Hostelling, Travel and Outdoor Recreation From American Youth Hostels



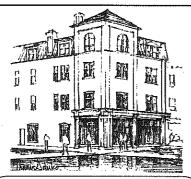
GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 48. NUMBER 9

NOVEMBER 1998



Hostelling International HOSTELLING INTERNATIONAL Pittsburgh PA

NOW OPEN

A 60 bed full service hostel in a converted bank building. Free parking, travel store, handicapped accessible!



Be Sure To Visit:

- · Andy Warhol Museum
- · Station Square
- Nearby Southside
- The Downtown Cultural District
- · Riverfront Bike Trails
- · Nearby Universities
- The Carnegie Science Center
- The Zoo & National Aviary
- Phipps Conservatory
- Historic Point State Park
- Three Rivers Stadium

HI-Pgh on the information super highway, point your browser to;



http://trfn.clpgh.org/ayh/ for the latest on activities, slide shows & local hostelling or you can email us at ayh@trfn.clpgh.org

INSIDE

Activity Chairs; Page 2
Slide Shows; Page 2
Hiking/Backpacking; Page 3
Election Results; Page 3
Trail News; Page 3 & 4
Hostel News; Page 4 & 5
Rambles / Seakayaking; Page 5
"Baffin Island"; Page6
Classifieds; Page 7
Council Travel and Book Store;
Back Cover

.....And MORE!!!

WORLD TRAVEL 101 FREE BUDGET TRAVEL WORKSHOPS

FALL/WINTER 1998-1999

Safe, inexpensive world travel is possible. Let Hostelling International show you how! We'll provide information on trip planning, necessary documents, health precautions, working along the way, all about your money and more. Presented by the experienced staff and volunteers of the Pittsburgh International Hostel.

Workshops are FREE! Second Wednesday of each month from 7 - 9 p.m.

November 11 Women Traveling Solo

<u>December 9</u> South America: Independent Travel and Teaching.

English as a Foreign Language

January 14 Around the World and Long Term Travel

<u>February 11</u> Living and Traveling in France

<u>March 11</u> Making the Most of European Rail

<u>April 8</u> Europe on a Budget

May 13 Making the Most of European Rail

All workshops will be held at:

The Pittsburgh International Hostel 830 East Warrington Ave

Pittsburgh, PA 15210

We're located above the Southside between Mt. Oliver and Mt. Washington in the Allentown neighborhood of Pittsburgh. For more information call between 8 -10 a.m. and from 5 - 10 p.m. (412) 431-1267

1999 WILDERNESS LODGE SKI WEEKENDS

We have set the dates for our Wilderness Lodge Weekends. Mark your calendars for: January 29-31, January 22-24, February 12-14. If the forecasters are correct, La Nina will blow a lot of snow our way. Look for the coupon in the December/January newsletter or call the office in December.

NEW EDITION OF PENNSYLVANIA RAIL-TRAILS BOOK

The forth edition of "Pennsylvania's Rail-Trails" has just been published and is available at the Activities Headquarters and the Council Office. It's been updated and expanded to include services along the various railtrails. The 4th edition has valuable information on 79 rail-trails with more than 700 miles to explore. The price of the new edition is \$12.95. Add tax and \$1.50 postage if ordering by mail.

Don't forget the 2nd edition of Free-Wheeling Easy, another rail-trail book covering the trails of southwestern Pennsylania in more detail than the PA Rail Trails book.

TRAILSIDE GUIDES

Also available are the Trailside Guides from the PBS show of the same name. Trailside Guides are available for cross-country skiing, snowshoeing, a parent's guide to hiking, cycling, kayaking and several others. Stop by at headquarters or the office and check them out, or call 412-431-4910.



Support our Council!

Our Hostels in Pittsburgh and Ohiopyle still need all our support. If you donate to the United Way through your job, please consider a donation to the Pittsburgh Council. All of the United Way proceeds support the hostels. Pittsburgh Council's United Way Donor number is: 436.

HOSTELLING INTERNATIONAL

PITTSBURGH COUNCIL-AYH 830 E. WARRINGTON AVE PITTSBURGH, PA 15210 NON-PROFIT US POSTAGE PAID PERMIT #127 PITTSBURGH,PA

Dated material –please deliver promptly
Change Service Requested

PASS# SPCL- 1427

AYH 19

JOEL PLATT
AYH LIBRARIAN
1632 DENNISTON AVE
PITTSBURGH PA 15217-1458



Pittsburgh Council, American Youth Hostels, Inc. Serving Western Pennsylvania & West Virginia Panhandle Since 1948, Incorporated 1955

The Golden Triangle is published monthly by the Pittsburgh Council of Hosteling International, American Youth Hostels. Contents are at the discretion of the editor. All Material within is Copyrighted by Pittsburgh Council, American Youth Hostels, Inc. All Rights Reserved

Triangle Staff

Managing Editor ... Wm. Eberle (412-310-7224)

Copy Editor ... VACANT Mailing Labels ... Roy Weil Production ... Don Hoecker Advertising ... Joe Hoechner

Council Officers

President ... Maribeth Hook (412-665-9554)

Vice President ... Marianne Kasica Secretary ... George Schmidt Treasurer ... Larry Laude

BOARD OF DIRECTORS

Kevon Copeland (01) Wm. Eberle (99) Joe Hoechner (00) Maribeth Hook (01) Marianne Kasica (01) Anabell Kinney (01) Larry Laude (01) Joel Platt (99) Marc Reisman (00) George Schmidt (00) Kevin Swenson (00) Roy Weil (99) Ray Yutzy (99)

> Office Staff Donna Byerly (431-4910)

Oopsii

If you find an error, please notify the editor. See the address for the Golden Triangle below.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels The Golden Triangle 830 Warrington Ave Pittsburgh, PA 15210

Office: (412) 431-4910

HI-Pgh on the information super highway, point your browser to; http://trfn.clpgh.org/ayh/ or you can email us at ayh@trfn.clpgh.org



PITTSBURGH COUNCIL **ACTIVITY CHAIRS**

Chairman of the Activities Committee Ray Yutzy...... 341-5682 Canoeing Paul Henry 724-347-3282 Brian McBane 724-443-9872 Cross Country Skiing Veronique Schreurs......422-0358 Cycling Wm Eberle 310-7224 Chuck Eizak ###-#### Family Activities Barbara Hanusa 441-7205 Hiking / Backpacking Veronique Schreurs......422-0358 Kayaking Ray Yutzy...... 341-5682 Midweek Rambles Marilyn Ham 687-4520 Rafting John Orndorff 741-2021 Rock Climbing Woj 322-4524 Vernon Miller 935-3434 Sailing Bob Zavos 241-0659 Sea Kayaking Fran Fleming......412-363-1221 Vickie Gotaskie......412-344-4929 Trail Systems Jim Ritchie 828-0210 Headquarters Programs Storekeeper



Steve Poprocky 721-2429

Pittsburgh Hostel Manager Holly Ridenour (412-431-1267)

OhioPyle Hostel Manager Marjorie Paqualle (412-329-4476)

NOTICE

Please note the deadlines for future issues of the **GOLDEN TRIANGLE**

HOLIDAY ISSUE All copy, Nov 5 Binding/Mailing, Dec 3

FEB/MARCH ISSUE All copy, Jan 7 Binding/Mailing, Jan 28

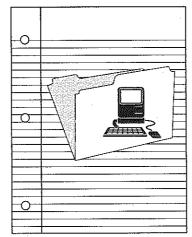
If your work is on computer, Please contact Bill Eberle on the "NET" at, wre66@CSI.COM

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 431-1267.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), {Formerly named International Youth Hostel Federation(IYHF)}, which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.



Submissions Policy: Golden Triangle

Classified Adds:

- Classified adds are free to Current members of
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be:
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- Submitted before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue. (See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

and Number 10 issue -> Dec. / January

"Lack of planning on your part, does not constitute an emergency on my part" **Please note**, the Golden Triangle frequency of publication.

Number 1 issue -> February / March: Number 2 issue -> April: Number 3 issue -> May: Number 4 issue -> June: Number 5 issue -> July: Number 6 issue -> Aug. Number 7 issue -> Sept: Number 8 issue -> Oct: Number 9 issue -> Nov:

Editor...

Upcoming Slide Shows

November 5: Halloween pizza and juice party. Bring witch or devil disguise.

November 12: Sara Zavos, "Day Hiking In The Cascades". This show features Mt. Hood,

Mt. Rainier, and Mt. Saint Helen.

November 19: We show the 16 mm film "Alaska: Story From The Top Of The World". Preser-

vation of vast and beautiful wilderness conflicts with industrial growth.

November 26: Closed for Thanksgiving holiday. December 3: Cheese and apple cider party. December 10: Frieda Hammermeister,"Antarctica".

They sail from South America, visit the Antarctic Peninsula and Palmer Station. See the birds.

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 412-683-3131.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel Ohiopyle State Park PO Box 99 Ohiopyle, PA 15470 (724) 329-4476

Living Waters AYH Hostel RD #1(1 mile west on Route 30) Schellsburgh, PA 15559 (814) 733-4212

HI-Pittsburgh Hostel 830 E. Warrington Ave Pittsburgh, PA 15210 (412) 431-1267



ELECTION RESULTS

At the October 15th annual council meeting, new officers and board members were elected. The results are:

President — maribeth Hook Vice President — Marianne kasica Treasurer - larry Laude Secretary - George Schmidt

Maribeth Hook, Marianne kasica, and larry laude were reelected to the board of directors, and two new directors were elected — Kevon Copeland, and Anabell Kinney.

Larry Laude

Hike the Baker Trail

HIKE ONE: Garver's Ferry to Kiski Junction. A Loop Hike

Distance: 4 mi.
TIME: 2 hours
Difficulty: Moderate

Comments: Great views across the Allegheny River; a good hike

for a sunny weekend afternoon.

<u>Directions to the Trailhead:</u> Take PA Route 28 to Exit 17, (Freeport/Butler). Go South on PA Route 356, cross the Freeport Bridge across the Allegheny River and, immediately on the east side of the bridge (the side opposite Freeport), turn right into the entrance drive to River Forest Golf Center. There, at the entrance, along PA Route 356, you will see pulloff areas suitable to park two or three cars, next to the cable fence. Pull your car up close to the guard rail and park.

The Hike: Walk east down the highway (away from the bridge), PA Route 356, for approximately 200 yards. On the left (north) side of the road, you will see a large "Baker Trail" sign. Cross the road and begin your hike adjacent to the sign.

The Trail ascends the bluffs overlooking Freeport across the Allegheny River. After reaching the top, the trail flattens out for a while. Be careful!! The bluffs drop 200-300 feet down to the river below, so you don't want to get too close to the edge.

Shortly, the Trail descends, steeply, down the spine of the hill on which you have been hiking, to a jungle of knotweed on the flat ground below. Two comments here:

Spines

The spine of a hill is the same as the ridge of a mountain, just that the topography is on a smaller scale. This is the "knife" along which a hill or mountain descends most gradually. Picture a roof which comes to a peak at the top. Two adjacent surfaces of the roof form a line; if the roof were a hill or mountain, we would call that line the spine or ridgeline of the mountain. Sometimes, this line is called a "hogback".

Knotweed

Knotweed or Japanese Knotweed is a nuisance plant that grows in dense patches on disturbed ground, i.e. earth that has been dug up or bulldozed around. It is an exotic (non-native) species that is characterized by a tall, segmented stalk, like sugar cane or bamboo, and large heart-shaped leaves (similar to the shape of a spade, as in the "ace of spades"). Because of the shape of the leaves, this plant is sometimes called "Elephant Ear". A survival note: in the very early spring, the tender young shoots, no more than 6 inches high, are edible and can be boiled in water, delivering a flavor similar to asparagus.

Back to the hike: There are two options once you have reached the bottom of the hill and you are standing in the middle of all this knotweed. Let's call them the explorer's option and the reasonable option.

The Explorer's Option: Once upon a time, I am told, the Baker Trail, upon reaching the bottomland, continued UP the spine of the very next ridge, on the other side of the patch of knotweed. Try it. See what happens. Ascend to the top and then back down the other side to the bottomland once again.

The Reasonable Option: The current Guide Book to the Baker Trail indicates that the hiker should, upon reaching the Knotweed, crash out into the flat open ground in the direction of the Allegheny River. Walking toward the River, probably through weeds and brush, you will encounter a dirt or cinder pathway that once was a railroad right of way. Turn right and walk toward the Kiski River Bridge.

Back together again: Regardless of the route you took, from here you will see railroad tracks and two railroad bridges: one across the Allegheny River to Freeport and the other across the Kiski River to Schenley. Be advised that BOTH railroad bridges, at this time, are CLOSED to hikers, and that there is usually someone around to enforce that closure. Railroad police can write a citation and fine you \$75 or more. So, upon reaching the tracks, do not cross them; turn around, and take the old dirt and cinder-covered railroad right-of-way back in the direction you came, heading out on the bottomland back toward the Freeport Bridge, where you started. Follow this path back to the bridge.

Go under the bridge and follow the dirt road on the other side up to the highway where you left your car. And if you meet someone hiking along the Trail, give them the secret sign of the Baker Trail!!

Ski-touring course to benefit Citiparks' Frick Environmental Center

A two-evening course on ski-touring (cross-country skiing) basics will be held on Tuesday, December 1 and Tuesday December 8 from 8 to 10 PM at Frick Environmental Center on Beechwood Boulevard two blocks south of Forbes Ave. in Squirrel Hill. The course will be conducted by members of Allegheny Group of the Sierra Club and Pittsburgh Council of AYH. The cost will be \$10/person including lecture notes. All proceeds go to support Citipark's Frick Environmental Center programs. The course will cover about everything one can learn without putting on skis, for example: where to go, trail maps, phone numbers for ski-conditions, buying and renting equipment, what to wear, temperature control, dealing with snow conditions, ice and hills. Class size is limited to 75 people. For reservations call Bruce Sundquist at 724-327-8737 (bsundquist 1@juno.com). Alecture that falls on the night of a travelers' advisory will be postponed one week.

ADOPT THE BAKER TRAIL

The Rachel Carson Trail is fully-covered by volunteers who have adopted sections of the trail for trail maintenance. The Baker Trail is about two-thirds covered, so we need about a half-dozen people who are willing to donate one weekend a year to put fresh paint on the blazes, trim away a little vegetation, and pick up the trash left along the trail. Qualifications are: you must be outdoors-minded; responsible; you show initiative, and don=t need a lot of supervision; you=re not afraid to get your hands dirty and want to make a small contribution in return for all the pleasure you've experienced on trails that someone else built for you. It's possible to do all your work in one day each year. If you are interested, call me, Jim Ritchie, 828-0210, and I will send you a map; you can check out the trail on your own; if you are still interested, call me again, and I will arrange to meet you on the trail to give you some supplies and provide about one hour of on-the-job training. Take a look at these:

Corsica to Mill Creek. Most of the work on this section has been done for this year. We need a physically capable volunteer to take it over for next year and, for this year, finish up some of the blazing along the road from Corsica to the point where the trail jumps off the road—about 1.5 miles. 90 minutes from the Highland Park Bridge.

Atwood to the Milo Weaver Shelter. This section follows dirt roads through the farm country of Indiana and Armstrong counties in the neighborhood of the Keystone Reservoir (Plum Creek Reservoir). Several Amish farms are along the way. Easy maintenance. 75 minutes from the Highland Park Bridge to Atwood.

Call Jim Ritchie, 828-0210.

HIKING/BACKPACKING/TRAILS

November 1 Sierra Club trip (not an AYH Trips)
Easy 5-mile hike in the highlands of Penn Hills. See spectacular views from Lookout Mountain. Also Halloween ghosts in the woods. Luc Berger, 412 683 3131.

November 7 Saturday Jim Ritchie 828-0210 Trail Maintainer's Holiday (like the Bugler's Holiday, Busman's Holiday, etc.—get it?). The Baker Trail is in pretty good shape. With a great year in the bag, let's go hiking on someone else's trail. Hiking only, no work. Let's go to the Laurel Highlands and do a loop hike near the old Laurel Mountain ski area. This will be an 8-mile hike; intermediate difficulty. The hike will leave at 8:00 am from AYH Headquarters. Call Jim for more information and reservations.

November 7 <u>Sierra Club trip (not an AYH Trips)</u> Hike (beginners) the first 6 miles on the Rachel Carson Trail from North Park to Hampton Nature Reserve. Hike back (intermediate) 6 miles. Barb Peterson, 412 371 2506.

November 15 Sierra Club trip (not an AYH Trips)
McConnell's Mill State Park. Hike an interesting 8 miles from Alpha Pass to Hell's Hollow. Donna Allen, 412 372 2993.

November 22 <u>Sierra Club trip (not an AYH Trips)</u> Hike a 6-mile loop near Freeport. 2 rock shelters, old man, cemetery. Ed Divers, 412 828 5154.

November 28 <u>Sierra Club trip (not an AYH Trips)</u>
Norm the Cave Man has something up his sleeve. Maybe a bat or two. He would not divulge the location of this mystery cave. Norm Snyder, 412 351 4068.

December 6 Sierra Club trip (not an AYH Trips)
Wilderness hike right on your door steps on beautiful Deer Lakes. 7-mile moderate hike on a loop trail. Judy or Don Ziegler, 412 826 0519.

June 19, 1999 Saturday Jim Ritchie 828-0210 Leo Stember 681-1385

Rachel Carson Trail Challenge. This listing is a call for volunteers. We need 25 volunteers before Thanksgiving. If we get 25 volunteers by Thanksgiving, we'll go ahead with the Challenge. If not, it will be put under wraps for yet another year. We need telephone callers, people with access to computers and with word processing and spreadsheet skills. We need someone who can build a web page. Must be willing to meet periodically. Email contacts are a plus. Tasks will be assigned immediately after New Year's Day in January 1999. Call Jim or Leo.

Foot notes Trail maintenance news

by Jim Ritchie

The coming weekend, October 24th and 25th, will be the Fall 1998 meeting of the East End Council of the North Country Trail Association (NCTA) at Moraine State Park. The East End Council represents all the local chapters of the NCTA in the states of Pennsylvania and New York. Also attending will be representatives of "affiliates", like the AYH. Affiliates are organizations maintaining trails upon which the North Country Trail has been superimposed. The NCT uses the AYH Baker Trail for about 15 miles in the Cook Forest-Allegheny National Forest area so the AYH is given a seat on the Council to help plan and coordinate the development of the NCT.

Recently, a call has been put forth to initiate a Pittsburgh Chapter of the North Country Trail. All of you who are hiking, backpacking, and otherwise trail enthusiasts will be asked to contribute your time and effort building and then maintaining the 250 miles of the NCT as it winds its way through Western PA. And if you are <u>USING</u> trails, you should answer the call and payback a little, help to <u>BUILD</u> and <u>MAINTAIN</u> those trails. You will be asked to pay one more membership fee and attend one more set of club meetings, etc., etc., etc., And...you should.

However, I would be remiss if I did not express my apprehension at the rise of the NCT and the effect of that rise on the care and keeping of the Baker and Rachel Carson Trails. Already, the number of volunteers for weekend trail maintenance has drizzled down to nearly two or three once a month. And, part of that is indeed the effect of the NCT: I can name 20 NCT enthusiasts who once helped keep up the BT and the RCT.

The North Country Trail is sleek, and new, and shiny while the AYH trails are old hat; the years have not been kind to the BT or the RCT. They've been horse-trodden, ATV-ed, rerouted, road-routed, blowdowned, washed out, brambled, and you-name-it, it's happened. A trail maintenance trip on an AYH trail is another foray into just the latest of an ongoing parade of disasters. But, such is the lot of any trail; the NCT will get its share, too, as time is unkind to us all.

I ask you, personally, to not forget your old friends, beat-up as they may be, while honoring your new friends, shiny and sleek as they may be. The Baker Trail and the Rachel Carson Trail are wonderful trails, and represent an opportunity to undertake <u>real</u> hiking or <u>real</u> backpacking on a primitive, "footpath in the woods". No frills these trails.

For your New Year's Resolution, for 1999, resolve to <u>contribute</u> one (just one) weekend helping us take care of your old friends so that others—young scouts, new hikers—can experience the peace and, yes, the <u>joy</u> of hiking and to be able to do so without driving 100, 200, 300, 400 miles to find a <u>real</u> hiking trail. And, as you support the new trail in your neighborhood, the North Country, also take that single day to support the ones that have been around for a while—they need your help too.

And, if you are one of those special people who know trails, and can vision yourself being part of the trail management, volunteer to adopt a 3-5 mile section of the Baker or Rachel Carson (412-828-0210). It hardly takes any more time than the one weekend day per year (it might take two days), and you have the pride of knowing you are responsible, on your own, for miles of trail that may be enjoyed by hundreds of others. That's a selfless reward, for caring, that's so hard to experience, it seems, these days. Join us in '99!!!

1998 HI/AYH MEMBER DISCOUNTS

HI/AYH members with valid membership cards are eligible for following discounts. Full details can be found in the FREE and just-published 1998 HI/AYH North American Hostel Handbook.

ALAMO CAR RENTAL: Various discounts. Request plan BY 19998 American Youth Hostels.

ANDY WARHOL MUSEUM: Buy one admission, get a second (of equal or lesser value) free.

MATTRESS FACTORY ART MUSEUM: \$1.00 off admission and 10% off merchandise in museum shop.

PITTSBURGH ZOO: \$1.00 off admission.
CITY BOOKS (Southside): 15% off all used books; 10% off most new books (some exceptions); 10% off all espresso bar items.

ALLEGHENY VALLEYS BICYCLE TOURS: 20% off the regularly advertised price of any bicycle tour granted to current HI members.

DANNY K'S DINER (3 blocks from hostel): 10% off final bill to all HI members. PGH INTERNATIONAL HOSTEL: \$17.00/night for dormitory accommodation.

Additional merchants will be offering discounts for 1999. Look for details here and in the 1999 North American Hostel Handbook due out at the end of the year. Thanks to the merchants who are offering discounts to our members. To HI-AYH members who live in the Pittsburgh area and to those passing through, remember these discounts are just another way to use your membership card!

MAKE YOUR RESERVATIONS AT THE PITTSBURGH INTERNATIONAL HOSTEL TODAY!

The Pittsburgh Hostel has 50 beds available. If you or someone you know would like to stay, we'd be happy to make a reservation for you. Individual HI/AYH members pay \$17.00/person/night for dormitory beds. Non-members may stay for an additional \$3.00/night.

Individuals can make a reservation for dormitory bed(s) by providing the following information:

Pittsburgh International Hostel Reservation Request Form

Reservation Name:

Date of Arrival

Morning of Departure

Nights

Female Beds

Include a check -OR
VISA/MC/Discover #

Exp. Date.

We have a 24-hour cancellation policy. You must cancel no later than 10 p.m. the night before your intended arrival date or your credit card will be billed for the first night's deposit. Government-issued photo ID required to check-in. Don't forget to bring your membership card!

Call the hostel directly for Family Rooms requests (limited availabil-

ity). A surcharge and key deposit apply to these rooms.

Signature

Special Group Rate for 10 or more people. Please request a Group Inquiry Packet.

Need more information? We can send a copy of "Everything You Need to Know About Visiting Us" to you by email, fax or "snail" mail. Please call the hostel at 431-1267. You can send the reservation form above or request a copy of "Everything You Need to Know..." by fax or email. Our fax number is 431-2625. Email to ayh@trfn.clpgh.org

It doesn't get any bigger than 1998 for the Pittsburgh International Hostel. Lots and lots of Hostel Happenings. We plan on putting Pittsburgh and the Allentown area on the map with visitors from all over the world in the first full year of business. We look forward to seeing you here, especially if you can help us out in this exciting endeavor.

Holly Ridenour, Hostel Manager, Pittsburgh International Hostel

Date

1999 Rachel Carson Trail Challenge Let's Get Started!!

Well, this is it. This is the call for volunteers to stage the 1999 Rachel Carson Trail Challenge (RCTC). If we get 25 volunteers by Thanksgiving, we'll go ahead with the Challenge. If not, it will be put under wraps for yet another year.

For those of you who don't know, the Challenge is a one-day, 34-mile endurance hike, starting at North Park and ending at Harrison Hills Park near Freeport. The Pittsburgh Council, Hostelling International-American Youth Hostels (HI-AYH) sponsors the event, held on the Saturday in June closest to the summer solstice, the longest day of the year. There will be 15 hours and 4 minutes of daylight available for hikers to complete the course, requiring a minimum pace of about 2.25 miles per hour. Hikers are self-contained and support is minimal; each person carries their own water, food and snacks, and any other gear that might be necessary on the trail: first aid, raingear, etc.

The first Rachel Carson Trail Challenge was on June 22, 1996: of 90 hikers attempting the entire 34 miles, only 5 finished—and they finished just as the last rays of the sun peeked over the horizon. The second Challenge, on June 21, 1997 had 77 hikers signed up to do the entire course, but this time there were 27 finishers!! Why the difference? There were probably three factors at work: (1) the temperature was 3 degrees cooler the 2nd year; in 1996 it reached 93%, in 1997 it only went up to 90%; (2) the course went from west to east in 1996 and reversed from east to west in 1997; (3) many of the 1997 finishers had experience in 1996 and refined their strategy for 1997.

The Rachel Carson Trail is a 34-mile long, primitive hiking trail. The trail is famous for its roller-coaster hills following the contours of Allegheny County up and down gas lines, power lines, through woods and fields, across streams, and up on the high bluffs overlooking the Allegheny River. Starting (or ending) in North Park, the Trail goes through the Hampton Nature Reserve, skirts Hartwood Acres, meanders across Indiana Township passing by Emmerling Park, up Rich Hill, down LaFever Hill, through Springdale, Frazer, Fawn, and Harrison Townships, ending in Harrison Hills County Park. Along the trail you will find brambles, nettles, Japanese knotweed or elephant ear, poison ivy, mud, dirt, dust, scree, talus, fallen trees, washed-out stream banks, devil's walking sticks, and a multitude of even more imaginative challenges.

So, it you would like to help out and be a part of the RCTC-99 team, give a call and let us know. Call Jim Ritchie at 412-828-0210 or Leo Stember at 412-681-1385. Call today or at least be sure to call before Thanksgiving.

1998 EVENTS PITTSBURGH INTERNATIONAL HOSTEL

Meet other HI/AYH members, hostel guests, and the public, see the hostel, and learn more about hostelling at the following events, either as a volunteer or participant in the activities.

During our normal hostel hours of 8 - 10 a.m. and 5 - 10 p.m. (we are closed during the day) the hostel is in the business of providing accommodation to its guests. For that reason only the lobby is accessible to non-guests during open hours and tours are not available without prior arrangement.

Tours of the hostel will be available at all events listed below.

VOLUNTEERS ARE NEEDED THIS WINTER

Volunteers are needed for all the following events. Please call the Pittsburgh International Hostel at (412) 431-1267 to let us know how you can help make the 50th year of the Pittsburgh Council a great one!

WORK PARTIES:

SATURDAYS - 10 A.M. - 2 P.M. Call Hostel Manager for dates

Clean Team will help maintain the hostel and help the hostel staff with the extras we never seem to have the time for. Bring a broom and gloves if you have them. Refreshments will be served.

ANNUAL HOLIDAY PARTY

Pittsburgh Council's Annual Holiday party will be held on December 17th. We will once again carol and/or hike around the neighborhood of Allentown (optional), decorate the hostel's tree and eat good food. It starts at 7:30, we'll supply the drinks please bring a treat to share.

Watch this space in 1998 or call the hostel at 431-1267 for more details on Hostel Events.

SEA-KAYAKING

Jan. 2 1999 Russ Tague 331-2073 Russ's New Years Paddle; Allegheny River or Non frozen alternate

NOTE

Canoes are welcome on most sea kayak trips. Check with trip leader.

AYH Sheet Sleeping Sack.... DON'T LEAVE HOME WITHOUT ONE!



Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public

health regulations.
Our nylon sleep sack
is especially light,
compact, and dries
y (handy on trips), the
sleep sack is a little

extremely quickly (handy on trips). the cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



Rachel Carson News

Rachel Carson biographer Linda Lear will speak about her new book "Lost Woods:

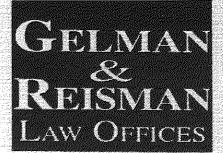
The Discovered Writing of Rachel Carson" at the Pittsburgh Post-day, November 11 1998. Event begins at 5:30 pm, tickets are \$35.

While in Pittsburgh, Lear will also speak and sign books at Borders Books and Music in Northway Mall at noon on Tuesday 11/10, and at the Hampton Community Library in Allison Park at 7 pm on 11/10

The Book, "Lost Woods" is a collection of never-before-published writings from Carson, ranging from childhood nature stories to journal notes and speeches as she fiercely defended her controversial book "Silent Spring". It is being published this month by Beacon Press.

Lear's 1997 Carson biography "Rachel Carson: Witness for Nature" has been lauded as the definitive biography of the naturalists' life.

Call 724-274-5459 or visit www.rachelcarson.org for details.



MARC S.REISMAN

1701 Law & Pinance Building
Pittsburgh, PA 15219-1503
Phone 412-288-9200
1-800-883-1-LAW
Fax 412-281-3530

MID-WEEK RAMBLES

"Rambles" are casual Wednesday outings sponsored by the Pittsburgh Council of Hostelling International - American Youth Hostels. Most take place in and around the city of Pittsburgh.

The group meets at 10 a.m. (9:30 am during the summer) in the upper parking lot of Mellon Park in Shadyside, off Shady Avenue near the intersection with Fifth Avenue. Remember to bring quarters for the parking meters.

Trips are normally three to four miles in length, at a leisurely pace. Trips are always subject to change because of weather, conflicts of schedule, and the choice of the group. We do plan to walk in all kinds of weather, so please dress appropriately.

From time to time, we will schedule lunch at a restaurant or a

brown bag lunch. These are optional.

We also try to carpool to save energy and to enjoy each other's company. For trips over 10 miles, please pay the driver \$2 per passenger.

Call the leaders listed below for information about a trip or to inform the leader that you plan to walk with the group (especially when reservations are requested or you plan to meet us at the trail head), but please call before 10 o'clock at night.

November 4 Ruth & Dick Fischer 421-9215 Homewood Cemetery. Bag lunch at Joe Levine's house.

November 11 Earl McCabe 761-1844 Uniondale Cemetery

November 18 Margaret Laske 421-0922
The labyrinth at East Liberty Presbyterian Church. <u>Call Margaret before November 11th</u> to reserve lunch in church dining room. Bag lunches are welcome.

November 25 Happy Thanksgiving.		No Ramble.	
December 2 Downtown ramble. I	886-1603		
December 9 Churchill Valley Cou	Alex Federowicz ntry Club. Bag Lunch	421-0922	
December 16 Shadyside walk. Bag	421-9215		
December 23	Merry Christmas	No Ramble	
December 30	Joan Roolf	351-2061	

Backpacking trip to Baffin Island

by: Shirley Wagoner

The following is a report of a backpackingtrip that three friends and I took to a wilderness park on Baffin Island in the Canadian Arctic—in what had been part of the Northwest Territories (although it is east of Hudson Bay) and now is part of Nunavut, the province that has recently separated from the territories. Our original reason for going—the river valley bordered by sheer cliffs, hanging glaciers and waterfalls dropping from the Penny Ice Cap beyond and the profusion of tiny arctic flowers. Most of this hike took place above the Arctic Circle, crossed on the first day of hiking.

We made this trip on our own—an outfitter is not necessary if you possess the necessary skills, equipment, and knowhow for a fairly extensive backpack, although there are a number of outfitters who may be used for such a trip.

7/19/97 To Ottawa We flew USAir from State College via Pittsburgh to Ottawa where we overnighted in a hotel near the airport. It was a refreshing change of climate from Pennsylvania's summer humidity and heat to cool temperatures in the 60's with light overcast.

7/20 To Pantnirtung Next day we left Ottawa late on an Inuit-owned First Air plane, but after stops at Montreal and Kuujjuak, we were on schedule. The weather was lightly overcast with a few views of a low, rather flat landscape, with lakes and an occasional road. When we stopped at Kuujjuak by a lake, we could see that the forest was that of taiga—black spruce, not very tall and growing rather sparsely. A dozen or so passengers got off, met by 3 or 4 outfitters, including a small plane from Inuit Air. No sunshine here, windy and quite chilly. In the airport gift shop, ivory jewelry and soapstone carvings could be purchased, none as good or as carefully displayed as those we had seen in 1990 in Iqaluit or Pantnirtung.

We crossed Ungava Bay, made our connections in Iqaluit, the capital "city" of Nunavut with all of 1400 inhabitants, and continued on to Pangnirton on a smaller First Air plane. Øn arrival, the weather was gloriously sunny and cool, breezy. A van from Ayuittiq Lodge where we were to spend the night picked us up, along with others connecting with an outfitter. The first stop was at the park headquarters in a municipal building in the center of the village. There we received a brief orientation to the park (Ayuittiq National Park and Preserve) and each paid a rather hefty fee for permission to enter. We were given the code number 36-04-97: party number 36, 4 persons, in 1997.

The four of us split up to check out the village, the museum, to watch videos of early times with the Inuit (Eskimos) and wait until we could make arrangements to get a boat to the end of the fjord where the park begins. At the lodge, supper was rather disorganized, but the food was good and our rooms were comfortable. I woke at 3:00 a.m. and couldn't sleep—it was very bright outside and a Northern Raven was trying to sing.

7/21 To Overlord Campground Next day we did get into the park, coordinating with high tide in the early evening. The tides are so high here that boats are left high and dry at low tide or else passengers must walk far out on the seabed to get to the boat. We slept the first night at Overlord campground at the head of the fjord. It was quite chilly but we slept warmly in our 20 degree bags. That night we had homemade Pesto with fresh pasta and hot chocolate.

7/22 Between Overlord and Windy Lake In the morning there were a few birds in the tidal lagoon—3 or 4 pairs of Arctic Loons and a line of mature and immature Old Squaw ducks. They did not approach our side of the bay so even with binoculars they were not easy to identify. We saw and heard American Pipits, a small bird that was quite shy. We also saw many signs of geese.

We started along the well marked trail along the south side of the Weasel River which we would follow all the way to Summit Lake in the center of the peninsula—about 20 miles in all. There were many river crossings that day, some so shallow we could cross on rocks, but most of them we had to wade, which meant changes of footwear. I wore skin diving booties which protected my feet from the icy cold of the glacial waters; the others also had sports sandals which offered more foot protection from the rocky stream bottoms. A combination of the two was obviously desirable.

We met, or were passed by, several other parties, some traveling quite fast. One woman had tried to cross a broken bridge across fairly deep and rapid water and fell in, but was rescued by her companion. Pretty scary! We had looked at the bridge, thought better of it, and crossed much lower down where the stream spread out into many channels.

We did not make the seven miles to the first campground at Windy Lake that night and camped on a sandy plain near the river. We spent some time waiting for Paul, our photographer, to do his thing—after all, if you carry 40 pounds of sophisticated camera equipment into the wilderness, you want to make use of it! This explains why we were moving so slowly—we were really loaded, compensating for him. So we did not reach Windy Lake that evening but camped on a gentle slope above the river. Had refried beans with cheese and flour tortillas for supper.

7/23 Windy Lake Campground When we did reach Windy Lake after lunch, we were exhausted. Three of us slept while Paul spent hours repairing

his focusing mechanism so he could continue photographing. Lentil (red) stew for supper was excellent. Weather windy and rainy so we stayed dry and warm in our tents.

7/24 Windy Lake Campground This morning we slept late. It was still very windy and sprinkled off and on. We didn't like to pack wet tents so we waited, hoping the weather would change. Across the Weasel River the Tumbling Glacier was creeping nearly all the way to the river from the Penny Ice Cap above it and the Schwarzenback Falls plunged down a steep precipice nearby. Dwarf Fireweed (Willow Herb?) grew all over the flats by the river. We faced two problems ahead: 1) a very difficult moraine and 2) an unbridged and substantial stream crossing. I decided that the only way I could manage the moraine was to put a lot of heavy food into my small day pack and make two trips, one with the day pack and one with my big pack. I'd worry about the stream later when we came to it. We also reduced our packs by stashing food near Overlord and again near Windy Lake. We ate the rest of the Pesto with Angel Hair spaghetti.

7/25 Windy Lake Campground With binoculars we could see the two-kilometer-high cliff of Thor from the campground and could make out a lone climber dangling on its face. A park worker came hurrying in—"four hours from Overlord!" he said. 1 met him in the hut when I was preparing Tabouli salad for the next day's lunch. He offered me a taste of his bannock bread—delicious. By this time we knew we were not going on until the next day so I hiked ahead to scope out the moraine—was it really as bad as I remembered? Yes, the narrow, sandy and steep trail up was pretty bad. No, the boulders above were not as difficult to negotiate as I thought. Had our first potato meal—tasted great.

7/26 Between Windy Lake and Thor Campgrounds We started out for the moraine and the suspension bridge across the Weasel. I carried my heavy day pack, as planned, but before I could go back for my large pack, George had brought it to the bridge for me. We all crossed the swaying bridge and stopped to examine the substantially constructed moorings at the far end. Then we continued around the hill on the other side of the Weasel—a huge moraine—and on to the plain beyond. We remembered having camped there in 1990 but now it was much too wet and muddy. We did find a dry place to eat lunch and get water, however. It was warm and sunny enough to appreciate the Tabouli salad.

"The rangers keep track of the whereabouts of any polar bears."

It was a long way across the open plain, muddy and punctuated by occasional streams and quicksand. Then we continued on the path along the curves in the river. There were several stream crossings, some that we could rockhop and some that we had to wade and do the booty thing. Finally we came to a clearing where only a few rivulets trickled down from the mountain above. Near the river was a sandy area where several campsites had been established—stone circles. in the sand We decided to camp there and push on to Thor campground the next day.

We put up our tents in a strong wind. Fortunately rocks were at hand as the stakes did not hold well in the sandy soil. I laid out my tent so my head would be higher than my feet and then realized it was crosswise to the wind. Oh well. I secured it with rocks and it held. After a spaghetti dinner we went straight to bed. Windy and chilly—I was glad I had installed "shades" on the net windows of my inner tent to keep the wind out. It was delicious to feel my feet get warm in my sleeping bag and to feel the warmth creep up my legs until I was toasty warm all over!

2/27 To Summit Lake Campground We came easily from our last camp above Thor to-more river crossings. Finally I thought I could do it myself. I found it daunting—this was the crossing we had feared. Each time I lifted a foot to move it forward, the force of the water carried my foot downstream! But, slowly, I approached the far side, and, after stepping in up to my hips, I was across.

We dried off, put our hiking boots back on, and then started up the wet hillside one at a time. Footprints, but no cairns and no path! We continued along the unmarked trail down the other side of the lichen-covered slope. We agreed that this part of the path was really hard to follow, unlike most of the trail. But it improved and we went on along the river over low hillsides and gentle rock-strewn slopes, punctuated occasionally by placid streams. Cotton Grass, Dwarf Fireweed and other tundra flowers grew on the hillsides. Some streams ran red with thick red algae in their beds.

Here the Weasel River had a great deal of ice clinging to its banks—riverine glaciers. As the terrain began to slope upward more and more, however, the river ran icefree and increasingly swiftly, dropping down from Summit Lake in three channels of rapids. The mountains lining the river banks sloped very steeply upward, piercing the sky—mostly sheer rock faces with vegetation only on the lower slopes—mosses, willows, and black lichens. At 3:20 p.m. the sun still shone brilliantly overhead, but the evening breeze was becoming chilly—time for a jacket. When we reached the campground we had Spanish Rice for dinner.

7/28-29 At Summit Lake Campground Our luck with the weather began to run out. It turned cold, foggy, breezy, with zero visibility. We hunkered down for a couple of days—reading, resting, writing, and taking occasional solitary walks. We were seeing Snow Buntings here instead of American Pipits. The adults were quite striking—black and white—and were being followed by begging fledglings, easily observed and identified. The fledglings were a mottled brown—identified mainly by their behavior and proximity to the adults. Dinner was "Easy" lentil stew.

CONTINUED ON NEXT PAGE

CONTINUED FROM PREVIOUS PAGE

7/30 Still at Summit Lake. We decided it would be warmer to hike in bad weather than to hang out in our tents so we set out for the end of Glacier Lake which is joined to the upper end of Summit Lake. A large glacier, the Highway Glacier, was clearly visible where it flowed into the far end of this lake. The sun actually shone among the clouds as we started off to solve the mystery of a lake with two outlets. We had to bootie up for the first stream on the other side of the large moraine behind the campground but the sandy crossing was easy. We continued on through several low, but very rocky, moraines. I got tired of hopping boulders and started to think about going back but the others were eager to continue. After a quick lunch, the wind came up, the sun was gone from overhead but still shone like a beacon on the glacier ahead. Precipitation was light—mixed rain and snow. The path was mostly tundra or sand following the perimeter of the lake. Rivulets flowed down the slope—mossy and bedecked with tiny flowers. We stepped across them quite easily. I picked up a white feather half buried in sand—Ptarmigan? We had seen their droppings but had neither heard nor seen any of them. Once I heard a small bird but didn't get my binocs out of my pack. Later, when I did, the faint bird sounds did not help me find the birds. We stopped again—I decided to wait there while the others pushed on. I listened, scanned my surroundings, and sat down to write.

Meanwhile the clouds were lowering, the glacier that had shone so brightly in the sun an hour before was concealed in mists closing in from behind us. I started back so as not to get chilled but left my glasses behind. After I noticed the loss I walked an extra mile or two retrieving them. We had rice pilaf this evening.

- 7/31 At Summit Lake It was snowing. We rested from the previous day's hike and planned to start down tomorrow. We had only a few days left to catch our boat back to Pang from Overlord. At refried beans and fresh salsa with corn tortillas.
- 8/1 Arrived at Thor Campground about 7:00 p.m., totally exhausted. Paul had stopped to photograph on the way as the clouds and sun alternated, offering spectacular shots. It was so windy that Becky and I slept in the shelter—no one else was camping here. We had a vegetarian meal, lentils and bulgar, for Becky's special day. In the morning the sun peeked out early from behind Thor, but the clouds soon closed in. It was still windy off and on, but not as strong as the previous evening. Rain had stopped—a good day to hike.
- 8/2 On the moraine above Windy Lake Camped for the night on the saddle of the giant moraine just this side of Windy Lake Campground. Had our second and last potato meal. It tasted very good. Vegetation was very green, scattered boulders, stained black and orange by lichens, more flat areas than one would expect. Slept well after I got warmed up. Two more days back to Overlord and the boat to Pangnirtung. We would have to push.
- 8/3 Our last camp by the river between Windy Lake and Overlord. This was an easy day along the river, saving the last river crossings for the next day. It rained and we got wet—had to set up camp in the rain. We spotted a large flock of Canada geese on the water. George cooked our couscous stash tonight and brought my supper to me so I could keep my down bag dry. Slept well and warm after eating our couscous and sauce meal.
- 8/4 Reached Overlord at 6:00 p.m. and ate our Overlord stash of spaghetti. The tide was out as we approached the end of the trail so we took a shortcut across a large section of tidal flats, getting our boots wet but not caring. George and Becky crossed through quicksand to their knees but I missed most of it. More geese seen and lots of goose sign. The tide came in soon after we had finished crossing the tidal flats and had reached the campground. Supper was spaghetti. Becky and I both slept in the shelter to save time in the morning.
- 8/5 Overlord to Pangnirtung. After waiting at least two hours for the boat (which we had hurried to meet), we had a delightful sunny boatride down the fjord with beautiful views of the head of the park and the mountains flanking the fjord. Breakfast was over at the lodge when we arrived so we went to the Pizza Hut for what they had to offer! After hot showers and clean clothes, we checked out the Arts Center, a spacious and attractive new building, used both for work and for sales. At the Visitor's Center we watched another old times video and then it was time for supper at the lodge. A carver came in with a soapstone bear which I could not resist—one more thing to carry home!
- 8/6 Spent the day in Pang, eating, resting and shopping. The weather turned very bad so our plane did not arrive and we spent an extra nightat the lodge in Pang. In the evening there was a musical performance by the town music group—young men, perhaps teenagers. They played what we called "Eskimo Rock," "Eskimo Western," "Eskimo Folk," etc. The whole town was there and the happy lively children were a delight to watch. The local powers-that-be spoke, in Inuktitut, and even sang with the group. Dynamic!
- 8/7 To Ottawa Continued rain, wind, lowering ceiling in Pantnirtung. But the plane did arrive and flew us out safely to Iqaluit where the weather was even worse—extremely windy, with rain and snow. We got we walking to a nice place for lunch, but called a taxi to check out the local visitor's center. Our flight was delayed until after 10:00 p.m. so we were treated by First Air to a dinner in a very nice restaurant. Neither taxi driver seemed to know where to find either the center or the restaurant in a town of 1400 people! In spite of the weather we did fly out quite late to Ottawa and made the rest of our connections back to Pittsburgh and State College.
- P.S. Notes on meals: Some of our meals were packaged foods from the supermarket—the refried beans and the mashed potatoes (flakes). We did not purchase any expensive dried meals. Spaghetti meals were based upon packaged sauces. They also needed tomato paste so we ordered powdered tomatoes from a local health food store rather than carry cans. This was ver y good. I made the pesto at home and started out with it frozen. We had fresh pasta for one pesto meal and Angel Hair spaghetti for the second pesto meal as both require little cooking time. We used the red lentils rather than green for the same reason. Rice pilaf used instant rice and was from a recipe in Trailside Gourmet from Backpacker Magazine. Couscous requires almost no cooking and can be flavored in many different ways, also flaked potatoes can be combined with various dried soups for flavor. We packed the ingredients together at home for each recipe and took extra dried veggies to use as desired. We didn't bring any of them home! References we used besides Trailside Gourmet were: AYH Outdoor Food Book from the Pittsburgh Council of American Youth Hostels, Simple Foods for the Pack from the Sierra Club, Trailside's Trail Food from Rodale Press, and The Lightweight Gourmet from McGraw-Hill.

If you go The "window" for any hiking or climbinb trip there is brief—you must wait until the ice goes out of the fjord about the second week of July and fall/winter begins about August 10. Temperatures on our 1990 trip ranged from 35 degrees at night to the mid 70's. on the warmest day. The temperature seemed a little lower on this trip but we didn't have a thermometer so I can't document it. We wore long underwear nearly all the time and kept a warm jacket handy. A wind/rain jacket, hat, pack cover, and water-resistant pants were also essential. We were never cold while we were hiking, but I sometimes got cold in camp, especially if the wind was blowing, as it often did. My tent was a too-well ventilated three season tent which I had adapted to keep out some of the wind. My friends were warmer in a four season tent which could be either closed tight or opened up for ventilation. Small shelters were available in the campgrounds and we cooked in them when the weather was inclement; sometimes we slept in them. We were also able to store bags at the lodge that we didn't need while hiking.

While the trail did ascend the river valley, altitude was never an issue and the only steep places were at moraine crossings. Rocks abounded, in all sizes, from sand to boulders.

The rangers keep track of the whereabouts of any polar bears. In any case they are usually found elsewhere along the coast rather than inland. Radio transmitters are provided in the shelters in case of emergency and for return arrangements. The locals are friendly and helpful; keep in mind, if you go, that assisting tourists in the brief summer season may be a main source of cash income for some of them, such as boat owners, and be prepared to tip.

For information, phone Auyuittuq National Park Reserve, (819) 473-8828.

CLASSITIED

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels. Noncommercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

OR SALE: Thule car roof rack system. Rain gutter mounting feet w/locks; 50" cross bars; two upright (front wheel on) bike racks; four vertical ski holders. Exc. condition. \$150 for everything. Call mike at 412-268-8830 (day) or mkb@cs.cmu.edu 7/98

OR SALE: PUR Pioneer Water FilterSmall, light weight, and easy to operate. Used only once. Best Offer. Call Don at 412-824-3534 7/98

or sale: Sailboat. Ameri can classic O'Day Widgeon 15 ft daysailer w/ trailer and 2 sails. Blue/white in good condition. Will deliver. \$975 or best offer. Call 800-813-6336.

or Sale: North Face Back Magic, external frame backpack; flexhip joints, heavy duty, large capacity. Will deliver. \$75.00 obo. Call 304-233-5960.

or Sale: Tent - Sierra De signs "Clip-Flashlight", 2 person, superlightweight, footprint, extra pole, excellent condition, \$125. Sleeping Bag - North Face Littlefoot, Polyester, child/small adult, 20 degrees, excellent condition, \$60. Call 724-337-1366.

Editor, The Golden Triangle 830 Warrington AVE. Pittsburgh, PA 15210



REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 830 Warrinton AVE., Pittsburgh PA 15210

HI-AYH Travel Store & Membership Application

Outdoor Recreation Books Allegheny National Forest Hiking Guide describe

Allegheny National Forest Hiking Guide describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) \$8.00

AYH Outdoor Food Book contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and illustrations. 1st Edition (1981)\$3.00

Fifty Hikes in Western Pennsylvania by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. Fifty Hikes contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. 2nd Edition (1992)...........\$14.95

How to S**t in the Woods is an amusing but informative answer to an age-old question. Valuable for trippers, trip leaders, and the curious. Paperback. 78 pages (2nd ed.1995) .. \$6.95

For Fastest Service! Visit The AYH Travel Store!

Pittsburgh Council, AYH 830 E Warrington Ave, Pittsburgh 15210 Or Call (412) 431-4910 For an Agency Near You!

Unit Price Total Price

~ 3			Chit I Hee	TOMETIC
			7	
				<u></u>
		Merchandis	e Subtotal	
		Merchandis	e Postage	
		Merchandis	e Tax	
		Donation to	AYH	
Qty	AYH Membe	ership	Unit Price	
	(Type:)		
	Eurail Passes	3		
2024				
			Total	

Travel Books (10% discount for members)

International Hostel Handbooks A complete listing of the Hostelling International Youth

Hostels with descriptions , prices , addresses , and phone numbers

Volume I Europe and the Mediterranean \$10.95

Volume II Asia , Africa , Americas , Pacific \$10.95

Let's Go (The famous series of books for the budget traveler -published by Harvard Student Agencies)

Let's Go Europe \$19.99 (members ... \$17.99)

Let's Go USA \$17.99 (members ... \$16.19)

Let's Go Britain and Ireland \$17.99 (members ... \$16.19)

Let's Go Germany \$17.99 (members ... \$16.19)

Let's Go France \$18.99 (members ... \$17.09)

Lonely Planet (An alternative to the Let's Go Books. Highly Recommended.)

Western Europe on a Shoestring \$24.95 (members ... \$22.50)

Mediterranean Europe on a Shoestring \$24.95 (members ... \$22.50)

Central Europe on a Shoestring \$21.95 (members ... \$19.75)

Eastern Europe on a Shoestring \$24.95 (members ... \$22.50)

Australia Travel Survival Kit \$24.95 (members ... \$22.50)

France Travel Survival Kit \$21.95 (members ... \$22.50)

Ireland Travel Survival Kit \$19.95 (members ... \$17.95)

Hostel Stamp Book Use to record your hostel Visits \$0.50

Student/Teacher ID Cards
Student ID Card (1998) \$20.00

TeacherID Card (1998) \$20.00

Universal student ID issued by CIEE. Good for worldwide student discounts. Send 1-1/8 x 1-3/8

photo, name of your country of citizenship and proof that you're a student. Or ask for a free brochure.

HI-AYH Memberships (No Tax on Memberships)

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass. Provides access to 6,000 Hostelling International hostels around the world. Includes **free** handbook of North American hostels upon request (see below) and 12 month subscription to Pittsburgh Council newsletter.

 Adult(18-54)
 \$25.00

 Adult Renewal
 \$20.00

 Youth (17 and under)
 \$10.00

 Senior(over 54)
 \$15.00

 Family
 \$35.00

 Family Renewal
 \$25.00

 Life (all ages)
 \$25.00

 Non-Profit Org. (Request application)
 FREE

Eurail Passes / Europass / Britrail Passes

The economic solution to rail travel in Europe. Eurail passes are valid throughout all Europe except Britain. For Britain, buy Britrail or BritFrance passes. Available only in the U.S. The more popular passes are described below. Ask for a free brochure on other Eurail and Single Country passes. **Credit cards accepted.** Youth is defined as under 26 years of age.

Ordering / HI-AYH Hostel Membership Application

Include 10% for postage (\$1.50 minimum). Pennsylvania residents must also include 7% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Discover, MasterCard, and Visa accepted. Please allow two weeks for delivery of mail orders. Priority or Overnight shipping is available; call for information

is available; call for information

Mail to: AYH

Signature

830 E Warrington Avenue Pittsburgh, PA 15210

Date

Name:	•		
Address:		*	
Phone:			
	(day)	(eve)	
Birthdate:	· · · · · · · · · · · · · · · · · · ·	Sex (M/F):	
For hostellers:	I need my he	ostel pass by:	
		nerican Hostel Directory	

[] MasterCard [] Visa [] Discover

Credit Card Number ______ Expiration Date

Credit Card Orders may be faxed to 412-431-2625 for faster service

AYH Weekly Open House

Merchandise

Qty

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips: Hostel Passes, guide books and more available:

Council Office and Travel Store

The Pittsburgh Council Travel Store is open Mon. 10 to 4, Wed. 11 to 6 and Fri. from 10 to 4. Hours are subject to change, so it's a good idea to call the office at 412-431-4910 before coming in. We're in the Pittsburgh Hostel at 830 E Warrington Avenue in Allentown. All passes, ID cards, rail passes, and books are available.