Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
GuYY_2017_Acarbose_D90	−0.1000	0.1200		−0.10	[−0.34; 0.14]	12.1%
ZhangXY_2021_Acarbose_D168	0.1300	0.1600		0.13	[−0.18; 0.44]	11.2%
ZhangYF_2020_Berberine_D84	−0.2900	0.0800		−0.29	[−0.45; −0.13]	12.8%
WuH_2017_Metformin_D60	−0.0900	0.0800		−0.09	[−0.25; 0.07]	12.8%
WuH_2017_Metformin_D120	−0.5400	0.0700		−0.54	[−0.68; −0.40]	13.0%
RenHH_2023_Metformin_D90	−0.7600	0.0400		−0.76	[−0.84; −0.68]	13.3%
ZhangXY_2021_Vlidagliptin_D168	−0.0500	0.1200		−0.05	[−0.29; 0.19]	12.1%
GuYY_2017_Glipizide_D90	−0.0500	0.0900		−0.05	[−0.23; 0.13]	12.7%
Random effects model (HK)				**−0.23**	**[−0.48; 0.02]**	**100.0%**
Prediction interval					**[−1.14; 0.67]**	

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Heterogeneity: $I^2 = 95\%$, $\tau^2 = 0.1205$, $p < 0.01$