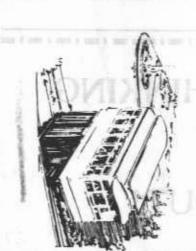
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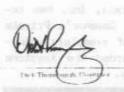
# golden triangle

# **Keystone Award of Merit**



Commonwealth of Pennsylvania The Governor's Private Sector Initiatives Task Force

In recognition of Exemplary Volunteer Community Service





# THE GOLDEN TRIANGLE PITTSBURGH COUNCIL

#### AMERICAN YOUTH HOSTELS

6300 Fifth Avenue Pittsburgh, PA 15232





Phone: 362-8181

AYH HEADQUARTERS is located at 6300 Fifth Avenue next to the Pittsburgh Center for the Arts. Open House is held every Thursday evening. The building opens at 8 pm and the slide show starts at 8:15 (note the new time). Weekly trip announcements are made immediatly following the slide show. The Golden Triangle is assembled for mailing at monthly Production Parties, which are held after trip announcements. Come out and join us!!

		THURSDAY EVENING PROGRAMS FOR JULY
JULY	4	No show tonight, but have a happy holiday
		and come back safe use your seat belts!!
JULY	11	"Gently Down the Stream" a demonstration
		of rowing skulls by Gary and Elaine
		Schermer.
JULY	18	Sea Kayaking by Cathy Lynch Further
		adventures in search of a sea!
JULY	25	Years of TOSRV Biking with Cliff Ham.
2.7		

	BOOKS FOR SALE AT HQ
8	Let's Go Europe and USA\$8.95
§	Let's Go(various countries)\$7.95
§	Youghiogheny - An Appalachian River\$8.00
§	Ride Over the Mountain, M. Retallick\$5.95
	Volume I - International Hostel Handbook\$6.95
	ll prices include sales tax.
	ook for these books at our new display case by
tl	ne membership desk.

#### THE COVER STORY

Pittsburgh Council of American Youth Hostels, Inc. has received the Keystone Award of Merit from the Govenor's Private Sector Initiatives Task Force in recognition of exemplary volunteer community service. The Task Force awarded the Keystone Award of Merit to 112 Pennsylvania organizations.

#### AYH MEMBERSHIP APPLICATION

AYH memberships are available at Open House meetings. If you cannot attend a meeting, fill out the application at the bottom of this page and send it along with your check made payable to Pittsburgh Council, AYH, to:

AYH Membership 6300 Fifth Avenue Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sells <u>International Hostel Guide to Europe</u> for \$7.00 by mail or \$6.00 at Headquarters.

#### CHECK ONE:

	\$20.00 Senior (18-59 years)
	\$10.00 Senior (60+ years)
	\$50.00 Organization (non-profit only)
	\$30.00 Family
	\$200.00 Life
5	<ul> <li>Tax-deductable contribution</li> </ul>

ADDRESS

PHONE

BIRTHDATE

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OF EUROPE --

NEW/RENEWAL

CUT IT OUT!

THE GOLDEN TRIANGLE

AUGUST ISSUE DEADLINES:

July 11 ads, trips and articles.

July 25 Production Party

SEPTEMBER ISSUE DEADLINES:

August 8 ads, trips, and articles August 22 Production Party

The <u>Golden Triangle</u> is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are the responsibility of the editor.

EDITOR Joy Layton 486-4753

LAYOUT Joy Layton

PRODUCTION Don Hoecker

MAILING Roy Weil

ADVERTISING Eric Bauer

COVER Joy Layton

#### THE EDITOR'S FEISTY NOTE

Well, I finally did it in June; I led my first 2-day trip! This was quite an achievement for me, and I learned several things: bring an extra rain poncho (you know you're gonna need it - optimism is for the birds!); carry a trivia game (you can learn new and different things - like the three sounds a horse makes); bring a least 100 extra feet of rope if you're carrying boats; and remember that the water is COLD before volunteering to demonstrate a rescue!

As for the people on the trip, they learned a few things too. Claire learned that she may as well go out in the rain - she'll get soaked anyway when we come back and have to tie down boats in a downpour! Frank now knows that Joy's mind cannot cope with figures until after her nap! Ursula knows how to get back into a sea-kayak, and Matt gets the award for being the first blind person to solo round the point at Presque Isle!

All in all, it was a terrific trip! Let's do it again!
P.S. Be sure to read the caving write-up, which was submitted (humbly, fer sur) by Paul Herre.

P.S.S. Be sure to see the climbing write-up for climbing trips. Then be sure to give the climbing chairmen "what for" for not turning in a trip sheet.

P.S.S.S. Climbing chairmen: I can't keep track of a 2x3" scrap of paper for 6 months!

P.S.S.S. Thanks to Larry Laude for listening patiently, thereby keeping some unprintable phrases out of this issue! ...Jov (extremely feisty editor)



#### NEW SOUTH HILLS MEMBERSHIP OUTLET

Do you know someone that lives in the South Hills area that has to leave town in a hurry?

Pittsburgh AYH now has a new pass selling agency right in South Hills Village; the "Hour Glass One Hour Photo" store. This store is on the upper level, Hornes end of the mall. You can not only buy your International Hostel card right over the counter but also get your passport photos taken at the same time (get a spare for your AYH pass)!!

They can develop, enlarge and copy your film when you return from your travels too. Best part -- if you show your AYH card you get a 10% discount!!

The One Hour Photo Store is open 9:30 am to 9:30 pm six days a week, and from 10 am to 5 pm on Sundays. For more information call (412) 854-FOTO.

#### PITTSBURGH COUNCIL MARKETING PLAN FOR 1986

Last November several members got together (over Pepsi and pizza) in a Council Marketing Workshop. The result was a marketing report which identified our council products, services, markets, etc.

Now is the time (or by September at the latest) to get together again, look at what we have, where we've gone wrong in the past, and see how and what we can do for next year to increase membership, trip participation, hostel useage, book sales, etc.

The group should be composed of committee chairpeople from membership, council store, publications, publicity, extended trips, activities and of course the board of directors. Their plans should be finished by October 1st: this is the date that 1986 memberships go on sale. Also close to this date the new World Adventure trips catalog should be available for planning summer vacations.

Your interest and input is needed! If you have the space available to host a brainstorming session please let Joe Hoechner know as soon as possible. If you're part of one of the committees listed above (or want to get involved) please call Joe at 373-3403 (keep trying) to work out dates. Thanks, Joe.

#### JULY ACTIVITIES BOARD MEETING

The Activities Board meeting for July will be held July 10th (no meeting the 3rd due to the 4th holiday) at the Monroeville Mall Community Room at 8 pm. All interested members are invited to attend. Park to the left of center at the mall, enter through double doors under blue canopy. Community room is the first or second set of doors to the right side of the brown corridor. Leave your ice skates at home!



#### VOLUNTEERS ARE NEEDED

Would you like to assist us with some Girl Scouts? This would require your time in September; Friday the 13th, Saturday the 14th and Sunday the 15th at the David L. Lawrence Convention Center. As more information becomes available, I will let you know details. There isn't any promise of t-shirts, but you can bet you'll have a good time! If interested contact me at 364-8775. Rich Vangenewitt.

#### MAKE PLANS NOW TO ATTEND...

...the Pittsburgh AYH Annual Fall Picnic on Sunday, October 13! There will be plenty of good food and a squaredance called by Dolores Heagy. If you'd like to help or want to know more (there will be reservation forms and info in the August <u>Triangle</u>) call Marianne Klimas at 561-9012.

#### STUPID JOKE OF THE MONTH

Did you hear the one about the graduate of the University of Bangkok that returned to the campus to open a health spa for the alumnae? Seems he wanted to renew some old school THAIS! ...submitted anonomously by Joe Hoechner...

Along a similar line... don't forget to buy a fanny bumper from the Council Storekeeper. Priced at only \$3.00, they are the latest word in cycling fashion that's on everyone's hips!

#### WORLD ADVENTURE1985 NEWS

AYH's new travel program continues to advance with year-to-date sales the highest they have been in over a decade, and almost double the number of applications received in 1983. AYH councils account for 40% of all trip sales, nearly double the rate of last year at this time. Pittsburgh Council area has nineteen trippers at present, more than double its quota of eight.

SHOULDN'T YOU BE CONSIDERING AN AYH EXTENDED TRIP?

There's still time to sign up for a "Salty Dog" trip, a long time AYH favorite including two weeks of cycling around Cape Cod with a visit to Boston. Perhaps a cycling trip around the Finger Lakes is just what you are looking for.

If hiking is your "thing", there is still time to sign up for an Adirondack Adventure or the Bay Stroller, nine days in San Francisco with easy hikes to exciting places.

Fall foliage lovers - check AYH van trips through New England in September and October. See the catalog for times and prices.

#### WORLD ADVENTURE HAS A TRIP FOR YOU!

Any ideas for 1986 trips must be in by early August. See Bill Johnston and Marilyn Ham to discuss your ideas!

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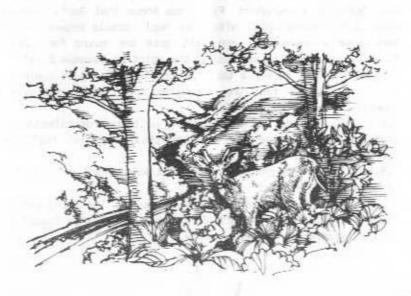
SEA-KAYAKING: THE MAINE EXPERIENCE The Annual Sea-Kayaking Symposium is the highlight of the sea-kayak year. The 1985 gathering will be held August 9 to 11 at the Maritime Academy in Castine, Maine. We would like as many people as possible to experience the Sea-Kayaking Symposium. Although it is far from Pittsburgh, it is well worth the time and travel.

Cathy Lynch will lead the AYH kayaks to Casco Bay for August 5 through 8 and then on to the Symposium. Cathy welcomes trippers of all levels who want to experience life on the tideline. Casco Bay has been called "a coast of ajmber and crystal". The group will pitch its tents in a commercial campground on Orr's Island and take day trips (in good weather) to other islands. They will dig for clams and quahogs, pick blueberries and raspberries, and fish. All activities will be regulated by the weather and the tide table. There are a variety of ways of participating in this trip. See Cathy Lynch or Tom Trump for further details.

#### VOLLEYBALL

Steve Martin 469-3135

Play outdoor volleyball above HQ in Mellon Park on Tuesdays and Thursdays. Anyone of any skill level is welcome. Come ou and learn to play or sharpen your game, or just have fun. The action starts at about 6 pm (weather permitting) and lasts til dark. On Tuesdays the fee is 50¢ for members, and \$2.00 for non-members. On Thursdays play for FREE! Stop in before the meeting. See you there!



#### RAFTING

Shirley Sedmack Ulaky 422-0849 Susan Krotec 661-8485

GENERAL INFORMATION FOR RAFT TRIPS: Call the leader to reserve and for the meeting time. EQUIPMENT: lunch in a waterproof bag, swimsuit, dry clothes, non-cotton clothing, tennies, sun protection, large sponge, strap for eyeglasses. Estimated trip expense including raft rental, shuttle ticket, car pool, etc. generally ranges from \$13 to \$18 per person, depending on the total number of people, etc. In addition, there is usually a stop for dinner.

NEW RIVER GORGE WEEKEND August 17-18. Call Gus Hughes at 469-1295. Registration for this trip will close 8/13/85. To reserve send a \$10 non-refundable deposit check (made payable to Pittsburgh AYH) to Gus Hughes, 106 Duquesne Ave., Dravosburg, PA 15034.

GAULEY RIVER!!! Sept. 14-15. Explore the adventure of the Gauley River. Two days, two trips. Sat. experienced rafters only, as the AYH 8 man raft travels the most hazardous big water in the Eastern U.S. Sunday, beginners and experienced paddlers alike can join in as we take the 8 man and two 4 man rafts down the exciting lower Gauley. Deposit by Sept. 9 a must! No reservations will taken past that time. Send a \$10 check to Gus Hughes (see New River Weekend). Absolutely no refunds!

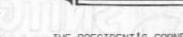
#### SEA-KAYAKING

Eathy Lynch 361-3707 Tom Trump 294-7349w Paul Kram 681-9069

Sea kayaking invites paddlers of all levels. Trips will meet at HQ at the time stated. The number of boats is limited, reserve early. Wear warm clothing in layers. Bring lunch and dry clothing in a waterproof container if possible. For further information, call any of the leaders. Trip locations may be changed as water and weather conditions dictate. Check with the trip leader for up-to-date info. Trips in addition to those listed may be organized at Thursday night meetings.







by Larry Laude



This column is something I've been intending to do for several months now. With Joy's encouragement, I decided this was the month.

What's new? Well, as of June 1st, we've started servicing the local Pass Selling Agencies -- supplying them with membership materials, collecting the pass fees, answering questions, etc. Right now we have four agencies in Pittsburgh -- Pittsburgh Travel House, One Hour Photo, Atlas Travel, and University Travel. If you know of other businesses in or out of the city which might be interested in selling memberships, please let me or Bob Nebes know. We especially need some in Erie and at the various area universities and colleges.

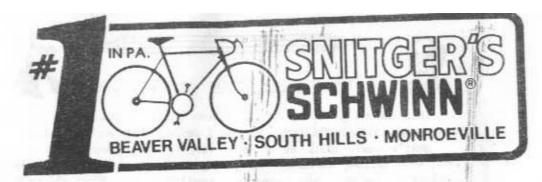
This month at the Activities Board meeting, I'll be appointing the nominating committee for the elections in October. Seems like a long time away, but some of these things need an early start. I'm looking for one or two persons for the committee who aren't on the Activities Board. Call me if you're interested.

Those of you who have been at the Thursday Open House Meetings have noticed the Council Store has expanded into books -- particularly the Let's Go... books, as well as the Youghiogheny and Martha Retalik's cycling book Ride Over the Mountain. The Let's Go... books are being sold at a discount at HQ. If you need one, stop by and save some money and help out the Council at the same time. Look for them, along with other store items, in our brand new display case next to the membership desk. By the way, with the extra inventory, Storekeeper Shelley Werner tells me she could use some help in counting and selling. Anyone interested?

A big thanks to Blanche Asherman, Jim Gogots, Roy Weil, Mary Shaw, and the Bugbys for a great job of cleaning Headquarters. Looks as new as Headquarters ever will!



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729 ALLEGHENY RIVER BLVD. VERONA 826-1111

HIKING

Wayne Hennemuth 693-9605 Tom Kaveney 276-8044

KAYAKING

Lou Conley 681-8321 Ray Yutzy 341-5682

Beginning kayaking schools will be held once a month through September. These schools are for complete beginners or people who have never been on whitewater before. The schools last the entire weekend, with an overnight stay at a youth hostel. the first day is on a nice calm lake and the second day is on a very easy whitewater river. Dates for the 1985 beginner schools are: July 13-14, August 3-4, and September 7-8. Space is very limited so sign up early. Call Lou Conley at 681-8321 for more info.

#### WANTED: ANOTHER LOVEABLE PERSON!

Help! Shelly, our resident Storekeepah, needs an assistant who has good bookkeeping skills and is organized (the accent is negotiable). She needs someone who can set up an efficient system and will make announcements when the storekeepah isn't at the Thursday meeting. Call Shelley at 422-0179 (h) or 262-5315 (w).

#### METROPOLITAN CHICAGO COUNCIL TRIPS

HIKING -- Canadian Rockies, Aug. 28 - Sept 3. Hiking open to all levels; beginners welcome; Fee \$565 includes airfare, ground transportation, lodging, meals. Call (312) 327-8114.

SAILING -- Bahamas Sailing, Jan. 18-25, 1986. All levels of sailing ability. 41 foot Morgans. Fee \$548 includes airfare, boat accommodations food, ground transportation, sailing instruction. Call (312) 327-8114.

#### CREDIT WHERE CREDIT IS DUE

Please note that the <u>art work</u> of the June Triangle cover is that of <u>Diane Keane</u> and her time, effort and skill is appreciated. (Concept and design for the cover were properly credited).

#### THE GREAT TOMATO PATCH NEEDS YOU!

Volunteers are needed to help harvest tomatoes, peppers, and squash at the Great Tomato Patch, an 8 acre area in Harrison Hills County Park. The patch will provide fresh produce for the Greater Pittsburgh Community Food Bank, and is a partnership project of the Allegheny County Parks Department, H.J. Heinz Co., Mellon Bank, and The Western PA Conservancy. Sessions last approximately 5 to 6 hours and are scheduled on Saturdays and Sundays from mid-August to mid-October. A free Great Tomato Patch t-shirt and a bag of tomatoes will be offered to every volunteer harvester. For more information and to pick a date, call Jeff Gerson, 288-2777.

#### THANK YOU

Our thanks are extended to Sylvan Canoe Club for letting us use their facilities and docks on the Allegheny River. We had Basic Canoe School there on three different evenings during May. This was an opportune time for people who had never been in a canoe before to learn the basic strokes and the responsibility of the bow and stern paddler. It was also a grand opportunity for a few more experienced canoeists to brush up. Hopefully with the supportive help of Bob Buck, we will be able to have the same type program again next year.



- § Basic Sailing Class OR Bicycle AND/OR Ocean Kayak at the <u>American</u> Red Cross <u>Small Craft Base</u>.
- § Lakeshore tenting near the parking area, well water, outhouses, and washhouse (no showers). Group picnic dinner Saturday of salad, beans burgers, and fresh corn on the cob. Breakfasts at 7 am with cold cereal juice, fruit, bagles, and hot beverages.
- § The cost is \$20 for sailing and \$10 for bicycling or ocean kayaking plus any rentals. Transportation costs for 240 miles pay directly to the driver. Group carpooling will leave HQ at 6:30 pm Friday.
- § Bring: 2 lunches, sleeping bag and pad, tent (group tarp provided), swimsuit, towel, sneakers for any water activity (swimming included), eyeglass strap, sunscreen, insect repellent, and rainwear.
- § Sailing: a 2 day basic sailing course will be conducted for a maximum of 18 people. Students must be over ten years old and be able to maintain themselves unaided for three minutes in deep water.
- § Reserve with \$20 to Fred Parker on or after Thursday, July 25, 7:30
  pm at HQ.
- § Ocean Kayaking: both days or kayak one and bicycle the other.
  Reserve as above with \$10 plus \$5.25 for each days rental.
- § Bicycling: Rides of several lengths and diversions will be offered. Reserve as above with \$10 or send a check to Fred Parker, 730 Shaw Ave., Monroeville, PA 15146.
- § Questions?????? Call Fred at 824-2638

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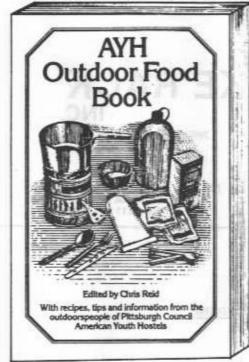
\* THIS BOOK WAS NOT GHOSTWRITTEN IN A TEST KITCHEN!

THE AYH OUTDOOR FOOD BOOK, EDITED BY CHRIS REID,

PUBLISHED BY PITTSBURGH COUNCIL, AMERICAN YOUTH HOSTELS,

1981, 144 PAGES, 6" x 9" SOFTCOVER, \$3,00/INDIVIDUAL COPY





#### INCLUDES:

- MANY RECIPES, MENUS, PACKING TIPS AND TRIP FOOD-PLANNING IDEAS FROM CANDEISTS, BICYCL-ISTS, BACKPACKERS, CROSS-COUNTRY SKIERS, ETC.
- ◆LOCALLY-DEVELOPED, WITH INNOV-ATIONS FOR SAVING TIME, FUEL AND WEIGHT.
- SPECIAL SECTIONS ON BACKPACK STOVE SELECTION AND USE, FOOD DRYING PROCEDURES, BEAN-SPROUTING TECHNIQUES & OTHERS.
- PHOTOS, DIAGRAMS, SKETCHES & OUR OWN ANECDOTES AND GEMS OF WISDOM, WON THE HARD WAY.
- BEGINNER TRIP INFORMATION, SHOPPING TIPS, AND MORE.

LIKE OTHER PUBLICATIONS OF PITTSBURGH A.Y.H., THIS BOOK COLLECTS
THE EXPERIENCES OF DOZENS OF ACTIVE, EXPERIENCED PARTICIPANTS IN
THE GROUP'S LARGE, ENERGETIC PROGRAM OF CANOEING, CYCLING, HIKING,
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- · FAMILY TRIPS
- GROUP RATES

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#### CLIMBING

Dale Vilsack 343-8379 Karl Mormer 521-6404 Eric Bauer 687-0766

The beginner's climbing trips at White Rocks meet at HQ at 7:00 am. Bring tennis shoes, hiking boots, lunch, water, leather-palmed gloves (if you have them), and a sunny disposition. We usually stop for dinner and return to Pittsburgh between 8 and 9 pm. Call any of the chairpersons for reservations.

CLIMBING TRIPS FOR JULY

13 & 14, Sat & Sun, Inter. at Seneca 28, Sun, Begin at White Rocks, near Uniontown.

#### SENECA??????

If enough interest is shown, a workshop could be arranged for those climbers who are going to Seneca Rocks for the first time this year. Topics would include rappelling, prusiking, seconding techniques, and general information concerning what to expect, safety procedures, etc.

\*Workshop will not be held for less than five (5) participants. Contact: Barry Govenor, 521-2318 (eve), headquarters/evergreen

#### COMING SEPTEMBER 13-15!!!!! ST. GEORGE YMCA CAMP, WEST VIRGINIA

This is a peaceful, well-kept valley in the WV mountains. Th bunkhouses have hardwood floors and good mattresses. The communit hall and messhall are even nicer with fireplaces. There is plenty or hot water for showering, flush toilets and coin laundry. The \$19 price includes two nights lodging, Sat. breakfast, Sat. packed lunch, Sat dinner, and Sun. breakfast. Mail check (made payable to Pittsburg AYH) to Wayne Albright, 944 Deely St., Pgh., PA 15217.

TRIPS & LEADERS (Your responsibility ahead of time)

Travel and trip fees are extra.

Cavino John Popp 653-6026 Hiking Joe Hoechner 373-3403

Rafting (Lower Gauley) Gus Hughes 469-1295 reserve early

Canoeino Jim Googts 384-9149

Bicycling Off Road Don Shepard

Bicycling Road (hilly) Chuck Ejzak 466-6196

Climbing Dan Martt

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HOUSE FOR RENT Murraysville, convenient location. 3 bdrm,12 bath, porches, yard, wall to wall. Call 325-2440 and ask for Arriv.

2 SEA-KAYAKS 1984 Easy Rider, Eskimo 16 ft. expedition equipped. Includes spray skirts, Kober regatta paddles, air bags, etc. \$2200 for both.(Sold separately: \$1150, 1325) Call Patricia Malinowski at 665-1426.

#### Thank You

Thanks to Dan Martt for the Saint George Weekend. place is a real find!



#### COMING AUGUST 9-11!!!!

PINE GROVE FURNACE IRONMASTER'S MANSION HOSTEL WEEKEND (P.G.F.I.M.H.W.)

Almost as many activities as initials! Bicycling, Hiking, Climbing, Swimming, and more... Right from the hostel! This is one of the newer (and cleaner) hostels, located in Gardiners, PA.

Currently there is space available for 10 males and 10 females. so reserve your spot now with a \$10 check made out to Pittsburgh AYH. (This deposit will not be refunded after July 25 unless a replacement is found) If we fill our quota early, we can try to get more reservations. Send the following form (or a reasonable facsimile) along with your \$10 deposit for each tripper to:

Pittsburgh AYH, Dept. PGFIMHW 6300 Fifth Avenue

Pittsburgh, PA 15232 

Name(s)	1161 Str.
Number of males Number of females_	and the second s
Amount enclosed (\$10/tripper)Address	_(LIBERS UTILY PERSON
Phone LAYS BY	1 ( 2 ) ( 1 ( 1 ( 1 ( 1 ( 1 ( 1 ( 1 ( 1 ( 1 (
Willing to transport: People? Bikes?	Other gear?

Kathy Lynch 327-0529

Steve Shafer 362-4432h 578-7661w

The AYH canoeing program provides opportunities to learn to paddle, increase your skills through progressive schools, and go out on trips just any weekend. You can bring your own equipment, or rent a cance and gear for \$6/boat. AYH cance schools and trips are normally one day each, with occasional weekend or longer trips. You should paddle on a few trips after taking one school before going on to the next, as mastery of the previous skill level is assumed as one progresses.

Bring non-cotton clothing, hat, water bottle, glasses tieon, rain jacket, tennies, dry clothes in a separate bag, and knee pads. Trips normally meet at HQ at 8:00am. Call the trip leader in advance to reserve space on a trip.

# You've got a friend in Pennsylvania

CAVING

Roy Provins 784-9127 Paul Herre 831-0217 John Popo 653-6026

As always, please call your trip leader for more details and how to be properly prepared so that you can enjoy this fun and exciting sport of caving. Caving trips are run "rain or shine", unless otherwise stated. Please let your trip leader know as soon as possible if you have to cancel from a trip, this will allow someone else to possibly take your spot. Thank you.

RESPONSE TO THE EDITOR'S COMMENTS IN THE JUNE TRIANGLE:

Are we really hiding anything? The only way you (or any other curious person) will ever know is to join us on a caving trip. You are cordially invited to join us.......What you'll discover: this that we are hiding a fun filled experience with a lot of great people.

P.S. I'm really sorry about the spelling error, will you forgive me? .... "Easily Intimidated"

(Ed. note: Maybe!)

#### JULY TRIPS & TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include a 75¢ registration fee (50¢ per half day or evening), plus transportation and rentals. IN ADDITION non-members are charged \$1.50 per day which may be deducted from the cost of membership when joining AYH. The registration fee covers insurance (\$1000 medical/ \$1000 accidental death or dismemberment).

#### BACKPACKING

Debbie LaPlaca 795-4179 Jack Peth 921-7214h 777-5365w

#### BICYCLING

Rick Kondas 672-3891 Chuck Ejzak 466-6196

AYH BICYCLING JERSEY - After over a year in planning, a new Pittsburgh AYH bicycling jersey is designed. They will be made be Schnaubelt Shorts in Coraopolis, PA, who make a large line of cyclist and triathelete clothing. At the time this was submitted, final details were not complete, but they should be complete by now. The colors are not pink and royal blue, and will have a large silk screen print on the back, with a small brest pocket print on the front. These are regular cycling jerseys with a short zipper in the front and pockets in the back. They are available in your choice of Nylon-Lycra (skin jersey) or Cotton-Poly-Lycra (strechy t-shirt material). The cost will be between \$28 and \$30, depending on the final design selected. We will place this order on July 26, so if you want to be part of it don't delay. (Future orders may not be so large, so prices may be higher) For details see Lynn or Chuck Ejzak or pick up an order form from the bicycling bulletin board at HQ.

If you want to try some racing, why not join the ACA (Allegheny Cycling Association) for Time Trials or Criteriums. Time trials are held on Tuesdays at Thorn Hill Industrial Park in Cranberry township; Criteriums are held on Wednesdays at the Highland Park Zoo parking lot. The events start at 6:30 pm.

FOR SALE: Several Schwinn Continental 10-speeds. The bikes are basically good, but could use some minor work. These could make great commuter bikes, but also could be good enough for AYH trips. Prices between \$35 and \$50 each, depending on condition. Contact Chuck Ejzak for details at 466-6196.

TASSLE -- September 21-22. Tour Along Southern Shore of Lake Eric (Cleveland to Toledo). We will be making a group application on July 11. If you want to be part of this order, bring

#### HOSTELING IS ...

A HOSTEL is designed for the traveler, vacationist, or recreationist who prefers sharing comfortable low-cost accommodation in the congenial company of people with similar interests.

<u>HOSTELING</u> began in the early 1900's in the Ruhr Valley of Germany to help young people escape the debilitating effects of industrialization. Hosteling today is for the "young at heart of all ages" and of all backgrounds.

Traditionally, hostels are meeting places where people enjoy companionship in a cooperative, friendly atmosphere. This spirit is maintained by both the permanent staff and the volunteers who make hosteling one of the many pleasures of New England.

THE INTERNATIONAL YOUTH HOSTEL FEDERATION coordinates the activities of national hostel organizations all over the world, with 5,000 hostels in 60 countries.

AMERICAN YOUTH HOSTELS, INC. the American affiliate, promotes healthful, low-cost outdoor activities and ecologically sound use of our areas of natural beauty.

- § oversees over 275 youth hostels in the United States.
- § sponsors small group travel to all parts of the world.
- § oversees the activities of local councils.

PITTSBURGH COUNCIL OF AMERICAN YOUTH HOSTELS is chartered by American Youth Hostels, Inc. and has over 1,000 members in the Tri-State area.

- § Operates the Ohiopyle State Park Youth Hostel in Ohiopyle, PA.
- § Sponsors low-cost activities for people of all ages.
- § Is located at 6300 Fifth Avenue, Pittsburgh, PA 15232.

...adapted from <u>Footnotes</u>, newsletter of the Greater Boston Council, AYH, June and July, 1985.



#### ATTENTION ACTIVITY CHAIRPEOPLE!!

...This is your editor speaking on behalf of all us trippers...
REMEMBER to try to include Labor Day weekend trips in your submissions for the AUGUST <u>Triangle</u> (deadline is July 11). Plan ahead!



#### DO SOMETHING WILD NEWS

The Carnegie Museum of Natural History has published Species of Special Concern In Pennsylvania -- A Blueprint for Action, one of the first programs to be funded by monies generated from the Pennsylvania Wild Resource Conservation Act. Under this Act, citizens can check off their voluntary donation of all or part of their state income tax refund to be contributed to the Wild Resource Conservation Fund.

Species of Special Concern in Pennsylvania describes 297 species of plants, insects, birds, fish, amphibians and reptiles, and mammals, giving their habitat requirements, their geographic occurrence, the documented threats of their existence, and recommended measures to combat these threats. The book sells for \$30.00 and can be purchased in Carnegie Institute's Nature Shop, or by sending a check for \$30.00 plus \$3.00 for postage to: Publications Secretary, Carnegie Museum of Natural History, 4400 Forbes Avenue, Pittsburgh, PA 15213.

You can make contributions to the Fund all year long by sending a check to: Wild Resource Conservation Fund, Comptroller's Office, Box 2063, Harrisburg, PA 17120.

#### SEE AMERICA FIRST?

This article is especially for all you lucky folks who are planning a summer of hostelling fun in Europe, Japan, or who knows where.

If, like many Americans going abroad, you have not hosteled before, why not make a mini-trip to stay at an American hostel beforehand?

You will get a chance to try out all your gear: bicycle, saddlebags clothing, and so on. You can eliminate most of the "bugs" while you are still near the shops where you bought the stuff. You will find out exactly how easy it is to pedal x miles from hostel to hostel, with the load you will carry in Europe. You will meet typical hostelers and houseparents, and learn to get along with them - before you need to struggle with a language barrier. A strange language and a strange town can also make a real chore out of shopping for that little do-hickey you left behind and need right away. Maybe it just isn't available in Italy at all! And you will forget to bring something or other, for sure. Better to go without it for a weekend, 30 miles from home, than an ocean away. Even if it isn't a necessity, it will be missed. How many times might you exclaim "Gosh, I wish I had that little songbook so I could remember all the words ... ?" Another example is your light meter if you're a photo bug. Should you guess at your exposures, buy a second meter with foreign money, or stop and wait for it to be mailed from home? Make your mistakes in advance. By the way, you may discover that some things you don't need, thus lightening your load.

Making plans and arrangements will be easier when you know what to expect over there. With a little luck, during your U.S. hostel week-end you'll meet a foreign hosteler from guess where; you can tap his fund of knowledge. And who knows, after your arrival in amsterdam someone may ask you about U.S. hostels, so you can return the favor.

Don't expect your foreign hosteling experiences to duplicate exactly what you see at a U.S. hostel. Hostels and hostel customs do differ from country to country. A good thing it is, too; if all places were alike then travel would be pointless. Some of the differences: Many European hostels serve meals while most in the U.S. do not. In most countries, alsoholic beverages are not allowed in hostels, but in France (naturally) wine is permitted. In the U.S., priority is given to non-motorized hostelers. One or two countries have age restrictions on hosteling; the rest, including the U.S., do not.

The best reason for taking this kind of shakedown trip, of course is that you will have FUN. There is a special atmosphere about hosteling that is worth savoring in this or any other country.

You can hardly wait to get started on your foreign trip, right? So go ahead --enjoy a little taste of it now, here in the U.S!

...from <u>Footnotes</u>, newsletter of Greater Boston Council, AYH, June and July, 1985.



D <u>ATE</u>	DAY	ACTIVITY	LEVEL	CONTINUED LEADER	JULY PHONE	TRIPS TIME	CONTINUED DESCRIPTION
20	Sat	Canoe	1-2 Trip	Oscar Mayer	422-8216		Great canoe trip!
20	Sat	Canoe	Flat Trip	Steve Shafer	362-4432		Scenic canoe trip.
20	Sat	Hike	All	Glenn Oster	364-2864	7:30HQ	Maintenance hike on the Baker Trail.
20	Sat	Kayak	UMII	Gus Hughes	469-1295	-12:	Easy whitewater trip for people who have previously taken the beginner's school.
20	Sat	Raft	A11	Shirley Ulaky	422-0849		Youghigheny River Trip. See rafting write-up, then call for info and reservations.
21	Sun	Bike	A-D		-11	N/s-	Day of Bicycling.
21	Sun	Canoe	2 Trip	Millard Underwood	561-0871	-12.6	
21	Sun	Cave	Begin	Roy Provins	784-9127		Coon Cave. A good beginner's cave on Chestnut Ridge with some nice formations.
21	Sun	Hike	Int	Tom Kaveney	276-8044	88HQ	Hike a section of the Laurel Highlands Trail.
21	Sun	Raft	All	Gus Hughes	469-1295		Youghigheny river trip. See rafting write-up, then call for info and reservations.
22-27	Mon- Sat	Cave	Int	Norm Snyder		- T40	Join Norm on a cave and hike trip to Kentucky and Tenn. Raft in the biggest water cave in Kentucky. See a 100 by 200 foot high room plus miles of cave. Hike in the wildest gorge in Tenn. 50 miles of wilderness like Cheat Gorge.
27-28	SS	Backpack	Easy	Wendell Phillips	831-2606	79HQ	Seneca Creek-Spruce Knob area. Hike along a cool stream, maybe pick a few berries, enjoy the view from West Va's highest peak.
27	Sat	Bike	С	Shelly Werner	262-5315w 422-0179h	8:30	25-30 miles through scenic Slippery Rock and stop for a dip in a secluded spot (bathingsuits optional). If you call Shelly at work leave a message.
27	Sat	Canoe	1-2 Trip	Jim Gogots	384-9149		Pleasant canoe trip.
27	Sat	Sea-Kayak	Begin	Tom Trump	284-7349w	9:30	Local trip on the Allegheny.
28	Sun	Bike	В	Chuck Ejzak	466-6196	9:00 in	Elizabeth. 40 mile ride in the Mingo Park Area.
28	Sun	Raft	All	Paul Johnson	741-7520	2000	Youghigheny river trip. See rafting write-up, then call for info and reservations.



### TRIPS & TRAILS FOR JULY

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
3-7	W-S	Backpack	Adv	Glenn Oster	364-2864h 234-0610w	7:30pm	Continue hiking east of Harrisburg on the Appalachian Trail. Show be great!
4-7	Th-S	Backpack	Int	Joy Layton	486-4753	7:30HQ	See tornado damage in Northcentral PA on Quehanna Trail! Some last minute detours may be made, depending on the extent of the damage. Call for info and reservations.
6	Sat	Bike	В	Ricky Kondas	672-3891	98HQ	50 Mile round trip ride to Russelton.
6	Sat	Raft	All	Rick O'Connor	371-6493	78HQ	Call for information and reservations. See rafting write-up.
7	Sun	Canoe	2 Trip	Don & Karen Bouman	697-4386		Terrific cange trip,
12-13	F5	Cave	Inter	Norm Snyder	351-4068		A newly discovered cave near Penn State.
12-14	FSS	Sea Kayak	Inter	Willie Leugtfellu	777-4809w	6:30pm	Overnight trip on the Allegheny. Call for details.
13	Sat	Trail Day	All	WPTA	288-2777	10am	Western PA Trails Association Trail Day on North Country Trail. Meet on Muzette Rd. where N.C. Trail crosses. Call Ann Jenkins on Wednesdays during office hours for information.
13-14	SS	Bike	В	Terry Gossard	321-3282	98HQ	40 miles.
13	Sat	Canoe	Basic School	Jim Porcelli	731-9176		
13	Sat	Hike	Int	Debbie LaPlaca	795-4179	BBHQ	Hike a section of the Laurel Highlands Trail.
13-14	SS	Kayak	Beginner School	Lou Conley	681-8321		See write-up under kayaking.
13	Sat	Work Party	All	Joe Hoechner	373-3403	8:30HQ	Spend a day in the Laurel Highlands at Dhiopyle Hostel. Indoor or outdoor work is available. Pack a lunch. Reserve with Joe (keep trying).
14	Sun	Bike	С	Joe Hoechner	373-3403	8:45HQ	25 mile ride in New Wilmington area. Swimming included.
14	Sun	Canoe	WWI School	ol Gordon Bugby	371-4233		
14	Sun	Hike	Easy	Joe Levine		9 <b>8</b> HQ	Hike in Harrison Hills County Park.
14	Sun	Raft	All	Judy Menosky Joy Layton	242-1573 486-4753	1155	Raft on the Youghigheny River. See the rafting write-up and then call for reservations and info.
19-23	F-T	Sea-Kayak	Int	Rita Long	682-7289h 234-7992w	7:00	Four day trip on the Trent-Severn waterway in Canada. Call Rita for details.
19-21	FSS	Family	All	Gene Finley	422-4316		Camping at Cook Forest for families with young children.
20,21	SS	Backpack	Novice/	Jack Peth	921-7214	Traces.	Contact Jack for more information.
20	Sat	Bike	Easy	Jeff Marsh	466-7841	9:00	