**Dr. Rahul Kushwaha, MBBS**

Welcome to the Pregnancy Journey App! I'm Dr. Rahul Kushwaha, a dedicated medical professional with a degree from North East Medical College, one of Bangladesh's premier institutions. With extensive training and expertise in gynecology and obstetrics, I have personally vetted all the content on this app to ensure it's accurate and beneficial for your pregnancy journey.

As the founder of this app, my goal is to provide you with trusted guidance and support throughout your pregnancy. From diet and exercise recommendations to addressing all your gynecological and obstetric queries, I am here to assist you every step of the way. Your health and well-being are my top priorities, and I am committed to making your pregnancy a smooth and informed experience.