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| 1. 3 Process Theory of Memory | - sensory memory - short-term memory - long-term memory | 18. long-term memory | the relatively permanent storage of information |
| 2. Alzheimer's disease | - long term memory gone, only short term memory left - Primary therapy is to stay in a familiar environment | 19. Long Term memory forgetting factors | - encoding or storage failure (make material more meaningful or emotional) - overlearning - retrieval failure - interference factors (young and old people more likely to forget) |
| 3. Anterograde amnesia | loss of the ability to create new memories after the event that caused the amnesia | 20. long-term potentiation (LTP) | - long-lasting strengthening of synapses between nerve cells. - Psychologists use LTP to explain long-term memories |
| 4. Cerebellum | A large structure of the hindbrain that controls fine motor skills. | 21. Neural Decay | decay or degradation of neural activity |
| 5. Chunking | reorganizing information into smaller bits (phone number) | 22. Neurogenesis | the formation of new neurons |
| 6. dentate gyrus | - located in hippocampus - thought to contribute to the formation of new episodic memories | 23. olfactory bulb | the first brain structure to pick up smell information from the nose |
| 7. ethanol (alcohol) | - depletes choline, which is ingredient to making acetylcholine - Takes water out of brain - May result in epilepsy | 24. Parahippocampal | - surrounds the hippocampus and is part of the limbic system. - This region plays an important role in memory encoding and retrieval. |
| 8. eyewitness memory | Remembering and reporting events the person has witnessed or experienced. | 25. Primacy Effect | tendency to remember information/experiences at the beginning |
| 9. Flashbulb Memory | a clear memory of an emotionally significant moment or event | 26. proactive interference | old information hinders recall of new information |
| 10. Herpes | eats up hippocampus 70% of us have it in form of chicken pox, | 27. Rabies | damages hippocampus immediately after being bitten |
| 11. Hippocampus | primary memory muscle in brain, uses acetylcholine to learn | 28. recency effect | tendency to remember recent information better than earlier information |
| 12. Imprinting | the process by which certain animals form attachments during a critical period very early in life (ducks following man) | 29. Redintegrative Memory | memories that are reconstructed or expanded by starting with one memory and then following chains of association to related memories |
| 13. Interference | concurrent processing demands | 30. retroactive interference | new information hinders recall of old information |
| 14. John B. Watson (Father of Behaviorism) | Believed that human development occurred due to the learned associations between stimuli and responses. first to go against Freud theories | 31. Retrograde amnesia | an inability to retrieve information from one's past before the event |
| 15. John B. Watson (Father of Behaviorism) | Believed that human development occurred due to observable stimulus-response behaviors, and states all behaviors are learned through interaction with the environment | 32. Reverberating circuit | A cell assembly that continues to respond after the original stimulus that excited it has ceased, providing a neural basis for short-term memory |
| 16. Karl Lashley | Found that memory is not stored in just one place of the brain. Tested on rats. - Hippocampus: extends around brain, so when one senses something, it forms associations all around | 33. right hippocampus | - faces and places - long term persistence |
| 17. left hippocampus | - verbal memory - short term persistence | 34. semantic memory | a network of associated facts and concepts that make up our general knowledge of the world |

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| 35. Sensory Memory | the immediate, very brief recording of sensory information in the memory system - duration: about 0.3 seconds - Capacity: unknown/unlimited - Forgetting Factors: neural decay and active filtering (>75% eliminated at this level) |
| 36. Short Term Memory | activated memory that holds a few items briefly, such as the seven digits of a phone number while dialing, before the information is stored or forgotten - duration: about 30 seconds |
| 37. stimulus persistence | information obtained from residual neural activity - increases in brighter settings |
| 38. Taste Aversion | a learned avoidance of a particular food |