

THE GOLDEN TRIANGLE

The Newsletter of the Pittsburgh Council, American Youth Hostels

Volume 42 Number 4

April, 1991



INTERNATIONAL CYCLING RACE (120 MILE)

April's Programs

April 4
Day Hikes in Switzerland
Paul Pokorski

April 11
Macchu Picchu
Karen Lukas

April 18
Skiing in Quebec
Ron Boone

April 25
This is Rock Climbing
Eric Bauer

Headquarters opens at 8:00
Programs begin at 8:15

We need shows. To Volunteer
Call Rodney Horner
567-2144(W) 339-0944(H)

THRIFT DRUG CLASSIC - INTERNATIONAL CYCLING RACE (120 MILE)

The Thrift Drug Classic is being organized by ICP-Pittsburgh, a division of International Cycling Productions, Inc. out of Darien, Connecticut. ICP founded and annually produces the CoreStates US PRO Championship in Philadelphia, now in its seventh year and the USA's biggest single day cycling event.

The Thrift Drug Classic, Sunday, May 26th, will be a major annual special event in Pittsburgh. The organizers want to involve the community in various aspects of the race. In 1991, local staff volunteers will work under the experienced CoreStates operations team so that in 1992 and 1993 more of the leadership positions for the Thrift Drug Classic can be filled by area residents. The following describes some of the Manpower Needs for this year's Thrift Drug Classic:

Volunteer Recruiter/Coordinator (1) - Responsible for building data base of volunteers through distribution and collection of sign-up forms. Coordinate attendance at volunteer briefing meeting on Sunday, April 21 at the Pittsburgh Hilton.

Course Marshalls - (up to 500 including four zone directors) Make the race safe for spectators and competitors. Volunteers must be at least 18 years old.

Drivers (up to 20) - Help with shuttle transportation and/or drive a support vehicle in the race Caravan. Caravan drivers must have race following experience.

Hospitality Staff (20) - Serve as hosts/hostesses on race weekend for special guests (sponsors, VIPs, etc.). Should have "corporate" experience.

Media Staff (5) - Assist in Press Room operations working directly with reporters, race announcing staff, TV and radio.

Headquarters Staff (10) - Type, file, run errands, answer phones and prepare credentials during race week at Race Headquarters. Morning, afternoon, and evening hours available.

Security (20) - Security volunteers protect valuable race equipment, check credentials for restricted areas and assist with awards ceremony.

Stage Crew (20) - Assist in set-up and teardown of staging equipment such as crowd control fencing, traffic cones, platforms, tents and awnings.

If you would like to help out as part of the AYH group call Bill Eberlee at 833-9732.

COUNCIL BULLETIN BOARD



CALL FOR VOLUNTEERS

Pittsburgh Council AYH needs to fill some vital volunteer positions within the organization. We could really use some support of our members in this area. The following is a short list of positions that need to have a real person volunteer for:

Special Events Coordinator - Someone to coordinate various special events like the annual banquet, picnic, WQED pledge drive night, etc., or to "assist" someone to do so. Organizational abilities are needed. This person would be busy and then get a break and get another project and a break, etc.

Volunteer Coordinator - Someone with organizational abilities and lots of patience. This person would oversee a variety of functions within AYH concerning the volunteers: identify, recruit, train, motivate and reward volunteers for events like the Great Ride, other bicycle events, fundraising events, ski weekends, etc. Discussion of personal rewards to be held later.

Front Desk - Help out for approximately two hours on a Thursday evening to answer questions behind the desk, sell memberships, etc. This could be a rotating position such as once a month only.

Please call Linda Smithyman at 531-1868 or Larry Laude at 665-9554 for more information. If you think you could help in any sort of way we would be wildly ecstatic to hear from you. Linda Smithyman



COMMUNITY SERVICE

AYH members have an opportunity to participate in the events of other non-profit organizations in the city. Below is a list of various opportunities that may be of interest. They could use assistance from volunteers to help with registration, rest stops, contributions or just participation. Feel free to contact the organization for more information.

Sunday, April 7th	<u>Super Cities Walk for Multiple Sclerosis.</u>	
	PointeState Park at 9:00 am.	261-6347
Sunday, April 28th	<u>March of Dimes Walk-A-Thon</u>	391-3193
Sunday, May 19th	<u>Cystic Fibrosis Foundation Great Strides Walk.</u>	
	North or South Park, 6.2 miles, 11:00 am.	321-1745

RAIL TRAILS ON TRACK IN PENNSYLVANIA

The construction of the Youghiogheny River Trail to Connellsville continues. The state has acquired most of the land needed for the extension and an opening between Bruner Run and Connellsville could be as early as this summer. Construction of the Pine Creek Rail Trail between Wellsboro and Jersey Shore should get underway this spring. The 62 mile trail will be constructed in three phases, with the section in the little Grand Canyon being done first. The Somerset County Rails-to-Trails Association purchased 17 miles of the old Western Maryland Railway from CSX in December. The right of way will be used to create the Allegheny Highlands Trail running from the Youghiogheny River Trail at Confluence to Rockwood along the Casselman River. Future purchase of the section from Rockwood to the state line could take place later this year.



DEADLINES FOR THE MAY ISSUE

Copy
April 4
Binding & Mailing
April 18



PRESIDENT'S CORNER

TRAVEL SHOW WRAP-UP

Council thanks go out to the following volunteers who helped set up, staff and take down the Council exhibit during the recent 5 day Travel Show at the Pittsburgh Convention Center:

Joe Hoechner
Jack Peth
Chris Klein
Peggy Mills
Jackie Short
Linda Smithyman
Maynard Hanson
Cathy Sadler
Dave Sadler
Jim Ritchie
Joel Platt
Sally Adams
Jackie Fisher
Joel Hough
Barbara Hanusa
Greg Mikula
Pat Gilligan

If you need reimbursement for parking receipts, please turn them in to Joe Hoechner. Thanks again.



Group for
Recycling in
Pennsylvania

The Group for Recycling in Pittsburgh (GRIP) is sponsoring Earth Race '91 and a fun run/walk on Saturday April 20th in Schenley Park in Pittsburgh. For more information, call Miriam Galtz, Race Coordinator, at 412-661-4447.

The last two months, I've written here about the future of Pittsburgh Council in our three primary focus areas of hostels, hosteling, and activities. In particular, last month I wrote about the role I see for Pittsburgh Council in supporting "hosteling" as a way of exploring the world through educational travel.

However, before continuing to discuss the Council's role in hostels and activities, I'd like to report on the results of a planning retreat held by the Board of Directors in March. The Board spent a day discussing the mission of Pittsburgh Council and coming to a consensus on where we would like the Council to be by the year 2001. The participants quickly came to the conclusion that we all shared a common sense of mission and a common vision for the future of the Council.

The remainder of the day was spent in evaluating the strengths and weaknesses of the Council and in developing strategic goals for the Council in the areas of Activities, Program, Hostels, Community Service, Member Services, Resource Center for Travel and Activities, and Administrative Support. The highest priority goals were determined to be developing volunteers and staff, renovating the Headquarters building, developing a full service Pittsburgh AYH Hostel, use and promotion of Ohioyle and other area hostels, maintaining the quality of the existing activities program, and fund raising to support these goals.

We are now working on the next step of developing specific action steps to implement the strategic goals. Once this is done, a more detailed report will be available to the membership, Larry Laude 412-665-9554

BLACKWATER FALLS 1991

A memorable time was had by all at the annual Blackwater Falls weekend in January.

To the delight of the skiers and sledders there was an excellent snow cover in the park this year. The group excursions for novice cross-country skiers were a lot of fun, and experienced skiers reported great conditions on the more advanced trails. Nearby Canaan Valley's slopes were popular with the "downhillers" in the bunch, and, for a change of pace many members tried out the toboggan run (complete with rope tow) just down the road from the lodge.

Of course, some folks thought the best part of the weekend was time spent curled up in front of the crackling fire in the lodge's comfortable parlor. This spacious, recently remodeled area was the scene of movies and board games, and Saturday night a lively square dance was held next door.

Besides the parlor, many of the guest rooms at the lodge had been remodeled since our last trip. Many rooms featured a view of forested, snow covered mountains. The winter scenery was worth a trip in itself, especially the view of icicle-encrusted Blackwater Falls. We're already talking about next year's trip, so plan to join us in January 1992! *Ann Kelson, Nancy Hart*

Trips in April



BICYCLE TRIPS



4/6 Sat B/C Ober Rooney 364-3956

10:00 at Elizabeth, PA, 50 miles. Meet under the bridge in Elizabeth. The terrain is level so don't be intimidated by the distance. The trip will be paced as fast as the slowest rider.

4/7 Sun C/D Terry Gossard 321-2382

10:00 at North Park, 15 miles. An easy paced trip, but be prepared for inclement weather this time of the year. Call Terry to confirm the starting time and specific location in North Park if you plan to go.

4/14 Sun B John LeBlanc 233-0588

10:00 at Clairton Park, 50 miles. Here is another ride in the relatively level terrain of the Mon Valley. Call John to confirm and to get directions to Clairton Park.

4/21 Sat C Ober Rooney 364-3956

9:30 at Stavich Trail, 20 miles. Ride on the Stavich Trail bikepath near New Castle. The trail follows an old interborough trolley line from New Castle to Ohio. The trail has a paved surface which is adequate for road bikes. Meet at the Mt. Nebo Exit on I-79.

4/21 Sun Earth Day - help join in on the celebrations. See info elsewhere in the newsletter.

4/28 Sun A/C Lou Conley 681-8321

12:00 at HQ (Leisurely pace), 35 miles. Join Lou and friends for their seventh annual bicycle tour of the Pittsburgh Marathon course. Once again, we will have two separate rides, one in the morning for those who would like to ride at a quicker pace, (don't show up unless you can keep up with Lou) and then a leisurely paced tour after noon for those who would like to take their time and see some sights. The marathon race course is relatively flat so this is a good warmup ride for TOSRV two weeks later. Come for either or both rides. Call Lou for more info and to reserve. (Note: you have to call Lou to get the time of the faster paced ride)



BIKE TRIPS BROCHURE

The 1991 AYH Bike Trips brochure is available. It lists many of the big weekend trips Pittsburgh Council is offering. Included this year are traditional favorites like Gettysburg and some new favorites like the C&O Canal Towpath and Stanford House Hostel.

Mark Your Calendar

Sunday August 18, The Mon Valley Century

Sunday October 6, A new 100 kilometer (metric century) ride

The Mon Valley ride is one of the larger rides of its kind in the Western PA Eastern Ohio region. To continue its success, we will need volunteers both before and on that day to help with registration, rest stops, parking, marking roads, etc. In addition to the MVC, we are planning to add a new ride in the southwestern part of Allegheny County. There will be more information about this ride (and the MVC) in future issues of the Triangle. If you would like to volunteer for to help with either of these rides, please contact Bill (833-9732) or Chuck (466-6196). We have openings on the planning committees for both of these rides.

New Product

Are you one of those trip leaders who hikes twice as fast as the rest of the group or waits 20 minutes at each intersection waiting for the rest of the riders to catch up? Well, you may be interested in a new sports drink which will help cure your problem. It is called IMPEED. According to the inventor, IMPEED will sap the energy of even the most energetic tripper. It is a caffeine-free, zero-calorie beverage which is also a powerful diuretic and laxative. For best results, mix it in a water bottle, and offer it to a friend. Available 4/1/91.

Pittsburgh Council Activity Chairs

Bicycling

Chuck Ejzak 466-6196
Bill Eberle 833-9732

Canoeing

Clare Bunker 244-9788

Caving

Dan Martt 921-4638

Climbing

Eric Bauer 687-0766

Family Activities

Barbara Hanusa 441-7205

Hiking & Backpacking

Ben Brugmans 736-2751
Pat Tieman 561-3286

Kayaking

Ray Yutzy 341-5682
John Gayler 366-4062

Mid-Week Trips

Cliff Ham 687-4520

Rafting

Jon Maiman 441-2306
Linda Smithyman 531-1868

Sailing

Bob Zavos 325-2175

Sea Kayaking

Ted Self 795-6286
Mark Mistrik 441-8293

Volleyball

Jeff Marsh 384-7827

X-C Skiing

Fred Parker 856-4713
Steve Tubbs 279-4866

Trips in April



HIKING/BACKPACKING



4/7 Sun All Ben Brugmans 736-0103

Spring wildflower walk, Raccoon Creek 9:00 HQ

4/5-7 Fri-Sun Int Jim Ritchie 624-1220(w) 828-0210(H)

6:00 pm at HQ. Hiking and Cabin Camping. Cook Forest will be our base camp. Saturday we do a 12 mile hike on the North Country Trail from Kelletville to Marienville. Sunday we go to Cornplanter State Forest for an interesting 4-mile loop hike before heading home.

4/12-14 F/S Int Mark Mistrik 441-8293

Cranberry Backcountry Backpacking Trip, intermediate, in one of the most scenic parts of Southern West Virginia 7:00 pm at HQ

4/13 Sat Int Tom Kaveney 276-8044(H)

Hike, Roaring Run, 8:30 pm HQ

4/20 Sat Int Steve & Jenan Tubbs 279-4866(H)

12-mile compass Bushwack hike, 8:30 pm HQ

4/28 Sun Beg/Int Jim Ritchie 624-1220(w) 828-0210(H)

8:00 at HQ. Dark Hollow Woods, Black's Run, Milltown and the Plum Creek Valley. 8 miles. Hiking on the edge of the urbs. Call for information.

4/28 Sun All Ben Brugmans 736-0103(H)

Spring Ephemeral Wildflower Walk Raccoon Creek 9:00 am HQ

Hiking-Backpacking planning meeting, 1991 - Sunday April 14, at Linda Smithyman's house 531-1868

Mid-Week Rambles

Every Wednesday we meet at 10:00 a.m. in the upper parking lot at Fifth and Shady Avenues. Call Cliff or Marilyn Ham 687-4520(H) for more information on current activities or to make arrangements to meet the group.

April 3 and 10, Dave Sadler 361-3707

April 17 and 24, George Bower 242-4645

Trips in April



CAVING



4/20 Sat Beg Norm Snyder 351-4068 (H)

Join Norm Snyder on a beginner cve trip to Bear or Casparis Cave. Spend about 3 or 4 hours under ground. Call Norme between 6 or 7pm weekdays.



ROCK CLIMBING



4/27 Sat Beg Eric Bauer 687-0766

8:00 am at HQ. Beginner trips are geared toward teaching basic rock climbing skills to people that have never climbed before. All you need to bring are tennis shoes and lunch. AYH supplies the ropes and other equipment. We usually stop for dinner on the way back home.



SEA KAYAKING



4/16 Tue All Mark Mistrik 441-8293

Sea-Kayaking Planning Meeting in Shadyside. We will discuss all levels from evening beginner instruction up to 9 day advanced ocean trips and organize slide presentations for 1991. Traditionally held in a good restaurant. Meeting open to anyone interested. 7:00 pm at HQ

5/24-6/2 Fri-Sun Int Mark Mistrik 441-8293

Sea-Kayaking Road Trip to Cape Hatteras, North Carolina

Intermediate level paddling, camping and sightseeing in one of the most interesting regions of the East Coast. Call for more information. 6:30 pm HQ



Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
P.O. Box 99
Ohiopyle, PA 15470
(412)329-4476

Charleroi Youth Hostel (S.A.)
Rego's Hotel & Restaurant
601 McKean Ave.
Charleroi, PA 15022
(412)483-6200

Living Waters AYH-Hostel
RD# 1 (1 mile west on Route 30)
Schellsburg, PA 15559
(814)733-7607

Point Park College Youth Hostel
(S.A.) (summer only)
201 Wood Street
Pittsburgh, PA 15222
(412)392-3824
(412)391-4100 (after 4 pm)

Little Hickory Home Hostel
East Hickory, PA
(814)755-4908

The Pittsburgh -VCR-Hostel
1323 Forbes Ave.
Pittsburgh, PA 15219
(412)471-2600

Volleyball

We'll play indoors at Schenley School every Tuesday evening from 6:30 - 9:30. For more information call Jeff Marsh (384-7827) or Joel Platt (521-5244-H) or (421-4446-W) ➡

ANNUAL AYH BANQUET

The 1991 Annual Banquet will be held on SATURDAY, APRIL 6th at L. C. Simpson's (same place as last year, great food) located at 3220 West Liberty Avenue in Dormont. Cocktails are available at the cash bar at 6:00 PM and dinner will be served at 7:00 PM. The buffet will include their fantastic vegetable lasagna, baked Boston scrod, stir fry chicken + vegetables and sweet and sour pork accompanied by tossed salad, deviled eggs, fresh vegetables, rolls and chocolate mousse for dessert. Vegetarian meals are available upon request. The cost of all of this: \$15.00 per person, members and non-members pay the same price.

Mr. Paul Wiegman, Director of Natural Science and Stewardship, of the Western Pennsylvania Conservancy will speak for a short period on recent events at the Conservancy. We will also bring everyone up to date on what has been happening at AYH. Quite a few people use the banquet for the annual reunion!

The restaurant is located in Dormont just before the intersection of McFarland Road. It is 2.5 miles from the Liberty Tunnels, just past McMinn Oldsmobile on the right. Parking is available behind the building if you take the driveway to the left side of the building. Public transportation is available both by bus and the "T".

Please fill out the form below and enclose it with your check payable to PGH Council-AYH. Call Linda Smithyman at 531-1868 or Peggy Mills at 661-9070 for additional information. Reservations must be made by April 1st. I hope to see you there!

BANQUET RESERVATIONS

Name: _____

No. of People _____ x \$15.00 = _____ Total Enclosed

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Please send your check or money order to: Linda Smithyman, 756 Eathan Avenue,
Pittsburgh, PA 15226

A donation of any amount to AYH would be extremely appreciated: \$ _____. Thank you.



GREAT OHIO BICYCLE ADVENTURE

What is GOBA, you ask? Well, I guess it sounds like a glue or even possibly a stew. But its not. GOBA, short for "The Great Ohio Bicycle Adventure" is well past its second year and quite frankly is described in its name. I was a participant of GOBA 90 and was hooked by the second mile of the 350+ mile tour. The idea is simple enough, every year, starting with GOBA 89, the tour begins from a host city of Ohio on a 7 day, 50 miles a day trek that eventually circles back to the starting point. The course as well as the cities hosting the riders every night will be different every year. Last year the riders grew almost to 3000 and that number was easily hit with the number of family and friends sagging individual riders along the way. This year's ride has a cut off point of 3500 riders and that number will easily be reached. After counting the people sagging for friends and family I imagine it will be well past 4000 people. All that you need for GOBA 91 is a bike, a tent, 7 days food expense, and a healthy easy going sense of life and humor. Once again I will be donning my helmet with my team member, my father. Joining the ranks of "GOBA DUDE" as we have come to be known, for the first time will be Lynn and Chuck Ejzak as well as several other Pgh Council members. So come join the adventure and aspire to be a "GOBA DUDE". You certainly won't be alone!!! GOBA is sponsored and run by the Columbus AYH. For applications, please write

THE GREAT BICYCLE ADVENTURE

P. O. BOX 14384, COLUMBUS, OHIO 43214

Please feel free to contact me if you would like to hear more about GOBA, I am always happy to recount by adventures. Look in future Triangles for more articles on "GOBA". GOBA 91 is June 16-22, 1991. Bill Eberle 833-9732

western pa's canoesport center

features:

old town • sawyer • mad river • oscoda
aquaterra • lincoln • hydra • middle path
thule • extrasport • body glove • nw riversport
granite gear • tilley • voyageur's • okesport
mittchell • grey owl • gillespie • mohawk
quick & easy • perception • and others
special savings for AYH members!

canoe pittsburgh!

74 south 20th street • in the "southside"
pittsburgh, pa 15203 (412) 481-0700
hours: mon/wed/fri/sat, 11-5 tue/thur 11-8

BIKE AMERICA

Join Glenn Oster on all or a portion of his cross-country bicycle trip. Start at Vancouver, B.C.; continue south to San Diego and east to Newport News, VA

Glenn will welcome males or females for the full trip or for as little as two weeks. Pace will be easy covering 40 to 75 miles per day, more or less, varied by winds, terrain, and campground location. Each person must be self-sufficient for camping and cooking. Expect to stop to sightsee and hike as opportunities present themselves. Timing is from May 21 to October 31, 1991.

For more information and reservations phone Glenn at (412) 364-2864 before 9:00 pm.



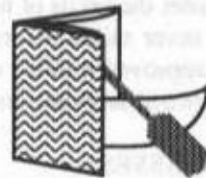
FRANZ JOSEF HOSTEL, NEW ZEALAND

Located in Westland National Park, which runs from the crest of New Zealand's highest mountains down to the sea coast, Franz Josef Hostel is ideal for visitors wishing to see the Franz Josef glacier and its neighbor, the Fox. But that's not all! within a few hours' walk next to the glacier, the traveler could be strolling on a driftwood-strewn beach, or canoeing down a placid stream, or swimming in an idyllic bush-fringed lake ... or poking about among rusting mining relics. There are few places left on earth where such a diverse sequence of landforms exists in such an unspoiled state, and of course Franz Josef is the only hostel with a free, organized glow-worm walk!

It's Here!! It's Here!! It's Here !!

The 1991 Eighth Edition of the

Canoeing Guide to Western Pennsylvania and Northern West Virginia



Compiled and edited by Roy R. Weil and Mary Shaw

The geographic area covered by this guide includes all streams whose waters drain into the Ohio River within Pennsylvania and the northern panhandle of West Virginia or into Lake Erie from Pennsylvania. This guide emphasizes open-canoe paddling on easy to intermediate whitewater, although major rivers, flat streams of scenic interest, and more difficult creeks of interest to closed boaters (kayakers) are included. The coverage in the guide is of many canoeable streams rather than extensive description of a few.

This guide consists of 480 pages with 270 trips covering 3039 miles of streams and has evolved over 30 years from a mimeographed pamphlet of 11 pages with 20 trips covering 350 miles of streams. The major revisions in this edition include completely revised hydrology (more usable stream size, gauges, and normal wet period), addition of over 50 new streams, and revisions of almost all of the write-ups. The average age of the write-ups was decreased from nearly 8 years in the seventh edition to about 3 years at the end of canoeing season 1990. A rewrite of the shuttles into a more usable, consistent format was initiated.

Many individuals have contributed lots of volunteer effort in the development of this guide throughout its 30-year history. The editors, Roy R. Weil and Mary Shaw, wish to recognize the following people who have made major contributions to this guide throughout its development: Rich Bartoo, Bob Buck, Gordon Bugby, Bob Burrell, Carol Davis, Lloyd Geertz, Ed Gertler, Ray Gerard, Jim Gogots, Don Hoecker, Ed Holloway, Tom Irwin, John Mahaffey, Walt Pilewski, Tom Reilly, Harvey Shapiro, Katherine Spindt, and John Sweet.

We especially want to thank the following for their contributions to this, the eighth edition: Tom Irwin, Ed Gertler for bagging and writing up a host of new streams. Edward Link and Don Frew for fresh write-ups on a variety of rivers. Frank Bruns for custom printing the photographs. Bob Buck, Gordon Bugby, Don Hoecker, Karen Lukas, Ray Yutzy, Jane Swanson, Rick Tomlinson, and others who gave up many Tuesday evenings to edit and revise the text. Bill Salesky of the US Army Corps of Engineers and Joe Lescinsky of the US Geological Survey for providing information enabling us to do a much better job on the gauge readings. Marian Hrubovcak of Pennsylvania DER for an update to the Scenic Rivers Section.

The guide will be available in mid April for \$13.95 + tax from the hostel storekeeper on Thursday evenings, Roy or Mary on the river, or Canoe Pittsburgh in the Southside during normal store hours. It will be available from booksellers and outdoor stores soon after their orders come in. Ask your favorite outfitter to order soon. Mail order from AYH is also an option, but it will cost an additional \$2.84 for postage, handling and sales tax.

COME SAIL WITH AYH

1991 is the second year for the Pittsburgh Council, AYH Sailing Program. We will again be offering our introductory sailing course, weekend small boat sailing on nearby lakes and extended sailing trips to distant places. We offer a program to meet the needs of novice as well as experienced sailors.

If you have never sailed before or want to brush up on your skills we offer instruction in our American Sailing Association approved training clinics. Here you can learn the concepts and methodology of safe, effective sailing using AYH owned sailboats on Lake Arthur in Moraine State Park.

SAILING CLASSES

We can accept 16 applicants for our Spring 1991 Basic Small Craft sailing clinic to be offered in two sessions:

	Session #1	Session #2
Basic classroom instruction	Fri May 31 6 to 10 pm	Fri June 7 6 to 10 pm
On-the-water Weekend Class	Sat June 1 Sun June 2	Sat June 8 Sun June 9
Follow-up class	Wed June 5 7 to 10 pm	Mon June 10 7 to 10 pm

The course will be taught by Rick Tomlinson. We are fortunate to have Rick back in Pittsburgh to teach this course, as he is not only a highly qualified seaman, but is the person responsible for starting up our AYH Sailing Program last year.

Course fee is \$70. You must be an AYH member. Fee includes the course text plus picnic lunches on Saturday and Sunday. Fees must be paid in advance to reserve a space. Refunds for cancellations less than 20 days prior to the first class will be made only if the space is filled or the class is cancelled.

NOTE: The American Red Cross Small Craft Training Camp on Pymatuning Lake will be closed this summer and there will be no sailing courses offered so it may be a good idea to reserve a space for our course as soon as possible.

SAILBOAT RENTALS

Once you have completed a training clinic or have been verified as an experienced sailor by one of our leaders you may use the AYH sailboats for practice and recreation.

We have three 15' Flying Junior centerboard sloops available for weekend rentals during the summer. These will normally be available for sailing on Lake Arthur - one of the nicest lakes for small boat sailing in the area and only one hour north of Pittsburgh. We will also schedule overnight trips to other lakes in the area with camping and other recreational facilities. We are currently planning a June weekend trip to Pymatuning Lake with overnight camping in Pymatuning State Park. Details will appear in the next Triangle.

Our fees are very reasonable. AYH members pay only \$10 per person per day! We can schedule up to 8 people for the day. Some people will spend a few hours on the water and then come in for meals and shore activities before going back on the water again. Others may start and leave early to get in some time on the excellent bike trails at Moraine State Park. Others may arrive in the afternoon and stay for a relaxing evening sail.

EXTENDED LIVE ABOARD CRUISES

We hope to schedule at least one extended trip later in the summer or early fall. In previous years Rick Tomlinson has led trips to the Caribbean, Southern Florida, and the New England Coast. For these trips we drive/fly to the embarkation point and then spend a week or more of sailing on a fully equipped charter.



VOLUNTEERS NEEDED

The Sailing Program needs a few more trip leaders. We need help in planning/leading trips, pulling the boat trailer, and as assistant instructors for our course. If you are interested, please contact the Sailing Activity Chairperson. (Name _____ and phone # _____)

REGISTRATION FORM

Name _____
Street _____
City _____ State _____ Zip _____
Phone (H) _____ (W) _____

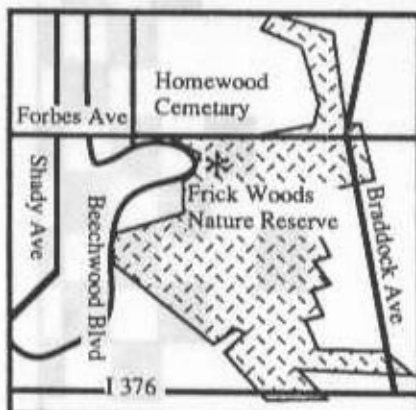
AYH Member? _____ If not, fill out membership application appearing later in this newsletter.

Session #1 _____ #2 _____ either _____ Fee Enclosed \$70 _____

Need ride to Lake _____ Can take _____ passengers

Frick Woods Nature Reserve
2005 Beechwood Boulevard
Pittsburgh, PA 15217
(412) 422-6538

Trails are open from sunrise to sunset. The new hard surfaced Woodland Trail is accessible to all people. Benches built into a wooden deck give visitors a stunning view into the forest at tree-top level. During winter look for downy woodpeckers, tufted titmice, or chickadees chipping away bark for insects.



DONORS TO PITTSBURGH COUNCIL, AYH

Pittsburgh Council gratefully acknowledges the recent contributions of these members. Your donations toward a Pittsburgh Hostel, Headquarters Renovation and the General Fund are helping AYH provide valuable services to its members and the hosting public.

Eric Bauer
Bernard M. Bench
Gerald D. Blum
J. Robert Derry
Gabriel J. DeSalvo
Analee & Charles Fitzgibbons
Marian Furness
Henri Garvin
Hugh Gilmour
Bert Hanson
Maynard J. Hanson
Aylene Harper
Joe & Cheryl Hoechner
Donald A. Hoecker
Rodney Horner
Fred & Eileen Hull
Larry Hull & Jan Welch
Larry Laude
Dottie Lindsay

Nathan & Karen Little
Audrey Liu
Jacqueline P. Lyall
Robert McGoff
Judy Menosky
C. Grace Pischke
David Porterfield
Norman T. Ravensborg
James L. Ritchie
Mr./Mrs. S. Sattinger
Carolyn Sheffer
Billie & Jerry Sherman
D. M. Shevchik
Linda Smithyman
Kenneth R. Tilton
David Wilks
Donald J. Woodland
Anne W. Yearick

And a special thank you to Beth and Sara Parker for a very generous donation to Pittsburgh Council, AYH Hostel!

T.R.M CYCLES

April 6, 13, 20, 27 every Saturday for beginners, call Tom Mantel 343-6885.

Meet at TRM Cycles, 703 Washington road in Mt. Lebanon for an exciting day of mountain bike riding trips. Locations change along with times and details of each trip so give Tom a call for all the details and if Tom is not available, Tom's staff will be happy to fill you in. See you on the mountain!

April 6, 13, 20, 27 every Saturday, Int/Adv
Tom Mantel 343-6885

Please see above description, except this will be an advanced trip.

Wedding Invitations

Our wedding consultants will help you select beautiful wedding invitations and announcements. They offer you the largest selection of invitations at very reasonable prices. Invitations that let you express the mood you wish to set for your special day.

By Appointment

SUNDOWN GRAPHICS

Answers 24 Hours 373-9196

discount for AYH members



Terry Bicycles – fit for a woman

Tires, tubes and sprockets aren't the only things that make up a bicycle; fit can mean the difference between a pleasant ride and a torture rack. Terry Precision Bicycles for women are designed to provide comfort with features for the novice rider as well as the sophisticated tourer or racer. Based on the unique proportions of women, the entire bicycle has been sized to meet the needs of the female cyclist. See your local dealer for a test ride.

SCHWINN BICYCLE CENTER
CYCLING AND FITNESS
1907 W. State St. New Castle, PA
16101
(412) 652-3434

BICYCLING AND MORE
SCHWINN CYCLING AND FITNESS
1656 E. State St., Sharon, PA 16146
(412) 342-2031

G e o r g e n a
TERRIRY



AYH AND THE 1991 GREAT RIDE

MEMORIAL DAY. Yes this year's GREAT RIDE will be on Memorial Day (Monday May 28) instead of in June to cooperate with the Thrift Drug Classic Bike Race on Sunday May 27. As with last year, Pittsburgh Council will be providing the bulk of the volunteer support for registration, rest areas, and corner marshals. We will also need support before the ride for set up and ride preparation. Please contribute your time to help put on the largest bike ride in the tri-state area! Also, since a portion of the proceeds will again be donated to the Pittsburgh AYH-Hostel, your volunteer support will also be directly benefiting the hostel as well.

About the Great Ride itself — this year will again have 15 mile, 25 mile and 50 mile rides. The 15 and 25 mile rides will leave together at 10 a.m. from Flagstaff in Pittsburgh's Schenley Park. The 50 mile ride will leave at approximately 8 a.m. from the same location. We are still negotiating the route of the 50 mile ride; I expect that the route will be shifted westward due to the closing of the Hulton bridge and will join up with the route of the 25 mile ride at Three Rivers Stadium. The 15 and 25 mile rides will follow essentially the same routes as last year, and the 25 mile ride will again offer an optional climb up Mount Washington. An application for the Great Ride will appear in the May Golden Triangle.

For information on volunteering call Larry Laude at 412-6654-9554 or Bill Eberle at 412-833-9732.



SUNDAY APRIL 7, 1991

A major section of the Tri-State Diving Community thoroughly enjoyed ourselves one Sunday in April last year so much that we've decided to give it another go, and with one under our belt, this year's program should be fantastic!

The feature attraction will be DEE SCARR, famed author and underwater photographer of "Touch the Sea" and "The Gentle Sea".

Some twenty afternoon programs are also scheduled including:

- "BEGINNING U/W PHOTO"
- "CHOOSING FILM"
- "SUCCESSFUL SHOTS"
- "CONSERVATION"
- "THE AQUA ZOO"
- "CAVERN DIVING"
- "DIVE COMPUTERS"
- "U/W ARCHAEOLOGY"
- "ADVANCED WRECK DIVES"
- "THE CARIBBEAN"
- "DIVE MEDICINE"
- "SALTWATER TANKS"

PLUS . . .

- DISCOVER SCUBA
- MAJOR MANUFACTURER DISPLAY BOOTHS

CALL (412) 531-5577 FOR
ADDITIONAL DETAILS AND
TICKETS.
DON'T MISS THIS ONE!

MEMORIAL DAY WEEKEND ACCOMMODATIONS

Pittsburgh may be the place to be next month on Memorial Day Weekend, May 25th - 27th! If you are coming in to watch/help/participate in the Thrift Drug Classic Bike Race on Sunday or the Citiparks Great Ride on Monday (Memorial Day) you'll need a place to stay.

Point Park College (S.A. Hostel) has 100 beds available to AYH members at \$7.50 per night. It's located right downtown about 3 blocks from the starting line. It has NO free parking and access to the dorm tower is slightly convoluted as you must enter through the main building and then cross over Wood Street to get to the dorms. Call House Parent John Hopp for reservations at 412-392-3824 or 412-391-4100.

Pittsburgh V.R.C.(S.A.Hostel) has 32 beds available to AYH members at \$10 per night. It's located about 6 blocks from the starting line in the Uptown area, next to the Duquesne University Campus. It has FREE weekend parking and is an easy access, three story building. This supplemental accommodation hostel was licensed in January 1991. For reservations contact Tom Bock at 412-471-2600.

Rego's Hotel (S.A.Hostel) is located in Charleroi, PA, about 27 miles south of Pittsburgh along the Monongahela River. It has 4 beds for AYH members at \$10 per night. (More beds available as demand warrants). Free parking is available nearby at this turn-of-the-century hotel within two blocks. There is direct bus service to downtown Pittsburgh. Contact Hostel Manager Vicki Baxter at 412-483-6200 for reservations.

New Technologies

Urgings by environmental groups, such as GRIP, to make more complete use of waste because recycling alone will not abate solid waste problems had so far been met with rebuffs and with a litany of reasons why it could not be done. But all the while, some engineers have been hard at work developing new technologies, and, some entrepreneurs are backing them with capital investment. Here are a few of the new ideas on the horizon. Some of these new waste technologies will take root, others will, no doubt, fall by the wayside (deservedly so, perhaps).

ADVANCED ENVIRONMENTAL RECYCLING TECHNOLOGIES (AERT) - AERT of Arkansas says it can make building products from a mixture of scrap plastics and wood or paper waste. The firm has gone public, selling \$5 million worth of stock. AERT's first plant will process 12 million pounds of plastic-coated paper annually. The end product is called Bioplastic, a short-grained, dense, hard, speckled material that can be extruded into lengths up to eight feet.

(Plastic + Wood = Plastic Coated Paper)

BIOMASS INTERNATIONAL - Hydrolysis can produce base sugars from a reaction between cellulosic materials and hydrochloric acid. Such base sugars can then be used to produce ethanol, a commodity fuel. Biomass International says that garbage contains enough cellulosic materials to make hydrolysis profitable. It has proposed a 400 ton/day waste recovery plant for Odgen, Utah.

K-R BIOCHEM - This corporation wants to build a commercial scale waste-to-ethanol plant. The firm's researchers say that as much as 80 percent of the municipal solid waste will be converted into ethanol in the proprietary acid hydrolysis process. The proposed West Virginia facility will produce 50,000 gallons of fuel daily.

ENERGY CONVERSION SYSTEMS - ECS believes usable gases and oil can be produced from the pyrolysis of garbage. Pyrolysis is the decomposition of a material or substance by heating in an oxygen-starved environ-

ment. ECS claims its technology produces minimal ash.

FRONTIER INDUSTRIES INC. - Frontier has developed a technology - the SWEPT 10 Solid Waste Management System - that converts garbage into charcoal or char. Wastes are heated at temperatures reaching 1,500F, producing 300 pounds of char from 1 ton of municipal solid waste. According to president R. Taeger, the char can then be used as a fertilizer. A commercial test facility is operating in Rock Island, Illinois, and SWEPT 10 is being marketed worldwide.

GILDH and FUJI RECYCLE Industries of Japan have found a way to turn plastic waste into gasoline, kerosene and diesel oil. The method uses a catalyst and temperatures around 800°F to reverse the process that turns oil into plastic. Yield is 1/2 liter of gasoline and 1/2 liter of kerosene and diesel oil per kg of plastic (1 kg = 2.2 pounds).

Eveready Battery Company - Thanks to the demands of consumers, environmentalists and recyclers, Eveready has introduced its reduced mercury alkaline battery into the U.S. market. Their new batteries will have no more than 0.025% mercury by weight, which is a significant reduction from previous levels. Although not perfect (the batteries are still unrecyclable), the new reduced mercury batteries will contribute less toxic heavy metal to the environment.

From: Resource Recovery, June 1990

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American Youth Hostels is a nonprofit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs through U.S. affiliate of the International Youth Hostels then 5,400 hostels worldwide—the largest

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Guidelines for Contributors

- Articles of interest to our members are welcomed—subjects relating to our trips and activities, the environment, the outdoors, etc. Articles to be submitted should be:
- On a 3.5" Macintosh disk with files formatted as text. The disk will be returned to you.
 - Sent to the Editor via modem when prior arrangements are made. Comp-U-Serve ID 73467-3201.
 - Sorry I can't accept more than a couple of short paragraphs of hand-written copy. The use of material will be limited to available space. Place articles in the Editor's box at AYH Headquarters or mail them to The Golden Triangle, 6300 Fifth Ave., Pittsburgh, PA 15232 Jan Bugby, Editor



MEMBERSHIP APPLICATION
AMERICAN YOUTH HOSTELS
PITTSBURGH COUNCIL
6300 FIFTH AVENUE
PITTSBURGH, PA 15232



Membership types available:

- \$25.00 Adult Membership (age 18 to 54, with renewals available at only \$15)
- \$10.00 Youth Membership (age 17 and under)
- \$15.00 Senior Citizen Membership (age 55 and over)
- \$35.00 Family Membership (includes children under 18, with renewals available at only \$25)
- \$50.00 Supporting Membership
- \$100.00 Sustaining Membership
- \$250.00 Life Membership (individual lifetime membership)
- \$18.00 Foreign nationals, including Canadians
- \$10.00 Vol. I, International Hostel Handbook (Europe & Mediterranean)
- \$10.00 Vol. II, International Hostel Handbook (Africa, Americas, Asia & Australia)
- \$14.00 Cotton sleep sack, required at all international hostels
- Donation for Hostel Development Fund (tax deductible to extent permitted by law)
- Total - make all checks payable to: PITTSBURGH AYH

MEMBERSHIPS ARE VALID FOR 12 MONTHS FROM MONTH OF ISSUE

NAME _____ (last) _____ (first) _____ (middle)

STREET _____

CITY _____ STATE _____ ZIP CODE _____

Birthday: Month _____ Day _____ Year _____ PHONE _____

Were you a member of AYH last year? No _____ Yes _____ Pass # _____

I would like to volunteer, please contact me: Yes _____ No _____

How did you hear about AYH? _____

(Signature) _____

AYH MEMBERSHIP BENEFITS

- International Hostel membership card plus Pittsburgh Council I.D. card good for discounts at local bike shops and outfitters.
- USA Hostel Handbook, listing over 250 Hostels in the United States.
- The Knapack, National AYH travel newsletter.
- The Golden Triangle, Pittsburgh Council's newsletter of trips and activities.
- Open house Thursday nights at Council headquarters.
- Access to National travel programs and Leadership Training courses.

The Golden Triangle

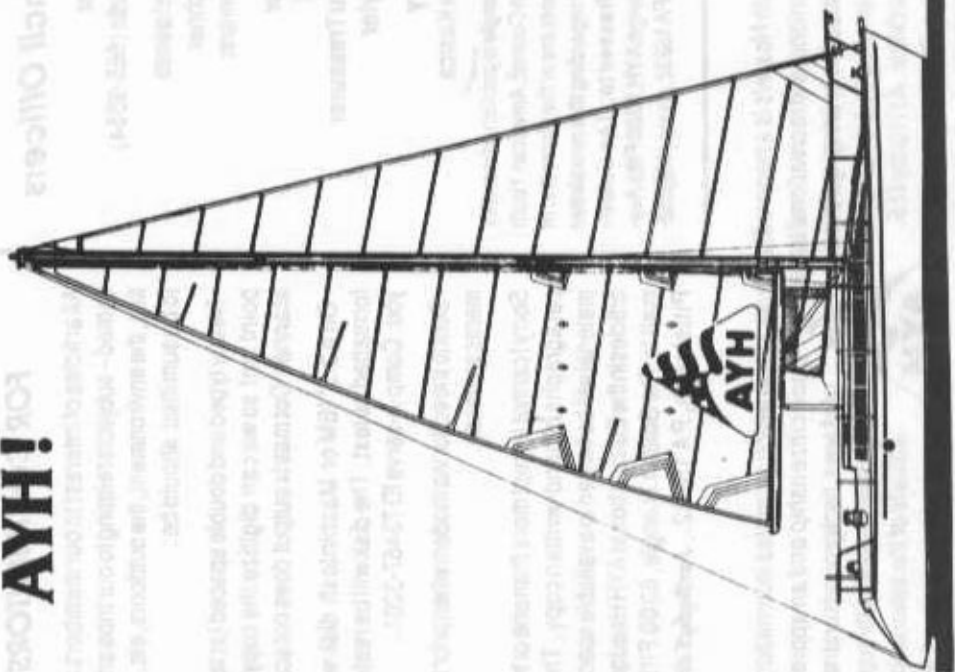
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American Youth Hostels

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