

# GOLDEN

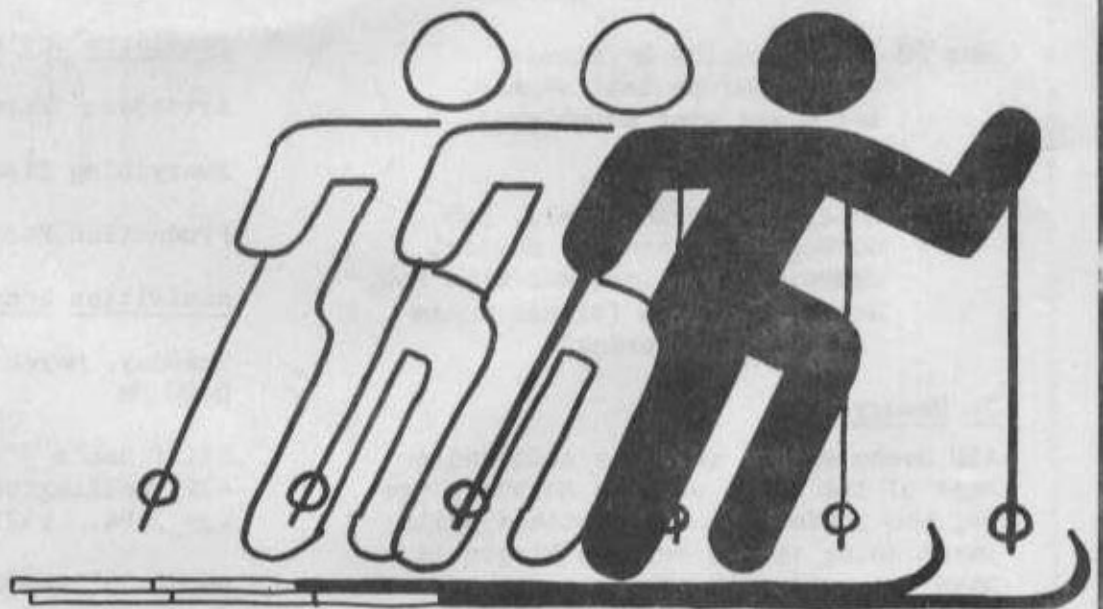
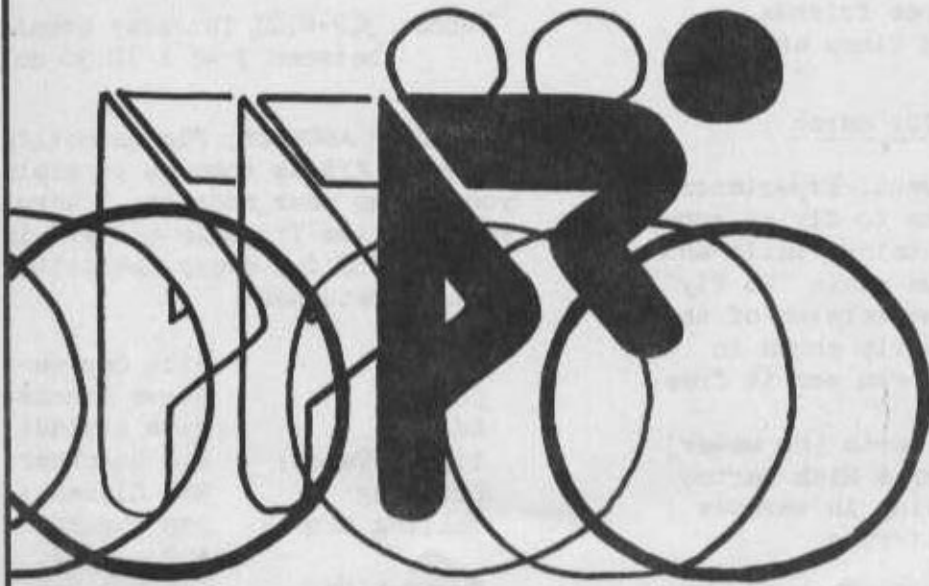


# TRIANGLE

Pittsburgh Council, AYH

March 1979

vol. 30 no. 3



# OPEN HOUSE

Every Thursday Night  
Doors Open: 7:45  
Slide Program 8:45

Our Thursday Night Open House is for members as well as non-members. This is a great time to see friends, reminisce about good times and plan trips.

## Slide Programs for March

- Mar 1 An AYH big event! Experience what it's like to fly as superman over mountains, falls and canyons in the movie "To Fly"! This is a 16mm version of the Smithsonian movie shown in D.C. Here you can see it free.
- Mar 8 Come back to earth (or water) as Don Hoecker & Rich Bartoo take us canoeing in various Central Pa. streams.
- Mar 15 Join us again for Part II of Barb Murock & Chuck Ejzak's Bikecentennial ride as they travel thru Mont. & Colo.
- Mar 22 Jack Bachelor & friends toured Europe last summer. Let's see what adventures they had there.
- Mar 29 Ready for Spring? Well, Bob Goff is with another musical extravaganza! Come see what Bob, Aaron Copland & friends do in "Appalachian Spring".

## In Memory

AYH members were recently saddened to hear of the death of Dave Barbour, age 54, who suffered a heart attack while vacationing in the British Virgin Is. Dave was active in the Council's bicycling program in the early 70's and acted as cycling chairman during 1974. All those members who knew Dave will miss him and would like to extend their condolences to his family.

## THE GOLDEN TRIANGLE

The Golden Triangle is a monthly publication of the Pittsburgh Council of American Youth Hostels, Inc., 6300 Fifth Ave., Pittsburgh, Pa. 15232

Phone: 362-8181 Thursday evenings between 7:45 & 10:30 only

CHANGE OF ADDRESS: Please notify Pgh. Council, AYH as soon as possible if you change your address. Otherwise, you miss the Triangle and AYH is charged 25¢ for every newsletter that is returned

Editor: Rick Caplan  
Cover: Steve Schomer  
Ads: Rich Alstadt  
Tips & Tales: Joe Hoechner  
Printing: Bob Oldenski  
Mailing Labels: Don Hoecker & Roy Well

Production: Don Hoecker  
and the enthusiastic AYHers  
who make production a party  
rather than a chore.

## Deadlines for April Issue

Articles: Thurs, Mar 15

Everything Else: Thurs, Mar 22

Production Party: Thurs, Mar 29

## Activities Board Meeting

Tuesday, March 6, 1979  
8:00 PM

Cliff Ham's  
4723 Wallingford St.  
Pgh., Pa. 15213

phone: 687-4960

Everyone is welcome!

HOW CAN I  
TAKE AN INTERESTING  
VACATION CHEAPLY?

PITTSBURGH COUNCIL TO AUCTION  
\$1,000 IN AYH NATIONAL'S  
"HIGHROAD TO ADVENTURE" TRIPS

Please pass this information  
on to anyone who might be in-  
terested.

the  
auction

Discover a quiet mountain stream, unravel the mysteries of an ancient Indian dwelling, or explore a volcano. AYH National is once again sponsoring an enticing array of domestic and European trips that vary from six to forty-four days, from bicycling in Hawaii to backpacking in the Canadian Rockies, to sightseeing in Moscow. The "Highroad to Adventure" booklet, which was sent with the Feb. Triangle, provides the details. If you need a copy, call toll free 800-336-6019.

If you find AYH travel appealing, Pittsburgh Council is prepared to make you an offer that's hard to resist. Starting immediately, we are auctioning off the \$1,000 worth of U.S. and Canadian trips that we won in last year's national membership contest.

To place your bid in this auction just fill out the bid form below and send it to the address shown. Note that the minimum acceptable bid is 70% of the trip cost. We will pick from one to four winners based on that combination of bids which produces the greatest income for Council, considering that Council has been awarded \$1,000 in trips. Bids must be in our possession by March 24, 1979. The winners will be notified at the AYH Banquet on March 31, 1979.

If you are bidding, please read the rules and regulations governing the trip on pages 29-31 of the "Highroad to Adventure" booklet. For this auction the rules shall be modified as follows:

First, each winner's entire bid is due Pittsburgh Council by Monday, April 16, 1979.

Second, \$50.00 of the bid shall be the Registration Fee noted in rules 5, 6, and 7, and the remainder of the bid shall be the Trip Deposit, also noted in these rules.

PITTSBURGH COUNCIL AUCTION RULES: The following rules apply

1. The entire bid form must be filled out and received at the address shown by March 24, 1979.
2. Only summer trips in the U.S. or Canada are included.
3. Only one trip can be bid per person.
4. Photo copies of the bid form are acceptable.
5. The person going on the trip must be eligible in accordance with the Rules and Regulations as detailed above.
6. Bidding is open to members and non-members alike.
7. In the event of a tie, the earliest bid will win.
8. The minimum bid is 70% of the listed trip cost.



### TRIP AUCTION BID FORM

Send to: BID c/o M.V. Haddad  
29 Wilkins Road  
Pittsburgh, PA 15221

NAME OF TRIPPER \_\_\_\_\_ AGE \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

TELEPHONE: HOME \_\_\_\_\_ WORK \_\_\_\_\_

NAME OF BIDDER \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

TELEPHONE: HOME \_\_\_\_\_ WORK \_\_\_\_\_

TRIP NAME \_\_\_\_\_ TRIP DATE \_\_\_\_\_

Is this an ADULT TRIP \_\_\_\_\_ YOUTH TRIP \_\_\_\_\_

TRIP COST \_\_\_\_\_

BID (70% of trip cost, minimum acceptable bid) \_\_\_\_\_

I have read the Rules and Regulations on pages 29-31 of the "Highroad to Adventure" booklet and the modifications noted in the foregoing article. I agree to abide by these.

\_\_\_\_\_  
Signature of Bidder

\_\_\_\_\_  
Signature of tripper (if different from Bidder)

#### AYH Eastern Regional Meeting Apr 20-22

The Pittsburgh Council will host the annual regional meeting this Spring at the new Camp Harmony Youth Hostel. The camp is about 80 turnpike miles east of Pgh. and is about midway between Somerset and Johnstown.

Roy Weil has volunteered to act as Council Host and Joe Hoechner will coordinate the weekend outdoor activities. They'll need volunteer help planners, shuttle drivers, etc., etc.

Attending the meeting will be approx. 25 delegates from 7 councils. As the building sleeps about 75, we should have ample space for a Pgh. Council overnight bike trip, 2 day hike, early canoe trip, etc. to share in on the fun.

If you would like to help out on this Spring weekend, at a beautiful Laurel Mts. setting, call Roy at 681-5131 or Joe at 343-2465.



### Classifieds.....

For Sale: Last chance for the Winter Used Boat Sale. Bids will close Mar 31. Item #1: Fiberglass C-2 can be seen hanging at the front of AYH; min. bid is \$100.

Item #2: Inflatable rubber duck, which needs repair work; a good boat at min. cost. Give or send bids to Dave Marschik, 3479 Mayer Drive, Murrysville, Pa. 15668.

For Sale: 12" (Nordic size 46) men's x-ski boots, made in Switzerland, two years old, relatively unused. Asking \$18. Call Jack at 963-7868.

MARCH 5TH TO 10TH 10% OFF

MARCH 12TH TO 17TH 20% OFF

MARCH 19TH TO 24TH 30% OFF

MARCH 26TH TO 31ST 40% OFF

## ARE YOU A GAMBLER?

Come to Avalanche from March  
5th to the 17th and pick from a full  
inventory of down and polarguard  
parkas and vests, cross country  
skis and assorted winter

merchandise  
**OR**

wait for larger savings  
from March 19th  
thru the 31st.

## YOUR GAMBLE

Come early for a large selection ---  
Come late for giant savings



1794 N. HIGHLAND ROAD  
833 - 7800

# SKI SALE

EDSBYN

WERE NOW  
SKI S

HT 171 NOWAX	<del>\$65.00</del>	\$42.25
HT 161 NOWAX	<del>\$78.00</del>	\$50.70
LT 474 NOWAX	<del>\$86.00</del>	\$55.90
LT 444 WAXABLE	<del>\$80.00</del>	\$52.00
HAUGEN		
SO WAXABLE	<del>\$72.00</del>	\$46.80

HAUGEN BOOTS

CLASSIC	<del>\$52.00</del>	\$32.00
SARANAC	<del>\$42.00</del>	\$28.00
APPALACHIAN	<del>\$38.00</del>	\$25.00

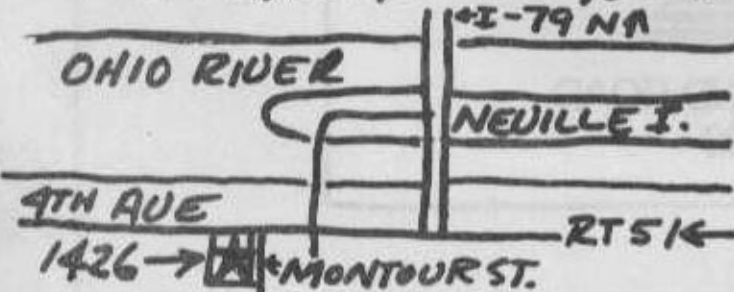
EDSBYN BOOTS

RED+WHITE	<del>\$27.00</del>	\$19.00
BLUE LEATHER	<del>\$39.00</del>	\$27.30
EXEL, TRYLI		
EDSBYN POLES		
SUPER TOURING	<del>\$20.00</del>	\$13.75
TOURING	<del>\$12.50</del>	\$8.75
ALUMINUM	<del>\$10.00</del>	\$6.50
TONKIN CANE	<del>\$8.00</del>	\$5.50
ROTTAFELLA BINDINGS		
START	<del>\$10.50</del>	\$8.50
TOUR	<del>\$8.50</del>	\$7.50
FENIX	<del>\$8.50</del>	\$6.50

YOUTH SETS SKI, BINDING, POLES

PARKAS+VESTS ~~\$98.00~~ ~~\$56.00~~ ~~\$45.00~~

SLEEPING BAGS 25% OFF



Screaming Eagle Boat Works  
262-5566



## Spring Cycling with AYH

by Chuck Ejzak

Believe it or not, the season is upon us, and we need leaders. If you are interested, see or call one of the cycling co-chairs:

Chuck Ejzak (327-5031)

Sue Ditson (363-8017)

Ed Sieger (561-4790)

We would like to start the season by planning cycling activities to help three types of riders:

- \*1: "I'm just starting, and I'm afraid to sign up for a ride that's too hard."
- \*A1: Bike Series 1, 2, 3 and 4 will be a sequence of rides starting with B.S. 1, a workshop for those who have never ridden a ten-speed, and developing thru B.S. 4, after which a person may confidently sign up for an intermediate ride. Bike Series rides will be listed in the Triangle under Beginner rides.
- \*2: "I want to go on intermediate rides but I want to improve."
- \*A2: TOSRV Training Rides will be a series of rides of progressive difficulty aimed at strengthening cycling ability. They will be listed under Intermediate rides in the Triangle.
- \*3: "I want to do some bikepacking."
- \*A3: There will be Bikepacking classes and rides for those who have never bicycle/camped. Later in the season there will be weekend trips.

AYH will rent panniers (bike bags) this year in addition to ten-speeds. Remember that the Cycling Committee can help beginning cyclists with questions about riding or purchasing equipment (some dealers give AYHers a discount). The Chairpeople can also help beginning leaders pick a route to get started. We welcome your questions and interest and hope you have a safe season.



### New Hostel News

by Joe Hoehner

If you are planning to spend some time at the Jersey shore this summer, you may want to stay at a new hostel in Ocean City, N.J. The Delaware Valley AYH has recently opened the "Sassafras Lodge Hostel" located three short blocks from the ocean. The spring rates are \$3.50, the summer rates (Memorial Day to Labor Day) are \$4.50. For info:

Sassafras Lodge Hostel  
1145 Central Ave  
Ocean City, N.J. 08226  
609-399-4555

If you are travelling along the Pa-N.Y. border, you will want to stop in at the Vestal Home Hostel in Vestal, N.Y. (Southwest of Binghamton). In the true hostel tradition, it is located on top of a big hill.

Mr. Craig Smith, houseparent  
Vestal Home Hostel  
RD#2 Box 257 Noyes Rd.  
Vestal, N.Y. 13850  
607-748-3529

### Sheet Sacks Anyone?

Last Spring and summer there were several inquiries regarding the availability of sheet sacks. The Pgh. Council does not stock this item, but we may consider doing so if there is enough local need. If you think you might be needing a sheet sack for your summer hostelling trip, please let Joe know so he can place an order through the N.Y.C.-AYH. Expect the price to be about \$7. See Joe any Thursday meeting or call 343-2465.

Have you ever considered cycling in S. Dakota? The state now has a new bike route map. For free copy:

S.Dak. Dept of Econ & Tourism Develop.  
423 East Capitol  
Pierre, S.D. 57501

### Hostel Development News

by Joe Hoehner

Think Spring! As Hostel Development Chairperson, I would like to "tap" some of that great potential out there in the general membership. I will be planning work parties to go to the future Ohiopyle Hostel starting in April. I'd like to hear from the skilled tradespersons listed below:

Plumber	Wood Butcher
Plumber's Helper	Electrician
Carpenter	Insulator
Chimney Sweep	Window Hanger
House Painter	Lawn Mower
Basement Cavers	Goffers
Squirrel Chasers	Bee Swatters
Leaf Rakers	Decorators
Attic Cavers	Architects
Roof Climbers	Engineers
Van Owner	Books

If you even  
ify in any of  
call Joe Hoehner.  
ou qual-  
tagories,  
65.

Also, we are still  
applications for  
of houseparent for  
area. If you are an active AYH member,  
like the outdoors, enjoy meeting  
strange people and have a knowledge  
of hostel customs, you could be a  
houseparent. Let Joe hear from you  
if you think you might be interested.

Would you like to spend a week bicycling across Missouri this summer? You can with the St. Louis Bicycle Touring Society from June 10th to 16th. The trip starts in Pgh, Kansas and ends in St. Genevieve, Mo. For info:

"Across the Wide Missouri Tour"  
c/o Dan Davies  
124 Oak St.  
St. Peters, Mo. 63376

Bikecentennial now has their 1979 trip schedule out - if you'd like a copy:

Bikecentennial 1979 trips  
P.O. Box 8308  
Missoula, Mont. 59807

## CARDINAL TRAIL

Enjoy the back roads while crossing Ohio from Richmond, Indiana to Youngstown, Ohio, along the Cardinal Trail.

There is now a signed bikeway using county roads and low volume state highways. This 310 mile route goes through the farmlands of western and central Ohio and then proceeds through the area of the industrial northeast Ohio, yet avoids all large cities. The roads used are all low volume traffic for the area and are paved.

Set your own pace using hostels, motels or camping near the trail. The Cardinal Trail provides many historic areas to visit plus lakes to enjoy.

The trail was developed and signed by the Columbus Council American Youth Hostels, P.O. Box 23111, Columbus, Ohio 43223.

The map booklet is spirally bound & is available ~~in two editions~~:

**For** = \$3.50  
~~limited \$5.50~~

The price includes shipping and sales tax. Booklet available from:

Columbus Council A.Y.H.  
% Edward Horton  
1719 Eddystone Avenue  
Columbus, Ohio 43224

Have you ever heard of the "Lost Turkey Trail"? Well along with the "John P. Saylor Trail" they're located in Bedford, Cambria & Somerset Co. of W. Pa. These 2 trails are now mapped and copies are free:

Pa. Dept of Environmental Resources  
Bureau of Forestry  
P.O. Box 1467  
Harrisburg, Pa. 17120



### AYHers Place in Regional X-Ski Race

Amy Leonard and Becky Soisson placed 2nd and 3rd in a 5-mile cross-country ski race that was held Feb. 10 at Allegheny Nat. Forest. The race was one of several events in an annual Winter Festival; approximately 500 people attended the events.

### Glüg, an Après-Ski Drink

from Dave Lemarié

2 gal. Port  
2 gal. Burgandy or Claret  
1½ lbs brown sugar  
¾ lbs raisins  
80 cloves (4 small handfuls)  
1 pint Aquavit (optional)

In a bag:

1 tsp nutmeg  
3 orange  
1 tsp allspice  
6-7 cinnamon sticks  
1 tsp cardamon seeds

Warm over low heat, covered, for several hours. Do not boil. Can be reheated later.

Waxless Skiers up Front: Rob, who owns waxless skis, was skiing behind several of us who needed red klister on a particularly bad day. Rob laughed at our attempts to get grip. But he paid! The next weekend his skis wouldn't budge because of all the red klister that he had picked up from skiing in our tracks!

Quote: Hasn't this weather been fun? Rain on the weekends and snow during the week.



# ANNUAL BANQUET

## Pittsburgh Council AYH

SATURDAY  
MARCH 31, 1979

ST. AGNES CHURCH HALL  
3221 FIFTH AVENUE \*  
OAKLAND

Middle Eastern Cuisine  
catered by the  
**SAHARA Restaurant**

### SCHEDULE OF EVENTS:

6:30 SOCIAL HOUR - COCKTAILS  
7:30 DINNER  
8:30 ANNOUNCEMENTS - DOOR PRIZES  
9:00 DANCING - SLIDE SHOW

MUSIC BY  
THE  
"Family Tones"  
... everything from  
folk to disco &  
polka to waltz!

"April Fools Day"  
slide show  
... a hodge-podge  
assortment of candid  
shots from AYH  
adventures!

\* at the corner of Fifth and Robinson - just past Carlow College

PLEASE RESERVE FOR:

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

TELEPHONE \_\_\_\_\_

RESERVATIONS ARE DUE BY MARCH 22, 1979

MAKE CHECKS PAYABLE TO:

PITTSBURGH COUNCIL, AYH, INC.

MAIL TO: JEAN LOMBARDI  
103 FIELD CLUB RD.  
PITTSBURGH, PA 15238  
(963-8660)

Beef Shish-ka-bob \_\_\_\_\_ @ \$9.75

Baked Chicken \_\_\_\_\_ @ \$8.75

Vegetarian Dinner \_\_\_\_\_ @ \$8.25

YOUTHS (UNDER 20): DEDUCT \$1

NON-MEMBERS: ADD \$1

TOTAL ENCLOSED: \$ \_\_\_\_\_

I nominate \_\_\_\_\_ for an AYH award.  
(AYH member)

MARCH 1979						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# TRIPS & TRAILS

The trips listed below are open to the public with the exception that AYH members are given priority when the trip is of limited size. Trip costs include 50¢ registration and insurance (\$500 medical) plus transportation costs and equipment rental. In addition to these fees, non-members are charged \$1.50 per day; one fee can be deducted from the cost of membership if the tripper joins AYH within 30 days following the trip. Call the trip leader to reserve or cancel or to get information. Please call during normal hours (6:30-9:30 PM) unless otherwise noted. Make reservations as early as possible but in no case later than the Thursday before the trip.



## CROSS-COUNTRY SKIING

Chairperson: Steve Tubbs 322-6361

X-C trips depend on snow conditions. Contact the trip leader for changes. Leaders also handle rentals, which must be cleared through Steve Tubbs.

- Sat Mar 3 Advanced - Jim Gogots (384-9149)
- Sun Mar 4 Intermediate - Ed Sieger (561-4790)
- Sat Mar 10 Begin - Gordan Bugby (371-4233)
- Sun Mar 11 Inter - Sue Ditson & Craig Kaufman (363-8017)
- Sat Mar 17 Adv - Norm Snyder (351-4068)
- Sun Mar 18 Inter - Bruce Sundquist (327-8737)
- Sat Mar 24 Inter - Rob McEachern (828-2635)
- Sun Mar 25 Inter - Fred Parker (824-2638)
- Sat Mar 31 Inter - Ski or Hike, Dick Nugent (487-5549)

Evening Ski in Mellon Park - Mini-trips with instruction will be led outside of the hostel from 6:30 to 8:30 PM before Thursday night meetings. All are welcome. Contact trip leaders for rentals.

- Thr Mar 1 Joe Hoechner (343-2465)
- Thr Mar 8 Cathy Lynch (361-3707)
- Thr Mar 15 Barry Govenor (421-6656)
- Thr Mar 22 Steve Schomer (824-5352)
- Thr Mar 29 Steve Tubbs (322-6361)



## BACKPACKING

Chairperson: Rob McEachern 828-2635

- Sat Mar 3 Inter - Leave Sat 7 AM for Alleg. Nat For, ski/pack with Chuck
- Sun Mar 4 Ejzak (327-5031).

- Fri Mar 16 Inter - To Dolly Sods with Steve Martin. Leave AYH 7 PM. Reserve by
- Sun Mar 18 calling him at 462-5000, ext 6185 during the day.

- Fri Mar 30 Inter - Leave AYH 7 PM. Details by calling Rob McEachern (828-2635).
- Sun Apr 1



## BICYCLING

Committee: Sue Ditson 363-8017  
Chuck Ejzak 327-7031  
Ed Sieger 561-4790

- Sat Mar 24 Begin - with Ed Sieger on an easy 25 miler to welcome Spring. Bring lunch, raingear, tools, etc. Cost-\$3. Call 561-4790 to reserve.
- Sat Mar 24 Inter - Join Chuck Ejzak for a 40 mile trip leaving from AYH at 9:30 AM. Bring lunch and standard equipment. Call Chuck at 327-5031.
- Sun Mar 25 Inter - with Chuck Ejzak (327-5031). Meet at AYH at 8 AM. 35-40 miles.
- Sat Mar 31 Inter - Join Jay Alexander for a 40 mile trip to Evans City, starting from North Park, leaving from AYH at 8:30 AM. Call 486-3359).
- Sat Mar 31 Begin - with Ed Sieger (561-4790).
- Sun Apr 1 All Fools Bike Ride- Break out of the winter blues with a Sunday Morning ride. See South Side via the new Birmingham Bridge, return via River Road on the North Side. Possible brunch at Ritters Diner. Reservations needed. Call Joe Hoechner (343-2465). Meet at AYH at 10 AM.



## SPECIAL EVENTS & FUTURE TRIPS

- Sun Mar 4 Sunday Sailing Seminars - sponsored by Moraine Sailing Club and the CMU Explorers Club at the Wherrett Room in Skibo at CMU. Call Arv Westlund at 835-5896 with questions.
- Fri Mar 9 AYH Coffee House- Held at AYH headquarters from 9 PM to midnight. If you would be interested in performing or showing some slides, call Steve Martin at 462-5000, ext 6185 during the day.
- Sat Mar 31 AYH Banquet - look elsewhere in the Triangle for info and reservation form.
- Easter Anyone for an Easter weekend cycle? Call Joe(343-2465).
- Apr 20- Eastern Regional Meeting- See complete article elsewhere in the Triangle  
Apr 22 if you want to help out.
- Apr 28- Appropriate Technology Fair & Conference - will be held in Wash., D.C.  
May 2 on the Mall. AT emphasizes environmentally and socially sound technologies. For info: Appropriate Community Technology Fair & Conference, Inc., P.O. Box 57078, Wash, D.C. 20037.



## CLIMBING

Chairperson: Wojie 322-4524

- Sat Mar 24 Beginner - First trip of the season. For everyone who has wanted to try rock climbing but never got the chance. No experience necessary. Wojie and staff will teach basics; bring lunch in a day pack, leather or vinyl work gloves, tennis shoes (preferred) or stiff boots. Be at AYH at 7 AM, return Sat night. To sign up call Wojie (322-4524) or Bill Skallos (921-5695, 6-7:30 PM).



## AYH Membership Application

Fill out the following membership application and bring or send it with a check payable to "Pittsburgh Council, AYH" to Membership, AYH, 6300 Fifth Avenue, Pittsburgh, Pa., 15232.

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_  
Occupation \_\_\_\_\_  
New/Renewal \_\_\_\_\_  
(zip code)

_____ Youth membership (under 18)	\$5.00
_____ Senior membership (18 and over)	\$11.00
_____ Family (valid in USA and Canada only)	\$12.00
_____ Organization membership	\$25.00
_____ LIFE	\$110.00

### Please Circle:

Service Interests: Newsletter, Hostel Development, Bicycling, Publicity, Trail Maintenance, Eq. Repair, Auditor Service, Typing, Art Work, Key Punch.

Leadership: Backpacking, Bicycling, Canoeing, Caving, Climbing, Cross-country skiing, Hiking, Rafting.

Pittsburgh Council  
American Youth Hostels, Inc.  
6300 Fifth Ave.  
Pittsburgh, Pa. 15232

Non-Profit Organization  
U.S. Postage PAID  
Pittsburgh, Pa. 15232  
Permit #127

Return Postage Guaranteed  
Address Correction Requested

LIBRARIAN, A.Y.H. VIP 0  
4723 WALLINGFORD ST.  
PITTSBURGH, PA. 15213



The 1979 Handbooks are now available.