

GOLDEN TRIANGLE

January, 1978



"Out with the Old, and In with the New" -The AYH Way!

Pittsburgh Council

American Youth Hostels, Inc.

vol. 29, no.1

BAN BIKES?

There is a proposed change to the Pennsylvania Vehicle Code which would do this- on limited access highways (such as Route 119, etc.). This would force touring cyclists to make long detours, often on older roads which are narrower, lack shoulders, and have poor line-of-sight distances which are less safe than the limited access highways.

Although limited access highways have a posted 55 M.P.H. speed limit, they usually provide two lanes (in each direction) plus paved shoulders for the cyclists' use. What can you do? Write!

If you want your voice to be heard against (or for) this attempt to restrict the already "Bicyclable" roads here in Pennsylvania contact:

Senator Francis J. Lynch
Chairman Senate Transportation Committee
1 Button Wood Square
Philadelphia, Pa. 19130

Representative Robert E. Bellomini
Chairman House Transportation Committee
2663 Chesnut St.
Erie, Pa. 16508

AYH MEMBERSHIP RENEWAL

Renew now. Don't wait until you miss an issue of The Triangle. Fill out the following membership application and bring or send it with a check payable to "Pittsburgh Council, AYH" to Membership, AYH, 6300 Fifth Avenue, Pittsburgh, Pa., 15232

NAME _____ PHONE _____
ADDRESS _____ OCCUPATION _____
_____ NEW/RENEWAL _____
(zip code)

_____ Youth membership (under 18)	\$ 5.00
_____ Senior membership (18 and over)	\$11.00
_____ Family (valid in USA and Canada only)	\$12.00
_____ Organization membership	\$25.00
_____ LIFE	\$110.00
_____ FAMILY LIFE	\$220.00

SERVICE INTERESTS: _____ Newsletter; _____ Hostel Development; _____ Bicycling;
_____ Publicity; _____ Trail Maintenance; _____ Equipment Repair;
_____ Auditor Service; _____ Typing; _____ Art Work; _____ Key Punch

LEADERSHIP: _____ Backpacking; _____ Bicycling; _____ Canoeing; _____ Caving;
_____ Climbing; _____ Cross-country skiing; _____ Hiking; _____ Rafting

_____ I would like my name and phone no on the 1978 AYH phone list

*****2*****

THERE IS A NEW PLACE IN TOWN FOR ALL YOUR PADDLING NEEDS.

PADDLERS WORLD, INC.

THERE YOU WILL FIND A WIDE SELECTION OF CANOES, KAYAKS, AND ACCESSORIES TO FIT YOUR PADDLING PREFERENCES AND BUDGET.

NOW IN STOCK ARE CANOES FROM ALUMACRAFT, PAT MOORE, RANGER, MOHAWK, AND THE MCKENZIE RIVER POLER. WE HAVE KAYAKS FROM SEDA PLUS THEIR COMPLETE LINE OF SUPERB ACCESSORIES.

WE ARE THE EXCLUSIVE OUTLET FOR A UNIQUE PADDLE FROM OUTDOOR SCENE, THE MOST COMFORTABLE PADDLE YOU CAN BUY.

WE WILL BE RESPONSIVE TO YOUR PADDLING REQUIREMENTS WHETHER YOU ARE CASUAL OR SERIOUS, RECREATIONAL OR COMPETITIVE, SOLO OR FAMILY (OR FRIENDS), WEEKEND OR EXTENDED TRIPPER, WHATEVER IT TAKES FOR YOU TO FULLY SAVOR THE LIFETIME OF ENJOYMENT THAT PADDLING OFFERS.

WE ARE PERSONALLY ORIENTED MORE TOWARD RECREATIONAL PADDLING AND FLAT WATER COMPETITION AND CAN ADVISE YOU ABOUT THEM. WE HOPE TO OPEN UP OUR WHITEWATER HORIZONS WITH YOU.

PLEASE COME IN AND VISIT. SEE WHAT WE HAVE TO OFFER. OUR NEWNESS MEANS WE DON'T HAVE EVERYTHING IN STOCK YET, BUT WITH YOUR SUPPORT AND INPUT, WE WILL HAVE WHAT YOU WANT.

FIND US ON ROUTE 8 IN GLENSHAW, AT THE BUSY BEAVER STOPLIGHT. WE SHARE THE PARKING LOT WITH SWEENEY TIRE.

WE ARE THERE MONDAY, THURSDAY, AND FRIDAY EVENINGS FROM 7:00 till 9:00 AND SATURDAY FROM 11:00 A.M. till 6:00 P.M.

CALL US AT (412) 486-4684 ANYTIME. THE PHONE WILL ANSWER. IF YOU CAN'T MAKE OUR REGULAR HOURS, LEAVE A MESSAGE AND WE WILL CALL YOU TO ARRANGE A CONVENIENT TIME FOR YOU.

WE LOOK FORWARD TO SERVING YOU!

CUT OUT FOR YOU

FOR A FRIEND

RON HAMMOND'S
PADDLERS WORLD, INC.

THE BEST CANOES, KAYAKS
AND ACCESSORIES FOR YOU

MONDAY-THURSDAY-FRIDAY 7-9 P.M.
SATURDAY 11 A.M. TO 6 P.M.
OR BY APPOINTMENT

1402-R ROUTE 8
GLENSHAW, PA. 15116
412-486-4684

RON HAMMOND'S
PADDLERS WORLD, INC.

THE BEST CANOES, KAYAKS
AND ACCESSORIES FOR YOU

MONDAY-THURSDAY-FRIDAY 7-9 P.M.
SATURDAY 11 A.M. TO 6 P.M.
OR BY APPOINTMENT

1402-R ROUTE 8
GLENSHAW, PA. 15116
412-486-4684

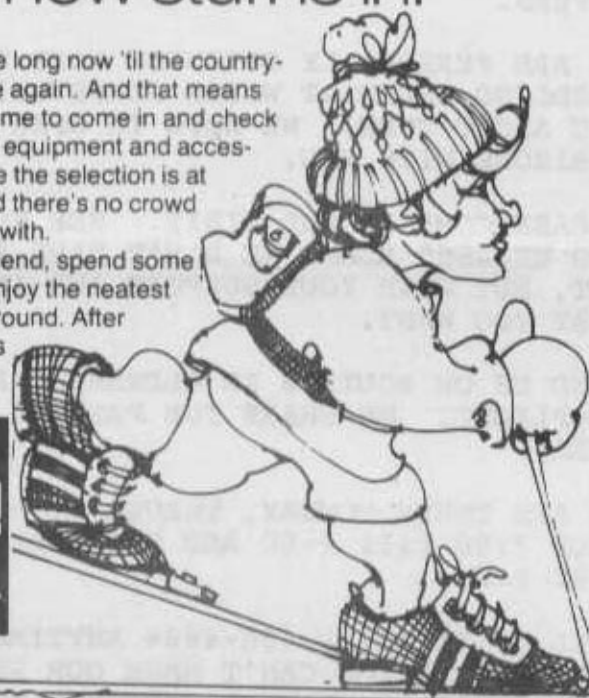
XC Skiers!

The new stuff is in!

It won't be long now 'til the countryside is white again. And that means now is the time to come in and check out the new equipment and accessories, while the selection is at its best. And there's no crowd to compete with.

Bring a friend, spend some time, and enjoy the neatest shopping around. After all "Skiing is believing!"

It's time!
get ready to ski...



Willis



SKIING • TENNIS • BICYCLES

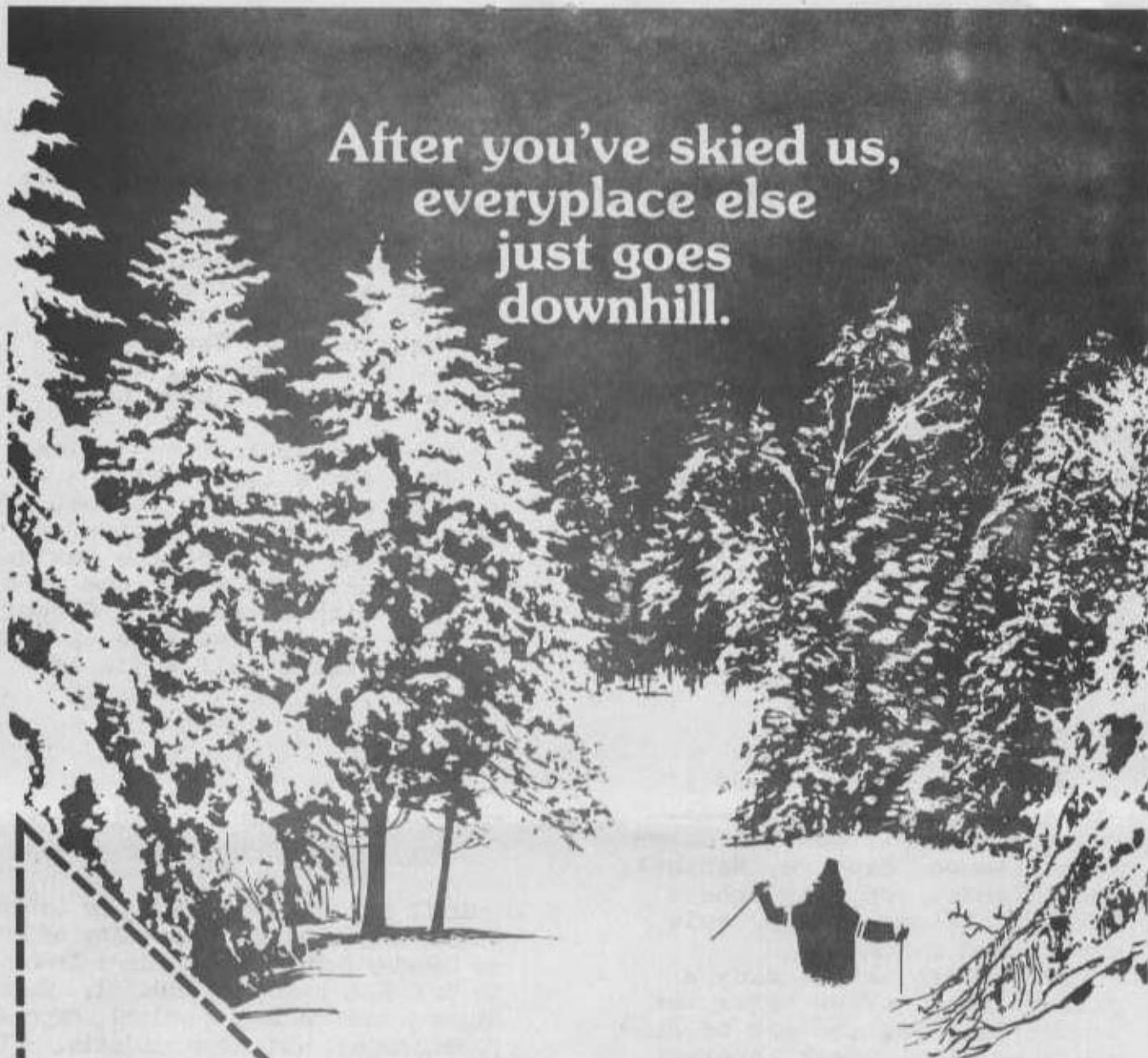
CASTLE SHANNON
3738 Library Road
Pittsburgh, Pa. 15234
412/881-5660

MONROEVILLE
3848 Wm. Penn Highway
Monroeville, Pa. 15146
412/823-7230

SQUIRREL HILL
2138 Murray Ave.
Pittsburgh, Pa. 15217
412/521-6083

SEVEN SPRINGS
Mountain Resort
Champion, Pa. 15622
814/352-7611

After you've skied us,
everyplace else
just goes
downhill.



Snowshoe Company
Slatyfork, West Virginia
26291 304-799-6600

Yes, I want to make tracks. Please
rush me your brochure so I can start
planning the best ski vacation ever!

Name _____

Address _____

City _____ State _____ Zip _____

make tracks for
Snowshoe
where skiing is believing



YH 1-2 8

Ski above 4000 feet on Snowshoe's mile high mountain. Over five miles of
slopes and trails featuring the highest vertical drop in mid-America.

Beginner or expert, Snowshoe's massive horse-shoe shaped mountain
with its 13 slopes and trails offers a variety of challenging ski terrain.

Add to that Snowshoe's average annual snowfall of 180 inches—
last year it was 233 inches and that's over 19 feet!

Stay in one of two slopeside lodges, Spruce or Timberline,
atop the mountain. Then top it all off in Alfredo's
Restaurant and lounge, featuring cuisine which
matches the view—incomparable!

Best of all, Snowshoe is affordable... Try our
7 Day Skier Week for only \$123.75. Or, our
7 Day Learn to Ski Week for only \$195.75.

If you've been skiing elsewhere,
Snowshoe may be closer than
you think.

Send for our brochure to-
day. Then make tracks
for Snowshoe!

Come Ski With Us!



Specialists in Nordic Skiing

X-C Ski Sales / Rentals / Lessons / Tours

**Ligonier Mountain
Outfitters LTD.**

"Purveyors to Outdoor People"

Shop I - Rt. 30, Laughlintown, PA 412/238-6246

Shop II - Oakland Ave., Indiana, PA 412/463-7440

FLORIDA SAIL VACATIONS

Here is a chance to sail tropical waters at low cost. Explore the Gulf Coast's bare-foot islands, Captiva, Sanibel, Boca Grande, and many others. Lots of chances to sun, swim, shell, and beachcomb.

If you are not already a sailor, these trips offer the fun of learning the art of sail cruising with expert informal instruction. Join us for a five day cruise aboard our 26 foot sailboat, anchoring at new harbors every night. Each trip is limited to five people. The trip is moderate to strenuous. Swimming ability is a MUST.

Starting Dates: Jan. 30, Feb. 6, 13, 20, 27, Mar. 6, 13, 20, 27, Apr. 3, 10, 17, 24,
Leader: Jerry Barron.
Cost: \$179. Deposit \$50.

For more information, write or call American Youth Hostels, 3024 Coolidge, Berkley, MI., 48072, Telephone (313) 545-0511
Hours: 12-8 PM, Mon., Wed., 12-5 Tues., Thur., Fri.

ATTENTION ADVENTURE SEEKERS

Have you ever thought about scuba diving?

It's a new and exciting sport which is becoming more popular all the time. There will be a basic scuba class for beginners on January 16, 1978. The class will be 8 weeks long with 3 open water dives.

After certification (which is good for a lifetime) there will be a group trip to the Clearwater area of Florida, then to the wreck of the Mexican Pride where you will come face to face with an enormous Gruper. So join the fun and sign up now.

For details call Wojie at 322-2214.

BACKPACKING COURSE

Cliff ham will be teaching an informal 8 week course at the University of Pgh. on Tuesday & Thursday evenings from 6:30 to 8:00 P.M. beginning Jan. 31. He will discuss backpacking, survival, mapreading, foodplanning, and other subjects. Wilderness ethics will be stressed. Registration is necessary beforehand. AYH members are welcome.

XC Ski Race

If you are entering the American Birkebeiner XC Ski Race in Telemark, Wisconsin on Feb. 25 and wish to arrange group transportation and lodging, contact James Benson of the Slippery Rock Nordic Ski Club at: 509 Elm St.

Slippery Rock, Pa. 16057



1794 N. HIGHLAND ROAD
PITTSBURGH, PA. 15241
412 / 833 - 7800

TAKE THE 41C FROM MELLON
SQUARE TO MITCHELLS
CORNERS

WHETHER YOU'RE
TRAVERSING THE ARCTIC OR
WAITING FOR THE 61C, LET
AVALANCHE KEEP YOU WARM
THIS WINTER!

WE HAVE:

- DOWN JACKETS AND VESTS
- THERMAL UNDERWEAR
- WOOL AND DOWN MITTENS
- WOOL SWEATERS, SHIRTS AND
HATS
- HIKING BOOTS AND WOOL
SOCKS

WE OUTFIT EXPEDITIONS—LET
US OUTFIT YOU

AVALANCHE

**PITTSBURGH'S
OUTFITTERS
FOR
WILDERNESS
EXPLORATION**

PITTSBURGH'S OUTFITTERS FOR WILDERNESS EXPLORATION

1794 N. HIGHLAND ROAD
PITTSBURGH, PA. 15241
412 / 833 - 7800

THINKING OF BUYING
CROSS COUNTRY SKIS
FOR THIS WINTER?
TALK WITH THE
EXPERTS.
SEE THE FOLKS AT
AVALANCHE FOR THE
WIDEST SELECTION OF
WOOD AND
FIBERGLASS, WAXABLE
AND WAXLESS
SKIS, SKI BOOTS, AND
CROSS COUNTRY SKI
ACCESSORIES.
NOT TO MENTION
FREE INSTRUCTION
AND SPECIAL
DISCOUNT PACKAGE
PRICES.



AVALANCHE

JAN '78 TIPS & TALES

Interested in cross-country skiing? So is Allegheny County! The County's Dept. of Parks and Recreation is promoting x-c skiing in most of the area parks and is providing free clinics to encourage it. For more information, call 935-1971.

Winter trip leaders should plan their transportation carefully. Ask your potential drivers about their experience driving in foul weather. All cars must have snow tires.

Cars should be parked in such a way that they can be easily moved after a sudden snowfall. Park uphill of your access road -- not downhill of it. When the trip is over, all drivers should start their engines and leave at the same time. This assures you of having plenty of help around if any one car has problems.

Are there really Federal guidelines forthcoming dealing with reflective sidewall requirements for cross-country skis?????

Have you heard about "Laker Airways"? This is the "skytrain" airline that flies to London for \$135 (one-way). The return flights are also on a one-way basis but cost only about \$110 English pounds.

They sell tickets on a day-to-day, first come-first serve basis. There are no advanced reservations, and payment must be in cash or traveler's checks.

Although you can include sleeping bags and backpacks as your baggage (at no extra fee), a boxed bicycle would be subject to an excess baggage charge.

Interested? Write for more information:
Laker Airways Limited
P.O. Box 1
United Airlines Terminal
J.F.K. Airport, Jamaica, N.Y. 11430

If you're in a rush to leave the country, you can call (212) 995-5090.

If you are troubled by a "frigid face" (or cold cheeks) while out skiing, try chewing gum. The chewing will keep your jaw moving and the circulation will help keep your face warm.

Better yet -- Talk to a new member!!!

*****7*****

JANUARY TRIPS AND TRAILS

The trips listed below are open to the public with the exception that AYH members are given priority when the trip is of limited size. Trip costs include 50¢ registration and insurance (\$500 medical) plus transportation costs and equipment rental. In addition to these fees, non-members are charged \$1.00 per trip; one non-member fee can be deducted from the cost of membership if the tripper joins AYH within 30 days following the trip. Call the trip leader to reserve or cancel or to get information. Please call during normal hours (6:30-9:30) unless otherwise noted. Make reservations as early as possible but in no case later than the Thursday before the trip.

- Fri. Dec. 30 thru Mon. Jan. 2 Laurelville Winter Weekend - Those with reservations should be at AYH Friday @ 6:45 p.m. with warm clothes; 3 lunches and about \$18 - To return Monday late afternoon - Joe Hoechner will provide written directions and info - call 343-2465 Don't forget your pass with photo!
- Sun. Jan. 8 Beginner Hike: Joe Levine will lead a day hike in one of the county parks. Bring a lunch and \$1.00 and plan to leave the hostel parking lot at 9 a.m. Dress for the weather. Call Joe @ 422-8287 between 9-11 a.m. or p.m.
- Sat. Jan. 14 Beginner Hike: Join Rob McEachern for an easy half-day hike at Hartwood Acres and possibly a tour of the mansion. Leave the hostel at 12:00 and dress for the weather. If there is a lot of snow, bring your skis. Call Rob @ 828-2635 after 5 p.m.
- Sun. Jan. 15 Beginner Hike: Bill Porter will lead an afternoon hike somewhere near Pittsburgh. For more information call Bill @ 222-3029.
- Sun. Jan. 15 Novice Winter Hike: Enjoy a day hike to the 130 acres of hills and creeks at the Fombell Hostel. Some cross-country skiing possible. Dress warm, bring lunch, water and about \$4.00. Reserve with Joe Hoechner @ 343-2465.
- Thur. Jan. 19 Beginner X-C Ski: Conquer the hills of Mellon Park with Joe Hoechner. Basic instruction and rental equipment for \$1.00 fee. Start 6:30 to about 8:30 p.m. Reserve with Joe @ 343-2465.
- Sun. Jan. 29 Beginner Hike: Paul Stratton (and canine friend Harvey) will lead an afternoon hike to Bear Run nature preserve near Ohiopile. Leave the Hostel at 11 a.m. and dress according to the weather. Call Paul @ 929-7923.

OPEN HOUSE

EVERY THURSDAY NIGHT

DOORS OPEN: 7:45

SLIDE PROGRAM: 8:45

Our Thursday night OPEN HOUSE is for members as well as non-members. This is a great time to see friends reminisce about good times, and plan trips.

If you are a visitor or prospective member, this is an ideal time to meet AYHers and discover the ART of HAVING FUN. Just walk up to someone and tell him or her you're interested in canoeing, caving, cycling, hiking, skiing, or whatever and ask how you can get information on that activity.

OPEN HOUSE PROGRAMS FOR JANUARY

- Jan 5: Bob Goff will present a smorgasboard of slides. Join us for a review of some of the hostel activities we've enjoyed this past year.
- Jan 12: Joe Hoechner presents a collection of short films on such things as snow, skateboards, rock climbing and maybe first aid.
- Jan 19: Cathy Lynch spent Christmas '77 in Russia - where it was slightly warmer than Pittsburgh for the same two weeks. Her slides are of Leningrad, Moscow and Tallinn, Estonia.
- Jan 26: Jack Kowalski will present a beautiful film on teaching the blind to ski - you'll find it quite interesting.

THE GOLDEN TRIANGLE

The Golden Triangle is a monthly publication of the Pittsburgh Council of American Youth Hostels, Inc.
6300 Fifth Ave., Pittsburgh, PA 15232
PHONE: 362-8181 Thurs. evenings
between 7:45 and 10:30 only

DEADLINE FOR ARTICLES & ADS FOR:

FEB. ISSUE: Thurs, Jan. 5

DEADLINE FOR TRIPS & TRAILS FOR:

FEB. ISSUE: Thurs, Jan 12

FEB. PRODUCTION PARTY:

Thurs, Jan. 19

1978 Activities Board Chairpersons:

Caving: Norm Snyder 371-2371

Skiing: Alan & Mary Barber 833-5311

Hiking: Steve Martin 665-0634

Winter

Sports: Jack Kowalski 828-2795

CHANGE OF ADDRESS: Please notify Pittsburgh Council, AYH as soon as possible if you change your address. Otherwise, you miss The Triangle and AYH is charged 25¢ for every newsletter that is returned.

EDITOR: Dave Silverman

COVER: Kim White

ADVERTISING: Jim Gogots

PRINTING: Sue Leathen

MAILING LABELS: Don Hoecker &
Roy Weil

PRODUCTION: Don Hoecker
and the many enthusiastic AYHers who make production a party rather than a chore.

M	TUES	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>January</i>						LAURELVILLE WEEKEND
			DEADLINE ARTICLES & ADDS			1
2	3	4	5	6	7	8
	BOARD MTG.		DEADLINE TRIPS & TRAILS		Hike	Hike
9	10	11	12	13	14	15
			PRODUCTION PARTY			
16	17	18	19	20	21	22
						Hike
23/30	24/31	25	26	27	28	29

PITTSBURGH COUNCIL
AMERICAN YOUTH HOSTELS, INC.
6300 5TH AVENUE
PITTSBURGH, PA. 15232

NON-PROFIT ORGANIZATION
U. S. POSTAGE PAID
PITTSBURGH, PA. 15232
PERMIT # 127

ADDRESS CORRECTION REQUESTED
RETURN POSTAGE GUARANTEED

LIBRARIAN, A.Y.H. VIP 0
4723 WALLINGFORD ST.
PITTSBURGH, PA. 15213

Subscriptions with labels coded "77," will expire this month unless membership is renewed.

LEADERS: Do you carry an
emergency medical form
on all your trips?