golden triangle

ayh

pittsburgh council, american youth hostels, inc.

Volume 24 Number 9 September, 1973

******OPEN HOUSE***** 8:30 Thursdays

September 6

Pennsylvania from a bicycle seat! Revisit many of the places AYH cycle trips have gone this summer.

September 13

To eat or not to eat? Rich Bartoo helps decipher the mysteries of wild mushrooms.

September 20

"Family in the Wilderness."
Film of a 70 mile journey on an Artic River descending 2500 feet along its course undertaken by a family of four and their dog.

September 27

"Estuarine Heritage ." This film stresses the importance of estuaries for species such as shrimp, clams and oysters and depicts major threats to estuarine resources.

COME TO THE AYH PICNIC!! Information on back page. "604...SEE THE COMPLAINANT...
STOLEN BICYCLE REPORT!"

Bicycle theft is an increasingly serious problem. A conservative estimate is that about 3000 bicycles will be stolen in Allegheny County this year -- a property loss of about \$250,000.

Here are a few hints that can help frustrate bicycle bandits:

1. If I Turn My Back On My Bicycle It's Locked! Whenever you are not actually holding onto the bicycle, it

where or how close to you you've parked it -- even in your home or office. Be sure to also lock it when you carry it on a car rack. Don't leave your tool kit or anything else valuable in a bicycle bag.

2. Park Your Bicycle Properly.

If possible, take your bicycle indoors with you. Many offices and motels will let you do this. At home, it is better to lock a bicycle in the basement of the furnace room than in the garage. Outside, it is best to lock a bike near a window where you can keep an eye on it. Otherwise, park it in a conspicuous busy place, such as near a building entrance. Do not park it in an

Stolen bicycles cont.

out of the way place and never leave it out at night.

3. What Kind Of Lock To Use? There is no chain, cable, or lock made today for locking bicycles that cannot be cut with the proper tool. Thieves have these tools. The following equipment will make it difficult for all but the most determined thieves (there are even plenty of these).

Lock -- Use a big one - with a case-hardened snackle at least

3/8" in diameter. Key or combination is up to you.

Cable -- At least 5/16" in diameter. 4 feet long to lock up just the rear wheel and frame. 6 feet long to lock the frame and both front and rear wheels. Get it in a vinyl sheath to prevent scratching the bike, but be sure to push back the vinyl and measure the actual diameter of the cable before you buy it.

Chain -- Case-hardened - with links of at least 4" wire diameter and preferably 3/8 " wire in a rubber of vinyl sheath to prevent scratching the bike. Chain is heavy, so you might get 3 or 4 feet to lock the rear wheel and frame and use a cable lock for the front wheel.

If you have a ten-speed bike, you'll need the best type of locks. A 3-speed can do with less, and a one-speed "trashmo" with even less.

- 4. How To Lock Your Bicycle.

 The only way to securely lock your bicycle is to pass the chain or cable through the frame, through the rear wheel, and around a very stationary object such as a sigh post, light standard, water pipe, tree, or bike rack. Many bicyclists use the space-age principle of redundancy and lock their bikes with two or more separate sets of locks and chains or cables. If you are riding with a companion or in a group, you should lock all the bicycles together.
- 5. Identify Your Bicycle Right now, if you haven't already done so, write down the serial number of your bicycle along with its make, model, color, number of speeds, and other descriptive information. Keep this in your wallet at all times, and also keep it with your important papers at home. Slip a card with your name and address on it behind one of the handlebar plugs or inside the rear tire. Mark your bicycle with your drivers licensenumber on the underside of the frame. Register your bicycle with the Allegheny County Police, with "Operation Identification" of the Pittsburgh Police, or other law enforcement agency. Support plans that are underway to introduce legislation calling for compulsory, statewide bicycle registration in Pennsylvania. (There are also some privately operated national registration services and bicycle insurance available -- ask a bicycle dealer for further information.) If your bicycle is stolen, call the police immediately, and make as detailed a report as possible. In general, the chances are poor that a stolen bike will be recovered and returned, but the above measures will definitely improve upon those chances for you.
- 6. Be Alert For Bicycle Thefts Be suspicious and call the police if you happen to see such things as anyone using a tool near a locked bicycle or anyone loading or carrying bicycle(s) in a truck. Also be suspicious of anyone having two or

Stolen bicycles cont.
more bicycles for sale, trying to sell a bike quickly, reluctant to
provide complete personal identification and bill of sale, or asking a
low price for a 10-speed bike. Get as much information as you can
and call the police.

TRIPS AND TRAILS

The trips listed below are open to the public on a first come, first served basis with AYH members having priority. Call the trip leader to make reservations and to fing out more about the trip; equipment needed, experience required, etc. Cost of a trip includes 10¢ for insurance, 30¢ AYH registration, and equipment rental if any. Each tripper is insured for up to \$500 medical expenses. If you should decide to cancel your reservation, please inform the trip leader.

Tuesday and Thursday night bike rides -- Due to early darkness in September, all park rides will leave promptly at 6:30. Try to be at Hostel by 6:15 with proper headlights, reflectors and light colored clothing.

WHAT TO BRING ON RAFT TRIPS: Lunch, river clothes, river shoes, dry clothes, dry shoes. Raft trips are open to members only.

mon. 3 with the mighty New River in south central West Virginia.

Experience on the Yough is necessary. Call Phil Mason (421-8763) for details and reservations.

- Sat 8 RAFTING Joe Hoechner leads this trip on the lower Yough. Cost about \$5,50, leave Hostel at 8:00, call Joe at 343-2465.
- Sat 8 CYCLING Mary Ann Brincka (431-6491) is leading a 21 and over trip to Slippery Rock to scout a bike guide route. If anyone over 21 would like to chance an unknown route and offer their opinion and comments, sign up with Mary. Cost around \$3.00. Leave AYH at 8:30 with lunch.
- Sun 9 HIKING AND TRAIL MAINTENANCE Baker Trail, Section 7. It's time to repaint the blazes on this section. September should be a good time because there are lots of wild grapes. Don't count on grapes for your food supply, though, bring a lunch. Wear hiking boots and old clothes or yellow clothes (the color of the paint). Cost about \$2.55. Leave upper parking lot at 8 a.m. Reserve with Dave Porterfield at Open House Sept. 6 or call 452-7071 (toll call).
- Sun 9 CYCLING
 Sun 9 CYCLING 1973 Patch Freaks: Earn 2 AYH patches. See Joe Hoechner (343-2465) for details on the Bike Derby Ride for the Heart Fund. Then see Jim Roberts between 8:00 a.m. & 9:00 a.m. at the 3 Rivers Stadium to sign up for a 50 mile in 5 hours AYH patch. Have an odometer on your bike or ride with a friend that has one.
- Fri 14 CYCLING Mike and Pat Wolf are leading that 2 day, 90 mile to bike trip along Ohio's Bikeway. For more details and reservations Sun 16 call them at 563-4368.

- Sun 16 CANOE-SAILING If you would like to try it, call Gordon Bugby at 371-4233. Cost about \$6.00, leave AYH at 8:00.
- Sun 16 RAFTING Jack Kawolski (681-1611) leads this trip on the lower Yough. Cost about \$5.50, experience preferred, leave at 8:30.
- Fri 21 HIKING Join Norm Snyder on a hike to Spruce Knob, about 15 miles to on top of West Virginia's highest mountain. Leave Fri. at 7:00 p.m. Sat 22 come back Sat night, bring own food and sleeping equipment.

Sat 22 come back Sat night, bring own food and sleeping equipment. Reserve with Norm at 371-2371.

- Fri 21 CANOE CAMPING Canoe the Shenandoah Starcase, stay Fri. and Sat. to nights at the Harpers Ferry, Virginia Hostel. Cost about Sun 23 \$15.00. Contact Phil Mason for details 421-8763.
- Sat 22 <u>CYCLING</u> Joe Hoechner will scout a 25 mile route in the South Park area. Sign up and give your opinion on this route for the bike guide. Cost is about \$2.00, bring lunch and leave AYH at 8:30. Contact Joe at 343-2465.
- Sat 22 <u>HIKING</u> Two day hike along the Baker Trail, section to be announced later. Check with Cliff Ham for details 687-4960. Sun 23
- Sun 23 CYCLING- Mike and Marta Hurwitz are exploring our new Baker
 Bikeway route. Come and test the route for the new bike guide.
 Leave AYH at 8:30, with lunch and about \$3.00. Go about 20 miles.
 Contact Mike or Marta at 731-1083
- Fri 28 CYCLING John Dixon is leading another midnight bicycle trip to the Point, followed by a climb up Mt. Washington. Leave AYH at 11:30 p.m. with bike lights and bright clothing. Cost about 40¢. Contact John for reservations at 731-3330.
- Sun 30 CYCLING Steve Uhler is scouting a 40 mile rugged bike route to the Boyce Park area. Leave from AYH at 9:00 a.m. with lunch and 40¢. For more information and reservations contact him at 271-9250.
- EVENING CYCLE TRIPS FOR SEPTEMBER The evening trips leave AYH at 6;30 p.m. Usually one of the city parks or bikeways is toured.

September 4 Mike Wolf Leaders for September

4 Mike Wolf 18 Liberty Elyash 6 Jim Roberts 20 Jim Metcalff

11 Larry Giventer 25 George Zattler 13 Jack Kowalski 27 Joe Hoechner

George Chin who was injured in a bike accident last month is improved but he is still enduring much pain. Blood donations have more than covered his needs and have been greatly appreciated. A raffle is being held to help the Chin family with any uncovered medical expenses. Willi's Ski Shop has contributed 2 Atala Grand Prixs as prizes. Chances are \$1.00, and are available at either of Willi's shops.

"FIRST ANNUAL AYH FAMILY PIC NIC

SATURDAY, OCTOBER 6, 1973

at <u>SPREADING OAK</u> on <u>EAST PARK DRIVE</u> in SOUTH PARK

Directions: From South Park entrance take Corrigan Dr. to the circle, go 3/4 around circle & turn right on East Park Dr. Extension. Follow it to SPREADING OAK building.

FUN - FOOD - GAMES - PRIZES - DANCING - HAYRIDES Donation: \$3.75

TIME: Meet at Hostel - 1:00 P.M. ** South Park - 2:30 ** Dinner - 6:00

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No. Reservations at Youth (13 & under) Hayride -	\$3.75 \$2.50 \$1.25 \$1.00	(adult) (youth)	

Make check payable to: Pittsburgh Council AYH, Inc.

Contact: Kay Lew, 305 North Negley Avenue, Pgh., PA. 15206 - Phone: 661-421 Don Hoecker - 243-8298

Pittsburgh Council AMERICAN YOUTH HOSTELS, INC. 6300 Fifth Avenue Pittsburgh, Pennsylvania 15232

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