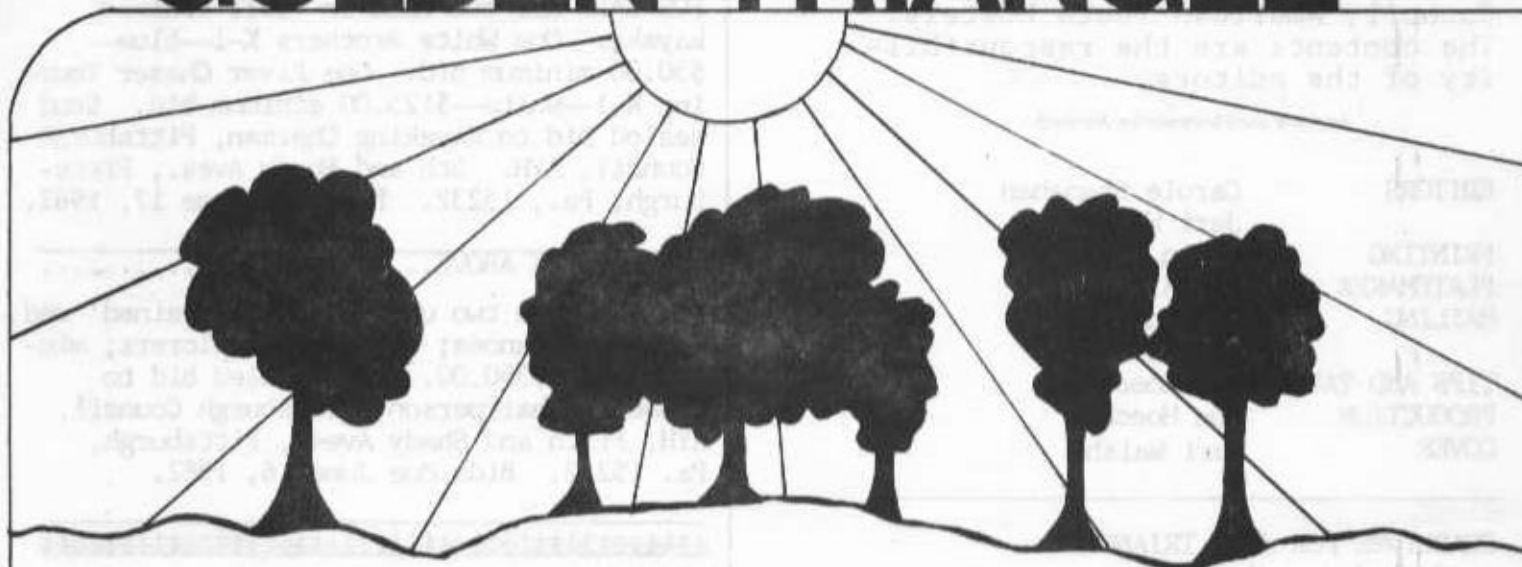


GOLDEN TRIANGLE



NOW I SEE the secret of making the best
persons, it is to grow in the open air
and to eat and sleep with the earth....

- Walt Whitman

vol33 no6

June, 1982

PITTSBURGH COUNCIL, AMERICAN YOUTH HOSTELS 6300 FIFTH AVE. PITTSBURGH, PA. 15232



Pittsburgh Council
American Youth Hostels
6300 Fifth Avenue
Pittsburgh, Pa. 15232

The Golden Triangle is the monthly publication of the Pittsburgh Council, American Youth Hostels. The contents are the responsibility of the editors.

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MAILING	Don Hoecker Roy Weil
TIPS AND TALES	Joe Hoechner
PRODUCTION	Don Hoecker
COVER	Jeri Walsh

DEADLINES FOR JULY TRIANGLE:

June 3	Articles
June 10	Trips
June 24	Production

OPEN HOUSE IS HELD EVERY THURSDAY evening at Headquarters, 6300 Fifth Ave., next to the Pittsburgh Center for the Arts--formerly the Arts and Crafts Center--in Shadyside. Doors open about 8 pm and the show starts at 8:45. Bring a friend--or just come over and make some new friends!!!

SLIDE SHOWS FOR JUNE

June 3-	Botanist Joan Gottlieb speaks on efforts to protect endangered species.
June 10-	"Virginia is for Lovers" (and hikers too) by Bob Goff.
June 17-	Marilyn and Cliff Ham explore Peru.
June 24-	Another show on historic Pittsburgh by History and Landmarks Foundation.

10% OFF TO AYH MEMBERS on all equipment and repairs at AIRPORT SCHWINN, 930 5th Ave., Coraopolis, Pa.

CANOE AND KAYAK SALE

Due to missing the May Triangle, bids have been extended for the Canoes and Kayaks being sold by our Council, to Thursday, June 17, 1982.

FOR SALE are two used or 'roll trained' kayaks. One White Brothers K-1--blue--\$50.00 minimum bid. One River Chaser Touring K-1--white--\$125.00 minimum bid. Send sealed bid to Kayaking Chairman, Pittsburgh Council, AYH, 5th and Shady Aves., Pittsburgh, Pa., 15232. Bids due June 17, 1982.

MORE OF THE ABOVE.....

FOR SALE are two used or 'well trained' red Mad River canoes; 16½ foot Explorers; minimum bid, \$350.00. Send sealed bid to Canoeing Chairperson, Pittsburgh Council, AYH, Fifth and Shady Aves., Pittsburgh, Pa. 15232. Bids due June 16, 1982.

FOR SALE: Coleman Peak One stove, Primus Grasshopper Stove, Eureka Timberline tent vestibule, Eureka 2-man Highlite tent, Clement 64" canoe paddle, Norse Kayak paddle, (87" right control), Wildwater Designs Rescue Bag. Contact Matt Vargo at 331-8476.

THANKS TO LORI AND JOHN Orndorff for organizing the Annual Banquet. Good food and good time.

from an anonymous contributor

ACTIVITIES BOARD MEETING

The meeting of the Activities Board for this month will be held at the home of Lynn and Chuck Ejzak, in West Mifflin. Meeting will begin at 8 pm SHARP on Wednesday, June 3.

ADVERTISE.....in the Golden Triangle.

¼ page ad--7.50/ issue
½ page ad--15.00/ issue
full page--\$30.00/ issue

Ads must be submitted in 'camera ready' copy, black and white only. No photos. DEADLINE is the second Thursday of the month, to appear the following month.

For more information, contact:

Jeri Walsh
Pittsburgh Council, AYH
6300 Fifth Ave.

AYH TRAILS PROGRAM

by Cliff Ham

Pittsburgh Council has been maintaining 140 miles of the Baker Trail, 33 miles of the Rachel Carson Trail, 20 miles of the Tuscarora Trail, and is scouting a section of the proposed Conemaugh Gorge Trail. WE NEED HELP!!!

Volunteers are needed at three levels: First, responsibility for four or five section of the Baker Trail, or the four sections of the Rachel Carson Trail. Others who can oversee just one section of a trail are needed, and most of these sections are close to Pittsburgh. Some members and several Boy Scout troops already have responsibility for one section each. Then, we need hikers who will walk some of these section, perhaps do a little painting, or clearance, and report back the conditions.

By the end of this Summer, 1982, we should have all our trails back in good condition. A couple of weekends of work from a number of our members will ensure this goal.

KEEP OUR AIR CLEAN

by Cliff Ham

Congress is considering changes in the Clean Air Act. The Administration urges weakening of the current provisions, allowing more emissions from cars, longer time for cleaning up the cities, less rigid enforcement. The 'Dirty' Air bill is HR 5252 and is sponsored by Dingle (of Michigan), Broyhill, Lukens and others. The 'Clean Air' bill, HR 5555 is sponsored by Henry Waxman of California and is strongly supported by the environmentalists. This Bill would strengthen some of the existing regulations and continue EPA enforcement leading toward cleaner air.

Rep. William Coyne, representing most of the City of Pittsburgh, is supporting the good Clean Air bill; Walgren is not, and others from our area are wavering. It would be desirable to let your Senators know of our interest in clean air.

Write to Senators Heinz and Spector, Senate Office Building, Washington, D.C. 20510.
Write to your representative or others at House Office Building, Washington, D.C. 20515

Your letter should be readable, but may be typed or handwritten. Your name and address should be on your letter and readable. Identify our issue, such as 'the Clean Air act' and emphasize that you support HR 5555, for example. Give a brief reason for your position; then ask for your Senator's or your representative's opinion or position.

AHEM!!!!!!! The following is a retraction/correction of May' Tips and Tales

by Sally Brunson

"Masters" Swim camp is for SERIOUS adult swimmers interested in competitive level training and technique. Strictly plodding fitness swimmers and beginners NEED NOT APPLY. For details see Sally B. any Thursday night or call 231-6074.

HEMISTOUR SEEKS LOST LAMBS

Former Pittsburgh Council members Greg and June Siple, who bicycled from Alaska to Argentina in Hemistour, would like to know the whereabouts of the following persons:

Phil Koltun	Christine Stone
John and Haron Benshoff	Mary Ferrante
Vic Emmelkamp	Brusowankin
Sametta Richter	

These people were on the Hemistour mailing list originally, but their addresses are out of date and the Siples have lost track of them. If you can locate any of these folks, please write:

HEMISTOUR
June and Greg Siple
717 Defoe
Missoula, Montana 59802

by Joe Hoechner

Well, T.O.S.R.V. '82 is behind us! If you notice some cyclists hobbling around, they might be suffering from the "Breakfast Cereal Knee Syndrome"...

You know,... That's when all you hear is SNAP, CRACKLE AND POP!!!

* * * * *

Speaking of cycling, the rumor of the month is that cyclists are buying up those new reflective flea collars...they work great to keep pants cuffs out of you bicycle chain!

* * * * *

A FIRST FOR PITTSBURGH COUNCIL— a Home Hostel!!! Hostel Development Chairperson Joe Hoechner has recently completed the paperwork and forwarded an application for a Mars Home Hostel—MARS, PA, that is.

The House parents: Mr and Mrs Norton have agreed to host one or two bicycle tourists who may need accommodations in that area. They are about 25 miles east of our Fombell Hostel and about 30 miles north of Pittsburgh. The location is also about 45 miles ESE of the Tran-Ohio Bike Trailhead.

If you know of any cycle-tourers going thru that area, they might want to contact:

Mr and Mrs Norton
P.O. Box 326
Mars, Pa. 16046
412/625-1180

* * * * *

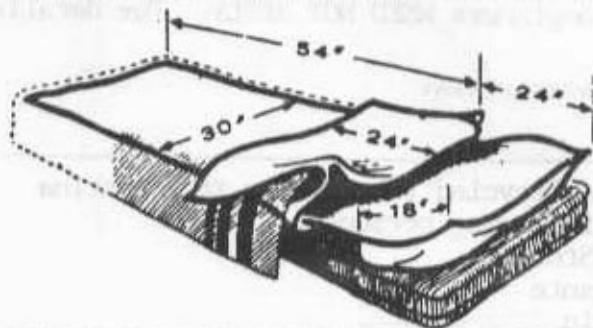
If you outdoorspeople are taking part in any out-or-town event, how about promoting AYH? Publicity person Joe Hoechner has various brochures available describing the Council's hostels and activities which you can display at suitable 'affairs'. Also, if you are a student, these can be tacked to school bulletin boards.

Brochures are also available for drop off at bike shops, travel agents, outfitters, etc—see Joe or call 373-3403.

* * * * *

ITS 'T'SHIRT SEASON AGAIN!!! The popular Pittsburgh Council 'T' is available in S, M, L and XL. A 50 cotton/ 50 poly mix, these are available in Medium Blue for only \$4.25 at the Thursday night meetings. If you can't get to the meetings, send a check for \$5.25, which includes postage, made out to 'AYH'. Don't forget your return address and the size!!!

P.S., Fanny Bumpers are in stock for only \$3.00!!!!



Sheet Sleeping Sack

This can be made from unbleached muslin or old sheets. The bag should measure 78 in. long x 30 in. wide with a pocket to cover the pillow 18 in. deep. A flap of 24 in. is needed to protect the upper blanket, and a gusset each side of the bag adds roominess and prevents tearing. Many AYH councils sell ready-made nylon or muslin sheet sleeping sacks. Available at Thursday meetings for \$8.75, or add \$2.00 for mail orders.

YOUNG MAN TO GRIZZLED OLDSTER: So what advice do you have for the rest of us on this occasion, your 100th birthday?

CENTENARIAN BUSHWHACKER: Well, pilgrim, I take me a snort of whiskey now and again—for medicinal purposes—and when it rains, I let it.

TILL
30 JUNE 1982
with this AD



TOUGH HYPALON/NEOPRENE BOAT

Made of strong hypalon 420 denier material, these boats are built to take the rough waters. Each inflatable seat is built-in and sealed to the body of the boat. They all feature quick release oar locks, engine mount metal brackets, 6 military brass safety valves and 6 separate air chambers. Each boat comes with a repair kit. Color: Gray with Black floor.



**601 River Road, Box 13
Confluence, Pa. 15424
Phone (814) 395-5105**

SUGGESTED
RETAIL

**404 4-PERSON HYPALON/NEOPRENE
WITH MOTOR MOUNT**

399.00 Same as above. 2 inflatable fixed seats and 2 oar locks. Size: 60" x 120". Packed 1 per carton. Wt. 53 lbs.

**MODEL 406 6-PERSON HYPALON/NEOPRENE
BOAT WITH MOTOR MOUNT**

479.00 Same as description. 2 inflatable fixed seats and 2 oar locks. Size: 70" x 141". Packed 1 per carton. Wt. 63 lbs.

**MODEL 408 8-PERSON HYPALON/NEOPRENE
BOAT WITH MOTOR MOUNT**

534.00 Same as description. 2 inflatable fixed seats and 2 oar locks. Size 74" x 150". Packed 1 per carton. Wt. 72 lbs.

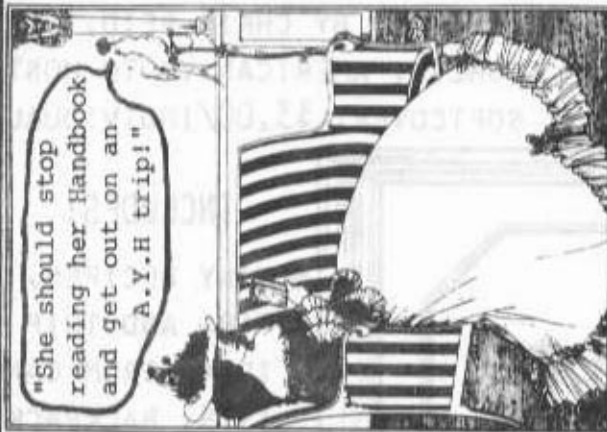
**MODEL 410 10-PERSON HYPALON/NEOPRENE
BOAT WITH MOTOR MOUNT**

647.00 Same as description except it has 2 inflatable laced in seats and 4 oar locks. Size: 75" x 176". Packed 1 per carton. Wt. 96 lbs.

HOSTELING

the High Road to Adventure

If you want to experience the world for yourself, and FEEL the countryside as well as see it, the youth hostel way is for you. Join American Youth Hostels and make your AYH Pass your key to over 5000 hostels in 50 countries. Send in this coupon and get the details for the time of your life.



- ☐ I want to join AYH. Enclosed is \$14.00 (\$7.00 if under 18), sign me up and send me my hostel pass, AYH Handbook, and other materials.
- ☐ I'm interested but would like more details — send me your FREE brochure on American Youth Hostels.

Name _____

Address _____

City _____

State _____

Zip _____

Birthdate _____

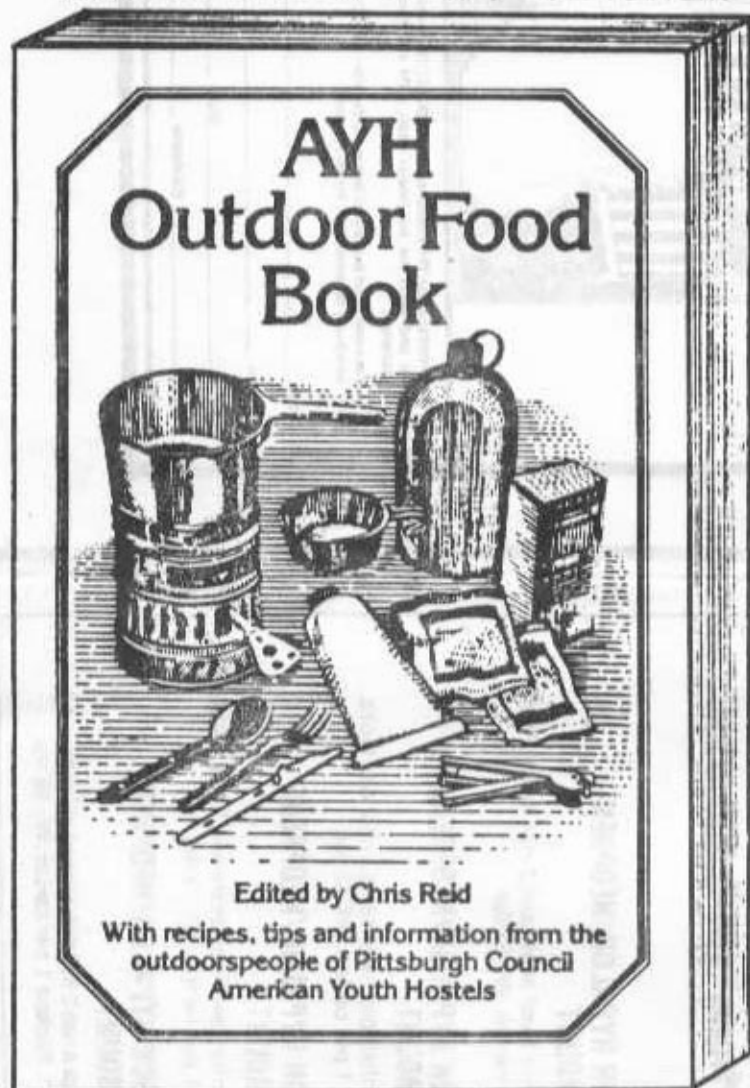


American Youth Hostels
6300 Fifth Avenue
Pittsburgh, PA 15232
(412) 362-8181

A NEW OUTDOOR COOKBOOK BY AND FOR ACTIVE OUTDOOR PEOPLE*

* THIS BOOK WAS NOT GHOSTWRITTEN IN A TEST KITCHEN!

THE AYH OUTDOOR FOOD BOOK, EDITED BY CHRIS REID,
PUBLISHED BY PITTSBURGH COUNCIL, AMERICAN YOUTH HOSTELS,
1981, 144 PAGES, 6" x 9" SOFTCOVER, \$3.00/INDIVIDUAL COPY



INCLUDES:

- ◆ MANY RECIPES, MENUS, PACKING TIPS AND TRIP FOOD-PLANNING IDEAS FROM CANOEISTS, BICYCLISTS, BACKPACKERS, CROSS-COUNTRY SKIERS, ETC.
- ◆ LOCALLY-DEVELOPED, WITH INNOVATIONS FOR SAVING TIME, FUEL AND WEIGHT.
- ◆ SPECIAL SECTIONS ON BACKPACK STOVE SELECTION AND USE, FOOD DRYING PROCEDURES, BEAN-SPROUTING TECHNIQUES & OTHERS.
- ◆ PHOTOS, DIAGRAMS, SKETCHES & OUR OWN ANECDOTES AND GEMS OF WISDOM, WON THE HARD WAY.
- ◆ BEGINNER TRIP INFORMATION, SHOPPING TIPS, AND MORE.

LIKE OTHER PUBLICATIONS OF PITTSBURGH A.Y.H., THIS BOOK COLLECTS THE EXPERIENCES OF DOZENS OF ACTIVE, EXPERIENCED PARTICIPANTS IN THE GROUP'S LARGE, ENERGETIC PROGRAM OF CANOEING, CYCLING, HIKING, BACKPACKING, RAFTING, CLIMBING, CAVING AND SKI-TOURING.

Individual mail orders please add 72c postage per book. PA State residents please add 18c sales tax. Wholesale (group) orders over \$40 received a 1/3 discount and we pay postage. Contact: AYH Publications, C/O Bruce Sundquist, 210 College Park Drive, Monroeville, PA 15146 (412-327-8737).

JUNE

Trips and Trails

The trips listed here are open to the public with the exception that AYH members are given priority when the trip is of limited size. Trip costs include a 60¢ registration fee and insurance (\$1000 medical/ \$1000 accidental death or dismemberment) plus transportation and rentals. In addition, nonmembers are charged \$1.50/day which is deducted from the cost of membership. Trips are classified BEGINner, INTER-mediate, or ADVanced, with the exception of water sports and cycling.

BICYCLING

Chair: Chuck and Lynn Ejzak 466-6196

Trips are listed according to the following classes: A-advanced, B-intermediate, C-easy-intermediate, D-beginner, E-learn-to ride. Bring along a spare tube, tire pump and water bottle—and something to nibble on. Raingear also. Don't forget your helmet—a Pittsburgh Council requirement for participating cyclists on any trip. Helmets are available as rentals. (so are bicycles....)

Evening rides:

Tuesdays

jun 8-Harriet Ann Seiner 681-1189

jun 22- Lou Conley 681-8321

Thursdays

jun 3-Lou Conley 681-8321

jun 10-Fix-a Flat Clinic

jun 17- Winston Henzel 362-8772

jun 24- Bike Maintenance Clinic

Evening CYCLES FOR JUNE meet at HQ at 6:30 pm. Bring your bike, or rent from us. Don't forget your helmet, water bottle and spare tube.

Weekend rides:

sat jun 5

class B-Join Chuck and Lynn on a 40-mile trip near Moraine State Park with picnic and swimming to follow on the shores of Lake Arthur. (Shorter class D route also available). Reserve by Thurs., June 3. Call 466-6196, evenings.

sun jun 6

class E-'Learn to Ride'. Meet at HQ at 1 pm for brief instructions then a short ride to practice shifting gears. Call Lynn at 466-6196. for more info.

thurs jun 10

Deadline for ordering AYH cycling jerseys. For information, call Chuck or Lynn.

sat jun 12

class B- Meet at HQ at 8:30am for a 50 mile trip in Washington County. Call Chuck for more information and to reserve.

sun jun 13

class B- 50 mile trip with Jeff Marsh to a mystery location. Meet at HQ at 8:30 am. Call Jeff at 831-9490(h) or 462-5000 x 6501(w)

fri jun 18-

sun jun 20

class A-D 'WAG' in Slippery Rock, Pa. Sponsored by the WPW. Reservations due by June 4 for dorm space. Otherwise register on the day of the rides. Rides are available for all levels of ability as well as other activities. For more information and/or application, see bicycling bulletin board. If interested in arranging carpools, see Chuck or Lynn. ALSO, Joe Hoechner will be 'vanpooling', leaving HQ at 7:30 pm, Friday. To reserve space, call Joe at 373-3403.

sun jun 27

class C-35-40 mile ride along the Monongahela River. Leave from Elizabeth to points upstream. Nice and flat with little traffic. Meet at HQ at 9:00 am. Call Chuck or Lynn to reserve.

ANOTHER BIKER'S SPECIAL: June 4-6 is G.E.A.R. '82. If you have confirmed reservations for this ride in mid-PA, join Joe's vanpool, leaving THURSDAY night at 7pm. Rides start FRIday morning. For a space, call Joe at 373-3403.

CAVING

Chair: Norm Snyder 351-4068 Scott Hill 682-1270

- sun jun 6 BEGINner's trip to Casparis Cave. Nice formations and waterfall. Call John Popp at 653-6026(h) or 462-5000 x-6834(w).
- sun jun 20 BEGINner's trip to Baron's Cave. Call Dan Martt, 343-5847.

KAYAKING

Chair: Ray Yutzy 929-4443 Lou Conley 681-8321

Basics: Lunch in waterproof bag, water, knee pads, raingear, change of clothes and swimsuit, non-cotton clothing, tennies, sun protection, large sponge, strap for eyeglasses. Rentals: limited number of kayaks reserved through trip leader.

ADDITIONAL TRIPS may be organized at the Thursday night meetings, based on interest and water levels.

THROW ROPES: The group order of throw line safety bags arrived several months ago. If you ordered one, please pick it up as soon as possible from Ray Yutzy or Lou Conley at any of the Thursday night meetings, as we can't store them for you indefinitely.

- sat jun 5 Lower Yough with possibly one day on the middle Yough for the less experienced paddlers. Call Lou Conley at 681-8321.
- sat jun 12-
sun jun 13 Cheat River, canyon and/or narrows, depending on water levels. Call Lou Conley at 681-8321.
- Sat jun 19 Introductory Kayaking School- This school is for beginners and people who have never been kayaking before. Learn all the basics on a nice calm lake. Reservations are required—call Lou Conley at 681-8321, or Ray Yutzy at 929-4443 for information and reservations.
- Sun jun 20 WWI School—Join Gus Hughes for a whitewater one school on mild white water. As a prerequisite, you must have some previous kayak experience such as the introductory kayaking school or the kayaking roll sessions. Reserve with Gus Hughes at 421-4066. *8-206*

CANOEING

Chair: Susan Krotec 441-8200 x 394

Basics: same as Kayaking (see above).

- sat jun 5 Whitewater II School, Class II streams. Tim Roberts. 539-7599
- sun jun 6 Whitewater I School. Class I streams. Gordon Bugby. 371-4233.
- sun jun 6 Final Yough. Flatwater trip. Cathy Lynch. 361-3707.
- sun jun 13 Easy Extravaganza. Paddlers who have completed at least Canoe School I are welcome to join our magical mystery tour which will include both food and fun. Families welcome. Chris Reid, 373-7194.
- sat jun 19 Intermediate trip. Call Chris Reid before 10 pm. 373-7191.
- sun jun 20 Basic Canoe School. Oscar Meyer. 422-8216.
- sun jun 20 Class II. Joel Platt. 521-5244.
- sat jun 26 Class II. Jim Gogots. 384-9149.
- sat jun 26 Flatwater trip. Norm Snyder. 351-4068.
- sun jun 27 Class I-II. Millard Underwood. 561-0871 after 6.

BACKPACKING

Chair: Steve Martin 469-3153 Kevin Craig 488-7255

- jun 12-13 INTER- Backpack with Glenn Oster on the Donut Hole Trail. Leave HQ at 7:00 pm on jun 11. For reservations and information call 364-2864 or 566-3041(w).
- jun 19-20 BEGIN- 8-16 mile on Laurel Highlands or Quebec Run. A pre-trip meeting will be held Wed. nite, jun 16 at 8 pm at HQ. All are welcome to discuss backpacking and line up equipment for the trip. Attendance mandatory for trippers. Jack Peth 921-7214(h) 777-5365(w).

HIKING

Chair: Shirley Sedmak 441-6538(h) 288-5147(w)

Basics: hiking shoes, lunch, water, raingear.

- sat jun 5 An easy 7 mile hike on and off the Laurel Highlands Trail, S. of Rte. 673. Leave HQ at 8 am. Call Herb Appell at 675-6060(w) or 373-0535.
- sun jun 6 Join Don Martt for an intermediate hike at Quebec Run. Meet at HQ at 8 am. 343-5847, for further information.
- sat jun 12 9-10 mile hike at Bear Run. Meet at HQ at 8:30 am. For reservations or information, call John Francis at 771-9562(h) or 777-8627(w).
- sat jun 12-
sun jun 13 Hike the Ramrock Morrison Trail on Sat., camp overnight in the Allegheny National Forest and hike one loop of the Mill Creek on Sunday. Leave HQ 7 am on the 12th. Call Herb Appell at 675-6060 or 373-0535(h).
- sun jun 13 BEGINner to INTERmediate hike, place to be announced. Meet at HQ at 8:30 am with comfortable shoes and lunch. Marilyn Ham 687-4520.
- sat jun 19 INTERmediate hike at Linn Run State Park near Ligonier. Meet at HQ at 8:30. Phone Eric Bauer at 687-0766(h) or 227-1026(w).
- sun jun 20 BEGIN- Annual hike in Harrison Hills Park, about 4 miles. Leave HQ at 9:30 with lunch and water. Return about 4 pm. Call Joe Levine at 241-3265.
- sat jun 26 Meet at HQ at 8:30 for an INTERmediate hike at Laurel Highlands Trail. Call John Conley at 795-3152. 12-15 miles.
- sun jun 27 BEGIN. Let's take a look at one of the parks in the area. Ryerson Station State Park, Green County. Leave 8 am from HQ. Jack Peth. 921-7214(h) or 777-5365(w).

=====

YOGA CLASSES will continue on Thursday evenings at AYH starting at 7 pm sharp. Wear comfortable clothing and do not eat dinner before class. Bring a towel. Please call Jane at 521-4946 with any questions. All are welcome.

=====

CLIMBING

Chair: Woj 322-4524 Scott Hill 682-1270

- sat jun 12 BEGIN and others welcome. Call for reservations. Trip to White Rocks. Contact the above to reserve, or Vickie Linebeck, 682-4087, or John Popp at 653-6026(h) or 462-5000x-6854.
- sat jun 26-
sun jun 27 WHITE ROCKS WEEKEND- Spend the weekend with WOJ, et. al., climbing your favorite conglomerate. Camping at the base of the hill or closer to the stars(depending on how close you want to be to commercial refreshments.) One-day trippers can inquire about car-pooling opportunities for just saturday or sunday. Call any of the above for reservations.

BASICS FOR CLIMBING include tennies or rock shoes, water bottle, lunch(enough to share with Woj), a funny hat, raingear and rental/etc. fee. Leave most of your good sense at home.(on the other hand, if you're thinking about getting involved in climbing, you must not have much good sense in the first place, so you had better bring all the good sense you can muster...)

=====

AYH MEMBERSHIP APPLICATION

Fill out the following application and bring/send it with a check payable to "Pittsburgh AYH" to: AYH Membership, 6300 Fifth Avenue, Pgh. Pa. 15232. Allow 3-4 weeks for delivery by third class mail. Enclose an additional dollar for first class mail. (Note: Membership sells International Hostel Guide to Europe for \$5.00 by mail and for \$4.00 at Headquarters.)

Name _____ Phone _____
 Address _____ New?/renewal? _____
 Zip _____ Birthdate _____

Check one:

_____ \$7.00 Youth (under 18) _____ \$35.00 Three-year Senior
 _____ \$7.00 Senior Citizen (60+) _____ \$35.00 Organization (non-profit)
 _____ \$14.00 Senior (18-59) _____ \$140.00 Life
 _____ \$21.00 Family

Please circle one or more:

Service: Newsletter, Hostel Development, Bicycling, Publicity, Trail Maintenance, Equipment Repair, Auditor Service, Typing, Art Work, Membership

Leadership: Backpacking, Cycling, Canoeing, Caving, Climbing, Hiking, Cross-country Skiing, Rafting.

Pittsburgh Council

AMERICAN YOUTH HOSTELS INC.

6300 FIFTH AVENUE
 PITTSBURGH, PA. 15232



RETURN POSTAGE GUARANTEED

ADDRESS CORRECTION REQUESTED

TO:

PLATT, JOEL
 1632 DENNISTON AVE.
 PITTSBURGH, PA. 15217

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 vacations, call toll free 1-800-323-1717

