AMERICAN YOUTH PITTSBURGH 6300 FIFTI

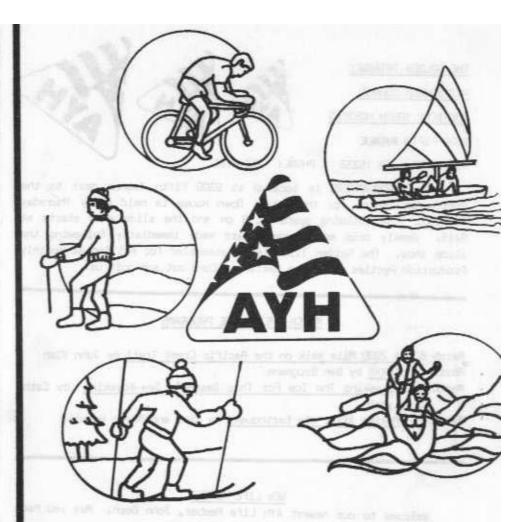
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Golden Triangle

MARCH 1986

VOLUME 37

NUMBER 3

PITTSBURGH COUNCIL AMERICAN YOUTH HOSTELS THE GOLDEN TRIANGLE PITTSBURGH COUNCIL

AMERICAN YOUTH HOSTELS

8300 FIFTH AVENUE

PITTSBURGH, PA 15232



PHONE:

AYH HEADQUARTERS is located at 6300 Fifth Avenue next to the Pittsburgh Center for the Arts. Open House is held every Thursday evening. The building opens at 8 pm and the slide show starts at 8:15. Weekly trip announcements are made immediatly following the slide show. The Golden Triangle is assembled for mailing at monthly Production Parties after the meeting. Come out and join us!

MARCH OPEN HOUSE PROGRAMS

March 6 A 2600 Mile Walk on the Pacific Crest Trail by John Vlah

March 13 TEXAS by Ben Brugmans

March 20 Breaking The Ice For This Season's Sea-Kayaking by Cathy

March 27 Mexico After the Earthquake by Mike and Marta Hurwitz

NEW LIFE MEMBER

Welcome to our newest AYH Life Member, John Dern. May you have many pleasant associations with AYH, John.

1986-87 HANDBOOKS AVAILABLE

The new 1986-87 AYH Hostel Handbooks are now available from membership. Just present your hostel pass at the membership desk at any Thursday Open House meeting to receive your copy.

CONGRATULATIONS!

Congratulations to Bob Buck!! Recently voted Penn Hills "Citizen of the Year."

LONG RANGE PLANNING

There will be a series of Long Range Planning meetings over the next several months. If this is of any interest to you, please call Bill Johnston at 687-4893 for meeting info and locations.

AYH MEMBERSHIP APPLICATION

AYH memberships are available at Open House meetings on Thursday nights. If you cannot attend a meeting fill out the application below and send it along with \$1.00 to cover postage for each membership ordered and your check made payable to Pittsburgh Council, AYH, to:

AYH Membership 6300 Fifth Avenue Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sells International Hostel Guide to Europe for \$8.00 by mail or \$7.00 at Headquarters.

Note: Memberships run from Oct. 1st to Dec. 31st of the following calendar year.

Amount and Me	embership Types Av	allable (check one):
\$10.00 Se \$20.00 Se \$50.00 3 \$30.00 Fe \$200.00 Life \$10.00 Fe	(Individual lifeti oreign Nationals (years and over). d over). nd over). ildren under 18 yrs.)
NAME	4500	
ADDRESS	PLANTE S	100
CITY	STATE	ZIP
PHONE ()		
BIRTHDATE Month	Day	Year
New/Renewal?	***************	********

MEMBERSHIP BENEFITS:

International Hostel Membership Card

USA Hostel Handbook

"The Knapsack", National AYH Travel Newsletter "The Golden Triangle" Pittsburgh Council Monthly News Open House every Thursday night at 8pm at Headquarters Access to national programs and leadership training

THE GOLDEN TRIANGLE

APRIL ISSUE DEADLINES: March 6 All ads, trips and articles.

March 27 Production Party

The <u>GOLDEN TRIANGLE</u> is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are the responsibility of the editor.

EDITOR Joy Layton, 108 Sunset Dr., Pittsburgh, PA 15237 486-4753 PRODUCTION Don Hoecker MAILING Roy Weil ADVERTISING Lucy Hofmann

Ever notice what a boring month March is? There's never any decent, predictable snow, and the weather's too cold to do anything outdoors and enjoy it. Maybe that's why there aren't many trips this month.

Actually, March is "get ready" month before everyone comes out of hibernation in April. It's a good time to get all of your gear in shape for the summer. Remember the trail mix that you left in your backpack last October? Or the air leak in the whitewater raft? What about that flat tire? Enough said?

As an editor, I spend much of March psyching myself up to type the April Triangle. Last year people crawled out of the woodwork and led trips. They took a long time to decipher so that they could be typed. Maybe I should institute a "not-legible-no-leader" system; If I can't read it, then it doesn't have a leader! Just a thought...

Several things that you want to remember during March:

- ¶ While you're cleaning up your old equipment, keep in mind the AYH Dutdoor Gear Flea Market on May 8th.
- ¶ Remember to send in your Spring Banquet reservations by March 7th.
- ¶ Set aside March 16th to go on my 2nd Annual Naked Tree Hike. Note the late start for those who party at the Banquet the night before!
- ¶ Remember not to hassle the editor. Unless you like being verbally ripped to shreds!

AMERICAN HIKING SOCIETY "VOLUNTEER VACATIONS"

Volunteer Vacations is fielding teams of volunteers to help preserve our natio's resources. They are looking for people from age 16 up, in good physical condition, who are willing to combine a vacation of excitement and fun with hard work. The teams consist of 8 to 15 volunteers from all parts of the country and Europe, who bring their own personal equipment, including tents and sleeping bags. Most of the work sites are in remote and primitive areas.

For more info, send a self-addressed, stamped envelope to: AHS Volunteer Vacations, PO Box 86, No. Scituate, MA 02060

MEMBER CLASSIFIEDS

(The Golden Triangle is happy to print classified ads from AYH members subject to available space and deadline restrictions.)

IF ANYONE WANTS <u>Bicycling</u> magazines 1981-85, also some 1975ish

<u>Backpacker</u> and <u>Wilderness Camping</u> magazines, call Marta Hurwitz at

422-9204

ATTENTION ACTIVITY CHAIRPEOPLE

It is time to update your rental fees. If you want to make a change, please let Pat Tieman know on or before the next activities board meeting. They will become effective April 1st.



4916 Wm. Penn Highway Monroeville, PA 325-4660: 247-1591 South Hills Schwinn Rt. 51 South Large, PA

AVAILABL

NOW!



DESTINATIONS

ONE WEEK OR MULTI-WEEK U.S.A. AND ABROAD

WEEK LONG TRIPS AS LOW AS \$210

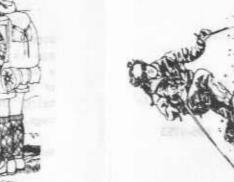
WEEKS IN EUROPE UNDER \$1000 THIS INCLUDES EVERYTHING! 2 WEEKS

NOBODY KNOWS LOW COST TRAVEL LIKE AYH!

CATALOG R FREE WE'LL 22€ STAMPS AND YOU ONE.

QUESTIONS???? CALL BILL JOHNSTON AT 687-4893 OR MARILYN HAM AT 687-4520.





Monroeville, PA 15146
 Phone: (412) 372-7030

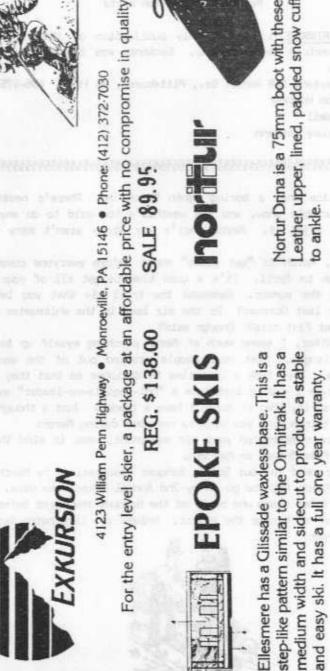
Nortur Drina is a 75mm boot with these features:

Leather upper, lined, padded snow cuff reaches



Fiberglass Touring Pole features epoxy fiber-glass Resists shattering, adjustable nylon strap, backet Alex Rethefella alluminim hinding.

shaft



\$138.00

FAMILY DUTINGS

Barbara Hanusa 441-7205

HIKING

Tom Kaveney 276-8044 Wayne Hennemuth 654-2630

KAYAKING

Ray Yutzy 341-5682 Lou Conley 681-8321

RAFTING

Shirley Ulaky 422-0849

SEA-KAYAKING

Cathy Lynch 361-3707 Tom Trump 284-7349w Paul Kram 681-9069

Sea Kayak Trip in Georgia March 22 to April 6. Join up for the first week, the second week, or both weeks. You must be able to paddle 15 to 20 miles per day. We will carry our gear (tent, stove, food, etc.) in the boats and camp at different locations each night, covering approximately 75 miles per week. Contact Tom Trump. CROSS-COUNTRY SKIING

Fred Parker 824-2638 Steve Tubbs 751-2158

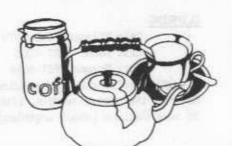
The AYH FOODBOOK is Here!

Your guide to outdoor food preparation for hikers, cyclists, backpackers, and boaters. Priced at only \$3.75 each from:

> AYH Pittsburgh 6300 Fifth Avenue

Pittsburgh, Pa. 15232

(Pa. residents add 18¢ sales tax)



BEGINNERS' CLIMBING WORKSHOP



Tuesday, March 25th at the Pittsburgh Garden Center from 7:30 to

Learn about the BASIC aspects of this exciting, growing sport.

Material covered will include physical requirements (or lack of same), equipment, climbing techniques, and where and when you can obtain further instruction.

Participation in this workshop is helpful in the decision making process of the climbing co-chairmen when they consider who goes on trips of limited size.

GROUPS considering this activity will find this helpful for both 'trippers' and leaders.

COST - THREE BIG ONES (\$3.00) to cover printed materials.

Please call if you plan to attend so that adequate materials will be available.

Call Barry Govenor at 521-2318 (eve) or 488-5766 (day).

AYH LEADERSHIP OPPORTUNITIES

Looking for something to do this summer? Do you enjoy meeting new people and visiting strange places? Would you like to develop you leadership skills?

American Youth Hostels needs qualified leaders for their 1986 worldwide program of bicycling, hiking and backpacking trips. A leadership training course has been scheduled for May 10-18th at Pine Grove Furnace State Park in Gardners, PA. Some of the items covered in the course include: menu planning, safety, first aid, packing for your trip and hosteling history.

There is a tuition fee of \$225.00 which covers your lodging, meals, instruction materials, AYH membership, accident and health insurance.

For more information, check page 5 of your 1986 World Adventure catalog. If you need a copy, pick one up at Headquarters, or send four 22g stamps to: AYH Leadership Training, 6300 Fifth Ave., Pitts-burgh, PA 15232.



VERNAL EQUINOX

CELEBRATION

- AN EVENT IN HISTORY -

The AYH SPRING BANQUET is being stepped-up from a "gathering" to a high class act. Only someone that's determined to be miserable wouldn't enjoy this banquet!

SATURDAY, MARCH 15,1986 at POLI'S in Squirrel Hill

DIRECTIONS TO POLI'S: Located at 2607 Murray Ave., Squirrel Hill. Near the intersection of Forward and Murray. If you are coming from the Parkway, take the Squirrel Hill exit and look for the Poli's sign on the right. Take a sharp right and pull into the parking lot on your right. Parking is by valet (about \$1.00/car).

COST: \$17.00/member, \$18.50/non-member Cash bar available.

QUESTIONS: Call Larry Laude, 665-9554h 462-5000x6171 w

DEADLINE FOR RESERVATIONS: MARCH ?



RESERVATION FOR

HONE	home	work
17211177	f lemon sole (Poli	style)
	f Chicken Cordon B. f Linguini Primave:	leu (chicken, ham, and cheese)
	embers # 1	

BICYCLING

Rick Kondas 672-3891 Chuck Ejzak 466-6196

Cycling Committee Meeting Help plan the 1986 cycling schedule. For leaders, potential leaders, and any other interested members. Contact Chuck for details and agenda. Meeting is March 3rd at 7:30pm at Larry Laude's house: 210 S. Atlantic Ave. (near West Penn hospital). Larry's number is 665-9554. Bring your trip ideas and calendars. Refreshment contributions welcome. See you there!

Note: March bicycle trips will go if the weather cooperates. (Skiers are sometimes such optimists) These will be shorter trips (35 miles or less) and will probably be in areas which are not far from HQ (less than one hour drive away). Come to the Thursday Open House before for more details or call Chuck.

CAVING

John Popp 885-2126 Paul Herre 653-7934 Roy Provins 784-9127

As always, please call your trip leader for more details and how to be properly prepared so that you can enjoy this fun and exciting sport of caving. Caving trips are run "rain or shine", unless otherwise stated. Please let your trip leader know as soon as possible if you have to cancel from a trip, this will allow someone else to possibly take your spot. Thank you!

Barton's Cave is situated on Chestnut Ridge in the hollow of a tributary of Quebec Run. Local residents report that the cave was discovered 108-118 years ago. During Prohibition, moonshiners used the cave. The cave is relatively dry, but a few spots are often slightly muddy. The cave consists of several large rooms, side passages, an "attic", and the infamous "birth canal" passage (if you dare...); all yours to enjoy on March 8th! (Leader reserves the right to cancel trip in event of hazardous road conditions.)

CLIMBING

Dale Vilsack 343-8379 Eric Bauer 687-0766 Karl Mormer 521-6404

Climber's will be holding practice classes at the Evergreen Bar for the winter months, after the regular Thursday night meetings. No reservations (about anything) required. (near Penn and Braddock)

MARCH TRIPS AND TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee (50¢ per half day or evening). IN ADDITION non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).

AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity write-up, where you may find more information. After you've read over everything, call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring. Ask where you'll be going. How late will you arrive home? What is all this going to cost you? Remember, AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental, and any other expenses (we often stop at a restaurant on the way home).

AYH trips are geared toward individuals who independently sign up for trips. If you have a group that wishes to go, it is important for the leader to contact the trip leader early, and it may be necessary for the trip leader to speak with every tripper.

BACKPACKING

Jack Peth 921-7214h 777-5365w

Harriet Ann Seiner

Wilderness Backpacking July 18 - August 2, 1986 Hike the rugged Sewtooth Wilderness in Idaho. Spectacular scenery. On the trail six days. Intermediate/Advanced level hiking up to 11 miles per day. Inexpensive. Travelling west, visit Rocky Mountain Natl. Park, Flaming Gorge, and Craters of the Moon. Returning, visit Hell's Canyon, and the Grand Tetons. Limited to eight hikers. For info and reservations call Glenn Oster 364-2864 home or 234-3967 work.

Wantin' to do a longer backpack hike? Then join Glenn Oster in hiking the 130 mile Horse-Shoe Trail (the entire trail from the Appalachian Trail east of Harrisburg to Valley Forge). Advanced level, hiking 14.5 -15.5 miles most days. Leave early Saturday, May 31; return Tuesday, June 10. For info and reservations phone Glenn at home 364-2864, or at work 234-3967.

THE PRESIDENT'S CORNER

Board Meetings. At a January meeting, the Board of Directors elected Bill Johnston to fill a vacancy on the Board, created when Jeri Walsh-Allis resigned. Jeri's finishing work on her doctorate. Good luck Jeri. In other business, the Board reviewed the proposed Headquarters lease and the contract with the Ohiopyle hostel manager. A committee to review and recommend changes to the Council's bylaws was created. At the February Activities Board meeting, the work of the Bylaws committee was discussed and encouraged; plans for the Banquet, Morgantown Weekend, AYH Week, and the Eastern Region Meeting in Pittsburgh were reviewed, and plans for using computers to update and maintain the membership files were discussed. Finally, the activities were asked to bring the 1986 equipment rental fees to the March meeting.

Kudos to Chuck and Lynn Ejzak for organizing a successful Blackwater Falls Weekend for the fourth year in a row. Unfortunately, the snow didn't show until Monday, but a good time was had by all notwithstanding. Also, thanks to Joe Hoechner for a generous contribution to the Council.

White Water Adventurers

AND

Youghlogheny Raft Rentals

BOX 31 - OHIOPYLE, PA. 15470

We are your "full service outfitters" featuring:

Professionally guided rafting trips on the white waters of the bughingheny River in Ohiopyle, PA and the Cheat River in Albright, WV.

Raft rentals for "do-it-yourselfers" on the Bughiogheny River.

Canoe rentals to enjoy the scenic 11 mile stretch of the Middle Youghlogheny River.

Bike rentals to peddle the bike trail along the Middle Yough from Ohiopyle to Confluence.

Camping at Tall Oaks Campground (formerly White Water Campground) just 15 min. from the Yough River and 30 min. from the Cheat River Many improvements for 1986.

Retail store with complete line of clothing items, and souvenirs. Also a complete line of wet suit rentals for the chilly days on the river.

ONE CALL DOES IT ALL! CALL NOW: 412/329-8850 (collect in PA) or 800/WWA/RAFT (outside PA)

R.D. #1 Route 30

Schellsburg, PA 15559 (814)733-4607



Welcome to Living Waters Hostel! Located one mile west of the center of Schellsburg, PA. The hostel building is the large "White House" located amidst the beautifully landscaped grounds.

The grounds cover 147 acres adjacent to the western edge of Shawnee State Park. There are hiking trails (or cross-country ski trails depending on the time of year) connecting the hostel to the park. Shawnee State Park covers 3,840 acres and has facilities for lake swimming, boat rental, picnicking, camping and hiking.

The hostel building itself has a capacity of 30 in various sized bunk rooms. There is a wood paneled common room with fireplace, a fully equipped kitchen a spring fed pond with swans just out front (beware of the big swan!). As this is an operating camp, facilities could be made available to house groups of up to 150! Meal packages can also be arranged, please write for details and current prices.

As this facility is an existing church camp and conference center operated by the Penn West Conference, United Church of Christ, advance reservations are required to assure yourself space. Please provide a self-addressed stamped envelope when making any hostel reservations.

The hostel lies about 10 miles west of historic Bedford, PA. Bedford is sered by the PA Turnpike Exit #11 and is also at the junction of Routes #220 and 30.

The hostel managers are Mr. and Mrs. Carl Hoyle, whose quarters are in the green building located to the left/rear of the hostel.





- CURTIS CANOES -

SHEELER'S

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- GREY OWL PADDLES

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LONG RANGE PLANS???

Time to keep up-to-date on what's happening in and around the various Pittsburgh Council Activities. What follows is a brief overview of what the future brings:

Saturday, March 15 - Annual AYH Banquet at Poli's see details in the ad in this issue.

Tuesday, March 25 - Rock Climbing Workshop, held at the Garden Center, see details in this issue.

Friday, March 28 - Sunday, March 30 - Easter Weekend cycling and climbing in Washington, D.C. Watch for details.

Friday, April 4 - Sunday, April 5 - Pittsburgh hosts the Eastern Regional AYH meeting! Volunteers needed! Contact Marianne Kasica.

April 12-19 - WQED's Great TV Auction. AYH will answer phones one night. Watch for details.

Thursday, May B - Special AYH week Open House program and Outdoor Flea Market. Held at the Garden Center, volunteers needed to help with program, refreshments, hot air balloon filling, etc. Watch for details.

May 9-11 - T.O.R.S.V. in Ohio, annual whitewater cance school, and Joe's tour of Columbus.

May 10-18 - Leadership Training Course at Pine Grove Furnace Youth Hostel, details in the World Adventure 1986 catalog.

May 18 - Pittsburgh Marathon! AYH will host a water stop.

May 30 - June 1 - Morgantown Spring Weekend

June 6-8 - W.A.G. '86. Join 300 W.PA cyclists at nearby Slippery Rock University for a weekend of rides.

June 13-15 - Pittsburgh Council trip to Niagara Falls. For a weekend of cycling, call Joe Hoechner at 373-3403 to reserve.

CHANGE OF ADDRESS NOTICE

Old Address:

American Youth Hostels

National Administrative Offices 1332 "I" Street, N.W., Suite 800

Washington, D.C. 20005

New Address:

American Youth Hostels

(Effective 1/17/86)

National Office P.O. Box 37613

Washington, D.C. 20013-7613

For deliveries, we are still located at our old address. Our telephone number is unchanged: (202) 783-6161.





A HOSTEL CHRISTMAS

Marilyn and Cliff Ham spent Christmas and New Years in California primarily to visit relatives and attend a wedding. They report that ten of their sixteen nights were spent in youth hostels:

We managed to stay at all five of the Golden Gate Council's coast hostels. Twice we slept in "lighthouses", bedded down in the quarters of former crews (Montara and Pigeon Point). Though the lights still operate, we were spared the noise of the fog horns; we did see the big boilers that once powered the fog horns. In the mountains of San Mateo County we enjoyed a rustic lodge (Sanborn); we could picture Teddy Roosevelt and hunting party staying there. Next morning we had breakfast with Sylvia Carroll, who was largely responsible for obtaining that hostel. In the Sierra Nevadas we stayed at the Star Hotel, a one hundred year old building in the heart of Truckee, a genuine Western town with the railroad tracks alonside Main Street. We could watch Amtrak arrive and observe freight trains heading for the pass with eight diesel engines. Part of that hotel is for the hostelers, and the managers shared their kitchen with us. Our hosteling experience was one of the big plusses in a most satisfying vacation.

PASS SELLING AGENCIES IN THE PITTSBURGH COUNCIL JURISDICTION

- 1) Atlas Travel Services 400 5th Ave., Pittsburgh, PA 15219 (412) 261-0248
- 2) Pittsburgh Travel House 3510 5th Ave., Pittsburgh, PA 15213 (412) 687-2234
- 3) University Travel 3955 Forbes Ave., Pittsburgh, PA 15213 (412) 621-3492
- 4) HourGlass One Hour Photo upper level South Hills Village Mall (412) 854-3638
- 5) Ohiopyle Youth Hostel Ohiopyle State Park, PO Box 99, Ohiopyle PA 15470
- 6) Lenz Travel Services 173 South Main St., Slippery Rock, PA 16057 (412) 794-4833
- 7) Strada Bike Shop 217 S. Burrows St., State College, PA 16801 (814) 238-0020
- 8) Center for Travel 114 Heister St., State College, PA 16801 (814) 238-4987
- 9) WVU Student Activities Center 307 East Moore Hall, Morgantown WV 26506

MARCH TRIPS

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DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
2	Sun	Hike	Easy	Wendell Phillips	831-2606	8:00	Glacier Ridge Trail in Morraine State Park.
8	THE	spelition a tra	THE DISC ST	Paul Herre		-200	Barton's Cave - a good beginner's cave in scenic Laurel Highlands near Quebec Run. See caving writeup for more details.
8	Sat	Hike	Advanced	Dan Martt			Bushwhack at Long Run in Ohio
14-16	FSS	Cave	Int	Buck Rodgers	alivit.	7pm	Enjoy a weekend of caving near Elkins, West Virginia. Leave Frida evening.
15	Sat	Hike	Int	Glenn Oster	364-2864h 234-3967w		Hike from Jennings Nature Reserve to the Marina in Morraine State Park. Call for info and reservations.
15	Sat			Larry Laude	665-9554h	6:30pm	The AYH Banquet at Poli's. See ad in this issue.
Media tea Media te Managaria		Hike	rretnië er e tdan e vergeet	Joy Layton	Frank American	10:00	2nd annual Naked Tree Hike. Does one maked tree look like all the others to you? learn to tell the difference without all those leaves to distract you! Approx. 7 miles. I promise not to get lost this year!
			Easy	Glenn Oster	364-2864h	7:30	Hike the Tracy Ridge/ Johnnycake Trails in the Kinzua Dam area. Call for info and reservations.
				Barry Govenor		7:30	Beginner's Climbing Workshop at the Pittsburgh Garden Center. See ad in this issue.
29	Sat	Hike	Int -	Wayne Hennemuth	693-9605	8:00	Laurel Highlands Trail.
	A A	merican				4	

Tindert Schilles Certer - 307 Cest Micro Hall, Nor-