

AYH Golden Triangle



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FOR THE
GREAT RIDE?!

MORE DETAILS INSIDE!



JUNE 1988 VOLUME 39 NUMBER 6

AMERICAN YOUTH HOSTELS INC.

PITTSBURGH COUNCIL

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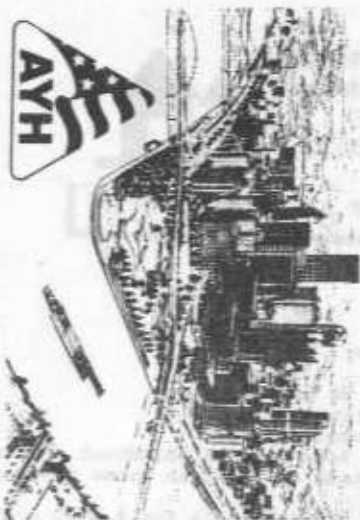
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VISITORS BUREAU, INC.



AMERICAN YOUTH HOSTELS
Pittsburgh Council
6300 Fifth Avenue
Pittsburgh, PA 15232
Phone (412) 362-8181



Pittsburgh Council of American Youth Hostels is a non-profit, volunteer organization dedicated to hostelling, outdoor education and self-powered recreation. We have many activities. The council has some rental equipment available for use on council trips. A full range of skill levels are offered, and we also offer courses in our activities so that everyone may upgrade their skills. Pittsburgh Council AYH maintains about 200 miles of trail in western Pennsylvania, writes and publishes several guides for people interested in outdoor activities and maintains the Chiopyle State Park Youth Hostel.

Our headquarters is located near the corner of Fifth and Shady Avenues in Mellon Park. We are nestled between the Pittsburgh Center for the Arts and the Pittsburgh Civic Garden Center. Meetings are held every Thursday evening. The building opens at about 8 pm and the program starts around 8:15. Weekly trip announcements are made immediately following the program. Thursday evenings are the only time when you can be sure that a real person will answer the phone. A machine will answer at all other times; leave your name and address and you will receive a response to your message.

Pittsburgh Council AYH trips are listed in the center of this issue. AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity notes, where you may find more information. After you have read over everything call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring; ask where you'll be going. How late will you get back? What is all this going to cost you? AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental and any other expenses (we often stop at a restaurant on the way home).

Trips listed are open to the public; AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee. IN ADDITION, non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee also covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).



AMERICAN YOUTH HOSTELS INC.
PITTSBURGH COUNCIL
6300 FIFTH AVE.
PITTSBURGH, PA. 15232



OFFICIAL MEMBERSHIP APPLICATION

Amount and Membership Types Available:

- \$ 10.00 Youth (17 years and under).
 - \$ 20.00 Adult (18 years to 54).
 - \$ 10.00 Senior Citizen (55 years and over).
 - \$ 30.00 2 Yr. Adult (18 years to 54).
 - \$ 30.00 Family (Includes children under 18 years).
 - \$200.00 Life (Individual lifetime membership).
 - \$ 18.00 Foreign Nationals (Including Canadians).
 - \$ 1.00 Postage (for each Membership or International Handbook ordered)
- (You can save postage by purchasing these items at our Open House Meetings)

NOTE: International Hostel Handbooks are available for \$ 8.00 each at Pittsburgh Council Headquarters (Thursday nights 8-10 PM) Volume I (Europe and the Mediterranean) and Volume II (Africa, America, Asia and Australia). Make all checks payable to "Pittsburgh AYH"

NAME: _____ (Last) _____ (First) _____ (Middle)

STREET: _____ (Permanent Address Only)

CITY: _____ State _____ Zip Code _____

BIRTHDATE: Month _____ Day _____ Year _____ Phone # _____

Were you a member of AYH this past year? ☐ Yes ☐ No

When do you need card? _____ (Signature of Applicant)

If you wish Membership Card sent to a temporary address, give same below:

CARE OF: _____ STREET _____

CITY: _____ STATE _____ ZIP CODE _____

AYH MEMBERSHIP BENEFITS:

International Hostel Membership Card plus Council I.D. Card good for discounts at local bike shops and outfitters.

U.S.A. Hostel Handbook.

"The Knapsack", National A.Y.H. Travel Newsletter.

"The Golden Triangle", Pittsburgh Council's Newsletter of Trips and Activities.

Open House Thursday nights 8:00 p.m. at Council Headquarters.

Access to National travel programs and Leadership Training Courses.

(NOTE: Memberships valid from Sept. 1 to Dec. 31 of the following year.)

ACTIVITY NOTES continued

VOLLEYBALL

Only two more Tuesdays at Allerdice! 6/7 and 6/14. After that we will be in Mellon Park in front of the Pgh. Garden Center. As usual we play from 6 to 9 pm.

THE GOLDEN TRIANGLE

The Golden Triangle is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

CO-EDITORS Joy Layton, 421-3975

Veronica Riegel 681-6569

PRODUCTION Don Hoecker

MAILING Marta Hurwitz, Roy Weil

ADVERTISING Sandi Dimatteo

Deadlines for the July Issue:

June 2 all submissions

June 23 Production

OUR CONDOLENCES...

...to the family of Alan Barber, formerly of Pittsburgh AYH. Alan served for many years as cross-country ski chairman for Pittsburgh Council. In recent years, Alan, his wife Mary, and their children had been living in Oregon. Those wishing to send their condolences to the family should write to 18611 Couch Market Road, Bend, OR 97701.



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THURSDAY EVENING PROGRAMS FOR JUNE

June 2 -- Biking in Michigan with Joel Hough.

June 9 -- Hiking in the San Francisco Bay Area with Carol Sardinha.

June 16-- Special Show by Scott Ridgeway, Professional Photographer, "Scenes of the Appalachian Range and Other Natural Sites"

June 23-- Travel to a special place via tonight's color film. Location will be announced at the previous meeting.

June 29-- "Haranbee, Wwayo Juu" (Citizens working together in Kenya) by Paul Gigliotti.

If you are interested in presenting a Thursday evening program, call Bob Goff at 761-2837.

THE PRESIDENT'S CORNER

We were all saddened to learn of the death of Bob Johnson, National AYH's Executive Director. Bob died at his home on April 29th after a long struggle with cancer. Bob was an inspirational leader and endeared member of the AYH family. Bob's professional dedication to AYH was grounded in his own personal love and involvement in hosting. In his over ten years of service to AYH, Bob guided the organization out of troubled times to new heights of success. We will all miss him. The Activities Board, acting on behalf of Pittsburgh Council, has made a donation in his memory to the AYH Hostel Development Fund.

AYH AT THE CARNEGIE MUSEUM OF NATURAL HISTORY

The Museum of Natural History at The Carnegie is opening their new Benedum Hall of Geology with a special preview the weekend of June 11th and 12th. The weekend's events will include "Adventures ON Pennsylvanias Geology", with AYH and other outdoor activities organizations providing information on our programs. We will be there from 11 am to 3 pm on Saturday and 1 pm to 3 pm on Sunday. This should be a great opportunity to see what's new at the Museum, including a simulated tour of the geology underlying the city of Pittsburgh. We'll provide the brochures and displays if you can provide a few hours to talk about AYH and what we do. Also, if you can attend on Saturday to represent AYH, you'll be treated to lunch as the museum's guest. For information, call Larry Laurie at 665-9554 or Marianne Kasica at 921-5272. P.S. If you'll be at the Great Ride on Sunday, you might want to stop in to see the new Benedum Hall while you're in Oakland.

THANKS AND A TIP OF THE HAT TO...

Blanche Asherman for cleaning up headquarters and to Blanche and Jack for doing maintenance work on the Baker Trail and some of the shelters on the trail.

Bill Johnston for organizing the Flea Market at our annual May meeting at the Garden Center and to Carla Steele for organizing the refreshments.

THE OLYMPIC THREE PARK

FUN-D RIDE

A 17 Mile bicycle ride through
Schenley, Frick and Highland Parks

also

A day of FUN and ENTERTAINMENT

- *Meet the Olympic Athletes
- *Live Band
- *Y-97's Jimmy & Steve
- *Steeler Gary Anderson
- *The Pirate Parrot
- *Free Refreshments
- *BMX demonstration

SUNDAY, JULY 10th

12 noon at the Schenley Oval

Registration is a tax-deductible donation of \$15.00
(\$20.00 on the day of the ride)

Free T-shirt and prizes for sponsorship.

See the enclosed flyer or contact Marianne Kasica at 921-5272.

Volunteers are needed for:

- *Registration
- *Ride Marshals
- *Refreshment Tables
- *AYH Table

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West View 931-6711

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OF

WARRENDALE-SCHWINN

located at the corner of
Rt. 19 and the red belt

ACTIVITY NOTES continued

FAMILIES GROUP

The Family Activity Group organizes outdoor activities designed for young children and their families. Walks and camping trips are designed to be enjoyed by the children. As the children get older they can participate in longer walks and more strenuous activities. Any non-family person is welcome to attend as long as he/she can enjoy the chaos that comes when children play and live together.

KAYAKING

AYH beginning kayaking schools are held once a month, June through September, each summer. These schools provide an introduction to the exciting sport of white water kayaking. They are open to complete beginners (those who have never been in a kayak before) and to those who have never kayaked on white water before. The schools last an entire weekend and include an overnight stay at a youth hostel. The first day of the school is spent learning the basic skills of kayak paddling on a nice, calm lake. The second is spent developing those skills on a very easy (Class I-II) white water river. The tentative dates for the 1988 beginner schools are: June 4-5, July 9-10, August 13-14, and September 10-11. Space is very limited and preference will be given to AYH members, so sign up early. Call Lou Conley at 681-8321 for further information.

PADDLING EQUIPMENT FOR SALE The AYH kayaking program is currently selling some used equipment. Remaining for sale are three Norse kayak paddles, several kayak split flotation bags, and several nylon spray skirts. The prices for these items will be based on their condition. Call Lou Conley at 681-8321 for more details.

RAPTING

Volunteers are needed to lead trips for the months of July and August. Anyone interested can contact Linda at 531-1868 or Cindy at 561-7631.

What to wear for Spring whitewater — prepare for the weather and be prepared to get wet! A wet suit or layers of wool clothing are essential. Do not wear cotton clothing! Wool has the ability to keep you warm even when it's wet, and it's wicking ability causes it to dry from the inside out. In cold weather, if you don't have wool, contact the trip leader.

If the weather is cool, you can layer wool for your upper torso, but may not have wool knickers or trousers, you will be warmer with an acrylic swimsuit and no slacks than if you would wear jeans; as jeans would tend to retain any moisture once they got wet.

Suggested attire: Cool weather - beat up sneakers, wool hat, poncho windbreaker, bandana, glasses strap, gloves, wool sweater, 2 pr. socks, complete change of clothes to put on after the trip. Don't forget to bring your lunch and ice cream money.

BICYCLING

WHAT TO BRING ON A BIKE TRIP: Bring a spare tube and a patch kit and an emergency 25¢ for a telephone call. You should have at least one water bottle and a frame mounted tire pump. Bring a rain jacket and rain pants in case the weather is wet or cold. Also good ideas to bring along: folding spare tire, freewheel remover and spare spokes, plastic tire levers and tools (screwdriver, 5 mm and 6mm hex wrenches, and 6 inch adjustable wrench).

A bicycle helmet is mandatory on all AVH rides. We strongly urge you to use one for all your cycling; however, rentals are available for AVH trips. Cycling gloves (available from the council store and bike shops) are good to wear if you like your hands. Sunglasses or other eye protection is recommended.

EVENING CYCLES

6/2/88	Thurs	6:30	Judy Marosky	242-1573
6/7/88	Tues	C Jeff Weiss	661-2507	
6/9/88	Thurs	6:30	Chuck Ejzak	446-6196
6/14/88	Tues	6:30	Mark Mistrik	647-7609w
6/16/88	Thurs	6:30	Judy Marosky	242-1573
6/21/88	Tues	6:30	Bike Maintenance Clinic	
6/23/88	Thurs	6:30	Terry Gossard	321-2382
6/28/88	Tues	6:30	Mark Mistrick	647-7609w
6/30/88	Thurs	6:30	Cheryl Arnold	242-0781

Also, every Tuesday at RIDC Park West, call Karen Hershey to reserve at 787-3001 (work).

MON VALLEY CENTURY:

This year's Mon Valley Century will be held on Sunday, August 28. As usual, 35, 65, and 100 mile rides are offered. A T-shirt design contest will be announced in the July Triangle along with the application forms.

CANOEING

Bring non-cotton clothing, hat, water bottle, glasses strap, rain jacket, tennis, dry clothes in a separate bag, and knee pads. Trips normally meet at HQ at 8:00 am. Call the trip leader in advance to reserve space on a trip.

CLIMBING

Beginner trips are open to everyone. No previous rock climbing experience is necessary. Bring a bag lunch, water, tennis shoes, and leather gloves if you have them. Trips leave HQ at 7 am and usually return around 9 pm (we stop for dinner on the way home). Call Garry Simmons, 327-8338 or Eric Bauer, 687-0766 for more info.

What is the Great Ride? The Great Ride is nothing less than the largest cycling event in Western Pennsylvania! It's a fun day of family recreation and entertainment consisting of six separate rides ranging from a 7 mile police escorted family ride to a full day metric century.

When is the Great Ride? Sunday, June 12th, starting at 8:30 am, with the 50 mile and 62 mile rides. Other rides leave later; check the entry form.

Where is the Great Ride? All rides leave from and return to the Schenley Oval in Schenley Park in Oakland.

What else is happening? Hot air balloon rides, a concert by Super Sport, a BMX exhibition, and remote broadcasts by B-94! Bring your own picnic lunch or buy lunch at the Oval.

Want to ride? Fill out the Official Entry Form in this newsletter and mail it with \$5 today! If the Entry Form is missing, call 828-5598 and ask for one, OR register at Schenley Park on the day of the ride for \$7. This includes the Great Ride T-shirt.

Want to volunteer? Ride Marshals and Volunteers for the rest stops and at Schenley Oval are still needed. Check the May Golden Triangle newsletter for details or call Larry Laude at 665-9554. Remember -- AVH Ride Marshals receive free registrations and all Volunteers receive a free Great Ride T-shirt.

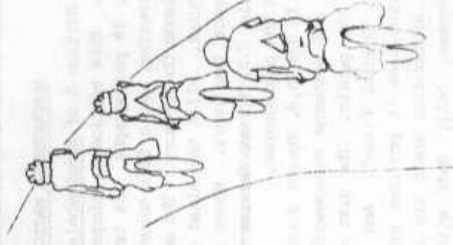
EVENT 1 -- 8:30 am 50 mile ride to Harrison Hills Park and back with an optional 12 mile loop through the South Side for those who want a 100 kilometer metric century.

EVENT 2 -- 10:00 am 25 mile ride throughout Pittsburgh, including Highland Park, Downtown, South Side and Oakland.

EVENT 3 -- 10:45 am 15 mile ride through Pittsburgh's East End

EVENT 4 -- 7 mile police escorted family ride through ShadySide and Oakland. City police will provide traffic control at all major intersections

5 continued on the next page



The Great Ride continued

EVENT 5 — 1:30 pm 5 mile all terrain trail ride through Shenley Park; limited to wide tire bikes.

EVENT 6 — 1:30 pm Improved Big Wheels Obstacle Course for Ages 4 to 10.

MONONGAHELA NATIONAL FOREST HIKING GUIDE NOW OUT

Edition 5 of Monongahela National Forest Hiking Guide is now available. This edition is bigger and better than ever, with 320 pages, 60 maps, 39 photographs, 164 trails totalling 780 miles, a new section on ski-touring, and a full-color cover. The publisher is the West Virginia Highlands Conservancy. The authors are Allen de Hart and Bruce Sundquist. Allen has hiked all the trails of the Monongahela N.F. over the past few years. Bruce edited Editions 1-4. The hiking community and the U.S. Forest Service provided the authors with lots of trail reports and photographs.

In the U.S. Forest Service's planning process that led to the 1986 Land and Resource Management Plan, over 35,000 comments were received from the public. The gist of these comments was that the Monongahela is a "Special Place". And indeed it is. The hiking and backpacking opportunities it provides are among the best in the eastern U.S. The more outstanding areas are becoming known far and wide -- Other Creek Wilderness, Dolly Sods Wilderness, Flatrock Plains, Roaring Plains, Blackwater Canyon, Spruce Knob, North Fork Mountain, Shaver's Mountain, Laurel Fork Wilderness, Cranberry Back Country, Cranberry Wilderness, among others.

Profits from the sale of these guides support a wide variety of worthy environmental projects in the West Virginia Highlands Conservancy.

To order your copy of Monongahela National Forest Hiking Guide, send \$9.95 + \$1.25 postage (book rate) + \$0.60 Pa. sales tax (if applicable) to AVH, 6300 Fifth Avenue, Pittsburgh, PA 15232. Wholesale orders (10 or more guides) receive 1/3 off retail price and no postage is charged.

PA PARKS HISTORY AVAILABLE

History of Pennsylvania's State Parks is a 110 page book containing a wealth of information about the evolution and present status of the third largest state park system in the U.S. Written by Bill Forrey, the current Director of the Bureau of State Parks, the book is abundantly illustrated with photographs and maps. It is available without charge from the Commonwealth of Pennsylvania, Department of Environmental Resources Management, Bureau of State Parks, Harrisburg, PA 17120.



AMERICAN YOUTH HOSTELS, INC.
Pittsburgh Council
6300 Fifth Ave.
Pittsburgh, PA 15232



ACTIVITIES MEMBERSHIP APPLICATION

Membership Types Available (does not provide access to AYH hotels)

- ☐ \$ 5.00 Youth (17 years and under)
- ☐ \$ 5.00 Senior Citizens (55 years and over)
- ☐ \$ 10.00 Adult (18 years to 54)
- ☐ \$ 15.00 Family (includes children under 18 years)
- ☐ \$ 1.00 Postage and Handling (for each membership ordered)

Note: A full AYH membership or a hotel guest membership is required for access to AYH and international hotels. An AYH membership also includes the current U.S. Issued Handbook.

Make all checks payable to "Pittsburgh AYH" (include \$1.00 postage). Thank you!

NAME: _____ (Last) _____ (First) _____ (Middle)

STREET: _____

CITY: _____ STATE: _____ ZIP: _____

BIRTHDATE: Month _____ Day _____ Year _____ PHONE: _____

Where you will be at AYH (for next year)? Yes _____ No _____

SIGNATURE: _____

Pittsburgh AYH Activities Membership Benefits

Council Membership Card good for discounts at local bike shops and outdoors. Ability to upgrade to full hostel membership at any time for a difference in fee. Access to local Pittsburgh AYH trips without paying non-member fee. The Regional National AYH Travel Newsletter available at council headquarters. Ability to qualify to lead Pittsburgh Council trips. The Golden T-shirt: Pittsburgh's monthly newsletter of trips and activities. Open House: Thursday nights 6:00 p.m. at Council Headquarters. Access to National travel programs and Leadership Training Courses.

(Note: Memberships valid from Sept. 1st to Dec. 31st of the following year. All candidates for the Pittsburgh Council Activities Board or Board of Directors must hold full AYH membership to qualify for these positions.)

You've got a friend
in Pennsylvania

FRI - SUN, JUNE 24-26, 1988

"One of the premier tours in the Northeast - hands down." The Tour Of Scenic Rural Vermont is back again for its 17th year. This popular trip begins at Rawsonville, Vermont, and follows Route 100 north to Waterbury Center. This ride of over 100 miles each way includes climbs over three mountains and is for experienced cyclists only. You will agree that the "scenic" part of the name is most appropriate as you pedal past quiet lakes, bubbling brooks, mountain vistas, pastoral farmlands and through Granville Notch with its view of Moss Glenn Falls.

The cost for this weekend is \$35.00, which includes rustic accommodations Friday night, Saturday night accommodations in Waterbury Center, dinner Saturday and breakfast Sunday, as well as emergency sag wagon.

Participation is limited to 80 people, so register early by sending payment to: TOSRV-East, c/o Albert Lester, 395 Oak St., Westwood, MA 02090 (make checks payable to Albert Lester). Detailed information will be mailed after June 5.

For further information about the trip, contact Jack Rudowski at (617) 361-5273 or Al Lester at (617) 769-1429 (both evenings),

PICNIC!

PICNIC!

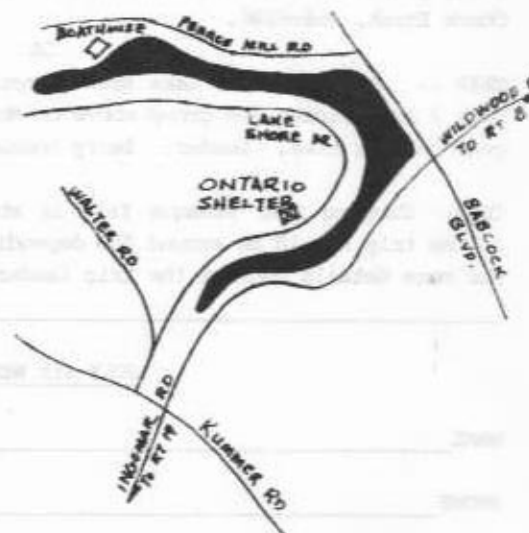
PICNIC!

JUNE 26 at 1:00 PM

ONTARIO SHELTER at NORTH PARK

Join us for a great day in the sun at North Park near the Activities available include: sea-kayaking, cycling (rentals available at the park), walking around the lake, swimming in the pool (admission charged), play volleyball and other games, soak up some sun or sit under the trees.

Bring your own picnic lunch (or share a basket with some friends). Grills and charcoal will be provided. Charge is 50¢. For more information and if you would be interested in carpooling, call Linda Smit at 531-1868 or Carla Steele at 921-2069.



NOT TOO LATE!!!!!!

...to sign up for a WORLD ADVENTURE trip! 60 trips to choose from around the U.S. or around the world. Catalogs are available at AYH headquarters, or send four first class postage stamps and we'll send you a Questions??? Call Bill Johnston at 243-1945.

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EXKURSION



JULY 4th WEEKEND



TRIP A: Car camping near Presque Isle State Park in Erie, PA with bike rides, sea kayaking, the beaches, other tourist attractions. Leader: Lynn Ejzak, 466-6196.

OR

TRIP B: 150 to 200 mile bike ride from Pittsburgh on Saturday, July 2 and join the trip above. Gear is sagged up on Friday by car. Leader: Chuck Ejzak, 466-6196.

OR

TRIP C: Pittsburgh to Lake Erie bicycle camping trip leaving Saturday, July 2 and joining the group above on Monday, July 4. Carry your camping gear on your bike. Leader: Terry Gossard, 321-2382.

NOTE: Camping near Presque Isle is about \$10/night per tent, the rest of the trip should be around \$50 depending on how much you eat out. For more details contact the trip leaders.

JULY 4th WEEKEND

NAME _____

PHONE _____

TRIP (circle): A B C

Return this form with a \$5 deposit made out to Pittsburgh AYH to Chuck Ejzak, 6858 Wilson St., West Mifflin, PA 15122. Deadline is 6/23/88.



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In Shadyside

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of cycling clothes, shoes, and accessories

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Foot.
In Shadyside

5. Aiken near Walnut
Shadyside
Pittsburgh, Pa 15232
621-2997

WHAT IS A HOME HOSTEL?

(This article is reprinted with permission from the Columbus, Ohio council's newsletter)

Bicyclists ride TOSRV for many reasons, a few of which are: to see the crowd, to see all the different bicycles, and to meet a lot of very nice people.

By being an AYH Home Hostel, we get "TOSRV Pleasure" all year long. Bicyclists come to our home from March through October on all kinds of bicycles loaded with all kinds of gear. And they are all very interesting people. During the last eleven years we have welcomed approximately 300 hostellers. Our children have grown up meeting people from around the world. They have seen every kind of bicycle and gear. (Joe insists that we throw out our panniers and buy aerodynamic panniers now that he has seen those panniers!) It has been a very worthwhile experience.

As a home hostel, we reserve the right to turn down hostellers. It is our home first and our family comes first. We have never turned away a bicyclist at the door, but we have turned away people in cars. We require advance notice because our hostel room is also the children's playroom. Most hostellers call a day or two in advance but some bike riders call an hour or two ahead. I really don't mind that. It is really just too startling to have someone just show up. Some hostellers write in advance. I really prefer the phone call, but it is all right to write; but it is risky. We have returned from two week vacations to find letters from hostellers hoping to stay with us during the time we were away.

So who stays at a home hostel and why do we enjoy it? The very lightest traveler on a bicycle rode from Washington, PA to Zanesville carrying a water bottle, a tire patch kit, and a cycle to give us as a thank you gift. He had no other gear! He rode farther in one day than anyone else who has stayed at the hostel. The absolute heaviest traveler on a bicycle was Steve Roberts on his computer-heavy recumbent. We enjoy meeting the bikers who are riding across the United States. Many mail us a postcard when they finish their trip. In 1983, Dick Seebode helped Masaki Nakans get a last minute TOSRV number so he could ride TOSRV. He came to Zanesville on Monday. He spoke little English and was fascinating. Since he was Japanese, I called a Japanese friend of mine, Shasi Lacy. She drove down from Dresden (where we used to live and where we started our home hostel endeavor) and picked him up and gave him a three day tour of Ohio by car. She also cooked "proper food" for him. He wrote us a nice letter when he returned home and enclosed an article about his tour of the United States (in Japanese, of course). Shasi entertains all of our Japanese hostellers. She loves it and they do to! I have enjoyed trying to talk with them and watch them cook their seaweed, rice and strong tea.

Meeting hostellers in a home atmosphere lets us learn both ways.

continued on the next page.

PITTSBURGH COUNCIL AYH

ACTIVITY CHAIRPERSONS

BACKPACKING	Ben Brumann	736-2751
BICYCLING	Chuck Buzak	466-6196
CANOEING	Judy Menosky	242-1573
CANOEING	Rick Tomlinson	463-8910
CANOEING	Bill Whitehead	463-0365
CANOEING	Paul Herre	653-7934
CANOEING	John Popp	445-2126
CANOEING	Gary Simmons	327-8338
CANOEING	Eric Bauer	687-0760
CANOEING	Rick Ulaby	422-0849
CANOEING	Fred Parker	856-4713
CANOEING	Clayton Rupert	561-7611
CANOEING	Linda Smithman	531-1868
CANOEING	Jack Peth	921-7214
CANOEING	Veronica Ringel	681-6569
CANOEING	Tom Conley	681-8321
CANOEING	Ray Yuley	441-5682
CANOEING	Ted Self	735-6286
CANOEING	Cathy Lynch	461-3707
CANOEING	Joel Plitt	521-5244
CANOEING	Mel Hen	731-4874
CANOEING	Barbara Hannus	441-7205
CANOEING	Larry Lande	665-3954

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Bakers Bicycle Center, Inc.

3801 W. Liberty Avenue
Pittsburgh, PA 15216
242-4330
1-800-368-8888



8270 Liberty Road
Brentwood, PA 15116
856-2440
1-800-368-8888

Hostelers are always fascinated by our child-back tandem bicycles and trailers. The hostelers who bicycle from east to west and who have ridden over Pennsylvania are often discouraged and ready to quit and forget this foolishness! We tell them they only have one more day before it gets very easy. This really helps. Jim Organ worked his way across the Atlantic on a ship. He had planned to ride across the U.S. and then work his way to Hawaii on a ship so he could compete in the Ironman Triathlon. He was sixty plus years old, from Ireland, and very worn out from the Pennsylvania mountains. We encouraged him and he did just fine.

One spin off benefit of being home hostel houseparents is the extra kindness and friendliness of houseparents at the hostels we have stayed at. Oftentimes these have given us free lodging at the hostels and spent a lot of time talking with us. We have enjoyed writing back and forth too. I enjoy seeing the hostel pass "stamps" from hostels all over the world. I send a "hello" to the next houseparent via our hostelers. It does feel neighborly in this huge country.

Why did I write this article? I encourage you to think about becoming a home hostel. Perhaps you live in Wheeling or Cambridge or London or Newark or Lancaster (or Pittsburgh) or any area that a bike rider loves to cycle through. So many of the hostelers we see will not bicycle into Columbus to stay at the hostel there. They go south to Chillicothe to avoid city traffic. That's a very long day! It is very easy to become a home hostel by contacting your local AYH council. The hostel representative will come to visit. You can work on the paper work and get answers to all your questions. Then you too can enjoy all the nice people traveling across America.

Remember, you can always say, "Sorry, not tonight". And more often, you will really enjoy your guest. All you have to furnish is a bed, bath and your kitchen. The hosteler brings a sheet sack, towel, food and personal gear.

You can always call us (614)454-2637 or write: Cindy and Steve Buck 1024 Culbertson Avenue, Zanesville, Ohio 43701 for more information.

Happy Hostelling!

Cindy Buck, Buck Family Home Hostel, Zanesville, Ohio



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MOUNTAIN BIKE RENTAL DISCOUNTS

Three areas along the Laurel Ridge will be giving AYH members who have their cards with them 25% discounts on their mountain bike rental rates.

At the north end of Laurel Ridge at Laurel Mountain will be Shady-side Ski Shop (412)238-4842. They will be renting from their new building at the cross-country ski parking lot.

Hidden Valley, off Route 31, 8 miles east of Donegal, (814)443-6454.

And at the South end at Riversport in Confluence (814)395-5744. The bike path from Ohiopyle along the Youghiogheny ends in Confluence. Call the shops for more info.

AYH PYMATUNING WEEKEND

AUGUST 12-14

Basic Sailing Class

or

Bicycle and/or Sea-Kayak

at the

American Red Cross Small Craft Base on Pymatuning Lake

Group dinner and breakfasts

Details next month. Reserve early.

AYH MEMBER CLASSIFIED

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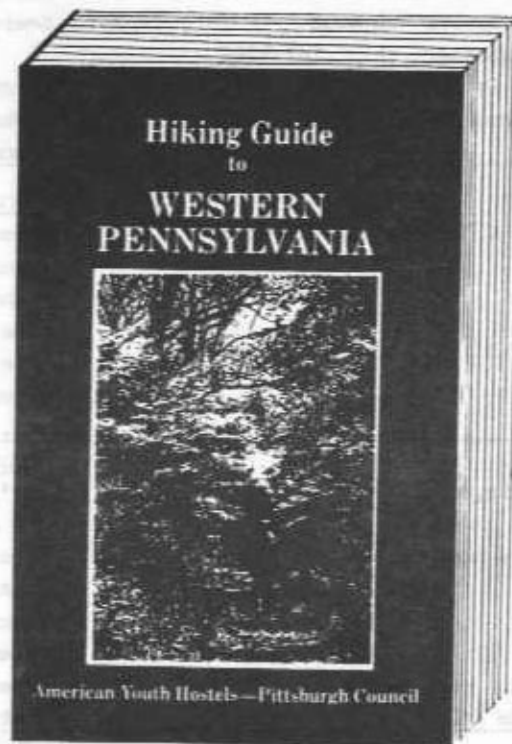
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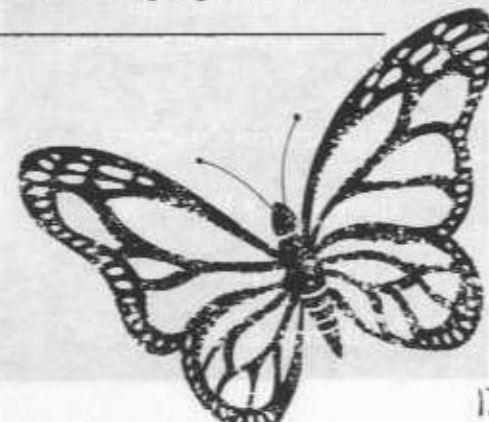
HIKING GUIDE TO WESTERN PENNSYLVANIA

AYH TRIPS FOR JUNE PAGE 3

ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
<u>Saturday, June 25 continued</u>					
Canoe	WW2 School	Gordon Bugby	371-4233		
Climb	Seneca prep	Chairmen	see list		Seneca Rocks prep trip. Sat/Sun at High Rocks.
Hike	Inter	Jack Peth	921-7214	9:00	Get lost one more time with Jack at Raccoon Creek State Park.
<u>Sunday, June 26</u>					
Bike	B	Judy Menosky	242-1573	3:00	Allegheny River Blvd., 35 miles. Join Judy on a slightly quicker-paced afternoon ride. The late start leaves plenty of time for sleeping in on Sunday.
Bike	B	John Gayler	766-6238	9:30	Sewickley, 30-50 miles
Canoe	Class I/II	Don Hoecker	243-8298		
Hike	Easy/Int	Jack Peth	921-7214	8:00	No stroll through Bear Run. We can go all ways.
Climb	Gunks trip	Chairmen	see list		Gunks Trip I, 6/26 to 7/4. A casually planned trip for experienced leaders and seconds. We'll help you find a partner and/or ride if you need one.
<u>Friday, July 1</u>					
Bike	All	Lynn & Chuck Ejzak	466-6196		Presque Isle, 0-200 miles. A trip for just about anyone. One group drive up to Presque Isle on Friday to secure a campsite for the weekend. Another will leave Sat. morning for a challenging 150 mile ride to Presque Isle from Pittsburgh (and add a 50 mile optional spur to get the total to 200). At Presque Isle, there are early morning bike rides on the peninsula, later morning rides elsewhere, sea-kayaking and just general goofing off (e.g. sunbathing, swimming, sand castles, bathing suit evaluations, etc.). You don't even have to bicycle! Reserve by 6/23
<u>Saturday, July 2</u>					
Backpack	Int	Joy Layton	421-3975	8:00	Joy's annual July 4th trip to Quehanna Trail in Northcentral PA. Lots of blueberries and great wildlife. Experienced backpackers only, please!
Bike	B	Terry Gossard	321-2382		P to L E, 150 total miles. Bicycle camping trip from Pittsburgh to Presque Isle. Join Terry on the first P to L E ride offered in this decade. Check with Terry on the precise starting location. Ride about 60 miles/day carrying all camping gear. Join other group on Monday at Presque Isle for return trip. Call Terry for details. Reserve by 6/23.
Hike	Easy	Linda Smithyman	531-1868	8:30	Destination to be announced.
<u>Friday, July 8</u>					
Sea-Kayak	All	Ted Self	795-6286	6:00 pm	Meet at HQ for weekend sea-kayak camping trip on the Allegheny Reservoir. Return Sunday evening.

AT YOUR SERVICE...

Special thanks on behalf of WQED for the great job we did on March 23 for their semi-annual pledge drive. We helped raise 175 pledges totalling \$13,166 that evening. Thanks to these dedicated AYHers, it was all possible: Fred Mauk, Joe Hoechner, Steve Poprocky, Linda Smithyman, Kathy Pacacha, Eric Bauer, Bill Johnston, Janet Supowitz, Betty Grubich, Susan Karas, John Sayer, Fred and Chris Parker, and Glenn Freund.



ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
<u>Sunday, June 12 continued</u>					
Cance	WWI School	Oscar Mayers	422-8216		
Bike	All	Pete Strini	683-3611h 788-7759w	8:00	Maintenance hike on the Baker Trail. No fees. Let's all help out!
<u>Saturday, June 18</u>					
Backpack	Novice	Jack Peth	921-7214	9:00	First time backpackers only -- hiking experience is required. Call Jack before Thursday, June 9 so we can meet and talk over our plans for food, tents and clothing. Limited to 5 or 6 people.
Bike	All				0-109 miles. WAG 88 (The Western Pennsylvania "Wheelmen's Annual Gathering") at Slippery Rock University. The deadline for the full package is JUNE 1, but if you do not partake of the meal package, you may show up Saturday or Sunday morning (about 7a at Funder's Hall. Camping is available for a very low cost nearby, so you can still join in on all the fun. Applications are available at HQ. Call Chuck for more detail at 466-6196.
Bike	D	Pat Rossi 335-5067		8:30HQ 9:30 at Arby's	Allegheny River, 12 miles. A scenic ride on a secluded road along the Allegheny. Mountain bikes or other upright bikes are also welcome. (Please make sure that your bike is in good working order first.) Call Pat to reserve and find out where Arby's is. Canada trip for experienced Class IV paddlers only. 6/18 to 7/4/88.
Cano	Canada trip	Don Bowman	697-4386		
Cano	Class I/II	Bob Rhode	243-3714		
Hike	Inter	Glenn Oster	364-2864h 234-3967w	6:00am	Discover Terrace Mountain at Raystown Lake. This is a tough 18 miler; you'll be pro that you were able to complete it!
Sea-Kayak	All	Cathy Lynch	361-3707		Great Lakes Sea-Kayaking Symposium weekend at Traverse City, Michigan. Camp in State Park and attend workshops and demonstrations on kayaking. Call for info.
<u>Sunday, June 19</u>					
Bike	D,C	Nick Broskovich	863-1993	8:30	Laurel Ridge area. Call to reserve.
Cano	Flat trip	to be announced at meeting			
Climb	Beginner	Chairmen	see list	7:00	Beginner trip to Coopers Rocks. See climbing writeup for details.
<u>Monday, June 20</u>					
Sea-Kayak	All	Mark Mistrik	521-7688h 647-7609w	6:15pm	Evening of flatwater kayaking at North Park. Learn Basic paddling or explore the Lak Leave from HQ. Call to reserve.
<u>Tuesday, June 21</u>					
Bike	Maintenance	Chuck Eyzak	466-6196	7:00pm	Bike Maintenance workshop. Bring your bike, old clothes and some rags. Cost is \$1.00. 7:00 to 8:30 pm.
<u>Friday, June 24</u>					
Backpack	Int	Glenn Oster	364-2864h 234-3967w	6:00pm	Hike the Cornestoga Trail in PA Dutch Country. Call for info and reservations.
<u>Saturday, June 25</u>					
Bike	C	Joel Hough	221-4093	8:30	Yough River valley, 15 miles. An easy flat ride along the bottom section of the Yough near the Boston bridge.

PITTSBURGH AYH TRIPS FOR JUNE 1988

ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
<u>Friday, June 3</u>					
Bike	C	Mike Hurwitz	422-9204	6:30pm	Gettysburg, 35/60 miles. Join Mike and Marta on their annual tour of Gettysburg. This is a very popular ride and has been a tradition for more years than any of us would care to admit. The ride features a tour of the battlefield that you can only do by bicycle and a Sunday morning ride on some quiet country roads. Stay at the Gettysburg College and eat at reasonably priced restaurants. Reserve by May 25.
<u>Saturday, June 4</u>					
Canoe	Class I	Rick Tomlinson	963-8910		
Canoe	WW2 School	Jim Roberts	244-8332		
Climb	Beginner	Chairmen	see list	7:00	Beginner trip to High Rocks. See the climbing writeup for details.
Kayak	Beginner	Lou Conley	681-8321		Beginner Kayaking school. 2-day trip. See writeup under Kayaking for details.
<u>Sunday, June 5</u>					
Bike	C	Bill Johnston	243-1945	8:30	Mountain Bike trip at Laurel Mountain.
Canoe	Class III	Don Bowman	697-4386		
Canoe	Flat trip	Claire Bunker	244-9788		
Hike	Intermediate	Ben Brugmans	736-2751	8:00	Laurel Highlands Hiking Trail somewhere!
Sea-Kayak	All	Cathy Lynch	361-3707	12noon	Meet at HQ for an easy half day trip on the Allegheny River.
<u>Monday, June 6</u>					
Sea-Kayak	Begin/All	Mark Mistrik	521-7688h 647-7609w	6:15pm	Evening of Flatwater kayaking at North Park, learn basic paddling or explore the lakes. Leave from HQ. Call to reserve.
<u>Friday, June 10</u>					
Family	All	Bill VanDiver	371-9260		Camping through Sunday at Laurel Hill State Park for families, Call for details.
<u>Saturday, June 11</u>					
Bike	C	Chuck Ejzak	466-6196	8:30	Mon Valley, 18 miles. Ride from Elizabeth to Monongahela and back along quiet, gentle roads. Call to reserve.
Canoe	Class II	Bill Whitehead	363-0365		
Climb	Mtn. Rescue	Chairmen	see list		Mountain Rescue/First Aid, High Rocks. The Mountain Rescue class is now two days long. Each day will be half rescue, half first aid.
Hike	Adv	Pete Srini	683-3611h 788-7759w	8:00	Laurel Highlands Trail, Rt. 30 to 31 or both ways if we have 2 cars. About 16 miles!
Sea-Kayak	All	Ted Self	795-6286	8:30	One day sea-kayak school. Learn and practice skills on Yough Lake.
<u>Sunday, June 12</u>					
Bike	All			7:30	The Great Ride; Pittsburgh's premier bicycling event. Join several thousand other bicyclists on your choice of rides ranging from 7 to 62 miles. Applications available at HQ and in many other locations. AYH volunteer's are needed for ride marshals and for non-riding stations. See Larry (665-9554) or Chuck (466-6196) for more info or to volunteer.