



INFINITY CARE MEDICAL SERVICES

無限的關懷醫療服務

ADDRESS: 88 A CORDOBA ST. TERRANO SURVIVOR IN MARIAS VALENZUELA CITY. CONTACT NO. 2775968

MEDICAL CERTIFICATE

PERSONAL INFORMATION

NAME: HAVANA, RUSSEL
COMPANY: PLV
SERVICE #: 25-0866

DATE: MAY 31, 2025

AGE: 21
GENDER: MALE

PAST MEDICAL HISTORY

+	ALLERGIES (FOOD/MEDICATION)	-	ASTHMA	-	HERNIA	-	FAINTING SPELLS OR SEIZURE
-	OPERATIONS	-	PTB	-	KIDNEY OR BLADDER PROBLEM	-	PSYCHIATRIC OR PSYCHOLOGICAL PROBLEM
-	HOSPITALIZATION	-	OTHER LUNG DISEASES	-	OTHER ABDONIMAL PROBLEM	-	SEXUALLY TRANSMITTED DISEASE
-	HEART DISEASE	-	DIABETES	-	RHEUMATISM/JOINT/ JOINT BACK PROBLEM	-	HEPATITIS
-	HYPERTENSION	-	STOMACH PAIN/ULCER	-	FREQUENT HEADACHE /DIZZINESS	-	CANCER OR TUMOR

REMARKS:

WITH HISTORY OF ALLERGY TO UNKNOWN ETIOLOGY.

FAMILY HISTORY

+	HYPERTENSION	-	DIABETES	-	CANCER	-	THYROID
-	HEART DISEASE	-	PTB	-	ASTHMA	-	OTHERS

PERSONAL AND SOCIAL HISTORY

-	SMOKING		STICKS/DAY				
			YRS				
-	DRUGS	+	EXERCISE				
-	ALCOHOL		BOTTLES/SESSION				

MENSTRUAL HISTORY

MENARCHE:	N/A
LMP:	N/A
INTERVAL:	N/A
# OF PADS:	N/A
DURATION:	N/A
G	P

PHYSICAL EXAMINATION

BP:	130/90	CR: bpm	84	RR: bpm	18	TEMP:	AFEBRILE
HT: (meter)	1.68	WT: (kgs)	110	BMI:	39.14		obese
EXAMINATION	NORMAL	REMARKS/FINDINGS				NORMAL	REMARKS/FINDINGS
1. SKIN	✓			7. CARDIOVASCULAR	✓		
2. HEAD / NECK / SCALP	✓			8. ABDOMEN	✓		
3. EYES / EARS / NOSE	✓			9. RECTUM AND ANUS	✓		
4. MOUTH / THROAT	✓			10. INGUINALS & GENITALS	✓		
5. CHEST & LUNGS	✓			11. EXTREMITIES	✓		
6. BREAST	✓			12. BACK	✓		

VISUAL ACUITY	1. FAR VISION
UNCORRECTED	OD 20/30 OS 20/30

DIAGNOSTIC RESULT

	NORMAL	FINDINGS
CHEST XRAY	✓	
CBC	✓	
URINALYSIS		WBC = 2-5/HPF
FECALYSIS	✓	

IMPRESSION:

ESSENTIALLY WELL ADULT

ERROR OF REFRACTION

RECOMMENDATIONS:

INCREASED ORAL FLUID INTAKE, FOR BP MONITORING, FOR OPHTHA CONSULT
PHYSICALLY FIT FOR OJT

EXAMINED BY: SARAH JANE CHUA-UY MD
LIC #: 114970

NOTE:

1. Validity of consistent with section 9 of AO no. 85-A, this examination is valid at the end of the contract unless not deployed within 90 days from the date of examination as such a repeat examination will be conducted.

2. Coverage: This is certification does not cover diseases that would require special procedures and examination for their detection such as COVID-19 which needs Rapid Testing and/or Oropharyngeal / Nasopharyngeal swab testing, brachiectasis which needs brochography, peptic ulcer/gallbladder disease which need chole/ GI series, certain kidney problems which need IVP, and also those which are asymptomatic at the time of examination including pregnancy test.