

Age	Bedtime	Physical Activity Level	Dietary Habits	Sleep Disorders	Medication Usage	Sleep Duration
25	23:00	medium	healthy	no	no	450
34	00:30	low	unhealthy	yes	yes	390
29	22:45	high	healthy	no	no	480
41	01:00	low	unhealthy	yes	no	330
22	23:30	high	medium	no	no	450
37	00:15	medium	unhealthy	no	yes	420
30	22:30	high	healthy	no	no	450
45	01:30	low	unhealthy	yes	yes	330
27	23:00	medium	healthy	no	no	510
32	00:45	medium	medium	no	no	390
50	01:00	low	unhealthy	yes	yes	360
23	22:00	high	healthy	no	no	480
36	23:30	medium	medium	no	no	480
48	01:30	low	unhealthy	yes	yes	270
28	22:15	high	healthy	no	no	510
31	00:30	medium	unhealthy	no	no	420
26	23:45	medium	medium	no	no	390
39	01:15	low	unhealthy	yes	yes	345
33	22:30	high	healthy	no	no	510
42	00:45	medium	medium	no	no	405
29	23:15	high	healthy	no	no	435
35	01:00	low	unhealthy	yes	no	330
40	22:45	medium	healthy	no	no	450
47	00:15	medium	unhealthy	no	yes	405
32	23:00	high	medium	no	no	450
44	01:30	low	unhealthy	yes	yes	330
27	22:30	medium	healthy	no	no	495
38	00:45	medium	medium	no	no	390
31	23:30	high	healthy	no	no	450
49	01:15	low	unhealthy	yes	no	375
24	22:00	high	healthy	no	no	480
45	00:30	medium	unhealthy	no	yes	420
37	23:15	high	medium	no	no	420
46	01:00	low	unhealthy	yes	no	330
28	22:45	medium	healthy	no	no	495

40	00:15	medium	unhealthy	no	yes	420
35	23:30	high	medium	no	no	450
50	01:30	low	unhealthy	yes	yes	270
26	22:00	high	healthy	no	no	480
41	00:45	medium	unhealthy	no	no	405
30	23:15	high	medium	no	no	420
44	01:00	low	unhealthy	yes	yes	330
34	22:45	medium	healthy	no	no	495
48	00:15	medium	unhealthy	no	yes	420
33	23:30	high	medium	no	no	450
47	01:30	low	unhealthy	yes	no	270
28	22:00	high	healthy	no	no	480
39	00:30	medium	unhealthy	no	yes	420
32	23:15	high	medium	no	no	420
46	01:00	low	unhealthy	yes	no	330
23	22:15	high	healthy	no	no	510
38	00:30	medium	unhealthy	no	no	390
27	23:00	medium	medium	no	no	480
44	01:15	low	unhealthy	yes	no	345
29	22:30	high	healthy	no	no	540
36	00:45	medium	medium	no	no	390
30	23:15	high	medium	no	no	420
45	01:30	low	unhealthy	yes	yes	330
25	22:15	high	healthy	no	no	510
50	00:30	medium	unhealthy	no	no	390
28	23:00	medium	medium	no	no	480
47	01:15	low	unhealthy	yes	no	345
26	22:30	high	healthy	no	no	540
39	00:45	medium	medium	no	no	390
31	23:15	high	medium	no	no	420
43	01:30	low	unhealthy	yes	yes	270
24	22:15	high	healthy	no	no	510
38	00:30	medium	unhealthy	no	no	390
28	23:00	medium	medium	no	no	480
48	01:15	low	unhealthy	yes	no	345
32	22:30	high	healthy	no	no	540
41	00:45	medium	medium	no	no	390
29	23:15	high	medium	no	no	420
50	01:30	low	unhealthy	yes	yes	330

26	22:15	high	healthy	no	no	510
44	00:30	medium	unhealthy	no	no	390
30	23:00	medium	medium	no	no	480
47	01:15	low	unhealthy	yes	no	345
25	22:30	high	healthy	no	no	540
49	00:45	medium	medium	no	no	390
31	23:15	high	medium	no	no	420
42	01:30	low	unhealthy	yes	yes	330
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