

# GOLDEN TRIANGLE



Pittsburgh Council, American Youth Hostels, Inc.  
Serving Western Pennsylvania & West Virginia Pan Handle  
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VOLUME 43, NUMBER 7

JULY 1993



## 1993 GREAT RIDE

July 18, 1993

Pittsburgh Citiparks has announced that this year's Great Ride will be held on Sunday, July 18th and will once again benefit the Pittsburgh hostel. The Great Ride is an annual tour of Pittsburgh that involves 1,500 bicyclists each year. There are a number of important changes this year. First of all, the Ride will be starting from the Pittsburgh Zoo parking lot in Highland Park rather than Schenley Park. The ride will be somewhat shorter with two rides of approximately 20 and 35 miles. While details are still being worked out, we expect to be able to use the HOV lane of I-279 for a bicycle-only six mile downhill ride into the city from the North Hills. Finally, for safety's sake, bicycle helmets will be required for all riders in this year's event. For more information, see the story and registration form on page 5.

### 1993 GREAT RIDE VOLUNTEERS

Volunteers are needed now! to help produce the 1993 Great Ride. Openings are available for course marshals to help guide the ride at critical corners, registration, rest stops, and setup. Please call Bill Eberle (833-9732) or Larry Laude (665-9554) or leave your name at the office (422-2282).

### Million Dollar Man

Congratulations to Lance Armstrong, Of Team Motorola Cycling, with his win at Coorstates In Philadelphia June 6. Lance, Also the winner of the Thrift Drug Classic and the 5 day Kmart Classic in West Virginia, was the first Cyclist ever presented with a Million Dollar Possibility after his Pittsburgh win. Lance Showed us all what he is made of and went to the bank with the Thrift Drug Triple crown check, an unprecedented check I might add. We are looking at the Beginning of a new Cycling hero. Congratulations Lance, and good luck and fortune in your first Tour De France Ride this summer. I know all in the Peloton will look over their shoulders and raise a brow when they hear your wheel approach!!!

... by, Bill Eberle

### Ironmasters Weekend

Bicycling - Hiking - Swimming  
Fri.-Sun. July 23-25, 1993

Bicycle in and around Pine Grove Furnace State Park (near Gettysburg). Swim in the park's lake, just a 10 minute walk from the hostel. Hike the Appalachian Trail or other park trails.

The weekend package includes overnight fees at the Ironmaster's Mansion Hostel, breakfast and dinner on Saturday, breakfast on Sunday, transportation costs and AYH activity fee. Bring your own lunch for Saturday and Sunday "on the road" or find lunch along the way.

We will meet on Friday at 6:00 pm at the AYH headquarters in Mellon Park and leave by 6:30. We will leave Ironmasters on Sunday afternoon. Per AYH tradition, we are likely to stop for food Friday and Sunday along the way. We will be carpooling - drivers of cars will be reimbursed for expenses.

Total cost for the weekend is: \$53.00 for MEMBERS  
and: \$57.00 for NON-MEMBERS

Send your NAME, ADDRESS, TELEPHONE NO. along with a \$10.00 DEPOSIT. Let us know if you can drive, transport bikes or need a ride. Reserve early, space is limited. Deposits are not refundable.

Send to: Ironmasters Trip; Pittsburgh AYH; 5604 Solway Street; Pittsburgh, PA. 15217

Activities will be arranged when we get there and based on interest. For further information call Marianne Kasica at 665-9554.

### OHIO HOSTEL WORK PARTIES

Sunday, July 11th 8:30 am to 4 pm or so  
Linda Smithyman 531-1868

Meet at HQ at 8:30 am or 10:00 am at the hostel. These are days when volunteers go to the Ohio Pyle Hostel and do clean up work, maybe paint or do yard work. Lunch is provided and there is usually time to take a short hike or bike ride before returning to Pittsburgh.

Other dates during the summer are tentatively scheduled for Sunday, August 15 and October 17th.

### FEATURED IN THIS ISSUE

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.....And MORE!!!

Note: The Articles "Serendipity in the Saddle" And "The Appalachian Trail, A few of its many faces", will continue in the August Issue.

### AMERICAN YOUTH HOSTELS

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## AUGUST Deadlines

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July 1

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July 29



The Golden Triangle is published monthly by the Pittsburgh Council of Hostelling International, American Youth Hostels. Contents are at the discretion of the editor.

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## Cops...

If you find an error, please notify the editor. See the address for the Golden Triangle at the left

## Letters...

[Letters to the editor are welcome. Letters will be edited to conserve space when necessary. Letters are published at the discretion of the editor.]

Mail regarding this Newsletter should be addressed to:

The Golden Triangle  
6300 Fifth Avenue  
Pittsburgh, PA 15232  
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Office: (412) 422-2282

## PITTSBURGH COUNCIL ACTIVITY CHAIRS

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Cycling  
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Midweek Rambles  
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Headquarters Programs  
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Chris Kline ..... 441-7335  
Storekeeper  
Wm Eberle ..... 833-9732

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Jon Maiman at 441-2306.

Caving, Volleyball coordinator,  
Ast. Store Keeper, HQ Volunteers

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### Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

### About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation (IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

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343-6885

653-6022

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### July Slide Shows

July 1st	Holiday Weekend. Open House; No slide show.
July 8th	Flashback: AYH Hiking and Backpack Trips from the early 70's and up. Trips from all four seasons presented; by Joe Levine
July 15th	The Laurel Highlands Trails with Bill Kircher as he shows us how they are made and improved.
July 22nd	Two Years Down Under. The South Island and Southern Alps of New Zealand. Come View the beauty & geology of the region; by Brian McAdoo
July 29th	Newsletter Prep night. Socialize as we get the word out. Join us for a beverage or light meal at a nearby Eatery afterwards.

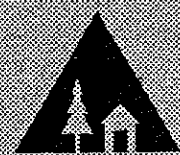
To Schedule a show or have a show idea call  
TOM RODGERS 621-6310

## Pittsburgh Council Hostels

Ohioyle AYH Hostel  
Ohioyle State Park  
PO Box 99  
Ohioyle, PA 15470  
(412) 329-4476

Living Waters AYH Hostel  
RD #1 (1 mile west on Route 30)  
Schellsburg, PA 15559  
(814) 733-4212

Charleroi Youth Hostel (SA)  
Rogo's Hotel and Restaurant  
601 McKean Avenue  
Charleroi, PA 15022  
(412) 483-6200



HOSTELLING  
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## MID-WEEK RAMBLES

**July 7** Wed Marilyn Ham 687-4520  
Walking tour of Dormont. Start at the LRT station. Visit the restored business district.

**July 14** Wed Cliff Ham 687-4520.  
All day Tour of McConnells Mill State Park. Bring lunch and good walking shoes. \$3.00 registration & transportation.

**July 21** Wed Leader to be announced.  
Walk to the Biblical Gardens at Rodef Shalom.

**July 28** Wed Leader to be announced.  
River walk along the Allegheny River, a proposed hiking-biking trail in Millvale.

**Notes for all Rambles:** Meet in the upper parking lot near Headquarters at Fifth and Shady Avenues by 10 am.

\* Trips are subject to change because of weather, conflicts of schedule, and choice of group. We will plan a walk in all kinds of weather; be prepared.

\* Please share expenses of transportation when trips exceed ten miles. One dollar per passenger is suggested.

\* Call the leader for further information about a trip or to inform the leader that you plan to attend. Do not call after 10 pm.

## Horseback Riding

Sunday July 25th. \$10 an hour at Rolling Hills Ranch in Bridgeville and brunch afterwards. Meet at HQ, 10am. Call Linda Smithyman for Info at 531-1868.

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## HIKING

**July 10 Sat Pete Srini 921-1238** Moraine State Park/Glacier Ridge Trail. This is an easy intermediate hike, approximately 8 miles on the Glacier Ridge Trail in Moraine State Park. The trail plays tag with the Lake Arthur shoreline so bring your bathing suit just in case. Meets at AYH Headquarters at 8:00 am. Call for info/reservations.

**July 11 Sun Steve Nydes 661-9357** Hell's Hollow to McConnell's Mill. This intermediate hike starts at the parking area near Hell's Hollow and follows Slippery Rock Creek along new sections of the North Country Trail to old McConnell's Mill. About 7 miles. Meets at 8:00 am at HQ. Call Steve for info/reservations.

**July 17 Sat Norm Snyder & (Jim Ritchie 828-0210)** Braddock's Run Exploration, Fayette County. We will explore the Braddock Run watershed starting in the vicinity of Braddock's Grave on the National Pike (U.S.40) and going south into Forbes State Forest. 10 miles or more, all day trip, involves bushwhacking over difficult rocky terrain, TRTB. Advanced hikers only. Meets at 9:00 am at HQ. Call Jim for info/reservations.

**July 17-18 Fri-Sun Bill Lindgren. (Clare Bunker, 244-9788)** Appalachian Trail Dayhiking Saturday: Peter's Mountain (PA 225) to Clark's Valley, 9.2 miles. Sunday: Clark's Ferry Bridge to Peter's Mountain, 7 miles. Intermediate to advanced hiking. Car camping. Call Clare for information and reservations.

**July 18 Sun Bruce Sundquist 327-8737** Youghiogheny River Valley Innertube Hike. Three miles on foot, three miles on innertubes down the Yough River, from Johnson Run to Camp Carmel. Trip postponed if weather is not hot and sunny. Limit 18. \$4.75 carpool fee based on 54 miles and tolls. Call for info/reservations.

**July 24 Sat Steve Nydes 661-9357** Laurel Highlands Trail, Rt 653 to Seven Springs. Int. hike, 9 miles, over moderate terrain from the Route 653 ski-touring area to Seven Springs Resort. Goes through Rock City; great views from above the Resort. Meets at 7:30 am at HQ. Call for info/reservations.

**July 25 Sun Bruce Sundquist 327-8737** Youghiogheny River Valley Innertube Hike II. Three miles on foot, three miles on innertubes down the Yough River, from Johnson Run to Camp Carmel. Trip postponed if weather is not hot and sunny. Limit 18. \$4.75 carpool fee based on 54 miles and tolls. Call Bruce for info/reservations.

**July 25 Sun Maynard Hansen 751-7615** Youghiogheny River Trail, Layton to Cedar Creek Gorge. This 9-mile intermediate hike on the Yough River Trail has a delightful climax in Cedar Creek Gorge where the trail crosses several suspension bridges; starts at Layton across the river from Hazelbaker's. Meets at 9:00 am at Cedar Creek Park on Route 51. Call Maynard for directions and reservations.

**July 30-AUG 1 Fri-Sun Helen Coyne 776-0678. TRACY RIDGE & JOHNNYCAKE TRAIL BEGINNER BACKPACK.** The Tracy Ridge and Johnnycake trails are in the Allegheny National Forest near Warren, on the east side of the Reservoir. Camp over Friday night in the Tracy Ridge campground (bear country), hike to the Reservoir on Saturday and campout along the shore area; hike out Sunday on the Johnnycake Trail; 9.8 miles in total. Call Helen for info/reservations.

**July 31 Sat Linda Smithyman 531-1868.** Jennings Environmental Education Center, At Moraine State Park. 3-4 mile hike, all levels welcome. Meet at HQ at 10am. Please call Linda for full details.



**CLASSIFIED**

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

**For Sale:** Sailboat, "Bandit" 17' and trailer. Good Condition. Cabin, wide 6 foot beam, rollerjib. \$1,700 or BEST OFFER. Eileen 241-0421

**Wanted to BUY:** 26" wheels, with quick release hubs, contact Bill at 833-9732

**For Sale:** 16' Grumman Aluminum Canoe \$400.00. 16' Fiberglass Canoe (currently @ Tionesta) \$250.00. John McDonald 793-5817

**For Sale:** Centurian Dave Scott - Ironman SISShimano 105 components, 700x20c CR-MO Tange Frame, 22" Equiv. size, Fushia & yellow, Minimal mileage - Excellent condition. asking \$400.00 Rich, 295 9858

**For Sale:** Woman's Blue Ross Eurosport Bicycle, Racing Style, 26", Good condition, \$75 or Best Offer, 571-1848.

Anyone interested in traveling to AUSTRALIA for about 1 month in Sept 93 please contact Jan 921-3565(h) or 777-6478(w). Leave message on recorder after multiple beeps and clicks. Traveling in Melborn, Adalaide and Great Barrier Reef.

Editor, The Golden Triangle  
6300 5th Ave  
Pittsburgh, PA 15232

**CYCLING With Pittsburgh AYH.....**

**Thursdays in July All** Judy Menosky 242-1573 Judy will be leading evening rides in May from headquarters at 6:30 pm.

**July 3-7** B/C Mark Mistrik 441-8293 (h) or Helen Coyne 422-2282 (AYH Office) Mountain-bike tour of the C and O Canal trail from Cumberland, Maryland to Washington D.C. We'll average about 50 miles a day along what was once a canal towpath, camp and stay at a hostel, and visit historical sites. Trip concludes with a visit to the National Monuments at the Mall in Washington D.C. and lunch in Georgetown before returning home.

**July 9-11** C Ober Rooney 364-3956 C&O Canal Ride along the can towpath which is part of a 180 mile long trail. Terrain is flat (although bumpy in places) and the scenery is great. Carry camping gear on your bike. Mountain bikes are recommended.

**July 11** B/C Bill Eberle 833-9732 Montour trail Fat-tire ride. Mountain Bikes a Plus. If not sure if your bike is right Give me a call. We will park at Cecil Park (Meet 10 am @ Park), and take a Ride on the Montour Trail, enjoy Lunch and generally Take an easy day of it. (nothing Like my Southpark Evening Hill Search rides!!! I promise this is almost flat....) Aprox. 27 miles. Int Pace. Please call to confirm.

**July 17** B/C Bill Eberle 833-9732 Montour trail Fat-tire ride.

**July 18** B/C Bill Eberle 833-9732 Montour trail Fat-tire ride.

**July 23-25** B/C Larry Laude 665-9554 Ironmaster's Mansion In Pine Grove Furnace State Park in central PA. Ride on rural roads or bike paths. Excellent hiking is available and swimming is just a short walk from the hostel. It would be hard to have a bad time on this trip.

**July 24** B/C Bill Eberle 833-9732 Montour trail Fat-tire ride.

**Aug 6-8** B/C Ober Rooney 364-3956 Niagara Falls A popular trip; Ride the scenic Niagara Parkway or ride along the Welland Canal to watch the freighters negotiate the locks. Stay at the Canadian Hostel.

**Aug 14-15** B/C Judy Menosky 242-1573 Schellsburg Hostel Weekend Camp Living Waters Hostel, the area features rolling terrain on quiet roads. Swim at nearby Shawnee State Park.

**Aug 22** A/B/C Chuck & Lynn Ejzak 466-6196 Mon Valley Century Bicycle Tour Choose from a challenging 100 miles, 100 km (65 miles) and 50 km (35 miles) Registration includes marked roads, snack stops, map, and cue sheet. T-shirt extra. Rides start in Elizabeth, PA. Call for an application or get one at AYH. Registration: \$10 by July 31, \$13 afterward.

**Oct 3** A/B/C Bill Eberle 833-9732 SABRE (Southwestern Autumn BREeze) Southwestern Allegheny county and Washington county. 100 km (65 mile) and 50 km (35 mile) rides offered. Rides start at Settler's Cabin Park. Registration includes marked roads, map, snack stops and a picnic lunch at the end. Registration: \$10 by Sept 4 \$13 afterward.

Ride Class: A - Adv. 60+ miles at a faster pace. (tend to be between ages 18 and 70). B - Intermediate, 30-60 miles, at a more aggressive pace. C - Easy, 15-30+ miles at an easy pace. D - Beginner. Short, easy rides for the family. AYH Members are given priority over nonmembers, hurry limited space. Bicycle Helmets (ANSI or Snell approved) are required on all rides. NO EXCEPTIONS. Participants are responsible for their own equipment.

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**Remembering J.D.**

Longtime AYH hikers have fond memories of J.D. (Julius Don) Myers, an enthusiastic member of the Pittsburgh AYH for over 40 years.

Tall, quiet, kindly, and almost always cheery, J.D. didn't let the limp bestowed upon him by polio keep him from mountain backpacking trips or from teaming with his late wife Elinor to organize camp and cook meals for weekend work parties. His January 25 birthday hikes were standouts on the AYH calendar and he could always be counted on to keep an eye out for slowpoke stragglers and beginners.

At age 88, J.D. died last winter (November 4th) in Portland, Oregon following a heart attack. His family is bringing his ashes home and he will be honored at a memorial service Sunday, July 4 at 7 pm in the Monroeville United Methodist Church, 219 Center Road with a reception to follow.

He will be buried July 4 in Denmark Manor (also called Woodlawn) Cemetery near the Forbes Trail. In addition to his wife and sons he is survived by five grandchildren.

Contributions in his memory may be made to Pittsburgh Hostel Fund. For further information on the service, call John Ludwig at 412-521-4964.

## Backpack The Appalachian Trail

Glenn's at it again! He's going to be backpacking the Appalachian Trail from July 14 thru August 8 covering approximately 250 miles from Hot Springs, North Carolina to Atkins, Virginia. He'd welcome your company; so sign up for as much of the time as you like. His pace will be slow, averaging about eleven miles per day (has two layover days tucked into the schedule). For info and reservations, phone Glenn Oster at (412) 364-2864

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**The GREAT RIDE**, see cover

Sunday July 18, 1993

Join 1,500 bicyclists from Pittsburgh and the tri-state area for a day of cycling through the neighborhoods of Pittsburgh and several adjacent communities with your friends and family.

This year, the Great Ride will start in the Pittsburgh Zoo parking lot in Highland Park. Choose between a 20 mile ride that follows Butler Street, crosses the Allegheny River to the North Side, crosses back to downtown and then out to Oakland, Schenley Park and the East End before returning to Highland Park. The 35 mile ride follows the same course with the addition of a side trip up through the North Hills for a unique bicycle-only 6-mile ride down the HOV lane on I-279 (subject to final Penn DOT approval).

Both rides will start between 8 and 9 am in order to get as much riding in before traffic builds up and the temperatures begin to climb. Rest stops and light refreshments will be provided along the way.

Please realize that, with the exception of the HOV lane, the course will remain open to car traffic and that bicyclists must obey all vehicular traffic laws. Younger people all welcome on the ride, however, they must be able to ride safely on roads with car traffic. Riders under 13 must be accompanied by a responsible adult.

All riders will get a Great Ride T-Shirt, maps of the route and a free copy of the new Pittsburgh Bicycle Map (retail value \$6.45) All this for only \$10 if you pre-register by July 5th or \$13 after the 5th and for the day of the event.

Finally, since the ride will be finishing up at the Zoo, why not visit the zoo with your family after the ride?

**The Pittsburgh International Hostel**

Proceeds from the 1993 Great Ride will help establish an international youth hostel in Pittsburgh. The hostel will attract visitors to Pittsburgh from around the world, giving them an opportunity to experience the outstanding cultural, recreational, and educational resources in our city. Pittsburghers and American travelers will also be welcome at the Hostel to meet these young travelers and to participate in hostel programs. Please consider an additional donation to the fund for the Pittsburgh Hostel. Separate donations are tax-deductible to the extent provided by law.

**Registration:**

Mail with your check payable to "AYH Great Ride" to:  
The Great Ride; c/o AYH  
5604 Solway St Room 204; Pittsburgh PA 15217

You must fill out an application for every rider. Please make copies as needed.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/ST/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Age: \_\_\_\_\_

**Registration**

\$10 postmarked by July 5th): \_\_\_\_\_

\$13 after July 5th): \_\_\_\_\_

One free T-shirt \_\_\_\_\_ free \_\_\_\_\_

[ ] S [ ] M [ ] L [ ] XL

Extra T-Shirts at \$8 each \_\_\_\_\_

[ ] S [ ] M [ ] L [ ] XL

Donation for the Hostel \_\_\_\_\_

Total: \_\_\_\_\_

**Liability Release:**

I have read and understand this form and the bicycling event it describes, and I understand that I am REQUIRED to WEAR a Snell or ANSI approved helmet during all of my bicycle riding on the 1993 Great Ride. If I stop wearing an approved helmet, I understand that my participation in this ride is IMMEDIATELY TERMINATED. I do voluntarily request the right to participate in this bicycling event. In consideration of being admitted to this event, I do hereby discharge, release, and hold harmless the City of Pittsburgh, American Youth Hostels, Inc., Pittsburgh Council, AYH, and any and all individuals, organizations, and sponsors connected with this event individually and collectively from any and all liability for damages of any kind or character resulting from any injury or condition I may suffer, or which may result from my participation in this bicycling event. I further release the above parties from any acts of negligence of whatsoever kind or nature.

I do hereby request and consent to and permit emergency treatment in the event of injury or illness. I do hereby release all rights to any photographs or other visual records taken of me at this event.

I will abide by traffic laws and regulations and will practice courtesy and safety in bicycling. I acknowledge that collisions, falls and various types of injuries do occur when bicycling. I acknowledge that bicycling is a strenuous activity which can be hazardous to people with heart conditions or other conditions of ill being. I hereby certify that I am in good health and good physical condition and that I have been approved by a medical doctor to participate in physical activities such as bicycling.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian (if under 18) \_\_\_\_\_

Date \_\_\_\_\_

**Mon Valley Century Bicycle Tour**

Presented by Pittsburgh Council, AYH  
Sunday August 22, 1993

**Start** The MVC will start in Elizabeth, PA from the dance studio. See map on back of application. Pick up registration packets containing map, rider number and related items before starting your ride. Registration opens at 6:30am. These starting times are recommended so you will not be too early or late for any of the rest stops. 100 miles: 6:30am-8:00am 65 miles: 7:30am-10:00am 35 miles: 9:00am-11:00am.

**Route** Large sections of each ride follow the Monongahela River. The scenery varies from industrial towns to spectacular views of the river and wooded hillsides. You will have a choice of 100 miles, 65 miles, or 35 miles. The 100 mile route is composed of equal portions of hilly, rolling, and flat terrain. The most challenging climb occurs just out of Brownsville and is nearly two miles long. (Most of the other hills are much gentler). The 65 and 35 mile rides are flat to gently rolling and are well suited for intermediate and beginner riders. The 65 and 35 routes will be somewhat different from previous MVC's. All routes will also be marked with arrows on the pavement.

**Food** A lunch stop is included for all riders. 65 milers also receive a snack stop. Century riders receive 2 snacks, at 30 and 50 miles in addition to lunch. There are many convenience stores along the route.

**Support** A sag will pick up those who can't finish due to bike problems or fatigue. (You and your bike are expected to be in good condition before the ride starts.)

**Cost** \$8 postmarked by July 31, 1993; \$10 thereafter and the day of the ride. Please note that T-shirts are not included in the basic price.

**T-Shirt** \$6: Only riders who prepay for a T-shirt with their registration by July 31 will receive their MVC T-shirt on the day of the ride; T-shirts will be mailed to those who register after July 31 (expect six weeks for delivery). Those who do not indicate a size will receive a Large.

**Contact** Lynn or Chuck Ejzak, (412) 466-6196

**Helmet** The Pittsburgh Council AYH requires all cyclists to wear an approved bicycle helmet for this event.

Proceeds Net proceeds from the MVC benefit the Pittsburgh Hostel Fund which will be used to help establish a full-service hostel in the city. The #1 Firehouse on the Boulevard of the Allies downtown is the location currently under negotiation with the City.

**Directions:** From Pittsburgh follow Rte. 51 South approximately 5 miles south of Century III Mall. Just after crossing the river, take the Elizabeth exit into the town. Turn right at the traffic light (one way street). Go three blocks and bear left. Building will be straight ahead.

**Parking:** Parking will be available in lots at the dance studio, under the bridge, & at the south end of town, as well as street parking. Look for volunteers & signs to assist you.

**1993 Mon Valley Century Bicycle Tour Registration Form**

Mail to: Pittsburgh AYH, Dept MVC, 5604 Solway St Room 204,  
Pittsburgh PA 15217

Make checks payable to Pittsburgh AYH and include a self-addressed, stamped envelope for confirmation.  
One person per form, please. Copies accepted.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Emergency Phone for day of ride: \_\_\_\_\_

I plan to ride (check one): ☐ 100, ☐ 65, ☐ 35

Age (check one): ☐ Under 18 ☐ 18 or older

**Payments****Registration:**

\$8 postmarked by July 31;

\$10 Aug 1 or later

\$ \_\_\_\_\_

**T-shirts:**

\$6 postmarked by July 31;

\$ 8 Aug 1 or later

\$ \_\_\_\_\_

**Donations:**

\$ \_\_\_\_\_

**TOTAL \$**

T-shirt, if ordered: ☐ S, ☐ M, ☐ L, ☐ XL

(If none marked, a Large will be provided.) Liability Release Must be signed by all riders (or legal guardian if under 18)

I have read and understand this form and the bicycling event it describes, and I understand that the Pittsburgh Council American Youth Hostels REQUIRES me to WEAR a Snell or ANSI approved helmet during all of my bicycle riding on the Mon Valley Century. If I stop wearing an approved helmet, I understand that my participation in this ride is IMMEDIATELY TERMINATED. I do voluntarily request the right to participate in this bicycling event.

In consideration of the Pittsburgh Council, AYH, admitting me to this program and its administration of the same, I do hereby discharge, release, and hold harmless the American Youth Hostels, Inc., Pittsburgh Council, AYH, its officers, trip leaders, volunteers, and workers participating in this bicycling event, individually and collectively from any and all liability for damages of any kind or character resulting from any injury or condition I may suffer, or which may result from my participation in this bicycling event. I do hereby request and consent to, and permit emergency treatment in the event of injury or illness.

I will abide by traffic laws and regulations and will practice courtesy and safety in bicycling. I acknowledge that collisions, falls and various types of injuries do occur when bicycling. I have trained sufficiently for participation in this bicycling event and have inspected my bicycle to assure that it is in good and safe condition.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## WHITEWATER RAFTING

Rafting is a great way to have fun in the sun. The American Youth Hostels has an extensive rafting program. We have trips for all skill levels from first timers to experts. Our 1993 trip schedule is listed below. So pickout a trip and signup today. Don't miss out on the fun! For more information or to sign up for any trip, please call the trip leader or the AYH Office at 422-2282.

### River: Lower Yough; Ohiopyle, PA

July 10	11:45am	Doug Bruce	561-5037
July 17	11:45am	Kevin Craig	487-1538
July 18	11:45am	Linda Smithyman	531-1868
July 24	11:15am	Jon Maiman	441-2306
July 31	11:45am	Karen Lukas	661-4835
Aug 7	11:45am	Doug Bruce	561-5037
Aug 8	11:45am	Jon Maiman	441-2306
Aug 21	11:45am	Kevin Craig	487-1538
Aug 22	11:45am	Linda Smithyman	531-1868
Aug 28	11:45am	Al Kepner	444-0971

The cost for these trips is approx. \$25/person (including deposit). Ohiopyle State Park charges us a NON-REFUNDABLE LAUNCH FEE for each boater running the Lower Yough. So we require a NON-REFUNDABLE DEPOSIT OF \$5/ PERSON to reserve a space for all of our Lower Yough. Trips. If you sign up for a trip and you can't go and can't find someone else to take your place, you lose your deposit! The lower Yough is approx 7 miles of class III-IV water. We run it as a day trip and we usually use 4 and 6 man rafts. This is a good introductory trip for first time rafters, all skill levels welcome. We frequently stop for dinner on the way home.

### River: New River George; Fayetteville, West Virginia

July	2-5	Jon Maiman	441-2306
Aug	13-15	Jon Maiman	441-2306
Sept	3-6	Jon Maiman	441-2306

The New River is one of the oldest rivers in the world. We run approx. 7 miles of class IV water. The new is a high volume river with lots of big waves. Depending on the water level, we use 4, 6, and or 8 man rafts. Anyone who has been on the Lower Yough, at least once or would like a more aggressive introduction to rafting is welcome to come on New River trips. This is a weekend trip open to Advanced Beginners and up. The cost of these trips are approx. \$70/person for 2 day trips and approx. \$87/person for 3 day trips. An optional group dinner is offered as part of the trip.

### River: Gauley; Summersville, West Virginia

Sept	18-19	Jon Maiman	441-2306
Oct	1-3	Jon Maiman	441-2306
Oct	15-17	Jon Maiman	441-2306

The Gauley River is considered to be the classic run in the East. The scenery is spectacular and the water is great. The Gauley is generally only runnable in the fall when the Army Corps of Engineers drains Summersville lake in preparation for Winter. We usually run the lower section which is approx. 9 miles of Class IV water. Runs on this section are slightly more challenging than the New River and are suitable for anyone who has run the Lower Yough, or New at least once. This is an advanced beginner and up weekend trip and cost's approx. \$75/person. We ran the upper section which is 13 miles of class V/VI water once last year. This section is only suitable for advanced rafters and space will be very limited if we run it again. We use both 4, 6, and 8 man rafts on the Gauley. An optional group dinner is offered as part of this trip.

## CANOEING

July 10	Sat	Karen Lucas	661-4835	8:00am at HQ
Class II trip.				
July 17	Sat	Gordon Bugby	371-4233	8:00 am at HQ
Class I School. From canoeing talk, getting in, 1 strokes and maneuvers to impressing your friends. You need lunch, drinking water, sun protection and a set of dry clothes.				
July 24	Sat	Janet Supowitz	247-40168	3:30am at HQ
Class I, II. Annual trip, middle of the summer, midday potluck. Bringing something to share is an option.				

## White Water Kayaking

The AYH kayaking program provides an opportunity for a friendly group of people to experience this exciting sport on the many scenic and sometimes challenging rivers in Western Pennsylvania.

Trips meet at the Pittsburgh AYH Counsel headquarters in Mellon Park and carpool to the river-of-the day. A small fleet of kayaks (in many different sizes and shapes) are available for trippers (of many different sizes and shapes) to use on our trips. Day trips typically end with a dinner stop on the return to headquarters.

To make your day more enjoyable, on all trips paddlers should bring: clothing and "river" shoes appropriate to the season and weather, lunch in a waterproof container, a generous supply of drinking water, sunscreen, a change of dry clothes, etc. For more information call the Kayaking Chairs: Ray Yutzy 341-5682 & Dave Casassa 963-1869

**July 3 Sat Dealer's Choice** - River to be selected at headquarters from latest gauge readings. Call: Ray Yutzy @ 341 5682 to register. Meet Sat. at 8:30 AM at Headquarters.

**July 10-11 Sat-Sun Introductory Kayaking** - Weekend at Ohiopyle State Park Instruction for total beginners on up. - No Experience Needed Saturday will be at Yough Lake for equipment review and basic flatwater paddling skills. Saturday Night may be reserved at the Ohiopyle Hostel. Sunday will be a easy white water stream. Call: Dave Casassa @ 963-1869 to register. Meet Sat. at 8:30 AM at Headquarters.

**July 18 Sat Class II-III Trip** - (River to be selected based on water levels.) Call: Dave Casassa @ 963-1869 to register. Meet Sat. at 8:30 AM at Headquarters.

**July 24 Sat (AYH Canoe Trip - Class I-II - Mid-Summer, Mid-Yough, Mid-Day Potluck)** Call canoe trip leader (Janet Supowitz) to reserve space. Call Ray Yutzy @ 341-5682 to reserve a Kayak.

**July 24-25 Sat-Sun** [If there is sufficient interest, an AYH Canoe/Kayak Weekend trip to the New River Gorge area can be organized - Call Ray Yutzy @ 341-5692]

**July 24-25 Sat-Sun Three Rivers Paddling Club** - New River Gorge Weekend in West Virginia Flatwater through Class V Sections Available - Not an AYH event. TRPC Membership & PreRegistration Required Call Ray Yutzy @ 341-5692 to reserve an AYH Kayak.

**July 31-Aug 1 Sat-Sun Three Rivers Paddling Club** - Turkey Bash Paddling Clinic, Picnic & Turkey Roast Instruction in Canoeing & Kayaking (Beginning to Advanced) & Fabulous Family Picnic TRPC Membership & PreRegistration Required - Not a AYH event. Call Ray Yutzy @ 341-5692 to reserve an AYH Kayak.

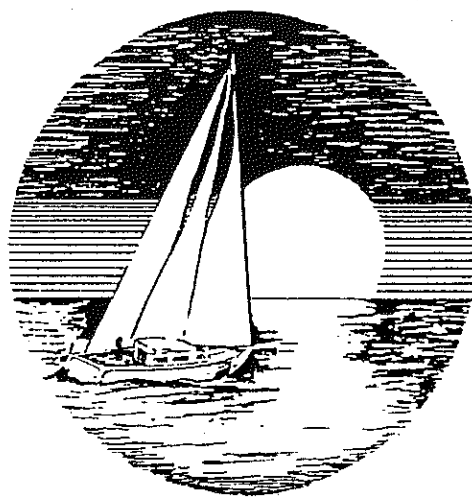
## ROCK CLIMBING

July 10-11	Sat/Sun	Eric Bauer	687-0766
Seneca Rocks Weekend			
July 17	Sat	Int Eric Bauer	687-0766
Mountain Rescue at Coopers Rocks WV. Meet at HQ at 8am.			
July 24	Sat	Beg Eric Bauer	687-0766
Beginner Trip to Coopers Rocks WV. Meet at HQ at 8am.			

\* The Seneca Rocks trip involves multi-pitch climbing. You must have attended the Seneca Prep trip on June 26 in order to be eligible. Space is limited so please call the trip leader for reservations.

\* Beginner trips are geared towards teaching basic rock climbing skills to people that have never climbed before. All you need to bring are tennis shoes and lunch. AYH supplies all climbing equipment. Space is limited so please call trip leader for reservation.

\* The mountain rescue trip involves learning techniques used to transport an injured climber off the rocks.



## SAILING SENSATIONS

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Pittsburgh, PA 15219

Let's Go Sailing

412-364-6636



## SEA-KAYAKING

General Information: Sea-Kayaks are the direct descendents of the Huntsman's boats or Eskimo Kayaks and are now gaining popularity as versatile recreational craft. Structurally, they are longer than whitewater kayaks and they incorporate more stable hull designs with keels for straighter tracking. Sea-kayaks are touring craft. You will need layered clothing that can be adjusted for comfort, an old pair of shoes that might get wet or muddy, a hat, sun lotion and sunglasses, raingear, a water bottle and lunch. A complete change of clothes and a towel should be doubled-wrapped in water-proof and brought along.

July 13 Tue Eve (Glade Run) Mark Mistrik 647-7609 (w)  
Aug 3 Wed Eve (Glade Run) Mark Mistrik 441-8293 (h)  
Aug 17 Tue Eve (Glade Run) Mark Mistrik

Intro to Sea Kayaking evening trips to Glade Run or North Park Lake. Easy trip is a very good way to get acquainted with the sport, and actual paddling on the lake will be covered. You can learn sea-kayaking at your own pace and be better prepared for the longer day trips; Intro's are a prerequisite for some of the longer trips, and highly recommended for anyone who hasn't been in a sea kayak lately. call to reserve. 6:15 pm at HQ.

July 9-10 Fri-Sat Mark Mistrik 441-8293 (h) or 647-7609 (w)  
Moonlight Sea-kayaking at Crooked Creek Lake. Paddle through the Sunset, relax by a campfire and Car-Camping overnight at the State Park. Breakfast (or Brunch, depending on when we get up) and a mid-morning trip onto the lake to see how it looks in daylight. 6:15pm Friday eve @ HQ.

July 11 Sun Barbara Peterson 371-2506  
Beginner day trip to Lake Arthur, at Moraine State Park. Learn about sea-kayaks, how to paddle and make turns. Enjoy a picnic lunch on shore. No experience required.

July 15-25 Thur-Sun Mark Mistrik 441-8293 (h) or 647-7609 (w)  
East Coast Sea-Kayaking Symposium "93, and Tour of Downeast Maine. Friday afternoon shopping in Freeport, Maine - home of L.L. Bean, the Patagonia Warehouse, and about 30 other outlet stores. Spend Three days of instruction at the Maine Maritime Academy in Castine learning all aspects of Sea-kayaking by some of the best and most experienced professionals in the sport. Every major manufacturer will have sea-k's and equipment to test throughout the weekend. The following week we'll visit Stonington, Isle Au Haut, Acadia National Park, Belfast, and Boothbay Harbor. Stay in Bed and Breakfasts, Car and kayak camping. Explore islands and Maine's rugged coastline by kayak, hike on Acadia's Carriage trails sightsee quaint villages, and enjoy New England lobster bakes. Leaving 5:00 pm. Thurs 15 at HQ in Shadyside.

July 24 Sun Barbara Peterson 371-2506  
Paddle the lake & marshes in the Pymatuning area. This will be a good trip for bird-watching- if we're lucky, we'll see eagles and herons. Day long trip. Intermediate level. Call for info and reservations.

Aug 7 Sat Mark Mistrik 441-8293 (h) or 647-7609 (w)  
Sea-kayaking daytrip to Yellow Creek, a small, scenic lake about an hour from Pgh. Trip is open to all ability levels, and no previous experience is necessary. Reservations required. Leaving 9:30 am from HQ.

Aug 14-15 Sat-Sun Mark Mistrik 441-8293 (h) or 647-7609 (w)  
Three day sea-k summer weekend to the beach. Sea-k at Assateague Island National Seashore, car-camping right at the seashore, beach strolling, barbecue, seafood, lounging, and lighthouses. Usually we plan a morning half-day paddle, and leave the afternoons and evenings free to do what ever you want. Will also need either Friday or Monday off. Call right away for info, since the best campgrounds fill up early and require reservations.

Aug 20-22 Sat-Sun Barbara Peterson 371-2506  
Kayak camping trip to either Kinzua Dam or Scenic wilderness section of Allegheny River or the west branch of the Susquehanna. The trippers will decide as a group where we go. Call for more information or to make your reservation. Int level trip.

Aug 27 Fri - Sept 6 Mon eve Mark Mistrik 647-7609 (w)  
Isle Royal National Park sea-kayaking and hiking. Spend a full week paddling around the Northeastern half of the island. Spend approximately three days in the island's, hiking on trails and fishing on the interior lakes, kayak camping, and paddling along rugged coastlines- Isle Royal's most spectacular scenery isn't reachable by trail. We will visit Mackinaw Island on the way home. Leaving: 5:00 p.m. from HQ Thursday Aug 26 in Shadyside.

Sept 18-19 Sat-Sun Mark Mistrik 647-7609 (w)  
Northern Chesapeake Bay Sea-kayaking weekend. More information next month, or call.

Oct 1993 Mark Mistrik 441-8293 (h) or 647-7609 (w)  
New Jersey Pine Barrens. Sea-kayak touring and camping.

## Just View It - Bike Video

Watch and learn as an experienced bicycle mechanic assembles and adjusts state-of-the-art bikes. Unique visuals and concise narrative show how to install, adjust and care for your bike. Sections covered are:

- Crankset
- Chain removal
- Accessories, racks, bags, frame pump, cyclocomputer
- Crankarm removal
- Helmet fit
- water bottle cage, aerobars
- Steering
- Final Assembly,
- Maintenance Schedule
- Brakes & Shifters
- includes brake and
- Bike fit
- Wheels, Truing & derailleur adjustment

"Road Bike Anatomy" video (62 min) \$ 19.95 + \$2 S&H  
"Mountain Bike Anatomy" video (40 min) \$ 19.95 + \$2 S&H

Both for \$ 36.95 + \$3 S&H

Send Check or Money Order to: Rolling Video  
2690 Maplewood St.  
Cuyahoga Falls, OH 44221  
1-800-497-9543

## SAILING

**Lake Arthur Day Sailing** We will offer weekend day sailing trips at Lake Arthur in Moraine State Park. These trips will be posted on the sailing bulletin board at AYH HQ or announced on Thursday evening Open House meetings. You must have completed our Basic Sailing Class or have equivalent skills or experience. We have one International 470, three Flying Juniors, and one Sunfish. Day rental fees are \$11 to \$14 per person. Half day rentals may also be available depending on scheduling. All trips will require at least one qualified sailing leader. For more information contact Bob Zavos 241-0659 or Joel Hough 371-4986.

**Basic Sailing Classes** We offer introductory Red Cross certified sailing classes for those who have never sailed before or anyone who desires to brush up on their skills. Classes are open to AYH members, at least 16 years old, in good physical condition, who are comfortable in the water and know how to swim. Classes consist of three evening classroom sessions, and two full on the water sessions with instructors. A final free sailing day can be taken anytime during the remainder of the season. We use the Red Cross Start Sailing Right textbook. Classes are designed so you can pick either Saturdays or Sundays for your two on-the-water sessions. They will take place at Lake Arthur in Moraine State Park near Butler, PA. Classroom work is at the AYH HQ building in Pittsburgh. Course fee is \$80 plus \$9 for the textbook.

**Introduction to Sailboat Racing** [note schedule change from last month] This is an introduction to sailboat racing for those who have completed our Basic Sailing or have equivalent skills. Learn to how to rig for racing, how to start, sail the windward leg, run down wind and finish effectively. There will be a Wednesday night classroom session at AYH HQ and participants will participate in an actual race with the Moraine Sailing Club on Saturday, August 21. Course fee will be \$40.

COURSE	Shore School AYH HQ 7pm-9pm	Shore School AYH HQ 7pm-9pm	On-Water Classes LAKE ARTHUR 9am-5pm
Basic Sailing Class 3 fee \$80 + \$9 text	Tue., July 13 Tue., July 20	Fri., July 16 no class	Sat., July 17 Sat., July 24
Basic Sailing Class 4 fee \$80 + \$9 text	Tue., July 13 Tue., July 20	Fri., July 16 no class	Sun., July 18 Sun., July 25
Introduction to Racing fee \$40	Weds., Aug. 18	Sat., Aug. 21	

## SAILING CLASS REGISTRATION

Name: \_\_\_\_\_

Address \_\_\_\_\_

Phone No. \_\_\_\_\_

Classes desired ☐ Basic Sailing Class 3 ☐ Basic Sailing Class 4  
☐ Introduction to Sailboat Racing

*Note: for the Basic Sailing Class you may purchase 1 textbook per family/group*

Please make check payable to Pittsburgh Council AYH.

YOU MUST BE AN AYH MEMBER FOR ALL CLASSES - See membership info elsewhere in this issue or contact the AYH office for information send registration and fee to: Joel Hough, AYH Sailing: 100 Bryn Mawr Ct. Apt. E113: Pittsburgh PA. 15221

1993 Sailing Schedule includes the following:

**July 2-4 Great Blue Heron Music Festival/Chautauqua Sail:** Bob Zavos 241-0659. Attend a weekend Music Festival and camp out on a farm in Western New York State near Lake Chautauqua. We will drive up Friday to Sherman, NY. with one or more sailboats. The music festival runs all weekend with about 15 different bands (Folk, rock, cajun, reggae, zydeco, old-time, world beat, and roots). We will take a few short trips over to Lake Chautauqua for a day or evening sail and will also visit the Chautauqua Institute on Sunday and return to Pittsburgh in the afternoon.. Cost will be \$45.00 (\$50 after June 18) for the music festival, camping, two breakfasts, and sailing. Transportation and other meals will be extra.


**July 3-5 Lake Pymatuning, PA:** Joel Hough 371-4986. Camp at the State Park near Jamestown, Pa. and sail the south half of Lake Pymatuning.

**July 31-Aug 8 Crystal Lake, Michigan:** Joel Hough 371-4986. Crystal Lake is a beautiful lake in the Northwest part of Michigan's lower peninsula that offers some outstanding small boat sailing. (These dates have been changed from last month's schedule)

**Sept. 4-6 Lake Chautauqua, New York:** Bob Zavos 241-0659. We will stay at a quaint guest house on the Chautauqua Institution grounds and launch our sailboats from the from a nearby site. The high season of educational and cultural activities will be over but many opportunities remain to view this highly authentic late 19th century American town. Sailing on the Lake is usually outstanding and we will likely be taking our 470.

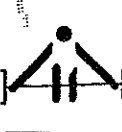





**Oct. 9-10 Annapolis Boat Show.** This is our annual trek to see America's largest Sailboat Show. After the first day at the boat show you can join us for a week long sail on the Chesapeake Bay. We will charter a 35 to 45 foot boat near Annapolis and board the night of Oct 9. At 9:00 AM on Oct 10. we will start with boat orientation and exercises in docking and maneuvers. Depart at 12 noon for Kent Island. The next six days will include a leisurely cruise with stops at St. Michaels, Oxford, Hudson Creek, Knapp's Narrows, and finally return to Annapolis. Half the evening meals will be on board, the other half in towns along the way. This will be an excellent opportunity for your first extended cruise. Fee will be in the \$500 to \$800 range.

**Oct. 9-18 Tomlinson leader,** contact Bob Zavos 241-0659 for information.



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# AYH Products and Membership Application

## Outdoor Recreation Books

- ☐ **Allegheny National Forest Hiking Guide** describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) ..... \$8.00
- ☐ **AYH Outdoor Food Book** contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and illustrations. 1st Edition (1981) ..... \$3.00
- ☐ **Baker Trail Guide** describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. 35th Anniversary Edition (1987) ..... \$4.00
- ☐ **Canoeing Guide to Western Pennsylvania and Northern West Virginia** contains information on 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991) ..... \$13.95
- ☐ **NEW! Fifty Hikes in Western Pennsylvania** by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. Fifty Hikes contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. 2nd Edition (1992) ..... \$11.95
- ☐ **Hikers Guide to Laurel Highlands Trail** describes the 70 miles of the trail from Ohiopyle park to Conemaugh Gore atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages, 24 pages of maps. New 4th Edition (1992) ..... \$5.00
- ☐ **Hiking Guide to Western Pennsylvania** describes over 2,000 miles of hiking trails and dozens of other areas for hiking in and near western Pennsylvania. Published by AYH. 290 pages, 53 pages of maps, 47 photos. 5th Edition (1986) ..... \$7.00
- ☐ **Monongahela National Forest Hiking Guide** describes more than 160 Forest Service trails in 1,350 square miles of the Mon National Forest - one of the best areas for hiking, backpacking and ski touring in this part of the country. Published by the West Virginia Conservancy. 320 pages, 60 maps, 39 photos. 6th Edition (1993) ..... \$9.95
- ☐ **Pennsylvania Hiking Trails** describes more than 290 trails and hiking areas throughout Pennsylvania. Published by Keystone Trails Association. 224 - pages, 94 maps. 10th edition (1987) ..... \$5.65
- ☐ **Rachel Carson Trail Guide** describes the Rachel Carson trail from North Park to Freeport in Allegheny County. Published by AYH. (1991) ..... \$4.00

## Travel Books (10% discount for members)

**International Hostel Handbooks** A complete listing of the Hostelling International Youth Hostels with descriptions, prices, addresses, and phone numbers

- ☐ **Volume I Europe and the Mediterranean** ..... \$10.95
- ☐ **Volume II Asia, Africa, Americas, Pacific** ..... \$10.95

## Ordering Information

Include 10% for postage (\$1 minimum). Pennsylvania residents must also include 6% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Cash or money orders required for Eurail Passes.

Please allow **two weeks** for delivery of mail orders. For faster service, visit the office or call for a membership sales agency near you. Collect 2 day delivery by UPS available for additional charge.

AYH Membership (Type: _____)	.....
Eurail Passes	.....
Merchandise	.....
Merchandise Postage	.....
Merchandise Tax	.....
Donation to AYH	.....
Total	.....

Let's Go The famous series of books for the budget traveler published by Harvard Student Agencies

- ☐ **Let's Go Europe** ..... \$17.95
- ☐ **Let's Go USA** ..... \$17.95
- ☐ **Let's Go Britain** ..... \$16.95
- ☐ **Work, Study, Travel Abroad** Comprehensive guide on traveling and especially working abroad through the CIEE. (1992-1993 Edition) ..... \$12.95

## Travel Accessories

- Sheet Sacks** Used in place of sheets at youth hostels
- ☐ **Cotton Sheet Sack** Comfortable cotton blend ..... \$13.00
- ☐ **Nylon Sheet Sack** Lightweight Nylon ..... \$12.00
- ☐ **Advance Booking Postcards** Set of 10 ..... \$1.00
- ☐ **Hostel Stamp Book** Use to record your hostel visits ..... \$0.50
- ☐ **Hostel Pass Cover** Plastic cover for your membership card ..... \$0.50
- ☐ **Student ID Card** ..... \$15.00
- ☐ **Universal student ID** issued by CIEE. Good for worldwide student discounts. Send 1-1/8 x 1-3/8 photo, name of your country of citizenship and proof that you're a student. Or ask for a free brochure.

## AYH Memberships

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass and include book of discount coupons for U.S. hostels. Provides access to 6,000 Hostelling International hostels around the world. Includes free handbook of North American hostels and 12 month subscription to Pittsburgh Council newsletter.

- ☐ **Adult** ..... \$25.00
- ☐ **Adult Renewal** ..... \$20.00
- ☐ **Youth (17 and under)** ..... \$10.00
- ☐ **Senior** ..... \$15.00
- ☐ **Family** ..... \$35.00
- ☐ **Family Renewal** ..... \$25.00
- ☐ **Life (all ages)** ..... \$250.00
- ☐ **Non-Profit Org. (Request application)** ..... FREE

## Eurail Passes

The economic solution to rail travel in Europe. Valid throughout all Europe except Britain. Available only in the U.S. The more popular passes are described below. Ask for a free brochure on other Eurail and Single Country passes. Credit cards accepted but require two-day delivery. Cash or money order required for immediate delivery.

- ☐ **Eurail Pass 1 month unlimited (youth)** ..... \$508.00
- ☐ **Eurail Flexipass 5 days first class travel in 2 months NEW!** ..... \$298.00
- ☐ **Eurail Flexipass 10 days first class travel in 2 months NEW!** ..... \$496.00
- ☐ **Eurail Flexipass 5 days travel in 2 months (youth)** ..... \$220.00
- ☐ **Eurail Flexipass 10 days travel in 2 months (youth)** ..... \$348.00
- ☐ **Eurail Saverpass 15 days travel with 2 or 3 friends** ..... \$390.00

**For Fastest Service! Visit The AYH Travel Store!**

Pittsburgh Council, AYH  
Wightman School Building, room 204  
5604 Solway St., Squirrel Hill  
(412) 422 2282

**Mail to:** AYH Room 204  
5604 Solway Street  
Pittsburgh, PA 15217



The AYH Office is open from 9 am to 3 pm on Mondays, Wednesdays, and Fridays, and from 1:00 to 6:00 pm on Tuesdays. Call 412-422-2282 for more information.

**Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_  
(day) (eve)

**Birthdate:** \_\_\_\_\_ **Sex (M/F):** \_\_\_\_\_

**Please send me Additional info on:** \_\_\_\_\_

## AYH Weekly Open House

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

## Council Office and Travel Store

The Pittsburgh Council office is open Monday, Wednesday, and Friday from 9:00 am to 3:00 pm, and Tuesdays from 1:00 pm to 6:00 pm. We're in Room 204 of the Wightman School Building at 5604 Solway St. in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, Eurail Passes, and books are available. Call 422-2282.