

# The Golden Triangle

PITTSBURGH COUNCIL • AMERICAN YOUTH HOSTELS

Volume 40 • Number 4

April, 1989

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## Agreement Makes Way for New Hostel to Open in Beijing, China

During a visit to China this past October, Rawdon Lau, Secretary General of the International Youth Hostel Federation (IYHF), finalized an agreement with the China Youth Travel Service (CYTS) to partially fund the redevelopment costs of the first youth hostel in Beijing.

The property chosen for this joint venture is the Lu Song Yuan Hotel (Friend of the Pine Tree Hotel). It was once owned by the Royal Family in China and is now operated by the CYTS.

The hotel is only three bus stops from the city center and is easily accessible either by public

transport or on foot. The redevelopment will include extensions on both sides of the site and renovation of the building. IYHF will contribute \$300,000 towards the cost of the project.

The hostel, when completed, will have 40 rooms of 4 beds each, with air conditioning and washing facilities. It will take about 18 months to construct the new extension and restore the existing building.

The proposed overnight charge for AYH members will be seven to ten dollars.



## Put Spring Into Your Step

The Pittsburgh Council AYH has just announced a series of outdoor events ranging from wildflower walks to free backpacking workshops designed to get you outside this Spring!

Wildflower walks are set for April 23rd, April 30th, and May 13th and will be conducted by experienced AYH leaders to those "special places" in Western Pennsylvania known for their natural floral displays. The backpacking workshops are as follows:

- Thursday, April 13th — **Basic Backpacking** — covers the starting up basics of backpacking for the beginner.

- Thursday, April 27th — **Tents, Sleeping Bags and Backpacks** — describes the best and worst of the equipment now available on the market.

- Thursday, May 11th — **Backpacking Food** — lets you discover the world of edible backpacking food that actually tastes good! Also learn about the types of camp stoves available.

- Thursday, May 25th — **Basic Backpacking** — For those who missed the first workshop.

All of the above workshops start at 7 p.m. at the AYH headquarters building at Mellon Park, corner of 5th and Shady Avenues, adjacent to the Pittsburgh Center for the Arts. In addition to the walks and workshops, AYH is sponsoring an "outdoor gear flea market" the evening of May 4th in Mellon Park at the Pittsburgh Civic Garden Center. For starting times and places of the wildflower walks and for information about AYH events call: (412)736-2651.

## Pittsburgh Council Hostels

**Ohiopyle State Park Hostel**  
P.O. Box 99  
Ohiopyle, PA 15470  
412-329-4476

**Point Park College Youth Hostel (SA)**  
201 Wood Street  
Pittsburgh, PA 15222  
412-392-3824  
After 4 PM: 412-391-4100

**Dale Boyer Home Hostel**  
RD 1, Box 273  
Rural Valley, PA 16249  
412-783-6188

**Living Waters Hostel**  
RD 1 (1 mile west on Rt. 30)  
Schellsburg, PA 15559  
814-733-4607

## WorldCare Travel Protection

A comprehensive medical and financial protection program is now available through WorldCare for those individuals who travel abroad more than twice per year. With this program, travelers can have peace of mind should a medical emergency occur while in a foreign country.

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Specifically, it is an international network of regional coordination centers which assures members immediate access to specifically-trained physicians. All members are provided with a toll free number for use in emergency situations.

Services available include but are not limited to: 24 hour medical assistance, medical evacuation, payment of medical expenses up to \$7500, round trip transportation and accommodations in order that a family member can visit, transportation of unattended minors to the United States, and legal assistance.

A basic annual membership with WorldCare will cost an individual \$115, a couple \$175 and a family \$230. Coverage can also be purchased on a per-trip basis. In addition, a premiere membership covering trip cancellations is also available, but must be purchased as a supplement to the basic coverage. For additional information write to: WorldCare Travel Assistance Association, Inc., 2000 Pennsylvania Avenue, N.W., Suite 7600, Washington, D.C. 20077-3020.

## The Golden Triangle

PITTSBURGH COUNCIL • AMERICAN YOUTH HOSTELS

Volume 40 • Number 4

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*The Golden Triangle*

Pittsburgh AYH, 6300 Fifth Avenue, Pittsburgh, PA 15232

## Trips and Tales

by Catherine Szymanski

On Friday, February 3, Fred and Chris Parker led a trip to Ottawa, Canada. Mike Hurwitz informed that it was an 11 hour drive. They did it in two steps going up. Halfway up, they stopped at Buffalo, NY and didn't see much snow on the way up.

Four days during the week they went cross-country skiing at Gatineau Park, 100 miles of prepared cross-country skiing trails. People tend the park. They lay tracks that the skiers can follow. Marta Hurwitz told me, "There were fantastic trails with

warming huts. The warming huts had wood stoves."

This was not an ordinary AYH cross-country ski trip. It was so much more. The winter festival at Ottawa is called Winterlude or in French, bal de Neige. Fred was their guide for snow shoeing at Gatineau. They did this for about an hour and a half. There were also snow shoe races. Marta said, "this was interesting to watch because they had walked in them before." Other races were: Alaskan dog sled races and 100 kilome-

(Continued on Page 3)



# AYH Trips for April, 1989

Trip categories: A = Advanced, B = Intermediate,  
C = Easy, D = Beginners.

## Trips and Tales

(Continued from Page 2)

ter race. I chuckled when Marta told me about the bed races. Three or four beds are pushed up the ice. Each one is decorated different. Institutions such as hospitals, police stations, and fire departments compete against each other. It's a crazy race! Someone is in bed while others decide how they want to push it. One group used bicycle wheels. Different groups did different things. Mike told me about the canoe races. "They carried canoes across the ice and pushed them where the ice was broken, and then jumped in them when there was water."

Another interesting race were waiters carrying a bottle of water on trays. They skate around the cocktail tables without spilling the water. With all that there was to participate in and to watch, the Ottawa hostel called Nicholas Street Goal was a convenient place to stay. It was located a block away from the Rideau and where they could walk any place. The hub-bub of all this festivity was on the 5 mile frozen Rideau canal. When I asked Jay Shaffer about the trip, his first response was, "it's great, lots of interesting aspects. We skated where you actually went somewhere, instead of going in a circle."

Another interesting feature about this festival were the 100 snow sculptures and 30 ice sculptures. Some of the ice sculptures were done by people who can from different countries. Beside the sculptures and the races, there was another activity that I heard about for the first time called curling. Fred explained to me that "this is a game like shuffleboard, throw a 65-pound rock on ice and push it with brooms." They also rent a sheet of ice and wash salt off the soles of their shoes. This is in a building not heated but does not get the wind. They did this on Saturday morning.

All of these fun-filled activities

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Date	Day	Level	Leader	Phone	Time
<b>Bicycle Trips</b>					
4/1/89	Sat.	C	Judy Menosky	242-1573	9:30 at HQ
North Park, 30 miles; ride the rural roads out to Evans City. The terrain is generally rolling with some hills. This ride is a classic. Don't be an April Fool; come on this ride.					
4/2/89	Sun.	B	Chuck Ejzak	466-6196	11:00 at HQ
The ride will start and end at HQ. The actual route will depend on the weather. Note the late starting time. Be sure to call ahead to get details on the ride.					
4/8/89	Sat.	B	Dino Angelici	931-6651	9:30 a.m. at HQ
North Hills, 35 miles; moderately hilly ride to North Park then once around the lake and return to HQ. Bring lunch/snack/money. We will stop to eat in the park.					
4/9/89	Sun.	B+	John LeBlanc	233-0588	10:00 at Clairton at HQ
Mon Valley, 50 miles; get some early season prep miles for TOSRV. The terrain is relatively flat, but is not boring. The ride will either follow the river south to Charleroi or will instead head through Finleyville and Mingo Creek Park. The itinerary may change depending on the weather. Call John for the exact meeting place.					
4/15/89	Sat.				Meet at HQ
40 miles; check at the Thursday meeting to find out about this ride.					
4/16/89	Sun.	C	Jeff Weiss		10:00 at HQ
City ride, 25 miles; relax after doing your tax return with an easy tour through the city. Note the late starting time.					
4/22-23	Sat.-Sun		Glenn Oster		
Lead a bicycle trip to Moraine State Park group campground; start at Wexford Mall, travel N. on Rt. 19; back via Rt. 422 and 528 to Evans City; then Mars and side roads back to Wexford Mall.					
4/22/89	Sat.	B	John Gayler	772-5277 (w)	8:30 a.m. at HQ
Try this spring ride; the Ligonier loop, a 25 mile very pretty ride with an option to do more.					
4/23/89	Sun.	B	Chuck & Lynn Ejzak	466-6196	10:00 at Elizabeth at HQ
Mon Valley, 35 miles; a scenic ride along the Monongahala river and Mingo Creek. The terrain is nearly flat without being boring. We plan to stop for lunch at a diner in the Mon City or in New Eagle.					
4/29/89	Sat.	A	Bill Johnston	263-1945	8:30 at HQ
80 miles; a good long ride to help get you ready for TOSRV; call Bill for the starting place and to check on final plans.					
4/30/89	Sun.	A/C	Lou Conley	681-8321	8:30 at HQ A ride; 12:30 at HQ C ride;
Pittsburgh marathon ride, 50/25 miles; join Lou on a classic ride of his preview of the Pgh. marathon course. Lou is actually running this ride twice in the same day. The first time is at a quick pace for the benefit of those who are getting ready for TOSRV. The second time is for everyone and will be done at a more comfortable pace. Call Lou before the ride to confirm starting times and itinerary.					

(Continued on Page 4)

# AYH Trips for April, 1989

(Continued from Page 3)

Date	Day	Level	Leader	Phone	Time
<b>Caving</b>					
4/21/89	Fri.	Adv.	Norm Snyder	351-4068	7:00HQ
Join Norm on a caving trip to Windy Mile cave in WVA; see one of the best!					
<b>Climbing</b>					
4/8/89	Sat.				Meet at HQ 8 a.m.;
High Rocks Clean up trip; bring garbage bags and gloves climbing in the afternoon; free equipment rental but no novices.					
4/23/89	Sun.	Beg.			7 a.m. HQ
High Rocks, Derry, PA					
<b>Hiking Trips</b>					
4/13/89			Beg. Glenn Oster, Ben Brugmans		7:00 p.m.
Come early to the Thursday meeting and learn more about the exciting sport of backpacking! Basic skills and tips will be covered, followed by a backpacking slide presentation at the regular meeting. Beginners and experienced packers are welcome.					
4/15/89		Adv.	Norm Snyder	351-4068	8:00
Hike in the Allegheny National Forest, sometimes on trails, sometimes not.					
4/15/89			Glenn Oster		
Day Hike; Rt. 422 and Plum Creek N. to North branch of Plum Creek; crossing at rt. 85/210/954. 13 miles.					
4/16/89			Ben Brugmans	736-2751	8:00 p.m.
Enjoy the early spring wildflowers in the forest. Bring a wildflower guide book if you have one.					
4/22/89			Pete Srinl	921-1238(h)	8:00
Hike in the Roaring Run Natural Area.					
4/22-23			Joy Layton	421-3975	8:30
An easy start to the warm weather backpacking season in the Laurel Highlands.					
4/23/89	Sun.		Ben Brugmans	736-2751	8:00
Look for early spring wildflowers in the forest.					
4/27/89	Thurs.		Blanche Asherman		7:00 p.m.
Come out before the regular meeting and get the latest news about tents, sleeping bags and backpacks!					
4/29/89	Sat.		Linda Smithyman	531-1868	8:00 am
Wildflower walk/photography session for all of us amateur photobugs, about 3 miles at Racoon Wildflower Reserve. Bring your cameras.					
4/30/89	Sun.		Ben Brugmans	736-2751	8:00
There are still some great spring wildflowers lurking in the forest! Don't miss this chance to get to know them!					

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## Trips and Tales

(Continued from Page 3)

weren't just for adults. Jay described a park set aside for kids. There were snow castles big enough so adults could walk in, tunnels for kids to crawl through, and nerf balls for kids to throw. People pushed kids in sleighs. Some were homemade sleds and some were classic sleighs. A variation of food was plentiful. Fred, Jay, Mike and Marta told of the different ethnic restaurants all within walking distance. There were Afghan, Korean, Chinese, Tai, Indian, Polynesian, Hungarian, East European, Italian, Spanish, French, and Moroccan foods. There seemed to be a lot of good food and fun; as Marta summed it up, "It was a really neat and wonderful vacation."

Laurel Highlands Backpacking Trip: On November, 18, 19 and 20, Terry Gossar lead a backpacking trip to Laurel Highlands State Park. They left Pittsburgh on Friday and stopped at Donegal for dinner.

The three of them headed for 653, which meant they hiked in the dark until about 8 o'clock until they found shelter equipped with a fireplace. The day they went was on bear hunting season; they heard a couple of shots but didn't see any bear. Vince told Terry "took two rookies along." Vince and Tony are both hard core cyclists. The two of them hiked 14 miles in what Vince described as a "nice rain" and explained, "It isn't as bad hiking in the rain as cycling in the rain." They reached the shelter at Laurel Highlands before dusk. Tony DiCello told me that this was his first backpack trip and said, "I didn't think it would be so difficult."

Sunday they hiked 6 miles along the railroad tracks, cooked Jiffy popcorn over the campfire, and gorged themselves on pasta. Vince said, "the best part was the nice overlook at Ohioptyle, and stated that it was an "excellent area to backpack."

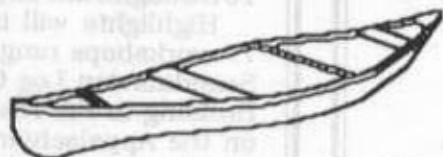
# AYH Trips for April, 1989

(Continued from Page 4)

Date	Day	Level	Leader	Phone	Time
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## Mountain Biking

4/9/89	Sun.		Sam Duff	731-5485	
4/15/89	Sat.		Cheryl Arnold	242-0781	
Ohiopyle Bike path; rentals available.					
4/22/89	Sat.		Steve Nydes	661-9357	
Back dirt roads in Greene County					

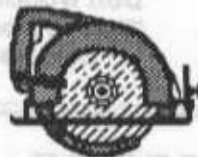


## Sea Kayaking

4/27-28- & 29			Mark Mistrick		
Assateague Island National Seashore					

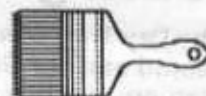
## Trail Maintenance

4/23/89	Sun.	All	Pete Srinl	921-1238	
Maintenance trip on the Baker trail.					



## Work Party

4/22/89	Sat.	All	Len Benson	856-4954	
It is time to spruce up your Ohiopyle Hostel. There will be some painting, some repairing, some admiring of spring flowers. There is plenty to be done by all. Stay and enjoy dinner with the clan.					



## Preparation for Bicycle Trips

• Bicycle Helmet (ANSI or Snell approved) is required on all rides. AYH has some to rent. Call the leader before the trip to reserve a helmet.

• Make sure that your bike is in good working order. Have a bike shop check it over if you are in doubt.

• Look at the difficulty level of the trip as well as the miles. If you are in doubt check with the leader.

• Bring water bottle, spare inner tube, frame-mounted tire pump or equivalent, emergency 25¢, rain-wear, tools.

Call the trip leader before the trip to let him know you are coming. Check on the meeting place, time, food-stops, riding pace, and additional clothing or equipment to bring. Give the leader your phone number so you can be reached if plans change. If you need to rent a helmet or bicycle, tell the leader before the trip to ensure that the item will be available and in good condition. Reserve bicycles three days before the trip.

## WIND & WATER BOATWORKS

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## Donors to AYH Pittsburgh Council

Pittsburgh Council gratefully acknowledges the recent contributions of these members. Your donations are helping AYH to provide valuable services to its members and to the hosting public. Thank you!

**Thelma Baker**  
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## Let's Go Boating...

A Mohawk tandem canoe will be sold by the canoeing group to the person offering the highest bid prior to April 21, 1989. The canoe for sale is red in color and is marked with a sign and green duct tape. It may be viewed at AYH headquarters any Thursday evening.

Submit your written bid along with your name and telephone number to Bill Whitehead, 6211 Kentucky Ave., Pgh., PA 15206. Minimum bid is \$275. Winner will be notified by telephone and may pick up the boat after April 21.

The AYH Sail Cruising program is off on its maiden voyage April 15-23. Six hardy souls will venture into the Gulf of Mexico for a 300 mile cruise. Swimming and snorkeling, gourmet dining, punch on deck while savoring the balmy breezes, and some of the best sailing in the United States are features of the trip. Shore visits at

the Dry Tortugas, Key West, Marco Island and the South Seas Plantation on Captiva Island offer a change of pace and a strength for weary sea legs.

Unfortunately the April 15 trip is filled. But, another trip of the same itinerary is planned for May 13-21. Eight days aboard a 40' to 45' cruising sloop should be just the right tonic for winter weary Pittsburghers. Rick Tomlinson will lead this trip and provide sailing instruction and navigation training for those who have not sailed before. Rick, who has sailed for more than 30 years, also heads the AYH canoeing program. Call Rick at 963-for more information.

**Snow Hill/Pocomoke City Canoe Challenge:** Two towns on the Eastern Shore of Maryland, Pocomoke City and Snow Hill, have issued their First Annual Canoe Challenge. This marathon  
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## Appalachian Trail Conference, 1989

This year the ATC/ESU-89 Conference is scheduled to take place at East Stroudsburg University located in East Stroudsburg, PA, one quarter mile from Exit 51 of Interstate Route 80 in northeastern Pennsylvania. The exact dates of this event are Friday, June 16 through June 23, 1989.

Highlights will include 77 workshops ranging from Scandinavian Log Cabin Building to Pre-Historic Life on the Appalachian Trail; Displays and exhibits including a possible AYH booth to be staffed by volunteers from the Delaware Valley Council; six panel discussions on topics related to or effecting the Appalachian Trail; 23 non hiking excursions to nearby historic and scenic areas and a total of 117 hikes (including orienteering) for all levels.

There will also be entertainment in the form of singers, storytellers, square dancing, movies, campfire gatherings and much more!

Registration for this event is a mere \$20 prior to April 15, 1989 and \$30 after April 15. There is no charge for children under 12 years of age. Dormitory lodging, childcare, camping and meals are available at a very reasonable cost.

A brochure with registration forms is available by calling the Keystone Trails Association at 717-322-0293 or by writing to:

ATC/ESU-89,  
 P.O. Box 5035,  
 S. Williamsport, PA.  
 17701-0835.

# The President's Corner

by Larry Laude

## Volunteers for Outdoor Allegheny

I'd like to welcome VOA as an affiliate of Pittsburgh Council. At their March meeting, the Pittsburgh Council Board of Directors approved the VOA's application to join the Council as a "hostel club". This was our way of supporting the work the VOA has been doing on the trails and parks in Allegheny County.

Last month's newsletter described some of the great work that VOA has been doing, so I won't repeat them here.

But I'd just like to add my personal support to that of the Council and would hope that all of you will too by helping them with their projects.

## Audubon Activities Weekend

On Saturday, June 10 and Sunday, June 11, the Audubon Society of Western Pennsylvania will be hosting an Outdoor Recreational Activities Weekend from 10:00 a.m. to 4:00 p.m. Saturday and Noon to 4:00 p.m. Sunday at the Beechwood Farms Nature Reserve. People will have an opportunity to see the latest equipment for outdoor recreation (i.e. camping, backpacking, canoeing, biking, rock climbing, and cross country skiing), speak with someone knowledgeable about the equipment, and learn about the activities through workshops. You may also get the chance to meet with organizations that provide a wide range of activities and also learn about the many Pennsylvania locations available for these activities.

*(Excerpted from a letter by Gregg Somerhalder, Teacher/Naturalist for the Audubon Society. Look for more information in upcoming newsletters.)*

## The New Golden Triangle

Congratulations to our editor Laura Bates on the great new look for the newsletter. The new layout was done using electronic page preparation software on a borrowed Macintosh computer.

In order to let the good work continue, the Board of Directors recently approved purchasing a computer and the necessary software for the editor's use. I'm hoping the computer will be up and running in time to put together the May newsletter. In the meantime, if you have any suggestions or comments, pass them on to Laura.

## Membership

In looking over the membership records for the past few years, I'm concerned that we have not had

any significant increase in membership for the last ten years or so.

We've tried all the usual ways of getting new members, such as ads in the college newspapers and lots of press releases and general mailings. These have worked to some extent; after all, we have gotten new members to "replace" those members who have moved away or whose interests have just changed.

But we need to do more. We need to grow dramatically in order to provide the support we need to accomplish our projects, in particular the Pittsburgh Hostel. We can certainly use the income from the membership fees, but even more than that we need the volunteer support and energy that comes with new members.

Why not bring a friend to AYH? If each of us could find just one

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## Let's Go Boating...

*(Continued from Page 6)*

Style race between the two towns is scheduled for Saturday, June 24, 1989.

The event is scheduled to coincide with Pocomoke City's Cypress Festival, an annual event which features arts, crafts, a carnival and, many varieties of food and drink, all situated on the town's scenic waterfront.

The canoe challenge will begin at the foot of the bridge in Snow Hill at 10:00 a.m. that Saturday and will end at the City Dock in Pocomoke City, 12 miles away, at around 5 p.m. (the winners of course will arrive long before this). At that time there will be an awards ceremony recognizing all the winners and all the brave finishers!

The National Park Service has recognized the Pocomoke River as one of the most extensive Southern Cypress swamps to occur naturally this far north. In 1971, the State of Maryland endowed the river with "Scenic River" status. The State has put into effect a management plan for preserving the river in its natural condition. The river is replete with examples

of threatened and endangered species of fish, wildlife, plants, and numerous species in need of conservation. The route for the canoe race passes by two state parks, Shad Landing and Milburn Landing (both part of the Pocomoke River State Park system). These parks offer camping, showers, swimming, canoeing, and hiking. In addition, the canoeists will pass by Cellar House, an historic dwelling built prior to 1800.

As you can see from the description, the Pocomoke River and the towns which have sprung up along it offer a unique blend of history, beauty and environmental excellence and purity. The Canoe Challenge activity, scheduled for June 24, offers the perfect opportunity to enjoy these resources. (They are also only a few miles away from Worcester County's beautiful oceanfront!). If you would like further information, please contact Barbara R. Trader at (301)749-1764 or write to her at the following address: Snow Hill/Pocomoke City Canoe Challenge, c/o Town of Snow Hill, P.O. Box 348, Snow Hill, Maryland 21863.



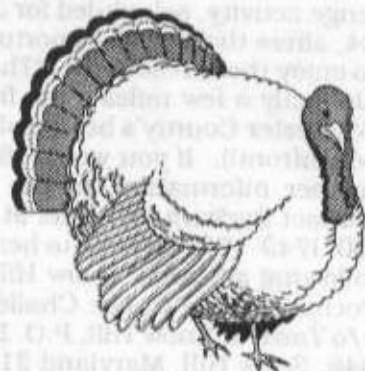
## Backpacking Anyone?

The AYH Backpacking Committee is proud to announce a new program for both skilled and beginning backpackers. At 7:00 p.m. before the regular Thursday meetings on April 13 and 27, and May 11 and 25, there will be demonstrations on all the hottest topics.

On April 13, Glenn Oster and Ben Brugmans will combine their talents to present a general backpacking demo at 7:00, followed by a backpacking slide show during the regular meeting.

The April 27 program will explain the ins and outs of tents, sleeping bags, and boots. Jack Peth and Blanche Asherman will demonstrate equipment and answer questions. Ben Brugmans and John Maiman will tempt your palate with a program on backpack stoves and cooking on May 11.

Pat Tieman and Joy Layton will get back to basics again on May 25 with a general backpacking program. Both novice and experienced backpackers are welcome to attend any program. For more information call Ben Brugmans (736-2751) or Joy Layton (421-3975).



## The President's Corner

(Continued from page 7)  
new member, our membership would double! Yes, I'm sure that that's been said before in many different organizations, but nevertheless, AYH is a great organization that can and will do a lot for hosteling in Pittsburgh and Western Pennsylvania. If you believe in this too, how about telling your friends about us and asking them to join.

### Board and Volunteer News

The April Activities Board meeting will be at 8 pm April 5th at Pat Tieman's house at 52 Greentree Drive off Greentree Road. Call Pat at 561-3286 for directions if you'd like to attend. (Board members will be getting an agenda and a map in the mail.)

The Eastern Region Spring Meeting will be held in Philadelphia the weekend of April 15-16. We're expecting some unusually lively discussions on some propos-

als being made by the National AYH Board of Directors regarding membership in AYH. If you'd like to participate in these discussions or would just like to see what happens at the regional meetings (or would just like to visit Philadelphia), why don't you join us for the trip. The Council will pay part of the costs for persons attending the meetings. For more information, call Council President Larry Laude or Eastern Region Vice President Marianne Kasica at 921-5272.

### Volunteer Opportunities

The AYH Answering Machine: We need you to help us with getting messages off the AYH answering machine. All it takes is a touch tone phone and about 10 minutes three times a week. Each person would help for one month. Call Larry Laude or leave a message at 362-8181.

—Larry Laude 412-665-9554

## Elegant Dining, AYH Style

Ready for an evening in an elegant setting with delicious food and lively conversation? Join us on Friday, April 7th at the Sewickley Country Inn for the Annual Banquet. We begin at 6 p.m. with cocktails from the lounge, then choose from 2 luscious entrees: Broiled fresh flounder stuffed with crabmeat or chicken cordon bleu with supreme sauce.

This year's banquet will address the "State of the Council" and give an overview of the progress on the Pittsburgh Hostel. We will also be showing the new hosteling slide show produced by National. This show was produced as a result of a yearlong nationwide tour of AYH Hostels by photographer Thorsten Blackwood. It includes color slides of hostels, activities and the breathtaking scenery that surrounds the hostels in the United States. Those of us who saw the show at the National Council Meeting thought it was great! Later enjoy the entertainment in the hotel lounge. The cost is \$20--\$5 of this is a donation to Pittsburgh Hostel Development. For reservations, please call Linda Smithyman after 5:30 at 531-1868 before March 30.

### Annual Banquet

Name: \_\_\_\_\_ No. of People: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_

\$20 per person. Send check to:

Linda Smithyman, 756 Eathan Ave., Pgh. PA 15226



## AYH Programs for April

**April 6**  
**Messing About in Boats**  
by Fred March

**April 13**  
**Adventures in AYH**  
**Backpacking**  
by Glenn Oster

**April 20**  
**Once Around the Pond**  
**(Atlantic Ocean)**  
with George Purifoy

**April 27**  
**Climbing in the**  
**North Cascades**  
by Bruce Cox

*Personal Note: Bob Goff is as lonely as the Maytag repairman! Please cheer him up. Call him with your show suggestion for May! 761-2837*



## Laurel Hill Weekend

**Friday, Saturday and Sunday, May 26, 27 and 28**

How about something different Memorial Day Weekend? Break out of winter into cycling, mountain biking, hiking, or arrange your own canoeing, seakayaking, or kayaking trips. Maybe just lay on the beach and begin your summer tan! Stay in cabins and enjoy home cooked meals (and desserts!) Laurel Hill is close to Ohiopyle and Coopers Rock; a wonderful place to start your season!! For more information, call Carla Steele at 921-2069.

### Laurel Hill Weekend

Name: \_\_\_\_\_ No. of People: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_

\$20 per person. Send check to:  
Carla Steele, 175 Grasmere St., Pgh. PA 15205

### Schedule of Upcoming Events

#### March

- 11** Sierra Club's Galen Rowell lecture  
**24-26** D.C. Easter Weekend

#### April

- 7** AYH Banquet

#### May

- 4** Flea Market  
**20-22** AYH Laurel Hill Weekend  
**27-28** C&O Canal/Harper's Ferry

#### June

- 11** City's Great Ride (Volunteers needed)  
**24-25** Gettysburg

#### July

- 4th weekend** — Presque Isle  
**28-29** Iron Masters Hostel

#### August

- 6** AYH picnic  
**20** Mon Valley Century (Volunteers needed)

#### October

- 14-15** AYH Ohiopyle weekend



# 35-

# 50% OFF

**SPRING GIVEAWAY SALE**

**WE ARE DESPERATE.**

# X-C SKI SALE



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Monroeville, PA 15146  
Phone: (412) 372-7030

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10-7 Sat.  
10-5 Sun.

All X-C skis, including: Landsem, Karhu, Kazama, Merrell, Epoke, Trak.  
All binding systems: three pin, Contact, SNS, NNN.



## AHS Volunteer Vacations

Did you ever wonder what it would be like to vacation for two weeks on an exotic island or to visit a remote and primitive area of a national or state forest? Well, wonder no more, the opportunity to experience such a vacation is now available through the American Hiking Society's Volunteer Vacation Program.

This program was developed in 1979 for the purpose of assisting government agencies with the completion of projects that would otherwise not be attempted due to a lack of funding.

Groups of 6-15 volunteers work for 10 days out of their 2 week vacation. While working, they are supervised by National Park Service and State Park personnel. Ample time is available to participants for hiking, sightseeing, making new friends or just relaxing.

In order to participate in this program, you must meet the following requirements:

- Be in good physical condition,

able to live outdoors and do hard manual labor for 10 days. Much of

- Be an experienced backpacker who can easily walk 5 to 10 miles a day.

- Supply all your own camping equipment.

- Arrange and pay for your own transportation to and from your assigned project area (these expenses are tax deductible).

- Enjoy working with volunteers from a broad age range. Applicants under 18 years of age must have permission from a parent or guardian. Those under 16 must be accompanied by an adult.

- Upon acceptance, pay a non-refundable \$30 registration fee (tax deductible).

Insurance is provided while working. For additional information and an application, please send a self addressed stamped envelope (long) to: American Hiking Society, Volunteer Vacations, P.O. Box 86, North Scituate, MA 02060.

## News from Volunteers for Outdoor Allegheny (VOA)

VOA is beginning a new planting season by assisting the Game Commission with a Tree Sale at North Park on Saturday, April 15 at 11:00 a.m. There will also be a crew doing trail maintenance in the park that day. Everyone is welcome to attend and lend a hand. For more information, call the VOA tape at 935-3250 and leave your name and number.

Also, be sure to mark May 6th on your calendar as Marshall Island Planting Day. Make the island near North Park Skating Rink a better place for ducks and people! VOA regular meetings are on the second Wednesday of each month. The April 12th meeting will be at the Ranch House at North Park at 7:30 p.m. Everyone is welcome to attend.



## Outdoor Gear Equipment & Clothing

Thursday,  
May 4th  
6:30 - 9pm

Sales Space FREE

Civic Garden Center — Mellon Park — Shadyside  
Fifth and Shady Avenues

Questions? Call Bill Johnston at 243-1945



## Letters To The Editor

### Jackson Hole, Wyoming, Yellowstone National Park

Editor, *The Golden Triangle*:

My wife and I had the pleasure of taking a motor trip last September to Wyoming. While there, we visited Grand Teton National Park and Yellowstone National Park.

We made Jackson Hole our headquarters while there and stayed at the Hostel in Teton Village which is only a few miles up the road from Jackson. This is a supplemental hostel with private rooms and bath facilities. It is right in the heart of the ski country of Jackson, WY. The hostel is quite cozy while not being lavish. They have a large gameroom with an open fireplace and a ski shop. Since this is a supplemental hostel, the room rate is a little higher than average. However, I considered it a bargain at \$25.00 per night per room. Similar accommodations for two people in the Jackson/Grand Teton area would be at least \$100.00 and up per night.

I strongly recommend reservations for this hostel. The Jackson

Hole area can be quite expensive, however, there are many fast food outlets in Jackson such as McDonalds, Pizza Hut, Col. Sanders, etc.



The Jackson area is a great place to visit in any season. There is beautiful hiking and biking paths in the area as well as access to many well stocked trout streams nearby, for those who like sport fishing.

The South entrance to Yellowstone National Park is less than an hour's drive via the Rocker-

feller Parkway. Much of Yellowstone was closed due to the fire. However, we did drive through a large portion of it. Fortunately, not all of the forestry was burned and there is still much to see there, especially the natural wonders such as mountains, streams, rivers and the Grand Canyon of the Yellowstone as well as Old Faithful and wildlife.

The Jackson area could be reached in two days of hard driving from Pittsburgh. My wife and I are Senior Citizens but I will here remark that the area is attractive to those of all ages.

—Thomas E. Barow,  
Dravosburg, PA

Anyone wishing to write an article on a recent trip or write a letter, as the Barlows did, can do so; just drop it in the Editor's mailbox or send it to:

Editor, *The Triangle*  
Pittsburgh AYH  
6300 Fifth Ave.  
Pittsburgh, PA 15232

### "Tips" and Tales The Incredible Bulk:

Watch for this special program describing the joys of bulk mailing.

Don (Mr. Bulk) Hoecker will spend the evening in a lively discussion with "hands on" demonstrations including: Mailbags - the nylon vs. canvas controversy; mailing labels - they can "stick" with you; and how you can collect those little red #3 labels to earn extra bonus points!

Watch your radio for time and place.

(Ed. note: Thank-you to whoever wrote this-I like your sense of humor)

## Memorial Day Weekend

C&O Canal Mountain Bike Camping Trip

Trip Leader: Judy Menosky (242-1573)

Entry Deadline: May 11, Trip Deposit: \$10

The ride will cover a total of 40-50 miles of the bike path. Mountain bikes are recommended due to tree roots and rocks in many sections of the trail. Otherwise, it stays far away from roads and crowds only occasionally breaking out of the woods to meet up with a small town. The trip will include at least one and possibly two overnights of bike camping. You must have a rack and panniers to carry your camping gear. (AYH has a limited number of rental panniers available.). Call Judy for more details.

### C&O Canal Bicycle Trip — Memorial Day Weekend 1989

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

☐ Need Ride

Address: \_\_\_\_\_

☐ Can drive and carry people and bikes

City, State, ZIP: \_\_\_\_\_

Reservation Deadline is May 11.

Mail a check for \$10 made out to: Pittsburgh AYH. Send check to: Judy Menosky, 421 Montview Pl., Pittsburgh, PA 15221



## Let's Go Cycling — Summer Pedal Power Trips

### Bicycle Trips Brochure

This season's trips include many favorites like Gettysburg, Pine Grove Furnace and Presque Isle. In addition, there is a new trip on the Skyline Drive for advanced cyclists. The cycling committee has a brochure listing many of the big weekend trips. Pick up a copy at HQ, or if you prefer, send a self addressed stamped envelope to: Chuck Ejzak, 6858 Wilson St., West Mifflin, PA 15122.

### The Great Ride

This year's Great Ride is on Sunday, June 11. It will start and end at Flagstaff Hill in Schenley Park which will help to ease some of the parking problem. The 50 mile ride will follow a more hilly course than last year's and will not have a mass start. The other rides will be similar to last year. New features include a parade of classic

bikes and possibly some celebrity "slow" bike races. Look for application forms at HQ in May. Also, we need about 30 volunteers to help with water stops and other duties. Call Chuck

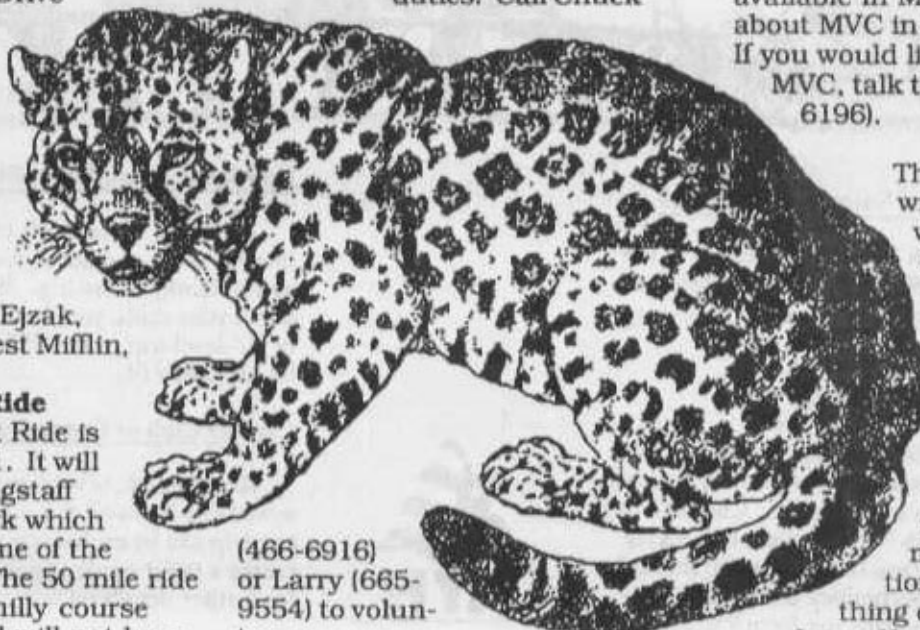
year's ride is still in the planning stage, but will include an additional food stop for 100 mile and 65 mile riders.

Application forms should be available in May. Look for more about MVC in coming newsletters. If you would like to help with the MVC, talk to Chuck Ejzak (466-6196).

### MS-150

This year's MS-150 will be during the weekend of August 27 to 28. The ride is a fund raiser held by the Allegheny Chapter of the National Multiple Sclerosis Society. Registration is about \$25; in addition, each rider must raise a minimum of \$150 donation. This covers everything except your bar tab.

Leave North Park on Saturday morning and enjoy a 55 mile ride over rural rolling terrain. Stay overnight at the Holiday Inn Holidome or at Conley's in Beaver Falls. Return to North Park on Sunday by shorter and flatter route. The total trip length is about 95 miles (150 km). Application forms are or will be available at HQ or contact the National MS Society.



(466-6916)  
or Larry (665-9554) to volunteer.

**Mon Valley Bicycle Tour**  
Reserve Sunday August 20 for the Mon Valley Century. This

## AYH Photo Exhibition

Do you have photographs of which you are proud hidden in your closet?

The Pittsburgh AYH Open Day on May 4th will boast an exhibition of the 15 best photographs from the club's members to illustrate to the rest of the world some of the fun and the sights it is missing. Qualified photographs include any AYH activity, beautiful scenery, or technically superior shots.

Hand in your best slides, enlarged prints or prints with negatives at the AYH membership desk on Thursday nights or send them to:

John Gayler  
Pittsburgh AYH Photo Exhibition  
5424 Hobart Street  
Pittsburgh, PA 15217

Enclose a self-addressed, stamped envelope to ensure that you get the photos back after the exhibition.

All contributions will be gratefully received. The 15 best which show AYH activities or the beautiful outdoors will be blown up (photographically speaking) and exhibited at the Open House. The enlargements will be returned with the originals.

Don't delay — contributions must be received by April 25th.

### For Sale

Liquidating large collection of maps and guidebooks from the PA/WVA area and elsewhere. Also, canoeing, camping, rowing gear, botanical library, boats, more. SASE for list.

Owen Cecil  
Box 584  
Manistee, MI 49660

# Just a few small details . . . .



## Looking for a Unique Vacation Adventure?

American Youth Hostels, the leader in low cost travel for over 50 years, offers 59 different *World Adventure* trips that allow you to discover great destinations around the world.

## What Trips Does AYH offer?

AYH has bicycling, hiking, adventure, and motor trips throughout North America, Europe, New Zealand and South America. Choose from a cycling trip through New England to a hiking trip around Mont Blanc to a motor trip through Venezuela. The opportunities are endless!

*World Adventure* trips run from 9 to 80 days, so even if you have limited vacation time, there's a perfect trip for you.



## What Makes AYH Different?

AYH designs its trips for the adventurous of any age, from teenagers to seniors. You can choose to travel with others your own age or with a mixed age group. All groups are accompanied by a trained AYH trip leader who is committed to carrying out the spirit of hosteling. This means your trip will focus on adventure, personal growth, and cooperation in a small group environment.

## How Difficult are Biking/Hiking trips?

We offer three levels of trips--beginning, intermediate, and advanced, based on the length and difficulty of the trip. If you're uncertain about your skills, you should start with a shorter or "C" level trip. All AYH trips require you to be physically fit.

## Can My Club or Group Go on an AYH Trip?

If your club, school group or organization would like to travel as a unit, any *World Adventure* trip can be exclusively yours. We can also create a tailor-made trip just for you. Contact us for further details on setting up a group tour.

## Can I Become a Trip Leader?

If you would like to become an AYH trip leader or develop your group leadership and outdoor travel skills, take the **AYH Leadership Training Course**. The LTC includes instruction in the many types of travel (i.e. bicycle touring, hiking/backpacking or motorized travel), budgeting, camping, meal planning, first aid and group dynamics. The course fee is \$250 (\$350 for the motor trip course), and you must be 21 to apply for appointment as an AYH trip leader. An application is included in the *World Adventure 1989 Trip Catalogue*.

To get your free copy of the *WORLD ADVENTURE 1989* catalog, fill out the form below & mail to:  
AYH World Adventure, 6300 Fifth Ave. Pittsburgh, PA 15232  
(Please include 3 first class stamps for postage.)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_





MEMBERSHIP DEPARTMENT  
**AMERICAN YOUTH HOSTELS INC.**  
PITTSBURGH COUNCIL  
6300 FIFTH AVE.  
PITTSBURGH, PA 15232



**AMERICAN YOUTH HOSTELS, INC.**  
Pittsburgh Council  
6300 Fifth Ave.  
Pittsburgh, PA 15232



## MEMBERSHIP APPLICATION

### Membership types available:

- ☐ \$ 20.00\* Adult (age 18 to 54)
- ☐ \$ 30.00 2 yr. Adult (age 18 to 54)
- ☐ \$ 10.00\* Youth (age 17 and under)
- ☐ \$ 10.00\* Senior citizen (age 55 and over)
- ☐ \$ 30.00\* Family (includes children under 18)
- ☐ \$200.00 Life (individual lifetime membership)
- ☐ \$ 18.00\* Foreign nationals, including Canadians
- ☐ \$ 10.00 Vol I, International Hostel Handbook (Europe & Mediterranean)
- ☐ \$ 10.00 Vol II, International Hostel Handbook (Africa, Americas, Asia & Australia)
- ☐ \$ 14.00 Cotton sleep sack, required at all international hostels
- ☐ \$ 1.00 Postage & handling for each membership ordered
- ☐ Donation for Hostel Development Fund (tax deductible to the fullest extent of the law)
- ☐ Grand total—make all checks payable to **Pittsburgh AYH**

Name \_\_\_\_\_ (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Middle)  
Street \_\_\_\_\_ (Permanent address only)  
City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_  
Birthdate: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_ Phone \_\_\_\_\_  
If you wish membership card sent to a *temporary address*, give same below:  
In care of \_\_\_\_\_ Street \_\_\_\_\_ Zip code \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Were you a member of AYH this past year? ☐ Yes ☐ No  
When do you need card? \_\_\_\_\_ (Signature of applicant)

### AYH MEMBERSHIP BENEFITS

- International Hostel membership card plus Pittsburgh Council I.D. card good for discounts at local bike shops and outfitters.
- USA Hostel Handbook.
- "The Knapsack," National AYH travel newsletter.
- "The Golden Triangle," Pittsburgh Council's newsletter of trips and activities.
- Open house Thursday nights at Council headquarters.
- Access to National travel programs and Leadership Training courses.

\*Memberships valid from September 1 to December 31 of the following year.

## ACTIVITIES MEMBERSHIP APPLICATION

Membership Types Available: (does not provide access in AYH hostels)

- ☐ \$ 5.00 Youth (17 years and under)
- ☐ \$ 5.00 Senior Citizen (55 years and over)
- ☐ \$ 10.00 Adult (18 years to 34)
- ☐ \$ 15.00 Family (includes children under 18 years)
- ☐ \$ 1.00 Postage and Handling (for each membership ordered)

Note: A full AYH membership or a hotel guest membership is required for access to AYH and international hostels. An AYH membership also includes the current U.S. Hostel Handbook.

Make all checks payable to "Pittsburgh AYH" (include \$1.00 postage). Thank you!

NAME: \_\_\_\_\_ (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Middle)  
STREET: \_\_\_\_\_  
CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

BIRTHDATE: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_ PHONE: \_\_\_\_\_

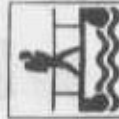
Were you a full member of AYH this past year? ☐ Yes ☐ No

SIGNATURE: \_\_\_\_\_

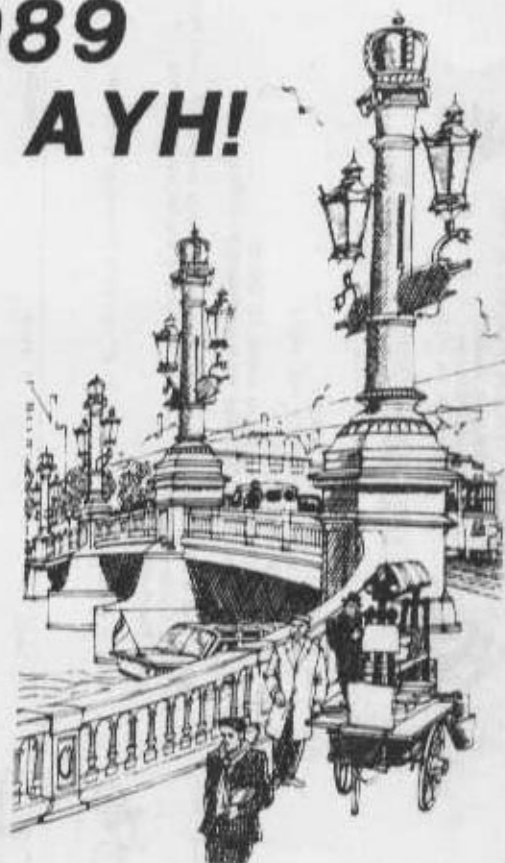
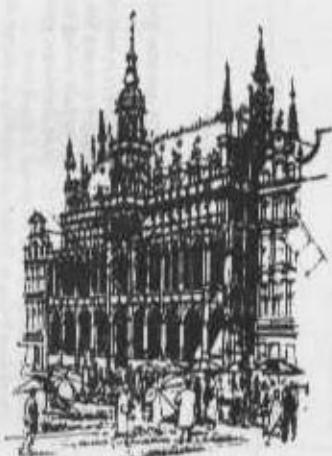
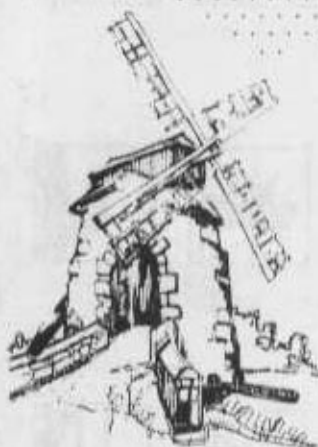
### Pittsburgh AYH Activities Membership Benefits

Council Membership Card good for discounts at local bike shops and outfitters.  
Ability to upgrade to full hostel membership at any time for difference in fee.  
Access to local Pittsburgh AYH trips without paying non-member fees.  
The Knapsack, National A.Y.H. Travel Newsletter, available at council headquarters.  
Ability to qualify to lead Pittsburgh Council trips.  
The Golden Triangle, Pittsburgh's monthly newsletter of trips and activities.  
Open House Thursday nights 8:00 p.m. at Council Headquarters.  
Access to National travel programs and Leadership Training Courses.

(Note: Memberships valid from Sept. 1st to Dec. 31st of the following year. All candidates for the Pittsburgh Council Activities Board or Board of Directors must hold full AYH membership to qualify for these positions.)



# **World Adventure 1989 ... with Pittsburgh AYH!**



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**April 1989**

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