

1. This step involves moving from side to side by rotation of the legs,.
2. Both legs twist towards the left then right and then left again. Hence the person shifts to the left side a little.
3. The next step shows the person standing with feet joint and turned a little outwards at 45 degrees. This is the normal ballet standing position.
4. The feet now move in inwards-outwards-inwards fashion. During this time the right hand goes to the left in a straight line.
5. After this the leg remain in normal standing position.
6. Hands go diagonally then twist inwards and outwards.
7. The left hand comes down in place low position
8. The right hand goes to the right and performs a $\frac{1}{4}$ right twist outwards.
9. Then a $\frac{3}{4}$ left twist inwards.