# **Ruth Elisabeth Appel**

rappel@stanford.edu March 2024

#### RESEARCH INTERESTS

Computational social science, behavioral economics, social media, large language models, content moderation, misinformation, personalization, experiment design, ethics and privacy

# **EDUCATION**

09/2019 – 06/2024 Ph.D. in Political Communication and Media Psychology

Stanford, USA Stanford University; Ph.D. Advisor: Jennifer Pan

Project highlight: Lead data analyst for one of the projects of the Facebook and Instagram

Election Study, a first-of-its-kind analysis of Facebook's impact on elections

Selected courses: CS224N: NLP with Deep Learning, ECON281: Experiments for Impact,

POLISCI450B-C: Political Methodology, OB374: Interpersonal Dynamics

09/2023 – 06/2024 M.S. in Computer Science

Stanford, USA Stanford University, Department of Computer Science; Advisor: Dan Jurafsky

09/2017 – 06/2019 Master in Public Policy (summa cum laude)

Paris, France Sciences Po, School of Public Affairs

06/2018 – 08/2018 Visiting Researcher

New York, USA Columbia University, Columbia Business School; Advisor: Sandra Matz

08/2013 - 10/2016 B.Sc. Economics

Mannheim, Germany University of Mannheim, Department of Economics; Minor: Political Science

 $09/2015-04/2016 \qquad \mbox{ Visiting Student in Economics and Political Studies}$ 

Kingston, Canada Queen's University at Kingston, Faculty of Arts and Science

#### PROFESSIONAL EXPERIENCE

06/2020 - 09/2020 Google LLC

San Francisco, USA (Remote from Stanford, USA) Quantitative User Experience Research Intern

• Analyzed large-scale Google Cloud user log data to provide UX recommendations

Added to Google's research infrastructure by importing machine learning software packages

02/2019 - 06/2019

**Duke University, Center for Advanced Hindsight** 

Durham, USA

Associate in Research in the Health Division

• Designed behavioral science experiments to improve health behaviors such as vaccine uptake

• Led a workshop on using big data for psychological research

04/2017 - 06/2017

**Telekom Deutschland GmbH** 

Bonn, Germany

Intern in the Strategy Department

• Initiated and presented to senior management research on market potential in edtech

09/2016 - 12/2016

**Delegation of the European Union to the United Nations** 

New York, USA Intern in the Fifth Committee Section (Administration and Budget)

• Prepared and participated in high-level meetings on budget issues and the 2030 Agenda

06/2015 - 08/2015

**Konrad Adenauer Foundation** 

Rabat, Morocco

Intern

• Researched subsidies in Morocco, drafted and edited publications

06/2014 - 06/2015

**Centre for European Economic Research** 

Mannheim, Germany Research Assistant in the Executive Department

• Created and maintained an international research cooperation database

• Drafted, edited and translated reports

#### TEACHING EXPERIENCE

09/2021 – 12/2021 Communication Research Methods

01/2021 – 03/2021 Teaching Assistant for Professor Jennifer Pan's class

Stanford University • Led sections and created materials teaching the statistical programming language R

- **Appel, R. E.**, Pan, J., & Roberts, M. E. (2023). Partisan conflict over content moderation is more than disagreement about facts. *Science Advances*. https://doi.org/10.1126/sciadv.adg6799
- Matz, S. C., **Appel, R. E.**, & Croll, B. (2022). Privacy and ethics in the age of Big Data. In S. C. Matz (Ed.), *The psychology of technology: Social science research in the age of Big Data* (pp. 379–420). American Psychological Association. https://doi.org/10.1037/0000290-012
- **Appel, R. E.**, & Matz, S. C. (2021). Psychological targeting in the age of Big Data. In *Measuring and Modeling Persons and Situations*. Elsevier. https://doi.org/10.1016/b978-0-12-819200-9.00015-6
- Matz, S. C., **Appel, R. E.,** & Kosinski, M. (2020). Privacy in the Age of Psychological Targeting. *Current Opinion in Psychology*, *31*. https://doi.org/10.1016/j.copsyc.2019.08.010

# WORK IN PROGRESS

- **Appel, R. E.**, Kim, Y. M., Pan, J., Xu, Y., ..., Kiewiet de Jonge, C., Franco, A., Mason, W., Stroud, N. J. & Tucker, J. A. Reach of deceptive online networks is limited but highly concentrated.
- **Appel, R. E.**, Roozenbeek, J., Rayburn-Reeves, R., Corbin, J., Basol, M., Compton, J., & van der Linden, S. Psychological inoculation improves resilience to and reduces willingness to share vaccine misinformation. https://doi.org/10.31234/osf.io/ek5pu
- **Appel, R. E.**, Pan, J., & Roberts, M. E. How partisanship affects preferences for content moderation in large language models.
- **Appel, R.E.**, Athey, S., Karlan, D., Koutout, K., Luca, M., Manjeer, U., Sacher, S., & Wernerfelt, N. Combating misinformation on social media.
- **Appel, R. E.**, Garcia, S., Grayson, S. J., Harari, G. M., Jackson, M. O., Pei, R., Soh, S., & Zaki, J. Shifting social cognition and behavior using norms-based campaigns and smartphone-delivered nudge interventions.

### WHITE PAPERS, POLICY INPUT AND POPULAR PRESS ARTICLES

- Appel, R. E. (2024). EU DSA Election Guidelines Input.
- **Appel, R. E.** (2023). It's not just about facts: Democrats and Republicans have sharply different attitudes about removing misinformation from social media. Retrieved from https://theconversation.com/its-not-just-about-facts-democrats-and-republicans-have-sharply-different-attitudes-about-removing-misinformation-from-social-media-216809
- Schaake, M., **Appel, R. E.**, Duplichen, D. M., Einstein, L., Elhai, W., Dhafer Muhammad Faishal, M., ... Zhao, J. (2020). *Input on the European Commission White Paper "On Artificial Intelligence A European approach to excellence and trust."*
- Matz, S. C., **Appel, R. E.**, & Kosinski, M. (2019). Rethinking privacy in the age of psychological targeting. Retrieved from https://blogs.lse.ac.uk/businessreview/2019/11/21/rethinking-privacy-in-the-age-of-psychological-targeting/

## **INVITED TALKS**

- **Appel, R. E.**, Kim, Y. M., Pan, J., Xu, Y., ..., Kiewiet de Jonge, C., Franco, A., Mason, W., Stroud, N. J. & Tucker, J. A. *Reach of deceptive online networks is limited but highly concentrated* (2024, January). Google Jigsaw, virtual.
- Appel, R. E. (2023, November). Countering misinformation on social media. NABE TEC, Santa Clara, CA, USA.
- **Appel, R. E.**, Pan, J., & Roberts, M. E. (2023, November). *Partisan conflict over content moderation is more than disagreement about facts*. Stanford Data Science Democracy Day, Stanford, CA, USA.
- **Appel, R. E.**, Pan, J., & Roberts, M. E. (2023, October). *Partisan conflict over content moderation is more than disagreement about facts*. Content Moderation and Free Speech on Social Media Workshop, Munich, Germany.
- **Appel, R. E.** (2021, December). *Ethics and Privacy in the Age of Psychological Targeting*. Promoting Research in Social Media and Health Symposium, San Francisco, CA, USA.

- **Appel, R. E.**, Pan, J., & Roberts, M. E. (2024, February). *Partisan conflict over content moderation is more than disagreement about facts*. SPSP Annual Convention, San Diego, USA.
- **Appel, R. E.**, Pan, J., & Roberts, M. E. (2023, September). *Partisan conflict over content moderation is more than disagreement about facts*. Trust and Safety Research Conference, Stanford, USA.
- **Appel, R. E.**, Pan, J., & Roberts, M. E. (2023, July). *Partisan conflict over content moderation is more than disagreement about facts*. IC2S2 Conference, Copenhagen, Denmark.
- **Appel, R. E.**, Basol, M., Rayburn-Reeves, R., Corbin, J., van der Linden, S., & Roozenbeek, J. (2022, May). *Bad Vaxx Online Game Intervention Increases Discernment and Reduces Willingness to Share Vaccine Misinformation*. ICA Annual Conference, Paris, France.
- **Appel, R. E.** (2021, February). *Mental Health in Context: Individual Differences, Activities, and Locations as Predictors of Momentary Stress, Anxiety, and Loneliness.* SPSP Annual Convention, online.
- **Appel, R. E.** (2019, August). *Privacy in the Age of Psychological Targeting*. SPSP Summer Psychology Forum, St. Louis, USA.
- Appel, R. E., Kovel-Lazzarini, M. J., Hamon, L. M., Bitton, C. M., & Young, Z. M. (2018, February). *Community Against Sexual Harassment: A Mobile App Solution to Counter Sexual Harassment*. Global Public Policy Network (GPPN) Conference, New York, USA.

## **INVITED POSTERS**

**Appel, R. E.**, Pan, J., & Roberts, M. E. (2023, March). *How Partisanship Influences Perceptions of Censorship*. D3 Conference on Inequality in the Digital Age at Harvard Business School, Cambridge, USA.

## **CONFERENCE POSTERS**

- **Appel, R. E.**, Pan, J., & Roberts, M. E. (2023, February). *How Partisanship Influences Perceptions of Censorship*. SPSP Annual Convention, Atlanta, USA.
- Appel, R. E., Basol, M., Rayburn-Reeves, R., Corbin, J., van der Linden, S., & Roozenbeek, J. (2022, February). Bad Vaxx Online Game Intervention Increases Discernment and Reduces Willingness to Share Vaccine Misinformation. Psychology of Media and Technology Preconference at the SPSP Annual Convention, San Francisco, USA.
- **Appel, R. E.** (2020, February). *Privacy in the Age of Psychological Targeting*. SPSP Annual Convention, New Orleans, USA.

#### FELLOWSHIPS AND GRANTS

09/2019 – present	SAP Stanford Graduate Fellow in Science and Engineering (\$52,920 p.a.)
12/2023 - 11/2024	Stanford Center on Philanthropy and Civil Society Small Grant (\$2,000)
09/2022 - 07/2023	Siegel Family Endowment Research Fellow
09/2022 - 06/2023	Center on Philanthropy and Civil Society PhD Research Fellow (\$79,650)
06/2022 - 09/2022	Stanford Impact Labs Summer Collaborative Research Fellow (\$4,000)
02/2020 - 01/2021	Stanford Center for American Democracy Fellow (\$2,000)
01/2014 - 06/2019	Student Fellow of the German Academic Scholarship Foundation (€27,665)
09/2016 – 12/2016	German-American Internship Program Grant (€3,000)
10/2013 - 08/2016	Student Fellow of the Konrad Adenauer Foundation (€24,185)
09/2015 - 04/2016	Ontario/Baden-Württemberg Student Exchange Tuition Grant (C\$30,530)

## SELECTED PRIZES AND AWARDS

01/2024 - 06/2024	Stanford Emergence	Accelerator P	Program for	Impact Entrepreneurs

10/2023 LLM Agents Hackathon at AGI House, 3<sup>rd</sup> prize

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Language Skills German (native), English (fluent), French (advanced), Spanish (basic)

**Computer Skills** Programming languages R, Python, C++, and SQL, Tools like GitHub, Markdown, LaTeX, and Mendeley

# **ACTIVITIES**

07/2020 – present Communication for Diversity

Stanford, USA Group Member

• Advised PhD applicants from underrepresented groups

• Organized information events about Stanford's Communication PhD program

05/2020 – present Stanford, USA

Stanford German Student Association
Vice President

• Co-led Transatlantic Summit on geopolitics and tech (200 participants, \$150,000 budget)

• Met with international leaders from politics and business

09/2023 – present Wonks and Techies at Stanford University 01/2020 – 05/2021 Group Member

Stanford, USA • Co-authored a white paper with suggestions for the EU AI strategy

• Participated in discussions and a talk series on ethics, technology and policy

10/2019 – 09/2022 Stanford Network of Wellbeing at Stanford University Stanford, USA Steering Committee Member

• Established a network of mental health stakeholders at Stanford and beyond

• Promoted student and community wellbeing by organizing large-scale events