



Golden

Volume 43, Number 11

Triangle

November 1992

A tree is just a tree,
the woods are all the same...
...but are they?

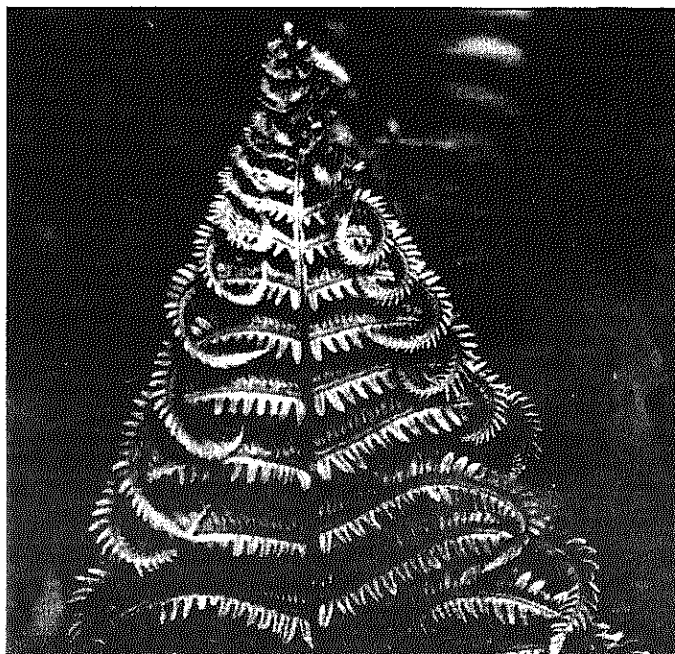
by Linda Smithyman

People enjoy hiking in the woods for a variety of reasons such as exercise, getting some fresh air, taking in the sights and sounds that mother nature has to offer or to just get free of the everyday trials and tribulations of life. Hiking has plenty to offer everyone regardless of their age or reasons for doing so.

Walking in the woods can be a wonderful experience. Some helpful hints would be to stay away from the traffic and noise of civilization, away from the flights of airplanes and active railroads if possible, and find a safe place that holds wild animals such as deer, a variety of birds, butterflies, waterfowl, streams and waterfalls, and those blasted raccoons! You may not see 'em but you'll know that they are there.

I had a chance to experience several very pleasant hikes in the Shenandoah Valley in Virginia in August. While I wasn't far from civilization along Skyline Drive, just a few hundred yards off the main road and I was encased in a protected wilderness area full of living plants and creatures, some of which I had never seen before. Once I found the correct trail, mostly various sections of the Appalachian Trail, I soon disregarded the noises of traffic for the songs of many birds, the gentle whisper of the wind through the trees and the inquisitive but elusive deer scattering at my close approach. A black bear crossed my path a few hundred feet down the trail. At an easy pace I picked out new trees and plants, and, my favorite: wildflowers. I forgot about my job, graduate school and whatever else that may have been nagging at my brain and I felt inner peace along my journey. I let my mind wonder. The forest welcomed me and I appreciate all of its beauty and what it has to offer.

continued on page 8



This beautiful photo of a forest fern was submitted by Linda Smithyman.

Featured in this Issue...

A tree is...

A story describing the wonders of a forest

Page 1

Foot Notes

New column featuring hiking and backpacking news

Page 3

Ohiopyle

1st annual AYH Ohiopyle Activities Weekend was a success

Page 4

I N S I D E

Volunteer News and Opportunities	2
Foot Notes	3
Ohiopyle Activities Weekend	4
W. Pa. Rail-Trails	5
Activities	6-7
Mississippi AYH Opens	9
Cycling News	10
Classified	11
AYH Application and Order Form	Back cover

American Youth Hostels

Pittsburgh Council
6300 Fifth Avenue
Pittsburgh, PA 15232

NON-PROFIT
US POSTAGE
PAID
PERMIT #127
PITTSBURGH, PA

Dated material—please deliver promptly
Address correction requested
Return postage guaranteed



PASS# - 1910

LIFE

JOEL PLATT
1632 DENNISTON AVE
PITTSBURGH PA 15217-1458



The *Golden Triangle* is published monthly by the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

Publisher/Editor
Ron Wodaski

Copy Editor
Donna Brown

Mailing Labels
Roy Weil
Joel Platt

Production
Don Hoecker

Advertising
Bill Eberle
(412-833-9732)

Council Officers

President
Larry Laude
(412-665-9554)

Vice Presidents
Linda Smithyman
Jon Maiman

Secretary
Marianne Kasica

Treasurer
Roy Weil

Address changes and mail regarding this newsletter should be addressed to:

The Golden Triangle
6300 Fifth Avenue
Pittsburgh, PA 15232
(412) 362-8181
Office: (412) 422-2282

Newsletter Contributions

Contributions to the newsletter are welcome. You can submit them in three ways:

- ◆ Typed
- ◆ On diskette
- ◆ By email

Handwritten submissions can be difficult to read, so avoid them if at all possible.

There are several diskettes in the newsletter box at headquarters; please feel free to use these for submissions. To send by email, use the editor's Compuserve address:

75330,3711

Volunteer News and Opportunities

Pittsburgh Council Activity Chairs

<i>Bicycling</i>	
Chuck Ejzak	466-6196
Bill Eberle	833-9732
<i>Canoeing</i>	
Royanne Mac	335-7326
<i>Climbing</i>	
Eric Bauer	687-0766
<i>Cross-County Skiing</i>	
Fred Parker	856-4713
<i>Family Activities</i>	
Barbara Hanusa	441-7205
<i>Hiking & Backpacking</i>	
Jim Ritchie	828-0210
Pat Tieman	561-3286
<i>Kayaking</i>	
John Gayler	366-4062
Ray Yutzy	341-5682
<i>Mid-Week Rambles</i>	
Cliff Ham	687-4520
<i>Rafting</i>	
Jon Maiman	441-2306
Linda Smithyman	531-1868
<i>Sailing</i>	
Bob Zavos	241-0659
<i>Sea Kayaking</i>	
Mark Mistrik	441-8293
<i>Volleyball</i>	
Jeff Marsh	384-7827
<i>Trips Coordinator</i>	
Janet Supowitz	

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of the International Youth Hostel Federation (IYHF) which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Dec. Deadlines

All Copy
November 5
Labeling and Mailing
November 19

WQED Pledge Drive Volunteers

by Linda Smithyman

I am looking for volunteers to answer telephones at WQED on Tuesday, December 1st from 7:00 pm till 9:30 pm or 9:30 pm to at least 11:00 pm or the whole thing. Some munchies and refreshments are available, sometimes pizza, and one person usually wins a nice prize for volunteering this night. This evening is usually lots of fun so give me a call at 531-1868 if you would like to participate. I usually work on my Christmas cards on this night so come on out and get on my list!

Christmas Party

The Christmas party will most likely be held on Thursday, December 17th. See the December issue for information regarding where we will be partying, if we are carolling through the neighborhood or not, and the time. We usually put the January newsletter together first. As usual we would appreciate it if members would bring a food item as well as help in the consumption of such.

Gettysburg Puts Police on Bikes

Gettysburg has joined the growing list of municipalities in the state that have pedal patrols. Two of the town's 12-officer department will cruise on a part-time basis on mountain bikes for parades and other special events involving large crowds and heavy traffic. Chief Frederick Gantz cited the need for some type of mobile patrol between foot officer and a car which will allow officers to get to a trouble spot faster than foot patrols and where police cars can't.

Letters...

[Letters to the editor are welcome. Letters will be edited to conserve space when necessary. Letters are published at the discretion of the editor.]

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* at the left.

Pittsburgh Council Hostels

Ohioypyle AYH Hostel

Ohioypyle State Park
PO Box 99
Ohioypyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel

RD #1 (1 mile west on Route 30)
Schellsburg, PA 15559
(814) 733-4212

Charleroi Youth Hostel (SA)

Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200



Hiking and Backpacking News for November 1992

Foot Notes

by Jim Ritchie

Foot Notes is a new column that we, the hiking and backpacking folks, hope will appear in the newsletter every so often beginning now. Our intention is to bring you all the news (and gossip) related to hiking and backpacking not only in the Pittsburgh Council, AYH but for all of Western Pennsylvania and beyond as well. We hope to keep you well-informed about the many things happening that you won't read in the trip listings including who's doing what to whom. Let us know what you think of our new column and please offer suggestions for improvement. And most of all, share your news with us so we can get it out to the rest of our readers. Thanks.

Maynard Hanson took a trip to Alaska in August, making one final dash for the Arctic Circle from Fairbanks in a 200-mile drive along the Alaskan Pipeline. While the weather wasn't especially good, Maynard says it was good when it had to be. Tom Kaveney loaned Maynard all his Alaskan maps so Maynard wouldn't get lost.

Mark Mistrick thinks AYH needs a new winter large group activity. He is seeking someone to help him with all the details of putting such a trip together. He has been talking about maybe going into West Virginia, maybe down to White Sulphur Springs, unless *you* have a better idea. Activities could include hiking, cross country skiing, downhill skiing, ice skating, sledding and tobogganning and, of course, eating (Are You Hungry?)

Did you know Helen Coyne went for AYH leadership training? The objective of this training is that it allows you to be a trip leader for National AYH. Helen went for her training and while it was specifically for cycling, the leadership and people skills she learned there are applicable to all types of trips. We're looking forward to our new trip leader. Helen led her first trip, a beginner's backpack on the Rimrock-Morrison Trail in the Allegheny National Forest in October. Rumor has it that now Helen has just completed a Wilderness Survival School. Does Helen know something we don't know??

Many thanks to Pat Tieman for serving as the Pittsburgh AYH Hiking/Backpacking Co-Chair for the past few years. Pat was an active AYH member long before I got involved in 1989 and has made many contributions to our organization. Pat has been going on most if not all of the Shenandoan/Appalachian Trail hikes this past year and intends to remain an active contributor in AYH affairs. When I think of Pat, I think of the assistance she has provided new backpackers in selecting good equipment for their activities and the overnight trips she led in recent years on the Laurel Highlands Trail.

At the same time I want to congratulate Helen Coyne as the new CoChair for Hiking/Backpacking in AYH for 1992-93. I sure she has much to contribute in our program. Helen has been active with the North Country Trail Council, currently serving as the National organization's secretary and with the Keystone Trails Association, attending at the end of September the semiannual (Fall) meeting of that organization in Dingman's Ferry, PA. As you know, Helen also provides the staff support for the Pittsburgh AYH office at the Solway School.

Jon Maiman is suggesting that the AYH multi-activities weekend for 1993 be moved to central West Virginia in July. The intention is to camp at a campground near Fayetteville and sponsor hiking, rafting, canoeing, cycling, rock climbing, kayaking and others activities as well (like eating)... Now is the time to begin investigating hiking/backpacking opportunities in the area. What kind of trails exist around there? Are there trails leading out of the campground itself or would we need to carpool to a trailhead? Who will volunteer to lead hikes there?

AJ Stones has expressed his interest in helping AYH repair some of its bridges and shelters on the Baker Trail throughout the next year. He had planned to go with Pete Srimi on his October hike around Crooked Creek Lake on the BT assess the amount of work that would be needed. If you're interested in helping AJ, probably next Spring, let him know. Maybe we can organize an overnight trip, staying at the Cochran's Mill Shelter, doing the necessary repairs, and having a giant campfire on Saturday night. Talk to AJ.

Thanks to Blanche and Jack Asherman for staffing a brochure table on National Rails-to-Trails Day at the Buffalo Township Fire Hall, October 4, on the occasion of the ribbon-cutting ceremony for the Butler-Freeport Community Trail, aka the

Butler-Freeport Rail-Trail. The first two sections of the trail, totalling 3.5 miles, are now open with the ballast removed and a finished limestone surface in place. This is a spectacular trail, following the Little Buffalo Creek Valley and running past Todd Sanctuary in Butler County. Is anyone interested in leading a hiking trip on this trail? If so, I can provide maps and information on the route.

Ron Bennett is the President of the BFCT Council but is hoping he can pass the torch to younger blood after serving in this capacity for the last two, hard-working and successful years. If you're knowledgeable regarding the BFCT and ambitious, give Ron a call to express your interest. And while you're at it, thank him for a job well done.

Did anyone realize that the headline in the October Golden Triangle that said "Local Sierra Club Leads Bike to Beer Run" should have said "Local Sierra Club Leads Hike to Beer Run"? In our haste to poke a little fun at a typo in the Sierra Club newsletter, we committed a typo ourselves. Is this poetic justice or what??

If you intend to lead a hike during the months of December, January or February be sure to contact Jim Ritchie, Helen Coyne or the newsletter editor Ron Wodaski since no phone calls will be made to solicit hike/backpack listings for those months. The telephone calls will resume for hiking and backpacking in March, the calls being made in early February.

Through October, Blanche Asherman had completed three of the four hikes on the Rachel Carson Trail that she had set as her goal for 1992. In between hikes, she and Jack are out there cutting down the jungle that grows up each year, clearing the trails of fallen trees and brambles, refreshing faded blazes, etc. Many thanks.

Ron Boone led a hike in September for the B.O.L.D. folks, that is the Blind Outdoor Leisure Development people, in conjunction with Peggy Walsh. Peggy sent Ron a letter of thanks for leading the group on a great hike at Ohiopyle on September 13. Thanks, Ron.

Ingeborg Kerenyi found a gold mine recently. While hiking in August with Jim Ritchie on the Baker Trail in the Cherry Run area she stumbled across an entire hillside covered with Chanterelles. If you don't know what Chanterelles are, they are orange, irregularly shaped mushrooms considered a delicacy in Europe and sold in many open air markets there. Ingeborg must have taken home 2 pounds of those things. Since she is still well, I assume she made the correct identification. Ingeborg also dined on fiddleheads back in April while hiking with Jim on the Wolf Rocks Trail.

Apologies to Linda Smithyman for whom several slides in the hiking/backpacking slide show on September 17 were loaded upside down or sideways. That was the fault of the slide show engineer for the night (me). Really, Linda, I'll do better next time.

Linda has been doing such a great job with maintenance on the Ohiopyle Hostel and doing so much horseback riding in her spare time that we are beginning to miss her as a trip leader on her favorite trails: Schenley Park, Frick Park, Duff Park, Spruce Bog on Laurel Mountain, and at Ohiopyle. Can someone talk Linda into resuming her career as a hike leader?? Maybe she's just holding out for her annual New Year's Day Gala Breakfast Hike.

Clare Bunker and Bill Lindgren were starting to do the Battlefield Hikes this fall but I didn't see them in the Golden Triangle. If you're interested, give them a call.

Glenn Oster went hiking for the second time this year on the Appalachian Trail, this time for two weeks in North Carolina, starting up where he left off earlier in the year. I don't know if the weather was better this time or not. In June, the weather was about as unforgiving as possible.

Glenn has been doing so many BIG trips over the past two years (the coast-to-coast bike trip and five weeks of Appalachian Trail backpacking this summer) that we sorely miss his weekend backpacking efforts in the Allegheny National Forest, and the interesting day hikes he used to lead all over Western PA. In addition to the BIG trips, Glenn has been spending a lot of time visting family and friends in North Carolina and when he's not doing that, recuperating from bicycle accidents. Glenn has been doing some major league trail maintenance on the Baker Trail in Clarion County, around the Mill Creek area, clearing out overgrowth, rerouting sections of the trail, and repainting blazes that have all but disappeared. Glenn says he can't believe how much these trails get lost from year to year, so much that even though he was the last person to clear and blaze certain sections of the trail, he can't even follow his own path. I hope Glenn leads a hike on that section for us sometime soon.



First Annual Ohiopyle Activities Weekend a Huge Success

by Jim Ritchie

The first annual AYH Ohiopyle Activities Weekend was a rousing success for all those who came on down. The weather was great and got better and better as the weekend progressed. For all those who stayed at the Ohiopyle Youth Hostel, the weekend was especially rewarding by virtue of meeting the three Australians, Charles, Robert and She with their Vegemite and Bornbaum's Rum in hand. The group of five cyclists from Pittsburgh/Philadelphia included a Pittsburgh celebrity, Chris Moore, a producer for WQED whom you have probably seen many times on Channel 13's fund raisers. The mysterious girls from Cleveland as well as Laura and her friend who stayed over Saturday for Tom's Sunday hike, 4 cats (led by the notorious Kilroy), Lisa the escapee from California and "Bear", the huge 4 month old Lab puppy, pure black and fuzzy rounded out the cast of characters for the weekend.

Jim Ritchie led an eight mile hike on Saturday to four nearby waterfalls: the Ohiopyle falls, Cucumber Falls, Sugar Run Falls and Jonathan Run Falls. Hikers included Sandy, Lori and Jim, Diana, AJ, Maynard, Dave and Veronique. As you might suspect, the best one, Jonathan Run Falls, was the most difficult to get to: 50 yards down into a steep, slippery, ravine (and 50 yards back up), hanging onto roots and branches to keep from slipping. But once there, the magic of the spot was more than enough reward. Dave and Diana went down there too, against their better judgment, but enjoyed it anyway, especially when reaching the top again. After the hike, Jim and a few folks headed for the DQ down the road while Lori, Sandy and Jim, Diana, and AJ (?) went for a ride on the biketrail.

Tom Kaveney led a hike on Sunday to Baughman's Rock, showing up at 9:00 am to a hostel full of waiting hikers. Sunday was an absolutely gorgeous late summer day with a crystal clear sunny sky and temperatures barely getting up to 70 degrees—perfect hiking weather. Was one or both of the mysterious Cleveland girls on Tom's hike?

Sue Ritchie and Joan Roelf rode the biketrail to Confluence and spent a good amount of time sightseeing on the streets of the village. They enjoyed a great lunch at the River's Edge, eating in the sunshine on the outside porch overlooking the Yough. Who do you think their waitress was? Early that morning when we got up, we met Lisa, housemom Sue Moore's niece who was on the lam from California for the summer and maybe more. After she had some breakfast, she said goodbye since she had to leave for work. Right!! She was their waitress. The food was wonderful, quiche and the best blueberry pie you would probably ever have. The pie was loaded with fresh (not canned) blueberries and was made with a delicious lemon and almond crust.

Saturday evening Jim and Sue Ritchie and Dave Feick (he of a really nifty VW camping van) returned to the River's Edge for dinner having Surf 'n' Bird (chicken), BBQ pork chops, fried shrimp and some more of that great blueberry pie. Outdoorsmen and women ever, we all had dinner on the porch even though the temperature dipped way down into the 50's before we left.

After returning to the hostel after dinner, everyone gathered in the common room for tales of adventure and travel. The Australians told stories about the notorious hostelkeeper "Bill". Bill gave them for their daily chore, the task of shoveling a huge pile of manure into a truck. Bill made periodic checks of the showers, running his fingers on the floor to detect moisture, to make sure no one used them except during the designated hours. Later they found out Bill was disenfranchised for some mysterious reason as a hostelkeeper. Even Sue Moore knew the legendary Bill.

Lisa told us that back in May, she asked her boyfriend to watch her animals, two iguanas and a parakeet, for two weeks while she went to visit her friends and family in Pennsylvania. He said ok. She is still here, three months later. Her boyfriend calls weekly, each time with a little more panic in his voice, saying "When are you coming home?" Soon, she says. She smiles as she tells us last year she went to Ireland for two weeks and stayed three months on that one too. This time, she says, it may be longer.

Jim, Sue and Dave also went cycling on Sunday on the newest 6 miles of the Ohiopyle bikepath, the total distance now being about 17 miles. We stopped both

Happy Thanksgiving!



"In things pertaining to enthusiasm, no man is sane who does not know how to be insane on proper occasions."

Henry Ward Beecher (1813-1887)
American clergyman, editor, writer

ways to climb down the hill at "Dimple", one of the rapids along the Yough, so we could watch the rafters and rubber duckers fall out trying to negotiate the rapids there. We learned that the biketrail is scheduled to be completed all the way to Connellsville by spring, upping the total distance to 25 miles. We also stopped for a while to contemplate the peace at Sugar Run Falls once again.

The rafters enjoyed the beautiful fall weather on both Saturday and Sunday. Jon Maiman ended up leading trips on both days. Brian and Richard learned intimately the lessons to be learned on Killer Falls.

The kayakers went on the river on Sunday with Van Horne leading the way. Paul Bronder had a great day, coming off the water only when it was too dark to see any more.

West Pennsylvania Hills Alive with Sounds of Rail-Trails

Some pretty exciting things are happening on abandoned RR rights-of-way in the western part of the state. From Erie to the Maryland line, rail-trails are sprouting up like mayapples in spring.

"500 Miles of Hiking/Biking Trails Planned for Region" reads the headline in the Pittsburgh Press. At a time when RRs are shedding excess lines all over the map and Congress is loosening the purse strings for bike trails, trail councils are being formed and grabbing for the bait. One of the most exciting trail concepts is the vision of an Erie-to-Washington DC off-road route.

The Allegheny Valley Rail-Trail System is a complex of four trails in the Franklin-Oil City-Clarion area with a projection of starting as far north as Corry and Warren and coming down the Allegheny River to Pittsburgh some day.

Farther south, Armstrong, Butler, Indiana, Cambria, and Lawrence Counties are beehives of activity with, among others, a 52-mile sweep along a Conrail line down the Allegheny from southern Clarion County to Schenley in Armstrong County, and a trail from New Castle into the suburbs of Youngstown, Ohio.

Southwestern Pennsylvania is the site of the Youghiogheny River Trail, a series of connected trails that is planned to run from outside Pittsburgh to Cumberland MD, hooking there into the 185-mile C & O Canal Trail to Washington DC. Once this is accomplished, a plan to meet the northern trails mentioned above and extend to Erie and Warren—a total of 450 miles—is being talked about by the more visionary planners!

A Regional Trail Corporation formed by Allegheny, Westmoreland and Fayette Counties has acquired 40 miles of Pittsburgh & Lake Erie right-of-way from McKeesport (near Pittsburgh) to Connellsville, with some construction slated to begin this summer. The Western PA Conservancy conveyed to the state the next 14-mile segment from Connellsville to Ohiopyle, also in Fayette County, and about half has been finished. The 10-mile section from Ohiopyle to Confluence, also from the Conservancy, was opened as the Yough River Bicycle Trail in 1986 and was used by 150,000 people last year.

The 57-mile section from Confluence to Cumberland, known as the Allegheny Highlands Trail, a project of the Somerset County Rail-Trail Assn., leaves the Youghiogheny and follows the Casselman River. A 7-mile section from Rockwood to Markleton is being constructed this year.

The Conservancy has played a key role in this southern section—what began as its rather small acquisition in 1978 has grown into a major recreational trail that has exceeded all expectations.

Along with the above developments, the Allegheny County Planning Department and local bicycle supporters have been laying plans for a proposed bicycle program for the Allegheny County/Pittsburgh area that represents \$5 million worth of improvements over a 4-year period. It includes the design, acquisition and construction for the development of both Class I (separate bikeways) and Class 2 (bike lanes) and represents a balance between recreational and commuter bikeways.

The program includes:

- ✦ Development of a 10-mile semi-circumferential belt around the central business district known as the THREE RIVERS HERITAGE TRAIL.
- ✦ Design and construction of the MONTGOMERY TRAIL, a 40-mile recreational trail from Coraopolis to Clairton.
- ✦ A study to determine a preferred corridor for an OAKLAND-TO-DOWNTOWN BIKEWAY.
- ✦ Design and construction of undeveloped portions of the YOUGHIOGHENY RIVER TRAIL.
- ✦ Acquisition, design and construction of a MON RIVER BIKEWAY, a 12-mile arterial from Clairton to Sandcastle via McKeesport.
- ✦ Construction of a 5-mile arterial bikeway from the WEST END TO CARNEGIE via a former trolley right-of-way.
- ✦ Development of a NORTH HILLS BIKEWAY. 19 miles from downtown Pittsburgh to Cranberry Township via the Ross Park & Ride.

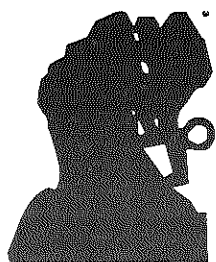
In announcing this ambitious program, the Planning Department cautions that collective support of the program by interested groups is absolutely vital to its implementation and urges oral, written and personal contact with county commissioners, state representatives and agencies, the State Transportation Commission, and others. Specific names, addresses and phone numbers may be obtained by contacting the Department at 441 Smithfield St., Pittsburgh, PA 15222 (412/355-5960).

"Humor is emotional chaos
remembered in tranquility."

James Thurber (1894-1961)
American humorist, illustrator

SPIRIT OF ADVENTURE, INC.

YOUR QUALITY OUTFITTING SOURCE



Products by:
NORTH FACE
SIERRA DESIGNS
MERRIL
VASQUE
CLIMB HIGH
KELTY

TENTS • BACKPACKS • CAMPING
EQUIPMENT • YEAR ROUND OUTERWEAR
HIKING BOOTS • CLIMBING SUPPLIES
CROSS COUNTRY SKIS • DRIED FOODS

COMPETITIVE PRICES
LARGE SELECTIONS

341-3111

703 Washington Road (2 miles north of South Hills Village)

Volleyball Chairman Wanted

The old volleyball chairman has retired. We are looking for someone willing to organize a weekly volleyball game. The job involves: bringing the equipment, setting up the net, minor administrative tasks (such as keeping attendance) and generally organizing play (choosing sides, keeping things going). AYH volleyball is a "pick-up" game, not a league, with a wide range of experience represented in the players. It's a real bump-set-spike game, not "picnic volleyball", but beginners are welcome. As with most AYH activities, teaching beginners is an important part of the leader's job. The chairman should be willing to teach rules, techniques and strategy as new people try the game. We have a gym available on Tuesday evenings, other nights may also be available. If you are interested in being volleyball chairman, call Jeff Marsh.

Mid-Week Rambles

- November 4 Bloomfield or Friendship Area**
 Wed See the large homes which are the concern of the Friendship Preservation group.
 Leaders: Cliff & Marilyn Ham, 687-4520
- November 11 Tour of Millvale**
 Wed Tour includes famous murals. This is planned as the first in a series of tours in communities north of the Allegheny River.
 Leaders: Cliff & Marilyn Ham, 687-4520
- November 18 Squirrel Hill**
 Wed Follow the route of the Squirrel Hill Street Railway, from Murray Ave. to Oakland. Repeat of a similar trip last year. Bring a lunch; we will end up at the home of Cliff and Marilyn Ham for snacks. Call 687-4520 for information.
 Leader: Cliff Ham, 687-4520
- November 25 No ramble**
 Wed Enjoy your Thanksgiving.
- All Trips:** Meet in upper parking lot, Fifth and Shady Avenues, by ten o'clock each Wednesday A.M. or make alternative arrangements.
- Trips are subject to change because of the weather, conflicts of schedule, and the will of the group. We will walk in all kinds of weather. Be prepared.
- Please share expenses of transportation when trips exceed ten miles. Suggested: \$1 for each passenger.
- Call Cliff or Marilyn Ham at 687-4520 for information about trips, but not after 10:00 pm.

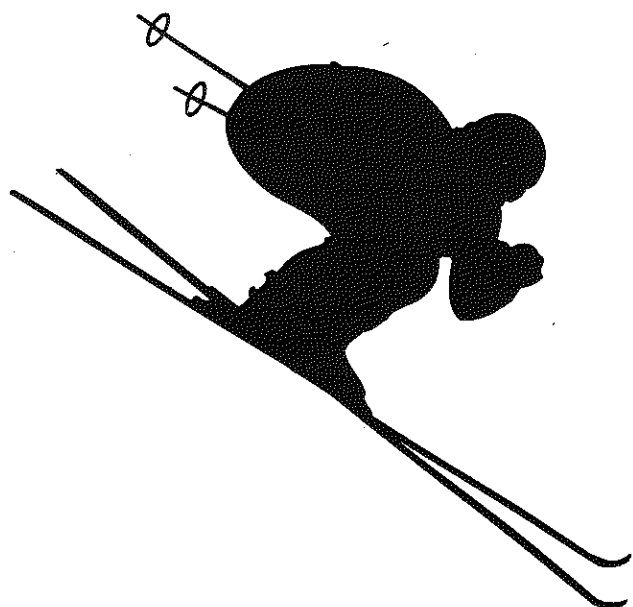
November Slide Shows

Pittsburgh Council has a weekly Open House from 8 to 10 pm Thursday evenings at its headquarters at 6300 Fifth Avenue (near Fifth and Shady; we're next to the Pittsburgh Center for the Arts). A slide show starts at 8:15 pm and is followed by announcements for the week's activities. Memberships and publications are available at the membership desk.

November 5
 "Wild Things" - critters of
 Western Pennsylvania
 Steve Majetick

Other shows
 To be announced

To schedule a slide show, call Helen Coyne at 422-2282



Sea Kayaking

Saturday 7-November, 1992.

Mark Mistrik 441 - 8293 home.
 Sea-Kayaking daytrip to Presque Isle, Lake Erie (Good Weather) or Moraine State Park (Bad Weather). In either case, pack a lunch, water bottle, and wear warm, layerable clothing. Reservations required if you need to rent a sea-kayak. 9:00 am at HQ Saturday morning.

Friday evening 13-November to Sunday 15-November, 1992.

Mark Mistrik 441 - 8293 home.
 Fossil Collecting trip to Southwestern Ohio. Two overnights in Ohio AYH Youth Hostels, Saturday evening dinner and sightseeing in Cincinnati. We will be searching for fossils from an ancient seashore 400 million years ago. Trilobites, Cephalopods and Horned Coral are commonly found. No previous experience is required. Early reservations appreciated. 6:00 pm at HQ Friday evening.

Saturday 26-December to Sunday 3-January 1993.

Mark Mistrik 441-8293 home
 Sea-Kayaking Roadtrip to Southern Florida. Trip will include easy sea-kayaking, camping, sightseeing, eating, hiking, and looking for an appropriate spot to welcome the New Year. Call for more information.

Sailing

The AYH Sailing Program offers a variety of activities for a wide range of skill levels and interests. In the Spring and early Summer we offer introductory classes on Lake Arthur. During the Summer and early Fall we offer day sailing on Lake Arthur, weekend trips to other nearby lakes, and extended trips to distant places. Our fleet includes three Flying Juniors and an International 470.

Day sailing and weekend trips are open to AYH members who have completed our introductory course or equivalent. AYH members with no previous sailing experience may join a trip at the discretion of the trip leader. This will normally depend on skill levels of other trip participants. Guests are also welcome, but AYH members have preference up to 1 week before the scheduled date. Fees for day sailing are \$11 per day for AYH members and \$12.50 per day for guests. Contact Bob Zavos (241-0659) or Joel Hough (371-4986) for more information or to reserve a space.

Early Dec. Bahamas, US Virgin Islands, or South Florida

Rick Tomlinson, developer of Pittsburgh Council's Sailing Program, will charter a larger sailboat in early December for at least a week long cruise. In prior years he has led trips along Maine's coast, the Florida coast, and several destinations in the Caribbean. More details will be available later, but if you have any interest contact Bob Zavos as soon as possible.

Attention: December, January and February Trip Leaders

If you are interested in leading a hiking or backpacking trip during the months of December, January or February, please call Jim Ritchie, 828-0210, prior to the "copy deadline" published in the *Golden Triangle* for these months, usually the second Thursday of the prior month.

Tuesday Hikes

Hikers are welcome to join us on Tuesday evenings as we walk a 5-mile course up over Ridge Drive in North Park. We meet at the North Park Boat House at 7:00 pm. Good opportunity for backpackers to get a workout wearing their backpacks. For more information, call Helen Coyne at 776-0678.

Hiking & Backpacking

Oct.30/Nov.1 Quehanna Trail, Western Loop Backpacking Trip

Friday-Sunday Glenn Oster 364-2864
Hike the western loop of the Quehanna Trail. Intermediate level; this is about 20 miles total. Call Glenn for info/reservations.

Nov. 1 Warrior Ridge Orienteering Club Event

Sunday Mike Lubich 883-2238
Mike gave a slide show at a recent AYH Thursday Night Open House. This orienteering event, sponsored by WROC, will provide both beginners and advanced level courses. Beginners are especially welcome; club members will teach you how to get started. You receive a topographic map of a forested area (map fee = \$3) marked with a series of checkpoints to be visited. Check-in from 10 am to 12 noon; event takes place near Fort Girard, PA in Greene County, just off exit 2 on I-79. Call Mike for info/directions.

Nov. 8 Duff Park

Sunday Veronique Schreurs 733-1741
This is a moderately easy four-mile hike on both established trails and deer trails in Murrysburg's Duff Park. Meets at 1:00 pm in the parking lot at the School Road entrance to Duff Park (near Route 22). Call for directions and a reservation.

Nov. 13-15 Big Schloss/Signal Knob

Friday-Sunday Leader: Bill Lindgren Contact Clare Bunker: 244-9788
Saturday: Big Schloss on the Great Northern Mountain in VA-W.VA, one of the loveliest hikes anywhere with massive rock formations and outstanding views (12 miles). Sunday: Signal Knob, a Confederate and Union lookout point on Massanutten Mountain in Northern Virginia (11 miles). Car Camping. Call for info/reservations.

Nov. 13-15 North Country Trail, Allegheny Reservoir Area, Backpack Trip

Friday-Sunday Glenn Oster 364-2864
Hike in the Allegheny National Forest from Gibbs Hill Road past Chappel Bay to Route 59 - about 15 miles. Call for info and reservations.

Nov. 15 Rachel Carson Trail, Harrison Hills

Sunday Blanche Asherman 828-8158
This is the Grand Finale fourth hike on the RCT for 1992, covering the last and northernmost segment of the trail. Intermediate hike, approximately 8 miles from Tarentum through Harrison Hills Park where the trail cuts along the edge of the high bluffs overlooking the Allegheny River. Hilly. Meets at 8:00 am at HQ. Call for info/reservations.

Nov. 21 Oil Creek Hiking Trail

Saturday Glenn Oster 364-2864
Hike in the historic area where the Drake Well was drilled. This is an intermediate/advanced level hike, approximately 13 miles. Call for info/reservations.

November 22 Laurel Highlands Hiking Trail

Sunday Tom Kaveney 276-8044
This will be an easy to intermediate level hike along a flat section of the LHHT atop Laurel Ridge, hopefully ending up around Seven Springs so you can wait for the shuttle in luxurious comfort. Meets at 8:30 am at HQ. Call Tom for info/reservations.

Nov. 25-29 Appalachian Trail Backpack - Southwest Virginia

Wed.-Sun. Leader: Bill Lindgren Contact Clare Bunker: 244-9788
This is a Thanksgiving weekend backpack trip on the Appalachian Trail in Southwest Virginia. Our destination will be either Burkes Garden or the James River Wilderness Area. Call for info/reservations.

Nov. 29

Sunday

North Wall of Packsaddle Gap

Jim Ritchie 828-0210
This is a nine-mile loop hike on the north wall of the gorge cut by the Conemaugh River through Chestnut Ridge near Bolivar featuring scenic vistas and sites of historical and geological interest. This is a strenuous, advanced level activity for experienced hikers. Limit enrollment. Meets at 8:00 am at HQ. Call for info/reservations.

Nov. 29

Sunday

Schenley Park

Linda Smithyman 531-1868
A relatively easy hike along trails in the park. About 3 miles. The international students from Duquesne University are invited to trek along with us today. Meet at 10:00 am at HQ. There will not be any charge for this hike other than a small carpool donation.

This will probably be my last chance this year to break my record of 29 trippers on a hike. So please come on out and join me!

Sea Kayaking Basics

by Mark Mistrik

Sea-kayaks are the direct descendents of the Huntsman's boats or Eskimo Kayaks and are now gaining popularity as versatile recreational craft. Structurally, they are longer than whitewater kayaks and they incorporate more stable hull designs with keels for straighter tracking. Sea-kayaks are touring craft. You paddle them rather than relying on a river current for their motion, and proper paddling technique is a good form of low impact aerobic exercise. The club's sea-kayaks have been used in local flatwater rivers and lakes, swamps rich in wildlife, exploring coastlines on the Great Lakes, and ocean touring in the Atlantic from the Outer Banks of North Carolina to the seacoast of DownEast Maine. Autumn is a good time to try sea-kayaking. The boat and sprayskirt provide insulation to keep you warm even in cold weather and protect against the wind, water and waves. In cooler weather you will need layered clothing that can be adjusted for comfort, an old pair of shoes that might get wet or muddy, a hat, sun lotion and sunglasses, raingear, a water bottle and lunch. A complete change of clothes and a towel should be double-wrapped in water-proof bags and brought along. Contact the trip leader about local conditions and details about the trip.

The Program: If you're interested in learning sea-kayaking, remember: easier trips are planned earlier in the season, then longer or more technical trips for later in the summer and autumn. Introductory trips are scheduled weekday evenings to small, local lakes where there is no destination, or group to keep up with. You can learn to paddle straight and efficiently, carve turns, brace or roll the kayaks at your own pace.

The last evening Intro trips will be offered in September. Two longer trips are planned for late summer: the Bruce Peninsula in the Georgian Bay of Lake Huron in Ontario, Canada over an extended Labor Day weekend, and Lake Powell, Arizona at the end of the Grand Canyon, in late September. Here you can paddle flatwater at the bottom of deep canyons, under stone arches, and be surrounded by some of the best scenery in the Southwest. Lake Powell will be a combination of easy paddling, kayak camping, hiking and swimming out from the camp. The Georgian Bay trip is an intermediate-level trip into Thirty Thousand Islands and will involve some open water crossings and island-hopping (weather permitting).

Call if you're interested in any of these trips or want more information.



A tree is just a tree...

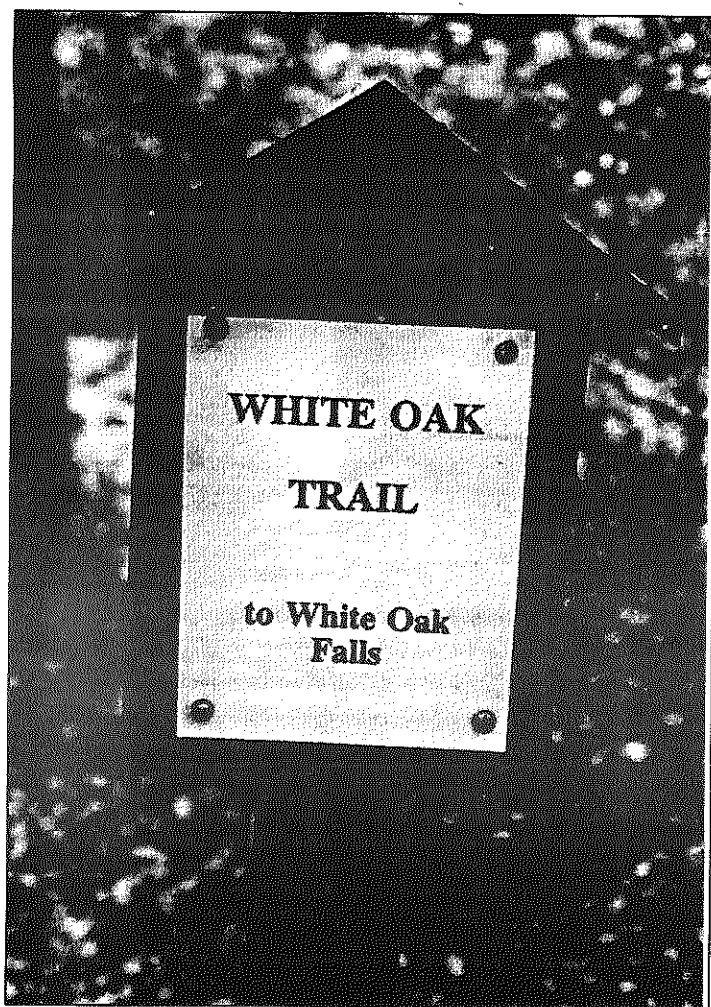
(continued from page 1)

Each forest has its own personal aspects to offer the hiker. At 3,200 feet these big white mushrooms appeared along one trail. I didn't notice that many of them at the lower levels of my hike. And a rocky outbreak offered a solitary perch for me to gaze out into the valley filled with the constantly shifting mist swaying up toward the cliffs and then away again. I never did get 'wet' and wondered what it would be like, but was somewhat sorry I didn't get to find out.

Along another trail there were huge rocks that were hundreds of millions of years old. And here they were right beside the trail. The earth displayed an ancient part of itself and I simply could not imagine the concept of 'old age' in this manner. The Grand Canyon illustrates this perception of age too, and the best way to describe it is simple awe.

Creeks and waterfalls make their own music in the woods. I found several spectacular waterfalls within short hiking distance from the main road. They were easily accessible and fortunately not inundated with people, it was the middle of the week. Two falls were over 70 feet in height and spilled out in a cascade of everchanging white, landing on rocks and flying off again to another level, only to fly off again. Then all of the water gathered up once more to continue its journey farther off into the wilderness. And I go back from whence I came savoring its beauty in my mind, and hopefully in my camera.

Evening walks are different from morning walks. They seem to be more relaxed and easygoing. Rather than getting up early to get to my destination I find that because most of the day is over and my time is just that, I take my time and slow the pace and reflect on the events of the day passed. The chirps of the crickets have a different melody than those of the birds. In the summer the air is less crisp, more lethargic, and then there are those darned lightning bugs wondering aimlessly throughout the night. The blazing sunsets full of red and orange burst through the sky casting shadows that grow longer and longer until dusk overtakes them. The clouds turn various shades of purple and then all becomes dark. The abundance of stars glow through the night, too many to count out in the wilderness. Take an evening walk in the woods and experience the effects of this type of walk for yourself. Then the darkness slowly creeps away as a new dawn arises to warm the earth and my soul, knowing that a new day brings with it new friends and new adventures.



The smells of hiking are also enjoyable. Walking through the pines I am filled with a refreshing fragrance that uplifts my spirits and awakens my senses. And when I have passed through the pines I miss those pleasant emanations from the forest. Spring has a freshness, a sweetness to it whereas late fall concludes the natural decay of the living growth.

Autumn is a very pleasant time for hiking. It has an overtone of a metamorphosis, a climax of colors and its own acceptance of a natural slumber soon to come. The everchanging hue of the forest is extremely pleasing to the eye. And winter brings a newfound enticement of the landscape with leafless trees and rocks much easier to identify and observe, and the shadows of winter play within the branches. The bitter cold is not difficult to endure when you can enjoy what it has to offer. The awakening of the forest will occur in the spring with a bright and powerful bursting of color upon the landscape. Spring brings new life to the forest, a refreshing dawn from the long and cold winter.

The terrain varies on hiking trips. Easy trips can be walked in sneakers on relatively smooth paths that make it simple to see the sights along the trail rather than watching the trail itself. Intermediate hikes may contain hills and some rocky conditions better suited for boots but may offer a wider variety of vegetation along the trip and sights to see. Difficult terrain can be extremely challenging and rewarding, for the best panoramic views most often come from the highest vistas. And don't you think these hikes parallel life in general? Some are easy walks, sometimes there are troubling times and life's road gets rocky, and sometimes the views are spectacular!

Perhaps the most poignant reason for hiking alone in the woods is the voyage of self-discovery. This is a time for being alone with my own thoughts to disseminate and create in my mind my life and my future. I need the time to be alone to do this and hiking is very conducive to this process. I enjoy the time whether it be for just relaxing those thoughts or making them work without the pressure of the ringing telephone, people looking for me or the blaring television.

This journey of self-discovery will take me wherever I wish to go for I am in command of everything at this time, except the weather... And I appreciate this time too, for it gives me a boost of confidence, my own pat on the back sometimes. It is my reward for doing what I have to do in my life and the walk ends up being self-encouragement to continue.

(continued on next page)

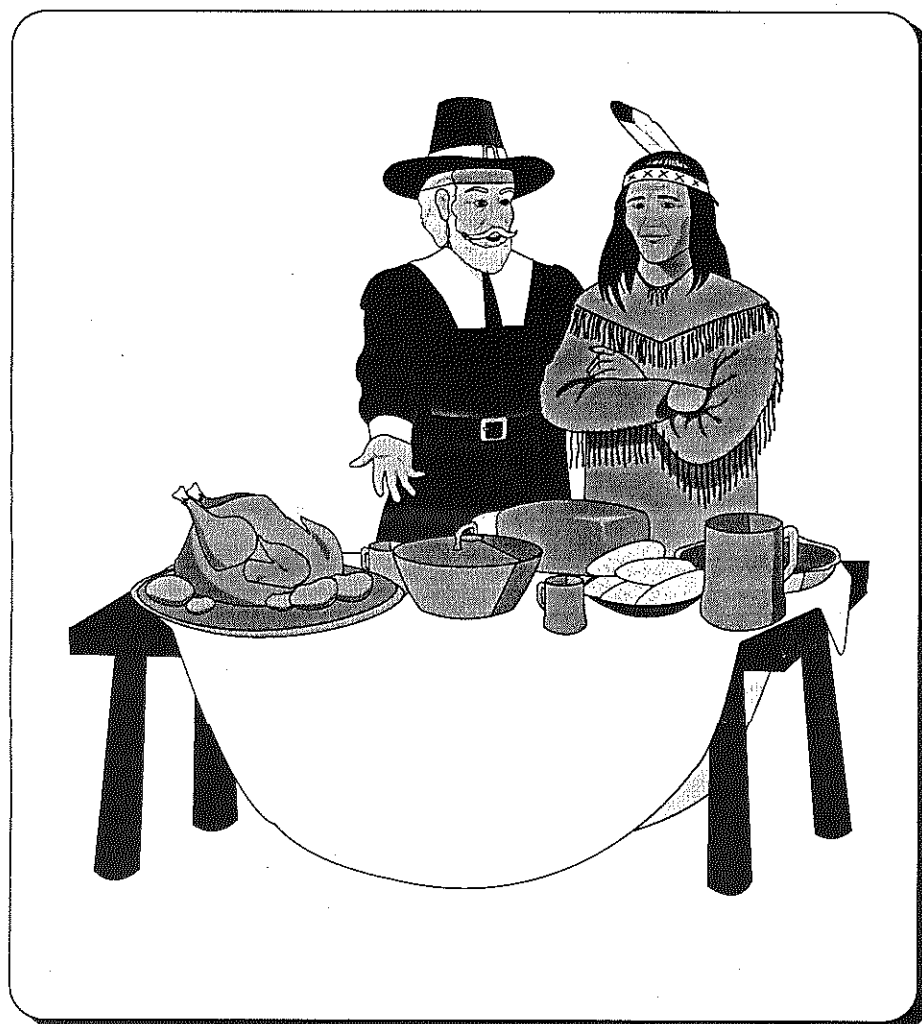
A tree is just a tree...

(continued from previous page)

I will keep on heading back to the forest, sometimes visiting familiar places and at other times seeking out new lands to trek and discover what they have to offer. For what they have to offer is much more than trees and plants, but a journey. And I can make the journey as simple as a hike or a much more intense and satisfying journey of the inner soul.

One reminder to everyone is to please leave only your footprints behind in the woods so that no one or no thing will be able to tell that you were ever there. Take only memories with you. What you come out of the woods with can be much more than what you started hiking in with.

Thanks to Ron Boone for his helpful suggestions on this article. They were appreciated.



FORUM TRAVEL



Convenient Location:
4608 Winthrop St.
(Off South Craig St. in Oakland)

681-4099

*Lowest Student and Faculty Fares to International Destinations!
Discount Rates on Domestic Fares!*

AYH Passes • Eurail Passes

Experienced and Friendly Service
Hours: 9-5 Mon.-Fri. 10am-Noon Sat.

Student/Faculty DISCOUNT AIRFARES TO EUROPE

via British Airways

Forbes Travel

521-7300

RYCON
Construction, Inc.

Commercial General Contractors

1569 McFarland Road Pittsburgh, PA 15216
Telephone: 412/572-8100 Fax: 412/572-8107

Historic Log Cabin Located in Itasca State Park

AYH Opens Mississippi Headwaters AYH-Hostel in Northwestern Minnesota

Washington, D.C. - Hostelling International/American Youth Hostels announces the opening of the Mississippi Headwaters AYH-Hostel in Itasca State Park in northwestern Minnesota. Itasca State Park, 30 miles south of Bemidji, is Minnesota's most popular state park and the site of the source of the mighty Mississippi River. The park also features Minnesota's last remaining virgin pine forest, Native American archeological sites, miles of hiking, biking and skiing trails, and Lake Itasca.

The hostel, which is handicapped accessible, can accommodate 34 in 4- to 8- bunk-bedded rooms. It features a fully equipped self-service kitchen, laundry facilities, and two common rooms for relaxing and meeting other travelers. Family rooms can be reserved in advance. The overnight fees are a bargain - just \$10-\$15 plus tax, per person, per night.

Boat, canoe and bike rentals are available adjacent to the hostel as well as natural history tours. A variety of festivals take place throughout the year at the park. In the winter, excellent cross-country skiing is nearby.

American Youth Hostels is a not-for-profit corporation and a member of the International Youth Hostel Federation (IYHF) which maintains 6,000 hostels in 70 countries - the largest network of accommodations in the world. AYH promotes international understanding through its network of 220 hostels in the USA and its educational and travel programs. For reservations or additional information on the Mississippi Headwaters AYH-Hostel, contact:

Mississippi Headwaters AYH-Hostel
HC05 Box 5A
lake Itasca, MN 56460
(218) 266-3415

WPW Ride Maps

Itching to get out and ride, but don't know where to go? Unsure about roads, routes, directions, hills, mileage, or other information? Have we got a deal for YOU! Read on. . .



The 1992 WPW Bicycle Ride Map Package is now available. The package includes: a ride index, 150 different rides (over 6,700 miles), and a map folder. The map package cost is \$15.

The 1992 WPW Bicycle Ride Map Package is available at club meetings, or by writing to:

WPW Bicycle Club
P.O. Box 6952
Pittsburgh, PA 15212

If you wish to have the map package mailed to you, an additional \$3 mailing and handling fee is required.

Ride and Sign!

by Georgette Gerben

If you utilize the bike trail at Ohiopyle, please be certain to sign the guest register in the Visitor Information Center. The park workers inform me that there is a danger of grants being lost due to decreased use of the trail. The decrease is being attributed to the rain that we had in July. The numbers of people using the trail in July were down by 1,000. Please remember, ride and sign! Happy trails.

Pittsburgh Council has a weekly Open House at its activities headquarters in Mellon Park, Shadyside. For information about this month's slide shows and Open House activities, see page 7.

Space City AYH Hostel Opens

Washington, D.C. - Hostelling International/American Youth Hostels has opened the Space City AYH-Hostel in Friendswood, Texas, just five miles from the world-famous NASA Space Center and the soon-to-open Space Center Houston.

This expands the Texas network of AYH hostels to five, including facilities in Austin, El Paso, Houston and San Antonio.

Space Center Houston is a \$70 million entertainment and education complex designed to let visitors experience the workings of America's space program first hand. The facility is scheduled to open October 16th.

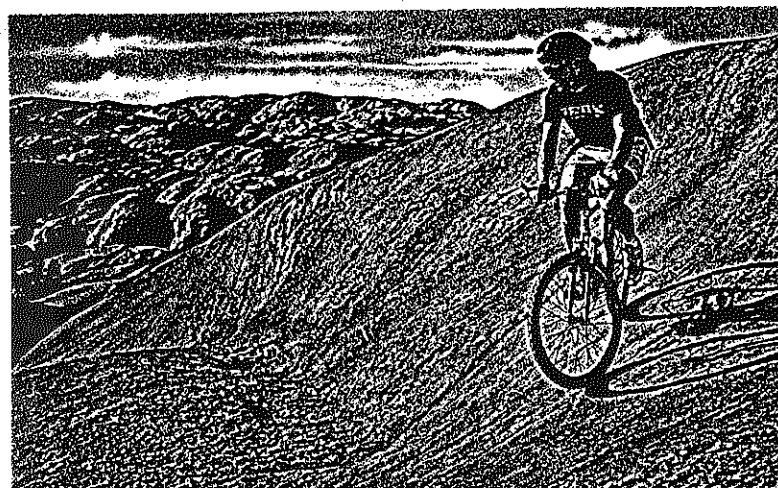
The new hostel is also close to Clear Lake, which offers a variety of water recreational activities, and just 25 miles from historic Galveston Island.

The Space City AYH-Hostel will provide transportation to and from the nearest bus stop for guests. The hostel accommodates 18 travelers and is handicapped accessible. A fully equipped self-service kitchen and common room for relaxing and socializing are also provided in the hostel.

The overnight fee at the hostel is just \$10.25 for AYH members (\$13.25 for non-members). For information or reservations, contact:

Space Center AYH-Hostel
2242 West Bay Area Blvd.
Friendswood, Texas 77546
(713) 996-0323

Take The High Road Off-Road.



For your convenience,
TRM has 2 locations:

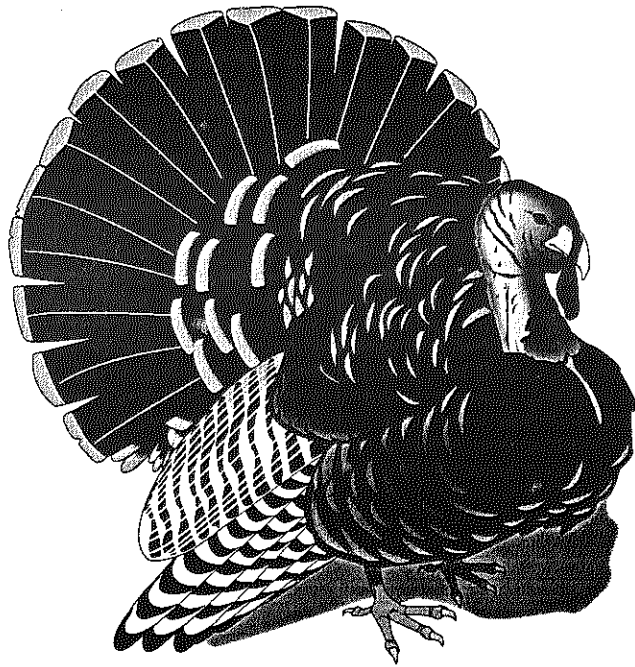
703 Washington Road
2 miles north of South Hills
Village on Route 19
Mt. Lebanon

343-6885

Bill Green Shopping
Center
Across from Pool City
Pleasant Hills

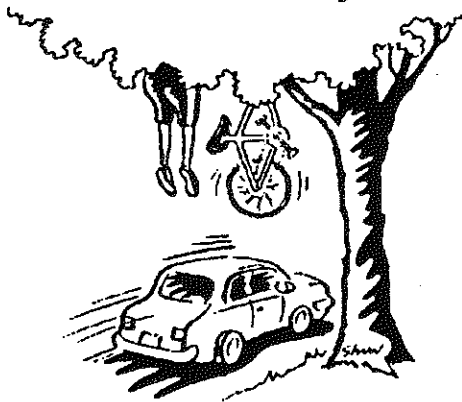
653-6022

TREK USA
American Bicycle Technology



Cycling Accident?

If you have suffered injury or damage in a cycling accident, contact our law offices to discuss your legal rights with a fellow cyclist.



Marc S. Reisman
Attorney at Law

412-456-2005
800-548-6267

There is no charge for legal services on injury claims
unless benefits are obtained

More Great Reasons to Stay at AYH Hostels

AYH hostels in the USA are more than just a "cheap sleep." Most offer a wide variety of free and low-cost programs and special activities for hostellers.

The New York International AYH-Hostel in New York City has daily walking tours of the city's famous neighborhoods such as Greenwich Village, Wall Street, etc. The hostel has free discount tickets to nightclubs, cultural events, theaters and more.

At the Boston International AYH-Hostel you can take a walking tour of Old Boston, attend a Red Sox baseball game, visit the famous bar, *Cheers*, of television fame, join an international discussion night, etc.

In the capital of the USA, Washington, D.C., volunteers at the Washington International AYH-Hostel will take you on a walking tour of the city, to the theater, or on an outdoor picnic in one of the city's numerous parks.

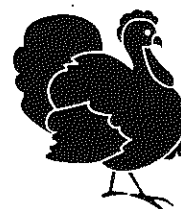
In Miami Beach join the hostel's weekly barbecues or dance nights.

In Los Angeles, the Santa Monica Int'l AYH-Hostel has an American barbecue dinner once a week, volleyball games on the beach, movie nights and budget travel seminars.

In Seattle, join one of the hostel's daily walking tours or take advantage of their discount tickets to the Aquarium, Omnidome or Museum of Flight.

Special hostel programs and activities are not limited to the big cities either. In Redwoods National Park (in California) the Redwood AYH-Hostel conducts weekly hikes in the Park, and most nights has a talk, "Trees, Trails and Tales," informing hostellers about conservation, the environment and the area's Native Americans.

In California's eastern Sierra Mountains, join a free guided mountain bike tour to historic mines, conducted by the Hilton Creek Int'l AYH-Hostel. Or in the mountains of northern Georgia join a rafting trip at the Amicalola River AYH-Hostel.



Classified

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels.

Kayak for sale: Red Perception Dancer. Used under 10 times. Excellent condition. Air bags included. \$550 or best offer. Contact: Joyce or Al Kepner Work: 642-6900, Home: 444-0971. (2)

For Sale: Matching Pair Rectangular Goose Down Sleeping Bags, 3 lbs., just professionally cleaned, with stuff sacks \$75 pair. Roof top bike rack, holds 4 bikes, "grabber" style for car with real rain gutters. \$50. Call Joe Hoechner 242-0781. (1)

Wanted: Specialized Expedition 56cm, for parts. Will buy entire bike or parts. Call Keith at (708) 655-1112, 24 hours. (1)

Wanted: Burley bicycle trailer. Collapsible model preferred. Please contact John Charney, Day: (412) 469-2210; Evening: (412) 655-7609. (1)

Free: 4 Pair Downhill Ski Boots.

1 pair Aolomite	Size 7
1 pair Nordica	Size 10W
1 pair Aolomite	Size 11
1 pair Dachstein	Size 11

One pair per A.Y.H. member. Call Bob Buck at 793-1480. (1)

ADVERTISE! Classified ad space available for \$5 per month. Non-commercial ads for trips, travel, and outdoor equipment are free to AYH members. Ads normally are run for two consecutive months. Send your ad copy (preferably typed!) and AYH pass number to:

Editor, *The Golden Triangle*
6300 5th Ave
Pittsburgh, PA 15232



**HOSTELLING
INTERNATIONAL**

AYH Products and Membership Application

Outdoor Recreation Books

- ☐ **Allegheny National Forest Hiking Guide** describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) \$8.00
- ☐ **AYH Outdoor Food Book** contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and illustrations. 1st Edition (1981) \$3.00
- ☐ **Baker Trail Guide** describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. 35th Anniversary Edition (1987) \$4.00
- ☐ **Canoeing Guide to Western Pennsylvania and Northern West Virginia** contains information of 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991) \$13.95
- ☐ **Fifty Hikes in Western Pennsylvania** by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. *Fifty Hikes* contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. Published by Backpacker Books. 1st Edition (1983) \$8.00
- ☐ **Hiker's Guide to Laurel Highlands Trail** describes the 70 miles of the Trail from Ohiopyle State Park to Conemaugh Gorge atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages, 24 pages of maps. New 4th Edition (1992) \$5.00
- ☐ **Hiking Guide to Western Pennsylvania** describes over 2,000 miles of hiking trails and dozens of other areas for hiking in and near western Pennsylvania. Published by AYH. 290 pages, 53 pages of maps, 47 photos. 5th Edition (1986) \$7.00
- ☐ **Monongahela National Forest Hiking Guide** describes more than 160 Forest Service trails in 1,350 square miles of the Mon National Forest - one of the best areas for hiking, backpacking and ski touring in this part of the country. Published by the West Virginia Conservancy. 320 pages, 60 maps, 39 photos. 5th Edition (1988) \$9.95
- ☐ **Pennsylvania Hiking Trails** describes more than 290 trails and hiking areas throughout Pennsylvania. Published by Keystone Trails Association. 224 pages, 94 maps. 10th Edition (1987) \$5.65
- ☐ **Rachel Carson Trail Guide** describes the Rachel Carson trail from North Park to Freeport in Allegheny County. Published by AYH. (1991) \$4.00

Travel Books

International Hostel Handbooks A complete listing of the Hostelling International youth hostels with descriptions, prices, addresses, and phone numbers.

- ☐ **Volume I** Europe and the Mediterranean \$10.95
- ☐ **Volume II** Asia, Africa, Americas, Pacific \$10.95

- Let's Go** The famous series of books for the budget traveler published by Harvard Student Agencies.
- ☐ **Let's Go Europe** \$15.95
 - ☐ **Let's Go USA** \$15.95
 - ☐ **Let's Go Britain** \$14.95
 - ☐ **Work, Study, Travel Abroad** Comprehensive guide on traveling and especially working abroad through the CIEE. (1992-1993 Edition) \$12.95

Travel Accessories

- Sheet Sacks** Used in place of sheets at youth hostels
- ☐ **Cotton Sheet Sack** Comfortable cotton blend \$13.00
 - ☐ **Nylon Sheet Sack** Lightweight nylon \$12.00
 - ☐ **Advance Booking Voucher** worth \$5 as deposit for reservation \$6.00
 - ☐ **Advance Booking Postcards** Set of 10 \$1.00
 - ☐ **Hostel Stamp Book** Use to record your hostel visits \$0.50
 - ☐ **Hostel Pass Cover** Plastic cover for your membership card \$0.50
 - ☐ **Student ID Card** \$15.00
- Universal student ID issued by CIEE. Good for worldwide student discounts. Send 1-1/8 x 1-3/8 photo, name of your country of citizenship and proof that you're a student. Or ask for a free brochure.

AYH Memberships

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass and include book of discount coupons for U.S. hostels. Provides access to 5,000 Hostelling International hostels around the world. Includes free handbook of North American hostels and 12 month subscription to Pittsburgh Council newsletter.

- ☐ **Adult** \$25.00
- ☐ **Adult Renewal** \$20.00
- ☐ **Youth (17 and under)** \$10.00
- ☐ **Senior Citizen (55 and over)** \$15.00
- ☐ **Family** \$35.00
- ☐ **Family Renewal** \$25.00
- ☐ **Life (all ages)** \$250.00

Eurail Passes

The economic solution to rail travel in Europe. Valid throughout all Europe except Britain. Available only in the U.S. The more popular passes are described below. Ask for a free brochure on other Eurail and Single Country passes. Credit cards accepted but require two-day delivery. Cash or money order required for immediate delivery.

- ☐ **Eurail Pass** 1 month unlimited (youth) \$470.00
- ☐ **Eurail Flexipass** 5 days travel in 15 days \$280.00
- ☐ **Eurail Flexipass** 9 days travel in 21 days \$450.00
- ☐ **Eurail Flexipass** 15 days travel in 2 months (youth) \$420.00
- ☐ **Eurail Saverpass** 15 days travel with 2/3 friends \$340.00

Ordering Information

Include 10% for postage (\$1 minimum). Pennsylvania residents must also include 6% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Cash or money orders required for Eurail Passes.

Please allow two weeks for delivery of mail orders. For faster service, visit the office or call for a membership sales agency near you. Collect 2 day delivery by UPS available for additional charge.

AYH Membership (Type: _____) _____

Eurail Passes _____

Merchandise _____

Merchandise Postage _____

Merchandise Tax _____

Donation to AYH _____

Total _____

Mail to: AYH Room 204
5604 Solway Street
Pittsburgh, PA 15217

The AYH office is open from 9 am to 2 pm on Mondays, Wednesdays, and Fridays, and from 12:30 to 5:30 pm on Tuesdays. Call 412-422-2282 for more information.

Name: _____

Address: _____

Phone: _____

(day) (eve)

Birthdate: _____ M _____ F _____

AYH Weekly Open House

Pittsburgh Council has a weekly open house every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to the Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Passes and guide books available.

Pittsburgh Council Office

The Pittsburgh Council office is open Monday, Wednesday, and Friday from 9:00 am to 2:00 pm, and Tuesdays from 12:30 to 5:30 pm. We're in Room 204 of the Wightman School Building at 5104 Solway St. in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, Eurail passes, and books are available. Call 422-2282.