

APRIL 1978

Time To Get Away

vol. 29 no.4

GOLDEN TRIANGLE

pittsburgh council american youth hostels inc.



open house

Every Thursday Night

Doors Open: 7:45

Slide Program: 8:45

Our Thursday night Open House is for members as well as non-members. This is a great time to see friends, reminisce about good times and plan trips.

OPEN HOUSE PROGRAMS FOR APRIL

- Apr 6: Bill Skallos & friends will relive some AYH Rock Climbing and Winter Backpacking Trips.
- Apr 13: Tom Vogel will show slides and movies on "Canoeing Techniques & Safety Tips."
- Apr 20: Steve Martin presents, "The Art of Backpacking and Hiking."
- Apr 27: Ride-On with Joe Hoechner. Joe will lecture on equipment and techniques of bicycling, with slides of cycle camping on the C & O Canal and Shenandoah Valley from the Summer of 77.

Our Printer is leaving Pitts!! We need someone to run AYH's multilith machine (A&M 1250). Pay is based on piece rate but is equivalent to about \$4.00 per hour. Experience desirable but not necessary. Prefer someone living convenient to the machine (Squirrel Hill). Contact Bruce Sundquist at 327-8737. And thank you, Sue, for the good work you've done.

THE GOLDEN TRIANGLE

The Golden Triangle is a monthly publication of the Pittsburgh Council of American Youth Hostels, Inc. 6300 Fifth Ave. Pittsburgh, Pa. 15232

Phone: 362-8181 Thursday evenings between 7:45 and 10:30 only.

Please notify Pittsburgh Council, AYH as soon as possible if you change your address. Otherwise, you miss THE TRIANGLE and AYH is charged 25¢ for every newsletter that is returned.

DEADLINES FOR MAY ISSUE:

Articles & Ads: Thurs, Apr 6

Trips & Trails: Thurs, Apr 13

Production Party: Thurs, Apr 20

Editor:	Rick Caplan
Cover:	Lynn Gogots
Advertising:	Jim Gogots
Printing:	Sue Leathen
Mailing Labels:	Don Hoecker & Roy Weil
Production:	Don Hoecker and the enthusiastic AYHers who make production a party rather than a chore.

ACTIVITIES BOARD MEETING

Tuesday, April 4, 1978
8:00 P.M.

Mike & Marti Haddad's
1525 S. Negley Ave.
Pittsburgh, Pa. 15217
521-4324

Everyone is welcome!

articles

BIKE LIGHTS AVAILABLE

Hostel Storekeeper, Joe Hoechner, now stocks a supply of "snap-on bike lights." This is in response to cyclists requests for a handy, low-cost light that would meet the state night-riding laws.

This light is a basic flash-light (with a right-angled head) that mounts to the bike's front fork with a small bracket. The bracket is a clamp-on type that remains on the bike - the light is added only when needed. The fork mounting puts the light down where you need it (to spot potholes), not up on the handle bars where it could be in your way.

The bike light uses 2 standard size "D" batteries (not included) and will sell for \$3.00 including tax.

Joe also has other safety items for sale - bike flags \$2.50 and Fanny Bumpers \$2.25. Don't forget Pittsburgh Council T-shirts, blue or orange \$3.25 & your basic white only \$2.50. If you plan to partake in any large group activity (bike tours, canoe races, backpacking trips, etc.) wearing a Council T-shirt is a great way to show your "colors."

BICYCLE EQUIPMENT FOR TOSRV

Frame Pump and Water Bottle
Tool Kit: Phillips/reg. screwdriver, wrenches, spoke tool, special tools for your bike
Two spare tubes and spare spokes
Helmet
1st Aid: band-aids, Iodine, Aspirin, Salt tablets, Personal medicines

OVERNIGHT GEAR FOR TOSRV

Sleeping bag and duffel bag
Bike lock
Registration letter
Change of clothes; shower stuff
Sun burn ointment; camera, film
Extra money

Experienced TOSRV riders assume the day will start with a snowfall that degenerates into a driving rainstorm that breaks into a beautiful sunny day; they dress accordingly.

HIKING TRAILS by Mike DeRoy

The transitional period between the last snows of winter and the water and road sports of summer is a good time to wear off some shoe leather. There is an almost continuous North-South bikeway just east of Pitts. making up the Laurel Highlands, Baker and North Country trails. A little further to the East runs the Tuscarora trail with views from atop the Tuscarora Mountain of neighboring mountains. Closer to home, the Rachel Carson Trail runs between North Park and Freeport. The Glacial Ridge Trail, between Jennings Nature Reserve and Moraine St. Park, offers a more challenging hike. If you have exploratory leanings, try to link the Laurel Ridge & the Baker through the Cornsough Gap or Chipmunk to Mount Davis. With all these miles for hiking, plus walks thru local parks and nature reserves, there should be a rise in shoe sales this spring.

FOR SALE

Ford window van 1971- 6 cyc., stick shift, radials, snow chains, stereo speaker system, rust. \$900 - call Joe @ 343-2465.

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WRITERS WANTED

Recently, Hostel Development Chairperson Joe Hoechner suggested that Pittsburgh Council expand its number of descriptive brochures. We currently have "History of the Council," "Welcome Visitor" & "Go Hosteling" hand-outs which describe our organization or area hostels. It has been suggested that each activity (generally speaking) should have its own descriptive brochure. These would be as follows:

- a) Hiking & Backpacking
- b) Boating - including canoe, kayak & raft trips
- c) Bicycling - Day trips to cycle camping
- d) Cross-country skiing
- e) Climbing & Caving

The format should be the same: a single sheet of 8½x11 paper used horizontally and folded into 3 sections. There would be a title and illustration on the front with general activity information inside. There should be space on the back for basic A.Y.H. information and a small membership form. There should be no attempt to pin down trip dates; only state the season for that activity and areas we usually visit.

The writing of the brochures would be done with the current activities chairperson's assistance & cooperation. Illustrations could be either sketches or photos. If you are experienced, active AYH member with writing or drawing skills, here is your chance to help the organization.

For background information & samples contact Joe Hoechner 343-2465 or write to him at 405 Hoodridge Dr. Pgh. 15234.

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Most active leaders in
specific trip areas:

CANOEING	MIKE DEROF	11 trips
CLIMBING	JIM WOJIECHOWSKI	4 trips
CYCLING	JOE HOECHNER	9 trips
HIKING	DICK NUGENT & JOE LEVINE	7 trips
NORDIC SKIING	JIM ROBERTS	4 trips
RAFTING	ED SIEGER	4 trips

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<p>\$3 OFF</p> <p>Toward one kayak rental; call store 371-4802 Valid 3/23 to end of July, 78 One coupon per CKSC rental.</p>	<p>\$3 OFF</p> <p>Toward one canoe rental; call Oakmont, Pa. 828-3887 Valid 3/23 to end of July, 78 One coupon per CKSC rental.</p>



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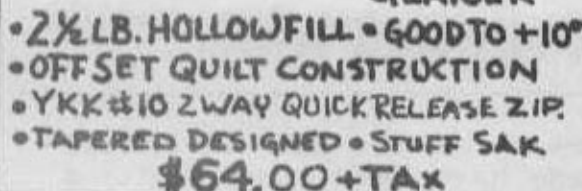
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tips tales

Some sleeping bags are made with the top half filled with down and the bottom half filled with synthetic material. Late night dialogues concerning the orientation of such sleeping bags have led to considerable confusion; the purpose of this note is to clarify the situation. First, when the bag is upside-down, the down side is down. When the down side is up, the bag is not upside-down. Finally, when the bag is right side up, the bag is up side down. This should clear up the matter once and for all.

Would you like to build a roof top bike rack for your car? Cyclist Joe Hoechner made a roof rack for his V.W. a few years ago & has drawn up plans for it. You can use these as guidelines for building a rack to fit your own car. Speak to Joe at any Open House Meeting or call him @ 343-2465.

New fares for the '78 Eurail-pass have been announced and were effective on January 1st. The 15 day pass is now priced at \$180. The unlimited first class mileage ticket is valid for the first time in Finland and Greece. At the same time, the previous Student Rail Pass has been replaced by a new Eurail Youth Pass. The new ticket is valid for 2 months of 2nd class travel for young people under 26 years of age, whether or not they are a student.

Would you like to take a 30 kilometer walk? The March of Dimes would like you to! You can join in their "Metric Walk '78" to be held on Sun. April 16th, starting 8a.m. at Three Rivers Stadium. For more information, pledge forms, etc. call 391-3193.

Do you know that there is a hostel in nearby Grantsville, Md.? It's one of the many old hotels located along the "National Pike" (Route 40). In true hostel tradition, it's located on top of a hill! If you're a bicyclist approaching from the Chestnut Ridge Camp Hostel, you will climb a 300' hill from the valley of the Casselman River to get into town.

Of course this doesn't compare to the 1,000' climb to reach the Chestnut Ridge Camp Hostel!

Bike routes will be explored during this Spring's Morgantown Weekend. There will be rides for intermediate riders of 50 hilly miles each day. Call Joe Hoechner @ 343-2465 if you are interested.

"Bikecentennial" is still going strong! If you would like a list of their 1978 trips, write to them at:

P.O. Box 8308
Missoula, Mont. 59807

If you're like most cross-country skiers, you probably won't be using your skis much this spring or summer. Don't just throw them into the corner! Strap your skis together with a block of wood between them to help hold the "camber" (the curve in the middle of the ski that gives the spring to your kicks). Store them upright in a safe, dark, dry place. Try not to hang anything heavier than your ski poles from them!

trips & trails

The trips listed below are open to the public with the exception that AYH members are given priority when the trip is of limited size. Trip costs include 50¢ registration and insurance (\$500 medical) plus transportation costs and equipment rental. In addition to these fees non-members are charged \$1.50 per day; one non-member fee can be deducted from the cost of membership if the tripper joins AYH within 30 days following the trip. Call the trip leader to reserve or cancel or to get information. Please call during normal hours (6:30-9:30 PM) unless otherwise noted. Make reservations as early as possible but in no case later than the Thursday before the trip.

ACTIVITIES BOARD CHAIRPERSONS

Cycling:	Ed Sieger 621-2911	Rafting:	John Orndorff 362-5401
	Steve Shore 683-6897	Climbing:	Wojie 322-2214
Canoeing:	Tom Vogel 731-4477	Hiking:	Steve Martin 665-0634

- Sun Apr 2 All Fools Bike Ride - If the weather permits, join Joe Hoechner at AYH for an afternoon ride around town. Dress warmly and brightly. Meet at 1:30 PM, cover 10-15 miles. Cost: 50¢. Call Joe at 343-2465 to express interest.
- Sun Apr 2 Beginner Hike - Steve Martin will lead a day hike on the Laurel Highlands Trail. The trip will leave the Hostel Parking Lot at 9:00 AM and cost about \$2.50 for AYH members. We will probably make a quick stop at McDonalds going and will stop somewhere for dinner on the way back. Bring a lunch, rainwear and water. For more information, call Steve at 665-0634 or work: 462-5000 ext. 6185.
- Tuesdays, Apr 4, 11, 18, 25 CPR Class - There will be a class in CPR and Standard Emergency First Aid given here at the Hostel Tuesday nites at 7:30. Anyone may attend; climbers are encouraged to come. For more information call Jim (Climbing Chairman) at 322-2214.
- Fri Apr 7 thru Sun Apr 9 Intermediate Backpacking Trip - Celebrate the arrival of Spring with a backpacking trip to Wolf Gap with Jack Leahy. The trip will leave the Hostel at 7:00 PM and return Sun night. The cost will be about \$15. Reserve with Jack at 935-4188.
- Sat Apr 8 Inter. Bike Ride - Mike DeRoy will lead a ride somewhere north of Pittsburgh. For reservations call Mike 371-6943.
- Sun Apr 9 Inter. Bike Ride - Approx. 25 mi around Ligonier with John Orndorff. Bring raingear, lunch, water bottle and \$3.50. Trip includes one lovely, gradual 7 mile hill. Call John at 362-5401 to reserve.
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APRIL TRIPS AND TRAILS

- Sun Apr 9 Inter Hike - Klaus Rixen will lead a day hike of approx. 13 miles on the upper section of the Laurel Highlands Trail. Leave the Hostel at 8:00 AM and bring a lunch, water, raingear and about \$2.50. There will probably be a stop for dinner on the way back. For more information, call Klaus at 831-9921.
- Sat Apr 15 Inter Bike Ride - Join Barb Muroch on a Covered Bridge Ride, south of Pgh in beautiful Washington County. The trip will cover 50 miles of interesting and eventful terrain. Bring lunch, water, \$3.00 & raingear. Spare tube, tools, helmet and fanny bumper are strongly recommended. Call Barb at 681-3986. Reservations are a must.
- Sat Apr 15 Beginner Hike - Valerie Krenicky will lead an 8 mile day hike on the Laurel Highlands Trail. Bring lunch, raingear and about \$2.50. Leave the Hostel at 7:30 AM. For more info, call Valerie at 462-4486.
- Sun Apr 16 Shape up Sunday - Joe Hoechner leads an in-town bike trip including about 20 miles of potholed roads. Enjoy your lunch and a view from the West End Overlook Park. Dress brightly; bring water, lunch, tools, spare tube and 50¢. Helmets, fanny bumpers or bike flags recommended. Meet at 9:30 AM. Call for info @ 343-2465.
- Tue Apr 18 Bike Repair Session - Come to the Hostel and help Ed Sieger repair the hostel bikes. We will meet around 6:00 and maybe go to dinner first. Call Ed at 621-2911 if you are interested.
- Fri Apr 21 Inter Backpack - Jack Leahy will lead another spring-thru time backpacking trip to the Dolly Sods area in West Virginia. The trip will leave the hostel at 7:00 PM on Friday and return Sun. night. The cost will be around \$10.00. To reserve, call Jack at 935-4188.
- Sun Apr 23
- Sat Apr 22 Aufwiedersehen Cookout - Klaus Rixen leaves for his homeland. Many of his friends will take this opportunity to give him an American farewell. The grove and fee will be announced at AYH meetings. Contact Arv Westlund at 835-5896 or Bob Goff at 237-7333 for details.
- Saturdays
Apr 22,29 First Climbs - These will be the first outings of the 1978 climbing campaign for beginners and for veterans of last years campaign. Spaces are limited. Call Wojie at 322-2214 to reserve a place.
- Sat Apr 22 Inter Backpack - Ben Brugmans will lead a trip to Quebec thru Run, leaving the Hostel Sat. morning and returning Sun. night. As usual on Ben's trips, there will be gourmet group cooking. The cost of trip will be about \$10.00. For more information, call Ben at 363-1613.
- Sun Apr 23

APRIL TRIPS AND TRAILS

- Sun Apr 23 Inter Hike - Mike and Marta Hurwitz will lead a day hike to an as yet undisclosed location. The trip to this unknown trail will leave the hostel at 8:30 AM. Bring lunch, raingear and an undisclosed amount of money. It is unknown when or if this trip will return. If you think that you would like more specific information, call Mike or Marta at 422-9204.
- Sun Apr 23 Inter Bike Ride - Get in shape for TOSRV with Chuck Ejzak. His ride may include a stop for an all-you-can-eat brunch. Chuck plans to cover about 50 miles. Call for reservations at 327-5031.
- Sun Apr 30 Beginner Hike - Bill Porter will lead a day hike of about 6-8 miles in the Ferncliff Nature Preserve near Ohiopyle. Leave the Hostel at 10:00 AM and bring a lunch. The cost of the trip will be about \$2.50. For more info, call Bill at 222-3029.
- Sun Apr 30 Advanced Bike Ride - For those riders wishing to get in shape, Joe Hoechner will lead a 40-50 mile ride south of the Laurelville Hostel. This is an advanced trip with few rest stops. You'll need about \$4.00, water, tools, rain gear, lunch; fanny bumpers & helmets are recommended. Meet @ 8 AM. Reserve with Joe at 343-2465.

FUTURE TRIPS

- Sun May 21 "Great Bike Race" - is sponsered by the City of Pgh. If you'd like to help or get info, call Joe H. at 343-2465.
- May 27-29 GEAR 78 - The Great Eastern Rally is being held at Millersville, Pa. - in Pa. Dutch Country. Joe Hoechner is planning to lead a group to take part in the many rides that are planned. If you would like to go, send for an application now: GEAR 78
P.O. Box 6215
Hellam Branch, Pa. 17406
(include a large, self-addressed stamped envelope)
- Jul 17-21 Scuba Divers - The planned summer trip will be at Pennkamp State Underwater Coral Park in the Florida Keys. For details contact Jim at 322-2214.
- July 28 thru Aug 13 Canadian Whitewater Canoe Trip - We will canoe on the Groundhog River, 104 miles, from Palamar, Ontario to Fauquier, Ontario. We'll encounter waterfalls and 18 miles of rapids. Bring along food and camping equipment. Whitewater experience is necessary. Leave AYH 8 PM Fri., July 28 and return on or before Sun., August 13. Cost around \$80.00. Reserve with Howard King. Home phone is 264-1386. Work phone is 273-5082.

AYH MEMBERSHIP

Fill out the following membership application and bring or send it with a check payable to "Pittsburgh Council, AYH" to Membership, AYH, 6300 Fifth Avenue, Pittsburgh, Pa., 15232.

NAME _____ PHONE _____
ADDRESS _____ OCCUPATION _____

(zip code) NEW/RENEWAL _____

___ Youth membership (under 18)	\$ 5.00
___ Senior membership (18 and over)	\$11.00
___ Family (valid in USA and Canada only)	\$12.00
___ Organization membership	\$25.00
___ LIFE	\$110.00
___ FAMILY LIFE	\$220.00

SERVICE INTERESTS: ___ Newsletter; ___ Hostel Development; ___ Biking;
___ Publicity; ___ Trail Maintenance; ___ Equipment Repair;
___ Auditor Service; ___ Typing; ___ Art Work; ___ Key Punch

LEADERSHIP: ___ Backpacking; ___ Biking; ___ Canoeing; ___ Caving;
___ Climbing; ___ Cross-country skiing; ___ Hiking; ___ Rafting.

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