■ Anahata – Emotionally Intelligent AI Companion

Anahata is an AI-powered emotional support chatbot designed to feel like you're talking to someone who truly understands you. With a human-like presence (via emoji/memoji), personalized voice interaction, and a privacy-first approach, Anahata offers comfort, emotional safety, and a sense of companionship.

■ Vision

To create an emotionally intelligent AI companion that brings comfort, understanding, and healing through meaningful, private, and personalized conversations — making people feel heard, valued, and never alone.

■ Mission

To develop a privacy-first AI support system that adapts to users' emotions, mimics empathetic human interaction through facial expressions and voice, and provides tools for emotional wellness, spiritual calm, and healing — especially for those who struggle to open up in real life.

■ Core Values

- Empathy-first
- Privacy-anchored
- Human-like interaction
- Growth-centered
- Spiritually grounded

■ Key Features

- Customize emoji/memoji based on a loved one's photo
- Upload a voice clip of a loved one and hear Anahata respond in their tone
- Temporary or permanent chat window options
- Tamper-proof interaction logs (if enabled)
- Built-in calming tools (breathwork, chants, affirmations)

■ How It Works (Non-Code Logic)

Anahata is built on a fine-tuned GPT-based model with added emotional layers. The platform doesn't solve problems — it listens with compassion. Based on mood input and previous interactions, Anahata crafts emotionally relevant responses, respecting privacy and healing space.

■ User Flow (Text Format)

1. User logs in or signs up
2. Fills basic and behavioral questions
3. Option to upload loved one's photo (emoji generation)
4. AI provides a welcome response; conversation begins
5. Regular emotional score analysis after a few chats
6. Deep-breath prompt every few sessions
7. Users can opt-out or erase data at any time

■ Research-Informed Design

Anahata is built on findings from:
- Empathy in Chatbots (JMIR 2024)
- Ethical AI & Voice Replication (Synthesia, EURASIP 2024)
- User Trust and Privacy (JASIST, CHB 2024)

Key gaps like trust, privacy, and long-term engagement are directly addressed through our personalized avatar design, opt-out features, and non-persistent memory.

■ Next Actions

- Build literature matrix: Author | Year | Method | Key Finding | Design Use
- Begin development of MVP (UI, auth, mood input, GPT backend)
- Integrate calming module and privacy toggle
- Prepare GitHub repo and roadmap

■ Get Involved

Anahata is for anyone who believes in gentle technology. If you want to contribute ideas, code, research, or design — reach out and join the vision.