

# RESILIENCY FLORIDA

## May Characteristic of the Month Toolkit

Each month, Resiliency Florida features one of the 11 key Resiliency Characteristics as the Characteristic of the Month. This month, Resiliency Florida is spotlighting **responsible decision-making**.

In this toolkit, parents, teachers and school leaders will find a variety of resources to support starting the conversation about **responsible decision-making**, not only in school, but at home.

To learn about the other key Resiliency Characteristics, visit [BuildResiliency.org](http://BuildResiliency.org).

### MAY CHARACTERISTIC OF THE MONTH

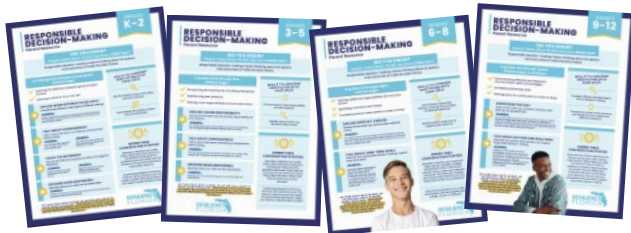


**Responsible Decision-Making** Thinking about all options and outcomes to make the best choice.

## MATERIALS

### PARENT RESOURCES

The Parent Resources are designed for parents and children to have conversations about resiliency at home. Download the Parent Resources for this month's characteristic, **responsible decision-making**, by clicking the correct grade level below.



 GRADES K-2

GRADES 3-5 

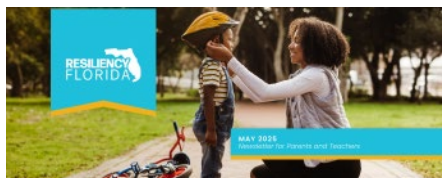
 GRADES 6-8

GRADES 9-12 

### SUBSCRIBE TO THE NEWSLETTER

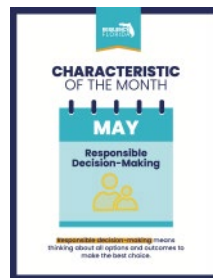
Parents, teachers and community leaders can subscribe to the Resiliency Florida newsletter via the button below. Each month, the newsletter is filled with a variety of resources to support the Resiliency Florida Characteristic of the Month.

 **SUBSCRIBE**



[BuildResiliency.org](http://BuildResiliency.org)

### MAY CLASSROOM POSTER



Resiliency Florida provides teachers with a printable poster for May's Characteristic of the Month, **responsible decision-making**, which can be displayed in classrooms and media centers.

 **POSTER**

### SAMPLE NEWSLETTER POSTS

School and district leaders can use the visuals and copy below to spread the word about resiliency and the Resiliency Florida Characteristic of the Month.

#### SUGGESTED POST TEXT

The Resiliency Reading List features books that help start the conversation with your children about the Resiliency Characteristics.

This month, our book spotlight is on *When the Beat Was Born: DJ Kool Herc & the Creation of Hip Hop*. This book highlights the importance of **responsible decision-making**, the Resiliency Florida Characteristic of the Month!



 **GRAPHIC**

#### SUGGESTED POST TEXT

As your child gets older, he or she will have to make more decisions. Teaching your child how to **make responsible decisions** will help him or her be prepared when situations arise as a teen or adult.

Visit [BuildResiliency.org](http://BuildResiliency.org) to find a variety of resources that support parents, grandparents, teachers and community leaders in teaching children about these important characteristics.



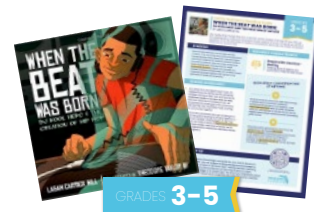
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# RESILIENCY FLORIDA

## May Characteristic of the Month Toolkit

### FAMILY READING GUIDES

The Family Resiliency Reading Guides are resources to continue discussions at home about the books located on the Resiliency Florida Reading List. Each Family Resiliency Reading Guide contains a summary of the book, literacy tips and conversation starters about resiliency. Use the following reading guides to start a conversation about **responsible decision-making** with your student after reading ***When the Beat Was Born: DJ Kool Herc & the Creation of Hip Hop***.



***When the Beat Was Born: DJ Kool Herc & the Creation of Hip Hop***

by Laban Carrick Hill

 **READING GUIDE**

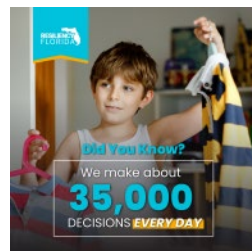
### SOCIAL MEDIA POSTS

Download the graphics below to share on social media and help spread the word about the Resiliency Florida Characteristic of the Month.

#### SUGGESTED POST TEXT

**Responsible decision-making** means thinking about all options and outcomes to make the best choice.

Find resources to help start the conversation with your child at [BuildResiliency.org](https://BuildResiliency.org)!



 **GRAPHIC**

#### SUGGESTED POST TEXT

 Here's a great conversation starter on **responsible decision-making**:

Share with your child an experience you had as a young adult when **making a major decision**. By describing your experience, you can help open conversation with your child to support **responsible decision-making**.



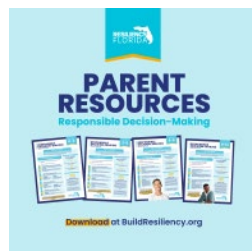
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#### SUGGESTED POST TEXT

Resiliency Florida offers downloadable parent resources for grades K-12 to help children learn more about **responsible decision-making** and the other Resiliency Characteristics.

Download the Parent Resources today at [BuildResiliency.org](https://BuildResiliency.org)!

#BuildResiliency





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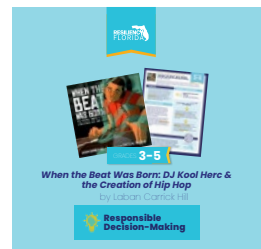
#### SUGGESTED POST TEXT

Looking for a way to start the conversation about **responsible decision-making** with your child?

 Read ***When the Beat Was Born: DJ Kool Herc & the Creation of Hip Hop*** from the Resiliency Florida Reading List.

 Have your child identify an activity that you can do together that involves movement, music and making good choices.

 Visit [BuildResiliency.org/ReadingList](https://BuildResiliency.org/ReadingList) to view the full reading list and corresponding Family Reading Guides.



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#### SUGGESTED POST TEXT

May's Characteristic of the Month is **responsible decision-making**, which means thinking about all options and outcomes to make the best choice.

Teaching your child how to **make responsible decisions** will help him or her be prepared when situations arise as a teen or adult.

Find more resources on **responsible decision-making** at [BuildResiliency.org](https://BuildResiliency.org).



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