

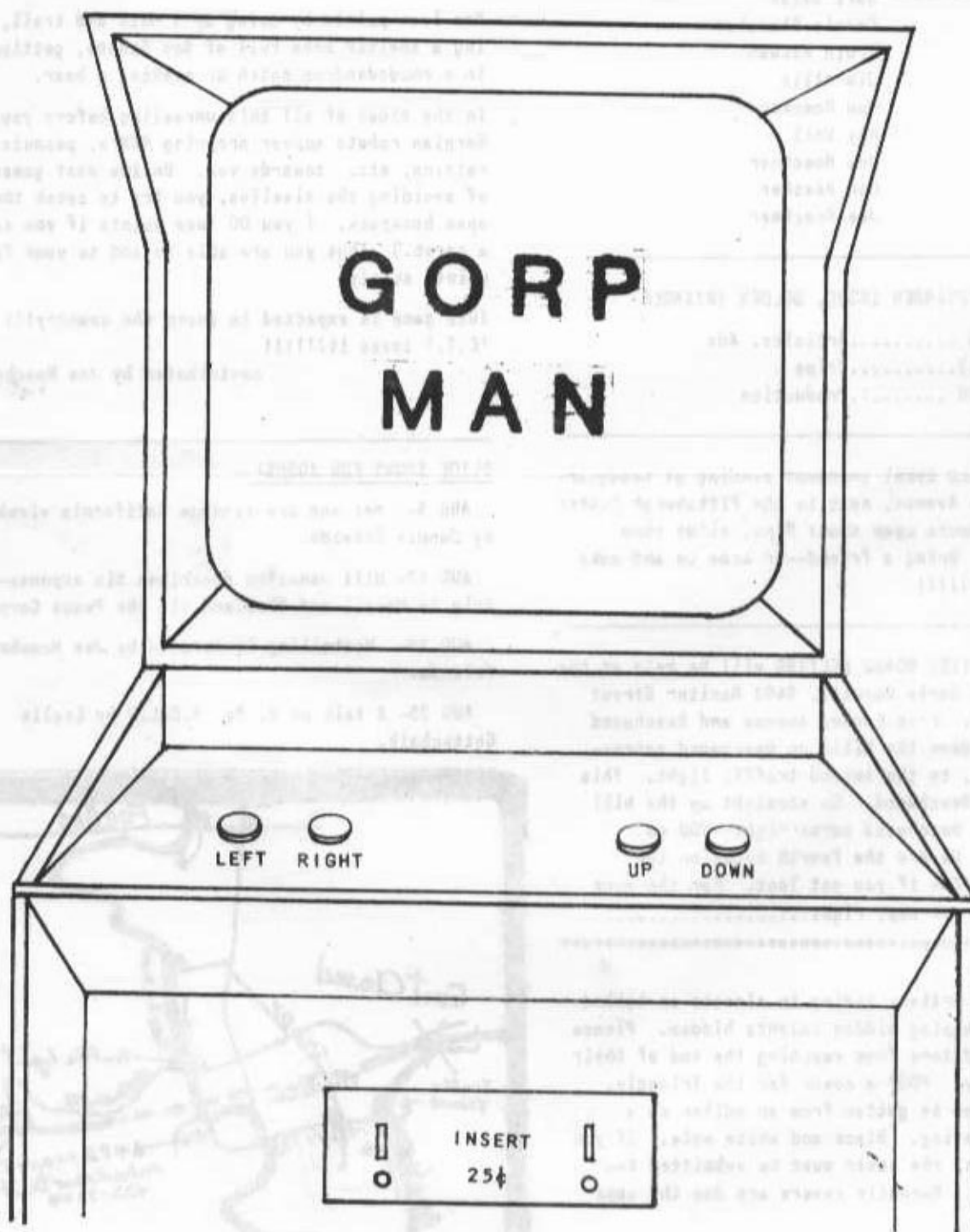
Pittsburgh Council  
★ **GOLDEN TRIANGLE** ★  
**American Youth Hostels**

VOLUME 33

NUMBER 8

AUGUST 1982

AMERICAN YOUTH HOSTELS, 6300 FIFTH AVENUE PITTSBURGH, PENNSYLVANIA  
15232





PITTSBURGH COUNCIL  
AMERICAN YOUTH HOSTELS  
6300 FIFTH AVENUE  
PITTSBURGH, PA. 15232

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THE GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council, American Youth Hostels. The contents are the responsibility of the editors.

EDITORS	Jeri Walsh
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PLATES	Jim Allis
MAILING	Don Hoecker
	Roy Weil
TIPS AND TALES	Joe Hoechner
PRODUCTION	Don Hoecker
COVER	Joe Hoechner

#### DEADLINES FOR SEPTEMBER ISSUE, GOLDEN TRIANGLE

Sept 5 .....Articles, Ads  
Sept 12.....Trips  
Sept 26 .....Production

OPEN HOUSE IS HELD EVERY THURSDAY evening at Headquarters, 6300 Fifth Avenue, next to the Pittsburgh Center for the Arts. Doors open about 8 pm, slide show starts at 8:45. Bring a friend--or come on and make some new friends!!!!

SEPTEMBER ACTIVITIES BOARD MEETING will be held at the home of Mike and Marta Hurwitz, 6492 Monitor Street in Squirrel Hill. From Forbes Avenue and Beechwood Blvd, go south (down the hill) on Beechwood approximately one mile, to the second traffic light. This is Foreward and Beechwood. Go straight up the hill one block. Then Beechwood turns right--YOU go straight ahead. We are the fourth house on the left. Call 422-9204 if you get lost. For the more visually minded, see map, right.....

\*\*\*\*\*

WANTED: Would-be artists hiding in closets or behind ravaging bears, keeping hidden talents hidden. Please rescue Triangle editors from reaching the end of their limited creativity. "DO" a cover for the Triangle. Xeroxed formats can be gotten from an editor on a Thursday night meeting. Black and white only. If you wish to use photos, the cover must be submitted two months in advance. Normally covers are due the same week as articles.

#### COVER STORY: GORPMAN IS HERE!!!!

A new video game is out-- aimed at all those woodsy folks out there!!!

"GORPMAN" features a backpacker who is hiking up a steep hillside trail. The object of the game is to score as many points(gorps) as possible before his food supply is out. The player moves his hiker left or right, up or down as the trails appear before him on the screen. You gain points by picking up trash, reblazing an old trail, directing lost rock climbers or by leaving firewood at a shelter area.

You lose points by going up a dead end trail, finding a shelter area full of Boy Scouts, getting stuck in a rhododendron patch or meeting a bear.

In the midst of all this unreeling before you, small Gorpian robots appear dropping MEM's, peanuts, raisins, etc., towards you. Unlike most games, instead of avoiding the missiles, you try to catch them in your open backpack. ( you DO lose points if you catch a carob.) Thus you are able to add to your fuel/points supply.

This game is expected to sweep the country!!! Even 'E.T.' loves it!!!!!!

contributed by Joe Hoechner

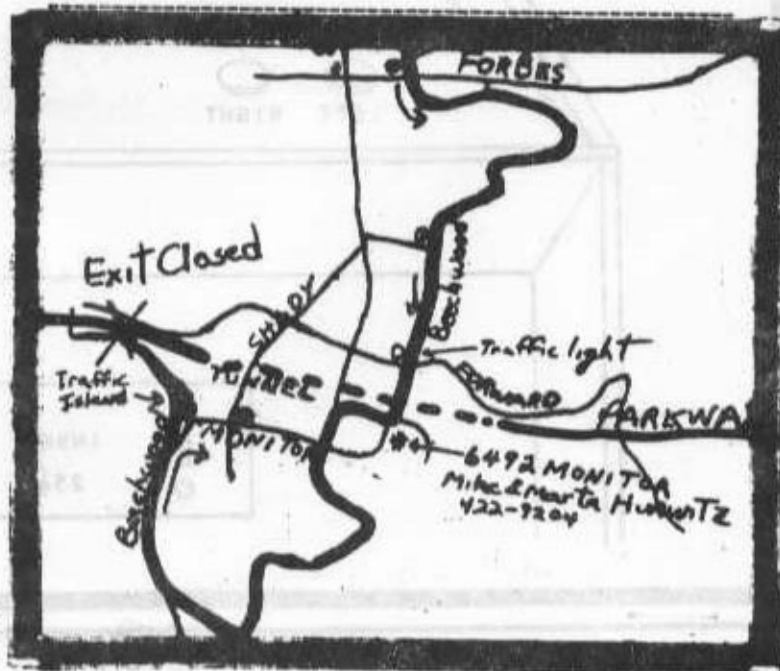
#### SLIDE SHOWS FOR AUGUST

AUG 5- Wet and dry vintage California viewing by Dennis Schmidt.

AUG 12- Bill Johnston describes his expense-paid trip to Hawaii and Thailand via the Peace Corps.

AUG 19- Hostelling in Toronto by Joe Hoechner and friends.

AUG 26- A talk on W. Pa. B.O.L.D by Leslie Gottschalk.



# TIPS AND TALES.....BY JOE HOECHNER.....

**HOSTEL FURNISHINGS NEEDED!!!!** A potential hostel is 'in the works' for an area 50 miles north of Pittsburgh. The building is going to be in bare bones condition, so all manner of items will be needed.

These include all manner of kitchenware: Pots and pans, glasses, mugs, cups, knives, forks, spoons, gadgets, etc., tables, chairs, shelves, bookracks, bulletin boards(no ashtrays, please), buckets, brooms, mops, coat-racks, fire extinguishers, lamps, etc.

Start keeping your eyes open for these items and saving them at home. Don't bring any into HQ until you get the word from Joe. Call 373-3403,(H), or 243-4900(w) for more information...

Congratualtions to Steve Martin onleading his and Pittsburgh Council's first International Hostel Trip!!!

Over July 4th weekend, steve lead 11 others on a trip to Toronto, Canada for a weekend of sightseeing. The group stayed at the new Toronto Hostel on Church Street--which had been open just over a month.

The group hiked about 12-15 miles a day around town and enjoyed every minute of it! (Maybe not the noisy street-cars riding past the hostel all night...) Do it again next year, Steve!!!

A souvenir of the recent Council trip up to Canada was a new 1982 Canadian Hostel Handbook purchased by Joe Hoechner. (Phone 373-3403) IF you are planning a trip up to the 'Great White North', he'll be glad to help you locate some hostels, eh?

Interested in securing Pennsylvania County Road Maps? YOU can request a free index of maps and publications from:

PennDOT Sales Store  
P.O. Box 134, Bldg 33  
Middletown, Pa. 17057

## SUMMARY OF THE MINUTES OF THE JUNE ACTIVITIES BOARD MEETING

- AYH cavers participated in rescue of a non-AYH member diring a trip to Laurel Caverns. It was moved and passed that Scott Hill be reimbursed for spent first aid supplies.
- Brochures on bicycle commuting now available.
- Carole Shanahan arranging a CPR class. Jane Toben working on Leadership manual. First aid kits being worked on by Jeri Walsh and Carole Shanahan.
- It was suggested that the deposit for special events become non-refundable within one week of event.
- Council still needs a co-chairperson for Trails Committee.
- Long-range prospect of a hostel in Altoona, Pa. Old Stoen House project is being re-appraised.
- Eastern Regional meeting will be held in Pittsburgh. We are looking into facilities. Volunteers are needed for transportation, setting up snacks, organizing entertainment, etc. Joe Hoechner will head committee.

# Hosteling

for the time of your life.

American Youth Hostels is your key to worldwide adventure friendship and travel — on a low budget. From medieval castles to Swiss chalets AYH opens the door to over 5,000 hostels in 50 countries. Send in the coupon below for details.

- ☐ I want to join AYH. Enclosed is \$14.00 (\$7.00 if under 18, sign me up and send me my hostel pass, AYH Handbook, and other materials.
- ☐ I'm interested but would like more details — send me your FREE brochure on American Youth Hostels.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Zip \_\_\_\_\_ Birthdate \_\_\_\_\_



American Youth Hostels  
6300 Fifth Avenue  
Pittsburgh, PA 15232

(412) 362-8181

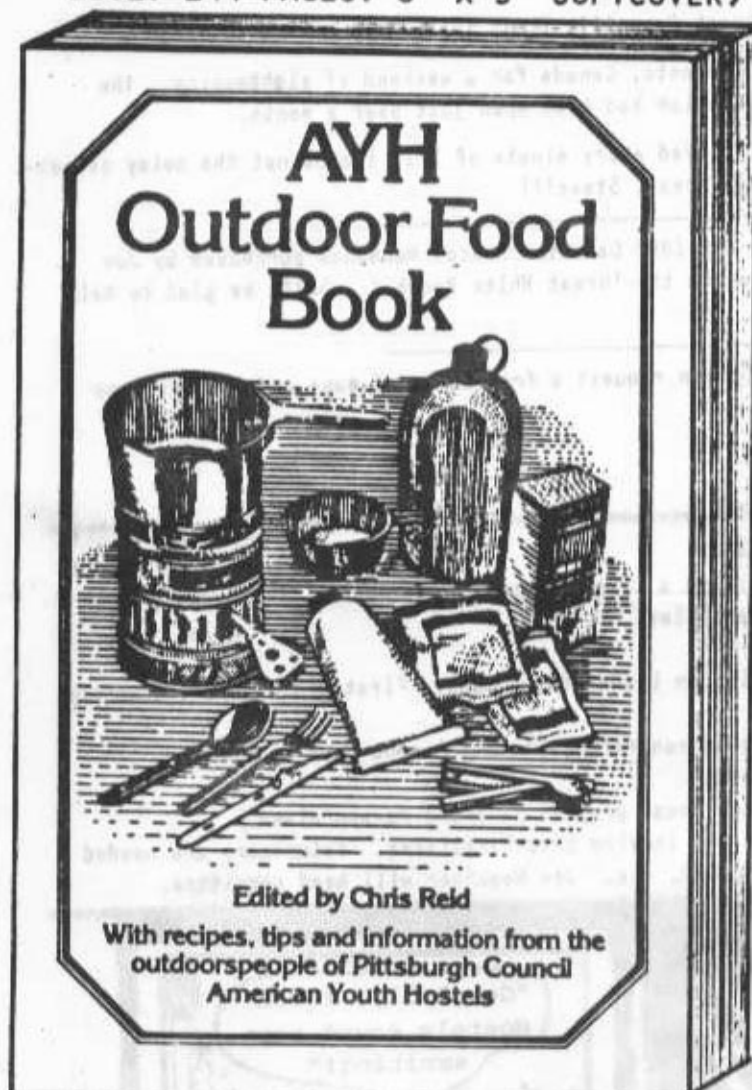




A NEW OUTDOOR COOKBOOK BY AND FOR ACTIVE OUTDOOR PEOPLE\*

\* THIS BOOK WAS NOT GHOSTWRITTEN IN A TEST KITCHEN!

THE AYH OUTDOOR FOOD BOOK, EDITED BY CHRIS REID,  
PUBLISHED BY PITTSBURGH COUNCIL, AMERICAN YOUTH HOSTELS,  
1981, 144 PAGES, 6" x 9" SOFTCOVER, \$3.00/INDIVIDUAL COPY



INCLUDES:

- ◆ MANY RECIPES, MENUS, PACKING TIPS AND TRIP FOOD-PLANNING IDEAS FROM CANOEISTS, BICYCLISTS, BACKPACKERS, CROSS-COUNTRY SKIERS, ETC.
- ◆ LOCALLY-DEVELOPED, WITH INNOVATIONS FOR SAVING TIME, FUEL AND WEIGHT.
- ◆ SPECIAL SECTIONS ON BACKPACK STOVE SELECTION AND USE, FOOD DRYING PROCEDURES, BEAN-SPROUTING TECHNIQUES & OTHERS.
- ◆ PHOTOS, DIAGRAMS, SKETCHES & OUR OWN ANECDOTES AND GEMS OF WISDOM, WON THE HARD WAY.
- ◆ BEGINNER TRIP INFORMATION, SHOPPING TIPS, AND MORE.

LIKE OTHER PUBLICATIONS OF PITTSBURGH A.Y.H., THIS BOOK COLLECTS THE EXPERIENCES OF DOZENS OF ACTIVE, EXPERIENCED PARTICIPANTS IN THE GROUP'S LARGE, ENERGETIC PROGRAM OF CANOEING, CYCLING, HIKING, BACKPACKING, RAFTING, CLIMBING, CAVING AND SKI-TOURING.

Individual mail orders please add 72¢ postage per book. PA State residents please add 18¢ sales tax. Wholesale (group) orders over \$40 received a 1/3 discount and we pay postage. Contact: AYH Publications, C/O Bruce Sundquist, 210 College Park Drive, Monroeville, PA 15146 (412-327-8737).

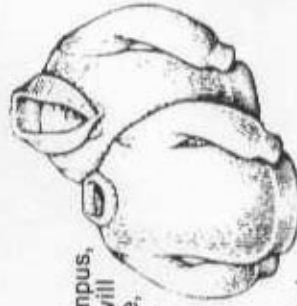
# AVALANCHE

1794 North Highland Road, Pittsburgh, PA 15241  
(412) 833-7600  
**NORTH HILLS**  
7703 Perry Highway, Pittsburgh, PA 15237  
(412) 367-4311  
**LAUREL HIGHLANDS**  
Route 31 East, Jones Mill, PA 15646  
(412) 583-7944

## SWEATERS

Whether it's the crags or on campus, our sweaters of natural wool will provide years of comfortable, warm good looks. We have dozens of styles & colors to please the choosiest mother or the most discriminating climber.

As a back-to-school special, during August, our Ragg Wool sweater in grey & white tweed is just \$24.95. Unisex sizing XS-XL.



## PANTS

Natural fibres make the warmest, longest wearing, most comfortable pants around so step in to our all cotton cords, canvas or chinos. For the ultimate trousers, choose from our wool collection from Woolrich & other fine tailors of quality clothing.



## BOATING

The fall season offers some of the best paddling weather & scenery... so why not take advantage of our special fall packages.

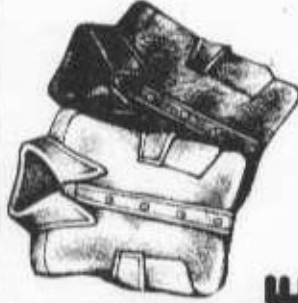
**STARTING AS LOW AS \$499**  
**FOR BOAT, PADDLES & LIFE JACKETS**  
**— COMING SOON —**

## THE HYDRA TAURUS



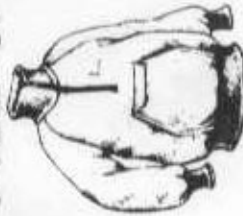
## SHIRTS

What's your pleasure-Chamois in 10 colors, flannels, corduroy, canvas, cotton or wool? You guessed it—No need to shop mail order or impersonal, expensive department stores. Avalanche has quality, price & service.



## PILE & FLEECE

English sailors have known about it for years & climbers have caught on too. Now Pile & Fleece hit the streets with great looking, soft jackets & pullovers that are super warm even when wet. Fast drying, light weight & less expensive than wool—You can even machine wash it.



We have the complete **PATAGONIA** line for men & women in several fashion colors.

## CLIMBING

New Blue Water Dynamic Rope - 11mm x 150 ft.  
VIAA Approved 6-7 Fall Rope - Made in U.S.

Introductory Price \$99.00

Save \$30-\$50 from comparable European Ropes  
**SALE PRICED DURING AUGUST**

Chouinard Stoppers & Hexes ..... 20% OFF  
Forrest Swami Belts & Leg Loops ..... 30% OFF  
Campbell Wedgefast Nuts ..... 40% OFF

## NEW FOOTWEAR

### MERRELL GORTEX HIKING BOOT

From the maker of the world's finest custom boots—The best gortex, light weight boot we've ever seen!

**IN STOCK NOW — ONLY \$85**

### THE SIERRA HIKER

Great light weight footwear for 'easy' hiking or around town use

Reg. \$38.95 — **NOW \$29.95**

### DANNER SLUSHERS

Leather tops & rubber bottoms make this a great all purpose waterproof 'kick around' shoe

**\$39.95**



## CARRY IT

Whether it is just a few books, a valuable camera worth protecting, or a two weeks travel wardrobe. We have the right bag to carry it in stylish security. We invite you to compare quality, design & price — We're sure you'll like what we have!



## GEAR

Whatever your desire — we can fill it. If it's State of the Art, if it's the lightest, strongest, warmest of its type, you can find it at Avalanche — uncompromising quality, excellent value — we've got it!



## FOR & ABOUT WOMEN



We believe that today's active woman wants the same functional, classically styled clothing & outerwear as today's active man. So we carry a complete line sized just for women. Please allow us to show you the quality, style & value of everything we sell — made especially for you.



## AYH PYMATUNING WEEKEND

The American Red Cross Small Craft Safety Camp on the shore of Pymatuning Lake has been reserved for sailing, canoeing and bicycling the weekend of September 10-12, 1982.

A basic sailing course will be conducted for a maximum of twenty people using the ARC's sailboats. A basic canoeing course will be conducted for ten people, but more can be accommodated by utilizing the AYH's canoes. Lake touring may also be possible for experienced canoeists. Students must be over ten years old and be able to swim well enough to maintain themselves for ten minutes in the water, fully clothed. PFD's and sneakers must be worn at all times during classes.

Classes for sailing and canoeing start at 9 am on Saturday and finish at 5 pm with a lunch break. On Sunday the classes are from 9 am to 1 pm. A sailing pamphlet can be borrowed for a \$5.00 retainer, refundable if returned at the end of the course.

For those interested in cycling, the first 3/4 mile from the base is a rideable gravel road that becomes paved when crossing into Ohio. Roads mostly are flat to slightly rolling with little traffic. Rides of any length can be accommodated with diversions onto the spillway, "where ducks walk on the backs of fish", the fish hatchery, a waterfowl museum, ice cream places, playgrounds and waterslides.

The facilities are campsites near the parking area, well water and rest rooms. A wash house with hot water is available for hands, face and cooking utensils. No showers or hair washing.

**WHAT TO BRING:** Two lunches, sleeping bag and pad, ground cloth, tent or tarp, swim-suit and towel, sneakers for any water activity, kneepads for canoeists, strap or string to secure glasses, sunscreen and rainwear.

For this to be a superb weekend, everyone's cooperation is required. Needed are planners for group breakfasts and dinner, buyers and preparers, equipment procurers, cleanup and washers, campfire wood gatherers, restroom and litter cleanup, etc.

**COST** will be under \$15.00 plus transportation for 240 miles, to be paid directly to the driver. Group carpooling will leave from HQ at 6:30 pm on Friday. Send or give \$10.00 and your application (below) to Fred Parker, 730 Shaw Ave. Monroeville, Pa. 15146

NAME \_\_\_\_\_ PHONE \_\_\_\_\_ (H) \_\_\_\_\_ (W) \_\_\_\_\_

ACTIVITY: Bicycling: \_\_\_\_\_ If cycling, \_\_\_\_\_ miles Sat., \_\_\_\_\_ miles Sun.  
Sailing: ~~SURVY FILLED~~; Basic Canoeing: \_\_\_\_\_, touring \_\_\_\_\_

Swimming ability: \_\_\_\_\_

SHELTER: needed \_\_\_\_\_; have tent \_\_\_\_\_; have tarp \_\_\_\_\_  
can accommodate \_\_\_\_\_ others in my shelter.

TRANSPORTATION: Can leave HQ at 6:30 pm: \_\_\_\_\_ If not, when can you leave? \_\_\_\_\_

Need transportation \_\_\_\_\_; Can drive \_\_\_\_\_; Can take \_\_\_\_\_ passengers.

Have bicycle rack for \_\_\_\_\_ bicycles. Have canoe rack for \_\_\_\_\_ canoes.

CHORES: Will help with \_\_\_\_\_



# TRIPS and TRAILS

The trips listed here are open to the public with the exception that AYH members are given priority when the trip is of limited size. Trip costs include 60¢ registration fee and insurance (\$1000 medical/\$1000 accidental death or dismemberment) plus transportation and rentals. In addition, nonmembers are charged \$1.50 per day which is deducted from the cost of membership. Trips are classified BEGINner, INTERmediate or ADVanced, with the exception of water sports and cycling.

## BACKPACKING

Chair: Steve Martin 469-3153 Kevin Craig 488-7255

- fri aug 20- BEGINner backpack trip on the Seneca Creek Trail in West Virginia. Swimming and blueberries (hopefully) along the way. Leave HQ at 7 pm on Friday. We will stop for dinner somewhere on the way. To reserve call Steve Martin at 469-3153 or 462-5000 ext 6185(w).
- sun aug 22
- sat aug 14- BEGINner backpack trip to Otter Creek. Leave HQ 7 am Saturday. Call Herb Appell at 675-6060 (w) or 373-0535(h) after 9 pm.
- sun aug 15
- sept 4-13 INTER-ADV-Backpack the 105 mile Tuscarora Trail. For information, or reservations, call Glenn Oster at 566-3042(w) or 364-2864(h).

## BICYCLING

Chair: Lynn and Chuck Ejzak 466-6196

Trips are listed according to the following classes: A- advanced, B- intermediate, C- easy intermediate, D- beginner, E- learn to ride. BRING along a spare tube, tire pump, and water bottle-- and something to nibble on. Raingear is also a good idea. Don't forget your helmet--a must on club trips. Helmets are available as rentals. So are bicycles...

### EVENING CYCLES:

- tues aug 3 Ruth Gabel 621-1436
- tues aug 10 Bike maintenance-Bring your bike to learn by doing.
- thurs aug 5 Rich Feder 371-9230.
- fri aug 6- Class B--Weekend cycle trip along Niagara River. Sleeping in hostels. Limit to 15 people
- sun aug 8 Call Bob Schwartz at 681-2500 (w).
- sun aug 8 Class C. 22 mile somewhat easy, partially flat ride in the a.m. Location will be N.W. Washington and Western Allegheny County areas. Return early P.M. Call Rich Feder, 371-9320.
- sat aug 14 Class B. 35 miles. Deer Lakes Loop with swimming afterwards. Leave HQ 9 am. Call Judy Flowers at 828-3388(w) or 828-1592(h).
- sun aug 15 Class C Joe Hoechner. 30 mile trip around New Wilmington, Pa. with a stop for swimming. bring lunch and swimsuit. Call Joe at 373-3403.
- sat aug 21 Class ? Ben T. Humphries. 60 miles, hills. ITBWN leaves from HQ 9 am. Fourth and last Annual... 829-2497(h), 829-5200(w). (we don't write 'em, we just print 'em...-ed.)
- sun aug 22 Class B-Early morning ride to Saxonburg for breakfast. Leave HQ 7 am and back before hot afternoon sun. About 60 miles round trip.. Call Vicki Lineback at 682-4087(h) or 624-2290(w).
- sun aug 29 Class B. with Bob Schwartz to a mystery location. Call 681-2500(w).

FOR INFORMATION ON WHAT'S HAPPENING OVER LABOR DAY WEEKEND, CALL CHUCK OR LYNN.....

### ADDENDUM:

- sun aug 22 Class C. 20-30 miles. Third Annual Duquesne Incline Ride. Join Lou Conley and friends for the third annual tour of downtown Pittsburgh, Point State Park and finally the ride up the Duquesne Incline for a good look at Pittsburgh from Mound Washington. Bring money for the incline ride. Meet at HQ at 8:45 am. Call Lou Conley to reserve at 681-8321.

## CAVING

Chair: Norm Snyder 351-4068 Scott Hill 682-1270

- sat aug 7 BEGINner trip to Barton's Cave. Try a nice cool cave to break the summer heat. Call Vicki Lineback at 682-4087.

**CANOEING**

Chair: Susan Krotec 441-8200 before 5 pm, 441-8206 after 5 and on weekends.

Basics: Lunch in waterproof bag, water, knee pads, raingear, change of clothes and swimsuit. Non-cotton clothing, tennies, sun protection, large sponge, strap for eyeglasses. Rentals: Limited number of canoes available through leader.

- sat aug 7 Class I-II- Jim Porcelli. 731-9176(h) 273-6336(w)
- sun aug 8 Whitewater I School. Gordon Bugby. 371-4233.
- sun aug 8 Final Yough. Flatwater. Cathy Lynch. 361-3707.
- sun aug 15 Explore plant and animal life in River rapids. Class I trip. Chris Reid. 373-7191.
- sat aug 21 Class I Leader needed. Call Susan Krotec.
- sun aug 22 Class I-II. Leader needed. Call Susan Krotec.
- sun aug 29 Class II-III-Dave Marschik. 327-2778.
- sun aug 29 Class I-II- Millard Underwood. 561-0871
- sun aug 29 Class IV-Lower Yough. No AYH boats allowed. Call Tim Roberts before 9:30 pm at 539-7599.

**ATTENTION : September Canoe Events**

WHITewater CANOE SCHOOL, Yough river. Sept 10-12. Contact American Red Cross, Water Safety Dept., P.O. Box 1769, Pgh., Pa. 15230

AYH Pymatuning Weekend. Basic Canoeing or Lake Touring. Refer to application in this Triangle.

**CLIMBING**

Chair: Woj 322-4524 Scott Hill 682-1270

Bring tennies, rock shoes, water bottle, lunch--enough to feed your leaders and instructors..., a funny hat, raingear and rental/etc. fee.

- sat aug 14 BEGINner trip to White Rocks. Call Woj, Scott, John Popp(653-6026) or Vicki Lineback (682-4087)
- sat aug 28- Annual White Rocks Weekend. Car camping. Call any of the above to reserve.
- sun aug 29

**HIKING**

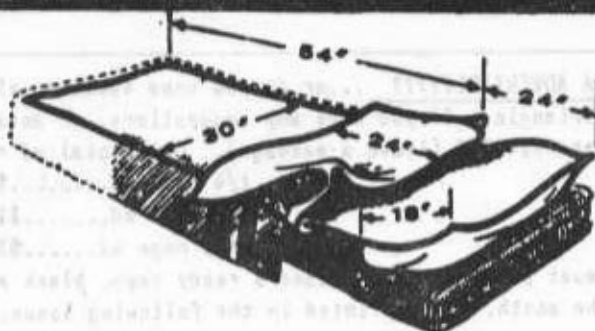
Chair: Shirley Sedmak 441-6538(h), 288-5147(w)

Note: Leaders remember to take a first aid kit with you. If you don't have one, pick one up at HQ the Thurs. before your trip..

- sat aug 7 INTER hike of about 10 miles, south of Ohiopyle. Leave HQ 8 am. Call Herb Appell(675-6060-h after 9 pm.
- sun aug 8 BEGINners hike. Quebec Run, 5 miles. From Barton's Cave to Sandy Creek. Call Cole Van Ormer at 624-5294(w) or 683-7160(h). Will lv. HQ 8:30 am.
- sat aug 14 ADVanced. Join Dan Martt for a hike along the river in the Cheat Canyon, West Virginia. For further information, phone 343-5847. 12-15 miles.
- sat aug 21 INTERmediate to ADVanced. Route 66 through Crooked Creek to Cochran Mills. Call Tom Conley at 795-3162.
- sun aug 22 INTER-Warrior Trail. Starting from the Mon River. 10 miles. Leave HQ 8:30 am. Jack Peth 921-7214(h) or 777-5365(w).
- sat aug 28 INTER/ADV- Hike both loops of the John P. Saylor Trail--15 miles. For information and reservations, call Glenn Oster at 364-2864(h) or 566-3041(w).

**Sheet Sleeping Sack**

This can be made from unbleached muslin or old sheets. The bag should measure 78 in. long x 30 in. wide with a pocket to cover the pillow 18 in. deep. A flap of 24 in. is needed to protect the upper blanket, and a gusset each side of the bag adds roominess and prevents tearing. Many AYH councils sell ready-made nylon or muslin sheet sleeping sacks. Available at Thursday meetings for \$8.75, or add \$2.00 for mail orders.





KAYAKING Chair: Ray Yutzky 561-3764 Lou Conley 681-8321

Basics: same as for Canoeing.

Rentals: Limited number of Kayaks reserved through trip leader.

sat july 31

INTRODUCTORY KAYAKING SCHOOL- This school is for people who have never been kayaking before and would like to try it. Learn all the basics of kayaking on a nice calm lake. reservations are required. Reserve early, as there are a limited number of boats available. Call Lou Conley at 681-8321 or Ray Yutzky at 561-3764 for information and reservations.

sat aug 7-

sun aug 8

Slippery Rock Slalom Race--Come and watch a real kayaking race--starts about 11 am each day on Slippery Rock Creek near McConnell's Mill.

sun aug 15

WWII trip. Call Gus Hughes to reserve. 421-4066.

RAFTING

Chair: Gus Hughes 421-4066

sat aug 7

Yough-Norm Snyder (351-4068)

sun aug 8

Try for water on Cheat or run loop. Gus Hughes, 421-4066.

sun aug 22

Yough raft trip. Call Shirley Sedmak at 441-6538(h) or 288-5147(w) Or call Marla White.

sat aug 28

Yough. Call John Orndorff at 244-0746.

sun aug 29

Try for water on the Cheat. Call Gus at 421-4066.

AYH FIRST AID KITS--are being worked on. Anyone interested in having input as to the content of kits for your particular activity, see Jeri Walsh or Carole Shanahan at a Thursday night meeting.

#### KEYSTONE TRAILS ASSOCIATION PUBLISHES A TRAILHEAD TRANSPORTATION GUIDE

Any hiker who has ever attempted to arrange for public transportation to or from one of Pennsylvania's hiking trails has probably endured a frustrating round of misinformation, confusion, ignorance, and just plain blank stares. The first edition of the Trailhead Transportation Guide is an initial attempt to try to fill an informational void that has long plagued Keystone State hikers.

Keystone Trails Association members are entitled to one copy of the Guide free, upon request. Others may purchase it for \$1.50 postpaid, from: KTA, P.O. Box 251- Cogan Station, PA. 17728.

P.S., individual membership is only \$3.00...

YOGA CLASSES will continue to meet in September, if interest so dictates. THERE WILL BE NO YOGA FOR THE MONTH OF AUGUST. If you are interested in seeing the yoga classes continue in the fall, please call Janie Kowarski at 521-4946.

WHEN SUBMITTING THINGS TO BE PRINTED IN THE TRIANGLE, PLEASE SUBMIT WHATEVER on a full sheet of paper---I tend to misplace small slips of paper. Thanks---editor

VOLLEYBALL continues to be played on Tuesday and Thursday evening, starting about 6 pm. Call Larry Laude at 665-9554 for information. There is a small fee to help pay for upkeep of equipment.

SOCCER ANYONE? If anyone is interested in playing soccer for a local Soc-a-thon, which will be held in August to help raise funds for the Food Bank, see Jeri Walsh at any Thursday night meeting, or call her at 422-9686 (leave a message).

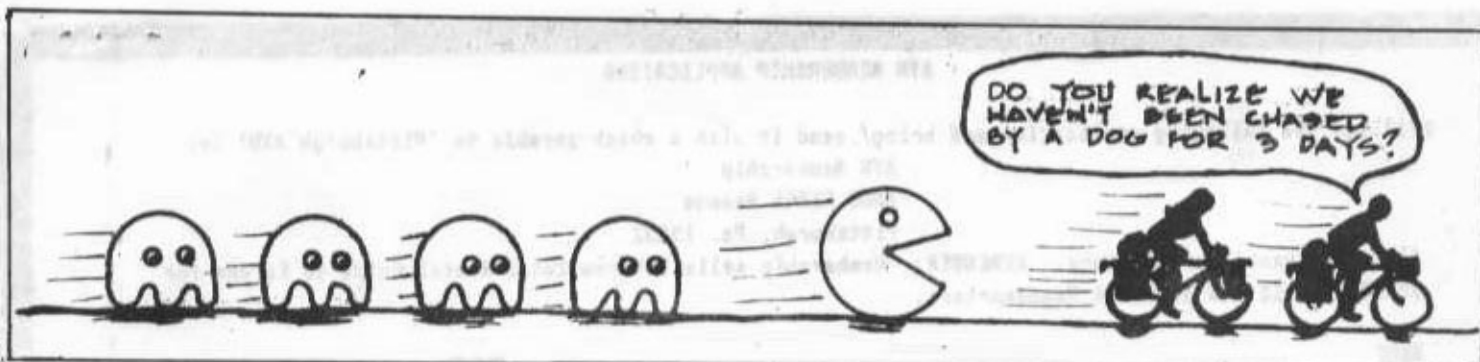
WANNA ADVERTISE????? ...or do you know someone else who might? We would like to solicit more commercial ads for the Triangle. If you have any suggestions, or an ad to be printed, see Jeri at any Thursday night meeting. Or call her at 422-9686 (leave a message). Commercial ad rates are as follows:

1/4 page ad.....\$7.50 per issue

1/2 page ad.....\$15.00 per issue

full page ad.....\$30.00 per issue

Ads must be submitted in camera ready copy, black and white only. No photos. DEADLINE is the second Thursday of the month, to be printed in the following issue.



We are swapping membership ad space with the Allegheny Group, Pa. Chapter of the Sierra Club. They are running a similar ad for A.Y.H. in their local newsletter. Many people think that the Sierra Club is only a politically oriented group. Not true: They have an active program of local hikes and backpacking trips. Their meetings are held at the Garden Center in Mellon Park. For information, call: 795-1118 or 327-8737.

## Membership Form

☐ YES, I want to join! Please enter a membership in the category checked below:

New Member Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Zip \_\_\_\_\_

Gift Memberships: If you are giving this membership as a gift, please enter your name below (we will send a special gift card in your name):

Donor Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Zip \_\_\_\_\_

☐ Check here if you would like to be billed for renewal of this gift membership next year.

### MEMBERSHIP CATEGORIES

	Individual	Joint
Regular	<input type="checkbox"/> \$25	<input type="checkbox"/> \$29
Supporting	<input type="checkbox"/> \$40	<input type="checkbox"/> \$44
Contributing	<input type="checkbox"/> \$100	<input type="checkbox"/> \$104
Senior	<input type="checkbox"/> \$12	<input type="checkbox"/> \$16
Student	<input type="checkbox"/> \$12	<input type="checkbox"/> \$16
Junior	<input type="checkbox"/> \$12	

### LIFE MEMBERSHIP

Per Person	<input type="checkbox"/> \$750
Spouse of Life Member	<input type="checkbox"/> \$12
(annual dues)	

All dues include subscriptions to Sierra (\$3) and chapter publications (\$1).

Mail To: **Sierra Club**  
Box 7404  
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## sail vacations

Sail weeks are being offered during August along the northern reaches of Lake Huron; Les Cheneaux Islands. The North Channel country is rated as one of the most spectacular sail cruise areas in the world. If you are not already a sailor these trips offer the fun of learning the art of sail cruising with expert informal instruction.

Join us for a 5 day cruise thru these remote rocky islands aboard our 30 foot sailboat, anchoring at new harbors every night.

### STARTING DATES

AUGUST 9, 16,

Leader: Jerry Barron

Cost: \$209.54 Deposit: \$50.

For a brochure write or call Metro Detroit A.Y.H. 3024 Coolidge, Berkley, Mi. 48072

Telephone [313] 545-0511

Hours: 10-8p.m. Mon. Wed. 10-5p.m.

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# AYH MEMBERSHIP APPLICATION

Fill out the following application and bring/ send it with a check payable to 'Pittsburgh AYH' to:

AYH Membership  
3800 Fifth Avenue  
Pittsburgh, Pa. 15232

Allow 3-4 weeks for delivery. REMEMBER: Membership sells International Hostel Guide to Europe for \$5.00 by mail and \$4.00 at Headquarters.

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_  
street city state zip

New membership \_\_\_\_\_ Renewal \_\_\_\_\_ Birthdate \_\_\_\_\_  
month date year

CHECK ONE: \_\_\_\_\_ \$7.00 YOUTH (under 18) \_\_\_\_\_ \$7.00 SENIOR CITIZEN (60+) \_\_\_\_\_ \$14.00 SENIOR (18-59)  
\_\_\_\_\_ \$21.00 FAMILY \_\_\_\_\_ \$35.00 ORGANIZATION (non-profit) \_\_\_\_\_ \$140.00 LIFE

PLEASE CIRCLE ONE OR MORE:

SERVICE: Newsletter, Hostel Development, Bicycling, Publicity, Trail Maintenance, Equipment Repair, Auditor Service, Typing, Art work, Membership.

LEADERSHIP: Backpacking, Bicycling, Canoeing, Caving, Climbing, Hiking, Cross-country Skiing, Rafting, Kayaking.

Pittsburgh Council  
**AMERICAN YOUTH HOSTELS INC.**  
6300 FIFTH AVENUE  
PITTSBURGH, PA. 15232



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