

GOLDEN TRIANGLE

Pittsburgh Council, AYH

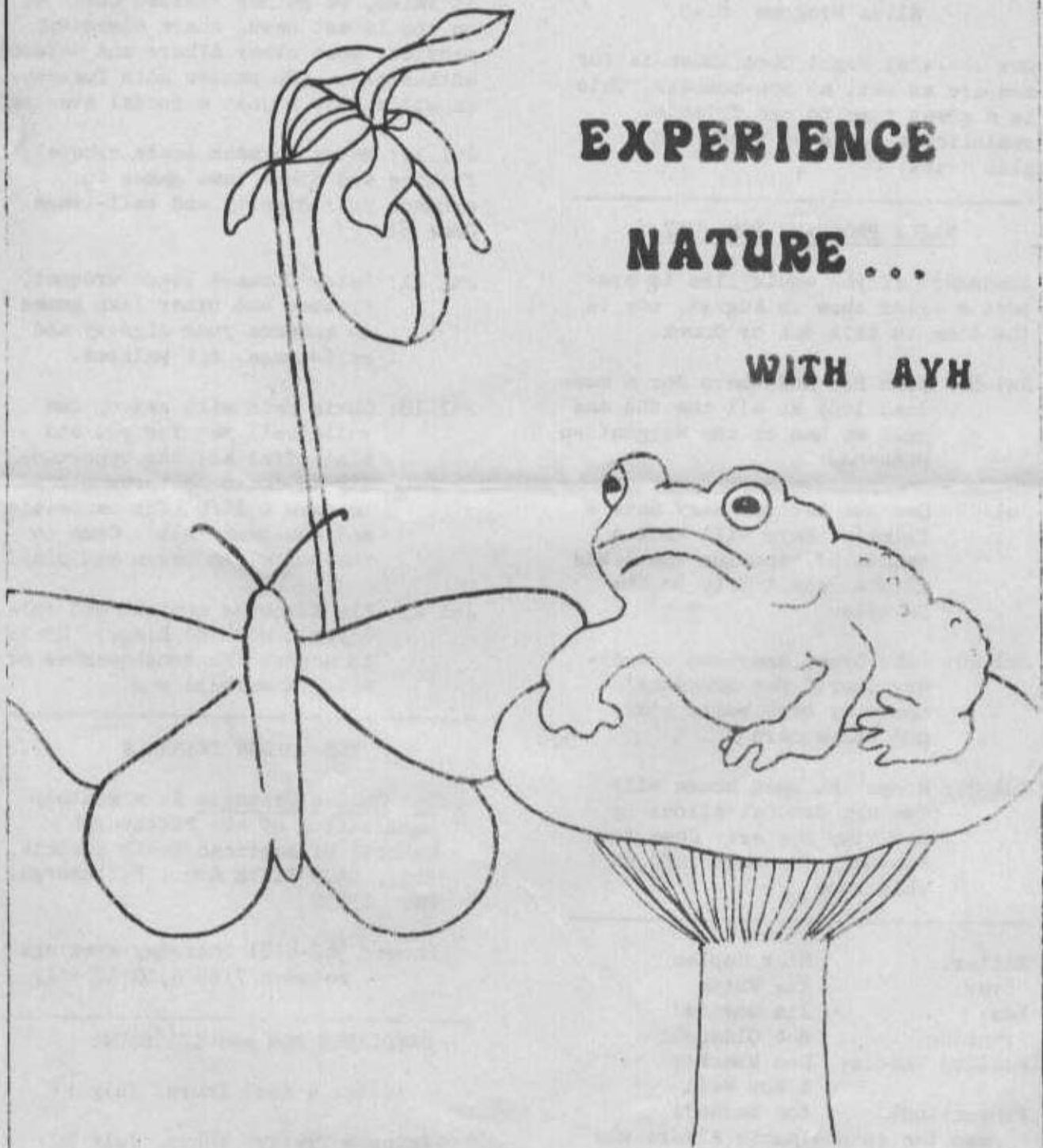
July, 1978

vol. 28, no. 7

EXPERIENCE

NATURE ...

WITH AYH



OPEN HOUSE

Every Thursday Night
Doors Open: 7:45
Slide Program 8:45

Our Thursday Night Open House is for members as well as non-members. This is a great time to see friends, reminisce about good times and plan trips.

SLIDE PROGRAMS FOR JULY

Reminder: If you would like to present a slide show in August, now is the time to tell Bob or Donna.

Jul 6: Join Rob McEachern for a musical look at all the fun and rain we had at the Morgantown weekend.

Jul 13: See the best of Mary Shaw & friends. Mary will show a decade of canoeing that ends with a recent trip to the Smokies.

Jul 20: "The Great American Discovery Tour." Ben Bruggmans' tours by bus, boat, bike and skateboard.

Jul 27: A special open house will feature demonstrations by activity leaders. Come to meetings for more info on this show.

Editor: Rick Caplan
 Cover: Kim White
 Ads: Jim Gogots
 Printing: Bob Oldenski
 Mailing Labels: Don Hoecker
 & Roy Weil
 Production: the Haddads
 and the enthusiastic AYHers who
 make production a party rather
 than a chore.

TUESDAY NIGHTS IN JULY

Come have fun with us at the hostel AYH style three Tuesdays in July 7:30-9:30 PM. We'll play volleyball; you are welcome to play or watch. If it rains, we gather inside. Catch up on the latest news, share adventure stories, meet other AYHers and outdoor enthusiasts. (No passes sold Tuesdays, no slide show - just a social evening)

Jul 11: Betsy Cormack leads croquet, frisbee and other lawn games to enhance your dignity and self-image. Come pl

Jul 11: Betsy Cormack leads croquet, frisbee and other lawn games to enhance your dignity and self-image. All welcome.

Jul 18: Chris Reid will set up the volleyball net for you and also offer all the opportunity to learn to throw a rope to save a life (for canoeists and non-canoeists). Come to the hostel to learn and play.

Jul 25: Pie throwing contest and volleyball with Ed Sieger. Dress to accept the consequences or bring a garbage bag.

THE GOLDEN TRIANGLE

The Golden Triangle is a monthly publication of the Pittsburgh Council of American Youth Hostels, Inc., 6300 Fifth Ave., Pittsburgh, Pa. 15232

Phone: 362-8181 Thursday evenings
 between 7:45 & 10:30 only

DEADLINES FOR AUGUST ISSUE:

Articles & Ads: Thurs, July 13

Trips & Trails: Thurs, July 20

Production Party: Thurs, July 27



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TRANS-PENNSYLVANIA BICYCLE TRAIL?

No, not a "Transylvania" Bike Trail! We're talking about a mapped route across the Commonwealth of Penna. The Bicycle Federation of Pa. is seeking ideas, maps, notes, etc. from active riders in the state. The East-West route would probably be in the Northern counties using Route 6 (thanks Cliff!). There could be two or three North-South routes covering East, Central & Western Pa. If you have any routes in mind, please write to:

Carrol Smith, Secretary
 Bicycling Federation of Pa.
 30 Sylvania Road
 Hershey, Pa. 17033

This project already has the support of PennDot, who has offered cartographic and printing services.



The USHouse of Representatives passed a strong Alaska bill in May, preserving about 100 million acres for wilderness, parks, and wildlife refuges. The companion bill, S-1500 is in the Senate; the Board is asking Senators Schweiker and Heinz to co-sponsor. Your letters will help.

NATIONAL BOARD OF DIRECTORS

by Cliff Ham

The AYH Board of Directors met at Delaplane, VA, May 20-21, and made some decisions of interest to hostellers.

An agreement was made, by close vote, to relocate the HQ of AYH closer to DC with a target date of 1 Jan 1980.

Raising the cost of passes was put off at least until the Fall.

Houseparents will again be voted onto the National Council, by house parents: one from each region.

The Environmental purpose of AYH was added to the By-Laws.

The Board agreed to closer working relationships with the League of American Wheelmen legislative program, especially in regard to bicycle safety.

A Southern region was discussed, and placed in our plans.

A committee was appointed to work up "a strategic plan" for AYH, looking at our policies and priorities over the next five years. Bob Williams of San Diego is the chairperson.

Membership is up all over the states, about 20 % generally.

The President & Executive Director were selected to attend the IYHF meeting in Paris this Summer.

RARE II -Roadless Areas

The Allegheny National Forest has conducted a "review and evaluation of all roadless areas and has identified more than 30. A meeting of groups interested has been set for the weekend of June 24-25. Can you attend? Support the provision of these areas, free from logging and development.

TRAIN TRIPS ANYONE?

Cyclist Joe Hoechner would like to know if there is any interest in the possibility of using AMTRACK trains as possible transportation for Pitts. A.Y.H. trips.

Joe would like to see bike trips meet downtown, take a train out to the countryside for the day and catch a train back to Pittsburgh that night. An alternate to that would be to use the train for a one-way trip and have the cyclists bike back to town after being dropped off in the morning.

Chances are trippers would not be saving any money over usual A.Y.H. transportation fees. The train fare would probably be 3 or 4 times higher than usual costs. Also, depending on train departure times, you may have to meet downtown at 4:39 AM or 5:22 AM, etc.

If you have experience with train/bike travel here in Pgh. or are interested in its possibilities for day trips, let Joe know. Call him at 343-2465 or see him at Thurs. night meetings.

CANAAN VALLEY & DOLLY SODS

A proposal which is moving along to development, the Davis Power Project, would flood the Dobbins Slashings area, which many of us consider part of the Dolly Sods wilderness area.

An alternate proposal is the creation of a National Wildlife Refuge.

You can let your opinions be known by writing to West Virginia's legislators, Senators; or to the Fish & Wildlife Service. West Va. Highlands Conservancy is urging the Wildlife Refuge.



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TIPS & TALES

by Joe Hoechner

Those extra 35mm film canisters sure come in handy. Campers & boaters use them to keep their matches dry. Bicyclists use them to carry waterless hand cleaner or extra grease & ball bearings.

If you like to bicycle in New England you can now get a set of bike route maps of New Hampshire free:

Office of Recreation Services
Div. of Parks & Recreation
P.O. Box 856 State House Annex
Concord, N.H. 03301

Interested in "Starting Your Own Energy Business"? That happens to be the title of a book published by the Institute for Local Self-Reliance. This book deals with examples of manufacturing cellulose insulation, storm doors or windows and solar hot water systems. It also evaluates the profitability of a residential energy conservation consulting service. If you are interested in starting a business in the energy field, you may want to purchase this book. Cost is \$4.25:

Institute for Local Self-Reliance
Publications Dept.
1717 18th St. N.W.
Wash., D.C. 20009

Packing bikes in a van for a trip is easier if you remove the pedals. This also helps when using a bumper rack. Not only does it make loading easier, but it prevents scratches to the car's paint job.

Break in your hiking boots gradually! One guy wearing new boots had a blister so wide that it covered both feet!

Backpacker Magazine is looking for a cover photo. Their '78 Photo Contest runs from Jan 1st thru Sept 15th. Subjects should be slides on a vertical format and deal only with backpacking, hiking, cross-country skiing or snowshoeing. Your name and address should be on the slide mount and a S.A.S.E. should be enclosed if you want it back. There are 10 main prizes with 10 Honorable Mentions. For more info or to submit an entry write:

Backpacker Cover Contest
65 Adams St.
Bedford Hills, N.Y. 10507

You can always tell the serious cyclists - they're the ones that salt their ice cream cones!

Did you ever notice that as soon as you have all of the pothole locations in your neighborhood memorized, Penn-Dot will come along and fill in some of them!

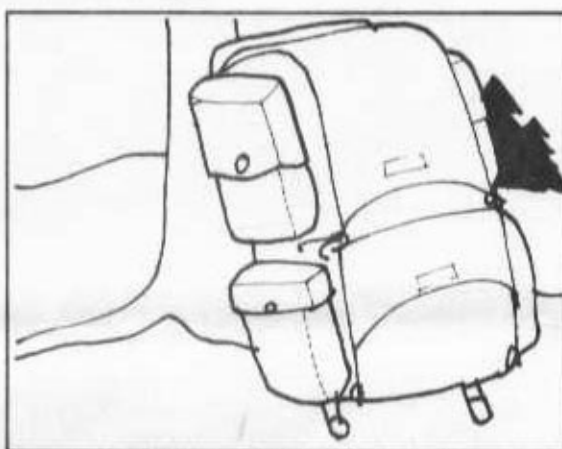
Would you believe metric topo maps? The U.S. Geological Survey has just released its first all-metric map. It's the "Saranac Lake Area, N.Y." with a scale of 1:25,000 and covers an area of about 280 sq. kms. near Lake Placid, N.Y. This map is the first of sixteen planned to be published in time for the 1980 Winter Olympics to be held there. Price is \$2; specify rolled or folded. It's available from:

U.S. Geological Survey
1200 S. Eads St.
Arlington, Va. 22202

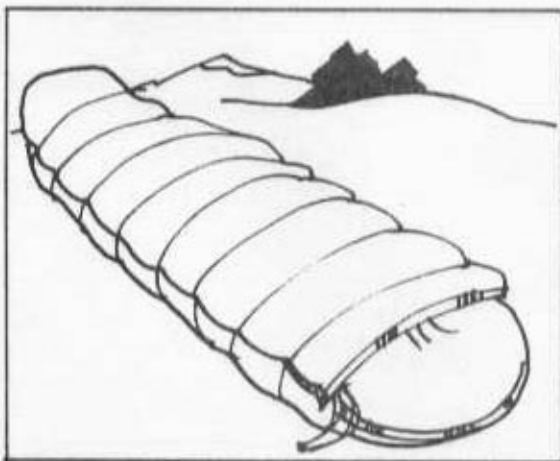
The Weekender Kit



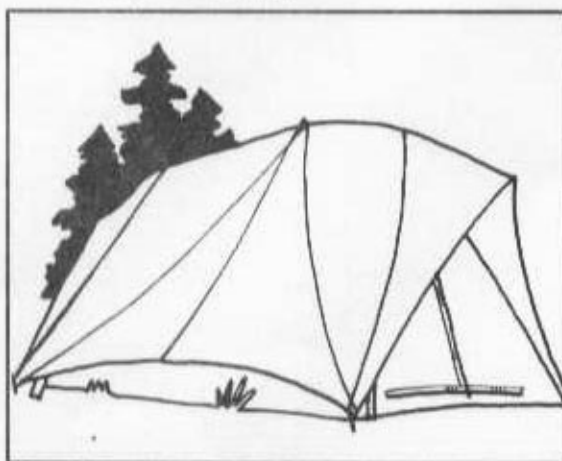
a A comfortable pair of boots capable of transporting you and your gear safely over dirt, mud and rocks.



b A pack that will fit comfortably on your back and be large enough to carry all the creature comforts.



c A sleeping bag that fits you properly and will keep you warm, dry and cozy.



d A shelter, lightweight enough to be transported on your back yet sturdy enough to withstand gusty winds and torrential downpours.

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BULLETIN BOARD

AVALANCHE needs experienced cross-country skier to teach and to manage rental facility. November to February. Full or part-time applications accepted. Please apply in person. Call for information. 833-7800.

AVALANCHE needs experienced backpackers, climbers, kayakers and cross-country skiers to provide expert advice to our customers. Retail store experience helpful. Full or part-time with future management possibilities. Please apply in person. 833-7800

TYPISTS WANTED

to type part of
the news letter
every month.

Call Rick

521-4420

Hair styles for outgoing people.
Call Doris Grant at Ladies &
Gentlemen Hair Stylists,
621-7556, next to the
Mountain Trail Shop.

GREW UP! and my Paris Sport 100 (23 inch frame) no longer fits me. I want to sell it and a Pletscher rack, an Avocet touring saddle and a freewheel remover (Atom). I am desperate at 120-140 dollars. Call Rich at 921-1239.

FREE CANOE GUIDE BOOKS
• New Jersey. Canoeing in New Jersey. Dept. of Community Affairs, P.O. Box 2768, Trenton, N.J. 08625.
• New York. Adirondack Canoe Routes. New York State Dept. of Environmental Conservation, Albany, N.Y. 12233.
• Oklahoma. Floating the Illinois. Oklahoma Dept. of Wildlife Conservation, 1801 N. Lincoln, P.O. Box 53465, Oklahoma City, Okla. 73105.
• Pennsylvania. Canoe Country Penn-

sylvania Style. Bureau of Waterways, P.O. Box 1673, Harrisburg, Pa. 17120.
• Tennessee. Canoeing in Tennessee. Tennessee Tourist Development, 505 Fesslers Lane, Nashville, Tenn. 37210.
• T.V.A. Canoe Trails. Tennessee Valley Authority, Norris, Tenn. 37828.
• West Virginia. Misc. Brochures on Canoeing in West Virginia. West Virginia Dept. of Natural Resources, 1800 Washington St. E., Charleston, W. Va. 25305.
• Wisconsin. Misc. Brochures on Canoeing in Wisconsin. Wisconsin Div. of Tourism, Dept. of Business Development, P.O. Box 7606, Madison, Wisc. 53707.
• Wyoming. Family Water Sports in Wyoming. Wyoming Travel Commission, Cheyenne, Wyo. 82002.

ACTIVITY BOARD

MEETING

8:00

TUESDAY

JULY 11:

FRED HULL'S

109 LAUREN ST.

PM 15235

242-5379

Fill out and return to: Hostel Development Chairman, Pittsburgh A.Y.M., 6300 Fifth Avenue, Pittsburgh, Pa. 15232

Hostel Facilities Questionnaire

1. Do you have a building(s) which could possibly be used as a hostel? YES ___ NO ___
2. Could it lend itself to supply dormitory accommodations for both sexes? YES ___ NO ___
3. If not dormitory style, are there separate rooms or cabins that could be made available? YES ___ NO ___
4. Approximately how many beds or bunks would be available? Beds ___
Bunks ___
Rooms ___
5. Are there separate washing facilities? YES ___ NO ___
Showers? YES ___ NO ___
6. Are there any cooking facilities where meals could be prepared? YES ___ NO ___
7. Are there supermarket or cafeteria facilities nearby? YES ___ NO ___
8. Would you have someone who could be in charge of these facilities and act as the houseparent for the hostel? YES ___ NO ___
9. Is there a lounge or recreation room available? YES ___ NO ___
10. Is there any place in this building or nearby which can or does accommodate visitors other than your own students or members? YES ___ NO ___
11. If so, what do you charge for these accommodations? YES ___ NO ___
12. If there are features about your facilities which could help to accommodate them for use as a hostel, please indicate them. Note any nearby natural scenic areas, parks, and anything else that might be of value to us.

NAME _____ TITLE _____

FACILITY NAME _____

ADDRESS _____ PHONE _____

TRIPS & TRAILS

The trips listed below are open to the public with the exception that AYH members are given priority when the trip is of limited size. Trip costs include 50¢ registration and insurance (\$500 medical) plus transportation costs and equipment rental. In addition to these fees, non-members are charged \$1.50 per day; one fee can be deducted from the cost of membership if the tripper joins AYH within 30 days following the trip. Call the trip leader to reserve or cancel or to get information. Please call during normal hours (6:30-9:30 PM) unless otherwise noted. Make reservations as early as possible but in no case later than the Thursday before the trip.



CANOEING

Chairperson: Mike Deroy 371-6043

- Sat Jul 1 to be announced
- Sun Jul 2 to be announced We need more trip leaders.
- Wed Jul 5 Canoe School 0 - Mike Deroy 371-6943. We will be on the water.
- Sat Jul 8 White Water Canoe School 1 - You MUST have flat water experience and be able to steer the canoe in a straight line from the stern. Bring lunch, change of clothes, kneeling pads, tennies and \$7. Call Mike 371-6943.
- Sun Jul 9 Kayak School 1 - Bring lunch, own kayak, airbags, spray-skirt, helmet, paddle, prior experience in a kayak, change of clothes, \$6. Reserve with Carol Davis at 682-7612.
- Sun Jul 16 Inter Canoe - Call Roy Weil at 681-5131. Leave 8:15 AM.
- Wed Jul 19 Canoe School 0 - Mike Deroy 371-6943. Held on water.
- Sat Jul 22 Beg-Inter Flat Water - Bring change of clothes, tennies, lunch, swim suit, sun tan lotion, kneeling pads, \$6. Call Ed Sieger 561-4790.
- Sat Jul 22 Flat Water - A two day flat water trip AYH/Sierra Club on the lower Cheat River. Leave at 8 AM. Call Bruce Sundquist at 327-8737.
- Sun Jul 23 Flat Water - A two day flat water trip AYH/Sierra Club on the lower Cheat River. Leave at 8 AM. Call Bruce Sundquist at 327-8737.
- Sat Jul 29 White Water Canoe School 2 - For those who have passed WW 1. Need pads, lunch, change of clothes, and \$6. Meet at 8 sharp. Call Jim Roberts at 271-7178.



BACKPACKING & HIKING

Chairperson: Steve Martin 462-5000 ext. 6185

The hostel does rent backpacking equipment (tent, tarp, backpack, sleeping bag) at reasonable prices, so don't let the price of owning equipment keep you from backpacking. Talk to trip leaders to see if equipment is available for their trips.

- Wed Jul 5 Backpacking School - Joe Levine will conduct a class starting at 8 PM at the hostel. All members are welcome. Call 422-8287.
- Fri Jul 7 Beginner Backpack - Bill Skallow will lead a trip to north-central Pa., thru probably on the Black Forest Trail. The trip will cover 6 or 7 miles per day over hilly terrain. Should have own gear. Leave 6:30 from hostel, Sun Jul 9 return Sun. night. To reserve call Bill at 921-5695 or 922-9300 ext. 422.
- Fri Jul 14 Intermediate - Fran Klemencic will lead a trip to the White Oak Canyon thru Trail in the Shenandoah Nat. Park. The trip will cover about 15-20 mi. Sun Jul 16 over hilly terrain. The trip will cost about \$15. Call 793-5872.
- Sat Jul 15 Beg. Backpack - Joe Levine will lead a trip for members who have attended one of the backpacking classes. Destination: unknown. Call 422-8287.
- Mon Jul 17 Map Reading & Orienteering Class - Rob McEachern will teach a basic course in the use of compass and topographic maps. The Monday session Tue Jul 18 will be held at the hostel starting at 7 PM. On Tuesday the class will meet at the hostel at 6:30 PM and go to Hartwood Acres. Bring a compass. To reserve or obtain info, call Rob at 828-2635.
- Fri Jul 21 Inter Backpack - Join Paul Stratton and Harvey for a trip along Seneca thru Creek in West-by-God Virginia. 10 easy miles on Sat. and a hike up to Sun Jul 23 the top of Spruce Knob on Sun. of about 6 miles. Bring your swim suit. Leaving the hostel Fri. at 7 PM, returning Sun. afternoon or evening. Call Paul to sign up: 929-7923 or 462-5000 ext 7504 (work).
- Sat Jul 22 Young Family Hike - Join Dick Nugent and family for a hike of about 5 miles at the Jennings Nature Reserve. The area is noted for the Blazing Star which should be in bloom. Leave the hostel at 9 AM. Call 487-5549.



RAFTING

Chairperson: John Orndorff 362-5401

All trippers should arrive at the hostel for raft trips at 8 AM unless otherwise noted. They should bring a set of dry clothes in a day pack, a lunch in a plastic bag, something to drink in a non-breakable container, a set of river clothes including tie-on tennies, sun protection (hat, lotion) and about \$10.

- Sat Jul 1 John Orndorff 362-5401.
- Sat Jul 8 Dick Nugent 487-5549.
- Sun Jul 16 Ed Sieger 561-4790.
- Sat Jul 22 Jay Kriska 331-6573.
- Sat Jul 29 Chuck Pierson 683-2951.



BICYCLING

Chairperson: Ed Sieger 561-4790

Sat Jul 8 Bike Trip - with Gary Feldman. Bring lunch and raingear, tools and spare tire. Call 681-6146 for information.

Sun Jul 9 Inter Ride - Steve Tubbs leads the hilly Yougheghany River Tour. About 27 miles. Bring lunch and raingear. Call Steve at 521-8762.

Sat Jul 15 Inter - Mike Derooy will lead a 40 mile ride. Bring lunch and a swim suit. Call Mike at 371-6943.

Sun Jul 16 Inter Ride - with Gary Feldman. Destination: unknown. Call him at 687-5846 to find out.

Sat Jul 22 Inter - Join Manny Schreiber for 30 or 40 mile ride with a swim after at Lake Arthur. Bring lunch, swim suit, tools, \$3. Call 521-1647.

Sun Jul 23 Cycle/Swim - Cool off with Joe Hoechner with a 15 mile ride and an afternoon swim at the Boy Scout Guyasuta Reservation. Trip limit: 15. Cost about \$2.50. Call Joe at 343-2465. You'll reach him eventually. Leaving hostel at 10:30 AM.

Sat Jul 29 Cycle/Camp - Join Joe & Ed for the 40 mile ride to Fombell Hostel.

Sun Jul 30 Using the camp's tents & cots, you'll need mess kit, tools, spare tube, towel, swim suit, sleeping bag. 2 road lunches & 1 breakfast. Supper will be a group affair. Trip limit: 16 members. A \$5 deposit and your pass should be to Joe by the 20th. Call 343-2465.

Sept. 10 HHH-HHH - The Hancock Horizontal Hundred and Hill-less Half Hundred is a 50 or 100 mile cycle ride over nearly flat terrain in Ohio. There is a limit of 1250; the cost is about \$10. For an application, send a self-addressed stamped envelope to: Robert Balcomb, 248 Highland Drive, Findlay, Ohio 45840.

EVENING CYCLE TRIPS: There will be an evening cycle trip every Tuesday and Thurs. in July. Bring lights and bike flags or fanny bumpers. Call the leader beforehand to rent bicycles. The rides leave the hostel at 6:30 PM and return at 8:30. Be at AYH at 6 PM if you are renting equipment, 6:15 otherwise. Leaders should get the hostel keys from the cycling chairman or previous evening cycle leader prior to the night of the ride.

Thursday, July 6	Manny Schreiber	561-1647
Tuesday, July 11	Susan Lincoln	363-8017
Thursday, July 13	Gary Feldman	681-6146
Tuesday, July 18	Harriet Seiner	681-1189
Thursday, July 20	Dick Nugent	487-5549
Tuesday, July 25	Rick Caplan	521-4420
Thursday, July 27	Warren Kennedy	682-0255

AYH Membership Application

Fill out the following membership application and bring or send it with a check payable to "Pittsburgh Council, AYH" to Membership, AYH, 6300 Fifth Avenue, Pittsburgh, Pa., 15232.

Name _____ Phone _____
Address _____ Occupation _____
_____ (zip code) New/Renewal _____

_____ Youth membership (under 18)	\$5.00
_____ Senior memberships (18 and over)	\$11.00
_____ Family (valid in USA and Canada only)	\$12.00
_____ Organization membership	\$25.00
_____ LIFE	\$110.00
_____ FAMILY LIFE	\$220.00

Please Circle:

Service Interests: Newsletter, Hostel Development, Bicycling,
Publicity, Trail Maintenance, Eq. Repair, Auditor Service,
Typing, Art Work, Key Punch.

Leadership: Backpacking, Bicycling, Canoeing, Caving, Climbing,
Cross-country skiing, Hiking, Rafting.

Pittsburgh Council
American Youth Hostels, Inc.
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Pittsburgh, Pa. 15232

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