

Activity Plan

Activity Name:

No.



Planned
Outcomes

CORE/CAMP SPECIALTY

ABC's

Agility
Balance
Coordination
Spatial Awareness

PHYSICAL LITERACY

Heart Beater Activity

Moderate
Vigorous

LIFE SKILLS

Leadership
Friendship
Inclusion
Personal Best
Citizenship

ACTIVITY TYPE

Opening/Closing Activity
Core Activity
Transition Activity
Supplemental/Theme Activity
Games

Step by Step Instructions:

Time Frame:

Age Group:

F/T Approval Initials:



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Step by Step Instructions Continued:

Equipment Required:

Don't forget your **First Aid Kit**

HIGH FIVE® Principles *A Caring Adult ~ Friends ~ Play ~ Mastery ~ Participation*

Tips:

Developmentally Appropriate ~ Safe ~ Welcoming of Diversity and Uniqueness

F/T Approval Name:

F/T Approval Signature:

Date: