golden tridngle

Volume 23 Number 4



OPEN HOUSE

- April 6 The dynamic underwater world, a wide-ranging tour. The past, present and future of the world under water.

 Presented by Industrial Diving Services, Inc.

 U.D.T class members:

 Truie Holtzinger, Mike and Kalla Scudder, Bill Yund,

 Grac. Cathcart. H. Klein
- April 13 Gragg and June Siple are sure to get you in a cycling mood with tonight's program.
- April 20 "Name that Mushroom". Rich Bartoo will supply the slides of mushrooms of the western Pa. area.
- April 27 "Wild Water" and "Kayak"-films showing Olympic white water technique.

The AYH GOLDEN TRIANGLE is a monthly publication of the Pittsburgh Council of the American Youth Hostels, Inc. 6300 Fifth Ave.

Pittsburgh, Pa. 15232

Editor: Katherine M. Spindt 364-2447 Production: Peggy Brehm 371-3084 Artist: Gregg Siple

If you have an article, trip report news or other interesting item for publication, mail it to K.M. Spindt 135 Buckhill Rd. Pgh., Pa. 15237

APRIL 1972

Time to Put Away the Skis
OR
Where Does the Snow Go ? ?

by A. Canoeist

70 degree weather early in March signaled the end of the ski season and the beginning of the canoe season. Eager to heed the signal, some Hostel canoeists got out their wet suits and launched a "private" trip on the Casselman. Coincidentally, they met some people from W.V.W.A. and the two groups paddled about 15 miles from Markleton to Confluence.

Note the words--WET SUIT. In spring canoeing on white water (Class II or above) the following equipment is almost required:

- * Wet Suit (preferably 3/16")
- * Wet Suit Gloves
- * Wet Suit Boots
- * Helmet or Wool Cap
- * Life Preserver
- * Nylon Wind Breaker (shell)
 This equipment makes the difference between a pleasant day (even with several dunkings) and a struggle for survival. On Class I water (where you can not possibly dump) you should wear a life preserver and have a complete change of clothes on the water with you in a water proof "wet bag". This is so that when you do dump, you can change clothes and stay reasonably warm. (The Hostel has a few "wet bags".)

Numerous canoe trips at all levels of difficulty are in store for the eager canoeist in April. So try to remember what you learned at Canoe Shcool last year and sign up for a trip that matches your equipment and experience!:

BE AN AYH TRIP LEADER & GET A FREE VACATION!!

Applications are available for the National AYH Leadership Training Course and for Leadership of an AYH sponsored trip.

Successful AYH trips depend on a trained leader. He must have a wide assortment of skills, an open and friendly personality and be able to get

along well with many kinds of people.

Before a leader can lead a trip abroad, he must first lead a trip in this country. A physical examination is also required. If you are over 21 and feel you can qualify as an AYH trip leader apply for one of the following courses:

Western Region Western Region Eastern Region Eastern Region

Hemet, California Western Region Hemet, California March 25-Ap Mid-West Region Cassapolis, Michigan June 3-10 March 25-April 1 Sacramento, California June 10-17 Lakeside, Connecticut I June 17-24 Lakeside, Connecticut II June 25-July 2

The cost of the course is \$55. A registration fee of \$25 must accompany the application, along with a full face photo. The balance of \$30 is due upon notice of acceptance for the course.

For further information on applications, requirements and scholarships, and also course content and equipment consult the bulletin board at Headquarters and contacy the secretary, Eileen Hull.

NATIONAL AYH PUBLISHES A NEW BOOK

"Anybody's Bike Book" available from National. Cost \$4 includes postage

CHANGE OF FLIGHT

AYH has increased the number of overseas trips and included a much wider variety in offerings this year. AYH overseas trippers will no longer be flying on chartered flights but rather on regularly scheduled jets from both coasts. This will give a much greater flexibility in scheduling departures and returns. Check out the 1972 Travel Folder for this season.

CHANGE IN MEMBERSHIP NOMENCLATURE ...

Youth, Senior Youth and Adult categories of membership in AYH are obsolete as of the National Meeting in December. For the record:

> Junior member under 18 years \$5 Senior member 18 yrs & up

INTERESTED IN HOSTELING IN FOREIGN COUNTRIES??????

The National booklet TIPS will tell you what you need to know about foreign hosteling and hostels. Check also in WHAT IS HOSTELING flyer which lists foreign publications.

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FROM ALASKA TO ARGENTINA BY BICYCLE

AN IMPORTANT MESSAGE TO AMERICA'S BICYCLE RIDERS FROM THE PEOPLE WHO BROUGHT YOU TOSKY

It's called HEMISTOUR, and it continues the promotion of bicycling in America where TOSRV leaves off. It begins this summer and it needs your help.

HEMISTOUR is a 20,000 mile, one and a half year bicycle tour of the Western Hemisphere that will start in Alaska and end in Argentina. The route will pass through Arctic tundra, vast jungles and deserts, mountain ranges and the highways of the American West. Four of us make up the core of the expedition: Dan and Lyssie Burden, and Greg and June Siple. We four have been into every phase of the sport including racing, cycletouring, European hosteling, organization, leadership, service, instruction, writing, photography, illustration, public speaking and about 100,000 good miles. Most notable has been our work in creating TOSRV and developing it into America's biggest bicycling event.

We have been working on HEMISTOUR for five years now. Our jobs, our educations, our travels, our bicycling experiences have all been wrapped around the HEMISTOUR concept.

We are undertaking HEMISTOUR because it is the kind of stimulus that bicycling needs to continue growing into a wide-spread and respected sport in the United States and Canada. Peter Verheijen, a Dutch photographer and cinematographer, has come to the United States to donate his talents to make a film of HEMISTOUR, a major comment on American bicycle touring to be distributed in the United States and Europe. Regular accounts of our travel will appear in BIKE WORLD. Numerous articles will be appearing, as well, in other magazines and newspapers. And a book, a glorious book, will be prepared that tells touring like it is—a writing that starts out with adventure in mind, but covers important steps for others, including geography through the eyes of the cycletourist, group dynamics, equipment, route planning . . . all while taking you from the Arctic Circle to Tierra del Fuego. A lecture tour, during and after HEMISTOUR will add thousands to our audience, the American public.

Already many have endorsed our effort. Our strongest supporter is the American Youth Hostels with whom we have been actively and happily associated with since the early 60's. The National Board of AYH has provided us with \$1000. Milton Morse of the Morse-AYH Awards has provided us with an additional \$1000 for photography. The Columbus Council of American Youth Hostels is also helping us. C.C.M. Ltd. of Canada has offered us high quality bicycles. Charlie Pace is providing a camper van to carry our film crew. Warmlite is providing tents and sleeping bags at cost. Other support has come from Congressmen Moorehead of Pennsylvania and Shoup of Montana, Gene Portuesi of CYCLO-PEDIA, Hartley Alley of the Touring Cyclist Shop, Walter Carrell of BIKE SAFE, Tony Pranses, Fred DeLong, Charles Siple, and Chuck Harris.

But we need more help. Remember that HEMISTOUR is the first American bicycling expedition that has all the quality and taste of an Everest expedition. As in the early days of TOSRV we have decided to go straight to the individual bike rider for support. Please give us a hand. Send us your advice, criticism, tips, experiences, ideas, and suggestions to make HEMISTOUR better. Write us at HEMISTOUR, 317 Beverly, Missoula, Montana 59801. If you live out west, offer us an overnight in your back yard. Give us some equipment to test for you. Invite us to speak to your club or organization.

Finally, to help us gather the capital that we need to finance HEMISTOUR completely, send us \$10. In exchange we will send you a more detailed report of the HEMISTOUR concept, and a first edition copy of the HEMISTOUR book when it is published after HEMISTOUR. Meanwhile you will own a \$10 share and be a participant in this great American bicycling adventure.

this space donated by pittsburgh AYH

ENCLOSED IS MY \$10 OF SUPPORT FOR HEMISTOUR. send me the report on hemistour now, and book later PUT IT TOGETHER.

checks payable to hemistour

name	address	



send to: HEMISTOUR, 317 BEVERLY, MISSOULA, MONTANA 59801

HELPO

Hello out there! This is Sol Weber asking for your help. I devote much time and effort to preparing the maps for the Hostel Handbook (without pay) because as a bike leader I know how a group can get lost looking for a hostel in unfamiliar territory, without adequate directions. It's happened to me and to other leaders and to individual hostelers.

How can YOU help? Well, I don't get to visit all the hostels, so I have to rely on information from others in many cases. Any time you go to a hostel that needs a map, or that has an incorrect or inadequate map, please take notes and make sketches and then send them to the Editor of the Hostel Handbook (at National AYH) and ask that they be forwarded to me.

Try to include as much of the following as possible: mileage scale, north arrow, names and numbers of roads, locations of hostel and nearby food stores, swimming spots, etc. Your sketches needn't be fancy or professional looking; just legible. I'll be redrawing them anyway.

Pass the word; get others to help too. It's really <u>you</u> that I'm working for. And remember that even if all the hostels in your area presently have good maps, new hostels keep popping up, so the need is never-ending. Thanks.

Spring is here - are you and your equipment in shape?

FOR SALE -- 17 foot Grumman with shoe keel. In good condition. Asking \$125. Call G. Robertson 363-2050

FOR SALE -- 4 man, yellow raft. \$35. Call G. Robertson 363-2050

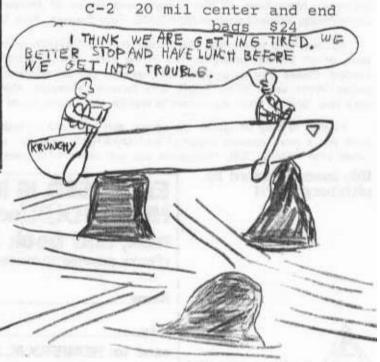
FOR SALE -- Life Preservers. \$2.00 each. (Used). Call G. Robertson

WANTED: 3-4 companions to hike the Baker Trail, Monday afternoon, April 27 thru Early Monday May 3. Call June Siple 421-3794

FOR SALE -- 17 ft. Grumman
Private Owner. Good Cond.
with equipment: 3 6" paddles
cushion preservers, knee
pads, painters. Asking
\$200 or best offer. Call
Willa Lynn 731-1115 days.

FOR SALE -- Floatation Bags.

Be protected from rocks
and waves. Call Kathy
Spindt 364-2447
C-1 20 mil \$14
K-1 20 mil \$12



STRIPS + TRAILS 5

- Fri.Mar.31 CAVE--Leave AYH Friday at 7:00 pm, be home by Sunday night to (1:00 am) Jewel Cave in West Virginia. Call Norm Snyder, Sun.Apr. 2 (371-2371)
- Sat.Apr. 1 CYCLE--April Fool's Ride, AYH's biggest fool will lead a trip to find a unique bike shop, hidden away in one of Pittsburgh's oldest neighborhoods (if he remembers where it is!) Be prepared for anything. Leave AYH at 9:00 am. Reserve bikes with cycling chairmen.
- Sat.Apr. 1 <u>KITE FLYING</u>--The 5th Annual, leave AYH at noon. As in years past, "High Tea" will be served on the field. Additional feature this year: Easter Egg Hunting. Reserve with Cathy Lynch (361-3707). Reservations are necessary. In case of rain or severe snow, the trip will be postponed to April 8.
- Sat.Apr. 8 <u>CYCLE</u>--Jay and Margrett Angel lead a 20-25 mile cycling trip in an area to be announced. Call (362-5282) for more information.
- Sat.Apr. 8 <u>HIKE</u>--Nature Hike of about 3 miles in Todd Sanctuary near Freeport. Trip leaders are Dave and Mary Davenport (882-7350). Cost about \$1.00. Leave AYH at 9:30 am.
- Sun.Apr. 9 CYCLE--It's time for all you veteran cyclists to prepare for a new season. So dust off your saddle and put some oil on your chain and join Jack Batchelar for a brisk 40 mile ride to Culmerville. Get in shape for TOSRV and National trips!!! Call Jack (963-7868).
- Sun.Apr. 9 <u>CANOE</u>--Don Hoecker leads a flat water trip on the Little Beaver Creek. Meet at AYH at 9 am. Bring lunch, change of clothes. Reserve with Don at 243-8298.
- Fri.Apr.14 CANOE CAMP--Find West Virginia, find white water, find Howard to King leading a canoe camping weekend. Reserve with Howard, Sun.Apr.16 (264-1386). Be sure to find out what gear you need.
- Sat.Apr.15 CYCLE--Larry Giventer (422-9282) leads a cycling trip in North Park. Leave AYH at 9:30 am with lunch.
- Sun.Apr.16 CAVE -- Mike LaMark (381-3563) leads a beginners cave trip. Cave still to be announced. Call for reservation and details.
- Sun.Apr.16 CYCLE--Alan Sher (421-4429) leads a cycling trip in an area to be announced. For more info and reservations call Alan.
- Sun.Apr.16 <u>HIKE</u>--Leisurely hike of 6-8 miles in Laurel Hill State Park. Steve Haller (672-8795, McKeesport) will lead. Bring light lunch and your good humor. Cost about \$2.50. Leave AYH 8:30 am.
- Sat.Apr.22 CYCLE--Slippery Rock to Grove City and back. 30 miles, fairly flat. (What? No downhills!) Beginners welcome. Cost \$2.80 plus rental. Reservations necessary. Call Dave or Flo Pattison (271-4651) 6 to 8 pm only. Leave AYH at 8 am with lunch.

RIPS + TRAILS continued

- Sat.Apr.22 CANOE -- Lloyd Geertz leads an intermediate white water trip on the Connequessing Creek. Meets at AYH at 8:00 am. Call Lloyd (372-6053) for reservations.
- HIKE -- Slippery Rock River Hike. Enjoy the rustic beauty and Sat.Apr.22 the ruggedness of hiking along the Slippery Rock with Marge McIntyre (486-3067). Bring good hiking boots, lunch and about \$1.50. Leave AYH at 8:30 am.
- Sun.Apr.23 CYCLE -- Seldom has AYH run trips to explore the great hills of the East. This week we shall not only explore, but conquer them. Join Mark Powder for an exhilarating FIFTY MILES. Meet at AYH at 9:00 am.
- Sun.Apr.23 HIKE--Wild Food Gathering Hike. See Amy Mueller (683-8239) OR for additional details. Sun.Apr.30
- Leadership Training Laboratory -- for prospective leaders. Sat.Apr.29 Includes preplanning, scouting, running of trops and other skills for successful trip leaders. See Morie Oberg (279-5774) by April 16 for additional details.
- CYCLE -- Mike Hurwitz (731-1083) leads a leisurely cycle ride Sun.Apr.30 near beautiful Ligonier. Leave AYH at 8:00 am. Reserve with Mike.
- CANOE -- Cathy Lynch leads a flat water trip on the Buffalo Sun.Apr.30 Creek. Call Cathy at 361-3707 for details. Meet at AYH, 9 am.

EXTRAS

Week beginning April 3--anyone interested in skiing in Canada, phone 563-1570

ANNUAL CANOEING TRIP IN CANADA, 1972 -- Those with intermediate whitewater canoeing experience may participate in this trip on the Spanish River located northwest of Sudbury, Ontario. First part will be comprised of many short river lakes then a good number of rapids with a few portages. Will end trip at Agnew Lake. You will need a tent, sleeping bag, clothing, messkit, your own food and about \$50.00 (dependent on whether or not we can hire drivers for a car shuttle). Will depart from AYH 8:00 pm Friday, SEPT. 8, return by Sunday, SEPT. 17. Reserve with Howard H. King. Phone 264-1386. * * * * * * * * * * * * * *

ADVANCE NOTICES

Sat.May 6 CYCLE -- For all of you who survived the fifty mile ride a few weeks ago, here's another one. This time we'll be out to conquer the hills to the South. Jonathan Edwards (833-2682) will lead this 80 mile jaunt to Washington County. (All of you planning to go on TOSRV or a National Cycle Trip, here is your chance to get in shape) Meet at AYH at 7:30 am with a lunch.

More Trips and Trails &

Sat.May 6 <u>HIKE</u>--Great Gorge Trail Hike. Explore the ruggedness of the Great Gorge Trail along the Youghoigheny River near Ohiopyle with Mike Sadusky (687-5238). Good hiking boots required for considerable off the trail hiking.

Sat.May 13 CYCLE---TOSRV--What do 1750 cyclists at the point of total collapse look like? Want to find out? The become one of them.

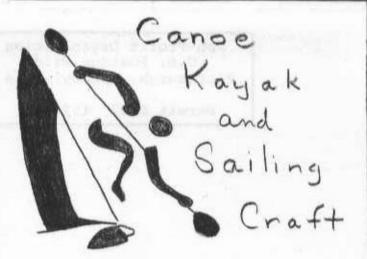
Sun.May 14 Come on TOSRV, a 210 mile trip from Columbus, Ohio to Portsmouth and back. Interested? Contact Jack Batchelar (963-7868) or John Wronosky by the beginning of April. Early reservations are necessary.

Sat.May 6 HIKE--Wildflower Hike lead by Linnea Freeburg (361-3707).

Sun.May 7 CYCLE--Mike LaMark (381-3565) leads a 30 mile tour of Washington County covered bridges. Leave AYH at 8:00 am with lunch and \$2.00.

Canadian Youth Hostel Association is sponsoring several cycling trips in the Canadian Rocky Mountains. Get your bike out now-show your face and get in shape. Applications for these breath taking trips can be obtained from CYHA Mountain Region

455-12th St. N.W. Calgary 41, Alberta, Canada Tel. 283-5551



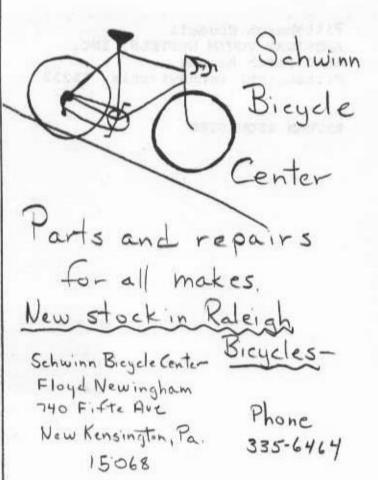
SOMETHING THE WHOLE FAMILY CAN ENJOY

Fiberglass open canoes and white water kayak kits for sale. Trailcraft, High Persormance Plastics

701 Wood Street Wilkinsburg, Pa.

Phone 371-4802

11-5 weekdays 7-9 Thurs & Fri.



M	Т	W	Th	F	Sat.	. Sun
A	PR	I	L 3	8	I cave Cycle Kite Flying	2
3	4	5	G OPEN HOUSE the World Under Water	7	8 Cycle @ Notwe Hike	9 Cycle (19) Canoc (Beaver)
10	#	12	13 OPEN HOUSE Siple's Cycle	Buttlett wo	15 Cycle-NP	Cave Cycle Hike-LHST.Pk. st Virgina
17 24 mg	18	A	Bartoo - Mushrooms!	21	Cycle 30 Canoe (Connie) Wike - SI-RK,	23 Cycle 50 Wild Food Hike
24	25	26	27 OPEN HOUSE WhiteWater Films Wild Water Kayak	28	29 Leadership Training Lab.	30 Cycle-Ligoniet Canoe (Buffalo)

Pittsburgh Council AMERICAN YOUTH HOSTELS, INC. 6300 Fifth Avenue Pittsburgh, Pennsylvania 15232

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