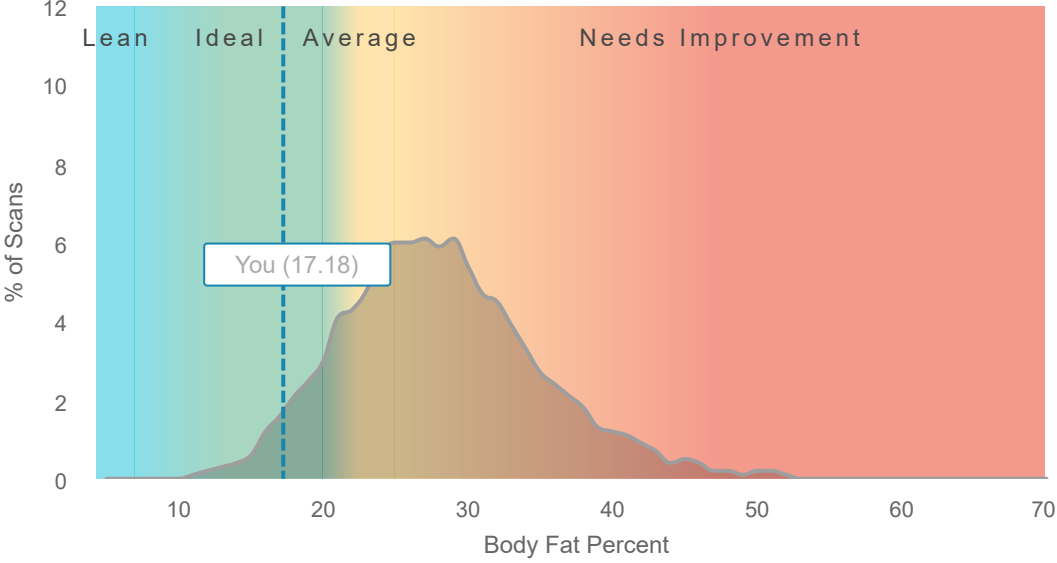
Laurent Martin's Report (Full)

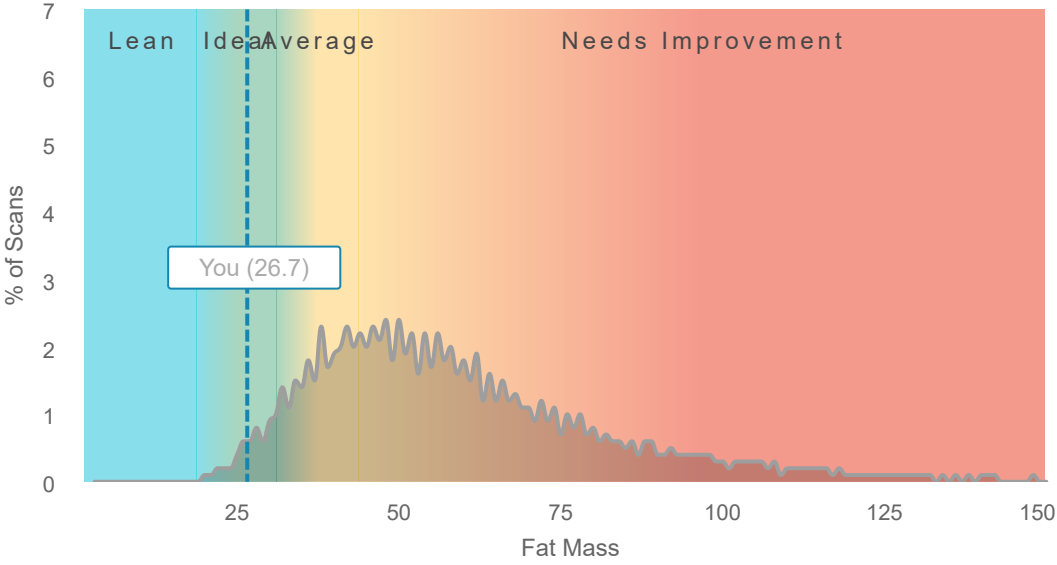
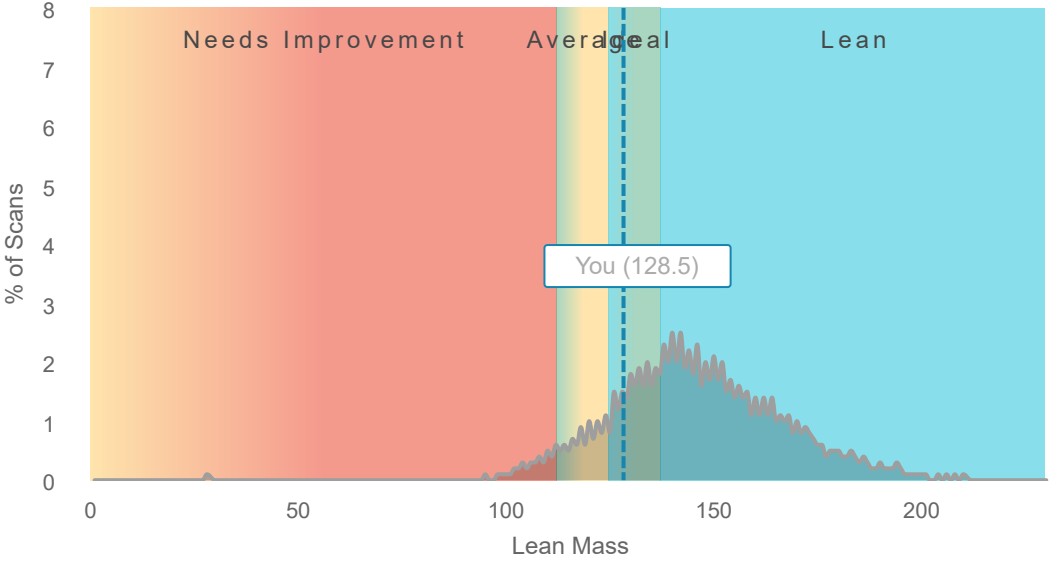
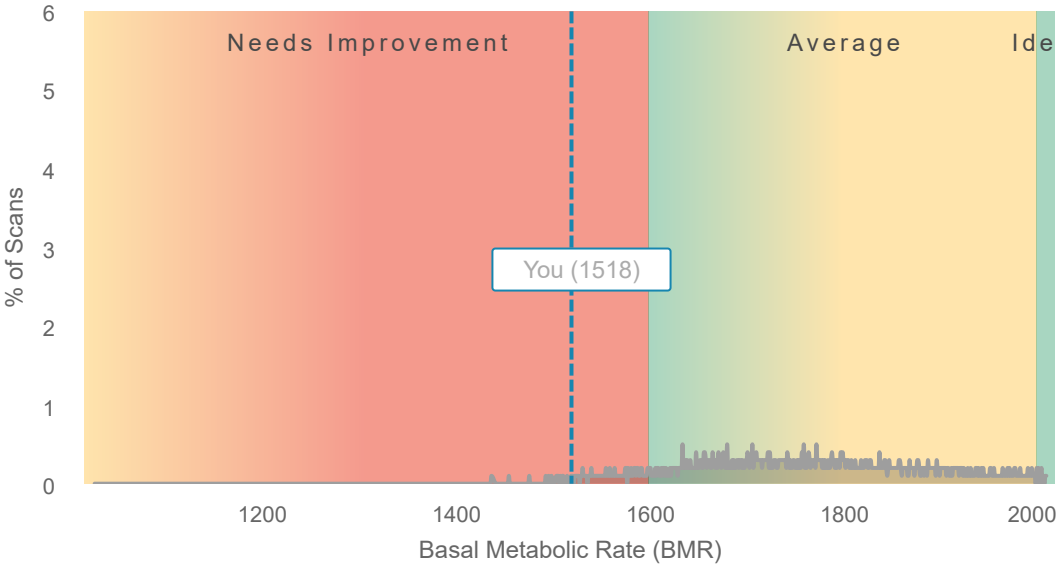
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Wellness Metrics

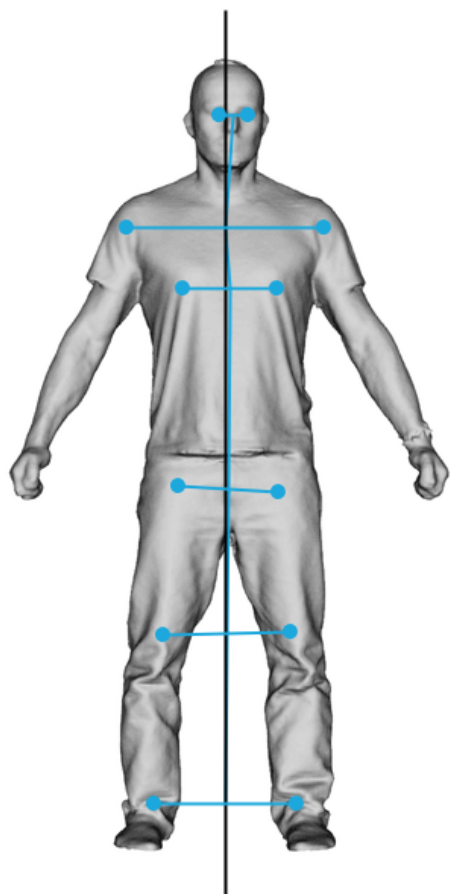
Wellness Metric	How do I compare to other Fit3D users?														
BODY SHAPE															
<div>BODY SHAPE RATING</div> <div>74</div> <div>What is it?</div> <div>Body Shape Rating (BSR) is a wellness score based on the relationship of your body shape to cardiovascular related risk factors. It answers the question, Is my body shape making it more likely for me potentially develop certain cardiovascular related health issues? BSR is on a 0-100 range where 50 is average and the higher the score the lower the risk.Read More.</div>	<table border="1"><caption>Body Shape Rating Distribution Data</caption><thead><tr><th>Body Shape Rating</th><th>% of Scans</th></tr></thead><tbody><tr><td>0</td><td>0.0</td></tr><tr><td>20</td><td>1.8</td></tr><tr><td>40</td><td>1.5</td></tr><tr><td>60</td><td>1.2</td></tr><tr><td>80</td><td>1.0</td></tr><tr><td>100</td><td>0.5</td></tr></tbody></table>	Body Shape Rating	% of Scans	0	0.0	20	1.8	40	1.5	60	1.2	80	1.0	100	0.5
Body Shape Rating	% of Scans														
0	0.0														
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60	1.2														
80	1.0														
100	0.5														
<div>WAIST CIRCUMFERENCE</div> <div>34.1 in.</div> <div>What is it?</div> <div>A larger waist circumference can mean more "deep" (visceral) fat which is an unhealthy type of fat that wraps around internal organs and can lead to additional health risks. Generally a lower waist circumference is better. Waist circumference has been widely used in the past due to its simplicity.Read More.</div>	<table border="1"><caption>Waist Circumference Distribution Data</caption><thead><tr><th>Waist Circumference (in)</th><th>% of Scans</th></tr></thead><tbody><tr><td>30</td><td>0.5</td></tr><tr><td>35</td><td>5.0</td></tr><tr><td>40</td><td>9.0</td></tr><tr><td>45</td><td>6.0</td></tr><tr><td>50</td><td>2.0</td></tr><tr><td>60</td><td>0.5</td></tr></tbody></table>	Waist Circumference (in)	% of Scans	30	0.5	35	5.0	40	9.0	45	6.0	50	2.0	60	0.5
Waist Circumference (in)	% of Scans														
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60	0.5														

Wellness Metric	How do I compare to other Fit3D users?
<div>WAIST TO HIP RATIO</div> <div>0.9</div> <div>What is it?</div> <div>Waist to hip ratio describes body shape using a ratio between waist and hips. A lower ratio generally means lower risk for certain health issues. If you have heard of body shapes described as apple or pear, these are two ends of the WHR spectrum where pear has a lower WHR ratio and therefore lower risk for certain health issues.Read More.</div>	 <p>A bell curve chart showing the distribution of Waist to Hip Ratios. The x-axis is labeled 'Waist to Hip Ratio' and ranges from 0.7 to 1.2. The y-axis is labeled '% of Scans' and ranges from 0 to 65. The chart is divided into three color-coded regions: 'Ideal' (green, 0.7-0.9), 'Average' (yellow, 0.9-1.0), and 'Needs Improvement' (red, 1.0-1.2). A vertical dashed line at 0.9 is labeled 'You (0.9)'.</p>
<div>TRUNK TO LEG VOLUME RATIO</div> <div>1.6</div> <div>What is it?</div> <div>Similar to WHR where body shape is described using a ratio, but instead of waist and hips circumferences, body trunk/torso and leg volumes are used. By using volume it captures a more detailed view of body shape. A lower trunk to leg volume ratio generally means lower risk for certain health issues.Read More.</div>	 <p>A bell curve chart showing the distribution of Trunk to Leg Volume Ratios. The x-axis is labeled 'Trunk to Leg Volume Ratio' and ranges from 1 to 2.5. The y-axis is labeled '% of Scans' and ranges from 0 to 20. The chart is divided into three color-coded regions: 'Ideal' (green, 1-1.25), 'Average' (yellow, 1.25-1.75), and 'Needs Improvement' (red, 1.75-2.5). A vertical dashed line at 1.6 is labeled 'You (1.6)'.</p>
BODY COMPOSITION	
<div>BODY FAT PERCENT</div> <div>17.18%</div> <div>What is it?</div> <div>Body fat percentage is the user's total fat mass divided by the total body mass. Fat is an essential component of the body, however, too much body fat can negatively affect overall health.Read More.</div>	 <p>A bell curve chart showing the distribution of Body Fat Percentages. The x-axis is labeled 'Body Fat Percent' and ranges from 10 to 70. The y-axis is labeled '% of Scans' and ranges from 0 to 12. The chart is divided into four color-coded regions: 'Lean' (light blue, 10-15), 'Ideal' (green, 15-20), 'Average' (yellow, 20-30), and 'Needs Improvement' (red, 30-70). A vertical dashed line at 17.18 is labeled 'You (17.18)'.</p>
<div>WEIGHT</div> <div>155.2 lbs</div> <div>What is it?</div> <div>Body weight is a person's mass or weight.Read More.</div>	

Wellness Metric	How do I compare to other Fit3D users?
<div>FAT MASS</div> <div>26.7 lbs</div> <div>What is it?</div> <div>The total amount of fat in the body. There are multiple types of fat in the body which have very different effects on overall healthy. The body shape tab can provide more insight into how fat distribution factors into potential health risks.Read More.</div>	 <p>A distribution chart for Fat Mass. The x-axis is labeled 'Fat Mass' and ranges from 0 to 150. The y-axis is labeled '% of Scans' and ranges from 0 to 7. The chart is divided into four color-coded regions: 'Lean' (light blue, 0-25), 'Ideal' (light green, 25-35), 'Average' (yellow, 35-50), and 'Needs Improvement' (red, 50-150). A vertical dashed line at 26.7 is labeled 'You (26.7)' in a box. The distribution curve peaks around 40-45.</p>
<div>LEAN MASS</div> <div>128.5 lbs</div> <div>What is it?</div> <div>Lean mass is the muscle tissue, skeletal tissue, and water in the body. Lean mass burns more energy than fat mass, so increasing lean mass can help continue to reduce fat mass.Read More.</div>	 <p>A distribution chart for Lean Mass. The x-axis is labeled 'Lean Mass' and ranges from 0 to 200. The y-axis is labeled '% of Scans' and ranges from 0 to 8. The chart is divided into four color-coded regions: 'Needs Improvement' (red, 0-120), 'Average' (yellow, 120-135), 'Ideal' (light green, 135-150), and 'Lean' (light blue, 150-200). A vertical dashed line at 128.5 is labeled 'You (128.5)' in a box. The distribution curve peaks around 140-150.</p>
FITNESS LEVEL	
<div>BASAL METABOLIC RATE (BMR)</div> <div>1518</div> <div>What is it?</div> <div>The amount of energy your body is burning while at rest.Read More.</div>	 <p>A distribution chart for Basal Metabolic Rate (BMR). The x-axis is labeled 'Basal Metabolic Rate (BMR)' and ranges from 1200 to 2000. The y-axis is labeled '% of Scans' and ranges from 0 to 6. The chart is divided into three color-coded regions: 'Needs Improvement' (red, 1200-1500), 'Average' (yellow, 1500-1800), and 'Ideal' (light green, 1800-2000). A vertical dashed line at 1518 is labeled 'You (1518)' in a box. The distribution curve is relatively flat, peaking around 1600-1700.</p>

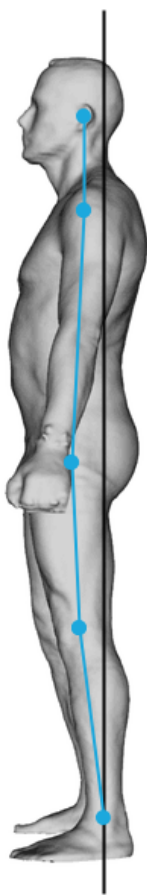
Posture

Front/Back



Name	Shift (Inches)	Tilt (%)
Head	0.2 left	2.3 left
Shoulder	0	0.4 right
Underbust	0.1 left	0
Hip	0.2 left	1.1 right
Knee	0	0.7 right

Side

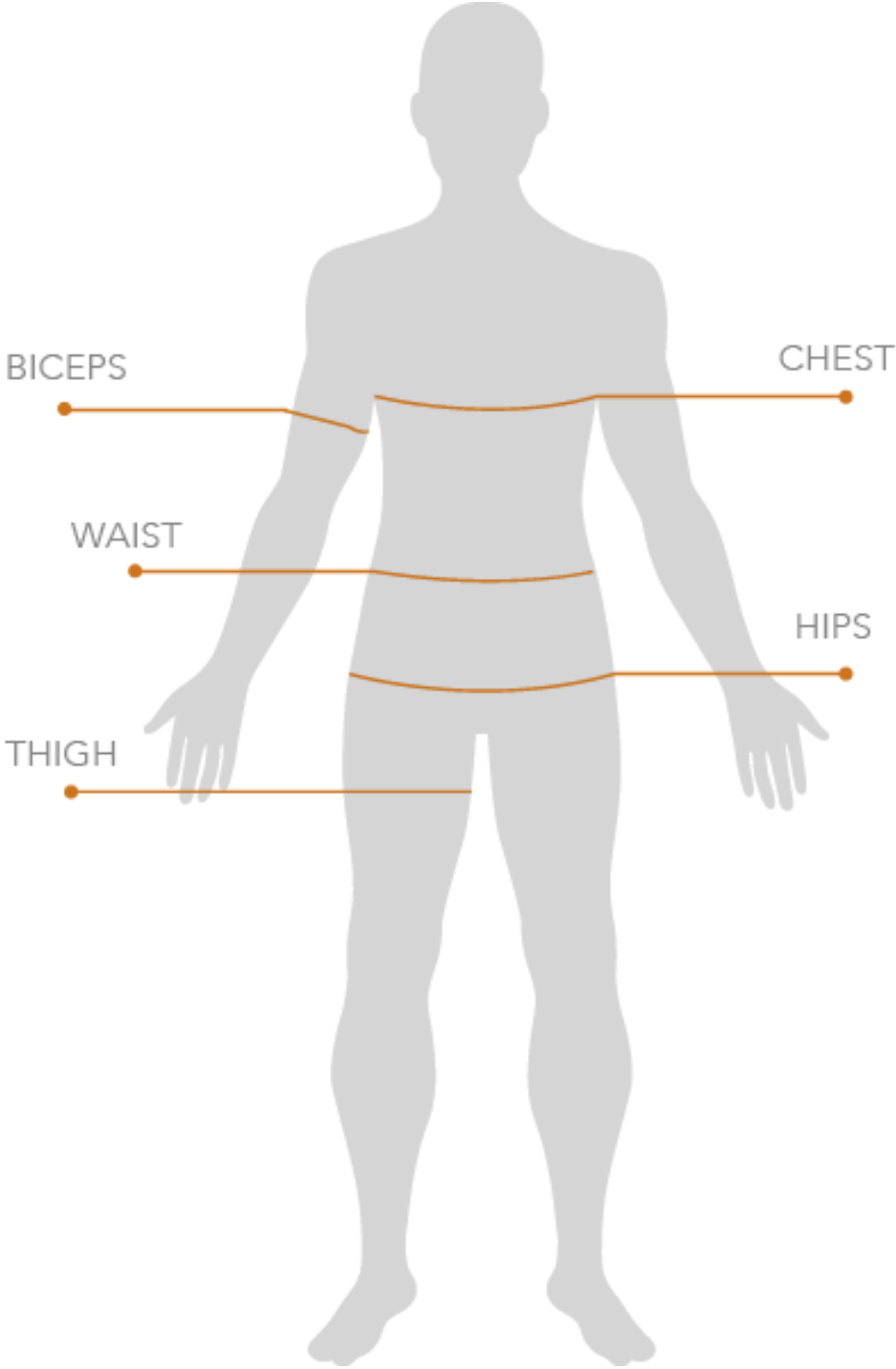


Name	Shift (Inches)
Head	1.7 forward
Shoulder	1.7 forward
Hip	2.6 forward
Knee	2.1 forward

Balance

Balance	
Location	Percent (%)
Front Left	22.3
Front Right	27.6
Back Left	24.6
Back Right	25.5

Measurements

Demo Location Guide (Sample Image)*	Name	Value (Inches)
	Neck	15.9
	Chest	43.8
	Waist	34.1
	Hips	37
	Left Biceps	13.2
	Right Biceps	13.3
	Left Forearm	11.3
	Right Forearm	11
	Left Thigh	21.6
	Right Thigh	21.8
	Left Calf	14.9
	Right Calf	14.8
* Note: The sample image is only used to display measurement locations and body parts. The table on the right displays the client's measurements.		