







users		
 id_users	integer	
email_user	text	
password	text	

grocery_list		
 id_grocery	integer	
own_by	integer	
list	text	

recipes		
 recipes_id	integer	
owned_by	integer	
ingredients_users	text	
instructions_users	text	
public	boolean	

occasions		
 id_occasions	integer	
create_by	integer	
recipe_id	integer	
name	text	
date	date	
place	text	

