Hostelling, Travel and Outdoor Recreation From American Youth Hostels



# GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 45, NUMBER 1 & 2

JANUARY / FEBRUARY 1995



#### **Features**

Is your favorite student heading to Europe on a trip? Then you won't want to miss reading about all of the sales and merchandise available on page 3.

Cross-country skiing returns and so does the annual Wilderness Lodge Cross-country ski weekends. Join the Adventure and fun. These are very popular trips and spaces fill fast, so see page 4 for details as well as single day trips!

Ohiopyle Hostel gears up for the 1995 season. Volunteers are needed and some new features are added, see page 5 for details.

Glenn Oster is at it again and regales us with yet another of his many tales, in "One Nice Hike" on page 5.

Traveling through London and Ireland as Dave Trattles learns to celebrate the differences when you're on the road; on page 7.

Activity Chairs; Page 2 HQ Programs; Page 2 Submissions Policy; Page 2 Council Minutes; Page 3 Fundraising; Page 3 Hiking/Backpacking; Page 4 Rambles: Page 6 Volunteers needed; Page 7 Classified; Page 7 Council Travel and Book Store; Back Cover

.....And MORE!!!

## Pittsburgh Hostel Project Receives \$50,000 Grant

President Marianne Kasica has just announced that the Pittsburgh Hostel Project has been awarded a \$50,000 grant from the John H. Fox Fund, the Walter S. Meyer Memorial Fund, the Alice Risk Wilson Fund, the David Dallas and Roberta Odell Fund and the James Sidney Hammond Fund of The Pittsburgh Foundation. The Pittsburgh Foundation administers more than 425 charitable endow-ments, established by individuals, families, organizations, and businesses throughout Western Pennsylvania. Last year, The Pittsburgh Foundation awarded over \$6.5 mil lion to more than 425 charities.



#### NORTH AMERICAN RESERVATION SYSTEM (NARS)

**New Reservation** System

We are pleased to announce that HI-AYH and HI-Canada have agreed to create the North American Reservation System (NARS) to link all interested hostels. Based upon a computer program similar to the International Booking Network (IBN) and providing hostellers with a toll free 800 number that can be used anywhere in North America, NARS will offer travelers the ability to reserve beds at our hostels easily and economically. Hostellers will be able to use the 800 number (1-800-444-6111) beginning January 1 when the pilot phase of the project will begin.

Our very own Ohiopyle Hostel, pictured above, has joined the NARS system. For more Ohiopyle infomation, contact Wm Eberle, 412-833-9732.

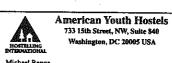
#### Larry Laude Elected to National Board

Congratulations to Larry Laude, long-time member and officer of Pittsburgh Council, who was recently elected to a three year term on the AYH national board of directors at the national council meeting in Miami Beach. Larry says that he will be happy to hear from members who have questions on what's happening at the national level of AYH.



to HI-AYH at SABRE, our annual ride to raise hostel funds.

## **New Card**



Plainfield, NJ 43227

060-101370110969132

11/69

HI-AYH members will be carrying a new membership card in 1995! The credit-card sized membership card, made of durable polystyrene material, will be given to all members purchasing new or renewal memberships as of January 1, 1995. HI-AYH and the German youth hostelling association (DJH), which has 1.3 million members, will be among the first group of 16 associations to offer the card at the beginning of 1995. All associations will be using the card by 1996. The front of the cards will be identical for all associations, and will not include a member photo. The Backside of the card is available for each national association to customize. Initially a promotion for the international hostel reservation system, IBN, will be featured on the back of HI-AYH's cards, but efforts are under way to sell the space to an interested corporate sponsor. The Hostelling International card for welcome stamps has also been changed to match the new design.

### A Reminder: The best things in life are Free!

Since April, 1994, Hostelling North America has been distributed at hostels free of charge to all hostellers to promote hostel usage among people who are in ive travel mod

> **NON-PROFIT** US POSTAGE PAID PERMIT #127 PITTSBURGH, PA

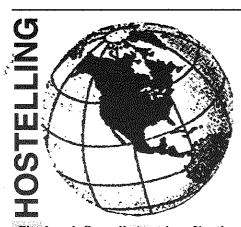
#### **AMERICAN YOUTH HOSTELS**

PITTSBURGH COUNCIL **5604 SOLWAY STREET** PITTSBURGH, PA 15217

Dated material --please deliver promptly Address correction requested







Pittsburgh Council, American Youth
Hostels, Inc.
Serving Western Pennsylvania & West

Serving Western Pennsylvania & West Virginia Panhandle Since 1948, Incorporated 1955

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Wm. Eberle (97)
Joe Hoechner (97)
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Marc Reisman (97)
Roy Weil (96)
Ray Yutzy (96)
Bob Zavos (97)

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## $\mathsf{Oops}_{\mathsf{m}}$

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

#### MATERIAL...

All material to be published, should be sent to the address below, It Can be submitted on Disk in either IBM or Mactintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels The Golden Triangle 5604 Solway ST. Pittsburgh, PA 15217

Office: (412) 422-2282

### PITTSBURGH COUNCIL ACTIVITY CHAIRS

Chairman of the Activities Committee VACANT.....##### Canoeing Paul Henry ...... 962-1511 Cross Country Skiing Steve Tubbs ...... 279-4866 Cycling Wm Eberle ...... 833-9732 Chuck Ejzak ...... 466-6196 Family Activities Barbara Hanusa ...... 441-7205 Hiking / Backpacking Veronique Schreurs.....###-#### VACANT.. .....###.#### Kayaking VACANT ..... ###-#### Ray Yutzy...... 341-5682 Midweek Rambles Cliff Ham ...... 687-4520 Rafting Doug Bruce ..... 561-5037 Rock Climbing Eric Bauer ...... 687-0766 Sailing Joel Hough ...... 727-2807 Bob Zavos ...... 241-0659 Sea Kayaking Mark Mistrik ......344-8665 Alpine Skiing Coordinator Wm Eberle ...... 833-9732 Trips Coordinator Vicki Krug...... 361-4386 Trail Systems Glenn Oster ...... 364-2864 Jim Ritchie ...... 828-0210 Headquarters Programs Tom Rodgers ...... 621-6310 Chris Kline ...... 441-7352 Storekeeper Wm Eberle ...... 833-9732

Caving, Volleyball coordinator, Ast. Store Keeper, HQ Volunteers

## NOTICE

Please note the deadlines for future issues of the GOLDEN TRIANGLE

March All copy, Feb 2 Binding/Mailing, Feb 23

April All copy, Mar 2 Binding/Mailing, Mar 23

If your work is on computer, Please contact Bill Eberle @ 833-9732 or Larry Laude @ 665-9554 or; 73467,3201 on CompuServe

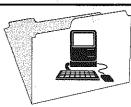
#### Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

#### About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), {Formerly named International Youth Hostel Federation(IYHF)}, which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

## Submissions Policy: Golden Triangle



#### Classified Adds:

Classified adds are free to Current members of HI-International
 All requests for classifieds must be made in writing via the Council
 Office. Request Must include full Name, address, phone number and
 Membership number of member. Members are not permitted to
 place adds for non-members.

Free adds may not be for commercial gain:

Above rules apply in addition to general rules for submission

#### Trins

- All trips must be approved by authorized co-chair

  Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip
  leaders, are not to submit trips directly to editor or office, any trips
  improperly-submitted will not be listed.
- Above rules apply in addition to general rules for submission

#### Article

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission.

#### General rules for submission

- No handwritten submissions
  - Submissions Can be;
    - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed
- Before the deadline of the issue that submission needs to be run in.
   (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.

  Standing Deadline; Deadline for the GT, has always been, and will
- continue to be the First Thursday of the month, prior to the month of the issue.(See Editors Golden Rule)

  Please always check in advance with office, to confirm schedule.

#### Editors Golden Rule

Titors Golden Hule

"Lack of planning on your part, does not constitute an emergency on
my part"

#### January/February Slide Shows

Due to the Holiday's, the schedule of programs for the Thursday night open houses was not available at the time we went to press. For the latest news on each weeks program, contact Tom Rodgers at 621-6310. Thank You.

January Open houses will be Thursday evenings on the Fifth, 12th, 19th and the 26th.

Open houses will be Thursday evenings on the Second, Ninth, 16th and the 23rd.

Doors open: 8PM. Slide Shows: 8.30PM
Share your Slide Show trip!
To Schedule a show or have a show idea call
TOM RODGERS 621-6310

## **Pittsburgh Council Hostels**

Ohiopyle AYH Hostel Ohiopyle State Park PO Box 99 Ohiopyle, PA 15470 (412) 329-4476

February

Charleroi Youth Hostel (SA)
Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200

Living Waters AYH Hostel RD #1(1 mile west on Route 30) Schellsburgh, PA 15559 (814) 733-4212



#### 1994 National Council Meeting

The 1994 AYH annual national council meeting was held November 17-20 in Miami Beach, Florida. Bill Eberle, Marianne Kasica, and Larry Laude attended from Pittsburgh Council.

In addition to the usual workshops on hostels, hostelling, and council operations, the main focus of the annual meeting was the approval of the AYH Strategic Plan. The strategic plan has been in development over the past year by a task force consisting of representatives of all parts of the AYH organization and provides overall direction for AYH for the next ten years.

Of importance to Pittsburgh Council trip leaders was the presentation of the new Activity Leadership Manual, formerly called the Risk Management Manual. Our own Wm. Eberle is a part of the authorship of this new manual, and sits on the National Risk Management Subcommittee. William will have an update in the March edition of the "GT"

The 1995 national meeting will be in Buffalo, New York, in November 95.

#### T-Shirt Sale

94 MVC T-Shirt \$6, 94 SABRE T-Shirt \$6, 93 MVC T-Shirt \$3

The Pittsburgh Council "I'd Rather Be Hik-

ing... etc." T-Shirt is also available in vibrant yellow or coral and also in purple and heather gray for a special holiday price of \$7 each.

Add \$2 postage for one T-Shirt or \$3 for two or more T-Shirts

Also, water bottles from 93 MVC and 94 SABRE — \$2 including postage

Remember, all T-Shirt sales help support Pittsburgh Council projects, including the new Pittsburgh hostel!

#### GIFT MEMBERSHIPS AVAILABLE!

Buy a gift membership for that student travelling to Europe for the holidays or for the spring semester abroad. Don't forget to include an international hostel directory, a Let's Go book and perhaps a Eurail or BritRail pass. See the back page for details or call the office for suggestions.

## Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get

Thanks for your interest and help. Clip out the coupon below and make your pledge today.

\$2500 \$1000 \$500 \$250 \$100 \$50 Other: \$	HOSTELLING
Yes, I can also volunteer  — Fundraising — Architecture or De — Construction — Public Relations — Clerical help — other:	esign
Name	
Address	
Telephone	
Mail your I AY Pittsburgh H	Н

#### President's Corner

I am happy to announce that we have received a \$50,000 grant from five funds in The Pittsburgh Foundation. This grant will be a major cornerstone of our funding and together with other grants brings us to about two thirds of the way to completing our funding. It has been difficult to nail down some expenses since as the planning process moves forward the committee gets further refinements in the cost estimates. Pittsburgh Council and the South Pittsburgh Economic Revitalization Team are hard at work finalizing these costs and arranging for the final portion of the funding.

#### Activities

Our activities program has survived the changes brought about by the risk management manual. Bill Eberle has been working with a national committee to revise and rename the manual, by the way. It will be a more user friendly manual with suggestions and guidelines instead of mandates. I would urge those trip leaders who were concerned about the original to take another look.

We will be establishing an activities oversight committee that will meet on an "as needed" basis to coordinate and oversee the Council's activites program. Bob Zavos, Barbara Hanusa, Mark Mistrik and Steve Tubbs have agreed to serve on this committee, which will report to the Board of Directors.

Marianne Kasica

#### \*\*\*\*\*\*\*\*OFFICE HELP WANTED\*\*

#### **"WORK FOR AYH!**

Pittsburgh Council is looking for a new office manager to replace Helen Coyne, who will be leaving soon on a cycling adventure around the world.

The Council will be hiring a person to work 20 to 30 hours per week at the AYH office in the Wightman School Building in Squirrel Hill, starting February 1st. Responsibilities include answering the phone; selling AYH memberships, student ID cards, travel books and supplies, hiking guides, and rail passes by mail and to walk-in customers; handling wholesale orders of AYH publications; and servicing memberships sales agencies such as travel agencies. Typing and basic computer knowledge is required. Hostelling and Travel Experience greatly desired. Training will be provided. Hours are currently 9 to 4 Monday, Wednesday and Friday and 11 to 6 on Tuesdays, but alternate hours may be acceptable. Please send resume or background information to Larry Eaude at the Council office:

#### RISK MANAGEMENT; DUTY TO EXTEND INSURANCE COVERAGE

The National Board of Directors asked the Risk Management Committee to review and establish principles for determining the duty to extend insurance to volunteers, officers and directors. At its September meeting, the Risk Management Committee agreed the following principles will be applied:

- 1. HI-AYH will defend any volunteer, leader, council member, officer, director or board member who is sued in their representative capacity and who denies wrong doing/or disputes the damages claimed.
- 2. HI-AYH will indemnify any volunteer leader, council member, officer, director or board member who is held liable for acts of negligence occurring within the scope of their affiliation of HI-AYH.

#### **COUNCIL MINUTES**

September Board Meeting: The Board voted to join the Pittsburgh Area Cycling Coalition, with Bill Eberle as the Council's representative. A brokerage account was approved to accept recent donations of stocks for the Pittsburgh Hostel. Funding and development strategies for the Pittsburgh Hostel were reviewed. The status of the water supply at Ohiopyle was discussed. November 10th was approved as the date of the annual council meeting.

Annual Council Meeting: The nominating committee presented its recommendations for officers and directors for the Council. Since there were no other nominations from the floor, the Council approved the nominating committee recommendations by acclamation. President Marianne Kasica presented a report on the Council and responding to questions from the membership. The following officers were elected: President - Marianne Kasica, Vice President - Maribeth Hook, Secretary -Larry Laude, Treasurer - Roy Weil. The following were elected as directors: Lou Conley (one year), Terri Lorince (2 years), Joe Hoechner (3 years), Bill Eberle (3 years), Bob Zavos (3 years) and Marc Reisman (3 years).

December Board Meeting: The authorized the sale of donated shares of stocks. The partnership agreement with SPERT for development of the Pittsburgh Hostel was reviewed. The revised national risk management manual and its application to Pittsburgh Council activities was discussed.

The next board meeting will be at 7:30 pm on January 17th at the Council office in the Wightman School Building. All members are welcome to attend.

#### HIKING / BACKPACKING

required. Call for details on trip.

January 2 Monday Paul Henry 962-1511 Hike or Cross Country ski dependent on conditions. Intermediate skills

required. Call for details on trip.

January 7 Saturday Joyce Appel 526-5407 Paul Henry 962-1511 Hike or Cross Country ski dependent on conditions. Intermediate skills

Joan Roolf January 14 Saturday 795-8345 Hike 5 or 6 miles or Cross Country ski for beginners in Boyce Park, starting at noon. Call for reservation and directions.

January 14 Saturday Glenn Oster 364-2864 Hike the bridle trail encircling North Park - 12 miles (8 miles if snow on the ground). Intermediate skills required. Call for information and a reservation.

January 20-22 Fri eve - Sun Glenn Oster Backpack in Clear Creek State Forest, south of Franklin PA. Intermediate level hike with the distance dependent on snow depth. Call for info/reservations..

January 21 Saturday Joyce Appel 526-5407 Paul Henry 962-1511 Hike or Cross Country ski dependent on conditions. Intermediate skills

required. Call for details on trip. January 22 Sunday Leo Stember 681-1385

Hike the Slippery Rock gorge. Intermediate hike, regardless of weather. Unsuitable for Cross-Country ski. Call for information and a reservation.

January 28 Saturday Joyce Appel 526-5407 Paul Henry 962-1511 Hike or Cross Country ski dependent on conditions. Intermediate skills

required. Call for details on trip.

February 3-5 Fri night - Sun Glenn Oster 364-2864 Backpack in the Oil Creek hiking trail, stay in open shelter. Intermediate level hike with the distance dependent on snow depth. Call for details on trip.

February 11 Saturday Glenn Oster 364-2864 Day hike in Moraine State Park, intermediate level 9 - 12 miles dependent on snow depth. Intermediate skills required. Call for details and a reservation.

February 18 Saturday Joyce Appel 526-5407 962-1511 Paul Henry

Hike or Cross Country ski dependent on conditions. Intermediate skills required. Call for details on trip.

February 19 Sunday Leo Stember 681-1385 Hike in Moraine State park. Intermediate hike, regardless of weather. Call for information and a reservation.

February 25 Saturday Joyce Appel 526-5407 Paul Henry 962-1511 Hike or Cross Country ski dependent on conditions. Intermediate skills

#### CROSS-COUNTRY SKIING

required. Call for details on trip.

January 7th	Sat	A11	Pat Rossi	335-5067
January 8th	Sun	A11	Gordon Bugby	371-4233
Instructive for the Be	ginner o	call befo	re 10:00PM	
January 4th	Sat	A11	Jack Asherman	828-8158
January 21st	Sat	A11	Norm Snyder	351-4068
January 22nd	Sun	Int	Brian McBane	443-8972
January 28th	Sat	All	Steve Tubbs	279-4866
January 29th	Sun	Int	Wm Eberle	833-9732
February 4th	Sat	A11	Tom Kaveney	276-8044
February 5th	Sun	A11	Mark Mistrik	344-8665
February 11th	Sat	All	Jeff Marsh	384-7827
February 18th	Sat	All	Joel Platt	521-5244
February 19th	Sun	A11	Norm Snyder	351-4068
February 25th	Sat	A11	Chuck/Lynn Ejzak	466-6196
February 26th	Sun	Int	Wm Eberle	833-9732
NOTES:			•	

- Cross-country ski trips leave the AYH headquarters at 8:30 am, unless otherwise indicated.
- No snow means no go.
- Believe in snow.
- \* Contact the trip leader for trip details.

#### DOWNHILL SKING

#### Seven Springs Saturday evening ski trips, 4:30-11:00 PM

Saturday	Jan 7th, 1995	(ski 5:00 - 11:00 PM)
Saturday	Ĵan 14th, 1995	(ski 5:00 - 11:00 PM)
Saturday	Jan 28th, 1995	(ski 5:00 - 11:00 PM)
Saturday	Feb 11th, 1995	(ski 5:00 - 11:00 PM)
Saturday	Feb 25th, 1995	(ski 5:00 - 11:00 PM)
Saturday	Mar 4th, 1995	(ski 5:00 - 11:00 PM)

Discount tickets \$13.00 Ski rentals (skis, boots and poles) \$ 9.00 Lesson \$ 4.00 Snowboard rental \$15.00 Snowboard lesson \$10.00 AYH Alpine Trip Fee \$ 1.00

Money due one week in advance of trip.

Skiers meet at Seven Springs (carpooling is not being organized,) Call Nancy Yuliano 898-4662 (h) for reservations and more information.

#### CROSS-COUNTRY SKI WEEKENDS WILDERNESS LODGE

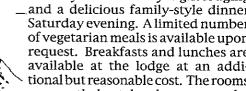
January 27-28-29 1995 February 3-4-5 1995 February 17-18-19 1995

If you like your lodging intimate and rustic, and your ski trails tracked and groomed, these weekends in the Erie snow belt near the New York border are for you. Nansi Janes' Wilderness Lodge has been a perennial favorite of AYH cross-country skiers who enjoy the miles of groomed trails. Peek'n Peak is also nearby (within skiing distance!) for the enjoyment



of the down-hill skiers or for those cross-country skiers who want to try the slopes. After skiing, come back to the lodge to warm up by the fire with a glass

of your favorite beverage. The cost of the weekend includes Friday and Saturday night lodging



Saturday evening. A limited number of vegetarian meals is available upor request. Breakfasts and lunches are available at the lodge at an additional but reasonable cost. The rooms are mostly hostel style accommoda

tions with 3 to 6 people in a room, but there are also three double rooms available. Space is limited to 36 persons per weekend. We will reserve entire rooms for you and your friends if you wish. The cost of the weekend does not include transportation, but we will try to assist with car pooling.

The cost: \$55 per person for the weekend for AYH members (\$65 for non-members). Three private rooms with a double bed are expected to be available for \$130 per room for the weekend for AYH members (\$150 for nonmembers). Trail use is \$5 per day. Please be prepared to purchase trail tickets at the lodge.

How to reserve: Call Helen Coyne at the AYH office at 412-422 2282 to make reservations for the weekend you want, then send a check made payable to Pittsburgh AYH for the full amount. Please reserve early These trips fill up fast! We will also keep a waiting list in case there are any cancellations.

Please note: There will be no refunds after 21 days before each trip unless we can get a replacement for you. All weekend fees include a nonrefundable \$10 deposit per person.

Name:			
AYH Pass #:			
Address:	7,07		1 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1
City:	ST	Zip:	e de Maria La companya La companya
Phone:			
Weekend:[] Jan 27-29 [] Feb	3-5 [] Feb	17-19	
Enclosed is a check for \$			•

[ ] I am driving and can take \_\_\_\_\_ passengers.

[ ] I need help finding a ride.

(no promises here, but AYH will try to help) [ ] I will drive and meet the group at Wilderness Lodge

MAIL TO:

Pittsburgh AYH, 5604 Solway St. Pittsburgh, PA, 15217.

#### Hiking Chair

Veronique Schreurs has been named as the new hiking chair of Pittsburgh Council, replacing co-chairs Jim Ritchie and Helen Coyne. Jim has resigned as hiking chair to concentrate his efforts on the Council's trails projects. Helen, as many of you know by now, is leaving Pittsburgh in February on a 18 month cycling tour around the world!

#### Beginning Kayaking Course

Community College of Allegheny County Allegheny Campus - North Side Continuing Education Dept. (non-credit)

Course taught by: Ray Yutzy (341-5682 for additional information) American Youth Hostels Kayaking Chair, Three Rivers Paddling Club member & 18 years boating experience

Course includes: instruction, equipment and use of the pool.

Instruction covers: Equipment, Paddle Strokes & Boat Control, "The ROLL" & Safety & Self Rescue

Course lasts:10 Weeks, Beginning 2-23-95 at a cost of \$ 98.00 (Allegheny County Residents (Address) — for others more \$) Please contact Ray for additional information. Not An AYH EVENT.

## **OHIOPYLE** NEWS!

Ohiopyle Hostel is well underway in planning for what we hope will be a record year! The Ohiopyle Hostel committee is busy looking into many improvements, including the refurbishing of the Shower facilities. Many changes



HI-Ohiopyle, Ohiopyle State Park, PA

have already been implemented, a new fax machine has been installed in the hostel, opening the door for the NARS reservation system, mentioned on the front cover. The welcome stamp that hostellers collect impressions of in their stamp booklets is also being updated from a simple address stamp to a more snappy looking line drawin, this new stamp should be ready to greet hostellers by February; Also we are looking into making the hostel a sustainable Living center, and will update you as more information is available.

Bob Utz, the Hostel Manager, had the place feeling real festive for the holidays, decking the halls, and trimming the tree. The Hostel is under what can be best described as a renaissance, and if it has been a while since your last visit, I urge you to take another look. The Hostel's cozy charm and rustic setting is just what the doctor ordered to get over those post Holiday Blues

If you would like more information on the hostel or would like to get more involved please feel free to contact me, Wm Eberle; Ohiopyle Hostel Committee Chair, at 412-833-9732

#### OHIOPYLE WORK PARTIES

Sunday, February 5 Jacky Eberle, Work Coordinator at 833-9732 Watch for other work party dates in March, April and May.

Please help volunteer for our first Ohiopyle Hostel clean-up party for 1995. If you can volunteer a few hours of your time to help paint, move furniture, clean, wash windows, do yard work or whatever talent you have, it will be very much appreciated. Free lunch for all volunteers and also, you can stay overnight for free but you must make a reservation in advance. We're also looking for some donated items: (Upright Piano, refridgerator and crib). We will meet at headquarters at 8:30 PM. and will be back around 6:00 PM.. Call Jacky Eberle if you have any questions or would like to sign up!

\*ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL

RECEIVE A FREE OHIOPYLE SWEATSHIRT.

ANY VOLUNTEER WHO WORKS 6 WORK PARTIES WILL be elegible for the "OHIOPYLE VOLUNTEER OF THE YEAR" AWARD

Watch in future editions of the "GT" for details

#### Rail-Trail Guide Now Available



The new guide to Pennsylvania's Great Rail-Trails has valuable information on 60 rail-trails in the state. Containing maps, photographs, trail descriptions, and historical background, this guidebook covers more than 700 miles of rail-trails.

Every rail-trail offers unique adventures. You can explore rugged rail-trails in Pennsylvania's Northern Tier, venture along the systems of rail-trails in the Laurel Mountains, or utilize close-to-home rail-trails that help take you

about your daily activities.

Designed to fit in your shirt or coat pocket, bike bag, or glove compartment, this guide-book has a two page description for each trail, or for the longer trails, for each section of trail. The guidebook is published by the Rails-to-Trails Conservancy and is available for \$12.95 through the Pittsburgh Council office. See the order form on the back cover for details.

#### ONE NICE HIKE

By Glenn Oster

To the best of my recollection, I've never written an article about a day hike, but the hikers and the weather made this one memorable for me; I thought you might like me to share these memories with you. It all took place on November 19, 1994 on the Laurel Highlands Hiking Trail.

Because of the amount of time required to drive to the trail and shuttle vehicles to the endpoint of the day's hike and because it gets dark early during months of Eastern Standard Time, it was necessary to start early - real early -like 7:00 a.m. That, in turn, calls for some mighty sleepy heads telling mighty reluctant feet to hit the floor and get moving. I know about that first hand. I rolled out of bed at 4:45 a.m., but I learned that Jim Boykan, one of the drivers, was on his feet even earlier at 4:00 a.m. Admittedly, he and I were building in cushion time needed in case of the unexpected, but it was early nonetheless. I was at our meeting place ahead of schedule, but Jim was already there waiting - how long I'll never know. He's one person whom you can rely on. - always early when you need him.

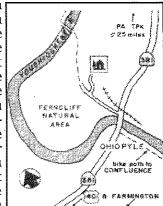
The plan called for leaving from AYH Headquarters and driving to the parking lot near the point where the trail crosses US Route 30, dropping off the hikers there, shuttling two of the vehicles to the trail's parking lot on Pa Route 271 and returning to get down to the business of the day - hiking. Well, we almost got away on time - fifteen minutes behind schedule. By then, all but one had arrived and we had to get moving. On the way, we pit-stopped at a Burger King, and I heard a familiar voice say, "Hi Glenn". There he was in living color, Brian Mc Bane, the one we left behind. Having missed us, he elected to travel on his own and spotted my license plate as he overtook me. (He admits that doesn't take much smarts - the plate number is OSTER.)

See OSTER, page 6

#### Design Contest Announced

Hostelling International-Ohiopyle is looking for a new logo design. This new logo would not only be used on T-shirt and other clothing merchandise, but also could be used for new advertising materials as well. The Ohiopyle staff would like to get to press with a new line of Ohiopyle Sweatshirts, t-shirts and other merchandise as soon as possible. The contest

rules state that the submission need only be a color proof of the final layout, however camera ready artwork would make it both easier and more cost effective for the Hostel. Submissions can be from a one to a three color layout and must contain the Hostelling International logo. There are a few rules when using the logo, however these are minor, and for purposes of the contest, you may simply indicate where the Hostelling International logo is to be placed. For a picture or a line drawing of the Ohiopyle Hostel you may phone or stop by the council office. If you would like, you could also visit the Ohiopyle hostel yourself to get a better impression of the building and also some inspiration; not to mention a nice break from the



city rush and immerse yourself amongst the beauty of Ohiopyle State Park and the Clean air of the snow capped Laurel Mountains.

The contest is open to all. For Purposes of moving along without haste, the entry deadline is March 1, however we will accept any entries after that date, and if deemed usable will compensate with an Overnight at the hostel or some other comparable prize. We are looking for more than one final usable logo, So hostel overnights are being awarded for any design that we will use beyond the overall best design. Grand Prize, for the best overall design will receive a 35 dollar HI-Pittsburgh gift certificate to be used in our Travel and Outdoor store, witch can be used towards the purchase of any of our Memberships, Hostel Overnights, Eurail Passes, Travel accessories or any other of the merchandise we carry.

All accepted submissions become the property of the Pittsburgh Council AYH, and may not be used for any other purpose. Submissions can be mailed or hand delivered to Hostelling International-Pittsburgh Council, 5604 Solway St., Pittsburgh PA., 15217. Any unaccepted submissions can be picked up at the same address after the contest, no entries will be returned in any other manor. For additional information, please contact Wm Eberle at (412) 833-9732. Thank you and have fun, I am anxiously awaiting your entries.

#### **HOSTEL STANDARDS** AND COMMON PRACTICES

At its July meeting in Australia, the International Youth Hostel Federation (IYHF) adopted the proposed Minimum Requirements for Hostel Standards and Common Practices without modification. Entering the third year of our own Quality Control Program, HI-AYH is well positioned to support this new international initiative. Generally, only minor modification to our present Quality Standards will be necessary HI-AYH was assured that IYHF would allow sufficient flexibility in the interpretation of the Standards regarding daytime access and minimum open hours requirements.

The Hostel Department has graded all HI-AYH hostels according to the IYHF Standards in time for the 1995 handbooks. Using the new standards, the HI\_AYH network consists of 11 higher grade, 35 standard grade, 94 simple grade and 19 ungraded hostels (hostels that do not meet the minimum requirements for the simple grade). Home Hostels and Supplemental Accommodations have been contacted to offer them the opportunity to "upgrade". All ungraded hostels will continue to be included in the new IYHF handbook up until 1998. After 1998 hostels that do not meet the IYHF Minimum Requirements will be dropped from all IYHF publications and programs. These hostels, however, could remain part of HI-AYH's domestic hostel network.

The new daytime access standard allows for access to shelter, toilets, and luggage storage during any daytime closed period. The intent is to provide a very basic level of service for hostellers arriving during the day. HI-AYH hostels will be encouraged to provide supervised daytime access. If access is unsupervised, it should be limited to "low risk" areas. All hostels will be required to provide daytime access to secure luggage storage. Hostels that do not meet the daytime access requirement will be graded as simple hostels. Of the 94 simple hostels, 51 would qualify as a standard grade hostel except for the lack of daytime access.

The new minimum hours standard requires that check-in be available from at least 8-10 AM / 5-10 PM. The purpose of this standard is to provide hostellers with guaranteed minimum open hours they can rely on when traveling without reservations. The IYHF minimum requirements allow for flexibility for simple grade hostels that comply with the current HI-AYH policy requiring all full service hostels to be open for a minimum of two hours in the morning which must include the hour 8-9AM, and a minimum of five hours in the evening which must include the hours of 6-8PM., provided these hours are published. Hostels that do not meet this requirement will be classified "ungraded".

### AYH Sheet Sleeping Sac.... DON'T LEAVE HOME WITHOUT ONE!

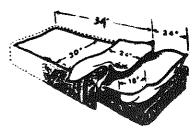


Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at

hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries

extremely quickly (handy on trips). the cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



#### **OSTER**, from page 5

Waiting at the trail head was Chris Lindberg, not yet an AYH member, but a good hiker and the twosome of Joyce Appel and Paul Henry. Talk about reliability, they had agreed to help with the shuttling and were there bleary eyed from lack of sleep. The night before, they had paddled canoes down to the point with other AYH ers to witness all the festivities of Pittsburgh's "Light Up Night", paddled back up stream afterwards, had dinner with the group and drove to the trail head - all by 2:30 a.m. They slept (to a degree) in their van and were nearly zombies when I arrived. To rub salt in the wound I didn't need them to shuttle after all. A late night driver cancellation forced me to change the driving plan with no way to contact Joyce and Paul. But they were their usual cooperative selves and took the inevitability of the situation in good grace. Not only that, but they hiked like fully rested athletes. A J Stones met us there and offered to use his big van to help shuttle hikers back at the end of the hike - a real convenience.

The group had their collective engines running when we completed the shuttle, and it didn't take long to get underway. In addition to the hikers I've already mentioned, there were only two with whom I've hiked before. Kate Fissell, one of these, was a student in the recent backpacking class which I taught at Community College of Allegheny County; she is quiet, but a super hiker and backpacker, and she cares enough about the trail to pick up other hikers' litter, a special person. The other was everyone's friend, Ingeborg Kerenyi; she's so much better a hiker than she would ever admit. She tells me that Pittsburgh Council of AYH made a major improvement in her lifestyle. She now can find hikes to go on and people with whom she can hike. I can relate to that. I had the same experience - way back in 1978.

The day was crisp and cool with a high of 58°F predicted - never made it. The sun shone brightly all day, and views of distant hills and streams were abundant in places where I've never seen them before - one advantage of hiking after the leaves have fallen.

Nancy Wolper earned a unique position in the group - she was the first to sign up for the hike. Nancy was always way ahead of me on the trail although that wasn't unique - everyone was. She really spreads the word about hiking trips. You'd think she liked the activity.

As we hiked along and I talked with the hikers who were new to me, I came to realize that we had an international flavor to the group - Esther Carenzo is formerly of Mexico, and this was her first major hike. Had I known that she was a novice, I'd probably not have accepted her on this hike. After all, it was to be nearly twelve miles long with 1,000 feet of climbs, and we had to make good hiking speed because of darkness setting in so early at this time of year. That could have been a big mistake, but she did just fine. Martina Faller, our other international hiker, regrettably will be with us only until her grant at Carnegie Mellon is concluded. She's a seasoned backpacker from West Germany with a British accent (figure that one out), and I was surprised that she and Ingeborg (whose accent is definitely German) talked in English. How about that for sensitivity; they felt that otherwise they would have been excluding those of us who don't speak German.

Then there was Pete Ferrari who's on hand at so many AYH open house meetings but never before on one of my hikes. I saw another side of him on this hike - his affection for his younger brother, Chris, whom he brought along . Both did very well, although this was the longest hike that Chris had tackled so far (Don't ask him how his feet felt - he's liable to tell you.). Not sure which of the pair teased the other the most.

The trail generally follows Laurel Ridge and demands plenty of energy output with its ups and downs. Paul and Joyce were appointed to the lead position (based on my first hand knowledge that they are experienced, reliable hikers) and they chose a super spot to stop for lunch - big rocks scattered around that made good seats, albeit not especially soft. The air felt a tad chilly when we weren't walking, and I couldn't believe how fast the group got underway when I suggested to Paul to "round 'em up and move 'em out".

During the hike, I had a chance to talk with Sandy Katz, another new face to me. I'm not sure whether she will be remembered more for her captivating smile or her masochistic nature - no, not this hike - she planned to go on a Dick Pratt led Sierra Club hike the following day. I have never met the gentleman, but his reputation goes before him. My hike would look rather wimpy to him. Two hikes with two different hiking groups on two successive days! 'Nuff said.

Throughout the day I continually addressed Dave Barndollar, "Rich", and Rich Gemeinhart, "Dave". Both are tall men and both experienced backpackers. This hike wasn't much of an effort for them. Surely hope they go on more of my hikes, although the handwriting is on the wall-I'll probably always screw up their names.

The weather continued to be sunny and invigorating, and the group continued to hike faster than I had expected. Despite a late 10:10 a.m. start, we finished by 3:30 p.m. - all of us (and I had been concerned about getting off the trail before darkness set in). We even completed the shuttle back to where we started before sundown.

Next came the matter of dinner. The simplest approach, with some hikers traveling home in different directions, was to head for nearby Ligonier and take our chances at finding a restaurant which could handle seventeen hungry hikers at one table. I suggested Ruthie's Diner but was the last to enter and didn't get to see the ashen expression on the waitress's face when she learned how many were in our group. Just the same, they did a good job of serving us and at most reasonable prices. We enjoyed getting to know each other better over dinner, and then headed back without mishap - the end of one nice hike.

#### CREDO AND CODE OF ETHICS ADOPTED

As a tangible demonstartion of its commitment to uphold the highest ethical standards in its service to the HI-AYH mission, the National Board of Directors adopted the following credo and code of ethics. They were developed by The Independent Sector, a national coalition of 850 voluntary orginzations, foundations, and corporations dedicated to advocacy for and training within the nonprofit sector. HI-AYH has enthusiastically joined The Independent Sector and many other member organizations in adopting the credo and code. It is hoped that each council will be equally enthusiastic in committing to them.

## HOSTELLING INTERNATIONAL- AMERICAN YOUTH HOSTELS CREDO AND CODE ETHICS.

#### Mission

The mission of Hostelling International- American Youth Hostels is "to help all, especially the young, gain a greater understanding of the world and its people through hostelling".

#### Credo

We adopt as our credo the belief that as stewards of Hostelling International-American Youth Hostels, which has been established for public benefit and has legal standing for that purpose, we have accepted a public trust to abide by high standards of performance and ethical behavior.

#### Code of Ethics

Hostelling International-American Youth Hostels' standards of performance and ethical behavior are represented by the following values in which we believe:

- Commitment beyond self is at the core of a civil society;
- Adherence of the laws, including those governing tax-exempt philanthropic and voluntary organizations, is a fundamental responsibility of stewardship;
- Committment beyond the law, to obedience to the unenforceable, is the higher obligation of philanthropic and voluntary organizations;
- Commitment to the public good requires those who presume to serve the public good to assume a public trust;
- Respect for the worth and dignity of individuals is a special leadership respons
  - ibility of philanthropic and voluntary organizations;
- Tolerance, diversity and social justice reflect Hostelling International-American Youth Hostels' rich heritage and the essential protections afforded it;
- Accountability to the public is a fundamental responibility of public benefit organizations;
- Openness and honesty in reporting, fund raising and relationships with all constituencies are essential behaviors for organizations that seek and use public or private funds and that purport to serve public purposes;
- Prudent application of resources is integral to public trust.

#### MID-WEEK RAMBLES

January 4 Wed Cliff Ham 687-4520 Ramble in Frick Park. walking to Duck Hollow and along the Monongahela river.

**January 11 Wed Cliff Ham 687-4520 Tour of Shadyside in the Winter.** About 12:30 PM. return to Fifth and Shady. Meet at AYH for your own picnic lunch and Ramblers meeting. Slides and talk on Greece.

January 18 Wed Cliff Ham 687-4520 Walk in Highland Park; see the Children's playground and walk around the controversial reservoir.

January 25 Wed Cliff Ham 687-4520 Linden School area & the home of some famous literary figures.

February 1 Wed Cliff Ham 687-4520 Annual Walk in Calvary Cemetery.

February 8 Wed Cliff Ham 687-4520 Walk through another part of Schenley Park. Meet at the home of Cliff and Marilyn Ham for your own bag lunch, then slides of the boat/bike trip in the Netherlands by the Hams. Meeting of the Ramblers.

February 15 Wed Cliff Ham 687-4520 Climb the slag heap near Squirrel Hill. Good views. See a fumarol.

February 22 Wed Cliff Ham 687-4520 East End walk, location to be decided.

#### Notes for all trips:

\* Meet in upper parking lot, Fifth and Shady Avenues, by 10 a.m. We try to carpool, to save energy and to enjoy each other's company. Please share expenses of transportation when trips exceed 10 miles. Suggested: one dollar per passenger.

\* Trips are normally three to four miles in length, at a leisurely pace. Trips are subject to change due to weather, the leader, or the choice of group. We

will walk in all conditions of weather; so be prepared.

\* From time to time, we will schedule lunch at a restaurant, or a brown bag

lunch. These are optional.

\* Call Cliff or Marilyn Ham for more information about a trip or to let them know you are planning to walk with the group, at 687-4520. Please do not

call after 10 p.m.

\* Or call the AYH office during its business hours: 422-2282

#### BEING MERE Learn to celebrate the differences when you're on the road

by Dave Trattles

We met dockside at Dover. I was checking over my bicycle in preparation for the first kilometers of English roads; he was hanging about, kicking stones an looking at his watch every few minutes. The ferry to France was late.

He walked over and started in. "I can't stand England. It rains everyday, the hotel rooms are damp and cold, you have to put money in the showers for hot water, and everyone over 40 calls you "luv" But the worst part is that the pubs close early. And talk about expensive! I wouldn't wish this country on anyone. We do things differently back home."

I asked how far he had traveled and how long he'd been in the country. It turned out that London was as far west and north as he'd gone- perhaps a distance of 112 kilometers, all in a weekend! As the complaining wore on, the real problem surfaced: someone had stolen his wallet.

I like England. While I was sympathetic about his misadventures, I was also dismayed by the conclusions he'd reached. from now on, whenever someone mentioned the word. "England" to him, his opinion would be colored by this two-day trip that didn't work out so well.

If the unhappy traveler I met in Dover had ventured farther west, he could have staved in a Norman castle (St. Briavel's Youth Hostels) that King John used as a hunting lodge. The experience would have been cheaper and as culturally enriching in its way as a trip to London.

This example of a weekend gone wrong shows how unsolicited information can bias your impressions of a country. In many instances, when you press for further details on how so-and-so ran into trouble, you find that the person speaking with such authority heard it via a friend who was eavesdropping at the local bingo game.

Don't take advice too literally, especially when it's negative, until you find out how the person came by such insights. Comparing another country to your own by highlighting shortcomings, as this traveler did, is a sure way to invite disappointment.

The whole point of traveling is to experience different cultures. Otherwise, you could save a lot of time and effort by buying a coffeetable book. Open eyes are a prerequisite, as in an ability to accept differences as part of the fun.

Traveling is inherently tiresome; there are bound to be let downs. After weeks of touring museums and cathedrals, you might find that unoccupied chairs are more compelling than yet another flying buttress.

The fact is that it usually takes more than traipsing around monuments and museums to really appreciate the culture. often, the meaningful memories of you trip will be based on people, not architecture.

The first time I saw the Eiffel Tower, I thought it looked like a bucket of bolts hanging from the sky. I wasn't sure why my parents, who had honeymooned in Paris 35 years ago. spoke so fondly of this landmark. It took the yogic antics of a romantic couple in the elevator to remind me that what makes the tower special are the people who go there.

My fondest memory of Ireland was a windy afternoon with a family that waved me over for a firsthand crack at "cutting turf".

Similarly, what is unique about British pubs? It's not so much the baked beans on potatoes or the translucent over boiled cabbage but the regulars that eat them. When asked, they'll be happy to give you insights into the local culture, and in some cases, may tell you things that the guide books leave out.

Sunny cafes are the rest of Europe's social equivalent of the British pub. Join others in deciding which of the hundreds of beers to sample at a Belgian beer garden, or in sipping tea from a samovar in Turkey. Simple as It may seem, doing what the locals do makes the flavor of the country more accessible. When you have an early morning cappuccino in Italy, you appreciate why southern Europeans care less about time and work, and more about life.

However tight your budget, splurge on at least one traditional meal in the country or region you're visiting. Chomping on baguettes day after day will save you money - and give you peculiar scars around the corners of your mouth - but it won't teach you why food is sacred in France, you have to spend a few dollars to discover the reason eating is central to the French life style.

Every country has designated places for eating. In Spain, tapas bars offer a variety of foods that feature some local specialty. In Belgium, you may become an expert in French fries from chip trucks If you plan to visit London, go for a high tea at the Ritz. In Scandinavian countries, try the cold table foods that are served in hotels, cafes, and restaurants.

Local eateries and pubs are also excellent places to practice your language skills. As a guest, you should always carry a phrase book. A few words, spoken in the local dialect, is a door-opener: at the very least, it will bring a smile to your host's face.

Transportation, like language, is cultural. Although Eurail is an effective way of going from country to country, there are interesting options to get around within countries, or even regions. To by-pass traffic and hills, I have cycled in Wales beside canals that were formerly used to carry coal. It's possible to travel similar waterway networks through France and England.

The ferries that ply the Greek Islands, or that skim the fjords of Norway are more than a means of getting around. And the interlacing canals of Bruges or Amsterdam are functional as well as beautiful, Travelers with rich uncles should see Venice from a gondola. Otherwise, It's a good place to meet up with your parents.

Remember that you are going to Europe to enjoy yourself and to experience a different lifestyle. One of the challenges of travel is to learn to interpret the cultures you come across. Just how good you will be at this depends to a large extension your friendliness.

Jump at any opportunity to meet local people, and give them the chance to tell you about themselves and their country. My fondest memory of Ireland was a windy afternoon with a family that waved me over for a first-hand crack at "cutting turf". They were surprised and pleased that anyone would be interested enough to ask about their heritage. By the time I left that afternoon, even the youngest of the seven-person family was bright with pride.

If, after some time on the road you find petty cultural differences irritate you, or you become intolerant of people who don't speak English, maybe it's time to go home. It's best not to spoil your impressions of places and people by running through in an afternoon - or a weekend - like our friend in Dover. Save the experience for another day when you have more time and energy. After all, you may need an excuse to get back to Europe.

#### VOLUNTEERS NEEDED

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

\*Typing articles for the newsletter into a computer; Bill Eberle, 833-9732

\*Hostel development and fundraising; Marianne Kasica, 665-9554

\*Ohiopyle hostel support and work parties; Jacky Eberle, 833-9732

\*Travel and Hostel Editor for the newsletter, Larry Laude, 665-9554 \*Office help answering phones

and assisting hostellers; Larry Laude, 422-2282

\*Leading Pittsburgh Council trips; Wm Eberle, 833-9732

\*Scouting trails for the next Hiking Guide Joe Hoechner, 422-2282 \*Slide shows at the Thurs-

day Open House; office, 422-2282 "Trail Maintenance, Baker Trail and Rachel Carson Trail; Jim

Ritchie, 828-0210 \*HQMaintenance, minor routine maintenance on a regular basis.. 1-2 people are also needed to coordi-

nate the work, track of volunteer time and to report on HQ to the board and to identify any problems or required major repairs. If you can help as little as one hour a month, please call Larry Laude at 665-9554.

#### **CLASSIFIED**

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

For SALE: Schwinn Le Tour 10 speed bicycle, red, 20" frame, \$60. Thule roof rack 1060 with 1061 short roof line adapter used on s10 Blazer, \$70. Ted 733-7802.

For Sale: 1984 Dodge 20' travel wagon - 360 engine - self contained - sl.4 - air/furnace - 31,500 miles - excellent Margaret, 372-1782

FOR SALE: Coleman Peak 1 fuel bottle, cook kit, wind screen \$30 Dome Tent 10' x 10', 4 person. center height 83". used once. \$50 Eureka-Timberline Tent. Shock Cord Poles. 4 person. \$50. Call Jan @ 371-4233.

FOR SALE: 2 Dolfino professional silicone dive masks; low volume, fogfree, double edge. Used once and in original box. (older snorkles free) \$35 Eileen 531-9610

FOR SALE: Schwinn "le Tour" 10 speed bicycle. 26", excellent like new condition. Silver color. Located at Belleville PA. \$150. Call Walker 1-717-935-2669.

For Sale: Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

For Sale: Schwinn Tempo Bicycle, teal & white, 26" 12 speed, Mavic 40 rims, Cateye Micro-computer, very good condition \$200.00 Phone John 495-2194.

For Sale: Coleman Tent Trailer -Basic trailer, no stove, sink, etc. All new  $can vas. \$300 \, or BO. \, evenings \, 371\text{--}1384.$ 

Editor, The Golden Triangle 6300 5th Ave Pittsburgh, PA 15232

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Very complete selection of parts, accessories, helmets, and clothing Fit Kit sizing - Wheelsmith spoke computer - complete frame prep with over 20 years experience serving Western Pa. cyclists

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- It's worth the drive to the Ambridge Bike Shop ( Call us now about our customer bicycle repair clinics )

## HI-AYH Products and Membership Application

#### Outdoor Recreation Books

Allegheny National Forest Hiking Guide describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) ...... \$8.00

**Baker Trail Guide** describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. 35th Anniversary Edition (1987) ...... \$4.00

Fifty Hikes in Western Pennsylvania by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. Fifty Hikes contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. 2nd Edition (1992)..........\$11.95

Hikers Guide to Laurel Highlands Trail describes the 70 miles of the trail from Ohiopyle park to Conemaugh Gore atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages, 24 pages of maps. New 4th Edition (1992)...... \$5.00

Fifty Hikes in Central Pennsylvania by Tom Thwaites. Another excellent book in the Fifty Hikes series covering day hikes and backpacking in the heart of Pennsylvania. Includes the Tuscarora Ridge, Alan Seeger, and John P. Saylor Trails as well as other favorites. Second Edition...... \$11.95

#### For Fastest Service! Visit The AYH Travel Store!

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Or Call (412) 422 2282 For an Agency Near You!

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#### Travel Books (10% discount for members)

International Hostel Handbooks A complete listing of the Hostelling International Youth Hostels with descriptions, prices, addresses, and phone numbers

Volume I. Furope and the Mediterranean.

**Let's Go** The famous series of books for the budget traveler published by Harvard Student Agencies

#### Travel Accessories

<b>Sheet Sacks</b> Used in place of sheets at youth hostels	
Cotton Sheet Sack Comfortable cotton blend	\$13.00
Nylon Sheet Sack Lightweight Nylon	\$12.00
Advance Booking Postcards Set of 10	\$1.00
Hostel Stamp Book Use to record your hostel Visits	\$0.50
Hostel Pass Cover Plastic cover for your membership card	\$0.50
Student ID Card	\$16.00
Universal student ID issued by CIEE. Good for worldwide student	discounts.
Send 1-1/8 x 1-3/8 photo, name of your country of citizenship	

#### HI-AYH Memberships

that you're a student. Or ask for a free brochure.

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass. Provides access to 6,000 Hostelling International hostels around the world. Includes free handbook of North American hostels upon request (see below) and 12 month subscription to Pittsburgh Council newsletter.

Adult(18-54)	\$25.00
Adult Renewal	\$20.00
Youth (17 and under)	\$10.00
Senior(over 54)	\$15.00
Family	
Family Renewal	\$25.00
Life (all ages)	\$250.00
Non-Profit Org. (Request application)	FREE

#### Eurail Passes / Europass / Britrail Passes

The economic solution to rail travel in Europe. Valid throughout all Europe except Britain. Available only in the U.S. The more popular passes are described below. Ask for a free brochure on other Eurail and Single Country passes. **Credit cards accepted but require two-day delivery**. Cash or money order required for immediate delivery. Youth is defined as under 26 years of age.

Eurail Pass 1 month unlimited (youth)	\$578.00
Eurail Flexipass 5 daysfirst class travel in 2 months	
Eurail Flexipass 10 days first class travel in 2 months	\$560.00
Eurail Flexipass 5 days travel in 2 months (youth)	\$255.00
Eurail Flexipass 10 days travel in 2 months (youth)	\$398.00
Eurail Saverpass 15 days travel with 2 or 3 friends (per person	) \$430.00
Other passes available	CALI

#### Ordering / HI-AYH Hostel pass Information

Include 10% for postage (\$1 minimum). Pennsylvania residents must also include 7% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Cash or money orders required for Eurail Passes. Please allow two weeks for delivery of mail orders. Collect 2 day delivery by UPS available for additional charge.

Mail to:

AYH Room 202 5604 Solway Street Pittsburgh, PA 15217.

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[] I Need a free copy of the North American Hostel Directory

### AYH Weekly Open House

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

#### Council Office and Travel Store

The Pittsburgh Council office is open Mon, Wed, and Fri, from 9:00 am to 3:00 pm, and Tuesdays from 1:00 pm to 6:00 pm. We're in Room 202 of the Wightman School Building at 5604 Solway St. in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, Eurail Passes, and books are available. For Info Cail 422-2282.