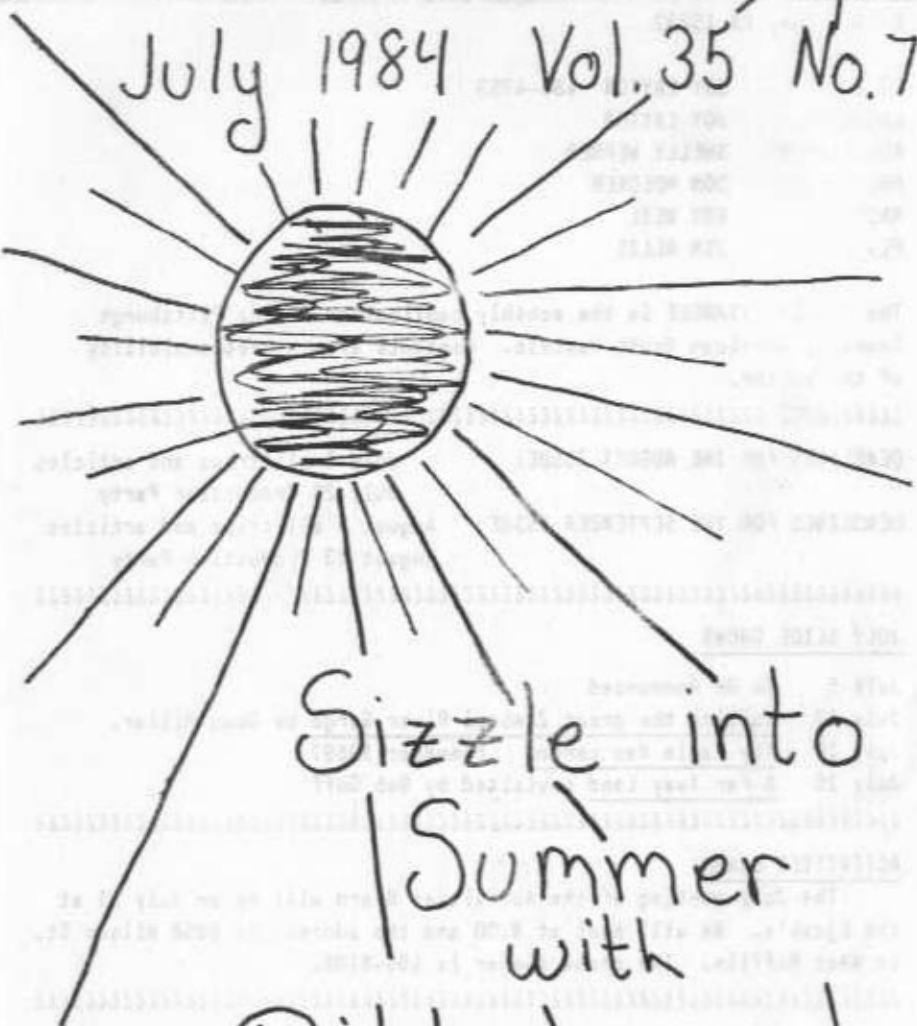


The Golden Triangle

July 1984 Vol. 35 No. 7



Sizzle into
Summer
with
Pittsburgh
AYH

Pittsburgh Council

AMERICAN YOUTH HOSTELS INC.

6300 FIFTH AVENUE

PITTSBURGH, PA. 15232

ADDRESS CORRECTION REQUESTED

RETURN POSTAGE GUARANTEED



LIBRARIAN AYH 2PLAT1 VIP
1632 DENNISTON AVE.
PITTSBURGH, PA. 15217

NON-PROFIT
U.S. POSTAGE PAID
PERMIT #127
PGH., PA. 15232

1934-84

THE GOLDEN TRIANGLE
Pittsburgh Council
American Youth Hostels
6300 FIFTH AVENUE
PITTSBURGH, PA 15232

EDITOR JOY LAYTON 486-4753
LAYOUT JOY LAYTON
ADMINISTRATOR SHELLY WERNER
PRODUCTION DON HOECKER
MAILING ROY WEIL
PLATES JIM ALLIS

The GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council, American Youth Hostels. Contents are the responsibility of the editor.

DEADLINES FOR THE AUGUST ISSUE: July 5 all trips and articles
July 26 Production Party
DEADLINES FOR THE SEPTEMBER ISSUE: August 9 all trips and articles
August 23 Production Party

JULY SLIDE SHOWS

July 5 To Be Announced
July 12 Rafting the great Zambezi River Gorge by Doug Millar.
July 19 The Eagle Has Landed remember 1969?
July 26 A Far Away Land revisited by Bob Goff

ACTIVITIES BOARD

The July meeting of the Activities Board will be on July 11 at the Ejzak's. We will meet at 8:00 and the address is 6858 Wilson St. in West Mifflin. The phone number is 466-6196.

NOTE TO TRIP LEADERS AND ACTIVITY CHAIRPEOPLE

Please try to include trip announcements for the Labor Day weekend, Sept. 1,2,3, along with your August trip announcements so that we can all plan ahead.

FOR SALE

KODAK CAROUSEL PROJECTOR. Model 760H, Auto focus, Remote Control, Mint Condition. Call Barry if interested. 421-7114. \$120.00 solid. inc. new bulb.

AYH MEMBERSHIP APPLICATION

AYH memberships are available at Open House meetings. If you cannot attend a meeting, fill out the application at the bottom of this page and send it along with your check made payable to Pittsburgh Council, AYH, to

AYH Membership
6300 Fifth Ave.
Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sells International Hostel Guide to Europe for \$7.00 by mail, or \$6.00 at HQ.

CHECK ONE:

☐ \$10.00 Youth
☐ \$20.00 Senior (18-59 years old)
☐ \$50.00 Organization (non-profit only)
☐ \$10.00 Senior (60+ years old)
☐ \$30.00 Family
☐ \$200.00 Life
\$ _____ Tax-deductable Donation

NAME _____

ADDRESS _____

ZIP _____

PHONE _____

NEW/RENEWAL _____

BIRTHDATE _____

OUR COUNCIL IS A VOLUNTEER ORGANIZATION. We always need additional leaders and others willing to donate time and skills for maintaining and improving programs. If you are interested in contributing your efforts to any of the activities or service-oriented areas, contact a member of the Activities Board or attend one of the Board meetings.

TIPS & TALES

A NEW OUTDOOR COOKBOOK BY AND FOR ACTIVE OUTDOOR PEOPLE*

* THIS BOOK WAS NOT GHOSTWRITTEN IN A TEST KITCHEN!

THE AYH OUTDOOR FOOD BOOK, EDITED BY CHRIS REID,

PUBLISHED BY PITTSBURGH COUNCIL, AMERICAN YOUTH HOSTELS,

1981, 144 PAGES, 6" x 9" SOFTCOVER, \$3.00/INDIVIDUAL COPY



INCLUDES:

- ◆ MANY RECIPES, MENUS, PACKING TIPS AND TRIP FOOD-PLANNING IDEAS FROM CANOEISTS, BICYCLISTS, BACKPACKERS, CROSS-COUNTRY SKIERS, ETC.
- ◆ LOCALLY-DEVELOPED, WITH INNOVATIONS FOR SAVING TIME, FUEL AND WEIGHT.
- ◆ SPECIAL SECTIONS ON BACKPACK STOVE SELECTION AND USE, FOOD DRYING PROCEDURES, BEAN-SPROUTING TECHNIQUES & OTHERS.
- ◆ PHOTOS, DIAGRAMS, SKETCHES & OUR OWN ANECDOTES AND GEMS OF WISDOM, WON THE HARD WAY.
- ◆ BEGINNER TRIP INFORMATION, SHOPPING TIPS, AND MORE.

LIKE OTHER PUBLICATIONS OF PITTSBURGH A.Y.H., THIS BOOK COLLECTS THE EXPERIENCES OF DOZENS OF ACTIVE, EXPERIENCED PARTICIPANTS IN THE GROUP'S LARGE, ENERGETIC PROGRAM OF CANOEING, CYCLING, HIKING, BACKPACKING, RAFTING, CLIMBING, CAVING AND SKI-TOURING.

ORDER FORM: Make all checks payable to "Pittsburgh A.Y.H."

Your Name _____ Quantity @ \$3 Each = _____
 Address _____ Shipping & Postage 72¢ per book = _____
 City, State _____ Zip _____ PA Residents Add 18¢ per book tax = _____
 Note: Dealers/group orders over \$40.00 receive a 1/3 Total Order = _____
 discount and we pay the postage, please inquire.

MAIL TO: A.Y.H. BOOKS, C/O FRAN CZAPIEWSKI, 7303 REYNOLDS ST., PGH., PA 15208.

REMINDER: Pittsburgh Council trips and activities are ALL done by individuals willing to sacrifice their time and who VOLUNTEER to show and teach their skills to others.

Give a hand as you are able and express to the trip leader(s)/ activity(ies) coordinator(s) the appreciation their efforts deserve.

OFFICERS: The names of your replacements (if you are stepping down) should be published in the September and October Triangles. That means you have until August 2nd to get the names of your successors to the nominating committee.

BUDGET: Chairpersons should start thinking of the need for additional equipment or for the need to replace equipment and to prepare budget items reflecting those needs. Budget items should be submitted to Fred Hull by September 1, 1984.

CYCLERS: July BACKPACKER magazine is focusing on Bikepacking. You may be able to pick up some tips on, or see a different way of Bikepacking.

ROCKETS TRAINS PLASTIC MODELS
 R C PLANE ACCESSORIES D & D

CORAOPOLIS BIKE & HOBBY

ROSS CONCORD SHOGUN &
 MOUNTAIN BIKES

10% DISCOUNT TO AYH MEMBERS
 REPAIRS PARTS ACCESSORIES FOR ALL MODELS

938 FIFTH AVENUE
 CORAOPOLIS, PA.
 264-0982

FOR THE WALKS OF LIFE. DANNER.

FOR COMFORT.

In our patented Gore-tex® full sock linings, a sheet of Gore-tex® is laminated to a full sock made from lining fabric. Then the seams are completely sealed with Gore-tex® tape under heat and pressure. The pores of the Gore-tex® membrane



are too small to allow water drops and wind to enter, but large enough to let perspiration water vapor escape. So your feet stay dry and warm, without feeling smothered. No nails. No holes. No seams. No leaks. No sweat.



FOR SUPPORT.

Danners give your arches full support, because we contour the inner sole all the way around the bottom of your foot, from side to side. Then we reinforce the arch with a steel shank.

FOR LONG WEAR.

Full-grain leather uppers have a rich look and feel, and stay as snug as the day you bought them, because we take out all the stretch by

pulling them twice over a form called a last. Cordura® nylon is lightweight, highly resistant to tears and abrasions, and dries fast. Both materials can take as much abuse as you want to give them. The same goes for the lacing hardware—all heavy brass.

For walking, sloshing, climbing and hiking, Danner is the best thing next to your feet.



NOW AVAILABLE AT:

EXKURSION
4123 WILLIAM PENN HIGHWAY
MONROEVILLE, PA 15146



KAYAKING Lou Conley 681-8321
Ray Yutzy 341-5682

Other kayaking trips are sometimes organized informally at Thurs. meetings.

Midweek trips are available for interested paddlers. call Ray Yutzy .

RAFTING Susan Krotec 661-8485

Call trip leaders to reserve space on a trip. All trips meet at AYH HQ— ask the leader for the meeting time.

EQUIPMENT: Bring lunch, change of clothes, tennis shoes, strap for eyeglasses, sun protection, windbreaker or wool sweater for cool weather.

ATTENTION: Leaders and co-leaders are needed for raft trips this summer. If interested, call Susan Krotec, the rafting chairman.

VOLLEYBALL Steve Martin 469-3153
Mark Mastandrea 963-5583

Play outdoor volleyball above HQ on Tuesdays and Thursdays. Anyone of any skill level is welcome. Come out and learn to play or sharpen your game, or just have fun. The action starts about 6 pm (weather permitting) and lasts til dark. On Tuesdays the fee is 50¢ for members, and \$2.00 for nonmembers. On Thursdays play for FREE. Stop in before the meeting above HQ in Mellon Park. See you there!

The editor (that's me!) would like to thank Pat Tieman, who collected articles for the Triangle on deadline night and made this issue possible.

Five reasons why bicycle riding is harmful to the environment:

- 1.
- 2.
- 3.
- 4.
- 5.

(PASS THE WORD)

Hosteling

for the time of your life.

Hosteling is a lot more than just low budget travel. It's adventure, friendship and world exploration. It's the excitement of experiencing other cultures while getting to know yourself.

An American Youth Hostels pass opens the door to 5,000 hostels in 50 countries. From medieval castles to Swiss chalets, on country roads or mountain passes, AYH is the key to inexpensive worldwide travel. Send in the coupon . . . for the time of your life.



☐ I want to join AYH. Enclosed is \$20.00 (\$10.00 if under 18), sign me up and send me my hostel pass, AYH Handbook, and other materials.

☐ I'm interested but would like more details — send me your FREE brochure on American Youth Hostels.

Name _____

Address _____

City _____ State _____

Zip _____ Birthdate _____



American Youth Hostels
8300 Fifth Avenue
Pittsburgh, PA 15232

(412) 362-8181

Semple Street FOOD CO-OP

Serving Oakland
since 1972!

3459 Ward Street 687-1227
(corner Ward and Semple in Oakland)

MON-FRI 10-8

SAT 9-6

SUN 11-3

FRESH PRODUCE * BULK FOODS
CHEESE AND OTHER DAIRY PRODUCTS
HERBS AND SPICES
NUT BUTTERS AND TAHINI
SOAPS, SHAMPOOS AND MORE
GROCERY ITEMS AND LOTS MORE!



Save! [This coupon good for one shopping at member prices (18% discount)]

THANKS to DAN MARTT for a well-organized Morgantown weekend. The homemade ice cream and meals were great. Dan even controlled the weather perfectly.

Join the TRAIL SWEEP Sept. 22 & 23 sponsored by the WPTA (Western PA Trails Association). We would like to enlist your help in making a survey of the status of our trails in Western PA. Details will follow, but put the TRAIL SWEEP on your calendar now. Sept. 22 & 23. . . Jack Peth, Coordinator 921-7214h 777-5365w

INTRODUCTORY MAP & COMPASS WORKSHOP TUES. Aug. 7 & 14 Sat. Aug. 18

Learn the basic skills required to travel confidently off established trails. Become familiar with contours, scale, bearing, declination and all those other "Greek" terms.

Two class sessions at AYH HQ Tuesday August 7 and 14 at 7:15pm for aprox. 2½ hours. A field trip to Hillman State Park will be all day Sat. Aug. 18.

Fee (including maps & materials) will be \$5.00 members, \$8.00 nonmembers, plus transportation for the day trip.

More info next month. Reservations WILL BE required, as maps must be bought in advance. See Jack Peth. 921-7214h 777-5365w

The Mountain Trail Shop

Step Up to Value and Take a Closer Look at

As always, we stand behind everything we sell — and we continue to provide the advice and service you've come to expect. So —

WE HAVE IT ALL

Designed and manufactured by the country's leading outdoor clothing and equipment firms.

Here you'll find outdoor clothing and equipment... parkas • sweaters • jackets • polypropylene • shirts • vests • Gore-Tex rainwear • sleeping bags • boots • bike accessories • cross country equipment

Step up to value and take a closer look at the Mountain Trail Shop (on the second floor at 5435 Walnut Street in the heart of Shadyside, across from the Gazebo).

This is not a pre or post-season sale, but an announcement of a new way of doing business.

Pittsburgh's first outdoor specialty shop introduces a new concept in providing top quality, name brand outdoor clothing and equipment — **discount prices every day on everything we sell.**

5435 Walnut St. (2nd fl.)
across from the Gazebo
Shadyside

Daily Noon to 9 Sat. 9 to 5

687-1700

Lowest Prices in Pittsburgh

- ALPENLITE
 - ASNES
 - BLACK ICE
 - BONNA
 - CANNONDALE
 - COGHLIN
 - COLEMAN
 - DUOFOLD
 - EUREKA
 - FABIANO
 - JARVINEN
 - KELTY
 - OPTIMUS
 - PATAGONIA
 - PENDLETON
 - SIERRA DESIGNS
 - SIERRA WEST
 - SPUTKEIN
 - TIMBERLAND
 - TRAILWISE
 - U.S.G.S.
 - VICTORINOX
 - WIGWAM
 - WILDERNESS EXPERIENCE
 - WOOLRICH
- packs
 - cross country skis
 - clothing
 - cross country skis
 - bike accessories
 - camping accessories
 - stoves, packs, tents
 - underwear, polypropylene
 - lents
 - boots
 - cross country skis
 - packs, clothing, sleeping bags
 - stoves
 - clothing, polypropylene
 - 100% wool shirts, sweaters
 - clothing
 - accessories
 - cross country skis
 - boots
 - clothing and equipment
 - topo maps
 - Swiss army knives
 - socks, hats
 - clothing and equipment
 - clothing

CLIMBING continued

FOR ALL BEGINNER TRIPS: We usually go to White Rocks (near Uniontown). Bring tennis shoes (preferably not running shoes), lunch, water, and leather palmed gloves (if you have them). Optional equipment: hat with a brim, hiking boots, shorts, sunscreen. Meet at HQ at 7am. We usually stop for dinner and return to Pittsburgh between 8 and 9 pm. Call any of the chairpersons above for reservations.

CLIMBERS: As of this writing, Cooper's Rock State Forest is closed to all climbing.

Representatives of the climbers in our area are negotiating with West Va. Park authorities in an effort to have the ban on climbing in this area lifted.

In the interim, you can help by abiding the current ban and by writing to

Don Andrews, District Chief
W.Va. Dept. of Parks & Services
1800 Washington Street, East
Charleston, West Virginia 25305

to express your desire to have climbing at Cooper's State Forest reinstated.

We will keep you posted as further action/ knowledge comes to our attention.



Schwinn Bicycles

KRAYNICK'S BIKE SHOP

EXPERT SERVICE

New, Used and Antique Bikes and Parts

For Sale or Trade

5003 Penn Ave., Pgh., PA 15224
(412) 621-6160



BICYCLING continued

Council will run our first "official" century ride. Pittsburgh's Secret Scenic Tour... It's the Mon Valley Century. Next month's Triangle will have all the pertinent info with a registration form. It will be a one day century ride with lunch provided. We expect all AYH Century riders to be there! (We know who you are!)....

CAVING John Popp 653-6026
Vicki Lineback 422-0296

CANOEING Steve Shafer 362-4432

All trips meet promptly at 8:00am at AYH HQ. Call trip leaders to reserve space on a trip.

Midweek trips may be available to interested paddlers; contact Ray Yutzy at 341-5682.

EQUIPMENT: Swimsuit, non-cotton clothes, (no blue jeans), sun hat, tennies, knee pads, rain jacket, drinking water, eyeglass strap, lunch big sponge, all in a waterproof bag. Bring dry clothes in a separate bag.

CLIMBING Dale Vilsack 276-7385 Scott Workman 421-4521
Karl Mormer 521-6404

Climbers will be holding practice classes at the Evergreen Bar for the summer months, after the regular Thursday night meeting. No reservation required. Beginners welcome. Equipment needed: money, bizarre sense of humor, and a funny hat.



THE
BIKE RACK
INC.

JIM HYKES
Squirrel Hill
2010 Murray Avenue
Pittsburgh, PA 15217
(412) 521-1565

Brentwood Penn Hills Squirrel Hill Murrysville

HEY! LOOK! WE HAVE...

- THE FRESHEST PRODUCE
- THE BEST POULTRY
- THE LEAST EXPENSIVE HERBS AND SPICES

5474 PENN AVE.
(412) 361-3598

MON-FRI 10 AM - 8 PM
SATURDAY 10 AM - 6 PM
SUNDAY 12 PM - 4 PM



**EAST END
FOOD CO-OP**

FOR SALE 23" man's Schwinn Super LaTour Bike. Excellent Condition. Plus Seat Rack, Zefal pump, water bottle & cage, Mirrycle Mirror, padded handlebars and odometer. \$200.00 Call Glenn Oster, 364-2864h.

Have some spare weekdays? Need some company for a midweek trip? If so, let's see if we can work out a way for people with time to get in touch with one another. (Have you ever noticed that the river only runs right on a Wednesday?) If you have any ideas, see Joy, the editor, at Open House meetings.

SHAKESPEARE FESTIVAL! MERCHANT OF VENICE! TUES. JULY 17
AYH group discount, only \$8.00. At Pitt Stephen Foster Memorial at 8pm. See Sally Brunson with your ticket money by July 5th or call her at 231-6074 for more info.

WILL YOUR CAR PASS THE CLEAN AIR TEST? In June PA began its Auto Emissions Inspection and Maintenance Program, or I/M Program. In states which have had I/M programs, average annual emissions of hydrocarbons have been reduced by 24% and emissions of carbon monoxide have been reduced by 34% in I/M inspected and repaired cars.

When you have your car tested you can be charged a maximum of five dollars for the test. You will receive a print out of the results which show exactly what your emission levels are and what the passing standard is. If you fail and want to challenge the results, you can go to one of the referee stations in your area and have your car tested again for free. If your car fails, you will have 30 days to fix it and then have your car retested for free at your original inspection station.

More questions? Call PennDOT at 800-932-4600.

JULY TRIPS & TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include a 75¢ registration fee (50¢ per half day or evening), plus transportation and rentals. IN ADDITION, nonmembers are charged \$1.50 per day which may be deducted from the cost of membership when joining AYH. The registration fee covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).

With the exception of cycling and water sports, trips are classified NOVICE (participants are taught the activity), EASY, INTERMEDIATE or ADVANCED.

Phone numbers listed are home numbers, unless designated by an h (home) or a w (work).

BACKPACKING Debbie LaPlaca 795-4179
Jack Peth 921-7214h 777-5385w

BACKPACKING WORKSHOP Tents and Stoves. Thursday July 19 at 7:15 pm at HQ. Bring your favorite tent and stove to share with us or come and gain some "hands on" experience with other types of tents and stoves. Just show up!

BICYCLING Lynn Ejzak 466-6196
Bob Schwartz 241-4647

BIKE MAINTENANCE CLINIC Wed, July 11 7:30pm. Bring your bike to HQ along with old rags or paper towels, rubber gloves, and some money to cover expenses. Topic to be covered will depend on you. Call Chuck Ejzak if you have any questions. 466-6196.

CLASS E LEARN TO RIDE SESSIONS These sessions are only for people who consider themselves unfamiliar with riding a 10 speed bike and need to practice basic riding skills; i.e. mounting, dismounting, maneuvering, and shifting. Rental bikes and helmets are available. You MUST call the leader to reserve. All sessions meet at HQ. Call Judy Menosky at 242-1573 if you're interested in attending.

EVENING CYCLES These are open to all cyclists, with the only stipulation being that you already know how to ride a 10 speed bike. Rides start at 6:30pm at HQ and usually go til about 8pm. Most of these rides are not in the newsletter, but are announced at Thurs. night meetings.


(The editor apologizes for missing the following in the calendar)

THURSDAY JULY 12 EVENING CYCLE Leader: Judy Menosky 6:30 @HQ.

SSSSST.....IT'S THE MVC! Coming Labor Day weekend, we at Pgh.

#1

IN PA.



**SNITGER'S
SCHWINN®**

BEAVER VALLEY · SOUTH HILLS · MONROEVILLE

395 Third St.
Beaver, PA.
774-5905

Rt. 51 South
Large, PA.
384-6477

4916 Wm. Penn Highway
Monroeville, PA.
325-4660

**The
Remarkable
Schwinn
No-Time-Limit
Warranty.**

**OUR EXCLUSIVE
SERVICE
GUARANTEE**

PARTS

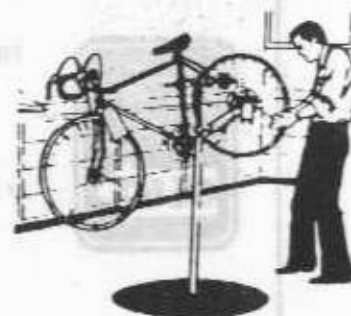
We sell only the finest in quality parts each guaranteed to give many hours of riding pleasure. Should any part be found to be faulty it will be replaced **AT NO CHARGE**.

WORKMANSHIP

We pride ourselves in quality workmanship and will correct any part or accessory installation not found to be to the customer's satisfaction **AT NO CHARGE!**



**SPENCO SPORTS MEDICINE
PRODUCTS FOR CYCLISTS**



CONTINUED JULY TRIPS & TRAILS CONTINUED

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
15	Sun	Bike	B	Chuck Ejzak	466-6196	7:45@HQ	Prosperity loop in Washington County. 50-60 miles. Or meet in Prosperity at 9:30.
15	Sun	Canoe		Gordon Bugby	371-4233		WW II school.
15	Sun	Raft	All	John Orndorff	244-0746	call	Youghigheny River.
19	Thurs	Backpack	Workshop	Jack Peth	921-7214	7:15@HQ	Tents and Stoves. See backpacking section
21	Sat	Bike	C	Wayne Hennemuth	693-9605	10am	30-35 miles in the Oakdale area. Meet at the Union National Bank in Oakdale at 10am. Call if you need a ride.
21	Sat	Climbing	Begin	Chairpersons	seelist	7am @HQ	White Rocks. See Climbing write-up.
21,22	SS	Kayak	Begin	Lou Conley	681-8321		Beginner's Kayaking School. One day on a nice calm lake and one day on a very easy class II river. Stay overnight at a Youth Hostel. This school is for complete beginners or people who have never been on a river before. Space on this school is very limited, so sign up early (Keep trying, Lou is at home sometimes!)
21	Sat	Hike	Easy	Glenn Oster	364-2864	7:30	Spend an easy day in the country renewing blazes and clearing brush on the Baker Trail. No fee or transportation charge. Call for info and reservations.
22	Sun	Bike	A	Larry Laude	665-9554	call	Red Belt Roundup. 80 miles to Sewickley via Larentum
22	Sun	Canoe	I-II	Jim Goguts	384-9149		
22	Sun	Cave	Inter	John Popp	653-6026		Loyalhanna Creek Cave. A wet cave with some good tight crawls.
22	Sun	Hike	Inter	Jack Peth	921-7214	8:30@HQ	Day hike on Warrior Trail from mile 8 to mile 16 (I hope!)
22	Sun	Raft	All		661-8485		Youghigheny River. Volunteer needed to lead. Call Susan Krotec if you can lead or if you want to reserve a space.
27,28	FS	Cave	Inter	Norm Snyder	351-4068		McClung Cave in West Va. Beautiful formations and many miles of passage.
28,29	SS	Backpack	Novice	Jack Peth	921-7214	8:30@HQ	Join us on your very first backpacking trip, Saylor Trail. Reservations are required a week in advance.
28	Sat	Bike	B,C	Elaine Rosenthal	521-6404	9:30	Sewickley area ride with rolling hills. Meet at Sewickley RR Station
29	Sun	Bike	A	Bob Schwartz	241-4647	call	MVC Scouting Ride. Preview the new century.
29	Sun	Canoe Kayak	II-III	Ray Yutzy	341-5682		Canoe and kayak combined trip
29	Sun	Raft	All	Joe Hoechner	373-3403	call	Youghigheny River.
Aug. 3,4,5 FSS		Bike	B,C	Harriet Ann Seiner	681-1189	call	Niagara Falls Weekend. Bike along the scenic Niagara River. Stay at a Youth Hostel. Reservations and deposit required by July 26th. Trip size limited. Call for info.

JULY TRIPS & TRAILS

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
June 30	SS	Climbing	Inter	Chairpersons	see list	7am @HQ	White Rocks Weekend. Required for those contemplating Seneca.
July 1			Begin				Beginners arrive from Pgh. on Sunday.
1	Sun	Canoe		Steve Shafer	362-4432		Basic Canoe School
1	Sun	Raft	All	Shirley Sedmak Ulaky	422-0849	call	Youghieny River
4	Wed	Bike	A,B,C	Ejzaks	466-6196	call	Join us for a ride, ending with a picnic at Mingo Creek Park.
4	Wed	Hike	Easy	Joe Levine	241-3265	9am @HQ	About 4 miles in Harrison Hills County Park along Rachel Carson Trail Bring a lunch.
6,7,8	FSS	Backpack	Inter	Debbie LaPlaca	795-4179	7pm @HQ	First trip this season to the Laurel Highlands Hiking Trail. Call for reservations and info.
6,7,8	FSS	Climbing	Inter	Chairpersons	see list		Seneca Weekend. Lead climbing
7	Sat	Canoe		Frank Bruns	561-8579		WWI School
8	Sun	Bike	C	Judy Menosky	242-1573	8:30 @HQ	30-35 miles around Deer Lakes Park. Starting from HQ.
8	Sun	Canoe		Dave Marschik	244-1465		Sdo School. (Call Dave to find out what kind of school this is. ed.)
8	Sun	Canoe		Kathy Lynch	327-0520		Class I-II trip.
8	Sun	Kayak	II-III	Cole Van Orner	624-5294w 683-7160h		
8	Sun	Raft	All	Bob Van	833-8486h 355-0900w	call	Youghieny River
11	Wed	Canoe		Frank Bruns	561-8579	6pm @HQ	Evening Basic School. Meet at HQ at 6pm to learn and practice canoe paddle strokes.
14	Sat	Bike	D	Harriet Ann Seiner	681-1189	9am @HQ	Morning ride around town for people who know how to ride, but want experience on a short trip. Please reserve.
14	Sat	Canoe		Linda and Jim Roberts	539-7599		Class II trip. Call before 10:30 pm.
14	Sat	Cave	Begin	Vicki Lineback	422-0296		Coon Cave. A mazy cave with some nice formations. A good place to keep cool in summer.
14	Sat	Hike		Dan Martt	921-4638h 922-4000x633w		Maintenace hike on the Schenley section of the Baker Trail. Put in new steps, blazes.
14	Sat	Kayak		Gus Hughes	469-1295h 469-1850w		II-III trip
14	Sat	Raft	All	Gus Hughes	call Susan Krotec at 661-8485 to reserve.		