



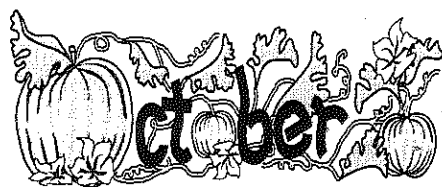
GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 46, NUMBER 8

OCTOBER 1996



Features

SABRE (Southwestern Autumn BREeze)

Bicycle Tour, Sunday
October 6. Southwestern
Allegheny county and
Washington county.
100 km (65 mile) and 50
km (35 mile) rides
offered. Rides start at
Settler's Cabin Park.
Registration includes
marked roads, map,
snack stops and a pic-
nic lunch at the end.
Call AYH office for an
application or get one
at AYH. or contact **Bill
Eberle 921-3395** for
more information.

HI-Pgh on the
information super
highway, point your
browser to;
<http://trfn.clpgh.org/orgs/ayh/> for
the latest on activities, slide
shows & local hostelling.



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.....And MORE!!!

Pittsburgh Council Annual Meeting and Elections.....

Please join us at 8 pm on
Thursday October 17th for the
Annual Meeting and election of
officers and board members. We
will have elections and brief
reports from the officers on the
Council and the new Pittsburgh
Hostel project. Soft drinks and
snacks will be served.

WHO BUILT THOSE BAKER TRAIL BRIDGES?

By Patty Scheuering

Many people have inquired as to who built the various bridges on the Baker Trail, in particular, the Covered Footbridge over Horney Camp Run near Crooked Creek, dated 1967. These bridges have heart and soul written all over them. I have marveled at the amount of time and energy that must have been spent building these bridges. Several weeks ago I was examining the support structure problems of the Horney Camp Run Covered Bridge and had too many questions, so I began a search.

After several dead ends, I found Walter Tereszkievicz who has been a member of the American Youth Hostels since 1965. Walter, along with some Boy Scouts of Troop #40 in Lawrenceville, built all the bridges in the Crooked Creek area. They designed, fabricated and installed them! Over the years Walter has treated these bridges to help preserve them and re-supported the sagging sections, when possible, including the covered bridge. Again, a tremendous amount of time and effort has been expended over the years. Unfortunately, nature did not help to preserve them. Rushing waters, time and horses have rendered several of the bridges beyond repair.

I hiked the area with Walter as he told me all about the construction of the various bridges. I asked if he would consider helping on the repair and replacement of a couple of the bridges. Much to my surprise and delight he said he would fabricate the first bridge and all I would need to do is get it installed at the designated site! The money was approved and we were on our way.

Once the hand rails are complete, I will need several people to help with the installation. If you would like to participate when the time comes, CALL ME NOW to let me know so we will have a team ready to go. My number is 325-3224. Hopefully our efforts will last as long as Walter's did!

I love finding people who are a part of the past history of the Pittsburgh Council, American

Continued on page 7

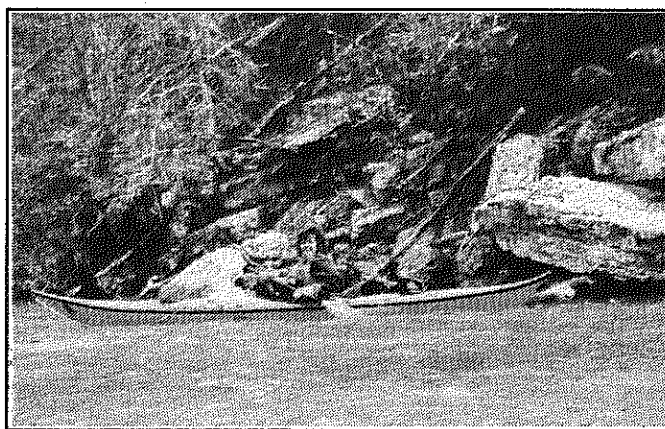
NOTICE

Please note, that the
Golden Triangle has changed its
frequency of publication. the
new schedule is as follows.

Number 1 issue ->
February / March
Number 2 issue -> April
Number 3 issue -> May
Number 4 issue -> June
Number 5 issue -> July
Number 6 issue -> Aug.
Number 7 issue -> Sept.
Number 8 issue -> Oct.
Number 9 issue -> Nov.
Number 10 issue ->
Dec. / January

Deadlines for submis-
sion will remain as always the
first Thursday of the month
preceding the month of the
publication. (i.e., the first
Thursday in January for the
combined Feb/Mar issue.).
Please consult page two of the
"GT" for the actual dates of
upcoming deadlines or call
the office at (412) 422-2282.

Editor...



Sea-kayaking on
lake moomaw. This
Virginia Lake on an
Eastern faultline
features Shenah-
doah like scenery
and hiking trails
leading to spec-
tacular vistas.
There are
geothermic
hotsprings nearby.

AMERICAN YOUTH HOSTELS

PITTSBURGH COUNCIL
5604 SOLWAY STREET
PITTSBURGH, PA 15217

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HOSTELLING



Pittsburgh Council, American Youth Hostels, Inc.

Serving Western Pennsylvania & West Virginia Panhandle
Since 1948, Incorporated 1955

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The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for
future issues of the
GOLDEN TRIANGLE

November
All copy, Oct 3
Binding/Mailing, Oct 24
Dec / Jan (Holiday Issue)
All copy, Nov 7
Binding/Mailing, Nov 28

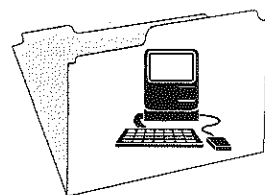
If your work is on computer,
Please contact Bill Eberle
@ 921-3395 or
76202.3051@Compuserve.com

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation (IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Submissions Policy:
Golden Triangle

Classified Adds:

- Classified adds are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be:
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed
- Before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline: Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue. (See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- "Lack of planning on your part, does not constitute an emergency on my part"

October Slide Shows

October 3: Rain date for last week's astro-party. See Jupiter and Saturn. If cloudy again, or if it's too much astronomy, we show the video "Adirondacks".

October 10: Judy Menosky, "River Rafting Down The Grand Canyon".

October 17: (Also annual meeting and elections) Laura Curtis, "The Ecology Of Rainforest Canopies". Monkeys and macaws in Ecuador and Nigeria.

October 24: Phyllis Monk, "Yosemite And The Sierras". See King's Canyon. Also seals on the coastal highway.

October 31: Video "Germany". See Berlin, Dresden, and the Black Forest. Halloween party afterwards.

November 7: Gail Gregory, "Galapagos Islands".

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 683 3131.

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

MATERIAL...

All material to be published, should be sent to the address below. It Can be submitted on Disk in either IBM or Mactintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217
Office: (412) 422-2282

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel
RD #1(1 mile west on Route 30)
Schellsburgh, PA 15559
(814) 733-4212



HOSTELLING
INTERNATIONAL

CYCLING WEEKEND AT WILDERNESS LODGE

October 4-6, 1996

GOOD NEWS! Our August 2-4 trip to Erie County was so successful that we are planning to return. Perhaps summer and fall weekends at Wilderness Lodge will be added to the tradition already established by our cross-country skiers. Those who have been there can attest to the comfort and relaxing ambiance of the Lodge and to the excellence of Nansi Janes' cooking.

Don Hutchinson of North East, PA, who volunteered his knowledge of the area during the August trip, has offered to map out a route through farms and vineyards along the shore of Lake Erie, securing permission from the local growers. Other riding options available to you are: (1) touring the relatively flat macadam roads in the scenic environs of Peek 'n' Peak and French Creek, where you will find a classic General Store stocked with everything from Woolrich to ice cream; the French Creek Tavern features a famous Friday Night Fish Fry; also worth noting is Peek 'n' Peak's offer of the use of its pool, sauna, and fitness center to the general public for a fee of \$5.00; (2) The Lake Erie Shoreline Tour including a stop at the Heritage Winery and a rest stop at Orchard Beach in Freeport where you can wade along the shore; (3) a ride on Presque Isle, using both the paved bike trail and the park roads. NOTE: Except for Presque Isle, mountain bikes or hybrid bicycles are recommended. Helmets are **REQUIRED** on all rides.

COST: \$55 per person for AYH members, \$65 for non-members for a bed in a hostel-style room (3-6 persons). There are three private double rooms, two persons per room at \$130 for AYH members, \$150 for non-members. The cost includes Friday and Saturday night lodging and a family style dinner Saturday evening. Vegetarian meals are available upon request. Transportation cost is not included.

Reserve early by calling the AYH Office at 412-422-2282; space is limited to 36 people. Send a check for the full amount payable to Pittsburgh AYH a.s.a.p. after your call to guarantee your space. There will be no refunds after September 16 unless a replacement for you is found. A waiting list will be kept. Fees include a non-refundable \$10 per person, or \$20 per double room.

For more information, call Pat Rossi at 335-5067, or Mary Ruth Aull at 795-7078.

Wilderness Lodge Bicycle Touring Weekend October 2-3-4, 1996

Name: _____

AYH pass #: _____

Street Address: _____

City: _____ ST: _____ ZIP: _____

Telephone Number: _____

Enclosed is a check for: \$ _____

_____ I am driving and I can take _____ passengers.

_____ I need help finding a ride. (we'll try)

_____ I will drive and meet the group at Wilderness Lodge.

LIABILITY WAIVER

In consideration of your acceptance of my application for participation in the Cycling Weekend at Wilderness Lodge, I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property I may have, or which may accrue to me as a result of my participation. I, the undersigned, discharge and release the Pittsburgh Council, HI-AYH, and Wilderness Lodge, their activity leaders, and their respective agents, boards, commissions, and any other involved employees and representatives from all liability arising out of or connected in any way with my participation, whether or not caused by the negligence of any of the above parties.

I acknowledge that there are inherent risks and dangers which may arise at any time during the Weekend. My participation is voluntary and is done at my own risk. I voluntarily assume all risks of loss, damage or injury that may be sustained while participating. I attest that I am physically fit and sufficiently trained for the completion of this event. I understand and agree that medical or other services rendered to me by or at the insistence of any of the above parties is not an admission of liability to provide or to continue to provide any such service and is not a waiver of any of said parties of any right hereunder.

Signature _____

Date _____

President's Corner.....

The hostel is well and truly under construction and the insides are pretty much outside in the dumpsters. Several of us spent a Saturday morning watching a 35 ft beam get threaded through a third storey window, missing the power lines by inches. These people really know what they're doing. This is part of the first phase of rebuilding the core of the building. The second phase will be the more interesting tenant build-out. It has been fascinating watching this all happen, even the demolition made the building brighter and more interesting.

We have had an interesting summer both in hostel development and activities. On the subject of activities, we have had some new people involved in leading a coordination. What we very much need is a small oversight committee to have a coordinating role in all the activities. It is difficult of individuals to get decisions from the board when it meets. I will be asking some people to take on this coordination, if you have an interest in doing this please let me know. The office can help with some administrative tasks. Also, if you have an interest in helping to shepherd the direction of the council, we are seeking new board members. Please contact me or Larry about either of these.

Our annual meeting will have a slide show and refreshments with a short business meeting. Come on out and vote!

Marianne Kasica

Dear Editor,

We enjoyed reading Jim Ritchie's article on the Rachel Carson Trail Challenge in the August issue of the Golden Triangle. But, more importantly, we truly enjoyed participating in the Challenge. We would like to thank Jim, his wife Sue, and Leo Stember for the countless hours of work they put into organizing the event. The volunteers did a great job, too - our thanks to them also.

We look forward to next year's Challenge.

Sincerely,

Barbara Peterson
Dana Overmyer
Heidi Hemming

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your donation today.

Yes, I would like to make a donation of support for a
Hostel in Pittsburgh in the amount of:

— \$2500
— \$1000
— \$500
— \$250
— \$100
— \$50
— Other: \$ _____



Name _____

Address _____

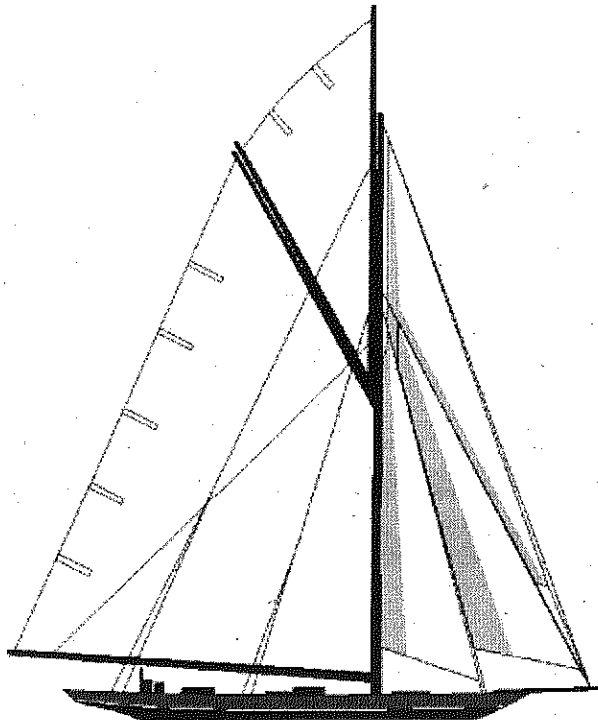
Telephone _____

Mail your Donation to:
AYH
Pittsburgh Hostel Fund
5604 Solway St.; Pittsburgh, PA 15217
412-422-2282

SAILING

The AYH owns Flying Juniors, Sunfish, and an International 470. Several members also use their own sailboats. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park near Butler, Pa. Additional weekend trips and extended trips are also planned.

All trips require previous sailing experience. This generally means a minimum of a Red Cross certified Basic Sailing Class or equivalent. Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required on all trips. Individuals with their own sailboats are encouraged to join our program.



October 25 Sat Lake Arthur Bob Zavos 241-0659
DAY SAIL/EQUIPMENT STORAGE DAY. This will be the last day sail of the season. At the end of the day we will need help in moving boats to their Winter storage areas. Optional dinner at Browns In Portersville.

Fees: Day sail fee at Lake Arthur is \$14 AYH members, \$16 non-members). Day sails start at the Watts Bay area at 10AM. Sailboats may also be rented independent of planned trips at the following rates: Sunfish \$25; Flying Junior or International 470 \$30

CANOEING

Sunday October 6 Paul Bronder 882-9255
 Class I - II trip. Call for details.

October 11 - 13 Jon Maiman 441-2306
 Canoe camping along the west branch of the Susquehanna or Clarion River, depending on water levels. Enjoy the fall foliage as you paddle through a beautiful river valley. Call for details.

October 11 - 20 Joyce Appel 526-5407
 Class I canoe camping trip on the Buffalo National Scenic River in Arkansas. Paddle between towering white bluffs during the autumn foliage viewing season. In addition, we hope to hike to overlooks and waterfalls as well as explore some easy caves. Call for details and reservations.

Saturday October 19 Brian McBane 443-8972
 Class II trip, if weather permits. Call for details.

Sunday October 20 Paul Bronder 882-9255
 Flatwater trip on Conneaut Marsh. Possibilities include camping on Saturday night and/or fishing. Call with suggestions.

October 26 - 27 Joyce Appel 526-5407
 Canoe camping. Join Joyce's river masquerade on the Allegheny River. Come in costume for her canoe camping weekend and Halloween bonfire.

Saturday November 9 Paul Bronder 882-9255
 Class I or II trip if weather permits. Call for details.

Saturday November 16 Joyce Appel 526-5407
 Flatwater trip. Call for details.

AYH Sheet Sleeping Sack.... DON'T LEAVE HOME WITHOUT ONE!



Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). The cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



TRAIL MAINTENANCE NEWS

-the **Milton Loop Project**, a camp-out on the weekend of September 13-15, attracted nine volunteers and finished 75 person-hours of labor over the weekend; about 3 miles of the Baker Trail alongside the rapidly rising Mahoning Creek (in major flood stage) near Dayton, PA received a trimming, and several new water bars; we stayed at the very nice Milton Loop Campground, gratis, compliments of the Armstrong County Recreation Authority and **Suzanne Boarts**, the Authority's director, ate Saturday dinner at **Stockdale's** in Dayton where we were served by Mrs. Stockdale herself (a barbecued rib dinner for \$5.95 and wonderful homemade pie to follow); a blazing campfire on Saturday night, compliments of **Vince Roelf** who brought 3 huge boxfuls of dry firewood; another fire Sunday morning to ward off the autumn chill thanks to **Dee Garvin**, who must have risen at 5:30 to build it; **Aggie**, the campground manager, helped us find our way around during our stay; others who manned (personed?) the loppers, bow saws and whips included **Sarah Crotty**, **Joyce Rabinovitz**, **Kate Fissell**, **Becky Heimberger**, **Sue Ritchie**, **Cindy Rogers**-the local trail manager, and **Jim Ritchie**.

-**Jim Hummell** in Summerville, PA reports that he has just now finished cleaning up his home and his parent's home after being flooded in July when Red Bank Creek ran through the entire town. The Hummels totally lost their store and the flood also took out the road bridge that took the Baker Trail across Red Bank Creek. Jim says he can now take the time to walk the Trail and assess further damage and help devise a workable detour. Also, he says, the area around the new strip mine near Tarkiln Run may need some extensive temporary blazing.

-**Tom Brandon** and his scout troop walked through the Baker Trail from Mill Creek in Jefferson County to the Iron Bridge just south of Cook Forest in August and sent a written report; Tom says the Trail is in pretty good shape there—we've got a couple of new "NO TRESPASSING" signs we've got to check out, but otherwise the blazes look good.

-**Nancy Schmidt** and **Alice Gelormino** have volunteered to adopt the Rachel Carson Trail within the confines of North Park. Nancy is at Chatham College and Alice teaches a sixth grade class; the two plan to develop a cooperative environmental program where the college students work hand-in-hand with the sixth graders in a program whose focus is "taking care of the environment". Chatham, you may recall, is the home of the Rachel Carson Environmental Institute.

-**John DeWalt**, one of the esteemed five finishers of the June 1996 Rachel Carson Challenge, has volunteered to adopt a section of the RCT; John may tackle the miles from Bull-Creek Road to Harrison Hills Park that includes the major problem caused by a new high-tension power line project that has cut the Trail in 4 spots. Good luck John.

-**Tim Henigin**, has also volunteered to adopt a section of the Rachel Carson Trail, specifically from Freeport Road in Springdale back to Russellton Road near Rural Ridge. This is the "roller coaster" encountered by the Challengers back in June.

-**Patty Scheuering** and **Tim Henigin** took a tour of the Baker Trail through parts of Jefferson County, along the Red Bank, in August to assess the extent of the rebuilding effort needed to fix up all the flood damage.

-**HIKER ALERT!** The Baker Trail bridge at Heathville, PA, over Red Bank Creek, has been washed away; the bridge cannot be crossed and the Creek is too fast and too deep in this location to cross on foot. The detour will be to continue on the hard road to the village of Summerville (see your Baker Trail Guide topographic map); cross the Creek in Summerville and get back on the Trail via PA Route 28.

-**HIKER ALERT!!** The Gravel Lick Bridge carrying the Baker Trail over the Clarion River, currently closed to automobile traffic, is due to be demolished in November. The detour, from the Cook Forest Fire Tower to the Iron Bridge on Iron Bridge Road, crossing Cathers Run south of Cook Forest is as follows: take the Deer Park Trail from the tower to Route 36 (see the Baker Trail Guide or the Cook Forest Park map); take Route 36 to Iron Bridge Road, the first road to the right walking south on the highway; turn right to the Iron Bridge. Since the Iron Bridge was also washed away by the July flooding, the crossing here will be a wet crossing. Cathers Run, at this location, is a safe crossing on foot, however.

-**HIKER ALERT!!!** A new landowner problem has been reported on the Rachel Carson Trail on the section between Middle Road and Wagner Road, in Hampton and Indiana Townships. Avoid this section until further notice. The Detour is to take Middle Road to Wagner Road and stay on the roads. Consult your Rachel Carson Trail Guide Maps.

Office staff

Part time office help needed. The Pittsburgh Council office needs a part time staff person to work 10-15 hours per week during the day. Duties are to open mail, sell books and memberships, answer the phone and fill reports. Hours are somewhat flexible. Call Larry or Marianne for more information or leave a message at the office.

MID-WEEK RAMBLES

"Rambles" are casual Wednesday outings sponsored by the of Hostelling International - American Youth Hostels. Most take place in and around the city of Pittsburgh. The group normally meets at 10 a.m. in the upper parking lot of Mellon Park in Shadyside, off Shady Avenue near the intersection with Fifth Avenue.

Trips are normally three to four miles in length, at a leisurely pace. Trips are always subject to change because of weather, conflicts of schedule, and the choice of the group. We do plan to walk in all kinds of weather, so please dress appropriately. From time to time, we will schedule lunch at a restaurant or a brown bag lunch. These are optional. We also try to carpool to save energy and to enjoy each other's company. Please share the expenses of transportation when trips exceed 10 miles; the suggested contribution is \$1 per passenger.

- October 2** CCAC (Community College) South Campus Trail, West Mifflin. Bring lunch. Billie Woodland, 563-5419.
- October 9** Mayview biodiversity woodlands. Bring lunch. Jim Hurst, 276-0447.
- October 16** Walk on lesser known trails at Frick Park. Thelma Moroso, 371-6062.
- October 23** Squaw Valley Park to Salamander Park, Fox Chapel. Bring lunch. Luc Berger, 683-3131.
- October 30** Walking tour of historic Oakmont. Lunch in a restaurant. Joan Roelf, 795-8345.

FOOTNOTES

By jim ritchie

Right now, at newsletter deadline time, it has been a busy month in the world of trail maintenance. In just a few days, many of us maintainers will be heading up to Ski Sawmill near the Pennsylvania Grand Canyon for the Annual Fall Meeting of the Keystone Trails Association, the statewide umbrella organization for trail building and trail maintenance. And one of the topics to be discussed is how to get KTA recognized as a **serious** trails organization. A lot of people think KTA is just for recreation, that people join to hike on a trail someone else put there for them. But KTA is more than that: it's the organization that helps to put the trail there in the first place.

It's been difficult, as well, to get people to take AYH seriously as an organization that promotes trail building and trail maintenance. Unlike KTA, AYH has both: a "hiking and backpacking" program in which volunteers organize and lead group hikes and backpacks, and it has a trail building/maintenance program as well.

The hiking/backpacking program goes up and down in intensity, depending upon the number of people who are willing to be a trip leader. The trail building/maintenance program has always been small; there are not great numbers of people whose idea of a good time is hard work in hot, cold, wet, muddy, steep, and distant locales. Trail maintenance is hard work.

But what the program lacks in numbers, it makes up for in heart. The AYH trail maintenance program has revitalized those activities in Western Pennsylvania and has added, one by one, new memberships to KTA, new Western Pennsylvania blood attending the KTA Spring and Fall meetings, and new participation from Western Pennsylvania in the KTA TrailCare program, which rebuilds and repairs hiking trails all across the state—once a month. And, that heart in the AYH program has earned recognition for AYH as a **serious** trail maintenance organization, among its peers across the state.

And when KTA conducts its "Roll Call of the Clubs" as is its custom at the Saturday night business meeting, and Ed Beck—the KTA President—calls out "Pittsburgh Council, AYH", you might be proud to know that an increasingly large number of AYHers stand up to be counted. At the 1996 Spring meeting, 11 in total stood up to be counted, putting us in the top 5 or so clubs in representation. And, beyond AYH, another dozen or so Western Pennsylvanians, many of them associated with the vigorous **Butler Outdoor Club**, tip the scales a little bit more in our direction.

What does this mean to you? It means that KTA programs a few more TrailCare projects in Western PA, like the Slippery Rock Creek Gorge Trail, like the Glacier Ridge Trail at Moraine, like the Oil Creek trails, like the whole North Country Trail now being linked from Cook Forest to Moraine State Park along the Clarion River by KTA people heavily peppered with AYH folks. It means the Baker Trail got a shot in the arm last year and it means that groups like the Warrior Trail Association can get a grant to buy a "brushwacker" so they can make their trail better for YOU!!

Let's all thank the AYH folks who have been building trails for AYH and representing AYH in the KTA Council—you know who they are: **Glenn Oster, Patty Scheuering, Diane Liscio, Mary Pitzer, Mort Kurman, Dee Garvin, Paul Henry, Joyce Appel, yours truly, and several others I know I'm missing here (my apologies).**

STATE FORESTRY EXPERTS PREDICT PRIME FALL FOLIAGE COLORS

With abundant rainfall, cooler temperatures, and only minor insect defoliation, Pennsylvania's woodlands are primed to offer spectacular colors this fall, Pennsylvania's state forester predicts.

"The forests are unusually lush for this time of year," said Dr. James R. Grace, state forester and director of the Department of Conservation and Natural Resources' Bureau of Forestry. "Typically we have some dry spells that cause the more drought sensitive trees to drop some of their leaves by now. This year we have a healthy forest, which should provide for great foliage viewing this fall."

Each week from Sept. 11 through Nov. 20, DCNR's foresters provide updated information to the state's toll-free foliage hotline, 1-800- FALL-IN-PA (1-800-325-5467), managed by the state Department of Community and Economic Development. The foresters estimate the expected peak color days and the percentage of color in an area, and also give tips on where to go to see some of the best displays of colors. The toll-free line also highlights some of the major fall events and festivals taking place each week. Grace noted that many state forests and parks are popular locations for viewing fall foliage, including -

- * Leonard Harrison and Colton Point state parks overlooking Pennsylvania's Grand Canyon in Tioga County
- * Hyner View State Park, Clinton County
- * Loyalsock Canyon Vista at Worlds End State Park and the overlook at High Knob in Wyoming State Forest, Sullivan County
- * Bucktail Path in Bucktail State Park, following Route 120 from Lock Haven to Emporium
- * The Fire Tower Grand View at Ricketts Glen State Park, Luzerne County, and Kinzua Bridge State Park, McKean County
- * The Laurel Highlands in Somerset, Westmoreland and Fayette counties.

Grace says impressive views are also found along Route 6, which crosses state and national forests in the northern tier counties. Pennsylvania's fall foliage is divided into three zones: the northern zone, which changes color during the first two weeks of October; the central zone, which reaches its peak around mid-October; and the southern zone, which changes color during the last two weeks of October.

All state park campgrounds are open until at least the third Sunday in October. Call 1 800 63-PARKS for more information. To check on the fall foliage, visit the Commonwealth's website at <http://www.state.pa.us> (choose Visit/autumn).

VOLUNTEERS NEEDED

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

*Southwestern Autumn Breeze Bicycle tour; Bill Eberle, 921-1932

*The Great Ride, Bicycle tour; Larry Laude, 665-9554

*Weekend bicycling trip leaders; Wm Eberle, 921-1932

*The Mon Valley Century bicycle tour; Chuck Ejzak, 466-6196

*MS-150 Bicycle tour; Bill Eberle, 921-1932

*Hostel development and fund-raising; Marianne Kasica, 665-9554

*Ohioyle hostel support and work parties; Wm Eberle, 574-2025

*Office help answering phones and assisting hostellers;

Larry Laude, 422-2282

*Leading Pittsburgh Council trips; Wm Eberle, 921-1932

*Slide shows at the Thursday Open House; office, 422-2282

*Trail Maintenance, Baker Trail and Rachel Carson Trail;

Jim Ritchie, 828-0210

*HQ Maintenance, minor routine maintenance on a regular basis. 1-2 people are also needed to coordinate the work, track of volunteer time and to report on HQ to the board and to identify any problems or required major repairs. If you can help as little as one hour a month, please call Ray Yutzy at 341-5682.



**KENN HOWARD
MASSAGE THERAPIST**

412 242 2424



*Great for tired and
sore leaf-viewing
muscles!*

*Aye, There's the rub.
—Hamlet*

SEA-KAYAKING

Some of us continue sea-kayaking past the fringes of our traditional warm weather paddling season, and in fact, I've been on really great kayaking trips any part of the year - just as long as there's still some unfrozen water around. I remember camping overnight in a shelter at Oil Creek last March, in the middle of a kayaking run. Saturday we tore down river through a variety of easy rapids, watching the scenery fly by. It makes the more usual summertime paddling seem slow by comparison. That evening we built huge fires in the shelter fireplaces then cooked up multi-course dinners and a pot of Swedish glog. After dinner we fell asleep to the warm crackle and glow of firelight. Perhaps, however, the best part was the next morning. I awoke about 6:00 am, still dark outside. A quiet snow was falling outside just a few feet away. The logs we piled into the firebox last night were reduced to hot glowing coals which immersed the shelter in warm infrared. We were warm & comfortable, and looking forward to breakfast and seeing the rest of the river from our well-sealed kayaks.

Sea-kayaking is a form of adventure travel and the best way to learn kayaking is by the method of adventure learning. This method uses active participation in the real world to learn by experimentation. You learn kayaking by sea-kayaking, then learn other, related things by taking the kayak to new places and situations. The founders of this school of thought (Kurt Hahn & Lawrence Holt training sailors in World War II) felt that the risks involved in this mode of learning would foster intellectual, physical, and spiritual growth. Now, recreational sea-kayaking doesn't share many of the same risks of sailors being torpedoed but the idea works very well nonetheless. On our Oil Creek trip, everyone needed a basic knowledge of how to maneuver and control the kayaks. They were using this knowledge of kayaking to learn to read the river. If anyone hit a rock and missed a brace, they could go for a swim in freezing cold water - definitely a risk. Packing our gear so it stays dry, dressing so we stay warm, and the whole range of skills needed to stay safe and comfortable are acquired on the trips themselves. When you do it right, you can adapt to any weather situation comfortably, and grow as a result. And the group is part of the learning. If you make a mistake or have a question, there are other paddlers to help.

The sea-kayaking program was created to build a community of paddlers who could support one another and share information. In contrast to an outfitter or guide service which does everything for you, we help people learn, and enable them to go on trips themselves. The feeling of self accomplishment, acquiring of new skills, and sharing the experiences with others, are some of the rewards of adventure learning. New paddlers are welcome on our easy day trips and at our monthly dinners. Please call a sea-kayak trip leader if you would like to find out more.

Saturday October 12th thru Sunday October 13th, 1996
Ed Ostrovecky 224-1419
Meets: Contact trip leader

Ed's annual fall foliage paddling weekend at Kinzua in the Allegheny National forest. Call Ed for more information and to reserve a kayak.

Tuesday evening October 15th, 1996
Mark Mistrik 361 2943
Meets: 6:15 PM at the restaurant.

Sea-kayakers monthly dinner. Each month a different restaurant and outdoor-related conversation. You can find out about next year's big trips or this year's late-season ones, find out more about sea-kayaking, and useful things like what gear works best, or good place to get stuff. Beginners and non-paddlers are welcome to join us. Call to find out which restaurant we're going to, one week in advance so we can make the correct number of reservation.

Sunday October 20th, 1996
Tracy Duggins 963-0675 (before 8:30pm!)
Meets: 11:00 AM in Shadyside

Easy local river paddle on the Final Yough from Boston to Suttersville. If it's cold we'll warm up with a hearty cup of tea, in Cathy Lynch (founder of sea-kayak program) tradition. Call ahead for more information and to reserve a kayak.

Friday evening November 1st thru Sunday November 3rd, 1996
Mark Mistrik 361-2943
Meets: Contact trip leader

Post Halloween weekend paddling trip to Lake Moomaw, Virginia. Strange but scenic area features an ancient fault, Shenandoah mountains, waterfalls, abandoned homesteads, and even hot springs. Fossilized Devil's corkscrews are abundant here. Car camping both Friday and Saturday night. More than anything, this place reminds me of hiking through Shenandoah, but with a kayak! Call for more information and to reserve.

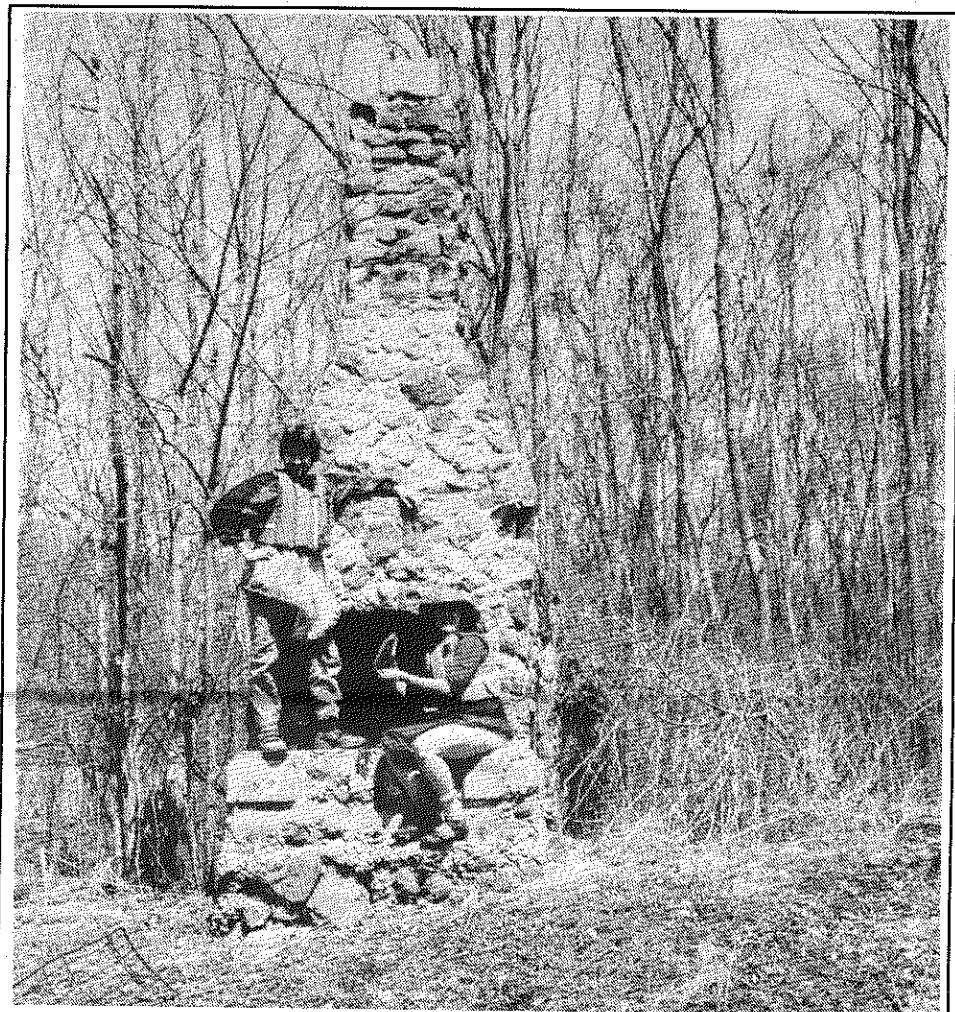
Friday evening November 8th thru Sunday November 10th, 1996
Mark Mistrik 361-2943
Meets: Contact trip leader

Weekend roadtrip to Urbanna, Virginia. Two overnights in a resort-quality condo, paddling daytrips on the Chesapeake Bay's Eastern Shore. Breakfast provided on trip, bring your own lunches, and we'll either go out to eat Saturday night or cook something up as a group. Trip includes an evening paddle to see the bioluminescence—naturally occurring sparkling water, that occurs here at night. Call for more information.

Friday evening November 22nd, 1996.
Mark Mistrik 361-2943
Meets: 5:30 PM in Shadyside

Light Up Night Paddle and Dinner, Downtown Pittsburgh. This trip combines an evening paddle with a monthly dinner. You may either, or both. We'll paddle from the Southside down past the point and up the Allegheny river to Cruisers restaurant, seeing the city lit up at night and fireworks, from water. Then we'll have dinner at the restaurant. Call for more information, to reserve a kayak, or a space with us at the restaurant.

Wednesday evening November 27th
thru Sunday December 1st, 1996
Mark Mistrik 361-2943
Meets: Contact trip leader



Exploring old homesite ruins along french creek.
 (Pittsburgh AYH Sea-Kayaking Program)

South Carolina Lowcountry. Come spend a Southern-style Thanksgiving with us in sunny & warm South Carolina. Sightseeing in historic Charleston, beach walks, palm trees, plenty of wildlife, and maybe porpoises. Blackwater river, lake & saltwater paddling daytrip. Lodging in a rustic Cabin with fireplace overlooking the Edisto river. Call for more information. Space very limited.

Saturday December 14th(???), 1996
Mark Mistrik 361-2943
Meets: Contact trip leader

Come join us for dinner at Bedford's historic Jean Bonnet tavern restaurant followed by a walking tour of Old Bedford Village Saturday night when they light it up by candlelight and dress it up for Christmas. Call for more information and date confirmation

Friday evening December 6th, 1996
Vickie Gotaskie 344-4929
Meets: 6:30 at the restaurant

Annual Christmas dinner and walking tour of downtown Pittsburgh. Each December we pick a restaurant at station square for dinner then cross the Smithfield Street Bridge into downtown Pittsburgh to see the lights, Christmas windows & decor. This year we're going back to the Sesame Inn for some of the city's best Chinese Food. You can order your own dinner or pool up with us & sample the whole menu! Survivors finish off the evening with chocolate fondue's after carolling. Everyone's welcome, but please let us know you're coming so we can make the appropriate number of reservations.

HIKING / BACKPACKING**Sunday Oct 13****Veronique Schreurs****422-0358**

Intermediate 5 mile hike in Duff Park in Murrysville. Come enjoy the Fall foliage! Call for info & a reservation.

Saturday Oct 19**John Dern****856-4642**

Intermediate 8 mile hike on the Baker trail at Crooked Creek. Call for info & a reservation.

Sunday Oct 20**Maynard Hansen****751-7615**

Easy hike together with BOLD (Blind Outdoor Leisure Development) at Fort Necessity (\$2 entrance fee). Meet at HQ at 10am. Call for info & a reservation.

SLACKPACKERS on the Appalachian Trail again.

If you've been yearning to hike the Appalachian Trail (AT) but not able to devote five or six months to the task (or maybe the deprivations of backpacking are not your style), then think about joining us for a series of weekend hikes to complete the AT in sections. We stay in hostels or car camp, and sometimes even backpack, but we don't miss many opportunities for reasonable comfort and good eating - thus we came to be known as the Slackpackers.

Our project for 1996-97 is to complete the Maryland-West Virginia-Northern Virginia section of the AT (95 miles).

Oct. 19-20 Sat-Sun**Clare Bunker 244-9788**

Saturday, Appalachian trail from the PA-MD state line to Wolfsville Rd (9 miles); Sunday, Wolfsville Rd to Monument State Park, MD (12 miles); car camping. Meeting at the parking lot just outside the Irwin Turnpike toll gate at 6:00 a.m. Sat.

Planned hikes:

November: AT, Washington Monument State Park, MD, to Harper's Ferry, WV, staying at the Harper's Ferry Hostel.

December: AT, Shenandoah National Park, VA.

January: AT, Harper's Ferry, WV, to VA 605, staying at Bear's Den Hostel.

BUGBY'S CLEANUP SALE!!!

CALL 412-371-4233 FOR DETAILS AND PRICES IF YOU HAVE AN INTEREST.
(Before 10pm)

Cross Country Equipment (all with 75 mm three pin bindings.
Various Skis, Poles and Touring boots...

Solo Canoe

Oldtown "Otter" very experienced, with air bags, seat, D rings for thigh straps.
Paddles, Knee pads, Wet packs and related junk.

Camping Gear

Impossible to list, stop by to examine.

Bridges..... continued from cover.....

Youth Hostels such as Walter. They all have so much life to talk about and experiences to share. All of these people have been instrumental in some way or another of making the Pittsburgh Council what it is today. I sincerely hope that in the years to come, people will look back at the present participants and marvel at the many wonderful contributions WE have made!

Thank you Walter for your contribution in the past, present and future! It sincerely is appreciated!!

CYCLING WEEKEND**October 4-6 Fri-Sun**

Mary Ruth Aull 795-7078
Pat Rossi 335-5067

Wilderness Lodge Bicycle Touring Weekend. This is a repeat of the weekend in August. Don Hutchinson will join Pat and Mary Ruth to lead a trip through the vineyards to watch the grape harvest on the shores of Lake Erie. Mostly flat roads. Meals and lodging all included in one price; see details elsewhere in this issue of the Golden Triangle. All kinds of bikes are invited-mixed dirt and paved roads; Relaxed country touring; call Mary Ruth or Pat for more information.

Central Susquehanna Hostellers**CSH Meetings**

Meetings are the third Thursday of each month at 7:15 pm at the Lewisburg Area Community Center at 100 North 5th Street in Lewisburg.

Bike Rides

In addition to longer weekend rides, there are normally shorter bike rides every Thursday evening. Call Chris Olsen at 717-523-8471.

CSH Information

Call Chris Olsen at 717-523-8471.

Lewisburg Trips

For information on activities in the Lewisburg area,
call Chris Olsen at 717-523-8471.

CLASSIFIED

All trips and products listed here are private and are **not sponsored or endorsed** by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

For Sale: Rhode Gear Eurosport twin rear-mounted bike rack, hardly used, fits most cars. \$75. Glenn, 731-7415.

WANTED TO BUY: Tandem Bicycle, John Gayler, 366-4062

For Sale: Olympic Bicycle T-Shirts, Haines 100% Beefy T. Official and Licensed. Call Michael at 322-7206.

For Sale — Schwinn Paramount.15 speed, 20" frame, black. Best offer. Call Mike C. at 621-7370.

For Sale: NIKON FG SLR. 28 mm 52 mm and 70-210 mm zoom macro lens closeup lens tripod and bag mint condition \$400.00. Call RICHARD GREGO, 412-533-5725

For sale: Epoke 205 mm x-country skis, good condition, \$50; Contact ski boots, size 11, hardly used, \$35; free poles. Call 731-7415.

For Sale: Northface internal-frame backpack \$150; Northface tadpole tent (1-2 person) \$140; Whisper light stove \$50; First-Need water filter \$40. Call 242-9747(w) or 1-800-917-4763(pager) and leave message.

For Sale: Sail board/wind surfer; Mistral-large older model in good condition. Fiberglass mast, hardware, 2 sails (4m&6m) \$250. Perfect for starter. Night 766-3972 or Day 762-7440.

For Sale: 2 Dolfin professional silicone dive masks; low volume, fog-free, double edge. Used once and in original box. (older snorkles free) \$35 Eileen 531-9610

For Sale: Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

For Sale: 60" metal desk, 55" wood roll top desk, steno chair Peg Cline @ 372,1782

Distributing AYH brochures We are looking for places to distribute hosting brochures, primarily brochures describing hosting and how to purchase a Hosting International membership, but also some specific hostel brochures. If you have some suggestions on where we can display brochures for potential hostellers - such as colleges, travel agencies and travel bookstores, please call the office at 412-422-2282. We will be happy to deliver them.

Editor, The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217

REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 5604 Solway St., Pittsburgh PA 15217

The Pittsburgh Council Travel Store is open Mon: 9 to 3, Wed. 11 to 6 and Fri. from 9 to 3. Hours are subject to change, so it's a good idea to call the office at 412-422-2282 before coming in. We're in Room 202 of the Wightman School Building at 5604 Solway Street in Squirrel Hill, near the intersection of Wilkins and South Negley. All passes, ID cards, rail passes, and books are available.