

# **fika**

# **pause and reconnect**

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# Problem

- Mental health affects 19% adult population, 46% of teenagers & 13% of children every year
- Suicide leading cause of death among those aged 15-29 in India
- Shortage of trained professionals
- Lack of awareness on mental health



# Solution

- **fika** connects users to professional help
- Features like free online counselling, community chat, video conferencing, stress relieve content, etc.
- Aim to help every one at an international scale
- Better package than done ever before

# Core Technology

