

Pittsburgh Council AYH
GOLDEN TRIANGLE

April 1988

AYH
WORLD
ADVENTURE
YELLOW PAGES



Vol.39,#4



•FREE COPY•PLEASE DISPLAY•



AMERICAN YOUTH HOSTELS
PITTSBURGH COUNCIL
6300 Fifth Avenue
Pittsburgh, PA 15232
Phone (412) 362-8181

Pittsburgh Council of American Youth Hostels is a non-profit, volunteer organization dedicated to hostelling, outdoor education and self-powered recreation. We have many activities. The council has some rental equipment available for use on council trips. A full range of skill levels are offered, and we also offer courses in our activities so that you can upgrade your skills. Pittsburgh Council AYH maintains about 200 miles of trail in western Pennsylvania, writes and publishes several guides for people interested in outdoor activities, and maintains Ohiopyle State Park Youth Hostel.

Our headquarters is located near the corner of Fifth and Shady Avenues in Mellon Park. We are nestled between the Pittsburgh Center for the Arts and the Pittsburgh Civic Garden Center. Meetings are held every Thursday evening. The building opens at about 8 pm and the program starts around 8:15. Weekly trip announcements are made immediately following the program. Thursday evenings are the only time when you can be sure that a real person will answer the phone. A machine will answer at all other times; leave your name and address and you will receive a response to your message.

Pittsburgh Council trips are listed in the center of this issue. AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity notes, where you may find more information. After you have read over everything, call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring; ask where you'll be going. How late will you get home? What is all this going to cost you? AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental and any other expenses (we often stop at a restaurant on the way home).

Trips listed are open to the public, AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee. IN ADDITION non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee also covers insurance (\$1000 medical/ \$1000 accidental death or dismemberment).



PROGRAMS FOR APRIL

- April 7: Cycling in Vermont with Lyn and Chuck Ejzak.
- April 14: Hank Park explains the proposed "Rails to Trails" plan to extend hiking trails from Ohiopyle to the Potomac River.
- April 21: Climbing in Grand Teton National Park and other locations by Bob and Bev Dodson.
- April 28: Come see the beautiful film "Around South America" hosted by Kathy Pacacha.

Note: These may be the last AYH slide programs you will see this year unless you can help Bob Goff with some of your own pictures. If you have a slide presentation and would like to share it with the rest of us, please call Bob at 761-2837 to schedule a time slot.

Spring is in the air and active outdoor persons minds tend to wander to thoughts of ... WORLD ADVENTURE!!!

This special colorful issue of the Golden Triangle lets your mind (and fingers) wander through tasty tidbits of the many trips offered by AYH this year. See the yellow insert for a sampling of the many trips available. If you haven't already received your World Adventure Catalog, please use the coupon to request one for yourself - or for your friends.

Please include stamps to help with the postage. Thanks.

WORLD ADVENTURE 1988

ALPINE HIKE

A Hiking
Hostels, huts
16 days/\$1,675



Come discover the world's most breath-taking mountain range—the Swiss Alps! Enjoy the pleasures of alpine wandering—clean air, violet sunsets, and meadows aglow with fragrant wildflowers. This backpacking and mountain hiking trip leads you through the spectacular, unspoiled scenery of Switzerland.

OPPORTUNITIES

- Take on the challenge of glacier walks, high altitude hikes, and sudden unpredictable changes in the weather high in the Alps.
- Walk in the shadow of the North Face of the Eiger.
- Ride in a mountain cable car.

ITINERARY

- Day #
- 1 Depart U.S. (Newark, N.J.)
 - 2 Bern, Switzerland
 - 3 Zweisimmen
 - 4 Engelstigenalp
 - 5 Kandersteg
 - 6 Oeschinensee
 - 7 Griesalp
 - 8 Spielboden
 - 9 Grindelwald
 - 10-11 Meiringen
 - 12 Tinalp
 - 13 Brunn Pass
 - 14 Interlaken
 - 15 Bern, Switzerland
 - 16 Depart for U.S. (Newark, N.J.)

TRIP DATES

Adult 8/5-8/20; 7/15-7/30
Open 7/8-7/23

New Trip

FLORIDA FLING

Canoeing, cycling, snorkeling, sailing
Hostels, hotels
14 days/\$890

Discover the Sunshine State's finest natural treasures and experience the fun that Florida waters have to offer. Sail on Biscayne Bay, canoe the Everglades, explore famous historical sites and revel in the beauty and wilderness of the national parks. Cycling, snorkeling, hiking, and sponge diving are only a sample of the wide variety of activities that are available. Be a part of one of AYH's newest tours to the relaxing, warm, and sunny coast of Florida for an unsurpassed adventure!

OPPORTUNITIES

- Visit the world famous Kennedy Space Center, the site for NASA's launch missions and even space shuttle landings.
- Cruise on a glass-bottomboat and watch the marine life swimming beneath you.

ITINERARY

- Day #
- 1 Orlando, Florida
 - 2 Cocoa Beach
 - 3 Fort Lauderdale
 - 4-5 Miami Beach
 - 6 Fiesta Key
 - 7 Key West
 - 8 Flamingo/Everglades
 - 9 Everglades/Naples
 - 10 Cayo Costa Island
 - 11 Sarasota
 - 12 Tarpon Springs
 - 13 Crystal River
 - 14 Trip ends in Orlando

FINGER LAKES FLYER

C Cycling
Hostels, camping
9 days/ \$295

The Finger Lakes region of Western New York unfolds before you as you ride through this remarkably beautiful area. Winding backroads through rural countryside lead to plenty of small towns and infrequent cities. The pedaling is sometimes challenging but always rewarding as this trip shows you the best of the Empire State.

OPPORTUNITIES

- Tour one of upstate New York's famous wineries.
- Enjoy a Medieval Renaissance fair in Sterling.
- Walk along the historic Erie Canal, one of America's earliest canals.
- Enjoy the steep gorges in and around Taughannock Falls, the highest falls east of the Rockies.
- Stop to enjoy a meal at the renowned Moosewood Restaurant, where recipes for the famous cookbook were concocted.

ITINERARY

- Day #
- 1 Syracuse, New York
 - 2 Skaneateles
 - 3 Moravia
 - 4 Trumansburg
 - 5 Watkins Glen State Park
 - 6 Sampson State Park
 - 7 Cayuga Lake State Park
 - 8 Jack's Reef
 - 9 Trip ends in Syracuse

TRIP DATES

Adult 7/30-8/7; 8/20-8/28
Open 8/13-8/21; 9/17-9/25
Youth 7/16-7/24; 8/6-8/14

WESTERN WONDERS

Van
Hostels, camping
28 days/\$1,225

The sprawling, spectacular landscape of the West will haunt you forever. Let its colors both subtle and dramatic melt into your mind as you experience an endless display of canyons, rock formations, forests, mountains, and deserts. On this van tour, you'll explore America's most famous western national parks, camp under clear starry skies, and sample hostels in some of the most beautiful settings you've ever seen. A super treat for the nature lover and photographer.

OPPORTUNITIES

- Stop off for a look at Meteor Crater near Flagstaff, then see Sunset Crater National Monument and Oak Creek Canyon.
- Words cannot describe the mysterious splendor of the Grand Canyon, one of the Seven Wonders of the World. Stand on the rim and see for yourself.
- Voyage on the magnificent Yellowstone National Park to see Old Faithful and fields of geysers.
- Hike around Pikes Peak in Colorado Springs.

ITINERARY

- Day #
- 1 Group meets in Denver, Colorado
 - 2 Estes Park
 - 3 Colorado Springs
 - 4 Great Sand Dunes National Monument
 - 5-6 Durango
 - 7 Mesa Verde National Park
 - 8 Monument Valley, Utah
 - 9 Flagstaff, Arizona
 - 10-11 Grand Canyon National Park
 - 12 Zion National Park, Utah
 - 13-14 Bryce Canyon National Park
 - 15 Provo
 - 16-17 Salt Lake City
 - 18 Flaming Gorge National Recreation Area
 - 19-20 Grand Teton National Park, Wyoming
 - 21-23 Yellowstone National Park
 - 24 Laramie
 - 25 Grand Lake, Colorado
 - 26-27 Estes Park
 - 28 Trip ends in Denver

TRIP DATES

Adult 7/9-8/5
Open 6/25-7/22

The above is just a sample of the
64 trips listed in the new WORLD ADVENTURE
1988 catalog. For your free copy fill out
the form below:

NAME _____

ADDRESS _____

CITY/STATE _____

ZIP _____

MAIL TO: _____

Please include 4 first class stamps for postage.

AYH/WA'88, 6300 FIFTH AVE. PGH. PA. 15232



Pittsburgh Council
6300 Fifth Avenue
Pittsburgh, PA 15232

AT YOUR SERVICE

Service to the community is one of the best ways to spread the word about AYH and Hosteling. The efforts we make give the AYH a viable source of new members and funds. Among the events we participate in are the WQED Pledge and Auction, the Great Ride, Pittsburgh Marathon and the MS 150K. The WQED Pledge last December was a great success and lots of fun. Special thanks to Mary Ann Kasica, Linda Smithyman, Eugene Cohen, Bill Johnston, Joe Hoechner, Fred Mauk, Janet Stuckert, Ben Brugmans, Thea Mendelsohn, Maureen Cherry, Lyn Ejzak, Glenn Freundy, Steve Poprocky, Sal Cincino, Elaine Stolick, Jack Peth, Marta Hurwitz, and Tod Hinkelman for coming out on December 7th.



At the PA Cross Country Ski Association 10.6 km ski race on Feb. 13 at Hidden Valley, the AYH was represented by several diehards. Guiding racers at a critical point in the race a bearing extremely cold weather conditions were Cliff and Marilyn Ham, Nick Broskovich, Louise Bell, Marta and Steve Hurwitz.

PACCSA and Hidden Valley, who give AYH members trail discounts, appreciated the assistance and thanked the AYH publically at the awards banquet.

The gift of one's time is invaluable. Please say, yes, the next time someone asks for your help for one of the AYH service events.

SCHOLLS BICYCLE CENTER

649 Center Ave., West View
931-6711

Close Outs on '87s
Most '88s in stock

TANNING CHAIRPERSON SOUGHT

Thanks to the donation of tanning booths from a now defunct tanning salon this April 1st, Pittsburgh AYH can now offer that healthy outdoor look to city bound folks!

That's right, you too can fool your friends and neighbors into thinking you're an outdoors person while maintaining your couch potato lifestyle.

A chairperson is needed (no pale cavers need apply) to provide set up space, establish hours and rates and start a program of tanning trips. Contact Joe Hoechner for details.

PITTSBURGH



MARATHON '88

SUNDAY MAY 1st is MARATHON DAY

THIS YEAR THE PITTSBURGH MARATHON WILL HOST THE U.S. WOMAN OLYMPIC MARATHON TRIALS. WHILE THE AYH WILL NOT HAVE A WATERSTOP CREW THIS YEAR YOU MIGHT STILL LIKE TO SHARE IN THE FUN AND EXCITEMENT ON AN INDIVIDUAL BASIS. APPLICATIONS WILL BE ON THE HIKING BULLETIN BOARD OR;

PITTSBURGH MARATHON 638 USX TOWER PGH PA 15219 391-28

STANFORD HOUSE HOSTEL CYCLE TRIP, APRIL 15-17

Joe Hoechner is leading a spring shape-up weekend, limited to 12, to Ohio's nearby Stanford House Hostel. You can get the winter rust out of your bike by riding their "flat hills." Easy rides are available on park roads or quiet bike trails. For people shaping up to go to TOSRV, Joe has maps available for longer rides.

Cost will be approx \$35 with a \$20 deposit needed by Thursday, April 14th. Trip is limited to 12 Hostel members with sheet sacks, tools and 2 lunches. Group dinner Sat night is a good possibility. Call Joe at 242-0781 to reserve a space.





DEAR STEVE: We're a family that enjoys camping trips, but food preparation is always a problem. We seem to wind up eating the same things over and over, and would love some new ideas and suggestions. Do you know of any books that have simple recipes for outdoor cooking?

ANSWER: There are lots of interesting recipes in the AYH Outdoor Food Book, edited by Chris Reid and published by the Pittsburgh Council of American Youth Hostels (folks who are well versed in the mysteries of outdoor cooking). There are soups, main courses, breads, snacks, breakfasts, desserts, and all sorts of tasty goodies to prepare in the simplest way possible while camping or on a bicycling, hiking, or river trip. There's also information on planning your trip, the kind of equipment you will need, what ingredients you can prepare in advance at home, sample menus, how to dry food, how to use a camp stove, etc. The book is \$3 plus 72¢ for postage and handling (PA residents should also add 18¢ sales tax), and is available from AYH Books at the headquarters address. (The above question and answer about our "AYH Outdoor Foodbook" appeared in Steve Birnbaum's syndicated travel column, Nov. 14, 1987, in over 30 newspapers from coast-to-coast.

Thanks, Steve!

WAG '88 BICYCLE RALLY

The Western PA Wheelmen are sponsoring the 18th annual WAG weekend June 17, 18, 19 at Slippery Rock Univ. The school which is about 50 miles north of Pittsburgh provides housing in the dorms Fri and Sat nights along with meals, breakfast Sat through a bag lunch Sun. The campus campground is also available for those that prefer their tent.

The weekend schedule includes a variety of rides ranging from 12 to 102 miles, mostly in the flat to rolling terrain of Mercer County. A challenging century is also available for the stronger riders. All riders are given a set of maps and a queue sheet and the roads are marked for easy navigation.

The cost for the weekend is \$46 for those staying in the dorms. The registration deadline is June 1 for everyone except day participants who can register at the site. For more information and a registration form send a SASE to: Western PA Wheelmen, P.O. Box 6952, Pgh, PA 15212 or give Dave Greenwald a call at 412-327-7056.

WEST VA MS 150 BIKE TOUR

The MS150K bike tour is a two day ride through southeastern OH, and PA and northern WV's most scenic back roads. This is a great opportunity to meet new people from the tri-state area, win fantastic prizes, enjoy the outdoors and help fight Multiple Sclerosis.

The tri-state MS150K leaves from Bridgeport, OH at 8 AM on Sat, June 25 and Arrives back in Bridgeport on Sun, June 26 at approximately 4 PM. Full accommodations include food lodging, snacks and safety considerations are provided for both Sat and Sun. Snacks for the ride, first aid and rest stops every 12 to 15 miles for those who need them. A support truck will carry overnight gear so everyone will ride with ease.

To join the MS150K, all you need to do is send a \$25 registration to: MS150K Bike Tour, MS Society, 51 - 11th St., Wheeling, WV 26003, and raise a minimum of \$1 per Km (\$150) in sponsored pledges.



Schwinn Bicycles

KRAYNICK'S BIKE SHOP
EXPERT SERVICE

New, Used and Antique Bikes and Parts

For Sale or Trade

5003 Penn Ave., Pgh. PA 15224
(412) 621-6160



BICYCLING RETURNS

After a really miserable winter for skiing, it is great to be able to agree with the local weatherman when they talk about good weather. This month's bicycling is probably the most active April Schedule ever. There are 3 weekend trips and another single overnight trip. There is a weekday evening trip and a maintenance clinic and lots of day trips. You will find, however, that many of the trips this month are longer trips. The primary reason for this is because many of us are trying to get ourselves and our bicycles in shape for TOSRV which is scheduled for May 7-8. Next month we will have easier trips.

Even though we appeared to be dormant over the winter, the bicycling committee has been busy planning for the coming season. This year we are adding a couple of new weekend trips such as the C&O Canal over Memorial Day Weekend and a cycle camping tour to Presque Isle over July 4 weekend. We are retaining traditional favorite trips like Gettysburg weekend and Pymatuning weekend. The Bicycling committee has compiled a brochure listing our weekend trips for this season. They are available at HQ or by sending a self addressed stamped envelope to Chuck Ejzak, 6858 Wilson St., West Mifflin, PA 15122,



Bike Trip May 27-30

C&O Canal Towpath

**Bike along the 184 mile long C&O Canal tow path
Perfectly flat biking/hiking trail, no traffic allowed!
Through 3110 foot Paw-Paw tunnel
Numerous park and historic sites**



amp3 Nights at Hiker/Biker campsites along trail. (Panniers can be rented from AYH.)

Call Karen Hensley, 787-3001 or 421-2886 for more information or to sign up 5460 Pocusset, Pgh PA 15217

OLD RAILS BECOME NEW TRAILS

Across the U.S.A.

A nationwide movement to convert unused rail lines to trails is sweeping the nation.

According to a still-underway national inventory being conducted

by the Rails-to-Trails Conservancy (RTC), there are now trails on 95 abandoned rail corridors in 23 states with another 93 rail-trails on US Forest Service lands around the country. Moreover, RTC has heard from 74 other communities which are currently seeking to create trails on abandoned or soon-to-be abandoned rail right-of-ways.

The states with the largest number of rail-trails and the best-developed rails-to-trails programs include Wisconsin, Iowa, Minnesota, Illinois, Washington and Ohio. Other states with three or more rail-trails include New Jersey, California, Massachusetts and Virginia.

Creating a trail from an abandoned rail line is not as easy as one might imagine, according to RTC Program Director Peter Harnic. Not only is it difficult to get information about abandonments from the federal Interstate Commerce Commission, but the railroads often set unreasonably high prices for the land. Moreover, adjacent property owners are sometimes opposed to the establishment of a public trail near their homes or farms.

RTC is working to improve the public's awareness about rail abandonments and to help citizen group and public agencies follow the proper procedures in acquiring the corridors. The Conservancy has produced two manuals on the topic and has also been asked to provide information and assistance in many states where rail-trail proposals are stirring controversy. In addition, they are assisting citizens interested in forming local and statewide rails-to-trails coalitions, building on the models already in existence.

MOUNTAIN BIKE RENTAL DISCOUNTS

Hidden Valley will be giving any AYH member, who has their membership card with them, a 25% discount on their mountain bike rental rates. Last year they rented the bikes from the building near their outdoor pool behind the main restaurant at Hidden Valley. Hidden Valley is off Route 31, eight miles east of the Donegal exit of the turnpike.

6:30 - 9 pm
sales space FREE
equipment & clothing

MARKET

MARKET

MARKET

FLEA

FLEA

At: Civic Garden Center - Mellon Park - Shadyside
Fifth and Shady Avenues
Questions? call Bill Johnston 243-1945

[illegible]

TO HELP ALL, ESPECIALLY YOUNG PEOPLE, TO A GREATER KNOWLEDGE, UNDERSTANDING, AND LOVE OF THE WORLD BY PROVIDING FOR THEM YOUTH HOSTELS IN AMERICA AND BY ASSISTING THEM IN THEIR TRAVELS BOTH HERE AND ABROAD; TO ENABLE YOUTH, THROUGH HOSTELING, NOT ONLY TO ENJOY THE CULTURAL BENEFITS OF TRAVEL, BUT ALSO TO WIN THEM TO A KEEN APPRECIATION OF THE OUT-OF-DOORS THAT THEY MAY THEREBY DEVELOP HAPPIER, STRONGER, CLEANER AND MORE WHOLE-SOME LIVES; TO MAKE POSSIBLE THROUGH HOSTELING, WIDE FRIENDSHIPS THAT WILL LINK YOUTH WITH YOUTH THE WORLD OVER.

EXKURSION

1/3 OFF

ALL X-COUNTRY SKIS
AND ACCESORIES

With Coupon
Expires April 31, 1988

Exkursion is located in Monroeville at
4123 William Penn Highway

Phone: 372-7030

EPOKE SKIS

noritur



DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
3/31 4/3	T-S	Bike	B	Karen Hensley	787-3001 421-2886	6:00	Assateague Island, MD, 100 miles See description in March Newsletter. Bike tour in SE MD. Touring with panniers and camping along the Atlantic coast.
1	F	XC-ski	advanced				XC-ski to Zimbabwe. Bring lunch. usual time at HQ
1-3	FSS	Climb	Inter	Eric Bauer	687-0766		Wash. DC. Open to climbers that have top-roping experience. We will be climbing at Carderock and Great Falls. Rooms are \$15
2	sat	Hike					TO BE ANNOUNCED
2	Sat	Bike		Chuck Ejzak	466-6196	10:00	Elizabeth Township, Boston Bridge. 1st Annual AYH count-the-bunnies ride. Call to reserve and to request or offer a car pool to and from the start.
1-3	FSS	Backpack	easy/int	Joy Layton	421-3975	8:00	Probably the Susquehannock Trail.
3	Sun	Hike					TO BE ANNOUNCED
4	Mon	Canoe	All	Bill Whitehead	363-0365	7:30	Annual Planning Meeting at Gordon Bugby's, 262 Cascade Rd. Forest Hill
9	Sat	Bike		Judy Menosky	242-1573	8:30	50 miles in the North Hills. Terrain is generally rolling with some hilly sections. A good early season ride for competent riders. Call ahead to reserve a space.
9	Sat	Hike	Inter	Glenn Oster	364-2864	8:00	Kooser Fire Tower Trail.
9	Sat	Climb	Maint				AYH/ECP High Rocks Cleanup. Let's see how many bags of broken glass and other trash we can collect. A joint effort with the Explorers Club.
10	Sun	Mt. Bike	Inter	Nick Broskovich	863-1993		
10	Sun	Hike	Easy	Ben Brugmans	736-2751	9:00	Wildflower walk at Raccoon Creek Wildflower Reserve.

Bikes and more...

at

Baker's Bicycle Centers, Inc.

SCHWINN

**10 speeds &
Mountain Bikes**



BMX Bikes by Schwinn; Redline; GT; Dyno;
Diamond Back;
Cyclecraft

- Complete BMX Pro Service
- Largest stock of Pro equipment
in Pittsburgh...
Skateboarding, BMX & Freestyle

— Also in Stock —

Schwinn exercise &
training equipment



Sunbaster Performance Sports Apparel
Nike Cycling Clothing & Cycling Shoes

Bakers Bicycle Center, Inc.

2693 W. Liberty Avenue
Pittsburgh, PA 15216
343-4230
8 mph from Downtown Pittsburgh



6270 Liberty Road
Bethel Park, PA 15102
854-2440
Only minutes from South Park

WHAT TO BRING ON A BIKE TRIP

Bring a spare tube and a patch kit and an emergency 25¢ for a telephone call. You should have at least one water bottle and a frame mounted tire pump. Bring a rain jacket and rain pants if the weather may be wet or cold. Also good idea to bring: folding spare tire, freewheel remover and spare spokes, plastic tire levers and tools (screwdriver, 5mm and 6mm hex wrenches, and 6 inch adjustable wrench).

A bicycle helmet is mandatory on all AYH rides. We strongly urge you to use one for all your cycling; however, rentals are available for AYH trips. Cycling gloves (available from the council stores and bike shops) are good to wear if you like your hands. Sunglasses or other eye protection is recommended.



RACE TO NOPLACE

The AYH and the Western PA Wheelmen sponsored a joint entry in the Race to Noplace which was held to raise money for the Heart Association. The Race to Noplace is an annual event held at the PPG Place winter-garden. Participants raise money by getting sponsors based on the distance covered by the rider. Our decision to enter the event was made after the newsletter for Feb was sent out so we did not have a chance to let everyone know, but we were rather successful in keeping our exercise bike occupied for the 24 hour period.

Thanks to all who participated, but especially Karen Hensley who covered the 2:00AM to 3:30 AM shift (after the AYH skating party Friday night) and to Dino Angelisi who did one shift around midnight Fri and a second shift around 8:30 AM Sat. This was a really neat event to give people something to do between skiing and bicycling seasons.

THE ULTIMATE BIKE TREK!

Spend the weekend with round-the-world cyclists

ROGER AND BETSY KALTER of Marietta, Ohio
at the

BLUE AND GRAY RALLY

June 24-26 Gettysburg College

Also 125th Anniversary Celebration
of the BATTLE OF GETTYSBURG

Bike Train Low Cost Limited to 200

BICYCLING FEDERATION OF PA.

413 Appletree Rd., Camp Hill, PA 17011

(717) 761-3388 Write or call for Application

Taken from Rock and Ice Magazine

Ode to the Gendarme

We climb these towers...

"Not so much because they're there,
but rather because they might not
be there much longer."

Layton Kor



DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
------	-----	----------	-------	--------	-------	------	-------------

10	Sun	Bike	C	Fred Parker	856-4713	9:30	Allegheny River, 25 miles. Tour along the Allegheny River with Fred. The terrain is basically flat with the only climb being the one from the river to HQ. Bring money for a snack or two along this ride.
----	-----	------	---	-------------	----------	------	--

12	Tue	Bike	B	Karen Hensley	787-3001	6:00	Evening Cycle, 20 miles. Celebrate the return of Daylight Savings Time with an early season evening cycle. The ride starts from the RIDC park near Greater PGH Airport. Call Karen for details.
----	-----	------	---	---------------	----------	------	---

15-17	FSS	Bike	B/C	Joe Hoechner	242-0781	6:30	Stanford House Hostel Cycle Weekend. Get in shape for TOSRV. Limited to 12 riders. see story this issue.
-------	-----	------	-----	--------------	----------	------	--

16	Sat	Trail Maint		Pete Srinl	683-3611	8:00	Call for information.
----	-----	-------------	--	------------	----------	------	-----------------------

16	Sat	Hike	Inter	Pat Tiegan	561-3286	8:00	Rt 653 to Rt30 on the Laurel Highland Trail.
----	-----	------	-------	------------	----------	------	--

16	Sat	Cave	Begin	Paul Herre	653-7934		Con Cave. A fissure passage with some flowstone formations and dome room
----	-----	------	-------	------------	----------	--	--

16	Sat	Climb	Begin				Coopers Rocks.
----	-----	-------	-------	--	--	--	----------------

16	Sat	Bike	B	Dino Angelisi	787-5624	9:00	Settlers Cabin, 40 miles. Ride through a pleasant rural area in SW Allegheny County. The terrain is mostly rolling with some flat sections and a few long climbs. Call Dino for info and reservations.
----	-----	------	---	---------------	----------	------	--

17	Sun	Hike	Int/Adv	Jack Peth	921-7214	8:00	12-15 miles at a fast pace. Ohipile or Bear Run.
----	-----	------	---------	-----------	----------	------	--

17	Sun	Bike	C	Mike Hurwitz	422-9204	9:00	25 miles. Scenic tour in SW Washington County. Rural area with rolling terrain Call ahead to reserve a space.
----	-----	------	---	--------------	----------	------	---

20	Wed	Bike		Chuck Ejzak	466-4196	7-9	Maintenance Workshop. Bring your bike to HQ along with some rags. Beginner's workshop dealing with basic on-the-road repairs. \$2 donation.
----	-----	------	--	-------------	----------	-----	---

22-23	FS	Cave		Norm Snyder	351-4068		Cave trip to WV. See miles of cave. Leave Fri night return Sat night or Sun morning.
-------	----	------	--	-------------	----------	--	--

Wind & Water Boatworks

**W. Pa.'s Outfitter for the
sailing, rowing and
paddling enthusiast.**

- Precision, Alcort, Island Sailboats
- Hobie Cat — Catamarans
- O'Brien Sailboards
- Mohawk & Grumman Canoes
- Seda Kayaks
- Boston Rowing Shell
- Plus custom equipment installations,
bottom painting and rigging service

**SALES
SERVICE ACCESSORIES**

**WIND & WATER
BOATWORKS**

586-2030

Route 8
10 Miles North of Turnpike
8 Miles South of Butler
Regular Hours: M, W, F, 9-5; T, Th 9-4



Wetsuits, Drysuits

KAYAGEUR'S
STORAGE AND FLOTATION BAGS

WESTERN PENNSYLVANIA WHITEWATER CANOE SCHOOL

This school provides individuals with the opportunity to learn modern river running techniques, group leadership responsibilities, and river safety. The program is designed for beginners and intermediate paddlers who want to learn whitewater skills and improve their technique.

Date: April 29 7PM to May 1 5PM.

Accommodations: Camp Allegheny,
Ellwood City, PA.

This school is a perennial favorite among AYHers, so sign up early. For more information and registration material contact: Western Pa White-water School, c/o Tim Ramsey, Dept. of Physical Education, Slippery Rock University, Slippery Rock, PA 16057 or phone (412)794-7806 or 794-7330.



KAYAKING

AYH beginning Kayaking schools are held once a month, June through September, each summer. These schools provide an introduction to the exciting sport of white water kayaking. They are open to complete beginners (those who have never been in a kayak before) and to those who have never kayaked on white water before. The schools last an entire weekend and include an overnight stay at a youth hostel. The first day of the school is spent learning the basic skills of kayak paddling on a nice, calm lake. The second is spent developing those skills on a very easy (Class I-II) white water river. The tentative dates for the 1988 beginner schools are: June 4-5, July 9-10, August 13-14, and Sept. 10-11. Space is very limited and preference will be given to AYH members, so sign up early. Call Lou Conley at 681-8321 for further information.

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
23	Sat	Hike	Int	Pete srini	683-3611 788-6960		Hike the Quebec Run Nature Area. About 11-13 miles.
24	Sun	Cave	Begin	John Popp	885-2126		Harlensburg Cave. A maze of similar passages, mud, ruby room, mud and mud.
24	Sun	Hike	Inter	Tom Kaveney	276-8044	8:30	Quebec Run.
24	Sun	Hike	Easy	Ben Brugmans	736-2751	9:00	Wildflower Walk. Raccoon Creek Wildflower Reserve.
24	Sun	Bike	A	Lou Conley	681-8321	8:30	64 miles. 4th Annual Pgh Marathon Bike ride. Bring money for lunch on the 2nd time around the course. Call for info and reservations.
24	Sun	Bike	C	Lou Conley	681-8321	11:30	32 miles. Leisurely afternoon ride for the 2nd half of the above. Call Lou for info and reservations.
4/30	SS	Work Party	All	Joe Hoechner	242-0781		Ohioyle work party/open house. See stor this issue. Call Joe for info and reservations.
30	Sat	Hike					Call Jack if you would like to trip this day.
30	Sat	Bike	A	Bill Johnston	243-1945	8:00	85 miles. TOSRV get in shape ride. Leave from HQ. Call Bill for details.
4/30	SS	Bike	C	Joe Hoechner	242-0781	7:00	20 miles. Stay overnight at the Ohioyle Hostel and bike on Sat. Call to reserve.
5/1							
1	Sun	Hike	Easy	Marilyn Ham	687-4520	8:00	Wildflower Walk. To be announced.
1	Sun	Bike	B	Joel Hough	221-4093	9:15	50 miles. Bridgeville. Terrain varies from flat to rolling with few long climbs
1	Sun	Cave	Begin	Jerry Munnell	228-8218 663-5344		Barton's Cave. Be reborn in the birth canal, or relax in the attic.
Any		Your choice		Self guided	329-4476		Enjoy spring in the beautiful Laurel Highlands from headquarters at the Ohioyle Hostel. Call for reservations:
7	Sat	Cave	Begin/Int	Paul Herre	653-7934		Loyalhanna Creek Cave. Interesting entrance, tight squeezes, and the crypt.

KAYAKING CHAIRMAN NEEDED

One of the two AYH kayaking chairmen will be retiring at the end of the summer of 1988 and a replacement will be needed at that time so the search must start now! If you think you might be interested in running or helping to run the AYH kayaking program in the future, now is the time to speak up. No previous kayaking experience is needed, just a willingness to learn and a desire to lead and to help others experience the exciting sport of white water kayaking. We can teach you all you need to know in order to be a co-chairman during the spring and summer of 1988 and after that there will always be an experienced person available if you should need any help or information. So, if you have any interest in this area at all, give Lou Conley a call at 681-8321 and find out what would be involved and how you can help. The kayaking program has been one of the most successful activity programs here at the AYH over the last five or six years and now we need some help in order to continue that success. You could be the person that we need - call today and find out, only adventure awaits you!



PADDLING EQUIPMENT FOR SALE

The AYH kayaking program will be selling some used equipment this winter. Up for sale will be 11 Norse kayak paddles in various lengths, 10 Extrasport PFD's (life jackets) in sizes S, M, & L, 8 sets of kayak bow floatation bags, and possibly 1 or 2 helmets. The prices for these items will be based on the condition that they are in when sold. None of the equipment will be sold until the replacement items currently on order are received. Call Lou Conley at 681-8321 for more details.

CANOE FOR SALE

Experienced ABS white water Canoe (excluding inflatable airbags) is being sold. Manufactured by Mad River, one of the most respected names in canoe manufacturing. The canoe is in sturdy condition with many years of use left in it. The canoe can be seen at HQ on any Thursday night during the meeting. Sealed bids can be sent to: Canoe Chairman, c/o Pgh Council AYH, 6300 Fifth Ave., Pgh, PA 15232. Minimum bid is \$250. Deadline for bids is April 7th. For information please call Bill Whitehead at 363-0365.

CANOEING ANNUAL PLANNING MEETING APRIL 4, 1988 7:30 PM

All interested canoeists are welcome to attend the annual canoeing planning meeting at the home of Gordon Bugby, 262 Cascade Road, Forset Hills. Topics will involve canoe trips for the following season, school, leadership training and equipment. If you have any questions call Bill Whitehead at 363-0365 or Rick Tomlinson at 963-8910.

AMBRIDGE BIKE & SPORTS CENTER

510 MERCHANT STREET, AMBRIDGE, PA. 15003
PHONE: (412) 266-1111

*** SPRING "BLOWOUT" SALE ***

COME IN AND SEE OUR LARGER AND NEWLY REDESIGNED STORE!

"SOFTSHELL" HELMETS

PROTEC MIRAGE - \$40- \$36
VETTA SUPERCORSA - \$50- \$40
GIRO PROLIGHT - \$70- \$59

"CLICK-IN" PEDALS

LOOK SPORT - \$80- \$65
SHIMANO LOOK - \$100- \$120

SPECIAL BIKE DEALS

GREAT PRICES ON CANNONDALE ATB AND ROAD BIKES
SPEC. TEAM ALLEZ (CUSTOM DAVE TESCH FRAME) ~~\$700~~ \$1200
DIAMOND BACK ARRIVAL ATB - '88 PRICE \$900 SALE \$700

COMPLETE CLOSEOUT ON FRAMESETS

NO REASONABLE OFFER REFUSED!

100% WOOL JERSEYS - \$40- \$20!

"FIT KIT" CUSTOM BIKE SIZING AND CLEAT PLACEMENT SYSTEM

YES WE HAVE THE NEW TREK CARBON FIBER BIKE IN STOCK!

NOTES AND ODDS AND ENDS

Climbing

Beginner trips are open to everyone. All you need is a pair of tennis shoes and the desire to have some fun. Trips leave HQ at 7 AM and return around 8 PM, after a stop for a swim (weather premitting) and dinner. Contrary to popular belief, climbers are not brain dead mutants with a death wish. We do like to have a good time though, so come on out and climb a rock!

ACTIVITIES BOARD MEETING

The AYH Activities Board meeting will be held on April 6th at 8:00 PM at the home of Pat Tieman, 52 Greenbriar Dr. All are welcome to attend. For directions call Pat at 561-3286.

REFRESHMENTS will be served at the flea market and special meeting held on May 5th. If you can, bring your specialty or a letre of pop. Call Carla Steele at 921-2069 for details.

CELEBRATE SPRING at Klaer Lodge near Cooper's Rocks, West Virginia! (Morgantown weekend) May 20, 21 and 22. Climbing, mountain biking, hiking and the Cheat River are all nearby. The \$20 for the weekend includes accomodations, 2 snakes, 2 breakfasts and one dinner. Space is limited. Reserve a place before May 5th. Call Eric Bauer at 687-0766 if you are going to climb. Send the application and fee to Carla Steele at 175 Grasmere St., Pittsburgh, PA 15205 or call 921-2069.

NAME: _____

ADDRESS: _____

PHONE: _____

I can drive: _____

I need a ride: _____

THANKS AND A TIP OF THE HAT TO...

Jack Peth and Fred Parker for fixing the sound system at Headquarters.

Larry Laude

THE GOLDEN TRIANGLE

The Golden Triangle is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

COEDITORS: Joy Layton 412-442-1995
Veronica Riegel 681-6569

American Youth Hostels Inc
Pittsburgh Council
6300 Fifth Ave.
Pittsburgh, PA 15232

PRODUCTION Don Hoecker

MAILING Roy Weil

ADVERTISING Sandi DiMatteo

HOSTEL REPORTER Cheryl Arnold

DESIGN AND COVER Joe Hoechner

DEADLINES FOR THE MAY ISSUE

April 7 -- All submissions.

April 21 -- Production



Hi Gang! Just a few notes from the editor to make your day. First of all, you will notice the troubled individual above. This is a good facsimilie of Bob Goff as he spends many a sleepless night wondering if he will be able to fill next months slide presentation list. If you can help him, please give him a call at 761-2837. Another point of interest to ya'll is the opening of a branch hostel of the Pgh Council in Boulder, CO. Mark and Ellen Chance are the hostel parents. If you would like reservations, write to them at 435 Marine St., Boulder, CO 80302. A last note concerning submissions to the newsletter. As Joy and I trade the production of this fine tome it is necessary for ya'll to mail all submissions to us.

How Do I Choose a Trip?

To make the right trip choice, ask yourself some key questions first: Do I want to bicycle, hike, or go by motorized vehicle? Where and when do I want to travel? Am I a beginning, intermediate or expert bicyclist or hiker? Do I want to travel with people my own age or with a mixed age group?

Remember, all trips are geared to people who are in good physical condition.

Consult the appropriate section of this catalog for Bicycle Trips, Hiking Trips, Motor Trips, and Adventure Trips. Read the introductory material at the beginning of each section and select the itinerary that best suits you.

What Does the Trip Price Include?

In general, for all trips, the price includes lodging (plus tents, cooking utensils, and stoves when camping), group-prepared meals, transportation from the starting point to the ending point of the trip, a group activities budget, as well as administrative and leadership costs.

International trip prices include round-trip airfare except for some trips starting and ending in Canada. European groups are transported on discount airlines.

Also included is a free day-long pre-trip orientation at various locations around the country on selected dates. This program is designed to answer questions and to help you prepare for your trip. We also think you'll have a lot of fun. A schedule of these gatherings will be sent to you upon receipt of your trip application.

For additional information, see the applicable section on Bicycle Trips, Hiking Trips, Motor Trips, and Adventure Trips.

Note

The "Opportunities" listed with each trip description represent the type of options which may be funded, once en route, at the group's discretion within the limits of the group activities budget and are not guaranteed.

What could be more exhilarating than seeing the world on a bicycle? On two wheels, you can travel 5 or 50 miles in a day's time, never leaving the convenience of roadside amenities. Cycling keeps you in shape and in close touch with the land—its colors, its sounds, its smells. AYH bicycle trips offer something for every skill level. No trip is "easy," but some trips are easier than others. You need to be in sound physical condition and should know your limits before signing up.

What to Expect on a Bicycle Trip

A short "C" rated trip is a good trip for beginners. Since all trip members carry their own gear as well as a portion of the group's food and equipment, it may be wise for a beginner to choose a non-camping trip to avoid the extra weight of camping supplies.

Actual routes based on published itineraries are chosen by the group in consultation with the leader, and all participants are required to follow the daily route so selected. Routes usually are state or county roads, with bike paths or declared bike routes chosen whenever possible.

Skill Ratings

- A Bicycling tough terrain, averaging 50+ miles per day
- B Bicycling some rough terrain, with some days averaging 40-50 miles
- C Bicycling moderate terrain, averaging 35 miles per day.

World-on-a-Shoestring

We've expanded our popular Europe-on-a-Shoestring program with exciting new additions for 1988! In fact, we're going to so many new places in 1988—both in Europe and other international destinations—that we're now calling our mini-vacation program World-on-a-Shoestring.

This exciting travel concept includes adventure-packed itineraries to destinations around the globe. There are cycling, hiking, motor and adventure trips to new international destinations like Guatemala, Iceland, Venezuela, Canada, and Mexico—to name a few!

World-on-a-Shoestring trips are extra special because they're designed for the traveler with limited vacation time. All tours are 16 days long, and are scheduled so as to include three week-ends. Best of all, every World-on-a-



Shoestring trip is bargain-priced. All tours are priced under \$2,000 and some for under \$1,000 COMPLETE! This includes round-trip airfare from the U.S. (New York area), all meals and lodging, land transportation while on the trip (if applicable), and all the fine standard features of any World Adventure tour.

Look for the distinctive World-on-a-Shoestring insignia which identifies these very special trips. If you don't have time for a long vacation, or if you can't afford other trips abroad, World-on-a-Shoestring is your ticket to international adventure in 1988!

What is Not Included in the Trip Price?

Not included in the trip price are your AYH membership card, personal gear and spending money, transportation to the starting point and from the ending point back home, passport and/or visa if required, the cost of individual side trips, excess baggage charges, and the sheet sleeping sack required at all U.S. hostels and most foreign hostels.

What Are the Age Groupings?

There are several age groupings for World Adventure tours. Look for these designations at the end of each trip description.

Normally, groups consist of nine participants and one leader, unless otherwise indicated.

Group	Age	Destinations
Adult	18 & over	All
50+	50 & over	All
Open	Mixed ages	All
Youth	14 to 18	U.S.
	15 to 18	International
Special Youth	12 to 13	U.S. only

What to Expect on a Hiking Trip

To get the most out of your hiking trip, you must be in good physical condition and should know your limits before signing up. A short "C" rated trip is a good choice for beginners. Since all participants on backpacking trips carry their own gear as well as a portion of group food and equipment, it may be wise for a beginner to select a day hiking trip, which does not involve carrying more camping or other equipment than is needed for the day.

Many AYH backpacking trips use backcountry campsites, and because of this they often are unreserved or reserved by the group leader just prior to departure. Because backcountry trips allow the group freedom of choosing its overnights and trails, it is essential that everyone remain flexible.

In an effort to protect nature so that others may enjoy it, AYH group leaders enforce environmental awareness practices. Our environmental concern also may limit some hiking trips to groups smaller than the standard 10 members.

Skill Ratings

- A 10+ miles per day and/or mountainous terrain and/or elevations over 8,000 feet.
- B 6-10 miles per day and/or hilly terrain and/or elevations 4,000-8,000 feet.
- C 4-7 miles per day and/or moderately hilly terrain and/or elevations under 4,000 feet. (Introductory and day hikes)

American Youth Hostels has been a leader in low cost travel for over 50 years. This year's expanded World Adventure travel program is our best yet, unparalleled in exciting adventures you'll never forget.

Choose from 64 different itineraries: Experience salt-sprayed Cape Cod, the majestic Rocky Mountains, the lush California coast. Discover Old World Europe, Down Under New Zealand, wild Kenya. We've got something for everyone—bicyclists, hikers, canoeists, beginners or experts, and those who prefer the easy life of motorized travel.

Make this year your year for a unique vacation adventure. Come with us for the best in low cost travel. No one knows low cost travel like AYH.

The AYH Difference

AYH designs its trips for the adventurous person of any age. Many trips are planned for certain age groups, others are open to all. Every group is accompanied by a trained trip leader.

Travelers stay overnight primarily in hostels. The famous worldwide network of over 5,000 hostels features simple, secure lodgings that make our trip prices so attractively low. Some itineraries also include other low cost quarters such as budget hotels, lodges, Y's, pensions or campgrounds.

You'll find a lot of flexibility built into your AYH trip. Once en route, if your group and its leader vote to see special sights or make certain changes in the established itinerary, you are free to do so.

What is AYH?

Since 1934, AYH has provided quality travel and educational experiences to generations of Americans. Today, as we begin our 54th year, there are over 80,000 AYH members and 39 local AYH councils.

Headquartered in Washington, D.C., AYH is a non-profit, non-political, non-sectarian organization working exclusively for the purpose of education through travel. Its membership is open to any individual, family or non-profit group. AYH is supported solely by membership dues, program fees, and tax-deductible contributions.

Along with the hosting associations of 63 other nations, AYH is affiliated with the International Youth Hostel Federation based in London, England. IYHF represents four million hostellers worldwide.



(OVER)



WORLD ADVENTURE 1988

ALPINE HIKE

A Hiking
Hostels, huts
16 days/\$1,675



Come discover the world's most breath-taking mountain range—the Swiss Alps! Enjoy the pleasures of alpine wandering—clean air, violet sunsets, and meadows aglow with fragrant wildflowers. This backpacking and mountain hiking trip leads you through the spectacular, unspoiled scenery of Switzerland.

OPPORTUNITIES

- Take on the challenge of glacier walks, high altitude hikes, and sudden unpredictable changes in the weather high in the Alps.
- Walk in the shadow of the North Face of the Eiger.
- Ride in a mountain cable car.

ITINERARY

- Day #
- 1 Depart U.S. (Newark, N.J.)
 - 2 Bern, Switzerland
 - 3 Zweisimmen
 - 4 Engelstigenalp
 - 5 Kandersteg
 - 6 Oeschinensee
 - 7 Griesalp
 - 8 Spielboden
 - 9 Grindelwald
 - 10-11 Meiringen
 - 12 Tinalp
 - 13 Brunn Pass
 - 14 Interlaken
 - 15 Bern, Switzerland
 - 16 Depart for U.S. (Newark, N.J.)

TRIP DATES

Adult 8/5-8/20; 7/15-7/30
Open 7/8-7/23

New Trip

FLORIDA FLING

Canoeing, cycling, snorkeling, sailing
Hostels, hotels
14 days/\$890

Discover the Sunshine State's finest natural treasures and experience the fun that Florida waters have to offer. Sail on Biscayne Bay, canoe the Everglades, explore famous historical sites and revel in the beauty and wilderness of the national parks. Cycling, snorkeling, hiking, and sponge diving are only a sample of the wide variety of activities that are available. Be a part of one of AYH's newest tours to the relaxing, warm, and sunny coast of Florida for an unsurpassed adventure!

OPPORTUNITIES

- Visit the world famous Kennedy Space Center, the site for NASA's launch missions and even space shuttle landings.
- Cruise on a glass-bottomboat and watch the marine life swimming beneath you.

ITINERARY

- Day #
- 1 Orlando, Florida
 - 2 Cocoa Beach
 - 3 Fort Lauderdale
 - 4-5 Miami Beach
 - 6 Fiesta Key
 - 7 Key West
 - 8 Flamingo/Everglades
 - 9 Everglades/Naples
 - 10 Cayo Costa Island
 - 11 Sarasota
 - 12 Tarpon Springs
 - 13 Crystal River
 - 14 Trip ends in Orlando

FINGER LAKES FLYER

C Cycling
Hostels, camping
9 days/ \$295

The Finger Lakes region of Western New York unfolds before you as you ride through this remarkably beautiful area. Winding backroads through rural countryside lead to plenty of small towns and infrequent cities. The pedaling is sometimes challenging but always rewarding as this trip shows you the best of the Empire State.

OPPORTUNITIES

- Tour one of upstate New York's famous wineries.
- Enjoy a Medieval Renaissance fair in Sterling.
- Walk along the historic Erie Canal, one of America's earliest canals.
- Enjoy the steep gorges in and around Taughannock Falls, the highest falls east of the Rockies.
- Stop to enjoy a meal at the renowned Moosewood Restaurant, where recipes for the famous cookbook were concocted.

ITINERARY

- Day #
- 1 Syracuse, New York
 - 2 Skaneateles
 - 3 Moravia
 - 4 Trumansburg
 - 5 Watkins Glen State Park
 - 6 Sampson State Park
 - 7 Cayuga Lake State Park
 - 8 Jack's Reef
 - 9 Trip ends in Syracuse

TRIP DATES

Adult 7/30-8/7; 8/20-8/28
Open 8/13-8/21; 9/17-9/25
Youth 7/16-7/24; 8/6-8/14

WESTERN WONDERS

Van
Hostels, camping
28 days/\$1,225

The sprawling, spectacular landscape of the West will haunt you forever. Let its colors both subtle and dramatic melt into your mind as you experience an endless display of canyons, rock formations, forests, mountains, and deserts. On this van tour, you'll explore America's most famous western national parks, camp under clear starry skies, and sample hostels in some of the most beautiful settings you've ever seen. A super treat for the nature lover and photographer.

OPPORTUNITIES

- Stop off for a look at Meteor Crater near Flagstaff, then see Sunset Crater National Monument and Oak Creek Canyon.
- Words cannot describe the mysterious splendor of the Grand Canyon, one of the Seven Wonders of the World. Stand on the rim and see for yourself.
- Voyage on the magnificent Yellowstone National Park to see Old Faithful and fields of geysers.
- Hike around Pikes Peak in Colorado Springs.

ITINERARY

- Day #
- 1 Group meets in Denver, Colorado
 - 2 Estes Park
 - 3 Colorado Springs
 - 4 Great Sand Dunes National Monument
 - 5-6 Durango
 - 7 Mesa Verde National Park
 - 8 Monument Valley, Utah
 - 9 Flagstaff, Arizona
 - 10-11 Grand Canyon National Park
 - 12 Zion National Park, Utah
 - 13-14 Bryce Canyon National Park
 - 15 Provo
 - 16-17 Salt Lake City
 - 18 Flaming Gorge National Recreation Area
 - 19-20 Grand Teton National Park, Wyoming
 - 21-23 Yellowstone National Park
 - 24 Laramie
 - 25 Grand Lake, Colorado
 - 26-27 Estes Park
 - 28 Trip ends in Denver

TRIP DATES

Adult 7/9-8/5
Open 6/25-7/22

The above is just a sample of the 64 trips listed in the new WORLD ADVENTURE 1988 catalog. For your free copy fill out the form below:

NAME _____

ADDRESS _____

CITY/STATE _____

ZIP _____

MAIL TO: _____

Please include 4 first class stamps for postage.

AYH/WA'88, 6300 FIFTH AVE. PGH. PA. 15232



Pittsburgh Council
6300 Fifth Avenue
Pittsburgh, PA 15232



AMERICAN YOUTH HOSTELS INC.
PITTSBURGH COUNCIL
6300 FIFTH AVE.
PITTSBURGH, PA. 15232

OFFICIAL MEMBERSHIP APPLICATION

Amount and Membership Types Available:

- ☐ \$ 10.00 Youth (17 years and under).
 - ☐ \$ 20.00 Adult (18 years to 54).
 - ☐ \$ 10.00 Senior Citizen (55 years and over).
 - ☐ \$ 30.00 2 yr. Adult (18 years to 54).
 - ☐ \$ 30.00 Family (includes children under 18 years).
 - ☐ \$ 200.00 Life (Individual lifetime membership).
 - ☐ \$ 18.00 Foreign Nationals (including Canadians).
 - ☐ \$ 1.00 Postage (for each Membership or International Handbook ordered).
- (You can save postage by purchasing these items at our Open House Meetings)

NOTE: International Hostel Handbooks are available for \$ 8.00 each at Pittsburgh Council Headquarters (Thursday nights 8-10 PM) Volume I (Europe and the Mediterranean) and Volume II (Africa, America, Asia and Australia). Make all checks payable to "Pittsburgh AYH".

NAME: (Last) (First) (Middle)
STREET: (Permanent Address Only)
CITY: State Zip Code

BIRTHDATE: Month Day Year Phone #
Were you a member of AYH this past year? Yes No
When do you need card? (Signature of Applicant)

If you wish Membership Card sent to a temporary address, give same below:

CARE OF: STREET STATE ZIP CODE
CITY: STATE ZIP CODE

AYH MEMBERSHIP BENEFITS:

International Hostel Membership Card plus Council I.D. Card good for discounts at local bike shops and outfitters.

U.S.A. Hostel Handbook.

"The Knapseck", National A.Y.H. Travel Newsletter.

"The Golden Triangle", Pittsburgh Council's Newsletter of Trips and Activities.

Open House Thursday nights 8:00 p.m. at Council Headquarters.

Access to National travel programs and Leadership Training Courses.

(NOTE: Memberships valid from Sept. 1 to Dec. 31 of the following year.)



AMERICAN YOUTH HOSTELS, INC.
Pittsburgh Council
6300 Fifth Ave.
Pittsburgh, PA 15232

ACTIVITIES MEMBERSHIP APPLICATION

Membership Types Available: (does not provide access to AYH hostels)

- ☐ \$ 5.00 Youth (17 years and under)
- ☐ \$ 5.00 Senior Citizen (55 years and over)
- ☐ \$ 10.00 Adult (18 years to 54)
- ☐ \$ 15.00 Family (includes children under 18 years)
- ☐ \$ 1.00 Postage and Handling (for each membership ordered)

Note: A full AYH membership or a hostel guest membership is required for access to AYH and international hostels. An AYH membership also includes the current U.S. Hostel Handbook.

Make all checks payable to "Pittsburgh AYH" (include \$1.00 postage). Thank you!

NAME: (Last) (First) (Middle)

STREET:

CITY: STATE: ZIP:

BIRTHDATE: Month Day Year PHONE:

Were you a full member of AYH this past year? Yes No

SIGNATURE:

Pittsburgh AYH Activities Membership Benefits

Council Membership Card good for discounts at local bike shops and outfitters.
Ability to upgrade to full hostel membership at any time for difference in fee.
Access to local Pittsburgh AYH trips without paying non-member fees.
The Knapseck, National A.Y.H. Travel Newsletter, available at council headquarters.
Ability to qualify to lead Pittsburgh Council trips.
The Golden Triangle, Pittsburgh's monthly newsletter of trips and activities.
Open House Thursday nights 8:00 p.m. at Council Headquarters.
Access to National travel programs and Leadership Training Courses.

(Note: Memberships valid from Sept. 1st to Dec. 31st of the following year. All candidates for the Pittsburgh Council Activities Board or Board of Directors must hold full AYH membership to qualify for these positions.)



AYH MEMBERSHIPS AVAILABLE:

Capture the Whitewater Spirit!

Rafting, bicycling, sailing, backpacking, skiing . . .
American Youth Hostels not only gives you all
these experiences, it can get you there and
provide low-cost, overnight accommodations.

AYH opens the door to over 5,000
hostels in 50 countries— from
medieval castles to mountain lodges,
and even a sailing schooner moored
in a Swedish harbor. An AYH
pass is your key to world
exploration and adventure, lasting
friendships, and travel on
a budget. Send in the
coupon below . . . for the
time of your life.



Hosteling



American Youth Hostels
6300 Fifth Avenue
Pittsburgh, PA 15232
(412) 362-8181

- ☐ I want to join AYH. Enclosed is \$20.00
Sign me up and send me my hostel
pass, AYH Handbook and other materials.
- ☐ I'm interested but would like more details —
send me your FREE brochure on American
Youth Hostels.

Name _____
Address _____
City _____ State _____
Zip _____ Birthdate _____

**AMERICAN YOUTH HOSTELS INC.
PITTSBURGH COUNCIL
6300 FIFTH AVE.
PGH. PA.15232**

**NON PROFIT
U.S.POSTAGE PAID
PERMIT 127
PGH. PA.15232**

LIBRARIAN AYH 3PLATT VIP
1632 DENNISTON AVE.
PITTSBURGH, PA 15217

DATED MATERIAL
ADDRESS CORRECTION REQUESTED
RETURN POSTAGE GUARANTEED