

HOSTELLING
INTERNATIONAL

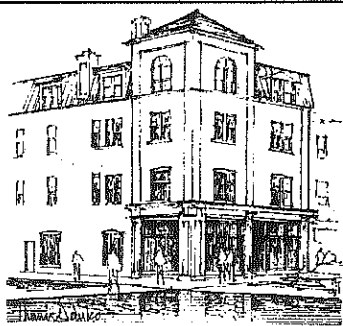
GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 47, NUMBER 6

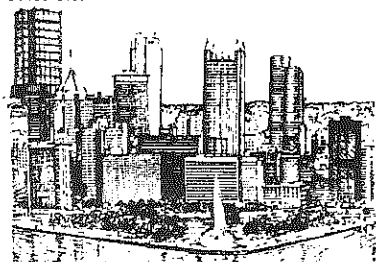
AUGUST 1997



**Hostelling -
International
Pittsburgh PA**

NOW OPEN

A 60 bed full service hostel in a converted bank building. Free parking, travel store, handicapped accessible!



Be Sure To Visit:

- Andy Warhol Museum
- Station Square
- Nearby Southside
- The Downtown Cultural District
- Riverfront Bike Trails
- Nearby Universities
- The Carnegie Science Center
- The Zoo & National Aviary
- Phipps Conservatory
- Historic Point State Park
- Three Rivers Stadium

HI-Pgh on the information super highway, point your browser to;
<http://trfn.clpgh.org/ayh/> for the latest on activities, slide shows & local hostelling or you can email us at ayh@trfn.clpgh.org

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.....And MORE!!!

RACHEL 50, HIKERS 27 The Saga of the 1997 RCT Challenge

by jim ritchie

The Trail was in better condition. Three degrees cooler temperature. A slight breeze out of the west. Better talent. More realistic expectations. Doing the hard part first. Training. All these factors combined on June 21st, 1997, the Summer Solstice and the day of the Second Annual Rachel Carson Trail Challenge to bring forth 27 finishers on the 34-mile endurance hike, this year starting in Harrison Hills County Park and finishing in North Park. Last year's Challenge produced only 5 finishers out of the 75 entrants for the 34-miler; this year the 27 finishers were among a total of 77 thirty-four mile participants.

Driving up the Allegheny Valley Expressway at 4:30 AM, the haze around the interchange floodlamps was nearly surrealistic, just hanging in the air. No other cars appeared in either direction for miles at a time. When a lone car did pass, I wondered if they, too, were heading for Harrison Hills, but when I got there, no one else, except Greg, opening up the park gates, was there. Within minutes of reaching the Ox Roast Shelter, however, they began pulling up; vans, sport/utilities, big cars, little cars. While last year, there was a sense of excitement and adventure in the air, this year there was a sense of determination: "I've been there before; I know what it's like; and I'm going to do it anyway, and I'm going to finish". Leo, Vince, Nancy, Dale, and Patti all came in, and we start checking them in.

There is no sense of bravado like '96, no cheering, joking, or laughing; just quiet, brief exchanges of words, stretching, packing, adjusting gear, getting the maps, getting the food: all business-grim focus; "we are going to DO this". In small groups they head out into the woods of Harrison Hills, across the washed out bridge over the unnamed stream flowing on its way to the Allegheny River-the hikers have 33.4 miles to go.

It's cool out; a little damp. Nancy and Patti help hikers across Freeport Road at the park entrance area; Vince and I help the same hikers through the barbed wire at Thompson's Thoroughbred Farm, me in the sombrero, Vince with the smile. John DeWalt is on his way to a PB (personal best) as he runs past us just as we get to the farm.

On my way down to the Bull Creek Road checkpoint, I stop off on Burtner Road and park in the gap between the god-awful drop down to the road on one side and the god-awful climb on the other. There is a string of hikers heading uphill, looking everything like the photos of climbers heading up Everest, the only difference-no snow or ice. That was HILL #1.

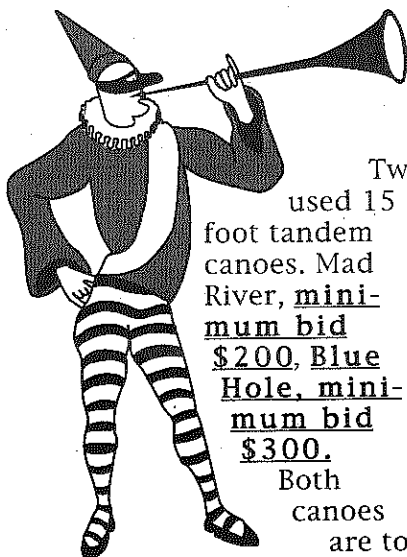
Up the hill, past the Rottweillers, left on Ridge Road, a mile and a quarter to Bull Creek. Checkpoint. Pat joins the marshals there. Cross the road, parallel the expressway, up the hillside, down to the small stream; past the microwave tower; along the gas line; along the power line; steeply down a wooded hillside; through the yard of an abandoned house. Bailey's Run Road.

Along the road; crossing slippery rocks at Bailey's Run; past the junked cars; up the hill; major logging; spot the bright yellow blazes; power line; back into the woods; Down, down, down, on loose scree, to Crawford Run Road, on HILL #2.

Sheetz; Murray Hill Road; MURRAY HILL!!! HILL #3. Up the power line; through high grass; houses on the hilltop; Checkpoint! At the Murray Hill Estates checkpoint, we administer to the wounded, some terminally. Water, snack food, kind words. They've just encountered the "Three Hills of Hell", mercifully with a Sheetz convenience store right in the middle. Hugh is at the Murray Hill checkpoint, personally escorting each hiker or hiker group to the edge of the trail and showing them where it follows the power line and then zips into the woods about 150 yards down the line. Hugh and his son Joe maintain this section and they put a lot of work into it this year, including a last minute blowdown that was nearly invisible to the hikers

Continued on page 4

AYH CANOE AUCTION

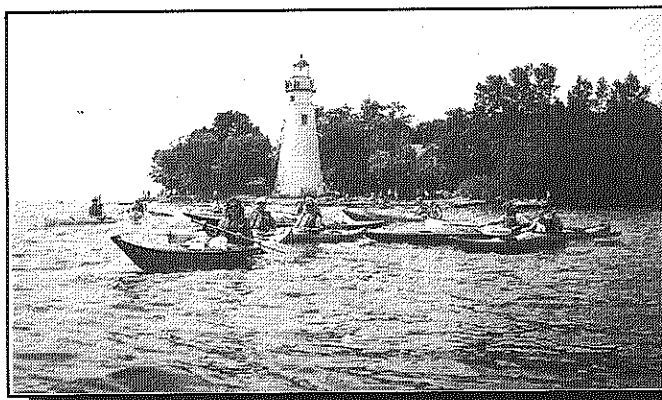


Two used 15 foot tandem canoes. Mad River, mini-mum bid \$200, Blue Hole, mini-mum bid \$300. Both canoes are to be sold

"as is", and can be viewed at AYH Activities Headquarters. Please submit sealed bids no later than

August 31st

AYH CANOE BIDS
830 E Warrington Ave
Pittsburgh PA 15210



Sea-kayaking off the Marblehead Lighthouse on our annual Ohio Vacationlands trip, Sandusky Ohio.
MORE ON PAGE 5

HOSTELLING INTERNATIONAL

PITTSBURGH COUNCIL-AYH
830 E. WARRINGTON AVE
PITTSBURGH, PA 15210

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HOSTELLING



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Since 1948, Incorporated 1955

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Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

Mail regarding this Newsletter should be addressed to:

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HI-Pgh on the information super highway, point your browser to:
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The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call **Marianne Kasica** at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for future issues of the **GOLDEN TRIANGLE**

SEPTEMBER
All copy, Aug 7
Binding/Mailing, Aug 28

OCTOBER
All copy, Sept 4
Binding/Mailing, Sept 25

If your work is on computer,
Please contact **Bill Eberle**
@ 921-1932 or
76202.3051@Compuserve.com

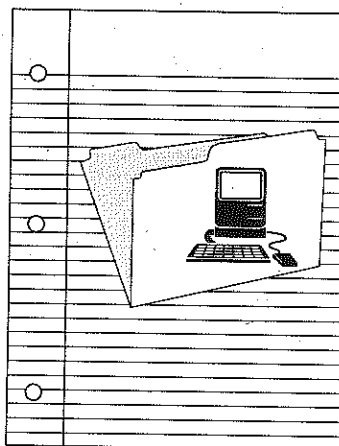
Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 431-1267.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation (IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Submissions Policy: Golden Triangle



Classified Adds:

- Classified adds are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general-rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be;
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- Submitted before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue. (See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- "Lack of planning on your part, does not constitute an emergency on my part"

Please note, the *Golden Triangle* frequency of publication.

Number 1 issue ->February / March: **Number 2** issue ->April: **Number 3** issue ->May:
Number 4 issue ->June: **Number 5** issue ->July: **Number 6** issue ->Aug.
Number 7 issue ->Sept: **Number 8** issue ->Oct: **Number 9** issue ->Nov:
and **Number 10** issue ->Dec. / January

Editor...

Upcoming Slide Shows

August 7: Walter Vaux, "From The Dead Sea To The Red Sea". Includes Sinai and the Sea of Galilee.
August 14: Phyllis Monk, "Alaska Adventures". Scenery and wildlife in Glacier Bay, Denali National Park, Kotzebue, Nome, etc.
August 21: Mark Mistrik, "Sea Kayak Tales And Storytelling". Year 1996's trips.
August 28: We show the video "Around Alone". Solo sail around the world by american Dodge Morgan, with six automatic cameras.
September 4: David Sadler narrates his own videotape, "Sea-Kayaking In Maine: Penobscot Bay And Cape Rosier".

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call **Luc Berger** at 683 3131.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

HI-Pittsburgh Hostel
830 E. Warrington Ave
Pittsburgh, PA 15210
(412) 431-1267

Living Waters AYH Hostel
RD #1(1 mile west on Route 30)
Schellsburgh, PA 15559
(814) 733-4212



HOSTEL HAPPENINGS

Greetings from the Pittsburgh International Hostel. In the first three weeks of June, our first "month" of business here, we had 128 paid overnights. The majority (85) were foreign visitors with the greatest number (24) from Australia. Next, with 13 overnights, were England & Wales. We had 43 overnights from hostellers from the United States. Our first large group, a German choir, has been confirmed for July 26 which will make us sold out for the first time here at the hostel. The AYH Sailing Class also held several training sessions in our conference room during early July. And we've only just begun.

As most of you know, construction was not completed until the day before our Grand Opening on June 5. Our staff has not had a chance to completely transform our brand new building and add many of the extra touches expected from a hostel. Examples include: hanging bulletin boards, brochure racks, signs, posters and so on; painting lines on our parking lot, deep cleaning and regular maintenance. We will also be needing some additional evening help, possibly in conjunction with the Thursday night activities meetings, to put together some marketing material and stuff envelopes when we get our brochures. We'll let you know about the evening sessions. In the meantime, we've scheduled several Saturdays when your help is requested.

WORK PARTY VOLUNTEERS NEEDED

On the following Saturdays from 9 am to 12 noon: August 9th and 23rd, as well as September 13th. To sign up, please call Danielle Dybiec, our Assistant Manager, at 431-1267 (press 3 to leave a message in her mailbox).

Many of you have dropped by the hostel to request a tour, and we have not been able to oblige because we are now open for business and need to respect the privacy of our guests during our open hours. Although we do plan on having open houses in the future, participating in one or all of the volunteer work parties is a great opportunity for members who have not yet had a chance to tour the hostel to come and have a look. Whistle while you work and help us out. Refreshments will be served!

LOCAL HOSTS NEEDED

During the weekend of August 16-17, the Pittsburgh International Hostel will host staff from several HI/AYH councils from around the country for World Travel 101 - Budget Travel Workshops training session. This is a project I have been involved in since last year as Member & Travel Services Manager for HI/AYH in San Francisco. The concept was developed with the help of several Travel Center Managers and was presented at the HI/AYH National Meeting in Portland, Oregon last fall with the goal of uniformly presenting material throughout the country to introduce people to hostelling and planning hostel trips. Since last fall, several training sessions have been held, including one in St. Louis, Missouri which I co-lead while en route to Pittsburgh in early April of this year. Although the training session itself is not open to the public, members and the public are invited to attend the first in a series of these workshops to be held periodically at the Pittsburgh International Hostel (see below). The Pittsburgh Council is seeking a few local members to help show visiting HI/AYH staff members around Pittsburgh, particularly as many of them arrive in the afternoon and evening on Friday, August 15 and especially for dinner and a night on the town on Saturday evening, August 16. Please contact Holly Ridenour at (412) 431-1267 if you can help show this great bunch of folks a good time while they're in "the Burgh." Drivers with cars are especially needed.

WORLD TRAVEL 101

Safe, inexpensive world travel is possible. Let the Pittsburgh Council of Hostelling International - American Youth Hostels show you how. On Saturday, August 16, 1997 at 11:00 a.m. a travel workshop, "World Travel 101," will provide information on trip planning, necessary documents, health precautions, pacing yourself, working along the way, arranging for money, mail and more. Admission is free. For more information call (412) 431-4910.

WISH LIST

I would like to take a moment and thank everyone who has either donated items from our Wish List or who has helped get the word out about it. We've had a tremendous response from members, Allentown residents and merchants, and the Greater Pittsburgh Convention and Visitors Bureau. Special thanks to Joe Hoechner, Manfred Fisher, and Mark Heikkila. Thanks to everyone for donating items. As a nonprofit organization, we couldn't do it without you! Below is our current Wish List. Please remember to call the hostel first before bringing any items over. We may have already received some items from the list by the time you read this.

Pittsburgh International Hostel Wish List

VOLUNTEERS; IBM 486 or faster computer; plain paper fax machine; pots & pans (no other kitchen items are needed); 2 commercial vacuum cleaners; music library, sheet music and song books; outside benches; flower pots; games; crib; floor pillows; neon Hostelling International; sign; travel books and maps; kid toys; adding machine

DRUMMING UP BUSINESS

And finally, although some of the events above will give many people a chance to see our great new building in action, we are still seeking input from Pittsburgh Council members to put it to use by spending the night here. Full house expected at your place this summer? Family reunion, weddings, special events, in-laws...? Send them to our place! Don't forget to tell those groups you are involved in, your friends, neighbors and relatives that they can stay at the hostel and have all the comforts of home. Special Group Rates for 10 or more people. Don't forget that AYH sponsored activities may use the conference room for free during our open evening hours. Call the hostel for more information or to make a reservation: 431-1267.

Holly Ridenour; Hostel Manager...

SAILING

The AYH owns Flying Juniors, Sunfish, and an International 470. Several members also use their own sailboats. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park near Butler, Pa. Additional weekend trips and extended trips are also planned.

All trips require previous sailing experience unless otherwise stated. This generally means a minimum of a Red Cross certified Basic Sailing Class or equivalent. Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required on all trips. Individuals with their own sailboats are encouraged to join our program.

Aug 23 Sat Bob Zavos 241-0659

LAKE ARTHUR-DAY SAILING/RACING: Day sail or participate in the Moraine Sailing Club's races as a racer or administrator on the committee boat. Fees: Day sail fee at Lake Arthur is \$14 plus the AYH activity fee of \$1 for members and \$3 non members

Aug 30-Sept 1 Sat-Mon. Marilyn Marrari 441-6764

WEEKEND TRIP. Our 6th annual sailing trip to Lake Chautauqua, New York will provide time to sail bike, walk or just relax. Fee (about \$75) includes 2 nights lodging on the Chautauqua Institution grounds, 2 breakfasts, and use of the AYH sailboats. Space is limited and this trip always fills up so please reserve by August 15.

TOUR DE HARVEST WILDERNESS LODGE OCTOBER 10 - 12

Once more Don Hutchinson has agreed to lead us on an "easy to intermediate" ride on through vineyards, orchards and off roads in the scenic environs of North East, PA. Mountain or hybrid bike and a helmet are a must. A stop at a local winery (free samples!) and lunch on the shores of Lake Erie will also be featured. We will enjoy two overnights in the cozy comfort of Nansi Janes' Wilderness Lodge and dinner at one of the superb local eateries. There are many possibilities for an additional Sunday ride (on your own): Peek 'n' Peak, French Creek, and Findlay Lake. A road bike may be used on the trail at Presque Isle. COST: \$45 per person for AYH members, \$55 for non-members for bed in hostel-style room (3-6 persons). There are three private double rooms, two persons per room @ \$120 for members, \$140 for non-members. The cost includes Friday and Saturday night lodging. A varied breakfast menu is offered at extra cost. We usually enjoy a Singalong on Saturday night after dinner. Reserve early by calling the AYH office at 412-431-4910. Space is limited to 36 people. Send a check for the full amount payable to Pittsburgh AYH a.s.a.p. after your call to guarantee your space. There will be no refunds after September 15 unless a replacement for you is found. A waiting list will be kept. Fees include a non-refundable \$10 per person, or \$20 per double room.

For more information call Pat Rossi, 335-5067. For a reservation form call the office or see the September issue of the GT.

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your donation today.

Yes, I would like to make a Tax - Deductible
donation of support for the
Hostel in Pittsburgh in the amount of:

— \$2500
— \$1000
— \$500
— \$250
— \$100
— \$50
— Other: \$ _____



Donations of goods, furnishings or services are
also needed! Please drop us a note describing what
you have available.

Name _____

Address _____

Telephone _____

Mail your Donation to:

AYH

Pittsburgh Hostel Fund

830 E Warrington Ave; Pittsburgh, PA 15210
412-431-4910

RC WRAP-UP, Continued from cover

as they passed through. Into the woods; brambles; muddy hillside, high weeds. Out on the power line. Off the power line, on top of the bluff. Allegheny River-beautiful view. On, off, on, off the power line. Down the steep hill to Springdale Hollow Road.

Onto the big utility line, going uphill, past the Homestead turnoff. Vince, with the smile again. Where is the water? We didn't plan a water stop at the Rachel Carson Homestead turnoff, but people are asking for water, even though it's only three miles from the last water stop. At this point the temp is pushing 85 degrees, and the humidity is building. Up, down, up, down, up, down. These are the hills of the "roller coaster", covered with grass hiding seven different kinds of brambles. Two teens, Susan Scheuering and her friend Tim Jones, set up a makeshift water stop at Melzima Road that will be refilled three times that day.

At the Homestead turnoff, another record is set: 35 Half-Challengers out of 44 registered, finish the 17-mile Half-Challenge, and congregate on the grass at Rachel's girlhood home. Mark Tomlinson, Executive Director of the Homestead, plays host with treats and fluid refreshment. Along the gas line. Into the woods. Peterson's Nursery. I set up a short term station at Peterson's nursery to catch the people we missed at Melzima. Alex comes through-the guy from RAAM (the Race Across America); following close behind are the 4 young women from the Slippery Rock University cross-country team who are Challenging John DeWalt-style: running shoes, a waist pack, and one bottle of water each. In fact, wearing shorts, they are travelling even lighter than John, who swears by long pants.

Uphill, downhill, gravel road, into the woods. Blowdown. Woods. Tawney Run Road. Cross the road, old railroad grade. Back to the road. Yutes Run Road, road walking, for almost a mile. Left onto the wide, grassy, gasline. Up, up, up, three false summits. Down, down, down. Hell has four hills. Russellton Road.

Alex, with his Camelback, John Havel, David Rumon, Don Erdeljac, Vaughn Busch, Tokya Trice, Marjie Stewart and many others trained this spring on the Rachel Carson Trail, getting a firsthand look at the difficulties they would face. Many other participants were there last year and remembered-how could you forget? They experienced the knee-burning, lung-busting, bramble-covered hills that follow the powerlines and gaslines, straight up and straight down the other side. They knew realistically what it would take to make it today.

The temperature peaked at 87 degrees while most were passing near Russellton Road and Saxonburg Boulevard. The Ashermans ran things at Russellton, sitting in the hollow of Little Deer Creek between Hell's Fourth Hill and LaFever Hill. The Trail was taking its toll. Aaron Rinehart chaffed his leg so bad he was hiking in pain. He considered for a moment, wrapping it in duct tape, just to keep on going, but reconsidered, wisely. His brother Sam bailed out with him; their dad, Walt, left far behind by the boys, was back at the Homestead.

Barb Peterson, broken-hearted in '96, not because she couldn't finish, but because she ran out of time, checked her feet at Russellton and found a surprise blister starting up. She cleaned it, patched it, wrapped it up and took off down the trail. Five minutes later, she came hobbling back, saying she was in pain. For a couple of seconds, the frustration of the possibility of another DNF began to creep in. But Barb, as determined as she has ever been, unwrapped the blister, cleaned it up

Hugh, moving from Russellton to Saxonburg, put through the first dreaded "hiker down" call this year. As he drove near Emmerling Park, a hiker was fully prone next to the road with a small gathering of fellow hikers checking him out. A call to 911 and in three minutes there were two ambulances, a paramedic vehicle, and two Indiana Township police cars on the scene. By that time, the hiker, just exhausted from heat and hardship, was beginning to come around, and in five more minutes was on his feet. But, wisely, his day was done, as he consented to a ride back to his car. At the same point, a report of another hiker, feeling ill about a mile back on the trail came in and a paramedic grabbed his gear and headed down to investigate. In just a couple of minutes however, the hiker in question appeared on the trail and said he was ok, just pushing too hard, and he had to rest up for a few minutes.

Up LaFever Hill; Rich Hill Road; down Rich Hill; Long Run at the bottom; into the woods; uphill, uphill; cross Cove Run Road, into the woods, back to Cove Run, down to Emmerling Park. Up Eisele, road walking; into the trees and down hill; wet crossing at Cunningham Run. Up above Casey's in the trees. Saxonburg Checkpoint. Alice Gelormino's sixth graders await her arrival, working all afternoon at this checkpoint. Discussions overheard at Saxonburg checkpoint: "I want to train for this next year, but what can I possibly do for this? All I can think to do is run barefoot on a emery board treadmill!"

From Saxonburg; along Deer Creek, up Myers Hill to the water tower, down Myers Lane to Route 910; down the road, over the turnpike, down Cedar Run Road, road walking, Shafer Road, Church Road, Wagner Road, into the woods again. Big field, hidden pond, uphill into the trees, to a high vista, downhill to Middle Road. Into Hampton Woods, downhill, bog, another gas line clearing, young trees for miles; across the wide open field, very muddy; up to the middle school, down to Route 8. Cross the road dodging speeding cars, through the woods, down into beautiful Crouse Run Hollow. Up to Sample Road.

Sample Station was a lonely place, just ask Tim Henigin who sat there from 4 PM to 9 PM as only 29 hikers came through. Although they were beat-up, people coming through Sample still had the same look and sense of determination I saw in their eyes back in Harrison Hills. The Slippery Rock cross-country team came in looking for sympathy, water and a short rest. Once down, it looked as though they might not get up again; it was getting late, much more delay and they wouldn't make it. One of the women's legs were bright red and blotchy all the way from her ankles to her shorts, looking like she had gone through five miles of nettles. Sally Martin, who was providing support for Barb Peterson, gave the four a pep talk, telling them they couldn't quit now, to get up and get going. They did, two hobbling on the sides of their feet, two miles to go. When Will Viner came through, at the last possible finishing time, he refused to give up, saying that if it got dark while he was in the woods of North Park, he had a headlamp and would be able to find his way out. Will said he HAD to finish this year or else he'd have to come back again next year-a fate worse than death. Barb came through Sample, teamed up with Tokya Trice, stopping for barely three minutes; she had to keep going if she was going to make it. John Havel, beat last year by the heat and humidity, came even after Barb, and just kept on going; no way was he not going to make it this year.

At North Park, finishers collapsed on the ground, and told tales of bravado: high hills, heat, brambles, blowdowns, washouts, wet crossings, trees down, poison ivy, missed blazes, ... Spirits were high among those who were here, forgetting momentarily the 50 comrades strung out behind them, catching the PAT bus back to their cars and heading on home.

1997 RACHEL CARSON TRAIL CHALLENGE FINISHERS

34-Miles (77 Registrants)

Alex Bekkerman (6:40 PM); Tom Bevan (8:55 PM); Mike Blackwell (6:40 PM-2nd time); Dave Blistan (8:35PM); Ray Burdett (8:35 PM); Karen Devine (8:35 PM); John DeWalt (3:55 PM); Don Erdeljac (7:10 PM); Brian Fife (8:50 PM); Mike Franusich (7:20 PM); Pat Goebel (8:35 PM); John Havel (8:55 PM); Ken Hendrickson (8:50 PM); Ted Massa (7:35 PM); Mark McConnell (7:20 PM); Carey Miller (8:35 PM); Kim Miller (8:35 PM); Mike Nagel (7:10 PM); Mike Nagel, Jr. (7:10 PM); Barbara Peterson (8:10 PM); John Prizzi (7:35 PM); Colleen Synan (8:35 PM); Tokya Trice (8:10 PM); Will Viner (~8:55 PM); Shannon Watson (7:10 PM); Allen Wicken (8:35 PM); Kenton Zellars (7:10 PM)

RC Trail Half-Challenge Finishers 17 Miles (44 Registrants)

Official Half-Challenge Finishers

are those who signed up for the Half-Challenge and finished it.

Jerry Agin; David Barndollar; Matt Bell; Joe Brinzer; Steve Brunner; Vaughn Busch; Susan Cullen; Joanne Duvall; Bob Friel; Tina Gallippi; Jonathan Hardt; Jerrod Hardt; Janet Hayes; Douglas Jackson; Rose Kasunic; Jon Kasunic; Raquel Kasunic; Robert Vaupel; Mike Kennelly; Shauna Kinnison; Heather McKay; Linda McKay; Laura McLaughlin; Joseph McLaughlin; Kate Michaelis; John Mutchka; Dana Overmyer; Harold Pederson; Barbara Pieskach; John Purcell; Ann Ruth; Clare Smith; Margorie Stewart; Darlene Tokarsky; Kelly Tuite

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Rock Out With AYH!

Rock climbing trips from Pittsburgh Council of American Youth Hostels

The AYH Rock Climbing program is a great way to experience the thrill of rock climbing. Our Beginner trips are focused on teaching "never evens" the basics of rock climbing. AYH supplies the climbing gear plus a group of experienced climbers to set up the climbs and teach the course. All you need to bring is a lunch and a sunny disposition. Wear loose-fitting, comfortable clothes (shorts and T-shirts in the summer) and tennis shoes. It's not a bad idea to pack raingear or a jacket in the event of a late-afternoon thunderstorm.

Beginner trips are held at Coopers Rocks State Forest, Exit 15 on Rt 68, east of Morgantown, WV. Trips leave from AYH headquarters at 7:30am. We arrive at Coopers Rocks around 9:30 am and take a short walk to the climbing area. We are back at the cars by 4:30 or so. Many climbers stop at a local restaurant for dinner before driving back to Pittsburgh. We arrive back at AYH headquarters before 8pm. Cost is \$9 for AYH members (\$11 for non-members). Gas money (if you car pool) and dinner are NOT included in the trip fees.

Experienced climbers are welcome on our "Beginner" trips since we top-rope climbs of varying difficulty (up to 5.11). We also teach the skills to become a "second" on a multi-pitch climbing trip to Seneca Rocks, WV. The AYH climbers make frequent "unofficial" trips to Seneca Rocks, New River Gorge, the Gunks, and other climbing areas. Several AYH climbers can be found hanging out at The Climbing Wall (in The Factory on Penn Ave) on Thursday nights (7-9:30pm) before retiring to the Evergreen pub (also on Penn Ave) for a few cold ones and to make plans for the coming weekend.

To find out more about the AYH climbing program, call Jim "Woj" Wojciechowski @ 322-4524 or Vern Miller @ 935-3434. To sign up for a specific trip, call the Trip Leader listed in the table below.

Trip size is limited. Call the Leader (not the climbing chairmen) to sign up.

DATE	DAY	LEVEL	TRIP LEADERPHONE
August 9	Sat	Beginner	Brian Schwadron 344-0790
August 23	Sat	Seneca Prep	Vern Miller 935-3434
Sept. 5-7	F/S/S	Seneca Rocks	"Spyder" Praksti 856-8716
Sept. 28	Sun	Beginner	Garry Simmons 327-8338

SEA-KAYAKING

August is a sort of a Grand Finale Month for sea-kayaking. We're still introducing new paddlers to kayaking on our evening Intro classes, and improving the skills of this year's more experienced paddlers with more challenging & interesting trips. With cool breezes off the water, warm evenings, and long daylight hours, August is a great month to sea-kayak.

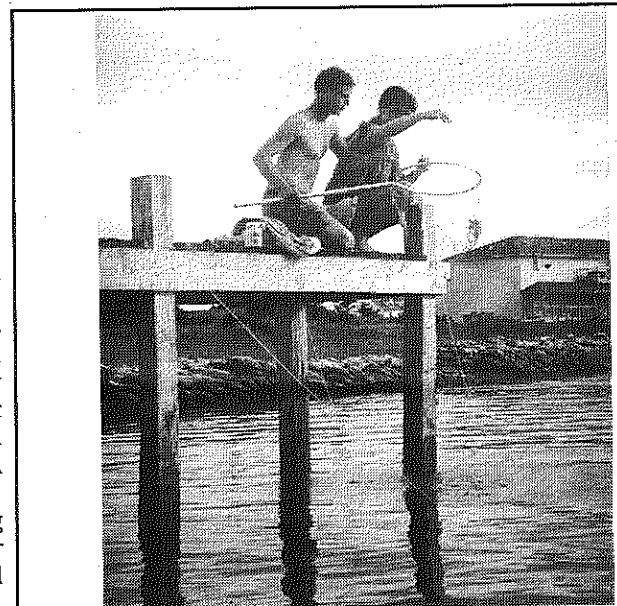
Each year, we offer a truly wilderness-oriented sea-kayaking trip. This year, it's Isle Royale; an undisturbed island archipelago remotely situated into the middle of Lake Superior. Next year, we're already making plans to sea-kayak out to the Apostle Islands, also on Lake Superior. Both trips require a culmination of proficient kayaking & camping experience and for those who successfully visit such places that few others have seen, proof that the more you put into something, the more you often receive back out.

The final night paddling trip of the summer is scheduled for mid-month to Pymatuning. We've found that even lakes & rivers seem to sleep at night. Kayaking at night on quiet, calm, warm water under a full moon is both an exotic variation of normal day paddling and often a memorable experience for those who try it. Others come to enjoy the campfire and the more relaxed, social atmosphere these trips provide.

Need one last mini-vacation before the summer ends? Visit Ohio's "Vacationland" with us in nearby Sandusky, Ohio on August 23rd, or stay the entire weekend. Saturday, experienced paddlers will sea-kayak out to Kelly's Island, while beginners may take advantage of the ferry service. Then you can explore the island's many features either on foot or on a fun little electric car. We always include a Saturday evening pizza dinner at our take-out on the Marblehead peninsula, right under the most beautiful lighthouse on Lake Erie. If you call, we'll be glad to tell you what's planned for Sunday.

And at the end of the month, Labor Day weekend ends our traditional summer paddling trips with a long weekend at the Outer Banks of North Carolina, as written about last month. After this, Intros will be offered until mid-September, and day & weekend trips through November. We'll also be busy planning for this year's annual Lake Powell (Utah) Sea-Kayaking Houseboat trip, putting together a Florida Escape sea-kayaking trip early next Spring, and planning excursions to Maine & Nova Scotia and the sculpted Apostle Islands of Lake Superior.

Want to find out more? Give us a call, join us for our next monthly paddler's dinner on August 20th, or see our next slide show August 21st at the AYH in Shadyside.



Afternoon crabbing off the docks, Ocracoke Island, Outer Banks, North Carolina.
(Mistrik / AYH Sea-Kayaking Program)

Friday evening August 1st thru Sunday August 10th
Isle Royale National Park, Lake Superior
Sea-Kayaking Wilderness Trip

This is the Sea-Kayaking Program's premiere wilderness camping trip this year. We will board passage across Lake Superior to Isle Royale, an archipelago of islands that comprise the most isolated National Park in the lower forty-eight states. This is a rugged land of rock, forest and water, and the island is a World Biosphere Site and home to moose, wolves and loons. You may sea-kayak the entire time or join us for a short backpacking trip (need a collapsible internal frame pack that will stow in the hatch of a kayak), once we've paddled well into the interior. Sightseeing along Lake Superior in Michigan's Upper Peninsula on the way home. AYH sea-kayaks available. Call for more information.

Mark Mistrik 361-2943
Level: Intermediate w/
kayak camping experience

Friday evening August 15th thru Saturday August 16th
Pymatuning Lake Night trip, Pymatuning State Park, Pa.
Trip begins: Friday evening anytime after 6:00 PM

This is the final Night-trip of the summer, to one of the most popular recreational areas in the Commonwealth. As with all Night-trips, after arriving and setting up a tent, you can relax and paddle, hike, enjoy the campfire, or whatever you want through to Saturday afternoon. We'll be in an area with islands to explore, and your car will always be accessible. Sea-kayak instruction available if needed. Call for more information and to reserve.

Mark Mistrik 361-2943
Level: New, beginner & up
Ends: 5:00 PM leaves lake.

Tuesday evening August 19th
Intro to Sea-Kayaking, North Park Lake
Trip begins: 6:00 PM at the lake

Fun and easy evening paddling trips for new and experienced paddlers. Intros cover all basic aspects of sea-kayaking; beginners can learn how to fit a boat correctly through intermediate instruction in open water rescue and kayak rolling. This is an excellent way to try sea-kayaking, learn or improve your skills and practice, or just relax and explore the lake on your own. We finish off the evening with a cookout. Please call for more information and to reserve a kayak.

Mark Mistrik 361-2943
Level: New, Beginners & up.
Ends: Leaves lake 9:00 PM

Wednesday evening August 20th
Monthly Paddler's Dinner
Dinner begins: Arrive anytime between 6:00-7:30 PM

Our monthly dinner for paddle-folk and anyone else interested in outdoor-related conversation. We try a different restaurant each month or so during the kayaking season. Call for the restaurant's name & location, and so we can make the correct number of reservations.

Diane Bialecki 885-1074
Everyone Welcome
Ends: 9:00 PM

August 21; "Sea Kayak Tales And Storytelling". Year 1996's trips.

August's annual Sea-Kayaking slideshow "An Evening of Sea-Kayak Tales & Storytelling" will include scenes from our Introductory lessons, day & weekend trips and last year's explorations of Killarney and the Escalante river valley of Lake Powell. Killarney is a rugged land of mountains and sea along the North Channel of Ontario's Georgian Bay. White quartzite cliffs sparkle in the sun, and loons awake you in the morning. It was Canada's first National Park and remains one of the most beautiful - inspired by the works of artists after the turn of the Century.

We mixed spectacular paddling with dayhikes in the sidecanyons of the Escalante river valley on last year's Lake Powell trip. Due to it's remoteness before the advent of Lake Powell, Escalante was the last watershed in the lower forty-eight to be surveyed and mapped. We paddled through narrow redrock canyons with eight hundred-foot sheer cliffs that soared above and hiking trails used by the Anasazi and Fremont Indians a thousand years ago.

The slide show will be presented outside, weather permitting, so grab a chair & bring some munchies.
Show Begins: 8:15 PM at the AYH Headquarters, Shadyside. Show ends: About 9:00 PM

Hope to see you there.; Mark Mistrik; Chairperson, AYH Sea-Kayaking Program

Friday evening August 22nd thru Sat. 23rd and/or 24th
Kelly's Island & Vermillion, Sandusky, Ohio
Trip begins: Friday afternoon & evening carpool.

This trip is similar to our late June trip but with very different destinations. Saturday paddle out to Kelly's Island from the Marblehead Peninsula - 5 miles out in Lake Erie. Once on the island, we see the sights on foot and with the help of a fun electric cart. Stops to explore hiking trails, glacial grooves, beaches, wineries and ice cream shops. Sunday paddle the unusual canals of Vermillion, the "Venice of the Mid-West", where you can paddle everywhere as easy as driving down the road. You can return straight home afterwards or join us for dinner at my favorite Slovakian-German restaurant. You may join us Friday evening & Saturday only, or all weekend. Call for more information and to reserve.

Mark Mistrik 361-2943
Level: Aggressive beginner & up.
Ends: Vermillion at 3:00 PM.

Monday evening August 25th
City Paddle, Downtown Pittsburgh
Trip begins: 6:00 PM from the Southside

Evening sea-kayaking trip from the Southside down to the Point, around the Science Center's submarine, up to Station Square then back to the Southside. Food & drink stop at Station Square. Bright flashlight required.

Mark Mistrik 361-2943
Level: Beginner and up.
Ends: 9:15 PM

Friday evening August 29th thru Tues. September 2nd
Outer Banks of the Atlantic, North Carolina
Trip begins: carpools organized Friday afternoon & evening

Labor Day Weekend is the traditional close of the summer paddling season, so we're going to the quaint old Bank's village of Ocracoke to catch all the warm surf and golden sand we can. Friendly porpoises and curious pelicans have been commonly seen here, and fresh seafood cookouts are the rule. After relaxing in Ocracoke for a day or two with car camping right on the seashore, we'll paddle out to explore our own barrier island and camp overnight there. Expect bioluminescence (a natural sparkling of the water at night), a beachside bonfire, and stars out over the ocean right down to the horizon. Call for more information and to reserve.

Mark Mistrik 361-2943
Level: Intermediate & up.
Ends: back in Pgh 9:00 PM

Trips Continued on Page 7

HIKING/BACKPACKING

Fri Eve-Sat-Sun August 1-2-3 Jim Ritchie 828-0210
Baker Trail Weekend #2, Backpacking the Baker Trail. Weekend #2 will start at Mill Creek in Jefferson County, hiking along the Mill Creek Game Lands, down the gas line to Corsica, and then along rural dirt roads to the Summerville Shelter where we will spend the night. The second day will take us through the village of Summerville, to Heathville on Red Bank Creek, past Tarkiln Run, Bethlehem Chapel, and ending near the village of North Freedom. On Saturday, we plan to do about 8-10 miles, hiking aggressively on the dirt road sections, i.e. 2 mph minimum. Sunday will be easier, doing 6-8 miles. Friday night we will camp at the site of the (nonexistent) Corsica Shelter. You may also meet us along the trail for just a part of the trip.

Sunday August 24 Don Stone 441-2027
Exploratory 10 mile hike jointly with the Sierra club. Lower Indian Creek from Rte 381 Mill Run to the Yough. There was a Ghost town of Hampton (on 19th century map) on the Yough we will try to find. Meet at Monroeville Park & Ride at 9am. Call for info & a reservation.

Sunday September 7 Veronique Schreurs 422-0358
Easy joint hike with BOLD (Blind Outdoor Leisure Development) in Frick Park. We need sighted guides from AYH to walk with the Bold people. Meet at HQ at 10am. Bring a lunch. We will walk 2 or 3 miles, possibly including the cemetery. Call for info & a reservation.

Fri Eve-Sat-Sun Sept. 26-27-28 Jim Ritchie 828-0210
KTA Fall Meeting, Near Gettysburg, PA. The Fall Meeting of the Keystone Trails Association is scheduled at Camp Nawakwa, in Adams County, near Gettysburg, PA. KTA is the organization for hiker's hikers; KTA is also the driving force behind "Keeping Trails Alive" in Pennsylvania by maintaining trails and advocating trail maintenance programs statewide. The program includes a Friday afternoon hike for early birds, an impromptu slide show Friday night (bring your slides), a choice of 6-8 different hikes on Saturday or stay for the business meeting, an entertaining program on Saturday night, and a choice of 4 hikes on Sunday. Lodging and meals available on site. Campsites also available. Call Jim for more information or call KTA at 717-322-0276 for a meeting registration form.

RAFTING

Rafting trips require participants to help in transporting the gear from the hostel to the river and back, pumping up and deflating the rafts, drying out the equipment and providing for its proper storage in the hostel headquarters. All rafters will be required to wear rafting helmets and approved life vests while on the river. The hostel owns two 6-person rafts and two 4-person rafts, paddles, life jackets, and helmets for a limited number of individuals. All rafters are expected to bring lunch and beverage in waterproof and breakproof containers, a change of dry clothes, and appropriate rafting clothes (especially a pair of river shoes with thick soles), sun tan lotion, and wool jacket/sweater for cold wet days where hypothermia would be a concern. Also, rafters will be expected to pay a rental fee, a river shuttle fee, a launch permit fee, and share transportation expenses to and from the river. Total cost should range between \$15-20 per person. Would-be trippers should call the trip leaders to get specific details on the trip they wish to join.

Aug 10, Sun, Lower Yough, Leader: John Orndorff (741-2021)

Aug 23, Sat, Lower Yough, Leader: John Orndorff (741-2021)

In addition to the Lower Yough trips listed above, impromptu trips to more challenging rivers may be offered to experienced rafters. Please give your name and phone number to John Orndorff at 741-2021 if you would like to be notified of such trips.

MID-WEEK RAMBLES**Note:**

The time for gathering as of July 1 is 9:30am.

August 6 Leader and local TBA, Call Marilyn Ham 687-4520 for info.

August 13 Leader and local TBA, Call Marilyn Ham 687-4520 for info.

August 20 Leader and local TBA, Call Marilyn Ham 687-4520 for info.

August 20 Leader and local TBA, Call Marilyn Ham 687-4520 for info.

NOTES FOR RAMBLES!

Meet in Mellon Park upper parking lot at Fifth & Shady Avenues by 10:00am in June and 9:30am in July. Carpooling is encouraged. For trips over 10 miles, please pay driver \$2.00

Call trip leader for more information especially if you plan to meet us at the trail head.

CYCLING

August 9-10 B/C Judy Menosky 242-1573
Bedford Hostelling or camping in Schellsburg which is just west of Bedford. Camp at Shawnee State Park. In addition to great biking, there is swimming at the park.

August 16th B/C JOAN ROOLF 795-8345
TOURING CLASS RIDE, 25 MILES. Try some very easy hills on quiet country roads, in Westmoreland County. Enjoy a brief look at history along the way. Bring something to feed the ducks at Twin Lakes Park. Starting time, probably 10 am (earlier if it is a hot day). Please call Joan Roolf for details.

August 24 A/B/C Lynn and Chuck Ejzak 653-3257
Mon Valley Century Bicycle Tour Choose from a challenging 100 miles, 70 miles, 50 miles and 35 miles. Rides start in Elizabeth, PA. Call AYH office (after July 1) for an application or get one at AYH. Discount for registrations received by July 31. We are looking for volunteers for this ride. If you or someone you know would volunteer, please contact Lynn or Chuck.

October 5 A/B/C Bill Eberle
SABRE (Southwestern Autumn Breeze) Southwestern Allegheny county and Washington county. 100 km (65 mile) and 50 km (35 mile) rides offered. Rides start at Settler's Cabin Park. Registration includes marked roads, map, snack stops and a picnic lunch at the end. Call AYH office (after Aug 1) for an application or get one at AYH. Discount for registrations received by Sept 15.

Oct 11-12 C Pat Rossi
Wilderness Lodge Off road and On road riding near the New York / PA border. Stay overnight at the lodge. Contact Pat for more details.

Ride Class:

**A Adv. (50+ miles), B Inter. (30-60 miles),
C Easy (15-40 miles), D Beg. (10-20 miles)**

All Trips:

Trips are generally open to riders of all ages, subject to the trip leaders' approval. (Most riders tend to be between ages 18 and 70) AYH Members are given priority over nonmembers for trips with limited space. Bicycle Helmets (ANSI or Snell approved) are required on all rides. Riders are responsible for their own equipment.

The **Butler Outdoor Club** is sponsoring a "**Summit of the Clubs**" **Labor Day weekend at Camp Lutherlyn**. This outdoor extravaganza will be a gathering of outdoor clubs throughout Pennsylvania. There will be a full weekend of planned activities. Events include: hikes, bike rides, canoe trips, hay rides and more. Author Mike Sajna will give a talk and slide show on the history of the Allegheny River. A staff member from the Dept. of Conservation and National Resources will do a presentation on the many areas of PA great for outdoor adventures. For more information call John at 482-4773, or Joyce at 526-5407. The dates for the event are August 29-September 1.

The **Butler Outdoor Club** is also sponsoring an **outdoor photography contest**. Proceeds will be used to help build and maintain hiking and biking trails in Butler County. There are four different categories: plants/landscape, wildlife, activities, and black and white. Entries will be on display at the Associated Artists in downtown Butler from Oct 14 through Nov 13. Winners will be announced at the Butler Outdoor Clubs' annual dinner in November. Prizes will be awarded to the winners. For more details or an application call Bob at 287-3382 or Carmen at 789-9726.

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SEA-KAYAKING, Continued from page 5**CLASSIFIED**

Friday evening September 6th thru Sat. 7th or Sun. 8th
 Lake Erie seashore & Lake Chautauqua Weekend, Pa & NY Level: Aggressive beginner & up
 Trip begins: Carpools organized Friday afternoon & evening Ends: 9:00 (Sat) or 6:00 (Sun)
 Saturday day trip to paddle on Lake Chautauqua and stroll the paths through the Victorian Chautauqua Institute.
 Sunday we'll paddle a stretch of canal or a river trail, depending on water and climate conditions. Car camping
 overnights on a bluff with a spectacular panorama of Lake Erie. You may meet us at Lake Erie early Saturday morning
 or return to Pittsburgh Saturday evening. Call for more information and to reserve.

Monday evening September 8th
 Paddler's Monthly dinner
 Dinner begins: Arrive anytime between 6:00-7:30 PM

Tuesday evening Tuesday evening September 16th
 Intro to Sea-Kayaking, North Park Lake

Saturday September 20th
 Presque Isle State Park, Lake Erie, Pa.
 Trip begins: 8:45 AM breakfast or 10:15 AM at the Put-in

Sunday afternoon September 21st
 Final Youghiogheny River, Suttersville to Boston
 Trip begins: 12:00 Noon in Suttersville

Friday evening September 26th thru Monday October 6th
 Lake Powell, Utah
 Trip begins: Vanpool leaves Pgh 6:00 PM or fly & meet us
 Explore spectacular redrock canyons of the Colorado River and see some of the most fantastic scenery in
 America's West - all from a gentle flatwater lake and with the conveniences of a houseboat at hand. Now
 an annual trip, we envisioned this several years ago as a way to accommodate inexperienced paddlers and
 even hikers on a longer, extremely interesting trip, and the result has been exceeding expectations ever
 since. The idea is simple: the houseboat does all the long-distance work, leaving your days free to hike,
 paddle, explore ancient Indian ruins, or relax as you please. This trip is full, and we're now considering
 which part of the lake to explore next year. It's not too early to call for more information as this trip fills
 up in early March each year.

Friday evening October 10th thru Sunday October 12th
 Kinzua Fall Foliage Weekend

Saturday October 18th
 Tygart Lake, Grafton, West Virginia
 Sunday October 19th
 Cheat Lake, Morgantown, West Virginia
 Something new here: We're running two great lakes in Wild, Wonderful West Virginia and joining the Explorer's
 Club at Clare Lodge in Cooper's Rocks State Forest for their annual Halloween Party and general fun. Both lakes
 are in wooded valleys and the autumn colors here should still be very good. These are run as individual daytrips,
 so you may paddle either day or both, and round out the weekend with rock climbing, mountain biking or
 hiking. Call for more information and to reserve.

Friday evening October 24th thru Sunday October 26th
 Lake Moomaw, Shenandoah region of Virginia
 Trip begins: carpools leave Pgh Friday afternoon & evening

Friday evening October 31st thru Sun. November 2nd
 Virginia's Eastern Shore, Urbanna, Virginia
 Trip begins: Carpools arranged Friday afternoon & evening

Friday evening, Late November 1997
 Light Up Night 1997, Downtown Pittsburgh
 Trip begins: Southside Put-in at 6:00 PM

Wednesday evening November 26th thru Nov 30th
 Charleston & Surrounding Lowcountry Region, South Carolina
 Trip begins: Carpools arranged Wednesday afternoon & evening
 Our second South Carolina Lowcountry paddling trip. Come spend a Southern style Thanksgiving with us
 in sunny & warm Santee, South Carolina. Sightseeing in historic Charleston, beach walks, palm trees, plenty
 of wildlife, and maybe porpoises if we're lucky. This trip will be a collection of daytrips and include
 saltwater and freshwater paddling, and a blackwater river. All overnights in a modern condo built on stilts
 on a pier, over a lake. Space is very limited. Call for more information and to reserve.

Saturday December 13th
 Old Bedford Village, Bedford, Pa.
 Trip begins: 2:30 Lunch or 5:00 PM at the Village

Friday evening December 19th
 Christmas Dinner and Walking Tour of Downtown Pittsburgh
 Trip begins: 6:00-7:30 PM at Station Square

Friday evening December 26th thru Tuesday December 30th
 New York City
 Trip begins: Thursday evening TBA
 Sightseeing and Urban hiking through New York City to see the Christmas festivities and decorum. Return in time for
 New Year's Festivities with family & friends. Call for more information and to reserve.

Late February/Early March 1998
 Florida Escape Sea-Kayaking Winter Trip
 Trip begins: TBA

Early-Mid July 1998
 Maine & Nova Scotia (Cape Breton Highlands coastal region)

Late-August 1998
 Apostle Islands National Seashore, Lake Superior, Wisconsin

Early October 1998
 Lake Powell, Utah Houseboat & Kayak tour

Mark Mistrik 361-2943
 Level: Aggressive beginner & up
 Ends: 9:00 (Sat) or 6:00 (Sun)

Mark Mistrik 361-2943
 Everyone welcome
 Ends: 9:00 PM

Mark Mistrik 361-2943
 Level: New, Beginners & up.

Mark Mistrik 361-2943
 Level: Aggressive beginner & up.
 Ends: Leaves lake 6:30 PM

Mark Mistrik 361-2943
 Level: Beginner & up.
 Ends: 6:30 in Boston

Mark Mistrik 361-2943
 Level: New, beginner & up.
 Ends: Monday evening.

Leader: TBA
 Level: aggressive beginner & up.

Leader: Mark Mistrik 361-2943
 Beginner and up.
 Begins: Coopers Rock 9:00 AM
 Ends: 5:00 PM each day

Mark Mistrik 361-2943
 Level: Aggressive beginner & up.
 Returns: Pgh at 9:00 PM

Mark Mistrik 361-2943
 Level: Aggressive beginner & up.
 Returns: Pgh at 8:30 PM

Mark Mistrik 361-2943
 Level: Aggressive beginner & up.
 Returns: 10:00 PM for home

Mark Mistrik 361-2943
 Level: Intermediate & up.
 Returns: Pgh 8:00 PM Sunday

Mark Mistrik 361-2943
 Easy Walking Tour
 Returns: Pgh 10:00 PM

Leader: TBA
 Everyone welcome
 Ends: anytime

Call: 361-2943
 (Not a sea-kayaking trip)
 Returns: Mon. evening TBA

Call: 361-2943
 Level: Aggressive beginners & up
 Trip ends: TBA

Call: 361-2943
 Level: Intermediate & up.

Call: 361-2943
 Level: Intermediate & up.

Call: 361-2943
 Level: Beginners & up.

All trips and products listed here are private and are **not sponsored or endorsed** by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

For Sale: Two Recumbent Easy Racer Bicycles. #1 6,000mi, \$800.00, good condition. #2 500mi, \$1,350.00, new condition. Many extras. Also Burley Deluxe Trailer, nearly new, \$325.00 Call 814-734-1358 eve, for info or to ride!

For Sale: North Face Back Magic, external frame backpack; flexhip joints, heavy duty, large capacity. Will deliver. \$75.00 obo. Call 304-233-5960.

For Sale: NIKON FG SLR. 28 mm 52 mm and 70-210 mm zoom macro lens closeup lens tripod and bag mint condition \$400.00. Call RICHARD GREGO, 412-533-5725

Editor, The Golden Triangle
 830 Warrington AVE.
 Pittsburgh, PA 15210

CANOEING

Saturday, August 2nd
 Brian McBane, 443-8972
 Whitewater II school. Call for details.

Saturday, August 9th
 Oscar Mayer, 828-7123.
 Class I or II day trip depending on the interests of participants. Call for details and reservations.

Sunday, August 10th
 Becky Heimberger, 242-7179
 Class I trip. Call for details.

Saturday, August 23rd
 Janet Supowitz, 247-4016.
 Class II trip. Call for details.

Sunday, August 24th
 Roy Weil, 681-5131.
 Poling School. Learn to propel a canoe with a long pole instead of a paddle.

August 29 - September 1st
 Joyce Appel, 526-5407
 Labor Day Weekend
 The Butler Outdoor Club has invited all area outdoor clubs to participate in this "Summit of the Clubs". Events will include whitewater canoeing, rock climbing, lake canoeing, horseback riding, river canoe day trips, hiking, bicycling, and canoeing. Meals, lodging, campsites, and educational programs will be available at Camp Lutherly. Although this is not an AYH event, the BOC is a non-profit organization members of AYH with many of the same goals. Call early for reservations or visit the BOC website at www.nauticom.net/users/outdoor/

Friday eve to Sun, October 17-19
 Jon Maiman, 441-2306.
 Class I-II Fall leaf trip.

REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 830 Warrington AVE., Pittsburgh PA 15210

