

GOLDEN TRIANGLE DECEMBER

VOL. 28, NO. 12



PITTSBURGH COUNCIL

AMERICAN YOUTH HOSTELS, INC.

A.Y.H. WINTER WEEKEND IS COMING!!

Once again Pittsburgh Council is planning its annual get-together at the nearby Laurelville Youth Hostel. This year the date is New Year's Eve weekend!

We will arrive at Laurelville by carpool about 8:30 p.m. Friday night, December 30th and leave on the afternoon of Monday, January 2nd. We have reservations for the main lodge, two dorm cabins, and a "family" cabin. Space is available for 60-70 AYH members. Reservations for the lodge are on a first come, first served basis, with couples having priority. The cost for cabin space is about \$4.00 less than a space in the main lodge.

Our meals will be served by the Laurelville staff in the dining hall and will include three breakfasts and two suppers. You'll have to bring three "trail" lunches. A snack will be provided for Friday night and New Year's Eve. Transportation fees will be \$2.50 for the round trip and will be paid directly to your driver. Total cost of the weekend (three nights lodging, five meals, trip fees and transportation) should be approximately \$35.00. Children's fees will be about half that price. A deposit of \$20.00 should be paid to trip leader Joe Hoechner as early as possible.

Joe would like to remind all members to bring their musical instruments. He would also like to hear from anyone who can bring folk/square dance records and a phonograph. In addition Joe plans to investigate local establishments for those members who might want to partake in a more traditional New Year's Eve celebration--off the hostel grounds.

What should you bring? As previously mentioned, bring three lunches, your AYH pass, a sleeping bag or sheets (blankets and pillows are provided), cross-country skis, hiking boots, warm clothes and personal items. If you're the type who forgets his AYH pass, turn it in to Joe Hoechner, and he'll worry about bringing all the passes along.

If you would like to reserve cross-country ski equipment (one day rental basis), call Sally Brunson @ 231-6074 or Mary Barber @ 833-5311.

If you have any questions call Joe Hoechner @ 343-2465. Reminder: The trip is open to members of AYH only!

RESERVATION FORM FOR LAURELVILLE WINTER WEEKEND

NAME(S) _____
PHONE # _____ AYH PASS STICKER # _____
ACCOMMODATION (lodge, dorm or family cabin) _____
DEPOSIT ENCLOSED (\$20 for adults, \$10 for children) _____
Make check payable to "PITTSBURGH AYH"
I'LL NEED A RIDE _____
I CAN DRIVE _____ NUMBER OF PASSENGERS. _____
I CAN PLAY/BRING _____ (instrument(s), folk/square dance records, phonograph)
I'M QUALIFIED TO LEAD A _____ (ski trip, hike, other)

Bring this form and the appropriate deposit to Joe Hoechner, or mail it to him at

405 Hoodridge Drive
Pittsburgh, Pennsylvania 15234

AYH National Council Meeting at William Penn Hotel

December 9, 10, and 11, the William Penn Hotel in downtown Pittsburgh will house the 43rd Annual National Council Meeting of AYH. The Pittsburgh Council is hosting the event. In addition to the president, national executive director, and national staff, we expect 100 or 200 delegates from all over the country. They will be meeting in workshops and sessions to cope with the problems of running national AYH and to exchange ideas about running local councils. There will also be social events. This is a great opportunity for Pittsburgh Council members to meet hostellers from other parts of the country. There will be several ways to participate.

- *volunteer to lead a trip or to work on registration
- *attend the Awards Luncheon
- *attend the Banquet and folk dancing
- *visit the William Penn, especially the hospitality center in the Skyroom that weekend
- *house a teen-age delegate or two

Since we want to give everyone a chance to see the view from Mt. Washington and to ride on an incline, we plan to have walking tours on Friday night, as the delegates will be arriving, and on Sunday afternoon. On Saturday, after the Awards Luncheon, we will offer those not attending the sessions (mostly observers and spouses of delegates) a series of parallel trips. These will try to take in special interests--museums, architecture, history, trolley rides, etc.

Both the Awards Luncheon and the Banquet (which will feature folk dancing led by Bruce and June Merritt) will be in the William Penn. We hope that many Pittsburgh Council members will attend both events to meet our guests from other councils.

In a special effort to encourage attendance by teen-age delegates, we are trying to find homes willing to give them bed (in a sleeping bag if necessary) and breakfast on Saturday and Sunday.

Please fill out and return the form below if you would like to participate in the National Council Meeting in any of the ways mentioned. Return the form to Cathy Lynch, Apt. #6, 5738 Kentucky Ave. Pittsburgh, Pa. 15232. Cathy will also be happy to answer questions and give further information. Call 361-3707.

* * * * *

Name _____ Phone _____
Yes, I would like to volunteer for (check one or more)

- _____ leading a walking tour on Friday night
- _____ leading a walking tour on Sunday
- _____ leading a trip on Saturday.

Special interest _____

- _____ helping with registration and hospitality.

Yes, I am willing to house (number) _____ teen-age delegates.

Please reserve (number) _____ places for me at these events on Saturday, December 10.

_____ The Awards Luncheon. 12:00 in the Pittsburgh Room
\$7.00 per person

_____ The Banquet. 7:00 PM in the Terrace Room
\$10.00 per person

*****Make checks payable to Pittsburgh Council AYH

Total _____

ANNUAL AYH
CHRISTMAS CAROLING AND PARTY

The Annual Christmas Party is on Thursday, Dec. 15, 1977. Caroling will convene at 7:30 P.M. at the AYH center, with the party following at the home of Cliff and Marilyn Homat at 9:15 P.M.

Carolers and brass players will harmonize through the streets of Shady-side. After being out in the cold and snow, the carolers will warm themselves with Christmas cheer at the party. If you are unable to participate in the caroling you are welcome at the party, but please arrive after 9:15 P.M.

If you would like to work on the preparation committee, call Mike Deroy at 371-6943. Warren Kennedy has prepared arrangements for brass instruments. If you wish to play, call Cliff at 687-4960. For general information call Beebe Frazer at 243-0319.

LET'S GO SAILING-3

By David Guthrie

Have you heard of the man who, when learning to drive a car, didn't first bother to find out what all the knobs, switches and levers were for? Of course you haven't! So now, we'll give a physical once-over to a typical sailing dinghy. In this explanation, please refer to the second diagram in the series.

Everyone knows what a hull is. In larger boats, it is a hole in the water where one pours money! It can be made of marine plywood, fiberglass, or concrete.

In the center of the well, where you put your feet, is the centerboard case through which the centerboard protrudes into the water to act as a keel (remember that word?).

On the foredeck is either a small square frame or a round hole wherein the mast step rests. Now that we are discussing the mast, you might think that to have this tall spar resting in a small hole is a precarious arrangement. This is not the case however, because there are wires called stays which support the top weight of the mast. There is a forestay fixed to the masthead (top) at its upper end and tensioned, at its lower end, to an anchor plate in the bow. To prevent the mast toppling sideways, sidestays (or more correctly, shrouds) run from either side of the mast down to two sets of anchor plates (one port, one starboard) set abaft (comparison term of one object on shipboard being further aft than the other) of the mast to prevent it from falling forward. The stays are termed standard rigging because they do not move.

A general rule on small sailboats is the sail abaft the mast is the mainsail, the sail forward of the mast is the jib. The balloon-like sail forward of the bow and usually brilliantly-colored is called the spinnaker. Because spinnaker-rigging is very tricky and small mistakes can lead to a nice swim, I will not attempt to discuss it in this short course. Learn it from an expert on his boat.

Running rigging, which consists of all moving ropes and lines, varies for every class of sailboats, but there are similarities. The mainsail halliard (a rope, but to confuse landlubbers, on shipboard, there is no such thing as a rope) is used to hoist the large mainsail. The upper edge (the head) of this sail has a "rope" sewn inside it which enables it to be threaded up a groove abaft of the mast. The mainsail halliard passes through a pulley wheel called a sheave at the top of the mast and down the port side along the mast to its foot where it is tied to a cleat, similar to the way you tie your Venetian blind.

At the lower end of the mast, a long spar stretches aft; it is called the boom. It is attached to the mast by a gooseneck, which looks like a wish-bone. You no doubt have heard the expression to "lower the boom". Exactly true. The boom swings with the angle of the sail to the wind, and it can knock you into the water unconscious on larger vessels if you don't duck. The boom sometimes has a groove for the lower edge of the mainsail, but more often, the mainsail is lashed tightly at both ends (the aft end is the dew and the forward end is the tack, if you want to learn more terminology).

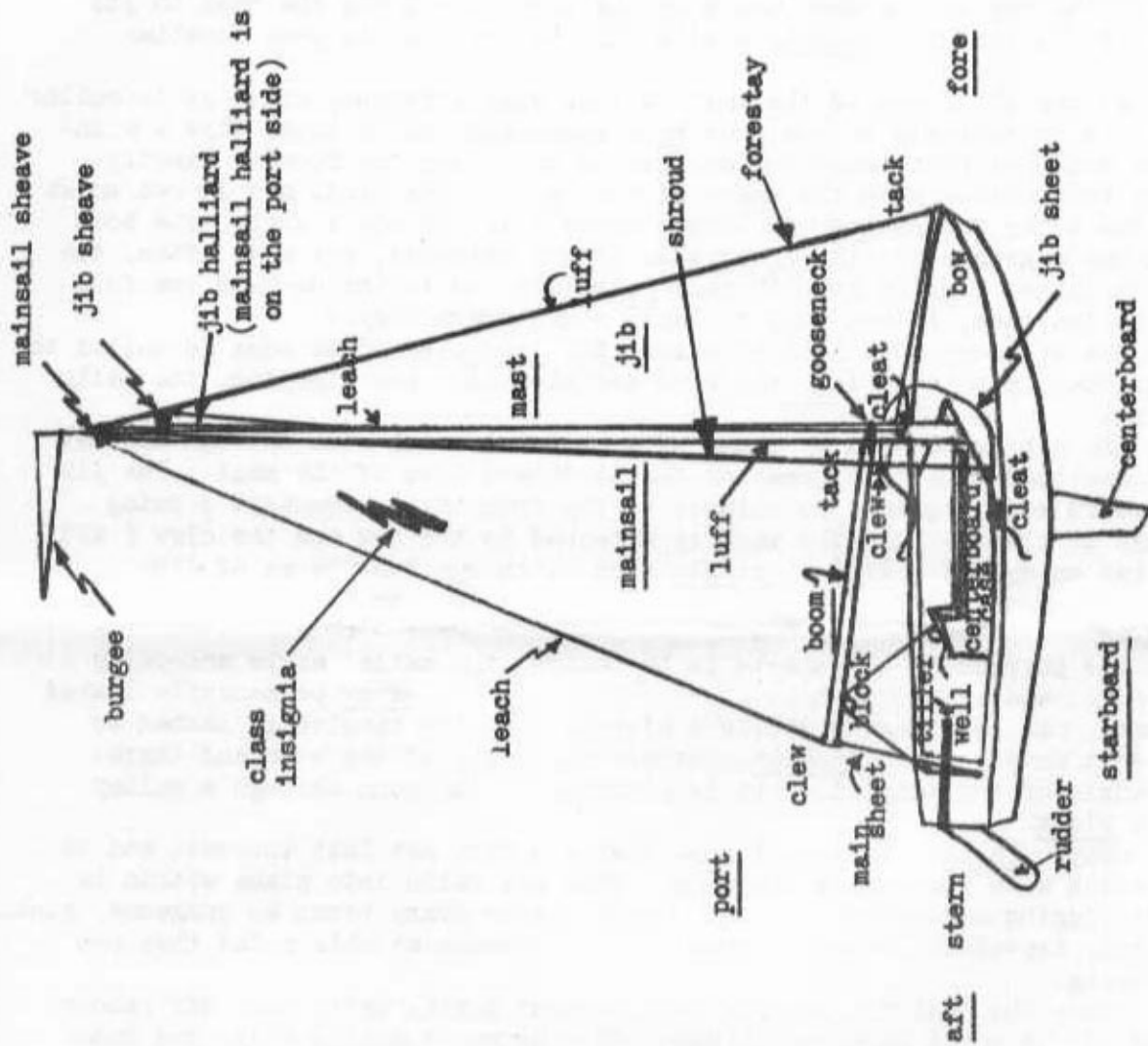
The aft edge of a sail is called the leech, the fore edge is called the luff. If the sailboat is pointed into the wind and the sails are flapping, the sails are luffing.

The jib is hoisted by means of a halliard which runs through another sheave at masthead down to a cleat on the starboard side of the mast. The jib luff (forward edge, again) is clipped to the forestay (remember?) using nylon hanks or clips. The jib's tack is attached to the bow and the clew (aft corner) has an eyelet called a cringle from which run two pieces of line (the same thing as a rope). These are called sheets, to make it even more confusing.

The purpose of the sheets is to control the sails' angle according to the wind direction and destination. The sheets are never permanently lashed to the boat. Can you imagine riding a bicycle with the handlebars lashed so they couldn't move? The mainsheet controls the angle of the boom and therefore the angle of the mainsail. It is attached to the boom through a pulley known as a block.

Okay. Basta! By now, I hope that you have not lost interest and decided to stick with flat water canoeing! This all falls into place within two minutes of rigging a sailboat. I will ignore other crazy terms as gudgeons, pintles, splashboards, travelers, vangs, outhauls, etc. because at this point they are only confusing.

Study the last two lessons because next month, we'll cast off (about time, huh?)! It could be worse though. On a German training ship, one cadet had to learn the different names for the 101 lines in German. When the boson called on of their names, he had to locate the exact line on the 300 foot ship within a minute. If he was unsuccessful, the Captain's dog would be hard on his heels, nipping at his rear. Such an incentive this course will not offer.



A TYPICAL MARCONI RIG SAILBOAT
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SPECIAL OFFER

We are trying to get together a large order of Bell Bicycle helmets. If we can get together enough people who are actually interested in both saving money, to say nothing of their heads, we can obtain great savings. Prices as of now are unknown and will follow in a later edition of the triangle. If you are interested see either Stephen Shore or Ed Sieger on Thursday nights for further information.

FOR SALE

Humanic Ski Boots- Ladies 7M, Navy Blue, very warm, nearly new. \$45.00.
Phone: 683-4889

Hahn C-1- Fair condition. \$60.00.

Lake Keel Canoe- 17 ft. Grummon- used in whitewater. \$125.00.

White Water Kayak- Prijon Interceptor Design. Never used in white water.
Phone: Dean Tomko 469-2758

Raleigh Competition- 10 speed bike. 22 $\frac{1}{2}$ " frame, Black color, low mileage, sew-ups, including accessories \$275.00.

Phone: Joe 343-2465

AYH MEMBERSHIP RENEWAL

The 1978 AYH passes (valid from now until Dec. 31, 1978) are here! Don't wait until you miss an issue of The Triangle. Renew now and avoid the rush. Fill out the following membership application and bring or send it with a check payable to "Pittsburgh Council, AYH" to Membership, AYH, 6300 Fifth Avenue, Pittsburgh, PA 15232

NAME _____ PHONE _____

ADDRESS _____ OCCUPATION _____

NEW/RENEWAL _____

	(zip code)	
_____	Youth membership (under 18)	\$ 5.00
_____	Senior membership (18 and older)	\$11.00
_____	Family (valid in USA and Canada only)	\$12.00
_____	Organization membership	\$25.00
_____	Life	\$110.00
_____	Family Life	\$220.00

SERVICE INTERESTS: _____ Newsletters: _____ Hostel Development: _____ Bicycling
_____ Publicity: _____ Trail Maintenance: _____ Equipment Repair:
_____ Auditor Service: _____ Typing: _____ Art Work: _____ Key Punch

LEADERSHIP: _____ Backpacking: _____ Bicycling: _____ Canoeing: _____ Caving: _____ Climbing
_____ Cross-country skiing: _____ Hiking: _____ Rafting

I would like my name and phone number to be on the AYH 1978 phone list.

***** 7. *****

DECEMBER TIPS & TALES

By Joe Hoechnor

If you are a cross-country skier you may be interested in subscribing to "Nordic Skiing" magazine. The price is \$5.95 for 6 issues. Send your check to:

Nordic Skiing
P.O. Box 106
West Brattleboro, VT. 05301

Want to plan ahead? If you'd like to try X-L ski racing you should keep Feb. 25, 1978 open. On that day the largest race (in the USA) is held in Cable Wisconsin. It's the "American -Birkebeiner" race and is 55 KM. long. A shorter 27.5KM. race is also run for novices and juniors.

If you'd like more information and an application form (fees range between \$25.00- \$30.00) write to:

Telemark Ski Area
Cable, Wisc. 54821

If you'd like to check out some rare, exotic, and probably expensive cross-country ski accessories you can send \$1.00 for a catalog from:

Reliable Racing Supply
624 Glen Street
Glen Falls N.Y. 12801

Have you taken a good look at your X-L ski poles yet? Look at those lightweight, soft aluminum points. They're probably worn down from all that skiing you did last year. With a flat file you can put a nice point back on them.

If you use the bamboo "tonkin" poles you should take a careful look at the shaft for cracks. Even if you didn't split it during last year's trips, the bamboo can dry out and split during the summer. Use any good wood glue (like Elmer's) to make them last through another season.

If you're looking for some good books to snuggle up with this winter, try "Backpackon Books". They're a division of Backpackon Magazine and their catalogue claims to be the "most complete list of books related to wilderness travel, nature study, and adventure". For the catalogue send \$1.00 to:

Backpackon Books
Main Street
Orwell VT. 05760

***** 8.*****

TIPS AND TALES

The US Ski Team needs your help! Probably not as an active member, but it needs your financial support. If you would like to make a tax-deductible contribution, send it to:

US Ski Team
P.O. Box 4529
Boston Mass. 02107

If you're in shape for aX-L ski race close to home, watch for "Laurel Mountain Kindahard Race" set for 1:30 P.M. on Jan. 8, 1978. There is an entry fee of \$3.00 and the course is 8 miles long.

For more information call Ligonier Mountain Outfitters at: 238-6246. Tell them you heard about it from AYH!

If you're a "fat cat" you may be looking for a tax shelter before the end of the year. Look no further! Feel free to make a tax deductible donation to "Pittsburgh Council AYH" If your profits were "obscene" you may also want to send a contribution down to National AYH, Delaplane, VA 22025.

Have you signed up for the New Years Weekend at Laurelville Hostel yet?

Thinking about bicycling? Well Harrisburg is, they've just issued "Bicycling in Pennsylvania-an Executive Summary". If you are interested in finding out about the 52 Bicycling Policies put forth in this report you can get a free copy from:

Office Services Division
Dept. of Community Affairs
Harrisburg, Pa. 17120

A word of thanks to members Gary Ludwic and Jack Gerban for their work done to rebuild 4 donated bikes

These bikes were then donated by AYH to the Home for Crippled Children. Thanks again, Guys!

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The Racquet Shop, 234-5016.

The Ski Station
107 McAllister Alley
State College, PA 16801

DECEMBER TRIPS AND TRAILS

The trips listed below are open to the public with the exception that AYH members are given priority when the trip is of limited size. Trip costs include 50¢ registration and insurance (\$500 medical) plus transportation costs and equipment rental. In addition to these fees non-members are charged \$1.50 per trip; one non-member fee can be deducted from the cost of membership if the tripper joins AYH within 30 days following the trip. Call the trip leader to reserve or cancel or to get information. Please call during normal hours (6:30-9:30 PM) unless otherwise noted. Make reservations as early as possible but in no case later than the Thursday before the trip.

Fri. - Sun.

Dec. 2 -4 Backpack: Join the new hiking chairman for a backpacking trip to the cranberry back country area of W. Va. This trip is open to all persons with some experience and equipment suitable for cold weather. Leave 6:30 PM Fri., return Sun. evening. Reserve with Steve Martin @ 665-0634.

Sat. - Sun. Caving Trips: Join Norm Snyder on cave trip to W. Va. See miles of passage with beautiful formations.

Dec. 3 - 4

Dec. 17 - 18 Call Sun. - Thurs. 6:00 - 7:00 PM, 351- 4068.

Sun. Beginner Hike: Joe Levine will lead a hike in one of the parks in Allegheny County (possibly Hartwood Acres). Leave AYH parking lot at 9:00 AM with lunch and about \$1.00. Call Joe @ 422-8287 between 9-11 AM or PM.

Dec. 4

Sun. Beginner Hike: Chuck Pierson will lead a beginner hike at location to be announced. Call Chuck @ 683-2951.

Dec. 11

Thurs. Christmas Caroling and Party.

Dec. 15

Sun. Baker Trail Hike: Mike Deroy will lead the second of the series of hikes on the Baker Trail. To reserve or for more information call Mike @ 371-6943.

Dec. 18

Sun. Winter Weekend and New Year's Eve Party.

Dec. 30

AYH Cross Country Ski Trips

All trips leave Hostel Headquarters at 8:30 AM unless trip leader announces otherwise. Those desiring to rent equipment should call the leader to reserve it and should report to Hostel Headquarters at 8:00 AM. Trips are contingent on snow conditions. Leader will announce decision on trip at Thurs. open house meeting immediately preceeding the planned date. In the event that decision is changed afterward, trip leader will call registered skiers.

<u>AYH December Ski Trip</u>				
<u>DAY</u>	<u>DATE</u>	<u>LEADER</u>	<u>PHONE</u>	<u>ALL TRIPS</u>
Sat.	Dec. 17	Alan Barber	833-5311	BRING LUNCH AND WATER, EXTRA SWEATER, EXTRA WOOL SOCKS, HAT & GLASSES
Sun.	18	Bill Skallos	922-9300 ext. 422 or 863-8698	
Sat.	24	Jim Gogots	384-9149	
Sat.	31	Joe Hoechner	343-2465	
Sun.	Jan. 1	Gordon Bugby	371-4233	

Note: Ski trips are not covered by AYH Medical Insurance.

XC Skiers!

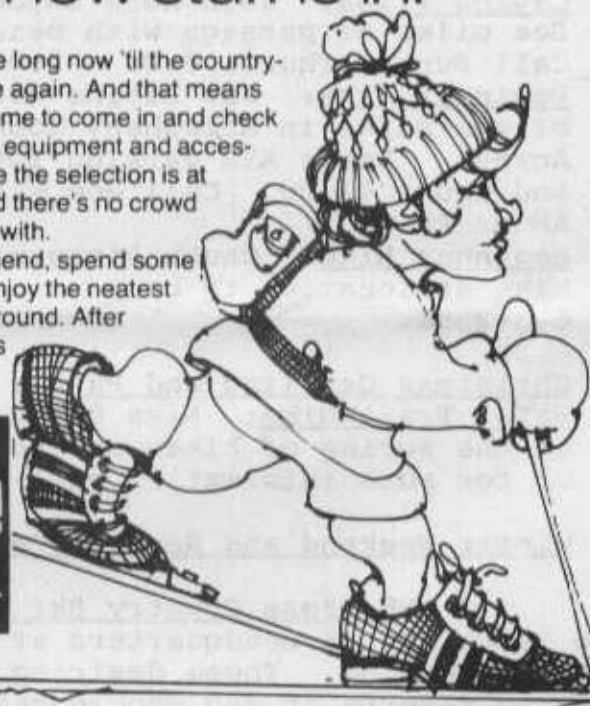
The new stuff is in!

It won't be long now 'til the countryside is white again. And that means now is the time to come in and check out the new equipment and accessories, while the selection is at its best. And there's no crowd to compete with.

Bring a friend, spend some time, and enjoy the neatest shopping around. After all "Skiing is believing!"

It's time!

get ready to ski...



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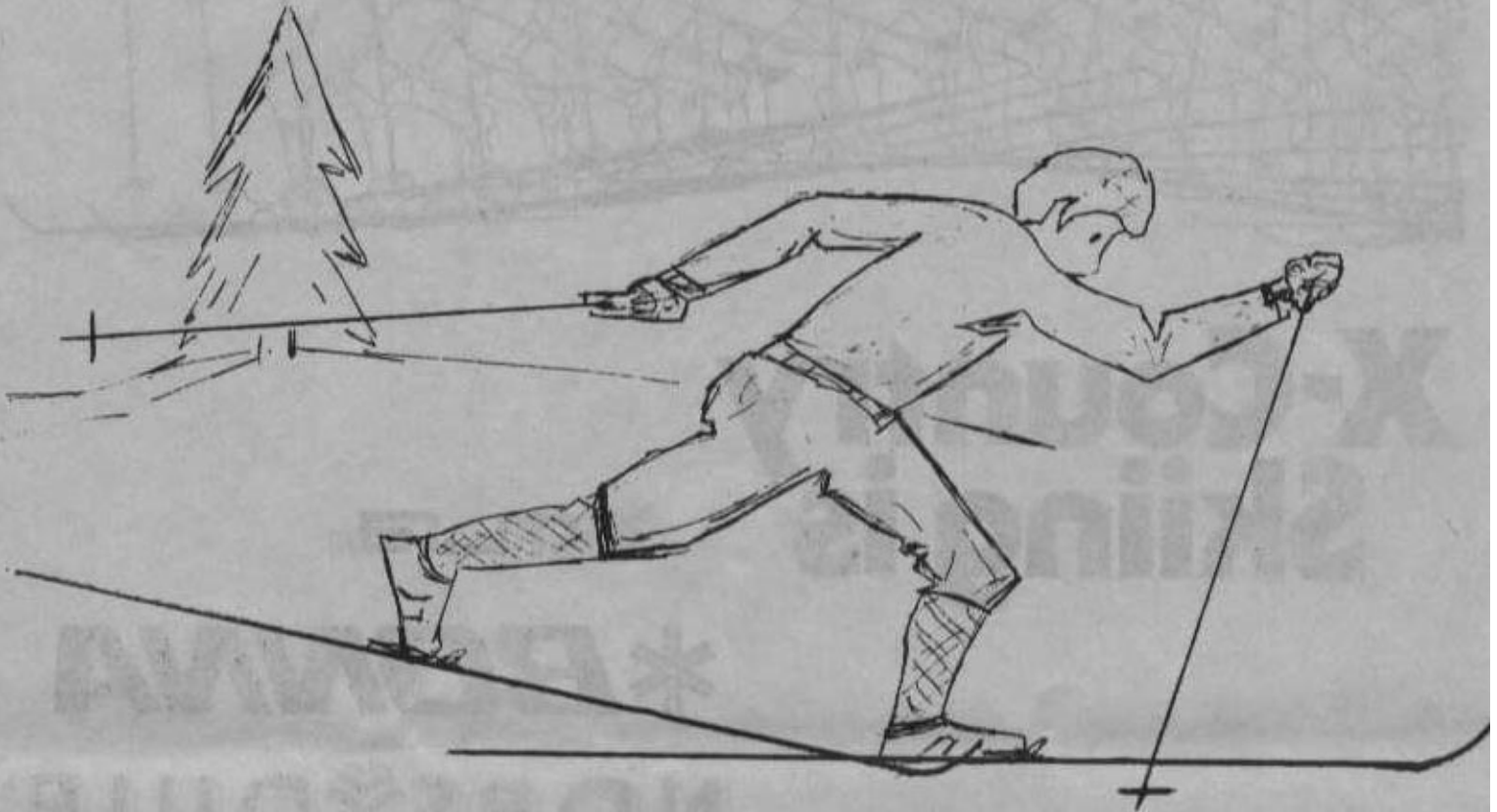
CASTLE SHANNON
3738 Library Road
Pittsburgh, Pa. 15234
412/881-5660

MONROEVILLE
3848 Wm. Penn Highway
Monroeville, Pa. 15146
412/823-7230

SQUIRREL HILL
2138 Murray Ave.
Pittsburgh, Pa. 15217
412/521-6083

SEVEN SPRINGS
Mountain Resort
Champion, Pa. 15622
814/352-7611

GET INTO CROSS-COUNTRY SKIING



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- * Rental of Ski Equipment Available *

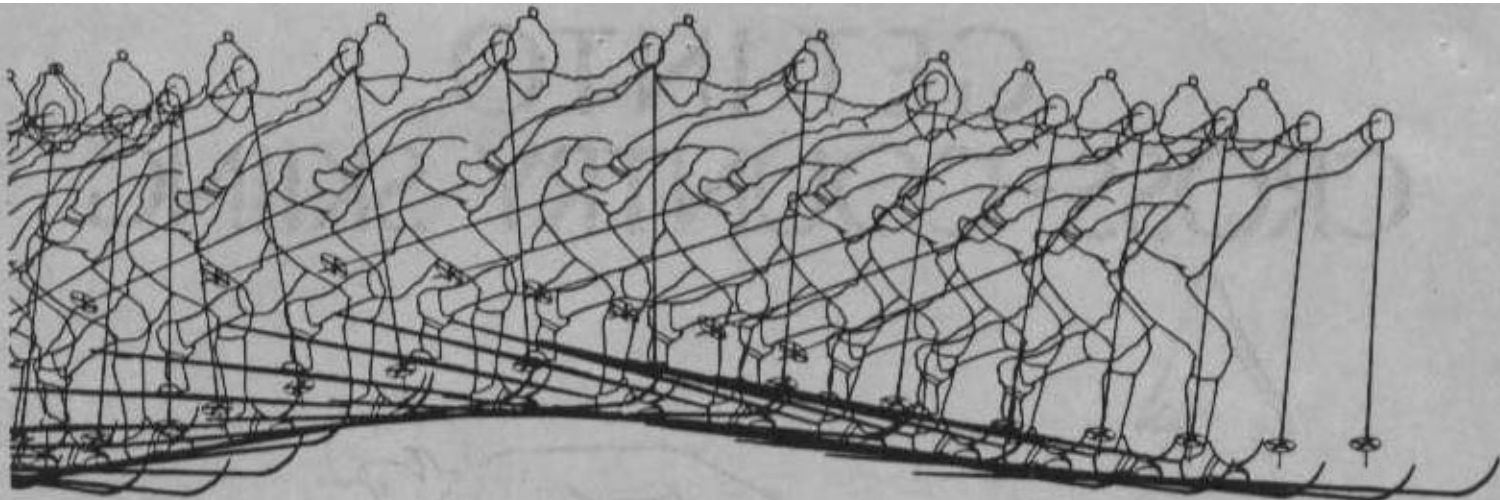
special package prices on
ski equipment and lessons

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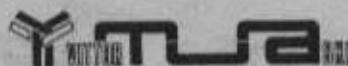
FOR INFORMATION AND RESERVATION:

CALL: **bikes n' things** • 521-2885 • 935-2770 •

or



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Route 19
Wexford, Pa.
935-2770

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OPEN HOUSE

EVERY THURSDAY NIGHT

DOORS OPEN: 7:45

SLIDE PROGRAM: 8:45

Our Thursday night OPEN HOUSE is for members as well as non-members. This is a great time to see friends reminisce about good times, and plan trips.

If you are a visitor or prospective member this is an ideal time to meet AYHers and discover the ART of HAVING FUN. Just walk up to someone and tell him or her you're interested in canoeing, caving, cycling, hiking, skiing, or whatever and ask how you can get information on that activity.

OPEN HOUSE PROGRAMS FOR DECEMBER

Dec. 1: Don Bryan, director of planning at PAT Transit will present a special report "A Whole New Trip." Don is an excellent speaker and should provide an exciting show.

Dec. 8: Bill & Sue Leathen, Backpacking in the Glacier National Park

Dec. 15: Christmas Carolling and party at the Hamm's-- Bob Goff

Dec. 22: Christmas--no open house

Dec. 29: New Years--no open house

1978 Activities Board Chairpersons:

Caving: Norm Snyder 371-2371

Skiing: Alan & Mary Barber
833-5311

Hiking: Steve Martin 665-0364

Winter

Sports: Jack Kowalski 828-2795

THE GOLDEN TRIANGLE

The Golden Triangle is a monthly publication of the Pittsburgh Council of American Youth Hostels, Inc. 6300 Fifth Ave. Pittsburgh, Pa. 15232.

PHONE: 362-8181 THURSDAY EVENINGS BETWEEN 7:45 and 10:30 ONLY

EDITOR: Dave Silverman
COVER: Kim White
ADVERTISING: Jim Gogots
PRINTING: Sue Leathen
MAILING LABELS: Don Hoecker & Roy Weil
PRODUCTION: Don Hoecker and the many enthusiastic AYHers who make production a party rather than a chore.

DEADLINE FOR ARTICLES & ADS FOR:

JAN ISSUE: Thursday, Dec. 1

DEADLINE FOR TRIPS & TRAILS FOR:

JAN. ISSUE: Thursday Dec. 8

JAN. PRODUCTION PARTY: Thursday, Dec. 15

CHANGE OF ADDRESS: Please notify Pittsburgh Council, AYH as soon as possible if you change your address. Otherwise, you miss The Triangle and AYH is charged 25¢ for every newsletter that is returned.

We're certain that many of you hostellers had some interesting trips over the past months. Come, share your experiences with the rest of us. Give a slide show! Call Bob Goff @ 323-0268 or Donna Di Leonardo @ 422-9266 and they'll schedule a Thurs. eve.

M	TUES	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>December</i>			Δ DEADLINE ARTICLES & ADS 1	2	CAVE --- TRIP --- BACK PACK --- 3	HIKE 4
			Δ DEADLINE TRIPS & TRAILS 8	9	10	HIKE 11
5	6	7	Δ PRODUCTION PARTY CHRISTMAS PARTY 15	16	17	CAVE --- TRIP HIKE 18
12	13	14	22	23	CHRISTMAS EVE 24	25
19	20	21	29	30	WINTER WEEKEND NEW YEARS' EVE 31	
26	27	28				

PITTSBURGH COUNCIL
AMERICAN YOUTH HOSTELS, INC.
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PITTSBURGH, PA. 15232

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LEADERS: Do you carry an
emergency medical form
on all your trips?