

pittsburgh council, american youth hostel, inc.

Volume 20 Number 5 June 1969

PADDLE POWER It was a dark and stormy morning as the AYH canoeing crowd slipped out of headquarters for the Loyalhanna and race day. The river was up, attendance down and the three races run off speedily over the four mile class II course. Dean Tomko cleaned up, winning all three events despite having spent all night at a high school prom. Far behind were the rest of the field-Jim Murst, Doug, Abbey, and Bruce, all feeling like creaking Methusela's.

The official times, in minutes, were:

Class A closed	boats	
Dean Tomko	43.15 cl	1
Don Hamilton	45.80 cl	11
Jim Hurst	45.93 cl	111
Howard King	46.72 cl	IV
Bruce Sundquist	47.34 cl	30.00
Ed Tomko	47.51 cl	
John Leahy	55.56 kl	
Jack Leahy	59.40 kl	
Class B tandem	Grunnan (mens)	
Dean Tomko	41.49	TOP IN
Ed Tomko	17.00	
Jim Hurst	43.29	11
Don Hamilton	edge a complete a complete and a supple	
Don Hoecker	47.50	
Howard King		
Class C tandem	Grumman (mixed)	
Max Lew	37.57	1
Dean Tomko		
Mary Smith	40.04	-11
Doug Ettinger	The state of the s	
	and the second s	

Jim Ure

Abbey Geertz

R. Ure

Bruce Sundquist Prizes are indicated in the right hand column. They are either trophies kindly donated by the Grumman Company, or purchased from the entrance fees for the race They will be presented on Thursday, June 5 at the Open House.

43.45

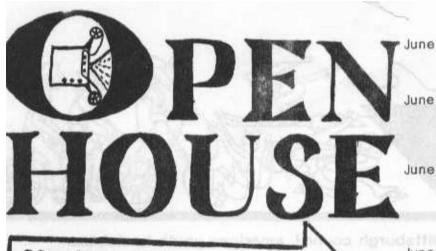
42.44 (youngest)

There is a new kind of boat on the river and it should interest all you would-be kayakers. It is the inflatable KI run by the well known AYH member Raiph McCarty. Ralph is running these commercially this summer out of Ohiopyle. Since they handle much like a kayak but have the stability of a raft, you kayakers should consider renting one from Ralph for that first trip down the Lower Yough. I can assure you it would be well worth the cost, for those first trips are very hard on equipment. Ralph's boats you cannot damage; your own, you will! Call Ralph at 372-6254.

CANOE SCHOOL Doug Ettinger (523-5883) opens the summer canceing season with our first school for the rank beginner. Running on the Lowest Yough from Dawson to Layton, Doug plans to provide an interesting trip with emphasis on canoeing basics: paddle water safety, the principle strokes, and reading running water. So all you members, come on out and join in the fun! Get your suntan the canoe school way!

JOINT MIDDLE YOUGH TRIP, June 22. I have invited other clubs to join AYH on a social trip down the Yough, Confluence to Ohlopyle. If it floats, any AYH boat is welcome. This is a good trip for the welcome. closed boat crowd, so come out and join

VOLUNTEERS NEEDED FOR MALL AYH has been invited to join in festivities at the East Liberty Mall, June 26 to 28. If you would like to assist at the AYH booth, let more people know about the Hostel, AND watch a live oxroast, Call Mary Miculis at 621 -8643 after 6 p.m.



ROGRAM BEGINS 8:45

- REFLECTIONS

On May 10 and 11 more than a dozen cyclists from Pittsburgh participated in the tour of the Scioto River Valley, riding 210 miles from Columbus to Ports-mouth, Ohio and back. This year the TOSRV was the biggest ever, with over 700 cyclists of all sizes and shapes(including a great many attractive female shapes). It was truly a unique experience to ride with so many other "cycle nuts"; at the onslaught, riders completely obliterated two lanes of pavement for several blocks We had a great opportunity to see a wide range of high quality bicycles and to discuss the sport with people from other

Unfortunately, as in nearly every other of its nine years, Zeus was not smiling on the participants. On Saturday it was cloudy and cold, with a continuous 20mph headwind (it never is behind you) which lasted all 105 miles to Potrsmouth. Toward the end of the day, a heavy rain and wind storm put in an appearance. peddled into Portsmouth, cold, wet, tired and hungry. On Sunday, Zeus was kind-er to us with only slight rain squalls.

With the poor weather conditions and large number of cyclists, riding was somewhat hazardous. At least two of the Pittsburgh contingent were casualties in accidents involving other cyclists & two others required the services of bandaid or two.

TOSRV was a memorable experience, however it would have been infinately more pleasant if Zeus had smiled.

Jim Hurst shows his slides of June 5 skiing and climbing in the Canadian Rockies.

June 12 -See the trials and tribulations of hiking and back-packing in Rocky Mountain National Park with Doug Ettinger.

For the avid ( and not so avid) cyclists, see slides of summer cycling , and listen to a re-view of a 10-speed cycle with Bob Omlor.

June 26 -Come to the Open House and see our "suprise" program.

> In the North Hills --Scholls Cycle Center 406 Perry Highway Pittsburgh, Pa. 15229 (931-6711)

> In the South Hills ---Baker's Picycle Center 2639 West Liberty Avenue Pittsburgh, Ps. 15216 (343-4230)



Accessories, Parts, Bicyles ...

Franchised Schming Dealers

In the West Hills--Ambridge Schwinn Bicycle Center 826 Merchant Street Ambridge, Pa. (266-5520)

In the East Hills --Schwinn Bicycle Center 740 Fifth Avenue New Kensington, Pa. (335-6464)

Sylvester Nowakowski (Distributor) Klepper Folding Boats 54I Madison Avenue (Heidelberg) Carnegie, Pennsylvania I5106

Many Models including: Kayaks, Fiberglass or Folding Katamarine Take-apart Handsome Tents, from 8 lb Seagull Motors, from 26 lb., I-2 hp.

## PITTSBURGH COUNCIL, AMERICAN YOUTH HOSTELS, INC 6300 Fifth Avenue, Pittsburgh, Pa. 15232

## PUBLICATIONS PRICE LIST & ORDER FORM

Amount	Paid by check	by cash	
CITY_		STATE	ZIP CODE
STREET	ADDRESS	(please print)	1 (0070C080 - 170 WA
NAME_	information on the West Virginia I	Highlands Conservancy (free) TOTAL OF THE ABOVE ITEMS plus 6% Pa. Sales Tax TOTAL owed to A.Y.H.	
	Charles of the control of the control of	-	
	Pennsylvania (free) information on the Western Pennsyl	vada Conservanov (frac)	4. 600 (1930) 4. 77
15.01	copies of the Keystone Trails Asseguides to the Appalachian Trail and		
	copies of "A Collection of Maps (3 \$1.75 per set (A publication of the set)	21) of the C. and O. Canal" @ ne Potomac Area Council of A.Y.H.)	nest that
	copies of "Canoeing in the Delawa: of Pennsylvania" @ \$.25 each. (by Club Publication)	re and Susquehanna River Watersheds Jeff Wilhoytea Buck Ridge Ski	<b>建建设</b> 通過
	copies of "A Hiking Guide to West Virginia @ \$.75 each	ern Pennsylvania and Northern West	AND SOUTH OF THE
	copies of "Organizing and Running	a Canoeing Program" @ \$.60 each	
	copies of the Baker Trail Descrip	tive Folder (free)	
	copies of the Hosteling Handbook	9 \$1.15 each	
	sets of the Baker Trail Patch plu	s Baker Trail Guide @ \$1.25/set	
	Baker Trail Patches (1-4 @ \$.75 e 20 and over @ \$.55 ea.)	a., 5-9 @ \$.70 ea., 10-19 @ \$.60 ea	. 950
	Copies of A Collection of Maps of	the Forbes Trail @ \$.20/set	
	Copies of the 36" by 42" map of c Northern West Va. @ \$1.00 each pl	anoeable waters in Western Pa. and us 30¢ mailing charge (each)	ESTABLE STATE
	Subscriptions to the "Golden Tria Council of A.Y.H. @ \$2.00 per yea	ngle", newsletter of the Pittsburgh r (published monthly)	0000000 - T - 96
	copies of the Canoeing Guide to W Virginia @ \$.75 each	estern Pa. and Northern West	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	copies of the Baker Trail Guide @	\$.75 each	COLUMN - 1 F
		Date of orde	Amount Due:
I wish	to order:	The second second second second	o reference a sec

(Please make checks payable to American Youth Hostels, Inc., Pgh. Council)

## JUNE TRIPS & TRAILS

- SUN 1 HIKING Hike on Laurel Ridge with Roch Mercier(361-5794). Leave Hostel at 9:00 s.m. with \$2.00 and lunch.
- MON 2 CYCLING An easy 8 mile cycle trip in the City. Leave 6:30 p.m. from the Hostel. See Dave Pattison(242-9224).
- THU 5 CYCLING Cycle in a City Park with Vi Friesen(242-4375). Leave Hostel at 6:30 prompt.
- SAT 7 CYCLING Cycle in beautiful Washington County. About 40 mile short out makes nice trip of about 20 miles. Meet at Hostel at 8 a.m. Cost \$1.90 plus rental.

  Call Bob Taylor(363-8770).
- SAT 7 CANOEING Easy fast water canoeing with the Grummans on the Kiskiminitas with Abbie Geertz, the first of our charming summer trip leaders. Call Abbie evenings at 372-6053. Bring lunch, bathing suit, sun protection and about \$4. Leaves at 8:30 a.m.
- SAT  $7 \frac{\text{BACKPACKING}}{\text{Allegheny National Forest. Limited to 12 experienced people with equipment.}$
- SUN 8 CYCLING Tour all the City Parks--about 15 miles--cost 40¢ plus rental. Leaves Hostel at 1:30. Call Vince Widmer(339-1165).
- SUN 8 CANOE SCHOOL Doug Ettinger (523-5883) leads our summer class for beginners on the Yough from Dawson to Layton, through racks and riffles. Doug and his crew will teach draws, J-strokes and the rest. Bring lunch, knee pads, \$4. Leaves at 8:30 sharp.
- MON 9 CYCLING Leave Hostel at 6:30--10¢ plus rental -- Call Dave Pattison(242-9224).
- THU 12 CYCLING Cycle before Open House with Dave Davenport(441-4292) at 6:30.10¢ plus rental.
- SUN 15 CANCEING Lower Yough. Jim Hurst(434-3964 work days) leads rafts and closed boats. Bring lunch, a change of clothing and about \$5. Leaves at 8:30.
- SAT 14 CYCLING An extended bicycle trip in the beautiful Pennsylvania Dutch country. About SUN 15 50 miles per day. Call Mike Hurwitz(731-1083).
- SAT 14 HIKING Fran Cyapiewski leads a 2 day hike (NOT backpacking) in the Jenkins Bridge area SUN 15 of Cheat Canyon. Bring 2 lunches, camping gear, good hiking boats and about \$5.25. Call Fran at 661-9543.
- SUN 15 HIKING Hike led by John Rich(881-3974) to "Lord knows where." Leaves HQ at 8:30 a.m.
- MON 16 CYCLING An easy 8 mile cycle trip in the City. Leave 6:30. Call Dave Pattison 242-9224
- TUE 17 MEETING & CYCLING Bicycle Club Meeting and ride starting at 6:30 -- see Mike Hurwitz.
- THU 19 CYCLING Cycle in City Parks leaving 6:30. Call Norm Gallagher (563-3426).
- SAT 21 CYCLING First "25 in 3" cycle test. This test must be accomplished to go on rides of over 25 miles. Call Bob Omlor(264-4485).Cost \$1 plus rental. Leaves Hostel 8 a.m.
- SAT 21 CANOEING Lower Yough. Roger Warren(241-3026 evenings) takes the closed bost crowd and the rafts out with lunches, change of clothes & \$5; 8:30 a.m.
- SAT 21 HIKING Judy Miller (481-1552) leads a bike to Laurel Hill State Park. Leave Hostel at 8:30 a.m. with lunch.
- SUN 22 CANOEING Joint Middle Yough trip, Confluence to Ohiopyle with Sylvan & Fox Chapel Club

- SUN 22 CYCLING 32 hours of easy cycling in the South Hills near Canonsburg Lake on a new route. Bring lunch, Load cycles at 10 a.m. at Hostel, Cost-\$1.30. Call Allen Sher at 421-4429.
- MON 23 CYCLING Cycle trip leaving Hostel at 6:30 and cost at 10¢ plus rental. Call Dave Pattison at 242-9224.
- THU 26 CYCLING Cycle before Open House. Leave Hostel at 6:30 cost 10¢ plus rental. Sue Simler (241-0673) will lead.
- SAT 28 CANCEING Easy canceing for beginners with Norm Gallagher (563-3426) on some pleasant flat, moving water, with Norm promising fair weather for the sun tan crowd. Bring lunch, Sea & Ski and about \$3.50; 8:30 a.m.
- SAT 28 HIKING Fran Cyapiewski (661-9543) is hiking in the vicinity of Cheat River Gorge.

  Leave HQ at 8 a.m. Experienced hikers.
- SAT 28 CYCLING An interesting intermediate bicycle trip in the beautiful Blue Knob State Park area. Bring lunch. Leaves Hostel promptly at 8 a.m. Cost \$3.60 plus renta. Must reserve ahead with John Rich (462-5000 X7316).
- SAT 28 BACKPACKING John Henry(256-3761) is leading a backpacking trip to the Seneca Rocks SUN 29 area leaving the Hostel Friday night. Open to 10 experienced people.
- SUN 29 CYCLING An early morning cycle trip in the North Hills about 25 easy miles cost is 40¢ plus rental no lunch needed since trip will leave Hostel promptly at 7:00 a.m. Call Dave Pattison at 242-9224.
- SUN 29 HIKING Hike on Laurel Ridge with Bill Williams (441-5366). Leaves Hostel at 8:30 a.m Bring lunch, hiking boats and \$2.00.
- MON 30 CYCLING Cycling trip leaving Hostel promptly at 6:30 costing 10¢ plus rental.

  Call Dave Pattison at 242-9224.

For all Climbing & Caving Trip information contact Bob Strong at 327-6267

I M P O R T A N T - DEADLINE FOR JULY TRIPS & TRAILS IS JUNE 11 - WEDNESDAY

If you have trip suggestions or would like to lead a trip, contact the following:

for hiking--Doug Ettinger 523-5883

for canoeing--Don Hamilton 327-3511 or 242-7400 X383

for climbing & caving--Bob Strong 327-6267

for cycling--Dave Pattison 242-9224 or Mike Hurwitz 731-1083

Also, Sue Simler (241-0673) or Ann Fisher(521-8992) would be interested in hearing of any interesting accounts of past trips

The GOLDEN TRIANGLE is published by the Pittsburgh Council of the American Youth Hostel, Inc. located at 6300 Fifth Avenue, Pgh., Pa.15232—Phone-362-8181 Thurs. Evenings
Editor-Sue Simler 241-0673
Production Editor-Terry Sickler Contributors-Don Hamilton, Ann Fisher, Mike Hurwitz, Diana Sepich TRIANGLE subscription without membership is \$2. Advertising rates available upon request. Want ads taken in publications nook at Hostel.

CYCLING	A	Alle give a	JI		E	golden triangle
28	24	25	26	27	28	29
	soldies has	minute Di	HOUSE	ra yesteri s		SENECA
CYCLING	and the state of	(0)8	CYCLING OPEN HOUSE	dolff mict is	CANOEING HIKING CYCLING	CYCLING HIKING
16	17	18	19	20	21	22
CYCLING	CYCLING & CYCLE CLUB MEETING	princes with	CYCLING OPEN HOUSE	( page - pla) led potentina	CYCLING CANOEING HIKING	CYCLING CANOMING LIMITED
9	10	11	12	13	14	16
CACTING	er toses-se	TRIANGLE ARTICLES DUE!!!!	CYCLING OPEN HOUSE	pen House. I tead. for bestime		G ALLEG NATL HIKING CANOEING
CYCLING M O N	T U E	W E D	CYCLING TOPEN H HOUSE U	F R I	CYCLING CANOEING S BACKPACKING A T	CANOE SCHOOL CYCLING

Litetony and the america of the city out toward arrelated and arrelated with Pittsburgh Council AMERICAN YOUTH HOSTELS, INC. 6300 Fifth Avenue Pittsburgh, Pa. 15232

Non-Profit Organization U.S. Postage PAID Pittsburgh, Pa.15232 Permit #127 Return Requested

RF+9 FISHER, HENRY 5473 KIPLING STREET FITTSBURGH, PA. 15217