

The Golden Triangle

Pittsburgh Council

American Youth Hostels

Volume 40 • Number 8

August, 1989

AYH Slide Programs for August

August 3

Way down upon
the Suwanee River
with Marilyn & Cliff Ham

August 10

AYH adventures in climbing
with Eric Bauer & friends

August 17

A tour through Ireland
on the wrong side of the road
by Tom Ruppel

August 24

A live presentation on
outdoor survival skills
by Ralph Moffatt

August 31

Special presentation.
Details to be announced.

Call Bob Goff (761-2837) or Rodney
Horner (339-0944) to volunteer
to give a slide show for September.

DONORS TO PITTSBURGH COUNCIL

Pittsburgh Council gratefully acknowl-
edges recent contributions of these
members. Your donations help AYH
provide valuable services to its mem-
bers and to the hosteling public.
Thank you!

Josephine Feduska
Daniel Peden
Joseph Povilaitis
Rebecca Wharton

THE PRESIDENT'S CORNER

1989 AYH PASSES. We've been getting more information about the new Na-
tional memberships discussed in last month's issue of the *Triangle*. First of all,
they'll be available for sale on September 1st as 1989/1990 passes. For ex-
ample, passes sold in September 1989 will expire at the end of September
1990. Then, starting in January, passes will be sold as 1990/1991 passes
expiring 12 months later. Everyone with a current AYH pass will be getting a
renewal notice in the mail from National (or may join at Headquarters). Local
activity members will be getting renewal notices directly from Pittsburgh Coun-
cil. But remember, there will be no activity memberships for the coming year.
Activity members will be renewing as full members at the renewal rate.

1990 OFFICES AND COMMITTEES: Yes, it's that time again. If you're willing
to help your Council, we need YOU! We'll have more information in the Sep-
tember *Triangle*, but I do know that we definitely need more volunteers in trails,
hostel development, hostel operations, and hosteling services.★

Larry Laude (412) 665-9554

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AUGUST ACTIVITIES BOARD MEETING

The August Activities Board meeting
will be held Wednesday, August 2nd
at 8 p.m. at the home of Fred and
Chris Parker. The Parkers live at 331
Skyview Drive in Monroeville. Board
members will receive a map with the
minutes of the last meeting. Others
wishing to attend should call Fred or
Chris at 856-4713 for directions.★

TOURING THE C & O CANAL

by Judy Menosky

Imagine... cycling or hiking along a quiet shady towpath along a scenic river valley. The path is level and the terrain varies from a smooth dirt to occasional stretches of rocks and trees roots. One encounters bicycle campers, backpackers, day trippers, and horseback riders.

The C & O canal stretches 180 miles between Cumberland, Md. and Washington, DC. Although it passes many historical landmarks, the trail is relatively free of crowds because vehicle access is limited to a few parking areas and only primitive camping facilities are offered.

In the 1800's the canal, which has 74 lift locks that raise it from sea level to an elevation of 605 feet, provided a major source of transportation for all different types of industrial materials within the river valley. It was used heavily until the early 1900's, when flood damage and the development of the railroad system caused it to become obsolete. Fortunately, it has been preserved as a national historical park.

Travelers along the canal today have a beautiful view of the Potomac River, the remains of the old canal system, and historical sights such as the Paw Paw tunnel, Harpers Ferry, the Antietam National Battlefield, The Great Falls area, and various canal towns. Two youth hostels are located near the canal: the Harper's Ferry Youth Hostel in Knoxville, Md. and the International Youth Hostel in Washington, DC.

My bicycle camping trip on the C & O canal over Memorial day weekend began at the McCoy's ferry parking area near Hagerstown, Md. and ended at Harper's Ferry (approximately 50 miles). Joining me on the trip were Joe and Cheryl Hoechner, and John Le Blanc. Although we visited some of the historical spots, the most enjoyable part of the trip was just riding along the trail, camping and cooking outdoors, and meet-

The Golden Triangle

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American Youth Hostels is a nonprofit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs through its councils and National Office. AYH is the U.S. affiliate of the International Youth Hostel Federation (IYHF) which coordinates more than 5,400 hostels worldwide—the largest network of accommodations in the world. The Golden Triangle is published monthly by the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor. Mail regarding this newsletter should be addressed to: The Golden Triangle, Pittsburgh, AYH, 6300 Fifth Avenue, Pittsburgh, PA 15232 Phone 382-6181.

ing other travelers along the way. For those who would rather not haul camping gear, the trip can be planned so that you stop in nearby towns for meals and accommodations. For cycling, fat tire bikes are recommended because of the varied road surface. About 30 to 50 miles can be covered each day.

If a peaceful, scenic hike or bicycle ride down one of the country's most historical trails sounds like your ticket, you can write for more information and maps to: Superintendent, C & O Canal National Historical Park, Box 4, Sharpsburg, Md. 21782. Or call (301) 739-4200. Or keep checking the *Triangle* for another AYH trip!*

Deadlines for September Issue

Editorial
August 3

Listings and Advertising
August 10

Binding and Mailing
August 24

RIDING A CENTURY

by Chuck Ejzak

The 100 mile ride for cyclists has become a rite (ride?) of passage so to speak. After doing your first century, you are no longer considered a beginner. Here are some tips to make your ride easier:

- Try to do continuous 25 mile rides (without break stops) as part of your training. A century is four such rides strung together.

- Make sure that your bike is in good shape before the ride. If you fix or adjust anything, take a test ride before the event. Bring along a spare inner tube and other necessary tools to deal with minor problems.

- Know what weather to expect and be prepared.

- Get to the starting location in plenty of time to register and get everything else ready before the ride.

- Pace yourself on the ride. Don't get caught in a group which is going too fast for you. Take the ride at your own pace.

- Keep your breaks short. Try to spend no more than 20 minutes or so at each stop.

- Drink lots and often during the ride — especially in hot weather. Water or energy drinks are best. In general, it is best to avoid milk or ice cream on long or hard rides. Eat easily digested, high carbohydrate foods like fruit or fig bars, avoid eating very large meals during the ride.

After you have ridden a few centuries, things do become easier. You will get to the point where you know what to expect and how you should feel during the ride. You may want to try riding with the faster riders or go on to do even longer rides, back to back century rides like TOSRV, or 150 mile, 200 mile, or even longer rides. Doing that first century is the key.✱

CLASSIFIEDS

Free to good Home: C1 hull from mid 1950's; fiberglass, commercially produced, needs restoration, good for strong beginner. **Also:** Fishing dingy; heavy, wooden, 9 1/2 feet rowboat. Needs restoration. **Also for sale:** Schwinn varsity girl's bicycle in excellent condition; 17 inch frame, 27 inch by 1 1/4 inch tires. Good for 9 to 13 year old. \$50.00. Call Jim Hurst at (276-0447).

APARTMENT TO SHARE/ SUB-LET: Academic year (Aug. or Sept. 1989 to May or June 1990). Spacious, furnished Shadyside apartment. For information contact Fred Mauk, 361-6299.

Submit Classified Ads to the Editor or Advertising Director by the deadline. Members may place ads for free! Nonmember and commercial ads rates are available on request. Place ads in Editor's mailbox at HQ or mail to: Editor, The Golden Triangle, 6300 Fifth Avenue, Pittsburgh, Pa. 15232.

WIND & WATER BOATWORKS

the place to outfit for

FUN IN THE SUN IN '89

if you

Paddle - Row - Sail

Spring fun begins
with proper
outdoor clothing

Wind & Water offers a quality
name selection of wind, rain and
cold-water gear by:

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BODY GLOVE - SEDA - OMEGA
HELLY HANSON - LIFA
OKESPOR - HARKEN

412-586-2030

ROUTE 8 - 11 miles north of turnpike exit

AYH Trips for August 1989

Date	Day	Level	Leader	Phone	Time
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Bicycle Trips

Chairs: Chuck Ejzak 446-6196 Judy Menosky 242-1573

General Information: In general, it is best to call the trip leader before the ride to tell him or her that you are coming and to see if there are any changes. Make sure that your bike works properly and bring a spare inner tub, at least one water bottle and, if the weather looks threatening, a rain jacket or rainsuit. AYH bicycle rentals must be arranged with the trip leader one week in advance. Bicycle helmets (ANSI or Snell approved) are required on all AYH cycling trips.

8/4-6 FSS ALL Fred Parker 856-4713 ?

Pymatuning, 0-100 miles long rides on flat, low traffic roads in Northeastern Ohio. Rustic camping at the Red Cross base. Group cooking and low cost as well as lots of fun.

8/1 Sat C Judy Menosky 242-1573 9:30 at HQ

25 miles, Judy is looking for some trippers for a worthwhile bike ride. For one thing, this is her birthday, but don't tell her that you found out. This will be a nice ride starting from one of several locations and will likely include an ice cream stop. Call Judy for more details.

8/13 Sun TBA 466-6196

There was no one to commit to lead a ride on this date because of vacations and work on the upcoming Mon Valley Century. However, there is likely to be a class C or B ride offered. Call Judy (242-1573) or Chuck (466-6196) to see what is happening on this date.

8/20 Sun ABC Lynn/Chuck Ejzak 466-6196

Elizabeth, Pa. MVC, 100-35 miles, The Mon Valley Century Bicycle Tour: Your choice of 100, 65, or 35 miles ride. See article in June newsletter. You may register on the day of the ride, although early registration costs less. Start Times: 100 miles, 7:00-8:00 am; 65 miles, before 10:00 am; 35 miles, before 11:00 am. Directions: From Century III Mall, follow Pa. Route 51 south about 5 miles. Just after crossing bridge, take Elizabeth exit into town. Then follow the signs.

8/26-27 SS B/C

MS 150, 150 Km. You must pre-register for this ride, and you must also raise a minimum of \$150 in pledges to go, but I'm sure you'll find that the effort is well rewarded on this ride. This is a two day trip starting at North Park with an over-night at the Holiday Inn in Beaver Falls. Everything is included except for your bar tab. The ride is very pretty and keeps the hills down to a minimum. The riders do 60 miles on Saturday and 35 on Sunday. Application forms are available at many locations including HQ or, if you prefer, call the National MS Society at (412) 261-6347.

8/27 Sun C Lou Conley 681-8321

25 miles 10th Annual Duquesne Incline Bike Ride: Join Lou and friends on their annual late August tour of the U.S.A.'s Number 1 City. Tour has a leisurely pace and includes many sightseeing stops, including the South Side park along

Pittsburgh Council Activity Chairpeople

Bicycling

Chuck Ejzak 466-6196
Judy Menosky 242-1573

Canoeing

Rick Tomlinson 963-8910

Climbing

Eric Bauer 687-0766
Rich Rosenberger 372-2806

Family Activities

Barbara Hanusa 441-7205

Hiking and Backpacking

Ben Brugmans 736-2751

Kayaking

John Gayler 421-1307
Ray Yutzky 341-5682

Rafting

Jon Maiman 441-2306
Linda Smithyman 531-1868

Sea Kayaking

Mark Mistrik 521-7688
Ted Self 795-6286

Volley Ball

Joel Platt 521-5244

X-C Skiing

Fred Parker 856-4713
Rick Ulaky 422-0849

BICYCLE TOURING DOWN UNDER

Interested in going Bicycle Touring in Australia or New Zealand? FloridaAYH is organizing the Australia-New Zealand Cycling Adventures Program. This year five two week tours are featured starting in October of this year, with the last tours going in August of 1990. The cost for these tours including air from Los Angeles is around \$2,500. For more information write to:

Florida AYH
P.O. Box 533097
Orlando, FL 32853-3097.

Pittsburgh Council Hostels

Ohiopyle State Park
P.O. Box 99
Ohiopyle, PA 15470
412-329-4476

Point Park College
Youth Hostel (SA)
201 Wood Street
Pittsburgh, PA 15222
412-392-3824
(after 4 pm: 412-391-4100)

Dale Boyer Home Hostel
RD 1, Box 273
Rural Valley, PA 16249
412-783-6188

Living Waters AYH-Hostel
RD# 1 (1 mile west on Rt. 30)
Schellsburg, PA 15559
814-733-7607

Pittsburgh Council I Membership Sales Agencies

Pennsylvania

AAA Agency
317 South Richard St.
Bedford, PA 15522
814-623-5196
McMullen Travel & Tours

Clarion Mall
Rt 68 & I-80
Clarion, PA 16214
814-226-1040

Edinboro Travel Service
122 Erie St.
Edinboro, PA 16412
814-734-1639

Atlas Travel Service
400 5th Avenue
Kaufmann's (9th floor)
Pittsburgh, PA 15219
412-261-0248

(continued on page 7)

AYH Trips for August 1989

Date	Day	Level	Leader	Phone	Time
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the river, Point State Park, Station Square, and Clemente Park along with a ride up the incline to see the view from Mt. Washington and have lunch at our favorite deli near the top of the incline. Be sure to bring lunch money, \$1.50 for the incline ride, and lots of enthusiasm. You must call Lou to reserve and to find out more details.

Other Bike Rides to Look For: Saturday, September 9: WPW Century
Saturday: Rides leaves from North Park. **Sunday September 10:** Outspoken Wheelmen's NEOC; Ride leaves from Warren, Ohio. Look for more information on these rides in the September Triangle.

Mountain Bicycling

8/6 Sun Bill Johnston 243-1945 TBA
North of Ohiopyle, hilly.

8/12 Sun Greg Clarke 521-0576 TBA
Hidden Valley, rentals available, moderate ride (10 to 20 miles) with swimming, lounging, sunning and picnic lunch.

8/19 Sat Norm Snyder 351-4068 TBA
Explore Montour railroad right of way, rugged.

Canoeing

Chair: Rick Tomlinson 963-8910

Trip Categories: class I = easy, class II = intermediate
class III = advanced

General Information: Bring these items on most trips: lunch, water, change of clothes, sun hat, knee pads, suntan lotion, waterproof bag, strap for glasses, raincoat, wear old sneakers and preferably wool clothes when its cool.

8/5 Sat Adv Dave Marschik 327-2778 8:30 at HQ
SOLO SCHOOL, Dave will help you to learn to paddle solo. This is a once a year event for experienced tandem paddlers. School fee for AYH members is \$3.00.

8/6 Sun I/II Joel Platt 521-5244 8:30 at HQ
Good trip for WW II trained persons and for WW I persons who have done at least one other trip.

8/12 Sat II Sue Whitehead 363-0365 8:30 at HQ
For persons who have completed WW II training.

8/13 Sun BasicPaddling School Leader TBA 8:30 at HQ
This is a school for those new to canoeing. There will be follow-up schools in September for those interested in whitewater paddling.

AYH Trips for August 1989

Date	Day	Level	Leader	Phone	Time
8/19	Sat	I	Jim Porcelli	271-4776	8:30 at HQ
Good practice trip for those trained in WW I paddling.					
8/20	Sun	II/III	Hank Findling	823-1464	8:30 at HQ
For paddlers with strong boat control and good river reading skills only. Run in conjunction with kayakers.					
8/26	Sat	flat	Kathy Pacacha	751-0208	8:30 at HQ
Easy trip for new paddlers. No rapids.					
9/9	Sat	WWI School	Rick Tomlinson	963-8910	8:30 at HQ
Last chance of the year to learn basic white water skills. School fee for AYH members is \$3.00.					
9/23	Sat	WWII School	Jim Roberts	244-8332	8:30 at HQ
Good trip for persons who have completed WWI training and have done at least one other trip. School fee for AYH members is \$3.00.					

Sailing

Early December Rick Tomlinson 963-8910

BAHAMA SAIL CRUISING TRIP: A seven day live aboard cruise on a 45 to 50 feet sailboat is planned for the first week of December. Emphasis will be on Basic Coastal Cruising with training and hands-on experience for those who wish to learn to sail. Trip includes snorkeling, swimming, gourmet meals and plenty of mild sunshine. Approximate cost is \$600 plus transportation. Reservation deadline is September 15.

Late January Rick Tomlinson 963-8910

A two week cruise of the leeward and windward area of the Caribbean Sea is planned. This trip may be taken in one week segments if desired. Emphasis will be on Advanced Coastal Cruising and intermediate off-shore cruising. A maximum of two inexperienced persons will be permitted to sail on each one week leg. Reservation deadline is September 30.

Climbing

Chairs: Eric Bauer 687-0766 Rich Rosenberger 372-2806

8/6 Sun Beginner Call a chairperson 7am at HQ
Beginner trip, Coopers, WVA. Trip is open to everyone. All you need to bring is lunch, water, rain gear and a sunny disposition (we avoid climbing in the rain). We will leave HQ at 7 am, stop for breakfast on the way, and return around 8 pm. Remember to wear comfortable clothes that give you freedom of movement and bring along a pair of tennis shoes.

A SAILING ADVENTURE

by Cathy Szymanski

The trip left from St. Petersburg on April 15, 1989 cruising Sarasota Bay. Six AYHers participated in a sailing expedition led by Rick Tomlinson. Here they practiced tacking and jibbing for two hours. "Everybody got to take the helm, sometimes for a couple of hours, and he (Rick) made sure everybody got to navigate," Vick Landish explained to me when I interviewed her. And further elaborated that everyone had a chance to "work sails". Rick wanted to make sure everyone was comfortable on the water."

That first night in Sarasota Harbor they feasted on crab and lobster for dinner. "Rick is a gourmet cook and made a rack of lamb," Tony Decello told me.

This sailing cruise took them into the Gulf of Mexico, from Sarasota Harbor to Boca Grande inlet. Rick further elaborated that they circum-navigated reef to North Captiva Islands, entered Red Fish Path and anchored in Pine Islands Sound, a big upscale resort north of Captiva Island east of South Seas Plantation.

Some of the sailors went to South Seas Plantation for food, ice, and had some breakfast; others waited for the dock master. As they were leaving the marina they inadvertently ran into a tree and broke a spreader, and headed back to the marina to repair the boat.

After the boat was repaired, Rick told me they "set for North Fort Meyers back to Key West." They arrived at Key West and "had a day at shore. Everybody ran around and did their thing and had shore dinner."

This trip did not only include sailing but gave them a chance to snorkel at Sand Key and Little East Rock, and see some octopuses.

"Tony Decello told me they anchored off Marquesa Key." Rick remarked

AYH Trips for August 1989

They motored out into the Gulf of Mexico, set sail for Cape Romano, changed tack and realized the motor wouldn't run. So they went to Marco Island and had the motor repaired. They had motor failure again and went to Naples, Florida. "We had more than our share of difficulties," Rick commented.

Because of time schedule, four people made other arrangements.

Carol and Rick sailed the last 100 miles back to St. Petersburg, arriving there Wednesday April 26 at 2:00 pm.

"This was an advanced sailing trip, but I can take people on these trips that have never sailed before," Rick informed me.★

Pittsburgh Council Membership Sales Agencies

Ohiopyle AYH-Hostel
Ohiopyle State Park
P O box 99
Ohiopyle, PA 15470
412-329-4478

Living Waters
AYH-Hostel
RD#1 (1 mile west on Rt. 30)
Schellsburg, PA 15559
814-733-4607

Lentz Travel Service
173 South Main St.
Slippery Rock, PA 16057
412-794-4833

Centre for Travel
114 South Hiester St.
State College, PA 16801
814-238-4987

Campbell Travel
300 South Allen St.
State College, PA 16804
814-238-498

Travel Agents International
1746 Washington Road
Upper St Clair, PA 15241
412-835-8070

(continued on page 8)

Date	Day	Level	Leader	Phone	Time
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8/12-13 Sat/Sun Intermediate Lead/TR trip
Limestone climbing in Bellfonte (near State College, Pa). We will leave Saturday night. For more information on transportation, maps, etc., call Eric or Rich.

8/26 Sat Intermediate Seneca Prep, High Rocks, Derry, Pa.
If you are interested in doing multi-pitch climbing at Seneca Rocks you must attend this class. (The trip to Seneca Rocks is scheduled for the weekend after Labor Day). You will be taught to follow a leader up a multi-pitch climb. We'll leave HQ at 8 am, stop for breakfast on the way, and return around 8 pm. Please call one of the chairpersons to reserve a space.

8/27 Sun Beginner High Rocks 7am at HQ
Meet at HQ at 7 am. Call one of the chairpersons to reserve a space on the trip.

Hiking/Backpacking

8/13 Sun Ben Brugmans 736-2751 8:00 at HQ
Laurel Highlands Hiking Trail - 8 miles

8/4-19 Glen Oster 367-2864
Backpack trip in Colorado. Leave Friday evening at 6:00, return Saturday evening 19th.

8/26 Sat Pete Srimi 921-1238 8:00 at HQ
Ohiopyle - 8 miles

8/27 Sun Pete Srimi 921-1238 8:00 at HQ
Maintenance hike for Baker Trail.

Kayaking

Chair: John Gayler 421-1307 (H) 772-5277 (W)
Ray Yutzy 341-5682

General Information: Bring appropriate clothing, lunch in waterproof form, and money for fees, rentals and dinner on return trip. A limited number of kayaks are available at HQ for rental. Reserve early with the trip leader or with Ray Yutzy for all other uses.

8/5-6 SS Patty Snow 457-9293 for instruction
Tim Chase 784-3029 before 9 pm
for picnic and camping

Three Rivers Paddling Club "Turkey Bash" weekend — clinic, picnic and trips at Ohiopyle. Reservations are required. An excellent weekend for all skill levels, not to be missed! (Note: This is not an AYH event).

AYH Trips for August 1989

Date	Day	Level	Leader	Phone	Time
8/16	Wed		Cole Van Ormer	362-6535 (H)	624-9733 (W)
Lower Yough kayak trip, class II/III. Solid skills required. An opportunity to enjoy the river without the millions of commercial weekend rafters.					
8/26	Sat		John Gayler	421-1307 (H)	772-5277 (W)
Class I/II introductory school at Ohiopyle. Call early to reserve a space.					

NOTE: Check the canoe trip listing for other kayaking opportunities.

Rafting

Co-chairs: Linda Smithyman 531-1868 Jon Maiman 441-2306

General Information: Call the trip leader in advance to reserve a space. Beginners are welcome on raft trips to Ohiopyle. Items to bring include old sneakers, towel and lots of enthusiasm. You will be expected to load and unload equipment and paddle on the river. Cost is usually around \$15 for members – and bring ice cream money too.

8/13 Sun All Linda Smithyman 531-1868 7:00 am at HQ
Leave bright and early for a duckie trip on the Valley Falls section of the Tygart River in West Virginia. Cost is around \$34.00 plus transportation. Previous duckie experience necessary.

8/20 Sun All Linda Smithyman 531-1868 7:30 am at HQ
Raft the Yough at Ohiopyle.

8/26 Sat All Jon Maiman 541-2306 9:15 am at HQ
Raft the Youghiogheny at Ohiopyle.

9/3 Sun All Linda Smithyman 531-1868 8:00 am at HQ
Take a Labor Day weekend trip to raft the Youghiogheny at Ohiopyle on Sunday and still have two days off!

9/10-11 Sat/Sun Linda Smithyman 531-1868 2:00 pm at HQ
Raft the upper Gauley River in West Virginia. Leave Saturday afternoon, camp overnight, raft on Sunday and return on Sunday by 10:00 pm. Cost is \$95 plus transportation and two meals if you get hungry. I need your \$95 deposit as soon as possible. Limited number of spaces available. This is the best white-water in the area and this is your only chance to do it this year (with your AYH friends of course)!

Family Group Activities

Chair: Barbara Hanusa 441-7205

Members interested in the summer and fall schedule of family events should contact Barbara at 441-7205 for the family group newsletter.

Volleyball

Chair: Joel Platt

421-4446 (w) or 521-5244 (h)

Volleyball is played every Tuesday evening in August in Mellon Park near the Headquarters building. Listen for the sound of bumps and spikes. We begin at 6 pm at HQ. For more information call Joel.

SQUARE DANCING

There is square dancing from 8 to 11 every other Friday night at the Wilkesburg YMCA. In August that's on the 4th and the 18th. The YMCA is located at 742 Ross Avenue.

Pittsburgh Council Membership Sales Agencies

South West Travel Inc.
134 South Main St.
Greensburg, PA 15601
412-836-2929

West Virginia

WVU Outdoor
Recreation Center
Mountain Lair
Student Union
Morgantown, WV 26506
304-293-2203

Morgantown Travel
Service
127 High Street
Morgantown, WV 26505
304-292-8471



MEMBERSHIP DEPARTMENT
AMERICAN YOUTH HOSTELS INC.
PITTSBURGH COUNCIL
6300 FIFTH AVE.
PITTSBURGH, PA 15232



MEMBERSHIP APPLICATION

Membership types available:

- ☐ \$ 20.00* Adult (age 18 to 54)
- ☐ \$ 30.00 2 yr. Adult (age 18 to 54)
- ☐ \$ 10.00* Youth (age 17 and under)
- ☐ \$ 10.00* Senior citizen (age 55 and over)
- ☐ \$ 30.00* Family (includes children under 18)
- ☐ \$200.00 Life (individual lifetime membership)
- ☐ \$ 18.00* Foreign nationals, including Canadians
- ☐ \$ 10.00 Vol I, International Hostel Handbook (Europe & Mediterranean)
- ☐ \$ 10.00 Vol II, International Hostel Handbook (Africa, Americas, Asia & Australia)
- ☐ \$ 14.00 Cotton sleep sack, required at all international hostels
- ☐ \$1.00 Postage & handling for each membership ordered
- ☐ Donation for Hostel Development Fund (tax deductible to the fullest extent of the law)
- ☐ Grand total—make all checks payable to Pittsburgh AYH

*MEMBERSHIP FEES
(will change 9-1-84)*

Name _____ (Last) _____ (First) _____ (Middle)
Street _____
City _____ (Permanent address only) State _____ Zip code _____
Birthdate: Month _____ Day _____ Year _____ Phone _____
If you wish membership card sent to a temporary address, give same below:
In care of _____ Street _____
City _____ State _____ Zip code _____
Were you a member of AYH this past year? ☐ Yes ☐ No
When do you need card? _____ (Signature of applicant)

AYH MEMBERSHIP BENEFITS

- International Hostel membership card plus Pittsburgh Council I.D. card good for discounts at local bike shops and outfitters.
- USA Hostel Handbook.
- "The Knapack," National AYH travel newsletter.
- "The Golden Triangle," Pittsburgh Council's newsletter of trips and activities.
- Open house Thursday nights at Council headquarters.
- Access to National travel programs and Leadership Training courses.

*Memberships valid from September 1 to December 31 of the following year.

COMING SOON!

The United Way of Southwestern Pennsylvania
Donor Option Form This is not a Pledge Card (Please Print)

WHEAT MEET TO THE UNITED WAY TO BE DIRECTED TO A OR B

A. Allocated by the volunteers to solve community problems:
☐ Unemployment
☐ Food, Clothing & Shelter
☐ Housing
☐ Youth Services
☐ Other

B. Direct my gift to the following Agency (please check one)
☐ Hunger & Homelessness
☐ Adult Education
☐ Other

DESIGNATE \$ _____ OF MY TOTAL GIFT TO \$ _____
Indicate all agencies of choice (check in the United Way)
☐ cash or check ☐ pay me at home ☐ direct deduction

Name (Last, First, Initial) _____
Address _____
City, State, Zip _____
Name of Employer _____
Work Location _____
Signature—MUST BE SIGNED _____
Date _____
Please indicate agency of my designation _____

NAME: AMERICAN YOUTH HOSTELS
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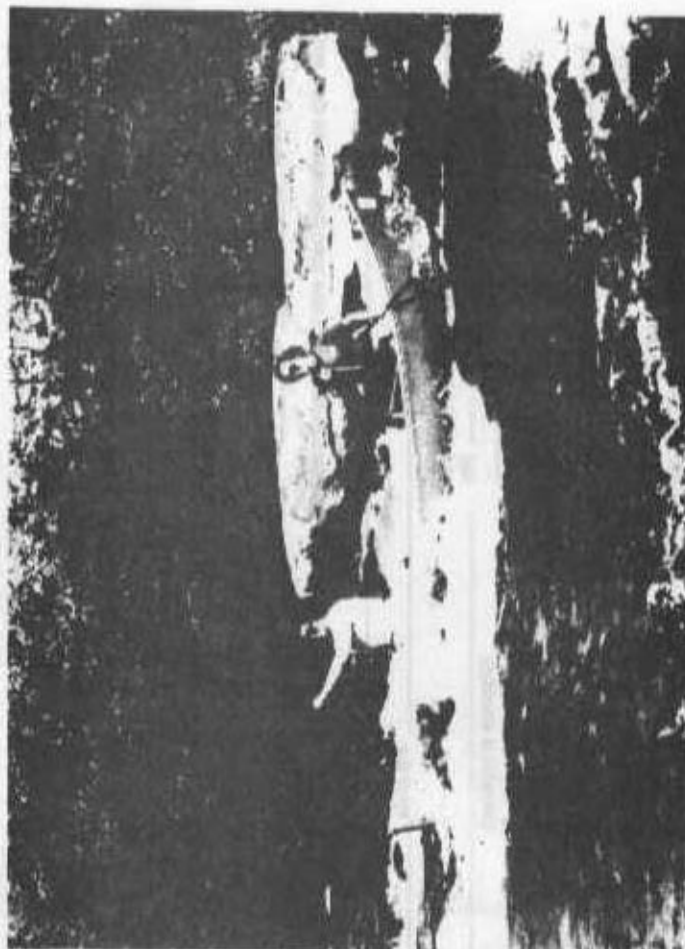
THANK YOU VERY MUCH.

The Golden Triangle

PITTSBURGH COUNCIL • AMERICAN YOUTH HOSTELS

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Pittsburgh Council
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