



golden
triangle

ayh

pittsburgh council, american youth hostel, inc.

OPEN HOUSE

8:30 p.m. Thursdays

Volume 23, Number 6

June 1972

June 1

Of interest to AYH Camera Buffs! Two films depicting the lives and styles of two of America's most famous nature photographers: Ansel Adams and Edward Weston.

June 8

"The Bike's Progress" -- 24 minutes of great cycling footage.

June 15

Attention Equipment Freaks! Canoes, backpacks, cycles, carbide lamps, tennis rackets, tents, climbing ropes!! These and more will be on display in the Hostel yard. Come with your questions--our AYH experts will be glad to pass on their experience.

June 22

Jack Kowalski, our AYH tennis trophy winner, will show "Great Moments in the History of Tennis".

June 29

If cycle-camping-touring sounds exciting, don't miss tips from Mark Powder, an expert on the subject.

We would like to see your vacation slides. Call Marta Hurwitz to arrange for a program at the Hostel. 731-1083

If you are interested in a National AYH trip, check with Eileen Hull to see which trips are already filled. Get your application in soon!!

HAVE YOU STOPPED GROWING ?

by Morie Oberg

* Joe and Mary AYH may attend
* every Thursday meeting, participate on evening cycle trips,
* go canoeing, caveing, rock-climbing, skiing, hiking, and
* every other activity that AYH offers, and yet they may have
* stopped growing. They may have neglected an important
* aspect of their own personal development. When was the last
* time you led an AYH trip ? or have you stopped growing ?

* The American Youth Hostels offer a unique opportunity for an individual to develop to his maximum possible extent. Leadership or learning how to become a leader need not be difficult. Have you learned what equipment goes on what trip? Do you know how to tie knots which safely hold down the canoes during transit? Have you offered the trip leader your assistance by offering to drive? by volunteering to bring up the rear? or by offering to help the trip leader in any way possible? Practice by observing what makes a successful trip leader, then contact an Activities Chairman to help set up a trip and discover that special satisfaction that comes after leading your own trip.

The AYH GOLDEN TRIANGLE is a monthly publication of the Pittsburgh Council of the American Youth Hostels, Inc. 6300 Fifth Ave. Pittsburgh, Pa. 15232 Editor: Katherine M. Spindt 364-2447 Production: Peggy Brehm 371-3084

The Editor requests that trip leaders and activities chairmen submit trip reports, equipment or technique know-how articles, or other interesting items for publication in the Triangle as space permits.

Send your contributions to
K.M. Spindt
135 Buckhill Rd.
Pittsburgh, Pa. 15237

before the second Thursday of each month.

If you have pictures (black & white prints) that reflect the activities of the group, send them also to the editor before the first Thursday of the month.



Guided Wild Water Trips

Raft

Inflatable Kayaks

on the exciting
Youghiohony River
at Ohiopyle, Pa.

(all equipment furnished)

Ralph McCarty 372-6254

ACTIVITIES OF THE U.S. OLYMPIC WILD WATER TEAM

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As most people know, the efforts of the U.S. Olympic Teams are not government supported, hence the various teams must scrounge up whatever private support they can. The U.S. Olympic Wild Water Team is now in the process of scrounging and would appreciate your financial support. To help this American effort, make a check out to

U.S. OLYMPIC COMMITTEE
and send it to the
U.S. OLYMPIC COMMITTEE
Olympic House
57 Park Ave.
New York, N.Y. 10016

Note on the check that it is for the Wild Water Team.

In making an appeal for funds, one should probably try to show where making a donation will help the donor. Arguments of this kind could be quite long and unread, so suffice it to say that:

- 1) the donation is tax deductible.
- 2) the people on the team demonstrate the ultimate in canoeing technique and when we local duffers see what can be done, we are inspired to do better ourselves.
- 3) we do get to see their efforts through films such as a film of the World Championship canoeing activities recently shown at AYH.

So, if you have a few extra bucks, this would be a good place to spend it.

It is not the usual Hostel policy to mention commercial activities in editorial sections; however, it is felt that Ralph McCarty of Mountain Streams and Trails Outfitters is doing something which may be of interest to the membership. To be exact, he is donating the proceeds of his Fourth of July raft trips to the U.S. Olympic Wild Water Team. So those of you who would like to help the team, but still want something direct for your money--here is your chance to raft and support the team. As an added "attraction", several prospective members of the team will be with the trips to talk to people about their activities and to demonstrate their skill on the water.

HOW NOT TO BECOME A KAMIKAZE CANOEIST

by An Observer

As canoe season has now started and you may be looking for white water canoe trips to paddle on, the following may serve to guide you in making an intelligent choice of trip.

In the Trips and Trails section of the Triangle, canoe trips are labeled Beginner, Intermediate or Advanced. These are generally accepted ratings rather than hard, fast rules since weather and water conditions can drastically alter the nature and difficulty of any river.

If the trip is rated Intermediate or Advanced and you have not seen it before, ask the leader or the canoeing chairman for information about how it compares with other rivers which you have paddled so that you have a basis for judging if it is within your capability.

Usually, once on the river, you are the judge of whether or not to attempt a particular rapid. The leader will be glad to help you scout it and point out the problems or help you line around it if you decide not to try to run it. He will also direct rescue efforts when necessary. However, Hostel policy maintains that it is the leader's prerogative to ask a member of the trip not to run a particular rapid for that person's safety, the safety of his equipment and the overall good of the trip. The leader also has the final authority in determining paddling partners on canoe trips.

As a general rule, the canoeist should match his own abilities to the following scale to determine his capability for handling any scheduled white water canoe trip.

Beginner--Should be familiar with the elementary flat-water strokes. Should also expect to encounter the difficulties described under Class I whitewater unless the trip is specifically described as flat water. Exceptions to the paddling knowledge requirements may be made with the approval of the trip leader when the purpose of the trip itself is instruction in white water technique.

Intermediate--Should have a good "feel" for the performance of his boat and himself as a unit. Eddy turns, braces and self-rescue techniques have been added to his basic skills. Although a decked boat is not a necessity, actual river experience is required to the extent described in Class II water. Hazards equivalent to Class III whitewater may be encountered on occasion.

Advanced--Several years experience with an organized group and eskimo roll ability are recommended. Whitewater difficulty will range from Class III to IV. Decking is recommended and often required (check with trip leader.).

The House Chairman and Activities	*	<u>CORRECTIONS</u> -- 3 phone numbers in
Chairmen are interested in changing	*	the recent active members phone
the photos in the front showcase	*	list were incorrect. <u>Please note.</u>
at Headquarters. If you have any	*	Gary Ludwig 521-4964
shots of current members on trips-	*	Fran Czapiewski 371-6696
action shots-please get prints,	*	Jack Batchelar 963-7868
black and white or color, and	*	
give them to Gary Ludwig, the	*	
House Chairman. Many Thanks.	*	

TRIPS and TRAILS

The trips listed below are open to the public, on a first come, first served basis, with AYH members having priority. Call the trip leader, if one is listed, to make reservations and to find out more about the trip (e.g. experience required, equipment needed). Cost of a trip includes equipment rental (if any), transportation costs, 30¢ for AYH registration (80¢ if non-member), and 10¢ for insurance. Each tripper is insured up to \$500 in medical expenses. One last thing: if you should decide to cancel your reservation for a trip, please call the trip leader and let him know.

- Thu.Jun. 1 CYCLE--Take an easy beginner's tour through the city parks with Larry Giventer. Meet at AYH at 6:30 p.m. with 25¢. If you want to rent a bike, cost is an additional 50¢ (\$1.00 for non-members). Reserve with Larry at 422-9282.
- Fri.Jun. 2 CYCLE--Gary Ludwig leads a midnight bike trip into downtown Pittsburgh. He will be climbing up Mt. Washington to see the sunrise about 7:00 a.m. Meet at the Hostel at 11:30 p.m. Cost--40¢ plus rental. Contact Gary at 521-4964 for reservations
- Sat.Jun. 3 HIKE--Monongahela River Hike. Hike 6-7 miles along a yet undiscovered section of the Monongahela River in the Masontown Area. Beginner's welcome. Leave AYH at 8:30 a.m. with light lunch, canteen and about \$2.50. Contact Gabe DeSalvo (431-8299) for reservations.
- Sat.Jun. 3 RAFT--Phil Mason (521-6477) leads a Lower Yough trip for raft enthusiasts and closed boaters with experience. Bring lunch and \$5. Meet at the Hostel at 8:30 a.m. sharp. Be sure to make a reservation for space in a raft!
- Sun.Jun. 4 WHITE WATER CANOE SCHOOL #2--George Robertson leads this trip for those of you interested in becoming more proficient at real white water. Experience in stern on Canoe School #1 or strong equivalent required. Trip will run Confluence to Ohio Pyle on the Youghiogheny River. Bring lunch and \$5.00 to the Hostel at 8:30 a.m. Reserve with George at (363-2050).
- Sun.Jun. 4 CYCLE--Cycle into downtown Pittsburgh with the W. Pa. Wheelmen to see the Three Rivers Arts Festival. See that it is convenient to cycle downtown and park your bike in the bike racks. Easy 6 mile ride, two hours of looking around the Arts Festival. Bring your lunch, or eat downtown. Cost 40¢ plus rental. Leave AYH at 10:00 a.m. Reserve with Jack Batchelar (963-7868).
- Sun.Jun. 4 HIKE & CAVE--Your chance to combine both hiking (South Connelsville) and caving (Casparis Cave). Morie Oberg (279-5774) leads the hiking and Mike LaMark (381-3563) leads the caving. Leave AYH at 8:30 a.m. Trip cost of \$2.00 plus equipment rental.
- Tue.Jun. 6 CYCLE--Do you want to get acquainted with a 10 speed bike? Rent a Hostel bike for an evening tour through the city parks and find out what a 10 speed can do for you. Reserve with Jack Batchelar (963-7868). Cost--25¢ reg., 50¢ rental. Leave AYH at 6:30 p.m.

TRIP AND TRAILS CONTINUED

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- Thu.Jun. 8 CYCLE--Jay Angel leads another easy trip through the city parks. Meet At AYH at 6:30 p.m. with 25¢ reg., 50¢ for bike rental. Reserve a bike with Jay at(362-5282).
- Fri.Jun. 9 HIKE--in Dolly Sods or perhaps somewhere else in W.Va.! Leave to Friday at 7:00, return Saturday by midnight. Call Norm Snyder Sat.Jun.10 (371-2371) for details, cost, equipment, etc.
- Sat.Jun.10 CYCLE--Dave and Flo Pattison lead a 25 mile intermediate trip into the suburban area of Sewickley. Bring lunch,\$1.25 plus \$1.50 for bike rental. Reserve with Dave between 5 and 8 p.m. (242-9224). Meet at AYH at 8:00 a.m.
- Sat.Jun.10 WHITE WATER CANOE SCHOOL #1--Interested in getting off the flat water and into some excitement? Contact Kathy Spindt (364-2447) to reserve for this beginner's trip. Flat water experience is a must. Bring lunch, complete change of clothes, river shoes, knee pads, \$5.00 and your enthusiasm. Meet at AYH at 8:30 a.m.
- Sun.Jun.11 HIKE--Koring Trail, 6-7 miles. Beginners welcome. Reserve with Norm Braun (563-0205). Bring comfortable shoes, light lunch and about \$2.25. Leave AYH at 8:30 a.m.
- Sun.Jun.11 LEADERSHIP LABORATORY--Develop those skills which will help you to become a successful leader. Reserve with Morie Oberg (279-5774) by June 1.
- Sun.Jun.11 CYCLE--John Edwards tries again to lead that 80 mile ride to Washington County. Reserve with John at (833-2682). Leave AYH at 8:00 a.m. Bring lunch and 40¢ plus rental.
- Sun.Jun.11 WHITE WATER CANOE SCHOOL #3--Jack Wright leads this trip on the Lower Yough (Ohiopyle to Stewarton) for those with their own closed boats and intermediate experience. Bring boat, paddle, wet suit, life preserver, helmet, etc...\$2.50 and lunch. Leave AYH 8:30 a.m. Call Bill Zincand to arrange for reservations. (481-9829).
- Tue.Jun.13 Activities Board Meeting. General membership invited to listen in on the Board discussion of pertinent AYH issues. 8:00 at the Hostel.
- Tue.Jun.13 CYCLE--Vince Widmer (339-6600) leads an easy beginners trip through the city parks. Meet at the Hostel at 6:30 p.m. with 25¢. Be sure to call ahead to reserve a bike.
- Thu.Jun.15 CYCLE--This time Helen Brincka takes us through one of the city parks. Reserve with Helen at (431-6491) after 5 p.m. Meet at the Hostel at 6:30 p.m. with 25¢ reg. and 50¢ rental.
- Fri.Jun.16 CAVE-HIKE--Hike along the beautiful Cave Mountain Trail. An to easy beginners cave, a good two mile hike. Leave Friday at Sat.Jun.17 7:00 p.m., return Saturday by midnight. Reserve with Norm Snyder (371-2371) and get details on equipment needed.
- Sat.Jun.17 CANOE--Tony Piotrowski (881-7694) leads an intermediate trip on the middle Yough (Confluence to Ohio pyle) for people with at least Canoe School #2 experience. Bring lunch, dry clothes and \$5. Meet at AYH at 8:00 a.m. Be sure to reserve.

TRIPS AND TRAILS CONTINUED AGAIN

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- Sat.Jun.17 HIKE--New Florence - Laurel Hill Hike, 9 miles. Beginners welcome. Reserve with Ann McKenna (441-0179). Bring comfortable shoes, light lunch and about \$2.25. Leave AYH at 8:30 a.m.
- Sat.Jun.17 CYCLE--Mike Hurwitz leads a 25-30 mile ride into Washington County for intermediate cyclists. Meet at the hostel at 8 a.m. Cost \$2.00 plus rental. Reserve with Mike at (731-1083).
- Sun.Jun.18 CYCLE--Chuck and Carol Stewart have found some nice rides in Western Pa. They choose the best for this trip, 30 miles of intermediate cycling around Lake Pymatuning. Cost is \$3 plus \$1.50 bike rental. Bring a light lunch. Reserve with Chuck and Carol at (363-0576). Leaves AYH at 8:00 a.m.
- Sun.Jun.18 CANOE--Don Hoecker (243-8298) leads a 12 mile flat water trip on Mahoning Creek. If you are interested in Canoe School, let's see you out getting some flat water experience first. Bring lunch, \$4.00. Leave AYH at 8:30 a.m.
- Tue.Jun.20 CYCLE--Margaret Angel leads a beginners bike trip through the city parks. Leave AYH at 6:30 with 25¢ reg. and 50¢ rental. Reserve with Margaret at (362-5282).
- Thu.Jun.22 CYCLE--Take an easy tour through the city parks with Larry Giventer (422-9282). Meet at the Hostel at 6:30 p.m. with 25¢ reg. and 50¢ rental. Be sure to reserve your bike in advance.
- Fri.Jun.23 SERVICE CANOE-CAMP--Fred Hull leads a service trip with the to Boy Scouts. A weekend canoe-camping trip on the Allegheny River. Contact Fred for details. (242-5379).
- Sun.Jun.25
- Sat.Jun.24 HIKE--Baker Trail. Additional details at the Thursday night meetings. See Eb Moll, or Morie Oberg.
- Sat.Jun.24 CYCLE--The Western Pa. Wheelmen are sponsoring their third to annual Washington and Greene Counties bike trip. There will be a ride for everyone--from a 15 mile trip of historical sights to a rugged 65 mile ride if you want to test your endurance, or a 45 mile intermediate ride. Cost about \$5, includes registration, maps, a patch and literature on the two counties. Leave AYH at 7:00 a.m. or meet at the Ramada Inn on W. Chestnut St. in Washington, Pa. Reserve with Jack Batchelar at 963-7868 or John Wronosky at 833-2682.
- Sun.Jun.25
- Sat.Jun.24 CLIMB--Practice climb for people with some climbing experience, at White Rocks. Meet at AYH at 8:30 a.m. Bring lunch and your carabiners and slings. Contact George Robertson (363-2050).
- Sun.Jun.25 RAFT--Mike Hurwitz leads this raft trip on the Lower Yough. Meet at AYH at 8:30 a.m. Bring lunch, and dry clothes, and \$5. Reserve your space in a raft with Mike at (731-1083).
- Tue.Jun.27 CYCLE--Gary Ludwig leads a leisurely beginners trip through one of the city parks. Come along to get in shape for the longer weekend rides. Meet at AYH at 6:30 p.m. Reserve with

Trips and Trails continued a third time

- Thu. Jun. 29 CYCLE--It's time now for Mary Ann Brincka to lead a beginning cycle trip through the city parks. Cost is 25¢ registration and 50¢ rental for anyone who still hasn't gotten his own bike. Reserve with Mary Ann at 431-6491 after 5 p.m. Meet at AYH 6:30.
- Fri. Jun. 30 BACKPACK--Intermediate backpacking trip (previous experience to desirable) in Dolly Sods area with Larry Giventer (422-9282).
- Tue. Jul. 4 Reservations required. Group size will be limited to 15.

—→ SPECIALS AND ADVANCE NOTICE ←—

Norm Snyder is planning a backpack trip in Yellowstone and the Tetons during the last two weeks of August, or the first two weeks in September. Call Norm (371-2371) for details and arrangements.

Ivan Jirak of the Explorer's Club of Pittsburgh is planning another trip to South America and Peru, leaving July 2, returning July 16. Cost should be about \$400 from Miami--includes hotels, pack animals, air fare and transfers. He plans to be in the mountains for 7 days. Good for both beginners and advanced climbers. He will be climbing near Mt. Copa, taking a side trip to Yungay (the town devastated by earthquake). Trip is limited to 15 people. If you would rather sigh-see than climb, the trip is still open to you for the air fare cost of \$315. Call Ivan at 276-6953.

FOR SALE--4 man yellow raft.

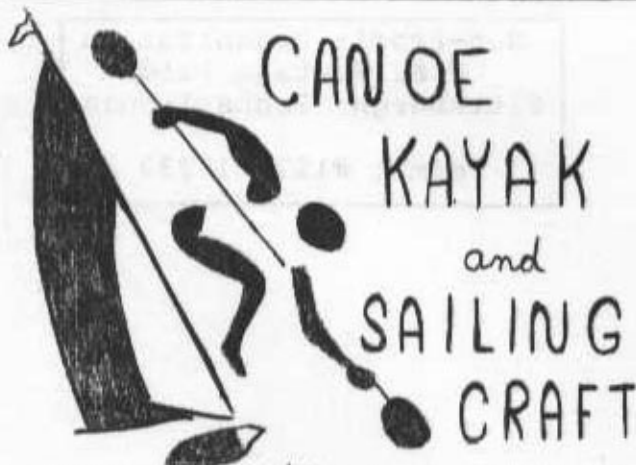
Call G. Robertson 363-2050

For Sale--c-1 mold, Yugo II

Call G. Robertson 363-2050

TYPING --papers, reports, etc. done by Kay Lew. Call 661-4218

CORRECTION--Fran Czapiewski's phone is 371-6696



701 Wood St. Wilkinsburg 371-4802

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Mon.	Tue.	Wed.	Thur.	Fri.	Sat.	Sun.
June '72			1 OPEN HOUSE <u>Nature Photographers</u> evening cycle	2 night cycle	3 Raft Hike	4 Canoe School #2 Cycle Hike-Cave
5	6 evening cycle	7	8 OPEN HOUSE <u>The Bike's Progress</u> Articles due evening cycle	9 Hike-Dolly Sods	10 Canoe School #1 Cycle	11 Leadership Lab. Canoe School #3 Cycle Hike
12	13 Activities Board evening cycle	14	15 OPEN HOUSE <u>Equipment Show</u> evening cycle	16 Cave Mt. Cave	17 Hike Cycle Canoe	18 Cycle Canoe
19	20 evening cycle	21	22 OPEN HOUSE <u>Great Moments in the History of Tennis</u> evening cycle	23 Service-Canoe-Camp	24 Hike Cycle climb	25 Raft
26	27 evening cycle	28	29 OPEN HOUSE <u>Cycle Touring</u> evening cycle	30 Backpack-Dolly Sods		

Pittsburgh Council
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Pittsburgh, Pennsylvania 15232

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