

AYH Golden Triangle



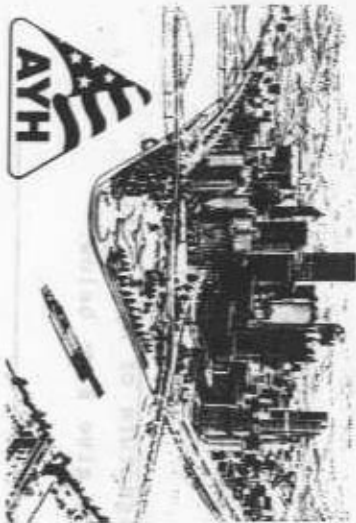
**PITTSBURGH COUNCIL
AMERICAN YOUTH HOSTELS
6300 FIFTH AVENUE
PITTSBURGH, PA. 15232**

JUNE 1987 VOL. 38 NO. 6

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Phone 412-362-8181



Pittsburgh Council of American Youth Hostels is a non-profit, volunteer organization dedicated to hostelling, outdoor education and self-powered recreation. We have many activities. The council has some rental equipment available for use on council trips. A full range of skill levels are offered, and we also offer courses in our activities so that everyone may upgrade their skills. Pittsburgh Council AYH maintains about 200 miles of trail in western Pennsylvania, writes and publishes several guides for people interested in outdoor activities and maintains the Ohio State Park Youth Hostel.

Our headquarters is located near the corner of Fifth and Shady Avenues in Mellon Park. We are nestled between the Pittsburgh Center for the Arts and the Pittsburgh Civic Garden Center. Meetings are held every Thursday evening. The building opens at about 8 pm and the program starts around 8:15. Weekly trip announcements are made immediately following the program. Thursday evenings are the only time when you can be sure that a real person will answer the phone. A machine will answer at all other times; leave your name and address and you will receive a response to your message.

Pittsburgh Council AYH trips are listed in the center of this issue. AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity notes, where you may find more information. After you have read over everything call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring; ask where you'll be going. How late will you get back? What is all this going to cost you? AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental and any other expenses (we often stop at a restaurant on the way home).

Trips listed are open to the public; AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee. IN ADDITION, non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee also covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).

OFFICIAL MEMBERSHIP APPLICATION

NOTE: International Hostel Handbooks are available for \$7.00 each at Pittsburgh Council Headquarters (Thursday nights 8:00 - 10:00 P.M.) Volume I (Europe and the Mediterranean) and Volume II (Africa, America, Asia and Australia). Make all checks payable to "Pittsburgh AYH".

- ☐ \$ 10.00 Junior (17 years and under).
- ☐ \$ 10.00 Senior Citizen (60 years and over).
- ☐ \$ 20.00 Senior (18 years and over).
- ☐ \$ 50.00 3 Yr. Senior (18 years and over).
- ☐ \$ 30.00 Family (Includes children under 18 years).
- ☐ \$200.00 Life (Individual lifetime membership).
- ☐ \$ 18.00 Foreign Nationals (Including Canadians).
- ☒ \$1.00 Postage (for each Membership or International Handbook ordered).

BIRTHDATE: Month _____ Day _____ Year _____

NAME: _____ (Last) _____ (First) _____ (Middle)

STREET: _____ (Permanent Address Only)

CITY: _____ STATE _____ ZIP CODE _____

Were you a member of AYH this past year? ☐ Yes ☒ No

If you wish Membership Card sent to a temporary address, give same below:

CARE OF: _____ STREET _____

(Signature of Applicant) _____

The Golden Triangle is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

EDITOR Joy Layton, 1048 Mirror St. Apt. 2, Pgh., PA 15217 (412) 422-1995
MAILING Roy Weil
ADVERTISING CAROL BURTT
PRODUCTION Don Hoecker

DEADLINES FOR THE JULY ISSUE:

June 4: all submissions
June 25: Production

A FEISTY NOTE

My neighbors wonder about me, I'm sure. I'm forever doing strange things and running in and out. I like to keep them guessing. One of the better ways to do that is to have another evening like the one on a Friday last April. At about 7 pm all these people showed up at my door with these cute little cookstoves and camping gear. Then they squeezed onto my front porch and cooked their own picnic.

They all fired up their little stoves, unpacked the food they'd brought, and in no time at all they were eating a pretty good dinner. Everybody was tasting, cooking, laughing and swapping tales. The reason that we all got together was to try out new ideas and recipes for a second AYH Outdoor Food Book. Ben Brugmans has agreed to head up the project, but he needs as much input as possible. What I'm trying to say is that we aren't looking for an elite group of gourmet outdoor cooks - we're looking for anyone who likes Kraft Macaroni and Cheese and has a few ideas. Maybe anyone who can answer the question "Is fried SPAM really edible?" is the type of person we're looking for. We could also use some legal advice, some tips from bicycle and canoe camp cooks, and some words of wisdom about writing and publishing.

I'm going to have another potluck during June. If you're interested give me a call to find out the date (If you're not interested, why aren't you? Everybody's gotta eat!). It will probably be on a Friday evening at around 7:00. Plan on bringing a packaged instant food (like Lipton Noodles 'n Sauce or something).

This is a great way to meet people and to become involved in AYH without spending a lot of time. Listen after the Thursday program for an announcement.

Joy

AYH PROGRAMS FOR JUNE

- June 4 Fred Gunter takes us climbing in Rio.
- June 11 Hugh Downing goes hiking in North Carolina and Tennessee on the Appalachian Trail.
- June 18 Cathy Lynch takes us sea-kayaking in Maine.
- June 25 Steve Tubbs talks tacos and trails in Mexico.

THE GREAT RIDE

Sunday, June 21st

Pittsburgh Council AYH is helping to support the City of Pittsburgh's GREAT RIDE, a family bicycling event that last year attracted over 2500 riders. The rides will range from 7 miles to 50 miles over marked routes with rest stops along the way. All rides leave from and return to Schenley Park near the skating rink. The proceeds from the ride will be donated to Children's Hospital.

Pittsburgh Council will be manning water stops and will be running the adult trike ride at the Schenley Oval. We will also be providing ride marshals and registration volunteers and also an AYH information table

WE NEED YOUR HELP!!!

[] Water Stops (Jack Peth's in charge) - hand out juice, snacks, water and provide encouragement, etc.

[] Harrison Hills Park

[] Frick Park

[] Oakmont's Riverview Park

[] Clemente Park (near the stadium)

[] Adult Trike Ride (we need a coordinator) limit the trikes to registered Great Riders, explain bicycling, call people in if others are waiting (kind of like the rowboats at Kennywood). From 9 am to 2 pm, full time or part time.

[] AYH Information Table (Joe Hoechner's in charge) - hand out literature, answer questions, smile, be pleasant, etc.

[] Road Marking Painters - help the Wheelmen mark the routes the week before the ride.

[] Ride Marshals - join the ride; encourage safe riding habits and keep riders on course. NOTE: ride marshals will have to register along with everyone else.

[] Street Marshals -- we may need a few people for a short time at certain key intersections to help point out the route or try to slow down careless riders.

[] Registration Volunteers - help sign in riders on the day of the ride

All AYH volunteers will receive the famous AYH cycling cap and lot of gratitude. Questions? Call Chuck Ejzak 466-6196 or Larry Laud 665-9554.

READY, AIM, SHOOT...

Climber(s)/ Photographer(s) needed to obtain photos (b/w) suitable for instruction purposes to be included in "AYH Intro. to Rock Climbing" Call Barry Govenor (521-2318) if you can help.

AYH BICYCLING JERSEYS

If there is sufficient interest, we will make another order for AYH Cycling Jerseys from Schnaubelt Shorts. I am sure that you have seen them around. They are available in your choice of hot pink and royal blue. Approximate cost is \$32- \$35. Call Lynn Ejzak for more information (466-6196).

HEY BUDDY, CAN YOU SPARE A BASEMENT?

The Golden Triangle is looking for a new home - that is - our printing press is looking for a new home. Any decent basement will do... It only needs love once a month, and the printer takes care of it. So how 'bout it folks, anybody out there that can spare a basement? Anybody need a really decent tax write-off? If so, give Joy, a.k.a. the feisty editor, a call at 422-1995.

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ARAYA W4 RIMS, CAMPY VICTORY HUBS - WAS \$170, NOW \$100

SEA-KAYAKING

Plan ahead for an extended sea kayak trip to Maine. Explore island and eat lobsters. Camp near pine trees and salt water. Before or after the Eastern Sea Kayaking Symposium in Castine, Maine. Contact Cath Lynch (361-3707), Ted Self (795-6286), or Judy Turnadge (327-0141).

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PLAY!

Come see "Cyrano de Bergerac", a play by Edmond Rostand at Stephen Foster Memorial (Univ. of Pitt) on Friday, June 26 at 8 pm. This is the second play of this year's 3 Rivers Shakespeare Festival. Reserve early See Sally Brunson at meetings or call 231-6074.

CANOEING

Bring non-cotton clothing, hat, water bottle, glasses strap, rain jacket, tennies, dry clothes in a separate bag, and knee pads. Trips normally meet at HQ at 8:00 am. Call the trip leader to reserve space on a trip.

CAVING

Join Norm Snyder (351-4068) on a cave trip to West Virginia during the third week in June. Intermediate level. Call for information.

KAYAKING

AYH beginning kayaking schools are held once a month, June through September, each summer. These schools provide an introduction to the exciting sport of white water kayaking. They are open to complete beginners (those who have never been in a kayak before) and to those who have never kayaked on white water before. The schools last an entire weekend and include an overnight stay at a youth hostel. The first day of the school is spent learning the basic skills of kayak paddling on a nice, calm lake. The second is spent developing those skills on a very easy (Class I-II) white water river. The tentative dates for the 1987 beginner schools are: (June 20-21), July 11-12, August 15-16, and September 12-13. Space is very limited and preference will be given to AYH members so sign up early. Call Lou Conley at 681-8321 for further information.

RAFTING

Volunteers are needed to lead trips for the months of July and August. Anyone interested can contact Cindy Rupert at work (261-5300) or at home (829-7528). Call at work only if you are interested in leading a trip.

Suggested attire: beat-up sneakers, windbreaker, bandana, glasses strap, 2 pr. socks, complete change of clothes to put on after the trip.

Watch the newsletter for details on an August trip to the Upper Yough. Prices will be somewhere between \$50 - \$84; most likely the trip will be on a weekday in early August. The Upper Yough is an 11 mile stretch of Class IV (very difficult) to Class VI (limited managability) water for a team of experts only. This will be a 4 to 6 hour trip in 4-man rafts with one professional guide per raft. For seasoned rafters only.

Also, in September there will be a trip to the Lower Gauley -- Class IV and V rapids. This is also an 11 mile trip, averaging 4 hours, in 10-man "Gauley" rafts. Cost will be \$50-\$70. Plan on driving down Sat. evening and waking up early Sunday to hit the river. Details are still being worked out.



ARE YOU GOING TO W.A.G.?

"Wag what?" some people may ask. This stands for the Wheelman's Annual Gathering, a weekend of cycle events held June 5-7th at the campus of Slippery Rock University. Rides for Saturday range from 12 to 100+ miles with Sunday going from 16 to 68. Cost varies with the registration/ meal/ room package that you select.

Registration forms are at the cycling bulletin board at AYH HQ. Joe Hoechner will be coordinating van pool rides up there on Friday night. If you need a ride/ can give a ride/ need info, call Joe at 242-0781.

WANT TO COME ALONG?

Joe Hoechner will be attending the annual meeting of the PA Bike Federation on June 26-28 in scenic Gettysburg, PA. Joe will be staying at the Gettysburg College dorms, where the meetings will be held. He's got space in his mini-van for 3 more riders/hikes. Dorm space could be available at either the college or the hostel in town (3 blocks away).

If you missed out on Mike Hurwitz's trip or want to go back, here's your chance. Call Joe at 242-0781 to reserve space.

NEW LIFE MEMBER

Congratulations to our newest AYH life member, Elizabeth Appleby. We wish you many happy years of hosting, Elizabeth!

THE PITTSBURGH REGATTA AND ANYTHING THAT FLOATS

We are working up our courage at Pittsburgh Council for an entry in the Anything That Floats race at the Pittsburgh Regatta the weekend of August 7th to 9th. It's a "race" around the Point with the emphasis on having fun and staying afloat long enough to finish. The entries must have a theme and ours would be related to hostels or hosting. If you have an idea, the more outrageous the better, call Joe Hoechner at 242-0781.

HOME HOSTELS IN PITTSBURGH

Pittsburgh Council is looking for home hostels to fill out our local hostel network and invites you to consider opening your home to American and International hostellers. This can be a great way to meet people from other parts of this country and from countries around the world.

A home hostel is a hostel facility in a private residence. A private room with beds (bunk beds are ok) is necessary, but does not have to be reserved for use by hostellers. Some home hostels allow hostellers to cook their own meals and others provide meals free or at a nominal cost, but this is not a requirement. What is necessary is a willingness

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HOME HOSTELS Continued from the previous page

to open your home to hostellers and a friendly hosting spirit. Since home hostels are in private homes, advance reservations are always required. Home hostels are listed in the handbook each year giving the location and other pertinent information, but if you prefer, the listing can include only a telephone number with no address. The suggest overnight fee for home hostels is in the \$5 to \$7 range, with a maximum of \$10. A "charter" is required to formalize the arrangement and to be sure that we all agree on the details. Also, we need to review your home to be sure AYH's minimum home hostel and safety standards are met.

Our immediate interest is to have home hostels in the Pittsburgh area for use during the school year when Point Park College facility is often full, but we will welcome home hostels in any location.

If you would like more information, write to Pittsburgh AYH or call Larry Laude (665-9554) or Joe Hoechner (242-0781).

DISCOUNTS FOR AYH MEMBERS

These shops offer discounts to AYH members. Be sure to bring your hostel pass or membership card with you.

SHADYSIDE SKI SHOP — 10% discount on all purchases

WIND AND WATER BOATWORKS — 10% on cash accessory purchases

A TIP OF THE HAT TO...

Jack Peth for installing the bulletin board outside headquarters... to Blanche Asherman and Royanne Mac for their work on the Rachel Carson Trail... and to Cindy Ruppert for a long day spent patching the rafts.

FOOD ON THE TRAIL

One of the great pleasures of backpacking or participating in other outdoor activities is to eat. Somehow, the hunger induced by all that effort and fresh air makes a lunch, and especially a warm dinner, different.

Different means more than just being extra hungry. Different means you can be in an extra super-scenic setting. The pace is slower. The conversation is more leisurely after dinner. If you are especially lucky you've just worked together on setting camp and cooking, and you share a comradery one so rarely finds.

So be daring. Cook with a friend. Cook with several friends. Be double daring. Share a food plan with others and make new friends. Beside lightening your load, you'll never get to know people better than when you eat together.

What about the menu? Surprise for all you less-than-gifted chefs. Even heated pork and beans taste great if that's all you can heat.

Continued on the next page



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ACTIVITY NOTES

BICYCLING

Call the trip leader ahead of time to let them know that you plan to ride (especially if you need to rent a bike or a helmet) and to find out any last minute changes. Last minute riders (those who do not call the trip leader ahead of time) are often welcome, but be aware that you may be disappointed. Bring a spare innertube (patch kits are OK, but spare is better), rain wear if the weather looks threatening, and money for food stops. Make sure that your bicycle is in proper working order before the trip (ask Chuck or Judy for advice if needed). Lastly and most important, wear your helmet. Hardshell helmets are required for use on all AYH rides. A brochure describing this year's major bicycle trip is available from Judy or Chuck. If you would like one mailed to you send a self-addressed, stamped envelope to: Chuck Ejzak, 6858 Wills St., West Mifflin, PA 15122.

CLIMBING

Beginner trips are open to everyone. No previous rock climbing experience is necessary. Bring a bag lunch, water, tennis shoes, a leather gloves if you have them. Trips leave from HQ at 7 am and usual return around 9 pm (we stop for dinner on the way home). Call the activity chairpeople for more information.

FAMILY ACTIVITIES

June 12-14 - Laurel Hill State Park. Tent camping. Contact Ell DeBenedetti, 242-6650 or Bill VanDiver 371-9260.

July 17-19 - Blue Knob State Park, tent camping. Contact Barbara Hanus 441-7205.



PITTSBURGH COUNCIL AYH ACTIVITY CHAIRPEOPLE



BACKPACKING

Ben Brugmans
736-2751

BICYCLING

Chuck Ejzak
466-6196
Judy Menosky
242-1573

CANOEING

Bill Whitehead
363-0365
Rick Tomlinson
963-8910
Steve Shafer
481-0507

CAVING

John Popp
885-2126
Paul Herre
653-7934
Roy Provins
784-9127

CLIMBING

Dale Vilsack
343-8379
Gary Simmons
327-8338
Eric Bauer
687-0766

CROSS-COUNTRY SKIING

Rick Ulaky
422-0849
Fred Parker
824-2638
Steve Tubbs
751-2158

HIKING

Kathy Pacacha
363-2228
Dan Martt
921-4638

KAYAKING

Lou Conley
681-8321
Ray Yutzy
341-5682

SEA-KAYAKING

Cathy Lynch
361-3707
Ted Self
795-6286

VOLLEYBALL

Neil Lien
731-4874h
624-6489w
Joel Platt
521-5244h
421-4446w

FAMILY ACTIVITIES

Barbara Hanusa
441-7205

PRESIDENT

Larry Laude
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Joe Hoechner
373-3403
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ROTO MOLDED KAYAKS

During the summer of 1986, a group of tough American and British paddlers again left for Nepal and Mount Everest. Their goal was bold and uncompromising: to climb with their kayaks on their backs to the highest point of Mount Everest from where Kabu Duzi could be paddled over 200 miles in length and thousands of feet down in elevation to it's end.

For this awesome task, members of the 1986 Mount Everest Kayak Expedition deliberately chose the toughest, best available kayaks to suit the purpose. The expedition exclusively used the crosslinked, roto-molded PYRANHA kayaks.

WIND & WATER BOATWORKS

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FOOD ON THE TRAIL Continued from the previous page

Macaroni and cheese from Kraft is super when you're hungry and the sun is setting over the Appalachians. Don't apologise. Just share, eat and enjoy.

Finally, there are some magic moments. Such as when I went with some great backpacking chefs to the Pennsylvania northwoods. There the appetizers, entrees and desserts of the AYH top cooks astounded the eye and delighted the palate. Topped off by cheesecake with wild blueberries; in the wilderness, amazing!

So try it - share it - you'll like it! And buy a copy of the AYH cookbook for recipes. Happy Camping!! Ben Brugmans, AYH Backpacking Chairperson.

ROCK CLIMBING

...is the scaling of rocks or rock faces with or without ropes, harnesses or other accompanying protective devices.

Rock-climbing is not MOUNTAINEERING, which is the climbing of mountains, which may or may not incorporate or require rock-climbing skills.

An enjoyable introductory climbing experience is dependent upon a number of factors. The foremost of these are a good sense of balance and a willingness to learn. Others include a good sense of humor, a healthy mental attitude, and the conscientious practice of safety precautions.

Physical strength is not as important to a climber as are determination and a clear head. Strength can be acquired to some degree but the other qualities are innate.

It should be kept in mind that some people are temperamentally unsuited to climbing as climbing brings out the best and the worst in a person and can test friendships to the breaking point. More often, however, bonds are formed that will stand the tests of time.

You may feel that, "I'm too slow", "I'll just hold the others back", or "I don't have the equipment". There is little chance that you will hold someone back. You will be able to climb at your own speed. If you own a pair of sneakers, you have enough equipment.

All the climbing done on a beginners' trip is on rock walls about 45' high. You will be tied into a rope that runs from top to bottom, much like a pulley works. The rope is never used to climb on, but is there to catch you if you fall. Should you fall, it will be for a distance of about 3 feet (the distance the rope will stretch when absorbing the energy of your fall). Having fallen, you will be able to continue climbing, knowing that at the worst you may fall another distance of three feet and will soon lose fear of falling at all.

Instructors will be available at all times to guide you and to give you any needed assistance or encouragement. We don't expect all who try our sport to climb Mt. Everest, but we do extend a sincere invitation for you to try it with the hope that you'll enjoy it as much as we do! See

SOME BAKER TRAIL HISTORY Continued from the preceeding page

its lack of active members and preponderance of "old war horses" like him. He then placed my name in nomination, and I was selected.

When Mr. Baker died, AYH somehow missed the notices, therefore, we were not represented at his funeral. When we found out about it, the naming of the Trail in his honor was discussed and decided upon at a meeting of the Activities Board. I then called upon his widow, extended my and our condolences and asked her permission to name "our" trail the Horace Forbes Baker Memorial Trail. She smiled, said he would have been honored, said that she was touched but insisted that the word "Memorial" be stricken from the name because she considered memorials "dead" things and she wanted anything associated with the memory of her husband to be very much alive. With that change, she gave us permission to name the trail after Mr. Baker.

...Tony Pranses

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SOME BAKER TRAIL HISTORY

Editor's note: The following is from a letter received from Tony Pranses a Pittsburgh Council member now living in Elida, Ohio.

I was delighted and honored to find, in your May issue, the article about the wooden plaque dedicated to "Baker Trail Founders and Developers", and to find my own name at the head of the list, however, there was one significant omission which this letter is intended to rectify. In the early Fall of 1950, when the early stages of scouting and marking the Baker Trail were underway, a young man named Harvey Hinden (about 19 at the time, a resident of Braddock and an active AYHer) and I took a week off and, making our headquarters in the home of my sisters-in-law in Plumville PA, scouted and established the entire length of the trail from Crooked Creek State Park all the way to Mahoning Dam. This was a considerable effort, therefore I believe Harvey Hinden's name should be high on the list.

Some other information which you may not be aware of:

The idea of the Baker Trail was conceived during a canoe trip down the Allegheny River in the Fall of 1949. Betty Bierer and I were together in one canoe, and, as we observed the high bluffs high above the right bank between Freeport and Tarentum, one of us (and I don't know which one) thought out loud: "Wouldn't it be wonderful to have a trail along there looking down at this beautiful scene?" The eventual idea to run the trail all the way from Pittsburgh to Cook Forest developed during the following winter.

Horace Forbes Baker was a distinguished Corporation Lawyer. His first association with AYH occurred prior to WWII. At that time, National AYH was sending professional organizers all over the country setting up councils, many of which turned out to be mere "paper councils" with no activities and little chance of survival. The first Pittsburgh Council was one. National AYH recruited Mr. Baker, not because he knew anything about AYH, but because he was dedicated to "good causes" and was prominent. The council died a quiet death during the war. When National AYH and the then "Pennsylvania State Council" in decided, in 1948, that the time was ripe for another try at establishing AYH in Pittsburgh, they turned to me because I had met Isabel Smith in Northfield the prior summer during a solo bicycle tour of New England, she knew of my prior association with AYH (strictly however, as a participant) and she obviously believed that I had some organizational talent. Virginia Towle, then a professional worker out of Philadelphia, came to Pittsburgh for a week and contacted many of those previously associated with AYH in the area, among them Mr. Baker, who agreed to host (and pay for!) an organizational meeting at the Harvard-Yale-Princeton Club. Bill Nelson put on a presentation, several others spoke, then the gathering constituted itself a "steering" committee for the purpose of eventually re-establishing a council. Mr. Baker was asked to serve as chairman. He declined, stating that one of the main reasons the pre-war council had failed was

continued on the next page

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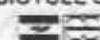
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AYH TRIPS FOR JUNE PAGE 3

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
28	Sun	Canoe	I/II trip	Kathy McGregor	421-8551	8:00	See the Middle Yough.
28	Sun	Climb	Begin	Chairmen	see list	7:00	Beginner trip to High Rocks.
30	Tues	Bicycle	Easy	Chuck Ejzak	466-6196	6:30	Evening cycle, C, 10 miles.
July 2-5	TFSS	Backpack	Int	Joy Layton	422-1995	6:30	Joy's third annual pilgrimage to explore the Quehanna Trail in north-central PA. Steep terrain, rugged in places. Blueberries, meadows, wildlife, etc. Call before 9:30 pm. for info and reservations.
July 4-6	FSS	Bicycle	All	Chuck & Lynn Ejzak	466-6196		Presque Isle, A-D, 0-200 miles. Car camping near Lake Erie and cycle as much or as little as you please. Try some sea kayaking in the afternoon to cool off. Hardcore riders may want to join Chuck as he cycles 150 miles from Pittsburgh on Friday with an option to make the ride a double century. See a replica of Perry's Flagship Niagara, the wildlife preserve on Presque Isle and some of the biggest beaches in Pennsylvania.
July 4	Sat	Canoe	I trip	to be announced			leader needed
July 11	Sat	Raft	All	Cindy Rupert	829-7528	11:00	Raft the Yough. 2:45 put-in.



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Pittsburgh Council member Pearl Noechel looks forward to her third World Adventure trip, Northwest Borderline, this month. She first "discovered" AYH at Mt. McKinley twelve years ago when she slept in a hostel box car. Following is her account of last summer's trip.

Western Wonders*

"Conquer the Western National Parks" was our motto as ten hostellers (six women, four men, ages 26-77) left Denver in August 1986. And conquer we did, but they captured us also.

From Pikes Peak we chose Royal Gorge, a long, deep, narrow canyon and a sharp contrast to sand dunes and desert monuments. We lay in Four Corners to touch four states (Colorado, New Mexico, Arizona, Utah) at the same time.

Grand Canyon was majestic; it provided days of hiking from different angles. Tour buses around the peak, rim walks and shops were provided for those unwilling or unable to hike. A donkey ride down the canyon and rafting on the Colorado were available.

Salt Lake was unusually high closing many roads and approaches. We were content to wade in it but others went for a swim. The City, ever expanding, is a marked contrast to smaller stricter Mormon communities where a male hosteler in shorts caused people to stop and stare.

Estes Park and Grand Lake had guided tours, well-marked trails, information centers, slides and unsurpassed scenery. Three days in Yellowstone passed too quickly. We could not do justice to Old Faithful, many geysers, hot springs, wild animals and buffalo herds.

Most cities have hostels, but the Parks provide campgrounds and shelters. With the Gold Eagle Pass (carried by two members) our admissions were free and campsites half price. We cooked in hostels and at camps, but in cities ate at fast food restaurants.

In one town we were invited to stay overnight in a well equipped city park and we spent one night at a KOA. We attended a County Fair and and were honored guests at a State Fair in Wyoming. We enjoyed a chuck wagon dinner, watched a parade and saw a historic pageant.

Of course, a month was not long enough to explore all the Parks, but it was a beginning that whet our appetites to return and enjoy at liesure another Western Parks adventure.

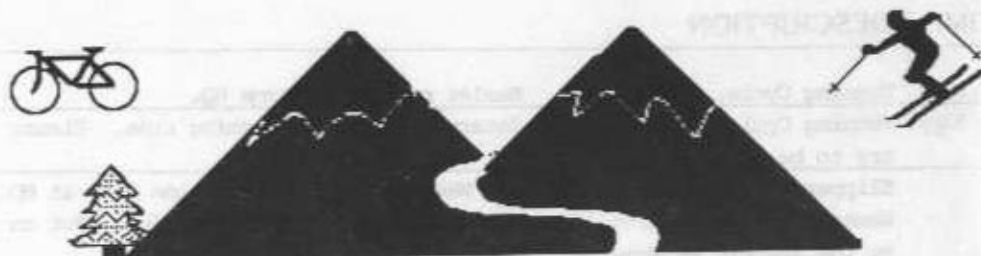
* See World Adventure 1987 Catalog, page 31.

It's not too late to sign up for a late summer or early fall trip with World Adventure. For a catalog, drop by headquarters some Thursday evening or mail your request and 88¢ in stamps to AYH World Adventure, 6300 Fifth Avenue, Pittsburgh, PA 15232.



AYH JUNE TRIPS PAGE 2

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
14	Sun	Bicycle	Easy	Mark & Ellen Chance	421-0435	9:00	Sewickley, C, 26 miles. BS3 ride through the gently hilly terrain near Sewickley. Lovely rural ride close to Pittsburgh. 9 at HQ, or 10:00 at Osborne School.
14	Sun	Canoe	WWII	Gordon Bugby	371-4233	8:00	Complete your WW training.
14	Sun	Climb	Begin	See list for Chairmen		7:00	Cooper's Rocks.
16	Tues	Bicycle	Int	Larry Laude	665-9554	6:30	Evening Ride, B, 20 miles. Please be prompt.
18	Thurs	Bicycle	Easy	Judy Menosky	242-1573	6:30	Evening Ride, C, 10 miles.
19-4		Backpack	Int/Adv	Glenn Oster	364-2864h 234-3967w	6:30pm	Hike the Pecos Wilderness in the high mountains of Northern New Mexico. Visit numerous National Parks and monuments in Kentucky, Arizona, Utah, and Colorado while traveling to and from N.M. Camp by the van while the others hike if you'd like to go along for the ride and the scenery. Call for info and reservations.
20-21	SS	Backpack	Easy/Int	Tom Kaveney	276-8044	7:00	Destination to be announced.
20	Sat	Bicycle	Int	Judy Menosky	242-1573	8:00	Round Hill Park, B, 38 miles. Discover some great riding along the Yough. The ride will include some flat stretches with some long, but moderate climbs. Call to reserve.
20	Sat	Canoe	II Trip	Jim Roberts	244-8332	8:00	Practice what you've learned.
20	Sat	Hike	Easy	Wendell Phillips	831-2606	8:00	Maintenance trip on Baker Trail. No trip fees. Bring gloves.
20	Sat	Hike	Int	Marilyn Ham	687-4520	8:30	Destination to be announced.
20-21	SS	Sea-Kayak	School	Cathy Lynch	361-3707		Sea-kayak instruction weekend. Sign up for one or both days. Based at the hostel in Ohio. Instruction and rescue practice both days. Cost about \$20 per day for food, lodging, etc.
21	Sun	Bicycle	All				The Great Ride, 7-50 miles. Join us on the Great Ride. Put on by Pittsburgh Citiparks and the Press Old Newsboys to raise money for Children's Hospital. We need both riding and non-riding volunteers. See the article in this issue for more details.
21	Sun	Canoe	Flat	Bob Rohde	243-3714	8:00	Last trip without rapids.
23	Tues	Bicycle	Easy	Jeff Weiss	661-2507	6:30	Evening cycle, C, 10 miles.
25	Thurs	Bicycle	Easy	Mike Hurwitz	422-9204	6:30	Evening cycle, C, 10 miles.
27	Sat	Bicycle	Int	Joel Hough	221-4093	9:15	Scenic ride from Bridgeville to Oakdale and around. Meet at 9:15 at HQ or at 10:00 in Bridgeville at the K-Mart on Rt. 50. 40-50 miles.
27	Sat	Canoe	WWI	Steve Shafer	481-0507	8:00	Learn basic WW skills.
27	Sat	Climb	Int	Dale Vilsack	343-8374		Seneca Prep Trip at High Rocks. For experienced top ropers that want to start multi-pitch climbing at Seneca Rocks.
27	Sat	Raft	All	Judy Menosky	242-1573		Raft the lower Yough. Put-in at 11:15.
27	Sat	Sea-kayak	Easy	Sally Brunson	231-6074	11:00	
28	Sun	Bicycle	Easy	Sally Brunson	231-6074	10:30	Brunch ride, C, especially for those who like to sleep in a little.



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EXPLORER POST

The Pittsburgh AYH Explorer Post will meet on Wednesday, June 10 for its regular meeting. The topic will be cycling. On Sunday, June 14, there will be a cycling trip from Sewickley. The next regular meeting will be on Wed., June 24, when the subject will be caving. Meetings are from 7:30 to 9:00 at AYH HQ.

CANOE SYMPOSIUM

The Western Pennsylvania Paddle Sport Association will sponsor the Western PA Canoe Symposium on June 13, 1987. The day-long event will be held at Cooper's Lake Campground, $\frac{1}{4}$ mile off U.S. Route 422, just west of exit 29 of I-79. The program will feature nationally known canoe designer David Yost, and will include test paddling, instruction, demonstrations, games and product information. The event is free to the public.

Western Pennsylvania Paddle Sport Association is an A.C.A. activity club dedicated to promoting the sport, safety and pleasure of canoeing. For further information, please contact Becky Sheeler, R.D. #1 Box 358-D, Ellwood City, PA 16117, (412) 924-9314

JUNE ACTIVITIES BOARD MEETING

On Wednesday, June 3, the Activities Board will meet at the Hulls, 109 Lavern St, Penn Hills. A covered dish dinner at 6:30 will precede the meeting. Please phone Eileen Hull at 242-5379 to let her know whether or not you can come, what you are bringing, and for directions. AYH

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ATH TRIPS FOR JUNE 1987

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
2	Tues	Bicycle	Easy	Bill Johnston	687-4893	6:30pm	Evening Cycle, C, 15 miles. Easier paced ride from HQ.
4	Thurs	Bicycle	Int	Fred Parker	856-4713	6:30pm	Evening Cycle, B, 20 miles. Intermediate paced evening ride. Please try to be prompt for this one.
5-7	FSS	Bicycle	All				Slippery Rock, 0-175 miles. WAG Weekend. Get application form at HQ. Weekend full of riding, squaredancing, eating, and other fun. Put on by the Western PA Wheelmen.
6-7	SS	Backpack	Easy	Wendell Phillips	831-2606	7:00	Destination to be announced.
6	Sat	Canoe	I Trip	Sue Kupsky	751-7896	8:00	Easy rapids
6	Sat	Climb	Int	Dale Vilsack	343-8374	7:00	Mountain Rescue Class at High Rocks. For leaders and seconds that wish to learn basic mountain rescue techniques.
6	Sat	Hike	Easy	Pat Rossi Kathy Pacacha	335-5067 363-2228h 687-2234w	9@HQ	Hike Section I of the Baker trail. Steep but scenic. Meet at HQ at 9 or at New Kensington Y at 9:30.
6	Sat	Hike	Adv	Glenn Oster Sue Kupsky	364-2864 751-7896	6:00	Want to try a longer than average hike? Try the Big Savage Mountain Trail. It means getting up early and hiking 17-18 miles, but it's worth it!
6	Sat	Raft	All	Shirley Ulaky	422-0849		Raft the lower Yough.
6	Sat	Sea-Kayak	Int	Norm Snyder	351-4068		Clarion River
7	Sun	Canoe	II Trip	Rick Tomlinson	963-8910	8:00	Fun with small rocks and sluices. Bob Ralby 243-3714
7	Sun	Canoe	Flat	Claire Bunker		8:00	Reinforce your basic skills.
7	Sun	Hike	Int	Ben Brugmans	736-2751	8:00	Quebec Run Wild Area, near Uniontown.
9	Tues	Bicycle	Easy	Chuck Ejzak	466-6196	6:30	Evening ride, 10 miles.
11	Thurs	Bicycle	Easy	Joe Hoechner	242-0781	6:30	Evening ride, 10 miles.
12-14	FSS	Bicycle	Easy	Mike & Marta Hurwitz	422-9204	6:30pm	Gettysburg, C, 35/70 miles. Stay at Gettysburg College and do a leisurely tour of the historic sights and countryside. A very popular and classic trip. This is an excellent Bike Series 3 trip. Please reserve by June 4. Approximate cost is \$40 to \$50 for the entire weekend.
13-14	SS	Backpack	Novice	Ben Brugmans	736-2751	7:00	Quebec Run. Food plan available.
13	Sat	Bicycle	Int/Easy	Terry Gossard	321-2382	9:00	Saxonburg, B/C, 60 miles. Ride from HQ or Hartwood Acres to Saxonburg. The shorter ride is a nice 30 miles.
13	Sat	Canoe	I Trip	Janet Supowitz	421-7326	8:00	More easy rapids.
13	Sat	Hike	Easy	Dan Martt	921-4638	9:00	Join the Saltsburg Canal Festival for a hike along the Canal.
13	Sat	Hike	Int	Pete Srini	683-3611h 343-8800w	8:00	Rt. 271 to Rt. 56 on the Laurel Highlands Trail.
13	Sat	Raft	All	Joe Hoechner	242-0871		Raft the lower Yough.
13	Sat	Hostel	All	Leonard Benson	655-4195h 476-5056w		Join us as we work on our tan in Chiopyle. A leisurely day of painting, cleaning and yard work to be had by all. A free overnight with 4 or more hours of work. Meet at the hostel at 10:00 am. Call to arrange carpool.