

MENTORSHIP

Teacher Resource

WHAT IS MENTORSHIP?

Giving or asking for support, guidance, training or expertise.

BENCHMARKS

- ✓ **HE.K.R.3.1** Identify the roles and responsibilities of trusted adults. Clarification: Parents, teachers, police officers, school counselors and grandparents.
- ✓ **HE.1.R.3.1** Identify characteristics of a leader in the school community.
- ✓ **HE.2.R.3.1** Identify ways to benefit the school and community. Clarification: Conversation, recycling, being a classroom helper and volunteering.

PURPOSE

- These interactive activities will help your students learn the characteristic of **mentorship** and how to ask for support and guidance. Share the suggested introduction with your students, choose one or more of the activities below, and conclude with the suggested wrap-up. Feel free to modify or revisit activities throughout the week to continue reinforcing **mentorship**.



Suggested Introduction:

"Today, we are going to learn about **mentorship**. **Mentors** help you to learn and grow. Imagine if you were trying to build a tall tower with blocks, and someone who had built towers before showed you the best way to do it. That's what **mentors** do; they share their ideas, help when things are challenging and cheer you on as you learn new skills."



Activities to Build Mentorship:

1 Learning From Others

Discuss with students the importance of learning from others. Have each student share an example of a skill he or she learned from someone else and the benefits of asking for help from a trusted individual. Next, write down examples on the board or chart paper and ask students how they can help someone in the future.

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Activities to Build Mentorship (Continued):

2 Leaders in Our School Tour

Take students on a tour around the school to meet leaders like the principal, librarian, custodian, cafeteria worker, office staff member and clinic professional. Ask each person to explain what he or she does to help the school and support students. Discuss how each role is vital in making the school a good place for everyone. Once students return to the classroom, have them draw or write about one leader they met and how that person helps the school and can help students.

3 School Safety Officer Meet and Greet

Invite the School Safety Officer to share with the class examples of **mentors** in his or her life. These could include a parent, favorite athletics coach, club sponsor or anyone who exemplifies the definition of **mentorship**. Prepare students to ask questions during the meet and greet to engage in conversation around this Resiliency Characteristic.



Suggested Wrap-Up:

Guide student responses or provide sentence stems.

“Can someone tell me what **mentorship means? You all did a great job identifying the characteristic of **mentorship**! **Mentorship** reminds us that learning is even more wonderful when we do it together.”**