

Golden

Volume 43, Number 3

Triangle

March 1992

Annual Banquet Planned

The date for the Annual Banquet has been set for Friday, April 10th. A buffet dinner of seafood Newburg, sliced roast beef, and vegetable lasagna will be available along with some side dishes: fresh vegetables, salad, rolls, and chocolate mousse for dessert! Good food and plenty of it. A vegetarian meal is available, too. We plan to have a guest speaker and some sort of entertainment if possible. Even door prizes, hopefully a little something for everybody and up to three prizes valued at \$25 or more, but you have to attend to be eligible to win.

We would like everyone to recall one of your memorable AYH trips and share it with the rest of us that evening. This can be a funny story, a suspenseful adventure, or one trip that stands out in your mind. This is strictly voluntary.

The banquet will be held at L. C. Simpson's restaurant in Dormont, the same place as last year. It is at 3220 West Liberty Avenue next to McMinn Oldsmobile. Parking is available behind the building, as is the trolley stop. It is a 2.3 mile drive from the Liberty tunnels. The rush hour traffic should not stop you from getting there by 6:00 pm.

There will be a cash bar available beginning at 6:00 pm. and dinner will be served at 7:00 pm.

The cost of the dinner is \$15.00/person. Please fill out the registration form on page 7 and mail it by April 3rd to reserve your space. Please make your check out to **Pittsburgh Council—AYH**. Bring a friend if you want to.

If you need additional information please contact Linda Smithyman at 531-1868.

Remember, the date is Friday, April 10th. You will not receive any tickets or information in the mail. We'll just expect to see you there!

Writers and Photographers

The AYH newsletter needs you! Or, more precisely, needs your articles and photographs to spruce it up. We can use almost any kind of photo—black & white or color, slides or prints, even video tapes are OK—8mm, Hi8, VHS or VHS-C.

Articles can be about anything related to AYH. The story of a trip you took, a how-to article, travel experiences, US or foreign hostelling, etc. All submissions are returned on request.

Address all questions and submissions to:

Editor, *Golden Triangle*
6300 Fifth Avenue
Pittsburgh, PA 15232

If you have any questions, contact the editor, Ron Wodaski, at (412) 833-7765. He would also appreciate your feedback on the changes in the newsletter, or hearing any ideas you have on how to improve it or make it work better for us.

AYH Canoe Planning Meeting

The Annual AYH Canoe Planning Meeting will be held March 24th, 1992 at 7:30 pm. The meeting will be at the home of Jan and Gordon Bugby, 262 Cascade Road, in Forest Hills. All interested Paddlers are welcome. For more information, call Royanne Mac at 335-7326 (home).

A map to the Bugby's home can be found on the back cover.

Canadian Canoe Trip

by Jack Buck

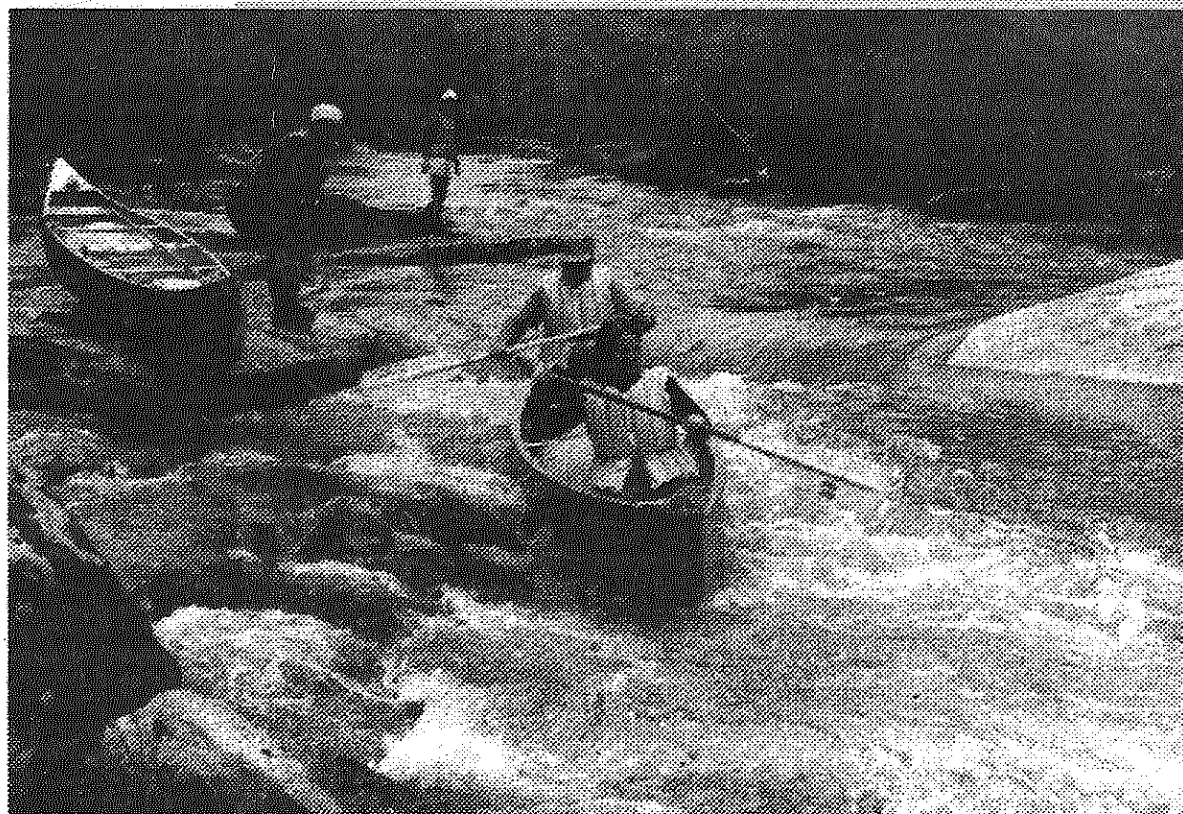
June 16th, 1991—For our annual canoe trip to Canada, we decided to try a new river in Ontario. Mostly for the last 12 years we had paddled the rivers in Quebec—the Jacques Cartier Rouge, Malbaie, River of the Bark and the Batiscan.

We had paddled the Missinabi, the Megnetawan and the Red Salmon in Ontario so it was decided that we would try the East Spanish River which flowed mostly south.

We all met at Portersville on I-79 at 8:00 am. with Dave Marshik having picked up Katherine Lynch and I on the way. Frank Bruns, our leader, and Millard Underwood were there and Wynard and Virginia McQuown arrived shortly thereafter.

The 650-mile trip to Webbwood, Ontario, was uneventful, although when we arrived we did have dinner in a nice restaurant. I had my old favorite, steak hatchie. Millard couldn't understand how they could ruin his red salmon steak. The rest had Chinese food.

(continued on page 3)



I N S I D E

Donations	2
Ontopyle Hostel News	3
Activities Calendar	4-5
March Shows	5
President's Corner	6
Bicycling the USA, part 2	6
Classified	Back cover

April Deadlines

All Copy

March 12

Binding and Mailing

March 26



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Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 362-8181.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of the International Youth Hostel Federation (IYHF) which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Volunteer News and Opportunities

Donations: Thank You!

The Council appreciates the recent donations by the following friends of AYH:

Tom Allen
Eric Bauer
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Allen Goodman
Bertil Hanson
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Ann Longanback
Grace Pischke
Joseph and Myrna Stein
Don and Billie Woodland
Nathan and Karen Little
Judy Menosky
Eugene Ralston
John Gruckley
Ann Yearick

Special Thanks to Larry Hull, Tom and Mary Bates and Tom Allen for their especially generous donations.

National River Cleanup Week

An army of volunteers will take to America's Rivers in canoes, kayaks, rafts, and on foot May 2-10, 1992 as part of National River Cleanup Week. American Outdoors, the American Canoe Association, the American Whitewater Affiliation, American Rivers, the National Association of Canoe Liveryies and Outfitters, and the National Paddlesports Association will be organizing river cleanups within their memberships. Canoe Magazine is co-sponsoring the cleanup week and will build support for the effort through ads and editorial support. Other groups and sponsors are invited to participate.

Goals of the effort include removing tons of trash and debris from over 3,000 miles of waterways, encouraging public involvement in the stewardship of river resources, and fostering better working relationships between river interest groups.

Pittsburgh AYH hopes to participate. Contact Joe Hoechner, Publicity Chairman, if you would like to get a group of kayakers, sailors, rafters or canoeists organized. Call Joe at 242-0781

Hostel Management Course

The AYH Hostel Management Course will be offered April 27-30, 1992 at the Ironmasters Mansion AYH Hostel in Gardners, PA. The course fee is \$175 and it includes all materials, meals, and lodging. For an application and more information, contact: AYH Hostel Services, Dept. 300, American Youth Hostels, Inc., PO Box 37613, Washington, DC 20013-37613. Telephone: (202) 783-6161. FAX: (202) 783-6171.

WQED Fund-raising Help

AYH has been asked to help with the WQED pledge drive again. Your help is needed on the evening of March 10th from 7:00 to 10:00 pm (or even a little later if you are able). Call Linda at 531-1868 if you would like to help!

As in the past, we'll work hard but we'll also have a great time helping out a good cause. This is your chance to help out.

"It's the artist's job to create sunshine when there isn't any."

ROMAIN ROLAND

April Slackpack: Shenandoah

The AYH Slackpacking group will head for the Shenandoah National Park on the weekend of April 3-5. The group will travel to the Big Meadows Campground on Friday. Saturday will feature the Old Rag Mountain Hike (7 miles). Old Rag is the most spectacular mountain in the northern Virginia Blue Ridge; views from the rocky ridge trail extend in all directions.

Sunday's feature is a hike on the Appalachian Trail from Thornton Gap to Hawksbill Gap, a 12-mile hike.

The trip leader will be Bill Lindgren. For more information, contact Clare Bunker at 244-9788.

Pittsburgh Council Hostels

Ohioypyle AYH Hostel

Ohioypyle State Park
PO Box 99
Ohioypyle, PA 15470
(412) 329-4476

The Pittsburgh VRC Hostel

1323 Forbes Avenue
Pittsburgh, PA 15219

Charleroi Youth Hostel (SA)

Rago's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200

Little Hickory Home Hostel

East Hickory, PA
(814) 755-4908

Living Waters AYH Hostel

RD #1 (1 mile west on Route 30)
Schellsburg, PA 15559
(814) 733-4212



Canadian Canoe Trip (continued)

That night, as a farewell to civilization, Frank, Millard, and Katherine stayed in a motel. The rest of us pitched tents.

June 17th—We met our three shuttle drivers at 8:00 am. at Stewarts Store in Webbwood. We drove the 125 miles north to Duke Lake (a three hour trip), where we loaded the canoes, all solo, said good-bye to the drivers, who for \$120 took the three vehicles to our takeout point at Agnew Lodge.

We shoved off at 11:30 am. up Duke Lake and south on East Spanish River through lakes numbered 10, 9, 8, 7, and 6, and ranging in length from one to four miles. The water was low, warm and it contained leeches. Frank was the only one with the nerve to jump out of his canoe and swim in the middle of the lake.

We checked all likely camp sites and were rewarded with a wonderful pine grove on a raised point of land. We had paddled 16 kilometers by 5:00 pm. when we camped.

From previous trips, Dave and I had learned that it is less hassle to cook individually, so it was decided to go that way on this trip. Of course, we were all curious as to what the others were cooking and on my rounds I found that except for Dave and I, all parties had leaned to the gourmet side. McQuown had linguini, Millard spaghetti with clam sauce, and Frank had Alfredo Carbonara. It was a good end to a clear, windless day.

June 18th—Up at 6:00 am and on the river by 7:30. We paddled lakes numbered 5, 4, 3, and 2. All of the lakes are connected by the river with 100-foot runs (mostly rocky and low water). Then long wind-in-the-face #1 lake and 1,000 yards of class II rocky rapids. Then it was on to tiring, windy Expanse Lake. We found a good campsite on this lake at 3:30 pm and decided to stop as the next campsite was of unknown quality and 4 miles further. We were all tired—we had paddled 18 kilometers against the wind.

I guess I had the best campsite. All of the others gathered at my spot to cook their evening meal. All went well, topped off with Katherine's chocolate pudding and Wynard's generous portions of white wine.

June 19th—Finished Spanish Lake before the wind started. Made good time as we were then past the lakes and the river was flowing strongly. At this point, the river was 500 feet wide. We passed the Snake River which was dry. It is dam-controlled, and if running would have been class IV or V and a wild ride.

June 20th—We paddled rapids class II and III. Quite a wild ride for 500 yards. This area was Graveyard Rapids and not to be taken lightly. We carried over rocks at two 8-foot falls and made one 200 yard portage. We totalled 27 kilometers, then camped in an old logging drive camp. No rain yet, and no mosquitoes or black flies.

June 21st—The usual race to get breakfast, tents down, and canoes loaded by 7:00 am. Breakfast was pretty hum-drum—no eggs or goodies were left.

The hardest is over, we thought, but then there was the Cedar rapid. It was a little scary as we scouted it. Wynard took the challenge, then Frank. I was uncertain but shoved off anyway. What a ride I had! I was too busy to watch Frank. It took all of my skill with a paddle and reading white water to get me through but I made it. That was the last rapid, and all of us made it through. No one upset on the trip except Katherine, who, two days before, got caught in a cross wind.

The river at this point was 800 feet wide and fast flowing. The canoeable portion was going side to side and good, timely water readings were a necessity. If you missed the channel and ran out of water you had to get out of your canoe and drag it back to the route you *should* have taken. Luckily, I did not have to get out of my canoe—at least not for lack of water.

Virginia took a lot of good-natured ribbing when she had to get out of a grounded situation.

By lunch time we ran out of the flowing water as we entered the 14-kilometer paddle of Agnew Lake to the ledge where our shuttle drivers had left our vehicles. We had paddled 100 miles in five days. There were no black flies, few mosquitoes and deer flies. The weather was perfect with no rain during daylight. The Spanish River is a scenic, easy river to paddle.

The only accident was at the end when we were unloading our canoes. I had a load in my hands and was stepping up from a floating dock and I missed the upper stationary dock by about six inches and went sprawling. Just a long scrape and loss of blood.

So ended another enjoyable Canadian canoe trip.

[A group of four to 17 intrepid AYH paddlers have made the Canadian canoe trip every year since 1977, with only two exceptions. A trip will be set up for 1992 in the near future; contact Royanne Mac, Canoeing Chairperson, for more information.]

Montour Trail Construction

Construction is expected to begin this spring on the long-awaited Montour Trail. The section between Cecil Park and Hendersonville in Cecil Township in Washington County has been selected as the piece of trail that will be developed first. This section of trail stretches eastward for about four miles from Cecil Park along route 50 through the 700-foot National Tunnel ending just east of I-79 at Hendersonville.

The Montour Trail Council held a public meeting on January 27 at the Cecil Township #3 Fire Hall to discuss the project with area residents. An estimated 125 attendees listened to MTC President Stan Sattinger describe progress to date. He encouraged them to take an active role in constructing the trail. Sign-up sheets were available for people to select various tasks, from civil engineering and drafting, to donating and providing materials, to manual labor (trailblazing). Many waited in line at the end of the meeting when the opportunity to sign up for these tasks was made available.

The meeting was considered a success as it seems everyone went away satisfied that any questions and concerns they had going into the meeting were answered and resolved.

MTC hopes to have this section completed in time to coincide with a national Rails to Trails Conservancy Celebration planned for Saturday, October 3, 1992 marking completion of the 500th rail-trail in the United States.

The next bi-monthly meeting of the Montour Trail Council will return to the Cecil Township #3 Fire Hall on Monday, March 30 at 7:30 pm. If you think that volunteer labor will not be able to construct this trail, please attend. The program will be a motivational and inspirational meeting featured around a presentation that describes the replacement of a key bridge on the Illinois Prairie Path in Wheaton, IL. The planning and construction of this bridge became a community project involving many facets of the community. This will be an encore presentation to inspire and motivate volunteers, as well as the community to assist in trail construction.

The Cecil Township #3 Fire Hall is located about 7 miles west of I-79 and Bridgeville on PA Route 50.

If you would like further information on the Montour Trail Council, membership or construction of the trail, call 831-2030.

Ohiopyle State Park Hostel

The Ohiopyle State Park Hostel has something to offer everyone! Easy hiking, intermediate hiking, cross-country skiing, water sports such as canoeing, rafting and kayaking, and swimming too. Well, you might not want to do the water sports in March. But you can stop down and enjoy the quiet calm of the end of winter during the month of March. Downhill skiing facilities are nearby. Take a visit to Fallingwater, the house built by Frank Lloyd Wright, which has some unique features including a stream flowing underneath the house. There are several hiking trails that have waterfalls which will probably be flowing well in March. These include Cucumber Falls, the Cascades on Meadow Run, and Jonathan Run has two waterfalls easily accessible from the bike trail. Bikes can be rented at a modest price in Ohiopyle and you can cycle more than 30 miles if you want to (round trip).

Ohiopyle is only about 60 miles away from Pittsburgh. Use the coupon below to get a discount for staying overnight at the hostel.

Sue Moore is the hostel manager and she would love to have some company! Call her at 329-4476 after 6 pm for information.

This is a limited time offer! Visit Ohiopyle soon!

Coupon

This coupon good for \$1.00 off the overnight fee at Ohiopyle State Park Hostel. Valid during the month of March 1992, Sunday through Friday evenings only.

Hiking & Backpacking

- March 6-8 INT Shenandoah National Park**
 Leader: Bill Lindgren
 Call: Clare Bunker 244-9788
 Friday-Sunday
 Saturday: Appalachian Trail/South River Falls. The South River Falls is a 70-foot waterfall consisting of an upper and a lower cascade. 12 miles. Sunday: Hike to Hoover Camp, beautifully located at the junction of two streams that join to form the Rapidan River. 10 miles. Camping at Big Meadows Campground.
- March 7 INT Ohiopyle**
 Leader: Tom Kaveny
 Call: 276-8044
 Saturday, 8:30 am
 An 8-mile hike. Meet at Headquarters at 8:30 am. Easy Intermediate. Call Tom for information and reservations.
- March 13-15 INT North Country Trail**
 Leader: Glenn Oster
 Call: 364-2864
 Friday-Sunday
 Hike the North Country Trail in the Allegheny Reservoir area—16 miles. Phone for information and reservations.
- March 14 INT Bushwacking**
 Leader: Steve & Jeanann Tubbs
 Call: 279-4866
 Saturday, 8:30 am
 A bushwack, somewhere in the bushes. Steve and Jeanann usually head for Chestnut Ridge, but there's no guarantee. This will be a compass and map trip, mostly off trails. 12 miles.
- March 15 Easy Rachel Carson Trail—North Park**
 Leader: Linda Smithyman
 Call: 531-1868
 Sunday, 10:00 am.
 We'll try to do a loop hike using the Rachel Carson Trail and solve all the mysteries of the North Park Trail Network. 5-6 miles.
- March 21 INT North Country Trail**
 Leader: Glenn Oster
 Call: 364-2864
 Saturday
 Hike the newest section of the North Country Trail in Moraine State Park. 12 miles. Call for information and reservations.
- March 22 INT Hell's Hollow Trail**
 Leader: Rich Frankie, Lori Love
 Call: 822-7580
 Sunday, 9:00 am
 Down Hell's Hollow Run to junction with Slippery Rock Creek. 7 miles, easy intermediate. See the Falls and the Furnace.
- March 27-29 INT Susquehannock Trail**
 Leader: Mark Mistrik
 Call: 441-8293 h 647-7609 w
 Friday-Sunday
 Easy to Intermediate backpacking trip on the first section of the Susquehannock Trail in Central Pennsylvania. This is a rugged and very scenic trail. Expect to finish an entire loop in future weekend trips. Early reservations are appreciated. Meets 6:30 Friday (flexible).
- March 22 INT Hell's Hollow Trail**
 Leader: Jim Ritchie
 Call: 828-0210 h 624-1220 w
 Saturday
 Hike on overland trails, and along rural roads through the villages of Schenley, Alladin, Godfrey and Kelly Station; also, the new rail-trail in Armstrong County on the Allegheny. 12 miles.

Trip Leaders Needed

Volunteer now to lead a hike or backpack trip in April or May!

If you who would like to lead a hiking or backpacking trip during the month of April, call Jim Ritchie at 828-0210 (H) or 624-1220 (W).

We need hikes and backpacks to list at all levels: easy, intermediate, and advanced.

We encourage hike listings for Pittsburgh, Allegheny County, the Laurel Highlands, and other Western Pennsylvania locations.

The submission deadline is March 5, 1992 for April hikes, and April 2, 1992 for hikes in May.

Winter Sports

- March 13 ? "Night of a Thousand Blades"**
 Leader: Diane Bialecki
 Call: 885-1074 h
 Friday
 From the people who brought you Sea-Kayaking, it's the "Night of a Thousand Blades." Adult session ice-skating soiree at Schenley Park. Everyone (who can pass for an adult) welcome. Optional wassailing afterwards. Meet 9:15 pm at HQ or 9:30 pm at the rink.

Sea Kayaking

- April 7 INT Annual Sea-Kayaking Soirée**
 Leader: Mark Mistrik
 Call: 441-8293 h 647-7609 w
 Ted & Judy Self
 733-7802
 Tuesday
 Dinner, probably pizza, conversation, reminiscing, slides, stories, and debauchery. Will also have a planning meeting, if anyone wants to plan anything. **Everyone welcome**, whether you want to lead a trip or just find out about them. Possible trip destinations for 1992 include the St. Lawrence Seaway, Nova Scotia and Maine, Assateague National Seashore, Chesapeake Bay, Great Lakes Paddling, daytrips on nearby rivers and lakes, beginner lessons, and what to pack for lunch.
 Meets at 6:15 pm at HQ or 7:00 pm at the Self residence in Murrysburg. Call for reservations and directions.

Mid-Week Rambles

All mid-week rambles are on Wednesdays. They meet in the upper parking lot at HQ, Fifth and Shady Avenues, at 10:00 am. Trips are subject to change because of weather, conflicts of schedule, and choice of group. We will plan a walk in all kinds of weather; be prepared.
 Please share expenses of transportation when trips exceed ten miles. Suggested: one dollar per passenger.

- March 4 Robb Hollow Trail**
 Leader: Jim Hurst
 Call: 276-0447
 The Robb Hollow Trail is located in Mt. Lebanon.
- March 11 Mt. Washington**
 Leader: Tom Kaveny
 Call: N/A
 A tour of Mt. Washington, using the inclines. Bring money for fares on the inclines.
- March 18 Homewood Cemetery**
 Leader: Al Bergad
 Call: 421-9854
- March 25 Homestead Area**
 Leader: Bob Craig
 Call: 325-2918

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703 Washington Road (2 miles north of South Hills Village)

March Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Mid-week Ramble Jim Hurst—276-0447 Robb Hollow Trail in Mt. Lebanon HQ at 10:00 am	5 HQ Slide Show One Year in China Arthur Mazur	6 Hiking/Camping Shenandoah National Park Clare Bunker 244-9788	7 Hiking (EASY/INTER) Ohiopyle, 8 miles Tom Kaveny 276-8044 Hiking/Camping Shenandoah National Park Appalachian Trail, South River Falls (12 miles)
8 Hiking/Camping Shenandoah National Park Hoover Camp hike (10 miles)	9	10 WQED Pledge Drive 7:00 to 10:00 pm Call Linda at 531-1868 to volunteer!	11 Mid-week Ramble Tom Kaveny Tour of Mt. Washington using the Inclines (Bring money for fares) HQ at 10:00 am	12 HQ Slide Show Bicycling the USA Glenn Oster	13 Adult Ice Skating 9:30pm At Schenley Park Diane Bialecki 885-1074 Backpacking North Country Trail Glenn Oster 364-2864	14 Hiking (INTER) A bushwacking expedition S. & J. Tubbs 279-4866 Backpacking North Country Trail
15 Backpacking North Country Trail Rachel Carson Trail A Loop hike. Linda Smithyman 531-1868	16	17	18 Mid-week Ramble Al Bergad—421-9854 Homewood Cemetery HQ at 10:00 am	19 HQ Slide Show	20	21 Hiking (INT) North Country Trail, 12 miles Glenn Oster 364-2864
22 Hiking (EASY/INTER) Hell's Hollow Trail Rich Frankie Jr. 822-7580	23	24	25 Mid-week Ramble Bob Craig—325-2918 Homestead Area HQ at 10:00 am	26 HQ Slide Show Trekking through Nepal, China, Indonesia, and Thailand OAK	27 Backpacking (EAS/INT) Susquehannock Trail Mark Mistrik 441-8293	28 Backpacking (EAS/INT) Susquehannock Trail Hiking (INTER) Baker Trail, Garver's Ferry to Cook's Summit Jim Ritchie 828-0210
29 Backpacking (EAS/INT) Susquehannock Trail	30	31	April 1	April 2 HQ Slide Show	April 3 Hiking/Camping Shenandoah National Park Clare Bunker 244-9788	April 4 Hiking/Camping Shenandoah National Park Old Rag Mountain (7 miles)

March Shows

March 5
One Year in China
Arthur Mazur

March 12
Bicycling the USA
Glenn Oster

March 19
To Be Announced

March 26
Trekking through Nepal, China, Indonesia and Thailand
OAK

Do you have slides from a trip, or a topic you would like to share information about?

To volunteer to do a show, call Tom Rodgers at 621-6310

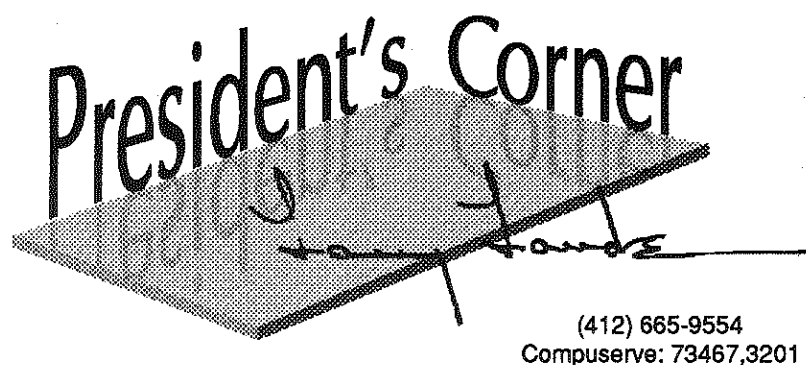
Travel News

Riding the Rails

Amtrak has off-season discounts through May 21. It also takes 15% off for passengers 62 and older. Phone 800-USA-RAIL. The new fare is available for travel on Mondays through Thursdays, but the discount can't be used on Metroliner service or the Auto Train to Florida or for sleeper accommodations. Reserve early.

Free Passport

Virgin Atlantic Airways will reimburse the passport application fee (\$55 for adults, \$35 for children) for first-time fliers to London through its "Virgin Flyer" promotion. Effective through May 31, the program covers those needing first or renewed passports and applies to round-trip fares from \$375 out of New York. Call a travel agent or phone 800-862-8621.



Vice Presidential Election Results

Congratulations to Jon Maiman and Linda Smithyman, who were elected Vice Presidents of Pittsburgh Council at the January Board of Directors meeting. Both have been involved in the Council for several years; they are currently Rafting co-chairs. Jon is chair of the Activities Committee and Linda is chair of the Hostel Committee. Those familiar with the Council will recognize that Joe Hoechner is not Vice President for the first time in many, many years. Joe choose not to run this year but will still be active on the Board as Chair of the Communications committee and in other capacities. On behalf of the Council, Joe, I'd like to thank you for the untold hours you have put in to support the work of the Council.

Office Staff

I'd like to welcome Helen Coyne as the new office manager for the Council. Many of you know her from hiking and backpacking trips and as coordinator of Wilderness Lodge weekends. Susan Richter, our first staff person, has left to put in her time as a student teacher. Our thanks to Susan for helping us to get our office started, and good luck to Helen.

Volunteers

While Susan and now Helen are doing a great job at the office, we are still looking for volunteers to spend some time in the office answering the phone and talking to hostellers as they get ready to visit the world. If you're willing to spend 4 hours a month at the office, either during the day or possibly in the evening, please give me a call.

Eurail Passes

As you know, we've started selling Eurail passes this year. We're starting slowly, but still have sold over \$4,000 worth so far. Since we get a commission on each sale, every pass sold supports Pittsburgh Council programs. So come on down, buy your Eurail pass, and support the Council.

The Annual Banquet

The Annual Banquet is Friday, April 10, and will feature a talk by Hank Parke on the Somerset County Rail-Trail program. Linda Smithyman is also working on some significant door prizes and gifts. Check the April issue for more details. But reserve now to save a space for yourself and a friend.

Bicycling the USA (Part 2)

by Glenn Oster

[AYH member and trip leader Glenn Oster took a 5,400-mile bike tour in 1991. This is the second article in a series describing his adventures on the trip. At the end of Part 1, Glenn had just spent a weekend with friends in Seattle.]

While in the mood to visit friends, we veered a bit east of the Bikecentennial routing and rode to Portland. Our hosts took us up the Columbia River to see Mt. Hood and too many beautiful waterfalls to name. Subsequently, a fire swept through the area of Multnomah Falls—we surely hope that the surrounding areas were eventually able to rejuvenate. Fortunately, I was able to get a shot of the Falls in late afternoon sunlight with a rainbow about halfway down. The fire couldn't have hurt the falls, of course, but the trees lining the Falls

certainly made an impressive frame for the picture.

We spent a full day touring and photographing the devastation at Mt. St. Helens. I had seen all of this before in 3-D spectacular in Seattle some years ago, but it was awesome and unsettling to see it first hand.

The Oregon coastline, in my opinion, was the "best in the West"—great vistas out over the Pacific Ocean with waves crashing on the sea stacks and splashing high into the air. When we got a little sunshine, I took pictures—too many. I needed someone to restrain me, but they were in awe as well. I had driven the coast before and had seen many of these views, but on a bicycle you can stop at locations where a car cannot; so I saw much more than I anticipated. We also saw more lighthouses than I remembered, and

we did a touristy kind of thing—visited the commercial Seal Caves attraction. We indeed saw lots of seals, but even better was an incredible view of the lighthouse at Heceta Head with waves splashing skyward in the foreground and sunshine making them sparkle like a Lincoln Center chandelier against the rare cloudless deep-blue sky—but I had just shot my last frame of film—gloom. No lighthouse picture.

Before I move on from Oregon, I must pay tribute to the state's roadways. They posted signs for the Oregon Coast Bikeway all along the route and provided a three-foot nicely-paved shoulder for us to ride on. They demonstrated in that way that bicyclists are welcome; it also kept us mercifully out of the path of the 18-wheel logging trucks whose numbers were legion.

I mentioned the beautiful vistas and sea stacks above. Well, they were a mixed blessing. Sea stacks are giant rocks that were orphaned from headlands, i.e., fingers of land protruding out into the oceans eroded away. The headlands that spawned the sea stacks are high ridges, and the bike route had to cross all of those ridges. They seemed to go on endlessly, and they really wore us down at times. We would climb for an hour, drop down the other side in ten minutes at high speed, only to face an even steeper and higher headland.

However, we vowed not to let these get to us, and we took one day at a time a separate challenge, and eventually we made it to California.

Before we address California, I want to mention the Rogue River in

(See *Biking*, page 7)

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Annual Banquet Reservations

The Annual Banquet will be held on Friday, April 10th at L. C. Simpson's restaurant, 3220 West Liberty Avenue in Dormont. For complete details, see the article on the front page or call Linda Smithyman at 531-1868.

Reservations must be received by April 3rd to guarantee your seats. Cash bar opens at 6:00 pm; dinner served at 7:00 pm.

The cost for the banquet is \$15.00 per person. Make checks payable to Pittsburgh Council—AYH.

Name: _____

Address: _____

Phone: _____

Number of people attending: _____ x \$15 = _____

Please mail this registration form to:

Linda Smithyman, 756 Eathan Avenue, Pittsburgh, PA 15226

Make your check payable to Pittsburgh Council—AYH

Name Change

The International Youth Hostel Federation name has been changed to "Hostelling International." American Youth Hostels, Inc. has resolved to fully implement the new international corporate image of "Hostelling International" within the next 24 months. This will be done in concert with other youth hostel associations around the world, and might include a change in the current AYH logo and name.

Biking (cont.)

(Continued from page 6)

Oregon. We camped in the town of Gold Beach where the river enters the ocean. There we took an 80-mile (40 miles each way) ride in a hydrojet boat. This was quite an experience! It reached speeds of up to 45 mph, charging through white-water rapids in various places. The morning on which we took the boat ride was bone-chilling cold, and the constant spray didn't help a bit. Fortunately, we wore rain suits and long johns—not enough—even with the heavy woolen blankets they passed out. Don't know when I was so chilled. However, it was worth the \$37.50 cost and damp cold, for there was abundant wildlife along the banks of this Congressionally-designated wild and scenic river. In all my travels over the years, I had seen only one bald eagle, but they do nest along the Rogue River. The operator stopped the boat several times to give us good looks at them—the bald eagles—what an unexpected bonus! In addition, we stopped to watch river otters play; we saw Osprey on their high pole nests, cormorants, a merganser mom and three chicks paddling behind, a raccoon, a muskrat and a dozen or more deer. On an earlier car trip down the West Coast, I passed up this jet-boat opportunity. I'm glad not to have skipped it on this trip; we really got our money's worth.

Next month: Glenn and company head into California. Redwoods, more serious hills to climb, and the dangers of bicycling the Coast Highway, US 1.



1992 Membership Application American Youth Hostels

Pittsburgh Council
6300 Fifth Avenue
Pittsburgh, PA 15232



Membership Categories

- ☐ \$25 Adult (18 to 54)
☐ \$20 Adult renewal, pass # _____
☐ \$10 Youth (17 and under)
☐ \$15 Senior Citizen (55 and over)
☐ \$35 Family (2 adults, children under 18, 16 in Europe)
☐ \$25 Family renewal, pass # _____
☐ \$250 Life (all ages)
☐ \$15 Student ID card (includes \$1 postage)

Name: _____

Address: _____

Phone: _____ (day) _____ (eve)

Birthdate: _____ M _____ F _____

For student ID cards only:

School name: _____

Citizenship: _____

Insurance beneficiary name, address, phone: _____

International hostel directories, misc. merchandise:

- ☐ \$11 Volume 1: Europe, Mediterranean
☐ \$11 Volume 2: Africa, Americas, Asia, Australia
☐ \$14 Cotton sleep sack (required at most hostels)
☐ \$6 Each for _____ advance booking vouchers
☐ \$1 Set of 10 hostel reservation postcards
☐ \$1.50 Postage/handling for each book/sleep sack
☐ Donation for local hostel development
☐ **Total** Make checks payable to: Pittsburgh AYH

See additional requirements below.

For hostellers:

I need my hostel pass by: _____

☐ Please send Eurailpass information

Please send me information on volunteering for:

- ☐ Activities
☐ Office help
☐ Hostel development

I am joining primarily for:

- ☐ Local activities
☐ Hostelling in the US
☐ Hostelling abroad

NOTE: Student ID cards require a 1-1/8" x 1-3/8" photo and proof of student status, such as a copy of a grade transcript, student body card or receipt for tuition for the current academic year.

All new memberships except for life memberships are valid for 12 months from the month of issue. All renewals are valid for 12 months from the expiration date of the current membership.

All memberships include:

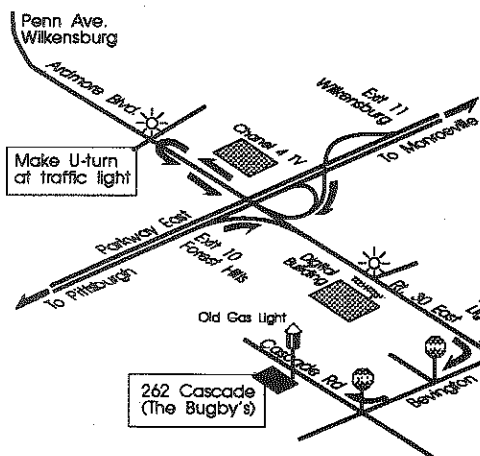
- A 12-month subscription to *The Golden Triangle*, Pittsburgh Council's monthly newsletter for hostel news and local activities
- The international hostel pass valid at over 5,000 hostels around the world
- The North American Hostel Directory, listing over 250 hostels in the US and Canada

Please allow two weeks for delivery of mail orders. All items are also available at the Pittsburgh Council office and activities headquarters. Call (412) 422-2282 for more information.

Headquarters: open Thursdays from 8 to 10 pm
 6300 Fifth Avenue (at Shady Avenue)
 Pittsburgh, PA (412) 362-8181

Office: open Mon., Wed., Fri. 9 am to 2 pm
 Room 204 Wightman School
 5604 Solway St. (Squirrel Hill) (412) 422-2282

AYH Canoe Planning Meeting



The AYH Canoe Planning Meeting will be held on March 24th at 7:30 pm. The map above shows how to get to the home of Jan and Gordon Bugby, where the meeting will be held. Their address is 262 Cascade Road in Forest Hills. You can call the Bugby's at 371-4233.

Free AYH Discovery Tours Catalog

American Youth Hostels' exciting new travel program, *AYH Discovery Tours*, offers 30 low-cost hiking and cycling tours to explore the USA, Canada, and Europe in 1992.

Hiking and Cycling tours are rated for all levels of skill, from beginners to the experienced. Discovery Tours features small, friendly groups and an AYH-trained tour leader.

Cycling tours range from 12 days in California's Sierra Mountains for \$325, to a 43-day tour of six European countries for \$3,450 (land cost).

Hiking tours are the "day hike" variety, using a base camp to leave heavier packs and gear. Explore New Mexico's ancient and present-day pueblos for nine days for just \$600. Or, spend three weeks on a wilderness tour of Alaska for only \$1,350.

A number of backpacking tours are offered in Europe, including an eight-day tour of James Harriot's Yorkshire, England, for just \$500 (land costs), and a seven-day hike on Mount Blanc through France, Switzerland, and Italy for only \$650 (land cost).

All prices include overnights in hostels or campgrounds, group-prepared meals, an entertainment fund, and an AYH-trained leader. Hostels provide dorm-style accommodations with separate quarters for males and females and come in an infinite variety, from a lighthouse on the California coast to a castle in Germany.

The 24-page 1992 Discovery Tours catalog is available free of charge by writing:

AYH Discovery Tours
Pittsburgh Council AYH
6300 Fifth Avenue
Pittsburgh, PA 15232

Annual meeting for Hiking and Backpacking

The annual meeting for hiking and backpacking will be held on Monday, March 30 at 7:30 pm at Linda Smithyman's house at 756 Eathan Avenue in Brookline. For directions to Linda's house, please call Linda at 531-1868 or Jim Ritchie at 828-0210. All AYH members interested in hiking and/or backpacking are welcome and are encouraged to attend.

The agenda will be assembled from among the following topics:

- (1) first aid and safety training for trip leaders;
- (2) hiking slide show(s)-we need slides of hiking/backpacking trips for a Gala Hiking Slide Show;
- (3) the Great Hike (?);
- (4) special hiking programs, for example Clare Bunker and Bill

Lingren's series on the Appalachian Trail (AT); Jim Ritchie's series, for 1992, on the BT; who will do the RCT in '92?? the LHT?? the WT?? a Rails-to-Trails series??? who will be the first to lead a trip on the Three Rivers Heritage Trail?? What about Hostel-based hiking/backpacking trips??

(5) the Activity Fair;

(6) The AYH Hiking Guide to W. PA—maybe we'll get BS to our meeting;

(7) is there any way we can create/maintain a trip leader/tripper database for hiking and backpacking folks, with the capability of label generation for mailings;

(8) activity fees are going up; are they too high? what about car pool mileage; what is appropriate??

(9) a Celebrity Hike;

(10) how can we recruit new trip leaders more effectively than we are now??

(11) patches, guidebooks, bibliographies, T-shirts, tripper forms, trip sheets, etc.

(12) trail maintenance;

(13) what do you feel are the shortcomings and problems with the current program; what can we do to improve AYH hiking and backpacking?

All interested AYH members are encouraged to attend; those who participate in hiking and backpacking are especially encouraged to attend; and hiking and backpacking trip leaders are urgently encouraged to attend.

Classified

CAR ROOF RACK, Thule model 1050, with locks. Fits VW Golf, GTI, and Jetta only. \$75. Mike Blackwell, 521-6876.

WANTED: Dual sport motorcycle. Prefer Honda XL600, Kawasaki KLR650 or ?? Call weekends. Don, 343-6546.

G'DAY, SKIERS: Skis running slow, turning choppy? Edges dull and rusty? Does the base look like the surface of the moon? Worry no longer: a certified ski mechanic will sharpen, wax, re-contour, and generally put the pizzazz packing kick your skis need at this mid-season point. All skis are welcome—downhill, Nordic (cross-country), or telemark. **No job too big or too small;** give a call: The man-o'-many-hats, Bill Eberle. 833-9732.

HOCKEY SKATES, Tour CDN, size 9, \$25. **Cross-country skis:** Karhu—boots \$35, Skis \$140, Poles \$90; Trak Oslo—boots \$41, Skis \$195, Poles \$125. From LL Bean. Any reasonable offer accepted. John McDonald 793-5817.

BIKES: 21" Schwinn Voyager, 22" Trek, 21" Ross Gran Tour (steel) all accessories included. Clothing/shoes (9) for 5'10", 160 lb. man. Call for details. John McDonald 793-5817

FAMILY VACATION CAMP June 21 - Aug 30. Deer Valley YMCA near Mt. Davis - camp, in cabins, supervised kids program age 3+, and Teen Program. Complete waterfront, horses, trails, fitness center. Call (814) 662-4005, or (412) 227-3830 for brochure.

LOOKING for travel partner(s) for an adventurous trip to Europe this summer. Call Jackie at 412-761-5623.

ADVERTISE! The *Golden Triangle* is the perfect place to find the perfect buyer. If you are an AYH member, there is no charge for your ad. Send your ad and AYH pass number to:

Editor, The Golden Triangle
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Pittsburgh, PA 15232

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