

Golden Triangle

VOLUME 57, NUMBER 4

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Obituary -- American Youth Hostels - Pittsburgh Council

The end of an era - and a long era at that! The last weekly meeting of AYH was held on June 3, 2004 to a packed house, including members dating back to the 1950s. The first weekly meeting was held in the 1930s and, except for a several-year lapse during WWII, had been held weekly ever since.

The cause of death was bankruptcy caused, in turn, by its Pittsburgh hostel on the south side. It was a Black Hole for money as it turns out, pretty much like its Ohiopyle hostel. Below is a bit of history and a biopsy.

AYH's main (and sizeable) contribution to the quality of life in this area has always been its outings program - a lively mix of hiking, bicycling, flatwater canoeing, whitewater canoeing, kayaking, caving, climbing, ski-touring, backpacking and a few others (kite-flying??), plus countless schools in many of these activities. AYH built the Baker Trail and the Rachel Carson Trail that could take one from Pittsburgh to Allegheny National Forest. AYH published numerous editions of numerous guides to hiking and canoeing in the region. Its extended trips in the summer took many of us on unforgettable trips such as backpacking on Mt. Rainier, the Olympic Rainforest, the Olympic Seashore, the North Cascades and Rocky Mtn. National Park, cycling hostel-to-hostel in New England, hut-hopping in the White Mountains, white-water canoeing and sail-canoeing on the streams and lakes of Wisconsin and countless others. No one will ever know how many multi-decade-long friendships came out of the delights, camaraderie, trials and tribulations of all those thousands of trips. Calamity Rock in the Cheat Narrows was named for a terrifying rafting episode on an AYH trip. White water canoe trips have been known to arrive, still cold and wet, back in Pittsburgh around 4 AM. There was a broken back on a bicycle descent off of Pittsburgh's Mt. Washington, and a nasty altercation between a bicycle and a pickup truck.

AYH always had its ups and downs. At times its weekly Thursday evening meetings saw people packed shoulder-to-shoulder watching slide shows of past adventures and listening to 8-10 trip leaders advertising the adventures they had planned for the weekend. At other times the organization was held together by 3-4 people struggling to get the club back on its feet. A lot was learned about the dynamics of "volunteer associations" (as such organizations are called). One example of many: A preoccupation with social aspects and beginner-oriented trips foretells an impending collapse. A focus on substantive outdoor-oriented adventures and pleasures means another growth spurt toward a membership size that tends to attract the purely socially oriented.

AYH was always a down-to-earth, low-budget operation that attracted people of like mind. Its headquarters/ meeting room was a former Mellon estate chicken coop built on the property line with the Marshal mansion (now Arts Center), apparently as a result of some sort of feud. Outings had always been profitable, even with trip fees of \$0.25 to \$1/day, canoe- and bicycle rentals of a few dollars per day, and sales of modestly-priced trail guides. This combination of profitability and frugality might well have been AYH's undoing. The several hundred thousand dollars in savings generated over the decades was perhaps too much of a temptation to the hostel-oriented faction of the club. (AYH always had an uneasy split personality.) They grabbed control of the club, abolished the Activities Board (that had always handled the day-to-day operations of the club) and sunk everything into a highly leveraged hostel. The rest is history.

Bruce E Sundquist



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Submissions Policy:
Golden Triangle

Classified Ads:

- ? Classified ads are free to Current members of HI-International
- ? All requests for classifieds must be made in writing via the Council Office. Request must include full name, address, phone number and membership number of member. Members are not permitted to place ads for non-members.
- ? Free ads may not be for commercial gain.
- ? Above rules apply in addition to general rules for submission

Trips

- ? All trips must be approved by authorized co-chair
- ? Trip leader must be a council approved leader
- ? Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- ? Above rules apply in addition to general rules for submission

Articles

- ? Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a pro gram
- ? All Articles are to be, non-political and non-religious
- ? Above rules apply in addition to general rules for submission

General rules for submission

- ? No handwritten submissions
- ? Submissions Can be;
 - On computer disk (IBM), E-mail (Internet/compuserve), Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- ? Submitted before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- ? All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- ? Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue.(See Editors Golden Rule)
- ? Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- ? @Lack of planning on your part, does not constitute an emergency on my part@

Please note

Triangle Staff

Managing Editor ... **Joel Platt**
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NOTICE

Please note the deadlines for
future issues of the
GOLDEN TRIANGLE

DEC-JAN-FEB ISSUE
All copy, Nov 7

If your work is on computer,
Please contact Joel Platt at
golden_triangle@bigfoot.com

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

Mail regarding the Newsletter
should be addressed to:

The Golden Triangle
1632 Denniston St.
Pittsburgh, PA 15217

golden_triangle@bigfoot.com





SEA-KAYAKING

Kelleys Island, Cape Henlopen and Presque Isle are just a few of the interesting and exciting places we visited last summer. Whether you are a beginner or an experienced paddler, we have a trip for you. So grab your paddle and sunscreen and we will see you on the water.

ActivityCo-Chairs Vickie 412-344-4929
Russ 412-331-2073

See
Sierra Clubs Hikes, at end.



ROCK CLIMBING

Important Notice / Rock Climbing

We regret to inform our members that the Pittsburgh Council is no longer able to sponsor any rock climbing activities for insurance reasons. Our liability insurance is provided through the National AYH organization. After lengthy discussions with National’s insurance carrier, we have been notified that a number of activities classified as “high risk” have been excluded from our coverage effective 1 April. While National was successful in negotiating the removal of several activities (such as ice-skating and cross country skiing) from the initial list of exclusions, they were ultimately unsuccessful in being able to have rock climbing covered. While we are disappointed with this exclusion, we have no choice but to stop sponsoring all rock climbing activities. Thank you to all of the volunteers who assisted in the organization and operation of the rock climbing activity over the years. It would not have been possible without you. Discussions are underway with other activities organizations that may be able to sponsor rock climbing activities. For more information, please contact Chuck Jones at charlzjonz@excite.com or (412)766-4036 or Annie Jones at (412) 303-1793. Please call before 10 o'clock at night. http://www.wpfi.org/

While it is unfortunate that we will no longer be able to sponsor rock climbing, we would like to remind both members and non-members of the great activities that we sponsor, and encourage everyone's continued participation.



BICYCLING

IMPROMPTU BICYCLE RIDES EMAIL LIST

Our bicycle email list is up and running. We have been enjoying some good rides. The biggest need now is for people to announce rides.

If you would like to get on our bike email list our address is:
letsbikenow-subscribe@yahoogroups.com

HELMETS ARE REQUIRED FOR THE PROTECTION OF ALL. YOU RIDE AT YOUR OWN RISK

Glenn Oster continues to ride and report on various trails across the USA. Visit his website at http://www.intellweb.com/trails/oster.htm

UPCOMING SLIDE SHOWS

Rambles For Fall 2007

SEPTEMBER (Start at 10:00 A.M.)

- 5 Enjoy an Art walk on the North Side and tour the Mattress Factory (\$5.00 admission, 1/2 price). Lunch available there. Margaret Laske 412-421-5219.
- 12 Visit South Park for a 3-mile walk with Richard Gemeinhart 412-462-1876. Bag lunch.
- 19 Visit Duff Park and view the park bench we donated in memory of Nick Broskovich. Call Judy Stark, 412-363-0462.
- 26 Visit the western section of Raccoon Creek State Park with Jim Hurst 412-2276-0447. Bag lunch.

OCTOBER (Start at 10:00 A.M.)

- 3 Visit Schenley Park with Ruth Fischer, 412-421-9215. Bag Lunch.
- 10 Visit Frick Park with Helen Sclarsky, 412-421-2692. Bag lunch
- 17 Visit Montour Trail and the new Bethel Park Branch with Sue and Dan Sebolt 412-563-6987. Bag lunch.
- 24 Visit White Oak Park with Albert Farhy, 412-521-8226. Bag lunch.
- 31 Visit Turtle Creek for a good long walk with Joan Roolf, 412-496-4925.

NOVEMBER (Start at 10:00 A.M.)

- 7 Reverse walk in Kellman Nature Reserve in Murrysville with Marian Fast, 412-241-2109. Bag lunch.
- 14 Visit Beechwood Farm with Gen Mann, 412-661-5947. Bag lunch.
- 21 Visit Riverview Park with Earl McCabe, 412-761-1844. Bag lunch.
- 28 Walk 2-3 miles along the Fox Chapel Waterfront with Ed Divers, 412-828 5154. Lunch at Ceci's.

Rambles begin at 10 A.M. (9:30 in summer months) from the parking lot of Phipps Garden Center (Mellon Park) on Shady Ave. Car-pooling is encouraged. Please pay driver depending on distance. Bring bag lunch and binoculars! Call trip leader for details, especially if you plan to meet at the trailhead. Or call Connie Black (412-371-1062) or Billie at 412-886-1603(H)- cell 412-889-7048. Trip changes will aslo be noted at hipittsburgh.org



HIKING/BACKPACKING/TRAILS

AMBLE HIKES ARE 4-6 MILES IN INTERESTING LOCATIONS AROUND PITTSBURGH. CONNIE BLACK HAS AGREED TO TAKE CALLS FROM THOSE WISHING TO LEAD AN AMBLE AS WELL AS THOSE WISHING TO GO ON AN AMBLE. CONNIE'S PHONE NUMBER IS 412-371-1062 AND HER EMAIL IS ceblack@libcom.com

ALLEGHENY GROUP - SIERRA CLUB - OUTINGS - August 25 - Mid- December, 2007

- * Suggested carpool fee: 6 cents/ passenger-mile + a share of tolls.
- * All trips begin and end at the trailhead.
- * (Unless stated, car-miles are one-way from Monroeville.)
- * For more up-to-date listings, visit <http://www.alleghenysc.org/>
- * Hardcopy subscriptions to this list are \$2.50/ year (4 issues). Make check payable to Allegheny Group, Sierra Club and mail to Bruce Sundquist, 210 College Park Dr., Monroeville PA 15146-1532
- * E-mail subscriptions are free. Contact bsundquist1@juno.com
- * All participants on Sierra Club outings must sign a standard liability waiver form at the trailhead. If you wish to read it well before you are asked to sign the form at the trailhead, go to: <http://www.sierraclub.org/outings/chapter/forms/>, or contact the Outings Department at 415-977-5528 for a hardcopy.

Conditioning Walks:

East (during EDST) Tues. and Thurs. evenings in Duff Park near Murrysville. Call Dianne Ciccarelli, 724-834-5787.

South: Thursday evenings through October in South Park. The meeting time is 6:30 PM. Meeting places change, so contact Bonnie Thomas, 412-833-1068.

Weekend Outings:

Sat. Aug. 25 - Visit Lemon Hole Cave and spend about 3 hours in the cave. Intermediate. \$4.20 carpool - 35 miles. Call Norm Snyder, 412-351-4068.

Sun. Aug. 26 - Hike an intermediate 10 miles in the Mountain Streams Area of Forbes State Forest on Laurel Ridge. Some exploratory hiking. Meet in Monroeville at 9:30AM. Return by 5:30PM. \$6.50 carpool - 42 miles. Call John Dern to reserve, 412-856-4642.

Sun. Aug. 26 - Hike a strenuous and exploratory loop between Blue Hole and Lake Tahoe at Seven Springs, including Gary's Run and Grindle Ridge. Return along Blue Hole Creek. \$9.75 carpool - 68 miles from Shadyside. Call Dick Pratt, 412-362-5567.

Sat. - Sun. Sept. 1-2 - 1 or 2-day outing on an Allegheny River island below Ford City. Enjoy canoeing, kayaking and a cookout. Meet at Bob Evans Restaurant in Harmarville at 10 AM. Or arrive any time. \$2.50 carpool- 20 miles. Call Ed Divers, 412-828-5154.

Sat. - Mon. Sept. 1-3 - Three-day intermediate backpacking trip in northern Dolly Sods, the higher, more open, more scenic, less visited part of Dolly Sods - Raven Ridge, Cabin Mountain, and the Forks - 15 total miles of backpacking starting from Bear Rocks. Plenty of time for exploring. Prior backpacking experience required. Limit: 10. \$23 carpool - 160 miles. Reserve with Bruce Sundquist, 724-327-8737.

Sat. Sept. 15 -- Visit St. Vincent Monastery Run Improvement Project near Latrobe. Easy. Explore reclaimed wetlands, enjoy wildflowers, birds, and a lake; go fishing. Bring a lunch and a dollar for coffee at the gristmill coffee shop and museum. Meet at 10 AM at the New Stanton Park-and-Ride or inquire about a Monroeville carpool. \$5.90 carpool - 45 miles from Monroeville. (26 miles from New Stanton) Call Dianne Ciccarelli 724-834-5787 or Bill Kozorra 412-531-6236.

Sat. Sept. 15 -- Bike from Dilltown to Ebensburg and back on the Ghost Town Trail. 40 miles round trip. The first half of it up a steep grade. You must be in good condition to do this trip. Meet at Duff Park at 8:AM or the Dilltown Trailhead at 8:45. We should be finished by 4:PM. \$6 carpool - 48 miles from Duff Park. Contact Dave Mottorn at 724-327-7582 or dmottorn@alltel.net.

Sun. Sept. 16 - Hike an easy 7 miles in Bushy Run National Battlefield and Duff Park, with an optional tour of Bushy Run Battlefield Museum. \$2.00 carpool - 17 miles. Call John Dern, 412-856-4642 to reserve.

Sat. Sept. 22 - Hike about 8 miles in Roaring Run Natural Area. We'll try to uncover some of the lesser-used trails, maybe a bit of bush-whacking. Features may include the 19th century memorial to the children killed in a sleigh accident, Painter's Rock; flushing out a few campsites and the ubiquitous crossings of Roaring Run itself. \$7 carpool - 45 miles from Monroeville. Call Jim Ritchie for meeting time and place; 412.576.0849.

Sat, Sept. 22 - Easy 5-mile shuttle hike from Slickville to Saltsburg. Meet at Monroeville Middle School at 10 AM. \$4.50 carpool - 38 miles including the shuttle. Call Ed Divers, 412-828-5154.

Sun. Sept. 23 - Hike, strenuous and exploratory, in the Dunbar Gamelands. From road's end on scenic Dunbar Creek up Limestone Run, across Zebley Flats and Glade Run, returning down the deep valley of Dunbar Creek, past the ruins of Dunbar (Center) Furnace, with several stream crossings. \$7 carpool - 52 miles from Shadyside. Call Dick Pratt, 412-362-5567.

Sun. Sept. 23 - Bicycle from Meyersdale to Frostburg and back on one of the most scenic parts of the Great Allegheny Passage Bikeway (32 miles round trip). Go through the mile-long Big Savage Tunnel and Borden Tunnel, and cross the Keystone Viaduct. We might cycle over the spectacular Salisbury Viaduct near Meyersdale at the end of the trip. \$11 carpool - 72 miles from Monroeville. Reserve with Donna Allen, 412-372-2993.

Sun. Sept. 30 - Start preparing for the 2008 Rachel Carson Challenge early by hiking the first quarter of the trail. Hike 8 - 9 miles from Harrison Hills Park to Bull Creek. Rather strenuous. Call Judy & Don Ziegler at 412-826-0519.

Fri. eve. Sept. 28 - Sun. Sept. 30 - Two-day backpacking trip to Dolly Sods North during the peak of the fall colors. This is the higher, more open, and more scenic part of the Dolly Sods Area. Prior backpacking experience required. Limit: 10. \$21 carpool - 150 miles from Monroeville. Reserve with Adam Crandell, 412-867-0813. Make-up date: Oct. 5-7.

Sat. Oct. 6 -- Canoe/ Kayak trip on the Conemaugh or Kiski Rivers. Meet at Duff Park at 9:AM or at Conemaugh Dam about 9:45. There may be a charge of about \$25 per person for rentals. There may be some canoes available for free or cheap. They will go to the first people who commit to the trip. This should be a good leaf-peeping trip. We should be finished by 4: PM. \$4 carpool - 31 miles from Duff Park. Contact Dave Mottorn at 724-327-7582 or dmottorn@alltel.net.

Sun. Oct. 7 - Hike a moderate 10 miles in the Mill Creek Metropolitan Park near Youngstown OH. Meet at Cranberry Mall. \$6.25 carpool - 52 miles from Cranberry Mall. Call John Dern, 412-856-4642.

Sun. Oct. 7 -- Start preparing for the 2008 Rachel Carson Challenge early with a strenuous hike on the second quarter of the trail, 8 - 9 miles from Bull Creek to Springdale VFW. Call Don & Judy Ziegler at 412-826-0519.

Sun, Oct. 14 - Hike an easy 10 miles from Indian Creek Reservoir to South Connellsville. (All downhill) Meet at Monroeville Middle School at 10 AM. \$9 carpool including the shuttle - 62 miles. Call Ed Divers, 412-828-5154.

Sun, Oct. 14 -- Easy 1.5-mile hike (2 hours) in Seldom Seen Greenway (Beechview Area). Meet at the far end of Brashear High School's parking lot at 590 Crane Ave. in Beechview at 1:30 PM. Call John or Kathy Murphy, 412-341-9367, or Bill Lawrence, 412-922-3951.

Sat. Oct. 20 -- Moderate hike, 7.5 miles in Roaring Run Natural Area on Painter Rock Trail. Bring lunch/ water. Meet at 10 AM at the New Stanton Park-and-Ride. You could also inquire about a Monroeville carpool. \$6.90 carpool - 45 miles from Monroeville. (26 miles from New Stanton) Call Dianne Ciccarelli 724-834-5787 or Bill Kozorra, 412-531-6236 to reserve.

Sun. Oct. 21 - Hike an easy 4 miles in Northmoreland Park near Vandergrift. See a scenic lake and the peak of the fall colors. Meet at the trailhead. Call Luc Berger, 412-362-5792.

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Shadyside. Call Dick Pratt, 412-362-5567.

Sun. Dec. 2 -- Hike 7 - 8 miles in Deer Lakes Park perimeter. Fast-paced. Call Judy & Don Ziegler at 412-826-0519.

Fri, Dec. 7 - Sun, Dec. 9 - Backpacking on Laurel Highlands Trail from Rt. 653 to Ohiopyle State Park (18 miles). We will shorten the itinerary if there is heavy snow. Depart Monroeville at 7:30 PM Friday and return by 5 PM on Sunday. Orange vests will be worn on Dec. 8. \$9.25 car-pool - 65 miles. Contact Patrick Roberts at 412-596-3566 or pdroberts19@hotmail.com.

Sun, Dec. 9 -- Hike approximately 6 miles on the Rachel Carson Trail at a yeoman's pace - no racers today!! This will be a nice pre-winter hike, no leaves on the trees and no snow on the ground (we hope). You won't get cold climbing up and down Rachel's hills. We'll hike in the vicinity of the Carson homestead so you know Rachel was here once upon a time. Call Jim Ritchie for meeting time and place; 412-576-0849.

Sat. Dec. 15 -- Bike from Connellsville north towards Cedar Creek Park as long as we have daylight and energy - probably 50+ miles. Meet at Duff Park at 8:AM or Connellsville about 8:45. You must be in good condition to do this trip. We should be finished by 4:00 PM. \$5.75 car-pool - 40 miles from Duff Park. Contact Dave Mottorn at 724-327-7582 or dmottorn@alltel.net.

Sun. Dec. 16 - Hike an easy 6 miles in Audubon's Todd Sanctuary and at Beechwood Farms. Take in an optional tour of the lighting displays at nearby Hartwood Acres County Park. \$5 carpool - 40 miles. Call John Dern, 412-856-4642.

Sat. Jan. 5 - Loop hike near Freeport - 4 or 8 miles depending on weather. Meet at Bob Evans Restaurant in Harmarville at 10 AM. \$2.50 carpool - 20 miles. Call Ed Divers, 412-828-5154.

NOTES: Ask the leader for names and phone numbers of trippers for you to arrange a car pool. Reserve at least 36 hours in advance. If you leave your phone number on the leader's answering machine, give it slowly and clearly. Notify leader to cancel your reservation. Bring lunch, rain gear, water, first-aid kit, small flashlight and extra clothes for changes in weather. If you have a cell phone, bring it along. Cell phones have saved the day on several trips when accidents have required evacuation of trippers. Sierra Clubbers planning to lead outings during 9/1/07 - 12/15/07 should contact Bruce Sundquist at 724-327-8737 or bsundquist1@alltel.net by 8/1/07.

HELP WANTED:
Allegheny Group's Outings Chair (Bruce Sundquist) has held that post since 1976 - much too long. Running the outings program involves 32 well-defined tasks. Most are done quarterly; some monthly. About 12 could be done without any experience, and could be divided among several people. If you are willing to share some of these tasks, please contact Bruce at 724-327-8737 or bsundquist1@juno.com

SIERRA CLUB MEMBERSHIP INDUCEMENT
If you join the Sierra Club on one of our outings, your \$25 introductory membership will get you a free hip pack. Call 724-327-8737 for application form and pack.

ALLEGHENY GROUP MONTHLY MEETINGS
Monthly meetings of Allegheny Group are usually held at Pittsburgh Civic Garden Center on Shady Avenue just south of Fifth Ave. Driving south on Shady from Fifth, turn left at the second driveway into a parking lot in front of the Scaife Unit of the Arts Center. Parking there is metered (quarters only - 25 cents per hour). Follow the cobblestone driveway back to the Garden Center. Meetings begin at 7:30 PM. The first 30 minutes is a business meeting. The main program begins around 8 PM. A social hour and refreshments concludes the meeting. Vacate the building by 10 PM.

Wed. Sept. 12 - Annual Member Adventure Travel Program featuring Chris Laird on Boundary Waters Canoe Area and John Grunick on Nepal.

Wed. Oct. 10 -

(Continued from page 5)

Wed. Nov. 14 - Learn about E. F. Schumacher's views on environmental economics. Lester Lave of CMU will provide commentary on video.

Wed. Dec. 12 - Annual members' slide show and Holiday party. Bring a dozen or so of your favorite slides.

NON-SIERRA CLUB TRIPS

Trips listed below are in no way connected with the Sierra Club. Sierra Club takes no responsibility, and makes no representations or warranties about the quality, safety, supervision or management of these trips. They are published here purely as a service to our members.

OUTSIDE ADVENTURES: Call Mark Mistrik 724-230-0237 (evenings) for more information or email at mmistrik+@pitt.edu
Memorial Day Weekend 2007 - ASSATEAQUE Island National Seashore.
SUMMER 2007 - Atlantic Islands of Downeast Maine.
Labor Day Weekend 2007 - Chesapeake Bay and the Mid-Atlantic.

VENTURE OUTDOORS TRIPS: For information on VO events, call 412-255-0564 or visit <http://www.ventureoutdoors.org/> All VO events are open to the public, but there is usually a charge.

BUTLER OUTDOORS CLUB: Contact Dave Adams at 724-453-1685 or DaveEAdams@aol.com or Bob Tait, 724-287-3382 Bob-Tait@zbzoom.net or visit <http://www.butleroutdoorclub.com> P.O. Box 243, Butler, PA 16003-0243

WISSAHICKON NATURE CLUB: If you enjoy nature lore, look into the meetings and field trips of Wissahickon Nature Club. They meet every other Thursday at 7 PM (except June-August) at Fern Hollow Nature Center, 1901 Glen Mitchell Road, Sewickley, PA 15143 (412-741-6136) <http://www.fernhollownaturecenter.org>

HELPFUL HINTS FOR USING OUTINGS-RELATED PARTS OF ALLEGHENY GROUP'S WEB PAGE

Trail Guides and Patches: Interested in trail guides and/or trail patches? Click on "Publications" near the top of the front page to get a descriptive list of all trail guides that Allegheny Group sells. Near the top of that list you can click on "Order Form" to get an order form that you can copy and mail in if you want to place an order. The top of the order form describes trail patches and guides that you can order.

Outings List: The front page contains a list of outings for the coming few weekends. Each trip is described in only a few words. But at the bottom of that brief list you can click on "more events/ outings" to get a page that lists trips for the coming month or so in far more detail. But they may still be incomplete. To get the complete description, click on that trip's bold-faced title (not just the date). A complete description of that trip will then appear. Read this description before calling the trip leader to sign up for the trip. That helps you avoid trips that do not fit your interests or abilities.

Trails Updates:
The outings committee compiles new information that it learns about hiking trails and bicycle paths in western Pa. It also updates trail descriptions found in Allegheny Groups hiking guide to trails on public lands on Chestnut Ridge, Laurel Ridge and Allegheny Front in southwestern Pennsylvania (Title: The Laurel Highlands: A Hiking Guide) If you are planning to go on a hike or bicycle trip in western Pa., first check this list to learn of any recent changes to the trails you plan to use - or to learn about new trails. To get to this information, click on "Information About Outings" found just below the bottom of the more complete listing of outings described above. A new page will appear. Near the top is a sentence on "Trail Updates". Click on that to bring up the updates with a Table of Contents listing all trails covered.
About Allegheny Group Outings:
If you are new to Allegheny Group's outings, you should read a 2-page description of the outings program. To get this, click on "Information About Outings" found just below the bottom of the more complete listing of outings described above. A new page will appear and near the top is a sentence on "About Allegheny Group Outings". Click on that to get a page with that title.

Ski Touring for Beginners: If you are contemplating getting into ski touring, you should read about it. Click on "Information About Outings" found just below the bottom of the more complete listing of outings described above. A new page will appear and near the top is a sentence on "Ski-Touring for Beginners. Click on that to get a page with that title.

Waiver Form: If you want to go on an Allegheny Group outing, the National Sierra Club requires that you sign a liability waiver form to acknowledge that you are aware of the risks that are inherent in any of the sorts of outdoor activities that the Club is involved in. To read this form before you come on any Allegheny Group outing, click on "Information About Outings" found just below the bottom of the more complete listing of outings described above. A new page will appear. Near the top is a sentence on "Waiver Form". Click on that to bring up a page with that title.

NEED MAPS AND TRAIL DESCRIPTIONS OF THE FOOT TRAILS OF SOUTHWESTERN PA?

The ridges of southwestern Pennsylvania-Chestnut Ridge, Laurel Ridge and Allegheny Front-contain the bulk of the scenic public lands in the region. Nowhere else in southwestern Pennsylvania can you find large expanses of nature-oriented and outdoor-recreation-oriented public lands for public enjoyment. The best way to gain access to the scenery and natural values of the region is by way of the roughly 550 miles of foot trails that blanket the 218 sq. miles of state forests, state parks and state game lands of the "Laurel Highlands".

The Sierra Club's guide "The Laurel Highlands: A Hiking Guide"** gives you all the information you need to enjoy this major recreational

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Please make checks payable to Allegheny Group, Sierra Club. Allegheny Group also published "Hiker's Guide to Laurel Highlands Trail" (Edition 5, 128 pages, 24 pages of maps, \$6.00) and "Allegheny National Forest Hiking Guide" (Edition 4, 192 pages, 49 pages of maps, \$9.95).

** Authors: Monika Dalrymple, Mark Christy, Jan Frissora, Kim and Tom Metzgar, Tom Beebee, Palvina & Chavaya Beebee-Galvao, Judy Rodd, Bruce Sundquist

Other Outdoors Clubs

Butler Outdoors Club

BOC runs the same sorts of trips as Allegheny Group. Contact Dave Adams, 724-453-1685 DaveEAdams@aol.com or Bob Tait, 724-287-3382 BobTait@zbzoom.net or visit <http://www.butleroutdoorclub.com> Some trips by BOC and North Country Trails Assn. (NCTA) are listed below.

WISSAHICKON NATURE CLUB: If you enjoy nature lore, look into the meetings and field trips of Wissahickon Nature Club. They meet every other Thursday at 7 PM (except June-August) at Fern Hollow Nature Center, 1901 Glen Mitchell Road, Sewickley, PA 15143 (412)741-6136 <http://www.fernhollownaturecenter.org> Contact Chuck Tague, 412-488-8760 or 432 Olympia Road, Pittsburgh 15219

Botanical Society of Western Pennsylvania

BSWP offers field trips in spring, summer and fall to look at and learn about the enormous variety of plant life that western Pa. offers. Everyone is welcome on field trips; amateurs, professionals, non-members, and anyone who is curious about the natural world. Trips are often at a leisurely pace, but may require hiking and traveling through wet/muddy areas. For information, e-mail your address for sample newsletter and membership information to mousemapper@verizon.net, or call Loree at 724-872-5232.

WPW (Western Pennsylvania Wheelmen) Bicycle Club

Home Page: <http://wpwbikeclub.org> Ride Hotline: 412-422-2234 Various length and difficulty rides scheduled each weekend and some during the week. Monthly meeting usually the 2nd Monday at 8pm at the Frick Environmental center on Beechwood Blvd in Squirrel Hill. See home page for details.

Moraine Sailing Club

MSC offers sailing opportunities for new and experienced sailors at Lake Arthur in Moraine State Park. They have an active education program for all ages, numerous sailing related social events, Day Sailing at Lake Arthur, and a very active sailboat racing program. For more information see the MSC Web Page at www.morainesailingclub.org or contact Chris Neuwirth 412-441-5590, email to: cmn@andrew.cmu.edu

WESTERN PENNSYLVANIA FIELD INSTITUTE -- TRIPS

For information on WPFI events, contact Sean Brady sbrady@wpfi.org 412-255-0564 or visit <http://www.wpfi.org/> All events open to the public. Fridays, Noon-12:50 PM Nature Walks starting in Market Square, Downtown Pittsburgh, Cost: Free

Outside Adventure Learning of Western Pennsylvania

Outside Adventures 2002 Paddling Schedule
Call 724-230-0237 or 412-968-0310 for information or to sign up for any event.
www.outsideadventures.org or www.outsideadventures@Yahoo.com
More outings continuously offered. Call for Updates: 724-230-0237 or 412-968-0310.
Outside Adventures Sea-Kayaking Program "Sea-Kayaking Taught From Scratch"
Outside Adventure Learning of Western Pa. is a non-profit educational organization committed to introducing individuals to safe and enjoyable recreational outdoor pursuits. The sea-kayaking program specializes in teaching all levels of sea-kayaking skills and organizing trips from our evening introductory classes for new paddlers up to advanced expedition tours. Outside Adventures welcomes participation from individuals, families, youth organizations and outings clubs. Sea-kayaks, or touring kayaks are versatile, fun, human-powered watercraft that enables us to do all these things and more. They are sleek and fast, more efficient than canoes, more comfortable and stable than whitewater kayaks, have hatches to swallow loads of gear, and steerable rudders that enable even beginners to control the boat with ease.



CANOEING

Activity Co-chairs: Paul Henry (724) 347-3282
Brian McBane (724) 443-8972



SAILING

The AYH no longer owns its own sailboats or runs trips but Bob Zavos will help coordinate sailing interests with other area organizations. The Moraine Sailing Club (MSC) is the largest local sailing group. Most activities are on Lake Arthur in Moraine State Park which is about 35 miles North of Pittsburgh. They offer education, social events and run a youth summer sail camp. They also have a large racing program and sponsor a Community Sailing Program for people without their own sailboats. They help organize/publicize Cruising Trips, but do not officially sponsor them. More information is on their website at www.morainesailingclub.org. Big boat sailors may want to check out the Erie Yacht Club: www.erieyachtclub.org or the Erie Bayfront Center for Marine studies: www.goerie.com/bcms

Moraine Preservations Fund (MPF), is looking for volunteers to help with the 50 passenger pontoon boat which they run on Lake Arthur in the Summer. It is used for scientific hands-on field trips for students and summer and fall tours for the public. They are looking for people interested in becoming volunteer mates and captains. You will need to have a boater's safety class, which you may already have taken or is easily available locally. To be a mate you must be 16 and 18 to be a captain. The boat training is given by experienced MPF captains, and you will be tested and licensed by the Fish and Boat Commission. The times and amount of time you would volunteer is completely by your choice. Even limited help is appreciated. If you have questions or would like to sign up, please contact Ruth Roperti at 724 843 7046, or email: missionmorain@zoominternet.net

The 6th annual **Lake Arthur Regatta is scheduled for August 14 & 15**. This is one of the largest water and boating related activities in the area. Mark your calendars and look for more information later in the season on the MSC Website or the Butler County site: www.visit-butler-county-pennsylvania-pa.com/

**Baker Trail and Rachel Carson Trail
Trail Maintenance Opportunities for 2006**

The Pittsburgh Council, American Youth Hostels, conceived and built the Baker Trail in the late 1940's and dedicated the Trail in 1950. It was built by returning war veterans who envisioned a network of "youth hostels" along the Trail where the youth of the world could find safe, inexpensive shelter while touring rural America on foot. Today the Trail is 141 miles long and extends from Freeport, PA to the Allegheny National Forest, and traverses Cook Forest State Park, several State Game Lands, Kittanning State Forest, the Mahoning and Crooked Creek Army Corps of Engineers projects, and several local recreation facilities. All AYH members are asked to spend one day a year helping us maintain the Trail. The Baker Trail is 100% volunteer-supported. We use no Federal, State, or Local government funding. Right now the trail needs AYH members who would like to participate in trail crew maintenance activities. Please contact Steve Mentzer SGMentzer@TrueCommerce.com

Adopt-a-Trail Volunteers needed. We also need volunteers to become trail stewards who are willing to adopt a 3-5 mile long section of the Baker Trail. Trail stewards will be independently responsible to work on their section of the trail on their own schedule. Responsibilities include painting yellow blazes on the trail once a year, picking up debris and trash off the treadway, and trimming vegetation away from blazes. Optional skills include chain saw work, shelter repair (we have 10 overnight shelters on the trail that require yearly maintenance—adopt a shelter as your own personal project) and/or you can build bridges, sidehill supports, benches, and other trail amenities. Regardless of the level of your effort, you would be expected to walk your trail section twice a year, preferably once in the spring (April, May) and once in the fall (September, October). All expenses for supplies-paint, brushes, etc.-are reimbursed.

Pennsylvania State Parks
Reservations & Information

Call Toll Free
1-888-PA-PARKS

Reserve up to 11 months in advance
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Baker Trail/Rachel Carson Trail Resources

Rachel Carson Trail website: www.rachelcarsontrail.org; **this website has information about the Rachel Carson Trail, the Baker Trail, and the Rachel Carson Trail Challenge.**
Baker Trail website: www.geocities.com/bakertrailpa; **this website has some abbreviated information concerning the Baker Trail.**
Hostelling International website: <http://trfn.clpgh.org/ayh/>; **general information about the BT/RCT sponsor organization.**
Keystone Trails Association: <http://www.kta-hike.org/>; **has information about all Pennsylvania hiking trails**
“Guide to the Rachel Carson Trail”; **this is a trail guide, with topographic maps, and some interpretive information about the 34-mile long trail, available from HI-Pittsburgh for under \$10, including postage and handling. Call 412-431-4910 to order.**
“Baker Trail Guide Book”; **a trail guide with topographic maps, and interpretive information about the 141-mile long Baker Trail. Available from HI-Pittsburgh for under \$10, including postage and handling. Call 412-431-4910 to order.**

*******HIKER ALERTS*********Current hiker alerts for both the Rachel Carson Trail and the Baker Trail may be found at www.rachelcarsontrail.com.**

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