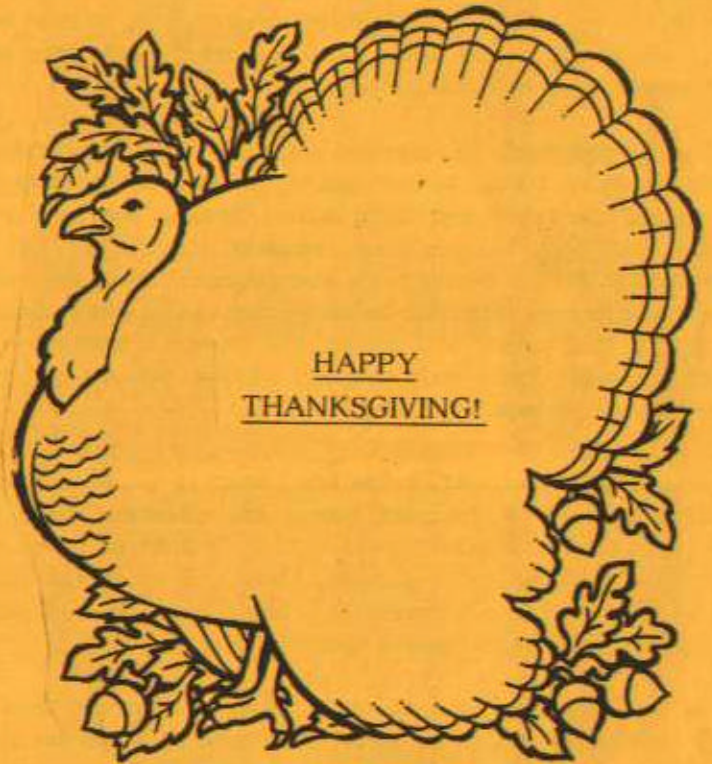


AMERICAN YOUTH HOSTELS

GOLDEN TRIANGLE



NOVEMBER 1987

VOLUME 38

NUMBER 11

AMERICAN YOUTH HOSTELS INC.
PITTSBURGH COUNCIL
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AMERICAN YOUTH HOSTELS

Pittsburgh Council
6300 Fifth Avenue
Pittsburgh, PA 15232
Phone 412-362-8181



Pittsburgh Council of American Youth Hostels is a non-profit, volunteer organization dedicated to hostelling, outdoor education and self-powered recreation. We have many activities. The council has some rental equipment available for use on council trips. A full range of skill levels are offered, and we also offer courses in our activities so that everyone may upgrade their skills. Pittsburgh Council AYH maintains about 200 miles of trail in western Pennsylvania, writes and publishes several guides for people interested in outdoor activities and maintains the Chiopyle State Park Youth Hostel.

Our headquarters is located near the corner of Fifth and Shady Avenues in Mellon Park. We are nestled between the Pittsburgh Center for the Arts and the Pittsburgh Civic Garden Center. Meetings are held every Thursday evening. The building opens at about 8 pm and the program starts around 8:15. Weekly trip announcements are made immediately following the program. Thursday evenings are the only time when you can be sure that a real person will answer the phone. A machine will answer at all other times; leave your name and address and you will receive a response to your message.

Pittsburgh Council AYH trips are listed in the center of this issue. AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity notes, where you may find more information. After you have read over everything call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring; ask where you'll be going. How late will you get back? What is all this going to cost you? AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental and any other expenses (we often stop at a restaurant on the way home).

Trips listed are open to the public; AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee. IN ADDITION, non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee also covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).



AMERICAN YOUTH HOSTELS INC.
PITTSBURGH COUNCIL
6300 FIFTH AVE.
PITTSBURGH, PA 15232



OFFICIAL MEMBERSHIP APPLICATION

Amount and Membership Types Available:

- \$ 10.00 Youth (17 years and under).
 - \$ 20.00 Adult (18 years to 54).
 - \$ 10.00 Senior Citizen (55 years and over).
 - \$ 30.00 2 Yr. Adult (18 years to 54).
 - \$ 30.00 Family (Includes children under 18 years).
 - \$200.00 Life (Individual lifetime membership).
 - \$ 18.00 Foreign Nationals (Including Canadians).
 - \$ 1.00 Postage (for each Membership or International Handbook ordered)
- (You can save postage by purchasing these items at our Open House Meetings)

NOTE: International Hostel Handbooks are available for \$ 8.00 each at Pittsburgh Council Headquarters (Thursday nights 8-10 PM) Volume I (Europe and the Mediterranean) and Volume II (Africa, America, Asia and Australia). Make all checks payable to "Pittsburgh AYH"

NAME: _____
(Last) (First) (Middle)
STREET: _____
(Permanent Address Only)
CITY: _____ State _____ Zip Code _____
BIRTHDATE: Month _____ Day _____ Year _____ Phone # _____

Were you a member of AYH this past year? Yes _____ No _____
When do you need card? _____ (Signature of Applicant)

If you wish Membership Card sent to a temporary address, give same below:

CARE OF: _____ STREET _____
CITY: _____ STATE _____ ZIP CODE _____

AYH MEMBERSHIP BENEFITS:

International Hostel Membership Card plus Council I.D. Card good for discounts at local bike shops and outfitters.

U.S.A. Hostel Handbook.

"The Knapsack", National A.Y.H. Travel Newsletter.

"The Golden Triangle", Pittsburgh Council's Newsletter of Trips and Activities.

Open House Thursday nights 8:00 p.m. at Council Headquarters.

Access to National travel programs and Leadership Training Courses.

(NOTE: Memberships valid from Sept. 1 to Dec. 31 of the following year.)

AMERICAN YOUTH HOSTELS, INC.

Pittsburgh Council
6300 Fifth Ave.
Pittsburgh, PA 15232

ACTIVITIES MEMBERSHIP APPLICATION

Amount and Membership Types Available: (not for access to youth hostels)

- _____ \$ 5.00 Youth (17 years and under)
- _____ \$ 5.00 Senior Citizen (55 years and over)
- _____ \$ 10.00 Adult (18 years to 54)
- _____ \$ 15.00 Family (includes children under 18 years)
- XX \$ 1.00 Postage and Handling (for each membership ordered)

NOTE: U.S. Hostel Handbooks are available for \$5.00 each or are FREE with a full AYH membership. International Hostel Handbooks are available for \$8.00 each at Pittsburgh Council Headquarters (Thursday nights 8 - 10 pm) Volume I (Europe and the Mediterranean) and Volume II (Africa, America, Asia and Australia).

MAKE ALL CHECKS PAYABLE TO "PITTSBURGH AYH" (include \$1.00 postage).

NAME _____
(Last) (First) (Middle)

STREET _____
(Permanent Address Only)

CITY _____ STATE _____ ZIP _____

BIRTHDATE: Month _____ DAY _____ Year _____ PHONE: _____

Were you a full member of AYH this past year? _____

SIGNATURE: _____

THURSDAY EVENING PROGRAMS FOR NOVEMBER

- November 5 Life in the Soviet Union by John Michael
- November 12 Carribean Island Adventures with Steve Poprocky
- November 19 Touring Mountain Parks West with Pat Tieman
- November 26 Have a Happy and Safe Thanksgiving! No meeting tonight.

GET READY FOR SNOW!

CROSS-COUNTRY SKI CLINICS DURING NOVEMBER

If you're thinking of cross-country skiing this winter, the time to start practicing is now. The basics of cross-country skiing will be explored at AYH HQ on November 5, 12 and 19 before the meeting. Bring your ski poles if you have them. We'll be talking, stretching, walking, bounding, and generally having a good time. No previous experience is necessary. The November 5th and 12th sessions are from 7:00 to 8:15 pm and are conducted by Bill Johnston (243-1945). The November 19th session runs from 6:30 to 8:00 pm and is taught by Fred Parker (856-4713). Bring your questions!

NEW WASHINGTON D.C. HOSTEL

After a couple of delays, the new showcase hostel in Washington, D.C. is finally open! Joe Hoechner would like to get an expression of interest to lead a "turkey trip" there over Thanksgiving weekend. Now, you won't miss the bird on Thursday since Joe is planning to drive down Friday morning, spend two overnights, and return Sunday afternoon.

This is planned as an exploratory trip for urban hikers/hostelers. As parking will be a major expense, we will do efficient carpools -- no bikes or boats permitted. You must have a current AYH hostel card, sheet sack and good walking shoes. Estimated cost will be at least \$50 - \$75 to include transportation, 2 overnights, urban parking fees - group meals would help bring down expenses if we eat in at the hostel.

Please express your interest in walking off your turkey to Joe at 242-0781.

BEWARE OF FAKE HOSTELS!

A memo from the National AYH administrative office advises that they have received a flyer advertising a "Fort Lauderdale International Youth Hostel".

Although the flyer bears the IYHF house-and-leaning-tree logo, the facility is in no way affiliated with either AYH or the IYHF. AYH does charter a hostel in Ft. Lauderdale:

Sol Y Mar
2839 Vistamar
Ft. Lauderdale, FL 33304
(305) 566-1023

This was the second year for this fundraiser for the National Multiple Sclerosis Society here in Pittsburgh, and we are happy to be a co-sponsor of the event with the Western PA Wheelmen. There were approximately 150 riders who turned in \$40,000 to benefit the MS Society. Marie Costello, RAAM rider and finisher, was the resident celebrity and everyone enjoyed talking and riding with her. Saturday's ride was pleasant but a little hilly as we rode from North Park to Moraine State Park where we had a cookout lunch of hamburgers and hot dogs. The afternoon took us to Ellwood City, where we stayed in the high school. Following dinner was a DJ with some pretty lively dancing and limboing. Sunday we headed back to North Park via a different, flatter route and were treated with hamburgers courtesy of Burger King. AYH'ers involved included Chuck and Lynn Ejzak, Gale Albright, and Judy Menosky as riders, and Jack Peth as a sag driver. There were many other AYH'ers involved too; those who willingly supported us by pledging and donating to the MS. Thanks go to each and every one who gave and collected money. We hope to make next year's event even bigger and better, so plan on adding it to your schedule for 1988.

FLORIDA SAIL VACATIONS

Once again by popular demand you are offered a chance to sail tropical waters at a low cost. Explore the Gulf Coast's barefoot islands: Captiva, Sanibel, Boca Grande, and many others. With lots of chances to sun, swim, shell, and beachcomb.

If you are not already a sailor, these trips offer the fun of learning the art of sail cruising with expert informal instruction. Join us for a fun filled five day cruise aboard our 26 foot sailboat, anchoring at new harbors every night. Each trip is limited to five people. The trip is moderate to strenuous; swimming ability is a must.

1988 Starting Dates: February 1, 8, 15, 29

March 7, 14, 21, 28

April 4, 11, 18, 25

Leader: Jerry Baron. Cost: About \$298 Deposit: \$100.00. We accept Visa and Mastercharge. For a free brochure write or call Metro Detroit AYH, 3024 Coolidge, Berkley, MI 48072. Phone: (313) 545-0511. Hours: 10-8 Wed., 10-5 Mon, Tues, Thurs, Fri.

AYH MEMBER CLASSIFIEDS

FOR RENT: One bedroom apartment with garage. \$300 including heat and water. Near Monroeville Mall. Call 823-1790.

FEMALE ROOMATE WANTED: to share 2 BR apt in Squirrel Hill/Greenfield. Large yard, front and back porches, carpet, washer and dryer, sunny rooms \$172.50+ Call Joy at 421-3975.

Deadlines for the December Issue: November 5 - all submissions
November 19 - Production

The Golden Triangle is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

EDITOR Joy Layton, 1048 Mirror St. #2, Pgh., PA 15217 (412)421-3975

PRODUCTION Don Hoecker

MAILING Roy Weil

ADVERTISING Sandy DiMatteo

HOSTEL REPORTER Cheryl Arnold

PITTSBURGH COUNCIL ACTIVITIES MEMBERSHIP

Pittsburgh Council is introducing a new "Activities Membership" this year for those who wish to take part only in the activities and social events of the Council and who do not expect to be staying at hostels. Here's how it works: the Activities Membership costs one-half the regular AYH hostel membership (for example, \$10 for an adult activities membership vs \$20 for the adult hostel membership). You pay member fees on trips and other events, and you will receive the Golden Triangle monthly. What you will not get is a hostel pass, the US hostel handbook, the quarterly national AYH magazine Knapsack, or voting privileges in Council elections. If you want to stay at a hostel, you will need to buy an AYH hostel membership or a one-night guest membership. However, you can use your activities membership as a credit towards the purchase of a hostel membership. Activities memberships purchased this year will expire on December 31st, 1988, the same as the hostel memberships.

Why are we doing this? We want to see if we can increase Council membership by offering a lower cost membership to those who do not use hostels. Frankly, we would prefer to sell hostel memberships but recognize that not everyone wants to use them. We intend to offer this as an experiment for a year or two and will then evaluate whether this is something that should continue on a permanent basis.

If you are interested in the new Activities Membership, check out the rates on the application form on the back page. However, you may want to consider buying the two-year hostel membership for \$30, which is a 25% discount from the \$20 adult hostel membership.

PEN PALS IN JAPAN

Pittsburgh Council has received a letter from the Sigma Int'l Pen Pal Club in Tokyo, Japan saying that they are a group of Japanese youths who would like to make friends with people from our country and other nationalities. They'd like to get letters from us putting emphasis on our hobbies, favorite things, etc. Anyone interested should write to the following:

Sigma Int'l Pen Pal Club
2-20-14-305, Minami-karasuyama,
Setagaya-ku, Tokyo 157, Japan

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gear**

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CALMA
RESIN
ROSE
METOLIUS
FORREST
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EXKURSION

PHONE 412-372-7030

4123 William Penn Hwy.
Monroeville, PA 15146

THE PRESIDENT'S CORNER

The Annual Council Meeting and Elections were held on October 15th. The results of the elections will be available in the December Golden Triangle. At the October Activities Board meeting, we started on the 1988 budget process; the final budget will be reviewed at the November meeting and approved at the November Board of Directors meeting. At a September Board of Directors meeting, several amendments to the Council By-Laws were approved. These amendments make the President, Treasurer, and Secretary ex-officio members of the Board of Directors, provide for possible increases to the size of the Board of Directors to a maximum of 15, permit the Council to establish mail-in ballots for the annual elections, and allow the Activities Board to change the date of the Annual Meeting.

The November Activities Board meeting will be held at my home at 210 S. Atlantic Ave. in Bloomfield on Wednesday, November 4th at 8 pm. The topics will be introduction of new members on the Activities Board, election of the vice presidents, and approval of the 1988 budget.
... Larry Laude (412) 664-9554 (evenings)

Florida Council of AYH is looking for an executive director to run a new council office in Orlando. For information, call Dan Burden at 904-878-2042.

AMBRIDGE BIKE & SPORTS CENTER

507 MERCHANT STREET, AMBRIDGE, PA. 15003
PHONE: (412) 266-1111

FALL CLOSEOUT SALE

'86 CENTURION IRONMAN - 600 SIS = \$570 (SMALL SIZES)
'87 CENTURION IRONMAN - 600 SIS = \$600 (SPECIAL PRICE)
'87 SCHWINN SUPER SPORT - 600 SIS = \$440 (19" MENS)

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SHORTS - 20% OFF
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CANNONDALE ATB'S = ALL TERRAIN AT ITS FINEST!

MB 400 - INDEX SHIFTING, CANTILEVER BRAKES = ~~\$480~~ \$370.
MB 500 - INDEX SHIFTING, POWER CAM BRAKES = ~~\$560~~ \$420.

"It was a dark and stormy night..." Actually it was a dark and stormy morning, but evenso, 113 bicyclists tried to ignore the weather, as they rode off through the Mon Valley. As the day progressed, the sun made an appearance, and most spirits seemed to lift (if not totally dry out). For riders on the 100 mile course, assorted goodies and hot coffee helped warm the body at the rest stop in 10 Mile Creek Park, courtesy of Jack Peth, Steve Martin and Carla Steele. All riders convened at Mingo Creek Park and enjoyed lunch by a covered bridge with help from Steve Horwitz, Judy Menosky, and Jack Batchelor. By the time everyone came rolling back into Elizabeth, the roads had dried and the skies cleared. Once back in Elizabeth, all were greeted by Joe Hoehner and myself (Lynn Ejzak) and given their well earned t-shirt. The beautiful red silkscreened design was by Anita Wilson from Venetia who won our design contest from the July newsletter. There were others who did a lot to insure that this year's ride was a success. They were Chuck Ejzak for overall coordination, road painting (along with Lynn, Judy, and Cheryl), and driving sag: Joel Hough for being our liason with the Elizabeth School District; Larry Laude for drawing the maps (not to mention finishing the ride); Steve Horwitz for arranging the t-shirts; and Marianne Kasica for menu advice. My sincere thanks to all these people, but mostly to everyone who showed up that morning and rode off in the rain! Please come next year, we promise you'll have a great time! ...Lynn Ejzak

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HIKING MEETING

An open meeting for all folks interested in having input into the '88 HIKING PROGRAM is scheduled for 7:30 pm, Wednesday, November 11 at the home of Jack Peth.

Your hiking chairpeople are advancing that in addition to our normal hiking program we organize a series of hikes "PARKWALKS" at various city, county and state parks. These hikes would be the same day of the month (i.e. second Sunday), low fee, widely advertised, start at the hiking location over a several hour period and offer prizes (memberships and publications). The intent of the series is to develop membership or participation from new groups.

If you have some thoughts on the "PARKWALKS" or would like some say in the overall hiking program, contact Jack Peth (921-7214h or 269-5265w) for directions to his 125 Elmont St., West End, home.
Happy Hiking!

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Pittsburgh, PA 15232
621-2997

PITTSBURGH COUNCIL NOVEMBER TRIPS PAGE 2

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
27-29	FSS	Hike	Easy/Int	Joe Hoechner	242-0781	9:00am	Explore Washington, D.C. using the new Hostel. For full AYH members with good walking shoes. (see story page 3). Trip limited to 6-8 people. Reserve early, cost: \$50+.
December 6	Sun	Cave	Begin	John Popp	885-2126		Bear Cave -- entrance maze, suicide pass, tunnels, and the infamous keyhole passage.

HOSTELING NEWS

Every year since 1974, from Memorial Day to Labor Day, a former dude ranch high in the Rocky Mountains of Colorado has opened its doors to hostellers as the H Bar G Ranch Hostel. This is a unique facility well worth a stop during your travels in the western U.S.

Owned and operated by Lou Livingston, the H Bar G Ranch Hostel has been in the hands of the Livingston family for many years. The original homestead cabin on the site opened in 1892, and the dude ranch itself opened in 1901. The complex consists of 15 cabins, which have been turned into sleeping accommodations for two to ten people each.

But it's the setting that makes the H Bar G Ranch Hostel especially notable. The hostel is just on the edge of Rocky Mountain National Park at an altitude of 8,200 feet, offering what Livingston describes as "one of the finest views of the entire front range of the park."

The hostel is five-and-a-half miles outside of Estes Park. Livingston provides shuttle service every day to and from the hostel. Once at the hostel, guests can use the tennis court, play volleyball, use the barbeque pit, and play the piano. And, for adventure, Livingston reports there are lots of hiking trails from the hostel grounds as well as horseback riding and river rafting nearby.

The entrance to Rocky Mountain National Park is about 25 miles from the hostel.

Reservations, with the first night's deposit included, are essential from mid-July through August. Families and small groups are welcome if advance reservations are made and space permits. There is no maximum stay at the H Bar G Ranch Hostel as long as there is room for the guests.

No non-members are allowed. Guests are encouraged to use sleeping bags rather than sleep sacks because of the low temperatures at night. The hostel is open from Memorial Day to Labor Day.

For more information, contact:

H-Bar-G Ranch
3500 H-Bar-G Road
Box 1260
Estes Park, CO 80517
Phone (303) 586-3688

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# rms	#people	Type of room	NOV 1 to DEC 1	AFTER DEC 1
12	2	1 double bed	59.00	64.00
23	2	2 single beds	59.00	64.00
10	3	1 single, 1 double bed	46.00	51.00
10	4	2 double beds	40.00	45.00

The above rates are for the room on Friday and Saturday nights ONLY. All meals are your own responsibility. AYH members will receive a \$3.00 per person discount from their room.

No refunds will be made after December 15, 1987 unless the reservation is wanted by someone else.

For additional information, please call:

Hannah or Elaine Mormer, (412) 521-6404

-or-

Bill Johnston, (412) 243-1945

Name: _____ AYH #: _____

Addr: _____

City: _____ State: _____ Zip: _____

Phone: (home) _____ (work) _____

List persons sharing room (if applicable):

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Please reserve the following:

_____ room(s) w/ 1 double bed @ \$ _____ = _____

_____ room(s) 1 dbl & 1 sgl bed @ \$ _____ = _____

_____ room(s) w/ 2 double beds @ \$ _____ = _____

_____ room(s) w/ 2 single beds @ \$ _____ = _____

_____ a single bed and roommate @ \$ _____ = _____

_____ DISCOUNT(S) for AYH mbrs @ \$ 3.00 = _____

TOTAL FOR LODGING: _____

_____ Bus reservations @ \$25.00 = _____

TOTAL FOR BUS RESERVATIONS: _____

PAYMENT MUST BE MADE IN FULL. NO CASH OR TELEPHONE RESERVATIONS ACCEPTED. A SEPARATE CHECK FOR THE BUS.

Please check:

_____ can supply _____ rides

_____ will need ride

_____ will supply own ride _____ riding bus

Make checks payable to Pittsburgh Council, AYH. Ser reservation form, check, and a self addressed stamped envelope to: Elaine Mormer, 1522 Denniston Avenue

PITTSBURGH COUNCIL TRIPS FOR NOVEMBER

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
5-6	FS	Cave	Int	Norm Snyder	35104068		Join Norm on a cave trip to West Virginia. Probably Norman Bone Cave.
5	Thurs	Ski	All	Bill Johnston	243-1945	7:00	Cross-country ski clinic at HQ. See article on page 3.
6-8	FSS	Backpack	Int	Glenn Oster	364-2864h 234-3967w	6:00pm	Try a compromise (hopefully) between summer and winter hiking in the remote Otter Creek Wilderness. Call for info and reservations.
7	Sat	Hike	Easy	Blanche Asherman	828-8158	8:00	Rachel Carson Trail
8	Sun	Hike	Easy/Int	Fred Parker	856-4713	1:15 pm	Murrysville to Trafford. 5 miles. Railroad tressels, etc. Sturdy boots required.
11	Wed	Hike	All	Jack Peth	921-7214h 269-5265w	7:30pm	An open meeting at Jack Peth's home for anyone interested in giving input to the '88 hiking program. See the hiking writeup
12	Thurs	Ski	All	Bill Johnston	243-1945	7:00pm	Cross-country ski clinic at HQ. See article on Page 3.
13-14	FS	Cave	Beg/Int	Buck Rodgers	751-7957		Crabtree Cave -- a western Maryland cave, with popcorn formations (subject to availability)
14	Sat	Hike	Adv	Pete Srini	683-3611h 343-8800w	8:00	Laurel Highlands Trail. This is a tough hike. If enough people are willing, we'll do the Chiopyle section. 1200 to 2400 ft of climb, depending on direction.
15	Sun	Hike	Easy	Jack Peth	921-7214	9:00	Raccoon Creek State Park. Frankfort Springs area. Call about West End pickup.
19	Thurs	Ski	All	Fred Parker	856-4713	6:30	Cross-country ski clinic at HQ. See article on page 3.
21-22	SS	Backpack	Int	Pete Srini	683-3611h 343-8800w	8:00	Laurel Highlands Trail from Route 30 to rt. 31. 16 miles, not many hills.
21	Sat	Hike	Easy	Tom Kaveney	276-8044	8:30	Linn Run State Park.
21	Sat	Hike	Maintenance	Glenn Oster	364-2864h 234-3967w		Help to keep Baker Trail north of Cooks Forest one of the most interesting and walkable sections. No fee or transportation charge. Call for info and reservations.
21	Sat	Hostel Party	All	Len Benson	655-4195		Fall work party and dinner at Chiopyle Hostel. Bring your leaf rake. We'll be getting the hostel ready for winter by raking leaves, doing yard work, and some painting. Group dinner and free overnight for workers. Bring a friend. Others are welcome to join us for dinner, but will have to pay a nominal fee.
22	Sun	Hike	int	Linda Smithyman	531-1868	8:00	Destination to be announced. Call for info.
26-29	TFSS	Cave	Int	Paul Herre John Popp	653-7934 885-2126		Thanksgiving weekend trip. Caves in the Franklin, WV area.