

Discover



*Winter
Magic*

with

AYH



*February 1984
Vol. 35 No. 2*

*The Golden
Triangle*

Pittsburgh Council

AMERICAN YOUTH HOSTELS INC.

6300 FIFTH AVENUE

PITTSBURGH, PA. 15232

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THE GOLDEN TRIANGLE



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THE GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council, American Youth Hostels. Contents are the responsibility of the editor.

DEADLINES FOR THE MARCH ISSUE: Feb. 9 all trips and articles

Feb. 23 Production Party

DEADLINES FOR THE APRIL ISSUE: Mar. 8 all trips and articles

Mar. 29 Production Party

OPEN HOUSE

OPEN HOUSE is held every Thursday at AYH Headquarters, 6300 Fifth Ave., Shadyside (next to the Pittsburgh Center for the Arts). The building is open at 8 pm for socializing. Slide Show starts at 8:45. Monthly Production Parties are for assembling the Triangle for mailing, and are after the slide show. Its a good opportunity to get to know one another and get caught up on news, trips, etc. BE THERE!

FEBRUARY SLIDE SHOWS

Feb. 2	A Cross-country skiing movie, courtesy of Fred Parker.
Feb. 9	Climbing at Schwangunks, by John Popp and Barry Governor.
Feb. 17	A tour of Big Bend National Park led by Glen Oster.
Feb. 23	A special color travel movie, Come See!!

AYH MEMBERSHIP APPLICATION

AYH memberships are available at Open House meetings. If you cannot attend a meeting, fill out the application at the bottom of this page and send it along with your check made payable to Pittsburgh Council, AYH, to

AYH Membership
6300 Fifth Avenue
Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sell International Hostel Guide to Europe for \$7.00 by mail, or \$6.00 at HQ.

*** **

CHECK ONE:

<input type="checkbox"/> \$10.00 Youth	<input type="checkbox"/> \$10.00 Senior (60+)
<input type="checkbox"/> \$20.00 Senior (18-59)	<input type="checkbox"/> \$ 30.00 Family
<input type="checkbox"/> \$50.00 Organization (non-profit only)	<input type="checkbox"/> \$200.00 Life
<input type="checkbox"/> \$. Tax-deductable Donation	

NAME _____

ADDRESS _____

ZIP _____

PHONE _____

NEW/RENEWAL _____

BIRTHDATE _____

*** **

OUR COUNCIL IS A VOLUNTEER ORGANIZATION. We always need additional leaders and others willing to donate time and skills for maintaining and improving programs. If you are interested in contributing your efforts to any of the activities or service-oriented areas, contact a member of the Activities Board or attend one of the Board Meetings.

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PITTSBURGH COUNCIL
AMERICAN YOUTH HOSTELS
6300 FIFTH AVENUE
PITTSBURGH, PA 15232



TO ALL A.Y.H MEMBERS AND FRIENDS....

You are cordially invited to
 "PUT ON THE RITZ"
 at the
 ANNUAL A.Y.H. SPRING BANQUET



DATE: March thirty-first nineteen-eighty-four

WHERE: Ursuline Center
 201 South Winebiddle
 Pittsburgh, 15224

WHAT: "ELEGANT EDIBLES"

OPENING FESTIVITIES AND HOR d'OEUVRES
 six-forty-five

DINNER FOR VEGETARIAN AND NON-VEGETARIAN PALATES
 seven-forty-five
 MENU

Lentil Salad
 Vegetable saute or Coq Dijon Entree
 Brown Rice Medley
 French Creme with Fresh Fruit in Puff Pastry

MUSIC AND DANCING.... Swing into spring with
 sounds of the Big Bands; Ballroom, Jazz, etc.
 (we are looking for music to pre record, bring
 your preferences and music to meetings if you
 wish your favorites to be included.)

ATTIRE... BALL-ROOMESQUE, retrospective or
 prospective (BYOB)

R.S.V.P. Celebrate with us. Forward your reservation(s)
 to Kathleen Kelliher;
 112 Ramparts Court (please make your
 New Kensington Pa. 15068 check payable to
 A.Y.H.)

I want to "Put on the Ritz" and "Swing into Spring"!

person(s) _____ Name _____
 Choice entree: Vegetable # _____ Chicken # _____

Cost: Member \$11.50; Non-Member \$12.50

LEADERSHIP DEVELOPMENT

Hi Friends: As Leadership Development chairperson, I need your assistance. This is not a poll or questionnaire, but just a request for some information on what resources the Pittsburgh Council has at hand. Do we have any Red Cross First Aid Instructors in our membership? Do we have any other people with special training or skills that could help the Council formulate an effective plan to assure a supply of qualified leaders. If you have some qualification or thought on; or if you would like to input into our planning, please give me a call or drop me a note ...Jack Peth, 125 Elmont St., Pgh., PA 15205, phone 921-7214

ACTIVITIES BOARD

The February 1st Activities Board meeting will be held at Harriet Ann Seiner's. Harriet Ann lives at 5415 Plainfield. Her phone number is 681-1189.

HOUSEMATE WANTED

Mature, quiet, neat, non-smoking professional. Share 3 bedroom house in Greenfield. W/W, integral garage, LR, DR, modern kitchen. Newly painted Full basement with laundry hookup. Yard with gazebo. \$200 plus 1/2 utilities. Must see to appreciate. Call Barry A.S.A.P. 421-7114(h) 488-5766(w)

FIRST AID COURSE

There will be a Standard First Aid course given in March. The course is fifteen hours long and will cover splinting, bandaging, burns, and artificial respiration. CPR is not part of the Standard First Aid course, but may be taught if there is enough interest. Classes will be from 10am to 2pm on three Saturdays: March 17, 24, and 31. The location of the class must still be decided. This course is advisable for anyone interested in first aid and especially those people interested in leading AYH trips and are not yet certified in first aid. The fee for this class is \$15 and includes a first aid handbook. Class size is limited. Please call Woj at 322-4524 for further information and to sign up.

AYH MEMBERS LIST

LOOKING FOR SOMEONE SPECIAL???

If so, Pittsburgh Council will help you find people with similar interests- rafting, cycling, skiing, and all those other popular outdoor activities. We'll be printing a list of names, addresses, and phone numbers of interested AYH MEMBERS along with their favorite activities, giving you an idea of who might be interested in joining you on an evening or weekend trip. This list is meant to include people from all over the Tri-State area. There will be other useful numbers, such as the Ohiopyle Hostel, whitewater reports, and activity chairpersons. In order to cover printing and postage costs there will be a fee of \$1 to have your name included and to receive your copy. The list should be available by April 1 (no foolin'). Send the info shown below with \$1 cash or check to: NAME LIST, Pittsburgh AYH, 6300 Fifth Ave., Pittsburgh, PA 15232

AYH NAME LIST

NAME _____

ADDRESS _____

PHONE () _____

*****ACTIVITIES*****

<input type="checkbox"/> Rafting	<input type="checkbox"/> Hiking
<input type="checkbox"/> Caving	<input type="checkbox"/> Volleyball
<input type="checkbox"/> Cross-Country Skiing	<input type="checkbox"/> Yoga
<input type="checkbox"/> Downhill Skiing	<input type="checkbox"/> Squaredancing
<input type="checkbox"/> Climbing	<input type="checkbox"/> Iceskating
<input type="checkbox"/> Bicycling	<input type="checkbox"/> Bird Watching
<input type="checkbox"/> Backpacking	<input type="checkbox"/> Sailing
<input type="checkbox"/> Canoeing	<input type="checkbox"/> Jogging
<input type="checkbox"/> Kayaking	<input type="checkbox"/> Other _____

Remember: Send by March 1st along with \$1 to Pittsburgh AYH!!!!

Would you like to help spread the word about Pittsburgh AYH? If you know of public bulletin boards or brochure racks in your school or office, perhaps you could post some AYH info (A current issue of the Golden Triangle newsletter always works!). See Joe H. at Open House with your list of possible locations.

WORLD ADVENTURE 1984

HIDDEN JAMAICA

Escape to the mountains of Jamaica and visit a world most tourists never see. Day hike in the Blue Mountains, spending nights in a chalet. Meet rural folks and experience Jamaican friendliness while hiking in a tropical terrain.

9 days Cost \$550 (including air fare)
 Dates: College Special (18-25) 3/11/84 to 3/19/84
 Open (all ages) 5/26/84 to 6/3/84

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SADDLEBAG SPECIAL

Spend three days in London, then bike through southern England, along the French coast and inland to Paris. Cycle to Belgium and the Netherlands to discover windmills, market squares, cobblestone streets. Finish the trip in Amsterdam visiting the Ann Frank house and taking a canal trip.

38 days Cost \$1595 (including air fare)
 Dates: Adult 6/28 to 8/4
 Open 7/19 to 8/25
 Youth 7/13 to 8/19

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Obtain the World Adventure 1984 brochure by sending your name and address to: 1984 WORLD TRAVEL, Pittsburgh AYH, 6300 Fifth Ave., Pgh., PA 15232, or pick up a copy at Thursday Night Open House. Plan your vacation from the many national and international trips described. Whether you are a cyclist, hiker, backpacker, canoeist, or skier or prefer van travel, there's a trip for you. Any questions? Call Marilyn Ham at 687-4520.

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WORLD ADVENTURE 1984 AYH WORLD ADVENTURE 1984

SAIL THE BAHAMAS WITH CHICAGO AYH

Sail aboard a Morgan 41' fiberglass OutIsland Yacht in the Bahamas during March 1984 for one week. Includes: meals, transportation, instruction in sailing and navigational skills, charting, celestial navigation, coral reef and mangrove ecosystems, Bahamian culture and history, marine identification, weather patterns, snorkeling, etc. Phone AYH, (Chicago area code) 327-8114, or write 3712 N. Clark St., Chicago, IL 60613

NEW LIFE MEMBERS FROM DECEMBER

Welcome to Steve Martin, Sally Brunson, Lynn Ejzak, Lou Conley, Winston Hendzel, John Popp, Janice Matthews, Don Shepherd, Beebe Frazer, Fue Susang, Jeff Marsh, Jim Porcelli, Donna Seidel.



THANK YOU

Thanks to Debbie LaPlaca for organizing the Merry Christmas party and to Cliff and Marilyn Ham for the use of their big house.

OLD LIFE JACKETS FOR SALE

The Pittsburgh AYH has purchased brand-new life jackets for canoeing and is selling the old "horse-collar" style jackets at bargain basement prices. We have about two dozen (Adult and Child) jackets in good condition, selling for \$3 each, and several jackets in poor condition, being sold for \$1 each. (The cheaper jackets are only suitable for tearing out the foam pads, which make very fine knee pads.)

Contact Gordon Bugby at 371-4233; he's filling in while Steve Shafer the canoe chairperson is out of town.



BEAR RUN NATURE RESERVE

Bear Run Nature Reserve, located on Route 381 between Mill Run and Ohiopyle, is open throughout the winter for cross-country skiing, hiking and backpacking. The Nature Center will be open on weekends when there is sufficient snow for skiing from 10:30am to 5pm. It's a good place to warm up, enjoy refreshments, and change clothes. An update on Bear Run snow conditions is available after 1pm on Fridays by calling the Conservancy at (412) 288-2777.

Pittsburgh Council has chartered a new hostel on the shores of Lake Erie (Brrrr!) in the northwest corner of Pennsylvania.

It's the Y.M.C.A. owned "Camp Sherwin" Hostel, located about 12 miles west of Erie, PA, between the small towns of Lake City and Avonia. The camp has two large dorm cabins for hosteler's use having an overnight capacity of 48.

Hostel Development chairperson, Joe Hoechner, should have a brochure/map available soon. If you'd like a copy write to Pittsburgh AYH, attn: Joe Hoechner and we'll send you a copy (IF you send us a 20¢ stamp along with your address!). Better yet, stop in at HQ to pick up a copy when you renew your membership.



E.T. ANYONE ????

Are any of you'n's bicyclists out there interested in an Extended Trip this summer?

Actually, it would be a five day bike tour along the coast of Maine. We would allow 2 days of driving to get there and 2 days to return. The Trip would then be from a Monday to Friday using the weekends for driving.

This tour would be "moderate" covering 35 to 50 miles a day staying at hostels, country inns or bed'nbreakfasts. Sorry, camping isn't planned, except possibly for the weekend overnights involved with getting to Maine.

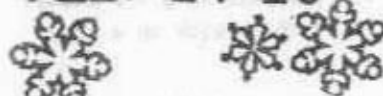
As this tour will be along the coast, plan on eating your way thru the best seafood that Maine has to offer. Costs, dates, and details are far from being finalized. If you're a MATURE cyclist and would like to express interest in this trip contact Joe Hoechner or Sally Brunson at any Open House during the next few months.

Parking your car near A.Y.H. HQ while away on an overnight trip? Avoid parking on the downhill side of Shady Ave. near the entrance to the upper parking lot. The combination of the curve and a slick downhill can put some tipsy driver up on the sidewalk — making close acquaintance with your car (ask Steve Tubbs)! Put your car in the lots overnight or park on the uphill side of the street. ...Joe H.



WINTER WEEKEND

FEB. 24-26



Once again Pgh. Council is planning its annual winter weekend get-together at the nearby Y.M.C.A. Camp Soles. This season the date is February 24-26, with AYH members getting first priority.

We will arrive Camp Soles by carpool about 9:30 pm Friday night, Feb. 24, and leave on the afternoon of Sunday, Feb. 26. Space is available for about 50 AYH members. Reservations are on a first come, first served basis.

Our meals will be served by the camp staff in the dining hall and will include two breakfasts and one supper. You'll have to bring two "trail" lunches. A snack will be provided for Friday and Saturday nights. Total cost of the weekend (two nights lodging, three meals, trip fees, and transportation) should be approximately \$45. A DEPOSIT OF \$20 should be paid to trip leader Sally Brunson by FEB. 16th. Make checks payable to Pittsburgh AYH.

Sally would like to remind all members to bring their musical instruments, sleeping bags, pillows, games and puzzles. There is a fireplace in the lodge building and downhill ski equipment is available for rental. What else should you bring? As previously mentioned, bring two lunches, warm stuff for sleeping, cross-country skis, hiking boots, WARM clothes and personal items, plus cash or a check to pay balance. If you would like to reserve cross-country ski equipment (one day rental basis), call Steve Tubbs at 751-2158. If you have any questions, call Sally at 231-6074. Deposits are non-refundable after Feb. 23. Meet at AYH HQ at 7pm.

RESERVATION FORM

NAME(s) _____

PHONE _____ AYH PASS NO. _____

AMOUNT ENCLOSED _____ (\$20/person) Checks payable to "PGH AYH"

- ☐ I can help with snacks
- ☐ I need a ride
- ☐ I can drive (# passengers)
- ☐ I would like to lead a trip
- ☐ (ski, hike, skate, night hike, starwatching or _____)

Bring this form to deposit at meeting or mail to:

Sally Brunson
911 Beech Avenue
Pgh., PA 15233

CAVING

John Popp 653-6026
Vicki Lineback 422-0296

CANOEING

Gordon Bugby 371-4233
The regular canoe chairperson, Steve Shafer, will return in June.

CLIMBING

Dale Vilsack 276-7385
Karl Morner 521-6404
Scott Workman 421-2521

Climbers will be holding practice sessions at the Evergreen Bar for the winter months, after the regular Thursday night meetings. No reservations required. Beginners welcome. Equipment needed: money, bizarre sense of humor, and a funny hat.

FEB. 15, WEDNESDAY Beginning Climber's Workshop

MAR. 3, SATURDAY An organizational meeting will be held at 8:00pm to discuss equipment purchases for the upcoming season and to lay out a tentative climbing schedule. All people who are interested in climbing and having a good time are welcome to attend. The meeting will be followed by a typical climbing practice session so bring any equipment you feel is necessary. The meeting will be at 1522 Denniston Avenue, Squirrel Hill (near Shady and Forbes).

MAR. 14, WEDNESDAY Beginning Climber's Workshop II. 7 to 9 pm. A continuation of February's workshop that is also intended for those who have limited experience. Will include all aspects of top-roping and equipment needed for the beginner.

Sweatshirts: I have found out that the 'hard-man' design is available for sweatshirts when ordered in quantities of 10 of the same size/color. I will try to see if we can send in our own (clean) sweatshirts to get around the minimum order, since we don't have that many people of the same size and color. If you are interested in ordering a shirt please tell me. Karl.



FEBRUARY TRIPS AND TRAILS

Trips listed are open to the public, with the exception that AYH members are given priority when a trip is of limited size. Trip costs include a 75¢ registration fee (50¢ per half day or evening; 35¢ for AYH club members), plus transportation and rentals. IN ADDITION, nonmembers are charged \$1.50 per day per person, which may be deducted from the cost of membership when you join AYH. The registration fee covers insurance (\$1000 medical/ \$1000 accidental death or dismemberment). Trips are classified BEGINNER, INTERMEDIATE, or ADVANCED, with the exception of cycling and water sports.

BACKPACKING

Debbie LaPlaca 795-4179
Jack Peth 921-7214h 777-5365w

Since there is limited interest in camping in midwinter and competition from the ski marathon and winter weekend, only one trip is scheduled. If several of you have a special interest in some other date or location give us a call and we will help you organize a trip.

BICYCLING

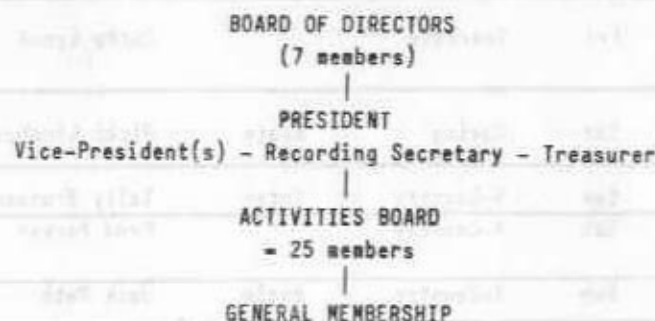
Lynn Ejzak 466-6196
Bob Schwartz 241-4647

The next bicycling committee meeting will be on Monday, Feb. 13, 1984 at the home of Larry Laude at 5807 Elmer St., Shadyside. We will be discussing upcoming trips and goals of the bicycling program. All bicyclists and future bicyclists are invited. We need and expect all suggestions!!

Following the meeting will be a carbo workshop (to sharpen our nutritional "skills"). For more info call Bob Schwartz or Lynn Ejzak.

HOW DOES PITTSBURGH COUNCIL WORK???????????

For those of you who don't know, but may be interested, Pittsburgh Council consists of the following:



The BOARD OF DIRECTORS is the body legally responsible for the organization. Members are either past officers of the Activities Board or have had a long-standing affiliation with the organization. They meet quarterly, or as requested by the president to ensure that all legal requirements of the organization and its facilities are met, and to review the budget annually to keep the organization financially sound.

The ACTIVITIES BOARD meets monthly to approve events planned by respective committees, to review current and future programs/goals, to ensure that all activities are being conducted in a safe manner, and to conduct the day to day business of the Council.

ALL Activities Board meetings are open to all members and you are invited to participate (refer to the Triangle for the time and location of these meetings).

All the work of the council is done by volunteers who believe in the Council and its goals, and who would be glad to hear suggestions concerning any areas of Council operations which they might be able to improve. PLEASE LET US HEAR FROM YOU!!

... Barry Govenor 421-7114(h)
488-5766(w)



FEBRUARY 1984 TRIPS AND TRAILS

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
2	Thurs	X-Country		Judy Menosky	242-1573	6:30pm	Evening ski in Mellon Park
3	Fri	Iceskate		Cathy Lynch	361-3707	9:00pm	Meet at HQ or at Schenley Park Rink for the adult session. Socialize afterward at Cathy Lynch's home: Apt. 6 5738 Kentucky Avenue.
4	Sat	Caving	Begin	Vicki Lineback	422-0296	8:30	Barton's Cave- good beginner's cave near Laurel Caverns
4	Sat	X-Country	Inter	Sally Brunson	231-6074	9:00	
4	Sat	X-Country		Fred Parker	824-2638		Chataqua Overland Ski Marathon. Those already holding tickets and needing carpool info call Fred.
5	Sun	X-Country	Begin	Jack Peth	921-7214	8:30	
5	Sun	Hike	Begin	Joe Levine	241-3265	12:30	About 4 miles in Frick Park. Meet at Reynolds Ave. entrance.
9	Thurs	X-Country		Fred Parker	824-2638	6:30	Evening ski in Mellon Park
10	Fri	Iceskate		Cathy Lynch	361-3707	9:00pm	See description from Feb. 3
11	Sat	Caving	Inter	Buck Rodgers	751-7957	8:30	Lemonhole Cave- a vertical cave with nice formations
11	Sat	X-Country	All	Ejzaks	466-6196	8:30	All are welcome
12	Sun	X-Country		Debbie LaPlaca	795-4179	8:30	
15	Wed	Climbing	Begin	Barry Govenor	421-7114h 488-5766w	7 to 9pm	BEGINNING CLIMBER'S WORKSHOP at HQ. Designed for those who have never climbed before, but may vary, depending on the experience of those who attend. Dress Warmly!
16	Thurs	X-Country		Ejzaks	466-6196	6:30	Evening ski in Mellon Park.
18,19		Backpack	Inter	Steve Martin	469-3153h 462-5000w ext 6185	6:30am	Steve returns to the scene with a trip to the Hickory Creek Area in the Allegheny National Forest. Call for info and reservations.
18	Sat	X-Country	Inter	Norm Snyder	351-4068	8:30	
19	Sun	X-Country	Begin	Joe Hoechner	373-3403	9:00	
23	Thurs	X-Country		Donna Leban	429-1072	6:30pm	Evening ski in Mellon Park
25	Sat	X-Country	Inter	Ed Sieger	854-5126	8:30	
25	Sat	Hike	Begin	Tom Conley	922-2593	8:30	5 to 7 miles in the Westmoreland area
26	Sun	X-Country	Inter	Jeri Walsh-Allis	422-2889	8:30	