

RESILIENCY COACH

Volunteer Practicum Orientation

On behalf of the Florida Department of Education (FDOE), thank you for your dedication to Florida's students by learning more about building resiliency in students! Completing the 4-hour volunteer practicum is the next step in completing your Resiliency Coach training, followed by completion of the Resiliency Coach Final Survey.

ORIENTATION AGENDA

- ★ The Resiliency Coach and School Volunteer Coordinator review:
 - ▶ The 11 Resiliency Characteristics
 - ▶ Volunteer Practicum Guidelines
 - ▶ School-related rules, safety measures and volunteer expectations
 - ▶ School map
 - ▶ School contact information (including for the school and district volunteer coordinator)
- ★ During the practicum, the Resiliency Coach should:
 - ▶ Utilize the Resiliency Florida resources when working with students;
 - ▶ Model the Resiliency Characteristics with words and actions;
 - ▶ Use age-appropriate language when communicating with children;
 - ▶ Listen attentively and check for understanding;
 - ▶ Assist children with understanding the Resiliency Characteristics and how to apply them in day-to-day challenges;
 - ▶ Celebrate children's efforts when they exhibit Resiliency Characteristics; and
 - ▶ Keep the school administrator or designee informed of concerns, potential problems or unusual events.
- ★ Questions and Answers

FOLLOWING THE 4-HOUR PRACTICUM

The Resiliency Coach and the School Volunteer Coordinator:

- ✓ Briefly discuss the activities completed during the volunteer practicum.
- ✓ Ensure there is time and computer access, if needed, to complete the Resiliency Coach Final Survey (BuildResiliency.org). The Resiliency Coach can indicate that he or she would like to receive the \$150 stipend as part of the survey.
- ✓ Plan for the next volunteer opportunity!



*Scan the QR Code
Above to Take the
Resiliency Coach
Final Survey*

www.BuildResiliency.org