



GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

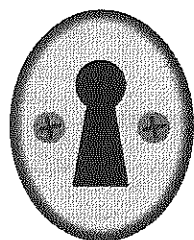
Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 45, NUMBER 5

MAY 1995



Features



There will be new locks installed at Headquarters, see page 6 for details.

Master story teller, Glenn Oster is at it again with his latest adventure in "Why Washington" on page 3.

Spring is here, bringing the gentle breezes needed to fill your sails. The AYH sailing classes begin soon. Classes fill fast, so check out page 4 today!

Notice to all Trip Leaders: If you are a trip leader, then you will want to check the reminder on page 6

Spring maintenance and volunteers are still needed on some of our local trails and trail shelters, see page 10 to see how you can help.

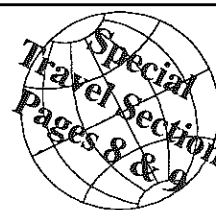
Have you checked the AYH travel store lately? New merchandise arrives everyday & we now accept major credit cards, take a look at the back page.

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.....And MORE!!!

Travel the Globe with Hostelling International

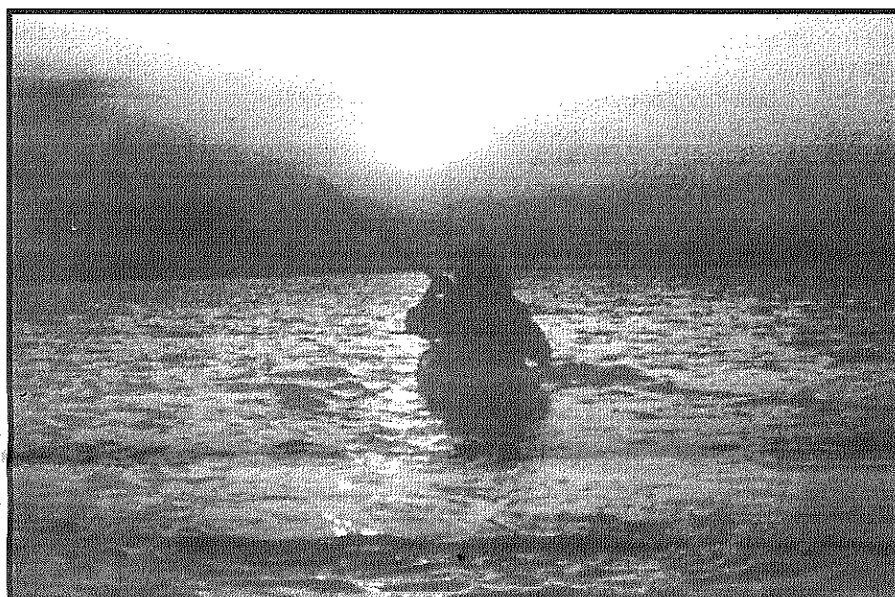


It's Time to Think Travel

The sun erupts from behind the emerald canopy. Peacocks and toucans greet the dawn with eerie sounds.

Australia and New Zealand have wonderful hostels. We rented a car and drove around the South Isle of New Zealand and stayed at loads of great hostels: Christchurch, Franz Josef Glacier, Lake Wonaka, and Dunedin.

See Travel Time, Page 8

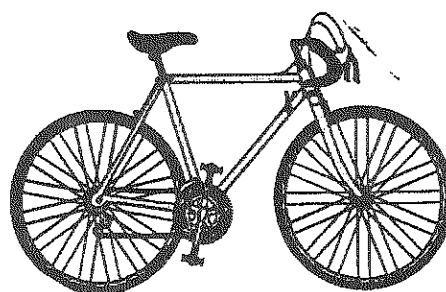


Enjoying a sunset over Georgian Bay, Lake Huron, Canada. See our sea-kayaking trip schedule when we return in early July.

CYCLING-95... and the GREAT RIDE

The Pittsburgh AYH's 3 largest annual bicycling events, "The great Ride", "The Mon Valley Century" and "SABRE" are PGH's Premier touring events and draw a combined 5,000 cyclists each year. Dates for the 95 season are as follows; The Great Ride-July 23th, 1995; Mon Valley Century-August 27th, 1995; SABRE-October 1st, 1995. Watch in future issues for more details on The MVC and SABRE.

For further information on The Great Ride 95, turn to page 5.



Travel Store Expanded!!!

The Pittsburgh Council Travel Store has expanded to carry more travel books and travel supplies. In addition to Eurail and Britrail passes, Hostelling Handbooks, and sheet sacks, we just added more of the Let's Go books and the Lonely Planet travel guides. All major credit cards are now accepted!!! Check out the back page or come in and see all that we now offer. For your copy of the free brochure "Travelers' Resource Guide", call the Council office at 412-422-2282.

OHIOPILE WORK PARTIES

Saturday, May 20

Watch for other work party dates throughout the summer.

Please help volunteer for our Ohiopyle Hostel clean-up parties. If you can volunteer a few hours of your time to help paint, move furniture, clean, wash windows, do yard work or whatever talent you have, it will be very much appreciated. Free lunch for all volunteers and also, you can stay overnight for free but you must make a reservation in advance. We're also looking for some donated items: (Upright Piano, refrigerator and crib). We will meet at headquarters at 8:30 PM. and will be back around 6:00 PM.. Call Jacky Eberle if you have any questions or would like to sign up!

*ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL RECEIVE A FREE OHIOPILE SWEATSHIRT.

* ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL be eligible for the "OHIOPILE VOLUNTEER OF THE YEAR" AWARD

--Jacky Eberle, Work Coordinator at 833-9732

AMERICAN YOUTH HOSTELS

PITTSBURGH COUNCIL
5604 SOLWAY STREET
PITTSBURGH, PA 15217

Dated material -please deliver promptly
Address correction requested

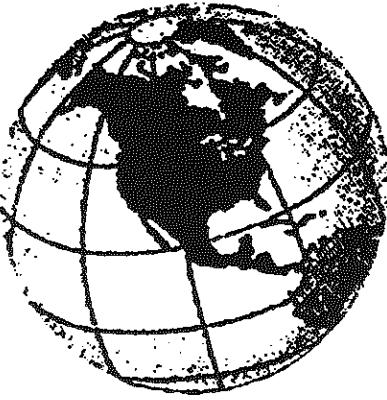
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HOSTELLING



Pittsburgh Council, American Youth Hostels, Inc.
Serving Western Pennsylvania & West Virginia Panhandle
Since 1948, Incorporated 1955

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Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

MATERIAL...

All material to be published, should be sent to the address below. It Can be submitted on Disk in either IBM or Mactintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217
Office: (412) 422-2282

PITTSBURGH COUNCIL
ACTIVITY CHAIRS

Chairman of the Activities Committee
VACANT.....###.####
Canoeing
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Cross Country Skiing
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Storekeeper
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The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for future issues of the **GOLDEN TRIANGLE**

June
All copy, May 4
Binding/Mailing, May 25

July
All copy, June 1
Binding/Mailing, June 22

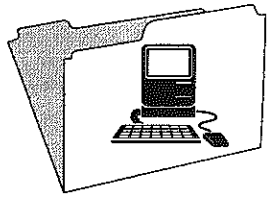
If your work is on computer,
Please contact Bill Eberle
@ 833-9732 or
76202.3051@Compuserve.com

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation (IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Submissions Policy:
Golden Triangle

Classified Adds:

- Classified adds are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be:
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed
- Before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue. (See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- "Lack of planning on your part, does not constitute an emergency on my part"

May Slide Shows

May 4 open
May 11 Cycling Primer - ABCs of Bicycles in the 90s.
by Bill Eberle
May 18 An Introduction to Sea Kayaking. Mark Mistrik
May 25 Backpacking in Big Bend National Forest.
by Glenn Oster
June 1 Traveling in Indonesia. Steve Poprocky
June 8 open
June 15 Bicycling in Florida. Glenn Oster

Doors open: 8PM. Slide Shows: 8.30PM

Share your Slide Show trip!

To schedule a show call:

422-2282(daytime) or 362-8181 (8-10 PM Thurs.)

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel
RD #1 (1 mile west on Route 30)
Schellsburgh, PA 15559
(814) 733-4212

Charleroi Youth Hostel (SA)
Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200



March 1995 Board of Directors Meeting

At the March 21 Board of Directors meeting, the 1995-1996 council budget was approved. There were no significant changes from previous budgets other than the upcoming expenses for the Pittsburgh Hostel. The partnership agreement with SPERT for development of the Pittsburgh Hostel project was approved, and the President was authorized to sign the agreement on behalf of the Council. As part of the project, the Board committed \$100,000 in Council funds to establish the limited partnership. The remainder of the funds required for renovation of the hostel building will come from SPERT, community development funds, foundation grants, and from individual donations within and outside the Council membership.

The next board meeting will be held on May 16th at the Council Office.

Larry Laude, Secretary

HI-AYH FAMILIES GROUP

The families group was started to facilitate young children's participation in outdoor activities. As such most activities are outside and demand little past experience or ability. If you want long, arduous hikes, canoes, etc. this is not the group for you. If you want to share your enthusiasm for outdoor activities with your children with other families along, this may be your group. The children in our active families range from 2 months - 15 years. People without children are welcome to participate if they can handle the chaos.

May 1,2 Planning time for activities for summer and fall.
Call Barbara Hanusa (441-7205) before 10:00pm to suggest activities and/or volunteer to be a leader or co-leader.

May 3 Planning meeting
Barbara Hanusa's 6966 Edgerton Ave Pittsburgh Pa 15208. 8-9pm, call to let me know if you are coming.

May 27-29 Blue Knob State Park.
Barbara Hanusa 441-7205 We need a co-leader

Overnight cabin camping Make reservations by May 22. We will be camping in cabins. This outing has always been enjoyable and is a good introduction to camping. This site has small cabins and a large dining/activity center. Meals will be prepared and activities planned by participants.

Cabins and HI-AYH fees; This does not include food. (Food costs will be split among participants.)

\$7.00 per night per person for HI-AYH members
(3-8 half price, 2 & under \$.50 per night)

\$10.00 per night per person for non-HI-AYH members
(3-8 half price, 2 & under \$.50 per night)

Please see back page for information on family memberships.

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your pledge today.

Yes, I would like to make a pledge of support for a Hostel in Pittsburgh in the amount of:

- ☐ \$2500
- ☐ \$1000
- ☐ \$500
- ☐ \$250
- ☐ \$100
- ☐ \$50
- ☐ Other: \$ _____



Yes, I can also volunteer my time for:

- ☐ Fundraising
- ☐ Construction
- ☐ Public Relations
- ☐ Clerical help
- ☐ other: _____

Name _____

Address _____

Telephone _____

Mail your Pledge to:
AYH

Pittsburgh Hostel Fund
5604 Solway St., Pittsburgh, PA 15217
412-422-2282

WHY WASHINGTON

by Glenn Oster

(Glenn Oster led a Pittsburgh Council HI/AYH backpacking trip to the state of Washington last summer and has wanted to share it with us. This is the first of several installments. In this issue he will describe some of the points of interest while driving to the Pacific Northwest.)

The state of Washington has so much of interest and beauty - it's a natural for vacationing, for hiking in particular and just about anything else you care to do. Some years ago, I visited much of the state, nibbling on one beautiful scene after another and resolved then to make this the location of a major AYH trip. This narrative traces the fulfillment of that resolution.

Before jumping into the trip's events, the cast of characters needs to be identified. Three AYHers joined me - Kirk Slater, who has hiked on many wilderness trips with me, Frank Edwards, a history professor from California State University and the third, a person who prefers to be anonymous but whose initials are Joanne Lepinsky. She'll kill me.

Frank and I traveled out by mini - van followed by Kirk and Joanne who flew. The trip's duration was June 25 through July 26, 1994, thirty-two days in all. However, for those who flew both ways, it was limited to as much as they could squeeze into a two-week vacation.

On the way west, the first point of interest was Chimney Rock in Nebraska. After mile upon endless mile of flat prairie, you see in the distance a "beaut of a butte" with a spire reaching skyward - Chimney Rock. Imagine the thrill this was for the wagon trains heading west on the Oregon Trail! Chimney Rock was the beginning of the end of dusty, tall grass flatlands and the beginning of the beginning of the fearsome mountains to be crossed - emotions in conflict.

Not far beyond Chimney Rock we reached Scotts Bluff National Monument and its enormous rock monolith, 766 feet high. Our first order of business was to investigate the covered wagons at the visitors' center. The pioneers used wagons like these crossing this seemingly endless part of the world in search of a better life in the west. Looked like the wagons were waiting patiently to be loaded, hitched to oxen and on their way. As it was, they were placed precisely on the path of the historic Oregon and Mormon Trails. It was a bit humbling to stand there on the very ground that they rumbled over in that awesome period in US history. However, it was a bright, sunny morning and much more lay in store for us at the Monument. We drove up a road carved into the side of the largest of these gigantic rocks and through a tunnel to the top. Trails lead to the edges of these geological anomalies where views treat your eyes to 360 degrees of scenery - other buttes, the town immediately below, a golf course, farms and flat prairies extending to the horizon. Hard put for words as you gaze - memorable.

Continuing west, a "Lucky Strike Extra" (most of you are too young to know what one of those was) turned up as Fort Laramie. We were running ahead of schedule, and why not. Why not indeed. Frank, the history professor, lost all control there. While checking it from end to end, he found the visitors' center and bought over \$130 of books and other historical memorabilia. It was readily apparent which trip member had will power. I didn't buy anything. How's that for restraint? Truth is that I've never cared much for military history. It was interesting, nevertheless, to see the quadrangle formed by the various buildings in this major military location of the 1800s.

Once more on our way, the van's course was set for the Grand Tetons, and grand they were. Moreover, Jackson Hole was filled with water now that the dam has been rebuilt. (I've been there when I could have called it "Jackson Mud Hole.") The weather made the visit so enjoyable - Grand Teton, Mount Teewinot, Mount Moran and all the rest were more snow covered than I've seen in earlier trips. They posed majestically against the blue sky backdrop, just waiting for admiration and photos. The sudden upthrust of these striking mountains is one of the absolute scenic wonders of our fortunate country. Believe I could write a book about this place.

Moving right along — next came Craters of the Moon National Monument in Idaho. I had only been here once before, and then in an incredible rain storm that appeared to have no end. So this was a treat. That is, if seeing mile after mile of lava can be called a treat. It was, however, impressive to walk by the many odd formations that extruded as molten rock from the depths of the earth. And there are caves to explore - some with ice all year. The volcanos here are of the cinder cone type, like giant black, and sometimes maroon, ant hills. When you come to realize how much of this part of the state lava covers, this park, large as it is, comprises only a fraction of this igneous wasteland. It staggers the senses to try visualizing how it all came about.

One place new to me on our itinerary was Hell's Canyon. It is the gorge that the Snake River has been cutting between Idaho and Oregon for tens of thousands of years. I've long been aware of the fact that the elevation differential from river level to the crest of the nearby mountains is greater than the Grand Canyon in Arizona. Hell's Canyon was in our travel and sight seeing plans the year a group of AYHers and I backpacked the Sawtooth Wilderness farther east in Idaho. However, when the group climbed into the van after that hike, our most difficult backpack trip to date, there was no way they were traveling farther west. Mutiny. So my itching to see Hell's Canyon had to wait until later to be scratched. This was the time, and I was primed to do lots of scratching. Yes, the adjacent mountains are high, and, yes, the road over the mountain and down to the river was high, steep and tortuous with switchbacks of switchbacks. BUT, when we reached the river, I was underwhelmed to say the least. It was a real ho-hum sight, not much different from scores of western rivers - no steep cliffs - no screaming white water - nothing to get me stirred up. What a let down! River rafters there told me, and others have corroborated their comments, that some of what I was expecting does in fact exist. One can only see it by rafting the Snake. However, I'm not convinced that it could bear comparison with the Colorado River charging through the steep walls of the Grand Canyon (or the New River or the Gauley in West Virginia for that matter.) The Hell's Canyon itch is not likely to be felt again any time soon.

see OSTER, page 4

BLACK HILLS OF SOUTH DAKOTA & COLORADO BACKPACKING/CAR CAMPING TRIP

JULY 1 - 15, 1995

If you've ever driven the Needles Highway through the Black Hills of South Dakota, you know at least two things - the scenery is magnificent and the hills are more than hills. Looks like a backpacker's paradise. Each of the times I drove that highway I promised myself that I would one day do some serious hiking there. This is the year.

We will hike the Centennial Trail and others in the Black Hills National Forest, the Norbeck Wildlife Preserve, and the Black Elk Wilderness, averaging ten miles per day and 600 feet of climbs and descents. Some of the scenic rewards will be Cathedral Spires, Little Devil's Tower, several mountain lakes and stately Harney Peak.

In addition to the backpacking, we'll visit area scenic wonders such as Mount Rushmore, Chief Crazy Horse mountain carving, Custer State Park wildlife preserve (may see huge herds of buffalos, wild burros, deer and more), Jewel Cave National Monument, Wind Cave National Park, Devils Tower National Monument and The Badlands.

On our way home, we'll travel south to visit Rocky Mountain National Park and spend a day hiking. Next, we'll go farther south through Denver and Colorado Springs to see the Garden of the Gods and drive up Pike's Peak. After that, we'll reluctantly head home.

If you aren't up to backpacking, but would like to car camp or motel and spend time relaxing, day hiking and sightseeing in the area, you would be welcome to come on the trip. We will need someone to drive the van to our backpacking end point and pick us up after our hike.

This has the makings of a great trip. If you'd like to talk about it give me, Glenn Oster, a call at (412) 364 - 2864.

Oster, from page 3

Next came a quick peek at Lake Coeur d' Alene in northern Idaho and our invasion of the State of Washington. We crossed the North Cascade Range at Snowqualmie Pass, and Snowqualmie Falls called so compellingly that we had to make the side trip. Cloudless, deep blue sky and gleaming, white snow capped mountains served as the backdrop. Snowqualmie Falls (higher than Niagara) thundered and flowed down the valley into an orange sunset with a rainbow in its spray. Such is my first memory of this special place so many years ago. It was almost too much natural beauty for me to handle at one time - hadn't even seen snow capped mountains before. Our weather and timing this trip were not as good as on my first visit, but, regardless, it's a sight worth experiencing again and again - most enjoyable.

Be sure and stay with us next month as Glenn continues to weave his tale and fire our imaginations with the saga of "Why Washington...."

SAILING

The Pittsburgh Council Sailing Activity has three 13' Flying Juniors, one Sunfish, and one 15' International 470. Several members also use their own sailboats. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park near Butler, Pa. Additional weekend trips and extended trips are also planned.

Individuals with prior sailing experience and those with their own sailboats are especially encouraged to join our program. We also need individuals with trailer hitches to pull the sailboat trailers. Individuals who assist in boat maintenance, sailing class instruction, and trailer transportation will receive equivalent free rental time.

Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required on all trips.

Introductory Classes

We offer introductory Red Cross Certified classes for those who have never sailed before or anyone who desires to brush up on their skills. Participants must be at least 16 years old, in good physical condition, be comfortable in the water and know how to swim. Classes consist of three evening classroom sessions, and two full on the water sessions. We use the Red Cross *Start Sailing Right* textbook and offer Red Cross Certificates to those who complete all requirements. On the water sessions take place at Lake Arthur and Classroom work is at the AYH Activity HQ building in Pittsburgh in Mellon Park. **These class usually fill up so send in your application early to insure a space. Enrollment will be closed once we reach maximum class size. Classes may also be canceled if we do not reach minimum enrollment two weeks prior to the first session. Individuals may cancel up to 14 days prior to the first meeting and receive a full refund minus a \$10 administration fee.**

Please use the following form to enroll for classes. The course fee is \$65 for AYH members and \$75 for non AYH members. There is a \$10 charge for the textbook and this can be shared by multiple students from the same address. If you are not an AYH member you can complete the application that normally appears elsewhere in this letter. Otherwise contact the AYH office for details.

| | Shore School AYH HQ 7 pm-9 pm | Shore School AYH HQ 7pm-9pm | On-Water Class Lake Arthur 9am-5pm |
|---------|-------------------------------------|-----------------------------------|--|
| Class 1 | Tue., June 6 & Mon., June 12 | Fri., June 9 | Sat., June 10 & Sun, June 11 |
| Class 2 | Mon., July 10 & Mon., July 24 | Fri., July 14 | Sat., July 15 & Sun., July 16 |
| Class 3 | Mon., July 10 & Mon., July 24 | Fri., July 14 | Sat., July 15 & Sat., July 22 |
| Class 4 | Mon., July 10 & Mon., July 24 | Fri., July 14 | Sun., July 16 & Sun., July 23 |

SAILING CLASS REGISTRATION

Name: _____

Address _____

Phone No. _____

Class 1__ Class 2__ Class 3__ Class 4__

you can enroll multiple people with the same address on one form

Class fees: (\$65 AYH member, \$75 non member) _____ x _____ = _____

Textbooks: (\$10) _____ x _____ = _____

TOTAL ENCLOSED: _____

Make check payable to Pittsburgh Council AYH and send to:
Robert Zavos, AYH Sailing, 1007 Savannah Ave. Pittsburgh PA. 15221

1995 Sailing Schedule includes the following:

May 6, Sat. Sara Zavos 241-0659 Lake Arthur; Sailboat Equipment Day. We will transport sailboats to the racks, do equipment shakedown and try to get in some sailing. If you think you might be interested in sailing with us this summer this will be a good time to get together. There will be no fees and afterwards we will have an optional dinner and planning session at Brown's Country Kitchen in Portersville

May 13, Sat Bob Zavos 241-0659 Open sailing at Watts Bay, Lake Arthur. This is for anyone who has completed our introductory course or equivalent. We will also offer informal instruction on Sailboat Racing.

July 1-4, Sat.-Tue Bob Zavos 241-0659 Lake Erie or Chesapeake Bay; This is a long weekend for many people and we will try to charter a larger sailboat on Lake Erie or the Chesapeake Bay. This is also a very busy recreational weekend so we will need a commitment and deposit well in advance. More details will be available next month.

Aug. 3-6; Thu.-Sun. Jan Herczak 921-3565 Prince Gallitzan State Park; Sail on Lake Glendale. Other activities include hikes in the park and the annual Mountain Days Festival. Overnight camping in the Park.

Sept. 2-4, Sat.-Mon Marilyn Marrari 441-6764 Lake Chautauqua, NY; Please sign-up for sailing trips early due to logistics/leader planning. Calling up Friday night or early Saturday morning is not appreciated! For weekend day sails please make arrangements no later than the Thursday night AYH Activity Open House. For overnight trips please call at least one week ahead of time. Sailing rentals are \$13 per day, \$7 per half day plus AYH registration fee (\$1 members, \$2.50 non-members). At least two sailboats will be available most of the time on the racks at Watts Bay for non scheduled day usage. These will only be available to qualified individuals who assist in the sailing activity maintenance and instruction programs.

THE GREAT RIDE RETURNS!

The new, improved Great Ride returns this year on July 23rd, a week later than usual due to a rescheduled Vintage Gran Prix in Schenley Park. We did briefly consider trying to share the course with the vintage race cars but decided it would be unfair to the drivers. Well, seriously, we did have to move the date and the 23rd it is.



The basic format of the ride will be the same as last year, starting at the Boardwalk in the Strip District, climbing the North Side for that spectacular ride down the I-279 HOV lane to the stadium (or for those interested in less of a workout, going directly from the Strip towards the stadium), across the Allegheny River, through downtown Pittsburgh to the 10th Street Bridge and the South Side, an optional tour of Mount Washington, back up to Oakland, Schenley Park, and Beechwood Boulevard, through the East End to Highland Park, and then along Butler and Penn back to the Boardwalk.

What's new and improved? We're working on better food! An additional rest stop! Entertainment! More Riders! And riders will get the 1995 Great Ride T-Shirt as part of registration. Be sure to watch the June newsletter for more details.

Riding in the Great Ride?

If you've ridden in the Great Ride, SABRE, or the Mon Valley Century in the last few years - and haven't moved - you'll be getting an application in the mail in late May. If you're new or have moved, mail or fax your name and address to the Great Ride at the Council office or e-mail the information to 73467.3201@compuserve.com. An application will also appear in the June and July newsletters.

Volunteers are Needed!

With the expected increase in the number of riders and an additional rest stop, we will be needing new volunteers in addition to those who have helped us in previous Great Rides. Volunteers are especially needed in three categories - registration, course marshals, and rest stops.

Registration workers are needed before and after the ride to data entry and on the morning of the ride to help register the riders.

Course marshals will be out on the course to give directions to the riders and to be our eyes and ears as the ride progresses. We need seven zone captains to be in charge of each part of the course and to coordinate the corner marshals in their zone. We need to have a minimum of 40 marshals to cover the course well, but more would be better. While the complete ride will take up a good part of the day, individual marshals will only be needed for part of that time, one to four hours, depending on the location. (If you bring a friend, the time will go more quickly.)

And of course, we need people at each of the rest stops to hand out food and to help with setup and cleanup.

Please bring your friends and help make the 1995 Great Ride another success! Call, write, fax or e-mail Larry Laude at the AYH office to volunteer or for more information.

HIKING / BACKPACKING

Saturday May 6 Steve Nydes 661-9357
Intermediate 10 mile hike, location yet to be decided. Call for information and a reservation.

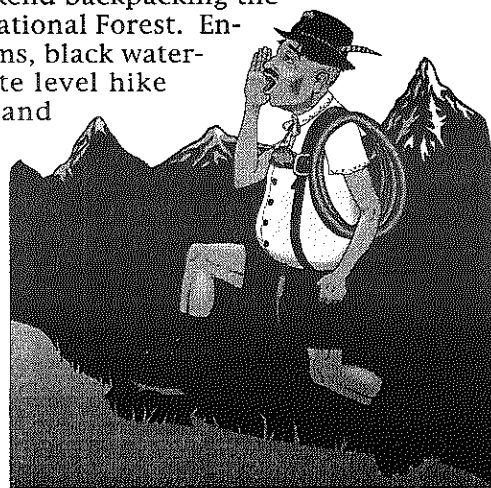
Sunday May 7 Jim Ritchie 828-0210
Trail maintenance hike on the Baker Trail near Crooked Creek Lake. A new strip mine operation requires us to "move" the trail down Horney Camp Run to the lakeshore and then back up along a dirt road. Mostly covering old blazes and putting up new blazes. We'll do as much as we can in the area before coming home. Dinner at Pitzer's Crooked Creek Inn, if the group is interested. Call Jim for more information and a reservation.

Sunday May 7 Veronique Schreurs 422-0358
Short 4-5 mile hike in Duff Park in Murrysville. Intermediate level of difficulty due to hills. The wildflowers are beautiful at this time of the year. Meet at Mellon Park at 1 p.m. or at Duff Park at 1:30 p.m. Call for information and a reservation.

Fri eve- Mon May 26-29 Glen Oster 364-2864
Enjoy the long Memorial day weekend backpacking the Allegheny trail in Monongahela National Forest. Enjoy distant views, mountain streams, black waterfalls. This will be an intermediate level hike covering 25 miles with climbs and descents. Call for information and a reservation.

Sunday June 4
Maynard Hansen
751-7615

Advanced hike next to the Upper Yough river near Friendship, MD, 8 miles and back: 16 miles total following an old railroad bed. Meet at Wendy's at Southland shopping center at 8:30 a.m. Call for information and a reservation.



CANOEING

The AYH Canoeing Program offers a variety of paddling for a wide range of skill levels and interests. Western Pennsylvania offers canoeing on whitewaters of the mountains, to flowing rivers of the valleys, to lakes nestled in the rolling hills. The region abounds with canoeing opportunities suited to almost every taste. Most recreational canoeing in Western Pennsylvania is on moving-water rivers ranging from narrow creeks that are canoeable only after heavy rains to major rivers with year-round flow. They cover the complete spectrum from still through swift, from pristine through industrial, and from easy through difficult.

This program emphasizes open-canoeing paddling. Trips start in May. We use solo and tandem canoes having different designs and characteristics so paddlers can gain experience using equipment rented at a reasonable fee. Basic instruction on Wednesday evenings, weekend day trips on flat and whitewater, whitewater I & II schools, solo school, camping, river trips and exploring marshes are scheduled with the leader who qualifies you for their trip. Basic instruction is a pre requisite for whitewater paddling so be sure and take the class.

May 2, 9, 16, 23 Tuesday evenings. Basic Canoe School.
Frank Bruns and Kathy Lynch. Program is designed to teach the basic strokes and serve as an introduction to river canoeing. Meet at 6:00 pm at headquarters. For reservations call Frank at 561-8679.

May 6 Saturday The Buffalo or Little Beaver Creek
Depending on conditions. Janet Supowitz and Brian McBane, call Janet at 247-4016.

May 7 Sunday Class II trip.
Garrett to Rockwood "Spring icebreaker". Call Paul Bronder at 882-9255.

May 13 Saturday Moving water canoe school.
Call Gordon Bugby at 371-4233.

May 14 Sunday Class 0 trip
Conneaut Outlet Marsh flatwater nature trip. Joyce Appel and Paul Henry. Call Joyce at 526-5407.

May 20 Saturday Moving water canoe school.
Call Paul Bronder at 882-9255.

May 27-29 Sat-Mon Memorial Day weekend.
Class I Canoe Camping trip on the Allegheny River. Call for details. Walt Rinehart 486-5127.

June 2-4 Fri.-Sun. Class I Canoe Camping on the West Branch
of the Susquehanna (if there's enough water), always fun around the campfire. Joyce Appel and Paul Henry. Call Joyce at 526-5407.

June 10 Saturday Class I trip.
Janet Sez: "Sign up for your schools and trips now to prepare for the mid-summer, Mid-Yough, mid-day pot-luck coming in July." Call Jim Porcelli at 271-4776

August 11-20 Algonquin Park, Ontario Canada.
Paddle, portage and wilderness camping trip. Visit some of North America's last pristine wilderness. Expect to see moose, otters, beavers, loons and possibly bear and wolves. Expect not to see airplanes, radios or pollution. Possibly a sightseeing day around the part before and after the canoeing part of the trip. Loading of AYH canoes will be done Thurs. evening at headquarters, but remember AYH canoes are heavy! Joyce Appel and Paul Henry, call Joyce for reservations and further details at 526-5407.

MID-WEEK RAMBLES

May 3 Wild flower walk in the Raccoon Creek Wild-flower Reserve, near Raccoon Creek State Park Leaders: Judy and Jim Hurst

May 10 Walk the Squirrel Hill Railroad, ending up in Oakland at the home of Cliff and Marilyn Ham. Please bring a bag lunch; drinks will be supplied. Slides of a trip to Israel with Walter and Peg Patton.

May 17 Walk in Coraopolis with a local group there. Lunch provided.

May 24 Emerging nature in South Park.

May 31 Check out a new addition to Dark Hollow Woods (or Settlers Woods) in Oakmont. Plum Creek.

NOTE FOR ALL TRIPS: Meet in the upper parking lot, Fifth and Shady Avenues by 10 A.M. We will carpool to save energy and enjoy each other's company.

Trips are normally three to four miles in length, at a leisurely pace. Trips are subject to change due to weather, the leader, or the choice of the group. We will walk in all conditions of weather, so be prepared.

From time to time, usually on the second Wednesday, we will schedule lunch at a restaurant, or a brown bag lunch. These are optional.

Call Cliff or Marilyn Ham for more information about a trip, or to let them know you are planning to walk with the group at 687-4520, but not after ten o'clock at night. Note: during March and April call the AYH office during its business hours: 422-2282.

PSA's

ATTENTION!!! TRAILCARE WEEKEND CROOKED CREEK PARK

AYH & KEYSTONE TRAILS
ASSOCIATION To rehabilitate
the 10 miles of the Baker
Trail on the shores of
Crooked Creek Lake
JULY 14, 15, 16
(Fri., Sat., Sun.)

KTA has dedicated this weekend to work on the Baker Trail, blazing, cutting, clearing, and cleaning. There will be volunteers from AYH and KTA who will come from all over the State of Pennsylvania to work on the Trail. All volunteers will stay at the Crooked Creek Group campground, high on a bluff overlooking the lake, at no charge. During the day, crews of volunteers will be dispatched to different parts of the trail for maintenance work; at night there will be campfires, weenie-roasting, song-singing, tale-telling and other fun things at the campground. Join other hiking folk from all over the state to work on maintaining our hiking trails, in this case our very own Baker Trail. Mary Pitzer, a member of both AYH and KTA, is the KTA project leader. Jim Ritchie, also of AYH and KTA, will coordinate AYH participation.

If you would like to volunteer, call Jim Ritchie, (412) 828-0210, or send email to JLR@VMS.CIS.PITT.EDU. Check-in will be anytime on Friday or Saturday. Come when you can. Work one day and spend the rest of your time in Crooked Creek Park: sandy beach, boat launch: suitable for canoeing, sea kayaking, and sailing. Hiking trails, Visitor Center, fishing.

New York's Cross-State Canoe/Kayak Event Back for '95

After a year's absence, the New York Cross-State, one of the most popular paddling events of the summer will be back on the 1995 schedule. The New York Cross-State is a regional week long race that is part of the Finlandia Clean Water Challenge, the world's longest endurance kayak race from Chicago to New York City.

The Cross-State is an eight-day paddling odyssey which kicks off on July 25 and finishes August 1, 1995. The race covers 200 miles across the historic Erie Canal from Tonawanda, NY to Amsterdam, NY.

Participants in the eight-day canal crossing can opt for the challenge of head-to-head competition or set a more leisurely pace. Serious racers will also be able to test their times against the world-class athletes competing in the Chicago to New York Finlandia Challenge. Anyway you want to paddle, the scenery of the upstate New York course and the special events planned by canal-side towns along the route guarantee an exceptional week.

The dates for the Cross-State are July 25 to August 1. Entry categories will be offered for recreational, USCA and ICF canoe and kayak classes. An entry fee of \$300 includes basic land support services and lodging. More information can be obtained by writing: Finlandia Cross-State, American Canoe Association, 7432 Alban Station Blvd., Suite B-226, Springfield VA 22150. Phone 703-451-0141.

NOTE: NOT AN AYH EVENT!

Yough -n-Roll; June 4, 1995

Run by the Mon/Yough Trail Council, the Yough -n- Roll is in its second year. This event is an organized "fun" ride that includes completed sections of the Yough River Trail (YRT for short) and some lightly travel nearby roads. Riders have a choice of 15 or 30 mile rides. The 15 miler is a flat ride primarily on the YRT. The 30 is more difficult as it includes few hills. This is a well-run even which includes rest stops (one for the 15 and three for the 30) and SAG wagons for assistance should you need it. The surface of the YRT is crushed limestone that is fine for just about any bike. Registration is \$14 by May 19, \$16 thereafter. A MYTC/Yough-n-Roll T-shirt is included in the price.

WHERE: The ride begins and ends at the Boston Volunteer Fire Hall (Near where PA Route 48 crosses the Youghiogheny River). From Monroeville, follow Rt 48 South. Turn left onto Smithfield street at the traffic light on the South side of the bridge. The fire hall is 0.3 miles on the left. From Pgh, follow PA Route 51 south to PA Route 48. Follow 48 north to the Boston bridge. Make a right onto Smithfield before crossing the bridge.

TIME: Registration starts at 8 a.m. The 30 miler starts between 8 a.m. and 9 a.m., the 15 miler starts between 9 and 10 a.m.

OTHER REQUIREMENTS: All riders are required to wear a helmet at all times while riding the route. Riders under the age of 18 must have an adult (parent or guardian) sign the consent form. Anyone under the age of 16 must be accompanied by an adult. **WHO TO CONTACT FOR REGISTRATION:** Look for registration forms in local bike shops or at AYH headquarters, or contact Mon/Yough Trail Council, Yough-n-Roll, P.O. Box 14, McKeesport, PA 15135

NOTE: NOT AN AYH EVENT!

Birds of Prey



Earl Schriver, famous "Bird man of Baden," will present a lively program on raptors at Frick Environmental Center, 2005 Beechwood Blvd., Squirrel Hill, on Friday, May 5, from 7 until 9 p.m. A golden eagle, a great horned owl, and a peregrine falcon are only some of the birds that will accompany him for this event. Earl has been rehabilitating injured birds for over twenty years and travels throughout the country presenting wildlife programs. We are pleased to have him share his expertise with us.

* Please note: this program is designed for ages 12 and up.

The fee for the program is \$3.00. Registration is required; space is limited. Call 422-6538 for more information or to register.

VOLUNTEERS NEEDED

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

*Southwestern Autumn Breeze Bicycle tour; Bill Eberle, 833-9732

*The Great Ride, Bicycle tour; Larry Laude, 665-9554

*Weekend bicycling trip leaders; Wm Eberle, 833-9732

*The Mon Valley Century bicycle tour; Chuck Ejzak, 466-6196

*MS-150 Bicycle tour; Bill Eberle, 833-9732

*Hostel development and fund-raising; Marianne Kasica, 665-9554

*Ohiopyle hostel support and work parties; Jacky Eberle, 833-9732

*Travel and Hostel Editor for the newsletter, Larry Laude, 665-9554

*Office help answering phones and assisting hostellers; Larry Laude, 422-2282

*Leading Pittsburgh Council trips; Wm Eberle, 833-9732

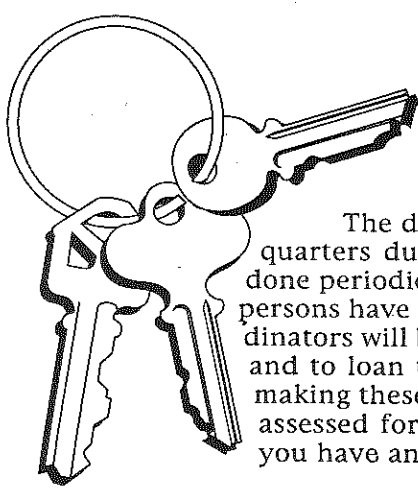
*Scouting trails for the next Hiking Guide Joe Hoechner, 422-2282

*Slide shows at the Thursday Open House; office, 422-2282

*Trail Maintenance, Baker Trail and Rachel Carson Trail; Jim Ritchie, 828-0210

*HQ Maintenance, minor routine maintenance on a regular basis. 1-2 people are also needed to coordinate the work, track of volunteer time and to report on HQ to the board and to identify any problems or required major repairs. If you can help as little as one hour a month, please call Larry Laude at 665-9554.

New Keys for Headquarters



The door locks will be changed at Headquarters during the week of May 1st. This is done periodically to make sure only authorized persons have keys to the building. Activity coordinators will be getting new keys for themselves and to loan to trip leaders. Due to the cost of making these special keys, a \$10 charge will be assessed for lost keys. Contact Larry Laude if you have any questions.

APPALACHIAN TRAIL BACKPACKING TRIP

Want to tackle a rugged section of the AT? You can, by joining Glenn Oster this summer. He's planning to backpack south from Monson, Maine 178 miles into northern New Hampshire. In order to minimize the difficulty of the climbs, descents and rocky terrain, the average daily distance will be kept to eight miles.

The time frame for the entire trip is July 21 through August 21. However, if you can arrange for your own transportation, there are fourteen different trail segments you can select ranging from four days to twenty-three days' duration and distances as short as thirty-three miles.

The hike will cross the impressive Mahoosuc Range with its superb scenery. Bring your camera.

Call Glenn for information and reservations (412) 364-2864.

Contact the AYH
Art Department,
at 833-9732 to
find out how we
can get your ad
noticed and
into the hands
of 3,500 out-
door sports en-
thusiasts and
hostellers.

REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 5604 Solway St., Pittsburgh PA 15217

SEA-KAYAKING

May opens our in-season paddling schedule. Now that the air and water are warmer, our kayaking trips become easier, safer, and more enjoyable for beginners. The AYH owns a fleet of sea-kayaks and camping gear to furnish to our members on our trips, or you may bring your own. All of the trips are designed to be fun both for new and experienced paddlers, and for the trip leaders. Some trips are planned around especially good scenery or to explore interesting regions, others provide more physically or technically challenging conditions. The trip leader will discuss the particulars of each trip with you prior to signing you up.

Our Introductory evening trips are the best way to try sea-kayaking. You'll become familiar with the kayaks and never have to worry about being too slow or left behind (we don't go anywhere on these trips). Once you can easily control a sea-kayak (usually one to three evenings), you will have no trouble joining us for many of our easier full-day trips.

Intermediate-level trips may include longer distances, open water or more challenging conditions, or additional skills such as kayak camping or navigation. Like all things - the more you put into something, the more you're likely to get back out of it, and many of our most interesting trips fall into this category. This summer, we have a series of trips to the South Shore of Lake Erie. We'll visit both industrial and recreational regions, so you'll see both freighters and wineries, and the trips will gradually increase in technical ability, but will stay fun and relaxing. Also, we'll take advantage of the Lake's moderating effect on the local climate - in the summer, it is always cooler near the water. This series of trips will culminate with a three-day sea-kayak tour across Lake Erie in August, camping on American and Canadian Islands as we paddle across. Looking ahead, in early autumn we'll begin a new series of trips (beginning on Labor Day weekend) to the Chesapeake Bay and Maryland's Eastern Shore. Then we'll end the paddling season watching the leaves change at places like the Kinzua reservoir in the Allegheny National Forest. But by then, we'll have a Winter Paddling Retreat planned for Florida.

If you want more information about sea-kayaking and our trips, check the trip announcements following the meetings, or better yet, sign up for one of the monthly dinners. You'll have a chance to meet many other paddlers, plan new trips, and try a new, unusual local restaurant each month. Hope to see you there, Mark Mistrik; Chairperson, Sea-kayaking program.



Catching a wave at the beach. Sea-kayaking's Annual Memorial Day Weekend Trip to Assateague National Seashore

Friday Evening May 12th thru Sunday Evening May 14th, 1995

Chesapeake Bay Sea-Kayaking Symposium in Elk Neck, Md. This is an intensive weekend of class instruction, workshops, and demos, and a boat beach where you can try out almost every commercially available kayak on the market. Partially Sponsored by the Trade Association of Sea-Kayaking (TASK), this event is not organized by the AYH. This is a must-attend event whether you are considering buying a sea-kayak or want to learn more about the various aspects of the sport from teams of professionals. Call for leaving times and directions...Mark Mistrik 344-8665

Tuesday Evening May 16th, 1995

Introduction to Sea-Kayaking evening trip to North Park or Glade Run Lake. Fun and easy trip is a good way to get acquainted with the sea-kayak. Basic instruction, an overview of the sport, and actual paddling on the lake will be covered. These trips are a prerequisite for most other trips for anyone who has never been in a sea-kayak, and recommended if you haven't been in one lately. Reservations are required. MEETS: 6:00 pm at the AYH in Shadyside. Mark Mistrik 344-8665

Wednesday Evening May 17th, 1995

Monthly Activities Dinner. Each month, we select an interesting and affordable restaurant, then eat and talk. Conversation includes the whole range of outdoor-related activities, and a preview of new sea-kayaking trips. Everyone welcome. Call for the restaurant name and directions. 6:15 pm at the restaurant Mark Mistrik 344-8665

Friday Evening May 26th thru Monday Evening May 29th, 1995

Memorial Day weekend trip to Assateague Island National Seashore in Maryland and Virginia. Three days of exploring pristine beaches and saltwater marshes, surfing kayaks on the ocean, and camping right on the seashore. Trip includes dinner at Hooper's famous crabhouse, and an obligatory visit to Ocean City, Maryland, to walk it all off. Dolphins, sea-turtles, and countless species of birds have been seen on this trip (we do this every year) and the whole island is overrun by a herd of fat wild ponies. Trip has been organized to include both beginner and more advanced paddlers, but at least one or two previous trips are required. Call for more information and early registration is essential in order to obtain camping space.

Wednesday Evening May 31st, 1995

Intro to Sea-Kayaking. Easy evening trip to learn sea-kayaking, paddle on a lake, or improve your skills. Please call for reservations. MEETS: 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665

Sunday June 4th, 1995

Sea-kayaking daytrip to Raccoon State Park. Bring a picnic lunch to carry in the kayak. This trip is suitable for beginners - you can paddle at your own pace, take a creek hike, or relax on the beach. Call to reserve a kayak. MEETS: 9:00 AM at the AYH in Shadyside. Vickie Gotaskie 344-4929

Friday Evening June 9th thru Saturday June 10th, 1995

Our first Summer Sea-Kayaking Night-trip to Crooked Creek Lake. This is our sleep-deprivation special. We'll meet Friday evening after work, load kayaks and set up tents on a field next to the lake. After that you can kayak, float, swim, eat or just sit by- the campfire and enjoy the evening. Night paddling is a favorite of many sea-kayakers. Wildlife is much more abundant and the lake and surrounding countryside become almost surrealistic. Wake up to a morning brunch and paddle before returning home. A bright flashlight is required for this trip. Call early to reserve a camping space and sea-kayak. MEETS: 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665

Tuesday Evening June 13th, 1995

Intro to Sea-Kayaking. Easy evening trip is a good way to learn sea-kayaking, relax on a quiet lake, or improve your skills. A Full moon is featured this evening, which should make for a very scenic paddle. MEETS: 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665

Tuesday Evening June 20th, 1995

Monthly Activities Dinner. Outdoor-related conversations and new sea-kayaking trips. Everyone welcome. Please call to let us know you're coming. MEETS: 6:15 PM at the restaurant. Mark Mistrik 344-8665

Friday Evening June 23rd thru Sunday Evening June 25th, 1995

Weekend sea-kayaking roadtrip to Sandusky, Ohio. Paddle along the most scenic stretches of the Lake Erie coastline and visit the islands offshore. This area has been described as "a bit of New England tucked away in the mid-west". Trip includes car-camping, two days of sea-kayak touring, sightseeing, and eating. Early reservations are required in order to reserve a camping space. Call for more information and to reserve a kayak. MEETS: 5:30 - 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665

Wednesday Evening June 28th 1995

Intro to Sea-Kayaking. Easy evening trip is a good way to learn sea-kayaking, relax on a quiet lake, or improve your skills. Call to reserve a kayak. MEETS: 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665

Friday Evening June 30th thru Tuesday Evening July 4th, 1995

Sea-kayaking and hiking trip to the Georgian Bay, Lake Huron, Canada. Paddle over deep green clear water along sculpted limestone cliffs, hike a long the beautiful Bruce Peninsula trail, and (if the weather permits) camp on Flowerpot Island. This is one of our favorite places - we visited here in 1993 and can't wait to return. Call for more information and to reserve. MEETS: 6 pm Friday evening at the AYH in Shadyside. Mark Mistrik 344-8665

Trips continued, see Sea-kayaking, page 11

Travel Section

HOSTEL ACROSS AMERICA

Want a great way to spend your summer? Travel across the U.S.! Start planning your low cost, high adventure trip across the United States with a Hostelling International-American Youth Hostel membership, ideas for transportation, and a book called Let's Go USA.

Whether you choose to see America by bicycle, canoe, or car, an HI-AYH membership (only \$25 for adults 18-54) will provide you with the way to see America on a budget. There are over 170 hostels in the U.S. Accommodations range from teepees in Taos, New Mexico and a lighthouse in Pescadero California to a mansion in Pine Grove Furnace State Park here in Pennsylvania and a former Coast Guard lifesaving station on the beach in Nantucket. At any hostel, an overnight stay will only cost you between \$7 - \$22.

Hostels are inexpensive lodgings for travelers on a budget. They are typically dormitory-style sleeping accommodations with separate areas for men and women and include a common room and kitchen in which hostellers can prepare their own meals. In many of the hostels, family rooms and private rooms are available for people traveling together. Hostels, unlike conventional hotels, are more socially oriented so you'll find plenty of opportunities to meet adventurous travelers like yourself. Although some hostels do not require an HI-AYH membership, most American hostels do. As a member you receive discounted rates at all hostels. Ask the hostel about member discounts at local businesses and attractions.

Okay, so you're intrigued by the idea of staying in hostels as you travel the States this summer, but you're caught up on the idea of transportation. Perhaps a car is not at your disposal. Many travelers call drive-away companies that need cars transported to their intended destination. The only expense is gasoline. Take a look in the telephone book or Let's Go USA.

Perhaps you'd like to leave the driving to someone else. Why not take a train or bus? Amtrak and Greyhound offer special passes for travelers who want to go cross country or only part of the way. Call Amtrak at 1-800-872-7245 and Greyhound at 1-800-231-2222 for more information or consult Let's Go USA.

Why not bicycle, canoe, or hike part of the way? HI-AYH has an exciting group program called Discovery Tours, for the U.S. as well as Europe. Trips in the U.S. are as near Cape Cod and as far away as Alaska and range from \$450 to \$2,550.

If there is any worry in the back of your mind on whether or not your abilities match the tours, AYH has rated each trip according to level of skill as well as age categories.

Has anything so far piqued your interest? A good place to begin planning your trip is the AYH Travel Center at the Wightman School Community Building at 5604 Solway Street in Pittsburgh. Come in, get your AYH membership, and receive your guidebook to hostelling in North America as well as the catalogue of Discovery Tours.

Have a great summer!

(Based on an article by Tanya Grosse appearing in the Eastern New England Council newsletter.)

Travelers' Resource Guide

Call the Pittsburgh Council today for a free copy of the "Travelers' Resource Guide, listing travel merchandise available at the Council Travel Store, as well as hints on planning your itinerary, making reservations, and packing for the trip. Call 412-422-2282.

A Reminder: The best things in life are Free!

Since April, 1994, Hostelling North America has been distributed at hostels free of charge to all hostellers to promote hostel usage among people who are in an active travel mode.

EUROBUS OR EURAIL?

Eurobus, a one-pass motorcoach network operation that links nine European countries, is now available to the general public. The Eurobus pass previously was offered only to US travelers in connection with European airlines.

Eurobus operates in Austria, Belgium, the Czech Republic, France, Germany, Holland, Hungary, Italy, and Switzerland but is limited to a set route linking 19 major cities, with selected hostels and budget hotels serving as drop-off and pick-up points. The coaches are said to be air-conditioned, with toilets, telephones, and a library of travel guides and games.

The Eurobus pass is intended to be a low cost alternative to the EurailPass. For example, the Eurobus plan offers two months of unlimited travel for \$325 (\$250 for those 26 and under), as compared to \$578 for a youth pass for one month of unlimited travel by Eurail. A three-month pass costs \$400 and \$325, respectively.

Depending on your itinerary, this may be less expensive than using a Eurail pass. But in many cases, the speed, flexibility, and greater coverage of rail passes will be worth the extra money.

For more information, call 1-800-517-7778 or stop by at the Pittsburgh Council Travel Store.

Travel Time, from cover

Do these words of the adventurer turn your thoughts to travel? Traveling is the best thing a human being can do. It is the key to understanding the world.

Begin with some arm chair traveling. Browse through travel books. The Insight Guides provide in-depth information on specific countries. Other good reads are Rick Steeves' Europe Through The Back Door and Harvard Student Agencies' Let's Go series. Lonely Planet publishes another excellent set of travel books. They specialize in more remote regions like Africa, Asia, the Americas, and the Pacific but have recently added a great line of European guidebooks and phrase books. National Geographic and other travel magazines will add to your knowledge. Check libraries, consulates and tourist offices for more information..

Transportation

Set your budget, research how to make maximum use of your dollars, and then decide where you want to go. Plan when to travel and how long your trip will be. Look for a low international air fare. However, be sure to buy your tickets from a reliable source.

Next, plan how to get around once you arrive. Bus, bicycle, car, or train all require planning. If you are traveling by train, buy a Eurailpass or EuroPass for travel in Europe or a BritRail Pass for travel in Great Britain. The BritFrance pass is a good option for those traveling just to Britain and France. There are over twenty different rail passes. At the Pittsburgh Council Travel Center, we issue many single country passes, most BritRail passes and the full line of Eurailpasses while you wait. We can order other passes for you in a few days.

If you are travelling outside of Europe, the local bus system may be more convenient and extensive than train service, though generally slower and less comfortable. Keep an open mind. Some of the best spots are off the beaten track and not serviced by rail.

You will be able to rent bicycles at local bike shops abroad, as well as at train stations and hostels - particularly in Europe. However, you will probably get a three speed bicycle. If you plan to do extensive bicycling, we suggest that you give serious thought to bringing your own bicycle. A boxed bike counts as part of your luggage on international flights.

Passports & Visas

You can obtain or renew a passport at US Passport Agencies located in major cities or through your local post office. Call to check it out. If you are going to stay in a country for an extended period of time, you might need to get a visa. Some countries require entry visas. Call the country's local consulate.

Before you leave, check with the Department of State for current "travel advisories."

By the way, how much luggage are you taking? We suggest you travel light. Use a convertible backpack: one that you can switch from hand luggage to a backpack with an internal frame, a handle and a shoulder strap. Some styles have a day pack which zips on to the train pack.

Accommodations

Do you know where you are going to stay when you arrive? The best place to stay is at a Hostelling International hostel. Hostels provide low cost lodging and great opportunities to meet people from all over the entire world. Hostels are clean, safe, drug free environments. In Europe, many large hostels also serve inexpensive meals. Most hostels also have a hostellers' kitchen where you can prepare a meal from items you purchased at the local market - an adventure in itself!

Happy Travelling!

The Europass

The Europass is an alternative to the Eurail pass and the Eurail Flexipass. If you will be traveling only within Germany, Italy, Switzerland, France, and Spain, the Europass may work for you. Choose between 5 and 15 days within 2 months for three to five countries. You may also extend the geographic reach of the pass even further by adding one or more of the "associate" countries (Portugal, Austria, and Belgium/Luxembourg) for a small fee per country. Prices start at \$210, if you're traveling with another person, and at \$280, if you're traveling alone. Call the Pittsburgh Council Travel Store for a copy of the Traveler's Resource Guide.

Going to London?

The Council Travel Store has BritRail passes and flexipasses and London Travel Cards in stock. The BritRail pass works the same as Eurail passes except of course they're only for Britain. Also, Eurail passes aren't valid in Britain. The flexipass offers greater flexibility and options than ever before. For example, a roundtrip ticket from Bath to London costs about \$184 in economy. For only \$155, a four day BritRail Flexipass buys you any four days of rail travel over a 15 day vacation. Remember, they're not available in Great Britain, so buy them before you go. Here's a partial list of what's available. Proceeds help support Pittsburgh Council's hostel projects.

| First Class | Youth | Adult | Senior |
|---------------------|-------|-------|--------|
| 4 days in 8 | n/a | \$249 | \$229 |
| 8 days in 15 | n/a | \$389 | \$365 |
| 15 days in 1 month | n/a | \$620 | \$580 |
| Economy | Youth | Adult | Senior |
| 4 days in 8 | \$155 | \$189 | \$169 |
| 8 days in 15 | \$219 | \$269 | \$245 |
| 15 days in 1 month | n/a | \$395 | \$355 |
| 15 days in 2 months | \$309 | n/a | n/a |

Istanbul: Treasure of Turkey

by Ruth Mentz

Constantinople, or Istanbul as it is now called, has always intrigued me — all those minaret topped mosques reaching into the sky. It is the only city spanning two continents. The old city is on the southeastern tip of Europe, while across the Bosphorus Straits the new suburbs, in Asia. It is a fascinating city to visit.

The Church of Hagia Sophia was ordered built by Justinian in 537. However, the dome collapsed in twenty years, so the dome was made higher and narrower and it has lasted ever since. It was the main church at the time. None of the mosaics from Justinian's time remain because they were destroyed by the iconoclasts (729- 843). Shortly after the conquest, the Turks added minarets and they were used as mosques. In 1934, President Ataturk had the Hagia Sophia converted into a museum.

The Blue Mosque (because of the blue-green tiles that line it) was constructed as a counterpart to Hagia Sophia, and it is the only mosque with six minarets. Legend has it that before Sultan Ahmet the 1st left for Mecca, he instructed his architect to build golden minarets for the mosque. However, the master found it too expensive, so he used the unison of the words "gold" -altin and six - alti and built six stone minarets instead. You may visit the Mosque anytime, except for the five prayer times each day.

The Topkapi Palace is another fine place to visit. It was built by Mehmet II in 1459. It was the official residence of the sultans until Sultan Abdulmecit 1st moved to the new palace, Dolmabahce. The Topkapi Palace is like a museum; the kitchen displays Japanese and Chinese porcelain. The treasury has very precious and unique pieces of jewelry which belonged to various Sultans, among them is the world famous dagger from the movie "Topkapi." The golden grip is studded with three large emeralds, one of which is the largest in the world. The "Spoonmaker's" diamond is 86 carats and the seventh largest in the world.

Other places to visit are the Suleymaniye Mosque, Dolmabahce Palace and Beylerbeyi Palace. The underground Palace is the cistern, grandest and most impressive one of its kind. It's delightful to go down on a hot afternoon and feel the cool of the cistern. It was built in the 6th century. A "must see" is a trip to the Covered Bazaar which was first built in 1461. It now holds nearly 5,000 stores in a great labyrinth of small streets and passages.

The International Youth Hostel is right beside Sophia and in the middle of all the things you want to see. Double rooms are only \$5.50 or \$6.50 for a quad. There is a lovely patio to enjoy refreshments, with a view of the City. Light meals are available from the grill. Van tours from the Hostel are \$12 and travel through the Asian part of Istanbul. We had dinner there, then up to the hill for a full view of the City. Finally, a boat trip on the Bosphorus Straits, past the Palaces and back to the Hostel by 1:00. The magnificent nightlife is unforgettable.

[Ruth has been a member of the Bluebonnet Council of AYH since 1986 and has traveled in more than 80 countries!]

BLOWOUT T-Shirt Sale!!!

T-shirts 94 MVC T-Shirt \$6, 94 SABRE T-Shirt \$6, 93 MVC T-Shirt \$3; The Pittsburgh Council "I'd Rather Be Hiking... etc." T-Shirt is also available in vibrant yellow or coral and also in purple and heather gray for a special price of \$7 each. Add \$2 postage for one T-Shirt or \$3 for two or more T-Shirts

Also, water bottles from 93 MVC and 94 SABRE — \$2 including postage. Remember, all T-Shirt sales help support Pittsburgh Council projects, including the new Pittsburgh hostel!

GIFT MEMBERSHIPS AVAILABLE!

Buy a gift membership for that student travelling to Europe for the holidays or for the spring semester abroad. Don't forget to include an international hostel directory, a Let's Go book and perhaps a Eurail or BritRail pass. See the back page for details or call the office for suggestions.

Discovery Tours

If you're dreaming of your summer vacation, but perhaps have limited funds, check out Hostelling International's 1995 Discovery Tours.

How about cycling the pristine Scotland Hebrides' Islands? Hiking in Alaska and exploring the last American frontier? Roaming through the historical sights of Israel? It's all possible, available, and best of all, affordable! Discovery Tours are an inexpensive way to see the world. Tours range from \$450 for a 10 day cycling trip in New York's Finger Lakes to a \$960 for a 15 day hiking trip in western Ireland.

Don't let this summer pass you by without seeing the world.

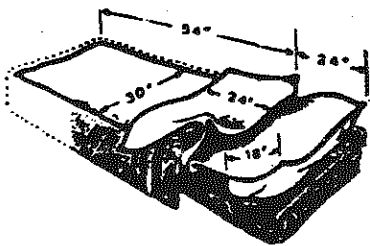
For your free copy of the Discovery Tours catalog write to us at Pittsburgh AYH / 5604 Solway St Room 202 / Pittsburgh PA 15217 or call 412-422-2282 today!

AYH Sheet Sleeping Sac.... DON'T LEAVE HOME WITHOUT ONE!



Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). The cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



Travel Tips

- To receive the free 60-page Planning Your Trip to Europe guide, call 800-816-7532. If you are going abroad for the first time and need a passport application, they can include one.
- Diabetic travelers can receive a copy of Management of Diabetes During Intercontinental Travel by sending a self-addressed stamped envelope to Diabetic Traveler, PO Box 8223-Rw, Stamford, CT 06905.
- The British Tourist Authority is an unbeatable source of information for anyone visiting Great Britain. Among the specialty brochures they offer are "Your Guide to Britain's Gardens" and "Britain for Walkers." Call 800-462-2748 weekdays for these and other free guides.
- "AT&T Trip Tips" offers information on telephone services for travelers. Call (908)221-5550 for a copy.
- If you've decided you want to fly as a courier, get information from the International Association of Air Travel Couriers, International Features, 8 South J Street, PO Box 1349, Lake Worth FL 33460; 407-582-8320. You can join IAATC for \$35, which includes bimonthly bulletins listing available courier flights, daily last minute updates by fax or computer, and The Shoestring Traveler newsletter.
- Walkabout is a bimonthly newsletter promoting travel as a learning experience, with articles and advice on adventure, budget travel and cultural tourism. Send \$2 for a sample copy to PO Box 5143-R, Portsmouth NH 03802-5143.
- Interested in cycling through Ireland? The Irish Tourist Board can provide you with a road map and a cycling map that has 23 suggested routes. Contact them at 345 Park Avenue, 17th floor, New York, NY 10154-0180; 212-418-0800.

INTERNET RESOURCES FOR THE TRAVELER

The U.S. Department of State Travel Warnings and Consular Information Sheets are now available on the Internet. Connect to the World Wide Web at URL "http://www.stolaf.edu/network/travel-advisories.html" or via gopher at "gopher.stolaf.edu". You can also subscribe to the advisories mailing list by sending a message containing the word "subscribe" to "travel-advisories-request@stolaf.edu". Travel Warnings are issued when the State Department decides that conditions warrant a recommendation that Americans avoid travel to a certain country. Consular Information Sheets are available on every country in the world and include such information as the location of the U.S. embassy or consulate, unusual immigration practices, health conditions, minor political disturbances, unusual currency and entry regulations, crime and security information and drug penalties. This service is provided through St. Olaf College in Northfield, Minnesota.

Chicago Summer Hostel to Open June 10, 1995

Hostelling International-American Youth Hostels will open the Chicago Summer Hostel at the Columbia College Residence Hall on June 10, 1995 - in time for another great summer in the "Windy City". After a very successful Summer of '94, HI-AYH has decided to expand the Chicago Summer Hostel to accommodate more travelers.

The hostel is located in Chicago's South Loop section with easy access to the lake front, Chicago's world-class museums, the Sears Tower, and Chicago's famous Michigan Avenue.

Visitors are sure to enjoy summer in Chicago with the scores of food and music festivals that take place every weekend in Grant Park. The Park and other attractions such as the Art Institute, the Field Museum of Natural History and the city's renowned architecture which draw visitors from around the world, are all within walking distance of the hostel.

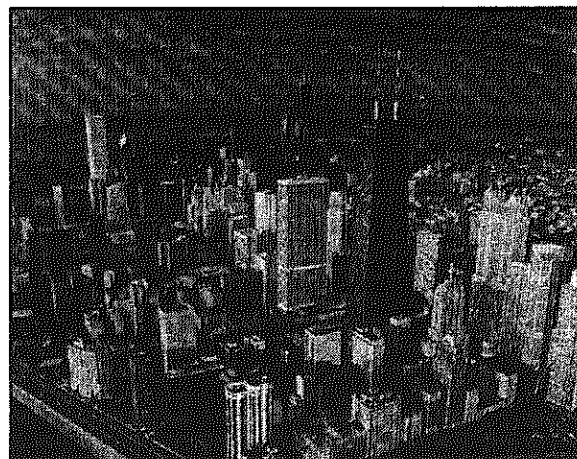
The newly renovated hostel's sleeping rooms with 2-4 beds per room, have their own bathroom facilities and are air conditioned. Private rooms are also available. The hostel has secure 24-hour access and will be open through September 5th.

The overnight fee is just \$14 plus tax for Hostelling International members. Non-members pay an additional \$3 guest member fee.

HI-Chicago Summer Hostel also offers great amenities, including a game room, workout room, lounge/common room, self-service kitchen, baggage storage, and laundry facilities. Hostellers will also enjoy interpretive programs including sailboat rides on Lake Michigan, walking tours, movie nights, and evening outings.

For more information and/or reservations, contact:

Hostelling International-Chicago Summer Hostel
731 South Plymouth Court
Chicago IL 60605 USA
Phone: 312-327-5350 Fax: 312-327-4287



Chicago's skyline from Lake Michigan

STATE ENACTS BIKE HELMET LAW FOR YOUTH

In late December, outgoing Governor Robert P. Casey signed legislation which now requires all children under age 12 to wear an approved bicycle helmet while riding a pedal cycle, whether as the operator or as a passenger.

The law, known as Act 170, took effect February 25, 1995.

Pennsylvania's Bicycle Helmet Law requires pedal cycle under age 12 to wear an ANSI or Snell approved bicycle helmet while on a pedal cycle.

The Pennsylvania Vehicle Code defines a pedal cycle as a "vehicle solely propelled by human-powered pedals." This definition includes bicycles, tricycles, "big wheels", or other pedal powered vehicles.

A fine, not to exceed \$25.00, is the penalty for a violation of the law. A parent or legal guardian will share liability with the child for the amount of the fine imposed. Violation of the law will be dismissed if the person provides proof of acquisition of an ANSI or Snell approved helmet.

More information on the law, as well as bicycle helmet educational materials, can be obtained from PennDOT's Bureau of Highway Safety and Traffic Engineering office at 717-787-6853.

Bicycle Safety Facts

- Currently, bike helmet usage is low nationwide; probably less than 5%.
- Bike helmets are 85% to 88% effective in preventing head and brain injuries.
- Nationally in 1993, 814 bicyclist were killed in crashes with motor vehicles and approximately 65,000 were injured. Young children (ages 0-15) accounted for 310 of these fatalities.
- Between 70% and 80% of fatal bike crashes involve head injuries.

Facts provided by U.S. DOT.

TOP 5 Ways to Save Money While Traveling

5. Ship yourself in a crate marked "Livestock." Remember to poke holes in the crate.
4. Board a train dressed as Elvis and sneer and say "The King rides for free."
3. Ask if you can walk through the Channel Tunnel.
2. Board the plane dressed as an airline pilot, nod to the flight attendants, and hide in the rest room until the plane lands.
1. Bring a balloon to the airline ticket counter, kneel, breathe in the helium, and ask for the kiddie fare.

But if you're serious about saving money while you're traveling abroad, just get an ISIC--the International Student Identity Card. Discounts for students on international airfares, hotels and motels, car rentals, international phone calls, financial services, and more.



The International Student Identity Card

HI-AYH Pittsburgh Council
5604 Solway St.
Squirrel Hill, PA 15217

Bear Run Nature Reserve Seeks Trail Volunteers

Suffering from cabin fever? The Bear Run Nature Reserve offers a dose of fresh air in exchange for help with spring clean up of its trails and camp-sites. adjacent to Fallingwater and available year-round to the public, the 4800 acre reserve lies along the west slope of Laurel Ridge and offers spectacular views of the Youghiogheny River Gorge. The reserve contains over 20 miles of hiking trails amid lush rhododendron and sparkling mountain streams. Volunteers are needed to remove overgrown vegetation, downed branches, and litter from trails. School, scouting, and community groups, along with individuals, are encouraged to participate. By assisting with conservation efforts at Bear Run, volunteers join the Western Pennsylvania Conservancy in preserving the beauty of Fallingwater for future generations. Please contact Mark Tomlinson at (412) 329-8501 for more information.

ADOPT THE BAKER TRAIL CONTINUES NINE VOLUNTEERS IN MARCH

The Baker Trail has nine new volunteers who have come aboard during the month of March. John Speck, a minister from Armstrong County, will be looking over parts of the Trail adjacent to Crooked Creek Lake and perhaps the Crooked Creek Shelter and the Cochran's Mill Shelter. Mary Duff, originally of Atwood, PA, called to volunteer the services of her son and his wife, David and Tamara, who live in Atwood, to take care of the Atwood Shelter and the trail leading up to and away from it.

Kirk Slater, who did so much chain saw work on the piece north of Milton, along Mahoning Creek Reservoir, has officially adopted that piece. Al Mader, of Sewickly, wants to adopt a part of the Baker Trail in the vicinity of the Allegheny National Forest, perhaps the piece that joins the North Country Trail in that area. Patty Scheuering, whose father (Bud Edlis) was one of the original builders of the Baker Trail, in the late 1940's, wants to continue in that tradition: Pat will participate in some of our group activities (see Hike listings) and will adopt a section on her own at a later time.

Michael Ruane has also volunteered to participate in our group weekend trail maintenance activities this year. Vince Roof, of Plum, has volunteered for the group activities; Vince has a special interest in the route between the Cochran's Mill Shelter and Cherry Run near Brick Church in Armstrong County.

ADOPT THE TRAIL

If you are interested in becoming a part of a Western Pennsylvania trail building and trail maintaining tradition, you can start by volunteering your services to adopt a 2 or 3 mile portion of the Baker Trail. We especially need volunteers in Armstrong, Jefferson and Clarion Counties.

Your obligation is only to hike the Trail two times this year: the first time, you take a can of yellow paint and put fresh paint on the yellow blazes; the second time, just take a garbage bag and pick up any trash on the trail—not usually very much. At the same time, if you observe any major problems on the trail, a clearcut or a blowdown, just call me, Jim Ritchie, at (412) 828-0210 and let me know. I will put the required maintenance on our maintenance schedule and organize a work party to go out and take care of the problem.

The following sections of the Baker Trail are featured for adoption this month. Call Jim Ritchie, (412) 828-0210 to find out more about the program.

Section 11: McWilliams This section of the Trail, located in Armstrong County, starts at the Mahoning Creek Dam, runs north along the Creek and ends in Redbank Township. Mostly following dirt roads, there are two short sections of off-road trail; easy to maintain.

Section 12: North Freedom This section follows dirt roads through hilly, picturesque farm country; the route includes Mt. Tabor, North Freedom, and Langville. The North Freedom Shelter site, a beautiful spot on a bluff overlooking bubbling Little Sandy Creek in Armstrong and Jefferson Counties, is along the route.

Section 13: Heathville This section includes a major portion of the off-road part of the Baker Trail in extreme Southwestern Jefferson County. Runs from Langville, past the Zion Cemetery, over Red Run and Tarkiln Run in Beaver Township and ends in Heathville upon reaching Red Bank Creek. Requires an energetic volunteer.

Section 14: Summerville The Summerville section starts out along a thick grove of Rhododendron along Red Bank Creek and shortly follows rural dirt roads for several miles through Summerville to Harlan and ends at the Summerville Shelter. Deserted dirt roads above and along Red Bank Creek are the highlight. Eat dinner at the Country Kitchen in Summerville after a hard day's work.

Section 15: Corsica The Corsica section lies entirely on rural dirt roads and passes through the town of Corsica on I-80. Sparsely populated, easy to maintain: only blazing is required here. This is located in Jefferson County.

ADOPT AN APPALACHIAN TRAIL SHELTER ON THE BAKER TRAIL

Adopt your own shelter; just visit the shelter twice a year, stay overnight if you wish, clean up the area, whack down the weeds around the shelter and call me to let me know all is well. Sometimes repairs are needed: if you can do it—great!!! If not, give me a call and we'll put it on the list. Shelters available today include the following. Call Jim Ritchie (412) 828-0210 for more details.

Milo Weaver Shelter: This one is easy; the Weavers take care of it; all you need to do is drive out there once a year, say hello, and ask if there is anything that needs to be done. Located on the edge of a farm pond along the tree line in front of a woodlot; a couple of miles north of Keystone Reservoir in Armstrong County.

Jantz Shelter: Another easy one; Mr. Jantz watches over this one. Again, all you do is stop by once a year, say hello to Mr. Jantz, and offer to do anything that might need some attention. Located in Armstrong County just north of the Mahoning Creek Dam.

North Freedom Shelter Site: Piece of cake!! Actually, not much of this shelter is left, but it is a great place to camp overnight. Here is one we'd like to get a volunteer to rebuild, but most likely nearby, not at the same exact location. Your primary job is to stop by and pick up any trash that may have been left here; near North Freedom in Jefferson County.

Summerville Shelter: This is the last of the shelters to be built on the Baker Trail, in 1972. Near Summerville in Jefferson County, this one is in excellent condition, has a working outhouse, and a freshwater spring 50 yards away. Turn out the lights on a summer evening and you'll see a lot of wildlife here!

Sea-Kayak for SALE

The Sea Kayaking Program would like to sell one of its club-owned sea-kayaks. Two choices are available. We have a Red Hydra Sea-Runner with fore and aft deck rigging, rear bulkhead and hatch, and new foot-braces. This is a very stable, high cargo-capacity Sea-Kayak well-suited for carrying more gear or larger paddlers. The other boat is a yellow Aquaterra Chinook. This remains the world's most popular sea-kayak model blending easy characteristics with very

handling and efficiency good stability. Both kayaks are rotomolded plastic, fully sea-worthy as-is and available on any trip for a test paddle. A two year state registration license will be included. Minimum bid for either Kayak is \$250.00. We also have used Werner San Juan Paddles Available (call for condition and price). Mark Mistrik 344-8665.

Sea-Kayaking, trips continued from page 7

Friday Evening July 7th, 1995

Monthly Activities Dinner. Outdoor-related conversations and new sea-kayaking trips. Everyone welcome. Please call to let us know you're coming. MEETS: 6:15 PM at the restaurant. Mark Mistrik 344-8665

Friday July 14th thru ?

Sea-kayaking and sightseeing trip to DownEast Maine. Explore islands and Maine's rugged coastline by sea-kayak, hike on Acadia National Park's Carriage Trails, visit quaint villages, and enjoy New England's finest seafood and Lobster bakes. Call for more information and to reserve. MEETS: To Be Announced. Mark Mistrik 344-8665

Tuesday Evening July 25th, 1995

Intro to Sea-kayaking. Easy evening trip is a good way to learn sea-kayaking, relax on a quiet lake, or improve your skills. Call to reserve a kayak. MEETS: 6:00 PM at the AYH in shadyside. Mark Mistrik 344-8665

Friday Evening July 28th thru Sunday evening July 30th, 1995

Sea-kayaking weekend trip to the South Shore of Lake Erie at Vermilion, Ohio. Paddle through the town's canals — a sort of Venice in Ohio, and along the open Lake. Visit Milan, Ohio, birthplace of Thomas Edison. Call for more information and to reserve. MEETS: 6:00 PM Friday Evening at the AYH in shadyside. Mark Mistrik 344-8665

Wednesday Evening August 16th, 1995

Monthly Activities Dinner. Outdoor-related conversation and new sea-kayaking trips. Everyone welcome. Please call to let us know you're coming. MEETS: 6:15 PM at the restaurant. Mark Mistrik 344-8665

Thursday Evening August 17th

thru Sunday Evening August 20th., 1995

Paddle Across Lake Erie (PALE). Here it is - Your chance to cross Lake Erie in a sea-kayak! Three day paddles with camping on islands overnight and returning via the International Ferry. Intermediate-level paddlers only, but you have the whole summer to prepare. MEETS: Thursday Evening or Friday Morning at the AYH in Shadyside. Mark Mistrik 344-8665.

Friday Evening September 1st

thru Monday Evening September 4th, 1995.

Close out summer with a trip to Maryland's Eastern Shore. We'll be staying in Crisfield, Maryland - the Bluecrab capital of the world, and combining both Chesapeake Bay and Atlantic Ocean paddling. Enjoy both the natural beauty and unique culture of this area. Call for more information and to reserve. MEETS: 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665

ROCK CLIMBING

May 7, Sunday

Beginner Trip

Coopers Rocks, W Va
Meets 730am at HQ
Eric Bauer; 687-0766

May 20, Saturday

Beginner Trip

Coopers Rocks, W Va
Meets 730am at HQ
Eric Bauer; 687-0766

NOTES: Beginner trips are geared towards teaching basic rock climbing skills to people that have never climbed before. All you need to bring are tennis shoes and lunch. AYH supplies all climbing equipment. Space is limited so please call trip leader for reservations and additional information.



SEA-KAYAKING THE APOSTLE ISLANDS

by Vickie Gotaskie

The Apostle Islands are a group of twenty islands in Lake Superior, off the coast of Wisconsin's Bayfield peninsula. The islands closest to the mainland are crowded with boaters, campers and day trippers, but for anyone who wants to get away from it all, the distant islands are perfect. Camping is limited on these islands, so solitude is guaranteed. There were times when we did not see another person, and the island was truly "ours"

We started the trip paddling from Sand Bay to Sand Island. There we encountered our first sea caves, that were carved into the sandstone cliffs of the island. After exploring the caves, we paddled to the northern tip of the island to see the Sand Island lighthouse. That evening, we set up camp on a sandy beach and enjoyed the dark starry skies, watching for shooting stars.

The next day, we paddled to Raspberry Island, one of the smaller islands, which also had a lighthouse we could visit. The wind had picked up that morning, so kayaking was a bit of a challenge. By the time we reached Raspberry, we were more than ready to stop for a rest, lunch, and a short hike before paddling on to our next campsite on Bear Island. Once again, on Bear, we had a campsite all to ourselves - a long stretch of quiet beach, where the only sound we heard was the lapping of the waves onshore. Despite its name, we found no bears there. We found out later that they are much more numerous on the heavily visited islands.

The next morning, we started off bright and early for Devil's Island. We had been warned that it could be treacherous going to the island in kayaks. Lake Superior is subject to sudden storms and heavy winds. But luck was with us. The day was warm and sunny, and the lake calm. Devil's Island is truly the gem of the Apostles. The caves at Devil's far surpassed the sea caves on Sand Island, making Devil's Island my very favorite. Large red sandstone cliffs contrasted beautifully with the emerald green water. At times, the sun illuminated the caves' waters, giving them an unearthly green glow. The cliffs are carved out into delicate arches, intricate pillars, large rooms, and a maze of passageways, making them fun to explore. Some chambers had thunder holes, and the sound echoed throughout the caves. Other rooms filled with a rush of water, giving us a lift and fall ride. In other areas, waves created sprays of water, giving unsuspecting paddlers a thorough washing. Most fun of all was entering a passageway and discovering if it would come to a dead end or connect with another cave. Thank goodness we had flashlights. We spent the day playing in the caves, stopping only to sun ourselves on top of the cliffs, and have lunch. After setting up camp that evening, we hiked to the northern tip of the island to visit the lighthouse. There we met a charming woman, who volunteers each summer to look after the lighthouse, give tours to visitors, and fill us in on the history of the island. The view from the top of the lighthouse was spectacular.

I hated to leave the island, but there were more places to explore. Our next stop was Rocky Island, which lived up to its name. The rocky shores were a rock lover's paradise. I loaded my kayak to full capacity with lots of treasures, wishing I had room for more. From Rocky, we paddled to Otter Island, our next campsite. Through wildlife was plentiful, we never did see an otter, and wondered how the island got its name.

CLASSIFIED

All trips and products listed here are private and are **not sponsored or endorsed** by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

For SALE: 92' Geo Metro. Automatic. 2-door hatchback. Radio and tape cassette. 15,000 miles. great condition. Terrific gas mileage. \$5,375 or best offer. Call Vickie. 344-4929.

FOR SALE: Queen size waterbed with waveless mattress, six drawers in bedframe, heater. \$200 or BO. Barbara 371-2506

FOR SALE: Stereo components - Dual turntable, Sony STR-VX250 receiver, EV speakers. \$150 or BO. Barbara 371-2506

FOR SALE: 2 Dolfino professional silicone dive masks; low volume, fog-free, double edge. Used once and in original box. (older snorkles free) \$35 Eileen 531-9610

I will be traveling to Vancouver & Alaska in May of 95 and was interested in sharing cruise costs to Alaska Inside Passage and rooming in Vancouver. Anyone interested in Travel for Approx. 21/2 weeks please contact: Jan Herczak at 921-35656 and leave a message.

For Sale: Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

For Sale: 60" metal desk, 55" wood roll top desk, steno chair Peg Cline @ 372,1782

For Sale: 16 ft Canoe - Blue Hole style hull, ABS, with Bugby style gunwales and seats. \$300.00. Call Linda or Jim Roberts - daytime at 268-6731, Nights until 9:00 at 244-8332.

For Sale: 19' Albacore Sailboat with trailer. Main sail and jib in excellent shape (recently reconditioned and still in original box). A fun boat!! \$800.00 Call Helena at 784-0299 or Paul Egbert at Wind & Water 586-2080.

For Sale: Exercise Machine, Rower/xc Skier. Like new. \$80.00 Firm. Call 341-4204. Leave message.

For Sale: Roof top Bicycle Rack - Holds two bikes. Must have Roof gutters. Like new. \$35.00. Call 341-4204. Leave message

Classified: For Rent, 1st floor apartment - off Braddock Ave. - "Park Place" - 5 rooms. Classic & Convenient. \$395.00 + Elec. Call Ronda at 751-4314. (will consider sharing)

DISTRIBUTING AYH BROCHURES

We are looking for places to distribute hostelling brochures, primarily brochures describing hostelling and how to purchase a Hostelling International membership, but also some specific hostel brochures. If you have some suggestions on where we can display brochures for potential hostellers - such as colleges, travel agencies and travel bookstores, please call the office at 412-422-2282. We will be happy to deliver them.

Editor, The Golden Triangle
6300 5th Ave
Pittsburgh, PA 15232

The Pittsburgh Council Travel Store is open Mon. and Fri. from 9 to 4 and Wed. from 10 to 6. Hours are subject to change, so it's a good idea to call the office at 412-422-2282 before coming in. We're in Room 202 of the Wightman School Building at 5604 Solway Street in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, rail passes, and books are available.