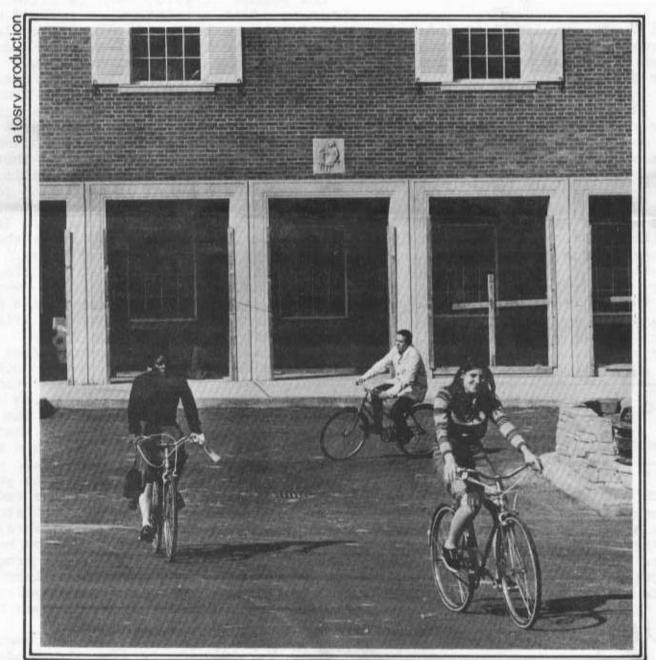


pittsburgh council, american youth hostel, inc.

Volume 23, Number 3

March 1972



PITTSBURGH COUNCIL SERVICE PROGRAM

Kids at Home for Crippled Children, above, enjoy AYH bicycles (details inside)

Thursday Evenings 8:30 p.m. with Marta Hurwitz

March 2 ,

Ski the Outer Limits, movie of slalom skiing, trick skiing and ski diving (in slow motion!)

March 9 Movie -- Sentinel, West Face A great climbing movie.

March 16 Hal VanZoeren lived in India for three months. He will show his view of Indian temples, including the Taj Mahal.

March 23 Sierra Club Film--Miner's Ridge Filmed in Glacier Peak Wilderness Area. Spectacular scenery, few words.

March 30 The annual spring thrill of White-Water. A review of danger and a preview of excitement. Slides shown by Mary Shaw and Kathy Spindt. * * * * * * * * * * * * * * *

HAVE YOU PUT YOUR NAME IN FOR THE NEW ACTIVE MEMBERS PHONE LIST????

(drop this into publications box)

Name_		
Phone no.		

The AYH GOLDEN TRIANGLE is a monthly of the American Youth Hostels, Inc. Editor: Katherine M. Spindt 364-2447 Production: Peggy Brehm 371-3084 Artist: Greg Siple

* * * * * * * * * * * Will you be there? The HCC-AYH BICYCLE PROGRAM by Greg Siple

The Pgh. Council of AYH has supported *an unusual service project at the Home *for Crippled Children during the past

The idea for the project stemmed from *the inner-city programs that other AYH *Councils have run for underpriveleged *youth. The Home for Crippled Children, *a rehabilitation center, treats patients *with a variety of physical, intellectual *and emotional handicaps.

The program began on a small scale in *the summer of 1970, when 14 different *young adult patients were invited to *ride on the Council's evening cycle *trips. The Council's rental bikes were *used without charge to the Home.

* Early in the summer of 1971, National *AYH supplied 5 bicycles to the Council *for the program. The bikes are kept at *the Home on a permanent loan basis. *The bikes are available at all times *and the Home makes good use of them. *All rides are under staff supervision. *During 1971 over 30 of the young adult *patients enjoyed 20 different rides, *most of them to the city parks. In *addition, another department at the *Home took advantage of the bikes. Young *male patients in the 10-12 yr. old *range made use of the bikes on over *100 occasions. The bicycle rides have *become a bery popular activity with *the kids.

*1972 promises to be an even bigger year *for the bicycling at the Home. School's *Cycle Center provided at cost a tandem *bike to the Council that is being lent *to the Home as a supplement to the *original 5 bicycles. It means that *many kids who have never ridden a bike due to their particular handicap, will *be getting their first ride this year. Though the winter weather has reduced

publication of the Pittsburgh Council *the number of rides, it has not stopped *the program, and already a cerebral 6300 Fifth Ave., Pittaburgh, Pa. 15232*palsy victim and a young amputee have *enjoyed the tandem. Also, the program *has been expanded in another direction, *as young adult patients are regularly *attending the Thursday Night Open House at the Hostel.

Although only about \$100 has been spent by the Council (for the tandem, repairs, etc.) hundreds of hours of cycling have been enjoyed by about 50 youngsters who otherwise would have missed cycling entirely!

WANT ADS/ et cetra

April 8--Nature Stroll in Todd Sanctuary near Freeport.

April ? -- Wild Food Gathering

April 1 -- Special April Fool's Day Trip--Annual Kite Flying and High Tea. Call Cathy Lynch (361-3707).

Annual Canoe Trip Canada 1972.
Howard King's week-long trip to
the wilderness, August, 1972.
This year to the Spanish River,
Northwest of Sudbury, Ontario.
Lakes, rivers, rapids, portages.
See the April Triangle for more
details.

Canoeing Season is upon us.
Is your wet suit patched??
Do you have wet gloves this year?
Is your boat unsinkable??
Can you find your paddle??

FOR SALE--17 ft. Grumman
(Private Owner) good condition
with 3 six inch blade paddles
cushion preservers
knee pads, painters
\$200 with equipment or best offer
Call WILLA LYNN 731-1115 (days)

WANTED--Typist with an electric typewriter, for typing multilith mats for AYH's ever-growing collection of publications. \$1.00 per mat, \$2.00 per table. Contact B. Sundquist 327-8737.

FOR SALE--17 ft. Grumman with shoe keel. In good condition. Asking \$125. Call G. Robertson 363-2050

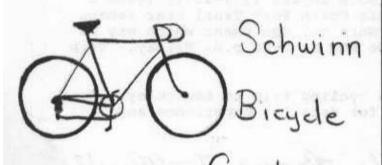
FOR SALE--4 man, yellow raft. \$35. Call G. Robertson 363-2050

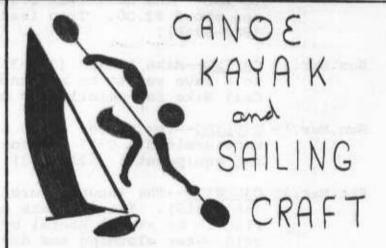
BOAT STORAGE--Space available for canoes (other than 17 ft.) Squirrel Hill Area. Call George Robertson, 363-2050!!

Parts and repairs for all makes.

Schwinn Bicycle Center Floyd Newingham 740 Fifth Ave. New Kensington, Pa. 15068

Phone - 335-6464





SOMETHING THE WHOLE FAMILY CAN ENJOY

Fiberglass open canoes and white water kayak kits for sale.

Trailcraft, High Performance Plastics

701 Wood Street Wilkinsburg, Pa.

Phone 371-4802

11-5 weekdays

7-9 Thur. & Fri.

TRIPS and TRAILS

- Sat.Mar. 4 HIKING--Baker Trail Hike, 6-8 miles on Section 1, Freeport to Schenly. Enjoy spectacular views from high cliffs overlooking the Allegheny River. Plan to leave with Greg and June Siple (421-3794) from the Hostel at 8:30 a.m. with light lunch, \$1.50.
- Sat.Mar.11 HIKING -- Day hike. Area to be announced!! Larry Giventer (422-9282) leads.
- Sun.Mar.12 HIKING--Settler's Cabin Park Area. Amy Mueller (683-8239) will be leading a 3-5 mile Sunday afternoon hike for those of us just starting a physical activity program for the new year, or those of us who can only afford a Sunday afternoon. Leave AYH at 12:00 noon with perhaps a light snack and about \$1.00.
- Sat.Mar.18 HIKING--Mount Washington (Pa.) Hike. Morie Oberg (279-5774) leads a 9-10 mile hike from Mt. Washington Park ending up at the "Attic". Leave AYH at 9:00 a.m. with light lunch and good hiking shoes. Trip cost of \$2.00 includes dinner.
- Sat.Mar.18 AYH BANQUET -- The 24th annual banquet to be held at the Kontiki on Ohio River Blvd. (All you have to do is make your reservation and find a way to get there!!) See the opposite page for details.
- Sun.Mar.19 HIKING -- Hike Section 4 (Cochren Mills to Idaho) of the Baker Trail on your goal to complete the Baker Trail in '72. Plan to leave the Hostel at 8:30 a.m. with a light lunch, canteen, and about \$2.00. Trip leaders are Rich and Nancy Bartoo. (882-9368).
- Sun.Mar.19 CAVING--Mike Lamark (381-3563) leads a beginners cave trip to a cave yet to be announced. Leave AYH at 8:30 a.m. Call Mike for details and equipment needed.
- Sun.Mar.19 CYCLING -- Tom Wilner leads a cycling trip to a place as yet undetermined. Call Tom for details as to difficulty, cost and equipment. (521-4603). Leave AYH at 10:00 a.m.
- Sat.Mar.25 CANOEING -- The Annual Laurel Hill Trip will be lead by Gene Cone (561-7115). Intermediate canoeing experience necessary. Plan to be at the Hostel by 8:30 a.m. with lunch, \$5.00, cold water clothing and dry clothes. Reserve a place with Gene.
- Fri.Mar.24 HIKING--North Fork Trail. Norm Snyder (371-2371) leads a Sat.Mar.25 10 mile hike along the scenic North Fork Trail near Seneca Rocks in W.Va. Check with Norm for equipment which may be needed for this trip. Leave AYH at 7:00 p.m. Friday. Trip cost about \$5.00.
- Sun.Mar.26 CYCLING -- Allen Sher leads a cycling trip to Sewickley. at AYH at 10:00 a.m. Call for details, experience and equipment (421-4429).

Plan to attend the Banquet-Mar. 18.

| | 6.º M |
|--|---|
| Pittsburgh A Y H | BANQUET |
| Sat. March 18,1972 | 24th annual |
| The Kontiki- | 512 Ohio River Blud. |
| 6:30 p.m. Social hour | Donation \$5.50 |
| 7:35 Dinner | (includes gratuity) |
| 8:30 Entertainment
CIrish Dancers,
Singing) | American food (seating arranged according to Polynesian food choice of food!) |
| Camp Horne Rel. Green Bett Avalon OUTO RIVER BLND. | (get a good map!) Bellevue (Construction (North Side |
| To Sewickley Avo | Month Line Ohio R. Blud. |
| Please clip and mail before RESERVATIONS: NAME | ore March 10,1972 [reservations limited] |
| ADDRESS | |
| LEASE RESERVE Polynes | sian dinners; or the following American |
| | Shrimp, Ham steaks |
| o. of Adult Reservations @ \$5.50
o. of Youth Reservations @ \$5.00 | Make checks payable to: Pgh. Council, AYH, Inc. |
| MAIL TO: Mrs. K. Lew | 305 N. Negley Pgh. Pa. 15206 |

RESERVATIONS MUST BE MAILED BY MAR.10, 1972

| min | Tue | Wed | Thurs. | F-1. | sat. | Sun, |
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in India. | 17 | Mt. Washington
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AYH Banquet | Bakertrail
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Miner's Ridge
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| 27 | 2.6 | 29 | m. Shaw/K Spindt
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