

# golden triangle

ayh

PITTSBURGH COUNCIL, AMERICAN YOUTH HOSTEL, INC.  
Volume 23, Number 8 August 1972

## BIKEWAYS ARE COMING TO PGH. by Larry Giventer

August 3

Experimental films and nickel ice cream cones! (outside we hope)

August 10

Jack Kowalski will show the film "Great Moments in the History of Tennis" which includes film clips of Poncho Gonzales and others.

August 17

Basic canoeing strokes and maneuvers are shown in "Paddle and Portage" which will be followed by the film "White Water Slalom" which shows advanced kayak techniques as seen at the '67 Eastern Kayak Championships on Vermont's West River.

August 24

John Wronosky will show his collection of slides of AYH cycle trips.

Tom Keffer will show his slides of cycling by himself.

August 31

Surprise Program!! Someone will be back from a great trip and will show their slides.

\*

\* The Department of Parks and Recreation  
\* will create Pittsburgh's first "instant"  
\* bikeway when it closes Reservoir Dr.  
\* in Highland Park to all motorized traf-  
\* fic for three Tuesday evenings, Aug. 8,  
\* 15 and 22, between the hours of 6:30 pm  
\* and 9:00 pm.

\*

\* The purpose of this project is to  
\* provide an opportunity for leisure  
\* cycling by creating a short scenic  
\* route away from traffic. The road will  
\* be open to the general public in order  
\* to encourage bicycling as a means of  
\* recreation, healthful exercise and  
\* transportation. Spectators and pic-  
\* nicers will also be welcome in the area.

\*

\* Only Reservoir Drive will be closed, not  
\* the entire park. The road is 1.1 miles  
\* long, about 50 feet wide, and circles the  
\* upper reservoir of Highland Park. It will  
\* be closed by barricades at the north end  
\* of North Highland Avenue and Heberton St.

\*

\* The Department is being assisted by  
\* volunteers from AYH and the Western Pa.  
\* Wheelmen. Further projects are being  
\* proposed which include a recreational  
\* bike route along Beechwood Blvd. and a  
\* commuters bike route linking Shadyside  
\* and Oakland.

\*

\*

\*

\*\*\*\*\*

The AYH GOLDEN TRIANGLE is a monthly publication of the Pittsburgh Council of the American Youth Hostels, Inc.  
6300 Fifth Avenue  
Pittsburgh, Pa. 15232

Editor: K.M. Spindt  
Publication: Peggy Brehm  
Open House is every Thursday at 8:30.  
phone: 362-8181

Since Thursday evening cycle rides have been so large and have been getting started later than 6:30, the Cycle Committee has appointed a person to be in charge of renting out the bikes. The trip leader will lead the ride and take care of the paper work. George Chin will rent the bikes and take care of fitting them for the rider.

If you are interested in renting a bike for a Thursday evening ride, call George Chin to reserve your bike. He can be reached Wednesday 5:30 to 6:30 p.m. at 621-6536 or a Tuesday or Thursday evening at AYH 362-8181.

If you have rented a bike for a Thursday evening ride, arrive at AYH at 6:00 p.m. in order to get your bike adjusted properly to fit you. If all riders will help in getting organized early, the ride can start promptly at 6:30 and the trip can take advantage of what daylight there may be.

If you have reserved an AYH bike and fail to arrive by 6:00 p.m., the bike will be available for rental to any other interested AYH member.

Rental costs will remain the same, but the reservation is to be made with George Chin rather than the trip leader. (for Thursday rides only.)

\*\*\*\*\*

#### BAKER TRAIL GUIDE

The 1972 Baker Trail Guidebook just came off the press. It features 35 pages of trail description, location and facilities of shelter sites, a set of 17 new maps based on 7.5' topo maps, information on the use of the trail, general hiking tips, sources of information about campgrounds, cabins, and food stores (with store hours) within walking distance of the trail. reroutings, extension and the location of 2 new shelters is included. New trail length is 140 miles.

Send \$1.00 (plus 6¢ tax for Pa. residents) to publications chairman  
Bruce Sundquist. 210 College Drive, Monroeville, Pa. 15146

\*\*\*\*\*

#### CANOEING IN WEST VIRGINIA

A new canoeing guide is now out and it's got to be the best in the U.S. The title is "WILD WATER WEST VIRGINIA" and the authors are Bob Burrell and Paul Davidson. The river descriptions are far more complete than those contained in our own Western Pa. guide -- something which canoeists in this area should sit down and talk about in the not-too-distant future.

West Virginia is blessed with more whitewater rivers than any state in the eastern U.S. It is rapidly becoming the whitewater capital of the East. The guide describes over 1500 miles of canoeable streams and rivers from the canoeists point of view. The rivers are arranged in chapters according to key watersheds or basins. Each chapter is prefaced by a regional introduction which discusses the history, scenic attractions, economics, natural history and environmental threats for each area. Detailed information is provided for whitewater paddlers for each river, explaining put in and take out access points, general hydrological characteristics, key rapids, danger points and difficulties, and other characteristics helpful in planning a trip on each river. Also included are a general introduction to the guide, a glossary, an explanation of the whitewater difficulty rating system, and information on how to find your way around the Mountain State.

To get your copy of the 180 page guide send \$5 plus 25¢ for postage and

## A NOTE ON CANOEING EQUIPMENT

3

AYH owns all of the equipment which is stored in the Hostel as well as some equipment stored elsewhere. The equipment may be rented only by active canoe trip leaders. The leader must have led a trip within the past two years on water similar to that which he plans to take the private trip on. ALL equipment rentals MUST be approved by the Canoeing Chairman--George Robertson--.

These rules are currently being violated by several (unknown) people. Not only is equipment being taken without authorization, but some equipment is missing. Several sets of racks, a throw line and a first aid kit are among the missing items.

If your are a canoeist, please check your garage and car trunk. You may have some AYH equipment without realizing it. Please remember--All use of AYH equipment MUST be OKed by the Canoeing Chairman.

\*\*\*\*\*

## TENNIS IS HAPPENING RIGHT NOW

Sign up for the round-robin tennis matches. Get yourself moving in the swinging circle. Meet new people and maybe even win the tennis trophy! Sign your name on the chart at the rear of the Hostel for your tennis matches.

\*\*\*\*\*

## HOSTEL OR COUNCIL ??? HOSTEL DEVELOPMENT POLICY QUESTION

The Hostel Policy Development Chairman has organized a committee to discuss the possibilities of establishing an overnight hostel facility somewhere in Western Pennsylvania.

The Committee met early in July to discuss the issues. Several questions were raised:

1. Is it to the advantage of Pittsburgh Council to establish an overnight Hostel? Unresolved. We are interested in the feeling of the membership on this question. We would need the committment from several members to go ahead on such a project.
2. We would want something that could ultimately be an all-year-round facility, but should it be an existing building or newly constructed?
3. Where should it be located that it will best serve Pittsburgh AYHer's? The Laurel Ridge-Ohioyle area were strongly suggested. Also considered were Cook's Forest and Lake Arthur.

If you are interested in discussing this project, come to the Hostel Development Committee meeting on Tuesday, August 1, 1972 at 8:00 p.m. at headquarters.





the Mountain Trails Shop South  
for the serious wilderness visitor

TENTS: Gerry, Sierra Designs, North Face, Alpine Designs

SLEEPING BAGS: Sierra Designs, North Face, Alpine Designs, Gerry, Trail Tech

BACKPACKS & FRAMES: Kelty, Sierra Designs, Alpine Designs, North Face,  
Gerry, Universal, Alpenlite

HIKING & CLIMBING BOOTS: Fabiano, Vasque (formerly Voyageur)

DOWN SWEATERS, JACKETS, VESTS: Sierra Designs, North Face, Gerry, Alpine  
Designs, Mountain Products, Blacks

FREEZE DRIED FOODS: Rich-Moor, Mountain House, Wilson

SHELL GARMENTS

COOKWARE

HARDWARE

STOVES

BOOKS

ACCESSORIES

2506 West Liberty Avenue (next to Locante's Restaurant)

DAILY 12-9

SATURDAY 9-5

CLOSED WEDNESDAY

PHONE: 343-9966

The Oakland Co-op  
WILDERNESS SHOP  
everything for the back packer  
Quality at LOW PRICES  
thru Consumer Ownership

3601 Blvd. of the Allies  
Mon-Fri 12-8 Sat. 10-5

FREE PARKING

the NO RIP-OFF STORE

621-2228

CANADIAN YOUTH HOSTELS ASSOC.

American visitors to Canada will  
be interested in information about  
Canadian Youth Hostels.

Travelers in British Columbia,  
stop at Victoria Youth Hostel  
located at the University of Victoria  
Open July 3 - August 18, 1972

Travelers to the Vancouver area,  
stop at Whistler Mountain Youth  
Hostel located at Alta Lake.  
Open all year round.

Also in Vancouver, B.C. is the  
Vancouver Youth Hostel located  
near the Pacific beach in Vancouver.  
Open all year round.

See the bulletin board for more  
details on each of the accomodations.

# Willi's Ski Shop is into BICYCLES!

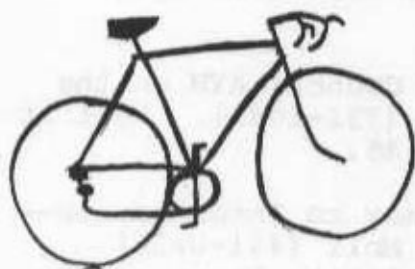
Atala, Bottecchia, Fuji      Parts  
and  
Accessories

Mon-Fri 12-8  
Saturday 10-6

3603 Library Rd.  
Rt. 88

Castle Shannon

Phone 881-5005



SCHWINN  
CYCLE  
CENTER

Parts and Repairs  
New stock in Raleigh Bikes

Schwinn Bicycle Center  
Floyd Newingham  
740 Fifth Ave.  
New Kensington, Pa.  
15068

Phone 355-6464



CANOE  
KAYAK  
and  
SAILING  
CRAFT

701 Wood St. Wilkinsburg 371-4802

Sawyer, Old Town, Michi-Craft Canoes  
Super-lightweight Sportspal Canoes  
Sunflower and Butterfly Sailboats  
HiPP & Klepper Fiberglass Kayaks  
Klepper folding Kayaks and Sailboats  
Sail Rigs for Canoes  
Premolded Fiberglass Kits (only \$99)  
Inflatable Rafts and Kayaks  
Clement, Norse, Swanson Paddles  
Quik-N-Easy, Peter Storm Vests  
Parkway Wet Suits  
Resins, and Fiberglass Cloth  
Canoe, Kayak, Raft, Sailboat RENTALS  
Weekdays: 11-5; Saturdays: 10-5

# TRIPS and TRAILS

6

The trips listed below are open to the public, on a first come, first served basis, with AYH members having priority. Call the trip leader, if one is listed, to make reservations and to find out more about the trip (e.g. experience required, equipment needed). Cost of a trip includes equipment rental (if any), transportation costs, 30¢ for AYH registration and 10¢ for insurance. Each tripper is insured up to \$500 for medical expenses. One last thing: If you should decide to cancel your reservation for a trip, please call the trip leader at a reasonable hour to let him know.

- Tue. Aug. 1 EVENING CYCLE--Join Jack Batchelar on a leisurely beginners bike trip through the city parks. Leave AYH at 6:30 with 25¢ registration and 50¢ rental. If interested meet at AYH. To reserve a bike call Jack at (963-7868) SEE Special Notice on change in bike reservations, Thursdays.
- Thu. Aug. 3 EVENING CYCLE--Join Larry Giventer for an easy beginners ride through one of the city parks. Leave AYH at 6:30 p.m. with 25¢ and rental. Reserve a bike with George Chin (621-6536).
- Fri. Aug. 4 CYCLE--Gary Ludwig (521.4964) leads another one of those midnight bike rides downtown followed by a climb up Mt. Washington for an early sunrise. Wear bright, light clothes and bring a flashlight. Leave AYH at 11:30 p.m. with 40¢. If interested call him to reserve a bike or a place on the trip.
- Sat. Aug. 5 RAFT--Joint trip with Washington Council AYH on the Lower Yough. Call Phil Mason to reserve a place in the rafts. Bring lunch, dry clothes, meet at AYH at 8:30 a.m. with \$5.00. (521-6477)
- Sun. Aug. 6 RAFT--Again, Joint trip with Washington Council AYH on the Lower Yough. Reserve with Mike Hurwitz (731-1083). Meet at AYH at 8:30 with lunch, dry clothes and \$5.
- Sun. Aug. 6 HIKE--Sandy Beaver Trail in Ohio (Beginner to Intermediate--hiking shoes plus some experience). Eb Moll (441-0226) leads a 9-10 mile hike along the scenic Little Beaver Creek in our neighboring state of Ohio. Meet at 8:15 at AYH. Leave at 8:30. Trip cost about \$3.
- Sun. Aug. 6 CYCLE--Jack Batchelar leads an easy 25 mile beginners trip around Pymatuning Lake. NO HILLS! It's all flat, so give it a try. Bring lunch, bathing suit and \$3. Reserve with Jack at 963-7868. Ask Jack for more details.
- Mon. Aug. 7 BIKE SCHOOL--Due to the success of the past bike school, or "how to shift a 10 speed", we're going to try again for those of you who missed the last one. Be at AYH by 7 p.m.
- Tue. Aug. 8 EVENING CYCLE--Doug Ramsey leads the tour of the city parks. Leave AYH at 6:30 p.m. with 25¢ and rental. If you want to reserve a bike call Doug at (837-2353).
- Thu. Aug. 10 EVENING CYCLE--Mike Hurwitz leads the city parks tour. Meet at AYH at 6:30 p.m. with 25¢ and rental. Call George Chin (621-6536) for bike reservations. SEE article describing change in bike reservation policy.



TRIP AND TRAILS CONTINUED

7

- Sat. Aug. 12     HIKE--Slippery Rock Creek (beginner to intermediate). Hike an interesting 9 miles along the scenic Slippery Rock Gorge. Good hiking shoes with non-skid soles are recommended. Trip cost about \$2.75. Leave AYH at 8:30 a.m. Leader to be announced.
- Sat. Aug. 12     WHITE WATER CANOE SCHOOL #1--Kathy Spindt (364-2447) leads beginning white water canoeists on the Connemaugh from Bolivar to Torrance (water permitting). Lake or flat water experience required. Bring a complete change of clothes, knee pads, lunch and \$5. Meet at AYH at 8:30 a.m.
- Sat. Aug. 12     CAVE--to Casparis Cave. Beginners trip. Call David Wassom (243-4827) between 5:30 and 6:30 to reserve.
- Sat. Aug. 12     CYCLE--Vince Widmer leads a 30 mile intermediate trip somewhere in Westmoreland County. Leave AYH at 8:00 a.m. with \$2, lunch and rental. If interested, reserve with Vince at 339-6600.
- Sun. Aug. 13     HIKE--Indian Creek Gorge (beginners to intermediate). 8-9 mile exploratory hike in Indian Creek Gorge lead by the intrepid Jim Hurst (276-0447). Good hiking shoes with non-skid soles are recommended. Trip cost about \$3.50. Leave AYH at 8:30 a.m.
- Sun. Aug. 13     WHITE WATER CANOE SCHOOL #3--For those of you who have your own closed boats, George Robertson leads the trip on the Lower Yough. Must have equivalent of Canoe School #2 plus experience. Reserve with George at 363-2050. Meet at AYH by 8:00 a.m. with 40¢ registration, \$2 transportation and your canoeing gear.
- Sun. Aug. 13     CYCLE--Doug Ramsey leads a 50 mile intermediate trip from Ligonier to Seven Springs. Leave AYH at 7:00 a.m. or meet at Ligonier at 9. Bring \$4 and lunch (or plan to eat at Seven Springs). Reserve with Doug at 837-2353.
- Tue. Aug. 15     EVENING CYCLE--Jack Kowalski leads a beginner trip through Highland Park. The park will be closed to motorists from 6:30 to 9 p.m. So now's the time to cycle away from motorists. Reserve with Jack at 681-1611. Cost 25¢ plus rental.
- Thu. Aug. 17     EVENING CYCLE--Join Larry Giventer for an easy beginners ride through one of the city parks. Leave AYH at 6:30 p.m. with 25¢ and rental. Reserve a bike with George Chin (621-6536).
- Sat. Aug. 19     HIKE--Laurel Ridge Trail (recommended for beginners) 7-8 mile hike along a recently developed portion of the New Laurel Ridge Hiking Trail. Bring a light lunch, water-filled canteen (a must for summer hiking) and about \$3.50. Leave AYH at 8:30 a.m. Reserve with Ann McKenna (441-0179).
- Sat. Aug. 19     CANOE--Gene Cone leads an intermediate to advanced white water trip on a river where there might be some water. Meet at AYH at 8:30 a.m. with lunch, dry clothes. Reserve with Gene at 561-7115.

Trip and Trails continued again.

8

- Fri. Aug. 18 CYCLE RACING--John Edwards has information for anyone interested in bike racing at Kelly's Island, Ohio. Registration must be in by JULY 31 for racing, but is you want to go and watch, sign up by Thurs. Aug. 17. Cost about \$10. Bring camping gear. Leave AYH Fri. at 6:30 p.m. Reserve with John at 833-2682.
- Sun. Aug. 20 CANOE--Dick Sandburg leads a flat water trip. Some experience is desirable. Bring lunch, change of clothes and \$4. Meet at AYH at 8:30 a.m. Reserve with Dick at 672-1639.
- Sun. Aug. 20 CAVE--Dogged by summer dog days? Beat the heat, enjoy air-conditioned comfort at Crabtree Cave with Mike LaMark (381-3563). Some experience desired. Call Mike for details.
- Sun. Aug. 20 CYCLE--For those of you who can't participate in the Kelly's Island Rally, join Tom Keffer on an easy 20-25 mile ride in the Mingo Creek Park area. Leave AYH at 8:00 a.m. with lunch and about \$2. Reserve with Tom at 241-5854.
- Mon. Aug. 21 BIKE SCHOOL--or "How to Shift a 10 Speed". Meet at AYH at 7:00 p.m.
- Tue. Aug. 22 EVENING CYCLE--Gary Ludwig leads the last motorist-free trip through Highland Park. Reserve with Gary at 521-4964. Meet at AYH at 6:30 with 25¢ and rental.
- Thu. Aug. 24 EVENING CYCLE--Tom Keffer leads the city parks tour. If you are interested, show up at AYH at 6:30 ready to ride with 25¢ and rental. Reserve a bike with George Chin (621-6536).
- Sat. Aug. 26 HIKE--Baker Trail (beginners with some experience). Hike two sections of the Baker Trail and sleep overnight at one of the shelters. Bring 2 lunches in a daypack, food for dinner and breakfast, mess kit, canteen, sleeping bag, plastic tube tent (if possible) and about \$5.00. Reserve with Jay and Margeret Angel (362-5282). Trip size limited to 12 persons.
- Sun. Aug. 27
- Sat. Aug. 26 WHITE WATER CANOE SCHOOL #2--Mary Shaw (421-7641) leads. Canoe School #1 with stern experience required. Meet at AYH at 8:15 with lunch, dry clothes and \$5. The previous rain dance was a bit too vigorous, but since August is a dry month, keep up the good work.
- Sat. Aug. 26 CYCLE--Now is the time to earn your 50 in 5 patch as John Wronosky leads a qualifier trip around Fox Chapel. Cost is 40¢ plus 25¢ for patches. Meet at AYH at 7:00 a.m. Reserve with John at 431-1373.
- Sun. Aug. 27 CYCLE--Mike LaMark leads a 35 mile covered bridge ride into Washington County. Leave AYH at 8:00 a.m. with \$3 and lunch. Reserve with Mike at 381-3563.
- Sun. Aug. 27 RAFT--Jack Kowalski leads the trip on the Lower Yough. Bring lunch, change of clothes and \$5. Meet at AYH at 8:30. Reserve with Jack at 681-1611.
- Tue. Aug. 29 EVENING CYCLE--Join Mary Ann Brincka on a leisurely tour of the city parks. Leave AYH at 6:30 with 25¢ and rental.



Trips and Trails continued once more.

9

Thu. Aug. 31 EVENING CYCLE--George Cattler leads a beginners trip through one of the city parks. Leave AYH at 6:30 p.m. with 25¢ and rental. Reserve a bike with George Chin (621-6536).

Sept. 1 to Sept. 4 RAFT-CAMP--Roy Weil will try again on the annual New River Trip since we got rained out on July 4. Bring camping equipment, food for 2-3 days and \$20.00. Leave AYH Friday evening and return Monday, Labor Day. Reserve with Roy at 521-1336.

Sept. 1 to Sept. 4 BACKPACK--in North Central Pennsylvania. Call Larry Giventer (422-9282) for details.

Sometime in September--Wildfood Dinner Hike. More information on Sept. Triangle. Practive for it now by bringing along books on wildfood and plant identification on the hikes you plan to take in August and September.

Sept. 9-10 Plan to attend the Fall Council meeting of the Keystone Trails Association to be held at Camp T. Frank Soles near somerset. Contact D.J. Woodland for information. 563-5419

Sept. 29- to Oct. 1 Annual Meeting of the Keystone Trails Association to be held at Camp Swatara on the Appalachian Trail near Harrisburg. Hiking, Folk dancing at night. Meals. Contact D.J. Woodland for more information. 563-5419

Sept. 1-4 Bicycle Camping Tour in Kentucky, sponsored by AYH and the League of American Wheelmen. See bulletin board for application blank or contact Dave Porterfield for information.

Sept. 8-17 White Water Canoe trip on the Spanish River located northwest of Sudbury, Ontario. This 82 mile trip starts easy and builds up to some real whitewater with a mile portage around Graveyard Rapids. Promise no hidden water falls this time as we have a written description for the first time. Others beside old time lumbermen have canoed this one. Bring along tent, sleeping bag, mess kit, clothing, food and \$48.00. Car shuttle provided by a hired guide, which will allow more time on the river. Depart AYH Friday 9/8 at 8:00 p.m. and return Sunday 9/17. Reserve with Howard H. King. 264-1386.


---

#### TOPO MAPS

On September 1 the price of topographic maps goes up from 50¢ to 75¢ each and discounts will be given only on orders of \$300 or more. To save money AYH is ordering \$100 worth of maps in August at a price of 30¢ each. Anyone wanting to get in on this order should send his order to Bruce Sundquist 210 College Park Drive, Monroeville, Pa. 15146 by August 10. Maps must be listed alphabetically. Also state whether the 7.5' or 15' series is desired. Minimum individual order is \$3.00. See Bruce for the map index.

#### WHO LIVES NEAR BETHEL PARK ?????

If you do--and come to open house meeting once in a while--we need your help. Alma Gilliam, our printer, prints our newsletter and our guides in Bethel Park. If someone could pick these up once in a while and bring them to AYH headquarters it would save Kathy Spindt (Triangle Editor) and Bruce Sundquist (Misc. Publications Chairman) a lot of time, since it is at least

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	1 evening cycle	2	3 evening cycle	4 midnight cycle	5 Raft-Yough	6 Cycle- 25 Hike- Ohio Raft-Yough
7 Bike School	8 evening cycle	9	10 evening cycle	11	12 cycle 30 Cave-Casparis WW Can. Sch. #1 Hike-Slippy Rock	13 Cycle- Ligonier WW Canoe School #3 Hike-Indian Creek
14	15 evening cycle	16	17 evening cycle	18	19 Canoe- Int. WW Hike-Laurel R cycle Racing	20 Cycle- Mingo Crk. Cave- Crabtree Canoe-Flat
21 Bike School	22 evening cycle	23	24 evening cycle	25	26 Hike-Baker Trail Cycle- 50/5 WW Canoe School #2	27 Cycle- Washington County Raft-Yough
28	29 evening cycle	30	31 evening cycle	August '72 		

Pittsburgh Council  
AMERICAN YOUTH HOSTELS, INC.  
6300 Fifth Avenue  
Pittsburgh, Pennsylvania 15232

RETURN REQUESTED

Non-Profit Organization  
U.S. Postage Paid  
Pittsburgh, Pennsylvania

Permit #127 15232

LIBRARIAN, A.Y.H.  
126 N. LINDEN AVE. A-1  
PITTSBURGH, PA. 15208