

SEPTEMBER

GOLDEN TRIANGLE

September 1967

Sept, 1967

PITTSBURGH COUNCIL AMERICAN YOUTH HOSTELS, INC.
6300 FIFTH AVE., PITTSBURGH, PA. 15232

PHONE 362-8181

SEPTEMBER OPEN HOUSE PROGRAMS
8:30 P.M. - THURSDAYS

- Sept. 7 - TERRY SANDERS will show slides from the recent Tygert River trip and others.
- 14 - Wisconsin Dells - as seen by BRUCE SUNDQUIST on his A.Y.H. trip this summer.
- 21 - Part I of the great A.Y.H. epic climb in the Tetons - as led by HENRY FISHER.
- 28 - Part II See fearless climbers and a bearded BOB HERMAN immortalized on slides.

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PENNSYLVANIA DUTCH TRIP - BOB SNELL, who is new to our club, but not to cycling, is planning a Pennsylvania Dutch trip the last week in September. The trip will start and finish in Hershey and will cover 30-50 miles per day using hostels along the way. You can contact Bob at his hotel in Ligonier at 814-238-9972. If he is not there leave your number and best time to call you back.

PLEASE NOTE

Deadline for Golden Triangle articles, Trips & Trails, Program, etc. September 21 (Thursday).

Triangle production party at A.Y.H., starting about 8 P.M. Tuesday, September 26. Check with ERIC STACEY (351-3297) to be sure the date hasn't been changed.

TRIPS & TRAILS

SAIL CANOEING WEEKEND Learn to sail at Gallitzin or at Deep Creek Lake. Community supper and breakfasts. Bring lunches for both days and about \$6.50. Leave A.Y.M. at 7:30 a.m. Saturday. Reserve with BRUCE SUNDQUIST (373-1212, Ext. 412) by Thursday night, August 31st.

9, 10 RAFTING on the Tygart River from Selington to Lillian, W. Va. Those wishing to canoe in their own canoes may do so. Bring camping equipment, four meals, change of clothes, about \$8.00, and a willingness to attempt a real adventure on an exciting mountain river. In the advent of low water, we will try the Dry Fork and the Cheat River. If the weather is too bad, trip will be rescheduled for Sept. 16-17. Leave A.Y.H. 3 a.m. Saturday, Sept. 9. Reserve with HOWARD KING (264-1386 by Thursday Sept. 7).

LARRY SISK leads a Saturday afternoon cycle tour of Pittsburgh parks, leaving hostel at 12 noon and covering about 15 mi. Cost 40¢ plus \$1.00 cycle rental. Call Larry at 766-6963.

A scenic cycle trip in the Amish area of Beaver and Lawrence Co. with trip length options of 20 and 30 miles. DON LASZACS leads this one. Meet at hostel at 8 a.m. and haul cycles to starting point. Bring lunch. Cost about \$1.40 plus \$1.50 cycle rental. Call Don at 346-1232.

13 Learn the necessary art of cycle maintenance the easy way thru actual demonstrations given by BILL PULLING. Meet at hostel at 7:30 p.m.

16 ROCK CLIMBING Trip to White Rocks, near Uniontown, for both new and experienced climbers. Bring lunch and about \$2.00. Reserve with JOHN HENRY (661-7952) by Thursday, Sept. 14. Leave AYH 3 A.M. Sat., Sept. 16.

16 Improve your cycling skill thru short rides, demonstrations and practice sessions at North Park, also instruction on riding a 10-speed cycle. Sign up early so that food can be planned for the picnic afterwards. Cost about \$1.75. Bring lunch. Call BOB OHLOR at 264-4465.

17 A delightful Sunday morning cycle trip led by LOIS THORNTON thru Pittsburgh when the streets are clear of traffic. Meet at hostel at 8:30 a.m. and return around noon. Cost 40¢ plus \$1.00 cycle rental. LOIS' # 362-5534.

23 CANOEING - Moderate white water trip South Fork, Pa. to Johnstown on the Conemaugh River. Bring lunch, change of clothes, and about \$4.00. Reserve with HOWARD KING (264-1386). Leave A.Y.H. at 8 a.m.

23 Another chance to earn the 1st level A.Y.H. cycling patch with a 25-mile in 3 hour ride led by ED SHOEMAKER. Cost 40¢ plus \$1.00 cycle rental. Contact Ed at 561-5476. Meet at hostel at 8:30 a.m.

23 BOB SNELL leads one-week Pa. Dutch trip. See cycle news.

22,23,24 CLIMBING (HENRY FISHER 521-8992) HIKING (BRUCE SUNDQUIST 351-3100, Ext. 412) SPELUNKING (BOB HERMAN 361-8864)

Seneca Rocks weekend trip leaves AYH Friday night at 7 P.M. Bring camping gear, swim suit, change of clothes, 2 lunches and about \$6.50. Breakfasts and dinners are included. Cavers will have added mileage costs depending upon which caves are explored. Reserve with leaders by Thurs. Sept. 21

A.Y.H. Conducts Canoe School

A.Y.H. has just completed giving a 16-hour canoe school in Oakmont as part of an ACTION program there. About 10 students attended the two-hour sessions on Tuesday and Wednesday evenings during August. All began as neophytes and finished up as accomplished gunnel, whompers and jousters (more or less). Graduation exercises included a canoeing trip from Oakmont to the Point in Pittsburgh. BOB FENKES and LLOYD GEERTZ shared the post of instructor-in-charge. Others helping with the coaching included FRED and LARRY HULL, ANALEE FITZGIBBONS, TOM WELT, and BRUCE SUNDQUIST. A.Y.H. was given two new Grumman canoes to facilitate conducting the school.



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"TRAILS FOR AMERICA"

This excellent report on the Nationwide Trail Study is now available from the superintendent of documents (Government Printing Office, Washington, D. C. 20402). The cost is \$2.25 and it's well worth it. It describes all the current activities and plans related to the construction of hiking and cycle trails throughout the U. S. Many maps, photographs, etc. make it enjoyable reading.

SOGGY CYCLISTS ON THE OLD C. AND O.

Ten cyclists enjoyed about 50 miles (Oldtown to Hancock) of the C. and O. Canal's towpath in early August - enjoyed most of it, that is. The last half of Saturday afternoon saw our not-so-merry band cycling right behind a rain squall which turned the towpath into two grooves of mud - miles and miles of mud! Beyond that the trip was great. Without a doubt, the C. and O. is one of the best cycle routes in Eastern U. S. (picturesque, scenic, flat, shady, uncrowded, interesting). All one has to do before setting out on a trip is to check the Cumberland weather bureau for the rainfall (recent, past and future). The towpath is now a national monument and considerable effort is being spent on rebuilding some of the old locks, viaducts, etc. There are also now many hiker-biker camping spots along the towpath which are equipped with pump, picnic table, fireplaces, etc. These are ideal for overnight hiking and cycle trips. A detailed set of maps on the trail is available from the Potomac Council of A.Y.H. for \$1.50 (1400 L Street, N. W., Washington, D. C. 20005). BILL ATHEY of this council (458 Martin Avenue, New Martinsville, West Va.) can give you all sorts of advice on various sectors of the trail since he has cycled the entire trail (about 180 miles) several times.

MERCI BIEN

I wish I could adequately translate all the polite speeches of thanks given to us by our visitors from Lyon, France after their evening of walking on top of Mt. Washington and around Gateway Center. I know that they will remember longest the Americans whom they met that evening. Sincere thanks to all who helped spread international good will this way. CATHY.

P.S. If anyone feels that they would like to make a contribution to reimburse the A.Y.H.ers who paid for the incline rides and some of the cokes, I will see that any money given to me for this purpose is divided among those who paid for these items.

CYCLE NEWS

Make your views known to cycle chairman, BOB CHLOR, concerning the type of cycle trips desired and your comments on the September trips...We have obtained a quality high pressure pump with built-in pressure gauge for cycle shop use. It makes it very easy to bring tires up to proper pressure at the start of a cycle trip. It is available at Schwinn shops and well worth the \$10.00 it costs. . . On the first 25 miles in 3 hours qualification trip, ED SHOEMAKER, MAXINE LEW, DON LASZACS and CHRIS OLSON qualified. You can try too in September.

9. 5. 20

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