



golden
triangle

ayh

pittsburgh council, american youth hostel, inc.

Volume 21 Number 2 February, 1970

' A Y H B A N Q U E T '

You are invited to
the
22nd ANNUAL BANQUET
PITTSBURGH COUNCIL AYH

Saturday, March 28, 1970
The Red Raven - Hamarville, Pa.
(Holiday Inn - Route 28 North)

Donation : \$5.00 (includes gratuity)

Banquet Chairman: Marilyn Ham 621-7825

Please submit anything for photo, art and nature exhibit to Marilyn Ham

----- (please clip and mail) -----

RESERVATIONS:

NAME _____

ADDRESS _____

Please reserve: _____ Swiss Steak and _____ Roast Turkey

No. of reservations at \$5.00 _____

Youth 16 and under at \$4.50 _____

Make checks payable to: Pgh. Council AYH, Inc.

Mail to: Mrs. Abbie Caertz, 1348 Hillside Drive, Monroeville, Pa. 15146 (322-6953) or
Mrs. Ann Fisher, 5473 Kipling Road, Pittsburgh, Pa. 15217 (521-8992)



The new heater at AYH headquarters and a lot of hams cooking themselves



John Henry, AYH President and Loretta Young at the National meeting in San Francisco



The ski season is here! Join in the fun - sign up for trips

In the North Hills--
Scholls Cycle Center
406 Perry Highway
Pittsburgh, Pa. 15229 (931-6711)

In the South Hills--
Baker's Bicycle Center
2639 West Liberty Avenue
Pittsburgh, Pa. 15216 (343-4230)



Accessories,
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In the East Hills--
Schwinn Bicycle Center
740 Fifth Avenue
New Kensington, Pa. (335-6464)

MOROCCO

by Cathy Lynch

Marrakech, Morocco, December 30, 1969. Marrakech, crossroads of North Africa. Marrakech, shadowed by the snow-capped Atlas Mountains, warmed by winds from the Sahara Desert.

It is 7 p.m. The African sunset darkened an hour ago behind the palms and minarets. The Medina has just begun its night of life. In the glare and shadows there is a constant surge of people, mostly men in long, loose djellabas. The few women wear caftans and have veils over their faces. The tourists look out of place in their Western dress.

In the large central square groups gather around each of the myriad attractions--sellers of every kind of food from snails to chestnuts, musicians playing strange music on drums, brass bells, and hand-carved woodwinds, vendors of incense and prayer beads, Berber dancers, and a medicine man who squats on his rug and discourses in Arabic on the merits of his cure composed of leaves, dried fish, and the powders of certain roots. The ingredients are spread around him on his rug. Surrounding the square and in the labyrinth of streets beyond, small booths and shops offer goods of every description. In the glare of Coleman lanterns vendors call to passers-by to see nuts and clothing, figs and brassware, olives and leather. The smell of barbecuing meat blows across the chaos on a slight breeze temporarily obscuring other scents of oranges, mint, and spices. Beggars circulate through the crowds asking for money or bread. More persistent than the beggars are the men who come from the shadows and produce from somewhere in their robes a wallet, a watch, or some hashish and offer it for sale at three times its value. As at the stalls, one must bargain for what one buys. Or one can offer an object for sale in return--or arrange a trade. It is said that one can still buy slaves in Marrakech.

On this particular evening, two American girls are making their way through this ever-shifting maze. They are being followed by two dark men, one of whom has persistently offered his services as guide in two languages. But the men speak to each other in low tones in Arabic. Everytime the girls pause for a moment, he is at an elbow with his unwanted commentary. In order to avoid these men for a while, the girls take the last two places at

one of the food vendor's stalls. At the adjoining bench two men have already begun the meal offered there--mounds of dark purple, orange, and yellow-and-green substances accompanied by bread, sliced tomatoes, and chicken in an oily saffron sauce. The men look as if they might speak English; they do. After the "where-are-you-from's" are over, the man with dark hair says to the girl next to him, "I've met you somewhere before." "You look familiar, but..."

PITTSBURGH COUNCIL A. Y. H. !!!

He is David Wright. The girls are Cathy and Dorothy Lynch. And it did happen just this way. We drank mint tea while David asked about his old friends in A.Y.H. ("The guide" and his friend who took places at the same food booth eventually got discouraged and disappeared.) David and his friend, Brian Price, were on the last leg of a trip around the parts of Morocco in the Sahara Desert by local bus (and the occasional camel). Many A.Y.H.er's will remember that David was an exchange teacher from England at Mt. Lebanon High School two years ago. He was active in A.Y. and wrote a series of articles for the "Pittsburgh Point." The summer after his stay in Pittsburgh he toured the United States. He spent last summer in Greece and Turkey. David is now teaching at a Teachers' Training College in Norwich, England. He is still interested in all news from Pittsburgh. His new address is: David Wright, 25 Winsford Way, Norwich, England.

SNOW CAMPING IS FUN!

by Bruce Sundquist

Very few people take advantage of opportunities to visit their favorite backpacking spots in the winter when the snow is deep. They miss scenes of incredible beauty, the satisfying crunch of undisturbed snow under their snowshoes or skis, and the chance for true solitude (there is almost no chance of encountering other parties in remote areas, at least not at present). No doubt many are afraid they will spend at least part of the trip being cold, wet, and miserable, while in truth, if they are properly equipped, they almost certainly will be more comfortable than they would be walking the city streets.

Snowcamping is advanced backpacking, and generally shouldn't be attempted by those who haven't tried it under milder weather conditions. The same equipment is required, with certain additions considered necessary by most snowcampers:

Warm jacket. A down parka is nice but several layers of lighter jackets, warm shirts, and sweaters will do. A parka with a hood, either padded or a shell, is especially good to keep the snow off your head and neck.

Wool cap, or better, a face mask.

Sunglasses or snow goggles.

Ski pants or loose fitting wool pants.

Long underwear. Many swear by fishnet thermal underwear.

Warm mittens (not gloves).

Lined, waterproofed boots or high gaiters worn with three pair of socks, (one inner sock, two outer heavy woolen socks). Sno-Seal is a favorite for waterproofing boots. Unlined, light weight summer hiking boots are often impossible to waterproof and often are too small to permit wearing several pairs of socks. Although heavy plastic bags can be worn between the boot and socks, you still should not depend on summer boots. The penalty could be frost-bitten feet.

At least three complete changes of socks.

Gaiters to keep the snow out of your socks.

Light weight backpackers' tent with sewn-in waterproof floor.

Small stove suitable for backpacking.

Warm, down-filled sleeping bag.

Insulated pad to keep out the cold from the ground. Ensolite is the best.

Snowshoes or skis. If you are not a moderately skilled skier familiar with the waxes and skins needed for cross-country travel you will probably be best off on snowshoes. There are many models. The Cross Country and Michigan types, in between the long, slender trail shoes and the short, wide bearpaws, are probably best for all around use. Some are now made with synthetic webbing and bindings, which are more durable than the traditional rawhide.

Ski poles. Not absolutely necessary for snowshoeing, but very helpful in maintaining your balance in cross-country travel.

Sunburn ointment and chap stick.

Optional: candle lantern, carbide lamp, or just a candle.

Although there is no particular trick in learning how to snowshoe, it does require about twice as much energy as ordinary walking. If you think ten miles is a good day's hike over bare ground, you'll probably feel the same way after about five miles on snowshoes.

Generally, you will not want to spend much time sitting around eating lunch when the weather is cold. Many of the foods you enjoy in the summer just don't taste as good in the winter especially when they're frozen solid! Gorp, a mixture of M & M's or chocolate chips, raisins or other dried fruit, and nuts, makes a good lunch on snow trips.

Unless it is unusually warm or you're spending the night in a cabin or shelter, you may want to dispense with a campfire. Probably the best

way to keep warm after you've stopped walking is to pitch your tent, get water or collect a mound of snow to melt, light your stove outside (if it's the kind that is likely to flare up and burn a hole in your tent), and then hit the sack (with clean dry socks on) and cook dinner in bed. One pot meals are preferable. Be sure that your tent is adequately ventilated while you are cooking.

Winter nights are long. Often several people squeeze together in their sleeping bags in a single tent and spend the early evening talking or reading aloud from a good book that someone has brought along (that's what the carbide lamp or candle lantern is for).

(cont'd in the next column)

TRIPS AND TRAILS

- SUN 1st HIKE - Get-acquainted hike to and in Frick Park. Leave Hostel at 1:00 p.m. Bring 40¢ for insurance and fee. Vince Widmer leads.
- SUN 1st HIKE - Armand Panson leads in an appropriate area, depending on the weather. Hiking boots needed. Leave from upper parking lot about 8:30 a.m. Call 361-0944 for more details.
- FRI 6th ICE SKATING AND DINNER - Skaters and non-skaters welcome to dinner at the Brincka's for Holubki, and then on to ice skating at North Park. Make reservations in advance - call Mary at 381-9510. Cost 50¢. Dinner at 6:30 p.m., meet at HQ at 6:00 p.m. or see Mary for directions.
- SAT 7th HIKE - More trail-finding in the Laurel Ridge area. Leave upper parking lot at 8:30 a.m. Bring your boots, compass, maps, etc. Leader - Morie Oberg - 279-5774.
- SUN 8th HIKE - Kathy Bullano leads a short hike in Schenley Park. Start from the Hostel at 1:00 p.m. Cost 40¢.
- SUN 8th HIKE - Kathy Spinot and Roy Weil explore Stony Creek, in the Johnstown area, source of the tragic flood of 1889. Leave upper parking lot at 8:30 a.m. This is another in the series of White Water River hikes. Reserve by calling Roy at CMU - 683-7000, Ext. 284.
- SAT 7th SKI WEEKEND - Jack Kowalski leads a weekend trip to the fabulous
SUN 8th Denton Hill Ski area in Northern Pa. Reserve with Jack in advance. Leaves Friday night from HQ.
- SUN 8th SKI - Leave at 8:00 a.m. for a one-day ski trip with Bob Omlor. Call 264-3658 after 4:00 p.m.
- FRI 13th ICE SKATING - Regular trip leaves Hostel at 9:00 p.m.

Store your boots in a heavy plastic bag as near to you as you can stand to keep them from being frozen solid (and very difficult to put on) by morning.

This may sound as though there is some hardship involved in snowcamping. Undeniably there is some, but not as much as you might think, and the rewards make it worthwhile to a growing number of people.

LOCAL COUNCIL ANNOUNCES 1970
AMERICAN YOUTH HOSTELS TRAVEL PROGRAM

The Pittsburgh Council of AYH has just released its new 1970 High Road to Adventure travel program in a most colorful and attractive brochure, which offers a world of interesting information to the travel minded.

AYH is offering an exciting travel hamper of some 40 trips in the United States, Canada and around the world, and to Japan's Expo '70, at costs ranging from as low as \$240 for 4 weeks of group travel adventure to \$1195 for 30 days to Israel. Groups travel with 7 to 9 young people under the supervision of trained AYH leaders, via bicycle, bus and public transportation. There are 42 day trips too and an opportunity for the traveler who prefers going it singly to fly over and back to Europe at a special round trip rate of \$245 and take a Hosteling Holiday traveling his own independent way.

To travel the hostel way as offered by AYH is to spend some overnights in simple, inexpensive overnight accommodations where the young traveler can meet people from all over the world and get to know them better.

For more information write to -
"Secretary", Pgh. Council AYH, 6300
Fifth Avenue, Pgh., Pa. 15232 or AYH,
20 West 17th St., New York, 10011.

OPEN HOUSE
Thursday, 8:30 P.M.

- Feb. 5 Skiing is in! Two short ski movies are on the program -
Ski Week with Othmar Schneider
and Bromley People.
- Feb. 12 It's a super white water show
(especially for those of us
who may never see it from mid-
stream).
- Feb. 19 Rita Ernst guides the tour of
Equador.
- Feb. 26 It's folk dancing time again
with Hugh Gilmour.

SPECIAL ANNOUNCEMENTS

Two more AYH couples have decided to take the big trip. Scheduled to go down the aisle are:

Mary Micules and Dave Davenport
Judy Miller and James Hurst

WANT ADS

The C-2 mold is finally completed! The best approach to making boats is to buy material in quantity. Anyone interested in companionship on the river this summer - think about making a C-2 now. The estimated cost will be \$85. If enough people are interested the project can be handled the same as the C-1 and K-1 projects. Call soon, as an order needs to be placed with Defense NOW! Contact Kathy Spindt (486-9512 after 4:00 P.M.).

Wanted - 1 ski rack for sports car, also

1 female roommate. Call Sue
Simlar, 371-2595.

The GOLDEN TRIANGLE is published by
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American Youth Hostels, Inc.
6300 Fifth Avenue, Pittsburgh 15232
Phone: (Thursday evenings) 362-8181
Editor: Judy Miller 481-1552

- SAT 14th SWIMMING PARTY - Swim at Carnegie-Mellon pool, meet at HQ at 6:45 p.m. If you don't know where pool is located. Bring 50¢ to \$1.00 for cost. \$1.00 for pizza party following swim. Contact Roy Weil at 683-7000, Ext. 284.
- SUN 15th SLALOM SKI RACES - Anyone can come and challenge - or just watch if you're chicken. Jim Hurst signs up the ski competition - call 434-3964 during the day. Leave HQ at 8:00 a.m.
- SUN 15th HIKE - Kay Lew and J. D. Meyers escort the afternoon crowd to Duff's Park in Murrysville. Leave Hostel by 1:00 p.m., return about 5:00 p.m. Cost about 75¢ including transportation.
- FRI 13th HIKE WEEKEND - Weekend trip to Kettle Creek in Central Pennsylvania.
 SAT 14th Go hiking, tobogganing, snow shoeing in the state forest. Call Rich
 SUN 15th Bartoo 882-4368 or Henry Pollak 421-9413 for reservations. Cost about \$12.00
- TUES 17th SKI - Evening ski trip with Bob Omlor. Leave HQ at 5:30 p.m. for either Bear Rocks or Castaways in McKees Rocks.
- FRI 20th ICE SKATING - Leave Hostel at 9:00 p.m. for late-night session at North Park.
- SAT 21st SKI - Leave Hostel at 8:00 a.m. for one-day downhill skiing trip. Contact Bob Omlor for details.
- SUN 22nd HIKE - Baker Trail Hike with Trail Chairman Eb Moll. Not too difficult, but good shoes and warm clothing are important. Call 441-0226.
- SUN 22nd HIKE - We leave the Hostel at 1:00 p.m. for another friendly hike in one of the City's parks. This time it will be Riverview, with Cliff Ham leading - he thinks.
- MON 23rd TRIANGLE PARTY - Join in the fun and social side of AYH at the Triangle put-together party at Jim Hurst's house - 1261 Raven Drive. Party starts at 8:00 p.m. Call Jim for directions at 434-3964 during the day -- everyone welcome.
- FRI 27th ICE SKATING - Join the hardy ice skaters -- meet at the Hostel at 9:00 p.m. Skate at North Park.
- SAT 28th SKI WEEKEND - Mike Hurwitz leads this trip to the popular Denton
 SUN-Mar 1st Hill ski area in the Allegheny National Forest. There should be plenty of snow and good accommodations in an A-frame lodge. Leave early Friday night. Call Mike for reservations. Work 256-3343, Home 731-1083.
- SUN Mar 1st SKI TOURING - Bruce Sundquist leads a ski touring trip. Leave in the upper parking lot at 8:00 a.m. Contact Bruce for information, also if you need cross-country bindings.
- TUES Mar 3rd SKI - Evening skiing with Bob Omlor to either Bear Rocks or Castaways near McKees Rocks. Leave Hostel at 5:30 p.m.
- FRI Mar 13th COOKS FOREST WEEKEND - Plan now for the AYH Annual Gemutlichkeit
 SAT Mar 14th Feldlager. The cabin is reserved and there is space for 40 or more.
 SUN Mar 15th Community cooking. Last year the cost was \$10.00. Call Kathy Lynch at 361-3707 to reserve or for more details.

FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 HIKE
2	3	4	5 Open House	6 Ice Skating and Dinner	7 HIKE	8 HIKE
					SKI WEEKEND	
9	10	11	12 Open House Triangle Articles Due	13 Ice Skating	14 SWIM	15 Salom Ski Race HIKE
16	17	18	19 Open House	20 Ice Skating	21 SKI	22 HIKE
23 TRIANGLE PARTY	24	25	26 Open House	27 Ice Skating	28	
					SKI WEEKEND	

Pittsburgh Council
AMERICAN YOUTH HOSTELS, INC.
6300 Fifth Avenue
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