

American Youth Hostels, Inc.  
Pittsburgh Council

JULY 1986  
VOL. 37 NO. 7

# THE GOLDEN TRIANGLE



## SEEN!

AT THE GRAND OPENING OF THE  
NEW 9 MILE BIKE TRAIL  
CONNECTING OHIO PYLE AND  
CONFLUENCE PA, AYH WAS THERE  
AS THE FIRST CYCLISTS TO  
RIDE THE NEW TRAIL.



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THE GOLDEN TRIANGLE  
PITTSBURGH COUNCIL  
AMERICAN YOUTH HOSTELS  
6300 Fifth Avenue

Pittsburgh, PA 15232 Phone: (412) 362-8181



AYH Headquarters is located at 6300 Fifth Avenue next to the Pittsburgh Center for the Arts. Open House is held every Thursday evening. The building opens at 7 pm and the slide show starts at 8:15. Weekly trip announcements are made immediately following the slide show. The Golden Triangle is assembled for mailing at monthly Production Parties after the meeting. Come out and join us!

#### AYH PROGRAMS FOR JULY

- July 3 Color Film: California Drive  
July 10 Javier Guzman presents: Winter Mountaineering and climbing on Mount Washington, NH (Gone with the Wind)  
July 17 Enjoy some of Joe Levine's favorite scenes of Europe.  
July 24 Due to lack of program volunteers, we're forced to show one of Bob Goff's old slide shows (repeat).  
July 31 George Bauer takes us on a ring around the Pacific.

#### ACTIVITIES BOARD

The Activities Board meeting for July will be at Chuck and Lynn Ejzak's, 6858 Wilson St., West Mifflin. The meeting starts promptly at 8:00 pm, Wednesday, July 2nd. All interested members are welcome to attend.

#### PLAN EARLY!

The date for the Annual AYH Fall Picnic has been set for Sunday, October 19, 1986 at Riverview Park. Mark your calendars!

#### THURSDAY AYH OPEN HOUSE SUMMER HOURS

Starting in June and lasting through the summer, AYH HQ will be open at 7 pm instead of 8 pm. Stop by early with a frisbee, a kite, or a picnic dinner and relax with our friends and yours until the slide show starts at 8:15. Jeff Marsh will also have the volleyball set up.

#### NEWEST LIFE MEMBER

Congratulations to John Weinzettle, our newest AYH life member! Although John resides in Milton, Florida, we welcome him to our Pittsburgh Council.

#### AYH MEMBERSHIP APPLICATION

AYH memberships are available at Open House meetings on Thursday nights. If you cannot attend a meeting fill out the application below and send it along with \$1.00 to cover postage for each membership ordered and your check made payable to Pittsburgh Council, AYH, to:

AYH Membership  
6300 Fifth Avenue  
Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sells International Hostel Guide to Europe for \$8.00 by mail or \$7.00 at Headquarters.

Note: Memberships run from Oct. 1st to Dec. 31st of the following calendar year.

\*\*\*\*\*

Amount and Membership Types Available (check one):

- ☐ \$10.00 Junior (17 years and under).  
☐ \$10.00 Senior Citizen (60 years and over).  
☐ \$20.00 Senior (18 years and over).  
☐ \$50.00 3 year Senior (18 and over).  
☐ \$30.00 Family (includes children under 18 yrs.)  
☐ \$200.00 Life (Individual lifetime membership).  
☐ \$10.00 Foreign Nationals (including Canadians).  
☒ \$1.00 Postage (for each membership ordered).

NAME \_\_\_\_\_  
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CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE ( ) \_\_\_\_\_  
BIRTHDATE Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_  
New/Renewal? \_\_\_\_\_

\*\*\*\*\*

#### MEMBERSHIP BENEFITS:

International Hostel Membership Card  
USA Hostel Handbook  
"The Knapsack", National AYH Travel Newsletter  
"The Golden Triangle" Pittsburgh Council Monthly News  
Open House every Thursday night at 8pm at Headquarters  
Access to national programs and leadership training



## THE GOLDEN TRIANGLE

August issue DEADLINES: July 10 all trips, ads, articles.

July 24 Production Party

The GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are the responsibility of the editor.

EDITOR Joy Layton

PRODUCTION Don Hoecker

MAILING Roy Weil

ADVERTISING Lucy Hofmann

COVER Joe Hoechner



242-9287

Answers 24 Hours

# J. & C. Invitations

## Wedding Invitations

## &

## Announcements

"You can come to us, or we can come to you"

### SPECIAL DISCOUNTS FOR

### A.Y.H. MEMBERS



## THE PRESIDENT'S CORNER

May and June have been busy months for Pittsburgh Council, with our being actively involved in the Kodak Liberty Ride Festival, the Great Ride, and the MS 150 Ride. The Kodak Ride was amazing! Under-attended not only in Pittsburgh, but in most other cities across the country. We received a great education in the process, however, that we plan to use in other events. Thanks again to Jeff Foster and Chuck Ejzak. We expect the Great Ride and the MS 150 to be more successful, each in their own scale.

At the July activities board meeting, Bruce Sundquist reported that the Hiking Guide is being sent to the printer and is expected to be available by August 1st. The Baker Trail Guide is going through a final edit and will be going to the printer as soon as possible. Problems with keeping cyclists together on trips were discussed and suggestions made for improvement. Ohiopyle overnights average is up and we hope to break the 1000 mark this year.

The Ohiopyle Bike Trail is now open! Pittsburgh Council was there at the Grand Opening on May 17th. I had an opportunity to say a few words on the behalf of Pittsburgh Council and cyclists in general at the opening ceremonies. The 9 mile trail is well built on an old railroad right-of-way with a maximum grade of 2%, and has beautiful views of the river and the woods along the way. Thanks again to Ohiopyle State Park, to the Pennsylvania State Parks, and to the Western Pennsylvania Conservancy for making this happen. I understand that the Park and the Conservancy own the rest of the railroad right-of-way all the way to Connelsville. Perhaps we can encourage and help them to continue the bike trail that far. That would put Ohiopyle almost within commuting distance from Pittsburgh, at least for Chuck and Rick.

The committees for 1986 will be set at the August activities board meeting. If anyone has suggestions for changes or additions, including new activities, please let me know by August 1st. Along the same lines, if you have any suggestions, ideas, or complaints on Pittsburgh AYH, or hosteling, give me a call. Larry Laude (412) 665-9554

P.S. Wanted: An exhaust fan on a stand for summer nights at HQ. Someone to paint the doors at HQ. Painters to finish up the outside painting at Ohiopyle. A hostel chain from Pittsburgh to Erie and from Pittsburgh to Philly.



## HOT AIR BALLOON RIDES

How do you describe your feelings after your first Balloon ride? You won't be able to really... you'll know they won't understand... but you'll know that you have to try. Perhaps you will echo Wilbur Wright, wondering at how such feelings of serenity and peace can be combined with such nerve tingling excitement and aliveness. Perhaps you'll exclaim over the beauty of the patchwork postcard like country side, or tell how many deer you saw darting through the woods, or marvel at how the monarch butterfly followed along after the balloon. Or perhaps you will just quietly reflect on how many people's day was made a little brighter and happier as they saw a balloon float overhead and waved and called to the balloonist. However you describe it, you will know it was worthwhile, unique adventure.

Some Mundane Details: We normally fly weekday evenings for about one hour. We can take up to 400 pounds of passengers and we charge \$175 per flight.

For further information call 681-5131 or 682-5131 in the evenings.

**Shaw Well Associates**

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(412) 681 5131

## FEISTY FOR YOUR OWN GOOD!

One weekend last month I met some terrific people, had a great deal of fun, learned about something new to me, messed up my left knee pretty badly, and learned a valuable lesson. I normally learn a lot of "valuable lessons" when I do new things, and I don't usually bother to share them with several hundred or so people. This one is different, and I feel it needs to be shared. So listen up...

In spite of a lot of experience with sea-kayaks, rafts, rowboats etc., I've never been sailing before. At the invitation of a friend, I hitched a ride to Pymatuning last June and enrolled in a Red Cross Sailing Course. I thought it would be a breeze for me (pardon my pun) - after all, I'm in good shape, I've been on the water before, and I swim like a fish.

None of this counted for anything when I learned that:

- (A) You can't necessarily get from here to there in a straight line.
- (B) The boom moves. Quickly.
- (C) The boat that you learn in is small. Very, very small.
- (D) When you "come about" or "jibe" (that's sailor talk) you must avoid the quickly swinging boom and shift to the other side of the very small (cramped) boat.

All that shifting of my 6 foot frame in the very small boat was a new experience. Especially at the knees, which usually managed to jut out into the wrong air space. The new stress necessary to sailing was more than they could handle. I spent the next week walking with a cane.

Did I relate this so that you'd feel sorry for me? No (well, maybe...)! I told about it because so many times it's easy to over-rate our ability, or in my case, not to be fully aware of or fully prepared for new elements in a situation. I thought that sailing would be so easy, and that I was fit enough for it. I learned differently.

Think about my lesson when you look at the trip calendar. If you've never participated in an activity before, go novice or beginner. If you try to take on a more advanced trip and the leader says no, don't be hurt or angry. The leader is protecting you for your own good, and for the good of the other trippers. I'm talking safety here folks - as in "a matter of life and death," as well as having an enjoyable day.

Remember that all-time classic bit of wisdom from everyone's hero, Freddie the Fish: "Don't drown, it will spoil your day!" (Where on earth did they get that one?).

Joy ☺

## KAYAKING

Lou Conley 681-8321

Ray Yutzy 341-5682

AYH beginning kayaking schools are held once a month, June thru September, each summer. These schools provide an introduction to the exciting sport of whitewater kayaking. They are open to complete beginners (those who have never been in a kayak before) and to those who have never kayaked on whitewater before. The schools last an entire weekend, and include an overnight stay at a youth hostel. The first day of the school is spent learning the basic skills of kayak paddling on a nice calm lake. The second is spent developing those skills on a very easy (Class I-II) whitewater river. The tentative dates for the 1986 beginner schools are: June 21-22, July 12-13, August 9-10, and September 6-7. Space is very limited and preference will be given to AYH members, so sign up early. Call Lou Conley at 681-8321 for additional information.

## RAFTING

Shirley Ulaky 422-0849h or 327-1300 ext. 403

EQUIPMENT: Lunch in a waterproof bag, swimsuit, wool or acrylic sweater if it is cold or windy, raingear, old tennis shoes to wear on the river, change of dry clothes to put on after trip, sun protection, STRAP FOR GLASSES, money. Estimated trip expenses including raft rental, shuttle ticket, car pool expense generally average between \$14 and \$18 per person, depending on the total number of people, etc. BRING EXTRA MONEY FOR DINNER. The trippers responsibilities - INCLUDE returning to HQ with the group to blow up the rafts to dry out and to put the equipment away. If you have evening plans and must be home at a certain time, this is not the trip for you. We generally return to HQ and finish putting the equipment away by 9 or 10 pm. It is not uncommon for a tripper to go overboard for a little dip in the river. This trip is not recommended for people who cannot swim or are afraid of water. Rain does not stop a rafting trip unless the water becomes too high for our 4-man rafts. Call leader if in question and to reserve space on a trip.

## SEA-KAYAKING

Cathy Lynch 361-3707

Tom Trump 284-7349w

Paul Kram 681-9069

Sea Kayak Symposium is August 9-10. There is a possibility of an extended trip exploring islands in Boston Harbor by kayak. Contact

Cathy Lynch.

## PENNSYLVANIA'S ALL-TERRAIN VEHICLE LAW

The Keystone Trails Association has sent us a copy of a pamphlet from the Department of Environmental Resources summarizing the Pennsylvania All-Terrain Vehicle Law. The important factors are:

- 1) ATVs used in Pennsylvania (except on private property) must be registered with DER's Snowmobile/ATV unit.
- 2) ATV Dealers must also register.
- 3) ATV's may be operated on state-owned property ONLY ON CLEARLY MARKED AND PREVIOUSLY DESIGNATED ATV TRAILS.
- 4) All law enforcement officers in the State, including local and State Police, are authorized to enforce the ATV law. (Unfortunately, the Bureau of Forestry does not have the funds, training, or manpower to do law enforcement.)

The Bureau of Forestry has repeatedly stated that ATV's are prohibited on hiking trails. In the event you encounter an ATV on a hiking trail on state-owned land, you should get the registration number on the vehicle, if any, and report it to the District Forester. KTA and Pittsburgh Council do not recommend confrontations or any actions that could lead to a dangerous situation.

## BICYCLE TOUR

The WYANDOT COUNTY HISTORICAL BICYCLE TOUR will be held in Carey, Ohio (near Sandusky) on August 23 with both a 25 mile and a 100 kilometer ride being offered. The approximately \$15 cost includes a T-shirt. Write to Wyandot County Historical Bicycle Tour, 219 W. Findlay St., Carey, OH 43316, or call 419-396-3392 for an application.

WANTED: Female roommate to share 2 bedroom apartment in Squirrel Hill. Available July 1. Temporarily or permanently (couple of months - one year). Call Margie Abeles 422-0584.

## A (NOT SO) TRIVIAL PURSUIT

If you have ever received an award from Pittsburgh Council, or know of someone who has, please contact Larry Laude (665-9554) or Barry Govenor (521-2318) so that we can compile a complete and accurate list of who received what awards and when they were bestowed.

## TRAILCARE VOLUNTEERS NEEDED

The KTA Trailcare Project for August will be on the North Country Trail in Allegheny National Forest. We plan to arrive at the group campsite at Heart's Content on Friday evening, and should be ready to begin work by 9am Saturday. Work will be done between Kelleetville and Dunham Siding. This is tornado damage, and many willing hands are needed. The KTA Project Coordinator is Tom Thwaites, 1113 Centre Lane, State College, PA 16801, phone 814-237-7703. Let him know if you plan to come.



# Hosteling News



## THE HOSTELING SITUATION IN BRITISH COLUMBIA, CANADA

During the June through October period of "Expo '86" in Vancouver, British Columbia, the only hostels run by the British Columbia Association are:

The Vancouver Hostel at Jericho Park, sleeping 380 close to the Expo site.

The Victoria Hostel (a three hour bus/ferry ride from "Expo '86") sleeping 100.

The Whistler Hostel 100 km north of the Expo site sleeping 35.

The size of Expo '86 (20 million visitors expected) has attracted many entrepreneurs who have, or intend to open, hostel style accommodation from \$10.00 to \$25.00 per night. Many have to finance their operations from advance deposits. Visitors should be very selective of these operations. Some are genuine, others are questionable.

Also, there may well be affordable hotel rooms available, that for couples or small groups, will be cheaper than the newly opened "hostels".

## EXPO '86 HIKING



Expo '86 and Hike Vancouver, Canada Parks. Aug. 29 - Sept. 4. Sponsored by Metropolitan Chicago Council AYH. Fee \$649; includes airfare, ground transportation, lodging, meals. Phone: 312-327-8114.



## DELAWARE VALLEY COUNCIL BICYCLE TRIPS

Two weeklong trips especially for teenagers are planned this summer. The first is to Northern Vermont and Southern Quebec. It will run July 12 - 20. Cost: \$250 AYH members, \$260 non-members. In Pittsburgh, contact Jackie Lyall, 621-8884.

The 2nd trip is through PA Dutch Country to Gettysburg and back. August 2-10. Cost: \$190 AYH members, \$200 non-members. The easy pace permits time to visit with local people. Contact Jackie Lyall before July 23, at 621-8884.



## CAVING Continued

refreshing and well deserved dip in the creek. Please call your trip leader to sign up, or to ask questions.

Caving schedules, showing planned trips through December, are now available from the bulletin board at HQ. Or call one of the trip leaders for the dates of future trips.

## CLIMBING

Dale Vilsack 343-8379

Eric Bauer 687-0766

Karl Morner 521-6404

The beginner's climbing trips at White Rocks meet at HQ at 7 am. Bring tennis shoes, hiking boots, lunch, water, leather-palmed gloves (if you have them) and a sunny disposition. We usually stop for dinner and return to Pittsburgh between 8 and 9 pm. Call any of the chairmen for reservations.

## Climbers - Going to Seneca??

There will be a climbers' workshop to review your knot-tying skills and to remind you which knots you will be expected to know how to tie and use.

Also, please note the display board on the climbing section of the bulletin board at HQ. You will find there a pictorial display and explanation of how to tie off a fallen climber.

\*\*\*Bring a 4-5 foot length of rope to the knot-tying workshop. Call Barry Governor for the date of the workshop and be there at 7pm Sharp!

## FAMILY OUTINGS

Barbara Hanusa 441-7205

July 2-5 Family camping in cabins at Blue Knob State Park (90 miles east of Pgh.). Limit of 12 families. We have reserved a group campsite with cabins, a swimming pool, and indoor cooking facilities for a long weekend. Contact Barbara Hanusa by June 22 at 441-7205.

## HIKING

Tom Kaveney 276-8044

Wayne Hennemuth 787-7608

## BACKPACKING Continued

this coming year. I have had four great years as backpacking co-chair and have met many grand folks and had some fine folks as co-chairs. Steve Martin in '83, Debbie LaPlaca in '84 and '85, and Harriet Ann Seiner, now of Phila. I hope I have helped some of you and thank those who have helped me.

We need your help!

Please Speak Up!

Thanks, Jack Peth

## BICYCLING

Rick Kondas 672-3891

Chuck Ejzak 466-6196

Bicycle trips are categorized as follows:

A = advanced ride at fast pace (15 mph), long miles (>50)

B = Intermediate, moderate pace (12mph), miles (35-60).

C = Easy, pace (10mph), miles (20-40).

D = Beginner, pace (10mph), miles (10-20).

E = Learn to ride, pace 5mph, miles 0

S = seminar, maintenance clinic, etc.

HELMETS ARE REQUIRED ON ALL AYH RIDES. These must be hardshell type helmets. Rental helmets are available for a nominal fee (\$1/day). We also have rental bikes and panniers available. Call the trip leader beforehand to reserve rentals. Water bottles, gloves, and cycling caps are available from the council store. If you would like to lead a trip, contact Chuck or Rick before the Triangle deadline for the next month.

## CANOEING

Steve Shafer 481-0507h or 268-2527w

Kathy Lynch 327-0529

Bring non-cotton clothing, hat, water bottle, glasses strap, rain jacket, tennies, dry clothes in a separate bag, and knee pads. Trips normally meet at HQ at 8:00 am. Call the trip leader in advance to reserve space on a trip.

## CAVING

John Popp 885-2126

Paul Herre 653-7934

Roy Provins 784-9127

Loyalhanna Creek Cave is one of the most difficult to traverse in PA, or so some references tell you. The low passages and tight squeezes, coupled with the stream and a strong breeze combine to make this truly a challenging cave trip that you will remember. From the unique "L" shaped entrance, to the "Crypt", and all of the small chambers, crawls, and stoopways in between... all are yours to discover and enjoy!! Afterwards, weather permitting, enjoy a

## SPECIAL FAMILY ACCOMMODATIONS AT OVER 100 HOSTELS IN U.S.

Families who enjoy hiking, cycling, sightseeing and other activities together, or who simply want to cut the high cost of vacations, should try hostels.

In the U.S. over 100 hostels in 32 states have special family accommodations which can be reserved in advance.

Hostels are inexpensive overnight lodgings for travelers with dormitory-style facilities for men and women. But, special family rooms allow for both privacy and togetherness.

Hostels operate on a self-help system where visitors carry their own gear and keep their own quarters neat. Most hostels have a kitchen and dining area where guests may prepare their own meals (another travel cost-cutter), and a common room, or lounge, for socializing and relaxing.

No two hostels are alike -- from a lighthouse on the California coast to a 19th century mansion in Pennsylvania. Hostels are located in major urban areas and in or near National and state parks.

Hosteling gives parents and children alike an opportunity to share travels and experiences with visitors from across the U.S. and around the world.

Overnight fees in hostels average from \$4.00 to \$8.00 per person, per night. Children under 18, traveling with parents on a family membership card, are only charged one-half the regular overnight fee.

Special family memberships are available from AYH for \$30.00, and are honored in over 60 countries worldwide. Family memberships can be used by one or both parents with their children under 18.

For more information contact: Pittsburgh AYH Membership  
6300 Fifth Ave., Pittsburgh, PA 15232

What a WONDERFUL weekend! While Pittsburgh had flash floods, we had Beautiful Sunny weather! I haven't had such a relaxing and enjoyable weekend since I can remember.

While others were climbing, caving, or biking, I went sea-kayaking, hiking and swimming. I was happy to see some people have the courage to try some of these activities for the first time, and glad to see them have the chance. Some people even overcame their fear of water to try kayaking.

I won't mention anything what-so-ever about how Judy Menosky our "Primal Mud Slinger", mercilessly mud-bathed me. I won't mention this because I am very grateful to Judy for bringing together all these great people, and putting together a wonderful weekend.

Thanks to John and Paul for finding the cave. Glad someone has glasses, I lost mine. By the way, if you found a baby bottle filled with carbide, contact Judy Turnage.

Arv was making friends fast with a West Virginian while, in other parts unknown, Dick Neller led a hike of "no set distance".

A very special thanks to Judy Menosky for coordinating the weekend. Thanks also to trip leaders: Eric Bauer (climbing), Dick Neller (hiking), Chuck Ejzak (cycling), Roy Provins (caving), Ted Self (sea-kayaking). Also, thanks to Margie Abeles, Lynn Ejzak, and everyone that helped with food prep and cleanup. Thomas B. Kinsman, Special Events Chairperson.

#### MS 150 BICYCLE TOUR UPDATE

The MS 150 Bicycle Tour, originally scheduled for June 28 and 29 has been moved to September 6 and 7. There were several reasons for doing this, but one of the most important is to improve what we had originally planned. The revised tour will be 150 kilometers total, which translates to about 47 miles each day. This will bring the tour within the realm of many more cyclists. Another change is that the tour will be a loop, instead of a straight out tour with a long shuttle at the end. There will be more information about this tour coming out shortly. If you would like to help with part of the planning, or promoting of the tour, we would welcome you. Just give Chuck Ejzak your name and phone number (Call Chuck at 466-6196). This tour is for a very good cause and promises to be one of the real highlights of the cycling season.



Brad Sheeler's

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#### BACKPACKING

Jack Peth 921-7214h 777-5365w

The warm summer days are with us and thoughts are turning to other than carrying a pack!

Novice Trip I would like to ask 4 or 5 hikers who have not backpacked to join me in a learning experience. Talk with Jack ASAP if you're interested. We will plan a pre-trip meeting to organize and fit you out in rental equipment.

Glenn Oster and "crew" have a good time!

ATTENTION AYH BACKPACK LEADERS: Have you realized yet that you never see any of the other leaders on the trail? Let's get a trip together and have some FUN! Gourmet cooking, tall stories around the candle flame, etc. Maybe pick up a few pointers and become a better leader. Let Joy know how the weekend of Aug. 16-17 sounds to you. Potential leaders are welcome too!

"HI, JACK PETH HERE!" This is the way I have started many announcements at AYH meetings. This one I would like to make in writing. Sorry for the decline in organization of the backpacking activity, but it's some kind of "burn-out". I do not plan to stand for election



## TRIPS & TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee (50¢ per half day or evening). IN ADDITION non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).

AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity write-up, where you may find more information. After you've read over everything, call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring. Ask where you'll be going. How late will you arrive home? What is all this going to cost you? Remember, AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental, and any other expenses (we often stop at a restaurant on the way home).

AYH trips are geared toward individuals who independently sign up for trips. If you have a group that wishes to go, it is important for the leader to contact the trip leader early, and it may be necessary for the trip leader to speak with every tripper.



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384-8477; 461-1333

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STORES

## SO WHAT'S NEW...

...in Holland, Spain, Portugal, Greece, Lake Titicaca, etc.???  
...What's the easiest and cheapest way for me to get there?  
...How can I get the most for my money?  
...What tourist traps should I avoid?  
...What "hot-spots" shouldn't I miss?

Pittsburgh Council has a limited resource file containing the names of those who could answer many travel questions for those of you who anticipate traveling.

And when you return I would appreciate a line letting me know that you are willing to share what you have learned with those who may follow you.

I only need your name, phone number and/or address, the countries (or regions of this country) where you spent your travel time and what languages you may be able to teach (if willing).

Write to: AYH RESOURCE FILE, c/o Barry Governor, 2123 Shady Ave., A 10, Pittsburgh, PA 15217. Thanks, and happy hosting!!

## WOULD YOU LIKE TO BE A LEADER??

Pittsburgh Council is run totally by volunteers and needs your help. Currently we are looking for chairmen for hiking and backpacking for the term of Nov. '86 to Nov. '87.

Other leaders may be needed in other activities also, so keep your eyes peeled and your ears open if you are at all interested.

Also, chairmen are always in need of an extra hand to help fill in from time to time, and to aid with various chores and tasks with which they are confronted.

Lend a hand. It will give you a feeling of well-being and will aid us all in trying to make Pittsburgh Council a top-notch organization. Thank you, Barry Governor.

## COUNCIL ELECTIONS ARE COMING!

That's right friends, it's not too early to start thinking about this fall's council elections.

If current proposals to update our bylaws are enacted, the Council will have the ability to increase the number of people on the Board of Directors from the current level of 7 to possibly as high as 21. (This should help eliminate the "private club" atmosphere and provide a broader representation from among our members.).

The following list is based on National AYH guidelines used in their search for new Board members:

GENERAL QUALIFICATIONS OF AN AYH BOARD MEMBER:

- committed involvement with AYH goals
- Intelligence
- Initiative

(continued on next page)

# COUNCIL ELECTIONS Continued

- Ability to work with others
- Ability to listen, analyze, critique, and decide
- Leadership

## EXPERIENCE FACTORS DESIRED OF THE POTENTIAL AYH BOARD MEMBER:

- Administration/Management (public or private)
- Experience on Board level (AYH or General)
- Education (Admin, Curriculum, Teaching)
- Fund Raising (Locator, Solicitor, Source)
- Marketing/Public Relations
- Policy Formulation/ organizational planning
- Real estate development and financing
- Recreation (Development and leadership)
- Travel Services (operation and planning)
- Youth development, education, leadership

If your abilities/interests fall into any of the above categories we could use you! Read future issues of our newsletter to find out how to contact the Council Nominating Committee. Or listen to announcements at any Open House meeting at HQ. Joe Hoechner

# CORAOPOLIS BIKE & HOBBY

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Mountain Bikes

Shogun

# NORM SNYDER GOES TO MEXICO Continued

three days at different places. I had never done it before, and found it very beautiful; coral, all kinds of fish, crabs sea, and many other things were seen.

Later, we went up to Arthur's house in Tucson, Arizona and did a two day hike in canyons. One, up Ramero canyon, had some nice slick rock and deep pools were in it. I managed to do my first cliff jump into a pool there; about a 20 foot jump. The second hike was on the Seven Falls trail. There were seven large potholes and waterfalls in a row, one could climb up to the left of them without too much trouble. I hiked about another 4 miles upstream after the falls. I saw snakes, fish, and turtles in many pools. The rougher the better.

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## NORM SNYDER GOES TO MEXICO

by NORM SNYDER

Trip to Mexico. May 19 to June 3, trip consisted of Norman Snyder, Steve Tubbs, and Arthur Mazer.

We went to El Paso by plane, to Chihuahua by bus, to Creel by train, from Creel to Bastiopilas by an 8 hour bus ride.

The bus ride went on all dirt roads down into one of the Barranca del Cobre canyons; a 4 or 5 thousand foot drop in elevation. The wildest road I ever saw, switchbacks everywhere, the bus had to back up in some spots to make the turns.

From the town of Bastiopilas, we hired a guide named Manuel. The backpack trip started at 5:30 in the morning. The first day was the roughest backpack trip I ever did. This was Manuel's backyard and he wanted to get it over with as soon as possible. The Mexicans and Indians that live in the canyons aren't backpackers. They all use mules to carry their packs, so Arthur, Steve and myself lined up with all the other jackasses with our 40 or 50 pound packs and started up out of the canyon. Manuel was skipping along with a daypack and us with all the weight. As we followed the trail up out of the canyon it got hotter and hotter. Manuel kept us eating cactus fruit, which was very good. We passed a small town and a house every once in awhile. At noon, Manuel stopped at his mother's house. His mother and two little brothers were there. They live in a mud house that looked like the Indian houses of 1000 years ago. The highlight of the canyon trip was about 1000 feet before we reached the top. We rounded a bend on the trail, and on the other side of the canyon were beautiful large cliffs and the river below.

The next two days we went overland through a forest that had been burning for two weeks and finally we came to the Urique river. From the town of Urique, we took a day hike up the river. The canyons we saw were all wide, with no narrows and little slick rock; a trail ran along all we saw. Houses were very few, and I couldn't say if people live in all of the canyons.

An open truck that they use as a bus took us from the town of Urique up out of the canyon to the Al Pacifico Railroad. It was the greatest train ride I ever had. Many people went bankrupt building the line. We traveled along gorges, through tunnels, and down switchbacks for miles. It ended at Los Mochis, where we took a plane to La Paz.

At La Paz, we went on a dive trip about 50 miles out in the Golfo de California. The guide took us to an island with about 200 sea lions on it. Steve went scuba diving while Arthur and I snorkled. The sea lions were barking and swimming all around us; I almost had an accident when the king of the herd, a huge 15 foot long male, came swimming straight at me, but dove before me. We went snorkling

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# MORE AYH TRIPS FOR JULY

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
20	Sun	Bike	B/c	Jeff Marsh	466-7841	8:30	Moraine State Park. Cycle the 15 mile bike path or venture into the countryside around Lake Arthur. Bring swimsuits.
20	Sun	Canoe	I-II	Rick Tomlinson	963-8910		Kool and easy.
20	Sun	Hike	Easy/Int	Lee Brownston	521-3421	8:30	Roaring Run
22	Tues	Bike		Chuck Ejzak	466-6196	6:30pm	Maintenance Workshop. Bring your bike, rags, and 50¢. 6:30 - 9:00pm, weather permitting.
24	Thurs	Bike	C	Joel Platt	521-5244	6:30pm	Evening Cycle
26-27	SS	Backpack	Easy	Joy Layton	486-4753		Easy trip (good one for beginners, but you must have gone on at least ONE (1) backpack beforehand). Cool forest.
26-27	SS	Bike	A/C	Chuck Ejzak	466-6196		Ride from HQ to Keystone Lake Park, or drive and ride when you get there. Car camping in the park, along with swimming in the lake. Come for the day even if you can't stay the weekend. Reservations required.
26	Sat	Bike	C	Don Sheperd			
26	Sat	Canoe	Flat	Steve Shafer	362-4432		Easy! Easy! Easy!
26	Sat	Climb	Begin	Chairmen	see list	7:00	White Rocks. See climbing writeup for details.
26	Sat	Hike	Int	Wayne Hennemuth	787-7608	8:00	Laurel Highlands Trail.
26	Sat	Sea-Kayak	Int	Norm Snyder	351-4068		Allegheny River
27	Sun	Canoe	WUI School	Gordon Bugby	371-4233		Come learn the basic strokes and skills.
27	Sun	Raft	All	Bob Van	833-8486	8:00	Raft the Yough. See rafting writeup for details.
29	Tues	Bike	C	Steve Horwitz	521-0810	6:30pm	Evening Cycle.
31	Thurs	Bike	E	Judy Menosky	242-1593	6:30pm	Learn to Ride. For those who don't know how to ride a ten-speed bike. Call for a reservation.
August 6-21		Backpack	Adv	Norm Snyder	351-4068		Olympic National Forest, Mount Rainier, and other places around Washington State. Maybe take in the Expo '86 in Canada
Aug. 9	Sat	Cave	Begin	Bob & Vicki Nebes	782-2321		Con Cave -- a fun cave, with fissure passages, a rotunda, and lots of flowstone.



## SEA-KAYAKING ON LAKE ERIE MEMORIAL DAY WEEKEND

BY CATHY LYNCH

"It's good to see water all the way to the horizon!" On Memorial Day Weekend Pittsburgh Council's fleet of sea-kayaks explored about 20 miles of Lake Erie from Barcelona Harbor to Dunkirk, New York.

On Saturday -- about four hours after loading the kayaks at Headquarters, we unloaded them and set up tents at Blue Water Beach Campground. After a late lunch on the beach, we paddled west about three miles to Barcelona Harbor, and paddled back to make a campfire feast.

On Sunday we paddled east, after moving tents and cars to a site at the Lake Erie State Park Campground. We were lucky with sunny weather and calm conditions. Several people told us about winter storms and everyone was concerned that the lake is about three feet higher than normal. Storms, ice, and the unusually high water have taken a huge toll in cliff and beach erosion. In many places we paddled around the still-green tops of recently immersed trees, the scars of their descent fresh on the cliff side.

On Monday we parked two cars on the dock at Dunkirk and continued our exploration another six miles east. The dramatic, sharply scalloped headland at Dunkirk and a strong chop from the southwest wind in the harbor provided the finale for our trip. Our paddlers were Roy Bartoo, Rita Long, Cathy Lynch, Ted Self, and Tom Trump.

We plan to continue to explore Lake Erie on long weekends. If you are interested, look for details in the Golden Triangle or contact the sea-kayak chairpeople.

### Notes on Campgrounds and Access Points

Public boat access ramps were available at Barcelona Harbor and Dunkirk.

We were delighted with the hospitality at both Blue Water Beach Campground (East Lake Road, Westfield, NY 14787, Phone: 716-326-3540) and Lake Erie State Park Campground (Rt. 5 west of Dunkirk, NY Phone 716-792-9214). Equally important, both gave us tent sites close to the lake so we could carry our boats into camp.



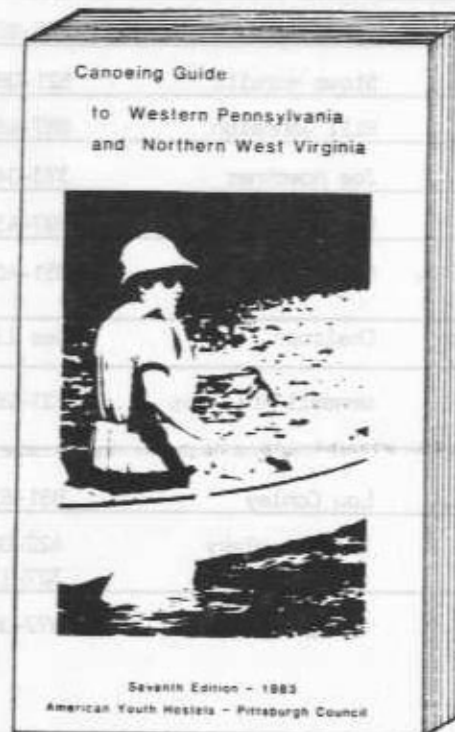
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# AYH TRIPS IN JULY

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
4-6	FSS	Bike	A/C	Chuck & Lynn Ejzak	466-6196		Lake Erie Weekend at Camp Sherwin Hostel. Cycle at your own pace along the shores of Lake Erie. For challenging ride to the hostel on Friday, Call Chuck; otherwise talk to Lynn.
6	Sun	Canoe	II+	Frank Bruns	561-8379		Loose and wet. Come paddle.
6	Sun	Hike	Easy/Int	Tom Kaveney	276-8044	8:30	Morraine State Park. End up with a swim.
8	Tue	Bike	C	Steve Horwitz	521-0810	6:30pm	Evening cycle.
10	Thurs	Bike	C	Bill Johnston	687-4893	6:30pm	Evening Cycle
12	Sat	Bike	C	Joe Hoechner	373-3403	9:00	Easy ride to New Wilmington. Swimming.
12	Sat	Canoe	III+	Don Bowman	697-4397		Advanced paddlers only.
12	Sat	Cave	Int/Adv	Norm Snyder	351-4068		Join Norm on a trip to a cave near Bowden's Cave. 2000' long, and a nice hike through the forest.
12-13	SS	Climb	Inter	Chairmen	see list		Seneca Weekend
12	Sat	Hike	Easy	Wendell Phillips	831-2606	8:00	Maintenance hike on the Baker trail - Sect. 3. End with a swim at Crooked Creek.
12-13	SS	Kayak	Begin	Lou Conley	681-8321		Beginner Kayaking School. See kayak writeup.
12	Sat	Raft	All	Shirley Ulaky	422-0849h 327-1300x403w	8:00	Raft the Yough. See rafting writeup for details.
13	Sun	Bike	C	Ricky Kondas	672-3891	9:00	Meet in Elizabeth and ride to Fayette City. Take a leisurely break at Crystal Swimming Pool. Bring your swimsuit and an extra \$3 for the pool. Non-cyclists welcome too. Reservations required. Call for more details.
13	Sun	Canoe	I-II	Millard Underwood	561-0871		All "paddlers" welcome.
15	Tue	Bike	C	Larry Laude	665-9554	6:30pm	Evening cycle. East End/Dakmont, depending on the group and the weather. Call if bike or helmet rental is needed and bring ice cream money if it's hot.
17	Thurs	Bike	C	Steve Horwitz	521-0810	6:30pm	Evening cycle.
19-20	SS	Backpack	Novice	Jack Peth	921-7214		First time ever trip to John P. Saylor trail. See writeup.
19	Sat	Bike	C	Judy Menosky	242-1593	8:00HQ	Popular ride from North Park to Evans City. Meet at North Park at the Boathouse at 9, or at AYH HQ at 8. Swimming available at North Park Pool. Reservations Required.
19	Sat	Canoe	I-II	Bill Whitehead	363-0365		Come practice and relax.
19	Sat	Cave	Int	Paul Herre	653-7934		Loyalhanna Creek Cave --One of the most challenging in the area