

The Golden Triangle

Pittsburgh Council

American Youth Hostels

Volume 41 Number 5

May 1990

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The Golden Triangle

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Slide Programs for May

May 3

"Canoeing Gala"

a selection of slides set to music &
narration taken from trips dating back
to 1973

with Jim Roberts

May 10

European Hosteling Trips
with Craig Hennemuth

May 17

Climbing Mexican Volcanoes
with Walter Vaux

May 24

My trip to Thailand
with Steve Poprocky

We need shows for June. To volunteer
call Rodney Horner (339-0944)

FORGET MOUNT RAINIER? NO WAY!

by Glenn Oster

Part II

I still had nine more days to go. What else was in store? What else? I soon found out. Jean came running down the trail sans pack or water bottle. Trouble. She had run most of the way from the side trail that she and Todd had taken early in the morning. Todd had had an accident, a free fall of 15 feet and a further slide of perhaps 35 feet more, and injured his ankle in arresting his slide. Jean, who was fishing in Mirror Lake, heard his cries, checked out the situation and headed back to the ranger cabin where Koko and Cindy were stationed.

The rangers radioed all their other ranger buddies within a day's walk of the accident and by dark they were carrying Todd out on a stretcher. The tricky part was getting him across the swinging bridge over South Tahoma Creek Trail that (as I mentioned) had been obliterated in sections by the Yokeloid. Jon Maiman volunteered to return and help carry Todd out and then drive him to a hospital for treatment - a badly sprained ankle. It took several months to heal. His sister who lives in Washington took him home with her and Jon returned to Mount Rainier. He had to hike 18 miles the next day to rejoin us. We were understandably worried and excitement was high when he came into view that night. He got a hero's welcome and truly deserved it.

The next morning (third day on the trail) started out on a lighter note. Blanche has a notorious reputation based on previous trips. She always underestimated how much toilet tissue she would need and had to throw herself on the mercy of the court. This time she resolved to have enough and brought a full roll. You anticipated me, didn't you. Yep, she dropped the entire roll down into the privy, and she was back in true form begging

tissue. But we all love her and don't mind divvying up to help in her time of need. The weather this morning was cool as we started to climb. Near the top we encountered truly super scenery, and looking away from Mount Rainier at that! An interesting aspect of this trail that I hadn't realized from the maps is that we were actually climbing and descending a ring of mountains and valleys that encircle Mount Rainier and from a distance are viewed as an integral part of Mount Rainier. The plus that this adds is all manner of marvelous scenery looking ahead, behind or away from the peak. We had thought that the peak would be the essential scenery. It was, indeed, but the peripheral scenery was equally as interesting and many times more varied.

This particular morning in the high country brought views of peaks surrounded by meadows that from a distance resembled golf courses with scree piles appearing like sand traps. And we could see clouds rolling in way below us, coming inland from the Pacific Ocean. Here we came upon our first stands of the unmistakable beargrass and large expanses of glacier lilies. Like the horseflies, we came upon common wild flowers each time we reached meadows at a given altitude - believe this was at about 6,000 feet. (On this trip we never did reach heights of much more than 7,000 feet).

But then it got colder and the clouds moved in more ominously. North Payallop Creek drops a great distance, possibly 2,000 feet, and we could see it glistening through ever thickening clouds. And other mountain peak formations became very dramatic as the clouds began to enshroud them and the light from the sky still tried to keep them visible.

continued on page 14...



COUNCIL NEWS

THE PITTSBURGH HOSTEL STORY

by Linda Smithyman

AYH NEEDS YOU!

STOREKEEPER: Yes, we still need a storekeeper to keep track of inventory, to order new items as needed and to sell merchandise at open house on Thursdays. Sales can be handled on a shared basis, similar to the way sales of memberships is handled at Headquarters. Time outside of open house meetings is estimated at two hours per month.

PHONE AND MAIL: As some of you may know, we now use an answering service to take our telephone calls during the week. However we need someone to get the messages from the service, return phone calls and fill requests for information. It would be most convenient for us to have one person handle all three of these functions but we are willing to consider having the mailing of information handled separately. We'll provide all the information required and pay for postage and toll calls. Estimated time requirement is 15 to 30 minutes each weekday, preferably during the day.

ACTIVITIES BROCHURE: This is a one time job. I would like a volunteer to put together a brochure listing all of the Council's activities program. We currently have a separate brochure for most of the activities, but we need a separate brochure giving an overall picture of our activities program, with a short paragraph listing each of our activities and the Thursday Open House. A computer would be helpful, but not necessary; we'll get the final version typeset if necessary.

IN PITTSBURGH: You may have noticed AYH trips listed in the *In Pittsburgh* weekly newspaper outdoors activities section. It's a free listing. We need someone to select trips to be listed from those in the *Triangle* (perhaps two or three per week), check with the trip leader and then send the announcements in once a month. Estimated time requirement is one hour per month. Call Larry Laude at 412-665-9554.

Headquarters Appreciation Day Sunday, May 20

Hopefully by the time this goes to press all the plans will have been made and materials will have been purchased for a spring work party at Headquarters!

We're planning to remove old shingles and rotten sheathing boards and replace them with new. Sounds easy, you say! What this work may uncover is rotten rafters (not the whitewater type) which will have to be replaced along with soffit board (under the eaves) to keep the squirrels out.

Joe Hoechner needs Volunteers who can spend 4-6 hours at HQ to help, hold, cut, tote, trim, clean up, paint etc. If you have the power tools and know how to use 'em, please bring them! Among items needed are:

CIRCULAR SAWS
HAND SAWS
10'-12' LADDERS
TREE TRIMMERS
SAW HORSES
STAPLE GUNS

WORK GLOVES
SAFETY GLASSES
FIRST AID KIT
FOOD
ENERGY
ENTHUSIASM

Pack a lunch and plan to stay the day (help with refreshments needed!) With any luck those who spend at least 4 hours will get a free Pittsburgh Council T-shirt (OK, Larry?). The day starts at 8:30 am. Call Joe at 242-0781 to offer your help. Thank You. ➡ Joe Hoechner

The Hostel Development Committee will meet at Larry Laude's house, 210 S. Atlantic Avenue at 7:30 pm on MONDAY, MAY 14th. Please note that this is a change from the usual meeting schedule. Fund raising will be one of the main topics for discussion, and if you have some knowledge about raising money we would love to have you attend. Call Linda Smithyman at 531-1868 for more information. ➡

AYH LEADERSHIP OPPORTUNITIES

LOOKING FOR SOMETHING TO DO THIS SUMMER? DO YOU ENJOY MEETING NEW PEOPLE AND VISITING STRANGE PLACES? WOULD YOU LIKE TO DEVELOP YOUR LEADERSHIP SKILLS? DOES FREE TRAVEL AND A DAILY EXPENSE STIPEND APPEAL TO YOU?

AMERICAN YOUTH HOSTELS NEEDS QUALIFIED LEADERS FOR THE 1990 WORLD WIDE PROGRAM OF BICYCLING, HIKING AND BACKPACKING TRIPS. A LEADERSHIP TRAINING COURSE IS SCHEDULED FOR MAY 26th THROUGH JUNE 3rd AT PINE GROVE FURNACE STATE PARK IN GARDNERS, PA. SOME OF THE ITEMS COVERED IN THE COURSE INCLUDE: MENU PLANNING, GROUP DYNAMICS, SAFETY, FIRST-AID, PACKING FOR YOUR TRIP AND HOSTELING HISTORY.

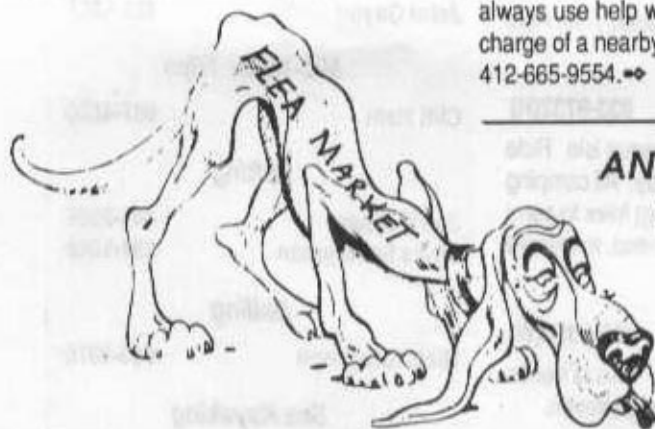
THE FEE OF \$250.00 COVERS THE WEEK'S LODGING, MEALS, TUITION, INSTRUCTION AND AYH MEMBERSHIP.

FOR MORE INFORMATION AND APPLICATION WRITE TO: LEADERSHIP TRAINING '90, PITTSBURGH COUNCIL AYH, 6300 FIFTH AVENUE, PITTSBURGH, PA 15232.

Joe Hoechner

THE STUDENT ID CARD NOW AVAILABLE

Pittsburgh AYH now sells the International Student ID Card as a service to its members. This ID card is the only authentic internationally recognized proof of student status and lets you take advantage of special student privileges, discounts and travel benefits on all continents! It also automatically includes accident and sickness insurance. The student ID card is available to any junior high, senior high, college, or vocational school student who is at least 12 years old. To get a card send \$10, one photo (1-3/8" x 1-1/8") and one of the following proofs that you are a student for the 1989/1990 school year: a letter from the registrar or dean with the school seal saying you are enrolled; a clear photocopy of transcript or grades for a fall '89, spring '90 or summer '90 session; a report card or letter from your principal or guidance counselor stating you are enrolled; or a bursar's receipt indicating full payment for a fall '89, spring '90 or summer '90 session. Send these to the Pittsburgh AYH address with a check made out to Pittsburgh AYH. ➡



Deadlines for JUNE Issue

All Copy
MAY 3

Binding and Mailing
MAY 17

THE PRESIDENT'S CORNER



Board of Directors: In last month's newsletter, I described the kind of person we are looking for to serve on the Board of Directors. At its last meeting, the board decided that a financial contribution to the Council need not be a prerequisite for board membership since the directors contribute indirectly with their time and work. Please do not let the need to make a donation to AYH deter from seeking a position on the board. If you are interested or wish to discuss this further, please contact me or any board member. Any qualified Pittsburgh AYH member is eligible to serve on the board, including those not living in the Pittsburgh area.

The Banquet: Those of you who missed the banquet missed a great buffet meal and a generally good time. We also had a surprise showing of a short movie originally put together for the 1969 AYH banquet, starring Jim Gogots, Billie Woodland, Helen and Mary Brincka and a cast of thousands (well, tens anyway). Thanks to Linda Smithyman and her committee for putting it all together.

Trails: Trails are getting renewed attention from the Council, including our own Rachel Carson and Baker Trails, the Montour Trail, and the Yough River Trail. Pete Srimi and Glenn Oster and others have been at work securing portions of the Baker Trail with cooperative landowners. And Blanche and Jack Asherman, Jim Ritchie and many others have been doing a great job getting the Rachel Carson Trail ready for Rachel Carson Day and putting together a new Rachel Carson Trail brochure. Others have been helping too, including our old friend Bruce Schenker and the North Area Environmental Council. If you'd like to help with our trails, call any of these people or just leave a message at the AYH number: 412-362-8181. We can always use help with trail maintenance hikes but are also looking for people willing to take charge of a nearby section of the trail. Well, that's it for now. Enjoy the spring! Larry Laude 412-665-9554. ➡

ANNUAL BILL JOHNSTON HONORARY OUTDOOR GEAR FLEA MARKET!

The Pittsburgh Council AYH Week/Spring Open House/Outdoor Gear Flea Market is scheduled for Thursday May 10th, 6:30 - 10 pm at the Civic Garden Center's large auditorium. Bill Johnston (who has left us to live in Boulder, Colorado) actively promoted the social aspect with his flea market concept. This will continue if you bring some outdoor related items to sell or swap or barter.

The evening slide show will be of European Hosteling Trips by Craig Hennemuth, a National AYH qualified trip leader.

Volunteers are needed to assist in the set-up, publicity, refreshments, crowd control, etc. Please contact Joe Hoechner 242-0781 or Larry Laude 476-5124 if you can help. Thank you. ➡ Joe Hoechner

Trips in MAY

BICYCLING

General Information: It's best to call the trip leader before the ride to tell him or her that you are coming and to see if there are any changes. Make sure that your bike works properly and bring a spare inner tube, at least one water bottle, and if the weather looks threatening, a rain jacket or rain suit. AYH bicycle rentals must be arranged with the trip leader one week in advance. Bicycle helmets (ANSI or Snell approved) are required on all AYH cycling trips.

5/5 Sat C/D Ober Rooney 364-3956(H)

8:00 am at HQ. New Castle, 20 miles. Ride a somewhat unknown bike trail that goes from New Castle, PA to Ohio. The terrain is gentle and the surface is very good.

5/6 Sun B- Terry Gossard 321-2382(H)

Time & place to meet (?). 50 miles. Call for details about this ride.

5/12 Sat D/E Ober Rooney 364-3956(H)

9:00 am at HQ. Near Skating Rink, 5 miles. If it's been a long time since you've been on a bike, this clinic may be for you. Topics covered are getting on and off, stopping, shifting, and general safety.

5/12-13 Sat-Sun A

Columbus OH, 210 miles. Columbus Council's annual Tour Of the Scioto River Valley also known as TOSRV. To do this ride you had to have register back in February.

5/19 Sat D Chris Kline 441-1152(H)

9:30 am at HQ. 15 miles. Join Chris for a preview of the 15 mile Great Ride route. (The April version of this trip was cancelled due to snow).

5/19-20 Sat-Sun B Bill Eberle 833-9732(H)

8:30 am at North Park. Ride to Erie, 140 total miles. A two day ride up to Presque Isle. Ride the first day to near Meadville. Camp overnight and continue to Erie on Sunday. All camping gear will be carried by car. This trip would welcome some non-cycling (driving) folks to carry gear to the campground and to help carry bicyclists back on Sunday. Space is limited, so reserve early. Deadline is Thursday, May 17.

5/20 Sun C/D ? 321-8594(W)

Meet at Allegheny YMCA. Y-Ride, 32 and 12 miles. The first annual Y-ride. This is not an AYH ride, but it looks like fun. Call for information about starting times and registration.

5/25-28 Fri-Mon B/C Joe & Cheryl Hoechner 242-0781(H)

Time & place to meet (?). C & O Canal. A bike camping trip on one of the country's longest continuous bike paths. The trip will cover reasonable distances each day. The bike path is the mule path for the canal. It is totally separate from any roads and is mostly in wooded areas. Although the terrain is flat, a mountain bike is recommended for this ride because of the surface.



Pittsburgh Council Activity Chairs

Bicycling

Chuck Ejzak 466-6196
Dino Angelici 931-6651

Canoeing

Clare Bunker 244-9788

Caving

Dan Martt 921-4638

Climbing

Eric Bauer 687-0766
Rich Rosenberger 355-4058

Family Activities

Barbara Hanusa 441-7205

Hiking & Backpacking

Ben Brugmans 736-2751
Pat Tieman 561-3286

Kayaking

Ray Yutzy 341-5682
John Gayler 421-1307

Mid-Week Trips

Cliff Ham 687-4520

Rafting

Jon Maiman 441-2306
Linda Smithyman 531-1868

Sailing

Rick Tomlinson 963-8910

Sea Kayaking

Mark Mistrik 441-8293
Ted Self 795-6286

Volleyball

Joel Platt 521-5244

X-C Skiing

Fred Parker 856-4713
Rick Ulaky 422-0849

AYH AND THE 1990 GREAT RIDE

Pittsburgh AYH is co-sponsoring the 1990 Great Ride, to be held on June 3rd. This year proceeds from the Ride will benefit the Pittsburgh International Hostel. This will be a great opportunity for us to raise money for the hostel and to help spread the word about hostels in general and the Pittsburgh Hostel in particular.

What we need from you is some time on Sunday June 3rd. There is a great variety of positions available, such as manning the rest stops, helping with registration, ride marshals and manning street corners to keep the riders on the right course. We also will need help with setup on Saturday night and early Sunday morning and with marking the routes the week before the ride. We will need people in the East End, downtown and between Highland Park and Deer Lakes Park. We can use volunteers for anywhere between one hour and eight hours.

If you'd like to help or would like more information on what's available, call Larry Laude at 665-9554 or Chuck Ejzak at 466-196 or leave a message with our answering service at 362-8181. ♦ *Larry Laude*

Upcoming Bicycle Trips

Now is the time to decide which weekend bicycle trips you want to take this summer. Space is limited on many of these trips so it is a good idea to reserve your place as soon as you are sure you can make it. Here are a few opportunities to keep in mind.

6/3 The Great Ride. Registration forms will be available soon at Headquarters.

6/8-10 Gettysburg Weekend

7/4-8 L.A.W. National Rally (Western PA. Wheelmen & Outspoken Wheelmen)

8/19 Mon Valley Century

Bike Trips Brochure

The 1990 Pittsburgh AYH Bicycle Trips brochure is available. Get a copy at Headquarters or send a self-addressed stamped envelope to: Chuck Ejzak, 6858 Wilson St., West Mifflin, PA 15122.

Trips in MAY

CANOEING

General Information: Bring these items on most trips: Lunch, water, change of clothes, sun hat, knee pads, suntan lotion, waterproof bag, strap for glasses, raincoat. Wear old sneakers and preferable wool clothes.

5/2, 9, 16, 23 or 30 Wed Basic Frank Bruns 561-9570(H)

6:00 pm at HQ to load boats and drive to the Allegheny River. These sessions are to help you get acquainted with canoeing. Learn how to get in and out, and how to make it fo in a straight line. Taking one of these sessions could be the start of something great! We usually get back by dusk.

5/3 Thurs All Jim Roberts 244-8332(H)

8:00 pm at HQ. Slide show - side show - show and tell. You don't want to miss this!

5/5 Sat WWI Mary Shaw/Roy Weil 681-5131(H) before 10 pm

8:30 am at HQ. Come shake off the winter dust with this icebreaker. The diehards who have already been paddling will offer hints, tips and coaching on request.

5/6 Sun WWI Karen Lukas 661-4835(H) before 10 pm

8:30 am at HQ. If you go on Saturday's trip you'll probably be stiff, so use this trip to limber up. If you don't go on Saturday this is a second chance at an icebreaker. We'll head for the Little Beaver River, water level permitting. The Little Beaver is the only stream in the area that's designated a National Scenic River.

5/12 Sat WWI School Frank Bruns 561-8570(H)

8:30 am at HQ. Meet to load boats and gear and head to an appropriate stream. This school is required for beginning paddlers who want to participate in the AYH canoeing program. It's a good follow-up to the Basic School.

5/13 Sun WWII TBA

5/19 Sat WWII School Gordon Bugby 371-4233(H) before 10 pm

8:30 am at HQ. If you've survived Basic, the WWI School and a trip or two, and you still want to improve your skills, this will be a strenuous, but satisfying, day on a short stretch of an interesting stream. Reserve early, group size will be limited.

5/19 Sat WWI Jim Porcelli 271-4776(H)

Departure time and locatation will be announced in May.

5/26-28 Fri-Mon WWI-II Bob Buck 793-1480(H)

6:00 pm at HQ. Canoe-camping on Pine Creek, Grand Canyon, PA. Friday night we'll camp in Pine Creek State Park campground. Reserve early.



BAKER TRAIL ALERT

The Baker Trail crosses Mahoning Creek on the Route 839 bridge. We've learned from PennDOT that this bridge will be closed to all vehicle and pedestrian traffic until this fall for reconstruction. We don't have a recommended detour yet but we're working on it. It doesn't look good though. As far as we can tell the only road detour is to the west through McCrea Furnace or to the east through Smicksburg.

MID-WEEK ACTIVITIES

Rambles

If you are interested in walking on Wednesdays, call Fred Mauk (361-6299) on Monday or Tuesday any time between 8 am and 10 pm. ♦

KAYAKS FOR SALE

Four AYH kayaks are for sale by sealed bid.

2 Mirage II by Perception – \$200 min

1 Eclipse by Perception – \$200 min

All are white, rotomolded, plastic, white-water boats; in good condition. Suitable for medium to larger persons.

Also...

1 older fiberglass kayak as part of a paddler's package that includes: helmet, spray skirt, life jacket and Norse paddle. \$150 minimum.

These boats are available for inspection on Thursday nights or with prior arrangements at the AYH Headquarters building in Mellon Park.

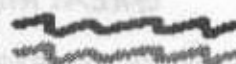
Contact: Ray Yutzy (341-5682)
John Gayler (421-1307)

Sealed bids are due by **May 10, 1990**
Send them to: AYH Kayaking Chair –
Sealed Bids
6300 Fifth Ave., Pittsburgh, PA 15232

Trips in MAY



HIKING/BACKPACKING



5/3 Thurs All Glenn Oster 364-2864(H) before 9 pm
7:00 pm at HQ. Come learn where to find trails and other basic trail information.

5/5 Sat Maint Pete Srimi 921-1238(H) 788-7759(W)
8:00 am at HQ. Maintenance on the Baker trail. Here is your big chance to paint the cows and trees.

5/12 Sat All Pat Tieman 561-3286
8:30 am at HQ. Hike in Bear Run.

5/13 Sun All Ben Brugmans 736-2751(H) 736-0103(AM)
8:00 am at HQ. Laurel Highlands hiking trail, 8 miles.

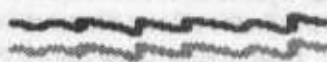
5/17 Thurs All Jon Maiman 441-8293(H)
7:30 at HQ. Tips on backpacking stoves. Come learn how to cook in the wilderness.

5/18-20 Fri-Sun Adv Pete Srimi 921-1238(H) 788-7759(W)
6:00 pm at HQ. Car camping. Black Forest trail and a mystery trail in North Central PA.

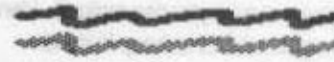
5/20 Sun Int Jim Ritchie 828-0210(H) 624-1220(W)
8:00 am at HQ. Rachel Carson Trail (Allegheny County) from Springdale to Dorseyville. Approximately 9 miles, call for information and reservations.

5/20 Sun All Jack Peth 921-7214
9:30 at Rt. 653 X/C ski area. Hike with BOLD (see accompanying news item on page 13).

5/25-29 Fri-Sun Int/Adv Glenn Oster 364-2864(H) before 9 pm
234-3967(W)
7:30 pm at HQ. Backpack North section of Med-state trail in North central PA. Call to reserve.



CLIMBING



General Information: Skill levels listed for a trip are the lowest level recommended for that trip. Consult trip leader if you are not sure about the skills required for a particular trip. Beginner trips are open to everyone. All you need to bring is lunch, water, rain gear and a sunny disposition (we avoid climbing in the rain). We will leave HQ at 7:00 am, stop for breakfast on the way and return around 8:00 pm. Remember to wear comfortable clothes that give you freedom of movement, and bring along a pair of tennis shoes. Please call the trip leaders ahead of time since spaces are limited.

5/12 Sat Beg Eric Bauer 687-0766(H)
7:00 am at HQ. Cooper's Rocks, West Virginia.

5/20 Sun Beg Eric Bauer 687-0766(H)
7:00 am at HQ. Cooper's Rocks, West Virginia.

RACHEL CARSON DAY MAY 19, 1990

The Rachel Carson Homestead Association has established a special mission in its 1990 Rachel Carson Day activities: to show that environmental degradation is a global problem, as well as a global concern.

RCHA has invited the Soviet Union's preeminent environmentalist and journalist, Mr. Vasilii Mikailovich Peskov, of Moscow's newspaper, *KOMSOMOLSKAYA PRAVDA*, for a visit to Pittsburgh and the homesite of Miss Carson. An entire series of events is planned around Mr. Peskov's visit culminating with the Rachel Carson Day activities at her birthplace on May 19. The Rachel Carson Homestead is located at 613 Marion Ave., Springdale, PA. The activities for May 19th at the Homestead are:

9:30 am Environmental Round-table discussion

11:00 am V.I.P. Tour of the Homestead

12:30 pm Formal Ceremony in the amphitheater

Invocation, Rev. William F. Ewart
A *Silent Spring* - Brass ensemble
Speakers, including Vasilii Peskov
American, the Beautiful narrative

1:00 pm Lunch served/Brass playing (Lunch tickets must be purchased in advance for \$5 in order to prepare for the right number of people)

2:00 pm Springdale High School musical program

EDUCATIONAL EXHIBITS - All afternoon

AYH will conduct two short hikes on the Rachel Carson Trail to acquaint people with the trail.

9:00 am Harrison Hills Park, approx. 2 miles

4:30 pm North Park, approx. 3 miles

For information and reservation on these hikes call Blanche Asherman at 828-8158.

Other hikes on the Rachel Carson Trail will be led by Jim Ritchie. For information on his hikes, refer to the Hiking activities schedule in *The Golden Triangle*. ➡

Blanche Asherman

Trips in MAY

FAMILY ACTIVITIES

5/6 Sun Family Gladys Unger 661-1901

Time & place to meet (?). Afternoon Hike. Raccoon Creek State park.

5/26-28 Sat-Mon Family Barbara Hanusa 441-7205

The family group outing for the Memorial Day weekend will be at Blue Knob State Park. We will be camping in individual family size cabins. This outing has always been enjoyable and is a good introduction to camping. This site has small cabins and a large dining/activity center. Meals will be prepared and activities planned by participants. If you are interested, please contact Barbara by **May 20**.

Cabin and AYH fees: \$12.00 per night per cabin for AYH members
\$15.00 per night per cabin for non-members

Food costs will be split among participants. We need a Red Cross certified first aid person for this outing. This person will have his/her fees waived.

Other announcements: A list of family group activities for spring through fall 1990 is available from Barbara Hanusa 441-7201.



RAFTING

5/6 Sun Beg Linda Smithyman 531-1868 (H)

Time & place to meet(?). Lower Youghiogheny River trip with the Moon Adventure Club. Other people wishing to raft are welcome. Wool and/or wetsuits are recommended for this trip. Call for time and meeting place.

5/12 Sat Int Gus Hughes 241-1593 (H)
Linda Smithyman 531-1868 (H)

7:00 am at HQ. Raft the Cheat River in West Virginia. This trip is for experienced paddlers only. Since the water is quite cold at this time of year, wetsuits are required! If you need to rent one, just ask. We'll try to keep the cost to \$20.

5/20 Sun Int Gus Hughes 241-1593 (H)
Jon Maiman 441-2306 (H)

7:00 am at HQ. Raft the Cheat River in West Virginia. This trip is for experienced paddlers only. Since the water is quite cold at this time of year, wetsuits are required! If you need to rent one, just ask. We'll try to keep the cost to \$20.

6/3 Sun Beg Jon Maiman 441-2306 (H)

7:45 am at HQ. Lower Youghiogheny River trip. Everyone is welcome including first time rafters. Wool and/or wetsuits may be needed for this trip. The approximate cost of this trip is \$16-\$18 for AYH members.

Trips in MAY

SAILING

NEW FOR THE NINETIES

1990 is the inaugural year for the Pittsburgh Council, AYH sailing program. We offer two types of sailing activities, Small Boat Sailing and Extended Live Aboard Cruising. In both areas, we present opportunities for the totally inexperienced person to the virtuoso seaman and everyone in between. Sailing is equally attractive to men and women, and is particularly appealing to women, since they can learn to outperform the men.

If you have never sailed before, we offer complete instruction in our American Sailing Association approved training clinics. Here, you can learn the concepts and methodology of safe, effective sailing. You can practice, gain experience and refine your skills using AYH owned sailboats on Lake Arthur, Pymatuning Lake, Deep Creek Lake and Lake Erie. If your interests run to competitive activities, you can learn to race and enter the sailing regattas. Or you can take a laid back approach and just luxuriate in the calm, blissful pleasure of simple day sailing. Either way, you will learn to harness the energy of nature and use it at your bidding.

We can accept 16 applicants for our 1990 Basic Small Craft sailing clinic. Here is the schedule. Call soon; enrollment is limited.

Training Clinics with two Sessions each:

- Basic concepts & planning - Wed. 7:00-10:00 pm, May 16 & 30
- Sailing clinic - 2 full days - Sat. & Sun., May 19-20 & June 2-3
- Proficiency review - Wed. 7:00-10:00 pm, May 23 & June 6

Reservations for these sessions can be made with Rick Tomlinson, 963-0472. The cost is \$70.00, which includes training fee, instructional materials and equipment use.

Memorial Day Weekend: On May 26, 27 and 28, we will hold an open house sailing regatta for anyone who would like to sail with experienced skippers on Lake Arthur. There is NO CHARGE for sailing this weekend. You will sail for about two hours on our new Flying Junior centerboard sloops. This is our way of introducing the new sailing program to the AYH membership. You must call Rick Tomlinson for an advanced time slot reservation by May 15. We can accommodate 24 persons for sailing and an unlimited number of persons who just wish to look at the boats and hear an explanation of their use. Stay at Moraine State Park for the day and swim, hike or picnic.

Sailboat Rentals: Once you have completed a training clinic or have been verified as an experienced sailor by one of our leaders, you may use the AYH sailboats for practice and recreation.

We have Three 15' Flying Junior centerboard sloops. Each weekend, from June 9 through October 28, we will schedule sailing trips on various lakes in the area. You may sign up for either Saturday or Sunday, or both days. The boats can be sailed by one, two or three

persons, or two adults and two small children. Scheduling and crewing will depend on your skills and experience and on the demand for the boats.

The charge for boat rentals is: \$20.00 per person/day; OR \$45.00 per boat/day.

You may reserve individually, and pay \$20.00 per day and we will assign you to a crew. Or, you may reserve a boat at \$45.00 per day and arrange your own crew, as long as they are acceptable to us.

These fees are very attractive for a \$4,000 sailboat with its attendant high cost of maintenance. For example, the concession at Moraine State Park, charges \$100.00 per day for a similar day sailer.

We also offer another alternative. You may purchase a Season Sail Pass for \$100.00, which entitles you to unlimited sailing during the entire season. You will be teamed with other sailors on weekends. You may use the boats on weekdays and evenings with other persons who are Sail Pass holders or you may bring guests who meet our qualifications at a guest fee of \$20.00 per person for a full day and \$5.00 per person for an evening. An evening sail after a long day at work is one of the greatest joys Pittsburgh has to offer in the sultry summertime. We are limiting the purchase of a 1990 Sail Passes to the first 12 persons who order one from Rick Tomlinson. And, of course, as a Sail Pass holder, you will have first priority on reservations during the season.

More to Come: Next month, we will describe other features of the Pittsburgh Council AYH Small Boat sailing program. Keep your eye on the *Triangle* for news. In the July edition, we will discuss the Extended Live Aboard Cruising program. This is the activity for those who wish to learn and master the art of sailing medium to large keel boats, while venturing to exotic places such as the Virgin Islands, the Lesser Antilles, the Bahamas, the Eastern Mediterranean Sea, the South Pacific and such local places as the seas of Southern Florida, the Chesapeake Bay, Long Island Sound and the coastal seas of New England.

If you can't wait to learn more about these programs, call Rick Tomlinson at 963-0472 and I'll send you a description of trips planned for 1990 and background material for aspirant sailors. ➡

Rick Tomlinson

Activities Board

The April Activities Board meeting will be at the home of Fred Parker, 8 pm on Wednesday, May 9. ➡

SPELUNKING

Dear Editor,

I met Dan Martt at the sports and boat show while staffing the AYH booth. He invited me to go caving with him and I jumped at the chance. The only caves I had visited previously were tourist caves, complete with steel scaffolding, railings, electric lights and uniformed guides.

When he telephoned me two weeks later to finalize plans, I wasn't sure that I wanted to go any more because I had heard that you get wet, cold and dirty on these caving expeditions. But even getting wet, cold and dirty, the trip was extremely worth it.

We went to Bear Cave and also explored nearby Con Cave. Both of these caves are located about an hour's drive east of Pittsburgh on Chestnut Ridge. Entering the cave I felt full of anticipation mixed with trepidation, but with our flickering carbide lamps and Dan's expert leadership we had a safe and exciting underground hike. We saw some very interesting rock formations, did some thrilling rock scrambling and climbing, and yes, got a little wet when we crawled through a couple of low passages.

All in all it was an excellent trip. I'd urge anyone who hasn't experienced spelunking to give it a try. For more information on the AYH Caving Program, call Dan Martt at 921-4638.

Bruce Ofilson

Trips in MAY

SEA-KAYAKING

General Information: On most day trips bring lunch, water, sun lotion, sunglasses, a hat, a change of clothes doubled-wrapped in water proof plastic bags, and an old pair of shoes to wear while kayaking. For cooler weather also bring layered clothing and a water-resistant paddling jacket. For longer trips contact the trip leader. Don't forget your rain gear.

5/15 Wed Beg Mark Mistrik 441-8293(H)

6:00 pm at HQ. Introductory level sea-kayaking at North Park. Beginner instruction on a calm, flatwater lake, or come out if you enjoy evening paddling. Probable food stop afterwards. This is a good way to become acquainted with sea-kayaking if you're interested in one of the longer trips. Call to reserve a kayak.

5/25-29 Fri-Tues Mark Mistrik 441-8293(H)

6:30 pm at HQ. Intermediate level trip to Assateague Island National Seashore, Maryland and Virginia. Sea-kayaking, hiking and seashore camping. The island is noted for abundant wildlife and wild ponies.

VOLLEYBALL

ATTENTION ALL VOLLEYBALLERS!

Note : If Pittsburgh schools are closed for any reason, such as a water main break or national holiday, there will be no volleyball that day. We play on MONDAY nights starting at 6:30 pm at PEABODY High School located at Highland and E. Liberty Avenues. Go in the main entrance, turn right, through double doors, and turn right into gym. Call Joel Platt at 521-5244(H) or 421-4446(W).

5/7 Mon 6:30 pm at Peabody School

5/14 Mon 6:30 pm at Peabody School

5/21 Mon 6:30 pm at Peabody School

5/28 Mon 6:30 pm at Peabody School



Greet a New Decade of Canoeing with AYH on Thursday, May 3, 1990.

1990 holds great promise for the canoeing program at AYH. A new edition of the AYH Canoe Guide will lead the AYH program onto new streams and over new sections of old familiar creeks. Come on out and say hello to the new chairperson, the leaders, the instructors, and experienced paddlers. Take a look at equipment and ask questions about the schools, leadership training, and the trips that are planned for this season. The slide show will feature a "Canoe Fairy Tale," a selection of slides set to music and narration taken from trips dating back to 1973. Don't wait until the summer dry season to get into canoeing. Plan on getting started Thursday night, May 3 at our weekly open house. We are located at the corner of Fifth and Shady Avenue behind the Pittsburgh Center for the Arts. ♦♦ Jim Roberts

LOWER GAULEY RIVER TRIP

by Linda Smithyman

Part II

Saturday night, over another campfire, we planned day two of our rafting weekend in West Virginia. We'd try to raft the New River if it wasn't too high. New raft assignments were given and Jon earned the privilege to captain the four man raft. My own wish was to sit in the front of the four man raft to experience the thrill of getting soaked by the whitewater right up front. Yeah, I could! Hopefully I could get some sleep first.

The crows woke us up early the next day. We found out the New River was too high for our little raft and so we headed to the Lower Gauley again, which was flowing a little higher than the previous day. More excitement, fine with us. Surprisingly, I was not a bit sore from the day before although carrying the rafts along the railroad tracks again proved to be a bit painful. Another beautiful October day and soon we were on our way. Being in the smaller raft was indeed more exciting. We got through Upper and Lower Mash rapids with Doug falling out in both of them. The large waves were much more intimidating from this point of view and I loved every minute of it. I continued to hoot and holler. Gus Hughes, our leader for this trip, told us to throw our body weight to the very front of the small raft to help get it through the large waves and holes (if we happened to get caught in any of them). Lunch came after an exceptionally wonderful ride through some standing waves. We watched other paddlers going through and soon got back to the river.

Some of the class III rapids on the river were named Heaven Help Us, Stairstep, Rollercoaster, Cliffside, Rattlesnake, and Roostertail. Even though we had just rafted the previous day we weren't sure just exactly where Pure Screaming Hell would pop up again. Listening to the roar of the whitewater before each rapid still didn't

give us enough information but sooner than expected we were in this class V rapid again. Were we in it? Gus in the 6 man raft was too far ahead to confirm. We did a great job staying on the right hand side of the river and headed down toward the hole and then we went right through the middle of it. We were supposed to go through on the left hand side but at this point it was just another big hole which we tackled with feverish enthusiasm like all the others. I didn't scream as loud as the day before, still not realizing what we had just accomplished.

As the river calmed I took the perfect opportunity to knock Doug out of the raft. He immediately conspired to get me out of the raft, too. The water was chilly and I soon got back in. Being a good sport I laughed it off and got settled again. And immediately I heard myself scream as I found myself headed overboard again. OK, so enough is enough and they'd pull me in and quit the shenanigans and watch out for the rapids coming up, right? Course not. As soon as I was in again, still lying horizontally across the raft, I was picked up and tossed head first into the river. Maybe I was better off in the water but I couldn't stay there too long. Finally I got back in again. Luckily Jon was the next victim. Then we finally realized that we had indeed run Pure Screaming Hell back there and after congratulating ourselves on a fine run we settled down for the quiet run to the takeout.

After packing up and making plans for dinner we hit the road home. We couldn't have asked for a better trip during those two days. What a great weekend. We stopped to eat in Bridgeport, WV a couple of hours later. Oh my aching muscles. I can't wait to do it again next year! ➡

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WORLD TRAVELER

by Jerry Slagle

Part III

I had now stayed at two types of inexpensive accommodations in England, the youth hostels and B&B's. The advantages of the hostels are that you meet other travelers with whom you can exchange information about the area. Usually the hostel is the cheapest place to stay. The disadvantages are that the hostels are very noisy, you share the facilities with others, you clean up after yourself, and you do a duty (chore) before you leave. Everyone must leave the hostel by 9:00 a.m. because it is closed until 5:00 p.m. Usually these disadvantages are no problem, but if you had a bad day or are tired from a long journey, a B&B would be a better choice.

The advantages of staying at a B&B are they are quiet, you don't have to clean up after yourself, you can sleep in, you can visit with the family and learn more about them, you get a big breakfast in the morning which you don't have to make, and you have more privacy. A disadvantage is they generally cost more than a hostel. In 1985, a night in a B&B was about 8.50 pounds. Some in the London area cost over 25 pounds, so it's better to stay in hostels while in London.

The first day I began hiking the Coast Path, I realized I was carrying too much weight in my backpack. I didn't know what to do with the excess weight, so I kept on hiking with it. Later, I learned that the unofficial hostel in London would keep my excess luggage in storage for a small daily fee.

The Coast Path is usually hiked from the South to the North because the hiker would want the wind towards his back. I didn't know this, but a little wind in my face wasn't all that bad. Also, you tend to face into the sun if you hike from the North to the South certain times of the year. The first section of the Coast path (Poole Harbor to Plymouth) is gentler and a good warm up for the hiker. I must be honest, I did not complete the whole Coast Path and still hope to finish it someday. I did hike from Minehead to Plymouth in two separate hikes. One part I hiked in the late Spring, and the second in October.

The path follows along the edge of cliffs overlooking the sea for most of the way. Yes, it's dangerous sometimes! When I was there, a woman's body was found in heavy bush near the water's edge. I was told that she was an experienced hiker. So, it's a good idea to hike with others.

The path crosses over farm land, so you have to open and close many gates and climb over numerous fences. There are steps that help you climb over the fences, but when you have the momentum of a heavy backpack swinging along, you have to watch that you don't lose your balance and fall off the steps, then slide down the slope to

the sea. I noticed this path also had a slant to it. The side nearest the sea was lower than the inland side. After awhile one side of your body would hurt because your one leg would step down further with all the weight from the backpack on it.

The COAST PATH can be hiked in short pieces with easy access to and exits from the path. The hiking guides illustrate this on their maps. If you want to hike for just one day or two, this is possible. The maps show where the B&B's and youth hostels are located and also where to find transportation. If you plan your hike right, you can stop off for lunch at a country pub, where ploughmen's lunch and pints of bitter are served, and you can enjoy the atmosphere.

While hiking the path near Clovelly, a group of us made a day trip over to the island of Lundy in the Bristol Sea. We went by fishing boat. The fishermen left us off and went back out fishing and later returned in the afternoon to pick us up. It was cold and windy on the island, which is a bird sanctuary. I believe the place is run as a commune with just a few buildings on a bleak landscape. The island issues its own postage stamps. The day trip was a nice break in all the hiking I did.

It was mid-June when I hiked the first section of the Coast Path (Minehead to St. Ives). Since I was slow, so it took me several weeks to complete this. As the summer came on, it was harder to find vacancies in both the hostels and the B&B's. When I returned to England that October and started the second part of the Coast Path (St. Ives to Plymouth), many of the B&B's were closed. The trick is to do a little planning before you start. During English school holidays, forget about staying in hostels and take whatever lodging you can get. Each school has different days off.

Some of the tourist sights and landscapes along the Coast Path are quite tacky, but then some of the seascapes are beautiful. You can find some quaint villages along the path, just what you expected from the English countryside. The thing I remember the most about hiking this path were the people I met along the way. They were very friendly and helpful, some were even eccentric, but all interesting. This was encouraging to me in the beginning, compelling me to continue my long journey. It's all there, and the people are waiting for you to come by for a visit. ♦♦ (to be continued)

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GARDEN CENTER'S MAY MARKET

It's Spring and that brings the May Market at the Garden Center. This year the Market starts with a preview on Thursday May 17th and continues through Saturday May 19th. It's worth a look if you're interested in plants and flowers, although you're best off walking or cycling over rather than trying to find a place to park. Parking is just about impossible on Friday and Saturday, so if you're going on a trip leaving from headquarters, check with the trip leader to see if there's an alternate meeting place. Trip leaders, if you do need to get load or unload equipment, just tell the the guards at the entrance to the parking lot that you need to make a delivery. ➡

Larry Laude



CLASSIFIED

For Sale: Raleigh, Super Coerce, T T, 10 speed, touring bike with finger tip shifters. Used less than 100 miles. \$250; Gitane Mixte Frame 10 speed touring bike. Used less than 100 miles. Contact Linda or Jim Roberts at 244-8332 between 6 & 9 pm or leave a message on the answering machine.

Wanted: Last six issues of most publications including trade journals. Spring cleaning? Don't throw those MAGAZINES away! Call Janet Rice at 922-7832

AYH members may place a free, one time ad (per item) of 3 to 4 lines for the sale or exchange of equipment, etc. useful or relevant to the activities, goals and commitments of AYH.

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BOLD HIKE

Blind Outdoor Leisure Development (BOLD) is inviting the members of the AYH Pittsburgh Council who have an interest in getting to know the BOLD organization to join them on an easy hike and picnic. The hike will organize at and be on the trail system of the Rt. 653 X/C ski area. The hikes will depart from the shelter area at 9:00 am. BOLD members will be accompanied to this family type affair by their guide dogs and hikeable age youngsters, however most are adults. AYHers of all ages are welcome, but please no additional dogs. BOLD will furnish hot dogs and hamburgers, fixings, paper stuff and soft drinks - you bring the balance of your picnic lunch.

This is not an AYH trip. Kindly make reservations with T.J. Kate at 421-9991 by Thursday, May 17. Jack Peth can fill in the blanks. BOLD also canoes, bikes, skis and always needs drivers. ➡ *Jack Peth*

Pittsburgh Council Hostels

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Ohiopyle, PA 15470
(412) 329-4476

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Rego's Hotel & Restaurant
601 McKean Ave.
Charleroi, PA 15022
(412) 483-6200

Living Waters AYH-Hostel
RD# 1 (1 mile west on Route 30)
Schellsburg, PA 15559
(814) 733-7607

Point Park College Youth Hostel (S.A.)
201 Wood Street
Pittsburgh, PA 15222
(412) 392-3824
(after 4 pm: (412) 391-4100)
(summer only)

THE EDITOR'S FANCY

Hellooooo out there! I know you're there. I mail a newsletter to you every month. We would like to make your acquaintance. Drop by the open house any Thursday evening at 8:00. We are located behind the Pittsburgh Center for the Arts at the corner of Fifth and Shady Avenues.

Don't be shy, walk right up to the first person you meet inside the door and say, "Hello, my name is.....!" We are just a bunch of friendly introverts.

If you live too far away to attend a meeting, drop us a line. I want to know: How long have you been a member of AYH? Are you: Doctor, Engineer, Farmer, Forest Ranger, Indian Chief, Lighthouse Keeper, Nurse, Professor, Politician, Other? What is your main interest in AYH?

- | | |
|-----------------|---------------------|
| •Activities | •Hostel Development |
| •Environment | •Conservation |
| •Meeting People | •Newsletter |
| •Open House | •Trail Maintenance |
| •Travel | •Other |

Yes, this is sort of an informal survey. Add your comments, questions, ideas, suggestions and mail your reply to the attention of the Editor. If they are printable, I will start a "Letters to the Editor" column.

Rail-Trails Gets Boost From Court

The Rails-to-Trails movement heaved a collective sigh of relief when the Supreme Court, by a unanimous decision, declared the rail-trail law constitutional last month. This confirmed the constitutionality of the rail-banking process whereby abandoned RR rights-of-way can be used for recreational trails while they are being held under federal jurisdiction (ICC) for possible future use as rail corridors. It effectively nullified claims of adjacent property owners to the land since it has not been legally abandoned, and will greatly reduce time and litigation in the conversion process and speed the formation of rail-trails.

In other rail-trail news, the National Park Service with the cooperation of the Rails-to-Trails Conservancy (RTC) is studying two possible trail sites in Pennsylvania. A mixed-use trail and excursion train project is being considered along the Youghiogheny River from McKeesport to Connellsville in western PA. It would connect with Youghiogheny River Trail from Ohiopyle to Confluence with possible future connection to the C&O Canal Trail from Cumberland to Washington, DC.

In Lackawanna County the NPS is assessing opportunities for trails on several lines that reach into New York state and with Possible links with the Steamtown USA National Historic site in Scranton and the site of the first run of a steam locomotive in the US at Honesdale.

The newly formed Montour Trail council in Allegheny County is promoting conversion of the 45-mile Montour RR right-of-way to a rail-trail connecting Coraopolis and Clairton.

The RTC of PA will be issuing a map of the 20 rail-trails in the state soon. There are 30 others being planned or under construction. RTC has 4,200 members in PA, tied for third place nationally with Illinois after California and New York. Nationally there are 64,000 members. (from *BIKE FED UPDATE*)

Saint Andrew's Park (they call open spaces "parks", although surely not parks as we would think of them) was foggy in the clouds, not much scenery here, although I did photograph some beautiful and most unusual thistle blossoms. The trail took us down into the North Payallop Creek valley - cool (40 F) and dreary. There we camped. Fortunately, this was one campsite where we were permitted to have a campfire and we built a good one to warm and cheer ourselves and to welcome Jon as he returned from his heroic mission, getting Todd to the hospital.

Everyone flamed out at 9:30 except the fire and me. I waited until the last ember was dark. I had to. I had some freeze dried Mountain Chili for dinner and what it did to my digestive system words couldn't describe. Pete was my tent partner and I couldn't subject him to that. Fortunately, by 11:30 my internal fury ended and both Pete and I got a good night's sleep.

Our fourth day provided a mixture of sun and clouds as we hiked up to the Golden Lakes area. On our way up the 1900 foot climb we passed an area that had been burned out at the turn of the century but now was blanketed by huckleberry bushes with ripe berries everywhere. I could readily see our hiking scheduled for the day was in serious jeopardy. But what the heck, they were too good to pass up. Eventually we reached the Golden Lakes area where a number of small lakes were sprinkled over about a 1/2 mile square area. They were very pretty but not golden at the time. Here we came upon a ranger's cabin complete with ranger Rick

Johnson. We had lunch with him and discovered that he was a special person. He's the ranger that Todd clung to when they crossed the swinging bridge over South Tahoma Creek - couldn't carry a litter across that bridge which heaves up and down while swinging from side to side. Rick loves this work so much that he does temporary laboring work in winter to keep him solvent until he can again work as a ranger. He's been doing this for some seven years. He told us about a point where at times you can see some 70 miles to Puget Sound, but we had too much haze and couldn't make it out. We continued down to a shelter between South and North Mowich Rivers. This was an attractive setting, but we had to walk a long distance for clear drinking water - the rivers were chalky with glacial silt and we were too impatient to let it clear by settling.

Day number 5 had its own version of scenery specialties for us. We started out with a 2300 foot climb up to Mowich Lake. The sky was clear, but we had few glimpses of Mount Rainier on the way. Mowich Lake can be reached by automobile and there were a number of people milling around, fishing and drinking in the outstanding scenery.

Blanche and Jack had been here the previous week and were well impressed with Spray Falls which Blanche recommended to

us, - "It's just a short jaunt on that trail over there." Sure Blanche - some 2-1/2 miles one way. But she was right. It is special - a big waterfall that does a 90 degree turn half way down. It is great. And on the way back we stopped at an overlook called Eagle Cliffs where we surely got a great view of the peak, a real treat. Then back to Mowich Lake. For a while after leaving the lake we followed a broad, well groomed trail that took us to Ipsut Pass. Whew! Looked like 2000 feet straight down - almost a sheer drop. I would have welcomed a parachute. The switchback area well done but full of loose rocks and footing was uncertain at best - a good time to put away the camera. I did get some shots that turned out great before putting the camera where it would be cushioned from a fall. Way, way down below I could barely make out two figures working their way up the trail. I watched them when the trail permitted and eventually we met. I couldn't believe it. There were the ubiquitous Hams, Cliff and Marilyn, trudging up and up. They may only have day hiked, but they surely saw a lot of that mountain. We also were met by Jack Asherman who drove to the Ipsut Creek Campground and with him were food for resupply, clean clothes and a couple cold six packs. We were considering nominating him for canonization. (to be continued)

ELDER HOSTELING

An AYH open house is planned the week end of May 5-6 with tours of Ironmaster's Mansion Saturday and Sunday at 11:00 am; 1:00 and 3:00 pm. There will also be a yard sale. You can get information on WORLD ADVENTURE TRIPS. Refreshments will be served. We now have 17 enrolled for ELDER HOSTELING, 20 will make it a go!!

Joan and Bob

These people get a big THANK YOU from the Council for donating their valuable time and energy to help staff the booth at the Travel Show in early March.

Clare Bunker	Barb Hanusa	Cheryl Hoechner
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American Youth Hostels is a nonprofit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost and National Office. AYH is the U.S. affiliate of the International Youth Hostel Federation (IYHF) which coordinates more than 5,400 hostels worldwide—the largest network of

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GUIDELINES FOR CONTRIBUTORS

All articles of interest to our members are welcomed—subjects relating to our trips and activities, the environment, the outdoors, etc. Articles submitted should be neatly typed and double spaced (at least a 12 point font), on disk or can be sent via modem when prior arrangements are made. Sorry I cannot accept more than one or two short paragraphs of hand-written copy. Poor spelling and punctuation are risky, they can turn into anything I want them to be. The use of material will be limited to available space. Place articles in the Editor's box at AYH Headquarters or mail to The Golden Triangle, 6300 Fifth Ave., Pittsburgh, PA 15232. *Don Buggy*, Editor



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Birthdate: Month _____ Day _____ Year _____

PHONE _____

Were you a member of AYH last year? No _____ Yes _____

Pass # _____

I would like to volunteer, please contact me: Yes _____ No _____

How did you hear about AYH? _____

(Signature) _____

AYH MEMBERSHIP BENEFITS

- International Hostel membership card plus Pittsburgh Council I.D. card good for discounts at local bike shops and outfitters.
- USA Hostel Handbook, listing over 250 Hostels in the United States.
- The Knapsack, National AYH travel newsletter.
- The Golden Triangle, Pittsburgh Council's newsletter of trips and activities.
- Open house Thursday nights at Council headquarters.
- Access to National travel programs and Leadership Training courses.

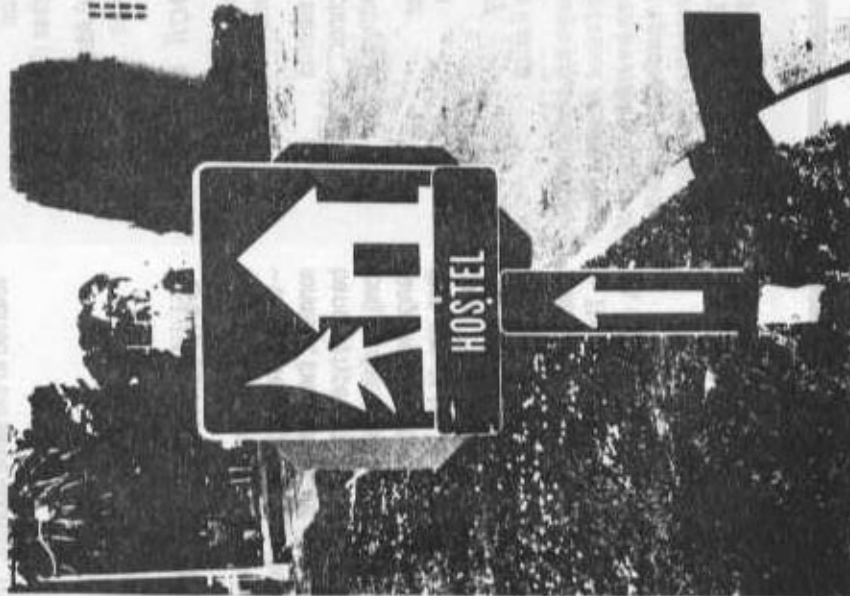
The Golden Triangle

Pittsburgh Council

American Youth Hostels

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American Youth Hostels, Inc.
Pittsburgh Council
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Pittsburgh, Pennsylvania 15232
(412) 362-8181

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