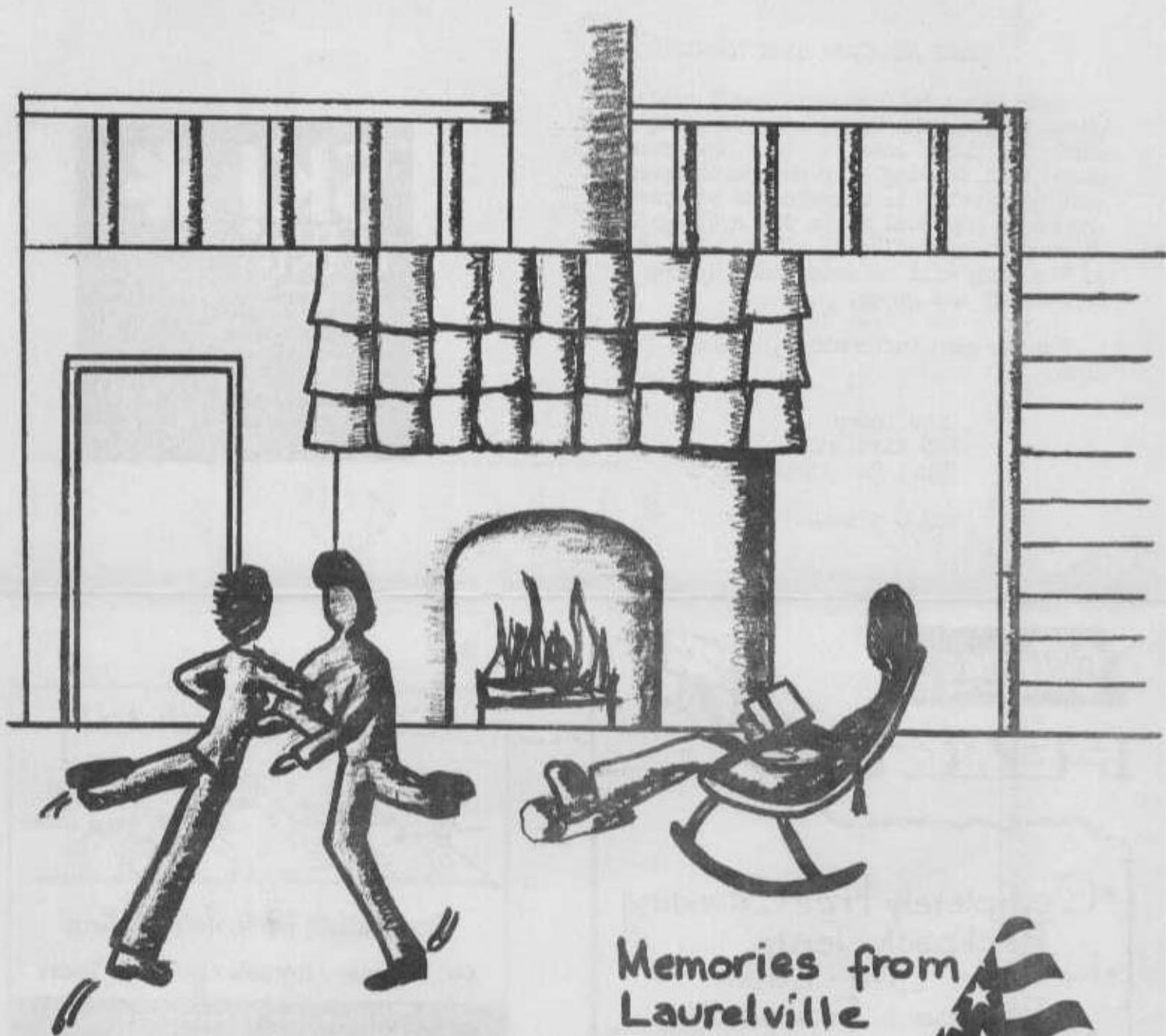


FEBRUARY '78



Memories from
Laurelville

"After the Skiing"



GOLDEN TRIANGLE

vol 29
no 2

pittsburgh council american youth hostels inc

TRANS AMERICAN BIKE TOURISTS

Mike Deroy is forming a small cycling group to tour the U.S., west to east, from early May until late August. The group will carry full touring gear and participants must have reliable bicycle and equipment and be in physical shape for cycling 50 miles per day including hills. The route of the trip will be determined by the members of the group.

For further information, contact Mike.

Mike Deroy
625 Kirtland St.
Pgh., Pa. 15208

412 - 371-6943

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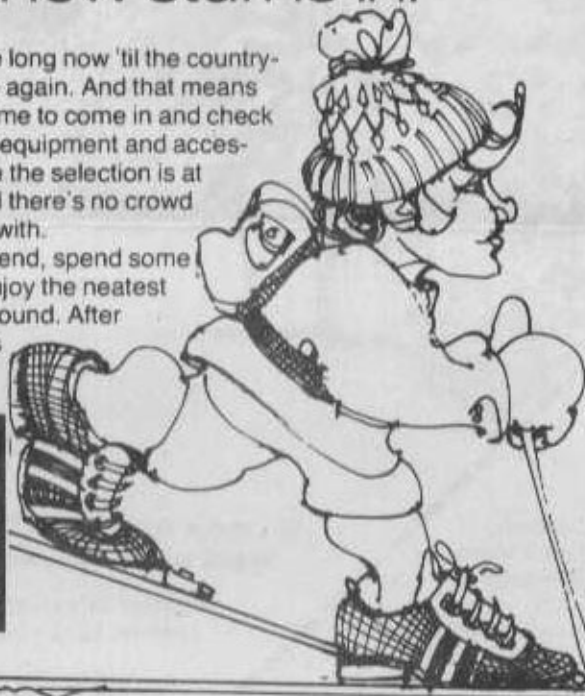
XC Skiers!

The new stuff is in!

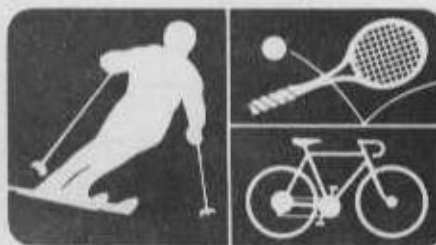
It won't be long now 'til the countryside is white again. And that means now is the time to come in and check out the new equipment and accessories, while the selection is at its best. And there's no crowd to compete with.

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day. Then make tracks
for Snowshoe!

MOUNTAIN & ROCK CLIMBING COURSE



ALLEGHENY COMMUNITY COLLEGE is offering a non-credit course on Mountaineering and Rock Climbing. Registration fee is \$18 for the twelve week course to be at Carrick High School from 6:15 to 9 PM on Wednesday. Classes start Mar. 1, 1978.

Students in this course should be prepared for an exhausting and intensive experience into the sciences that contribute to human and mountain success. No one should expect to learn to climb in any classroom, rather the course is designed to enrich and instruct. Two field trips are planned to test proficiency and to gain experience. For further information call the College at 237 2600, or the instructor, Dr. Ivan Jirak, 266 6953.

A.K. HANDBOOK of earth sports

PITTSBURGH' S AK Handbook has been expanded and revised to 338 pages. It includes techniques, maps, diagrams, clubs, equipment sources and other information about many earth sport activities.

BACKPACKING	76 pages
CAVE EXPLORING	33 pages including maps of 9 caves
ROCK CLIMBING	123 pages (The diagrams and other information is also paper back bound and available as <u>LOCAL CLIMBER'S GUIDE</u> \$2.00)
SKIING	19 pages
WATERSPORTS	46 pages
PARACHUTING	16 pages

Available at AVALANCH, MOUNTAIN TRAIL SHOP, WILDERNESS VOYAGERS, for \$4.00 paper backed. or Dr. Ivan Jirak, 205 Sheldon Ave. Pgh Pa. 15220

MEET THE ORGANIZATIONS DAY

On February 4, 1978 from 10:00 a.m. to 4:30 p.m. Carnegie Museum will host Meet the Organizations Day for groups interested in natural history and environmental awareness. Donna Di Leonardo will represent AYH, and she needs volunteers to help her set up and staff our booth in Dinosaur Hall. If you'd like to help Donna tell people about AYH, see her after an open house or call her at 422-9266.

T.O.S.R.V. 1978 IS COMING ! !

The 17th annual Tour of the Scioto River Valley will be held this year on May 13th and 14th. This 210-mile two-day ride in Southwestern Ohio is sponsored by the Columbus Council of AYH. If you have never participated in this tour, consider for a moment how it would feel to be among the 3300 cyclists who will gather at daybreak in Columbus on May 13th to ride through the beautiful Scioto River Valley to Portsmouth, Ohio and back. Imagine two days when bicyclists dominate the roads and, except for an occasional sag wagon, there is virtually no traffic. Add eight inviting food stops, a sense of accomplishment at the finish and lots of fun-filled memories.

But why think about it now? Well the applications are mailed out in February. By the end of March the 3300 places are full. So if you want to be among the riders, you must act early. For your application send a stamped, self-addressed envelope to:

T.O.S.R.V. COMMUNICATIONS

P. O. Box 23111

Columbus, Ohio 43223

AYH MEMBERSHIP RENEWAL

To join AYH or renew your membership for 1978 fill out the following application and bring or send it with a check payable to "Pittsburgh Council, AYH" to Membership, AYH, 6300 Fifth Avenue, Pittsburgh, Pa 15232.

NAME _____ PHONE _____

ADDRESS _____ OCCUPATION _____

NEW/RENEWAL _____

(zip code) _____

_____ Youth membership (under 18)	\$ 5.00
_____ Senior membership (18 and over)	\$ 11.00
_____ Family (valid in USA and Canada only)	\$ 12.00
_____ Organization membership	\$ 25.00
_____ Life membership	\$110.00
_____ Family Life membership	\$220.00

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banquet, etc)

LEADERSHIP: _____ Backpacking; _____ Bicycling; _____ Canoeing; _____ Caving;
_____ Climbing; _____ Hiking; _____ Rafting; _____ X-Country Skiing

_____ I would like my name and phone number on the AYH phone list.

LEADERSHIP TRAINING FOR PITTSBURGH COUNCIL, AYH:
ITS PROBLEMS AND PROGRESS

by Jim Roberts

PROBLEMS:

My assignment in the council is to supervise leadership development and education for the general membership. Currently, AYH offers various training sessions in canoeing, climbing, cycling, backpacking, and cross-country skiing. Map reading has been offered in the past and first aid and CPR will be offered this year. I have attended and/or taught in all of these sessions except climbing. At this time each chairperson is free to organize and run training sessions as she/he sees fit for her/his activity.

Some activities have had one chairperson for several years or have experienced a very smooth transition between chairpeople thus allowing the setting up and running of a wellorganized training program for the general membership. Other activities have not had the same continuity in leadership and the training programs in these activities has suffered severely.

Each activity, even hiking, has skills that need to be taught to the novice so the novice can progress and enjoy the activity. This teaching of skills to and acquiring of skills by the novice is very important to the council because the novice must become the future trip leader.

The activities that have had good training programs usually have had an adequate number of competent leaders. These training programs have produced new leaders each season. The activities that have suffered poor training programs usually incur a small leadership pool or rely on less than fully qualified leaders to run trips.

Current trip leader quality in this council runs from very good to very poor. Experienced members know whose trips to avoid and some leaders find 30 to 40 members trying to sign up. New members, not as knowledgeable, often stumble into a 15 hour ordeal of confusion and frustration. The responsibility for this situation falls to me and the past activities chairpeople. The current activities board wants to change this situation and develop a pool of competent leaders in each activity.

To do this two tasks must be undertaken;

1. Each activities chairperson must generate a training program (or improve the existing program) to train new members. This training should be done by a group of qualified leaders under the direction of the activities chairperson. New chairpeople should be drawn from this pool of instructors and these people should be identified early in the year to insure continuity to the trips and the training program. The training program must train new members in skills and train new leaders. New members should be encouraged to become leaders and share the responsibility for the trip program.
2. The activities council, working with each activities chairperson, must develop leadership training programs to provide new, competent leaders each year.

The leadership training program should be divided into two areas. The first area would apply to all activities and include council policies, leader responsibilities, trip reports, first aid, etc. The second area would include the skills specific to each activity. This training should follow a logical sequence, be offered several times each year, and be required of all trip leaders, even those with previous experience.

LEADERSHIP TRAINING FOR PITTSBURGH COUNCIL, AYH:
ITS PROBLEMS AND PROGRESS

PROGRESS:

By the time this is published each activities chairperson will have a letter from me asking her/him to review any existing training programs for the general membership and improve it. They will also be asked to begin making plans for the training of the general membership in their activities for 1978. If you are an experienced leader and are interested in setting up such a program, please contact the appropriate chairperson.

I have been sitting on a leadership manual for 3½ years. At the urging of Alan Barber and Fred Hull, the activities board will attempt to put together a basic leadership manual for use in May. This first draft will consist of two parts:

1. The first part will be a general part stating AYH policies, leader responsibilities, and trip procedures that apply to all council trips.
2. The second section will be specific for each separate activity.

The manual is not to be a set of hard, fast rules, but, instead, is to be a guide for new and experienced leaders to follow.

The first part, the general section of the manual, is tentatively set to be drafted at a seminar of activity board members, activity chairpersons, and INTERESTED COUNCIL MEMBERS! Interested council members need not be trip leaders to participate. It has been suggested that the seminar be conducted one Friday evening and the following Saturday.

The second part of the manual, the specific guidelines for each activity, will be written by the activities chairperson with the help of a group of interested leaders under the supervision of the activities board.

If you are interested in participating in the seminar for the general section of the manual or working on the specific section for your area of interest, contact any member of the activities board or the board of directors. Give them your name, address, and phone number along with the area in which you wish to participate.

Plans for the seminar will be finalized at the activities board meeting in February (Feb. 14) and will appear in the March Triangle. Check the March issue or the bulletin boards at H Q for further details.

Let's hope this idea works and produces something that will be useful to the council trip program and can improve the quality and quantity of the trips to be offered this year.

For the leaders that have carried the load in the past seasons, many thanks for a job that is often thanklessly done. I hope you will contribute to the manual. It is the problems you have encountered and solved that can make a leadership manual useful for new leaders.

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TRIPS AND TRAILS

The trips listed below are open to the public with the exception that AYH members are given priority when the trip is of limited size. Trip costs include 50¢ registration and insurance (\$500 medical) plus transportation costs and equipment rental. In addition to these fees, non-members are charged \$1.00 per trip; one non-member fee can be deducted from the cost of membership if the tripper joins AYH within 30 days following the trip. Call the trip leader to reserve or cancel or to get information. Please call during normal hours (6:30 - 9:30) unless otherwise noted. Make reservations as early as possible but in no case later than the Thursday before the trip.

- Sat. Feb. 4 Sleigh Ride Join Rob McEachern for a morning of XC skiing followed by an afternoon sleigh ride at Hartwood Acres. If there's no snow, the trip will consist of a morning hike followed by a wagon ride. Both sleigh and wagon are authentic, turn of the century, horse drawn vehicles. Cost \$2 - \$3. Space is limited so reserve early at 828-2635.
- Sundays Feb. 5, 12, 19, 26 Mountaineering Classes Wojie will conduct classes including Ice Wall Climbing, Ice Protection, Belaying, Self Arrest Technique and Proper use of all Mountain Equipment. This course is a prerequisite for the up coming expedition. For more information, call 322-2214.
- Wed. Feb. 8 Cross Country Ski Waxing Clinic Bring your skinny skis and join Alan Barber, Jim Roberts & Joe Hoeckner as they try to explain the waxing "Mystique." Ski in Mellon Park Highlands afterwards - Free. Starts at 7:30 P.M. Sharp. For info. call Joe @ 343-2465.
- Sat. - Sun. Feb. 11 - 12 Backpack Join Bill Skalloos on a winter backpacking trip on the Laurel Highlands Trail. Leave the hostel at 8:00 A.M. Sat. and return Sun. night. This trip will be open to all persons having some experience and equipment suitable for cold weather. Reserve with Bill at 921-5695, bet. 6 - 7 P.M.
- Sun. Feb. 19 Beginner Hike Steve Martin will lead an afternoon hike from North Park to Hartwood Acres on the Rachel Carson Trail. Leave the Hostel at 11:30 A.M. and dress for the weather. For more information call Steve at 665-0634.
- Thurs. Feb. 23 Beginners XC Ski Trip Ski in Mellon Park with rental & instruction for \$1. Reservations a must! Start at 6:30 P.M. Ski to 8:30. Call Joe Hoeckner @ 343-2465.
- Sun. Feb. 26 Beginner Hike Mike and Marta Hurwitz will lead a day hike in the Pittsburgh area. Bring a lunch and leave the hostel at 9:00 A.M. If there is lots of snow, the trip will be changed to a XC Ski Trip. For more information call Marta or Mike at 422-9204.

FEBRUARY XC SKI TRIPS

Sat.	Feb. 4	Joe Curlee	422-9672
Sun.	Feb. 5	Jim Gogots	384-9149
Sat.	Feb. 11	Cliff Ham	687-4960
Sun.	Feb. 12	Mike Deroy	371-6943
Sat.	Feb. 18	Bill Skalloos	921-5695
Sun.	Feb. 19	Joe Hoeckner	343-2465
	Feb. 19	Gordon Bugby	371-4233
Sat.	Feb. 25	Alan Barber	833-5311
Sun.	Feb. 26	Jim Roberts	271-7178

OPEN HOUSE

EVERY THURSDAY NIGHT

DOORS OPEN: 7:45

SLIDE PROGRAM 8:45

Our Thursday night OPEN HOUSE is for members as well as non-members. This is a great time to see friends and reminisce about good times, and plan trips.

If you are a visitor or prospective member, this is an ideal time to meet AYHers and discover the ART of HAVING FUN. Just walk up to someone and tell him or her you're interested in canoeing, caveing, cycling, hiking, skiing, or whatever and ask how you can get information on that activity.

OPEN HOUSE PROGRAMS FOR FEBRUARY

Feb. 2 To be announced.

Feb. 9 Chuck Ejsak and Barb Murock
Slide show of 10 day trip on
Wisconsin Bikeway and travels
through Illinois, Iowa, and
Minnesota in August 1977.

Feb. 16 Ben Bruggans. Wilderness
slides. A collection from his
many journeys.

Feb. 23 Annie Jarema will present slides
of her major adventure. As
usual, Annie's slides promise
to be fascinating.

1978 Activities Board Chairmen

Caveing: Norm Snyder 371-2371

Skiing: Alan and Mary
Barber 833-5311

Hiking: Steve Martin 665-0634

Winter

Sports: Jack Kowalski 828-2795

THE GOLDEN TRIANGLE

The Golden Triangle is a monthly publication of the Pittsburgh Council of American Youth Hostels Inc. 6300 Fifth Ave. Pittsburgh, Pa. 15232.

PHONE: 362-8181 Thursday evenings
between 7:45 and 10:30 only.

EDITOR: Dave Silverman
COVER: Lynn Gogots
ADVERTISING: Rick Caplan
PRINTING: Sue Leathen
MAILING LABELS: Don Hoecker
 & Roy Weil
PRODUCTION: Don Hoecker
and the many enthusiastic AYHers
who make production a party rather
than a chore.

DEADLINE FOR ARTICLES AND ADS FOR
MAR. ISSUE: Thursday, Feb. 2.

DEADLINE FOR TRIPS AND TRAILS FOR
MAR. ISSUE: Thursday, Feb. 9.

MARCH PRODUCTION PARTY: Thursday,
Feb. 16.

CHANGE OF ADDRESS: Please notify
Pittsburgh Council, AYH, as soon
as possible if you change your
address. Otherwise, you miss the
Triangle and AYH is charged 25¢
for every newsletter that is
returned.

1	2	3	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			DEADLINE ARTICLES & ADS		KC SKI SLEIGH RIDE	TRIPS CLIMBING CLASS
		1	2	3	4	5
		KC SKI CLIMBING	DEADLINE TRIPS & UPDATES		KC SKI BACK-PACK	TRIPS CLIMBING CLASS
6	7	8	9	10	11	12
			PRODUCTION PARTY		KC SKI	TRIPS HIRE CLIMBING CLASS
13	14	15	16	17	18	19
			KC SKI		KC SKI	TRIPS HIKE CLIMBING CLASS
20	21	22	23	24	25	26
27	28	February				

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