

SABRE 1999 Bicycle Tour

(Southwestern Autumn Breeze)
Sunday, October 3rd 1999

SABRE 1999 is a bicycle tour of southwestern Pennsylvania, and the small rural and farming communities of southwestern Allegheny County and Washington County. Cycle SABRE and see western Pennsylvania's orchards and fields filled with autumn's red, orange, and yellow trees while October skies are still clear and a fresh breeze fills the air. SABRE consists of three routes for cyclists of all abilities:

- ⚡ A challenging 65 mile metric century
- ⚡ A shorter but rolling 35 mile route
- ⚡ The gentle (but not flat) 15 mile ride

Join nearly 1,000 other cyclists for the 9th annual SABRE!

Start SABRE 1999 starts and finishes in Settler's Cabin Park at the Moccasin picnic grove. Settler's Cabin is an Allegheny County Park between Pittsburgh and the Pittsburgh Airport just off the Parkway west at the Campbells Run Road exit.

Pickup your registration packet before starting your ride. Registration opens at 7:30 am. There is no mass start, so you can feel free to start your ride as soon as you register.

The following start times are recommended so you will not be to late (or early!) for any of the rest stops.

- 65 mile ride: 8:30 am
- 35 mile ride: 9:30 am
- 15 mile ride: 10:30 am

Food (and cider!) Unlike so many other rides, you don't have to just finish the tour and go home. We will be waiting for you with the famous SABRE picnic at the Moccasin grove. If the breeze is chilly, we'll be sure to have something to warm you up.

Rest Stops SABRE 1999 has 2 rest stops: The 35 mile has a rest stop at Cecil Township Park. The 65 mile ride has one in Burgettstown, and a second also at Cecil Township Park. Both rest stops will have drinks and snacks - but save room for the picnic at the end of the ride!

Support A sag wagon will pick up those who can not finish due to bike problems or fatigue. However you and your bike are expected to be in good shape for the ride...and please carry a spare tube!

Register Now! Pre-registration is highly recommended and costs only \$12.00 when postmarked by September 18, 1999. It is \$17.00 thereafter and on the day of the ride. (Please note that T-shirts are not included in the registration fee.)

T-Shirts SABRE 1999 T-Shirts can be ordered with your registration for \$8.00. Only riders who pay for a T-shirt with their registration by September 18th will be guaranteed to receive a SABRE 1999 shirt on the day of the ride.

Helmets All cyclists are required to wear an approved bicycle helmet to participate in this ride. Look for helmets meeting ANSI Z.90 or Snell B90 standards.

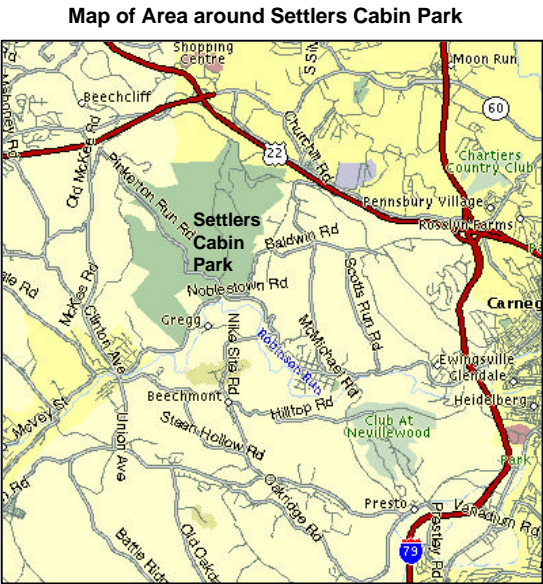
Traffic The roads along the route will be open to traffic. SABRE riders will be expected to obey traffic regulations. The route will be well marked with signs and road marshalls at key intersections.

Sponsor and Proceeds SABRE 1999 is sponsored by Hostelling International Pittsburgh (Pittsburgh Council, American Youth Hostels) and is the sister tour of the Mon Valley Century in August. Proceeds from SABRE 1999 help support the Pittsburgh International Hostel in the Allentown section of Pittsburgh, and the hostel in Ohio.

A portion of SABRE 1999's proceeds will also benefit the MonTour Trail Council, who support and maintain the MonTour trail.

Contacts
AYH Office: 412-431-4910
AYH FAX: 412-431-2625
E-Mail: ayh@trfn.clpgh.org

World Wide Web Interested in more information about the Pittsburgh AYH and Hostelling? Check out our web pages at <http://trfn.clpgh.org/ayh/> or the SABRE ride page at <http://trfn.clpgh.org/ayh/sabre.html>



Directions From Pittsburgh and the east, take I-279 West (the "Parkway West") to the Campbells Run Road Exit. At the end of the exit ramp, turn left, and within 50 feet turn left again and look for the signs pointing to Settlers Cabin Park.

From the west, follow Route 60 East from the cloverleaf with Route 22/30, pass Robinson Town Center, take the first right to Campbells Run Road, and continue until you reach the right turn at Bishop's and look for the signs pointing to Settlers Cabin Park.

From both directions, continue under the parkway, turn right up the hill, and take the first right onto Ridge Road, which leads into the park.

Parking Free parking will be available at the Wave Pool. It is just a short bike ride from the Wave Pool parking lot to the Moccasin picnic grove. (Follow the SABRE 1999 signs to the grove).

SABRE 1999 Waiver

In consideration of your acceptance of my application for entry in the SABRE Bicycle Tour, I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property I may have, or which may accrue to me as a result of my participation in the SABRE Bicycle Tour.

I, the undersigned, discharge, and release the promoters, the sponsors, Hostelling International, Pittsburgh Council, American Youth Hostels, Inc. and their respective agents, boards, commissions and any other involved municipalities, and employees and representatives of the foregoing from all liability, arising out of or connected in any way with my participation in this event, whether or not caused by the negligence of any of the above parties.

I acknowledge that the SABRE Bicycle Tour involves riding on public roads which are not closed to other traffic and which may have other hazards including hills, potholes, loose gravel, and sewer grates. My participation is voluntary and is done at my own risk. I voluntarily assume all risks of loss, damage or injury that may be sustained while participating in this event. I attest that I am physically fit and sufficiently trained for the completion of this event. I hereby consent to and permit emergency treatment in the event of injury or illness while participating in the event. I understand and agree that medical or other services rendered to me by, or the insistence of any of the above parties is not an admission of liability to provide or to continue to provide any such services, and is not a waiver by any of said parties of any right hereunder.

I understand that serious accidents occasionally occur during bike rides and that participants in bike rides occasionally sustain mortal or serious injury as a consequence thereof. Nevertheless, I agree to assume these risks and to release and indemnify and hold harmless all the persons mentioned above who might otherwise be liable to me (or my heirs or assigns) for damages of whatever kind or nature. I attest that the bicycle and equipment I will use in the SABRE Bicycle Tour are in good mechanical condition. I agree to wear a helmet meeting either the ANSI Z90.4 standard or Snell Memorial Foundation 1984 standard while riding in this event. I agree to abide by the rules of the event as established by the promoting organization and to obey the directions of the officials.

I hereby grant full permission to Pittsburgh Council, American Youth Hostels and/or its agents to use photographs, videotapes, motion pictures, or any other record of this event, including my name, likeness and/or voice for any legitimate purpose.

I have read and understand everything written above and voluntarily sign this agreement.

_____ Signature of Participant	_____ Date
_____ Signature of Parent / Guardian (If registrant is under 18)	_____ Date

SABRE 1999 Registration Form

One Rider per form, please. Copies accepted (be sure to include the release form on the back). Please write legibly.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ Age: _____

Emergency Phone for Ride Day: _____

I plan to ride (check one): ☐ 65 ☐ 35 ☐ 15 miles

T-Shirt size (if ordered): ☐ S ☐ M ☐ L ☐ XL

Registration Fees

\$12 by 9/18, \$17 after 9/18 \$ _____

T-Shirt (\$8): \$ _____

Donation for Hostel: \$ _____

Total: \$ _____

Payment:

☐ Check made payable to "Pittsburgh AYH"

☐ Visa ☐ Mastercard ☐ Discover/Novus

Card # _____ Exp Date: _____

Signature: _____

Mail to: AYH - SABRE 1999
830 E. Warrington Avenue
Pittsburgh, PA 15210-1595

Where did you get this brochure? _____

You must sign the liability release on the back of this form to participate!

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Printed on recycled paper

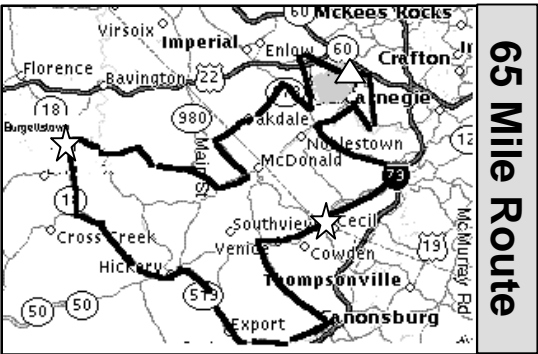
Route Maps



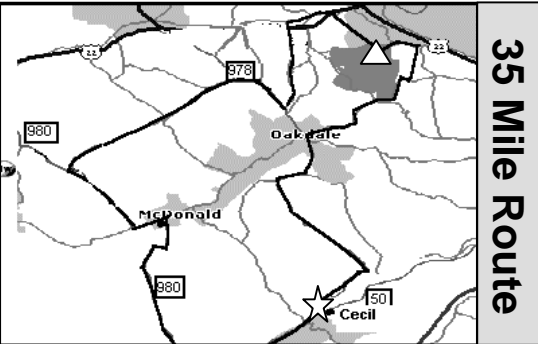
Indicates Settlers Cabin Park Start/Stop area.



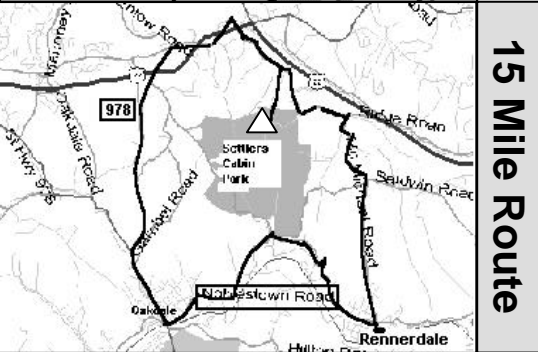
Indicates a Rest Stop.



65 Mile Route



35 Mile Route



15 Mile Route

NON-PROFIT
U.S. POSTAGE PAID
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PGH PA

Hostelling International
American Youth Hostels
Pittsburgh Council
830 East Warrington Avenue
Pittsburgh, PA 15210-1595

Sign Up Early!!

Only \$12 for Registrations
Postmarked by September 18th



SABRE 1999

Sunday
October 3rd, 1999

Proceeds benefit the
Pittsburgh International Hostel
and the MonTour Trail Council

