## Assessment Report - as\_card\_01

## **Key Body Vitals**

Overall Health Score: 17%

Heart Rate: Not available

Blood Pressure Systolic: Not available

Blood Pressure Diastolic: Not available

## **Cardiovascular Endurance**

Jog Test Time: 47

Heart Utilized %: 45

## **Body Composition**

BMI: 9.51

Lean Mass: 20.18