



Triangle

September 1992

Friday, September 25—Sunday, October 4

Lake Powell Sea-Kayaking Trip

Lake Powell, as you can see from the photo below, is a spectacular western lake. It is formed behind the Glen Canyon Dam in northern Arizona on the Colorado River. Completed in 1964, it is one of the world's largest concrete dams.

Join Ben Brugmans and Mark Mistrik on an epic sea-kayaking trip to Lake Powell. Both Ben and Mark promise a memorable trip to this scenic marvel. Paddle into fascinating gorges, and hike up remote trails. See natural stone arches, Indian ruins and petroglyphs, water-caves, abandoned mines, and rock formations unlike anything in the East. Expect easy paddling on the flatwater lake, kayak and canoe camping, hiking, and sightseeing everywhere.

This trip includes transportation (with a bathroom and beds on board). An optional Food Plan is available courtesy of *Ben's Famous Cooking*. We will hike and kayak from a base camp on the clean and scenic lakeshore.

Pack clothing suitable for warm days and cool nights. Even though the trip is in late September, the lake water should still be swimmable.

Cost for the entire trip is about \$400. An evening introduction to the sea-kayaking trip is a prerequisite (hosted by Mark Mistrik on September 13th). Trip limit is six people.

For more information, contact Ben Brugmans at 736-0103.



Featured in this Issue...

Election

The AYH elections are coming up in October—check out the President's Corner for the latest information.

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SABRE

The 1992 edition of the Southwestern Autumn Breeze bicycle ride is coming up at the beginning of October.

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Do It!

Check out the wide range of activities that are offered for September—there's something for everyone!

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American Youth Hostels

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Newsletter Contributions

Contributions to the newsletter are welcome. You can submit them in three ways:

- ◆ Typed
- ◆ On diskette
- ◆ By email

Handwritten submissions can be difficult to read, so avoid them if at all possible.

There are several diskettes in the newsletter box at headquarters; please feel free to use these for submissions. To send by email, use the editor's Compuserve address:

75330,3711

Volunteer News and Opportunities

Pittsburgh Council Activity Chairs

<i>Bicycling</i>	
Chuck Ejzak	466-6196
Bill Eberle	833-9732
<i>Canoeing</i>	
Royanne Mac	335-7326
<i>Climbing</i>	
Eric Bauer	687-0766
<i>Cross-County Skiing</i>	
Fred Parker	856-4713
<i>Family Activities</i>	
Barbara Hanusa	441-7205
<i>Hiking & Backpacking</i>	
Jim Ritchie	828-0210
Pat Tieman	561-3286
<i>Kayaking</i>	
John Gayler	366-4062
Ray Yutzy	341-5682
<i>Mid-Week Rambles</i>	
Cliff Ham	687-4520
<i>Rafting</i>	
Jon Maiman	441-2306
Linda Smithyman	531-1868
<i>Sailing</i>	
Bob Zavos	241-0659
<i>Sea Kayaking</i>	
Mark Mistrik	441-8293
<i>Volleyball</i>	
Jeff Marsh	384-7827

Trips Coordinator
Janet Supowitz

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of the International Youth Hostel Federation (IYHF) which coordinates more than 5,400 hostels worldwide—the largest network of accommodations in the world.



Oct. Deadlines

All Copy
September 10
Labeling and Mailing
September 24

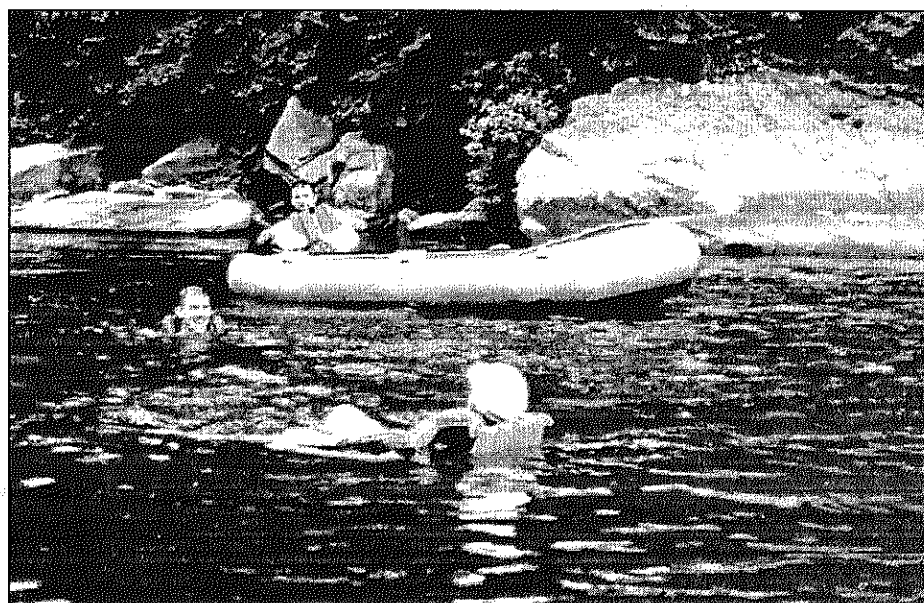
Hostel Work Party

by Linda Smithyman

Sunday, Sept. 6th Meet at headquarters at 8:30 am. Free lunch for all volunteers. There's always something to do at the Ohiopyle Hostel. If you can lend a hand for a few hours on this Sunday please give Linda at 531-1868. We sometimes take a short hike in the late afternoon before returning to Pittsburgh by 6:00 pm or so. Or come back earlier if you want to.

Special thanks to these people who worked on July 18th:

Aylene Harper, Tom Rogers, Ron Boone, Chris Kline, Lori Brach and Vernique. Most of the upstairs hallway is now painted and we'll try to finish it and maybe do that common room if enough people will help out. If you volunteer on this day you still have two other days in the weekend to play!



We just wanted to make sure that you knew that all AYH rafters are serious folks who would never dream of doing anything fun while floating down the Yough. (That's the Youghiogheny River.)

Letters...

[Letters to the editor are welcome. Letters will be edited to conserve space when necessary. Letters are published at the discretion of the editor.]

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* at the left.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel

Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel

RD #1 (1 mile west on Route 30)
Schellsburg, PA 15559
(814) 733-4212

Charleroi Youth Hostel (SA)

Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200



Hostelling International



Marquette House, the New Orleans International AYH Hostel.

This ante-bellum mansion is just one block from St. Charles St. streetcar route.

Photo: Toby Pyle



**HOSTELLING
INTERNATIONAL**

Los Angeles Area

AYH Hostels Safe to Visit

All AYH hostels are conveniently located near beaches and attractions, away from the downtown area. All beaches are OPEN. All attractions such as Disneyland, Knott's Berry Farm Amusement Park, Universal Studios and more are OPEN. All ground transportation is running on schedule. And, transportation to and from the airport and the things you want to see and do is secure and convenient.

At the Santa Monica International AYH-Hostel daily door-to-door service to area attractions is provided by a local tour company. The Fullerton Hacienda AYH-Hostel is just five miles from Disneyland, an easy drive.

So come visit us. Explore our beautiful beaches, go surfing, enjoy the restaurants, shops and arcades on the famous Santa Monica Pier, sail to Santa Catalina Island, and lots more.

Santa Monica
International AYH-Hostel
436 Second Street
Santa Monica, CA 90401
(310)393-9913
FAX: (310) 393-1769

Los Angeles
International AYH-Hostel
3601 South Gaffey Street
#613
San Pedro, CA 90733
(310)831-8109
FAX: (310) 831-4635

Fullerton
Hacienda AYH-Hostel
1700 North Harbor Boulevard
Fullerton, CA 92635
(714)738-3721

All Los Angeles area hostels accept reservations by phone with Visa or MasterCard. The Santa Monica and Los Angeles hostels also accept reservations via FAX with credit card

Ohio Hostels

Bowling Green - Wintergarden, 618 S. Wintergarden Rd., 43402, (419) 352-5953
Cincinnati - Home Hostel, 2200 Maplewood St., 45219, (513) 651-2329
Columbus - Heart of Ohio, 95 E. 1.2th AVQ., 43201 (614) 294-7157
Lima - Home Hostel, (419) 222-7301
Lucas - Malabar Farm, 3954 Bromfield Rd., 44843-9801, (419) 892-2055
Peninsula - Stanford HOUSQ, 6093 Stanford Rd., 44264 (216) 467-8711
Toledo - Toledo AYH, 4027 McGregor Ln., 43623 (419) 474-1993
Wilmington - Caesar Creek, 8823 Center Rd., 45177, (513) 488-3755
Zanesville - Buck Home Hostel, 1024 Culbertson, 43701 (614) 454-2637

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703 Washington Road (2 miles north of South Hills Village)

Hostel Hopping

Fundy National Park, New Brunswick, Canada

I had the honor of being one of the first to stay at the Fundy Hostel. It opened for business on July 6, 1991, and I stayed there on July 23, 1991. The coziness of the kitchen/common room and the friendliness of the people were aided by the cold, rainy weather outside. Two Germans and three other Americans shared the place with me that night. One of them had a fresh lobster which he proceeded to boil, much to the consternation of our vegetarian house manager. We did have good conversation around the kitchen table that night as the cold rain beat down out-side. Only two days before it had been in the 80's and now it was in the 50's. It seemed like winter to us.

The hostel is housed in three separate buildings that were once a craft school. One building is partitioned into a men's and a women's dormitory, one building is the kitchen/common room, and the other is the house manager's quarters, office, and showers. At the time of my visit the showers were not yet installed, but they should be by now. Bathroom facilities are limited to two small rooms similar to gas station rest rooms. Each has a toilet, sink, and mirror. They are entered from out-side and are in the same building as the kitchen. The dorm room is large and has about eight bunks, to the best of my memory.

Fundy National Park has some beautiful hikes and is worth a stop just for that and the scenery, but they also have a heated salt water swimming pool. For only \$3.50 you can rent a suit, towel and get admission.

Only 44 km away is The Rocks Provincial Park. It is there where you can walk the beach at low tide and see the spectacular eroded rock formations. High tide at the park is 30 or more feet above low tide. Many of the formations are called "flower-pots" because they are eroded something like a stemmed glass and have greenery growing on top, like flowers in a pot. Caves hollowed out by the waves are generally off limits because of the danger from falling rock. At low tide park guides are on hand to answer questions.

8th Edition

Canoeing Guide to Western Pennsylvania

The 8th edition of the Pittsburgh Council, American Youth Hostel's Canoeing Guide to Western Pennsylvania and Northern West Virginia is now available. The new edition has 480 pages (compared to 300 in the last edition) and has many new trips with updated information on old trips. The guide reflects the canoeing experiences collected over the past eight years by AYH leaders. AYH's canoeing program has been active for over 40 years and has been one of the most active canoeing programs in the western Pennsylvania area.

Western Pennsylvania and West Virginia offer an abundance of boating opportunities for all skill levels—from placid lake or marshes to high-class white water. The AYH guide describes locations, and covers all types of canoe and kayak trips for in these areas. Laid end to end, the 270 trips on the rivers and streams covered would extend over 3,000 miles!

The 8th edition is a handy 6 X 9 glossy paperback priced at \$13.95. Please add \$150 postage for the first copy (50 each additional) and 6% sales tax. Please inquire for dealer rates or club quantity discounts. All checks should be made payable to "Pittsburgh AYH" and mailed to: Pittsburgh AYH Books, 6304 5th Ave., Pittsburgh, PA 15232.

Sailboat Rentals

Once you have completed a training clinic or have been verified as a competent sailor by one of the leaders, you may use the AYH sailboats for practice and recreation.

We have three 14-foot Flying Junior sloops for rentals during the summer. These will be available for sailing Lake Arthur during the week as well as on weekends, except for time periods reserved for classes or extended trips. Two of the boats are stored on a trailer and at least one individual must be able to tow the trailer as well as possess necessary sailing skills. An additional boat is stored on racks along Watts Bay and is available to AYH members. Rental fees are \$10 per person per day or \$25 for one sailboat. An additional activity fee of \$1 per day for AYH members or \$2.50 for guests is added.

"I do not seek, I find."

Pablo Picasso

Sea Kayaking Basics

by Mark Mistrik

Sea-kayaks are the direct descendants of the Huntsman's boats or Eskimo Kayaks and are now gaining popularity as versatile recreational craft. Structurally, they are longer than whitewater kayaks and they incorporate more stable hull designs with keels for straighter tracking. Sea-kayaks are touring craft. You paddle them rather than relying on a river current for their motion, and proper paddling technique is a good form of low impact aerobic exercise. The club's sea-kayaks have been used in local flatwater rivers and lakes, swamps rich in wildlife, exploring coastlines on the Great Lakes, and ocean touring in the Atlantic from the Outer Banks of North Carolina to the seacoast of DownEast Maine. Autumn is a good time to try sea-kayaking. The boat and sprayskirt provide insulation to keep you warm even in cold weather and protect against the wind, water and waves. In cooler weather you will need layered clothing that can be adjusted for comfort, an old pair of shoes that might get wet or muddy, a hat, sun lotion and sunglasses, raingear, a water bottle and lunch. A complete change of clothes and a towel should be double-wrapped in water-proof bags and brought along. Contact the trip leader about local conditions and details about the trip.

The Program: If you're interested in learning sea-kayaking, remember: easier trips are planned earlier in the season, then longer or more technical trips for later in the summer and autumn. Introductory trips are scheduled weekday evenings to small, local lakes where there is no destination, or group to keep up with. You can learn to paddle straight and efficiently, carve turns, brace or roll the kayaks at your own pace.

The last evening Intro trips will be offered in September. Two longer trips are planned for late summer: the Bruce Peninsula in the Georgian Bay of Lake Huron in Ontario, Canada over an extended Labor Day weekend, and Lake Powell, Arizona at the end of the Grand Canyon, in late September. Here you can paddle flatwater at the bottom of deep canyons, under stone arches, and be surrounded by some of the best scenery in the Southwest. Lake Powell will be a combination of easy paddling, kayak camping, hiking and swimming out from the camp. The Georgian Bay trip is an intermediate-level trip into Thirty Thousand Islands and will involve some open water crossings and island-hopping (weather permitting).

Call if you're interested in any of these trips or want more information.

Horseback Riding Again

Sunday, Sept. 27th, meet at AYH headquarters at 10:00 am and we'll stop for brunch somewhere afterwards. NO REAL SLOW HORSES this time, let's be bold! It's \$10 an hour at Rolling Hills Ranch in Bridgeville. Be back at HQ by 2:00 pm. Call Linda Smithyman at 531-1868.

Special Non-AYH Events

South Park Rib Cook off, Labor Day weekend. Arts, crafts lots of ribs, pigs races (is this coincidental?) and entertainment. 678-1727 for info.

A Fair in the Park, Mellon Park, September 11 - 13th. Arts, crafts and entertainment. 361-8287 for info

Therapeutic Recreation Program Summer Leisure Activities

CITIPARKS Therapeutic Recreation Program has scheduled a variety of activities for persons with Ann without disabilities. The activities include many one-day special activities featuring trips to the Pittsburgh Aviary the Phipps Conservatory, art activities, dances, bowling and environmental education programs. The cost for participation is minimal and varies per activity.

Volunteers and participants are essential to the success of the Therapeutic Recreation Programs. These volunteer opportunities have proven to be deeply rewarding for those who have been involved in past programs. Interested individuals can either assist with the weekly program, activities that occur one night a week between 6:00 9:00 pm or with the one-day special activities that occur on weekday nights and Saturday afternoons. An orientation is provided for all new volunteers. The minimum age for volunteer participation is 15, unless accompanied by an adult. To receive volunteer information and material, please call 422-6576.

Family Activities

- August 29 Picnic Settlers Cabin Park**
contact Isobel Storch 362-1550
- September 4-7 Cabin camping Laurel Hill State park**
contact Ellen DeBenedetti 242-6650
- September 19 Bicycling Ohio Pyle State Park**
contact Dan Cornell 242-6928
Join us for a day outing or for the entire weekend of camping.

Cycling

- Sep 19 C Suburban Pittsburgh**
Sat Judy Menosky 242-1573
30 miles - A beginner to intermediate paced trip somewhere in Pittsburgh area. Call to find out where the trip is going and the starting time.
- Sep 20 The Harrisburg Bicycle Club, Sid Lustig Memorial Century**
Sun Dale/Beth Gill (717) 243-0141
Includes sag support, food, beverages, long sleeve t-shirts for the first 250 people registered. Registration 7am - 10am 100,75,50,25 miles South Middleton Township Park, Boiling Springs, PA
- Sep 26-27 C Potter County**
Sat-Sun Rodney Horner 339-0944
Sportsburg Triathlon - Bicycling, eating, and leaf viewing in North Central PA. Hopefully, the leaves will have begun to turn while we ride past pristine mountains and scenic countryside. Easy 25 mile rides on fairly level valley roads with minimal traffic. We will probably do an easy hike, too. Reserve by 9/17. Call for details.

September Cycling

The League of American Wheelmen, (known as LAW) proclaim September as National Century Month. Many bike clubs oblige by offering century rides of their own. Here are a couple of rides that are fairly close to Pittsburgh:

WPW Century Saturday Sept. 12 - Although I don't have specifics for this year's ride, the traditional starting point is Olympia Grove near the North Park skating rink. The rides include: 100 miles, 62 miles, and 25 miles. Registration is usually a couple of bucks. Call the WPW hotline for more details: 621-2822

NorthEast Ohio Century (NEOC), Sunday Sept. 20 - If you like flatter terrain than Southwestern PA has to offer or if you like cookies, this is a terrific ride. The ride starts and ends in Packard Park in Warren Ohio. 100, 62, and 35 mile rides are offered. Registration \$12 for the 100 and 62, and \$6 for the 35 mile. All riders must start by 8:30. Call (216) 758-4141 or (216) 757-9057 for more information.

Sunday, October 4

SABRE '92

Here is the last big ride of the AYH cycling calendar. Even though it is only in its second year, it just may have the largest turn out if the weather cooperates. SABRE offers a 62 mile ride and a 35 mile ride. The rides start and end at Settler's Cabin Park. There are two snack stops on the 62 and one on the 35. There is a picnic lunch at the end. Registration forms are available at AYH headquarters or you may call Bill Eberle at 833-9732. Call Bill if you would like to volunteer.

Please change the date of Judy Menosky's ride from Saturday Sept 19 to Saturday Sept 5. Judy is unable to make the original date. Thanks!

Don't know where things stand on the newsletter. I would like to get one change into the inside back cover for the prices ... need to change the student ID card from \$14 to \$15.

Sailing

The AYH Sailing Program offers a variety of activities for a wide range of skill levels and interests. In the Spring and early Summer we offer introductory classes on Lake Arthur. During the Summer and early Fall we offer day sailing on Lake Arthur, weekend trips to other nearby lakes, and extended trips to distant places. Our fleet includes three Flying Juniors and an International 470.

Day sailing and weekend trips are open to AYH members who have completed our introductory course or equivalent. AYH members with no previous sailing experience may join a trip at the discretion of the trip leader. This will normally depend on skill levels of other trip participants. Guests are also welcome, but AYH members have preference up to 1 week before the scheduled date. Fees for day sailing are \$11 per day for AYH members and \$12.50 per day for guests. Contact Bob Zavos (241-0659) or Joel Hough (371-4986) for more information or to reserve a space.

Sept 4-7 Lake Chautauqua, New York

Fri-Sun Bob Zavos 241-0659 (h)
Take advantage of the last long weekend for a delightful trip to western New York State and beautiful Lake Chautauqua. The hectic summer activity at Chautauqua Institute will be over and we should have great sailing weather. Add in short trips to quaint Mayville for antique hunting and Jamestown for shopping. Then sail to Bemus Point for some exceptional dining.

Sept 5-6 Lake Chautauqua, New York INTER

Sat-Sun Bob Zavos 241-0659
Depart Pittsburgh Saturday at 8 AM, returning Sunday evening. We will camp out near the lake and launch from different points on Saturday and Sunday. We will cook out Saturday evening and Sunday morning. Fee is \$30. This includes equipment rental, trip fee, camping fee, and launching permits. Transportation and food costs will be additional.

We will sail at least one day on each of the following four weekends. If there is additional demand and trip leaders the other weekend day may be added.

Sept 12 Lake Arthur, 11AM ADV BEG & UP

Sat Saturday is a race day for the Moraine Sailing Club and we will enter the 470 if we have an experienced Captain and Crew.

Sept 20 Lake Arthur, 11AM ADV BEG & UP

Sun We can watch the Moraine Sailing Club's Flying Scott Regatta while we sail around the lake.

Sept 26 Lake Arthur, 11AM ADV BEG & UP

Sat This is another MSC race day and we may enter our 470 or a FJ.

Oct 3 Lake Arthur, 11AM ADV BEG & UP

Sat This is the last scheduled race day for the MSC and means the sailing season in Western Pennsylvania may end soon. Take advantage of the usually nice early Fall weather!

Oct 10-11 Trip to US Sailboat Show, Annapolis ALL

Sat-Sun Bob Zavos 241-0659
We will not be sailing this weekend. Instead we will leave Pittsburgh early Saturday and drive to Baltimore. There, we will take in the Inner Harbor, Ft McHenry, Maryland Science Center, and the National Aquarium. We will stay over night at the Baltimore Hostel. On Sunday we drive to Annapolis to see America's largest in-water sailboat show. We will take time out for lunch and a tour at the US Naval Academy and return to the Show in the afternoon before departing for Pittsburgh around 6pm. Reservations required by Oct 1. Fee is \$25.

"When power narrows the areas of man's concern,
poetry reminds him of the richness and diversity of his
existence. When power corrupts, poetry cleanses."

John F. Kennedy

Kayaking

Sep 19-20 Activities Weekend at Ohioypyle

Sat-Sun Ray Yutzy 341-5682 (h)
885-7500 (w)
Kayaking day trips will be planned for each day. (Possible coordination with canoeing, rafting, etc.) Call Ray to reserve equipment or sign up for a trip.

Climbing

Sep 12-13 INT Seneca Rocks Trip

Sat-Sun Eric Bauer 687-0766
Seneca Rocks is a slab of rock jutting 800 ft. out of the valley floor. Climbing it requires multi-pitch climbing technique. The Seneca Prep trip (August 29) is a pre-requisite. Spaces are limited by the number of leaders and first priority will be given to new climbers.

Sep 19 BEG Beginner Trip 8am

Sat Eric Bauer 687-0766
Beginner trips are geared towards teaching basic rock climbing skills to people that have never climbed before. All you need to bring are tennis shoes and lunch. AYH supplies all climbing equipment. Space is limited. (Last one this season.)

Rafting

Rafting is a great way to have fun in the sun. The American Youth Hostels has an extensive rafting program. We have trips for all skill levels from first timers to experts. Our 1992 trip schedule is listed below. So pick out a trip and sign up today. For more info or to sign up for any trip, please call the trip leader or the AYH office at 422-2282.

River: New River Gorge

Location: Fayetteville, West Virginia
Leader: Jon Maiman (H) 441-2306 Dates: 9/4-9/7
Cost: Aprox. \$65/person for 2 day trips Aprox. \$81/person for 3 day trips
Skill Level: Advanced Beginner & Up.
Format: Weekend Trip
Description: The New River is one of the oldest rivers in the world. We run aprox. 7 miles of Class IV water. The New is a high volume river with lots of big waves. Depending on the water level, we use 4 and/or 6 man rafts. Anyone who has been on the Lower Yough. at least once or would like a more aggressive introduction to rafting is welcome to come on New River trips. An optional group dinner is offered as part of the trip.

River: Gauley

Location: Summersville, West Virginia
Leader: Jon Maiman (H) 441-2306 Dates: 9/18-9/20, 10/2-10/4, 10/16-10/18
Cost: Aprox. \$70/person
Skill Level: Advanced Beginner & Up.
Format: Weekend Trip
Description: The Gauley River is considered to be the classic run in the East. The scenery is spectacular and the water is great. The Gauley is generally only runnable in the fall when they drain Summersville lake in preparation for Winter. We usually run the lower section which is aprox. 9 miles of Class IV water. Runs on this section are slightly more challenging than the New River and are suitable for anyone who has run the Lower Yough. or New at least once. We ran the upper section which is 13 miles of class V/VI water once last year. This section is only suitable for advanced rafters and space will be very limited if we run it again. We use both 4 and 6 man rafts on the Gauley. An optional group dinner is offered as part of this trip.

Sea Kayaking

Tuesday evening 15 - September, 1992

The last Introductory level Sea-Kayaking trip to Glade Run Lake this year. Beginner instruction provided on a calm, flatwater lake, intermediate rescue instruction, sea-kayak rolling, or come out and spend an evening on the water. Beaver and Herons inhabit the lake and are usually seen. This is a good way to become acquainted with sea-kayaking if you're interested in one of the longer trips. Call to reserve. Meets 6:15 PM Tuesday at Shadyside HQ.

Mark Mistrik 441-8293 (h).

Thursday evening 3 - September to Tuesday evening 8 - September, 1992.

Sea-Kayaking roadtrip to Ontario's Bruce Peninsula in the Georgian Bay, Lake Huron. See one of the most spectacular regions of the Great Lakes, including the white nature-sculpted cliffs of the Niagara Escarpment (responsible for Niagara Falls), rugged beaches, clear azure water, and a Northern forest of Cedar and White Birch. Trip will include car and possibly kayak camping, short, moderately strenuous hikes, riding aboard a ferry to Flowerpot island, seeing lighthouses and a sunken 18th century shipwreck in 20 feet of clear water, possibly fossil hunting, and maybe check out the entrance of a cave.

TBA Thursday at Shadyside HQ.

Mark Mistrik 441-8293 (h).

Friday evening 25 - September to Sunday night 4 - October, 1992.

Sea-kayaking "Epic Voyage" to Lake Powell, Arizona. Drive and sleep aboard a bus featuring a bedroom, kitchen and bathroom while we drive from Pittsburgh to Arizona. Paddle into fascinating gorges, and hike up remote trails. See natural stone Arches, Indian ruins and Petroglyphs, water-caves, abandoned mines, and rock formations unlike anything in the East. Expect easy paddling on the flatwater lake, kayak and canoe camping, hiking, and sightseeing everywhere. Call for more information and costs. Rental Sea-kayaks available. Early reservations are required (by September 11) for final planning.

Leaving: TBA Friday at Shadyside HQ.

Mark Mistrik 441-8293 (h)

Mid-Week Rambles

September 2 Summer flower show at Phipps Conservatory

Wed Cost: \$1 each for senior-residents. Guided tour at 11 am. Alternative: Visit the Centennial of Schenley Park exhibit, newly opened, directly opposite. Phipps. Free.
Walk from 5th and Shady.
Leaders: ?

September 9 Tour of South Oakland

Wed Including Oakland Square, the shrine, steps, and other phenomena.
Leader: Marilyn & Cliff Ham, 687-4520

September 16 Swisshelm Park.

Leader: Cliff Ham, 687-4520

September 23 Tour of Millvale

Wed Including famous murals. This is planned as the first in a series of tours in communities north of the Allegheny River.
Leaders: Cliff & Marilyn Ham, 687-4520.

September 30 East End Ramble

Wed Including East End Avenue.
Leaders: Cliff & Marilyn Ham, 687-4520.

All Trips: Meet in upper parking lot, Fifth and Shady Avenues, by ten o'clock each Wednesday A.M. or make alternative arrangements.

Trips are subject to change because of the weather, conflicts of schedule, and the will of the group. We will walk in all kinds of weather. Be prepared.

Please share expenses of transportation when trips exceed ten miles. Suggested: \$1 for each passenger.

Hiking & Backpacking

- Sep 4-7** **Old Loggers Path**
 Fri-Mon Glenn Oster 364-2864
 Follow the grades of the old logging trains in North Central Pennsylvania. See the view from Sprout Point and bring your bikini for a dip in Rock Run. Intermediate level—10 miles per day. Phone for info and reservations
- Sep 13** **Beginner Hike**
 Sunday Ron Boone 222-0906
 Beginners hike with some bold friends at Ohiopyle State Park. More details in September Golden Triangle.
- Sep 11-13** **Appalachian Trail/Shenandoah National Park, Virginia**
 Fri-Sun Clare Bunker 244-9788
 Intermediate level hiking. Saturday: Trayfoot/Blackrock Mountain. Blackrock is a tremendous mass of lichen-covered blocks of rock. The area is reminiscent of the White Mountains above tree-line. Excellent views (10 miles). Sunday: Appalachian Trail, Blackrock Gap parking area to Sawmill Run Overlook (9.5 miles). Car camping. Leader: Bill Lindgren
- Sep 12-19** **Appalachian Trail/Great Smokey Mt. Nat. Park, Newfound Gap to Wesser, N.C.**
 Sat-Sat Glenn Oster 364-2864
 Hike one or both segments of this backpacking trip to Great Smokey Mountains National Park, both starting at Newfound Gap. Dates listed include travel. First week highlights include Clingman's Dome (6,643 feet elevation), Fontana Dam (highest in the East) and wild water Nantahala River. Covers 67 miles in seven days. Call for info and reservations.
- Sep 12** **Somewhere, Probably Chestnut Ridge**
 Sat Steve and Jeanann Tubbs 279-4866
 Steve and Jeanann usually do a bushwack hike of approximately 10-12 miles. This is an advanced level activity so you should be an experienced hiker in good physical condition. Meets at HQ at 8:30 am.
- Sep 13** **Beginner Hike**
 Sun Ron Boone 222-0906
 Beginners Hike with friends from B.O.L.D. at Ohiopyle State Park. Three easy miles. Meet at HQ at 9 am.

Canoeing

- Sep 12** **Class I, II Trip**
 Saturday Jim Porcelli 271-4776
 Enjoy an early fall day on moving water. Call Jim. Trip meets at 8:00.
- Sep 19-20** **Activities Weekend at Ohiopyle**
 Sat-Sun Karen Lukas 661-4835
 George Schnakenberg 731-3046
 All levels of canoeing trips will be offered for AYH's first activities weekend. Two experienced paddlers will take reservations. We have 7 tandem and 3 solo canoes for rent. Call early to be guaranteed a boat.
- Sep 25-27** **Weekend Paddling Trip**
 Fri-Sun Mort Kurman 621-1062
 Enjoy the early fall scenery from Franklin to Emlenton on the Allegheny River. Trip leaves Friday from Headquarters at 6PM. Call Mort to reserve, details of the trip, and information

Tuesday Hikes

Hikers are welcome to join us on Tuesday evenings as we walk a 5-mile course up over Ridge Drive in North Park. We meet at the North Park Boat House at 7:00 pm. Good opportunity for backpackers to get a workout wearing their backpacks. For more information, call Helen Coyne at 776-0678.

Hiking/Backpacking (con'd)

- Sep 19** **Ohiopyle Weekend: Four Waterfalls**
 Sat Jim Ritchie 828-0210
 This is an intermediate level 6-mile hike along the Great Gorge, Beech and Jonathan Run Trails of Ohiopyle State Park. See Sugar Run Falls, Jonathan Run Falls, Cucumber Falls and the Falls at Ohiopyle. Leaves at 9:30 am from the Ohiopyle Youth Hostel.
- Sep 20** **Ohiopyle Weekend: South of the Yough**
 Sun Tom Kaveney 276-8044
 This is an intermediate level hike on the trail system along the southern slopes of the Youghiogheny Gorge near Ohiopyle village. Trails may include the Baughman Trail to Baughman's Rock (vista), Sugarloaf Trail to Sugarloaf Knob (another vista), and others. Leaves 9 pm from Ohiopyle Youth Hostel.
- Sep 20** **Rachel Carson Trail, PA Turnpike to Springdale**
 Sunday Blanche Asherman 828-8158
 This is the second of four hikes on the RCT in 1992. This is an upper-level intermediate hike of approximately 10 miles featuring beautiful vistas, roller coaster hills with steep climbs, Baltimore orioles, columbines, and Deer Creek Valley. Meets at 8:00 am at HQ. Call for additional info.
- Sep 20-27** **Appalachian Trail, Great Smokey Mountains National Park, Newfound Gap to Hot Springs, NC**
 Sun-Sun Glenn Oster 364-2864
 This is the second segment of the Great Smokey Mountains backpacking trip, starting from Newfound Gap. Dates listed include travel. This week's hiking covers 67 miles in six days. Call for info and reservations.
- Sep 26** **Laurel Highlands Hiking Trail, Route 271 to Seward (Conemaugh Gorge Section)**
 Sat Pete Srini 921-1238
 This is a 12-mile hike from the high ground at the Route 271 parking area descending to the northern terminus of the LHHT. No major uphill climbing. Advanced intermediate level hiking. The LHHT is the Rolls Royce of W. Pa. hiking trails. Meets at 8:00 am at HQ.
- Oct 3** **New Airport Hike**
 Sat Joe Hoechner 242-0781
 Just in case you don't get to the Grand Opening parties, you can take an airport hike through the public spaces with Joe Hoechner. Plan to walk 6-8 miles, lunch in the "AIRMALL" Food Court. Trip limited to first 15 only! Flat fee of \$10 includes trip fees, car pool cost, and donation to Hostel Development Fund. We'll finish early afternoon so you can be ready for SABRE! To reserve a spot, call Joe.

September Slide Shows

Pittsburgh Council has a weekly Open House from 8 to 10 pm Thursday evenings at its headquarters at 6300 Fifth Avenue (near Fifth and Shady; we're next to the Pittsburgh Center for the Arts). A slide show starts at 8:15 pm and is followed by announcements for the week's activities. Memberships and publications are available at the membership desk.

September 3
 Open House
 No slide show

September 10
 Way Down Upon the
 Swannee River
 Cliff Ham

September 17
 First Annual Fall Gala
 (Hiking and Backpacking Show)
 Jim Ritchie

September 24
 Wild Critters
 Steve Majetich

To volunteer to do a show, call Tom Rodgers at 621-6310

Staying Over Down Under

Seeing Australia on a Budget and Staying with YHA

The Australian Youth Hostels Association has compiled a comprehensive package for touring Australia using a bus pass and staying at YHA Hostels. There are over 145 hostels located in Australia's most popular and scenic locations. From sun-drenched beaches, rainforests, desert landscapes, farms, and in the last wilderness areas of the world in Tasmania, Australia presents a lifetime of adventure in one continent. The travel packages are made up of two types. The first is a region pass in which the traveller moves in one direction around Australia. An example of the typical direction is Sydney - Brisbane - Cairns - Darwin - Alice Springs - Adelaide - Melbourne and back to Sydney. With 60 nights accommodation, this package - Best of the East - is priced at AUD \$1240. This equates to \$20 a day for transport and accommodation.

The second type of package is the time passes. These packages involve bus passes with number of days validity. Attached to these passes are accommodation vouchers. A popular package is the 30 day, 20 voucher pass which is \$30 a day but purchasers of this package can travel in any direction and backtrack any amount of times in 30 days.

Both passes are valid for 12 months, but must be used within 6 months of the date purchased. The accommodation is in dormitory style YHA hostels, but upgrading is possible at a small fee. There is a limit of 3 nights stay in each of the main capital gateway city hostels.

Included in the packages is a special Tasmanian Pass which again is priced at \$20 a day for coach travel and YHA accommodation. Tasmania is an island to the south of Australia which features breathtaking scenery, walks into some of the world's last wilderness areas and a land filled with friendly people with smiling faces.

Two companies provide the coach transport for these packages. Australian Coachlines includes two of Australia's largest network of coaches of Pioneer and Greyhound Coachlines. The second company is BusAustralia. Both provide an excellent network of transport around all of Australia with travellers who purchase an Australian Coachlines ticket being able to use either Pioneer or Greyhound Coaches.

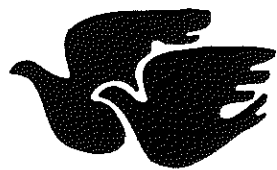
Anyone purchasing these packages receives a current YHA Accommodation Directory which lists over 145 places to stay plus over 500 national travel discounts. Also included are a map brochure of Australia, bus timetable and brochures of Australia's major gateway city hostels.

For further information on this excellent product, please write to The Australian Youth Hostels Association at Level 3, 10 Mallett Street, Camperdown, NSW 2050, Australia.

"riverrun, past Eve and Adam's, from swerve of shore to bend of bay, brings us by a commodius vicus of recirculation back to Howth Castle and Environs."

James Joyce, Finnegans Wake

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Hours: 9-5 Mon.-Fri. 10am-Noon Sat.

Citiparks Preschool

The Program You've Been Looking For

Citiparks Preschool is gearing up for the fall and is currently accepting enrollment for the 1992-93 school year.

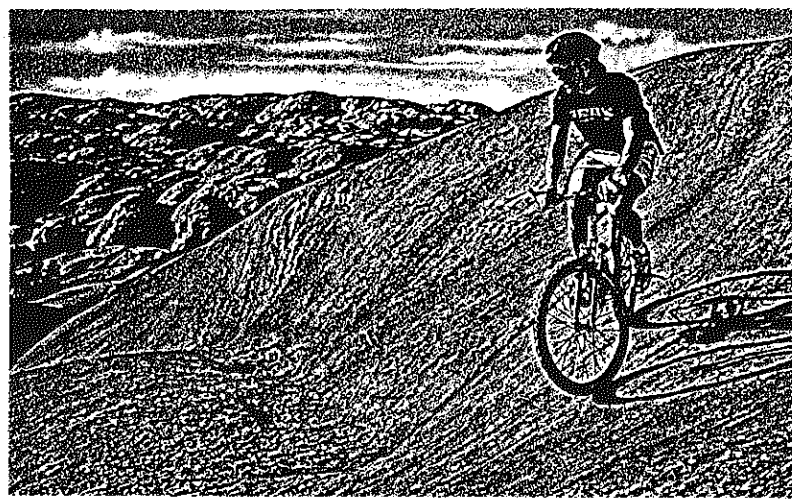
Classes for 3- to 5-year-olds begin September 14, 1992. Locations for the fall program include: Bloomfield, Cowley (Troy Hill), Morningside (Joe Natoli Field House), Olympia Park (Mt. Washington), Phillips Park (Carrick), the South Side Market House, and West Penn (Polish Hill).

The Citiparks Preschool Program has followed a "Learning Through Play" philosophy since the program's creation. Since the play environment is a natural, almost instinctive atmosphere for a preschool-age child, the Citiparks Preschool Program is committed to providing exciting and creative learning activities within that framework. Activities are designed to promote the development of skills needed for future learning.

A special Preschool Advisory Council enables the Citiparks Preschool Program to maintain a dialogue with parents about the importance of making learning fun. The Preschool Advisory Council consists of one elected parent from each site and five professionals from the fields of education, medicine, law, and aging. Parents are also encouraged to meet with the child's teachers at any time, and individual conferences are held at the end of each term.

To register, or for more information on the Citiparks Preschool

Take The High Road Off-Road.



For your convenience,
TRM has 2 locations:

703 Washington Road
2 miles north of South Hills
Village on Route 19
Mt. Lebanon

Bill Green Shopping
Center
Across from Pool City
Pleasant Hills

343-6885

653-6022

TREK USA
American Bicycle Technology

New San Diego Hostel Opens SABRE

A new hostel has opened in downtown San Diego.

Called Hostel on Broadway, this centrally-located facility provides travelers of all ages with inexpensive overnight accommodations. Hostel on Broadway is the fourth hostel opened by the San Diego Council of American Youth Hostels, apart of the worldwide network of Hostelling International and the International Youth Hostel Federation. This facility now accommodates 60 travelers and will house 112 hostellers when renovations are complete.

Hostelling in San Diego has never been so easy. Nearby public transportation opens doors to all of San Diego's major attractions. Area buses go directly to the San Diego Zoo, Balboa Park, Old Town or Sea World. Hostellers can walk to San Diego Bay, Seaport Village or the Gaslamp district known for its shopping, restaurants and night life. The trolley to Tijuana is just steps away from the hostel and costs only \$1.75.

Hostel on Broadway also offers every convenience for the hosteller. The building has pool and exercise facilities, a self-service laundry and an inexpensive restaurant. In addition, most hostel rooms are newly painted couples or family rooms, and many have color cable TV (at no extra charge).

All of these conveniences make Hostel on Broadway a great base from which to explore the sights and sounds of San Diego. The hostel is open from 7am to 10am and 4:30pm to 11pm and accepts telephone reservations with Mastercard and Visa. The cost is \$10.00 for members and \$13.00 for non-members. For more information, write to:

Hostelling International
Hostel on Broadway
500 West Broadway
San Diego, CA 92101

SABRE

Southwestern Autumn Breeze Bicycle Tour

Sunday, October 4, 1992

SABRE starts in Settler's Cabin Park at the Cayuga Picnic Grove. Pick up Registration Packet before starting the tour. Registration opens at 7:30 am with the Metric Tour riders leaving at 8:30 am. The 25 and 15 milers depart at 9:30 and 10:30 am respectively.

SABRE is a tour of southwestern Pennsylvania, and more specifically of the small rural and farming communities southwest of Pittsburgh. Cycle SABRE and see Western Pennsylvania's fading orchards and rolling fields filled with red, orange and fire yellow trees while the October skies are clear and a fresh breeze fills the air. We promise the route which during this Autumn period will be ablaze with colors, leaving you with memories that will easily carry you through the cold, slush-filled winter to come. SABRE consists of three routes for cyclists of all abilities: a challenging metric century (65 miles), as well as the 35 mile route and the 15 miler.

SABRE costs \$8 on or before September 26, 1992 (\$10 thereafter and day of Tour registration). This includes the official 1992 SABRE Pin (Guaranteed tour day to the first 1000 registered). In addition you will get a ride map and cue sheets, a rider number, sag support, and snack stops. When you finish the Tour, there will be the famous *SABRE Feast* picnic lunch awaiting you at the Cayuga Picnic Shelter.

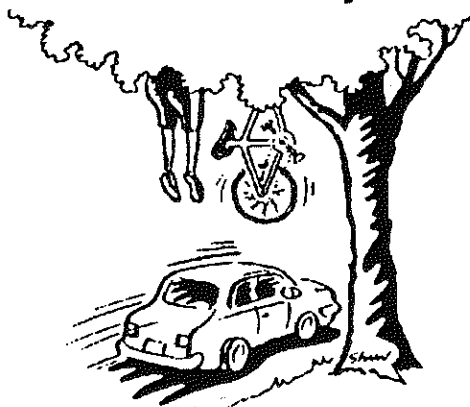
The Pittsburgh Council AYH requires you to wear a helmet.

A sag will pick up those who can't finish due to bike problems or fatigue (you and your bike are expected to be in good condition before the ride starts).

Questions, concerns, suggestions, or if you wish to volunteer, please contact Bill Eberle at (412) 833-9732 (phones answered 24 hours).

Cycling Accident?

If you have suffered injury or damage
in a cycling accident, contact our
law offices to discuss your legal rights
with a fellow cyclist.



Marc S. Reisman
Attorney at Law

412-456-2005
800-548-6267

There is no charge for legal services on injury claims
unless benefits are obtained

Where is Headquarters?

Trips listed as meeting at Headquarters meet at the AYH building in Mellon Park in Shadyside. It's next to the Pittsburgh Center for the Arts at Fifth and Shady Avenues.

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General Contractors

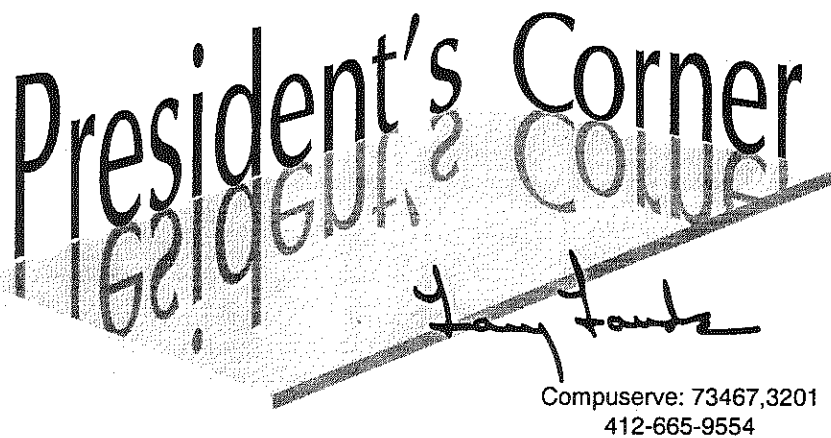
1569 McFarland Road Pittsburgh, PA 15216
Telephone: 412/572-8100 Fax: 412/572-8107

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Nominations for the October Elections

Would you be willing to help run the business of the Council? Do want to have greater influence over the direction the Council will be taking over the next 3 years and beyond? This is your opportunity! We are now accepting nominations for the board of directors to be published in the October newsletter. The position is for a term of 3 years and requires attending meetings of the board of directors, additional committee work outside the board meetings, and a commitment to directing the financial, operational, and outreach affairs of Pittsburgh Council. Persons with financial, insurance, marketing, and business experience are especially needed. We also be electing officers at the October business meeting -- president, treasurer, secretary and two vice presidents. In addition to the elected positions, we have a number of appointed positions that may be available. If you are interested or would like more information, please contact me, Linda Smithyman or Jon Maiman.

Survey Finds Most Local Roller Skaters Don't Wear Safety Gear

As the popularity of in-line roller skating increases so too may the number of injuries to skaters, because most wear no helmet or other protective equipment, according to a recent survey by the Allegheny County Health Department and Robert Morris College.

The study found three out of four local skaters wear no safety gear at all and only one in eight use a helmet. The survey included 104 outdoor skaters randomly observed March 1 through June 17 in various neighborhoods and at one roller skating rink. Most of the skaters were under 21 (93%), males (90%), and skated on streets or sidewalks (53%).

"Our goal is to stress safety, not discourage skating, because it's a great way to promote health and fitness. We just want to emphasize that putting safety in doesn't take the fun out," said the study's authors, Mary Jones, a Health Department injury prevention specialist and David Synowka, associate professor of sport administration at Robert Morris.

The U. S. Consumer Product Safety Commission reports that each year over 100,000 people are injured nationwide while roller skating. Two local hospitals which are part of the National Electronic Injury Surveillance System treated 130 people in their emergency rooms for skating-related injuries last year. The vast majority were children who suffered fractures, abrasions and contusions which protective equipment might have prevented.

Another concern cited by the researchers is that while retailers rush to stock their shelves with in-line skates, not enough stores seem equally eager to sell skating safety gear. In a separate survey of ten area retailers, only three offered for sale all of the protective equipment a skater should wear --helmet, elbow and knee pads, wrist guards and gloves.

The Health Department and Robert Morris plan to develop education programs for skaters, retailers and recreational agencies to encourage greater use of safety gear and also recommend these additional precautions to minimize the risk of skating injuries:

- ✓ Skate only in approved areas, away from traffic and on smooth paved surfaces.
- ✓ Avoid surfaces with potholes, oil spots, water, sand, gravel or dirt.
- ✓ Learn the basic skills of braking, turning and stopping before taking to the open road.
- ✓ Check your skates periodically to make sure the wheels are tightened securely and replace worn-out wheels and brakes.

Dear AYH Member:

I'd like to ask you for something that money can't buy - the names of your friends.

Hostellers like you tend to know other, like-minded people, and we've found that friends of present AYH members make by far the best prospects for new memberships.

Your holiday card list or address book are good sources of names. But we're also interested in other group, club, company and organization lists. If you would prefer that we not use your name, simply jot a note to that effect at the bottom of the list. But I have to tell you, results have shown that we sign up 50% more members if we use your name in our mailing.

All new Pittsburgh AYH members will receive their International Hostel Pass, 12 issues of the *Golden Triangle*, our council newsletter, the latest *North American Hostel Handbook*, updates on volunteer opportunities and access to the weekly Open House meetings at our council headquarters.

I hope you will take a moment to help in this important new member campaign. Please print or type names and addresses below this letter and mail them in to the Council office.

Thanks very much!

Joe Hoechner
Director of Marketing

Clip and mail to: Pittsburgh Council AYH
5604 Solway St. Room 204
Wightman School Community Building
Pittsburgh, PA 15217

Potential new AYH members:

Name: _____

Address: _____

Name: _____

Address: _____

Name: _____

Address: _____

Name: _____

Address: _____

Name: _____

Address: _____

Name: _____

Address: _____

Name: _____

Address: _____

This member referral list is from (optional):

Name: _____

Address: _____

Outdoor Recreation Books

- ☐ **Allegheny National Forest Hiking Guide** describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) \$8.00
- ☐ **AYH Outdoor Food Book** contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and illustrations. 1st Edition (1981) \$3.00
- ☐ **Baker Trail Guide** describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. 35th Anniversary Edition (1987) \$4.00
- ☐ **Canoeing Guide to Western Pennsylvania and Northern West Virginia** contains information of 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991) \$13.95
- ☐ **Fifty Hikes in Western Pennsylvania** by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. *Fifty Hikes* contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. Published by Backpacker Books. 1st Edition (1983) \$8.00
- ☐ **Hiker's Guide to Laurel Highlands Trail** describes the 70 miles of the Trail from Ohiopyle State Park to Conemaugh Gorge atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages, 24 pages of maps. New 4th Edition (1992) \$5.00
- ☐ **Hiking Guide to Western Pennsylvania** describes over 2,000 miles of hiking trails and dozens of other areas for hiking in and near western Pennsylvania. Published by AYH. 290 pages, 53 pages of maps, 47 photos. 5th Edition (1986) \$7.00
- ☐ **Monongahela National Forest Hiking Guide** describes more than 160 Forest Service trails in 1,350 square miles of the Mon National Forest -- one of the best areas for hiking, backpacking and ski touring in this part of the country. Published by the West Virginia Conservancy. 320 pages, 60 maps, 39 photos. 5th Edition (1988) \$9.95
- ☐ **Pennsylvania Hiking Trails** describes more than 290 trails and hiking areas throughout Pennsylvania. Published by Keystone Trails Association. 224 pages, 94 maps. 10th Edition (1987) \$5.65
- ☐ **Rachel Carson Trail Guide** describes the Rachel Carson trail from North Park to Freeport in Allegheny County. Published by AYH. (1991) \$4.00

Travel Books

- International Hostel Handbooks** A complete listing of the Hostelling International youth hostels with descriptions, prices, addresses, and phone numbers.
- ☐ **Volume I** Europe and the Mediterranean \$10.95
 - ☐ **Volume II** Asia, Africa, Americas, Pacific \$10.95

Ordering Information

Include 10% for postage (\$1 minimum). Pennsylvania residents must also include 6% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Cash or money orders required for Eurail Passes.

Please allow **two weeks** for delivery of mail orders. For faster service, visit the office or call for a membership sales agency near you. Collect 2 day delivery by UPS available for additional charge.

AYH Membership (Type: _____) _____

Eurail Passes _____

Merchandise _____

Merchandise Postage _____

Merchandise Tax _____

Donation to AYH _____

Total _____

- Let's Go** The famous series of books for the budget traveler published by Harvard Student Agencies.
- ☐ **Let's Go Europe** \$15.95
 - ☐ **Let's Go USA** \$15.95
 - ☐ **Let's Go Britain** \$14.95
 - ☐ **Work, Study, Travel Abroad** Comprehensive guide on traveling and especially working abroad through the CIEE. (1992-1993 Edition) \$12.95

Travel Accessories

- Sheet Sacks** Used in place of sheets at youth hostels
- ☐ **Cotton Sheet Sack** Comfortable cotton blend \$13.00
 - ☐ **Nylon Sheet Sack** Lightweight nylon \$12.00
 - ☐ **Advance Booking Voucher** worth \$5 as deposit for reservation \$6.00
 - ☐ **Advance Booking Postcards** Set of 10 \$1.00
 - ☐ **Hostel Stamp Book** Use to record your hostel visits \$0.50
 - ☐ **Hostel Pass Cover** Plastic cover for your membership card \$0.50
 - ☐ **Student ID Card** \$15.00
- Universal student ID issued by CIEE. Good for worldwide student discounts. Send 1-1/8 x 1-3/8 photo, name of your country of citizenship and proof that you're a student. Or ask for a free brochure.

AYH Memberships

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass and include book of discount coupons for U.S. hostels. Provides access to 5,000 Hostelling International hostels around the world. Includes free handbook of North American hostels and 12 month subscription to Pittsburgh Council newsletter.

- ☐ **Adult** \$25.00
- ☐ **Adult Renewal** \$20.00
- ☐ **Youth (17 and under)** \$10.00
- ☐ **Senior Citizen (55 and over)** \$15.00
- ☐ **Family** \$35.00
- ☐ **Family Renewal** \$25.00
- ☐ **Life (all ages)** \$250.00

Eurail Passes

The economic solution to rail travel in Europe. Valid throughout all Europe except Britain. Available only in the U.S. The more popular passes are described below. Ask for a free brochure on other Eurail and Single Country passes. Credit cards accepted but require two-day delivery. Cash or money order required for immediate delivery.

- ☐ **Eurail Pass** 1 month unlimited (youth) \$470.00
- ☐ **Eurail Flexipass** 5 days travel in 15 days \$280.00
- ☐ **Eurail Flexipass** 9 days travel in 21 days \$450.00
- ☐ **Eurail Flexipass** 15 days travel in 2 months (youth) \$420.00
- ☐ **Eurail Saverpass** 15 days travel with 2/3 friends \$340.00

Mail to: AYH Room 204
5604 Solway Street
Pittsburgh, PA 15217

The AYH office is open from 9 am to 2 pm on Mondays, Wednesdays, and Fridays, and from 12:30 to 5:30 pm on Tuesdays. Call 412-422-2282 for more information.

Name: _____

Address: _____

Phone: _____

Birthdate: _____ (day) _____ (eve) M F

The Hostel at Union Square is Now Open!

After more than a year of negotiating, planning and construction the Hostel at Union Square (affectionately referred to as HAUS) is finally open for business. On April 28th the desk staff greeted their first hostellers. This new facility promises to be a fine complement to San Francisco International Hostel at Fort Mason, the Council's flagship hostel for the past 12 years.

Located at 312 Mason Street at O'Farrell HAUS is just a block from Union Square, right in the heart of the city. Within a few minutes' walk one can find gift shops, department

stores, restaurants, galleries, theaters and more. Public transportation, including the Powell Street Cable Car Line and an airport shuttle, can be found close by for easy access to anywhere in the Bay Area.

Inside the Hostel, away from the the hubbub of the city, a guest will find comfortable, safe and clean accommodations. With a capacity of 175 people, there are only two or three beds per room, some with private baths. Although there is no kitchen yet available, one is in the planning stages and should be open this summer. Meanwhile continental breakfasts are offered and the common rooms are inviting. Like all AYH hostels the facility is smoke and alcohol-free. The staff, under the leadership of manager Mike Reed, and the volunteers, trained by the Volunteer Coordinator, Kay Burns, are friendly and are eager to help make each hostellers visit to San Francisco exciting and memorable.



Hostel in the forest—Brunswick, Georgia.

Located on the southeast coast near the barrier islands.

This unique hostel is part geodesic dome and part tree-house.

Photo: Torsten Blackwood

Classified

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels.

For Sale: Sailboat "Bandit" 17' and trailer. Good condition. Cabin, wide 6 foot beam, roller jib. \$2500 Eileen 241-0421

Cargo van, 1984 Toyota, 108,000 miles, still gets 300 miles per tank, one owner, excellent service record, minor body work, runs very well: \$1,500.00 322-7207 day or eve.

ADVERTISE! Classified ad space available for \$5 per month. Non-commercial ads for trips, travel, and outdoor equipment are free to AYH members. Ads normally are run for two consecutive months. Send your ad copy (preferably typed!) and AYH pass number to:

Editor, *The Golden Triangle*
6300 5th Ave
Pittsburgh, PA 15232

McConnell's Mill Trail

Work is officially underway on the new trail at McConnell's Mill State Park. Trail construction on the 6-mile route through some of Western Pennsylvania's most scenic and rugged terrain is being led by the Shenango Outing Club.

The first work weekend was held Sept. 7 and 8. There was a large turnout of 24 volunteer workers on Saturday the 7th and 14 workers on Sunday the 8th. A large portion of the volunteers came from throughout the state via the KTA which had scheduled a weekend TrailCare project at the park. The KTA members and other volunteers provided an enthusiastic kickoff to the new trail project.

At this time, the first 1-1/2 miles of trail beginning at Hell's Hollow is nearing completion. Some clearing has also been done for another 3/4 of a mile all the way to Slippery Rock Creek, the first major destination of the trail. The work is proceeding quite well despite the rugged terrain. The spark of enthusiasm from the initial weekend has bred other productive work outings.

Still, much more work remains to be done over the most difficult sections of proposed trail. Many more volunteers are needed. The work is tiring, but there is much reward in helping to bring man and nature closer together and sharing the camaraderie of working side-by-side on the trail. Work parties are scheduled Nov. 3 & 17, and Dec. 1 & 21. For more information on work days and the new trail, please call Mark Eckler, (Greenville, (412) 588-6164, Denny Puko (Farrell, (412) 981-2880, or Dave Maxwell (Pittsburgh, (412) 341-7632).

—Shenango Outing Club Newsletter

Fire-Fighting Memorabilia Requested

The Imperial Beach AYH-Hostel located in a renovated fire station is seeking donations of fire fighting memorabilia. The hostel staff is sprucing up the place for the summer season including a complete paint job thanks to a donation of paint. Any item that can add to the fire house theme from toy fire trucks to actual fire fighting equipment would be enthusiastically appreciated. A donated fire hose will be used to make the AYH Logo in the common room. For more information, or to have a donation picked up, please call Michael, Charlie, or Zoraida at the hostel at 619-423-8039.



Don't miss the Annual
SKI SWAP
sponsored by the
Hidden Valley Ski Patrol



held in the SHADYSIDE SKI SHOP parking lot.



SEPTEMBER 19 & 20 - saturday & sunday

Sell your used stuff, buy some new. Used ski clothing and equipment must be registered September 14 - 18 at the ski shop for sale during the swap. While you're there, check out the latest bikes, ski equipment and clothing...

SHADYSIDE SKI SHOP • 804 South Aiken • 412-683-9600