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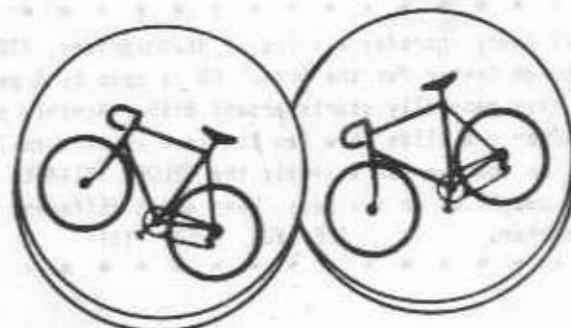


**Golden  
Triangle**

May 1983



**CONGESTION?**



**GAS PAINS? CAR SICK?**



Take one and go to work or school.  
Bring along a friend and take two!

**PITTSBURGH COUNCIL**

**AMERICAN YOUTH HOSTELS**



**BICYCLING  
THE WAY TO GO!**  
MAY-AMERICAN BIKE MONTH



PITTSBURGH COUNCIL  
AMERICAN YOUTH HOSTELS  
6300 Fifth Avenue  
Pittsburgh PA 15232

THE GOLDEN TRIANGLE IS THE MONTHLY PUBLICATION OF THE PITTSBURGH COUNCIL American Youth Hostels. The contents are the responsibility of the editors.

|                |                         |
|----------------|-------------------------|
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| COVER          | Joe Hoechner            |

DEADLINES FOR JUNE ISSUE: May 12 . . . . . ALL ads, trips, and articles!  
May 26 . . . . . Production Party!

OPEN HOUSE is held every Thursday evening at Headquarters, 6300 Fifth Ave. next to the Pittsburgh Center for the Arts. HQ is open by 8 pm for socializing. The slide show generally starts around 8:45. Monthly production parties are held after the slide show (on the last or next-to-last Thursday of the month) so that we can assemble the GOLDEN TRIANGLE for mailing, as well as getting caught up on the news, hear about different trips and get to know one another. SEE YOU THERE !!!

#### MAY SLIDE SHOWS

- May 5 "White Water Primer" a movie on water safety and fun by the American Red Cross.
- May 12 "Gone with the Gators" starring Marilyn & Cliff Ham.
- May 19 How to "Vacation by Bike this Summer" by Chuck & Lynn Ejzak.
- May 26 Or try the Climbing and Caving Fun Alternative as shown by Barry Govenor.

MAY ACTIVITIES BOARD MEETING WILL BE HELD AT THE HOME OF GUS HUGHES, 106 Duquesne Avenue near the Westinghouse Bettis Lab. Call 469-1295 for directions or use the map on page 3.



HAPPY BIRTHDAY  
TO  
JOHN HAYES  
who will be 75 years young on  
May 17.

#### A Y H MEMBERSHIP APPLICATION

AYH memberships are available at any Open House meeting. If you are unable to attend a meeting, you may wish to fill out the application found at the bottom of this page and send it, along with your check, made payable to 'Pittsburgh Council, AYH' to:

AYH Membership  
6300 Fifth Avenue  
Pittsburgh, Pa. 15232

Allow 3-4 weeks for delivery of your hostelling pass. NOTE: Membership also sells International Hostel Guide to Europe for \$5.00 by mail and \$4.00 at Headquarters.

#### CHECK ONE:

- ☐ \$7.00 Youth
- ☐ \$7.00 Senior Citizen(60+)
- ☐ \$14.00 Senior (18-59)
- ☐ \$21.00 Family
- ☐ \$35.00 Organization (non-profit)
- ☐ \$35.00 Three-year Senior
- ☐ \$140.00 Life
- ☐ \$ . . . Tax Deductable Donation



Feeling sad & lonely? Meet new people at Pittsburgh A.Y.H!  
For info call: 362-8181.

OUR COUNCIL is a volunteer organization. There is always need for leaders and people willing to donate their time and skills for the purpose of maintaining and improving our Council. If you are interested in contributing your efforts to any of the activities or service-oriented areas, please contact a member of the Activities Board, or attend a Board meeting.

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_ NEW/RENEWAL \_\_\_\_\_  
BIRTHDATE \_\_\_\_\_

and briars with leaves this time. Possible camp-out at Maritt farm afterwards, including short (?) hikes on Sunday. Call Dan Maritt, 922-4000 x 633(w).

# KAYAKING

Ray Yutzy 561-3764 Lou Conley 681-8321

## KAYAK AUCTION

Two "Roll Trained" AYH kayaks are being auctioned off. These kayaks are in good condition and can be examined at any Thursday night open house meeting. They are both high volume plastic boats and one includes air bags. One has a minimum bid of \$50.00 and the other has a minimum bid of \$125.00. Send sealed bids to Kayaking Chairman, Pittsburgh Council, AYH, 6300 Fifth Avenue, Pgh. Pa. 15232. Bids are due by June 16, 1983. Contact chairpersons for further info.

Trips will be organized on an informal basis at the Thursday night open house meetings for those equipped and interested in cold water paddling.

sat may 21- Possible Trip on the Cheat River Canyon and/or Narrows depending on water levels skills available. Contact Lou above.  
sun may 22 Morgantown Weekend.

VOLLEYBALL Jeff Marsh 831-9490(h) 462-5000 x6935(w)  
Harriet Ann Seiner 681-1189

Play outdoor volleyball in Mellon Park above the Headquarters Building on Tuesdays and Thursdays. Come around 5 pm (weather permitting) and play until it gets dark. On Tuesdays the fee is 50¢ for members, \$2.00 for non-members. On Thursdays play FREE.



Schwinn Bicycles

## KRAYNICK'S BIKE SHOP

EXPERT SERVICE

New, Used and Antique Bikes and Parts

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5003 Penn Ave., Pgh., PA 15224

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Ohiopyle Hostel

Work Party

Weekend May 7th & 8th

Call Joe Hoechner

To Reserve: 373-3403

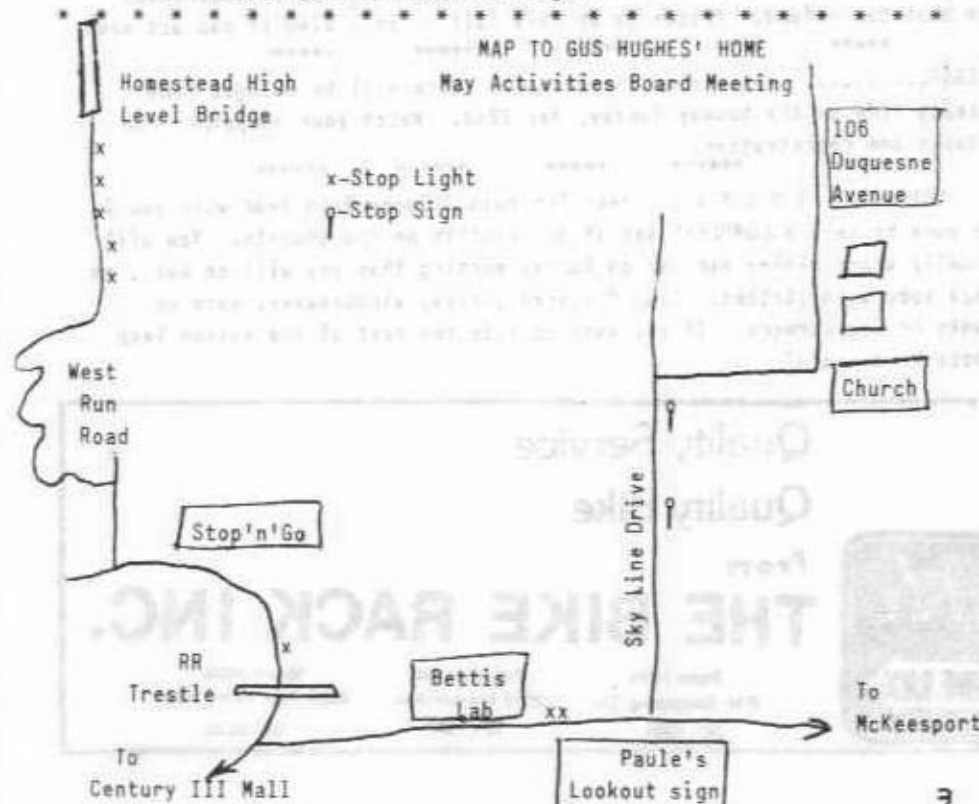
Limit 15 Persons

## KAYAK

## AUCTION

Two AYH KAYAKS ARE BEING AUCTIONED OFF. See the notice under the Kayaking trip listings for more details.

WANTED: Housemates for a Squirrel Hill house starting May/June. Please call 421-6530 evenings.



TIPS & TALES  
TIPS & TALES  
TIPS & TALES

BICYCLE TOURING THIS SUMMER? Joe Hoechner has a supply of the "Wisconsin Bicycle Route Guide" available free at AYH HQ on Thursday nights. This is a very detailed map set prepared by the Wisconsin Division of Tourism. If you would like a copy & cannot get to HQ, send \$1.00 in postage stamps to Joe and he will send you a copy.

\*\*\*\*\*

DON'T BE FOOLED BY LOW GAS PRICES !!! Watch for prices to stabilize around \$1 per gallon (regular) and start to creep up again around Memorial Day Weekend and July 4th. Even though the price of oil is dropping the Big Oil Companies are seeking to return to the good old days of obscene profits.

\*\*\*\*\*

GOING TO GEAR UP ? Watch for Chuck or Bob to lead a croup up there by bike from HQ! If you are not that adventurous, join Joe Hoechner leaving Friday, May 27th for the drive up there. Look for the AYH display at the Student Union Building while you are on the Slippery Rock Campus.

\*\*\*\*\*

HINT! HINT! HINT! Now is the time to get that Life Membership. Use that tax refund. Prices go up this fall — only \$140 if you act now!

\*\*\*\*\*

PSSST..... Wanna ride the Busway? There will be a Legal fund raising ride on the busway Sunday, May 22nd. Watch your newspaper for details and registration.

\*\*\*\*\*

GOING TO T O S R V ? Dress for rain! Carry Rain Gear with you & be sure to send a COMPLETE set of dry clothes on the shuttle. You will usually start riding earlier on Sunday morning than you will on Sat., so pack some warm clothes: long fingered gloves, windbreaker, warm up pants or leg warmers. If you want to ride the rest of the season keep those knees warm!

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Quality Bike

from

**THE BIKE RACK INC.**

Penn Hills  
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241-1565

Squirrel Hill  
2010 Murray Ave  
521-1565

Murrysville  
4055 Wm Penn Hwy  
327-6430



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**FROM A WALK IN THE SUNSHINE....**

**to technical wilderness exploration, we have  
clothing and equipment  
to enhance your outdoor experience.**

**The Mountain Trail Shop**

5435 Walnut Street, Shadyside Weekdays 12-9, Saturday 9-5 687-1700



Persons wishing to begin climbing are cautioned to start their elbow-bending exercises early in the season. Trips usually leave HQ at 7 am for a traditional McD's breakfast. Necessities for trips include a ratty pair of tennis shoes, water bottle, lunch, a rain poncho (so it doesn't rain) and a funny-looking hat. A pair of leather work gloves are useful in belaying.

- sun may 15 BEGINner climb at White Rocks. Call chairpersons.  
 sat may 21 BEGINner climb at Cooper's Rocks. This trip is on the MORGANTOWN WEEKEND. Call Chairpersons.  
 sun may 22 BEGINner climb at Cooper's; also part of Morgantown Weekend. Call chairpersons.  
 sat jun 4 BEGINner climb at White Rocks near Ohiopyle. Call chairmen.

FLASH FOR BEGINNERS -- Barry Govenor will hold a climbing workshop for beginners at headquarters on May 11, Wednesday at 7 pm.

- sat may 7 Shy BEGINners trip - limited to 5 persons. High Rocks. Will leave from HQ at 8:30 am. Bring water bottle, lunch, leather gloves, if you have some. Reservations are required. Call Jeri 422-0296 or see her at Thursday night meeting. She will be the one with the funny hat, doing elbow-bends.

#### HIKING Shirley Sedmak 242-1573

The Hiking Planning Meeting was postponed from April 7 and rescheduled to Thursday, May 5 at 6:30 due to a conflict with the Western Pa. Trails Conference Meeting. We will be discussing trips for the coming season and ideas for new hiking areas. All hiking trip leaders or persons interested in becoming trip leaders are invited. A potluck supper will be provided and the meeting will adjourn in time for the AYH open house. Call Chairperson for directions to 5050 Todd Street in Wilkinsburg.

- sun may 8 INTERmediate. Join Bob Kenneweg for a 10 - 12 mile hike in Cook's Forest. Leave from HQ. Call Bob at 553-3394(w) or 521-2356(h) for time and other info.  
 sat may 14 BEGINner and INTERmediate hike at Mt. Davis - highest point in Pennsylvania. Beginner group will walk 3-5 miles; intermediate group will go 8-10 miles. Call Cliff & Marilyn Ham at 687-4520.  
 sat may 21 INTERmediate. Join John Francis for a hike at Bear Run. Trillium should be in bloom. Meet at HQ at 8:30. Call John at 777-8627(w) or 766-4852(h) for more info.  
 sun may 22 ADVanced briar-bashing bushwhack. Our motto is the "Rougher the Better." Meet at HQ at 8:30. Call Steve Tubbs at 751-2158(h).  
 sat may 28 INTERmediate bushwhack - Return to Long Run in Ohio. Beavers

MORGANTOWN WEEKEND is coming up May 20 to 22. Expect it to RAIN! Also expect to get crubby caving, climbing, rafting, or even hiking. You will need your rain gear and some warm clothes; WOOL if you are going rafting, fer shure, fer shure! If you want to be a hero, bring some FIREWOOD!

Not going to T.O.S.R.V. or canoe school over Mother's Day Weekend? Get in shape with a work party weekend at the Ohiopyle Youth Hostel. Catch a little sun while doing outside yard work or stay cool cleaning out and painting the basement. Pack 2 lunches and one breakfast and get take out for Sat. night dinner. No overnight fee, but share driving expense. Leave Sat. 8:30 am from HQ. Reserve with Joe Hoechner at 373-3403(H).

Council Storekeeper Joe Hoechner will be looking to restock Pgh. AYH T-shirts soon. If you would like to include your 2¢ as to colors, materials, sizes, design, slogans, price(!) etc., speak up to Joe any Thursday night meeting.

New supply of OFFICIAL 1983 AYH sheet sleeping sacks is now in stock. New Price is \$9.50; but if you are fast, Joe may still have some of last years \$8.50 models available! Sorry no designer labels, strictly Generic.

You say you missed out on going to the Pgh Councils' Annual BANquet this year? You are sad because you missed all the dancing, good food and seeing old friends? But worst of all you are missing out on having a copy of Pgh Councils First Annual Report?

IS THAT WHAT'S BOTHERING YOU, BUNKY? Well cheer up! Spare copies of the report are still available - at the fund raising price of only \$5 a copy! (Benefits Hostel Development). If you would really like your very own copy, send your check, payable to "Pittsburgh AYH" to: Joe/AYH, 6300 Fifth Avenue, Pgh PA 15232.

## Simple Street FOOD COOP

We have fresh produce, bulk staples, ethnic foods, hard-to-find items such as tofu, tahini, specialty flours, bean sprouts, and a wide selection of herbs and spices (no minimum amt.)



CORNER WARD AND SIMPLE STS. 687-1227  
 open 10 to 8 - Monday thru Saturday

CLIP THIS  
 coupon

GOOD FOR  
 ONE SHOPPING  
 AT MEMBER PRICES  
 (25% DISCOUNT)

# GOOD NEWS ! BAD NEWS !

We have a new insurance carrier who does not think that watersports are incredibly dangerous. That's the good news. The Bad news is that trip fees have to change. STARTING June 1st fees will be 75¢ for a full day, 50¢ for one half day or evening. THEREFORE...take as many trips as you can in May and save money!!

## TRIP INSURANCE - CHANGE OF CARRIERS

Beginning April 1, 1983, all trippers are insured by a group policy from MUTUAL OF OHIO, providing \$1000 for accidental death and \$1000 for injury or illness incurred during a trip. No activities will be excluded. The new policy costs more, and will probably require a small increase in registration fees. Our former carrier, Hartford, planned to increase rates as of July 1. Another advantage of the new policy (great for Trips & Trails Chairpersons) is that NO audit reports are required!

The Activity Board is currently re-designing the Trip & Rental Report form so all important data will appear on one side. This is necessary so that Xerox copies can be given to Activity Chairpersons and/or Officers, to further the work of your Council.

-Joe Levine-

ROCKETS TRAINS PLASTIC MODELS  
R C PLANE ACCESSORIES D & D

## CORAOPOLIS BIKE & HOBBY

ROSS CONCORD

10% DISCOUNT TO AYM MEMBERS  
REPAIRS PARTS ACCESSORIES FOR ALL MODELS

938 FIFTH AVENUE  
CORAOPOLIS, PA.  
264-0982

sat may 21 WWII Cathy Lynch 364-3707.  
sun may 22 Basic Canoe School Dave Marschick 327-2778.  
WWII+ Oscar Mayer 422-8216.  
sat may 28- Fourth Annual Memorial Day Family Canoe Trip. Frank Bruns.  
mon may 30 561-8579.

Pine Creek (Grand Canyon of Pa.) Don and Karen Bowman  
697-4386.

Possible Sea Kayaking Trip (Lake Erie) Cathy Lynch 364-3707.  
sat jun 4 WWI-II George Mouradian/Diane Lambert 241-4588.

sun jun 5 WWII Canoe School Gordon Bugby 371-4233.

WWII Dave Marschick 327-2778.

## CANOE SCHOOLS

Basic Canoeing introduces the members to canoeing on flat and moving water. Steering and maneuvering strokes are taught along with the proper method of getting into and out of a canoe and how to load, unload, lift, and carry a canoe.

White Water I (WWI) reviews the basic strokes (used on white water rivers) while in still or very quiet water. Progress to moving water follows and downstream and upstream ferrying skills are taught and practiced. River reading, safety, rescue, etiquette, and scouting procedures are also taught and practiced. The school is taught on Class I rivers.

White Water II (WWII) quickly reviews the skills learned in WW I and moves on to eddy turns, peel outs, surfing, rescue, safety, and tactics for river running. WW II is taught on a Class II river.

CAVING Norm Snyder 351-4068 John Popp 653-6026  
Vicki Lineback 682-4087

sun may 15 Some nice views can be seen from Chestnut Ridge during the invigorating hike to Coon Cave. Good BEGINners cave after a bit of wading near the entrance. Dan Mart 343-5847.  
sun may 22 BEGINners trip to Beaverhole Cave near Cooper's Rock State Park includes a pleasant 2 mile hike along the Cheat River. John Popp 653-6026.

The 1983 NATIONAL SPELEOLOGICAL SOCIETY CONVENTION will be held relatively close to Pittsburgh this year in Ellans, W. Virginia. For more information about registration and convention caving and workshops call Vicki Lineback at 682-4087 (h) or 624-2290 (w).

CLIMBING Woj 322-4524 Barry Govenor 421-7114  
Karl Morner 521-6404

sat may 14 Class C with Shelly Werner & Bill Johnston to a mystery location. Meet at HQ at 10 am. Call 687-4893.

sat may 14 30 miles, some hills, from East Pittsburgh to Bushy Run and return. Meet at HQ at 8:30 or at East Pittsburgh Municipal Bldg. at 9 am. Fred Parker 824-2638.

sun may 15 "Lunch in Ligonier." Enjoy a 30 mile countryside ride starting at Jones Mills. Lunch at D.Q.! Bring spare tube, tools, rain gear, and approx. \$5. Reserve with Joe at 373-3403. Leave HQ at 8:45. Class C.

sat may 21 Class B with Josh Whetzel. Ligonier to Johnstown Loop. Meet at HQ at 8am. Bring \$\$ for lunch. Moderately hilly 40-50 miles. Call 361-4426.

sun may 22 Class C. 25 miles with Mike and Marta Hurwitz. Ligonier-Stahlstown loop. Pass by Rolling Rock Farm. Leave HQ at 8:30 and bring lunch.

sun may 22 Class A. Going to Morgantown Weekend and want to cycle? We will be taking the scenic way home along the Monongahela. 80-100 miles with Chuck and Bob. Call chairmen for info.

fri may 27- G.E.A.R. Great Eastern Rally. This is an annual league of American Wheelmen Event which we highly recommend. Rides of all levels out of Slippery Rock State College. Many of our members will be cycling up to there on Friday. If interested call Bob and bring your gear to the meeting on Thursday. Also on Monday evening we will be cycling to Fombell to spend the night - then cycling home on Tuesday.

CANOEING Penny Smith 243-1387

EQUIPMENT: Lunch in a waterproof bag, drinking water, knee pads, raingear, hat, swimsuit, dry clothes, non-cotton clothing, tennies, sun protection, large sponge, strap for eyeglasses.

ALL TRIPS MEET PROMPTLY AT 8:00 AM AT HEADQUARTERS.

FOR SALE ONE WELL TRAINED, 17 FOOT, GRUMMEN CANOE. BIDS START AT \$300. DEADLINE FOR BIDS IS April 30. PLEASE SEND BIDS TO THE HEADQUARTERS, ATTN. PENNY SMITH.

sat may 7 WWI Bob Buck 793-1480.

sun may 8 WWI-II Jim Gogots 384-9149.

sat may 14 Basic Canoe School Penny Smith 243-1387.

WWI-II Millard Underwood 561-0871.

sun may 15 WWI Canoe School Frank Bruns 561-8579.

WWI-II Don Hoecher 243-8298.

sat may 21 WWII Canoe School Roy Weil/Mary Shaw 681-5131.

## ATTENTION! TRIP LEADERS!

In order to improve the work of your Trips & Trails Chairperson, the following important points should be observed when making out Trip & Rental Reports:

1. DATE - means date of trip, not when the report is completed. If more than one day, enter first and last dates of trip, e.g.: 4/15 -17/83.
2. TOTAL Due - When filing several reports it is ok to pay with one check if all in same month; if for two months, write separate checks. There is no problem if the payment is in cash.
3. TYPE OF TRIP - If your trip entailed two different activities (ski & hike, canoe & kayak, etc.) please indicate on the margin of the report the number of trippers engaged in each activity. This data is vital for accurate monthly reports to the Treasurer and for Yearly Trip Summaries.
4. Please use pen (black is best) for reports, for better copies to Chairpersons and Officers. Remember - Trip Reports are still due the END of EACH MONTH; except if on last weekend, turn it in by the next Thursday Open House. If you can't be there, send it with someone - or mail it! File reports even if trip is cancelled.

Discard old claim forms. New ones will be available soon. Your help will be much appreciated. Thank you.

-Joe Levine-

## RIVER GAUGE READINGS

The National Weather Service wrote to tell us that the river gauge readings for the following stations are reported on the four weather radio stations in Western Pennsylvania: KIH 35 in Pittsburgh at 162.55 MHZ; WXM 33 in Johnstown at 162.40 MHZ; WXL 52 in Clearfield at 162.55 MHZ; and WXM 59 in State College at 162.475 MHZ. The gauge readings are repeated approximately every 5 minutes from 10 am to 5 pm every day from April 1 to November 1. The same information is available on a recorded message at 644-2890 from 2 pm to 8 am. A real person answers elsewhere. Thanks, guys and woguys!

Belington WVA

Ursina WVA

Ohio Pyle Rock PA

Philippi WVA

Friendsville MD

Markleton PA

Buckhannon WVA

Slippery Rock PA

Confluence PA

Parsons WVA

Ohio Pyle Rock PA

Josephine PA

Albright Power Station and Albright Bridge PA

(Larry Laude)

A CPR course will be held May 18, Wednesday, from 6-10 pm at AYH headquarters for ANY interested parties. Complete course - Basic Rescuer. Call Barry Govenor evenings at 421-7114.





ing into Spring in the West Virginia Mountains. Beginners to experts  
ll thrill to:

- RAFTING the rapids of the Cheat River
- ROCKCLIMBING at Cooper's Rock State Forest
- Exploring nearby CAVES
- HIKING along river canyons or over mountain trails.

great weekend to get into your favorite activity, or better yet----a  
ance to try a new one !!

will meet at 6:30 pm Friday, May 20 at council headquarters and depart  
eaptly at 7:00 pm.

sure to bring your AYH PASS, sleeping bag or blankets, raingear, 2  
nches, a water bottle or canteen, and appropriate equipment for your  
ytrips (e.g. daypack, change of clothing, etc.).

nal costs (to be figured and divided among the trippers) will include  
t. breakfast, Sat. dinner, Sun. breakfast, and transportation. Please  
te: equipment rental is not included.

ervations and a \$10 deposit per person must be received by May 12.  
ase make checks payable to Pittsburgh Council, AYH.

ME(s) \_\_\_\_\_ MAIL TO: Shelley Werner  
3499 Denny St.  
Pgh. Pa. 15201  
OR GIVE TO SHELLEY AT Thur. Mtg.  
INE \_\_\_\_\_  
id \_\_\_\_\_ ride(s) Can take \_\_\_\_\_ rider(s) Can help with meals \_\_\_\_\_

## TRIPS & TRAILS TRIPS & TRAILS TRIPS & TRAILS

The trips listed here are open to the public, with the exception that AYH  
members are given priority when the trip is of limited size. Trips costs  
include a 60% registration fee and insurance (\$1000 medical/\$1000 acciden-  
tal death or dismemberment), plus transportation and rental. IN ADDITION,  
nonmembers are charged \$1.50 per day which is deducted from the cost of  
membership. Trips are classified as BEGINner, INTERmediate, or ADVanced,  
with the exception of cycling and water sports. HAVE A TRIP!

BACKPACKING Steve Martin 469-3153(h) 462-5000 x6185(w)  
Jack Peth 921-7214(h) 777-5365(w)

Contact leaders to rent tents, packs, sleeping bags, etc. for any trip.  
Make ADVANCE reservations on equipment.

- fri may 6- INTER. Join us on a warm up for the backpacking season.  
sun may 8 The 22 mile east loop of the Chuck Keiper Trail. Up to  
1000 foot elevation changes and many stream crossings.  
7 pm Friday getaway. Call Jack Peth as above.  
sat may 28- INTERmediate. Hike the EAstern Half of Loyalsock Trail-  
very scenic. Info and reservations call Glenn Oster at  
566-3042(w) or 364-2864(h).

BICYCLING Lynn Ejzak 466-6196 Bob Schwartz 241-4647 681-2500(w)

Trips are listed according to the following classes: A-advanced, B-inter-  
mediate, C-easy intermediate, D-beginner, E learn to ride. Bring along a  
spare tube, tire pump, water bottle, something to nibble on and raingear  
(so it doesn't rain). Remember: a helmet is required on all AYH riders  
on all AYH rides; use your own or rent one from us. Need a bike to rent?  
We have them, too! Also, panniers for weekend trips.

- sun may 1 Class B with John Hinderliter. Moderate ride to a mystery  
location. Contact John at 363-2389(h) or 788-6083 for time.  
fri may 6- T.O.S.R.V. If you have been accepted to ride TOSRV this  
sun may 8 year and need a ride to Columbus or are willing to take  
riders, contact Chuck or Lynn Ejzak at 466-6196.  
sat may 7 Class D. 20 miles. Easy beginners ride with Dan Martt in  
the Cecil/Hickory area. Meet at HQ at 8 am. Call Dan at  
241-4647.  
sun may 8 Class C. 30 miles with Bob Schwartz. North Park - Evans  
City Loop. Scenic rural roads with little traffic. Bring  
carbs or \$\$; meet at NOrth Park at 9:59 or contact Bob to  
carpool from HQ. (Don't burn up your knees on TOSRV, go on  
this ride instead). Please WEAR REDII!!





# AYH STAMP

If you read the article concerning commemorative stamps in the March 13 issue of Roto magazine, you are aware that we are in an uphill battle to obtain a stamp commemorating the 50th anniversary of Youth Hostels in America. If you have yet to sign a petition in support of this issue, are in a position to gather signatures from your place of work, or from other organizations to which you

may belong, or have yet to write a letter to William Bolger of the US Postal Service, please contact Barry Govenor for blank petitions or sign those which can be found on the membership table at headquarters. Special thanks to those who have already done much to help this effort.

-B. Govenor-

**bike barn**  
SCHWINN/RALEIGH/BMX  
SALES/QUALITY REPAIRS

412-363-5330  
SERVICE DESK: 363-5332  
6023 HARVARD ST. PGH. PA 15206

## SPECIAL TRIP ANNOUNCEMENT

### CANADIAN ROCKIES

I am looking for a male traveling partner to go to Banff, Lake Louise and Jasper for several weeks this summer. Preferably in July, but I am flexible. I would like to fly to Calgary and rent a car. I am looking forward to rugged scenic day hikes along with the comforts of car camping and facilities provided by the excellent Canadian National Park Service. If interested, please call Jim Lange at 621-2732.

## NATIONAL

## AMERICAN

## YOUTH

## HOSTELS

## WEEK

Sunday, May 1 - Saturday, May 7

Spread the word about Pittsburgh Council.  
Bring a friend to open house or to a trip.

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GET TO THE POINT !!!!

A limited number of the Pittsburgh Bicycle Commuting Maps published in 1980 by the South-western PA Regional Planning Commission are still available at Headquarters. The maps show recommended commuting routes into the downtown area. We will mail them to you if you send one dollar for the traditional postage and handling. Make check payable to the "Pgh. Council AYH" and send to headquarters at the address at the top of the second page of the Golden Triangle. Ask for "Get to the Point! or how to bicycle to work or school and not be eaten by a bus or pothole."

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## OTHER NOTES OF INTEREST ! ! !

Spring yoga classes have started. They are held at 7pm before open house on Thursday night. Wear comfortable clothes, bring a towel, and eat lightly. All welcome. Call Jane 521-4946.

The second annual Loyalhanna Wildlife Art Show will be held May 14 in Ligonier, PA. Leading wildlife artists and woodcarvers from throughout the Mid-Atlantic region will be represented at this show.

## FIRST IMPRESSIONS IMPORTANT

-Barry Govenor-

Have you seen anyone new at open house meetings lately? Did you make effort to get acquainted?

Remember how you felt the first time you walked through the doors of headquarters - not knowing what to expect or wondering how you would be received! The manner in which our guests are first received could determine whether or not they will be visiting us again and we should also remember that every "new face" that steps through the door of HQ has the potential to contribute skills to the organization of which we are proud. It's not forget that without our members the programs which we are running would not be successful.

LET'S MAKE OUR VISITORS FEEL AT HOME!

## TAKE A FEW MINUTES TO BRING YOUR BICYCLE IN FOR SERVICE



YOU'LL  
SAVE TIME AND  
MONEY LATER

Whether You Need Repairs Or Just A Tune-up, This Is The Best Time To Have It Done

**RON SOLOW'S BICYCLE  
SERVICE**

2208 MURRAY AVE. (SQ. HILL) 422-0978

OPEN 7 DAYS

MORE "other notes of interest"

IMMERSE YOURSELF IN THE ENGLISH COUNTRYSIDE AND CULTURE" July 16 to August 6. An American Youth Hostel Holiday. Contact Mary Webb, 19823 Swiftbrook Drive, Humble, Texas, 77346 (713-852-3191) or Lois Arnold, Spinney Lane, Durham, N.H. 03824 (603-868-2833). Tour London in double-decker buses, hear Shakespeare in Stratford, and more, much more.

FOR A FREEWHEELING SUMMER "under your own steam" brike with greater boston council AYH. For free brochure write elaine pitkin, 11 shepard lane, shresbury, MA 01545.

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## LEND A HAND

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AYH needs you to help with the committees and activiites of the Pgh. Council. The life-line of AYH is its people. Working together, we make the plans, provide the labor and create the excitement. Everyone is invited to contribute whatever time and energy they can--every hour is appreciated. This includes members living outside the Pgh. area. We can use help throughout the Council in locating potential hostels, scouting bike routes, trail maintenance, etc. Also, trips can be led anywhere in the Council area with the activity chairpersons concurrence--they do not need to start at HQ. If you can help, contact the committe/activity chairperson, Ejzak, Joe Hoechner, or Larry Laude. Or you can mail this form to AYH, 6300 Fifth Ave., Pgh. 15232.

NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_

I CAN HELP \_\_\_\_\_ ONCE \_\_\_\_\_ OCCASIONALLY \_\_\_\_\_ REGULARLY

I CAN HELP WITH:

|  |   |                                    |
|--|---|------------------------------------|
| <input type="checkbox"/> NEWSLETTER        | <input type="checkbox"/> HOSTEL DEVELOPMENT   | <input type="checkbox"/> FRANCHISE |
| <input type="checkbox"/> MEMBERSHIP        | <input type="checkbox"/> PUBLICITY            | <input type="checkbox"/> PROGRAMS  |
| <input type="checkbox"/> HOSTEL CLUBS      | <input type="checkbox"/> ENVIRONMENTAL ACTION | <input type="checkbox"/> MAILING   |
| <input type="checkbox"/> TRAIL MAINTENANCE | <input type="checkbox"/> HQ MAINTENANCE       | <input type="checkbox"/> OTHERS:   |
| <input type="checkbox"/> HOSTEL WORK PARTY | <input type="checkbox"/> LEADING TRIPS        |                                    |

I AM INTERESTED IN:

|                                     |                                   |                                      |
|-------------------------------------|-----------------------------------|--------------------------------------|
| <input type="checkbox"/> CYCLING    | <input type="checkbox"/> CLIMBING | <input type="checkbox"/> CANOEING    |
| <input type="checkbox"/> CAVING     | <input type="checkbox"/> RAFTING  | <input type="checkbox"/> KAYAKING    |
| <input type="checkbox"/> X-C SKIING | <input type="checkbox"/> HIKING   | <input type="checkbox"/> BACKPACKING |