



# PITTSBURGH COUNCIL AMERICAN YOUTH HOSTELS 6300 FIFTH AVENUE PITTSBURGH, PA. 15232

AYH Headquarters is located at 6300 Fifth Avenue next to the Pittsburgh Center for the Arts. Open House is held every Thursday evening. The building opens at 7 pm and the slide show starts at 8:15. Weekly trip announcements are made immediatly following the slide show. The Golden Triangle is assembled for mailing at monthly Production Parties after the meeting. Come out and join us!

### AYH OPEN HOUSE PROGRAMS FOR SEPTEMBER

September 4 Glenn Oster Shows Us the Natural Beauties of Yellowstone and Grand Teton National Parks

September 11 Let's Join Cliff and Marilyn Ham on a Scenic Tour of Newfoundland by Bicycle

September 18 To be announced!

September 25 Bob Goff and His Orchestra Take Us on a Musical Tour of the Fall Beauty to Come in October.

FOR SALE: 23" Men's Ten-Speed Bike, black with gold trim, Shimano components, blackburn rack, \$100; Also, Bike Rack, car bumper type, holds 2 bikes, white vinyl steel type \$12. Call Joe at 373-3403.

### SKIERS!

Keep the weekend of October 24 - 25 open!

There will be a "kick off the season" ski show/sale at the Monroeville Expo Mart that weekend. If all goes as planned. Pittsburgh AYH will have a display booth along with the other ski clubs. (Hint: we'll need volunteers!) Watch for mose details in the October newsletter.

### AYH - B.A.T.?

"Take a bite out of the high cost of travel with 8.A.T.1"

"Travel under the wing of B.A.T.!"

All of the above are potential sales pitches for the new service: "Budget Adventure Travel" soon to be offered through the National AYH office (rumor has it that it could be as soon as October 31).

You will not only be able to sign up for World Adventure trips with AYH, but make all your plane reservations too. Plus all the other services provided by a real travel agent.

If all works out at the National level, a BAT franchise could be extended to local councils so that they can open travel agencies.

### AYH MEMBEKSHIP APPLICATION

AYH memberships are available at Open House meetings on Thursday nights. If you cannot attend a meeting fill out the application below and send it along with \$1.00 to cover postage for each membership ordered and your check made payable to Pittsburgh Council, AYH, to:

AYH Membership 6300 Fifth Avenue Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sells <u>International Hostel Guide</u> to <u>Europe</u> for \$8.00 by mail or \$7.00 at Headquarters.

Note: Memberships run from Oct. 1st to Dec. 31st of the following calendar year.

Amount and Membership Types Available (check one):

\$10.00 Junior (17 years and under).
\$10.00 Senior Citizen (60 years and over).
\$20.00 Senior (18 years and over).
\$50.00 3 year Senior (18 and over).
\$30.00 Family (includes children under 18 vrs.)
\$200.00 Life (Individual lifetime membership).
\$10.00 Foreign Nationals (including Canadians).
X \$1.00 Postage (for each membership ordered).

ADDRESS		7	
CITY	STATE	ZIP	
PHONE ( )			
BIRTHDATE Month		Day	Year

### MEMBERSHIP BENEFITS:

International Hostel Membership Card

USA Hostel Handbook

"The Knapsack", National AYH Travel Newsletter
"The Golden Triangle" Pittsburgh Council Monthly News
Open House every Thursday night at 8pm at Headquarters
Access to national programs and leadership training

### THE GOLDEN TRIANGLE

OCTOBER ISSUE DEADLINES: September 11 all trips, etc.
September 25 Production

The GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

EDITOR Joy Layton

PRODUCTION Don Hoecker

MAILING Roy Weil

ADVERTISING Lucy Hofmann COVER Amy Seabol (originally 1983)

### FEISTY NOTE

Some thoughts...

- \* Some people are going to be annoyed that there aren't too many trips listed this month. Actually, I'll be glad if they are annoyed. Maybe then someone besides the feisty editor will get on the activity chairpeople! Of course, some of the chairpeople have a hard time getting people to lead trips. Maybe those members who want to have more trips will decide to lead one. It's a two-way street!
- \* If you're a person that needs a personal approach from the editor to turn in articles and trips sorry, I didn't feel like playing games this month; I was much too busy with other things. Maybe you could deign to read the deadlines published above like every one else!
- \* Has anyone noticed how fiesty Pat Tieman, trips coordinator, can be when she really tries? Give 'em hell Pat! It gets results!
- Now is the time to get involved with a great bunch of people; read the article about the positions that are open and see if you're interested in any of them. We could use the help. The feisty editor promises not to abuse volunteers for the Triangle!
- " If you've got ideas about things that you'd like to see in the Triangle, let me know. Only make sure that your ideas are (A) cheap, (B) easy, and (C) no extra work for the editor.



### ATTENTION TRIP LEADERS!

It is that time of the year when I can get feisty. I don't want to steal any of the feisty editor's thunder, but it is wery important that I get all trip reports through September by the first week in October. I must turn in a report to National AYH in October and this determines our council's votes at National AYH meetings. That means that all you trip leaders for September trips, write up your report immediatly after the trip (many leaders do the paperwork during the trip) and get it to me. You may deposit it in my box at headquarters, hand it to me at a meeting, or mail it to me. As I write this there are 20 reports overdue, dating from April, May and June. Even if your trip was cancelled, I need to know this, it saves me time and a phone call. I'll be looking for your reports.

..Pat Tieman, Trip Coordinator, 52 Greenbriar Dr., Pittsburgh, PA 15220

### THIC BICYCLE MAPS AVAR ARLE

The Millian thems of Telepostation has published the statewide bicycle map "Chio Bicycle Users Guide". The map comes as a set of ten documents, dividing the state into 19 quadrants. With a scale of one inch equal to three miles, and a viable bike route indicated approximately every five miles, the maps are definitely worth their weight in weight.

The Guide is printed on a tear-resistant paper and folded to fit comfortably in a handlebar bag's map pocket. The entire set comes in a zippered, weatherproof bag.

The maps exceed the usual high quality maps produced by CDNR, are easily read and highly detailed.

The "Ohio Bicycle Users Guide" costs \$5.00 and can be ordered from the Bicycle Transportation Administration, 25 South Front Street, Columbus, Ohio 43215. Make checks payable to the Ohio Department of Transportation.

### GETTYSBURG CRCFARD CONTURY RIDE

The Cettysture Bicycle dies is sponsoring an erchard Century Ride on Sunday, September 21, in the scenic and historic area around Gettysburg. Registration begins at 7:00 am. The \$6.00 fee covers map, due sheet, sag wagon, refreshments, and LAW century or half century patch. Choose from a flat to rolling half century or a demanding full century with nills and some long climbs. Ride starts at Bream Symnasium Parking Lot (West Lincoln Avenue at railroad tracks) on the Gettysburg College Campus. For registration form and information send SASE to Mark Nesbitt, Box 126, Gettysburg, PA 17325. (The Gettysburg Hostel is near the Bream Gymnasium and would be a good place the Saturday night before the ride. Call the Hostel at (717) 334-1020 for reservations).



1:00 PM: GAMES AND GOOD TIMES!
5:00 PM: DINNER!! (GOOD FOOD! YUMMMMMM!)

### RIVERVIEW PARK ACTIVITIES SHELTER

IF YOU WISH TO BRING FOOD, PLEASE INDICATE ON THE COUPON BELOW, LABEL ALL DISHES.

MEMBERS: \$7.00 NON-MEMBERS: \$8.00 ADD \$1.00 LATE FEE IF YOU PAY AFTER OCT. 10 MAKE CHECKS PAYABLE TO: PITTSBURGH AYH AND MAIL TO: LYNN EJZAK, 6858 WILSON ST.. WEST MIFFLIN, PA 15122 FOR MORE INFO CALL MARIANNE KASICA 561-9012

NAME	-
PHONE College on the teleplace on the teleplace of the participal appropriate of the period of the p	
MEMBERS @ \$7.00/PERSONNON-MEMBERS @ \$8.00/PERSON	
CHILDREN UNDER 12 @ \$3.00/PERSON	
LATE FEE (AFTER OCT.10) @ \$1.00/FERSON	
TOTAL ENCLOSED	

WOULD LIKE TO HELP

CLIMBING

Dale Vilsack 343-8379 Eric Bauer 587-0766 Karl Mormer 521-6404

The beginner's climbing trips at White Rocks meet at HQ at 7 am. Bring tennis shoes, hiking boots, lunch, water, leather-palmed gloves (if you have them) and a sunny disposition. We usually stop for dinner and return to Pittsburgh between 8 and 9 pm. Call one of the chairmen for reservations.

PERMAINT WHO HE BEI

-236 EAR 1221 REDTO

no galan ere elaneo eand "

chalippedigit Id course; sees

trips listed this agrin.

FAMILY DUTINGS

Barbara Hanusa 441-7205

HIKING

Tom Kaveney 276-8044 Wayne Hennemuth 787-7608

KAYAKING

Lou Conley 681-8321 Ray Yutzy 341-5682

AYH beginning kayaking schools are held once a month, June thru September, each summer. These schools provide an introduction to the exciting sport of whitewater kayaking. They are open to complete beginners (those who have never been in a kayak before) and to those who have never kayaked on whitewater before. The schools last an entire weedend, and include an overnight stay at a youth Hostel. The first day of the school is spent learning the basic skills of kayak paddling on a nice calm lake. The second is spent developing those skills on a very easy (Class I-II) whitewater river. The date for the last 1986 beginner school is September 6-7. Space is very limited and preference will be given to AYH members, so sign up early. Call Lou Conley for additional informational.

Priscola. Let se orge. Only wave such that your losses of

Maybe then someone besides the felsty editor will get

RAFTING

Shirley Ulaky 422-0849h 327-1300 ext. 403

SEA-KAYAKING TYDIE natwita2

Cathy Lynch 361-3707 Ton Trump 284-7349w Plant Krain 381-4456

### VOLLEYBALL

Jeff Marsh 466-7841h 476-5320w

AYH plays volleyball every Tues. and Thurs. evening in Mellon Park starting at 6 pm until dark. Thurs. games are geared for beginners and since it's part of the meeting it's <a href="#">Free</a>. Tues. nights are for more experienced players and it costs 50g for members, \$2 non-members.

# 1986 MS 150K BIKE TOUR

# Pittsburgh to Moraine State Park

### SATURDAY and SUNDAY, SEPTEMBER 6-7

FUN FOR EVERYONE . . . THE MS 150K

WHAT?\_

The MS 150K BIKE TOUR — A leisurely two-day 150K ride through some of Western Pennsylvania's most scenic back roads. A great opportunity to meet new friends, win fantastic prizes, enjoy the outdoors and help light Multiple Sclerosis.

#### WHEN?

The MS 150K departs from Pittsburgh at 8:00 a.m. (Registration is at 7:00 a.m.) on Saturday, September 6. We arrive back in Pittsburgh Sunday. September 7.

#### WHERE?\_

We leave Pittsburgh Saturday morning and ride through the scenic countryside (stopping for lunch) to the Moraine and McConnells Mill State Parks area. After a great dinner and overnight stay, we'll leave Sunday morning following a hearty breakfast for our trip back to Pittsburgh. (The ride is approximately 95 miles, round trip.)

### WHAT CAN YOU EXPECT ON THE MS 150K BIKE TOUR?

Full accommodations: Food, lodging, snacks and safety considerations are provided for both Saturday and Sunday. Snacks for the ride, first aid and rest stops every 12 to 15 miles for those who need them. A support truck will carry overnight gear so everyone will ride with ease. Tour leaders for safe, professional support! You'll meet new friends and new challenges! Don't miss it!!

### DON'T MISS IT!!

Each rider must obtain a minimum of \$150 in pledges. It's easier than you think! Ask your family, friends, neighbors, co-workers — ANYONE! START NOW!

**BIKE TOUR HOTLINE: 261-6347** 

### GET INVOLVED IN PITTSBURGH AYH!

The success of Pittsburgh AYH depends on our volunteers. Right now, we have particular need for the following people. If you can help, or would like more information, please call Larry Laude at 665-9554.

FRANCHISE: A person to work with the Membership Chair to mail out membership supplies to our membership sales agencies, collect their reports and checks, and to prepare a summary report once a month. (4 hours a month)

HOSTEL REPORTER: A person to put together the hostel news section of the newsletter. Most of the information would come from brochures releases, and newsletters that we get all the time from National, councils, and the hostels. Also, an occasional feature on local hostels. (3 hours a month)

CLUB AND COUNCIL REPORTER: A person to scan the newsletters we get from clubs and other councils for information that might be of interest locally. (3 hours a month)

ADVERTISING: A person to manage ads for the newsletter. This includes sending out bills, checking on ad renewals, and soliciting new ads. (5 hours a month)

HOSTEL DEVELOPMENT COMMITTEE MEMBERS: People to assist the Hostel Development Chair in reviewing and visiting possible new hostels that come to our attention, and to search for likely sites for hostels in areas where we think a hostel is needed, including Pittsburgh. We also need people from outlying areas of the Council (for example, those of you with zip codes <u>not</u> beginning with 15).

HOSTEL OPERATIONS COMMITTEE MEMBERS: People to assist the hostel operations chair (either regularly or occasionally) with managing the Ohiopyle hostel and with keeping in regular communication with the other hostels (Lake City, Schellsburg, Jennerstown, Rural Valley, and Pittsburgh) in our area. We are especially looking for people who live near the hostels who can stop in from time to time to see how things are going. (1 to 8 hours a month)



The five newest hostels include two in Michigan and three in Pennsylvania.

- The Gogulski Home Hostel in Grand Rapids, Michigan (phone 616-949-3118)
- The Durance Home Hostel in Charleroix, Michigan (phone 616-547-2937)
- The Old Thyme Home Hostel in Montrose, PA (phone 717-278-9421)
- The Dale Boyer Home Hostel in Rural Valley, PA (phone 412-783-6188)
- the Innesfree Hostel in Milanville, PA (supplemental accommodation on the Innesfree River Road, box 47, Milanville, PA 18443. Call 717-729-7762). The hostel is on the Upper Delaware and near the Tanglewood and Villa Roma ski areas.

Remember that reservations are essential at home hostels.

The Innesfree hostel strongly recommends reservations from Labor Day to Memorial Day.

marking A person to named with for its trivallytes.

The Gregon Council has a brochure available on hostels in Oregon. For copies, mail a request to Oregon Council AYH, 99 West 10th #205, Eugene OR 97401. The 3 coast hostels are the Sea Star Hostel in Brandon, a coastal artist and fishing town; the Sea Gull Hostel in Coos. Bay, just a few miles from dunes and ocean beaches; and the Newport Hostel in Newport, with a view of the ocean. The Ashland Hostel, the Portland Hostel, and the Springfield/Eugene (Mill Street) Hostel are in the I-5 Corridor and the Fordson Home Hostel is in Cave Junction, near the Oregon Caves National Monument. All are open year-round except for the Coos Bay Hostel, which is open only in summer. For additional information on Greyon, call the State of Oregon's Tourism Division at 800-547-7842.

# ACTIVITY WRITEUPS

### BACKPACKING

Jack Peth 921-7214

### 18

### BICYCLING

Rick Kondas 672-3891 Chuck Eizak 466-6196

Bicycle trips are catagorized as follows:

- A = advanced ride at fast pace (15 mph), long miles (>50)
- B = Intermediate, moderate pace (12mph), miles (35-60).
- C = Easy, pace (10mph), miles (20-40).
- D = Beginner, pace (10mph), miles (10-20).
- E = Learn to ride, pace 5mph, miles 0
- S = seminar, maintenance clinic, etc.

HELMETS ARE RECUIRED ON ALL AYH RIDES. These must be hardshell type helmets. Rental helmets are available for a nominal fee (\$1/day) We also have rental bikes and parmiers available. Call the trip leader beforement to reserve tentals. Water bottles, gloves, and cycling caps are available from the council store. If you would like to lead a trip, contact Chuck or Rick before the Triangle deadline for the next month.

### CANGEING

Steve Shafer 481-0507h or 268-2527w Kathy Lynch 327-0529

Bring non-cotton clothing, hat, water bottle, glasses strap, rain jacket, tennies, dry clothes in a separate bag, and knee pads. Trips normally meet at HQ at 8:00 am. Call the trip leader in advance to reserve space on a trip.

WHAT CAN YOU EXPECT OMITHE WE ISON BIKE TOURT

### CAVING

John Popp 885-2126 Paul Herre 853-7934 Roy Provins 784-9127

Coon Cave is located high on Chestnut Ridge and is reached after an arduous hike. Enter through the upper entrance and scout your way through various passages to the "bat room" and the "bio rdom", trying to avoid the water. Some formations may be seen in side passages. If you can't join us in September, try one of these brips in October: Oct. 12, Brady's Bend (beginner) and Oct. 25 Copperhead Cave (intermediate). Please sign up early, as available space and equipment is limited.

# SEA-DREAMER

Waist deep in water, legs braced
the kayak becomes the lower half
of a body with memories of porpoises:
lean left the boat swings right
as efficient as images when
there is no time for paddle or thought.

In it now: the foaming tearing
fingers of constricted fluid violence
swarming between the rocks
clutching, dragging, pulling, compelling.
Keep to the smooth path, the sea road,
the dark thread of the longing of the river
for its end, emptying and release.

Midway in the roiling arched stinging crystalline, the hollowed rainbowed walls turning on themselves, contained by their violence against the air, the rocks, flashing sunlit railing raging.

The sound, compounded of hurricane and waterfall, sucks all breath into its mouth and disappears.

Some unknown place
deep in the brain says it is unnecessary
to hear -- and it becomes so still
that the flute-sweet song
of a redwinged blackbird shrills.

Now, so slightly, it is widening quieting. Eddies, backwashes, clear pools appear around the sides of boulders more frightening than the writhing vator. Coiled, flaccid, inviting in stillness, they are more dangerous than the singing sluices. Hold to the dark ribbon, the sweet water

the sea-dreaming...

(c) 1985 Susan S. Jacobson, Originally published in More Golden Apples, Papier Mache® Press, 1986, An anthology honoring women in sports.

### HISTORY OF AMERICAN YOUTH HOSTELS PUBLISHED

American Youth Hostels has announced the publication of American Youth Hostels' First Fifty Years: Young at Any Age.

This official history of AYH, written by Bacil B. Warren, chronicles the founding of the organization in 1934 and its growth throughout the United States.

Young at Any Age relates the involvement of John D. Rockefeller, 3rd, with AYH and the endorsement of Franklin and Eleanor Roosevelt, along with the desire of founders Isabel and Monroe Smith to establish an organization which would foster international friendship and peace. AYH advocates the quality usp of leisure as a means of gaining new knowledge of the world and how to act ethically within it.

Today, American Youth Hostels' membership has grown to over 100,000. AYH provides low cost accommodations in conjunction with educational and recreational travel programs. The U.S. hostel network has grown to include 260 hostels in 42 of the 50 states. No two hostels are alike — from a train in Massachusetts to a lighthouse in California. Hostel sites vary from major urban centers to state and National Parks.

Young at Any Age is a useful reference for recreational groups, volunteer organizations and professionals interested in the development of nonprofit membership organizations.

Copies of Young at Any Age may be obtained by sending \$8.00 plus \$1.00 postage and handling to:

AYH History Book P.O. Box 37613 Washington, D.C. 200013-7613

### 1967 MEMBERSHIPS AVAILABLE SEPTEMBER 1st!

This year, for the first time, memberships for next year will be available on September 1st instead of October 1st. Passes bought after September 1st will be good through December 31, 1987, giving you 16 months of hosteling for the cost of a one year membership. The cost remains at \$20 for a regular adult membership, \$10 if you're under 18 and \$10 if you're accepted in U.S. hostels starting September 1st, the 1987 passes will be accepted in U.S. hostels starting September 1st, the 1987 passes will not be accepted in hostels outside the U.S. until October 1st.



### THE PRESIDENT'S CORNER

At the August Activities Board Meeting, the recharters of the Chiopyle, Pittsburgh (Point Park), Lake City, Schellsburg, Jennerstown and Rural Valley hostels were approved. The Morton's have decided not to recharter the Mars home hostel, and recharter of the Fombell hostel was not recommended. The Activities Board to pay \$10 for hostel recharters versus the \$50 recently imposed by the National Board. The standing committees for 1987 were approved, with no significant changes from 1986. A nominating committee consisting of Marianne Kasica (chair), Don Sheperd, Judy Menosky, Paul Herre and Bill Johnston was approved. The committee will be recommending members to fill committee chairs, offices and seats on the Board of Directors. The Goals Committee will continue as an ad hoc committee. and an ad hoc committee for Pittsburgh Council's 40th anniversary in February 1987 will be appointed in the Spring. The Board expressed the need for a more formal approach to rentals to members on other than Council trips to address the issue of replacing lost or damaged equipment. At Headquarters, thanks to Bob Buck for painting the front and back doors, to Tony Jordan for donating a fam, and to Gary Ludwig for installing an air conditioner and a lot of needed tree trimming. ... Larry Laude (412-865-9554)

### WORLD ADVENTURE

Overseas Travel With World Adventure, the AYH national trips program, is offering three great overseas opportunities in late 1986 and early 1987. Visit the Holy Land ofer the Christmas varation traveling by van from Jerusalem to Tiberias investigation archeological sites, touring a kibbutz, awimning in the Dead Sea. Cost of the trip, including air fare from New York City, is \$1690.

Snorkel and beachcomb on the Yucatan Penninsula, swim at Concur, bargain for native handicrafts at the island of Cozumel. Join an AYH bus trip on a fifteen day trip in early 1987 for the reasonable price of \$695.00 (from Houston).

For a catalog, stop by any Thursday meeting at AYH HD, or send 88% in stamps to AYH World Adventure, 8300 Fifth Avenue, Poh., 15232

### TRIPS & TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee (50¢ per half day or evening). IN ADDITION non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH.; The registration fee covers insurance (\$1000 medical/\$1000 accidental deth or dismemberment).

AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity write-up, where you may find more information. After you've read over everything, call the trip leader to reserve space on a trip.

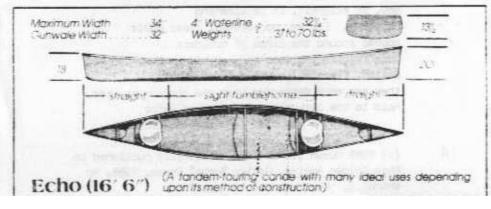
Talk things over with the brip leader. Find out what you need to bring. Ask where you'll be going. How late will you arrive home? What is all this going to cost you? Remember, AYH trip registration runs 75g per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, couldment rental, and any other expenses (we often stop at a restaurant on the way home).

AYM trips are geared toward individuals who independently sign up for trips. If you have a group that wishes to go, it is important for the leader to contact the trip leader early, and it may be neces sary for the trip leader to speak with every tripper.

applies Stiller all the orthogal

# We-no-nah

4123 William Penn Hwy. Monroeville, PA 15146 With all our laminated cances the construction method influences which use the hull is best for But with this model the effect is dramatic. That's why we call it the scho



8

### PITTSBURGH COUNCIL AMERICAN YOUTH HOSTELS

## TRIPS



DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
27	Sat	Hike		Tom Kaveney	276-8044	8:30	Bear Run
28	Sun	Hike	Easy	Glenn Oster	364-2864		Henew blazes and clear trail in northermost section of the baker trail. No fee or transportation cost. For info and reservations call Gienn.
28	Sun	Hike	Inter	Ben Brugmans	736-2751	8:00	Quebec Run Wild Area
October 3-5	FSS	Backpack	Int	Wendell Phillips	831-2506	7pm	Ridge top hike in West Virginia. Look down on the outlines from the top of North Fork Mountain.
Oct. 4	Sat	Bike	С	Judy Menosky	242-1573	neg-c	25-30 miles. Scenic ride through the North Hills between Sewickley and Bellevue. Bring ice cream money.
5	Sun	Bike	C	Chuck Ejzak	466-6196	9:30	25 miles. Sunday morning ride through downtown Pittsburgh.
12	Sun	Cave	Begin	Jahn Papp	885-2125	19232-77	Brady's Bend. A maze of passages, some of which disappear into the magnetic void.

# The Expansion Continues...

- Schwinn
- Ross
- Cannondale
- m Nishiki
- Centurion
- Fuft

  Over 500 bikes in stock!
- Bellwei
  Pace
  RJ. Cy
  Shoes
  Avocet
  Sicli
  Detto

Sidi Detto CYCLE SHOR

Clothing Thres

Avocet Specialized
Pearl Izumi Avocet
S.E.B. Schwinn
Beilwether
Pace Helmets
R.J. Cyclewear Beil
Kiwi

Only minutes north of Pittsburgh on Exit 14 of Rt. 28



74 south twentieth st. south side pgh., pa. 15203 (412) 481-0700

- great selection of old towns and sawyers in stock.
  - \*41 MODELS OF CANOES AVAILABLE...
  - \*south-side, right off east carson street.
- \*HOURS: tue. to fri. 11AM-7PM. sat. 9AM -3PM.

224-0500 139 E. Slath Av

Tarentum, PA 15084

## PITTSBURGH COUNCIL AMERICAN YOUTH HOSTELS

# TRIPS



					_	-	2.5
DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
6-7	SS	Backpack	Easy	Glenn Oster	364-2864h 234-3967ы	8±CO	Hike the Tracy Run and Johnnycake trails in Allegheny Reservoir Area. Only 9 miles total. For more info and reservations, call Glenn.
6-7	SS	Bike	В	MS Society		New York	MS 150 Tosrv style ride of about 45-50 miles each day. Trans- portation of gear provided as well as food. Raise money to fight MS. See ad and prior rides listed for more information and ways to raise the required pledge.
6-7	\$5	Kayak	Begin School	Lou Conley	581-8321	800-	Beginner Kayaking School. See writeup under Kayaking section.
13	Sat	Bike	С	Ricky Kondas	672-3891	10:00	Elizabeth to Mingo Park. Meet in Elizabeth. Scenic ride to Washington County. Lunch in park.
13	Sat	Hike	Maintenanc	e Wendell Phillips	831-2606	8 am	Enjoy a nice hike and a little work on the Baker Trail. No fees.
13	Sat	Hilke	Int	Cliff Ham	687-4520	8:30	to be announced
13	Sat	Kayak	I-II	Lou Conley	681-8321		Easy river trip for people who have already completed the beginner school. Trip could be on Sat. or Sun. and a leader is still needed Call Lou for more info.
14	Sun	Bike	A/B	Chuck Ejzak	466-6196		Northeast Ohio Century. Rides of 100 and 62 miles. Start near Warren, Chio. Applications are available at HQ or from Chuck.
14	Sun	Hike	Easy	Joe Levine	241-3265	9:30	4½ to 5 miles in Harrison Hills County Park.
20-21	SS	Bike		Chuck Ejzak	466-6196	bads b	TASSLE = Tour Along the South Shore of Lake Erie. Ride from Cleve- land to Toledo. Overnight gear is transported for you. Applica- tions available at HQ or from Chuck.
20	Sat	Cave	Begin	Paul Herre	653-7934	nn	Coon Cave. An enjoyable hike and slightly mazey cave. See writeup
20-21	SS	Backpack	Easy	Wendell Phillips	831-2606	7:00	Easy backpack on the scenic Laurel Highlands trail.
21	Sun	Hike		Wayne Hennemuth	787-7608	8:00	to be announced.
21	Sun	Kayak	I-II	Lou Conley	681-8321		Easy river trip for people who have already completed the beginner school. Trip could be on Sat. of Sun. and a leader in still needed Call Lou for info.
27	Sat	Bike	С	Cheryl Arnold	422-8501h 522-6677w	9:00	A rural ride in Washington County beginning at Cecil, PA