## A new mechanochemical model for apical constriction: coupling calcium signalling and viscoelasticity

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#### **ABSTRACT**

- Embryonic epithelial cells exhibit strong coupling of mechanical responses to chemical signals 3
- and most notably to calcium. Recent experiments have shown that the disruption of calcium
- signals during neurulation strongly correlates with the appearance of neural tube defects. We,
- thus, develop a multi-dimensional mechanochemical model and use it to reproduce important
- experimental findings that describe anterior neural plate morphogenetic behaviour during neural
- tube closure. The governing equations consist of an advection-diffusion-reaction system for
- calcium concentration which is coupled to a force balance equation for the tissue. The tissue is
- modelled as a linear viscoelastic material that includes a calcium-dependent contraction stress. 10
- We implement a random distribution of calcium sparks that is compatible with experimental
- 12 findings. A finite element method is employed to generate numerical solutions of the model for an 13
- appropriately chosen range of parameter values. We analyse the behaviour of the model as three
- 14 parameters vary: the level of IP<sub>3</sub> concentration, the strength of the stretch-sensitive activation and
- the maximum magnitude of the calcium-dependent contraction stress. Importantly, the simulations 15
- 16 reproduce important experimental features, such as the spatio-temporal correlation between
- 17 calcium transients and tissue deformation, the monotonic reduction of the apical surface area
- 18 and the constant constriction rate, as time progresses. The model could also be employed to gain
- 19 insights into other biological processes where the coupling of calcium signalling and mechanics
- is important, such as carcinogenesis and wound healing. 20
- Keywords: calcium signalling, viscoelasticity, computational modelling, mechanobiology, embryology, numerical methods.

#### 1 INTRODUCTION

During the early stages of the development of an embryo's central nervous system (CNS), neuroepithelial cells undergo a shape change via apical constriction (AC), a morphogenetic process controlled by apical actomyosin contraction that is induced by calcium transients [1, 2]. AC results in the folding of the neural plate and in the formation of the neural tube. It is not fully understood how AC in the neural plate is controlled and how it contributes to tissue morphogenesis but recent experiments have shown that  $Ca^{2+}$  plays a crucial role in regulating AC during neural tube closure (NTC) [1, 2]. Furthermore, pharmacologically inhibiting  $Ca^{2+}$  has been shown to lead to neural tube defects [1, 3, 4], such as *Spina Bifida* and anencephaly.

Many experiments have documented that intracellular Ca<sup>2+</sup> release triggers actomyosin-based contractions, in both embryonic and cultured cells [1, 5, 6, 2, 4]. The ability of cells to sense and respond to forces by elevating their cytosolic Ca<sup>2+</sup> is also well established; mechanically stimulated Ca<sup>2+</sup> waves have been observed propagating through ciliated tracheal epithelial cells [7, 8, 9], rat brain glial cells [10, 11, 12], developing epithelial cells in *Drosophila* wing discs [13] and many other cell types [14, 15, 16, 17]. Thus, different types of mechanical stimuli, from shear stress to direct mechanical stimulation, can elicit Ca<sup>2+</sup> elevation (although the sensing mechanism may differ in each case). Moreover, localisation of stresses or strains within the cells can generate alteration in patterns of Ca<sup>2+</sup> distribution in a tissue by changing cell displacement magnitude, direction, and velocity [18, 19]. This is especially noteworthy since distinct Ca<sup>2+</sup> signalling patterns differentially modulate AC for efficient epithelial folding. The latter mechanism has a broad range of physiological outcomes [2].

Since mechanical stimulation elicits Ca<sup>2+</sup> release and Ca<sup>2+</sup> elicits contractions which are sensed as mechanical stimuli by the cell, a two-way mechanochemical feedback between Ca<sup>2+</sup> and contractions should be at play. Motivated by the recent experimental observations [1, 2] where, during AC, increasing tension in the contracting cells yields Ca<sup>2+</sup> release which, in turn, elicits contractions in the cells which are sensed as mechanical stimuli by the neighbouring cells, we develop a new mechanochemical model that captures the interplay of Ca<sup>2+</sup> signalling and mechanical forces during AC.

This paper extends the mechanochemical model in [20], which describes the coupling of Ca<sup>2+</sup> signalling with the mechanics of the embryonic epithelial tissue during AC in one spatial dimension; it also extends the multi-dimensional model presented in [21]. In the aforementioned models, following the early mechanochemical models in [22], where small strains are assumed, the embryonic tissue is assumed to be a linear viscoelastic (Kelvin–Voigt) solid (with one elastic spring and two viscous dashpots), where only after the initial stress has vanished, does the material go back to its original state. Also, In the model proposed here, as in [20, 21, 22, 23], we assume that the viscoelastic stress includes an active contraction stress which depends on the cytosolic Ca<sup>2+</sup> concentration. The models in [20, 21], as well as the model presented here, employ the well-established Ca<sup>2+</sup> signalling model from Atri *et al.* [24], called the "Atri model" hereafter. The Atri model captures the experimentally verified Ca<sup>2+</sup>-induced Ca<sup>2+</sup> release (CICR) process. It consists of two differential equations, one PDE for the cytosolic Ca<sup>2+</sup> concentration and another PDE for the percentage of the non-inactivated IP<sub>3</sub> receptors on the endoplasmic reticulum (ER) which allow release of Ca<sup>2+</sup> from the ER into the cytosol.

In Figure 1.1 we show still images from a time lapse recording of the anterior neural plate during the last stage of neural tube closure (stage 16 of *Xenopus* embryo development). For live imaging, 4-cell stage Xenopus laevis embryos were injected with the mRNA encoding membrane-GFP and the calcium sensor GECO-RED at the two dorsal blastomeres to target the neural tissue. Subsequently the embryos were

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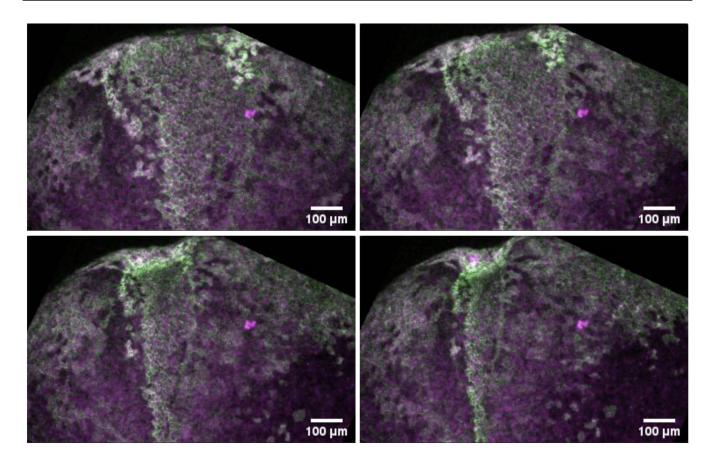
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**Figure 1.1.** Snapshots of the closure of the neural tube over a period of 55 minutes (from top-left to bottom-right). The green colour indicates the cell membrane and magenta is the calcium sensor.

allowed to develop until stage 14 and imaged during neural tube closure. The time lapse recordings of neural tube closure that we represent in Fig 1.1 were generated on a ZEISS LSM 710 confocal microscope with a 30 seconds time interval. At this stage, the ectoderm of the embryo consists of the neuroepithelium, which is surrounded by the surface ectoderm. The last stage of anterior neural tube closure is controlled by AC of neuroepithelial cells [1] and lasts about 40 minutes; this is the stage we model here. During AC cells reduce their apical surface area and change their shape from columnar to a wedge shape [1]. These cell shape changes subsequently drive the bending of the neuroepithelium and the formation of the neural tube. Note that the frequency of calcium transients has been quantified in [1]. The observation there is that the frequency increases as neural tube closure progresses. This information ties up with the data presented also in [20]. Thus, experimental evidence shows a clear correlation between the appearance of calcium transients, and the reduction of the apical surface area during neural tube closure. Even though the process of AC is three-dimensional we focus attention to the stage where the apical surface area reduces (in a ratchet-like manner). This is the active driver of the process and it is sufficient to describe it with a two-dimensional model, as we do below. For stage 16 of *Xenopus* embryo development studied here we can assume small strains; hence the tissue can be modelled as a linear Kelvin-Voigt viscoelastic solid. This linear viscoelastic material is completely defined by the stiffness and viscosity, which can be determined using diverse measuring approaches such as pipette suction, optical laser tweezers, microrheology tools, particle tracking, or even contact-free techniques [25]. In the present mechanochemical model, we assume that the viscoelastic stress includes a contraction stress which depends on Ca<sup>2+</sup> concentration, following the formulation in [20, 21, 22, 23].

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84 The new mechanochemical model proposed here, following [21] is underpinned also by the following fundamental assumptions: a) the equilibrium of the mechanics in the system is established by a quasi-85 static balance of linear momentum using displacements and hydrostatic or solid pressure (the so-called 86 Herrmann formulation [26]). The introduction of solid pressure contributes to achieve robustness in the 87 nearly incompressible regime assumed for the tissue. This occurs when the Poisson ratio approaches 0.5, 88 implying that the first Lamé parameter defining the dilation properties of the material is very large. Also, 89 the mechanochemical coupling is modelled directly in the viscoelastic stress through a Hill function that 90 depends on Ca<sup>2+</sup> and through the modification of the reaction kinetics by volume change. The two-way 91 coupling mechanism we adopt follows the model structure used in [20, 21, 27, 28, 29, 30]. 92

Finding closed-form solutions to this inherently highly nonlinear and multidimensional problem is only possible in very restricted scenarios and simplified settings. We, hence, resort to solving the governing equations numerically, via an implicit, fully coupled finite element method [21, 30]. Following [21], we nondimensionalise the model using experimentally verified parameter values from neuroepithelial cells undergoing AC during NTC [24, 31, 32] to investigate whether our model reproduces important features of NTC observed in the experiments of [1].

This paper is organised as follows. In Section 2 we present a new mechanochemical model capturing the coupling of calcium signalling to forces in a deforming embryonic epithelial tissue undergoing AC. We also present the computational implementation of the model, using a Finite Element Method. Next, in Section 3 we present the simulations and discuss how they reproduce important experimental features. Finally, Section 4 includes our conclusions and future research directions.

#### 2 METHODS

# 2.1 A new mechanochemical model coupling calcium signalling and mechanics for apical constriction

Here, we present a new mechanochemical model coupling calcium and mechanics in AC. We adapt, as previously, the Atri *et al.* model [24] to write the governing equations for the cytosolic calcium concentration and the percentage of non-inactivated IPR—for more details on this well-established model see [24, 20, 21]. We also assume, as previously, that the tissue is represented by a linear viscoelastic, Kelvin–Voigt material [20, 21, 22]. The system is assumed to be in mechanical equilibrium, that is the contraction forces generated by the calcium are in mechanical equilibrium with the viscoelastic forces. The model is as follows:

$$\partial_t c + \partial_t \boldsymbol{u} \cdot \nabla c - D\nabla^2 c = f(c, h, \boldsymbol{u})$$
 in  $\Omega \times (0, t_{\text{final}}],$  (2.1a)

$$\partial_t h + \partial_t \mathbf{u} \cdot \nabla h = g(c, h)$$
 in  $\Omega \times (0, t_{\text{final}}],$  (2.1b)

$$-\operatorname{div}(\boldsymbol{\epsilon}(\boldsymbol{u}) - p\mathbf{I} + \alpha_1 \partial_t \boldsymbol{\epsilon}(\boldsymbol{u}) - \alpha_2 \partial_t p\mathbf{I} + T(c)\mathbf{I}) = \mathbf{0} \qquad \text{in} \quad \Omega \times (0, t_{\text{final}}], \tag{2.1c}$$

$$p + \frac{\nu}{(1 - 2\nu)} \operatorname{div} \mathbf{u} = 0 \qquad \text{in} \quad \Omega \times (0, t_{\text{final}}], \qquad (2.1d)$$

where  $[\mathrm{Ca}^{2+}] = c$  is the cytosolic calcium concentration, h is the percentage of non-inactivated IPR, u is the tissue displacement and p is the Herrmann pressure.  $\nu$  is the Poisson's ratio and  $\alpha_1$  and  $\alpha_2$  are the shear and bulk viscosities, respectively, and D is the diffusion coefficient of cytosolic calcium. The Cauchy stress has elastic, viscous, and active calcium-dependent stress components. The active stress and the reaction

kinetics are specified as follows:

$$T(c) = \beta_1 \frac{c^n}{\beta_2 + c^n}, \qquad f(c, h, \boldsymbol{u}) = I_{\text{rand}}(\boldsymbol{x}, t) \mu h K_1 \frac{b + c}{1 + c} - \frac{Gc}{K + c} + \lambda \operatorname{div} \boldsymbol{u}, \qquad g(c, h) = \frac{1}{1 + c^2} - h.$$

- The function  $I_{\rm rand}$  multiplying the CICR Ca<sup>2+</sup> flux is a random-in-space distribution of Ca<sup>2+</sup> sparks which
- increases in frequency and in amplitude with time, observed in the experiments of [1]. Since there is a 112
- (thin) circumferential layer of epidermal cells surrounding the neuroepithelial cells, the Young's modulus,
- E, is discontinuous across the interface of these two regions [33]. Hence, we assume that the Young's
- modulus in the domain is given by

$$E = E_{\rm in} \chi_{\Omega_{\rm in}} + E_{\rm out} \chi_{\Omega_{\rm out}},$$

- where  $\chi_M$  denotes the characteristic function on the generic subdomain M, and by  $E_{\rm in}$  and  $E_{\rm out}$  we denote
- the Young modulus in the inner and outer regions, respectively.
- 118 The model parameters and their values are discussed in more detail in Section 2.2.
- 119 The PDE system (2.1) is complemented with appropriate initial data for c, h, u and p, respectively given
- 120 by

$$c(0) = c_0, \quad h(0) = h_0 = \frac{1}{1 + c_0^2}, \quad \mathbf{u}(0) = \mathbf{0}, \quad p(0) = 0, \quad \text{in } \Omega,$$
 (2.2)

- where  $c_0$  is the steady state value of c. We also assume stress-free and zero-flux boundary conditions on the
- domain boundary, as follows: 122

$$(\boldsymbol{\epsilon}(\boldsymbol{u}) - p\mathbf{I} + \alpha_1 \partial_t \boldsymbol{\epsilon}(\boldsymbol{u}) - \alpha_2 \partial_t p\mathbf{I} + T(c)\mathbf{I})\boldsymbol{n} = \mathbf{0}$$
 and  $D\nabla c \cdot \boldsymbol{n} = 0$  on  $\partial\Omega \times (0, t_{\text{final}}]$ . (2.3)

- These pure-traction boundary conditions necessitate imposing an additional condition to render the system
- well-defined. We, hence, impose that the displacements are orthogonal with respect to the space of rigid 124
- motions, that is 125

$$\mathbb{RM}(\Omega) := \left\{ \boldsymbol{v} \in \mathbf{H}^1(\Omega) : \, \boldsymbol{\epsilon}(\boldsymbol{v}) = \mathbf{0} \right\}. \tag{2.4}$$

- Note that T(c) in (2.1c) has an opposite sign to that in the models of [20, 21]. There, the opposite sign
- corresponded to dilation instead of contraction here (see also [22, 34]). 127

#### 2.2 Model parameter values 128

- The Atri Ca<sup>2+</sup> signalling model we use[24] captures the Ca<sup>2+</sup> release to the cytosol via the IPR/Ca<sup>2+</sup> 129
- channels, relying on experimental data from the Xenopus laevis oocyte. We nondimensionalised this model 130
- in detail in [20]; here we present it in its nondimensional form, choosing the same parameter values. 131
- The values of the mechanical parameters were taken from *Xenopus* and *Drosophila* embryos [31, 32, 132
- 35, 33] and are collected in Table 2.1. (The parameter values can be taken from two different species 133
- since the magnitude of sub-cellular forces are similar across species.) To determine the Young's modulus 134
- and viscosity of neural tissues, in [35] the authors measured the stiffness of dorsal isolate explants of 135
- Xenopus laevis embryos over different stages of development, from gastrulation to neurulation. They
- recorded the values of Young's modulus and viscosity over five dorsal isolate explants taken from stage 137
- 16 embryos. We averaged these five values to obtain  $E_{\rm in}$ . To determine the Young's modulus for the 138

Parameter list			
Parameter	Definition	Value	Source
$E_{ m in}$	Young's modulus on the neural plate	44.26 Pa	[35]
$E_{\rm out} = 0.55 E_{\rm in}$	Young's modulus on the epidermal layer	24.34 Pa	[33, 35]
$T_0$	Traction stress	$50 - 450  \mathrm{Pa}$	[36, 37, 38]
ν	Poisson's ratio	0.4	[31, 39]
$ ilde{lpha}_1$	Shear viscosity	3790 Pa s	[31, 35]
$ ilde{lpha}_2$	Bulk viscosity	550 Pa s	[31, 35]

**Table 2.1.** Parameter values for the mechanochemical model.

- epidermal cells surrounding the neuroepithelium,  $E_{\rm out}$ , we use the ratio between the stiffness moduli of the neuroepithelium and epidermis, as determined in [33]; we, thus, estimate  $E_{\rm out} = 0.55 E_{\rm in}$ .
- We determine the shear and bulk viscosities,  $\tilde{\alpha}_1$  and  $\tilde{\alpha}_2$  using data from [35] and [31]. In [35], measurements were taken from five neurulating embryos and we determined the value of net viscosity to
- 143 be the average of the five values. This net viscosity value was then split using the ratio between the shear
- and bulk viscosity given in [31].
- For the Poisson's ratio, we assume, as in [35], that the embryonic tissue is a *nearly* incompressible
- material and hence we set  $\nu = 0.4$ . This value is also consistent with the range of values in [31] and in
- other experimental studies, e.g. [39]. The value of the maximum (saturation) traction stress,  $T_0$ , is difficult
- 148 to determine but experiments on zebrafish primordium tissue suggest that the value can range from 50 Pa to
- 149 450 Pa [36]. This range is supported by [37] and [38] where traction force microscopy revealed the average
- traction stresses of cells on 2D substrates to be between 100 Pa and 1000 Pa. In our model,  $T_0$  was set by
- 151 tuning its value while keeping all other parameter values constant.
- The area of a single neuroepithelial cell at the start of apical constriction is  $\approx 250 \mu \text{m}^2$ . We have 256
- 153 cells [2] tightly packed in the tissue and, hence, the initial tissue area is approximately  $64000 \mu m^2$ . We
- assume that the tissue is a disc-shaped domain of radius  $\approx 143 \mu \text{m}$ . The spatial variables have been
- non-dimensionalised using  $L=100\mu\mathrm{m}$ . Thus, the tissue is represented as a disc of radius R=1.43 in
- 156 non-dimensional terms.

We take the non-dimensional parameters from [20], as follows: D = 0.004,  $K_1 = 46.28$ , G = 5.71 and K = 0.14. The three parameters we are going to vary in the simulations are:

$$\mu, \ \lambda, \ \text{and} \ \beta_1 = \frac{T_0(1+\nu)}{E}.$$
 (2.5)

- 157 As the Young modulus, E, is discontinuous across the interface of the neuroepithelium and the epidermis,
- 158 so are the parameters  $\alpha_1$ ,  $\alpha_2$  and  $\beta_1$ . From the nondimensionalisation it arises that  $\alpha_1 = \frac{(1+\nu)}{E\tau_i}\tilde{\alpha}_1$  and
- 159  $\alpha_2 = \frac{(1+\nu)(1-2\nu)}{E\nu\tau_j}\tilde{\alpha}_2$ , where  $\tau_j = 2s$  and other values as in Table 2.1. On the neuroepithelium we, hence,
- have  $\alpha_1^{\text{in}} = 59.94$  and  $\alpha_2^{\text{in}} = 4.35$ , whereas on the epidermis we take  $\alpha_1^{\text{out}} = 113.67$ ,  $\alpha_2^{\text{out}} = 8.25$ .

#### 2.3 Computational implementation of the model using the finite element method

162 The mechanochemical model (2.1c)-(2.1b) has been discretised using the finite element method (FEM). The open-source FEM library FEniCS [40] was used to obtain the numerical approximation of the 163 164 variational formulation of the governing equations. Due to the nonlinear nature of the model, the Newton– Raphson method was used and at each iteration the linear tangent system was solved with the MUMPS 165 direct solver [41]. Time derivatives were approximated by a fully implicit backward differencing scheme. A 166 mixed finite element formulation based on the MINI element [42] was used for the numerical approximation 167 of the displacement and the rescaled Herrmann pressure, and piecewise linear and overall continuous 168 elements for the calcium concentration and IPR. The rigid motions in a finite-dimensional subspace of (2.4) 169 were removed from the set of admissible displacements using a Lagrange multiplier approach, as described 170 in [21]. For the Newton-Raphson iterative algorithm, a tolerance of  $10^{-8}$  was used. Note that, as long as 171 an appropriate discrete inf-sup condition is satisfied and one can still construct a suitable auxiliary discrete 172 problem to remove rigid motion solutions, high-order elements can also be used, for example generalised 173 Taylor-Hood elements of degree  $k \geq 2$  for the approximation of displacement and rescaled Herrmann 174 175 pressure, and piecewise polynomials of order k for the approximation of calcium and IPR concentrations. 176 For the lowest-order Taylor-Hood elements one has an additional order of convergence with respect to the MINI-element. That is, we expect an improvement in model predictions as the mesh is refined, but at the 177 178 price of solving a larger system at each Newton-Raphson iteration. More details about the code can be 179 found in [21, 30].

#### 3 RESULTS AND DISCUSSION

- 180 In this section we present numerical solutions of the model for a range of parameter values and explore
- 181 the agreement of the model with experimental results. We treat  $\mu$ ,  $\lambda$  and  $\beta_1$  as bifurcation parameters and
- identify the set of values for which the model exhibits agreement with the experimental results in [1]. The
- 183 computational domain is a disk of radius R = 1.43, discretised into an unstructured triangular mesh of
- 184 34947 elements. A fixed time-step of  $\Delta t = 0.1$  is used in all simulations.
- In order to generate the random field of calcium sparks,  $I_{\rm rand}$ , we impose a frequency linearly increasing
- 186 from 0.1 to 0.4 and set the amplitude to  $1 + a_{mpl}$ , with  $a_{mpl}$  increasing from 0.47 to 0.78 quadratically–see
- 187 Figure 3.1. A single spark at the domain centre is included in all simulations.
- We proceed to extract transients of the model variables c, h, p, u at 80 points which are located in a square
- 189 of side 0.25, centred at the origin. We then average these values over space to generate the evolution of the
- 190 system over time. The simulations are presented in Figures 3.2-3.3. Figure 3.2 shows the results obtained
- 191 when  $\beta_1^{\text{in}} = T_0(1+\nu)/E_{\text{in}} = 3.16$ , that is when  $T_0 = 100$  Pa. When  $\mu = 0.288$  the Atri model [24, 20]
- 192 does not exhibit oscillatory behaviour. The increase of the Herrmann pressure (and of the displacement) is
- 193 monotonic, which indicates a monotonic contraction and area reduction, as observed in experiments [1, 2].
- 194 Hence, our model reproduces this key experimental feature. This behaviour occurs because the random-
- in-space calcium sparks (modelled by  $I_{\rm rand}$ ) exist elsewhere in the domain and increase in amplitude and
- 196 frequency as time progresses (see Figure 3.1).
- Increasing  $T_0$  to  $250\,\mathrm{Pa}$  gives  $\beta_1^\mathrm{in}=7.91$ . In this case we see in Figure 3.3 that the pressure and displacement approximately double in magnitude compared to those for  $T_0=100\,\mathrm{Pa}$  ( $\beta_1^\mathrm{in}=3.16$ ).
- 199 In all Figures 3.2-3.3, as time advances the Herrmann pressure increases and the tissue contracts and

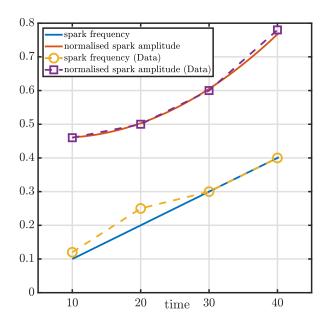
200 the area decreases monotonically. However, for any fixed value of  $\mu$ , the contraction decreases as  $\lambda$ 

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**Figure 3.1.** Frequency and normalised amplitude of calcium sparks versus time used to construct  $I_{\text{rand}}$ , fitted to experimental data from [20].

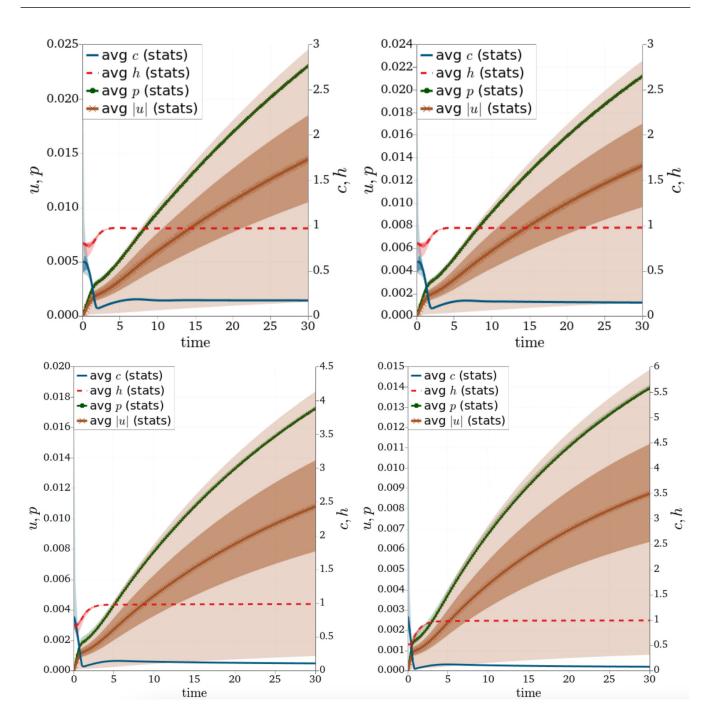
increases. Since  $\lambda$  is a measure of the strength of the coupling between the calcium signalling system and the mechanics of the tissue this result indicates that the stronger the coupling the smaller the contraction.

In Figure 3.4 we plot the tissue area as time progresses. We compute the area using the expression  $\int_{\Omega} \det(\mathbf{I} + \nabla u) dx$ , and compare it with the experimental data in Figure 3.1.In the top left plot, for  $\beta_1^{\text{in}} = 7.91$  we plot the area decrease as  $\mu$  and  $\lambda$  vary. We get a good fit with the area in Figure 3.1 for  $\mu = 0.288$  and  $\lambda = 0.5$  (yellow line), as seen in Figure 3.3.

For the chosen parameters  $\mu=0.288, \lambda=0.5$ , in the top right plot, we determine the area for  $\beta_1^{\rm in} \in \{1.58, 3.16, 4.74, 7.91\}$  (corresponding to  $T_0=50, 100, 150, 250\,{\rm Pa}$  and changing accordingly  $\beta_1^{\rm out}$ ); we see that the area reduction is quite sensitive to the choice of the active contractile force parameter,  $T_0$ , which confirms the nonlinear nature of the model. In the bottom plot the red dash-dotted curve depicts the constriction rate (rate of area reduction) for the parameters  $\mu=0.288, \lambda=0.5, \beta_1^{\rm in}=7.91$ . The constriction rate is approximately constant, as identified in the experiments of [1].

In Figure 3.5 we visualise the deformation of the tissue (disc domain) and the associated calcium distribution, at different times. The boundary of the initially non-deformed disc is also shown, for comparison. For  $\lambda=0.01$  we observe nucleation of calcium waves - synchronous waves that are sustained for a longer time. In Figure 3.5 we clearly visualise what has been already noted in Figure 3.3: that, as time advances the area always decreases monotonically and that the larger  $\lambda$  is the smaller the contraction.

In Figure 3.6, for the same set of parameters,  $\mu=0.288$ ,  $\beta_1^{\rm in}=7.91$ , and varying  $\lambda$ , we plot all field variables at the time t=35 (to show a different time snapshot than the ones depicted before). For all cases, a larger displacement is observed near the boundary.



**Figure 3.2.** Plot over time of statistics (quartiles, ranges, and average) of field variables (the scales for calcium concentration and for the percentage of non-inactivated IPR are on the right axes, whereas the scales for the displacement magnitude and for the Herrmann pressure are on the left axes) at 80 points near the disk centre (square of side 0.25). Parameters are  $\beta_1^{\rm in}=3.16, \mu=0.288$  and  $\lambda\in\{0.01,0.1,0.5,1.3\}$ , varied from top left to bottom right.

### 4 CONCLUSIONS

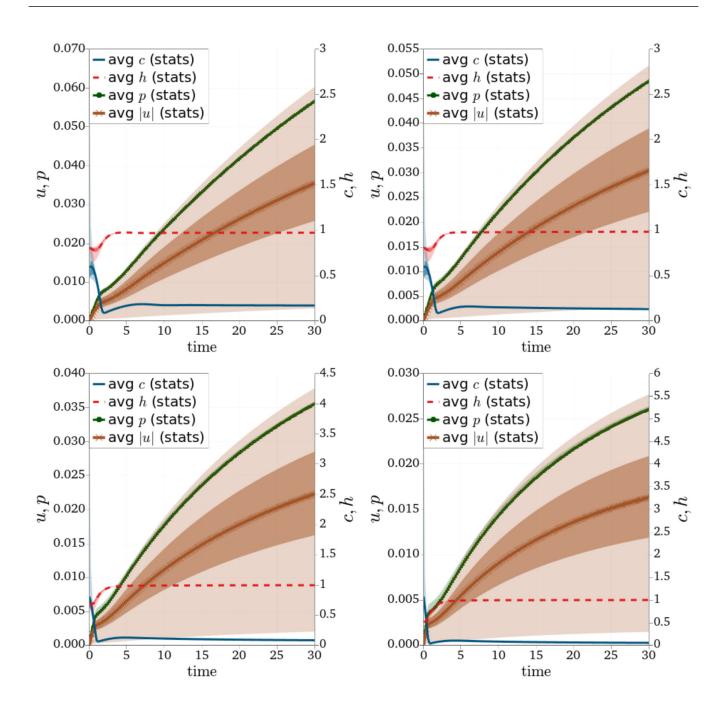
We propose a new mechanochemical model that reproduces important experimental findings on the apical constriction (AC) during the last stage of NTC. AC is controlled by the complex coupling of

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**Figure 3.3.** Plot of statistics (quartiles, ranges, and average) of the model variables over time, spatially averaged over 80 points near the disk centre (square of side 0.25). The scales for calcium concentration and for the percentage of open IPR are on the right axes, whereas the scales for the displacement magnitude and for the Herrmann pressure are on the left axes. Parameters are  $\beta_1^{\rm in} = 7.91$  ( $T_0 = 250\,{\rm Pa}$ ),  $\mu = 0.288$  and  $\lambda \in \{0.01, 0.1, 0.5, 1.3\}$ , varied from top left to bottom right panels.

calcium signalling to the mechanics of the embryonic epithelial tissue; disruption of calcium signals and consequently of AC leads to significant embryo malformations such as *Spina Bifida* and anencephaly.

The model builds on other recent mechanochemical models [20, 21]. The calcium-induced calcium release process allowing calcium to get released from the ER into the cytosol has been modulated with a random-in-space distribution of calcium sparks of which the amplitude and frequency increase with time

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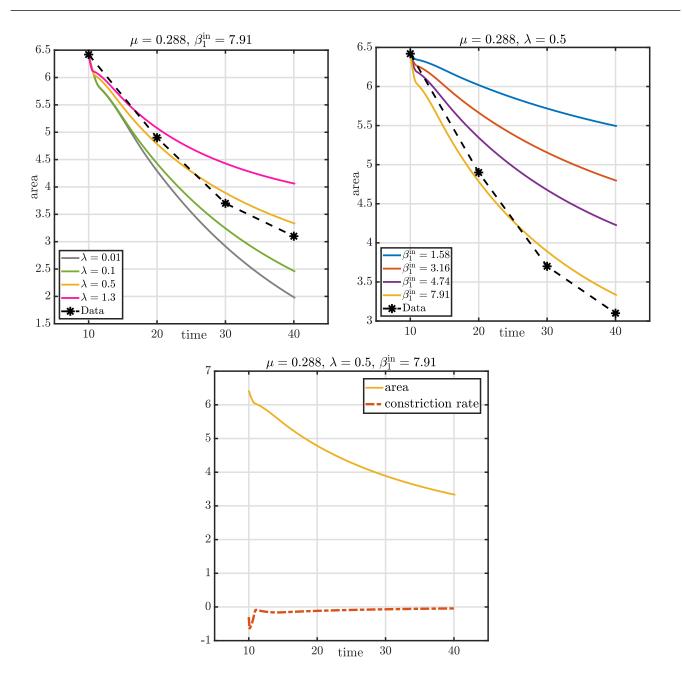
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**Figure 3.4.** Area (in non-dimensional units) with respect to time for different parameter values, plotted against experimental data from [20]. The red, dash-dotted curve in the bottom plot depicts the approximately constant constriction rate, for the parameter set  $\mu = 0.288$ ,  $\lambda = 0.5$ ,  $\beta_1^{\rm in} = 7.91$ .

which has been fitted to agree with experimental data presented in [20, 1]—see Figure 1.1 and Figure 3.1. The embryonic tissue is modelled as a linear viscoelastic material, including three types of stresses: viscous, elastic and an active contraction stress which increases with calcium concentration until it saturates.

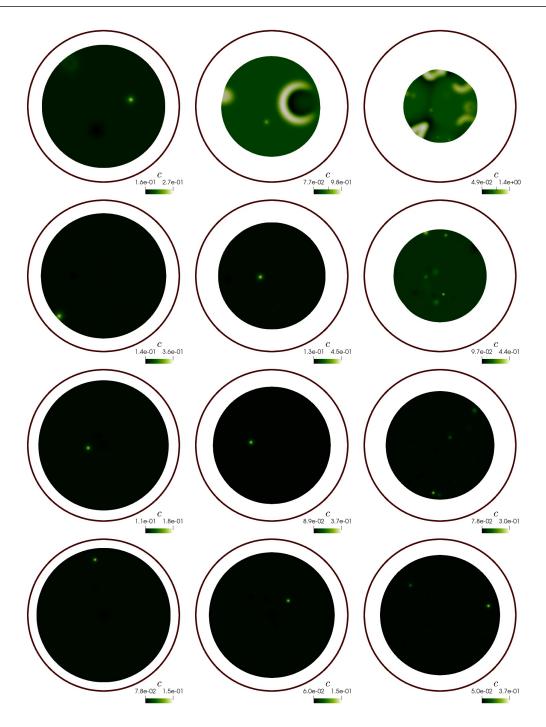
We have simulated the model using a finite element method on a disc domain packing 256 epithelial cells – details about the numerical method can be found in [21]. We have studied the behaviour of the model as three parameters vary:  $\mu$ , the level of  $IP_3$ ,  $\lambda$ , which measures the strength of the stretch-sensitive activation and  $\beta_1^{\rm in}$  which represents the maximum contraction stress.

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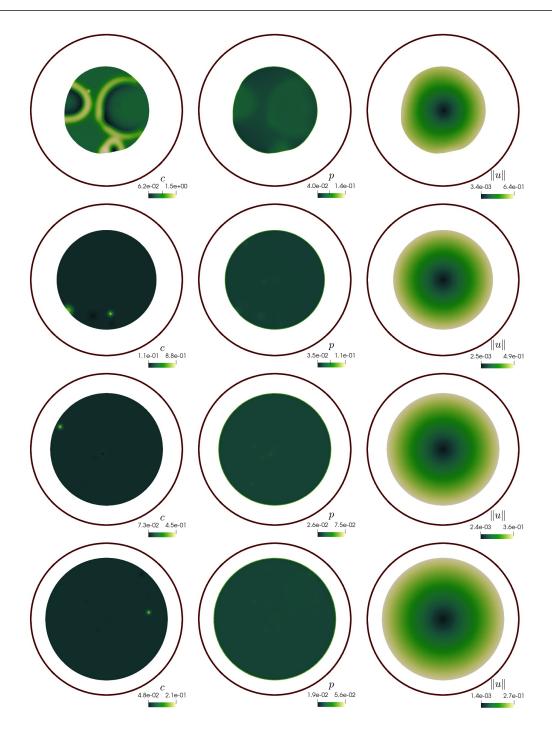
**Figure 3.5.** Snapshots of the contracting domain and the associated calcium distribution, at t = 20, 30, 40. Parameters are  $\mu = 0.288$ , and  $\lambda = \{0.01, 0.1, 0.5, 1.3\}$  from top to bottom rows, respectively. Here we use  $\beta_1^{\rm in} = 7.91$ .

The model shows that for any value of  $\mu$ ,  $\lambda$  and  $\beta_1^{\rm in}$  the tissue area is decreasing monotonically over time, as observed in experiments [1, 2]. Furthermore, we have identified that for  $\mu=0.288$ ,  $\lambda=0.5$  and  $\beta_1^{\rm in}=7.91$ , the monotonic area decrease fits to the experimental curve, generated in [1]. Also in Figure 3.4 (bottom plot) we have quantified and plotted the constriction rate (red, dash-dotted curve, which is approximately constant as observed in experiments [1].

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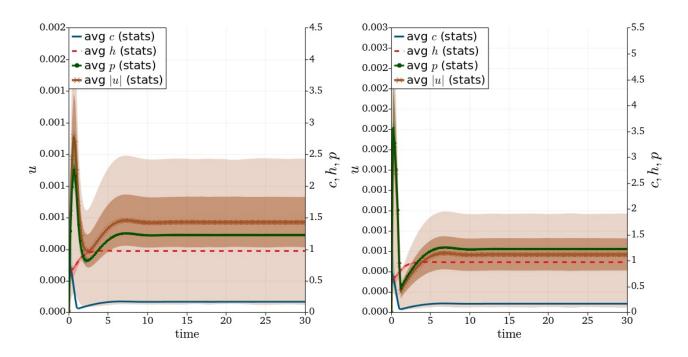
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**Figure 3.6.** Snapshots of the contracting domain and the associated calcium distribution (left), Herrmann pressure (centre), and displacement (right), at time t=35. Parameters are:  $\mu=0.288, \, \lambda=0.01$  (top),  $\lambda=0.1$  (second row),  $\lambda=0.5$  (third row),  $\lambda=1.3$  (bottom), and using  $\beta_1^{\rm in}=7.91$ .

We also found that as  $\lambda$  increases the contraction effect decreases—see Figures 3.5 and 3.3. This result could be tested in future experiments.

Although real tissues usually show intermediate degrees of viscoelasticity [43, 44, 45, 46, 47] it is not uncommon that mechanical models of morphogenesis assume one of two extremes in material behaviour: either a purely elastic or a purely viscous fluid. For the specific case of embryonic tissues, in [48] authors conclude that most embryonic tissues should be considered viscoelastic in order to fully understand the



**Figure 4.1.** Testing behaviour in the nearly incompressible purely elastic and viscoelastic cases. Parameters are  $\nu = 0.4999$ ,  $\tilde{\alpha}_1 = 3790$ ,  $\tilde{\alpha}_2 = 550$  (left); and  $\nu = 0.4999$ ,  $\tilde{\alpha}_1 = \tilde{\alpha}_2 = 0$  (right).

mechanisms behind deformation of a multicellular tissue in response to any force or stress. Along similar lines, in [43] it is noted that the stability and robustness of specific physical mechanisms of morphogenesis will likely have a strong dependence on the viscoelasticity of the tissue.

Here, for the stage of embryogenesis we consider (stage 16), we can assume small strains; hence we modelled the tissue as a linear Kelvin–Voigt viscoelastic material. However, we emphasize that the formulation we propose along with the finite element method we employ do accommodate for the pure elastic case and also for material constants close to the incompressibility limit. This is tested in the following simple example where we choose the parameters  $\mu=0.288$ ,  $\lambda=0.5$ ,  $T_0=250$ , and take a higher Poisson ratio ( $\nu=0.4999$ ) with or without shear-bulk viscosities. The results are visualised in Figure 4.1. They need to be compared with the base-line case shown in Figure 3.3 (bottom left panel). Both panels use  $\nu=0.4999$  (which corresponds to the slightly higher  $\beta_1^{\rm in}=8.47$ , since  $\beta_1$  is proportional to the Poisson ratio). The left panel shows the behaviour when maintaining the base-line viscoelastic parameters. The displacement and pressure exhibit an initial peak and then return to a plateau phase. On the right panel we focus on the case with  $\tilde{\alpha}_1=\tilde{\alpha}_2=0$  (on both neuroepithelium and epidermis regions). Both calcium and the percentage of open IPR are quite similar to the base-line case. As in the left panel, both the Hermann pressure and the displacement exhibit an initial peak followed by an undershoot and then reach a plateau phase. However, the displacement magnitude is much lower than in the viscoelastic case (in the base-line case, both mechanical fields were increasing monotonically).

We also note that in order to properly capture other stages of NTC, we would require a large-strain viscoelasticity framework in combination with a remodelling approach. This constitutes a direction for future research.

#### **CONFLICT OF INTEREST STATEMENT**

- 267 The authors declare that the research was conducted in the absence of any commercial or financial
- 268 relationships that could be construed as a potential conflict of interest.

#### **AUTHOR CONTRIBUTIONS**

- 269 All authors were involved in the conceptualisation and design of the mathematical model, the computational
- 270 implementation, and in the analysis and interpretation of results. All authors have read, revised and approved
- 271 the final manuscript.

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