

1. 3 Process Theory of Memory	- sensory memory - short-term memory - long-term memory	18. long-term memory	the relatively permanent storage of information
2. Alzheimer's disease	- long term memory gone, only short term memory left - Primary therapy is to stay in a familiar environment	19. Long Term memory forgetting factors	- encoding or storage failure (make material more meaningful or emotional) - overlearning - retrieval failure - interference factors (young and old people more likely to forget)
3. Anterograde amnesia	loss of the ability to create new memories after the event that caused the amnesia	20. long-term potentiation (LTP)	- long-lasting strengthening of synapses between nerve cells. - Psychologists use LTP to explain long-term memories
4. Cerebellum	A large structure of the hindbrain that controls fine motor skills.	21. Neural Decay	decay or degradation of neural activity
5. Chunking	reorganizing information into smaller bits (phone number)	22. Neurogenesis	the formation of new neurons
6. dentate gyrus	- located in hippocampus - thought to contribute to the formation of new episodic memories	23. olfactory bulb	the first brain structure to pick up smell information from the nose
7. ethanol (alcohol)	- depletes choline, which is ingredient to making acetylcholine - Takes water out of brain - May result in epilepsy	24. Parahippocampal	- surrounds the hippocampus and is part of the limbic system. - This region plays an important role in memory encoding and retrieval.
8. eyewitness memory	Remembering and reporting events the person has witnessed or experienced.	25. Primacy Effect	tendency to remember information/experiences at the beginning
9. Flashbulb Memory	a clear memory of an emotionally significant moment or event	26. proactive interference	old information hinders recall of new information
10. Herpes	eats up hippocampus 70% of us have it in form of chicken pox,	27. Rabies	damages hippocampus immediately after being bitten
11. Hippocampus	primary memory muscle in brain, uses acetylcholine to learn	28. recency effect	tendency to remember recent information better than earlier information
12. Imprinting	the process by which certain animals form attachments during a critical period very early in life (ducks following man)	29. Redintegrative Memory	memories that are reconstructed or expanded by starting with one memory and then following chains of association to related memories
13. Interference	concurrent processing demands	30. retroactive interference	new information hinders recall of old information
14. John B. Watson (Father of Behaviorism)	Believed that human development occurred due to the learned associations between stimuli and responses. first to go against Freud theories	31. Retrograde amnesia	an inability to retrieve information from one's past before the event
15. John B. Watson (Father of Behaviorism)	Believed that human development occurred due to observable stimulus-response behaviors, and states all behaviors are learned through interaction with the environment	32. Reverberating circuit	A cell assembly that continues to respond after the original stimulus that excited it has ceased, providing a neural basis for short-term memory
16. Karl Lashley	Found that memory is not stored in just one place of the brain. Tested on rats. - Hippocampus: extends around brain, so when one senses something, it forms associations all around	33. right hippocampus	- faces and places - long term persistence
17. left hippocampus	- verbal memory - short term persistence	34. semantic memory	a network of associated facts and concepts that make up our general knowledge of the world

35. Sensory Memory	the immediate, very brief recording of sensory information in the memory system - duration: about 0.3 seconds - Capacity: unknown/unlimited - Forgetting Factors: neural decay and active filtering (>75% eliminated at this level)
36. Short Term Memory	activated memory that holds a few items briefly, such as the seven digits of a phone number while dialing, before the information is stored or forgotten - duration: about 30 seconds
37. stimulus persistence	information obtained from residual neural activity - increases in brighter settings
38. Taste Aversion	a learned avoidance of a particular food