

AYTH

golden triangle

Ch. 1-0382

6300 Fifth Ave., Pittsburgh 32, Penna.

1957

SEPTEMBER - OCTOBER

Vol. III, No. 3

Juggler's Journey

One of the longest trips taken by a Pittsburgh A.Y.H'er this year----or any other year for that matter---was taken by Stu Reynolds this summer. A member of a U.S.O. sponsored troupe of entertainers, Stu spent six weeks in the Far East, juggling about 7 minutes a day (or so) in payment for the Pacific tour.

The rest of the show consisted of 12 undergraduate students from Cornell Univ., members of a triple Quartet, (singers that is) a fabulous banjo player, who is also the Mayor of Harrison, N.Y. and also a calypso duo, a guitar and a bass fiddle player. The bass fiddle almost didn't survive the trip on 7 different occasions ---twice lost and 5 times broken.

Travel was mostly all by Military Air Transport, except for a 500-mile ride on a Japanese train from Tokyo to Mesawa in Northern Japan, first class sleeper, yet. The trains were wonderful; as good as any in the States though the berths were not quite large enough for 6-foot type folks.

All the flying in the Far East (Japan, Korea and Okinawa) was in a C-124 Globemaster. The plane can carry two or three Sherman tanks or 200 fully-equipped soldiers; it looks like a barn inside with so-called bucket seats which are more comfortable if you sit on the floor.

(cont'd. on Page 3.)

September 26
PITTSBURGH COUNCIL'S ANNUAL ELECTION

Vote!

The idea of compulsory voting is not new. It has been tried off and on, by some 20 countries. The two that enforce it most zealously--by levying fines on nonvoters --are Belgium and Australia. They show fantastic results, arithmetically speaking: 95 per cent in recent elections.

You won't be fined if you don't vote on September 26. But you will pass up the opportunity of participating individually in the democratic administration of this Council.

High-sounding phrases, and what are they to you?

Well, what if you were crazy about that noisy, Italian finger game.....but the nominee for program chairman was crazy about Crocheting Contests? You might be stuck for a year with doily demonstrations at the Openhouse meetings! Unless you elected somebody who scheduled La Mora matches once in awhile.

VOTE!

VOTE!

Openhouse 8:30 P.M.
every Thursday at Headquarters,
Fifth and Shady Avenues

HAVE YOU SEEN OUR LISTING IN THE
NEW TELEPHONE DIRECTORY?



SINCERE APPLAUSE.....

goes to the Activities Board members who served the Council in 1956-57:

Stu Reynolds	President
Ralph Ludington	(V. President
	(Membership
Mount Fitzpatrick	(Treasurer
	(Canoe Ch.
Peggy Raskauskas	Secretary
Gloria Fisher	Trips & Trails
Don Woodland	Hostel Devel.
Fran Czapiewski	Pub. Relations
Diane Dimon	Program
Ken Dishart	Cyclecrafts

Liz Saffer)	Corres. Secretary
Eileen Hagan	
Chas. Richardson	Ext. Trips
George Hughes	Baker Trail
Dave Fleischer	H.Q. Maint
Phyllis Wetherby	Speakers B.

Betty Bierer)
Gloria Fisher) Board of Directors

Your vote on September 26 will determine whether we will enjoy the same high-type leadership in 1958.

NINTH PITTSBURGH

All COLOR EXHIBIT

Slides
Projected

Arts & Crafts Center
8:30 P.M. September 15&22

Prints Exhibited

Arts & Crafts Oct. 5-21

AROUND NEW ENGLAND IN FORTY DAYS

by Hugh Gilmore

We were crossing the border to re-enter the United States from Canada, and the customs official fired this question at us:

"Are you bringing anything into the country that you intend to sell?" Immediately, one of the girls laughed, "Yes, my bike!"

This little dialogue was merely in jest, for after a six-week tour through New England and Canada, we regarded our bikes the way a cowboy is believed to regard his horse.

Leading a National AYH trip is a fulltime job, a 24-hour session of baby-sitting in some instances...but in the final analysis was most rewarding. We did exciting things, saw never-to-be-forgotten places and met some wonderful people. A mere listing lacks the magic of a summer's adventure but perhaps may give a hint of it all.

We squaredanced in a small Vermont town one Saturday night, climbed a mountain in New Hampshire, ocean-bathed at York, Maine, and toured the old city of Quebec on a planned walking tour. We visited a marble works, an organ factory, a maple sugar factory and an art exhibit by famed artists in Gloucester.

We ate fried chicken on a town square, boiled clams at Ipswich, a complete French dinner at L'Auberge near the Chateau Frontenac, and heaps of seafood at Durgan Park in Boston.

We were charmed with Shelburne's Museum of twenty-one buildings, Salem's House of Seven Gables, Montreal's Wax Museum, New Hampshire's Polar Cave and "Old Man of the Mountains"...countless old graveyards, covered bridges, churches with white steeples, elms and birches and antique shops.

The people were the greatest. And if we learned nothing else, one thing remains, most folks are fundamentally good and eager to help one another. It sometimes takes a hostelling trip to rediscover it.



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PLAYING "TURNABOUT" National AYH invited hostalers from Europe to take a 4-week tour of the U.S.A.

A planload accepted; landed in New York early in July; divided up into groups of eight, each with an American leader. Pittsburgh Council arranged for housing for 9 of these groups (78 people in all) who would drop in over a two-week period.

Frieda Hammermeister agreed to act as phone information center and director of traffic and Phyllis Wetherby collected sight-seeing information. John and Ramona Matthews loaned the barn of their recently-acquired farm sleeping two of the groups. Through the efforts of Dave Fleischer & John Behun, the U. of Pgh. agreed to let the male trippers stay at Grad. House. The women presented more of a problem but accommodations were finally found at the Marlboro House and at Betty Bierer's apartment....We braced for the invasion.

It came in waves, sometimes from the north and sometimes from the south. Most of them gratefully accepted our hospitality; one group got lost; and several chose to make their own arrangements.

We found that Swiss hostalers have the same problems we do. They spend a lot of time in waiting. There were those who couldn't stand the food; and those who had a good time in spite of everything. They told us (the ones who'd cycled from Zurich to Interlochen over Bruning Pass last year) that such a trip is impossible and that no Swiss in his right mind will attempt it. Another boy announced that now he had arrived at the advanced age of 30 (!) he was about to retire from hosteling....Well, maybe there are some differences between American and Swiss hostalers.

Now that we have survived one tour, we will be prepared for the next. We will be looking forward to future "invasions."
---Ralph Ludington

JUGGLER'S JOURNEY---(cont'd. from Page 1)

The show was well received at all the military bases the troupe visited. It was about an hour long, and in some places was sandwiched in-between movies. At each major location the troupe had a day off for shopping and sightseeing. Stu says he managed to get lots of Oriental dust gatherers and gimmicks, and also 4 rolls (36 each) of color slides which we may see some Thursday night.

Stu was very grateful indeed for the opportunity to go on this trip and hopes it will be possible to see the rest of the world the same way.

BEFORE THE SNOW FLIES

Your latest trip may have featured a ducking in the Youghiogheny and you were glad it was August, not March. Yet, it's really not too early to start thinking about SKIING. If you wait till the first snow flies you may find yourself sitting out the first half of the season waiting for equipment. Do you need a new parka? Do your ski pants have a big rip in an embarrassing position? Do your skis have a little crack that may be a big crack after the first downhill run? If so, act now! Look over your equipment. The few minutes you take ~~now~~ insure an extra month of skiing enjoyment.

COLUMBUS

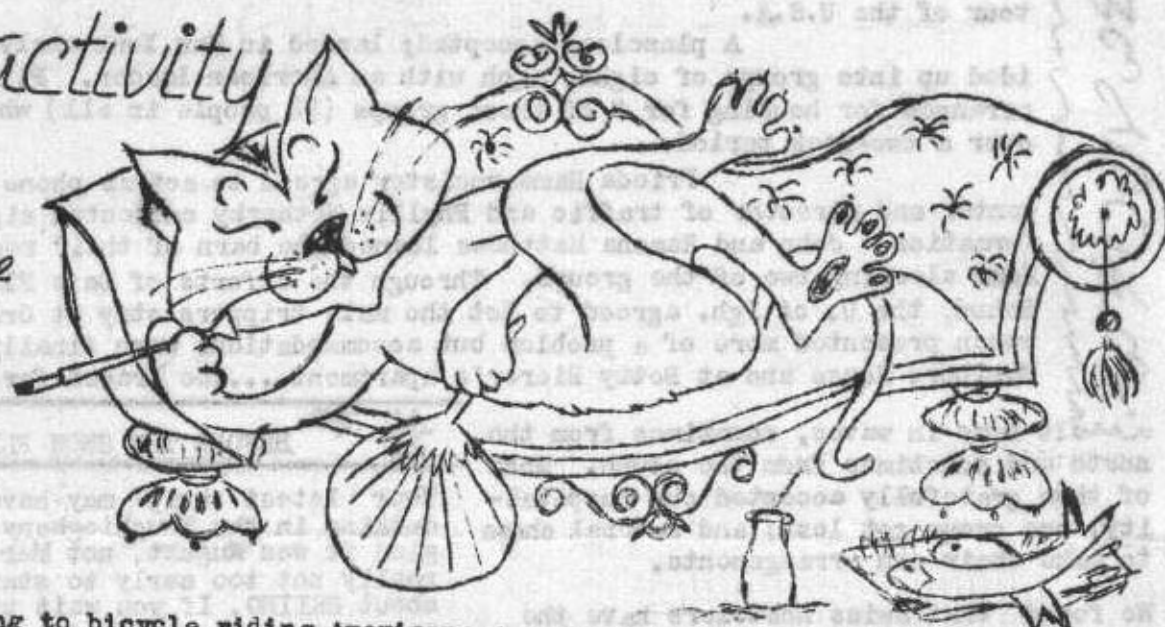


had nothing on new pass buyers with new worlds of fun and adventure to explore:

- Glenn E. Black
- Mrs. Jean H. Black
- Peggy Raskauskas
- The A. L. Pranses
- Janet Rouff
- Betty Jane Kirkpatrick
- Williams, Walt and Betty
- Jonathan and Peter Rice
- Wm. St. Clair Childs
- Senior Scout Troop #22
- Chas. Richardson
- Roger Foster, Jr. Stu
- Robert Manley
- David Wright Reynolds
- Jack Paskind
- Robert Ham Joel Wise
- Larry Cohen
- Nancy Evans
- Phyllis Wetherby
- Ben Bores
- Victor Sorokin
- Patricia Mane
- Joel Colker
- Frederick Cooper
- Glenn Manocher
- Richard Friday
- Don Woodland
- Marguerite Harcourt

Inactivity

can
cause
rot



But by taking to bicycle riding Americans can overcome their phlegmatic, soft habits," says rugged Shane McCarthy, executive director of the President's Youth Fitness Council. To encourage cycling and to combat the effects of conveniences that have "turned the mid-Twentieth Century into a period of human corrosion," he says Americans should:

Close off main streets and parks to auto traffic and permit only walking, roller skating and cycling. Reserve one lane of some other streets for cyclists.

Designate secondary roads, drained by superhighways, as "human highways for cycling."

Slope sidewalks down to street level at corners so cyclists can ride without getting a "bump."

Build bicycle paths along the new network of superhighways. "We spend billions for highways and nothing for human beings."

Rope off shopping center parking lots and certain residential sidewalks for cycling in the evening.

Build bicycle tracks around football fields, baseball diamonds and playgrounds.

International News Notes

AUSTRIA - The Youth Hostel at Ternitz, Lower Austria, is occupied by Hungarian refugees and cannot be used for hostel traffic until further notice; This is the only Austrian hostel still so occupied.

EGYPT - The Egyptian Youth Hostel Assoc. is organizing a course for wardens (houseparents) at Luxor Youth Hostel from December 19 to 29. Lectures will be in Arabic but there will be discussion groups in other languages, sightseeing trips to temples and tombs in the district, an excursion by Nile steamer, fireworks and other diversions.

NEW ZEALAND - Extract from the new hostel handbook dealing with Motuopa hostel in the wild south: "the gate should be kept locked to keep out wild horses."

Ramblings

Gloria Fisher enjoys New England so much. She went to Cape Cod after her AYH trip to Vermont (preferring bicycle to auto) took drawing materials along, but was busy sightseeing to do any sketching.

Jean Ewing and Lois Ann Wagner spent a wonderful week at Chautauqua--water skiing & swimming. How nice to have a neighbor with a speed boat.

Rajja Hajar is going to the West Coast via a dealer's new car....An inexpensive way of seeing the country, but how are you getting back, Rajja?

Abbie Mudie, Frieda Hammermeister, Grace Kriner, and Lanie Wilson spent a week on the beach at Nag's Head, N. C., stopping over in Washington, D.C. to pick up Joan Walczak. Watch for those mosquitoes?

Mount Fitzpatrick's still waiting for a can of pineapple juice from Nancy Evans in Hawaii. Meanwhile, he is vacationing at home. (Playin' field, N. J.)

About the last time we saw Millie Mogura she was sitting on Betty Bierer's steps eating stuffed cabbage. Maybe we'll find her on Tech campus this fall at evening school.

Betty Beck is now stenographing at the Bechtel Corp. in San Francisco....undecided about whether to remain there or go back to skiing at Sun Valley. Decisions, decisions.

AYH trips can be very educational. For instance, do you know how to fix a hole in a canoe? You simply get a shingle nail and cut the top off (by bite force, practically) stick it through the rivet hole and pour liquid metal all around. Simple, isn't it? But, Ralph, are you sure the canoe doesn't leak? Incidentally that was Ludington's first canoe trip in twenty years. We're glad to say he's still with us.

Although the small silver canoe has gone back to the Lesnicks in Chicago there are two other privately-owned craft still around, Victor Sorokin and Bob Harm's. (Myer Menes has a self-built, no-class sailboat.)

A picture story of Martha Montag's summer cycling trips may appear in the U.S. Steel Magazine.

Now that John Behun has completed his doctorate work at Pitt he will leave town for a job with Wyandotte Chem. Co., located near Detroit.

---by Ruth Stacklin

***** FOR SALE *****

Mimeograph Machine---lots of life left in Secretary's old helper. Ideal for church groups, clubs, Scouts, Teachers (for test papers) political campaigners. No reasonable offer refused. Purchase price includes expert instruction. Call Pe.1-7798 Mount Fitzpatrick for more information.

Rental Bikes---Used for only one season, to be sold at cost price around the end of October. Wonderful value; reserve one now, limited quantity. Mu.1-5455, K.Dishart

***** MAIL HELP WANTED *****

Also program, trip plan, Baker Trail, etc. help wanted...by new 1957-58 Activities Board chairmen (whoever they will be) No experience necessary. Apply in person.

***** SHARE A TRIP *****

Shenandoah Valley in October. Hiking the Appalachian Trail at a Photographer's pace staying overnight in lean-to shelters for a week. Call Shu Koo Kao, Mu. 1-5455 if this appeals to you.





During the war Fred R. Lanoue, swimming instructor at Georgia Tech, developed a technique of water survival which he taught to naval trainees. It has now been adopted by the Naval Training School at Bainbridge, Maryland.

The simple technique, which can be easily mastered by non-swimmers as well as swimmers, has already proved amazingly successful. Here is how it works:

1. Take a lung full of air and let your body slide beneath the surface, completely relaxed. You'll come back to the surface floating, as shown in the drawing below.
2. Bring your arms---and a leg, too, if you wish---forward slowly and easily to position #2. Don't hurry; be lazy.
3. Give a slow, easy downward push with the arms and legs. At the same time, raise your head just high enough to let your nose and mouth out of the water. Keep your shoulders under; stay as low in the water as possible. With a little practice you can easily learn to start letting your breath out through your nose on the way up. As your head comes above the surface, a slightly stronger push with your hands will hold it there long enough to inhale slowly through your mouth. Take your time inhaling; don't gulp.
4. Hold your breath. Relax, and let your body slide back beneath the surface. As your body slides back down, let the natural resistance of the water raise your arms effortlessly into position for the next push.



5. Within a second or two, your body will stop sinking and start rising again toward the surface. With very little practice you can learn to time the next stroke to coincide with-and take advantage of-this natural upward motion. It may be more restful, however, to float a moment or two face down in the water before taking another breath. Try both methods and see which you prefer.

The next time you go in the water, try this method and see how easily it works. Then, practice until you have the technique down pat. If you don't know how to swim, practice where the water is not over your head.

PITTSBURGH COUNCIL

....American Youth Hostels, Incorporated
6300 Fifth Avenue
Pittsburgh 32, Penna. Ch. 1-0382

TRIPS
scheduled for
*September
October*

Saturday,
September 7.

SPAGHETTI DINNER after CLEAN-UP PARTY....for painters, scrubbers, whitewashers, sweepers, windowpane replacers, all who help get our old house in shape for the winter

Bring your talents, your tools and your lunches. Between 10:30 A.M. till 5:00 P.M. we'll transform the H.W. building into a thing of beauty. Reserve with Gloria by Thursday September 5, for dinner. Phone No.-Export 132-R-2 or Don Woodland on Ha. 1-1764

Sept. 16

CYCLE TRIP to

Bushy Run Battlefield--Practiced cyclists should do this 50-mile round trip to the historic battlefield and park without any difficulty. Bring lunch, 15¢

WHY DON'T WE HAVE A HAYRIDE?

Sept. 14-16 GYPSY WEEKEND OF FOLK AND SQUARE DANCING at the YWCA Camp, Carondawanna. Meals are to be supervised by Henry Lash an expert in the cooking of nationality dinners. Saturday Dinner, Dance Party and snack - \$4.25. Entire weekend, \$15.00 Deposit required.

Sept. 28

OVER THE

RIVER AND THRU THE WOODS TO THE MATTHEWS' FARM we go...hiking the delightful area above Bridgeville with campfire and songfest afterwards. Bring lunch and messkit, meet at H.Q. at 10:00. Cost, \$1.20

Sept. 21 - CANOEING - We haven't been on the Connoquenessing this season. some rain so this trip can go. Cost: about \$2.50

Let's hope for

October 6. - PHOTOGRAPHER'S PARADISE...Join in the colorful Autumn tramp through the woodlands near Idaho on the Baker Trail. (one of the more unspoiled and prettier sectors.) If you're not a camera fiend, come anyhow - somebody has to pose under the apple trees and barbed wire. Reserve, Fran Czapiewski, Ma. 1-3970. Bring lunch and messkit for campfire supper. Cost: approx. \$2.50. Leave H.Q. 8:00 A.M.

Annual Election --- September 26

October 13 - LAST CYCLE TRIP

of the season. Taking

bike trailers, we'll start near Evans City

and do

October 19-20 -

BLUE KNOB STATE PARK - Bring all your friends (they can buy an introductory pass for 50¢) to hike the glorious country in the Allegheny Mountains - Stay overnight in Caledonia.- Reserve with Fred Freuthal, Ja. 1-5150.

the back road in that vicinity.

Leader: Jack Paskind

Oct. 27 - INVESTIGATE THE SECRETS OF "SPOOK HILL" in the haunting season! An easy 10-mile hike thru mysterious woodland. Meet at H.W. at 9:30 A.M. LST. with lunch and messkit and about \$2.20 for campfire supper of Goblin Soup with Ghost Dumplings - Export 132-R-2

COMING!

November 10

ANNUAL DULANY'S DAVE CRAWL-with topside hike for claustrophobes. Cost of \$2.10

includes

snack

WHY

DON'T

WE.....

Buy another canoe?

WHY DON'T WE.....
GO BACK TO CORNWELL CAVE?

MEMBERSHIP
IN THE
AMERICAN YOUTH HOSTEL
ASSOCIATION
IS AN
ESSENTIAL QUALIFICATION
FOR THE USE
OF THE HOSTEL FACILITIES
BY
INDIVIDUALS.

Cards of membership
are issued
annually,
and are valid
for one year
from date of issue.

Membership cards
are non-transferable
and must be signed
by members
before use.

The membership card
remains the property of
the Association
which reserves
the right to
refuse or
terminate membership.

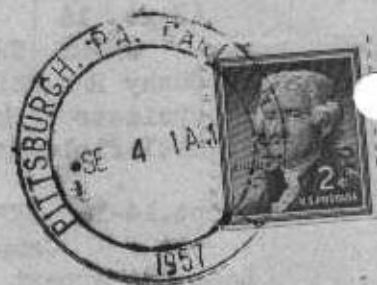
The A.Y.H. HANDBOOK
is included in the cost
of membership.

SUBSCRIPTION RATES ARE:
Adult, over 21 \$5.00
Youth, under 18 \$3.00
Sr. Youth, 18-21 4.00
Family 7.00

PITTSBURGH COUNCIL
american youth hostels, inc.
6300 Fifth Avenue
Pittsburgh 32, Pa.
Ch.1-0382

Betty Bierer
326 W. Neville St.
Pittsburgh 13, Pa.

Form 3547 requested



NOTE: ATTACHING A MEMOGRAM ENTITLES YOU TO A REDUCTION OF \$1.00 ON THE COST OF PASS.
() Youth Pass () Senior Youth Pass () Adult Pass () Family Pass children
Hostel pass checked below:
Enclosed is \$_____ in cash, check or money order to cover the cost of the Youth
Have not held a pass before. Year _____ Date of birth if under 21 _____
I have _____
City _____ Zone _____ County _____ State _____
Mailing address _____
Mrs. _____
Mr. _____