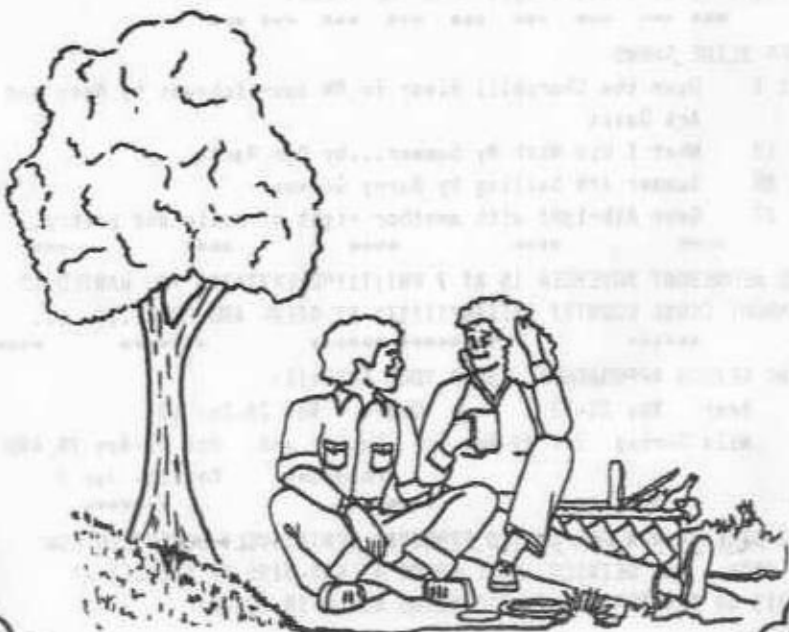


THE GOLDEN TRIANGLE.....

Vol 34, No. 10

FALL PICNIC OCTOBER 23, 1983



Pittsburgh Council

AMERICAN YOUTH HOSTELS INC.

6800 FIFTH AVENUE

PITTSBURGH, PA. 15232



ADDRESS CORRECTION REQUESTED

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AMERICAN YOUTH HOSTELS
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PITTSBURGH, PA 15232

THE GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council, American Youth Hostels. Contents are the responsibility of the editors.

EDITORS Carol Haim, Jeri Walsh-Allis
PRINTING Irwin Nauman
PLATES Jim Allis
MAILING Don Hoecker, Roy Weil
TIPS AND TALES Joe Joechner
PRODUCTION Don Hoecker
COVER Elaine Rosenthal

**** **

DEADLINES FOR NOVEMBER ISSUE: Oct. 6 all trips and articles
Oct 27 Production Party

DEADLINES FOR DECEMBER ISSUE: Nov. 3 all trips and articles
Nov. 17 Production Party

*** **

OPEN HOUSE is held every thursday at AYH-HQ, 6300 Fifth Avenue, Shadyside, (next to the Pittsburgh Center for the Arts). The building is open at 8 pm for socializing. Slide show starts at 8:45. Monthly Production Parties are for assembling the TRIANGLE for mailing, and begin after the slide show. Its a good opportunity to get to know one another and get caught up on news, trips, etc. BE THERE!

*** **

OCTOBER SLIDE SHOWS

Oct 6 Down the Churchill River in NW Saskatchewan by Neen and Art Davis
Oct 13 What I Did With My Summer...by Dan Martt
Oct 20 Summer AYH Sailing by Barry Govenor
Oct 27 Gene Albright with another night of music and poetry.

*** **

COMING WEDNESDAY NOVEMBER 16 AT 7 PM!!!!!!"EVERYTHING YOU WANTED TO
(NOW ABOUT CROSS COUNTRY SKIING"!!!!!! BY STEVE AND FRED.....

HUNTING SEASON APPROACHES...WEAR YOUR BRIGHTS:

Bear Nov 21-22 Deer Nov 28-Dec 13
Wild Turkey Oct 29-Nov 19 Rabbit and Oct 29-Nov 26 AND
Pheasant Dec 26- Jan 7

OCT 22 BIKE-A-THON FOR CYSTIC FIBROSIS TENTATIVELY SCHEDULED FOR NORTH PARK. FOR DETAILS, CALL CHUCK AT 466-6196 OR SHELLEY AT 262-5315 OR SEE DETAILS ON BICYCLING BULLETIN BOARD.

A.Y.H. MEMBERSHIP APPLICATION (new rates)

AYH memberships are available at Open House meetings. If you cannot attend a meeting, fill out the application at the bottom of this page and send it along with your check made payable to Pittsburgh Council, AYH, to:

AYH Membership
6300 Fifth Avenue
Pittsburgh, Pa. 15232

Allow 3-4 weeks for delivery of your hostelling pass. Membership also see International Hostel Guide to Europe for \$7.00 by mail and \$6.00 at HQ.

CHECK ONE:

\$10.00 Youth
\$10.00 Senior Citizen(60+)
\$20.00 Senior(18-59)
\$30.00 Family
\$50.00 Organization(Non-profit only)
\$200.00 Life
\$. Tax-deductable
Donation

OUR COUNCIL is a volunteer organization. We always need additional leaders and others willing to donate time and skills for maintaining and improving programs. If you are interested in contributing your efforts to any of the activities or service-oriented areas, contact a member of the Activities Board or attend one of the Board meetings.



NAME _____

ADDRESS _____

ZIP _____

PHONE _____

NEW/RENEWAL _____

BIRTHDATE _____

HIKING Shirley Sedmak 422-0849

sat oct 15 INTER-Join Glenn Oster for a hike in Roaring Run Nature Area. For information and reservations call Glenn at 364-2864(h) or 566-3042(w).

sat oct 29 INTER-Join Dan Martt for the Halloween encirclement of Bear Run. Ghost stories included. 241-4647.



Quality Service
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Penn Hills P.H. Shopping Ctr. 241-1585	Squirrel Hill 2010 Murray Ave 521-1585	Murrysville 4055 Wm Penn Hwy 327-6430
--	--	---

KAYAKING Lou Conley 681-8321 Ray Yutzy 341-5682

Fall and winter(cold weather) Kayaking trips are organized informally at the Thursday night meetings by those who are equipped(wet suits) for cold weather paddling.

POOL SESSIONS: Indoor swimming pool practice sessions will be conducted in late fall or early winter depending on the availability of swimming pools. These sessions will be available for anyone from complete beginner to expert and instruction at all levels will be available. Anyone who can get access to an indoor pool for kayaking is asked to contact Lou Conley at 681-8321.

VOLLEYBALL Jeff Marsh 831-9490(h) 462-5000x6935(w)

Harriet Ann Seiner 681-1189

The indoor volleyball season is now in full swing. Join us at Taylor Alderdice High School every Tuesday evening at 6 pm. (TAHS is located on Shady Avenue--please use the back entrance) Members 50¢, non-members \$2.00.

SPECIAL TRIP

SAT OCT 15 to SUN OCT 16--Fall Foliage Work Party at Ohiopyle Hostel. Help winterize the building while enjoying the colors and a free overnight. Limited to first 20(but day trippers are welcome) Reserve with Joe at 373-3403.

ENJOY THE FALL FOLIAGE in the Laurel Highlands during a work party weekend at the Ohiopyle Hostel. Mark the weekend of Oct 15-16 down NOW! Volunteers are needed for chimney work(inside and out, top and bottom), window pane replacement(what a pane!), some plumbing and electrical work.

ALSO as the leaves will be falling there will be plenty of yard work to do--with free mulch to take home! (oh, you're too mulch!!) Trip will leave from HQ Sat morn at 8:30 and return Sunday pm. Limited to the first 20 people, but day trippers are welcome. Call Joe at 373-3403 for more information.

Libby Allen is seriously in Georgetown Hospital in Washington DC, and will be there for the next 3 months. As a one-time membership chair and member of AYH until she moved to Altoona, Pa, I think she would enjoy hearing from her AYH friends. Her address is: Libby Allen

Georgetown Hospital

CCC Building

3800 Reservoir Road

Washington, D.C. 20007

(submitted by Tom Trump)

FOR SALE A Frostline sleeping bag kit--polyfil--still needs to be sewn together. Asking price--\$50.00 or best offer. Call 829-4112 day. Ruth Golick.

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We have fresh produce, bulk staples, ethnic foods, hard-to-find items such as tofu, tahini, specialty flours, bean sprouts, and a wide selection of herbs and spices (no minimum amt.)

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CLIP THIS coupon

GOOD FOR ONE SHOPPING AT MEMBER PRICES (25% DISCOUNT)

DEAR AYHERS,

Just a note to thank you all for making me so welcome, and for the fantastic time I've had here--especially on AYH trips to venues I would not have otherwise visited. If anyone needs a contact or information on England--please feel free to drop me a line to:

S. Springhill Road
Saffron Walden
Essex. CB114AH
ENGLAND
TEL.(0)799 27743

But PLEASE don't appear on my doorstep without warning! Thank you all again and hope to see some of you in England.

--Yours,

Clare Wigley

STATUS--AYH COMMEMORATIVE STAMP..."The Citizen's Advisory Committee met July 21 and 22 and did NOT recommend a Commemorative Stamp for AYH in 1984."(however)"The Advisory Committee and the USPS have notified us(National AYH) that because of the interest in this stamp, they will consider the stamp again in September..." "We assume this means that they will consider a stamp for the 1985 program." "A great many people made a strong effort in support of this Commemorative Stamp"... "So we do not intend to let the matter drop completely."

Charles Odegaard
President, AYH, Inc.

(excerpts submitted by Barry Govenor)

PS. Many thanks to those of Pittsburgh Council who contributed to this effort.

Barry

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10% DISCOUNT TO AYH MEMBERS
REPAIRS PARTS ACCESSORIES FOR ALL MODELS

938 FIFTH AVENUE
CORAOPOLIS, PA.
264-0982

CANOEING Penny Smith 243-1387 Steve Shafer 362-4432

All trips meet promptly at 8 am at HQ. Bring lunch in a waterproof bag, drinking water, knee pads, raingear, hat, swimsuit, dry clothes, non-cotton clothing, tennies, sun protection, large sponge, strap for sunglasses or eyeglasses.

sat oct 1	WWI-II Jim Purcelli 731-9176(eves) 273-6229(days)
sat oct 8	WWI-Bill McKay 941-8814
sat oct 8	WWI-II Oscar Mayer 422-8216
sun oct 9	WWI-II Millard Underwood 561-0871 before 10 pm.
sun oct 16	FLATWATER: See the fall colors change. Don Hoecker 243-8298 eves, 256-3278, day.
sun oct 23	Swing your partner instead of your paddle at the AYH Annual Fall Picnic.

sun oct 9

B-Ride with BobSchwartz(241-4647) to a location yet to be determined. Call for details.

fri oct 14-

sun oct 16

1st ANNUAL PINE GROVE FURNACE WEEKEND. Spend two nights at the new Ironmaster's Mansion Youth Hostel with cycling in beautiful and historic countryside in central PA. Reservations a must. Bring along your non-cycling friends to hike in the park or along the Appalachian Trail which passes through there. If interested call Chuck or Lynn at 466-6196.

sat oct 22

CYSTIC FIBROSIS RIDE See Page 2, this issue, for details.

sun oct 23

B-Take a ride before the picnic. Meet at River-view Park at 10 am and ride about 35 miles with Chuck Ejzak. Call 466-6196 for details.

sat oct 29

Take a pleasant ride through the Sewickley area. Class C. A leisurely paced ride of 26 miles with some rolling hills. Call Judy Menosky at 242-1573, especially if you need to reserve helmet or bike. Meet HQ to carpool at 8:30 am.

CAVING

John Popp 653-6026 Vicki Lineback 422-0296
Norm Snyder 351-4068

sat oct 7

INTER-Cornwell Cave. A $\frac{1}{2}$ mile hike down the Cheat River Gorge leads to this underground West Virginia maze. Call John Popp(above).

sat oct 22

INTER-Vertical caving workshop. An opportunity to see and ktry some vertical caving techniques in the light of day. Call Buck Rogers at 751-7957.

sat oct 29

BEGIN-Casparis Cave, near Connellsville. Features some nice formations and an underground waterfall. Call Roy Provins at 784-9127.

sun nov 6

BEGIN-Bear Cave on Chestnut Ridge, is a favorite of beginners, with a wide variety of passages. Call John Popp(above).

sat oct 22

Join Norm Snyder and daughter on a cave trip to West Virginia. Call Norm at 351-4068.

PITTSBURGH COUNCIL NEEDS YOU !!!

The nominating committee has found a number of members willing to car on our councils programs, but there are still many gaps to be filled. If you would like to serve but are not sure what is involved, contact anyone on the nominating committee listed below or Pres. Chuck Ejzak for detail

*Pres: Chuck Ejzak

*V.Pres: Joe Hoechner

*Larry Laude

*Treas: Fred Hull

Asst Tres: Bill Johnston

*Recording Secy: Pat Tieman

Corres. Secy: _____

Librarian: Joel Platt

Teleph. Response: Blanche Asherman

*Hostel Devel. Chp: Joe Hoechner

*Hostel Oper. Chp: Gwenda Braithwaite

*Headquarters Chp: Gary Ludwig

*Program Chp: Bob Goff

*Trips Chairman: Joe Levine

Trips Coordinator: Joe Levine

Leader Devel.: Jack Peth

*Membership Chp: Blanche Asherman

Mem. Desk: Herb Appell, Judy

Menosky, Nancy Sluciak,

Christine Tempalski, Pattie

Becker, Jim Oliver, Burton

Miller, Jo Ann Benecki,

Jack Asherman

Franchise: Bob Nebes

Hostel Clubs: Sally Adams

*Publications Chp: Bruce Sundquist

*Trails Coordinator: Dan Martt &

Glen Oster

*Service Chp: Paul Herre

Environ. Service: Cliff Ham

*Pub. Relations Chp: Joe Hoechn

Kathy Rivi

*Triangle Editor: _____

Typing: Kathy Rivi

Layout: Donna Leban

Advertising: Shelly Werner

Production: Don Hoecker

Mailing Labels: Roy Weil

Plates: Jim Allis

*Special Projects: Wayne Albright

*Caving Chp: John Popp

Vicki Lineback

*Climbing Chp: Karl Mörner, Dale

Vilsack, Scot Workman

*Cycling Chp: Lynn Ejzak

Bob Schwartz

*Backpacking Chp: Jack Peth

*Canoeing Chp: Steve Shafer

*Kayaking Chp: Lou Conley

Ray Yutzy

*Hiking Chp: _____

*Rafting Chp: Gus Hughes

*X-Country Skiing Chp: _____

Fred Parker & Steve Tubbs

*Open House Activ.: Steve Martin

*Council Storekeeper: _____

Shelly Werner

*Extended Trips: Marilyn Ham

Board of Directors: Don Hoecker,

Cathy Lynch, Jeri Walsh-Allis

NOMINATING COMMITTEE: Larry Laude 665-9554, Barry Govenor 421-7114,

Joe Hoechner 373-3403

NOTES: * indicates voting member of Activity Board
Chp indicates Chairperson(s)

ANNUAL AYH FALL PICNIC

SUNDAY OCTOBER 23, 1983

RIVERVIEW PARK ACTIVITIES SHELTER

Bring your friends and join in this years fall festivities and epicurean Adventures.

HIKING

SQUARE DANCING

CYCLING

VOLEYBALL

NEW GAMES

2-5 pm Outdoor Activities

5-6:30 pm Buffet Dinner

7-10 pm Square Dancing with Ron Buchanan
and Swinging on the Gate Band

Volunteers needed for food preparation (expenses reimbursed) and help with other activities.

RESERVE NOW!! AVOID LATE CHARGE!!

Make checks payable to: Pittsburgh Council AYH. Mail, along with a
Reservation Form to: Elaine Rosenthal or call: Fred Parker
112 Rampart Court 824-2638
New Kensington, PA
15068

RESERVATION FORM

NAME _____ PHONE H _____ W _____

Members at \$5.50 _____

Non-members at \$6.50 _____

Children under 12 at \$3.00 _____

Late Fee (after October 13) \$1.00 per person _____

The culinary delight and quantity I am bringing is _____

I would like to lead hikes, games, activities, or help in
other ways _____

TOTAL ENCLOSED: _____

TRIPS AND TRAILS

The trips listed here are open to the public, with the exception that AYH members are given priority when the trips is of limited size. Trips consists include a 75¢ registration fee(50¢ per half day or evening; 35¢ for AYH Club members), plus transportation and rentals. IN ADDITION, nonmembers are charged \$1.50 per day per person, which may be deducted from the cost of membership, when you join AYH. The registration fee covers insurance(\$1000 medical/\$1000 accidental death or dismemberment). Trips are classified BEGINner, INTERmediate or ADVanced, with the exceptions of cycling and water sports.

BACKPACKING

Steve Martin 469-3153(h) 462-5000 x6185(w)

Jack Peth 921-7214(h) 7775365(w)

sat oct 15-
sun oct 16

NOVICE trip. If you have thought about BPing and told yourself the trip would be over your head--this one will not be. A practical field training experience for a small group. We can loan or rent you all the equipment you will need. Saylor Trail, Johnstown. 6-8 miles. Call Jack Peth, above.

Wed oct 19-
sun oct 23

INTER-Join Debbie La Placa on a trip on the Black Forest Trail in north central Pennsylvania. Leaving Wed. evening at 7 pm from HQ. For more information contact Debbie at 795-4179 after 5 pm.

fri oct 6-
sun oct 8

INTER-North Fork Trail, W.Va. Beautiful scenery, and absolutely no water(carry your own.) Call Dan Martt 241-4647.

BICYCLING

Lynn-Ejzak 466-6196 Bob Schwartz 241-4647(h) 681-2500(w)

Trips are listed by the following classes: A-Advanced, B-Intermediate, C-Easy intermediate, D-Beginner, E-Learn to ride. Bring a spare tube, pump, water lunch and raingear. Helmets are required on all AYH trips. They are available as rentals--so are bikes and panniers.

sat oct 1

Call Lynn or Bob to find out if a trip is going.

sun oct 2

B-with Larry Laude. Cycle 40-50 miles to Neville Island and back. Call 665-9554(h) 462-5000x6708(w)

sat oct 8

C-28 miles. The I.L.A.M. to Keystone Lake Park. Bring swimsuit if weather is still hot. Your fearless leader will be Aaron Tanzer. Call 421-2031 Meet HQ 10 am.

SEE MAP, PAGE 17!

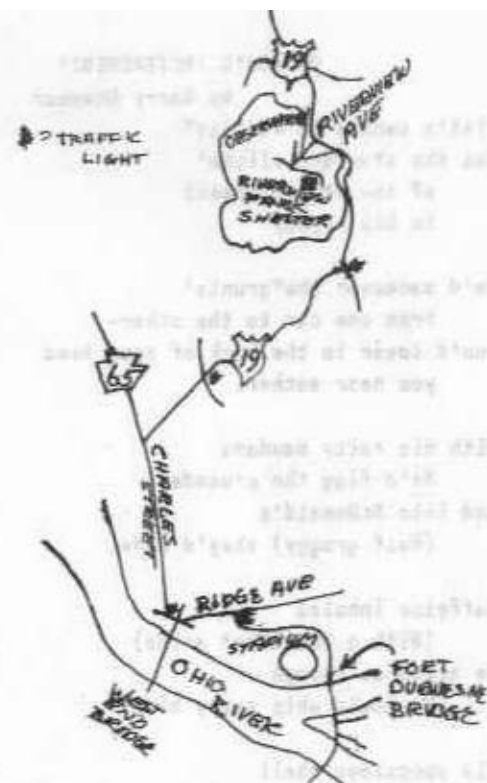
PITT TRAVEL FAIR—Joe H. is looking for people to spend some time handing out brochures and answering some questions at the Pitt Travel Fair on Wednesday, October 12, from 9 to 5. If interested please call Joe at 243-4800(w) or 373-3403.

MANY THANKS for skills passed on and memories shared with Scott and Peggy Hill (past caving and climbing chairpersons) who have moved on (or east) to reach new heights. Your friends at Pgh. Council wish you success in your endeavors and hope that peace and prosperity will follow your! (submitted by Barry Govenor)

BE PREPARED A 4-hour course in cardiopulmonary resuscitation (CPR) will be held at Pittsburgh Council AYH-HQ on October 8 at 6:00 pm SHARP. For more information, see Barry Govenor. PLEASE REGISTER IN ADVANCE with Barry by calling him at 421-7114(h) or 488-5766. ANYONE is welcome to attend and those who wish to renew their CPR skills/registration are encouraged to participate.

*****paid advertisement*****
 AYH'ers, you have at the present time the opportunity to enjoy delicious, high quality meals, with a minimum of fuss and bother. Our revolutionary product line includes—easy to prepare entrees, bread and cookie mixes, Nutri-Whey drink, fruit punch and gelatin mix, potato flakes, Gold Cup coffee saver and more exciting new additions to come in the future. With the advent of a new space-age technology in the industry, Yurika Foods Corp. is providing a complete line of convenient, nutritious competitively priced products, that will set precedent for others to follow. Our entrees, contained in a retort pouch, can be stored on your shelf for 5 years, with absolutely no refrigeration, contains no additives or preservatives and low in calories and sodium. All you do is put the protective pouch in boiling water for 5 minutes and serve. If you are tired of the same old foods on your camping trips, contact: Warren Nystrom—Independent Yurika Dist. home—371-6195 business—244-0535

MAP TO
 AYH ANNUAL FALL
 PICNIC
 OCT 23, 1983 at
 Riverview Park on
 the North Side



EDITORIAL COORDINATOR NEEDED!!!! This may be your last newsletter? We have volunteers to attend to the typing and the layout of the TRIANGLE—now we need the finishing touch—an EDITORIAL COORDINATOR who will be responsible for seeing that the process runs smoothly. Anyone willing to oversee the construction of the monthly newsletter see anyone on the Nominating Committee

Spasm Reduction Therapy _____ MRT

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Massage, Spasm Reduction, Figure Contouring
 Acupressure, Body Rebalancing, Nutritional Testing

1130 Heberton St., Pittsburgh, PA 15206 (412) 441-7855

ON WOJ'S 'RETIREMENT'

by Barry Govenor

"let's saddle up kiddies"
Was the standard cliché
of one Wojciechowski
in his heyday

He'd maneuver the "grunts"
from one car to the other—
You'd swear in the back of your head
you hear mother.

With his ratty bandana
He'd flag the crusade
And into McDonald's
(Half groggy) they'd wade.

Caffeine inhaled
(With a breakfast aside)
He acted as though
He would whip every hide.

His obnoxious shell
Fooled many a novice
But there were many who knew
'Twas the shell of his office.

And when so exposed,
He'd try hard to deny it,
Spewing words and excuses
That turned farce into riot.

'Twas his heart, was his weakness,
(it was soft to the touch)
And that's what it was
Kept us loyal so much.

Nowhere else could you find
So devoted a crew.
Nowhere else so much help
To imbibe all the brew.

Through good times and bad
He held true to course.
Never, not ever, was anyone
forced
To learn how to climb
that first boulder
or two,
Or to scale their first cliff
of a hundred(or two).

His cup runneth over
With quips and light chatter
To break all the fears
Of a grunt's first encounter.

And now he points back
To the Empire he's built
To Stroh's blessings of EB's
(and BS to the hilt!)

And the chatter and quips
Return from the 'pack'
As all the 'Empire'
Are now striking back.

"Billy, where are you?"
comes the urgent loud cry.
(As if Billy would help—
He's one of the guys!)

There's no support coming,
He's all on his own
And fading quite fast
So alone, so alone...

"You must believe in the Force"
Was that Yoda just there?
"Believe in yourself,
but of climbers, Beware."

They are apt to be maucha
Or cocky and brash
And won't be much help
Should you need some cash.

But, oh, if its friendship
Or loyalty sought,
You've come to the right crowd
A quite happy lot!

So, Woj, bless your 'children'
And they'll bless you back.
Don't take to heart
How they have attacked
Your manhood and character
Or ability to climb.
Their offer(when ASKED)
To loan you a dime.

You're free now—so free—
To climb on your own,
To leave them to blunder
From seeds you have sown.

No need to feel guilty
About Karl and Dale
If worst comes to worst
They'll teach climbers to sail.

No need to feel guilty
For some Saturday sleep
To sacrifice grunts
For some rest and some peace.

Don't worry, we're fine.
It was all you could do
To keep the climbs going
When you were there, too!

On That note we'll leave
For not much can be said
For the great "Woj"—Wojciechowski.
the climber....

...is...
... 'dead'...

Woj,

Many thanks on behalf of the club and the climbers and remember:
Climbers never die,
They just go to H— for a longer perlon (and perhaps a 'friend'
or two.

