The Golden Triangle

Pittsburgh Council

American Youth Hostels

Volume 41 Number 10

October 1990

INSIDE The Golden Triangle

AYH Elections 2
Mt Biking Trail Rules 10
NOTICE 12

Slide Programs for October

October 4
Washington State: Mt. Ranier,
Olympic Rain Forest
Bruce Sunguist

October 11
Cycling "Cushy" Vermont!
Joe & Cheryl Hoechner

October 18
An Introduction to the Pittsburgh
Aviary (slides & live Presentation)
Chuck Tague

October 25
The Changing role in community
The Carnegie Science Center

Slide shows begin at 8:15 pm Headquarters opens at 8:00 pm

We need shows. To volunteer call Rodney Horner (339-0944)

World Traveler - African Adventures by Jerry Slagle

Part IV

One day we rented bikes and rode out in the countryside to visit the old slave pits. Slave trading was a major industry on the island and there is still evidence left for tourists to see. However, I remember most about the east coast of Africa is the mosquitoes. I am somewhat used to them since I've lived on the Texas coast for twelve years, but these carried malaria. Medicine for prevention of malaria can be taken, but there are serious side effects. Some of the group had vision problems and many of us had hair loss. Each person on the truck had different brands of preventive medicine or different combinations of medicines. No one felt 100% sure these drugs worked. Many longterm residents refused to take the preventative drugs and took medicine only after they contracted the disease. (Check with the Disease Control Center in Atlanta or the Topical Disease Hospital in London for current medical information on malaria. Most doctors do not have up-to-date information.)

After the short three day visit to Zanzibar, we flew back to Dar-Es-Salaam to make the rendezvous with our group. We went to the location and they weren't there. Oh well! We went back the next day and checked again. Again, they weren't there. Now we started to wonder about the truck. We began to make plans traveling alone through the rest of Africa. Later when the truck showed up, we found that the owner flew from owner was now driving the truck with only four passengers left. All the other passengers quit in Nairobi. I couldn't believe it, there were only six passengers left from the original twenty-one.

We spent another week waiting in Dar-

Es-Salaam while the owner debated on what to do. Finally, he decided to pay us each \$90 to join another safari truck of his that was making a slow tour of East Africa. It also had six passengers, but they had started in Kenya and were still fresh. The whole situation was fine with us. We now had a new truck with three crew members, new passengers to talk with and more places to stop and visit. We felt good about this arrangement, except some of the original passengers complained they would have to give up some space for the new passengers. After awhile, most of us got along just fine.

We had three crew members: a lady driver, a decent mechanic and a person to help arrange the cooking. All were competent, which was a relief. The driver used to be a nurse in an operating room in London. She now liked the freedom and excitement of driving in Africa. The mechanic spent the necessary time maintaining the vehicle and not goofing off, and "Cookie" helped us prepare meals.

Since the truck seldom broke down, no more long walks for me. We had to get used to the truck leaving on time. Everything was operating smoothly, which took us time to adjust.

We toured southern Tanzania and passed through a small piece of Zambia and into Malawi. We headed for Lake Malawi and camped along its shore. We went snorkeling in the lake, which contained many types of fresh water tropical fish. A major industry of Malawi is exporting these fish to Europe.

Malawi is one of the few black countries that has ties with South Africa. It is a very poor country and receives aid from South Africa. At one campground, I talked to a waiter who

continued on page 8



COUNCIL NEWS

AYH ANNUAL MEETING AND ELECTIONS AT THE NEW THREE RIVERS ROWING ASSOCIATION BOAT CLUBHOUSE ON WASHINGTON'S LANDING (HERRS ISLAND)

Featuring a
"Stand-up" Buffet
and a
Tour of the new Boat house
on
Friday, October 19, 1990
Buffet at 6:30 pm
Meeting at 8:00 pm
Donation for dinner is \$3.00

The buffet will feature hot and cold finger foods (come hungry, this is AYH!)

Please let us know if you are coming. Call Marianne at 921-5272 or Linda Smithyman at 531-1868.

1990 Mon Valley Bicycle Tour

By any measure, this year's ride has to be considered a success. The number of riders (507 registered) was up substantially from last year (335 registered) in spite of a weather forecast which included heavy thunder showers, dangerous lightning and flash flooding. Thankfully, any rainfall the riders did see was very light. These forecasts encouraged many riders to lower their distance goal to the 62 mile ride instead of the 100. The wet roads did take their toll, however. There were a number of falls at railroad crossings, bridge expansion joints, steel grate bridges, and other spots which become slick when wet. Fortunately, there were no serious injuries to the riders, although a couple of bikes were somewhat damaged.

The food stops were well stocked. Each rest stop had an ample supply of bananas and other nourishing food even after the last rider went through. The road crew did an excellent job as well. Few riders, if any, strayed from the course in spite of our seeing a large number of route maps in the trash can. All of the volunteers did an excellent job. With the number of riders we had, everyone was busy. Returning riders seemed pleased with the course and the

way the ride was run.

As this writing, we have not tabulated all the numbers but here are a few interesting items. Most of the riders were from the Western PA area, although there were several from Ohio (as far west as Columbus) and some from as far East as Gettysburg. From registrations and sales, the net was about \$1500 and with \$500 sponsorship from TRM Cycles the grand total will be about \$2000 which goes into the AYH Hostel Development Fund. Larry Laude

THE PITTSBURGH HOSTEL STORY

by Linda Smithyman

Plan to meet at Linda's home in Brookline on Monday, October 22 at 7:30 to discuss everything under the sun concerning hostel development. Call linda at 531-1868 for directions or information.

AYH FUND RAISING

In a previous column we discussed "direct mail" appeals. As the name implies this is an appeal for funds that would go out to AYH members asking for an end-of-the-year donation. as you well know people never "volunteer" to make donations, they have to be asked.

We know you as an AYH member, but we can also use donations from people we don't know. "Dear Friend", do you know or have any "rich uncles", or " generous Grandmas", or maybe some well to do friends? If so please let us know.

We would like to include their names in a future mailing as "friends of the Pittsburgh Hostel." We don't even have to tell them how we found them!

If you have a few (or many) potential donors in mind please send their complete names and mailing addresses to: Pittsburgh AYH Fund Raising, 6300 Fifth Avenue, Pittsburgh, PA 15232. Thank you. Joe Hoechner.

Deadlines for the November Issue

> Copy October 4

Binding and Mailing
October 25

COUNTY HEALTH DEPARTMENT OFFERS DISCOUNT COUPONS FOR BICYCLE HELMETS

In an effort to increase the use of bicycle helmets, especially among children, the Allegheny County Health Department is offering discount coupons good for up to 50% off the retail price of selected helmets.

The Health Department is offering a mailorder form for a 50% discount on Troxel helmets and a coupon redeemable at two local bike shops for \$20 off Pro-Tec helmets. The helmets are available in child as well as adult sizes and at the reduced prices will cost \$16.95 to \$25 each. Troxel and Pro-tec are providing the helmets at a discount as a public service.

The Health Department has a limited supply of discount mail-order forms and coupons. They can be obtained by calling the Department's Traffic Safety Education Project at 247-7810. (Note: There are a small number of coupons available at AYH Headquarters; ask Chuck Ejzak or Joe Hoechner.)

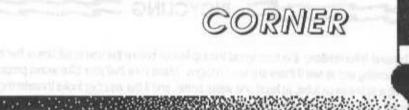
NEW YORK HOSTEL BROCHURE AVAILABLE

The Pittsburgh Council, AYH now has a supply of brochure describing the New York International AYH Hostel. You can pick up a copy at Headquarters during any Thursday night open house meeting or write to:

> Hostel Information Pittsburgh Council AYH 6300 Fifth Avenue Pittsburgh, PA 15232

Please include a .25 cent stamp for postage.

THE PRESIDENT'S CORNER



I'd like to take advantage of this space to encourage you to attend the annual meeting on October 19th and to vote for the proposed changes to the Constitution and Bylaws recommended by the Board of Directors.

The first change would consolidate the operations of the Council into a single board, the Board of Directors. Currently, the Activities Board has responsibility for the "day-to-day" operations of the Council and the Board of Directors for major policy decisions. However, this can (and has) resulted in both boards deciding that a particular subject is the responsibility of the other board. There needs to be one board with overall responsibility for the entire operations of the Council. The proposed change would accomplish this. The Activities Board would become a new Activities Committee and would be able to concentrate on running the activities program of the Council. Other areas of the Council's operations, such as hostel development and hostel operations, would be assigned to other committees. There has been some concern expressed that the Board of Directors would become TOO involved in operations and not have time to look at policy. This will be avoided by ensuring that the committees handle the details in committee meetings and come to the Board with reports and recommendations. This is the way that most AYH councils work, and it has proven to be effective. This change is also consistent with the recommendations of a group of AYH consultants (the CAN-DO program for those of you who were involved) that examined Pittsburgh Council operations back in 1987. Approval at a Council meeting is being sought, by the way, because the two board system is specified by the Constitution, which requires approval of the membership to change.

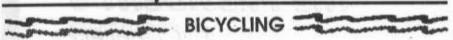
The second change is to the Bylaws and would limit the personal monetary liability of the Council's directors for decisions made while serving as a Director. This limitation would of course not apply to illegal actions or to what is called "self-dealing, willful misconduct, or recklessness". The intent is to not penalize Director who act in good faith for what they believe is the best interests of the organization. Most nonprofits (as well as many business corporations) have taken advantage of this provision in the Pennsylvania state law. Council approval is required by the state law since this becomes an agreement between the membership and the Directors.

I strongly recommend that you attend the annual meeting and vote FOR these two proposals. Larry Laude, President. ->

Activities Board Meeting

The October Activities Board meeting will be held on Wednesday Oct 3 at Fred and Eileen Hull's home. A map will be sent out with the minutes. If you need directions call the Hulls at 242-5379. Much of this meeting will be spent on preparing the 1991 budget. Committee chairs should come to the meeting to ensure that the 1991 budget will address their committee's requirements.

Trips in October



General Information: It is best to call the trip leader before the ride to tell him or her that you are coming and to see if there are any changes. Make sure that your bike works properly and bring a spare inner tube, at least one water bottle, and if the weather looks threatening, a rain jacket or rain suit. AYH bicycle rentals must be arranged with the trip leader one week in advance. Bicycle helmets (ANSI or Snell approved are required on all AYH cycling trips.

10/7 Sun C/D John LeBlanc 233-0588

Ohiopyle Bike Trail, 34 miles - This ride includes the newest section of the trail. Although the advertised trip distance is 34 miles, you are allowed to do a shorter ride if you turn around early. This currently is the best bike trail close to Pittsburgh. If riding along a river on a level bike path in one of the more scenic areas in Pennsylvania appeals to you, don't miss this ride.

10/13 Sat C Pat Ross 335-5067

9:00 at New Kensington. Melwood Park to Northmoreland Park, 20 miles - Meet at the McDonalds at the bottom of Rt 909 in New Kensington at 9:00. You can add 14 miles each way if you want to start from HQ, but you have to do that by yourself. Pat is starting from the McDonalds.

10/14 Sun C Terry Gossard 321-2382

11:00 at HQ. Oakmont, 20 miles - Ride from HQ to Oakmont and back. The route is basically flat except for one climb near the end of the ride. Call Terry for more information. (e.g., food stops)

10/20 Sat C Ober Rooney 364-3956

9:30 at Sewickly Train Station. Along the Ohio River, 40 miles - In spite of the 40 mile distance, the flat terrain makes this a rather easy ride. Start from the train station in Sewickly and ride to McKees Rocks and then to Ambridge and return. Call Ober to reserve and for directions.

10/26-28 Fri-sun All Kathy Pacacha/Chirs Kline 781-7245(H)

What do the following have in common? Bicycling; hiking through the Pennsylvania Dutch country; outlet shopping in Reading; hiking on the Appalachian Trail; Halloween parades in Berks County. All can be experienced on one trip to Shirey's Hostel in Geigertown, PA. Join Kathy and Chris for this exciting weekend. Call Kathy to reserve by October 15.

10/28 Sun B+ Bill Eberle 833-9732

RISACAWC, 50 miles - Ride in Southwestern Allegheny County and Washington County. A rural area with farms and orchards. The terrain is generally rolling to somewhat hilly with a few long climbs. This is one of the really good cycling regions in the area. Call Bill to reserve and for more details.

Pittsburgh Council Activity Chairs

Bicycling

Chuck Ejzak Dino Angelici 466-6196

931-6651

Canoeing

Clare Bunker

244-9788

Caving

Dan Martt

921-4638

Climbing

Eric Bauer

687-0766

Rich Rosenberger 355-4058

Family Activities

Barbara Hanusa

441-7205

Hiking & Backpacking

Ben Brugmans

736-2751

Pat Tieman 561-3286

Kayaking

Ray Yutzy John Gayler 341-5682 421-1307

nn Gayler 421-130

Mid-Week Trips

Cliff Ham

687-4520

Rafting

Jon Maiman

441-2306

Linda Smithyman

531-1868

Salling

Bob Zavos

325-2175

Sea Kayaking

Mark Mistrik

441-8293

Ted Self

795-6286

Volleyball

Joel Platt

521-5244

X-C Skiing

Х-(

Fred Parker Rick Ulaky 856-4713 422-0849

THANKS!

I wish to thank the persons who helped during the Non Valley Century bicycle tour, the event could not have happened without the volunteers

and all the people who helped build the information packets.

Special thanks to CHUCK EJZAK for planning and coordinating this event. Rodney Horner, 1990 MVC Volunteer Coordinator

> Sal Cancino Bill Eberle Lynn Ejzak Terry Gossard Nancy Hart Joe Hoechner Marianne Kasica Tom Kavaney Chris Klein Larry Laude John LeBlanc Jeff Marsh Judy Menosky Fred Parker Jack Peth Joel Platt

Trips in October

SAILING -

Labor Day Weekend proved to be the best sailing of the year so far. Winds on Lake Arthur varied from moderate to challenging and the skies remained friendly, alternating between nice partly cloudy and sunny conditions with no rain. All three AYH sailboats were in use Saturday and again Sunday. October will be the last month for the new AYH Sailing Program. We are still looking for trip leaders and two people to get hitches to pull the trailer. AYH will reimburse half of the cost. The Sail Pass Program is available for \$50 and many people are taking advantage of the \$10 half day fee. The introductory Red Cross Sailing Class (or equivalent) is required. However, new sailors may participate if they can be paired with an experienced person. Trips for October will include:

10/7 Su Int/Adv Bob Zavos 325-2175 (h) 937-6383 (w)

Meet at Watt Bay on the north shore of Lake Arthur

10/13 Sat Int/Adv Bob Zavos 325-2175 (h) 937-6383 (w)

We will be sailing on Lake Arthur again.

10/20-21 Sat-Sun Int/Adv Bob Zavos 325-2175 (h) 9376383 (w)

Pymatuning will be our target if we get enough interest for a two day trip with camping near Jamestown.

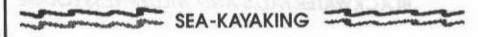
10/27-28 Sat-Sun Int/Adv Bob Zavos 325-2175 (h) 9376383 (w)

This will be the final weekend of the season and we will schedule each day at Lake Arthur.

VOLLEYBALL

Where we will play indoors and when has not been resolved yet. For information call Joel Platt at 521-5244(H) or 421-4446(W); Jeff Marsh at 381-7827(H).

Additional trips are possible if we get more leaders and people with hitches on their vehicles. Call Bob Zavos for more information. 325-2175 (h) 937-6383 (w)



0/5-7 Fri-Sun Mark N

Mark Mistrik 441-8293(H) 647-7609(W)

MID-ATLANTIC SMALL CRAFT FESTIVAL. Sea water Sea-Kayaking and attend the small craft festival at the Maritine Museum in Saint Michaels MD on thke Chesepeake. Annual event features a crab-bake dinner. Reservations essential.

AYH HOT LINE (412) 362-8181

Trips in October

HIKING/BACKPACKING

Fri-Sun

Glenn Oster

364-2864(H) before 9 pm

This will be a car camping trip to Letchworth State Park in New York. Hike both sides of the spectacular Gennessee River Gorge - three major water falls. Call for information and reservations.

10/13

All

Tom Kaveney

276-8044(H)

18:30 at Headquarters. Roaring Run, 8 miles

10/20-2

Sat-Sun Novice Jack Peth

921-7214(H)

Join Jack on your first backpacking trip to the John P. Saylor Trail. You will need to have done some day hiking. You must sign up by Thurs. Oct. 10 so we can meet and make plans for equipment and meals. Call jack for information.

10/28

Ben Brugmans

736-0103(H)

8:00 am at headquarters. Fall hike at Ohiopyle, 6 miles.

10/28

Sun

Int/Adv Jim Ritchie

828-0210(H) 624-1220(W)

8:00 am at HQ. Hiking on the Rachel Carson Trail, Section C, from Springdale to Dorseyville, 10 miles, lots of hills, spectacular fall foliage. Call for information and reservations.

10/26-28

Fri-Sun

Inter

Glenn Oster

364-2864(H) before 9 pm

Backpack the North Country Trail from Willow Bay (Allegheny Reservoir) to Bay State Park in New York. Call Glenn for information and reservations.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel Ohiopyle State Park P.O. Box 99 Ohiopyle, PA 15470 (412) 329-4476

Charleroi Youth Hostel (S.A.) Rego's Hotel & Restaurant 601 McKean Ave. Charleroi, PA 15022 (412) 483-6200

Living Waters AYH-Hostel RD# 1 (1 mile west on Route 30) Schelisburg, PA 15559 (814) 733-7607

Point Park College Youth Hostel (S.A.) 201 Wood Street Pittsburgh, PA 15222 (412) 392-3824 (after 4 pm: (412) 391-4100) (summer only)

BLACKWATER FALLS AND WILDERNESS LODGE

Yes, it's time to think about those winter weekends already. Set aside the following weekends for some good cross-country skiing and just a general good time. We may also be able to schedule a third weekend at Wilderness Lodge. Details will be announced in the November newsletter. By the way, Helen Coyne will be coordinating the Wilderness Lodge trips. But we still need someone to coordinate the Blackwater Falls trip. In return, we'll pay all your expenses for the weekend. Call Larry Laude at 412-665-9554 if you're interested.

Jan 11-12-13 Wilderness Lodge I; Jan 25-26-27 Blackwater Falls State Park; Feb 15-16-17 Wilderness Lodge II.

MID-WEEK RAMBLES

Every Wednesday. Meet at 10:00 am in the upper parking lot at Fifth and Shady Avenues. We generally take a 3 to 4 mile "ramble" at a slow pace. Call for more information on current activities or to make arrangements to meet the group. Cliff or Marilyn Ham 687-4520(H)

Bike/Hike/Shop Cycling Weedend

What do the following have in common? Bicycling: hiking through the Pennsylvania Dutch country; outlet shopping in Reading; hiking on the Appalachian Trail; Halloween parades in Berks County. All can be experienced on one trip to Shirey's Hostel in Geigertown, PA.. October 26-28, Fri-sun, All Kathy Pacacha/Chirs Kline 781-7245(H). Join Kathy and Chris for this exciting weekend. Call Kathy to reserve by October 15.



Trips in October

RAFTING

General Information: What to Bring: Suggested attire for raft trips includes old sneakers, bathing suits, T-shirt (optional), sunscreen, bandana, glasses strap and a towel. You'll need a full set of dry clothes to change into after the trip. Wool clothing and/or rain gear are needed for cool or rainy days. Bring your own bag lunch to eat on the river. Most trips take a full day and a stop for ice cream or dinner on the way back. Impromptu Trips: When river water levels cooperate, we frequently organize impromptu trips, usually on rivers other then the Lower Yough. They're announced at the Thursday evening open houses.

10/7 Sun Beg

Linda Smithyman

531-1868 (H)

TBA at HQ. Lower Youghiogheny River trip, with high school students from Moon Township. Approximate cost will be \$16-18 for AYH members. Call for time to meet and to reserve a space. This will probably be the last regular trip for the season.

10/13-14 Sat/Sun

Bea

Jon Maiman

10/20-21

Possible trip on the Gauley River or New River in West Virginia for advanced paddlers only. Call Jon for details. Other wise there may be a trip to Kentucky for wild maniac paddlers like Linda and Jon who are willing to part with \$150, to go with an outfitter on a wild river.

Thanks for making this season a successful one and we welcome one and all to come rafting with us next year.

COMING SOON I

Donor Option Form 7/	Stereatorn Peansytvania le is not a Pleage Card (Pease Print)
I MANT MY GIFT TO THE UNITED VAN TO BE DIRECTED TO A O A Allocation by the volunteers to some community problems O Unantiferential O Fruit Esterny & Hollinger &	

TO YOUR OFFICE OR SCHOOL

You can help change the world with a DONOR OPTION contribution. Just note "American Youth Hostels, Pittsburgh Council" (see above) to direct your United Way tax-deductible contribution. Please ask for a DONOR OPTION card this fall and help our Pittsburgh Council to growl

THANK YOU VERY MUCH

said he would walk to South Africa if he knew he could get a decent job there. He did not worry about apartheid, he just wanted a good job. South Africa was at least 700 miles away and he would have to walk through two other countries to get there.

As we got closer to South Africa, we could feel the tension in the air. South African commandos would occasionally raid African National Congress camps in neighboring countries. As a result, the governments reacted nervously for a time afterward. Some would arrest any white people around because the government suspected they could be spies or fifth columnists. Needless to say, we did not wear any military type clothes when traveling here in this area. Some Swiss tourists were arrested because they were wearing hiking boots and were mistaken for South African soldiers.

After Malawi, we re-entered Zambia and drove to Livingstone to visit Victoria Falls. We crossed over to Zimbabwe by foot and took a fifteen minute sightseeing flight over the falls. It was a great view of the falls and the surrounding area.

During our stay at the falls we made a white water raft trip down the Zambezi River below the falls. This is one of the best rivers in the world for white water rafting. The raft tour company was Zobec and we paid around \$56 in local currency for an all day trip including a large lunch.

The river is the boundary between Zambia and Zimbabwe. There are crocodiles along certain sections of the river, but we had no problem with them. We even jumped in the river and swam to shore at the end. Our guide explained that as crocodiles didn't like swift moving water, they were usually found in calm water areas. By the way, we took many baths in rivers during our trip in Africa and had no problems with crocodiles.

After visiting the falls, we went to Botswana by crossing over the river near the edge of the Caprivi Strip. This narrow strip of land between Botswana and Angola is heavily defended by South Africa forces and allies. We could see soldiers watching us through binoculars. This made us more tense.

In Chobe National Park, we saw large herds of elephants around the river. It was the dry season and they were all herded together at the river and other water holes.

At a campground on the edge of the park, the truck ar ~ d drove out some elephants who were making food raids on the campgrounds. Some Germans just made a pot of potato salad and an elephant came in and stuck his trunk into the pot and stole all of it. They were upset. The elephants did some damage to other equipment by breaking into food trunks and tents looking for food. The park rangers did nothing because their rifles were being repaired. So they asked us to drive through and chase the elephants away.

This campground had restrooms which was unusual. One day a woman found a big snake sleeping in the toilet in the ladies room. We soon heard about this by her screams. A South African woman used a long pole to move the snake out of the restroom and let it go out in the bush. The locals said it was a mean snake, but they knew how to handle it.

The next night we learned all about hyenas. Our truck pet, a dog found in a garbage dump in Moshi, Tanzania, and named "Moshi" was tied to the truck. At night, hyenas roamed through the campground. One tried to snatch Moshi and take him away. Unfortunately, the hyena did not kill the dog but badly damaged it by crushing its head. We had to put the dog to sleep. This was a sad experience for all of us.

We were advised not to sleep outside the tent here because the hyenas are curious creatures and there are many stories about hyenas trying to figure out what is that in a sleeping bag and they would bit off your face. After seeing Moshi, I believe some of these stories.

After all our adventures with animals in Chobe, we went to Maun, a town on the edge of the Okavango Swamp. We stayed for a few days at the Crocodile Camp outside of town. They had a weekly barbecue, which was one of my best meals in Africa. The owners of the camp were long time residents of Africa and were very interesting and had many colorful African tales to tell.

We left Maun and crossed part of the Kalahari Desert. This desert wasn't as littered with trash as the Sahara desert was. But there was lots of empty beer cans littering the road.

The women here wear a style of dress I believe called "missionary dresses." They were big Victoria style dresses with big checkerboard colors. The dresses looked too hot to wear. They also wore bonnets on their heads. This style of clothes was totally different than anything we had seen in Africa.

Soon we were at the South African border. The company did not allow its truck to cross over into South Africa because of troubles at other borders. They asked us to cross the border with our luggage by foot and hitchhike to Johannesburg. After saying good-bye to everyone, we broke up into pairs and passed through the border. The border guards helped us by asking motorists to give us a ride. In no time at all, we were sitting in a BMW speeding towards Johannesburg. What a contrast, two hours earlier we were sitting in the back of our truck going through the bush and now we were in a fancy car traveling in an industrialized country.

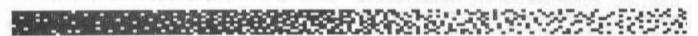
After nine months and one day, we finally made it!! We were only three months late. Five out of twenty-one people made it to Johannesburg. Only three females and two males. The truck, crews and other complaining passengers failed to make it. What an interesting trip. What memories I have.

If you are interested in touring Africa on an overland truck, there are companies making both trans-African and shorter trips there. We met many trucks who were on tours for only twenty-one days. Usually they would go to one part of Africa and spend time exploring just that one area. All the passengers seemed to be enjoying themselves, and could not believe our stories of our trip.

Some of the names of the companies are "Encounter Overland" and "Guerba." There are many others; each will send you brochures and information about their tours in Africa. The company I used went bankrupt (I wonder why).

I highly recommend this type of tour if you are interested in an unique experience of touring and getting a better understanding of the culture and people of Africa.

THE EDITOR'S FANCY



Labor-Day Weekend: We loaded the bikes and headed North out of town early on Saturday for Allegheny National Forest. A group of AYHers were suppose to be there celebrating NCT. We spotted the Ostermobile at the Cook Forest campground. The passengers were having lunch. Glenn recommended what turned out to be a five star campsite along Salmon Creek on forest route 145. There were a dozen pull-offs along the creek, about half of them occupied. It was one of the quietest nights I have ever spent away from home (and that includes a \$150. room at the Toronto Hilton). There was a soft buzz of crickets. The almost full moon reflected off the water in the creek casting eerie shadows through the trees.

I may have discovered a new sport. I'll call it "Bhiking". I don't think it will catch on nor would I recommend it. You take a bike on a forest road. (They maintain those roads with crushed rocks the size of your fist.) First you hike up the steep hills. Instead of carrying a lifty pound pack on your back, you push a fifty pound bike alongside. Leave it in the lowest gear because riding down the other side of the mountain you will be squeezing both brake handles all the way. If your front tire hits one of those boulders, you will be "jimmy-flying-through-the-air".

We started our bike trip toward Kelletville then turned right on F R 127. The first couple of miles were not representative of the rest of the road, about a mile from our campsite we met two young guys on "real" mountain bikes. We got a polite nod and funny looks at our bikes. They are Huffys with the heavier tires and perfectly normal handlebars and nerdie fenders covering the tires. Four hours later along F R 127 we met the same fellows again on top of the mountain (PA type). This time we got a broad grin and a "hey, you guys going the whole way!? And a hearty thanks when we assured them their next twelve miles were all down hill.

I figured we must be about half way on our chosen route and the first part had been so awful, I didn't want to turn around and repeat it so we kept going in the same direction.

PA must have had a "Blackberry Winter" (as in the title of Margaret Mead's autobiography). Along the forest roads were bushes just loaded with luscious blackberries. For rest stops we picked blackberries. We ate so many, after a bit, we wouldn't even stop for the big ones. My Friend tells me the sweetest ones are in the shade (?). It seems to me no two tasted the same. There were differing degrees of sour. Some were beginning to ferment, while a few tasted like lightning bugs. (what, you never ate a lightning bug). The ones I could reach from my bike had a fine dusting of road dirt.

At the intersection of FR 128, five miles from Marienville, a small car pulled ahead of us and stopped. Two men got out, opened the

back door, took a small cooler out, brought it around back and set it down behind the car. As we approached, the older of the two gentlemen asked us if we would like a cold can of pop. He named several brands and said, "which one do you want?" While we drank the pop, he introduced us to his wife's cousin's nephew visiting him from New York and said his name was Howard McClellan. They were going to the old CCC site just a little ways up the road. We mentioned that we knew a guy (Bob Buck) who had worked in the CCC during his youth. After a moment of stunned silences, he said, "Bob Buck is the best friend I will ever have!" I probed for some juicy tidbit about Bob's youth but all I learned was that Bob had been a "good boy".

On to Marienville where we bought ice cream at the UNI-MART. The nice lady there filled our empty container with ice and water free. We ate our ice cream across the street in a small grassy park under huge trees.

Back at the campsite the bike speedometer read 26 miles! I know it defies all geological reason but 90% of the miles were uphill. How do I get myself into these situations? Why am I always called "Ye of little faith" when I question my Friend's decisions and/or suggestions? Before I venture on another Bhiking suicidal mission, my Friend is going to have to come up with topo maps. I want to study those contour lines before I agree to anything.

After an invigorating soak in Salmon Creek, I was almost civil and thinking, "what a neat trip!" →



INTERNATIONAL MOUNTAIN BICYCLING ASSOCIATION

With 300,000 new mountain bikes being sold in the average month to many people who have never been riding in the backcountry, it is imperative that we get even wider distribution of the Rules of the Trail. The IMBA Rules of the Trail (short form) are now available in English, Spanish, and French. If you would like a free copy of the long form, which includes a short paragraph on each of the six points, please sent s stamped, self-addressed envelope to IMBA headquarters. If you can distribute them in bulk to bike shops, clubs, NORBA race participants or others, please us know how many you can use, this at no cost to you, and it will help our sport improve its image. IMBA, route 2, Box 303, Bishop, CA 93514.

RULES OF THE TRAIL

- Ride on open trails only. Respect trail and road closures (ask if not sure), avoid possible trespass on private land, obtain permits and authorization as may be required. Federal and state Wilderness areas are closed to cycling.
- 2. Leave no trace. Be sensitive to the dirt beneath you. Even on open trails, you should not ride under conditions where you will leave evidence of your passing, such as on certain soils shortly after a rain. Observe the different types of soils and trail construction; practice low-inpact cycling. this also means staying on the trail and not creating any new ones. Be sure to pack out at least as much as you pack in.

- Control your bicycle! Inattention for even a second can cause disaster. Excessive speed maims and threatens people; there is no excuse for it!
- 4. Always yield the trail. Make known your approach well in advance. A friendly greeting (or a bell) is considerate and works well; startling someone may cause lost of trail access. Show your respect when passing others by slowing to a walk or even stopping. Anticipate that other trail users may be around corners or in blind spots.
- 5. Never spook animals. All animals are startled by an unannounced approach, a sudden movement or a loud noise. This can be dangerous to you, for others and for the animals. Give animals extra room and time to adjust to you. In passing, use special care and follow the directions of horseback riders (ask if uncertain). Running cattle and disturbing wild animals is a serious offense. Leave gates as you found them, or as marked.
- 6. Plan ahead. Know your equipment, your ability and the area in which you are riding and prepare accordingly. Be self-sufficient at all times. Wear a helmet, keep your machine in good condition, and carry necessary supplies for changes in weather or other conditions. A well-executed trip is a satisfaction to you and not a burden or offense to others. For additional information contact: IMBA, Route 2, Box 303, Bishop, CA 93514. Reprinted from PA Trails who reprinted it from IMBA newsletter.

Major PA Hunting Seasons Hikers Alert

For the benefit of hikers who wish to adjust their hiking plans to avoid Pennsylvanis major hunting activity, we list below the dates of the principal firearm hunting seasons for the 1990-1991 hunting year. Please note that this schedule is very general and does not reflect various exceptions and special circumstances. For more precise information check with the PA Game Commission. Keep in mind that most hunting is prohibited on Sundays.

SEASON	FROM	TO
Small Game	Oct. 13 Dec. 26	Nov. 24 Jan. 5
Big Game	Oct. 26	Dec. 12

western pa's canoesport center

features:

old town • sawyer • mad river • oscoda aquaterra • lincoln • hydra • middle path thule • extrasport • body glove • nw riversport granite gear • tilley • voyageur's • okespore mitchell • grey owl • gillespie • mohawk quick & easy • perception • and others special savings for AYH members!

canoe pittsburgh!

74 south 20th street • in the "southside" pittsburgh, pa 15203 (412) 481-0700 hours: mon.wed.fri./sat, 11–5 tue./thur. 11–8

Terry Bicycles - fit for a woman

Tires, tubes and sprockets aren't the only things that make up a bicycle; fit can mean the difference between a pleasant ride and a torture rack. Terry Precision Bicycles for women are designed to ptovide comfort with features for the novice rider as well as the sophisticated tourer or racer. Based on the unique proportions of women, the entire bicycle has been sized to meet the needs of the female cyclist. See your local dealer for a test ride.

SCHWINN BICYCLE CENTER

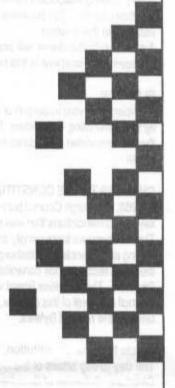
CYCLING AND FITNESS

1907 W. State St. New Castle, PA 16101

(412) 652-3434

BICYCLES and more SCHWINN CYCLING AND FITNESS 1656 E. State St. Sharon, PA 16146 (412) 342-2031





CLASSIFIEDS

For sale: Cannondale SR 400 racing bike; new condition. Frame 20/men's, gear 12 (14-28). Taking best offer, store price is \$560. Accessories - Blackburn fastrack, Atmos pump.

For sale: Extensive hiking and canoeing map collection for Western Pa and WVA and surrounding area. SASE for list. Owen Cecil, PO Box 634, Oscoda, MI 48750.

Help wanted: Like myself, most folks I know are busy people, going places and doing things. For that reason, we would like to have at least one other person to act as backup for getting out the Triangle newsletter.

No experience necessary, this is a learn as you work operation. You wont have to work alone. We will teach you the applications Microsoft Word for word processing and PageMaker for formatting (useful job skills).

It will require about fifteen hours per month and some running around getting it to the printer. If you can click a mouse and type a little (in that order) You have all it takes to become an editor-in-training. Please contact Jan Bugby at 371-4233. 2

AYH members can place a free ad of 3 0r 4 lines for the sale or exchange of equipment, etc., useful or relevant to the activities of other AYH members. For commercial ads call or write for rate sheet.

NOTICE-NOTICE-NOTICE-NOTICE-NOTICE-NOTICE-NOTICE-NOTICE

PITTSBURGH COUNCIL ANNUAL MEETING

The 1990 Annual Meeting of Pittsburgh Council, American Youth Hostels, Inc. will be held on Friday October 19, 1990 at 8 pm at the Three Rivers Rowing Association Boathouse on Herrs Island. The business of the meeting will be to 1) elect officers, board members and committee chairs for the 1991 business year, 2) vote on changes to the Constitution and Bylaws, and 3) conduct other business which may properly come up at the meeting.

A stand-up buffet dinner will precede the meeting and refreshments will be available following the meeting. Please see the separate announcement elsewhere in this newsletter.

ELECTION

Members may vote in person or by mail. A copy of the ballot is provided in the newsletter. The ballot also lists the candidates recommended by the Nominating Committee. Several positions remain unfilled as of publication and will be announced at the meeting if filled. Your vote for the recommended candidates is an endorsement of those candidates and empowers them to conduct Pittsburgh Council business on your behalf.

CHANGES TO THE CONSTITUTION WITH REGARD TO THE BOARD OF DIRECTORS

In 1988, Pittsburgh Council participated with National AYH in an evaluation of our Council's organization, operations and activities. One of the key recommendations that was made was to modify the structure of the organization to more clearly define legal and financial responsibilities. This will become increasingly important as size of the Council's operations and assets increases. For example, the Council is anticipating buying and operating a Pittsburgh Hostel and may also be hiring paid staff and operating an office. The Pittsburgh Council Board of Directors therefore recommends consolidating the two boards of the Council — the Activities Board and the Board of Directors -into a single Board of Directors. The Activities Board will be retained as one of the major committees, the Activities Committee, of the Board of Directors. Following Council approval of this change, the Bylaws will be rewritten accordingly. The actual change in operations will take place following implementation of the revised Bylaws.

Article IV of the Constitution, "Governing Bodies" currently provides that:

The day-to-day affairs of the Council shall be entrusted to an Activities Board and matters of major policy shall be decided by a Board of Directors. Selection of Board members and the powers duties of the respective board shall be as stated in the By-Laws.

The Board of Directors recommend that the Council approve revising Article IV to read:

Article IV Governing Body

The affairs of the Council shall be entrusted to a Board of Directors. Selection of Board members and the powers and duties of the Board shall be as stated in the Bylaws.

CHANGES TO THE BYLAWS WITH RESPECT TO DIRECTOR LIABILITY

The Board of Directors also recommends that the Council revise its Bylaws to take advantage of Subchapter F of Chapter 83 of Title 42 of the Pennsylvania Consolidated Statutes with regard to Corporate Directors' Liability. Specifically, Subchapter F enables a nonprofit corporation by a vote of its membership to eliminate the monetary liability of its directors for any action taken and also for any action not taken unless the director has breached his or her fiduciary responsibility to the Council or the action or failure to take action constitutes self-dealing, willful misconduct or recklessness. Normally, Council approval of the bylaws is not necessary, but it is required in this case by the state statute. Accordingly, the Board of Directors recommends that the Council approve the following new Article XIII to the Bylaws:

Article XIII, Personal Liability of Directors

Section 1: To the fullest extent that the laws of the Commonwealth of Pennsylvania, as in effect on October 19, 1990 or as thereafter amended, permit elimination or limitation of the liability of Directors, no Director shall be personally liable for monetary damages as such for any action taken or for failure to take any action, as a Director.

Section 2: This Article XIII shall not apply to any actions filed prior to October 19, 1990, nor to any breach of performance of duty or any failure of performance of duty by any Director occurring prior to October 19, 1990. Any repeal or modification of this Article shall be prospective only and shall not adversely affect any limitation on the personal liability of a Director existing at the time of such repeal or modification. Copies of the Constitution and Bylaws are available for review at Headquarters or can be obtained by calling Larry Laude at 412665-9554. Marianne Kasica, Secretary

BALLOT FOR 1991 ELECTIONS

The following slate of candidates for the elected positions in Pittsburgh Council has been recommended for your approval by the Nominating Committee.

HOW TO VOTE: Bring this ballet with you to the Annual Meeting on October 19th or pick up a ballet at the meeting. If you cannot attend the meeting, mail this ballot to AYH or put it in the Trip Report Box at Headquarters. All ballots will be held and not opened or counted until everyone at the Meeting has voted. Staple or tape the ballot shut, write your name and pass number on the back and sign it, and return it to AYH. If you wish to vote in confidence, use an envelope and write your name and pass number on the envelope and mark it "BALLOT". Please note, mail ballots without a pass number on them or on the outside envelope cannot be counted.

	Check the appropriate boxes below if you choose to vote for the candidates individually. If you wish to vote for persons not on the ballot, write in their name and the position at the bottom of the ballot. Be sure to get the concurrence first.
1] Mark this box if you accept the recommendations of the Nominating committee.
	OFFICERS
1	President Larry Laude [] Treasurer Fred Hull Secretary Marianne Kasica [] Ass't Treasurer
	ote: In accordance with the ByLaws, two Vice Presidents will be elected at the first Activities Board meeting following the ection.
	BOARD OF DIRECTORS
I] Linda Smithyman [] Roy Weil [] Ray Yutzy [] Kathy McGregory [] Bette McDevitt
	COMMITTEE CHAIRS
	Hostel Development open
i	

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	Rachel Carson Trail Patch (4" embroidered)	\$1.50	dome lenters
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ō , e	Addresses, telephone Numbers for Hikers, etc.	\$0.40	0
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Please	make checks payable to American Youth Hostels, Proder to: AYH Publications Committee, 6300 Fifth Avenue	gh. Counc	il, and send

Pittsburgh, PA 15232

Monongahela National Forest Hiking Guide Describes over 160 U.S. Forest Service trails in one of the best areas for hiking, backpacking and ski-touring in this part of the country. (1350 sq.miles of national forest in West Virginia's highlands) Published by West Virginia Highlands Conservancy. 6x9" soft cover, 320 pages, 60 maps, 39 photos. Ed.5 (1988) \$9.95

Hiker's Guide to Laurel Highlands Trail This trail extends 113 km. (70 miles) from Ohiopyle State Park to Conemaugh Gorge atop Laurel Ridge. Published by Pa.Chapter, Sierra Club and Laurel Highlands Conservation and Devel. Project. 6x9" soft cover, 128 pages, 24 pages of maps, Ed.3 (1981) \$4.00

Allegheny National Forest Hiking Guide The 800 square mile ANF is in N.W. Pa. Over 250 miles of foot trails are available for hiking, back-packing and skitouring. Edition 3, published by Allegheny Group, Sierra Club, also describes ski-touring opportunities and points of scenic interest. 6x9", 192 pages, 49 pages of maps, 33 photos, full-color cover, Ed.3 (1990) \$8.00

Hiking Guide to Western Pennsylvania Describes over 2000 miles of hiking trails and dozens of other areas suitable for hiking in and near western Pa. 6x9" soft cover, 290 pages, 53 pages of maps, 47 photos, Ed.5 (1986) \$7.00

Canoeing Guide to Western Pa. & Northern West Va. Contains information on over 90 canoe trips on over 40 streams in the western Pa.-northern West Va. area. 6x9" soft cover, 290 pages, 7 pages of maps, 45 photos, Ed.7 (1983) \$5.00

Map of Canoeing Streams of the Upper Chio River Basin A 12"x21" full-color map of the Allegheny River- and Monongahela River Watersheds. By Tom Gray. Contains much useful information for canoeists. Ed.1 (1974) \$1.80

The AYH Outdoor Food Book A book of menus, food preparation tips, recipes and food-planning ideas for canonists, bicyclists, backpackers, ski-tourers and similar outdoor-oriented people. By Chris Reid. 6x9" soft-cover, 144 pages, 25 photos and illustrations, Ed.1 (1981) \$3.00

Fifty Hikes in Western Pennsylvania by Tom Thwaites, Backpacker Books. Describes 50 of the better hiking trails in western Pa. Contains lots of interesting background material on the history and geology of each area. 6x9" soft cover, 206 pages, 60 pages of maps, 48 photos, Ed.1 (1983) \$8.00

Baker Trail Guide Book Describes 141 miles of Baker Trail from Allegheny Nat. Forest to Freeport. 8.5x11" soft-cover, 38 pages 35th Anniv.Ed.(1987) \$4.00

Pennsylvania Hiking Trails Describes more than 290 trails and hiking areas throughout Pennsylvania. Published by the Keystone Trails Association. 6x9" paperback, 224 pages, 94 maps. 10th Edition, 1987. \$5.65

Addresses and Telephone Numbers for Hikers, Backpackers, Cyclists, Canoeists, Rafters and Ski-Tourers in Western Pa. (1) places to call to inquire about snow conditions for ski-touring; (2) liveries (cycles, rafts, canoes, kayaks, touring skis, backpacking gear); (3) public land managers (with maps); (4) outdoor stores; (5) outdoor organizations; (6) campgrounds; (7) sources of maps; (8) ski-touring areas and accommodations. August 1989, 4 pages, \$0.40

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MEMBERSHIP APPLICATION

AMERICAN YOUTH HOSTELS



PITTSBURGH, PA 15232

PITTSBURGH COUNCIL 6300 FIFTH AVENUE

Membership types available:

- \$25.00 Adult Membership (age 18 to 54, with renewals available at only \$15)
- \$10.00 Youth Membership (age 17 and under)
- \$15.00 Senior Citizen Membership (age 55 and over)
- \$35.00 Family Membership (includes children under 18, with renewals available at only \$25.
- \$50,00 Supporting Membership
- \$100.00 Sustaining Membership
- \$250.00 Life Membership (individual lifetime membership)
- \$18.00 Foreign nationals, including Canadians
- \$10.00 Vol. I, International Hostel Handbook (Europe & Mediterranean)
- \$10.00 Vol II, International Hostel Handbook (Africa, Americas, Asia & Australia)
- \$14.00 Cotton sleep sack, required at all international hostels
- Donation for Hostel Development Fund (tax deductible to extent permitted by law)
- Total make all checks payable to: PITTSBURGH AYH

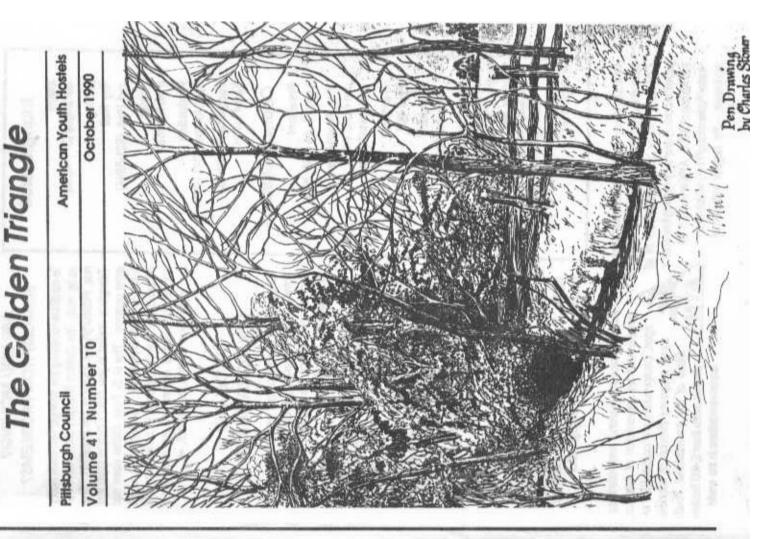
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CITY		STATE		_ ZIP CODE
Birthdate: Month -	5	- Day	Year	PHONE
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would like to w	olunteer, please	I would like to volunteer, please contact me: Yes	No	
How did you hear about AYH?	AVUS AVUS			

Signature

AYH MEMBERSHIP BENEFITS

- International Hostel membership card plus Pittsburgh Council LD, card good for discounts at local bike shops and outfilters.
- USA Hostel Handbook, listing over 250 Hostels in the United States
- The Knapsack National AYH travel newsletter.
- The Golden Triangle, Pittsburgh Council's newsletter of trips and activities
- Open house Thursday rights at Council headquarters.
- Access to National travel programs and Leadership Training courses



American Youth Hostels, Inc.

Pittsburgh Council 6300 fifth Avenue Pittsburgh, Pennsylvania 15232 (412) 362-8181

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