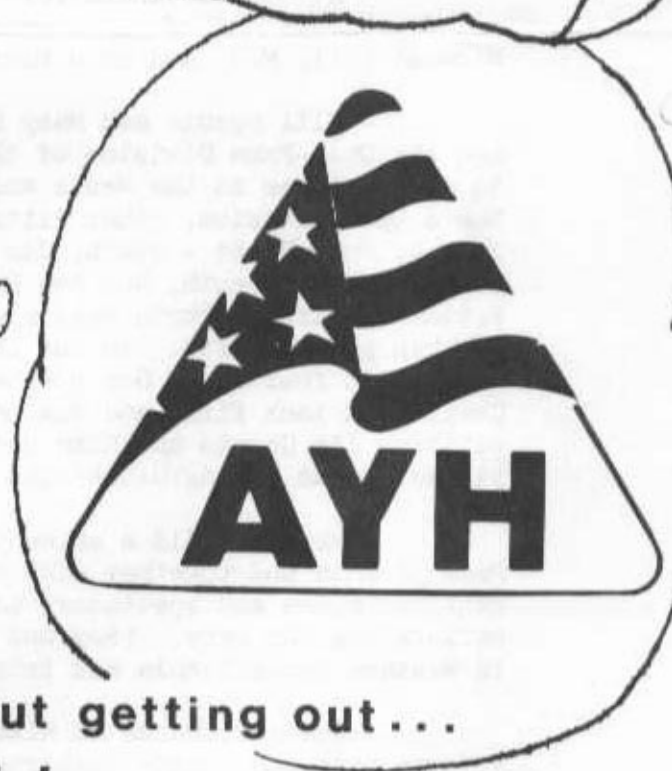
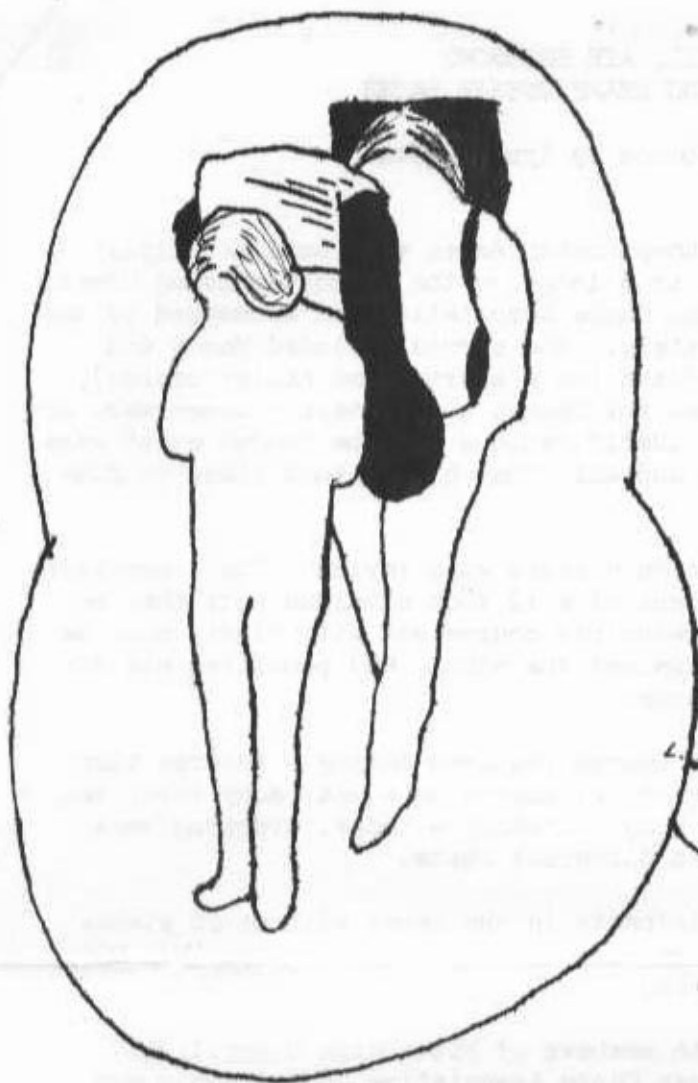


AUGUST

golden triangle

vol. 28 no. 8



if you're
thinking about getting out...
think **A.Y.H.!**

pittsburgh council american youth hostels inc. 1977

PITTSBURGH COUNCIL, AYH SPONSORS
THE 1977 NATIONAL POLING CHAMPIONSHIP RACES

Story by Roy Weil Photos by Lynn Gogots

This year's National Poling Championship Races were held at Ellport City Park near Zelienople, Pennsylvania at a ledge on the Connoquenessing Creek. The races were sanctioned by the American Canoe Association and sponsored by the Pittsburgh Council of American Youth Hostels. The events included Men's and Women's Open, Men's and Women's Intermediate (on a shorter and easier course), and Juniors. In addition, informal races for Tandem and Masters classes were organized in response to popular demand. Qualifications and the Tandem event were held Saturday, June 25; the Open finals and all other events took place on Sunday, June 26.

Poling competition takes place on a river with rapids. The competitor stands in his canoe and propels it by means of a 12 foot aluminum pole that he uses to push off the river bottom. A prescribed course set with floats must be negotiated. The competition is a race against the clock, and penalties are incurred for faulty negotiation of the course.

The maneuvering on this year's course required making a reverse turn out of the starting gate, backing down a chute, executing a rear eddy turn, reversing around a buoy, circling another buoy, climbing a ledge, dropping back down, and climbing back up the ledge in a different chute.

Altogether there were 24 participants in the races with seven states and four divisions of ACA represented: Eastern (Conn), Middle States (Md, DC), Midwest (Ill, Mo), and Ohio-Penn (Ohio, Pa).

Bill Corwin and Mary Shaw, both members of Pittsburgh Council, AYH and the Ohio-Penn Division of the American Canoe Association, poled their way to first places in the Men's and Women's Open divisions, respectively. In the Men's Open division, other Pittsburgh AYHers placed as follows: Roy Weil - fourth, Joel Platt - sixth, Jim Gogots - eighth, Mike Deroy - tied ninth, Phil Wissner - thirteenth, and Don Hoecker - sixteenth. In the Women's Open division, Pittsburgh AYHers Chris Reid placed second, Jan Bugby placed fourth and Sue Leathen placed fifth. In the Intermediate Men's class Mike Deroy was third, Joel Platt fourth and Don Hoecker sixth, and in the Intermediate Women's class Chris Reid took first and Sue Leathen took second. In the Tandem Poling competition Jim Gogots and Mike Deroy placed first and Roy Weil and Mary Shaw placed second. Congratulations to all!

Roy Weil did a splendid job of relocating the races into Western Pennsylvania and together with his wife, Mary Shaw, ran the events smoothly, getting racers and spectators alike to participate in setting up, judging and officiating the race. (Roy and Mary are responsible for getting poling going in Western Pennsylvania and introducing Bill Corwin to the sport.

Special thanks to Mike Deroy and Chuck Pierson whose co-operative efforts produced unique T-shirts for prizes and to Grumman Corporation for donating trophies.

Many many thanks to: Norma Bitar, Gordon, Jan and Randy Bugby, Beverly Bozsik, Bill Corwin, Frank Daspit, Carol Davis, Mike Deroy, Gary Feldman, Jean Goertner, Helvi, Jim and Lynn Gogots, Grumman Corporation, Don Hoecker, Barry Johnson, Chuck Pierson, Joel Platt, Mary Shaw, Steve Shore, Jean and Richard Weil, Phil Wissner, and all the other people who did things while I was not watching.



THE UNSINKABLE ARV WESTLUND AND THE GREAT SAILING EVENT

By Joe Ishmael

You have watched Arv Westlund the fastest kisser in the West, and you have seen Arv the AYHer and hiker, and you may have heard of Arv the Sunfish skipper and member of Moraine Sailing Club, but have you met Arv the Admiral? Well, those of you landlubbers who didn't turn out 'fore the mast at Lake Arthur on June 11th missed THE GREAT SAILING EVENT and the finest job of organizing since THE GREAT TRAIN ROBBERY!

Imagine the scene at the sailing dock of Moraine: 63 AYHers were personally greeted by Park Superintendent Dickerson; Admiral Arv, bullhorn in hand, introduced the 20-odd skippers--each supplied with a name-tag. Numbers representing trippers were drawn from a hat and crews were assigned to their captains. On a grassy slope, 50 hostellers--landlubbers all--sat and listened while a skipper talked on the basics of sailing. Then about 11:30 each crew embarked on a boat. Jibs and mainsails were hoisted, and away we tacked into the fresh breeze. What a flotilla! There were craft of all sizes: Sunfish, Mack-17's, Flying Dutchmen, Catamarans, and sea-worthy O'Day 23's. After lunch new crews were chosen; then we were off again for several hours of tacking, jibbing and running.

It was a beautiful day--sunny, breezy, with friendly skippers. The warm glow on our faces was not just from sunburn, but from the good feeling of having sailed--of having handled a tiller or hauled a sheet--as members of a crew.

Our hearty "thanks" to the members of the Moraine Sailing Club, and to Admiral Arv we add, "Good show!"

PITTSBURGH CLASSIC BICYCLE RACE

This year on August 7 the Allegheny Cycling Association, in cooperation with Carnegie-Mellon University and the city of Pittsburgh, will present the Pittsburgh Classic Bicycle Race. This is a sectional classic which is sanctioned by the United States Cycling Federation, and it will draw riders from all over the country.

Keith Murphy of The Bike Rack (Squirrel Hill and Penn Hills) is looking for volunteers to help marshall the race. The work will consist of crowd and vehicle control, and Keith hopes that no one will have to be on duty for longer than 3-4 hours. This will be an excellent chance to help the cause of cycling in Pittsburgh and a chance to watch a top-notch bicycle race close up. Anyone who is interested in helping to marshall the race should contact Keith during business hours at 241-1565.

FOR SALE: Used K-1 and paddle - \$80.00. Call 241-9076.

Ward Home
50 Moffett Street
Pittsburgh, Pa. 15243

Dear AYH:

On behalf of the residents and staff of Ward Home for Children I would like to thank AYH, and particularly Stan Uhrin and the Special Services Committee, for their interest, time, manpower and expertise in providing for us unique outdoor experiences last summer. I would also like to ask for the aid of other AYHers who are interested in youth and could provide introductory experiences in canoeing, caving, camping, rafting, or rock climbing for our residents.

Ward Home, which is located in Mount Lebanon, provides a home for fifty-four adolescents from ten counties in Western Pennsylvania. The residents live in five autonomous apartments; each apartment has a family-like living environment in which a houseparent serves to guide and counsel the youth. Our residents attend public schools and special education classes in the area. In addition, Ward Home tries to provide a diversified recreation program to meet the different ages (12-18), interests, abilities and needs of our youths.

Our purposes are to create a warm, secure, loving and consistent home environment for our youth and to provide them with guidance, supervision and an atmosphere in which they can grow and mature--intellectually, socially, emotionally and physically. We are always seeking to provide our residents with new activities which foster self-confidence and esteem, teach sportsmanship and self-discipline, and enrich their lives.

I am hopeful that in the months ahead members of AYH can continue to help us in our efforts by volunteering to share their special talents and knowledge of the outdoors with our residents. They have great interest, appreciation, and need for outdoor experiences. If you have any questions or interest in our recreation program, please feel free to call me at 343-6300. Thanks again.

Sincerely yours,

Andrew J. Meyer
Recreation Director

ATTENTION AYH MEMBERS: The Appalachian Trail Bill (State House Bill 3) is about to hit the floor of the state senate. The bill will give protection to the Appalachian Trail and provide money to match federal funds. AYH members and hikers are urged to contact Pennsylvania senators NOW in support of the bill.

WANTED: A long-legged buyer for a C. Itoh 25" frame 10-speed bike. It has only 10 miles of travel time. \$75.00. Call Vic or Kathy @ 761-5539.

TIPS AND TALES
By Joe Hoechner

It may seem hard to believe but some bicyclists don't wear a helmet because it "messes up their hair."

Have they ever considered how their HEADS will be messed up in case of a crash?

* * * * *

Speaking of helmets, riders who use the M.S.R. model can "cool it" by soaking the removable sweat band in water before their rides.

* * * * *

If you're a boater you can recycle the bottom part of your bailers by setting your potted plants in them. When the plastic jug bottoms are cut about two inches high, they are also great for soaking/cleaning bicycle components.

* * * * *

Did you know that the best way to locate a cyclist during the summer months is to simply follow your nose?

* * * * *

Trip leaders: When you're planning overnights with group meals do you make provisions for vegetarians?

They are a small minority, but they are well represented in AYH. So check out your trippers' preferences before planning the menu.

* * * * *

If you're interested in hiking or backpacking in the Monongahela National Forest you may want to secure some of the park maps first. There is a FREE "Forest Visitor Guide" at a scale of 10 miles to an inch, a "Forest Recreation Map" showing topo lines for 50¢ (scale $\frac{1}{4}$ " = 1 mile), and a map of the "Spruce Knob-Seneca Rocks Area" for 50¢ (scale $\frac{1}{2}$ " = 1 mile). To secure these send your request plus cost (if any) to:

Forest Supervisor
Monongahela National Forest
Box 1548
Elkins, West Virginia 26241

Do you know the location of the closest national park in this area? If you are planning any trips you may want to contact the National Park Service for information on their facilities. A few of their offices are listed below:

North Atlantic Regional Office
National Park Service
150 Causeway Street
Boston, Mass. 02114

Mid-Atlantic Regional Office
National Park Service
143 South Third Street
Philadelphia, PA 19106

Rocky Mountain Regional Office
National Park Service
655 Parfet Street, Box 25287
Denver, Colorado 80225

Pacific Northwest Regional Office
National Park Service
1424 Fourth Avenue
Seattle, Washington 98101

The closest park is Fort Necessity, east of Uniontown.

* * * * *

People are always asking for info. about the C & O Canal in Maryland. If you'd like information about hiking or cycling on the canal, you can write to any of the following sources:

Park Superintendent
C & O Canal Park
P. O. Box 158
Sharpsburg, MD. 21782

Potomac Area Council, AYH
1520 16th Street N.W.
Washington, D.C. 20036

Boy Scouts of America
1742 Connecticut Avenue, N.W.
Washington, D.C. 20009

* * * * *



"MORE HOT ITEMS"

Weyless Water Bottle	2.79	1.98
Weyless & Protog Shorts	26.00	19.00
Protog Gloves	14.95	11.95
Ray-O-Vac Bike Light (Better than Wonder Light, Uses C-Cell Batteries)	5.50	4.25
A MUST NOW THAT STATE LAW REQUIRES LIGHTS FOR NIGHT RIDING!		
Super Sound Horns	4.60	2.95
I.K.U. Speedometer	13.95	10.95
Rigida Narrow 27xl Rims Alloy	14.95	10.50
Michelin Elan Tires	8.50	6.95
Bell Weather Rain Cape	21.00	13.95
Sun Tour Cyclone Front Derailleurs	14.95	10.95
Jim Blackburn Racks	19.95	16.95
T.A. Cyclotouriste Triple Crank Set	85.00	67.95
Bell Helmets "Limited Sizes"	32.50	28.95
Erisman Pacemeter	79.95	69.95



SALE TERMS

Some items are in good supply however a few items are limited and on a first come first serve basis! All sale items available at the SQUIRREL HILL STORE but can be purchased at Wexford or East Liberty and in which case the item will be delivered to that store for you in a few days.





bikes n' things

5989 penn circle south,
east liberty .. 362-6622
5842 forward avenue,
squirrel hill ... 521-2885
route 19 in Wexford 935-2770



"HOT ITEMS!"

	<u>Reg.</u>	<u>Now</u>
Mathauser Brake Shoes	\$15.95	\$11.95
Bata Bikes (Black)	14.95	11.50
Bata Bikers (Blue)	15.95	12.75
Avocet Touring I	17.95	15.95
Eclipse Cycle Packs Always A Good Value Even At Regular Prices.		
Uniglide Chains	9.95	7.95
Grab On Maxi Kit	10.00	7.95
Grab On Reg.	9.00	5.95
Bailey III Cushion Grip Tape	3.95	2.95



Custom BUILD YOUR OWN BOAT



Complete Boat Building Kit

SHOP AVAILABLE
to AYHs' nominal
fee.

DISCOUNT RATES
on molds to AYH
member.

NEW and USED
boats
bought and sold.

ACCESSORIES

Stop in and see
us before or after
paddling the Yough.

KAYAK-C1-C2
OPEN CANOE
MOLDS FOR RENT

This kit and a mold is all you need to build a kayak.

Our Boat Kit contains E Glass, Nylon, Epoxy resin,
PVA, Wax, Ply #9, Gloves, Paint brushes for layup,
Squeegee, Mixing sticks, Trim knife, Flap wheel and
holder for sanding, Grab loops, Dust mask, Sabor Saw
blades, Foot braces, and scale for accurate mixing of
resin, plus brief instructions provided by Boat Tech-
nology, as well as *A Boat Builders Manual* by Charles
Welbridge for complete instructions.

We stock a complete supply of fiberglass building
supplies and related material. Any of the above can
be ordered individually.



WILLIAM ZINKAND
Sales & Service

601 RIVER ROAD
CONFLUENCE, PA. 15424
PHONE 814 395-5105

Hours 9 to 9 FRI SAT SUN MON other on request

JUST OPENED!

NORTH PARK RACEWAY

MOTOCROSS TRACK

COME TO SEE US--

WE RACE EVERY SUNDAY

AT 1:30 P.M.

Wheels Unlimited



2140 MURRAY AVE. SQUIRREL HILL.

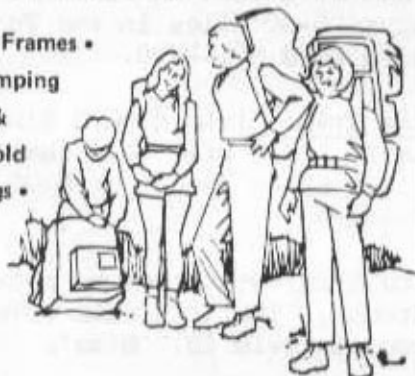
521-9716

RON or MARK

Gear up for outdoor fun . . .

HIKING & BACKPACKING SUPPLIES

Hiking Boots • Packs & Frames •
Tents • Trail Food • Camping
Stuff • Climbing Rope &
Gear • Woolrich • Duofold
Norse Net & Tennis Togs •
Yoneyama Tennis
Racquets • Gerber
Knives • Ski Touring •
Topo Maps



LIGONIER MOUNTAIN OUTFITTERS

RT. 30 • LAUGHLINTOWN, PA. 15655 • 412/238-6246

MOHAWK PLAZA (Behind the Seven/Eleven)

• Rt. 286S/Indiana, PA 15701 412/463-7440



SCREAMING EAGLE BOAT WORKS
1426 4TH AVENUE
CORANAPOLIS, PA.

TUES+THURS 7 TO 9 SAT. 12 TO 5
SALES + RENTALS
PHONE 262-5566

AUGUST TRIPS AND TRAILS

The trips listed below are open to the public with the exception that AYH members are given priority when the trip is of limited size. Trip costs include 50¢ registration and insurance (\$500 medical) plus transportation costs and equipment rental. In addition non-members are charged \$1.50 per trip; this fee can be deducted from the cost of membership if the tripper joins AYH within 30 days following the trip.

Call the trip leader to reserve or cancel or to get information if you are just interested in knowing more about the trip. Please call during normal hours (6:30 - 9:30 P.M.) unless otherwise noted. Make reservations as early as possible but in no case later than the Thursday before the trip.

* * * * *

Fri. Aug. 5 to Beginner Backpack: Get away from the heat of the city and
Sun. Aug. 7 join Bill Skalloos on the Laurel Highlands Trail. Leave
Friday evening and return Sunday. Hike about 6-7 miles per
day. (Little or no experience necessary.) For more infor-
mation or to reserve call Bill @ 863-8698.

Fri. Aug. 5 to Bicycle Camping Trip near Moundville, Ohio: Riders must be
Sun. Aug. 7 able to carry camping gear, personal gear, rain gear, spare
inner tube and tools. We will leave Friday at 6:00 P.M.
Make reservations with Chuck Ejzak @ 327-5031.

Fri. Aug. 5 to Rock Climbing Trip to Seneca Rocks, W. Va.: This trip is
Sun. Aug. 7 for advanced climbers only and will be the last announced
trip of the season before the Ice Climbing Seminar begins.
(There might be a class on Mountain Rescue Technique at
the end of August or beginning of September.) All those
interested should call Wojie @ 322-2214. Spaces are
limited.

Note: We wish to express a "Well done!" to all the climbers
who went to the Gunks on July 4th weekend.

Sun. Aug. 7 Bike Series IV: Ed Sieger will lead an advanced beginners'
ride. He will cover about 25-30 miles in the Fombell
Hostel area. Reserve with Ed @ 561-4790.

Fri. Aug. 12 to White-Water Canoe Camping Trip: Join Howard King on the
Sun. Aug. 21 Kamiskotia River in Ontario. You will need camping equip-
ment, food and \$55.00. Leave the hostel at 8:00 P.M. Fri.
August 12. Reserve @ 264-1384.

Sat. Aug. 13 Intermediate Cycle: Mike Deroy will lead an intermediate
trip to scenic Mercer County. The trip will cover 40-50
miles. Bring clothes you can swim in. Mike's number is
371-6943.

Sun. Aug. 14 Canoe Trip: Join Mike Deroy on an easy flowing class I
trip. (Prerequisite WWI) Be at headquarters at 8:30 A.M.
Bring the usual: lunch, change of clothes, kneelers,
water, etc. Cost about \$5.00. Call Mike @ 371-6943 to
reserve.

- Sun. Aug. 14 Dog Day Bike Ride: Beat the heat with Joe Hoechner. Ride around the Penna. Dutch farmland of New Wilmington, Pa. Trip ends in town pool. Bring water, tools, swim suit, lunch. Cost about \$4.50. Members only. Reserve with Joe @ 343-2465.
- Sun. Aug. 14 Hike and Swim: Dick Nugent is leading an intermediate hike along the Big Sandy Creek in West Virginia. The hike will include scrambling over rocks, lunch by a waterfall, and swimming in one of W. Va.'s most picturesque swimming holes. Approximate cost \$5.00. This trip will leave very early Sunday morning; to find out how early or to reserve a spot on this trip, call Dick @ 487-5549.
- Wed. Aug. 17 Tips for the Urban Cyclo-commuter: Joe Hoechner will show and tell about defensive cycling, new night lighting laws, bike locks & chains, choosing a bike, etc. Free! Be at headquarters @ 7:30 P.M. For information call Joe @ 343-2465.
- Fri. Aug. 19 to
Sun. Aug. 21 Intermediate Backpack: Chris Hoke is planning to lead a backpacking trip probably in West Virginia. This trip will leave Friday evening and return Sunday. All experienced persons with their own equipment are welcome. Call Chris @ 831-6430.
- Sun. Aug. 21 Cycle Ride: Clair Wingertsahn will be bicycling from Uniontown to Cheat Lake and back (20 miles each way). He will stop to swim at Cheat Lake. Meet at 7:00 A.M. at headquarters. Reserve with Clair @ 831-6430.
- Sun. Aug. 21 White-Water Canoe School I: If you have flat water skills and would like to move into flowing water, reserve with Gordon or Jan Bugby @ 371-4233. We will leave the hostel at 8:00 A.M. Bring lunch, change of clothes, tennis shoes, kneeling pads and \$7.00.
- Sun. Aug. 21 to
Sun. Aug. 28 Backpacking Trip: Gary Feldman will lead a week-long backpacking trip. Destination will be selected by trippers, but one of the local National Forests looks like a good bet. We will hike about 8-10 miles a day. For more information call Gary @ 421-5093 or 687-5846 anytime, as soon as possible. Limited to at most eight hikers.
- Sat. Aug. 27 Flat Water School O: This is an introduction to lake canoeing. You will need tennis shoes, rain gear, change of clothes, something to kneel on (small rug or large towel if you don't have knee pads), and about \$7.00. Call Mike Deroy @ 371-6943. Meet at hostel at 8:00 A.M.
- Sun. Aug. 28 Intermediate Cycle: Al Erpel will lead a pleasant intermediate trip of about 40 miles through southern Butler County. Bring tools, water, lunch, rain gear, and about \$2.50. Call Al at 422-7862. Meet at hostel at 7:30 A.M.
- Sun. Aug. 28 Hike: Hike on the northernmost segment of Laurel Highlands Trail (Rte. 271- Rte. 56). Meet at hostel at 8:30 A.M. Distance to be covered is 13 miles (fairly level and downhill.) Bring lunch and rain gear. Call hostel on Thurs. evening to reserve. Bill Bright is the leader.

Fri. Sept. 2 to
Mon. Sept. 5

Backpack: Join Norm Snyder on a backpacking trip to the Adirondacks, one of the most beautiful parts of the Appalachian Mountains. Call between 6 and 7 P.M. Monday through Thursday @ 351-4068.

Future Bike Trip: If you've been cycling all summer, you may be ready for a flat 50 or 100 miles at the "Hancock Hundred" near Findlay, Ohio on a Sunday in mid-September. Call Joe Hoechner for information @ 343-2465.

RAFTING TRIPS: Cost \$9.00 to members and \$10.50 to non-members. Bring a set of dry clothing and a lunch. Reserve as early as possible with the leader. We leave the hostel at 7:30 A.M. and return about 9:00 P.M.

Saturday, Aug. 6	Ed Sieger	561-4790
Sunday, Aug. 7	Joe Curlee	422-9672
Saturday, Aug. 13	Joe Hoechner	private trip
Sunday, Aug. 14	Joe Curlee	422-9672
Saturday, Aug. 20	Chuck Pearson	683-2951
Sunday, Aug. 21	Steve Tubbs	751-3852
Saturday, Aug. 27	Norm Snyder	351-4068
Sunday, Aug. 28	Ed Sieger	561-4790

EVENING CYCLE TRIPS: Bring lights and bike flags if you have them. Call the leader beforehand to rent bicycles. The rides leave the hostel at 6:30 P.M. and return at 8:30. Be at the hostel at 6:00 if you are renting equipment; otherwise meet at 6:15.

Tuesday, Aug. 2	Dick Watson	683-4123
Thursday, Aug. 4	Nancy Arthur	243-6652
Tuesday, Aug. 9	Harriet Ann Seiner	681-1189
Thursday, Aug. 11	Joe Hoechner	343-2465
Tuesday, Aug. 16	Craig Kaufman	344-5189
Thursday, Aug. 18	Chuck Pearson	683-2951
Tuesday, Aug. 23	Mike Dero	371-6943
Thursday, Aug. 25	Sally Brunson	231-6074
Tuesday, Aug. 30	Mike Haddad	521-4324
Thursday, Sept. 1	Joe Curlee	422-9672

ATTENTION CANOEISTS: Pittsburgh Council, AYH can now offer American Canoe Association white water certification to members that have taken the council's white water I and II schools and pass a written and skill test. The tests would be scheduled in early October. Each paddler would have to demonstrate competent skills as taught in our schools. The ACA offers a card and patch for qualified paddlers. The cost would be \$1-3 (depending on the number of paddlers) above the normal white water fee. If you are interested, contact Mike Dero @ 371-6943, Gordon or Jan Bugby @ 371-4233, or Jim Roberts @ 271-7178.

NOTE: AYHers who do not work during the week and would like to plan or take part in mid-week trips should sign the list which Jack Batchelor has started on the bulletin board at the back of the hostel. Please indicate your name, phone number, areas of interest, levels of ability, and free days.

OPEN HOUSE

EVERY THURSDAY NIGHT

DOORS OPEN: 7:45
SLIDE PROGRAM: 8:45

Our Thursday night OPEN HOUSE is for members as well as non-members. This is a great time to see friends, reminisce about good times, and plan trips.

If you are a visitor or prospective member, this is an ideal time to meet AYHers and discover the ART of HAVING FUN. Just walk up to someone and tell him or her you're interested in canoeing, caving, cycling, hiking, skiing, or whatever and ask how you can get information on that activity.

OPEN HOUSE PROGRAMS FOR AUGUST

- Aug. 4: Europe '76 was each day a dozen chance encounters of everyday life, cultural contrasts, and architectural treasures. Experience sunset cruises, a wine harvest festival, and much more with John Gaschnig.
- Aug. 11: Ben Brugnans will show "Iceland; Glaciers, Lava fields, and Blue-eyed Beauties of the Midnight Sun."
- Aug. 18: Pat Gallagher will take us "Off the Beaten Path in Mexico."
- Aug. 25: Gail Gregory: "The Green Gems of the Caribbean--The Bahama Islands;" she will also show slides from assorted AYH bike trips.

THE GOLDEN TRIANGLE

The Golden Triangle is a monthly publication of the Pittsburgh Council of American Youth Hostels, Inc. 6300 Fifth Avenue, Pittsburgh, PA 15232.

PHONE: 362-8181 THURSDAY EVENINGS BETWEEN 7:45 and 10:30 ONLY

EDITOR: Marty Haddad
COVER: Lynn Gogots
ADVERTISING: Jim Gogots
PRINTING: Sue Leathen
MAILING LABELS: Don Hoecker & Roy Weil
PRODUCTION: Joel Platt and the many enthusiastic AYHers who make production a party rather than a chore.

DEADLINE FOR ARTICLES & ADVERTISING FOR SEPTEMBER ISSUE: Thursday, August 11 (Please leave items in editor's mailbox at the hostel.)

DEADLINE FOR SEPTEMBER TRIPS: Thursday, August 18
SEPTEMBER TRIANGLE PRODUCTION PARTY: Thursday, August 25

CHANGE OF ADDRESS: Please notify Pittsburgh Council, AYH as soon as possible if you change your address. Otherwise, you miss The Triangle, and AYH is charged 25¢ for every copy that is returned.

If you would like to lead an AYH trip, contact the chairperson for that activity:

CYCLING: Steve Shore 683-6897
Ed Sieger 561-4790
CLIMBING: Barry Johnson 831-8392
CANOEING: Mike Deroy 371-6943
CAVING: Barry Walker 521-4708

RAFTING: Joe Curlee 422-9672
HIKING & TUBING: Dick Nugent 487-5549
CROSS-COUNTRY
SKIING: Alan Barber 833-5311

M	TUES	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	EVEN. CYCLE		EVENING CYCLE	---- BEGINNER BACKPACK ---- ---- BICYCLE CAMPING ---- ---- ROCK CLIMBING ----		
1	2	3	4	5	6 RAFT	7 BIKE
	EVEN. CYCLE BOARD MING.		EVENING CYCLE ⊙ DEADLINE FOR ARTICLES & ADS	---- CANOE CAMPING thru	Aug. 21----	
8	9	10	11	12	BIKE RAFT	CANOE/RAFT BIKE HIKE
	EVEN. CYCLE	"TIPS FOR URBAN CYCLO- COMMUTERS"	EVENING CYCLE ⊙ DEADLINE FOR TRIPS & TRAILS	---- INTERMEDIATE BACKPACK ---- ---- BACKPACKING thru Aug. 28 ----	BIKE WWI SCHOOL RAFT	RAFT
15	16	17	18	19	20	21
	EVEN. CYCLE		EVENING CYCLE ⊙ PRODUCTION PARTY		FLAT WATER CANOE SCHOOL RAFT	BIKE HIKE RAFT
22	23	24	25	26	27	28
	EVEN. CYCLE		AUGUST			
29	30	31				

PITTSBURGH COUNCIL
AMERICAN YOUTH HOSTELS, INC.
6300 FIFTH AVENUE
PITTSBURGH, PA 15232

Non-profit Organization
U.S. POSTAGE PAID
Pittsburgh, PA 15232
Permit #127

ADDRESS CORRECTION REQUESTED
RETURN POSTAGE GUARANTEED

LIBRARIAN, A.Y.H. VIP 0
650-B KELLY AVE.
PITTSBURGH, PA. 15221