

HOSTELLING
INTERNATIONAL

GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 44, NUMBER 9

SEPTEMBER 1994

Focus on London

The World's Capital," as it calls itself, is rich in history and architecture and certainly worth exploring any time of the year. If it's your first or fifth trip, stay at one of the seven newly built or renovated hostels located throughout the city. Each offers 24-hour access, Bureau de Change, vending services, theater/attraction booking, common rooms, self catering kitchens, TV, laundry facilities, and citywide security. Public transportation is accessible from all seven hostels.

City of London Youth Hostel (36 Carter Lane) is a stunning Victorian building adjacent to St. Paul's Cathedral, which served as the school for the cathedral's choir until 1968. The hostel was recently completely renovated. It's one mile from the Tower of London, Tower Bridge and Museums, and close too Westminster Abbey, the Houses of Parliament, and the National Gallery, Buckingham Palace, Soho, and the British Museum.

Earl's Court Youth Hostel (38 Bolton Gardens) is an impressive, refurbished old townhouse on the tube line (subway) to Heathrow Airport. Within one mile are the museums of Natural History and Science, and nearby are Hyde and St. James' Parks, Buckingham Palace, Chelsea and Soho.

Hampstead Heath Youth Hostel (4 Wellgarth Road) is an attractive renovated building adjacent to beautiful Hampstead Heath. It is with- in a mile of Parliament Hill and on the direct bus route to Wembley Stadium/ Arena.

Highgate Village Youth Hostel (84 Highgate West Hill) is a Georgian house in a 'London Village) near Hampstead Heath.

Holland House, King George VI Memorial Youth Hostel (Holland Walk, Kensington) is a modern hostel incorporating part of a 1607 Jacobean mansion. Main attractions within one mile are the Natural History, Science and Victoria and Albert Museums. Nearby are Oxford Street, Buckingham Palace,, Chelsea, Soho, Carnaby Street, and Hyde and St. James' Parks.

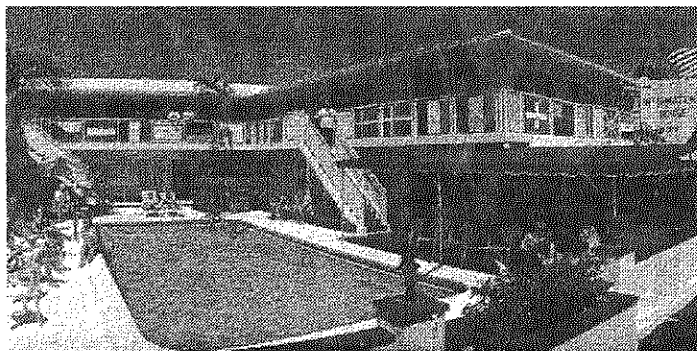
Oxford Street Youth Hostel (14-18 Noel Street) is in the heart of Soho. It is within one mile of Oxford street, Hyde Park, Buckingham Palace, Westminster Abbey, the Houses of Parliament, the National gallery and the British Museum and near St. Paul's, the major museums and the Thames.

See LONDON. Page 7

MORE NEW HOSTELS IN THE HOSTELLING INTERNATIONAL NETWORK...

Ft. Lauderdale,
Paris and
Montreal

See Page 5
for more
details



Hostelling International-Ft. Lauderdale International House

OHIOPLYE WORK PARTIES

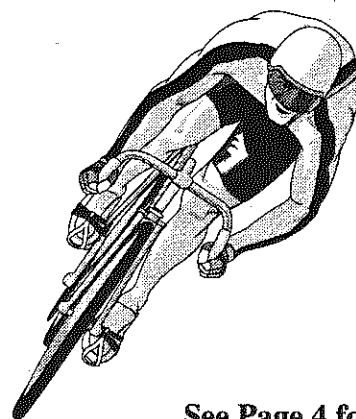
Sunday, September 18
Bob Utz, Hostel Manager at 329-4476
Mary Bates, Work Coordinator at 364-7113
Watch for another party October 16

We are continuing to get some maintenance things done at the hostel in Ohioplye. FREE LUNCH for all volunteers!! Meet at HQ at 9:00 am and be back by 5:00 PM. Sneak in a hike too if there is time. If you can volunteer a few hours of your time to help paint, move furniture, clean, wash windows, do yard work or whatever talent you may have, it will be welcome.

AYH volunteers always have a fun time even though they are working. Here is a chance for you to help out and give something back to AYH for the fun times that you have had. You can stay overnight FREE as well but you must book a reservation in advance.

Mary will be fielding phone calls regarding carpooling, what to bring with you, etc. Please call her if you have any questions or would like to sign up!

1994 SABRE BICYCLE TOUR



Fourth Annual
Southwestern Autumn BREeze
BIKE TOUR
October 2nd 1994

When autumn breezes blow in southwestern Pennsylvania join us at Settlers Cabin County Park. SABRE has cool fall cycling with rides of 15, 35 and 65 miles. We expect 1,600+ cyclists this year.. Call Bill Eberle at 412-833-9732 for Information. See you There!

See Page 4 for additional information

FEATURED IN THIS ISSUE

Hostel Updates	Book News	Conservation Project
Newest hostels & closings	50 Hikes in Western Pennsylvania	UC-Berkeley Partnersip
PAGE 3	PAGE 5	PAGE 7

INSIDE

Activity Chairs; Page 2
Headquarters Programs; Page 2
President's Corner; Page 3
Fundraising; Page 3
Sailing; Page 5
Midweek Rambles; Page 6
Sea-kayaking / Rock Climbing; Page 6
Hiking / backpacking; Page 6
Classified; Page 7
Council Travel and Book Store; Back Cover

.....And MORE!!!

AMERICAN YOUTH HOSTELS

PITTSBURGH COUNCIL
6300 FIFTH AVENUE
PITTSBURGH, PA 15232

NON-PROFIT
US POSTAGE
PAID
PERMIT #127
PITTSBURGH, PA

Dated material -please deliver promptly
Address correction requested

PASS# SPICAL- 1427

AYH

JOEL PLATT
AYH LIBRARIAN
1632 DENNISTON AVE
PITTSBURGH PA 15217-1458

HOSTELLING



Pittsburgh Council, American Youth Hostels, Inc.
Serving Western Pennsylvania & West Virginia Pan Handle
Since 1948, Incorporated 1955

The Golden Triangle is published monthly by the Pittsburgh Council of Hostelling International, American Youth Hostels. Contents are at the discretion of the editor. All Material within is Copyrighted by Pittsburgh Council, American Youth Hostels, Inc.
All Rights Reserved

Triangle Staff

Managing Editor ... Wm. Eberle
(412-833-9732)

Copy Editor ... Jacky Eberle
Mailing Labels ... Roy Weil ... Joel Platt
Production ... Don Hoecker
Advertising ... Wm. Eberle

Council Officers

President ... Marianne Kasica
(412-665-9554)

Vice President ... Linda Smithyman
Secretary ... Larry Laude
Treasurer ... Roy Weil

BOARD OF DIRECTORS

Lou Conley (94)
Wm. Eberle (94)
Joe Hoechner (94)
Maribeth Hook (95)
Marianne Kasica (95)
Larry Laude (95)
VACANT (94)
Terri Lorence (94)
Linda Smithyman (96)
VACANT (94)
Roy Weil (96)
Ray Yutzy (96)

Office Staff
(412-422-2282)
Helen Coyne
Office Volunteers
Joe Hoechner

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

MATERIAL...

All material to be published, should be sent to the address below. It Can be submitted on Disk in either IBM or Macintosh format, sent E-mail, or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217
Office: (412) 422-2282

PITTSBURGH COUNCIL ACTIVITY CHAIRS

Chairman of the
Activities Committee
VACANT###.###.
Canoeing
Karen Lukas 661-4835

Cross Country Skiing
Steve Tubbs 279-4866
Cycling

Wm Eberle 833-9732
Chuck Ejzak 466-6196

Family Activities
Barbara Hanusa 441-7205
Hiking / Backpacking
Helen Coyne.....776-0678
Jim Ritchie..... 828-0210

Kayaking
VACANT###.###.
Ray Yutzy..... 341-5682

Midweek Rambles
Cliff Ham 687-4520

Rafting
Doug Bruce 561-5037
Jon Maiman 441-2306

Rock Climbing
Eric Bauer 687-0766
Sailing

Joel Hough 727-2807
Bob Zavos 241-0659
Sea Kayaking

Mark Mistrik647-7609

Trips Coordinator

Vicki Krug..... 361-4386
Trail Systems

Glenn Oster 364-2864
Jim Ritchie 828-0210

Headquarters Programs
Tom Rodgers 621-6310
Chris Kline 441-7352

Storekeeper
Wm Eberle 833-9732

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for
future issues of the
GOLDEN TRIANGLE

OCTOBER

All copy, Sept 6
Binding/Mailing, Sept 27

NOV / DEC

All copy, Oct 6
Binding/Mailing, Oct 27

If your work is on computer,
Please contact Bill Eberle
@ 833-9732
or

Larry Laude @ 665-9554

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation (IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

*Mountain
Dreams*

INTERNATIONAL, INC.

SALES - RENTALS - REPAIRS

Outdoor Clothing & Equipment

"Guided Climbs
Throughout
the World"



*Rock Climbing Equipment
*Tents
*Mountaineering Equipment
*Backpacks
*Hiking & Backpacking Footwear
*Sleeping Bags
*Gore-tex Clothing
*Books, Maps & Videos
*Family Camping Equipment

Store Hours

M-F 10-9
Sat 10-8
Sun 12-4

Indoor Rock Climbing Wall

Phone: 412-276-8660

Fax: 412-276-8682

1121 Bower Hill Road
Mt. Lebanon, PA 15243

For People Who Live Their Dreams...

September Slide Shows

Sept	1st	Pre-Holiday Open House. No Slide Show Come Mingle! Find out about a trip!!
Sept	8th	To be Announced
Sept	15th	Hiking the length of the Appalachian Trail at age 71! by Glenn Oster
Sept	22nd	Newsletter Prep night. A little work at HQ, followed by a drink or meal at a local restaurant.
Sept	29th	To be Announced

To Schedule a show or have a show idea call
TOM RODGERS 621-6310

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel
RD #1(1 mile west on Route 30)
Schellsburg, PA 15559
(814) 733-4212

Charleroi Youth Hostel (SA)
Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200



*Presidents Corner***Progress on the
Pittsburgh Hostel in Allentown**

The hostel project development team is moving along with the development and funding of the Pittsburgh Hostel. The project team is made up of members of AYH, the South Pittsburgh Economic Revitalization Team (SPERT), the Allentown Business Association, the Allentown Civic Association and several staff members of the Urban Redevelopment Authority of Pittsburgh.

We are currently negotiating with SPERT to create the partnership that will construct and own the building and have sought legal counsel to assist us. AYH will, of course, manage the hostel under this agreement. The URA has been a major player in constructing a set of grants and low interest loans that will fund about \$450,000 of the cost of the renovation. The AYH sponsored bike rides, Great Ride, Mon Valley Century and SABRE, will help to contribute to AYH's share of the construction and start up costs. We are seeking grants from various foundations as well as soliciting individuals for donations to make up the rest of the funding. Pittsburgh AYH has raised just over half of the \$100,000 we will need to contribute to the project and still need to raise about \$40,000.

If you are able to make a donation to the hostel project please do. We are grateful to receive any amount, every dollar counts. If you are able to make a major contribution, please feel free to contact me for details about being a sponsor. We still keep getting calls to our office about a hostel in Pittsburgh and hope that next year we can give them a reservation instead of a referral.

Marianne Kasica

Hostels Updates in the USA**New**

HI Chicago Summer
731 South Plymouth Ct
Chicago, IL 60605
Phone/fax: 312-327-5350

HI -Ft. Lauderdale
International House
3811 n Ocean Boulevard
Ft. Lauderdale, FL 33308
Phone: 305-568-1615

Desertaire Home Hostel
Tecopa, CA
Phone: 619-852-4580

Historic Hotel Melrose (SA)
337 Colorado Ave
Grand Junction, CO 81501
Phone: 303-242-9636

Closed

Eel Rivers Redwoods
AYH-Hostel, Leggett, CA

Midpines Home Hostel
Midpines, CA

HI-Hyannis, Hyannis MA
Heavner Home Hostel,
Milford, MI

Closed Continued

HI-Padre Island National
Seashore. Port Aransas, TX

HI-Space City AYH-Hostel
Friendswood, TX

Temporarily Closed

These hostels are open by Reservation for groups of six or more. We hope to resume normal operations soon. Please call ahead.

HI -Delaware Water Gap,
Layton, NJ

HI-Wintergarden Hostel,
Bowling Green, OH

HI-Evansburg State Park,
Collegeville, PA

HI-Marsh Creek State
Park, Downingtown, PA

HI-Poconos, La Anna Pa

HI-Tyler State Park,
Newtown, PA

CONSERVATION UPDATE

By Jim and Kathy Bearden

YOUGHIOGHENY RIVER OTTERS

We are looking for someone to work part-time in the Council office answering the phone, answering the mail, answering questions from walk-in members or potential members, selling memberships and rail passes, supplying membership sales agencies, and filling book orders. You must enjoy dealing with people and be computer literate. Hostelling experience is helpful. The hours are 8 to 12 hours per week. For more information or to apply, call Larry Laude at 412-665-9554.

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your pledge today.

**Yes, I would like to make a pledge of support for a
Hostel in Pittsburgh in the amount of:**

- ☐ \$2500
- ☐ \$1000
- ☐ \$500
- ☐ \$250
- ☐ \$100
- ☐ \$50
- ☐ Other: \$ _____



Yes, I can also volunteer my time for:

- ☐ Fundraising
- ☐ Architecture or Design
- ☐ Construction
- ☐ Public Relations
- ☐ Clerical help
- ☐ other: _____

Name _____

Address _____

Telephone _____

Mail your Pledge to:
AYH
Pittsburgh Hostel Fund
5604 Solway St., Pittsburgh, PA 15217
412-422-2282

Two rafts paddled the strong currents of the Yough River in Ohio's State Park. Inside were eight people and one river otter, all trying to reach a small island. The people included biologists, park and Game Commission representatives and a video photographer. For the otter, this rough ride was a prelude to freedom. Using the island as base, the group began logistical preparations for the otter release. The photographers waded into a shallow part of the river to photograph the release, the otter cage was placed in shallow midstream water so that the otter would hopefully stay in the river and not head for the hills when the cage was opened.

Finally the cage door was raised and a whiskered face peered out. The otter dove into the river, paddled about, dove, surfaced, dove, and was gone. The release that everyone had traveled hours to see took less than a minute. For some time everyone milled about looking for evidence of the otter, but none was found.

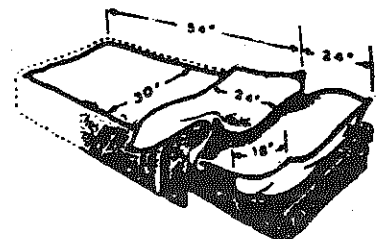
For the past ten years, river otters have been transplanted to different parts of Pennsylvania. By the summer of 1993, about 90 otters will have been placed in five rivers in north-central, northwest, and southwest Pennsylvania. River otters were once found throughout the state, but as a result of trapping, hunting, and water pollution, they were nearly wiped out by the turn of the century. In more recent years, they have become a popular public species, in part because of their playful antics. In 1982, university students working with the few remaining river otters in the Poconos came up with the idea of moving some of them back to their historical habitats about the state. That year, four otters were captured and moved into Kettle Creek in Potter County. With that success they took the effort to Pine Creek and began supplementing the Pennsylvania otters with ones from Louisiana, Michigan, and New York. In recent years, support for the project has come from the Wild Resource Conservation Fund, the Game Commission, and Penn State University.

See OTTER, page 7

**AYH Sheet Sleeping Sac....
DON'T LEAVE HOME WITHOUT ONE!**

Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). the cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.





SABRE

Southwestern Autumn Breeze Bicycle Tour
Sunday, October 2, 1994
Presented by:
PITTSBURGH COUNCIL • AMERICAN YOUTH HOSTELS
Sister Tour to the Mon Valley Century



START: SABRE starts in Settler's Cabin Park at the Cayuga Picnic Grove. See back of application for directions. Pick up Registration Packet before starting the Tour. Registration opens at 7:30 am with The Metric Tour riders leaving at 8:30 am. The 35 and 15 milers depart at 9:30 and 10:30 am respectively.

ROUTE: SABRE is a tour of southwestern Pennsylvania, and more specifically of the small rural and farming communities southwest of Pittsburgh. Cycle SABRE and see Western PA's fading orchards and rolling fields filled with red, orange and fire yellow trees while the October skies are clear and a fresh breeze fills the air. We promise the route which during this Autumn period will be ablaze with colors, leaving you with memories that will easily carry you through the cold, slush-filled winter to come. SABRE consists of 3 routes for cyclists of all abilities, a challenging metric century (65 miles), as well as the 35 mile route and the 15 miler

FOOD: 65 milers receive 2 snack stops and the 35 and 15 milers have 1 snack stop, but don't fill up too much, because instead of finishing the Tour and simply going home like so many other rides, we will be waiting for you with the famous unsurpassable picnic feast at the Cayuga Picnic Shelter. If the Autumn breeze is chilly, we promise to warm you up!!! Returning for the third year, Famous Trax Farm Apple Cider Served Hot !!!

COST, REGISTRATION PACKET, PICNIC: \$10 on or before September 30, 1994 (\$15 thereafter and day of Tour registration) will get you a ride map and cue sheets, a rider number, sag and technical support, snack stops and a SABRE tour water bottle. When you finish the Tour, there will be the "SABRE Feast" picnic lunch awaiting you!

HELMET: The Pittsburgh Council, AYH requires you to wear an approved bicycle helmet for SABRE. After all, your brain is the most precious item you own!!.

SUPPORT A sag will pick up those who can't finish due to bike problems or fatigue (you and your bike are expected to be in good condition before the ride starts).

EXTRAS, OFFICIAL SHIRT, GUEST PICNIC TICKETS: With a great picnic like ours we knew you would want to bring Gram and Gramps, Friends, and Family. So for \$3, "SABRE Feast" picnic tickets may be purchased for one and all. Unsure of the number of guests you wish to bring? Don't worry, tickets will also be available at the picnic. We also offer the official SABRE Tour commemorative T-shirt for \$6 with pre-registration before September 30, and will be included in your packet on Tour Day October 4. Shirts will also be available September 27 through October 3 for \$8.00, includes postage, and will be mailed to you.

RIDE DIRECTOR: Questions, concerns, suggestions or if you wish to volunteer, please contact Bill Eberle at (412) 833-9732 (phones answers 24 hrs).

Please photocopy and pass along to a friend
1994 Southwestern Autumn Breeze Bicycle Tour Registration
Mail to: SABRE, P.O. Box 113453, Pittsburgh, PA 15241
Make checks payable to: Pittsburgh AYH

Name _____ Address _____
City _____ State _____ Zip _____
Phone _____ Age _____
☐ 65 mile ☐ 35 mile ☐ 15 mile

NOTE: Please sign and date all entries below. Also please submit one entry for each rider. Duplicate this form as needed.

Registration Packet includes:
Your picnic meal and SABRE Tour waterbottle.

Registration
\$10 on or before September 30
\$15 after September 30 \$ _____
Official Commemorative T-shirt
\$6 on or before September 30
\$8 after September 30
___S___M___L___XL x \$___ = \$ _____
Fill in Quantity (Price)
(If none marked, large will be provided)
Guest Picnic Tickets
Quantity _____ x \$3 = \$ _____
Donation to Pittsburgh AYH \$ _____
TOTAL Check enclosed. \$ _____
(Made payable to Pittsburgh AYH)

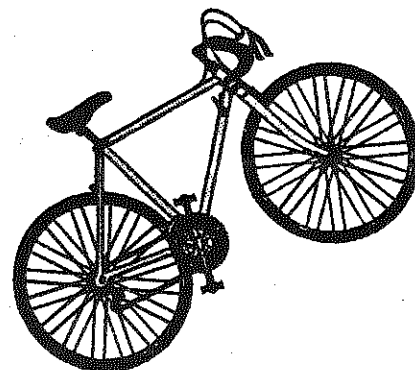
DISCLAIMER AND RELEASE

I, intending to be legally bound, hereby for myself, my heirs, executors and administrators, in consideration of participating in the Pittsburgh Council American Youth Hostels' SABRE voluntarily assume all risks of accident or injury, UNDERSTAND THAT THE ROADS WILL BE OPEN TO ALL NORMAL VEHICULAR AND PEDESTRIAN TRAFFIC, waive all negligence and other duty of care, and release and discharge the Pittsburgh Council American Youth Hostels Inc., and their trustees, officers, members, employees, and agents, from any and all liability for injury, loss of life, or property damage, or any kind, sustained or arising as a direct or indirect proximate cause of said event.
I further agree and promise to INDEMNIFY AND HOLD HARMLESS the Pittsburgh Council American Youth Hostels Inc., and their trustees, officers, members, employees and agents, from all loss and expense, including but limited to damages, legal expenses or involvement in the Pittsburgh Council American Youth Hostels' SABRE.
I do hereby request and consent to, and permit emergency treatment in the event of injury or illness. I will abide by traffic laws and regulations and will practice courtesy and safety in bicycling. I acknowledge that collisions, falls and various types of injuries do occur when bicycling.
I have trained sufficiently for participation in the bicycling event and have inspected my bicycle to assure that it is in good and safe condition.
I have read, understood and declare that I must wear an approved helmet during SABRE.

Signature _____ Date _____
(Parent or Guardian, if under 18)

BICYCLING (Road & Mountain)

Sept 11 Sun Int
Bill Eberle 833-9732
The Montour trail, Fat-tire rides. 27 miles of the montour trail starting at Cecil Park. Faster pace and a few tricky sections of the undeveloped section between the Arrowhead trail and Hendersonville make this an Intermediate ride. Please no beginners.



A Bed and Breakfast Weekend Hurry! Sign Up Now!

Stay at the Dillweed Bed and Breakfast in Dilltown Pa. on Sept. 24th. The Dillweed is beautifully decorated in the Victorian manner and sits beside the Ghost Town Rails to Trail. There is room for 10 only.

On Saturday Sept. 24th we will bike the trail, a 32 mile round trip. Recently surfaced this should now be suited to touring bikes.

After a restful night and delicious breakfast we will ride some of the back country roads to visit local "attractions" this should be 25-35 miles class c Ride. The hostess is helping to find areas of local interest for this ride because this is only a short (1 hour) journey out route 22 from Monroeville we will have 2 full days to explore this interesting area.

For more details call Joan Roof at 795- 8345 as soon as possible.

Ride Leaders Needed!

Do you love the adventure that the every day training ride brings? Or what about the fact that gas prices do not affect your riding in the least. Our sport is one of great pride, enjoyment and accomplishment; If you feel about cycling the way I do, then consider being a ride/trip leader.

As a trip leader you would plan a one day or even a one week trip that you feel would be of interest to others and act as the tour guide on that trip. At the very basic level this trip could be as simple as meeting at North Park for a 25 mile ride, or possibly a tour of a suburban PGH neighborhood. You as the trip leader would choose the route, the distance and decide on the level of difficulty of the ride. Once your ride has been approved by one of the cycling chairs you would see it listed, like the rides above for example. All ride leaders must be approved in advance, and helmets are required at all times. Give it some thought!!!!

Wm R Eberle, Cycling Chairperson.

AYH BOOK NEWS

FIFTY HIKES IN WESTERN PENNSYLVANIA

Walks and dayhikes from the Laurel Highlands to Lake Erie.

Second Edition
by Tom Thwaites
Photographs by the author
208 pages, 6x9, topo maps with trail overlays.

"Tom Thwaites' new book, as his legions of fans fully expected, is a joy to read. Even for hikers who never expect to set foot on any of the trails described in *Fifty Hikes in Western Pennsylvania*, the book will provide hours of pleasant relaxation. Each hike description is so laced with humor, anecdote, fascinating bits of history, natural lore, and plain good writing that its enjoyment is independent of any hiking plans".

This quote, from the summer 1983 issue of the *Keystone Trails Association Newsletter*, captures the style of Thwaites' book better than any other of the many complimentary reviews it received when it is first published. The second edition, just issued by Backcountry Publications, Woodstock, Vermont, is everything the first was - plus new hikes and a thorough updating by the author.

This completely revised edition of *Fifty Hikes in Western Pennsylvania* describes seven brand-new excursions, including Glacier Ridge Trail, Minister Creek Trail, Anders Tract Natural Area, Enlow Fork, Schollards Wetlands, Browns Run, and Petroleum Center. Three hikes-New Florence Game Lands, Goddard State Park, and Oil Creek State Park-have been revised and the author has exhaustively updated the rest of the text to reflect the latest trail information, resulting in 25 new or corrected maps and more than a dozen new photographs.

This book is much more than just a trail guide. Thwaites introduces his hikes with an account of the geological history which produced western Pennsylvania's relatively gentle terrain and throughout the hikes brings geological features to the hiker's attention.

And there is Thwaites the naturalists. Spring wildflowers, he notes, are "a particular delight of western Pennsylvania's trails," and he guides the hiker to places where they blanket the ground "like a late snowfall." Several hikes take the walker through majestic stands of virgin timber. Thwaites also tells the hiker where to find the shy pileated woodpecker, wood ducks or the rare massasauga rattlesnakes.

You can order your copy of "Fifty Hikes in Western Pennsylvania" Now from Pittsburgh Council AYH! Use the handy order form on the last page of this Newsletter. Cost is only \$11.95, plus \$1.20 postage and our new 7% local sales tax for all Pennsylvania residents. Wholesale/Dealer discounts are possible, call the AYH office at 412-422-2282. Thank You

SAILING

The Sailing Activity will offer day trips on Lake Arthur, weekend trips to other nearby lakes, and occasional week long sailing trips on larger cruising sailboats. Individuals with prior sailing experience and those with their own sailboats are especially encouraged to join our program. We also need individuals with trailer hitches to pull the sailboat trailers. Individuals who assist in boat maintenance, sailing class instruction, and trailer transportation will receive equivalent free rental time.

Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency: Personal Floatation Devices are required on all trips.

September 3-5 Sat-Mon INT Jan Herczak 921-3565
Lake Chautauqua, New York. The Chautauqua Institution has provided major educational, religious, recreational, and cultural opportunities for over a hundred years. Famous visitors have included Amelia Earhart, Franklin Roosevelt, Duke Ellington, Ray Charles, a former Arkansas Governor and hundreds of other household names. And of course there is the Lake - one of the best inland sailing waters in the country. We will be there after the busy summer season closes, but the weather is usually warm and the sailing is often great. We usually stay at the Rose cottage - a quaint 1877 Victorian style house. Registration for this trip closes August 31 or earlier if we are filled up. **Please do not call after this date.**

September 17 Sat INT Bob Zavos 241-0659
Day sail on Lake Arthur from Watt's Bay. The Flying Scotts have their annual regatta and this is usually great sailing weather. Bring a lunch and if you care to we can stop by for dinner out on the way back.

October 7-9 Fri.-Sun INT Bob Zavos 241-0659
Chesapeake Bay Sail/US Sailboat Show, Annapolis. We will combine a sail on America's premier sailing waters with a day at the world's largest sailboat show. This will be a busy weekend and you will need to take off Friday as well as the weekend. So check your calendar and let us know as soon as possible. A deposit will be required for the sailboat rental. This will depend on the number of trippers as well as sailing preferences/experiences.

Sailing Fees: Day rental is \$14 per day; \$7 per half day when available; Plus the AYH activity fee of \$1 for AYH members and \$3 for non-members.

Sailboat Rentals: At least one Sunfish and one FJ will normally be stored on the racks at Watts Bay on Lake Arthur for day rentals at a fee of \$30 for the FJ and \$25 for the Sunfish. Additional sailboats, including a 470, are also available when a vehicle with a trailer hitch is available. Rentals are not considered AYH trips and are available only to AYH members with significant prior sailing experience who can rig and de-rig themselves and will take full responsibility for the equipment. Contact Bob Zavos for additional info.

NEW HOSTELS, From Page 1

Fidelity Investments-Ride For the Kids

Come Join **Franco Harris** on Sunday, October 9th for a 10,25 or 50 Mile Bike Tour, 100% of the proceeds to benefit The Children's Hospital Free Care Fund.

WHERE: The ride will start and end at Donzi's on the Boardwalk in the Strip District. There will be a "Bikers Buffet" at the Boardwalk restaurants along with music and terrific prizes after the ride, so plan to stay and have fun!!!

WHO'S INVOLVED: Fidelity Investments, Pittsburgh is the main sponsor and underwriter for the ride. We've Brought on a terrific support team who have offered their time, services and talents to make this a first class event. They are:

The Youth Cycle League
The Pittsburgh Power, 1993 NCL Champs!!
The Pittsburgh Area Cycling Coalition (PACC)
KDKA-TV
The Boardwalk in the Strip District

Call 1-800-544-9797 or 412-231-6808(PACC) 9AM-5PM for pre-registration and information.

SEE YOU THERE!!!!

This Advertising Space Donated by:
Hostelling International,
American Youth Hostels,
Pittsburgh Council.

Hostelling International-Ft. Lauderdale International House

is now open! This 96 bed hostel is located across from the ocean on the famous Galt Ocean Mile in the center of the entertainment district. Relax by the pool, cool off in the air-conditioning, watch cable TV from every room. A 24-hour staff is there to help. HI-Ft. Lauderdale International House offers special water sports packages with instruction in snorkeling, reef diving, underwater sight seeing, wreck dives and a full certification in SCUBA diving. The hostel also shuttles visitors to the Everglades and Kennedy Space Center and hosts Sunday barbecue dinners. Members pay \$12 per night. **For information/reservation: HI-Ft. Lauderdale International House 3811 North Ocean Blvd. Ft. Lauderdale, FL 33308 (305) 568-1615.**

Paris Cite' des Sciences Youth Hostel was recently opened by Federation Unie de Auberges de Jeunesse (FUJ). Close to the center of Paris, the hostel is convenient to all forms of transportation—highways, ring road and subway. It is directly accessible from the Gare du Nord, de l'Est and Austerlitz railway stations. It is five minutes away from the parc de la Villette et du Zenith and guests can visit the Cite des Sciences, la Geode and la Grande Halle to attend concerts. Reservations are accepted through IBN. **For information/reservations: Paris Cite des Sciences 1 Rue Jean-Baptiste Clement, 93310 le Pre St. Gervais, (1) 48432411 Fax: (1) 48432682.**

Auberge de Montreal is a former three-star hotel, has 250 beds and is within easy walking distance of all the exciting downtown bars and shops. The hostel has four to six beds per room, all with ensuite bathrooms. There are also six private rooms for families. All rooms are air-conditioned. This hostel replaces Auberge de Montreal at 3541 Aylmer St, which is now closed. Reservations are accepted through IBN. **For information/reservations: Auberge de Montreal, 1030 rue Mackay, Montreal, Quebec, H3G 2H1, Canada, (514)843-3317 Fax (514)934-3251.**

Changes: Amsterdam

The three historic buildings that comprise the Vondelpark Hostel In Amsterdam have undergone extensive renovations while preserving their unique architectural features.

The new facilities provide rooms with two, four, six and eight beds and ensuite bathrooms. The hostel also has a new, user-friendly keycard security system which provides maximum safety.

The Netherlands Youth Hostel Association expects the hostel to be ready to welcome guests in early June. Reservations are accepted through IBN. **For information/reservations: Vondelpark, Zandpad, 1054 GA Amsterdam, (20)6831744 Fax: (20)6166591.**

ROCK CLIMBING

Date	Level	DESCRIPTION/LOCATION	Time	Leader
Sept 10-11	INT	Seneca Rocks II Coopers Rocks, W Va	730am	Eric Bauer at HQ 687-0766
Sept 17	BEG	Beginner Trip(Last Chance) Coopers Rocks, W Va	730am	Eric Bauer at HQ 687-0766

Notes:

Beginner trips are designed for people who have never climbed before. AYH will provide instruction and climbing equipment. All you need to bring is lunch, water, tennis shoes, and a sunny disposition. Dress for the weather and be prepared for rain. However, if it rains consistently we will cancel the trip. Please call the trip leader for reservations since space is limited.

The Seneca Rocks trip involves multi-pitch climbing; of climbs 200 feet or more. You must attend at least one AYH beginner trip and have attended a "Seneca Prep" trip in order to be eligible for the trip.

SEA KAYAKING

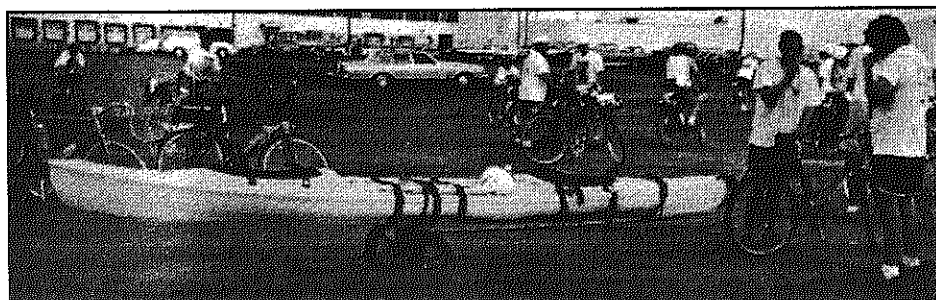
I've noticed that sea-kayaking articles frequently make their way into backpacking publications and if you've been reading "Backpacker" for the last two years or so, you probably know enough to pack and tour with one. They usually call it 'waterwalking' and I think it's appropriate. I originally started out hiking and backpacking with Glenn Oster, and found both the skills needed during a trip, and the appreciations gained to be very similar. Basically the biggest difference is that the load is carried in the hull of a kayak instead of on your back- which means you can carry better food and heavier gear. That's great, considering the efficiency of a kayak in water, and it makes carrying your gear nearly effortless- unless you let someone talk you into a portage over a mountain range like we did at Isle Royale last summer. (Probably) Never again! (Editor Note: See the Picture below, for an idea of how to solve that difficult portage on your next Sea-Kayak adventure. The Cyclist rode over 350 miles with his kayak, for the chance to paddle across the Chesapeake Bay, while the rest of us 1700 cyclists crossed above on the Bay Bridge, making history by being the "First Across" the Bay Bridge by bicycle in the history of the bridge.)

September, being the last month of summer, is a transition month in sea-kayaking. If you want one last summer-like weekend, with sandy beaches, great scenery, and warm evenings full of summertime night noises then join us at the end of the month for a trip down to the Southern Chesapeake Bay. I can't guarantee the weather, but it's usually very pleasant down there then. And we're going on a moonless evening, to paddle at night and see bioluminescence-water that sparkles with light when you touch it. Then in October we will be 'waterwalking' on the Allegheny Reservoir, camping and watching the leaves change, and maybe once there, doing some easy hiking. And finally, over Thanksgiving, we're talking about going to either the Smokey Mountains or Cumberland Lake in Kentucky. Either way, it'll be a trip that combines sea-kayaking and backpacking together to get the best of both sports. Please call if you have any questions, or see me at one of the meetings. Mark Mistrik 647-7609

Sept 14 Wed Mark Mistrik 647-7609
Introduction to sea-kayaking evening trip to North Park or Glade Run lake. Easy trip is a very good way to get acquainted with the sea-kayak. Basic instruction, an overview of the sport, and actual paddling on the lake will be covered. This trip is a prerequisite for almost all other trips for anyone who has never sea-kayaked, and recommended if you haven't been in one lately. Please call to reserve. Meets: 5:45-6:15 pm in Shadyside.

Sept 30-Oct 2 Fri-Sun Mark Mistrik 647-7609
Sea-Kayaking on the Southern Chesapeake Bay weekend. Two days of scenic, protected and safe saltwater paddling on the Rappahannock River, staying overnight at a Youth Hostel/Resort. Unique feature of this trip is seeing bioluminescence during and easy after-dinner night paddle. Dining includes Belgium waffle and fruit breakfasts and fresh seafood dinners. early reservations required to insure space at the Hostel, and for a kayak. Meets: 5:30-6:00 p.m. in Shadyside

Oct 14-16 Fri Mark Mistrik 647-7609
Weekend sea-Kayak touring and camping trip on Kinzu Lake in the Allegheny National Forest (Allegheny Reservoir). A wonderful place to watch the fall colors, kayak, and tell stories by the campfire. Call ahead to reserve a kayak. Meets 6:00 - 6:30 p.m. in Shadyside



An overeager cyclist/kayaker on the 1994 Cycle Across Maryland

Photo by Editor, Bill Eberle, taken near Salisbury, MD.

HIKING / BACKPACKING

NOTICE TO HIKE LEADERS: IF YOU WANT TO LEAD A TRIP IN OCTOBER, CALL JIM RITCHIE, 828-0210, BEFORE SEPTEMBER 6th.

September 9-11 Fri.-Sun. Glenn Oster 364-2864
Quehanna Trail Backpacking Trip. If you've ever wanted to hike a segment of the wild and rugged Quehanna Trail, this is your last opportunity in Glenn's series of hikes on this trail. This segment, completing the full circuit, covers 24+ miles with one major descent and climb. It's well worth doing. Call Glenn for information and reservations.

September 11 Sunday Leo Stember 681-1385
Quebec Run Wild Area. 5-8 miles. This is a loop hike in the Quebec Run Wild Area of Forbes State Forest, south of Uniontown. Intermediate hiking. Some moderate hills. Moderate pace. Meets at 9:00 am. Call for meeting place and further information.

September 25 Sunday Leo Stember 681-1385
McConnell's Mill. This is a loop hike, between 5-7 miles on the trails in McConnell's Mill State Park; exact length and difficulty will be determined by the group. Meets at 9:00 am. Intermediate skills, moderate pace, mostly flat with some rough terrain. Call, daytime is best, for meeting place and additional information.

Sept.30-Oct. 1,2 Fri.-Sun. Ed Beck 469-2588
Keystone Trails Association Fall Meeting, Lewistown, PA. Put this one on your calendar. This is the big meeting of all the hiking people in Pennsylvania. Camping or lodge/cabin accommodations and meals will be available at a reasonable cost. In addition to a byoss (bring your own slide show) get together on Friday night, there will be a half dozen hikes in the area to choose from on both Saturday and Sunday. Meet the legends of Pennsylvania hiking. Get involved at the statewide level in hiking and trail maintenance activities. Call Ed to get yourself a registration form.

October 2 Sunday Maynard Hansen 751-7615
B.O.L.D. Hike on the Youghiogheny River Trail and Cedar Creek Park. AYH and B.O.L.D. (Blind Leisure Outdoor Development) get together to hike along the Yough River Trail near Cedar Creek Park. About 5 miles; easy hike (mostly flat, smooth terrain). Meets at HQ in Mellon Park at 10:00 am or at the entrance to Cedar Creek Park on Route 51 at 11:00 am. Call Maynard for reservations or further information.

October 9 Sunday
Monika Vucic (Volunteers) 325-4758
Lori Nixon (To Hike) 261-4352
Second Annual American Cancer Society Hike-A-Thon. Laurel Ridge near Linn Run State Park. Hike will begin at 10:00 am, 12 miles, with 5 shorter loops to choose from. Hike on the Laurel Highlands Hiking Trail, see Beams Rocks, and the beautiful autumn colors. Be a participant or be a volunteer. Volunteers are needed to help organize, advertise, to be trail guides, rest-stop attendants, and clean-up crew. Call Monika for more information or to volunteer your services. **THIS IS NOT AN AYH EVENT!!!**

October 15-16 Sat.-Sun.
Armstrong County Tourist Bureau 548-3226
Armstrong County Fall Foliage Hike. Each year, at the peak of the fall foliage season, the Armstrong County Tourist Bureau sponsors its Fall Foliage Hikes, one on Saturday and a second on Sunday. The hikes utilize the Baker Trail, the Armstrong Trail, and several other lesser known trails in "Outdoor Adventure" country. Turnout ranges from 40-200 participants. Put this one on your calendar now and watch this space in the October *Golden Triangle* for more details or call the number above. **THIS IS NOT AN AYH EVENT!!!**

MID-WEEK RAMBLES**"The Sixth Year Of Rambles"**

Sept 7 Wed Cliff/Marilyn Ham 687-4520.
Tour of South Oakland, including Oakland Square. Bring Lunch for picnic afterward.

Sept 14 Wed Cliff Ham(for info) 687-4520.
Southside Riverfront Park and more of the Heritage Trail as far as Station Square. Leader to be announced.

Sept 21 Wed Cliff Ham(for info) 687-4520.
Northside, more on the Heritage Trail from the Science Center to Heinz and return along the Clemente Walkway. Leader to be announced.

Sept 28 Wed Cliff Ham(for info) 687-4520.
Fall Trip to Duck Hollow via Frick Park. Leader to be announced.

Notes for all trips:

- * Meet in upper parking lot, Fifth and Shady Avenues, by 10 a.m.
- * Trips are subject to change because of weather, conflicts of schedule, and choice of group. We will plan a walk in all kinds of weather; be prepared.
- * We try to carpool, to save energy and to enjoy each other. Please share expenses of transportation when trips exceed 10 miles. Suggested: one dollar per passenger.
- * Call the leader for further information about a trip or to inform the leader that you plan to attend. Call Cliff or Marilyn Ham at 687-4520 for information. Please do not call after 10 p.m.

CLASSIFIED

All trips and products listed here are private and are **not sponsored or endorsed** by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

FOR SALE: Coleman Peak 1 fuel bottle, cookkit, windscreen \$30 Dome Tent 10'x10', 4 person. center height 83". used once. \$50 Eureka-Timberline Tent. Shock Cord Poles. 4 person. \$50. Call Jan @ 371-4233.

Bike Baby Trailer, Almost New, Still in Original Box. Holds 2 kids in forward position. For Sale \$200, call #242-0781.

FOR RENT: Near Monroeville Mall, One bedroom apt, \$300 plus elec. Includes garage, lots of storage space; 823-1790

FOR SALE: Schwinn "le Tour" 10 speed bicycle. 26", excellent like new condition. Silver color. Located at Belleville PA. \$150. Call Walker 1-717-935-2669.

For Sale: Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

For Sale: Women's Tanner all leather Gortex hiking boots. Size 7 1/2 m, like new. Asking \$95. Judy 443-6795.

For Sale: Schwinn Tempo Bicycle, teal & white, 26" 12 speed, Mavic 40 rims, Cateye Micro-computer, very good condition \$250.00 Phone John 775-2767.

For Sale: Coleman Tent Trailer - Basic trailer, no stove, sink, etc. All new canvas. \$300 or BO. evenings 371-1384.

Editor, The Golden Triangle
6300 5th Ave
Pittsburgh, PA 15232

REQUEST-A-HIKE

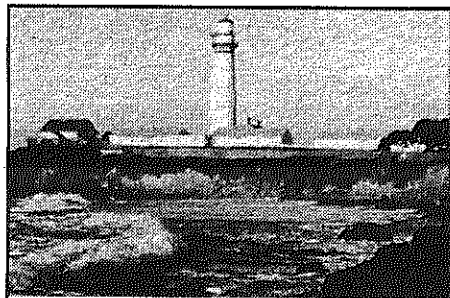
Is there an area in Western Pennsylvania that you've always wanted to hike? But you don't want to go alone? And you don't know the area very well? If your answers to these questions is "Yes", call Jim Ritchie at 828-0210 and we'll find leaders that knows that area and ask them to schedule and lead a hike there. If you want to keep the difficulty level to easy or intermediate or you would like a strenuous, exploratory hike, let me know that also and I will pass that information along as well.

UC-BERKELEY PARTNERSHIP

HI-AYH formed an innovative partnership with the University Of California-Berkeley to implement our environmental conservation project. Students developed plans for four San Francisco area hostels to become advanced Sustainable Living Centers. They also participated in a competition to design an ecologically sustained hostel for Yosemite National Park.

Professor Sim Van der Ryn, head of the Ecological Design Program, developed the program. He is one of the founders of the sustainable design movement and a former State Architect of California. Working Closely With the Golden Gate Council of HI-AYH and hostel managers, his students devised creative design projects, taking into consideration the unique features of each site.

For the downtown San Francisco hostel, students designed a display describing the life-cycle of resources and materials used in the hostel on a daily basis. Another group published a guide to a nature trail around the Marin Headlands hostel just across the Golden Gate Bridge. For the Pigeon Point Lighthouse hostel on the central California Coast, students composed a plan integrating sustainable practices and instilling a sense of community among hostellers. The hostel on Point Reyes National Seashore now recycles mop water using indigenous water plants and a solar powered aqua-cell.



HI-Pigeon Point Lighthouse, Pescadero, CA

The sustainable hostel design competition was so successful that we had four winners. Their designs were notable for using recycled and indigenous building materials; incorporating resource conservation into the design concept; and, integrating the hostel into the natural surroundings of Yosemite.

This project was a model example of building successful partnerships. The Students gained "real-life experience" and the projects improved the hostels and furthered their goals toward Sustainable Living Center certification.

**VOLUNTEERS NEEDED**

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

*Mon Valley Century (Chuck and Lynn Ejzak, 466-6196)

*SABRE (Wm Eberle, 833-9732)

*Typing articles for the newsletter into a computer (Bill Eberle, 833-9732)

*Hostel development and fund-raising (Marianne Kasica, 665-9554)

*Ohiopyle hostel support and work parties (Linda Smithyman, 531-1868)

*Travel and Hostel Editor for the newsletter, Larry Laude, 665-9554

*Answering questions & council office Joe Hoechner, 422-2282

*Leading Pittsburgh Council trips (Jon Maiman, 441-2306)

*Scouting trails for the next Hiking Guide Joe Hoechner, 422-2282

*Slide shows at the Thursday Open House (office, 422-2282)

*Trail Maintenance, Baker Trail and Rachel Carson Trail (Jim Ritchie, 828-0210)

*HQ Maintenance, minor routine maintenance on a regular basis.. 1-2 people are also needed to coordinate the work, track of volunteer time and to report on HQ to the board and to identify any problems or required major repairs. If you can help as little as one hour a month, please call Larry Laude at 665-9554.

LONDON from page 1

Rotherhite Youth Hostel (Island Yard, Rotherhite) is a newly built hostel right on the River Thames. It has every comfort including ensuite baths! Tower Bridge and trendy Butler's Wharf area are within a mile, and Greenwich is near by.

No matter which sites you visit, YHA England & Wales has the location to stay when you get there, all at attractive prices. London is very busy throughout the year; be sure to book in advance by using IBN or writing the hostel directly.

Otters, from 1

The river otter released into the Yough joined about 20 that were released into the Yough during 1992 and 1993. In addition, the project is being coordinated on the Maryland side in the hopes that the two colonies will eventually combine. The stealthy river otter will continue to be an elusive species for park visitors in part because it is primarily nocturnal. Common evidence of an otter is a slide used to slip into the water. A mature otter weighs in at 10 to 25 pounds and is 30 to 35 inches in length not counting a 15 inch tail. Otters den on the edges of lakes, rivers, and streams. Their dens may be excavations under tree roots, rock piles, or abandoned beaver lodges. Dens typically have an underwater entrance and an above ground living space. The otter is still considered a vulnerable species in Pennsylvania but partly due to an improved public attitude, and partly to a cleaner environment, it's hoped that they are back to stay.

So, next time you are boating on the Yough keep your eyes open for a sleek little whiskered fellow and just say Hey, glad you're back!

This article was reprinted from the KEYSTONE WILD NOTES, SPECIAL ISSUE, which is published by the Wild Resource Conservation Fund, P.O. Box 8764, Harrisburg PA, 17105-8764.

SECOND ANNUAL AMERICAN CANCER SOCIETY HIKE-A-THON OCTOBER 9

The American Cancer Society of Western Pennsylvania will hold its 2nd Hike-A-Thon on Laurel Ridge, above Linn Run State Park, on October 9th. The purpose is not only to raise money for a worthy cause, but also to introduce novice hikers to the beauty of Nature, and the pleasures of the Trail. The annual Hike-A-Thon is the idea of Monika Vucic of Monroeville, an avid hiker who has lost several family members and friends to cancer in recent years.

The event will begin at 10 am, rain or shine! The route is a loop trail, mainly on level terrain with only a few easy hills. Highlights include a stretch of the Laurel Highlands Hiking Trail, Beams Rocks, and the colorful autumn foliage. The longest route is 12 miles, with 5 shorter versions, giving options to all levels of hikers. There will be 3 or 4 rest stops along the way, providing drinking water and shuttle service back to the starting area. All participants should be in good health and will hike at their own risk.

A detailed description of the hiking trail, including a color-coded map, will be sent to each registered participant along with a pledge sheet. Details concerning sponsorship and donations will be provided when you register. Participants, sponsors, and volunteers are needed to help ensure the success of this event. Volunteers will help organize and advertise for this event, and also to act as trail guides, rest-stop attendants, and cleanup crew.

All those who want to register for the hike should call Lori Mixon of the ACS at (412) 261-4352. Those who wish to volunteer their services should call Monika Vucic at (412) 325-4758. Registration deadline is October 3, 1994.

**ambridge
bike
shop**

518 merchant street,
ambridge, pa.

phone : 266 - 1111

Trek - Specialized - Cannondale

Klein - Diamond Back - Frames

Burley Tandems and Trailers - Santana

Very complete selection of parts, accessories, helmets, and clothing

Fit Kit sizing - Wheelsmith spoke computer - complete frame prep

with over 20 years experience serving Western Pa. cyclists

* 10% off all non-sale items to A.Y.H. membership *

■ It's worth the drive to the Ambridge Bike Shop ■

(Call us now about our customer bicycle repair clinics)

The Pittsburgh Council office is open Mon, Wed, and Fri, from 9:00 am to 3:00 pm, and Tuesdays from 1:00 pm to 6:00 pm. We're in Room 202 of the Wightman School Building at 5604 Solway St. in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, Eurail Passes, and books are available. For Info Call 422-2282.