### Nonsmooth Optimization Methods

The steepest-descent method for smooth functions f, described in Chapter 3, is intuitive in that it follows the negative gradient direction at each iteration, which is a guaranteed direction of descent for f. Generalizing this method to nonsmooth functions f is not straighforward, as the "gradient" is not unique in general, even for convex f, as we saw in Chapter 8. A natural idea would be to choose the search direction to be the negative of a vector from the subdifferential  $\partial f$ , but such a direction may not give descent in f.

Consider the absolute value function f(x) = |x|, where  $x \in \mathbb{R}$ . At the minimizing value x = 0, the subdifferential is  $\partial |0| = [-1,1]$ , and any vector drawn from this interval (except for the very special choice g = 0) will step away from 0 and thus *increase* the function value. The situation is similar in higher dimensions. Consider the two-dimensional function  $f: \mathbb{R}^2 \to \mathbb{R}$  defined by

$$f(x_1, x_2) = |x_1| + 2|x_2|,$$

whose optimum is (0,0). At the point (1,0), the subdifferential is the compact set

$$\partial f(1,0) = \{(1,z) \mid |z| \le 2\}.$$

For the particular subgradient g=(1,2), the directional derivative in the negative of this direction is

$$f'((1,0);(-1,-2)) = \sup_{g \in \partial f(1,0)} -g_1 - 2g_2 = -1 + 4 = 3,$$

showing that the function *increases* along this direction. These trivial examples, and the example  $f(x) = \max(a_1^T x + b_1, a_2^T x + b_2)$  for  $x \in \mathbb{R}^2$  illustrated in Figure 9.1, show that it is not obvious how to design a method that follows subgradients.

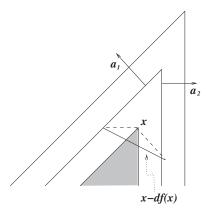


Figure 9.1 Subgradient of a function  $f(x) = \max(a_1^T x + b_1, a_2^T x + b_2)$  that is the max of two planes defined by vectors  $a_1$  and  $a_2$ . Given a point x at which both planes achieve the maximum, the subgradient is  $\partial f(x) = \{\lambda a_1 + (1 - \lambda)a_2 \mid \lambda \in [0,1]\}$ . The set of points  $\{x - g \mid g \in \partial f(x)\}$  is a line segment (illustrated). The shaded region is the set of points with a smaller function value than f(x). Note that some points of the form  $x - \alpha g$  for  $\alpha > 0$  and  $g \in \partial f(x)$  have  $f(x - \alpha g) < f(x)$ . However, there are other points with the same form for which  $f(x - \alpha g) > f(x)$  for all  $\alpha > 0$ . That is, some but not all negative subgradients yield descent in f.

However, methods based on subgradients exist and are effective, and we describe several of them in this chapter. First, in Section 9.1, we show how to compute the direction of steepest descent of a convex nonsmooth function, showing that this direction is the negative of a particular subgradient – the one that achieves minimum norm among all those in the subdifferential. Second, in Section 9.2, we show how using carefully selected steplengths and averaging of iterates will allow us to follow arbitrary subgradients, even ones that increase the function, and still get provable convergence behavior over the long term. (Convergence of these methods is quite slow, both in theory and practice.) Third, in Section 9.3, we describe *proximal-gradient* methods, which exploit the structure of some interesting special cases of nonsmooth functions to obtain faster convergence than subgradient methods. Fourth, in Section 9.4, we describe the proximal coordinate descent method, an extension of the coordinate descent approaches of Chapter 6 to a class of nonsmooth functions – namely, a composite nonsmooth objective in which the (possibly nonsmooth) regularization term is separable in the components of x. Finally, in Section 9.5, we present the proximal point method, a fundamental method that is potentially useful for minimizing all convex functions, smooth and nonsmooth alike.

Throughout this chapter, we focus on convex objectives, although some of the techniques can also be applied in nonconvex settings.

#### 9.1 Subgradient Descent

When x is not a minimizer of f, the subdifferential  $\partial f(x)$  always contains a vector g such that -g is a descent direction for f. The vector  $g_{\min}$  with *minimum norm* in  $\partial f(x)$  has this property, and, in fact,  $-g_{\min}$  is the direction of *steepest descent*. We define

$$g_{\min} := \arg \min_{z \in \partial f(x)} \|z\|_2 \tag{9.1}$$

Note that  $g_{\min}$  exists and is uniquely defined when  $\partial f(x)$  is nonempty, since  $\partial f(x)$  is always closed and convex.

**Proposition 9.1** For a convex function f, and  $x \in \text{dom } f$  that is not a minimizer of f, the vector  $-g_{\min}$  defined from (9.1) is the direction of steepest descent for f at x.

*Proof* Note that for all  $\hat{g} \in \partial f(x)$  and all  $t \in [0, 1]$ , we have

$$||g_{\min} + t(\hat{g} - g_{\min})||^2 \ge ||g_{\min}||^2$$
.

We have by expanding the left-hand side of this expression that

$$\langle g_{\min}, \hat{g} - g_{\min} \rangle \ge 0$$
, for all  $\hat{g} \in \partial f(x)$ .

It follows that  $\langle \hat{g}, g_{\min} \rangle \ge \|g_{\min}\|_2^2$  for all  $\hat{g} \in \partial f(x)$ , so that

$$f'(x; -g_{\min}) = \sup_{g \in \partial f(x)} \langle -g_{\min}, g \rangle = -\inf_{g \in \partial f(x)} \langle g_{\min}, g \rangle = -\|g_{\min}\|_2^2,$$

proving that  $-g_{\min}$  is a descent direction whenever it is nonzero. To see that  $-g_{\min}$  is the *steepest* descent direction, we use a min-max argument. Note that

$$\inf_{\|v\| \le 1} f'(x; v) = \inf_{\|v\| \le 1} \sup_{g \in \partial f(x)} \langle v, g \rangle$$

$$\ge \sup_{g \in \partial f(x)} \inf_{\|v\| \le 1} \langle v, g \rangle = \sup_{g \in \partial f(x)} -\|g\| = -\|g_{\min}\|. \tag{9.2}$$

The inequality in this expression follows from *weak duality*, which says that for any function  $\varphi(x, z)$ , we have

$$\inf_{x} \sup_{z} \varphi(x, z) \ge \sup_{z} \inf_{x} \varphi(x, z).$$

(See Proposition 10.1.) In fact, we attain equality in (9.2) by setting  $v = -g_{\min}/\|g_{\min}\|$ .

**Example 9.2** Consider the function  $f(x) = ||x||_1$ , whose minimizer is x = 0. At any nonzero x, the subdifferential  $\partial ||x||_1$  consists of vectors g such that

$$g_i \in \begin{cases} \{+1\} & \text{if } x_i > 0 \\ \{-1\} & \text{if } x_i < 0 \\ [-1, 1] & \text{if } x_i = 0. \end{cases}$$

The minimum-norm subgradient is thus  $g_{\min}$ , where

$$(g_{\min})_i = \begin{cases} +1 & \text{if } x_i > 0 \\ -1 & \text{if } x_i < 0 \\ 0 & \text{if } x_i = 0. \end{cases}$$

Proposition 9.1 suggests a natural algorithm for minimizing convex, nonsmooth functions: Compute the minimum norm element of the subdifferential and search along the negative of this direction. The problem with this approach is that the process of finding the full subdifferential and computing its minimum-norm element might be prohibitively expensive. *Bundle methods* are algorithms that are inspired by this approach. Typically, these methods assume that a single subgradient is obtained at each iteration, and they approximate the subdifferential by the convex hull of subgradients gathered at recent iterations. This "bundle" of subgradients needs to be curated carefully, removing elements when they appear to be too far from the current subdifferential. (We give some references for these methods at the end of the chapter.)

In the next section, we show that a naive algorithm that simply follows arbitrary subgradients at each iteration can converge, under appropriate choices of steplengths.

#### 9.2 The Subgradient Method

At each step k of the subgradient method, we simply choose *any* element of the subdifferential  $g^k \in \partial f(x^k)$  and set

$$x^{k+1} = x^k - \alpha_k g^k.$$

Though we have already pointed out that this method may take steps that increase f, the weighted average of all iterates encountered so far, defined by

$$\bar{x}^T = \lambda_T^{-1} \sum_{k=1}^T \alpha_k x^k$$
, where  $\lambda_T := \sum_{j=1}^T \alpha_j$ , (9.3)

is well behaved and may even converge to a minimizer of f.

The analysis of this method is nearly identical to the proof of convergence of the stochastic gradient method for convex functions with bounded stochastic gradients. We assume that

$$||g||_2 \le G$$
, for all  $g \in \partial f(x)$  and all  $x$ .

Note that this assumption implies that f must be Lipschitz with constant G (why?). We also denote by  $x^*$  a minimizer of f and define

$$D_0 := \|x^1 - x^*\|,\tag{9.4}$$

which is the distance of the initial point  $x^1$  to a minimizer of f.

To proceed with our analysis of the behavior of the weighted-average iterate  $\bar{x}^T$ , we expand the distance to an optimal solution of iterate  $x^{k+1}$ :

$$||x^{k+1} - x^*||^2 = ||x^k - \alpha_k g^k - x^*||^2$$

$$= ||x^k - x^*||^2 - 2\alpha_k (g^k)^T (x^k - x^*) + \alpha_k^2 ||g^k||^2$$

$$\leq ||x^k - x^*||^2 - 2\alpha_k (g^k)^T (x^k - x^*) + \alpha_k^2 G^2.$$
 (9.5)

This expression looks the same as the basic inequality for the subgradient method (5.26), except there are no expected values here. We can rearrange (9.5) to obtain

$$\alpha_k(g^k)^T(x^k - x^*) \le \frac{1}{2} \|x^k - x^*\|^2 - \frac{1}{2} \|x^{k+1} - x^*\|^2 + \frac{1}{2} G^2 \alpha_k^2.$$
 (9.6)

Since  $g^k \in \partial f(x^k)$ , we have, by the definition of subgradient, that

$$f(x^k) - f(x^*) \le (g^k)^T (x^k - x^*).$$
 (9.7)

By multiplying both sides of (9.7) by  $\alpha_k > 0$ , combining with (9.6), summing both sides from k = 1 to k = T, and using convexity of f, we obtain

$$f(\bar{x}^{T}) - f(x^{*}) \leq \lambda_{T}^{-1} \sum_{k=1}^{T} \alpha_{k} (f(x^{k}) - f(x^{*}))$$

$$\leq \lambda_{T}^{-1} \frac{1}{2} \sum_{k=1}^{T} (\|x^{k} - x^{*}\|^{2} - \|x^{k+1} - x^{*}\|^{2}) + \frac{1}{2} \lambda_{T}^{-1} G^{2} \sum_{k=1}^{T} \alpha_{k}^{2}$$

$$\leq \lambda_{T}^{-1} \frac{1}{2} (\|x^{1} - x^{*}\|^{2} - \|x^{T+1} - x^{*}\|^{2})) + \frac{1}{2} \lambda_{T}^{-1} G^{2} \sum_{k=1}^{T} \alpha_{k}^{2}$$

$$\leq \frac{D_{0}^{2} + G^{2} \sum_{k=1}^{T} \alpha_{k}^{2}}{2 \sum_{k=1}^{T} \alpha_{k}}.$$

$$(9.8)$$

We also immediately have the bound

$$\min_{t \le T} f(x^t) - f(x^*) \le \lambda_T^{-1} \sum_{k=1}^T \alpha_k (f(x^k) - f(x^*)),$$

so our analysis works for both the weighted average of the first T iterates and the *best* of these iterates.

#### 9.2.1 Steplengths

Let us look at different possibilities for the steplengths  $\alpha_k$ ,  $k = 1, 2, \dots$ 

**Fixed Steplength.** First, we can just pick  $\alpha_k = \alpha$  for all k. In this case, we know from (9.8) that

$$f(\bar{x}^T) - f(x^*) \le \frac{D_0^2 + TG^2\alpha^2}{2T\alpha}.$$

The choice  $\alpha = \frac{\theta D_0}{G\sqrt{T}}$  for some parameter  $\theta > 0$  yields

$$f(\bar{x}^T) - f(x^*) \le \frac{1}{2} \left(\theta + \theta^{-1}\right) \frac{D_0 G}{\sqrt{T}},$$
 (9.9)

and the bound is minimized when we set  $\theta = 1$ .

**Constant Step Norm.** An alternative is to choose  $\alpha_k = \frac{\alpha}{\|g^k\|}$ , so that the *norm* of each step  $\alpha_k g^k$  is constant. A slight modification of the previous analysis yields the bound

$$f\left(\bar{x}^T\right) - f(x^*) \le \frac{D_0^2 + T\alpha^2}{2T\alpha/G}.$$

Setting  $\alpha = \frac{\theta D_0}{\sqrt{T}}$ , we obtain (9.9) again, matching the bound for fixed steplength. Note that this choice of step depends only  $D_0$  (distance of  $x^1$  to optimality) and not the maximal subgradient norm G.

An interesting feature of both choices discussed so far is that the convergence rate bound is not very sensitive to errors in the estimates of  $D_0$  and G. Such errors can be captured in the parameter  $\theta$ , and we see that the bound increases by only the modest factor  $\frac{1}{2}(\theta + \theta^{-1})$  when  $\theta$  moves away from its optimal value of 1.

**Decreasing Steplength.** The preceding fixed steplengths required us to make a prior choice of T, the number of iterates to be taken. We now consider making choices of  $\alpha_k$  that depend on k and that decrease as k increases. Such choices

do not require us to choose T in advance, and they guarantee convergence to the optimal value of f as the number of iterates goes to  $\infty$ .

From (9.8), we see that for any sequence  $\alpha_k > 0$  such that  $\alpha_k \to 0$ , but  $\sum_{k=1}^{T} \alpha_k \uparrow \infty$  as  $T \to \infty$ , then

$$\lim_{T \to \infty} f(\bar{x}^T) = f(x^*).$$

This is particularly easy to see if  $\sum_k \alpha_k^2 = M < \infty$ , because we have, from (9.8), that

$$f(\bar{x}^T) - f^* \le \frac{D_0^2 + G^2 \sum_{j=1}^T \alpha_j^2}{2 \sum_{t=1}^T \alpha_t} \le \frac{D_0^2 + G^2 M}{2 \sum_{j=1}^T \alpha_j},$$

and the left-hand side clearly tends to zero as  $T \to \infty$ . To see that this approach works for general decreasing steplengths, we need to prove that

$$\frac{\sum_{j=1}^{T} \alpha_j^2}{\sum_{j=1}^{T} \alpha_j} \to 0, \quad \text{as } T \to \infty,$$

whenever  $\alpha_k$  tends to zero but  $\sum_{k=1}^{T} \alpha_k$  diverges. We leave the proof of this limit as an Exercise.

We close this section by deriving more quantitative bounds for an explicit choice of steplength. Setting  $\alpha_k = \frac{\theta}{\sqrt{k}}$ , we have

$$f(\bar{x}^T) - f^* \le \frac{D_0^2 + G^2 \theta^2 \sum_{j=1}^T j^{-1}}{2\theta \sum_{j=1}^T j^{-1/2}} \le \frac{D_0^2 + G^2 \theta^2 (\log T + 1)}{2\theta \sqrt{T}}.$$
 (9.10)

The upper bound in the numerator comes from the Riemann sum bound

$$\sum_{j=1}^{T} j^{-1} \le 1 + \int_{t=1}^{T} \frac{1}{t} dt \le \log T + 1,$$

while the lower bound in the denominator comes from

$$\sum_{j=1}^{T} j^{-1/2} \ge \sum_{j=1}^{T} T^{-1/2} = T^{1/2}.$$

Note that this bound tends to zero at a rate of  $\log(T)/\sqrt{T}$ . This is slightly slower than the  $1/\sqrt{T}$  rate of a constant steplength, but we are guaranteed asymptotic convergence to zero and can continue to iterate well beyond a fixed number of iterations.

The alternative decreasing steplength choice  $\alpha_k \propto k^{-p}$  for  $p \in (0,1)$  yields a worse convergence bound than for p = 1/2 (see the Exercises).

More sophisticated schemes for choosing steplengths involve a combination of fixed and decreasing lengths. The steplength is fixed for a number of consecutive iterations (sometimes called an *epoch*) and then decreased to a smaller value, which again is fixed for a number of consecutive iterations.

# 9.3 Proximal-Gradient Algorithms for Regularized Optimization

While provably correct, the  $1/\sqrt{T}$  rate of the subgradient method is considerably slower than the rates achievable for smooth functions. In this section, we explore how to exploit the structure of the composite nonsmooth objective function to accelerate convergence rates. In particular, we describe an elementary but powerful approach for solving the problem

$$\min_{x \in \mathbb{R}^n} \phi(x) := f(x) + \tau \psi(x), \tag{9.11}$$

where f is a smooth convex function,  $\psi$  is a convex regularization function (often known simply as the "regularizer"), and  $\tau \geq 0$  is a regularization parameter. The technique we describe here is a natural extension of the steepest-descent approach, in that it reduces to the steepest-descent method analyzed in Theorem 3.3 applied to f when the regularization term is not present ( $\tau = 0$ ). The approach is useful when the regularizer  $\psi$  has a simple structure that is easy to account for explicitly. Such is true for many regularizers that arise in data analysis, including the  $\ell_1$  function ( $\psi(x) = \|x\|_1$ ) and the indicator function for a simple set  $\Omega$  ( $\psi(x) = I_{\Omega}(x)$ ), such as a box  $\Omega = [l_1, u_1] \otimes [l_2, u_2] \otimes \cdots \otimes [l_n, u_n]$ . Moreover, as we will see, the convergence rate will be dictated by the smooth part of the decomposition in (9.11), even though the function  $\phi$  is not smooth.

Each step of the algorithm is defined as follows:

$$x^{k+1} := \operatorname{prox}_{\alpha_k \tau \psi}(x^k - \alpha_k \nabla f(x^k)), \tag{9.12}$$

for some steplength  $\alpha_k > 0$ , and the prox-operator defined in (8.24). By substituting into this definition, we can verify that  $x^{k+1}$  is the solution of an approximation to the objective  $\phi$  of (9.11), namely

$$x^{k+1} := \arg\min_{z} \nabla f(x^{k})^{T} (z - x^{k}) + \frac{1}{2\alpha_{k}} ||z - x^{k}||^{2} + \tau \psi(z).$$
 (9.13)

One way to verify this equivalence is to note that the objective in (9.13) can be written as

$$\frac{1}{\alpha_k} \left\{ \frac{1}{2} \left\| z - (x^k - \alpha_k \nabla f(x^k)) \right\|^2 + \alpha_k \tau \psi(x) \right\},\,$$

(modulo a term  $\alpha_k \| \nabla f(x^k) \|^2$  that does not involve z and thus does not affect the minimizer of (9.13)). The subproblem objective in (9.13) consists of a linear term  $\nabla f(x^k)^T(z-x^k)$  (the first-order term in a Taylor series expansion), a proximality term  $\frac{1}{2\alpha_k} \|z-x^k\|^2$  that becomes stricter as  $\alpha_k \downarrow 0$ , and the regularization term  $\tau \psi(x)$  in unaltered form. When  $\tau=0$ , we have  $x^{k+1}=x^k-\alpha_k\nabla f(x^k)$ , so the iteration (9.12) (or (9.13)) reduces to the usual steepest-descent approach discussed in Chapter 3 in this case. It is useful to continue thinking of  $\alpha_k$  as playing the role of a steplength parameter, though here the line search is expressed implicitly through a proximal term.

The key idea behind the proximal-gradient algorithm is summarized in the following proposition, which shows that every fixed point of (9.12) is a minimizer of  $\phi$ .

**Proposition 9.3** Let f be differentiable and convex, and let  $\psi$  be convex.  $x^*$  is a solution of (9.11) if and only if  $x^* = \text{prox}_{\alpha \tau \psi}(x^* - \alpha \nabla f(x^*))$  for all  $\alpha > 0$ .

*Proof*  $x^*$  is a solution if and only if  $-\nabla f(x^*) \in \partial \tau \psi(x^*)$ . This condition is equivalent to

$$(x^* - \alpha \nabla f(x^*)) - x^* \in \alpha \partial \tau \psi(x^*),$$

which is, in turn, equivalent to  $x^* = \operatorname{prox}_{\alpha \tau \psi}(x^* - \alpha \nabla f(x^*)).$ 

Linear convergence of the proximal-gradient method when f is strongly convex can be derived in a similar way to that of the projected gradient method. Indeed, we need only to invoke the nonexpansive property of the proximal operator (See Proposition 8.19) and then follow the argument in Section 7.3.3 to obtain the following result.

**Proposition 9.4** Let f have L-Lipschitz gradients and strong convexity modulus m > 0, and let  $\psi$  be convex. Let  $x^*$  be the unique minimizer of  $\phi = f + \tau \psi$ . Then the iterates of the proximal-gradient method with steplength  $\frac{2}{m+L}$  satisfy

$$\|x^k - x^*\| \le \left(\frac{\kappa - 1}{\kappa + 1}\right)^k \|x^0 - x^*\|$$
 (9.14)

where  $\kappa = L/m$ .

The analysis of convergence for general convex functions is more delicate. We show next that a rate of 1/T can be attained, just as in the case of smooth convex functions.

#### 9.3.1 Convergence Rate for Convex f

We will demonstrate convergence of the method (9.12) at a sublinear rate for convex functions f whose gradients satisfy a Lipschitz continuity property with Lipschitz constant L (see (2.7)) and for the fixed steplength choice  $\alpha_k = 1/L$ .

The proof makes use of a "gradient map" defined by

$$G_{\alpha}(x) := \frac{1}{\alpha} \left( x - \operatorname{prox}_{\alpha \tau \psi} (x - \alpha \nabla f(x)) \right). \tag{9.15}$$

By comparing with (9.12), we see that this map defines the step taken at iteration k:

$$x^{k+1} = x^k - \alpha_k G_{\alpha_k}(x^k) \Leftrightarrow G_{\alpha_k} = \frac{1}{\alpha_k} (x^k - x^{k+1}).$$
 (9.16)

The following technical lemma reveals some useful properties of  $G_{\alpha}(x)$ .

**Lemma 9.5** Suppose that, in problem (9.11),  $\psi$  is a closed convex function and that f is is convex with Lipschitz continuous gradient on  $\mathbb{R}^n$ , with Lipschitz constant L. Then for the definition (9.15) with  $\alpha > 0$ , the following claims are true.

- (a)  $G_{\alpha}(x) \in \nabla f(x) + \tau \partial \psi(x \alpha G_{\alpha}(x))$ .
- (b) For any z and any  $\alpha \in (0, 1/L]$ , we have that

$$\phi(x - \alpha G_{\alpha}(x)) \le \phi(z) + G_{\alpha}(x)^{T}(x - z) - \frac{\alpha}{2} \|G_{\alpha}(x)\|^{2}.$$

*Proof* For part (a), we use the following optimality property of the proxoperator:

$$0 \in \lambda \partial h(\operatorname{prox}_{\lambda h}(x)) + (\operatorname{prox}_{\lambda h}(x) - x).$$

We make the substitutions:  $x - \alpha \nabla f(x)$  for x,  $\alpha$  for  $\lambda$ , and  $\tau \psi$  for h to obtain

$$0 \in \alpha \tau \partial \psi(\operatorname{prox}_{\alpha \tau \psi}(x - \alpha \nabla f(x))) + (\operatorname{prox}_{\alpha \tau \psi}(x - \alpha \nabla f(x)) - (x - \alpha \nabla f(x)).$$

We use definition (9.15) to make the substitution  $\operatorname{prox}_{\alpha\tau\psi}(x - \alpha\nabla f(x)) = x - \alpha G_{\alpha}(x)$  to obtain

$$0 \in \alpha \tau \partial \psi(x - \alpha G_{\alpha}(x)) - \alpha (G_{\alpha}(x) - \nabla f(x)).$$

The result follows when we divide by  $\alpha$ .

For (b), we start with the following consequence of Lipschitz continuity of  $\nabla f$ , from Lemma 2.2:

$$f(y) \le f(x) + \nabla f(x)^T (y - x) + \frac{L}{2} ||y - x||^2.$$

By setting  $y = x - \alpha G_{\alpha}(x)$ , for any  $\alpha \in (0, 1/L]$ , we have

$$f(x - \alpha G_{\alpha}(x)) \le f(x) - \alpha G_{\alpha}(x)^{T} \nabla f(x) + \frac{L\alpha^{2}}{2} \|G_{\alpha}(x)\|^{2}$$
  
$$\le f(x) - \alpha G_{\alpha}(x)^{T} \nabla f(x) + \frac{\alpha}{2} \|G_{\alpha}(x)\|^{2}. \tag{9.17}$$

(The second inequality uses  $\alpha \in (0, 1/L]$ .) We also have by convexity of f and  $\psi$  that, for any z and any  $v \in \partial \psi(x - \alpha G_{\alpha}(x))$ , the following are true:

$$f(z) \ge f(x) + \nabla f(x)^T (z - x),$$
  

$$\psi(z) \ge \psi(x - \alpha G_{\alpha}(x)) + v^T (z - (x - \alpha G_{\alpha}(x))).$$
(9.18)

We have, from part (a), that  $v = (G_{\alpha}(x) - \nabla f(x))/\tau \in \partial \psi(x - \alpha G_{\alpha}(x))$ , so, by making this choice of v in (9.18) and also using (9.17), we have for any  $\alpha \in (0, 1/L]$  that

$$\begin{split} \phi(x - \alpha G_{\alpha}(x)) &= f(x - \alpha G_{\alpha}(x)) + \tau \psi(x - \alpha G_{\alpha}(x)) \\ &\leq f(x) - \alpha G_{\alpha}(x)^{T} \nabla f(x) + \frac{\alpha}{2} \|G_{\alpha}(x)\|^{2} + \tau \psi(x - \alpha G_{\alpha}(x)) \\ &\leq f(z) + \nabla f(x)^{T} (x - z) - \alpha G_{\alpha}(x)^{T} \nabla f(x) + \frac{\alpha}{2} \|G_{\alpha}(x)\|^{2} \\ &+ \tau \psi(z) + (G_{\alpha}(x) - \nabla f(x))^{T} (x - \alpha G_{\alpha}(x) - z) \\ &= f(z) + \tau \psi(z) + G_{\alpha}(x)^{T} (x - z) - \frac{\alpha}{2} \|G_{\alpha}(x)\|^{2}, \end{split}$$

where the first inequality follows from (9.17), the second inequality from (9.18), and the last equality from cancellation of several terms in the previous line. Thus, (b) is proved.

**Theorem 9.6** Suppose that in problem (9.11),  $\psi$  is a closed convex function and that f is is convex with Lipschitz continuous gradient on  $\mathbb{R}^n$ , with Lipschitz constant L. Suppose that (9.11) attains a minimizer  $x^*$  (not necessarily unique) with optimal objective value  $\phi^*$ . Then if  $\alpha_k = 1/L$  for all k in (9.12), we have that  $\{\phi(x^k)\}$  is a decreasing sequence and that

$$\phi(x^k) - \phi^* \le \frac{L \|x^0 - x^*\|^2}{2k}, \quad k = 1, 2, \dots$$

*Proof* Since  $\alpha_k = 1/L$  satisfies the conditions of Lemma 9.5, we can use part (b) of this result to show that the sequence  $\{\phi(x^k)\}$  is decreasing and that the distance to the optimum  $x^*$  also decreases at each iteration. Setting  $x = z = x^k$  and  $\alpha = \alpha_k$  in Lemma 9.5, and recalling (9.16), we have

$$\phi(x^{k+1}) = \phi(x^k - \alpha_k G_{\alpha_k}(x^k)) \le \phi(x^k) - \frac{\alpha_k}{2} \|G_{\alpha_k}(x^k)\|^2,$$

justifying the first claim. For the second claim, we have by setting  $x=x^k$ ,  $\alpha=\alpha_k$ , and  $z=x^*$  in Lemma 9.5 that

$$0 \leq \phi(x^{k+1}) - \phi^* = \phi(x^k - \alpha_k G_{\alpha_k}(x^k)) - \phi^*$$

$$\leq G_{\alpha_k}(x^k)^T (x^k - x^*) - \frac{\alpha_k}{2} \|G_{\alpha_k}(x^k)\|^2$$

$$= \frac{1}{2\alpha_k} \left( \|x^k - x^*\|^2 - \|x^k - x^* - \alpha_k G_{\alpha_k}(x^k)\|^2 \right)$$

$$= \frac{1}{2\alpha_k} \left( \|x^k - x^*\|^2 - \|x^{k+1} - x^*\|^2 \right), \tag{9.19}$$

from which  $||x^{k+1} - x^*|| \le ||x^k - x^*||$  follows.

By setting  $\alpha_k = 1/L$  in (9.19), and summing over  $k = 0, 1, 2, \dots, K - 1$ , we obtain from a telescoping sum on the right-hand side that

$$\sum_{k=0}^{K-1} (\phi(x^{k+1}) - \phi^*) \le \frac{L}{2} \left( \|x^0 - x^*\|^2 - \|x^K - x^*\|^2 \right) \le \frac{L}{2} \|x^0 - x^*\|^2.$$

Since  $\{\phi(x^k)\}$  is monotonically decreasing, we have

$$K(\phi(x^K) - \phi^*) \le \sum_{k=0}^{K-1} (\phi(x^{k+1}) - \phi^*).$$

The result follows immediately by combining these last two expressions.  $\Box$ 

## 9.4 Proximal Coordinate Descent for Structured Nonsmooth Functions

Coordinate descent methods and proximal-gradient methods can be combined and applied in a fairly straightforward way to separable regularized objectives of the form

$$\min_{x \in \mathbb{R}^n} h(x) := f(x) + \lambda \sum_{i=1}^n \Omega_i(x_i), \tag{9.20}$$

where f is convex, as before, and each regularization term  $\Omega_i : \mathbb{R} \to \mathbb{R}$  is convex but possibly nonsmooth. Mirroring the proximal-gradient method, in place of the step (6.2) along coordinate  $i_k$ , we obtain the next iteration by solving the following scalar subproblem:

$$\chi^{k} := \arg\min_{\chi} (\chi - x_{i_{k}}^{k})^{T} \nabla_{i_{k}} f(x^{k}) + \frac{1}{2\alpha_{k}} |\chi - x_{i_{k}}^{k}|^{2} + \lambda \Omega_{i_{k}}(\chi), \quad (9.21)$$

which we recognize as

$$x_i^{k+1} = \operatorname{prox}_{\alpha \lambda \Omega_{i_k}} (x_i^k - \alpha_k \nabla_{i_k} f(x^k)). \tag{9.22}$$

In this section, we prove a result for the randomized CD method, which applies the step (9.21), (9.22) to a component  $i_k$  selected randomly and uniformly from  $\{1, 2, ..., n\}$  at each iteration. We prove the result for the case of strongly convex f, using a simplified version of the analysis from Richtarik and Takac (2014). It makes use of the following assumption.

**Assumption 2** The function f in (9.20) is uniformly Lipschitz continuously differentiable and strongly convex with modulus m > 0 (see (2.18)). The functions  $\Omega_i$ , i = 1, 2, ..., n are convex.

Under this assumption, h attains its minimum value  $h^*$  at a unique point  $x^*$ . Our result uses the coordinate Lipschitz constant  $L_{\text{max}}$  for  $\nabla f$  defined in (6.5). Note that the modulus of convexity m for f is also the modulus of convexity for h. By elementary results for convex functions, we have that

$$h(\alpha x + (1 - \alpha)y) \le \alpha h(x) + (1 - \alpha)h(y) - \frac{1}{2}m\alpha(1 - \alpha)||x - y||^2$$
. (9.23)

**Theorem 9.7** Suppose that Assumption 2 holds. Suppose that the indices  $i_k$ in (9.21) are chosen independently for each k with uniform probability from  $\{1, 2, \ldots, n\}$ , and that  $\alpha_k \equiv 1/L_{\text{max}}$ . Then for all  $k \geq 0$ , we have

$$E(h(x^k)) - h^* \le \left(1 - \frac{m}{nL_{\text{max}}}\right)^k (h(x^0) - h^*).$$
 (9.24)

*Proof* Define the function

$$H(x^{k}, z) := f(x^{k}) + \nabla f(x^{k})^{T} (z - x^{k}) + \frac{1}{2} L_{\text{max}} ||z - x^{k}||^{2} + \lambda \Omega(z),$$

and note that this function is separable in the components of z and attains its minimum over z at the vector  $z^k$  whose  $i_k$  component is defined in (9.21). Note, by strong convexity (2.18), we have that

$$H(x^{k}, z) \leq f(z) - \frac{1}{2}m\|z - x^{k}\|^{2} + \frac{1}{2}L_{\max}\|z - x^{k}\|^{2} + \lambda\Omega(z)$$

$$= h(z) + \frac{1}{2}(L_{\max} - m)\|z - x^{k}\|^{2}. \tag{9.25}$$

We have, by minimizing both sides over z in this expression, that

$$H(x^{k}, z^{k}) = \min_{z} H(x^{k}, z)$$

$$\leq \min_{z} h(z) + \frac{1}{2} (L_{\max} - m) \|z - x^{k}\|^{2}$$

$$\leq \min_{\alpha \in [0, 1]} h(\alpha x^{*} + (1 - \alpha) x^{k}) + \frac{1}{2} (L_{\max} - m) \alpha^{2} \|x^{k} - x^{*}\|^{2}$$

$$\leq \min_{\alpha \in [0, 1]} \alpha h^{*} + (1 - \alpha) h(x^{k})$$

$$+ \frac{1}{2} \left[ (L_{\max} - m) \alpha^{2} - m\alpha (1 - \alpha) \right] \|x^{k} - x^{*}\|^{2}$$

$$\leq \frac{m}{L_{\max}} h^{*} + \left( 1 - \frac{m}{L_{\max}} \right) h(x^{k}), \tag{9.26}$$

where we used (9.25) for the first inequality, (9.23) for the third inequality, and the particular value  $\alpha = m/L_{\text{max}}$  for the fourth inequality (for which value the coefficient of  $||x^k - x^*||^2$  vanishes). By taking the expected value of  $h(x^{k+1})$  over the index  $i_k$ , we have

$$E_{ik}h(x^{k+1}) = \frac{1}{n} \sum_{i=1}^{n} \left[ f(x^k + (z_i^k - x_i^k)e_i) + \lambda \Omega_i(z_i^k) + \lambda \sum_{j \neq i} \Omega_j(x_j^k) \right]$$

$$\leq \frac{1}{n} \sum_{i=1}^{n} \left\{ f(x^k) + [\nabla f(x^k)]_i (z_i^k - x_i^k) + \frac{1}{2} L_{\max}(z_i^k - x_i^k)^2 + \lambda \Omega_i(z_i^k) + \lambda \sum_{j \neq i} \Omega_j(x_j^k) \right\}$$

$$= \frac{n-1}{n} h(x^k) + \frac{1}{n} \left[ f(x^k) + \nabla f(x^k)^T (z^k - x^k) + \frac{1}{2} L_{\max} ||z^k - x^k||^2 + \lambda \Omega(z^k) \right]$$

$$= \frac{n-1}{n} h(x^k) + \frac{1}{n} H(x^k, z^k).$$

By subtracting  $h^*$  from both sides of this expression, and using (9.26) to substitute for  $H(x^k, z^k)$ , we obtain

$$E_{i_k}h(x^{k+1}) - h^* \le \left(1 - \frac{m}{nL_{\max}}\right)(h(x^k) - h^*).$$

By taking expectations of both sides of this expression with respect to the random indices  $i_0, i_1, i_2, \dots, i_{k-1}$ , we obtain

$$E(h(x^{k+1})) - h^* \le \left(1 - \frac{m}{nL_{\max}}\right) (E(h(x^k)) - h^*).$$

The result follows from a recursive application of this formula.

A result similar to (6.7) can be proved for the case in which f is convex but not strongly convex, but there are a few technical complications. We refer to Richtarik and Takac (2014) for details.

#### 9.5 Proximal Point Method

The proximal point method of Rockafellar (1976b) is a fundamental method for solving the problem

$$\min_{x \in \mathbb{R}^n} \psi(x), \tag{9.27}$$

where  $\psi$  is a convex function. The iterates are obtained from

$$x^{k+1} := \arg\min_{z} \psi(z) + \frac{1}{2\alpha_{k}} \|z - x^{k}\|^{2} = \operatorname{prox}_{\alpha_{k}\psi}(x^{k}), \tag{9.28}$$

where  $\alpha_k > 0$  is a steplength parameter. Note that smoothness of  $\psi$  is not required. The problem (9.27) is a special case of (9.11) in which we set f = 0 and  $\tau = 1$ . We can thus state convergence results as corollaries of the results in Section 9.3.

The subproblem to be solved in (9.28) for the proximal point method contains the original objective  $\psi$  and, thus, would appear to be as difficult to solve as the original problem. However, the quadratic regularization term in (9.28) plays an important stabilizing role. In important special cases (such as the augmented Lagrangian methods described in Section 10.5), its presence can make solving the proximal subproblem (9.28) easier than solving the original problem (9.27).

Because there is no smooth part f in (9.27) (when we compare the objectives in (9.11) and (9.27)), there are no restrictions on the steplengths  $\alpha_k$ . In a constant-steplength variant of (9.28), we can fix  $\alpha_k \equiv \alpha$  for any  $\alpha > 0$  and set  $L = 1/\alpha$  in Theorem 9.6 to obtain the following convergence result.

**Theorem 9.8** Suppose that  $\psi$  is a closed convex function and that (9.27) attains a minimizer  $x^*$  (not necessarily unique) with optimal objective value  $\psi^*$ . Then if  $\alpha_k = \alpha > 0$  for all k in (9.28), we have

$$\psi(x^k) - \psi^* \le \frac{\|x^0 - x^*\|^2}{2\alpha k}, \quad k = 1, 2, \dots$$

We observe again a sublinear 1/k rate of convergence, with a constant term depending inversely on  $\alpha$ . The dependence on  $\alpha$  makes intuitive sense. If  $\alpha$  is chosen to be large, the quadratic regularization in (9.28) is mild, and the constant factor  $\|x^0 - x^*\|^2/(2\alpha)$  in the convergence expression is small. (In the extreme case, as  $\alpha \to \infty$ , the effect of regularization vanishes, and the approach (9.28) almost converges in one step. This is not surprising, as (9.28) is close to the original problem (9.27) in this case.) When  $\alpha$  is smaller, and the quadratic regularization is more significant, the constant in the convergence experession is correspondingly larger, so overall convergence is slower, when measured in terms of iterations. However, in the latter case, each subproblem may be easier to solve, as we may be able to use the approximate solution of one subproblem as a "warm start" for the following subproblem and exploit the strong convexity of the subproblems. Overall, the optimal choice of parameter  $\alpha$  will depend very much on the structure of  $\psi$ .

#### **Notes and References**

Bundle methods were proposed by Lemaréchal (1975) and Wolfe (1975). They underwent much development in the years that followed; some key contributions include Kiwiel (1990) and Lemaréchal et al. (1995). Applications to regularized optimization problems in machine learning are described by Teo et al. (2010).

Our proof of convergence of the proximal-gradient method in the convex case in Section 9.3.1 is from the lecture on "Proximal Gradient Methods" in the slides of Vandenberghe (2016).

Application of a version of the proximal-gradient approach to compressed sensing was described by Wright et al. (2009). An accelerated version of the proximal-gradient method was famously described by Beck and Teboulle (2009).

#### **Exercises**

1. Let  $\{\alpha_k\}_{k=1,2,...}$  be a sequence of positive numbers such that  $\alpha_k \downarrow 0$  but  $\sum_{k=1}^T \alpha_k \uparrow \infty$  as  $T \to \infty$ . Show that

$$\frac{\sum_{j=1}^{T} \alpha_j^2}{\sum_{j=1}^{T} \alpha_j} \to 0, \quad \text{as } T \to \infty.$$

- 2. Consider the subgradient method with decreasing steplength of the form  $\alpha_k = \theta/k^p$  for some fixed value of p in the range (0,1). Using the techniques of Section 9.2, find a bound on  $f(\bar{x}_T) f(x^*)$  that generalizes the bound (9.10). Verify that p = 1/2 yields the tightest bound for  $p \in (0,1)$ .
- 3. Define  $f(x, y) := |x y| + 0.1(x^2 + y^2)$ .
  - (a) Show that f is convex.
  - (b) Compute the subdifferential of f at any point (x, y).
  - (c) Consider the coordinate descent method starting at the point  $(x_0, y_0) = (1, 1)$ . Determine to which point the algorithm converges. Explain your reasoning. What can you conclude about the coordinate descent method for nonsmooth functions from this example?
- 4. Let *f* be strongly convex with modulus of convexity *m* and *L*-Lipschitz gradients. Define the function

$$f_m(x) := f(x) - \frac{m}{2} ||x||_2^2.$$

- (a) Prove that  $f_m$  is convex with L m-Lipschitz gradients.
- (b) Write down the proximal-gradient algorithm for the function

$$f_m(x) + \frac{m}{2} ||x||^2,$$

where we take  $f_m$  to be the "smooth" part and  $\frac{m}{2} \| \cdot \|^2$  to be the "convex but possibly nonsmooth" part.

- (c) Does there exist a steplength  $\alpha$  such that this proximal-gradient algorithm has the same iterates as gradient descent applied to f for some (possibly different) constant steplength? Explain.
- (d) Find a steplength for the proximal-gradient method such that

$$||x^k - x^*|| \le \left(1 - \frac{m}{L}\right) ||x^{k-1} - x^*||,$$

where  $x^*$  is the unique minimizer of f.