



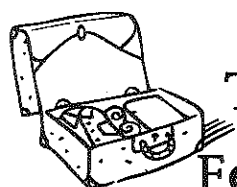
GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 46, NUMBER 5

JULY 1996



Travel Features

Wilderness Lodge Bicycle Touring Weekend. This weekend we'll be bicycle touring through the relatively flat roads around Wilderness Lodge in Erie County. Meals and lodging all included in one price; see page 8 for details. All kinds of bikes are invited! -relaxed country touring only- racers need not apply.

The Council store is always a great place to start before any trip. Check out the back cover for all the latest guides and passes, and for an even larger selection of travel merchandise stop by the store.

HI-Pgh on the information super highway, point your browser to;
<http://info.pitt.edu/~marianne/ayhpg.html> for the latest on activities, slide shows & local hostelling.



INSIDE

Activity Chairs; Page 2
Sailing; Page 4
Trail Maintenance; Page 5
Footnotes / Rambles; Page 5
Rock-climbing; Page 8
Trail News; Page 9
Bicycling / Hiking; Page 9
Canoeing; Page 10
Classified; Page 11
Council Travel and Book Store;
Back Cover

.....And MORE!!!

Mon Valley Century Bicycle Tour

The eleventh Mon Valley Century Bike Tour is scheduled to begin at 6:30am on Sunday August 25, 1996. Once again, about 1000 cyclists will start in Elizabeth, PA from the dance studio, and tour the mid Mon Valley through Allegheny, Washington, Westmoreland and Fayette Counties. You can find Elizabeth along the Monongahela River, approximately 15 miles SE of Pittsburgh at the southern tip of Allegheny County. Follow Route 51 South about 5 miles south of Century III Mall, cross the river then take the first exit on the right into the town. Turn right at the traffic light and about 3 blocks ahead on the left will be the dance studio. Parking will be available here, under the Route 51 bridge, at metered street spaces (free on Sundays) and at the southern end of town.

The routes are the same as they have been for the past 2 or 3 years. You will have a choice of 100 miles, 70 miles, 50 miles or 30 miles. Large sections of each ride follow the Monongahela River. The scenery varies from industrial towns to spectacular views of the river and wooded hillsides. The 100 and 70 mile routes are composed of equal portions of hilly, rolling, and flat terrain. The most challenging climb occurs just out of Brownsville and is nearly two miles long. (The other hills are gentler). The 50 and 30 mile rides are flat to gently rolling and are well suited for intermediate and beginner riders. All routes will also be marked with arrows on the pavement where practical.

A lunch stop is included for all riders at a local park along the river. Watch the barges and the speed boats as you refuel for the rest of the ride. Those doing 70 miles receive one additional snack stop in the morning, and Century riders receive 2 snacks in addition to lunch.

A support vehicle (sag) will pick up those who can't finish due to bike problems or fatigue. You and your bike are expected to be in good shape before the ride starts. If this is to be your longest ride of the season, training beforehand is critical!! Carry a spare tube even if you can't change a flat, someone behind you probably can, and waiting for official help may take a while. Better yet, learn how to do it yourself, and then you can be the good samaritan and help out someone else.

The cost of the MVC is \$11 postmarked by August 5, 1996: \$15 thereafter and the day of the ride. T-shirts are not included in the basic price, but will be only an additional \$8. Only riders who prepay for a t-shirt with their registration by August 5 will be guaranteed to receive an MVC shirt. There will be a limited number of shirts for sale on the ride day (mostly L and XL).

Volunteers are always needed for an event this size, so if you or a family member can't ride, please consider helping out. The most people are needed in the morning with registration and parking, and the various rest stops.

For more information call the AYH Office at 412-422-2282 or Lynn & Chuck Ejzak 412-653-3257 (note: this is a different number than the past 10 years).

As always, the Pittsburgh Council AYH requires all cyclists to wear an approved bicycle helmet for this event. Look for helmets approved by ANSI Z.90 or Snell B90 standards.

Proceeds from the MVC benefit the Pittsburgh Hostel Fund and will be used to help open the International Youth Hostel in Pittsburgh. The Hostel in the Allentown section of Pittsburgh is preparing for construction and the opening day, so give generously.

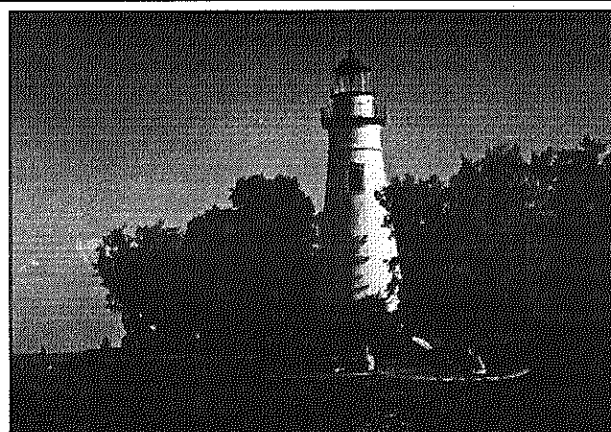
NOTICE

Please note, that the Golden Triangle has changed its frequency of publication. the new schedule is as follows.

Number 1 issue ->
February / March
Number 2 issue -> April
Number 3 issue -> May
Number 4 issue -> June
Number 5 issue -> July
Number 6 issue -> Aug.
Number 7 issue -> Sept.
Number 8 issue -> Oct.
Number 9 issue -> Nov.
Number 10 issue ->
Dec. / January

Deadlines for submission will remain as always the first Thursday of the month preceding the month of the publication. (i.e., the first Thursday in January for the combined Feb/Mar issue.). Please consult page two of the "GT" for the actual dates of upcoming deadlines or call the office at (412) 422-2282.

Editor...



Marblehead Lighthouse, Lake Erie.
1995 Sea-kayaking tour.

Photo courtesy of Oscar Mayer

More on Page 6

AMERICAN YOUTH HOSTELS

PITTSBURGH COUNCIL
5604 SOLWAY STREET
PITTSBURGH, PA 15217

Dated material --please deliver promptly
Address correction requested

PASS# - 1910

LIFE

JOEL PLATT
1632 DENNISTON AVE
PITTSBURGH

PA 15217-1458

NON-PROFIT
US POSTAGE
PAID
PERMIT #127
PITTSBURGH, PA

HOSTELLING



Pittsburgh Council, American Youth Hostels, Inc.
Serving Western Pennsylvania & West Virginia Panhandle
Since 1948. Incorporated 1955

The Golden Triangle is published monthly by the Pittsburgh Council of Hostelling International, American Youth Hostels. Contents are at the discretion of the editor. All Material within is Copyrighted by Pittsburgh Council, American Youth Hostels, Inc.
All Rights Reserved

Triangle Staff

Managing Editor ... **Wm. Eberle**
(412-574-2025)

Copy Editor ... **VACANT**
Mailing Labels ... **Roy Weil**
Production ... **Don Hoecker**
Advertising ... **Wm. Eberle**

Council Officers

President ... **Marianne Kasica**
(412-665-9554)

Vice President ... **Maribeth Hook**
Secretary ... **Larry Laude**
Treasurer ... **Roy Weil**

BOARD OF DIRECTORS

Lou Conley (98)
Wm. Eberle (97)
Joe Hoechner (97)
Maribeth Hook (98)
Marianne Kasica (98)
Larry Laude (98)
Terri Lorince (95)
VACANT (96)
Marc Reisman (97)
Roy Weil (96)
Ray Yutzy (96)
Bob Zavos (97)

Office Staff
(412-422-2282)
Lisa Dugas

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

MATERIAL...

All material to be published, should be sent to the address below. It Can be submitted on Disk in either IBM or Mactintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217
Office: (412) 422-2282

PITTSBURGH COUNCIL
ACTIVITY CHAIRS

Chairman of the Activities Committee
VACANT ###-####
Canoeing
Paul Henry 962-1511
Cross Country Skiing
Steve Tubbs 279-4866
Cycling
Wm Eberle 574-2025
Chuck Ejzak 466-6196
Family Activities
Barbara Hanusa 441-7205
Hiking / Backpacking
Veronique Schreurs 422-0358
VACANT ###-####
Kayaking
VACANT ###-####
Ray Yutzy 341-5682
Midweek Rambles
Marilyn Ham 687-4520
Rafting
John Orndorff 741-2021
Rock Climbing
Woj 322-4524
Vernon Miller 935-3434
Sailing
Joel Hough 727-2807
Bob Zavos 241-0659
Sea Kayaking
Mark Mistrik 344-8665
Alpine Skiing Coordinator
Wm Eberle 574-2025
Trail Systems
Glenn Oster 364-2864
Jim Ritchie 828-0210
Headquarters Programs
Luc Berger 683-3131
VACANT ###-####
Storekeeper
Wm Eberle 574-2025

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for future issues of the **GOLDEN TRIANGLE**

August
All copy, July 4
Binding/Mailing, July 25

September
All copy, Aug 1
Binding/Mailing, Aug 29

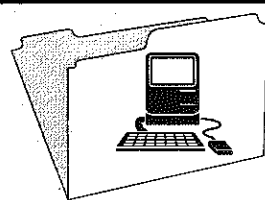
If your work is on computer,
Please contact Bill Eberle
@ 921-1932 or
76202.3051@Compuserve.com

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), {Formerly named International Youth Hostel Federation (IYHF)}, which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Submissions Policy:
Golden Triangle

Classified Adds:

- Classified adds are free to Current members of HI International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be:
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed
- Before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline: Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue. (See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- "Lack of planning on your part, does not constitute an emergency on my part"

July Slide Shows

July 4: Independence Day; no show.
July 11: Esther Allen, "Dolly Sods". Esther encounters rocks, blossoms, birds and snakes in this West Virginia wilderness.
July 18: Barry Adams, "Paddling The Grand Canyon". Includes side hikes.
July 25: Chuck Tague, "Migrating Song Birds Of Western Pennsylvania".
August 1: John Kish of Fly Pittsburgh Kite Club will show the video "Ice Flying With Kites". Also, kites and other equipment.
August 8: Walter Vaux, "Scotland". See Iona Island and Loch Ness, ascend Ben Nevis.

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 683 3131.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel
RD #1(1 mile west on Route 30)
Schellsburgh, PA 15559
(814) 733-4212



President's corner...

The President's Corner is back after several months of writer's block and lots of time spent working on the Pittsburgh Hostel. We had several critical issues to resolve but they are mostly done and we are ready to go. We have selected Lew Waller to be the General Contractor for the renovation and are working on the details of the contract. We hope to be under construction in July of 1996 to get the outside of the building completed while the weather is still good. The interior will be worked on when the snow flies and we should be open next spring.

Although we have raised the money needed for construction, we will continue to fundraise for the furnishings for the inside of the hostel and also to build up an operating reserve. We need an operating reserve to see us through the first few lean years when we have to be fully operational but have not developed the market. (This is "developmentese" for: we have to pay the bills but the hostellers haven't figured out that we're here yet.) We think that we will be up to speed in three to five years. Amy Silverman, from our National Office, believes that the Pittsburgh Hostel will do eight to ten thousand overnights per year. We are keeping our numbers a little more conservative than Amy, -plan for the worst and hope for the best.

We are currently seeking board members to help the council oversee the hostel. If you have skills in business management or accounting (even if you just have an interest in seeing the Pittsburgh Hostel succeed!), please consider a volunteering a few hours a month on our board. We are also seeking board members to guide the activities side of the council. Call me for more information.

Marianne Kasica, President

AYH Sheet Sleeping Sack.... DON'T LEAVE HOME WITHOUT ONE!



Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). The cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



THE GREAT RIDE JULY 14th

Hosted by Pittsburgh Citiparks with assistance from AYH, the Great Ride attracts 2,000 cyclists. Rides are planned of 25 and 35 miles with food stops and T-Shirts available. A 5 mile downhill on the I-279 HOV lane is being planned.

MON VALLEY CENTURY AUGUST 25th

The MVC starts south of Pittsburgh in Elizabeth. There will be rides of 35; 65, and 100 miles! A map, rest stops, and a full lunch will be included, and you will be able to purchase commemorative T-Shirts.

SABRE OCTOBER 6th

When autumn breezes blow in southwestern Pennsylvania, join us at Settlers Cabin Park west of Pittsburgh. SABRE has cool fall cycling with rides of 15, 35, and 65 miles followed by a hot lunch.

To receive applications as soon as they are available, send the following information to AYH / 5604 Solway St / Pittsburgh PA 15217, or FAX to 412-422-2509, or e-mail to lll@telerama.lm.com:

Name: _____

Address: _____

City/State/Zip: _____

I have ridden in previous rides: ☐ Yes ☐ No

Riders from previous rides will receive applications automatically, BUT please let us know if your address has changed!

GREAT RIDE VOLUNTEERS GETTING READY! JULY 14TH, 1996

Pittsburgh Council will be supporting the 1996 Great Ride once again! Our part will be to provide volunteers for registration, for course marshals, and for the rest stops. Please help AYH support 2,000 cyclists explore Pittsburgh neighborhoods and help support development of the Pittsburgh Hostel at the same time! The Great Ride will start and finish in Pittsburgh's Strip District and will visit the North Side, South Side, the East End, and of course downtown Pittsburgh.

Registration: Help register riders on the day of the Great Ride and to hand out registration packets and T-Shirts to pre-registered riders. A smaller number of volunteers will also be needed Thursday July 11th for early registration.

Course Marshals: Help direct riders on the course at strategic corners and provide communications with Ride Coordinators. Especially easy if you live along the course. A smaller number of coordinators for the various parts of the course will be also be needed. Depending on your location, you may also be able to ride the course.

Rest Stops: Help with handing out food and drinks at the three major rest stops or help with cleanup at the end. These are good locations for groups to volunteer.

All volunteers will receive a 1996 Great Ride T-Shirt.

Please Help! If you bring a friend, it will be even easier and more fun! Call Pittsburgh AYH at 412-422-2282 and leave your name and telephone number, or e-mail lll@telerama.lm.com.

Office staff

Part time office help needed. The Pittsburgh Council office needs a part time staff person to work 10-15 hours per week during the day. Duties are to open mail, sell books and memberships, answer the phone and fill reports. Hours are somewhat flexible. Call Larry or Marianne for more information or leave a message at the office.

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your donation today.

Yes, I would like to make a donation of support for a Hostel in Pittsburgh in the amount of:

- ___ \$2500
- ___ \$1000
- ___ \$500
- ___ \$250
- ___ \$100
- ___ \$50
- ___ Other: \$ _____



Name _____

Address _____

Telephone _____

Mail your Donation to:
AYH

Pittsburgh Hostel Fund
5604 Solway St.; Pittsburgh, PA 15217
412-422-2282

SAILING

The AYH owns Flying Juniors, Sunfish, and an International 470. Several members also use their own sailboats. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park near Butler, Pa. All trips require previous sailing experience unless otherwise stated. This generally means a minimum of a Red Cross certified Basic Sailing Class or equivalent. Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required on all trips. Individuals with their own sailboats are encouraged to join our program

Help Needed

We could use a small motor boat to help with our on the water sailing classes. If you might have one please call Bob Zavos at 241-0659.

We also need someone in the insurance business who could help us obtain liability insurance for two AYH sailboat trailers.

July 6, 20, 21 Lake Arthur

Bob Zavos 241-0659

DAY SAILING. Take a day sail in a Sunfish or Flying Junior or try racing in the Moraine Sailing Club's Races in our Olympic Class International 470. Prerequisite: Basic Sailing Class or demonstrate equivalent skills. Please try to call at least several days in advance.

August 31- September 2 Lake Chautauqua, NY

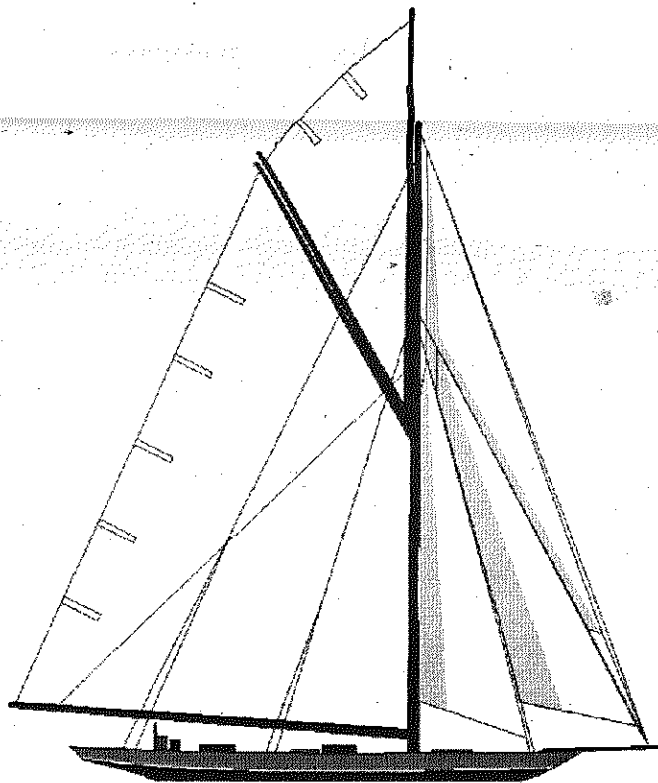
Marilyn Marrari 441-6764

WEEKEND TRIP. Join us for our annual trip to the historic Chautauqua Institute. We will stay two nights in a small cottage on the Institute and enjoy sailing and many other activities.

Fees: Day sail fee at Lake Arthur is \$14 AYH members, \$16 non-members). Racing in the International 470 is open to members only and the fee is \$20. Day sails start at the Watts Bay area at 10AM.

CHEESAPEAKE BAY CRUISING

If you might be interested in a weekend (or longer) cruise on a larger sailboat on the Chesapeake Bay this summer please call Bob or Sara Zavos at 241-0659

**RAFTING**

Rafting trips require participants to help in transporting the gear from the hostel to the river and back, pumping up and deflating the rafts, drying out the equipment, and providing for its proper storage in the hostel. All rafters will be required to wear rafting helmets and approved life vests while on the river. The hostel owns two 6-person rafts and two 4-person rafts, paddles, life jackets, and a limited number of helmets. All rafters are expected to bring lunch and beverage in waterproof and breakproof containers, a change of dry clothes (especially a pair of river shoes with thick soles), sun tan lotion, and wool jacket/sweater for cold wet days where hypothermia would be a concern. Also, rafters will be expected to pay a rental fee, a river shuttle fee, and share transportation expenses to and from the river. Would-be trippers should call the trip leaders to get specific details on the trip they wish to join.

July 13, Saturday, Lower Yough
Leader: Doug Bruce (562-6571).

July 20, Saturday, Lower Yough
Leader: John Orndorff (741-2021).

CANOEING

July 3 or 4-7 Wed. or Thu. - Sun.

Joyce Appel 526-5407

Easy flatwater or Class I canoe and camp on the Mohican River in Ohio or the Pine Barrens in New Jersey. We will set up a base camp and do some hiking and sightseeing also. Either trip is well worth the drive. Call for details and reservations.

July 1-7 Thurs.- Sun.

Jon Maiman 441-2306

Class I canoe camping trip. Location will depend on water level. Call for details.

July 6 Sat.

Paul Bronder 882-9255

Class II-III canoe and whitewater kayak trip. Call for details.

July 13 Sat.

Brian McBane 443-8972

Moving water school. Call for details.

July 11; Sun.

Paul Bronder 882-9255

Class II-III canoe and whitewater kayak trip. Call for details.

July 14 Sunday

Roy Weil 681-5131

Poling school. Learn to use a long pole instead of a paddle to guide and propel a canoe. Call for details.

July 19-20 Friday - Saturday

Paul Henry 962-1511

Whitewater canoe camping. Camp on an island near Freeport. The highlight of this easy trip will be a cookout. Call for details.

July 20 Saturday

Steve Tubbs 279-4866

Class I-II canoe and snorkel on the Youghiogheny River with the Sierra Club. Call for details.

July 20 Saturday

Janet Supowitz, 247-4016

Class I-II. The Mid-Yough, Mid-Day, Mid-Summer Pot-Luck. The annual trip features a pot-luck lunch. Call for details.

July 21 Sunday

Brian McBane 443-8972

Class I trip. Call for details.

July 21 Sunday

Paul Bronder 882-9255

Class II-III canoe and whitewater kayak trip. Call for details.

July 27 Saturday

Jon Maiman, 441-2306

Class III trip. Call for details.

July 28 Sunday

Paul Bronder 882-9255

Class II-III canoe and whitewater kayak trip. Call for details.

August 2-11 Friday through the following Sunday

Joyce Appel, 526-5407

Flatwater or up to Class III wilderness canoe camping trip in the Allagash Wilderness of Maine. Portages around the rapids can make the trip less demanding. Call for details

August 3, Saturday

Brian McBane, 443-8972

Moving Water School. Call for details.

August 10, Saturday

Brian McBane, 443-8972

Class I trip. Call for details.

August 30 - September 8, Friday through the following Sunday

Joyce Appel, 526-5407

Flatwater canoe camping trip in the Adirondacks of New York. Portage into some beautiful, remote areas where wildlife abounds. Come for a long weekend, or join us for the whole week. Call for details and reservations.

October 11 - 20, Friday through the following Sunday

Joyce Appel, 526-5407

Class I canoe camping trip on the Buffalo National Scenic River in Arkansas. Paddle between towering, white bluffs during the autumn foliage viewing season. In addition, we hope to hike to overlooks and waterfalls as well as explore some easy caves. Call for details and reservations.

MID-WEEK RAMBLES

"Rambles" are casual Wednesday outings sponsored by the of Hostelling International - American Youth Hostels. Most take place in and around the city of Pittsburgh. The group normally meets at 10 a.m. in the upper parking lot of Mellon Park in Shadyside, off Shady Avenue near the intersection with Fifth Avenue. **Starting May 29th, the group will meet at 9 a.m.**

Trips are normally three to four miles in length, at a leisurely pace. Trips are always subject to change because of weather, conflicts of schedule, and the choice of the group. We do plan to walk in all kinds of weather, so please dress appropriately. From time to time, we will schedule lunch at a restaurant or a brown bag lunch. These are optional. We also try to carpool to save energy and to enjoy each other's company. Please share the expenses of transportation when trips exceed 10 miles; the suggested contribution is \$1 per passenger.

Call the leaders listed below for information about a trip or to inform the leader that you plan to walk with the group (especially when reservations are requested), but please call before 10 o'clock at night.

- | | |
|-----------|--|
| July 3 | No walk. |
| July 10 | Plum Rail-Trail. Bring lunch to eat at Jane's. She will provide drinks. Joan Roof, 795-8345. |
| July 17 | Montour Trail. Don Hoecker, 243-8298. Bring lunch. |
| July 24 | Guyasuta Trail. Fred Mauk, 361-6299. |
| July 31 | Yough Rail-Trail. Long walk (about 5 miles). Lunch at Country Club Tavern. Walter Patton, 672-0213. |
| August 7 | Blueberry picking at Hager Farm followed by lunch at Freeport Park. Joe Levine, 421-9706. |
| August 14 | Powdermill State Park. Bring lunch. John Hartman, 241-5031. |
| August 21 | Indian Lake and Kerber's Dairy. Bring lunch, but save appetite for delicious Kerber's Dairy ice cream. Bring a dime if you want to feed the llamas. Ilse Conley, 461-6566. |
| August 28 | Bushy Run Battlefield. Sid Sclarsky, 421-2692. |

WHITEWATER KAYAKING

Class II +/- Trip
Sunday July 14
Ray Yutzy 341-5682

Easy whitewater trip for paddlers with any previous experience. The "River of the Day" will be selected that morning based on river water levels and on the interests of the paddlers. Call Ray for info or to reserve space and/or a kayak.

Introductory School
July 6&7
Ray Yutzy 341-5682

Beginning instruction on the exciting sport of whitewater kayaking. The weekend class will meet Saturday morning at AYH headquarters in Mellon Park and then carpool with the AYH kayaks to Yough Lake at Confluence for a day of instruction of a nice flat lake. After an overnight stay at the AYH hostel in Ohiopyle, we will spend Sunday learning about boats in currents on the easy whitewater of the "Middle Yough" from Confluence to Ohiopyle. We usually return to Pittsburgh late Sunday evening. Call Ray Yutzy for additional information and to reserve a space in the class.

VOLUNTEERS NEEDED

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

*Southwestern Autumn Breeze Bicycle tour; Bill Eberle, 921-1932

*The Great Ride, Bicycle tour; Larry Laude, 665-9554

*Weekend bicycling trip leaders; Wm Eberle, 921-1932

*The Mon Valley Century bicycle tour; Chuck Ejzak, 466-6196

*MS-150 Bicycle tour; Bill Eberle, 921-1932

*Hostel development and fund-raising; Marianne Kasica, 665-9554

*Ohiopyle hostel support and work parties; Wm Eberle, 574-2025

*Office help answering phones and assisting hostellers;

Larry Laude, 422-2282

*Leading Pittsburgh Council trips; Wm Eberle, 921-1932

*Slide shows at the Thursday Open House; office, 422-2282

*Trail Maintenance, Baker Trail and Rachel Carson Trail;
Jim Ritchie, 828-0210

*HQ Maintenance, minor routine maintenance on a regular basis.. 1-2 people are also needed to coordinate the work, track of volunteer time and to report on HQ to the board and to identify any problems or required major repairs. If you can help as little as one hour a month, please call Ray Yutzy at 341-5682.

HIKING IN A CONSUMER SOCIETY An Appeal for Trail Maintenance

by Jim Ritchie

When I was a kid and went out to play, my friends and I walked about a half mile from my house and went back into "the woods". We would explore winding trails, look for wildlife like snakes, birds, frogs, toads and chipmunks, enjoy the sense of freedom we had, alone, unsupervised, following the promise of adventure, over the hill, around the corner, behind the tree. We played in the same woods (I learned later these were the Berkshire Hills of Massachusetts) year around, in the spring learning to spot and identify wildflowers, in the winter learning how to track animals and each other and how to tolerate cold weather, in the fall watching Mother Nature put her children to bed for the long winter, in the summer wanting to live off the bounty of strawberries, blueberries and other wild edibles.

Today our children are frequently consumed by the ambitions of their adult parents, joining Little League baseball, soccer, Scouts, taking music lessons, church activities, dance lessons, basketball, swimming lessons, and so forth. Mom and Dad keep a calendar for Jr. and Missy, fitting in time to visit a friend here or there for an hour, "I'll drop her off at 3:00 Tuesday and come to get her at 4:30".

Many of us are victims of the "Been there, done that" syndrome, enjoying the things we do only for the novelty and momentary uncertainty of an activity's outcome. Once done, the novelty is gone, the outcome is certain and we seek the thrill of yet another new movie, new book, new restaurant, new song, yes, even a new trail.

There are those of us who never hike the same trail twice; once hiked, we are no longer capable of extracting additional pleasure from trees already seen, stones already turned, birdsongs already heard. The quest is on for yet some other new trail, on which some great adventure may occur, with you at center stage. Many hikers today collect trails like one collects stamps, one possessed, it is packed away, and attention turns to the next unpossessed scrap of paper.

Hikers radiate outward, driving hundreds of miles, consuming untold gallons of petrofuels, in search of the next thrill trail. The pleasure skimmed from each superficial encounter quickly fades, leading to longer and longer drives, even to expenditures for airfare, lodging, meals, and, yes, gear. I almost forgot to mention those of us hikers who love our hiking gear perhaps more than the hiking itself. Acquiring gear engenders hours of careful shopping, through magazines and distributor catalogs, reading consumer tests and ratings of products, doing calculations of "bang per buck", in search of the largest quotient.

We will drive 100 miles in one day, one way, 200 miles round trip, burning 10 gallons of the earth's precious fossil fuels, expending 6 hours of our measured lives, to pursue an experience which, in truth may be pretty much like the one that we might have no more than 25 miles from our happy home. We can play our nearby trails with minimal "gear", and live the experience in all four seasons, the morning, the evening, in mid-day, in the rain, the heat, in snow, slowly, quickly, with our best friends, alone. We can get to know the nooks and crannies, the flowers, trees, birds, wildlife, the weeds even, of our footpath; we can even take the time once in a while, to clean it up, to give its foliage a trim, to pick up trash, to throw a couple of rocks in a soft spot.

Where you say? The answer is in many of our city and county parks, Beechwood Farms, Todd Sanctuary, the gamelands in our neighboring counties, and the many trails of the nearby Laurel Highlands.

The Rachel Carson Trail and the Baker Trail are two other hiking trails, close to home, that can provide the kind of intimate experiences with Nature, the outdoors, ourselves, that in truth we can all appreciate when we slow down enough to do so. We can experience them with a minimum of consumption, meaning we become, through our actions, a "producer" of trails and not simply a "consumer" of trails, demanding that yet more trails be built so we can once again seek yet another superficial encounter. Befriend a trail, close to home. Nurture it. Be its benefactor.

If you are interested in helping your friends in AYH and your community befriend a trail, helping to take care of the trail, call Jim Ritchie at 828-0210, Leo Stember (Rachel Carson Trail) at 681-1385, or Patty Scheuering (Baker Trail) at 325-3224. There are several ways you may make your personal contribution. Talk with your AYH trail representative this month and learn, with the investment of as little as one day a year, how you can become a builder, a maker, of hiking trails.



KENN HOWARD
MASSAGE THERAPIST
412 242 2424

*Great for tired and
sore sailing muscles!*



*Aye, There's the rub.
—Hamlet*

SEA-KAYAKING

By now, most of you have seen this summer's movie "Twister" and would probably consider it more prudent to stay home (under an internal, ground-floor, reinforced door frame) than to go paddling - especially if there's the slightest chance of a shower. So for those of you to whom this applies, I have good news. Your average July weather, in the Eastern United States & Canada, actually brings some of the warmest, calmest, and least stormy conditions of any month of the year. This coupled with long daylight hours and warm water makes July an ideal time to try sea-kayaking.

If you've never been in a touring kayak before, and even if you can't swim (Really!), you can still have a safe and enjoyable evening trying it out with us on Tuesday July 16th. We've been running and fine-tuning these trips for years and believe this is the best most-fun-absolutely-no-stress way to both introduce sea-kayaking to new paddlers and continue to teach more experienced kayakers. The idea is simple: the best way to learn kayaking is by kayaking. So we put you in your own sea-kayak right from the start then offer instruction as needed. Some people spend the evening asking questions and practicing while others are content paddling around the lake, watching us give demos, or just relaxing on the water.

One of the nice problems that sometimes happens on evening intros is that we have to go out and tow-in paddlers reluctant to come in at 9:00 pm. Night paddling is fun! To remedy this, we've got a night-trip starting Friday evening July 19th. The paddling is kept safe & easy, and beginners won't have any problem coming on this trip. We'll meet Friday after work and drive an hour North to a scenic and undeveloped spot on the Allegheny river. We can show you what to bring and help you load some basic camping gear into your kayak. Then we'll paddle to our own island and camp there overnight. After we set up tents, you may paddle, or even go for a swim, for as long as you want. The river's a beautiful place, especially at night, and a kayak is the perfect craft to see it this way. Afterwards, relax by the campfire with us. I'm sure we'll be cooking, eating and talking right up to bedtime. The next morning, after breakfast, we'll paddle upriver to an abandoned distillery and maybe go for a hike or even try some fossil hunting.

Also this month are trips to the warm sandy beaches of the outer banks (July 4-7) and to the Northern Georgian Bay in Canada (July 27-August 4). Ocracoke is definitely one of our favorite places and the trip includes an ocean paddling excursion to an abandoned ghost town on a sinking island. Our Killarney trip will take us through a rugged wilderness of sea and mountains to some of Canada's most spectacular landscapes.

Want to find out more? Sign up for an evening intro or beginner-level daytrip, or come to our monthly paddler's dinner on Wednesday July 17th. Call us so we can get the right number of reservations and we'll tell you where and when.

It's a lot more fun than staying home worrying about the weather ...

Wednesday evening July 3rd

thru Sunday evening July 7th, 1996

Mark Mistrik 344-8665 (h) & 624-3446 (w)

Fourth of July trip to the Outer Banks of North Carolina. Trip includes ocean kayaking, surfing, seashell collecting, snoozing and relaxing in the quaint (but very patriotic) village of Ocracoke. Trip features paddling to Portsmouth - a barrier island ghost town. Call for more information. Early reservations absolutely required to guarantee space during the holiday weekend.

Tuesday evening July 16th, 1996

Mark Mistrik 344-8665 (h) & 624-3446 (w)

Intro to Sea-Kayaking. Evening trip to either North Park or Glade Run Lakes. This is an excellent way to try kayaking, learn new techniques or practice. You can also just relax and explore the lake on your own. Call for more information and to reserve a kayak.

Friday evening July 19th

thru Saturday afternoon July 20th, 1996

Mark Mistrik 344-8665 (h) & 624-3446 (w)

Donley Island Night trip. This is a very pretty island on the Allegheny River, and one of our favorites. It's also the logical next step up from last month's Crooked Creek trip. Here, we'll paddle a short distance Friday evening and arrive at the island by sea-kayak! Afterwards, you may kayak, eat, rest by the campfire or just relax and enjoy the evening. Saturday there's a choice of more kayaking, hiking, and fossil or arrowhead hunting. We'll head home in time for dinner. Call for more information and to reserve.

Friday evening July 26th

thru Sunday evening August 4th, 1996

Mark Mistrik 344-8665 (h) & 624-3446 (w)

Sea-kayaking & Wilderness camping trip to Killarney Provincial Park in Ontario, Canada. This is our pristine wilderness trip this year, paddling into a land of ancient mountains and open sea. The park is located at the northernmost extreme of the Georgian Bay on Lake Huron. A preview book highlighting the park's history and natural features will be available for review at our monthly dinners. Call for more information.

Wednesday evening August 7th, 1996

Mark Mistrik 344-8665 (h) & 624-3446 (w)

Paddler's dinner for August. Each month we pick a new or unusual restaurant to try, then meet for an evening of outdoor-related conversation. Everyone welcome. Please call at least a week in advance so we can make the appropriate reservations at the restaurant.

Friday evening August 9th, 1996

Mark Mistrik 344-8665 (h) & 624-3446 (w)

Intro to Sea-kayaking. Evening trip to either North Park or Glade Run Lakes.

Friday evening July 16th

thru Sunday evening August 18th, 1996

Mark Mistrik 344-8665 (h) & 624-3446 (w)

Lake Erie Weekend at Sandusky, Ohio. Sandusky is Lake Erie's "Vacationland". We'll paddle to, and spend the day at Put-In Bay (South Bass) Island sampling the many attractions there. Saturday evening dinner at Marblehead Lighthouse to watch the sunset - and great swimming if you want. Sunday morning we'll paddle through the historical "firelands" region of the Western Sandusky Bay, then tour a town of canals by sea kayak - in Ohio! The islands have daily ferry service, so we can bring less-experienced kayakers not yet ready for open water crossings. Call early for reservations & more information.



Lunch break on Island Point - Jane's Island, Maryland.
AYH Sea-kayaking Program

Island Point: The Southern Chesapeake has countless miles of undisturbed white sand beaches and historic island fishing villages where people continue to speak with a British accent. We're returning Labor Day Weekend 1996.

From The Cover; Marblehead Lighthouse: One of the prettiest landmarks on Lake Erie. Our return trip here in August will include paddling to Put-In-Bay Island and a sunset pizza dinner on the rocky ledges beneath the Lighthouse. Marblehead is an hour's paddle to Cedar Point.

Friday evening August 30th

thru Monday September 2nd or Tuesday September

3rd, 1996

Mark Mistrik 344-8665 (h) & 624-3446 (w)

Labor Day Weekend sea-kayaking trip to the Southern Chesapeake Bay. We'll stay in Crisfield, Maryland - the Bluecrab capital of the world, and at Chincoteague, a National Wildlife refuge and Barrier Island. Last year, we watched porpoises, wild ponies and waterspouts (safely offshore) while we paddled to Tom's Cove. This year, we're planning to see either Smith or Tangier Islands. Call for more information and to reserve a space.

Friday evening September 27th

thru Monday evening October 7th, 1996

Mark Mistrik 344-8665 (h) & 624-3446 (w)

Sea-kayak the redrock canyons of Lake Powell in Southwestern Utah. This trip will be supported by a maxivan and a houseboat while we're on the lake. Each morning, we will move the houseboat to a new side canyon, then you'll have the entire day to explore the area by kayak and/or on foot. You may camp back in the canyons or return to the houseboat at night. We expect daytime air temperatures of the mid to upper 70's and the water should be warm enough for swimming. This is the easiest of our long trips this year and is suitable for beginners. Trip includes some sightseeing in the Rocky Mountains of Colorado and a visit to a hot springs along the way. Space is very limited so call early for more information.

Continued on 11

Paris Youth Hostelling: Ten Days in December, 1995

by Casey Fredericks

Paris, the City of Lights, one of the most sought out tourist destinations in the world, can also be a most intimidating place to American visitors. I personally know of people who've made big plans for a two week stay only to leave in tears after two miserable days; others who swear bitterly they'll never consider going there again. Paris can indeed be a challenge because it is so intense and high powered, but it need not be forbidding. Happily it has five youth hostels that can be the best possible resource for newcomer or seasoned traveler alike. Dividing ten days between two of them, I found them both to be inexpensive, friendly, conveniently located, and a tourist adventure in their own right. Both are within short walks of the Metro system, which means you can go anywhere in the city on a subway ride that takes only about 20 minutes, even with the necessity of crossing over from one line to another. Both hostels also offer and organize special trips and tours at low costs.

Most highly recommended is Le D'Artagnan because it has so many services, from being open 24 hours a day with security lockers and a laundry facility to large breakfast and evening meal choices. When I needed a taxi, the desk attendant even telephoned to get one for me! The \$25/day rate includes an ample continental breakfast with unlimited coffee and other beverages (milk, hot chocolate). Another plus about Le D'Artagnan was that the staff were relaxed about hours for meals — all kinds of people showed up late for breakfast and dinner and still got served.

Though it is still conveniently located at the end of a Metro line, Cite des Sciences is technically outside of Paris in the suburb of Pantin. However, a short walk takes one inside the Beltway (Peripherique) that defines the boundaries of Paris proper; where, in fact, there is the contemporary collection of museums and attractions known as "City of Sciences" — even in December complete with a functioning Ferris Wheel. This youth hostel is far more spare and offers far fewer services and only a limited continental breakfast, and the laundry facility is a single washer and dryer in the basement. However, the staff are very cosmopolitan and informative.

Although the neighborhood is more modest and unassuming, it does offer better bargains and makes you feel like you have really gone native. There is even a small shopping mall close by with a supermarket that itself proved to be an initiation into French culture. The bilingual concierge here helped everyone with phone calls to confirm plane and train schedules and reservations.

A visit to Paris requires and justifies as much organization, preparation and study as possible before the trip. The French expect interest in, and respect for, their accomplishments in the arts, poetry, philosophy, drama, architecture and the history of urban civilization in general. New arrivals should: have an advanced youth hostel reservation for at least their first couple of nights stay, know in advance how they plan to get from the airport to their accommodation, what they plan to see in the city, have a map of the metro system and even know all the most famous places in the city and be aware of their relative locations. "Fodor's Paris" is a practical one-volume guide, updated annually, that offers the right kind of preparatory information. Here is a first simple insight into Parisian ways: if you know some French, everyone speaks English; if you know no French, no one speaks any English.

In other words, large numbers of Parisians know and speak English, but you won't find that out unless you try to speak French with them! No matter how limited their abilities in the language, if travelers go out and try to use French, the Parisians take it as the all-necessary sign of respect. I found this out quickly, the hard way, when I had just gone through customs at Charles de Gaulle Airport, was suffering from jet lag and wasn't thinking clearly at all. Stopping off at the "Tourist Information" booth in the airport, I made the mistake of speaking right off in English in asking for help to locate the airport bus to the city: the young woman completely cold shouldered me and made me feel like an incompetent fool. After that one incident, I always spoke French first and no matter how poorly I performed, I always received help and a warm response. The language thing is just the Parisian way of playing an "I'm ok, you're ok" game.

Etiquette. Respect. An all-important factor. Parisians are the easiest people in the world to deal with if you only give them the one thing they want. And that is, politeness. They constantly apologize and say "excusez moi" and "pardon" and expect the same from their foreign guests. For example, in the crowded streets people have to jostle one another from time to time but any time I was even slightly touched by a passer-by, there was a sincere, vocal apology. This is their style: asking and requesting rather than asserting, saying please and thank you all over the place.

Another practical tip was passed along to me about how to figure out the exchange rate for money, so at least you know how much you're spending. Paris is an extremely expensive city, so it helps a little bit not to lose control of personal finances completely. To perform a conversion, just take the amount in Francs, double it, then move the decimal point back one space to get a pretty close American dollar value: and it makes a better impression than standing there like a pencil-headed nerd pushing little buttons on a hand calculator instead of relating to the people. Thus 5F [X 2=10, X .1] = \$1.00. Or: 100F [X 2=200, X .1] = \$20. And that's as close as one needs to get. I checked it out upon my return: this rough ratio of 5 Francs to a dollar hasn't materially varied since the early 1960's.

Food. This isn't a problem! Paris probably has more great eating places than anywhere in the world. For cost-effectiveness, it's best to go for sit-down meals at lunch rather than for an evening dinner. You still get the great cuisine and the terrific tourist experience, but at about one third the price. Plus, you have plenty of company: lots of Parisians will be in the cafe or brasserie or salon du the with you. The Le D'Artagnan has a great evening meal with a wide range of choices that include both French specialties as well as the ever popular New World cheeseburgers and burritos.

Cite des Sciences doesn't offer much in the way of food at any hour, but it's in a bargain neighborhood where there are inexpensive Chinese carry-out places, many Near Eastern gyros parlors and even take-home pizza. There are all sorts of shops selling food-to-take in every block of the city of Paris: fruit, bread, cheese, sandwiches are never more than a half block away. But please don't go unless you plan to sample the French specialties: that would be like going to Paris without visiting the Louvre or Notre Dame. For the incurably homesick, there are plenty of McDonald's and Burger Kings at bargain prices.

Shopping is, again, not a problem in Paris. We Americans in the last quarter century have become used to a wide diversity of shopping opportunities in our culture, to such an extent that shopping is now regarded as the number one form of entertainment in the USA. Paris will not disappoint. It has an immeasurable quantity of stores of every size and description, something for every taste and pocket book. Entire neighborhoods are devoted to selling to tourists (for example, the streets and plazas below the Basilica Sacre Coeur) and there are many flea markets. Saturday street markets are worthwhile spectacles even if you don't buy anything: like, how about several eyecatching stalls of oysters, or snails, or olives of every kind, description, grade and color?

More uniquely, you will never find so much art anywhere in the whole world put together. It's in all the neighborhoods. Just walk along the streets in any quarter of the city. This storefront has people selling art, or antiques, this one has people creating art right in front of you, this one shows people teaching art. I found this aspect of Paris much more fascinating than the retail stores. Looking up, of course, will reward you constantly with elegant architectural vistas. Finally, the real charm of youth hostelling is the people. In Le D'Artagnan, I was blessed with the company of a senior couple from New Zealand, a visiting artist from Canada, a young Brazilian on his way home after deciding not to join the French Foreign Legion, a young French student of African descent from Chantilly who practiced his school English on me. Once the staff got used to me, I also had great conversations with one young man from Leeds in England whose only gripe was that the Youth Hostel was too bilingual and for his next assignment he would try a village in the countryside. His partner was a Basque who spoke excellent English and was not very warm on his obscure native language which, he said, had required his childhood be spent learning verb endings. At Cite des Sciences, I had the unusual experience of a co-ed room, sharing space with a young French traveler, a South African of Scottish origins who was only stopping off in Paris to see Euro-Disney, and a young Chinese woman student from Hong Kong whose English was excellent but who had yet to learn any French. There were great cultural exchanges in the room and it was all very civilized. In both youth hostels, the constant lively conversations were as delightful and memorable as any of the thrills of the big city.

Helpful References:

Platt, Polly. "French or Foe? Getting the Most out of Visiting, Living and Working in France." Crossings, Inc.: April 1995. Distributed by Distribooks, Inc., Skokie, IL. "Hostelling international: Europe and the Mediterranean," 1994 Edition: pages 203-204 for maps and descriptions of Paris Youth Hostels.

Casey's E-mail address is: wingfeet@aol.com

TRAIL MAINTENANCE '96

July 13 Saturday Jim Ritchie 828-0210
Rachel Carson Trail, Trail Maintenance. The emphasis on the day's trail maintenance will be to spruce up all the transitions along the trail; transitions are the points where the trail goes into or comes out of the woods. Blazing, clearing, trash detail. Call Jim for information and a reservation.

July 14 Sunday Jim Ritchie 828-0210
Rachel Carson Trail, Trail Maintenance. A variety of work sites today: Butler-Logan Road, Eisele Road, Alter Road, Springdale Hollow Road; this is a continuation of work on transition sites, making sure hikers can follow the trail out of the woods and back in once again. Blazing, clearing, trash detail. A good chain-saw operator will be needed today. Call Jim for information and a reservation.

July 19-20-21 Fri-Sat-Sun Patty Scheuering 325-3224
The Baker Trail at Crooked Creek. This is a weekend camp-out trail maintenance project with the objective of cleaning up a few trouble spots on the trail skirting Crooked Creek Lake. Car-camping at Crooked Creek Park. Chainsaws are needed. Saturday night dinner at Pitzer's or cook out. Call Patty for more information or to sign up for the a day or the whole weekend.

Sept. 13-14-15 Fri-Sat-Sun Jim Ritchie 828-0210
Baker Trail at Milton Loop. A weekend-long trail maintenance project. We'll camp at the Milton Loop Campground near the Mahoning Reservoir. We will have two objectives: one to clear trail for the Armstrong Fall Foliage Hike from the dam to Smicksburg Road; the other to blaze miles of trail along the dirt roads passing through Amish country. Saturday night dinner will be at the famed Stockdale's in Dayton, PA. Call Jim for information and a reservation.

Sept. 27-28-29 Fri-Sat-Sun Keystone Trails 828-0210
KTA Annual (Fall) Meeting, Pine Creek Valley/Sawmill Lodge. KTA is Pennsylvania's premiere trail maintenance umbrella organization representing over 50 hiking clubs. KTA meetings always have an outstanding hiking program with six or more hikes to choose from each day, all ability levels. Come learn about trail building and trail maintenance activities and issues all over the state of Pennsylvania and meet some of PA's legendary trail maintenance leaders. Visit the KTA Home Page on the World Wide Web for more information or call Jim Ritchie for more details.

November 16 Saturday Jim Ritchie 828-0210
Bicycle Touring, Princeton, NJ. You'll need cold weather gear to do this one; several riding options; one will be an 80 mile round trip to Asbury Park on the Atlantic; others include a 40 mile tour of the Princeton area, on mostly flat ground. You must provide your own transportation to and from Princeton. Call Jim for more details.

HIKING / BACKPACKING

Sunday July 21 & Sunday July 28 Bruce Sundquist 327-8737
Annual Youghiogheny River Valley inner-tube hike from Johnson Run to Camp Carmel. (4 miles on foot, 3 miles on inner tubes) Postponed if not hot & sunny. Limit: 18. Call for info & a reservation.

Congratulations to Pittsburgh Council's Jim Ritchie, who elected as Membership Secretary of the Keystone Trail Association at their recent Spring Meeting in Wellsboro.

Rachel Carson Trail Challenge

Over 100 people participated in the First Annual Rachel Carson Trail Challenge on July 22nd! Watch the August newsletter for the complete story.

First Aid, CPR Class

Basic three hour first aid and CPR class will be offered at AYH. The price is only \$10! This has applications to almost all activities. You never know when you're going to need it! If interested, please call Tracy Duggins at 963-0675.

AYH ROCKS!

Yes, Pittsburgh AYH rock climbing is back. As you may know, Eric Bauer, last year's climbing chair, has moved on to a new job in the Chicago area. This year, Jim "Woj" Wojciechowski and Vern Miller have joined up as co-chairs to continue the program. Thanks go to Eric for all his work in the past and to Woj and Vern for taking a turn as lead climbers. Here's the schedule for this year's classes:

Friday-Sunday July 12-14	Seneca Rocks Trip WV (call for details)
Saturday July 27	Beginners Class
Saturday August 10	Beginners Class
Saturday August 24	Seneca Prep Class
Friday-Sunday September 6-8	Seneca Rocks Trip WV (call for details)
Saturday September 29	Beginners Class

All classes will meet at 7:30 am at the AYH activities headquarters in Shadyside the morning of the trip, and all classes will be held at Coopers Rock in West Virginia. For class and trip information, call Woj at 322-4524 or call Vern at 398-8328 or 935-3434.

**CYCLING WEEKEND AT WILDERNESS LODGE
AUGUST 2-4**

Come on up to rustic Wilderness Lodge to enjoy a weekend of relaxation and bicycle touring on the relatively flat lands of Erie County, PA. Country roads diverge in all directions from the Lodge, north to Lake Erie, east to New York State and Peek 'n' Peak, and west to French Creek. Nanci Janes' Wilderness Lodge has been a favorite of cross-country skiers for many winter seasons, now make it a tradition for cycling in the summer. After riding, come back to the lodge to sit back and relax, enjoy Nanci's wonderful home cooking, and the company of other AYH riders.

Roger has agreed to provide some cycling routes starting at the Lodge and to lead one tour through the area on Saturday. Plans are to provide several rides each day so you can choose from a 40-50 mile all-day ride, two 25-mile half-day rides, and a 15-20 mile evening ride. Maps will be provided to all riders. In addition to Roger's ride, other ride leaders will be designated. Many of the area roads are dirt, some are paved, so a fat-tire mountain bike or a hybrid might be ideal; a skinny-tire touring bike will probably be ok, just a little rough on the dirt.

The cost of the weekend includes Friday and Saturday night lodging, a family style dinner Saturday evening. Vegetarian meals are available upon request. Breakfast and lunches are available at the Lodge at an additional but reasonable cost. Rooms are mostly hostel style with 3-6 people in a room; also, there are three double rooms available. Space is limited to 36 people. Cost does not include transportation, but we will try to assist with carpooling.

Cost: \$55 per person for AYH members and \$65 per person for nonmembers for the weekend for a bed in a hostel-style room. The double rooms are \$130 per room for members, two persons to a room, and \$150 for nonmembers.

Reserve early by call the office at 412-422-2282 to make reservations for the weekend. Send a check for the full amount ASAP afterward to guarantee your space. Make checks out to Pittsburgh AYH. A waiting list will be kept in case of cancellations.

Please note: there will be no refunds after July 12, three weekends before the trip, unless we can get a replacement for you. All weekend fees include a non-refundable \$10 per person, or \$20 per double room.

Wilderness Lodge Bicycle Touring Weekend

Name: _____

AYH pass #: _____

Street Address: _____

City: _____ ST _____ ZIP _____

Enclosed is a check for: _____

_____ I am driving and I can take _____ passengers.

_____ I need help finding a ride. (we'll try)

_____ I will drive and meet the group at Wilderness Lodge.

Mail to:

Wilderness Lodge Cycle Tour
Pittsburgh AYH
5604 Solway St., #202
Pittsburgh, PA 15217

Affordable Slovenian Resort

by John Williams

Like the many visitors to Bled, the postcards adorning Jozica Jenko's reception window arrive from all over. And, like each postcard picture, this small Slovenian resort offers more than meets the eye. Many of the cards are addressed to Jozica, the middle-aged hostel manager with short-cropped black hair and professional demeanor. There are only 28 beds in her hostel and no self-serving kitchen or entertainment room. It's a rustic three-story affair capping a low rise near the center of town. Beyond the paneled walls and polished floorboards of the entrance hall, a staircase banister of dark wood leads up to a few quaintly furnished rooms. On the ground floor, in a wood dining room of plaid tablecloths and cornhusk dolls, Jozica serves a Continental breakfast to guests each morning. As with the horse-drawn hay wagons of the surrounding countryside, things move casually at Jozica Jenko's "Mladinski dom Bled" - and she likes it that way.

A footpath behind the hostel climbs to quintessential Bled Castle, poised atop a craggy cliff which plunges precipitously to an idyllic mountain lake. Surrounded by the Julian Alps and punctuated with a picturesque island, the pristine lake is the centerpiece of Bled. Campers, bikers, bathers and strollers leisurely wonder along the wooded perimeter while others ride the covered gondolas, or simply swim out, to the island church. There they can view pre-Romanesque ruins and toll the "bell of wishes" whose peals resound across the mile-long lake.

John Williams is Bluebonnet Council's roving reporter in Eastern Europe.

Three New US Hostels Join the HI Network

Kitty Hawk, North Carolina
Hurricane, Utah
Sonora, California

New hostels in Kitty Hawk, North Carolina, Hurricane, Utah, and Sonora, California, have recently joined the Hostelling International-American Youth Hostels (HI-AYH) network in the USA.

HI-Outer Banks is located at the northern entrance to North Carolina's 100-mile-plus string of barrier islands on the Atlantic coast. Nearby is Kill Devil Hills, site of the Wright Brothers first powered airplane flight. The Outer Banks is famous for its beaches, picturesque lighthouses, and the Cape Hatteras National Seashore. The hostel has 53 beds, including couple and family rooms that can be reserved in advance. Overnight fees for Hostelling International members are just \$15. A former 1920's schoolhouse, the hostel, on 10 wooded acres, has a picnic area, parking, volleyball and shuffleboard court. Bicycle, canoe and kayak rentals will be available for hostel guests. Local discounts are already available for HI members. (HI-Outer Banks, 1004 West Kitty Hawk Road, Kitty Hawk, North Carolina 27949 Phone: 919-261-2294)

HI-Hurricane, The Dixie Hostel, is located in Utah's "Red Rock Country," a hiking and mountain biking paradise, just 10 miles from St. George and only 20 miles from the massive red sandstone cliffs and arches of Zion National Park. Also nearby is Grafton Ghost Town where "Butch Cassidy and the Sundance Kid" was filmed. The 28-bed hostel has parking and laundry facilities and offers hostel guests a complimentary continental breakfast. Bike rentals are available across the street. The overnight fee for HI members is only \$15; private family or couples rooms are just \$40. (HI-Hurricane, 73 South Main Street, Hurricane, Utah 84737 Phone: 801-635-8202)

HI-Sonora, located on the Columbia College campus, is situated in the foothills of the Sierra Nevada Mountains, just 40 miles from spectacular Yosemite National Park. Also nearby are the "Gold Rush" towns of Sonora and Columbia. Swimming and other water sports are available on the New Melones Reservoir, just five minutes away. In the winter ski enthusiasts can drive to Dodge Ridge or Bear Valley Ski Areas. The 36-bed hostel has 24-hour access, private family/couples rooms, laundry facilities, a mini-mart and well-equipped recreation room. The overnight fee for HI members is just \$12. (HI-Sonora, 11800 Columbia College Drive, Sonora, California 95370 Phone: 209-533-2339)

All three new hostels welcome travelers of all ages and provide dormitory-style accommodations with separate quarters for males and females, self-service kitchens, dining areas and common rooms for relaxing and socializing.

Fish and Boat Commission Catches the "WEB" Wave...

The Pennsylvania Fish and Boat Commission is the latest state agency to join the World Wide Web wave by establishing homepages. The Fish and Boat Commission's new site offers anglers and boaters up-to-date information about the Commission, its many programs, and fishing and boating in Pennsylvania. It provides news releases, proposed regulations, a calendar of events, a chronology of some of the agency's major milestones, details on career and volunteer opportunities, and answers to frequently asked questions. The site can be accessed directly at http://www.state.pa.us/PA_Exec/Fish&Boat/pfbchom2.html.

BICYCLING

July 14 A/B/C

The Great Ride Famous tour of the city. Call AYH office for more details

July 19-21 B/C

Ober Rooney

364-3956

Pymatuning Weekend Camp at Tuttle Beach campground. Leave Pittsburgh Friday Morning. Up to 60 miles a day.

August 2-4 A/B/C

Mary Ruth Aull

795-7078

Jim Ritchie

828-0210

Wilderness Lodge Bicycle Touring Weekend. This weekend we'll be bicycle touring through the relatively flat roads around Wilderness Lodge in Erie County, PA. Meals and lodging all included in one price; see details elsewhere in this issue of the Golden Triangle. All kinds of bikes are invited-mixed dirt and paved roads; Relaxed country touring; call Mary Ruth or Jim for more information.

Aug 3-5 B/C

Ober Rooney

364-3956

Niagara Falls A popular trip; Leave Pittsburgh Friday morning. Ride from hostel to Niagara on the Lake. Saturday ride to Fort Erie, and on Sunday back to Niagara on the Lake. Stay at the Canadian Hostel or at B'n'B.

Aug 3-4 A/C

Wilderness Lodge Rides in northern PA and Southwestern NY. Call AYH office for more details.

Aug 9-11 B/C

Judy Menosky

242-1573

Ironmaster's Mansion In Pine Grove Furnace State Park in central PA. Ride on rural roads or bike paths. Excellent hiking is available and swimming is just a short walk from the hostel.

Aug 25 A/B/C

Lynn and Chuck Ejzak

Mon Valley Century Bicycle Tour Choose from a challenging 100 miles, 70 miles, 50 miles and 35 miles. Rides start in Elizabeth, PA. Call AYH office (after July 1) for an application or get one at AYH. Discount for registrations received by July 31.

Aug 30 - Sep 2 B/C

Diane Whittier

372-1068

Marsh Creek State Park (in Eastern PA) Lots of biking and other activities available including cycling in the Brandywine Valley and touring the Andrew Wyeth Art Museum and Longwood Botanical Gardens. Suited for beginner and intermediate cyclists. Other activities like sailing also available. \$20 deposit per tripper required to reserve. Call Diane for more information.

Sept 6-8 A/C

Joan Roof

795-8345

Stanford House Hostel In the Cuyahoga Valley National Recreation Area (in Ohio). This whole area is a bicyclists delight. Ride on rail trails going in many directions. Stanford House is a wonderful hostel that has long been a favorite destination for Pittsburgh AYH trips. Call Joan for more info and to reserve

Oct 6 A/B/C

Bill Eberle

921-1932

SABRE (Southwestern Autumn Breeze) Southwestern Allegheny county and Washington county. 100 km (65 mile) and 50 km (35 mile) rides offered. Rides start at Settler's Cabin Park. Registration includes marked roads, map, snack stops and a picnic lunch at the end. Call AYH office (after Aug 1) for an application or get one at AYH. Discount for registrations received by Sept 15.

Ride Class: A Adv. (50+ miles), B Inter. (30-60 miles), C Easy (15-40 miles), D Beg. (10-20 miles)

All Trips: Trips are generally open to riders of all ages, subject to the trip leaders' approval. (Most riders tend to be between ages 18 and 70) AYH Members are given priority over nonmembers for trips with limited space. Bicycle Helmets (ANSI or Snell approved) are required on all rides. Riders are responsible for their own equipment. To become a member, sign up at one of our weekly Thursday evening (8:00 to 9:30 p.m.) open houses, or call or write the AYH office for an application.

New Student ID Discount for 1996

Travelex, the world's largest operator of passenger-terminal Bureaux de Change, offers a commission-free foreign currency service to all ISIC ("student ID card") and ITIC ("Teacher ID card") holders. Also available is the Travelex Buy Back Guarantee. Exchange the equivalent of \$500 or more in a single currency, and on return ISIC/ITIC holders can exchange up to 30% of their unused currency at the same exchange rate that they bought it, commission free. Travelex services are available at airports and retail outlets in Australia, Germany, the Netherlands, New Zealand, the United States, and the United Kingdom. Just look for the Mutual of Omaha / Travelex logo and present your ISIC/ITIC.

Call Pittsburgh AYH to get your student/teacher ID card as well as the Hostelling International membership card/hostel pass.

On The Road To Adventure With HI-AYH & CYH: A journey I must repeat.

by Maurice E. Scheetz II

Hostelling while adventure trekking North by North West - the Yukon and Alaska (This retiree of 55 finds challenge and adventure on the hostel trail). Next time you plan on trekking to adventure carry HI-AYH with you.

The adventure? Out of Missoula, Montana. A 185 pounds of touring bicycle, panniers and camping gear. An Adventure Cycling Group on the trail of the North Star. This is a tour of the lands to the North and West. The challenges of the Cassier out of Stewart/Hyder, the Robert Campbell out of Watson Lake, and finally, the Top of the World "highway?" out of Dawson City on the Yukon River, then on to Anchorage, Alaska.

To get there, 55 days of adventure. First north through the world class Waterton-Glacier International Peace Park and the challenge of Logan Pass. Icefields Highway north, the Yellowhead west and Stewart-Hyder. Then north on the adventure highway, the Cassier. Here, 35 days out of Missoula, on the Cassier, heading north, half way to its junction with the Alcan and Watson Lake, the Hostel - The Red Goat Lodge.

The Red Goat Lodge, a complete wilderness internationally rated hostel and campground on cold sparkling Eddontenajon Lake. Hot showers, laundry - a most welcome respite from this adventure trek northwards. Accessible from the Hostel, the Stikine and Spatsizi Rivers provide real canoeing adventures in this pristine wilderness setting. This is very much a must visit and stay longer next time hostelling experience.

To get there we had most recently toured Hyder, Alaska's friendless goast town just out of Kitwanga at the crossroads of the old Skeena fish oil trade trails reaching north to the Bering Sea. Along this way, I bicycled through Kitwancool (place of reduced numbers), a small Indian village renamed following raids which killed many of its inhabitants. Now on exhibit in this small village some of the finest old totems still standing.

Hostelling possibilities on this trek so far included: The Birchwood in Missoula, Castle Mountain CYH hostel in the Banff area, Corral Creek Canadian Youth Hostel (CYH) just south of Lake Louise and Mosquito Creek CYH 15 miles north of Lake Louise.

And, a refuge for those queasy (wiser) fellow campers who drew the line at sharing a camp- site with a black bear stands just across the road, Ramparts Creek CYH, 12 miles south of Sunwapta Pass.

Hilda Creek CYH, just 2 miles south of Sunwapta Pass and the Beauty Creek CYH, 20 odd miles out of Sunwapta Falls and the Columbia icefield Center. Athabasca Falls CYH (just 20 miles out of Jasper) and Mount Edith Cavell CYH are all on the road to Jasper. Whistlers CYH a mile south of town and Maligne (wicked) Canyon CYH 7 miles east of Jasper townsites all provide refuge and exciting possibilities for adventure traveler. Truly, hostelling and the road to adventure go together.

Another 20 days from The Red Goat Lodge Hostel to Anchorage via Dawson City, North Pole, Fairbanks, Nanana on the Tanana River and then DENALI National Park. The mountain, McKinley (Denali) the Athabaskan native "High One". The massive crown of the 600 mile-long Alaska Range, North America's highest peak, was "out" in all its glory for the four days I explored its environs - not enough time. Then, Anchorage. The International Hostel in the center of Anchorage provided this now weary adventurer much rest and a fitting end of the trek North by North West to Adventure.

The rewards - a 3,500 mile world-class lifetime adventure I must repeat. Hostelling can truly be a part of your adventure North to Alaska.

Maurice E. Scheetz II
e-mail: k9ce@indy.net
1174 Fox Trail East Drive
New Palestine Indiana 46163-9600

Maurice would be glad to share trip planning information for your trek to adventure.

Bureau of State Parks Launches Page on World Wide Web

The Bureau of State Parks has launched its page on the World Wide Web under the DCNR homepage at <http://www.dcnr.state.pa.us>. The page features a picture of a state park, currently of a waterfall in Rickett's Glen, Luzerne County, and is rich in information about the Pennsylvania park system. Some of the prominent components include an events calendar, a history of the Pennsylvania park system, listings of park contacts and phone numbers, general descriptions of parks, maps and descriptions of rails-to trails projects, and information on park activities, such as bicycling, cabin rentals, camping, hiking and much more. The State Parks page is still under construction and will add more exciting features in the near future.

New Presque Isle Information Number in Operation

Presque Isle State Park in Erie now has a Beach Information Line in operation. The line can give callers information about Presque Isle beaches, such as openings, closings, water temperature, and wave conditions. The information is updated daily by park lifeguards. The number is 814-452-2000, code # 4753.

DCNR Announces State Parks Photography Winners

DCNR has announced the winners in its annual State Parks photography contest.

Grand Prize Winner Irene Derise of East Meadows, New York, won one week of free cabin use in a Pennsylvania state park for her black and white photo "Frolicking at the Falls," taken at Promised Land State Park, Pike County.

The winners in the black and white category are Kern Little of Uniontown and Irene Gordon of Nazareth. The winners in the color category are: Mary Baker of Wyoming, James Mrozek of New Castle, Debra Fuller of Media, James Arbogast of Renfrew and Jim Kempner of Emporium.

The Bureau of State Parks is currently accepting entries for its 1996 contest.

Amateur photographers may submit 8x10 or 8x12 black and white or colored prints in the following categories: wildlife, plants, park activities, landscape, historical and park employee/volunteer. The deadline for submitting entries to any state park office is Oct. 31, 1996. All entries must be the original work of the contestant and must have been taken in a Pennsylvania State Park. Entry forms and contest details are available at any state park office and at the Bureau of State Parks, P.O. Box 8551, Harrisburg, PA 17105-8551, or by calling 1 800 63-PARKS.

18 Endure 70-mile Laurel Ridge Ultra Run

Thirty runners attempted the grueling conditions of the 17th annual Laurel Ridge State Park Ultra Run June 8. The 70-mile endurance run starts at Ohiopyle State Park and ends at Laurel Ridge State Park. The run drew participants from all over North America, some traveling from as far as Washington, Colorado, Quebec and Florida. The first runner crossed the finish line in 12 hours. Eighteen completed the full route.

NEW PUBLICATION TELLS GEOLOGICAL STORY OF PENNSYLVANIA

The Department of Conservation and Natural Resources (DCNR) has released a new edition of a booklet that describes how billions of years of geologic events shaped the present-day landscape of Pennsylvania.

The 44-page Geological Story of Pennsylvania describes how each layer of rock is a geologic record of how that rock was formed, what plants and animals were present during the formation and what geologic forces operated in that area. The booklet traces the geology from the formation of the Earth 4.5 billion years ago, through eons when Pennsylvania was under water, later had a tropical climate, and lastly was covered by glaciers.

The free educational booklet, first published in 1935, was written by geologists John H. Barnes and William D. Seven and published by DCNR's Bureau of Topographic and Geologic Survey, also known as the Pennsylvania Geological Survey.

Many new geological concepts that had not been developed by the booklet's first printing are incorporated in the new version. One of the most important new theories included in the updated version of the booklet is the one of plate tectonics -the concept that continents have moved around the surface of the earth and continue to move today.

Pennsylvania Geological Survey has published nine other booklets in its educational series: Rocks and Minerals of Pennsylvania, Common Fossils of Pennsylvania, Ground Water in Pennsylvania, Geology and the Gettysburg Campaign, Pennsylvania and the ice Age, Coal in Pennsylvania, Geology of Pennsylvania's Oil and Gas, Geologic Hazards in Pennsylvania, and Earthquake Hazard in Pennsylvania. The booklets provide easy-to-read, basic geologic information to high school students, teachers, and others interested in the geologic history of Pennsylvania. All of the publications in the educational series are free. Copies are available in classroom quantities to teachers and single copies to individuals by contacting the Pennsylvania Geological Survey, P.O. Box 8453, Harrisburg, PA 17105-8453, 717 787-2169, or e-mail to smith.jody@A1.dcnr.state.pa.us.

SEA-KAYAKING, from page 6

Saturday October 12th thru Sunday October 13th, 1996
Ed's annual Kinzua Fall Foliage Weekend.

Ed Ostrovecky 224-1419

Wed evening Nov. 27th thru Sun evening Dec 1st Mark Mistrik 344-8665 (h) & 624-3446 (w)
South Carolina Lowcountry. Come spend a Southern-style Thanksgiving with us. Sightseeing in historic Charleston, beach walks, palm trees, plenty of wildlife and porpoises. Blackwater river, lake & saltwater paddling trips. Lodging in a rustic cabin (with fireplace) overlooking the scenic Edistoe river. Call for more information. Space is very limited.

Early March 1997 Mark Mistrik 344-8665 (h) & 624-3446 (w)
Florida. When was the last time you had a Spring Break? This will be a nine day trip primarily to the Florida keys, but with a stop or two further north to paddle on the unbelievably clear springs at Oncala. Call for more information. We're still planning this one if you have any suggestions.

Next Year...

The following are some of the longer trips we're preparing for next year. Please contact us if you're interested or have information you'd like to contribute for these trips.

Adirondacks (High Peaks Region), New York
Thousand Islands, St. Lawrence Seaway, New York & Canada
Cumberland Lake, Kentucky.

CAR CAMPING / BACKPACKING TRIP TO OREGON JUNE 28 - JULY 14

Join me, Glenn Oster, on another of my scenic trips to the far west. If you have never traveled out there, this is an inexpensive way to see it.

The trip will focus on backpacking the Three Sisters Wilderness in Oregon. Don't let this intimidate you, however, because the backpacking part of the trip will be only for fifty miles spread over six days. Also, if someone does not care to backpack, they can remain behind with the van and camp, day hike or sightsee as they choose.

The Three Sisters Wilderness gets its name from three extinct volcano mountain peaks, usually snow covered. The scenery is unusual and beautiful. I've flown over it and driven thirty miles east of it, but I never entered the wilderness. I'm salivating at the prospect.

We will travel by van and the appropriate drivers (don't have to take a turn at driving if you're uncomfortable with it.) Once we get past the mid-west, the scenery will be incredible. Also, we'll visit (but won't have time to hike at) super places such as Scottsbluff, Nebraska; spectacular Jackson Hole and Grand Teton, Wyoming; Crater Lake, Oregon; Mount Shasta, Lassen Volcanic National Park, Yosemite National Park and Mono Lake California; Arches National Park, Utah; and Maroon Bells and the Garden of the Gods, Colorado.

Costs will approximate \$500 - \$600 plus meals. We will use campgrounds and eat our meals in restaurants while traveling.

The trip will be limited to eight persons, and several have shown interest already. If you believe you want to go, let me know early. Otherwise, you might be on a waiting list. Give me a call at (412) 364-2864 or write to me at 784 Olive Street, Pittsburgh, PA 15237-4882.

BACKPACK THE APPALACHIAN TRAIL IN VERMONT AND NEW HAMPSHIRE

You know you've always wanted to backpack a scenic part of the Appalachian Trail, but you didn't like hiking it on your own. Here's your opportunity. Hike with me, Glenn Oster, through the beautiful mountains of Vermont and New Hampshire. Enjoy the views and majesty of the Presidential Range. This won't be easy, but the hikes will average only eight miles per day, partially making up for the climbs and descents.

The trip will start Friday, July 30 and return Friday, September 13, 1996. After car shuttling and making food drops, we'll start hiking at North Adams, Massachusetts near Mount Greylock. The hike will extend for 295 miles to Gorham, New Hampshire with some easy days for trail food replenishment, showers, laundry and restaurant food. If you would like to do it but can't be gone for more than a couple weeks, we can most likely work out a way.

The trip will be limited to five persons. Its cost will vary with the number who participate and whether some hikers plan on only completing a segment and drive on their own. Completing the entire hike and traveling with the group rather than driving on your own would cost approximately \$300 each for two persons and \$230 each if five of us are hiking. Cost variables reflect motel and campground accommodations on evenings off the trail, countering the economies of group travel. Of course, all food cost would be additional.

You may be concerned about the pace at which we will be hiking. Relax. Only worry about it if you are a fast hiker, because I'm not. If you are fast, I won't mind your getting to the day's destination ahead of me.

If this sounds interesting to you, give me a call at (412) 364-2864 or write to me at 784 Olive Street, Pittsburgh, PA 15237-4882.

Central Susquehanna Hostellers**CSH Meetings**

Meetings are the third Thursday of each month at 7:15 pm at the Lewisburg Area Community Center at 100 North 5th Street in Lewisburg.

Bike Rides

In addition to longer weekend rides, there are normally shorter bike rides every Thursday evening. Call Chris Olsen at 717-523-8471.

CSH Information

Call Chris Olsen at 717-523-8471.

Lewisburg Trips

For information on activities in the Lewisburg area, call Chris Olsen at 717-523-8471.

CLASSIFIED

All trips and products listed here are private and are **not sponsored or endorsed** by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

For Sale: Rhode Gear Eurosport twin rear-mounted bike rack, hardly used, fits most cars. \$75. Glenn, 731-7415.

WANTED TO BUY: Tandem Bicycle, John Gayler, 366-4062

Free: Assorted car-top canoe racks for open and closed boats. Call 327-8737.

For Sale: Olympic Bicycle T-Shirts, Haines 100% Beefy T. Official and Licensed. Call Michael at 322-7206.

For Sale: Used clipless Nashbar leather bicycling shoes. Men's size 9, \$15. Warren 687-1680

For Sale: NIKON FG SLR. 28 mm 52 mm and 70-210 mm zoom macro lens closeup lens tripod and bag mint condition \$400.00. Call RICHARD GREGO, 412-533-5725

For Sale: Feathered friends sleeping bag, Tern model, -10 degrees, goose down, gore-tex, like new, \$200. Call KIRK SLATER, 658-5904 evenings.

For Sale: Northface internal-frame backpack \$150; Northface tadpole tent (1-2 person) \$140; Whisper light stove \$50; First-Need water filter \$40. Call 242-9747(w) or 1-800-917-4763(pager) and leave message.

For Sale: Sail board/wind surfer; Mistral-large older model in good condition. Fiberglass mast, hardware, 2 sails (4m&6m) \$250. Perfect for starter. Night 766-3972 or Day 762-7440.

For Sale: 2 Dolfin professional silicone dive masks; low volume, fog-free, double edge. Used once and in original box. (older snorkles free) \$35 Eileen 531-9610

For Sale: Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

For Sale: 60" metal desk, 55" wood roll top desk, steno chair Peg Cline @ 372,1782

Distributing AYH brochures We are looking for places to distribute hostelling brochures, primarily brochures describing hostelling and how to purchase a Hostelling International membership, but also some specific hostel brochures. If you have some suggestions on where we can display brochures for potential hostellers - such as colleges, travel agencies and travel bookstores, please call the office at 412-422-2282. We will be happy to deliver them.

Editor, The Golden Triangle
5604 Solway St.
Pittsburgh, PA 15217

**REMINDER TO
TRIP LEADERS**

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 5604 Solway St., Pittsburgh PA 15217

