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Vol. 41 No.11

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AMERICAN YOUTH HOSTELS

GOLDEN TRIANGLE

PITTSBURGH COUNCIL





PITTSBURGH COUNCIL
6300 FIFTH AVE.
PITTSBURGH, PA. 15232



OFFICIAL MEMBERSHIP APPLICATION

Amount and Membership Types Available:

- \$ 10.00 Youth (17 years and under).
 - \$ 20.00 Adult (18 years to 54).
 - \$ 10.00 Senior Citizen (55 years and over).
 - \$ 30.00 2 Yr. Adult (18 years to 54).
 - \$ 30.00 Family (includes children under 18 years).
 - \$ 200.00 Life (individual lifetime membership).
 - \$ 18.00 Foreign Nationals (including Canadians).
 - \$ 1.00 Postage (for each Membership or International Handbook ordered).
- You can save postage by purchasing these items at our Open House Meetings.

NOTE: International Hostel Handbooks are available for \$ 8.00 each at Pittsburgh Council Headquarters (Thursday nights 8-10 PM) Volume I (Europe and the Mediterranean) and Volume II (Africa, America, Asia and Australia). Make all checks payable to "Pittsburgh AYH".

NAME: (Last) _____ (First) _____ (Middle) _____
STREET: _____ (Permanent Address Only) _____ Zip Code _____
CITY: _____ State _____
BIRTHDATE: Month _____ Day _____ Year _____ Phone # _____

Were you a member of AYH this past year? — Yes — No
Then do you need card? _____ (Signature of Applicant)
If you wish Membership Card sent to a temporary address, give same below:

CARE OF: STREET _____ STATE _____ ZIP CODE _____
CITY: _____

AYH MEMBERSHIP BENEFITS:

International Hostel Membership Card plus Council I.D. Card good for discounts at local bike shops and outfitters.

J.S.A. Hostel Handbook.

"The Knapsack", National A.Y.H. Travel Newsletter.

"The Golden Triangle", Pittsburgh Council's Newsletter of Trips and Activities.

Open House Thursday nights 8:00 p.m. at Council Headquarters.

Access to National travel programs and Leadership Training Courses.

(NOTE: Memberships valid from Sept. 1 to Dec. 31 of the following year.)



AMERICAN YOUTH HOSTELS, INC.
Pittsburgh Council
6300 Fifth Ave.
Pittsburgh, PA 15232



ACTIVITIES MEMBERSHIP APPLICATION

Membership Types Available: (does not provide access to AYH hostels)

- ☐ \$ 5.00 Youth (17 years and under)
- ☐ \$ 5.00 Senior Citizen (55 years and over)
- ☐ \$ 10.00 Adult (18 years to 54)
- ☐ \$ 15.00 Family (includes children under 18 years)
- ☐ \$ 1.00 Postage and Handling (for each membership ordered)

Note: A full AYH membership or a hostel guest membership is required for access to AYH and international hostels. An AYH membership also includes the current U.S. Hostel Handbook.

Make all checks payable to "Pittsburgh AYH" (include \$1.00 postage). Thank you!

NAME: (Last) _____ (First) _____ (Middle) _____
STREET: _____
CITY: _____ STATE: _____ ZIP: _____
BIRTHDATE: Month _____ Day _____ Year _____ PHONE: _____
Were you a full member of AYH this past year? — Yes — No
SIGNATURE: _____
Pittsburgh AYH Activities Membership Benefits
Council Membership Card good for discounts at local bike shops and outfitters.
Ability to upgrade to full hostel membership at any time for difference in fee.
Access to local Pittsburgh AYH trips without paying non-member fees.
The Knapsack, National A.Y.H. Travel Newsletter, available at council headquarters.
Ability to qualify to lead Pittsburgh Council trips.
The Golden Triangle, Pittsburgh's monthly newsletter of trips and activities.
Open House Thursday nights 8:00 p.m. at Council Headquarters.
Access to National travel programs and Leadership Training Courses.
(Note: Memberships valid from Sept. 1st to Dec. 31st of the following year. All candidates for the Pittsburgh Council Activities Board or Board of Directors must hold full AYH memberships to qualify for these positions.)

You've got a friend in Pennsylvania

THE GOLDEN TRIANGLE

Pittsburgh Council American Youth Hostels, Inc.

6300 Fifth Avenue ■ Pittsburgh PA ■ 15232

HIGHLIGHTS.....

Gear up for cross country skiing!! Fred Parker and Bill Johnston are presenting a series of workshops on the sport on Nov. 10, 17 and Dec. 1, covering clothing, equipment, waxing, "shaping up" for skiing and different ski techniques. Be sure not to miss it! Details are inside.

Sign up now for Blackwater Falls Getaway Ski Weekend at Blackwater Falls State Park in West Virginia. Last year we chartered a bus and rented the entire lodge for a healthful winter weekend of relaxation and exercise. An application is enclosed.

Also, two western hostels perfect for a winter retreat are featured in the "Hosteling News" column. Hosteling provides inexpensive accommodations and the North Lake Tahoe Hostel and the Ponderosa Lodge Hostel in Northern California provides the perfect setting for memorable ski vacations.

Finally, if you want lingering memories of summer, read Joe Hoehner and Cheryl Arnold's account of how they "uncorked" New York on their World Adventure "Fingerlakes Flyer" trip last August.



SLIDE PRESENTATIONS FOR NOVEMBER:

Nov. 3: Greece revisited by Joe Levine; join Joe and friends as they explore the magnificent wanders of Greece.

Nov. 10: Recent Sierra Club outings by Bruce Sindquist and Dick Neller.

Nov. 17: "Uncork New York", Bicycle Touring with Joe Hoehner & Cheryl Arnold through the Finger Lakes.

Nov. 24: Happy Thanksgiving and we'll see you in December.

--Bob Goff, 761-2837



WORKSHOPS IN CROSS-COUNTRY

If you plan to cross-country ski this year or have always dreamed of it but didn't know what it involved, here's your chance to attend a series of workshops on the sport. Fred Parker and Bill Johnston, two of AYH's cross-

country ski experts will be holding lectures, discussions and demonstrations to give you the background you need to get out there and ski this winter. (And don't forget that the Pittsburgh council will be offering day ski trips as well as get-away weekends for novices and experts alike. And rental equipment is available.

Here's the workshop schedule:

Nov. 10, Thurs, 6:30-8:15 PM

Cross-Country Skiing Presentation: A short slide presentation followed by a discussion of weather, clothing equipment and where to ski.

Nov. 17, Thurs 7-8:15 PM

Shaping up for Cross-Country Skiing: If you are thinking of cross-country skiing this year, the time to start practicing is now. Reviewed will be some dryland (snowless) cross-country skiing training techniques and general fitness theory. Bring you ski poles if you have them. We'll be talking, stretching, walking, bounding and just having a generally good time. No previous experience necessary. Call Bill Johnston at 243-1945.

Dec. 1, Thurs, 7-8:00 PM

X-Waxing and Techniques: The mysteries of cross-country ski waxes explained and a discussion of techniques used for turning, uphill, downhill, and on the level.

HOSTELING NEWS

Two AYH hostels in Northern California are perfect for a ski vacation this Winter:

North Lake Tahoe: The North Lake Tahoe Hostel located at the Star Hotel in Truckee is an ideal home base for outings this ski season. The hostel is a short drive from Lake Tahoe and North Shore ski resorts such as Squaw Valley, Alpine Meadows and Northstar. Hostellers will be especially happy to know that there is regular Amtrak and Greyhound service to Truckee. The Star Hotel was built in 1881 to house the employees of Truckee's first sawmill. Over the years, it served as a hotel for railroad workers and in the 30's was a boarding house. In 1984, owner Lee Swam converted part of the Star to a hostel for up to 33 guests. The hostel's bunkrooms are small and cozy. Families and couples can easily be accommodated. There is a ramp and bathroom for the disabled on the first floor. Don't be surprised if you find a friendly group of disabled skiers some winter weekend. They have made the North Lake Tahoe Hostel their second home. Until you've talked with these hotdogs who fly down the slopes with prostheses and outriggers, have haven't heard a real ski adventure. For more information and to make reservations, contact the North Lake Tahoe Hostel, Box 1227/10015 W. River St., Truckee, CA 94734, or call (916) 587-3007.

Ponderosa Lodge: A new hostel

located in Mammoth Lakes, CA and offering some of the best skiing in the Mammoth Mountain ski area of the Central Eastern Sierra. The hostel portion of Ponderosa Lodge offers 86 beds and bookings for winter weekends have been brisk. The Lodge is within easy skiing distance of Devil's Postpile National Monument and the Inyo Craters. The hostel is chartered by the Santa Clara Valley Club of AYH. Call (408) 298-0670. For more information and to find out how to reserve, contact Ponderosa Lodge Int'l. Hostel, P.O. Box 410, Mammoth Lakes, CA 93546, or call (619) 934-2468.

[From "Golden Gate Hosteler", Winter, 1987, vol. 11, no. 4]

FASCINATING FACTS.....

WATCH YOUR STEP!!!

During the nine months moose eat dry shoots and twigs their droppings become the familiar and well loved nuggets. During those nine months, the average moose produces 380 nuggets per day, or more than 11,000 per month. Each moose is then responsible for producing about 100,000 nuggets a year. Multiplied by the 174,000 moose in Alaska, that means a total of 17.4 billion nuggets a year which, stacked on top of each other, would be 71,258 times as high as Mount McKinley, enough for every person in the world to own at least four!

[Appalachian Trail Conference News]

GREAT RIDE STAFF PERSON WANTED

Harvey Ostrow is looking for a part-time paid staff person to help with the administrative work for the Pittsburgh Great Ride in June of 1989. With 2500 riders, the Ride has grown too big for the volunteers to handle in their spare time without additional help. Harvey tells us he is willing to pay from \$3,000 to \$5,000 each year. Experience is needed with organizing special events and with using a computer. The responsibilities will include attending all planning meetings, sending registration forms to last year's riders, and then receiving and acknowledging all registrations. All of the names need to be put on a computer data base and lists of riders need to be printed out for the day of the ride. Also, a phone line will be installed so that the staff person can handle all telephone inquiries. The work will continue after the ride with tallying up contributions and mailing out T-shirts to riders who register on the day of the ride. The busiest time will be the 3 weeks before the ride and the week following the ride. If you are interested, call Harvey Ostrow in the evenings at 412-373-3999 or send a resume to him at 206 Londonderry Court, Monroeville, PA, 15146.



THE PRESIDENT'S CORNER

SAVE THE BAKER TRAIL! Last month, I raised the question of what we should do with the Baker Trail. To a large extend, my question was answered by the "Discover the Baker Trail" hike sponsored by the Armstrong County Tourist Bureau on October 15th. 191 people showed up! This shows that there really is a need for trails like the Baker Trail where people can go out for an afternoon hike in addition to a week long backpack. Thanks to Pete Srinivasan for coordinating what I'm sure was one of the biggest, if not the biggest hike in our history.

ANNUAL MEETING: I'm glad to be able to report to you that the Annual Meeting and Dinner was a great success. Thanks to the work of Marianne Kasica and her kitchen crew, we had a great lasagna dinner. The elections went smoothly, with the Council accepting the recommendations of the Nominating Committee. We'll have the final results published in the December newsletter. I would like to thank all of our past and newly elected officers and committee chairs for contributing their efforts to the success of the Council. I'd also like to congratulate the winners of the Trip Leaders of the Year Award, Glen Oster and Judy Menosky, and those who received awards for leading 5 or more trips in our 1988 business year.

ANNUAL MEETING AWARDS:

Trip Leader of the Year:
Glen Oster and Judy Menosky

Trip Leader Awards (for leading 5 or more trips in 1988):

Lynn & Chuck Ejzak
Eric Bauer
Bill Johnston
Jack Peth
Norm Snyder
Gary Simmons
Cindy Rupert
Linda Smithyman
Cathy Lynch
Fred Parker

VOLUNTEER OPPORTUNITIES

As a volunteer organization, we rely heavily on the help you all can give us. Each month, we will be highlighting places where we particularly need help. If you can help with these or anyh other job, please call Larry Laude at 412-665-9554. We can use help for any amount of time.

Map Librarian: To care for our library of topographic maps. This involves checkin on the maps monthly to make sure they are filed properly and to order replacement maps as needed.

Headquarters Helper: To help with keeping the Headquarters building interesting and clean inside and out. This can be a one time job such as installing our new phone and squirrel proofing the building to routine ones such as posting newsletters and vacuuming the rug. See Larry Laude or Gary Ludwig.

Volunteer Coordinator: To Help with this column as well

as keep a list of willing volunteers and their skills and preferences.

Hostel Searchers: To look for potential hostel locations, both in Pittsburgh and in outlying areas such as Wheeling, Morgantown, State College and Erie. See Joe Hoechner or Larry.

HIKING GUIDES AVAILABLE

The holidays are quickly approaching, and soon time will be here to find that perfect gift for your outdoors lover. How about an addition to their library with a hiking guide to their favorite area. Pittsburgh AYH Books Department is fully stocked and waiting for your order. We have comprehensive guides at reasonable prices. Check on these:

Hiking Guide to Western PA (Ed. 5, 1986) \$7. Describes over 200 miles of trails and dozens of other areas suitable for hiking. 290 pages-53 pages of maps.

Monongahela National Forest Hiking Guide (Ed. 5, 1988) \$9.95. This WV Highlands Conservancy guide describes over 160 US Forest Service trails in one of the best areas for hiking, backpacking and ski touring in this part of the country.

Hiker's Guide to Laurel Highlands Trail (Ed. 3, 1981) \$4. This is a detailed guide to Western PA's most popular hiking trail.

Find anything interesting? We also have an AYH Outdoor

Foodbook (Ed. 1, 1983) \$5, and a complete publications list (free). To order any of these, for yourself or as a gift, send check or money order for: price of book, + 6% PA sales tax + \$1 for postage and handling to: Pittsburgh AYH, Books and Guides, 6300 Fifth Ave., Pittsburgh, PA 15232.

THE GOLDEN TRIANGLE

The Golden Triangle is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

EDITOR: Laura Bates 681-3473

ASST. EDITORS: Cheryl Arnold
Rose Saine

PRODUCTION: Don Hoecker

MAILING: Roy Weil, Marta
Hurwitz

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Nov. 3 all submissions Nov. 17
production.

All mail regarding this newsletter should be addressed to: Pgh AYH, The Golden Triangle, 6300 Fifth Avenue, Pittsburgh, PA 15232.

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MS 150 KM BIKE RIDE

This years MS 150 bike ride was a little "cushier" than previous ones, but I did not hear any complaints.

Actually, the riders worked just as hard as before, but this year they received a much nicer reward for their efforts. The Holiday Inn Holidome at Beaver Falls with the swimming pool, whirlpool, video games, and plush rooms seemed to satisfy the riders much more than the gymnasium floor and cafeteria at Ellwood City High School (last year's ride).

On the road, the riders' needs were well attended to. Volunteers from the National MS Society worked the food stops. The Honda Gold Wing motorcycle club did a superb job of checking on riders with mechanical problems and covering key intersections to make sure that riders safely went through them (in the correct direction). They also ran numerous errands from delivering messages to purchasing spare inner tubes

for a couple of riders. We also had a couple of support vans (SAG's), namely the Gatto's bike shop van and our own Jack Peth. This is Jack's third year in this role. He is an extremely valuable part of the support crew, as he follows up the end of the pack to make sure that everyone gets through.

The routing was much flatter this year than in past years and was much more appropriate to the group. On Sunday, for instance, there were no hills for the first 25 miles. Saturday's riding was just a little more challenging, although the scenery was great, as the route went past farms and woods.

As of this writing, we do not year know the results of the fundraising, since all of the money has not yet been collected and sent in to the National MS Society.

If you missed this year's ride, don't worry. Next year's ride will probably follow the same format. The date has not yet been set, but it will probably be in September. We will announce it in plenty of time.

FINGERLAKES FLYER

(Or How Cheryl & Joe Uncorked New York)

Indian legend says that the Fingerlakes region was nested when the Great Spirit placed his hand in blessing on this "favored land." Geologists say the lakes were formed by Ice Age glaciers retreating, creating long

lakes, deep gorges, rushing waterfalls and fertile wide valleys perfect for vineyards. A bicyclist's paradise! Joe Hoechner and I decided to explore the region by bicycle on the "Fingerlakes Flyer" World Adventure trip and later by car.

We began on Saturday, August 20 driving to the Syracuse hostel. Between 4 and 6 PM our group of 10 assembled. Lou Roul, the leader, a teacher from Texas, greeted us with "Hi there" in a warm Texan drawl. Dayle and Eve had flown in the night before from Los Angeles. Sue, a student at Brown U. and Marianne, a teacher in the Bronx, came on the trip from N.Y.C. Sue came from Connecticut and Laurie and Jackie drove up from N.J. The group showed promise. We organized our gear, carried out bikes to the basement for overnight storage and ended the evening with long introductions and a great meal prepared by the hostel managers.

The next morning, after a quick downpour and breakfast, we loaded our bikes and began our tour. Our first destination was Steamboat Landing, a motel, in Skanstiles. Since the distance from Syracuse was only about 30 miles, Joe, Laurie, Marianne and I decided to ride around the Lake while others went to the Polo match just out of town. It was a beautiful day, with the lake reflecting the intense blue of the sky. We passed farms, field and cows, but luckily only one loose dog! When we returned, Loy, who was in

charge of meals that day, had spaghetti and homemade bread on the table for us. After dinner, we studied our maps and planned our route to Fillmore Glen State Park. [To be continued next month, but if you can't wait for the next installment, be sure to watch Joe Hoechner's slide show of the trip on Nov. 17!!]

 "When you get to the top of the Mountain, keep climbing"
 ** Zen Buddhist saying

FOR SALE

** 19" Trek 620, Reynolds 531 touring frame. Metallic blue color. 18 speed, matching rear Blackburn rack, only 3 years old. \$450. Call Joe Hoechner at 242-0781.

** 23" Schwinn LeTour, Men's frame, silver color, 10 speed, front and rear alloy racks. \$100. Call Joe Hoechner at 242-0781.

** Men's Jansport External Frame Pack, asking \$100. Call Cindy at 521-3233.

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PADDLING TRIP

The Nantahala Outdoor Center is offering a paddling trip for rafters and expert kayakers to the Rio Bio Bio in Chile, Feb. 3-16, 1989. Land cost is \$1750 for individuals. Group rates and dates are available for charter trips. Two new trips are also being scheduled: a 2 week Alaskan trip for intermediate canoeists in July of 1989; and a New Zealand trip for rafters and advanced kayakers January and February of 1989-90. For further information on these and other paddling adventures, call NOC Adventure Travel (704-488-2175).



CANOE GUIDE EDITING

The next edition of the Western Pennsylvania Canoe Guide is under way. Now is the time to get new material to the editors at 5131 Penton Road, Pittsburgh, PA 15213. If the current guide does not include your favorite stream, write it up now. If the information is the first submission and is used, you win a free copy of the next edition.

Starting Tuesday, Nov. 1, there will be a weekly editing session at Roy and Mary's place. These sessions will continue through November. Each week you get to mark up, modify and correct a section of the canoe guide. The following week you can see the result of your handiwork.

We still need black and white pictures of family canoeing, rafting, kayaking and canoe camping. Call 681-5131 if more information or directions are needed, or just show up on a Tuesday evening.

PRESS RELEASE ON DIRECTOR

Richard Martyr, former senior vice president for Programs and Chapter Relations for the National Audubon Society, has been selected as the new Executive Director of American Youth Hostels, the expert in low-cost educational and recreational travel. Martyr replaces Robert B. Johnson, who died this past spring.

While at Audubon, Martyr developed a nationwide youth environmental education program which reaches over 180,000 students in the 4th through 6th grades. He also spearheaded major projects to protect California's Mono Lake and the riceless old-growth forests of the Pacific Northwest. Martyr also pioneered the creation of the Audubon "Birdathon", a fund-raising event that annually raises over \$200,000 to support local and national programs. "Dick brings a successful background in fundraising, marketing, staff and volunteer recruitment, program development and public and government relations to AYH", remarked Janet Thompson, President of the AYH Board of Directors.

Jeffrey Yeager, AYH Director of Educational and Organizational Development,

has been appointed to the new position of Deputy Director. "We are enormously enthusiastic about this new management team," said Thompson. "It will strengthen the National Office's support to the field and internal operations while expanding AYH fund-raising and educational programs." Martyr and his wife, Linda, and their two sons currently reside in Ridgewood, New Jersey.

[Press release, Oct. 7, Washington D.C.]

CHAUTAQUA OVERLAND

Applications should still be available for this annual event of 1,300 cross country skiers near the PA/New York border. You don't have to be a marathoner to enter. There are stopping points at 10 miles and again at 20 miles. AYH usually has a contingent that goes up Friday night--staying at the beautiful Holiday Motel overlooking scenic I-90. We ski on Saturday, collapse in the motel Saturday night, and then drag ourselves around to a couple of the area's wineries before heading home on Sunday. If this is your idea of fun, then send for a registration form:

Overland
Box 216
Westfield, New York

Or check at headquarters on a Thursday evening to see if we have any around.

ACTIVITY CHAIRPERSONS MEETING

To review and evaluate

last year's program and make plans for next year, a meeting has been scheduled for Wednesday, Nov. 16. Last year's chairpeople as well as this year's chairs are requested to attend. Anybody else is also welcome to attend. The meeting will be held at Bill Johnston's house, Penn Hills, (near Parkway). Call Bill at 243-1945 for directions.



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City, State, Zip: <u>Pittsburgh, Pa. 15222</u>	Work Phone: _____ Fax: _____
SIGNATURE: _____ DATE: _____	
<input type="checkbox"/> Please return a copy of my designation.	

Don't forget to help support the Pittsburgh Council's Hostel Development Program through United Way this Fall. As for the Donor Option card to direct your gift (if any amount larger than \$24) to "American Youth Hostels, Pittsburgh Council" -- see above. Thank you for your support!

PITTSBURGH COUNCIL TRIPS FOR NOVEMBER, 1988

ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
<u>Tuesday, Nov. 1, 1988</u>					
Volleyball	All	Joel Platt	(w) 421-4446 (h) 521-5244	6:30 PM	Join Joel at Taylor Alderdice Gym, corner of Shady and Forward Ave. Beginners welcome, teaching stressed.
<u>Friday, Nov. 4</u>					
Sea Kayaking	All	Mark Mistrik	441-6330	6 PM HQ	We will be running seakayaking daytrips on Nov. weekends. No previous experience required. Sites will be announced at the meetings and will be contingent on the weather
Hiking			BYOS (bring your own steak)		
Luxury Camping					
<u>Saturday, Nov. 5</u>					
Hike	Easy	Glen Oster	(w) 234-3967 (h) 364-2864	8:00 AM HQ	Hike the Charles F. Lewis Nature area. Cal for info/reserv.
<u>Sunday, Nov. 6</u>					
Mt. Bike Inter.		Bill Johnston	731-5485	TBA	Want to mountain bike in the Laurel Ridge? Call Bill for info/details.
<u>Tuesday, Nov. 8</u>					
Volunteer/All		Joe Hoechner	242-0781		Volunteers needed to man AYH information booth at Duquesne Univ. If you can spend a few Election Day hours promoting AYH call Joe!
<u>Tuesday, Nov. 8</u>					
Volleyball/All		Joel Platt	(w) 421-4446	6:30 PM	Join Joel et al at Taylor Alderdice HS Gym. Beginners welcome.

PITTSBURGH COUNCIL TRIPS FOR NOVEMBER, 1988, CONTINUED

ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
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Thursday, Nov. 10

X-country Skiing		Fred Parker	856-4713	6:30-8:15	Join Fred at headquarters on X-country skiing followed by discussion of weather, clothing, equipment and where to ski.
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Thursday - Sunday, Nov. 10-13

Backpack/Inter.		Glen Oster	(w) 234-3967 (h) 364-2864	6 PM	Hike the Appalacian Trail in beautiful Northern Virginia ending at historic Harper's Ferry. Call for info/reserv.
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Sunday, Nov. 13

Mt. Bike/Inter.		Sam Duff	731-5485		Call Sam if you want to Mt. Bike in Settlers Cabin Park.
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Tuesday, Nov. 15

Volleyball/Inter.		Joel Platt	(w) 421-4446 (h) 521-5244	6:30 PM	Join Joel et al at Taylor Alderdice HS. Beginners welcome, teaching stressed.
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Thursday, Nov. 17

X-country skiing/All		Bill Johnston	243-1945	7-8:15	Workshop: Shaping up for X-country skiing.
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Saturday, (rain date Sun.) Nov. 19

Planting/All		Joe Hoechner	242-0781	8:30 AM HQ	Planting party at Ohiopyle Hostel! Help beautify hostel next spring by planting bulbs & perennials this Fall. Leave HQ at 830 AM, back after dinner. Call Joe if interested ASAP since the trip is limited.
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PITTSBURGH COUNCIL TRIPS FOR NOVEMBER, 1988

ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
<u>Sunday, Nov. 20</u>					
Mt. Bike/Inter.		Bill Johnston	243-1945		Call Bill if you want to join him in an exploratory grunt trip in Laurel Ridge.
<u>Tuesday, Nov. 22</u>					
Volleyball/All		Joel Platt (w)	421-4446	6:30	Meet At Taylor Alderdice HS. Beginners welcome!
		(h)	521-5244		
<u>Sunday, Nov. 27</u>					
Mt. Bike/Inter.		Bill Johnston	243-1945		Another exploratory grunt on Laurel Ridge. Call Bill for info/reserv.
<u>Thursday, Dec. 1</u>					
X-Country skiing/All		Fred Parker	856-4713	7-8 PM	Workshop: Cross country waxing and techniques.

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Blackwater Falls Getaway Weekend

January 13 - 14 - 15, 1989

Enjoy a relaxing weekend in West Virginia at the beautiful Blackwater Falls lodge overlooking the Blackwater River Gorge.

- ** Cross country skiing -- from the front door!!
- ** Downhill skiing - is available at Canaan Valley (20 minutes from the lodge by car)
- ** Bobsledding - with rope tow, near the lodge
- ** Hiking
- ** Birding
- ** Horseback riding
- ** Loafing, or just "catching up"
- ** Free movies, Saturday evening
- ** Square dancing
- ** Ice skating (outdoor, weather permitting)

Blackwater Falls lodge has: a restaurant (serving breakfast, lunch, and dinner); a large common room with a fireplace; a game room; a meeting room; and a gift shop with VCR and tape rentals; a bar/lounge.

Cross country ski trips and hiking trips are informally arranged and led by AYH members. There are usually several small groups covering various ability levels and distances, going out both Saturday and Sunday. Additionally, there is a limited amount of AYH cross country ski equipment available for rent (you must reserve equipment with the cross country chairperson).

Reservation Information

Pay in FULL for either:

- (1) One twin bed in a two (2) person room. A roommate will be assigned.

-- OR --

- (2) The WHOLE room. You select your own roommates. Please list them on the reservation form.

Prices listed below include AYH's special weekend registration and lodging costs for Friday and Saturday nights. All meals are your own responsibility.

# Rooms	# People	Type of room	Pay before Nov. 15	after Nov. 15
24	1	1 of two twin beds	54.00	64.00
	2	2 Twin beds	108.00	128.00
11	2	1 Double bed	108.00	128.00
9	3	1 Twin, 1 double bed	126.00	156.00
11	4	2 Double beds	140.00	180.00

No refunds will be given after December 13, 1988 unless the room or single can be sold to someone else. A \$5.00 processing fee will be charged for each refund.

We will be trying to provide a chartered bus from Pittsburgh to Black Water Falls. We must, however, get enough passengers to qualify for a bus. Therefore, if you are interested in reserving a place on the bus, the cost will be \$25.00. Send a SEPARATE CHECK to cover the cost of all bus reservations (this is so we may send the check back to you if we do not get the minimum number of passengers).

For additional information, please call:

Elaine or Karl Morner, (412) 521-6404

Bill Johnston, (412) 243-1945

Blackwater Falls

Reservation Form

Name: _____ AYH #: _____
Addr: _____
City: _____ State: _____ Zip: _____
Phone: (home) _____ (work) _____

You are entitled to a discount of \$3.00 for each person in the room who is an AYH member.

List persons sharing room (if applicable):

Name: _____ Phone: _____
Name: _____ Phone: _____
Name: _____ Phone: _____

PAYMENT MUST BE MADE IN FULL. NO CASH OR TELEPHONE RESERVATIONS ACCEPTED. A SEPARATE CHECK IS REQUIRED FOR THE BUS.

Please check, as appropriate:

Please reserve the following:

_____ a twin bed and roommate @ \$ _____ = _____
_____ room(s) w/ 2 single beds @ \$ _____ = _____
_____ room(s) w/ 1 double bed @ \$ _____ = _____
_____ room(s) 1 dbl & 1 sgl bed @ \$ _____ = _____
_____ room(s) w/ 2 double beds @ \$ _____ = _____
_____ DISCOUNT(S) for AYH mbrs @ -\$3.00 = - _____
TOTAL FOR LODGING: _____

_____ can supply _____ rides
_____ will need ride
_____ will supply own ride
_____ riding bus

Make check(s) payable to: **Pittsburgh Council, AYH.**

Send reservation form, check, and a self-addressed, stamped, business size envelope to:

Elaine Morner
1522 Denniston Avenue
Pittsburgh, PA 15217-1450

_____ Bus reservations @ \$25.00 = _____
TOTAL FOR BUS RESERVATIONS: _____

 **The Athlete's Foot In Shadyside**

Now offering a 15% discount to
_____ all AYH members _____
on our entire regularly priced selection
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621-2997