



golden triangle

ayh

pittsburgh council, american youth hostel, inc.

Volume 20 Number 2 February, 1969

SHOOT THE SALMON

A rafting trip down the Middle Fork of the Salmon River (120 miles) is being planned for next summer. Any one interested must express his interest to Bruce Sundquist by March First. A definite commitment would be needed by May 1. The Middle Fork of the Salmon runs through Central Idaho and some of the most remote, rugged, and beautiful wilderness in the US. Our own rafts would be used to save the \$260 per head charged by commercial operators. The trip would be run in mid-July (2 weeks) and would be limited to 8 people highly experienced in rafting, camping, and traveling light. Besides rafting, there would be hikes up side canyons and perhaps some trips by car to nearby scenic areas. The total cost of the trip per person is estimated at \$130 (by car) or \$250 (by plane-excursion rates).

DEADLINE

The deadline for all entries in the Second Annual AYH Photo and Art Competition is Feb. 11. Mail all entries to:

Robert Fewkes
473 Poplar Street
Verona, Pa. 15147

For details on the contest, see January Triangle.

THE BOAT SHOW

Pittsburgh Council AYH will again participate in the annual Pittsburgh Boat Show, to be held at the Civic Arena, Feb. 9 thru 16.

In the past years, several active members have been introduced to hosteling through the display, which depicts all the diversification of AYH, with emphasis on water activities. If you are interested in spending a few hours among watercraft, camping equipment and pretty girls, contact Nancy Simler (793-0930).

OFF TO KILLINGTON

If you're rather discouraged with Western Pennsylvania skiing, you may be interested in the one-week trip to Killington, Vermont being organized for the week of February 3 or 9.

At Killington, the graduated length method of skiing is taught which begins with the use of special 39" skis on the first day and the gradual lengthening of skis until the regular length is achieved.

Killington offers 12 lifts, 50 trails, 23 feet of snow and a 3,000 foot drop for the enthusiast.

Our mathematical genius, Bruce Sundquist, has estimated the total cost for transportation, lodgings, lessons, food, and lift ticket at \$120.00.

Those interested should contact Ruth Nash at 521-0925.

THE GOLDEN TRIANGLE

SKI TOURING VS CROSS COUNTRY SKIING

Many AYHers are unfamiliar with the nomenclature used to describe various kinds of skiing. In order to avoid getting the wrong equipment for what we have in the past been calling "Cross-Country Skiing" please note that AYH ski trips, other than downhill ("Alpine" or "Yo-yo") skiing, are really "Ski-touring" trips. In order of decreasing weight and ruggedness of the equipment involved, the various kinds of skiing are:

1. Downhill Skiing
2. Ski-Mountaineering
3. Ski-Touring
4. Light Touring
5. Cross-Country Skiing
6. Cross-Country Ski Racing

Some equipment used in category 6 is so light and flimsy that special tracks must be laid out in order to avoid equipment breakage. The basic difference between Cross-Country Skiing and Ski-Touring is that maneuvers such as snow-plows, snow-plow turns, stem turns, etc. are done only in ski touring. Since flat and gently rolling land in W.Pa. is well-populated and unattractive, AYH non-downhill trips are run in the Laurel Ridge or Chesnut Ridge area thus requiring that they be classified as Ski-Touring trips (unless you want to Schuss down Laurel Ridge!)

Now, what equipment is best for ski-touring?

Poles-The same for downhill.

Boots-An old pair of downhill boots that have become somewhat flexible are better than a new pair of downhill boots.

Skis-The same as for downhill-use one of your more beaten-up pair.

Binding-Cable release bindings which allow the cable to be released from the hooks near the heel-plus "Marker Touring Attachment" (Available from CO-OP for \$2.95/pair).

CROSS-COUNTRY CLINIC

Anyone interested in attending a weekend cross-country ski clinic in Warren County, contact ski chairman, Ken Horner (457-7088). It's hoped that Bill Rusin, who spend several years in Norway, will instruct.

"THE OUTDOOR NOSE"

Welcome CORA ADDICOTT, after several years of being badgered and harrassed, you have finally joined our ranks...All of us who knew him are going to miss Gordon Hyatt. Denver's Gain.---LARRY CUPPS is the latest to take advantage of the \$50 life pass.---Our program chairman CHRIS ANDERSON and Tom Jable have decided to file joint tax returns. The wedding will take place sometime this summer.---Ask Triangle production editor TERRY SICKELER how spaghetti and Triangles go together.---AYH President and skiing nut, BOB OMLAR has just returned from a week at Lake Tahoe.---It's rumored DOUG ETTINGER received a spelling primer for Christmas.---Feb.15 is the big day for ERIC STACY and BARB PANTASKI. The best of luck from AYH.---There seems to be some kind of epidemic going around, DON LASZACS and BARB WASKO have decided to make the long hike in July.---Speaking on the same subject, BOB ARTHUR went to Akron, Ohio for his fiance, Sandi Gates. It's going to be a busy summer. This one's on June 21.---Bruce are you next???

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THE GOLDEN TRIANGLE

OPEN HOUSES for FEBRUARY

- 6 - - Get a taste of real outdoors again in ALASKA. Rich Bartoo shows his movies of whale-chasing and good shots of salmon, seals and other wild creatures.
- 13 - - To remind the skiers that snow does exist, we have a movie of ski-touring.
- 20 - - Sue Simler shows her slides of a leisurely bicycle trip through the peaceful Pennsylvania Dutch Country.
- 27 - - It'll soon be white-water time again. Gene Cone has slides of past white-water excursions-canoeing, rafting and C-ing.

Editors Note: If you have any slides or movies of past adventures that you think AYH might like to see, contact Program Chairman CHRIS ANDERSON.

Want Ads

FOR SALE: 1967 Honda, 160 CC, Windshields, goggles, helmet and mirrors. 3,000 miles. Call 335-6464 or inquire Schwinn Cycle Center, 740 Fifth Avenue, New Kensington, Pa.

LOST: Check your rope collection for a 70 ft. nylon rope (3/8 in. dia.) that belongs to AYH. This throwing line was lost sometime in Oct. or Nov. (about a month after we purchased 2 such throw lines). If you see any other similar ropes in your collection remember that AYH lost several of these throw lines several years ago (shortly after they were purchased).

TO PLACE A WANT AD write down description of item on 3x5 card or sheet of paper and place in Publications nook (b/side picture display) at HQ.

Slalom Kayak with paddle built last year, used only a few times, owner moved--\$125.00.
Call Fred Kissell--MU-15198(home) or MA-14500 (work).

FOR SALE: Ski Boots, Size 11, double boot, like new--\$15.00.
Size 7(approx.) used--\$10.00.
Size 5 1/2, double boot, like new--\$15.00. Bamboo poles, 1.5 to 1.75" dia. x 15' long, 40¢ each.
See Bruce Sundquist.

A Columbus Council member whose hobbies include collecting cycling memorabilia is trying to locate ABL of A National Cycling Championship programs for the years 1924, 26 & 52. The '24 Natl Racing Championship was held in Buffalo. '26 & '52 events were at Phila. & New Brunswick, NJ. These "programs," listing riders & events were in magazine form. Also being sought are copies of the Amateur Bicycle League of America magazine. If any reader knows of the whereabouts of any, please write: Charles Siple, 3006 E. Mound St., Columbus, Oh. 43209.

BICYCLE-CLUB-NEWS

Monthly Meeting:
Tues., Feb., 2, 1969 8:00 pm
Sue Simler shows slides of
187 mi. of cycling along
the C&O Towpath from
Cumberland, Maryland to
Washington, D.C.

Murraysville Bicycle Tour 20 Miles Long

Starting Point:

Christ Evangelistic Lutheran Church on U.S. 286 is the starting point. To get to this take the Parkway East to U.S. 22 to U.S. 286. The church is located on the right hand side just before the junction of U.S. 286 & 380. Take the road across U.S. 286 from the Church to start the tour

At the stop sign - Turn right

(Note: about 600 yards, bear right to stay on U.S. 286 East.)

1/4 Mile

Turn right on Sardis Road

About 3.5 miles - Church of God on the right hand side

Turn left on Mamont road

1.5 miles - bend in the road - small white shed

At the end of Steele Road Turn right onto Hilty road

About 1/4 mile

Turn right onto Weisertown road

At a "T" in the road

Turn right onto Hills Church road

At a "T" in the road

Turn right onto Old William Penn

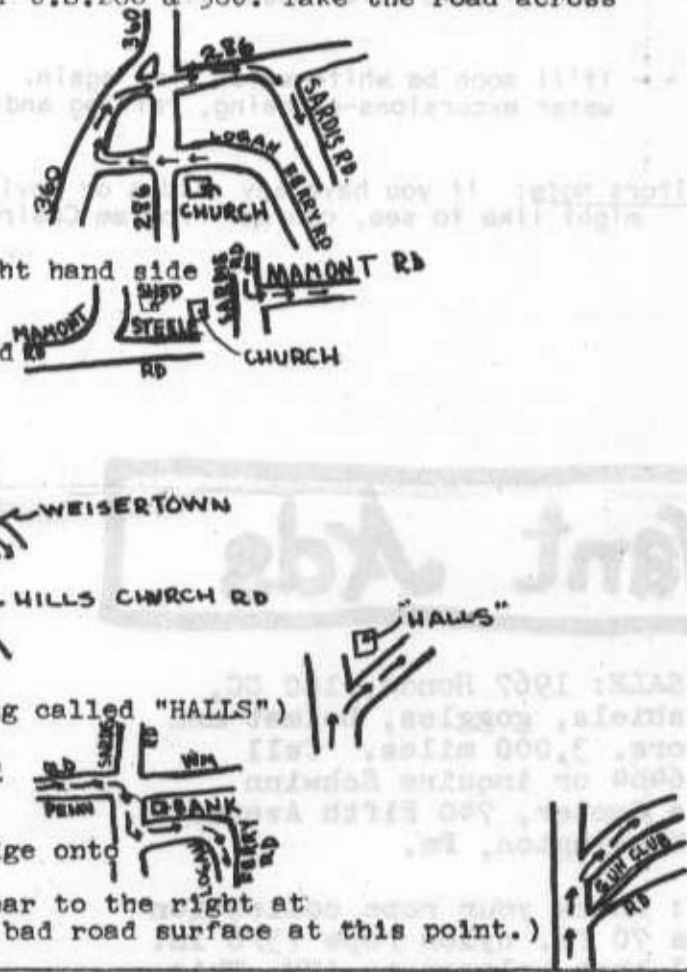
(Note: Bear to the right of a large building called "HALLS")

At the First National Bank of Murraysville

Turn right onto Sardis road

600 yards - turn left and go across the bridge onto Logan Ferry road

(Note: after you are past Gun Club road, bear to the right at the top of the next hill. About 1 mi. of bad road surface at this point.)



IN THE NORTH HILLS--
SCHOLLS CYCLE CENTER
406 PERRY HWY
PITTSBURGH, PA. 15229
931-6711

IN THE SOUTH HILLS--
BAKER'S BICYCLE CENTER
2693 W. LIBERTY AVE.
PITTSBURGH, PA. 15216
343-4230



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IN THE WEST HILLS--
AMBRIDGE SCHWINN BICYCLE CTR.
826 MERCHANT ST.
AMBRIDGE, PA.
266-5520

IN THE EAST HILLS--
SCHWINN BICYCLE CENTER
740 FIFTH AVE.
NEW KENSINGTON, PA.
335-6464

21ST ANNUAL BANQUET

THE RED COACH INN

Monroeville, Pa.

Saturday, March 8, 1969

Cost - \$4.50 for adults, \$4.00 for youths (gratuity included)

6:00 p.m. - Social Hour and photo contest preview

7:00 p.m. - Dinner, followed by the entertainment of Robert Schmertz, accompanied by Gretchen Jacob, Photo & Art awards and introduction of Board Members.

9:00 - 1:00a.m. - Dancing to the Melody Mixers.

* * * * *
Make checks payable to: Pittsburgh Council, American Youth Hostels. Please reserve before February 23, so that tickets can reach you in time. Mail to: Miss Diane Clegg, 5607 Howe Street, apt. #2, Pittsburgh, Pa. 15232. Phone 441-0226.

Name _____ Address _____

Number of reservations \$4.50 _____ \$4.00 _____ TOTAL _____

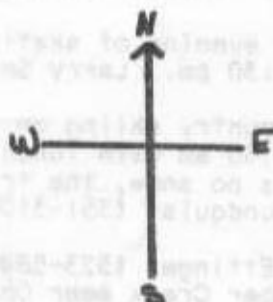
Entree - Swiss steak

Master of ceremonies: Douglas Ettinger

PARKWAY EAST
MONROEVILLE BY-PASS

EXIT 14 WILKINS
ROUTE 22 BUSINESS

← PITTSBURGH
MONROEVILLE →
RED COACH INN 3.7 MILES →



RED
COACH
INN

EAT
'N'
PARK

RED
COACH
DINER

Trips and Trails

FEBRUARY 1969

- SAT - 1 --- Attend the mid-winter meeting of the West Virginia Highlands Conservancy at Blackwater Falls State Park. Learn what is going on in Scenic River Preservation, the development of Seneca Rocks and Spruce Knob Recreation Area, and other conservation efforts. Leave Saturday at 8:00 am. Cost: \$10.00. Ski at Wist on Saturday afternoon. Reserve with Bruce Sundquist (351-3100x2416)
- SUN - 2 --- Fereidoon Behroozl (361-5794) leads a 10-mile Hike in and around Koosier State Park. Bring hiking boots, warm mittens, and lunch. Cost: about \$2.00. If there is deep snow, snowshoeing will be substituted for hiking. Meet at HQ at 8:30 am.
- FRI - 7 --- Skate at North Park late session - \$1.00 admission, 50¢ rental - from 10:30 to 1:00 am. Leave HQ at 9:30 pm. Mary Johnston leads, (621-0520).
- SAT - 8 --- Caving and Hiking near Seneca Rocks. Mary and Howard Klein will lead an intermediate cave trip with some climbing in one or two of West Virginia's best caves. Henry Pollack will lead hikers across the scenic, level, 7-mile stretch of North Mountain Ridge Trail on Saturday with another scenic hike to follow on Sunday. The Saturday hike affords a view of beautiful Germany Valley from about 2,000 feet above, without hardship. Hikers and cavers should bring their own food, camping gear, and warm clothing. Be prepared for rugged weather. Approximate cost: \$6.00. Leave HQ at 8:00 am Saturday. Call Mary or Howard at 741-4463 or see Henry at Thursday Open House.
- SUN - 9 --- J. D. Myers leads his annual "Birthday Hike" on the Forbes Trail. Meet at HQ at 1:00 pm or at Thrift Drugstore in Miracle Mile in Monroeville at 1:30 pm. Cost \$1.00. Hike will come to a happy ending at the home of J D and Elinor Myers for supper and social evening. Please reserve with J D at 372-7599. HAPPY BIRTHDAY!!
- FRI 14 --- Another evening of skating at North Park's late session. Leave HQ at 9:30 pm. Larry Smith at the controls, (681-4595).
- SUN 16 --- Cross-country skiing on Laurel Ridge near Hidden Valley. Leave HQ at 8:30 am with lunch, ski equipment, and about \$1.50. If there is no snow, the trippers will do some trail scouting. Bruce Sundquist (351-3100x2416) leads.
- SUN 16 --- Douglas Ettinger (523-5883) will lead a "search party" to the source of Cucumber Creek near Ohiopyle. Hiking boots required. Leave HQ at 8:30 am. Dry, rough creek bed will be encountered. Long Johns or "woolies" are recommended for the girls. Approx. cost \$2.00.

(continued on next page)



FRI 21 --- Off to North Park for another evening of late session skating. Leave HQ at 9:30 p.m. Cora Addicott leads, (521-0169).

SUN 23 --- Newest of AYH's activities - orienteering will "happen" at White Rocks area, near Fairchance, open to anyone, this game will involve teams competing over a course using map and compass to locate five spots. Total distance hiked should not be over 5 miles. Terrain is fairly level. Navigational instruction will be given beginners and maps supplied. Bring a compass (if you have one), pencil, lunch, warm clothes and your instinct. Leave HQ at 8:30 am, cost about \$2.00. Call Ann Fisher at 521-8992 or Larry Smith at 681-4595.

FRI 28 --- Skate at North Park late session with Mary Micules (621-8643). Admission \$1.00 plus 50¢ skate rental. Leave Hq 9:30 pm.

NOTE ON FEBRUARY SKI TRIPS: Ski trips will go when there is snow. Listen at Open House or call Ken Horner at 457-7088 for information.

COOKS FOREST WEEKEND, March 14-15. Eberhard Moll and Diane Clegg will lead the 3rd Annual Cooks Forest Weekend. Trippers will leave HQ at 7:30 pm on Friday evening, arriving at Scotties Cabins about 10:30 pm for a snack. Saturday and Sunday will be spent hiking, skiing, and tobogganing (if there's snow), snow ball battling, de-snowing trees (on people, of course), and probably singing and giggling. Big event of the weekend will be a night-time hike. Saturday dinner and Saturday and Sunday breakfasts will be supplied. Trippers should bring 2 lunches, sleeping gear (indoors, but not real warm), warm clothing, (ski gear, skates-optional), "eatin' irons". Costs will be food-\$3.00, 2 nights lodging-\$5.00, transportation and fees-\$3.80. Food costs must be paid as a deposit by Thursday, March 12 and will not be refunded. Call Eberhard (824-2914) or Diane (441-0226) or Ann Fisher (521-8992).

APPLICATION FOR MEMBERSHIP

Name _____ Phone _____

Street _____ City _____ Zip _____

Age (if under 21) _____ For use abroad _____ in Pittsburgh _____

Type of Pass: (Inquire at headquarters about Organizational Passes.\$15.00)

Youth (under 18) .. \$5.00 _____ Senior Youth (18-20) .. \$8.00 Adult .. \$10.00
Family (includes children under 18 for local activities) .. \$12.00 _____
Life..\$50.00 _____ Family Life..\$100.00 _____ Sponsor..\$10.00 _____

Make checks payable to: Pittsburgh Council, American Youth Hostels Inc.
6300 Fifth Avenue, Pittsburgh, Pa. 15232

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
FEBRUARY					1 W. Va. Highlands	2 HIKE Weekend
3	4 BICYCLE CLUB MEETING	5	6 OPEN HOUSE "Alaska"	7 SKATE	8	9 BIRTHDAY HIKE
10	11 Activity Board Meeting	12	13 OPEN HOUSE Skiing	14 SKATE	CAVE & HIKE Weekend 15	
17	18	19	20 OPEN HOUSE "Pa.Dutch"	21 SKATE	22	23 ORIENTEERING
24	25	26	27 OPEN HOUSE "In the Water"	28 SKATE		

PITTSBURGH COUNCIL
American Youth Hostels
6300 Fifth Avenue
Pittsburgh, Pa. 15232

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