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# GOLDEN TRIANGLE

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Fran Czapiewski, Editor

SEPTEMBER-OCTOBER 1956

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VI

## IMPORTANT: ELECTION OF OFFICERS For 1956-57

DATE: THURSDAY SEPTEMBER 27th at 6 P.M. PLACE: A.Y.H. HEADQUARTERS

No big political conventions  
No smoke-filled rooms  
No name calling campaigns-  
Just pick your candidates-  
Talk them up, nominate them  
Vote for them at the meeting.

# VOTE!

### OFFICERS AND QUALIFICATIONS

1. Member, Board of Directors (2).....should be thoroughly familiar with A.Y.H. future promotion and expansion interests.
2. President.....capable of coordinating office to provide active program; must have served on activities program and be over 21.
3. Secretary.....should supervise and perform sec. duties.
4. Treasurer.....some bookkeeping aptitude, honest, over 21
5. Trips and Trails Chairman  
Very active hostler.  
Good trip planner and leader.
6. Membership Chairman  
Socialistic and energetic.
7. Program Chairman  
Pittsburgh resident, good at making contacts for programs.
8. Public Relations Chairman  
Some literary aptitude  
Familiar with hosteling.
9. Hostel Chairman  
Some knowledge of buildings and maintenance.
10. Cycle Crafts Chairman  
Active cyclist.

ELECTION

SEPT.  
27th

You get the most out of your membership when you are an officer or committee member. But if you can't take an office this year, see that it goes to the best qualified candidate. Let's all turn out!

## BICYCLE MAINTENANCE

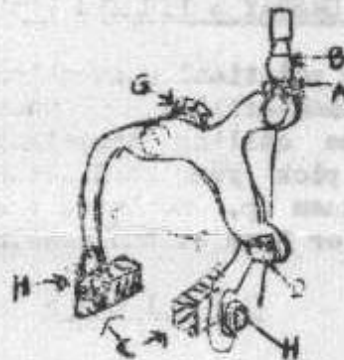
To be in condition for a vacation bike trip (the A.Y.H. Manual informs us) you should be able to cycle 40 miles a day, carrying 30 pounds of luggage. This may seem at first to be horribly difficult, BUT...it won't be nearly so hard if you help your "steed" do its part of the job by keeping it in perfect condition.

If your bike is an old and well-tried one, it should be overhauled by a competent bike mechanic at the beginning of the cycling season. If you have a new "mount", check it every time you take it out, as it will get out of adjustment for the first few hundred miles.

For your own safety, you should think of the most important part of your bicycle as being the brakes. Be sure that your wheel rims are always clean, and that you get instant response with a moderate amount of pressure. To tighten your brakes, loosen the lock nut (A) and unscrew the cable adjuster (B) until the brake blocks (C) are almost touching the wheel rim. If the brakes are still too loose, screw the adjuster back and loosen the nut (D) holding the brake cable (E). While holding the calipers (F) tight to the rim, pull the cable farther through the nut and re-tighten it. Then readjust in the first-mentioned manner.

Tighten the calipers by loosening nut G. Then turn center bolt while holding large screw in front with screw driver. Re-tighten nut G, keeping you screw driver hold.

If brake blocks are not completely on the rim when brakes are applied, adjust them by loosening nuts H. Side play in the brake levers on the handle bars is controlled by the small nut on the side of each lever. (To be con't.)



Send this PASS APPLICATION to Ralph Ludington, Membership Chairman.

Mr. \_\_\_\_\_

Mrs. \_\_\_\_\_

Miss \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_

ZONE \_\_\_\_\_

County \_\_\_\_\_

State \_\_\_\_\_

I have ☐ held a pass before. Year \_\_\_\_\_ Date of birth if under 21 \_\_\_\_\_

I have not) \_\_\_\_\_

I enclose \$ \_\_\_\_\_ in cash, check or money order to cover the cost of the AYH pass checked below.

☐ Youth Pass

☐ Senior Youth Pass

☐ Adult Pass

☐ Family Pass

for those under 18 for those under 21

for those 21 & over \_\_\_\_\_ No. children



# NEWS and NOTES

Our own Betty Bieker graces the cover of the 1956-1957 A.Y.H. Handbook. She has been a summer scholar at Pitt but soon headed for the Adirondacks.

Rosemary Thiebaut has recuperated from the mumps which she picked up in Europe?

Joan Genow and brother Dick enjoyed a canoeing trip in Algonquin Park, Canada.

Abbe Muddle's candidate from the British Isles to Phyllis Woodhewy had squips on sailing.

Markon and Ned Freuthal have returned to Pittsburgh from Valhalla, N. Y.

Larry Cohen celebrated his birthday this summer. Belated birthday greetings.

Marriane Cshlochauer jaunted down to South America to visit her parents.

New hostler, Mary Ann Kissel is a chemist at Tech.

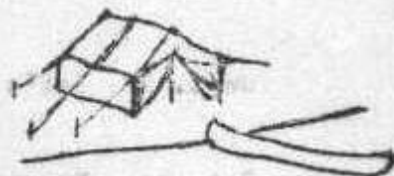
Herb Buchwald, designer of our new Hostel as his thesis, received his Master's in Architecture at Carnegie Tech in June. He is working in New York City but will be leaving for Vienna shortly.

Mount Fitzpatrick is an able guide on those treks to Chestnut Ridge.

Back from an extended cycle trip to Wisconsin are Dianne Marshall, Eileen Hagan, Hugh Gilmore, and Jerry O'Leary. They had two days of rain. The girls cycled 120 miles while the fellows did 240 miles. They saw other hostlers enroute.

A great time was had by Nancy Evans, Bess Simpson of Cleveland, Freda Hammermeister, Carl Colteryahn, David Fleischer, and Ralph Krichbaum on their canoeing trip through Kipawa de Pêche Reserve in Canada.

The Monongahala National Forest was the scene of rugged outdoor life encountered by Charles Richardson, Don Woodland, and Sho Koo Kao.



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LOOK AHEAD TO SKIING  
OVER HOLIDAYS, WEEK-ENDS

Thursday OPEN HOUSE Programs 8:30 P.m.  
Featuring '56 VACATION RE-MINISCENCES

- Sept. 6 Auto-camping from Pgh. thru Smokies to Cape Hatteras-  
Betty Beck-Gloria Fisher
- Sept. 13 Cycle wandering thru Wisconsin with A. Gilmore and Co.
- Sept. 20 See how you too can enjoy a week-end hike thru sleet,  
snow, rain, or blazing Sun.
- Sept. 27 Let's elect our new batch of officers and celebrate  
with coffee and cookies and square dancing.
- Oct. 4 Preview of Canadian Thanksgiving Reunion at Castile, N.Y.  
on Oct. 8.

Via Slides-Movies-and Story Telling

Tour the St. Lawrence in a luxurious steamer with Mary Alice.

Jump in a station-wagon with Paul and Madeline for a vacation  
in Oklahoma.

Join our recently returned world travelers on recounting their  
European escapades.

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TICKETS HAVE BEEN RECENTLY PURCHASED BY:

Julius Asakin	Susan Steinberg
Marie Bacchini	Lutner Stephens
R.L. Bayard	Phyllis Jetherby
Robert Carman	Donald Woodland
Evelyn Ferri	Victor Sorokin
Harold Kelley	Charles Mitchell
Robert Lesnik	Marcia Levick
John Lord Jr.	Stephen Rons
Ralph Ludington	Eva Reinkraut
Agnes Madio	George Conen
Charles O'Leary	Mary Ann Kissel
Jack Paskind	Charles Richardson
E.L. Frances	Jeanne Burke
Norman Rabinowitz	David Fleischer
Stuart Reynolds	Diane Marshall
Joan Ronner	Fred Nauk
John Ross	Peggy Raskauskas
Joseph Sapira	

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LOOK AHEAD to our Halloween Party by creating an unusual  
costume. That's on Saturday Oct. 27.



## EXTENDED TRIPS NOTICES:

SHENANDOAH NATIONAL PARK HIKE LEAVING SEPT. 7th or 8th TO SEPT. 17th.

Hike the Appalachian Trail in the early Fall when the leaves are turning a million colors. We will hike about 60 miles in the Shenandoah National Park staying each evening at lean-tos.

We guarantee to put you in better condition than you have ever known. Life will flow through your veins again, and you will walk the trail like a young lion.

Photography in the day, and camp-fires at night. Sounds great; all this and more we promise you. So say farewell to your murky surroundings and come find life with us.

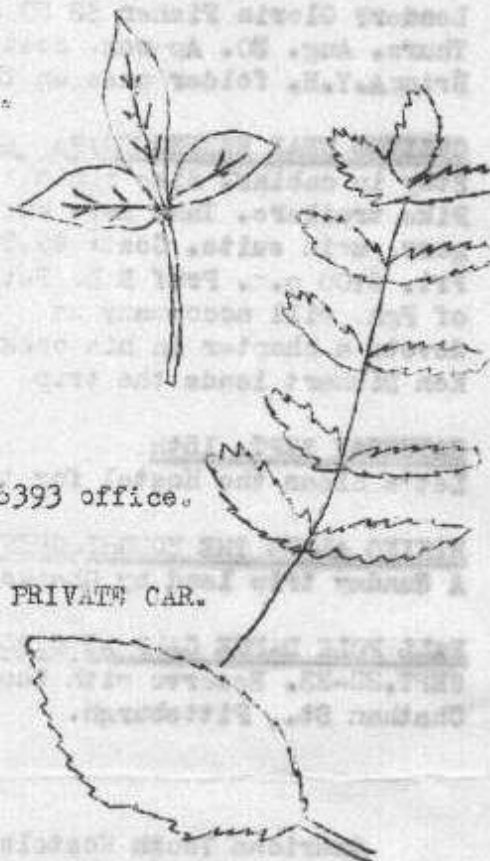
Reserve with Don Woodland at 1-1764 or at 1-6393 office. Cost is approximately \$35.00 Limited to 8.

GREAT SMOKY MOUNTAINS NATIONAL PARK LEAVING OCT. 20 BY PRIVATE CAR.

There are few places in the U.S. which can rival the great Smokies in late October.

Conditioning is important for this trip. Tramping with a pack is much easier when you've practiced.

Reserve with Chas. Richardson-Extended Trips Chairman



WE BID FOND FAREWELL TO THOSE PEOPLE WHO SHARED OUR HOSTELING ADVENTURES.

BILL WILKINS has accepted a position in Lancaster, Pa. Bill says he will come back to Pittsburgh week-ends. We'll miss his piano playing. So long.

To Connecticut go JUNE and BRUCE MERRITT. These active hostellers will be remembered for their activities in square dancing, cycling, straw-hat theater, New England trips, and their clever and original ideas. Their new address is: 79 Reservoir Rd., Newington, Connecticut.

Friendliness and energy personify JIM and GEORGE POLLARD who were active hikers and Baker Trail blazers. Although the association was short in time, we will long remember them. Their new address is: 186 Circular St. Saratoga Springs, N.Y.

DON'T FORGET MONDAY EVENING  
CYCLING AT 7:00 P.M.



TRIP SCHEDULE FOR SEPTEMBER-OCTOBER

LABOR DAY WEEK-END AT ZION COLE SEPT. 1, 2, 3.

Hiking, swimming, cycling, folk-dancing.  
Leader: Gloria Fisher \$3.50 deposit by  
Thurs. Aug. 30. Approx. cost \$7.50  
Bring A.Y.H. folder pass on this trip.

CYCLING NEAR EBENSBURG, Pa. Sept. 7, 8, 9.

Stay in cabins. Bike rentals available.  
Bike trailers. Take mess kit, sleeping  
gear, swim suits. Cost: \$6.50. Leave  
Fri. 8:00 p.m. Prof E. L. Peterson of Univ.  
of Pgh. will accompany us. He plans to  
devote a chapter in his book on A.Y.H.  
Ken Dishart leads the trip.

SATURDAY SEPT. 15th

Let's clean the Hostel for the new officers.

HIKING ALONG THE YOUGHIOGHENY RIVER SEPT. 16.

A Sunday trip lead by Charles Richardson.

FALL POLK DANCE CAMP AT CARONDANNA.

SEPT. 22-23. Reserve with the WYCA?  
Chatham St., Pittsburgh.

WHITE WATER CANOE TRIP SUN. SEPT. 24.

Location depends on weather condition.  
Reserve with Warren Young.

WHITE ROCKS HIKE SAT. SEPT. 29.

Nancy Evans will lead the Hampton  
township A.Y.H. Club on its first  
hike. This is the Pgh. Council's  
first attempt to establish a school  
A.Y.H. group.

CANADIAN-AMERICAN THANKSGIVING WEEK-

END OCT. 6, 7, 8. at the Castile Hostel.  
F.Y. Mr. Arthur Chamberlin will be our  
host at the Silver Lake Hotel and  
Cottages. Hiking, folk-dancing, cycling.  
Approx. cost: \$9.50. Reserve with  
John Behun. Fri.-Oct 9, 1952.

HIKING ON THE OLD WASHINGTON STREET

CAR RIGHT-AWAY with Lois Ann Wagner.  
SAT. OCT. 13. Bring lunch and change  
of shoes.

American Youth Hostels, Inc.

Pittsburgh Council

6300 Fifth Avenue

Pittsburgh, 32, Pa.



Betty Blerer  
326 N. Neville St.  
Pittsburgh 13, Pa.

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