

NUMBER 2

FEBRUARY 1986 VOLUME 37

golden triangle

Pittsburgh Council

AMERICAN YOUTH HOSTELS INC.

6300 FIFTH AVENUE

PITTSBURGH, PA. 15253

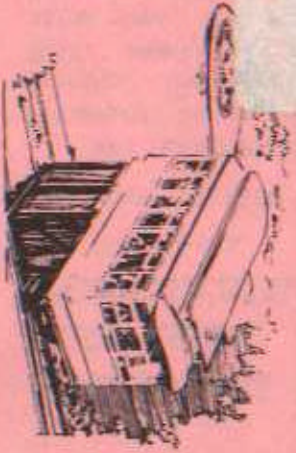
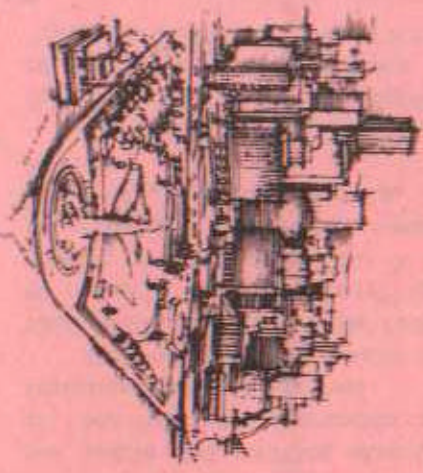
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THE GOLDEN TRIANGLE
PITTSBURGH COUNCIL
AMERICAN YOUTH HOSTELS
6300 FIFTH AVENUE

PITTSBURGH, PA 15232 PHONE: 262-8181

AYH HEADQUARTERS is located at 6300 Fifth Avenue next to the Pittsburgh Center for the Arts. Open House is held every Thursday evening. The building opens at 8 pm and the slide show starts at 8:15. Weekly trip announcements are made immediately following the slide show. The Golden Triangle is assembled for mailing at monthly Production Parties after the meeting. Come out and join us!

FEBRUARY OPEN HOUSE PROGRAMS

- February 6 Hike the High Country of the Wind River Wilderness with Glenn Oster
February 13 Bicycling in China with Judy Menosky
February 20 Take an AYH WORLD ADVENTURE TRIP to Switzerland and Germany with Wayne Hennemuth
February 27 Join Scott Carnahan's Photo Travels from the Pacific Northwest to Okinawa and Japan.

ACTIVITIES BOARD MEETING

The Activities Board will meet Wednesday, February 5th at Barbara Hanusa's house at 6966 Edgerton Avenue in the Regent Square area. All interested members are welcome to attend.

AYH LEADERSHIP TRAINING COURSES

Do you have some spare time this summer? Do you enjoy meeting new people and visiting strange places? Would you like to develop or fine tune your leadership skills? Sounds like an AYH Leadership Training Course is for you!

National AYH has a course set for May 10-18th at the Ironmaster's Youth Hostel in Pine Grove Furnace State Park, Gardners, PA. Unlike the usually "bicycling only" courses, this one will also teach back-packing and hiking skills. A few of the subjects covered include: recordkeeping, budgeting, menu planning, safety, health problems, first aid, packing the trip, and (of course) hosteling customs and history.

The course fee is \$225.00, which covers meals, lodging, instruction materials, AYH membership, and insurance. Check out page 5 of the 1986 World Adventure Catalog, or write to AYH Leadership Training, 6300 Fifth Ave., Pittsburgh, PA 15232.



AYH MEMBERSHIP APPLICATION

AYH memberships are available at Open House meetings on Thursday nights. If you cannot attend a meeting fill out the application below and send it along with \$1.00 to cover postage for each membership ordered and your check made payable to Pittsburgh Council, AYH, to:

AYH Membership
6300 Fifth Avenue
Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sells International Hostel Guide to Europe for \$8.00 by mail or \$7.00 at Headquarters.

Note: Memberships run from Oct. 1st to Dec. 31st of the following calendar year.

Amount and Membership Types Available (check one):

- ☐ \$10.00 Junior (17 years and under).
☐ \$10.00 Senior Citizen (60 years and over).
☐ \$20.00 Senior (18 years and over).
☐ \$50.00 3 year Senior (18 and over).
☐ \$30.00 Family (includes children under 18 yrs.)
☐ \$200.00 Life (Individual lifetime membership).
☐ \$10.00 Foreign Nationals (including Canadians).
☒ \$1.00 Postage (for each membership ordered).

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE () _____
BIRTHDATE Month _____ Day _____ Year _____
New/Renewal? _____

MEMBERSHIP BENEFITS:

International Hostel Membership Card
USA Hostel Handbook
"The Knapsack", National AYH Travel Newsletter
"The Golden Triangle" Pittsburgh Council Monthly News
Open House every Thursday night at 8pm at Headquarters
Access to national programs and leadership training

THE GOLDEN TRIANGLE

MARCH ISSUE DEADLINES: February 6 ads, trips and articles
February 20 Production Party*

The Golden Triangle is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are the responsibility of the editor.

EDITOR Joy Layton, 108 Sunset Dr., Pittsburgh, PA 15237 486-4753

LAYOUT Kim Metheny, Joy Layton

PRODUCTION Don Hoecker

MAILING Roy Weil

ADVERTISING Lucy Hofmann

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The editor is forgoing the pleasure of her usual feisty note this month, due to a lack of time and general feistiness. However, if you want to argue about it....

Come To SUSQUEHANNOCK LODGE

"Where The Skiers Stay"

Northcentral Pennsylvania's finest cross country skiing. Excellent trails on lodge property adjoin the 265,000 acre state forest lands, offering a variety of terrain for all skiers' abilities. Miles of trails and woods roads lead to the 85 mile Susquehannock Trail System. Slopes at Lodge for downhill runs and tele-mark turns. Snowshoeing and tobogganing. New England type



lodge and chalets are cozy and comfortable with warm cheery wood fires. Family style meals, featuring Pa. Dutch cooking, homemade soups, pies and cakes. We think you would like it here. On Rt. 6, near Denton Hill Ski Area. Your hosts, Will and Betty Ahn.

Susquehannock Lodge

Phone (814) 435-2163

Mailing Address: RD 1, Ulysses, Pa. 16848

Located on U.S. Rt. 6 between Galetton & Coudersport

ANNOUNCING THE AYH

VERNAL EQUINOX CELEBRATION

- AN EVENT IN HISTORY -

The AYH SPRING BANQUET is being stepped-up from a "gathering" to a high class act. Only someone that's determined to be miserable wouldn't enjoy this banquet!

SATURDAY, MARCH 15, 1986 at POLI'S in Squirrel Hill

FOOD, FROLIC AND FRIENDS
DANCING AND MUSIC BY DJ

AGENDA: 6:30 pm Social hour
7:30 pm Dinner
8:30 pm Awards
9:30 - 12:30 Dancing

COST: \$17.00/member, \$18.50/non-member
Cash bar available.

QUESTIONS: Call Larry Laude, 665-9554h 462-5000x6171 w

DEADLINE FOR RESERVATIONS: MARCH 1st

RESERVATION FORM

NAME _____

ADDRESS _____

PHONE _____ home _____ work _____

_____ Meals of lemon sole (Poli style)
_____ Meals of Chicken Cordon Bleu (chicken, ham, and cheese)
_____ Meals of Linguini Primavera (vegetarian)
_____ # AYH members _____ # non-members

Send with check/money order by MARCH 1st to:
MARGIE ABELES, 5532 Bartlett St., Pittsburgh, PA 15217

BLIND OUTDOOR LEISURE DEVELOPMENT

BOLD, Blind Outdoor Leisure Development, is a group of blind, partially sighted and sighted people that try to meet at least once a month for activities such as hiking, boating, swimming, skiing, sailing, ice skating, etc. They need drivers to transport and guides to assist unsighted members. If you'd like to participate with BOLD from time to time, please contact Shirley Brand at 521-6335.

ERIE CROSS-COUNTRY

SKI WEEKEND

FEBRUARY 14,15,16



Room and registration fee: \$15.00 members
\$20.00 non-members

(does not include travel)

Sleeping will be in two dormitory style rooms with bunkbeds.

Food will be each person's responsibility. Restaurants nearby.

No beginners instruction.

BRING: AYH pass, toilet articles, sleeping bag, 2 trail lunches, money or fixings for other meals.

Meet at AYH HQ Friday at 6:45 pm ****Leave**** at 7:00 sharp (eat on the way to Erie)

Limited to the first 24 people to pay full room and registration to: Bill Johnston, 3499 Denny St., Pittsburgh, PA 15201. Phone 687-4893.

Make checks payable to: Pittsburgh AYH

Name _____

Address _____

Phone _____

____ I can not drive. ____ I can drive. ____ # passengers

SEA-KAYAKING

Cathy Lynch 361-3707

Tom Trump 284-7349w

Paul Kram 681-9069

Sea Kayak Trip in Georgia March 22 to April 6. Join up for the first week, the second week, or both weeks. You must be able to paddle 15 to 20 miles per day. We will carry our gear (tent, stove, food, etc.) in the boats and camp at different locations each night, covering approximately 75 miles per week. Contact Tom Trump.

CROSS-COUNTRY SKIING

Fred Parker 824-2638

Steve Tubbs 751-2158

All cross-country ski trips are on a "no snow, no go" basis. Most trips leave the AYH HQ at 8:30 am. Contact the trip leader for trip details and ski rentals.

Thursday Evening Skis in Mellon Park

6:30 to 8:30 pm; all welcome. Our ski rental price for the evening is \$2.00 cheap! For rentals call:

Feb. 6: Judy Menosky 242-1573

Feb. 13: Paul Herre 653-7934

Feb. 20: Lynn & Chuck Ejzak 466-6196

Feb. 27: Fred Parker 824-2638

Tuesdays and Thursdays day trips, call Norm Snyder 351-4068

Dave Shaffer will lead a novice course for cross country skiers at Laurel Mountain on Feb. 8 and 22nd. Meet at the warming hut at 10:30 am. Bring ski equipment and lunch.

AYH has acquired cross country ski equipment in children's sizes. Available for use are:

Skis 4 pr. nowax 150 cm long (for children about 4 feet tall).

2 pr. strap on over boots

2 pr. have 75 mm nordic bindings

<u>Boots</u>	European size	U.S. Children's size
	30	12
	32	1
	34	3-3½
	35	4
	37	5
	38	5½-6
<u>Poles</u>	Size cm #	Child's height
	85 1	3'9"
	90 1	4'0"
	95 1	4'2"
	105 3	4'7"
	115 1	5'1"

Rental will be \$5/set/week, Thursday to Thursday. Contact Fred Parker

CAVING

John Popp 885-2126
Paul Herre 653-7934

Roy Provins 784-9127

CLIMBING

Dale Vilsack 343-9379
Eric Bauer 687-0766
Karl Mornier 521-6404

Climber's will be holding practice classes at the Evergreen Bar for the winter months, after the regular Thursday night meetings. No reservations (about anything) required. (near Penn and Braddock)

Saturday, Feb. 22: An organizational meeting will be held at 8:00 pm to discuss equipment purchases for the upcoming season and to lay out a tentative climbing schedule. All people who are interested in climbing and having a good time are welcome to attend. The meeting will be followed by a typical climbing practice session so bring any (liquid) equipment you feel is necessary. The meeting will be at Karl's Platz: 1522 Denniston Ave., Squirrel Hill (near Shady and Forbes.).

Washington, D.C. Trip Thursday, March 27 to Sunday, March 30. Inter. Leave Thursday evening for a trip to Washington, D.C. (Carderock and Great Falls). Where we will stay is still to be finalized, but it could well be the luxurious Rock Creek Hotel. (No cooking in the rooms) Reserve early. A \$20 nonrefundable deposit is required by February 22. Call any of the chairpeople for more information. A spousal program of bicycling may be offered.

FAMILY OUTINGS

Barbara Hanusa 441-7205

HIKING

Tom Kaveney 276-8044
Wayne Hennemuth 654-2630

KAYAKING

Ray Yutzy 341-5682
Lou Conley 681-8321

Ray Yutzy will be conducting a 12 week kayaking course using the AYH boats at Community College of Allegheny County, Northside campus pool, free parking. Beginners and novice paddlers are welcome to sign up. Learn to perfect your roll. Customary low price. Call Ray for more info.

RAFTING

Shirley Ulaky 422-0849



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We are the exclusive area dealer for these beautifully crafted canoes!

— GREY OWL PADDLES —

Fine wood/wood laminate paddles made in Canada
for all aspects of the sport

****SPECIAL**** 10% off on all paddles for A.Y.H. members!!

(offer good through April 1.) Call for details.

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OR MARILYN HAM AT 687-4520.



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EPOKE SKIS

Ellesmere has a Glissade waxless base. This is a step-like pattern similar to the Omnitrak. It has a medium width and sidecut to produce a stable and easy ski. It has a full one year warranty.



Fiberglass Touring Pole features epoxy fiber-glass shaft. Resists shattering, adjustable nylon strap. Round basket. Also Rottefella aluminum binding.

nortur



Nortur Drina is a 75mm boot with these features:
Leather upper, lined, padded snow cuff reaches to ankle.

ALL THIS FOR
\$94.50

FEBRUARY TRIPS AND TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee (50¢ per half day or evening). IN ADDITION non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).

AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity write-up, where you may find more information. After you've read over everything, call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring. Ask where you'll be going. How late will you arrive home? What is all this going to cost you? Remember, AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental, and any other expenses (we often stop at a restaurant on the way home).

AYH trips are geared toward individuals who independently sign up for trips. If you have a group that wishes to go, it is important for the leader to contact the trip leader early, and it may be necessary for the trip leader to speak with every tripper.

BACKPACKING

Jack Peth 921-7214h 777-5365w

Harriet Ann Seiner

Wilderness Backpacking July 18 - August 2, 1986 Hike the rugged Sawtooth Wilderness in Idaho. Spectacular scenery. On the trail six days. Intermediate/Advanced level hiking up to 11 miles per day. Inexpensive. Travelling west, visit Rocky Mountain Natl. Park, Flaming Gorge, and Craters of the Moon. Returning, visit Hell's Canyon, and the Grand Tetons. Limited to eight hikers. For info and reservations call Glenn Oster 364-2864 home or 234-3967 work.

BICYCLING

Rick Kondas 672-3891

Chuck Ejzak 466-6196

Cycling Committee Meeting Help plan the 1986 cycling schedule. For leaders, potential leaders, and any other interested members. Contact Chuck for details and agenda. Meeting is March 3rd at 7:30pm at Larry Laude's house: 210 S. Atlantic Ave. (near West Penn hospital). Larry's number is 665-9554. Bring your trip ideas and calendars. Refreshment contributions welcome. See you there!



THE PRESIDENT'S CORNER

HAPPY BIRTHDAY!! In going through some old issues of the Golden Triangle, we discovered that the Pittsburgh Council will be 38 years old this year. The Council was established in 1948, with Tony and Louise Pranses, Liz Saffer, Betty Bierer, J.D. Myers, Bruce Merritt, George Cohen, Jack Stein, June Redman and many others being active at the time.

I'm not sure of the exact date of the chartering of the Council, but the first organizational meeting and the first hike were held on Washington's Birthday, February 22, 1948. Even back then the bulletin was announcing Thursday night open houses at the current headquarters building in Mellon Park, so maybe things really haven't changed all that much in 38 years.

THANK YOU!! On behalf of the Council, I'd like to thank the following people for their generous contributions to the Council. We also had a number of other contributors who wish to remain anonymous. Thank you all.

Gerald Blum	Sally Brunson	Hugh Gilmour
Lorraine Hoechner	Thomas Kollar	Joel Platt
Larry Laude	Robert Strong	Paul Snider
Rita Long		

At the January Activities Board Meeting, the new home hostel at Rural Valley was formally approved. More information will be appearing in the next Triangle; in the meantime, you can see Joe Hoechner for the details.

...Larry Laude (665-9554) "Young at any age"

P.S. Season's greetings were received from Janice de Mooy at the Gettysburg Hostel and from the Higashiyama Hostel in Kyoto Japan.

visiting western Pennsylvania?

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ECOLOGICALLY SENSITIVE AREA -- THIN ICE!

by Joe Hoechner

On Sunday January 5th, five AYH members: Judy Menosky, Jeff Marsh, Sally Brunson, Harriet Ann Seiner, and Joe Hoechner went on a "private trip" to cross-country ski at Presque Isle State Park. There was more than enough snow for skiing with the temperature in the low 20's, and the wind gusting 20-25 mph.

While skiing along the Marsh Trail (no relation) a large downed tree was encountered laying across the trail. Jeff detoured around it to the right going around or over hummocks of grasses. Harriet Ann was next, followed by Joe, Judy and Sally.

While attempting to cross over a hummock, Harriet Ann slid backwards with her ski tails breaking through what proved to be an ice-covered pond, plunging her into the water backwards, but leaving her feet up and her shoulders supported by another hummock (like a turtle on its back). Her yells for help brought Jeff back, who, when removing his skis to help her, went through the ice up to his knees. Judy removed her skis, attempting to reach Harriet Ann, and went through the ice to her waist. Joe skied over to within a few feet of Harriet Ann to try to release her ski bindings to get her feet free. Joe's right leg (ski and all) then broke through the ice and settled on the bottom, which was only 30 inches deep. Using his poles, Joe managed to release both of Harriet Ann's skis, freeing her legs. By that time, Sally had reached the hummock behind Harriet Ann and had her hanging on to a ski pole (Sally hadn't removed her skis). Joe, realizing that the water wasn't very deep told Harriet Ann: "You can't get much wetter, stand up and crawl out of there!" It worked! Joe used his poles to fish out Harriet Ann's skis and poles from the water.

Joe was hoping that his ski would still be attached to his boot after pushing the loose ice out of the way to pull his foot up (he still had one leg up on solid ice). He then joined the other three wet people as they slid/scrambled back on to the trail. The group was over two miles from the car, so the fastest skier (Jeff) was sent ahead with the keys to start it up and get the heater going.

The group got back to the car and then proceeded to the park's ski rental building to warm up in front of the fireplace.

Epilogue: Various lessons were learned by this incident: never ski alone, stay with your group. Stay on the trail, especially in areas in which you've never skied. When attempting an ice rescue, rescuers should try to keep their skis on. Don't worry about retrieving skis or poles - they'll float. Send your fastest skier back for help, or get your car back to the nearest trail/road intersection. Notify the park office about trail dangers. (P.S. You too, can enjoy skiing at Presque Isle State Park with Bill Johnston the weekend of February 14-16!)

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prices

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FRAME SIZING and CLEAT ADJUSTMENT - \$19.95

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ROWERS:

SCHWINN - PRECOR - MONARCH

ROLLERS:

KREITLER P.V.C. - \$174.95

WINDTRAINERS:

VETTA PROFESSIONAL - \$109.95

SPECIALIZED 3000 - \$89.95

SPECIALIZED BLOWER UNIT - \$49.95

KREITLER "KILLER" UNIT - introductory offer - \$199.95
regularly \$249 (very limited supply)

15% off all clothing and shoes

DESCENTE, PEARL IZUMI

BLACKBOTTOMS, GIORDANA, AVOCET

SIDI, DUEGI, PUMA, DIADORI, DETTO PIETRO



LET US TAKE SOME TIME OFF YOUR HANDS...

Getting bored with all those same old AYH activities lately? Need new outlets and broader horizons for your weekends? Want something that challenges the mind and keeps your fingers working? Well, there just happens to be the greatest little hostel in nearby downtown OHIDPYLE, PA that could use some nimble bodies. Need help getting started? Don't know what to do? Here are some excerpts from a list by Hostel Operations chair, Len Benson:

- * Paint all frames of bunk beds
- * Repair windows in the "billiard room" of basement (frames)
- * Sand/stain bare wood cabinets in kitchen to match others
- * Rewire old outlets and lights in living room.
- * Paint basement floor
- * Install shower vent/fan in basement
- * ETCETERA

If you've got a spare day or two just lying around that you don't know what to do with, give Len Benson a call at 655-4195 and he'll try to help you out.

Hosteling

for the time of your life.

American Youth Hostels is your key to worldwide adventure, friendship and travel — on a low budget. From medieval castles to Swiss chalets AYH opens the door to over 5,000 hostels in 50 countries. Send in the coupon below for details.

- ☐ I want to join AYH. Enclosed is \$20.00 (\$10.00 if under 18), sign me up and send me my hostel pass, AYH Handbook, and other materials.
- ☐ I'm interested but would like more details — send me your FREE brochure on American Youth Hostels.

Name _____
Address _____
City _____ State _____
Zip _____ Birthdate _____



American Youth Hostels
6300 Fifth Avenue
Pittsburgh, PA 15232
(412) 362-8181

FEBRUARY TRIPS

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
1	Sat	ski	All	Pat Rossi	335-5067	8:30	
1	Sat	Ski	Marathon	Fred Parker	824-2638		Chautauqua Overland Ski Marathon. Those already holding tickets and needing carpool info call Fred.
2	Sun	Ski	Easy	Sally Brunson	231-6074	9:30	
2	Sun	Hike	Easy	Joe Levine	241-3265	12:00	2 hour hike in Frick Park. Meet at HQ. Call for info and reserv.
8	Sat	Hike	Easy	Glenn Oster	364-2864h 234-3967w	7:00	Beautiful section of Baker trail - Mill Creek. Call for info/res.
8	Sat	Ski	Klutz	Joe Hoechner	373-3403	8:30	
9	Sun	Ski	Begin	Gordon Bugby	371-4233	8:30	
14-16	FSS	Ski	Inter	Bill Johnston	687-4893	6:45pm	Erie Weekend. See ad in this issue.
15-16	SS	Family	ALL	Barbara Hanusa	441-7205		X-C ski, sledding, snowball making (all levels) at Ohippyle Hostel
15-16	SS	Backpack	Easy	Glenn Oster	364-2864h	7:30	Hike Hickory Creek Wilderness. Call for info/reservations.
15	Sat	Hike	Easy	Tom Kaveney	276-8044	8:30	Moraine State Park. Call for info/reservations.
15	Sat	Ski	Begin	Judy Menosky	242-1573	8:30	
16	Sun	Ski	Inter	Tom Trump	w284-7349	8:30	
21	Fri	Skating	All	Cathy Lynch	361-3707	6:30	Skate the adult late session at Schenley Park (starts 9:00) preceded by a bring-a-covered-dish dinner (starts 6:30). Reservations for dinner essential, as space is limited.
22	Sat	Climb	All	Karl Morner	521-6404	8pm	Organizational meeting at Karl's house. See climbing writeup.
22	Sat	Ski	Inter	Jeff Marsh	466-7841	8:30	
23	Sun	Ski	Inter	Joel Platt	421-4446	8:30	
23	Sun	Cave	Beginner	Vicki & Bob Nebes	782-2321		Laurel Caverns
23	Sun	Hike	Easy	Ben Brugmans	736-2751	9:00	Quebec Run. Call for info/reservations.
Mar 1	Sat	Ski	Inter	Steve Tubbs	751-2158	8:30	
Mar 2	Sun	Ski	All	Fred Parker	824-2638	8:30	

All Thursday evening ski trips in Mellon Park are listed under the skiing writeup.

