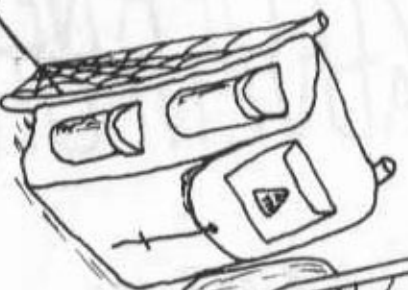
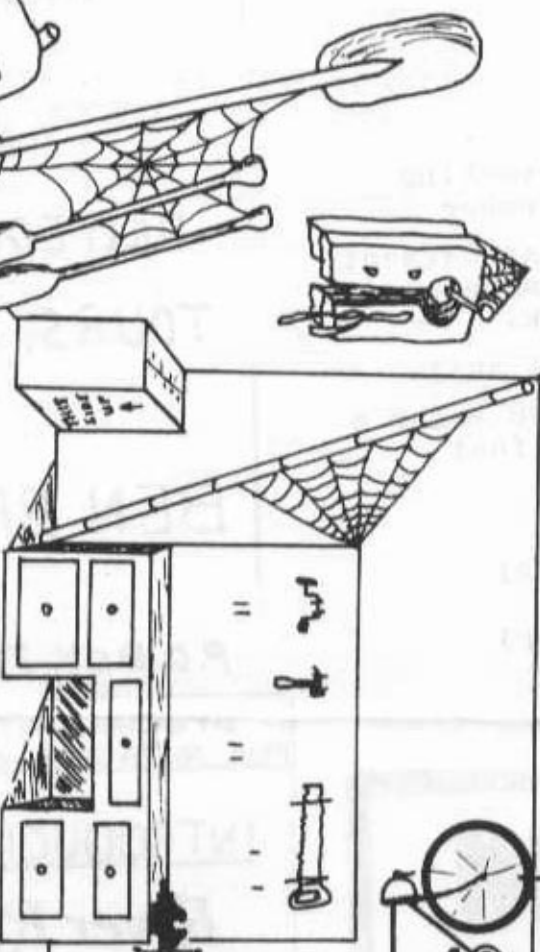
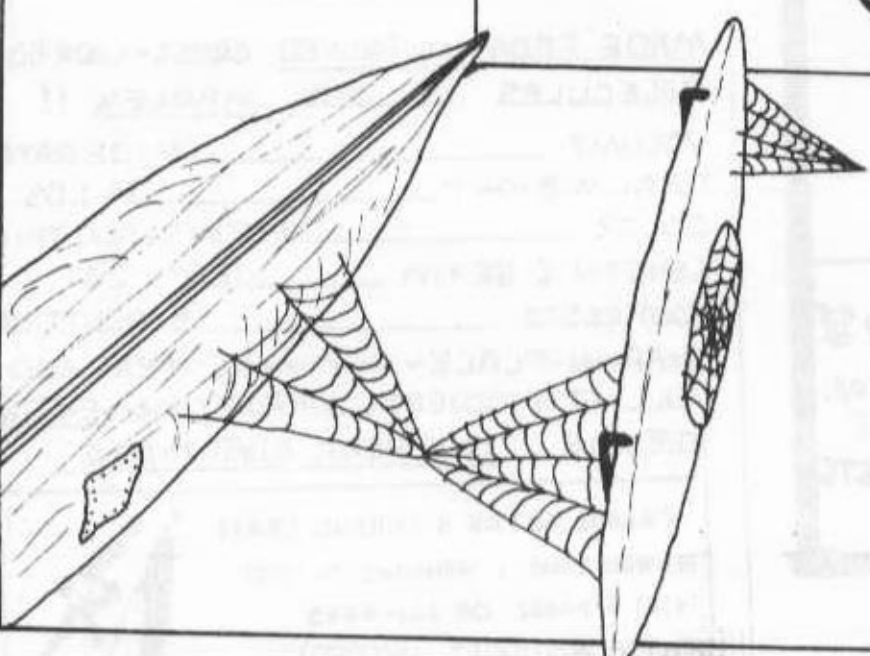


GOLDEN TRIANGLE
APRIL 1977
PITTSBURGH COUNCIL A.Y.H.
AMERICAN YOUTH HOSTELS INC.
VOL. 28 NO. 4



SPRING INTO TRIPPING



CANOE KAYAK & SAILING CRAFT

graduated sailing and kayacking
schools June through September
canoe and kayak rentals at Oakmont,
Charlaroi, Coopers Lake Campground
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INTRODUCING THE ALL NEW
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VOLUME _____ MODERATE

TOTAL WEIGHT _____ 34 LBS.

COLOR _____ WHITE/BLACK TRIM

LENGTH & BEAM _____ 160" X 24"

FOOT RESTS _____ 5 POSITION

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CANOE KAYAK & SAILING CRAFT

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(412) 371-4802 OR 241-4869

(DEALER INQUIRIES INVITED)



Hosteling in Holland

Quaint Holland, known by many for its windmills and tulips, is greatly beloved by others for its picturesque scenery and broad, flat bicycle paths. Flat in the east, it boasts a great hill rising all of 300 metres, or almost a thousand feet above sea level in the west. Connecting town and village, farm and woodland, it makes bicycling a joy.

Starting from 17th century Amsterdam with almost museum-like facades of intricately adorned merchant's mansions of three centuries ago, one quickly bicycles out into the farm country. Cities are compact, and the low lying fertile countryside, with fat clay fields of grass, dairy cows and high roofed red brick farms still seem untouched by the changing times.

From the large hostels in Amsterdam, where you are at the crossroads of the international travel set, you can go in any direction.

former

North, in the old fishing villages on the ~~old~~ Zuiderzee, people still sport their old costumes. Volendam and the Island of Marken are notable tourist attractions. A little inland is the famous Alkmaar ~~and~~ cheese market.

Further up the coast, the rich legacy of the Hanseatic merchantile league has left a gilded imprint on Hoorn and Enkhuizen. On the western coast, the sometimes grim North Sea is held back by rolling dunes, edged by fine grained beaches renowned for fine sand and sunbathing. Further north, the dune covered "Wadden" Islands are accessible by a ferry; bicycles are welcome. The Dutch Youth Hostels are plentiful from Amsterdam on up; four of the five islands have a hostel. The islands are separated from the mainland by mud flats, the "Wad". It is a sporting proposition to walk over the mud slick from the island to the mainland at low tide. A guide is recommended.

The extensive fish spawning grounds and bird breeding areas in this unique watery ecosystem make it a delight for nature lovers.

To visit this, and other, areas of Holland, several American Youth Hostel trips are organized for this summer.

Bicycling in Holland is a favorite in combination with other European countries, and various choices are available, at least two from our own Pittsburgh Hostel.

Ben Brugmans.

TIPS AND TALES
By Joe Hoechner

Wanted - People with bikes, cameras and ideas.

Project - Put together a slide show on cycling safety here in Pittsburgh. If you would like to see your favorite bad situation put on film for the educational benefit of others contact Joe Hoechner at 343-2465.

If you are planning a spring trip out to the Laurelville Church Center Hostel you may want to partake in their family style meals.

Their recently revised rates are Breakfast \$1.55, Lunch \$2.65, Dinner \$3.75. Children under 10 are half price. Reservations should be accompanied with a deposit.

The annual March of Dimes Walk-A-Thon is scheduled for Sunday April 24th. If you would like to join in to help fight birth defects call the March of Dimes at 391-3707 to secure a sponsor sheet (with information & map). Chances are you'll meet a few A.Y.H members there.

Bikecentennial has recently released their 1977 schedule of cycle trips. These consist of both coast-to-coast plus regional trips. You can request their pamphlet "Bike Back into America" from them at P.O. Box 8308 Missoula, Montana 59807.

Even if you want to ride alone you can buy their maps and guidebooks for various regions. Their phone number is (406) 721-1776.

Persons interested in purchasing canoe or kayak paddles from Norse should contact Chuck Pierson at 683-2951 or at Open House. Cost about \$25.00 for canoe and \$35.00 for kayak.

Congratulations to member Jim Roberts on receiving a Presidential Sports Award for cross-country skiing. Jim did over 150 miles in the four months allotted - at a maximum of 10 miles a day.

If you would like to try for an award (Patch, Pin & Certificate) this summer request a free form from:

Presidential Sports Awards
P. O. Box 129 Radio City Station
New York, New York 10019

Awards are available in various sports including climbing, bicycling, boating backpacking, etc. Please note that there is a \$3.00 fee to process your completed form.

Would you believe that there may still be some Pittsburgh Council Calendars left - at only 50¢ each. See Joe Hoechner any Thursday night.

Joe still has some yellow Pittsburgh Council T-Shirts left. Price \$3.00 size small only. He has plenty of white Council T-Shirts left at only \$2.50 in small medium and large. These white shirts are ideal for personalized dying work.

Would you like to help save the remaining whale population? There is a special group which is trying to stop the needless slaughter of these huge mammals. You can send a donation or request more information from:

The Whale Protection Fund
Center for Environmental Education
2100 M. Street N. W.
Washington, D. C. 20037

Is it true that one of the new A.Y. H canoes is going to be named the "EDMUND FITZGERALD"?

MORGANTOWN WEEKEND ??

MORGANTOWN is a fun-filled annual AYH weekend in the mountains of West Virginia. We arrive Friday evening in time for relaxing and roasting marshmallows and exchanging "river stories" about the conquered perils of 30 foot waves and 10 foot hydraulics (and 5 foot fish). On Saturday and Sunday groups form for rafting, cycling, mountain climbing and hiking. Activities are directed by individual trip leaders. RAFTING: Reserve ahead with Joe Curlee, 422-9672. There is a trip to the Canyon for experienced rafters, and another trip for the inexperienced on the Cheat River. The Cheat is usually at a perfect running level in mid-May. CYCLING: Joe Hoechner is leading an advanced exploratory trip to discover a link between the Laurelville and Morgantown Hostels. MOUNTAIN CLIMBING: Reserve with Jim Gogots or Barry Johnson for a climb on Cooper's Rocks. HIKING: See Dick Nugent. CANOEING: See Mike Deroy.

Home-base is the Chestnut Ridge Youth Hostel, a rustic stone building with a large covered porch, 2 fire places, and hot and cold running water. There are two sleeping rooms with bunks and mattresses, but many hostellers choose to sleep on the porch or to pitch a tent in the pine woods. Three meals and two snacks are prepared by the group: Sat. and Sun. breakfasts, Sat. dinner, and Fri. and Sat. night snacks. If you can help by planning or shopping for one of the meals, call Beebe Frazer at 243-0319.

Cost of the weekend will be approximately \$18.00, including transportation, meals, hostel fee and registration. Day trip fees will be collected by the trip leaders. Be sure to bring your hostel pass. Reservations and a \$5.00 deposit should be in by May 2nd. Fill in the form below and bring it to a Thursday night meeting or send it to Donna or Beebe. Reserve early, as the trip is limited to 40 people.

Donna DiLeonardo
6406 Darlington Rd.
Pittsburgh, Pa. 15217
422-9266

Beebe Frazer
405 S. Braddock, #12
Pittsburgh, Pa. 15221
243-0319

MORGANTOWN WEEKEND RESERVATION

NAME (s) _____ Can you drive? _____

ADDRESS _____ No. of passengers _____

_____ Do you need a ride? _____

PHONE _____

AMOUNT ENCLOSED _____ Make check payable to:

AYH MEMBERSHIP NUMBER _____ Pittsburgh council, AYH

FUN, FOAM AND THE CLINK OF TIN

In the early spring, if Kudzma can retain the northern winds, waters are high, giving canoeists the chance to explore the riches of small creeks and streams that by summer will be too shallow to navigate. For trips in April ask around and for May see the TRIANGLE. There are many schools to look forward to:

FLAT WATER SCHOOL, for those who want to be introduced into the world of canoeing. (Held on Wednesday evenings -mostly)

WHITE WATER SCHOOL I, an introduction into flowing water and river safety.

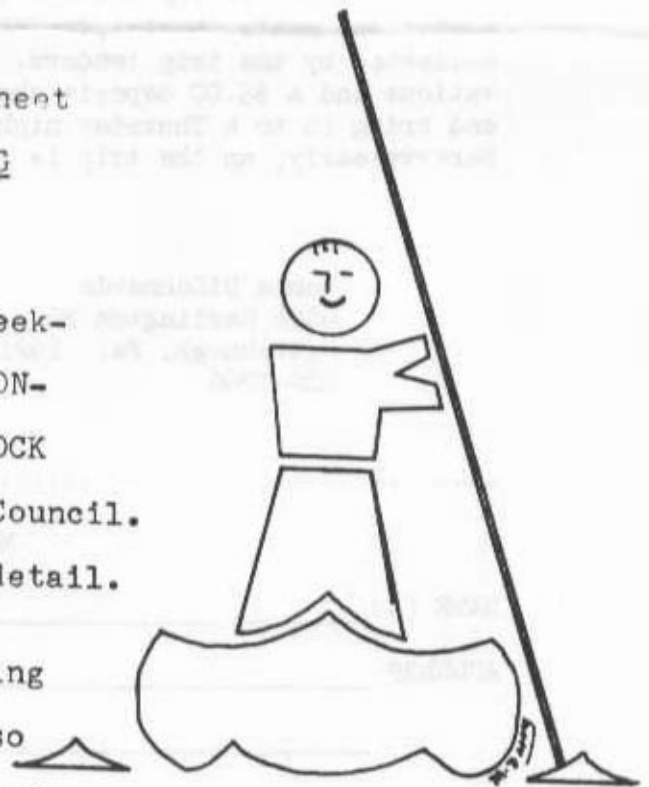
WHITE WATER SCHOOL II, the follow-up of WW I, concentrates on the bow strokes and complex maneuvering.

POLING SCHOOL, a realization that you can stand up in a boat: pre-requisite: WW I & II.

For further detail see the sheet in the rear of the hostel: CANOEING TIPS FOR TRIPS WITH AYH IN 1976.

June 25th and 26th is the weekend for the NATIONAL POLING CHAMPIONSHIPS to be held on the SLIPPERY ROCK CREEK and sponsored by Pittsburgh Council. Check your June TRIANGLE for more detail.

It looks as if we are entering a long season with the tin boats, so come on along and join in the fun and foam.



HIKING NOTES

In order to avoid conflicts in scheduling two similar trips on the same day and for insurance reasons all hiking and backpacking trips should be scheduled through Dick Nugent the hiking chairman (487-5549). Also any hike (even if it is cancelled) requires the submission of a trip report to the trips and trails chairperson. These reports are very quick and easy to fill out and are available inside the door of the headquarters building on top of the trips and trails box.

Pittsburgh council is now the proud owner of two 11'x13' Tarpaulins. One of these tarps can be used as a shelter to sleep 4 or 5 people comfortably with their packs. These tarps are available for AYH backpacking trips at a rental charge of \$2.00/Weekend. Also available are one two-man mountain tent (rental \$4.00/weekend) and several backpacks and frames (rental \$1.50/weekend). The importance of having this rental equipment available is that anyone can try backpacking with very little equipment. My own list of essential equipment includes:

1. Tent or tarp
2. Pack and frame
3. Clothes, food and cooking equipment
4. Boots
5. Sleeping Bag

The first two items can be rented and the third improvised. All one then needs to purchase is the boots and sleeping bag in order to try backpacking. If you decide you don't like backpacking the boots can be used for hiking and the sleeping bag saved for when the heat in your house fails.

TRIPS AND TRAILS

Sat. April 2 Intermediate hike. Dick Nugent will lead hike on the Laurel Highlands trail. This hike should offer spectacular views that will disappear later in the season as the leaves develop. For more information call Dick at 487-5549.

Sat., Sun. April 2-3 Easy backpacking trip on the Laurel Highlands trail. Leave Saturday at 7 A.M (breakfast stop on way). Hike about 6 miles per day. Call Doug Brown at 322-2152 (home) or 355-4513 (work).

Sun. April 3 Novice bicycling trip. If it's not snowing Joe Hoechner will lead a 15 mile in-city afternoon trip for novice bicyclists. Bring water bottle and rain gear; a bike flag or fannyhumper is recommended. Cost is 25 cents; no bikes will be rented. Meet at hostel at 1:00 P.M. For more information call Joe at 343-2465.

Sat. April 9 Intermediate hike on Laurel Highlands trail. Bring books, lunch and enjoy the day with Tom Trump, 441-8475 (home) or at work 621-2600, ext 567.

Fri. to Sun. April 8-10 Intermediate backpack trip in Hammersly Fork area, North Central Pennsylvania. leave Thursday evening, return Sunday evening. Call Don Levinson 421-0987.

Sat. April 16 Beginners hike Behold the wonders of the Quebec Run wild Area on a beginners hike with Larry Swieck. Dress for the weather, bring lunch and water and be ready to leave AYH headquarters at 8:00 A.M. More details can be gotten from Larry at 466-2434.

TRIPS AND TRAILS CONT:

Sat. April 16 Intermediate bicycle trip, Rich Feder will lead an intermediate bicycle trip in the Washing, Pa. area. The trip will be fairly short, but there are some hills, hence the "intermediate" designation. There will be a visit to the Arden Trolley Museum along the way. Meet at hostel at 9:00 A.M. You need not bring lunch, there will be a stop at a Burger King. Do bring water and rain gear, munchies, hat, etc. Call Rich at 421-5708.

Sun. April 17 Advanced beginner bicycle trip. Ed Sieger will lead an advanced beginner bicycle trip, destination unknown as of press-time. Meet at 9:00 A.M. at hostel. Bring water, rain gear, lunch, extra windbreaker, etc. For more information call Ed at 621-2911.

Fri. to Sun. April 22-24 Intermediate-advanced backpacking trip in the Cranberry back country. Leave Friday evening, return Sunday. If you have equipment for backpacking and some experience, reserve a spot on this trip by calling Clark Eustis at 264-7123

Sat. April 23 Washington and Greene County bicycle trip. Intermediate cyclists: get in shape for TOSRV by bicycling the 50 mile covered bridge route used in the annual WAG ride. Meet at hostel at 8:00 A.M. Drive to Washington, Pa. and begin cycling from there. Bring water, rain gear, lunch, extra wind-breaker. If interested, call Mike Haddad evenings before 9:30 P.M. at 521-4324.

Sun. April 24 Intermediate bike ride Explore spring in Washington Co.. Phyllis Blumberg will lead an intermediate bike ride of 30 miles, with a few hills along the way. Meet at hostel at 8:45 A.M. Bring water, rain gear, lunch, extra wind-breaker. For information call Phyllis at 422-9383.

Sun. April 24 Beginners rock climbing trip Introduction to summer climbing program at McConnells Mills. Leave at 7:00 A.M. Call Jim Wojciechowski or Woj for short, at 322-2214.

Sat. April 23 Beginners hike with Joe Levine. Hike on the Rachel Carson Trail. Meet at the hostel, bring lunch, water and suitable clothing. Cost about \$1.50. Call Joe at 422-8287.

Sun. April 24 Beginner hike in one of the world's great city parks. Bring a lunch and comfortable walking shoes and hike with Doug Brown in Ogleby Park, Wheeling, West Virginia. Leave AYH headquarters at 8:00 A. M. Call Doug at 322-2152 (home) or at work 355-4513.

Sun. April 24 Bike Series Ride no. 1 This is the first in the series of rides aimed at beginning cyclists. Ride no. 1 features bicycling instruction plus a short afternoon ride. Some bike rentals are available. Meet at hostel at 1:45 P.M. Cost will be 25 cents. For information, or to reserve a rental bike, call Rich Feder at 421-5708 or Ed Sieger at 621-2911.

Sat.- Sun. April 30, May 1 Beginners Backpacking trip. Spring is sprung and Ben and Joe are loose on the trails of Northwestern Penna., as they lead a beginner's backpacking trip. This will be for those successful graduates of the A.Y.H. backpacking school. Call Ben at 683-6094.

Sat. April 30 Bike Series Ride no. 2 This is a beautiful little 15-20 mile ride just right for beginners, near Burgettstown in Washington County, not too far from Pittsburgh. All AYHers are welcome to join bike series participants. on Wed. April 24, 1980. For more information call Rich Feder at 421-5708.

9:30 AM
RICH FEDER

TRIPS AND TRAILS CONT:

Sun. May 1 Joe Hoechner leads a Lunch-in-Ligonier trip from Jones Mills. Cover 30-35 miles, (bike trip) Passing through Rolling Rock Farms area. Bring lunch; safety flag optional. Meet at hostel 8:15 A.M. For reservations call Joe at 343-2465.

MAY 7-8 MORGANTOWN WORK PARTY

Keep this weekend open. Once again we need your carpentry, painting and clean-up skills to put our Chestnut Ridge Hostel into shape for the year. Food and fees will be gratis for the workers. Call Jim Gogots at 384-9149. with your support.

EXTENDED TRIPS

The Western Pennsylvania Whitewater Canoe school will be offered this year at Camp Kono-Quee, May 6-7, 1977. This school provides a concentrated course on river running techniques, group leadership and river safety. The cost will be about \$50.00 for a person furnishing his own P.F.D. and paddle, and renting a canoe. Several A.Y.H. canoers are part of the staff. For more information and applications see Mike DeRoy, Gordon Bugby and Jim Roberts.

Joe Levine would like to know how many Pittsburgh Council AYHers would be interested in a three week trip to the Austrian Alps, either in 1977 or 1978. This would involve several mountain tours of three or four days duration with overnights at mountain huts, interspersed by two or three days for rest, sight-seeing and travel to the next mountain area. This trip would be for adults who prefer easy, relaxed hikes of moderate length and altitude gain. If interested, please call Joe at 422-8287 and state your preference as to year and month (July, August or September).

The bike series begins in April. This is a regularly scheduled group of rides for beginners. There will be six trips, increasing in difficulty, ending with intermediate trips. The idea is to participate in the entire series, so you will have progressed by the end. The no. 1 ride is scheduled for Sunday, April 24, ride no. 2 will be Saturday April 30. For more details see trip descriptions in this Golden Triangle.

On this year's trip, we will paddle about 54 miles down the Kamisotia River and 7 miles up the Mattagami River to the Sandy Falls Power Dam near Timmins, Ontario. There will be seven portages around waterfalls and one dam. You will need intermediate white-water experience, camping equipment, food and about \$55.00. Also food and money while travelling by car. Will leave the Hostel at 8:00 P.M. Friday, August 12 and will return by Sunday, August 21. Reserve with Howard King 264-1386.

The Penna. Dept of Community Affairs recently released its second bicycling guide entitled "Bike Trips in South Eastern Pa." Its first guide is for South Central Pa. Both guides are free! Request them from:

Mr. William H. Wilcox
Dept. of Community Affairs
Rm. 216 South Office Bldg.

While you are writing to Mr. Wilcox, why not ask if there are any plans for a future guide to the Western Pa. Pittsburgh area.

Is there anyone out there interested in getting U.S. topographic maps at a bulk rate? If you are, A.Y.H. can put together a bulk order (over \$300.) and secure a 25% savings for members. Stop and think about the maps you may need for future use (Vermont next winter). Start now by writing for the free index map of the state you need.

Branch of Distribution
U.S. Geological Survey
1200 South Eads Street
Arlington, VA 22202

The cut-off date for ordering should be May 30th. For more information and questions contact Joe Hoechner at 343-2465 or Sally Brunson 231-6074.

CANOE TRIPS

April 16 - Flatwater Canoe School

This school is for those who have very little or no canoeing experience. You will learn how to carry a boat, use a paddle and partner to maneuver a boat and have some fun. NEEDED: tennis shoes, lunch in plastic bag, drinking water, clothing that allows you to move freely (wool if possible), and is suitable for the weather. Gloves may be a necessity - rubber are best, and change of clothes for end of trip. COST: \$6-7.00 Meet at Hostel 8:15 RESERVE with Mike 371-6943. Reservations are mandatory. Show your Pass.

April 23 - WHITEWATER CANOE SCHOOL I - If you are capable of paddling a canoe in a straight line from the rear in flat water, then be introduced to flowing water and riffles. Bring lunch and perhaps woolies, a set of dry clothes and about \$7.00. (If warm, you will get wet). (?) RESERVE with Bill and Sue 366-8996.

April 24, POLING/CANOE TRIP CLASS II - Jim Gogots is leading this trip for the regulars in order to begin training for the Nationals. Buy an extra tube of Ben Gay now! Meet at 8:00.

Seventeen foot Grumman canoe (like new), includes sail kit (65 sq. ft. gunter rig, mast step, rudder and sheets), motor mount. Call after 6 P.M. 863-4548 or days 681-5700 ext. 451.

Eureka Highlite 2-man tent, 6 lbs., 5'x7' floor. Bought 1976, used six days, owners too fat for this tent. \$55.00, call 527-1416.

Raleigh competition 10 speed bike. Jet black, sew up tires, 22 1/2" frame, cool gear saddle, extras. Firm \$300. One front wheel from 10 speed bike (27"), quick release hub, tube and tire. \$15.00 Call Joe at 343-2665.

C-I, 80 cm. Yugo from Sylvan canoe club mold. \$95.00, call Guy Estes at 823-1136.

CANOE SALE

If you would like to become the proud owner of an experienced canoe, place your bid in a sealed envelope and in MIKE DEROY'S palm by April 29th at which time they will be opened and the 2 highest bidders notified. Starting bid is \$140.00. These are two used AYH canoes, one with a small hole, but both in rather good shape.

%%%%%%%%%

OPEN HOUSE

OPEN HOUSE at Hostel Headquarters every Thursday. Doors open 7:45 P.M. Slide show at 8:45. Programs are of interest to old, new and prospective AYHers. WELCOME!!

APRIL OPEN HOUSE PROGRAM

APRIL 7. Bob Schotz and Bill Wiener. Canoeing the Wilderness of Algonquin Park in Ontario.

APRIL 14. Ben Brugmans. The lava fields of Iceland, the castles of Germany and the food of France..

APRIL 21. Barney Bench, Korea: Its land and people, part 2.

APRIL 28. Surprise Film!! The chairpersons will be as surprised as you will be.

Our OPEN HOUSE is for all members as well as non-members. This is a great time to see friends reminisce about good times and plan future trips.

If you are a prospective member, this is an ideal time to meet AYHers and discover the ART OF HAVING FUN.

THE GOLDEN TRIANGLE

The Golden Triangle is a monthly publication of the Pittsburgh Council, American Youth Hostel, Inc.

ADDRESS: AYH
6300 Fifth Avenue
Pittsburgh, PA 15232

PHONE: 362-8181, Thursday
EVENING ONLY

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ASST. EDITOR	Ben Brugmans
PRINTING	Sue Leathen
COVER	Mike DeRoy
PRODUCTION	Martie and Mike Haddad and the few willing helpers who stayed after the meeting to collate this newsletter.

DEADLINE FOR ALL ARTICLES FOR MAY ISSUE IS APRIL 14.

NOTE: We ask that you do not submit articles on odd-size paper. Please type or print double-spaced to facilitate our lay-out of the Triangle.

INDEX TO THIS ISSUE:

- page 1 Hostelling in Holland
2 Tips and Tales
3 Morgantown Weekend
4 Canoeing Notes
5 Hiking Notes
5,6,7,8, Trips and Trails
7 Extended Trips
9 Open House Program
10 Monthly Calendar

APRIL				1	HIKE (2)	BEGINNER BIKE (3)
4	5	6	7	8	← BACKPACKING → INTER HIKE (9)	10
					← INTER BACKPACK →	
11	12	13	14	15	BIKE HIKE (16) FLATWATER SCHOOL	17 BICYCLE
18	19	20	21	22	CANOE BIKE (23) ADV. BACKPACK HIKE	POLE CANOE (24) ROCK CLIMB HIKE BIKE
25	26	27	28	29	30 BEGIN BACKPACK BIKE	MAX 1st BIKE TRIP

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