

golden
triangle

ayh

pittsburgh council, american youth hostel, inc.

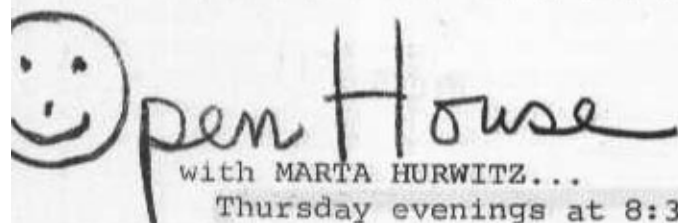
Oct 71



TOSRVART-GREG SIMPLE

[backpacking]

 he AYH GOLDEN TRIANGLE is a monthly pub-
 lication of the Pittsburgh Council of the
 American Youth Hostels, Inc.
 300 Fifth Avenue, Pittsburgh, Pa., 15232
 Editor: Hugh Gilmour, Phone: 362-8181
 Artist: Greg Siple


 with MARTA HURWITZ...
 Thursday evenings at 8:30 PM

October 7...Thursday night at the cinema..
 Jack Kowalski prepares for winter week-
 is with a 90-minute film, "The Great Ski
 ase."

October 14...Bring 'em back alive, Stan
 d Jerry Sattinger, fresh from a National
 ld Life Federation safari to the Rockies
 d Yellowstone show us what it was like.

October 21...AYH releases the freeze on
 s officers and the membership elects a
 w group. Come prepared to exercise your
 nocratic rights! Short business meeting
 ll be followed by another first, a panel
 scussion on "What makes a good leader?"
 ve popular, experienced leaders give
 air versions on the subject. What can
 i add?

October 28...In Boston, they'll be cele-
 ating the founding of Harvard University
 1636, but here in Pittsburgh, it's the
 ual Halloween party, so stop lurking in
 e pumpkin patch, create your own costume
 l come prepared for folk dancing and
 icks and treats. Cider and doughnuts
 : all. Last party of the month!

 R SALE: Guitar and case. Owner has
 itched medium of expression and would
 ke to unload former said expression.
 ne price; it might go for a song.
 ll 243-8416

 R SALE: Old-fashioned washing machine
 d tubs. Ecologically sound; saves water.
 ing at \$15.00 June Siple (421-3794)

 MISTOUR IS COMING...June, 1972...
 bicycle rider's dream!

NOMINATING COMMITTEE ANNOUNCES NEW SLATE OF OFFICERS FOR COMING YEAR

* The nominating committee, composed of
 Marta Hurwitz, Mike Hurwitz, George Rob-
 ertson, Kathy Spindt, Ruth Stackling, and
 Roy Weil, will present the following
 slate to the membership at large at the
 annual business meeting, October 21.

President: Roy Weil
 Treasurer: Fred Hull
 Program: Marta Hurwitz
 Trips and Trails: Mike Hurwitz
 Canoeing: George Robertson
 Hiking: Morie Oberg
 Cycling: Jack Batchelar and John
 Winowski
 Climbing: Henry Fisher
 Caving: Mike LaMark
 Winter Sports: Jack Kowalski
 Baker Trail: Dave Porterfield and
 Eb Moll

Public Relations: Judy Hurst
 Triangle Editor: Kathy Spindt
 Triangle Production: Peggy Brehm
 House::Gary Ludwig
 Membership: Sandy Slife
 Hostel Policy: Mary Shaw
 Service: Jack Leahy
 Misc. Publications: Bruce Sundquist
 Board of Directors: Don Hoecker

The office of secretary is still open to
 anyone who wishes to run.

 Jack Kowalski reminds tennis players
 that the tennis tournament will close
 this month. Please make every effort
 to play as many matches as you can.
 Jack...681-1611

 MARY BRINCKA reminds all ice skaters
 that the season is soon about to start
 Strengthen those ankles, polish up tho
 skates and begin humming the strains o
 the skater's waltz...1-2-3, 1-2-3..

 YOUR EDITOR'S FAREWELL ADDRESS
 This space has been reserved for the
 annual farewell speech from your edito
 I won't bore you with the usual, "If I
 have brought a little joy into your
 life..." Actually, deadline time has
 always been something of panic time,
 and I'm happily handing over the pencil
 and scratch pad to Kathy Spindt. Many
 thanks to everyone.

BACKPACKING THE SUSQUEHANNOCK TRAIL by Don Levenson

"It's like taking your home with you." Those words from my eleven-year old daughter, on her first backpacking trip, really tell the story. As we left Hamersley Fork in North-central Pennsylvania, we did indeed have everything we needed for three days packed onto aluminum frames fitted with a compartmented bag. She carried about fifteen pounds, including a down-filled (best for minimum weight and warmth) sleeping bag, a short foam mattress pad, coated nylon poncho, sweater, range of clothing and a few personal items. Good old Dad carried about forty-five pounds, including a two-man tent (an inexpensive tube tent is very adequate for any hikers), a polyethylene ground cloth, cooking pots and pans, food (dehydrated cups and meals, nuts, dried fruits, tropical chocolate bars, cheese, fruit juice crystals), a collapsible plastic bucket (great for getting water, taking a sponge bath, washing clothes), a canteen (next time she'll carry one too, as each person needs his own supply), soap and assorted first aid items, miscellany-like knife, matches, nylon cord, plus my duplicates of the things she had. Incidentally a cotton baby diaper makes a great towel.

So loaded, we headed into the woods. They are beautiful. A grove of white birch trees were outstanding, but the trail went the other way or something so our fearless leader, Morie Oberg, who is really great with the map, compass, and reading the woods, led us on a bushwhack (cross-country or whatever awaits) through dense mountain laurel, over rocky slopes, and finally into the proverbial sylvan forest, tall trees and slopes covered with centuries of leaves. We caught a glimpse of two deer before reaching a suitable creek-side area for our night's camping ground.

The second day we became lost again, but Morie's compass kept us on course over hill and dale, through dense weedy areas, rocky stream beds, and into the forest primeval. We chanced upon an interesting agstone quarry (not shown on the 1946 topo map) and crossed our fingers as a thunderstorm just missed us. Finally we hit the trail we sought, and it led into a perfect camping area at the juncture of two streams. The water was great for bathing, the campfire was cheery, and the night was very still.

On the third day we hiked the beautiful Susquehannock Trail, a well-marked footpath running high along the range, through open forests, across a high tableland of mountain laurel, and gradually down a leafy wonderland. All too soon we reached the end of our journey at the village of Cross Fork, having hiked some twenty-five miles.

We topped off with a refreshing swim at the Alvin R. Bush Dam, then drove home with new friends, a perfect holiday weekend.

P.S. The eleven-year old came through with flying colors on this "moderately strenuous" hike. Why don't you join us next time.

TEN COMMANDMENTS OF THE NEW EARTH

- Live in harmony with all the earth and with every living thing.
- Return to the earth all the organic treasures she freely gives you.
- Do not put greed above duty, nor wealth above wonder.
- Do not demand useless or unnecessary things.
- Ask for not more than a fair share of the earth.
- Fight to protect the earth; it is your home.
- Be masters of technology and not its slaves.
- Make beautiful and enduring whatever is to be made.
- Keep faith with future generations, and be wise guardians of their inheritance.
- When all this is done, come together with all your brothers and sing the joy of the earth.

(Composed by the Environmental Teach-in of the city of Milwaukee)

HIKES and TRAILS

TOBER....hiking at its best...cool, brisk afternoons...flaming foliage...harvest
ons....crisp apples...a harvest of pumpkins, cider and peanut brittle.

Friday, October 1 to Sunday, October 3...KEYSTONE TRAILS ASSOCIATION MEETING at Camp
chaux. Fee includes two overnights and five meals. Hike the Appalachian Trail
shorter hikes throughout the area. It's possible to do three hikes each day.
are dancing and singing in the evening. \$12 to \$15 cost. Don Woodland(563-5419

Saturday, October 2...INTERMEDIATE CYCLING...in the East suburbs, covering 30-35
les. Cost: \$1.00 plus rental. Mary Brincka (431-6491) Leave HQ at 8:30 AM

Sunday, October 3...INTER-
DIATE CYCLING...in the beautiful Ligonier area, covering 25-30 miles. Cost: \$1.5
as rental. Mike Hurwitz (731-1083) Leave HQ at 8:30 AM

Wednesday, October 6...ROCK CLIMBING GROUND
SCHOOL #2...Meet in HQ building at 8 PM. Enrollment limited to those who have com-
pleted Climbing School #1 or its equivalent. Reserve with Hal Van Zoeren (243-6564
ork: 683-7000 Ext 256)

Saturday, October 9...HIKING...8-10 miles along the @old
ader's Path with the effervescent, Marge McIntyre. Wear comfortable hiking shoes
l bring lunch, canteen and your own special necessities. Cost: approx. \$2.50.
ave HQ at 8:30 AM. (486-3067) All hikes leave from the upper parking lot.

Saturday, October 6...INTERMEDIATE CYCLING...in the
shington/Green County area, covering about 35 miles. Cost: \$2.00 plus rental.
ader: Larry Giventer (422-9282)

Saturday, October 6...ROCK CLIMBING SCHOOL #2...
: those who have attended Climbing School #1 or its equivalent and Ground School
. Leave HQ at 8:30 AM for Coopers Rocks with suitable gear, lunch and about \$3.0
serve by October 5 with Hal Van Zoeren (243-6564; Work: 683-7000 Ext 256)

Friday, October 10...HIKING ON BAKER TRAIL...Section 10 (Summerville to Fisher)
miles. Assemble at 8:15, leave at 8:30. Fee \$3.00. Eb Moll (441-0226)

Saturday, October 16...BEGINNER'S HIKE...from Jumonville to Mt. Braddock, described
one of the most scenic areas in Western Pa. and at a time when the fall foliage
ould be at its best. Bring light lunch, canteen and comfortable walking shoes...
l \$2.50. You'll cover eight miles at a leisurely pace. Leave HQ at 8:30 AM.
dy Slife (661-9043)

Sunday, October 17...INTERMEDIATE CYCLING...in the Washington
nty area, covering a distance of 30 miles. You'll encounter 7 covered bridges.
st: \$1.80. Leave HQ at 8 AM. Mike LaMark.

Sunday, October 17...BEGINNER'S HIKE...
ve Porterfield leads an 8-10 mile hike along the Forbes Trail. You'll need a
ght lunch, canteen and comfortable walking shoes and about \$2.00. Leave HQ at
30 AM. (452-7071)

Friday, October 22--Sunday, October 24...BACKPACKING HIKE...a
erate 12-15 miles along the Appalachian Trail with Morie Oberg, in the Pine Grov
rnace Area. Several backpacks are available for rent from AYH, but you must pro-
le your own sleeping bag and food. Leave HQ at 7PM Reserve with Morie (279-5774)

Friday, October 24...CYCLING 50 IN 5...in the Fox Chapel area. Leave HQ at 7:30 AM
s: \$1.50 plus rental. Call Jack Batchelor (963-7868) or Doug Slife (661-9043)

Friday, October 24...MAINTENANCE HIKE ON BAKER TRAIL...For details call Eb Moll
41-0226)

Friday, October 22 to Sunday, October 24...HIKING WEEKEND...at the site of the Iroquois Indian God Rock Park, 8 miles north of Emlenton. Stay overnight in cabins. You'll need sleeping bags, hiking shoes, musical instruments, games, anything to make the weekend a memorable one. All meals included. Leave 6 PM. Call Sherry Woods (321-9028) except Thursday mornings.

Monday, October 25...ROCK CLIMBING
GROUND SCHOOL #3...Meet at HQ at 8 PM. Enrollment limited to those who have completed Ground School #1 and #2 or their equivalent. Call Hal Van Zoeren (243-6564)

Friday, October 29 to Sunday, October 31...ROCK CLIMBING SCHOOL #3...Experienced climbers and climbing school graduates will leave HQ at 7 PM for Seneca Rocks in West Virginia for the last climbing weekend of the year. You'll need a sleeping bag, climbing gear, food, and about \$6.00. Reservations by October 25 are a "must". Call Hal Van Zoeren (243-6564)

Saturday, October 30...HIKING...a pleasant 8 mile hike along the Youghiogheny River; ideal for beginners. Bring a lunch, canteen and comfortable walking shoes...and \$3.00. Leave HQ at 8:30 AM. Leader to be announced later.

Saturday, October 30 to Sunday, October 31...CYCLING WEEKEND...in the Laurel Mountains, covering about 65 miles. Bring camping equipment. Leave 7AM from HQ. Call: Jack Batchelar (967-7868) or (761-3200 from 9 to 5)

Friday, November 5 to Saturday, November 7...HIKING ON BAKER TRAIL...Sections 12 and 13, (Camp Tionesta to Cook Forest) a 2-day hike of a total of 22 miles. No backpacking. Hike Saturday from Camp Tionesta in Allegheny National Forest to the boundary of the State Game Land and continue on Sunday from there on the Baker Trail extension to the fire tower in Cook Forest. Stay 2 nights in cabins. Fee of \$11.00 includes two breakfasts and one dinner. Assemble Friday evening at 6:45, leave at 7 PM. Reserve with Jim Hurst (276-0447)

Personality
OF THE MONTH



Meet HAL VAN ZOEREN, rock climbing chairman, hiker, backpacker, skier, folk dancer and mountain climber. Hal is another of our members inflicted with a wanderlust, and his duffle bags have been kicked around in some of the more unusual places.

This is Hal's first post on the activities board. He has been a member of the Pittsburgh Council for almost three years. Originally from upstate New York, Hal went to high school in Schenectady, to Hope College in Holland, Michigan, and to graduate school here at Carnegie-Mellon where he is currently employed as a research programmer.

Keeping track of his mail must be a chore for the post office department, for he has lived in California, in Mexico, in India, and in Amsterdam. He has traveled and hiked in Peru, backpacked and skied in the Sierras, the Tetons, the Rockies, explored in Zion Park, and just recently returned from East Africa where he climbed Kilimanjaro.

He is another of our members supporting the efforts of the Sierra Club and other conservation groups, is currently serving as president of the Pittsburgh Climbers Association and as a member of the Folk Arts Committee of the downtown Y. He has danced in the Folk Festival with the Israelis, the Hungarians, the Scots, and the Croations. You'll note in the Trips and Trails section that he will be conducting a three session rock climbing school for AYH'ers which might be an excellent opportunity for you to become acquainted with Hal Van Zoeren.

WATCH FOR NEXT MONTH'S ISSUE EDITED BY KATHY SPINDT...THE NEW NEW GOLDEN TRIANGLE

31 HALLOWEEN... See you in the pumpkin patch.	Calendar for OCTOBER...				1 Keystone Trails Annual Meeting Camp Michaux	2 Cycling
3 <u>Cycling</u> GRIP wants old tincans bottles, etc.	4 Child Health Day Say Ah! Full Moon	5 Lois Ann and Abbie Two days to go before.....	6 Rock Climbing School#2 	7 OPEN HOUSE The Great Ski Chase	8 Count the candles Sandy... All lit?	9 Hiking Cycling Rock Climbing School
10 <u>Hiking</u> could be a lucky day for you!	11 The new Columbus Day...by proclamation 	12 State Conservation Convention in Pittsburgh AYH Board Meeting	13	Deadline 14 G.T. OPEN HOUSE Wild Life Safari	15 National Poetry Day "Hike, bike, psych;"	16 Hiking
17 Cycling Hiking on the Forbes Trail	18 Wherever you are, Betty Bierer celebrate!	19 The Penn Theater was recycled!	20 Check those autumn leaves.	21 OPEN HOUSE Business Meeting Panel Show	22 Backpacking Weekend Hiking Weekend at site of future God Rock Park	23
24 United Nations Day Cycling Hiking on Baker Trail	25 The new Veterans' Day... Rock Climb School #2	26 Erie Canal opens 1825. Water then unpolluted.	27 Smile Cathy Lynch we know you're only 25!	28 OPEN HOUSE Halloween Party... Folk Dance	29 ROCK CLIMBING Weekend Wall St. crashed --1929	30 Hiking on the Yough

Pittsburgh Council
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