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THE GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council AYH. The contents are the responsibility of the editors.

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Jos Hoechner Don Hoecker

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Amy Seabol

*** ***

DEADLINES FOR OCTOBER ISSUE: Sept. 8 - all trips & articles

Sept. 22 - Production Party

DEADLINES FOR NOVEMBER ISSUE: Oct.6 - all trips & articles

Oct.27 - Production Party

OPEN HOUSE is held every Thursday at AYH Headquarters (HO), 6300 Fifth Avenue. Shadyside, next to the Pittsburgh Center for the Arts. The building is open at 8 pm for socializing. The slide show starts at 8:45. Monthly Production Parties are held after the slide show on the last or next to last Thursday of the month--so the GOLDEN TRIANGLE can be assembled for sailing. It is a good time to get caught up on news and get to know one another. SEE YOU THERE !!!

SEPTEMBER SLIDE SHOWS

- sep 1 Climbing and Traking in Paru by Bruce McClellan.
- Biking 9000 miles across the USA by Arnold Behrer.
- sep 15 Come to our September Flea Market!
- Bicycle Camping with John Hays & Fred Parker.
- sep 29 Climbing and other fun things by WOJ.

SEPTEMBER ACTIVITIES BOARD MEETING will be held on Wednesday, Sept. 14, at the home of Joe Hoechner: PARTY ROOM! Building #3, 1145 Fox Hill Drive, Monroeville (rear entry, ground floor). Call Joe at 373-3403H. or 243-4900W for directions.

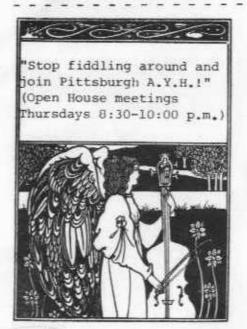
OR SALE: Pair of good, used V.W. Beetle Radial snow tires, ready to roll on rims! Only \$50 for the pair. Joe Hoechner 373-3403 evenings.

LAST CHANCE!!!

September is the last month to take advantage of A.Y.H.'s current (long-term) membership rates. Right now a 3-year pass costs \$35, on Oct. 1st it goes up to \$50! Your best bet is a LIFE membership now at \$140, soon to rise to \$200.

Now this is not just for you! You can buy a gift membership and hold it for the Holiday Season for family, friends, or lovers.

Make your checks payable to "Pittsburgh A.Y.H." and mail direct to our membership chairperson: Blance Asherman, 344 Lincoln Drive, Verona, PA 15147.



CHECK ONE:

\$ 35.00 3-Year Senior \$140.00 Life

OUR COUNCIL is a volunteer organization. There is always a need for leaders and people willing to donate their time and skills for the purpose of maintaining and improving our Council. If you are interested in contributing your efforts to any of the activities or service-oriented areas, please contact a member of the Activities Board, or attend a Board meeting.

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ADDRESS	
	ZIP
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BIRTHDATE	

WWI Kayak Trip. Leave HQ at 8 am. Contact Cole Van Ormer at 683-7160H or 624 5294W to reserve.

sun oct 23

All Kayakers! Roll on over to the AYH Fall Picnic.

RAFTING

Gus Hughes 469-1295

Raft trips in September on the Yough and Cheat will be announced on Thursday night meetings. Experienced people (i.e. trip leaders) must call Gus for a reservation on the Gauley!

sun oct 23 No rapids, but---! Riverview excitement!! At the AYH Fall Picnic.

SPECIAL ANNOUNCEMENTS

Join Norm Snyder on a two week trip to the Grand Canyon Area. Will do backpacking in canyons and maybe a cave trip in Colorado. Call Norm at 351-4068 from 5-7 pm. Trip is planned for sept 23 to oct 8.

49th Annual National Council Meeting

November 18-20, Washington, D.C.

Yes you're invited to the 1983 Av++ Lahunat Council Meeting in Was " upon D.C. Trus year's the sting, which will run from Es-Lay, November 18 mrough Sunday. November 20, is being cited by the Potomac Area LINGS

This year's meeting will focus unit workshops, hosteland activities, corporate and prigaragatorial exhibition booths. and the arrival busiless of American Youth Hostels, General Airch merchants not to incerned with the bullmisss escrects of the 1963 the ting will find an image harve schedule of workshops wild 64 door activities, cappe 1 by the Pulomes Alexa Counce's Firms Monight Madress bicy-1259

Workshops, This year's work shall all geared lowerd three gradual distribution AVH members. out thanagers, and Council. · John Tunes melude hos-I glabhood hip leadership. Still the expertment strategies. event prunning fundraising to the periturion and much

Activities, Thatdoor activities with with with to the - rp. fir \ monimients and museand boucle trips to e CA C Caru and other near

by parks, and the Poturnac Area Council's Annual Moonlight Mad ness 10-mile bicycle raily

Special Prizes, Throughout the 1983 mouting special dixir prizes will be awarded to natrust ual AYH members and to AYH Councils Prizes include Life Memberships, a free National hostel trip, free overnights at U.S. hostels, a scholarurip to a National Leadership Training Course, and much more

Registration. For individuals attending the 1983 meeting from Friday through Sunday, the total cost is \$79. This includes regis tration, good dorm room Friday and Saturday nights, and all meals (Friday dinner through

Sondity hands such along the Sat. urday barapat divier). To conturn your spin o lucky series as check or money order to: \$79 with the Registration Form be low to the Province Area Councir. AYH. A complete information pur Not will be sent to you.

Individuals aftereing only part of the 1963 meeting or dearing more information (nightly room rates, meal prices, a schedule of wurkshops and activities, etc.) should check the appropriate box on the Registration Form and send it in today

Registration Deadline, October 10 1983 There o a \$15 rate fee thereafter

1983 Annual Meeti	ng Registration	Form	
Name	1000		
Address			
City	State	- 70	
Home Phone	Work Phone	69	
[3 Enclosed is the check of money order for \$79 (playater to Polo- muc Area Council Athl)	If Peave sext of only 1st regard (Nedtine Cut)	er letter freign	i, eat Europh

Mail to: 1983 Annual Meeting, Potomac Area Council A (1) 1312 1 Street, NW, Suite 451, Washington, DC 20005

TIPS & TALES - Sept. 1983

CLIMBERS & CULTURE? Sounds like an odd combination doesn't Well it just might be possible! The Pittsburgh Public Theatre (Allegge Center North Side) has scheduled the new play "K-2" during the month of Jan. The play is based on an actual ascent of K 2, the second highest mountain in the world, and features a 30 foot tall full scale mockup of the peak's summit. Watch for Joe or Sally to get together a theatre par during an Open House meeting. If you want to express interest call 373-3403.

Speaking of November, keep the weekend of Nov. 18-20 open. (Weekend before Thanksgiving) This is the date of the 49th AYH National Council Meeting to be held outside of Washington, D.C. (price only \$79!). Watch for a registration form & more details in the October issue of the Golder Triangle or check page 12 of your Summer '83 Knapsack.

The "Ligonier Highland Games" (a gathering of the clans) will be Sep 10 from 9 to 6; \$5 for adults; \$2 for kids; group rates available. Will at Idlawild Park on Pt. 30, 3 miles west of Ligonier. (Watch them toss cavers)! There may be a spontaneous trip scheduled at the open house. (Hey Steve, want to take us?)

WHITEWATER INFORMATION, LTD. HOME OF NEW RIVER DORIES

WHITEWATER RAFTING ON THE NEW RIVER

The New River, sometimes called Grand Canyon of the East challenges the most seasoned whitewater enthusiasts. Our 6 hour, lower New River trip takes you over stairstep leages, through crashing hydraulics and between house size bolders for a total drop of 240 feet in 15 miles. Experience 14 major [Class IV and V] rapids in one day.

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DOES YOUR COMPANY PARTAKE IN THE UNITED WAY CAMPAIGNS?

If so, you can now use the "Donor Option" to target your pledge to Pgh.

AYH, or to other non-profit, community based organizations who are not official members of the United Way. When the employee handling the United

Way Fund Drive comes around, ask for a "Donor Option Card" to indicate the
amount and direction of your special donation. List the Group you want,
ignoring the list pupblished on the card. Please keep Pgh. AYH in mind if
you select the Donor Option. Thank You!!!

FIRST AID !!

HOW PREPARED ARE YOU AS A TRIPPER OR TRIP LEADER?

CCAC Allegheny Campus Schedule - call 237-2500

Multi-Media Standard First Aid 7.5 hr \$10

8:30 to 5:00 any one Sat. 9/24, 10/15, 11/12, 12/3

Standard First Aid &Personal Safety 18 hrs \$22

Advanced First Aid 42 hr. \$29

6:30-9:30 pm MGW 10/3 to 11/16 or 9-4 pm Sat. 10/1 to 11/12

Red Cross Blvd of Allies Downtown - call 263-3192 Advanced First Aid 51 hrs. \$15 7-10pm T&Th 9/13 thru 11/8 Multi-media & Standard First Aid as sceduled this Fall (better prices)! ervations call Glenn Oster after Labor Day at 566-3042W or 364-2864H.

sat sep 10 INTERmediate. Somerset County. 8-10 miles. Leave HQ at 8:30 am. Call Tom Conley at 468-6930.

sun sep 11 INTER/ADVanced. Stream hike in the McConnell's Mill area.

"wash and Dry" affair. Call Joy Layton for more info at 4864753H. Meet at HQ at 8:30 am.

sun sep 17 BEGIN/INTERmediate. Seven to eight mile hike at Quebec Run.
Meet at HQ at 8 am. Call Bob Kenneweg at 521-2356H or
553-3394W.

sat sep 24 BEGINner. Seven mile hike in the Linn Run area. Call coleaders Patti Becker 341-7852 or Dan Martt 241-4647. Meet at HQ at 9 am.

sun sep 25 BEGINner. Join Herb Appell for a seven to eight mile hike in the New Florence area. Leave HQ at 8 am. For further info call Herb at 372-6775.

sun oct 23 BEGIN/INTER/ADV/Bushwhack. Hike up an appetite at Riverview Park for the AYH Fall Picnic.

KAYAKING Ray Yutzy 341-5682 Lou Conley 681-8321

EUIPMENT: Similar to Canoeing

sat sep 10 Beginner's School. Learn the basics of keyaking on a nice calm lake. This school is intended for people with little or no previous kayaking experience. Trip size is limited so sign up early with Lou Conley at 681-8321.

sun sep 11 WWI School. Learn the basics of kayaking on the river.

Beginner's School or pool sessions are a prerequisite for
this school. Trip size is limited so sign up early with
Lou Conley at 581-8321.

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CAVING	John Popp 653-6026 Vicki Lineback 422-0296
SECTION AND AND AND AND AND AND AND AND AND AN	Norm Snyder 351-4068
sat sep 17	BEGINner. Ever wondered what is inside a limestone quarry? Here is your chance to find out. Call Paul Herne (that is hurry not hairy) at 831-0217.
sun oct 2	BEGINners hiking/caving trip. A four mile hike leads to Beaverhole Cave near Cooper's Rock State Park in West Virginia Call Vicki Lineback at 422-0296.
sum ect 23	ALL CAVERS!! Come out of the dark and see the sun shine at the AYH Fall Picnic.
. Lessantille	ALL MARK MEET PROPERTY. AND ADDRESS OF THE SEASON AS AN ADDRESS OF THE SEASON AS A SEA

o be a climber you need ratty tennis shoes, a furny hat, something to stave
ir nunger and thirst, a leather glove for belaving (no! you put it under
your pillow and make a wish), and other necessities. Get it all together
and join a motley crew that likes to sun themselves on a rock.

LIMBING Moi 322-4524 Karl Mormer 521-5404

at sep 10	INTERmediate. Seneca Rocks.
un sep 11	INTERmediate. Seneca Rocks.
at sep 24	BEGINner. White Rocks.
un oct 23	BEGIN/INTER/ADV. Reach new heights at the AYH Fall Picnic.
IKING	Shirley Sedmak 422-0849
un sep 4	BEGINner. Destination to be announced. Meet at HQ at 9 am. Call Joe Levine at 241-3255.
at sep 10	Beginner/INTERmediate. Spend a day on the Baker Trail having fun and helping with trail maintenance. North of I-80. No registration fee or transportation charge. For info and res-





January 20 to 22, 1984

CROSS-COUNTRY SKIING TOBOGGANNING DOWNHILL SKIING

HIKING WHATEVER ELSE.... (video games

at

BLACKWATER FALLS LODGE

BLACKWATER FALL STATE PARK

near Davis, W. VA.

This has almost always been a great weekend for cross-country skiing and the ski trails get better every year. Limited space is available so mail your reservation and deposit in now All rooms have twin beds.

NOTE that you get a price break if you choose your roomate now and send in one check for the both of you.

Make checks payable to: Pittsburgh Council, AYH. No cash please. Mail, along with a Reservation Form and a S.A.S.E. to :

> Chuck and Lynn Eizak 5858 Wilson Street West Mifflin, PA. 15122 (Phone 468-5196 for information)

ALL RESERVATIONS MUST BE MADE BY MAIL--THIS IS A FIRST COME, FIRST RESERVED WEEKENDIIIIIIII

NAME	DUONE 1 2 1 1 1 1 1
NAME	PHONE
Include S.A.S.E.	otion, print to Lor Sill Star I
	6858 Wilson St., West Mifflin, PA 15122
BLACKWATER FALLS	Make sheck payable to: Pgh. Council AY
DESERVA	TION FORM THE TOTAL THE THE

\$19.50/person single \$38.50/double(two persons) (includes deposit and AYH trip fee) (Duplicate or reasonable copy of above will be accepted)

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	Marie Company
	SUNDAY OCTOBER 23. 1983
Lin	RIVERVIEW PARK ACTIVITIES SHELTER
Bring your fr	riends and join in this years fall festivities and epicurean
HIKI	The state of the s
	SQUARE DANCING VOLLEYBALL
	2-5 pm Outdoor Activities
	5-5:30 pm Buffet Dinner
	7-10 pm Square Dancing with Ron Buchanon and Swinging on the Gate Band
olunteers ne ther activit	eded for food preparation (expenses reimbursed) and help with
	iles.
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sat mon			No trip is planned yet. If you want to go somewhere, call Bob or Lynn with your ideas.
sat :			Pymatuming Meekend. This is your last chance to sign up fo this annual extravaganza including biking, watersliding, sailing (for non-cyclists) and of course eating. See Fred Parker or call 824-2638.
sat :	sep	17	Mingo Lover's Loop. Class B/C. Join Chuck & Lynn Ejzak on this 30 or 40 mile favorite. Leave HQ at 9 am or meet unde the Rt. 51 Bridge in Elizabeth, Pa. at 10 am.
sun :	sep	18	NEOC. Northeast Ohio Century. A "Youngstown Outspokin" Wheelmen" Ride with a choice of 62 or 100 miles. Applications on Bulletin Board or the morning of the ride, call

sat sep 24— TASSLE. Tour Along The South Shore of Lake Erie. This tour sun sep 25— is sponsored by the lake Erie Wheelers and pre-registration is almost essential. We have applications on the bulletin board. 100 or 50 miles on both days. Call Bob or Chuck.

Bob or Chuck Ejzak for info.

sat sep 24- No rides planned. If you want to go somewhere call Bob.
sun sep 25 Chances are there will be someone going somewhere (what?)
i.e. Don't give up hope, sh!

carbos and pedal over to the AYH Fall Picnic.

CANDEING Penny Smith 243-1387

ALL TRIPS MEET PROMPTLY AT 8 AM AT HQ. EQUIPMENT: lunch in a waterproof bag, drinking water, knee pads, raingear, hat, swimsuit, dry clothes, non-cotton clothing, tennies, sun protection, large sponge, strap for sunglasses or eyeglasses. Trips will be announced at Thursday night open house.

sun oct 23 WWI-II. Swing your partner instead of your paddle at the AYH Annual Fall Picnic.



Penn Hills P H. Shopping Ctr 241-1565

Squirrel Hill 2010 Murray Ave 521-1565 Murrysville 4055 Wm Penn Hwy 327-6430

TRIPS & TRAILS

The trips listed here are open to the public, with the exception that AYH members are given priority when the trip is of limited size. Trip costs inslude a 75¢ registration fee (50¢ per half day or evening; 35¢ for AYH Club) and insurance (\$1000 medical/ \$1000 accidental death or dismemberment), plus transportation and rentals. IN ADDITIOY, nonmembers are charged \$1.50 per day per person which may be deducted from the cost of membership, when joining AYH. Trips are classified BEGINner, INTERmediate or ADVanced, with the exception of cycling and water sports.

BACKFACKING	Steve Martin 469-3153H 462-5000 x6185W
1	Jack Peth 921-7214H 777-5365W
Cabor Day Weekend	ADVanced. 3 or 4 days backpack in Virginia's unique Mt. Rodgers area. Scout old & new A.T. Trail. Experienced packers only! See Marilyn or Cliff Ham or call 687-4520.
sat sep 10- sun sep 11	Novice Trip. If you have thought about 8Ping and told yourself the trip would be over your head - this one will not be. A practical field training experience for a small group. We can loan or rent you all the equipment you will need. Saylor Trail, Johnstown, 6-8 miles. Trip closes on Wed., Sep. 8. Call Jack Peth above.
fri sep 16- sun sep 18	INTER-ADV. Leave Friday evening to hike the Lost Turkey Trail. For info & reservations call Glenn Oster after Labor Day, 566-3042W or 364-2864H.
fri sep 23- sum sep 25	INTERmediate trip to the west end of the Quehanna Hiking Trail, 22 miles. See some fine country & wildlife. Leave HQ 5:30 pm on Friday. Call Tom Conley 468-6930 for reservations.
sat oct 1- sun oct 2	EASY-INTERmediate. Lets try the Baker Trail. How about a planned series of weekends to get in the 140 mile at about 25 miles per weekend. Call Jack Peth (above) early so we can make some plans with a lot of peoples input.
sun oct 23	BEG/INTER/ADV. Pack your favorite dinner specialty and bring it to the AYH Fall Picnic, notice this issue.

BICYCLING Lynn Ejzak 466-6196 Bob Schwartz 241-4647H 681-2500W Trips are listed by the following classes: A-advanced, B-intermediate, C-easy intermediate, D-beginner, E-learn to ride. Bring a spare tube, pump, water, lunch and raingear. Helmets required on all AYH trips. They are available as rentals—so are bikes and panniers.

The nominating committee has found a number of members willing to carry on our councils programs, but there are still many gaps to be filled. If you would like to serve but are not sure what is involved, contact anyone on the nominating committee listed below or Pres. Chuck Ejzak for details.

*Pres: Chuck Elzak *V.Pres: Joe Hoechner *Larry Laude *Treas: Fred Hull Asst Tres: Bill Johnston *Recording Secv: Pat Tieman Corres. Secv: Librarian: Joel Platt Teleph. Response: Blanche Asherman *Hostel Devel. Chp: Joe Hoechner *Hostel Oper. Chp: Gwenda Braithwaite *Headquarters Chp: Gary Ludwic *Program Chp: Bob Goff *Trips Chairsan: Joe Levine Trips Coordinator: Joe Levine Leader Devel.: Jack Peth *Membership Chp: Blanche Asherman Memb. Desk: Herb Appell, Judy Menosky, Nancy Sluciak. Christine Tampalski, Pattie Becker, Jim Oliver, Burton Miller, Jo Ann Benecki. Jack Asherman

Hostel Clubs: Sally Adams

*Publications Chp: Bruce Sundquist

*Trails Coordinator: Dan Martt E

Glen Oster

*Service Chp: Paul Herre

Franchise: Bob Nebes

★ Environ. Service: Cliff Ham

*Pub. Relations Chp: Joe Hoechner Kathy Rivi

*Triangle Editor:

Typing: Kathy Rivi
Layout: Donna Leban
Advertising: Shelly Werner
Production: Don Hoecker
Mailing Labels: Roy Weil
Plates: Jim Allis

*Special Projects: Wayne Albright

*Caving Chp: John Popp Vicki Lineback

*Climbing Chp: Karl Mormer, Dale Vilsack, Scot Workman

*Cycling Chp: Lynn Ejzak Bob Schwartz

*Backpacking Chp: Jack Peth *Canceing Chp: Steve Shafer

*Kayaking Chp: Lou Conley Ray Yutzy

*Hiking Chp: Bob Kenneweg *Rafting Chp: Gus Hughes

*X-Country Skiing Chp:

Fred Parker & Steve Tubbs

*Open House Activ.: Steve Martin *Council Storekeeper:

Shelly Werner Board of Directors (3):

> Jeri Walsh-Allis, Don Hoecker, Cathy Lynch

NOMINATING COMMITTEE: Larry Laude 665-9554, Barry Govenor 421-7114, Joe Hoechner 373-3403

> NOTES: * indicates voting member of Activity Board Chp indicates Chairperson(s)

COME TO THE AYH OUTDOOR EQUIPMENT FLEA MARKET THURSDAY, SEPT 15 AT HQ....SELL YOUR USED STUFF OR CASH IN ON SOME EXPERIENCED GEAR. THE ACTION STARTS AT 6:30. Market will be held outside if fair, in HQ if it rains. See Bill Johnston for details.

MAP & COMPASS WORKSHOP

Two evening sessions at Headquarters, Tuesday October 11 and Tuesday October 18, from 7 pm to 9:30 pm, and a daylong field trip on Saturday October 22. The workshop will be slanted to the novice but more experienced participants are welcome and should be challanged by course material as well as the opportunity to develop some leadership skills. The fees are expected to be about \$5.00 for members and \$8.00 for non-members, plus transportation. More information in the next issue.

ALSO! Would you like to help plan and set up a permanent compass course in Mellon Park!

This is a good way to use up the spare Saturdays before the Picnic. Jack Peth 921-7214H 777-5365W

Semple Street

We have fresh produce, bulk stoples, ethnic & foods, Hard-tafund itimes such as tofu, takini specialty flours bean sprouts, and a wide selection of herbs and soices

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YOGA CLASSES

During the month of September, Yoga classes will be held at AYH headquarters starting at 7 pm sharp. Call Jane Kowarsky at 521-4946 with any questions or concerns.

> ALL WELCOME !!! *** *** ***

FLEA MARKET

The Semi-annual AYH Outdoor Equipment Flea Market will be held Thurs. evening, Sept. 15, at AYH HQ in Mellon Park. It will open at 6:30 and close at 9 pm. and is not for commercial outfitters. Each person will set his own price. Used-butuseable equipment and clothing may be sold. See Bill Johnston at any open house or call him at 687-4893.

'Always in big woods when you leave familiar ground and step off alone into a new place there will be, along with the feelings of curiosity, a little magging of dread. It is the ancient fear of the Unknown, and it is your first bond with the wilderness you are going into. What you are doing is exploring. You are undertaking the first experience, not of the place, but of yourself in that place. It is an experience of our essential lonliness; for nobody can discover the world for anybody else. It is only after we have discovered it for ourselves that it becomes a common ground and a common bond, and we cease to be alone.

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Weekdays 12-9, Saturday 9-5

equipment to enhance wilderness exploration, your outdoor experienc we have

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