Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
GuYY_2017_Acarbose_D90	0.3700	0.1400		0.37	[0.10; 0.64]	12.5%
ZhangXY_2021_Acarbose_D168	0.4400	0.1900		0.44	[0.07; 0.81]	10.9%
ZhangYF_2020_Berberine_D84	0.9500	0.0900		0.95	[0.77; 1.13]	14.0%
WuH_2017_Metformin_D60	0.2400	0.1800		0.24	[−0.11; 0.59]	11.3%
WuH_2017_Metformin_D120	0.2900	0.1600		0.29	[−0.02; 0.60]	11.9%
RenHH_2023_Metformin_D90	0.4500	0.1100		0.45	[0.23; 0.67]	13.4%
ZhangXY_2021_Vlidagliptin_D168	0.4600	0.1000		0.46	[0.26; 0.66]	13.7%
GuYY_2017_Glipizide_D90	−0.0900	0.1500		−0.09	[−0.38; 0.20]	12.2%
Random effects model (HK)				**0.40**	**[0.15; 0.65]**	**100.0%**
Prediction interval					**[−0.40; 1.20]**	

−1　−0.5　0　0.5　1

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Heterogeneity: $I^2 = 85\%$, $\tau^2 = 0.0920$, $p < 0.01$