

Answer all the questions.

Name and Class with Section: _____

Date: _____

1. Which of the following is NOT a part of the human excretory system?
A. Kidney B. Ureter C. Urinary bladder D. Pancreas
2. Dehydration is a method of preserving food by _____
A. Adding salt to the food B. Adding sugar to the food
C. Boiling the food D. Removing water from the food
3. Which of the following is an artificial device used to regulate heartbeat?
A. Stethoscope B. Electrocardiograph C. Pacemaker D. Ultrasound machine
4. Which part of the tooth contains blood vessels and nerves?
A. Dentine B. Enamel C. Pulp D. All of these
5. Which of these food nutrients gives us the maximum energy and helps us to stay warm?
A. Carbohydrates B. Proteins C. Fats D. Minerals
6. Pulses and eggs are rich sources of _____
A. Proteins B. Vitamins C. Carbohydrates D. Minerals
7. The specialist who deals with the treatment of diseases related to skin, hair and nails is _____
A. Dentist B. Dermatologist C. Ophthalmologist D. Paediatrician
8. Which component of our diet helps in maintaining constant body temperature in our body?
A. Roughage B. Minerals C. Water D. Proteins
9. Select the correct statement.
A. Dentine is the hardest substance in our body.
B. Floss is a yellow sticky layer formed by germs on teeth.
C. An electrocardiograph records the electrical activity of the heart.
D. Pickling is the best way to preserve milk products.
10. Which of the following statements is INCORRECT?
A. We should always eat food that is kept in the open.
B. Eat a balanced meal.
C. Growing children should eat food rich in proteins.
D. Eat well-cooked food.
11. Which of the following organs does NOT secrete any digestive liquid?
A. Oesophagus B. Stomach C. Small intestine D. All of these
12. Which of the following is NOT a rich source of carbohydrates?
A. Potato B. Bread C. Cereals D. Eggs
13. Which of these food items is rich in starch, a type of sugar?
A. Ghee B. Bread C. Orange D. Cucumber
14. Which of the following is NOT used for preserving food?
A. Salt B. Sugar C. Water D. Vinegar
15. Large intestine is the last part of the digestive system. Which of the following is NOT a part of the large intestine?
A. Colon B. Duodenum C. Rectum D. Anus