

HOSTELLING
INTERNATIONAL

GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 44, NUMBER 10

OCTOBER 1994

Mon Valley Century Wrapup

HEAVY RAIN GREETES RIDERS. In spite of forecasts to the contrary, a heavy rain hung around for most of the morning. It kept the number of actual riders to about 250 which was much lower than the 1000 plus which was expected. Even so, a number of dedicated cyclists came out to ride 30, 50, 70, or 100 miles. As the morning wore on, the rain slowly started to recede and a few more cyclists started on the shorter routes. Those who did ride that morning took the weather in stride. Some were even heard to say things like "I'd rather have rain than that hot weather we had last month."

WEATHER PART OF RIDING Heavy rains are just one of the risks one has to take when participating or organizing a bike ride. It is not practical to reschedule a ride since permits for park shelters, portable toilet rental, purchase of food, and rounding up volunteers needs to be arranged well before the ride date.

MVC T-SHIRT This year's T-shirt is arguably the best one we have had to date. The three color design and lettering were done by local artist John Hinderliter. The graphic shows a cyclist and utilizes a "third-world" or "cave art" theme with earthy shades of orange, turquoise, and dark purple. The t-shirt is 100% cotton in its natural undyed color. As you might have guessed, we have many shirts left over. The cost is \$6 per shirt in sizes S through XL. We also have a few XX which are \$7 each. These are available by mail. Shipping cost is \$2 per address - that is whether you buy one shirt or 50, the shipping cost is the same as long as they are all going to the same address. The shirts are also available in person at the weekly Thursday night openhouse (8:00 to 9:30 p.m.) at the AYH headquarters in Mellon Park (corner of Fifth and Shady) or from the AYH office in the old Wightman School Building on Solway St in Squirrel Hill during normal office hours. Phone ahead to confirm the times (422-2282).

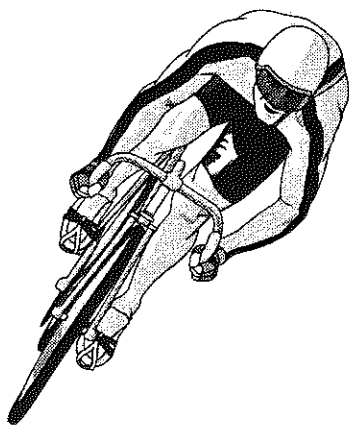
UNCLAIMED T-SHIRTS If you pre-registered for the MVC and paid for a T-shirt but did not yet claim it, we will give you until SEPT 16 to get it. If you want the shirt mailed to you, the cost is \$2 per address. Alternatively, you may arrange to pick it up at the AYH office on Solway St in Squirrel Hill or at the weekly AYH Thursday night open house. Please call the AYH office (422-2282) to let us know that you are planning to pick up your T-shirt in person. Note that the office on Solway St. is usually closed Thursdays.

GREAT VOLUNTEERS The MVC could not be done without the help of many volunteers. This year's crew was another winner. I know many riders like to brag about how early they woke up to get down to the ride. Well, chances are that MVC volunteers were already there when you got to Elizabeth Sunday morning and were still there long after you left. This year we had many regulars who took care of food and road markings. We also had a solid group of volunteers who manned rest stops, drove SAGS, directed parking, handled registration. This year we also want to especially thank the Monessen Amateur Radio Club who did an excellent job of keeping tabs on the riders and directing the SAG drivers. Their work helped the MVC run smoothly. Also, thanks to Emma Williams and the volunteer firemen for their help and hospitality at the waterstop in Fayette City.

1995 MON VALLEY CENTURY

The 10th Annual MVC is tentatively being set for Sunday August 27, 1995.

1994 SABRE BICYCLE TOUR



Fourth Annual
Southwestern Autumn BREeze
BIKE TOUR
October 2nd 1994

When autumn breezes blow in southwestern Pennsylvania join us at Settlers Cabin County Park. SABRE has cool fall cycling with rides of 15, 35 and 65 miles. We expect 1,600+ cyclists this year.. Call Bill Eberle at 412-833-9732 for information. See you There!

See Page 4 for additional information

ANNUAL MEETING

The annual meeting of the Council will be held in November this year, on Thursday evening, November 10th at the Activities Headquarters subject to final board approval. Check the November newsletter for the date, time and other details on this important meeting to elect officers, to hear reports on the council and the new Pittsburgh hostel, and to conduct any other business that may arise.

The nominating committee is busy preparing the final list of candidates to recommend to the membership. If you are interested in running for the board of directors or have someone you would like to recommend to the nominating committee, please contact me for information on what's involved.

Larry Laude
Secretary, Pittsburgh Council
412-665-9554 or 73467,3201 on CompuServe

FEATURED IN THIS ISSUE

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.....And MORE!!!

AMERICAN YOUTH HOSTELS

PITTSBURGH COUNCIL
6300 FIFTH AVENUE
PITTSBURGH, PA 15232

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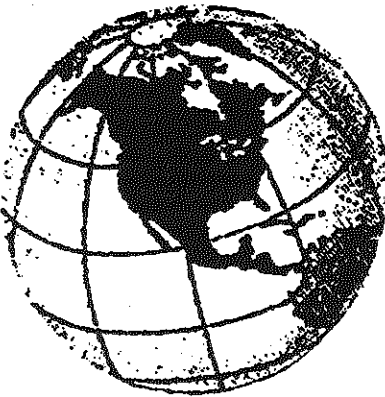
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HOSTELLING


Pittsburgh Council, American Youth Hostels, Inc.

Serving Western Pennsylvania & West Virginia Panhandle
Since 1948, Incorporated 1955

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Advertising ... **Wm. Eberle**

Council Officers

President ... **Marianne Kasica**
(412-665-9554)

Vice President ... **Vacant**
Secretary ... **Larry Laude**

BOARD OF DIRECTORS

Lou Conley (94)
Wm. Eberle (94)
Joe Hoechner (94)
Maribeth Hook (95)
Marianne Kasica (95)
Larry Laude (95)
VACANT (94)
Terri Lorence (94)
VACANT (96)
VACANT (94)
Roy Weil (96)
Ray Yutzy (96)

Office Staff
(412-422-2282)
Helen Coyne
Don Henry

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

MATERIAL...

All material to be published, should be sent to the address below. It Can be submitted on Disk in either IBM or Mactintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217
Office: (412) 422-2282

PITTSBURGH COUNCIL
ACTIVITY CHAIRS

Chairman of the
Activities Committee
VACANT.....###-####
Canoeing
Karen Lukas 661-4835

Cross Country Skiing
Steve Tubbs 279-4866
Cycling

Wm Eberle 833-9732
Chuck Ejzak 466-6196

Family Activities
Barbara Hanusa 441-7205

Hiking / Backpacking
Helen Coyne.....776-0678

Jim Ritchie..... 828-0210

Kayaking
VACANT ###-####

Ray Yutzy..... 341-5682

Midweek Rambles
Cliff Ham 687-4520

Rafting
Doug Bruce 561-5037

Jon Maiman 441-2306

Rock Climbing
Eric Bauer 687-0766

Sailing
Joel Hough 727-2807

Bob Zavos 241-0659

Sea Kayaking
Mark Mistrik 344-8665

Trips Coordinator
Vicki Krug..... 361-4386

Trail Systems
Glenn Oster 364-2864

Jim Ritchie 828-0210

Headquarters Programs
Tom Rodgers 621-6310

Chris Kline 441-7352

Storekeeper
Wm Eberle 833-9732

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call

Larry Laude at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for
future issues of the
GOLDEN TRIANGLE

NOV / DEC
All copy, Oct 6
Binding/Mailing, Oct 27

JAN / FEB
All copy, Dec 1
Binding/Mailing, Dec 22

If your work is on computer,
Please contact Bill Eberle
@ 833-9732
or

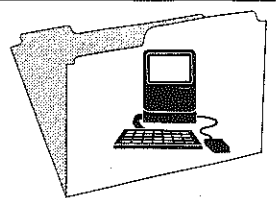
Larry Laude @ 665-9554

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation (IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Submissions Policy:
Golden Triangle

Classified Adds:

- Classified adds are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be;
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed
- Before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue. (See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- "Lack of planning on your part, does not constitute an emergency on my part"

October Slide Shows

- | | | |
|-----|------|--|
| Oct | 6st | Open House. No Slide Show
Come Mingle! Find out about a trip!! |
| Oct | 13th | "Bicycling Southern Style"; Bike trip along the Virginia "Creeper" and the "Natchez Trace" in Mississippi and Tennessee.
by Glenn Oster |
| Oct | 20th | Newsletter Prep night. A little work at HQ, followed by a drink or meal at a local restaurant |
| Oct | 27th | Open House. No Slide Show
Come Mingle! Find out about a trip!! |

Doors open: 8PM. Slide Shows: 8.30PM
Share your Slide Show trip!
To Schedule a show or have a show idea call
TOM RODGERS 621-6310

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel
RD #1 (1 mile west on Route 30)
Schellsburgh, PA 15559
(814) 733-4212

Charleroi Youth Hostel (SA)
Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200



HOT SPOTS: Chicago Hostel

HI-AYH opened a summer hostel in Chicago at the Columbia College Residence Hall on June 11, 1994—in time to welcome visitors to the World Cup Soccer Games at Soldier Field.

The hostel, located in Chicago's South Loop, is accessible to the lake front, world-class museums, the Sears Tower (world's tallest building), and Soldier Field.

Enjoy summer in the "Windy City" at the scores of food and music festivals that place every weekend in Grant Park. The Park, the Art Institute and the Field Museum of Natural History are all within walking distance of the hostel.

The newly renovated hostel rooms are light and spacious and have a maximum of three beds with their own bathroom. The hostel has 114 beds, secure 24-hour access and will be open early June through early September. The overnight fee is just \$14 for Hostelling International members.

HI-Chicago Summer hostel offers great amenities, including a game room, work-out room, lounge/common room, self-service kitchen, and laundry facilities.

Make plans to visit the hostel in 95. Reservations can be made by phone or fax with VISA or MasterCard. For information/reservations: During the Hostel's open months Contact: HI-Chicago Summer, 731 Plymouth CT., Chicago, IL 60605, Phone/Fax: 312-327-5350

Or for information On Hostelling in Chicago, contact the Metropolitan Chicago Council, 3036 North Ashland Avenue, Chicago, IL 60657, phone: 312-327-8114. Fax: 312-327-4287.



Chicago's skyline from Lake Michigan

PITTSBURGH HOSTEL UPDATE**Architect Selected**

Suzan Lami Architects of Monroeville has been selected by the Pittsburgh Hostel Project Team to design the new Pittsburgh International Hostel in the Allentown area of Pittsburgh. Suzan Lami has been in architectural practice for 15 years and was a partner in the firm of Design 3, which did the feasibility study for the firehouse hostel project in downtown Pittsburgh. The selection was made after careful consideration of the three qualified firms who were invited to bid on the project.

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your pledge today.

Yes, I would like to make a pledge of support for a Hostel in Pittsburgh in the amount of:

- ☐ \$2500
- ☐ \$1000
- ☐ \$500
- ☐ \$250
- ☐ \$100
- ☐ \$50
- ☐ Other: \$ _____



Yes, I can also volunteer my time for:

- ☐ Fundraising
- ☐ Architecture or Design
- ☐ Construction
- ☐ Public Relations
- ☐ Clerical help
- ☐ other: _____

Name _____

Address _____

Telephone _____

Mail your Pledge to:
AYH
Pittsburgh Hostel Fund
5604 Solway St., Pittsburgh, PA 15217
412-422-2282

TIPS FOR LIGHT TRAVEL

You can travel light depending on the following...

1. Where are you going?
2. What will you be doing ... working in a kibbutz or doing the Hard Rock Cafe in London?
3. How long will you be gone?
4. Can you share items with traveling buddies? (dangerous if you split)

1. KNAPSACK. Carrying the weight of your belongings on your back leaves your hands free to carry a day pack, groceries, or look at a map or guidebook while walking. Customs and immigration representatives appear to give some persons with suitcases a better reception than persons with knapsacks. A suitcase may look handsome, but you may become uncomfortable if you have to carry it a distance. Manufacturers have combined the best features of a knapsack and a suitcase. Some knapsacks have back pack shoulder straps that can be zipped into a compartment to cross borders or for stowing under airline seats. A shoulder strap and handles allow two other ways to carry your bag.

2. SHEET SLEEPING SACK. Some hostellers wonder if 15 ounces and the size of two paperback books is worth lugging from hostel to hostel. Since many hostels do not include linen in the overnight fee, a sheet sleeping sack may pay for itself rapidly. Bicyclists traveling light may prefer to rent linen.

3. TOWEL/WASHCLOTH. Since you have to bring your own, why not try the small, all cotton Japanese bath towel? The towel is no larger than your fist, weighs only a few ounces, and dries in a few hours. You wet the towel, soap it, wash yourself, rinse it out, wring it out, and start drying. When the towel is wet, wring it out, dry another part of yourself. Repeat the process until you are dry. Other hostellers prefer a synthetic chamois that works the same way.

4. SWISS ARMY KNIFE. Stretch your dollars. Have a picnic. Open a bottle, cut bread and fruit, even file your nails.

5. COMBINATION LOCK. Some hostels have lockers with a key others have coin operated lockers, others may rent you a lock if you don't bring one.

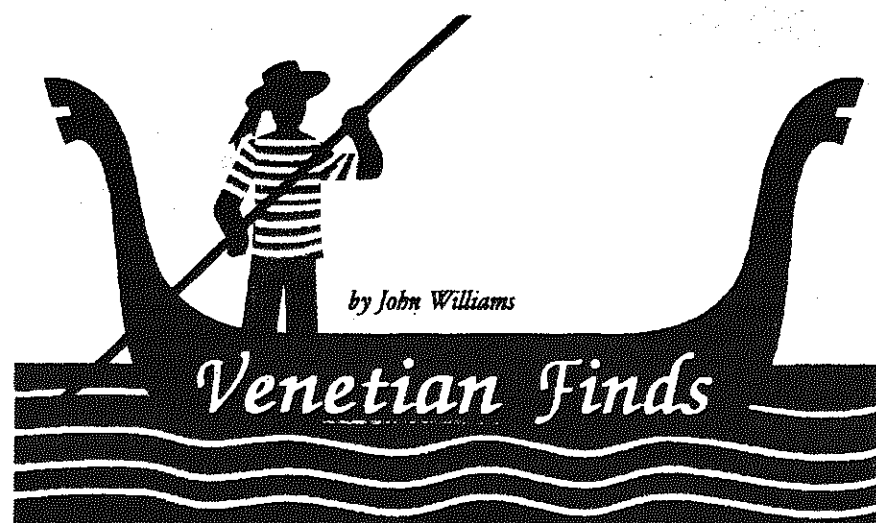
6. WIND UP ALARM CLOCK if your watch does not have an alarm. Make sure you wake up in time to catch your travel connection or evening entertainment.

7. SHOWER SHOES. Flip flops will give you sure footing on tile and give your feet a rest while you're in your room. In tropical areas, thick soled thongs will keep your feet off hot pavement or beach sand.

8. SUPPORTIVE FOOTWEAR. Find some good walking shoes to break in before your trip. Protect your feet from cobblestones or heavy-footed donkeys or pedestrians.

9. SOAP/SHAMPOO/LAUNDRY SOAP. Some bathrooms may not have soap. Carrying a small container of liquid or bar soap in a day pack may be appreciated. Hostels do not provide personal products. A tube that collapses as the contents is used will save luggage space.

10. HOSTELING INTERNATIONAL MEMBERSHIP CARD. Last but not least. Show your card to stay in hostels world-wide at the member rate. Receive discounts on attractions, meals, and travel.



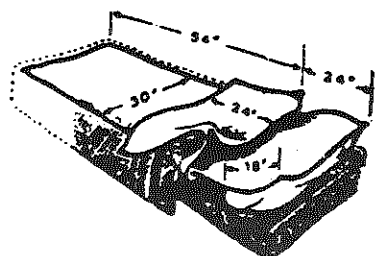
In many typical tourists haunts, twilight brings vibrant nightlife, bright neon and dimly lit discos. But Venice has never been typical. The labyrinth of narrow streets, pastel courtyards, and arched canal bridges welcome the nighttime walker. The voices in the Venetian night are not those of singers and screen stars but of strollers whose footsteps echo in the winding corridors. From behind the centuries-old brickwork comes the

see CANAL, page 7

**AYH Sheet Sleeping Sac....
DON'T LEAVE HOME WITHOUT ONE!**

Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). the cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.





SABRE

Southwestern Autumn Breeze Bicycle Tour

Sunday, October 2, 1994

Presented by:

PITTSBURGH COUNCIL • AMERICAN YOUTH HOSTELS

Sister Tour to the Mon Valley Century



START: SABRE starts in Settler's Cabin Park at the Cayuga Picnic Grove. Pick up Registration Packet before starting the Tour. Registration opens at 7:30 am with The Metric Tour riders leaving at 8:30 am. The 35 and 15 milers depart at 9:30 and 10:30 am respectively.

ROUTE: SABRE is a tour of southwestern Pennsylvania, and more specifically of the small rural and farming communities southwest of Pittsburgh. Cycle SABRE and see Western PA's fading orchards and rolling fields filled with red, orange and fire yellow trees while the October skies are clear and a fresh breeze fills the air. We promise the route which during this Autumn period will be ablaze with colors, leaving you with memories that will easily carry you through the cold, slush-filled winter to come. SABRE consists of 3 routes for cyclists of all abilities, a challenging metric century (65 miles), as well as the 35 mile route and the 15 miler

FOOD: 65 milers receive 2 snack stops and the 35 and 15 milers have 1 snack stop, but don't fill up too much, because instead of finishing the Tour and simply going home like so many other rides, we will be waiting for you with the famous unsurpassable picnic feast at the Cayuga Picnic Shelter. If the Autumn breeze is chilly, we promise to warm you up!!! Returning for the third year, Famous Trax Farm Apple Cider Served Hot !!!

COST, REGISTRATION PACKET, PICNIC: \$15 Day of Tour registration; will get you a ride map and cue sheets, a rider number, sag and technical support, snack stops and a SABRE tour water bottle. When you finish the Tour, there will be the "SABRE Feast" picnic lunch awaiting you!

HELMET: The Pittsburgh Council, AYH requires you to wear an approved bicycle helmet for SABRE. After all, your brain is the most precious item you own!!

SUPPORT A sag will pick up those who can't finish due to bike problems or fatigue (you and your bike are expected to be in good condition before the ride starts).

EXTRAS, OFFICIAL SHIRT, GUEST PICNIC TICKETS: With a great picnic like ours we knew you would want to bring Gram and Gramps, Friends, and Family. So for \$3, "SABRE Feast" picnic tickets may be purchased for one and all. Unsure of the number of guests you wish to bring? Don't worry, tickets will also be available at the picnic. We also offer the official SABRE Tour commemorative T-shirt for \$8; There will be no second run of shirts this year, so arrive early to be sure to get one.

RIDE DIRECTOR: Questions, concerns, suggestions or if you wish to volunteer, please contact **Bill Eberle at (412) 833-9732 (phones answers 24 hrs).**

DIRECTIONS: From Pittsburgh, take Interstate 279 to the Campbells Run Rd. Exit. At end of exit ramp look for and follow signs to Settlers Cabin Park Wave Pool. (At end of exit ramp make left then make next left at Bishop's Icecream Parlor. Follow that road under Interstate and up hill. Make first right onto Ridge Road.) Pass Wave Pool on right and make second left at large wooden sign marked "Picnic Groves". Cayuga picnic grove is second grove on right. For any clarification of the directions, please call the Ride Director.

SEA-KAYAKING

A couple times a year we head out on some adventure-vacation, touring by water wherever we want and basically living out of small, hand propelled boat. It amazes a lot of people how you can have everything you need to have a great time inside one of those things. Kayak touring has taken us across Island National Parks, through sea-caves filled with emerald green water, and down our own local rivers. If you'd like to see what it's like on a simple close to home weekend trip, then join us on a trip to the Allegheny Reservoir's Kinzua Lake in mid-October. We'll show you what to bring and how to plan a menu, then get it packed into a kayak. Then we'll paddle along the lake to a canoe-in campsite, do some kayaking and hiking, prepare some great dinners, and enjoy a cool fall evening next to a warm campfire.

October winds down the scheduled sea-kayaking season. We'll continue to run trips through November whenever Indian Summer comes around, but they can't be scheduled far in advance. So come to a meeting, call to see what's happening, or join us at one of our monthly dinners. We'll be glad to hear from you.

September 30-Oct 2 Fri-Sun Mark Mistrik 344-8665

Sea-Kayaking on the Southern Chesapeake Bay weekend. Two days of scenic, protected and safe saltwater paddling on the Rappahanock River, staying overnight at a Youth Hostel/Resort. Unique feature of this trip is seeing bioluminescence during an easy after-dinner night paddle. Dining includes Belgium waffle and fruit breakfasts and fresh seafood dinners. Early reservations required to insure space at the Hostel, and for a kayak. **MEETS:** Friday evening 5:30 - 6:00 PM in Shadyside.

October 18 Tue Mark Mistrik 344-8665

(Almost) Monthly Sea-Kayakers and everybody else dinner at the Himalayan Tibetan Restaurant in Oakland. Join us while we sample foods nobody can pronounce and for conversation on just about anything outdoorsy. Vegetarian items available on the menu. Please call a few days ahead so we can reserve enough seating and I'll provide some useful tips on parking in Oakland. **MEETS:** Tuesday evening 6:00 PM at the restaurant. Carpooling possible.

October 14-16 Fri-Sun Mark Mistrik 344-8665

Weekend Sea-Kayak touring and camping trip on Kinzua Lake in the Allegheny National Forest (Allegheny Reservoir). A wonderful place to watch the fall colours, kayak and tell stories by the campfire. Rain date October 22-23. Call ahead to reserve a kayak. **MEETS:** 6:00 - 6:30 pm in Shadyside.

To be announced Weekend in November.

Sea-Kayaking and sightseeing on the southern Chesapeake at the Urbanna Oyster Festival. Stay overnights at a Condo Youth Hostel. Call for the date as it's unavailable at time of newsletter submission. **MEETS:** Friday evening 5:30 - 6:00 PM in Shadyside. Call Mark Mistrik, 344-8665 daytime or leave a message.

Thanksgiving

We're planning a combination Sea-Kayaking and Hiking or Backpacking trip to the Smokey Mountains National Park, Cumberland Lake in Kentucky, or coastal North Carolina. If you're interested, give me a call, Mark Mistrik 344-8665. We'll finalize at the October dinner.

SMOKY MOUNTAIN HIKER

by Linda Smithyman

There he was - tall and dark with gorgeous deep dark eyes-ambling through the trees toward me in the Great Smoky Mountains. A fine specimen of a black bear if I ever saw one. He was carefully watching me now stopped dead in my tracks on the Baskin Creek Falls trail near Gatlinburg, Tennessee.

I backed off having decided that, that was the smarter action to take rather than getting closer to him by moving forward along the trail. I rattled my car keys and disappeared behind a large tree momentarily. He continued to observe and began munching while I slowly backed off some more. It was 4:07 PM on Friday August 19th. My first Smoky Mountain bear.

My grin stretched from ear to ear. Unfortunately I had forgotten my camera at the hostel. No evidence of this bear encounter I guess. Finally he ambled off to the right and I finished my hike with an extra perky gait and I didn't care if I was going to end up being late for work.

These are real mountains. There are more bugs here than anywhere else I have ever hiked! The variety of wild-flowers is tremendous and the multitude of hiking trails is great, especially if one likes water falls and long distances. There are more than 2000 varieties of mushrooms and trees more than 300 years old. Of course, the black bear is king with somewhere between 400 and 600 in the park.

My only disappointment is the lack of easy access to the Appalachian Trail. Its 70 miles are only accessible at 4 points along the main roads. Loop trips require a few miles of hiking to get to the AT, hiking along the ridge separating Tennessee from North Carolina and then back off of the AT by way of another trail. Distances easily reach over 10 miles which is rather lengthy for some folks. Then there is the elevation change to be considered too. I understand that these circumstances help to keep general public off the trail (unlike Shenandoah in Virginia) but I am not much of a backpacker. I much prefer day hiking and sleeping in a dry bed at night.

What I enjoy the most are the discoveries of wildflowers new to me here in the Smokes. Lots of colorful flora in different shapes and sizes. New species new species include spotted wintergreen, trumpet honeysuckle, yellow fringed orchids (which is really orange), cardinal flower, partridge pea and more. Have you ever wandered how many types of violets, sunflowers and asters there are? This is one of the places to find out. Some trails are more likely to have a wider variety of wildflowers available than others. The quieter trails less used by the public may be more apt for spotting wildlife such as deer and bears with cubs. Cades Cove is a well traveled area for viewing these animals and wild turkey. Raccoons, skunks and possum are plentiful too. I ran over a large snake on the road at 40 mph. It was like going over a speed bump. When I turned the car around to look for it, the snake had disappeared and I didn't dare get out to look for it!

see SMOKY, page 7

THOUGHTS OF A TRAIL VETERAN

By: Thurston Griggs

The principal reason for having a trail has been to gain access to something worth seeing, something that could not be reached by road or vehicle. To a large degree, that remains a trail's main appeal. When cars (and sometimes even horses) are introduced, the situation is different. Partly for that reason, certain sections of long-distance trails get used repeatedly, while other "connector segments" hardly ever get used. In fact, they may actually double as roads. To span long distances is not, in fact, the main raison d'être for trails.

The Appalachian Trail may not be a suitable model for other long-distance trails; it is unique and atypical due in part to its origins, the pattern of volunteer management, its users and its political position. The AT only needed preservation help from the federal government; trail supporters could carry out all the other dynamics of the trail itself.

The AT's volunteer constituency began in the 1930's and has proven to be "cash in the political bank" ever since. The trail's mystique emerged at a distinctive period and then became a tradition — it was a phenomenon that became feasible only in the Appalachian Mountains, supported by East Coast social institutions. Because it works today does not mean it is a suitable model that can be replicated elsewhere or later in history.

The two crucial problems of long-distance trails are: (1) operational management, and (2) public versus private use and control of trail lands.

Operation management for trails, which are long, narrow rights-of-way, involves controlling the use, access, and trespass across the trail strip. It also involves resource protection and the reconciliation of incompatible adjacent interests, when present. There might even be a mathematical formula under which, as the length of a preserve of land increases in increments over its width, there arises an exponential rise in the number of administrative difficulties than arise. Perhaps the kinds of difficulties may be more limited than in some other land conservation situations, but the instances will be greater. One of the most serious problems is to define authorized use and to eliminate or discourage other uses (except along an actual public roadway).

As for developing new trails (long, narrow preserves), this may only be feasible on public lands. In other places it is extremely difficult. The traditions of private land ownership in the United States pit land owners against all others, especially the recreational public. Each landowner is king of his or her domain. For many, this is their life's treasure and main security; it is inviolable. Public interest? Public rights? Public benefit? This may occur only under threat of condemnation.

Some measures have mitigated this situation to some extent, with varying success. These include scenic easements, donations, private trusts, land banks, and conservancies. Generally, however, when it comes to trails in America, ownership patterns are blotchy: rarely are they continuous.

Innovative measures being used in greenways may offer some alternatives. Easements are purchased from private owners along streams in floodplains, along ridges, and in other locations unsuited to building. The theory is that such lands, being marginally economic, might be opened up for recreational use.

This approach is hopeful, but may have some limitations. Easements may cost almost as much as the outright purchase of the land itself. Owners retain an interest and concerns about public access, policing, trespass and future land uses. Landowners may be especially worried about future recreational uses of the government-owned easement in the face of political insatiability or bureaucratic complexities.

In many greenways, easements are held jointly by both a private group and a public agency, mitigating this objection in some instances. At other times, this joint ownership and responsibility creates complications. Obviously the effectiveness of managing a greenway should be closely tied to local jurisdictional habits and patterns. There is, in fact, a traditional antipathy between private landowners and government (taxing) agencies. Despite these problems, the "greenway concept" may be one of the only new inroads now available into the traditional American pattern of exclusively private or public ownership of the landscape.

A related issue is an attempt to strengthen liability exemption statutes at the state level. When landowners are asked to consider easements or permissions for public recreational uses without fee, they always raise the liability issue as a reason to exclude everybody. (Actually, the issue is more likely the inability to pick and choose who comes on their land, a loss of control.) The non-liability-when-no-fee-is-charged type of legislation has not proved particularly successful at opening up private lands for public use for two reasons. Liability is not the real issue. And, allowing unnamed or previously unknown persons to do anything at all on the land appears to open up new problems such as patrolling, law-enforcement, abuses, over extension of access, and broader than intended uses.

One recent response to this problem has been legislation proposed in Pennsylvania which defines "recreational trespass" where other than permitted activities may occur. It seeks to give landowners some redress against such activities. Of course, enforcement is a real problem under such dispersed circumstances.

The differentiation between public access and use and private exclusiveness remains at the heart of the matter. Under our legal system, the only way to develop new trails is for the government to buy the right-of-way. Private owners know that now, so they hoard their land rights against eventual condemnation and they deny even temporary access to their lands for recreational purposes, lest outfight acquisition and loss of the land follow. Only the land-rich and altruistically motivated persons whose descendants are already assured of enough can be amenable to making land available for trails.

There's much food for thought in this article: it deserves careful re-reading. Griggs cuts to the heart of the controversies and challenges facing those who seem to establish long-distance trails across America.

Thurston Griggs is president of the Potomac Heritage Trail Association, a long-time activist with the Potomac Appalachian Trail Club, and active with the Mountain Club of Maryland. He recently spearheaded the identification and protection of a 55-mile hiking component of the Potomac Heritage National Scenic Trail from Cumberland, MD, to Pennsylvania's highest point, Mt. Davis, and on to the Laurel Highlands Trail at Ohiopyle. This article is reprinted from the September 1991 issue of Pathways Across America.

SAILING

The Sailing Activity will offer day trips on Lake Arthur, weekend trips to other nearby lakes, and occasional week long sailing trips on larger cruising sailboats. Individuals with prior sailing experience and those with their own sailboats are especially encouraged to join our program. We also need individuals with trailer hitches to pull the sailboat trailers. Individuals who assist in boat maintenance, sailing class instruction, and trailer transportation will receive equivalent free rental time.

Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required on all trips.

October 7-9 Fri.-Sun INT Bob Zavos 241-0659 Chesapeake Bay Sail/US Sailboat Show, Annapolis. We will combine a sail on America's premier sailing waters with a day at the world's largest sailboat show. This will be a busy weekend and you will need to take off Friday as well as the weekend. So check your calendar and let us know as soon as possible. A deposit will be required for the sailboat rental. This will depend on the number of trippers as well as sailing preferences/experiences.

Sailing Fees: Day rental is \$14 per day; \$7 per half day when available; Plus the AYH activity fee of \$1 for AYH members and \$3 for non-members.

Sailboat Rentals: At least one Sunfish and one FJ will normally be stored on the racks at Watts Bay on Lake Arthur for day rentals at a fee of \$30 for the FJ and \$25 for the Sunfish. Additional sailboats, including a 470, are also available when a vehicle with a trailer hitch is available. Rentals are not considered AYH trips and are available only to AYH members with significant prior sailing experience who can rig and de-rig themselves and will take full responsibility for the equipment. Contact Bob Zavos for additional info.

CANOEING

Oct 14-15 Sat-Sun Joyce Appel 526-5407

Class 1 easy paddling camping and canoeing trip on the Allegheny River north of interstate 80. This is a beautiful area at this time of the year with the colorful fall leaves. Come join us for a funtime and stories around the campfire. Call Joyce for details; or Paul Henry 962-1511

Oct 30 Sun Joyce Appel 526-5407

Class 1 easy paddling on the Shenango River in Mercer county. This is a very scenic small river even if the leaves have fallen. If not enough water, we will possibly canoe the Pymatuning Creek. Call Joyce for details; or Paul Henry 962-1511



Three New Publications Available from Hostelling International-Pittsburgh Council

See back page for these and many more!

Canoeing and Kayaking Ohio's Streams - An access guide for paddlers and anglers. Maps, hazards, portages, shuttles, history and game fish information for 45 Ohio Rivers. 194 pages. (1994) ...\$17.00

Appalachian Trail in Pennsylvania, Ninth Edition (1994). A revised edition of the official guide to the 232 miles of the AT in Pennsylvania. 200 pages, pack size (4.5 x 6.5 inches) ... \$7.00

Appalachian Trail Maps (PA). Set of 12 monochrome topo maps covering the AT in Pennsylvania. Published by the KTA. Maps and elevations on six sheets of Polyart. (1992) ... \$5.00

The Mon/Yough Trail Council invites you to attend: Youghtoberfest '94 YRT Grand Opening

October 8, 1994 8 a.m. to 6 p.m.

Boston Riverfront Park

(just off Route 48 below the Boston Bridge in Elizabeth Township)

Events & Displays to include:

Pancake Breakfast	Bicycle Safety Inspection
Fishing Contest	Pa Fish Commission display
Face Painting	Games
Bike Ride on Trail	Decorate a Bike Contest
Nature Walks	Hourly Prize Drawings
Bicycle Raffle	Rides

"Hearts" the Clown- and her balloon animal friends!

Gashouse Band- for the best Country hits!

Trail Map and Construction Updates & Much, Much More

Come join us and our local dignitaries for the Grand Opening of the Allegheny portion of the Yough River Trail! The Trail will officially be open for non-motorized recreational use: It will be the best place around for hiking, biking, X-C skiing, fishing, canoeing, walking, nature observation and a wide range of other outdoor activities. For further information on Youghtoberfest or the Yough River Trail, please contact:

Mon/Yough Trail Council
P.O. Box 14
McKeesport, PA 15135
(412) 672-1824



HIKING / BACKPACKING

NOTICE TO HIKE LEADERS: IF YOU WANT TO LEAD A TRIP IN NOVEMBER OR DECEMBER, CALL JIM RITCHIE, 828-0210, BEFORE OCTOBER 6th.

The current co-chair for AYH Hiking/Backpacking will retire from that position as of January 1, 1995. If you would have an interest in coordinating AYH hiking and backpacking activities, volunteering to serve as the Activity Chairperson please call Marianne Kasica at 665-9554 or send e-mail to marianne@vax.cis.pitt.edu. Primary activities will be preparation of hiking/backpacking listings for monthly newsletter and conducting Annual Meeting for hiking/backpacking trip leaders.

Sept.30-Oct 2 Fri.-Sun. Ed Beck 469-2588
Keystone Trails Association Fall Meeting, Lewistown, PA. You may still be able to attend. This is the big meeting of all the hiking poobahs in Pennsylvania. Camping is still available. In addition to a byoss (bring your own slide show) get together on Friday night, there will be a half dozen hikes in the area to choose from on both Saturday and Sunday. Meet the legends of Pennsylvania hiking. Get involved at the statewide level in hiking and trail maintenance activities. Call Ed to get yourself registered.

October 1 Saturday Joyce Appel 526-5407
Intermediate hike on the Shenango Trail near Sharon PA in Mercer County. This is gently rolling hills and fairly flat trail along the Shenango River. (9 miles) Call Joyce for details or Paul Henry 962-1511

October 2 Sunday Maynard Hansen 751-7615
B.O.L.D. Hike on the Youghiogheny River Trail and Cedar Creek Park. AYH and B.O.L.D. (Blind Outdoor Leisure Development) get together to hike along the Yough River Trail near Cedar Creek Park. About 5 miles; easy hike (mostly flat, smooth terrain). Meets at HQ in Mellon Park at 10:00 am or at the entrance to Cedar Creek Park on Route 51 at 11:00 am. Call Maynard for reservations or further information.

October 9 Sunday
Monika Vucic 325-4758 (Volunteers)
Lori Mixon 261-4352 (To Hike)

Second Annual American Cancer Society Hike-A-Thon. Laurel Ridge near Linn Run State Park. Hike will begin at 10:00 am, 12 miles, with 5 shorter loops to choose from. Hike on the Laurel Highlands Hiking Trail, see Beams Rocks, and the beautiful autumn colors. Be a participant or be a volunteer. Volunteers are needed to help organize, advertise, to be trail guides, rest-stop attendants, and clean-up crew. Call Monika for more information or to volunteer your services. **THIS IS NOT AN AYH EVENT!!!**

October 15-16 Sat-Sun.
Armstrong County Tourist Bureau 548-3226
Armstrong County Fall Foliage Hike. Each year, at the peak of the fall foliage season, the Armstrong County Tourist Bureau sponsors its Fall Foliage Hikes, one on Saturday and a second on Sunday. The hikes utilize the Baker Trail, the Armstrong Trail, and several other lesser known trails in "Outdoor Adventure" country. Turnout ranges from 40-200 participants. Call the Tourist Bureau for more information. **THIS IS NOT AN AYH EVENT!!!**

October 16 Sunday Maynard Hansen 751-7615
Chestnut Ridge or Laurel Ridge. Destination indefinite at the newsletter deadline. Will meet at 8:15 am at Southland Shopping Center, Route 51, near Wendy's. Call Maynard for more information and for reservations.

October 22 Saturday Tom Kaveney 276-8044
To Be Announced. Tom will have his destination settled by the time you call.

October 28-30 Fri.-Sun. Glenn Oster 364-2864
Bucktail Path Backpacking Trip. Enjoy the remoteness of North Central Pennsylvania, hiking the Bucktail Path from the hamlet of Sinnemahoning to Hunt's Run Road. Intermediate. Call for information and reservations.

November 4-6 Fri.-Sun. Glenn Oster 364-2864
Backpack Trip to Otter Creek Wilderness. Get away from it all in the wilderness of Otter Creek, West Virginia. This has been a favorite destination of AYH'ers for many years. Will select final hiking route to suit hiking experience of trippers. Intermediate. Call for information and reservations.

November 6 Sun Joyce Appel 561-5407
Intermediate hike on part of the new Armstrong Trail near Upper Hillville or East Brady in Armstrong County. This is part of the new 52 mile "rails to trail" (8 to 10 mile) Call Joyce for details or Paul Henry 962-1511

REQUEST-A-HIKE

Is there an area in Western Pennsylvania that you've always wanted to hike? But you don't want to go alone? And you don't know the area very well? If your answers to these questions is "Yes", call Jim Ritchie at 828-0210 and we'll find leaders that knows that area and ask them to schedule and lead a hike there. If you want to keep the difficulty level to easy or intermediate or you would like a strenuous, exploratory hike, let me know that also and I will pass that information along as well.

foot notes

hiking and backpacking news
 -by jim ritchie

THE SEVEN WONDERS OF FOX CHAPEL, PA: PART ONE

Are you familiar with the seven hiking/walking venues in the area of Fox Chapel? If you are not, here is a quick breakdown. These trails make ideal walking areas for a Sunday afternoon or an after-dinner or before-breakfast jaunt in the woods. Each is relatively short; you don't need to carry a daypack or a water bottle; you don't need to wear your hiking boots, most athletic shoes will do just fine; and, best of all, you don't have to drive for an hour and a half to get to the trailhead.

Take
a
Hike!



Don't rush from one end of the trail to the other when hiking the FC7. Take your time; open your eyes; what do you see? Sniff; what do you smell? Listen. What do you hear? Can you see any flowers? What kinds? Take your wildflower guide so you can look it up. Take the time to read your guide. You're in no rush today. What kinds of birds do you see? What kinds of trees are around you? Are there any mushrooms? Look for signs of human intrusion? Walk slowly. Stop now and then. Take a snack. Find a quiet place to sit, eat your snack and observe your surroundings.

Each of the following walks are referenced in the AYH Western Pennsylvania Hiking Guide (1986). My thanks to those who helped in compiling the entries for that guide.

Pheasant Ridge: The Pheasant Ridge Trail is a short, rugged nature trail set entirely along the side of a ridge in Squaw Valley Park, between the flat playing fields of the park and a housing development beyond the trees at the top of the ridge. At the base of the ridge is Squaw Run. The several trails wander along the hillside, above Squaw Run, from a lookout over Fox Chapel Plaza at the southern end to an unused wooded hillside on the other. At one time, the housing development at the top of the hillside was the site of the Allegheny County Work Farm. Squaw Valley Park is owned and maintained by O'Hara Township, telephone 782-1400.

HIKING TIP!!! To access Pheasant Ridge, cross the Highland Park Bridge and go north on Route 28 to the Fox Chapel exit; at the stop sign (Fox Chapel Road), go left; in less than a half mile, you will see Squaw Valley Park on the right hand side. Pull right into the parking lot, and walk over to the footbridge crossing Squaw Run at the base of the hillside on the far side of the park. That bridge crossing puts you onto the Pheasant Ridge trail network. The only map of the area that I know of is the USGS Pittsburgh East 7.5 minute topographic map.

Salamander Trail: The Salamander Trail is a mile long trail that runs for a short distance roughly parallel to Fox Chapel Road, crosses the Road, continues to a small parking area, and then makes a short loop through the woods. The trail runs along the wooded side of Squaw Run.

HIKING TIP!!! To access the Salamander Trail, follow the directions to Pheasant Ridge in Squaw Valley Park. When your car is parked, walk to the northern boundary of the park, and just beyond and behind a picnic shelter you will find the Salamander Trail trailhead. It is signed for your convenience. The Trail crosses Fox Chapel Road i.e. northbound on Fox Chapel Road; the trail is on your left. After crossing the road, in about 50 yards the trail arrives at a small parking area with a sign that says "Start Here". Follow the arrow and you will find a loop trail through the woods. The two areas in which the trail is found are Fay Park (east of Fox Chapel Road) and Salamander Park (west of Fox Chapel Road). Maps this area include the USGS Pittsburgh East and Glenshaw 7.5 minute topographic maps and a small map called the "Borough Trailways Map", available from the Borough of Fox Chapel. Both Fay Park and Salamander Park are maintained by the Borough of Fox Chapel, telephone 963-1100.

Dorseyville/Blue Run: The Dorseyville hike is a mile-long (two mile round trip, in-and-out) exploration of Blue Run from the Dorseyville Junior High School to the point where it crosses Saxonburg Boulevard not too far from Hartwood Acres County Park. The main trail is located in the small valley cut by Blue Run with the hike going in an upstream direction. There are several side trails on either side of Blue Run that you may want to explore. The area has seen some use by dirt bikes and other ATV's. There are numerous wildflowers in the valley and the bushes and trees lining Blue Run are ideal habitat for a wide variety of bird life.

HIKING TIP!!! To get to Dorseyville/Blue Run, take the Route 28 Expressway to the Harmarville exit; turn left/north off the Expressway ramp and drive out Route 910 from Harmarville to Saxonburg Boulevard; turn left (west) on Saxonburg Boulevard for a short distance and then turn left again onto the grounds of Dorseyville Junior High School. Park your car in the parking area in front of the school building and then walk to the rear of the building, all the way to the cinder track facility. Continue past the track to the woodline; look for a path leading steeply down the side of the hill to Blue Run (there are several such paths). Once on Blue Run, go right, upstream and west; you may continue hiking all the way up to Saxonburg Boulevard, about a mile upstream. The only map of the area, located in Indiana Township, is the USGS Glenshaw 7.5 minute topographic map. No one, to my knowledge, maintains this area and there are no telephone numbers to call for additional information.

Next Month: Fall Run, the Trillium Trail, Fairview School, and the Sylvan Nature Trail.

CLASSIFIED

All trips and products listed here are private and are **not sponsored or endorsed** by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

For SALE: Car Top Bike Carrier - holds 2 bikes (upside down) for full size car with gutters, \$10.; Ski Carrier - Barrecafter type rack for full size cars, \$10.; Bike Porter Four Bike Rack (two available) for car top or trunk lid \$10.; Call Wm Eberle 833-9732.

For SALE: Schwinn Le Tour 10 speed bicycle, red, 20" frame, \$60. Thule roof rack 1060 with 1061 short roof line adapter used on s10 Blazer, \$70. Ted 733-7802.

For Sale: 1984 Dodge 20' travel wagon - 360 engine - self contained - sl.4 - air/furnace - 31,500 miles - excellent Margaret, 372-1782

FOR SALE: Coleman Peak 1 fuel bottle, cook kit, windscreen \$30 Dome Tent 10' x 10', 4 person. center height 83". used once. \$50 Eureka-Timberline Tent. Shock Cord Poles. 4 person. \$50. Call Jan @ 371-4233.

FOR RENT: Near Monroeville Mall, One bedroom apt, \$300 plus elec. Inclds garage, lots of storage space; 823-1790

FOR SALE: Schwinn "le Tour" 10 speed bicycle. 26", excellent like new condition. Silver color. Located at Belleville PA. \$150. Call Walker 1-717-935-2669.

For Sale: Cross-country skis, boots (size 44) and poles. 1 rak waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

For Sale: Women's Tanner all leather Gortex hiking boots. Size 7 1/2 m, like new. Asking \$95. Judy 443-6795.

For Sale: Schwinn Tempo Bicycle, teal & white, 26" 12 speed, Mavic 40 rims, Cateye Micro-computer, very good condition \$200.00 Phone John 495-2194.

For Sale: Coleman Tent Trailer - Basic trailer, no stove, sink, etc. All new canvas. \$300 or BO. evenings 371-1384.

Editor, The Golden Triangle
6300 5th Ave

CANAL, from page 3

clatter of dinnerware and, along the Grand Canal, the gentle lapping of green sea water on moss covered steps.

Illuminated vaporettoes (ferryboats) plow the canal, passing beneath the romantic Rialto bridge and by stately balconies bathed in lights. The vaporettoes of line 82 cross the Adriatic lagoon over to the island of Giudecca, stopping at the pontoon station marked "Zitelle", site of the waterfront IYHF hostel (Ostello). Despite its plain facade, the hostel interior is bright, modern, and clean. A spacious seating area greets travelers and the courteous, well-dressed staff speaks English! A well-stocked food counter offers snacks and beer. Full meals can be purchased for about 12,000 lire (US \$8.18) Breakfast, consisting of rolls and coffee, is included with the 17,000 (US \$11.59) overnight fee. Guests must be IYHF members and can stay no more than three nights. Check-in time is normally after 5pm, but the railway station offer baggage storage for early arrivals. Reservations are essential in the warmer months.

The hostel has no self-service kitchen but affordable panini (pizza) and tramezzi (three pointed sandwiches) can be found on the main islands. Altogether, there are 117n islands of varying sizes, separated by 150 canals and linked by 400 bridges. Boats routinely stop at the hostel, although they are less frequent in the evening and disappear by midnight. For riding enthusiasts, ferry passes can be bought. No motorized vehicles are permitted on the islands.

The Italian government has approved a plan to restore the crumbling foundations of the ancient maritime city. In the mean time, the hostel will likely remain the best budget accommodation in the city from which Marco Polo set out for China. John Williams is the Bluebonnet Council's roving reporter currently on assignment in Eastern Europe.

CHALLENGE

To what degree will you accept the challenge of roughing it? No TV., telephone, traffic, water, fuel, fast food, stores, or Bill Collectors.

Rewards: clear air, clean water, beautiful beach, boating, sea kayaking, fishing, snorkeling, scuba, picture taking, history, etc.

Dry Tortugas, Mark Mistrick 344-8665, Don Smith 863-2114

Do you have a story to tell? Please send it to the editor

Vineyard Project

Observers of HI- Martha's Vineyard couldn't have guessed that anything special was taking place. Kids playing whiffle ball; a family sitting around a picnic table; activities in the common room...all part of the regular goings on at the 78-bed country hostel in Massachusetts.

No onlooker would have thought that the child up at bat was a hemophiliac with the HIV, or that the mom and her son at the picnic table had AIDS. In April the hostel hosted 60 kids, families, and volunteers from all over the US. who were infected or affected by HIV. Dance parties, lighthouse tours and beach walks were just part of the week's itinerary as the hostel staff and community welcomed the group.

"The Vineyard Project" was the idea of David P. Butler, a physical education teacher from Amherst, MA. His thought was to raise enough money so 25 kids and their families could find a week of fun, recreation and normalcy amidst lives filled with hospitalizations and prejudice. According to one parent, Mr. Butler realized his goal: "There are very few places where these kids feel free to say 'I have HIV' This has been a very open and safe week for them". One of the younger project participants agreed, saying "At this (hostel) everything is normal. Everyone plays and everyone has a good time"

Anyone interested in helping The Vineyard Project become an annual event can send donations in care of:

HI-Martha's Vineyard
Box 158
West Tisbury, MA 02575

SMOKY, from page 4

Cades Cove is an 11 mile loop road perfect for cycling around to stop and visit old log homes and various churches and graveyards for a glimpse back into history. Old mills with water wheels and grinding stones still demonstrate the grinding of corn and such into different sizes grains for specific uses. Original schoolhouses still have desks and black boards too. You will not, however, find any "moonshine stills" here through.

I thoroughly enjoy this area and hope to stick around for a while.

VOLUNTEERS NEEDED

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

*SABRE; Wm Eberle, 833-9732

*Typing articles for the newsletter into a computer; Bill Eberle, 833-9732

*Hostel development and fund-raising; Marianne Kasic, 665-9554

*Ohiopyle hostel support and work parties; Bob Utz, 329-4476

*Travel and Hostel Editor for the newsletter, Larry Laude, 665-9554

*Office help answering phones and assisting hostellers; Larry Laude, 422-2282

*Leading Pittsburgh Council trips; Wm Eberle, 833-9732

*Scouting trails for the next Hiking Guide Joe Hoechner, 422-2282

*Slide shows at the Thursday Open House; office, 422-2282

*Trail Maintenance, Baker Trail and Rachel Carson Trail; Jim Ritchie, 828-0210

*HQ Maintenance, minor routine maintenance on a regular basis.. 1-2 people are also needed to coordinate the work, track of volunteer time and to report on HQ to the board and to identify any problems or required major repairs. If you can help as little as one hour a month, please call Larry Laude at 665-9554.

SECOND ANNUAL AMERICAN CANCER SOCIETY HIKE-A-THON OCTOBER 9

The American Cancer Society of Western Pennsylvania will hold its 2nd Hike-A-Thon on Laurel Ridge, above Linn Run State Park, on October 9th. The purpose is not only to raise money for a worthy cause, but also to introduce novice hikers to the beauty of Nature, and the pleasures of the Trail. The annual Hike-A-Thon is the idea of Monika Vucic of Monroeville, an avid hiker who has lost several family members and friends to cancer in recent years.

The event will begin at 10 am, rain or shine! The route is a loop trail, mainly on level terrain with only a few easy hills. Highlights include a stretch of the Laurel Highlands Hiking Trail, Beams Rocks, and the colorful autumn foliage. The longest route is 12 miles, with 5 shorter versions, giving options to all levels of hikers. There will be 3 or 4 rest stops along the way, providing drinking water and shuttle service back to the starting area. All participants should be in good health and will hike at their own risk.

A detailed description of the hiking trail, including a color-coded map, will be sent to each registered participant along with a pledge sheet. Details concerning sponsorship and donations will be provided when you register. Participants, sponsors, and volunteers are needed to help ensure the success of this event. Volunteers will help organize and advertise for this event, and also to act as trail guides, rest-stop attendants, and cleanup crew.

All those who want to register for the hike should call Lori Mixon of the ACS at (412) 261-4352. Those who wish to volunteer their services should call Monika Vucic at (412) 325-4758. Registration deadline is October 3, 1994.

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bike
shop**

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ambridge, pa.**

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Klein - Diamond Back - Frames

Burley Tandems and Trailers - Santana

Very complete selection of parts, accessories, helmets, and clothing

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