**Rukayat (Ruki) Balogun**  
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🏠 7 Crawford Avenue, Bolton, BL2 1JQ

**Professional Summary**

Passionate and committed Care Supervisor with hands-on experience supporting children and adults with complex needs, including autism, learning disabilities, and health challenges. Skilled in managing teams, developing care plans, and ensuring compliance with CQC and safeguarding standards. Proven ability to supervise support workers, deputise for management, and maintain a safe and person-centred environment. Recognised for leadership, resilience, and compassion in high-pressure care settings. Actively seeking to make a lasting impact as Deputy Manager in a children’s residential setting.

**Key Skills**

* Team Leadership & Staff Supervision
* Safeguarding & Welfare Promotion
* Person-Centred Planning & Support
* Compliance with CQC & Regulatory Standards
* Emotional and Behavioural Support
* Health & Safety, Fire Safety, Infection Control
* Delegation & Team Mentoring
* Record-Keeping & Confidentiality (GDPR)
* Risk Assessment & Crisis Management
* Moving and Handling (Hoist)
* Medication Administration (Level 2)

**Professional Experience**

**Care Supervisor**  
*Bolton Council – Bolton, Greater Manchester*  
*Dec 2024 – Present*

* Manage and oversee daily care activities for vulnerable individuals with diverse and complex needs.
* Supervise a team of junior staff, providing mentoring, support, and on-the-job training.
* Act as a deputy to senior managers, ensuring continuity of care and service delivery.
* Create and review personalised care plans in collaboration with health professionals.
* Ensure strict adherence to safeguarding procedures, confidentiality, and safety policies.  
  **Achievements:**
* Improved care quality by leading tailored, responsive support strategies.
* Reduced incident rates through improved safety practices.
* Received recognition for effective leadership and communication.

**Senior Health Worker**  
*Topmost Clinical Care – Birmingham*  
*Oct 2023 – Oct 2024*

* Led daily shift operations in a residential setting for individuals with physical and cognitive impairments.
* Ensured compliance with infection control, safeguarding, and medication protocols.
* Delivered support across all aspects of personal care, health monitoring, and emotional well-being.  
  **Achievements:**
* Implemented a team rota system that increased care consistency.
* Helped introduce practices that improved satisfaction rates by 10%.
* Maintained high staff morale during periods of under-resourcing.

**Support Worker**  
*Ctech24 Limited – Telford*  
*Apr 2023 – Oct 2023*

* Provided 1:1 care for children and adults with disabilities.
* Used mobility aids safely and followed tailored nutrition plans.
* Built trusting relationships with service users and families.  
  **Achievements:**
* Supported post-hospital recovery plans, reducing readmissions.
* Earned praise for reliability and sensitivity in challenging situations.

**Education & Training**

**BSc Mathematics (Second Class Upper Division)**  
*National Open University of Nigeria – 2021*

**Professional & Mandatory Training:**

* Level 2 Medication Administration
* Dementia & Catheter Care
* Emergency First Aid
* Fire Warden & Fire Awareness
* Moving & Handling / PMVA / Stoma Care
* Infection Prevention & Control
* Care Certificate Manager’s Sessions
* Person-Centred Practice & Therapy Sessions
* Child & Adult Safeguarding Training