

Online Appendix to Hide the Cookie Jar: Nudging Towards Healthy Eating

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A Data Details

This Appendix provides further details on our data.

For each day, there are six spreadsheets. Three correspond to the cookie section, and three to the pizza section. Within each section, there is one spreadsheet per service: breakfast, lunch and dinner. We discard all data on breakfast, because there is hardly any pizza served on breakfast.

In addition to these, it is common that the spreadsheets contain annotations. These annotations correct the original information, and range from the item number, to the forecast made. One by one, we correct for each of these annotations.

We eliminate datapoints with non-consistencies. The first non-consistency includes observations with negative consumption, that is, when the amount “forecasted” is less than the amount “left”. These include 13 observations. The second one is an observation that includes 2,000 portions of cookies, which is prepared for a special event. This number is excessive, given a mean of 162 with a standard deviation of 110, and all other observations are below 1,000.¹

A.1 Names of cookies

COOKIES, M & M* COOKIE, VEGAN MERINGUE COOKIE, SNICKERDOODLE* COOKIE, DOUBLE CHOCOLATE* HALL ASSORTED MUFINS* HALL ASSORTED DANISH* SMORGASBORD, ICE CREAM COOKIE, VEGAN GINGERSNAP* CHEF'S WHOOPIE PIES CP GERMAN CHOCOLATE CAKE PUDDING, WARM BROWNIE HOLLOWAY SHORTCAKE, STRAWBERRY CAKE, HALL TRES LECHE CAKE, CP TURTLE BAR CAKE, HALL NUTELLA PIE, CHOCOLATE CREAM BAR, CHOCOLATE MACAROON* CHEF CHOICE BREAD PUDDING BAR, CPMAGIC COOKIE* CAKE, CARROT APPLE BAR, LEMON RASP CRUMB APPLE DIP BAR* PIE, STRAWBERRY CHOC MINT WHOOPIE PIE CAKE, NUTELLA CAKE, HALL CHOC RASP CONFETTI CAKE, SALTED CARAMEL BAR, PEANUT SCOTCHEROO* CAKE, HOLLOWAY CARROT PIE, BURBERRY PIE CHOCOLATE CREAM COOKIE BUILDR BAR* PIE, PUMPKIN CAKE, HOLL ANGEL FOOD WITH STRAW* BAR, CRANBERRY CRUNCH* BARK, WHT CHOCOLATE NUT* FF LEMON BLUEBERRY BREAD PUDDING	BROWNIE, PLAIN* BAR, CP CREAM CHEESE COOKIE, OATMEAL RAISIN* CAKE, BOSTON CREAM PIE BARS, ASSORTED HALL* COOKIE, CHOCO CRANBERRY OAT* COOKIE, VEGAN CRAN OATMEAL* CAKE, HALL DECADENCE CHOC BAR, CONGO-CP* BROWNIE, HOLL CHOC MINT* PICNIC WHOOPIE PIE BAR, CARAMEL APPLE CHEESECAKE BROWNIE, BLONDIE-CP* BAR, HOLL FRUITED RICE* COOKIE, VEGAN CH MERINGUE* CAKE, CP CONFETTI CAKE, CP RED VELVET PIE, LEMON MERINGUE PIE, BLUEBERRY CAKE ROLL, PUMPKIN CAKE, DIRT BAR, CP MAGIC COOKIE* BAR, WHT CHOCOLATE NUT* CAKE, TRES LECHE BAR, HOLLOWAY PUMPKIN* CAKE, HALL RED VELVET 96 CT BAR, MAGIC COOKIE HC* COFFEECAKE, SOUR CREAM CAKE, HOLL TURTLE BAR SHEET PIE, STRAWBERRY / RHUBARB PIE, HI APPLE BAR, LEMON CHEESECAKE BAR* BAR, TWIX-CP* BROWNIE, HOT CHOC MINT* CHEF' CHOICE CAKE PUDDING, CLASSIC BREAD	CRISP, APPLE CHEF'S CHOICE CAKE COOKIE, VEGAN LEMON* COOKIE, VEGAN SUGAR* COOKIE, PEANUT BUTTER* CAKE, CP CARROT COOKIE, CHOCOLATE CHIP* BAR, RICE KRISPIE* CAKE, HOLL ANGEL FOOD W/ STRAW COOKIE, SUGAR* COOKIES AND CREAM BAR PIE, CHOCOLATE PEANUT BUTTER COOKIE BUILDER BAR* HOLLOWAY BLUEBERRY COBBLER CANNOLI, HOLLOWAY MINI* STILLING CHEESE CAKE CAKE, HALL SALTED CARAMEL COOKIE, VEGAN CHOC MERINGUE* CUPCAKE, DECORATING STILL* LH, APPLE CRISP BROWNIE, BLONIE-CP* BROWNIE, BLONDE-CP* COOKIE, COCONUT MACAROON* CAHE, HOLL TURTLE BAR SHEET BROWNIE, BLONDE* BAR, CHOC RASPBERRY* CAKE, WHITE RUSSIAN BAR, CRANBERRY ALMOND* CANOLI, HOLLOWAY MINI* BAR, CONGO* CAKE, HALL OREO 96CT CHEF'S CHOICE BREAD PUDDING COOKIE, HALL ASSORTED* CUPCAKES, DECORATING STYLE* STRAWBERRY CHEESECAKE WELLNESS FRUIT BAR DELI*
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Table A.1: Names of cookie types. * These cookies were considered easy to take away, that is, “take-awayables”.

A.2 Names of pizzas

¹Leaving the observations in the analysis yields very similar results.

IMPINGER VEGGIE PIZZA IMPINGER CHEESE PIZZA IMPINGER BUFFALO CHICKEN PIZZA IMPINGER MARGHERITA PIZZA IMPINGER CINNAMON STICKS IMPINGER CHICKEN PESTO PIZZA IMPINGER MEATZA-MEATZA PIZZA IMPINGER SAUSAGE PIZZA IMPINGER SHRIMP SCAMPIE PIZZA PIZZA, HARVEST WHITE CLAM LH BREADS AND SPREADS WH CHOC DIPT PRETZELS SOUTWEST VEGAN PIZZA HOLLOWAY BACON/TOMATO PIZZA IMPINGER BREAD STICK FLORENTINE PIZZA IMPINGER OVEREASY PIZZA IMPINGER BREAKFAST PIZA CHOCOLATE ZUCCHINI BREAD ROTISSERIE JERKED CHICKEN IMPINGER CINNAMON BREAD BACON CHICKEN RANCH CHEESY BREAD WILDCAT PIZZA HOLLOWAY BUFFALO CHICKEN PIZZA IMPINGRE CHHESE PIZZA BAKED SHELLS & CAULIFLOWER WELLNESS STEAMED BROCCOLI FLOR WELLNESS GF STEAK CHILI LH SUPER MUSHROOM PIZZA FOCACCIA EGG BREAD	IMPINGER BACON/TOMATO PIZZA IMPINGER PEPPERONI PIZZA IMPINGER MARGHERITA STROMBOLI, CHICKEN BROCCOLI IMPINGER BBQ CHICKEN PIZZA IMPINGER HAWAIIAN PIZZA ITALIAN MEAT STROMBOLI MUSH-SPINACH STROMBOLI IMPINGER TACO PIZZA HARVEST VEGETABLE PIZZA LH, FOUR CHEESE PIZZA HOLLOWAY NICK'S WHITE CHICKEN & BROCC ALFREDO PIZZA BALSAMIC-BLUE FLATBREAD IMPINGER PIZZA OVEREASY BRKFEST PIZZA IMPINGER BUFFALO PIZZA FOCACCIA TEMPURA CHICKEN BITE IMPINGER MEAT STROMBOLI IMPINGER CHIXPESTO/BUFFALO PIZZA PEPPERONI MOZARELLA IMPINGER CHEESY PIZZA HOLLOWAY CHEESE PIZZA PIZZA, STEAK AND CHEESE BAKED ZITI BOLOGNESE BRUSCHETTA FLATBREAD WELLNESS SALAD, TUSCAN CAESAR WELLNESS FRIED RICE ROASTED VEGETABLE STROBOLI	IMPINGER CHEESY BREAD IMPINGER CHEESEBURGER PIZZA IMPINGER CHEF'S CHOICE PIZZA CHEF'S CHOICE PIZZA IMPINGER STROMBOLI, STEAK & CH CHEF'S CHOICE BREAD IMPINGER BBQ STROMBOLI IMPINGER CHICKEN BACON RANCH P LH, BBQ VENISON PIZZA LH, CHOCOLATE EXPLOSION IMPINGER BBQ JALAPENO CHICKEN MEATBALL PIZZA IMPINGER THANKSGIVING PIZZA CINNAMON STICKS SAUSAGE RICOTTA STROMBOLI HOLL VEGGIE BREAKFAST PIZZA IMPINGER MONKEY BREAD IMPINGER HARVEST VEGETABLE PIZZA CORNBREAD SE, LOBSTER PIZZA MONSTER LOADED PIZZA CHEF' CHOICE PIZZA IMPINGER STROMBOLI, STEAK IMPINGER PEPPERJACK CHEESY BREAD CAFE RUSSIA BAKED ZITI RICOTTA & PESTO WELLNESS GRILLED CHICHE WELLNESS BEEF STEW WELLNESS SALAD, CUCUMBER TOMATO IMPINGER PIZZA WILDCAT LOADED
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Table A.2: Names of pizza types.

B Additional Regression Estimates

This section reports additional regressions that we mention in the paper that are used as robustness.

Tables B.1 and B.2 show the results of the linear regression model and the negative binomial model. In all cases, the sign of our estimates are the same as in our baseline model. Also as in the baseline model, all these estimates are significant at the 1% level.

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
$d_{2018}d_{cookie}$	-23.2843 (8.8174)	-28.0353 (7.1985)	-28.2541 (7.2757)	-28.8140 (7.2291)	-27.7913 (7.2222)	-27.9751 (7.1941)	-27.7886 (7.0907)	-27.8487 (7.1099)	-26.2147 (7.2208)	-28.5440 (7.0095)
Product FE	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fall FE	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓
Weekend	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗
Weekday FE	✗	✗	✗	✗	✓	✓	✓	✓	✓	✓
Service FE	✗	✗	✗	✗	✗	✓	✓	✓	✓	✓
Trend	✗	✗	✗	✗	✗	✗	✓	✓	✓	✓
Finals Week	✗	✗	✗	✗	✗	✗	✗	✓	✓	✓
Options	✗	✗	✗	✗	✗	✗	✗	✗	✓	✗

Robust standard errors in parentheses.

Table B.1: Linear Regression Results

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
$d_{2018}d_{cookie}$	-0.1329 (0.0481)	-0.1534 (0.0253)	-0.1548 (0.0253)	-0.1600 (0.0251)	-0.1528 (0.0249)	-0.1530 (0.0247)	-0.1477 (0.0248)	-0.1481 (0.0248)	-0.1390 (0.0248)	-0.1949 (0.0294)
Product FE	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fall FE	✗	✗	✓	✓	✓	✓	✓	✓	✓	✓
Weekend	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗
Weekday FE	✗	✗	✗	✗	✓	✓	✓	✓	✓	✓
Service FE	✗	✗	✗	✗	✗	✓	✓	✓	✓	✓
Trend	✗	✗	✗	✗	✗	✗	✓	✓	✓	✓
Finals Week	✗	✗	✗	✗	✗	✗	✗	✓	✓	✓
Options	✗	✗	✗	✗	✗	✗	✗	✗	✓	✗

Table B.2: Negative Binomial Regression Results

	Weekend Interaction	Dinner Interaction	Finals Interaction
$d_{2018}d_{cookie}$	-0.1575 (0.0424)	-0.1972 (0.0396)	-0.1701 (0.0419)
$d_{2018}d_{cookie}Weekend$	-0.0362 (0.0346)		
$d_{2018}d_{cookie}Dinner$		0.0546 (0.0406)	
$d_{2018}d_{cookie}Finals$			0.0349 (0.0438)
Product FE	✓	✓	✓
Fall FE	✓	✓	✓
Weekday FE	✗	✓	✓
Service FE	✓	✗	✓
Trend	✓	✓	✓
Finals Week	✓	✓	✗

Robust standard errors in parentheses.

Table B.3: Adding different interaction terms in our model. Column 1 introduces a weekend interaction with cookies, column 2 interacts dinner with cookies, and column 3 interacts finals with cookies.

Table B.3 introduces interaction terms in our baseline model to focus on the lack of significant results in some of our sub-samples. More precisely, when focusing on dinner services and finals, we found no significant effects of the re-location. One possible explanation for this is the low number of observations. In the baseline estimations, the number of observations is 3,573. This drops to 547 on weekends, 1,281 during dinner, and 418 in Finals.

As an alternative to identify potential effects during dinner and finals, we use all our sample and include an interaction term between the variable of interest and a dummy equal to 0 in Fall 2017 and 1 otherwise along with the dummy variable which is equal to 1 for cookies.

Column 1 introduces an interaction between a dummy variable that is equal to one for “weekend”. Column 2 shows an interaction for dinner. Column 3 proceeds similarly with finals. The results are not significant. Thus, this provides evidence that the lack of significance in our earlier results is not related to the limited number of observations.

C Pre and post re-location trends during dinner

This section shows the analysis of the trend in cookie and pizza consumption before and after the re-location during dinner, complementing the lunch analysis in the paper. Notice that our main results conclude that there is no significant change in the consumption of cookies relative to pizza during dinner. This section shows that the pre- and post- trends during dinner behave very differently than those during lunch.

Figure C.1 shows that in the Fall of 2017 there was a relative reduction in the consumption of cookies during dinner relative to pizza. The lines show the behavior of the trend subtracting the mean, so it is centered around zero. Extending this behavior to semesters after the re-location would conclude that at least part of the decline in cookie consumption after Spring 2018 was for reasons other than the re-location.

Figure C.2 adds to the pre-trend the behavior following the relocation. The lines are the trend minus the mean before the re-location, so that only the lines before the re-location are

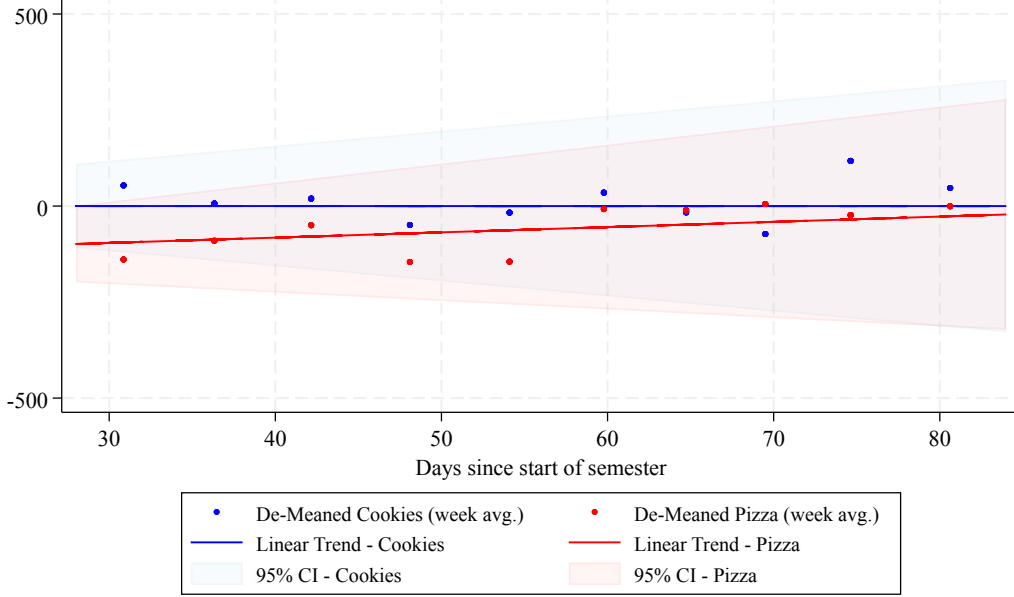


Figure C.1: De-meaned dinner trends and actual consumption of cookies and pizza before the re-location during dinner.

centered around zero. There is a drop in both cookie and pizza consumption, and the drop is larger in cookies, consistent with the nudging effects of the re-location. However, the post-trend in cookie consumption is increasing relative to the post-trend in pizza consumption, which may suggest that, during dinner, the nudge is short lived. We, unfortunately, can not analyze this finding further as we lack the necessary data.

Figure C.3 aggregates the behavior for lunch and dinner to study the pre-trend behavior. Once again, the pre-trends look very similar.

The aggregate behavior including lunch and dinner after the relocation is a combination of the behavior in lunch, where cookies drop more than pizza, with dinner, where the drop in pizza is gradual. Figure C.4 shows the change in trends around the re-location aggregating lunch and dinner.

D Verifying that the Consumption of Cookies Drops After Fall 2017

This section studies the behavior of cookies directly, to understand whether the consumption after the re-location drops. We start by estimating the following linear equation using all our sample:

$$y_{kt} = \beta_0 + \beta_1 * d_{2018_t} + \beta_2 * trend_t + \beta_3 * d_{2018_t} * trend_t + \beta_4 * Z_k + \alpha_k + \varepsilon_{kt} \quad (1)$$

where y_{kt} is the consumption of good k at time t , and k denotes types of cookies. d_{2018} is equal to one for observations after Fall 2017, and equal to 0 otherwise. Z_k contains our controls, and $trend$ is the time trend. Table D.4 shows that the estimate for β_1 is negative and significant, implying that the consumption of cookies drops by about 27 portions a day after the re-location.

Next we compare the consumption of cookies near the time of re-location. We interpret this similarly to a regression discontinuity design, albeit many problems that prevents us from formally doing so. In particular, there are two important problems with the interpretation of regression discontinuity. First and foremost, the end of the semester is followed by a break of

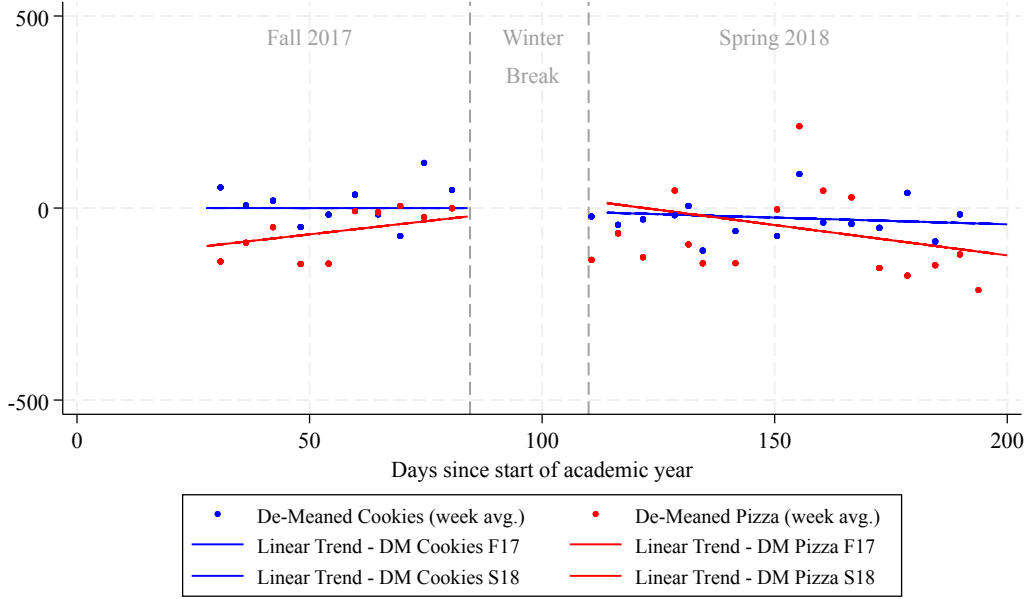


Figure C.2: Difference in de-meaned dinner trends before and after the re-location.

almost two months, time used by the dining hall to re-organize, and the next observations come from the following semester. Second, there are many differences across semesters that renders the analysis less informative, such as a change in the number of diners, which we cannot control for. As such, this exercise is illustrative, and is not interpreted as part of our main results.

Since global linear estimators maybe misleading as they may incorrectly perceive non-linearity as a break point, we follow the non-parametric estimation strategy presented by Hahn et al. (2001), which boils down to a weighted least squares regression local to the relocation date. As such, we estimate a linear regression via weighted least squares, using data points within $\pm 30, 60$, and 75 days around the time of location change. We weight the observations via triangular kernel, putting less weights to observations closer to the bounds set above and more weights to the observations close to the change. As can be seen on Table D.4, in all of the set cut offs, we see a negative and significant estimate, i.e., a decrease in consumption of cookies.

We also estimate a log-linear model, to quantify the changes in percentages. We again find negative and significant effects, slightly higher in magnitude compared to the relative results we reported in comparison to pizza.

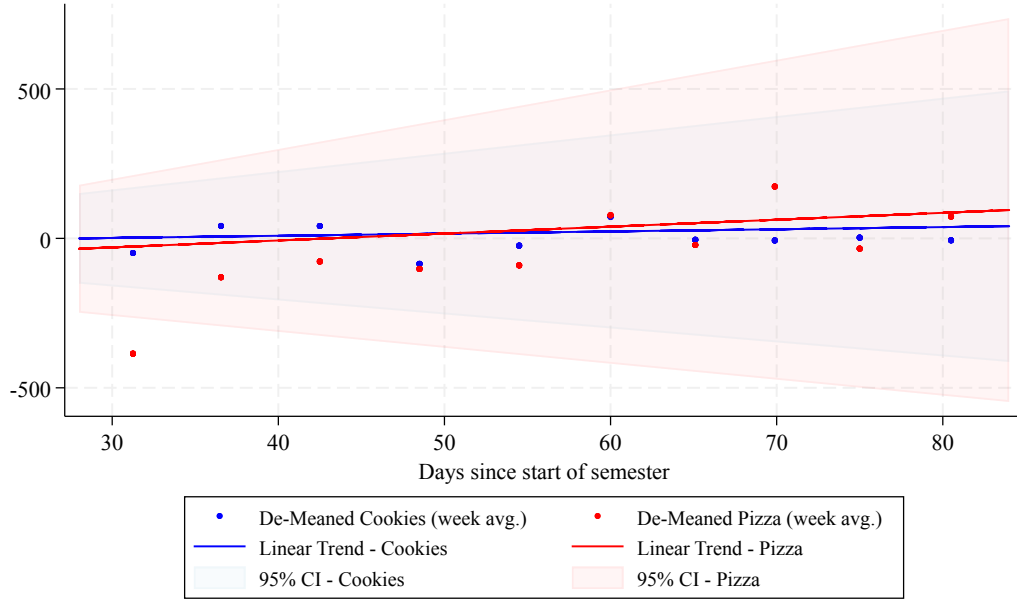


Figure C.3: De-meaned trends and actual consumption of cookies and pizza before the re-location during lunch and dinner.

E Complete Regression Output for the Baseline Model

Table E.5 reports the estimates for all the controls used in our main regression.

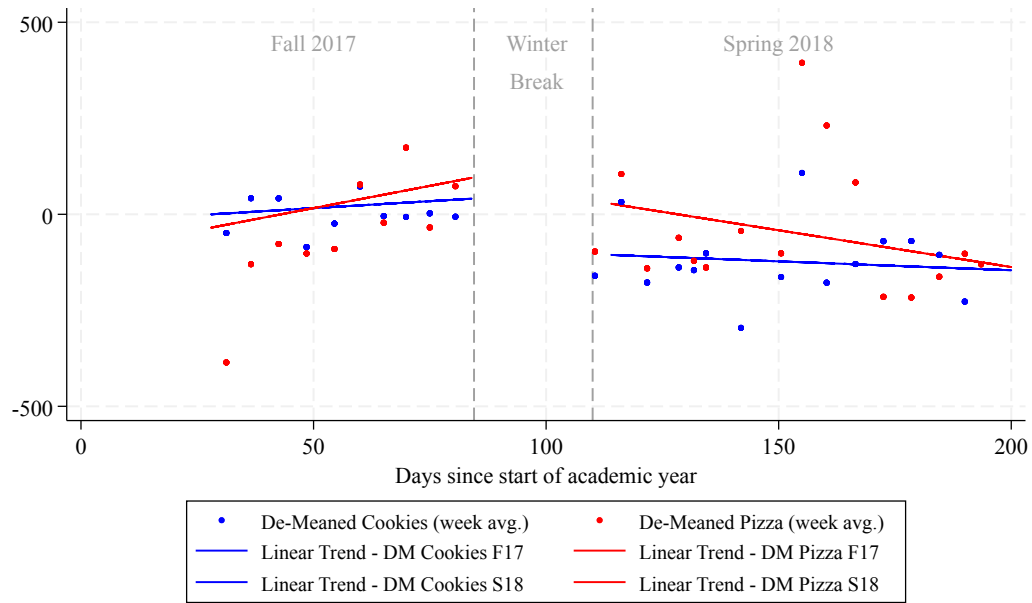


Figure C.4: Difference in de-meaned lunch and dinner trends before and after the re-location.

Cookies before and after the change		
	Cookie Consumption	$\log(\text{Cookie Consumption})$
Linear Regression	-27.3062 (12.3274)	-0.1723 (0.0791)
Local - Linear Regression		
30 days around the cut-off	-54.3000 (22.35)	-0.2468 (0.1329)
60 days around the cut-off	-51.2600 (17.44)	-0.2410 (0.1122)
75 days around the cut-off	-47.9400 (16.10)	-0.2231 (0.1020)

Robust standard errors are reported in parentheses. All models have product, semester, weekday, final week, and service fixed effects. Results are obtained via triangular kernel.

Table D.4: Comparing Cookies before and after the change

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
d_{2018}	0.0400 (0.0240)	0.0526 (0.0300)	0.0814 (0.0342)	0.0783 (0.0357)	0.0797 (0.0359)	0.0789 (0.0364)	0.0783 (0.0364)	0.0789 (0.0364)	0.0764 (0.0365)	0.0812 (0.0395)
d_{cookie}	0.1828 (0.0414)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
$d_{2018}d_{cookie}$	-0.1329 (0.0491)	-0.1564 (0.0364)	-0.1578 (0.0370)	-0.1602 (0.0369)	-0.1542 (0.0378)	-0.1551 (0.0378)	-0.1540 (0.0374)	-0.1543 (0.0375)	-0.1435 (0.0385)	-0.1587 (0.0435)
$Fall$			0.0484 (0.0187)	0.0449 (0.0191)	0.0506 (0.0184)	0.0500 (0.0185)	0.0480 (0.0186)	0.0492 (0.0188)	0.0593 (0.0202)	0.0531 (0.0201)
$Tuesday$					0.0096 (0.0335)	0.0204 (0.0345)	0.0205 (0.0345)	0.0200 (0.0344)	0.0244 (0.0338)	0.0200 (0.0344)
$Wednesday$					0.0041 (0.0282)	0.0156 (0.0296)	0.0155 (0.0297)	0.0154 (0.0297)	0.0177 (0.0295)	0.0152 (0.0298)
$Thursday$					-0.0510 (0.0441)	-0.0422 (0.0500)	-0.0416 (0.0501)	-0.0419 (0.0500)	-0.0372 (0.0498)	-0.0421 (0.0500)
$Friday$					-0.2377 (0.0751)	-0.2020 (0.0727)	-0.2021 (0.0727)	-0.2022 (0.0726)	-0.1844 (0.0697)	-0.2022 (0.0726)
$sunday$					-0.2022 (0.0743)	-0.1934 (0.0761)	-0.1943 (0.0764)	-0.1940 (0.0765)	-0.2044 (0.0752)	-0.1939 (0.0765)
$Dinner$						0.1360 (0.0334)	0.1358 (0.0334)	0.1358 (0.0334)	0.1899 (0.0473)	0.1358 (0.0334)
$Trend$							0.0013 (0.0008)	0.0009 (0.0010)	0.0003 (0.0010)	0.0009 (0.0010)
$Trend^2$							-0.0000 (0.0000)	-0.0000 (0.0000)	-0.0000 (0.0000)	-0.0000 (0.0000)
$FinalWeek$								-0.0202 (0.0246)	-0.0232 (0.0234)	-0.0202 (0.0246)
$Falld_{cookie}$										-0.0077 (0.0360)
$Weekend$										
$Products$										
Product FE	\times	\checkmark	\times	\times	\times	\times	\times	\times	\times	\times
Robust standard errors in parentheses.										
									0.0211 (0.0088)	

Table E.5: Baseline Regression Estimates - Complete Results

F A Model of Temptation

This section develops a model of temptation to guide our empirical approach, based on Gul & Pesendorfer (2001). Consider an individual that makes decisions in two sub-periods. The first one takes place outside the restaurant, where she sets off to eat healthy. The second period is inside, where tempting unhealthy items change her preferences. This can be represented by the following maximization problem:

$$U(A) = \max_{x \in A} u(x) \quad s.t. \quad v(x) \geq \max_{y \in A} v(y) \quad (2)$$

The utility function $U(A)$ describes a decision maker who chooses to maximize v over a consumption set A but evaluates these choices according to u .

To apply this to our setting, assume there are three types of goods: fish (x_f , healthy), cookies (x_c , unhealthy), and pizza (x_p , unhealthy). In all cases, individuals choose whether to consume one unit or none. There are J_t individuals in period t . Let the utility functions for individual j be $u_j(\mathbf{x}) = x_f - (x_c + x_p)$, where $\mathbf{x} = (x_f, x_c, x_p)$.

The utility function v changes based on whether the cookies are in sight or not. Consider the decision process when cookies are in sight. Let $v_j(\mathbf{x}) = \beta_j(x_c + x_p)$. The parameter β_j represents how “tempting” food is for individual j : the higher the β_j , the larger the temptation. The solution to problem (2) is

$$\begin{aligned} x_{jf}^* &= x_{jc}^* = x_{jp}^* = 1 \text{ if } \beta_j > 0, \\ x_{jf}^* &= 1, x_{jc}^* = x_{jp}^* = 0 \text{ if } \beta_j \leq 0. \end{aligned}$$

When cookies are out of sight, $v(x) = \beta_j x_p + (\beta_j - I)x_c$. The solution to problem (2) now depends on the sign of $\beta_j - I$, where $I > 0$ represents the lower temptation introduced by the relocation:

$$\begin{aligned} x_{jf}^* &= x_{jp}^* = x_{jc}^* = 1 \text{ if } \beta_j > I, \\ x_{jf}^* &= x_{jp}^* = 1, x_{jc}^* = 0 \text{ if } 0 < \beta_j < I, \\ x_{jf}^* &= 1, x_{jp}^* = x_{jc}^* = 0 \text{ if } \beta_j < 0. \end{aligned}$$

We are interested in the proportion of people that stop eating cookies because of the relocation. Assuming that the parameters β_j are random draws of a cumulative distribution function $G(\beta)$, this proportion is $\frac{1-G(I)}{1-G(0)}$. We can measure this by comparing the consumption of cookies and pizza in two periods. Let C_t denote cookies consumption in period t and define P_t similarly for Pizza. The ratio of cookies in both periods is $\frac{C_2}{C_1} = \frac{(1-G(I))J_2}{(1-G(0))J_1}$. The same ratio for pizza is $\frac{P_2}{P_1} = \frac{(1-G(0))J_2}{(1-G(0))J_1} = \frac{J_2}{J_1}$. Thus $\frac{C_2/C_1}{P_2/P_1} = \frac{1-G(I)}{1-G(0)}$.

Consider the following estimation equation, where y_{it} is the logarithm of consumption of good $i = C, P$ at time $t = 0, 1$:

$$y_{it} = \gamma_0 d_{it} + \gamma_1 c_{it} + \gamma_2 d_{it} c_{it} + \varepsilon_{it}, \quad (3)$$

where d_{it} is a dummy that equals 1 after the relocation and 0 otherwise, and s_{it} is 1 if the good is a cookie, 0 otherwise. Then

$$\hat{\gamma}_2 = (y_{C1} - y_{C0}) - (y_{P1} - y_{P0}) = \log \left(\frac{C_1/C_0}{P_1/P_0} \right).$$

This is the basis for the empirical section.

References

- Gul, F. & Pesendorfer, W. (2001), ‘Temptation and self-control’, *Econometrica* **69**(6), 1403–1435.
- Hahn, J., Todd, P. & van der Klaauw, W. (2001), ‘Identification and estimation of treatment effects with a regression-discontinuity design.’, *Econometrica* **69**.