Study	SMD	SE(SMD)		SMD	95%-CI	Weight
GuYY_2017_Acarbose_D90	−0.6874	0.1700		−0.69	[−1.02; −0.35]	15.2%
ZhangXY_2021_Acarbose_D168	−0.8241	0.2500		−0.82	[−1.31; −0.33]	7.0%
ZhangYF_2020_Berberine_D84	−0.9263	0.1400		−0.93	[−1.20; −0.65]	22.4%
WuH_2018_Metformin_D60	−1.1440	0.1600		−1.14	[−1.46; −0.83]	17.2%
WuH_2018_Metformin_D120	−0.7959	0.1800		−0.80	[−1.15; −0.44]	13.6%
Ren_2023_Metformin_D90	−1.0344	0.2600		−1.03	[−1.54; −0.52]	6.5%
ZhangXY_2021_Vlidagliptin_D168	−0.9445	0.2500		−0.94	[−1.43; −0.45]	7.0%
GuYY_2017_Glipizide_D90	−0.8982	0.2000		−0.90	[−1.29; −0.51]	11.0%
Random effects model (HK)				**−0.91**	**[−1.04; −0.78]**	**100.0%**
Prediction interval					**[−1.07; −0.75]**	

Heterogeneity: $I^2 = 0\%$, $\tau^2 = 0$, $p = 0.70$