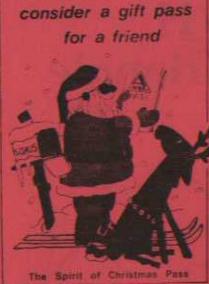
# AYH Golden Triangle



PITTSBURGH COUNCIL AMERICAN YOUTH HOSTELS

December 1986

While you're at it, consider a gift pass for a friend



AMERICAN YOUTH HOSTELS 6300 Fifth Avenue, Poh., PA 15232

AYH Headquarters is located at 6300 Fifth Avenue most to the Pittsburgh Center Arts. Upen House is held every Thursmay evening. The building opens at about 8 cm and the slide show starts at 8:15. Weekly trin arynouncements are made immediatly following the slide show. Come on out and inin us!



#### AYH OPEN HOUSE PROGRAMS FOR DECEMBER 1988

December 4 Ban Brugmans reviews a Fabulous Season of AYH Activities. December 11 Hiking and Backpacking in Rocky Mountain National Park by Fred Skinner

December 18 The Annual Pittsburgh AVH Christmas Carolling and Party. Meet at HD at 6 pm to put together the newsletter first. December 25 Merry Christmas and Happy Trips and Trails in 1987!!

#### NEW LIFE MEMBER!

Compratulations to Christine Parker, who became Pittsburgh AYH nesest life member, as well as Mrs. Fred Parker in November! Best wishes to you both!

#### MORLO ADVENTURE 1987 CATALOGS ARE HERE!!!

Stop in at Headquarters and pick one up, or send four (4) 22¢ stamps and we'll mail you one. These catalogs are loaded with great vacation opportunities for 1987. Bike, hike, van, ski, etc...

We'll be needing help stamping and labeling these catalogs over the next couple of months. If you can help, call Bill Johnston at

#### AYH MEMBERSHIP APPLICATION

AYII memberships are available at Open House meetings on Thursday nights. If you cannot attend a meeting fill out the application below and send it along with \$1.00 to cover postage for each membership ordered and your check made payable to Firtsburgh Council, ATH, 103

> AYH Membership Fittsburgh, PA 15232

Allow 3-4 weeks for delivery of your mosteling pass. Membership also sells International Hostel Guide to Europe for \$8.00 by mail or \$7.00 at Headquarters.

Note: Memberships run from Oct. Ist to Dec. 31st of the following calendar year. \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

\$10,00 Junior (17 years and under).

Amount and Membership Types Available (check one):

\$20.00 Ser \$50.00 3 y \$30.00 Fan \$200.00 Life (1 \$18.00 For	tior (16 ye year Senior mly (inclu ndividual eign Natio	ars and o (18 and des child lifetime nals (inc	over). iren under 18 yrs.)
NAME			
ADDRESS			
CITY	STATE		ZIP
PHONE ( )			
BIRTHDATE Month		Day	Year
New/Renewal?	**********		***********

International Hostel Membership Card

USA Hostel Handbook

"The Knapsack", National AYH Travel Newsletter "The Golden Triangle" Pittsburgh Council Monthly News Open House every Thursday night at 8pm at Headquarters Access to national programs and leadership training

#### THE GOLDEN TRIANGLE

January Issue Deadlines: December 4 all submissions

December 18 Production 6 pm

February Issue Deadlines: January 8 all submissions

January 29 Production

The COLDEN TRIANGLE is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

EDITOR Joy Layton 1048 Mirror St., Apt. 2, Pittsburgh, PA 15217 (412) 422-1995

LAYOUT Kim Metheny
PECDUCTION Don Hoecker
MAILING Roy Weil
ADVERTISING Carol Burtt
HUSTEL REPORTER Cheryl Arnold

HUCH SPURT SHOP

## A LITTLE OF EVERYTHING!

Pittsburgh, Pa. 15237 PENDELTON, DUXBAK, Duo Fold Underwear AND TURTLE NECKS

SOCKS FROM WIGWAM • EUREKA TENTS •
CAMPTRAILS PACKS • MOUNTAIN HOUSE
FREEZE DRIED FOODS • SLEEPING BAGS
BY WENZLE, PENNICAL, WHITE STAGE
THERMA-REST PADS AND MORE!!
SHOP FOR CHRISTMAS NOW!

#### HOW ABOUT THAT PICNIC?

The Fall Picnic was enjoyed by those who attended, but the attendance has been declining over the past few years. We had one of the best squaredance bands in the area playing for us, but we can't afford to keep on doing this if fewer than 80 to 100 people attend... Too much of the ticket cost goes toward entertainment.

How can we make the picnic better for everyone? We want your comments. Leave a message on our answering machine at 362-8181 or send us a note to Picnic, Pittsburgh AYH, 6300 Fifth Ave., Pgh., Pa. 15232. Answers to any of the following would help: Would a Sunday in September or August be better? Do you want squaredancing? Is there a better place for the picnic? Is the cost too high? Should we have more activities? Different foods (hot dogs, hamburgers, and corn on the cob?) Tell us what you want at your picnic!

#### ATTENTION CROSS-COUNTRY SKIERS!

The Ski-Touring Guide to Southwestern Pennsylvania, published in 1979, is getting out of date. As a result, a 5-page update has been prepared to add new information, correct errors and note changes in trails information. To get your copy of this new update, send ZZg postage to Bruce Sundquist, 210 College Park Drive, Monroeville, PA 15146. If you don't own a copy of this guide, send \$2.00 + 69g postage + PA sales tax to: Fran Czapiewski, 7303 Reynolds Avenue, Pittsburgh, PA 15208.

Make checks payable to Pittsburgh Council, AYH. the 55 page guide will contain the new update and you will receive a list of other publications that AYH sells.

### NOTICE REGARDING BAKER TRAIL NORTH

Logging is expected to take place in the vicinity of Baker Trail immediatly North of Houte 66 near Vowinkle. Work has already begun and may extend through 1987 and perhaps 1988. The landowner has explained that for safety reasons the logging company insists that no unauthorized persons be in the area when its crews are working. We are encouraged to avoid this section of the trail during this logging period.

If a need exists to hike in this area, permission should be requested in advance. Contact is - Mr. Glen Rowdemoyer, R.D. #3, Marienville, PA 16239.

#### ANNUAL MEETING AND ELECTIONS RESULTS

The 1986 Annual Meeting of the Pittsburgh Council of AYH was held on October 16, 1986 at the Pittsburgh Garden Center. The member ship received the reports of the current officers and committee chairs on the activities of the past year and on the plans for the coming year and enjoyed a slide presentation on the Rachel Carson and Baker Trails. The results of the election are as follows: OFFICERS -

President - Larry Laude

Vice Presidents - Bill Johnston (first vice president) and Joe Hoechner (second vice president) as elected at the Nov. Activities

Treasurer - Fred Hull

Asst. Treasurer - Jack Asherman

Recording Secretary - Marianne Kasica

BOARD OF DIRECTORS - Don Hoecker, Cathy Lynch, and Bill Johnston

#### COMMITTEES

Secretarial - (chaired by recording secretary) Corresponding Secretary Lynn Eizak, Librarian - Joel Platt, Telephone Response - Lynn Ejzak Membership - Blanche Asherman, Franchise - Mary Ruth Aull

Hostel Development - Joe Hoechner

Hostel Operations - Leonard Benson

Headquarters - Gary Ludwig

Newsletter - Editor - Joy Layton, Production - Don Hoecker, Advertising - Carol Burtt, Hostel Reporter - Cheryl Arnold, Club and Council Reporter - ..... Mailing - Roy Weil.

Council store - Shelley Werner/ Rich Rosenberger

Publications - Bruce Sundquist

Publicity - Joe Hoechner

Trails Coordinator - Glenn Oster, Baker trail Coordinator - Wendell

Phillips. Rachel Carson trail coordinator - Cliff Ham

Service - .....

Environmental Service - Cliff Ham

Special Events - .....

Program - Bob Goff, Assistant - .....

Extended Trips - Bill Johnston/ Marilyn Ham

Local Trips coordinator - Pat Tieman

Canoeing - Rick Tomlinson, Bill Whitehead

Caving - Paul Herre, John Popp, Roy Provins

Climbing - Gary Simmons, Dale Vilsack, Eric Bauer

Cross-Country Skiing - Rick Ulaky, Fred Parker, Assistant - Steve

Tubbs.

The Jagged Sawtooth Mountains Part II continued

and many are massive. Mt. Regan was my favorite and it certainly fulfilled that description.

Throughout the trip we saw many different wildflowers that I had never seen in other parts of the West (let alone the East). I took quite a few pictures of them but some will remain only memories. Climbing out of the Sawtooth Lake basin I found myself taking flower pictures left and right -- sort of a last chance to preserve them on film.

Then came the final descent. I was bringing up the rear for a good while and truly felt sad -- pleased that we had been able to complete such a rigorous, beautiful and awe inspiring trip -but sad that it was all over. I couldn't help but start to think about next year's trip. Where will it take us?

Our patient van was waiting but raring to get on its way. We took time first to take a dip in the chilly waters of Stanley Lake. Sure felt good to wash off the perspiration and get into clean clothes

And off we went to Idaho Falls following the deep green and sometimes whitewater Salmon River (pronounced locally the Sal - like Sally - man). We had a nice dinner at Jakes, used the laundromat for our smelly clothes and hit the sack.

Another beautiful sunny morning. We drove past the falls on the Snake river for which Idaho Falls is named and headed on to the Grand Tetons, stopping first at Teton Village to check out the ski slopes.

The grand Tetons lighted by a morning sun are truly a sight like no other; they just explode up from Jackson Hole. And they were great that morning! We made stops at various places to check them from various vantage points, one of them being Jennie Lake spectacular. I never tire of seeing them. And you know where the climbers headed when we stopped near the climbing school.

We also visited the Church of the Transfiguration, a small chapel type structure built many long years ago. From about the second row of pews you can see an impressive view of the Tetons through a small window. This was a worthwhile stop.

Lunch at Signal Mountain Lodge saw an electrical storm huild up and cross the Tetons -- what a rapid change in character -- sharp lightning, thunder rumbles and rain. But almost as quickly as it came, it went. And so did we -- on to Yellowstone National Park.

In the next part, Glenn will cover the rest of the trip home.

#### THE JAGGED SAWTOOTH MOUNTAINS

Part II

\*This is the second in a three-part narrative by Glenn Oster of this summer's backpack trip to the Sawtooth Wilderness in Idaho. Glenn identified those who made the trip, described the trip out by van and commented on the first three and a half days on the trail; he continues ---.

Down and down we went then, past Lower Cramer lake and along Red Fish Lake Creek; we had a nice conversation with a forest ranger, climbed over our last avalanche slide and continued downward, a total of 2,000', took off our boots and crossed the creek. Next came the tough 1,700; climb (it was astonishing how well Blanche Asherman climbed those hills — she really had prepared herself in advence) past Alpine Lake to the pass (elevation 9,400') and a marvelous view of the Baron Lakes — what a welcome sight 1,000' below us. We camped at Upper Baron Lake and didn't waste much time getting into the sack that night. We only hiked 11 or 12 miles, but they included descents of 3,000' and climbs of 2,700'. We knew we'd had a work out. As usual, though, David Ruppel proved to be the most able hiker — just like last year in the Wind River Range. His father, Tom, did very well and showed much improvement over last year's hike even though this was a more difficult hike.

The fifth day took us to Sawtooth Lake at an elevation of 8,400' 13 miles away. But between Baron Lakes and Sawtooth we had a steady drop of 2,700' (Baron Creek Falls really took my attention) and an immedite and even more steady climb of 2,800'. The troops were pretty tired that evening. And the wind! You should have seen us trying to set up our tents. That's one scene we should have had on movie film. However, it subsided later and we had no trouble making dinner. Rick Feryok's feet were hurting, and he took it pretty easy on the last climb — so much so that were becoming concerned. Some of us were planning to return back down the mountain to make sure he was okay. But he showed and was treated like royalty. We sat him down — one got him something to eat and another a cup of tea — talk about attention! We were well above timberline and the ground was rocky, but there were a few places for our tents and we all slept well that night.

Our last day on the trail was a beauty and probably the next easiest of the trip with climbs totalling 550' and a descent of 2450' over a distance of  $9\frac{1}{2}$  miles. As we hiked beyond Sawtooth Lake and out of that basin we could look back at the pass where we had camped. Mt. Regan loomed down from its vantage point at 10,190'. As I mentioned, none of the peaks are all that high, but most are pointed

#### ANNUAL MEETING AND ELECTION RESULTS continued

Several of the positions - Special Events Chair, Service, Assistant Program, Club and Council Reporter, and Rafting Chair - remain open and will be filled at a later time. If you are interested in serving in any of these positions, please call Larry Laude, Bill Johnston, or Joe Hoechner.

Caroling and Christmas Party!

Thursday, December 18th

Meet at AYH HQ at 6 pm. After we assemble the January issue of the <u>Golden Triangle</u>, we'll go caroling together through Shadyside. Afterwards, refresh-

ments will be waiting at Larry Laude's house at 210 South Atlantic (between Friendship and Penn Avenue.).

WHAT TO BRING: Musical instruments, caroling voices, a holiday spirit, and warm clothes, especially warm shoes.

WHAT ELSE TO BRING: Refreshments, munchies, or beverages. Let Maryanne Frabotta know (call 339-2052 what you're bringing or if you can help set up.

## Start I ne New Year VVIIIn Sierra Club Calendars!

Enjoy the most beautiful nature photography to be found in the world in the spectacular Sierra Club Calendars...brand new for 1987!!!.

Special Discount Prices for A.Y.H. Members. 20% off full retail and sales tax is included!

Proceeds go to support Sierra Club activities in Pennsylvania. Calendars bought in bookstores provide NO local support.

The <u>Ideal</u> Gift!! One Size Fits All! Always the right color!!

Calendars will be available at weekly A.Y.H. meetings or by mail. (See coupon next page.)

WILDERNESS CALENDAR: Our most popular wall calendar. 14 spectacular photos from all across America. List Price: \$6.95. . . A.Y.H. Price: \$5.90.

ENGAGEMENT CALENDAR: A lovely desk calendar with more than 55 full color photographs, one for each week and more! List Price: \$7.95; A.Y.H. Price: \$6.75.

TRAIL CALENDAR: 14 Full-color photos that celebrate man's participation in the outdoor life. List: \$6.95; Your price: \$5.90.(Tax Included.)

WILDLIFE CALENDAR: This wall calendar features 14 color photos of animals from around the world. List: \$6.95; A.Y.H. Price: \$5.90.

POCKET CALENDAR: New this year! A slim calendar that slips right in your shirt pocket, yet still features the gorgeous pictures that you've come to expect in a Sierra Club Calendar! A steal at only



#### EXPO MART SKI SHOW WRAPUP

Pittsburgh Council thanks go out to the volunteers who "personed" the AYH booth at the recent ski show at the Monroeville Expo Mart. These include Joe Hoechner (who secured free booth and furniture rental), Marilyn and Cliff Ham, Blanche and Jack Asherman, Ellen and Mark Chance, Fred and Chris Parker, Lynn Ejzak, Sally Brunson, Kathy Pacacha, Pat Tieman, and the "grunts" Jack Peth and Steve Tubbs. Also, thanks to Bob Goff and Bruce Sundquist for the loan of projectors and to Fran Czapiewski for the quick supply of 20 x-c ski guidebooks (we sold 13!).

SEEN at the show was olympic medalist Billy Kidd (Blanche's reason for going), Pittsburgh Press ski column writer Larry Walsh ("... How about a mention of x-c skiing sometime Larry?), Kathy Lynch, Aylene Harper, mythical member Jack Kowalski ("... got to stop in some Thursday night..."), and even Carol Davis ("...say, isn't your renewal a bit late?).

#### BACKPACKING

Ben Brugmans 736-2751

#### CAVING

John Popp 885-2126 Paul Herre 653-7934 Roy Provins 784-9127

#### CLIMBING

Eric Bauer 687-0766 Dale Vilsack 343-8379 Gary Simmons 327-8338

Climbing during the winter tends toward unofficial pickup style trips since the weather (and the climbers) are unpredictable.

Climbers start to go into hibernation right about now and are likely to be found in their favorite cave, the Evergreen Bar (on Penn Avenue near South Braddock), after the regular Thursday night meeting.

#### HIKING

Dan Martt 921-4638 Kathy Pacacha

#### KAYAKING

Lou Conley 681-8321 Ray Yutzy 341-5682

There will be no scheduled AYH trips between September and May. Trips may be organized informally at the Thursday night open house meetings by those who are properly equipped for cold weather paddling.

#### CROSS-COUNTRY SKIING

Rick Ulaky 422-0849 Fred Parker 824-2638 Steve Tubbs 751-2158

All cross-country ski trips are on a "no snow, no go" basis. Most trips leave AYH HQ at 8:30 am. Contact trip leaders for details and ski rentals. In addition to listed trips, there is Thursday evening skiing in Mellon Park from 6:30. Your XC-ski leader may only be able to unlock the back door of HQ, so walk around. Please bring wet skiis through the back door; don't drip them all over the carpet. Attention all XC-ski leaders: There are first aid kits stored in the XC boot cabinet.



MAIL ORDE	COUPON			
wild	erness Cale	ndars @ \$5	.90	7.75
Enga	gement Cale	ndars 8 \$6	.75	
Trai	Calendars	e \$5	.90	SAINE
Wild	life Calend	ars   @ \$5	.90	
Pock	et Calendar	s - @ \$5	.05	
calendar,	25¢ for ea		al calendar_	
calendar,	25¢ for ea		al calendar_	
calendar, (10 or mor	25¢ for ea	ch addition	al calendar_ BB!)	_
calendar, (10 or mor	25¢ for ea e to same	ch addition	al calendar_ SE!) TOTAL	
Calendar, (10 or mor NAME: ADDRESS: CITY: Make check	25¢ for eace to same	ch additionaddress, FRI	ZIP	
calendar, (10 or mor NAME: ADDRESS: CITY: Make check	25¢ for eace to same	STATE:_ to: Sierra ( Allegher	ZIP	

WOTE: Dick Nellor will be on hand wh the Dec. 4 & 11 AYH meetings to

personally sell you a copy of the Sierra club calendar!

#### WET AND WONDERFUL IDEAS !!!!

For you or for gifts.



MASK, FINS AND SNORKEL

Discover the UNDERWATER WORLD !

From \$50.00 complete set.

INTRODUCTION TO SCUBA Jan. 7.

A Great way to TRY IT! Just \$10.00

SCUBA CERTIFICATION COURSE . Jan. 21.

A GREAT activity for Women and Men of all ages.

WET SUITS 1/8" or 1/4"

Comfort while Paddling, Windsurfing, Sailing...

Boots and Gloves, too. 3 January

SMILEY'S SCUBA SHOP

Mention this ad and get

12985 Route 19

Wexford, PA 935-6667

A FREE GIFT



#### THE PRESIDENT'S CORNER

The results of the Annual Meeting and Elections are shown elsewhere in this issue of the Triangle. On behalf of the Council, I'd like to thank the members who were able to give us their time over the past year and to those who will be doing the same for the next year.

More thanks go to Marianne Kasica and her crew for another successful, albeit underattended Fall Picnic. We all had good food, good times and good square dancing.

At the November Activities Board Meeting, the budget for 1987 was reviewed and approved for submittal to the Board of Directors for final approval. Bill Johnston and Joe Hoechner were elected as Vice Presidents. Final review and approval of the budget will be at the November 12th Board of Director's meeting.

## **WIND & WATER BOATWORKS**

(Formerly Paddlers World)

SAIL BOATS
G

GIFTS, ACCESSORIES
SERVICE
FOR THE SAILOR

AND CANOEIST

## **SAILBOATS & FITTINGS**

ALCORT - ISLANDS - HOBIE HARKEN - SCHAFFER - SAMSON

## CANOES

MOWHAWK - GRUMMAN - SEDA

10 Miles North of Turnpike Exit on Route 8 Towards Butler

412-586-2030

(Closed Mondays)

#### PITTSBURGH COUNCIL MEMBERSHIP SALES AGENCIES

AYY membership! Atlas Travel Service 9th Floor Kaufmann's 400 5th Avenue Pittsburgh, Pa. 15219 (412) 261-0248

University Travel 3955 Forbes Ave. Pah., PA 15213 (412) 621-3492

Hourglass One Hour Photo #380 South Hills Village Upper Level Bethel Park, PA 15102 (412) 854-3686

Lenz Travel Service 173 South Main St. Slippery Rock, PA 16057 (412) 794-4833

Travel Agents International 1746 Washington Road Upper St. Clair, PA 15241 (412) 835-8070

The organizations listed below will be happy to sell you an Pittsburgh Travel House -3510 5th Avenue Pittsburgh, PA 15213 (412) 687-2234

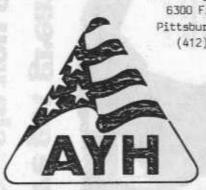
> Ohiopyle Youth Hostel P.O. Box 99 Ohiopyle, PA 15470 (412) 329-4476

W.V.U. Outdoor Recreation Center Mountain Lair Student Union Morgantown, W.V. 26506 (304)293-2203

Center for Travel 114 Hiester St. State College, Pa 16801 (814) 238-4987

Edinboro Travel Service 122 Erie St. Edinboro, PA 16412 (814) 734-1639

Pittsburgh Council AYH 6300 Fifth Avenue Pittsburgh, PA 15232 (412) 362-8181



## **n** hosteling News

Have you formed any holiday plans yet? Well keep Sat., December 6th free because you've been invited to a cala Christmas party at a mansion! Bob and Joan Beard, the houseparents of the Ironmaster's Mansion Youth Hostel in Pine Grove Furnace State Park are giving the party "to thank everyone for the whole year" and they're inviting everyone (AYH members as well as non-members) to help them celebrate!

The Mansion will be decorated with wreaths, hollyk, candles in the fireplace and a 8 foot Advent Wreath in the large dining room. There will be a Christmas tree freshly cut for the occasion and all you are asked to bring is a homemade decoration for the tree. Joan and Bob will be providing plenty of refreshments. Joan explains that it's not a sit-down dinner, but with all the punch, hot cider, dips, vegetables and other snacks, you won't leave hungry.

The party will begin at 4 pm and it'll be organized as an Open House so you can come later if you want. There's plenty of room to stay overnight Saturday (for the \$7 overnight fee). And I've been told that you can even snuggle up in your sleeping bag next to the tree and sleep to the tun of sugar plums dancing in your head!

If you stay overnight, there'll be lots to do on Sunday There are beautiful wooded trails where you can see lots of wildlife, including deer.

This is their second annual Christmas Party. Joan said that there were about 40 people at last year's party, including Ed Garbey (author of a book on the Appalachian Trail). There was banjo music and lots of carol singing.

If you'd like to come with a group, there will be a trip from Pittsburgh AYH traveling out to the hostel on Friday night. If you've never seen the hostel before, a picture of it is on the cover of the 1986/87 Handbook. But you owe it to yourself to pay a visit. It is outstanding! Contact Cheryl Arnold at 422-8581.

Thanks Bob and Joan for the wonderful invitation to help usher in the Christmas Spirit! ... Cheryl Arnold, Hostel Reporter



Glenn Oster and I, and all the hikers and backpackers who use the Baker Trail, thank the many volunteers who contributed their time and energy to help maintain this 140 mile trail. To the following people and to those whose names we do not know, thanks again, see you in the Spring. ...Wendell Phillips

Blanche Asherman
Jack Asherman
Ben Brugmans
Carol Burtt
Clyde Colledge
Maya Fishkis
Judy Flowers
Flo Gaskill
Marily Harbough
Tom Kaveney
Joy Layton
Elsie Williams

Royanne Mac Dan Martt Chuck Punzell Pat Tieman Pete Sirini Skip Toby Sommers Jim Utzig Marie Utzig Walter Vaux Dale Williams

Williams



HEADQUARTERS SEARCH

Yes friends, Pittsburgh AYH is still searching for a new-HQ building! (A potential building type is shown here) to run down some of our needs: approx 5,000 sq. ft., program seating. for 100+, ground floor space for coundil store, office space for file storage, publications, newsletter production, business meetings, president, membership supplies, etc. Equipment storage area with easy street access for our fleet of canoes, kayaks, rafts bikes, skis, roller skates, etc. Also convenient off-street loading free parking, security system, rent, RESIROOMS, nice neighborhood (East Fin preferred). If space and zoniny permits, a Youth Hostel could the included Contact Joe Hoschner.



# SIKI SILOFO Nobody handles winter better

nockdown

UNEQUALED SELECTION OF SKI FASHIONS
AND EQUIPMENT

DOWNHILL & CROSS COUNTRY RENTALS

CHILDRENS PROGRAMS

FULL SERVICE REPAIR SHOP

South Aiken at Pembroke P Shadyside • 412/683-9600 Laurel Mountain Ski Area

egot great ski package est you get started

10

15

#### WILDERNESS LODGE

#### SKI WEEKEND

JAN. 30, 31, FEB. 1

AND

FEB. 13,14,15

If you like your lodging intimate and rustic, and your ski trails tracked and groomed, this is the weekend for you. In the Erie snowbelt near the New York border.

Cost - \$40.00 - this covers: lodging Fri. & Sat., 2 breakfasts (eggs, toast & coffee), and one roast beef dinner. Cash bar. Trail fees \$5 per day. 3 to 6 people in a room with assorted doubles, singles and bunks.

Limited to 32 persons. Possibly already sold out, so check with Bill Johnston before sending a check made out to Pgh. AYH for the full amount. Send checks to Bill Johnston, 3499 Denny St., Pgh., PA 15201. Call Bill at 687-4893.

No refunds after January 15 unless your spot can be sold to someone else.

NAME_ ADDRESS	Harris	10 to 10	207
PHONE	AYH MEMBER?	YESNO	100
Member cost: \$40 Can you drive?	Non-Member: \$45	riders?	
	be efect the control	et affer the be	





#### BICYCLIST'S CHRISTMAS WISH LIST

If people keep bugging you for gift ideas, or if you are trying to think of something to get a bicyclist, here are some ideas:

Helmet - if you do not yet have a good bicycling helmet, you are long overdue for one. Also, if your present helmet is more than five years old or has sustained an impact you really should get a new one. The good news in helmets is that the price has not really changed much over the past few years and the selection is much larger.

Rain Wear - Wet weather riding is not usually very pleasant, so many bicyclists like to avoid it; however, there are times when wet weather is unavoidable. In those times, good rain wear can make what would have been a terribly uncomfortable ride bearable. When choosing rain wear, I suggest looking for a rain suit as opposed to a poncho since ponchos tend to catch a lot of wind and get in the way. Stay away from "miracle" fabrics like Gore-tex. I am not convinced that any of these "miracle" fabrics will ever work for bicycling and, even if they did, their cost does not justify the rather small gains that they offer. Stay with a coated nylon which has lots of ventilation and can fold compactly.

Tights — I think that for cold or cool weather riding, cycling tights are one of the best items of clothing to wear. They do not get caught in the chain, do not restrict movement, and do not fall down when they get wet. The Lycra tights are especially nice on marginally warm days when the temperature is too cool for shorts. Since lycra tights are worn over shorts, they can be peeled off and easily stowed when the weather warms. In additions to lycra, tights are also available in wool, polypropylene, and other materials. They can also be worn for cross-country skiing.

Eyewear - Riding goggles, especially the wrap-around style plastic kind, are great both for protection from the sun and from debris. They are a must for contact lens wearers. Prices range from \$6.50 to \$60.00. Do not overlook the less expensive ones, since they do work rather well.

					DECEMI	BER AY	H TRIPS
DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
5-7	FSS	Backpack	Easy/Int	Glenn Oster	384-7854h 234-3967u	7:30pm	Hike through history on the Dil Creek Hiking Trail in the Drake Dil Well/ Titusville Area. Call for info and reservations.
5-7	FSS	Hike	A11	Cheryl Arnold	422-8581h 622-8:77⊌		Weekend trip to Ironmaster's Mansion Hostel. Pine Grove Furnace State Park. Enjoy the Christmas party Saturday night! Reserve early!
6	Sat	Ski	All	Rick Ulaky	422-0849	8:30	Meet at HQ for the first official x-c ski trip of the season. If no snow, then we'll go hiking.
7	Sun	Ski	A11	Joe Hoechner	371-3403	8:30	Bamb out with Joe.
7	Sun	Hike	Easy	Wendell Phillips	831 - 2604	8:00	Hike section 4 of the Baker Trail.
13	Sat	Hike	Int	Glenn Oster	364-2864	8:00	Hike in Cooks Forest.
13	Sat	Hike/Ski	Adv	Norm Snyder	351 4068	8:00	Bushwhack to Wheeling Creek.
14	Sun	Ski	Inter	Eric Bauer	687- 7766	8:30	TATALE A CASE AND AND AND AND A CALLES - DECL
14	Sun	Cave	Beginner	Roy Provins	784-91.7		Bear Cave
16	Tues	Hike	Easy	Norm Snyder	351-40F	8:00	Guyasuta Boy Scout Camp. 3 miles from HQ. Call between 10am-12noon or 5-7 pm.
19-20	FS	Hike	Easy	Bill Johnston	687-4893	7 pm	Leave Friday night and spend the night at Ohiopyle Hostel. Then on to Meadow Run Trail in the morning.
20	Sat	Ski	All	Chuck and Lynn Ejzak 466-6195 8:30		THE RESERVE BE SHOW HOWELD SOMETHOUGH STATE STATE OF	
21	Sun	Ski	A11	Jeff Marsh	466-7841	8:30	the Aright feat - Statistic West and Asia and the State of a
21	Sun	Hike	Easy	Wendell Phillips	831-2604	8:00	Hike section 6 of the Baker Trail.
-27	Sat	Ski	All	Jack Peth	921-7214	8:30	The perfect opportunity to work off excess holiday fat!
28	Sun	Ski	All	Dan Martt	921-4638	8:30	Don't miss your last chance this year to x-c ski with AYH!
Jan 3	Sat	Ski	All	Rick Ulaky	422-0849	8:30	
Jan 4	Sur	Ski	All	Fred Parker	824-2638	8:30	
7		4171	Camer	Disaska Asharman	020 0100	0.00	Disphar Pilin englishne

# PITTSBURGH COULCIL AMERICAN YOUTH HOSTELS

TRIPS



#### TRIPS & TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee (50¢ per half day or evening). IN ADDITION non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee covers insurance (\$1930 medical/\$1900 accidence) death or dismemberment).

AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity write-up, where you may find more information. After you've read over everything, call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring. Ask where you'll be going. How late will you arrive home? What is all this going to cost you? Remember, AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental, and any other expenses (we often stop at a restaurant on the way home).

AYH trips are geared toward individuals who independently sign up for trips. If you have a group that wishes to go, it is important for the leader to contact the trip leader early, and it may be necessary for the trip leader to speak with every tripper.

13

Dear Friend of AYH:

Welcome to another year of hosteling! Think about how long you've been a supporter of American Youth Hostels. Hosteling is still one of the best bargains around. Unfortunately, the costs of providing services continue to rise over the years. Please take this opportunity to help us pay for your monthly newsletter, mailing the AYH handbooks, our "Open House" programs, and the maintenance of our rustic headquarters building in Mellon Park, Shadyside.

We have finished the complete renovation of the kitchen at our Ohiopyle Hostel, costing over \$3,000 and are now faced with replacing the oil furnace! Also, we have to expand our "war chest" so as to find a new headqarters when the planned expansion of the Pittsburgh Center for the Arts gets underway. Donations to one of these special projects would be very appreciated.

Please use the form below to indicate the direction of your gift with checks being made out to "Pittsburgh AYH". All contributions are still tax deductible for 1986. Please note that tax reforms may reduce your deductions for charitable contributions in 1987.

Thanks for helping,

Joe Hoechner

Vice President, Pittsburgh Council

Mail to: AYH Treasurer, 6300 Fifth Avenue, Pittsburgh, PA 15232

