Empowering Widowed Women and Their Children: A Comprehensive Approach to Education and Community Upliftment

21GNP301L - COMMUNITY CONNECT REPORT 2024-2025

Submitted by

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in partial fulfillment of the requirements for the degree of

BACHELOR OF TECHNOLOGY In COMPUTER SCIENCE ENGINEERING



DEPARTMENT OF COMPUTING TECHNOLOGIES COLLEGE OF ENGINEERING AND TECHNOLOGY SRM INSTITUTE OF SCIENCE AND TECHNOLOGY KATTAKULATHUR – 603203

OCTOBER 2024

SRM INSTITUTE OF SCIENCE AND TECHNOLOGY KATTANKULATHUR – 603203 **BONAFIDE CERTIFICATE**

Certified that 21GNP301L Community Connect report titled "Empowering Widowed Women and Their Children" is the bonafide work of "RUDRA PRUTHI [RA2211003010741] & ARYAN SINGH [RA2211003010783]" who carried out the community work under "Sarv Sangi, Delhi". Certified further, that to the best of my knowledge the work reported herein does not form any other report or dissertation on the basis of which a degree or award was conferred on an carlier.

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This Certificate Is Presented To

Rudra Pruthi

Has successful completed one month of work in our organization from 10 june 2024 to 10 july 2024. During this period , Rudra Pruthi has demonstrated excellent performance, dedication, and professionalism in fulfilling his duties and contributing to the team's goals.

We appreciate Rudra's hard work and wish him all the best in his future endeavors.

Sunita Garg

President & founder of

(Sarv Sangi Ngo)

" आओ करें उनको नमन, जिसने दिया मानव को जनम "



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We appreciate Aryan's hard work and wish him all the best in his future endeavors.

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DEPARTMENT OF COMPUTING TECHNOLOGIES 21GNP301L COMMUNITY CONNECT

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Academic Year 2024-25 5th Semester

LOG SHEET

Registration number: RA 2211003010741

Rudra Pruthi Name of the student:

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SRM INSTITUTE OF SCIENCE AND TECHNOLOGY, KATTANKULATHUR COLLEGE OF ENGINEERING AND TECHNOLOGY



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OBJECTIVES OF THE COMMUNITY CONNECT

The objectives of the Community Connect course from June 10th, 2024, to July 10th, 2024, focused on teaching children at the NGO, Sarv Sangi and supporting their educational needs. The specific objectives were:

- 1. Enhance Educational Support for Young Learners: Provide academic assistance and mentorship to underprivileged children, fostering a love for learning and helping them build a strong educational foundation
- 2. Promote Environmental Stewardship: Engage in regular cleaning drives to create a clean, healthy, and sustainable environment within the NGO premises and surrounding areas, encouraging responsibility towards public spaces.
- 3. Combat Hunger and Food Insecurity: Distribute meals to needy children in various parts of Delhi, ensuring that no child goes hungry and supporting the local community in addressing food scarcity.
- 4. Develop Event Management Skills and Community Engagement: Assist in organizing and conducting events that promote social awareness, education, and cultural development, while offering a platform for volunteers to gain experience in event coordination.

Through these initiatives, the Community Connect Program aims to create a positive, lasting impact on society by empowering volunteers to contribute their time and skills for the betterment of others.

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INTRODUCTION OF THE ORGANIZATION

Sarv Sangi NGO, based in Delhi, is dedicated to empowering single, separated, abandoned, and widowed women by helping them achieve financial independence. The organization provides essential support such as ration supplies and legal aid, while also ensuring that their children have access to quality education. Sarv Sangi is committed to promoting education among underprivileged children and strives to eliminate hunger by distributing meals to needy children. Through these efforts, the NGO aims to uplift marginalized women and children, offering them hope, dignity, and a better future

Key Support Services of Sarv Sangi NGO:

- Financial Independence for Women: Sarv Sangi NGO is deeply committed to empowering single, separated, abandoned, and widowed women by helping them achieve financial independence. The organization provides vocational training and skills development programs that enable these women to gain meaningful employment or start their own small businesses. By offering guidance on career opportunities and providing a platform for economic self-reliance, Sarv Sangi ensures that women can break free from the cycle of dependency and lead dignified, self-sufficient lives. This initiative not only transforms individual lives but also uplifts entire families by securing a stable future for them.
- Provision of Ration: One of the key pillars of Sarv Sangi's mission is to ensure that no woman in need goes hungry. The NGO regularly provides essential food and grocery supplies to single, separated, abandoned, and widowed women who are struggling to make ends meet. These ration kits include basic staples such as rice, wheat, pulses, and cooking oil, allowing women to feed their families without worrying about daily survival. This provision of food security helps ease the burden of financial hardship and ensures that these women can focus on rebuilding their lives and achieving independence.
- Legal Aid: Sarv Sangi recognizes that many women in difficult situations face legal challenges, such as domestic violence, divorce, property disputes, and child custody battles. To address these issues, the NGO provides legal aid and counseling services to ensure that these women receive the support they need to fight for their rights. Experienced legal professionals offer free consultations, help women navigate the legal system, and provide representation in court when

necessary. These services are aimed at helping women regain control over their lives, access justice, and overcome the social barriers that often hold them back.

- Free Education for Children: Education is one of the most powerful tools for breaking the cycle of poverty, and Sarv Sangi is committed to ensuring that the children of marginalized women have access to quality education. The NGO offers free schooling, educational materials, and tutoring services to children from disadvantaged backgrounds. By removing the financial barriers to education, Sarv Sangi helps these children gain the knowledge and skills they need to build a brighter future. The organization also collaborates with schools and educational institutions to ensure that these children receive the same opportunities as their more privileged peers, fostering an environment of inclusion and equality.
- Meal Distribution: Hunger is a significant issue in many communities, and Sarv Sangi strives to combat this problem through regular meal distribution programs. The NGO organizes food drives and meal distribution events where volunteers travel to different parts of Delhi to distribute nutritious meals to children in need. These efforts are targeted at underprivileged areas where food insecurity is most prevalent, ensuring that vulnerable children receive at least one healthy meal a day. By addressing the immediate need for food, Sarv Sangi helps these children focus on their education and overall well-being, reducing the negative impacts of hunger on their physical and mental health.
- Community Empowerment: Beyond direct assistance, Sarv Sangi places a strong emphasis on community empowerment through awareness and advocacy. The NGO conducts regular workshops, seminars, and events to promote the importance of women's rights, gender equality, and education for all. These initiatives are designed to educate women about their legal and social rights, equipping them with the knowledge and confidence to advocate for themselves and their families. The organization also works to change societal attitudes towards women and children from marginalized backgrounds, promoting inclusivity, respect, and equal opportunities for all.

These services are aimed at uplifting vulnerable women and children, empowering them to lead dignified and self-sufficient lives.

WEEK-WISE REPORT

Week 1:

Activities Rendered: The first week was focused on getting to know the students and establishing a comfortable and welcoming environment. I spent time introducing myself and explaining my role as a teacher, emphasizing that I was there to help them with their studies and support their learning journey. I interacted with the children individually and in groups to understand their backgrounds, academic strengths, and areas where they needed assistance. This bonding was essential to make them feel at ease and eager to participate.

Number of Hours Spent: Approximately 10 hours (5 hours per day for 2 days).

Outcomes: By the end of the week, most of the children were more comfortable with my presence, and we had set clear expectations for the upcoming weeks. This foundational relationship-building was crucial for fostering a positive learning atmosphere.

Community Activities: Throughout the week, I engaged with the children in informal discussions, allowing them to express their thoughts and concerns. This interaction helped create a sense of community and encouraged open communication, making them more receptive to future lessons.

Week 2 Report: Identifying and Cleaning Preserved Areas for Tree Growth

Activities Rendered:

The second week was dedicated to organizing and conducting events that aligned with the

organization's broader mission. I collaborated with volunteers to assist in various programs that

focused on creating awareness around crucial social issues. The events included:

1. **Health Awareness Campaigns:** Educational sessions on basic hygiene, disease prevention,

and women's health.

2. Food Security Awareness: Discussions on food scarcity in vulnerable populations and the

importance of balanced nutrition.

3. Legal Rights Workshops: Sessions aimed at educating women about their legal rights,

focusing on property rights and protection against domestic violence.

Number of Hours Spent: Approximately 12 hours (6 hours per day for 2 days).

Outcomes: Feedback from the participants was overwhelmingly positive, with many expressing a

deeper understanding of the topics discussed. The events successfully raised awareness and provided

valuable information to the attendees.

Community Activities: Volunteers played an integral role in event planning, logistics, setting up the

venues, and ensuring the smooth execution of these programs. This collaboration fostered a strong

sense of community engagement and highlighted the importance of collective efforts in addressing

social issues.

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Week 3 Report: Cleanliness Drive

Activities Rendered: During the third week of the Community Connect program, the focus was on

participating in cleanliness drives to promote environmental hygiene both within the Sarv Sangi NGO

premises and in nearby areas. Key activities included:

1. Cleaning the NGO's Common Areas: Volunteers worked to clean and maintain classrooms

and outdoor spaces.

2. Extending Cleaning Efforts: The cleaning efforts were extended to nearby streets and

community areas to raise awareness about the importance of sanitation.

3. Engaging with Local Residents: Volunteers encouraged participation from local residents in

maintaining clean surroundings.

Number of Hours Spent: Approximately 10 hours (5 hours per day for 2 days).

Outcomes: The cleanliness drives successfully created a healthier and more inviting environment for

the women and children benefiting from the NGO's services. The initiative also fostered a sense of

community responsibility regarding sanitation.

Community Activities: Volunteers engaged with local residents, promoting awareness about the

importance of cleanliness and encouraging them to participate in ongoing efforts to maintain a clean

environment. This engagement helped strengthen community ties and fostered a collective

commitment to environmental hygiene.

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Week 4 Report: Teaching and Food Distribution

Activities Rendered: In the fourth week of the Community Connect program, the focus was on

educating children and ensuring their nutritional needs were met through food distribution. Key

activities included:

1. Teaching Sessions: Volunteers conducted engaging lessons in English and Social Science

aimed at improving the children's language skills and understanding of social structures and

history.

o English Lessons: Covered basic grammar, vocabulary building, and reading

comprehension.

o **Social Science Lessons:** Focused on civic responsibilities, community roles, and an

introduction to Indian history.

2. **Food Distribution:** After the educational sessions, volunteers distributed nutritious meals to

ensure that the children received proper nourishment for their physical development.

Number of Hours Spent: Approximately 12 hours (6 hours per day for 2 days).

Outcomes: The educational sessions significantly improved the children's language skills and

understanding of social issues. The food distribution ensured that the children received proper

nutrition, which is essential for their overall well-being and development.

Community Activities: Volunteers engaged closely with the children during teaching sessions,

fostering a supportive learning environment. The food distribution not only provided nourishment but

also created a sense of community as volunteers and children interacted, strengthening the bond

between them.

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Fig 1.1, Fig 1.2: Meal Distribution Drive



Fig 1.3 : Meal Distribution Drive





Fig 2.1, Fig 2.2: Teaching kids English and social science



Fig 4: Captured a moment outside one of Sarv Sangi's offices

TANGIBLE LEARNING

Personal Growth:

Through my involvement in the Community Connect program, I experienced significant personal growth that transformed my perspective on social issues and strengthened my sense of empathy and responsibility. Working directly with underprivileged children and marginalized communities exposed me to the harsh realities faced by those living on the fringes of society. Teaching children subjects like English and Social Science revealed the critical role that education plays in shaping futures and how it acts as a key to breaking the cycle of poverty. I witnessed firsthand how small, consistent efforts in education can have a profound and lasting impact on a child's life, fostering a sense of hope and possibility.

In addition to teaching, my participation in cleanliness drives and food distribution programs gave me a deeper understanding of pressing social challenges such as poverty, hunger, and the necessity of maintaining a clean environment for overall health and well-being. These experiences opened my eyes to the stark realities faced by vulnerable populations, increasing my awareness of the challenges they endure daily. This insight not only deepened my compassion but also strengthened my commitment to community service and social causes. The tangible outcomes of my contributions inspired me to pursue further opportunities to make a difference in society and led to a heightened sense of responsibility in both my personal and professional life.

Professional Growth:

Professionally, my time in the Community Connect program was equally transformative. Organizing events, leading workshops, and coordinating food distribution initiatives enhanced my leadership and event management skills, as I learned how to navigate complex logistics, maintain clear communication with team members, and ensure smooth coordination in real-time. These experiences required me to adapt quickly, solve problems efficiently, and lead by example, all of which significantly improved my decision-making and organizational skills.

Moreover, interacting with the diverse group of volunteers, NGO staff, and community members broadened my interpersonal skills, making me more adaptable and empathetic in various social

settings. Teaching the children further strengthened my communication abilities, as I learned how to simplify complex concepts and present them in an engaging manner. This experience sharpened my mentoring and collaboration skills, which are valuable assets in any professional context. Overall, my involvement in the program provided me with a clearer understanding of how grassroots-level work can foster systemic change and gave me the confidence to continue contributing to causes that align with my passion for social responsibility.

Through both personal and professional lenses, I grew holistically, learning that tangible contributions—whether through education, health awareness, or environmental action—can make a real, lasting difference in the lives of those in need.

Growth for Women:

The women involved in the Community Connect program experienced measurable growth in several key areas, most notably in empowerment, self-awareness, and access to critical support systems. The legal aid seminars provided these women with valuable knowledge about their rights, particularly in areas like domestic issues, property laws, and child custody. Armed with this information, they were better equipped to stand up for themselves and navigate difficult situations with more confidence and clarity. Health awareness workshops were equally transformative, teaching them essential practices around nutrition, hygiene, and family care, which enabled them to improve their personal well-being and take proactive steps toward a healthier lifestyle for themselves and their families.

Additionally, the financial aid and food distribution programs significantly reduced the immediate burden of daily survival for these women, freeing up their mental and emotional capacity to focus on long-term growth. By addressing basic needs such as food security, the program provided them with the breathing space necessary to concentrate on professional development, financial stability, and personal empowerment.

Key Learnings for Women:

- 1. Legal Awareness: Women gained an in-depth understanding of their rights regarding domestic issues, property disputes, and child custody, enabling them to protect themselves and make informed decisions for their families.
- 2. Health and Hygiene: Improved health literacy, leading to better self-care practices and healthier family environments, especially in terms of nutrition, personal hygiene, and disease prevention.

Growth for Children:

The children who participated in the Community Connect program also experienced significant growth, both academically and nutritionally. Regular teaching sessions helped them build stronger foundational skills in subjects like English and Social Science, leading to notable improvements in their academic performance. By enhancing their understanding of core subjects, the program instilled confidence in the children and sparked an increased interest in learning, which will positively influence their future educational outcomes.

Moreover, the food distribution initiative played a vital role in addressing the immediate nutritional needs of the children. Regular access to nutritious meals ensured that they were physically healthy, which in turn improved their ability to focus on schoolwork and actively participate in classroom activities. By meeting their basic nutritional needs, the program not only improved their physical well-being but also provided them with the mental and emotional energy needed for learning and personal growth.

Key Learnings for Children:

- 1. Educational Progress: Strengthened foundational knowledge in core subjects like English and Social Science, leading to better academic outcomes and fostering a greater interest in education.
- 2. Nutritional Improvement: Consistent access to healthy meals resulted in improved physical health, which in turn enhanced their ability to focus and excel academically.

STUDENT'S CONTRIBUTION

As a dedicated volunteer in the Community Connect program at Sarv Sangi NGO, my contribution went far beyond merely participating in routine activities—it was about creating a meaningful, lasting impact on the lives of the women and children from marginalized communities. My role encompassed a wide array of responsibilities, from teaching and organizing events to distributing food, all of which were aimed at fostering a supportive environment of growth, development, and empowerment for the beneficiaries.

One of my primary focuses was teaching the children. I didn't just deliver lessons in subjects like English and Social Science; I strived to make learning an enriching experience. I placed great importance on understanding each child's individual strengths and learning gaps, tailoring my teaching approach accordingly. This allowed me to ensure that every child felt included, regardless of their academic level. I paid close attention to the pace of the lessons, adjusting them to suit the needs of the group, and made it my mission to foster an atmosphere where learning was not only engaging but also interactive. I encouraged the children to be inquisitive, to ask questions, and to voice their thoughts freely, helping them build confidence in expressing themselves both inside and outside the classroom.

Beyond teaching, a crucial aspect of my contribution was my involvement in organizing and conducting various community awareness programs. These events covered critical topics such as health, hygiene, and food security—issues that directly affect the well-being of the community. By raising awareness and providing access to vital resources, we empowered the women with the knowledge necessary to make informed decisions for themselves and their families. I worked closely with the NGO team to plan these events, ensuring that they were accessible to all participants and tailored to the unique needs of the community. The outcome was a series of well-organized, impactful programs that left a lasting impression on both the participants and the community at large.

I also participated in cleanliness drives within and around the NGO's premises, which provided me with a hands-on opportunity to enhance the physical environment of the community. These drives were not just about tidying up the space; they were a means of promoting hygiene and healthier living conditions for the women and children who depend on Sarv Sangi for support. By improving the overall cleanliness of the surroundings, we were able to create a more conducive and healthier space for everyone.

In addition to these activities, I took an active role in food distribution drives, where we ensured that the children received regular, nutritious meals. This initiative was more than a charitable act; it was a

direct response to the prevalent issue of hunger and malnutrition faced by vulnerable families in the community. Distributing food to those in need symbolized our deeper commitment to addressing food insecurity and providing tangible support to the most affected. Through this effort, we aimed to improve the overall well-being of the children, ensuring that they had the necessary nourishment to grow and thrive.

Working closely with other volunteers and the core team at Sarv Sangi also provided me with invaluable insights into the challenges faced by NGOs. I learned how difficult it can be to secure funding and how crucial it is to optimize resources to make the greatest impact. This experience strengthened my ability to think creatively, as we often had to come up with innovative solutions to ensure the continuity of programs despite limited resources. It also taught me the importance of collaboration—building strong relationships within the NGO and with the community was vital for the success of every initiative we undertook.

Another rewarding aspect of my contribution was witnessing firsthand how the NGO's efforts could spark real change in the lives of those we served. Watching women gain confidence as they attended awareness programs, or seeing children flourish academically and socially, reinforced my belief in the power of community-driven support. The connections I formed with the beneficiaries also left a lasting impact on me, deepening my commitment to social causes and motivating me to continue pursuing opportunities where I can make a difference.

CONCLUSION

Conclusion Note for Our Community Connect Experience

Our journey with the Community Connect program at Sarv Sangi NGO has been an enriching and transformative experience, deeply impacting us on both a personal and professional level. Over the course of the program, I had the privilege to contribute in a variety of roles—teaching children, organizing events, participating in cleanliness drives, and distributing food to underprivileged families. These experiences allowed me to engage with vulnerable women and children, offering my support in ways that were not only practical but also profoundly meaningful.

One of the most rewarding aspects of my contribution was working directly with the children. I witnessed firsthand the profound effect that education can have on young minds. Teaching subjects like English and Social Science went beyond simply delivering lessons—it was about nurturing curiosity, building self-confidence, and showing these children that they have the potential to rise above their circumstances. The joy and sense of achievement they displayed when grasping new concepts or solving problems were incredibly heartwarming, reminding me that patience, encouragement, and dedication are key ingredients in fostering growth. This experience reaffirmed my belief in the power of education as a tool for social upliftment.

Equally impactful was my involvement in organizing community events, particularly those focused on health awareness and food security. These events were crucial in providing the women of the community with essential knowledge about their rights, nutrition, and hygiene practices. Seeing the women become more empowered and self-reliant through these workshops was deeply gratifying. By offering them access to valuable resources, we were able to equip them with the tools they needed to better navigate the challenges they face in their daily lives. Contributing to the planning and execution of these events sharpened my organizational skills and broadened my understanding of how awareness programs can be instrumental in driving social change.

The cleanliness drives were another key component of my contribution to the Community Connect program. Improving the physical environment around the NGO and its neighboring areas was not just about removing waste—it was about fostering a collective sense of responsibility and creating a healthier, safer space for the women and children who rely on the NGO for support. The tangible results of these efforts—cleaner surroundings and a greater awareness of hygiene—instilled a sense

of accomplishment within me. I realized that small actions, like picking up litter or educating the community about cleanliness, can have lasting positive effects on the overall health and well-being of the community.

Perhaps the most touching and humbling part of my involvement was participating in the food distribution drives. Ensuring that the children received regular, nutritious meals was a direct way to address the issue of hunger and malnutrition, which often stands in the way of a child's ability to learn and thrive. The gratitude shown by the families during these distributions was overwhelming, and it reinforced the importance of addressing both immediate needs, like hunger, alongside long-term solutions like education and empowerment. I learned that, while systemic change is essential, providing direct, immediate aid is also crucial for improving the quality of life in marginalized communities.

Overall, my time with the Community Connect program has significantly enhanced my professional skills—such as communication, leadership, and problem-solving—while also deepening my empathy and social awareness. I've learned that even the smallest contributions can create ripples of change in the lives of those who need it most. Working alongside the dedicated team at Sarv Sangi NGO has shown me the power of collective effort and the importance of sustainable, grassroots initiatives in addressing the challenges faced by marginalized communities. The collaboration and sense of community that I experienced during this program left a lasting impression on me and reinforced my commitment to social causes.

As I reflect on this experience, I feel an immense sense of gratitude for the relationships I have built and the opportunities I've had to make a difference. This journey has not only broadened my perspective on social issues but has also inspired me to continue advocating for the rights and well-being of marginalized women and children. Moving forward, I am more determined than ever to use the lessons and experiences from this program as a foundation for future efforts, continuing to work toward uplifting vulnerable populations and creating a more equitable and compassionate world.