

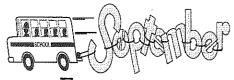
# GOLDEN TRIANGLE

# American Youth Hostels, Pittsburgh Council

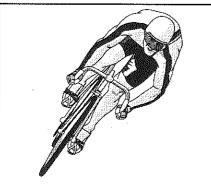
Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 45, NUMBER 9

SEPTEMBER 1995



### **Features**



For information on SABRE, turn to page 4.

We continue, with the forth part of master story teller, Glenn Oster's latest adventure "Why Washington" on page 3.

Summer is Sailing by Fast! And so is the AYH Sailing program. Make plans now to catch a breeze with us or join us at the 1996 Olympic games, see page 4 for details

The Crooked Creek, **Baker Trail Project** was Successful. See page 5 for the latest news

Have you checked the AYH travel store lately? New merchandise arrives everyday & we now accept major credit cards, take a look at the back page.

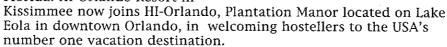
Activity Chairs; Page 2 Lewisburg Trips; Page 2 President's corner; Page3 California Dreaming; Page3 Rock Climbing; Page 5 Hiking/Rambles; Page 5 Canoeing/Bicycling; Page 5 Sea-Kayaking; Page 6 Classified; Page 7 Council Travel and Book Store; Back Cover

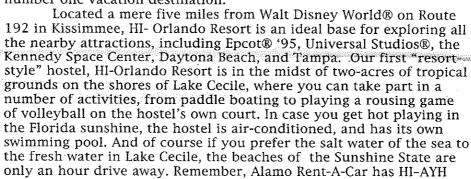
.....And MORE!!!

# Hot Spots: Orlando, Florida

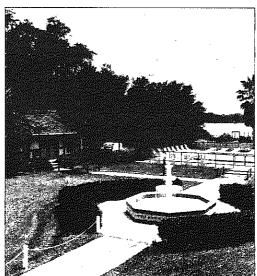
Have the memories of your childhood trip to the Magic Kingdom® become a distant recollection? Have your own children been begging and pleading to meet the Mouse? Is Florida one of those places you have always wanted to visit, but never quite fit into your vacation plans? Now's your chance to refresh your memory or perhaps embark on a new and exciting adventure!

HI-AYH announces the opening of its second hostel in the Orlando area, the new HI-Orlando Resort Hostel, giving those with a thirst for excitement and a limited budget, expanded access to central Florida. HI-Orlando Resort in





Continued on page 4



HI-Orlando Resort, Orlando, FL

# Road Trips

Tired of the same old weekend blues? Got a passion for action? Well, gas up and go! Here are some ideas to help you get through the fall months! September 1-4, Labor Day: Before summer ends, make the most of the available sun, and get thee to a beach! Did you know you have a choice of four hostels in Florida? Ft. Lauderdale, Miami Beach, and now, two hostels in Orlando, offer sun worshippers a place to bask. If beach bumming isn't your speed, on September 1-4, Seattle, WA offers Bumbershoot, their annual Arts Festival. For \$10 a day (\$25 for a four day pass) you have access to concerts, (this year featuring 10,000 Maniacs

tribute to Seattle's own Jimi Hendrix), as well as dance, theater, and crafts. Call (206) 622-5123 for more info. There are two HI hostels in Seattle: the HI-Seattle, (walking distance to the Space Needle, where the concert will be held) and the HI-Vashon Island AYH Ranch

Continued on page 4

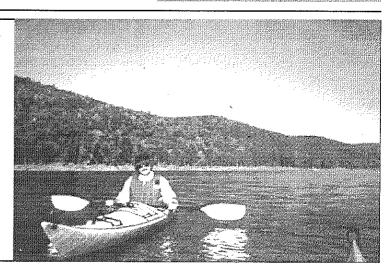
# <u>OHIOPYLE</u> **WORK PARTIES**

Sunday, September 17 Watch for other work party dates throughout the Year.

Please help volunteer for our Ohiopyle Hostel clean-up parties. If you can volunteer a few hours of your time to help paint, move furniture, clean, wash windows, do yard work or whatever talent you have, it will be very much appreciated. Free lunch for all volunteers and also, you can stay overnight for free but you must make a reservation in advance. We're also looking for some donated items: (Upright Piano, refrigerator and crib). We will meet at headquarters at 8:30 AM. and will be back around 6:00 PM.. Call Jacky Eberle if you have any questions or would like to sign up!

\*ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL RECEIVE A FREE OHIOPYLE SWEATSHIRT. \* ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL be eligible for the "OHIOPYLE VOLUNTEER OF THE YEAR" AWARD -- Jacky Eberle, Work Coordinator at 833-9732

Fall foliage at it's BEST. Seakayaking at Kinzua in the Allegheny National Forest October 1994.



### **AMERICAN YOUTH HOSTELS**

PITTSBURGH COUNCIL **5604 SOLWAY STREET** PITTSBURGH, PA 15217

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# Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

### MATERIAL..

All material to be published, should be sent to the address below, It Can be submitted on Disk in either IBM or Mactintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels The Golden Triangle

5604 Solway ST. Pittsburgh, PA 15217

Office: (412) 422-2282

# PITTSBURGH COUNCIL ACTIVITY CHAIRS

į,
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Storekeeper
Wm Eberle 833-9732

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Caving, Volleyball coordinator, Ast. Store Keeper, HQ Volunteers

# NOTICE

Please note the deadlines for future issues of the GOLDEN TRIANGLE

October
All copy, Sept 7
Binding/Mailing, Sept 28

November All copy, Oct 5 Binding/Mailing, Oct 26

If your work is on computer, Please contact Bill Eberle @ 833-9732 or 76202.3051@Compuserve.com

### Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

### **About AYH**

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), {Formerly named International Youth Hostel Federation(IYHF)}, which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

# Submissions Policy: Golden Triangle



# Classified Adds: Classified adds are free to Current members of HI-International All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members. Free adds may not be for commercial gain. Above rules apply in addition to general rules for submission

Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.

All trips must be approved by authorized co-chair Trip leader must be a council approved leader

Above rules apply in addition to general rules for submission

Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program

All Articles are to be, non-political and non-secular
 Above rules apply in addition to general rules for submission
 General rules for submission

No handwritten submissions
 Submissions Gan be;
 On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double

Before the deadline of the issue that submission needs to be run in.

(See Editors Golden Rule)

All Submissions are on a first come first serve basis, The GT makes

no promises to print material received and all material received becomes the property of the GT.

Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of

the issue (See Editors Golden Rule)

Please always check in advance with office, to confirm schedule.

Editors Golden Rule
- "Lack of planning on your part, does not constitute an emergency or

# Lewisburg Trips

For information on activities in the Lewisburg area, call Chris Olsen at 717-523-8471.

### September Slide Shows

Sept 7: To be announced; Call the office for Details

**Sept 14:** "The Arctic", Part I. Hiking in Iceland and experiences on a research vessel along the shores and islands of Iceland, Greenland and north of the Arctic Circle. By Joyce Appel and Paul Henry

Sept 21: "The Arctic", Part II. The conclusion of Joyce and Paul's trip to the Arctic.

Sept 28: "The World Wander", Part I. Have you been wondering how Helen Coyne and Sally Martin were doing on their cycling trip around the world? Chuck Martin will show slides of the first part of their trip, cycling across the U.S. Featuring San Diego, Texas, Louisiana and North Carolina.

Doors open: 8PM, Slide Shows: 8.30PM Share your Slide Show trip! To schedule a show call: 422-2282(daytime) or 362-8181 (8-10 PM Thurs.)

# **Pittsburgh Council Hostels**

Ohiopyle AYH Hostel Ohiopyle State Park PO Box 99 Ohiopyle, PA 15470 (412) 329-4476

Charleroi Youth Hostel (SA)
Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200

Living Waters AYH Hostel RD #1(1 mile west on Route 30) Schellsburgh, PA 15559 (814) 733-4212



# President's Corner

It is September already! The summer zipped by and now we have to think of those fall activities. One of those activities is the Annual Meeting and Elections of Pittsburgh Council, scheduled for October 19. We are again looking for people interested in serving on the Board of Directors. It requires a few hours per month of your time. The board meets formally every other month on the third Tuesday. For 1995-1996 the dates are: Sept. 19, Nov. 21, Jan 16, March 19, May 21 and July 16. We need help in keeping our organization running. This year should be an interesting one since we will begin construction of the Pittsburgh Hostel. Please call me for further details.

Speaking of the hostel, we will likely be taking possession of the building sometime in October and construction should begin immediately after. We are anxiously awaiting the last piece of our funding but have quite enough raised already to begin construction. We hope to be open by next summer. We will be conducting an fundraising campaign among our membership. Look for your brochure in the mail sometime this fall.

I am pleased to announce that John Orndorf has agreed to chair the rafting program. We may squeeze a few trips out before winter but it is likely that we need to just look forward to next year.

Marianne Kasica

### AYH Sheet Sleeping Sac.... DON'T LEAVE HOME WITHOUT ONE!

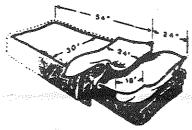


Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at

hostels due to public health regulations. Our nylon sleep sack HOSTELLING INTERNATIONAL is especially light, compact, and dries

extremely quickly (handy on trips). the cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



### Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help. Clip out the coupon below and make your pledge today.

Yes, I would like to make a pledge of support for a					
Н	ostel in Pittsburgh in the amount of:				
·	\$2500 \$1000 \$500 \$250 \$100 \$50 Other: \$ HOSTELLING INTERNATIONAL				
Yes, I	can also volunteer my time for:				
	Fundraising Construction Public Relations Clerical help other:				
Name					
Address					
_					
Telephor	ne				
	Mail your Pledge to:  AYH  Pittsburgh Hostel Fund  5604 Solway St.; Pittsburgh, PA 15217  412-422-2282				

### Pacific Coast Hostels... California Dreaming!

Waking up on Spring mornings - smelling the warm air, feeling the sun on your face, becoming aware again that there is still more of the big wide world out there - waiting to be discovered. The urge to travel, to go further afield and meet new people, find new destinations, rediscover old favorite spots, needs to be fulfilled.

Most of us are unable to take off for months at a time. We have responsibilities that can't be shrugged off at a whim, but within the network of Hostelling International Hostels one can rekindle the spirit of adventure in our own back yards. Scattered up and down the Pacific coast there are hostels that can be reached within a few days drive and many that are less than a day.

Drive or fly as far South as you can, without leaving the USA, make a base at Hostelling International - San Diego, which is housed in the historic Armed Services Building in downtown San Diego. The hostel which spans the 2nd floor has an enthusiastic staff all willing and able to make your stay as comfortable as possible. Some private rooms are available, with double beds and rooms that can accommodate 8 or more. Facilities include bright airy kitchen and common room area. Access to the laundry service and recreational facilities is offered through the YMCA which is housed in the same building. From the hostel you can walk to the historic Gaslamp Quarter and Seaport Village. The sidewalk cafe's, pubs and unique shops add to the districts funky spirit. From Broadway Landing you can take the ferry and visit the serene Island of Coronado, a great place to relax and catch the gentle ocean breezes. After you have had your fill of the delights of San Diego work your way north along the rugged and wild coast line towards Santa Monica (LA).

Enroute spend a day or two in at the San Clemente Hostel, which is midway between Los Angeles and San Diego. San Clemente Beach Hostel is a small popular hostel, soit is best to call ahead and reserve your bed. Once there swim and surf,

Continued on page 7

### Why Washington

by Glenn Oster

In the four previous issues of The Golden Triangle, Glenn Oster related the group's experiences, on a Pittsburgh Council, HI/AYH backpacking trip, while driving out to the state of Washington, backpacking in the North Cascades Range, sightseeing in the North Cascades, traveling around Olympic National Park and backpacking on a Pittsburgh Council, HI/AYH backpacking trip, g up the Pacific Coast to the Point of Arches. In this installment, Glenn tells of their sightseeing and hiking around Mount Rainier and Mount Saint Helens and of their last day together in Seattle.

Lots of driving as we traveled across the northern extremity of the Olympic Peninsula, around Puget Sound and east/south east to Mount Rainier. My all time favorite backpacking trip took place around Mount Rainier on the Wonderland Trail. I was anxious to see it again and to take the group to the most scenic spot on my special trail. Once at Mount Rainier National Park, we stopped at Narada Falls. When I saw the falls previously, it was raining and just didn't look like much, but on this day it was alive. The flow was heavy, frothy and intensely white in direct sunlight. I took too many pictures, especially of its vivid rainbow.

A magnet was still pulling us up and up to Paradise, a state of the art visitors' center. There we got a solid feel for Mount Rainier, in particular the part of it that we wouldn't be doing - an ascent to the top at more than 14,000 feet. (To do that requires a day or more of training and using ranger guides; we didn't have time.) On the way up we had clear views of the mountain, totally snow covered and against a cloudless sky. Couldn't have seen it at a better time of day or under better conditions. Its enormity is hard to grasp. Consider that the Wonderland Trail is 95 miles around the mountain at elevations up to and over 7,000 feet. What must the circumference be at its base. As we went on, there was much more scenery, many more pictures and a drive up to the Sunrise complex in search of dinner. We were much too late for a meal, but we had a view of Rainier such as I've never seen. Thin clouds had moved in at around 12,000 feet, and they took on the image of a soft veil through which the mountain radiated. It was spellbinding and would have melted the heart of the most staunch scenery critic. Food after that might have been a weak anti climax. We couldn't put off the subject of food indefinitely, though, and headed for the White River Campground to make our own dinners and to settle in for the night.

Now came the day that I had been so anxiously awaiting - our climb up to Pan Handle Gap. This narrative is being written six months later, and I still get a warm feeling just remembering it. Sunny, clear day - warm, but not hot - perfect for our climb. For the first four miles we climbed through conifers and then crossed Frying Pan Creek into a meadow gradually being overtaken by deciduous trees. This route was a segment of the Wonderland Trail, as I mentioned earlier, and the trail was in excellent condition. It is well constructed; for example, the bridge over Frying Pan Creek is built of heavy timbers and should withstand the ravages of time longer than most of us will. But, this is a digression

Our route followed the creek within full view of Frying Pan Glacier who's details became ever more discernable the higher we climbed and closer we approached. Such a massive blanket of ice, perhaps 200 feet thick or more-one can only guess how thick from what shows. It moves so slowly, imperceptibly - yet the evidence of movement is obvious. The previous time when I was here, we saw a large bear in this area - again scampering to escape us as quickly as possible. To continue - after switchbacking time and time again for another mile, the trail turns south at right angles to the glacier. It took us up through Summerland, an area of grassy, sloping meadows dotted with clusters of tall spruces. Its name seems to fit the sense of the place remarkably well.

However, when the trail climbs above Summerland, the area changes from landscape to moonscape, all rocks and snow-minimal vegetation. The air becomes thinner and more invigorating as you climb into the ice fields. Climb and climb. Looking upward, you can see snow cornices extending from the ridge top some sixty feet and who knows how deep. To the right of the trail is a pond, last time light blue in color; this time frozen over and very white. And still we climb aiming for a pass between two much higher ridge lines. The snow pack was firm, and we didn't sink in much as we traversed the steeply sloping 300 yards to the top. We had only

Continued on page 7

# SABRE

Southwestern Autumn Breeze Bicycle Tour Fifth Annual. Sunday, October 1, 1995

**START:** SABRE starts in Settler's Cabin Park at the Cayuga Picnic Grove. See back of application for directions. Pick up Registration Packet before starting the Tour. Registration opens at 7:30 am with The Metric Tour riders leaving at 8:30 am. The 35 and 15 milers depart at 9:30 and 10:30 am respectively.

ROUTE: SABRE is a tour of southwestern Pennsylvania, and more specifically of the small rural and farming communities southwest of Pittsburgh. Cycle SABRE and see Western PA's fading orchards and rolling fields filled with red, orange and fire yellow trees while the October skies are clear and a fresh breeze fills the air. We promise the route which during this Autumn period will be ablaze with colors, leaving you with memories that will easily carry you through the cold, slush-filled winter to come. SABRE consists of 3 routes for cyclists of all abilities, a challenging metric century (65 miles), as well as the 35 mile route and the 15 miler. The Pittsburgh Council, AYH requires you to wear an approved bicycle helmet for SABRE.

FOOD: 65 milers receive 2 snack stops and the 35 milers have 1 snack stop. After you are done cycling we will be waiting for you with the famous unsurpassable picnic feast at the Cayuga Picnic Shelter. If the Autumn breeze is chilly, we promise to warm you up!!! Returning for the third year, Famous Trax Farm Apple Cider Served Hot!!!

COST, REGISTRATION PACKET, PICNIC: \$12 on or before September 16, 1995 (\$17 thereafter and day of Tour registration) will get you a ride map and cue sheets, a rider number, sag and technical support, snack stops and a SABRE tour memento. When you finish the Tour, there will be the "SABRE Feast" picnic lunch awaiting you!

EXTRAS, OFFICIAL SHIRT, GUEST PICNIC TICKETS: With a great picnic like ours we knew you would want to bring Gram and Gramps, Friends, and Family. So for \$4, "SABRE Feast" picnic tickets may be purchased for one and all. Tickets will also be available at the picnic. We also offer the official SABRE Tour commemorative T-shirt for \$6 with pre-registration before September 17, and will be included in your packet on Tour Day October 1st. Shirts will also be available September 16 through October 1 for \$8.00.

RIDE DIRECTOR: Questions, concerns, suggestions or if you wish to volunteer, please contact Bill Eberle at (412) 833-9732 (phones answers 24 hrs) or Email; Internet; 76202.3051@compuserve.com.

DIRECTIONS: From Pittsburgh, take Interstate 279 (West Bound Only) to the Campbells Run Rd. Exit. At end of exit ramp look for and follow signs to Settlers Cabin Park Wave Pool. (At end of exit ramp make left then make next left at Bishop's Icecream Parlor. Follow that road under Interstate and up hill. Make first right onto Ridge Road.) Pass Wave Pool on right and make second left at large wooden sign marked "Picnic Groves". Cayuga picnic grove is second grove on right. For any clarification of the directions, please call the Ride Director at (412) 833-9732.

### MORE BICYCLING...

Sat Sept 9 Joan Roolf 795-8345 Come explore the Yough Trail from Boston to Cedar Creek. We will take time to look around. The distance is 36 miles round trip. The best way to see the world is from the seat of a bike! Be sure to call for time and directions.

### A TOSRV Tale

by Dale Lofland

After running TOSRV check-in for several years, I have the greatest respect for the riders. Stories of help, honesty, and a spirit of friendship prevail.

Greg Jones finished riding TOSRV about 4:30 Sunday afternoon. From Check-in, he rode home to north Columbus. After showering and changing clothes, he drove his van back down to Tower Parking Garage where he picked up his luggage. Heading north on Fourth Street, he saw a black tandem, with a flat tire, being ridden on the sidewalk by one person. He circled the block to come back to see if he could help.

Noticing the rider was not wearing a helmet or cycling shoes, Greg decided to play it cool. Approaching, he asked, "Is there a biking thing going on around here?"

A response of Yeah! It's the Chillicothe thing," convinced him that this picture was wrong!

Asking the rider where he got the bike elicited a response that he bought it from some guy for a couple hundred dollars. Greg knew this Santana Sovereign tandem to be worth about \$2000, and it was the wrong size for the rider.

Greg offered the rider \$200 for the tandem. The rider said "Deal," and asked Greg for a ride to 8th and High streets. They put the tandem in the back of Greg's van and got in to drive to 8th and High.

Greg said he wanted to check out "those funky pedals," and when the rider got out, Greg jumped back in, hit the automatic door lock switch and drove back to Check-In at the Riffe Center where he reported the incident.

We went through the bike bag looking for some identification. We found none, but there were two sets of car keys.

Meanwhile, at Plank's (a great place for pizza and beer on South High Street) about 40 riders were celebrating the ride. Among then was James House of New Hampshire, owner of the tandem, who was celebrating his 22nd TOSRV with his stoker, Scott Livingston of Louisiana, who was celebrating his 26th. When House came of Plank's, he found his padlock and a cut cable. Word was sent to Check-in of the stolen tandem and soon a happy reunion of owner and tandem took place.

The TOSRV management congratulates Greg Jones for his quick thinking, creative action, and honest concern for fellow riders. Thanks Greg.

Editors Note: The Following article is from the July 95 Issue of "The Buckeye Hosteller". TOSRV is a two day bicycle event with 6000 riders. HI-Columbus Council AYH has run the event annually since 1962. I enjoyed the article and hope you did too!

### SAILING

The AYH fleet includes: Flying Juniors, Sunfish, and an International 470. Several members also use their own sailboats including the Laser, Force 5, and Snark. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park near Butler, Pa. Additional weekend trips and extended trips are also planned.

All trips require previous sailing experience unless otherwise stated. This generally means a minimum of a Red Cross certified Basic Sailing Class or equivalent. Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required on all trips Trips fees are \$13 per person per day plus the AYH activity fee (\$1 member, \$3 non member). All of our 1995 sailing classes have been completed. For those

still interested in sailing classes you may contact the Moraine State Park Concessionaire at (412) 368-9000 or American Red Cross, Cleveland at (216) 431-3081

**Day Sails at Lake Arthur**: Day sails and Racing Days (see below) are conducted as AYH trips and are contingent on weather and leader availability. One Flying Junior and one Sunfish will usually be available on the racks at the eastern edge of the Watts Bay trailer area. Additional Flying Juniors and the 470 will also be available depending on a towing vehicle with hitch. Sails times are variable, but generally start at 10AM at the Lake. Call Bob or Sara Zavos at 241-0659 no later than the Thursday night prior to the sailing date. Additions and changes to the scheduled dates will be announced at the Thursday night activity meeting or posted on the sailing activity bulletin board. Scheduled dates are: Sat. Sep. 9 and Sat. Sep. 23

Racing Days at Lake Arthur: The Moraine Sailing Club (MSC) conducts racing events at Lake Arthur and the AYH Sailing Activity was invited to participate as an organization member. Sailboat Racing can be a great way to have fun sharpening up sailing skills or to become competitive in an Olympic sport. We will be racing in a FJ or our International 470. The 470 is one of eight sailboat classes used in the Olympic Sailing events. MSC also hold numerous social events including seminars, picnics, regattas, youth programs, facilities improvement projects, and banquets. Upcoming racing dates are: Sat. Sep. 2, Sat. Sep. 9 (Regatta), Sat., Sep. 23

**Sailboat Rentals**: AYH Sailboats may also be rented on a daily basis to AYH members who assist in the sailing program or current year sailing class graduates. These individuals must have demonstrated sailing ability plus be completely familiar with rigging and derigging our boats as well as caring for sails and hardware. Individuals who rent boats will be responsible for any damages. Daily fees are Sunfish \$25; Flying Junior \$30, International 470 \$40. Call Bob Zavos at 241-0659 for more information.

Extended Trips

Sept 2-4 Sat - Mon Marilyn Marrari 441-6764 Lake Chautauqua, NY. TRIP FILLED

Oct 7-8 Sat - Sun Bob Zavos 241-0659 Annapolis Boat Show; Tour historic Annapolis and attend the world's large sailboat show. Overnight accommodations at the Baltimore AYH.

July 27-Aug.4, 1996(Sat - Sun) Bob Zavos 241-0659 Olympic Sailing Events; The centennial Olympic Games are centered in Atlanta, but the Sailing Events (a.k.a. Yachting) take place 250 miles away near Savannah, Georgia. Sailboat classes include: Mistral (wind-surfing), Laser, 470, Europe, Star, Finn, Tornado, and Soling. Olympic sailboat racing combines sailing knowledge and physical endurance with an incredible degree of athleticism. The US has been a dominant force for many years, but these events receive little publicity as they have not been part of the public TV coverage. Most Olympic tickets have already been sold, but tickets for sailing go on sale in the Fall of 1995. They will not be easy to get and they may be expensive. Accommodations may be difficult but there is a nearby hostel. However, if you like sailing and want to be part of the Olympic games this may be the event of a lifetime. Please indicate interest by September 30, 1995 to coordinate ticket applications and accommodations.

### Continued from cover ...

Hot Spots

member discounts and rents to drivers under 25! (Call 800-354-2322 for info.)

The hostel offers modestly priced shuttle service to most of Orlando's most famous attractions. This 200-bed hostel provides small modern dorm rooms with en suite bathrooms, rooms for families, as well as private double rooms. The hostel is open and accessible 24 hours a day, and overnight rates are only \$13 plus tax for HI-AYH members—pretty cheap for all this fun in the sun. For more information and reservations at either of our Orlando area hostels, call (800) 444-6111 seven days a week, 9am to 9pm eastern time. Get out there and enjoy some Florida summer sunshine!

Road Trips

Hostel. On October 14-31, in Atlanta, Georgia, is the Tour of Southern Ghosts. For a small fee, you can enjoy Stone Mountain Park and good, old fashioned story-telling on the grounds of plantations. For more info, call (404) 498-5702. Come stay at the HI-Atlanta. Last but not least, how about-New York City on Halloween? All the ghosts and goblins come together for the annual Halloween Parade through the streets of Greenwich Village. Stay at HI-New York in Manhattan for easy access to the ghoulish festivities.

### Crooked Creek Baker Trail Project... -Successful-

by Jim Ritchie

The joint Keystone Trails Association/Pittsburgh AYH weekend of trail maintenance on the Baker Trail at Crooked Creek Lake on July 14,15, and 16 greatly surpassed the expectations of the organizers of the event, eventually attacting 25 volunteers from all over the state of Pennsylvania, some from as far away as Lewistown and southeastern PA. The real story of the weekend, however, was the heat, with temperatures climbing over 95 degrees and air quality so poor that extensive ozone alerts had been posted throughout the area.

In spite of the heat, four work teams were organized on Saturday and managed to put in six hours of hard labor before buckling under. Blowdowns were cleared, new blazes posted, weeds cut back, and the route through Pine Run, recently resembling a jungle, is once again one of the nicest hikes in

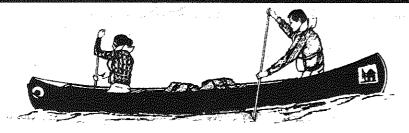
Western Pennsylvania (Cochran's Mill to Kerr Road-4 miles).

As the weekend opened on Friday night, each registrant received the traditional KTA "sign-in cookie", this time Pennsylvania Dutch Moon Pies, fresh-baked by Mary Pitzer, an AYH member who was the KTA sponsor for the weekend event. Rich Scanlon, a KTA trail builder, dentist and part-time coroner from Lewistown, PA donated a case of giveaway "sign-in toothpaste" tubes, a new product from Crest combining tartar control, baking soda, and peroxide (??what does that have to do with trail maintenance??).

The group camped at the very pleasant and private Crooked Creek group campground, courtesy of the Army Corps of Engineers, who provided us exclusive use of the facility. The Corps also provided free user passes to all other Park facilities, including their 500 foot sandy beach, which was greatly appreciated after a hard day's work in the field. All in all, nearly 200 personhours of trail maintenance were conducted along the 10-mile stretch of trail. Memories will include stops at the Tasty Treat, the spectacular lightning over the campground Saturday night, and dinner at Pitzer's Crooked Creek Inn (no relation to Mary-but she did try to get a discount). Pitzer's has a real bang-up hot meat loaf and gravy dinner, which I didn't forget for several

In addition to those people recognized for their effort in the August Golden Triangle, I would like to thank all of the following people, who came out and volunteered their hard labor under the adverse conditions of 95 degree heat: Carl Lorence, Harrisburg; Rich Scanlon, Lewistown; Bryan Koehler, Chicora; Jack Leasher, Export; Dan Martt, Munhall; Ted Pavacic, Bethel Park; Steve Jones, Pittsburgh; Sue Ritchie, Oakmont; Stuart Thompson, Youngwood; Dave Maxwell, Pittsburgh; Helen Marquard, Murraysville; Bob Tait, Butler; AJ Stones, Jeanette; Ed Beck, West Mifflin; and Joe Hardeski, Portersville. Thanks, folks.

### CANOEING



Sept 1-4 Joyce Appell 526-5407 Fri-Mon A funfilled Labor Day weekend with two kinds of adventure. Ride the wild rides at Six Flags Great Adventure near Jackson NJ and/or canoe the scenic Tom's River. We will make day trips from a base camp at a campground. Call for details and reservations.

Sept 9 Sat Paul Bronder 882-9255

Class I-II trip. Call for details.

Joyce Appel 526-5407 Sept 16 Sat

Flatwater trip. Call for details.

Sept 23 Sat Class I-II trip. Call for details,

443-8972 Brian McBane

Sept 30 Sat Steve Tubbs 279-4866 Flatwater trip. Canoe the rivers...somewhere! Call for details.

Oct 21-22 Sat&Sun Paul Henry 962-1511 Canoe Camping. Annual Fall foliage trip on the Allegheny or Clarion River.

### RAMBLES

### Our seventh year.

Sept 6	Cemetery tour, place TBA. Joe Levine 421-9706
Sept 13	Remzie Hausen park Mc keesport Walter Patton
	672-0213
Sept 20	Homestead Park Ruth&Dick Fisher 421-9215

Harrison Hills Regional Park Joe Levine 421-9215

Sept 27

Bring a lunch

Note for all trips: Meet in Mellon Park's upper parking lot at Fifth and Shady Avenues by 10 am. We will carpool to save energy and enjoy each other's company.

Trips are normally three to four miles in length, at a leisurely pace. Trips are subject to change due to weather, the leader, or the choice of the group. We will walk in all conditions of weather, so be prepared.

From time to time, we will schedule lunch at a restaurant, or a brown bag lunch. These are optional.

Call the leader for more information about a trip, or to let them know you are planning to walk with the group, but not after ten o'clock at night.

### HIKING / BACKPACKING

Friday eve-Monday Sep 1-4 Glenn Oster Backpack the Allegheny trail in the wilds of W.Va's Monongahela National Forest, between the towns of Glady & Durwin: intermed/advanced 25 miles with climbs & descents. Call for info & a reservation.

Fri-Sun Sept.15-17 Jim Ritchie 828-0210 Trail Maintenance Weekend: Baker Trail/North Country Trail from Allegheny National Forest to Cook Forest. The North Country Trail Association and the Butler Outdoor Club will join Pittsburgh AYH in a weekend of trail maintenance on the six miles shared by the Baker Trail and the North Country Trail between the Allegheny National Forest and Cook Forest State Park. We need a blaze painting team, loppers, bow saw, a trash detail, and some light chain saw work. We will camp at one of the Cook Forest group campgrounds (no feehot showers available nearby) on Friday and Saturday nights, and break camp at on Sunday. Come for the weekend or come for the day. We will organize carpools for those who are interested. For details, call Jim Ritchie, 828-0210.

Sunday Sept 17 Leo Stembler 681-1385 Intermediate hike in Slippery Rock gorge. Call for info/reservation

Sunday Sept 17 Paul Henry Joyce Appel Intermediate hike from Hell Run to Eckarts or from Alpha pass

to Hell Run (6 to 8 1/2 miles.) Call for information & a reservation. Luc Berger Sunday Sept 24

Easy 3 mile hike in Hampton Community Park near Rte 8 & on the Rachel Carson trail. We will also look at wildflowers. Call for information & a reservation.

### ROCK CLIMBING

Sept 09-10 Sat-Sun Eric Bauer 687-0766 Intermediate Sececa Rocks Weekend.

Eric Bauer Sat 687-0766 Coopers Rocks, WV; Beginner Trip. Meets 730am at HQ. (Last beginner trip of the season)

The Seneca Rocks trip involves multi-pitch climbing. You must have attended the Seneca Prep trip on August 26 in order to be eligible. Space is limited so please call trip leader for reservation.

Beginner trips are geared towards teaching basic rock climbing skills to people that have never climbed before. All you need to bring are tennis shoes and lunch. AYH supplies all climbing equipment. Space is limited so please call trip leader for reservation.



Garrett Community College presents a <u>National Adventuresports Forum</u> on September 17-19, 1995 at Deep Creek Lake, McHenry, Maryland. Join us and listen to the latest developments and opportunities in the outdoor recreation industry. Featured speakers include Tom McMillen, President's Council On Physical Fitness and Sports; Richard Bangs, world adventurer; Betty van der Smissen, risk management expert; Joe Piscatella, fitness and health professional plus many others. Mountain biking, whitewater paddling and advanced ropes activities offered. Contact Rosanne Susi at

The Adventuresports Institute at

(301)387-3032, fax (301)387-3055 or email asiinfo@gcc.cc.md.us.

### Bicycling / Walking Poker Event September 4

Second Annual Poker Run at the Arthur H. King access area, West Newton PA. (4 mile walk and 8 & 12 mile bike courses available). A poker event is NOT A Race! Participants walk or ride to checkpoints throughout the course where they pick a playing card. At the end of the event, each poker hand is tallied and the person with the best hand in each category will be awarded a trophy. After the presentation of the trophies, a raffle will be conducted and all participants will be eligible to win prizes donated by local merchants. There will be rest stops at all checkpoints and water stations throughout the course. Sag wagons, EMT's and course marshals, will all be present for your safety. ALL CYCLISTS are required to wear and ANSI or SNELL certified helmet. \$12 fee, includes a t-shirt. All donations and proceeds benefit the Yough Trail Committee trail maintenance and monitoring activities. Rain or shine. THIS IS NOT AN AYH ACTIVITY. Directions: From Interstate Route #70: Take West Newton exit at SHR#31. Follow signs to West Newton, continue across the bridge. Make a right turn at the end of the bridge for parking. Registration opens at 8:30 AM with a 10 AM start, Call 412-872-0100 for info.

5

SEPTEMBER 1995

Vickie Gotaskie & Ed Ostrovecky embarking on a weekend sea-kayak

camping trip into Pine Gorge (Pennsylvania Grand Canyon) last april.

### SEA-KAYAKING

While you are reading this, try to remember that sixty eight percent of September is - on average - still summer. So if you're wondering what happened and looking for where the summer went, there is still hope. Come on one of the sea-kayaking evening intros. These are our quintessential summertime trips, from the crickets and fireflies right down to charcoal grilled hot dogs and lemonade, along the shores of Glade lake. And this is your last chance (for seven to eight months!) to paddle, practice and play outside in water warm enough to swim comfortably in.

Now, for you folks who have been launching down hot dogs and kayaking all summer, we're planning trips through late November. Remember, the Eskimos invented sea-kayaks and were happy enough paddling around in 'cooler' weather that they never moved South or took retirements in Florida. Even when the hardy European explorers of the eighteenth and nineteenth centuries arrived - and died - looking for new trade routes and the fabled Northwest passage, it basically amounted to a garage sale for the Inuit who showed up in their kayak skin boats and salvaged the wreckage. The key to their success was good preparation, dependable gear and quality clothing. So, if you want to keep paddling and having fun in the outdoors even during the off-tourist season, come to our monthly dinners. We'll show you how to prepare and adapt to the changing seasons.

### Friday evening 1-September through Monday 4-September or Tuesday 5-September

Labor Day weekend sea-kayaking trip to Crisfield, Maryland. This trip is a mix of everything - ocean paddling at Chincoteaque, sightseeing on Tangier Island, Chesapeake Bay paddling and camping and very, very good seafood. Call for more information and to reserve a kayak. Getting Tuesday off is optional, but recommended. Mark Mistrik

344-8665 (h) or 624-3446 (w). MEETS: Friday evening 5:30 - 6:00 PM in Shadyside.

Wednesday evening 6-September

Sea-kayaking evening intro. Basic instruction through rescue technique, braces and rolls. Fun, informal trip is a great way to become aquatinted with the sea-kayak. We finish off the evening with a cook-out. Call for more informa $tion\, and\, to\, reserve\, a\, kayak.\, Mark\, Mistrik$ 344-8665 (h) or 624-3446 (w). MEETS: Wednesday evening at 5:30 - 6:00 PM in Shadyside.

Tuesday evening 12-September Monthly Activities Dinner. Join us for an evening of outdoor related conversation while we try a new restaurant each month. Everyone welcome. Sea-kayak trip planning & new ideas will be presented. Please call for restaurant location. Mark Mistrik 344-8665 (h) or 624-3446

### Friday evening 15-September through Sunday evening 17-September

or, Monday evening 18-September

Weekend sea-kayaking and camping trip down the Pocomoke - river in Maryland. See a national scenic river, from it's headwaters as a narrow creek down to a broad estuary by the afternoon of the second day. This river features cypress, cedars and continuous great scenery. Migratory birds are a hopeful plus. Overnight camping at a state park (with hot showers!). Call for more information and to reserve. (Note: this is an easy trip, but camping experience is needed) Mark Mistrik 344-8665 (h) or 624-3446 (w). MEETS: 5:30-6:00 PM Friday in Shadyside.

Saturday 1 October through Sunday 16-October

Sea-kayaking and camping trip to Kinzua (Allegheny reservoir) to see the fall foliage at its best. Call early to reserve; TRIP MAY BE RUN ON OCTOBER 7 INSTEAD (We'll let you know) Ed Ostrovecky 244-1419 or 767-5167. MEETS: Saturday morning in Shadyside.

Friday evening 20-October through Sunday, night 22-October

Sea-kayaking and sightseeing weekend to Annapolis, Maryland and Washington DC. Easy paddling and lots of sightseeing and walking through the historic district of Annapolis and through the Monuments and Museums in DC. Mark Mistrik 344-8665 (h) and 624-3446(w). MEETS, 5:30-6:00 PM in Shadyside.

Friday evening 3-November through Sunday evening 5-November

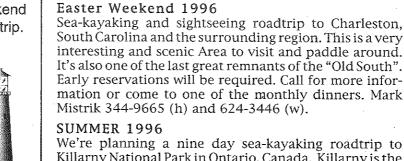
Sea-kayak weekend roadtrip to Urbanna, Virginia. Two scenic Chesapeake Bay paddles on the lower Rhappahannock or James rivers and a short night paddle to see the bioluminescence (naturally glowing water at night) there. Trip includes two nights in a Condo/Hostel and a Belgium waffle breakfast. Call for more information and to reserve. Mark Mistrik 344-8665 (h) and 624-3446 (w). MEETS: 5:30 - 6:00 PM in Shadyside.

Wednesday evening 22-November through Sunday evening 26-November

Sea-kayak roadtrip to Eastern South Carolinas. Spend your Thanksgiving nice and warm while paddling down the Edisto - the world's longest free-flowing

View from the cockpit of AYH's Prijon sea-kayak. Annual Pennsylvania

Grand Canyon weekend camping trip.



Ostrovecky 244-1419 for more information.

PM Friday evening in Shadyside.

SOMETIME THIS WINTER...

Killarny National Park in Ontario, Canada. Killarny is the only National park in the world inspired by the work of Artists before its founding. We'll be putting the trip together at the monthly dinners or you can call for more information. Mark Mistrik 344-8664 or 624-3446.

blackwater river. Overnight kayak camping and

some sightseeing on the way back. Mark Mistrik

344-8665 (h) and 624-3446 (w). MEETS: 5:30-6:00

Sea-kayaking trip down to sunny Florida. We're working

out the details at the September and October -monthly

dinners. Call Mark Mistrik 344-8665 or 624-3446 and Ed

### More Internet News

### Notice to all Paddlers!!!

The Pittsburgh District of the Corps of Engineers continues to improve their execellent service to the paddling world.

For several years they have provided current gauge readings via a dial-up BBS. This data is now available on the World Wide Web. It looks like the same data with the same update cycle.

Point your web browser at http://www.orp-wc.usace.army.mil/

Coverage is:

- Upper Allegheny River basin above Parker's Landing, including French Creek and Clarion River basins.

- Lower Allegheny River basin, including Redbank and Mahoning Creeks and Kiskiminetas River basins.

Youghiogheny and Cheat River basins, including Casselman River basin.

- Tygart and Monongahela River basins, including West Fork Beaver and upper Ohio

River basins, including Mahoning and Shenango River basins.

There are links to other Corps sites, but I didn't see any other river level pages in 10-15 minutes of browsing.

> Mary Shaw mary.shaw@cs.cmu.edu

### VOLUNTHERS NEEDED

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

\*Southwestern Autumn Breeze Bicycle tour; Bill Eberle, 833-9732

\*The Great Ride, Bicycle tour; Larry Laude, 665-9554

\*Weekend bicycling trip leaders; Wm Eberle, 833-9732 \*The Mon Valley Century bi-

cycle tour; Chuck Ejzak, 466-6196 \*MS-150 Bicycle tour; Bill

Eberle, 833-9732 \*Hostel development and fund-

raising; Marianne Kasica, 665-9554 \*Ohiopyle hostel support and

work parties; Jacky Eberle, 833-9732 \*Travel and Hostel Editor for the newsletter, Larry Laude,

665-9554 \*Office help answering phones and assisting hostellers;

Larry Laude, 422-2282 \*Leading Pittsburgh Coun-

cil trips; Wm Eberle, 833-9732 \*Scouting trails for the next

Hiking Guide Joe Hoechner, 422-2282 \*Slide shows at the Thursday Open House; office, 422-2282

\*Trail Maintenance, Baker Trail and Rachel Carson Trail; Jim Ritchie, 828-0210

\*HO Maintenance, minor routine maintenance on a regular basis.. 1-2 people are also needed to coordinate the work, track of volunteer time and to report on HQ to the board and to identify any problems or required major repairs. If you can help as little as one hour a month, please call Larry Laude at 665-9554.

### Why Washington continued

climbed 3,000 feet, but the topography gave one the impression of being on top of the world. This was Pan Handle Gap. I've never seen a place with a better view. We could see snow covered mountains, green sloping meadows down below, immense valleys, waterfalls and, dominating the southeastern skyline, monstrous Mount Adams. It reaches 12,300 feet elevation, forty-five miles away. Mount Hood farther south in Oregon was faintly visible, but Mount Saint Helens was a bit too far west to be seen from this vantage point. We ate lunch at the gap, absorbing all this splendor while we satisfied our innards.

Kirk thought he could see a herd of mountain goats lying in a snow field; my monocular proved him right. There were nineteen of them relaxing and keeping cool in the snow. Considering that their main occupation is grazing, this must have been (odd twist) their lunch break. We came to this profound conclusion because after a half hour they all got to their feet, moved over to a grassy area and resumed work so to speak. They are all white, and we could see them much better once they had a green rather than white background. We delayed as long as possible, but eventually our idyll had to end, and back down the mountain we went retracing our steps. The abundant pink heather on the upper border of Summerland fascinated Joanne. It made quite a colorful foreground for pictures of the peaks beyond. As we continued our descent, more hikers came into view who planned to only reach Summerland. Some were photographing, some just sitting for long periods assimilating all this grandeur, some were reading and some writing - all enjoying it in their own ways. After leaving Summerland, we made good time dropping down the mountain and were surprised to find Frank working his way up. He had a different agenda for the day and having finished it decided to do some of

Our sights were now set on dinner; all that fresh mountain air had given us good appetites. We drove back up to Sunrise expecting this time to be early enough for the restaurant. We were, but disappointingly; it's not much of a restaurant, and all that is available there is hamburger type food. We wanted more. Back down the mountain and out of the park to a little village with a good restaurant. Real food. Our engines refueled, we would be ready for the last day of our joint touring

Mount Saint Helens National Park, the last scenic experience before the others would fly back to Pittsburgh, was a bit sad for me. I was about to lose the companionship of my friends. Another clear sky greeted us, and we saw Mount Saint Helens at its best - to the extent that it has a best now. There it stood topped by a huge caldera giving off whiffs of steam. It offers no hint of the size of the mountain above blown off in the eruption. Some areas showed virtually no damage - others appear as desolate as they did when I last visited three years earlier. Spirit Lake looks the same -still has thousands of debarked and sun bleached trees floating at its northeast end, all blown there by the eruption. Untold numbers of burned trees are still standing, charred and bare. One bright note - hundreds upon hundreds of acres have been planted with trees, and I could detect their amount of growth. It's surprising to me that so many grew in that soil. To a horticultural vacuum such as I, it would seem to be about the poorest conceivable. The last portion of the day was spent taking a lantern hike a mile or more in a pitch black lava tube. It was a tunnel which I underestimated as to darkness. I took my large rechargeable automobile flash light, which at night appears so strong that it could drill a hole through a doorway. It was useless. Fortunately, others had rented propane lanterns, and they shared their light with us - not much to see, but they surely helped with the uneven floor. It was a strange experience.

Our last day was spent in Seattle, but we all had different interests and went our separate ways until dinner time. I visited the outdoor store showrooms at REI, Feathered Friends and The North Face, places I've missed on other visits to Seattle. Did I restrain myself? No. That will power that I displayed at Fort Laramie somehow abandoned me. Can't remember what all the others did. We stayed at the AYH Hostel, and, following our afternoon's activities, returned there. We showered, and most of us headed for the wharf and a good sea food dinner. Our restaurant sits astride a pier projecting out into Puget Sound, and at times we could see ferry boats coming and leaving for destinations unknown to us. Appropriate ambience -

thoroughly enjoyed.

After dinner, while strolling along the wharf, we could hear a female vocalist, and Joanne exclaimed that it had to be Emmylou Harris, one of her favorite country singers. As we drew closer to the sound, we discovered that a concert had just begun. Performing were Emmylou and none other than Willy Nelson, who borders on deity in Joanne's world. She would have paid any amount to attend, but sold out. We could, however, stand at the railing along the wharf and listen for a while."For a while"ended up being the entire concert - a new slice of life for me, a classical music buff. I could hardly believe that I was enjoying it, especially Emmylou. Must be mellowing as I mature. Joanne was euphoric.

Next day, my job was to get Joanne, Frank and Kirk to the airport early, no later than 7:15 a.m. Everyone checked out of the hostel and reached the parking garage even earlier than planned. Everything was going like clockwork. Only, the clock broke. The indoor parking garage was locked. None of us knew that it wasn't a twenty-four-hour operation, especially considering the fact that it is the official parking facility for the hostel. Back to the hostel I raced and returned with the combination for opening the door. I punched in the numbers. No results - the door didn't budge. Back to the hostel to see if there were some magic words that I should have said. The desk attendant returned with me. He tried his magic words; they also didn't work. Back to the hostel and a phone call to the emergency number. The answering service had no idea how long it would take to reach anyone who could be of assistance. My crew was less than overjoyed to get that information, but Kirk got an idea. The roll down door was open about eight inches from the floor. If I could lift it just a tad, he might possibly squeeze under and get the van out. We knew that the door would open automatically as the van was driven out - so why not give it a try. Kirk lay flat on his back and, without grunts and groans, wriggled part way under the door. Fear told me that he was stuck. Adrenalin flowing, I tried to lift harder - every quarter inch would help. When I was about to despair, he managed to break free of the resistance and slipped through. Loud cheers! The door opened on cue as the van approached, and everyone reached the airport exactly at 7:15 a.m. What a relief!

Be sure and join us next month as we continue with the next installment of Glenns latest tail, "WHY WASHINGTON"

### Pacific continued

hop aboard a boat and go fishing, visit the Chapel Serra, California's oldest building at the Mission San Juan, which is close by. There is plenty of opportunity to shop for the unusual and unique as the wharf around the harbor houses many 'one of a kind' stores.

Work your way down the coast towards the funfilled location of Santa Monica, more beaches, a pier and the Third Street Promenade-what more do you need to savor the LA experience. Hostelling International - Santa Monica (LA) is purpose built and incorporates the historic Rapp Saloon in the structure. A central courtyard is perfect for relaxing in and a good spot to chat to other hostellers. Each morning Belle serves a wonderful breakfast with "the best coffee in Santa Monica" - the cost is well worth the bagels alone. Check with the Concierge desk for the details of the tours to Disneyland, Universal Studios and more.

No trip to California is complete without a few days spent in San Francisco, there you can experience of the Presidio either walking or driving. Stop and watch the sea, feel the wind in your hair and the sun on your face. The Golden Gate Council has three hostels in the immediate area, each one offers a different location to explore. For shopping and the theater, the best location to stay is Hostelling International-Union Square. Four bed rooms, makes this hostel great for families and is the perfect place to launch a frenzy of shopping, check out the neighbourhood cultures, and to ride the Powell Street cable car. For views, quiet times, Fisherman's Wharf, Chinatown and Ghiradelli Square, the favorite hostel would be Hostelling International - Fort Mason. This hostel is in the Golden Gate National Recreational Area, an urban national park right on the Bay. Reservations are essential at this extremely popular and busy hostel. No visit to San Fran is complete without venturing over the famous Golden Gate Bridge, Stay overnight at Hostelling International -Marin Headlands in Sausalito - surrounded by beaches, forests and rolling hills, this location will whet your appetite for more of the sights and sounds of California. Now, as you are at the gateway to the Napa Wine Country, take your time and wind your way through the undulating hills and warm valleys of Napa Valley and Sonoma. Cut across country to Sacramento, the State capital has a lot to offer, Old Sacramento has authentic streets full of stores and restaurants, depicting how life was lived in the early days of the State. Meander down the river on a paddle steamer or take the steam train to view the sights and sounds. Finish your day off at the newest Hostelling International Hostel-Sacramento. Echoes of Sacramento in the days of old, this historic mansion has been lovingly restored by local volunteers and opens its doors mid May. The hostel has a stately atmosphere, wonderful high ceilings, that ensures a cool airy stay in the spacious rooms.

California has many hostels, both large and small. Some are in urban locations, some off the beaten path, some in historic buildings, a few in lighthouses. All are close to places of interest and welcome hostellers with open arms, most of them year around, but some during the summer season only. Take some time, dream a little and visit Hostelling International Pacific Coast Hostels.

Editor's Note: This article was provided by Meredith Shaw, sales manager for Hostelling International's hostels on the Pacific Coast. Meredith is based in Langley BC.

### CLASSIELED

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

FOR SALE: Northface internal-frame backpack \$150; Northface tadpole tent (1-2 person) \$140; Whisperlight stove \$50; First-Need water filter \$40. Call 242-9747(w) or 1-800-917-4763(pager) and leave message.

FOR SALE: Sail board/wind surfer; Mistral-large older model in good condition. Fiberglass mast, hardware, 2 sails (4m&6m) \$250. Perfect for starter. Night 766-3972 or Day 762-7440.

FOR SALE: Canoe, 18" Old Town fiberglass, paddles and life jackets, \$500.00. Contact Rebecca Dowling at 466-1802.

FOR SALE: 2 Dolfino professional silicone dive masks; low volume, fog-free, double edge. Used once and in original box. (older snorkles free) \$35 Eileen 531-9610

For Sale: Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

For Sale:60" metal desk, 55" wood roll top desk ,steno chair Peg Cline @ 372,1782

For Sale: 16 ft Canoe - Blue Hole style hull, ABS, with Bugby style gunwales and seats. \$300.00. Call Linda or Jim Roberts - daytime at 268-6731, Nights until 9:00 at 244-8332.

For Sale: 19' Albacore Sailboat with trailer. Main sail and jib in excellent shape (recently reconditioned and still in original box). A fun boat!! \$800.00 Call Helena at 784-0299 or Paul Egbert at Wind & Water 586-2080.

For Sale: Exercise Machine, Rower/xc Skier. Like new. \$80.00 Firm. Call 341-4204. Leave message.

Hiking partner(s) wanted: South Hills to Highland Park, Sat or Sun mornings this Fall. Ray Regan 341-9950, after 8:30 PM.

Distributing AYH brochuresWe are looking for places to distribute hostelling brochures, primarily brochures describing hostelling and how to purchase a Hostelling International membership, but also some specific hostel brochures. If you have some suggestions on where we can display brochures for potential hostellers such as colleges, travel agencies and travel bookstores, please call the office at 412-422-2282. We will be happy to deliver them.

Editor, The Golden Triangle 6300 5th Ave Pittsburgh, PA 15232

# REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 5604 Solway St., Pittsburgh PA 15217

# **HI-AYH Travel Store & Membership Application**

### **Qutdoor Recreation Books**

Allegheny National Forest Hiking Guide describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) ...... \$8.00

AYH Outdoor Food Book contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and illustrations. 1st Edition (1981)......\$3.00

Canoeing Guide to Western Pennsylvania and Northern West Virginia contains information on 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991) .......\$13.95

Fifty Hikes in Western Pennsylvania by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. Fifty Hikes contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. 2nd Edition (1992).......\$11.95

Monongahela National Forest Hiking Guide describes more than 160 Forest Service trails in 1,350 square miles of the Mon National Forest - one of the best areas for hiking, backpacking and ski touring in this part of the country. Published by the West Virginia Conservancy. 320 pages, 60 maps, 39 photos. 6th Edition (1993) ......\$12.95

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### **AYH Weekly Open House**

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

# **Council Office and Travel Store**

The Pittsburgh Council Travel Store is open Mon., Thur., and Fri. from 9 to 3 and Wed. from 9 to 6. Hours are subject to change, so it's a good idea to call the office at 412-422-2282 before coming in. We're in Room 202 of the Wightman School Building at 5604 Solway Street in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, rail passes, and books are available.