



golden
triangle

ayh

pittsburgh council, american youth hostel, inc.

Volume 20 Number 4 April 1969

Banquet '69'



108 people heard Gretch Jacob and company sing strains of "Monongahela Gail"



Saw the turtle of John Rich ---



talked to Lisette Mangus



danced to the Melody Mixers



admired Henry Pollak in a sport coat ---



and saw Ann Fisher at the specialty of the Charleston.

Congradulated Bob Fewkes and Bruce Sundquist on their winners in the Photo Contest ---

For our next Thursday White Water meeting, April 24, we will have as a guest, Mr. Herman, the Safety Director Supervisor of the Bell Telephone Co., & Annie, a manequin for mouth-to-mouth resuscitation practice. Mr. Herman will show a 20min. film, "The Breath of Life" and then will teach each of us artificial respiration with Annie. Although this technique will be most valuable to our canoeists, it is an easy and basic life saving skill we all should have. Come and learn!

PADDLE

POWER

by Don Hamilton

April showers bring our best white water and we have trips galore to take advantage of it: Yough, Cheat, Castleman, Loyalhanna and more. Most important to AYH canoeing is our first Intermediate Canoe School, April 19. Too many of our canoeists get stuck at the easy W.W. level & can't make the transition to the more exciting rivers and to leading their own trips. On April 19, the three H's (not the former V. P. but Hamilton, Hull and Hoecker) will take our Grumans and a select group of fearless leaders-to-be down some difficult water. The emphasis will be on safety, river organization & canoe retrieval after challenging the heavy water. If the school fills up we will run a second session later on.

Don Hoecker and Bob Strong in a "technical" demonstration. Right Fellows???



We have two new canoeing policies: First we are now accepting trip reservation up to 4 weeks in advance, but for all trips when registering you in effect must commit yourself to a dollar "deposit" & usually, this money doesn't change hands but if you don't show on the trip morning and no replacement is available the leader may at his discretion ask you to pay the dollar. Otherwise ordinary trip charges prevail. The last time for legal cancellation is the Thursday before the trip. This policy gives you better use of spaces available, eases the leader's job by elimination those last minute phone calls, and helps get an "on time" turn out on the morning of the trip. We think these are all worthwhile. Secondly, the Activities Board has asked that we enforce the long-standing AYH equipment damage policy: 50% to born by trippers on AYH trips, 100% on private trips. For canoeing, you must of course be responsible for repairing the damage and you must also pay on AYH trips the following:

Broken wooden braces...\$5.00 per boat
 Rip, each.....\$5.00 per boat
 Bent or broken funnle.at.half cost
 (or thwart)

If you damage a boat, arrange a repair party within five days with your trip leader; failure to show up will cost \$5 ensuing your attention! These rules may sound grim and formidable, but there are two people in each boat to share the cost. Furthermore, fewer people will canoe far beyond their abilities & we should thus keep more boats in the water and in good condition at all time. This will mean more canoeing for everyone. We cannot continue to sustain the heavy damage to our boats that we experienced in 1968.

THE GOLDEN TRIANGLE is published by the Pittsburgh Council of the American Youth Hostels, located at 6300 5th Ave. Pgh. Pa. 15232 Phone-362-8181 (Thurs. Eve.) Editor: Sue Simler 371-6755 Asst Editors: Diana Sepich, Mary Helen Smith Prod. Editor: Terry Sickeler Art Work: Janet Mercer Contributors: Don Hamilton, Mike Hurwitz TRIANGLE subscription without membership is \$2.00. Advertising rates available upon request. Want ads taken in publications nook at Hostel Headquarters.

OPEN HOUSE APRIL

- 3 - Old Mexico slides taken by Fred & Eileen Hull
- 10 - Bob Fewkes has slides of sailing and various white water crafts
- 17 - Hugh Gilmore is back again for an evening of folk dancing
- 24 - A "must" for all water sports lovers- white water safety techniques, including a demonstration of mouth-to-mouth resuscitation. Don Hamilton will present

May 1 - Slides of life in Dominican Republic by Rich Bartoo

OPEN HOUSE begins at 8:30 pm with program at 8:45. Programs are subject to change without notice.



FOR SALE...Apache Buffalo Tent-Trailer, four years old -- make offer. Call 531-3281

FOR SALE...Epoxy-Fiberglass Kayaks and accessory equipment. \$195.00 Contact Kathy Spindt at 486-9412

WANTED...Female roommate, age 24-35 to share attractive furnished apartment in Shadyside with two other girls. Contact Linnea Freeburg.

FOUND...Blue jeans (faded pink on inside) at Cook's Forest Weekend. Call Ann Fisher 521-8992

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TRIPS & TRAILS

SAT. 5 - Cycling trip on Saxonburg Blvd. Transport Bikes from Hostel at 8:00 a.m. 35 miles. Cost 90¢. Call Mike Hurwitz (731-1083)

SAT. 5 - Easter Egg Hunt along Laurel Creek from Whipkey Dam to Laurel Hill State Park. Roughly 7 miles. Bring lunch and Easter Egg Basket. Meet at HQ at 8:30 a.m. Long-eared Roch Mercier (361-5794) leads.

SAT. 5&- Harvey Shapiro (621-2600 x304) again takes our competitive canoeists to
SUN. 6 hopefully sweep the Red Moshannon intermediate Grumman races at Penn State. Call Harvey to make arrangements to meet him up there.

SUN. 6 - Cycling trip to Oakmont. Leaves 1:00 p.m. An easy 15 miles suitable for beginners. Cost is 40¢ plus rental. Call Al Locke (441-4292)

SAT.12 - Cycle in the Sewickley area. 25 miles. Transport bikes from Hostel at 8:00 a.m. Cost is \$1.25 plus rental. Call Dave Pattison (242-9224). Bring lunch.

SAT.12 - Rock Climbing, primarily for beginners at High Rocks. Bring non-slip shoes, lunch and about \$1.80. Bob Strong will leave HQ at 9:30 a.m. sharp and will NOT wait past that time. Reservations unnecessary.

SAT.12 - Bob Taylor (363-8770) will be meandering his way along Slippery Rock Creek from Route 422 to McConnells Mills and return by the West side. Meet at HQ at 8:30 a.m. with lunch. Slippery Rock Coeds will be waiting at the mills!?!

SAT.12&- White-Water weekend at Petersburg, West Virginia, for K-1s, C-1s and
SUN.13 experienced rafters. Run the North Fork, Seneca Creek, Dry Fork, or Smoke Hole Branch. Attend Post-race festivities in Petersburg Saturday evening. Leave HQ Friday evening; those not entering races may leave 7:00 a.m. Saturday morning. Bring food, wet suit (or woolen long johns), camping gear, about \$6.00, your boat or money for raft rental (\$2.50) Reserve with Bruce Sundquist at 351-3100 x2416.

SUN.13 - Cycle in the City Parks. Leaves 1:30 p.m. An easy 10 miles suitable for beginners. Cost is 40¢ plus rental. Call Dave Pattison (242-9224).

SUN.13 - Frolic in the spring mist with Mary Brincka. Float for 10 miles on the Baker Trail North from Schneley on the Allegheny River. Bring lunch and "Brincka - laughter". Meet at HQ at 9:00 a.m.

TUES 15- Bicycle Club Meeting -- 8:00 p.m. at Headquarters

SAT.19 - Roll practice for K-1s and C-1s. Doug Ettinger has arranged a two hour session at the Wilmerding "Y", 7-9 p.m. The \$20 rental fee will be divided among those present. Call Doug--523-5883 NOW so that we know the cost will be covered easily.

SAT.19 - Billy the Kid Williams (621-6200 x512) leads a 10-12 mile hike on Laurel Highlands near Millers Run. Pack your pistol and lunch. Meet at HQ at 8:30 a.m. Hiking boots required.

- SAT.19 - Intermediate White Water School. Don Hamilton (327-3511), Fred Hull and Don Hoecker will run our up-and-coming intermediates down the Castleman, Markelton to Fort Hill. Closed boats welcome. Bring lunch, warm clothing and rain gear and about \$4.50. Be prepared to learn how to lead trips. Leaves at 8:30 a.m. SHARP!
- SAT.19 - Cycle in Ligionier from Stahlstown to Powdermill. About 15 miles. Load bikes at Hostel at 3:30 a.m. Cost \$1.60 plus rental. Bring lunch. Call Sue Simler (793-0930)
- SAT.19 - A climbing trip will be voted on by the trippers on this date
- SUN.20 - Canoe the Loyalhanna, one of our easier intermediate trips and our AYH race river. Come with Grumman and closed boats and practice with Sam Frellwitz (242-6105). Bring the usual gear, and about \$4.00. Leaves at 8:30 a.m.
- SUN.20 - Cycle a new route in Washington County. Transport bikes from the Hostel at 9:00 a.m. Bring lunch and \$1.75 plus rental. About 40 miles. Call Allen Sher (421-4429)
- SUN.20 - Eb Moll (824-2914) leads hike somewhere on the Baker Trail. Some (just a little) maintenance may be encountered. Meet at HQ at 9 a.m. with lunch.
- SAT.26 - PARTY IN THE HOSTEL. Join fun & games in hostel (about 9:30 a.m.)-- with a little work thrown. Wear old clothes. See Bob Taylor (363-8770)
- SAT.26 - Try the challenging Cheat Canyon with Jim Hurst (434-3964 bus.), for experienced rafters and skilled CI and Kiers. Bring a lunch and extra food, clothing, rain gear and flashlight just in case; about \$6, leaving early at 7:30 a.m.
- SAT.26 - Rock Climbing, all levels, at 90 foot rock. Bring non-clip sole shoes, lunch and about \$2.40. Bob Strong will leave HQ at 9:00 a.m. and will NOT wait past that time. Reservations unnecessary.
- SUN.27 - Come and see the first blush of spring on the Middle Yough with Don Hoecker (243-8298 home). An easy white water trip, bring lunch, warm clothing and about \$4.50. Leaves at 8:30 a.m.
- SUN.27 - Cycling trip in the City Parks. 1:30 p.m. An easy 10 miles suitable for beginners. Cost is 40¢ plus rental. Call Dave Davenport (441-4292)
- SUN.27 - A surprise hike by Frannie Czapiewski (661-9543). This heartily 11.768 mile hike will be somewhere between Raccoon and Shawanee Parks. Meet at HQ at 8:30 a.m. with lunch. Hiking boots suitable.
- May 3 - Cycle Washington County. Transport bikes from hostel at 8:00 a.m. bring lunch. Cost \$1.75 plus rental--about 40 miles over beautiful country. Call Bob Omlor (264-4485)

May 4 - Trip to be announced--Call Dave Pattison (242-9224)

APPLICATION FOR MEMBERSHIP Name _____ Phone _____
 Street _____ City _____ Zip _____
 Age (if under 21) _____ For use abroad _____ In Pitts. _____
 Type of Pass: Youth (under 18) _____ \$5.00/ Senior Youth (18-20) _____ \$8.00/Adult \$10 _____
 Family (includes children under 18 for local activities \$12 /Life \$50.00 _____
 Family Life \$100 Sponsor \$10 _____ Make Checks payable to: Pittsburgh Council,
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3 OPEN HOUSE "Old Mexico"	4	5 CYCLE HIKE	6 EASTER CYCLE
					CANOE	RACES
7	8 Activity Board Meeting	9 Articles due, Trips due	10 OPEN HOUSE "SAILING SLIDES"	11	12 HIKE CYCLE CLIMB	13 HIKE CYCLE
					PETERSBURG	CANOE
14	15 Bicycle Club Meeting	16	17 OPEN HOUSE Folk Dancing	18	19 CLIMB CANOE ROLL SESSION CYCLE HIKE	20 CANOE CYCLE HIKE
21	22	23	24 OPEN HOUSE "W-W Safety Techniques"	25	26 CANOE CLIMB WORK PARTY	27 CANOE CYCLE HIKE
28	29	30				

APRIL

PITTSBURGH COUNCIL
AMERICAN YOUTH HOSTELS, INC.
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