



PROFILE

Dedicated and passionate Bharatanatyam practitioner, performer and teacher with 15 years of rigorous training and thus having a strong foundation in Rhythm, Music, Technique, Abhinaya and Theoretical aspects.

ARTISTIC VISION & PHILOSOPHY

Bharatanatyam is not just a dance form; it is a spiritual and emotional journey that connects the dancer with tradition, storytelling, and self-expression. My artistic vision is to blend the rich classical heritage of Bharatanatyam with contemporary themes while staying rooted in tradition. Through my performances and teaching, I aim to inspire the next generation of dancers, making this art form accessible and relevant to modern audiences. I believe that dance has the power to heal, educate, and elevate human consciousness, and my mission is to use Bharatanatyam as a medium for artistic and social impact.

ANUSHKAA RAMANATAN

DANCE EDUCATION

TANJAVUR NRITYA SHALA

2011 - 2019

[Initial training of 7 years/ passed Visharad with First class]

NALANDA NRITYA KALA MAHAVIDYALA

2018 – 2025

CGPA 10/ secured 1st rank throughout Bachelor of Performing Arts
Currently Pursuing Masters in Performing Arts.

WORK EXPERIENCE

NALANDA DANCE RESEARCH CENTRE [TEACHER]

2022 - Present

[Engaged as a Bharatanatyam Teacher for levels 3 and 4/ trained over 45 students]

ABHINITA SCHOOL OF DANCE [FOUNDER/TEACHER]

2022 - Present

[currently training 10 students]

LECTURE & DEMONSTRATION

Accompanied a senior Bharatanatyam guru for lecture demonstrations on 'Drama & Art in Education' for the B.Ed. students.

Actively took part in teaching dance to the differently abled children of Dilkush Special School.

RESEARCH PRESENTATION

Presented a research paper on 'Understanding & Evaluating the place of commentaries on Natyashastra with special reference to Bharatanatyam' as a part of 'Shabdha Manthan' collaboration of NCPA & Smt. Sheetal Kapole at Manjiri Nrityakala Mandir, Dombivili on 22nd January, 2024.

PERSONAL PARTICULARS

DOB – 31st December 2002

Languages Fluent: Tamil, English, Hindi

CONTACT

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PERFORMANCES

- Performed at The Cotton Association of India, 2022
- Performed at Hindu Mahila Sabha, Pune 2022
- Performed at ‘YATRA’ final dance season of NCPA, 2023
- Performed at ‘Made in India Swadeshi Runway DR. APJ Abdul Kalam Awards’, 2023
- Performed at the G20 summit held in Mumbai, 2023
- Performed at the Sindhu Festival as a part of Vaibhav Arekar’s tribute to Kanak Rele ‘the eternal Mohini’, 2023
- Performed at the Kalaghoda Arts Festival, Mumbai with Sandip Soparrkar & troupe for his work ‘PAVITRA TULSI’, 2024
- Performed at Nalanda Nrityotsava, 2025

ACHIEVEMENTS/AWARDS

- Successfully completed Bharatanatyam Arangetram in 2018
- Won 1st place in the SDA Palghar district competition (online), 2021
- Won 1st place in an online competition for Akhil Natrajam Aantar Sanskrutik Sangh, Nagpur, 2022
- Won 1st place in ‘Visions Fest’ organized by SIES college, 2023
- Nalanda Nritya Nipuna Award, 2025