



HARYANA NURSING HOME

UNIT-II

Trauma, Sports Medicine & Arthroplasty Wing, 34/14 U.E., Karnal-132001
0184-4040634 | E-mail : haryananursinghome2@gmail.com

(3)

Dr. K.L. Sachdeva
M.S. (Ortho), D. Ortho
Consultant Orthopaedics

Dr. Gaurav Sachdeva
M.S. (Ortho), F.A.S.M., F.I.J.S.
Consultant Orthopaedics, Sports Medicine & Arthroplasty

Name Meena Gupta Age/Sex 52y/F Dated 7/4/17
Address Kan Valid upto 13/4/17

1st MCP Arthritis (R)

90 Pain (R) Thumb
Tenderness (+) 1st MCP Jt. (R)
No H/o trauma.

X-ray (R) to wrist/hand (AP)

Repeat x 7 d

leg
12/4/17

Adm.
- Contrast bath
(2min) \Rightarrow (1min)
Hot Cold

- T. Voveran SR
1-10 to 5 days

- Thumb spica
brace

WS
Dr. GAURAV SACHDEV
Regn. No. DMC-59290

1. कृपया प्लास्टर लगे अंग को ऊपर रखे।
2. उंगलीया चलाते रहें।
3. कालापन या सूजन, दर्द होने पर मरीज को तुरन्त हस्पताल लेकर आयें।

Monday to Saturday

सर्दी :- Morning 10:00am. to 1:30pm. Evening 5:30pm. to 6:30pm.

गर्मी :- Morning 10:00am. to 1:30pm. Evening 6:00pm. to 7:00pm.

Saturday

:- Morning 11:00am. to 1:00pm. & No revisit on Sunday.

Slip valid for 2 visits in 1 week

खुले में शौच, फैलाते रोग
घर अपने शौचालय बनवाएं।