

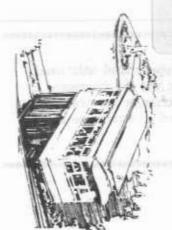
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AMERICAN YOUTH HOSTELS INC
6300 FIFTH AVENUE
PITTSBURGH, PA. 15232

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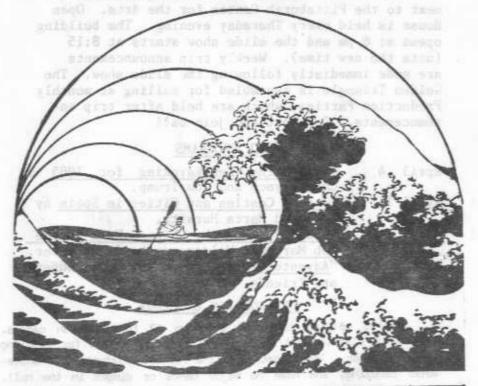
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GOLDEN TRIANGLE



AYH SEA KAYAK TOURING

TOUR WITH AYH THIS YEAR . . . DETAILS INSIDE

OLUME 36

NUMBER 4

THE GOLDEN TRIANGLE PITTSBURGH COUNCIL

AMERICAN YOUTH HOSTELS

6300 Fifth Avenue Pittsburgh, PA 15232



Phone: 362-8181

AYH HEADQUARTERS is located at 6300 Fifth Avenue next to the Pittsburgh Center for the Arts. Open House is held every Thursday evening. The building opens at 8 pm and the slide show starts at 8:15 (note the new time). Weekly trip announcements are made immediatly following the slide show. The Golden Triangle is assembled for mailing at monthly Production Parties, which are held after trip announcements. Come out and join us!!

APRIL PROGRAMS

	The state of the s
April 4	Christening Sea-Kayaking for 1985 by
	Cathy Lynch and Tom Trump.
April 11	Tour of Castles and Cities in Spain by
	Mike and Marta Hurwitz.
April 18	Backpacking on the Chinese Wall in the
	Bob Marshall Wilderness by Glenn Oster.
April 25	"Adventure Underground" by Buck Rodgers
	and friends.

GET A GOOD DEAL ON A CANDE

AYH is selling two used aluminum 17 foot Grumman canoes. This is a classic boat model, with an extra thwart for paddling in heavy water. These boats are fine for both flatwater and whitewater paddling, and have no major dents or dinges in the hull. They'll be sold with painter ropes, but with no flotation. To bid on a boat, send a sealed bid (minimum \$200) along with your name and phone number to: Canoeing Chairpersons, Pittsburgh AYH 6300 Fifth Ave., Pittsburgh, PA 15232. Bids will be accepted until April 30th. The boats can be seen at any Thursday Open House meeting or by contacting Steve Shafer at 362-4432.

PITTSBURGH'S FIRST GREAT MARATHON!

AYH will be helping with the Marathon Sunday May 5, 1985. If you'd like to volunteer, please call Rich Vangenewitt at 364-8775 for details.

AYH MEMBERSHIP APPLICATION

AYH memberships are available at Open House meetings. If you cannot attend a meeting, fill out the application at the bottom of this page and send it along with your check made payable to Pittsburgh Council, AYH, to:

AYH Membership 6300 Fifth Avenue Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sells <u>International Hostel Guide to Europe</u> for \$7.00 by mail or \$6.00 at Headquarters.

CHECK ONE:

	\$10.00 Youth \$20.00 Senior (18-59 years) \$10.00 Senior (60+ years) \$50.00 Organization (non-profit only) \$30.00 Family \$200.00 Life \$ Tax-deductable contribution	
NAME		
ADDRESS_	11年	
PHONE	NEW/RENEWAL	
BIRTHDAT	E	
*****	**************************************	******

OUR COUNCIL IS A VOLUNIEER ORGANIZATION. We always need additional leaders and others willing to donate time. If you are interested in contributing your efforts to any of the activities or service-oriented areas, contact a member of the Activities Board or attend one of the Activities Board meetings.

MAY ISSUE DEADLINES: April 11 all ads, articles and trips

April 25 Production Party

JUNE ISSUE DEADLINES: May 9 ads, articles and trips

May 23 Production Party

The Golden Triangle is the monthly publication of the Pittsburgh Council, American Youth Hostels. Contents are the responsibility of the editor.

EDITOR Joy Layton 486-4753 LAYOUT Joy Layton PRODUCTION Don Hoecker MAILING Roy Weil ADVERTISING Eric Bauer COVER Tom Trump

	WHO TO CALL	
PRESIDENT	Larry Laude	665-9554h
		476-5124w
VICE PRESIDENT	Bill Johnston	687-4893h
VICE PRESIDENT	Joe Hoechner	373-3403h
SEATS on the		243-4800w
MEMBERSHIP	Blanche Asherman	828-8158h
Transport AVIII		661 -8825w
PASS SELLING AGENCIES	Bob Nebes	624-2094w
EXTENDED TRIPS	Bill Johnston	687-4893
HOSTEL OPERATIONS	Jim Gogots	384-9149
COUNCIL STORE	Shelley Werner	422-0179

We above is an incomplete list at best, however it should be of some help. All the phone numbers of the activity chairpeople are in the Trips & Trails section of every issue.

A WORD FROM THE (RATHER FEISTY) EDITOR

It's wonderful, the kind of cooperation you get when you act mean and masty! I can name several activity chairpeople who really believe that I mean what I say, and they ask if their typed submissions are good enough!

By the way, don't get the idea that all AYH trips are killer commando raids! I've been on AYH trips where we only raised one blister! It just happens that some of us are stupid enough to enjoy the bizarre, the unusual, the killer comando raid... These are the trips from which great fiction is born!

If, however, this is not your thing, the best thing I can suggest would be to CALL THE TRIP LEADER beforehand. You can dial a phone! Save yourself, and the other trippers the hassle of finding out too late that the trip you're on is not your speed! We're out to have a good, safe, enjoyable trip (which isn't possible when you Ware miserable!).

THE COVER STORY AYH LAUNCHES SEA-KAYAKS

This month AYH will officially start it sea-kayak program. April's first Open House will focus on the capabilities and promise of these remarkable new boats. Early Spring trips will use them to explaore a variety of water.

AYH's fleet of four bright yellow boats are among the first of their kind in Pittsburgh. (This is in keeping with the tradition of AYH's introduction of new outdoor activities. Few remember now. but thanks to Bruce Sundquist, AYH owned rafts and led raft trips when there was no parking lot at Ohiopyle and the put-in was a single path through poison ivy.) We think that sea-kayaking has even more growth potential.

Since April weather is unpredictable and the boats (and paddlers) are inexperienced. April's trips will take advantage of the warmest part of the day and explore in nearby waters. The Final Yough trips will visit the flat water of the last few miles of the Yough just before it flows into the Mon. Even though this is very near industrial civilization, steep banks keep this area from most visitors except those who come by water. Tom Trump's April 7th trip will explore some of the mighty Mon itself. The group will glide past silent steel mills and by the high water mark from the spring floods and the yearly crop of riverbank vegetation in its first leaves. The April 20th trip will visit a nearby stretch of the Allecheny with uninhabited (in April anyway) islands. This trip will return in plenty of time for trippers to get dressed up and ready to go to the AYH Banquet that evening.

AYH is proud to have a new activity to offer. Be among the first to try the new sea-kayaks. Sign up early. Since there are only four boats, trips will fill fast and reservation is essential. For more details talk to any of the sea-kayaking leaders.

ATTENTION HIKERS AND BACKPACKERS!

Interested in going on a hike and/or a backpacking trip? Join us on Thursday. April 18th at 8 pm when the slide show will be "Backpacking the Chinese Wall in the Bob Marshall Wilderness" by Glenn Oster. Following the show a brief presentation on the hiking/backpacking program and a display of equipment will be available. Chairpersons of these activities will be available before and after the show to answer your questions and comment on your concerns. Come early and bring a friend!!!



SPECIAL APRIL 1st EDITION TIPS & TAILS

At a recent National AYH meeting new marketing plans for 1985 were discussed. What follows are brief descriptions of various techniques which could be used to promote AYH next year.

AYH TODAY! THE NATION'S NEWSLETTER of AYH activities. This publication will glean the best trips, workshops, programs, etc. from AYH councils across the country. The catch is that this newsletter will be marketed in cities that do not have councils to show them what they're missing! And of course the streetcorner vending machines will be designed to resemble video game machines, to help attract young people.

WORD OF MOUTH - seems that one of the most effective ways of spreading the word about AYH is the one-on-one Word Of Mouth technique. To increase this method of publicity, National AYH has started to design Word Of Mouth Booths for council use at travel shows, shopping centers, etc. Construction of these will follow, with the first W.O.M.B. delivery expected in 9 months.

AYH ATLANTIC - the new wave in hosteling! A possible combination of the Eastern Regional Councils with the new Southern Region. The fact that this east coast arrangement leaves the Pittsburgh and Syracuse councils high and dry means that there are still some bugs in the system.

HOSTEL PURSUIT!?!?!?!?!

A new board game to be available at various skill levels: state, regional, country, or whole world! Basically a player moves her "pass" around the board from hostel to hostel collecting "stamps". The player answers questions (i.e. "Which well known eastern hostel is actually in the town of West Tisbury?"). The player that visits all the hostels on the board, collects all the stamps (without spending too much time doing "chores") in her pass while getting all the questions correct is the winner! Watch for the game soon at all Council stores!



BICYCLE TOUR LEADERS NEEDED

YMCA Camp Jewell - Dutdoor Center is seeking applicants with bicycle touring and youth group leadership experience to lead trips this summer. Respond to Tom Madeyski, Program Director, Camp Jewell YMCA Outdoor Center, Colebrook, CT 08021, (203) 379-2782 for more information.

ORDER FORM FOR PUBLICATIONS

Number	mark neutrane	LTEM		
Hiking Guide Appalachian Hiking Guide Hiking Guide Hiking Guide Canceing Guide Ski-Touring Guide Hiking Guide AYH Outdoor Hiker's Guide	to Monongahel Trail Guide - to Laurel Hig to Allegheny to Western Pa de to Western uide to Southu to Big Schlos Food Book e to Rachel Ca	la Nat'l. Forest. Pennsylvania phlands Trail Nat'l. Forest Pennsylvania Pennsylvania pensylvania as-Wolf Gap Area prsylvania prsylvania	\$2.75	109
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Rachel Carson Map of Canoeid Introduction	ands Hiking Tr Trail Patch (ng Streams of to Pittsburgh	rail Patch (3" embroidered) the Upper Dhio Be Council, AYH (4 p	proidered) \$1.50\$1.50 asin\$1.80 pages) FREE FREE FREE	D. I.
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a or though shade	10 1 1 1 30	ne Med amera 13	ALC: No. 1994	
Please send orders Ezapiewski, 7303 Re				
ALL PRICES ARE SUBJ	ECT TO CHANGE	WITHOUT NOTICE.		

PITTSBURGH AYH PUBLICATIONS DESCRIPTION

Hiking Guide to Monongahela National Forest & Vicinity Contains descriptions of over 100 trails in the Highlands of West Virginia, one of the best areas for hiking and backpacking in this part of the country. Published by West Virginia Highlands Conservancy. 6x9 soft cover, 240 pages, 48 maps, Fourth Ed. (1982) \$6.37

<u>Appalachian Trail Guide - PA</u> Fifth Edition (1982). Published by Keystone Trails Association, 160 pages, 2 maps, $4\frac{1}{2}x6\frac{1}{2}$ soft-cover. \$2.75

A Hiker's Guide to Laurel Highlands Trail This trail extends 113 km from Ohiopyle to the Conemaugh Gorge, along the top of Laurel Ridge. Published by PA chapter, Sierra Club and Laurel Highlands Conservation & Devel. Project. 3rd Ed.(1981) 6x8 soft cover, 12 maps, 128 pages. \$4.00.

Hiker's Guide to Allegheny National Forest The ANF is a 500,000 acre area in northwestern PA. An extensive system of U.S. Forest Service maintained trails and informal trails (a total of over 200 miles) is available for hiking and backpacking. Published by Allegheny Group, Sierra Club. 2nd Ed.(1982), 6x9 soft cover, 26 maps, 23 photos, 128 pages. \$4.00.

<u>Hiking Guide to Western PA</u> Contains descriptions of over 140 hiking trails and areas in and near Western PA. 6x9 soft cover, 160 pages, 4th Ed.(1977), \$1.50.

Canceing Guide to Western PA & Northern WV Contains info on over 90 different cance trips on over 40 streams in the area. 6x9 soft cover, 290 pages, 7th Ed.(1983). \$5.00.

Ski-Touring Guide to Southwestern PA Describes about 30 ski-touring trails in southwestern PA and gives a lot of general info of interest to ski-tourers in the area. Published by Allegheny Group.

Sierra Club. $8\frac{1}{2}$ x11 soft cover, 55 pages, 14 maps (plus a 1981 update), 1st Ed.(1979). \$2.00.

Hiking Guide to Big Schloss-Wolf Gap Area (George Washington National Forest, Lee Ranger District) by Helen McGinnis. This is a popular hiking area east of Dolly Sods, on the WV-VA border. Contains detailed descriptions to over 100 miles of trails. 8½x11 soft cover, 66 pages, 20 maps, 7 photos. \$2.00.

The AYH Outdoor Food Book 144 pages of menus, food preparation tips recipes, and food-planning ideas for canoeists, bicyclists, back-packers, etc. Edited by Chris Reid. 6x9 soft cover, 1st Ed.(1981) \$3.00.

Fifty Hikes in Western PA by Tom Thwaites. This guide describes 50 of the better hiking trails in western PA. It contains topo maps, interesting background material on the history and geology of each area, and lots of photographs. 6x9 paperback, 1983, 206 pages. \$6.00

"MORGANTOWN" WEEKEND

MAY 17, 18, & 19

Due to unforeseen events, this year's Morgantown Weekend will not be held at Morgantown.

Instead, we will be staying at beautiful <u>Camp Horseshoe</u> in St.George, WV.

ACTIVITIES: Hiking, Canoeing, and Rafting.

BRING: Sleeping bag, 2 lunches, water bottle, and appropriate equipment for your activities.

COST: \$17.50 includes: Friday snack, Saturday breakfast and supper, Sunday breakfast, and transportation (equipment rental not included)

RESERVATIONS AND \$17.50 DUE BY MAY 10th.
Phone Dan Martt 921-4638 for more info.

Make Checks payable to "Pittsburgh AYH" and mail along with \$17.50 to Pittsburgh AYH, 6300 Fifth Ave., Pittsburgh, PA 15232.

MORGANTOWN WEEKEND

NAME	27.133	AT ALTON IV	
ADDRESS	Dia va	A P VA // 778	1653
PHONE	/ 11	11.1	
NEED RIDE?	CAN TAKE	RIDERS	

FAMILIES

Save the third (3rd) Saturday of the month for outings for families with young children. Rich Feder, 371-9230, is compiling a list of interested families' addresses and telephone numbers. To date, children's ages range from 3 months to 8 years.

1985 HANDBOOKS

The 1985 handbooks have finally arrived!! If you have a 1985 membership, just present your card at the membership desk to obtain a copy.





AMERICAN YOUTH HOSTELS

FLEA MARKET FOR OUTDOOR GEAR



AT THE PITTSBURGH GARDEN CENTER

SALES SPACE FREF

NEXT FLEA MARKET SEPTEMBER 12TH

Hiking continued

Those who know a good thing when they see it will plan on a wild-flower hike with Joy on May 11.

Other theme hikes are planned during the year on such things as geology, history, etc. If you have any ideas on these — or can lead or help out — please contact the hiking chairmen.

HIKING CLASSIFICATIONS

EASY -- up to 6-7 miles, few hills, slow pace INTERMEDIATE-- 7-12 miles, some steep hills, moderate pace. ADVANCED -- 12+ miles, move it or lose it!

KAYAKING and of allowing earl as

Lou Conley 681-8321 Ray Yutzy 341-5682

Cold weather kayaking trips are organized informally at the Thursday night meetings, usually by those who are equipped with wet suits for cold weather.

RAFTING

Shirley Sedmack Ulacky 422-0849 Susan Krotec 661-8485

Anyone interested in leading or learning to lead raft trips please contact the rafting chairwomen. Plans are being made for leadership training trips during May.

SEA-KAYAKING

Cathy Lynch 361-3707
Tom Trump 284-7349w
Paul Kram 681-9069

Sea-kayaking invites paddlers of all levels. Trips will meet at HQ at the time stated. The number of boats is limited, reserve early. Wear warm clothing in layers. Bring lunch and dry clothing in a waterproof container if possible. For further information, call any of the leaders. Trip locations may be changed as water and weather conditions dictate. Check with the trip leader for up-to-date info. Trips in addition to those listed may be organized at Thursday night meetings.

Steve Martin 469-3153

Play indoor volleyball at Taylor-Alderdice gym. Come out and learn to play or sharpen your game, or just to have fun. The action starts at 6 pm every Tuesday. The fee is 50 cents For AYH members and \$2.00 for non-members. See you there!!!



Bicycle trip classifications continued

to involve easy terrain and a more civilized pace. In the same vein, a 40 mile class C ride will probable involve a lot of sight-seeing stops and take all day. If you are unsure about a ride, ask the trip leader. She/he will help you to decide. It is possible that the class A ride you were unsure about has been downgraded to a class B riding pace.

When you show up for the trip you should also bring the following: Helmet (required), spare innertube and/or tube repair kit, tire pump (kind that attaches to your bike), riding gloves, and lunch or lunch money.

CANDEING

Kathy Lynch 327-0529 Steve Shafer 362-4432

CAVING

Roy Provins 784-9127 Paul Herre 831-0217 John Popp 653-6026

As always, please call your trip leader for more trip details and how to be properly prepared so that you can enjoy this fun and exciting sport.

CLIMBING

Dale Vilsack 343-8379 Karl Mormer 521-6404 Eric Bauer 687-0766

The three-fold climbing brochure containing a synopsis of our climbing program, equipment needed for a trip, etc., is soon to be reprinted. Please call or send any suggestions for changes or corrections to Barry Govenor or Joe Hoechner.

The beginner's climbing trips at White Rocks meet at HQ at 7:00 am. Bring tennis shoes, hiking boots, lunch, water, leather palmed gloves (if you have them) and a sunny disposition. We usually stop for dinner and return to Pittsburgh between 8 and 9 pm. Call any of the chairmen for reservations.

HIKING

Wayne Hennemuth 693-9605 Tom Kaveney 276-8044

THEME HIKES -- a number of members have expressed interest in theme hikes. As a start, Joy Layton, everyone's favorite newsletter editor, will be leading a Tree Trek on April 14. This will be a fantastic hike that everyone should go on (if they believe in the power of the press, hint). Sign up early! (This paragraph is somewhat different from what was turned in. ed.) 27

BOATERS, CLIMBERS, FELLOW SUPPORTERS COOPER'S STATE FOREST LAWSUIT

As you may be aware, the West Virginia Highlands Conservancy, the Pittsburgh Explorers Club, the Pittsburgh Climbers, and the Pittsburgh Council of American Youth Hostels, as co-plaintiffs, have filed suit against the state of West Virginia (DNR) for not having permitted the public the right to a hearing before imposing a ban on rock-climbing at Cooper's State Park last April (1984).

The West Virginia Highlands Conservancy has obtained the services of attorneys who are donating their fees for this cause but who do need some funds for other ancillary costs (xerox, cost of filing the suit, etc.).

Pittsburgh Council has contributed to this effort with the stipulation that an effort be made to solicit funds from the <u>general</u> membership and the climbing community to repay the funds dispersed. All funds received for this purpose will be dispersed on an "as needed" basis. All monies received above and beyond those needed will be placed in the general fund of Pittsburgh Council.

Please contribute to this cause if possible.

Make checks payable to: Pittsburgh AYH and mail them to: Cooper's Rock Fund, c/o Fred Hull, AYH Treasurer

Pittsburgh AYH 6300 Fifth Ave.

Pittsburgh, Pa. 15232

VERY SPECIAL EVENT

Pittsburgh AYH has put together a slide program to help celebrate May as "National Bike Month" and the week of May 5-12 as "American Youth Hostel Week".

Join Pittsburgh author/bicyclist Martha Retallick as she presents her 8300 mile solo bicycle trip around the U.S. During her travels she stayed in Youth Hostels in Colorado, California, New York and New Hampshire, campgrounds, motels and even a city jail in Arkansas! (but just for one night).

Ms. Retallick has collected her travel adventures in her new book entitled: "Ride Over Toe Mountain" and will be autographing copies after her program. Pittsburgh AYH will present this show on Toursday, May 9th at 7:30pm in the auditorium of the Pittsburgh Garden Center, near HQ. The meeting is open to the public and light refreshments will be serve.



WORLD ADVENTURE

LOW COST TRAVEL -- AYH STYLE!

The catalog listing 60 exciting extended trips is now available at headquarters.

These trips range from 9 days bicycling or hiking, starting at \$195.00 to multi-week, multi-thousand dollar trips in various parts of the world.

Rapid Transit led by Pittsburgh AYH's Ray Yutzy will be exploring local rivers by canoe and kayak.

Erie Breeze, a bicycle trip around Lake Erie, a route pioneered by Chuck and Lynn Eizak, also has a Pittsburgh connection.

Whether hiking, biking, canoeing, saddle/paddle, or motor trips are in your plans, AYH has a trip, price and destination to fit most any adventurer's taste.

Check with Bill Johnston 587-4893 or Marilyn Ham for details.



I'm will a present the allege DINE OUTL

Come celebrate a great opportunity to DINE DUT in Pittsburgh! Join your friends for a candlelit full course delicious natural foods meal (from soup to desert)! A night to get away from the kitchen, relax and enjoy being cooked for. Friday, April 19th. Call Jan at 734-2082 for reservations.



Future Bike Trips continued

May 25-27	В	15 tr	ippers	Dan Martt	local bike camping
Memorial Day					
May 25-27	ABC	15			Camp Sherwin Hostel
alternate Memo	rial Da	зу			
June 7-9	ABC	15		WesternPA Whee	elmen WAG '85
Late June	C	30		Mike Hurwitz	Gettysburg
Late June	Semi	nar 20	1	MaryBeth Jands	eau Bike camping
				Dan Martt	seminar
July 12-14	ABC	15		Suggestions???	???????
July 21	C	?		Pgh. Parks	The Great Ride
July 28	ABCD	?			Bicycle for
UKS STREET, STATE					Children's Hospital
Aug 3-4	ABC	15		Joe Hoechner	Camp Sherwin
Aug 9-11	ABC	18		Chuck Ejzak	Pine Grove Furnace
1000				The state of the s	Ironmaster's Hostel
Aug 23-25	ABC	25		Fred Parker	Pymatuning
Aug 25	C	20		Lou Conley	6th Annual Duquesne
1					Incline Ride
Sept 1	ABC	50		Chuck Ejzak	Mon Valley Century
Oct 4-6	BC	15	Dar	Martt	Harper's Ferry Hostel
the second secon					

BICYCLE TRIP CLASSIFICATIONS

Bike trips are categorized alphabetically with an "A" being the toughest, and "E" being the easiest. Many bicycle clubs use the same catagories so if you take rides with other clubs you'll know what to expect.

CLASS A: usually 60 or more miles, these are the most difficult rides and are meant for experienced bicyclists.

CLASS B: usually 35 to 70 miles, these would account for about half of the rides we have. If you have riding experience and want to go on a ride that is more riding than resting, but do not want to knock yourself out, then class B is for you.

CLASS C: usually 20 to 35 miles, these are slower paced versions of class B rides. Many of these may include a lot of sightseeing or leisurely picnicing. Class C rides are meant for people who may know how to ride, but still need some practice or simply want to take an easier trip than class A or B.

CLASS D and E: Class D is meant for beginners who are still getting used to their bikes, for riders who know how to ride but aren't sure of their abilities, someone who wants an easy ride. Class E is usually a learn-to-ride session for folks who would like some help on the basics of riding a multispeed bike.

These guides can help you to choose a ride that is not too fast and not too slow, but other info can help you also. For instance, a 30 mile class A ride will probably be fast, hilly, or both. On the other hand, a 90 mile class 8 ride is likely 2

APRIL TRIPS & TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include a 75g registration fee (50g per half day or evening), plus transportation and rentals. IN ADDITION non-members are charged \$1.50 per day which may be deducted from the cost of membership when joining AYH. The reqistration fee covers insurance (\$1000 medical/ \$1000 accidental death or dismemberment).

Debbie LaPlaca 795-4179 Jack Peth 921-7214h 777-5365w

Future trip: Memorial Day Weekend, May 24-27. Friday to Monday. Glenn Oster, leader. Intermediate level. Hike a section of the Appalachian Trail in PA in the Harrisburg vicinity. Leave Fri. at 7:30om from HO.

CLASSIFICATION OF BACKPACK TRIPS

This classification system is now being used on our upcoming trips. We ask that the tripper choose the trip that meets his/her skill level. If you have any questions, call the trip leader who will advise you.

NOVICE-- This trip is for the beginner who wants/needs individual instructions on the basic skills involved; i.e., how to pack your pack, use a stove, pitch a tent. Will be a one night trip only.

EASY-- Nis trip is for those interested in a slow pace trip of no more than 8 miles of flat trail or 6 miles of hilly trail. INTERMEDIATE -- on this trip the packer will cover 8 to 15 miles of flat trail or 6 to 13 miles of slightly steeper and longer hilly trails. The pace is also more steady.

ADVANCED -- For the more experienced backpacker: this trip will cover 15+ miles of flat trail or 13+ miles of moderatly steep and difficult climbs on the trail.

REMEMBER: Backpacks, sleeping bags and ground mats, tents and tarps are available to rent!

BICYCLING

Rick Kondas 672-3891 Chuck Ejzak 466-6196

Future Trips

This is a tentative list --look for details in future Triangles

May 10-12 A- TOSRV



	SPRING BANQUET APRIL 20th	
MAIL RES	Appetizers at 6:00, Dinner at 7:00 CRVATIONS TO: Rita Long, 5440 Fifth Ave., Apt. 18, Pittsburgh, PA 15232.	
RESERVAT	ONS DEADLINE: April 13, 1985	000
NAME	Gladwyna, PA 19036-0033 (III)	
	Members @ \$11.00each Non-members @ \$12.00each	
NAME	Members @ \$11.00eachNon-members @ \$12.00each	_ a

CAMP CHOCONUT

FRIENDSVILLE, PA **FOUNDED IN 1896**

Choconut encourages the active boy to develop his own interests, at his own rate . . . to become more selfreliant. Choconut is home to the boy who enjoys rustic living in the out-ofdoors, campcraft, natural science, carpentry, work projects, caring for animals, river canoe trips, fishing and group games.

We are proud of our high counselor/ camper ratio, good food and our private 40-acre natural lake on 800 acres of woodland in Pennsylvania's Endless Mountains north, near the New York border. Our community includes 50 boys aged 9 to 14.

8. 4 + 3 WEEK OPTIONS

-Winter Office-S. Hamill Horne Box 33Y Gladwyne, PA 19035-0033 (215) 649-3548





Outdoor Clothing and Equipment Specialists

687-1386 818 South Aiken at Walnut, Shadyside

..CLIMBING.. ..KAYAKING..

.. CAMPING EQUIPMENT.. .. CYCLING..

.. BACKPACKING SUPPLIES HIKING BOOTS ...

..WILDERNESS EXPERIENCE.. ..LOWE..

...MARMOT... ... GREGORY...

. NORTH FACE ..

SUMMER '85 SAILBOARDING LESSONS

TENT AND BACKPACK RENTALS AVAILABLE

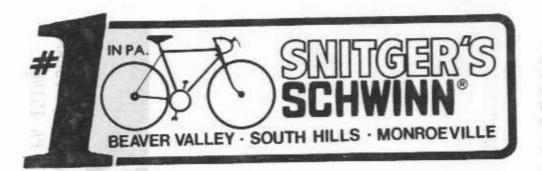
KAYAK AUCTION

AYH will be auctioning three kayaks this Spring. These boats are all in pretty good condition and have all been "roll trained". All three boats are plastic; two are Perception "Quests" and one is a "Rapide". The Quests are relatively high volume and the Rapide is a very low volume boat. These boats can be examined at any Thursday night Open House meeting or information can be obtained through Lou Conley at 681-8321.

The minimum bid for each boat is \$100. Sealed bids can be sent to the Kayaking Chairmen, Pittsburgh Council, AYH, 6300 Fifth Ave., Pittsburgh, PA 15232. Bids will be opened at the Open House meeting on Thursday, April 25, 1985.

SIGN UP NOW!!!!!!

The WQED 14th TV AUCTION is once again requesting our help. They need 15 volunteers to make confirmation calls to viewers with the winning bids. Would you like to volunteer for this worthwhile event? We have selected Monday, April 22, 1985 from 9pm to midnight as the evening of our participation. Please call Rich Vangenewitt at 364-8775 to reserve a phone spot.



395 Third St. Beaver, PA. 774-5905 Rt. 51 South Large, PA. 384-8477 4916 Wm. Penn Highway Monroeville, PA. 325-4660

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SERVICE GUARANTEE

PARTS

We sell only the finest in quality parts each guaranteed to give many hours of riding pleasure. Should any part be found to be faulty it will be replaced. AT NO CHARGE

WORKMANSHIP

We pride ourselves in quality workmanship and will correct any part or accessory installation not found to be to the customer's satisfaction... AT NO CHARGE!



RENTAL RATE CHANGES

April is your big chance! Go on a trip before the prices change! Starting May 1st the following rental and equipment prices will be in effect:

Backpack, Pannier.......\$1.25/day (rate decrease)

Bicycle with helmet.....\$3.75/day

Bicycle with helmet.....\$2.00/2day, eve.

Bicycle or caving helmet..\$.75/day Caving light......\$.75/day

Vertical caving equip.....\$2.00/day (new addition)

Canoe equipment only.....\$2.00/day (rate decrease)

Canoe w/ equipment......\$6.00/day/boat (rate increase)

Kayak equipment only.....\$2.25/day/person

Kayak w/ equipment.....\$5.25/day

Climbing equipment.....\$4.25/day/person

Nordic skis (set).....\$4.25/day

Nordic skis (set)......\$1.25/4day, eve.

Raft.....\$5.00/day/person

Sleeping bag or tarp.....\$1.25/day

Tent.....\$2.50/day

Volleyball.....\$.25/day

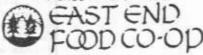
See kayaking will be the same as whitewater kayaking. All other prices will remain the same.

Trip leaders: please remember that trips coordinator Pat Tieman has guides for filling out the trip report forms. The also requests that you remember to check your math on the trip report forms.

HEY! LOCK! WE HAVE ...

0000000000

----THE FRESHLST PRODUCE
----THE BEST POULTRY
----THE LEAST EXPENSIVE
HERBS AND SPICES



5474 PENN AVE. 361-3598 MON-FRI 10 AM - 8 PM SAT 10 AM - 6 PM SUN 12 PM - 4 PM





WHITEWATER RAFTING ON THE TYGART RIVER IN NORTH CENTRAL WEST VIRGINIA

- NO EXPERIENCE NECESSARY
- GUIDEIN EACHRAFT
- HEARTY LUNCHINCTUDED
- SUMMER LEVILS GRIAT FOR BIGINNIRS
- . FAMILY TRIPS
- · GROUP RATES

FOR MOREINFO AND RESERVATIONS

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Run MOATSVILLE, W. VA. 26405
Outlitters 304-457-1260
7 DAYS A WH K 9-9

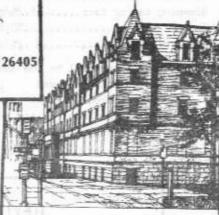
NEED HELP?

If your weekend climbing outings have left your marriage
on the rocks, attorney Jane
Swanson offers AYH members
a free orientation session
in divorce mediation to help
in resolving things amicably.
Call 854-1050 for absolutely
confidential information.

From "The Golden Cate Hosteler"

HISTORICAL WORK PARTIES?

Yes, there just might be, in Gettysburg, PA! National AYH is "very close" to making a deal to charter a 60 bed hostel in historic Gettysburg. If such a deal is made, there might be an opportunity for spring work parties to get the building in shape for a summer opening. If interested, please keep in touch with Joe Hoechner.



AYH to Develop New York Hostel

American Youth Hosteli, Inc. plans to renovate an historic 19th Century nursing home designed by Richard Morris Hunt into a 500-bed, full-service hostel for American and international mavelers. The building will also serve as the AYH headquarters for New York City programs, services and activities.

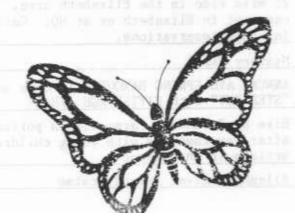
The project will require unprecedented financial resources with most of the capital coming from donations of \$10 to \$1,000. We at the

Council encourage all who can to make a tax-deductible contribution to this worthwhile endeavor. Send your contribution to:

The N.Y.C. Hostel Project American Youth Hostels 1332 I Street N.W. Suite 800 Washington, D.C. 20005



				continued APR	IL TRIPS &	TRAILS	continued
DAY	DATE	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
21	Sun	Bike	C+oJ quad	Elaine Rosenthal	521-6404	10:00	30 mi. ride to Saxonburg. Meet at Hartwood Acres.
21	Sun	Hike	Inter	Lee Brownston	521-3421		Hike at Bear Run Nature Reserve.
25	Thurs	Backpack	A11	Ben Brugmans	736-2751	7:00HQ	Backpack cooking class. Limit 6 people -\$2.0 per person.
26-28	FSS	Backpack	Easy	Debbie LaPlaca	795–4179	7pm@HQ	Leave Friday evening for Laurel Highlands Trail - Section from Rt. 271 to Rt. 56. Call for reservations and information.
27-28	SS	Bike	ABC	Chuck Ejzak	466–6196	7:00HQ	Camp Silver Lake Hostel in Fombell. Reserve by April 20 to stay Saturday. Rides start from the hostel.
27	Sat	Climb	Novice/Eas	sy Chairpersons	see list	7:00HQ	Climbing trip to White Rocks near Uniontown. See the climbing write-up for more info.
27	Sat	Hike capture	Maintenand	ce Glenn Oster	364-2864h 234-0610	Ben	Maintenance hike on the Baker Trail.
27	Sat	Hike	Easy	Cliff Ham	687-4520	12:00	Easy hike in the Seldom Seen Area.
28	Sun	Cave	of the S	Roy Provins John Popp	784-9127 653-6026		Take a hike into the Cheat River Gorge to do Cornwell Cave near Masontown, WV.
28	Sun	Hike	Inter	Tom Kaveney	276-8044h 787-6030w		Hike at Roaring Run.
27 or	28	Sea-Kayak	A11	Paul Kram	681-9069	9:00	Lake Arthur Explorer. Call Paul for day and other details.
May 4	Sat	Bike	A- 113	Chuck Ejzak	466-6196 I	8:30 Elżabeth	75 mile ride. Last chance to get ready for TOSRV or the Marathon. Call to reserve.



AFTERNOON WALKS

Keep your eye on the trip schedule for afternoon walks. One is scheduled on April 27th to Seldom Seen, which will be led by Cliff Ham, and others are planned.

These are easy hikes -- good for a nice, sociable afternoon and an excellent way to bring new members to the AYH. The fee is only 50 c for members and non-members -- so come and bring your friends!!!!!!!!!

APRIL TRIPS & TRAILS

DAY	DATE	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
1 occura	Mon	Ski	A11 = 1	Frosty T.Snowman	? 44-112	Lastineur	X-C ski trip to Florida via I-79. Speed limit will be strictly observed! Rental rates re-
		sydusel, swill	t med cool	IN SAIN	1281-122		duced. Easy uphills, long fast downhills. Inquire somewhere for details.
5-7	FSS	Bike	B & C	Elaine Rosenthal	521-6404	an a	Easter weekend in Washington, D.C. Reservations required.
5-7	FSS	Climb	Inter	Chairpersons	see list	analia.	Washington, D.C. climbing weekend.
6	Sat	Bike	C+	Fred Parker	824-2638	10:00HQ	Ride from East Pgh. to Bushy Run Battlefield area. 25 miles.
7	Sun	Sea-kayak	A11	Tom Trump	284-7349w	9:00	Yough and Mon icebreaker.
13-14		Backpack	Adv Bod	Glenn Oster	364-2864h 234-0610w		Hike a section of the Baker Trail from Rt.839 (North of Milton) to Summerville. 16 miles on Sat., 10 mi. on Sun. Call for info & reserv.
13	Sat	Bike Hada	C _{salid 238}	Don Sheperd	921-4506	10:30 @ Oakdale	25 mi. ride in the Oakdale area. Call Don for info and reservations.
13	Sat	Hike	Inter	Shirley Sedmack/Ul	acky 422-0849	8:00HQ	Hike at Cooper's Rocks.
14.	Sun	Hike	Novice	Joy Layton	486-4753	9:00HQ	Tree Trek. Easy-paced trip focused on ident-
		7/	ing Solitory	ne politic an	276-3044h 787-3030v	(90	ifying local trees before the leaves are on. 7 miles MAXIMUM. Bring a guidebook if you have one! Call Joy for more info.
14	Sun	Sea-kayak	A11	Cathy Lynch	361-3707	9:00	Final Yough Float.
16	Tues	Bike	A11	Chuck Ejzak	466-6196	7:30pm	Maintenance Clinic. Get your bike in shape for the season. Bring rags, your bike, & 50¢.
20	Sat	Bike	С	Chuck Ejzak	466-6196	10:00	25 mile ride in the Elizabeth area. Trippers can meet in Elizabeth or at HQ. Call for info and reservations.
20	Sat	Hike	Inter	Wayne Hennemuth	693-9605		Mystery Hike!
20	Sat	BANQUET	EVERYBODY	Eileen Hull	242-5379	6:00pm	ANNUAL AYH SPRING BANQUET!!! Come and "STEP OUT" with PITTSBURGH AYH!!!
20	Sat	Hike	Families	Gill & Ellen DeBenedett	242-6650		Hike at Beechwood Farms with a potluck supper after for families with young children. See article in this issue!
20	Sat	Sea-Kayak	A11	Cathy Lynch	361-3707	9:00	Allegheny River Island Cruise