



GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

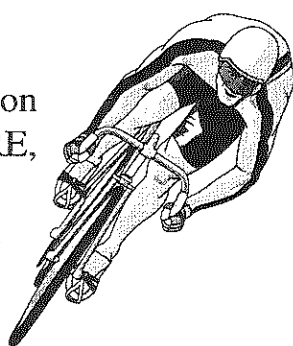
Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 45, NUMBER 10

OCTOBER 1995



For information on SABRE, turn to page 4.



Halloween open house Oct. 26.
The October 26 open house will feature Ed Divers talking about wild foods. Come in costume! Bring a treat to share.

We will provide drinks.
Prize for best costume.

HI-Pgh hits the information super highway, point your favorite browser to;
<http://info.pitt.edu/~marianne/ayhpg.html> for the latest on activities, slide shows & local hostelling. This is one bookmark your browser shouldn't be without!!!

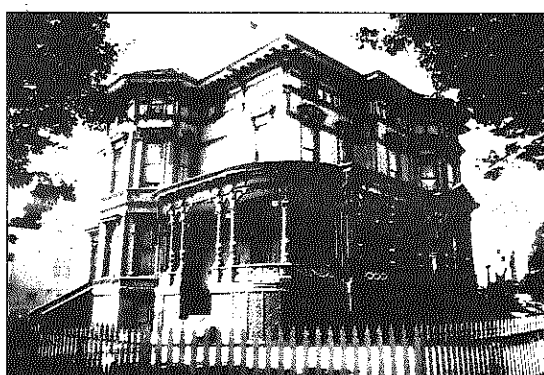
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.....And MORE!!!

More new hostels in the HI-AYH Network Sacramento, CA and Hartford, CT

▲ HI- Hartford: The Mark Twain Hostel- HI's newest hostel, the HI-Hartford is a Victorian/Colonial style three-story wood frame house dating from the early 20th century. The hostel offers common rooms, including a reading room and game room. Located close to such historic attractions as the Mark Twain House and the Harriet Beecher Stowe House, the hostel is a great stopover on your trip through New England. Rates are \$13 per person per night. For information/reservations: HI-Hartford, The Mark Twain Hostel, 131 Tremont St., Hartford, CT 06105, (203)233-6261



Hostelling International- Sacramento

▲ HI- Sacramento is now open! This 3-1/2 story, 13,000 square-foot Victorian mansion dating back to 1885, was recently moved across the street from its original location, and is fully restored in its new downtown site. From the ornate front door to the frescoed ceilings, HI-Sacramento offers travelers both history-steeped ambiance and world-class facilities, including 70 beds, a fully-equipped kitchen, modern bathrooms, and large common rooms, embellished with glass skylights, tiled fireplaces, and a dramatic carved oak staircase. The hostel is within walking distance from the California Capitol Building as well as several other government buildings. HI-Sacramento offers weary travelers a convenient resting spot between San Francisco and Lake Tahoe, as well as access to the gold rush towns of the Sierra Nevada. Scenic bike trails and river rafting trips are available through local organizations. Rates: \$10-12 per night. For information/reservations contact: Golden Gate Council, 425 Divisadero St., #307, San Francisco, CA 94117 (415)863-1444.

Pittsburgh Council, Annual meeting and Elections.



Please join us at 8:00 PM on Thursday October 19 for the Annual Meeting and Election of officers and board members. Don Henry will be doing a slide show on bicycling in South Dakota. We will have elections and a brief report on the council and the hostel project. Soft drinks and snacks will be served.

As of this printing, the candidates for election are: Marianne Kasica for President, Maribeth Hook for VP, Larry Laude for Secretary, Roy Weil for Treasurer and, Lou Conely, Marianne Kasica, Larry Laude and Maribeth Hook for the Board of Directors.

Funding Nearly Complete!



Pittsburgh Hostel gets \$193,000 federal grant from the Office of Community Services of the U.S. Dept. of Health and Human Services.

OHIOPYLE WORK PARTIES

Sunday, October 22
Watch for other work party dates throughout the Year.

Please help volunteer for our Ohiopyle Hostel clean-up parties. If you can volunteer a few hours of your time to help paint, move furniture, clean, wash windows, do yard work or whatever talent you have, it will be very much appreciated. Free lunch for all volunteers and also, you can stay overnight for free but you must make a reservation in advance. We're also looking for some donated items: (Upright Piano, refrigerator and crib). We will meet at headquarters at 8:30 AM. and will be back around 6:00 PM.. Call Jacky Eberle if you have any questions or would like to sign up!

*ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL RECEIVE A FREE OHIOPYLE SWEATSHIRT.
* ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL be eligible for the "OHIOPYLE VOLUNTEER OF THE YEAR" AWARD
--Jacky Eberle, Work Coordinator at 833-9732

An off-season sea-kayaker is approached by a pair of curious Canadian Geese.
Lake Arthur, PA.



AMERICAN YOUTH HOSTELS

PITTSBURGH COUNCIL
5604 SOLWAY STREET
PITTSBURGH, PA 15217

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HOSTELLING



Pittsburgh Council, American Youth Hostels, Inc.
Serving Western Pennsylvania & West Virginia Panhandle
Since 1948, Incorporated 1955

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Copy Editor ... Jacky Eberle
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Advertising ... Wm. Eberle

Council Officers

President ... Marianne Kasica
(412-665-9554)

Vice President ... Maribeth Hook
Secretary ... Larry Laude
Treasurer ... Roy Weil

BOARD OF DIRECTORS

Lou Conley (95)
Wm. Eberle (97)
Joe Hoechner (97)
Maribeth Hook (95)
Marianne Kasica (95)
Larry Laude (95)
Terri Lorince (95)
VACANT (96)
Marc Reisman (97)
Roy Weil (96)
Ray Yutzy (96)
Bob Zavos (97)

Office Staff
(412-422-2282)
Jenny Swerdlow
Lisa Dugas

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

MATERIAL...

All material to be published, should be sent to the address below. It Can be submitted on Disk in either IBM or Mactintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217
Office: (412) 422-2282

PITTSBURGH COUNCIL
ACTIVITY CHAIRS

Chairman of the Activities Committee
VACANT.....###-####
Canoeing
Paul Henry 962-1511
Cross Country Skiing
Steve Tubbs 279-4866
Cycling
Wm Eberle 833-9732
Chuck Ejzak 466-6196
Family Activities
Barbara Hanusa 441-7205
Hiking / Backpacking
Veronique Schreurs.....422-0358
VACANT.....###-####
Kayaking
VACANT ###-####
Ray Yutzy..... 341-5682
Midweek Rambles
Cliff Ham 687-4520
Rafting
John Orndorff 741-2021
Rock Climbing
Eric Bauer 687-0766
Sailing
Joel Hough 727-2807
Bob Zavos..... 241-0659
Sea Kayaking
Mark Mistrik344-8665
Alpine Skiing Coordinator
Wm Eberle 833-9732
Trail Systems
Glenn Oster 364-2864
Jim Ritchie 828-0210
Headquarters Programs
Luc Berger 683-3131
VACANT ###-####
Storekeeper
Wm Eberle 833-9732

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for future issues of the **GOLDEN TRIANGLE**

November
All copy, Oct 5
Binding/Mailing, Oct 26

Dec / Jan
All copy, Nov 2
Binding/Mailing, Nov 30

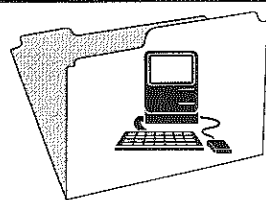
If your work is on computer,
Please contact Bill Eberle
@ 833-9732 or
76202.3051@Compuserve.com

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation(IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Submissions Policy:
Golden Triangle

Classified Adds:

- Classified adds are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be:
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed
- Before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue. (See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- "Lack of planning on your part, does not constitute an emergency on my part"

Lewisburg Trips

For information on activities in the Lewisburg area, call Chris Olsen at 717-523-8471.

October Slide Shows

Oct 5: Steve Poprocky, A Hike To Phantom Ranch In The Grand Canyon.
Oct 12: Mike Fralkovich, Traveling Through Pennsylvania, Delaware and New Jersey.
Oct 19: "(Also annual meeting and elections) Don Henry, Bicycling In North Dakota.
Oct 26: "Halloween" Open house "Ed Divers, Opportunistic Nibbling On Edible Wild Foods: A Slide Presentation.
Nov 2: Cathy and David Sadler, Kayak Gypsies: Summer 1995.

Doors open: 8PM. Slide Shows: 8.30PM

Share your Slide Show trip!

To schedule a show call:

422-2282(daytime) or 362-8181 (8-10 PM Thurs.)

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel
RD #1(1 mile west on Route 30)
Schellsburg, PA 15559
(814) 733-4212

Charleroi Youth Hostel (SA)
Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200



President's Corner

It is with regret that I mark the passing of Cliff Ham on Sept. 9. Cliff has always been an 'elder statesman' of Pittsburgh Council for me and a touchstone of what the spirit of hostelling was all about. His numerous contributions to his neighborhood, our organization and our society are eloquently presented in a lengthy obituary in the Pittsburgh Post-Gazette on September 11. But when I think of Cliff, I think of his energy, his humor, his vast stores of knowledge of people, places and things and his good natured optimism.

We are already getting calls for memorial donations to the Pittsburgh Hostel on behalf of Cliff. I am pleased that many are choosing this way to create and lasting memorial to him since he has been a constant supporter of the project. We will discuss what that memorial might be at the board meeting and discuss it with Cliff's family.

I hope that Cliff's spirit is wandering along endless trails, biking on scenic roads and paddling among sparkling waters. We will miss him. Pittsburgh AYH will now always seem a little different to me.

Happy Trails

Marianne Kasica

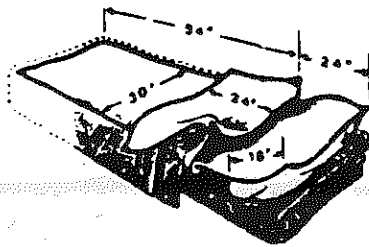
AYH Sheet Sleeping Sac.... DON'T LEAVE HOME WITHOUT ONE!



HOSTELLING
INTERNATIONAL

Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). The cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your pledge today.

Yes, I would like to make a pledge of support for a Hostel in Pittsburgh in the amount of:

- ☐ \$2500
- ☐ \$1000
- ☐ \$500
- ☐ \$250
- ☐ \$100
- ☐ \$50
- ☐ Other: \$ _____



HOSTELLING
INTERNATIONAL

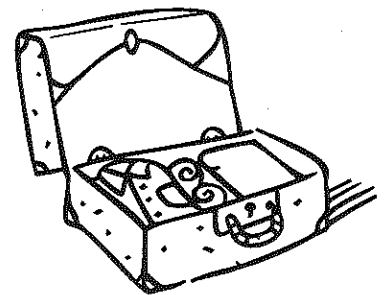
Name _____

Address _____

Telephone _____

Mail your Pledge to:
AYH
Pittsburgh Hostel Fund
5604 Solway St., Pittsburgh, PA 15217
412-422-2282

Travel Essentials



You've been thinking about your trip overseas for quite a while, but have you actually gotten down to the nitty-gritty and started doing some of the work beyond purchasing your ticket and backpack? Below is a list of items you'll have to consider before having that bon voyage party.

Passport- Have you applied for one, or made sure the one you have is current? Passport applications can be obtained at a U.S. Passport Agency (check the yellow pages) or at many post offices. Allow 3-4 weeks for processing by mail. Processing is quicker if you apply at a US passport agency. You'll need to have proof of citizenship, such as a birth certificate, a current ID, two photos, and \$65 to get your passport.

Visa- A visa is a stamped endorsement by the embassy of a foreign government that allows you into the country for a specified amount of time. Although most European countries don't require you to have one if you are staying less than three months, many other countries do. Cost and duration of visas vary according to country. To find out if you need a visa, check in guidebooks or contact the embassy of the country you want to visit. To obtain the phone numbers of foreign embassies in the U.S., call directory assistance in Washington, D.C. at (202) 555-1212.

Vaccinations- If traveling anywhere other than the US or Europe, have you looked into what vaccinations you need? For more information on what immunizations are necessary when traveling to another country, call the Center for Disease Control's Travel Information at (404)332-4559.

Money- "Money makes the world go around." Do you have a credit card? Plan to get one, even if it is just for emergencies. If you have one and haven't used it, make sure you activate it before you leave. Have you bought traveler's checks and figured out the best and safest way to carry them? Belts or pouches worn under your clothes are a necessity to help prevent theft.

Travel Advisories- The U.S. State Department provides travel advisories on civil unrest, epidemics, and other situations which might make your travel unwise or dangerous. To find out if your visit may coincide with any such problems, contact the State Department at (202)647-5225.

Accommodations- Have you figured out where to stay the first night? Getting off a plane in a foreign country can be intimidating, no matter how many times you have traveled. Call HI-AYH at (800)444-6111 to reserve a bed in one of our nearly 5000 hostels worldwide.

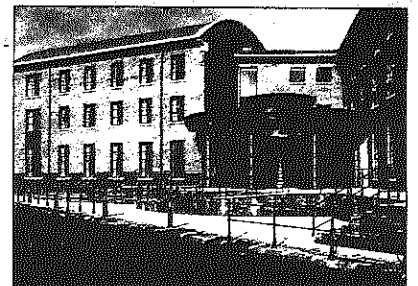
Remember, a little planning beforehand can help you stay organized, and make your trip more enjoyable.

4 nights for the price of 3! ABROAD: Manchester

Looking for an interesting vacation spot? How about Manchester, England? With airline tickets available for as low as \$299 and a new hostel located in the heart of the city, your trip is possible! The Manchester hostel is even offering 4 nights for the price of 3, providing one meal is taken during your stay.

Manchester has something for everyone! Known for its "Happening Now" music, theater and night clubs, Manchester is popular with a youthful crowd. Like Austin, TX, here in the States, the city draws lovers of "alternative" music. Sports fans can watch their favorite teams play soccer on several fields. History buffs can visit the Whitworth Art Gallery, the Museum of Science and Industry or a working mill dating back to the 18th century.

Most rooms in this waterfront hostel have four beds, though some family rooms are available and all have en suite bathrooms. Make your plans today! Offer expires 3/1/96. For reservations or information, call (800)444-6111.



YHA Manchester

Hostelling, Comments Abroad...

by Michel Fougères
INTERNET:mf0w+@andrew.cmu.edu

I have done some traveling this Summer — (I had to cut it short because I injured a knee). The first hostel where I spent nights was the main one in Luxembourg city, Grand-Duchy of Luxembourg. I had arrived at Frankfurt airport but I did not wish to spend nights there, so I took a direct, comfortable train to Luxembourg. The ride took a few hours.

To get to this main YH, the cheapest way is to take the bus #9 from 200 meters away from the central train station. You ask for the "Youth Hostel", all official bus drivers seem to know French, German, English and their local dialect, impenetrable to the non-initiated. The bus leaves you after a little bridge that you cross backwards and you immediately find yourself at the top section of a somewhat sharp incline: the YH sits at the bottom. The fare is inexpensive. By taxi, it might cost you from 170 to 300 Luxembourg Francs, which is a lot more. (Luxembourg money is exactly equal to and interchangeable with Belgian money.)

The people who administer this HY are very friendly, especially the lady. As I called before leaving the US, she told me in French that if I was willing to stay in one of the dorm type accommodations "there was no problem" (finding room there) — and she was right. I have forgotten the exact price I paid per night, there is a scale that ranges from 300+ LF (Luxembourg

Continued on page 7

SABRE

**Southwestern Autumn Breeze Bicycle Tour
Fifth Annual. Sunday, October 1, 1995**

START: SABRE starts in Settler's Cabin Park at the Cayuga Picnic Grove. See back of application for directions. Pick up Registration Packet before starting the Tour. Registration opens at 7:30 am with The Metric Tour riders leaving at 8:30 am. The 35 and 15 milers depart at 9:30 and 10:30 am respectively.

ROUTE: SABRE is a tour of southwestern Pennsylvania, and more specifically of the small rural and farming communities southwest of Pittsburgh. Cycle SABRE and see Western PA's fading orchards and rolling fields filled with red, orange and fire yellow trees while the October skies are clear and a fresh breeze fills the air. We promise the route which during this Autumn period will be ablaze with colors, leaving you with memories that will easily carry you through the cold, slush-filled winter to come. SABRE consists of 3 routes for cyclists of all abilities, a challenging metric century (65 miles), as well as the 35 mile route and the 15 miler. The Pittsburgh Council, AYH requires you to wear an approved bicycle helmet for SABRE.

FOOD: 65 milers receive 2 snack stops and the 35 milers have 1 snack stop. After you are done cycling we will be waiting for you with the famous unsurpassable picnic feast at the Cayuga Picnic Shelter. If the Autumn breeze is chilly, we promise to warm you up!!! Returning for the third year, Famous Trax Farm Apple Cider Served Hot !!!

COST, REGISTRATION PACKET, PICNIC: \$12 on or before September 16, 1995 (\$17 thereafter and day of Tour registration) will get you a ride map and cue sheets, a rider number, sag and technical support, snack stops and a SABRE tour memento. When you finish the Tour, there will be the "SABRE Feast" picnic lunch awaiting you!

EXTRAS, OFFICIAL SHIRT, GUEST PICNIC TICKETS: With a great picnic like ours we knew you would want to bring Gram and Gramps, Friends, and Family. So for \$4, "SABRE Feast" picnic tickets may be purchased for one and all. Tickets will also be available at the picnic. We also offer the official SABRE Tour commemorative T-shirt for \$6 with pre-registration before September 17, and will be included in your packet on Tour Day October 1st. Shirts will also be available September 16 through October 1 for \$8.00.

RIDE DIRECTOR: Questions, concerns, suggestions or if you wish to volunteer, please contact Bill Eberle at (412) 833-9732 (phones answers 24 hrs) or Email; Internet; 76202.3051@compuserve.com.

DIRECTIONS: From Pittsburgh, take Interstate 279 (West Bound Only) to the Campbells Run Rd. Exit. At end of exit ramp look for and follow signs to Settlers Cabin Park Wave Pool. (At end of exit ramp make left then make next left at Bishop's Icecream Parlor. Follow that road under Interstate and up hill. Make first right onto Ridge Road.) Pass Wave Pool on right and make second left at large wooden sign marked "Picnic Groves". Cayuga picnic grove is second grove on right. For any clarification of the directions, please call the Ride Director at (412) 833-9732.

CANOEING

Saturday October 7

Class II or III trip depending on where there is water. Call Janet Supowitz at 412-247-4016 for details.

Saturday October 14

Class I-II trip. Call Paul Bronder at 412-882-9255 for details.

Sunday October 15

Flatwater or Class I day trip on some river other than the Youghiogheny. Call Brian McBane at 412-443-8972 for details.

Saturday October 21 to Sunday October 22

Flatwater canoe Camping. Annual Fall foliage trip on the Allegheny or Clarion River with camping along a remote section of the river. Call Paul Henry at 962-1511 for details and reservations.

Saturday November 4

Flatwater trip. Paddle the beautiful and historic Shenango River in Mercer County. Call Paul Henry at 412-962-1511 for details.

**T-SHIRTS ARE IN!!! T-SHIRTS ARE IN!!!
ATTENTION: ALL TRAIL MAINTENANCE
VOLUNTEERS**

-by jim ritchie

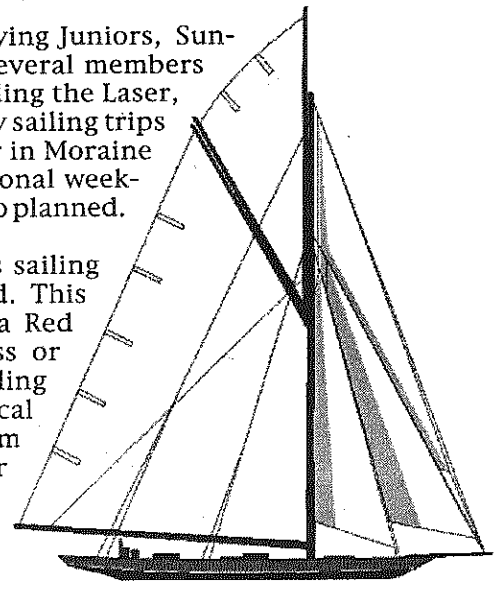
If you are an Adopt-a-Trail volunteer for the Baker Trail or the Rachel Carson Trail, you may remember some mention long ago that someday we may even have our own T-shirts. That day has now come: we have spanking new bright color T-shirts for all our TrailWorkers. The Baker Trail shirts are bright orange with bright green lettering and the Rachel Carson shirts are just the reverse: bright green with bright orange lettering. The colors are consistent with the official trail patches, also available at AYH (sew one on your backpack). The bright T-shirts serve to identify our TrailWorkers while you are out on the Trail.

To help me get all the shirts out, please give me a call at 828-0210; let me know you need a shirt, give me your shirt size, and at the same time, you may want to update me on anything new on your trail section. Shirts are free to all Adopt-A-Trail volunteers and are available for \$7.80 by mail or \$6.30 in person. The cost is \$5.88 for the shirt, 42 cents tax, and \$1.50 for mailing costs.

SAILING

The AYH fleet includes: Flying Juniors, Sunfish, and an International 470. Several members also use their own sailboats including the Laser, Force 5, and Snark. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park near Butler, Pa. Additional weekend trips and extended trips are also planned.

All trips require previous sailing experience unless otherwise stated. This generally means a minimum of a Red Cross certified Basic Sailing Class or equivalent. Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required on all trips. Trip fees are \$13 per person per day plus the AYH activity fee (\$1 member, \$3 non member). All of our 1995 sailing classes have been completed. For those still interested in sailing classes you may contact the Moraine State Park Concessionaire at (412) 368-9000 or American Red Cross, Cleveland at (216) 431-3081



Day Sails at Lake Arthur

Day sails are conducted as AYH trips and are contingent on weather and leader availability. Starting in October, please call Bob or Sara Zavos at 241-0659 by Thursday evening to indicate you may be interested in sailing on the weekend. We will make final plans Friday evening or Saturday morning depending on the weather.

Racing Days at Lake Arthur

We have been racing with the Moraine Sailing Club (MSC) during the Summer in our FJ and our International 470. The 470 is one of eight sailboat classes used in the Olympic Sailing events. MSC also hold numerous social events including seminars, picnics, regattas, youth programs, facilities improvement projects, and banquets. All formal racing events are finished for the year. If you are interested in Sailboat Racing please check our schedule in the Spring, 1996.

Sailboat Maintenance

We will be working on several maintenance projects in the off season and can use help. Projects include rebuilding boat racks at Watts Bay, sailboat patching and painting, changing the standing rigging cables on the FJ masts, and possibly rigging new lines and sails. This will be an excellent chance to learn new skills and help out the sailing program at the same time. Call Bob Zavos at 241-0659.

Sailboat Rentals

AYH Sailboats may also be rented on a daily basis to AYH members who assist in the sailing program or current year sailing class graduates. These individuals must have demonstrated sailing ability plus be completely familiar with rigging and de-rigging our boats as well as caring for sails and hardware. Individuals who rent boats will be responsible for any damages. Daily fees are Sunfish \$25; Flying Junior \$30, International 470 \$40. Call Bob Zavos at 241-0659 for more information.

Extended Trips

Oct. 7-8 Sat - Sun Bob Zavos 241-0659
Annapolis Boat Show: We will depart Friday at 5PM or early Saturday morning depending on group consensus and drive to Baltimore where we check in at the Baltimore Hostel. Depending on weather and other events we may tour the inner harbor and take a sail on a Tall Ship and tour one of the US's earliest Naval vessels docked in the harbor. The evening meal will be a group effort in the Hostel Kitchen. The following morning we take the short drive to Annapolis and visit the boat show. There will be hundreds of boats on display in the water and numerous tents with exhibits and seminars. We can also take a short sail on a Vanguard 15 (similar to the FJs) and/or a 74-foot schooner in Annapolis Harbor. We may also visit the nearby Naval Academy. We depart Annapolis in the late afternoon for the return drive to Pittsburgh.

July 27-Aug 4, 1996 Sat - Sun Bob Zavos 241-0659
Olympic Sailing Events: The centennial Olympic Games are centered in Atlanta, but the Sailing Events (a.k.a. Yachting) take place 250 miles away near Savannah, Georgia. Sailboat classes include: Mistral (wind-surfing), Laser, 470, Europe, Star, Finn, Tornado, and Soling. Olympic sailboat racing combines sailing knowledge and physical endurance with an incredible degree of athleticism. The US has been a dominant force for many years, but these events receive little publicity as they have not been part of the public TV coverage. Most Olympic tickets have already been sold, but tickets for sailing go on sale in the Fall of 1995. They will not be easy to get and they may be expensive. Accommodations may be difficult but there is a nearby hostel. However, if you like sailing and want to be part of the Olympic games this may be the event of a lifetime. Please indicate interest as soon as possible to coordinate ticket applications and accommodations. The trip will close shortly after sailing ticket applications are available. There may also be a chance to attend a few major Olympic events in Atlanta (Track, Baseball, Soccer, Aquatics).

HIKE THE BAKER TRAIL: A FREE SAMPLE

-by jim ritchie

You've probably heard me talking about the Baker Trail since Spring, all the work that's being done, and our adventures while hiking the trail. Many people have called to ask where they can access the trail and where would be a good place to go for a Baker Trail hike. So, I offer below a "free sample" of the Baker Trail for a short hike you can take this fall.

First, the Baker Trail is a linear, long distance backpack trail, not a loop trail. So, you either need to set up a car shuttle (park one car at each end of the hike) or you can hike in-and-out. Then, you need to remember that all maintenance and all the amenities (or the lack of amenities) on the Baker Trail are volunteer efforts, unlike many of the more popular Western Pennsylvania trails that are on State land and are maintained with tax dollars paying State employees to do all the work.

The section I would suggest you try out begins at the Crooked Creek Park Visitor Center; our local TrailWorkers on this section are **Andy Evans & Son**. The hike is approximately 3 miles in total length, in-and-out. You should plan one hour for the walking. There are modern, public restrooms and drinking water in the Visitor Center area.

Getting there from Pittsburgh takes about one hour. Take PA Route 28 north towards Kittanning approximately 35 miles (from the Highland Park Bridge) to PA Route 66. On Route 66, go South toward and past Ford City; go nearly seven miles to the 2nd entrance to Crooked Creek Park (disregard the first entrance by the Tasty Treat). Here turn left and go past Pitzer's Crooked Creek Inn, where you might want to stop after your hike for a sandwich or dinner—the food is good and the price is right. For just a sandwich or ice cream, try the Tasty Treat on Route 66, just outside the park.

Before parking at the Visitor Center, located across the dam on the left hand side, you may want to stop into the Resource Manager's Office, located just before the dam on the right hand side. The Office has maps of Crooked Creek Park and other U.S. Army Corps of Engineers facilities in Western Pennsylvania available for the public. While there, say hello to **Ranger John Derby**, a true "friend of the Baker Trail".

Back on track, at the Visitor Center, start your hike by walking from the parking area to the road and turning toward the dam. As you reach the guide cable along the right hand side of the road, just before the dam, look for a yellow rectangular blaze on a telephone pole in the grassy area to your right. When you get to the pole, look for another yellow blaze along the grassy area extending before you. You stay to the left of the exercise course which is laid out in the trees to your right. Follow the yellow blazes around the corner at the end of the exercise course area, up the mowed pathway, and look for the yellow blazes that will turn you into the wooded area now on your left.

The trail will take you down by the Outflow area where you can pause for a while and watch the activity among the fishermen gathered there. Continuing on, the trail takes you down along the banks of Crooked Creek for another mile or so. After about one and a half miles from your starting point, you will reach a paved road; that is your turn around point. To vary your return, you may want to cross over the fishing platform at the Outflow area; stay to the left of the picnic tables hugging the treeline on your left. This will take you uphill to the far corner of the exercise course, close to the point where you came in.

While at Crooked Creek, you may want to go down to the beach area—look at your Park map—visit the overlook just beyond the Visitor Center, inspect the campground, have a picnic in one of many picnic areas in the park—try the one next to the boat launch. If you have a Baker Trail guide book, you may want to seek out the backpack shelters, there are two in the Crooked Creek area. A memorial to Nellie Bly, "Around the World in 80 Days", is located by the Burrell Township Municipal Building (take Route 66A to Cochran's Mill Road, go left to the T-intersection and go left again; about a quarter mile past the intersection is the memorial). Other attractions include the Crooked Creek Horse Park—country music concerts on summer weekends—and the Crooked Creek Waterslide, also a summer attraction.

I hope you enjoy your sample hike. If you enjoyed yourself, you may want to purchase the Baker Trail Guide so you can do some additional hiking on the trail. If you have any comments, you are welcome to call me, 828-0210.

AMERICAN CANCER SOCIETY 3RD ANNUAL HIKE-A-THON SET FOR OCT. 8

The American Cancer Society of Western Pennsylvania will hold its 3rd Hike-A-Thon on Laurel Ridge above Linn Run State Park on Sunday, October 8. The purpose is to raise money for a worthy cause, to introduce novice hikers to Nature's beauty and the pleasures of the Trail, and to honor the memory of our friends who have died of cancer, including AYH's Tom Trump. The idea came from Monika Vucic of Monroeville, an avid hiker who lost family members and friends to Cancer in recent years.

This event will begin at 10:00 AM come rain or shine! The loop trail is mainly on level terrain with only a few easy hills. Most of the hike will be in the shade. The highlights will be an extended stretch on the Laurel Highlands Hiking Trail, a beautiful view from Beam Rocks, and the autumn colors. The total hike will be about 12 miles long, with three shorter versions to please all types of hikers; from the novice to the more experienced. Three or four rest stops along the trail will provide drinking water and shuttle service back to the starting area. Volunteers are needed to help organize and advertise this event, and to act as trail guides, rest-stop attendants and clean-up crew. All participants should be in good health, and must hike at their own risk.

A detailed description of the hiking trail, including a coded map, will be sent to each registered participant along with a pledge sheet. Specific details concerning sponsorship and donations will be explained upon registration. Participants, sponsors and volunteers are needed to help insure the success of this event. All those interested in participating or volunteering should contact: Monika Vucic, 311 Interlaken Dr., Monroeville PA 15146, (412)-325-4758 or Bruce Sundquist, 210 College Park Dr., Monroeville PA 15146, (412)-327-8737. For verification, please contact Lori Mixon, American Cancer Society, 241 Fourth Avenue, Pittsburgh 15222, (412)-261-4352.

Deadline for registration of participants is Wednesday, October 4, 1995.

HIKING / BACKPACKING

Saturday Oct 7
Tom Kaveney 276-8044
Intermediate 8-10 mile hike, destination to be announced. Meet at HQ at 8:30 a.m. Call for info & a reservation.

Saturday Oct 7
Steve Nydes 661-9357
Intermediate 9 mile hike at the 1st loop trail in Oil Creek St. Pk. Call for info & a reservation.

Saturday Oct 14
Claire Bunker 244-9788
Intermediate 12 mile hike on the John P. Saylor trail. Admire the Fall foliage! Meet at HQ at 8 a.m. Call for info & a reservation.

Sunday Oct 15
Maynard Hansen 751-7615
Joint easy 5 mile hike with BOLD (Blind Outdoor Leisure Development.) Meet at HQ at 10 a.m. or at Friendship Hill at 11:30 a.m. We will tour the Albert Gallatin home. Call for info & a reservation.

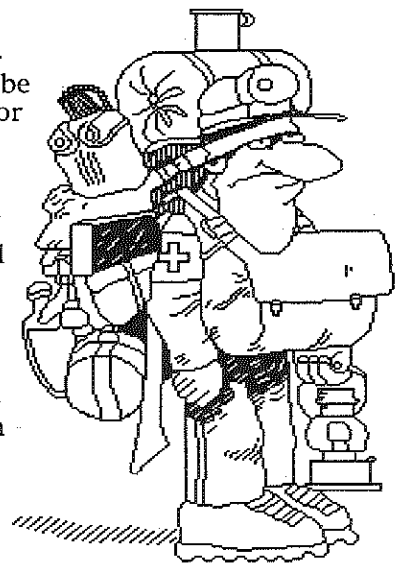
Sunday Oct 15 **Glenn Oster** 364-2864
Intermediate day hike (11 miles) in Ohiopyle St. Pk. Leaves should be beautiful. Call for info & a reservation.

Saturday Oct 21 **Paul Bronder** 882-9255
Intermediate hike on White Tail near Quebec Run. Meet at Wendy's at Southland on Rte 51 at 8:30 a.m. Call for info & a reservation.

Sunday Oct 22 **Leo Stembler** 681-1385
Intermediate hike at Roaring Run. Call for info & a reservation.

Fri Oct 27 - Sun Oct 29 **Glenn Oster** 364-2864
Car camp & intermediate day hike: 13 to 15 miles per day on country roads on Allegheny trail in West Virginia. Call for info & a reservation.

Sat Nov 4 - Sun Nov 5 **Claire Bunker** 244-9788
Intermediate hike on Appalachian trail in Central PA: 13 miles each day. Stay at Iron Masters hostel. Meet at HQ Saturday at 7 a.m., return late on Sunday. Call for info & a reservation.



RACHEL CARSON TRAIL NEWS

-by jim ritchie

You may remember that we recruited enough TrailWorker volunteers in 1994 in our AYH Adopt-a-Trail program to cover the entire 34-mile length of the Trail. While a couple of our recruits were not able to continue their trail maintenance activities in 1995, most signed up once again and a couple volunteers assumed more than one section. There are a couple of sections now open that we hope to fill before winter.

The big event on the Rachel Carson Trail this year was the June 5, National Trails Day, event in North Park where Eastern Mountain Sports (EMS) initiated a day of trail maintenance on the RCT in conjunction with the Keystone Trails Association, led by Ed Beck, KTA President. A new trailhead sign was installed in North Park, debris and trash removed from the trail, blazes repainted, and some trail hardening and side hill construction were completed. Our own **David and Laura Hopper**, RCT volunteers, were assisting Ed and the EMS folks in that effort. EMS also presented the KTA with a \$1,000 grant to be used to fund other trail maintenance projects in Pennsylvania.

Seid Waddell, who now maintains two sections and one spur of the RCT, one in Harrison and the others near Cheswick, also was on site for the EMS/KTA effort. Seid also recently sent me a corrected map of the RCT passing through Harrison Hills County Park, placing the route correctly between instead of outside the two park roads. The next RCT Trail Guide will reflect that information.

Mary Ann and Felix DeGuillio recently reaffirmed their commitments to walk and maintain the Rachel Carson Trail; their territory is near Emmerling Park in Indiana Township. **Leo Stember**, a sometimes hike leader for AYH, continues his efforts in North Park. Leo did not get to Greenland this year, but in his spare time, he has had some great ideas for the RCT for next year and I can't wait to explore these in more detail with him. **Barbara Braidic and her girl scouts**, in the North Hills near the Hampton Nature Reserve, put in their time this year and their section of the trail looks pretty nice.

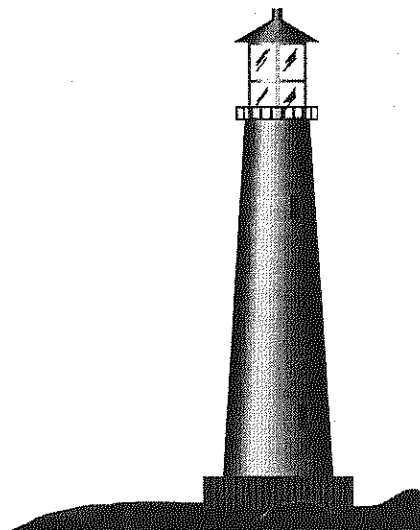
Pat Thompson is a new recruit to the ranks; Pat has some background in the Deer Lakes/West Deer region in Allegheny County and so, had an interest in maintaining the RCT in that area. If you've ever been out that way, you know that is where the roller coaster hills are; that part of the trail is great for building strong legs and lungs. **Don Stevenson, Mary Ellen McShea, John Shea, and Don Smith** continue their good work on the RCT this year as well.

To those who were not able to continue this year, we thank you for your assistance while you were able to provide it. If you are able to come back to trail maintenance again in the future, give me a call and we'll find something for you to do.

When you are out on the Trail, look for the people with the new bright Kelly Green T-shirts with the "Rachel Carson Trail" imprint. They are your trail maintenance volunteers. Say hello and take a minute to thank them for their efforts; tell them how much you enjoyed being on the trail and how good you found the trail condition to be. Your appreciation for their work is important.

SEA-KAYAKING

Our Autumn paddling trips offer crisp, clear days and brilliant fall colors. Trips generally become shorter and more aerobic to adjust for less daylight and cooler weather. We've listed the more elaborate ones below. Impromptu trips will be planned at short notice to take advantage of opportune weather. Many trips are still open to beginners. You can find out the specifics by coming to the monthly dinners or calling 344-8665.



Friday evening 6-October through Sunday evening 8-October, 1995

Sea-kayaking daytrips down the Gran River (Saturday) and the Cuyahoga River (Sunday) in Northeastern Ohio.

The Gran is Ohio's "Grand Canyon" and should offer some spectacular fall foliage and scenery along its flatwater segments. Sunday's paddle will cover part of the Cuyahoga River within the Cuyahoga National Recreational Area. Friday and Saturday nights will be in one of the finest Youth Hostels in the East - a restored plantation-style farmhouse located in the heart of the Recreational Area. Early Reservations are absolutely required in order to secure space at the hostel. Call for more information. Mark Mistrik 344-8665 (h) or 624-3446 (w). Meets Friday evening 5:30 to 6:00 PM in Shadyside.

Saturday 15-October through Sunday 16-October, 1995

Sea-Kayaking camping trip to Kinzua (the Allegheny reservoir). Call early to reserve and for more information. Ed Ostrovecky 224-1419 and 767-5167. Call for more information.

Friday evening 20-October through Sunday night 22-October, 1995

Sea-kayaking and sightseeing weekend to Annapolis, Maryland and Washington, DC. Easy paddling & sightseeing through the historic district of Annapolis (the old waterfront) and through the Monuments and Museums of Washington. Mark Mistrik 344-8665 or 624-3446. Meets Friday evening in Shadyside.

Weeknight evening in October (exact date to be determined)

Paddle down the Monongahala River to downtown Pittsburgh to see the last season's Return of the Paddle Steamboat "the American Queen" and enjoy unique views of our city at night. A bright flashlight and reservations are required. Call by 10/15 for more information. Mark Mistrik 344-8665 and 624-3446. Meets 5:30 - 6:00 PM the evening of the trip, in Shadyside.

Sea-Kayaker's Monthly meeting for October

Join us for dinner at a restaurant in Shadyside and then we've all been invited to Cathy Lynch's apartment for a short slide show of what we've all been up to this past year. Cathy is the co-founder of the sea-kayaking program. Call 344-8665 or 624-3446 by 10/15 to get the details as we are still uncertain as to a date.

Friday evening 3-November through Sunday evening 5-November, 1995

Sea-kayaking weekend roadtrip to Urbana, Virginia. Two scenic Chesapeake Bay paddles on the lower Rappahannock or James rivers and a short night trip to see the bioluminescence (naturally glowing water) there. Trip includes two nights stay in a Condo/Youth Hostel/Resort and a Belgium waffle breakfast. Call for more information and to reserve. Mark Mistrik 344-8665 and 624-3446. Meets Friday evening 5:30 to 6:00 PM in Shadyside.

Light Up Night 1995 (Date to be determined)

Join us for a paddle to downtown Pittsburgh to see the lights and sights. A bright flashlight and reservations are required for this trip. Call for more information by Monday November 6. Mark Mistrik 344-8665 and 624-3446. Meets 5:30 to 6:00 PM the evening of the trip, in Shadyside.

Wednesday evening 22-November through Sunday evening 26-November, 1995.

Sea-kayaking road trip to Eastern South Carolina. Spend your Thanksgiving nice and warm while paddling down the Edisto - the world's longest free-flowing blackwater river. Overnight kayak camping and some sightseeing will be included on the trip. Mark Mistrik 344-8665 and 624-3446. Meets: To Be determined.

Sometime this Winter...

Sea-kayaking trip to sunny Florida. We're working on the details at the monthly dinners. Call Mark Mistrik 344-8665 or Ed Ostrovecky 224-1419 for more information.

Easter Weekend 1996

Sea-kayaking and sightseeing in Charleston, South Carolina and the surrounding area. This is a very interesting and scenic area to explore by kayak. It's also one of the last remnants of the "old South". Early reservation will be required. Come to one of the monthly dinners or call for more information. Mark Mistrik 344-8665 and 624-3446. Meets: To Be Announced.

SUMMER 1996

We're planning a nine-day sea-kayaking trip to Killarney National Park in Ontario. Killarney is the only national park in the world inspired by artists before its founding. Obtaining camping permits requires very early reservations. Call us immediately if you are interested. Mark Mistrik 344-8665 and 624-3446

Convention Connection

Have you ever belonged to a club or organization that held out-of-town meetings or conventions, but you couldn't afford to go? Well, now you can with HI-AYH's Convention Connection!

Hostelling International is gearing up to be included in several housing blocks this year for many associations. If you plan on attending any conferences this year, check first to see if a hostel is listed as a part of the housing block! If it is not, just contact the national office in Washington, DC and ask where the hostel nearest the convention you want to attend is located. It's a great way to save money on accommodations, and it will be a good way to meet other people who are also attending the conference! Here is just one of the many upcoming conventions near an HI-AYH hostel:

The American Association for Marriage and Family Therapy, Baltimore, November 1-5.

PROGRAMS: Helping the Community

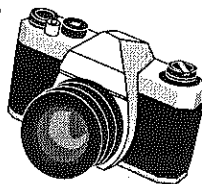
In Austin, Texas, the HI-AYH Southwest Texas Council is starting its second year running the Hostelling Opportunities for Summer Teens (HOST) program. Teenagers of economically and racially diverse backgrounds from an Austin area high school are selected by the council from a large pool of applicants to participate in the program. Participants are divided up into pairs, and each pair lives at the hostel for two weeks. With direct supervision from the hostel staff, they learn the operations of a hostel, carry out assignments, and mingle with hostellers. The student interns greet guests, arrange day trips and games, while learning the ins and outs of hostel management. The teens learn responsibility, improve self-esteem, experience real-life situations, and make friends from all over the world. The program repeatedly proves that in two weeks, horizons can expand rapidly. The HI-AYH Southwest Texas Council was recognized by the Texas State Board of Education's Celebrations of Education Excellence Award for this program.

WALKIN' JIM STOLZ AT SLIPPERY ROCK NOV. 1



Walkin' Jim Stolz will present a program of his music and photography at 7:00 p.m. on Wednesday, November 1, 1995, in the Multipurpose Room, University Union,

Slippery Rock University, Slippery Rock. Walkin' Jim is a long-distance hiker, master photographer, and composer and performer of music celebrating the trail and the environment. Free admission.



CENTRAL SUSQUEHANNA HOSTELLERS

Pennsylvania Grand Canyon Hike (West Rim) October 21, 1995

Hiking under moderate conditions. From south of Tiadaghton to near Blackwell PA covering 10 miles with five vistas overlooking the canyon and its Pine Creek Gorge from elevations of approximately 1830 feet. The Fall foliage in their yellows, reds, and purples should be spectacular.

Meet at 6 am at the Bonanza Restaurant parking lot at the New Columbia exit of I-80 and US 15. We will car pool 150 miles round trip. Bring lunch, and 1 gallon of beverage. Expenses: trip fee of \$1 for members or \$3 for non-members plus car-pooling expense (\$3-6 depending on availability of vans). Call Paul James at 717-568-5372 between 5 and 7 pm before October 17th. Ages 13 and up. A joint trip with First Youth Ministries.

Ricketts Glen State Park Hike September 30, 1995

One mile east of Red Rock PA on Route 118 (30 miles north of Bloomsburg PA). Hiking under moderate conditions with a few spots which are steep and slippery. Hiking shoes are recommended for this 9 mile hike.

Park consists of 13,050 acres in Luzerne, Sullivan, and Columbia Counties with 40 acres Lake Jean.

We will hike along deep gorges from PA route 118 up Kitchen Creek and along Lake Jean beach trail where we'll have lunch and then return by a different trail. We will be among giant pines, hemlocks, and oaks, many of which are 500 years old with diameters of almost five feet and towering to 100 feet in height. We will see 22 different waterfalls, each unique, with the highest 94 feet. We anticipate fall foliage color and an enjoyable hike.

Meet at 8 am at the Bonanza Restaurant parking lot at the New Columbia exit of I-80 and US 15. We will car-pool approximately 90 miles round trip to the trail.

Bring lunch and beverage. Water available at trail and Lake Jean. Return around 5 pm. Costs \$1 member or \$3 non-member trip fee plus car-pooling expense (\$2-5 depending on availability of vans). Call Paul James 717-568-5372 between 5 and 7 pm before September 26th. A joint trip with First Youth Ministries.

Columbia County Covered Bridge Bicycle Ride October 8th 1 pm

Meeting at Knoebels Grove Amusement Park. 25-30 miles, easy to moderate. Call Sandy Trate at 717-742-7293 evenings.

Why Washington

by Glenn Oster

In the five previous issues of The Golden Triangle, Glenn Oster related the group's experiences, on a Pittsburgh Council, HI/AYH backpacking trip, while driving out to the state of Washington, backpacking in the North Cascades Range, sightseeing in the North Cascades, traveling around Olympic National Park, backpacking up the Pacific Coast to the Point of Arches, sightseeing and hiking around Mount Rainier and Mount Saint Helens and of their last day together in Seattle. This final installment narrates Glenn's drive home, ending what he calls "a dream vacation".

Now, I was on my own - the time constraints over. I enjoy driving and didn't mind the 3,000+ miles that I'd be traveling alone. But, I did miss my companions. Not being able to share the wonderful scenes lessens their attractiveness, but not enough so to pass up the opportunity.

Mount Baker eluded me the only previous time I went to see it - totally enshrouded in clouds. Maybe if I tried from the north——. I tried, and I saw it at high elevation. It involved an hour long drive up a narrow gravel road. Against a dull overcast backdrop, it surely didn't stand out very well for photos. The other disappointment attributable to the overcast was Mount Chalkone in the same area as Mount Baker, the Mount Baker - Snowquallmie National Forest. My mind harkened back to the picture post cards I've seen. They showed it "posed proudly with its chin up and its chest out" reflecting the morning sunlight in a nearby lake. No comparison.

Surprisingly, there was a pleasant, unexpected scenic delight in the National Forest, the Nooksak River. It is a wild river coursing down a deep canyon. Over long stretches, virtually no green water is evident - all frothy white. Its power and attraction reached its ultimate appeal at Nooksak Falls. That made up for any loss I felt in going so far out of my way to see Mounts Baker and Chalkone. The falls were announced merely by a small sign at a side road saying laconically "Falls." It was a marvelous sight. Were this to be in the east, we'd travel hundreds of miles to see it. In Washington, there's just so much to see that a major attraction like this rates only a sign saying "Falls."

Another first for me was driving up the west side of the Rocky Mountains in British Columbia. The highway was excellent and the views rewarding all the way to my crossover point at the town of Tete Jaune Cache. From there, my course was east over the Rockies to Jasper, Alberta, and south on the Ice Fields Parkway. Pictures were demanded at Athabasca Falls and Sunwapta Falls (one I often think of with its little twenty foot wide tree covered island just above the falls). Also picture material were Tangle Falls (a long series of smaller falls), Athabasca Glacier and many lesser glaciers adorning the mountain range. These glaciers are fingers of the seemingly endless Columbia Ice Field. I stopped also to see turquoise Peyto Lake, along with hundreds of other tourists. As with so many lakes in areas where glaciers are common, glacial silt and the color of the sky affect the color of Peyto Lake. Continuing south, I made my way to Lake Louise; again, I couldn't get an acceptable picture. I've been there perhaps six times and have yet to find lighting conditions suitable. Some day I may remember to go there in the morning when it would not be backlit.

I was astonished at the number of bicyclists who were riding on The Ice Fields Highway, fully loaded for camping along the way. That they had to be in superb shape was an understatement. They were riding, not pushing, up the many long, steep hills. I spoke to, but didn't stop a couple who had to be nearly age sixty as they inched their way up the killer hill by Tangle Falls. Understandably, they were speechless.

West over the Rockies again for one last super scenic revisit in Canada, Takaka Falls in Yoho National Park, British Columbia. My only previous visit was in rain, and the view left a lot to be desired, hence my determination to see it again under better conditions. This time conditions were great. The afternoon sun shone directly on the falls, and it was spectacular! Takaka Falls is a sizeable stream that drops more than 1100 feet, but the one aspect which singles it out is the interrupted drop that it makes. One quarter of the way down it thrusts far out as though having been funneled through a chute and then free falling to the base. It impressed me on my first visit and now holds a very special place in my memory.

My last stop on this great trip was at Glacier National Park. However, I have to mention one incident that occurred along the way as I was driving a major highway south. Precisely at the Alberta/ Montana border, a herd of seven big horn mountain sheep appeared in the center of the road, presumably discussing US/Canadian politics. I managed to stop in time and avoided running them down. I took pictures of them leaving the highway walking in front of the sign that welcomes motorists to the Province of Alberta. Sorry about interrupting their conference; hope they got matters resolved.

At Glacier National Park, I traveled west to east, crossing the Rockies again on the Going to the Sun Highway. Like a broken record, I marveled once more at the feat of the bicyclists there who climbed thousands of feet to cross Logan Pass with fully loaded touring bikes - what a physical accomplishment! There is so much to write about at Glacier that this tome could go on for many more pages. I'll just touch on a hike I took with a ranger led group at Two Medicine, my choice of any location in this magnificent park. The hike was twelve miles in length climbing up to and back down from a small mountain lake. The ranger was a woman who appeared Caucasian, but in fact was more Blackfeet Indian than white. This is one area south of Canada where grizzly bears roam freely, and every few minutes she'd interrupt her story of the moment to let out with a loud cry, "beaarr - beaarr." Doesn't pay to startle one, and she wasn't about to let that happen. She had interesting insight about the park and the area's native American culture. Her many stories and observations made the hike seem to end much too quickly.

By then, time was running out on the rental van deal, and home was a long way off; so, I pointed the van east and drove directly home camping along the way. I had traveled over 8800 miles plus all that wonderful sight seeing and hiking in thirty-two days. I had advertised this in the AYH Golden Triangle as a "Dream Vacation." It certainly was that for me.

Hostelling continued

francs) to 600+ I think. If you are a Youth Hostel member, the stay is cheaper, as in most hostels. If you are an adult, the overnight stay costs more. I think they have special arrangements and prices for groups, I have seen there innumerable buses with loads of kids (6 years old to 16, let's say) coming to visit — from Belgium, Holland, Scandinavia, France, you name it. I don't think the hostel could accommodate more than 3 busloads at the same time, though.

What surprised me was the extent of allowed smoking going on. (Not allowed in the dorms, than God!) Yes, I AM a non-smoker. But smoking was going to bother me throughout Europe, even though I was born there and lived there many years. It bothered me a lot two Summers ago but even more this time. I read once in a newspaper that "Berliners smoke aggressively". Well, so do many people in Paris, Brussels, Luxembourg, etc... etc... In that particular YH I speak of, what bothered me a lot was the sight of (especially French) adults, official tour leaders with the small kids, arrogantly and continually puffing cigarette smoke in the faces of their charges, instead of telling them how dangerous tobacco is. Those adults, paid to escort the youngsters, were in fact encouraging them to smoke. I just could not believe it. (Later, I was going to witness the same sad scene in Brussels, again with French adults escorting kids just about 10 to 15 years old.)

I was surprised (and delighted) on the first morning of my stay at the Luxembourg hostel, by the generosity of the breakfast (included in the overnight price.) Several VERY LARGE chunks of butter, lots of different and delicious breads and rolls, varied piles of lunch meats, several cheeses (including goat cheese and other kinds), honey, chocolate spread, hot coffee of course (average good), hot chocolate, various other drinks (cold juices) and fresh water — you name it. Also various gruels and cereals with plenty of milk to pour on for those who want. And all this "a`volonte'" as the French say — as much as you want. I certainly forgot a number of goodies. Of course, some people will use such generosity to confection for themselves a lunch pack. I never saw the YH people in Luxembourg watch for such people, and sure enough, one morning I noticed a (pretty) girl wrapping food in paper towels and taking it away as she left the dining hall (the YH is also generous with the paper towels they supply.) Even though they don't WATCH you at the refectory tables, they don't encourage this sort of thing. In fact, for 150 LF the kitchen will confection for you a VERY GENEROUS AND DELICIOUS lunch pack, so it's really not worth a small larceny in the morning. As a lunch pack, I received 2 big really delicious sandwiches, a beautiful fresh fruit, an individual container with a drink, enough paper towels and a bar of an excellent Belgian chocolate. That YH, by the way, readily distributes questionnaires asking the residents what they like and dislike about the place, and soliciting advice as to how they could improve conditions. The youth hostellers will know that not too many Youth Hostels are so forthcoming in asking travelers about the good and not so good points of the place.

Another point: that YH is a small walking distance away from ruins that date back to +/- the year 1000 AD. and that are in the process of being excavated and shown to the public. A lot can be seen already.

Um der Umwelt zuliebe, bitte nehmen Sie nur eine Serviette.

CLASSIFIED

All trips and products listed here are private and are **not sponsored or endorsed** by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

FOR SALE: Northface internal-frame backpack \$150; Northface tadpole tent (1-2 person) \$140; Whisper light stove \$50; First-Need water filter \$40. Call 242-9747(w) or 1-800-917-4763(pager) and leave message.

FOR SALE: Sail board/wind surfer; Mistral-large older model in good condition. Fiberglass mast, hardware, 2 sails (4m&6m) \$250. Perfect for starter. Night 766-3972 or Day 762-7440.

FOR SALE: Rowing machine with electronic monitor. Like new. \$75.00 or best offer. Call 823-5002.

FOR SALE: 2 Dolfino professional silicone dive masks; low volume, fog-free, double edge. Used once and in original box. (older snorkels free) \$35 Eileen 531-9610

For Sale: Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

For Sale: 60" metal desk, 55" wood roll top desk, steno chair Peg Cline @ 372,1782

For Sale: 16 ft Canoe - Blue Hole style hull, ABS, with Bugby style gunwales and seats. \$300.00. Call Linda or Jim Roberts - daytime at 268-6731, Nights until 9:00 at 244-8332.

For Sale: 19' Albacore Sailboat with trailer. Main sail and jib in excellent shape (recently reconditioned and still in original box). A fun boat!! \$800.00 Call Helena at 784-0299 or Paul Egbert at Wind & Water 586-2080.

For Sale: Exercise Machine, Rower/xc Skier. Like new. \$80.00 Firm. Call 341-4204. Leave message.

Hiking partner(s) wanted: South Hills to Highland Park, Sat or Sun mornings this Fall. Ray Regan 341-9950, after 8:30 PM.

Distributing AYH brochures We are looking for places to distribute hostelling brochures, primarily brochures describing hostelling and how to purchase a Hostelling International membership, but also some specific hostel brochures. If you have some suggestions on where we can display brochures for potential hostellers - such as colleges, travel agencies and travel bookstores, please call the office at 412-422-2282. We will be happy to deliver them.

Editor, The Golden Triangle
6300 5th Ave
Pittsburgh, PA 15232

REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 5604 Solway St., Pittsburgh PA 15217

The Pittsburgh Council Travel Store is open Mon. 9 to 3, Tue. 11 to 3, Wed. 11 to 6, Thur. 11 to 3 and Fri. from 9 to 3. Hours are subject to change, so it's a good idea to call the office at 412-422-2282 before coming in. We're in Room 202 of the Wightman School Building at 5604 Solway Street in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, rail passes, and books are available.