

# golden triangle

ayh

pittsburgh council, american youth hostel, inc.

## PADDLE POWER

Trips! Trips! Trips Galore! The biggest August ever. This August, the canoeing clan are planning to take over AYH with a record number of trips. We have several dandy ones for the flat water crowd, with Don Hoecker on the Allegheny and Cyrus Irani a little later on Lake Arthur. For intermediates, there is our Beginner's White Water School. It's intended for those with half-a-dozen flat water trips under their belts and not for the beginning canoeist. There are two separate sessions-Saturday or Sunday. So if you have a hankering to try white water this fall when the rivers come up, and have sufficient flat water experience, then sign up! For the rock rakers and stone bashers there are two advanced trips in the area with Fred Kissel or Terry Sanders. And of course Howard is off again to the Quebec wilderness.

Topping off the month is our Labour Day weekend trip to the big one-The New River. Powerful Class V water to tackle with side trips in between to Grumman streams in the vicinity. The format will depend on tripper interest, but if you want we will Grumman, raft and closed-boat it in close succession. That is, if Gene Cone is still at large! (Mr. Cone's hearing has been repeatedly postponed and we are all hoping it is because Harrisburg is going to resolve the problem of access to streams flowing through State Lands.

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## EXTENDED TRIP TO CAPE COD

A 7-day bicycle tour of Cape Cod is being planned. The trip will leave Pittsburgh Monday, August 25 and return on Sunday, August 31. The first night will be spent at the Hyannis Hostel with other nights at Orleans, Truro and Provincetown.

Local flavor abounds in the quaint villages and rock-strewn beaches. Provincetown is an artists mecca.

The cost of the trip will approximate \$65 including travel, lodgings, bike rental (at the Cape), food and trip fees and insurance.

For further information and reservations contact Sue Simler (31-2595) or Chris Olson (863-8346)

Reservations must be made by August 10.

**In the North Hills--**  
**Scholls Cycle Center**  
**406 Perry Highway**  
**Pittsburgh, Pa. 15229 (931-6711)**

**In the South Hills--**  
**Baker's Bicycle Center**  
**2639 West Liberty Avenue**  
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**In the East Hills--**  
**Schwinn Bicycle Center**  
**740 Fifth Avenue**  
**New Kensington, Pa. (335-6464)**

# OPEN HOUSE AUG.

- 7 -- Tom Jable shows his slides on his trip to the Acadia National Park in New England.
- 14 -- Bruce Sundquist shows his slides on Summer White-Water Canoeing.
- 21 -- Slides of Summer Cycling trips are shown by Bob Omlor.
- 28 -- Get a taste of real outdoors again in Alaska. Rich Bartoo shows movies of fishing in Alaska.

EDITORS NOTE: If you have any slides or movies of past adventures that you think AYH might like to see, contact the Program Chairman.

## Cycle News

### BICYCLE HILL CLIMB -- ARE YOU GOOD ENOUGH????

The Western Pennsylvania Wheelmen has extended to the AYH Bicycle Club an invitation, in the form of a challenge, to compete against them in a hill climb. The proposed date is August 24 at 2 pm in the Westview area and the hill to climb will be announced later. Men and women teams, from both clubs, will be formed and each one will make an individual climb. Everyone's time will be recorded and the five best times of each club will be compared. Both club and individual prizes will be awarded. For more information call Dave Pattison (242-9224). This invitation is not only for the Bicycle Club but for all AYH'ers. Also, you do not have to be an expert cyclist or have your own bike (bikes can be rented from the Hostel). The important thing is that our club is well represented. Spectators are also welcome to come root for their favorite team.

CONGRATULATIONS to those who passed the 25 in 3 on June 21 -- Zvi Edelson, Bernie Borkowski, Ben Sher, Paul D'Eustachio, Jack Batchelor, Bruce Merritt, Craig Merritt, Phyllis Fletcher, John R. Hooton, Helen & Mary Brincka, Flo Ostrowski, Alan Bartholomae and H. Winston Meue.

PLEASE NOTE -- Evening cycle trips will be discontinued after August.



Want to buy a good K1 and accessories? Phone or write Bill Hearst (814) 226-7004 or Clarion, Pennsylvania 16801

WANTED --- Female roommate, age 24 - 30 to share attractive furnished apartment with two other girls. Reasonable rent. If interested, contact Linnea Freeburg, 68703243 evenings.

REMINDER --- Please be quiet when assembling for early trip departures at the Hostel. We have been receiving complaints from the occupants at the Arts & Crafts Center.

# TRIPS & TRAILS

- SAT 2 RAFTING Fred Kissel (681-5198) leads the crunch bunch in rafts and closed boats on the lower Yough. It's time to put those Kayak halves together and get on the river! Bring lunch, change of clothing and about \$4.50. Leaves at 8:30 am sharp. Also bring running shoes.
- SAT 2 CAMPING Sat and/or Sun camping trip. Come help clean up a pretty trail we recently discovered in Cheat Canyon. No experience necessary. Come either or both days. Plenty of work for all. Equipment will be provided if you don't have your own. Reserve with Bruce Sundquist (351-3100 X 2416) Cost \$2.00. Bring canteen, swim suit and (2) lunches. Support personnel who just want to loaf, swim in the Cheat swimming hole, stroll around scenic Jenkinsburg. A cook is also welcome.
- SUN 3 TRIP ?
- SAT 2 CYCLING Spend the week end cycling around the Battlefields in Gettysburg with Mike Hurwitz (731-1083)
- SUN 3 CYCLING
- SUN 3 CANOEING Easy canoeing for beginners on our own lovely Allegheny with Don Hoecker (243-8298). Bring bathing suit, sun protection and about \$3.50. Leaves at 8:30. Fellows, Don says there will be girls galore! An AYH Sampler!
- MON 4 CYCLING Evening cycle trip with Dave Pattison (242-9224) Leaves Hostel at 6:30 sharp. Please reserve.
- THURS 7 CYCLING Cycle through a city park with Jim Hirst (439-3964). Leaving Hostel at 6:30. Please call to reserve bikes.
- SAT 9 CLIMBING Rock Climbing at McConnells Mill. Intermediate and advanced (Not good for beginners). Bring the usual and about \$2.00. Leave Hostel at 9:00 am. The usual: rubber sole shoes and gloves. Reservations not required, just be prompt.
- SAT 9 CYCLING Cycle 15 miles in the rolling countryside of the Finleyville area, starting at Mineral Beach swimming pool. Swim after the trip. Bring lunch, swim suit and about \$3.00. Leave AYH at 8 a.m. Call Dave Pattison at 242-9224.
- SAT 9 CANOEING BEGINNERS WHITE WATER SCHOOL Session I. Intended for those who have done more than just look at our canoes. This school on the Middle Yough will give the experienced flat water canoeist an introduction to faster streams. Call Don Hamilton (242-7400 x 383 after Aug 4) Cost \$4.50.



# T & T CONTd.

- SAT 9 HIKING Bill Williams (441-5366) leads one day hike for intermediate. Boots and lunch required. Leave from Hostel at 8:30. Destination: Bushwhacking country near a cool stream somewhere east of Pittsburgh
- SUN 10 CANOEING BEGINNERS WHITE WATER SCHOOL Session II. Same format as stated for Aug 9, except we will meet at Lance's camp at Ohiopyle at 9:30 am. Bring lunch and a change of clothing, etc., etc. and plan on returning to AYH with the boats Sunday pm.
- SUN 10 HIKING Fran Czapiewski (661-9543) tentatively leads a hike. Destination to be announced later.
- MON 11 CYCLING Evening cycle trip with Dave Pattison (242-9224). Leaves Hostel at 6:30 SHARP. Please reserve.
- THUS 14 CYCLING Cycle through a city park with Alan Bartholomae (731-2513). Leaves Hostel at 6:30. Please call to reserve bikes.
- SAT 16 CAMPING Judy Miller (481-1552) leads a very ambitious car-camping trip to an isolated firetower on the North Ridge Trail near Seneca Rocks. 10 Miles a day on North Ridge overlooking Potomac Basin is intended. Leave 7:30 Friday night from Hostel.
- SAT 16 CYCLING Cycle in Washington County with Bob Omlor (264-4485). Choice of 14 or 38 mile trips. Bring lunch; cost \$1.50 plus rental. Leave Hostel at 8 am.
- SAT 16 CLIMBING Intermediate and advanced climbing at 90 ft. rock in preparation for the Seneca trip Aug 30. Leave Hostel 9 am. Cost \$2.40. Bring lunch. No reservations necessary just be prompt. Leader is Bob Strong.
- SAT 16 RAFTING Terry Sanders (241-1479) takes us on the wild white water of the Cheat, or failing that, the Lower Yough. There will be thrills and spills, so bring a bathing suit, soft shoes, large lunch, poncho and flashlight. About \$5.50. Leave Hostel at 7 am SHARP
- SUN 17 CYCLING A 25 mile cycle trip in the South Hills area with Alan Sher (421-44). Load bikes at Hostel at 10 am.
- SUN 17 CANOEING Cyrus Irani (621-2600 X 341) takes the boats on an easy flat water trip on Lake Arthur. Leaving about 9 am. Cy says to bring a lunch, a bathing suit and sun tan oil. Cost about \$3.50
- TUES 19 CYCLING Evening cycle trip with Dave Pattison (242-9224). Leaves Hostel at 6:30 SHARP. Call for reservations.

# T & T CONTd.

THUS	21	<u>CYCLING</u>	Cycle through a city park with Helen Brincka (381-9510). Leaves Hostel at 6:30 pm. Call for reservations.
FRI TO SUN	22  31	<u>CANOEING</u>	Howard King leads his wilderness cruise in northern Quebec on the Dornic. Call Howard for details (264-1389).
SAT	23	<u>CYCLING</u>	A beautiful cycling trip in Ligioneer. Leave Hostel at 8 am. Call Mike Horwitz (731-1083).
SAT	23	<u>HIKING</u>	Fran Czapiewski (661-9543) - God bless her leads a hike. Destination to be announced later.
SUN	24	<u>CYCLING</u>	The AYH has been challenged by the Western Pennsylvania Wheelmen in a hill climb. Call Dave Pattison (242-9224) for more information. Teams will be arranged and prizes awarded.
SUN	24	<u>RAFTING</u>	Run the Lower Yough in covered boats and rafts. (Ohiopyle Falls to Steveston). Leave Hostel at 8:30 am; lunch, swim suit, soft sole shoes and about \$2.40 plus rental for raft (?) will be needed. Bring your own paddle if you have one. If the Cheat is up the trip will be moved to Cheat Canyon. Reserve with Bruce Sundquist at 351-3100 X 2416.
MON	25	<u>CYCLING</u>	Evening cycle trip with Dave Pattison (242-9224). Leaves Hostel at 6:30 SHARP. Call for reservations.
THUS	28	<u>CYCLING</u>	Cycle through a city park with Dave Davenport (941-4292). Leaves Hostel at 6:30. Call for reservations.
FRI TO MON Sept 1.	29	<u>CANOEING</u>	New River Trip. Leaving as early as possible on Friday. Gene Cone (621-2600 X 341) will take a mixture of rafts, closed boats and possible Grummen for a three swing through southern West Virginia with emphasis on the New and Golly. All the water will be different, for the experienced canoeist and rafter. Gene will camp two or perhaps three nights at Babcock State Park; bring your own food, tent, etc. and paddles if you have them. About \$15 to \$20.
SAT	30	<u>CYCLING</u>	An easy 25 mile cycle trip on good little used roads in the Slippery Rock-Grove City area. Bring lunch and about \$2.00 plus rental. Leaves Hostel at 8 am SHARP. Call Dave Pattison (242-9224).
SAT	30	<u>CLIMBING</u>	Try your hand at Seneca Rock. Climbing trip for intermediate and advanced climbers. Leave Hostel at 7:30 pm Friday night. You must reserve with Bob Strong (327-6267) by Tuesday August 26.

AUGUST					1	2	3
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	SUNDAY	
4 CYCLING	5	6	7 CYCLING OPEN HOUSE	8	9 CLIMBING CYCLING CANOEING HIKING	10 CANOEING HIKING	
11 CYCLING	12	13	14 CYCLING OPEN HOUSE	15	16 CYCLING CLIMBING RAFTING	17 CYCLING CANOEING	
18	19 BIKE CLUB CYCLING	20	21 CYCLING OPEN HOUSE	22 CANOEING	23 CYCLING HIKING	24 CYCLING RAFTING	
25 CYCLING	26	27	28 CYCLING OPEN HOUSE	29 CANOEING	30 CYCLING CLIMBING	31 WEEK END	

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