

**golden
triangle**

ayh

pittsburgh council, american youth hostel, inc.

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NOVEMBER 1974



WINTER HIKING AND BACKPACKING

Summer is over and October seems to be hinting that we will skip fall entirely. Before you exchange your day pack or backpack for cross-country skis, give winter hiking and backpacking a thought.

That wooded hilltop offers a different view and tells much more. Unlike spring, summer, and fall, who are well practiced in the art of secrecy, winter is a friend that tells all: Where the deer slept last night, how many turkeys were feeding here in the morning, which way the rabbit went as you came walking by. Besides being unafraid to share the forest's secrets, winter offers a shield of cold to keep flies, mosquitos, snakes, and other fair weather pests from ruining your outing. Miserable, trip-damping rain is now a fluffy, white frosting on a quietly sleeping forest. Nowhere is there a more beautiful sound than snow falling softly on the trees and the ground around you.

A.Y.H. will offer a series of winter hikes and backpacks again this season. Some hints for these trips follow:

1) FOOTWEAR: Special foam-filled, water proof boots are available for winter outings, but few A.Y.H.'ers use them. A thorough coating of a water proofing (check manufactures instructions for type of treatment) will keep water out of your boots. Put several coatings on now and a final coat before each trip. If you heat your boots, per instructions on the water-proofing can, be careful, too much heat can shrink the leather.

If your feet sweat a great deal you might want to try putting plastic bags over your feet. The idea is to keep your feet warm by keeping the boots and socks dry. If you blister easily try the bag over one layer of socks rather than against the feet to keep the feet a little dryer. If your summer sock combination has a least two pairs, one of them wool, then it should work for winter, too. If you use one pair of socks in the summer, try wool over cotton for winter.

For evening in camp Mike Wolf uses wool slippers covered by Totes (those thin rubber rainboots) to keep his feet warm and the slippers dry. A cheap, yet effective alternative to down booties. Other people who pack light can carry along an extra pair of boots for around the camp fire. If the temperature is headed for 0° C or lower, sleep with your boots and clothing inside the sleeping bag. Your boots make poor bed partners but they won't be frozen in the morning. Putting frozen boots on just once will convince you of the logic of this idea. (You can stuff them in a plastic garbage bag to keep the sleeping bag clean.)

2) CLOTHES: Winter Walking With Wool. Time to visit the Goodwill, Thrift, Salvation Army, and Red White and Blue stores which usually have wool pants or wool suits selling for \$2.00 to \$4.00. Your winter wardrobe should have both wool pants and wool shirts and only wool. Why Wool?? Well, Wool is Warm When Wet!! Jeans and other cotton clothing are poor insulators when wet. Cotton also wicks water up the pants leg as your body heat melts the snow on the

WINTER HIKING AND BACKPACKING (Contd)

cuff. You should carry a full change of clothes on backpacking trips in case you do slip crossing a stream.

What about underwear?? Your choice. Don't dress so heavily that normal walking and other activities will cause you to sweat. Wearing several layers of clothing is a good way to stay warm and control body heat. Those thick puffy down parkas look nice (expensive too) but are not really necessary for staying warm. Try hiking with an undershirt, a wool shirt, and a wind breaker. Have also a wool sweater and a jacket to put on when you stop for a break of longer than a minute, and perhaps a down vest for camp wear. Take off and put on layers as conditions change.

3) HATS: A hat of some type is necessary. To quote Cliff Ham, "If your hands get cold, put your hat on!" Good advice. A great amount of body heat can be lost thru the head. This makes a great way to control body heat. When you start to climb a hill and you get too warm pull your hat off, as you crest the top and you start to chill, put the hat back on. Try it this winter, IT WORKS!!

4) GLOVES: Gloves work like hats in allowing you to control your loss of body heat with a minimum of change effort. Mittens are warmer than gloves. The layering method works well here. Thin gloves (like silk) worn under mittens provide some protection when you have to do something with your hands.

5) SCARFS, and OTHER MISC EQUIPMENT: Many books advise against carrying or using goodies as scarfs, ear-muffs, etc. as they are too easily lost, misplaced or forgotten.

Your hat should cover your ears and reach far enough down to protect your neck. Your sweater should also have a high collar. However if you like it, take it and wear it. One trip will convince you of the practicality or non-practicality of the item.

6) RAINGEAR: Rain is always a possibility. Carry good quality rain gear. Vinyl and other plastic rain gear usually gets stiff and brittle in cold weather. A light weight rain jacket and rain pants or chaps must be taken on a winter trip. These can always be used for windbreakers if the weather gets too bad. Make sure the rain gear is loose to help prevent too much sweating.

7) BACKPACKING GEAR:

A. TENT: A tent with a fly is best. The fly is an aid in reducing the loss of heat inside the tent. If the tent is properly pitched out of the wind, two people inside can enjoy a 10 to 20 degree difference from the outside temperature. Don't buy one until you know what you want. The trip leader can usually team you up with someone who is willing to share. A.Y.H. also has a tent for rent on backpacking trips.

B. Sleeping Bag: A good one is a must. This may be the only major item you would have to buy to go backpacking this winter with A.Y.H.

C. Foam Pads: Closed cell foam (ensolite) is the best. Open cell foam and air mattresses are very cold in the winter.

D. Stoves: Again share one if you don't have one. Generally, propane and butane stoves do not work well in the cold weather. The SVEA 123, Sigg

WINTER HIKING (contd)

Tourist, or Optimus S-R are good, dependable gasoline stoves.

E. Space blankets: These can be used under the sleeping bag and foam pad to provide additional installation. Mike Wolf and Jim Roberts used one last year and noticed that the snow did not melt under their tents like it did for other people on the trip. They are also useful in case of emergency. Giving large amounts of insulation for their weight.

F. Backpack and frame: Again many styles are available. A.Y.H. has some to rent as do some of the backpacking shops. Again rent or borrow several different kinds before you buy.

8. FOOD: Well! Anything goes. The colder the weather, the better the icebox. Last winter saw many different menus: Blue Cheese, stuffed hamburger, baked potatoes with sour cream, steaks with fresh mushrooms and rice, and fresh vegetables for salads. Include plenty of coffee, tea, hot chocolate, soup and broth.

If winter hiking or backpacking seems worth a try, check the monthly listing of trips in the Golden Triangle for the beginner hikes and pack trips. Contact the leader and ask to be teamed up with an experienced person. You can share the weight and cost of the food while learning to enjoy the winter.

GIVE OUR SPORT A TRY;

ENJOY WINTER!!!

HUNTING SEASON

Any and all hikers, backpackers, wood travelers, etc. should be extra cautious this time of year. In Pennsylvania, hunting can be done (generally) from a half hour before sunrise to sunset, Monday thru Saturday.

The small game season runs Oct 19 - Nov 30, and again Dec 26 - Jan 18. During these times hunters will use short range shotguns and sometimes .22 caliber rifles. The big game season (deer) runs Dec 2 to Dec 21. A one day bear season is scheduled for Nov 25. During the deer and bear season, large number of hunters are out, armed with long range, high caliber weapons.

Rising food prices are also responsible for an increase in the number of inexperienced hunters out for the first time. Considering the number of inexperienced hunters afield the accident rates are very low. In fact more out-of-shape hunters die of heart attacks than gunshot wounds.

What should you do?? Use common sense! As a hiker you are free to use public lands and state game lands 365 days a year - free of charge! The hunter has only a few short weeks (not even Sundays) to use the land that his tax and license fees and political clout have been paying for. You probably want to avoid the woods during the first couple of days, and the last couple of days of the deer season, because that is when large number of hunters are out and are anxious to get that deer. Other than those times should be reasonable safe. Of course, wear bright non-deer colored clothing and avoid traveling through thick underbrush where all that someone can see is movement in the bushes.

TIPS AND TALES

Hey there backpackers!! Need some plastic containers to store supplies in while on trips?? Are you fed-up at the high price on the imported "poly" bottles at your favorite wilderness shop?? Try looking in the kitchenware section of your neighborhood department store. Look for "Freezer Storage Boxes", These come in various sizes and shapes and are made to be used under extreme temperatures. Their square or rectangular shapes make them more compact and easier to pack than the round bottle type. They have the drawback that their lids just snap on rather than screw but this can be solved by using a heavy rubber band to hold the lid down. You can make super-heavy rubber bands by slicing up old inner tubes. The price for a 9cm X 9cm X 6cm box usually runs about 5 for \$1.50.

Novice bicycle racers are reminded to keep their fingernails neatly trimmed. This not only cuts down on excess weight but also reduces wind resistance for higher speeds!!

Newcomers to Open House meetings may hear the phrase "R.E.I." or "Co-op" used in various conversations. This stands for "Recreational Equipment Inc," a co-op located in Seattle, Washington, that many A.Y.H.ers belong to. They offer good equipment at reasonable prices for people who can stand the shipping delay (usually about 4-6 weeks). Membership is only \$2.00 and they usually pay a dividend of about 10% on purchase. If you would like more information write to them at R.E.I. 1525 11th Avenue, Seattle, Washington 98122.

Rent a canoe?? If you plan a boating vacation and can not find the room to pack your Grumman you need some help. The answer may be in the form of a free directory which lists over 400 rental sources in the U.S. and Canada. Just write for the "Rent-A-Canoe Directory". Grumman Boats, Marathon, N.Y. 13803.

Remember "TWO-WHEEL TRIP"?? This was a super-slick cycling magazine that appeared over a year ago at the subscription rate of \$10 a year. Those of us who subscribed soon received their first two copies - then nothing. Written inquiries to T.W.T. went unanswered. Most said goodbye to their \$10.

Hopefully you were surprised in early October to receive a copy of "Bicycling" magazine with letters of explanation from the two magazines' publishers. "T.W.T." explained that they had aimed too high (cost of paper, postage, etc) and had to cease publications after only 2 issues. Now thru the courtesy of "Bicycling" they have picked up where "T.W.T." died, and will send the balance of your unused subscription.

If you had subscribed and have not yet heard from them, yet contact "Bicycling". Hey!! You don't suppose those first and only two issues of "Two Wheel Trip" will be valuable someday?? Hmmm. Where did I file them??

BAKER TRAIL NOTES

Trail Problems: The majority of hikers reporting on their Baker Trail treks this summer have reported the trail to be in excellent condition. Two areas of problems were mentioned, one in section 5 and the other in section 12.

At the beginning of section 5, where the hiker leaves the road near elevation 1174 (northbound) the trail is clear for a while and then crosses a field where blazing is impossible. Strike out through the field to the woods at the north end, where the trail should be found leading, after about half a mile, to the Christmas tree farm. Southbound hikers have little difficulty.

In section 12, about three miles after leaving Fisher Shelter, northbound, the hiker comes to the paved Sigel Road. Bulldozers have taken out the trees on which our blazes were painted, and a sawmill is in operation. Turn left which is west onto Sigel Road, and follow it slightly less than one half mile to another turnoff to the north. Southbound: turn south onto the jeep trail near the saw mill, being sure to find the trail when it crosses the jeep trail in the woods.

Baker Trail 100% ers: Scoutmaster Ray Weigand (AYH) and his sons, scouts James and John, completed walking the Baker Trail from Aspinwall to Cook Forest between December 9, 1967 and August 12, 1968. Members of his troop 53 of Liberty Boro have offered to maintain a section of the Trail.

KTA Hiking Guide Out: The latest edition of the Keystone Trails Association Pennsylvania Hiking Trails has just been published. It provides details of 5 trails in Western Pa., 8 in Central Pa., and 6 in the Eastern section of the state. In addition, it has several maps of gamelands, Michaux State Forest, an arboretum, and 8 maps and descriptions of the Tuscarora Trail - the only source on this interesting trail at this time. For a copy, send \$2.00 to Merritt J. Zimmerman, Beverly Hills Road, Box 613, Coopersburg, Pa, 18036.

SENECA ROCKS RESCUE FUND

Seneca Rocks is a favorite climbing area for the climbers of Pittsburgh. Located in West Virginia, it is the nearest hunk of rock that one can go for extended climbs rather than practice climbs.

The Forest Service had made available some rescue equipment in an equipment shop "The Gendarme" located at the base of the rock. This equipment included vertical rescue gear as well as ropes and other necessary paraphernalia. Recently this valuable equipment was stolen, and it needs to be replaced. The Forest Service is unwilling to resupply it so contributions are being asked for. Your life of the life of a climbing friend may depend on this equipment. Donations should be sent to: Carl Felder, 852 Towercrest Drive, Pittsburgh, Pa. 15228

A.Y.H. a BARGIN!!

Food Prices...UP;
Gasoline Prices...UP;
Clothing Prices...UP;

UP! UP! UP!

It is time for relief. It is time for a genuine bargain. It is time to join A.Y.H.!! This fall A.Y.H. is an especially good bargain. For just \$11.50 you can take advantage of a package worth \$17.50. The price includes an adult membership valid from October 1974 through December 1975, and a year's subscription to Wilderness Camping magazine (reg \$5.00). For junior members the package costs \$6.50 but is worth \$11.50, while a \$20 value for only \$13.50 is available to the family pass buyer.

The subscription to Wilderness Camping is optional. Whether or not you subscribe, you are still entitled to a 15 month A.Y.H. membership for the price of 12 months. But for just \$1.50 extra you get a magazine that has articles on bicycling, backpacking, canoeing, camping and ski touring.

For you life members who have already taken advantage of a membership bargain, (Life membership for \$50.00) can still get Wilderness Camping for only \$1.50.

To join A.Y.H. come to a Thursday night meeting and meet the membership chairpersons or send the required fee to Pittsburgh Council, American Youth Hostels, Inc., 6300 Fifth Avenue, Pittsburgh, Pa. 15232.

It is a genuine bargain, and now more than ever you deserve one!!! Do yourself a favor -- cash in on the bargains and on the fun of 1975 AYH!!

OPEN HOUSE

Open house is held every Thursday evening. Everyone is welcome, member or non-member. Doors open about 7:45 PM with the program starting at 8:30 PM. Come and find out about us.

November 7 Jack Kowalski presents a new downhill ski movie as he starts us all thinking snow.

November 14 Cliff and Marilyn Ham, the intrepid bicyclists, lead us on a bicycle seat view of Ireland.

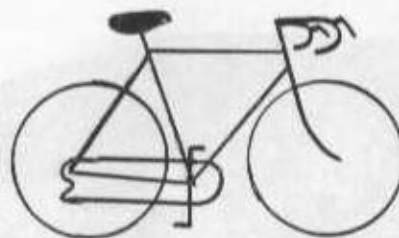
November 21 This week we give cross country skiing a turn with a program by Kay Meyers.

November 28 Happy Thanksgiving!!
No program.

PEUGEOT

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SCHWINN



SALES AND SERVICE

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335-6464



Hostel of the Month

In May of this year, East Bridgewater Hostel doubled its available hostel space by the addition of the "Rosemary". The "Rosemary" is a Canadian Pacific railway sleeping car that was built in 1929. She is one of only 29 that were built by the Angus Shop of the CP. This car was in continuous service between 1929 and 1969, operating between Halifax, Montreal, Vancouver, and Boston. It was air conditioned in 1936 and modernized in 1953. Purchased by the Rev. Paul Rich in April '74, the "Rosemary" made her last journey by rail from the Glen yards in Montreal to a rail siding in East Bridgewater. She was then moved by cranes and two flat bed trucks through the streets to her final resting place alongside the historic 250 year old church. Funds for the car's purchase by Rev Rich were matched by loans from several A.Y.H. Councils, including Pittsburgh.

The East Bridgewater Youth Hostel is unusual in several other respects as well. Hosters have the use of two indoor heated swimming pools adjacent to the sleeping quarters. The church itself is one of the oldest in the country, and includes the Standish Museum on its grounds. There are also 15 other historic structures in the vicinity. Open all year round, the hostel has its own bike shop, docks with canoes and paddle boats for rental, and five miles of nature trail in a wooded area just behind the church. For further information and/or reservations contact the house parents: The Reverent Paul Rich, Standish Museums Youth Hostel, 234 Central Street, East Bridgewater, Maine 02333 (617) 378-2467.

Law and You (continued)

Department of Environmental Resources to take administrative action to establish such a zone. Letters concerning the mining applications should be sent to Dr. Maurice Goddard, Secretary, Dept. of Environmental Resources, P.O. Box 1476, Harrisburg, Pa. 17120.

The Law and You

There are in process two applications for Strip Mine Permits adjacent to McConnells Mill State Park. One, by the Kerry Coal Co., would permit mining right up to the border of the Park along Hells Run; the other, by the Carlson Mining Co., is near the Park border along Skunk Run. There have been several protests to the applications including those from the Allegheny Group of the Sierra Club, administrative personnel of the Bureau of Parks and the Pennsylvania Fish Commission.

Hells Run is an especially attractive area, with an unusual waterfall, excellent spring wild flowers, and pleasant hiking. It is the only remaining native trout stream in Lawrence County. A Fish-For-Fun area has recently been established in a half mile section of the Slippery Rock Creek. Siltation resulting from the proposed strip mine would adversely affect this area.

McConnells Mill State Park was acquired by the Western Pennsylvania Conservancy and is maintained by the State for its natural and historic qualities. Much of the park has been declared a National Natural Landmark with the aim of provide protection against environmental destruction. However there is little legal power to carry out the spirit and intent of this designation. The Conservancy has purchased two additional tracts in the vicinity of Hells Run and Skunk Run as a step toward rounding out the holdings.

The Environmental Rights amendment to the Pennsylvania Constitution would justify more adequate administrative protection by the establishment of a protective buffer zone. It would be the responsibility of the

New Traffic Laws Written For Bicycles

The present Vechile Code of Pennsylvania provides in section 2201 (which was enacted in 1889) that bicyclists: "shall be entitled to the same rights and subject to the same restrictions in the use thereof, as are proscribed by law, in the cases of persons using carriages drawn by horses."

This may soon be changed, and the rights and responsibilities of bicyclists spelled out in a new Vechile Code for the Commonwealth recently proposed by the Pa Dept. of Justice. Reproduced below are all the sections of the new "rules of the road" that pertain to bicyclists. If you have comments on the proposed code contact Deputy Attorney General Edwards J Morris, Harrisburg, Pa. 17120 or Senator Frank Mazzei and Representative Victor J. Westerbey, who are sponsoring the new code in the Pa legislature.

Vechile Code of 1974 (Proposed)

Section 1A-102. Definations:
"bicycle" A device upon which any person may ride, propelled by human power through a belt, chain or gears, and having either 2 or 3 wheels in a tandem or tricycle arrangement.

(The following sections are under Article 10- Rules of the Road, Part 12 - Operation of Bicycles)

Section 10-1201. Effect of Provisions.

(a) The parent of any child and the guardian of any ward shall not authorize or knowingly permit any such child or ward to violate any of the provisions of this chapter.

(b) These provisions applicable to bicycles shall apply whenever a bicycle is operated upon any highway or upon any path set aside for the exclusive use of bicycles subject to those exceptions stated herein.

Section 10-1202. Traffic Laws Apply to Persons Riding Bicycles. Every person riding a bicycle upon a roadway shall be granted all the rights and shall be subject to all of the duties applicable to the driver of a vehicle by this chapter except as to special provisions in this part and except as to those provisions of this chapter which by their nature can have no application.

Section 10-1203. Riding on Bicycles.

(a) A person propelling a bicycle shall not ride other than upon or astride a permanent and regular seat attached thereto.

(b) No bicycle shall be used to cary more persons at one time than the number for which it is designed and equipped.

Section 10-1204 was changed to fall within a part of section 10-1115.

Section 10-1115. Clinging to Vechiles.

(a) No person shall hang onto or ride on the outside or the rear end of any vechile and no person on a bicycle, motorcycle, roller skates, sled or similar device, shall fast to or attach such device to any moving vechile or streetcar and no operator of a vechile or street car, shall knowingly permit any person to hang onto or ride on the outside or rear end of the vechile or streetcar which he is operating, or allow any person on a bicycle, motorcycle, roller skates, or a sled or any similair device to hold fast or attach such device to the vechile or streetcar which is operating on any highway.

Section 10-1205. Riding on Roadways and Bicycle Paths.

(a) Every person operating a bicycle upon a roadway shall ride as near to the right side of the roadway as practicable, exercising due care when passing a standing vechile or one proceeding in the same direction.

New Traffic Laws Written For Bicycles (Continued)

Section 10-1205 (Contd).

(b) Persons riding bicycles upon a roadway shall not ride more than two abreast except on paths or parts of roadways set aside for the exclusive use of bicycles.

(c) Whenever a lane or path for bicycles has been provided as part of a highway, bicycle riders shall use such lane or path and shall not use any other part of the highway. This subsection shall not apply when use of the bicycle path or lane is not possible, safe or reasonable.

Section 10-1206. Carrying Articles.

No person operating a bicycle shall carry any package, bundle or article which prevents the driver from keeping at least one hand upon the handlebars.

Section 10-1207. Lamps and Other Equipment on Bicycles.

(a) Every bicycle when in use at nighttime shall be equipped with a lamp on the front which shall emit a white light visible from a distance of at least 500 feet to the front and with a red reflector on the rear of a type approved by the Secretary which shall be visible from all distances from 100 to 600 feet to the rear when directly in front of lawful lower beams of head lamps on a motor vehicle. A lamp emitting a red light visible from a distance of 500 feet to the rear may be used in addition to the red reflector.

(b) No person shall operate a bicycle unless it is equipped with a bell or other device capable of giving a signal audible for a distance of at least 100 feet, except that a bicycle shall not be equipped with nor shall a person use upon a bicycle any siren or whistle.

(c) Every Bicycle shall be equipped with a brake which will enable the operator to make the braked wheels skid on dry, level, clean pavement.

Section 17-101. Penalties for Summary Offenses.

(a)... any violation of this chapter by an operator of a bicycle, shall be guilty of a summary offense and upon conviction, be sentenced to pay a fine of not less than \$2.00 and not more than \$25.00 and cost of prosecution.

Now that you have read these proposed traffic laws for bicycles, and if you object to any of them, let the indicated legislatures know about it. These are still in the proposal stage and therefore are relatively easier to change at this time than later when they have been enacted.

The Golden Triangle is a monthly publication of the Pittsburgh Council, American Youth Hostels, Inc. 6300 Fifth Avenue, Pittsburgh, Pennsylvania, 15232. 362-8181 Thursday evenings only

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WANT ADS

Wanted Triangle articles. help the new editor get off to a good start. Write up an experience that you have had with A.Y.H. Write your opinions about how something should be done. Very little is turned down. See your name in print.

Boat building season is upon us!! Now is the time to be thinking about and organizing a boat building project. It is cheaper (bulk discounts), easier (exchange help) and just a lot more fun to organize and build a series of boats. see one done, do one, teach one.

TRIPS AND TRAILS

The trips listed below are open to the public except that A.Y.H. members have priority when the trip is of limited size. Trip costs include 40¢ for registration and insurance (\$500 medical) plus transportation costs and equipment rental. Call the trip leader to reserve or to cancel or just for more information about the trip.

Please call leaders during normal hours (6:30- 9:00 PM) unless otherwise noted. Make reservations early but in no case should they be made later than the Thursday before the trip.

- Sat Nov 2 Intermediate Hike on the Baker trail. Leaving headquarters at 8:30 AM. Call trip leader Joe Levine (422-8287) for details. Cost about \$2.50.
- Sun Nov 3 Beginner hike to the seven springs area. Trip will cover about 6-9 kilometers. Leave headquarters at 9:00 AM will return early evening. Cost \$2.75. Call Jim Roberts (362-5792) to reserve.
- Fri Nov 1 Beginners backpack. having read the lead article, you are all set to try out winter backpacking. Here is your chance. Leave headquarters Friday evening 6:30 and returning late Sunday afternoon after two days of easy backpacking. Will cover about 10 kilometers per day on the Laural Ridge Hiking Trail. Cost will be about \$3.25. Call John Bohrer (561-6563 or 682-8823) to reserve and to be teamed up with an experience person.
- Fri Nov 1 Trail Maintenance hike on the Tuscorora Trail lead by Jack Leahy. Leave headquarters Friday night at 7:00 PM and return late Sunday evening. The trip will not be all work but will include a bunch of just hiking as well. Call Jack at 935-4188 for reservation.
- Sat Nov 2
- Sun Nov 3
- Tue Nov 5 Winter Hiking Seminar. See first hand the items discussed in the lead article of this issue. Cliff Ham and Jim Roberts will come dressed and packed to show and discuss with you what equipment is needed on winter Hiking and Backpacking trips. Meet at headquarters at 7:00 PM. reservations not necessary and cost will be \$0.00.
- Fri Nov 8 Caveing. Norm Synder leads a caving trip to West Virginia. Will leave headquarters Friday night and return late Saturday night. Call Norm at 371-2371 for reservations.
- Sat Nov 9 Beginner hike on the Baker Trail. This trip lead by Aileen Pastorek (521-4883) will leave headquarters at 8:00 AM and return late afternoon or early evening. Cost will be about \$2 to \$3, is unknown because section is undecided. Will cover only 8-10 kilometers.
- Sun Nov 10 Beginner hike through the wilds of Frick Park. Bob Schatz will lead this 7 kilometer hike, leaving headquarters at 1:00 PM in the afternoon and promises to return by 6:00PM. Call Bob at 653-1613 for details, no reservation necessary. Cost will be 40 ¢ for registration.

TRIPS AND TRAILS (Continued)

- Thur Nov 14 Bicycle Maintenance Party Bring your tools and leave your bicycle at home. Help to get the Council bikes winterized. Learn how to adjust brakes, tighten cables, repack bearings and other such good stuff. Practice on someone else's bike, before trying it on your machine. Join Ray, Dave, Joe and Jack. No fee!!!
- Sat Nov 16 Intermediate hike on the Laurel Highlands Hiking Trail. Join Bob Schatz and leave headquarters at 8:30 AM, returning early evening. Trip will cover about 12-14 kilometers of the trail. Cost \$2.75. Call Bob (653-1613) for reservations.
- Sat Nov 16 Beginners Backpack If you had to miss the first beginners backpack this month this is your chance. Will cover about 6-8 kilometers both days in the Bear Run Nature Reserve of Western Penn Conservancy. Experienced people are welcome as well. Will leave headquarters at 10:00 AM with Larry Giventer (422-9282) as the leader. Cost \$2.75.
- Sun Nov 17
- Sun Nov 24 Beginner Hike along an old abandoned railroad bed along Indian Creek. This trip will be FLAT!! although the amount of bushwacking is unknown. Trip will consist of 9-12 kilometers. Cost \$2.50. Leave headquarters at 8:32AM and return in the early evening.
- Fri Nov 23 Hike or Cave trip to West Virginia. Will leave headquarters
- Sat Nov 24 Friday at 7:00 PM and return late Saturday night. Call Norm Synder 371-2371 for reservations and details.

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- Fri Nov 8 Fashion Show and Dance of the Western Pennsylvania Ski Council. See this year's ski fashions, and enjoy a live band and ski movies. Meet some new people and renew acquaintances from the slopes of last year. At the Holiday Inn at the Airport.
- Sat Nov 9 Hornes Youth Day Help present the A.Y.H. story to the youth of Pittsburgh. Need volunteers to man an information booth for A.Y.H. at Hornes downtown and to talk about A.Y.H. Call Jim Roberts (3625792) to specify what time you can help.

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STILL MORE TRIPS AND TRAILS

- Fri Nov 29 3-day backpack to the Buckeye Trail in Northeastern Ohio.
- Sat Nov 30 Trip will leave Friday morning 8:00 AM and return early Sunday evening, and will cover about 50 kilometers on the three days. Will need all backpacking gear plus winter hiking gear, as well as food for three days. Cost will be \$7 - \$10 depending on transportation.
- Sun Dec 1
- Canoeing - Because of the water levels and the weather (both unpredictable) there are no scheduled canoe trips this month. However there will be trips going, maybe possible perhaps. Generally these will be small trips to small streams, sometimes exploratory!! Come to the meeting on Thursday night, and ask about to find out if, when, and where.

NOV 74				1	2	3
					INTHIKE	BEG-HIKE
					TRAIL MAINTAINANCE HIKE BEGINNER BACKPACK	
4	5	6	7	8	9	10
	WINTER HIKING SEMINAR		OPEN HOUSE SKI MOVIE		BEG-HIKE	BEG-HIKE
					CAVING	
11	12	13	14	15	16	17
	BOARD MEETING		OPEN HOUSE BIKE IRELAND BIKE MAINTAN		INTHIKE BEGINNER BACKPACK	
18	19	20	21	22	23	24
			OPEN HOUSE CROSS-COUNTRY SKI			BEG-HIKE
					CAVING	
25	26	27	28	29	30	1
			HAPPY THANKSGIVING (NO MEETING)			INTERMEDIATE BACKPACK

Pittsburgh Council
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