Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
GuYY_2017_Acarbose_D90	0.2800	0.1300		0.28	[0.03; 0.53]	12.8%
ZhangXY_2021_Acarbose_D168	0.3000	0.2500		0.30	[−0.19; 0.79]	6.6%
ZhangYF_2020_Berberine_D84	0.6600	0.0900		0.66	[0.48; 0.84]	15.6%
WuH_2017_Metformin_D60	0.4200	0.1100		0.42	[0.20; 0.64]	14.2%
WuH_2017_Metformin_D120	0.2500	0.1200		0.25	[0.01; 0.49]	13.5%
RenHH_2023_Metformin_D90	0.3400	0.1700		0.34	[0.01; 0.67]	10.3%
ZhangXY_2021_Vlidagliptin_D168	0.5500	0.1000		0.55	[0.35; 0.75]	14.9%
GuYY_2017_Glipizide_D90	0.0000	0.1400		0.00	[−0.27; 0.27]	12.1%
Random effects model (HK)				**0.37**	**[0.19; 0.54]**	**100.0%**
Prediction interval					**[−0.11; 0.85]**	

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Heterogeneity: $I^2 = 67\%$, $\tau^2 = 0.0317$, $p < 0.01$