Differences in Stress Response by Ethnicity

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Abstract

One or two sentences providing a basic introduction to the field, comprehensible to a

scientist in any discipline. 10

Two to three sentences of more detailed background, comprehensible to scientists 11

in related disciplines.

One sentence clearly stating the **general problem** being addressed by this particular 13

study. 14

One sentence summarizing the main result (with the words "here we show" or their 15

equivalent). 16

Two or three sentences explaining what the **main result** reveals in direct comparison

to what was thought to be the case previously, or how the main result adds to previous

knowledge. 19

One or two sentences to put the results into a more **general context**. 20

Two or three sentences to provide a **broader perspective**, readily comprehensible to 21

a scientist in any discipline.

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Keywords: sleep, stress, ethnicity

Word count: X 24

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26 Introduction

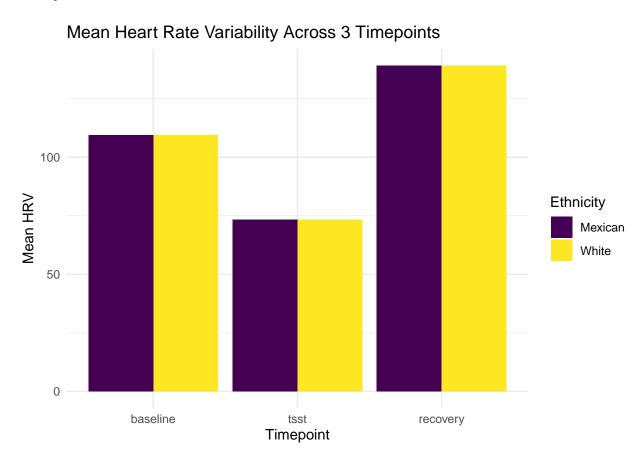
27 Methods

We report how we determined our sample size, all data exclusions (if any), all manipulations, and all measures in the study.

- 30 Participants
- 31 Material
- 32 Procedure

34

Data analysis



Mean Beats per Minute Across 3 Timepoints

Ethnicity

Mexican

White

36	mean_hrv_baseline	mean_hrv_tsst	mean_hrv_recovert	mean_bpm_baseline	mean_bpm_
	42.70542	28.27759	50.82372	81.85953	97.2

37 Results

38 Discussion

39 References