



**golden
triangle**

ayh



pittsburgh council, american youth hostel, inc.

Volume 22, Number 7

JULY, 1971

RECYCLE REUSE & REFUSE!

**The three R's of
survival in the 70's.**

 * The AYH GOLDEN TRIANGLE is a monthly *
 * publication of the Pittsburgh Council *
 * of the American Youth Hostels, Inc. *
 * 6300 Fifth Avenue, Pittsburgh, 15232 *
 * Editor: Hugh Gilmour, Phone 362-8181 *
 * Artist: Greg Siple *

 *Open House*
 with MARTA HURWITZ

Thursday evenings at 8:30.....

July 1... AUCTION and ICE CREAM FESTIVAL
 Have anything extra that you don't want
 but feel that a fellow AYH'er could use?
 Bring it along, and Cliff Ham will sell
 it to the highest bidder. Finish the
 evening with an old-fashioned ice-cream
 churning, the way Daddy used to make it.
 Kay Lew expects plenty of voluntary eat-
 ers. Bring your own toppings.

July 8... In 1835, the Liberty Bell first
 cracked! What does one do in an emergen-
 cy? What does one need to begin an AYH
 activity? Come tonight and wander
 through the displays as knowledgeable
 AYH'ers answer your questions and
 demonstrate their equipment.

July 15... St. Swithin's Day...if it
 rains today, it will rain for forty
 days. How would you survive in the
 woods in a situation like this? Morie
 Oberg will help you to identify some
 wild foods and give some tips on wil-
 derness survival. This should also
 prepare you for the July 24 survival
 hike. Dandelion salad, anyone?

July 22... Classics night at the Bijou
 as Hugh Gilmour shows slides of Rome
 and Greece. ALSO selected short sub-
 ject as curtain raiser.

July 29... Want some ideas for a sum-
 mer vacation? Bruce Sundquist takes
 us to the Yampa--Green Rivers for a
 rafting trip taken by some adventur-
 ous AYH'ers a few years ago.

FOR SALE: 3-speed Raleigh sports
 cycle, price negotiable, 682-0590
 HEMISTOUR is coming! June, 1972
 A bicycle rider's dream.

FAREWELL TO HENRY...UNGA! UNGA!

--Gary Ludwig

He never made "personality of the
 month" though he was one AYH'er that
 all waitresses in Sodinis (or any of
 our former haunts) remembered vividly,
 so many of our gals gathered at a
 shady Shadyside apartment to bid fare-
 well to the bearhugs of Henry Pollack.
 After receiving his PHD from Pitt,
 Henry returned to his favorite habitat
 the ice caves of Northern Canada.
 Who will take his place in the hearts
 of so many? Who will take over the
 dance floor when a polka is played?
 Who will show us how to snowshoe?
 Come back, Henry, come back.

TENNIS PLAYERS NEEDED..Jack Kowalski

It's not too late to sign up for AYH
 tennis matches; these are more of
 tennis get-togethers than tournaments,
 but trophies will be awarded to the
 boy and girl with the most wins.
 Write your name on the sign-up roster
 at the back of headquarters or contact
 Jack Kowalski 681-1611



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TRIPS ↔ TRAILS →

July...the month of fireworks, flags and independence days.....

Thursday, July 1...CYCLING...Mary Brincka leads a short cycle trip before the regular open house meeting, recommended to all beginners and a personal prerequisite for all weekend trips. Call early for reservations if you need to rent a bike. Leave HQ at 6:30 PM. Cost: 20¢ plus 50¢ rental. (431-6491)

Friday, July 2--Monday, July 5...CANOE CAMPING...Rich Bartoo leads the holiday weekend canoeists on the Susquehanna River, one of the loveliest in the state. Leave HQ at 7:30 PM, approximate cost: \$12.00. (882-9368)

Friday, July 2--Monday, July 5...BACKPACKING HIKE...Morie Oberg heads for the Cranberry Backcountry...10-16 miles of backpacking with additional opportunities for day hiking. You'll have to provide your own food and equipment. Leave HQ at 7 PM. Cost: \$10. (279-5774)

Saturday, July 3...HIKING...10 mile hike along the Glacier Ridge Trail with a bonus swim in Lake Arthur. Bring lunch and swim suit. This hike is suitable for Beginners. Leave HQ at 9 AM. Cost: \$2. Trip leader to be announced at Thursday night meeting.

Friday, July 2--Monday, July 5...CYCLING with Mike Lamark along the C & O Canal, scenic as all get-out. Leave HQ at 6:30 PM Friday night. Approximate cost: \$15 to \$25. Call immediately for reservations. Trip limited to 15 people and already is almost filled. (381-3563)

Tuesday, July 6...CYCLING...Easy-going cycling through one of the city parks with Mike Lamark. Leave HQ at 6:30 PM (381-3563)

Thursday, July 8...CYCLING...Bob Omlor leads the city parks caravan departing from HQ at 6:30 PM. (264-3658)

Friday, July 9...NIGHT CYCLING...Once again, Gary Ludwig, "man-cyclist about town," explores Pittsburgh's exciting night life via bicycle. See how the other half (the night people) lives. Leave HQ at midnight. (421-9581)

Saturday, July 10...CYCLING...Dave Pattison leads a 40-50 mile cycle trip. Leave HQ at 8 AM. Contact Dave at Thursday night meeting.

Saturday, July 10...CANOE SCHOOL #1...Farmer Yough from Dawson to Layton with Kathy Spindt...excellent opportunity for beginners. Leave HQ at 8:30 AM. Approximate cost: \$4.50. (421-7641)

Sunday, July 11...CYCLING...Allan Shwer leads a 35-mile cycle trip through beautiful Washington County. Leave HQ at 8:30 AM. (421-4429)

Sunday, July 11...CANOEING...on placid Lake Arthur...Margie McIntyre promises sunshine... Leave HQ at 8:30 AM. Approximate cost: \$4.50. (486-3067)

Sunday, July 11...RAFTING AND CLOSED BOATS...Henry Fisher leads on the Lower Yough. Leave HQ at 8:30 AM approximate cost: \$5. (521-8992)

Tuesday, July 13...CYCLING...Roy Weil takes us cycling through the city parks. Leave HQ at 6:30 PM. (521-1336)

Thursday, July 15...CYCLING...Jack Batchelar leads the pre-meeting cycling. (863-7868)

Saturday, July 17...BUSHWHACKING HIKE...Bill Williams leads a 9-10 mile hike in an unhiked portion of the Dunbar area. Good hiking boots required. Leave HQ at 8:30 AM. Cost: \$3.00. (687-7610)

Saturday, July 17...CANOEING...Intermediate white water on the Middle Yough. Leave HQ at 8:30 AM. Cost: \$4.00. (372-6053)

Saturday, July 17...HORSEBACK HIKE within 30 miles of Pittsburgh. Beginners welcomed. Leave HQ at 9 AM. Cost: \$2. Preference given to those who couldn't be accommodated on last month's hike. Penny Sayles (371-8226) or Ame Mueller (687-5979)

Saturday, July 17...CYCLING... Bob Omlor leads a 25-mile, 3-hour trip in the Fox Chapel area. Here's an opportunity to earn your "25 in 3" patch right after the trip. Leave HQ at 8 AM. Call to reserve cycles. (264-3658)

Sunday, July 18...HIKING..BAKER TRAIL...Beginners hike on section 1, Freeport to Schenley Shelter led by Larry Giventer. Bring lunch and swim suits for cooling-off dip. Leave HQ at 9 AM (422-9282)

Sunday, July 18...CYCLING...Gene Cone leads a downhill cycle trip near Ligonier. Bring lunch. Leave HQ at 8 AM. Cost: \$2.80 plus bike rental. (361-8859)

Sunday, July 18...ESTHER WILLIAMS WATER CIRCUS...Calling all boats or even bathtubs if they are floatable. Try the Eskimor roll; don't know it? Then come any way and just rub noses. Trip runs from Dawson to Layton on the Lower Yough. Contact Gary Ludwig for reservations. Cost: \$5. (421-9580)

Tuesday, July 20... CYCLING...Gary Ludwig leads the city parks tour. Leave HQ at 6:30 (421-9580)

Thursday, July 22...Mike Hurwitz leads the cycle warm-up for open house meeting. Leave HQ at 6:30. (731-1983)

Saturday, July 24...HIKING...Wildfood gathering hike in the Tom's Run or Ohiopyle area. Easy-going 3-5 mile hike, but trippers must be familiar with edible wild foods (Stalking the Wild Asparagus by Euell Gibbons). Leave HQ at 9 AM. Reserve with Morie Oberg (279-5774) or Ame Mueller (687-5979). It may be necessary to limit group size. Lunch will be provided au natural! Cost: \$2 to \$3.

Saturday, July 24...CANOEING...Advanced or intermediate white water on Lower Lower Yough from Stewerton to S. Connellsville. Leave HQ at 8:30. Call George Robertson (683-9679) or (683-7000 Ext. 222)

Saturday, July 24...CYCLING Jack Batchelar leads a 50 mile in 5 hours qualifying ride through Fox Chapel and northward. Leave HQ at 7:30. Bring lunch and 40¢ plus rental (963-7868)

Sunday, July 25...HIKING...along Slippery Rock Creek for 8-9 miles. Some hiking experience desirable. Bring lunch, swimsuit and \$2.00. Leave HQ at 8:30 AM. Call John Burlinghoff (872-0239) or (373-4304)

Sunday, July 25...RAFTING AND CLOSE BOATS trip down the Lower Yough. Anyone interested can stay overnight Saturday at Jack Kowalski's trailer in Champion; otherwise leave HQ at 8:30 AM. Cost: \$5. Call Jack (681-1611)

Sunday, July 25...CANOEING...Flat water enthusiasts can canoe the Little Beaver Creek with Don Hoecker. Leave HQ at 8:30 AM. Cost: \$5. Call Don (243-8298)

Tuesday, July 27...CYCLING...City parks tour with Mike Hurwitz. Leave HQ at 6:30. (731-1983)

Thursday, July 29...CYCLING...Jack Batchelar leads the pre-meeting cycling through city parks. Leave HQ at 6:30 (963-7868)

Saturday, July 31...HIKING...Larry Smith leads a 5-7 mile hike along Big Sandy Creek in Rockville, West Virginia. Lunch and good hiking boots are necessary. Cost: \$4.

Saturday, July 31...CANOE SCHOOL #2...on Middle Yough with Jim Hurst. Candidate for this session must have done well on recent Canoe School #1. Leave HQ at 8:30 Cost \$5. (276-0447)

Saturday, July 31-Sunday, August 1...CYCLING--GETTYSBURG.

Mike Hurwitz leads a cycle trip to historic Gettysburg with short trips around the battlefield and longer trips for the more energetic. Cool off in the Olympic pool of Gettysburg College. You'll need two lunches, car snacks, sheets or sleeping sack. Leave HQ at 6:30 ^FRiday night. Cost \$15. (731-1083)

INTERESTED IN CAPE COD? Larry Giventer is considering leading 7 to 10 day cycle camping/hosteling trip to Cape Cod in late August. If you're interested, call him (422-9282) for information.

SWIMMING ON FRIDAY NIGHT? Clara Herron is contemplating the second annual swimming party at her home sometime in July. See her for further details (922-5859)

Personality of the month

Meet DAVE PORTERFIELD, hiker, backpacker cyclist, canoeist, ecologist, and co-chairman of the Baker Trail (next month's GT will feature Eb Moll, the other half).

Another newcomer to AYH, Dave let little time pass before he volunteered his trail talents. He is a native Pittsburgher, a graduate of Allegheny High School, University of Pittsburgh, and currently a graduate student at Slippery Rock State College.

He's another of the lucky bachelors who found a soul mate at AYH (celebrating his third month of wedded life), having met his wife, Nan, on a hike on the Baker Trail. He soon found that their life styles were similar, and that they both were seriously interested in ecology. He just recently quit his job as an architectural draftsman, and together, he and Nan are working on graduate degrees in environmental education. They hope to eventually establish a service in that field for schools, an "AYH-Outward Bound-Sierra Club for every day out-of-classroom learning experiences.

If you are in the market for insurance, or mutual funds, contact Dave, for he will be working his way through grad school as a licensed stock salesman. He has formerly peddled furnace repairs, farm machinery, flooring and accoustical ceilings, so mutual funds will be right down his trail. He has ten years of active duty in the Navy behind him and is still a member of the Naval Reserves.

He has canoe-camped in the Everglades,

lived off the land in the Dolly Sods area, cycled Cape Cod and explored the Sinks of Gandy.

If you can catch up with him, introduced yourself to the very active, Dave, ecologist of the month.

LIMA COUNCIL SPONSORS MIDWEST DOUBLE CENTURY, a cross-country ride with the object of traveling 200 miles in 24 hours or less, during the weekend of July 3-4. If interested, write to MDC Communications, Box 173, Lima, Ohio Zip Code, 45802.











TOSRV REPORTED A COMPLETE SUCCESS

by Jack Batchelor

The recent #1 cycle tour had over 1700 cyclists participating with 27 of them from our area. Of the 27 locals, 23 completed the tour. One rider was involved in an accident, and two others sacrificed the completion of the tour to look after him. Rain did not deter the avid cyclists, nor the headwind that followed. One rider astonished everyone, including town traffic, by peddling one of those "high-wheelers." Our cycling program at AYH should get everyone in shaper for next year's TOSRV so come out and cycle!

TUBA IN THE PARKS?

Mayor Peter Flaherty has been petitioned by the Trans Urban Bicycle Association (TUBA) to set aside some roads in the city parks for the use of bicycles for a few hours each week. They can't a very adventurous group or they would be cycling with AYH on Tuesday and Thursday evenings. Let's join them; at least they see the pollution hazard.

CALENDAR FOR JULY... American Wind Symphony Concerts...Sunday even- ings at the point.		YOU can be the solution to pollution! GRIP--5th & Craig Sunday--10 to 3		1 Cycling OPEN HOUSE Icecream Festival 	2 Holiday weekends: Backpacking Hike Canoe/camping	3 Hiking Cycling 1.
4 --1776-- Cycling weekend Hiking/ canoeing weekend (Thoreau left for Walden Pond 1845)	5 Drive carefully.	6 Cycling Twilight Time 6:30 	7 GRAFFITI Let's get one thing clear... the water!	8 Cycling OPENHOUSE Equipment Know-how Full Moon 	9 Midnight cycling with Gary	10 Cycling Canoe School #1 
11 Cycling Sail/canoeing Rafting Armand Panson enters world	12 Julius Caesar precedes Panson 100 BC	13 Cycling AYH Board meeting	14 BASTILLE DAY in France. Viva la Frenchfries	15 Cycling OPENHOUSE Forest Survival	16 St. Swithins Day was yesterday. Did it rain?	17 Bushwhacking Cycling Canoeing Horseback hike
18 Cycling Hiking... Baker Trail Water Circus 	19 Mary B.: Whatever happened to ice skating? ? ? ?	20 Cycling 1st man on Moon 1969.	21 Belgian Indepen- dence Day!	22 Cycling OPENHOUSE thatGreek Gilmour	23 Someone invented the ice- cream cone 	24 Cycling Canoeing Wild food Hike 
25 Hiking Rafting Flat water canoeing	26 Send some "Leo" some larkspur. 	27 Cycling Great for losing weight!	28 Did I hear your pass expiring? 	29 Cycling OPENHOUSE Yampa River Rafts	30 National Grandma's Day. 	31 Hiking #2 Canoe School Cycle weekend Gettysburg

Pittsburgh Council
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