



# golden triangle

## ayh

pittsburgh council, american youth hostel, inc.

MAY

Volume 23, Number 4

April, 1972

### TRIP REPORT

from April Fool

## OPEN HOUSE 8:30 Thursdays

May 4

Discover the joys of cycle touring in Florida with Jack Batchelar and Mark Powder. Includes a stop at a bicycle museum and Disneyland. Get a glimpse of the possibilities for a National AYH cycle trip this summer.

May 11

You've seen Don Hoecker shooting AYHer's in action (with his camera!) so now come and see what he may have caught them doing!!

May 18

Dick Sandburg digs into his slide collection and comes up with tonight's bird program.

May 25

Hugh Gilmour will lead Folk Dancing again. It should be great fun. Bring your red dancing shoes.

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The AYH GOLDEN TRIANGLE is a monthly publication of the Pittsburgh Council of the American Youth Hostels, Inc. 6300 Fifth Ave. Pittsburgh, Pa. 15232  
Editor: Katherine M. Spindt 364-2447  
Production: Peggy Brehm 371-3084

If you have an article, trip report or other interesting item for publication, mail it to K.M. Spindt 135 Buckhill Rd. Pgh. Pa. 15237

Thirty-nine trippers took part in the sixth annual kiteflying which started from HQ on April Fool's Day in the bright sun. Most of the kites did get off the ground. Many returned to earth rather suddenly as the wind grew wild and gusty.

The youngest tripper was 5 mo. Gerhard Moll who brought his parents. Other trippers included the Woodland, Bartoo and Oberg families; Tom Kolar, visiting for the weekend from Washington, D.C.; Evelyn Edwards, Susan Kantelbaugh, Flo Morehead, Gaary Berkeybil, Giles Gallahad, Dave Engel, Gary Ludwig, Fred Mauk, other members and guests. These people were joined by eight hearty cyclists led by Jack Batchelar, who made it from HQ to South Park just as the clouds rolled in and the temperature started to drop.

The Easter egg hunt was held in a cold rain. The pie-chee-ams and bean salad were eaten in haste in a heavy snowstorm. The trippers thought that the snow was the April Fool element of the trip. But the lady whose car's antenna was decapitated by a kite string seemed to think that we were.

P.S. A sincere thank you to everyone on the trip who made the best of such adverse conditions. Thanks also to all who contributed to the "antenna fund".

## BIKE COMMITTEE ANNOUNCES NEW SERIES OF LECTURES ON BIKE DESIGN

The lightweight bicycle boom of the 1970's has created not only a demand for bicycles, but a demand for more information about these bikes. Many of the newer cyclists are becoming more serious cyclists, wanting to know what equipment to use and why they should use this. Some bike shops know the answers to these questions, many don't. Many books have been published but few have been very technical. Most are buyer's guides or how-to-fix-it books. Where is a cyclists to find out about frame design, which tubular tire to use, how to design an efficient gearing system?

The Bicycle Committee of AYH has decided to help fill this gap by putting on a series of lectures on bicycle design. These will be semi-technical discussions intended for the serious cyclist, whether racer or tourer, whether he has a polished chrome racing machine or a beat up old three-speed. It is not a how-to-fix-it course (We have those on the first Tuesday of each month.), or what-brand-should-I-buy discussion (That's what the books and dealers are for.). Instead, it is a "What equipment should I use for the kind of riding I do" lecture. Hopefully, we will cover both advantages and disadvantages of various bike equipment. In the end though, it is always up to the individual to decide what to use. We want to give AYH cyclists a sound footing to base decisions on, rather than letting them go on the old addage "so and so uses this so it must be good."

Our first topic will be WHEELS AND TIRES. This will cover the design of the components, spoking patterns, tire selection and tire care. Both wired-on (clincher) and tubular tires will be considered. Future topics include propulsion and gearing, frame design, steering and stability, and brakes and derailleurs.

The discussions will be held on the third Tuesday of each month at 8 pm, usually following an evening ride, at AYH headquarters. For these lectures AYH's resident expert will be Mark Powder of Scholl's Cycle Center. The first will be on Tuesday May 16.

\* \* \* \* \*

## LIMA COUNCIL CYCLES

## Sixth Annual Midwest Double Century

The Lima Council AYH takes pride in announcing that the Sixth Annual Doyle Century will take place on Sat.-Sun. July 1-2, 1972. This year it will be based at Wapakoneta, Ohio, 14 miles south of Lima. The 200 mile routh, which one must complete in 24 hours or less to qualify, will circle south to the scenic Old Mill Bikeway, then northward through the Top of Ohio Bikeway before returning to the starting point. Numerous trophies and other awards will be given to special performances.

Write to MDC COMMUNICATIONS

Box 173

Lima, Ohio 45802

New guide to white water of W.Va.

Prepublication offer until May 2

See bottom of page 7 for address

\* The Gibbons GREAT 100 Bicycle Rally  
\* Kirby Park, Wilkes-Barre, Pa.

\* If you think you have the "Go Power",  
\* the Wyoming Valley Bicycle Club in  
\* conjunction with its sponsor, the  
\* Gibbons Brewery, challenges you to  
\* the "HARDEST 100 in the EAST". This  
\* course offers some of the most beau-  
\* tiful scenery in Pennsylvania. The  
\* route will be well marked with signs  
\* and arrows painted on the road.  
\* Sagwagons, repair trucks and police  
\* will patrol the road regularly. Rally  
\* headquarters opens in Kirby Park on  
\* Sat. June 24 at 8 am-8 pm. It will  
\* also open at 5 am Sunday for late  
\* arrivals. Starting time is 6:30 am.  
\* Entry fee includes map, patch, group  
\* photo and food along the way.  
\* Lodging and camping information will  
\* be sent on request.

\* Write to: THE GREAT 100  
302 Richard Street  
Kingston, Pa. 18704

for application and information

Dear AYHers:


Beirut, March 20, 1972

The Ham's do miss those Saturday and Sunday mornings, when the Hostel is alive with trippers: hikers, bikers, canoeists, campers and climbers. Here, we do generate some activities, but hardly ever have had the opportunity to go out with an organized group. Probably the best organized is the Speleo Club; but in the winter and spring, with the danger of floods, their caving is limited; I believe they do some hiking, but I have not made connections yet.

Still, we are neither quiescent nor friend-less; and we have mobilized quite a few Lebanese, as well as English & Americans to hike with us.

The National Council on Tourism has promised to print my hiking guide to Lebanon or really to Mt. Lebanon. Marilyn and I have hiked just short of 600 kilometers (400 miles now); have written up, in notes, 34 of those areas, which may supply as many as fifty hikes. We find hiking a bit more rugged here than in Western Penna.; we can do up to 20 kilometers here while we were doing 20 miles a day in the states. The difference is partly elevation; we often go from sea-level up to 5000 feet and perhaps down again. Then, the rocks are jagged; we may walk for one or more hours largely on rock falls, sharply edged limestones, basalts or the rounded rocks of a river bed. Both our hiking boots are wearing out and such items are hard to come by in Lebanon. Another difference: here, because of the deforestation, hikers have continuous and ever-shifting views: views of mountains up to 10,000 feet; valleys; and countless rivers. Wildflowers abound, even though this is the time of year when hundreds of species bloom in profusion. Birds are scarce, partly because they are hunted and partly because of the lack of trees and nesting places.

I've skied twelve days, including 6 at the Cedars. Food is great and none of us have gained a pound! Best wishes and good hiking. The Hams



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15068



# Fire Has Closed the Mountain Trail Shop in Murraysville

We will appreciate your continued patronage at our south store, where you will find the same high quality in backpacking equipment and service.

TENTS: Gerry, Sierra Designs, North Face, Alpine Designs

SLEEPING BAGS: Sierra Designs, North Face, Alpine Designs, Gerry  
Trail Tech, Blacks

BACKPACKS & FRAMES: Kelty, Sierra Designs, Alpine Designs, North Face,  
Gerry, Universal, Alpenlite

HIKING AND CLIMBING BOOTS: Fabiano, Vasque (formerly Voyageur)

DOWN SWEATERS, JACKETS, VESTS: Sierra Designs, North Face, Gerry,  
Alpine Designs, Mountain Products, Blacks

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# ← KIPS and TRAILS →

- Sat. Apr. 29 MAINTAINENCE HIKE on the Baker Trail near Corsica and Fisher. Leave early Saturday morning for 2 days of hiking, blazing to  
Sun. Apr. 30 and trail cleaning. Sleep at a shelter. Bring your own food or eat out. Contact Eb Moll (441-0226). Transportation \$3.
- Tue. May 2 BIKE CLINIC-- The bike season is now upon us. Hopefully your bike is ready for it. Come to the Clinic at Headquarters where AYH's specialists will show you the proper servicing methods. Clinic starts promptly at 7:00 pm. Bring a wrench.
- Fri. May 5 CYCLE--The Midnight Cowboy Rides Again!! If you are interested in prowling with him through the corral, call Gary for reservations and details (521-4964). Leaves AYH 11:30 pm.
- Fri. May 5 CANOE SCHOOL--Apply for reservations from the YWCA (if it's to  
Sun. May 7 not too late already) for the Y-Red Cross-AYH canoe school leader training weekend at Camp Carondowanna. See George Robertson (363-2050) for details.
- Fri. May 5 CAVE--Martha's Cave in West Virginia. A good cave with some to  
Sat. May 6 formations. Leave Friday night, return late Saturday. Call Norm Snyder for details and reservations. (371-2371).
- Sat. May 6 HIKE--Great Gorge Trail. Explore the ruggedness of the Great Gorge Trail along the Youghoigheny River near Ohiopyle with Mike Sadusky (687-5238). Good hiking boots required for considerable off the trail hiking.
- Sat. May 6 CYCLE--Are you ready for TOSRV and your National AYH cycle trip? John Edwards doesn't think he's ready, so, he's leading an 80 mile trip to Washington, Pa. to remedy the situation. Meet at AYH at 7:30 am. Cost 40¢ plus rental. Reserve a bike with John at (833-2682).
- Sun. May 7 PROGRESSIVE DINNER HIKE--Another one of those "annual affairs". Come along on a leisurely afternoon hike and enjoy a multicourse dinner along the way at the homes of some of your friends. Come hungry to the Hostel at 12 noon. Approximate cost \$2.00 for adults, \$1.25 for children. Reservations are limited and require payment in advance. Contact Dianne Moll (441-0226).
- Sun. May 7 CYCLE--Mike LaMark leads another of his unique "caving" trips through a few old wooden caves. Actually, the caves are covered bridges and the country is beautiful. Reserve with Mike (381-3565). Cost \$2.00 plus rental. Meet at AYH at 8:00 am. Cycle about 25 miles.
- Sat. May 13 CYCLE--TOSRV--is finally here. Are you ready?? Meet on the to  
Sun. May 14 steps of the Ohio State Capital Building at 6:00 am Saturday. For more information call John Wronosky (431-1373).
- Sat. May 13 CANOE SCHOOL #1--For beginners, teaching the basics of paddling in whitewater. Meet at AYH at 8:30 am, with lunch, complete change of clothes, old tennis shoes, and \$5.00. Reservations necessary. Call Kathy Spindt (364-2447).
- Sat. May 13 WILDFLOWER HIKE--Admire the new spring wildflowers in the Bear Run Nature Reserve near Ohiopyle along with Linnea Freeburg (361-3707). Side trip to Wharton Furnace. Bring a light lunch. your own guides to the identification of the

- Sat. May 13 BACKPACK--in the Cheat Canyon and the lower Big Sandy Creek to Gorge when both are at their best. Participants must be
- Sun. May 14 AYH members and have had at least two prior backpacking experiences. Leave AYH at 6:30 am with backpack gear, wading shoes, 2 lunches and \$5.50. Reserve with Bruce Sundquist at 327-8737. Limit: 12 persons. Return by Sunday, 7:00 pm.
- Sun. May 14 RAFT--Members with paddling experience call Mike Hurwitz (731-1083 or 256-3343) to reserve a space in a raft. Paddle the Lower Yough--Ohiopyle to Stewarton--about 6 miles. Bring lunch, complete change of clothes and about \$5.00. Leave AYH at 8:30 am.
- MID-MAY WILDFOOD GATHERING HIKE--Check with Samanta Richter (421-3591) for additional details.
- Sun. May 14 HIKE--Baker Trail. Help celebrate Mother's Day by bringing her along as George Romovacek (661- ) leads a hike on Sec.3 of the Baker Trail. (Cochran's Mill to Crooked Creek State Park) Leave AYH at 8:30 am with canteen, light lunch, your mother and about \$2.00.
- Thu. May 18 EVENING CYCLE--AYH opens another season of evening rides. Come to the gala opening of the season in Schenley Park. Leave AYH at 6:30 pm. Cost 25¢ plus rental. Reserve with Jack Batchelar at 963-7868).
- Tue. May 16 BIKE LECTURE--See article page 2 for details. Meet at AYH at 8:00 pm. This month's topic--wheels and tires.
- Fri. May 19 HIKE--one of the best trails in West Virginia, the North Fork to Mountain Trail. Leave Friday night, return Saturday night.
- Sat. May 20 Call Norm Snyder for details and further information (371-2371).
- Fri. May 19 Cyclists--The Western Pa. Wheelman are looking for interested supporters for 5-7 miles of bike paths in North Park. Come to the YWCA on Babcock Rd., North Hills to show your interest. Call Jack Batchelar for details. He will leave AYH at 7:00 for those of you who don't know the way.
- Sat. May 20 HIKE--MORGANTOWN WEEKEND--Hike the Cheat Canyon on Saturday to with Morie Oberg (279-5774) and Cooper's Rock State Park on Sun.
- Sun. May 21 Accomodation available at the Morgantown Hostel, also food.
- Sun. May 21 RAFT--Bring your paddle power, and raft with Gene Cone about 11 miles down the Cheat Canyon. MORGANTOWN WEEKEND TRIP Must be member and have previous rafting experience on at least the Lower Yough. Call Gene (561-7115) for reservations. Bring lunches, complete change of clothes and \$5.00.
- Sun. May 21 CYCLE--John Edwards (833-2682) leads a trip in the Mingo Creek area, 25 miles. He will leave AYH at 8:30 am. Includes a stop at the Old Schoolhouse. Bring lunch and water bottle.. Cost 1.50 plus rental.
- Tue. May 23 CYCLE--Mark Powder leads another evening cycle trip. Leave AYH at 6:00 pm. This one of followed by an ICE CREAM EATING CONTEST!! See the Bulletin Board at HQ for details or talk to Howard the Ice Cream Man Cosell.



# TRIPS AND TRAILS CONTINUED

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- Thu. May 25 CYCLE--To work off the weight gained last Tuesday, join Mike Hurwitz (731-1083) for a tour of the facilities of the Parks and Recreation Dept. Trip leaves at 6:30 pm. Cost 25¢, & rental
- Fri. May 26 BACKPACK--Memorial Weekend backpack about 20 miles on the Appalachian Trail (Pine Grove Furnace to Grantsville) with  
to  
Mon. May 29 Morie and Sandy Oberg (279-5774). Participants must bring own food, backpacking gear and a minimum emergency shelter of a plastic tube tent. Leave AYH Friday evening at 7:00 pm. Cost about \$6.00.
- Fri. May 26 CANOE-CAMP--Rich Bartoo (882-9368) leads the third annual  
to  
Mon. May 29 trip to Pine Creek, the Pa. Grand Canyon. Open to intermediate canoeists. Bring a sleeping bag, tent, food, etc. Leave AYH 7:30 pm. Cost about \$15.00.
- Fri. May 26 CYCLE--The GREAT EASTERN RALLY, in Carlisle, Pa. This event  
to  
Mon. May 29 has rides for everyone, including a trip to Gettysburg and clinics. Cost under \$25. Leave AYH 6:00 pm Friday evening and return Monday evening. Get details from Jack Batchelar (963-7868).
- Sun. May 28 CYCLE--Jon Keffler (241-5854) leads a 70-80 mile trip over the hills and up the mountains in Ligonier. Leave AYH at 7:30 am with \$2.00 and lunch.
- Tue. May 30 EVENING CYCLE--See Mark Powder for reservations. He mentioned a race up Negley Hill?
- Thu. Jun. 1 EVENING CYCLE--Take in Schenley Park before the AYH Open House. See Larry Giventer for reservations.
- Sat. Jun. 3 Monongahela River Hike, 6-7 miles along a yet undiscovered section in the Masontown area. Beginners welcome. Leave AYH at 8:30 am with light lunch, canteen and \$2.50.
- Sun. Jun. 4 Hike and Cave Trip, your choice to combine both in the South Connelsville area. Morie Ober (279-5774) leads the hiking and Mike LaMark (381-3563) leads the caving in Casparis. Leave AYH at 8:30 am. Cost \$2.00 plus equipment.
- Sun. Jun. 4 Beginner's CYCLE trip to downtown Pittsburgh.
- Tue. Jun. 6 BIKE CLINIC--Come to learn how to maintain your machine. 8:30 at AYH. Ride beforehand, Meet at AYH at 6:30. Cost 25¢, plus rental.

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## MISCELLANEA

Congratulation to Cora Addicott and Allen McGrady, married April 6, 1972.

Correction to AYH Phone List- Jack Batchelar 963-7868

Renate Conner says, "If you go on a hike around a stream with Morie Oberg, don't wear leotards."

The SOCIAL EVENT OF THE SPRING-

## FOR SALE


\* 4-man, yellow raft, \$35. Call George Robertson 363-2050

\* C-1 mold, Yugo II design, vertical seam, Call G. Robertson 363-2050

\* Durhan Tyrolean Hiking boots, size 9 \$20, used once. Call 664-4161 M-F:9-5

\* C-1, mostly finished, vertical split, Call Molly Hunter 237-3524 (7:30-4) \$60

W.Va.WWA prepublication price \$3.25

Mon	Tue	Wed	Thurs	Fri	Sat	Sun
1	2 Bike Clinic	3	4 Cycle Tour Florida with Jack Batchelor	5 Cycle	6 Caving Hike-Great Gorge Cycle (80) Carondawanna Canoe	7 Progressive Dinner Hike Cycle School
8	9	10	11 Don Hoecker AYHers in <u>Action</u>	12	13 Canoe School 1 Wildflower Hike Backpack- Cheat Canyon T O S R V	14 Raft-Yough Hike-Baker Tr. Backpack- Cheat Canyon
15	16 Bike Lecture	17	18 Dick Sandburg BIRDS evening cycle	19 Hike- North Fork Mtn.	20 <u>Morgantown</u> Hike	21 <u>Weekend</u> Hike Raft Cycle-Mingo Crk.
22	23 Ice Cream Contest evening cycle	24	25 Folk Dancing evening cycle	26 Backpack weekend- Appalachian Tr. → Canoe-Camp Weekend- Pine Crk. → Great Eastern Cycle Rally →	27	28 →
29 <u>Memorial</u> <u>Day</u>	30 evening cycle	31				

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