## THE BIOT-STOKES COUPLING USING TOTAL PRESSURE: FORMULATION, ANALYSIS AND APPLICATION TO INTERFACIAL FLOW IN THE EYE\*

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Abstract. We consider a multiphysics model for the flow of Newtonian fluid coupled with Biot consolidation equations through an interface, and incorporating total pressure as an unknown in the poroelastic region. A new mixed-primal finite element scheme is proposed solving for the pairs fluid velocity - pressure and displacement - total poroelastic pressure using Stokes-stable elements, and where the formulation does not require Lagrange multipliers to set up the usual transmission conditions on the interface. The stability and well-posedness of the continuous and semi-discrete problems are analysed in detail. Our numerical study is framed in the context of different interfacial flow regimes in Cartesian and axisymmetric coordinates that could eventually help describe early morphologic changes associated with glaucoma development in canine species.

**Key words.** Porous media flow; Biot consolidation; total pressure; transmission problem; mixed finite element methods; eye fluid poromechanics.

AMS subject classifications. 65M60, 65M12, 76S05, 74F10, 92C35.

1. Introduction. Poroelastic structures are found in many applications of industrial and scientific relevance. Examples include the interaction between soft permeable tissue and blood flow, or the study of the spatial growth of biofilm in fluids. When the interaction with a free fluid is considered, the mechanics of the fluid and poroelastic domains are coupled through balance of forces and continuity conditions that adopt diverse forms depending on the expected behaviour in the specific application (see, e.g., [23, 46–48] and the references therein). The particular problem we consider in this paper as motivation for the design of the finite element formulation is the interfacial flow of aqueous humour between the anterior chamber and the trabecular meshwork (which is a deformable porous structure) in the eye, and how such phenomenon relates to early stages of glaucoma.

Glaucoma encompasses a group of mechanisms that lead to decreased retinal function, impaired visual fields and blindness. The main risk factor for glaucoma in canines is an abnormal increase in the intraocular pressure (which under physiologically normal conditions is balanced between aqueous humour production and outflow to the venous drainage system [29]). We are interested in modelling the flow behaviour of aqueous humour within the anterior chamber and its interaction with the poroelastic properties of particular compartments in the drainage outlet located between the base of the iris and the limbus, which, in the dog eye and most other non-primate species consists of an array of thin tissue columns (pectinate ligaments) [42] which mark the boundary of the trabecular meshwork with the anterior chamber. Sketches of the regions of interest are depicted in Figure 1.1. Our focus is on how the physical changes associated with pectinate ligament dysplasia, a change seen in all dogs with primary angle closure glaucoma, affect aqueous humour flow through this boundary.

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Fig. 1.1. Histology sketches of regions of interest (left, centre), and ultrasound image taken from data (right).

The flow within the anterior chamber will be modelled by Navier-Stokes and Stokes' law for Newtonian fluids, whereas the filtration of aqueous humour through the deformable trabecular meshwork and towards the angular aqueous plexus will be described by Darcy's law. Pressure differences are generated by production (from the ciliary muscle) and drainage (to angular aqueous plexus and then linked to the veins at the surface of the sclera through collecting channels) of aqueous humour.

Other effects that could contribute to modification of the flow patterns and that we do not consider here, are thermal properties (buoyancy mechanisms due to temperature gradients from inner to outer cornea) [9], cross-link interaction between fibrils in the cornea [27], pressure changes due to phacodonesis (vibration of the lens while the head or eye itself moves) and Rapid Eye Movement during sleep [26], and nonlinear flow conditions in the filtration region (incorporated in [34] through Darcy-Forchheimer models).

In contrast with [22,25,39,49], here we consider that the coalescing of the pectinate ligaments results in marked changes in porosity properties of the anterior chamber - trabecular meshwork interface, which could eventually lead to progressive collapse of the ciliary cleft. We further postulate that these modifications of the tissue's microstructure could be induced by forces exerted by the flow that concentrate at the interface between the dysplastic pectinate ligament and the anterior chamber, and which occur over a timescale much larger than that of the ocular pulsating flow. In fact, evidence of the compliance of the trabecular meshwork can be found in, e.g., [32]. One of the earliest modelling works including a coupling between aqueous humour in the anterior chamber with complying structures is presented in [30], where mechanical properties of the bovine iris were employed to set an elastic interface to represent blinking. Other fluid-structure interaction models have been recently developed in [51], suggesting that flow conditions in the trabecular meshwork and Schlemm's canal could be largely affected by the changes of permeability in microstructure, and [2], where poroelastic properties of the choroid and viscoelastic response of the vitreous body are used to set up a more complete 3D model of larger scale that discards a dedicated physiological description of the trabecular meshwork and considers instead a windkessel model.

In the general context of single phase fluid / poromechanical coupling, there are already a variety of finite element formulations starting from the work [40], which focuses on the effects of secondary consolidation. More recently, partitioned finite element formulations using domain decomposition and or Nitsche's approach for single and double poroelastic layers in contact with a single phase fluid can be found in [14, 15, 36]. In addition, the analysis of Lagrange-multiplier approaches for monolithic couplings has been addressed in [5, 17, 18] (see also [4] for the extension to the case of non-Newtonian fluids), and ghost penalty methods have been employed for cut FEM methods valid in the regime of large deformations, in [1].

Here, and drawing inspiration from the formulation in [5] and [24, 37, 41], we rewrite the poroelasticity equations using three fields (displacement, fluid pressure and total pressure), and note that since fluid pressure in the poroelastic domain has sufficient regularity, we do not require a

Lagrange multiplier to enforce the coupling conditions. Under adequate assumptions, the analysis of the (time continuous) semidiscrete formulation is carried out using the well-established theory of differential algebraic equations (see, e.g., [13]) and using similar results to those obtained in [5,50]. A conforming mixed finite element scheme of order  $k \geq 2$  is used. In addition, a harmonic extension operator is used to deform the fluid domain. Another advantage of the present approach, inherited from [41] is that the formulation is free of poroelastic locking, meaning that it is robust with respect to the modulus of dilation of the poroelastic structure and with respect to permeability, which is of particular importance when we test variations of the flow response to changes in the material properties of the skeleton and when the solid approaches the incompressibility limit. The present work also stands as an extension of the formulation recently employed in [47] (where only the case of intrinsic incompressible constituent in the poroelastic region were considered) to obtain approximate solutions for heterogeneous poroelasticity coupled with Stokes flow in channels (and using also heterogeneous elastic moduli); while the PDE analysis, numerical aspects, and applicability of the formalism to more realistic scenarios have not yet been addressed.

We have organised the contents of this paper in the following manner. Section 2 outlines the model problem, motivating each term in the balance equations and stating the interfacial and boundary conditions. Section 3 states the variational form of the governing equations in Cartesian and axisymmetric coordinates. Then, in Section 4, we address the construction of the finite element scheme, the well-posedness of the continuous and discrete problems, the stability of the fully discrete system in matrix form. Section 5 states the fully-discrete scheme and presents the error estimates. In Section 6 we collect computational results consisting in verification of spatio-temporal convergence and analysis of different cases on simplified and more physiologically accurate geometries. We close with a summary, some remarks and model generalisations in Section 7.

2. Governing equations. Let us consider a spatial domain  $\Omega \subset \mathbb{R}^d$ , d=2,3 disjointly split into  $\Omega_F$  and  $\Omega_P$  representing, respectively, the regions where a chamber filled with incompressible fluid and the deformable porous structure are located. We will denote by n the unit normal vector on the boundary  $\partial\Omega$ , and by  $\Sigma = \Omega_F \cap \Omega_P$  the interface between the two subdomains. We also define the boundaries  $\Gamma_F = \partial\Omega_F \setminus \Sigma$  and  $\Gamma_P = \partial\Omega_P \setminus \Sigma$ , and adopt the convention that on  $\Sigma$  the normal vector points from  $\Omega_F$  to  $\Omega_P$ . See a rough sketch in Figure 2.1, that represents the geometry of the anterior segment in the eye distinguishing between the anterior chamber  $\Omega_F$  and the trabecular meshwork  $\Omega_P$ . The domain is sketched as an axisymmetric region, for which more specific properties will be listed later on.

In presenting the set of governing equations for the coupled fluid - poroelastic system we first focus on the fluid domain, then on the poroelastic domain and, finally, on the initial, boundary and interfacial conditions.

**2.1. Fluid domain.** In the fluid domain  $\Omega_F$ , the problem is governed by the momentum and mass conservation equations. Defining the fluid velocity  $\boldsymbol{u}$  and the fluid pressure  $p_F$ , the resulting system is written as

$$\rho_f(\partial_t \boldsymbol{u} + \boldsymbol{u} \cdot \nabla \boldsymbol{u}) - \operatorname{div}[2\mu_f \boldsymbol{\epsilon}(\boldsymbol{u}) - p_F \mathbf{I}] = \rho_f \boldsymbol{g} \qquad \text{in } \Omega_F \times (0, T], \tag{2.1a}$$

$$\operatorname{div} \mathbf{u} = 0 \qquad \qquad \operatorname{in} \Omega_F \times (0, T], \qquad (2.1b)$$

where  $\rho_f, \mu_f$  are the density and dynamic viscosity of the fluid (e.g. the aqueous humour if we think to the application for the filtration in the eye and thus  $\Omega_F$  is the anterior chamber),  $\boldsymbol{g}$  is the gravity acceleration,  $\boldsymbol{\epsilon}(\boldsymbol{u}) = \frac{1}{2}(\nabla \boldsymbol{u} + \nabla \boldsymbol{u}^{\mathsf{t}})$  is the strain rate tensor and  $\partial_t$  indicates derivatives with respect to time. Note that for the stability analysis we will restrict the fluid model to Stokes' equations.

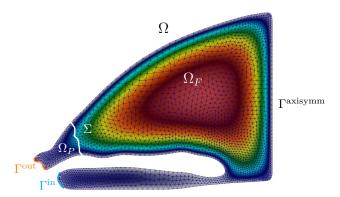


Fig. 2.1. Schematic diagram of multidomain configuration on a segmented and meshed geometry, including the location of boundaries and interface. The inlet region  $\Gamma^{\rm in}$  and the symmetry axis  $\Gamma^{\rm axisymm}$  are part of the boundary  $\Gamma_F^{\boldsymbol{u}}$ , whereas the outlet region  $\Gamma^{\text{out}}$  is part of the boundary  $\Gamma_P^{\boldsymbol{d}}$ .

**2.2.** Poroelastic domain. The poroelastic domain  $\Omega_P$  is a biphasic material constituted by a linear elastic solid phase (potentially intrinsically compressible) and an intrinsically incompressible fluid phase. In the context of the eye poromechanics, the trabecular meshwork region occupying  $\Omega_P$ is constituted by three distinctive tissues, the uveal meshwork, the juxtacanalicular meshwork, and the corneoscleral network; they have different micromechanical properties that, from our modelling perspective, can be regarded as a single poroelastic domain with heterogeneous porosity distribution that, in turn, means possible heterogeneity in the material properties. In addition, we anticipate that, although the fluid viscosity is relevant at the scale of the pore, we assume that the fluid can be treated as inviscid at the macroscale. Calling  $p_P$  the fluid pressure and d the solid displacement, here we introduce the formulation that assumes pressure and displacement as primary variables as presented, for example, in [21]

$$\partial_t \left( C_0 p_P + \alpha \operatorname{div} \mathbf{d} \right) - \operatorname{div} \left( \frac{\kappa}{\mu_f} (\nabla p_P - \rho_f \mathbf{g}) \right) = 0 \qquad \text{in } \Omega_P \times (0, T],$$

$$- \operatorname{div} [2\mu_s \boldsymbol{\epsilon}(\mathbf{d}) + \lambda \left( \operatorname{div} \mathbf{d} \right) \mathbf{I} - \alpha p_P \mathbf{I}] = \rho_m \mathbf{f} \qquad \text{in } \Omega_P \times (0, T].$$
(2.2a)

$$-\operatorname{div}[2\mu_s \boldsymbol{\epsilon}(\boldsymbol{d}) + \lambda (\operatorname{div} \boldsymbol{d}) \mathbf{I} - \alpha p_P \mathbf{I}] = \rho_m \boldsymbol{f} \qquad \text{in } \Omega_P \times (0, T]. \tag{2.2b}$$

The first equation can be derived from the conservation of mass for the fluid phase once employing the Darcy's law and the the relation between fluid content - pressure - hydrostatic deformation of the solid phase. The storage capacity  $C_0$  is related to the intrinsic compressibility of the solid phase, while  $\kappa$  is the permeability (assumed isotropic but heterogeneous). The second equation is the conservation of the momentum for the mixture, where f is a (possibly fluid pressure-dependent) body load,  $\epsilon(d) = \frac{1}{2}(\nabla d + \nabla d^{t})$  is the infinitesimal strain tensor,  $\rho_s$  is the density of the porous matrix and  $\rho_m$  is the average density of the poroelastic body,  $\lambda, \mu_s$  are the Lamé constants of the solid; the term in the divergence in the left-hand side of (2.2b) is known as the effective stress or Terzaghi stress and the parameter  $\alpha$ , also known as Biot-Willis poroelastic coefficient, depends on the intrinsic compressibility of the solid phase ( $\alpha = 1$  when the solid phase is intrinsically incompressible). We refer an interested reader to [21] or [20] for further details.

For sake of robustness of the formulation, we introduce the total pressure  $\varphi := \alpha p_P - \lambda \operatorname{div} \mathbf{d}$ , as an additional unknown in the system (following [37,41]), and rewrite the pressure-displacement formulation in (2.2) in term of the solid displacement d, the fluid pressure  $p_P$ , and the total pressure  $\varphi$ , as

$$-\operatorname{div}[2\mu_s \boldsymbol{\epsilon}(\boldsymbol{d}) - \varphi \mathbf{I}] = \rho_m \boldsymbol{f} \qquad \text{in } \Omega_P \times (0, T], \qquad (2.3a)$$

$$\varphi - \alpha p_P + \lambda \operatorname{div} \mathbf{d} = 0$$
 in  $\Omega_P \times (0, T],$  (2.3b)

$$\left(C_0 + \frac{\alpha^2}{\lambda}\right)\partial_t p_P - \frac{\alpha}{\lambda}\partial_t \varphi - \operatorname{div}\left(\frac{\kappa}{\mu_f}(\nabla p_P - \rho_f \boldsymbol{g})\right) = 0 \qquad \text{in } \Omega_P \times (0, T].$$
(2.3c)

In contrast with the formulations in [5, 14], here we do not employ the fluid velocity in the porous domain as a separate unknown. Consistently with [38], in the framework of linear poroelasticity, the permeability depends on the pressure and the displacement fields only at higher orders; however, it can be heterogeneous, with a spatial distribution dependent, for example, on an initial porosity distribution. We thus simply write

$$\kappa = \kappa(\boldsymbol{x}). \tag{2.4}$$

Likewise, it is also possible to assume heterogeneity of the Lamé constants, as in [47]. In such a case, we need to assume that there exist constants  $\lambda_{\min}$  and  $\lambda_{\max}$  such that  $0 < \lambda_{\min} \le \lambda \le \lambda_{\max} < \infty$ . In the analysis we show that the estimates are independent of  $\lambda_{\text{max}}$ , i.e., the results are uniform in the almost incompressible limit, even for the heterogeneous case.

2.3. Initial, boundary and transmission conditions. To close the system composed by (2.1a), (2.1b), (2.2b), (2.2a), we need to provide suitable initial data, boundary conditions, and adequate transmission assumptions. Without losing generality, we suppose that

$$\mathbf{u}(0) = \mathbf{u}_0, \quad p_P(0) = p_{P,0} \quad \text{in } \Omega \times \{0\},$$
 (2.5)

while for the rest of the variables we will construct compatible initial data. In particular, and for sake of the energy estimates to be addressed in Section 4.2, we will require initial displacement and an initial total pressure (which in turn is computed from the initial displacement and the initial fluid pressure).

On the boundary  $\Gamma_F$  of the fluid domain we can apply conditions on either the velocity, or the stress tensor; we thus decomposed it between  $\Gamma_F^u$  and  $\Gamma_F^\sigma$  where we impose, respectively, no slip velocities and zero normal total stresses as

$$\mathbf{u} = \mathbf{0}$$
 on  $\Gamma_F^{\mathbf{u}} \times (0, T]$ , (2.6a)

$$[2\mu_f \boldsymbol{\epsilon}(\boldsymbol{u}) - p_F \mathbf{I}] \boldsymbol{n} = \mathbf{0} \qquad \text{on } \Gamma_F^{\boldsymbol{\sigma}} \times (0, T]. \tag{2.6b}$$

Similarly, on the boundary  $\Gamma_P$  of the poroelastic domain we can prescribe conditions on either the displacement or the traction and either the pressure or the fluid flux  $\mathbf{q} = -\frac{\kappa}{\mu_f} (\nabla p_P - \rho_f \mathbf{g})$ . We thus divide the boundary into  $\Gamma_P^p$  and  $\Gamma_P^d$  where we apply, respectively,

$$\mathbf{d} = \mathbf{0}$$
 and  $\frac{\kappa}{\mu_f} (\nabla p_P - \rho_f \mathbf{g}) \cdot \mathbf{n} = 0$  on  $\Gamma_P^{\mathbf{d}} \times (0, T]$ , (2.7a)

$$[2\mu_s \boldsymbol{\epsilon}(\boldsymbol{d}) - \varphi \mathbf{I}] \boldsymbol{n} = \mathbf{0}$$
 and  $p_P = 0$  on  $\Gamma_P^{p_P} \times (0, T]$ . (2.7b)

Next, and following [14], we consider transmission conditions on  $\Sigma$  accounting for the continuity of normal fluxes, momentum conservation, balance of fluid normal stresses, and the so-called Beavers-Joseph-Saffman (BJS) condition for tangential fluid forces

$$\boldsymbol{u} \cdot \boldsymbol{n} = \left(\partial_t \boldsymbol{d} - \frac{\kappa}{\mu_f} (\nabla p_P - \rho_f \boldsymbol{g})\right) \cdot \boldsymbol{n}$$
 on  $\Sigma \times (0, T]$ , (2.8a)

$$(2\mu_f \boldsymbol{\epsilon}(\boldsymbol{u}) - p_F \mathbf{I})\boldsymbol{n} = (2\mu_s \boldsymbol{\epsilon}(\boldsymbol{d}) - \varphi \mathbf{I})\boldsymbol{n}$$
 on  $\Sigma \times (0, T],$  (2.8b)

$$-\boldsymbol{n} \cdot (2\mu_f \boldsymbol{\epsilon}(\boldsymbol{u}) - p_F \mathbf{I}) \boldsymbol{n} = \tilde{\alpha} p_P \qquad \text{on } \Sigma \times (0, T], \qquad (2.8c)$$

$$-\boldsymbol{n} \cdot (2\mu_f \boldsymbol{\epsilon}(\boldsymbol{u}) - p_F \mathbf{I}) \boldsymbol{n} = \tilde{\alpha} p_P \qquad \text{on } \Sigma \times (0, T], \qquad (2.8c)$$
$$-\boldsymbol{t}^j \cdot (2\mu_f \boldsymbol{\epsilon}(\boldsymbol{u}) - p_F \mathbf{I}) \boldsymbol{n} = \frac{\gamma \mu_f}{\sqrt{\kappa}} (\boldsymbol{u} - \partial_t \boldsymbol{d}) \cdot \boldsymbol{t}^j, \quad 1 \le j \le d - 1 \qquad \text{on } \Sigma \times (0, T], \qquad (2.8d)$$

where  $\gamma > 0$  is the slip rate coefficient (or tangential resistance parameter), and we recall that the normal  $\boldsymbol{n}$  on the interface is understood as pointing from the fluid domain  $\Omega_F$  towards the porous structure  $\Omega_P$ , while  $\boldsymbol{t}^1$  stands for the tangent vector on  $\Sigma$  (for the case of d=2, while for 3D  $\boldsymbol{t}^1, \boldsymbol{t}^2$  represent the two tangent vectors on the interface, normal to  $\boldsymbol{n}$ ). Note that in [14, 17] the coefficient  $\tilde{\alpha}$  is simply 1 but this depends on the interpretation of the condition of balance of normal components of the stress in the fluid phase. More extensive discussions on different interface conditions for this kind of problems can be found in [40, 45, 46].

- 3. Weak formulation. Apart from the nomenclature introduced at the beginning of the section, conventional notation will be adopted throughout the paper. For Lipschitz domains  $\Xi$  in  $\mathbb{R}^d$ , and for  $s \in \mathbb{N}$ ,  $k \in \mathbb{N} \cup \infty$  we denote by  $W^{k,s}(\Xi)$  the space of all  $L^s(\Xi)$  integrable functions with weak derivatives up to order s being also  $L^s(\Xi)$  integrable. As usual, for the special case of s = 2 we write  $H^s(\Xi) := W^{k,2}(\Xi)$  and use boldfaces to refer to vector-valued functions and function spaces, e.g.,  $H^s(\Xi) := [H^s(\Xi)]^d$ . We will further utilise the Bochner space-time norms, for a separable Banach space V and  $f: (0,T) \to V$ ,  $||f||^2_{L^2(0,T;V)} := \int_0^T ||f(t)||^2_V dt$  and  $||f||_{L^\infty(0,T;V)} := \underset{t \in (0,T)}{\operatorname{ess sup}} ||f(t)||_V$ . By C we will denote generic constants that are independent of the mesh size.
- **3.1. Cartesian case.** The initial step in deriving the finite element scheme consists in stating a weak form for (2.1a)-(2.3c). We proceed to test these equations against suitable smooth functions and to integrate over the corresponding subdomain. After applying integration by parts wherever adequate, we formally end up with the following remainder on the interface

$$I_{\Sigma} = -\langle (2\mu_f \boldsymbol{\epsilon}(\boldsymbol{u}) - p_F \mathbf{I}) \boldsymbol{n}, \boldsymbol{v} \rangle_{\Sigma} + \langle (2\mu_s \boldsymbol{\epsilon}(\boldsymbol{d}) - \varphi \mathbf{I}) \boldsymbol{n}, \boldsymbol{w} \rangle_{\Sigma} + \langle \frac{\kappa}{\mu_f} \nabla p_P \cdot \boldsymbol{n}, q_P \rangle_{\Sigma},$$

where  $\langle \cdot, \cdot \rangle_{\Sigma}$  denotes the pairing between the trace functional space space  $H^{1/2}(\Sigma)$  and its dual  $H^{-1/2}(\Sigma)$ . Then, as in, e.g., [33], we proceed to use each of the transmission conditions (2.8a)-(2.8d), yielding the expression

$$I_{\Sigma} = \langle \tilde{\alpha} p_P, (\boldsymbol{v} - \boldsymbol{w}) \cdot \boldsymbol{n} \rangle_{\Sigma} + \sum_{j=1}^{d-1} \langle \frac{\gamma \mu_f}{\sqrt{\kappa}} (\boldsymbol{u} - \partial_t \boldsymbol{d}) \cdot \boldsymbol{t}^j, (\boldsymbol{v} - \boldsymbol{w}) \cdot \boldsymbol{t}^j \rangle_{\Sigma} - \langle (\boldsymbol{u} - \partial_t \boldsymbol{d}) \cdot \boldsymbol{n}, q_P \rangle_{\Sigma}.$$

This interfacial term is well-defined because of the regularity of the entities involved, and this implies that we do not require additional Lagrange multipliers to realise the coupling conditions; much in the same way as in the rotation-based formulation for poroelasticity-elasticity coupling studied in [6]. Also, in view of the boundary conditions we define the Hilbert spaces

$$\mathbf{H}_{\star}^{1}(\Omega_{F}) = \{ \boldsymbol{v} \in \mathbf{H}^{1}(\Omega_{F}) : \boldsymbol{v}|_{\Gamma_{F}^{\boldsymbol{u}}} = \mathbf{0} \}, \quad \mathbf{H}_{\star}^{1}(\Omega_{P}) = \{ \boldsymbol{w} \in \mathbf{H}^{1}(\Omega_{P}) : \boldsymbol{w}|_{\Gamma_{P}^{\boldsymbol{d}}} = \mathbf{0} \},$$
$$H_{\star}^{1}(\Omega_{P}) = \{ q_{P} \in H^{1}(\Omega_{P}) : q_{P}|_{\Gamma_{P}^{\boldsymbol{v}_{P}}} = 0 \},$$

associated with the classical norms in  $\mathbf{H}^1(\Omega_F)$ ,  $\mathbf{H}^1(\Omega_P)$ , and  $H^1(\Omega_P)$ , respectively. Consequently we have the following mixed variational form: For  $t \in [0,T]$ , find  $\mathbf{u} \in \mathbf{H}^1_{\star}(\Omega_F)$ ,  $p_F \in L^2(\Omega_F)$ ,  $\mathbf{d} \in \mathbf{H}^1_{\star}(\Omega_P)$ ,  $p_P \in H^1_{\star}(\Omega_P)$ ,  $\varphi \in L^2(\Omega_P)$ , such that

$$a_1^F(\partial_t \boldsymbol{u}, \boldsymbol{v}) + a_2^F(\boldsymbol{u}, \boldsymbol{v}) + c^F(\boldsymbol{u}, \boldsymbol{u}; \boldsymbol{v}) + b_1^F(\boldsymbol{v}, p_F)$$

$$+ \tilde{\alpha}b_2^{\Sigma}(\boldsymbol{v}, p_P) + b_3^{\Sigma}(\boldsymbol{v}, \partial_t \boldsymbol{d}) = F^F(\boldsymbol{v}) \qquad \forall \boldsymbol{v} \in \mathbf{H}_{\star}^1(\Omega_F),$$
(3.1a)

$$-b_1^F(\boldsymbol{u}, q_F) = 0 \qquad \forall q_F \in L^2(\Omega_F), \qquad (3.1b)$$

$$b_3^{\Sigma}(\boldsymbol{u}, \boldsymbol{w}) + \tilde{\alpha}b_4^{\Sigma}(\boldsymbol{w}, p_P) + a_1^{P}(\boldsymbol{d}, \boldsymbol{w}) + a_2^{\Sigma}(\partial_t \boldsymbol{d}, \boldsymbol{w}) + b_1^{P}(\boldsymbol{w}, \varphi) = F^{P}(\boldsymbol{w}) \qquad \forall \boldsymbol{w} \in \mathbf{H}_{\star}^{1}(\Omega_P),$$
(3.1c)

$$-b_{2}^{\Sigma}(\boldsymbol{u},q_{P}) - b_{4}^{\Sigma}(\partial_{t}\boldsymbol{d},q_{P}) + a_{3}^{P}(\partial_{t}p_{P},q_{P}) + a_{4}^{P}(p_{P},q_{P}) - b_{2}^{P}(\partial_{t}\varphi,q_{P}) = G(q_{P}) \qquad \forall q_{P} \in H_{\star}^{1}(\Omega_{P}),$$
(3.1d)  
$$-b_{1}^{P}(\boldsymbol{d},\psi) - b_{2}^{P}(\psi,p_{P}) + a_{5}^{P}(\varphi,\psi) = 0 \qquad \forall \psi \in L^{2}(\Omega_{P}),$$
(3.1e)

where the variational forms and linear functionals are defined as

$$a_{1}^{F}(\boldsymbol{u},\boldsymbol{v}) = \rho_{f} \int_{\Omega_{F}} \boldsymbol{u} \cdot \boldsymbol{v}, \quad a_{2}^{F}(\boldsymbol{u},\boldsymbol{v}) = 2\mu_{f} \int_{\Omega_{F}} \boldsymbol{\epsilon}(\boldsymbol{u}) : \boldsymbol{\epsilon}(\boldsymbol{v}) + \sum_{j=1}^{d-1} \langle \frac{\gamma\mu_{f}}{\sqrt{\kappa}} \boldsymbol{u} \cdot \boldsymbol{t}^{j}, \boldsymbol{v} \cdot \boldsymbol{t}^{j} \rangle_{\Sigma},$$

$$c^{F}(\boldsymbol{u},\boldsymbol{w};\boldsymbol{v}) = \rho_{f} \int_{\Omega_{F}} (\boldsymbol{u} \cdot \nabla \boldsymbol{w}) \cdot \boldsymbol{v}, \quad b_{1}^{F}(\boldsymbol{v},q_{F}) = -\int_{\Omega_{F}} q_{F} \operatorname{div} \boldsymbol{v}, \quad b_{1}^{P}(\boldsymbol{w},\psi) = -\int_{\Omega_{P}} \psi \operatorname{div} \boldsymbol{w},$$

$$b_{2}^{\Sigma}(\boldsymbol{v},q_{P}) = \langle q_{P},\boldsymbol{v} \cdot \boldsymbol{n} \rangle_{\Sigma}, \quad b_{3}^{\Sigma}(\boldsymbol{v},\boldsymbol{w}) = -\sum_{j=1}^{d-1} \langle \frac{\gamma\mu_{f}}{\sqrt{\kappa}} \boldsymbol{v} \cdot \boldsymbol{t}^{j}, \boldsymbol{w} \cdot \boldsymbol{t}^{j} \rangle_{\Sigma}, \quad b_{4}^{\Sigma}(\boldsymbol{w},q_{P}) = -\langle q_{P},\boldsymbol{w} \cdot \boldsymbol{n} \rangle_{\Sigma},$$

$$a_{1}^{P}(\boldsymbol{d},\boldsymbol{w}) = 2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{w}), \quad a_{2}^{\Sigma}(\boldsymbol{d},\boldsymbol{w}) = \sum_{j=1}^{d-1} \langle \frac{\gamma\mu_{f}}{\sqrt{\kappa}} \boldsymbol{d} \cdot \boldsymbol{t}^{j}, \boldsymbol{w} \cdot \boldsymbol{t}^{j} \rangle_{\Sigma},$$

$$a_{1}^{P}(\boldsymbol{d},\boldsymbol{w}) = 2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{w}), \quad a_{2}^{\Sigma}(\boldsymbol{d},\boldsymbol{w}) = \sum_{j=1}^{d-1} \langle \frac{\gamma\mu_{f}}{\sqrt{\kappa}} \boldsymbol{d} \cdot \boldsymbol{t}^{j}, \boldsymbol{w} \cdot \boldsymbol{t}^{j} \rangle_{\Sigma},$$

$$a_{1}^{P}(\boldsymbol{d},\boldsymbol{w}) = 2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{w}), \quad a_{2}^{\Sigma}(\boldsymbol{d},\boldsymbol{w}) = \sum_{j=1}^{d-1} \langle \frac{\gamma\mu_{f}}{\sqrt{\kappa}} \boldsymbol{d} \cdot \boldsymbol{t}^{j}, \boldsymbol{w} \cdot \boldsymbol{t}^{j} \rangle_{\Sigma},$$

$$a_{1}^{P}(\boldsymbol{d},\boldsymbol{w}) = 2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{w}), \quad a_{2}^{\Sigma}(\boldsymbol{d},\boldsymbol{w}) = \sum_{j=1}^{d-1} \langle \frac{\gamma\mu_{f}}{\sqrt{\kappa}} \boldsymbol{d} \cdot \boldsymbol{t}^{j}, \boldsymbol{w} \cdot \boldsymbol{t}^{j} \rangle_{\Sigma},$$

$$a_{1}^{P}(\boldsymbol{d},\boldsymbol{w}) = 2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{w}), \quad a_{2}^{\Sigma}(\boldsymbol{d},\boldsymbol{w}) = \sum_{j=1}^{d-1} \langle \frac{\gamma\mu_{f}}{\sqrt{\kappa}} \boldsymbol{d} \cdot \boldsymbol{t}^{j}, \boldsymbol{w} \cdot \boldsymbol{t}^{j} \rangle_{\Sigma},$$

$$a_{1}^{P}(\boldsymbol{d},\boldsymbol{w}) = 2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{w}), \quad a_{2}^{P}(\boldsymbol{d},\boldsymbol{w}) = \sum_{j=1}^{d-1} \langle \frac{\gamma\mu_{f}}{\sqrt{\kappa}} \boldsymbol{d} \cdot \boldsymbol{t}^{j}, \boldsymbol{w} \cdot \boldsymbol{t}^{j} \rangle_{\Sigma},$$

$$a_{1}^{P}(\boldsymbol{d},\boldsymbol{w}) = 2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{d},\boldsymbol{w}) = \sum_{j=1}^{d-1} \langle \frac{\gamma\mu_{f}}{\sqrt{\kappa}} \boldsymbol{d} \cdot \boldsymbol{t}^{j}, \boldsymbol{w} \cdot \boldsymbol{t}^{j} \rangle_{\Sigma},$$

$$a_{2}^{P}(\boldsymbol{d},\boldsymbol{w}) = 2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{d},\boldsymbol{w}) = \sum_{j=1}^{d-1} \langle \frac{\gamma\mu_{f}}{\sqrt{\kappa}} \boldsymbol{d} \cdot \boldsymbol{t}^{j}, \boldsymbol{k} \cdot \boldsymbol{t}^{j} \rangle_{\Sigma},$$

$$b_{2}^{P}(\boldsymbol{d},\boldsymbol{q}) = \frac{\alpha}{\lambda} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d},\boldsymbol{q}) : \boldsymbol{\epsilon}(\boldsymbol{d},\boldsymbol{q}) = \sum_{j=1}^{d-1} \langle \boldsymbol{\epsilon}(\boldsymbol{d},\boldsymbol{m}) = \sum_{j=1}^{d-1} \langle \boldsymbol{\epsilon}(\boldsymbol{d},\boldsymbol{m}) = \sum_{j=1}^{d-1} \langle \boldsymbol$$

3.2. Axisymmetric case. For the specific application of interfacial flow in the eye, the radial symmetry of the domain and of the flow conditions could be better represented using axisymmetric formulations as in [7, 22, 39]. Then, the domain as well as the expected flow properties are all symmetric with respect to the axis of symmetry  $\Gamma^{\text{axisymm}}$ . The model equations can be written in the meridional domain  $\Omega$  (making abuse of notation, and referring to Figure 2.1). In such a setting the fluid velocity and solid displacement only possess radial and vertical components and we recall that the divergence operator of the generic vector field  $\boldsymbol{v}$  in axisymmetric coordinates (in radial and height variables r, z) is

$$\operatorname{div}_{\mathbf{a}} \boldsymbol{v} := \partial_z v_z + \frac{1}{r} \partial_r (r v_r),$$

while the notation of the gradient coincides with that in Cartesian coordinates. The variational formulation (3.1) adopts the following modifications (again making abuse of notation, the unknowns are denoted the same as in the Cartesian case): Find  $\mathbf{u} \in \widehat{\mathbf{V}}$ ,  $p_F \in \widehat{\mathbf{Q}}^F$ ,  $\mathbf{d} \in \widehat{\mathbf{W}}$ ,  $p_P \in \widehat{\mathbf{Q}}^P$ ,  $\varphi \in \widehat{\mathbf{Z}}$ , such that

$$\rho_{f} \int_{\Omega_{F}} \partial_{t} \boldsymbol{u} \cdot \boldsymbol{v} \, r \, dr \, dz + 2\mu_{f} \int_{\Omega_{F}} \boldsymbol{\epsilon}(\boldsymbol{u}) : \boldsymbol{\epsilon}(\boldsymbol{v}) r \, dr \, dz + 2\mu_{f} \int_{\Omega_{F}} \frac{1}{r} u_{r} v_{r} \, dr \, dz - \int_{\Omega_{F}} p_{F} \operatorname{div}_{\mathbf{a}} \boldsymbol{v} \, r \, dr \, dz \\
+ \int_{\Sigma} \frac{\gamma \mu_{f}}{\sqrt{\kappa}} (\boldsymbol{u} - \partial_{t} \boldsymbol{d}) \cdot \boldsymbol{t} \boldsymbol{v} \cdot \boldsymbol{t} r \, dr \, dz + \tilde{\alpha} \int_{\Sigma} p_{F} \boldsymbol{v} \cdot \boldsymbol{n} r \, dr \, dz = \rho_{f} \int_{\Omega_{F}} \boldsymbol{g} \cdot \boldsymbol{v} r \, dr \, dz \quad \forall \boldsymbol{v} \in \widehat{\mathbf{V}}, \qquad (3.3a) \\
- \int_{\Omega_{F}} q_{F} \operatorname{div}_{\mathbf{a}} \boldsymbol{u} \, r \, dr \, dz = 0 \qquad \forall q_{F} \in \widehat{\mathbf{Q}}^{F}, \qquad (3.3b) \\
2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d}) : \boldsymbol{\epsilon}(\boldsymbol{w}) \, r \, dr \, dz + 2\mu_{s} \int_{\Omega_{P}} \frac{1}{r} d_{r} w_{r} \, dr \, dz - \int_{\Sigma} \frac{\gamma \mu_{f}}{\sqrt{\kappa}} (\boldsymbol{u} - \partial_{t} \boldsymbol{d}) \cdot \boldsymbol{t} \boldsymbol{w} \cdot \boldsymbol{t} r \, dr \, dz \\
- \int_{\Omega_{P}} \varphi \operatorname{div}_{\mathbf{a}} \boldsymbol{w} \, r \, dr \, dz - \tilde{\alpha} \int_{\Sigma} p_{P} \boldsymbol{w} \cdot \boldsymbol{n} \, dr \, dz = \rho_{s} \int_{\Omega_{P}} \boldsymbol{f} \cdot \boldsymbol{w} \, r \, dr \, dz \qquad \forall \boldsymbol{w} \in \widehat{\mathbf{W}}, \qquad (3.3c)$$

$$\left(C_{0} + \frac{\alpha^{2}}{\lambda}\right) \int_{\Omega_{P}} \partial_{t} p_{P} q_{P} r \, dr \, dz + \int_{\Omega_{P}} \frac{\kappa}{\mu_{f}} \nabla p_{P} \cdot \nabla q_{P} r \, dr \, dz - \frac{\alpha}{\lambda} \int_{\Omega_{P}} \partial_{t} \varphi q_{P} r \, dr \, dz 
+ \int_{\Sigma} q_{P} (\boldsymbol{u} - \partial_{t} \boldsymbol{d}) \cdot \boldsymbol{n} r \, dr \, dz = \int_{\Omega_{P}} \rho_{f} \boldsymbol{g} \cdot \nabla q_{P} r \, dr \, dz - \int_{\Sigma} \rho_{f} \boldsymbol{g} \cdot \boldsymbol{n} q_{P} r \, dr \, dz \quad \forall q_{P} \in \widehat{\mathbb{Q}}^{P}, \quad (3.3d) 
- \int_{\Omega_{F}} \psi \, \operatorname{div}_{\mathbf{a}} \boldsymbol{v} r \, dr \, dz + \frac{\alpha}{\lambda} \int_{\Omega_{P}} p_{P} \psi \, r \, dr \, dz - \frac{1}{\lambda} \int_{\Omega_{P}} \varphi \psi \, r \, dr \, dz = 0 \quad \forall \psi \in \widehat{\mathbb{Z}}. \quad (3.3e)$$

Here the functional spaces are now defined as

$$\begin{split} \widehat{\mathbf{V}} &:= \{ \boldsymbol{v} \in V_1^1(\Omega_F) \times \mathrm{H}_1^1(\Omega_F) : \boldsymbol{v}|_{\Gamma_F^{\boldsymbol{u}}} = \mathbf{0} \text{ and } \boldsymbol{v} \cdot \boldsymbol{n}|_{\Gamma^{\mathrm{axisymm}}} = 0 \}, \quad \widehat{\mathbf{Q}}^F := L_1^2(\Omega_F), \\ \widehat{\mathbf{W}} &:= \{ \boldsymbol{w} \in V_1^1(\Omega_P) \times \mathrm{H}_1^1(\Omega_P) : \boldsymbol{w}|_{\Gamma_F^{\boldsymbol{d}}} = \mathbf{0} \}, \ \widehat{\mathbf{Q}}^P := \{ q_P \in \mathrm{H}_1^1(\Omega_P) : q_P|_{\Gamma_P^{\boldsymbol{p}_P}} = 0 \}, \ \widehat{\mathbf{Z}} := L_1^2(\Omega_P), \end{split}$$

where, for  $m \in \mathbb{R}$ ,  $1 \leq p < \infty$  the weighted functional spaces adopt the specification

$$L_m^p(\Omega_i) = \{v : ||v||_{m,p,\Omega_i}^p := \int_{\Omega_i} |v|^p r^m \, \mathrm{d}r \, \mathrm{d}z < \infty\},$$

and

$$\mathrm{H}^1_1(\Omega_i) := \{ v \in L^2_1(\Omega_i) : \nabla v \in \mathbf{L}^2_1(\Omega_i) \}, \quad V^1_1(\Omega_i) := \mathrm{H}^1_1(\Omega_i) \cap L^2_{-1}(\Omega_i).$$

- 4. Well-posedness of the weak formulation. The following analysis is confined to the Cartesian case. Furthermore, we focus on the quasi-static Biot-Stokes model, i.e., we neglect the terms  $a_1^F$  and  $c^F$  in (3.1a), as this is the typical flow regime for the application of interest. We also restrict our attention to the case  $\tilde{\alpha}=1$ . The solvability analysis is based on a Galerkin argument, where one considers the semi-discrete continuous in time formulation with a discretisation parameter h. We establish that it has a unique solution and derive stability bounds. Then, owing to a weak compactness argument, we pass to the limit  $h \to 0$  and obtain existence and uniqueness of a weak solution.
- **4.1. Semi-discrete mixed finite element formulation.** In addition to the assumptions stated before on the domain geometry, to avoid additional technicalities, we operate under the condition that  $\Omega$  is a polytope. We denote by  $\{\mathcal{T}_h\}_{h>0}$  a shape-regular family of finite element partitions of  $\bar{\Omega}$ , conformed by tetrahedra (or triangles in 2D) K of diameter  $h_K$ , with mesh size  $h := \max\{h_K : K \in \mathcal{T}_h\}$ . Given an integer  $k \geq 1$  and a subset  $\Xi$  of  $\mathbb{R}^d$ , d = 2, 3, by  $\mathbb{P}_k(\Xi)$  we will denote the space of polynomial functions defined locally in  $\Xi$  and being of total degree up to k. Then the finite-dimensional subspaces for fluid velocity, fluid pressure, porous displacement, porous fluid pressure, and total pressure are defined as follows

$$\mathbf{V}_h := \{ \boldsymbol{v}_h \in \mathbf{C}(\overline{\Omega_F}) \cap \mathbf{H}^1_{\star}(\Omega_F) : \boldsymbol{v}_h|_K \in \mathbb{P}_{k+1}(K)^d, \ \forall K \in \mathcal{T}_h \},$$
(4.1a)

$$Q_h^F := \{ q_{F,h} \in C(\overline{\Omega_F}) : q_{F,h}|_K \in \mathbb{P}_k(K), \ \forall K \in \mathcal{T}_h \},$$

$$(4.1b)$$

$$\mathbf{W}_h := \{ \boldsymbol{w}_h \in \mathbf{C}(\overline{\Omega_P}) \cap \mathbf{H}^1_{\star}(\Omega_P) : \boldsymbol{w}_h|_K \in \mathbb{P}_{k+1}(K)^d, \ \forall K \in \mathcal{T}_h \}, \tag{4.1c}$$

$$Q_h^P := \{ q_{P,h} \in C(\overline{\Omega_F}) \cap H^1_{\star}(\Omega_P) : q_{P,h}|_K \in \mathbb{P}_{k+1}(K), \ \forall K \in \mathcal{T}_h \}, \tag{4.1d}$$

$$Z_h := \{ \psi_h \in L^2(\Omega_P) \cap C(\overline{\Omega_F}) \ \psi_h|_K \in \mathbb{P}_k(K), \ \forall K \in \mathcal{T}_h \}.$$

$$(4.1e)$$

We look for  $(\boldsymbol{u}_h, p_{F,h}, \boldsymbol{d}_h, p_{P,h}, \varphi_h) : [0, T] \to \mathbf{V}_h \times \mathbf{Q}_h^F \times \mathbf{W}_h \times \mathbf{Q}_h^P \times \mathbf{Z}_h =: \mathbf{H}_h \text{ such that for a.e. } t \in (0, T),$ 

$$a_2^F(\boldsymbol{u}_h, \boldsymbol{v}_h) + b_1^F(\boldsymbol{v}_h, p_{F,h}) + b_2^{\Sigma}(\boldsymbol{v}_h, p_{P,h}) + b_3^{\Sigma}(\boldsymbol{v}_h, \partial_t \boldsymbol{d}_h) = F^F(\boldsymbol{v}_h) \qquad \forall \boldsymbol{v}_h \in \mathbf{V}_h, \tag{4.2a}$$

$$-b_1^F(\mathbf{u}_h, q_{F,h}) = 0 \qquad \forall q_{F,h} \in \mathcal{Q}_h^F, \qquad (4.2b)$$

$$b_3^{\Sigma}(\boldsymbol{u}_h, \boldsymbol{w}_h) + b_4^{\Sigma}(\boldsymbol{w}_h, p_{P,h}) + a_1^{P}(\boldsymbol{d}_h, \boldsymbol{w}_h)$$

$$+a_2^{\Sigma}(\partial_t \boldsymbol{d}_h, \boldsymbol{w}_h) + b_1^P(\boldsymbol{w}_h, \varphi_h) = F^P(\boldsymbol{w}_h) \qquad \forall \boldsymbol{w}_h \in \mathbf{W}_h, \tag{4.2c}$$

$$-b_2^{\Sigma}(\boldsymbol{u}_h, q_{P,h}) - b_4^{\Sigma}(\partial_t \boldsymbol{d}_h, q_{P,h}) + a_3^{P}(\partial_t p_{P,h}, q_{P,h})$$

$$b_{4}^{\mathcal{L}}(\partial_{t}\mathbf{d}_{h}, q_{P,h}) + a_{3}^{r}(\partial_{t}p_{P,h}, q_{P,h}) + a_{4}^{P}(p_{P,h}, q_{P,h}) - b_{2}^{P}(\partial_{t}\varphi_{h}, q_{P,h}) = G(q_{P,h}) \qquad \forall q_{P,h} \in \mathbf{Q}_{h}^{P},$$
(4.2d)

$$-b_1^P(\mathbf{d}_h, \psi_h) - b_2^P(\psi_h, p_{P,h}) + a_5^P(\varphi_h, \psi_h) = 0 \qquad \forall \psi_h \in \mathbf{Z}_h. \tag{4.2e}$$

This is a system of differential-algebraic equations (DAE) that can be written in an operator form

$$\partial_t \mathcal{N} \underline{\boldsymbol{u}}_h(t) + \mathcal{M} \underline{\boldsymbol{u}}_h(t) = \mathcal{F}(t),$$
 (4.3)

with  $\underline{\boldsymbol{u}}_h := [\boldsymbol{u}_h \ p_{F,h} \ \boldsymbol{d}_h \ p_{P,h} \ \varphi_h]^{\mathsf{t}}$ 

$$\mathcal{N} = egin{bmatrix} \mathbf{0} & \mathbf{0} & (\mathcal{B}_3^\Sigma)' & \mathbf{0} & \mathbf{0} \ \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} \ \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} \ \mathbf{0} & \mathbf{0} & \mathcal{A}_2^\Sigma & \mathbf{0} & \mathbf{0} \ \mathbf{0} & \mathbf{0} & \mathcal{A}_2^\Sigma & \mathbf{0} & \mathbf{0} \ \mathbf{0} & \mathbf{0} & \mathcal{B}_2^\Sigma)' & \mathbf{0} \end{bmatrix}, \quad \mathcal{M} = egin{bmatrix} \mathcal{A}_2^F & (\mathcal{B}_1^F)' & \mathbf{0} & (\mathcal{B}_2^\Sigma)' & \mathbf{0} \ -\mathcal{B}_1^F & -\mathbf{0} & \mathbf{0} & \mathbf{0} & \mathbf{0} \ \mathcal{B}_3^\Sigma & \mathbf{0} & \mathcal{A}_1^P & (\mathcal{B}_4^\Sigma)' & (\mathcal{B}_1^P)' \ -\mathcal{B}_2^\Sigma & \mathbf{0} & \mathcal{A}_1^P & (\mathcal{B}_4^\Sigma)' & (\mathcal{B}_1^P)' \ -\mathcal{B}_2^P & \mathcal{A}_5^P \end{bmatrix}, \\ \mathcal{B} & \mathbf{0} & \mathbf{0} & \mathcal{B}_1^P & -\mathcal{B}_2^P & \mathcal{A}_5^P \end{bmatrix}$$

$$\mathcal{F} = \left[ egin{array}{c} \mathcal{F}^F \ \mathbf{0} \ \mathcal{F}^P \ \mathcal{G} \ \mathbf{0} \end{array} 
ight],$$

where the operators in calligraphic letters are induced by the variational forms in (3.2). The symbol  $(\cdot)'$  denotes the dual operator resulting in the transpose block matrix of a given elementary block.

We next discuss the initial condition for (4.3). Recall from (2.5) that we are given initial data  $p_{P,0}$  and note that we do not use the initial data  $u_0$ , since we are considering the quasi-static Stokes model. We assume that  $p_{P,0} \in H^1_{\star}(\Omega_p)$  and take  $p_{P,h}(0) = p_{P,h,0}$ , where  $p_{P,h,0} \in Q_h^P$  is the  $L^2$ -projection of  $p_{P,0}$ . In addition, we need initial data  $d_{h,0} \in \mathbf{W}_h$  and  $\varphi_{h,0} \in Z_h$  such that  $d_h(0) = d_{h,0}$  and  $\varphi_h(0) = \varphi_{h,0}$ . The construction of such data will be discussed in Theorem 4.2.

Note that the interpolation properties associated with the finite element spaces (4.1) indicate that the method is of overall order k+1 in space. Instead of that, it is also possible to use any Stokes inf-sup stable pair for both  $(u_h, p_{F,h})$  and  $(d_h, \varphi_h)$ , and any conforming finite element for  $p_{P,h}$ . In particular, we assume that there exist positive constants  $\beta_F$  and  $\beta_P$  independent of h such that

$$\forall q_{F,h} \in \mathbf{Q}_{h}^{F}, \quad \sup_{\mathbf{0} \neq \mathbf{v}_{h} \in \mathbf{V}_{h}} \frac{b_{1}^{F}(\mathbf{v}_{h}, q_{F,h})}{\|\mathbf{v}_{h}\|_{\mathbf{H}^{1}(\Omega_{F})}} \geq \beta_{F} \|q_{F,h}\|_{L^{2}(\Omega_{F})}, \tag{4.4}$$

$$\forall \psi_{h} \in \mathbf{Z}_{h}, \quad \sup_{\mathbf{0} \neq \mathbf{w}_{h} \in \mathbf{W}_{h}} \frac{b_{1}^{P}(\mathbf{w}_{h}, \psi_{h})}{\|\mathbf{w}_{h}\|_{\mathbf{H}^{1}(\Omega_{F})}} \geq \beta_{F} \|\psi_{h}\|_{L^{2}(\Omega_{F})}. \tag{4.5}$$

$$\forall \psi_h \in \mathbf{Z}_h, \quad \sup_{\mathbf{0} \neq \boldsymbol{w}_h \in \mathbf{W}_h} \frac{b_1^P(\boldsymbol{w}_h, \psi_h)}{\|\boldsymbol{w}_h\|_{\mathbf{H}^1(\Omega_P)}} \ge \beta_P \|\psi_h\|_{L^2(\Omega_P)}. \tag{4.5}$$

4.2. Well-posedness of the semi-discrete problem. The well-posedness of the semidiscrete formulation could be analysed by recasting the system as a general parabolic operator with degenerate time derivative, as recently proposed in [4] for the interaction of non-Newtonian fluids and poroelastic media. This would require, however, to include the solid velocity as a new unknown. Instead, we study it using the theory of DAE, following the approach from [5].

In the forthcoming analysis we will appeal to the Poincaré inequality

$$\|\nabla q_P\|_{L^2(\Omega_P)} \ge c_P \|q_P\|_{H^1(\Omega_P)}, \quad \forall \, q_P \in H^1_{\star}(\Omega_P),$$
 (4.6)

Korn's inequality

$$\|\boldsymbol{\epsilon}(\boldsymbol{v})\|_{\mathbf{L}^{2}(\Omega_{F})} \ge c_{K}^{F} \|\boldsymbol{v}\|_{\mathbf{H}^{1}(\Omega_{F})}, \qquad \|\boldsymbol{\epsilon}(\boldsymbol{w})\|_{\mathbf{L}^{2}(\Omega_{P})} \ge c_{K}^{P} \|\boldsymbol{w}\|_{\mathbf{H}^{1}(\Omega_{P})},$$

$$(4.7)$$

for all  $\boldsymbol{v} \in \mathbf{H}^1_{\star}(\Omega_F)$ ,  $\boldsymbol{w} \in \mathbf{H}^1_{\star}(\Omega_P)$ , and the trace inequality

$$\|v\|_{\mathbf{L}^{2}(\Sigma)} \le C_{\Sigma}^{F} \|v\|_{\mathbf{H}^{1}(\Omega_{F})}, \qquad \|q_{P}\|_{L^{2}(\Sigma)} \le C_{\Sigma}^{P} \|q_{P}\|_{H^{1}(\Omega_{P})},$$

$$(4.8)$$

for all  $\mathbf{v} \in \mathbf{H}^1(\Omega_F)$ ,  $q_P \in H^1(\Omega_P)$ . We also assume that there exist constants  $0 < \kappa_1 < \kappa_2 < \infty$  such that

$$\kappa_1 \le \kappa(\boldsymbol{x}) \le \kappa_2 \quad \text{for a.e. } \boldsymbol{x} \in \Omega_P.$$
(4.9)

LEMMA 4.1. The bilinear forms that appear in (4.2) are continuous in the spaces  $\mathbf{V}$ ,  $\mathbf{Q}^F$ ,  $\mathbf{W}$ ,  $\mathbf{Q}^P$ , and  $\mathbf{Z}$ . If  $\mathbf{f}:[0,T]\to\mathbf{L}^2(\Omega_P)$ , then the linear functionals on the right-hand sides are also continuous.

*Proof.* The statement of the lemma follows from the use of the Cauchy-Schwarz inequality and the trace inequality (4.8).

THEOREM 4.2. For each  $\mathbf{f} \in H^1(0,T; \mathbf{L}^2(\Omega_P))$  and  $p_{P,0} \in H^1_{\star}(\Omega_p)$ , there exist initial data  $\mathbf{u}_{h,0} \in \mathbf{V}_h$ ,  $p_{F,h,0} \in \mathbf{Q}_h^F$ ,  $\mathbf{d}_{h,0} \in \mathbf{W}_h$ , and  $\varphi_{h,0} \in Z_h$  such that the semi-discrete problem (4.3) with initial conditions  $p_{P,h}(0) = p_{P,h,0}$ ,  $\mathbf{d}_h(0) = \mathbf{d}_{h,0}$ , and  $\varphi_h(0) = \varphi_{h,0}$  has a unique solution satisfying

$$\|\boldsymbol{u}_{h}\|_{L^{2}(0,T;\mathbf{H}^{1}(\Omega_{F}))} + \|p_{F,h}\|_{L^{2}(0,T;L^{2}(\Omega_{F}))} + \|\boldsymbol{d}_{h}\|_{L^{\infty}(0,T;\mathbf{H}^{1}(\Omega_{P}))}$$

$$+ \sum_{j=1}^{d-1} \|(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}\|_{L^{2}(0,T;L^{2}(\Sigma))} + \|p_{P,h}\|_{L^{\infty}(0,T;L^{2}(\Omega_{P}))} + \|p_{P,h}\|_{L^{2}(0,T;H^{1}(\Omega_{P}))}$$

$$+ \|\varphi_{h}\|_{L^{2}(0,T;L^{2}(\Omega_{P}))} + \frac{1}{\sqrt{\lambda}} \|\alpha \, p_{P,h} - \varphi_{h}\|_{L^{\infty}(0,T;L^{2}(\Omega_{P}))}$$

$$\leq C \left( \|\boldsymbol{g}\|_{L^{2}(0,T;\mathbf{L}^{2}(\Omega))} + \|\boldsymbol{g} \cdot \boldsymbol{n}\|_{L^{2}(0,T;L^{2}(\Sigma))} + \|\boldsymbol{f}\|_{H^{1}(0,T;\mathbf{L}^{2}(\Omega_{P}))} + \|p_{P,0}\|_{H^{1}(\Omega_{P})} \right), \tag{4.10a}$$

and

$$\|\boldsymbol{u}_{h}\|_{L^{\infty}(0,T;\mathbf{H}^{1}(\Omega_{F}))} + \|p_{F,h}\|_{L^{\infty}(0,T;L^{2}(\Omega_{F}))} + \|\partial_{t}\boldsymbol{d}_{h}\|_{L^{2}(0,T;\mathbf{H}^{1}(\Omega_{F}))}$$

$$+ \sum_{j=1}^{d-1} \|(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}\|_{L^{\infty}(0,T;L^{2}(\Sigma))} + \|\partial_{t}p_{P,h}\|_{L^{2}(0,T;L^{2}(\Omega_{F}))} + \|p_{P,h}\|_{L^{\infty}(0,T;H^{1}(\Omega_{F}))}$$

$$+ \|\varphi_{h}\|_{L^{\infty}(0,T;L^{2}(\Omega_{F}))} + \frac{1}{\sqrt{\lambda}} \|\alpha \,\partial_{t}p_{P,h} - \partial_{t}\varphi_{h}\|_{L^{2}(0,T;L^{2}(\Omega_{F}))}$$

$$\leq C \left( \|\boldsymbol{g}\|_{L^{2}(0,T;\mathbf{L}^{2}(\Omega))} + \|\boldsymbol{g} \cdot \boldsymbol{n}\|_{L^{2}(0,T;L^{2}(\Sigma))} + \|\boldsymbol{f}\|_{H^{1}(0,T;\mathbf{L}^{2}(\Omega_{F}))} + \|p_{P,0}\|_{H^{1}(\Omega_{F})} \right),$$

$$(4.10b)$$

with a constant C independent of  $\lambda_{\max}$  and h.

*Proof.* To establish existence, we employ [13, Th. 2.3.1], which asserts that (4.3) has a solution if the matrix pencil  $s\mathcal{N} + \mathcal{M}$  is nonsingular for some  $s \neq 0$ . The solvability of the associated initial value problem requires initial data that is consistent with the DAE system. To deal with this issue, we first consider a related DAE system by including new variables  $\theta_h^j \in \mathbf{W}_h \cdot \mathbf{t}^j$ ,  $j = 1, \ldots d-1$  and equations

$$\langle \theta_h^j, \boldsymbol{w}_h \cdot \boldsymbol{t}^j \rangle_{\Sigma} = \langle \partial_t \boldsymbol{d}_h \cdot \boldsymbol{t}^j, \boldsymbol{w}_h \cdot \boldsymbol{t}^j \rangle_{\Sigma} \quad \forall \boldsymbol{w}_h \in \mathbf{W}_h, \quad j = 1, \dots d - 1,$$
 (4.11)

and replacing  $\partial_t \boldsymbol{d}_h \cdot \boldsymbol{t}^j$  with  $\theta_h^j$  in (4.2a) and (4.2c). Let  $\underline{\tilde{\boldsymbol{u}}}_h := [\boldsymbol{u}_h \ p_{F,h} \ \boldsymbol{d}_h \ p_{P,h} \ \varphi_h \ \theta_h^1 \cdots \theta_h^{d-1}]^{\mathsf{t}}$  and denote the extended DAE system by

$$\partial_t \tilde{\mathcal{N}} \underline{\tilde{\boldsymbol{u}}}_h(t) + \tilde{\mathcal{M}} \underline{\tilde{\boldsymbol{u}}}_h(t) = \tilde{\mathcal{F}}(t). \tag{4.12}$$

Clearly any solution of (4.12) also solves (4.3). We will apply [13, Th. 2.3.1] to (4.12). We will show that the matrix  $\tilde{\mathcal{N}} + \tilde{\mathcal{M}}$  is nonsingular by proving that the system  $(\tilde{\mathcal{N}} + \tilde{\mathcal{M}})\underline{\tilde{u}}_h = \mathbf{0}$  has only the zero solution. By eliminating  $\theta_h^j$ , this system results in  $(\mathcal{N} + \mathcal{M})\underline{u}_h = \mathbf{0}$ . Using that

the equation  $\underline{\boldsymbol{u}}_h^{\mathtt{t}}(\mathcal{N}+\mathcal{M})\underline{\boldsymbol{u}}_h=0$  gives

$$2\mu_f \int_{\Omega_F} \boldsymbol{\epsilon}(\boldsymbol{u}_h) : \boldsymbol{\epsilon}(\boldsymbol{u}_h) + \sum_{j=1}^{d-1} \langle \frac{\gamma \mu_f}{\sqrt{\kappa}} (\boldsymbol{u}_h - \boldsymbol{d}_h) \cdot \boldsymbol{t}^j , (\boldsymbol{u}_h - \boldsymbol{d}_h) \cdot \boldsymbol{t}^j \rangle_{\Sigma} + 2\mu_s \int_{\Omega_P} \boldsymbol{\epsilon}(\boldsymbol{d}_h) : \boldsymbol{\epsilon}(\boldsymbol{d}_h)$$

$$+ C_0 \int_{\Omega_P} p_{P,h}^2 + \int_{\Omega_P} \frac{\kappa}{\mu_f} \nabla p_{P,h} \cdot \nabla p_{P,h} + \frac{1}{\lambda} \int_{\Omega_P} (\alpha p_{P,h} - \varphi_h)^2 = 0,$$

which implies that  $u_h = 0$ ,  $d_h = 0$ ,  $p_{P,h} = 0$ , and  $\varphi_h = 0$ . Equations (4.11) imply that  $\theta_h^j = 0$ . The inf-sup condition (4.4) with  $q_{F,h} = p_{F,h}$  and (4.2a) give  $p_{F,h} = 0$ . Therefore (4.12) has a solution.

We proceed with the construction of the initial data. We first note that there exists a solution to (4.12) satisfying  $p_{P,h}(0) = p_{P,h,0}$ , since this initial condition is associated with the differential equation (4.2d). We need to find initial values for the rest of the variables that are consistent with the DAE system. Let us set  $\theta_h^j(0) = \theta_{h,0}^j = 0$  and consider the Stokes problem (4.2a)–(4.2b) for  $\boldsymbol{u}_{h,0}$  and  $p_{F,h,0}$  with data  $p_{P,h,0}$  and  $\theta_{h,0}^j$ , which is now decoupled and well-posed from the Stokes finite element theory. Finally, let  $\boldsymbol{d}_{h,0}$  and  $\varphi_{h,0}$  solve the problem coupling (4.2c) and (4.2e) with data  $p_{P,h,0}$ ,  $\theta_{h,0}^j$ , and  $\boldsymbol{u}_{h,0}$ . The well-posedness of this problem follows from the theory of saddle-point problems [10], due to the inf-sup condition (4.5), see also [41]. We further note that taking  $t \to 0$  in (4.11) implies that  $\partial_t \boldsymbol{d}_h(0) \cdot \boldsymbol{t}^j|_{\Sigma} = \theta_{h,0}^j = 0$ . Now, taking  $t \to 0$  in (4.2a)–(4.2b), (4.2c), and (4.2e) and using the above construction of the initial data, we conclude that  $\boldsymbol{u}_h(0) = \boldsymbol{u}_{h,0}$ ,  $p_{F,h}(0) = p_{F,h,0}$ ,  $\boldsymbol{d}_h(0) = \boldsymbol{d}_{h,0}$ , and  $\varphi_h(0) = \varphi_{h,0}$ .

We proceed with the stability bound (4.10a). Differentiating (4.2e) in time and taking  $(\boldsymbol{v}_h, q_{F,h}, \boldsymbol{w}_h, q_{P,h}, \psi_h) = (\boldsymbol{u}_h, p_{F,h}, \partial_t \boldsymbol{d}_h, p_{P,h}, \varphi_h)$  in (4.2) gives

$$2\mu_{f} \int_{\Omega_{F}} \boldsymbol{\epsilon}(\boldsymbol{u}_{h}) : \boldsymbol{\epsilon}(\boldsymbol{u}_{h}) + \sum_{j=1}^{d-1} \langle \frac{\gamma \mu_{f}}{\sqrt{\kappa}} (\boldsymbol{u}_{h} - \partial_{t} \boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}, (\boldsymbol{u}_{h} - \partial_{t} \boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j} \rangle_{\Sigma} + \frac{1}{2} \frac{\partial}{\partial t} 2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\boldsymbol{d}_{h}) : \boldsymbol{\epsilon}(\boldsymbol{d}_{h})$$

$$+ \frac{1}{2} \frac{\partial}{\partial t} C_{0} \int_{\Omega_{P}} p_{P,h}^{2} + \int_{\Omega_{P}} \frac{\kappa}{\mu_{f}} \nabla p_{P,h} \cdot \nabla p_{P,h} + \frac{1}{2} \frac{\partial}{\partial t} \frac{1}{\lambda} \int_{\Omega_{P}} (\alpha p_{P,h} - \varphi_{h})^{2}$$

$$= \rho_{f} \int_{\Omega_{F}} \boldsymbol{g} \cdot \boldsymbol{u}_{h} + \rho_{s} \int_{\Omega_{P}} \boldsymbol{f} \cdot \partial_{t} \boldsymbol{d}_{h} + \rho_{f} \int_{\Omega_{P}} \frac{\kappa}{\mu_{f}} \boldsymbol{g} \cdot \nabla p_{P,h} - \rho_{f} \langle \frac{\kappa}{\mu_{f}} \boldsymbol{g} \cdot \boldsymbol{n}, p_{P,h} \rangle_{\Sigma}.$$

$$(4.13)$$

Integrating from 0 to  $t \in (0,T]$ , we obtain

$$2\mu_f \int_0^t \|\boldsymbol{\epsilon}(\boldsymbol{u}_h)\|_{\mathbf{L}^2(\Omega_F)}^2 + \sum_{i=1}^{d-1} \gamma \mu_f \int_0^t \|\kappa^{-1/4}(\boldsymbol{u}_h - \partial_t \boldsymbol{d}_h) \cdot \boldsymbol{t}^j\|_{\mathbf{L}^2(\Sigma)}^2 + \mu_s \|\boldsymbol{\epsilon}(\boldsymbol{d}_h)(t)\|_{\mathbf{L}^2(\Omega_P)}^2$$

$$+ \frac{C_0}{2} \|p_{P,h}(t)\|_{L^2(\Omega_P)}^2 + \frac{1}{\mu_f} \int_0^t \|\kappa^{1/2} \nabla p_{P,h}\|_{L^2(\Omega_P)}^2 + \frac{1}{2\lambda} \|(\alpha p_{P,h} - \varphi_h)(t)\|_{L^2(\Omega_P)}^2$$

$$= \mu_s \|\boldsymbol{\epsilon}(\boldsymbol{d}_h)(0)\|_{\mathbf{L}^2(\Omega_P)}^2 + \frac{C_0}{2} \|p_{P,h}(0)\|_{L^2(\Omega_P)}^2 + \frac{1}{2\lambda} \|(\alpha p_{P,h} - \varphi_h)(0)\|_{L^2(\Omega_P)}^2$$

$$+ \rho_f \int_0^t \int_{\Omega_F} \boldsymbol{g} \cdot \boldsymbol{u}_h - \rho_s \int_0^t \int_{\Omega_P} \partial_t \boldsymbol{f} \cdot \boldsymbol{d}_h + \rho_s \int_{\Omega_P} \boldsymbol{f}(t) \cdot \boldsymbol{d}_h(t) - \rho_s \int_{\Omega_P} \boldsymbol{f}(0) \cdot \boldsymbol{d}_h(0)$$

$$+ \rho_f \int_0^t \int_{\Omega_P} \frac{\kappa}{\mu_f} \boldsymbol{g} \cdot \nabla p_{P,h} - \rho_f \int_0^t \langle \frac{\kappa}{\mu_f} \boldsymbol{g} \cdot \boldsymbol{n}, p_{P,h} \rangle_{\Sigma}, \tag{4.14}$$

where we have integrated by parts in time the second term on the right-hand side in (4.13). Then, on the left-hand side we use Korn's inequality (4.7), the Poincaré inequality (4.6), and the permeability bound (4.9), whereas on the tright-hand side we use the Cauchy-Schwarz inequality, the trace inequality (4.8), and Young's inequality, obtaining

$$2\mu_{f}(c_{K}^{F})^{2} \int_{0}^{t} \|\boldsymbol{u}_{h}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} \frac{\gamma \mu_{f}}{\sqrt{\kappa_{2}}} \int_{0}^{t} \|(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}\|_{\mathbf{L}^{2}(\Sigma)}^{2} + \mu_{s}(c_{K}^{P})^{2} \|\boldsymbol{d}_{h}(t)\|_{\mathbf{H}^{1}(\Omega_{P})}^{2}$$

$$+ \frac{C_{0}}{2} \|p_{P,h}(t)\|_{L^{2}(\Omega_{P})}^{2} + \frac{\kappa_{1}c_{P}^{2}}{\mu_{f}} \int_{0}^{t} \|p_{P,h}\|_{H^{1}(\Omega_{P})}^{2} + \frac{1}{2\lambda} \|(\alpha p_{P,h} - \varphi_{h})(t)\|_{L^{2}(\Omega_{P})}^{2}$$

$$\leq \mu_{s} \|\boldsymbol{\epsilon}(\boldsymbol{d}_{h})(0)\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \frac{C_{0}}{2} \|p_{P,h}(0)\|_{L^{2}(\Omega_{P})}^{2} + \frac{1}{2\lambda} \|(\alpha p_{P,h} - \varphi_{h})(0)\|_{L^{2}(\Omega_{P})}^{2}$$

$$+ \frac{\epsilon}{2} \left(\rho_{f} \int_{0}^{t} \|\boldsymbol{u}_{h}\|_{\mathbf{L}^{2}(\Omega_{F})}^{2} + \rho_{s} \|\boldsymbol{d}_{h}(t)\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \frac{\rho_{f}\kappa_{2}}{\mu_{f}} ((C_{\Sigma}^{P})^{2} + 1) \int_{0}^{t} \|p_{P,h}\|_{H^{1}(\Omega_{P})}^{2} \right)$$

$$+ \frac{1}{2\epsilon} \left(\rho_{f} \int_{0}^{t} \|\boldsymbol{g}\|_{\mathbf{L}^{2}(\Omega_{F})}^{2} + \rho_{s} \|\boldsymbol{f}(t)\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \frac{\rho_{f}\kappa_{2}}{\mu_{f}} \int_{0}^{t} (\|\boldsymbol{g}\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \|\boldsymbol{g} \cdot \boldsymbol{n}\|_{L^{2}(\Sigma)}^{2}) \right)$$

$$+ \frac{\rho_{s}}{2} \int_{0}^{t} \|\boldsymbol{d}_{h}\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \frac{\rho_{s}}{2} \int_{0}^{t} \|\partial_{t}\boldsymbol{f}\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \frac{\rho_{s}}{2} \|\boldsymbol{d}_{h}(0)\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \frac{\rho_{s}}{2} \|\boldsymbol{f}(0)\|_{\mathbf{L}^{2}(\Omega_{P})}^{2}. \tag{4.15}$$

Taking  $\epsilon$  sufficiently small and employing Gronwall's inequality for the term  $\frac{\rho_s}{2} \int_0^{\tau} \|\boldsymbol{d}_h\|_{\mathbf{L}^2(\Omega_P)}^2$ , we obtain

$$\int_{0}^{t} \|\boldsymbol{u}_{h}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} \int_{0}^{t} \|(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}\|_{\mathbf{L}^{2}(\Sigma)}^{2} + \|\boldsymbol{d}_{h}(t)\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} \\
+ \|p_{P,h}(t)\|_{L^{2}(\Omega_{P})}^{2} + \int_{0}^{t} \|p_{P,h}\|_{H^{1}(\Omega_{P})}^{2} + \frac{1}{\lambda} \|(\alpha p_{P,h} - \varphi_{h})(t)\|_{L^{2}(\Omega_{P})}^{2} \\
\leq C \left( \int_{0}^{t} (\|\boldsymbol{g}\|_{\mathbf{L}^{2}(\Omega)}^{2} + \|\boldsymbol{g} \cdot \boldsymbol{n}\|_{L^{2}(\Sigma)}^{2}) + \|\boldsymbol{f}(t)\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} \\
+ \|\boldsymbol{f}(0)\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \int_{0}^{t} \|\partial_{t}\boldsymbol{f}\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \|p_{P,0}\|_{H^{1}(\Omega_{P})}^{2} \right), \tag{4.16}$$

with a constant C independent of  $\lambda_{\text{max}}$ . In the above inequality we have bounded the initial data terms by  $C\|p_{P,0}\|_{H^1(\Omega_P)}^2$ . This bound follows from the classical stability bound for the Stokes problem (4.2a)–(4.2b), which allows to obtain  $\|\boldsymbol{u}_{h,0}\|_{\mathbf{H}^1(\Omega_P)} \leq C\|p_{P,h,0}\|_{H^1(\Omega_P)}$ ; a stability bound for the saddle-point problem (4.2c), (4.2e) to obtain

$$\|\boldsymbol{d}_{h,0}\|_{\mathbf{H}^{1}(\Omega_{P})} + \|\varphi_{h,0}\|_{L^{2}(\Omega_{P})} \leq C(\|\boldsymbol{u}_{h,0}\|_{\mathbf{H}^{1}(\Omega_{F})} + \|p_{P,h,0}\|_{H^{1}(\Omega_{P})}),$$

(cf. [41]), and the  $H^1$ -stability of the  $L^2$ -projection  $||p_{P,h,0}||_{H^1(\Omega_P)} \le C||p_{P,0}||_{H^1(\Omega_P)}$  (see, e.g., [12]).

Next we proceed with bounding  $p_{F,h}$  and  $\varphi_h$ . The inf-sup condition (4.4) together with (4.2a) give

$$\begin{split} \beta_F \| p_{F,h} \|_{L^2(\Omega_F)} & \leq \sup_{\mathbf{0} \neq \boldsymbol{v}_h \in \mathbf{V}_h^{\Sigma}} \frac{b_1^F(\boldsymbol{v}_h, p_{F,h})}{\|\boldsymbol{v}_h\|_{\mathbf{H}^1(\Omega_F)}} \\ & = \sup_{\mathbf{0} \neq \boldsymbol{v}_h \in \mathbf{V}_h} \frac{-a_2^F(\boldsymbol{u}_h, \boldsymbol{v}_h) - b_2^{\Sigma}(\boldsymbol{v}_h, p_{P,h}) - b_3^{\Sigma}(\boldsymbol{v}_h, \partial_t \boldsymbol{d}_h) + F^F(\boldsymbol{v}_h)}{\|\boldsymbol{v}_h\|_{\mathbf{H}^1(\Omega_F)}} \\ & \leq 2\mu_f \|\boldsymbol{u}_h\|_{\mathbf{H}^1(\Omega_F)} + \sum_{j=1}^{d-1} \frac{\gamma \mu_f C_{\Sigma}^F}{\sqrt{\kappa_1}} \|(\boldsymbol{u}_h - \partial_t \boldsymbol{d}_h) \cdot \boldsymbol{t}^j\|_{\mathbf{L}^2(\Sigma)} \\ & \quad + C_{\Sigma}^F C_{\Sigma}^P \|p_{P,h}\|_{H^1(\Omega_P)} + \rho_f \|\boldsymbol{g}\|_{\mathbf{L}^2(\Omega_F)}, \end{split}$$

implying

$$\int_{0}^{t} \|p_{F,h}\|_{L^{2}(\Omega_{F})}^{2} \leq C \int_{0}^{t} \left( \|\boldsymbol{u}_{h}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} \|(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}\|_{\mathbf{L}^{2}(\Sigma)}^{2} + \|p_{P,h}\|_{H^{1}(\Omega_{P})}^{2} + \|\boldsymbol{g}\|_{\mathbf{L}^{2}(\Omega_{F})}^{2} \right).$$
(4.17)

Finally, using the inf-sup condition (4.5) and (4.2c), we obtain

$$\beta_{P} \|\varphi_{h}\|_{L^{2}(\Omega_{P})} \leq \sup_{\mathbf{0} \neq \mathbf{w}_{h} \in \mathbf{W}_{h}} \frac{b_{1}^{P}(\mathbf{w}_{h}, \varphi_{h})}{\|\mathbf{w}_{h}\|_{\mathbf{H}^{1}(\Omega_{P})}} 
= \sup_{\mathbf{0} \neq \mathbf{w}_{h} \in \mathbf{W}_{h}} \frac{-b_{3}^{\Sigma}(\mathbf{u}_{h}, \mathbf{w}_{h}) - b_{4}^{\Sigma}(\mathbf{w}_{h}, p_{P,h}) - a_{1}^{P}(\mathbf{d}_{h}, \mathbf{w}_{h}) - a_{2}^{\Sigma}(\partial_{t}\mathbf{d}_{h}, \mathbf{w}_{h}) + F^{P}(\mathbf{w}_{h})}{\|\mathbf{w}_{h}\|_{\mathbf{H}^{1}(\Omega_{P})}} 
\leq (C_{\Sigma}^{P})^{2} \|p_{P,h}\|_{H^{1}(\Omega_{P})} + \sum_{j=1}^{d-1} \frac{\gamma \mu_{f} C_{\Sigma}^{P}}{\sqrt{\kappa_{1}}} \|(\mathbf{u}_{h} - \partial_{t}\mathbf{d}_{h}) \cdot \mathbf{t}^{j}\|_{\mathbf{L}^{2}(\Sigma)} 
+ 2\mu_{s} \|\mathbf{d}_{h}\|_{\mathbf{H}^{1}(\Omega_{P})} + \rho_{s} \|\mathbf{f}\|_{\mathbf{L}^{2}(\Omega_{P})},$$

yielding

$$\int_{0}^{t} \|\varphi_{h}\|_{L^{2}(\Omega_{P})}^{2} \leq C \int_{0}^{t} \left( \|p_{P,h}\|_{H^{1}(\Omega_{P})}^{2} + \sum_{j=1}^{d-1} \|(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}\|_{\mathbf{L}^{2}(\Sigma)}^{2} + \|\boldsymbol{d}_{h}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|\boldsymbol{f}\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} \right). \tag{4.18}$$

Combining (4.16)–(4.18) and using Gronwall's inequality for the third term on the right-hand side in (4.18), we obtain (4.10a).

The above argument implies that the solution of (4.3) under the initial conditions  $p_{P,h}(0) = p_{P,h,0}$ ,  $d_h(0) = d_{h,0}$ , and  $\varphi_h(0) = \varphi_{h,0}$  is unique. In particular, taking  $p_{P,h,0} = 0$ ,  $d_{h,0} = 0$ ,  $\varphi_{h,0} = 0$ , g = 0, and f = 0, (4.15) implies that (4.16) holds with right-hand side zero. Together with (4.17) and (4.18), this gives that all components of the solution are zero, therefore the solution is unique.

We next prove the higher regularity stability bound (4.10b). To that end, we differentiate in time (4.2a), (4.2c), and (4.2e) and take  $(\boldsymbol{v}_h, q_{F,h}, \boldsymbol{w}_h, q_{P,h}, \psi_h) = (\boldsymbol{u}_h, \partial_t p_{F,h}, \partial_t \boldsymbol{d}_h, \partial_t p_{P,h}, \partial_t \varphi_h)$  in (4.2), obtaining

$$\frac{1}{2}\frac{\partial}{\partial t}2\mu_f \int_{\Omega_F} \boldsymbol{\epsilon}(\boldsymbol{u}_h) : \boldsymbol{\epsilon}(\boldsymbol{u}_h) + \sum_{i=1}^{d-1} \frac{1}{2} \frac{\partial}{\partial t} \langle \frac{\gamma \mu_f}{\sqrt{\kappa}} (\boldsymbol{u}_h - \partial_t \boldsymbol{d}_h) \cdot \boldsymbol{t}^j, (\boldsymbol{u}_h - \partial_t \boldsymbol{d}_h) \cdot \boldsymbol{t}^j \rangle_{\Sigma}$$

$$+2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(\partial_{t} \boldsymbol{d}_{h}) : \boldsymbol{\epsilon}(\partial_{t} \boldsymbol{d}_{h}) + C_{0} \int_{\Omega_{P}} (\partial_{t} p_{P,h})^{2} + \frac{1}{2} \frac{\partial}{\partial t} \int_{\Omega_{P}} \frac{\kappa}{\mu_{f}} \nabla p_{P,h} \cdot \nabla p_{P,h}$$

$$+ \frac{1}{\lambda} \int_{\Omega_{P}} (\alpha \partial_{t} p_{P,h} - \partial_{t} \varphi_{h})^{2} = \rho_{s} \int_{\Omega_{P}} \partial_{t} \boldsymbol{f} \cdot \partial_{t} \boldsymbol{d}_{h} + \rho_{f} \int_{\Omega_{P}} \frac{\kappa}{\mu_{f}} \boldsymbol{g} \cdot \partial_{t} \nabla p_{P,h} - \rho_{f} \langle \frac{\kappa}{\mu_{f}} \boldsymbol{g} \cdot \boldsymbol{n}, \partial_{t} p_{P,h} \rangle_{\Sigma},$$

$$(4.19)$$

where we have used that  $\partial_t \mathbf{g} = \mathbf{0}$ . Integration from 0 to  $t \in (0, T]$  gives

$$\mu_{f} \| \boldsymbol{\epsilon}(\boldsymbol{u}_{h})(t) \|_{\mathbf{L}^{2}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} \frac{1}{2} \gamma \mu_{f} \| \kappa^{-1/4}(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}(t) \|_{\mathbf{L}^{2}(\Sigma)}^{2} + \mu_{s} \int_{0}^{t} \| \boldsymbol{\epsilon}(\partial_{t}\boldsymbol{d}_{h}) \|_{\mathbf{L}^{2}(\Omega_{P})}^{2}$$

$$+ C_{0} \int_{0}^{t} \| \partial_{t} p_{P,h}(t) \|_{L^{2}(\Omega_{P})}^{2} + \frac{1}{2\mu_{f}} \| \kappa^{1/2} \nabla p_{P,h}(t) \|_{L^{2}(\Omega_{P})}^{2} + \frac{1}{\lambda} \int_{0}^{t} \| \alpha \partial_{t} p_{P,h} - \partial_{t} \varphi_{h} \|_{L^{2}(\Omega_{P})}^{2}$$

$$= \mu_{f} \| \boldsymbol{\epsilon}(\boldsymbol{u}_{h})(0) \|_{\mathbf{L}^{2}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} \frac{1}{2} \gamma \mu_{f} \| \kappa^{-1/4}(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}(0) \|_{\mathbf{L}^{2}(\Sigma)}^{2} + \frac{1}{2\mu_{f}} \| \kappa^{1/2} \nabla p_{P,h}(0) \|_{L^{2}(\Omega_{P})}^{2}$$

$$+ \rho_{s} \int_{0}^{t} \int_{\Omega_{P}} \partial_{t}\boldsymbol{f} \cdot \partial_{t}\boldsymbol{d}_{h} + \rho_{f} \int_{\Omega_{P}} \frac{\kappa}{\mu_{f}} \boldsymbol{g} \cdot (\nabla p_{P,h}(t) - \nabla p_{P,h}(0)) - \rho_{f} \langle \frac{\kappa}{\mu_{f}} \boldsymbol{g} \cdot \boldsymbol{n}, p_{P,h}(t) - p_{P,h}(0) \rangle_{\Sigma},$$

where we have integrated by parts the last two terms in (4.19) and used that  $\partial_t \mathbf{g} = \mathbf{0}$ . Next, on the left-hand side we use Korn's inequality (4.7), the Poincaré inequality (4.6), and the permeability bound (4.9), while on the right-hand side we invoke Cauchy-Schwarz inequality, the trace inequality (4.8), and Young's inequality, yielding

$$\mu_{f}(c_{K}^{F})^{2} \| \boldsymbol{u}_{h}(t) \|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} \frac{1}{2} \frac{\gamma \mu_{f}}{\sqrt{\kappa_{2}}} \| (\boldsymbol{u}_{h} - \partial_{t} \boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}(t) \|_{\mathbf{L}^{2}(\Sigma)}^{2} + \mu_{s}(c_{K}^{P})^{2} \int_{0}^{t} \| \partial_{t} \boldsymbol{d}_{h} \|_{\mathbf{H}^{1}(\Omega_{P})}^{2} \\
+ C_{0} \int_{0}^{t} \| \partial_{t} p_{P,h}(t) \|_{L^{2}(\Omega_{P})}^{2} + \frac{\kappa_{1} c_{P}^{2}}{2\mu_{f}} \| p_{P,h}(t) \|_{H^{1}(\Omega_{P})}^{2} + \frac{1}{\lambda} \int_{0}^{t} \| \alpha \, \partial_{t} p_{P,h} - \partial_{t} \varphi_{h} \|_{L^{2}(\Omega_{P})}^{2} \\
\leq \mu_{f} \| \boldsymbol{\epsilon}(\boldsymbol{u}_{h})(0) \|_{\mathbf{L}^{2}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} \frac{1}{2} \frac{\gamma \mu_{f}}{\sqrt{\kappa_{1}}} \| (\boldsymbol{u}_{h} - \partial_{t} \boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}(0) \|_{\mathbf{L}^{2}(\Sigma)}^{2} + \frac{\kappa_{2}}{2\mu_{f}} \| \nabla p_{P,h}(0) \|_{L^{2}(\Omega_{P})}^{2} \\
+ \frac{\epsilon}{2} \left( \rho_{s} \int_{0}^{t} \| \partial_{t} \boldsymbol{d}_{h} \|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \frac{\rho_{f} \kappa_{2}}{\mu_{f}} ((C_{\Sigma}^{P})^{2} + 1) (\| p_{P,h}(0) \|_{H^{1}(\Omega_{P})}^{2} + \| p_{P,h}(t) \|_{H^{1}(\Omega_{P})}^{2}) \right) \\
+ \frac{1}{2\epsilon} \left( \rho_{s} \int_{0}^{t} \| \partial_{t} \boldsymbol{f} \|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \frac{\rho_{f} \kappa_{2}}{\mu_{f}} (\| \boldsymbol{g} \|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \| \boldsymbol{g} \cdot \boldsymbol{n} \|_{L^{2}(\Sigma)}^{2}) \right).$$

In addition, bounding the initial data terms as in (4.16) and taking  $\epsilon$  sufficiently small, we can assert that

$$\|\boldsymbol{u}_{h}(t)\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} \|(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}(t)\|_{\mathbf{L}^{2}(\Sigma)}^{2} + \int_{0}^{t} \|\partial_{t}\boldsymbol{d}_{h}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2}$$

$$+ \int_{0}^{t} \|\partial_{t}p_{P,h}(t)\|_{L^{2}(\Omega_{P})}^{2} + \|p_{P,h}(t)\|_{H^{1}(\Omega_{P})}^{2} + \frac{1}{\lambda} \int_{0}^{t} \|\alpha \, \partial_{t}p_{P,h} - \partial_{t}\varphi_{h}\|_{L^{2}(\Omega_{P})}^{2}$$

$$\leq C \left( \int_{0}^{t} \|\partial_{t}\boldsymbol{f}\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \|\boldsymbol{g}\|_{\mathbf{L}^{2}(\Omega_{P})}^{2} + \|\boldsymbol{g} \cdot \boldsymbol{n}\|_{L^{2}(\Sigma)}^{2} + \|p_{P,0}\|_{H^{1}(\Omega_{P})}^{2} \right), \tag{4.20}$$

with a constant C independent of  $\lambda_{\text{max}}$ . Next, using the inf-sup conditions (4.4) and (4.5), and

proceeding similarly to the derivations of (4.17) and (4.18), we obtain

$$||p_{F,h}(t)||_{L^{2}(\Omega_{F})}^{2} \leq C \Big( ||\boldsymbol{u}_{h}(t)||_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} ||(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}(t)||_{\mathbf{L}^{2}(\Sigma)}^{2} + ||p_{F,h}(t)||_{H^{1}(\Omega_{F})}^{2} + ||\boldsymbol{g}||_{\mathbf{L}^{2}(\Omega_{F})}^{2} \Big),$$

$$(4.21)$$

and

$$\|\varphi_{h}(t)\|_{L^{2}(\Omega_{P})}^{2} \leq C\left(\|p_{P,h}(t)\|_{H^{1}(\Omega_{P})}^{2} + \sum_{j=1}^{d-1} \|(\boldsymbol{u}_{h} - \partial_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}(t)\|_{\mathbf{L}^{2}(\Sigma)}^{2} + \|\boldsymbol{d}_{h}(t)\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|\boldsymbol{f}(t)\|_{\mathbf{L}^{2}(\Omega_{P})}^{2}\right). \tag{4.22}$$

Finally, combining (4.20)–(4.22) and employing (4.10a) for the control of  $\|\boldsymbol{d}_h(t)\|_{\mathbf{H}^1(\Omega_P)}$ , we obtain the second bound (4.10b).

Remark 4.1. We emphasise that, even though initial data was constructed for all variables, the initial value problem for (4.3) involves initial conditions only for  $p_{P,h}$ ,  $d_h$ , and  $\varphi_h$ .

## 4.3. Existence, uniqueness, and stability of the weak solution.

THEOREM 4.3. For each  $\mathbf{f} \in H^1(0,T; \mathbf{L}^2(\Omega_P))$  and  $p_{P,0} \in H^1_{\star}(\Omega_p)$ , there exist initial data  $\mathbf{u}_0 \in \mathbf{H}^1_{\star}(\Omega_F)$ ,  $p_{F,0} \in L^2(\Omega_F)$ ,  $\mathbf{d}_0 \in \mathbf{H}^1_{\star}(\Omega_P)$ , and  $\varphi_0 \in L^2(\Omega_P)$  such that the weak formulation (3.1) with  $a_1^F = 0$ ,  $c^F = 0$ , and  $\tilde{\alpha} = 1$ , complemented with the initial conditions  $p_P(0) = p_{P,0}$ ,  $\mathbf{d}(0) = \mathbf{d}_0$ , and  $\varphi(0) = \varphi_0$ , has a unique solution satisfying

$$\|\boldsymbol{u}\|_{L^{2}(0,T;\mathbf{H}^{1}(\Omega_{F}))} + \|p_{F}\|_{L^{2}(0,T;L^{2}(\Omega_{F}))} + \|\boldsymbol{d}\|_{L^{\infty}(0,T;\mathbf{H}^{1}(\Omega_{P}))}$$

$$+ \sum_{j=1}^{d-1} \|(\boldsymbol{u} - \partial_{t}\boldsymbol{d}) \cdot \boldsymbol{t}^{j}\|_{L^{2}(0,T;L^{2}(\Sigma))} + \|p_{P}\|_{L^{\infty}(0,T;L^{2}(\Omega_{P}))} + \|p_{P}\|_{L^{2}(0,T;H^{1}(\Omega_{P}))}$$

$$+ \|\varphi\|_{L^{2}(0,T;L^{2}(\Omega_{P}))} + \frac{1}{\sqrt{\lambda}} \|\alpha p_{P} - \varphi\|_{L^{\infty}(0,T;L^{2}(\Omega_{P}))}$$

$$\leq C \left( \|\boldsymbol{g}\|_{L^{2}(0,T;\mathbf{L}^{2}(\Omega))} + \|\boldsymbol{g} \cdot \boldsymbol{n}\|_{L^{2}(0,T;L^{2}(\Sigma))} + \|\boldsymbol{f}\|_{H^{1}(0,T;\mathbf{L}^{2}(\Omega_{P}))} + \|p_{P,0}\|_{H^{1}(\Omega_{P})} \right), \tag{4.23a}$$

and

$$\|\boldsymbol{u}\|_{L^{\infty}(0,T;\mathbf{H}^{1}(\Omega_{F}))} + \|p_{F}\|_{L^{\infty}(0,T;L^{2}(\Omega_{F}))} + \|\partial_{t}\boldsymbol{d}\|_{L^{2}(0,T;\mathbf{H}^{1}(\Omega_{P}))}$$

$$+ \sum_{j=1}^{d-1} \|(\boldsymbol{u} - \partial_{t}\boldsymbol{d}) \cdot \boldsymbol{t}^{j}\|_{L^{\infty}(0,T;L^{2}(\Sigma))} + \|\partial_{t}p_{F}\|_{L^{2}(0,T;L^{2}(\Omega_{P}))} + \|p_{F}\|_{L^{\infty}(0,T;H^{1}(\Omega_{P}))}$$

$$+ \|\varphi\|_{L^{\infty}(0,T;L^{2}(\Omega_{P}))} + \frac{1}{\sqrt{\lambda}} \|\alpha \partial_{t}p_{F} - \partial_{t}\varphi\|_{L^{2}(0,T;L^{2}(\Omega_{P}))}$$

$$\leq C \left( \|\boldsymbol{g}\|_{L^{2}(0,T;\mathbf{L}^{2}(\Omega))} + \|\boldsymbol{g} \cdot \boldsymbol{n}\|_{L^{2}(0,T;L^{2}(\Sigma))} + \|\boldsymbol{f}\|_{H^{1}(0,T;\mathbf{L}^{2}(\Omega_{P}))} + \|p_{P,0}\|_{H^{1}(\Omega_{P})} \right), \tag{4.23b}$$

with a constant C independent of  $\lambda_{max}$ .

Proof. From Theorem 4.2, there exists an infinite sequence  $\{(\boldsymbol{u}_h, p_{F,h}, \boldsymbol{d}_h, p_{P,h}, \varphi_h)\}_{h>0}$  satisfying (4.3) for each h such that  $\{\boldsymbol{u}_h\}_{h>0}$  is bounded in  $L^2(0,T;\mathbf{H}^1(\Omega_F))$ ,  $\{p_{F,h}\}_{h>0}$  is bounded in  $L^2(0,T;L^2(\Omega_F))$ ,  $\{\boldsymbol{d}_h\}_{h>0}$  is bounded in  $H^1(0,T;\mathbf{H}^1(\Omega_P))$ , the sequence  $\{p_{P,h}\}_{h>0}$  is bounded in  $H^1(0,T;L^2(\Omega_P))$ , as well as in  $L^2(0,T;H^1(\Omega_P))$ , and the sequence  $\{\varphi_h\}_{h>0}$  is bounded in  $H^1(0,T;L^2(\Omega_P))$ . Therefore there exist weakly convergent subsequences, denoted in the same way, such that

$$\boldsymbol{u}_h \rightharpoonup \boldsymbol{u} \text{ in } L^2(0,T;\mathbf{H}^1(\Omega_F)), \quad p_{F,h} \rightharpoonup p_F \text{ in } L^2(0,T;L^2(\Omega_F)),$$

$$\boldsymbol{d}_h \rightharpoonup \boldsymbol{d} \text{ in } H^1(0,T;\mathbf{H}^1(\Omega_P)),$$
  
$$p_{P,h} \rightharpoonup p_P \text{ in } H^1(0,T;L^2(\Omega_P)) \cap L^2(0,T;H^1(\Omega_P)), \quad \varphi_h \rightharpoonup \varphi \text{ in } H^1(0,T;L^2(\Omega_P)).$$

Next, we fix a set of test functions  $(\boldsymbol{v}_h, q_{F,h}, \boldsymbol{w}_h, q_{P,h}, \psi_h) \in C^0(0, T; \mathbf{V}_h \times \mathbf{Q}_h^F \times \mathbf{W}_h \times \mathbf{Q}_h^P \times \mathbf{Z}_h)$  in (4.2), integrate it in time from 0 to T, and take  $h \to 0$ . Since all bilinear forms and linear functionals are continuous, cf. Lemma 4.1, we conclude that  $(\boldsymbol{u}, p_F, \boldsymbol{d}, p_P, \varphi)$  satisfy the time-integrated version of (3.1) with this choice of test functions. Finally, since the space  $C^0(0,T; \mathbf{V}_h \times \mathbf{Q}_h^F \times \mathbf{W}_h \times \mathbf{Q}_h^P \times \mathbf{Z}_h)$ is dense in  $L^2(0,T; \mathbf{H}^1_{\star}(\Omega_F) \times L^2(\Omega_F) \times \mathbf{H}^1_{\star}(\Omega_P) \times H^1_{\star}(\Omega_P) \times L^2(\Omega_P))$ , we conclude that (3.1) holds for a.e.  $t \in (0,T)$ .

It remains to handle the initial conditions. First, taking  $h \to 0$  in  $p_{P,h}(0) = p_{P,h,0}$  gives  $p_P(0) = p_{P,0}$ . We further note that the control of the terms  $\|(\boldsymbol{u}_h - \partial_t \boldsymbol{d}_h) \cdot \boldsymbol{t}^j\|_{L^{\infty}(0,T;L^2(\Sigma))}$  and  $\|\boldsymbol{u}_h\|_{L^{\infty}(0,T;\mathbf{H}^1(\Omega_F))}$  in (4.10b) implies that for all  $t \in [0,T]$ ,  $\partial_t \boldsymbol{d}_h(t) \cdot \boldsymbol{t}^j \rightharpoonup \partial_t \boldsymbol{d}(t) \cdot \boldsymbol{t}^j$  in  $L^2(\Sigma)$ . Taking t=0 and  $h\to 0$  in (4.11) and using that  $\partial_t \mathbf{d}_h(0)\cdot \mathbf{t}^j=0$  on  $\Sigma$ , we conclude that  $\partial_t \mathbf{d}(0)\cdot \mathbf{t}^j=0$ on  $\Sigma$ . Next, the stability of the Stokes and elasticity problems for the initial data in the proof of Theorem 4.2 implies that there exist weakly convergent subsequences such that

$$\boldsymbol{u}_{h,0} \rightharpoonup \boldsymbol{u}_0 \text{ in } \mathbf{H}^1(\Omega_F), \ p_{F,h,0} \rightharpoonup p_{F,0} \text{ in } L^2(\Omega_F), \ \boldsymbol{d}_{h,0} \rightharpoonup \boldsymbol{d}_0 \text{ in } \mathbf{H}^1(\Omega_P), \ \varphi_{h,0} \rightharpoonup \varphi_0 \text{ in } L^2(\Omega_P).$$

Then, taking  $t \to 0$  in (3.1a)–(3.1b), (3.1c), and (3.1e) and using that the initial data satisfies the same equations, we conclude that  $\mathbf{u}(0) = \mathbf{u}_0$ ,  $p_F(0) = p_{F,0}$ ,  $\mathbf{d}(0) = \mathbf{d}_0$ , and  $\varphi(0) = \varphi_0$ .

Finally, the uniqueness of the solution under the initial conditions  $p_P(0) = p_{P,0}$ ,  $d(0) = d_0$ ,  $\varphi(0) = \varphi_0$ , and the stability bounds (4.23a) and (4.23b), follow in the same way as in the proof of Theorem 4.2.

5. Fully discrete scheme. We apply a time discretisation to (4.2) using backward Euler's method with fixed time step  $\Delta t = T/N$ . Let  $t_n = n\Delta t$ ,  $n = 0, \dots, N$ , be the discrete times. Starting from the discrete initial data constructed in the proof of Theorem 4.2, at each time iteration  $n=1,\ldots,N$  we look for  $(\boldsymbol{u}_h^n,p_{F.h}^n,\boldsymbol{d}_h^n,p_{P.h}^n,\varphi_h^n)\in \mathbf{V}_h\times \mathbf{Q}_h^F\times \mathbf{W}_h\times \mathbf{Q}_h^P\times \mathbf{Z}_h=:\mathbf{H}_h$  such that

$$a_{2}^{F}(\boldsymbol{u}_{h}^{n},\boldsymbol{v}_{h}) + b_{1}^{F}(\boldsymbol{v}_{h},p_{F,h}^{n}) + b_{2}^{\Sigma}(\boldsymbol{v}_{h},p_{P,h}^{n}) + b_{3}^{\Sigma}(\boldsymbol{v}_{h},\partial_{t}^{n}\boldsymbol{d}_{h}) = F^{F,n}(\boldsymbol{v}_{h}) \qquad \forall \boldsymbol{v}_{h} \in \mathbf{V}_{h}, \qquad (5.1a)$$

$$-b_{1}^{F}(\boldsymbol{u}_{h}^{n},q_{F,h}) = 0 \qquad \forall q_{F,h} \in \mathbf{Q}_{h}^{F}, \qquad (5.1b)$$

$$b_{3}^{\Sigma}(\boldsymbol{u}_{h}^{n},\boldsymbol{w}_{h}) + b_{4}^{\Sigma}(\boldsymbol{w}_{h},p_{P,h}^{n}) + a_{1}^{P}(\boldsymbol{d}_{h}^{n},\boldsymbol{w}_{h})$$

$$+a_{2}^{\Sigma}(\partial_{t}^{n}\boldsymbol{d}_{h},\boldsymbol{w}_{h}) + b_{1}^{P}(\boldsymbol{w}_{h},\varphi_{h}^{n}) = F^{P}(\boldsymbol{w}_{h}) \qquad \forall \boldsymbol{w}_{h} \in \mathbf{W}_{h}, \qquad (5.1c)$$

$$-b_{2}^{\Sigma}(\boldsymbol{u}_{h}^{n},q_{P,h}) - b_{4}^{\Sigma}(\partial_{t}^{n}\boldsymbol{d}_{h},q_{P,h}) + a_{3}^{P}(\partial_{t}^{n}p_{P,h},q_{P,h})$$

$$+a_{4}^{P}(p_{P,h}^{n},q_{P,h}) - b_{2}^{P}(\partial_{t}^{n}\varphi_{h},q_{P,h}) = G^{n}(q_{P,h}) \qquad \forall q_{P,h} \in \mathbf{Q}_{h}^{P}, \qquad (5.1d)$$

$$-b_{1}^{P}(\boldsymbol{d}_{h}^{n},\psi_{h}) - b_{2}^{P}(\psi_{h},p_{P,h}^{n}) + a_{5}^{P}(\varphi_{h}^{n},\psi_{h}) = 0 \qquad \forall \psi_{h} \in \mathbf{Z}_{h}, \qquad (5.1e)$$

$$-b_1^P(\mathbf{d}_h^n, \psi_h) - b_2^P(\psi_h, p_{P,h}^n) + a_5^P(\varphi_h^n, \psi_h) = 0 \qquad \forall \psi_h \in \mathbf{Z}_h, \tag{5.1e}$$

where, for a generic scalar or vector field f, we set  $f^n := f(t_n)$  and  $\partial_t^n f := \frac{1}{\Delta t} (f^n - f^{n-1})$ . For convenience we also define the global discrete time derivative  $\partial_t f$  such that  $(\partial_t f)^n := \partial_t^n f$  for  $n=1,\ldots,N$ . The method requires solving at each time step the algebraic system

$$\begin{bmatrix} \mathcal{A}_{2}^{F} & (\mathcal{B}_{1}^{F})' & \frac{1}{\Delta t} (\mathcal{B}_{3}^{\Sigma})' & (\mathcal{B}_{2}^{\Sigma})' & \mathbf{0} \\ -\mathcal{B}_{1}^{F} & \mathbf{0} & \mathbf{0} & \mathbf{0} \\ -\mathcal{B}_{1}^{F} & \mathbf{0} & -\mathbf{0} & \mathbf{0} & \mathbf{0} \\ -\mathcal{B}_{3}^{\Sigma} & \mathbf{0} & \mathcal{A}_{1}^{P} + \frac{1}{\Delta t} \mathcal{A}_{2}^{\Sigma} & (\mathcal{B}_{4}^{\Sigma})' & (\mathcal{B}_{1}^{P})' \\ -\mathcal{B}_{2}^{\Sigma} & \mathbf{0} & -\frac{1}{\Delta t} \mathcal{B}_{4}^{\Sigma} & \frac{1}{\Delta t} \mathcal{A}_{3}^{P} + \mathcal{A}_{4}^{P} & -\frac{1}{\Delta t} (\mathcal{B}_{2}^{P})' \\ \mathbf{0} & \mathbf{0} & -\mathcal{B}_{1}^{P} & -\mathcal{B}_{2}^{P} & \mathcal{A}_{5}^{P} \end{bmatrix} \begin{bmatrix} \mathbf{u}_{h}^{n} \\ p_{F,h}^{n} \\ \mathbf{d}_{h}^{n} \\ p_{P,h}^{n} \\ \varphi_{h}^{n} \end{bmatrix} = \begin{bmatrix} \tilde{\mathcal{F}}^{F,n} \\ \mathbf{0} \\ \tilde{\mathcal{F}}^{P,n} \\ \tilde{\mathcal{G}}^{n} \\ \mathbf{0} \end{bmatrix}, \quad (5.2)$$

where the tilde-notation on the right-hand side vectors indicate that they also receive contributions from the backward Euler time-discretisation.

Theorem 5.1. The fully discrete method (5.2) has a unique solution.

*Proof.* Consider the matrix obtained from the matrix in (5.2) by scaling the third and fifth rows by  $\frac{1}{\Delta t}$ . It has the same structure as the matrix  $\mathcal{N} + \mathcal{M}$  that appears in the proof of Theorem 4.2, which is shown to be nonsingular. Therefore the scaled matrix is nonsingular, and so is the matrix in (5.2).

**5.1. Error estimates for the fully discrete scheme.** We proceed with the error analysis for the fully discrete scheme. We will make use of the discrete space-time norms for  $f: t_n \to V$ , n = 1, ..., N,

$$||f||_{l^2(0,T;V)}^2 := \sum_{n=1}^N \Delta t ||f^n||_V^2, \quad ||f||_{l^\infty(0,T;V)} := \max_{n=1,\dots,N} ||f^n||_V,$$

Let  $I^{\mathbf{V}}: \mathbf{H}^{1}_{\star}(\Omega_{F}) \to \mathbf{V}_{h}$ ,  $I^{\mathbf{W}}: \mathbf{H}^{1}_{\star}(\Omega_{P}) \to \mathbf{W}_{h}$ , and  $I^{\mathbb{Q}^{P}}: H^{1}_{\star}(\Omega_{P}) \to \mathbb{Q}_{h}^{P}$  be the Scott-Zhang interpolants [44]. In addition, let  $I^{\mathbb{Q}^{F}}: L^{2}(\Omega_{F}) \to \mathbb{Q}_{h}^{F}$  and  $I^{\mathbb{Z}}: L^{2}(\Omega_{P}) \to \mathbb{Z}_{h}$  be the  $L^{2}$ -orthogonal projections. These operators have the approximation properties (see, e.g., [19, 44])

$$\|\mathbf{v} - I^{\mathbf{V}}\mathbf{v}\|_{\mathbf{H}^{s}(\Omega_{F})} \le Ch^{k_{v}-s}\|\mathbf{v}\|_{\mathbf{H}^{k_{v}}(\Omega_{F})}, \qquad 1 \le k_{v} \le k+2, \ 0 \le s \le 1,$$
 (5.3)

$$\|q_F - I^{Q^F} q_F\|_{L^2(\Omega_P)} \le C h^{k_{q_F}} \|q_F\|_{H^{k_{q_F}}(\Omega_F)}, \qquad 0 \le k_{q_F} \le k+1,$$
 (5.4)

$$\|\boldsymbol{w} - I^{\mathbf{W}}\boldsymbol{v}\|_{\mathbf{H}^{s}(\Omega_{P})} \le Ch^{k_{w}-s}\|\boldsymbol{v}\|_{\mathbf{H}^{k_{w}}(\Omega_{P})}, \qquad 1 \le k_{w} \le k+2, \ 0 \le s \le 1,$$
 (5.5)

$$\|q_P - I^{\mathbb{Q}^P} q_P\|_{H^s(\Omega_P)} \le C h^{k_{q_P} - s} \|q_P\|_{H^{k_{q_P}}(\Omega_P)}, \qquad 1 \le k_{q_P} \le k + 2, \ 0 \le s \le 1,$$
 (5.6)

$$\|\psi - I^{\mathbf{Z}}\psi\|_{L^{2}(\Omega_{P})} \le Ch^{k_{z}}\|\psi\|_{H^{k_{z}}(\Omega_{P})}, \qquad 0 \le k_{z} \le k+1.$$
(5.7)

Theorem 5.2. Assume that the weak solution of (3.1) is sufficiently smooth. Then, for the fully discrete solution (5.1), there exists a constant C independent of  $\lambda_{max}$ , h, and  $\Delta t$ , such that

$$\|\boldsymbol{u} - \boldsymbol{u}_{h}\|_{l^{2}(0,T;\mathbf{H}^{1}(\Omega_{F}))} + \|p_{F} - p_{F,h}\|_{l^{2}(0,T;L^{2}(\Omega_{F}))} + \|\boldsymbol{d} - \boldsymbol{d}_{h}\|_{l^{\infty}(0,T;\mathbf{H}^{1}(\Omega_{P}))}$$

$$+ \sum_{j=1}^{d-1} \|(\boldsymbol{u} - \tilde{\partial}_{t}\boldsymbol{d}_{h}) \cdot \boldsymbol{t}^{j}\|_{l^{2}(0,T;L^{2}(\Sigma))} + \|p_{P} - p_{P,h}\|_{l^{\infty}(0,T;L^{2}(\Omega_{P}))} + \|p_{P} - p_{P,h}\|_{l^{2}(0,T;H^{1}(\Omega_{P}))}$$

$$+ \|\varphi - \varphi_{h}\|_{l^{2}(0,T;L^{2}(\Omega_{P}))} + \frac{1}{\sqrt{\lambda}} \|(\alpha p_{P} - \varphi) - (\alpha p_{P,h} - \varphi_{h})\|_{l^{\infty}(0,T;L^{2}(\Omega_{P}))}$$

$$\leq C \left(h^{k_{v}} \|\boldsymbol{u}\|_{H^{1}(0,T;\mathbf{H}^{k_{v}+1}(\Omega_{F}))} + h^{k_{q_{F}}} \|p_{F}\|_{H^{1}(0,T;H^{k_{q_{F}}}(\Omega_{F}))} + h^{k_{w}} \|\boldsymbol{d}\|_{W^{2,\infty}(0,T;\mathbf{H}^{k_{w}+1}(\Omega_{P}))}$$

$$+ h^{k_{q_{P}}} \|p_{P}\|_{H^{1}(0,T;H^{k_{q_{P}}+1}(\Omega_{P}))} + h^{k_{\varphi}} \|\varphi\|_{H^{1}(0,T;H^{k_{\varphi}}(\Omega_{P}))}$$

$$+ \Delta t \left(\|\boldsymbol{d}\|_{H^{3}(0,T;\mathbf{L}^{2}(\Sigma))} + \|p_{P}\|_{H^{2}(0,T;L^{2}(\Omega_{P})} + \|\varphi\|_{H^{2}(0,T;L^{2}(\Omega_{P}))}\right),$$

$$0 \leq k_{v}, k_{q_{F}}, k_{w}, k_{q_{P}}, k_{\varphi} \leq k + 1.$$

$$(5.8)$$

*Proof.* We decompose the numerical errors into approximation and discretisation components:

$$u - u_h = (u - I^{\mathbf{V}} u) + (I^{\mathbf{V}} u - u_h) =: e_{u,I} + e_{u,h},$$

$$p_F - p_{F,h} = (p_F - I^{Q^F} p_F) + (I^{Q^F} p_F - p_{F,h}) =: e_{p_F,I} + e_{p_F,h},$$

$$d - d_h = (d - I^{\mathbf{W}} d) + (I^{\mathbf{W}} d - d_h) =: e_{d,I} + e_{d,h},$$

$$p_P - p_{P,h} = (p_P - I^{Q^P} p_P) + (I^{Q^P} p_P - p_{P,h}) =: e_{p_P,I} + e_{p_P,h},$$

$$\varphi - \varphi_h = (\varphi - I^{\mathbb{Z}}\varphi) + (I^{\mathbb{Z}}\varphi - \varphi_h) =: e_{\varphi,I} + e_{\varphi,h}.$$

Denote the time discretisation errors as  $r_{\phi}^{n} := \phi(t_{n}) - \partial_{t}^{n} \phi$ , for  $\phi \in \{d, p_{P}, \varphi\}$ . Subtracting (5.1) from (3.1), we obtain the error system

$$a_{2}^{F}(e_{\mathbf{u},h}^{n},\mathbf{v}_{h}) + b_{1}^{F}(\mathbf{v}_{h},e_{p_{F},h}^{n}) + b_{2}^{\Sigma}(\mathbf{v}_{h},e_{p_{P},h}^{n}) + b_{3}^{\Sigma}(\mathbf{v}_{h},\partial_{t}^{n}e_{\mathbf{d},h})$$

$$= -a_{2}^{F}(e_{\mathbf{u},I}^{n},\mathbf{v}_{h}) - b_{1}^{F}(\mathbf{v}_{h},e_{p_{F},I}^{n}) - b_{2}^{\Sigma}(\mathbf{v}_{h},e_{p_{P},I}^{n}) - b_{3}^{\Sigma}(\mathbf{v}_{h},\partial_{t}^{n}e_{\mathbf{d},I}) - b_{3}^{\Sigma}(\mathbf{v}_{h},r_{\mathbf{d}}^{n}), \qquad (5.9a)$$

$$- b_{1}^{F}(e_{\mathbf{u},h}^{n},q_{F,h}) = b_{1}^{F}(e_{\mathbf{u},I}^{n},q_{F,h}), \qquad (5.9b)$$

$$b_{3}^{\Sigma}(e_{\mathbf{u},h}^{n},\mathbf{w}_{h}) + b_{4}^{\Sigma}(\mathbf{w}_{h},e_{p_{P},h}^{n}) + a_{1}^{P}(e_{\mathbf{d},h}^{n},\mathbf{w}_{h}) + a_{2}^{\Sigma}(\partial_{t}^{n}e_{\mathbf{d},h},\mathbf{w}_{h}) + b_{1}^{P}(\mathbf{w}_{h},e_{\varphi,h}^{n}) = -b_{3}^{\Sigma}(e_{\mathbf{u},I}^{n},\mathbf{w}_{h})$$

$$- b_{4}^{\Sigma}(\mathbf{w}_{h},e_{p_{P},I}^{n}) - a_{1}^{P}(e_{\mathbf{d},I}^{n},\mathbf{w}_{h}) - a_{2}^{\Sigma}(\partial_{t}^{n}e_{\mathbf{d},I},\mathbf{w}_{h}) - b_{1}^{P}(\mathbf{w}_{h},e_{\varphi,I}^{n}) - a_{2}^{\Sigma}(r_{\mathbf{d}}^{n},\mathbf{w}_{h}), \qquad (5.9c)$$

$$- b_{2}^{\Sigma}(e_{\mathbf{u},h}^{n},q_{P,h}) - b_{4}^{\Sigma}(\partial_{t}^{n}e_{\mathbf{d},h},q_{P,h}) + a_{3}^{P}(\partial_{t}^{n}e_{p_{P},h},q_{P,h}) + a_{4}^{P}(e_{p_{P},h}^{n},q_{P,h}) - b_{2}^{P}(\partial_{t}^{n}e_{\varphi,h},q_{P,h})$$

$$= b_{2}^{\Sigma}(e_{\mathbf{u},I}^{n},q_{P,h}) + b_{4}^{\Sigma}(\partial_{t}^{n}e_{\mathbf{d},I},q_{P,h}) - a_{3}^{P}(r_{p_{P}}^{n},q_{P,h}) - a_{4}^{P}(e_{p_{P},I}^{n},q_{P,h}) - a_{4}^{P}(e_{p_{P},I}^{n},q_{P,h})$$

$$+ b_{2}^{P}(\partial_{t}^{n}e_{\varphi,I},q_{P,h}) - a_{3}^{P}(r_{p_{P}}^{n},q_{P,h}) - b_{2}^{P}(r_{\varphi}^{n},q_{P,h}) + a_{5}^{P}(\partial_{t}^{n}e_{\varphi,h},\psi_{h}) = b_{1}^{P}(\partial_{t}^{n}e_{\mathbf{d},I},\psi_{h}) + b_{2}^{P}(\psi_{h},\partial_{t}^{n}e_{p_{P},I}). \qquad (5.9d)$$

$$- b_{1}^{P}(\partial_{t}^{n}e_{\mathbf{d},h},\psi_{h}) - b_{2}^{P}(\psi_{h},\partial_{t}^{n}e_{p_{P},h}) + a_{5}^{P}(\partial_{t}^{n}e_{\varphi,h},\psi_{h}) = b_{1}^{P}(\partial_{t}^{n}e_{\mathbf{d},I},\psi_{h}) + b_{2}^{P}(\psi_{h},\partial_{t}^{n}e_{p_{P},I}). \qquad (5.9e)$$

Equation (5.9e) has been obtained by taking the divided difference of the error equation at  $t_n$  and  $t_{n-1}$  for  $n=1,\ldots,N$ , using that it is satisfied by the initial data. We also used the orthogonality property of  $I^Z$  to conclude that  $a_5^P(\partial_t^n e_{\varphi,I},\psi_h)=0$ . Now, taking  $(\boldsymbol{v}_h,q_{F,h},\boldsymbol{w}_h,q_{P,h},\psi_h)=(e_{\boldsymbol{u},h}^n,e_{p_F,h}^n,\partial_t^n e_{\boldsymbol{d},h},e_{p_F,h}^n,e_{\varphi,h}^n)$  in (5.9), summing the equations, and using the identity

$$(\partial_t^n \phi)\phi^n = \frac{1}{2}\partial_t^n (\phi^2) + \frac{1}{2}\Delta t(\partial_t^n \phi)^2, \tag{5.10}$$

results in

$$2\mu_{f} \int_{\Omega_{F}} \boldsymbol{\epsilon}(e_{\boldsymbol{u},h}^{n}) : \boldsymbol{\epsilon}(e_{\boldsymbol{u},h}^{n}) + \sum_{j=1}^{d-1} \langle \frac{\gamma \mu_{f}}{\sqrt{\kappa}} (e_{\boldsymbol{u},h}^{n} - \partial_{t}^{n} e_{\boldsymbol{d},h}) \cdot \boldsymbol{t}^{j}, (e_{\boldsymbol{u},h}^{n} - \partial_{t}^{n} e_{\boldsymbol{d},h}) \cdot \boldsymbol{t}^{j} \rangle_{\Sigma}$$

$$+ \frac{1}{2} \partial_{t}^{n} 2\mu_{s} \int_{\Omega_{P}} \boldsymbol{\epsilon}(e_{\boldsymbol{d},h}) : \boldsymbol{\epsilon}(e_{\boldsymbol{d},h}) + \frac{1}{2} \Delta t \, 2\mu_{s} \int_{\Omega_{P}} \partial_{t}^{n} \boldsymbol{\epsilon}(e_{\boldsymbol{d},h}) : \partial_{t}^{n} \boldsymbol{\epsilon}(e_{\boldsymbol{d},h})$$

$$+ \frac{1}{2} \partial_{t}^{n} C_{0} \int_{\Omega_{P}} (e_{p_{P},h})^{2} + \frac{1}{2} \Delta t C_{0} \int_{\Omega_{P}} (\partial_{t}^{n} e_{p_{P},h})^{2} + \int_{\Omega_{P}} \frac{\kappa}{\mu_{f}} \nabla e_{p_{P},h}^{n} \cdot \nabla e_{p_{P},h}^{n}$$

$$+ \frac{1}{2} \partial_{t}^{n} \frac{1}{\lambda} \int_{\Omega_{P}} (\alpha e_{p_{P},h} - e_{\varphi,h})^{2} + \frac{1}{2} \Delta t \frac{1}{\lambda} \int_{\Omega_{P}} (\partial_{t}^{n} (\alpha e_{p_{P},h} - e_{\varphi,h}))^{2} = \mathcal{L}^{n},$$

$$(5.11)$$

where  $\mathcal{L}^n$  is the collection of terms that appear on the right-hand sides in (5.9). Using the continuity of the bilinear forms, cf. Lemma 4.1, and Young's inequality, we have

$$\mathcal{L}^{n} \leq \epsilon \left( \|e_{\boldsymbol{u},h}^{n}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \|e_{p_{F},h}^{n}\|_{L^{2}(\Omega_{F})}^{2} + \|e_{p_{P},h}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|e_{\varphi,h}^{n}\|_{L^{2}(\Omega_{P})}^{2} \right) 
+ C_{\epsilon} \left( \|e_{\boldsymbol{u},I}^{n}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \|e_{p_{F},I}^{n}\|_{L^{2}(\Omega_{F})}^{2} + \|e_{p_{P},I}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|\partial_{t}^{n}e_{\boldsymbol{d},I}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|\partial_{t}^{n}e_{\boldsymbol{d},I}\|_{L^{2}(\Omega_{P})}^{2} + \|\partial_{t}^{n}e_{\boldsymbol{d},I}\|_{L^{2}(\Omega_{P})}^{2} + \|r_{\boldsymbol{d}}^{n}\|_{L^{2}(\Omega_{P})}^{2} + \|r_{p_{P}}^{n}\|_{L^{2}(\Omega_{P})}^{2} + \|r_{\varphi}^{n}\|_{L^{2}(\Omega_{P})}^{2} \right) + \mathcal{H}(\partial_{t}^{n}e_{\boldsymbol{d},h}), \tag{5.12}$$

where  $\mathcal{H}(\partial_t^n e_{\mathbf{d},h})$  is the collection of terms on the right-hand side of (5.9c) with  $w_h = \partial_t^n e_{\mathbf{d},h}$ . Multiplying (5.11) by  $\Delta t$ , summing for n from 1 to  $k \in \{1, \ldots, N\}$ , and using (5.12), we obtain

$$\Delta t \sum_{n=1}^{k} \left( \|e_{\boldsymbol{u},h}^{n}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \sum_{i=1}^{d-1} \|(e_{\boldsymbol{u},h}^{n} - \partial_{t}^{n} e_{\boldsymbol{d},h}) \cdot \boldsymbol{t}^{j}\|_{L^{2}(\Sigma)}^{2} + \|e_{p_{P},h}^{n}\|_{H^{1}(\Omega_{P})}^{2} \right)$$

$$+ \|e_{\mathbf{d},h}^{k}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|e_{p_{P},h}^{k}\|_{L^{2}(\Omega_{P})}^{2} + \frac{1}{\lambda}\|\alpha e_{p_{P},h}^{k} - e_{\varphi,h}^{k}\|_{L^{2}(\Omega_{P})}^{2}$$

$$\leq C\Delta t \sum_{n=1}^{k} \left( \epsilon \left( \|e_{\mathbf{u},h}^{n}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \|e_{p_{F},h}^{n}\|_{L^{2}(\Omega_{F})}^{2} + \|e_{p_{P},h}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|e_{\varphi,h}^{n}\|_{L^{2}(\Omega_{P})}^{2} \right)$$

$$+ C_{\epsilon} \left( \|e_{\mathbf{u},I}^{n}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \|e_{p_{F},I}^{n}\|_{L^{2}(\Omega_{F})}^{2} + \|e_{p_{P},I}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|\partial_{t}^{n}e_{\mathbf{d},I}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|\partial_{t}^{n}e_{\mathbf{p}_{P},I}\|_{H^{1}(\Omega_{P})}^{2} \right)$$

$$+ \|\partial_{t}^{n}e_{\varphi,I}\|_{L^{2}(\Omega_{P})}^{2} + \|r_{\mathbf{d}}^{n}\|_{\mathbf{L}^{2}(\Sigma)}^{2} + \|r_{p_{P}}^{n}\|_{L^{2}(\Omega_{P})}^{2} + \|r_{\varphi}^{n}\|_{L^{2}(\Omega_{P})}^{2} \right) + \mathcal{H}(\partial_{t}^{n}e_{\mathbf{d},h})$$

$$+ C\left( \|e_{\mathbf{d},h}^{0}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|e_{p_{P},h}^{0}\|_{L^{2}(\Omega_{P})}^{2} + \frac{1}{\lambda}\|\alpha e_{p_{P},h}^{0} - e_{\varphi,h}^{0}\|_{L^{2}(\Omega_{P})}^{2} \right),$$

$$(5.13)$$

where we also used Korn's inequality (4.7), the Poincaré inequality (4.6), and the permeability bound (4.9). Next, for each term in  $\mathcal{H}(\partial_t^n e_{d,h})$  we use summation by parts:

$$\Delta t \sum_{n=1}^{k} \phi^n \partial_t^n e_{\mathbf{d},h} = \phi^k e_{\mathbf{d},h}^k - \phi^1 e_{\mathbf{d},h}^0 - \Delta t \sum_{n=2}^{k} \partial_t^n \phi e_{\mathbf{d},h}^{n-1},$$

where  $\phi$  stands for any of the functions that appear in  $\mathcal{H}(\partial_t^n e_{\mathbf{d},h})$ . Then, for the first term in  $\mathcal{H}(\partial_t^n e_{\mathbf{d},h})$  we write, using Young's inequality,

$$\Delta t \sum_{n=1}^{k} b_{3}^{\Sigma}(e_{\mathbf{u},I}^{n}, \partial_{t}^{n} e_{\mathbf{d},h}) = b_{3}^{\Sigma}(e_{\mathbf{u},I}^{k}, e_{\mathbf{d},h}^{k}) - b_{3}^{\Sigma}(e_{\mathbf{u},I}^{1}, e_{\mathbf{d},h}^{0}) - \Delta t \sum_{n=2}^{k} b_{3}^{\Sigma}(\partial_{t}^{n} e_{\mathbf{u},I}, e_{\mathbf{d},h}^{n-1}) 
\leq \epsilon \|e_{\mathbf{d},h}^{k}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + C_{\epsilon} \|e_{\mathbf{u},I}^{k}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + C(\|e_{\mathbf{d},h}^{0}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|e_{\mathbf{u},I}^{1}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2}) 
+ C\Delta t \sum_{n=2}^{k} (\|e_{\mathbf{d},h}^{n-1}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|\partial_{t}^{n} e_{\mathbf{u},I}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2}).$$
(5.14)

Now, combining (5.13)–(5.14), and using for the rest of the terms in  $\mathcal{H}(\partial_t^n e_{\mathbf{d},h})$  bounds that are similar to (5.14), we arrive at

$$\Delta t \sum_{n=1}^{k} \left( \|e_{\mathbf{u},h}^{n}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} \|(e_{\mathbf{u},h}^{n} - \partial_{t}^{n} e_{\mathbf{d},h}) \cdot t^{j}\|_{L^{2}(\Sigma)}^{2} + \|e_{p_{P},h}^{n}\|_{H^{1}(\Omega_{P})}^{2} \right)$$

$$+ \|e_{\mathbf{d},h}^{k}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|e_{p_{P},h}^{k}\|_{L^{2}(\Omega_{P})}^{2} + \frac{1}{\lambda} \|\alpha e_{p_{P},h}^{k} - e_{\varphi,h}^{k}\|_{L^{2}(\Omega_{P})}^{2}$$

$$\leq C\Delta t \sum_{n=1}^{k} \left( \epsilon \left( \|e_{\mathbf{u},h}^{n}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \|e_{p_{F},h}^{n}\|_{L^{2}(\Omega_{F})}^{2} + \|e_{p_{P},h}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|e_{\varphi,h}^{n}\|_{L^{2}(\Omega_{P})}^{2} \right)$$

$$+ \|e_{\mathbf{u},I}^{n}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \|e_{p_{F},I}^{n}\|_{L^{2}(\Omega_{F})}^{2} + \|e_{p_{P},I}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|r_{\mathbf{d}}^{n}\|_{\mathbf{L}^{2}(\Sigma)}^{2} + \|r_{p_{P}}^{n}\|_{L^{2}(\Omega_{P})}^{2} + \|r_{\varphi}^{n}\|_{L^{2}(\Omega_{P})}^{2} + \|r_{\varphi}^{n}\|_{L^{$$

We continue with bounding  $\|e_{p_F,h}^n\|_{L^2(\Omega_F)}^2$  and  $\|e_{\varphi,h}^n\|_{L^2(\Omega_P)}^2$ , which appear on the right-hand side above. The inf-sup condition (4.4) and (5.9a) imply

$$\Delta t \sum_{n=1}^{k} \|e_{p_{F},h}^{n}\|_{L^{2}(\Omega_{F})}^{2} \leq C \Delta t \sum_{n=1}^{k} \left( \|e_{\mathbf{u},h}^{n}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \sum_{j=1}^{d-1} \|(e_{\mathbf{u},h}^{n} - \partial_{t}^{n} e_{\mathbf{d},h}) \cdot \mathbf{t}^{j}\|_{L^{2}(\Sigma)}^{2} + \|e_{p_{P},h}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|e_{\mathbf{u},I}^{n}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} + \|e_{p_{F},I}^{n}\|_{L^{2}(\Omega_{F})}^{2} + \|e_{p_{P},I}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|\partial_{t}^{n} e_{\mathbf{d},I}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|r_{\mathbf{d}}^{n}\|_{\mathbf{L}^{2}(\Sigma)}^{2} \right).$$

$$(5.16)$$

On the other hand, the inf-sup condition (4.5) and (5.9c) imply

$$\Delta t \sum_{n=1}^{k} \|e_{\varphi,h}^{n}\|_{L^{2}(\Omega_{P})}^{2} \leq C \Delta t \sum_{n=1}^{k} \left( \|e_{p_{P},h}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \sum_{j=1}^{d-1} \|(e_{\mathbf{u},h}^{n} - \partial_{t}^{n} e_{\mathbf{d},h}) \cdot \mathbf{t}^{j}\|_{L^{2}(\Sigma)}^{2} + \|e_{\mathbf{d},h}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|e_{\mathbf{d},h}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|e_{\mathbf{d},I}^{n}\|_{H^{1}(\Omega_{P})}^{2} + \|\partial_{t}^{n} e_{\mathbf{d},I}\|_{H^{1}(\Omega_{P})}^{2} + \|e_{\varphi,I}^{n}\|_{L^{2}(\Sigma)}^{2} + \|r_{\mathbf{d}}^{n}\|_{L^{2}(\Sigma)}^{2} \right).$$

$$(5.17)$$

Before combining (5.15)–(5.17), we note that the terms involving  $\partial_t^n$  on the right-hand sides require special treatment. In particular, it holds for  $\phi(t)$  that

$$(\partial_t^n \phi)^2 = \frac{1}{\Delta t^2} \left( \int_{t_{n-1}}^{t_n} \partial_t \phi \right)^2 \le \frac{1}{\Delta t} \int_{t_{n-1}}^{t_n} (\partial_t \phi)^2,$$

implying, for  $\phi:[0,T]\to V$ , where V is a Banach space with norm  $\|\cdot\|_V$ ,

$$\Delta t \sum_{n=1}^{k} \|\partial_t^n \phi\|_V^2 \le \int_0^{t_k} \|\partial_t \phi\|_V^2.$$

We then have

$$\Delta t \sum_{n=1}^{k} \left( \|\partial_{t}^{n} e_{\mathbf{d},I}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|\partial_{t}^{n} e_{p_{P},I}\|_{H^{1}(\Omega_{P})}^{2} + \|\partial_{t}^{n} e_{\varphi,I}\|_{L^{2}(\Omega_{P})}^{2} + \|\partial_{t}^{n} e_{\mathbf{u},I}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} \right) \\
\leq C \int_{0}^{t_{k}} \left( \|\partial_{t} e_{\mathbf{d},I}\|_{\mathbf{H}^{1}(\Omega_{P})}^{2} + \|\partial_{t} e_{p_{P},I}\|_{H^{1}(\Omega_{P})}^{2} + \|\partial_{t} e_{\varphi,I}\|_{L^{2}(\Omega_{P})}^{2} + \|\partial_{t} e_{\mathbf{u},I}\|_{\mathbf{H}^{1}(\Omega_{F})}^{2} \right). \tag{5.18}$$

To bound the term  $\|\partial_t^n \partial_t^n e_{\boldsymbol{d},I}\|_{\mathbf{H}^1(\Omega_P)}^2$  in (5.15), for any  $\phi(t)$  we have, using the integral mean value theorem and the mean value theorem,

$$(\partial_t^n \partial_t^n \phi)^2 = \frac{1}{\Delta t^4} \left( \int_{t_{n-1}}^{t^n} \partial_t \phi - \int_{t_{n-2}}^{t^{n-1}} \partial_t \phi \right)^2 = \frac{1}{\Delta t^2} \left( \partial_t \phi(\xi^n) - \partial_t \phi(\xi^{n-1}) \right)^2 = \partial_{tt} \phi(\xi), \quad \xi \in [t_{n-2}, t_n].$$

Therefore it holds that

$$\Delta t \sum_{n=2}^{k} \|\partial_t^n \partial_t^n e_{\mathbf{d},I}\|_{\mathbf{H}^1(\Omega_P)}^2 \le C \operatorname{ess sup}_{t \in (0,t_k)} \|\partial_{tt} e_{\mathbf{d},I}\|_{\mathbf{H}^1(\Omega_P)}^2.$$

$$(5.19)$$

Next, we need to bound the time discretisation error. Taylor expansion gives

$$r_{\phi}^{n} = \frac{1}{\Delta t} \int_{t_{n}}^{t_{n-1}} \partial_{tt} \phi(t) (t_{n-1} - t) dt,$$

thus, for  $\phi:[0,T]\to V$ ,

$$||r_{\phi}^{n}||_{V} \le C\Delta t \operatorname*{ess\,sup}_{t \in (t_{n-1}, t_n)} ||\partial_{tt}\phi||_{V} \quad \text{and} \quad \Delta t \sum_{n=1}^{k} ||r_{\phi}^{n}||_{V}^{2} \le C\Delta t^{2} \int_{0}^{t_{k}} ||\partial_{tt}\phi||_{V}^{2}.$$
 (5.20)

Similarly,

$$\Delta t \sum_{n=1}^{k} \|\partial_t^n r_\phi\|_V^2 \le C \Delta t^2 \int_0^{t_k} \|\partial_{ttt} \phi\|_V^2.$$
 (5.21)

Finally, we need a bound on the initial discretisation error. Recalling the construction of the discrete initial data in the proof of Theorem 4.2 and the definition of the continuous initial data in the proof of Theorem 4.3, we note that  $(\boldsymbol{u}_h^0, p_{F,h}^0)$  is the Stokes elliptic projection of  $(\boldsymbol{u}(0), p_{F,h}(0))$  based on (4.2a)–(4.2b) at t=0 with  $\partial_t \boldsymbol{d}_h=0$  and the term  $b_2^{\Sigma}(p_{P,0}-p_{P,h,0},\boldsymbol{v}_h)$  on the right-hand side. In addition,  $(\boldsymbol{d}_h^0, \varphi_h^0)$  is the elliptic projection of  $(\boldsymbol{d}(0), \varphi(0))$  based on the stable problem (4.2c)–(4.2e) at t=0 with  $\partial_t \boldsymbol{d}_h=0$  and the terms  $b_3^{\Sigma}(\boldsymbol{u}(0)-\boldsymbol{u}_h^0, \boldsymbol{w}_h), b_4^{\Sigma}(\boldsymbol{w}_h, p_{P,0}-p_{P,h,0})$ , and  $b_2^P(\psi_h, p_{P,0}-p_{P,h,0})$  on the right-hand side. Classical finite element analysis for these two problems implies that

$$\|e_{\mathbf{u},h}^{0}\|_{\mathbf{H}^{1}(\Omega_{F})} + \|e_{p_{F},h}^{0}\|_{L^{2}(\Omega_{F})} + \|e_{\mathbf{d},h}^{0}\|_{\mathbf{H}^{1}(\Omega_{P})} + \|e_{p_{P},h}^{0}\|_{L^{2}(\Omega_{P})} + \|e_{\varphi,h}^{0}\|_{L^{2}(\Omega_{P})}$$

$$\leq C(\|e_{\mathbf{u},I}^{0}\|_{\mathbf{H}^{1}(\Omega_{F})} + \|e_{p_{F},I}^{0}\|_{L^{2}(\Omega_{F})} + \|e_{\mathbf{d},I}^{0}\|_{\mathbf{H}^{1}(\Omega_{P})} + \|e_{p_{P},I}^{0}\|_{L^{2}(\Omega_{P})} + \|e_{\varphi,I}^{0}\|_{L^{2}(\Omega_{P})}).$$

$$(5.22)$$

The assertion of the theorem follows from combining (5.15)–(5.22), using the discrete Gronwall inequality [43, Lemma 1.4.2] for the term  $\Delta t \sum_{n=2}^{k} \|e_{d,h}^{n-1}\|_{\mathbf{H}^1(\Omega_P)}^2$ , and applying the triangle inequality and the approximation properties (5.3)–(5.7).

- 6. Computational results. All routines have been implemented using the open source finite element library FEniCS [3], as well as the specialised module multiphenics [8] for handling subdomain- and boundary- restricted terms that we require to impose transmission conditions across interfaces. The solvers are monolithic and the solution of all linear systems is performed with the distributed direct solver MUMPS. We present three examples: convergence tests (example 1), channel flow behaviour (example 2), and the solution of an axisymmetric problem using parameters relevant to eye poromechanics (example 3).
- 6.1. Convergence tests against manufactured solutions. The accuracy of the discretisation is verified using the following closed-form solutions defined on the domains  $\Omega_F = (-1, 1) \times (0, 2)$ ,  $\Omega_P = (-1, 1) \times (-2, 0)$ , separated by the interface  $\Sigma = (-1, 1) \times \{0\}$

$$\mathbf{u} = \sin(t) \begin{pmatrix} -\cos(\pi x)\sin(\pi y) \\ \sin(\pi x)\cos(\pi y) \end{pmatrix}, \quad p_F = \sin(t)\cos(\pi x)\cos(\pi y),$$

$$\mathbf{d} = \cos(t)\operatorname{curl}(\sin(\pi x y)), \quad p_P = \cos(t)\sin(\pi x)\sin(\pi y), \quad \varphi = \alpha p_P - \lambda \operatorname{div} \mathbf{d}.$$
(6.1)

We consider  $\Gamma_P^p = \Gamma_F^{\sigma} = \emptyset$  (setting fluid velocity everywhere on  $\Gamma_F$  and prescribing solid displacement everywhere on  $\Gamma_P$ ) and the synthetic model parameters are taken as

$$\lambda = 1000, \quad \mu_s = 1, \ \mu_f = 0.1, \quad \alpha = 1, \quad \tilde{\alpha} = 1, \quad \gamma = 1,$$
 $c_0 = 0.01, \quad \kappa = 0.001, \quad \rho_s = 1.2, \ \rho_f = 1,$ 

all regarded adimensional and do not have physical relevance in this case, as we will be simply testing the convergence of the finite element approximations. The manufactured solutions (6.1) are used to prescribe initial conditions, essential non-homogeneous velocity and displacement boundary

DoF	h	$\mathtt{e}_{\boldsymbol{u}}$	rate	$e_{p_F}$	rate	$e_{\boldsymbol{d}}$	rate	$e_{p_P}$	rate	$e_{\varphi}$	rate
144	1.414	4.70604	_	0.82152	_	21.4632	_	2.80468	_	19.3402	_
456	0.7071	1.66701	1.497	0.29604	1.472	9.75813	1.137	0.84917	1.721	8.20939	1.236
1608	0.3536	0.40411	2.045	0.06081	2.283	2.78206	1.811	0.24942	1.769	1.22860	2.741
6024	0.1768	0.09748	2.052	0.01376	2.144	0.72730	1.936	0.06567	1.923	0.16592	2.396
23304	0.0884	0.02402	2.021	0.00328	2.067	0.18541	1.972	0.01669	1.977	0.02201	2.406
91656	0.0442	0.00597	2.006	0.00081	2.023	0.04677	1.986	0.00419	1.991	0.00281	2.466
363528	0.0221	0.00149	2.002	0.00022	2.006	0.01168	1.996	0.00105	1.996	0.00038	2.455

Example 1. Experimental errors associated with the spatial discretisation and convergence rates for the approximate solutions  $\mathbf{u}_h$ ,  $p_{F,h}$ ,  $\mathbf{d}_h$ ,  $p_{P,h}$ , and  $\varphi_h$  using  $\mathbb{P}_2^2 - \mathbb{P}_1 - \mathbb{P}_2^2 - \mathbb{P}_2 - \mathbb{P}_1$  elements and computed at the last time step.

$\Delta$	$t$ $\hat{e}_{m{u}}$	rate	$\hat{e}_{p_F}$	rate	$\hat{e}_{\boldsymbol{d}}$	rate	$\hat{e}_{p_P}$	rate	$\hat{e}_{\varphi}$	rate
0.5	5 10.549	_	2.5844	_	43.764	_	8.6738	_	38.734	_
0.25	5   5.1408	0.984	1.2710	1.163	21.840	1.211	4.3673	1.125	19.371	1.055
0.125	5   2.2689	1.205	0.6485	1.182	10.661	1.204	2.1690	1.032	9.6901	0.962
0.0625	5   1.1365	1.107	0.3216	1.095	5.4517	1.121	1.0795	1.025	4.8614	0.981
0.0312	0.6813	1.004	0.1615	1.071	2.7326	1.043	0.5527	0.987	2.4396	0.992
Table 6.2										

Example 1. Experimental cumulative errors associated with the temporal discretisation and convergence rates for the approximate solutions  $\mathbf{u}_h$ ,  $p_{F,h}$ ,  $\mathbf{d}_h$ ,  $p_{P,h}$ , and  $\varphi_h$  using a backward Euler scheme.

conditions, as well as natural non-homogeneous flux conditions for fluid pressure. These functions do not necessarily fulfil the interface conditions, so additional terms are required giving modified relations on  $\Sigma$ :

$$\mathbf{u} \cdot \mathbf{n} - (\partial_t \mathbf{d} - \frac{\kappa}{\mu_f} \nabla p_P) \cdot \mathbf{n} = m_{\Sigma, \text{ex}}^1, \qquad (2\mu_f \boldsymbol{\epsilon}(\mathbf{u}) - p_F \mathbf{I}) \mathbf{n} - (2\mu_s \boldsymbol{\epsilon}(\mathbf{d}) - \varphi \mathbf{I}) \mathbf{n} = \mathbf{m}_{\Sigma, \text{ex}}^2,$$

$$\mathbf{n} \cdot (2\mu_f \boldsymbol{\epsilon}(\mathbf{u}) - p_F \mathbf{I}) \mathbf{n} + \tilde{\alpha} p_P = m_{\Sigma, \text{ex}}^3, \qquad \mathbf{n} \cdot (2\mu_f \boldsymbol{\epsilon}(\mathbf{u}) - p_F \mathbf{I}) \mathbf{t} + \frac{\gamma \mu_f}{\sqrt{\kappa}} (\mathbf{u} - \partial_t \mathbf{d}) \cdot \mathbf{t} = m_{\Sigma, \text{ex}}^4,$$

and the additional scalar and vector terms  $m_{\Sigma,\text{ex}}^i$  (computed with the exact solutions (6.1)) entail the following changes in the linear functionals

$$F^{F}(\boldsymbol{v}) = \rho_{f} \int_{\Omega_{F}} \boldsymbol{g} \cdot \boldsymbol{v} + \langle m_{\Sigma, \text{ex}}^{3}, \boldsymbol{v} \cdot \boldsymbol{n} \rangle_{\Sigma} + \langle m_{\Sigma, \text{ex}}^{4}, \boldsymbol{v} \cdot \boldsymbol{t} \rangle_{\Sigma},$$

$$F^{P}(\boldsymbol{w}) = \rho_{s} \int_{\Omega_{P}} \boldsymbol{f} \cdot \boldsymbol{w} + \int_{\Omega_{P}} \boldsymbol{m}_{\Sigma, \text{ex}}^{2} \cdot \boldsymbol{w} + \langle m_{\Sigma, \text{ex}}^{3}, \boldsymbol{w} \cdot \boldsymbol{n} \rangle_{\Sigma} + \langle m_{\Sigma, \text{ex}}^{4}, \boldsymbol{w} \cdot \boldsymbol{t} \rangle_{\Sigma},$$

$$G(q_{P}) = \int_{\Omega_{P}} \rho_{f} \boldsymbol{g} \cdot \nabla q_{P} - \langle \rho_{f} \boldsymbol{g} \cdot \boldsymbol{n}, q_{P} \rangle_{\Sigma} - \langle m_{\Sigma, \text{ex}}^{1}, q_{P} \rangle_{\Sigma}.$$

We generate successively refined simplicial grids and use a sufficiently small (non dimensional) time step  $\Delta t = 0.01$  and simulate a relatively short time horizon  $t_{\rm final} = 3\Delta t$ , to guarantee that the error produced by the time discretisation does not dominate. Errors between the approximate and exact solutions are tabulated against the number of degrees of freedom in Table 6.1. This error

history confirms the optimal convergence of the finite element scheme (in this case, second-order) for all variables in their respective norms, where a slightly better rate is seen for the total pressure. For this example we have reincorporated the acceleration and the nonlinear convective term, and the Newton-Raphson algorithm takes, in average, three iterations to reach the prescribed tolerance of  $10^{-8}$  on the residuals.

The convergence in time achieved by the backward Euler method is verified by partitioning the interval (0,1) into successively refined uniform discretisations and computing accumulated errors

$$\hat{\mathbf{e}}_s = \left(\sum_{n=1}^N \Delta t \|s(t_{n+1}) - s_h^{n+1}\|_{\star}^2\right)^{1/2},$$

where  $\|\cdot\|_{\star}$  denotes the appropriate space norm for the generic vector or scalar field s. For this test we use a fixed mesh involving 10K DoFs. The results are shown in Table 6.2, confirming the optimal first-order convergence.

**6.2.** Channel filtration and stress build-up on interface deformation. Although the model stated in Section 2 holds in the limit of small strains, it is possible to have large displacements, likely located near the interface (and without violating the model assumptions). In this scenario, the discretisation might no longer be suitable. A simple remedy consists in smoothly moving the fluid domain and the fluid mesh to avoid distortions generated near the interface. We use a standard harmonic extension (see e.g. [14]) that is solved at each time step, just after (5.2): Find  $d_h^* = d_h + \hat{d}_h$  such that

$$-D\Delta \hat{\boldsymbol{d}}_h = \boldsymbol{0} \quad \text{in } \Omega_F, \qquad \hat{\boldsymbol{d}}_h = \boldsymbol{d}_h \text{ on } \Sigma, \qquad \text{and} \quad \hat{\boldsymbol{d}}_h = \boldsymbol{0} \text{ on } \partial \Omega_F.$$
 (6.2)

And then we perform an  $L^2$ -projection of both  $d_h$  and  $\hat{d}_h$  into  $\mathbf{W}_h + \mathbf{V}_h$  and add them to obtain the global displacement  $d_h^*$ .

We illustrate the effect of using (6.2) by looking at the behaviour of normal filtration into a 2D deformable porous medium. The same domains as in the accuracy tests are employed here (that is, the the single phase fluid domain located on top of the poroelastic domain), however the boundary treatment is as follows, assuming that the flow is driven by pressure differences only. On the top segment we impose the fluid pressure  $p_F^{\rm in} = p_0 \sin^2(\pi t)$  with  $p_0 = 2$ , and on the outlet (the bottom segment) the fluid pressure  $p_P^{\rm out} = 0$ . On the vertical walls of  $\Omega_F$  we set u = 0 while on the vertical walls of  $\Omega_F$  we set the slip condition  $d \cdot n = 0$  (and the porous structure is free to deform on the outlet boundary, i.e., zero traction imposed). The permeability is  $\kappa = 0.02$  and the remaining parameters are

$$\lambda = 10$$
,  $\mu_s = 5$ ,  $\rho_s = 1.1$ ,  $\rho_f = 1$ ,  $\alpha = 0.6$ ,  $\tilde{\alpha} = 1$ ,  $\gamma = 0.1$ ,  $C_0 = 0.01$ ,

and we assume that there are no body forces nor gravity acting on the system. In contrast with the convergence tests, for this example we use Lagrangian finite elements for the approximation of  $p_P$ .

The numerical results are presented in Figure 6.1. The effect of the interface can be clearly seen in the top left panel where recirculation vortices replace the parabolic profile at the inlet; also, in the poroelastic domain, we see that, close to the interface, the solid displacement and the fluid pressure are heterogeneous in the horizontal direction, before recovering the expected constant value (constant in the horizontal direction) expected in the far field. We also plot the evolution of the mesh deformation near the interface. From Figure 6.2 one can see that for large enough interfacial displacements, the elements close to it exhibit a large distortion.

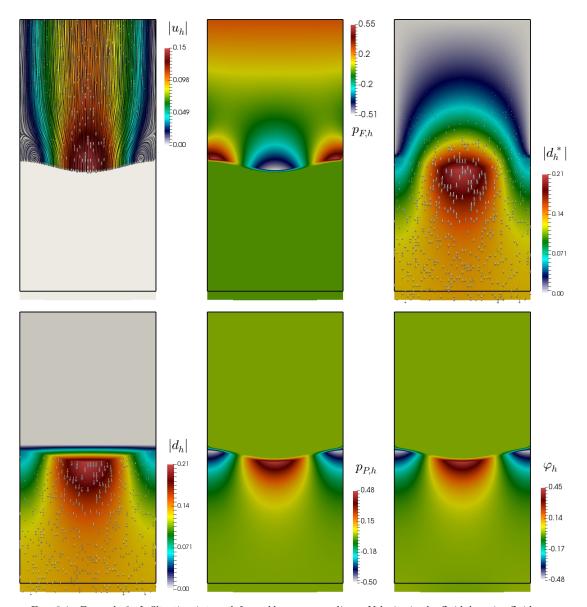


Fig. 6.1. Example 2. Infiltration into a deformable porous medium. Velocity in the fluid domain, fluid pressure, extended displacement of fluid and solid domains, solid displacement, fluid pressure in the poroelastic domain, and total pressure. All snapshots are taken at time t=2, and the black outer line indicates the location of the undeformed domain.

**6.3.** Application to interfacial flow in the eye. Pertaining to the application of the interaction between aqueous humour in the anterior chamber and the trabecular meshwork, one of the main driving questions is whether one can observe deformation of the porous skeleton (and in particular of the interface) that could drive a rise in intraocular pressure. For this test we use the axisymmetric formulation (3.3), we include the convective term in (2.1a) and we discard gravity. A large amount of data is available to specialise the geometry and the mechanical properties (both fluid and elastic) of the eye to different animal species [16, 26, 32, 39]. In our case (and consistent

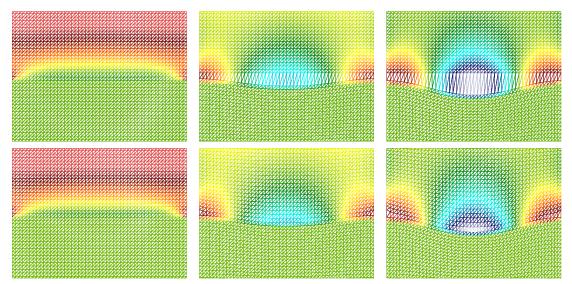


Fig. 6.2. Example 2. Zoom of the meshes on the interface at times t = 0, t = 1 and t = 2. Effect of using or not the harmonic extension to move the fluid domain (bottom and top, respectively).

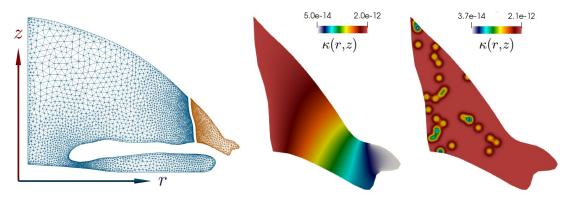


Fig. 6.3. Example 3. Coarse unstructured mesh indicating the axis of symmetry (left), and sample of the first and second permeability distributions on  $\Omega_P$  (centre, right).

with a uniform temperature of  $37^{\circ}$  and a characteristic length of  $6.8 \cdot 10^{-3}$  [m]) we impose

$$\kappa_{\text{max}} = 2 \cdot 10^{-12} \,[\text{m}^2], \quad \kappa_{\text{min}} = 5 \cdot 10^{-14} \,[\text{m}^2], \quad \rho_f = 998.7 \,[\text{Kg} \cdot \text{m}^{-3}], \quad \mu_f = 7.5 \cdot 10^{-4} \,[\text{Pa} \cdot \text{s}],$$

$$p_0 = 0 \,[\text{Pa}], \quad E = 2700 \,[\text{Pa}], \quad \nu = 0.47, \quad \lambda = \frac{E\nu}{(1+\nu)(1-2\nu)} = 14388 \,[\text{Pa}], \quad \alpha = \tilde{\alpha} = 1,$$

$$\mu_s = \frac{E}{2+2\nu} = 918.36 \,[\text{Pa}], \quad \rho_s = 1102 \,[\text{Kg} \cdot \text{m}^{-3}], \quad C_0 = 0, \quad \gamma = 0.1.$$

The permeability (2.4) is heterogeneous and has a gradient going from  $\kappa_{\text{max}}$  on the interface, linearly down to  $\kappa_{\text{min}}$  on the outlet (see the central panel of Figure 6.3). The profile is generated by solving a Laplace problem with mixed boundary conditions, setting  $\kappa_{\text{max}}$  and  $\kappa_{\text{min}}$  essentially, and no-flux naturally on the remainder of  $\Gamma_P$ . A second synthetic permeability profile is generated by swapping  $\kappa_{\text{max}}$  and  $\kappa_{\text{min}}$  (that is, the permeability will decrease from the interface down to the outlet), a third permeability distribution is generated by placing random points in  $\Omega_P$  having permeability  $\kappa_{\text{min}}$ , and  $\kappa_{\text{max}}$  elsewhere (see the right panel of Figure 6.3), and a third case takes constant permeability  $10\kappa_{\text{max}}$ . As discussed in [22], an increase in the Beavers-Joseph-Saffmann friction parameter  $\gamma$  leads

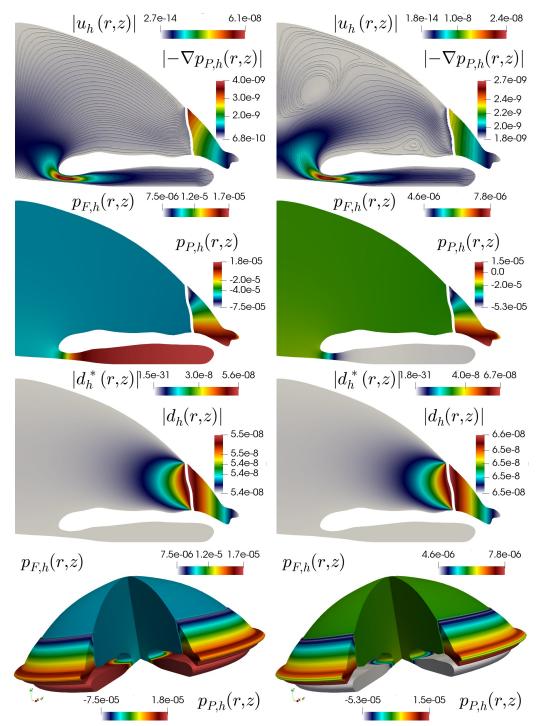


Fig. 6.4. Example 3. Axisymmetric interfacial flow in the eye for a linearly varying permeability profile. Velocity magnitude and streamlines (top), fluid pressure (second row), displacement magnitude (third row), porous total pressure, and fluid pressures on both domains extruded to the 3D case (bottom centre and bottom right). All solutions are shown at times t = 4.2 s (left) and t = 5 s (right column).

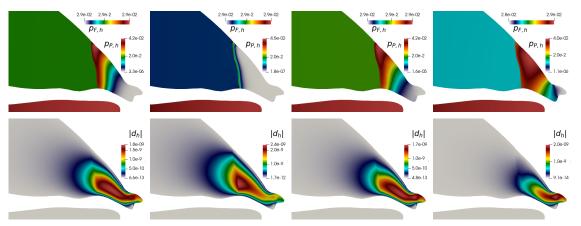


FIG. 6.5. Example 3. Axisymmetric interfacial flow in the eye. Comparison of resulting pressure profiles at t=3 s near the interface using a linearly decreasing permeability with  $\bar{\kappa}=1.4\times10^{-12}$  (left), a linearly increasing permeability with  $\bar{\kappa}=6.4\times10^{-13}$  (centre-left), a random distribution with  $\bar{\kappa}=2.8\times10^{-12}$  (centre-right), and a constant value with  $\bar{\kappa}=2\times10^{-11}$  (right).

to higher pressure differences between the trabecular meshwork and the anterior chamber. Note that even if the choice of  $\alpha = 1$ ,  $C_0 = 0$  indicates that both constituents (fluid and solid) are assumed intrinsically incompressible, a Poisson ratio smaller than 0.5 implies compressibility of the poroelastic medium (due to the possible rearrangement of the porosity field, i.e., the fluid escaping the medium). With reference to Figure 2.1, the length of the interface  $\Sigma$  between the trabecular meshwork and the anterior chamber is  $5.7 \cdot 10^{-4}$  [m], and the length of the separation between the trabecular meshwork and angular aqueous plexus ( $\Gamma^{\text{out}}$ ) is  $3.4 \cdot 10^{-4}$  [m]. A parabolic profile for inlet velocity with a pulsating magnitude  $u_{\text{in}} = 4.89 \cdot 10^{-7} \sin^2(\pi t)$  [m·s<sup>-1</sup>] (that has approximately the same frequency as the heartbeat) is imposed on  $\Gamma^{in}$  (the magnitude is obtained from the ratio  $\frac{C\mu_s\kappa}{L\mu_f}$  with  $\hat{C}=0.2$  integrated through the thickness and the condition is imposed through a Nitsche approach), no-slip conditions are prescribed essentially on the walls, and a slip condition is considered for the fluid velocity on the symmetry axis (also imposed essentially). On the outlet  $\Gamma^{\text{out}}$  we impose zero fluid pressure  $p_P = p_0$ . We simulate the interfacial flow until t = 5 s and use a time step of  $\Delta t = 0.1$  s. Figure 6.4 depicts the numerical solutions at two time instants, showing the distribution on the meridional axisymmetric domain of displacement, pressures and velocity (including the Darcy velocity in the trabecular meshwork) and illustrating the modification of flow patterns throughout the last cycle of the computation, and focusing on the linear permeability profile. For sake of visualisation, we have also plotted the fluid pressure on both sub-domains rotationally extruded to a cut of the 3D domain. In addition, we have compared the behaviour produced by the three permeability profiles mentioned above. The boundary conditions are modified so that only a pressure difference (intraocular fluid pressure minus the pressure at the angular aqueous plexus) drives the flow. A sinusoidal fluid pressure  $p_{F,\text{in}} = 2.94 \cdot 10^{-2} (1 + \sin^2(\pi t))$  [Pa] is set at the inlet and zero fluid Biot pressure is prescribed at the outlet. From Figure 6.5 we see that a relatively small overall increase in permeability (for instance, a larger  $\bar{\kappa} = \frac{1}{|\Omega_P|} \int_{\Omega_P} \kappa(r, z) dr dz$ ) may lead to a slight build up of fluid pressure near the interface, as well as a modification of the displacement magnitude.

7. Concluding remarks. We have introduced a new formulation for the coupling of Biot's poroelasticity system using total pressure and free flow described by the Stokes and Navier-Stokes equations, and which does not require Lagrange multipliers to set up the interface conditions between the two subdomains. A mixed finite element method is defined for the proposed formulation

together with a corresponding reduction to the axisymmetric case. The schemes are employed to study the behaviour of poromechanical filtration in the trabecular meshwork of the eye. The well-posedness of the continuous problem has been proved, we have provided a rigorous stability analysis for the semi-discrete problem, and have conducted the numerical validation of its spatio-temporal accuracy as well as some tests of applicative relevance. Different formulations we will address next include conservative discretisations on both poroelasticity and free flow (following [11,31,35]), and robust block preconditioners based on adequate weighted Sobolev spaces, to be designed for the monolithic coupling. On the other hand, a crucial model extension corresponds to the regime of large deformations and the incorporation of remodelling mechanisms that would better explain the progressive consolidation of the interface and the shrinkage of the trabecular meshwork and associated ciliary cleft collapsed seen in canines with glaucoma (using formalisms sharing similarities with the study of lamina cribrosa thickening [28]).

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