

MAKING SCRAMBLED EGGS

IT IS 10 AM:
BREAKFAST
TIME



MAKE
SCRAMBLED
EGGS

1 ONION AND
1 TOMATO



CUT THE TOMATO
AND THE ONION

2 EGGS, SPICES,
BOWL



MIX, MIX,
MIX

MEDIUM PAN,
MEDIUM HEAT



STIR AND
SCRAMBLE

10 MINUTES
LATER



CHECK
EGGS TO BE
BROWN

PLATE AND
KETCHUP



SERVE AND
ENJOY

HUNGER LEVEL

- HIGH

- LOW