Classroom Activity Breaks

Brainstorming- encourages students to think creatively and collaborate

Team building- students learn about each other through sharing information

Making connections- used to assess level of comprehension and memory

Types of Activity Breaks

Level set- an activity that ensures the students are at the same level

Physical movement- gets students out of seats for a little

Warm up- gets students to think "outside of the box"

Ice breaker- a fun competitive activity that "breaks the ice" in a classroom