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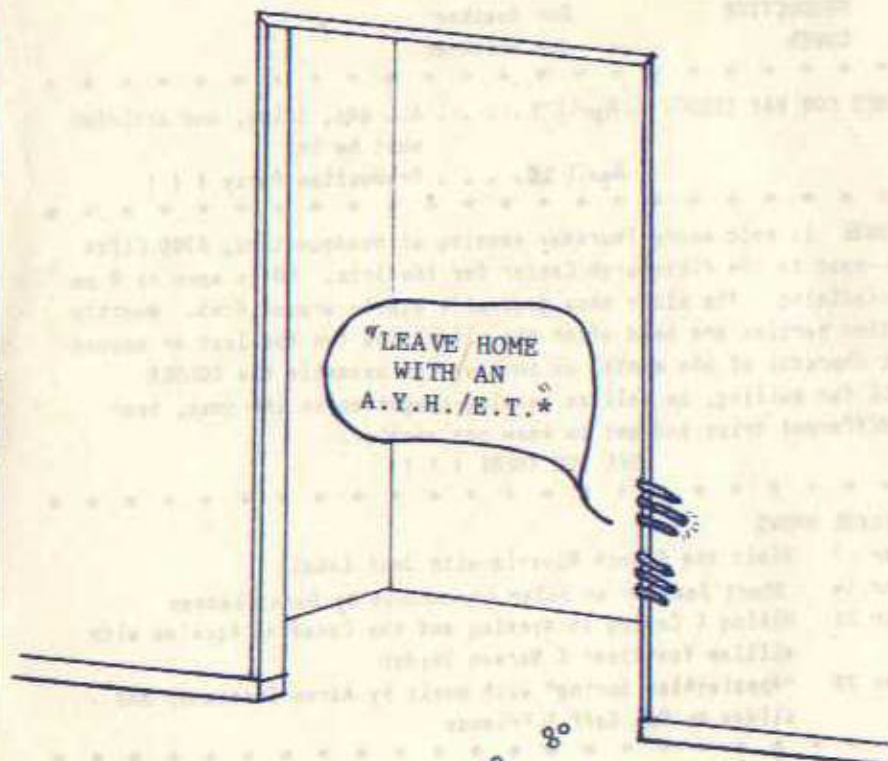
Pittsburgh Council
AMERICAN YOUTH HOSTELS INC.
6300 FIFTH AVENUE
PITTSBURGH, PA. 15232

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PITTSBURGH COUNCIL

VOL. 34 NO. 4

Golden Triangle



*EXTENDED TRIP

APRIL 1983

AMERICAN YOUTH HOSTELS INC.
6300 FIFTH AVE. PGH. PA.15232



PITTSBURGH COUNCIL
AMERICAN YOUTH HOSTELS
6300 Fifth Avenue
Pittsburgh PA 15232

THE GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council American Youth Hostels. The contents are the responsibility of the eds.

EDITORS Jeri Walsh, Carole Haim
PRINTING Irwin Nauman
PLATES Jim Allis
MAILING Don Hoecker, Roy Weil
TIPS AND TALES Joe Hoechner
PRODUCTION Don Hoecker
COVER Joe Hoechner

DEADLINES FOR MAY ISSUE: April 7 ALL ads, trips, and articles must be in!

April 28 Production Party !!!

OPEN HOUSE is held every Thursday evening at Headquarters, 6300 Fifth Avenue--next to the Pittsburgh Center for the Arts. HQ is open by 8 pm for socializing. The slide show generally starts around 8:45. Monthly production parties are held after the slide show (on the last or second-to-last Thursday of the month) so that we can assemble the GOLDEN TRIANGLE for mailing, as well as getting caught up on the news, hear about different trips and get to know one another.

SEE YOU THERE !!!

MARCH SLIDE SHOWS

Apr 7 Visit the French Riviera with Joel LeGall
Apr 14 Short Seminar on Solar Greenhouse by Donna Lebean
Apr 21 Hiking & Caving in Wyoming and the Canadian Rockies with William Voettiner & Norman Snyder
Apr 28 "Appalachian Spring" with music by Aaron Copeland, and slides by Bob Goff & Friends

APRIL ACTIVITIES BOARD MEETING will be held at the home of Blanche Asherman, 344 Lincoln Avenue in Verona at 8 pm. Phone: Home-828-8158 or Work 561-8824. Directions: Close to the Oakmont Country Club, drive up the street untill you see a pair of skis (small) on the mailbox.

MSCRAMBLE THE WORDS TO DISCOVER SOMETHING FUN TO DO THIS SPRING ! ? !

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CNGIMLBI, VACING, IKHIGN, TRAINGF ... CCRILIE HET ATEDS.

A Y H MEMBERSHIP APPLICATION

AYH memberships are available at any Open House meeting. If you are unable to attend a meeting, you may wish to fill out the application found at the bottom of this page and send it, along with your check, made payable to 'Pittsburgh Council, AYH' to:

AYH Membership
6300 Fifth Avenue
Pittsburgh, Pa. 15232

Allow 3-4 weeks for delivery of your hostelling pass. NOTE: Membership also sells International Hostel Guide to Europe for \$5.00 by mail and \$4.00 at Headquarters.

CHECK ONE:

☐ \$7.00 Youth
☐ \$7.00 Senior Citizen(60+)
☐ \$14.00 Senior (18-59)
☐ \$21.00 Family
☐ \$35.00 Organization (non-profit)
☐ \$35.00 Three-year Senior
☐ \$140.00 Life
\$ _____ Tax Deductable Donation

OUR COUNCIL is a volunteer organization. There is always need for leaders and people willing to donate their time and skills for the purpose of maintaining and improving our Council. If you are interested in contributing your efforts to any of the activities or service-oriented areas, please contact a member of the Activities Board, or attend a Board meeting.



Feeling sad & lonely? Meet new people at Pittsburgh A.Y.H!
For info call: 362-8181.

NAME _____
ADDRESS _____
ZIP _____
PHONE _____ NEW/RENEWAL _____
BIRTHDATE _____

HIKING

sat apr 2 ADVanced bushwhack. Meet at HQ at 8:30 am. (And when I say 8:30, I mean 8:47!). Call Rick Ulsky 422-0849.

sat apr 9 ADVanced bushwhack. Return to the Beaver ponds and briars
of Ohio. Call Dan Martt at 343-5847.

sun apr 10 INTERmediate. Ten to twelve miles in the Laurel Mountain-Linn Run area. Leave HQ at 7:30 am. Call Bob Kenneweg at 553-3394(w) or 521-2356(b)

sat apr 16 Birdwatching hike at Lake Arthur. Leave HQ at 8 am. For
more info., call Annalee Fitzgibbons at 563-1570(h) or
431-1884(w).

sun apr 24 BEGINNER. Easy hike at Jennings Nature Reserve. Meet at HQ at 9 am. Call Shirley Sedmak 242-1573.

KAYAKING Ray Yutzy 561-3764 Lou Conley 681-8321

KAYAK AUCTION

Two "Roll Trained" AYH kayaks will be auctioned off this spring to the highest bidders. These kayaks are in good condition and can be examined at any Thursday night open house meeting. Contact Lou or Ray for details.

REF P-5

Anyone equipped for cold water paddling and interested in paddling on a weekday during April can contact Lou Conley to arrange a possible trip.

#OLLEYBALL Jeff Marsh 831-9490(h) 462-5000 x6501(w)

Harriet Ann Seiner 681-1189

April starts the OUTDOOR volleyball season. We will play in Mellon Park above the Headquarters Building on Tuesday, May 1 in April. Come around 6 pm, weather permitting of course! 50¢ for members, \$2 for non-members.



Southwest is a bearing of 125° 225° 215°. You may need our Map & Compass Workshop !!!

TIPS & TALES

TIPS & TALES

TIPS & TALES

Would your school like to sell A. Y. H. memberships? If you attend one of the major colleges in Pittsburgh, perhaps you can help A.Y.H. expand its number of pass-selling agencies. The Pittsburgh Council is seeking outlets for membership sales right on campus - in the student union, at the info desk or perhaps at the campus bookstore. If you know of a possible location, along with a contact person, please call Joe Hoechner at 373-3403 and he will start the paperwork moving.

Watch for Spring work parties at the Ohiopyle Youth Hostel. If you've never spent an overnight there your chance may be here - without the overnight fee. Skills not really required. If you can do yardwork, use a shovel, paintbrush, move furniture, etc., **YOU ARE NEEDED**. Also needed are **ELECTRICIANS**! Watch for scheduled trips or contact Jim Gogate or Joe Hoechner, if you have some spare time.

HAS ANYONE OUT THERE EVER RELINED A CHIMNEY

SUMMER TRAVEL PLANS

A.Y.H. MIGHT HAVE AN "E" THER FOR YOU

We have the "Highroads to Adventure" Trip Brochure from National A.Y. & METRO N.Y. AYH Trip Booklets, Bikecentennials List, and have even Canadian Hostel Trips. Check out our bulletin boards - Hosteling The Way to Go !!! (E.T. - Extended Trip)

HAPPINESS IS - Having your bicycle securely locked up all winter when you are not using it, but ... MISERY IS - forgetting your lock combination or misplacing the key when you are ready to use it.

H U R R Y U P ! F E A R U P !

Applications are available at HQ for the Wheelmen's Local Rally, right in our back yard, almost. Slippery Rock State College will host 2,000 cyclists over the Memorial Day weekend. AYH may even have a group trip to cycle up there (ask Fred Parker about the free gifts for riding to a GEAR). Rides are available on all levels, for all levels. Get your application in A.S.A.P. and then watch the Triangle for car pooling info.

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TRAVEL S SH D K ! !
S H CC ! !

If you get a passport this year it will be. According to reports, if you renew your existing passport, it will cost about \$35.00. If you get a new passport you will pay \$42.00!! Of course you can still travel/hostel the U.S., Canada, and Mexico and not have to get a passport.

HQ WORK PARTY!

Work up an appetite for the Annual AYH Banquet by doing some time at Council Headquarters. A tentative date of Saturday, April 9, has been set for a spring clean-up. Check with President Chuck or V.Pres. Joe to confirm the time and work to be done.

A POSSIBLE AYH ET IS COMING!

Joe & Sally are planning a two week bicycle tour thru the wilds of Michigan. Starting time is around the Fourth of July and would use hostels and inns in a loop following the lakes. They would like to hear from two other active cycling couples who can do about 50 miles a day with loaded bikes without benefits of a sag wagon. Call Joe at 373-3403.

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521-1565

Shurysville
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327-4430

FIRST ANNUAL WESTERN PA TRAILS CONFERENCE

Is being held on April 16th at North Park. Since the AYH is one of the Major sponsors of this event and I am the Hospitality Chairman, I am requesting donations of cookies to be served with refreshments. They should be available by Thursday the 14th at the Hostel open house. Call Ianthe Asherman at 661-8825 (8-4) or 828-8158 (after 5).

About thirty organizations are cooperating, including Appalachian Mountain Club, The Appalachian Trail Conference, Keystone Trails Asso., eastern PA Conservancy, Citiparks, and others. Persons interested in trails, trail maintenance, trail building and education should attend. Advance Registration is required and space is limited. Fee is \$2 and optional lunch \$3. For info and registration see Cliff Ham, Jack Peth, or in Martt.

SPECIAL NOTE: Ohiopyle Youth Hostel has had a new houseparent since December, Ms. Sue Moore. She would like to see some rock climbers using the hostel this spring! WaddayasayWoj?



Swing into Spring in the West Virginia Mountains. Beginners to experts will thrill to:

- RAFTING the rapids of the Cheat River
- ROCKCLIMBING at Cooper's Rock State Forest
- Exploring nearby CAVES
- HIKING along river canyons or over mountain trails.

A great weekend to get into your favorite activity, or better yet—a chance to try a new one !!

We will meet at 6:30 pm Friday, May 20 at council headquarters and depart promptly at 7:00 pm.

Be sure to bring your AYH PASS, sleeping bag or blankets, raingear, 2 lunches, a water bottle or canteen, and appropriate equipment for your daytrips (e.g. daypack, change of clothing, etc.).

Final costs (to be figured and divided among the trippers) will include Sat. breakfast, Sat. dinner, Sun. breakfast, and transportation. Please note: equipment rental is not included.

Reservations and a \$10 deposit per person must be received by May 12. Please make checks payable to Pittsburgh Council, AYH.

NAME(s) _____

MAIL TO: Shelley Werner
3499 Denny St.
Pgh. Pa. 15201

PHONE _____

OR GIVE TO SHELLEY AT Thur. Mtg.

Need _____ ride(s) Can take _____ rider(s) Can help with meals _____

and preparers of meals, share of shelter, and also, low mileage trip leaders (maps available). Fred Parker at 824-2838. P.S. This is the Base's cleanup weekend and those wishing to help are also welcome.

BIKE Clinic Wed apr 29

Hands-on Clinic for those who want to learn more about fixing their riding machines. Bring your bike and come to HQ at 7:30 pm. Call Chuck or Lynn at 488-8198 if you have any questions.

TRAINING FOR TOURS THIS SPRING? The following people will be doing some cycling throughout the month of April in preparation for TOURS in May. They can be contacted individually regarding time and location.

Lou Conley 881-8321	Chuck + Lynn Ejzak 488-8198
Donna Lohm 429-1072	Larry Laude 883-8554
Jeff Marsh 833-9490	Harriet Ann Seiner 881-1180
Fred Parker 824-2838	Judy Monosky 243-1537

CANOEING Penny Smith 243-1387

During the colder months, canoe trips are not scheduled in advance. However, trips are organized at the Thursday night meetings are open to those with proper equipment and canoeing skills. Scheduled trips and school will be posted in the Triangle.

CAVING John Popp 853-8028 Vicki Lineback 882-4087 Bora Snyder 351-4068

sat apr 23 BEGINNER trip to Beaverhole Upper Cave near Cooper's Rock State Park. Offers a 2 mile hike through the buccolic West Virginia countryside. Possibility of blind crayfish in the cave. A scavenger hunt for a long lost cave pack. Vicki Lineback 882-4087.

sat apr 9- INTERMEDIATE trip to large West Virginia cave. Leave Friday evening. Call Buck Rodgers at 751-7957.

CLIMBING Noj 322-4524 Barry Governor 621-7114 Karl Horner 521-8484

fri apr 1- INTERMEDIATE trip to Washington, D.C. (Overbrook). Call any of the above numbers for reservations.

sun apr 12 BEGIN. Climbing at White Rocks near Uniontown. Bring tennis shoes, hiking boots, lunch, leather padded gloves (if you have them). Meet at HQ at 7 am. Call above numbers for reservations.

sat apr 30 BEGIN. Climbing at White Rocks. See note for above trip.

C INSTRUCTION

P CardioPulmonary Resuscitation Classes will be held in May for ANYONE interested in receiving CPR certification or for those who have yet to be initially certified. Call Barry Governor 421-7114 or 488-8766 for further info and details.

COMMEMORATIVE

STAMP Will your signature be missing when the final letter/petition has been presented to the US Postal Service in our appeal for a stamp commemorating our 50th anniversary? Every signature IS NEEDED!!!! Please sign the petition at headquarters if you have not already done so. Know that you will have taken part in making things happen. **TEACHERS-** have you thought of taking a petition to you class? The AYV is an educational organization; student exposure to AYV would be beneficial to all. Your efforts would be much appreciated.

WHO IS NATIONAL Y...

....National is YOU and anyone else who takes the time and the effort to forward ideas to "National Staff." AYV, Inc. is currently looking for input concerning how we may effectively and efficiently bring about the celebration of our 50th anniversary. Help to enlighten the masses about the AYV by sending your ideas to the local council or to Bob Johnson, AYV Inc., 1332 "I" Street N.W., Suite 800, Wash. DC. 20005.

FOR RENT — one bedroom, unfurnished apartment. Near Monroeville Mall. \$250 + Elec. Garage optional. Call 488-1180 X320 or 823-1790

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We have fresh produce, bulk staples, ethnic foods, hard-to-find items such as tofu, tamari, specialty flours, bean sprouts, and a wide selection of herbs and spices (and whatever else.)



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HOSTEL DEVELOPMENT COMMITTEE will be meeting Wednesday, April 27, at 7:40 pm to discuss our long range plans for hostel development and utilization, and to share the info and techniques learned at the Hostel Development Workshop held at the Monroeville Hostel. Call Joe Moehner or Larry Laude if you want to attend (the location is not set yet) or if you have advice/suggestions.

AYV PLASTIC BAGS COVERS — 50¢ at Membership Desk; 75¢ by mail (includes postage).

NANTY GLO

ELEVEN MILE

JOLLY HILL

WARSAN or WANA ???

Do you live too far away to get to the Pittsburgh area activities? Consider starting a Hostel Club, which is a local group of AYH members formed to take advantage of hostels in the area and to get together for outdoor activities. The Pgh. Council provides organizational advice, group liability insurance and (limited) group medical insurance. Hostel clubs are open to Boy Scout Troops, YNCAs, high school or college activities, or groups of individuals. Write to AYH, 8300 Fifth Avenue, Pgh. Pa. 15232, for more info or leave a message with your name and address at 412-362-8181. You can also put an ad in the Triangle looking for members in your area interested in participating in the activities that interest you.

TAKE A FEW MINUTES TO BRING YOUR BICYCLE IN FOR SERVICE



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MONEY LATER

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If you can't find your way from there to here, the map & compass workshop
any help you!

THE 700,000 MILE WEEKEND

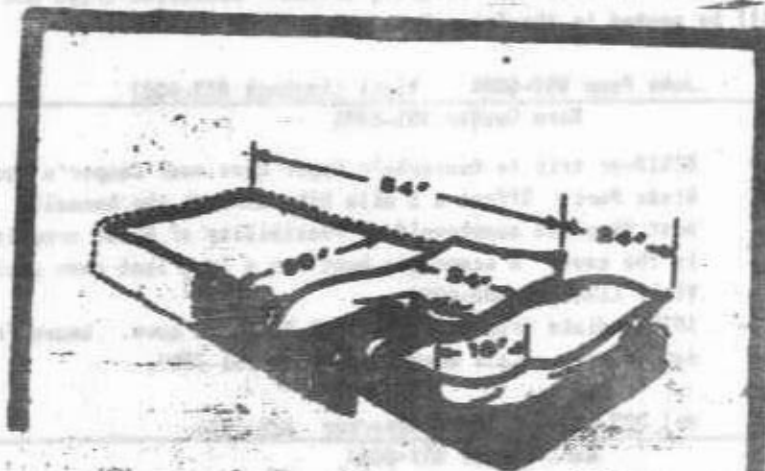


TOUR OF THE SCIOTO RIVER VALLEY



THE TOSKY ROUTE

Sponsored by the
Columbus Council of
American Youth Hostels



Sheet Sleeping Sack

This can be made from unbleached muslin or old sheets. The bag should measure 78 in. long x 30 in. wide with a pocket to cover the pillow 18 in. deep. A flap of 24 in. is needed to protect the upper extremities, and a gusset each side of the bag adds roominess and prevents tearing. Many AYH councils sell ready-made nylon or muslin sheet sleeping sacks. Available at Thursday meetings for \$8.75, or add \$2.00 for mail orders.

Fri apr 1 Class B. Ride 40-55 miles around South Park. Meet at the South Park ice rink at 10am. Call Chuck Ejzak 488-6196.

sat apr 2 Class D. Easy beginner ride with Judy Menosky. 10-20 mi. Contact Judy at 242-1573.

sat apr 2 Class B. 30-50 mi. near Murrysville. Meet at Manor Valley Golf Club sign on Rt. 22 at 10am. Call John Hinderliter at 363-2389(h) or 788-6083(w).

sun apr 3 Class A. Join Bob on a peculiar but scenic scouting ride from North Park. Bring carbohydrates and a freshly killed chicken. Meet at Boat House at 8:29 or contact Bob for details at phone number above.

sat apr 9 Class D. 15 easy miles. Tour the east end with Mike Bruner. Meet at HQ at 10am. Learn basic skills and get into shape.

sat apr 9 Class B. 30 miles hilly, fast paced ride south of Pgh. Call Donna Leban for details at 429-1072.

sun apr 10 Recover from the Annual Banquet with a leisurely 30 mile ride to the wilds of R.I.D.C. Only one BIG hill. Dress for the weather, pack a lunch and bring \$\$\$.

sat apr 16 Bedford Weekend. Car camping at Shawnee State Park and Take easy rides thru the Valleys to the base of Blue Knob Mt. Class B/C cycling. Harriet Ann Seiner at 681-1189 or Jeff Marsh at 831-9490.

sat apr 16 Class C. 30 miles. Join Shelly Werner and Bill Johnston on an easy ride to a mystery location. Call 687-4893.

sun apr 17 Class C. About 30 miles in Scenic and quiet Washington Cty. Meet at HQ at 8:30. Call Mike and Marta Hurwitz 422-9204.

sun apr 17 Class C. Join Elaine Rosenthal on a trip from Hartwood Acres to Saxonburg for lunch. Meet at HQ at 9:30 to drive up. If you are more ambitious you can ride your bike up there and meet us at the mansion parking lot at 10:00. Call Elaine at 421-1081.

sat apr 23 Class B/C ride with Sally Brunson. Details to be announced or contact Sally at 231-6074.

sun apr 24 Class C and B. Mingo Creek "Lovers" Loop. Beginners meet at HQ at 9:30 to carpool to Elizabeth. Advanced riders start from HQ at 9:00. Meet in Elizabeth and ride an easy flat ride to Mingo Creek Park. Contact Bob or Lynn above.

sun apr 24 Class C. To Celebrate daylight savings time. Cooks Forest. Leave HQ at 8am, Daylight Savings Time. 10 to 12 mi. Bob Kenneqeg at 553-3394(w) or 521-2356(h).

Fri apr 29 I.O.S.R.V. Training Weekend at Pysatuning. Bicycle The flats around Pysatuning Lake and Northern Ohio. Ride from 20-100 miles. Group meals and car camp at the Red Cross Small Craft and Safety Camp. Needed are planners, procurers,



1983 BICYCLE CLASSIFICATION SYSTEM

Bob Schwartz

Starting this month we will use the following system to classify bicycle trips.

- A Advanced. These are fast-paced rides, approximately 15 mph on level, which may involve all sorts of terrain (hills).
- B Intermediate. These are normal-paced rides, 12 mph on level. These are suitable for the majority of riders who are familiar with their bike and are in reasonably good physical shape.
- C Easy intermediate. These are slower paced rides, about 10 mph usually over gentle terrain. There may be frequent stops (sightseeing, etc.). These are also intended for those who are familiar with both their bicycle and safe riding practices.
- D Beginner. These are intended for the cyclist who knows the basics of riding (like balance, getting on and off, stopping and shifting) but need some practice to improve skills. Also, these may be suitable for 3-speed and single speed bikes.
- E Learn-to-ride. Often, these trips will be run as a class to teach a safe and proper way to ride a ten-speed bicycle.

SIMPLE BIKE MAINTENANCE Lynn Ejzak

As the weather gets warmer, and our winds turn to riding, there is one thing we should not forget, BIKE MAINTENANCE. Most of the maintenance can be done by oneself, however, if you come across something you are not sure how-to-handle, seek advice. Don't "let it ride." Remember, take care of the possible trouble spots before they turn into trouble. Here are some of the basic things to do and look for on your bike.

- WHEELS Check for: 1. leaky inner tube; 2. worn or cut tires; 3. damaged rim; 4. loose spokes; 5. too loose or too tight hub adjustments.
- CHAIN Check for excess wear or stretch; clean and relube chain if necessary.
- CABLES Both brake and shifter cables should move freely.
- BRAKE PADS Check for proper pad contact on rims. Replace worn pads.
- FRAME Clean bike with soapy water and kerosene if necessary. Wax with liquid car wax to help keep it clean. A bike free of "road dirt" usually performs better.

- ????? If your course from here to the river is shown as a 500 ft. climb
- ????? on the topo map you need our Map & Compass Workshop!!!



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LEND A HAND

AYH needs you to help with the committees and activities of the Pgh. Council. The life-line of AYH is its people. Working together, we make the plans, provide the labor and create the excitement. Everyone is invited to contribute whatever time and energy they can—every hour is appreciated. This includes members living outside the Pgh. area. We can use help throughout the Council in locating potential hostels, scouting bike routes, trail maintenance, etc. Also, trips can be led anywhere in the Council area with the activity chairpersons concurrence—they do not need to start at HQ. If you can help, contact the committee/activity chairperson, Ejzak, Joe Moechner, or Larry Laude. Or you can mail this form to AYH, 6300 Fifth Ave., Pgh. 15232.

NAME _____ PHONE _____
ADDRESS _____

- I CAN HELP _____ ONCE _____ OCCASIONALLY _____ REGULARLY
- I CAN HELP WITH:
- | | | |
|--|---|------------------------------------|
| <input type="checkbox"/> NEWSLETTER | <input type="checkbox"/> HOSTEL DEVELOPMENT | <input type="checkbox"/> FRANCHISE |
| <input type="checkbox"/> MEMBERSHIP | <input type="checkbox"/> PUBLICITY | <input type="checkbox"/> PROGRAMS |
| <input type="checkbox"/> HOSTEL CLUBS | <input type="checkbox"/> ENVIRONMENTAL ACTION | <input type="checkbox"/> MAILING |
| <input type="checkbox"/> TRAIL MAINTENANCE | <input type="checkbox"/> HQ MAINTENANCE | <input type="checkbox"/> OTHERS: |
| <input type="checkbox"/> HOSTEL WORK PARTY | <input type="checkbox"/> LEADING TRIPS | |
- I AM INTERESTED IN:
- | | | |
|-------------------------------------|-----------------------------------|--------------------------------------|
| <input type="checkbox"/> CYCLING | <input type="checkbox"/> CLIMBING | <input type="checkbox"/> CANOEING |
| <input type="checkbox"/> CAVING | <input type="checkbox"/> RAFTING | <input type="checkbox"/> KAYAKING |
| <input type="checkbox"/> X-C SKIING | <input type="checkbox"/> HIKING | <input type="checkbox"/> BACKPACKING |

TIPS and TALES

The trips listed here are open to the public, with the exception that AYH members are given priority when the trip is of limited size. Trips costs include a 60¢ registration fee and insurance (\$1000 medical/ \$1000 accidental death or dismemberment), plus transportation and rental. IN addition nonmembers are charged \$1.50 per day which is deducted from the cost of membership. Trips are classified as BEGINner, INTERmediate, or ADVANCED, with the exception of cycling and water sports. HAVE A TRIP!

BACKPACKING Steve Martin 469-3153(h) 462-5000x6185(w)
Jack Peth 921-7214(h) 777-5365(w)

Contact leaders to rent tent, packs, sleeping bags, etc. for any trip. Make ADVANCE reservations on equipment.

- thu mar 31- INTERmediate backpack trip. Hike a section of the Loyal-
sun apr 3 sock Trail. Glenn Oster 364-2864(h) or 566-3042(w).
- sat apr 9- ADVANCED! Spring Banquet. 6:30 pm. Reservation required.
- sat apr 16- First Annual Western PA Trails Conference At 10 am Pose
sun apr 17 Barn, North Park. Advance Registration required. Fee
\$2, optional lunch \$3. See Cliff Ham or Jack Peth for info
and registration.
- sat apr 23- Baker Trail Maintenance at 7 am at Crooked Creek State
sun apr 24 Park. The AYH WNEEEEDDSS your help to organize Boy Scouts
in a one day trail Maintenance program. Please make a com-
mitment today.
- fri apr 29- BEGIN. Visit WILD AND WONDERFUL WEST VIRGINIA. Steve Mar-
sun may 1 tin is leading a trip to one of our favorite areas. Otter
Creek. Meet at HQ Friday night at 7. Call Steve as above.
- fri may 6- INTER. Join us on a warm up for the backpacking season.
sun may 8 The 22 mile east loop of the Chuck Keiper Trail. UP to
1000 foot elevation changes and many stream crossings.
7 pm Friday getaway. Call Jack Peth as above.

BICYCLING Lynn Ejzak 466-6196 Bob Schwartz 241-4647

Trips are listed according to the following classes: A advanced, B inter-
mediate, C easy intermediate, D beginner, E learn-to-ride. See article
in this edition of the Triangle for description of these classes. Bring
along a spare tube, tire pump, water bottle, something to nibble on and
raingear (so it doesn't rain). Remember: a helmet is required on all
AYH riders on AYH rides, use your own or rent one from us. Need a bike
to rent? We have them, too. Also panniers for weekend trips.

MAP & COMPASS WORKSHOP

Two Wednesday Evening class sessions (2 hrs) and a Saturday field trip (5 hrs). Workshop will cover topo, road and PA legislative route maps; compass manipulations; map to ground and ground to map bearings; declination. Field trip to a close in area will put your new skills to practical use in 2 or 3 person teams. COST \$2.50 members, \$4.00 non-members for maps and trip fee plus car pool expense. EQUIPMENT Pad, pencil, straight edge, and compass. Jack Peth 921-7214(h) 777-5365(w) for info and reservations.

Wed. Nites 7:30 pm — April 20 & 27 — Class at HQ
Sat. 8:30 am — April 30 — Field trip meets at HQ.

CROOKED CREEK CAMPOREE

The Corps of Engineers is sponsoring a Scout Camporee April 23-25 at Crooked Creek State Park. Our Council has made a commitment to oversee the Baker Trail maintenance work by some of these Scouts. This could involve and require as many as 30 volunteers. The regulars in the Hiking and Backpacking can not meet this large demand. Please contact Cliff Haw, Glenn Oster, Steve Martin, Jack Peth, Shirley Sedmak, Harriet Ann Seiner, or any Activities chairperson to express your willingness to help. WE NEED YOUR COMMITMENT TO ENABLE YOUR AYH COUNCIL KEEP ITS COMMITMENT TO THIS SERVICE TYPE ACTIVITY.

MANY THANKS!!!!

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6023 HARVARD ST. P.O.H. PA 15206

SPRING YOGA CLASS

Start stretching and breathing now to get in shape for spring activities. Beginning on Thursday, April 7, 1983 at 7 pm sharp at AYH HQ. Wear comfortable clothes, bring a towel, and eat lightly or nothing at all. all welcome. Please call Jane 521-4946 with any questions or concerns.

to have fun

One is enough COMING Ours is

HOSTELING the High Road to Adventure

*If you want to experience the world for yourself and learn
a lot about us as well as the youth hostel way of life,
Join American Youth Hostels and make your AYH Pass valid for
over 7000 hostels in 50 countries. Send in this form and get
the details for the time of your life.*

- ☐ I want to join AYH. Enclosed is \$14.00 (\$7.00 if under 18, sign me up and send me my hostel pass, AYH Handbook, and other materials.
- ☐ I'm interested but would like more details — send me your FREE brochure on American Youth Hostels.

Name _____
Address _____
City _____ State _____
Zip _____ Birthdate _____



American Youth Hostels
8300 Fifth Avenue
Pittsburgh, PA 15232
Toll Free 1-800-338-8019

Avalanche

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including 2 life vests and 2 paddles
Regularly \$583

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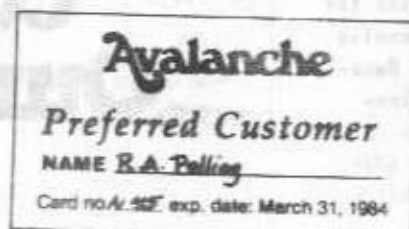
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SAVE 10% ALL THE TIME

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Marmot Burrow
1 lb. 15 oz.
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