**FOCUS TIME**

**Inspiration-2 ONE THING IS NEEDED**

One of the things I always wonder is the nature of human mind. Although it has amazing power and creative energy to do so many wonderful things in life, sometime it is like a restless monkey jumping here and there senselessly to do many things. Once, as I was sitting for prayer, my mind was wandering to many unnecessary things of the past and future of life. As I began to remain in silence and observe, I recognized an inner voice of the Spirit saying, “ONE THING IS NEEDED.” Then the Word of God which came to mind was that, Jesus’ answer to Mary’s sister, “Martha, Martha, you are anxious and troubled about many things; one thing is needed. Mary has chosen the good portion, which shall not be taken away from her.”(Lk.10:41-42) Although Martha’s service is good and needed, however, Mary chose the “good portion” that is to sit at the feet of Jesus who was the greatest Rabbi of all time and listen to Him. Mary’s focus was on Jesus whom she loved wholeheartedly to gain the wisdom of God through His Word. It means she chose to keep her priorities straight and give undivided attention by siting at the feet of Jesus whereas Martha was distracted and preoccupied in serving the Lord. She was not aware of that one thing that was needed to grab the golden opportunity to sit at the feet of Jesus like Mary and to listen to His precious Word. Have I become aware of what is the “ONE THING WHICH IS NEEDED in my life?”

**One thing is needed for every believer especially for the intercessors to grow in faith and love:**

**Intimate relationship with Jesus:** Prayer is the oxygen of the soul. Without having an intimate relationship with Jesus, we will not experience the love, peace, joy, freedom and so on which are free gifts from the Lord. Therefore Jesus said, “I am the wine you are the branches. He who abides in me and I in Him will bear much fruit, because without me you can do nothing (Jn.14:27 / 15:5 / 16:22). Therefore, to grow in the love of Jesus, and to discover the goodness in your life, utter this simple prayer as many times as Possible in deep faith and love everyday **“Jesus I trust in you”**.