

Golden Triangle

VOLUME 56, NUMBER 4

OCT-NOV-DEC 2006

Obituary -- American Youth Hostels - Pittsburgh Council

The end of an era - and a long era at that! The last weekly meeting of AYH was held on June 3, 2004 to a packed house, including members dating back to the 1950s. The first weekly meeting was held in the 1930s and, except for a several-year lapse during WWII, had been held weekly ever since.

The cause of death was bankruptcy caused, in turn, by its Pittsburgh hostel on the south side. It was a Black Hole for money as it turns out, pretty much like its Ohiopyle hostel. Below is a bit of history and a biopsy.

AYH's main (and sizeable) contribution to the quality of life in this area has always been its outings program - a lively mix of hiking, bicycling, flatwater canoeing, whitewater canoeing, kayaking, caving, climbing, ski-touring, backpacking and a few others (kite-flying??), plus countless schools in many of these activities. AYH built the Baker Trail and the Rachel Carson Trail that could take one from Pittsburgh to Allegheny National Forest. AYH published numerous editions of numerous guides to hiking and canoeing in the region. Its extended trips in the summer took many of us on unforgettable trips such as backpacking on Mt. Rainier, the Olympic Rainforest, the Olympic Seashore, the North Cascades and Rocky Mtn. National Park, cycling hostel-to-hostel in New England, hut-hopping in the White Mountains, white-water canoeing and sail-canoeing on the streams and lakes of Wisconsin and countless others. No one will ever know how many multi-decade-long friendships came out of the delights, camaraderie, trials and tribulations of all those thousands of trips. Calamity Rock in the Cheat Narrows was named for a terrifying rafting episode on an AYH trip. White water canoe trips have been known to arrive, still cold and wet, back in Pittsburgh around 4 AM. There was a broken back on a bicycle descent off of Pittsburgh's Mt. Washington, and a nasty altercation between a bicycle and a pickup truck.

AYH always had its ups and downs. At times its weekly Thursday evening meetings saw people packed shoulder-to-shoulder watching slide shows of past adventures and listening to 8-10 trip leaders advertising the adventures they had planned for the weekend. At other times the organization was held together by 3-4 people struggling to get the club back on its feet. A lot was learned about the dynamics of "volunteer associations" (as such organizations are called). One example of many: A preoccupation with social aspects and beginner-oriented trips foretells an impending collapse. A focus on substantive outdoor-oriented adventures and pleasures means another growth spurt toward a membership size that tends to attract the purely socially oriented.

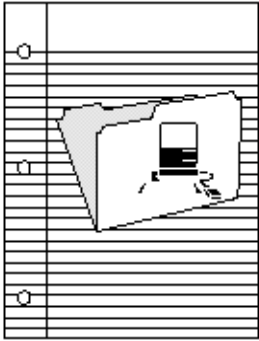
AYH was always a down-to-earth, low-budget operation that attracted people of like mind. Its headquarters/ meeting room was a former Mellon estate chicken coop built on the property line with the Marshal mansion (now Arts Center), apparently as a result of some sort of feud. Outings had always been profitable, even with trip fees of \$0.25 to \$1/day, canoe- and bicycle rentals of a few dollars per day, and sales of modestly-priced trail guides. This combination of profitability and frugality might well have been AYH's undoing. The several hundred thousand dollars in savings generated over the decades was perhaps too much of a temptation to the hostel-oriented faction of the club. (AYH always had an uneasy split personality.) They grabbed control of the club, abolished the Activities Board (that had always handled the day-to-day operations of the club) and sunk everything into a highly leveraged hostel. The rest is history.

Bruce E Sundquist



INSIDE

Message from the President:	Page 1
Holiday Party:	Page 1
Activity Chairs:	Page 2
Slide Shows and Programs:	Page 3
Rambles:	Page 3
Rock Climbing:	Page 3
Bicycling:	Page 3
Sea-Kayaking:	Page 3
On-Line Membership Help:	Page 3
Hiking/Backpacking/Trails:	Pages 4-6
Other Outdoor Clubs:	Page 7
Canoeing:	Page 7
Sailing:	Page 7
Cross-Country Skiing:	Page 7
Baker and Rachel Carson Trails:	Page 8
PA State Parks Info:	Page 8
Council Memberships:	Back Cover



Submissions Policy: Golden Triangle

Classified Ads:

- ? Classified ads are free to Current members of HI-International
- ? All requests for classifieds must be made in writing via the Council Office. Request must include full name, address, phone number and membership number of member. Members are not permitted to place ads for non-members.
- ? Free ads may not be for commercial gain.
- ? Above rules apply in addition to general rules for submission

Trips

- ? All trips must be approved by authorized co-chair
- ? Trip leader must be a council approved leader
- ? Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- ? Above rules apply in addition to general rules for submission

Articles

- ? Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- ? All Articles are to be, non-political and non-religious
- ? Above rules apply in addition to general rules for submission

General rules for submission

- ? No handwritten submissions
- ? Submissions Can be;
 - On computer disk (IBM), E-mail (Internet/compuserve), Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- ? Submitted before the deadline of the issue that submission needs to be in. (See Editors Golden Rule)
- ? All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- ? Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue.(See Editors Golden Rule)
- ? Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- ? @Lack of planning on your part, does not constitute an emergency on my part@

Please note, the Golden Triangle frequency of publication for 2006

Number 1 issue ->January/February/March

Number 2 issue ->April/May/June

Number 3 issue ->July/August /September

Number 4 issue ->October/November/December

Editor...

Triangle Staff

Managing Editor ... **Joel Platt**
412-521-5244
golden_triangle@bigfoot.com

NOTICE

Please note the deadlines for
future issues of the
GOLDEN TRIANGLE

Oct-Nov-Dec ISSUE
All copy, Dec 7

If your work is on computer,
Please contact Joel Platt at
golden_triangle@bigfoot.com

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

Mail regarding the Newsletter
should be addressed to:

The Golden Triangle
1632 Denniston St.
Pittsburgh, PA 15217

golden_triangle@bigfoot.com





SEA-KAYAKING

Kelleys Island, Cape Henlopen and Presque Isle are just a few of the interesting and exciting places we visited last summer. Whether you are a beginner or an experienced paddler, we have a trip for you. So grab your paddle and sunscreen and we will see you on the water.

ActivityCo-Chairs Vickie 412-344-4929
Russ 412-331-2073

See
Sierra Clubs Hikes, at end.



ROCK CLIMBING

Important Notice / Rock Climbing

We regret to inform our members that the Pittsburgh Council is no longer able to sponsor any rock climbing activities for insurance reasons. Our liability insurance is provided through the National AYH organization. After lengthy discussions with National’s insurance carrier, we have been notified that a number of activities classified as “high risk” have been excluded from our coverage effective 1 April. While National was successful in negotiating the removal of several activities (such as ice-skating and cross country skiing) from the initial list of exclusions, they were ultimately unsuccessful in being able to have rock climbing covered. While we are disappointed with this exclusion, we have no choice but to stop sponsoring all rock climbing activities. Thank you to all of the volunteers who assisted in the organization and operation of the rock climbing activity over the years. It would not have been possible without you. Discussions are underway with other activities organizations that may be able to sponsor rock climbing activities. For more information, please contact Chuck Jones at charlzjonz@excite.com or (412)766-4036 or Annie Jones at (412) 303-1793. Please call before 10 o'clock at night. http://www.wpfi.org/

While it is unfortunate that we will no longer be able to sponsor rock climbing, we would like to remind both members and non-members of the great activities that we sponsor, and encourage everyone's continued participation.



BICYCLING

IMPROMPTU BICYCLE RIDES EMAIL LIST

Our bicycle email list is up and running. We have been enjoying some good rides. The biggest need now is for people to announce rides.

If you would like to get on our bike email list our address is:
letsbikenow-subscribe@yahoogroups.com

HELMETS ARE REQUIRED FOR THE PROTECTION OF ALL. YOU RIDE AT YOUR OWN RISK

Glenn Oster continues to ride and report on various trails across the USA. Visit his website at http://www.intellweb.com/trails/oster.htm

UPCOMING SLIDE SHOWS

Rambles For Fall 2006

SEPTEMBER (Start at 9:30 A.M.)

- Sept. 20 - Visit Schenley Park with Ruth Fischer, 412-421-9215. Bag lunch.
- Sept. 27 - Visit Rachel Carson Trail with Maureen and Bob Tait, 412-821-5709. Bag lunch.

OCTOBER (Start at 10:00 A.M.)

- October 4 West Penn Trail. Bag lunch or stop for ribs at Clems. Judy and Jim Stark 412-363-0462.
- October 11 Lynn Run Park. Bag lunch or a restaurant in Ligonier. Martha Raak 412-802-7266.
- October 18 Round Hill Farm. Bag lunch. Bille Woodland 412-886-1603.
- October 25 Townsend Park, Murrys ville. Bag lunch. Joanne Winwood 412-371-0767.

NOVEMBER (Start at 10:00 A.M.)

- November 1 Peters Lake. Bag lunch. Sue and Dan Sebolt 412-563-6987.
- November 8 The Steps of Oakland. Bag lunch or a restaurant. Marian Fast 412-241-2109.
- November 15 Historical tour of Turtle Creek Valley. Bag lunch or a restaurant. Joan Roofl 412-351-2061.
- November 22 Mystery hike and lunch at a restaurant. Margaret Laske 412-421-5219.
- November 29 Washington’s Landing and Millvale Park, TRRA Boat house tour. Bag lunch. Judy Stark 412-363-0462.

DECEMBER (Start at 10:00 A.M.)

- December 6 Fox Chapel waterfront. Bag lunch or a restaurant. Ed Divers 412-828-5154.
- December 13 Tour Downtown buildings. Lunch at the Culinary Institute. Maureen and Bob Tait 412-821-5709.
- December 20 Walk/drive to Holiday Lunch in Oakland at Druanti’s. Perhaps an architectural/pipe organ tour of Shadyside churches. For details and reservations call Judy/Jim Stark 412-363-0462.
- December 27 Mystery hike and lunch at a restaurant. Margaret Laske 412-421-5219.

Rambles begin at 10 A.M. (9:30 in summer months) from the parking lot of Phipps Garden Center (Mellon Park) on Shady Ave. Car-pooling is encouraged. Please pay driver depending on distance. Call trip leader for details, especially if you plan to meet at the trailhead. Or call Billie at 412-886-1603(H)- cell 412-889-7048.



HIKING/BACKPACKING/TRAILS

AMBLE HIKES ARE 4-6 MILES IN INTERESTING LOCATIONS AROUND PITTSBURGH. CONNIE BLACK HAS AGREED TO TAKE CALLS FROM THOSE WISHING TO LEAD AN AMBLE AS WELL AS THOSE WISHING TO GO ON AN AMBLE. CONNIE'S PHONE NUMBER IS 412-371-1062 AND HER EMAIL IS ceblack@libcom.com

ALLEGHENY GROUP - SIERRA CLUB - OUTINGS -

Sep. 16 - Dec. 17, 2006

- * Suggested carpool fee: 6 cents/ passenger-mile + a share of tolls.
- * All trips begin and end at the trailhead.
- * (Unless stated, car-miles are one-way from Monroeville.)
- * For more up-to-date listings, visit <http://www.alleghenysc.org/>
- * Hardcopy subscriptions to this list are \$2.50/ year (4 issues). Make check payable to Allegheny Group, Sierra Club and mail to Bruce Sundquist, 210 College Park Dr., Monroeville PA 15146-1532
- * E-mail subscriptions are free. Contact bsundquist1@juno.com
- * All participants on Sierra Club outings must sign a standard liability waiver form at the trailhead. If you wish to read it well before you are asked to sign the form at the trailhead, go to: <http://www.sierraclub.org/outings/chapter/forms/>, or contact the Outings Department at 415-977-5528 for a hardcopy.

EVENING CONDITIONING WALKS

South Park (year-around). Thursday evenings at 6:30 PM. Call Bonnie Thomas, 412-833-1068, for meeting place.

DAY- AND WEEKEND TRIPS

Sat. Aug. 12 -- Loop hike, about 8 miles, in North Park, using bridle trails and a part of the Rachel Carson Trail. Meet at 9:30 AM. Call Jim Ritchie, 412-828-0210.

Sat. Sept. 16 -- Loop hike in Ohiopyle State Park, about 8 miles. We'll visit at least 4 waterfalls. Intermediate difficulty. Meet at 8 AM. \$9.50 carpool - 68 miles. Call Jim Ritchie, 412-828-0210.

Sat. Sept. 23 -- Hike to Sugar Loaf Knob at Ohiopyle and return. 12-13 miles with some very steep climbs. \$9.25 carpool - 65 miles. Call Dave Mottorn, 724-327-7582.

Sun. Sept. 24 - Hike an easy intermediate 10 miles in Raccoon Creek State Park. \$3.50 carpool - 30 miles from Shadyside. Meet at 9 AM. Call Mike Robertson, 412-678-4039.

Sun. Oct. 1 - Enjoy an easy exploratory hike in Dunbar State Gamelands, visiting Old Crag Rock, Stone City, Robb's Knob, and Zebley Flats. About 9 miles total. Meet at Gateway Middle School in Monroeville, at 9:30 AM. \$6 carpool - 44 miles. Call Don Stone, 412-441-2027, to reserve.

Sat. Oct. 7 - Hike an intermediate 5-mile loop in Charles F. Lewis Natural Area on Laurel Ridge just north of Conemaugh Gorge. Great scenery and views. Meet at Gateway Middle School in Monroeville at 9 AM. \$6.25 carpool - 53 miles. Call Ben Brugmans, 412-361-3623, to reserve.

Sat. Oct. 7 - Visit an organic farm in our region - meet the farmer, see the methods used, see the produce (perhaps buy some), learn about the issues. The trip may take up to 5 hours total. Contact Don Gibbon at 412-362-8451 or dongibbon@earthlink.net by Oct. 4.

Sun. Oct. 8 -- Hike about 12 miles in Oil Creek State Park. We'll probably go from the train station to Miller Farm and return on the other side of Oil Creek. It's fairly steep. \$10.75 carpool - 90 miles from Cranberry Mall. Call Dave Mottorn, 724-327-7582.

Sun. Oct. 14 - Hike an easy 8 miles in the Ohiopyle area from Sugarloaf to Ramcat Run during the peak of the fall colors. Meet at 9 AM at Gateway Middle School in Monroeville. \$9.25 carpool - 65 miles. Call Ed Divers, 412-828-5154.

Sun. Oct. 15 -- Easy 1.5-mile hike (2 hours) in Seldom Seen Greenway (Beechview Area). Meet at the far end of Brashear High School's parking lot at 590 Crane Ave. in Beechview at 1:30 PM. Call John or Kathy Murphy, 412-341-9367, and Bill Lawrence, 412-922-395.

Sun. Oct. 15 - Hike about 10 miles in the Rt. 31 area of Laurel Ridge using the Laurel Highlands Trail, the trails of the North Woods Area and

trails of the Roaring Run Natural Area on Laurel Ridge. Fall colors should be peaking around now. Meet at 9 AM at Gateway Middle School in Monroeville. \$7 carpool - 45 miles. Call John Dern, 412-856-4642, to reserve.

Sun. Oct. 15 -- Hike - strenuous and exploratory - Lake Arthur east end circuit from the Route 528 bridge over the lake, past Mt. Zion, along the Shannon Run, Swamp Run and Muddy Creek arms of the lake, at the edge of the Game Propagation Area and past ancient, small-walled cemeteries. \$6.25 carpool - 52 miles from Shadyside. Call Dick Pratt, 412-362-5567.

Sat. Oct. 21 - Bicycling, easy, on Ghost Town Trail from Dilltown to NantyGlo and return. Meet at 9AM at Gateway Middle School in Monroeville. \$6 carpool - 50 miles. Call Bill Kozorra or Dianne Ciccarelli, 412-531-6236 to reserve.

Sat.-Mon. Oct. 21-23 - Backpacking on Quehanna Trail -- a 30-mile adventure through the mountain meadows of Black Moshannon Forest. In conjunction with Midatlantichikes.com and the Howard County Group of the Maryland Chapter of the Sierra Club. Group size will be limited to 10 to reduce trail impact. Prior backpacking experience required. Depart Monroeville by 8 AM on Oct. 21 and return on Oct. 23 by 6 PM. \$18.50 carpool - 130 miles from Monroeville. Contact Patrick Roberts, 412-596-3566, or pdroberts19@hotmail.com

Sat. Oct. 21 -- Shuttle hike of about 8 miles in Moraine State Park. We'll hike in the southwest corner of the park, using bridle trails not usually used by hikers. There should be lots of fall color. Intermediate difficulty. Meet at 9 AM. \$3.25 carpool - 27 miles from Cranberry Mall. Call Jim Ritchie, 412-828-0210.

Sat. Oct. 21 - Caving, intermediate, in Lower Beaver Hole Cave in lower Cheat Canyon. Spend about 3 hours in the Cave. \$9.50 carpool - 73 miles. Call Norm Snyder, 412-351-4068.

Sun. Oct. 22 - Try an easy 3-mile nature walk in Hampton Community Park and on Rachel Carson Trail. Enjoy fall foliage and the last wildflowers of the season. Call Luc Berger, 412-362-5792 (Note new telephone #).

Sun. Oct. 22 -- Canoe Trip, 9-10 miles, on Kiskiminetas River from Saltsburg to Apollo. Downstream paddling on flat water. Rentals are available for about \$25 a person in Saltsburg. This is the annual leaf-peeping trip. \$3 carpool - 26 miles from Murrysville. Call Dave Mottorn, 724-327-7582.

Sat. Oct. 28 -- Hike an easy 3-4 miles in Duff Park near Murrysville. Meet at 9AM at Gateway Middle School in Monroeville. \$0.50 carpool - 3 miles. Call Bill Kozorra or Dianne Ciccarelli, 412-531-6236.

Sun. Oct. 29 -- Hike a fast-paced intermediate 8 miles in Harrison Hills County Park. \$1.25 carpool - 10 miles from Harmarville. Call Judy or Don Ziegler, 412-826-0519.

Sat. Nov. 4 - Canoe or kayak on the Allegheny River to an island near Freeport for an all-day cookout and hiking in the vicinity. Meet at 10 AM at Harmarville Ames. \$2.50 carpool - 20 miles. Call Ed Divers, 412-828-5154.

Sun. Nov. 5 - Hike an easy 7 miles in Bear Run Nature Preserve (Peninsula Trail and the nature reserve). \$8.75 carpool - 60 miles. Meet at Gateway Middle School at 9 AM. Call Mike Robertson, 412-678-4039.

Thurs.-Sun. Nov. 9 - 12 -- Old Loggers Path, PA Backpacking Trip. A 27-mile trek through Tiadaghton State Forest, starting from Masten Ghost Town Trailhead. There is a bailout point if the trip must be shortened. Blaze orange required due to turkey- and deer-hunting in the area. Prior backpacking experience required. Contact Patrick Roberts at 412-596-3566 or pdroberts19@hotmail.com. Depart Monroeville at 7 PM Nov. 9 (camp at trailhead) and return by 7 PM Sun. Nov. 12. \$28.50 carpool - 212 miles from Monroeville.

Sat. Nov. 11 -- Caving, intermediate, in Casparis or Lemon Hole Cave. Spend about 3 hours in the Cave. Call Norm Snyder, 412-351-4068.

(Continued on page 5)

(Continued from page 4)

Sun. Nov. 12 -- Hike 11 miles from the southern end of the Laurel Highlands Trail to the Maple Summit trailhead. Very steep trail and some great vistas of the Youghiogheny River valley without leaves to block them. \$9.25 carpool - 65 miles. Call Dave Mottorn, 724-327-7582.

Sun. Nov. 12 - Hike an easy 7-mile ridge-top loop near Connellsville. Meet at 9 AM at Gateway Middle School in Monroeville. \$5.50 carpool - 40 miles. Call Ed Divers, 412-828-5154.

Sun. Nov. 19 -- Shuttle hike on the Baker Trail through Crooked Creek Park in Armstrong County. About 8 miles. Highlights include the covered footbridge, views of the reservoir, and the Nellie Bly memorial. Intermediate difficulty. Meet at 9 AM. \$6 carpool - 60 miles. Call Jim Ritchie, 412-828-0210.

Sun. Nov. 19 -- Hike - strenuous and exploratory - loop from Seward toward Baldwin Creek, climbing up to and then utilizing the Laurel Highlands Trail, including the descent along the gorge of the Cone-maugh River (views) and toward Seward. \$7 carpool - 59 miles from Shadyside. Call Dick Pratt, 412-362-5567.

Sun. Nov. 26 - Hike 9 easy miles in the Bear Run area - in the nature reserve and in the area overlooking the Youghiogheny River Gorge. Meet at 9 AM at Gateway Middle School in Monroeville. \$8.75 carpool - 60 miles. Call John Dern, 412-856-4642 to reserve.

Fri.- Sun. Dec. 8 - 10 -- Laurel Highlands Trail Backpacking Trip. An 18-mile romp in the hills from Laurel Ridge (Rt. 653) to Ohiopyle. Depart Monroeville at 7 PM on Dec. 8 and return by 6 PM on Dec. 10. \$11 carpool - 65 miles from Monroeville. Wear orange during hunting season. Contact Patrick Roberts, 412-596-3566 or pdroberts19@hotmail.com.

Sat. Dec. 2 - Hike an easy 8-mile loop going south from Connellsville and returning via the Youghiogheny River Trail. Wear orange during hunting season. Meet at 9 AM at Gateway Middle School in Monroeville. \$5.50 carpool - 40 miles. Call Ed Divers, 412-828-5154.

Sun. Dec. 3 - Hike with llamas in Blue Spruce Park near Indiana PA. Meet at 10 AM near Blairsville. (Inquire about a carpool from Monroeville if you come from the Pittsburgh area.) If there is snow we will go ski-touring instead. Call Diane Neely, 724-459-3012.

Sun. Dec. 3 -- Hike, strenuous and exploratory, from Burgettstown Game Lands to Raccoon Creek State Park via Hillman Game Lands, across the unusual and disorienting terrain of little-visited lands. \$3.50 carpool—30 miles from Shadyside. Call Dick Pratt, 412-362-5567.

Sun. Dec. 10 - Hike about 8 miles in Keystone State Park and Bushy Run Battlefield with an optional tour of Bushy Run Battlefield Museum. Meet at 9 AM at Gateway Middle School in Monroeville. \$3 carpool - 25 miles. Call John Dern, 412-856-4642 to reserve.

ADVANCE NOTICE:

Fri.- Mon. Dec. 29 - Jan. 1 -- Canaan Valley Winter Excursion. We'll camp at Canaan Valley State Park (They have hot showers) and ski/snowshoe/ hike at Whitegrass, Dolly Sods, Canaan Valley, and Black-water Falls State Park. Equipment rentals are available. Trip is not dependent upon snow. Contact Patrick Roberts, 412-596-3566 or pdroberts19@hotmail.com. We can also pack into the Purple Fiddle for a bluegrass party on New Year's Eve. Depart Washington, PA at 7 PM on Dec. 29 and return by 6 PM on Jan. 1. \$17 carpool - 125 miles from Washington PA.

Fri.-Thurs. Jan. 12-18 - Backpack all 70 miles of Laurel Highlands Trail from Seward to Ohiopyle. Experienced backpackers only. \$16.25 carpool—111 miles including carpool. Contact Patrick Roberts, 412-596-3566 or pdroberts19@hotmail.com

NOTES: Ask the leader for names and phone numbers of trippers for you to arrange a car pool. Reserve at least 36 hours in advance. Reserve several weeks in advance for backpack trips to allow for extra planning. If you leave your phone number on the leader's answering machine, give it slowly and clearly. Notify leader to cancel your reservation. Bring lunch, rain gear, water, first-aid kit, small flashlight and extra clothes for changes in weather. If you have a cell phone, bring it along. Cell phones have saved the day on several trips when accidents have required evacuation of trippers. Sierra Clubbers planning to lead outings during

12/1/06 - 3/15/07 should contact Bruce Sundquist, 724-327-8737, bsundquist1@juno.com by 11/1/06.

HELP WANTED:

Allegheny Group's Outings Chair (Bruce Sundquist) has held that post since 1976 -- much too long. Running the outings program involves 32 well-defined tasks. Most are done quarterly; some monthly. About 12 could be done without any experience, and could be divided among several people. If you are willing to share some of these tasks, please contact Bruce at 724-327-8737 or bsundquist1@juno.com

SIERRA CLUB MEMBERSHIP INDUCEMENT

If you join the Sierra Club on one of our outings, your \$25 introductory membership will get you a free hip pack. Call 724-327-8737 for application form and pack.

ALLEGHENY GROUP MONTHLY MEETINGS

Monthly meetings of Allegheny Group are now held at Pittsburgh Civic Garden Center on Shady Avenue just south of Fifth Ave. Driving south on Shady from Fifth, turn left at the second driveway into a parking lot in front of the Scaife Unit of the Arts Center. Parking there is metered (quarters only - 25 cents per hour). Follow the cobblestone driveway back to the Garden Center. Meetings begin at 7:30 PM. The first 30 minutes is a business meeting, the main program begins around 8 PM. A social hour and refreshments concludes the meeting. We must vacate the building by 10 PM.

Wed. Sept. 13 -- Annual Member Adventure Travel Program - Slide shows by Allegheny Group members who went on National Sierra Club outings in 2006.

Wed. Dec. 13 -- Annual Member Slide Show

HEADWATERS (JOHNSTOWN) GROUP OUTINGS

Sun. Aug. 27 - Annual Sierra Club picnic at Shawnee State Park, Area 6. Pack a picnic lunch and a dish to share. Meet at Shawnee State Park at 2:30 PM. Call Ed Statler, 814-255-4775.

HELPFUL HINTS FOR USING OUTINGS-RELATED PARTS OF ALLEGHENY GROUP'S WEB PAGE

Trail Guides and Patches: Interested in trail guides and/or trail patches? Click on "Publications" near the top of the front page to get a descriptive list of all trail guides that Allegheny Group sells. Near the top of that list you can click on "Order Form" to get an order form that you can copy and mail in if you want to place an order. The top of the order form describes trail patches and guides that you can order.

Outings List: The front page contains a list of outings for the coming few weekends. Each trip is described in only a few words. But at the bottom of that brief list you can click on "more events/ outings" to get a page that lists trips for the coming month or so in far more detail. But they may still be incomplete. To get the complete description, click on that trip's bold-faced title (not just the date). A complete description of that trip will then appear. Read this description before calling the trip leader to sign up for the trip. That helps you avoid trips that do not fit your interests or abilities.

Trails Updates:

The outings committee compiles new information that it learns about hiking trails and bicycle paths in western Pa. It also updates trail descriptions found in Allegheny Groups hiking guide to trails on public lands on Chestnut Ridge, Laurel Ridge and Allegheny Front in southwestern Pennsylvania (Title: The Laurel Highlands: A Hiking Guide) If you are planning to go on a hike or bicycle trip in western Pa., first check this list to learn of any recent changes to the trails you plan to use - or to learn about new trails. To get to this information, click on "Information About Outings" found just below the bottom of the more complete listing of outings described above. A new page will appear. Near the top is a sentence on "Trail Updates". Click on that to bring up the updates with a Table of Contents listing all trails covered.

About Allegheny Group Outings:

If you are new to Allegheny Group's outings, you should read a 2-page description of the outings program. To get this, click on "Information About Outings" found just below the bottom of the more complete listing of outings described above. A new page will appear and near the top is a sentence on "About Allegheny Group Outings". Click on that to get a page with that title.

(Continued on page 6)

(Continued from page 5)

Ski Touring for Beginners: If you are contemplating getting into ski touring, you should read about it. Click on "Information About Outings" found just below the bottom of the more complete listing of outings described above. A new page will appear and near the top is a sentence on "Ski-Touring for Beginners. Click on that to get a page with that title.

Waiver Form: If you want to go on an Allegheny Group outing, the National Sierra Club requires that you sign a liability waiver form to acknowledge that you are aware of the risks that are inherent in any of the sorts of outdoor activities that the Club is involved in. To read this form before you come on any Allegheny Group outing, click on "Information About Outings" found just below the bottom of the more complete listing of outings described above. A new page will appear. Near the top is a sentence on "Waiver Form". Click on that to bring up a page with that title.

NEED MAPS AND TRAIL DESCRIPTIONS OF THE FOOT TRAILS OF SOUTHWESTERN PA?

The ridges of southwestern Pennsylvania--Chestnut Ridge, Laurel Ridge and Allegheny Front--contain the bulk of the scenic public lands in the region. Nowhere else in southwestern Pennsylvania can you find large expanses of nature-oriented and outdoor-recreation-oriented public lands for public enjoyment. The best way to gain access to the scenery and natural values of the region is by way of the roughly 550 miles of foot trails that blanket the 218 sq. miles of state forests, state parks and state game lands of the "Laurel Highlands".

The Sierra Club's guide "The Laurel Highlands: A Hiking Guide"*** gives you all the information you need to enjoy this major recreational and natural resource. This 288-page Guide describes opportunities for hiking, backpacking and ski-touring on 446 miles of foot trails on the public lands of these Laurel Highlands. It omits the 70-mile Laurel Highlands Hiking Trail because that is described in a separate guide devoted exclusively to that trail. It also omits some trails in the Mt. Davis area of Forbes State Forest, the 26-mile Lost Turkey Trail on Gallitzin State Forest (which offers a map and brief guide), and some trails on State Game Lands #51 adjacent to Ohiopyle State Park. Covered in this guide are the foot trails of the following public lands in the Laurel Highlands:

State Parks:	(sq. miles)
Ohiopyle Park	30
Laurel Ridge	24
Coopers Rock	20
Blue Knob	9
Laurel Hill	6
Linn Run	1
Kooser	0.4
State Forests	
Forbes	86
Gallitzin	30
Other Public Lands:	
Bear Run Nature Res.	8
Lower ICV Trail	4
Total Public Lands:	218 sq. miles

Peaks on ridges in the Laurel Highlands are at altitudes between 2500 and 3000 ft. Allegheny Front is the "backbone" of the Appalachian Mountains in this part of the country. It is the highest, the most rugged, and the most remote from major centers of population. Laurel Ridge is closer to population centers and contains an amazing wealth of public lands -- state forests, state parks, and state game lands. It is probably the most popular region for outdoor recreation in western Pennsylvania. Chestnut Ridge is closest to major population centers but contains less public land so it is not as popular among outdoor recreationists as Laurel Ridge. All of these ridges are heavily forested, largely because the steepness of the ridge slopes makes them poor sites for urban developments.

Besides trail descriptions, this 6x9" soft-cover Guide provides 26 pages of USGS topographic maps showing trail routes. Trail routes on the maps are keyed to the descriptive text to make using this guide as easy as possible. This Guide gives other information as well:

- * How to get to the trailheads
- * Ski-touring and backpacking in the Laurel Highlands
- * 32 photographs of some of the scenery along the trails
- * Ratings of scenery/ condition/ difficulty (hiking and skiing)

- * Altitude changes, stream crossing and other maps
- * Information on public organizations that use foot trails
- * foot-trail maintenance, water purification, and hiking ethics

To get your copy of "The Laurel Highlands: A Hiking Guide" send \$11.95 plus \$1.50 for book-rate postage and handling, plus any applicable sales tax, to Bob Roth, 80 Roseleaf Road, Pittsburgh PA 15220. Please make checks payable to Allegheny Group, Sierra Club. Allegheny Group also published "Hiker's Guide to Laurel Highlands Trail" (Edition 5, 128 pages, 24 pages of maps, \$6.00) and "Allegheny National Forest Hiking Guide" (Edition 4, 192 pages, 49 pages of maps, \$9.95).

** Authors: Monika Dalrymple, Mark Christy, Jan Frissora, Kim and Tom Metzgar, Tom Beebee, Palvina & Chavaya Beebee-Galvao, Judy Rodd, Bruce Sundquist

Other Outdoors Clubs

Butler Outdoors Club

BOC runs the same sorts of trips as Allegheny Group. Contact Dave Adams, 724-453-1685 DaveEAdams@aol.com or Bob Tait, 724-287-3382 BobTait@zbzoom.net or visit <http://www.butleroutdoorclub.com> Some trips by BOC and North Country Trails Assn. (NCTA) are listed below.

WISSAHICKON NATURE CLUB: If you enjoy nature lore, look into the meetings and field trips of Wissahickon Nature Club. They meet every other Thursday at 7 PM (except June-August) at Fern Hollow Nature Center, 1901 Glen Mitchell Road, Sewickley, PA 15143 (412)741-6136 <http://www.fernhollownaturecenter.org> Contact Chuck Tague, 412-488-8760 or 432 Olympia Road, Pittsburgh 15219

Botanical Society of Western Pennsylvania

BSWP offers field trips in spring, summer and fall to look at and learn about the enormous variety of plant life that western Pa. offers. Everyone is welcome on field trips; amateurs, professionals, non-members, and anyone who is curious about the natural world. Trips are often at a leisurely pace, but may require hiking and traveling through wet/muddy areas. For information, e-mail your address for sample newsletter and membership information to mousemapper@verizon.net, or call Loree at 724-872-5232.

WPW (Western Pennsylvania Wheelmen) Bicycle Club

Home Page: <http://wpwbikeclub.org> Ride Hotline: 412-422-2234 Various length and difficulty rides scheduled each weekend and some during the week. Monthly meeting usually the 2nd Monday at 8pm at the Frick Environmental center on Beechwood Blvd in Squirrel Hill. See home page for details.

Moraine Sailing Club

MSC offers sailing opportunities for new and experienced sailors at Lake Arthur in Moraine State Park. They have an active education program for all ages, numerous sailing related social events, Day Sailing at Lake Arthur, and a very active sailboat racing program. For more information see the MSC Web Page at www.morainesailingclub.org or contact Chris Neuwirth 412-441-5590, email to: cmn@andrew.cmu.edu

WESTERN PENNSYLVANIA FIELD INSTITUTE -- TRIPS

For information on WPFI events, contact Sean Brady sbrady@wpfi.org 412-255-0564 or visit <http://www.wpfi.org/> All events open to the public. Fridays, Noon-12:50 PM Nature Walks starting in Market Square, Downtown Pittsburgh, Cost: Free

Outside Adventure Learning of Western Pennsylvania

Outside Adventures 2002 Paddling Schedule
Call 724-230-0237 or 412-968-0310 for information or to sign up for any event.
www.outsideadventures.org or www.outsideadventures@Yahoo.com
More outings continuously offered. Call for Updates: 724-230-0237 or 412-968-0310.
Outside Adventures Sea-Kayaking Program "Sea-Kayaking Taught From Scratch"
Outside Adventure Learning of Western Pa. is a non-profit educational organization committed to introducing individuals to safe and enjoyable recreational outdoor pursuits. The sea-kayaking program specializes in teaching all levels of sea-kayaking skills and organizing trips from our evening introductory classes for new paddlers up to advanced expedition tours. Outside Adventures welcomes participation from individuals, families, youth organizations and outings clubs. Sea-kayaks, or touring kayaks are versatile, fun, human-powered watercraft that enables us to do all these things and more. They are sleek and fast, more efficient than canoes, more comfortable and stable than whitewater kayaks, have hatches to swallow loads of gear, and steerable rudders that enable even beginners to control the boat with ease.



CANOEING

Activity Co-chairs: Paul Henry (724) 347-3282
Brian McBane (724) 443-8972



SAILING

The AYH no longer owns its own sailboats or runs trips but Bob Zavos will help coordinate sailing interests with other area organizations. The Moraine Sailing Club (MSC) is the largest local sailing group. Most activities are on Lake Arthur in Moraine State Park which is about 35 miles North of Pittsburgh. They offer education, social events and run a youth summer sail camp. They also have a large racing program and sponsor a Community Sailing Program for people without their own sailboats. They help organize/publicize Cruising Trips, but do not officially sponsor them. More information is on their website at www.morainesailingclub.org. Big boat sailors may want to check out the Erie Yacht Club: www.erieyachtclub.org or the Erie Bayfront Center for Marine studies: www.goerie.com/bcms

Moraine Preservations Fund (MPF), is looking for volunteers to help with the 50 passenger pontoon boat which they run on Lake Arthur in the Summer. It is used for scientific hands-on field trips for students and summer and fall tours for the public. They are looking for people interested in becoming volunteer mates and captains. You will need to have a boater's safety class, which you may already have taken or is easily available locally. To be a mate you must be 16 and 18 to be a captain. The boat training is given by experienced MPF captains, and you will be tested and licensed by the Fish and Boat Commission. The times and amount of time you would volunteer is completely by your choice. Even limited help is appreciated. If you have questions or would like to sign up, please contact Ruth Roperti at 724 843 7046, or email: missionmorain@zoominternet.net

The 6th annual **Lake Arthur Regatta is scheduled for August 14 & 15**. This is one of the largest water and boating related activities in the area. Mark your calendars and look for more information later in the season on the MSC Website or the Butler County site: www.visit-butler-county-pennsylvania-pa.com/

**Baker Trail and Rachel Carson Trail
Trail Maintenance Opportunities for 2006**

The Pittsburgh Council, American Youth Hostels, conceived and built the Baker Trail in the late 1940's and dedicated the Trail in 1950. It was built by returning war veterans who envisioned a network of "youth hostels" along the Trail where the youth of the world could find safe, inexpensive shelter while touring rural America on foot. Today the Trail is 141 miles long and extends from Freeport, PA to the Allegheny National Forest, and traverses Cook Forest State Park, several State Game Lands, Kittanning State Forest, the Mahoning and Crooked Creek Army Corps of Engineers projects, and several local recreation facilities. All AYH members are asked to spend one day a year helping us maintain the Trail. The Baker Trail is 100% volunteer-supported. We use no Federal, State, or Local government funding. Right now the trail needs AYH members who would like to participate in trail crew maintenance activities. Please contact Steve Mentzer SGMentzer@TrueCommerce.com

Adopt-a-Trail Volunteers needed. We also need volunteers to become trail stewards who are willing to adopt a 3-5 mile long section of the Baker Trail. Trail stewards will be independently responsible to work on their section of the trail on their own schedule. Responsibilities include painting yellow blazes on the trail once a year, picking up debris and trash off the treadway, and trimming vegetation away from blazes. Optional skills include chain saw work, shelter repair (we have 10 overnight shelters on the trail that require yearly maintenance—adopt a shelter as your own personal project) and/or you can build bridges, sidehill supports, benches, and other trail amenities. Regardless of the level of your effort, you would be expected to walk your trail section twice a year, preferably once in the spring (April, May) and once in the fall (September, October). All expenses for supplies-paint, brushes, etc.-are reimbursed.

Pennsylvania State Parks
Reservations & Information

Call Toll Free
1-888-PA-PARKS

Reserve up to 11 months in advance
Cabins - Pavilions - Camping

Mastercard www.dcnr.state.pa.us Visa

Baker Trail/Rachel Carson Trail Resources

Rachel Carson Trail website: www.rachelcarsontrail.org; **this website has information about the Rachel Carson Trail, the Baker Trail, and the Rachel Carson Trail Challenge.**
Baker Trail website: www.geocities.com/bakertrailpa; **this website has some abbreviated information concerning the Baker Trail.**
Hostelling International website: <http://trfn.clpgh.org/ayh/>; **general information about the BT/RCT sponsor organization.**
Keystone Trails Association: <http://www.kta-hike.org/>; **has information about all Pennsylvania hiking trails**
“Guide to the Rachel Carson Trail”; **this is a trail guide, with topographic maps, and some interpretive information about the 34-mile long trail, available from HI-Pittsburgh for under \$10, including postage and handling. Call 412-431-4910 to order.**
“Baker Trail Guide Book”; **a trail guide with topographic maps, and interpretive information about the 141-mile long Baker Trail. Available from HI-Pittsburgh for under \$10, including postage and handling. Call 412-431-4910 to order.**

*******HIKER ALERTS*********Current hiker alerts for both the Rachel Carson Trail and the Baker Trail may be found at www.rachelcarsontrail.com.**

STUDENT TRAVEL
AYH cards here!

STA Travel
sells
American
Youth Hostel
membership
cards.
Get your's
now!

118 Meyran Ave.
(Oakland - between
5th and Forbes)
(412) 683.1881

STA TRAVEL
WE'VE BEEN THERE.
ONLINE » ON THE PHONE » ON CAMPUS » ON THE STREET