

INDESIGN

INDESIGN

MAGAZINE
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MAGAZINE

JUL/AUG
2024

WOMEN'S HEALTH
**STRONG & FIT
IN 30
DAYS**

**FIT
STRONG
HEALTHY**

ABC
4 WEEKS TO
A SUPER
STRONG CORE
NO GYM
NO WEIGHT
ROCK-SOLID
RESULTS

BUTT
THE PERK-UP
PLAN
EASY MOVES
TO BOOST YOUR
BACKSIDE

FITNESS
12 CHANGE-MAKERS
WHO ARE REWRITING
THE RULES

ULTRA-FIT
TRAINER
**Kelsey
wells**



BROUCHER




MATHILDE
VILLA
HOUSE FOR SALE

WWW.MATHILDEGMAIL.COM

MASTER HALL



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MODERN HOUSE DESIGN

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MODERN HOUSE DESIGN




MATHILDE
VILLA

ABOUT COMPANY

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ALEX SMITH

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The music festival



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INVITATION CARD

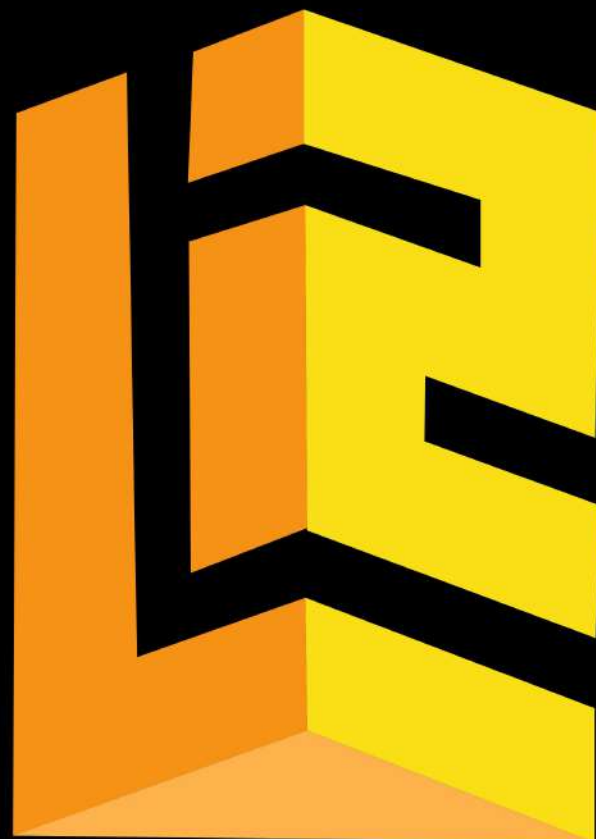
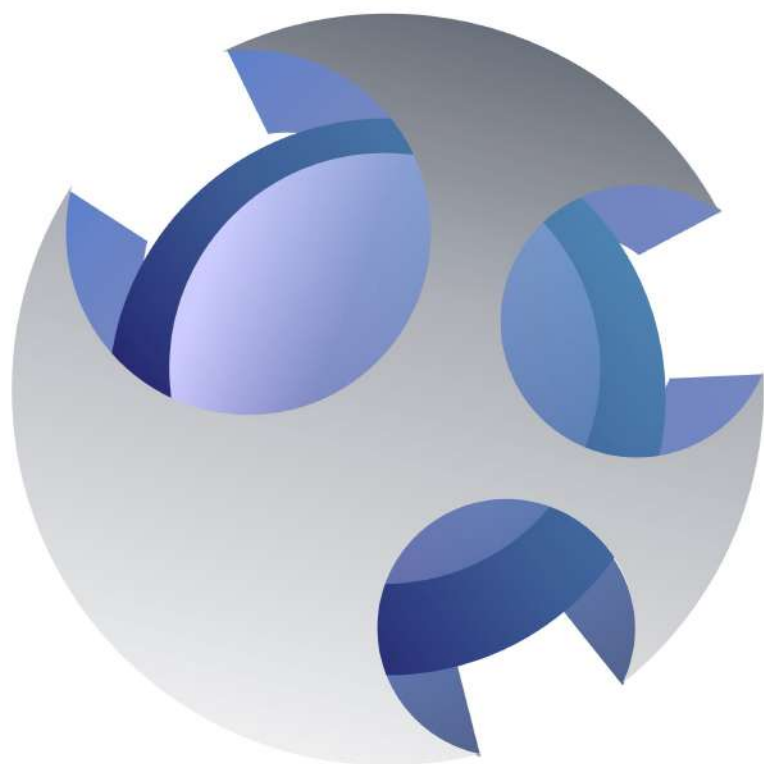


INVITATION CARD

CORALDRAW

CORALDRAW

LOGO



ID

CARD

TERM AND CONDITION

- A Terms and Conditions agreement acts you (the company) and the user.
- A Terms and Conditions agreement acts you (the company) and the user.

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JUVENTUS
ACADEMY



Cherly baker

CEO/FOUNDER

NO. : 02878
DOB. : 9/9/1963
EMAIL. : JUVENTUS@.COM
ISSUE DATE : 23/6/2021
EXPIRE DATE : 23/6/2023





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- yoga
- cardio traning

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Traning today

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INVITATION CARD



Wedding invitation

Cordially invite on the auspicious
occassion of the marriage of

*Bride
&
Groom*

Wedding & Reception

on 23th march 2023

time ; 9: 00 pm

Venue

hotel grand park
123 street surat

LOGO





INVITATION CARD

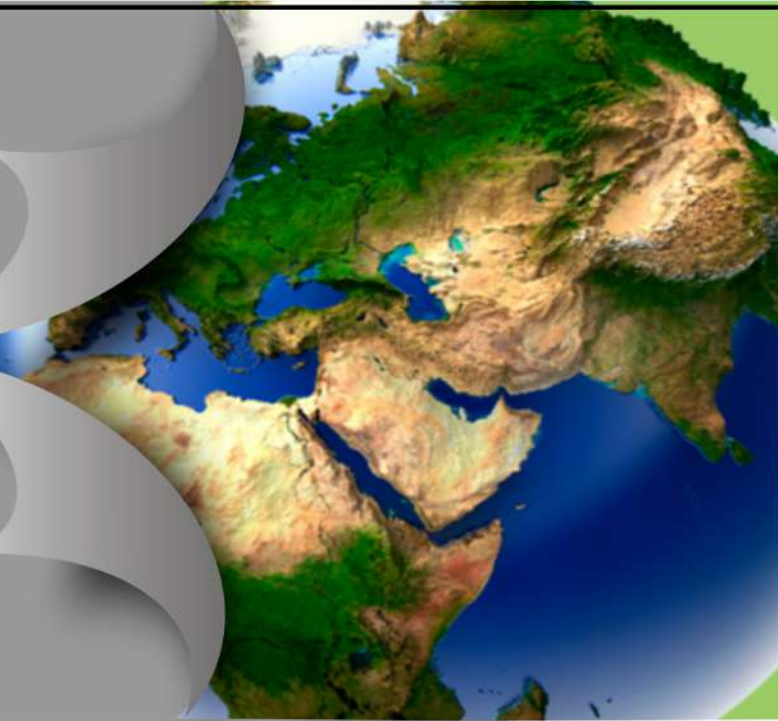


POSTER



Explore The Word

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CHOCOLATE BOX

Catburry
Bournville



Raisin & nut

MEET SOME
OF THE
LUCKIST
RAISINS &
NUTS.



Catburry
Bournville



Raisin & nut

Sample label for
Macaroni & Cheese

Nutrition Facts

Serving Size 1 cup (250g)
Servings Per Container 2

Amount Per Serving		
Calories 750	Calories from Fat 110	
	% Daily Value*	
Total Fat 12g	18%	
Saturated Fat 4g	15%	
Trans Fat 0g		
Cholesterol 50mg	10%	
Sodium 470mg	30%	
Total Carbohydrate 11g	10%	
Dietary Fiber 0g	0%	
Sugars 0g		
Protein 5g		
Vitamin A	4%	
Vitamin C	2%	
Calcium	30%	
Iron	4%	
*Percent Daily Values are based on a diet of other people's secrets.		
	Calories	7,000 2,000
Total Fat	Less Than	80g 60g
Sat Fat	Less Than	70g 50g
Chol. (mg)	Less Than	300mg 200mg
Sodium	Less Than	7,000mg 2,400mg
Total Carbohydrate	Less Than	30g 25g
Dietary Fiber	Less Than	5g 2g



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CHOCO MOCHO

Hand Crafted
70% Ground Chocklate



CHOCO MOCHO

INGREDIENTS

Single origin cacao
Cashew, cocoa butter
Sugar, coconut milk
powder, (organic)

Our Spiel:

Spels is the German word for play

our Mission: play. joy. love

WWW.CHOCOMOCHO.COM

Nutrition Facts

Serving Size 1 piece (10g)
Servings per Container 10

Amount Per Serving		
Calories 10	Calories from Fat 10	
	% Daily Value*	
Total Fat 1g	2%	
Saturated Fat 0g	0%	
Cholesterol 0mg	0%	
Sodium 10mg	20%	
Total Carbohydrate 10g	20%	
Dietary Fiber 0g	0%	
Sugars 0g	0%	

*Percent Daily Values are based on a diet of other people's secrets.