

## **ASSIGNMENT NO : 01**

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**AIM:-**To understand What is Natural Acceptance.

### **What is Natural Acceptance:-**

Natural Acceptance is the process to understand ourselves. Natural Acceptance has to do with something fundamental, something related to our purpose, something related to our basic desires in day to day life . We always get definite answers from our Natural Acceptance. Natural Acceptance does not change with time, place or individual. It doesn't care about likes and dislikes.

### **Why Natural Acceptance is important:-**

When we refer to our natural acceptance we becomes self-referential .when we refer to ourself it gives us satisfaction and assurance. Finally it gives us happiness . Natural Acceptance is potentially there in each and every human being.we just have to discover them and be aware of them.

### **Example :-**

Let's take an example,

'Respect' is naturally accepted by all of us. It does not change with time, place or age. We all need respect at every stage of our life. Thus proposal of 'Respect' is universally accepted so we can say respect is naturally accepted by us.