Hostelling, Travel and Outdoor Recreation From American Youth Hostels



GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 44, NUMBER 8

AUGUST 1994

Hostel-Touring Fun in Pennsylvania

by Gina White

I had hostelled for the first time in 1972, in Luxembourg, at the beginning of a year's sojourn in Europe. I don't think I had ever heard of a Youth Hostel until then. I was a year and a half out of college and had flown off to Europe-to stay there until there was reason to return to the US.

After Luxembourg I hostelled in Brussels, Gouda (Netherlands), Edinburgh, Canterbury, Lyon(France), Grindelwald(Switzerland), Geneva, Zurich, and a farmhouse in rural Switzerland. Each hostel was unique. Some were straight-laced, almost unfriendly; others were relaxed and roomy. All were filled with people from all over the globe. Most served cheap, filling Meals, and all were excellent budget accommodations.

I kept up my AYH membership after my return. In the glorious Autumn of 1991, I decided to drive a loop through eastern Pennsylvania. I wanted to travel the back roads-to have sort of "Route 66" experience, though on Route 6.

I Traveled from the Hartford area through beautiful northwest Connecticut, then through New York State and into Pennsylvania to my first stop, the Pocono AYH-Hostel in La Anna, PA. The hostel is just as quaint and rustic as the guide says ...huge... and I had it all to myself until 10PM. Managers Roy and Jane Walter are a retired couple, very friendly and accommodating, and they made me feel quite welcome. The hostel is a little off the beaten track, but it's quite accessible by car and very comfortable. I hated to leave the next day.

From La Anna, I headed back up Route 6, then through the outskirts of the old coal mining city of Scranton, through lovely rolling hills and farmland, and then along the Susquehanna River. The river actually forms a gorge, its banks are so steep in places. Here Route 6 is a two-lane and practically deserted. I felt like an adventurer, cruising to Rock & Roll on the radio, windows down, stopping whenever I liked to gaze at mountains, admire the river, fill up with gas, or check the map for my destination: the Grand Canyon of Pennsylvania, about 30 miles west of Mansfield.

The canyon borders two state parks. The view of the gorge is lovely from either side, especially from the west. It's a dreamy-looking camping spot, but not this trip. I bought a postcard to prove I was there, then headed southeast to Williamsport, to my reserved room at the YWCA.

See PENNA, page 3

A Bed and Breakfast Weekend Hurry! Sign Up Now! the Deadline is August 15th.

Stay at the Dillweed Bed and Breakfast in Dilltown Pa. on Sept. 24th. The Dillweed is beautifully decorated in the Victorian manner and sits beside the Ghost Town Rails to Trail. There is room for 10 only.

On Saturday Sept. 24th we

will bike the trail, a 32 mile round trip. Recently surfaced this should now be suited to touring bikes.

After a restful night and delicious breakfast we will ride some of the back country roads to visit local "attractions" this should be 25-35 miles class c Ride. The hostess is helping to find areas of local interest for this ride because this is only a short (1 hour) journey out route 22 from Monroeville we will have 2 full days to explore this interesting area.

For more details call Joan Roolf at 795- 8345 as soon as possible.

OHIOPYLE WORK PARTIES

Sunday, August 14
Bob Utz, Hostel Manager at 329-4476
Mary Bates, Work Coordinator at 364-7113
Watch for other dates Sept. 18 & Oct. 16

We are continuing to get some maintenance things done at the hostel in Ohiopyle. FREE LUNCH for all volunteers!! Meet at HQ at 9:00 am and be back by 5:00 PM. Sneak in a hike too if there is time. If you can volunteer a few hours of your time to help paint, move furniture, clean, wash windows, do yard work or whatever talent you may have, it will be welcome.

AYH volunteers always have a fun time even though they are working. Here is a chance for you to help out and give something back to AYH for the fun times that you have had. You can stay overnight FREE as well but you must book a reservation in advance.

Mary will be fielding phone calls regarding carpooling, what to bring with you, etc. Please call her if you have any questions or would like to sign up!

1994 MON VALLEY CENTURY BICYCLE TOUR Sunday August 21

The Mon Valley Century,
August 21st; The MVC starts
south of Pittsburgh at Elizabeth
PA. There are rides of 35, 65, and
100 miles! A map, food stops, and
a sag wagon will be provided, and
you will be able to purchase
commemorative T-shirts. About
1,200 riders participate.
See Page 4 for details



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.....And MORE!!!

AMERICAN YOUTH HOSTELS

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If you find an error, please notify the editor. See the address for the Golden Triangle at the left

MATERIAL...

All material to be published, should be sent to the address below, It Can be submitted on Disk in either IBM or Mactintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels The Golden Triangle 5604 Solway ST. Pittsburgh, PA 15217

Office: (412) 422-2282

PITTSBURGH COUNCIL **ACTIVITY CHAIRS**

Chairman of the Activities Committee###.##### Canoeing Karen Lukas 661-4835 Cross Country Skiing Steve Tubbs 279-4866 Cycling Wm Eberle 833-9732 Chuck Ejzak 466-6196 Family Activities Barbara Hanusa 441-7205 Hiking / Backpacking Helen Coyne......776-0678 Jim Ritchie...... 828-0210 Kavaking VACANT ###-#### Ray Yutzy...... 341-5682 Midweek Rambles Cliff Ham 687-4520 Rafting Doug Bruce 561-5037 Jon Maiman 441-2306 Rock Climbing Eric Bauer 687-0766 Sailing Joel Hough 727-2807 Bob Zavos 241-0659 Sea Kayaking Mark Mistrik647-7609 Trips Coordinator Vicki Krug...... 361-4386 Trail Systems Glenn Oster 364-2864

Jim Ritchie 828-0210 Headquarters Programs Tom Rodgers 621-6310 Chris Kline 441-7352

Wm Eberle 833-9732 The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Storekeeper

Caving, Volleyball coordinator, Ast. Store Keeper, HQ Volunteers

Please note the deadlines for future issues of the **GOLDEN TRIANGLE**

SEPTEMBER All copy, Aug 4 Binding/Mailing, Aug 25

OCTOBER All copy, Sept 6 Binding/Mailing, Sept 27

If your work is on computer. contact Bill Eberle @ 833-9732

or

Larry Laude @ 665-9554

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), {Formerly named International Youth Hostel Federation(IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.



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For People Who Live Their Dreams...

August Slide Shows

Visit the Canadian Maritime Province of New-Aug 4th foundland: 800 miles by bicycle.

by Cliff and Marilyn Ham

Ron Boone and Ann Hamilton return by popular Aug demand with guitars in hand. Join us for an evening of live Folk-Country, familiar hits along with music you'll be hearing for the first time.

Join us for a tour of the exotic isles of the East Indes Aug to Jakarta, Indonesia along with excursions to Java and beautiful Bali Isle.

by Steve Poprocky

25th Aug Newsletter Prep night. A little work at HQ, followed by a drink or meal at a local restaurant

> To Schedule a show or have a show idea call **TOM RODGERS 621-6310**

Pittsburgh Council Hostels

Ohiopyle AYH Hostel Ohiopyle State Park

PO Box 99 Ohiopyle, PA 15470 (412) 329-4476

Charleroi Youth Hostel (SA) Rego's Hotel and Restaurant

601 McKean Avenue Charleroi, PA 15022 (412) 483-6200

Living Waters AYH Hostel RD #1(1 mile west on Route 30) Schellsburgh, PA 15559 (814) 733-4212



PENNA, from cover

The next day I continued down the Susquehanna, through oncebooming agricultural and transport areas-now sleepy, half-deserted towns with a few older folks hanging on, eking out a living.

Turning onto Interstate 81, I immediately wanted to get off againso I checked my map, found a two-lane local highway, and leisurely crossed the Appalachian Trail on Route 850. I parked the car and walked a bit along the trail, crossing low, rolling hills. In that part of Cumberland County, the trail goes through cow pastures.

I drove further, past tiny settlements and hamlets of a few homes. At last I reached the Ironmaster's Mansion AYH-Hostel in Pine Grove Furnace State Park. I got there just in time to take a walk with a group of hostel managers and tripleaders in training. I was surprised to meet two managers I knew: one from New Mexico and Yankee Council's Own Lois Macomber, from the Windsor Home Hostel.

The state park is very pleasant, with the Appalachian Trail, ponds, the old charcoal furnace, and of course the Ironmaster's Mansion-with its history, hot tubs, basement cell, and colorful manager Bob Beard.

The next morning I walked along the AT a bit, climbed a cliff to a lookout, and then bade farewell to the park, mansion, and the friendly staff and guests. I drove south to Gettysburg. A lovely setting-but it's crowded with tourists and war monuments, so I did not tarry long. I headed northeast, past Lancaster, to the Bowmansville Youth Hostel.

A former general store, this was a great hostel, with the store part now the dining room, lounge, and kitchen, and the rest sleeping quarters. Right on the main street, in the middle of Amish country, the hostel had a unique flavor. Unfortunately, it is now closed.

The hostel rented bikes. So the next day, I and a fellow hosteller-a woman my age from New York State-Biked along the back country roads to Ephrata Cloister. It was work, going up and down those hilly (for me) roads, but worth every moment and mile. Meeting fellow travelers and setting off on day trips together is a great aspect of hostelling.

I lingered in Bowmansville longer than I had planned to, and so drove in darkness back to a friend's apartment in the Bronx. Thus ended my eastern Pennsylvania adventure.

Luckily for hostellers, there are several other hostels in the area to take up the void left by the closing of Bowmansville-perhaps not with the same charm, but I'm sure with other qualities that make them just as special and worth visiting.

OFFICE STAFF WANTED

We are looking for someone to work part-time in the Council office answering the phone, answering the mail, answering questions from walk-in members or potential members, selling memberships and rail passes, supplying membership sales agencies, and filling book orders. You must enjoy dealing with people and be computer literate. Hostelling experience is helpful. The hours are 8 to 12 hours per week. For more information or to apply, call Larry Laude at 412-665-9554.

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get

Thanks for your interest and help.
Clip out the coupon below and make your pledge today.

	_ \$2500	· ·
	_ \$2300 _ \$1000	
	\$500	
	_ \$250	
	\$100	
_	\$50 Other: \$	HOSTELLING
-	_ Other, #	— INTERNATIONAL
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	3.5.1	Pledge to:

SEA KAYAKING

Travel is more than the sum of the services you buy. Many of our favorite spots we've stumbled upon were "Nowhere and Nothing" kind of places full of beauty, or history, or wonderful people. But in one respect they were alike-they were all devoid of cheap tourism. It's not necessary to spend alot of money away on a trip, and in fact you can directly contribute (in you're own small way) to the destruction of the very quaintness or special nature of the region that attracted you there in the first place. Pump money into a seasonal tourism economy and watch the roadside bulletin boards, cheap (and not-so-cheap) hotels, T-shirts, and (strangely enough) golf courses proliferate. As more people visit the area, quiet back country roads and spontaneous conversations with friendly locals change to "No Trespassing" signs, Fees, and new Regulations designed to profit and sustain the new economy-which if robust enough, will eventually displace the indigenous and possibly more stable one there before it. As an analogy, it's akin to fertilizing the weeds along with the flowers-eventually you lose what's valued. So instead, try buying a lobster right off the lobster man returning at the end of his day, or visiting a farmer's market to see what's in season. Sometimes I've seen the simple things enjoyed the most. Maybe leave the radio, cooler, or golf clubs at home and forget about the "I Was Really Here!" mugs or sweatshirt. Think about what you're looking for, or want to enjoy, before you plan your next trip Remember, everything you do has an effect, and be aware of the effect that you are having in whatever you do.

August 5-14 Fri-Sun Mark Mistrik 647-7609
Apostle Islands, Wisconsin. 9 day trip to some of the best seakayaking you'll ever see. The Apostle Islands National Lakeshore is a group of 22 islands above the Bayfield peninsula in the northernmost part of Wisconsin on Lake Superior. Explore islands, isolated coastlines and sea-caves with the kayaks, and some light hiking. Also, one day of sightseeing in Chicago. Accommodations should include a Youth Hostel, Bed and Breakfasts, and camping. Call for more information. meets: 5:30-6:00 p.m. in Shadyside.

August 14 Sun David Engle 363-3367 Sea-Kayak Scavenger Hunt at North Park Lake. BYOP (picnic) and open to everyone-BYOB (boat). Call and ask about prizes.

August 17 Wed Mark Mistrik 647-7609 Introduction to sea-kayaking evening trip to North Park or Glade Run lake. Easy trip is a very good way to get aquainted with the sea-kayak. Basic Instruction, an overview of the sport, and actual paddling on the lake will be covered. This trip is a prerequisite for almost all other trips for anyone who has never sea kayaked, and recommended if you haven't been in one lately. Please call to reserve. Meets: 5:45-6:15 in Shadyside

August 20 Sat Mark Mistrik 647-7609 Splash and Bash 1994. Fun sea-kayaking daytrip to Lake Arthur, Moraine State Park. Join us for Saturday morning brunch then tour the lake in Sea-kayaks with a stop to look for fossils at the dam followed by a late afternoon cook out picnic before returning. Also, note the meeting time that anybody can live with. Please call to reserve a kayak. Meets: 9:00 a.m. Shadyside.

September 2-6 Fri-Tues Mark Mistrik 647-7609 Chincoteaque National Wildlife Reserve and Assateaque National Seashore. Three days of exploring undeveloped beaches and saltwater marshes, surfing kayaks on the ocean, and camping right on the seashore. Trip includes dinner at Hooper's famous crab and seafood restaurant, and an obligatory visit to Ocean City, Maryland to walk it all off. Dolphins, Sea-turtles, and countless species of birds have been seen on this trip (we do this every year) and the whole island is overrun with wild ponies. Most of the trip is suitable for beginners (at least one or two previous trips required). Call for more information. EARLY REGISTRATION IS ESSENTIAL IN ORDER TO OBTAIN CAMPING SPACE.

And finally...

Late September: Southern Chesapeake weekend (paddle on the Rappahancock). See bioluminescence at night and stay in a condo-Youth Hostel-resort.

October: Kayak touring 40 miles the length of Assateaque Island bayside, on Chincoteaque Bay, camping in canoe-in only sites, and always within a mile or two of the ocean.

November: Urbanna, Virginia's annual Oyster Festival. I swear I'm not going to miss this again THIS year. Mark Mistrik 647-7609

AYH Sheet Sleeping Sac.... DON'T LEAVE HOME WITHOUT ONE!

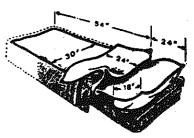


Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public

health regulations.
Our nylon sleep sack is especially light, compact, and dries

extremely quickly (handy on trips). the cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.





Mon Valley Century Bicycle Tour Sunday August 21, 1994



Start The MVC will start in Elizabeth, PA from the dance studio. See map at right. Pick up registration packets containing map, rider number and related items before starting your ride. Registration opens at 6:30 am. These starting times are recommended so you will not be too early or late for any of the rest stops. The 100/70 miles:depart between 6:30 am-8:00 am. The 50/30 miles:depart between 8:00 am-11:00 am.

Route Large sections of each ride follow the Monongahela River. The scenery varies from industrial towns to spectacular views of the river and wooded hillsides. You will have a choice of 100 miles, 70 miles, 50 miles or 30 miles. The 100 and 70 mile routes are composed of equal portions of hilly, rolling, and flat terrain. The most challenging climb occurs just out of Brownsville and is nearly two miles long. (The other hills are gentler). The 50 and 30 mile rides are flat to gently rolling and are well suited for intermediate and beginner riders. All routes will also be marked with arrows on the pavement where practical.

Food A lunch stop is included for all riders. 70 milers receive one additional snack stop and Century riders receive 2 snacks in addition to lunch. There are many convenience stores along the route.

Support A sag will pick up those who can't finish due to bike problems or fatigue. (You and your bike are expected to be in good shape before the ride starts. Carry a spare tube)

Cost\$10 postmarked by July 31, 1994: \$15 thereafter and the day of the ride. (Please note that t-shirts are not included in the basic price.)

T-shirt \$6: Only riders who prepay for a t-shirt with their registration by July 31 will be guaranteed to receive an MVC shirt. There will be a limited number of shirts for sale on the ride day (mostly L and XL).

Contact: AYH Office: (412)422-2282 or Lynn & Chuck Ejzak: (412) 466-6196

Helmet The Pittsburgh Council AYH **requires** all cyclists to wear an approved bicycle helmet for this event. Look for helmets approved by ANSI Z.90 or Snell B90 standards.

Proceeds from the MVC benefit the Pittsburgh Hostel Fund and will be used to help establish an International Youth Hostel in Pittsburgh.

1994 Mon Valley Century Registration Form

Mail to: AYH, DEPT MVC, 5604 SOLWAY ST, ROOM 202

PITTSBURGH PA 15217

Make checks payable to Pittsburgh AYH and include a self-addressed stamped envelope for confirmation.

One rider per form, please. Copies accepted	(be sure to include release form on back). Please write legibly.
Name:	
Address:	
City/State:	
Phone:	
Emergency Phone for Ride Da	y:
I plan to ride (check one):	_100 _70 _50 _30
Age (check one):	Under 18 _ 18 or older
T-shirt(if ordered):	S M L XL
	Registration \$10 by July 31,\$15 Aug 1 or later:
	T-shirt (\$6):
Dona	tion for the Pittsburgh Hostel:
	TOTAL: \$
YOU MUST SIGN THE I	LIABILITY RELEASE TO PARTICIPATE
In consideration of your acceptance of my application for entry in administrators and assigns, waive and release any and all claims for da a result of my participation in the Mon Valley Century Bicycle Tour. I American Youth Hostels and their respective agents, boards, commissi from all liability, arising out of or connected in any way with my part acknowledge that Mon Valley Century Bicycle Tour involves riding on potholes, loose gravel, and sewer grates. My participation is voluntary be sustained while participating in this event. I attest that I am physical emergency treatment in the event of injury or illness while participating insistence of any of the above parties is not an admission of liability to of any right hereunder. I understand that serious accidents occasionally injury as a consequence thereof. Nevertheless, I agree to assume these rotherwise be liable to me(or my heirs or assigns) for damages of whate Bicycle Tour is in good mechanical condition. I agree to wear a helm riding in this event. I agree to abide by the rules of the event as establish permission to Hostelling International-American Youth Hostels and/or a	the Mon Valley Century Bicycle Tour, I, the undersigned, for myself, my heirs, executors, amages, for death, personal injury or loss of property I may have, or which may accrue to me as I, the undersigned, discharge, and release the promoters, the sponsors, Hostelling Internationalisions and any other involved municipalities, and employees and representatives of the foregoing ticipation in this event, whether or not caused by the negligence of any of the above parties. I is a public roads which not closed to other traffic and which may have other hazards including hills, my and is done at my own risk. I voluntarily assume all risks of loss, damage or injury that may ally fit and sufficiently trained for the completion of this event. I hereby consent to and permit and in the event. I understand and agree that medical or other services rendered to my by, or the provide or to continue to provide any such services, and is not a waiver by any of said parties by occur during bike rides and that participants in bike rides occasionally sustain mortal or serious risks and to release and indemnify and hold harmless all the persons mentioned above who might ever kind or nature. I attest that the bicycle and equipment I will use in the Mon Valley Century are meeting either the ANSI Z90.4 standard or Snell Memorial Foundation 1984 standard while shed by the promoting organization and to obey the directions of the officials. I hereby grant full agents to use photographs, videotapes, motion pictures, or any other record of this event, including and and understand everything written above and voluntarily sign this agreement. Please be sure HOUT A VALID SIGNATURE
Signature of Participant	Date
Signature of Parent/Guardian	Date
(if registrant is under 18)	

SABRE BIKE TOUR

Fourth Annual October 2nd 1994

When autumn breezes blow in southwestern Pennsylvania join us at Settlers Cabin County Park. SABRE has cool fall cycling with rides of 15, 35 and 65 miles. We expect 1,500 cyclists this year.. Call Bill Eberle at 412-833-9732 for Information or an appication.

A Cycling Governor?? Never Say Never!!

The campaign staff of gubernatorial candidate Tom Ridge has asked the Bicycling Federation of Pennsylvania and local cycling clubs to plan a route for a four-day campaign trip by bicycle during the last full week of August! Mr. Ridge will depart Williamsport on Wednesday August 24 and arrive in Wilkes Barre on Saturday, August 27. The route will take him through Bloomsburg, Pottsville, Allentown-Bethlehem-Easton, East Stoudsburg, and Split Rock. Mr. Ridge wants Pennsylvania's cyclists to join him on the campaign trail, with a special invitation extended for the final day's ride into Wilkes-Barre. The candidate feels that the presence of hundreds of cyclists will help him make the point that bicycles are part of the solution to Pennsylvania's traffic congestion and air quality problems.

It is the attention and recognition opportunities of this event that really excite me, not any particular party affiliation. A major political campaign guarantees news coverage. The appearance of hundreds of cyclists on evening news programs across the Commonwealth will signal all candidates and all Pennsylvanians that cycling and cyclists must be taken seriously. Our ability to deliver that image and its message makes this a "no lose" situation for cycling, regardless of the outcome of the election.

let's talk about logistics for a moment. I have not mentioned a precise starting point for the final day because it is not known as I write. It will be known by the time you receive your newsletter. I am happy to serve as the primary contact but for efficiency, I would like the name and phone of each local club contact. You may phone me during the day or evenings till 10 PM at 717-975-0888 (collect calls accepted). Most of the eastern clubs can make this a one-day event, but we want to be sure to include the western clubs. It will be neipiul if eastern clubs can volunteer to house some of our western riders. Phone me with your housing needs or available spaces, and I will coordinate inter-club contacts.

One final comment; regardless of your personal feelings toward this political contest, this event will publicize cycling like nothing we have ever done before. The sport needs each of us to come and enjoy the ride into Wilkesbarre on Saturday, August 27!

-Tom Helm, Executive Director; Bicycling Federation of Pennsylvania

If you are interested in attending this event, please Call me for the latest information and routes. I am in contact with Mr, Helm and will be be there for at least the final days' ride.

- WM EBERLE

MID-WEEK RAMBLES

August 3 Wed Cliff Ham 687-4520. Ramble in Oakmont, along new walking trail, and in riverfront park.

August 10 Wed Marilyn Ham 687-4520. Milivale Borough: churches and landslides.

August 17 Wed Cliff Ham(for info) 687-4520. Ramble in Highland Park. Leader to be announced.

August 24 Wed Cliff Ham 687-4520. Ramble in Duff Park, Murrysville. Bring lunch.

August 31 Wed Cliff Ham 687-4520. Southside Riverfront Park.

Note also: August 13: Wild Food Festival at South Park, prepared by our naturalist friend, John Doyle.

"The Sixth Year Of Rambles"

Sept 7 Wed Cliff/Marilyn Ham 687-4520. Tour of South Oakland, including Oakland Square. Bring Lunch for picnic afterward.

Sept 14 Wed Cliff Ham(for info) 687-4520. Southside Riverfront Park and more of the Heritage Trail as far as Station Square. Leader to be announced.

Sept 21 Wed Cliff Ham(for info) 687-4520. Northside, more on the Heritage Trail from the Science Center to Heinz and return along the Clemente Walkway. Leader to be announced.

Sept 28 Wed Cliff Ham(for info) 687-4520. Fall Trip to Duck Hollow via Frick Park. Leader to be announced.

Notes for all trips:

* Meet in upper parking lot, Fifth and Shady Avenues, by 10 a.m.

* Trips are subject to change because of weather, conflicts of schedule, and choice of group. We will plan a walk in all kinds of weather; be prepared.

* We try to carpool, to save energy and to enjoy each other. Please share expenses of transportation when trips exceed 10 miles. Suggested: one dollar per passenger.

* Call the leader for further information about a trip or to inform the leader that you plan to attend. Call Cliff or Marilyn Ham at 687-4520 for information. Please do not call after 10 p.m.



SAILING

The Sailing Activity will offer day trips on Lake Arthur, weekend trips to other nearby lakes, and occasional week long sailing trips on larger cruising sailboats. Individuals with prior sailing experience and those with their own sailboats are especially encouraged to join our program. We also need individuals with trailer hitches to pull the sailboat trailers. Individuals who assist in boat maintenance, sailing class instruction, and trailer transportation will receive equivalent free rental time.

Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency: Personal Floatation Devices are required on all trips.

Aug 12-14 Fri.-Sun INT Bob Zavos 241-0659 Lake Pymatuning Weekend. Depart Friday afternoon for the State campground near Jamestown, PA. We will camp out and launch our sailboats from the beach. We may eat out and/or cook out depending on group preferences. Pymatuning Lake covers over 16,000 acres and has a shoreline of about 70 miles with about one third of the lake in Ohio and two thirds in Pennsylvania. There are many interesting things to see and do around the lake when we aren't sailing. Please reserve by August 10.

Aug. 21 Sun BEG/INT Bob Zavos 241-0659 Sailing Sampler. Meet at Watts Bay, Lake Arthur. If you want to try sailing, we will offer half day sessions. The morning session will be from 10AM to lunch and the afternoon session starts around 1:30pm and runs to about 4PM. Reserve by Thursday, Aug. 18

Sept 3-5 Sat-Mon. INT Jan Herczak 921-3565 Lake Chautauqua, New York. The Chautauqua Institution has provided major educational, religious, recreational, and cultural opportunities for over a hundred years. Famous visitors have included Amelia Earhart, Franklin Roosevelt, Duke Ellington, Ray Charles, Judy Collins and hundreds of other household names. And of course there is the Lake - one of the best inland sailing waters in the country. We will be there after the busy summer season closes, but the weather is usually warm and the sailing is often great We usually stay at the Rose cottage - a quaint 1877 Victorian style house. This trip usually fills up so please reserve early.

Oct 7-9 Fri.-Sun INT Bob Zavos 241-0659 Cheasapeake Bay Sail/US Sailboat Show, Annapolis. We will combine a sail on America's premier sailing waters with a day at the world's largest sailboat show. This will be a busy weekend and you will need to take off Friday as well as the weekend. So check your calendar and let us know as soon as possible. A deposit will be required for the sailboat rental. This will depend on the number of trippers as well as sailing preferences/experiences.

Sailing Fees: Day rental is \$14 per day. Half day rentals are \$7 when available. The AYH activity fee of \$1 is added for AYH members and \$3 for non-members.

Sailboat Rentals: At least one Sunfish and one FJ will normally be stored on the racks at Watts Bay on Lake Arthur for day rentals at a fee of \$30 for the FJ and \$25 for the Sunfish. Additional sailboats, including a 470, are also available when a vehicle with a trailer hitch is available. Rentals are not considered AYH trips and are available only to AYH members with significant prior sailing experience who can rig and de-rig themselves and will take full responsibility for the equipment. Contact Bob Zavos for additional info.

RAFTING

Rafting is a great way to have fun in the sun. The American Youth Hostels has an extensive rafting program. We have trips for all skill levels from first timers to experts. Our 1994 trip schedule is listed below. So pick out a trip and signup today. Don't miss out on the fun! For more information or to sign up for any trip, please call the trip leader or the AYH office at 422-2282.

River Lower Yough. Location: Ohiopyle, PA.

Dates: 8/20 (11:45 Put-In), 8/27 (TBA Put-In)

Leader: Doug Bruce (H)561-5037 Dates: 8/6 (11:45 Put-In) Leader: Kevin Craig (H)487-1538

Skill Level: ALL Format: Day Trip
Reservations: A \$5 DEPOSIT PER PERSON IS REQUIRED TO RESERVE A SPACE
FOR ALL OF OUR LOWER YOUGH. TRIPS. IF YOU SIGN UP FOR A TRIP AND
CAN'T GO AND CAN'T FIND SOMEONE ELSE TO TAKE YOUR PLACE, YOU LOSE
YOUR DEPOSIT!

Description: The Lower Yough. is aprox. 7 miles of Class III-IV water. We run it as a day trip and we usually use 4 man rafts. This is a good introductory trip for first time rafters. We frequently stop for dinner on the way home.

River: New River Gorge Location; Fayetteville, WV.

Leader: Jon Maiman (H)441-2306

Dates: 8/12-8/14,9/2-9/5

Cost: Aprox. \$70/person for 2 day trips, Aprox. \$86/person for 3 day trips Skill Level: Advanced Beginner & Up. Format: Weekend Trip

Reservations: A \$10 DEPOSIT PER PERSON IS REQUIRED TO RESERVE A SPACE FOR ALL OF OUR NEW RIVER TRIPS. IF YOU SIGN UP FOR A TRIP AND CAN'T GO AND CAN'T FIND SOMEONE ELSE TO TAKE YOUR PLACE, YOU LOSE YOUR DEPOSIT!

Description: The New River is one of the oldest rivers in the world. We run aprox. 7 miles of Class IV water. The New is a high volume river with lots of big waves. Depending on the water level, we use 4 and/or 6 man rafts. Anyone who has been on the Lower Yough. at least once or would like a more aggressive introduction to rafting is welcome to come on New River trips. An optional group dinner is offered as part of the trip.

HIKING / BACKPACKING

NOTICE TO HIKE LEADERS: IF YOU WANT TO LEAD A TRIP IN SEPTEMBER, CALL JIM RITCHIE, 828-0210, BEFORE AUGUST 4th.

Saturday Mike Lubich 883-2238 July 30 Boyce Park, NIGHT-TIME ORIENTEERING. Orienteering involves using a map and compass to locate a series of checkpoints in a forested area. This event sponsored by the Warrior Ridge Orienteering Club. No experience necessary; instruction provided. Courses for all levels from pre-school to expert adult; map fee is charged; 7:00 pm starting time. You can also rent a compass for a small additional fee. This is NOT an AYH event. Call Mike or Dave/Karen (304-594-1952) for more information.

Bruce Sundquist 327-8737 July 31 Sunday Son of the Youghiogheny River Valley Innertube Hike. Once again, three miles on foot, three miles on innertubes down the Yough River, from Johnson Run to Camp Carmel. Trip postponed if weather is not hot and sunny. Limit 18. \$4.75 carpool fee based on 54 miles and tolls. Call for info/ reservations.

August 6 Saturday Jim Ritchie 828-0210 Trail Maintenance, Baker Trail, Kiski Station to the Crooked Creek Shelter. We'll paint new blazes, do some lopping, cut down brambles and knotweed, do a little chainsaw and bowsaw work and pick up trash at a series of sites stretching from the mouth of the Kiski River to Kelly Station, Center Valley, and Bethel. Meets at 8:00 am at HQ in Mellon Park. Call for info and reservations.

August 11 Thursday Leo Stember 681-1385 Deer Lakes County Park. 2-5 miles. Meets at AYH HQ in Mellon Park at 9:00 am. Some hills. Bring a bucket: the blackberries should be ripe! Leisurely to moderate pace. Call, daytime is best, for more information.

August 14 Sunday Maynard Hansen 751-7615 Laurel Highlands Trail, Park at Route 271; Mileposts 57-52 and **Return.** Intermediate level hike (about 11 miles, moderate pace, flat with some hills). Meets at 8:45 am at the intersection of Route 30 and Route 48 in North Versailles. Call Maynard for more information and reservations.

Aug 19-21 Friday-Sun Joyce Appel/Paul Henry 526-5407 Backpack Trip, Black Forest Trail. Join Paul and Joyce on this weekend backpacking trip to the Black Forest Trail in Central Pennsylvania, near Williamsport. Joyce and Paul promise to entertain you with stories of their climb up Mt. Kilimanjaro and canoe trip down the Zambezi River, both in East Africa, during July 1994. Call Joyce after August 3rd for more information and reservations.

August 20 Saturday Donna Allen 372-2993 North Country Trail, McConnell's Mill: Alpha Pass to Hell's Hollow. Intermediate skills required (about 8-9 miles, moderate pace, mostly flat, rough trail surface). This is the first AYH hike along the new section of the North Country Trail, built by the Keystone Trails Association with the help of several AYH members. The trail parallels Slippery Rock Creek; mostly shaded and cooled by the Creek. Meets at 8:00 am at HQ in Mellon Park. Call Donna for information and reservations.

August 25 Thursday Leo Stember 681-1385 Beechwood Farms. Meets at AYH HQ in Mellon Park at 9:00 am. This midweek hike will focus on bird and wildflower identification. Easy (between 2-4 miles, leisurely to moderate pace, some moderate hills). Call, daytime is best, for more information.

Monika Vucic (Volunteers) 325-4758 October 9 Sun Lori Mixon (To Hike)

Second Annual American Cancer Society Hike-A-Thon. Laurel Ridge near Linn Run State Park. Hike will begin at 10:00 am, 12 miles, with 5 shorter loops to choose from. Hike on the Laurel Highlands Hiking Trail, see Beams Rocks, and the beautiful autumn colors. Be a participant or be a volunteer. Volunteers are needed to help organize, advertise, to be trail guides, rest-stop attendants, and clean-up crew. Call Monika for more information or to volunteer your services. THIS IS NOT AN AYH EVENT!!!

ROCK CLIMBING

Date Days	Level	DESCRIPTION/LOCATION	Time Leader
AUG 6 Sat	BEG	Beginner Trip Coopers Rocks, W Va	730am Eric Bauer at HQ 687-0766
AUG 27Sat	INT	Seneca Prep Trip Coopers Rocks, W Va	730am Eric Bauer at HQ 687-0766
AUG 28Sun	BEG	Beginner Trip Coopers Rocks, W Va	730am Eric Bauer at HQ 687-0766

Beginner trips are geared towards teaching basic rock climbing skills to people that have never climbed before. All you need to bring are tennis shoes and lunch. AYH supplies all climbing equipment. Space is limited so please call trip leader for reservation.

The Seneca Prep trip is for those people who have been on a beginner climb (or two) and would like to learn about multi-pitch climbing. You must attend the Seneca Prep Trip in order to be eligible for the Seneca Rocks trip on September 10th and 11th (the week-end after Labor Day).

foot notes hiking and backpacking news

-by jim ritchie

The big news around AYH for hikers is all the trail maintenance work being done by AYH volunteers on the Rachel Carson Trail and the Baker Trail. The Rachel Carson Trail now has end-to-end coverage with a total of 14 maintainers signed up through the AYH Adopt-a-Trail program. And even through we have not formally posted a request for Baker Trail volunteers, we have four maintainers signed up to take care of Trail sections in Allegheny, Armstrong, and Indiana counties.

Because of the response, I have not been able to schedule trail maintenance orientations with all of the volunteer maintainers yet. I have a half a dozen people with whom I still need to arrange a walk-through orientation. If you are one of those people, please be patient: I'll be calling you soon.

Seid Waddell, of Sarver, PA is the only volunteer maintaining two sections of Trail, both on the Rachel Carson. One section Seid is working on stretches from Tawney Run Road in Springdale to Little Deer Creek Road (Russelton Road) in West Deer. About four years ago, the RCT was re-routed to a gas pipeline on high ground because of a landowner problem. However the old route was mostly available, at least out to several scenic vistas overlooking the Allegheny River Valley heading toward Pittsburgh from the heights above Springdale and Cheswick.

For all practical purposes, the old route was abandoned; but, Seid has resurrected this route, cleared the brush and painted fresh blazes all the way to the restricted property line. The hilltop, in late June, was covered with dozens of blueberry bushes loaded with plump, but still green, blueberries. I would estimate they will be ripe by mid-July.

HIKING TIP!! If you are interested in hiking the new/old RCT spur above Cheswick, go to the intersection in Springdale of Yutes Run and Tawney Run Roads; drive about a quarter mile north on Yutes Run and make a left turn on the first left after going under the Rt. 28 expressway overpass (this is called either High St. or Crone Hollow Road). Park along the side of this street. Pick up the yellow blazes at the t-intersection straight ahead; cut a 45 degree angle through the far corner of the intersection, going up the hillside and underneath the powerline tower. The spur is about a mile long. Stop when you reach the triple blaze (a triple blaze indicates the beginning or end of a trail). Hiking in-and-out will take you an hour to an hour and a half. Thanks to Seid for his hard work in this area.

I recently went on a Trail Maintenance Orientation with Cindy Rogers of Indiana, PA on the section of the Baker Trail going along Little Mahoning Creek from just out of Smicksburg to the Milton Loop Campground at Mahoning Creek Reservoir. Cindy and her friends have cleaned up this entire section and it is well-blazed and ready to go. On our TMO, we saw fresh, crisply-outlined bear tracks in the mud along the Creek, and a family of 5-6 Broad-winged Hawks that squawked and circled us as we passed under their nest. After hiking, we stopped at the "Cheese Store" just on the opposite side of Smicksburg and got some cheese curds, a new experience for me. They come by the bag, probably a half pound, and are the leftover scraps from the cheese-making process. Very good!! If you're not familiar with Smicksburg, there is also a winery in town, offering free tasting, and several craft stores. Smicksburg is also in an area heavily populated by the Amish, and so there are many Amish farmers offering hand-crafted wooden furniture for sale. Look for the signs along the roads—watch out for horses-and-buggies.

HIKING TIP!! If you want to hike this section of the Baker Trail, the best access point can be reached by going to Dayton, PA in Armstrong County, take Route 839 north out of Dayton, and then just 100 yards before you reach the Milton Loop campground (on the left), the Trail comes out of the woods from the right along an old grassy farm road. The Trail crosses a field with high grass, but keep following the trace over to the woodline, watching for blazes along the way. Once into the woods the Trail is easy to follow and the hiking is great. From Milton Loop to the Smicksburg Road is about 2.5-3 miles one way.

On the last Saturday in June, Mary Pitzer, Nick Breskovich, and I assisted maintainer Don Smith in re-establishing his section of the Rachel Carson Trail, near Tarentum, where a bulldozer, this spring, took out most of the trees with blazes on them and left a half mile section of unblazed and very difficult-to-follow trail. We worked for nearly six hours in the heat, cutting, lopping, chopping and blazing, leaving the whole area nicely marked for all behind us. We also met Bruno Sr., Bruno Jr., and Johnny Nobilese, three generations, the landowners on one piece we fixed up, you might see some of Bruno, Jr.'s dune buggy frames when you go by his place on a hike.

HIKING TIP!!! If you want to try out this section of the RCT on a Sunday afternoon, go to Tarentum along old Freeport Road and turn away from the Allegheny River on Center St. Go up around four blocks and make a right, go to the t-intersection and make a left. Follow this road (Bakerstown Road) up the hill, over the Expressway, and park your car at the cemetery on your left. Walk back down the hill and just before you reach the Expressway, you'll see yellow blazes along the road. Turn left, and follow the trail down into and then back up out of the hollow. Continue, following the yellow blazes, to the overlook high above the Route 28 expressway, with views of Tarentum and the Allegheny River. Trace your steps back to Bakerstown Road. Cross the road and follow the Trail up the hill on the other side; the blazes take you to some more vistas and on to the Comcast satellite dishes at the tower on top of the hill...a good place for lunch. All the hiking described here will take you no more than 1.5 to 2 hours, about 2.5 miles round trip in both directions.

I also want to thank Scott Eckstrom of Upper St. Clair and Nikki Sorci of Fox Chapel, who volunteered to maintain the Rachel Carson Trail through the woods between Bailey's Run Road, near Tarentum, and Crawford Run Road,

see FOOT, page 7

CLASSIFIED

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

C&O Canal Trail. Looking for a couple people to join me on the C&O Canal for a bicycle trip. Leave early July for about one week. Call Kathleen at 347-1564.

Bike Baby Trailer, Almost New, Still in Oringinal Box. Holds 2 kids in forward position. For Sale \$200, call #242-0781.

I'm returning to Greenland in July - August 1994. Anyone interested in the US-Iceland-Greenland circuit please call 681-1385, Leo.

For Sale: Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

For Sale: Women's Tanner all leather Gortex hiking boots. Size 7 1/2 m, like new. Asking \$95. Judy 443-6795.

Early retired Sierra Nut seeks likewise with flexible schedule for late summer or fall trip. Call Jerry Gaines 475-3957.

For Sale: Schwinn Tempo Bicycle, teal & white, 26" 12 speed, Mavic 40 rims, Cateye Micro-computer, very good condition \$250.00 Phone John 775-2767.

For Sale: Coleman Tent Trailer - Basic trailer, no stove, sink, etc. All new canvas. \$300 or BO. evenings 371-1384....

Editor, The Golden Triangle 6300 5th Ave Pittsburgh, PA 15232

REQUEST-A-HIKE

Is there an area in Western Pennsylvania that you've always wanted to hike? But you don't want to go alone? And you don't know the area very well? If your answers to these questions is "Yes", call Jim Ritchie at 828-0210 and we'll find leaders that knows that area and ask them to schedule and lead a hike there. If you want to keep the difficulty level to easy or intermediate or you would like a strenuous, exploratory hike, let me know that also and I will pass that information along as well.

On A sad Note....

Tom Trump Passed away on July 13th in Moodus Connecticut. Tom was originally from Connelsville Pennsylvania and was co-founder of our Sea-kayaking Program. Our Condolences to Sally Brunson.

FOOT, from page 6

near Creighton. Scott and Nikki and I went through an orientation run in June. This is a tough section of the trail, including one of the steepest hills on the RCT, just outside of Creighton, and requires some creative blazing to jump across a power line clearing up on top of the hill. Unfortunately, a landowner is harvesting all the cherry trees along part of the route, making the trail temporarily discontinuous (or at the least, very hard to follow) at one point, until he clears the downed trees out. Scott and Nikki plan to introduce several of their friend to "trail maintenance".

Thanks also to Donna Allen, who will be leading her first hike for AYH in August, choosing to lead what I think is the first AYH hike on the newly-opened North Country Trail through McConnell's Mill State Park. Donna will start near Alpha Pass, above the Mill and hike through the air-conditioned hollow of Slippery Rock Creek, past the covered bridge, past Harris Bridge and Eckert Bridge, all the way to Hell's Hollow. I've heard that this section of the NCT, completed by work crews organized by the Keystone Trails Association composed of our own **Glenn** Oster, Helen Coyne, and many others from the Pittsburgh area, is a real beauty. Sign up for this one!!

AYH members on the road include Joyce Appel and Paul Henry, who went, in July, to East Africa where they climbed Mt. Kilimanjaro and took a canoe expedition down the Zambezi River; and Norm Snyder and Steve Tubbs who took another of their trips "out west". I recently visited New Orleans where I rented a pirogue in Crown Point, LA and paddled through the canals and bayous of Barataria, in the Jean Lafitte National Historic Park and also Acadia National Park, where I was not able to "do" the Precipice Trail due to its being closed because a pair of perrigrine falcons had taken up residence on the cliffs. I did hike up Cadillac Mountain and Gorham/ Champlain Mts., in each case coming up the south ridge trails to the summits. If you're ever in Acadia, for a unique thrill, seek out the "ladder" trails: the Precipice, the Beehive, and Perpendicular.

VOLUNTEERS NEEDED

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

*Mon Valley Century (Chuck and Lynn Ejzak, 466-6196)

*SABRE(Wm Eberle, 833-9732 *Typing articles for the newsletter into a computer (Bill Eberle, 833-9732)

*Hostel development and fund-raising (Marianne Kasica, 665-9554)

*Ohiopyle hostel support and work parties (Linda Smithyman, 531-1868)

*Travel and Hostel Editor for the newsletter, Larry Laude, 665-9554 *Answering questions & coun-

cil office Joe Hoechner, 422-2282 *Leading Pittsburgh Council trips (Jon Maiman, 441-2306)

*Scouting trails for the next Hiking Guide Joe Hoechner, 422-2282 *Slide shows at the Thurs-

day Open House (office, 422-2282) "Trail Maintenance, Baker Trail and Rachel Carson Trail (Jim Ritchie, 828-0210)

*HQMaintenance, minor routine maintenance on a regular basis.. 1-2 people are also needed to coordinate the work, track of volunteer time and to report on HQ to the board and to identify any problems or required major repairs. If you can help as little as one hour a month, please call Larry Laude at 665-9554.

HIKE THE 100 MILE WILDERNESS

THE APPALACHIAN TRAIL IN MAINE AUGUST 5 - 21, 1994

Been harboring thoughts of experiencing the 100 mile wilderness in Maine some day?

Backpack that section of the Appalachian Trail. Actually, we'll hike about 120 miles to the crest of Mount Katahdin so as to round out that end of the AT. Hiking in Maine is said to be rigorous, and this one should be rated as an advanced level hike; Average hiking day will cover 12 miles, but some will be as short as 10 miles while others will be as long as 15 miles. Climbs and descents total some 21,500 feet.

Call for more info/reservations; I'll be glad to hear from you. I can be reached at (412) 364-2864.

HIKING INFO SHEET

KEYSTONE TRAILS ASSOCIATION RELEASES WESTERN PENNSYLVANIA HIKING INFORMATION SHEET

The Keystone Trails Association (KTA), an affiliation of some 55 hiking and outdoor organizations from across Pennsylvania, has prepared a Hiking Information for Western Pennsylvania sheet to assist those seeking information regarding hiking opportunities in western Pennsylvania,

The Sheet lists State and federal agencies which administer hiking trails in Pennsylvania along with addresses and phone numbers. Also given are the names, addresses and phone numbers of several organizations which sponsor and support hiking in western and southwestern portions of the state.

A listing of hiking books and guides for the area with sources and prices is also included, along with some suggested hiking areas, all of them within an hour or two of Pittsburgh.

The information sheet, prepared by KTA President Ed Beck of West Mifflin, provides addresses and Phone numbers for all of the state forest districts in Pennsylvania as well as a listing of many of the outing guides offered by the Western Pennsylvania Conservancy.

To receive a copy of the sheet, send a stamped, self-addressed envelope to: Hiking Guide, 6727 Lombardy Dr., West Mifflin, PA 15122

SECOND ANNUAL AMERICAN CANCER SOCIETY HIKE-A-THON OCTOBER 9

The American Cancer Society of Western Pennsylvania will hold its 2nd Hike-A-Thon on Laurel Ridge, above Linn Run State Park, on October 9th. The purpose is not only to raise money for a worthy cause, but also to introduce novice hikers to the beauty of Nature, and the pleasures of the Trail. The annual Hike-A-Thon is the idea of Monika Vucic of Monroeville, an avid hiker who has lost several family members and friends to cancer in recent years.

The event will begin at 10 am, rain or shine! The route is a loop trail, mainly on level terrain with only a few easy hills. Highlights include a stretch of the Laurel Highlands Hiking Trail, Beams Rocks, and the colorful autumn foliage. The longest route is 12 miles, with 5 shorter versions, giving options to all levels of hikers. There will be 3 or 4 rest stops along the way, providing drinking water and shuttle service back to the starting area. All participants should be in good health and will hike at their own risk.

A detailed description of the hiking trail, including a color-coded map, will be sent to each registered participant along with a pledge sheet. Details concerning sponsorship and donations will be provided when you register. Participants, sponsors, and volunteers are needed to help ensure the success of this event. Volunteers will help organize and advertise for this event, and also to act as trail guides, rest-stop attendants, and cleanup crew.

All those who want to register for the hike should call Lori Mixon of the ACS at (412) 261-4352. Those who wish to volunteer their services should call Monika Vucic at (412) 325-4758. Registration deadline is October 3, 1994.

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HI-AYH Products and Membership Application

Outdoor Recreation Books

Allegheny National Forest Hiking Guide describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) \$8.00

Baker Trail Guide describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. 35th Anniversary Edition (1987) \$4.00

Fifty Hikes in Western Pennsylvania by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. Fifty Hikes contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. 2nd Edition (1992)...........\$11.95

Hikers Guide to Laurel Highlands Trail describes the 70 miles of the trail from Ohiopyle park to Conemaugh Gore atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages, 24 pages of maps. New 4th Edition (1992)....... \$5.00

Rachel Carson Trail Guide describes the Rachel Carson trail from North Park to Freeport in Allegheny County. Published by AYH. (1991)

Fifty Hikes in Central Pennsylvania by Tom Thwaites. Another excellent book in the Fifty Hikes series covering day hikes and backpacking in the heart of Pennsylvania. Includes the Tuscarora Ridge, Alan Seeger, and John P. Saylor Trails as well as other favorites. Second Edition....... \$11.95

For Fastest Service! Visit The AYH Travel Store!

Pittsburgh Council, AYH
Wightman School Building, room 202
5604 Solway St., Squirrel Hill, Pittsburgh 15217
Or Call (412) 422 2282 For an Agency Near You!

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Price		
	Merchan	dise Subtotal
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	Merchand	dise Tax
	Donation	to AYH
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Travel Books (10% discount for members)

International Hostel Handbooks A complete listing of the Hostelling International Youth Hostels with descriptions, prices, addresses, and phone numbers

Volume I Furope and the Mediterranean \$10.95

Let's Go The famous series of books for the budget traveler published by Harvard Student Agencies

Let's Go Europe	
Let's Go USA	
Let's Go Britain	

Travel Accessories

Sheet Sacks Used in place of sheets at youth hostels	
Cotton Sheet Sack Comfortable cotton blend	\$13.00
Nylon Sheet Sack Lightweight Nylon	\$12.00
Advance Booking Postcards Set of 10	\$1.00
Hostel Stamp Book Use to record your hostel Visits	
Hostel Pass Cover Plastic cover for your membership card	\$0.50
Student ID Card	\$16.00
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Universal student ID issued by CIEE. Good for worldwide student discounts. Send $1-1/8 \times 1-3/8$ photo, name of your country of citizenship and proof that you're a student. Or ask for a free brochure.

HI-AYH Memberships

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass. Provides access to 6,000 Hostelling International hostels around the world. Includes **free** handbook of North American hostels upon request (see below) and 12 month subscription to Pittsburgh Council newsletter.

Adult(18-54)	\$25.00
Adult Renewal	\$20.00
Youth (17 and under)	
Senior(over 54)	
Family	
Family Renewal	\$25.00
Life (all ages)	\$250.00
Non-Profit Org. (Request application)	FREE

Eurail Passes / Europass / Britrail Passes The economic solution to rail travel in Europe. Valid throughout all Europe

except Britain. Available only in the U.S. The more popular passes are described below. Ask for a free brochure on other Eurail and Single Country passes. Credit cards accepted but require two-day delivery. Cash or money order required for immediate delivery. Youth is defined as under 26 years of age.

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Eurail Flexipass 5 daysfirst class travel in 2 months	\$348.00
Eurail Flexipass 10 days first class travel in 2 months	
Eurail Flexipass 5 days travel in 2 months (youth)	
Eurail Flexipass 10 days travel in 2 months (youth)	
Eurail Saverpass 15 days travel with 2 or 3 friends (per person)	
Other passes available	
• • • • • • • • • • • • • • • • • • • •	

Ordering / HI-AYH Hostel pass Information

Include 10% for postage (\$1 minimum). Pennsylvania residents must also include 7% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Cash or money orders required for Eurail Passes. Please allow two weeks for delivery of mail orders. Collect 2 day delivery by UPS available for additional charge.

Mail to:

AYH Room 202 5604 Solway Street Pittsburgh, PA 15217.

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Birthdate:		Sex (M/F) :	
For hostellers:	Ineed my host	el pass by:	
Please send me	my free copy o	of the	
	n Hostel Direc		No:

AYH Weekly Open House

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

Council Office and Travel Store

The Pittsburgh Council office is open Mon, Wed, and Fri, from 9:00 am to 3:00 pm, and Tuesdays from 1:00 pm to 6:00 pm. We're in Room 202 of the Wightman School Building at 5604 Solway St. in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, Eurail Passes, and books are available. For Info Call 422-2282.