



GOLDEN TRIANGLE



MARCH 1977

VOL. 28

NO. 3

PITTSBURGH COUNCIL AMERICAN YOUTH HOSTELS INC.

TIPS AND TALES
By Joe Hoechner

Ever hear of the Quehanna Trail?
It is located in the Quehanna Wild
Area—in Elk, Cameron, and Clearfield
Counties.

The Penna. Bureau of Forestry has
recently issued a free set of 4 topo
maps showing the new trail system.
You can get a copy by writing to:

Penna. Bureau of Forestry
P.O. Box 1467
Harrisburg, PA 17120

* * *

Check your favorite ski shop for end
of season sales. Despite the great
ski season, you may be able to find
great buys on odds and ends of cross-
country equipment, clothing, etc.

* * *

Have you ever been through the towns
of Keyer's Ridge, Accident, or Oakland?
If you have, you've been in the near-
by state of Maryland. If you would
like any county road maps, you can
get a free index list from:

MD State Highway Administration
Map Distribution Section, Rm 223
Brooklandville, MD 21022

They also have detailed maps of the
Washington, D.C. area.

* * *

Speaking of Washington, D.C., there
is now a giant map of "Bicycle Paths
in the Washington Area" available
for \$1.00. It covers both city and
suburban areas. Request it from:

Metropolitan Wash. Council of
Governments
1225 Connecticut Avenue, N.W.
Washington, D.C. 20036

* * *

Did you know that an expert climber
usually reaches his peak early?

* * *

It may still be possible to get in
on this year's T.O.S.R.V.! Rush out
a request now for an application (or
pick one up at Headquarters).

Fill it out, and with your check and
a self-addressed, stamped envelope,
mail to:

T.O.S.R.V.
P.O. Box 23111
Columbus, OH 43223

* * *

The Penna. Dept. of Community Affairs
recently released its second bicycling
guide entitled, "Bike Trips in South-
eastern Pa." Its first guide is for
South Central Pa. Both of these guides
are free. Request them from:

Mr. William H. Wilcox
Dept. of Community Affairs
Rm 216, South Office Building
Harrisburg, PA 17120

While you are writing to Mr. Wilcox,
why not ask if there are any plans for
a future guide to the Western Pa.-
Pittsburgh area.

* * *

WANT AD: For sale - 1 front wheel
from 10-Speed Bike (27"), quick
release hub, with tube and tire -
Only \$15. Call Joe, 343-2465

* * *

MAINLAND (COMMUNIST) CHINA

by Rich Bartoe

Few Americans get to visit China these days, and even fewer are allowed outside the largest cities. As part of my job, I spend three months in China last summer, in Peking and in a small town in northeast China, only a few hours journey from North Korea and Russia.

The Bicentennial Fourth of July, the major earthquakes in China, and the death and funeral of Mao Tse Tung all occurred during my stay in China.

The following are some excerpts of my letters home while I spent the summer of '76 in China. For more on these adventures, come see my slide show at the Hostel this month.

* * * * *

We all received engraved invitations from the U.S. Liaison Office to celebrate the Fourth of July at a party in Peking. Could not make it though, so we celebrated by ourselves, with a pork barbecue and lots of firecrackers.

I sent a postcard from Peking when I arrived. I may never get there though, as I just licked the stamps, slapped them on, and ran for the taxi, to start my trip to Panjin. Now, I find there's no glue on the stamps, and you must brush on glue from a little pot at the counter in the post office.

When I go into a Chinese store, a crowd of 40 to 50 people will gather around. They're

curious to see the American. And when I move around to a different area of the store, my crowd of people will move with me. I feel like a magnet with iron fillings!

You can tell when a girl has a headache; then pinch the skin on their foreheads hard enough to make a bruise mark that lasts 2 to 3 days.

We have had an earthquake! Not especially strong here, but a major quake occurred in China today (7-28-76) at 4 a.m. I woke up to feel the bed swaying hard. I jumped out of bed, and looked out the window. I had my hand on a dresser, and it started jumping, so I ran for my clothes. I shoved my feet into my shoes, grabbed my glasses in one hand, shirt in the other, and ran into my locked bedroom door! By this time, everyone was up and hollering. I calmly (!) unlocked the door, walked (!) out into the hall, and flew down the stairs and outside. The Chinese were ahead of us foreigners. They were sitting in a group well away from the buildings.

Us dumb foreigners took up to 10 minutes to clear the buildings, as we had to go back and wake up a few that had gone back to sleep. They figured it was all over. When we didn't have any more tremors in an hour of milling around in the parking lot, the Chinese went in for

a few rugs and some lounge chairs. By dawn we were drinking coffee, beer, etc., and sitting in the chairs in the middle of the concrete parking lot, waiting for anything. Nothing happened except a few mosquitoes found us. Breakfast at 7 a.m. and I was halfway through my scrambled eggs when the table started jumping. It was an after-quake, not strong, but most of us ran for the exit like rats abandoning a sinking ship! Ten minutes later, I went back to my cold toast and eggs. (One of the fellows said afterwards that while he was shaving he wondered what was wrong with his mirror, it kept swinging around!)

Radio Japan has said that the epicenter was little more than 100 miles out of Peking, and the quake hit 7.3 magnitude. Some windows broken, a few buildings damaged, etc. One report of a hotel in the city near the center that collapsed and had some fatalities, but nothing major. We have telephoned our office in Peking; they say everything there is okay, just people panicky. 7.4 magnitude on the Chinese scale, 8.3 magnitude on Richter scale (used by the rest of the world) and we are 300 miles from the epicenter here.

The next night we were told that it was probably okay to go inside but that we should sleep with our clothes on and be prepared. Another tremor about 10:20 p.m. I didn't go to bed until 11:30 and slept with everything on except my shoes and glasses. Also, I did not lock my door -- kept it propped open.

The only reports of casualties are from Tangshan, were "many" (Chinese official announcements) to "tens of thousands" (Radio

Japan) are reported dead. But here in Panjin, not even a cracked window. We were told that all foreigners were asked to leave Peking for a few days or a few weeks, and all the Chinese residents were living on the sidewalks. Even here, many Chinese put up shelters of plastic sheets, bamboo mats, etc., as temporary earthquake tents. Wednesday night while we were playing poker, the guest house manager came around with an interpreter and said, "The frogs are jumping high, the ducks are climbing trees, the wells are bubbling, and by these and other signs they felt that another earthquake was possible quite soon. All people should exercise vigilance and be prepared"

We found some green rocks. I took the rocks out to the plant to wash the mud off, and all the Chinese were watching me warily. Finally, one of the interpreters approached me and asked what I was going to do with the rocks. I replied that I just wanted to wash them off. Then he asked me why I wanted the rocks, so I said, "I can't have a pet dog, or a pet cat in China, so here is my pet rock."

While riding the bus from the guest house to the plant site, many of us have started the habit of waving to the Chinese kids. One morning we saw a small child on a third floor balcony run out and start to wave. Then his smaller brother ran out to wave also. But the little one couldn't see over the top of the railing, so he just stuck his hands up and was waving! We've heard that the

school teachers instructed the kids to always wave to the foreign friends.

One of the Chinese interpreters asked us if we were trying to be ambassadors. So now we say, when we start to wave, that we are practicing to be ambassadors.

GOOD BOOKS FOR THE AYH"ERS READING LIST

by Ben Brugman

The book review column is devoted to pertinent literature on nature, camping, or outdoor related subjects. The literature need not be new publications. Recommendations for readable books are welcomed.

Face of North America, The Natural History of a Continent, Peter Farb, Harper and Row, 1963, 305pp.

Although the subject matter covered by Peter Farb is extensive, he does it well. Describing America by natural areas such as rivers and waterfalls, forest primeaval, the great American desert, springs, geysers, and caves, he manages to cover areas which are geologically and climatically unique.

Given a concise, but really readable geologic background for such varied landscapes as the Appalachian Mountains or the Pacific Rim, he describes their development and interdependence. He ties in areas we are familiar with and have visited. The plant life and dependent animal hierarchy become clear as being a product of the area's geology, rainfall, sunshine, latitude, and state of development on the way to the climax population for these natural conditions.

If you wondered why there are so many good caves close to Pittsburgh, why the landscape north of us is so strikingly different from West Virginia, or about the difference from the Great Smokies, he explains it in interesting language. He also adds a few interesting phenomena of our area such as the migration of hawks and eagles at Dreherstown, Pa.

A copy of the book is available at the Carnegie Library.

BB

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TUES. & THURS EVENINGS

SATURDAYS

7 TIL 9

NOON TIL 5

TAKE NEVILLE ISLAND EXIT ON I-79 NORTH ON RT 51
ACROSS THE BRIDGE RIGHT ON 4TH AVENUE

ANNUAL BANQUET

FRIDAY, MARCH 25, 1977

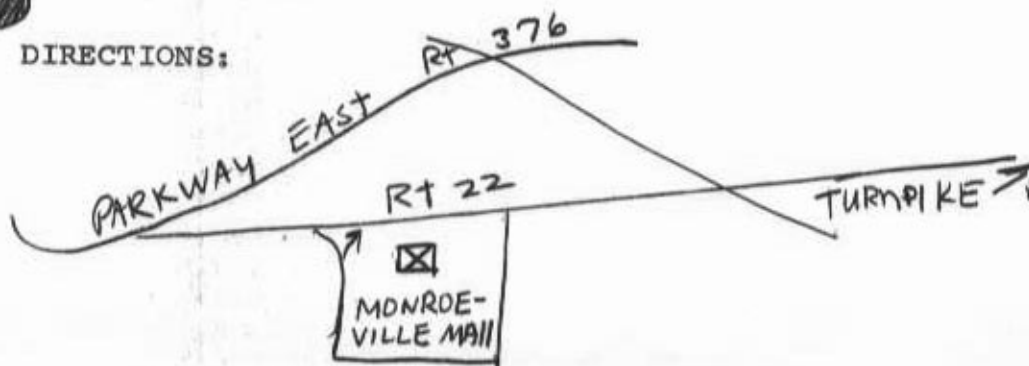
SHERATON INN ON THE MALL, RT. 22, MONROEVILLE MALL



6:30 P.M. SOCIAL HOUR (CASH BAR)

7:30 P.M. DINNER
ENTERTAINMENT
DANCING WITH THE MERRITS
DOOR PRIZES

DIRECTIONS:



RESERVATION:

NAME: _____

ADDRESS: _____

RESERVATION DEADLINE : MARCH 16

MENU:

HALF SPRING CHICKEN

ROAST BEEF

Number of Adults @ \$7.95 _____

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Number of Young Adults @ \$6.95 _____

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Pgh. PA 15217

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bikes n' things

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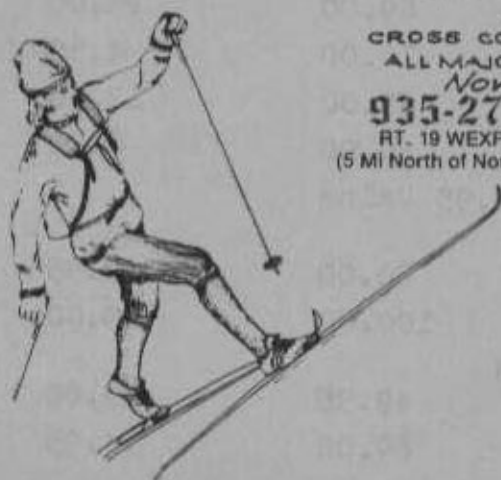
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 100% WOOL, JERSEYS OF COTTON, ACRYLIC AND WOOL, LEG AND ARM
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Hundreds of items at lowest prices ever. Sale
 on for one full week from Monday, February 28th
 to Saturday, March 5th. Turn over for a listing
 of just a few of the tremendous sale items.

THIS YEAR bikes n' things WILL FEATURE A SALE
 EVERY MONTH. WATCH YOUR NEWSLETTER AND MAIL FOR
 DETAILS!!!!- - - Hey Pittsburghers what's a MOPED?





BIKES N' THINGS

10915 PERRY HWY. 5842 FORWARD AVE.
WEXFORD, PA 15090 PGH, PA. 15217
[412] 935-2770 [412] 521-2885



RENTAL SKIS	Reg	Now
Nors-Quip Wood with Mohair	\$70.00	\$39.00
Jofa Wood Waxable	39.00	18.00
Tua No Wax	69.00	25.00
Tonkin Cane Poles	10.00	4.50
Sport Cat Leather Boots	35.00	17.50
Rubber Boots Fleece Lined	20.00	8.00
All Rental Skis Include Bindings \$9.95 Value		
<u>New Ski Equipment</u>		
Jofa Light Touring Waxable	80.00	49.95
Edsbyn No Wax Diamond Glide	100.00	69.00
Nors-Quip Wooden Skis with Hardened Edges	49.95	35.00
Hagen Joiepe No Wax Diamond Glide	89.00	54.95
Leather Boots some sizes still available	35.00	23.00
Tonkin Cane Poles	10.00	6.00
Nordic Norm Three Pin Dovre and Nors-Quip Bindings	10.00	6.00
Rode Wax - Green, Blue, Violet and Red	1.20	.80
Corks	2.00	1.00
Scrapers	2.00	.75
<u>Bicycle Equipment</u>		
Citadel Ultra High Security Lock with Insurance Policy against Theft	32.50	24.95
Bellweather Rain Cape	20.00	14.95
Bata Bike Shoes (Limited Sizes)	14.95	9.95
All New Frame Selections for Tourist and Racer-- Paris Sport, Limongi, Serotta, Richard Sachs, Eisentrout. LET US BUILD A BIKE FOR YOU!		

Many other items on sale. Stop in and Shop!!!!

BIKES N' THINGS

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EXTENDED TRIPS

The following trips will be advertised in the next issue of the national publication AYH KNAPSACK. If interested in any of these trips, please contact Claudette Falkenham at 531-1824.

NORWEGIAN RAMBLE:

With Cliff and Marilyn Ham- 3 weeks in July or August (indicate preference) will include hiking, easy climbing, using public transportation. Visit mountains, fjords, cities and towns, stay in hostels overnight. Estimated cost \$1000 plus.

HIGH SIERRAS BACKPACKING

Larry Giventer and Mary Giventer, past AYH president and past Golden Triangle Editor, wish to lead a 2 week backpacking trip in July or August.

DISCOVER ENGLAND AND HOLLAND

With Joe Hoechner June 25 - July 23 Mostly easy, some moderate cycling in Southern England, London, and cities and towns of Holland. Stay in Hostels overnight. Estimated cost \$1000.

DUTCH, DANISH DELIGHT

Loop through Holland and Denmark, very easy cycling with Phyllis Blumberg. Mid-June to mid-July. Hostel stay for overnights. Cost estimate \$1000.

TRIPS & TRAILS

ATTENTION ALL AYH TRIPPERS: The Arts and Crafts Center Parking Lot in front of the Hostel is for the use of patrons of the Arts & Crafts Center. When parking your car to leave for a trip, please park on the street. This will maintain good rapport with our "neighbors".

MARCH SKI TRIPS

Every weekend day, weather permitting. See Alan Barber for details.

HIKES

Sun., Mar. 20 BEGINNER HIKE at Hartwood Acres with Chuck Pierson and Barb Paff. Call 921-8523 or 434-3003

Sun. Mar. 27 EASY 1/2-DAY HIKE in Schenley Park with Joe Levine, with a stop at the Nature Museum (if open). Leave 9:30 a.m. Cost 25¢. Hot chocolate at Joe's place after the hike. Phone 422-8287.

EASTER WEEKEND BACKPACK. April 8-10 Intermediate backpack in Hammersley Fork Area, north-central PA. Leave Thurs. p.m., return Sun. p.m. Don Levenson 421-0987.

MAP READING III

Sun. Mar. 13 at 8:30 a.m. (delayed one week from previous plan. Jim Roberts 271-7178.

BACKPACKING SCHOOL- Joe Levine and Ben Brugmans will offer the first class Saturday, March 12 at 12:00 noon at the Hostel. Joe will cover equipment choices, packing instruction. Ben will supervise trail cooking, and the results will be served for lunch. Call Ben at 687-1128 between 10 & 11 p.m.

CANOE PLANNING MEETING - to discuss canoe season. Wed., Mar. 23 at 7:30 p.m. at Roy Weil's, 5131 Penton Dr. 681-5131. Potential and present leaders welcome. Contact Mike De Roy 371-6943.

BICYCLING- Turn to pages 9 and 10.

Waterproofing boots

The following recipe for waterproofing boots is excerpted from an article in THE PITTSBURGH PRESS by Norman H. Stark. With a spring thaw due any day now, it may be most appropriate.

Here's how:

Measure five tablespoons of neatsfoot oil into the top of a double boiler. You can get this oil in most boot, shoe, and leather stores.

Add one tablespoon of beef tallow (from a butcher shop) and one and one-half tablespoons of white mineral oil (from a drugstore). Apply heat and stir until all ingredients are melted and mixed.

Pour into metal, plastic or glass container. Apply to leather and rub thoroughly, especially over seams. An old toothbrush is good for getting the dressing between soles and uppers.

The cost of this shoe preparation is about six cents an ounce. Be sure to keep out of the reach of children!

GOING TO EUROPE THIS SUMMER?

Don't forget to take your International Youth Hostel Handbook along. To get your copy (Vol. I - Europe & Mediterranean) send \$2.00 check payable to Pittsburgh Council, A.Y.H. to Bruce Sundquist, 210 College Park Drive, Monroeville, Pa. 15146. Be sure to enclose your return address.



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II Mohawk Plaza/Route 285 S/Indiana, PA

CYCLE '77
by Rich Feder

The month of March has finally arrived, and the Cycle '77 season is about to begin. As is the case every year, Pittsburgh Council - AYH is planning an exciting and varied spring-summer-fall of bicycling activities. The following are the scheduled highlights and things to look for during the Cycle '77 season:

1. A varied agenda of half-day, day-long, weekend and extended trips for beginning, intermediate, and more advanced bicyclists.
2. Two-hour long evening bicycle trips on Thursdays in May and September and on Tuesdays and Thursdays in June, July and August, for beginners to gain experience in riding around town, and for more experienced cyclists to sharpen their skills and to keep in shape.
3. Periodic bicycle repair and maintenance clinics where riders will learn the basics of repairing and maintaining their bicycles
4. Pittsburgh Council members' participation in TOSRV-- Tour of the Scioto River Valley, sponsored by Columbus AYH. This is a two-day, 210-mile long tour FOR EXPERIENCED CYCLISTS ONLY, scheduled for May 7-8.
5. Plenty of trips in May to allow TOSRV participants to get in shape.
6. Pittsburgh Council members' participation in WAG-- Washington and Greene County bicycling weekend, to take place in June.
7. Holiday weekend trips on the Memorial Day, July 4, and Labor Day weekends.
8. OVERSEAS BICYCLE TRIPS IN EUROPE led by Pittsburgh AYH members. More details will be announced at a later date.
9. Bicycle trips during these special events: Morgantown weekend in May, Laurelville weekend in June, and the AYH picnic in October
10. The Bike Series. This is a series of six bike rides, to be repeated periodically during the season, that will begin with beginners' trips and end with intermediate trips, with participants gaining enough experience to enable them to pass beyond the beginners' level of cycling ability. More on the Bike Series in the article that follows.

The Cycle '77 season will officially begin at the end of March, with a Maintenance Demonstration Clinic set for Tuesday evening, March 22. Don't bring your bike, but come and watch a demonstration of maintenance of the bicycles owned by the Hostel. This will be followed by a Repair and Maintenance Clinic on Saturday afternoon, March 26, where you can bring your bicycle and tools and get assistance in repairing and maintaining your bicycle. The first scheduled ride of the year will be a half-day ride set for Sunday afternoon, March 27. For more details as to time and place, see the trip descriptions that follow the article on the Bike Series.

The by-word for the Cycle '77 season is fun. We aim to enjoy ourselves, meet new people, and to participate in a worthwhile activity. Hope to see you out there.

THE BIKE SERIES by Rich Feder

There is going to be a new activity offered by Pittsburgh AYH for this year's bicycle season. For the first time, we are going to offer a regularly-scheduled group of rides aimed at beginning cyclists and at those who are first learning how to ride. The Bike Series will be a group of six trips that will begin with beginners' trips, continue with trips of somewhat greater difficulty, and end with intermediate trips. The idea is for beginning cyclists to participate in the entire Series, and by the end they will have progressed beyond the beginner's level of cycling ability.

The Bike Series will be planned to take place on six consecutive weeks. The trips will be held on weekend days (either Saturday or Sunday). Ride number 1 will be a half-day long beginners' ride in the City of Pittsburgh, with instruction provided on riding ability and gear-shifting techniques. Rides number 2 and 3 will be day-long beginners' trips of between 15 and 25 miles, to take place in the countryside surrounding Pittsburgh. Rides number 4 and 5 are planned to be intermediate trips of somewhat greater than 25 miles. The Series will culminate with a weekend trip, with the Saturday-night overnight probably at either the Laurelville or Camp Carondowanna Hostels.

It is hoped that beginners will be encouraged to participate in the entire Series, or as much of it as possible. Of course, all Hostel members and guests will be welcome to come along on the trips.

The first Bike Series will begin sometime in April, when the weather gets warmer. It is expected that the Series will be repeated at intervals during the bicycling season. For more details, see the April issue of the AYH Golden Triangle.

BIKE ACTIVITIES IN MARCH

- Tues. March 22 Bicycle Maintenance Demonstration Clinic. Learn how to get your bicycle ready for the upcoming bicycle season. Don't bring your bike, but come to the Hostel HQ and watch a demonstration of maintenance of the bicycles owned by the Hostel. We will start at 7:30 p.m. Any questions, call Rich Feder at 421-5708 or Ed Sieger at 621-2911.
- Sat. March 26 Bicycle Repair and Maintenance Clinic. We will assist you in working on your bike. Bring your bike and tools to the Hostel HQ. We will start at 2:00 p.m. Any questions, call Rich or Ed at the numbers listed above.
- Sun. March 27 The first official bike ride of the season will be an easy one around town. Meet at Hostel HQ at 1:30 p.m. We will have some bicycles available for renting. Cost of the trip will be the standard half-day registration fee of 25¢ per person. A bike flag or fanny bumper is recommended for each rider. Questions, call Rich or Ed.

OPEN HOUSE

OPEN HOUSE at Hostel Headquarters every Thursday. Doors open 7:45 p.m., slide show at 8:45. Programs are of interest to old, new & prospective AYHers. WELCOME!

MARCH OPEN HOUSE PROGRAM

March 10. Richard Bartoo. A peek inside Communist China today. A business visit to the almost unknown land. Chinese earthquakes, the death of Mao Tse Tung and a million people assembled for his funeral. Only place in the world where you can't buy a coke.

March 17. Richard Bartoo. Visit the Orinoco river on a business trip. Crocodiles, exotic flowers, the "beer" colored waterfalls and the movie JAWS in Spanish. A quick look at Bogata, Columbia and \$65 million in gold.

March 24. Norman Zabusky. Moscow and Leningrad: People and places. A sample of the city sights and museums mixed with views of the people at work and play.

March 31. Cathy Lynch. "Bateaux and Abbeys." Last summer Cathy Lynch took slides of boats and Gothic churches.

LETTER TO THE EDITOR:

Editor,

Doug Ettinger's ad in the February Triangle is an insult to every woman who has ever held a paddle. "HELP WANTED - MALE" ads have no place in this part of the twentieth century, and there is no reason to believe that being male is a valid job qualification for a boating instructor. AYH is in general delightfully free of such attitudes, and this ad stands out like a sore thumb. I suspect that the ad is illegal, and I know it's in extremely bad taste. I believe Doug owes all of us an apology.

Mary Shaw
5131 Penton Road
Pgh., PA 15213

EDITOR'S NOTE:

This was an oversight. Such ads will not be printed in the future.



Our OPEN HOUSE is for all members as well as non-members. This is a great time to see friends, reminisce about good times and plan future trips.

If you are a prospective member, this is an ideal time to meet AYHers and discover the ART OF HAVING FUN.

THE GOLDEN TRIANGLE

The Golden Triangle is a monthly publication of the Pittsburgh Council, American Youth Hostels, Inc.

ADDRESS: AYH
6300 Fifth Avenue
Pittsburgh, PA 15232

PHONE: 362-8181, Thursday
EVENINGS ONLY.

EDITOR	Joan Sieffert
COVER	Lynn Gogots
PRINTING	Sue Leathen
PRODUCTION	Martie & Mike Haddad & the few willing helpers who will stay

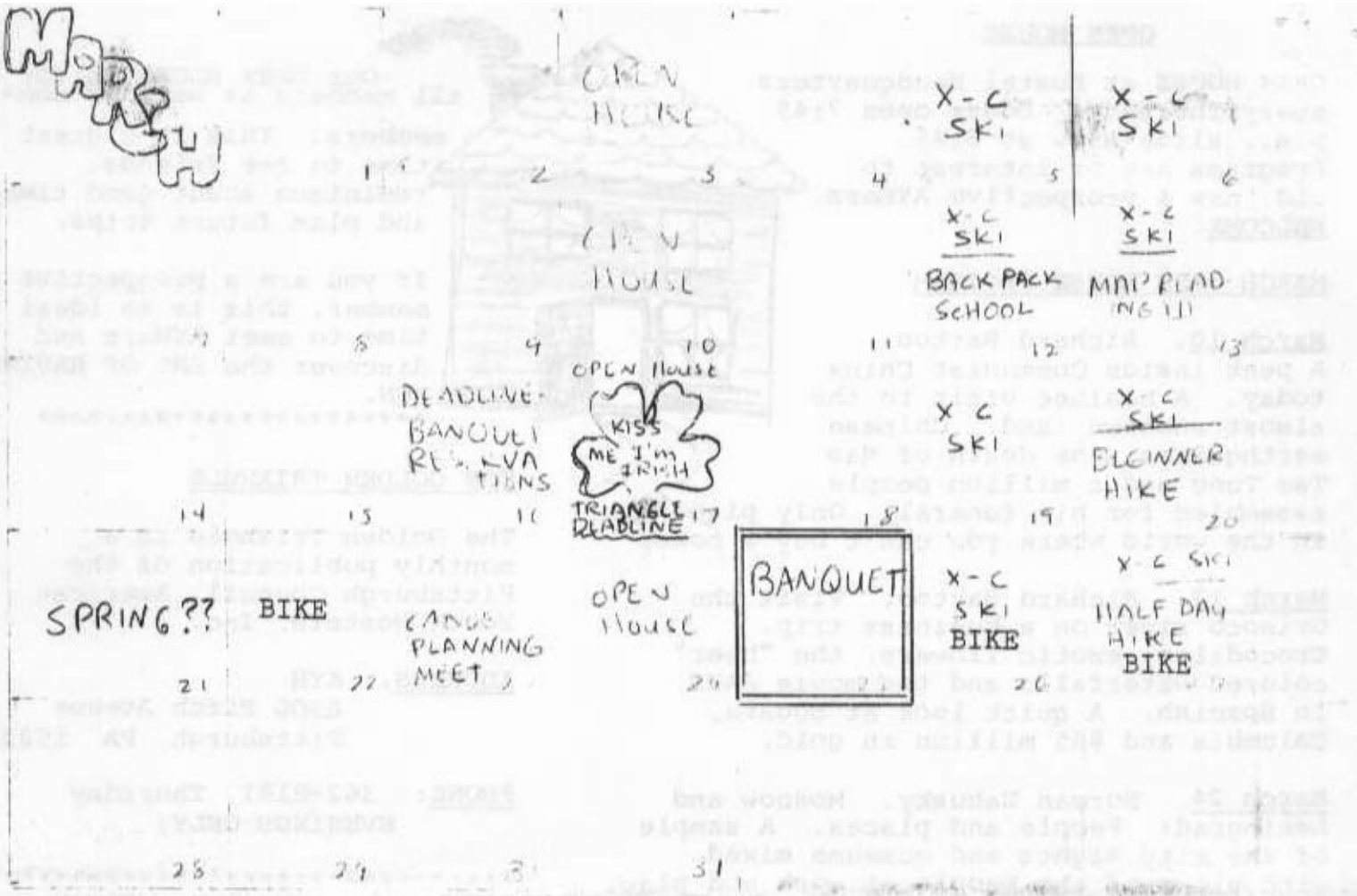
after the meeting to collate this newsletter.

DEADLINE FOR ALL ARTICLES FOR
APRIL ISSUE IS MARCH 17.

NOTE: We ask that you do not submit articles on odd-sized or half-sheets of paper. Please type or print double-spaced to facilitate our lay-out of the Triangle.

TYPING HELP WANTED-- the Triangle is in perpetual need of typists. Call Joan 621-3251.

March



PITTSBURGH COUNCIL
AMERICAN YOUTH HOSTELS, INC.
6300 FIFTH AVENUE
PITTSBURGH, PA 15232

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