



## RUBY ANN Y. MATIAS

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### Registered Nutritionist-Dietitian

Quality-driven professional with **over 4 years of experience in nutrition industry with a passion for web development**. Willing to travel as necessary. Results-oriented with proven record of contributions that increase efficiency and control costs. Proactive leader who can troubleshoot and initiate change for process improvement.

### Core Competencies

**HTML5 | CSS3 | Javascript | jQuery | PHP | MySQL | Laravel**

**Full-Stack Web Developer Coding Bootcamp (6 months) – October 23, 2017 – May 11, 2018 at Tuitt Incorporated, Timog Avenue**

**Food Quality Assurance \* Project Management \* Team Building and Leadership  
Resource Allocation and Administration \* Manpower Scheduling \* Process Redesign**

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### PROFESSIONAL EXPERIENCE

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#### **ST. LUKE'S MEDICAL CENTER GLOBAL CITY**

**2013 - 2017**

##### **Therapeutic Dietitian I, October 2013 – December 2017**

Interprets diet prescriptions; conducts trayline inspections; checks the quality and proper portion control of patients' food; apply personnel management skills in hospital food service; participates in ward rounds to determine customers' satisfaction and food preferences

##### **Highlights:**

- Graduated with honors (Best in PDSA and Top 3 Overall) from in-house management program entitled "Associate - Management In Transition" after finishing a project to automate Tube-feeding diet prescriptions' computations last **May 17, 2017**
- Led the Diabetes Computations Monitoring Project that qualified as a finalist in the Teamwork Awards on SLMC-GC's Annual Awards
- Acted as Resource Speaker in the Lay Forum: Nutrition in Pregnancy initiated by the Department of Obstetrics & Gynecology & Breastfeeding Working Group on February 20, 2016 at the Henry Sy Sr. Auditorium
- Participated in the preparation for the Food and Nutrition's department's HACCP Certification Audit
- Acted as Resource Speaker in the DZMM Teleradyo Cory Quirino show about Brain Food on January 17, 2016.
- Acted as Resource Speaker in GMA Network's informative/educational show AHA! about Fat and Body Transformation

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### TRAINING

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PhilSPEN Advanced Nutrition Therapy Workshop for Dietitians - June 23-24, 2016 at Discovery Suites, Ortigas Center, Pasig

NDAP Updates on Nutritional Assessment Software and

Application of Philippine Dietary Reference Intakes - January 12, 2016 DES Executive Lounge, Veterans Memorial Medical Center

Associate Management in Transition Program (AMIT) - September 28, 2015-October 2, 2015 at St. Luke's Medical Center - Global City

PhilSPEN Basic Nutrition Support - May 21, 2015 at El Cielito Inn, Baguio City

PADE-Abbott Diabetes Nutrition Education 101 - July 30, 2014 at Luxent Hotel, Timog Avenue, Diliman, Quezon City

Driving Excellence @ SLMC: iWork, iChange, iExcel - December 12, 2013 at St. Luke's Medical Center - Global City, Taguig City

Dietitian Staff Effectiveness Training (DSET) - June 3-September 2, 2013 at St. Luke's Medical Center - Global City, Taguig City

Food Service Training (OJT) - September 1-15, 2011 at Blackbeard's Seafood Island (under The Red Crab Group)

Hospital Dietetics Training (OJT) - August 1-31, 2011 at Philippine General Hospital, Taft Avenue, Manila

Community Nutrition Program Collaboration - June 15-July 20, 2011 at Brgy. Palina, Nagcarlan, Laguna

Hotel Familiarization and Tour - February 7, 2009 at EDSA Shangri-la Hotel

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### EDUCATION

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Bachelor of Science in Nutrition - Graduated October 28, 2011, University of the Philippines Los Baños

Basic Japanese I (Nihongo) - Studied at Manila International Integrated Learning Center, Makati

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