Hostelling, Travel and Outdoor Recreation From American Youth Hostels

GOLDEN TRIANGLE



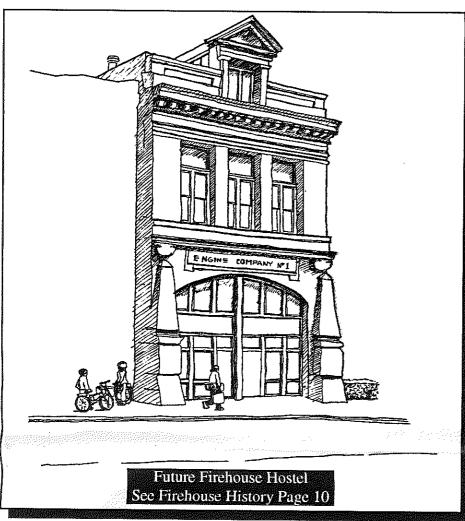
Pittsburgh Council, American Youth Hostels, Inc. Serving Western Pennsylvania & West Virginia Pan Handle Since 1948, Incorporated 1955



VOLUME 43, NUMBER 11

NOVEMBER 1993

FUNDRAISING FOR THE FIREHOUSE HOSTEL



AYH CANOEING GUIDE A GREAT HOLIDAY GIFT!

Pittsburgh, PA. . . The Pittsburgh Council, American Youth Hostel's popular Canoeing Guide to Western Pennsylvania and Northern West Virginia is now available for your holiday gift giving. The 8th edition has 480 pages (compared to 300 in the last edition) with many new trips and updated information on old trips. The Guide reflects the canoeing experiences collected over the past 10 years by skilled AYH leaders. AYH's canoeing program has been active for over 40 years, and is one of the most active canoeing programs in the Western Pennsylvania area.

Western Pennsylvania and West Virginia offer an abundance of boating opportunities for all skill levels—from flowing rivers to high-class whitewater. The AYH Guide describes locations and covers all types of canoe and kayak trips possible in these ares. Laid end to end, the 270 trips on the rivers and streams in the book would extend over 3,00 miles!

The 8th edition is a handy 6"x9" glossy paperback priced at only \$13.95. Please add \$1.50 postage for the first copy (\$0.50 each additional) and 6% sales tax if applicable. Please inquire for dealer wholesale rates. See the back page of this Golden Triangle for an order form.

New United Way Program

This Fall the United Way has replaced their "Donor Option" program with a new option entitled: "Contributor Choice". During past years you had to request a separate Donor Option Card; This has been eliminated.

This years campaign will provide only one card with the "Contributing Choice" option on it. As a local non-profit, Pittsburgh AYH has registered with the United Way and is eligible to receive funds threw this program.

Please check off this box on your card and direct your donation to: "American Youth Hostels, Pittsburgh Council". If they have space for a code number we are #436.

If you are a Pittsburgh member living outside of Western PA please check with your local United Way coordinator to see if you can Direct your gift back here to Pittsburgh.

Pittsburgh AYH is accepting pledges and donations for the Firehouse Hostel.

Although the Building, Located at 344 Boulevard of the Allies, is not Ours yet, we anticipate signing the contract shortly and being approved by City Council.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if

you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get

Thanks for your interest and help.

PLEASE USE PLEDGE FORM ON PAGE 4

FEA	TURED IN THIS ISS	UE		
HOSTELS	TRAVEL INFO	YOSEMITE		
From around the world.	Deals are a foot.	The latest "Oster Saga"		
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.....And MORE!!!

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DECEMBER Deadlines

All Copy November 4

Binding and Mailing November 18





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Oops...

If you find an error, please notify the editor. See the address for the Golden Triangle at the left

Letters...

[Letters to the editor are welcome. Letters will be edited to conserve space when necessary. Letters are published at the discretion of the editor.]

Mail regarding this Newsletter should be addressed to:

The Golden Triangle 5604 Solway ST. Pittsburgh, PA 15217

Office: (412) 422-2282

PITTSBURGH COUNCIL ACTIVITY CHAIRS

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Caving, Volleyball coordinator, Ast. Store Keeper, HQ Volunteers

them. If you are interested please call Jon

Maiman at 441-2306.

NOTICE

Please note the deadlines for future issues of the GOLDEN TRIANGLE

DECEMBER
All copy November 4
Binding/Mailing, Nov 25

JANUARY
All copy, December 2
Binding/Mailing, Dec 30

If your work is on computer, Please contact Bill Eberle @ 833-9732

or Larry Laude @ 665-9554

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), {Formerly named International Youth Hostel Federation(IYHF)}, which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

TakeThe High Road Off-Road.



For your convenience, TRM has 2 locations:

703 Washington Road 2 miles north of South Hills Village on Route 19 Mt. Lebanon

Center

Across from Pool City

Pleasant Hills

343-6885

653-6022

American Bicycle Technology

November Slide Shows

Nov 4th A month at the Big Horn Cattle Ranch in Wyoming by Mort Kurman

Nov 11th Alaska: The Inside Passage - ferrying from Seattle northward.

Nov 18th Newsletter Prep night. Socialize as we get the word out. Join us for a beverage or light meal at a nearby Eatery afterwards.

Nov 25th Thanksgiving. Closed till Dec 2.

Don't Drink and Drive!

To Schedule a show or have a show idea call TOM RODGERS 621-6310

Pittsburgh Council Hostels

Ohiopyle AYH Hostel

Ohiopyle State Park PO Box 99 Ohiopyle, PA 15470 (412) 329-4476

Charleroi Youth Hostel (SA)

Rego's Hotel and Restaurant 601 McKean Avenue Charleroi, PA 15022 (412) 483-6200 Living Waters AYH Hostel RD #1 (1 mile west on Route 30) Schellsburg, PA 15559 (814) 733-4212



Board Minutes

June 7 Board Meeting: The Board approved contracting with the Broadway Development Group for project development for the Pittsburgh Hostel project. * Improvements are needed to the water and sewage lines at the Ohiopyle Hostel. Sue Moore requested additional bathroom space be provided. * The board will respond to a letter from Ohiopyle State Park alleging that Council raft trips are commercial rafting operations. * \$1000 was allocated for electrical repairs, emergency lights and fire extinguishers at Headquarters. * A new Special Events Committee was established to provide oversight and direction for the Great Ride, Mon Valley Century, SABRE and other similar special events.

July 6 Board Meeting: The budget for the extended fiscal year from October 1992 to March 1994 was approved. * The President was authorized to execute a sales agreement for the firehouse as a hostel, subject to appropriate consultation and conditions. * A revised agreement was reached with the West Virginia Highlands Conservancy and the Sierra Club for distribution of their hiking guides. * A revised plan for further development of Headquarters was approved and \$500 was authorized for engineering and architectural consultation.

August 9 Board Meeting: The lease for Council office was extended through August 1994. * The overnight fee for the Ohiopyle hostel was set at \$8-10 a night. * A replacement hard disk for the editor's computer was approved. * October 21st was set as the date for the annual meeting. * Diana Porcelli resigned from the board for personal reasons. Her position on the board will be filled at the annual meeting. * A nominating committee was appointed to nominate officers and directors for election at the annual meeting.

Future board meetings will be held on October 20th, November 15th and December 20th and will normally be on the third Monday of each month. Members are welcome to attend. Please call the office to confirm dates.

Larry Laude, Secretary

Mountain

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For People Who Live Their Dreams...

President's Corner

AYH had its annual meeting and elections October 21st. I would like to welcome Terri Lorince to our board of directors. As usual, there was food and conversation as well as a slide show on South Vietnam by Steve Poprocky.

The official results of the election are: President - Marianne Kasica, Treasurer - Roy Weil, Vice President - Linda Smithyman, Secretary - Larry Laude, Board of Directors (one-year term) - Terri Lorince, and Board of Directors (three year terms) - Linda Smithyman, Roy Weil, and Ray Yutzy.

The Firehouse Hostel project is coming along very well and we are waiting to hear about several grant applications. Ongoing thanks go out to Linda LeFever of Broadway Development, Inc for her valuable skills and advice. A new volunteer to the project is Norm Goldberg of Agnew, Moyer, Smith Inc. who is helping us to develop a fundraising brochure. This project has momentum! The Firehouse continues to attract the interest and attention of many in the Pittsburgh community. Of particular interest is the development of a youth outreach program that will be developed along with the hostel. In this program we hope to introduce disadvantaged youth to the fun and excitement of AYH hostels and activities.

Now that the cold weather is upon us, the council is revving up for its wintertime activities. The holiday party will be a bit early, Dec. 16; the Activities Committee thought better than to schedule it on the 23rd. We have three weekends at Wilderness Lodge planned for the winter as well as many other day trips for those hardy folk who don't stop just because the snow flies.

Speaking of snow, Ray Yutzy is valiantly working to arrange for some much needed improvements to our headquarters building. I don't normally approve of using those 'f' words around AYH but we might actually get a new FURNACE! Yup, I've printed it so we can't get out of it now.

Stay warm.

Marianne Kasica, President

VOLUNTEERS NEEDED

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

- *Mon Valley Century (Chuck and Lynn Ejzak, 466-6196)
- *SABRE (Bill Eberle, 833-9732)
- *Typing articles for the newsletter into a computer (Bill Eberle, 833-9732)
- *Hostel development and fund-raising (Marianne Kasica, 665-9554)
- *Ohiopyle hostel support and work parties (Linda Smithyman, 531-1868)
- *Travel and Hostel Editor for the newsletter (Larry Laude, 665-9554)
- *Answering questions at the council office (Joe Hoechner, 422-2282)
- *Leading Pittsburgh Council trips (Jon Maiman, 441-2306)
- *Scouting trails for the next Hiking Guide (Joe Hoechner, 422-2282)
- *Slide shows at the Thursday Open House (office, 422-2282)
- "Trail Maintenance, Baker Trail and Rachel Carson Trail (Jim Ritchie, 828-0210)"

Student/Faculty DISCOUNT AIRFARES TO EUROPE

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via British Airways

521-7300

HOSTELLING AND....

Hot Flash! New Erie PA. Membership Agency

As of Sept 1, 1993 Pittsburgh Council has contracted with: Travel Service Inc., 204 West 6TH Street, Erie PA 16507 (814-453-4994) to sell HI-AYH Membership Cards.

The agency is directly across from the Gannon University Campus at 6TH and Sassafrass

Existing AYH members in Erie can now renew their memberships over-the-counter and bring friends to buy their new memberships there.

Please call them at 814-453-4994 to check their hours.

Germany*

Savings galore on ferries, sightseeing tours, boat trips, exhibitions, museums, sports facilities and lots more await you at the more than 700 hostels in Germany. Try 40 percent off boat trips on the Rhine from the Rheinund Moselschiffahrt company.

*credit, H.I. Canada

Austria*

Enjoy free admissions to all federal museums on Sunday mornings, and to city museums in Vienna every day. In winter, claim reduced rates on ski lifts throughout the country and if you stay three days at Innsbruck Hostel, you are automatically a member of Club Innsbruck-no charge, with additional benefits and savings! In Salzburg, save 10 percent on the "Sound of Music Tour". Transportation savings include reduced air, rail and sea travel.

Northern Ireland*

Present your membership card to the Port ticket office of Sealink Ferries, every day except Friday or Sat in July and Aug, for a 25% reduction on the normal passenger fares. McCauselands Car Hire in Belfast offers 10% on rental cars and vans.

Republic of Ireland*

Save on sea travel with discounts available from a number of boat and ferry lines. National Bus Company have special "Ramble Tour" packages at reduced rates for Hostelling International members. There's 10 percent off on car and van rentals with Michael Nee, Car & Mini Van Hire in Galway.

AYH Membership Agencies

Pittsburgh Council AYH has established almost 20 agency locations in Western PA and Northern WV when you can renew your membership or buy new memberships on the spot.

We are also looking to establish sales outlets in areas of our jurisdiction that don't have nearby agencies such as Wheeling WV, California PA, Downtown Erie (or an a college campus there), Altoona, Johnstown, Warren and perhaps Somerset.

Pittsburgh Area

PITTSBURGH COUNCIL 6300 Fifth Ave, Pgh, PA 15232 412-362-8181 (Thursday evenings only)

PITTSBURGH COUNCIL (office) Room 204 Wightman School 5604 Solway St Room 204 Pittsburgh PA 15217 412-422-2282 (Mon, Wed, Fri 9am to 3pm)

FORUM TRAVEL 4608 Winthrop St, Pgh PA 15213 412-681-4099

ATLAS TRAVEL SERVICE Kaufmann's 400 Fifth Ave, Pgh PA 15219 412-261-0248

SEWICKLEY TRAVEL 519 Broad St, Sewickley PA 15143 412-741-9565

GATEWAY TRAVEL 6507 Wilkins Ave Suite 105 Pittsburgh PA 15217 412-661-2600

PLEASE CALL FOR OUR 3 STATE COLLEGE PA LOCATIONS

Pennsylvania

LENZ TRAVEL SERVICES 140 South Main Street Slippery Rock, PA 16057 412-794-4833

McMULLEN TRAVEL & TOURS 224 S Broad ST Grove City, PA 16127 412-458-6170

> AAA WORLD TRAVEL 1169 Wayne Avenue PO box 1018 Indiana PA 15701 412-349-4193

OHIOPYLE AYH-HOSTEL Ferncliff Road PO Box 99 Ohiopyle, PA 15470 412-329-4476

REGO'S HOTEL (hostel) 601 McKean Avenue Charleroi, PA 15022 412-483-6200

EDINBORO TRAVEL SERVICE 122 Erie Street Edinboro, PA 16412 814-734-1639

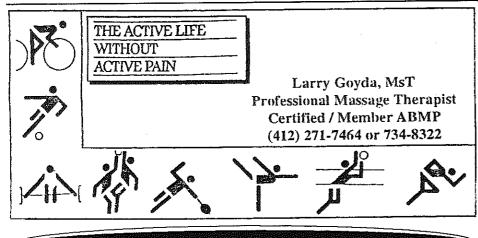
LIVING WATERS AYH-HOSTEL RD #1 (1mile west on route 30) Schellsburg, PA 15559 814-733-4607

West Virginia

WVU OUTDOOR RECREATION CENTER

Mountain Lair Student Union Morgantown, MV 26506 304-293-2203

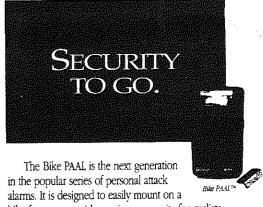
MORGANTOWN Travel SERVICE 127 High Street Morgantown, WV 26505 304-292-8471



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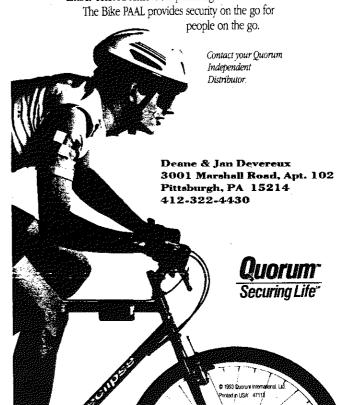
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INTERNATIONAL RESERVATION SYSTEM NOW AVAILABLE

Hostelling abroad? Hostels often fill up quickly, especially throughout Europe, so it is important to make sure you have made plans on where to sleep, certainly for the first few nights of your trip. Now you can access a world wide computerized hostel reservation system, known as the International Booking Network (IBN). This computerized system can guarantee reservations at over forty major city hostels around the world, including London, Paris, Venice, Tokyo, Amsterdam, Zurich and Sydney. You'll find a complete list of IBN hostels on page 275 of your 1993 Hostelling North America Handbook, or call the council office at 412-422-2282 for more details.

Reservations can be made by contacting the Hostelling International American Youth Hostels National office in Washington, D.C. (202-783-6161) for reservations by telephone (Master Card or Visa payment and two weeks advance notice is required).

ON THE GO? BE IN THE KNOW!

*Partners-in-Travel has published a guide on how to travel cheaper. To receive the free booklet, write PIT at 11660 Chenault St., No 219, Los Angeles, CA 90049 or call (310) 476-4869.

*Planning a Scandinavian adventure? Receive Sweden Traveler, an annual publication with photos, articles, events and tips, as well as a Norway travel and vacation guide from the Norwegian Tourist Board by calling (212) 949-2333.

*To receive the 1993 European Planning & Rail Guide, a 48-page booklet on how to prepare and travel in Europe, send three 29-cent stamps or \$1 to Budget Europe Travel Service, 2557 Meade Court, Ann Arbor, MI 48105.

*Call 1-800-JAMAICA for a Jamaica Vacation Kit, which offers details on a variety of activities and events.

*Midas is offering a brochure and 10-minute video, Tips for Safer Travel with Children. Send \$2.50 for shipping and handling (specify English or Spanish) to Midas Project Safe Baby, Box 92292, Dept. A, Libertyville, IL 60092.

*Call 1-800-366-4845 for a free London events guide from Edwards & Edwards, a company that books theaters, concerts and festivals there.

*Handicapped Travel Newsletter is a nonprofit publication aimed at helping the disabled traveler find his or her way around the world. Subscriptions are \$10 annually. Write to them at Box 269, Athens, TX 75751 or call (903) 677-1260.

*The Thrifty Traveler is a new newsletter full of ideas on inexpensive travel. Ask for a sample copy by calling 1-800-532-5731.

*A complimentary copy of a quarterly newsletter aimed at travelers with disabilities is available by sending a stamped, self-addressed business-size envelope to Travelin' Talk, Box 3534, Clarksville, TN 37053. You'll also receive a brochure explaining Travelin' Talk Network, an organization with members in 500 locations throughout North America and 14 foreign countries.

*For a free copy of the brochure "Travel Tips", aimed at travelers with arthritis, contact the Arthritis Foundation-Northwest Texas Chapter, 3145 McCart, Fort Worth, TX 76110.

*PasSport to Sport lists the best locations in the world for everything from whitewater rafting to rock climbing to skydiving. For a free copy, write to PasSport to Sport, 35 E. 21st St., Fourth Floor, New York, NY 10010.

GOING TO EUROPE?

Buy your Eurail Pass from Pittsburgh Council — This convenient ticket entitles you to unlimited rail travel throughout any of 17 European countries (Austria, Belgium, Denmark, Finland, France. Germany, Greece, Hungary, Ireland, Luxembourg, Netherlands, Norway, Portugal, Spain, Sweden and Switzerland)

Combinations for specific countries are also available, such as the BritFrance Pass.

These passes are not sold in Europe, so you must purchase yours before going abroad. They may be purchased 6 months prior to use. See the back page of this newsletter for specific prices.

FOR ALL YOUR HOSTEL AND TRAVEL NEEDS, THE PITTSBURGH COUNCIL TRAVEL STORE OFFERS MAPS, BOOKS, TRAVEL INFO, HOSTELLING INTERNATIONAL PASSES, STUDENT IDS, AND EURAIL PASSES. PLUS.... MUCH MORE!!

CALL TODAY!!! (412) 422-2282

....TRAVEL INFORMATION

NOW: RENEW YOUR PASSPORT THROUGH THE MAIL, AVOID LONG LINES

It is now possible to renew your passport through the mail. Applicants must submit a DSP-82 renewal form (available at most post offices) and have a passport issued within the past 12 years when applicant was 18 or over. The form and old passport (which is returned) must be accompanied by two identical photos (2X2), a check or money order for \$55 payable to Passport Services, and, if the applicant's name has changed, a certified marriage certificate or court order to reflect the change.

Mail-in applications must be sent to: Passport Lockbox, Box 371971, Pittsburgh, PA 15250-1971. In most cases, renewal passports will be received in as little as two weeks.

People who aren't eligible to mail in applications can also avoid lines at the State Department's 13 passport agencies. Passport applications can be executed in many post offices and clerks of court offices.

NEW HOSTEL OPENS IN PORT ARANSAS, TEXAS

Texas' newest hostel has opened its doors on the Gulf Coast. The Port Aransas Hostel is surrounded by the beautiful bays and beaches of Mustang and Padre islands. The area offers visitors a wide range of activities, including swimming, fishing, sailing, windsurfing, bird and dolphin watching, and the Texas State Aquarium.

The hostel, which has twelve beds, features a swimming pool, hot tub, and more. Rates are \$15 a night for HI-AYH members. Transportation is available from the Corpus Christi airport or bus station. For information, call the hostel at (512) 749-5937.

HOSTEL IN BRUSSELS SPROUTS

The new Jean Hihon Youth Hostel has opened in Brussels, Belgium. The facility has 39 rooms ranging from one to eight beds. For information, write the hostel at Rue de l'Elephant 4, 1080 Brussels; tel. 32/2/410-3858; fax 32/2/410-3905.

ALAMO ANNOUNCES DISCOUNTS FOR HOSTELLING INTERNATIONAL MEMBERS

Alamo Rent-A-Car has joined with HI-AYH to provide a new member benefit. This program entitles members (even those under 25) to a percentage off discounts off regular rental rates. It also waives additional driver fees. To take advantage of this offer, call Alamo at 1-800-354-2322 at least 24 hours in advance. Request rate code BY and give ID number 19998.

HOSTELS IN SKI AREAS OFFER ECO-NOMICAL LODGING SKI THE U.S. WITH-OUT PAYING RESORT PRICES

Ski season is nearly upon us, and what better way to spend a winter vacation than schussing down the slopes? Unfortunately, the cost of a ski trip can be hard on the budget traveler's budget. The answer? Hostels, of course.

AYH has nearly 50 hostels, from Alaska to Vermont, located near major downhill and cross-country ski areas.

Visitors to Taos, N.M. can take advantage of the Abominable Snow Mansion. * Colorado resorts

with hostels nearby include Aspen, Breckenridge, Winter Park and Telluride. Many of the hostels offer amenities such as ski storage, hot tubs, saunas, and fireplaces. The Kellogg International Hostel in Idaho is near the new Silver Mountain resort, which boasts the world's longest gondola (3.1 miles). Housed in a historic 80-year old building, the hostel also features free "you fix" pancake breakfasts.

* At the Hilton Creek International Hostel in California's Sierra Nevada Mountains, hostellers can take advantage of the "Introduction to Ski Touring Program." The hostel has cross-country ski equipment for rent. * Other ski areas such as Jackson Hole in Wyoming, Telemark in Wisconsin, and Killington in Vermont have hostels at or near the ski area.

For more information on ski area hostels, consult your Hostelling North America guide.

MAKE TRACKS WITH THE **PITTSBURGH AYH**

ADOPT YOUR OWN PIECE OF THE BAKER TRAIL OR THE RACHEL CARSON TRAIL

In the course of the next year, I would like to attract TrailWorkers who would volunteer to hike on designated sections of the Rachel Carson and Baker Trails at least twice each year, and then send a report to the Chair of the AYH Trails Committee indicating the general condition of the trail along with specific work tasks that need to be performed. The TrailWorker system will work much like the "Adopt-a-Highway" program in that the designated TrailWorker would have exclusive responsibility for his or her section of trail.

TrailWorkers will be coordinated by a TrailMaster; each Trail, the Baker and the Rachel Carson, will have its own TrailMaster. The TrailMaster will maintain a file of TrailWorker Reports noting the maintenance work needed on the Trail, and keeping it prioritized. The TrailMasters will report to the Chair of the Trails Committee.

Each section would be relatively small, anywhere from 2 to 5 miles. The AYH TrailWorker, in conducting the two annual hikes, should take a large plastic garbage bag so that trash left along the trail can be picked up and carried out. The Trailworker would also have the responsibility for putting a new coat of paint on the blazes each year or two and replacing blazes from fallen trees and trees cut down. AYH will supply or reimburse you for paint and brushes. Minor clearing of fallen branches can be performed as well, to keep the right-of-way open.

Major work that needs to be done will be listed on the TrailWork Report form you will fill out. This might include large trees that need to be cleared, severe erosion requiring waterbars, new "NO TRESPASSING" signs requiring a follow-up visit to the landowner by the TrailMaster, or even a rerouting requirement because of development.

After you are assigned your section of trail, a volunteer will go with you to "introduce" you to your exclusive territory. As long as you file your report each year, you are entitled to maintain your adopted section of the trail.

The goal for the month of November is to gain volunteers for the following 5 sections of the Rachel Carson Trail:

Section 1: Freeport Road to Watts Overlook, Harrison Township

Length: 2 miles

Notes: Along the Allegheny River Bluffs; heavily used, beautiful views; dangerous cliffs.

Section 2: Harrison Hills Park Entrance to Saxonburg Road Length: 2 miles

Notes:Follows Altermoor Road through residential area; turns into woods for a mile or so, out on Alter Road; down Alter Road to Saxonburg Road.

Section 3: Saxonburg Road to Burtner Road, Fawn and Harrison Townships

Notes:Beautiful wooded area on private property followed by a dramatic and strenuous descent down to Burtner Road. You must be able to climb a steep incline.

Burtner Road to Bull Creek Road, Section 4: Fawn Township

Length: 2.5 miles

Notes:Dramatic ascent up steep hill from Burtner Road to hilltop: pleasant grassy hilltop area; through some beautiful old farm lanes to Ridge Road; follows Ridge Road to Bull Creek Road.

Section 5: Bull Creek Road to Bailey's Run Road, Tarentum and East Deer

Length: 2.5 miles

Notes: Climbs to a vista overlooking Allegheny Valley Expressway, through the woods to Bakerstown Road; up to the Tarentum Tower high up on the bluffs; skirts a reclaimed strip mine area and down to Bailey's Run Road.

If you would like to adopt any of these five sections of the Rachel Carson Trail, or any other section of the RCT or the Baker Trail, give Jim Ritchie, 828-0210, a call to arrange for an introduction to your section. You will receive recognition in the Golden Triangle Newsletter, at least once a year, and we will investigate the possibility of providing a few "perks" for your efforts; those under consideration include t-shirts, trail patches, pins, and certificates. We also intend to explore the idea of posting small signs on your section of the trail stating "This section of the Rachel Carson Trail maintained by John A. Doe".

HIKING / BACKPACKING

Nov 5-7 Fri-Sun Mark Mistrik 647-7609(w) Third Annual Autumn fossil hunting trip, most likely to Cincinnati, Oh. Stay overnights at two Youth Hostels, dine at Cincinnati's finest moderatelypriced restaurants, and take a tour of the city, including the city's centerpiece -Fountain Square. We'll be looking for pre-vertebrate fossils in Devonian Limestone dating back over 400 million years, (on previous trips found horned coral, trilobites, cephopods and countless fossilized shells). Trip pre-requisites are light hiking, patience, and possibly a good warm jacket. Call for info/reservations.

Steve Nydes 661-9357 Laurel Highlands Trail, Route 271 to Seward. With this hike, Steve finishes up the entire LHT in 1993. This is the northern terminus of the trail. Starting at the Route 271 parking area, the trail is mostly downhill to Seward. Great views of the Conemaugh Gorge. Try to find the ruins of the incline down to the river from the quarry that supplied stone for the "Great Stone Bridge" in Johnstown. About 14 miles; rated advanced because of distance; terrain is intermediate. Meets at HQ at 8:00 am. Call for info/reservations.

Blanche Asherman 828-8158 Sun Laurel Highlands Trail, Laurel Summit to Route 30. This is an 8-mile easy to intermediate level hike from the Laurel Summit Picnic Area to the Route 30 parking area. This section shows you Spruce Run, Beams Rocks, several other boulder piles, and crosses a number of popular cross-country ski, hiking, ATB and snowmobile trails. Meets at AYH Headquarters at 8:00 am. Call for info and reservations.

Nov 12-14 Fri-Sun Glenn Oster 364-2864 Quehanna Trail; backpack from Red Run/Mix Road to Piper 18.5 miles. This trail segment drops into the scenic Wykoff Run area. Call for info/reservations.

Mike Lubich Orienteering Event, Boyce Park. Orienteering requires using a map and compass to locate a series of checkpoints in a forested area. Sponsored by the Warrior Ridge Orienteering Club. No experience necessary; instruction provided. Courses for all levels from pre-school to expert adult; map fee is \$3; registration is from 10 am to noon. You can also rent a compass for a small additional fee. Call Mike for more information.

276-8044 Tom Kaveney Ohiopyle. Tom plans to hike about 8 miles in the Ohiopyle area; the exact route will be set on Sunday. Intermediate. Meets at 8:30 am at HQ. Call Tom for info/reservations.

Nov 20 Sat Veronique Schreurs 733-1741

Baker Trail, Garver's Ferry to Schenley. This is a 4-5 mile loop hike rated easy beginning near the Allegheny River across from Freeport, climbing to the bluffs over the river and descending to cross the Kiski River near the old Schenley distillery. Options, depending on the crowd and the weather, might include a visit to Murphy's Flats pioneer cemetery, or a walk to the distillery's old bottle dump along the Armstrong Trail. Meets at AYH Headquarters at 9:00 am or the Logan's Ferry McDonalds (at Routes 366 and 909) at 9:30 am. Call for info and reservations.

Glenn Oster 364-2864 Nov 21 Bear Run Nature Reserve, hike some of the Reserve's intricate pattern of trails in completing a varied ten mile loop. Call for info and reservations.

Maynard Hansen Youghiogheny River Trail, Connellsville to Layton. Maynard finishes up his quest of the YRT in '93 by hiking on the last piece. This is a 13-mile hike; rated advanced for distance; terrain is generally easy: flat and smooth. Meets at 8:30 am at Round Hill Park. Take it off before you put it on, with this Pre-Thanksgiving hike. Call Maynard for info, directions and a reservation.

Nov 24-28 Wed-Sun Mark Mistrik 647-7609(w) 4-Day Backpacking trip in the Smokey Mountain National Park. Expert rugged, beautiful trails and God-Knows-What-We'll-Get for weather. Trip will be planned mainly around scenery, not athleticism (we're not trying to kill anybody) but you will need quality raingear and clothing, broken-in hiking boots, a backpack that fits you well and be in good physical condition. Previous experience backpacking highly recommended. Be happy to answer questions.

Linda Smithyman 531-1868 Sun Easy hike possibly at Beechwood Farms Nature Reserve on Dorseyville Rd, about 4 miles. Meet at HQ at 10:00 am.

647-7609(W) Nov 24-28 Wed-Sun Mark Mistrik Backpacking the Great Smoky Mountains National Park. Four-day backpacking trip in the Great Smoky Mountains National Park, Expect rugged, beautiful trails and God-Knows-What-We'll-Get weather. Trips planned around scenery, not athleticism (Mark doesn't want to kill anybody). You'll need quality raingear, clothing, broken-in hiking boots, a backpack that fits you well and you must be in good physical condition. Previous experience backpacking highly recommended. Call Mark for additional details and reservations.

Sat Jim Ritchie 828-0210 Baker Trail, Maintenance Hike. Trail clearing; also, blazing if our paint doesn't freeze; probably in the vicinity of Mahoning Creek Reservoir. Limited group: two sickles, one brush hog, one painter, two fire rakes, two loppers or whatever. Meets at 8:00 am in the Ames parking lot in Harmarville, next to Integra Bank. We'll do something to make it fun (lunch or dinner in a small town??) Call Jim for info, questions, and reservations.

Dec 5 Sun Steve Nydes 661-9357 Laurel Highlands Exploratory Hike. Starts at Route 31 Laurel Highlands Trail parking area; we will explore some of the side trails off the LHT including an attempt to reach the old Pennsylvania Turnpike Laurel Hill Tunnel. Meets at 8:00 am at AYH Headquarters. Call for info/reservations.

FOOTNOTES AND FOOTPRINTS

foot notes hiking and backpacking news

-jim ritchie

Blanche Asherman tells me that the new <u>Trailside</u> program is now being carried on Pgh Channel 16, WQEX on Saturdays and Sundays at 4:30 pm. If you remember, this is a new program being hosted by John Viehman, the executive editor of Backpacker Magazine; each episode highlights non-powered, outdoor activities: hiking/backpacking, biking/mountain biking, kayaking, rafting, sea kayaking, etc. Watch the show (or tape it if you're out) and let WQEX know you appreciate their programming.

Joann Fassbender called to tell me that the Fort Armstrong Horseman's Association, of which she is a member, is concerned about complaints of horse-caused degradation of the Baker Trail in the Crooked Creek Reservoir vicinity. The FAHA has attempted to be especially sensitive to trail problems caused by horses along the trail. The Horseman's Trail (actually a 35-mile network of trails) and the Baker Trail share the same footpath throughout much of the area. In those areas where the BT tends to be soggy, however, the Association has blazed (white blazes) alternate horse trails, recognizing that horses will sink deep into moist soil and create mudholes that hikers will find unpleasant. If you encounter such a problem, please call me (Jim Ritchie @ 828-0210) and let me know the approximate location of the problem. I will relay the information to the Fort Armstrong folks and they will bring immediate attention to the problem.

By the way, Joann, also an AYH member, says that hikers are especially welcome to use the Horseman's Association trail network and to use the Association's camp area for overnight camping. There is water available there and a shed into which you may retreat if the weather becomes too intolerable. The Camp is located within a mile past the Crooked Creek dam, coming from the Pittsburgh direction, walking distance off the Baker Trail. The trail network may be accessed from the Camp area as well as

near the Baker Trail Cochran's Mill Shelter and other places. Call Joann at 327-4408 for more detailed information. The Horseman's Association plans to print a sketch map in three-four months; when they do, we hope to have copies available for distribution at AYH Headquarters, the AYH Office, or on request.

On November 27th, I will be leading a maintenance hike on the Baker Trail, near the Mahoning Creek Reservoir in Armstrong County near Dayton. This will be the start, hopefully, of a series of monthly maintenance hikes on the Baker and Rachel Carson Trails, with the objectives of blazing, routing, clearing, and documenting the two Trails over the next year. I am hoping that we can attract maybe 8 people (two car loads) each month to go out and take care of our trails. I think we can make it interesting or fun if we think of some other things to do while we are out: eating in local restaurants for lunch or dinner, or visiting local sites of historical or natural interest, visiting produce stands, swimming in the summer, etc. I hope to see each of our hikers at least once in the next year.

Very briefly, I will report that the Corsica Shelter (Clarion County) on the Baker Trail has been reported missing by several parties hiking in that area, including Richard Haas of Sarver. On the other hand, Gerry Vaerewyck reports that the Schenley Shelter, missing for several years, has been found again, almost within eyeshot of the Armstrong Trail (upon which the Baker Trail has been rerouted), in a wash area, just uphill from the ruins of a railroad maintenance area between Aladdin and Godfrey in Armstrong County.

Chet Fromm of Fort Orange, Fla reports to us that the Baker Trail, in the vicinity of Cook Forest, is unmarked in the first mile south of its crossing of Route 66, being overgrown with waist-high grass and shrubs and then reports that in the next mile, yellow blazes go in all directions. Chet says north of Route 66, the trail is overgrown, but passable.

Several other brief notes: thanks to Donald Smith for his offer to help us clean up the Rachel Carson Trail near Tarentum—it's overgrown with brambles along a short stretch there. Also, thanks to Sam Saccamango for his offer, as well, to help us with trail maintenance activities. Gerry Vaerewyck has offered his personal services and those of his scout troop to help us with maintenance on the Rachel Carson Trail or the Southern end of the Baker Trail. Lastly, if anyone knows of a contact person for the

see FOOT, page 11

YOSEMITE AND OTHER POINTS WEST

By Glenn Oster

(This is the first of a series of articles Glenn has written on a dream trip to the West. In this installment, he recounts sightseeing areas on their trip to Yosemite National Park.)

To this waterfall lover, it was certain that I had died and gone to heaven. Our backpacking hike down the Tuolumne River in Yosemite National Park was everything I hoped for, only more so. We enjoyed waterfall after waterfall and all the cataracts in between through two sunlit days of riverside hiking - but I'm getting ahead of my story.

Yes, hiking the Grand Canyon of the Tuolumne River, as it is known, was indeed the focal point of our trip, but there was so much else - perhaps I should start at the start. The trip originated in North Hills, Pittsburgh, on June 11, 1993. With me were Karl and Lynn Gundlach, Sally Martin, Helen Coyne, Kirk Slater, Jerry Gogol and Jim Diskin, and they all agree that by the time we returned on June 27 we had surely seen a great many of America's scenic wonders. I had been to most of these places a number of times, but I get a great deal of satisfaction from watching the faces and hearing the rave comments of trippers who've never seen them before. I relive my first exposure to them vicariously through their eyes. Readily, I admit that in large measure it's the motivation for my leading trips out west.

Details - we rented a fifteen passenger van and alternated drivers every two hours, rotating seats in the van much like when playing volleyball. This way, no one had to drive too long at any one time, no one had a "bad" seat too long and those who enjoy driving got a stint at the wheel when their turns came up. We drove straight thru to Stratton, Colorado, had a good dinner and died until Sunday morning. When traveling, we ate virtually all our meals in restaurants or fast foods.

Helen flew to Denver on Sunday morning - for some reason she seemed to think she should attend her daughter's wedding the day we started on the trip - and we all were at the gate to welcome her to Stapleton International. Timing was as close to perfect as anyone could want - we reached the airport, parked, and made our way to her gate with three minutes to spare - not bad for 144 miles of driving and a good restaurant breakfast along the way.

We had put the plains states behind us, got a lateral view of Denver from I - 70 and were now heading directly toward the frontal range of the Rockies, still sporting its mantle of snow on ridges and peaks as far as the eye could see. Against the clear, deep blue sky it was impressive. I've seen it so many times, and yet ---. Our first scenery stops were on the way up to the old mining town of Deadwood,

Colorado. We just had to stop - more often than we really had time for, but a powerful magnet just pulled us off the road; it was immensely rewarding. Later, on our way to Aspen, we cleared Independence Pass at 12,260 feet. That demanded another stop to get out of the van and sample the snow and views from on top of the world. What an unplanned and unexpected bonus!

Not long afterwards, we reached Aspen and turned west to Maroon Bells, our real sight seeing destination for the afternoon. I had only been there once before, and it was even more impressive than I remembered. The Bells, three red rock pyramidal mountain peaks in a row, were awe inspiring, especially so laced with snow as they were during this visit. Who could forget their reflection in Maroon Lake. Moreover, every other direction to which we turned offered its own brand of mountain peak grandeur. It was difficult breaking away without taking a major hike, but you can only squeeze so much into one day. So on we went to the city of Grand Junction and a good night's sleep at a local campground.

Monday - more super scenery. Colorado National Monument is at its best in morning light, and we were there at the best time of the morning. We took pictures and climbed on and around red rock cliffs for as long as time allowed. This place is reached via a nineteen mile paved roadway along the cliffs of a huge mesa. A sizeable number of pulloffs enable you to explore the area and to gaze way down into the Colorado River Valley, more than 2000 feet below. The valley views would be rewarding enough, but the emphasis here is on massive stone pillars, called monuments. Most are several hundred feet high, standing alone and grudgingly giving way to erosion year after year. People drive along Interstate Route I - 70 in the valley below and pass by this incredible site wittingly or unwittingly. Either way, they have my sympathy.

We moved on destined for Nevada's Great Basin National Park - the newest national park in conterminous United States. Its long suite is Wheeler Peak, over 13,000 feet in elevation and majestically snow covered. Getting equal billing are Lehman Cave and a marvelous stand of bristlecone pines, the latter still too deep in snow for us to visit and the former too time consuming for that late in the day. Clearly, we didn't have time to take in everything the Park has to offer and settled for

see OSTER, page 11

AYH FALL **ACTIVITIES**

MID-WEEK RAMBLES

Wed Cliff Ham 687-4520 November 3 Ramble through the Blackridge area to see the Halloween decorations. End up at the home of John and Alberta Hartman. John will lead us. Please bring some food to share.

November 10 Wed Cliff Ham 687-4520 Visit one of the older parts of Pittsburgh, the Soho district. Attend Duquesne University Health Fair.

Cliff Ham 687-4520 Explore the great slag heap east of the Squirrel Hill tunnels, and walk through Rosemont, the new housing development on the heap.

Thanksgiving. November 24 NO RAMBLE. Enjoy your turkey.

Notes for all Rambles: Meet in the upper parking lot near Headquarters at Fifth and Shady Avenues by 10 am.

* Trips are subject to change because of weather, conflicts of schedule, and choice of group. We will plan a walk in all kinds of weather; be

* Please share expenses of transportation when trips exceed ten miles. One dollar per passenger is suggested.

Call the leader for further information about a trip or to inform the leader that you plan to attend. Call Cliff or Marilyn Ham, at 687-4520, for information. Do not call after 10 pm.

CULTURE CLUB

In an effort to expand our horizons and reduce the amounts in our pocketbooks by gathering together to frolic in nature and absorb cultural and classic experiences, we are avidly trying to schedule a regular monthly date to attend to such matters. This evening will include a short nature experience, dinner, and a play or special movie. Anyone may participate in one or more aspects of our culture club activities.

Our next effort will take place on Sunday, November 14th. We will meet at 4:00 pm at AYH HQ. Dinner will be at a nearby restaurant and the play/movie selected may be something in the area. Call for details!

The cost for the activities is strictly up to the choice made by the participants (what you pay for dinner is up to you). Everyone is welcome to join in. Please call Tom Rodgers at 621-6310 or Linda Smithyman at 531-1868 for additional details.

We plan to make this a regular event on the second Sunday of the month throughout the fall and winter months. If anyone is interested in coordinating the activities for one of the dates please let us know. All suggestions are welcome.

Future Culture Club events.

- *Christmas Party most likely date of Thursday, Dec. 16th
- * New Year's Day Hike 5th annual, Frick Park at 10:00 am

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SEA-KAYAKING

November can be a bit slow for some of us outdoor enthusiasts - it's too cold for the summertime activities and there's not enough snow for the winter ones. So here's a suggestion: Pick a cold windy day, run over to Oakland and go to the Museum. While you're there, visit "Polar World: the Wyckoff Hall of Arctic Life" on the third floor, next to the Mummies. Inside, against the wall and away from the expensive, artificial interpretive displays (Hey!- a full sized walk-thru igloo...) are two authentic Inuit sea-kayaks. These little watercraft were ingeniously constructed out of bits of driftwood, sinew, animal skin and bone; in other words, whatever they could find. Eskimos and kayaks evolved together for more than one hundred generations and sea-kayaks design was perfected to the point where the hunting kayak could be fashioned for the use of one particular individual. The Inuit cultures far outlasted most native cultures further South, but in the end Western-brought disease and exploitation devastated them. Only traces of their authentic cultures remain and sleek huntsmans Kayak and stocky Umiak at the museum are exceeding rare (Theres nothing like them on display in either Washington D.C. or New York). The kayak was briefly sensational during the nineteenth century then forgotten by about 1900. Today, the Arctic Native Americans go about their business in wooden dories with outboard motors.

Well, a funny thing happened. In-arounds the 1960's in Northern England, the historical designs were replicated using then-new fiberglass and resin composites. The replicas worked so well it earned the reinventors a place in the Guiness Book of World Records (for a couple of daring North Sea Crossings) and (by the way) nearly got them all killed...and sea-kayaking was off and running. By the 1980's there was enough of a market that tough, plastic sea-kayaks became commercially available and these low-maintenence boats made an AYH sea-kayaking program feasible. Every year we have lots easy paddling trips planned around great scenery, fresh air and exercise and a couple of trips out into places you could never safely take a canoe or larger sail or motorboat.

So what to do in November? We have a couple of things in mind. We get together for monthly dinners and sample a different cuisine each month. In November it's Middle Eastern and Indonesian at Bachri's in Castle Shannon. In December we'll sup at Station Square then have a walking tour of downtown to see the Christmas lights and windows and back to the Cheese Cellar, in case anyone wants chocolate fondue before going home. We welcome everyone to the dinners, and occasionally sea-kayaking ideas are thrown around. The ideas that survive into spring get turned into trips at the Annual Planning Meeting, usually in March or April. Finally, there will be a one day paddling trip on November 13th down a stretch of the Allegheny River near Freeport. At the end of the trip, to warm things up, we'll have a bonfire cookout before driving home. And after you've paddled a sea-kayak yourself, go back to the museum and take another look at the kayaks there. You'll have the beginnings of a new sense of just what the original owner of that boat knew and how they lived. To find out more, please call. Mark Mistrik 647-7609 daytime or leave message.

Mark Mistrik 647-7609(w) **Nov 13** Sat Last sea-kayaking daytrip for 1993. Join us for a few miles down the Allegheny river past rural countryside and small towns, followed by a bonfire cookout before heading home. No previous experience necessary using a sea-kayak - we'll keep it easy. Call for more info/reservations. Call early if you need to rent a sea-kayak.

Mark Mistrik 647-7609(w) Sat November Sea-Kayakers-and-everybody else dinner at Bachri's on Willow Avenue in Castle Shannon. Indonesian and Middle-Eastern cuisine and this is the ONLY Indonesian restaurant between Washington D.C. and Chicago. We'll meet at the AYH at 6:15pm (for carpoolers) or 7:00pm at the restaurant (and the Bachri's is reachable via the"T", if you're adventurous enough to have figured out Pittsburgh's public transportation system). Still not sure? Indonesian food is similar to Chinese, but with influences from Dutch cooking and India. Please call trip leader ahead for reservations, so we can seat everyone together. call Mark, or try Dave Engel 363-3367.

Annual Christmastime Walking Tour of Downtown Pittsburgh. Either Dec 14 (Tue) or Dec 17 (Fri). Meet for dinner at Station Square, then walk into town to see the Christmas trees, windows, lights, etc. Return to Station Square and finish off the evening with a chocolate fondue at the Cheese Cellar. Everyone (even Scrooges!) WELCOME. This takes the place of our monthly Sea-Kayakers-and-everybody else dinner. Mark Mistrik 647-7609(w).

RAFTING DINNER Saturday November 13, 1993

First annual post-season rafting dinner party at the home of Doug Bruce. Come share your best stories and photos from the season. For more info and reservations please call Doug Bruce 561-5037 or Jon Maiman 441-2396.

WILDERNESS LODGE IN 1994

AYH will be going back to Nansi Janes' Wilderness Lodge for three crosscountry skiing weekends in 1994. Helen Coyne will be leading weekend trips on January 28-30. February 4-6, and February 18-20. The first two weekends are reserved entirely for AYH, the third weekend we have all but two rooms at the Lodge. Watch the December newsletter for details. Cost of the weekend will be approximately \$60 for members and \$70 for non-members.

CYCLING AND THE LAW

by Marc Reisman

Cycling and the Beach

Dateline: Rehoboth Beach, Delaware.

Ahhh. Seven days in beautiful Rehoboth Beach, Delaware. Finally, a chance to spend some quality time with my wife and child and to cycle more than once or twice in one week.

We arrive Saturday afternoon and spend the rest of the day unwinding and unpacking. Sunday and Monday come and go, as I realize sleeping in and spending time with my family has a higher priority than getting up at 6:30 a.m. and cycling down Route 1. I resolve to begin my cycling regimen on Day $3 \frac{1}{2}$.

Unfortunately, duty called on Monday afternoon when I received a message from the office. Someone is calling about a "can't wait" deal and a conference call is arranged for Tuesday morning. Then my son comes down with a cough resembling a seal in heat and we have to find a pediatrician. There goes cycling on Tuesday.

Wednesday comes and I actually get out for a ride. It's a gorgeous day, temperature in the 80's, sky as blue as can be. I begin the ride with a cafe latte at Cafe Papillion, a wonderful little French cafe tucked away off the boardwalk. Armed with the proper attitude, I begin the ride.

The first point of interest is the Wildlife Preserve, which is home to ducks, herons and parrots (yes, parrots - someone brought them years ago and they stayed.)

Turning onto Route 1 South, I head towards Dewey Beach, only a mile or two away, AND IT'S ALL FLAT, IT IS PERFECTLY FLAT RIDING THERE ARE NO HILLS IT'S NOT EVEN ROLLING IT'S JUST FLAT!

This plus a tailwind enables me to sustain an 16-18 m.p.h. pace. Dewey Beach flies by and soon all that you can see on either side of the four-lane highway is tall grass and trees. Occasionally, a driveway opens up and you can catch a glimpse of the beach or the bay (depending on which side it's on). The road is cycling-friendly, with a six-foot paved shoulder which is off-limits to cars. After a few miles I pass over the Indian Ri inlet. Down below, people are fishing by the rocks. Thousands of motor homes are parked in the parking lots nearby. Then, miles and miles of grass and sky. For a few miles, I draft behind a cyclist I estimate to be in his late sixties. which reminds me that cycling is something I can enjoy for the rest of my life.

Fourteen miles later I arrive at Bethany. I scout around, and, ever alert for the smell of espresso, I find the Dream Cafe. I sit at a table outside and sip my cappucino. This is the life.

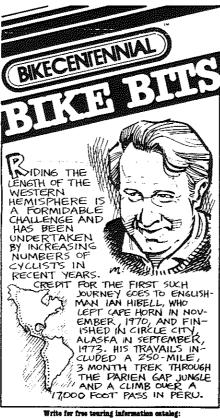
On the return ride, I discover that for every tailwind there is a

see LAW, page 11

NOTICE

The Staff of the "Golden Triangle" and the Communications Committee, have been considering the restructuring of the printing frequency of the "Triangle". Due to the slower months, November thru February, we are examining the possibility of combining the Nov and Dec, as well as the Jan and Feb, editions into single issues, thus printing 10 times a year instead of the now present 12. As this action is not without it's list of pluses and minuses, I would welcome any feedback from the membership, and specifically the trip leaders. In addition to the combined issues we are also looking into starting a "trip hotline" to keep you informed of all the latest trips and news! We are considering this action to commence with the Jan/Feb issue, so Please drop me a line and voice your opinion.... Thank you, Wm Eberle; Editor...

> Pittsburgh Council, AYH Wm Eberle, Golden Triangle 5604 Solway St., #204 Pittsburgh, PA 15217



mnial, P.O. Box 8308HE, Missoula, MT 59807

BICYCLING (Road & Mountain)

833-9732 Sundays Bill Eberle Montour trail Fat-tire ride. Mountain Bikes a MUST, If not sure if your bike is right Give me a call. We will park at Cecil Park (Meet 10 am @ Park), and take a Ride on the Montour Trail, the Arrowhead trail, as well as some actual single track!! We will be stopping at the Old-time Hendersonville shops plus other Snack spots along my route. Aprox. 27 miles. Int Pace. Please call to confirm. Ride will go if there is sufficient interest each week. Please call by each Friday for trip Status.

Ride Class: A - Adv. 60+ miles at a faster pace. (tend to be between ages 18 and 70). B - Intermediate, 30-60 miles, at a more aggressive pace. C -Easy, 15-30+ miles at an easy pace. D - Beginner. Short, easy rides for the family. AYH Members are given priority over nonmembers ,hurry limited space. Bicycle Helmets (ANSI or Snell approved) are required on all rides. NO EXCEPTIONS.

Participants are responsible for their own equipment.

CYCLING CLEARANCE SALE.... T-Shirts and More!

Pittsburgh Council has a wonderful selection of T-Shirts available either for yourself or as a gift to friends and family. There are the bestselling "I'd Rather Be ..." T-shirts as well as T-shirts from the Great Ride, Mon Valley Century, and SABRE bike rides from this year and previous years. The "I'd Rather Be ... " T-shirts have the Pittsburgh Council and AYH logos on the front and on the back, the message "I'd Rather Be Hiking, Skiing, Rafting, Cycling ... " and goes on to list most of the Council's activities. You can buy any of the T-shirts at headquarters any Thursday evening, at the Council office, or by mail to the office address. Please include \$1 per T-shirt for postage. Please specify your

> I'd Rather Be (purple or ash) (M/L/XL) ... \$7 I'd Rather Be (bright yellow or coral) (M/L/XL) ... \$10 93 MVC, Great Ride, SABRE (L/XL) ... \$6 92 MVC (XL) ... \$5 92 Great Ride (M/L/XL) ... \$5

Also available at headquarters and the office only (no mail orders):

93 MVC Water Bottles ... \$2 93 SABRE Water Bottles ... \$3

And ...

Pittsburgh City Bicycling Map ... \$5 (postage included)

Co-Cycling Chair Needed

After serving as Cycling Chair for many years Chuck Ejzak is ready for a break; So it is with sad reservation that I must announce that we are looking for a new Co-chair for the cycling Department. Interested parties should Contact either chuck (466-6196) or myself (Bill Eberle 833-9732). Responsibilities would include looking for new tripleaders, scheduling summer cycling trips and devising new ways to promote cycling with the PGH AYH. Also you should have a Intermediate cycling skill or better to best understand the needs of the program and the cyclists that would participate.

Once again our overflowing thanks to Chuck for his many faithful, never tiring, wisdom filled years of service; his shoes will be hard to fill. Thank you Chuck. If you have any questions please contact us......

Wm Eberle

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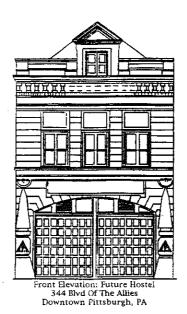
PITTSBURGH FIREHOUSE HOSTEL

Firehouse Approved March 9th.

News Flash.... Pittsburgh City
Council voted to designate the
Downtown Firehouse No.1 as a
local "historic Structure: Although this is not a National
Designation this will help AYH
to secure additional funding for
renovation and also help in the
marketing of the facility...
"sleep in a Historic Downtown

Hostel".

As of early November the AYH
Board has yet to receive the
revised sales Agreement from the
city. The City Council must also
approve this agreement to "wrap
up" the building for Pittsburgh
AYH



History of the Firehouse

by Joe Hoechner

Engine House Number One was built as part of a major effort by the City of Pittsburgh to replace old fire stations and build new ones, in order to service the rapidly expanding city of the turn of the century. When it abolished the older volunteer fire company system in favor of a paid professional City fire department, in 1870, the City of Pittsburgh assumed ownership of the firehouses that those companies had erected in the built-up sections of the city. Pittsburgh's continued use of these structures contrasted with the policy of the city of Allegheny, which appears to have built a completely new set of fire stations during the years from the late 1870's to the beginning of the new century. The accelerating economic and demographic changes of the late nineteenth century, as well as the dilapidation caused by age and use, led the City to replace the older fire stations, while it strove to build new ones in the rapidly-expanding residential sections of Pittsburgh. This building program began in 1889, but really picked up after about 1895.

The fire station at 344 Boulevard of the Allies and 341 First Avenue was, therefore, part of an effort by the City to eliminate obsolete engine houses and to build new ones to improve the Fire Bureau's capacity to fight fires in Downtown Pittsburgh. The most pressing need at the beginning of this century was to replace Engine House No. 2, which had been built as the home of the Duquesne Engine Company in the volunteer fire company period before 1870. This station was located at 112 Smithfield Street, with a later extension made to Second Avenue (now 408 Boulevard of the Allies). In addition, the City needed to find a house for the new "water tower" that the Fire Bureau wanted to purchase in order to fight fires in tall buildings, which were increasingly being built in the Downtown section and which were very difficult for the Fire Bureau to fight (aerial ladders having not been introduced in Pittsburgh at that time). The water tower, when fully extended, resembled a windmill derrick, and through it water could be delivered to fires in upper stories of buildings.

Upon the approval by the electorate in September 1899 of a major bond issue, which provided funds for buildings and equipment for the Bureau of Fire, the decision was made to demolish and rebuild Engine House No. 2 and build a new house nearby for fire engines.

In October 1899, at the urging of Public Safety Director J. O. Brown, the City entered into an agreement with Pittsburgh architect William Y. Brady to design the Buildings required by the Fire Bureau. The land for the new double engine house at 344 Second Avenue (later, Boulevard of the Allies) was purchased by the City from the National Tube Company on March 29, 1900 for \$58,000. A few days later, on April 2, 1900, the City Councils considered a contact with the firm of Kerr and Fox for the construction of the new double engine house for \$42,978, as well as for the demolition of Engine House No. 2 and its reconstruction as the water tower house and administrative offices for the assistant chief engineer of the Fire Bureau. Two days later, Brady delivered a letter to the Councils, certifying that he had prepared the plans for the new double engine house and the water tower house, and asked for payment. The construction of the stations was probably completeed by the end of the year, since they were listed in the 1901 City directory of active stations. There are references to alterations made in 1926, under the direction of a City architect, Richard Neff, which apparently consisted of changes to the interior layout and the apparatus doors to accommodate the change from horse-drawn to motorized equipment. Little else has changed over time, however, and the building virtually retains its original appearance. It was abandoned as a fire engine house in 1992, and offered for sale to the general public.

National Pike Trail Council

The National Pike Trail Council; Washington PA, meets the last Thursday of every month at 7:30 pm. they are in need of volunteers so please help them out and plan to attend their next meeting. The NPTC hold their meetings at the Washington Court House Square, 100 West Beau ST., Washington, PA For more Information Contact Sunda Cornetti at 222-2246.

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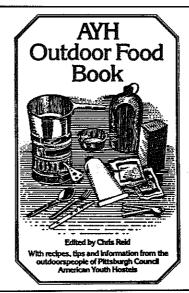
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AYH Foodbook update

Thanks to a Council volunteer our first edition outdoor "cookbook" may soon be revised. If you have any favorite campsite recipes that are up-to-date (low fat, high carbo, veggie, Tex-Mex, fast & easy, etc.) please send/call them in. You'll be listed in the credits! Send your recipes to:

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OSTER, from 7

driving to the highest point on the road and seeing Wheeler Peak in full sunlight - what a treat.

Now for our final day of traveling west, initially barren, open, arid, unpopulated land interrupted from time to time by high ridges with impressive rock configurations, some of them hard for me to understand geologically. As a result, we found a good many reasons to stop and places to explore. On a much different note, as we traveled on and on, we became increasingly more anxious to reach the town of Warm Springs (name of no significance to our plight at the time) - everyone had to go. When we at last arrived after agonizing miles, the town was nothing but a road intersection and one building whose commercial business has long been defunct. The location got its name from a natural spring which bubbles a stream of heated water. Unanimously, we decided we couldn't make it to some more appropriate facility and christened the area behind the building - how do you spell relief?

Moving right along, we reached Mono Lake at the crest of California's Sierra Nevadas; never saw it looking so blue. It's a body of water that is gradually disappearing, early on because of heavy withdrawals of water from it, but also because of rapid evaporation. What distinguishes it from most lakes is that it is replete with natural underground tubes that spew a substance called tufa which hardens into unusual shapes. We visited, walked, photographed and generally took over the place. The group even elected to skip lunch in order to have more time there.

Still more to come that day -Tioga Road into Yosemite National Park. This is the only cross mountain road into the Park; it crosses Tioga Pass at 9945 feet and was only opened for 1993 the day before our arrival. That was cutting it a bit close. However, I had been in regular contact with the rangers about snow depth on the trails and about when Tioga Road would be opened. Actually, I knew the date of the road's opening before the folks from Curry Company, the Park's designated concessionaire for campgrounds and stores. Tioga Road was no disappointment, wall to wall

scenery for fifty miles - frozen lakes, meadows divided by swollen streams, snow capped mountains and many, many granite domes, some so close to the road that their exfoliation (peeling off like layers of an onion) was easily observed. We hated to see it end. But, there was a reward in store - we were on time to see Yosemite Valley in afternoon sunlight, i.e., Bridalveil Falls, Cathedral Rocks, and Half Dome were in their glory. The Merced River radiated as its shore to shore white water charged down the valley and sprayed iridescently into the sunshine. The extreme snowfall this past winter produced waterfalls where I've never seen them before. Certainly all the old standbys were flowing

We Cleared Independence Pass at 12,260 feet...

bigtime, even the sometimes Ribbon Falls. We'll cover the shadowed side of the valley later in this narrative. Again, we used every minute of daylight we could. Then it was time to claim our reserved campsite, get a shower and head out to dinner - a full day.

The fifth day of the trip - first came picking up our backcountry permits. I had written to the rangers months earlier and obtained permit reservations. but you can't get the actual permits before the day prior to the start of your trek into the backcountry. I was there sharply at 8:00 A.M., but so was a hoard of other hikers. The need to limit the number of backcountry permits became more understandable when I saw that large group of successful permit candidates. Imagine how many were refused permit reservations. With it all I stood in cue as patiently as possible (couldn't wait to get going on such a perfect day) until my turn finally came at 9:00 A.M. Then back into the van and onto Tioga Road we headed, perhaps a little faster than the law allows, but we finally wore down the miles and reached Tuolumne (pronounced Twolumy) Meadows, our trailhead.

Come sit with us around campfire next month, as we will rejoin "Master Tale Spinner" Glenn, As he continues "Yosemite and Other Points West".

FOOT, from 7

Harmony Trail, will they please call me to let me know.

Norm ("The harder the better") Snyder and Steve Tubbs were out west in the end of September, in the vicinity of the Grand Canyon. Their plan included driving all the way out with Steve going on to California and Norm flying back after exploring some of the side canyons off the Colorado River.

Glenn Oster spent the last week of September backpacking the full length of the Laurel Highlands Hiking Trail, finishing up just in time to attend the Keystone Trails Association semiannual meeting that was held at Camp Allegheny, near Stoystown, which is near Johnstown, on October 2-4. Also attending were Jim Ritchie, and Helen Coyne, as well as many other well known members of the western Pennsylvania hiking community: Tom Thwaites, Ed Beck, Mark Eckles and Hugh Downing among them. The program consists of hiking on both Saturday and Sunday and on Saturday, Glenn's hike won the prize for having the most people signed up.

In October, Bill and Clare were to attend "The Gathering" (that sounds like a Steven King novel) in West Virginia. The Gathering is a weekend slide-showing, tale-swapping, and back-slapping meeting of the Appalachian Trail Long Distance Hikers Association. Sounds like a good time.

One last note: Steve Nydes will try his hand at exploring this month by leading a hike that starts along the Laurel Highlands Trail by Route 31 or possibly Route 30 and then finding the right combination of woods roads that take you to the old Laurel Hill tunnel of the Pa Turnpike. Steve says its about 2 miles off the LHT, mostly downhill (then you have to go back up, don't forget). Those of you who enjoy this sort of thing might watch for this one.



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LAW, irom 9

headwind. I gear down and pay a little more attention to the scenery. I arrive back at the condo happy and refreshed.

Friday is overcast, misty and much cooler. I repeat the ride, enjoying it just as much as the first time. This would be a great place for a Tour d'Espresso. I resolve to try and spend two weeks here next year instead of one.

(Marc Reisman is an attorney in Pittsburgh who normally writes about cycling and the law. If you have questions which you would like to see addressed in this column, you can write to him c/o Riley & DeFalice, P.C., Liberty Center, Suite 1200, 1001 Liberty Avenue, Pittsburgh, PA 15222, or call 1-800-883-1LAW.)

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AYH Outdoor Food Book contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and

Baker Trail Guide describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. 35th Anniversary Edition (1987)\$4.00

Canoeing Guide to Western Pennsylvania and Northern West Virginia contains information on 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991)\$13.95

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