"In the nineteenth century, which	"In the nineteenth century,
was a dark and inflationary age	which was a dark and
in typography and type design,	inflationary age in typography
many compositors were encour-	and type design, many
aged to stuff extra space be-	compositors were encouraged
tween sentences. Generations of	to stuff extra space between
twentieth-century typists were	sentences. Generations of
then taught to do the same, by	twentieth-century typists were
hitting the spacebar twice after	then taught to do the same,
every period. Your typing as well	by hitting the speceber twice
as your typesetting will benefit	after every period. Your typing
from unlearning this quaint Vic-	as well as your typesetting will
torian habit."	benefit from unlearning this
	quaint Victorian habit."