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Ohlpyle, PA 15470

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Is Here!**

TRIPS AND TRAILS

BAKER TRAIL
Guide Book

Hosteling

AYH

**THE
GOLDEN
TRIANGLE**

**American Youth Hostels, Inc.
Pittsburgh Council**

JUNE 86

**AMERICAN YOUTH HOSTELS INC
PITTSBURGH COUNCIL**

6300 FIFTH AVE.

PITTSBURGH, PA. 15232

(412) 362-8181

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THE GOLDEN TRIANGLE

PITTSBURGH COUNCIL

AMERICAN YOUTH HOSTELS

6300 Fifth Avenue

Pittsburgh, PA 15232 Phone: (412) 362-8181



AYH Headquarters is located at 6300 Fifth Avenue next to the Pittsburgh Center for the Arts. Open House is held every Thursday evening. The building opens at 8 pm and the slide show starts at 8:15. Weekly trip announcements are made immediately following the slide show. The Golden Triangle is assembled for mailing at monthly Production Parties after the meeting. Come out and join us!

JUNE OPEN HOUSE PROGRAMS

- June 5 The Sights and Sounds of China by Marta Hurwitz.
June 12 Paddling with the U.S. Olympic Team and the Rest of Us by Lynn Hackett.
June 19 Al Uhrine and the adventurous AYH climbers traversed great rocks (rolling and otherwise) to bring you tonight's show!
June 26 Pat Rossi takes us on a trip to Tunis in the Mideast.

JUNE ACTIVITIES BOARD MEETING

The AYH Activities Board will meet Wednesday, June 4, at 6:30pm and will be a covered dish picnic at the Hull's. Their address is 109 Laverne St., Penn Hills. The meeting is open to all interested AYH members. If you plan to come, phone Eileen Hull at 242-5379 and tell her what you plan to bring. (Salad, vegetable or desert). Meat, rolls, and beverage will be furnished.



Schwinn Bicycles

KRAYNICK'S BIKE SHOP

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New, Used and Antique Bikes and Parts

For Sale or Trade

5003 Penn Ave., Pgh., PA 15224

(412) 621-6160



AYH MEMBERSHIP APPLICATION

AYH memberships are available at Open House meetings on Thursday nights. If you cannot attend a meeting fill out the application below and send it along with \$1.00 to cover postage for each membership ordered and your check made payable to Pittsburgh Council, AYH, to:

AYH Membership
6300 Fifth Avenue
Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sells International Hostel Guide to Europe for \$8.00 by mail or \$7.00 at Headquarters.

Note: Memberships run from Oct. 1st to Dec. 31st of the following calendar year.

Amount and Membership Types Available (check one):

- ☐ \$10.00 Junior (17 years and under).
☐ \$10.00 Senior Citizen (60 years and over).
☐ \$20.00 Senior (18 years and over).
☐ \$50.00 3 year Senior (18 and over).
☐ \$30.00 Family (includes children under 18 yrs.)
☐ \$200.00 Life (Individual lifetime membership).
☐ \$10.00 Foreign Nationals (including Canadians).
☒ \$1.00 Postage (for each membership ordered).

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE () _____
BIRTHDATE Month _____ Day _____ Year _____
New/Renewal? _____

MEMBERSHIP BENEFITS:

International Hostel Membership Card
USA Hostel Handbook
"The Knapsack", National AYH Travel Newsletter
"The Golden Triangle" Pittsburgh Council Monthly News
Open House every Thursday night at 8pm at Headquarters
Access to national programs and leadership training

The GOLDEN TRIANGLE

JULY ISSUE DEADLINES: JUNE 5 all trips, ads and articles.

JUNE 26 Production Party

The GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are the responsibility of the editor.

EDITOR Joy Layton, 108 Sunset Dr., Pittsburgh, PA 15237 486-4753

PRODUCTION Don Hoecker

MAILING Roy Weil

ADVERTISING Lucy Hofmann

NOT TOO FEISTY...

I've been pretty feisty lately. In fact, at several moments, I've been downright fed up with this whole newsletter editor business: late submissions, cantankerous complaints, messy papers, missing phone numbers, ad infinitum. I've begun this month's column about five times already, but tore it up every time because it was just too bitchy (pardon me!). It's about time I sat down and remembered why I'm doing this.

This organization has given me a lot of good friends and happy memories. For instance:

- My first AYH backpack, when we accidentally dumped the spaghetti noodles, but rinsed 'em off and ate 'em anyway.
- The hot summer hike at Ohiopyle, when we swam in the "slides" in a stream near town.
- Teaching twelve backpackers the words to "Redneck Mother".
- The "Bring-Your-Own-Noodles" supper from the AYH Outdoor Food Book, when Blanche forgot to bring her noodles.
- The day that Harriet Ann and Pat Rossi taught me how to x-c ski.
- My first (and last) Steve Tubbs x-c ski (bushwhack).
- My only (but still terrific) Norm Snyder hike. Two RR tunnels, one high bridge, a strip mine, and four or five hills later... When do we go again, Norm?
- The raft trip when I almost lost Jack Asherman, but not, thank heaven, Joe Hoechner or the "President's" son...
- Watching Kim draw fleas for Triangle ads.
- The view from the bridge at Ohiopyle.
- Harrassing the caving chairpeople (they honestly like caving!).

You know, the more I think about the good things, the better I feel about AYH. I'm editor because I like it, and because I like the people in AYH - no matter how much of a pain-in-the-neck some of them may be at times!

22

Joy

THE PRESIDENT'S CORNER

I'm writing this just as I'm getting ready to leave for TOSRV (the Tour of the Sciota River Valley) in Ohio, so this will be shorter than usual. Cycling in Pittsburgh seems to be increasingly popular, by the way. There are more people than ever cycling in the city and in Western PA; there are new bike shops opening up; and new Cycling Events being planned. This month, Pittsburgh Council and the Wheelmen will be helping the city organize the Great Ride on June 22, and also will be helping with a ride from North Park to Presque Isle for the benefit of Multiple Sclerosis the weekend of June 28 and 29. The Kodak Ride for Liberty hasn't happened yet as I write this, but I'd like to thank Chuck Ejzak, Jeff Foster, and the rest of the volunteers for their efforts. Thanks also go to Jack Peth for coordinating our volunteers for the Pittsburgh Marathon and to Judy Menosky for coordinating the Morgantown Weekend. At the May Activities Board meeting, Blanche Asherman reported the membership continues to do well, with the totals being well above last year's. It was also consensus of the Board that all Council trip leaders should be AYH members. Among other benefits, this insures that the trip leaders will be covered by our liability insurance policy. At the AYH Week Open House on May 8th, we had a very interesting slide show on an assault on Mount Everest, and also had another successful flea market, thanks to Bill Johnston.

....Larry Laude, President 665-9554

P.S. Help Wanted: Temporary storekeeper needed for 3 months while Shelley travels to Europe.
Someone to paint the doors and trim trees at HQ.
Painters to finish up the outside painting at Ohiopyle.

PITTSBURGH HOSTEL AT POINT PARK COLLEGE

Point Park College maintains a hostel (supplemental accommodation) in their dormitory on Wood Street in downtown Pittsburgh. There is a cafeteria, and parking is available across the street. Overnight fees are \$7.25. There are up to 200 beds available during the summer months but only 10 beds available during the school year. Making reservations is essential during the school year since the small number of beds are often not available. Staying at the hostel is a good way to come visit Pittsburgh at a minimal cost. For more information, call Point Park at (412) 392-3824. Please note: After 4 pm, call (412)391-4100.

NEW STORE ITEMS

AYH Cycling Caps (\$3) and water bottles (\$2) are now available at HQ. We also have International Conversation Phrase Books for \$4.

ANNOUNCING
THE
MS 150 BIKE TOUR
JUNE 28-29, 1986



Join a Great Adventure ... the MS 150



This is the tour for everyone, no matter what your age or biking style. Meet new people, explore the exciting Pennsylvania countryside, and be eligible to win prizes.

This two-day, 150-mile bike tour begins **Saturday, June 28th** and ends **Sunday, June 29th**.

After your first day of biking, you'll be able to relax and freshen up. Following dinner, you'll be able to sit back and enjoy yourself under a starry, summer sky.

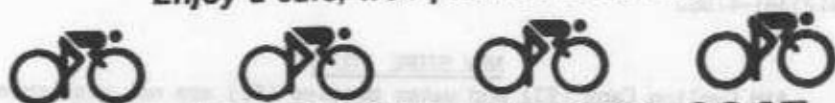
Sunday you'll wake to hearty breakfast and then it's back on the road, heading to the beautiful beaches at Presque Isle.



American Youth Hostel
Pittsburgh Counsel

28 Signal Bn.
Pennsylvania
National
Guard

Enjoy a safe, well-planned weekend!



BIKE TOUR HOTLINE: 261-6347

RAFTING

Shirley Ulaky 422-0849h or 327-1300 ext. 403

EQUIPMENT: Lunch in a waterproof bag, swimsuit, wool or acrylic sweater if it is cold or windy, raingear, old tennis shoes to wear on the river, change of dry clothes to put on after trip, sun protection, STRAP FOR GLASSES, money. Estimated trip expenses including raft rental, shuttle ticket, car pool expense generally average between \$14 and \$18 per person, depending on the total number of people, etc. **BRING EXTRA MONEY FOR DINNER.** The trippers responsibilities **INCLUDE** returning to HQ with the group to blow up the rafts to dry out and to put the equipment away. If you have evening plans and must be home at a certain time, this is not the trip for you. We generally return to HQ and finish putting the equipment away by 9 or 10 pm. It is not uncommon for a tripper to go overboard for a little dip in the river. This trip is not recommended for people who cannot swim or are afraid of water. Rain does not stop a rafting trip unless the water becomes too high for our 4-man rafts. Call leader if in question and to reserve space on a trip.

SEA-KAYAKING

Cathy Lynch 361-3707

Tom Trump 284-7349w

Paul Kram 681-9069

Sea Kayak Symposium is August 9-10. There is a possibility of an extended trip exploring islands in Boston Harbor by kayak. Contact Cathy Lynch.

Great Lakes Kayak Touring Symposium is June 27-29 in Traverse City, Michigan. Contact Great River Outfitters, 3721 Shallowbrook, Bloomfield Hills, MI 48013, (313) 644-6909. Or call Tom Trump.

VOLLEYBALL

Jeff Marsh 466-7841h or 476-5320w



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"LITE" HOSTELING ANYONE?

Are you a new member? Or perhaps been a shy member for a year or so? Do you want to take a summer trip with AYH, but don't really know if you want to stay at hostels for weeks at a time? Try a "lite" hosting trip first! If you check out our monthly newsletter you'll see the Pittsburgh Council leads one or two overnights to hostels each month.

There have been weekend work parties, hikes, or kayak trips to the Ohiopyle State Park Youth Hostel. There are weekend cycle trips using the Gettysburg or Niagara Falls, NY hostels. Or you can get your feet wet hosting on Lake Erie with a sea-kayak trip to Camp Sherwin Hostel (you can sometimes get your feet wet cross-country skiing too!).

So don't be shy! You can ease into the system with a weekend trip with the Pittsburgh Council.

FOR SALE: Men's 23" frame 10-speed bike, black with gold trim, black-burn rear rack, Shimano components. \$125. Call Joe Hoechner at 373-3403 and keep trying!

FOR SALE: Sigg Tourister Cook Set. Aluminum, fits Svea stove (not included). Call Angelle Guyette at 683-4665.

(The Golden Triangle is happy to print classified ads from AYH members, as space permits. ed.)

Sail weeks are being offered during July and August along the northern reaches of Lake Huron's Les Cheneaux Islands. The North Channel country is rated as one of the most spectacular sail cruise areas in the world. If you are not already a sailor these trips offer you the fun of learning the art of sail cruising with expert informal instruction.



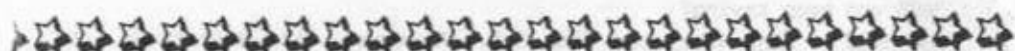
Join us for a 5 day cruise through these remote rocky islands aboard our 30 foot sailboat, anchoring at new harbors each night.

Starting dates: June 30, July 7, 14, 21, 28, August 4, 11, 18, 25.

Leader: Jerry Barron. Cost: about \$260; deposit \$100.00. For a free brochure write or call Michigan Council, AYH, 3024 Coolidge, Berkley, Michigan 48072. Phone (313) 545-0511. Hours: 10 to 5 Mon, Tues., Thurs., Fri.; 10 to 8 Wed.

"I was brought up on this sort of thing and realize the need for hosting. From the time I was nine until I was seventeen, I spent most of my holidays bicycling on the Continent. This was the best education I had; far better than schools. The more one circulates in his travels, the better citizen he becomes, not only for his own country, but of the world." ...Franklin D. Roosevelt, Honorary President, AYH, 1936.





GEAR UP THIS SUMMER

from the

Ambridge Bike & Sport Center

Special Bike Offers

| | | | |
|----------------------------|----------------|----------------------|----------|
| NISHIKI MAXIMA | 60cm | \$699.95 | \$499.95 |
| PANASONIC DX7000 | 21", 25" | \$999.95 | \$549.95 |
| LOTUS SUPERBE | 60cm | \$799.95 | \$569.95 |
| SPECIALIZED ALLES SE | 50, 52, 54, 56 | \$799.95 | \$589.95 |
| PANASONIC TEAM EUROPE II | 58cm | \$699.95 | \$599.95 |
| MOTOBEANE LE CHAMPIONNE | 23" | \$899.95 | \$679.95 |
| MIYATA TEAM | 54cm | \$999.95 | \$699.95 |
| SEROTTA NOVA | 23 1/2" | \$1199.95 | \$799.95 |
| BIANCHI CAMPIONE D. ITALIA | 57cm | \$1145.95 | \$899.95 |

Closeout on all Frames!

Prices are only good while they last! All frames include headset.

| | | | | | |
|----------------|------|----------|-----------------|------|----------|
| MIYATA TOURING | 19" | \$89.95 | NISHIKI ONP | 58cm | \$219.95 |
| NISHIKI CRESTA | 23" | \$169.95 | TREK TOURING II | 24" | \$239.95 |
| PEUGEOT RACING | 58cm | \$189.95 | TREK RACING | 25" | \$299.95 |
| TREK TOURING I | 24" | \$189.95 | SEROTTA | 54cm | \$399.95 |

BATAVUS FRAMES now in stock

USES COLUMBUS SL TUBING — CAMPY HEADSET — \$389.95

DAVE MOULTON FRAMES

"FUSO" — \$539.95

CANNONDALE FRAMES

SALE PRICED FROM \$250 AND UP

CLIMBING

Dale Vilsack 343-8379

Eric Bauer 687-0766

Karl Morner 521-6404

The beginner's climbing trips at White Rocks meet at HQ at 7 am. Bring tennis shoes, hiking boots, lunch, water, leather-palmed gloves (if you have them) and a sunny disposition. We usually stop for dinner and return to Pittsburgh between 8 and 9 pm. Call any of the chairmen for reservations.

FAMILY OUTINGS

Barbara Hanusa 441-7205

July 2-5 Family camping in cabins at Blue Knob State Park (90 miles east of Pgh.). Limit of 12 families. We have reserved a group campsite with cabins, a swimming pool, and indoor cooking facilities for a long weekend. Contact Barbara Hanusa by June 22 at 441-7205.

HIKING

Tom Kaveney 276-8044

Wayne Hennemuth 787-7608

For those who would like to hike the Laurel Highlands Hiking Trail, a series of hikes has been scheduled from May through October. By pre-scheduling, those who want to see the whole trail can make plans. Dates for the hikes are: May 3,31; June 14,28; July 12,13, 26,27; August 4,9. There is some duplication in the schedule to allow fill-ins for missed legs. Leaders will be in the Triangle. This schedule is also posted on the Hiking Bulletin Board.

KAYAKING

Lou Conley 681-8321

Ray Yutzy 341-5682

AYH beginning kayaking schools are held once a month, June thru September, each summer. These schools provide an introduction to the exciting sport of whitewater kayaking. They are open to complete beginners (those who have never been in a kayak before) and to those who have never kayaked on whitewater before. The schools last an entire weekend, and include an overnight stay at a youth hostel. The first day of the school is spent learning the basic skills of kayak paddling on a nice calm lake. The second is spent developing those skills on a very easy (Class I-II) whitewater river. The tentative dates for the 1986 beginner schools are: June 21-22, July 12-13, August 9-10, and September 6-7. Space is very limited and preference will be given to AYH members, so sign up early. Call Lou Conley at 681-8321 for additional information.

BACKPACKING

Jack Peth 921-7214h 777-5365w

Would you like to lead or plan a trip? Would you like to have a trip go some place special? The backpacking program needs help! Call Jack.

MONTANA WILDERNESS BACKPACKING AUGUST 8 - 24, 1986 Bob Marshall Wilderness Area - on the trail 9 or 10 days, with several layover days in a beautiful and remote area. Intermediate level. Inexpensive. Limited to eight people. For information, call Jim Smith at 366-3288 evenings only.

BICYCLING

Rick Kondas 672-3891

Chuck Ejzak 466-6196

Bicycle trips are categorized as follows:

- A = advanced ride at fast pace (15 mph), long miles (>50)
- B = Intermediate, moderate pace (12mph), miles (35-60).
- C = Easy, pace (10mph), miles (20-40).
- D = Beginner, pace (10mph), miles (10-20).
- E = Learn to ride, pace 5mph, miles 0
- S = seminar, maintenance clinic, etc.

HELMETS ARE REQUIRED ON ALL AYH RIDES. These must be hardshell type helmets. Rental helmets are available for a nominal fee (\$1/day) We also have rental bikes and panniers available. Call the trip leader beforehand to reserve rentals. Water bottles, gloves, and cycling caps are available from the council store. If you would like to lead a trip, contact Chuck or Rick before the Triangle deadline for the next month.

CANOEING

Steve Shafer 481-0507h or 268-2527w

Kathy Lynch 327-0529

Bring non-cotton clothing, hat, water bottle, glasses strap, rain jacket, tennies, dry clothes in a separate bag, and knee pads. Trips normally meet at HQ at 8:00 am. Call the trip leader in advance to reserve space on a trip.

CAVING

John Popp 885-2126

Paul Herre 653-7934

Roy Provins 784-9127

LOOK PEDALS!

LOOK PEDALS ARE IN STOCK! Be like Greg and Bernard. (SPORT (white) \$68.95
RACING (black) \$97.95

LOOK COMFORTABLE SHOES are available from \$53.95 to \$74.95.

15% off all clothing

DESCENTE, PEARL IZUMI
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SHOES 10% OFF

DETTO PIETRO ... PUMA ... SIDI ... NIKE ... AVOCET ... MARCESSI

- WHEELSMITH WHEELS -

Tired of guessing the wrong spoke size ?

We now have the NEW SPECIALIZED / WHEELSMITH WHEEL BUILDING COMPUTER:
Tell us your rim type, number of holes, cross pattern, and hubset,
and we will calculate the exact spoke length you will need to build
strong, long lasting wheels. NEVER build wheels with the wrong spoke
length again.... and again.... and again. This service only \$3.00!

FIT KIT PROGRAM NOW AVAILABLE FOR BIKE SIZING & CLEAT ADJUSTMENT

special
prices

FRAME SIZING ONLY - \$12.95

FRAME SIZING and CLEAT ADJUSTMENT - \$25.95

Ambridge Bike & Sport Center

507 Merchant Street, Ambridge, Pa.

Phone 266-1111



| DATE | DAY | ACTIVITY | LEVEL | LEADER | PHONE | TIME | DESCRIPTION |
|-------|------|----------|---------|----------------------|----------|--------|--|
| 28-29 | SS | Bike | B | | | 6:30 | Ride from North Park to Lake Erie to support research to fight MS. Volunteers needed, as well as participants. Many noncycling tasks. Ride will go to Presque Isle. Return by bus. See ad or talk to Chuck Ejzak (466-6196). |
| July | | | | | | | |
| 1 | Tues | Bike | C | Fred Parker | 824-2638 | 6:30 | Evening cycle. See writeup for 6/3/86. |
| 3-6 | TFSS | Backpack | Int/Adv | Joy Layton | 486-4753 | 6:30pm | Backpack in the beautiful Quehanna Wild Area in Northcentral PA. Remote and interesting area. Blueberries, wilderness and wildlife. Call for info and reservations. |
| 4-6 | FSS | Bike | C-A | Lynn and Chuck Ejzak | 466-6196 | | Camp Sherwin Weekend at Lake Erie. Stay at Camp Sherwin Hostel. Rides will leave from the hostel. For a challenging ride to the hostel on Friday, talk to Chuck, otherwise talk to Lynn. |



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3 LOCATIONS
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Beaver Valley Schwinn
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Beaver, PA
774-5905

Monroeville Schwinn
4916 Wm. Penn Highway
Monroeville, PA
325-4660; 247-1591

South Hills Schwinn
Rt. 51 South
Large, PA
384-8477; 461-1333

TRIPS & TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee (50¢ per half day or evening). IN ADDITION non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).

AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity write-up, where you may find more information. After you've read over everything, call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring. Ask where you'll be going. How late will you arrive home? What is all this going to cost you? Remember, AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental, and any other expenses (we often stop at a restaurant on the way home).

AYH trips are geared toward individuals who independently sign up for trips. If you have a group that wishes to go, it is important for the leader to contact the trip leader early, and it may be necessary for the trip leader to speak with every tripper.

Brad Sheeler's

Canoe Adventures

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• GREY OWL PADDLES

• HARISHOK VESTS

• GRADE VI PACKS

R.D. #1 Box 358-D
Ellwood City, PA 16117

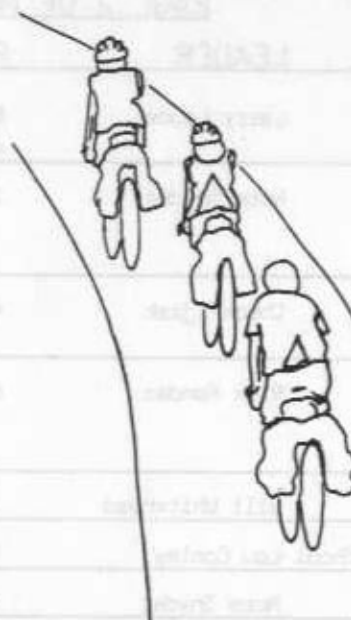
(412) 924-9314

Located near McConnell's Mill State Park

Brad Sheeler's Canoe Adventures announces the opening of their new Pro Shop. The shop will be open daily from 9-5, seven days a week, during the paddling season. They will be the area dealer for Grade VI canoe packs, Harishok P.F.D.s, Grey Owl paddles and Curtis canoes. The shop is located 1½ miles south of Route 422, 5 miles west of I79.

CYCLISTS AND OTHER VOLUNTEERS NEEDED

This month AYH is assisting in two big bicycling events: The Great Ride, and the MS Ride. We need volunteers for each event. The Great Ride has been a great success for the last several years. This year's promises to be the best yet. Volunteers are needed to help with registration and other similar tasks which do not involve cycling. The MS ride is new this year. See ad. Its goal is to raise money to fight MS. Volunteers are needed to help with the rest stops, making telephone calls, and other noncycling tasks. To volunteer, or if you have questions, talk with Chuck Ejzak, 466-6196, or leave your name and number on his answering machine.



NIAGARA FALLS, NEW YORK

HOSTEL WEEKEND!

JUNE 13 - 15, 1986

Join Pittsburgh AYH for our bi-annual trip to the Great White North. Space has been reserved for 30 members (bring your pass and sheet sacks!) at Augie Enman's famous Niagara, New York Hostel. Cost for the weekend should be in the \$45 range.

This includes trip fees, overnights, 2 breakfasts and transportation. It does not include your lunches or dinners. Entertainment Saturday night will be a drive to nearby Amherst, NY to check out the G.E.A.R. '86 activities.

Space is limited, so get your reservation with a \$20 deposit in to Joe Hoechner (373-3403) early!

NIAGARA FALLS RESERVATION FORM

NAME(S) _____

ADDRESS _____

PHONE _____

TOTAL DEPOSIT ENCLOSED _____

Make all checks payable to Pittsburgh AYH.

Mail to: Joe Hoechner
1145 Fox Hill Drive #204
Monroeville, PA 15146

PAGE 2 OF MORE AYH TRIPS FOR JUNE

| DATE | DAY | ACTIVITY | LEVEL | LEADER | PHONE | TIME | DESCRIPTION |
|-------|-------|-----------|-------|---------------------------------|------------------------|------|---|
| 17 | Tues | Bike | C | Larry Laude | 665-9554h 476-5124w | 6:30 | Evening cycle. See writeup for 6/3/86. |
| 17 | Tues | Raft | All | Norm Snyder | 351-4068 | | Join Norm on a raft trip down the Yough. Better to go during the week and miss the crowd. Call from 5 to 7 pm for reservations. See writeup for more details. |
| 19 | Thurs | Bike | E | Chuck Ejzak | 466-6196 | 6:30 | Learn to ride session for those who do not know how to ride a 10 speed bicycle. Rentals are available. |
| 21 | Sat | Bike | B | Rick Kondas | 672-3891 | 9:00 | Ride to Deer Lakes Park for lunch. Bring your lunch or buy lunch at a grocery close to the park. Bring money for an ice cream stop on the way back. |
| 21 | Sat | Canoe | I | Bill Whitehead | 363-0365 | | Canoe trip. |
| 21-22 | SS | Kayak | Begin | School Lou Conley | 681-8321 | | See writeup for more information |
| 21 | Sat | Sea-kayak | Int | Norm Snyder | 351-4068 | | |
| 22 | Sun | Bike | B-D | | | 9:00 | The Great Ride. Join us as volunteers either cycling or not. Cost is just \$3. Look for entry form in May Triangle of at HQ |
| 22 | Sun | Canoe | WMI | Oscar Mayer | 421-8216 | | Canoe School |
| 22 | Sun | Sea-kayak | Int | Michele Bertini Diane Arnold | 642-4215 | | |
| 24 | Tues | Bike | All | Chuck Ejzak | 466-6196 | 6:30 | Maintenance Clinic. Bring bike, rags, toothbrush and 50¢. Topics will depend on crowd. Clinic ends at 9:00. |
| 26 | Thurs | Bike | C | Judy Menosky | 242-1573 | 6:30 | Evening cycle. See writeup for 6/3/86. |
| 28 | Sat | Bike | C | Don Shepard | 921-4506 | 9:25 | Meet in Oakdale for a 25 mile ride. |
| 28 | Sat | Canoe | 1-2 | Jim Porcelli | 682-1219 | | Canoe trip. |
| 28 | Sat | Climb | Int | Chairmen | see list | | White Rocks. |
| 28 | Sat | Raft | All | Joe Hoechner | 373-3403 | 8:00 | Raft trip on the YOUGH. |
| 29 | Sun | Bike | | Elaine Mormer | 521-6404 | | North Park to Evans City. |
| 29 | Sun | Climb | Begin | Chairmen | see list | | White Rocks. |
| 29 | Sun | Hike | Int | Tom Kaveney | 276-8044 | 8:30 | Roaring Run Natural Area. |
| 29 | Sun | Raft | All | Judy Menosky | 242-1573 | 8:00 | Raft trip on the Yough. |

**for
rock
gear**

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BNI,
CMI,
Calma,
FORREST,
LASPORTIVA,
CHOUINARD,
EDELWEISS, SMC,
BLUEWATER,
FRIENDS, W.C.
SEWN SLINGS, CHAL
TRI-CAMS, SLIDERS
CLOG, PITONS,
LYCRA TIGHTS,
HELMETS.

EXKURSION

4123 William Penn Hwy.
Monroeville, PA 15146

OUTDOOR CHALLENGE PITTSBURGH

Volunteers are needed to accompany teens on three day (two night) backpacking trips in the Laurel Highlands with Outdoor Challenge Pittsburgh. Outdoor Challenge is a program conducted by Citiparks Nature Division. Its objective is to provide high adventure opportunities where teens can develop self-confidence, leadership skills, and teamwork. Women are especially needed to volunteer for each of the four pack trips. You can use your camping skills and enthusiasm to help teens grow and enjoy the outdoors. Trips run Tuesday through Thursday, the weeks of July 7, 14, 28 and August 4. If interested in assisting with one or more of these trips, please call Rupert Friday at Frick Nature Center, 422-6538 (Mon.-Fri. 8:30 to 4:30)

White Water Adventurers

AND

Youghiogheny Raft Rentals

BOX 31 — OHIOPILE, PA. 15470

We are your "full service outfitters" featuring:

Professionally guided rafting trips on the white waters of the Youghiogheny River in OhioPILE, PA and the Cheat River in Albright, WV

Raft rentals for "do-it-yourselfers" on the Youghiogheny River.

Canoe rentals to enjoy the scenic 11 mile stretch of the Middle Youghiogheny River.

Bike rentals to peddle the hike trail along the Middle Yough from OhioPILE to Confluence.

Camping at Tall Oaks Campground (formerly White Water Campground) just 15 min. from the Yough River and 30 min. from the Cheat River. Many improvements for 1986.

Retail store with complete line of clothing items, and souvenirs. Also a complete line of wet suit rentals for the chilly days on the river.

ONE CALL DOES IT ALL! CALL NOW: 412/329-8850 (collect in PA)
or 800/WWA/RAFT (outside PA)

35th ANNIVERSARY EDITION

BAKER TRAIL
Guide Book

AMERICAN YOUTH HOSTELS
Pittsburgh Council
8300 Fifth Ave.
Pittsburgh Pa. 15232



COMING SOON?

JUNE AYH TRIPS

| DATE | DAY | ACTIVITY | LEVEL | LEADER | PHONE | TIME | DESCRIPTION |
|----------|-------|-----------|-------|---------------|----------------------------|------|---|
| May 31-1 | SS | Climb | Begin | Chairmen | see list | | Morgantown Weekend |
| 1 | Sun | Canoe | Basic | Steve Shafer | 481-0507 | | Canoe School |
| 1 | Sun | Sea-Kayak | All | Steve Tubbs | 751-2153 | | Kayak and snorkel at Yough Lake. |
| 3 | Tues | Bike | C | Bill Johnston | 687-4893 | 6:30 | Evening cycle. Call ahead if you need rentals. For people who already know how to ride and want a liesurely ride. |
| 5 | Thurs | Bike | C | Steve Howitz | 521-0810 | 6:30 | Evening cylce. See above. |
| 6-8 | FSS | Bike | A-D | | | | WAG86 Ride sponsored by the Western PA Wheelmen. Rides leave from Slippery Rock University from 7:45am on. For further details, call Chuck Ejzak, 466-6196. |
| 7 | Sat | Canoe | Int | Dave Marschik | 271-4227 | | Solo Paddling School. |
| 8 | Sun | Bike | C | Chuck Ejzak | 466-6196 | 8:30 | Morning ride through the city. Brunch afterward if there is a demand. |
| 8 | Sun | Canoe | WII | Gordon Bugby | 371-4223 | | Canoe School |
| 8 | Sun | Raft | All | Bob Van | 833-8486 | 9:30 | Raft on the Youghiogheny river. See rafting writeup for more details. |
| 10 | Tues | Bike | C | Chuck Ejzak | 466-6196 | 6:30 | Meet in Elizabeth and ride to Monongahela and back on scenic roads. Lovely evening ride. Meet under RT. 51 bridge. |
| 10 | Tues | Bike | C | Sally Brunson | | 6:30 | Evening cycle. Call ahead if you need rentals. For people who already know how to ride and want a liesurely ride. |
| 12 | Thurs | Bike | C | Joel Platt | 421-4446 | 6:30 | Evening cycle. See above. |
| 13-15 | FSS | Bike | B/C | Joe Hoechner | 373-3403 | | Cycling from Niagara Falls Hostel. This year we will be able to visit GEAR. See ad in this issue. |
| 13-29 | | Canoe | 2-3 | Dave Marschik | 271-4227 | | Canada trip. Canoeing and camping. |
| 14 | Sat | Bike | C | Judy Menosky | 242-1573 | 9:00 | Getaway ride out of the city. |
| 14 | Sat | Climb | Begin | Chairmen | see list | | Morgantown. |
| 14-22 | | Climb | Int | Chairmen | see list | | Shawangunks, NY |
| 15 | Sun | Hike | Int | Ben Brugmans | 736-2751 | 8:00 | Laurel Highlands Trail, Rt.271 to Rt. 56. |
| 15 | Sun | Raft | All | Shirley Ulaky | 422-0849h 327-1300 x403 | 8:00 | Raft trip on the Yough. See writeup for more info. |