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Pittsburgh Council
AMERICAN YOUTH HOSTELS
6300 Fifth Ave.
Pgh. PA 15232

Pittsburgh Council's
Golden Triangle
Newsletter

Vol. 40 No. 10

AMERICAN YOUTH HOSTELS

OCT. 1988





AMERICAN YOUTH HOSTELS, INC.
PITTSBURGH COUNCIL
6300 FIFTH AVE.
PITTSBURGH, PA. 15232



OFFICIAL MEMBERSHIP APPLICATION

Account and Membership Types Available:

- \$ 10.00 Youth (17 years and under).
 - \$ 20.00 Adult (18 years to 54).
 - \$ 10.00 Senior Citizen (55 years and over).
 - \$ 30.00 2 Yr. Adult (18 years to 54).
 - \$ 30.00 Family (includes children under 18 years).
 - \$ 200.00 Life (Individual lifetime membership).
 - \$ 18.00 Foreign Nationals (including Canadians).
 - \$ 1.00 Postage (for each Membership or International Handbook ordered)
- You can save postage by purchasing these items at our Open House Meetings!
- * NOTE: International Hostel Handbooks are available for \$ 8.00 each at Pittsburgh Council Headquarters (Thursday nights 8-10 PM) Volume 1 (Europe and the Mediterranean) and Volume II (Africa, America, Asia and Australia). Make all checks payable to "Pittsburgh AYH".

NAME: _____ (Last) _____ (First) _____ (Middle)

STREET: _____ (Permanent Address Only) _____ Zip Code _____

ITY: _____ State _____

IRTDADATE: Month _____ Day _____ Year _____ Phone # _____

Are you a member of AYH this past year? Yes _____ No _____

(Signature of Applicant)

Can you send card? _____

If you wish Membership Card sent to a temporary address, give name below:

ARE OF: _____ STREET _____

ITY: _____ STATE _____ ZIP CODE _____

AYH MEMBERSHIP BENEFITS:

International Hostel Membership Card plus Council I.D. Card good for discounts at local bike shops and outfitters.

-S.A. Hostel Handbook.

The Knagsack, National A.Y.H. Travel Newsletter.

The Golden Triangle, Pittsburgh Council's Newsletter of Trips and Activities.

Open House Thursday nights 8:00 p.m. at Council Headquarters.

Course to National travel programs and Leadership Training Courses.

NOTE: Memberships valid from Sept. 1 to Dec. 31 of the following year.



AMERICAN YOUTH HOSTELS, INC.
Pittsburgh Council
6300 Fifth Ave.
Pittsburgh, PA 15232



ACTIVITIES MEMBERSHIP APPLICATION

Membership Types Available: (does not provide access to AYH benefits)

- ☐ \$ 5.00 Youth (17 years and under)
- ☐ \$ 5.00 Senior Citizen (55 years and over)
- ☐ \$ 10.00 Adult (18 years to 54)
- ☐ \$ 15.00 Family (includes children under 18 years)
- ☐ \$ 1.00 Postage and Handling (for each membership ordered)

Note: A full AYH membership or a local guest membership is required for access to AYH and international hostels. An AYH membership also includes the recent I.S. Hostel Handbook.

Make all checks payable to "Pittsburgh AYH" (include \$1.00 postage). Thank you!

NAME: _____ (Last) _____ (First) _____ (Middle)

STREET: _____ CITY: _____

IRTDADATE: Month _____ Day _____ Year _____ Phone # _____

Are you a member of AYH this past year? Yes _____ No _____

Pittsburgh AYH provides Membership Benefits:

International Membership Card plus the opportunity to wear your design and collect pins. Access to special Pittsburgh AYH trips including visiting non-member hosts (see Knagsack, National A.Y.H. Travel Newsletter, available at various headquarters). Access to guides to local Pittsburgh Council trips. The Golden Triangle, Pittsburgh's monthly newsletter of trips and activities. Open House Thursday nights 8:00 p.m. at Council Headquarters. Access to National travel programs and Leadership Training Courses.

(Note: Memberships valid from Sept. 1 to Dec. 31 of the following year. All candidates for the Pittsburgh Council Activities Trip and/or Board of Directors must hold full AYH membership to qualify for these positions.)

You've got a friend in Pennsylvania

ANNUAL COUNCIL MEETING AND ELECTIONS

The Annual Council Meeting and Elections will be held on Friday, October 21st at Vintage in East Liberty following dinner. Dinner starts at 8:00 PM. The purpose of the meeting is to receive reports of the Board of Directors and the Activities Board, to elect members of the Board of Directors, Council officers and Standing Committee Chairmen, and to transact such other business as may properly come before the meeting. The elections are for the 1989 business year which runs from October 1st 1988 to September 30, 1989. The nominees listed on the ballot are the recommendatin of the Nominating Committe, consisting of Linda Smithyman, Bill Johnston, Joe Hoechner, Carla Steele, and John Gaynor. Nominations will also be accepted from the floor at the meeting. This notice serves as the written notice of the Annual Meeting required by the By-laws.

Please note: Only holders of AYH passes expiring on or after December 31, 1988 may vote. Activity members and guests are welcome to attend but under the By-Laws do not have a vote. In addition to the elected positions, committee positions will be filled by the following people:

Secretarial Committee

Corresponding Secretary: Lynn Ejzak
Librarian: Joel Platt
Telephone Response: Lynn Ejzak

Membership Committee

Membership Desk: Steve Poprocky
Mail Orders: Open
Franchise: Royanne Mac

Newsletter Committee

Production: Don Hoecker
Advertising: Sanci DeMatteo
Hostel Reporter: Cheryl Arnold
Club and Council Reporter: Open
Trips Reporter: Pat Tieman

Publications Committee

Mail Orders: Lynn Ejzak

Trails Committee

Baker Trail: Pete Srini
Rachel Carson Trail: Blanche Asherman

Hostel Operations

Ohiopyle Liason: Open
Chartered Hostel Liason: Open

Special Events Committee

Member: Becky Staub
Member: Elaine Stolic
Banquet: Open
Picnics: Open
Blackwater Falls: Elaine & Karl Mormier
Wilderness Lodge: Cay Friedman

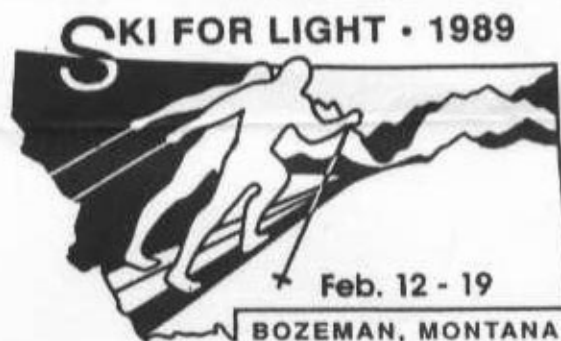
Volunteer Coordinator: Open
Explorers

Unit Leader: Vicki Windisch
Advisory Committee: Maynard Hanson
Advisory Committee: Ben Brugmans
Advisory Committee: Open

HIGHLIGHTS

It's not too early to plan for cross-country skiing. In this issue is some information and an application for Pittsburgh Council's Annual Blackwater Falls trip coordinated by Carl and Elaine Mormier. If interested, it is important to reserve early since there is limited space and it's always a favorite trip with AYH'ers.

Also there's information on the Ski For Light Program. This is an opportunity to take a ski vacation and be personally rewarded by helping the blind. Jack Peth, who participated in last year's program highly recommends it.



A little closer to home is Ohiopyle State Park with our hostel, and Carla Steele as well as various trip leaders have planned an exciting weekend there October 7, 8 and 9. There'll be biking along the beautiful bikeway to Confluence, hiking, rafting and rock climbing are available. You're welcome to come for the whole weekend. Reservations and a small deposit are required; or just drive up for the day and join an activity. Contact the leaders listed in the "Trip Schedule" for more information about the activity and to reserve a place. If equipment rentals are necessary (bikes, e.g. are available at HQ or in Ohiopyle at certain outfitters). Again, contact the trip leader to make arrangements. And for more details about the Ohiopyle Hostel overnights, call Carla. Whether you want an action packed weekend skiing, rock climbing or rafting, etc. or just enjoy the peace and serenity of hiking along the trails, this weekend is for you!!

BALLOT FOR 1989 ELECTIONS

The following slate of candidates for the elected positions in Pittsburgh Council has been recommended for your approval by the Nominating Committee.

How to Vote: Bring this ballot with you to the Annual Meeting on October 21st or pick up a ballot at the meeting. If you cannot attend the meeting, mail this ballot to AYH or put it in the Trip Report Box at Headquarters. All ballots will be held and not opened or counted until everyone at the Meeting has voted. Staple or tape the ballot shut, write your name and pass number on the back and sign it, and return it to AYH. If you use an envelope, put this information on the outside of the envelope and mark it "BALLOT". Please note, mail ballots without a pass number on them cannot be counted.

- * Check the appropriate boxes below if you choose to vote for the candidates individually.
- * If you wish to vote for persons not on the ballot, write in their name and the position at the bottom of the ballot.
- [] Mark this box if you accept the recommendations of the Nominating Committee.

OFFICERS

- | | | | |
|---------------|-----------------|-------------------------|--------------|
| [] President | Larry Laude | [] Treasurer | Fred Hull |
| [] Secretary | Marianne Kasica | [] Assistant Treasurer | Cay Friedman |

Note: In accordance with the ByLaws, two vice presidents will be elected at the first Activities Board meeting following the election.

BOARD OF DIRECTORS

- | | | |
|------------------|---------------------|------------------|
| [] Fred Galvez | [] Jack Peth | [] Jane Swanson |
| [] Cliff Ham | [] Linda Smithyman | [] Josh Whetzel |
| [] Joe Hoechner | | |

COMMITTEE CHAIRS

- | | | | |
|---------------------------|-----------------|--------------------------|---------------------------------|
| [] Membership | Joe Levine | [] Extended Trips | Bill Johnston & Craig Hennemuth |
| [] Hostel Development | Joe Hoechner | [] Trips Coordinator | Pat Tieman |
| [] Pittsburgh Hostel | Joe Hoechner | [] Canoeing | Rick Tomlinson |
| [] Hostel Operations | Len Benson | [] Caving | --- OPEN --- |
| [] Headquarters | Gary Ludwig | [] Climbing | Eric Bauer & Rich Rosenberger |
| [] Program | Bob Goff | [] Cross-Country Skiing | Fred Parker & Rick Ulacky |
| [] Newsletter Editor | Laura Bates | [] Cycling | Chuck Ejzak & Judy Menosky |
| [] Publicity | Joe Hoechner | [] Hiking & Backpacking | Joy Layton & Ben Brugmans |
| [] Council Storekeeper | Cheryl Arnold | [] Kayaking | Ray Yutzy & John Gaynor |
| [] Publications | Bruce Sundquist | [] Sea-Kayaking | Ted Self & Mark Mistrick |
| [] Trails Coordinator | Pete Srinl | [] Rafting | Cindy Rupert & Linda Smithyman |
| [] Service | Kathy Pacacha | [] Volleyball | Joel Platt |
| [] Environmental Service | Cliff Ham | [] Families | Barbara Hanusa |
| [] Special Events | Carla Steele | [] Scouting Advisor | Bill Johnston |

[] _____	[] _____
[] _____	[] _____
[] _____	[] _____
[] _____	[] _____

Join us for a

Blackwater Falls Getaway Weekend

January 13 - 14 - 15, 1989

Enjoy a relaxing weekend in West Virginia at the beautiful Blackwater Falls lodge overlooking the Blackwater River Gorge.

- ** Cross country skiing - from the front door!!
- ** Downhill skiing - is available at Canaan Valley (20 minutes from the lodge by car)
- ** Bobsledding - with rope tow, near the lodge
- ** Hiking
- ** Birding
- ** Horseback riding
- ** Loafing, or just "catching up"
- ** Free movies, Saturday evening
- ** Square dancing
- ** Ice skating (outdoor, weather permitting)

Blackwater Falls lodge has: a restaurant (serving breakfast, lunch, and dinner); a large common room with a fireplace; a game room; a meeting room; and a gift shop with VCR and tape rentals; a bar/lounge.

Cross country ski trips and hiking trips are informally arranged and led by AYH members. There are usually several small groups covering various ability levels and distances, going out both Saturday and Sunday. Additionally, there is a limited amount of AYH cross country ski equipment available for rent (you must reserve equipment with the cross country chairperson).

Reservation Information

Pay in FULL for either:

- (1) One twin bed in a two (2) person room. A roommate will be assigned.

-- OR --

- (2) The WHOLE room. You select your own roommates. Please list them on the reservation form.

Prices listed below include AYH's special weekend registration and lodging costs for Friday and Saturday nights. All meals are your own responsibility.

# Rooms	# People	Type of room	Pay before Nov. 15	after Nov. 15
24	1	1 of two twin beds	54.00	64.00
	2	2 Twin beds	108.00	128.00
11	2	1 Double bed	108.00	128.00
9	3	1 Twin, 1 double bed	126.00	156.00
11	4	2 Double beds	140.00	180.00

No refunds will be given after December 13, 1988 unless the room or single can be sold to someone else. A \$5.00 processing fee will be charged for each refund.

We will be trying to provide a chartered bus from Pittsburgh to Black Water Falls. We must, however, get enough passengers to qualify for a bus. Therefore, if you are interested in reserving a place on the bus, the cost will be \$25.00. Send a SEPARATE CHECK to cover the cost of all bus reservations (this is so we may send the check back to you if we do not get the minimum number of passengers).

For additional information, please call:

Elaine or Karl Mormer, (412) 521-6404

Bill Johnston, (412) 243-1945

Blackwater Falls

Reservation Form

Name: _____ AYH #: _____

Addr: _____

City: _____ State: _____ Zip: _____

Phone: (home) _____ (work) _____

List persons sharing room (if applicable):

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Please reserve the following:

_____ a twin bed and roommate @ \$ _____ = _____

_____ room(s) w/ 2 single beds @ \$ _____ = _____

_____ room(s) w/ 1 double bed @ \$ _____ = _____

_____ room(s) 1 dbl & 1 sgl bed @ \$ _____ = _____

_____ room(s) w/ 2 double beds @ \$ _____ = _____

_____ DISCOUNT(S) for AYH mbrs @ -\$3.00 = -

TOTAL FOR LODGING: = _____

_____ Bus reservations @ \$25.00 = _____

TOTAL FOR BUS RESERVATIONS: = _____

You are entitled to a discount of \$3.00 for each person in the room who is an AYH member.

PAYMENT MUST BE MADE IN FULL. NO CASH OR TELEPHONE RESERVATIONS ACCEPTED. A SEPARATE CHECK IS REQUIRED FOR THE BUS.

Please check, as appropriate:

_____ can supply _____ rides

_____ will need ride


_____ will supply own ride

_____ riding bus

Make check(s) payable to: **Pittsburgh Council, AYH.**

Send reservation form, check, and a self-addressed, stamped, business size envelope to:

Elaine Morner
1522 Denniston Avenue
Pittsburgh, PA 15217-1450

 **The Athlete's Foot In Shadyside**

Now offering a 15% discount to
_____ all AYH members _____
on our entire regularly priced selection
of cycling clothes, shoes, and accessories.

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5 Aiken near Walnut
Shadyside
Pittsburgh, PA 15232
621-2997

PITTSBURGH COUNCIL TRIPS FOR OCTOBER, 1988

ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
<u>Sat. October 1</u>					
Bike	C	Pat Rossi	335-5067	9:30 AM	Northumberland Park; meet in New Kensington for a scenic ride with Pat! Call to reserve.
Hike	Easy	Jack Peth	(h)921-9214 (w)269-5265	8:30 AM	A late summer tour of Quebec Run, 6-8 miles.
<u>Sun. October 2</u>					
Bike	C	Mike & Marta Hurwitz	422-9204	8:00 AM	A leisurely ride through rural Slippery Rock, PA. 30 miles.
<u>Tues. October 4</u>					
Volleyball	All	Joel Platt	(w) 421-4446 (h) 521-5244	6:30 PM	Join Joel at Taylor Alderdie H.S. Gym (Corner of Shady & Forward Ave.) Beginners welcome! Teaching will be stressed.
<u>Sat. & Sun., October 8-9</u>					
Bike	C/D	Chuck Ejzak	466-6196	Meet at Ohiopyle	Ride the 20 mile Ohiopyle bicycle path. This is a great chance to try this bike path. Call Chuck if you need to rent a bike. See "Highlights" for more info.
<u>Sat. & Sun., October 8-9</u>					
Climb	Beginner	Eric Bauer	(w) 227-1017 (h) 687-0766	Meet at Ohiopyle	Want to try rock climbing? Beginner trips in rock climbing available at Ohiopyle. See "Highlights" for more info.
		Rich Rosenberger	(w) 733-6128 (h) 372-2806		
<u>Sat. October 8</u>					
Hike	Easy	Carla Steele		8:00 AM Ohiopyle	If you can't make the overnight stay at Ohiopyle, you can still join us for a hike at Bear Run Nature Reserve near Ohiopyle State Park. Call Carla for reservations.
<u>Sun. October 9</u>					
Mountain Bike		Sam Duff	731-5485		Sam is leading a mountain bike ride at Settlers Cabin. Call for more information/reservations
<u>Sun. October 9</u>					
Raft	All	Cindy Rupert	561-7631	8:30 AM at HQ or	Rafting on the Yough at Ohiopyle. Meet either at HQ at 8:30 or at Ohiopyle at 11:00. Call Cindy for info/details.
<u>Sun. October 9</u>					
Hike	Easy	Joe Levine	421-9706	10:00 AM HQ	Easy hike in Beechwood Farms. Will be back by 4:00 PM.
<u>Sun. October 9</u>					
Hike	All; maintenance	Pete Srini	(h) 921-1238 (w) 788-7759	8:00 AM HQ	Help us in maintaining the Baker Trail. No fee.

PITTSBURGH COUNCIL TRIPS FOR OCTOBER, 1988, CONTINUED

ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
<u>Sat., October 22</u>					
Bike	B	John LeBlanc	233-0588	9 AM @ Clairton Park	Join Monsieur LeBlanc for a 60 mile Mon Valley ride to Roscoe (near California, PA) and back.
<u>Sat., October 22</u>					
Hike	Intermed.	Glenn Oster	364-2864 (h) 234-3967 (w)	8 AM HQ	Hike the Laurel Highlands for the last of the beautiful fall leaves; 10+ miles - destination Kooser Fire tower. Call (before 9 PM) for information and reservations.
<u>Sun., October 23</u>					
Bike	C	Jeff Weiss	661-4807 644-5864	9:30 AM HQ	Join Jeff on an easy 25 mile ride around town. Jeff is open to alternatives; if you have a favorite spot to ride, let him know. Call for info/reservations.
<u>Sun., October 23</u>					
Mountain Bike		Bill Johnston	243-1945		Another Exploratory Grunt!!
<u>Sun., October 23</u>					
Hike	Int/Easy	Blanche Asherman	828-8158 (h)		Blanche is back in town and would like you to join her on a stroll of Sec. 2 or 3 of the Baker Trail.
<u>Tues., October 25</u>					
Volleyball	All	Joel Platt	421-4446 (w) 521-5244 (h)	6:30 PM	Join Joel et al. at Taylor Alderdice H.S. Beginners welcome. Teaching stressed.
<u>Sat. & Sun., October 29-30</u>					
Backpack	Int.	Steve Martin	469-6162 (w) 731-1677 (h)	7 AM HQ	Backpack trip to Twin Lakes Trail in Allegheny National Forest. Leave Sat. at 7 AM and will stop for breakfast on the way. To reserve call Steve.
<u>Sun., October 30</u>					
Bike	C	Lynn & Chuck Ejzak	466-6196	11 AM at Elizabeth	Mingo Creek tandem ride of 35 miles. An easy ride along the Mon River and into Mingo Creek Park. Open to all bicyclists but featured with the Western PA Wheelmen as a tandem ride.
<u>Sun., October 30</u>					
Mountain Bike		Bill Johnston	243-1945		Yet another exploratory grunt with Bill!
<u>Sun., October 30</u>					
Hike	Int.	Marilyn Ham	687-4520	8:30 AM HQ	Hike with Marilyn in the Ohiopyle area.

PITTSBURGH COUNCIL TRIPS FOR OCTOBER, 1988, CONTINUED

ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
<u>Tues. October 13</u>					
Volleyball	All	Joel Platt	(w) 421-4446 (h) 521-5244	6:30	Meet at Taylor Alderdice H.S. Beginners welcome! Teaching stressed.
<u>Fri. & Sat., October 14-15</u>					
Cave		Norm Snyder	351-4068	8:30 AM HQ	Join Norm on a cave trip to West Virginia; see lots of formation! Call if interested.
<u>Sat., October 15.</u>					
Bike	B/D	Judy Menosky	242-1573	8:30 AM HQ	Cycle the Yough Valley. Your choice of either a 10 mile easy flat ride from Suttersville to West Newton or a more challenging 30 mile ride from Boston (PA!). Call Judy for more information.
<u>Sat. October 15</u>					
Mountain Bike	Beg.	Nick Broskovich	863-1993		Learn to mountain bike. Good bike-learning skills necessary.
<u>Sat., October 15</u>					
Hike	"Laid-Back"	Pete Srinl	921-1238 (h)	8:00 AM HQ	Join Armstrong County Fall foliage celebration; hike along Baker Trail from Crooked Creek to possibly Cherry Run. Call for info/reservations.
<u>Sun. October 16</u>					
Bike	B	Dino Angelisi	787-5624	10 AM at Settlers Cabin	"Hickory Ride of 40 miles exploring the Southwestern part of Allegheny County. Terrain is rolling (not hilly) and rural. Pass orchards and perhaps a covered bridge and enjoy the autumn weather. Call Dino to reserve.
<u>Sun., October 16</u>					
Mountain Bike		Bill Johnston	243-1945		An "exploratory grunt"; call Bill for info/reservations.
<u>Sun. October 16</u>					
Hike	All	Ben Brugmans	763-2751 (h)	8:00 AM HQ	A nice Fall colors trip to Cooper Rock State Park in W. VA. A great vista!!
<u>Tues., October 18</u>					
Volleyball/All		Joel Platt	(w) 421-4446 (h) 521-5244	6:30 PM	Join Joel et al. at Taylor Allderice H.S. Gym. Beginners welcome!! Teaching stressed.
<u>Sat. & Sun., October 22-23</u>					
Backpack	Inter-mediate	Pat Tieman	561-3286	8 AM HQ	Join Pat along the beautiful Laurel Ridge Hiking Trail. Call for info/reservations.

PITTSBURGH COUNCIL AYH
ACTIVITY CHAIRPERSONS

BACKPACKING	Ben Brugnans	736-2751
CYCLING	Chuck Ejsak	466-6196
	Judy Menosky	242-1573
CANOEING	Rick Tomlinson	963-8910
	Bill Whitehead	363-0365
SAVING	Phil Herre	653-7934
	John Popp	885-2126
CLIMBING	Gary Simmons	327-8338
	Eric Bauer	687-0766
C-C SKIING	Rick Ulaky	422-0849
	Fred Parker	856-4713
RAFTING	Cindy Rupert	561-7631
	Linda Smithyman	531-1868
HIKING	Jack Beth	921-7214
	Vezonica Riegel	681-6569
CAYAKING	Iza Ounley	681-8321
	Ray Yitzzy	341-5682
SEA-KAYAKING	Ted Self	795-6286
	Cathy Lynch	361-3707
COLLEGBALL	Joel Platt	521-5244
	Neil Eien	731-4874
FAMILY ACTIVITIES	Barbara Hanusa	441-7205
PRESIDENT	Garry Lande	665-9554

PITTSBURGH COUNCIL HOSTELS

Ohiopyle State Park Hostel
PO Box 99
Ohiopyle PA 15470
412-329-4476

Point Park College Youth Hostel (SA)
201 Wood Street
Pittsburgh PA 15222
412-392-3824
After 4 pm: 412-391-4100

Dale Boyer Home Hostel
RD # 1 Box 273
Rural Valley PA 16249
412-783-6188

Living Waters Hostel
RD #1 (1 mile west on Route 30)
Schellsburg PA 15559
814-733-4607

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Bellwether • Rhodegear

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Yakima • Oakley • Bic



South Aiken at
Pembroke Place

683-9600

- Oct. 6 Hiking the Wonderland Trail by Pete Sрни.
- Oct. 13 Alaska by Plane, Train, Bus, Ferry, Van and Thumb with Carol and Bill Menosky.
- Oct. 20 2,000 Climbs at New River Rocks with Rick Thompson.
- Oct. 27 Paddling Down the Peace River in Florida with Marilyn and Cliff Ham and friends.

Note: Call Bob Goff soon for dates in November as space is going fast!
Phone: 761-2837.

DISCOUNTS---DISCOUNTS---

If you're interested in trying Mountain Biking, three areas along the Laurel Ridge are giving 25% discounts on their mountain bike rental rates to AYH members who have their membership cards with them.

Laurel Mt. - Shadyside Ski
Hidden Valley
Confluence - Riversport

OHIOPILE STATE PARK HOSTEL

COME TO THE LAUREL HIGHLANDS, featuring the Youghioghan, Casselman and Cheat Rivers, the Laurel Highlands Trail, the Seven Springs and Hidden Valley Ski Resorts and the new OhioPILE-Confluence Bike Trail. Equipment rentals for all activities are available at nearby outfitters. The Hostel is open all year, and groups are always welcome. Call Hostel Manager Sue Moore evenings or weekends for more information.

OHIOPILE STATE PARK YOUTH HOSTEL
PO Box 99 OhioPILE PA 15470 412-329-4476

Kayaking Backpacking Canoeing
Hiking X-C Skiing
Cycling



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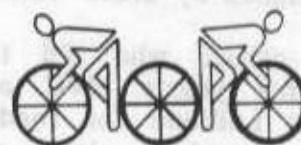
WIND

&

WATER

ROUTE 8 586-2030

11 Miles North of Turnpike
6 Miles South of Butler



THE GOLDEN TRIANGLE

The Golden Triangle is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

EDITOR: Laura Bates 681-3473

ASSISTANT EDITORS: Cheryl Arnold
Rose Saine

PRODUCTION: Don Hoecker

MAILING: Roy Weil, Marta Hurwitz

ADVERTISING: Sandi Dimatteo

Deadlines for November issue:

November 9, all submissions

November 22, production

All mail regarding this newsletter should be addressed to:
Pittsburgh AYH, The Golden Triangle, 6300
Fifth Avenue, Pittsburgh, PA 15232.

THE 1988 MON VALLEY CENTURY

Sunday, August 28th came, and along with it, 200 cyclists of all ages and abilities. They came to Elizabeth, PA to bicycle the Mon Valley.

They rode in one of three different lengths of rides, either 35, 62 or 100 miles. First to leave, some as early as 6:30 AM were the century riders. At the Mon City bridge, they were greeted and directed by enthusiastic scouts from Troop #1452 from Finleyville. After some steady climbs and scenic vistas, the riders dropped into the first rest stop at 10 Mile Creek Park. Jack Peth, Joel Hough and Joel Platt made sure all were fed and then headed them off in the proper direction.

Lunch for all riders was once again this year in Mingo Creek Park near the historic Ebenezer covered bridge. Marianne Kasica, Paul Herre and Fred Parker are the ones to thank for taking care of everyone. On the road, riders were assisted by Larry Laude, Tom LeBlanc and Chuck Ejzak as sag wagon drivers. As the well-ridden cyclists returned into Elizabeth, those who pre-registered received their t-shirts by Lynn Ejzak and Judy Menosky (others will have their shirts mailed to them). This year's gold shirts with a classical green silkscreen was designed by Steve Talkington.

There were others who did their part to help make this year's MVC a success. They were: John LeBlanc for road (as well as car interior) painting, along with Joel Hough and Lynn and Chuck Ejzak. Larry Laude is to be thanked for the maps; Bob Maher for help with parking and Marianne Kasica and Lynn for buying all the food.

This year we had riders from various parts of the country and world! West Virginia and New Hampshire, Chicago, Colorado, and West Germany were all represented. Few complaints were heard from the riders, so all our volunteers should be duly proud. We are looking forward to next year's event, hopefully making it bigger and better. Any ideas, suggestions or help on the 1989 MCV would be greatly appreciated. See you next year!

Chuck and Lynn Ejzak, 1988 MVC Coordinators

ANOTHER SLIDE SHOW??

Yes, and you can help!!! Do you have any slides taken on AYH trips that you would like to donate to AYH or that you would be willing to allow copies to be made from? I'm putting together a new show and would really appreciate your help. Please give me a call at 531-1868 or see me on Thursday night at headquarters. Thanks!

Linda Smithyman

AYH MEMBER CLASSIFIED:

FOR SALE: Mt. Bike - 1 yr. old Kurahara 19 inch. \$175.00 - Michael Chikiris - 322-7207.

VOLUNTEERS NEEDED!!!!

Volunteers needed for maybe one hour per week typing projects; may include form letters, press releases, public service announcements, etc. Access to high quality typewriter/word processor preferred. Interested? Call Joe Hoeckner at 242-0781.

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ARE YOU LOOKING FOR A WINTER VACATION?

TRY

SKI FOR LIGHT!

Hi, Jack Peth Here! I would like to pass on to you for your thoughtful consideration some information on an exciting cross country skiing activity, SKI FOR LIGHT:

Ski For Light is described by many as the "experience of a lifetime." Many skiers who have invested their time as guides and instructors for blind skiers in the past come back year after year to enjoy fun people, good skiing, Norwegian culture, and plenty of dancing and other recreational activities. We hope you'll make your winter plans now to include Skin for Light, 1989, in mountainous Montana, or hilly Pennsylvania.

Ski for Light was founded in 1975 to introduce blind, visually impaired and mobility impaired adults to cross-country skiing. Since then, an equal number of sighted and handicapped skiers have come together each year to enjoy skiing and socializing at its best at a ski area for a very reasonable rate. Skin for Light aims to provide the opportunity for people to participate in a vigorous physical activity and to learn about the benefits of acquiring a more healthy way of living.

The program consists of one to one instruction and guiding of blind skiers by experienced sighted skiers. A small number of mobility impaired skiers also participate in the sit-ski program of Ski for Light. The number of visually impaired "skiers" who can participate is usually limited by the availability of sighted "guides." THINK ABOUT IT!

1989 PROGRAM

International
Bozeman, Montana
Feb. 12-19 \$300 DBL
Paula Berardi
Guide Application Coord.
PO Box 7481
Nashua, NH 03060-7481

N.E. Pennsylvania
Sherman, PA (NE)
Jan 8-15, \$250 DBL
Berit Prunty
RD #1 Box 48A
Andrews Rd.
Vestal, NY 13850

Local Contacts:

V.P. Ski For Light; A "Skier"
Tom Burgunder, 1016 Church St., McKees
Rocks, PA 15136; 412-771-2748

"Promotor" for Ski For Light; A "Guide"
Jack Peth, 125 Elmont St., Pgh, PA 15205
412-921-7214.



Of all the stunts that men can do,
From flying, down to talking;
The exercise that beats them all,
Is just plain honest walking.

HENRY THACKER.



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THE PRESIDENT'S CORNER

SAVE THE BAKER TRAIL? Over the last few years, maintaining the Baker Trail has become an increasing challenge. Part of it is due to requests from landowners to reroute the trail for various reasons. The rest is due to the difficulty in getting enough people out to maintain the trail. It's been suggested to me that the Baker Trail may not be worth saving due to these difficulties and due to the increasingly large part of the trail on roads! The Baker Trail has been with us since the beginning of the Council and I would hate to see us give up on it now. (The trail opened to public use in 1950 and is one of the longest and oldest hiking trails in Pennsylvania.) However, if we don't get to work, we may have to do just that! I was going through the Baker Trail files yesterday and was impressed with the work that the Baker Trail committee was doing. Each section had a volunteer in charge of maintaining that section, shelters were being built, bridges were being built (including a covered bridge that has since gone away), and an active relationship was carried on with the land owners. How about it, do you think we can do this again? As with any project, this will take some work, but if we can get more people out on the trail, we can do it together. If you can help, send a note to the Baker Trail Committee at headquarters. Any comments on saving the trail will be welcomed also and with your permission will be printed as Letters to the Editor.

COME TO THE ANNUAL MEETING! This year we have started having the annual meeting separate from the Thursday Open House. This will give us a chance to discuss the elections, to conduct any other business that may come up, to hand out some awards, and to share dinner. This will give all of us a greater input into the directions that the Council is taking and to just get together for a good time. We will be looking at a lot of new options for the Council in the next year or so, and if we are to succeed in the projects we choose, we must have the support and consensus of the entire Council. If you can't make it to the meeting, though, please make sure to send in your ballot by mail or drop it in the Trip Report Box at Headquarters. I've heard concerns, by the way, that this dinner will be taking the place of the annual banquet in February. Not to worry, we'll still be having that banquet too. That will tend to be more formal and will be the celebration of the Council's founding in February, 1948.

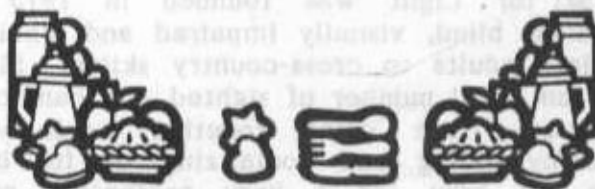
CHEAP FOOD!!!



Come to the Annual Meeting and Elections on Friday, October 21, 1988 at Vintage, 401 N. Highland Ave., opposite Sears in East Liberty. Dinner will be served first at 7:00 PM and will include lasagna, garlic bread, salad and dessert. At 8:00 PM we will have a meeting (not too long!), and afterwards socialize. Cost of the dinner will be \$5.00. For info./tickets in advance call Ben Brugmans or Marianne Kasica at 921-5272, or to reserve in advance, mail to in advance mail to:

Marianne Kasica, c/o AYH

A limited number of reservations will be accepted at the door. Please let us know if you plan to attend so we don't run out of food!!



DON'T BE A DUMMY
WEAR A HELMET

Bicycles Available In Oil Creek State Park

Visit Bicycle Trail in Oil Creek State Park

The primary purpose of Oil Creek State Park is to tell the story of the early petroleum industry by identifying oil boom towns, important oil well ruins, Indian oil pits, foundations and cemeteries. The events of the exciting 1860's, the time of the original oil boom, are shown to you in detail at the park. Because the beautiful "Oil Creek" flows through the entire length of the 7,000 acre park, water sports play an important role in the overall picture of the valley. Fishing, canoeing, hiking, picnicking and bicycling are the primary summer-time activities. The 10 mile paved bicycle trail through the Gorge is the major park attraction. Bicycles can be rented at the Egbert Oil Office at Petroleum Centre. Regular Bicycles rent for \$2.00 per hour and Tandem Bicycles rent for \$5.00 per hour. The concession is open daily from 11:00 a.m. to 7:00 p.m. weather permitting, April 15 through November. To contact the concession, call 814-677-6907.

Winter activities at the park include Hunting, Snowmobiling and Cross Country Skiing.