

Recipe for Hostelling

Here's a recipe that's good in any land
No matter where.....yours or mine;

For Youth Hostelling,
Take a generous dash of sunshine

Moisten with some sweat and rain
Pepper it with thrills

Salt it down with common sense
You'll need some ginger for the hills.

But lots of fun will keep it light
With adventure spice it

But for goodness sakes, I beg
Don't stir, but BIKE IT.

***Gerttrude Oecpinger

Recipe

NEWS FROM NATIONAL HEADQUARTERS

---Pass sales, Justin Cline reports are running 10% ahead of last year's sales, and there is an increase in national trip participation of 35%.

---The International Youth Hostel Rally will be held this year in the Saarland, Germany, August 12-15. Guests will be housed at St. Wendels. The three-day program will include movies, songs, folk dances and skits from each country, culminated by a torchlight procession. The conference of the International YH Association will follow immediately at nearby Saarbrachen. The Board of Directors of each national organization appoints delegates from their country. These delegates are eligible to vote on issues discussed.

"Although only 3 years, old this annual fixture is already one of the most important-----since it is showing what American cyclists really can do in long distance pedal pushing....."

A significant feature of this event is the whole-hearted cooperation given by a large number of willing volunteers from the AYH who see that it is correctly supervised; course properly surveyed and timed by inspected and approved watched.

Jim Beres, 3-time rider in the race and owner of a cycle shop in Cleveland, has offered us the fourth prize....A friend of his in England says the time made on our course is really outstanding. Considering that in England, riders go a long, straight stretch or on tracks with wide turns-----the record made in our race would be difficult to duplicate anywhere else.

Notes on

THE
FOURTH ANNUAL
PITTSBURGH
12-HR. BIKE RACE

Perhaps some committee captain has already asked you to share in the exciting preparations.....If not, choose the activity you shine best in. Join us in making the FOURTH ANNUAL 12-HR. BICYCLE RACE a more unique, extraordinary event than it ever was before!

Among the willing volunteers giving their whole-hearted cooperation are:

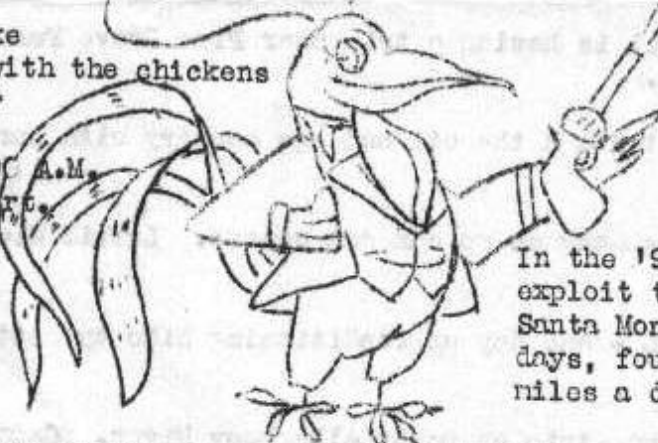
1954 CYCLING ALMANAC on sale at Bike Shop - 35¢

RACE RECORDS TO DATE:

1951 - Dick Korver, Euclid O. 208.3 Mi.
1952 - Oliver Ward, Washington, D.C. 232.45 "
1953 - Ted Ernst, Jr. Chicago, Ill. 240.8 "

Stu Reynolds - - - Course Lay-out
Frances Pecjak - Wharf Whitewings
Bob Holmbold - - - Miscellaneous
Gloria Fisher - - - - - Promotion
Roger Protas - - - - - Timekeeping
Betty Bierer - - - - - Invitations
Tom Bryson - - - - - Program
Marie Pecjak - - - - - Secretary

Wake
with the chickens
for
a
6:00 A.M.
start.



Ye Olde Tyne Cycle Notes:

In 1899 "Mile-a-Minute" Murphy paced by a Long Island Railroad locomotive rode a mile in 57-4/5 seconds on a board track laid between the rails.

In the '90's also, manufacturers hired riders to exploit their products. Eugene McPherson rode from Santa Monica, Calif. to New York, 3054 mi. in 20 days, four hours and 29 minutes, an average of 150 miles a day.

Bicycle roller racing is the kind that gets you nowhere.....A racer's cycle is placed onto a special set of rollers. He starts pedalling madly, once in position, keeping his balance at the same time. Distance travelled within a given time is measured by an ohlooker and a large clock facing the biker.

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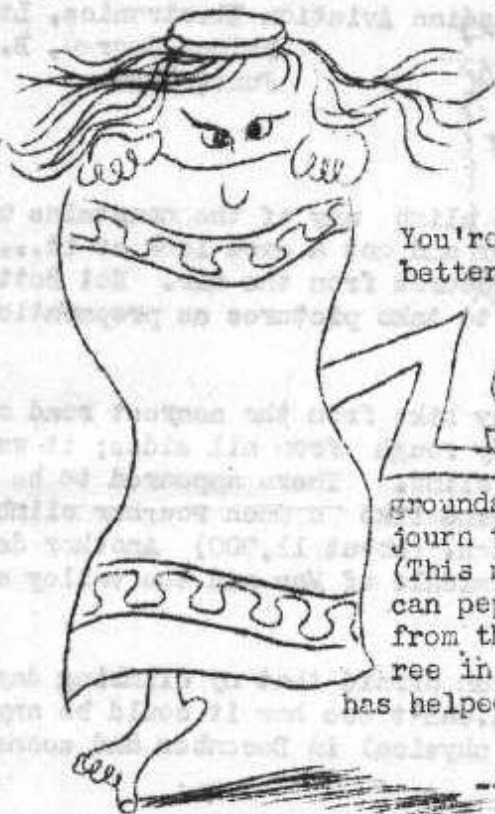
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Maybe **Salome** was better at dancin' with veils.....But we don't think she could SQUARE DANCE like our:



CHANCHLER

You're sure to Miss this month's personality. At least you'd better, because it's a Her. Miss X is a square dance fan. Whirling through a swing, she was pictured in one of Pitt's papers. But watch out, if her partner is slow! Yours truly, hesitating in an allemande, has been hurled halfway across the floor by the fair dame.

Wyoming, Nova Scotia, Canada are the happy hunting grounds of many hostellers, but this pretty lassie yearns to sojourn to Borneo. Rumor has it: by bike equipped with snorkel. (This may be a little deep).....??? is known by the way she can pep up a group. Yet serious studies aren't dubbed the least from the east by Miss X. Her heart yearns for a master's degree in literature. This young lady's many-sided personality has helped her acquire a collection of nicknames, especially "Sam" Mary Louise Silvas.

-----OVERHEARD ON A HOSTELING TRIP:

WHO: Vince, Tom, Fran, Nancy
TIME: Sunday, 6:25 P.M. and 4/5 Seconds
PLACE: White Rocks, Pa. (longitude & latitude unknown)
PURPOSE: (alleged) Said to be climbing

Nancy: All right, Vince, all I want is the dessert and nothing but the dessert!

Vince: Just hold on.

Nancy: Hold on! That's what I've been doing all day. I hate to say this, sir, but you've been handing me a line all day.

Vince: Just a minute while I put the ice cream on the fire. Hey---How did you like the iced coffee?

Fran: Good! I didn't have any.

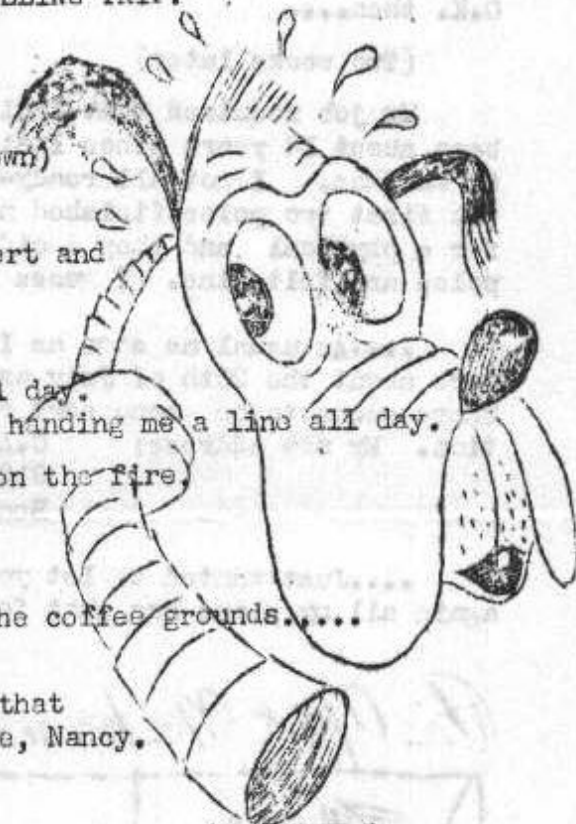
Tom & Nancy: (in unison) We refuse to answer on the coffee grounds.....
(Interrupted by sounds of chopping)

Vince: A couple more good whacks and I'll have that strawberry cut in half.....Have some cake, Nancy.

Nancy: No, thanks. I baked it.

Fran & Tom: (who have cooked their ice cream) Chomp, chomp. (in unison)
(Theme --- dum, da, dum, dum)

The case was closed with this decision: the strawberries and ice cream served by Vince were super-delectable. Honorable mention was given to the Isaly's clerk who packed the dessert so well, it would frozen for two weeks in the burning Sahara. (He did a real, cool job.) /remain



Canadian Aviation Electronics, Ltd.
Prince George, B.C.
June, 1954

Dear Betty



....Doesn't look as if I will get a chance to climb any of the mountains up here. A few weeks ago I flew over Mt. Sir. Alexander and got a good look at it..... Decided the best way to climb it would be to take pictures from the air. No! Bettythat's not what I mean. I mean that we decided to take pictures as preparation for the climb.

As near as we could guess, it would be a two-day hike from the nearest road or field where I could land. The mountain looked pretty rough from all sides; it was pretty hard to decide which was the best side to climb. There appeared to be a glacier near the top, about 100 feet high. It looked like a much rougher climb than the Tetons, but of course it was not near as high. (about 11,000) Another deterring factor was the snow. We flew over about the middle of May and the valley at the base still had plenty of snow in it.

...Perhaps I've become a hypochondriac, but I am afraid that my climbing days may be over....I intend to get a complete physical....can't see how it could be anything really serious as I had a commercial pilot's physical in December and seemed O.K. then....

(Two weeks later)

My job required that I climb some poles and inspect some telephone cable. It's been about 14 years since I did any pole climbing, but I kept remembering how easy it was then. I got all ready—donned a safety belt and hooks—then I tried it. The first two poles finished me for the day. The following day, I went in to town for a physical and they decided that I was OK. The next day I climbed about ten poles and felt fine. I guess it's all in my head.

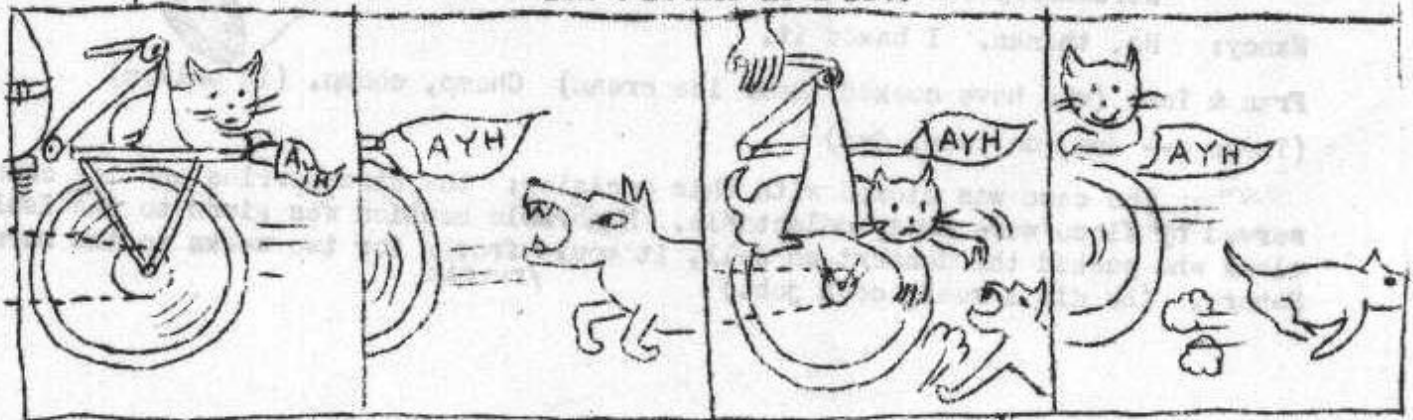
....As usual as soon as I wrote you my plans everything changed. I will leave here about the 20th of July and go to Alberta where I expect to stay until Aug. 13. There seems to be some sort of fiendish plan afoot to keep me from taking a vacation. My new address: C.A.E. Resident Engineer
919 A.C. & W. Sqdn.
Beaverlodge, Alberta, Canada

....Just wanted to let you know that I think I'm going to live and that once again all my plans are shot for the summer.

(signed) Bob Herman

The Mook Mechanism

For Outmaneuvering Malevolent Mongrels....or "Dogs Don't Bother Me a Bit!"



INGEBORG INTERLUDE

When June, Bruce, Chas. and Grace took shelter from the rain one morning on their recent week of hosteling on Cape Cod and Martha's Vineyard----They found a woman, dressed in street clothes, with a new English bike...also waiting out the storm under a roofed sidewalk....in front of a row of stores in Centerville.

While June and Grace were getting groceries, (it was their turn)----Bruce struck up a conversation about the weather and the bike. She expressed surprise that more American adults did not ride. She was Danish; in the country eight weeks; working for the Danish ambassador in New York and off for a vacation at Cotuit.

They asked her to join them for lunch.....She sat down on the sidewalk while they made sandwiches, split quarts of milk and cut off a pasteboard carton to make her a drinking cup. By the time lunch was over it had stopped raining and they rode on to Cotuit with her.....As they parted, Ingeborg insisted that they stop in to see her at the embassy next time they were in New York, so she could return their hospitality.

The Posey Bush

Hank Fisher has joined the Marines.....
Harry Rhule is taking time out from his Air Force duties to practice for the 12-Hour Bike Race.

Dolores Paccini works for a travel agency but finds the best trips on our 'Lil Ole Back Page.'

Unusual occupation Department: Al Beretti at one time shoveled icing into machines that filled the well-known Nabisco wafers.

Henry and Frieda Eckhardt were down from Avondale, Md. to visit Betty B. at Seneca Rock.....Their daughter, Ruth, is now married, living in Denver, Colo.

Grace Kriner, Lanie Wilson and Rosemary Thiebaut spent a week's vacation at a dude ranch in New York State.

Ruth Zimmerman and Phil Ewald, married on June 26 are taking a trip to the High Sierras.....Their address will be:

701-C Longview Road
Knoxville 19, Tenn.

Fred Mauk applied for early discharge so he could start at Pitt this Fall. Approval has been granted and he'll be here around September 13.

Don't be surprised if you get a card from a Teton Tripper, post marked Glacier Natl. Park.....It looks as if Nancy Evans' expedition is turning into a month-long tour of the West

ENJOYABLE

READING

If you were on John Behm's late trip to Wellesville, Ohio, you'll remember meeting and going on a boat ride with the fabulous curator of the River Museum, Ed Pugh.....

You'll be interested to know that Ed has gathered other historical data besides boat models, pictures and documents of famous river boats.....

He has worked in this region while on a Buhl Foundation Fellowship at the U. of Pgh., and helped collect a host of authentic information on our own section of the state....This lore is presented in fascinating style, in a guidebook, just published by the University of Pittsburgh Press.....You'll enjoy reading it.

"A Traveler's Guide To Historic Western Pennsylvania," by Les Kulkeam and Edwin V. Pugh. (\$3.00)



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