



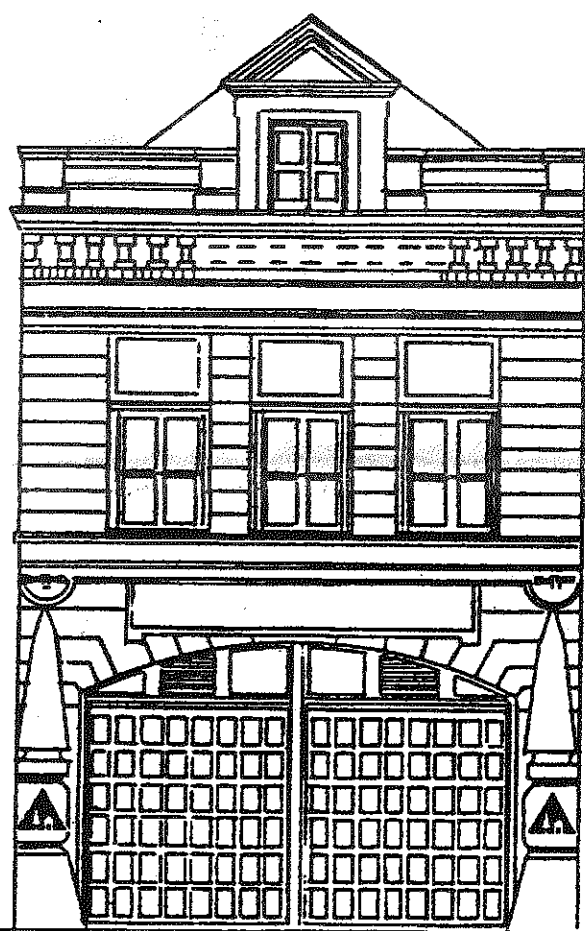
Golden

Volume 44, Number 1

Triangle

January 1993

A Hostel for Pittsburgh



Front Elevation of the Proposed Pittsburgh Hostel

Yes, we have a building for the Pittsburgh Hostel! It's the Pittsburgh # 1 Firehouse located at 344 Boulevard of the Allies downtown. Pending approval by Pittsburgh City Council, we will purchase and renovate the firehouse. The building is large enough for 40-60 beds, a hostel manager's apartment, the hostel kitchen and common room, the Council office and a meeting room.

Before we can get started on this project though, we need your help and support. If you have experience in fundraising, design, or project development and management, we need your help and advice. We need volunteers for lots of other things, too. Most of all we need financial support from as many of our members as possible. Please consider a pledge in support of the Pittsburgh International Youth Hostel and help make a hostel for Pittsburgh a reality.

Marianne Kasica, President

For more information on the Pittsburgh Hostel Project and how you can help see page 3.

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New Hostel

Pittsburgh will once again have a suitable Hostel.

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Support for Hostel

Your support for the new Hostel is urgently needed.

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C-C Ski Weekend

Nansi Janes' Wilderness Lodge

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American Youth Hostels

Pittsburgh Council
6300 Fifth Avenue
Pittsburgh, PA 15232

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Newsletter Contributions

Contributions to the newsletter are welcome. You can submit them in three ways:

- ◆ Typed
- ◆ On diskette
- ◆ By email

Handwritten submissions can be difficult to read, so avoid them if at all possible.

There are several diskettes in the newsletter box at headquarters; please feel free to use these for submissions. To send by email, use the editor's Compuserve address:

75330,3711

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Eric Bauer	687-0766
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<i>Rafting</i>	
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Glenn Oster	364-2864
Jim Ritchie	828-0210
<i>Volleyball</i>	
Jeff Marsh	384-7827
<i>Trips Coordinator</i>	
Janet Supowitz	

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of the International Youth Hostel Federation (IYHF) which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Feb. Deadlines

All Copy
January 7
Labeling and Mailing
January 21

Volunteer News

Ohiopyle Work Party Volunteers

by Linda Smithyman

Thanks to the following people for helping out at the Ohiopyle Hostel on October 11th: Billie Woodland, Don Woodland, and Rosemarie Sheppard. This about wraps up for the work parties for 1992. I shall start up again in April of 1993 and we'll get the common room and ladies bunk room painted sometime next summer. Many thanks go out to those who helped out by volunteering one day or more out of their busy schedule this year. We accomplished so much and it couldn't have been done without your volunteer efforts. THANKS!!!



One of Pennsylvania's endangered species, the Prickly Pear Cactus.

Letters...

[Letters to the editor are welcome. Letters will be edited to conserve space when necessary. Letters are published at the discretion of the editor.]

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* at the left.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel

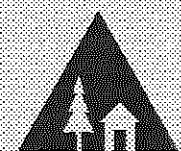
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel

RD #1 (1 mile west on Route 30)
Schellsburg, PA 15559
(814) 733-4212

Charleroi Youth Hostel (SA)

Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200



HOSTELLING
INTERNATIONAL

A Hostel for Pittsburgh

by Joe Hoechner

On November 30, 1992 the Board of Directors of Pittsburgh Council agreed to enter a bid for the #1 Firehouse. One day later, on December 1, 1992, we were the successful bidder on the building with a bid of \$175,000.

This turn of the century building is 30 feet wide and one city block deep. The firehouse extends 160 feet from the Boulevard of the Allies to First Avenue and is just two doors away from the downtown YMCA. The building is of classical brownstone and brick design and has been nominated by the City of Pittsburgh for Historic Landmark status. We welcome this designation since historic buildings adapt well for use as hostels.

Until recently this was a working firehouse and housed the 'Superpumper' truck along with smaller trucks in the 18 foot high truck bays. The first floor also has some office space, a kitchen and a dining area.

A single set of stairs leads up to the second floor which has a firemen's dormitory area along with toilet and shower rooms. There is, of course, a sliding pole which leads down to the front truck bay! The staircase continues up about two more stories to the 'penthouse' - actually a hose drying tower. It must have been the rookies that had the job of hauling the hoses up there to dry.

There is a full basement, half of which is open space. The other half has lots of bright red I-beams (installed to support that Superpumper), a boiler, and the hot water heater.

The hostel will have room for 50 beds with room for possible expansion in the future. The two floors will contain the office and check-in along with the hostellers' rooms, common and dining rooms, kitchen and bathroom facilities. The first floor will be handicapped accessible. The basement will have room for bicycle storage, laundry facilities, and a recreational area. The overhead garage doors will have to be removed and replaced with a glass wall and regular doors. The front and rear facades will otherwise be left as is.

When will the Hostel open? Well certainly by Spring of 1994. But if at all possible and depending on funding and construction, we would like to have at least a partial opening by this coming summer.

Hosteling through Japan

Marge Nichois

Japan, the size of California, has twice as many youth hostels as the entire United States. It is a hosteler's paradise, with some of the highest quality hostels in the world. Only a portion of these belong to the International Youth Hostel Federation: quite a few are Buddhist temples and Shinto shrines, and others are independent.

In August, 1988, I backpacked all about Japan for three weeks, on my own, taking trains everywhere. I stayed in eight hostels. Some were traditional in style: we slept on futons on tatami-mat-covered floors. These brightly-colored futons were tucked away during the day behind sliding paper closet doors framed in polished cedar wood.

Other hostels were Western-style, with bunkbeds. Some bunks were simple metal- or wood-framed, but others were downright luxurious: they had solid wood ends to separate you from your neighbor, a full curtain you could draw across for privacy, a reading lamp, and maybe even a shelf inside!

The hostels I visited were spottlessly neat and clean, and you had to remove your shoes as you entered. Shelves lined the recessed entranceways, full of neat rows of street shoes. I once made the mistake of dashing into a hostel lobby, still wearing my sneakers. The lady at the desk yelled some unintelligible Japanese words at me, but her body language and tone were clear! I jumped out of my sneaks in a hurry.

Next to the shoe-shelves were bins piled with plastic slippers-all alike and "one size fits all." Mine were always flapping and falling off my feet. Our "house slippers" had to be left in the hall at night outside our sleeping rooms. Each morning, they'd be neatly arranged, facing outward so we could step right into them and go.

When you went to the john, you had to step out of your house slippers and into specially marked (and more colorful) "toilet slippers" just inside the bathroom

Continued on page 5...

Help Us Make the Hostel a Reality

by Linda Smithyman

Yes, we have the building ... but in order to complete the purchase and renovate the building, we need **your** support. We need to show that our members are behind this hostel project as we seek other sources of financing. Please take a few minutes now and make a pledge of support, either by mailing in the form below or by calling the Pittsburgh Council office at 412-422-2282.

In addition to funding, we also need volunteers to help with every aspect of opening an urban hostel. Our most immediate need is for persons who can help with design, financing and public relations. If you can help in any of these areas or know of someone whom we might be able to contact, please call the office. Future issues of the newsletter will announce needs for volunteers in other areas.

If you have had an enriching experience hostelling and want to make that experience available for others, please help!

If you believe that young people need a place and an opportunity to discover wholesome fun and interact with others from around the world, please help!

If you believe that Pittsburgh and Western Pennsylvania is a wonderful place that would benefit from having 5000 more visitors from the U.S. and around the world, please help!

Please cut out the coupon below,
and let us know how you can help.

Yes, I would like to make a pledge of support for a Hostel in Pittsburgh in the amount of:

- ☐ \$2,500
☐ \$1,000
☐ \$500
☐ \$250
☐ \$100
☐ \$50
☐ other: \$ _____

Yes, I can volunteer my time for:

- ☐ Fundraising
☐ Architecture or Design
☐ Construction
☐ Public Relations
☐ Clerical help
☐ Other: _____

Name _____

Address _____

Telephone _____

Mail your pledge to:

AYH
Pittsburgh Hostel Fund
 5604 Solway St.
 Pittsburgh PA 15217
 412-422-2282



Hiking and Backpacking News for January, 1993

Footnotes

January is upon us. It's not exactly everyone's idea of the best time of the year to hike but it does have its advantages: no bugs, no bushes, and not too much traffic in the woods.

In mid-November, I went up on a Sunday to the Butler-Freeport Community Trail to take a look at how the BFCT Council was doing. This is one beautiful rail-trail. There is now a 3-mile section completed running north from the Buffalo Township Fire Hall in Sarver to the village of Cabot. While there can't be more than 20 buildings in Cabot, they include a pizza parlor, a convenience store and a sit-down restaurant. There is also a bed-and-breakfast in town. The trail surface is mostly crushed ballast. Just past the 4th bridge, counting from the Fire Hall, if you look back into the trees, you can see a three-spout waterfall trickling some 50-60 down through a rock hillside. It's a little tough to get to, but it's a great lunch spot.

Going south from the Fire Hall toward Freeport, there is about 2 miles of "improved surface" followed by as miles of unimproved railroad grade, all the way to Freeport. The trail follows Little Buffalo Creek, down to its junction with (Big) Buffalo Creek, underneath the Route 28 expressway overpass, and on. The rails are gone, the surface is a little bit of heavy ballast and weeds. This is not only a great walking/hiking route, it would be fantastic on a fat-tire bike.

You know how sometimes some people don't show up for a hike when the weather's bad? Well, **Glenn Oster**, had the ultimate experience. While driving up to Oil Creek for a scheduled day hike on November 21, the weather was so bad, black clouds, torrential rain, high winds, that a whole carload of fair weather hikers pulled up next to Glenn, gave him the cut-your-throat sign, and turned back. Ironically (as it usually happens), just before they lit out on the trail, the rain fell back to a light mist. It turned out to be a respectable day.

Stacy Stancill has a great set of pictures from a rock-climbing expedition to Harper's Ferry. To get to the climbing site, you have to hike up to Maryland Heights. This is a great hiking trail, giving views over the confluence of the Potomac and Shenandoah Rivers. **Clare Bunker** and **Bill Lindgren** had scheduled a weekend hiking trip to Harper's Ferry in December, staying at the Youth Hostel there, hiking, and partaking of the town's Christmas festivities.

The **Fred and Ruth Ernsberger** of Fox Chapel have been cleaning up and marking many of the nature trails in their area. If you've never spent a Sunday afternoon in Fox Chapel, you might try it some time. There are at least 7 nature/walking trails in the area: Salamander Trail, the Sylvan Trail, the Trillium Trail, the Blue Run Trail, Fall Run off Route 8, Pheasant Run Trail and the trails behind Fairview Elementary School. If you would like to lead some short Saturday or Sunday afternoon walks on these trails, call me and I'll put you in touch with the Ernsbergers. (The Ernsbergers can show you a network of horse trails in the Fox Chapel area.....Linda??).

Norm Snyder, AYH's legendary bushwacker and explorer, has agreed in principle to co-lead a hike or two with me in the Spring, following the route of one of Norm's favorite side streams off Mahoning Creek in the Brady's Bend region of Armstrong County. Watch for this one: it'll be a unique experience. If you've never hiked with Norm before, be advised: Norm takes no prisoners!!!

When **Ed Divers** came to give his show at Open House in early December titled "A Dozen Outdoor Adventures in Western Pennsylvania", I initially thought the dozen adventures would refer to a dozen "PLACES". It turned out that Ed's adventures are Botany, Zoology, Geology, History, Archeology, the Culinary Arts of Wild Edibles and so on with Ed having a good library in each of these areas. A great show. Also attending that show was **Bill Allen**, who has put together the best snake book available for Western Pennsylvania snakes. He had autographed copies available for \$5 that night. If you missed Bill, let me know, and we'll try to get some copies of his book to sell in the HQ Store.

Two of our very well known hikers tied the knot this fall. I can't tell you who they are, but their names begin with K and L. (That's a trick clue).

AJ Stones says it may be possible to design a prefab Appalachian-style trail shelter that could be used for the Baker Trail. The Cochran's Mill shelter needs to be repaired: someone stripped the walls off the two sides of the lean-to style shelter. The ranger at Crooked Creek Park, **John Derby**, says he has an alternate site where we could put up a second shelter near Crooked Creek, in a hemlock grove and on Corps of Engineers property. If we do that and keep it off the Park map handout,

Friday, June 11 to Sunday, June 27, 1993

Backpack Yosemite National Park

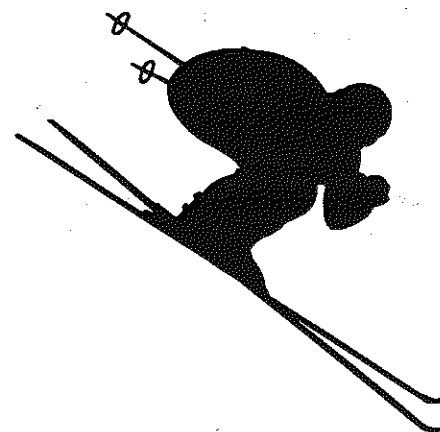
Note: This trip filled up immediately by word of mouth. It's being mentioned here in case you want to be on the waiting list. There often are cancellations.

Travel by van from Pittsburgh to California and back. Backpack along the cascades and waterfalls of the Grand Canyon of the Tuolumne River and dayhike in spectacular Yosemite Valley.

This trip will feature sightseeing to a greater extent than backpacking (in fact, we would welcome one or two persons who would rather car camp than backpack to help with shuttling, assuming openings materialize). On the way west, we will visit the beautiful Maroon Bells basin and Colorado National Monument, Timpenogos Cave (Utah). We will drive by Great Salt Lake and Lake Tahoe (Emerald Bay) and cross Tioga Pass into the granite domes of Yosemite's high country.

On the return trip, we will check out bristlecone pines in the Sierra Nevadas and tour Death Valley. For a change of pace, we'll spend an evening in Las Vegas and then revert to true form continuing on to the Grand Canyon (Arizona), Glen Canyon Dam, Vermillion Cliffs, Zion National Park, Cedar Breaks, Bryce Canyon, Black Canyon of the Gunnison, and the Garden of the Gods.

Costs of the trip have not yet been firmed, but they are expected to be about \$500 plus food and personal items. If interested in being on the waiting list, phone Glenn Oster (412) 364-2864.



it may escape vandalism. The current shelter is used heavily all through the year, mostly by local scout groups backpacking along the BT in that area.

Hermits and other interesting folks. How many hermits have you run into on Western PA hiking trails? One fellow, a certified hermit, **Old Man Miller**, lives along the Allegheny River, north of Freeport. When you approach his cabin, his dogs announce your arrival and come out to watch you pass by. Nearby is an early 19th-century cemetery with tombstones for Indians placed outside the fenced-in plot. I've heard that folks living in this vicinity sometimes bring food or supplies to Miller's camp. It is said that Miller has a friend, seen by a few people, named "**Indian Joe**", about whom very little is known.

Another fellow, not a hermit but very interesting anyway, is **Ter Frayer**, pronounced "Tair Frair". Ter lives in a Teepee along the Kiski River, a couple of miles from its mouth on the Allegheny. He has skull and crossbones "Death" tattoos on his arms, has long black hair, and wears a stovepipe hat and a black leather vest. People I have talked to, however, say he is interesting to talk with and quite peaceable. If you approach his lair, he is almost certain to come out and look you over.

Not exactly a hermit either, but at least an attraction of the trail, is the fellow who lives along the Rachel Carson Trail, north of Springdale. Our friend, whose name is unknown, has stuck literally thousands of thin sticks, each about one to two feet in length, in the ground, in the vicinity of a high perch on the bluffs overlooking New Kensington, forming a "Cathedral of Sticks". He has met an AYH hiking party at least once and seemed friendly and curious about these hikers. I have encountered him several times while hiking alone and he has greeted me cordially each time.

...continued from page 3

door. Forgetting to change back into your house slippers afterward was a social gaffe always worth a good Japanese chuckle.

All the hostels offered optional breakfast and dinner prepared by a kitchen staff. Meals were tasty, very healthy, and great to look at. Every meal included soup broth and a bowl of sticky white rice. At supper you might also find creamed corn, vegetables and seaweed, fried chicken, and perhaps watermelon. For breakfast, you might get (besides soup and rice) a fried egg, shredded raw cabbage, a slice of tomato or orange, cooked ham, and yogurt.

At one hostel, where we sat cross-legged on tatamis at long, low tables, we were served stuffed squid—for breakfast, mind you. At least I think it was squid. I must admit that fat pink little body was not exactly appetizing. Since the Japanese teenage boy next to me was reluctantly studying it too, I didn't feel so bad about passing it up. Generally, though, I liked Japanese food, and the hostel meals were excellent.

Try to get hold of the Japanese Hostel handbook (that is, the one printed in Japanese), as it lists all 500 or so hostels, complete with photos and maps. Since the hostels' names are also printed in English, you can match up the listings with your English-language handbook and the Japanese guide is understandable to people you're asking for directions. Try writing to the Japanese Youth Hostel Association in Tokyo for one.

THE JAPANESE PEOPLE were exceptionally kind to me wherever I went. In Sendai, I arrived after dark and was trying to make my way to one hostel. When I asked a group of young people if I were at the right bus stop, one went off to phone the hostel to see if there was room. It was full, so he called a second hostel 'way across town, which, fortunately, had one space left. There followed puzzled expressions and much discussion among themselves.

A good 40 minutes passed, while I kept pointing at my watch and exclaiming "Sumimasen!" ("I'm sorry!"), but they kept replying, "Not worry!" Suddenly, a car pulled up to the curb—a friend. All five of us piled in and they delivered me to the hostel door.

At another hostel, in northern Honshu, I asked one Japanese girl where to find campgrounds in a nearby national park. She was touring by motorcycle and had an atlas along. Next morning, I awoke to find the atlas next to my bunk, with the following note, "Good morning! These peace of paper is camping place. Please show this map and perhaps someone teach you how do you have a way. I'm sorry. My English vocabulary is very poor. Have a good travel!" I

couldn't take her atlas, so I returned it. I may have hurt her pride in doing so. You have to be careful: if you admire something, they may give it to you!

For example, I was staying in the home of a family in Hirosaki. The mother ran a beauty parlor in their home, and also rented fancy and expensive geisha-style wigs to girls who were getting married. I was fascinated by their traditions, and before long Mrs. Shigeta was dressing me up in a yukatta (light cotton summer kimono). I said I planned to buy one in Kyoto, and before I knew it, she was presenting me that one as a gift. She wouldn't take "no" for an answer.

Japan is full of surprises. At a hostel 200 miles north of Tokyo, I awoke at dawn. A strange electronic jingle chimed through the quiet city streets. Monoto-

nously, it repeated over and over as it grew louder. The tune was oddly familiar. Rising from my futon, I peered out the window to find—a garbage truck. The tune? "Camptown ladies sing this song—doodah, doodah...."

Once I went to a public bath. I was the only westerner at Hanamaki Youth Hostel, in the forested mountains of northern Honshu. The hostellers invited me to go with them that evening to the local onsen—a natural hot-spring spa. For a mere 200 yen (\$1.65) you could spend an hour inside in the soothing but very hot pools. And, yes, as is customary in Japan, everyone was au naturel. The spa had a mixed section and a men-only section, too, but the giggling teenaged girls I accompanied preferred the women's side.

The pool itself was of cut stone. At one end, steaming water bubbled over carefully-placed boulders. The room's three fine-grained wooden walls gleamed; the fourth side was open, overlooking a mountain stream.

I had taken a shower at the hostel, so I didn't feel the need to follow the Japanese custom of soaping up and rinsing off before entering the pool. But after a woman from the hostel politely but anxiously told me several times, "You can use soap!" I figured I'd better. No doubt they viewed me as yet another unwashed barbarian....

In Japan the hosteller finds an exquisite and elegant culture, breathtaking natural beauty, delicious cuisine, many fine hostels, and a gracious and friendly people. I hope I'll be able to return.

Cross-Country Ski Weekends Wilderness Lodge

January 29 to January 31, 1993

February 5 to February 7, 1993

If you like your lodging intimate and rustic, and your ski trails tracked and groomed, these weekends in the Erie snow belt near the New York border are for you. Nansi Janes' Wilderness Lodge has been a perennial favorite of AYH cross-country skiers who enjoy the miles of groomed trails. Peek'n Peak is also nearby for the enjoyment of the down-hill skiers. After skiing come warm up by the fire with a glass of your favorite beverage.

The cost of the weekend includes lodging Friday and Saturday nights, and a delicious candlelight dinner Saturday evening. A vegetarian meal is available upon request. Breakfasts and lunches are available at the lodge at an additional cost. The rooms are mostly hostel style accommodations with three to six people in a room, but there are three double rooms available as well. Space is strictly limited to 36 persons each weekend. We will reserve entire rooms for you and your friends if you wish. This does not include transportation, but we will assist with car pooling.

The cost: **\$50.00 for weekend**, for AYH members and **\$60.00 for non-members**. Three private rooms with a double bed are available for **\$60.00 per night** for AYH members and **\$70.00 per night for non-members**. Trail use fee is \$5.00. Be prepared to purchase trail tickets at the lodge.

How to reserve: Call Helen Coyne at the AYH Office at 412-422-2282 to make reservations for the weekend you want, then send a check made payable to Pittsburgh AYH for the full amount. Please reserve early. These trips fill up fast!

The fine print: There can be no refunds after 21 days before each trip unless we can find a replacement for you. In any case, however, we will keep a \$10 processing fee.

Name: _____ AYH Pass # _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____

Enclosed is a check for \$ _____

- ☐ I will drive and can take _____ passenger(s).
☐ I need help finding a ride.
☐ I will drive and meet the group at Wilderness Lodge.



Cross-Country Skiing

Cross-country ski trips leave the AYH headquarters at 8:30 am, unless otherwise indicated.

No snow means no go.

When going to the mountains to go cross-country skiing, snow depth and quality is often improved by taking hiking boots along or better still taking only hiking boots and not bringing skis.

Contact the trip leader for details on the trip.

Jan 2	Norm Snyder, Intermediate	351-4068
Jan 3	Tom Kaveney, unrated; please call	276-8044
Jan 9	Brian McBride, Intermediate	443-8972
Jan 10	Joe & Cheryl Hoechner, All	242-0781
Jan 16	Norm Snyder, Intermediate	351-4068
Jan 17	Linda Smithyman, All	531-1868
Jan 23	Terry Gossard, Been on skis before	321-2382
Jan 24	Blanche Asherman, Easiest	828-8158
Jan 30	Ron Boone, All	222-0906
Jan 31	Steve Tubbs, Whoever	279-4866

Butler-Freeport Community Trail Now Open

by Ron Bennett

[Ron Bennett is President of the Butler-Freeport Community Trail Council]

On October 4, 1992, a 2.8-mile portion of the Butler - Freeport Community Trail opened for public use. A celebration that was part of the National Rails-to-Trails Day festivities was attended by several hundred people. The ribbon-cutting ceremony was held following statements by local, county and state officials. Rob Thompson, Chairman of the Board of the Rails-to-Trails Conservancy, delivered the keynote speech and helped cut the ribbon. Former All-Pro Pittsburgh Steeler Franco Harris led a bike ride, and Channel 11 News anchor Della Crews took a horse-drawn hay ride along the newly completed section.

The former Butler Branch line of Conrail ran from the city of Butler in Butler County to the town of Freeport along the banks of the Allegheny River in Armstrong County. This 20.6-mile right-of-way has a tremendous amount of potential. The southern end near Freeport follows Buffalo Creek and cuts through a very scenic and tranquil valley. About half of the length of the trail is in a scenic valley, and the balance is divided between woodlands, farms, and small villages.

The section now open features Little Buffalo Creek, which crosses beneath the trail five times, an abandoned stone quarry, and an active beaver dam. The trail surface is original ballast with the larger stones removed and the remaining fine particles

Sailing

The AYH Sailing Program offers a variety of activities for a wide range of skill levels and interests. In the Spring and early Summer we offer introductory classes on Lake Arthur. During the Summer and early Fall we offer day sailing on Lake Arthur, weekend trips to other nearby lakes, and extended trips to distant places. Our fleet includes three Flying Juniors and an International 470.

Day sailing and weekend trips are open to AYH members who have completed our introductory course or equivalent. AYH members with no previous sailing experience may join a trip at the discretion of the trip leader. This will normally depend on skill levels of other trip participants. Guests are also welcome, but AYH members have preference up to 1 week before the scheduled date. Fees for day sailing are \$11 per day for AYH members and \$12.50 per day for guests. Contact Bob Zavos (241-0659) or Joel Hough (371-4986) for more information or to reserve a space.

Jan 15

Fri., 6:30 PM

Sailing Activity Dinner and '93 Planning Meeting

Joel Hough 371-4986

Anyone interested in 1993 Sailing Activities is invited to a potluck dinner and planning meeting. We will discuss plans for equipment maintenance, new acquisitions, Lake Arthur Sailing Plans, Racing, Summer Classes, weekend trips (Pymatuning, Lake Chautauqua, Lake Erie, the Chesapeake Bay, Deep Creek Lake, Maryland), and extended trips (Michigan, the Caribbean, etc.)

Feb. 5-7

Fri-Sun

Sail Expo '93 Atlantic City

Bob Zavos 241-0659

Take a mid-winter weekend break to the Atlantic City Convention Center. Sailboats will be fully rigged and on display with a variety of equipment and accessories. There is a 40' x 100' indoor pool with wind supplied by industrial fans for demonstrations and instruction. There will be instructional seminars on: buying boats, maintaining boats, chartering, cruising, sails and systems, navigation, safety, and more. **America 3**, the boat that won this year's America's Cup, and many of the Barcelona Olympic Sailing athletes will also be present.

We depart Friday afternoon and stay overnight at the Philadelphia Hostel. After a group breakfast early Saturday, we drive to Atlantic City for the EXPO. Saturday night, we will stay in or near Atlantic City at a Guest House or motel. Sunday morning and early afternoon will be at the EXPO again or the Casinos, for those who feel lucky. We leave for Pittsburgh Sunday afternoon.

graded and rolled. Mountain bikes are recommended. The trail should be a wonderful cross-country ski area due to the fact that the trail is deep in a valley, and should be free from blowing winds and bright sunlight (provided we receive some snow this year). Horseback riding is also permitted on the trail.

The Butler - Freeport Community Trail Council, a citizen organization, has been working with the three townships that purchased the right-of-way. The Trail Council purchased materials and supplied labor for the bridge railings, rest area benches, signs, and landscaping. The township road crews cut the brush, removed the ballast, and graded and rolled the trail surface.

Several other sections are being worked on, and others are in the design stages. The two access points for the section now open are Cabot and Sarver. From Pittsburgh, take Route 28 north to the Freeport exit (Rt. 356). Take Rt. 356 north roughly four miles to Sarver Road on the right. Follow Sarver Road to the Buffalo Township Fire Department (parking is available beside the Fire Hall). From the north, take Rt. 356 south from Butler, follow to the traffic light at Knox Chapel. Make a left onto Winfield-Cabot Road, and follow 1/2 mile to the trail on right. Parking is available next to the trail.

If you are interested in the Butler - Freeport Community Trail Council, please write to: P.O. Box 533; Saxonburg, PA 16056.

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Hiking & Backpacking

- January 1**
Friday
Fourth Annual New Year's Day Hike in Frick Park
Linda Smithyman 531-1868
Linda's Fourth Annual New Year's Day Hike in Frick Park. A relatively easy hike along trails in the park. About 3 miles. Meet at 10:00 am at HQ. We will start hiking from the Nature Center on Beechwood Boulevard about 10:15 am. There will not be any charge for this hike other than a possible small carpool donation. We can go to Rhoda's Deli in Squirrel Hill for brunch afterward.
- January 9**
Saturday
Clear Creek State Forest
Glenn Oster 364-2864
Dayhiking in this Jefferson County area near the Clarion River. Trails here include Beartown Rocks Trail, Callen Run Trail and others. Approximately 8 miles. Call for info/reservations.
- January 15-17**
Friday-Sunday
North Country Trail, Allegheny National Forest Backpack
Glenn Oster 364-2864
This weekend backpack trip in the Allegheny Reservoir area runs from Gibbs Hill to PA Route 59. Total distance about 15 miles. Call Glenn for info/reservations.
- January 16**
Saturday
"Downtown Pittsburgh" City Hike
Joan Roof 795-8345
This hike is a tour of the architecture seen in WQED's new feature video "Downtown Pittsburgh". Also, see the newly-purchased future Pittsburgh Youth Hostel, the TicToc Shop at Kaufmann's, and compare/contrast the William Penn and the Vista Hotels. Eat in the city before you return. An easy 3-5 miles; Meets at 12:30 pm at HQ. Call Joan for info and reservations.
- January 23-24**
Saturday-Sunday
Appalachian Trail in Pennsylvania
Leader: Bill Lindgren Contact Clare Bunker: 244-9788
Saturday: hiking from Caledonia State Park to Arendtsville-Shippensburg Road, 11.3 miles. Sunday: hiking from Arendtsville-Shippensburg Road to Pine Grove Furnace State Park, 8.4 miles. Overnight at the Ironmaster AYH Hostel. Intermediate level hiking. Call for info/reservations.
- January 24**
Sunday
Duff Park in Murrysville
Veronique Schreurs 733-1741
This will be a pleasant and moderately easy ramble on and off the trails of Murrysville's Duff Park. We will warm up in the World Famous Dick's Diner along our route. Meets at 12 noon in the parking lot at the School Road entrance to Duff Park (near Route 22). Call for directions and a reservation.
- January 31**
Sunday
Butler-Freeport Community Trail
Jim Ritchie 828-0210
This hike will follow the BFCT from the Buffalo Township Fire Hall south along Little Buffalo Creek toward Freeport and emerge along the Allegheny River. The hike will end in Harrison Hills County Park near the Michael Watts Overlook. We will try to obtain a guest leader from the BFCT Council. Approximately 9-10 miles. Meets at 8:00 am at HQ. Call for info/reservations.



Tuesday Hikes

Hikers are welcome to join us on Tuesday evenings as we walk a 5-mile course up over Ridge Drive in North Park. We meet at the North Park Boat House at 7:00 pm. Good opportunity for backpackers to get a workout wearing their backpacks. For more information, call Helen Coyne at 776-0678.

Mid-Week Rambles

- January 6**
Wed
Frick Park
Stroll from the Bowling Green to the soccer field and return.
Leader: Cliff Ham, 687-4520
- January 13**
Wed
The Community of Etna
Second ramble on the North shore of the Allegheny River.
Leaders: Cliff and Marilyn Ham, 687-4520
- January 20**
Wed
Calvary Cemetery
Leader: open
- January 27**
Wed
Spring Hill
Above Pittsburgh's North side. History, geography, and a vigorous walk.
Leader: Marilyn Ham, 687-4520

Notes for All Trips: Meet in upper parking lot, Fifth and Shady Avenues, by ten o'clock each Wednesday A.M. or make alternative arrangements.

Trips are subject to change because of the weather, conflicts of schedule, and the will of the group. We will walk in all kinds of weather. Be prepared.

Please share expenses of transportation when trips exceed ten miles. Suggested: \$1 for each passenger.

Call Cliff or Marilyn Ham at 687-4520 for information about trips, but not after 10:00 pm.

The cat, having sat upon a hot stove lid,
will not sit upon a hot stove lid again.
Nor upon a cold stove lid.

Mark Twain (1835-1910)
American author

January Slide Shows

Pittsburgh Council has a weekly Open House from 8 to 10 pm Thursday evenings at its headquarters at 6300 Fifth Avenue (near Fifth and Shady; we're next to the Pittsburgh Center for the Arts). A slide show starts at 8:15 pm and is followed by announcements for the week's activities. Memberships and publications are available at the membership desk.

- | | |
|---|--|
| Jan. 7
Snakes of Pennsylvania
by Bill Allen | Jan. 28
Glacier National Park by Bike
by Chuck Martin |
| Jan. 14
Kayak Gypsies in Greece
by Cathy Lynch and Dave Sadler | Feb. 4
Montour Trail - Now!
by Bill Metzger |
| Jan. 21
AYH Hikes the Wind River
Range
by Glenn Oster | To schedule a slide show, call
Tom Rodgers at 621-6310 |

International News

by Larry Laude

Spend the Holidays in a Dutch Hostel

This year several Dutch hostels offer Christmas holiday packages for families with children. The hostels can be found in quiet, rural areas, in the woods, on the coast, and on the Frisian islands north of Holland. It is possible to book for the Christmas and New Year's holidays.

The packages offer all sorts of activities for children as well as adults. Activities include making Christmas decorations, treasure hunts, a visit from Father Christmas, sleigh rides, and trips with a horse and carriage. These are just a few examples of Christmas in a Dutch hostel.

For more information, please contact:

Regien de Boer, Manager
MJHC-Head Office
Prof. Tulpplein 4
1018 GX Amsterdam
Phone (0)20-5513123
Fax (0)20-6234986

New Austrian Hostel Caters to Bicyclists

A new hostel has opened in Engelhartzell, Austria. Engelhartzell is a pleasant village on the shore of the Danube river, approximately 30 kilometers from Passau. The hostel accommodates 38 hostellers, mostly in three- and four-bedded rooms.

Engelhartzell is a "ride-in" hostel designed especially for the needs of young people arriving by bicycle. The hostel is near the cycling path along the Danube, which is well traveled because of its beautiful views. Hostellers can safely store their bikes in the hostel's cellar. For more information and reservations, contact:

OO Jugendherbergswerk
Kapuzinerstrasse 14
A - 4020 Linz
Phone: 0732/76 27 20

Recent Board of Directors Minutes

September 21, 1992

The operation of a council office on an ongoing basis was approved. (The original approval of the office was for a one-year trial period.) A lease for the Wightman School office was approved for the year ending September 1993. \$2500 was approved for the purchase of office computer, printer and software.

Replacement of the roof at headquarters was approved; Ben Bruggmans was designated as contracting agent and project supervisor.

Compensation for office employees, Ohioyle hostel manager was discussed.

Pittsburgh Council will require helmets for all Council bicycle rides and for all other bicycle events which the Council participates in or sponsors.

A complete revision to the bylaws was discussed and was tabled until a special Board meeting to be held prior to the Annual Council Meeting.

October 6, 1992

A complete revision to the Council Bylaws was approved. (Copies are available from the Secretary.)

November 9, 1992

The Annual Council Agreement will be submitted by the end of the year.

Sales for the Council Office and Travel Store for fiscal year were reported.

SABRE '92 Put to Bed

by William R. Eberle

As director of SABRE, this is the saddest part of the cycle: the end. Until SABRE '93, I must be content to live with the memories of this year's SABRE.

SABRE had over 1,000 riders this second year of the ride, and if that is any indication of what lies ahead I expect 1,500 riders in '93. Once again, I was able to secure Trax Farms' apple cider for the SABRE feast, and once again "Hot Trax apple cider, please," was the most consumed beverage at a whopping 128 gallons. When it was all said and done, SABRE has produced revenue of almost \$13,000 this year. I hope that in years to come, that figure will have become just a fraction of the SABRE dream as I saw it almost four years ago.

I would like to thank the Pittsburgh Council AYH for the confidence and trust bestowed upon me for literally handing me my football and letting me run for two seasons. However, the touchdown would not have been realized if not for the hard work and support of the friends I would now like to thank. I could not possibly list anyone before my wife, Jacky, who stood by me and gave me her all. My daughters Alex and Tiffany who, at their young age, just seemed to understand at a time I needed understanding. My mother, Gloria, and father, William, who gave the ride the support and character they gave me over the past three decades. Chuck and Lynn Ezjack, Joe Hoechner, Larry Laude, Mariann Kasica, Roy Weil, and the rest of the Pittsburgh Council. Our sponsors, T.R.M. Cycles and Bridgestone; thank you, Tom. And finally, and by no means least, to the South Park Runners, the many fine brothers and sisters to my large family who gave endless support at the SABRE feast. And, specifically, to Dennie and Andrea Laughlin, and Bill and Betsy Luther and family who now for the second year have been there. Thank you all.

And thank you to all who rode. It's hard to write this as I realize an end to SABRE '92. I would like to apologize to anyone I may have left out of the thank you list. My many thanks to you all. I long to see you all at SABRE '93, and from SABRE, I say Happy Holidays and see you next year. "May the breeze be with you."

The Treasurer was authorized to open a separate payroll checking account. The Hostel Committee is investigating the Number 1 Firehouse in downtown Pittsburgh as a potential hostel. The annual Holiday Party will be December 17th.

November 30, 1992

The Board approved submitting a bid for the Number 1 Firehouse in Pittsburgh for use as a hostel.

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Where Did Hostelling Come From, Anyway?? (A History)

The trip to Europe started with high hopes, but deteriorated at every step. It was Thursday, July 20, 1933, and two young Americans were enroute by train to Altena, Westphalia, Germany, surrounded by Boy and Girl Scouts. Their plans were in ruins. The two were Monroe and Isabel Smith, man and wife, Boy Scout executive and an teacher from New York. They were destined to be the founders of youth hostelling in America, but didn't know it yet.

Looking on the bright side, the Smiths soon began to spot tourists of a different type—rucksacks instead of suitcases, walking or riding bicycles instead of trains, and seeming incredibly carefree. These youngsters were staying at “jugendherbergen,” or youth hostels, for about 25 cents per night!

Alas, it seemed a heaven-sent intervention to the Smiths, who soon arranged for their group to stay at the Castle Altena, on a hill above the Westphalian town of Altena, the first youth hostel in the world. Already the trip was looking brighter.

Reset the calendar to 1907. Assistant teacher Richard Schirrmann stood before the governors of the Nette school in Altena, arguing a strange proposition. He wanted to turn one of the classrooms into overnight accommodations for visiting students. Everyone was opposed. Schirrmann pointed out the advantages of students getting away from the great industrial cities and learning about the countryside. The hardest part was finding a place for the night. Since the school stood empty throughout the holidays, why not make use of the facilities? As an experiment, the idea was approved, and that reluctant experiment was to lead all the way to Castle Altena. But even Schirrmann, the eternal visionary, had no vision of the outcome.

On a summer eve in 1907, Schirrmann and Herrman Becker, caretaker of the Nette School, began piling up the benches and laying out rows of thinly stuffed straw sacks on the floor of one of the ground floor classrooms. The very existence of this overnight accommodation was a thorn in the flesh of the established teachers, and a single wisp of straw on the staircase would set off a storm. For the travelers, the rule was to leave in an orderly, quiet fashion, early in the morning. It's a custom that remains today.

Schirrmann knew German teachers did not like him “lowering himself” to mingle with students on walking trips, but he was both East Prussian stubborn and remarkably secure. He had no fear that his status would suffer. And the students loved him. They loved his enthusiasm, his child-like exuberance that matched their own, and most of all, the things he was doing.

On August 26, 1909, the date he later gave as the birthday of the youth hostel movement, Schirrmann lay wide awake, in a Brol Valley schoolhouse, while his students slept. It was the second day of a trip and a storm was brewing. They could find no accommodations despite much searching. A farmer refused the use of his barn but finally offered some straw that they took into the empty school.

As the storm rumbled through the night, Schirrmann thought that this should not be so difficult. In every village was a school—empty—with all the facilities for an overnight stay. It could be used regularly as the Nette school was used.

Jugendherbergen—youth shelters!

Villages in good walking country could each have a friendly youth hostel, a day's walk apart, to welcome all young Germans who enjoyed walking.

In that schoolhouse, as thunder rolled and cloudbursts and hail assaulted the building, an idea was born that was to find acceptance around the world and make the name of Richard Schirrmann something to reckon with.

The idea found some acceptance. Yet, opposition spread just as fast as the idea itself. Schirrmann thought...maybe wider publicity...a magazine article? In early 1910, he sent off a manuscript, describing exactly how to set up a series of hostels, low cost, using classrooms as dormitories, to one of the most influential publications for the teaching profession.

Rejection after rejection came until he exhausted the list of scholarly publications. Would a more general publication accept him? Yes! The influential *Kölnische Zeitung* published his article on July 12, 1910 and almost overnight Schirrmann was known throughout Germany. And so were his ideas, which appealed to the public almost as strongly as they displeased the teaching profession.

Suddenly the Nette school became very popular as classes with teachers arrived to spend the night—and not only on holidays. Soon, Schirrmann and Becker were setting up beds at the close of every school day and clearing them away before classes started the next morning.

Slowly, those who controlled the magical structures known as castles began to see that their use as hostels would be a favorable development. Castle Altena, just up the hill from the Nette school had been turned into a museum. Schirrmann negotiated with the curator to turn part of the castle into a youth hostel—the first permanent youth hostel in the world.

By 1911, there were 17 hostels registering 3000 “übernachten,” or overnights. It seemed to Schirrmann that some kind of organization would be needed to ensure all hostels observed certain standards. And with the thought of organization came the memory of a man he'd met years earlier—William Munker. A year younger than Schirrmann, he was equally interested in hiking and he had attributes Schirrmann lacked. Schirrmann was a visionary, Munker could read a balance sheet. Schirrmann was an optimist, Munker a realist. Schirrmann said, “Let's do it!” Munker said, “Where is the money coming from?”

Munker was essential to Schirrmann's success and their meeting ultimately meant the success of hostelling in Germany. By 1913, they formed the *Bund für Deutsche Jugendherbergen* (Federation of German Youth Hostels or DJH) and 25 regional groups were eventually formed.

By 1914, 200 youth hostels in Germany produced 17,000 overnights. But then came the war. Germany's youth hostels were closed or put to other uses. Yet the idea of hostelling proved resilient; World War I was only an interlude.

On Christmas 1915, Schirrmann's regiment was holding a quiet spot on the mountain Bernhardstein. French troops looked at them across gun barrels. War was much in evidence, but peace was in the hearts of soldiers on both sides. Christmas bells began to ring in a nearby village and something “fantastically unmilitary” happened along that front as Schirrmann later recalled.

An unwritten peace treaty went into effect by common consent. Men stood in full view, making splendid targets, but no shot was heard—only the bells. Through old abandoned trenches, soldiers from both sides visited each other. French wine and cigarettes passed into the hands of the Germans and the French tried the black bread and ham of Westphalia.

The camaraderie amazed Schirrmann. The soldiers were not only friendly during Christmas week, but they remained reluctant to fight even after Christmas was over. The opposing troops on Bernhardstein had little taste for killing each other once they began to know each other as human beings.

What would happen, Schirrmann wondered, if those soldiers had come to know each other before the war began? Suppose young people in all countries had an opportunity to travel abroad, to know the young people of other nations as they would, for example, when they met in a hostel. Would not war become virtually impossible?

He could see it clearly now—as important as it was to get out and enjoy nature, world peace was the hidden, underlying importance of hostelling.

After the war, the movement spread dramatically. In 1931, there were 1300 hostels with 4,300,000 overnights. More importantly, the overnights were registered by multiple European hostelling associations.

Schirrmann's basic idea now had two main features. Hostels must be open to all races, all religions, and both sexes. And, there must be a “day room” or a “common room” where young people from many lands could come together and get to know one another, for in this interchange of ideas and friendship lay the greatest hope of world peace.

Subsequent accidents to world peace would in coming years throw great doubt on the efficacy of the day-room experience as a key to international understanding, but Schirrmann himself never doubted it.

When Monroe and Isabel Smith first met Richard Schirrmann, they couldn't remember at what moment the idea of starting youth hostels in the United States came up or who thought of it first. It just seemed that they had been led to this moment.

Schirrmann invited them to come to the second International Youth Hostel Conference later that year. The Smiths were very encouraged and after finishing the tour, they took the scouts back home, disengaged themselves from a multiple octopus-like embrace of boys and girls, consigned them to their parents and went back to New York.

There the ship was ready for the return trip and Monroe flung himself on board. It was the same ship but not the same Monroe. Westbound he was a disenchanted scout executive, a tour guide, a tour parent for homesick high-schoolers. East bound he was on his way to becoming the founder, President and National Director of a new American corporate entity. He looked the same, but now he had great prospects.

Free 1993 AYH Discovery Tours Catalog Now Available

Hostelling International/American Youth Hostels' exciting low-cost Discovery Tours offer a variety of hiking, cycling, and backpacking adventure trips in the USA, Canada, and Europe.

Thirty different itineraries are listed in the 1993 Discovery Tours catalog, including 10 brand-new tours which feature hiking in Israel or Yosemite National Park, cycling down Austria's Danube River or through Pennsylvania Dutch country, and backpacking in some of Switzerland's most famous mountains.

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All prices include overnight accommodations in hostels or campgrounds, group-prepared meals, an entertainment fund, and a tour leader. Hostels have dormitory-style accommodations with separate quarters for males and females, self-service kitchens, dining and common rooms. Hostels come in an infinite variety, from a lighthouse on the California coast to a castle in Switzerland.

The 22-page AYH Discovery Tours catalog is available free of charge by contacting:

Pittsburgh Council AYH
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Some folks are wise, and some are otherwise.

Tobias Smollett (1721-1771)
Scottish novelist, surgeon

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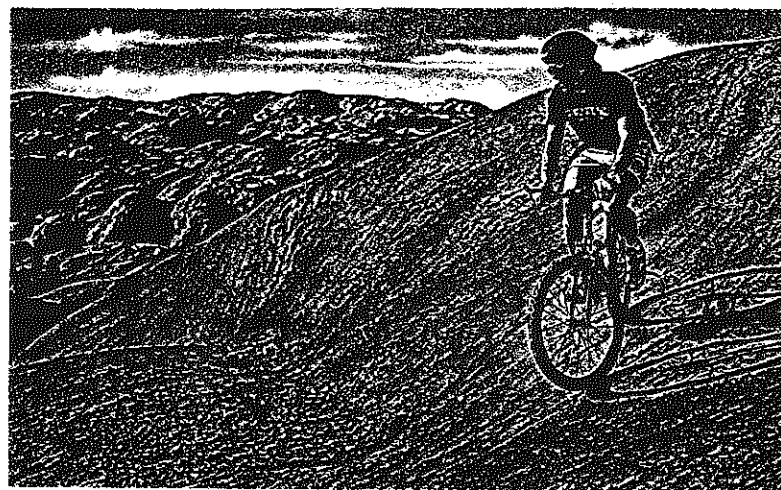
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Cross-country skiing is the winter thing to do. Check out the Cross-Country Skiing Weekend at Wilderness Lodge (see page 5).

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Hookey-Playing Hostel Mgr. Reports from Down Under

CAIRNS, QUEENSLAND (November 14): My dream began nearly forty years ago, when I learned that Australia was offering a one-way fare from the United States for only \$29. The catch: you had to stay at least two years and create a place for yourself (housing as well as livelihood).

This sounded great to me, but Mother said "No!"

When our first Australian hostellers visited my Windsor Home Hostel in 1985, this almost-forgotten dream reappeared. As I listened to fascinating travel stories of the many young Aussies who then and afterwards stayed at Windsor, it finally dawned on me that if they could do it, so could I. And so I did. After months of reading about Australia and New Zealand (which I decided to add to my itinerary), planning, and making hard decisions, the big day finally arrived. My dream became reality October 17 when my flight left Bradley at noon. I arrived in Cairns at 7:00 AM, October 18-only a few hours later. Figure that one out if you can. I've spent my first month Down Under exploring Queensland and the Great Barrier Reef.

Queensland, known as "the Sunshine State," certainly lives up to its name: there has been no appreciable rainfall since March! (This is the driest it has been for 100 years.) Cairns could be a small Florida city, except for the Great Dividing Range, visible in every direction. Seeing palm trees and mountains together was a bit of a culture shock for me.

I've visited eight islands, each unique in its own way. Most are primarily rainforest with at least one resort catering to day visitors. On Green Island I met Harriet, a golden orb weaver spider with a 1 1/2-inch body and a 6-inch leg span. On the Outer Reef, 50 km from shore, I found fantastic coral formations, a colony of nesting terns, and marvelous swimming. Magnetic Island seems to be the only island with a real community (even its own bus service). Here, on a walk sponsored by our hostel, I saw several wild koalas in their natural habitat.

I was thoroughly pampered on a three-day sailing trip to the Whitsunday Islands. Monika and Reinhard, our hosts, own and live on the boat on which they conduct their tours. My companions were from Germany, Denmark, Sweden, England, and Scotland. On various islands we hiked, swam and snorkeled, saw a dolphin show. On Hook Island we climbed a steep hill to see aboriginal cave drawings. On Fraser Island we admired the Tee Wah Coloured Sands—more spectacular (and more accessible) than our own Gay Head Cliffs.

In Rockingham and Brisbane, which I toured by bus, I visited Cammoo Limestone Caves and the Australian Woolshed. I also visited Kuranda's Butterfly Sanctuary and its Aboriginal Dance Theatre, Townsville's Reef Wonderland, and Brisbane's Art Gallery and Museum.

Several hostels in Queensland sponsor rainforest walks. The Crocodylus YHA Hostel—the only one actually built inside the rainforest—offers a self-guided walk on its own grounds. Most hostels provide travel services, courtesy bus service, organized activities, and barbecues; many have swimming pools. Except at Crocodylus and Kuranda, the rooms usually had only 4 or 6 beds.

Queensland has been a grand playground for this happy hosteller, who is now ready to see what the rest of Australia has to offer.

Lois Macomber

Classified

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels.

For Sale: Women's medium-weight hiking boots, Vasque Skywalk. Gortex and suede. Very good condition, street size 6-1/2 to 7. \$45 or B/O. Jenny 486-8710 (2)

For Sale: Skis.

- Atomic AL-7, Salomon 347 bindings, poles and Alpina LSX boots, Womens 8-8 1/2, all for \$135.
- Atomic Arc 195, Salomon 347 bindings, \$95.

Call Louise at 423-8415 or 837-3292. (2)

Bike For Sale: Miyata 610 19-inch touring bike, 18 gears, Shimano components - biopace. Backrack and water bracket included. Great condition. North Hills area. Asking \$325. Call Francine Porter at (h) 487-6509, or (w) 623-2116. (2)

Men's hiking boots Ten-inch insulated boots, size 11. All leather, Chippewa Minus 40 brand. Nice boots. Price \$55. Phone Glenn Oster 364-2864. (1)

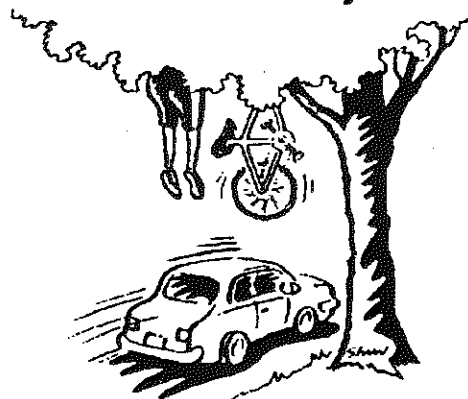
Water Purifier Own the best, a Katadyn, used a few times. Filters down to two microns to remove giardia, fungi, parasites, etc. Price new, \$225. Buy the unit with carrying pouch for the price of a replacement filter - \$125. Phone Glenn Oster 364-2864. (1)

ADVERTISE! Classified ad space available for \$5 per month. Non-commercial ads for trips, travel, and outdoor equipment are free to AYH members. Ads normally are run for two consecutive months. Send your ad copy (preferably typed!) and AYH pass number to:

Editor, The Golden Triangle
6300 5th Ave
Pittsburgh, PA 15232

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If you have suffered injury or damage in a cycling accident, contact our law offices to discuss your legal rights with a fellow cyclist.



Marc S. Reisman
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AYH Products and Membership Application

Outdoor Recreation Books

- ☐ **Allegheny National Forest Hiking Guide** describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990)..... \$8.00
- ☐ **AYH Outdoor Food Book** contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and illustrations. 1st Edition (1981)..... \$3.00
- ☐ **Baker Trail Guide** describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. 35th Anniversary Edition (1987)..... \$4.00
- ☐ **Canoeing Guide to Western Pennsylvania and Northern West Virginia** contains information of 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991)..... \$13.95
- ☐ **NEW! Fifty Hikes in Western Pennsylvania** by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. *Fifty Hikes* contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. Published by Backpacker Books. 2nd Edition (1992)..... \$11.95
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