



golden
triangle

ayh

pittsburgh council, american youth hostel, inc.
Volume 22...Number 1...January, 1971.

OPEN

with
DON MORIN

HOUSE

Thursday evenings at 8:30.....

January 7...SURPRISE PROGRAM...start the new year with something new and unique. Sport your Christmas finery and boast of new resolutions, number 1 of which should be...get more fun out of life through AYH.

January 14...Jack Kowalski shows a ski movie, "Ski Weekend," with Othmar Schneider!!!

January 21...Doug Ettinger shows some scenes of former hikes and various pin-up girls who hit the trails. Help to assemble the Golden Triangle!

January 28...Do you still have that ski parka that you've outgrown, or that extra pair of hiking boots? Get rid of them at the First Annual White Elephant Auction Sale. Clean out the trunk of your car and that corner of the cellar. Unclaimed mittens and compasses left by careless hikers in your car can finally be disposed of. Who knows what bargains lurk in the glove compartments of men?

LATE NEWS FLASH

The family contemplated in the "immediate future" by Tess and John Henry has finally established a foothold. On Monday, November 23, Brian Charles Henry was born at the West Penn Hospital. He weighed in at 8 pounds 3 ounces.

what are You doing for
Ecology?

Suddenly everyone is talking ecology, a subject that AYH has been concerned about from its very beginning. The more we hear, the harder it appears to fight against pollution in any form. Industry has the advantage of lobbyists in our capitols and the hidden persuasion of our commercial advertising.

Can the individual or an organization do anything? Government Agencies can be pressured to do their rightful jobs in encouraging corporations to work in a more responsible manner.

AYH'ers have always been meticulous in their conserving the trails and the outdoors. Sandwich bags and all debris have been tucked back into knapsacks and transported into the city and disposed of. I recall one hiker carrying a rusty, gallon-sized gasoline can that she found in a stream...until she reached a point in park where it could be disposed in a garbage can. Even chewing gum wrappers are folded and pocketed until they can be properly disposed of.

In a recent article in the FORECAST, published by the Allegheny County Soil and Water Conservation District, several tips for the individual to practice in his own personal fight of pollution were given; and I should like to pass them on to you. Only by example can we possibly expect others to follow our habits.

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*AYH Golden Triangle is a monthly pub-
lication of the Pittsburgh Council of
*the American Youth Hostels, Inc. *
*6300 Fifth Avenue, Pittsburgh, Pa. *
*Zip 15232. Phone: 362-8181 *
*Editor: Hugh Gilmour *

Personality of the Month.

MEET MORIE OBERG....Hikers can thank the ingenuity of Morie for the wide range of hiking activities offered to them in the last two months, and once spring arrives, a wider variety will be enjoyed. A member of the Pittsburgh Council for almost two years, Morie is serving his first office as hiking chairman.

Originally from Muskegon, Michigan, he graduated from Michigan State University and then received a masters' degree from Wayne State University in Detroit. Employed as an industrial hygienist by the city of Detroit Health Department, he is currently on an educational leave of absence and working toward a doctorate in occupational health at the University of Pittsburgh.

Now at the age of 32, he enjoys the four C's: cycling, camping, canoeing and climbing as well as hiking. Water fascinates him especially, evident in his love of sailing and his hobby of building model boats.

Another one of our enthusiastic photographers, Morie enjoys capturing the friendliness of hikers on film, and he speaks fondly of the opportunity that AYH affords of the outdoors and the inexpensiveness of the enjoyment. Now sporting a beard, Morie can be easily recognized. Get acquainted with our hiking chairman!

FOR SALE Northland wooden skis with ski free bindings...195 cm..\$10.00 Reiker sealed soled buckle boots size 8-M now going at \$20.00. Terry Sanders 241-1479

FOR SALE Men's ski boots, size 11, excellent for beginners \$10.00.
Call Dave Porterfield 822-7530

WHAT ARE YOU DOING FOR ECOLOGY?

(continued from page 1)

Do you keep your engine well-tuned? If you have an air pollution device, keep it cleaned. Avoid idling your engine unless extremely necessary. Join a car pool or use public transportation.

How about your home furnace? Do you keep it clean and operating efficiently?

Since power plants are usually some of the greatest polluters, you can conserve electricity by turning off unnecessary lights, shutting off all of the necessary frills that civilization seems to think we need. When did an electric toothbrush ever do a better job than one that is hand-operated?

Use detergents that are low in phosphates, and then use them sparingly, just enough to do the job and no more.

Think twice before buying the decorator colored tissues, napkins and paper towels whose colored dyes do not dissolve in water.

The use of sand instead of rock salt on snowy sidewalks will not add harmful chlorides to the water.

Avoid disposable bottles and cans whenever possible and store food in reusable containers. Reuse paper bags, boxes, envelopes and other containers. Save those gift boxes, wrappings and ribbons again. Donate those abandoned Christmas cards to some charitable organization that uses them in making arts and crafts. Carry a lunch box and thermos to work instead of that paper bag. Share a magazine subscription with someone else.

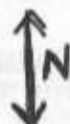
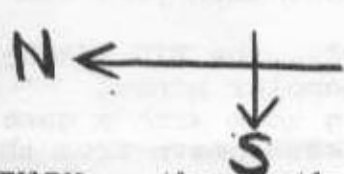
Shun fur coats made from animals that are fast being depleted. Leopards, alligators, baby seals, and tigers will thank you.

Keep the noise under control. Is your radio, TV, air conditioner or car creating excessive noise? Leave your transistor at home when you hike.

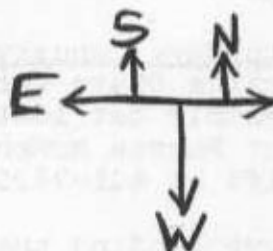
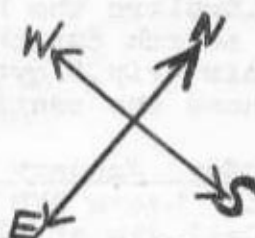
Last, but not least, DISPOSE OF THIS PAPER

THOUGHTFULLY.....

TRIPS



TRAILS



JANUARY....the month of resolutions...and good intentions.....1971.

Sunday, January 3... Energetic Cathy Lynch begins the new year with some old or new skaters at Panther Hollow if the weather permits. Be prepared to hike in Schenley Park if the ice discourages skating. Leave from the upper parking lot at 1 P.M. (361-3707)

Tuesday, January 5... Try uncrowded evening skiing at Seven Springs with Bob Omlor. Leave AYH at 4:15 P.M. with your own supper and about \$6.00. Your own skiing equipment will eliminate the rental of the skis, etc. Drivers who would like to leave later are welcome to do so; however, you must reserve for a ride. Call Bob at 264-3658 between 3:30 and 10 P.M.

Friday, January 8 to Sunday, January 10... Too cold for caving? Norman Snyder doesn't think so, for he leads a cave trip to Norman Bone Cave, one of the best in West Virginia. The cave boasts a formation that is 15 feet high, a waterfall 30 feet high, a cave passage flat as a sidewalk, and walls white as sparkling snow. Leave Friday night at 7 P.M. and return Sunday morning about 2 A.M. Call Norm at 371-2371.

Saturday, January 9... Another joint hike with the Wilkinsburg Boondockers to the wilds of North Park. Leave from the Wilkinsburg locale at 8 A.M. Call Cliff Ham for additional details.

Saturday, January 9.... Leave AYH for a day of skiing at Seven Springs. Cost will be about \$9.00 with your own equipment. Save money by bringing your own lunch. Reserve with Bob Omlor (264-3658).

Saturday, January 9 to Sunday, January 10... BIG WINTER WEEKEND...Enjoy the warm hospitality of Rich Bartoo's mountain cabin. Escape the city and toboggan, snowshoe or hike on the Susquehannock Trail in the beautiful Grand Canyon area of central Pennsylvania. Reserve early. Cost of \$10.00 includes everything: food, lodging, etc. Call Rich 882-9568.

Thursday, January 14... Cross-country skiing in Schenley Park, a good preparation for longer day trips. Reserve C-c equipment with Bob Omlor (264-3658) Lack of snow will cancel trip for obvious reasons.

Saturday, January 16 to Sunday, January 17.. Ski the entire weekend at Seven Springs. Rates will depend on the number of people interested. Excellent opportunity for beginners as instruction will be given from experienced skiers. Call Jack Kowalski at 681-1611.

Sunday, January 17... Intrepid Jim Hurst leads a rugged hike on the upper Yough between Sang Run and Friendsville. Enjoy the rustic natural beauty of an area known only to a few brave white-water canoeists and a few lost mountain goats. Call Jim at 276-0447 for departing time and reservations.

Tuesday, January 19... Another uncrowded evening of skiing at Seven Springs. Check details of trip on January 5. Same conditions prevail.

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Saturday, January 23...Explore the Lake Arthur area in the newly opened Moraine State Park and search for the last lost hiking group. "No one can possibly get lost on this trip," quotes stalwart Cliff Ham and equally stalwart Bernie McKenna echoes the sentiment. Leave AYH at 8 A.M. You may call Cliff at 621-7825.

Saturday, January 23...Try skiing at Hidden Valley with Jim Hurst leading the trail. Leave AYH at 8.A.M. Cost about \$8.00 with your own equipment and lunch. Call Jim at 276-0447.

Sunday, January 24...the BIG BIRTHDAY HIKE...J.D.Myers leads what has become one of the most popular annual hikes on the Forbes Trail. Hike, eat and relax in his living room with a game of scrabble, checkers, etc. Introduce a new game if your like. Leave from the upper parking lot at 9:30 or meet at the Thrift Drug Store in the Monroeville Shopping Center at 10:00. REserve with J.D. at 372-7599..

Sunday, January 24...Mike Hurwitz leads a ski trip to our highest ski area, Blue Knob. Leave at 6 A.M. and get a full day's skiing. Cost is about \$9.00 with your own lunch and equipment.

Thursday, January 28...Another cross-country skiing session in Schenley Park. Check January 14 for details.

Saturday, January 30 to Sunday, January 31...Henry Pollack leads a brave "few" on a snowshoeing, back-packing trip in the Wolf Gap area of West Virginia. Individual cooking so come prepared. Leave from upper parking lot at 7 P.M. on Friday.

Sunday, January 31...Hike at least 8 miles of the Baker Trail with Rich Bartoo (882-9368) Leave from upper parking lot with lunch, boots and warm clothing at 8:30. A good hike for beginners.

Pittsburgh Council
American Youth Hostels, Inc.
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