



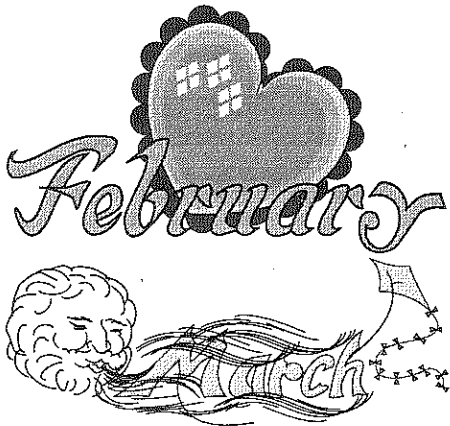
GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 46, NUMBER 1

FEBRUARY / MARCH 1996



Features

Reserve a spot for one of AYH's two remaining, annual Winter Weekend Getaways at Wilderness lodge. Space for these trips always sells out early so make your reservation TODAY. See page 4 for details.

Summer activities are scheduling the major trips for 96 as well as the annual planning and budget meetings. Check out this and future issues of the "GT" for all your favorite activities.

HI-Pgh on the information super highway, point your browser to;
<http://info.pitt.edu/~marianne/ayhpg.html> for the latest on activities, slide shows & local hostelling.



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.....And MORE!!!

Explore Cost Rica! Learn to cook in Italy! Cycle across the U.S.A. Hike the Mountains of Switzerland!

These exciting adventures and more in the new free HI-AYH Discovery Tours Trip catalog.

Hostelling International-American Youth Hostels' (HI-AYH) new trip catalog, "1996 Discovery Tours," is now available **free** of charge.

The catalog describes in detail 28 hiking, cycling and backpacking trips in the USA, Canada, Europe, Israel and Costa Rica. Nine new trips are being offered for the first time in 1996. Also included are a canoeing trip in the pristine Boundary Waters Canoe Area in Minnesota, and a one-week cooking class in Menaggio, Italy.

Discovery tours also include "City Stay" and "Go As You Please" packages which allow the traveler freedom of independent travel, but with the assurance of a first-night accommodation confirmation and guaranteed prices. Prices start as low as \$52 for "City Stay" packages in 24 cities in the USA and overseas, and as low as \$140 for "Go As You Please" packages in 15 countries.

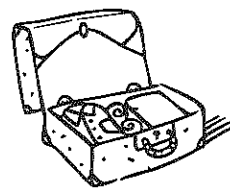
Prices for regular Discovery Tours start as low as \$450.00 (land cost only). Accommodations are in hostels, with camping on some trips. Discovery Tours also feature small friendly groups - usually nine participants, plus an HI-AYH trained tour leader. International trips have 10-20 participants and are lead by Hostelling International Association Staff.

Discovery Tours are also rated for all levels of skill, from beginners to the experienced cyclist or hiker. Several departures are reserved for specific age groups, including teens and 50+ adventurers.

Discovery Tours emphasize responsible tourism with awareness of and respect for natural environments and other cultures and include low-impact travel techniques. "Take nothing but photos, leave nothing but footprints."

For a free copy of the HI-AYH 1996 Discovery Tours Trip Catalog, contact:

HI-AYH Travel Department
5604 Solway St. Room 202
Pittsburgh, PA 15217-1268
Phone : 412-422-2282
Fax: 412-422-2509



TWO NEW RAIL-TRAIL BOOKS!

We are now carrying two great new books published by the Rails-to-Trails Conservancy. The first, **40 Great Rail-Trails in the Mid-Atlantic**, includes detailed maps and mile-by-mile descriptions for the best trails in New Jersey, Maryland, Virginia, Ohio, West Virginia and Pennsylvania. The trails selected for this book offer surprising diversity and intriguing experiences for anyone who enjoys the outdoors! Local rail-trails in the book include the Montour, Oil Creek, Youghiogheny, and Allegheny Highlands Trails. Available through AYH for \$14.95 plus postage and \$1.50 shipping. The second book, **700 Great Rail-Trails**, is a directory of the current rail-trails across the country. Not much description for any one trail, but a good place to start looking for your next rail-trail adventure. Available now for \$9.95 plus tax and \$1.50 shipping.

NOTICE

Please note, that the Golden Triangle has changed its frequency of publication. the new schedule is as follows.

Number 1 issue ->
February / March
Number 2 issue -> April
Number 3 issue -> May
Number 4 issue -> June
Number 5 issue -> July
Number 6 issue -> Aug.
Number 7 issue -> Sept.
Number 8 issue -> Oct.
Number 9 issue -> Nov.
Number 10 issue ->
Dec. / January

Deadlines for submission will remain as always the first Thursday of the month preceding the month of the publication. (i.e., the first Thursday in January for the combined Feb/Mar issue.) Please consult page two of the "GT" for the actual dates of upcoming deadlines or call the office at (412) 422-2282.

Editor...

VOLUNTEERS NEEDED Make A Resolution For 1996 !!!

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

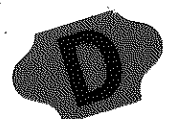
Continued on page 4

AMERICAN YOUTH HOSTELS

PITTSBURGH COUNCIL
5604 SOLWAY STREET
PITTSBURGH, PA 15217

Dated material - please deliver promptly
Address correction requested

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PASS# - 1910

LIFE

JOEL PLATT
1632 DENNISTON AVE
PITTSBURGH

PA 15217-1458

HOSTELLING



Pittsburgh Council, American Youth Hostels, Inc.
Serving Western Pennsylvania & West Virginia Panhandle
Since 1948, Incorporated 1955

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Triangle Staff

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(412-574-2025)

Copy Editor ... VACANT
Mailing Labels ... Roy Weil
Production ... Don Hoecker
Advertising ... Wm. Eberle

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President ... Marianne Kasica
(412-665-9554)

Vice President ... Maribeth Hook
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Treasurer ... Roy Weil

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VACANT (96)
Marc Reisman (97)
Roy Weil (96)
Ray Yutzy (96)
Bob Zavos (97)

Office Staff
(412-422-2282)
Lisa Dugas

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

MATERIAL...

All material to be published, should be sent to the address below. It Can be submitted on Disk in either IBM or Mactintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

**American Youth Hostels
The Golden Triangle**
5604 Solway ST.
Pittsburgh, PA 15217

Office: (412) 422-2282

PITTSBURGH COUNCIL ACTIVITY CHAIRS

Chairman of the Activities Committee
VACANT.....### ####

Canoeing
Paul Henry 962-1511
Cross Country Skiing
Steve Tubbs 279-4866

Cycling
Wm Eberle 574-2025
Chuck Ejzak 466-6196

Family Activities
Barbara Hanusa 441-7205
Hiking / Backpacking
Veronique Schreurs.....422-0358
VACANT.....### ####

Kayaking
VACANT ### ####
Ray Yutzy 341-5682
Midweek Rambles
Marilyn Ham 687-4520

Rafting
John Orndorff 741-2021
Rock Climbing
Eric Bauer 687-0766

Sailing
Joel Hough 727-2807
Bob Zavos 241-0659
Sea Kayaking
Mark Mistrik344-8665
Alpine Skiing Coordinator
Wm Eberle 574-2025

Trail Systems
Glenn Oster 364-2864
Jim Ritchie 828-0210
Headquarters Programs
Luc Berger 683-3131
VACANT ### ####

Storekeeper
Wm Eberle 574-2025

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for future issues of the **GOLDEN TRIANGLE**

April
All copy, Mar 2
Binding/Mailing, Mar 30

May
All copy, April 4
Binding/Mailing, April 25

If your work is on computer,
Please contact Bill Eberle
@ 833-9732 or
76202.3051@Compuserve.com

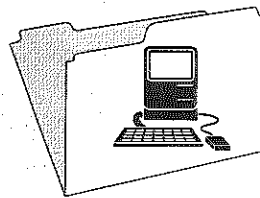
Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation(IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Submissions Policy: Golden Triangle



Classified Adds:

- Classified adds are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be:
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed
- Before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue.(See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- "Lack of planning on your part, does not constitute an emergency on my part"

February / March Slide Shows

Feb 1: Marilyn Ham, "The Netherlands By Bike And Barge".
Feb 8: Joyce Appel and Paul Henry, "Canoe Wilderness Trip In Algonquin Provincial Park, Ontario, Canada".
Feb 15: Billie Woodland, "Hiking In The White Mountains Of New Hampshire".
Feb 22: Mark Chiocca, "Backpacking In Alaska". See Denali National Park.
Feb 29: Jim Hurst, "Ski Mountaineering In The Canadian Rockies". Views of the Columbia Icefields.
March 7: Joyce Appel and Paul Henry, "Weekend Canoe Trips On The Allegheny, Shenango, And Clarion Rivers, And In The Grand Canyon Of Pennsylvania".
March 14: Mary Jo Heywood, "Papua And New Guinea".
March 21: Bob Zavos, "Sailing At Lake Chautauqua And Other Places".
March 28: George Schnakenberg, "Canoeing In The Temagami Region Of Ontario, Canada".
April 4: Chuck Martin, "The Appalachian Trail In Maine".

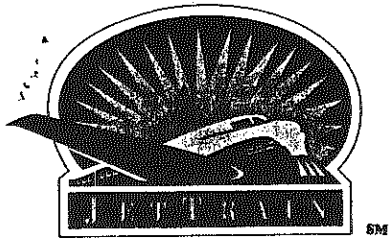
Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 683 3131.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel
RD #1(1 mile west on Route 30)
Schellsburg, PA 15559
(814) 733-4212





A Great Way To Get To The New Orlando Hostel At Disney World!!!

Jettrain takes off with daily service between Pittsburgh, Newark and Orlando

Pittsburgh, PA, Jan. 27—JetTrain, the Northeast's newest airline, took off today offering daily service between Pittsburgh, Newark and Orlando using 103 seat DC9-31 aircraft. JetTrain prices are 40 to 60 percent below existing market fares. Passengers will applaud its value-driven, low-cost air fares and comfortable leather seats featuring extra leg room compared to the industry coach standard.

Special Inaugural Pricing

Through February 14, 1996, JetTrain is presenting a special introductory fare of \$49 for all seats between Pittsburgh and Newark; for Newark to Orlando; and \$89 for Pittsburgh to Orlando. JetTrain is a ticketless airline. It features an orderly boarding system with open, one-class seating and complimentary beverage and snack service. Its consistent structure includes 21, 7-day advance purchase and low everyday walk-up airfares, no round-trip requirements and no Saturday night layovers.

Fares

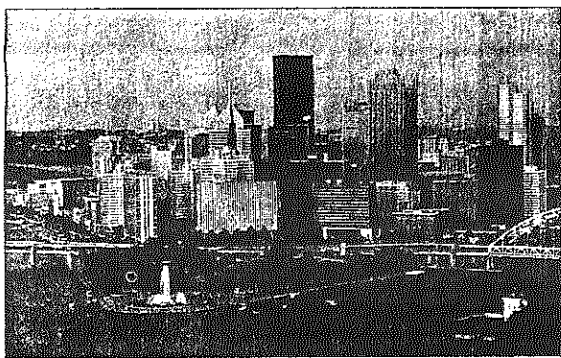
Route	21-Day Advance Purchase	7-Day Advance Purchase	Everyday Walk-up
Pittsburgh/Newark	\$69	\$89	\$109
Newark/Orlando	\$89	\$109	\$129
Pittsburgh/Orlando	\$109	\$129	\$149

Information & Reservations

For information and reservations on JetTrain, dial 1-800-359-4968 **AND BE SURE TO MENTION THIS AD.** The travel agent's booking code for JetTrain is LF.

COMING IN 1996...

Pittsburgh



A new hostel in Pittsburgh is opening in the summer of 1996! A turn-of-the-century bank building, complete with vault, is currently being restored and transformed into Pittsburgh's first full-service hostel. The hostel sits above Pittsburgh's historic South Side in the Allentown neighborhood and is close to downtown and Station Square, a complex of renovated railroad warehouses filled with restaurants and shops.

The hostel will be an ideal base for discovering Pittsburgh. Ride on the Duquene Incline which affords a spectacular view of the city. Visit the Carnegie, a cultural complex which holds two museums—the Natural History Museum, renowned for its dinosaur collection and the Museum of Art, with an extensive modern collection. Don't miss Three Rivers Stadium which is home to Pittsburgh's Steelers football and Pirates baseball teams.

AYH Sheet Sleeping Sack.... DON'T LEAVE HOME WITHOUT ONE!



Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). The cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



Presidents Corner

Pittsburgh Council has closed on the Integra Bank building in Allentown and plans are proceeding to come to an agreement with a General Contractor for renovation of the building. We are still planning for a summer 1996 opening.

The Council is holding a fundraising campaign to secure funds for furnishings and equipment for the hostel. We have about \$7000. of the \$50,000 needed for beds, tables, chairs, kitchen appliances, desks, linens and assorted items that we will need to operate the hostel. My thanks to all who have contributed so far. We will have more mailings as we go along into 1996 so look out for that great brochure (courtesy of Norm Goldberg of Agnew Moyer Smith) and send along any donations you can. These are, of course, tax deductible and we appreciate every single one.

I need help with planning for marketing the hostel and for the opening festivities if anyone has knowledge or skills for these things. Please call me if you can help.

OhioPyle has had some trouble with tree branches on the roof. The weather will not cooperate with getting a tree service out to cut them down. Unfortunately, we will have to remove those beautiful Beech trees by the parking lot. The tree people have told us that the Beeches are old and they will continue to drop branches on the hostel and the cars until they are taken down. We have planted lilies along where the old fence used to be so spring should be pretty nice at the hostel. Also the hostel kitchen has finally gotten a much needed paint job from Bob's friend A.J. It's still yellow but much nicer.

The Activities Headquarters has finally gotten a new furnace and Ray Yutzy has filled in the "holes" with insulation so it is much cozier for Thursday night open house. We have lots of slide shows scheduled for the winter months thanks to all the hard work by Luc Berger. Stop in and see.

Happy travels (and skiing!)

Marianne Kasica

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your donation today.

Yes, I would like to make a donation of support for a
Hostel in Pittsburgh in the amount of:

— \$2500
— \$1000
— \$500
— \$250
— \$100
— \$50
— Other: \$ _____



Name _____

Address _____

Telephone _____

Mail your Donation to:
AYH
Pittsburgh Hostel Fund
5604 Solway St.; Pittsburgh, PA 15217
412-422-2282

CROSS-COUNTRY SKI WEEKENDS... AT WILDERNESS LODGE



Feb. 2-4
Feb. 16-18

If you like your lodging rustic, and your ski trails tacked and groomed, these weekends in the Erie snow belt are for you. Nanse Jones' Wilderness Lodge is a perennial favorite of AYH cross-country skiers who enjoy miles of groomed trails. Peek'n Peak is

within skiing distance for those who want to ski downhill trails. After skiing come back to the lodge for a warm fire and your favorite beverage.

The cost of the weekend includes Friday and Saturday night lodging, a family style dinner Saturday evening. Vegetarian meals are available upon request. Breakfast and lunches are available at the lodge at an additional but reasonable cost. Rooms are mostly hostel style with 3-6 people in a room but there are three double rooms available for each weekend. Space is limited to 36 people per weekend. Cost does not include transportation, we will try to assist with carpooling.

Cost: \$55 per person for members and \$65 for nonmembers for the weekend for singles. \$130 per room (two people/double bed) for members and \$150 for nonmembers. Trail use is \$7. per day. Please be prepared to purchase trail tickets at the lodge.

Reserve early by calling Jenny at the office at 412-422-2282 to make reservations for the weekend you want. Send a check for the full amount ASAP afterward to guarantee your space. Make checks out to Pittsburgh AYH. We will keep a waiting list in case there are cancellations.

Please note: there will be no refunds after 21 days before each trip unless we can get a replacement for you. All weekend fees include a non-refundable \$10 per person.

Also: Feb. 16-18 is President's Holiday weekend, you may wish to make your OWN arrangements with Nansi to stay the extra day.



Wilderness Lodge Getaway

Name: _____

AYH pass #: _____

Address: _____

City: _____ St: _____ Zip: _____

Weekend:
[] Feb. 3-5 [] Feb 17-19

Enclosed is a check for: \$ _____

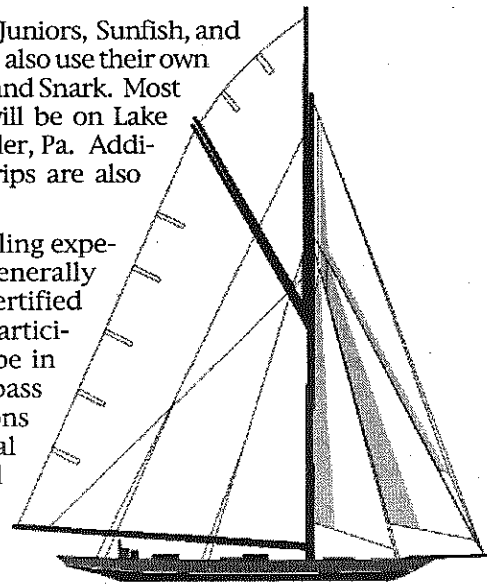
- [] I am driving and can take _____ passengers.
[] I need help finding a ride. (no promises but we'll try to help)
[] I will drive and meet the group at Wilderness Lodge.

Mail to:
Wilderness Lodge Trip
Pittsburgh AYH
5604 Solway St.
#202, Pittsburgh, Pa. 15217.

SAILING

The AYH fleet includes: Flying Juniors, Sunfish, and an International 470. Several members also use their own sailboats including the Laser, Force 5, and Snark. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park near Butler, Pa. Additional weekend trips and extended trips are also planned.

All trips require previous sailing experience unless otherwise stated. This generally means a minimum of a Red Cross certified Basic Sailing Class or equivalent. Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required on all trips. Trip fees are \$13 per person per day plus the AYH activity fee (\$1 member, \$3 non member).



Day Sails at Lake Arthur

Sailing at Lake Arthur will resume in April or May, 1996

Racing Days at Lake Arthur

We will be racing our International 470 with the Moraine Sailing Club (MSC) in 1996. The 470 is one of eight sailboat classes used in the Olympic Sailing events. If interested in Sailboat Racing please check our schedule early next year.

Sailboat Maintenance

We will be working on several maintenance projects in the off season and can use help. Projects include rebuilding boat racks at Watts Bay, sailboat patching and painting, changing the standing rigging cables on the FJ masts, and possibly rigging new lines and sails. This will be an excellent chance to learn new skills and help out the sailing program at the same time. Call Bob Zavos at 241-0659.

Sailboat Rentals

AYH Sailboats may also be rented on a daily basis to AYH members who assist in the sailing program or current year sailing class graduates. These individuals must have demonstrated sailing ability plus be completely familiar with rigging and de-rigging our boats as well as caring for sails and hardware. Individuals who rent boats will be responsible for any damages. Daily fees are Sunfish \$25; Flying Junior \$30, International 470 \$40. Call Bob Zavos at 241-0659 for info.

Extended Trips

Jul. 27-Aug. 4, 1996 Sat. - Sun. Bob Zavos 241-0659
Olympic Sailing Events; Olympic Sailing ticket sales for Savannah harbor events have been delayed until February, 1996. We have also obtained a few tickets to some of the track & field events in Atlanta at the end of the previous week. Anyone interested should call as soon as possible due to the long lead times required for accommodations.

OHIOPILE WORK PARTIES

This is the beginning of a new Year, and the perfect time for you to get involved.

DON'T PUT OFF VOLUNTEERING FOR ANOTHER YEAR
Watch for party dates throughout the Year.

Please help volunteer for our Ohiopyle Hostel cleanup parties. If you can volunteer a few hours of your time to help paint, move furniture, clean, wash windows, do yard work or whatever talent you have, it will be very much appreciated. Free lunch for all volunteers and also, you can stay overnight for free but you must make a reservation in advance. We're also looking for some donated items: (Upright Piano, refrigerator and crib). We will meet at headquarters at 8:30 AM. and will be back around 6:00 PM.. Call the office to leave your name and number if you would like to sign up and our work party coordinator will contact you!

***ANY VOLUNTEER WHO WORKS 6 WORK PARTIES
WILL RECEIVE A FREE
OHIOPILE SWEATSHIRT.**

*** ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL be
eligible for the "OHIOPILE VOLUNTEER OF THE YEAR" AWARD
--Wm Eberle, Ohiopyle Director of Operations.**

VOLUNTEERS NEEDED... from cover

*Southwestern Autumn Breeze Bicycle tour; Bill Eberle, 833-9732

*The Great Ride, Bicycle tour; Larry Laude, 665-9554

*Weekend bicycling trip leaders; Wm Eberle, 833-9732

*The Mon Valley Century bicycle tour; Chuck Ejzak, 466-6196

*MS-150 Bicycle tour; Bill Eberle, 833-9732

*Hostel development and fund-raising; Marianne Kasica, 665-9554

*Ohiopyle hostel support and work parties; Wm Eberle, 574-2025

*Office help answering phones and assisting hostellers;

Larry Laude, 422-2282

*Leading Pittsburgh Council trips; Wm Eberle, 833-9732

*Slide shows at the Thursday Open House; office, 422-2282

*Trail Maintenance, Baker Trail and Rachel Carson Trail;

Jim Ritchie, 828-0210

*HQ Maintenance, minor routine maintenance on a regular basis.. 1-2 people are also needed to coordinate the work, track of volunteer time and to report on HQ to the board and to identify any problems or required major repairs. If you can help as little as one hour a month, please call Ray Yutzy at 341-5682.

CAR CAMPING / BACKPACKING TRIP TO OREGON JUNE 28 - JULY 14

Join me, Glenn Oster, on another of my scenic trips to the far west. If you have never traveled out there, this is an inexpensive way to see it.

The trip will focus on backpacking the Three Sisters Wilderness in Oregon. Don't let this intimidate you, however, because the backpacking part of the trip will be only for fifty miles spread over six days. Also, if someone does not care to backpack, they can remain behind with the van and camp, day hike or sightsee as they choose.

The Three Sisters Wilderness gets its name from three extinct volcano mountain peaks, usually snow covered. The scenery is unusual and beautiful. I've flown over it and driven thirty miles east of it, but I never entered the wilderness. I'm salivating at the prospect.

We will travel by van and alternate drivers (don't have to take a turn at driving if you're uncomfortable with it.) Once we get past the mid-west, the scenery will be incredible. Also, we'll visit (but won't have time to hike at) super places such as Scottsbluff, Nebraska; spectacular Jackson Hole and Grand Tetons, Wyoming; Crater Lake, Oregon; Mount Shasta, Lassen Volcanic National Park, Yosemite National Park and Mono Lake California; Arches National Park, Utah; and Maroon Bells and the Garden of the Gods, Colorado.

Costs will approximate \$500 - \$600 plus meals. We will use campgrounds and eat our meals in restaurants while traveling.

The trip will be limited to eight persons, and several have shown interest already. If you believe you want to go, let me know early. Otherwise, you might be on a waiting list. Give me a call at (412) 364-2864 or write to me at 784 Olive Street, Pittsburgh, PA 15237-4882.

WHITE-WATER KAYAKING

Beginning Kayaking Course

Community College of Allegheny County
Ridge Ave - North Side - Allegheny Campus
Taught by: Ray Yutzy - AYH Kayak Chair
10 weeks - Beginning February 22

Thursday Evenings 6:30 to 8:30 and 8:30 to 10:30

Cost \$90 includes: instruction, use of pool, kayaks, and equipment.

Call 237-2729 for information
237-4670 to register by phone with credit card.

Course starts with basic introduction of equipment and safety. Instruction on basic strokes and technique early in the course will be followed by a major emphasis on the roll.

For additional information: Ray Yutzy 341-5682.

MID-WEEK RAMBLES

"Rambles" are casual Wednesday outings sponsored by the Pittsburgh Council of Hostelling International - American Youth Hostels. Most take place in and around the city of Pittsburgh. The group normally meets at 10 a.m. in the upper parking lot of Mellon Park in Shadyside, off Shady Avenue near the intersection with Fifth Avenue. Trips are normally three to four miles in length, at a leisurely pace. Trips are always subject to change because of weather, conflicts of schedule, and the choice of the group. We do plan to walk in all kinds of weather, so please dress appropriately. From time to time, we will schedule lunch at a restaurant or a brown bag lunch. These are optional. We also try to carpool to save energy and to enjoy each other's company. Please share the expenses of transportation when trips exceed 10 miles; the suggested contribution is \$1 per passenger. Call the leaders listed below for information about a trip or to inform the leader that you plan to walk with the group (especially when reservations are requested), but please call before 10 o'clock at night.

February 7 Turtle Creek.	Alberta Hartman	241-5031
February 14 East Liberty. Tour the Presbyterian Church and have lunch at Vintage. Reservations are required one week in advance.	Margaret Baum	421-0438
February 21 Mount Washington.	Sid & Helen Sclarsky	421-2692
February 28 Rusky Town.	Joe Levine	421-9706
March 6 Riverview Park.	Dick Fischer	421-9215
March 13 Neville Woods.	George Westcott	279-5375
March 20 Schenley Park.	Don Hoecker	243-8298
March 27 Duck Hollow and the slag heaps.	Dick Fischer	421-9215

HIKING / BACKPACKING

Fri-Sun February 9-11 Glenn Oster 364-2864
Intermediate backpacking trip to Allegheny National Forest. Call for info & a reservation.

Sunday February 11 Paul Bronder 882-9255
Intermediate hike or X-country ski in Laurel Highlands. Call for info & a reservation.

Saturday February 24 Paul Henry 962-1511
Joyce Appel 526-5407
Intermediate hike or X-country ski depending on the weather. Call for info & a reservation.

Saturday March 2 Paul Henry 962-1511
Joyce Appel 526-5407
Intermediate hike or X-country ski depending on the weather. Call for info & a reservation.

Saturday March 16 Glenn Oster 364-2864
Intermediate hike (8 mi.) on the North Country Trail in McConnells Mill State Park. See beautiful Hemlocks along Slippery Rock Creek and a covered bridge by a scenic grist mill. Call for information and reservation.

Sunday March 17 Paul Bronder 882-9255
Intermediate hike or X-country ski in Laurel Mountains. Call for info & a reservation.

Fri Eve Mar 22 - Sun Mar 24 Glenn Oster 364-2864
Intermediate backpack hike (16 mi) from Cook Forest to Mill Creek. Will adjust distance if snow dictates. See views from Seneca Rock and enjoy hiking along the scenic Clarion River and Mill Creek. Call for information and reservation.

Sunday March 24 Veronique Schreurs 422-0358
Intermediate hike in Laurel Mountains. Call for info & a reservation.

Sunday March 31 Maynard Hansen 751-7615
Intermediate hike, destination to be announced. Call for info & a reservation.

1996 Canoe Activities Planning Meeting

Wednesday February 28 7PM Kathy Bowman 523-8402

This year's planning meeting will be held at the home of Kathy and Don Bowman. Everyone interested in leading canoe trips or helping with canoe schools is encouraged to attend.

Directions: Take 48 south to 130 east through Harrison City. Turn left on route 993 and go past Bushy Run Park. Turn right onto the second road to the right, which is Claridge Road. The driveway for Box 344 is four tenths of a mile on the left and is marked by a streetlight and a yellow curve marker.

ALPINE SKIING

Discount Evening Ski Trip at Seven Springs Ski Resort

Who: AYH Members and Friends
When: Saturday February 17, 1996
Where: Seven Springs Ski Resort
Time: 5 pm - 11 pm
Cost: Special Group Rates
\$14 lift ticket
\$9 Ski rental
\$5 Lesson
\$1 AYH Trip Fee



Pick up your tickets outside the bowling alley at Seven Springs near the Group Sales office between 4:45 pm and 5:45 pm the day of the trip. Make checks payable to "Seven Springs Ski Resort".

Deadline: February 12, 1996

February 17, 1996 AYH Ski Trip

Name _____
Phone _____
Amount _____

Check Requirements

Lift Tickets: _____
Ski Rental: _____
Lesson: _____
AYH Trip Fee: _____

Send check and registration form to
AYH Ski Trip
3968 Beechwood Blvd
Pittsburgh PA 15217

or call Mary Pirt at 781-4442 for more information.

SEA-KAYAKING

The program is designed to teach people how to Sea-kayak, from scratch. Ideally, you should start with an Intro (to see if you like it), then come on a few more intros or easier daytrips to learn the basic skills. This way, you'll learn safely and at your own pace, and will never feel overwhelmed. Some of our trips are meant to be demanding - to challenge better paddlers. Always ask the trip leader about a particular trip's expectations and what to bring.

Call early if you want to sign up for a trip. Some destinations have limited facilities and arrangements can often not be made at the last minute. Many Intros and local daytrips have filled up during the past three years. Additionally, the leader may be busy packing right before a trip. It's nice to have everything set & running smoothly well in advance.

Sea-kayak rentals are available, cheaply, from the AYH. You may also bring your own. Canoes can be brought on many of our river trips and on some lake paddles.

Got lots of questions? Great!...Come to the monthly dinners. That way, you can get answers from many different people and avoid hearing a single viewpoint. This is also better for the trip leaders. We don't have to repeat things every time a new person calls to ask often-similar questions.

Many more trips will be created, especially easier day & afternoon ones, as Spring approaches and we get better organized. You can be put on a phone list to find out about them by calling Mark Mistrik at 344-8665 (evenings) or 624-3446 (daytime) and leaving your name and phone number.

1996 SEA-KAYAK SCHEDULE**Friday evening February 16th, 1996****Tracy Duggins 963-0675**

Sea-kayak Planning meeting for 1996. Required for current trip leaders, this is the business meeting for the year. Call for the agenda. All interested paddlers welcome to attend.

March Paddler's Dinner**Diane Hranecky 242-1826**

This is the first of our monthly dinners for 1996. Outdoor-related conversation and a different restaurant every month. call Diane by the first week of March to find out where & when. Everyone welcome.

Friday evening March 22nd through Sunday evening March 24th, 1996**Mark Mistrik 344-8665 (h) or 624-3446 (w)**

Weekend sea-kayaking trip to (hopefully) warm Urbanna, Virginia. Two days of paddling in the tidewater region of Virginia's Eastern Shore, belgium waffle breakfasts and group dinners. You pack lunches. Two overnights in a condo at the Sangraal-by-the-Sea resort. This trip is unique in seeing Bioluminescence - a naturally occurring sparkling of the water at night, which we'll see on an optional night paddle Saturday evening.

Sunday March 31st, 1996**Mark Mistrik 344-8665 (h) or 624-3446 (w)**

Our annual April Fool's Day Sea-kayaking, Kite-flying picnic at Moraine State Park. This trip actually began as a joke several years ago when Cathy Lynch listed it. Everyone else thought it was a good idea, and we've been going back around April First ever since. Sea-kayaks are available for rental, or you can bring your own kayak or canoe.

April Paddler's Dinner**Diane Bialecki 885-1074**

Monthly dinner for paddle-folk and anyone else interested in outdoor-related conversation and trying a different restaurant every month. Call Diane early so you don't miss it!

Thursday evening April 4th through Sunday or Monday evening April 7 or 8th, 1996**Mark Mistrik 344-8665 (h) or 624-3446 (w)**

Charleston, South Carolina. See the low country's finest historic and natural features half-day paddles through some of the most scenic coastal and harbor regions along the lower Eastern seaboard. Car camping on an island. Call for more information. Reservations required no later than early March.

Sunday April 14th, 1996**Tracy Duggins 963-0675**

Sea-kayaking daytrip, destination to be announced, but appropriate for beginners. Call for more information and to reserve a kayak. No late phone calls, please.

Saturday morning April 20th through Sunday evening April 21st, 1996**Mark Mistrik 344-8665 (h) or 624-3446 (w)**

Mark & Ed's annual Spring canoe and kayak camping weekend. This year's destination will be Buffalo Creek. Trip comes complete with blazing campfires and Ed's genuine Ginseng Muscatale. Call for more information and to reserve.

Wednesday evening May 1st, 1996**Mark Mistrik 344-8665 (h) or 624-3446 (w)**

Intro to Sea-kayaking. Evening paddling trips cover all basic aspects of seakayaking as you need it - from getting into the boat through intermediate techniques such as open water rescue and kayak rolls. We use a learning-by-doing approach and keep it fun. After a few intros, you'll be ready for almost any daytrip. We finish off the evening with a cookout. Call for more information and to reserve.

Saturday May 11th, 1996**Vickie Gotaskie 344-4929**

Sea-kayaking daytrip - destination to be announced, but appropriate for beginners. Call for more information and to reserve a kayak. No late phone calls, please.

Sunday May 19th, 1996**Tracy Duggins 963-0675**

Sea-kayaking daytrip - destination to be announced, but appropriate for Beginners. Call for more information and to reserve a kayak. No late phone calls, please.

Monday evening May 20th, 1996**Mark Mistrik 344-8665 (h) or 624-3446 (w)**

Paddler's Dinner for May. Please call at least a week in advance so we can make the appropriate reservations at the restaurant.

Friday evening 24-May through Monday evening 27-May or Tuesday evening 28-May, 1996**Mark Mistrik 344-8665**

Memorial Day Weekend Sea-Kayaking roadtrip to the Outer Banks of North Carolina. Trip includes ocean kayak surfing, relaxing in the quaint village of Ocracoke, seashell collecting, snoozing and paddling to a sinking ghost town. Call for more information. Early reservations required to guarantee a camping space during the holiday weekend. Getting Tuesday off is highly recommended.

Wednesday 29-May, 1996**Tracy Duggins 963-0675**

Evening Intro to Sea-kayaking. Fun, easy evening trip is the ideal way to become acquainted with the sea-kayak, and a good refresher trip if you haven't been in one lately. Call to reserve a kayak.

Friday evening 7-June through Sunday 16-June 1996**Mark Mistrik 344-8665**

Sea-kayak touring and camping trip into Killarney Provincial Park. This is our pristine Wilderness trip this year, paddling unsupported into a land of ancient mountains & open sea. The park is located at the northernmost extreme of the Georgian Bay on Lake Huron. A preview book highlighting the Park's history and scenery will be available for review at the monthly dinners. Call for more information.

Wednesday 19-June, 1996**Mark Mistrik 344-8665 (h) or 624-3446 (w)**

June Paddler's Dinner.

Wednesday evening 3-July through Sunday evening 7-July, 1996**Mark Mistrik 344-8665**

Sea-kayaking trip includes two days meandering down the Pocomoke (one of the best National Scenic Rivers in the East) followed by ocean paddling, eating seafood, and a visit to Ocean City with a weekend at Assateague Island National Seashore. Call for more information and to reserve a kayak.

Mid-July (exact date yet to be determined)**Mark Mistrik 344-8665**

Sea-kayaking in DownEast Maine. Specifically, we hope to get camping on Isle Au Haut, one of the most spectacular parts of Acadia National Park and considered one of the most beautiful places on Earth. If possible, we'll also attend the East Coast Sea-Kayak Symposium in Castine, Maine.

Friday evening 30-August through Monday evening 2-September or Tuesday evening 3-September, 1996**Mark Mistrik 344-8665**

Labor Day Weekend Sea-kayaking trip to the Southern Chesapeake - Crisfield and Chincoteague. Crisfield is the Blue Crab capital of the world, and Chincoteague is a National Wildlife Refuge with some very good paddling available. Last year, we watched porpoises, ponies, and waterspouts (safely) offshore while we paddled to Tom's Cove.

Friday evening September 20 through Sunday evening 29-September, 1996**Mark Mistrik 344-8665 (h) or 624-3446 (w)**

Sea-Kayak the Redrock Canyons of Lake Powell in Southwestern Utah. This trip will be supported by a minivan and a houseboat while we're on Lake Powell. Each morning we'll move the houseboat to a new side canyon, then you'll have the entire day to explore the area by kayak and/or on foot. You may camp in the canyons or return to the houseboat at night. This is the easiest of our long trips, even suitable for beginners. Trip includes some quick sightseeing along the way.

Saturday October 12th through Sunday October 13th, 1996**Ed Ostrovecky 224-1419**

Kinzua Fall Follage Weekend.

BACKPACK THE APPALACHIAN TRAIL IN VERMONT AND NEW HAMPSHIRE

BY GLENN OSTER



You know you've always wanted to backpack a scenic part of the Appalachian Trail, but you didn't like hiking it on your own. Here's your opportunity. Hike with me, Glenn Oster, through the beautiful mountains of Vermont and New Hampshire. Enjoy the views and majesty of the Presidential Range. This won't be easy, but the hikes will average only eight miles per day, partially making up for the climbs and descents.

The trip will start Friday, July 30 and return Friday, September 13, 1996. After car shuttling and making food drops, we'll start hiking at North Adams, Massachusetts near Mount Greylock. The hike will extend for 295 miles to Gorham, New Hampshire with some easy days for trail food replenishment, showers, laundry and restaurant food. If you would like to do it but can't be gone for more than a couple weeks, we can most likely work out a way.

The trip will be limited to five persons. Its cost will vary with the number who participate and whether some hikers plan on only completing a segment and drive on their own. Completing the entire hike and traveling with the group rather than driving on your own would cost approximately \$300 each for two persons and \$230 each if five of us are hiking. Cost variables reflect motel and campground accommodations on evenings off the trail, countering the economies of group travel. Of course, all food cost would be additional.

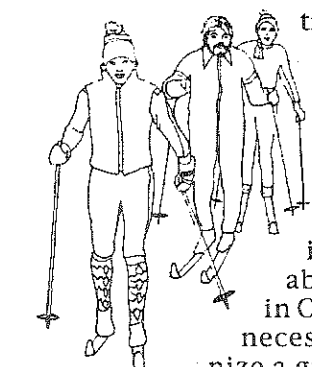
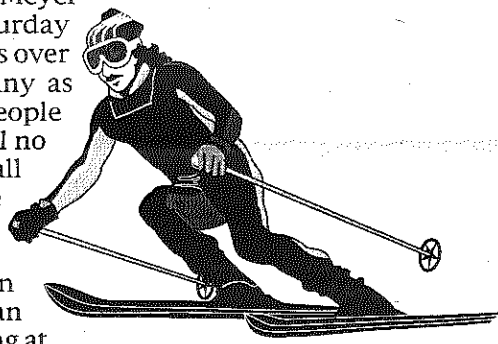
You may be concerned about the pace at which we will be hiking. Relax. Only worry about it if you are a fast hiker, because I'm not. If you are fast, I won't mind your getting to the day's destination ahead of me.

If this sounds interesting to you, give me a call at (412) 364-2864 or write to me at 784 Olive Street, Pittsburgh, PA 15237-4882.

CENTRAL SUSQUEHANNA HOSTELLERS

Upcoming events:

Downhill skiing — Keith Meyer has committed to skiing every Saturday from January 20 until the season is over. I will try to participate in as many as possible. In the past I have called people to see if they were interested. I will no longer do this. If you want to go, call Keith or me by Wednesday of the week you wish to go - If we have enough people we will go. If we have a few on a weekend that Milton School District Club is going we can hook up with them to go night skiing at Montage. Keith is open to leave early for day skiing when we have a large enough group. Also we can decide each week where we will go. If we go with Milton, prices are \$13 for members and \$17 for non-members plus rentals (\$4) if needed. You can't beat those prices but it is crowded and often cold and icy on Saturday nights. Group rates for day skiing at other PA ski areas are in the \$30-32 range. Call us, Keith: 523-6129 or Chris: 523-8471.



Cross-Country Skiing: Ellen Gauthier plans trips to Crystal Lake on January 28 and February 17. She will meet skiers at the Lewisburg Area Community Center at 9:30 am these dates. Crystal Lake also has tubing which sounds like fun. Fees are \$11 and \$13 for members and non-members, respectively, plus carpool expenses. Rentals are \$10 with a lesson. Call Ellen at 523-7213.

Indoor Climbing: I have heard a lot of interest in indoor climbing. I have information about 2 facilities: one in Williamsport, the other in Camp Hill Both have their own instructors and all necessary equipment. We would only need to organize a group and set up time to go. I am sure we can get group rates. If someone would like to organize a trip, I will be happy to pass on the info.

Future events: Now is the time to start planning for spring events such as hikes, canoeing and biking. Anyone interested in leading any trips contact me for details and publicity. Chris 523-8471.

I have memberships available. If you buy them from me the club gets to keep 10%. We will use this for mailings, etc. Contributions are welcome as are contributions to the LACC.

Meetings are the third Thursday of each month (February 15) at 7:15pm at the Lewisburg Area Community Center 100 North 5th Street Lewisburg.

Lewisburg Trips

For information on activities in the Lewisburg area, call Chris Olsen at 717-523-8471.

Bike Virginia

The Bike Virginia "Civil War Odyssey" will be held from June 21-26, and will start and end in Manassas. The ride itself begins on 6/22 with a 62 mile to Fredericksburg. 6/23, you can choose either 0, 15, 25, 40, or 65 mile routes as the ride loops around the town. 6/24 goes to Bowling Green via either a 49 or 65 mile route (your choice). Then, 6/25 is a 59, 67, 80, or 100 mile to Culpeper (the first two involve taking a shuttle part of the way). The last day (6/26) is a 53 mile route back to Manassas.

The ride is fully supported, with regular rest stops along the way. As to accommodations, your registration fee includes a camping spot at a local schoolyard or town park, where showers, etc. will be available. (A list of motels is also available.) Shuttle buses will take riders to and from the campsite and to various downtown evening activities that are planned. Luggage transportation, a tour book of the route, discounts at motels, sag support, tee shirt, bike repair support, "and much more" are also included in the registration fee. The cost per person is \$150 to 1/15, then \$175 to 5/31, and after \$195. Nonriding participants are charged \$50, while a family of four or more riders costs a flat \$400.

If interested, Bike Virginia can be reached at 804-229-0507, or write them at P.O. Box 203, Williamsburg, VA 23187-0203.

Pedal Pennsylvania

Two Tours for 1996:

Pedal Pennsylvania, which attracted 150 riders to its first Pittsburgh-to-Philadelphia tour last summer, will offer two tours in 1996.

A revised version of the 7-day, Pittsburgh-to-Philadelphia crossing — offering many new routes — will leave from Pittsburgh on Sunday, July 21 and arrive in Philadelphia on Saturday, July 27. Participants will stay at several colleges and universities.

The 8-day, "Great Northern Crossing" — Erie to Philadelphia — spanning the spectacular northern tier of Pennsylvania, will leave from Erie Sunday, June 16 and arrive in Philadelphia Sunday, June 23. This will be a combined camping and college dormitory adventure, staying at 4 colleges and universities and camping at 4 high schools.

Both tours will be fully supported, with all meals and accommodations provided. For brochures call or write Bob Ingersoll, Director, Pedal Pennsylvania, 1914 Brandywine Street, Philadelphia, PA 19130. Telephone 215-561-9679.

The 35th annual
**TOUR OF THE
SCIOTO RIVER VALLEY**
May 11-12, 1996
210 miles ■ 6000 riders
Send business size SASE:
TOSRV96
P.O. Box 14384
Columbus, OH 43214

CLASSIFIED

All trips and products listed here are private and are **not sponsored or endorsed** by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

Massage Therapist: Relaxing * Stress Reduction * Injury Prevention. Call 421-5872.

FOR SALE: Used clipless Nashbar leather bicycling shoes. Men's size 9, \$15. Warren 687-1680

FOR SALE: NIKON FG SLR. 28 mm 52 mm and 70-210 mm zoom macro lens closeup lens tripod and bag mint condition \$400.00. Call RICHARD GREGO, 412-533-5725

FOR SALE: Feathered friends sleeping bag, Tern model, -10 degrees, goose down, gore-tex, like new, \$200. Call KIRK SLATER, 658-5904 evenings.

FOR SALE: Northface internal-frame backpack \$150; Northface tadpole tent (1-2 person) \$140; Whisper light stove \$50; First-Need water filter \$40. Call 242-9747(w) or 1-800-917-4763(pager) and leave message.

FOR SALE: Sail board/wind surfer; Mistral-large older model in good condition. Fiberglass mast, hardware, 2 sails (4m&6m) \$250. Perfect for starter. Night 766-3972 or Day 762-7440.

FOR SALE: Rowing machine with electronic monitor. Like new. \$75.00 or best offer. Call 823-5002.

FOR SALE: 2 Dolfin professional silicone dive masks; low volume, fog-free, double edge. Used once and in original box. (older snorkels free) \$35 Eileen 531-9610

For Sale: Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

For Sale: 60" metal desk, 55" wood roll top desk, steno chair Peg Cline @ 372,1782

For Sale: 16 ft Canoe - Blue Hole style hull, ABS, with Bugby style gunwales and seats. \$300.00. Call Linda or Jim Roberts - daytime at 268-6731, Nights until 9:00 at 244-8332.

Distributing AYH brochures We are looking for places to distribute hosting brochures, primarily brochures describing hosting and how to purchase a Hosting International membership, but also some specific hostel brochures. If you have some suggestions on where we can display brochures for potential hostellers - such as colleges, travel agencies and travel bookstores, please call the office at 412-422-2282. We will be happy to deliver them.

Editor, The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217

REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 5604 Solway St., Pittsburgh PA 15217

