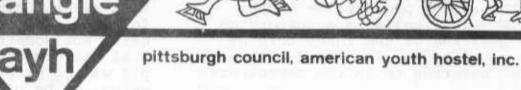
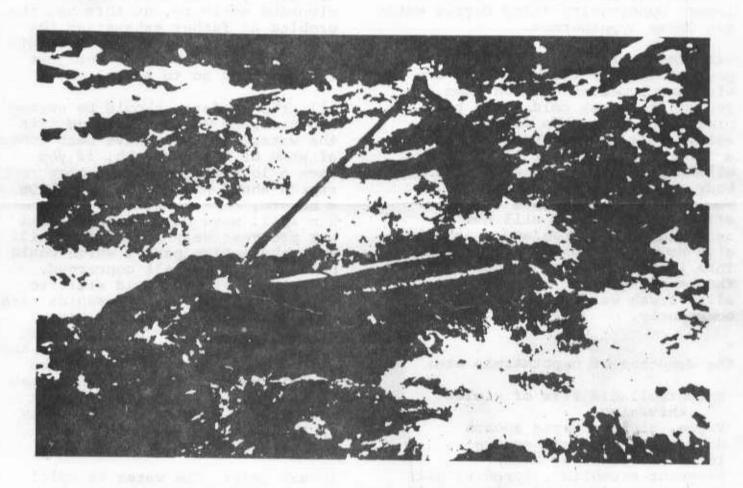
## ATTENDED AND golden triangle



Volume 25, Number 4 APRIL 1974



MINDBLOWING FOR

GO AYH

Spring paddling is just around the corner, the birds are calling, and it is hypothermia time again for paddlers. Hypothermia is definded as the rapid, progressive mental and physical collapse accompanying the chilling of the inner core of the human body. The "died of exposure" referred to in the newspapers.

This condition results from cold and is encouraged by exposure and exhaustion. Its onset is helped greatly by wet and wind - the natural environment of boaters. Given the proper opportunity fifty degree water can cause hypothermia.

Defenses againist hypothermia are protection from the water and the wind and immediate action when you begin to get cold. The best protection is a skin diver's wet suit. This suit works by trapping a layer of water next to the body, allowing it to be heated by the body and not letting it escape. Wool clothing will have a similar effect, although it will not be as efficent. Cotton and synthetics give no protection at all when wet. This is because they do not trap the water againist the body but allow fresh water to flow in constantly.

The symptons of hypothermia are:

Uncontrollable fits of violent
shivering
Vague, slow, slurred speach
Memory lapses, incoherence
Immobile, fumbling hands
Frequent stumbling, lurching gait
Drowsiness ('to fall asleep is to die')
to die')
Inability to get up after a rest

If these symptoms appear, you must treat them immediately. The victim may deny that he is in any trouble; however, believe the symptoms, not the paddler. He will tell you that he feels great, and indeed he does due to the exhiliration of increased circulation trying to warm up his

chilled body. Get the victim out of the wind and water. Remove all wet clothing and get him into dry clothing or a warm sleeping bag. On a river a handy thing to carry for this emergency is a "space blanket". Put something under the individual and wrap him in the blanket. Supply warmth externally by a fire, warm water, or by placing him next to another person who is okay. Supply warmth internally with a hot drink (not alcohol, as this will aggravate the circulation problem and make him drowsy). An alternative is vigorous activity, but this has the problem of futher exhausting the victim. Someone must stay with him to be sure that he does not just lie down and go to sleep.

All trip leaders should be warned about anyone who has flipped into the water. He will have been robbed of some of his strength. If you have a long way to go and more tough rapids ahead his weakness will be a hazard, because fatigue will make him spill more easily and he will get progressively worse. This will slow the entire party, which could be dangerous for all concerned. At some point he should start to walk around the tougher rapids with someone else carrying his boat, or even leaving the boat and walk out the remainder of the trip. Any paddler who has canoed very much in cold weather and water has seen this happen. It is too frequent and must be watched for carefully by the trip leader and by all members of the party.

In any case: The water is up!!! So go enjoy the spring canoeing season, but be on the alert for the cold. It is killing.

e Western Pennsylavania Conservency, rough a grant from the Allegheny undation, has quietly bought about 00 hectares (9300 acres) on the stern slope of Laurel Mountain, opping from the Laurel Highlands king Trail almost to route 711. is area, which runs from about kilometers south of route 31 to out one kilometer north of the rnpike, will be conveyed to the mmonwealth, and is expected to be naged as a primitive area for such w density activities as hiking d nature study. This is the rgest land acquistion project in e history of the Conservency.

soon as you begin to walk through e brooding woods of this area, you ll begin to call the place "Mounin Streams". The area is drained three small streams, and the ter is so clean that you can drink straight. There is something interest to see at any time of a year. the diversity of birds dother wildlife in the summer; ll's blaze of color; the icy freshes of a winter snowfall. But there nothing quite so pleasing as untain Streams in the springtime.

en the nourishing rains combine
th the warm temperatures, this
ld area bursts into life. The
rdwood forests begin to turn a
sh green and the wildflowers appear
colorful succession. And always,
ep in the forested valleys, is
e sound of a cool mountain stream
nbling over moss-covered rocks.

Roaring Run valley is perhaps
most beautiful area in the
most under tract. Starting down
valley from an initial elevation
just under 4300 meters
may be startled by something
have not experienced in some
me: quiet. But soon as you drop
per into the dark valley, the
illness will be broken by the
und of rushing water.

Roaring Run begins as a series of tiny rivulets and springs that meander down the valley until they combine to form the main stream. When you reach the series of small to medium waterfalls you will hear why Roaring Run got its name. If you approach the pools below the falls carefully, you may see the small native brook trout that live there.

As you follow the stream down the valley, you walk several sections of old logging roads. The loggers have been through all three stream valleys, so of course the gaint oaks are long gone. But as much through accident as anything else, the land was never used for farming or grazing. As a result, the forest soil and herbaceous layers remian undisturbed. Mountain Streams has never been anything but a forest, and because of action by the Western Pennsylvania Conservency will never be anything but a forest. Your great grandchildern will stand under the 90-foot oak that is today a seedling struggling up through a greenbriar thicket.

Although you cannot call this a true wilderness area, it is definitely wild-- you will learn that quickly enough if you bushwhack cross-country in mid-summer. The logging roads provide a trail of sorts, but you must be prepared to cross the stream occasionally. The streams are not wide or deep at any point, but there are no bridges, and the moss-covered rocks can be very slippery. In several places the stream has taken over the logging road and you must walk carefully on the six inch berm between the rhodendron and the stream.

The Mountain Streams area is about 8 kilimeters east of Donegal on Rt 31. Go right on Roaring Run Rd, then left on Tannery Rd to Camp Alliquippa to find the downstream end of Roaring Run. Go up Rt 31, right on Fire Tower Rd, sharp right at the tee, and stop kilometer later to get to the upstream end of Roaring Run. This sets up an 8 kilometer hike, all downhill.



I saw my first armlight several years ago and bought one immediately. What a marvelous little device—it was simple, cheap, lightweight, highly visible, and I didn't have to clutter up my bike or have to pedal harder to make it work. The one problem it developed was that it didn't always work.

The first armlights were French and were marketed with the uninspiring name, Pile Wonder. The Japanese have since produced one. Desiring to compete price-wise with the French, they made it an exact copy—defects included.

We've learned a lot about keeping these little sweethearts shining---we would like to let you in on it.  $\varrho$ 

Never force the cap of your light on. This can cause the cap to crack, the socket threads to strip or the bulb to break. Check to make sure the spring is properly seated and push the batteries down with

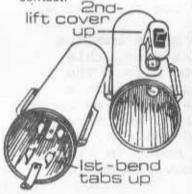
your finger to overcome any reluctance. Lenses can be easily switched if necessary. If your light flickers on and off or doesn't work at all, check the little brass finger which protrudes from the cylinder. If it is bent over, bend it back up straight. If this is not the cause check to see if the bulb socket threads are stripped. If they are, wrap the bulb counter-clockwise in tinfoil, then screw it back in.

We have been told that wearing the light upsides down and wrapping the batteries in masking tapes to prevent rattling around, helps solve flickering problems.

Next - try a new bulb, often if the solder at the base of the bulb is flattened it won't work.

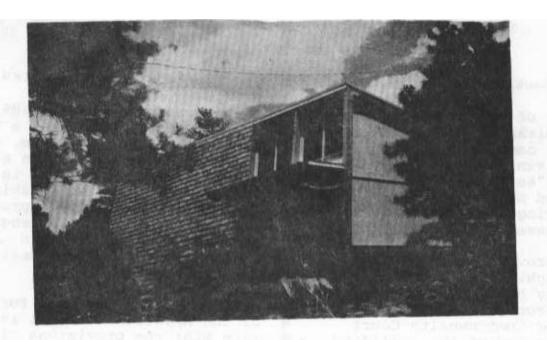
Check your batteries before going on to the next step - you may kick yourself otherwise.

If all else has failed, you can take apart the switch. Inside the cylinder there are four metal tabs which are part of the chrome switch cover and serve to hold it on. Often these are covered up by a plastic strip attached near the open end. To uncover them pull the strip out. With a needle nose pliers unbend the tabs (a small screwdriver or pocket knife may also work). When you remove the cover you will have three pieces, cover, plastic switch block and brass contact plate. Switch problems develop because the brass plate is not making proper contact.





To fix this, bend the brass plate into more of a "V" shape (Figure 1) and/or crimp the ends of the switch block (Figure 2) so the ends of the brass plate cannot fully seat in the flat in the switch block. Reassemble the switch placing the "V" shaped plate UPSIDE DOWN. Hold the cover down tightly while you bend the tabs over on the inside. If the end pulls off the strap, take a screwdriver or a kitchen knife and pry the end open. Reinsert the strap and squeeze the end closed with a pliers.

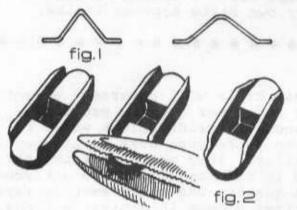


### HOSTEL OF THE MONTH

## Congregational Church Hostel Flagstaff, Arizona

The area surrounding the hostel is blessed with great scenic beauty, and is close to several Indian reservations and ancient Indian ruins. The 6,900 ft. altitude makes for pleasant temperatures even during the summer. In the city of Flagstaff you can visit the Museum of Northern Arizona with its excellent Indian displays, and the Lowell Observatory, and the many shops dealing in Indian made articles.

How to fix your ailing ARMBAND LIGHT (Contd)



Finally, please don't resent your armlight.
Think about the quality of anything you've paid less than two dollars for in recent years and you won't feel so bad.

Ninety (90) miles to the north across a high plateau of forests and scrubs is the south rim of the Grand Canyon National Park. While to the south is Oak Creek Canyon with its unusual rock formations, and swimming at Slide Rock which has to be one of the finest natural swimming holes in the world. Other points of interest in the area are the Meteor Crater to the east and the Navajo and Hopi Indian Reservations to the north. Four national Monuments in the vicinity are Sunset Crater, Walnut Canyon, Montezuma's Castle, and Wupatki.

Flagstaff, Itself, is surrounded by the Coconino National Forest which offers excellent hiking, fishing and camping facilities. The North American Bike Atlas lists two different rides that use the Congregational Church Hostel. Bethlehem Package H.B. 1425,1426,1427#

Three bills of concern to everyone # concerned with the quality of the # environment have been introduced into# the Pennsylvania House. They are # called the "Bethlehem Package", and # are numbered H.B. 1425, 1426, and # 1427. Hearings are curretnly being # hel d on these bills. #

H.B. 1425 provides that anyone who feels he might be adversely affected economically by any rule of the Department of Evironmental Resources (DER) can petition Commonwealth Court to make a review of the "validity or reasonableness" of the rule. The authority to review is much broader than that traditionally assumed by the court, and would require the court to go into technical details of resource management. A result of this bill would be a massive testing of DER rules in a wholly new fashion. In limiting the right to petition for review to those affected with "financial or economic interests" the bill excludes # petitions on the grounds of environ- # mental quality or aesthetic interests.#

H.B. 1426 provides for a new variance # procedure for air polluters. If # the pollution source is a "limited # life" facility, (one which is planned # to be phased out), it can be exempted # from clean-up for 14 years if the # cleanup is not required to bring # the regional air quality up to # standard. The bill also provides # that once controls which meet current standards have been installed, the pollution source will not be required to install additional or new controls to meet revised air quality standards

H.B. 1427 is similair to H.B. 1426 except that it applies to water pollution sources and allows a "limited life" facility to be exempt for 14 years without regard to the resulting level of water pollution.



The Trails Bills: H.B. 189 and 190

Pennsylvania House Bill 189 provides for the establishment of a Pennsylvania State Trails System, consisting of recreational trails in and around cities and scenic trails in the more remote areas, for both hiking and biking. It will provide protection for existing trails, a program for development of new trails, and the linking of current trails into a larger system.

House Bill 190 provides for protection of the Appalachian Trail in connection with the provisions of the National Trails Act of 1968.

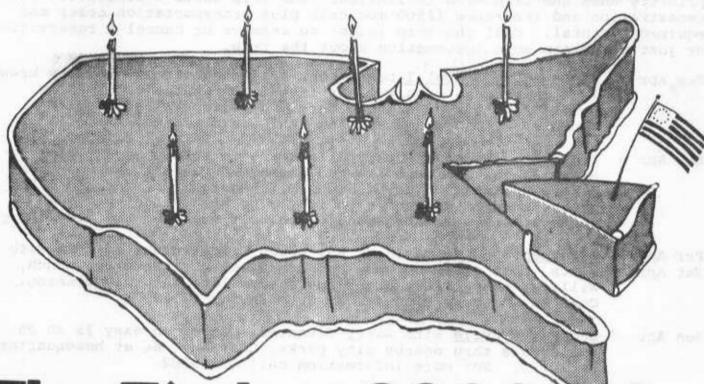
These bills have been approved by the Conservation Committee and by the House on the second reading. They are now awaiting specific action by the appropriations Committee for an allocation of funds for next fiscal year. Without an allocation of funds the Department of Environmental Resources will oppose these bills as they do not want to be told to do a job and have no money to do it with.

It has been indicated by the chairman of the Appropriations Committee, Rep. H. Jack Seltzer that there is a real possibility for funds if there is enough citizen interest in the bills. Write a letter to him and to your own State Representative.

These bills will adversely affect air and water quality programs. Economic considerations would be given preference over environmental quality. They would restrict the DER in efforts to imporve environmental quality and would severly restrict citizen groups in similar actions. Another likely result is that the state regulations would differ greatly from the federal regulations in environmental matters.

Write to your Pennsylvania House representative, or to Rep. William W. Wilt, Chairman of House Committee

## **BIKECENTENNIAL 76**



# The 76 day, 3000 mile bicycle birthday party.

BIKECENTENNIAL 76 is a planned trans—America bike tour for possibly up to 10,000 bicyclists along the nation's backroads, Pacific to Atlantic—with organized tour services of daily equipment shuttle, prepared foods, detailed maps, camps and temporary hostel facilities.

Based on 76 different starting dates, from May 16, 1976, through July 30, 1976, riders from throughout the United States and the world would register for 14-76 days of bicycling's best. Emphasis will be on attracting foreign visitors and families, but all age groups will share in 3,000 miles of America's first trans—continental bike trail.

The route is being carefully chosen for maximum safety, almost entirely on secondary roads winding through the rugged pine mountains and lava fields of the Northwest, the rolling golden grain of the north prairies, the dense pine and dairy lands of the Northern Great Lake States, then south into Kentucky Bluegrass, the blue hazed Appalachians, ending along the Atlantic Seacoast. Emphasis will be on the back country, the small communities, ranch and farm lands, forests or wilderness regions, or vast stretches untainted by superhighway systems and cities. The well marked BIKECENTENNIAL route will become a permanent bikeway to be enjoyed by cyclists for years to come.

The 76 day crossing is based on leisurely 40–60 mile daily distances, with one day breaks each 6–8 days, and two of 4–5 days in major scenic areas. Families with limited vacations can select 2, 3 or 4 week trips, such as the Kentucky Bluegrass Tour. Each BIKECENTENNIAL TOUR will have 50 trans. America riders, and from 30–50 others joining for shorter sections, thus offering continuous variety in riding companions.

Special BIKE-INNS teamed by a special staff will handle daily equipment shuttle, tasty well balanced meals, and operate the dry outdoor or indoor sleeping areas. Small specialty stores and repair services will also be offered, especially at major stops.

BIKECENTENNIAL 76 is being organized by some of the most knowledgeable bicyclists and touring promoters in the country. The concept came from Greg Siple, originator and king time publicity director for TOSRV, America's biggest bicycle touring event. Dan Burden, originator and leader of the 2 1/2 year HEMISTOUR expedition, now enroute from Alaska to Argentina is also one of the organizers. Additional help is coming from respected cyclists and organization leaders across the United States.

As BIKECENTENNIAL will probably be the largest bicycle touring event in history, additional help is needed. Research teams, a volunteer staff for up to 2 years work is needed. As many as 100 trip leaders, 300 assistant leaders, area coordinators, and BIKE—INN teams all need to be selected and trained in special sessions one year before the event.

BIKECENTENNIAL 76 is a low cost, non-profit event run exclusively to promote appreciation for healthful bicycle recreation and travel, and to help renew interest in America's dwindling backcountry. If you feel 1976 is the year to bring before America its need to celebrate and keep alive the forests, farms, folk and fellowship of rural America...If you are an active cyclist, blike organization leader, community official, corporation representative, or know of someone who might be interested in putting DIKECENTENNIAL 76 together, write us and offer your suggestions or help for making 1976 more than a celebration of the past.

BIKECENTENNIAL 76
317 BEVERLY AVE.-MISSOULA, MONTANA 59801 USA

рс	Keep me informed
name	Lighted Shipster Li 12 Year New
address	
	zip

## TRIPS AND TRAILS

The trips listed below are open to the public except that AYH members have priority when the trip size is limited. The trip costs includes 40¢ for regestration and insurance (\$500 medical) plus transportation costs and equipment rental. Call the trip leader to reserve or cancel a reservation, or just to obtain more information about the trip.

- Tue Apr 2 Map Reading School I Learn what a black square, or a wavy brown line means on a topo map. In fact learn what a topo map is. Course is given at headquarters, no prerequisites required. Regester with Jim Roberts 362-5792 before hand,
- Sat Apr 6 Beginner hike of about 12 kilometers in the Sommerset area.

  Bring lunch, hiking boots and either \$4 or \$8 to headquarters before departure time of 8:00 AM. Return either around 6 PM or around 8 PM depending on if you go with group to dinner.

  Reservations with the leader Mike Wolf 563-4368 are neccessary.
- Fri Apr 5 Intermediate Caving in W. Va. Leage Friday night at 7 Pm with Sat Apr 6 boots, tent sleeping gear, and cookware, breakfast and lunch.
  Will car camp Friday night and return late Saturday evening.
  Cost \$6. Reserve with leader Nrom Snyder 371-2371.
- Sun Apr 7 Beginners Cycle with Larry Giventer. Cover an easy 15 to 25 kilometers thru nearby city parks. Cost 40¢. Be at headquarters by 10:30. For more information call 422-9282.
- Sun Apr 7 Beginners Hike of 13.5 kilometers on the Harmony Trail in the North Hills. Bring lunch, rain gear, and\$1.25 to headquarters for departure time of 8:30 AM. Call the leader Dave Porterfield at 471-1733 for details and to reserve.
- Sat Apr 6 Keystone Trails Assoc Council Meeting The hike chairman and the Sun Apr 7 Baker trail chairman are going to this meeting. They will be camping in the Wellsboro Area. Others are welcome to come. The Keystone Trails Assoc is an organization of organizations that are concerned with the maintainence of trails on Pennsylvania.
- Sat Apr 13 <u>Kite Flying</u> in Schenley Park. Leave headquarters at noon or meet in Schenley Park at 12:30. There will be an Easter Egg hunt and high tea served all for \$1.50. Bring your own kite Resevations are necessary. Call Cathy Lynch 361-3707.
- Sun Apr 14 Beginners afternoon Bicycle Ride thru the Fox Chapel area.
  Bring your Easter bonnet, bike and snack along with 40¢ to
  a 1 PM departure from headquarters. Reserve with Ralph
  Hempel at 963-8080
- Fri Apr 12 <u>Bicycle camping trip</u> thru Washington and Green counties to Sat Apr 13 W. Va. Join John Wronosky and friend Oscar for this three
- Sun Apr 14 day trip. They promise to use the flatest, scenic route possible, but plan to cover 80 to 100 kilometers per day. Cost \$10. Call John at 431-1373 between 8-10 PM for reservations and details
- Wed Apr 11 Backpack leader school to the Dolly Sods area. Trip is limited
- Thu Apr 12 to 5 intermedate or advanced trippers with preference being
- Fri Apr 13 given to future trip leaders. Will need full B-P gear, compass
- Sat Apr 14 and 3 meals per day, also ability to navigate with compass
- Sun Apr 15 and topo map. Call Jim Roberts 362-5792 for reservations.

## TRIPS AND TRAILS (CONTD)

- Thu Apr 11 Backpack the Mid State Trail in central Pennsylvania. This is Fri Apr 12 a new trail which is being maintained by the Penn State Outing
- Sat Apr 13 Club. An intermedate trip that will cover about 90 kilometers
- Sun Apr 14 needing full B-P gear and a tent. Trip plans to leave the evening of the 11 and return either Sun or Tuesday night. Call Cliff Ham 687-4960 for costs and details.
- Fri Apr 19 Intermediate Hike in the Spruce Knob area of W. Va. Will leave Sat Apr 20 headquarters at 7PM friday, and carcamp overnight and then return late Saturday evening. Bring hiking boots, camp gear, rain gear and food. Cost \$5. Call Norm Synder 371-2371 for reservations
- Sat Apr 20 Moderate Beginners Bicycle in Westmoreland County of about 40 kilometers. Bring lunch, bike and \$3. Trip will be meeting in three places. At Point Park dorms to pick up the regional AYHers leave at 8:30, from headquarters leave at 9:15 and from Kaufmans parking lot on Business Route 22 in Monroeville at 10:00. Be sure and call Rich Feder at 362-0989 for reservations
- Sat Apr 20 Rafting Need experience, wetsuit. Call Zinkand, 381-3555.

  Sat Apr 20 Beginners Hike on the Racheal Carson Trail. Will be leaving Point Park dorms where the Regional meeting is happening at 8:23 and departing from headquarters at 9:08. returning about 4:30 in the afternoon. Travel will be by PAT bus. Cost of \$1.50 includes bus fares. This 8 13 kilometer section of the trail includes a nice view on a bluff overlooking the river. For information call Jim Roberts 862 5792
- Sun Apr 21 Early Bird Bicycle Leave CMU's Skibos parking lot at 5:30 AM with An easy cycle ride to Point Park dorms as the sun rises. From there wander around downtown Pittsburgh with the various people from the regional meeting and return to Point Park in time for Breakfast with the entire regional group. After breakfast you can either attend the regional meetings or continue to cycle. Cost 40¢ plus about \$1 for breakfast cafeteria style. Call Roy Weil 681-5131 for details. no reservatoons necessary.
- Sun Apr 21 Beginners hike around Downtown Pittsburgh and Mount Washingtown.

  Leave from the regestration desk for the Regional meeting at noon. Cost 40¢ regestration plus 35¢ for incline if you have not bought PAT's \$1 weekend pass. Call Mary Shaw 681-5131 for details and reservations.
- Sun Apr 21 Moderate beginners Bicycle between South Park and Mingo Creek Park. Joe Hoechner will set an easy pace for all beginners over the 40-50 kilometer course, Will need lunch and a ten speed bike. Leave Headquarters at 8:30 AM (Cost 90¢) or meet in the Park (Cost 40¢) at 9:30 AM. For details call Joe 343-2465
- Sat Apr 27 Beginners Bicycle on an easy trip near Ligonier. Trip will cover 30-40 kilometers at an easy pace. Bring lunch and \$3.00 to headquarters at 8:00. will leave at 8:30. Call Mike or Marta Hurwitz 731-1083 for details and resevations.
- Sat Apr 27 Wildflower Hike to Ackerman Nature Reserve with Linnea Freeburg and Claudia Grape. Bring hikeing boots, rain gear if necessary, \$1.00 and your flower book, and lunch. Leave headquarters at 10 AM. Call Linnea at 661-0663 to reserve.
- Sat Apr 27 Canoeing Icebreaker Easy whitewater, but still need wetsuit or wool. River choice depends on gas and water. Gordon Bugby, 371-4733.

## MORE TRIP AND TRAILS (CONTD)

- Sat Apr 27 Joint Hike with Audobon Society along the Buffalo Creek. This hike of about 13 kilometers will start and end in the Todd Sancturary. Beginners are welcome. Leave headquarters at 9AM and return about 5PM. or meet at the Sanctuary at 10AM. Cost will be \$1.50 for transportation. Bring lunch. Reserve with Cliff Ham 687-4960
- Sat Apr 27 Exhibit at the Todd Sanctuary in Freeport. AYH will be manning an exhibit booth showing equipment and pictures of various activities in conjunction with Earth Week. Contact Jim Roberts 362-5792 if you would like to help.
- Sun Apr 28 Beginners Hike in the Bear Run Nature Reserve of the Western Pennsylvania Conservency. Bring lunch, raingear, and \$3.50.
  Reserve with Jane Downing 521-8563 or 281-3900 X446.
- Sun Apr 28 Intermediate Bicycle to get in shape for T.O.S.R.V. or for National or other Council Extended trips. Joe Hoechner leeads an 65 kilometer in Washington County. Bring Lunch, \$2.50 and plan to leave headquarters at 8:15. Drivers are needed so reserve with Joe at 343-2465.
- Fri Apr 26 <u>Intermediate Backpack</u> to the Dolly Sods area. Leaving Friday Sat Apr 27 night at 7:30 and returning Sunday evening. Need B-P gear Sun Apr 28 food. Reserve with the Leader Jack Leahy 935-4188

10 day advanced backpacking with Mike Wolf in the Bridger Wilderness area of Wyoming. trip will probably cover 80-100 kilometers of this wild region. Cost should be in the range of \$125 to \$150. Call and let Mike know if you are interested. 563-4368

One week Canadian Canoe Trip Intermediate and advanced white water canoeists may join us on the Madawaska River from Whitney to Griffith Ontario. The trip will include some choice rapids as well as some falls. at some points it will be necessary to potage the equipment. Needed will be camping gear and food for six days on the river. Leave Headquarters Friday Aug 16 at 8PM and return Sunday Aug 25. Cost will be \$40.00. Reserve with Howard King. 264-1386.

T.O.S.R.V. participants who have received your acknoledgement letter should contact Joe Hoechner 343-2465 to arrange transportation. He currently trying to set up a bus at \$10 per person, but he needs to know if you are in by May 1st. If he does not have enough people by hhen he will have to cancel the bus.

The Delaware Valley Council AYH has available a collection of brochures, maps, etc. describing the numerous scenic, recreational, cultural and historic attractions of southeastern Pennsylwania. These publications would be of help to anyone planning a hostelling trip in this region. They can be obtained by sending \$1.00 to the Delaware Valley Council AYH, 4714 OLD York Rd., Philadelphia Penn, 19141.

100 mile bicycle tour of Wilkes-Barre, Pa, the fourth anual will ne held on Sunday June 23 this year. This tour will travel thru scenic mountain area and is sponsored by the Wyoming Valley Bicycle Club. Applications can be obtained from Hugh King, Ride Chairman, 241 Machell Ave., Dallas Penn. 18612.

A Pittsburgh Council Century Ride that rarest of all AYH activities 100 miles in 10 hours is a great way to get in shape for T.O.S.R.V or for National and other Council extended trips. All are welcome Sunday May 5th at North Park Lake Bikeway.

The township of Mt. Lebanon has recently started a feasibility study to look into this possibility.

A public meeting was held Feburary 18 in the townships municipal building with about 25 people attending. Under the direction of Mr. Larry Mason and Mr Jim Rixner a detailed questionaire was ditributed and the townships preliminary aims were explained.

This study is being conducted by the Department of Parks and Recreation so therefore the primary goal is recreational bicycling. Mentioned by the township people was the possibility of closing off some roads for bicycling in the spring on a Sunday, as a means of gauging interest in the study. Among other subjects discussed was the use of the skybus right of way for a bikeway and provisions for bike parking at skybus or streetcar stops.

If you are interested in this study and would like a copy of the questionaire, call Mr Mason or Mr Rixner at 343-3400. If would like to attend future meetings, leave your name, adress and phone number with Joe Hoechner 343-2465 and he will keep you posted as to times and dates.

If you would like to make suggestions# AYH EASTERN REGIONAL MEETING directly to PAT regarding the possi-# bility of a bikeway along the skybus route, write to Mr James R. Maloney, PAT Early Action Program, Beaver and Island Avenue, Pittsburgh,# Penn 15233

Wanted to buy - experienced Kl and accessories. Cathy Lynch 361-3707

Sears cabin tent, excellent condition, only 2½ years old. Includes room divider, poles, amd stakes. Call Jim Hirsch 371-3109 after 5

Yugo Cl in good condition \$75. with floatation bags, skirts and paddes \$100. Call George Robertson, 823-5517

Open House is held every Thursday evening. Everyone is welcome, member or not. Doors open about 7:45 with the program starting at 8:30. Come find out about us.

April 4 Hiking and Crafts in Southern Appalachians, join Joe Levine in his solo odyssey of last August through parts of Mononegahela Jefferson, and Nantahala National Forests.

April 11 Kathy Lynch shows slides of her travels through South America.

April 18 Celebrate Earth Week!! tonight's program features a film from the Allegheny Environmental Coalition.

April 25 Spring is here, but Mike Wolf recalls winter with tonight's slide show of winter backpacking trips

# # # # # # # # # # # # # # # # # # # Anyone who participated in a National AYH trip and would be willing to share their experience with those interested in going this year, please contact Mary Leathen, program chairman

Representatives from each of the nine councils in the region will assemble in Pittsburgh at Point Park College on Apr 20-21 to discuss regional activities and goals.

Sessions are all day Sat. and Sunday moring. You are invited to attend, or if you would like to meet hostellers from other councils there will be a dinier Sat. night, followed by an informal gathering at a member's house. Weekend trips have been scheduled close to Pgh. so members of other councils can participate Reservations are necessary. We indiced will red in

Your help is also needed for regestration, catering, and local hospitality. Please call Roy Weil 681-5131 and offer your services.

An ancient oriental machine which operates with out expending fossil fuel, the kite has a glorious history. Kites have been used as artobjects, sporting equipment, scientific apparatus, and tools of war. Each year the Pittsburgh Council celebrates the kite with the annual kite flying trip. The AYH has managed to use kites for all of their traditional purposes.

For the kite flying trip, home-made or store-bought kites gather on the appointed day (April 13 this year) on the field (Schenley Park in Oakland) to fly or just to tangle in the trees. Traditional high tea is served, honoring or inventing a different tradition each year.

Jolunteers are needed to help Cathy Synch with the planning. Call 361-3707 and offer your services.

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Membership Application Form: send to

The spring bicycling season is upon us. The bicycling chairperson, Joe Hoechner, would like to hear from past trip leaders.

Also qualified new leaders, 18 years and up, are urged to come forward with their favorite trips.

Hostel trips have been noted for participation in all age groups, and Joe is wondering if he can get a little more youth into the trips by having family trips. Perhaps some trips could be lead by parents with their little "backset riders" along.

If you would like to lead a trip, or even if you think you might like to lead a trip this spring or summer, let Joe Hoechner know. Stop by headquarters any Thursday evening or give him a call. 343-2465

Name: Last, first	initial		Intend to use pass in Europe  Is this a renewal?	
Street Address			Age: (if under 18)	
City telephone	State	Zip	Type of pass: Dues given in paren Youth (under 18) \$5.00 Adult (18 and up) \$10.00 Family \$12.00 Life \$50.00	

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yping, Publication production,	Photography,	Artwork
Maintenance of: Bicycles, Canoes,	Baker Trail,	Headquarters
rip Leading, Open house programs	, hosting foreign	
Activity Instruction: area,	Editing	, Writing

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The GOLDEN TRIANGLE ia a monthly publication of the

Pittsburgh, Council American Youth Hostels, Inc. 6300 Fifth Avenue Pittsburgh, Penn 15232

editor: Roy R. Weil production: Joel Platt

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Pennsylvania Chapter, Sierra Clu
Jim Roberts
Mary Shaw
West Virginia Wildwater Assn
Western Pennsylvania Conservancy

Mon 1	Tue 2	Wed 3	Thur 4  OPEN HOUSE FIRING +CRAFTS IN APPALACHIA	Fri 5	Sat 6  CAVING  RECIPIES HIAE  KEYSTONE TRA	Sun 7 BEGINNERS CYCLE BEGINNERS HIRE
8	ACTIVITES BOARD MEETING	10	SOUTH AMERICA	OACK PACK	KITE PLYING  CLE CAMPIN  MIR CENTRA  LEADER SHIP	
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