Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
GuYY_2017_Acarbose_D90	−0.0700	0.1500		−0.07	[−0.36; 0.22]	12.5%
ZhangXY_2021_Acarbose_D168	0.1000	0.1400		0.10	[−0.17; 0.37]	12.7%
ZhangYF_2020_Berberine_D84	0.9000	0.1200		0.90	[0.66; 1.14]	13.1%
WuH_2017_Metformin_D60	0.7300	0.1700		0.73	[0.40; 1.06]	12.0%
WuH_2017_Metformin_D120	0.5100	0.1600		0.51	[0.20; 0.82]	12.3%
RenHH_2023_Metformin_D90	0.9700	0.1700		0.97	[0.64; 1.30]	12.0%
ZhangXY_2021_Vlidagliptin_D168	0.3700	0.1300		0.37	[0.12; 0.62]	12.9%
GuYY_2017_Glipizide_D90	0.0100	0.1500		0.01	[−0.28; 0.30]	12.5%
Random effects model (HK)				**0.44**	**[0.10; 0.78]**	**100.0%**
Prediction interval					**[−0.55; 1.43]**	

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Heterogeneity: $I^2 = 87\%$, $\tau^2 = 0.1422$, $p < 0.01$