

HOSTELLING  
INTERNATIONAL

# GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

*Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.*

VOLUME 45, NUMBER 6

JUNE 1995



## Features



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For information on The Great Ride, turn to page 5.

The "Young at Heart" Go Hiking With HI-AYH Discovery Tours. Offer Seven Van/Hiking Trips for 50+, see page 2 for details

Summer is here, and the PGH-AYH has the gentle breezes needed to fill your sails. The AYH sailing classes begin in June. Classes fill fast, so check out page 4 today!

We continue, with the second part of master story teller, Glenn Oster's latest adventure "Why Washington" on page 6.

Have you checked the AYH travel store lately? New merchandise arrives everyday & we now accept major credit cards, take a look at the back page.

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.....And MORE!!!

## Hostelling International Splashes Into Orlando with Resort Hostel

Hostelling International-American Youth Hostels (HI-AYH) announces the opening of its first "resort-style" hostel in the Orlando area, just five miles from Walt Disney World.

Hostelling International-Orlando Resort features a large swimming pool, barbecue area, and volley ball court all on two acres of park-like grounds. Situated on the shores of Lake Cecile, the hostel's air conditioned accommodations provide 200 beds in small dorm rooms with ensuite bathrooms, family rooms and private double rooms. Free parking is available on site.

Hostel guests can enjoy a variety of activities, including paddle boats on Lake Cecile. A concierge desk will provide up-to-the-minute information on attractions in the area, tickets, restaurants, etc. Daily shuttle service will be provided to several of Orlando's famous attractions from the hostel.

Overnight rates are just \$12-14 plus tax for HI-AYH members. Reservations are easy by calling the AYH reservations number 1-800-444-6111, seven days a week, from 9 am to 9 pm eastern time, or by calling the hostel directly.

Hostelling International-Orlando Resort 4840 West Irlo Bronson Highway (U.S. 192) Kissimmee, Florida 34746  
Phone: 1-407-396-8282, Fax: 1-407-396-9311

**Note:** The Plantation Manor hostel in downtown Orlando is still welcoming hostellers. Call 1-407-843-8888.

## New Hostelling International - Toronto Opens

Hostelling International - Toronto offers attractive, air conditioned private and double rooms (maximum 3 persons per room). Each room has a vanity ensuite. Laundry and kitchen facilities are available and linen is provided. A swimming pool, fitness club, squash courts, tennis courts and gymnasium are available for guests.

A restaurant overlooking the spacious, attractive lobby is planned for the ground level for 1996. Prior to the restaurant opening, a discount is offered at a local cafe.

The hostel is open 24 hours, year round, with no curfew. Centrally located in downtown and walking distance to major attractions, bus station and local transit.

The lobby/reception desk will provide information on major attractions, discount theatre tickets and special events, including "The Canadian Experience", a 2-1/2 day journey which includes a farm stay and stops at Niagara Falls and the Elora Gorge.

Major city attractions, such as the CN Tower, Royal Ontario Museum, shopping districts, Lake Ontario harbourfront area, and theatres, are within walking distance. Toronto's excellent public transportation system makes other parts of the city easily accessible and affordable to reach.

In keeping with hostelling's philosophy of affordable accommodation, prices are \$19.95 per person, plus 5% government tax. Credit cards: MC, VISA, JCB.

Reservations are essential, especially for groups and during the summer. To make reservations, call the North American hostel reservation line at 1-800-444-6111; or Hostelling International - Toronto, 90 Gerrard Street West, Toronto, Ontario M5G 1J6, Phone: 416-368-0207 Fax 1-416-368-6499

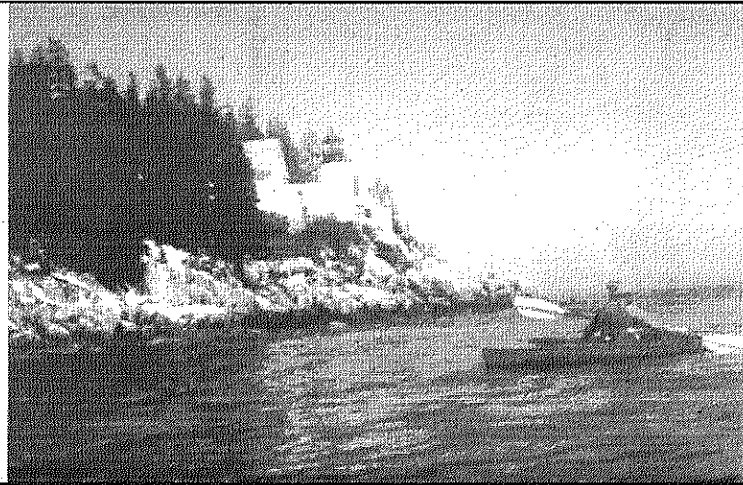
## OHIOPYLE WORK PARTIES

Sunday, June 25  
Watch for other work party dates throughout the summer.

Please help volunteer for our Ohiopyle Hostel clean-up parties. If you can volunteer a few hours of your time to help paint, move furniture, clean, wash windows, do yard work or whatever talent you have, it will be very much appreciated. Free lunch for all volunteers and also, you can stay overnight for free but you must make a reservation in advance. We're also looking for some donated items: (Upright Piano, refrigerator and crib). We will meet at headquarters at 8:30 PM. and will be back around 6:00 PM.. Call Jacky Eberle if you have any questions or would like to sign up!

\*ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL RECEIVE A FREE OHIOPYLE SWEATSHIRT.  
\* ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL be eligible for the "OHIOPYLE VOLUNTEER OF THE YEAR" AWARD  
--Jacky Eberle, Work Coordinator at 833-9732

Sea-kayaking past the Bass Harbor Lighthouse on Mt. Desert Island (Acadia National Park). See the activities listing for our return to Maine next month



## AMERICAN YOUTH HOSTELS

PITTSBURGH COUNCIL  
5604 SOLWAY STREET  
PITTSBURGH, PA 15217

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## HOSTELLING



**Pittsburgh Council, American Youth Hostels, Inc.**

Serving Western Pennsylvania & West Virginia Panhandle  
Since 1948, Incorporated 1955

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## Triangle Staff

Managing Editor ... **Wm. Eberle**  
(412-833-9732)

Copy Editor ... **Jacky Eberle**  
Special Thanks to **Diana Alexander**  
for typing/proofing help; May 95 issue  
Mailing Labels ... **Roy Weil**  
Production ... **Don Hoecker**  
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(412-422-2282)  
**Helen Coyne**  
**Don Henry**

## Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

## MATERIAL...

All material to be published, should be sent to the address below. It Can be submitted on Disk in either IBM or Mactintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

**American Youth Hostels**  
**The Golden Triangle**  
5604 Solway ST.  
Pittsburgh, PA 15217  
Office: (412) 422-2282

PITTSBURGH COUNCIL  
ACTIVITY CHAIRS

Chairman of the  
Activities Committee

VACANT.....###.####

Canoeing

Paul Henry ..... 962-1511

Cross Country Skiing

Steve Tubbs ..... 279-4866

Cycling

Wm Eberle ..... 833-9732

Chuck Ejzak ..... 466-6196

Family Activities

Barbara Hanusa ..... 441-7205

Hiking / Backpacking

Veronique Schreurs.....###.####

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Kayaking

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Ray Yutzy ..... 341-5682

Midweek Rambles

Cliff Ham ..... 687-4520

Rafting

Doug Bruce ..... 561-5037

Rock Climbing

Eric Bauer ..... 687-0766

Sailing

Joel Hough ..... 727-2807

Bob Zavos ..... 241-0659

Sea Kayaking

Mark Mistrik ..... 344-8665

Alpine Skiing Coordinator

Wm Eberle ..... 833-9732

Trips Coordinator

Vicki Krug..... 361-4386

Trail Systems

Glenn Oster ..... 364-2864

Jim Ritchie ..... 828-0210

Headquarters Programs

VACANT .....###.####

Chris Kline ..... 441-7352

Storekeeper

Wm Eberle ..... 833-9732

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Caving, Volleyball coordinator,  
Ast. Store Keeper, HQ Volunteers

## NOTICE

Please note the deadlines for  
future issues of the  
**GOLDEN TRIANGLE**

## July

All copy, June 1  
Binding/Mailing, June 22

## August

All copy, July 6  
Binding/Mailing, July 27

If your work is on computer,  
Please contact Bill Eberle  
@ 833-9732 or  
76202.3051@Compuserve.com

## Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

## About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation (IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

## DISCOVERY TOURS

The "Young at Heart" Go Hiking With HI-AYH  
Discovery Tours. Offer Seven Van/Hiking Trips for 50+

The "youth" in Hostelling International-American Youth Hostels refers to both the young and the "young at heart." HI-AYH's Discovery Tours travel program offers seven van/hiking trips this summer for adventurous travelers 50 years or older.

Trip participants enjoy the passing vistas while our van driver/trip leader takes them to the hiking trails of the day. These van/hike trips use a base camp to leave packs and gear, allowing hikers to keep the load light with only a day pack and water bottle.

Discovery Tours are both vacation and educational adventures where programs are conducted by park rangers and other experts, interpretive centers in national parks are visited and time is spent for exploration. These hiking trips are also rated for hiking skill level - from easy to expert. Small groups are featured, usually nine plus an HI-AYH trained trip leader.

**Mountain Parks West** - \$1150 - 15 days - Explore Rocky Mountain, Grand Teton and Yellowstone National Parks - some of the best scenic treasures in the USA. Participate in ranger-led interpretive programs in each park.

**Canada's Mountain Parks** - \$995 - 15 days - Hike throughout magnificent Banff, Jasper, and Yoho National Parks from a chain of wonderful Canadian hostels in the Rockies.

**Parks Alaska - The Last Frontier** - \$1575 - 21 days - This Alaskan odyssey sets out from Anchorage to visit Denali National Park and Wrangell St. Elias National Park - the largest national park in the USA, yet one of the least known and visited, and more.

**Northwest Parks Explorer** - \$625 - 9 days - See the best of Washington State, including Mt. Rainier and the rain forests, coastline and old growth forests of Olympic National Park, a World Heritage Site and Biosphere Reserve.

**Oregon - From the Mountains to the Sea** - \$950 - 15 days - From Portland to the Cascade Mountains, from an evening at Ashland's famous Shakespearean Festival to the fabulous Oregon coast - trip participants will sample a variety of Oregon's best.

**Coastal Adventure** - \$750 - 11 days - Travel the rugged, scenic Oregon coast on down to California where your group will hike among the magnificent centuries-old coastal redwoods and explore California's famous wine country.

**Enchanted New Mexico - South** - \$660 - 9 days - Discover the diverse land of southern New Mexico - from the arid Chihuahuan Desert to the alpine slopes of the Sierra Blanca. Learn about the ancient culture of the Mimbres Indians, their dwellings and famous pottery.

In addition to the trips listed, a wide variety of other international and domestic Discovery Tours in the "adult" (18 and over) and "open" (13 and over) categories are also available to seniors.

Hostels are used for overnight accommodations where possible, in addition to camping. Hostels provide dormitory-style lodgings with separate quarters for males and females, self-service kitchens, dining areas and common rooms for relaxing and socializing. Hostels are as individual as their locations, from a former dude ranch in Colorado's Rocky Mountains to a rustic cabin with a sauna in Banff National Park, Canada.

Discovery Tours travel "light on the land", using low-impact camping and hiking practices. Hostels practice "sustainable living" principles, employing recycling, energy and water conservation, waste reduction and more.

For a free Discovery Tours catalog, call or write to the Pittsburgh Council Travel Center. (see back page for information)

## June Slide Shows

|                |  |
|----------------|--|
| <b>June 1</b>  | Traveling in Indonesia. Steve Poprocky |
| <b>June 8</b>  | To be announced                        |
| <b>June 15</b> | Bicycling in Florida. Glenn Oster      |
| <b>June 22</b> | To be announced                        |
| <b>June 29</b> | To be announced                        |

Doors open: 8PM. Slide Shows: 8.30PM

Share your Slide Show trip!

To schedule a show call:

422-2282(daytime) or 362-8181 (8-10 PM Thurs.)

## Pittsburgh Council Hostels

**Ohiopyle AYH Hostel**  
Ohiopyle State Park  
PO Box 99  
Ohiopyle, PA 15470  
(412) 329-4476

**Living Waters AYH Hostel**  
RD #1(1 mile west on Route 30)  
Schellsburgh, PA 15559  
(814) 733-4212

**Charleroi Youth Hostel (SA)**  
Rego's Hotel and Restaurant  
601 McKean Avenue  
Charleroi, PA 15022  
(412) 483-6200





## Update on the Pittsburgh Hostel



The news has been all good for our hostel project. We have received a verbal confirmation of two foundation grants totaling \$175,000 awarded to the project. This makes us about three quarters through our fundraising. We are waiting to hear about two other foundation grants and a federal grant.

Our architect, Suzan Lami, has been working with a contractor to firm up our construction estimates and the project team is still working to identify the general contractor for the project.

The Pittsburgh Council Board of Directors has agreed to enter into a partnership with SPERT to develop the project with the agreement that Pittsburgh Council HI-AYH be the general partner and operator of the hostel. The Board has also agreed to commit \$100,000 from the hostel development fund as Pittsburgh Council's equity in the project. We are currently just \$13,000 short of this amount in the fund. In addition, we will need to raise about \$35,000 for furnishings for the hostel.

This summer we will be holding a fundraising campaign to raise this money. Norm Goldberg, of Agnew, Moyer, Smith is donating his time to design a brochure and Martin Media has offered us billboard space. As usual, the proceeds of the Council's bike rides will go toward the Hostel.

For those of you who have already donated to the project, we give you our warmest thanks. For those of you who have not, please consider making a tax deductible donation to the hostel.

In addition to plaques for bunkbed donations, for major donations, there are naming opportunities available for the common room, dining room, kitchen, dormitories and other rooms in the hostel.

For more information, please call me.

Marianne Kasica,  
President  
412-665-9554

## Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your pledge today.

Yes, I would like to make a pledge of support for a  
Hostel in Pittsburgh in the amount of:

- ☐ \$2500
- ☐ \$1000
- ☐ \$500
- ☐ \$250
- ☐ \$100
- ☐ \$50
- ☐ Other: \$ \_\_\_\_\_



Yes, I can also volunteer my time for:

- ☐ Fundraising
- ☐ Construction
- ☐ Public Relations
- ☐ Clerical help
- ☐ other: \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Mail your Pledge to:  
AYH  
Pittsburgh Hostel Fund  
5604 Solway St., Pittsburgh, PA 15217  
412-422-2282

## AYH Joins the Internet!

Hostelling International - American Youth Hostels is now a presence on the Internet, merging onto the "Information Superhighway" with information on its hostels (in the U.S. and abroad), travel programs, publications and more. HI-AYH's information and services are offered in partnership with O'Reilly & Associates through its Global Network Navigator.

**Detailed Information on Hostels:** HI-AYH has a network of 150 hostels in the USA — in major cities, national and state parks and other areas of historic, cultural and recreational interest. Hostels are very inexpensive accommodations for travelers of all ages. They feature dormitory-style rooms with separate quarters for males and females, self-service kitchens, dining areas and common rooms. Many hostels have family rooms which can be reserved in advance. Detailed information is available, free of charge to Internet users, on these hostels as well as a selection of hostels abroad, including how to make advance reservations.

**Monthly Features:** HI-AYH will provide monthly features on new hostels - in the U.S. and abroad - historic buildings as hostels, hostels with special features and programs and more.

**Hostelling International-American Youth Hostels:** HI-AYH is the U.S. affiliate of the International Youth Hostel Federation (IYRE) which encompasses nearly 5,000 hostels in 77 countries - the largest network of accommodations in the world. Hostelling International and the Blue Triangle with the house and tree are the new trademark and seal of approval of the IYRE, ensuring the traveler of quality budget accommodations and travel programs. For additional information contact: 1-800-444-6111. Internet users may access the HI-AYH Center on GNN at URL <http://gnn.com/gnn/bus/ayh/>.

**Global Network Navigator:** GNN is an Internet-based digital publication and online service that helps readers make sense of all that the Internet has to offer. As part of its service, GNN offers up-to-date news, online forums, the industry's most complete Internet directory, online advertising, special interest publications and online ordering through GNN Direct.

GNN's URL is <http://gnn.com/>. Those with e-mail can receive information and registration forms to GNN by sending e-mail to [info@gnn.com](mailto:info@gnn.com). Information is also available by phone at 1-800-338-6887.

## LEWISBURG TRIPS AND NEWS...

Lewisburg Area Community Center  
100 North Fifth Street  
Lewisburg PA 17837

On April 23, five people went on a bicycle trip in the Cherry Run, Poe Paddy, Weikert area. This turned out to be a more strenuous ride than planned but was a beautiful day and completed with only one minor incident.

On April 30, 14 people participated in a canoe trip on the Susquehanna and Chillesquaque creek in Allan Quant's 26 foot canoe. We had enough people to take two trips. Another beautiful day and fun for all.

The last two Thursdays, two of us have taken short bike rides around Lewisburg. These trips will continue as long as there is interest. I plan to ride whether anyone else shows up or not. These trips start at the community center at 5:30 pm.

Goeff Goodenow has suggested another canoe trip, with the help of the Quants, especially for teens. No date has been set yet. Contact Goeff at 717-523-0257 if you are interested.

Also tentatively planned for June 3 at 10 am — a 25 to 30 mile relatively level (easy to intermediate) bicycle ride. Location is still pending. Contact me at 717-523-8471.

I am tentatively planning a 2 day weekend bike ride in mid-August. This trip will probably start in Mifflinburg, run through Weikert to Poe Paddy park, Coburn and overnight in Milheim or Aaronsburg. We will return Sunday by Route 192 with a stop at R. B. Winter state park. I will need to have some idea of interest early to make reservations for overnights. Call me at 717-523-8471 if you are interested. This would make a great weekend for Pittsburghers as well!

I would like to hear from anyone with ideas for trips, interest in leading trips or ideas on how to communicate or any ideas you have for the Central Susquehanna hostellers. I know - everyone has a million things to do these days, but I remain optimistic and committed to building a club for the enjoyment of outdoor recreation in our area.

There has been some interest in a hostel for the area. Anyone interested in pursuing this, please let me know so we can proceed. Chris Olsen 717-523-8471

## The Ghost Town Trail — and then some!

July 15, 1995

The Ghost Town Trail begins at an excellent trail head in Dilltown PA just one mile from Route 22. The trail follows Black Lick Creek through several "ghost" towns. These towns were thriving coal mining towns. Not long ago, hotels and many homes lined the streets. Now they are only rubble and boney piles.

Our first stop will be Eliza furnace in Vintondale. This little town is still occupied but it has been flooded out many times, as you will see. As the trail rises from Vintondale to Nanty Glo, it is reminiscent of the Ohiopyle rail trail. We can hear the stream rushing over the rocks below.

We will take a 6 mile detour (round trip) to one of the world's most beautiful ice cream stands. Here you may savor a tasty and rare teaberry ice cream cone. It is worth the only uphill climb of the day.

Nanty Glo is our turn around point. This town was settled by Welsh coal miners and still has a charm about it.

The total ride should be about 30 miles. We will move along at a relatively brisk pace on the flats with periodic stops to "smell the flowers". To finish the day's adventure, those who wish may drive to Johnstown for a ride up the incline and a wonderful view and dinner.

Be sure to call Joan Rooff at 795-8345 for information and reservations.

## Extended Backpacking

### Black Hills of South Dakota & Colorado backpacking/car camping trip; July 1 - 15, '95

We will hike the Centennial Trail and others in the Black Hills National Forest, the Norbeck Wildlife Preserve, and the Black Elk Wilderness, averaging ten miles per day and 600 feet of climbs and descents. Some of the scenic rewards will be Cathedral Spires, Little Devil's Tower, several mountain lakes and stately Harney Peak.

In addition to the backpacking, we'll visit area scenic wonders such as Mount Rushmore, Chief Crazy Horse mountain carving, Custer State Park wildlife preserve (may see huge herds of buffalos, wild burros, deer and more), Jewel Cave National Monument, Wind Cave National Park, Devils Tower National Monument and The Badlands.

On our way home, we'll travel south to visit Rocky Mountain National Park and spend a day hiking. Next, we'll go farther south through Denver and Colorado Springs to see the Garden of the Gods and drive up Pike's Peak. After that, we'll reluctantly head home.

If you aren't up to backpacking, but would like to car camp or motel and spend time relaxing, day hiking and sightseeing in the area, you would be welcome to come on the trip. We will need someone to drive the van to our backpacking end point and pick us up after our hike.

This has the makings of a great trip. If you'd like to talk about it give me, Glenn Oster, a call at (412) 364 - 2864.

### Appalachian Trail Trip

Want to tackle a rugged section of the AT? You can, by joining Glenn Oster this summer. He's planning to backpack south from Monson, Maine 178 miles into northern New Hampshire. In order to minimize the difficulty of the climbs, descents and rocky terrain, the average daily distance will be kept to eight miles.

The time frame for the entire trip is July 21 through August 21. However, if you can arrange for your own transportation, there are fourteen different trail segments you can select ranging from four days to twenty-three days' duration and distances as short as thirty-three miles.

The hike will cross the impressive Mahoosuc Range with its superb scenery. Bring your camera.

Call Glenn for information and reservations (412) 364 - 2864.

## REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 5604 Solway St., Pittsburgh PA 15217

## SAILING

The Pittsburgh Council Sailing Activity has three 13' Flying Juniors, one Sunfish, and one 15' International 470. Several members also use their own sailboats. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park near Butler, Pa. Additional weekend trips and extended trips are also planned.

Individuals with prior sailing experience and those with their own sailboats are especially encouraged to join our program. We also need individuals with trailer hitches to pull the sailboat trailers. Individuals who assist in boat maintenance, sailing class instruction, and trailer transportation will receive equivalent free rental time.

Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required on all trips.

**Introductory Classes** We offer introductory Red Cross Certified classes for those who have never sailed before or anyone who desires to brush up on their skills. Participants must be at least 16 years old, in good physical condition, be comfortable in the water and know how to swim. Classes consist of three evening classroom sessions, and two full on the water sessions. We use the Red Cross *Start Sailing Right* textbook and offer Red Cross Certificates to those who complete all requirements. On the water sessions take place at Lake Arthur and Classroom work is at the AYH Activity HQ building in Pittsburgh in Mellon Park. **These class usually fill up so send in your application early to insure a space. Enrollment will be closed once we reach maximum class size. Classes may also be canceled if we do not reach minimum enrollment two weeks prior to the first session. Individuals may cancel up to 14 days prior to the first meeting and receive a full refund minus a \$10 administration fee.**

Please use the following form to enroll for classes. The course fee is \$65 for AYH members and \$75 for non AYH members. There is a \$10 charge for the textbook and this can be shared by multiple students from the same address. If you are not an AYH member you can complete the application that normally appears elsewhere in this letter. Otherwise contact the AYH office for details.

|                | Shore School<br>AYH HQ<br>7 pm-9 pm | Shore School<br>AYH HQ<br>7pm-9pm | On-Water Class<br>Lake Arthur<br>9am-5pm |
|----------------|-------------------------------------|-----------------------------------|--|
| <b>Class 1</b> | Tue., June 6<br>& Mon., June 12     | Fri., June 9                      | Sat., June 10<br>& Sun., June 11         |
| <b>Class 2</b> | Mon., July 10<br>& Mon., July 24    | Fri., July 14                     | Sat., July 15<br>& Sun., July 16         |
| <b>Class 3</b> | Mon., July 10<br>& Mon., July 24    | Fri., July 14                     | Sat., July 15<br>& Sat., July 22         |
| <b>Class 4</b> | Mon., July 10<br>& Mon., July 24    | Fri., July 14                     | Sun., July 16<br>& Sun., July 23         |

### SAILING CLASS REGISTRATION

Name: \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone No. \_\_\_\_\_

Class 1\_\_ Class 2\_\_ Class 3\_\_ Class 4\_\_

*you can enroll multiple people with the same address on one form*

**Class fees:** (\$65 AYH member, \$75 non member) \_\_\_\_\_ x \_\_\_\_\_ = \_\_\_\_\_

**Textbooks: (\$10)** \_\_\_\_\_ x \_\_\_\_\_ = \_\_\_\_\_

**TOTAL ENCLOSED:** \_\_\_\_\_

Make check payable to Pittsburgh Council AYH and send to;  
 Robert Zavos, AYH Sailing, 1007 Savannah Ave. Pittsburgh PA. 15221

### 1995 Sailing Schedule includes the following:

**June 3 Sat Bob Zavos 241-0659 Lake Arthur, day sail from Watts Bay.** This is also a Moraine Sailing Club (MSC) Racing Day and if anyone is interested in sailboat racing this is a great opportunity to learn. Sailboat Racing is an Olympic event and we have an International 470 - one of only nine Olympic Class Sailing Boats. You must have completed our Basic Sailing Class or equivalent within the past few years and be able to handle a small boat on your own. MSC is also holding a Social Event.

**June 25 Sun Bob Zavos 241-0659 Lake Arthur day sail from Watts Bay.** Optional dinner afterward in the Portersville/Zelienople area. Participants must have previous sailing experience and be able to handle a sailboat on their own.

**July 1-4 Sat - Tue Bob Zavos 241-0659 Introduction to Cruising Class on Lake Erie or the Chesapeake Bay.** We are trying to organize a two or three day Introduction to Cruising/Chartering on large sailboats. This will normally include sleeping on board for one or two nights. Course fees will vary but are generally in the \$100/day per person range. Previous sailing experience is required.

**Aug. 3-6; Thu - Sun Jan Herczak 921-3565 Prince Gallitzan State Park; Sail on Lake Glendale.** Other activities include hikes in the park and the annual Mountain Days Festival. Overnight camping in the Park.

**Sept. 2-4, Sat - Mon Marilyn Marrari 441-6764 Lake Chautauqua, NY**

**Oct. 7-8 Sat - Sun Annapolis Boat Show**

Please sign-up for sailing trips early due to logistics/leader planning. Calling up Friday night or early Saturday morning is not appreciated! For weekend day sails please make arrangements no later than the Thursday night AYH Activity Open House. For overnight trips please call at least one week ahead of time. Sailing rentals are \$13 per day, \$7 per half day plus AYH registration fee (\$1 members, \$2.50 non-members). At least two sailboats will be available most of the time on the racks at Watts Bay for non scheduled day usage. These will only be available to qualified individuals who assist in the sailing activity maintenance and instruction programs.

## THE GREAT RIDE RETURNS!

The new, improved Great Ride returns this year on July 23rd, a week later than usual due to a rescheduled Vintage Gran Prix in Schenley Park. We did briefly consider trying to share the course with the vintage race cars but decided it would be unfair to the drivers. Well, seriously, we did have to move the date and the 23rd it is.

The basic format of the ride will be the same as last year, starting at the Boardwalk in the Strip District, climbing the North Side for that spectacular ride down the I-279 HOV lane to the stadium (or for those interested in less of a workout, going directly from the Strip towards the stadium), across the Allegheny River, through downtown Pittsburgh to the 10th Street Bridge and the South Side, an optional tour of Mount Washington, back up to Oakland, Schenley Park, and Beechwood Boulevard, through the East End to Highland Park, and then along Butler and Penn back to the Boardwalk.

What's new and improved? We're working on better food! An additional rest stop! Entertainment! More Riders! And riders will get the 1995 Great Ride T-Shirt as part of registration. Be sure to watch the June newsletter for more details.

### Riding in the Great Ride?

If you've ridden in the Great Ride, SABRE, or the Mon Valley Century in the last few years - and haven't moved - you'll be getting an application in the mail in late May. If you're new or have moved, mail or fax your name and address to the Great Ride at the Council office or e-mail the information to 73467.3201@compuserve.com. An application will also appear in the June and July newsletters.

### Volunteers are Needed!

With the expected increase in the number of riders and an additional rest stop, we will be needing new volunteers in addition to those who have helped us in previous Great Rides. Volunteers are especially needed in three categories - registration, course marshals, and rest stops.

Registration workers are needed before and after the ride to data entry and on the morning of the ride to help register the riders.

Course marshals will be out on the course to give directions to the riders and to be our eyes and ears as the ride progresses. We need seven zone captains to be in charge of each part of the course and to coordinate the corner marshals in their zone. We need to have a minimum of 40 marshals to cover the course well, but more would be better. While the complete ride will take up a good part of the day, individual marshals will only be needed for part of that time, one to four hours, depending on the location. (If you bring a friend, the time will go more quickly.)

And of course, we need people at each of the rest stops to hand out food and to help with setup and cleanup.

Please bring your friends and help make the 1995 Great Ride another success! Call, write, fax or e-mail Larry Laude at the AYH office to volunteer or for more information.

Watch for these other two HI-PITTSBURGH AYH Bicycle Tours. The Mon Valley Century-August 27th, 1995; SABRE-October 1st, 1995. Watch in future issues for more details on The MVC and SABRE.

## HIKING / BACKPACKING

**Sunday June 4** **Maynard Hansen** **751-7615**  
Advanced hike next to the Upper Yough river near Friendship, MD, 8 miles and back: 16 miles total following an old railroad bed. Meet at Wendy's at Southland shopping center at 8:30 a.m. Call for information and a reservation.

**Friday-Sunday June 9-11** **Glenn Oster** **364-2864**  
Backpack on the Allegheny trail in Monongahela National Forest. Enjoy this little hiked area in "Wild Wonderful West Virginia." Intermediate level, 20 miles total. Call for information and a reservation.

**Sunday June 25** **Veronique Schreurs** **422-0358**  
Intermediate hike on the Laurel Mountain hiking trail from Rte 30 to Beam Rocks. Enjoy beautiful mountain laurels in bloom. The hike is 6 miles, mostly level, but the terrain is rather rocky, so hiking boots are necessary. Call for information and a reservation.

### Hike leader meeting

Attention all hike leaders and would-be leaders!

Yearly get-together to discuss goals for the hiking group and to socialize. Meet at the home of Veronique Schreurs on June 21 at 7:30 p.m. 2269 Tilbury Avenue in Squirrel Hill. Call 422-0358 if you would like to attend.

## TRAILCARE AT CROOKED CREEK, CALL NOW!

July 14, 15, 16. Those are the dates the Pittsburgh HI-AYH and the Keystone Trails Association will car-camp at Crooked Creek, near Kittanning, PA in order to do a major rehabilitation of the 12 miles of the Baker Trail from Cook's Summit to Cherry Run. We will be blazing, cutting, clearing, and cleaning. Volunteers will begin to arrive from all over Pennsylvania to our exclusive reservation at the group campground at Crooked Creek to work on the Trail. The campground is high up on a bluff overlooking the lake. During the day, volunteers will be dispatched to the different work sites; at night there will be campfires and revelry at the campground. The weekend will be coordinated by Mary Pitzer for KTA and Jim Ritchie for HI-AYH. Both are members of the two organizations.

If you would like to volunteer, now is the time to make your commitment. Let Jim know by calling him at (412) 828-0210 or send email on the Internet to JLR@VMS.CIS.PITT.EDU. Check in anytime Friday or Saturday. Come for the day or come for the weekend. Crooked Creek Park features a sandy beach, a boat launch with boating suitable for canoes, sea kayaks, sailing; good fishing for warm-water fish, hiking trails, a Visitor Center, volleyball courts, picnic areas, etc.

## CANOEING

**June 3 & 4 Sat & Sun.** Paul Henry and Joyce Appel 526-5407. Class I canoe camping on the West Branch of the Susquehanna River. Call for details and reservations.

**June 10 Sat.** Jim Porcelli 271-5131 Moving Water School. Review and practice canoeing skills on a Class I stream.

**June 10 & 11, Sat & Sun.** Walt Rinehart 486-5127. Flatwater canoe camping. Allegheny River from Buckaloons to Tionesta. Call for reservations.

**June 17 Sat** Brian McBane 443-8972. Class I-II. Lower section of the Little Beaver River. Call for details.

**June 18 Sun** Paul Henry & Joyce Appel 962-1511, 526-5407 Flatwater trip on Pymatuning Creek. Call for details.

**June 24 Sat** Oscar Meyer 828-7123. Class I trip. Call for details.

**June 25 Sun** George Schnackenberg 731-3046. Youghiogheny River or Allegheny River trip. Call for details.

**July 1 Sat** Steve Tubbs 279-4866. Flatwater trip. Call for details.

**Aug 11-20** Paul Henry & Joyce Appel 962-1511, 526-5407. Wilderness canoe trip in Algonquin Provincial Park, Ontario. Portages and low-impact camping. Call early for reservations.

## MID-WEEK RAMBLES

**June 7** **Raccoon creek wildflower preserve:** checking out the June flowers. Bring lunch. Jim Hurst leads; call 276-0447 for information.

**June 14** **Strawberry picking,** with picnic afterward at Deer Lakes park. Bring lunch. Dick Fischer leads. Call 421-9215.

**June 21** **Hike a section of the new Montour Trail.** Marilyn and Cliff Ham lead. 687-4520. We probably will have a fast group and a slower group.

**June 28** **Explore one of Pittsburgh's cemeteries.** Leader TBA.

**NOTE FOR ALL TRIPS:** Meet in the Mellon Park upper parking lot near the corner of Fifth and Shady Avenues by 10 A.M. We will carpool to save energy and enjoy each other's company.

Trips are normally three to four miles in length, at a leisurely pace. Trips are subject to change due to weather, the leader, or the choice of the group. We will walk in all conditions of weather, so be prepared.

From time to time, we will schedule lunch at a restaurant, or a brown bag lunch. These are optional.

Call the leader for more information about a trip, or to let them know you are planning to walk with the group, but not after ten o'clock at night.

## ROCK CLIMBING

**June 4** **Sun** **BEG** **Eric Bauer** **687-0766**  
Beginner Trip Location TBA 730am at HQ

**June 24** **Sat** **INT** **Eric Bauer** **687-0766**  
Seneca Prep Location TBA 30am at HQ

**June 25** **Sat** **BEG** **Eric Bauer** **687-0766**  
Beginner Trip Location TBA 730am at HQ

Beginner trips are geared towards teaching basic rock climbing skills to people that have never climbed before. All you need to bring are tennis shoes and lunch. AYH supplies all climbing equipment. Space is limited so please call trip leader for reservation.

The Seneca Prep trip is for people who have been on at least one beginner trip (more is preferred). During the Seneca Prep, we will teach techniques needed for multi-pitch climbing. You must attend the Seneca Prep in order to be eligible for the Seneca Rocks trip on July 8 and 9.

## On the road with Parrots?

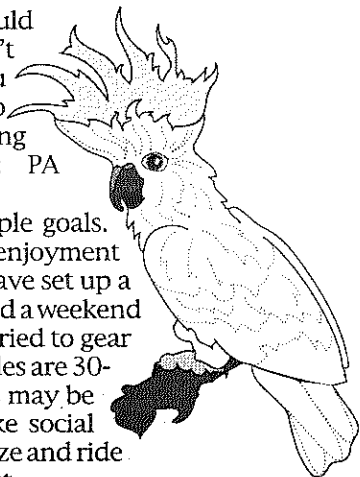
Do you own a tandem and wish you could ride it with others? Maybe you own one but don't ride it for fear of the hills of Pittsburgh; or have you always wanted to try one but never knew who to ask? Some of the answers you may have been looking for can be found with us, we're the PARROTS: PA Recreational Riders on Tandems.

We're a loosely organized club with simple goals. Having fun riding our tandems, and spreading the enjoyment to anyone who wants to join us. This season we have set up a schedule of rides, with at least one ride a month, and a weekend trip to a Bed 'n Breakfast in September. We have tried to gear our trips to the average recreational rider. Most rides are 30-50 miles, but options for longer or shorter routes may be available. We have tried to make them more like social events, a place where tandemists gather to fraternize and ride in interesting places, not just see who finishes first.

Our paid membership at this time is 16 teams and growing. Dues are a mere \$5 to cover printing and postage for our ride schedule, and to get you on our mailing list. (If you received a mailing in March, but not a complete schedule since, it's because you didn't pay! It's not too late to join in the fun.)

If what you've read appeals to you, you're welcome to join us, even if you don't own a tandem (yet!).

For more information contact: Chuck & Lynn Ejzak 6858 Wilson St. West Mifflin, PA 15122 (412)466-6196. Make checks payable to Lynn Ejzak and mail to above address. Thanks and see you on the road!; Lynn Ejzak





## NEW VOLUNTEERS ON THE BAKER

Steve Shaffer, from Clarion, PA and his friends "from the shop" called to say they would like to adopt all 17 miles of the Baker Trail between the Gravel Lick Bridge over the Clarion River, just south of Cook Forest, to the village of Corsica, near I-80. Steve has been hiking the Trail in that area for years. Recently, he has been exploring the 17 miles from Cook Forest to Corsica and has found it to be in much need of repair. The blazing in some areas is non-existent and many areas are plagued by blowdowns and weeds gone out of control. This is one of the worst areas on the Trail and we welcome and thank Steve and his friends for their offer.

Closer to home, Andy Evans and his young son have adopted the Baker Trail from the Crooked Creek Shelter, across PA Route 66 by the llama farm to the Crooked Creek Dam. After Andy scouted the Trail for one day, he called to say this is definitely something he wanted to do.

Pat Thompson, from Colorado and now in Pittsburgh, has offered to help with our trail maintenance activities, specifically on the Rachel Carson Trail, in Allegheny County. We'll be sending Pat maps of an area close to Deer Creek that she can scout. Also, Ken Lyle, recently moved to Pittsburgh from California, has volunteered his participation in the Keystone Trails-American Youth Hostels TrailCare at Crooked Creek weekend. Ken has done this kind of work before in California and is considering doing even more this summer with the American Hiking Society volunteer program. Lew Weingard of Tionesta has expressed his interest in the Baker Trail and wants to explore the BT in his area. Specifically, he wants to meet Al Mader, our man in the ANF to look at the section Al maintains. Lew is a North Country Trail volunteer. Last but not least, Edie O'Neal has offered to look over several grant application packages and perhaps help us to write a grant proposal for funding that would allow permanent trail markers on the Baker Trail and the Rachel Carson Trail.

Just after I scouted the Baker Trail north of Corsica in April, Tom Brandon wrote me a letter with a map attached telling me that he and his Boy Scout troop (#64) went out on Saturday April 22 and blazed the entire length of the gas line running past Little Mill Creek to Mill Creek and another two-mile section north of Game Lands Number 74. Tom has been our man in the North (of PA) for several years now; each year he and his Troop perform volunteer trail maintenance on the BT. We thank them for their efforts. Good job!!

AYH and I want to thank Susan Croyle of Ford City who has graciously extended her access to the Crooked Creek Shelter, which lies on her property, to the Baker Trail community. She was surprised to hear that the Trail is even being used, having seen nor heard anyone for many years. That particular area is not heavily used, with maybe only 6-12 hikers, including several through-hikers, passing through each year. Thanks, Susan.

At publication deadline, we are planning a trail maintenance hike in the area of the Covered Footbridge over Horney Camp Run in Armstrong County. We plan for 8 participants and at this hour we have Dee Garvin, Patty Scheuring, and Vince Roelf signed up. We will be visiting William Rosenberger and Carl Brennehan, both landowners who have offered to help us re-route the Trail around an area about to be strip-mined. *The Trail will cross their property while the mining operation is active; we plan at this time to restore the Trail to its previous route when the mining is done.*

On Saturday, April 28, I was scouting a portion of the Baker Trail near Pine Run, in Armstrong County, when I discovered along the flats of Pine Run, a carpet of dark red trillium (actually called purple trillium in my Audubon Field Guide) in full bloom. Intermingled were yellow trout lilies, bluets, many spring beauties, toothwort, and wild blue phlox. Walking in my shirtsleeves, the sun shining, 55 degrees out, this spectacular sight made my day.

## ADOPT THE BAKER TRAIL

HI-AYH continues its Adopt-a-Trail program featuring the Baker Trail, a 141-mile hiking and backpacking trail extending from Garver's Ferry, near Freeport, PA to the Allegheny National Forest near Marienville, PA. If you are interested in volunteering your services to help us maintain the Baker Trail, call Jim Ritchie at (412) 828-0210. Your commitment extends to hiking your section two times in 1995, once to blaze and a second time to check it out. The following sections are featured for June.

**Section 16: Little Mill Creek.** Not Available. Tom Brandon blazed this stretch and Steve Shaffer and his gang from Clarion have adopted.

**Section 17: Mill Creek.** Not Available. Mike Robertson has adopted this section running parallel to Mill Creek for 4 miles through State Game Lands Number 74 in Clarion and Jefferson Counties.

**Section 18: Pendleton Run.** Not Available. Recently blazed by Tom Brandon. Adopted by Steve Shaffer and friends from Clarion, PA.

**Section 19: Three Runs: Cathers, Clawson and Updike.** Not Available. Steve Shaffer and the guys from the shop in Clarion, PA have adopted this entire section of the Trail, everything south of the Gravel Lick bridge and down to Corsica, for a special Summer 1995 project. They intend to reblaze and rehabilitate this entire 17-mile stretch of the Baker Trail.

**Section 20: Along the Clarion River and into Cook Forest.** This section is reported to be in excellent condition; we only need a volunteer who will make the trip twice a year and watch out for blowdowns, floods and other catastrophic events that might impact the Trail. Begins at the Gravel Lick Bridge and ends at the Nature Museum in Cook Forest State Park.

**Section 21: Cook Forest.** The Baker Trail in Cook Forest mostly parallels Tom's Run and Brown's Run. The Park does most of the maintenance work although there is no blazing done since C.F. is a National Natural Landmark site. The northernmost section of the trail within the state park needs a lot of clearing and is perennially difficult to follow.

**Section 22: Kittanning State Forest.** From the Cook Forest Boundary to Route 66. This section, through the State Forest includes two bridges built ages ago by AYH. Current reports indicate it is overgrown, difficult to follow. Needs fresh blazing and some t.l.c.

**Section 23: The Northern Terminus.** Not Available. The northern end of the Baker Trail. Adopted by Al Mader.

## Why Washington

by Glenn Oster

*This is the second of seven installments of a Pittsburgh Council AYH/HI backpacking trip Glenn Oster led to the state of Washington last summer. In the first installment he described the tour driving to Seattle; in this issue, he will relate the backpacking experiences of the first three days while hiking in the North Cascades Mountains.*

Believe it or not, after all this cross country rambling, we did reach Sea-Tac Airport on time and met Kirk and Joanne. The logistics worked out well, and we were at last on our way to the backpacking portion of this odyssey. Wouldn't you know. Until this day, we had fine weather, but on that first evening, as we double checked our food, clothing and equipment with everything spread out - it rained. We survived, but a soggy survival it was.

Morning. Chilly, but not raining. Frank was not planning to backpack and drove us to Panther Creek Trail head. His plan was to camp nearby, tour the area, do some day hiking and enjoy the North Cascades. In the event we had to abort the hike or get someone out because of injury or illness, Frank was our rescue party. He was to arrive each morning at the trail head to see if we needed transportation.

Down we hiked from the trail head and across Ruby Creek on a sturdy bridge suitable for horses. Our trail took us east, gradually climbing alongside Ruby Creek for several miles. Across the creek once again, only this time on a large tree with one side shaved to provide a flat walking surface and a railing for security. It added a measure of comfort too, as we watched the white water rushing over and around the rocks seven feet below. Surely doubt that anyone could convince a horse that it should cross. At this point, the map was misleading; it appeared to follow the stream just as we had been doing on the other side. Moreover, a trail was there to follow, and we did follow into what turned out to be an interesting area - placer gold claims. There were several men hiking up to work their claims. However, in a mile or so we came to realize that we were not on the trail we wanted. We had to retrace our steps and scour the area to find the correct trail. A bit of exploration led us to the trail we intended to hike, but it meant some honest to goodness climbing which we hadn't done all day. We were now paralleling Canyon Creek and by late afternoon came upon a developed campground large enough for our tents and no more. Ten feet away and below us was Boulder Creek. It's a stream about eight feet across and a foot deep which drops steeply to Canyon Creek. It roared so furiously that we had to talk loudly to be heard. Some hikers have trouble sleeping with noise like that, but it works like a tranquilizer and really helps me to fall asleep.

After we descended to Canyon Creek, the second day was close to mirroring the first day, in that we hiked alongside whitewater almost all day. However, the similarity ended there. For a quarter mile the trail threaded its way through shoulder high weeds that none of us liked especially. Then, as Canyon Creek turned northward, we knew we were approaching our toughest climb and wanted to camp before really starting to gain altitude. Here was another dissimilarity - no-good place to pitch our tents; so, we got busy and cleared rocks and fallen limbs until we had the necessary open, flat spaces. This was truly roughing it, and by this point on the map we were well within a wilderness, the Pasayten Wilderness; not much right to complain.

Now came rug cutting time, the day on the trip about which I had the most concern. The weather was cold and heavily overcast. The trail climbs some 3,200 feet, circles the mountain and meets our next trail intersection at Sky Pilot Pass. We planned to camp there for the night. Kirk is an experienced and strong backpacker, and I had no qualms about his making the climb in good order or completing the entire trail without me. However, this was Joanne's first major backpacking trip, and I was apprehensive that the climb might be too much. I won't go into the details, but I had a plan for changing the hiking route if she couldn't make it. Nothing ventured —. Up we climbed. Almost immediately Kirk was out of sight, but we took it easier. After all, it was July 4, Independence Day - a holiday. On a difficult climb, I follow a regular regimen. I customarily hike for 100 paces (more or fewer depending upon the steepness of the trail, how heavy my pack is or how tired I am.) I then stop for thirty seconds to allow the lactic acid to dissipate from my legs, after which I'm on my way for another 100 paces. It really works for me, and I'm happy to report that it worked for Joanne as well; she climbed and climbed. Poor Kirk. He patiently waited for over an hour for us to reach him for lunch. Well, we made the 3,200 foot climb, but, joy oh joy, the trail around the mountain had been obscured by a rock slide, and we had to climb to the mountain top and down the other side to our day's camping location. This added another 600 feet to our climb - 3,800 feet for the day. To put this into perspective, the climb was almost ten times the elevation gain from the Monongahela River at Pittsburgh to Mount Washington. Joanne was weary, but she made it. Those of you who might be hesitant to get into backpacking, fearing that it is too strenuous, give some thought to how this novice backpacker accomplished this feat. The secret is to condition yourself before the trip, of course, but then adjust your climbing speed to match your ability, your pack weight and the trail conditions. The temperature worked in our favor as well. A hot day would have been enervating and would have made the climb a lot more difficult.

*Be sure and join us next month as we continue  
with the next installment of  
Glenn's latest trail, "WHY WASHINGTON"*

## THE LAST SHELTER

There is only one more shelter site available for adoption on the Baker Trail. This one is special for a special person or a small group, maybe scouts, a church group, or an outdoor or hiking club. The **CORSICA SHELTER** disappeared several years ago, probably burnt down or disassembled and moved by vandals. The site is just north of Mill Creek in Jefferson County, near the place called "Frozen Toe" (if you've ever been there, you know my reference). This is the 10th, and last, shelter on the Trail. We need a volunteer group to rebuild, from scratch, an Appalachian-style backpacking shelter. AYH will reimburse you for all materials you may need to purchase and I think we even have plans or blueprints, if you desire. Let me (Jim Ritchie-(412) 828-0210) know if you think this is something you and your friends can do.

## SEA KAYAKING

Over the past couple of years, some of my most enjoyable sea-kayaking trips have been with Ed Divers, who I met in the Sierra Club. This is a little odd, since Ed is a die-hard canoeist. Mostly, we do these little day and weekend trips on nearby rivers, Ed's old aluminum Grumman "war canoe" contrasting with our colorful, modern kayaks.

Now Ed's idea of a trip is to go somewhere and light a campfire. (After the EPA figures out what to do about auto emissions testing, they'll probably go after Ed.) He'll also try to get you to try some of his ginseng muscatel or homemade mead (my advice: Don't!) But apart from being a heck of a nice guy, it took some reflection to figure out why our trips together usually work out so well.

Besides the basic rudimentary stuff, you know, like "Let's paddle the Allegheny next Saturday", Ed doesn't seem to plan much. In fact, he seems to plan less than any other trip leader I know (except Norm Snyder & don't ask). Now follow me on this - I think what happens is that this lets everyone else infuse their own fun and enthusiasm and make it what the best trips usually are — cumulative efforts with everyone contributing to the success and enjoyment of the group.

A lot of our easy sea-kayaking trips follow this less-is-more philosophy. On the evening Intros, we just fit you to a kayak and give you the minimal instruction necessary, then let you loose onto the lake. You can relax and float, explore the lake, or practice various kayaking techniques — whatever you want. If you have questions, just ask. That way, attention is focused where it's wanted and everyone else can simply enjoy the evening. After everyone is in the water, I'll usually light a hibachi (in true Ed style) and the hot dogs & lemonade are ready when everyone returns to the take-out at the end of the evening.

It does get dark on the evening Intros and we find that almost everyone likes night paddling, so much that now we plan a few night-paddles each summer. The idea is simple. We find a nice lake with a good campsite along its shore. We arrive on a Friday or Saturday evening, set up tents, build a big campfire (of course) and then ... do nothing. Until the next day, you can paddle, talk, sit by the fire, read, hike, or whatever you want. Paddling by moonlight is one of my favorite experiences. Ed usually just sits by the fire.

These trips are as much for beginners as for more experienced paddlers. If you'd like to try a stress-break, or be on the water this summer, or just try something new, sign up for one of these trips. If you're lucky, you'll even get to meet Ed.

**Sunday June 4th, 1995** Sea-kayaking daytrip to Raccoon State Park. Bring a picnic lunch to carry in the kayak. This trip is suitable for beginners - you can paddle at your own pace, take a creek hike, or relax on the beach. Call to reserve a kayak. MEETS: 9:00 AM at the AYH in Shadyside. Vickie Gotaskie 344-4929.

**Friday Evening June 9th thru Saturday June 10th, 1995** Our first Summer Sea-Kayaking Night-trip to Crooked Creek Lake. This is our sleep-deprivation special. We'll meet Friday evening after work, load kayaks and set up tents on a field next to the lake. After that you can kayak, float, swim, eat or just sit by the campfire and enjoy the evening. Night paddling is a favorite of many sea-kayakers. Wildlife is much more abundant and the lake and surrounding countryside become almost surrealistic. Wake up to a morning brunch and paddle before returning home. A bright flashlight is required for this trip. Call early to reserve a camping space and sea-kayak. MEETS: 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665

**Tuesday Evening June 13th, 1995** Intro to Sea-Kayaking. Easy evening trip is a good way to learn sea-kayaking, relax on a quiet lake, or improve your skills. A Full moon is featured this evening, which should make for a very scenic paddle. MEETS: 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665

**Tuesday Evening June 20th, 1995** Monthly Activities Dinner. Outdoor-related conversations and new sea-kayaking trips. Everyone welcome. Please call to let us know you're coming. MEETS: 6:15 PM at the restaurant. Mark Mistrik 344-8665

**Friday Evening June 23rd thru Sunday Evening June 25th, 1995** Weekend sea-kayaking roadtrip to Sandusky, Ohio. Paddle along the most scenic stretches of the Lake Erie coastline and visit the islands offshore. This area has been described as "a bit of New England tucked away in the mid-west". Trip includes car-camping, two days of sea-kayak touring, sightseeing, and eating. Early reservations are required in order to reserve a camping space. Call for more information and to reserve a kayak. MEETS: 5:30 - 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665

**Wednesday Evening June 28th 1995** Intro to Sea-Kayaking. Easy evening trip is a good way to learn sea-kayaking, relax on a quiet lake, or improve your skills. Call to reserve a kayak. MEETS: 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665

**Friday Evening June 30th thru Tuesday Evening July 4th, 1995** Sea-kayaking and hiking trip to the Georgian Bay, Lake Huron, Canada. Paddle over deep green clear water along sculpted limestone cliffs, hike a long the beautiful Bruce Peninsula trail, and (if the weather permits) camp on Flowerpot Island. This is one of our favorite places - we visited here in 1993 and can't wait to return. Call for more information and to reserve. MEETS: 6 pm Friday evening at the AYH in Shadyside. Mark Mistrik 344-8665

**Friday Evening July 7th, 1995** Monthly Activities Dinner. Outdoor-related conversations and new sea-kayaking trips. Everyone welcome. Please call to let us know you're coming. MEETS: 6:15 PM at the restaurant. Mark Mistrik 344-8665

**Friday July 14th thru ?** Sea-kayaking and sightseeing trip to DownEast Maine. Explore islands and Maine's rugged coastline by sea-kayak, hike on Acadia National Park's Carriage Trails, visit quaint villages, and enjoy New England's finest seafood and Lobster bakes. Call for more information and to reserve. MEETS: To Be Announced. Mark Mistrik 344-8665

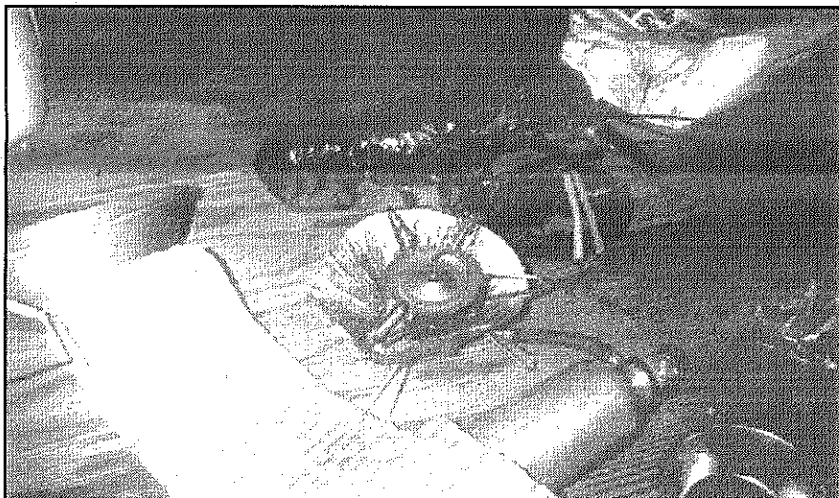
**Tuesday Evening July 25th, 1995** Intro to Sea-kayaking. Easy evening trip is a good way to learn sea-kayaking, relax on a quiet lake, or improve your skills. Call to reserve a kayak. MEETS: 6:00 PM at the AYH in shadyside. Mark Mistrik 344-8665

**Friday Evening July 28th thru Sunday evening July 30th, 1995** Sea-kayaking weekend trip to the South Shore of Lake Erie at Vermilion, Ohio. Paddle through the town's canals — a sort of Venice in Ohio, and along the open Lake. Visit Milan, Ohio, birthplace of Thomas Edison. Call for more information and to reserve. MEETS: 6:00 PM Friday Evening at the AYH in shadyside. Mark Mistrik 344-8665

**Wednesday Evening August 16th, 1995** Monthly Activities Dinner. Outdoor-related conversation and new sea-kayaking trips. Everyone welcome. Please call to let us know you're coming. MEETS: 6:15 PM at the restaurant. Mark Mistrik 344-8665

**Thursday Evening August 17th thru Sunday Evening August 20th., 1995** Paddle Across Lake Erie (PALE). Here it is - Your chance to cross Lake Erie in a sea-kayak! Three day paddles with camping on islands overnight and returning via the International Ferry. Intermediate-level paddlers only, but you have the whole summer to prepare. MEETS: Thursday Evening or Friday Morning at the AYH in Shadyside. Mark Mistrik 344-8665.

**Friday Evening September 1st thru Monday Evening September 4th, 1995.** Close out summer with a trip to Maryland's Eastern Shore. We'll be staying in Crisfield, Maryland - the Bluecrab capital of the world, and combining both Chesapeake Bay and Atlantic Ocean paddling. Enjoy both the natural beauty and unique culture of this area. Call for more information and to reserve. MEETS: 6:00 PM at the AYH in Shadyside. Mark Mistrik 344-8665



How to cook lobster on a camp-stove. Find out at the Sea-Kayakers monthly dinner on Tuesday June 20th.

## NYRATS -10

July 23-29

NYRATS, short for "New York Ride Across The State" is a seven day bicycling tour, staying overnights at college dorms and Holiday Inns on Hudson. The ride starts in Buffalo and ends in Manhattan, with a limit of 75 riders. There are price packages both with and without all you can eat breakfast and dinner at colleges.

**Applications still being accepted.** If interested, please contact Suzanne Toomey Spinks by E-mail (af060@freenet.Buffalo.EDU), or Hostelling International - Niagara Frontier Council - AYH at (716) 852-5222.

## CLASSIFIED

All trips and products listed here are private and are **not sponsored or endorsed** by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

**For SALE:** 92' Geo Metro. Automatic. 2-door hatchback. Radio/tape, 15,000 miles. great condition. Terrific gas mileage. \$5,375 OBO Call Vickie. 344-4929.

**FOR SALE:** Queen size waterbed with waveless mattress, six drawers in bedframe, heater. \$200 or BO. Barbara 371-2506

**FOR SALE:** Stereo components - Dual turntable, Sony STR-VX250 receiver, EV speakers. \$150 or BO. Barbara 371-2506

**FOR SALE:** 2 Dolfino professional silicone dive masks; low volume, fog-free, double edge. Used once and in original box. (older snorkles free) \$35 Eileen 531-9610

**For Sale:** Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

**For Sale:** 60" metal desk, 55" wood roll top desk, steno chair Peg Cline @ 372,1782

**For Sale:** 16 ft Canoe - Blue Hole style hull, ABS, with Bugby style gunwales and seats. \$300.00. Call Linda or Jim Roberts - daytime at 268-6731, Nights until 9:00 at 244-8332.

**For Sale:** 19' Albacore Sailboat with trailer. Main sail and jib in excellent shape (recently reconditioned and still in original box). A fun boat!! \$800.00 Call Helena at 784-0299 or Paul Egbert at Wind & Water 586-2080.

**For Sale:** Exercise Machine, Rower/xc Skier. Like new. \$80.00 Firm. Call 341-4204. Leave message.

**For Sale:** Roof top Bicycle Rack - Holds two bikes. Must have Roof gutters. Like new. \$35.00. Call 341-4204. Leave message

**Distributing AYH brochures** We are looking for places to distribute hostelling brochures, primarily brochures describing hostelling and how to purchase a Hostelling International membership, but also some specific hostel brochures. If you have some suggestions on where we can display brochures for potential hostellers - such as colleges, travel agencies and travel bookstores, please call the office at 412-422-2282. We will be happy to deliver them.

**Editor, The Golden Triangle**  
6300 5th Ave  
Pittsburgh, PA 15232



The Pittsburgh Council Travel Store is open Mon., Thur., and Fri. from 9 to 3 and Wed. from 9 to 6. Hours are subject to change, so it's a good idea to call the office at 412-422-2282 before coming in. We're in Room 202 of the Wightman School Building at 5604 Solway Street in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, rail passes, and books are available.