

# GOLDEN TRIANGLE

PITTSBURGH COUNCIL AMERICAN YOUTH HOSTELS, INC.  
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## JULY OPEN HOUSE PROGRAMS 8:30 P.M. - THURSDAYS

JULY 6 - HENRY FISHER will show the Tetoners what they are in for - now that it's too late to back out!

JULY 13 - See the Southwest via slides shown by LEE HAYDEN.

JULY 20 - Take a slide trip to Central Europe while PAT MC GUNAGLE narrates.

JULY 27 - To be announced.

Suggestions are welcome to new and interesting ideas for Open House nights. See BRUCE SUNDQUIST or TOM WEET any Thursday evening. DON'T FORGET! Cycle trips every Thursday evening at 6:30 starting from the hostel and returning in time for the 8:30 meeting. This is a good way to get to know Pittsburgh better.\*

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## NEW P.R. AND TRIPS AND TRAILS CHAIRMEN

BOB HERMAN is our new "Trips and Trails" chairman, replacing DICK ROTHROCK who recently moved to Washington State. Anyone with ideas for trips which he would like to lead or see led should contact Bob (361-8864) or the appropriate activities chairman.

In the Public Relations department we have ABBIE GEERTZ who replaces SUE SIMLER who will be leading a European trip for the next few months. Anyone with ideas for public relations projects or who would like to help Abbie should call her at 372-6053.

## AGE MINIMUM ON RAFT TRIPS

At the June Activities Board meeting it was decided to set a minimum age for participants of raft trips. The minimum age was set at 12 when accompanied by parents, 14 without parents. The reason for this policy is safety. Trip leaders should set higher age limits in early spring or on trips involving greater-than-average danger or ruggedness.

\*If you are looking for longer evening trips than we have Thursday evenings, call BILL PULLING (655-3083). He rides out of South Park every evening and would welcome other riders.

### PLANS FOR HEADQUARTERS

In order to keep our headquarters from falling apart, becoming a disgrace to Mellon Park, and to enable it to accommodate an expanding program, a number of improvements are to be made. These include:

- 1) Painting the exterior green trim.
- 2) Painting the exterior white.
- 3) Installing a third furnace for winter.
- 4) Installing a wall rack to accommodate more cycles in our cycle shop.
- 5) Possibly tiling the floor in the outer room.

Needless to say, all this can't be done by the "same old people" if for no other reason than that these "same old people" lead our trips. Those interested in keeping our "Trips and Trails" page from having that blank look should (in the words of our President) 'move it' and tell BERT HANSON (242-4650) how much time they can spare.

### THOUGHTS OF CHAIRMAN SUNDQUIST

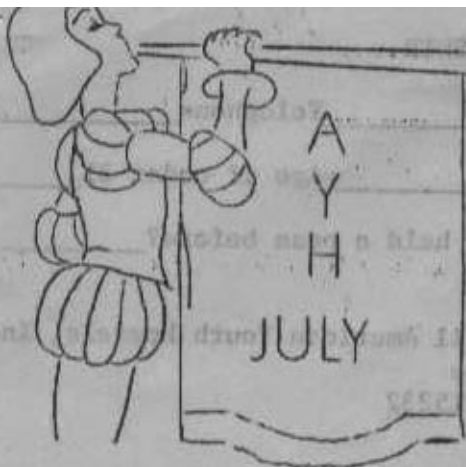
HOWARD KING'S recent white-water trip planned for the Loyalhanna wound up on the Cacapon River (below Cumberland). The canoe guides describe this river as one of the most beautiful canoeing streams in the east. We all agreed. The water was a bit lower than normal so there were only four ledges offering any excitement. This will make a perfect two-day trip in early May of '68.

All of us will miss BARB and DICK ROTHROCK - really great people who contributed large quantities of their time and effort to making A.Y.H. a more enjoyable and meaningful experience for all. Barb's skill at preparing delicious campfire meals has unfortunately beguiled us into counting on her for much of our community cooking. Now we are lost. Perhaps it would be a good idea to divide community cooking duties among a number of people on each trip to develop greater depth in our cook reserves.

BARB and DICK promised to scout the Snake and Salmon Rivers (for rafting), the higher mountain tops (for skiing), and the mountain ranges and seashore (for hiking and back-packing) as soon as they arrive in Washington. Anyone interested in an extended trip out there next summer should let me know.

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TOM WEET'S plans are all set for the Expo '67 trip August 19 to 27. We will be camping out 13 miles from Montreal and are looking for a large tent(s) to use for the girls. Can you help? Trip will cost approximately \$60.00. Reservations and a \$10.00 deposit should be in as soon as possible, August 1 at the latest. Contact TOM WEET (421-0070) for more information, preferably after 10 P.M.



## TRIPS & TRAILS

1-2 Come to the first National A.Y.H. Rally in Columbus, Ohio. Hiking, cycling, canoeing, caving and (?). Exhibits and programs of interest to AYHers. There will be AYHers from all over the U.S. Leave Friday evening at 7 P.M. Reserve with BRUCE SUNDQUIST (372-1212, Ext. 412). Cost \$15 including meals. If you plan to cycle during this weekend call BOB OMLOR (264-4485).

- 1 Advanced rock-climbing at High Rocks with the Teton group. Bring lunch; meet at AYH at 9 A.M. Reserve with HENRY FISHER (521-8992).
- 8-9 Learn to sail with AYH's new sail-canoe rigs at Pymatuning Lake. Leave AYH at 8 A.M. with two lunches, camping gear, and about \$7.00. Community supper and breakfast. Reserve with BRUCE SUNDQUIST (372-1212, Ext. 412). \$2 deposit.
- 8 Rock-climbing practice for experienced climbers at White Rocks. Bring lunch; meet at AYH at 8:30 A.M. Reserve with HENRY FISHER (521-8992).
- 9 Sunday morning cycle trip in Pittsburgh area. Leave hostel at 8 A.M. with 50¢ plus bike rental. Return by noon. Reserve with LEE HAYDEN (682-7053).
- 15 Intermediate white-water canoeing. River to be announced. Bring lunch, clothing and \$4.50 to \$5.00. HOWARD KING leads (264-1386).
- 16 Leave hostel at 8 A.M. with 50¢ plus cycle rental. Visit Highland Park Zoo and New Aquarium. Return by noon. Reserve with LEE HAYDEN (682-7053).
- 16 Intermediate canoeing. River to be announced. Bring lunch; leave AYH 8 A.M. JOHN HENRY leads (661-7952).
- 21-22 Advanced white-water canoeing on the Cheat or Tigar Rivers, W. Va. Leave hostel 7:30 P.M. Friday. Bring camping gear, food for three meals and clothing. Cost \$5.50. Call HOWARD KING (264-1386).
- 23 Join LYNN SCHWING on a beginners' cycle trip in the Murrysville area. Cost will be about 60¢ plus cycle rental. Call Lynn at 242-2393 and meet at the hostel 8:30 A.M.
- 23 Coopers Rock area loop hike. Easy seven miles. Bring lunch and about \$2.50. Leave headquarters at 8:30 A.M. Reserve with ERIC STACEY (351-3296).
- 29 BOB OMLOR leads another Washington County trip to explore more of the covered bridges. Bring a lunch and water and meet at 8 A.M. at the hostel or meet us at South Park. Call Bob at 264-4485. Cost about \$1.20 and cycle rental.
- 29 Raft the lower Youghiogheny from Ohiopyle to Stewarton. Bring lunch, swim suit, change of clothes, soft-soled shoes and about \$3.75. Leave AYH 8 A.M. Reserve with BRUCE SUNDQUIST (372-1212, Ext. 412). Advance deposit of \$2.00.
- 30 Beginners' canoe trip on Kiski River. Leave hostel 9 A.M. Cost \$3.75. Call TOM WEET (421-0070).