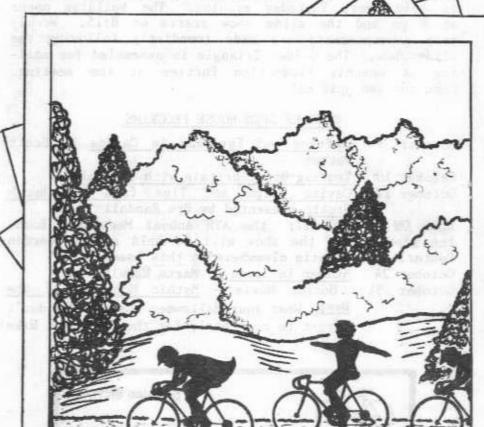
GOLDEN TRIANGLE

OCTOBE I 1985

TAKE HOME ONE OF YOUR OWN.



JOIN US ON A "FALL FOLIAGE SPECIAL"
BIKE RIDES WITH AN EYE TOWARD BEAUTY

Pittsburgh Council
AMERICAN YOUTH HOSTELS INC.
6300 FIFTH AVENUE

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DATED MATERIAL

THE GOLDEN TRIANGLE

PITTSBURGH COUNCIL

AMERICAN YOUTH HOSTELS

6300 Fifth Avenue Pittsburgh, PA 15232

Phone: 362-8181



AYH HEADQUARTERS is located at 6300 Fifth Avenue next to the Pittsburgh Center for the Arts. Open House is held every Thursday evening. The building opens at 8 pm and the slide show starts at 8:15. Weekly trip announcements are made immediatly following the slide show. The Golden Triangle is assembled for mailing at monthly Production Parties at the meeting. Come out and join us!

OCTOBER OPEN HOUSE PROGRAMS

October 3 Rafting and Kayaking in Canada by Scott Patten

October 10 Touring-Great Britain with the Hulls

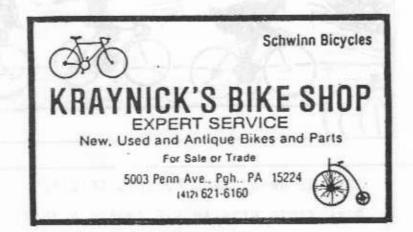
October 17 Caving Trips and Tips from Pittsburgh Grotto presented by Bru Randall

ALSO ON OCTOBER 17: the AYH Annual Meeting. Both the meeting and the show will be held at the Garden Center. See details elsewhere in this issue.

October 24

Summer in Japan by Marta Hurwitz

October 31 Horror Movie - Mythic Monsters of the Deep Wear your Halloween costume and don't forget to come early for the Halloween Hike!



AYH MEMBERSHIP APPLICATION

AYH memberships are available at Open House meetings. If you cannot attend a meeting, fill out the application at the bottom of this page and send it along with your check made payable to Pittsburgh Council, AYH, to:

AYH Membership 6300 Fifth Avenue Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sells International Hostel Guide to Europe for \$7.00 by mail or \$6.00 at Headquarters.

CHECK ONE:

	\$10.00 Youth \$20.00 Senior (18-59 years) \$10.00 Senior (60+ years) \$50.00 Organization (non-profit only) \$30.00 Family \$200.00 Life Tax-deductable contribution	
NAME		
ADDRESS_		
PHONE	NEW/RENEWAL_	
BIRTHDAT	E	
SECRETARIES	DECISE DE MANDE DE CONTRE DE CONTRE	45.5

WANT TO HELP, BUT DON'T KNOW WHERE TO START?

Ask any chairperson about your area of interest and they will quide you to those who need your help the most. If you are not sure what may be involved with any particular office or activity, keep your ears open for any opportunities that may seem to be "up your alley" and, in the meantime, don't be afraid to ask anyone any questions you might have about the operation of the organization.

NOVEMBER ISSUE DEADLINES: October 3 ads, trips and articles October 24 Production Party

The GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are the responsibility of the editor.

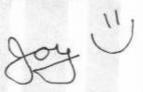
EDITOR Joy Layton, 108 Sunset Dr., Pgh., PA 15237, Phone 486-4753 PRODUCTION Don Hoecker

MAILING Roy Weil ADVERTISING Eric Bauer COVER Lynn Ejzak

DEFINITELY A FEISTY NOTE

This month I would like to state my feisty opinion of several things:

- (A) AYH presidents who don't follow through with contests and free t-shirt prizes. This is a foul breed who are too cheap to declare a winner and who decide to stick with the old name for their column. WAR is hereby declared on said species!
- (B) Hiking chairmen who allow me to go on hikes and to be considered a hiker. (The remainder of this opinion was deemed unsuitable for publication. ed.)
- (C) People who know a feisty editor when they see one, and are suitably awed by her presence. These are knowledgeable, intelligent individuals (two of the three caving chairmen are good examples), who are aware of the power of the press!
- (D) A certain caving chairman who refuses to acknowledge the power wielded by the editor when she types the trips calendar (You could find yourself leading a cave trip to Siberia, buddy!). His handwritten scrawls and refusal to kneel when handing in his submissions have been graciously overlooked only because of the repentant attitude of his two co-chairmen.
- (E) People who don't wear the HDSTEL KAYAKER t-shirt that was given to them on their birthday.
- (F) The stupid people who don't go to the Annual AYH Picnic on Oct. 13th at Riverview Park. They don't know what a fun, friendly, folksy, feisty time they'll be missing!



FALL FOLIAGE SPECIALS

Bike Rides With An Eye Toward Beauty

In the Fall, the Tri-State area is known not only for the Steelers, potholes and changeable weather, but also for the spectacular colors as the leaves turn from green to red, orange and yellow. What better way to see these colors than on a bike? And what better way to bike than with Pittsburgh AYH? This month we will be leading Class C rides (18-35 miles) to many of the area's most scenic spots. Don't forget your camera! For dates, leaders and times, see the Trips Calendar in the center of this issue.

Oil Creek State Park - imagine cycling for miles with only a 2% grade and no cars! That's what you'll find here as you ride on a converted railroad bed to an oilwell museum and park.

Washington County - rural yet close to home. Scenic covered bridges and picturesque villages abound in Washington County. Always a favorite place to cycle.

<u>Ligonier</u> - you'll pass by country estates and babbling brooks. Historic Ligonier and surroundings always look their best in Autumn.

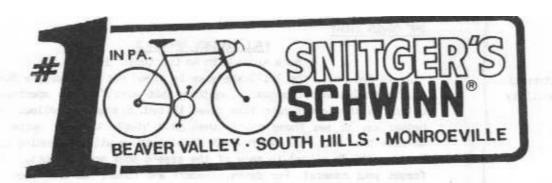
Mill Creek State Park - nearby Youngstown, Ohio boasts this beauty of a park following Mill Creek for miles. Stop and picnic or see the fall flowers at the Horticultural Center while you are there.

NEWEST LIFE MEMBER

We welcome our newest life member to Pittsburgh Council, Janet Supowitz. Happy Hosteling Janet!

THE PITTSBURGH COUNCIL ANNUAL MEETING

On Thursday, October 17th we're moving the Open House from Headquarters up the hill to the Civic Garden Center for the Pittsburgh Council AYH Annual Meeting (Actually, since it comes up every year, perhaps we should call it the "perrienal" meeting. L'). The major event is the election of officers and committee chairs. We will also have brief reports from many of the officers and committees on what their responsibilities are and what they've been up to over the past year. I think many of you will find out that there is a lot more done at Pittsburgh Council than you are aware of. The meeting starts at 8 pm. We'll have coffee and soft drinks available to assuage your thirst (not to mention real bathrooms! ed.). Be there!! You'll find it an interesting meeting.



395 Third St. Beaver, PA. 774-5905 Rt. 51 South Large, PA. 384-8477 4916 Wm. Penn Highway Monroeville, PA. 325-4660

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SERVICE

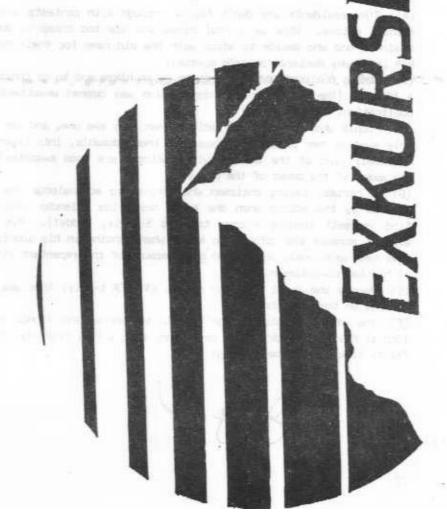
PARTS

We sell only the linest in quality parts each guaranteed to give many hours of riding pleasure. Should any part be found to be faulty it will be replaced. AT NO CHARGE

WORKMANSHIP

We pride ourselves in quality workmanship and will correct any part or accessory installation not found to be to the customer's satisfaction. AT NO CHARGE!





51st Annual AYH National Council Meeting

November 18-24, 1985 Columbus, Ohio

You're invited to help celebrate American Youth Hostels' second 50 years at the 1985 Annual National Council Meeting in Columbus, Ohio, on November 18-24.

This year's meeting will be hosted by the Columbus Council of American Youth Hostels and will provide an opportunity for hostelers from all parts of the country to meet and make new friends.

Workshops will feature topics of interest to the AYH professional, council volunteer, and general member alike. In addition, several recreational activities are planned.

For registration material and for more information, write:

1985 Annual Meeting Columbus Council—AYH P.O. Box 21294 Columbus, Ohio 43221



Cathy Lynch 361-3707 Tom Trump 284-7349w 681-9069 Paul Kram

Sea kayaking invites paddlers of all levels. Trips will meet at HQ at the time stated. The number of boats is limited, reserve early. Wear warm clothing in layers. Bring lunch and dry clothing in a waterproof container if possible. For further information, call any of the leaders. Trip locations may be changed as water and weather conditions dictate. Check with the trip leader for up-to-date info. Trips in addition to those on listed may be organized at Thursday night meetings.

MEMBER CLASSIFIEDS

(The Golden Triangle is happy to print free classified ads from AYH members, subject to available space and deadline restrictions.)

FOR SALE: '83 Nissan Sentra. Deluxe 2-door sedan, 5 speed, 38 mpg, power steering/power brakes, am/fm radio, burgundy. \$4500. call 362-

MEN'S 10-SPEED BICYCLE: 23" frame, black with gold trim, shimano components, blackburn rear rack, Zefel pump, in excellent health. Asking \$150.00. Call Joe Hoechner at 373-4300.

HOSTELING NEWS

*****A brochure listing the 26 hostels in Michigan is now available from American Youth Hostels, 3024 Coolidge, Berkley, Michigan 48072,

*****Traveling to France this winter? A free brochure of winter activities sponsored by FUAJ, the French hosteling organization, is available by writing to F.U.A.J., 6, rue Mesnil, 75116 Paris, France. A reference copy is available at the membership desk at HQ. They also offer a free quide to French hostels. Their phone number is 1/45.05. 13.14 if you want to practice your French.

"#***Mr. Dwight McDilda of the Historic Hotel Botetourt on the James, in the Shenandoah Valley of Virginia, is looking for a buyer for his facility. He has made a great deal of improvements to this historic hotel, such that it became a very well-liked, full-service hostel. Interested parties should contact Mr. McDilda directly at Historic Hotel Botetourt on the James. Lowe Street at Washington, Buchanan, VA 24066.

Fred Parker would like to remind everyone that AYH owns several pairs of snowshoes and two tobaggans for use on AYH trips.

ACTIVITIES BOARD

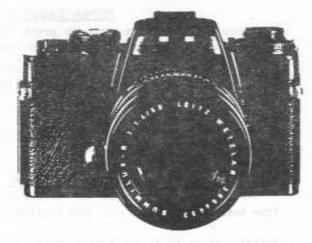
The Activities Board will meet on Wednesday, October 2nd, at the home of Kathy Lynch at 8pm. Kathy lives at 3800 C Logans Ferry Rd. Pittsburgh, 15239. All chairpeople and interested members are encouraged to attend.

HEADQUARTERS CLEANUP

Whether it needs it or not (Ha!), there will be a work party to clean up Pittsburgh Council HQ sometime during the weekend of October 26 and 27th. Listen to announcements at the Thursday meeting for more details.



BICYCLING PHOTO CONTEST



In conjunction with our <u>Fall Foliage Rides</u>, the cycling committee is sponsoring a photo contest!

- 1. All entries must be 35mm slides.
- Photos must be taken on an AYH cycling trip, preferably 1985.
- 3. \$1.00 fee per photographer permits any number of entries.
- All entries must be marked with photographer's name and the date of the trip to be considered for a prize.
- Special consideration will be given to photos with cyclists.
- Prizes will be based on the number of entries, but at least one prize with a retail value of \$15.00 will be awarded.
- Slides will be returned (pick up at HQ or enclose a SASE with entry) after the slide show at a Thursday AYH meeting in January, 1986.
- 8. Entries must be postmarked or placed in the cycling committee box at HQ by November 21, 1985.
- Judging will be done by a committee designated by the cycling chairmen.

OFFICIAL ENTRY FORM

Mail this form with \$1.00 to: Pittsburgh AYH, Photo Contest, 6300 Fifth Ave., Pittsburgh, PA 15232.

Contest, 6300 Fifth Av	ve., Pittsburgh, PA 15232.
NAME	
ADDRESS	
PHONE	Albertalism with a silver at the
DATE & DESTINATION OF TRIP LEADER	TRIP

CANDEING

Steve Shafer 481-0507h 578-2527w

Kathy Lynch 327-0529

If anyone is interested in leading an impromtu trip any day in October, they should contect one of the chairpersons. The trips will then be organized on Thursday nights. People are still splashing the water with paddles, so if you care to join them, appear and let your interest be known!

CAVING

John Popp 885-2126
Paul Herre 653-7934
Roy Provins 784-9127

As always, please call your trip leader for more details and how to be properly prepared so that you can enjoy this fun and exciting sport of caving. Caving trips are run "rain or shine", unless otherwise stated. Please let your trip leader know as soon as possible if you have to cancel from a trip, this will allow someone else to possibly take your spot. Thank you.

CLIMBING

Dale Vilsack 343-8379 Eric Bauer 687-0766

HIKING

Wayne Hennemuth 654-2630 Tom Kaveney 276-8044

KAYAKING

Lou Conley 681-8321 Ray Yutzy 341-5682

The AYH kayaking schools are finished for the season. Swimming pool roll sessions may be organized later in the winter - watch the Triangle for further information.

Cold weather kayaking trips may be informally organized at the Thursday night meetings by those who are equipped for cold water paddling.

Ray Yutzy will be conducting a 12 week kayaking course using the AYH boats at Community College of Allegheny County, Northside campus pool, free parking. Beginners and novice paddlers are welcome to sign up. Learn to perfect your roll. Customary low price. Advance registration is required. It will be on Monday evenings, starting Sept. 23rd. There will be a 6:30 and an 8:30 session. If you want to know more about the course, call Ray at 341-5682. It may be possible to sign up for this course even though it has already started.

OCTOBER TRIPS & TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee (50¢ per half day or evening). IN ADDITION non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).

AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity write-up, where you may find more information. After you've read over everything, call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring. Ask where you'll be going. How late will you arrive home? What is all this going to cost you? Remember, AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental, and any other expenses (we often stop at a restaurant on the way home).

AYH trips are geared toward individuals who independently sign up for trips. If you have a group that wishes to go, it is important for the leader to contact the trip leader early, and it may be necessary for the trip leader to speak with every tripper.

BACKPACKING

Jack Peth 921-7214h 777-5365w

Debbie LaPlaca 795-4179

Backpack Trip Classifications

NOVICE - No previous experience necessary - a training trip. 6 to 8 miles over two days. Must have been on day hikes.

EASY - 8 miles flat or 8 miles hilly trail per day.

INTERMEDIATE - Twixt & Tween

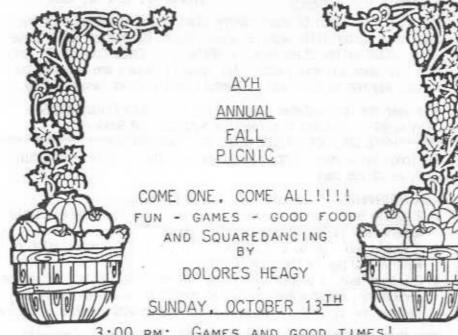
ADVANCED - For the experienced backpacker, +15 miles flat or 13 miles hilly trail per day over difficult trails.

BICYCLING

Rick Kondas 672-3891 Chuck Ejzak 466-6196

Bicycle Trip Classifications

- A Advanced rides >60 miles, 15 mph pace
- B Intermediate rides 35-60 miles, 12 mph pace
- C Easy rides 15-35 miles 10 mph pace
- D Beginner rides 10-15 miles 8 mph pace
- E Learn to ride



3:00 PM: GAMES AND GOOD TIMES! 5:00 PM: DINNER!! (GOOD FOOD! YUMMMMMM!)

RIVERVIEW PARK

IF YOU WISH TO BRING FOOD, PLEASE INDICATE ON THE COUPON BELOW.

MEMBERS: \$6.00 NON-MEMBERS: \$7.50 ADD \$1.00 LATE FEE IF YOU PAY AFTER OCT. 5TH. MAKE CHECKS PAYABLE TO: PITTSBURGH AYH AND MAIL TO: LARRY LAUDE, 210 SOUTH ATLANTIC, PITTSBURGH, PA 15224. FOR MORE INFO CALL MARIANNE KASICA 561-9012

NAME	_
PHONE	
Members @ \$6.00/person Non-Members @ \$7.50/person	
CHILDREN UNDER 12 @ \$3.50/PERSON	
LATE FEE (AFTER OCT. 5) @ \$1.00/PERSON_	
TOTAL ENCLOSED	

It's time once again to start making plans and reservations for the annual Blackwater Falls Weekend trip. Ski at Blackwater Falls State Park, Canaan Valley State Park, or White Grass Cross Country Ski Area. Pick your pace and your place. All level of skiers are welcome, but lessons may not be available. Downhill skiing is at Canaan Valley.

ROOM ASSIGNMENTS 3 types of rooms are available

 2 Double Beds: up to 4 people to a room. Only 5 rooms available. Reserve and pay by the room only.

2. 1 Double Bed: up to 2 people to a room. Only 5 rooms available.

Reserve and pay by the room only.

3. 2 Single Beds: 2 people to a room. 15 rooms available. If you have a roommate, reserve and pay by the room. If you need a roommate, reserve and pay for 1. We will match you up with someone. (Pot Luck)

Make checks payable to Pittsburgh Council, AYH-andumail along with a self addressed stamped envelope to: Lynn Ejzak, 6858 Wilson St., West Mifflin, PA 15122 or hand deliver to Chuck or Lynn Thursday nights. For info call 466-6196****NO CASH OR TELEPHONE RESERVATIONS ACCEPTED****

PHONE NAME ADDRESS. ROOM TYPE: 2 Single Beds (1 or 2 people) \$ 41.00 / person 1 Double Bed (2 people) \$ 82.00 / room 2 Double Beds (4 people) \$101.00 / room TOTAL AMOUNT ENCLOSED \$ will need ride Please check: will supply own ride can give ride(s) to people will ride bus* *see reservation form for bus Please supply names and phone numbers of others in room.





Fall, it seems, is the time for meetings. Bill Johnston and Marilyn Ham just returned from the Extended Trips program meeting in Boston; Bill, Joe Hoechner and I are going back to Boston for the Eastern Region meeting; our own Annual Meeting is on October 17th; and the National Council meeting is next door in Columbus in November. At the Extended Trips meeting Pittsburgh Council received awards for the idea for the Erie Breeze trip, for best newsletter coverage, and Marilyn Ham received one for personal commitment (Thanks, Marilyn!). A good part of the Eastern Region meeting will be devoted to the latest version of the National Strategic Plan. Our own Annual Meeting will be different this year. It will be at the Civic Garden Center and will feature information on the work of the committees and activities in addition to the annual elections. Stop by and check us out.

At the September Activities Board meeting, we discussed the need for guidance for groups (vs. individuals) on Council trips, endorsed Bill Johnston as a candidate for the National Board of Directors, and set policy on sales of AYH publications at HQ. All of the Pittsburgh Council area hostels have now been approved for 1986, with the exception of Morgantown hostel. We are also looking at two new potential hostels north and east of Pittsburgh.

Good luck to Rita Long, who's moving on to a new job in Philly! Hope to see everyone at the picnic! ...Larry Laude 865-9554

KTA TRAIL MAINTENANCE

The Keystone Trails Association is sponsoring a trail maintenance weekend on the Quehanna Trail in Northcentral PA on October 26 and 27. Quehanna Trail was hit hard by the tornadoes earlier this Spring. For more information, contact Jack Peth at 921-7214.

just for kids... (NO) Jed!

It is time to commit yourself to helping in the planning of our council. The Activities Board meets monthly and discusses issues involving all aspects of AYH. If you would like to help, we'll be looking for people to fill vacancies on our Activities Board. Wherever you see a blank line in the list below, we need a volunteer. Call Pat Tieman, chair of the nominating committee, at 561-3286.

PRESIDENT Larry Laude TREASURER Fred Hull *ASST. TREASURER Jack Asherman RECORDING SECRETARY Marianne Kasica *CORRESPONDING SECRETARY Lynn Ejzak HEADQUARTERS Gary Ludwig TRIPS COORDINATOR Pat Tieman FDITOR Joy Layton LAYDUT Bonnie McElhany *TRIANGLE ADS Lucy Hofmann *TRIANGLE PRODUCTION Don Hoecker PROGRAM Bob Goff HOSTEL OPERATIONS Len Benson Jim Gogots HOSTEL DEVELOPMENT Joe Hoechner *FRANCHISE Rita Long *LIBRARIAN Joel Platt SERVICE Rich Vangenewitt ENVIRONMENTAL SERVICE Cliff Ham SPECIAL EVENTS Thomas Kinsman MEMBERSHIP Blanche Asherman *TELEPHONE RESPONSE Blanche Asherman PUBLICATIONS Bruce Sundquist TRATIS COORDINATOR Glenn Oster

COUNCIL STORE Shelley Werner Patty Kreps

EXTENDED TRIPS Marilyn Ham Aill Johnston

PUBLICITY Joe Hoechner FAMILY ACTIVITIES Barbara Hanusa BOARD OF DIRECTORS

Barry Govenor Larry Laude BACKPACKING Jack Peth Harriet Ann Seiner

BTCYCLING Chuck Eizak Rick Kondas

CANDEING Kathy Lynch Steve Shafer

CAVING John Popp, Paul Herre Roy Provins

CITMBING Dale Vilsack

Eric Bauer X-COUNTRY SKIING Fred Parker

Steve Tubbs

HIKING Tom Kaveney Wayne Hennemuth

KAYAKING Lou Conley

Ray Yutzy

RAFTING Shirley Ulaky

SEA-KAYAKING Tom Trump Paul Kram, Cathy Lynch VOLLEYBALL Jeff Marsh

Vice Presidents are elected by the Activities Board at the meeting following the election.

BLACKWATER FALLS WEEKEND SUPPLEMENT

This year, for our chilly weekend in West Virginia, we will be offering transportation on a "luxury tour bus" for people not wanting to risk the drive because of the snowy roads and subzero temperatures which have been the case for this weekend for the past few years. This will first come- first served, with a maximum of 45 people, at a cost of only \$ 20.00 per person. Please note: if we less than 40 passengers, we will be forced to cancel the bus. All bus reservations must be received by Dec. 15th. Fill out reservation form below and mail with your room reservations, and include a SEPARATE check for \$20.00. Ask Chuck or Lynn for details.

NAMEADDRESS	H I'm mit.			
PHONE	مملمت	TOTAL PAS	SENGERS	
Name and phone	numbers of	others, plea	ise.	

NEW SOUTH HILLS MEMBERSHIP OUTLET

Pittsburgh AYH now has a new pass selling agency right in Sout Hills Village; the "Hour Glass One Hour Photo" store. This store i on the upper level, Hornes end of the mall. You can not only buy you International Hostel card right over the counter but also get your pass port photos taken at the same time (get a spare for your AYH pass)!

They can develop, enlarge and copy your film when you return from your travels too. Best part -- if you show your AYH card you get 10% discount!!

The One Hour Photo Store is open 9:30 am to 9:30 pm six days week, and from 10 am to 5 pm on Sundays. For more information cal (412) 854-FOTO.

					MORE 0	RTRIPS	
DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
26,27	SS	Backpack	Inter	Tom Kaveney	276-8044	7:00am	Let's see how our illustrious hiking chairman fairs on his maiden backpack trip into Allegheny Natl. Forest. Should be great color. Don't be left behind, call for reservations now!
26	Sat	Bike	С	Jeff Marsh	466-7841	8:00	Fall Foliage Special - Mill Creek Park. See cover story.
26	Sat	Hike	Inter	Wayne Hennemuth	654-2630	8:00	Quebec Run.
27	Sun	Bike	А	Larry Laude Don Shepard	665-9554 921-4506	10:00	The biggest hills in Pittsburgh! See how you rate against them!
27	Sun	Sea-Kayak	A11	Tom Trump	284-7349⊌	9:30	Fall River Trip.
31	Thurs	Halloween Hike	Easy	Joy Layton	486-4753	6:45PM	A ghostly Halloween hike before the Thursday meeting. Wear your bes

Nov 2,3 55 Backpack Inter Fred Parker 824-2638

Look for details in the next Triangle, but how about some of Fred's friends who've been off the trail for a while planning on joining him.

COOPER'S ROCKS NEWS

It seems that support for the Cooper's Rocks law suit has taken a financial bomber. To refresh your memory, Pittsburgh Council contributed to this cause with the stipulation that all efforts be made to reimburse the council via solicitation of the climbers and others whose interests are being represented (whether or not they belong to Pittsburgh Council AYH).

In spite of some generous support (some notable contributions from non-climbers) we are still short of the mark and many who complained about this situation have not been heard from.

Come on guys (and gals), reach if you haven't. The club chose to support us and you may need their support again in the future. Thanks to those who have already contributed as they were able. ... Barry Govenor

WORLD ADVENTURE UPDATE TIME TO PLAN FOR WINTER SKI TRIPS

Check your World Adventure catalog (page 32) for skiing trips now, especially if you wish to vacation around Christmas - New Year's time. Early signup will insure a spot for you. AYH offers five skiing holidays in the Cascades, New York, Colorado, New England and a twenty-one day trip to Switzerland. Downhill and cross-country are available at most locations.

Questions? Call Marilyn Ham (687-4520) or Bill Johnston (687-4893).

CORAOPOLIS BIKE & HOBBY

10% DISCOUNT to AYH MEMBERS

costume! About 2 miles. Free!

REPAIRS, PARTS & ACCESSORIES FOR ALL MODELS Mountain Bikes

938 5th AVENUE CORAOPOLIS, PA 264-0982

The Rockies In All Their Grandeur continued

ninth and last morning was special in its own way - a long gradually dropping mountain valley with enormous mountains on each side and lots of sunshine to show it at its best. What a was to end a hike!

We didn't cover many miles over our nine days - something over 80 - but the climbs made the short distance seem practical. Some of us would have been "dishrags" if we'd gone much further on a few of the days. Nights were cold - some as low as 22°F. Daytime temperatures sometimes reached the low 70's. Lots of wind.

The Wind River Range is popular - so much so that organized groups must have permits. Individuals, however, don't need them. I've been to a number of great places to hike, but this has got to be the best.

We returned by a less direct route via the Grand Tetons, the southern loop of Yellowstone Park, a beautiful drive to Cody, Wyoming, on to Devils Tower Monument, the Black Hills of South Dakota (Needles Highway), Mount Rushmore and the "Badlands". In all, we drove close to 5000 miles and returned to the car rental agency exactly on time — 15 days of vacation that I'll never forget. Can't wait to start planning next year's trip.

...Glenn Oster

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- THE LEAST EXPENSIVE HERBS AND SPICES

5474 PENN AVE. (412) 361-3598

MON-FRI SATURDAY SUNDAY 10 AM - 8 PM

10 AM - 6 PM

12 PM - 4 PM



THE ROCKIES IN ALL THEIR GRANDEUR

by Glenn Oster

Thought you might like to have a report on a superb place for a backpacking vacation - the Wind River Range in western Wyoming. Some eight of us AYH'ers travelled out there in August, and the grandeur and majesty of the mountains, lakes, streams and wildflowers made the long drive well worth the effort.

John Dern, Cliff Ham, Wendell Phillips, Fred Pollastrini, David and Tom Ruppel, Rob Wall and I rented two Plymouth Voyagers and off we went into the West. On the way out we visited Scott's Bluff in Nebraska (practically the only thing in Nebraska worth visiting). We reached our chosen trailhead at dark (fifty miles from the closest town, and nineteen of those miles over dirt roads) and didn't realize what natural beauty we'd reached until daylight. Was cold, 28°F, but the layer of mist rising from the stream and the lakes, and the sun breaking over the mountain told us we had a great day in store — in a magnificent setting.

It took until nearly noon to complete the car shuttle (132 mile round trip), but the scenery developed immediately - the Green River Lakes with Squaretop Mountain in the background is a sight that made the entire trip worthwhile. We were now in the Bridger Wilderness.

Throughout the first day we hiked at the 8000' level, which helped to prepare us for higher elevations - which promptly materialized. All the second day we climbed up and up to Summit Lake, at 10,360'. No one seemed to have any trouble with the thinner air. That climb wasn't enough for some folk. Cliff and David took an after dinner climb to the top of a nearby high dome and only made in back with the aid of a flashlight.

On the second day we cleared a pass at 11,000' and went beyond our hiking plan past lakes, thru wildflowered meadows, across an ice-field and on to a beautiful campsite at Fremont Crossing. At this site there were no suitable trees from which to hang our food - so we suspended food bags from the bridge, a first for me.

The third day took us to beautiful Island Lake. This was a short day with options. Cliff and the Ruppels climbed Indian Pass, well over 12,000', and climbed the glacier. Fred and I took a five mile stroll to the Titcomb Basin - what an unbelievable sight! Truly worth the time. Wendell fished and the others relaxed. Just a great day.

This tale goes on and on in the same vein. To be mercifully brief, we hiked by lake after beautiful lake. Fred and Wendell caught trout (I had one of Wendell's for breakfast at Trapper Lake; it was indescribably delicious). We had campfires where permitted and many memorable campsites. We had serious descents and difficult climbs, but the new scenery always made the effort pay off. And the

OCTOBER TRIP SCHEDULE

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
4,5,6	FSS	Bike	В,С	Cliff & Marilyn Ham Dan Martt	687-4520 921-4638		Harper's Ferry - Antietam Battlefield Weekend. Spend two nights at Kiwanis Hostel, Knoxville, Maryland. Reservations should have been made by Sept. 25, but check to see if there's still room.
4-6	FS5	Sea-Kayaking	All	Cathy Lynch	361-3707	5:30pm	Small Craft Festival Weekend trip to St. Michaels, Maryland.
5,6	55	Backpack	Inter	Ben Brugmans	736-2751	7am	Explore Dolly Sods as Fall starts to set in. Call Ben early for info and reservations.
5	Sat	Cave	Begin	Roy Provins	784-9127	8:30	Explore Conn Cave and see the onion formation!
6	Sun	Bike	С	Terry Gossard .	321-2382	8:00	Fall Foliage Special - Dil Creek State Park (See cover story)
9-14	₩-М	Backpack	Adv/Int	Glenn Oster	364-2864h 234-3967w	врт	Join Glenn in hiking the eastmost 50 miles of the Appalachian Trail in PA. From Blue Mountain Summit to the Delaware Water Gap. The leaves should be great! Call for info and reservations.
12	Sat	Bike	C	Chuck Ejzak	466-6196	8:00	Fall Foliage Special - Washington County. (See cover story)
12	Sat	Hike	Work	Jack Peth	921-7214	8:30	Work party on the Baker Trail - No charge.
13	Sun	Bike	C	Sally Brunson	231-6074	1:00	Pre-Picnic Ride. Meet at Riverview Park at 1:00.
13	Sun	PICNIC	AL'L			3:00	THE AYH ANNUAL FALL PICNIC. RESERVE BY OCT. 5 SEE THE FULL PAGE AD IN THIS ISSUE.
13	Sun	Hike	Easy	Joe Levine	241-3265	9:30	Hike at nearby Beechwood Farms Nature Reserve.
19,20	SS	Backpack	Inter/Easy	Lee Brownston	521-3421h 578-2621w	8:00	Experience the Conamaugh Water Gap when the leaves are just right. (We hope) Laurel Highlands Trail south from the north end at Johnstown.
19	Sat	Bike	C	Wayne Hennemuth	654-2630	8:00	Fall Foliage Special - Ligonier (See cover story)
19	Sat	Cave	Inter	Buck Rodgers	751-7957		Rapell 38 feet into the depths of Lemon Hole cave in Westmoreland county. Don't miss the mud crawl and the crystal? pool.
19,20	55	Family	All	Lori Orndorff	244-0746		Fall foliage walk for families with young children.
19	Sat	Hike	Easy	Pat Rossi	335-5067	9:30HQ	South section of the Baker Trail. Meet at HQ at 9:30 or in New Kensington at 10:15.
20	Sun	Bike	С	Ricky Kondas	672-3291	10:00	Ride to Saxonburg and back. Meet at K-Mart on Rt. 8 and Saxonburg 81v
20	Sun	Hike	Inter	Tom Kaveney	276-8044	8:30	Laurel Ridge Trail.

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Don't forget... October brings with it the SMALL GAME HUNTING SEASON! Wear bright clothing and tread carefully!

COOL WEATHER is a sign of pleasant trips to come in the near future. It is also a very good reason to BE PREPARED FOR HYPOTHERMIA! Yes, it can happen to you!!!