

Hostelling, Travel and Outdoor Recreation From American Youth Hostels

# GOLDEN TRIANGLE



Pittsburgh Council, American Youth Hostels, Inc.  
Serving Western Pennsylvania & West Virginia Pan Handle  
Since 1934



VOLUME 43, NUMBER 3

MARCH 1993

## A HOSTEL FOR PITTSBURGH

By Linda Smithyman



Front Elevation: Future Hostel  
344 Blvd Of The Allies  
Downtown Pittsburgh, PA

The front of the last two newsletters have included information about the #1 Firehouse on the Boulevard of the Allies that we hope to renovate into a hostel. However, there are some members who may have never had the opportunity to go to a hostel.

Hostelling means a number of things: to go out and meet new people and see new sights, to share your experiences in other cities and countries with others, and to enlighten your mind. One of the most down to earth ways to accomplish this is to go to hostels.

At the former Grand Canyon Hostel I sat in the common room with five college students from Argentina and the hostel manager and learned more about Argentina's people, politics, economics and education system than I ever learned from a text book. At Red Rock Canyon near Las Vegas I Hiked with people from Australia and Germany and discussed their impressions of the USA from their Preconceived ideas to their short but realistic visit. We explored a Vegas casino together all getting a taste of what it had to offer. At Ironmaster's Hostel along the Appalachian Trail I discussed the highlights and lowlights of hiking the whole trail with several individuals and why they had a desire to make such an adventurous trek. In each one of these places I found people who were looking to find out what life had to offer in other places by establishing short friendships and to share their own experiences.

These types of experiences are what Pittsburgh Council hopes to bring to the area by providing a hostel in Pittsburgh. For those of you who cannot afford the time or money to travel, we can bring the hostellers here and you can come down to the building to meet them, share dinner or hours of conversation, perhaps to go out into the city and experience what Pittsburgh has to offer. The building is, in essence, a foundation for a better understanding of the world and it's people.

Please help us to establish Pittsburgh as one of the cities to offer this experience. We are accepting donations and pledges of support to purchase, renovate and operate the firehouse at 344 Boulevard of the Allies. Please take the time to fill out the coupon on page 3 (of this issue), and let us know how you can help.

### Attention all City of Pittsburgh Residents

The Pittsburgh International Youth Hostel Needs your help Now. The sale of the NO. 1 Firehouse may be in jeopardy due to differences between the City Council and Mayors Office. AYH neither opposes nor supports the Mayors position on the restructuring of the city Firestations, we believe the issue of the Hostel should be separate from the issue of the Firestations.

Don't let the Pittsburgh Firehouse Hostel go up in smoke, call your City Council Representative today and voice your support for the Pittsburgh International Youth Hostel.

Jack Wagner 255-8963	Eugene Ricciardi 255-2130
Dan Onorato 255-2135	Michelle Madoff 255-2131
Jim Furlow 255-2140	Dwayne Darkins 255-2137
Bob O'Conner 255-8965	Dan Cohen 255-2133

### ANNUAL BANQUET APRIL 17th

(PAGE 3 FOR DETAILS)

### Spring Activities Weekend Update

The spring activities weekend will be held at the Heritage Scout Reservation over Memorial Day Weekend, May 28-31, 1993. The Heritage Reservation is located approx. halfway between Ohioypyle, PA and the Coopers Rocks / Cheat areas of West Virginia. It has both tent sites and homes available on the 100 acre lake located in the reservation. Catered group meals will be available in their dinning hall. We expect to be offering canoeing, kayaking, sailing, rafting, caving (at Laurel Caverns), hiking, and cycling trips throughout the corse of the three day weekend. Look for detailed descriptions of all the trips and a reservation form for the weekend in the April Triangle. You won't want to miss this weekend! Also, we are still looking for people to help out with the coordination of the weekend. If you would like to volunteer, please call Jon Maiman at 441-2306. We can use all the help we can get!

### Coming Next Month!

The History of the No.1 Firehouse.  
A Past PGH Council President Sends a Poem  
The Latest Breaking News on The Hostel  
Glenn Oster's "The Appalachian Trail"  
A Hike Leader "Spot Lighted"  
and MORE

### American Youth Hostels

Pittsburgh Council  
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Pittsburgh, PA 15232

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## PITTSBURGH COUNCIL ACTIVITY CHAIRS

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Cross Country Skiing  
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Rock Climbing  
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Bob Zavos ..... 241-0659

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Wm Eberle ..... 833-9732

The following positions are cur-  
rently open and we are in need of  
responsible people to fill them. If  
you are interested please call Jon  
Maiman at 441-2306.

Caving  
vacant .....  
Ast. Store Keeper  
vacant .....  
Activities committee Secretary  
vacant .....

## PITTSBURGH COUNCIL BOARD MEETINGS

### January 11, 1993

The Board reviewed usage and funding plans for the Pittsburgh Hostel  
and discussed construction criteria to be used by the Construction  
Committee.

The Board transferred \$12,328 to the Hostel Development Fund from  
the proceeds of the Great Ride and the Mon Valley Century and \$2,606  
to the Headquarters Renovations Fund from the proceeds of SABRE.

### February 2, 1993

The Board decided to obtain a professional audit of the council's books  
for fiscal year 1992 in preparation for fundraising proposals. • The  
Board authorized increasing staff time at the office to 28 hours per  
week through the end of May. • A \$100 donation to Delaware Valley  
Council for the Bowmansville Hostel was approved. • A \$250 deposit  
was approved for the May activities weekend. • The list of activity  
chairs recommended by the Activities Committee was approved.

On the Pittsburgh Hostel, the Board approved the Funding Committee's  
proposals for fundraising, including grant requests and a solicitation of  
life members. \$500 was approved for professional review of the fund-  
raising materials. The Development Committee is still working with the  
City to finalize the sales agreement; the next step will be to obtain City  
Council approval of the sale.

The next Board meeting will be at 7:30 pm on March 2, 1993 at the  
Council office in Wightman School. All members are welcome. Call  
Larry Laude for more information.

Larry Laude, Secretary

### March 1993

#### Open House Slide Shows

- 4th Magic from Mexico : Acapulco  
by Steve Poprocky
- 11th African Adventure : Morocco to Botswana  
The Pgh Area Peace Corps Volunteers  
by Ilene Arthur
- 18th Cuba, Today : A Friendship From The U.S.A.  
by Joe Heckel
- 25th How to See : How to increase your powers of observa-  
tion outdoors  
by Ed Divers

## About AYH

American Youth Hostels is a non-profit  
organization which promotes international  
understanding, educational and recreational  
travel, good citizenship and an appreciation  
of America. AYH does this by bringing  
travelers of all ages, backgrounds and  
nationalities together in hostels and by  
providing low-cost travel programs. AYH is  
the US affiliate of the International Youth  
Hostel Federation (IYHF) which coordinates  
more than 5,400 hostels worldwide-the  
largest network of accommodations in the  
world.

## Moving?

If you move, or have any subscription  
problems, please notify us right away.  
Returned mail costs 52 cents for each piece,  
so we can save money if you let us know  
about any changes in your address.  
You can also phone in changes to the office  
at (412) 422-2282.



## Letters...

[Letters to the editor are welcome. Letters will be  
edited to conserve space when necessary. Letters  
are published at the discretion of the editor.]

## Oops...

If you find an error, please notify the  
editor. See the address for the Golden  
Triangle at the left.

## Pittsburgh Council Hostels

### Ohioyle AYH Hostel

Ohioyle State Park  
PO Box 99  
Ohioyle, PA 15470  
(412) 329-4476

### Living Waters AYH Hostel

RD #1 (1 mile west on Route 30)  
Schellsburg, PA 15559  
(814) 733-4212

### Charleroi Youth Hostel (SA)

Rego's Hotel and Restaurant  
601 McKean Avenue  
Charleroi, PA 15022  
(412) 483-6200



Mail regarding this newsletter  
should be addressed to:

**The Golden Triangle**  
6300 Fifth Avenue  
Pittsburgh, PA 15232  
(412) 362-8181  
Office: (412) 422-2282

## Pittsburgh Council Annual Banquet

Saturday, April 17th.

The annual banquet will once again be held at L. C. Simpsons Restaurant in Dormont at 3220 West Liberty Avenue, next to McMinn Oldsmobile. Dinner will consist of three entrees: Orange Cashew chicken, vegetable lasagna and baked boston scrod; baked cream corn pudding, rice pilaf, fresh veggies, tossed salad, ice cream and plenty of everything. Vegetarian meals are available upon request. There will be a cash bar available beginning at 6:00 pm and the buffet dinner will be served at 7:00 pm. The cost of the dinner is \$15.00 per person.

The restaurant is 2.3 miles from the Liberty Tunnels. Parking is available behind the building and the T (trolley) stops there too. We have had the banquet there for the last two years. Since this is Saturday evening you won't have to worry about rush hour traffic but all of you fishermen know that it is the first day of trout season and if you catch anything please come to the banquet.

This is the only one of the occasions where most AYH members do not wear casual clothes or jeans! Our chance chance to 'dress up' a little bit. We anticipate having the architect working on the Pittsburgh Firehouse Hostel to be there to bring everyone up to date on the plans for the building. And the council officers will be there to bring participants up to date on the latest developments.

As far as entertainment goes Linda Smithyman is trying to arrange for one or two AYH members to play their guitars, maybe sing, and maybe have a little sing-a-long too.

You will not receive any tickets to the banquet, we will just expect to see you that evening. Bring a friend too if you wish.

HOPE TO SEE YOU THERE

Please cut out the form below and send your payment made payable to Pittsburgh Council-AYH in with it by Friday, April 16TH. Call Helen at 422-2282 with any questions.

### AYH ANNUAL BANQUET - SATURDAY, APRIL 17TH

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_

# of dinners \_\_\_\_ x \$15.00 per person = \$ \_\_\_\_\_ enclosed.

Please mail your payment to: American Youth Hostels  
Room 204, 5604 Solway Street, Pittsburgh, PA 15217

## A Round of Applause

Thanks to the following people who have sent in donations or pledges to the Firehouse Hostel Project. These funds from individuals total over \$7,200 as of February 1, 1993.

Peter M. Watt-Morse  
Rodney Horner  
Cliff and Marilyn Ham  
Stanley S. Sattinger  
David Porterfield  
Norman T. Ravensborg  
Joe & Cheryl Hoechner  
Marianne Kasica

Sidney p. Fell  
Joel D. Hough  
Glenn L. Oster  
Harold M. Sommer  
Joseph J. Burns  
Fred Hull  
Larry Laude

Allen J. Goodman  
Curt Larson  
Laurence C. Hull  
Gerald D. Blum  
Oscar H. Mayer  
Ms. Larson  
Linda Smithyman

Yes, I would like to make a pledge of support for a Hostel in Pittsburgh in the amount of:

- ☐ \$2,500  
☐ \$1,000  
☐ \$500  
☐ \$250  
☐ \$100  
☐ \$50  
☐ other: \$ \_\_\_\_\_



Yes, I can also volunteer my time for:

- ☐ Fundraising  
☐ Architecture or Design  
☐ Construction  
☐ Public Relations  
☐ Clerical help  
☐ Other: \_\_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Telephone \_\_\_\_\_

Mail your pledge to:

**AYH**  
**Pittsburgh Hostel Fund**  
5604 Solway St.  
Pittsburgh PA 15217  
412-422-2282

## The Activities Program is Looking For a Few Good AYH'ERS

The activities program is looking for volunteers. For more information, or to volunteer for any of the positions listed below, please call Jon Maiman at 441-2306. Currently, the following positions are open:

### HQ Program Coordinator

This position involves soliciting slide shows for our Thursday evening open houses and introducing guest speakers at the open houses. We currently have two people working in this area and are looking for a third to help out.

### Activities Weekend Coordinators

Last Fall we had an Activities Weekend and we're currently planning another one for this spring. We hope to make this an annual event. So, we are looking for someone to work with the Activity Committee Chairs to serve as the central coordinator for the weekend. This would involve: coordinating the trip offerings for the weekend, researching places to stay for the weekend (i.e. Hostels, Campgrounds, and/or Cabins), planning and coordinating group meals, and other general coordination tasks. We're interested in people who would like to help out with some or all of these areas. Prior experience isn't required, we will train you.

### Informal/Impromptu Activities Coordinator(s)

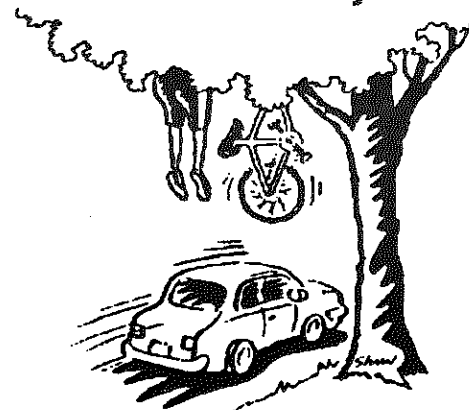
We would like to expand the offerings in the activities program to include more informal and impromptu activities. For example: Group dinners at restaurants, Ice skating, Downhill skiing, Theater trips, Museum trips, Sporting games, etc. The general idea is to provide more social occasions for the membership, especially in areas where we don't have a formal trips program or where a formal program isn't appropriate. This position is very flexible and can be shaped to match the ideas of the person who fills it. We are looking for both people to plan individual events as well as for someone to coordinate the program. The coordinator would mainly be responsible for submitting event notices to the triangle Editor for publication and for recruiting individual event coordinators.

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## Cycling Accident?

**If you have suffered injury or damage  
in a cycling accident, contact our  
law offices to discuss your legal rights  
with a fellow cyclist.**



**Marc S. Reisman**  
**Attorney at Law**

**412-456-2005**  
**800-548-6267**

**There is no charge for legal services on injury claims  
unless benefits are obtained**



## What is Planned Giving? (Part II)

Because of the intricacies of the tax laws, your method of giving can affect the benefits both of us will receive. That's because the laws actually favor charitable giving, by providing for substantial tax deductions. In essence, you are rewarded for making a gift in support of our programs.

Let's say you make a cash gift of \$10,000. You are entitled to an income tax charitable deduction of \$10,000, which results in an income savings of up to \$3,100, if you're in a 31 percent tax bracket. Some gift mechanisms also reduce gift and estate taxes.

As we discuss the various gift mechanisms in future articles, we'll include examples of how the tax laws can influence each one. The individuals mentioned in the examples are fictitious; however, the figures shown are indicative of the tax savings you might realize when you incorporate planned giving into your financial plan.

When reviewing or revising your overall holdings, you might want to consider a charitable gift. Sound planning can provide financial security for your family as well as ensure the continuation of programs such as ours.

In addition, we can suggest a variety of commemorative opportunities. Commemorative opportunities are often called "naming opportunities," because in return for certain levels of gifts, you may name such items as bunks, rooms, or programs. We'll be happy to discuss these with you.

### Gift of other property to Pittsburgh Council AYH.

**Tangible Personal Property** This includes such items as works of art, antiques, books, gems or precious stones. You may, of course, give an item whether or not it has increased in value since you obtained it. For you to enjoy tax benefits, however, the donated object must be what in the Internal Revenue Service (IRS) considers *long-term capital gain property*. As we mentioned last month in the section on securities, this means simply that the asset has appreciated in value and you have held it for a minimum length of time.

Your income tax deduction will depend upon the nature of the gift and its correlation to our stated, tax-exempt mission. If the use of the gift is related to our tax-exempt purposes, it qualifies for an immediate income tax deduction equal to its appraised value on the date of the gift. If the use of this gift is not related to our tax-exempt purposes, your charitable deduction is restricted to the asset's cost basis. You may claim the deduction in the year the gift is made- up to 30 percent of your adjusted gross income- and carry it over, if necessary, for up to five years. Under certain circumstances, you can choose to qualify for a 50 percent annual deduction by reducing the value of your gift by 100 percent of its appreciation- that is, to the cost basis.

Some higher-income taxpayers are subject to the alternative minimum tax (AMT). For purposes of the AMT, the untaxed appreciation on gifts of property is a tax preference item. The appreciation associated with gifts of tangible personal property, however, is not a tax preference item in 1991.

Each gift item must be evaluated on an individual basis to determine whether or not it is related to our tax-exempt mission. For information concerning any gift you might be considering, please contact the development office.

**Intangible Personal Property** You may also make gifts of personal property that cannot be seen or touched. Such property is called "intangible" and it includes copyrights, securities (discussed earlier), patents, contracts, promissory notes, royalties, trademarks and the like. Unlike tangible property, intangible personal property does not have to be scrutinized - for income tax purposes - for its relevance to our tax-exempt mission. As far as gift and estate taxes are concerned, tangible and intangible personal property are treated the same.

**Real Estate** Almost any type of real property - a personal residence, a farm, a vacation home, a commercial building, or an undeveloped parcel of land - can constitute a gift. Gifts of real estate can be made either outright or through one of the methods we'll discuss later.

If the property is long-term capital gain property and given outright, you'll generally avoid any tax on the gain, reduce your taxable estate by the value of the gift, and receive a charitable contribution deduction for 100 percent of the fair market value of the property.

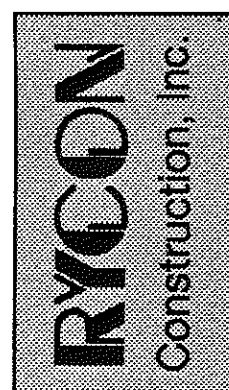
Your actual income tax savings will depend on your tax bracket. You may deduct the value of the gift, up to 30 percent of your adjusted gross income. Under certain circumstances, however, you can choose to qualify for a 50 percent annual deduction by reducing the value of your gift by 100 percent of its appreciation - that is, to the cost basis.

Article based on information provided by National AYH and edited by Joe Hoechner.

## NEW DAWN

New dawn. I feel that is an appropriate title for this article. I also realize that it has been used to extreme this past month with our city paper. However, it is the truth. A new dawn has risen over the Pittsburgh Council. We are presently working hard to open the first Council owned hostel in Pittsburgh, not to mention just plain expanding every facet of our operations and a new newsletter editor. The last point is the direction I'm taking with this article. It is my way of saying hello. I am not new to the council, many of you know me from SABRE, and cycling. I also have a seat on the board of directors. The Golden Triangle is the Council's publication, **your publication**. I would like everybody to feel free to write articles for the Golden Triangle and I invite all suggestions and comments. The major change I will attempt to make, as editor, will be more of a group effort in the production of this newsletter. In the past it has been the sole job of one person to assemble the paper to go to print. As our council has grown over the last year, so has our newsletter. The Golden Triangle is no longer a one person operation. If you are anxious to become more involved with the Council this is your chance. No experience is needed and this is a great way to make new friends and become a vital link of the Pittsburgh Council. Without wasting any more space I say hello as the new editor and urge all to consider volunteering.

*Wm. J. Edwards* Editor



### Commercial General Contractors

1569 McFarland Road Pittsburgh, PA 15216  
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### FOOT NOTES

#### "Hiking and Backpacking news"

For March 1993, we've got **Bill Lindgreen** and **Clare Bunker** leading a weekend of day hikes on the Appalachian Trail in Pennsylvania while staying overnight at the Ironmaster's AYH Hostel at Pine Creek Furnace State Park. **Glenn Oster** is going hiking along the Glacier Ridge/North Country Trail from Jennings to the bike rental at Moraine and, later in the month, will be backpacking along the Quehanna Trail. **Maynard Hansen** is taking on the Yough River Trail, one of the many rail-trail projects that will one day connect Pittsburgh to Washington D.C., while **Linda Smithyman**, further up the rail line, leads a hike along the Montour Trail. Another hike using rails for trails will be **Joan Roelf**, continuing with her City Hikes, following the Mon Shore from Southside Riverfront Park to Station Square. **Jim Ritchie** will assist the legendary **Norm Snyder** on a typical Norm Snyder hike: unstructured, unscheduled, difficult, no trails, up and down sidestream valleys, long and hard. **Steve Nydes** makes his trip leader debut tackling the infamous Maple Summit to Ohiopyle stretch of the Laurel Highlands Hiking Trail.

Did anyone see the Rachel Carson biography special on Channel 13 on February 8th?? The Pittsburgh AYH named its 1972-74 resurrection of the Allegheny County portion of the Baker Trail after Rachel Carson, the Rachel Carson Trail. Rachel Carson grew up in Springdale, Pa in a small house that has been restored by the Rachel Carson Homestead Association. You may visit the restoration on Sunday afternoons. The Rachel Carson Trail passes within a quarter mile of the Rachel Carson Homestead and, if you read carefully the AYH Guide to the Rachel Carson Trail (available at HQ or the AYH office for \$4), you'll find out how to take a spur off the trail to her home.

Did you know that **Blanche Asherman** is a member of the Rachel Carson Homestead Association?? Blanche has served unofficially as a liaison person between the RCHA and AYH and has publicized several AYH hikes along the Rachel Carson Trail for RCHA members.

Now there is a third Rachel Carson "connection" i.e. the Rachel Carson Institute at Chatham College, formed to honor and promote the achievements of women demonstrating excellence and commitment in environmental education, research or activism, in other words "women who have made a significant contribution toward a better environment". The RCI is soliciting nominations for the annual Rachel Carson Award. Nominations must include a letter of nomination, a resume or curriculum vitae and an official nomination form. **Jim Ritchie** (828-0210) will provide you with the nomination form at your request.

The Rachel Carson Award will be awarded by the Rachel Carson Institute on Rachel Carson Day, April 16 in a special celebration at Chatham College that will include a one women play *A Sense Of Wonder*, the presentation of the award and the reading of the winner of a high school essay contest. Call **Lucy B. Laffitte**, Director of the Institute at (412) 365-1100 if you are interested in attending the presentation.

While we're on the subject of Rachel Carson, how many of you have ever been to the Rachel Carson National Wildlife Refuge?? I will award a pass for one free hike (no activity fee) to the first person to tell me the state of its location.

Does anyone out there know what **GORP**, that delicious mixture of trail food stands for?? Did anyone know the word actually meant something?? The answer is hidden in the newsletter somewhere.

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## Mountain Dreams International, Inc.

is proud to welcome **Eric Horst**, owner of  
**PEAK PERFORMANCE AMERICA**

and a

**"nationally known expert"**

on the subject of **training for climbing.**

**Eric** will be at **Mountain Dreams** on

**Saturday, March 6 & Sunday, March 7, 1993.**

The Peak Performance America slide show/seminar will begin on  
Sat. at 6:00 p.m. **ADMISSION IS FREE!**

The main slide show, **"The 12 Steps to 5.12,"** will present a detailed study of performance enhancement for climbers. A short and beautiful **"Slide Show Tour of US Climbing"** will also be shown.

The entire program will run about 90 minutes and contains a wealth of information  
**for everyone from beginners to experts.**

Topics of discussion will include: Strength and Endurance Training, Diet,  
Technique, and Mental Training.

Following the show will begin the individualized **"1-on-1"** training consultations during  
which Eric will work with you on the wall to improve your technique and to  
develop an effective, personalized training program.

Consultations will be held at 30 minute intervals for a cost of \$20  
on

Sat. from 7:30 p.m. to 10:30 p.m.

and

Sun. from 10:00 a.m to 3:00 p.m.

### Sign-up soon! Space is Limited!

Eric Horst is one of the leading climbers in the US, and is a nationally known expert on the subject of training for climbing. He formed his consulting service, **Peak Performance America**, five years ago, and has since prepared training programs for over 400 climbers from across North America. He has written several training articles for both **Climbing** and **Rock & Ice** magazines, as well as a chapter in John Long's **Face Climbing** book.

Call or Stop in for More Information -- 1121 Bower Hill Rd., Mt. Lebanon.

**276-8660**



## MID WEEK RAMBLES

March 3 Wed Ruth and Dick Fischer 421-9215  
Duck Hollow via Frick Park. Walk to Glenwood bridge.

March 10 Wed Dave Sadler 361-3707  
East Busway Ramble, from "Mellon's Fire Escape" to automobile row, via Motor Square Garden.

March 17 Wed Margaret Krest 421-5976  
St Patricks Day - Strip District, plus a look at St Patricks Church.

March 24 Wed Al Bergad 421-9854  
Walk in the Squirrel Hill area.

March 31 Wed Nick Broskovich 863-1993  
Walk in the Level Green area, east of Pittsburgh.

NOTES FOR ALL TRIPS: Meet in upper parking lot, Fifth and Shady Avenues, by 10 A.M.

>Trips are subject to change because of weather, conflicts of schedule, and choice of group. We will plan a walk in all kinds of weather; be prepared.

>Please share expenses of transportation when trips exceed ten miles. Suggested: one dollar per passenger.

>Call the leader for further information about a trip or to inform the leader that you plan to attend. Do not call after ten P.M.

## ROCK CLIMBING, ANNUAL MEETING

March 20 SAT Climbing Organizational Meeting  
During this meeting we will create the Rock Climbing schedule for 1993 as well as discuss certain issues (Budget, Leadership Training, ETC.). Location has yet to be determined. If you are interested, call Eric Bauer at 687-0766.

## SEA-KAYAKING, ANNUAL MEETING

March 9 TUE Sea-Kayak Planning Meeting & Dinner  
Casual dinner open to anyone interested in Sea-Kayaking or what trips will be planned for this year. Anyone interested in leading trips should attend. Please call ahead so we can reserve enough space.  
6:15 pm at HQ or 6:30 pm at the Elbow Room restaurant in Shadyside  
Barbara Peterson 371-2506  
Mark Mistrik 441-8293 (h) or 647-7609 (w)

## Take The High Road Off-Road.



For your convenience,  
TRM has 2 locations:

703 Washington Road  
2 miles north of South Hills  
Village on Route 19  
Mt. Lebanon

343-6885

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## SAILING

The Pittsburgh Council Sailing Activity Begins its forth season this year. Our equipment consists of three 13' Flying Juniors and one 15' International 470. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park. Additional weekend trips and extended trips are also planned.

Individuals with prior sailing experience and those with their own sailboats are especially encouraged to help with our program. Also, we will be doing boat maintenance in March and April and could use extra working space in a large garage or other enclosed facility. If you can help please call Bob Zavos (241-0659) or Joel Hough (371-4986).

Following is our tentative schedule for Sailing Classes. Sign-up forms will be available in next months Golden Triangle.

Red Cross Instructor Certification Class May 22 & 23

Basic Sailing	Class 1	Shore Classes	June 1,4 & 8
		Water Classes	June 5 or 6 & June 12 or 13
Basic Sailing	Class 2	Shore Classes	July 13,16 & 20
		Water Classes	July 17 or 18 & July 24 or 25

Each Basic Class includes 3 two hour evening Shore Classes and 2 all day Water Classes on either consecutive Saturdays or Sundays. Each student will also be entitled to one additional full day on the water during the remaining sailing season. Class fee will be \$89 including text book.

Racing / Advanced Sailing	Shore Class	August 6
	Water Class	August 7 & 8

Tentative trip plans include:

April 24 - May 2 Florida Cruise

This trip will start and end in Ft Myers, Florida. All trip members should be on board by 11:00 pm, Friday, April 24 and should not plan to depart Florida before 7:00 pm, Sunday, May 2. Briefing on boat features and operations begins Saturday at 9:00 am. Exercises continue all day. The next morning sail south to Sanabel Island. Depart the next morning for Key West. Spend two days in the area snorkeling on coral reef. From there sail West to the Dry Tortugas. Spend a day in the area snorkeling and exploring the fortifications. Depart on the 8th day for the final leg back to Ft Myers with a stop at Captiva Island. Trips costs will be \$550 to \$850 and include charter fee, all on board meals, misc operating expenses and AYH trip fee. Transportation to Florida and any shore meals and lodging will be extra. Individuals must be in good physical health, able to swim and be confident in the water, and eager to learn and participate in all sailing skills and on-board duties. All participants will sign a co-charter agreement. A trip deposit will be required by March 15. The trip leader is Rick Tomlinson who has conducted 18 sailing charter cruises including recent AYH trips to Maine, Florida and the Grenadines. This is a unique opportunity and the trip will likely fill up early. Further information is available from Bob Zavos, 241-0659.

May 16	Pittsburgh, PA 3 Rivers Sail - Pittsburgh
May 29-31	People-Powered Regatta
	Cheat Lake, WV & Deep Creek Lake, Md. - AYH
July 3-5	Activities Weekend
Aug 14-22	Pymatuning Lake
Sept 4-6	Crystal Lake, Michigan
Oct 8-10	Lake Chautauqua, New York
	Annapolis Boat Show

## CYCLING, 1993 PLANNING MEETING

The Cycling Program Annual Planning meeting for 1993, will be March 15 at 7:30 pm and will be hosted by Judy Menosky. The Cycling program has grown exponentially as the MVC and SABRE bicycle rides have rocketed to new heights, and 1993 looks for even new accomplishments. For all you couch potatoes who have ever thought about getting involved, but never took the step, this is your chance! We are looking for new blood, both for our weekend tours, as well as those who would be interested in even bigger challenges. Come mingle, contribute or just plain absorb the glow of true, untiring Cyclists'. What ever your reason we welcome you to attend. For more information Call WM Eberle (833-9732) or Chuck Ezjak (466-6196). Directions to the meeting: From Pittsburgh: Take the Parkway East to the Greensburgh Pike exit, Make a right at the first Light onto the Greensburgh Pike (stay in left lane to avoid Parkway East onramp). Road ends at Penn Ave., Make a left onto Penn. At next light make a left into Beacon Hill. Make first left onto Penn Bridge Court to First building on right (7513 Penn Bridge Court). From Monroeville: Take Parkway East, heading to PGH and exit the Churchill exit (left lane exit ramp). Road Becomes Penn Ave. Follow Directions above from Penn. For Direction info contact Judy Menosky (242-1573).

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## HIKING / BACKPACKING

**March 6-7 Sat-Sun Bill Lindgren / Clare Bunker 244-9788**  
Appalachian Trail in Pennsylvania, Day Hiking  
Saturday: Pine Grove Furnace State Park to Pa 94 (10.9 miles). Sunday: Pa 94 to Boiling Springs/PA 74 (11.6 miles). Intermediate to Advanced. Overnight lodging at the Ironmaster's AYH Hostel. Leaves at 6:30 AM from HQ on Saturday. Call Clare for info/reservations.

**March 13 Sat Glenn Oster 364-2864**  
Hiking - Baker/North Country Trail  
Hike Baker Trail north of I-80 onto the North Country National Scenic Trail. This hike will take us to and alongside hemlock lined Mill Creek and up Pendleton and Spangler Runs, the southernmost section of the North Country Trail "hosted" by AYH's Baker Trail. Intermediate level - 9 miles. Call for info and reservations.

**March 14 Sun Linda Smithyman 531-1868**  
An easy hike on the new Montour Run Trail. This is an almost flat crushed limestone trail through some nice areas. We will meet at AYH HQ at 10:00 am. I hope to accomplish about 4 miles or so in the Cecil area of the trail. The members of the BOLD group (Blind Outdoor Leisure Development) will be invited to participate on this hike as well.

**March 20 Sat Joan Roof 795-8345**  
City Hike: South Side Riverfront Park To Station Square  
Explore Pittsburgh's South Side with Joan. Look at churches and other historical sites along the Monongahela waterfront. Meets at 1:00 pm at South Side Riverfront Park, under the Armstrong Bridge. We'll find a place to eat after the hike.

**March 21 Sun Maynard Hansen 828-0210 (Jim Ritchie)**  
Youghiogheny River Trail, 1st Hike of Spring  
Hike on the rail-trail from Boston to Sutersville along the south side of the Youghiogheny River. About 10 miles, flat terrain, easy intermediate hiking. The trail passes in and out of small towns, goes past the Old Dravo Cemetery in Springtown, burial site for Civil War soldiers. Meets at 8:45 am in the parking lot of the IGA store on Route 48 in Boston. Call for info, directions and reservations.

**March 26-28 Fri-Sun Glenn Oster 364-2864**  
Backpacking - Quehanna Trail  
Join us on the second of a series of backpacking hikes to complete the entire Quehanna Trail. The Quehanna is a 65+ mile loop that traces all manner of back country terrain and scenery. Intermediate - 19 miles. Call for info and reservations.

**March 27 Sat Norm Snyder / Jim Ritchie 828-0210**  
Explore Allegheny River Sidestreams, Near Brady's Bend PA  
Be part of the Norm Snyder legend. Sign up for this exploration of the wild areas along the Allegheny River near Brady's Bend. Goes upriver from BB, past Sarah Furnace, through the old railroad tunnel and then up Catfish Creek. Gorp stands for "Good old Raisins and Peanuts". This is an advanced level activity for seasoned, expert hikers. Approximately 12 miles. Meets at 8:00 am at HQ. Call Jim for info/reservations.

**March 28 Sun Steve Nydes 661-9357**  
Laurel Highlands Hiking Trail, Maple Summit Road to Ohiopyle  
This will be the first hike in a series of hikes Steve may lead on the Laurel Highlands Hiking Trail in 1993. This is the most difficult, following the plunge into the Youghiogheny Gorge. Strenuous hiking. Meets at 8:00 pm at HQ. Call Steve for info/reservations.

### Hiking and Backpacking: Annual Meeting

**March 29 Mon Jim Ritchie (828-0210) / Helen Coyne (776-0678)**

This is the once a year planning and goal-setting meeting for all those interested in hiking and backpacking with AYH. All are welcome to attend; trip leaders are urged to attend. Meets at Linda Smithyman's house (531-1868), 756 Eathan Avenue, at 7:30 pm. Call for directions.

## CLASSIFIED'S

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels.

Female looking for roommate - professional, 30's and up - to share expenses. Get a nicer home (townhouse? apartment?) for less money. Leave message between 9 and 5:00 p.m., weekdays, at: 421-1433.

For Sale: MEI Backpack; removable day pack, easy access sleeping bag compartment, flap to zip up shoulder straps for air travel; Ideal for Europe! Excel. condition. Call Kate 963-9254.

For Sale: Woman's Blue Ross Eurosport Bicycle, Racing Style, 26", Good condition, \$75 or Best Offer, 571-1848.

## CANOEING

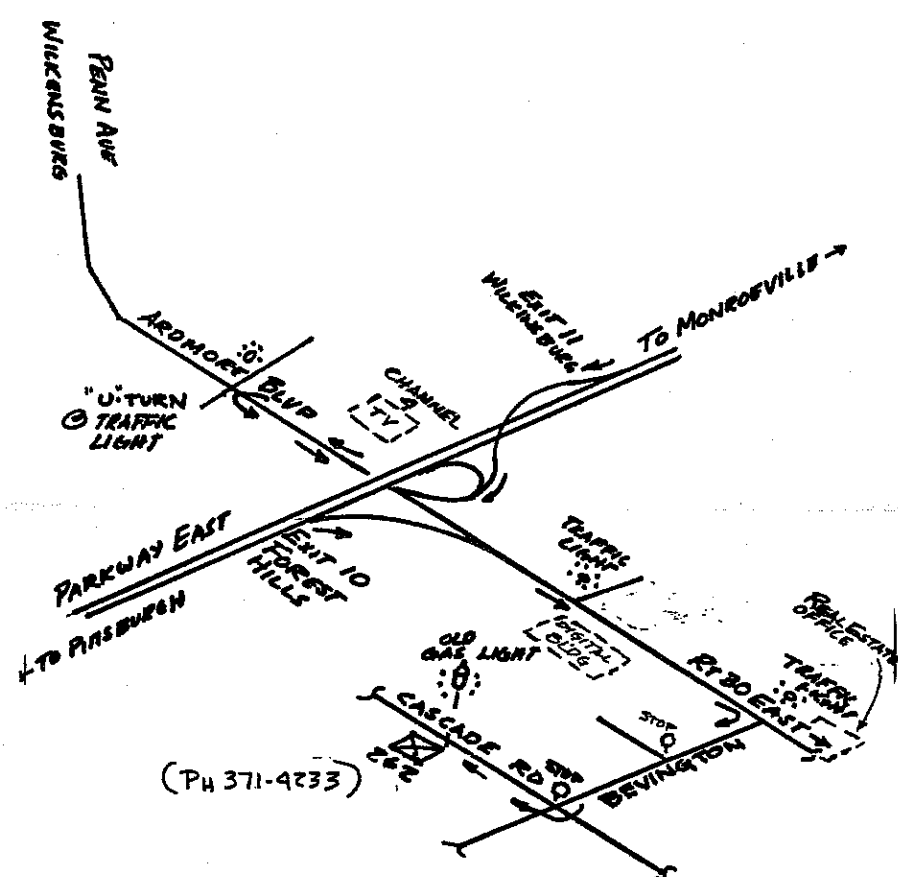
The AYH Canoeing Program offers a variety of paddling for a wide range of skill levels and interests. Western Pennsylvania offers canoeing on whitewaters of the mountains, to flowing rivers of the valleys, to lakes nestled in the rolling hills, the region abounds with canoeing opportunities suited to almost every taste. Most recreational canoeing in Western Pennsylvania is on moving-water rivers ranging from narrow creeks that are canoeable only after heavy rains to major rivers with year-round flow. They cover the complete spectrum from still through swift, from pristine through industrial, and from easy through difficult.

This program emphasizes open-canoeing paddling. Trips start in May. We use solo and tandem canoes having different designs and characteristics so paddlers can gain experiences using equipment rented at a reasonable fee. Basic instruction on Wednesday evenings, weekend day trips on flat and whitewater, whitewater I & II schools, solo school, camping, river trips and exploring marshes are scheduled with the leader who qualifies you for their trip. Basic instruction is a pre requisite for whitewater paddling so be sure and take the class.

### Canoe Program Planning Meeting

**March 16 7:30 pm Jan & Gordon Bugby 371-4233**  
Anyone interested in canoeing activities is invited to Bugby's home for this planning meeting. We will discuss issues effecting canoeing, equipment maintenance and develop the SCHEDULE of classes and trips for the 1993 paddling season. We do allow enough time to enjoy Jan's food. Canoeists do need to keep up their strength.

### Directions to the Annual Canoe Planning Meeting



## CROSS COUNTRY SKIING

**March 7 SUN Linda Smithyman 531-1868**  
Laurel Ridge State Park skiing for everyone. If there's no snow I'll probably do a hike nearby. 9:00 am at HQ. Call for Info.

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# AYH Products and Membership Application

## Outdoor Recreation Books

- ☐ **Allegheny National Forest Hiking Guide** describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) ..... \$8.00
- ☐ **AYH Outdoor Food Book** contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and illustrations. 1st Edition (1981) ..... \$3.00
- ☐ **Baker Trail Guide** describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. 35th Anniversary Edition (1987) ..... \$4.00
- ☐ **Canoeing Guide to Western Pennsylvania and Northern West Virginia** contains information on 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991) ..... \$13.95
- ☐ **NEW! Fifty Hikes in Western Pennsylvania** by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. Fifty Hikes contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. 2nd Edition (1992) ..... \$11.95
- ☐ **Hikers Guide to Laurel Highlands Trail** describes the 70 miles of the trail from Ohiopyle park to Conemaugh Gore atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages, 24 pages of maps. New 4th Edition (1992) ..... \$5.00
- ☐ **Hiking Guide to Western Pennsylvania** describes over 2,000 miles of hiking trails and dozens of other areas for hiking in and near western Pennsylvania. Published by AYH. 290 pages, 53 pages of maps, 47 photos. 5th Edition (1986) ..... \$7.00
- ☐ **Monongahela National Forest Hiking Guide** describes more than 160 Forest Service trails in 1,350 square miles of the Mon National Forest - one of the best areas for hiking, backpacking and ski touring in this part of the country. Published by the West Virginia Conservancy. 320 pages, 60 maps, 39 photos. 5th Edition (1988) ..... \$9.95
- ☐ **Pennsylvania Hiking Trails** describes more than 290 trails and hiking areas throughout Pennsylvania. Published by Keystone Trails Association. 224-pages, 94 maps. 10th edition (1987) ..... \$5.65
- ☐ **Rachel Carson Trail Guide** describes the Rachel Carson trail from North Park to Freeport in Allegheny County. Published by AYH. (1991) ..... \$4.00

## Travel Books (10% discount for members)

**International Hostel Handbooks** A complete listing of the Hostelling International Youth Hostels with descriptions, prices, addresses, and phone numbers

- ☐ **Volume I Europe and the Mediterranean** ..... \$10.95
- ☐ **Volume II Asia, Africa, Americas, Pacific** ..... \$10.95

## Ordering Information

Include 10% for postage (\$1 minimum). Pennsylvania residents must also include 6% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Cash or money orders required for Eurail Passes.

Please allow **two weeks** for delivery of mail orders. For faster service, visit the office or call for a membership sales agency near you. Collect 2 day delivery by UPS available for additional charge.

AYH Membership (Type: \_\_\_\_\_) \_\_\_\_\_  
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**Let's Go** The famous series of books for the budget traveler published by Harvard Student Agencies

- ☐ **Let's Go Europe** ..... \$17.95
- ☐ **Let's Go USA** ..... \$17.95
- ☐ **Let's Go Britain** ..... \$16.95
- ☐ **Work, Study, Travel Abroad** Comprehensive guide on traveling and especially working abroad through the CIEE. (1992-1993 Edition) ..... \$12.95

## Travel Accessories

- ☐ **Sheet Sacks** Used in place of sheets at youth hostels
  - ☐ **Cotton SheetSack** Comfortable cotton blend ..... \$13.00
  - ☐ **Nylon SheetSack** Lightweight Nylon ..... \$12.00
  - ☐ **Advance Booking Postcards** Set of 10 ..... \$1.00
  - ☐ **Hostel Stamp Book** Use to record your hostel visits ..... \$0.50
  - ☐ **Hostel Pass Cover** Plastic cover for your membership card ..... \$0.50
  - ☐ **Student ID Card** ..... \$15.00
- Universal student ID issued by CIEE. Good for worldwide student discounts. Send 1-1/8 x 1-3/8 photo, name of your country of citizenship and proof that you're a student. Or ask for a free brochure.

## AYH Memberships

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass and include book of discount coupons for U.S. hostels. Provides access to 6,000 Hostelling International hostels around the world. Includes free handbook of North American hostels and 12 month subscription to Pittsburgh Council newsletter.

- ☐ **Adult** ..... \$25.00
- ☐ **Adult Renewal** ..... \$20.00
- ☐ **Youth (17 and under)** ..... \$10.00
- ☐ **Senior** ..... \$15.00
- ☐ **Family** ..... \$35.00
- ☐ **Family Renewal** ..... \$25.00
- ☐ **Life (all ages)** ..... \$250.00

## Eurail Passes

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- ☐ **Eurail Pass 1 month unlimited (youth)** ..... \$508.00
- ☐ **Eurail Flexipass 5 days first class travel in 2 months NEW!** ..... \$298.00
- ☐ **Eurail Flexipass 10 days first class travel in 2 months NEW!** ..... \$496.00
- ☐ **Eurail Flexipass 5 days travel in 2 months (youth)** ..... \$220.00
- ☐ **Eurail Flexipass 10 days travel in 2 months (youth)** ..... \$348.00
- ☐ **Eurail Saverpass 15 days travel with 2 or 3 friends** ..... \$390.00

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Pittsburgh Council, AYH  
Wightman School Building, room 204  
5606 Solway St., Squirrel Hill  
(412) 422 2282



**Mail to:** AYH Room 204  
5604 Solway Street  
Pittsburgh, PA 15217

**The AYH Office is open from 9 am to 2 pm on Mondays, Wednesdays, and Fridays, and from 1:00 to 6:00 pm on Tuesdays. Call 412-422-2282 for more information.**

**Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
\_\_\_\_\_  
**Phone:** \_\_\_\_\_  
(day) (eve)  
**Birthdate:** \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

## AYH Weekly Open House

Pittsburgh Council has a weekly open house every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

## Council Office and Travel Store

The Pittsburgh Council office is open Monday, Wednesday, and Friday from 9:00 am to 2:00 pm, and Tuesdays from 1:00 pm to 6:00 pm. We're in Room 204 of the Wightman School Building at 5604 Solway St. in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, Eurail Passes, and books are available. Call 422-2282.