



FEBRUARY GOLDEN TRIANGLE

PITTSBURGH COUNCIL
Arts & Crafts Center
6300 Fifth Avenue

Open House
Every Thursday 8:30 p.m.

By: Dick Minnear
Program Chairman

February 3 Winifred Larson teaches folk dancing. Join us and learn if you don't know now or how.

February 10 President Bob Fewkes views some camping and canoeing equipment with the emphasis being on comfort in chilly weather. If you have any pet theories, you are invited to come air them.

February 17-Neal Robinson, avid mountain climber plus world traveler from the Explorers Club of Pittsburgh will show his slides of big game hunting in Africa.

February 24-Sue Simler shows off hosteling slides through England and Scotland. Her experiences should be very different and quite interesting.

A.Y.H.'s annual banquet will be held on March 12 at Wiegand's Restaurant, 422 Foreland (corner of Foreland and James). The social hour at 6:30 is followed by dinner at 7:00. The cost of the buffet-style dinner will be \$3.00 per person. John Melony, National Eastern Regional Field Director of A.Y.H. will speak. Folk dancing is scheduled after the talk. Leading us in dancing will be Hugh Gilmour. Reservations are being taken by Jean Heller, 147 North Craig (telephone 681-7330). Several other people will be needed to take care of the last minute details. Anyone willing to help should contact Bob Fewkes (828-7784). A reservation form is given below; they should be in by March 8. Your tickets will not be mailed to you but your name will be checked off at the door.

Please reserve _____ place(s) for me at the 18th ANNUAL A.Y.H. BANQUET

Name _____ tele. # _____

Address _____

Amount enclosed (\$3.00/person) \$ _____

Make checks payable to American Youth Hostels, Pittsburgh Council.

ARE YOU:

Lager, keen, burning, fervent, ardent, a og, breathless, and impatient -- to learn how to ski? Well, so am I. A.Y.H. has the skis and poles plus a few ski boots to be rented and they also have the places to go but lack the proper weather. Keep your eyes on the Trips and Trails we shall keep trying.

For novices wear light, loose clothing, especially in the case of the hands and feet, several light layers are usually more effective than one heavier one. Dress to stay cool rather than warm. RULES OF THE ROAD

The majority of skiing accidents happen to newcomers attempting maneuvers for which they have had too little instruction or experience. Statistics show that 90% of all accidents occurred after 3 P.M. which suggests that fatigue plays its part. Also, the sun begins to go down at this time, the snow surface begins to refreeze and your speed therefore increases. The danger signs must be observed. Here are a few good rules to stick by:

1. Don't ski if you are tired or have faulty equipment.
2. When falling, throw your body sideways, never forward or back.
3. Keep your hands just below your hips so the poles will stay behind.
4. Be sure that your toes have ample space to prevent frostbits.
5. Don't overexert yourself through too much exercise or exposure to the sun cold or wind.
6. Always ski in company.

In short, "Realize your limitations."

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SKI MATERIALS:

AYH has 4 pr. of skis, 6 pr. of poles and 2 pr. of boots (5-11)
rental fee is approx. 50¢ with a first come, first served bases

JOSEPH HOMER COMPANY
downtown
metal, head skis

THE SKI BUREAU INC.
Aspinwall
S. Aiken, Shadyside

1.50 boots a night
3.00 boots a weekend
5.50 boots, skis and poles for
one night
11.00 boots, skis and poles for
one weekend

5.00 boots, skis and poles for
one night
10.00 boots, skis and poles for
one weekend

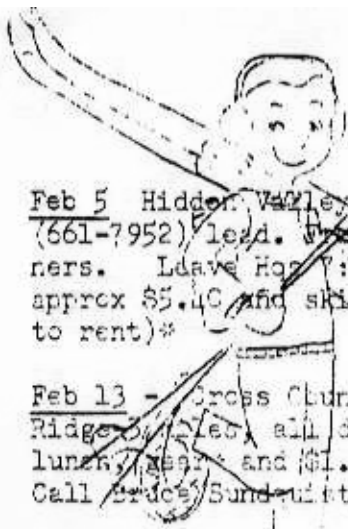
Also the slopes rent equipment

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Tobogganing is also in store for people not interested in skiing this year or just don't care to ski, join the group and have fun tobogganing with us

OR MAYBE: if you can endure a sore bottom, go ice skating with Bob Omlor (phone 264-4485). He goes at least once a week. .75 is admission adults pay and skates may be rented. When we get tired of North Park, we always can try South Park or the Civic Arena and, of course, the Alpine Chateau

Thanks to Dottie Rodriguez, The Hansons, Barbara DiGregorio, Lis Staffer, Janice Woodward, Bruce Sundquist, Thelma Noroso (who also did the typing) for helping with the "Golden Triangle" so it would be distributed on time to our members. When might we count on your help, we certainly could use more hands and other pleasant personalities. We really would appreciate seeing you Tuesday night February 22. Anytime after 7:30 p.m. someone will be there to admit you to the gay atmosphere. The Bellefield Presbyterian Church, 55th and Bellefield and stay around for the party which follows.



Trips & Trails

Feb 5 Hidden Valley - John & Tess Henry (661-7952) lead. Free lessons for beginners. Leave Hqs 7:30 a.m. with lunch & approx \$5.40 and ski equipment (or money to rent)*

Feb 13 - Cross Country skiing on Laurel Ridge. All downhill. Bring your lunch, gear, and \$1.50. Leave 8:30 a.m. Call Bruce Sundquist at DR 2-1212, X224
US Ski Club

Feb 19 Skiing at Laurel Mountain. Free lessons for beginners. Excellent slopes for advanced. Leave Hqs. with lunch and equipment* at 7:30 a.m. Cost about \$6.40. Call Bruce Sundquist at DR 2-1212, X224

Feb 19-20 or 26-27 Howard and Patsy King lead an overnight trip with hiking along Tygard River, Deer Valley Falls. Bring your food, poncho, air mattress, blanket, quilt, sleeping bag and approx. \$5.00

Feb 22 - 8:00 p.m. Assembly at 11:00 a.m. at Bellefield Presbyterian Church. Come after class, we are close to Pitt.

Feb. 26 - Help finish off the Baker Trail Sign Program. The work party will consist of cutting sign boards and painting with linseed oil. Starting time at Hqs is 10 a.m. and finish around 3:00 p.m.

*A.Y.H. rents skis and poles for 50¢. Members will have priority over non-members, then it will be first come - first served. See Bruce Sundquist

Sat., Jan. 22, A.Y.H. had an unscheduled toboggan party behind hqs. John Mayfield, Dottie Rodriguez, Charlie Westover, Sue Simler, Rhonda Newcomer, Bob Fawkes (with his toboggan), Janice Woodward, Cathy Lynch, Ali Kettani, Ruth Stacklin and Dorothy Lynch experienced some jim-dandy rides in fresh new snow. All appreciated Rhonda's hot chocolate and warm house where we gathered afterwards. Thank you Rhonda! How about some more tobogganing?

DROP OUTS from J. L. Myers' trip don't know what they missed. Instead of hiking, we went snowshoeing and had a wild time. After snowshoeing up the ski slope at Boyce Park, Mrs. Myers had a scrumptious meal for us. Maxine and Kay Law, Janice Woodward and Bruce Sundquist helped celebrated J.D.'s and Hugh Gilmour's birthdays. No A.Y.H. trip is cancelled unless it is REALLY unavoidable. Anyway that meant more cake for those that did attend.

Two weeks of hiking and back-packing in Rocky Mountain National Park and rafting on the Yampa and Green Rivers (Colorado) have been tentatively scheduled for June 11-26. Bruce Sundquist is leading this one and he expects the trip should cost under \$150. for the works. Anyone interested should call him at DR 2-1212, X224. Anyone who wants to go on this trip from the Pittsburgh area should take several A.Y.H. raft trips this May if they are not already experienced rafters. The five-day raft trip on the Yampa & Green Rivers feature breath taking scenery, sheer rock walls rising a thousand or more ft above the river, exciting rapids, old Indian caves and many other attractions as the rivers wind their way through the national monument. Anyone not experienced in hiking should take as many hikes as possible this spring with A.Y.H. to get into shape, because hiking in the Rockies involves steep trails and thin air, as a price for the spectacular views and other attractions. Transportation is by car.

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Anyone interested in a week of cycling in the Pennsylvania Dutch Country? See Janice Woodward, she plans to lead one this summer. If you have done some cycling in the past, you are qualified for this trip. If you don't have a cycle, remember A.Y.H. has a weekly renting schedule.

PACKER'S CHECK LIST

knapsack
sleeping bag or 2 wool blankets
ground cloth (poncho for rain)
parka (windbreaker, optional)
extra clothing & footwear
flashlight
handkerchief

MISCELLANEOUS
matches & candles
needle & thread
safety pins & aspirins
compass & sunglasses
swim suit & accessories
cool underwear & mittens

COOKING UTENSIL
knife, fork & spoon
mess kit, canteen
can opener & soap
souring pad &
paper towels
pot holder

TOILET THINGS
toothbrush & paste
facial soap & towel
wash rag & mirror
toilet paper
comb
cosmetics (ladies)
razor (men - although
most seem to be band-
the-blade weekends)

One day canoe trips do require a change of clothing plus footwear in most cases.

Plastic bags keep things reasonably dry and separate articles in your pack.

A plastic bowl and cup may substitute for a mess kit with a small sauce pan for cooking. NOTE: cups belonging to mess kits usually burn lips and then containing a hot drink.

Depending on type of trip different articles are added while others are deleted. If all the above went on any one camping trip, it would be TOO MUCH. This is to be used as a reminder for ol'timers and a helper to ne'timers.

Tents are optional. It is up to the individual.

MEMBERS for American Youth Hostel in PITTSBURGH COUNCIL

John & Tess Henry	Frieda Hammermeister
Gordon Hughes	Dick McNamara
Don Miller	and family
Peter Gross	Bernard Bass
R. J. Replinger	James Eshelman
John McMichael	

THORNTON PARK WILL BE OPEN IN FEBRUARY

J. C. Bowers & Family	
Lloyd Geertz & Family	
Bill, James, Robert & Stephen Harvey	
Chris McIntyre	Marjorie Waite
Emily Morev	Carol Tomich
Barbara Tenger	Magnus Wilson
Helen Vandriah	

On December 12, Dorothy Lynch (assisted by Cathy Lynch) led a hike in Oakmont's Satler Park. Before lunch Thelma Moreso, Janice Woodward, Bob Perkes, Bob Herman, Doug Lew, Maxine Lew, Kay Lew, Ruth Bass, Bernard Bass and J. J. Myers through the highlands of Plum Creek hiked. After a bit of lunch near the fire place we then explored caves (identified as coal mine air vents by Bob Herman). Everyone had a challenge to their liking on this trip sure hope Dorothy will soon lead another

Anyone going to Europe should apply thru the local Council. CHECK AT HEADQUARTERS

Be content with what you have but never with what you are!

Anyone interested in putting anything in the "Golden Triangle" may do so. Remember, it is your paper. Submit articles to Janice Woodward. Deadline for the "Golden Triangle" is February 24th at Open House.

THURSDAY NIGHT OPEN HOUSE NEEDS
F R E S H B L O O D

Do YOU have slides of A.Y.H. trips from years gone by? How about slides of recent A.Y.H. trips? Slides of YOUR recent vacation in the out-of-doors? . . . slides. Then, A.Y.H. needs YOU! Show them to the rest of us at an A.Y.H. Open House in the near future. That's what slides are for anyway, right? Right. To make matters easy for YOU a form is given below. You merely fill in a few noncommittal blanks and send it to A Y H (6300 Fifth Avenue, Pittsburgh, Penna.)

Name _____ tel. # _____

Address _____

Subject _____ zip _____

Approximate number of slides _____

(If you have more than 30 or so slides, we'll bill you for two or more nights)

Preferred Date of Showing _____

WHAT HAPPENS TO THE MONEY -- The leader collects at the end of the trips? 10¢ is for insurance "assures you that medical expenses for injuries incurred on the trip will be paid. The trip fee goes to "keep us running! It pays the phone bill and postage costs. It buys paper for that redoubtable publication, the GOLDEN TRIANGLE and oil for the heaters in the HQ building. The remainder is used for hostel development and new equipment. You are not covered by insurance on a trip, when the trip is not in the GOLDEN TRIANGLE.

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A.Y.H. was founded in Germany in 1910 by one RICHARD SCHIRRMANN, hostelling was already 24 yrs. old when it was brought to the United States by Isabel & Monroe Smith. The first hostel was opened in Northfield Massachusetts on Dec. 27, '43. Some 103 hostels stronger and 30 years later, we look forward to even a greater expansion and with your help, we can do!

MISSIFIED
CANOES, GRUMMANS, AND WET SUITS **** The Outdoor Sports Library, Pennsylvania's leading canoeing author Mr. and Mrs. Coleman at 307 South Thirteenth Street, Indiana, Penna. are looking for their new 1966 stock. These are the remainder of their 1965 stock which is being made available to all youth group members at a big 15% off on any canoe in stock.

Four 15' standard weight, unpainted double end with white water keel
Four 17' standard weight, unpainted double end with white water keel
Seven 19' standard weight, unpainted double end, with lake keel

Also they are selling four used Grumman from their rental fleet. The first ten wet suits will go at a large savings and to assure high quality they were tested.

WANTED TO BUY

A.Y.H. is looking for used skis, poles, and boots to buy so they can take everyone skiing at a "ski school" for \$50. So you know a friend who would like to sell the equipment? Get all the details and tell Bruce Sundquist. You may also use the "Golden Triangle" to advertise equipment

Janice Woodman is now selling lifetime-

STAMPS WANTED
BARBARA DI GREGGIO is collecting stamps (P.S. blue stamps, S & H green stamps, Plaid stamps, etc. She is collecting them for A.Y.H. The Columbus Council got a V.W. station wagon bus to use on trips, so if you have stamps lying around and you aren't planning to use them, bring them to Thursday night meetings and give them to Barbara.

LEADERS WANTED

Prospective summer tripleaders, contact hiking, biking, canoeing chairman. Sign up for trips one to three-weeks long. Lead a scheduled trip, or pick your own destination. Expenses paid.

AVAILABLE SPACE WANTED

Do you know we are presently looking for new headquarters? Our ideal home needs a place to store 6 canoes, 4 rubber rafts, 10-20 bicycles and other equipment. Plus we would like to hold our meetings in the same building and have available space to keep our file cabinets and other items needed to publish our "Golden Triangle." We also hope to have accommodations for a future hostel. Put in a heater here and there and some plumbing facilities and you have the ideal headquarter for A.Y.H. If you know of such a place tell