

Energy exchange $W_{i \rightarrow j}(t)$

$W_{0 \rightarrow 1}(t)$ $W_{0 \rightarrow 16}(t)$ $W_{0 \rightarrow 31}(t)$

1.5

1.0

0.5

0.0

-0.5

0

15

30

45

60

Time [s]

