

Pittsburgh Council
AMERICAN YOUTH HOSTELS INC.
 6300 FIFTH AVENUE
 PITTSBURGH, PA. 15232

NON-PROFIT
 U.S. POSTAGE PAID
 PERMIT #127
 PGH. PA. 15232

HAM, CLIFFORD
 3729 PARKVIEW AVE.
 PITTSBURGH, PA. 15213

LIFE



PITTSBURGH COUNCIL

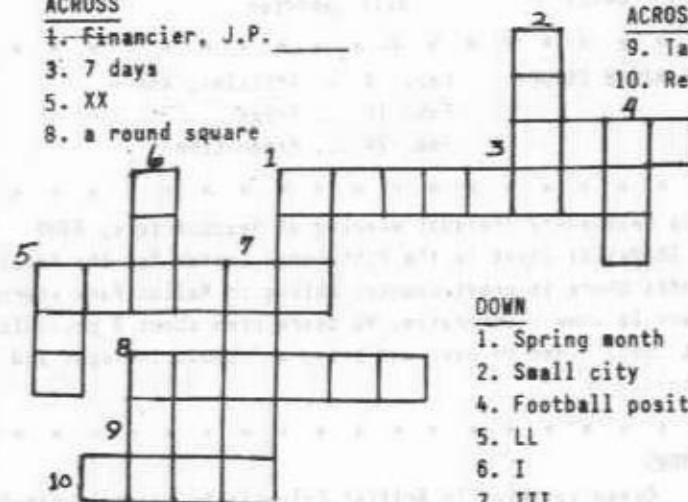
LOOKING FOR SOMETHING TO DO WITH
 THOSE LONG, DREARY, SNOWLESS
 WEEKENDS????????????

ACROSS

1. Financier, J.P. _____
3. 7 days
5. XX
8. a round square

ACROSS

9. Taming of _____ Shrew
10. Rendezvous



DOWN

1. Spring month
2. Small city
4. Football position
5. LL
6. I
7. III

(WHEN YOU'RE DONE WITH THE CROSSWORD
 PUZZLE, LOOK INSIDE FOR ALTERNATIVES TO
 ROLLER-SKIING)

FEBRUARY 1983 — Volume 34 No. 2

AMERICAN YOUTH HOSTELS INC.
 6300 FIFTH AVE. PGH. PA.15232
 (412) 362-8181



PITTSBURGH COUNCIL

AMERICAN YOUTH HOSTELS

6300 Fifth Ave.

Pittsburgh, PA 15232

THE GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council, American Youth Hostels. The contents are the responsibility of the editors.

EDITORS Jeri Walsh, Carole Haim
PRINTING Irwin Nauman
PLATES Jim Allis
MAILING Don Hoecker, Roy Weil
TIPS & TALES Joe Hoechner
PRODUCTION Don Hoecker
COVER Bill Johnston

DEADLINES FOR THE MARCH ISSUE: Feb. 3 ... Articles, Ads
Feb. 10 ... Trips
Feb. 24 ... Production

OPEN HOUSE is held every Thursday evening at Headquarters, 6300 Fifth Avenue in Shadyside (next to the Pittsburgh Center for the Arts). In the winter months there is cross-country skiing in Mellon Park starting at 6:30, when there is snow. Otherwise, HQ doors open about 8 pm. Slide show starts about 8:45. Come on over and bring a friend...or come and make some new ones!!!!

FEBRUARY SLIDE SHOWS

FEB 3 Ocean kayaking in British Columbia by Lee Kolankiewicz
FEB 10 Double feature on waxing skis starring Robert Redford and Paul Newman.
FEB 17 Wonder of Zion by Dennis Schmidt
FEB 24 To Be Announced

JOB OPPORTUNITY

The Pgh.-Allegheny Chapter of the American Red Cross is currently seeking full time summer staff at their small craft base on Pymatuning Lake for June, July, and August. If you have an interest in boating and water safety, call (412) 263-3100 and ask for water safety to learn more about this unique job opportunity.



A Y H MEMBERSHIP APPLICATION

AYH memberships are available at any Open House meeting. If you are unable to attend a meeting, you may wish to fill out the application found at the bottom of this page and send it, along with your check, made payable to 'Pittsburgh Council, AYH' to:

AYH Membership
6300 Fifth Avenue
Pittsburgh, Pa. 15232

Allow 3-4 weeks for delivery of your hostelling pass. NOTE: Membership also sells International Hostel Guide to Europe for \$5.00 by mail and \$4.00 at Headquarters.

CHECK ONE:

☐ \$7.00 Youth
☐ \$7.00 Senior Citizen(60+)
☐ \$14.00 Senior (18-59)
☐ \$21.00 Family
☐ \$35.00 Organization (non-profit)
☐ \$35.00 Three-year Senior
☐ \$140.00 Life
\$ ____ Tax Deductable Donation



Looking for something to do? Try Pittsburgh A.Y.H.

OUR COUNCIL is a volunteer organization. There is always need for leaders and people willing to donate their time and skills for the purpose of maintaining and improving our Council. If you are interested in contributing your efforts to any of the activities or service-oriented areas, please contact a member of the Activities Board, or attend a Board meeting.

NAME _____
ADDRESS _____
ZIP _____
PHONE _____ NEW/RENEWAL _____
BIRTHDATE _____

AYH Outdoor Food Book



Edited by Chris Reid

With recipes, tips and information from the
outdoorspeople of Pittsburgh Council
American Youth Hostels

A NEW OUTDOOR COOKBOOK BY AND FOR ACTIVE OUTDOOR PEOPLE
THE AYH OUTDOOR FOOD BOOK, edited by Chris Reid, published
by Pittsburgh Council, American Youth Hostels, 1981, 144
pages, 6"x9" softcover, \$3.00/individual copy. Individual
mail orders, please add 72¢ postage per book. PA. state
residents please add 18¢ sales tax. Contact AYH Publica-
tions, c/o Bruce Sundquist, 210 College Park Drive, Mon-
roeville, Pa. 15146.

THANKS TO
DEBBIE LA PLACA
For a fun and well planned Christmas Party!!!

TIPS AND TALES

Going on Sally Brunsons Winter Weekend to Camp Soles in the Laurel
Mountains? Hurry up to sign in, see the reservation form in last months
Triangle or in this issue (somewhere). Don't forget your ice skates and
Teddy Bears.

Are you a Science-Fiction fan? You might want to check out the
latest releases available in a free price list from: The Science Fiction
Shop, 56 8th Avenue, N.Y., N.Y. 10014. Sorry no colorful cover photos,
just a basic black and white price list - so know your titles/authors!

Going on a winter backpack or even a one day X-C ski trip? Park
your car carefully! You may be able to easily leave your car at trail-
head parking at the start of the trip but think about getting it out
after a heavy snowfall. You DON'T want to leave it pointed downhill away
from your access road. Try to leave it UPHILL parked facing your way out.
It may also be handy to consider access to your cars battery in case you
have trouble starting up.

Pgh. Council Publicity Chairman, JOe Hoechner, recently received
5000 copies of the brochure "PENNSYLVANIA YOUTH HOSTELS." Since he does
not need that many for personal use he has been stuffing them (desper-
ately) into brochure racks wherever he goes. You too can HELP!!! If
you are planning to do any Interstate highway driving you can drop these
off at the PA Tourist Info Centers along I-70, 80, and 90.

YES, SKIERS, THIS IS A HINT! On your way back from the Chautauqua
Ski Marathon you can leave a batch at the westbound info stop on I-90.
See Joe any Thursday night for a supply. Any others out there who would
like a copy or two for reference or posting, PLEASE write to "Joe A.Y.H."
and include a 20¢ stamp.

***** FIRST ANNUAL WESTERN PENNSYLVANIA TRAILS CONFERENCE

SATURDAY - APRIL 16 - 9-5 PM - ROSE BARN - NORTH PARK NEAR BOAT HOUSE
Trails development, maintenance, supervision; recruitment of vol-
unteers. The speaker will be Ed Garvey, nationally-known author, and
A.T. hiker. Cliff Ham 687-4520.



HAWAIIAN HOLIDAY AT THE AYH ANNUAL SPRING BANQUET

LOCATION: Vintage, Inc., 401 N. Highland Avenue directly opposite Sears & Roebuck main store entrance in East Liberty. Just off Penn Circle; use Emory Methodist Church parking lot next door.

TIME: SATURDAY, APRIL 9 - 6:30pm Social Hour
7:00pm Dinner served
8:00pm Program
9-12pm Dancing

MENU: STUFFED BREAST OF CHICKEN or GLAZED BAKED HAM or VEGETARIAN (salad and etc.) and rolls, dessert, coffee, tea. Soft drinks will also be provided. (You may bring beer or wine.)

SPECIAL PROGRAM: Hawaiian Holiday with door prizes and special awards.

DRESS: Please do! Be bright! Be creative! Be Hawaiian! (Hawaiian shirts, sarongs, and grass skirts . . .)

CALL: Lauren Dutzel, 322-6770 for information and to volunteer for clean-up and etc.

MUSIC AND DANCING:
57 varieties recorded by Jim Crawford. (Bring your music for taping beforehand.)

DEADLINE: for reservations is Thursday, March 31.

RESERVATIONS AND CHECK:
Make check to Pgh. Council AYH. Send check and form below to:
Jim Crawford
310 Hutchinson Ave.
Pgh. PA 15218
Phone: 241-2591

NAME _____

ADDRESS _____ PHONE _____

Number of: members (\$9.00 each) _____

non-members (\$10.00 each) _____

Check one: chicken _____ ham _____ vegetarian _____

RESERVATION FORM FOR 1983 SPRING BANQUET AT VINTAGE, INC.

HOSTELING the High Road to Adventure

If you want to experience the world for yourself, and FEEL the countryside as well as see it, the youth hostel way is for you. Join American Youth Hostels and make your AYH. Pay your key. Hostel. Send in this coupon and get the details for the time of your life.



- ☐ I want to join AYH. Enclosed is \$14.00 (\$7.00 if under 18), sign me up and send me my hostel pass, AYH Handbook, and other materials.
- ☐ I'm interested but would like more details — send me your FREE brochure on American Youth Hostels.

Name _____

Address _____

City _____ State _____

Zip _____ Birthdate _____



American Youth Hostels
6300 Fifth Avenue
Pittsburgh, PA 15232

(412) 362-8181

ACTIVITIES BOARD MEETING

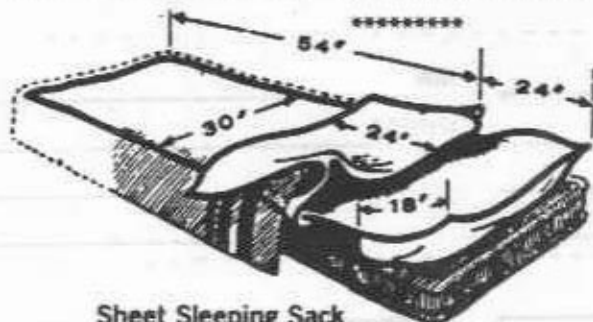
The February Activities Board Meeting will be held at the Shady-side residence of Larry Laude, 5807 Elmer Street, Pittsburgh, Pennsylvania, 15232. The date of the meeting is February 2, which also happens to be Ground Hogs Day, the day everyone runs out and shines a flashlight in the eyes of a sleeping furry creature. The meeting is at 8:00 pm and all are encouraged to attend because of the Sunshine Laws. Elmer Street runs parallel to Walnut Street and the parking situation will probably be intense; there are lots between Walnut and Elmer streets, but you will have to feed the meter or another furry animal will probably give you a ticket.

THE LOW COST OF ADVERTISING IN THE GOLDEN TRIANGLE

The Golden Triangle offers low-cost advertising to merchants who deal with materials in which our readership is interested. The readership consists of the members of the Pgh. Council American Youth Hostels. Members are of all age groups; their interest is primarily in outdoor activities; these activities include backpacking, climbing, bicycling, canoeing, kayaking, rafting, ski touring, hiking, and volleyball. This newsletter is published monthly and additional copies of the newsletter are available to visitors at our weekly Open House meeting. Rates for advertisements are:

1/4 page...7.50/issue 1/2 page...15.00/issue page...30.00/issue

These rates are based on submission of a 'camera ready' copy, black and white. No photos please. Ads may be mailed to Editor, Pgh. Council American Youth Hostels, 6300 Fifth Avenue, Pgh., Pa. 15232.



Sheet Sleeping Sack

This can be made from unbleached muslin or old sheets. The bag should measure 78 in. long x 30 in. wide with a pocket to cover the pillow 18 in. deep. A flap of 24 in. is needed to protect the upper blanket, and a gusset each side of the bag adds roominess and prevents tearing. Many AYH councils sell ready-made nylon or muslin sheet sleeping sacks. Available at Thursday meetings for \$8.75, or add \$2.00 for mail orders.

AMERICAN RED CROSS COURSES

The American Red Cross Health Services is offering a variety of first aid, CPR, and other courses this winter and spring. All classes are held at the Chapter Headquarters, 225 Blvd. of the Allies, downtown. Any of the classes can be held in the community upon request, if more than 8 persons register. Call 263-3100, ext. 3107 or 3188 for information. Several of the courses are listed here but many more are available. There is no prerequisite for Advanced First Aid; the course is complete in itself.

Standard First Aid & Personal Safety - 18 hrs - \$12.50

Teaches emergency first aid procedures, i.e. control of bleeding, splinting, etc. Mon. & Wed. from 7-10 pm during March.

Advanced First Aid & Emergency Care - 52 hrs. - \$15.00

Teaches emergency care of the sick and injured on an advanced level. Tues. & Thurs. from 7-10 pm during March and April.

Note: if course fee presents a financial hardship, please call the office to make arrangements. No one will be denied participation due to financial hardships.

THE WHALES TALE

Special trip note - Preponed April 1st Whale watching hike - due to the Easter weekend, the First Annual Whale watching trip has been moved to the Saturday before, March 26. Location to be Moraine State Park to watch the annual Lake Arthur spring whale migrations. See the March issue for trip leader, leaving time, cost, and what to bring. Since spring is also the mating season for the rare Lake Arthur whales, the trip may be limited to adults.

BURN OFF THE FAT ! ! !

Burning off calories to lose weight doesn't have to be work. Canoeists in the Three Rivers Regatta were losing about 230 calories an hour. Activities which will result in a greater loss take more effort, but the President's Council on Physical Fitness and Sports says a regular exercise program can be more beneficial. The chart below shows the hourly calories expended by a 150 pound person in selected activities.

ACTIVITY	CALORIES	ACTIVITY	CALORIES
Rest, light activity...	50-200	Square dancing.....	350
Reclining, sleeping.....	80	Ice skating.....	400
Bicycling (5.5 mph).....	210	Hill climbing.....	490
Walking (2.5 mph).....	210	Skiing (10 mph).....	600
Canoeing (2.5 mph).....	230	Cycling (13 mph).....	660
		Running (10 mph).....	900



WINTER WEEKEND

FEBRUARY 18-20, 1983



Once again Pgh. Council is planning its annual winter weekend get-together at the nearby Y.M.C.A. Camp Soles. This season the date is February 18-20, with AYH members getting first priority.

We will arrive at Camp Soles by carpool about 9:30 pm Friday night, Feb. 18, and leave on the afternoon of Sunday, Feb. 20. We have reservations for three dorm cabins. Space is available for about 50 AYH members. Reservations are on a first come, first serve basis.

Our meals will be served by the camp staff in the dining hall and will include two breakfasts and one supper. You'll have to bring two 'trail' lunches. A snack will be provided for Friday and Saturday nights. Total cost of the weekend (two nights lodging, three meals, trip fees, and transportation) should be approximately \$30. A deposit of \$20 should be paid to trip leader Sally Brunson before Feb. 10th. Make checks payable to Pittsburgh AYH.

Sally would like to remind all members to bring their musical instruments, sleeping bags, pillows, ice skates, and teddy bears. There is a fireplace in the lodge building and downhill ski equipment is available for rental. What else should you bring? As previously mention, bring two lunches, warm stuff for sleeping, cross-country skis, hiking boots, warm clothes and personal items, plus cash or check to pay balance. If you would like to reserve cross-country ski equipment (one day rental basis), call Steve Tubbs at 751-2158. If you have any questions, call Sally at 231-6074. Reminder: this trip is open to AYH members only---with current passes!!! Deposits are non-refundable after Feb. 10. Leave AYH HQ at 7:30 pm.

RESERVATION FORM FOR AYH WINTER WEEKEND (space limited to first 50 applicants)

NAME(s) _____
PHONE NO. _____ AYH PASS NO. _____
AMOUNT ENCLOSED _____ (\$20/person) Checks payable to "PGH AYH"

- ☐ I can help with snacks
- ☐ I need a ride
- ☐ I can drive (# passengers)
- ☐ I would like to lead a trip
(ski, hike, skate, night hike,
starwatching, or _____)

Bring this form to deposit at
meeting or mail to:
Sally Brunson
911 Beech Avenue
Pgh., Pa. 15233

THE ANNUAL CANOEING

meeting will be held in the near future. The purpose of this meeting will be to provide guidance and input to the canoeing program and how it may be improved in the future. I would like to extend an invitation to all interested persons to attend. Time and place of this meeting will be announced at the January 27 Open House.

Penny Smith

AYH - ET

and phone home.

Pittsburgh Council has a long history of a very active trip program. Look in any newsletter and you will see one and two day weekend trips with an occasional 3 or 4 day holiday trip thrown in too. What we do not have are any "Extended Trips," those of at least a week or longer in duration, going to an exotic destination. Note: exceptions always exist such as the Howard King Canadian White Water Trips.

If you are a qualified, experienced leader you might want to consider leading an extended trip this summer. You would be covered by A.Y.H.'s blanket liability policy and could expect to have some of your expenses reimbursed by the group. You would be expected to be able to take perfect strangers out, mold them into a viable group and bring them back again. Think it over and contact President Chuck Ejzak or V.P. Joe Hoachner to discuss your plans.

DO A FRIEND A FAVOR !!! Do you know someone who might enjoy Pittsburgh Council AYH activities? Tell us about them. Fill in the form(s) below and mail or give them to: AYH MEMBERSHIP, 6300 Fifth Ave., Pgh. PA 15323. We will send them some information.

NAME _____ NAME _____
ADDRESS _____ ADDRESS _____

ZIP _____ ZIP _____

NAME _____ NAME _____
ADDRESS _____ ADDRESS _____

ZIP _____ ZIP _____

essary (e.g. lead climb training, emergency techniques, what to do on rainy days?, criteria for defining 'funny' hats). All climbers and other interested persons are welcome. So that the evening won't be a total loss, there will be an elbow exercise class after the meeting with Woj demonstrating some of the more advanced techniques. Bring your own equipment.

CLIMBING John Popp 653-6026 Vicki Lineback 682-4087
Norm Snyder 351-4068

sat feb 12 BEGINner trip to Casparis. Vicki Lineback 624-2290 682-4087.
Nice formations after a bit of water.
sun feb 20 BEGINner trip to Harlandsburg Cave. Vicki Lineback (above).
sun feb 27 BEGINner trip to Bear Cave. A nice hike to this underground
maze. Excellent first cave. John Popp 653-6026.

C-C SKIING Fred Parker 824-2638 Steve Tubbs 751-2158

All cross-country ski trips are on a "no snow, no go" basis. Most trips leave the AYH HQ at 8:30 am. Contact the trip leader for trip details and ski rentals.

at feb 5 INTER. Rick Ulaky 734-3845(H) 231-3666(W)
un feb 6 INTER. Dave Marschik 327-2778(H)
at feb 12 BEGIN/INTER. Sally Brunson 231-6074.
un feb 13 BEGIN. Eric Bauer 687-0266.
at feb 19 INTER. Norm Snyder 351-4068.
un feb 20 BEGIN/INTER. Bill Johnston 687-4893.
at feb 26 BEGIN/INTER. Bill Keating 751-4693.
un feb 27 BEGIN/INTER. Donna Leban 429-1072.

Thursday X-C Skiing at AYH HQ in Mellon Park from 6:30-8:30 pm; all welcome. For rentals call the trip leader below:

Feb 3 Jeff Marsh 831-9490.
Feb 10 Fred Parker 824-2638.
Feb 17 Steve Tubbs 751-2158.
Feb 24 John Orndorff 244-0746.

HIKING Shirley Sedmak 242-1573

at feb 12 INTERmediate, hike Harrison Hills to Bailey's Run Road on Rachel Carson Trail - 11 miles. For info and reservations call Glenn Oster 566-3042(W) 364-2864(H).

at feb 26 ADVanced bushwhack. Plenty of Beaver ponds and briars at Longrun in Ohio. Call Dan Martt at 343-5847.



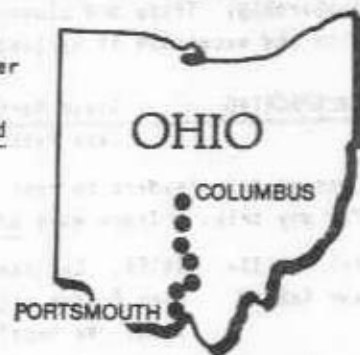
HEY BICYCLISTS WAKE UP !

If you want to go to T.O.S.R.V. this year, now is the time to request an application. Just be sure that you can get away over Mother's Day Weekend. To get an application send your name, address, zipcode on a stamped legal size (9") envelope to:

T.O.S.R.V.
P.O. Box 23111
Columbus Ohio 43223

Remember "only" about 3,500 applicants are selected on a first come basis. These are the people who send in a S.A.S.E. who get their application back early. GOOD LUCK!

★TOSRV★



THE TOSRV ROUTE

WINTER ACTIVITIES AT BEAR RUN NATURE RESERVE

Western PA Conservancy's Bear Run Nature Reserve near Ohiopyle in Fayette County will be open throughout the winter for X-C skiing, hiking, and backpacking, free of charge to the public. Bear Run has a 20 mile network of marked trails leading through an area of great natural diversity. For beginners, there is a special ski area consisting of open, mowed fields, with level and slight downhill grades, and no obstructions. Bear Run Nature Center is open Sat./Sun. from 10:30 am to 5 pm. The center is a comfortable place to warm up, enjoy refreshments, change clothes, and use restroom facilities. The Nature Center is not open on weekends when there is insufficient snow for skiing. Rentals available. Call 412-288-2777 after 1 pm on Fridays for snow conditions. Located on Rt. 381 between Mill Run and Ohiopyle.

FOR SALE: two pair of wooden skis with cable bindings, 170 cm and 175 cm. \$15 each. Call Bruce Sundquist 327-8737

FOR SALE: Wizard Ultralight new, unassembled. \$3,000. Jim Weber. 538-3415.

TRIPS & TRAILS

The trips listed here are open to the public, with the exception that AYH members are given priority when the trip is of limited size. Trip costs include a 60¢ registration fee and insurance (\$1000 medical/\$1000 accidental death or dismemberment) plus transportation and rentals. In addition, nonmembers are charged \$1.50 per day which is deducted from the cost of membership. Trips are classified BEGINner, INTERmediate, and ADVanced, with the exception of cycling and water sports.

BACKPACKING Steve Martin 469-3153(H) 462-5000 X6185(W)
Jack Peth 921-7214(H) 777-5365(W)

Contact trip leaders to rent tent, packs, sleeping bags, skis & snowshoes for any trip. Please make advance arrangements!

Fri Feb 11- INTER. Car camp and ski in the Quehanna Wild Area. Drive
sun Feb 13 over Friday night and have 2 good days of skiing in a new area. We hope! Call Jack Peth above for info. & Reserva.
sat Feb 19- INTERmediate X-C ski and backpack trip somewhere in Alleg.
sun Feb 20 National Forest. Leave HQ at 6:30 am Sat. morning. Call Steve Martin, above, to reserve.
fri Feb 25- INTERmediate hike in the Millcreek area on Baker Trail.
sun Feb 27 Call Glenn Oster 566-3042(W) 364-2864(H) for info and reservations.

BICYCLING Lynn Ejzak 466-6196 Bob Schwartz 681-2500

mon Feb 21 There will be a meeting for anyone interested in the 1983 bicycling program on Monday, February 21, at 8 pm at the home of Elaine Rosenthal at 6683 Ridgeville (corner of Dallas and Ridgeville) 421-1081. We will be trying to come up with an outline for a comprehensive program, so if you have a special trip you would like to lead, have an idea of something new we should try, or have led any type of cycline trip over the past few years, please come! We need all of the input, both pro and con from members. Remember, in order to serve you, we need your support. Call Bob, Lynn (phone # above), or Elaine for directions or questions.

CLIMBING Woj 322-4524 Barry Governor 421-7114
Karl Morner 521-6404

sat Mar 24 A meeting will be held at Barry Governor's (960 Greenfield Avenue) at 7 pm. We would like to plan trips for the current year and discuss any other issues as are felt nec-

KAYAKING Ray Yutzy 561-3764 Lou Conley 681-8321

KAYAKING COMMITTEE

An informal AYH kayaking committee is being formed to provide input to the kayaking program and suggestions for improvement. Any interested party is welcome; previous participation in the kayaking program is not a requirement. The first meeting is in Feb. Contact Lou Conley (above).

ROLL PRACTICE SESSIONS

Kayaking roll practice sessions are available on Friday and Sunday evenings on a limited basis. The sessions are open to anyone interested; instructions available for beginners. Reservations required. Call Lou.

KAYAK AUCTION

Two "roll trained" AYH kayaks will be auctioned off this spring to the highest bidders. These kayaks can be examined at any Thursday night open house meeting. Contact Lou (above).

RIVER GUIDES WANTED

Mountain Streams and Trails Outfitters is recruiting candidates to be trained as guides for its 1983 Cheat River season. Interested parties, ages 18-40, are invited to attend an informational meeting on Sat., Jan. 29 at 10:00 am at the schoolhouse in Ohiopyle, Pa. Training dates, equipment, and pay will be discussed. Call 412-329-8810 for more information.

SWIMMING

Swimming at Alderdice High School is open to the public Mondays through Fridays from 6:30 - 8:30 pm. Get there early; if no one shows, the pool closes early.

VOLLEYBALL Jeff Marsh 831-9490(H) 462-5000 X6501(W)
Harriet Ann Seiner 681-1189(H)

Indoor volleyball is played at Alderdice High School in Squirrel Hill every Tuesday night from 6-9 pm. Please wear soft-soled shoes. Knee pads are nice for some people.

SPECIAL TRIPS

Canoe Camping Trip leaving June 10. Missinaibi River, Ontario, Canada. From Missanabia to Mattice about 10 days Paddling; 150 miles; trip size limited. Dave Marschik 327-2778.

sat Feb 5 Duck feeding and ice skating at North Park. Save your bread crusts - or raid a bakery thrift store for duck feed. The little beasts are hungry this time of year. The ice skating rink costs \$2.00; rentals are \$1.00. Session runs from 9:30 am to 6 pm. Meet at noon at AYH HQ. Call Carole Haim at 362-8369(H).