Hostelling, Travel and Outdoor Recreation From American Youth Hostels

HOSTELLING INTERNATIONAL

Golden Triang

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

APRIL-MAY 2002 VOLUME 52, NUMBER 2



Hostelling -**International** Pittsburgh PA



A 50 bed full service hostel in a commercial bank building. Free parking, travel store, handicapped



- Andy Warhol Museum
- Station Square
- Nearby Southside
- The Downtown Cultural District Riverfront Bike Trails
- Nearby Universities
- The Carnegie Science Center
- The Zoo & National Aviary
- Phipps Conservatory
- Historic Point State Park
- Heinz Field
- PNC Park

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....And MORE!!!

TRAIL DAY/OPEN HOUSE AT OHIOPYLE HOSTEL

May 11, 2002 10:00 a.m. to 5:00 p.m. Ohiopyle Hostel, Ohiopyle State Park The Pittsburgh Council of American Youth Hostels will hold an open house at the Ohiopyle Hostel to celebrate the state wide Trail Weekend declared by John Oliver, Secretary of the Pennsylvania Department of Conservation and Natural Resources.

The hostel will be open to the public from 10:00 a.m. to 5:00 p.m. The hostel is located next to the Ferncliff Natural Area parking Lot. As parking in Ohiopyle State Park is limited, hikers may want to bike to the hostel on the Youghiogheny River Trail from Connellsville or Confluence or from other parking areas within the park.

Volunteers from the Pittsburgh Council will lead hikes during the day. The guided hikes will begin leaving the hostel at 10:00 a.m. The shorter guided hikes will be repeated during the day. Call the Ohiopyle Hostel for specific times. Park maps will also be available for self guided hikes.

The hikes featured are:

Ferncliff Trail: 1.7-mile easy - All other Ferncliff Peninsula trails branch off of this loop trail which circles the peninsula. The trailhead is near the Ferncliff Parking Lot adjacent to the Ohiopyle Hostel.

Great Gorge Trail: 2.6 miles moderate - This trail begins at the Cucumber Picnic Area and crosses several bridges and roads. The trail follows Cucumber Run and passed an area known for its spring wildflowers. The next trail section follows an old tramway used to transport coal to the railroad. A spur of this trail leads up a steep incline to the Kentuck Campground.

Meadow Run Trail: 3 miles easy - There are trailheads near the park office, at the waterslides on SR 2011 and at Cucumber Falls on SR 2019. From the waterslides parking lot take the left trail under the SR 381 bridge for 0.7 mile to Cucumber Falls. Take the trail to the right, which leads to a loop trail and the Cascades. This trail is intersected by a path leading to the SR 2011 trailhead.

Baughman Trail: 3.4 miles difficult - This trail has trailheads at the back of the Middle Yough Takeout Parking Area adjacent to the Train Station/Visitor Center in Downtown Ohiopyle and at the Mountain Biking Trail parking lot. This steep, rocky trail passes Baughman Rock, a spectacular overlook of the Youghiogheny River Gorge.

The Ohiopyle Hostel is open to the public for overnights. It houses 19 people in separate women and men's dorms. There are also 2 family rooms. The cost is about \$20/person. For more information about staying at the Ohiopyle Hostel contact Kelly and Steve Miller at (724) 329-4476 or hiohiopyle@stargate.net.

To volunteer to lead hikes or help with the open house call George Schmidt at (412) 521-1538 or twoschmidts@peoplepc.com.

For more information about Ohiopyle State Park, Check out the web sight at http:// www.dcnr.state.pa.us/stateparks/parks/ohio.htm

HOSTELLING INTERNATIONAL

PITTSBURGH COUNCIL-AYH 830 E. WARRINGTON AVE. PITTSBURGH, PA 15210

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Pittsburgh Council, American Youth Hostels, Inc.

Serving Western Pennsylvania & West Virginia Panhandle Since 1948, Incorporated 1955

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If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

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NOTICE

Please note the deadlines for future issues of the GOLDEN TRIANGLE

June-July-August ISSUE All copy, May 2 Binding/Mailing, May 16

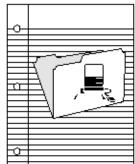
If your work is on computer, Please contact Joel Platt at golden_triangle@bigfoot.com

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 42 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 431-1267.

About AYH

American Youth Hostels is a nonprofit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (formerly named International Youth Hostel Federation (IYHF), which coordinates more than 5,400 hostels worldwide- the largest network of accommodations in the world.



Submissions Policy: Golden Triangle

Classified Ads:

- Classified ads are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request must include full name, address, phone number and membership number of member. Members are not permitted to place ads for non-members.
- Free ads may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a pro
- All Articles are to be, non-political and non-religious
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be;

On computer disk (IBM), E-mail (Internet/compuserve), Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.

- Submitted before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue.(See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

• ≅Lack of planning on your part, does not constitute an emergency on my part in the same of the same

Please note, the Golden Triangle frequency of publication for 2002

Number 1 issue ->January/February / March: Number 2 issue ->April/May: Number 3 issue ->June/July/August: Number 4 issue ->September/October/November: Number 5 issue ->December/Janusry/February

Editor...

Editor...

HOSTEL HAPPENINGS

We are looking for a Hostel Manager for Pittsburgh. Interested candidates should send resume and letter to the attention of Tom Hardy at the Pittsburgh Hostel, 830 E. Warrington Ave., Pittsburgh, PA 15210. We are looking for someone with prior Hostel work experience.

Special thanks to Mr. James Hardy of Bethel Park for his recent financial donation to the Pittsburgh Hostel. The generosity of Mr. Hardy, and people like him, allow us to continue to promote the Pittsburgh area as an attractive and welcoming destination for travelers from all over the world.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99

Ohiopyle, PA 15470 (724) 329-4476 HIOhiopyle@stargate.net HI-Pittsburgh Hostel 830 E. Warrington Ave. Pittsburgh, PA 15210 (412) 431-1267 hipgh@sgi.net





SEA-KAYAKING

 ${\tt Kelleys\ Island,\ Cape\ Henlopen\ and\ Presque\ Isle\ are} \ just\ a\ few\ of\ the\ interesting\ and\ exciting\ places\ we\ visited\ last$

summer. Whether you are a beginner or an experienced paddler, we have a trip for you. So grab your paddle and sunscreen and we will see you on the water.

April 6 Morraine Stae Park. Dust off those kayaks, and get them back in the water! Join us at Lake Aurthur. Call Jean 412-854-1248

April 11 Monthly Sea Kayaker Dinner. Welcome one and all. Meet the group, find out about future trips, have fun. TGIF on the Waterfront. CallEileen 412-884-3951

April 13 Redbank. Never paddled this creek? Here's your chance, while the water is high enough! Call Vickie 412-344-4929 or Russ 412-331-2073

April 21 Little Beaver. Come and find out why this creek is the favorite of these two paddlers. Call Eileen 412-884-3951 or Dana 412-798-4816

April 26,27,28 Pine Creek. Once again the kayak and canoe groups join forces to tackle this lovely waterway. To reserve a kayak call Vickie 412-344-4929 or Russ 412-331-2073

May 4 Conneaut Outlet Marsh. Does a slow, leisurely paddle, watching birds and wildlife interest you? call Vickie 412-344-4929 or Russ 412-331-2073

May 7 Tired of the same old thing to eat? Then let your taste buds explore the tempting offerings at Spice Island Tea House. Call Kim 412-884-0950

May 11,12 French Creek. If you're looking for a little culture mixed in with your paddling, this is atrip for you. We'll paddle the creek one day, and visit the Dinner Theater in Cambridge Springs. Call early for reservations. Jim 412-236-6376

May 18 Clarion River. Spend a day kayaking this scenic river. Call Vickie 412-344-4929 or Russ 412-331-2073

May 25,26,27 BOC Extrvaganza. Don't make any other plans for this holiday weekend. The extravaganza will have something for everyone. On Sat. we'll do a kayak trip on Pymatuming Creek. Possible trip on the 26 or 27. Call to reserve a kayak. Vickie 412-344-4929 or Russ 412-331-2073

June 5 Monthly Dinner at the Sports Rock Cafe. Come talk, eat, and rock the evening away. Call Dana 412-798-4816

June 8 or 9 Shenango. Paddle a winding stream, and see lots of birds. Call Jean 412-854-1248

June 15 Mid Yough. Our first paddle/pedal trip of the sesaon. Enjoy kayaking the rapids of the Yough, then bike back to the putin. We have extra kayaks, but you need a bike of your own. Call Eileen 412-884-3951 or Terry 412-321-2382

June 21, 22, 23 Lake Erie. Don't miss the "First Annual Summer Solstice Super Sea Kayak Weekend". We'll paddle, bike, hike, and who knows what else! Call Marcy and Bill 724-657-8192

UPCOMING SLIDE SHOWS

April 4: Helen Coyne, "Bicycling And Traveling By Train And Bus Over Most Of Ireland". Dublin to Sligo. Then West Coast: Galway, Connemara National Park, Blarney Stone. Giant Causeway in the extreme north.

April 11: Bring your own 10-20 best slides (or a short homemade video) of sports, travel or nature.

April 18: Cheese, bread and soft drinks party.

April 25: Jim Wallace, "A Naturalist's View Of Cambodia And Thailand". Experience the lives of mountain tribes, view the people of the floating villages, fish farms, stork rookeries, rat stands, and street markets. Dr Wallace and his wife participate in adventure on a regular basis, and hope you will enjoy this program as much as you did their recent one on India.

May 2: We show the 16 mm film "Jerusalem: Center Of Many Worlds". Traces the history of the city, dependence on water supply. Describes the ancient city and its shrines, the importance of education in Jewish culture, the islamic claim to Jerusalem, the practice of ancient crafts.

May 9: Fruit pie, potato chips and Juicy Juice party.

May 16: Sally and Chuck Martin, "Walking The Medieval Pilgrimage Route To Santiago". They walked 6 weeks from France through the Pyrenees to Santiago de Compostela. Charlemagne's battlefield at Roncevalles.

May 23: We show the 16 mm film "Johnny Cash: Riding The Rails". The musical story of railroad's contribution to America. Historic sites and museums, including Promontory, Utah, Chattanooga and Stone Mountain. Cash sings famous railroad songs.

May 30: Tim Manka, "Slime And Scales: Reptiles And Amphibians". Tim gave this ranger program in several national parks. The pictures were taken at Shenandoah, Mount Rainier, Everglades, and Grand Canyon.

June 6: Annual celebration of the long days of summer solstice. We meet at Headquarters at 8:30 pm for a 20-minute walk to Aladdin's Eatery on Forbes Avenue near Shady. Menu is partly Middle Eastern. The place is open until 10:30 pm.

June 13: Joyce Appel, "Canoeing In The Adirondacks, Biking On Erie Canal". She follows the canal tow path between Rome and Syracuse. Also hiking the North Country Trail near the Finger Lakes.

June 20: Cake and ice cream party.

June 27: We show the 16 mm film "Jonathan Miller's London". A highly personalized tour that includes the streets and crescents in the area where he grew up and where his family lived for almost 100 years.

July 4: Closed for Independence Day.

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 412-683-3131.

ROCK CLIMBING

Rock Out with AYH!

The Pittsburgh AYH Rock Climbing program is a great way to experience the thrill of rock climbing. Our Beginner trips are focused on teaching "never evers" the basics of rock climbing. AYH supplies the climbing gear plus a group of experienced climbers to set up the climbs and teach the course. All you need to bring is a bag lunch, water, and a sunny disposition. Wear loose-fitting, comfortable clothes (shorts and T-shirts in the summer) and tennis shoes. It's not a bad idea to pack raingear in the event of a late-afternoon thunderstorm.

To find out more about the AYH climbing program, call Chuck Jones at (412)766-4036. Please call before 10 o'clock at night.

Sunday, April 28

Top roping w/beginner class @ Cooper's Rock Trip Leader Chuck Jones (412) 766-4036

Saturday, May 11

Top roping w/beginner class @ Cooper's Rock Trip Leader Garry Simmons (724) 327-8338

Sunday, June 9

Top roping w/beginner class @ Cooper's Rock Trip Leader Jim Wojchiechowski (412)322-4524

Saturday, June 22

Multi Pitch Prep class @ Cooper's Rock Trip Leader Patty Holtzinger (412) 343-8379

Rambles For Spring 2002

April 2002

- **Apr 3** Hartwood Acres. Bag Lunch. \$2.00 trip Marty Brigham. 521-1913
- Apr 10 Lock #2 on the Allegheny River near Highland Park Bridge. 2 or 4 miles optional. Ed Divers. 828-5154
- **Apr 17** Northside Heritage Trail from the Science Museum to the Heinz Plant. Lunch at the Heinz Plant cafeteria. Dick Fisher. 421-9215
- **Apr 24** Twin Lakes Park for a (hopefully) spectacular Trillium display. Bag lunch. \$4.00 Trip. Edmund Appleby. (724) 834-5077

May 2002

- May 1 Raccoon Creek Park. Bag lunch. \$4.00 trip. Jim Hurst. 276-0447
- **May 8** Chartiers Nature Conservancy along Chartiers Creek in East Carnegie. Bag lunch. \$2.00 trip. Marilyn Ham. 687-4520
- May 15 Blackridge ramble. Alex Federowicz. 421-0922
- May 22 Fall Run Park. Rte 8 outside Sharpsburg. Bag lunch. Ed Divers. 828-5154
- May 29 Frock park. bag lunch. Sid and Helen Sclarsky. 421-2692

June 2002

- **June 5** Bear Run Nature reserve. Bag lunch. \$4.00 trip. Earl McCabe. 761-1844 **PLEASE NOTE:** We will leave the Arts Center at 9:30 AM.
- June 12 Saxonburg. \$4.00 trip. Sally Schnorr. 828-1472
- June 19 Montour Trail starting at Beaver Grade Road. Bag lunch. Bill Phoenik. 279-5411
- June 25 Meadowcroft. \$4.00 trip. Billie Woodland. 886-1603

Spring rambles begin at 10:00 AM. Meet in Mellon Park, upper parking lot at Fifth and Shady Avenues. Carpooling is encouraged. Transportation fees for passengers will range from \$1 to \$4 depending on length of trip.

Call trip leader for more information, (especially with regard to strenuous walks), or if you plan to meet us at the trail head. Rambles are subject to change due to weather or other circumstances.



HIKING/BACKPACKING/TRAILS

Ambles for April, May and June, 2002

Ambles are 5-6 mile brisk walks, usually followed by a late lunch in a local restaurant. We meet at 10 am on Sunday in the lower parking lot of the Pittsburgh Center for the Arts at 5th and Shady. Occasionally a leader will expect to meet somewhere else so watch for the meeting spot. (We try to meet where people without cars can meet us.) From here we car pool to the beginning of the walk. **BE SURE TO CALL THE LEADER TO CONFIRM THE WALK.** There will be a car pool fee.

Sunday, April 7th Explore the historic canal town of Saltsburg. Walk along the tow-path of the old Pennsylvania Canal, view the canal remains and hear the words of Charles Dicken's description of his journey on the canal in 1842. We will also walk through the town and eat lunch at the Old Salt Restaurant(not to be missed). This walk is limited to 15 people, so please call to reserve. Reserve with leader Joan Roolf at (412)351-2061

Sunday, April 14th Explore Lynn Run State Park and environs with Theresa Honert. Enjoy an early Appalachian spring, looking for the first early wildflowers, migrating warblers, budding trees and water falls. Then join us for lunch in Laughlintown or Ligonier. Be sure to call Theresa at (412-683-0253.

Sunday, April 21st Walk an easy 4 mile nature walk on Black Rock Trail in North Park. See spring wildflowers and the beautiful valley of Rocky Dell. We can meet at 5th and Shady and carpool to North Park to meet Luc Berger (412)683-3131

Sunday, April 28th Walk among the hemlocks along Little Buffalo Creek on the controversial Butler-Freeport Trail. Maureen Kelly will show us some beautiful places along the way. 5 miles. Lunch nearby. Call Maureen at 412-821-5709

Sunday, May 5th An easy 5-6 mile hike at Ohiopyle. There should be lots of wild-flowers and rushing waterfalls. Will there be any rafters this early? Meet at the Pittsburgh Center for the Arts at 9AM (NOTE THE EARLIER TIME), so we can be on the trail by 11am. Option to hike or bike on Saturday, May 4th and camp/hostel overnight. Please RSVP for overnight by April 27th. Looking forward to your call. David Feick 412-241-7295

Sunday, May 12th Bring your mother on a spring walk in Raccoon Creek Wildflower Sanctuary. Everyone is welcome, with or without mothers. Then instead of eating in a restaurant this day, be sure to bring a bag lunch to enjoy a picnic outdoors. Call Joan Roolf at 412-351-2061

Sunday, May 19th Walk the Panhandle Trail to see Watker's Mill, rock formations and a cave. A flat 7 miles. Bring a bag lunch for this one too. Call Lorraine Johnson at 412-561-2786

Sunday, May 26th No walk. Enjoy a walk at Butler Outdoor Club's Extravaganza.

Sunday, June 2nd Walk a flat 7 miles on the Bethel Park trail Bring a bag lunch. Call Lorraine Johnson at 412-561-2786.

Sunday, June 9th Hike an easy 6 miles from Slickville to Saltsburg. Meet at Monroeville park and ride lot beside Good Shepard Lutheran Church at <u>11AM</u> (NOTE DIFFERENT TIME AND PLACE) Call Ed Divers at 412-828-5154

THERE ARE NO HIKES ON JUNE 23RD OR JUNE 30TH BECAUSE WE HAVE NOT FOUND A LEADER. PLEASE CALL TO LEAD A HIKE AND WE WILL POST IT ON THE INTERNET ON BOTH AYH AND SIERRA CLUB SITES. WE NEED EVERYONE TO TAKE A TURN IN ORDER TO HAVE A FULL CALENDAR. (Please call soon, as I will not be available in June) Joan Roolf 412-351-2061

Trips by AJ Stones:

April 14th Pikes Run 3 -5 miles April. 21st Laurel highland 5-8 miles April 28th Roaring Run 6-8 miles May 5th Moraine State Park 8 miles

May 19th Day Canoe trip down Youghiogheny River 21 miles

May 24 to 26th

Overnight trip to Skyline drive for Backpacking trip on Appalachian Trail

Leave Pgh Fri. after work.

Questions: call 412-241-6042

e-mail aj@ajstones.com

Hiking trips will leave from Jaden's Restaurant Rt. 22 East Monroeville at 8:30 AM Please if you are going to leave a car at the restaurant park closest to Elliott Rd.

ALLEGHENY GROUP -- SIERRA CLUB -- OUTINGS THRU MAY 31, 2002

Recommended carpool fee: 5 cents/passenger-mile + share tolls (Unless stated, carmiles are one-way from Monroeville.)

For more up-to-date listings, visit http://www.alleghenysc.org/

Hardcopy subscriptions to this list are \$2.50/year ** (4-5 issues). Make check payable to Allegheny Group, Sierra Club; mail to Janine Hauck, 723 Lincoln Highlands Dr., Coraopolis, PA 15108 ** E-mail subscriptions are free. J9hauck@stargate.net

EVENING CONDITIONING WALKS

(Call leader for meeting time and place)

 $East\ Suburbs\ (during\ EDST)\ Tues.\ \&\ Thurs.\ evenings\ in\ Duff\ Park\ near\ Murrysville.$

Call Nick Broskovich, 724-863-6707

East End (during EDST) Wed. evenings, 7 PM, to Frick, Schenley or Highland Park. Call Don Stone, 412-441-2027

Setters Cabin Park (during EDST) Tues. evenings, 6:30 PM. Call Janine Hauck, 412-788-9247

South Park (year-around). Thurs. evenings, 6:15 PM. Locations vary, call Bonnie Thomas, 412-833-1068

DAY- AND WEEKEND TRIPS

Sat.Mar.23 Hike an easy 2-3 miles with llamas in Pine Ridge Park near Blairsville. Bring lunch for picnic in park afterwards (beverages provided). \$3.00 carpool-30 miles. Call Diane or Terry Neely, 724-459-3012

Sat.Mar.23 Hike (or ski?) in the Laurel Run Creek area on the east slopes of Laurel Ridge near Rt.653. \$6.75 carpool-60 miles. Call Norm Snyder, 412-351-4068

Sun.Mar.24 Hike, strenuous and exploratory, in the little-known southwest corner of Moraine State Park, the only area of the park in which we have never led a trip. Views of Lake Arthur. \$5.00 carpool-49 miles from Shadyside. Call Dick Pratt, 412-362-5567

Sat.Mar.30 Hike an intermediate 10 miles on the Baker Trail, from Crooked Creek Shelter to Cochran's Mill Shelter near Brick Church. This is the first of a series of 7 hikes covering the Baker Trail. \$5.00 carpool-50 miles. Call Jim Ritchie, 412-828-0210 Jimritch@aol.com

Sat.Apr.6 Repeat Diane and Terry Neely's March 23 hike. Call Diane or Terry Neely, 724-459-3012

Sat.-Sun.Apr.6-7 Backpacking, moderate, on Morrison Trail in Allegheny National Forest near Allegheny Reservoir. \$18.25 carpool-160 miles. Call Harold Kotchig, 412-341-1196

Sun.Apr.7 Hike an intermediate, fast-paced, 7.5 miles of White Tail Trail on Chestnut Ridge from Skyline Drive to Lick Hollow Picnic Area via Pine Knob Overlook. \$7.00 carpool-65 miles. Call Judy or Don Ziegler, 412-826-0519

Sat.Apr.13 Spring wildflower walk in Raccoon Creek State Park (2 miles) followed by an invigorating 3-mile hike afterwards. Meet at Mellon Park, lower lot, at 9 AM. \$3.00 carpool-30 miles. Call Ben Brugmans 412-361-3623

Sat.Apr.13 Hike an easy 4-5 miles with llamas in Blue Spruce Park near Ernest (Indiana Co.). Bring lunch for picnic in park afterwards (beverages provided). \$5.00 carpool-50 miles. Call Diane or Terry Neely, 724-459-3012

Sun.Apr.14 Bicycle an easy 21 miles (round trip) on Allegheny Highlands Trail from Confluence to Fort Hill to the far end of Pinkerton Tunnel. This fairly new bike path follows along a scenic section of the Casselman River. Meet at the New Stanton Interchange of the PA Turnpike at 10 AM. \$6.00 carpool-56 miles. Call Barry Tunick, 412-653-6584

Sat.Apr.20 Climb Mt. Davis (highest mountain in PA) in the Mt Davis Natural Area. It's only a 5.8 mile hike but the elevation change makes it more challenging. \$9.75 carpool-86 miles. Call Dave Mottorn, 724-327-7582

Sat.Apr.20 Hike, moderate to strenuous, in the vicinity of Bear Cave on Chestnut Ridge. Land is owned by Forbes State Forest, W.Pa. Conservancy, and the trip leaders. Follow old logging roads and property boundaries. Meet at the Park-and-Ride at the intersection of Routes 819 and 22 at 9a.m. Rain Date: May 18. Call Kim or Tom Metzgar, 724-325-2985, kimmakc@aol.com. Call the night before, or an hour before scheduled meeting time, to verify that the trip is on.

Sat.Apr.20 Hike, strenuous, in the Laurel Run Creek area on the east slopes of Laurel Ridge near Rt.653. \$6.75 carpool-60 miles. Call Norm Snyder, 412-351-4068

Sun.Apr.21 Easy 4-mile nature walk on Black Rock Trail in North Park. See spring wildflowers and the beautiful valley of Rocky Dell. Meet at North Park. Call Luc Berger, 412-683-3131

Sun.Apr.21 Hike an exploratory 10-12 miles in Lower Indian Valley Creek. A fast-paced wildflower hike to the blue holes and Hampton Ghost Town. Prime time for wildflowers. \$6.00 carpool-56 miles. Call Don Stone at 412-441-2027.

Sat.-Sun.Apr.27-28 Easy overnight canoe trip on the Allegheny River from Kennerdell to Emlenton (17 miles total). Canoe rentals are available. Meet at Cranberry Kmart at 10 AM. \$5 carpool-50 miles. Call Ed Divers, 412-828-5154

Sat.Apr.27 Hike an intermediate 10 miles on the Baker Trail near Elderton. \$3.00 carpool-30 miles. Call Jim Ritchie, 412-828-0210 Jimritch@aol.com

Sat.Apr.27 Canoe-hike on the Allegheny River. Call Steve Tubbs, 412-279-4866

Sat.-Sun.Apr.27-28 Umteenth annual easy backpacking/compass-training trip in Quebec Run Wild Area on Chestnut Ridge in Forbes State Forest. This will qualify you for our more advanced backpacking trips requiring prior experience. Limit:18. \$7.00 carpool-65 miles. Call Bruce Sundquist, 724-327-8737 bsundquist1@juno.com

Sun.Apr.28 Hike, strenuous and exploratory, in Packsaddle Gap South, where the Conemaugh River cuts through Chestnut Ridge. Loop hike, one way up over the ridge, including the quarry of Pittsburgh's cobblestones, the other way along the river, with traces of the Pennsylvania Main Line Canal. \$4.25 carpool-43 miles from Shady-

(Continued on page 5)

(Continued from page 4) side. Call Dick Pratt, 412-362-5567

Sat.May 4 Hike an invigorating 9-mile loop in Quebec Run Wild Area of Forbes State Forest. Meet at Mellon Park, lower lot, at 8 AM. \$7.00 carpool-65 miles. Call Ben Brugmans 412-361-3623

Sat.-Sun.May 4-5 Backpacking, intermediate, in Savage River State Forest (MD) \$12 carpool-98 miles. Call Harold Kotchig, 412-341-1196

Sun.May 5 Hike an intermediate 8.5 miles on the north end of Laurel Highlands Trail from Seward to the Radio Tower and return. Most of this route runs along the south rim of Conemaugh Gorge. \$5.00 carpool-51 miles. Call Donna Allen, 412-372-2993

Sun.May 5 Repeat of Diane and Terry Neely's March 23 hike. Call Diane or Terry Neely, 724-459-3012

Sat.May 11 Hike an intermediate 10 miles on the Baker Trail, from Smicksburg to Mahoning Dam. \$5.25 carpool-52 miles. Call Jim Ritchie, 412-828-0210 Jimritch@aol.com

Sat.May 11 Visit Bear Cave (intermediate) on Chestnut Ridge near Blairsville. \$3.50 carpool-35 miles. Call Norm Snyder, 412-351-4068

Sat.May 18 Moderate, dry 7-mile nature hike at Hartstown Swamp near Conneaut. Meet at Cranberry K-Mart at 10 AM. \$8.75 carpool-87 miles. Call Ed Divers, 412-828-5154

Sat.May 18 Canoe-hike on the Monongahela River. Call Steve Tubbs, 412-279-4866

Sun.May 19 Repeat of Diane and Terry Neely's April 13 hike. Call Diane or Terry Neely, 724-459-3012

Sat.-Mon.May 25-27 Backpacking in northern Dolly Sods, the higher, more open, more scenic, less visited part of Dolly Sods. Prior backpacking experience required. \$20 carpool-165 miles. Call Bruce Sundquist, 724-327-8737 bsundquist1@juno.com

Sun.May 26 Hike an intermediate 10 miles on Baker Trail from Crooked Creek Lake to Cochran's Mill near Brick Church. \$5 carpool-50 miles. Call John Dern, 412-856-4642

Sun.May 26 Hike, strenuous and exploratory, in the Greenbrier and Upper Bruner areas of Ohiopyle State Park, the least developed parts of the park. Rock formations and wild stream valleys, farm sites, and an old cemetery enveloped by woods on the high ground. \$7.25 carpool-65 miles. Call Dick Pratt, 412-362-5567

Sun.June 9 Easy 6-mile hike from Slickville to Saltsburg. Meet at Monroeville P&R at 11 AM. \$3.00 carpool-30 miles. Call Ed Divers, 412-828-5154

NOTES: Ask leader for names & phone numbers of trippers for you to arrange a car pool. Reserve at least 36 hours in advance. Notify leader to cancel your reservation. Bring lunch, rain gear, water, first-aid kit, small flashlight and extra clothes for changes in weather. If you have a cell phone, bring it along. Cell phones have saved the day on several trips when accidents have required evacuation of trippers. Sierra Clubbers planning to lead outings during 6/1/02-9/2/02 should contact Bruce Sundquist, 724-327-8737, bsundquist1@juno.com by 4/20/02.

SIERRA CLUB MEMBERSHIP INDUCEMENT

If you join the Sierra Club on one of our outings, your \$25 introductory membership will get you a free hip pack (while supplies last). Call Bruce Sundquist (724-327-8737) for application form and pack.

ALLEGHENY GROUP MONTHLY MEETINGS

7:30-10 PM, Frick Environmental Center at the edge of Frick Park. The entrance to the parking lot (free parking) is on Beechwood Blvd., just uphill from the corner of Forbes and Dallas. From the light at Forbes and Dallas, turn south and then almost immediately turn left onto Beechwood Blvd. Drive about 1/2 block to the first driveway on your left. Turn left into the driveway and then turn right into the parking lot. Frick Environmental Center is visible from the parking lot.

Wed. Apr.10 ADDRESSING THE WILDERNESS SHORTAGE IN AL-

LEGHENY NATIONAL FOREST Kirk Johnson, executive director of Friends of the Allegheny Wilderness, will discuss past and current efforts to Wilderness protection for parts of Allegheny National Forest and the new secure Tionesta Wilderness Proposal.

Wed. May 8 PENNSYLVANIA WILDLIFE BEHIND THE SCENES by Hal Korber of the Pa. Game Commission. His lecture will detail the challenges of filming bald eagles, black bear and white-tailed deer. It is one of the Pa. Game Commission's video series.

Wed. June 12 ART, ECOLOGY AND PLANNING-THE SECOND NATURE OF OUR THREE RIVERS by Tim Collins, director of Three Rivers-2nd nature, a project of the Studio for Creative Inquiry at Carnegie Mellon University. His lecture will discuss preservation, conservation and restoration on Pittsburgh's rivers and streams.

OTHER ALLEGHENY GROUP MEETINGS:

Sat. April 20 EARTH DAY AT FRICK ENVIRONMENTAL CENTER More than 20 organizations will participate in Allegheny Group's third Earth Day Fair. For directions to Frick Environmental Center, see NOTE above.

Mon. April 22 EARTH DAY EVENING RUN IN FRICK PARK. Contact Bill Kolicius at wcksier@mindspring.com or 412-441-0230.

Other Outdoors Clubs

Butler Outdoors Club

BOC runs the same sorts of trips as Allegheny Group. Contact Dave Adams, 724-453-1685 DaveEAdams@aol.com or Bob Tait, 724-287-3382 BobTait@zbzoom.net or visit http://www.butleroutdoorclub.com Some trips by BOC and North Country Trails Assn. (NCTA) are listed below.

Apr.13, 9AM-4PM Great Gear Exchange sponsored by North Country Trail Association (NCTA). This is swap and sale at the Marina Restaurant at Moraine State Park. There will be a small fee for participating or attending. That fee will include a raffle ticket on some gear. There will be representatives from outdoor companies and stores. Contact nctpa@zbzoom.net. or Bob Tait 724.287.3382

Apr.21-26 Trail Maintenance/building Training by The North Country Trail Association, the Student Conservation Association, and the American Hiking Society. Held at the Davis Hollow Outdoor Center. There will be trainers from the SCA, the National Park Service, the North Country Trail Association, and Pennsylvania State Parks. Register at www.AmericanHiking.org.

Sat.Apr.27,8AM-5PM In addition to the above five-day workshop, there will be a one-day beginners workshop that will provide the basics in tool safety & maintenance, trail maintenance, base camp set-up and risk management. The fee for this one-day session, \$30, includes instruction and training materials. Bring your own lunch. Register at www.AmericanHiking.org. (NCTA)

Sat.May 18, 2002Venture Outdoors Festival (VO2). Last year's event had close to 2000 people trying out canoeing, biking, listening to speakers and enjoying music on Washington's Landing. This year's event will be bigger and more elaborate. (NCTA) Call Western Pa Field Institute for info at 412.255.0564 or Joyce Appel 724.526.5407

May 24-27 Butler Outdoor Club annual Outdoor's Extravaganza weekend full of outings, catered food, evening programs, camping, etc. Joyce Appel 724.526.5407

Wissahickon Nature Club

If you enjoy nature lore, look into the meetings and field trips of Wissahickon Nature Club. They meet every other Saturday at 6 PM (except June-August) at Community Presbyterian Church, 7501 Church Av., Ben Avon. Contact Chuck Tague, 412-488-8760 or 432 Olympia Rd, Pgh. 15219

Botanical Society of Western Pennsylvania

BSWP offers field trips in spring, summer and fall to look at and learn about the enormous variety of plant life that western Pa. offers. Everyone is welcome on field trips; amateurs, professionals, non-members, and anyone who is curious about the natural world. Trips are often at a leisurely pace, but may require hiking and traveling through wet/muddy areas. For information, e-mail your address for sample newsletter and membership information to yoree@sgi.net, or call Loree at 724-872-5232.

WPW (Western Pennsylvania Wheelmen) Bicycle Club

Home Page: http://wpwbikeclub.org

Ride Hotline: 412-422-2234

Various length and difficulty rides scheduled each weekend and some during the week. Monthly meeting usually the 2nd Monday at 8pm at the Frick Environmental center on Beechwood Blvd in Squirrel Hill. See home page for details.

BACKPACKING IN NEW YORK STATE

--- Glenn Oster is planning a major backpacking hike on the North Country National Scenic Trail this Summer, most likely throughout the month of July. However, this is a new thought and has not been fleshed out well enough to offer details. He will be open to hiking companions. At least one companion should have transportation so that shuttling between the two vehicles would be possible. This would not be an organizationally sponsored event, and there will be no charges other than shared expenses. If you are interested in exploring this with Glenn, phone him at 412-364-2864 or e-mail at glennoster@attbi.com.

The Sixth Annual Rachel Carson Trail Challenge "34 Miles in One Day"

June 22, 2002

Once again it's time for the Rachel Carson Trail Challenge, a 34-mile one-day endurance hiking event, held in the spirit of the Alaskan Iditarod, the 70-mile Laurel Highlands Trail Run, and the many Ironman Triathlons held across the country each year. Sponsored by Hostelling International Pittsburgh/AYH, the Challenge will be held this year on June 22 (taking advantage of the summer solstice), starting at the crack of dawn, and will extend through the 34-mile roller coaster of hills, hollows, and bluffs between North Park and Harrison Hills in Allegheny County, ending as the sun sets below the horizon. The "Challenge" is to endure, to finish the hike in one day, rather than to "come in first" or "win".

Located in Allegheny County just northeast of Pittsburgh, The Rachel Carson Trail is characterized by its roller coaster hills and is often said to be one of the most difficult hiking trails in the United States. The hike will begin, rain or shine, at sunrise and will officially end at sunset, 5:50 A.M. to 8:54 P.M., giving Challengers a total of 15 hours and 4 minutes to complete the 34-mile route. A typical hiking pace on most trails is 2 miles per hour.

The Challenge has two dimensions: the first is to endure 34 miles of tortuous hill climbing and descent in unpredictable weather conditions; the second is your ability to stay on the trail without getting lost. Obviously, those who have hiked the trail before will have some advantage in maintaining the proper route. (Four training hikes covering the entire trail will be held in June; visit the Trail web site, below, for more information.)

Finishing is atypical. In fact, not once in the history of the event have even half of the participants completed it. Of the 270 people who started the 1996 and 1997 Challenges, only 32 finished the 34-mile event. The Trail takes its toll.

The Rachel Carson Trail is a "primitive" trail in the sense that no special grading or surfacing materials are used. While the trail is blazed with yellow blazes, there will be an occasional missing blaze where a tree has fallen or when you are following a logging road, a power line or gas line; there will be blow downs, washouts, poison ivy, nettles, bugs, loose gravel and rocks, steep inclines, gullies, and wet stream crossings. You must be prepared to expect the unexpected and think the unthinkable. The better hiker you are, the better you will do on the Challenge.

All hikers will be given a trail guide to assist them on their journey. There will be four checkpoints throughout the hike, offering minimal support. Hikers are expected to carry all their own gear and necessities, including food, water, snacks, first aid equipment and raingear.

The Challenge entry fee includes a t-shirt, shuttle bus, cookout, and a one-year (four issue) subscription to the *AYH Golden Triangle* newsletter. The shuttle bus is available to take participants from North Park to the Harrison Hills check-in just before sunrise, and again after 4 P.M. to take those Challengers who parked at Harrison Hills back to their vehicles. The cookout is available at the finish in North Park, from 2 P.M. until 9 P.M., serving up hamburgers, hot dogs, chicken, and plenty of sympathy.

For more information see the Trail web site at http://www.rachelcarsontrail.com, email challenge@rachelcarsontrail.com or call (412) 512-4544. Learn more about Hostelling International Pittsburgh/AYH, the organization that built the Rachel Carson Trail at http://trfn.clpgh.org/ayh.

! CALL FOR VOLUNTEERS!

The Challenge cannot happen without volunteers. We urgently need people to help at check-in, at each checkpoint and various other spots, and at the finish. If you or someone you know would like to volunteer, please email challenge@rachelcarsontrail.com or call (412)512-4544. All volunteers will earn a Marshal t-shirt, admission to the cookout, and the gratitude of hundreds of their neighbors!

Trail Maintenance Volunteer Opportunities

May 4 <u>Saturday</u> <u>Baker Trail</u>. This will be an all-day work project on the Baker Trail. We need people to paint blazes, remove vegetation and fallen branches from the trail, collect any trash in a plastic garbage bag, and trim branches and leaves away from blazes. This is a good opportunity to get out, see the trail, doing short hikes in and out from the road, and help take care of one of Pennsylvania's endangered trails. Call Jim at 412-828-0210 for questions and to make arrangements.

June 15<u>Saturday</u> Baker Trail. The agenda for this day of trail work will be much the same as that for May 4. Call Jim at 412-828-0210 for questions and to make arrangements.

Adopt-a-Trail Volunteers needed. We also need volunteers to become trail stewards who are willing to adopt a 3-5 mile long section of the Baker Trail. Trail stewards will be independently responsible to work on their section of the trail on their own schedule. Responsibilities include painting yellow blazes on the trail once a year, picking up debris and trash off the treadway, and trimming vegetation away from blazes. Optional skills include chain saw work, shelter repair (we have 10 overnight shelters on the trail that require yearly maintenance—adopt a shelter as your own personal project) and/or you can build bridges, sidehill supports, benches, and other trail amenities. Regardless of the level of your effort, you would be expected to walk your trail section twice a year, preferably once in the spring (April, May) and once in the fall (September, October). All expenses for supplies-paint, brushes, etc.-are reimbursed.

Baker Trail Hiker Alerts Tuesday, March 12, 2002

Old Alerts: See the Jan-Feb-Mar issue of the Golden Triangle for standing alerts; these are also at www.rachelcarsontrail.com; link to the Baker Trail at that website

New Alert (Page 8 in the Trail Guide): The railroad bridge over the Kiski River (Westmore-land/Armstrong Counties) is closed to hikers. Hikers and backpackers wanting to travel north should start in the village of Schenley. The approximately 2-mile segment of the Baker Trail between PA Route 356, just east of the Freeport Bridge, and the Kiski River Bridge is suitable only for short day hikes. A nice loop hike can be made starting at the large "Baker Trail" sign on PA Route 356, hiking the Baker Trail (yellow blazes) to the Kiski River Bridge and then returning by way of the old cinder railroad grade running along the "flats" parallel to the Allegheny River and back to Route 356.

New Website for Rachel Carson Trail and Baker Trail

NBCi has discontinued its web-hosting activities forcing a change to the location of the Rachel Carson Trail and Baker Trail website. The new URL is: www.rachelcarsontrail.com. Visit the new website for information about the two trails including information for the 2002 Rachel Carson Trail Challenge and past Challenges. There is also an extensive photo gallery for the Rachel Carson Trail Challenge and written accounts of the yearly saga. Changes and updates are in progress, so be patient if everything you are looking for is not up yet. We intend to post a schedule of Pittsburgh area hiking and trail events sponsored by local organizations, hiker alert notices of current trail conditions, and information on how to get involved as a trail steward, taking care of our Trails.

Rachel Carson Trail Hiker Alerts

At this time, there are no restrictions on the Rachel Carson Trail. Follow the Trail Guide and follow the yellow blazes. In the event of a conflict between the two, follow the yellow blazes.

Keystone Trails Association Spring Meeting Wellsboro, PA, April 5-6-7

The Keystone Trails Association is a statewide hiking-trail advocacy and trail maintenance organization made up of approximately 60 hiking club organizations and 1,200 individual members. Each spring and fall KTA meets to discuss issues affecting Pennsylvania hiking trails, plan for future hiking trail projects, and to enjoy a weekend of hiking and fellowship among hikers. Each spring and fall meeting offers inexpensive packages for lodging and meals (\$72 per person, double occupancy) and an extensive list of hikes on both Saturday and Sunday that you may participate in. Membership is not required for attendance or participation.

The 2002 KTA Spring Meeting is being held in Wellsboro, PA, about a 4-5 hour drive from Pittsburgh, and located along the rim of the Pennsylvania Grand Canyon. Many of the hiking opportunities on Saturday and Sunday will take you along the rim of the PGC. Attendees can purchase inexpensive lodging and meal packages at the Penn-Wells Hotel in Wellsboro, a quaint turn-of-the-century small town hotel, or stay at the neighboring Penn-Wells Lodge, a more modern facility, or may opt to camp in the nearby state parks.

There will be a speaker and slide program on Saturday evening, featuring Marcia Bonta; her presentation is titled "Outbound Journeys in Pennsylvania". This is a great chance for you to mix and mingle with hikers from all over the state of Pennsylvania and learn about other trails in our neck of the woods. For example, did you know that Pennsylvania has more than 20 backpacking trails? For detailed registration information, call 570-322-0293 or send email to keyhike@sunlink.net.

More About the Rachel Carson Trail Challenge

DETAILS

- START: The Challenge will begin at 5:50 AM at the Ox Roast Shelter in Harrison Hills Park. Take the left fork on the Park entrance road and follow it to the end to get to the Ox Roast Shelter. Do not park at the Shelter; see below for instructions. Registration opens at 5:15 AM and closes at 6:30 AM.
- SHUTTLE: Shuttle bus service will be available to bring participants from North Park to the Harrison Hills Park check-in before dawn, and later, for those participants who parked at Harrison Hills, from the North Park finish back to their vehicles.
- PARKING: There is adequate parking in the vicinity of North Park's Beaver Shelter, but participants are not permitted to park next to Harrison Hill's Ox Roast Shelter. The nearest parking lot is about ½ mile from the Shelter. Car-pooling is strongly encouraged.
- **WATER:** Checkpoints will be located about every 7 miles with water and light snacks available for participants. Marshals will have cell phones for communications.
- FINISH: The Challenge will end at precisely 8:54 PM (official sunset time) at the Beaver Shelter in North Park, 100 yards north on Babcock Blvd. from the Pearce Mill Road intersection. North Park is located on the "Yellow Belt" between Route 19 (McKnight Road) and Route 8.
- REWARD: All finishers will be entered into a raffle. Ten names will be drawn with each winner receiving a \$25 Dick's Sporting Goods gift certificate or a hydration pack from EMS. The first two names drawn will also receive an overnight stay for two at either the Pittsburgh International Youth Hostel or the Ohiopyle Youth Hostel.

"HOW DO I COMPETE?"

You are expected to be entirely self-contained. This is an endurance hike, not a race. Weight, up to 10 pounds in your pack will not be a significant factor. Be able to carry NO LESS THAN two quarts of water; sports drinks are recommended; carry plenty of high-energy snack foods, raingear, dry socks, first aid gear-especially moleskin or band-aids for blisters; you may want to carry a pair of sandals or surf shoes for wet stream crossings; wear sturdy, well broken-in footgear preferably with good ankle support and a lugged sole for gripping loose gravel and rocks; wear thick wool, wool blend or synthetic fiber socks; wear a hat to keep your head out of the sun; wear sunglasses; carry a pack towel to soak in streams and wrap over your head to cool down. Salty snacks such as pretzels, peanuts and potato chips are recommended to avoid salt depletion.

Please note that in June, some sections of the Rachel Carson Trail will have brambles and nettles as well as poison ivy. Consider wearing long pants made of lightweight material.

While the organizers recommend you outfit yourself as a "hiker", participants in past Challenges had success participating in "runner mode" wearing light low-top trail running shoes, and carrying only water and a small waist pack for gear instead of a day backpack (rucksack/knapsack).

TRAIL RUNNER ADVISORY

Although all participants are welcome, the Rachel Carson Trail Challenge is not race, it is an endurance-hiking event and the checkpoints are staffed accordingly. This means that runners may reach checkpoints before the scheduled setup time, so water and supplies may not be available when expected. If you intend to run, you are strongly advised to be entirely self-sufficient.

Official Entry Form Rachel Carson Trail Challenge June 22, 2002

"34 Miles in One Day"

Please provide the following information and return this form with a check or money order for the proper amount. **Each participant must complete and sign a separate form.** Make check or money order payable to "Hostelling International Pittsburgh".

Mail to: Rachel Carson Trail Challenge c/o H.I. – Pittsburgh 830 E. Warrington Avenue Pittsburgh, PA 15210

| Name: First, Middle, Last | Age: As of June 22, 2002 |
|--|--|
| Street Address | City, State, Zip code |
| Email Address: For registration confirmation | Telephone: Daytime and evening |
| Registration Fee | |
| ☐ My entry is postmarked June 8 or before\$25 | |
| ☐ My entry is postmarked after June 8\$40 | |
| ☐ I want registration confirmation by U.S. mail\$3 | |
| Total enclosed | |
| Fee includes t-shirt, shuttle, cookout, trail guide, and Golden Triangle | e subscription. No refunds after June 8. |
| T. Chi.,4 Ci.,. | |
| T-Shirt Size □ Small □ Medium □ Large □ Extra Large | |
| Shuttle | |
| ☐ I will park at North Park and use the early morning shuttle | |
| ☐ I will park at Harrison Hills Park and use the afternoon shuttle | |
| • | |
| Signature | |
| I have read, understood and agree to the Liability Waiver below. All | l unsigned entries will be returned. |
| | |
| Participant's Signature Date | |
| | |
| Parent or Guardian's Signature if participant is under 18 | Date |
| - mont of countries of Signature in participant is under 10 | |

Liability Waiver

In consideration of your acceptance of my application for participation in the Rachel Carson Trail Challenge, I, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property I may have, or which may accrue to me as a result of my participation. I discharge and release Hostelling International Pittsburgh, its activity leaders, and their respective agents, boards, commissions, and any other involved employees and representatives from all liability arising out of or connected in any way with my participation in the Challenge, whether or not caused by the negligence of any of the above parties.

I acknowledge that there are inherent risks and dangers that may arise at any time during the Challenge. My participation is voluntary and is done at my own risk. I voluntarily assume all risks of loss, damage or injury that may be sustained while participating in the Challenge. I attest that I am physically fit and sufficiently trained for the completion of this event. I understand and agree that medical or other services rendered to me by or at the insistence of any of the above parties is not an admission of liability to provide or to continue to provide any such service and is not a waiver of any of said parties of any right hereunder. I understand that serious accidents occasionally occur during hiking and that participants in the Challenge may sustain mortal or serious injury as a consequence thereof. Nevertheless, I agree to assume those risks and to release and indemnify and hold harmless all the persons mentioned above who might otherwise be liable to me (or my heirs or assigns) for damages, of whasoever kind or nature.

I attest that the equipment and clothing I will use in this activity is in good condition, and that I have the experience and ability to complete the activity safely. I UNDERSTAND THAT PROPER EQUIPMENT IN GOOD CONDITION CAN PREVENT SERIOUS INJURY. I agree to abide by the rules of this event as established by Hostelling International Pittsburgh and to obey the directions of the event officials. I hereby grant full permission to the trip leaders, Hostelling International Pittsburgh and their respective agents, boards, commissions, and any other involved parties of the foregoing to use photographs, videotapes, motion pictures, or any other record of this event, including my name, likeness and/or voice for any legitimate purpose.

Proceeds from the Rachel Carson Trail Challenge are used to fund Hostelling International Pittsburgh/AYH trail maintenance activities on the Rachel Carson Trail and the Baker Trail.



CANOEING

Paul Henry (724) 347-3282 Brian McBane (724) 443-8972

AYH Canoeing Calendar April-May, 2002

Hopefully the water will be plentiful this spring. Many times pick-up trips are planned on warm days in April. Call Brian McBane (724-443-8972) to see what's happening.

April 13 Kate Fissell and Ellie Stanton (412-661-5585) Crooked Creek, or other Class I run.

April 26-28 Paul Henry and Joyce Appel (724-526-5407)

Join Paul and Joyce on their annual canoe camp on beautiful Pine Creek, through the Grand Canyon of Pennsylvania, near Wellsboro. Lots of nature sightings, optional hikes to view waterfalls, and a great breakfast spot! Moving water experience needed, as the run is rated Class I-II. Call for details early, as reservations for camping must be made. Kayakers are also welcome, call Vickie Gotaskie, AYH Kayak Chair for more information.

May 4 Paul Henry and Joyce Appel (724-526-5407) Explore marshlands north of Pittsburgh at the Conneaut

Outlet.

May 5 Shelley and Eric Nilson (412-487-3255) Wildflower paddle, easy run.

May 7,14,

21, 28 Tuesday Evening Canoe School. Learn to paddle tandem

with basic instruction on the Allegheny River. Each session is repeated weekly—come for all or whatever your schedule permits. Canoes, paddles, PFD's provided. Bring something padded for kneeling. Call George Schnakenberg (412-731-3046) for details.

May 11 Brian McBane (724-443-8972) Class II trip.

May 24-27 Jon and Becky Maiman (412-242-7179)

Annual Memorial Day Weekend Canoe Camp—river to

be determined.

June 1 Brian McBane (724-443-8972)

Moving water school.

Shelley C. Nilson shelleycn@yahoo.com

(Continued from page 11)

burgh, then next day a circuit race in Schenley Park, then a circuit race near the stadiums, according to Bryan Jew, senior writer for VeloNews. The following day, it would move to Westmoreland County for a race from Latrobe to Ligonier.

Then it would be on to Johnstown, and a schedule for the rest of the Tour similar to that of last year, including races in Hollidaysburg, Martinsburg, "up the mountain" and a criterium downtown.

The tour is scheduled to run this year from July 27 to Aug. 4, according to a news item in a U.S. Olympic Committee website. Previously, it started July 30.

The Tour D'Toona is well-regarded among cyclists because it's been around awhile, the prize money is decent, the course is challenging and there arenát many multi-stage races to compete with, Wilcockson said.

The Pittsburgh leg would attract the attention of the Pittsburgh media, generating more publicity, Wilcockson said.

The necessary permitting includes arrangements for a "rolling enclosure," a 25-to-30-mph envelope of safety to protect racers, Wilcockson said.

It takes a lot of meeting and negotiating to work those things out, Wilcockson said.

Mirror staff writer Bill Kibler can be reached at 949-7038 and bkibler@altoonamirror.com.

foot notes

news on the baker trail and the rachel carson trail january, february, march 2002

- Patty Brunner coordinated an effort to save the famous 75-foot long covered footbridge over Horney Camp Run in Armstrong County. A large, old tree was losing its grip to the earth and was in danger of falling directly through the midsection of the bridge. Patty identified the problem, obtained cost estimates of the work, got the approval for funding, sought and obtained clearance from the Army Corps of Engineers, and supervised the work at the site. Melissa Salsgiver of the Corps provided support from her end to give the green light on the project.
- Patty also intends to coordinate an Eagle Scout project that would consist of fixing and re-shingling the same footbridge.
- Cindy Rogers, our trail steward in the Dayton-Smicksburg-Milton region reports that her section of the trail is in pretty good shape in spite of increased incursions by ATV's. She blazed a little, picked up some trail debris, and reported changes on the route: new houses, new signs, new storage tanks and other signs of "progress".
- A volunteer is needed to review, revise and print up brochures for the Baker Trail and the Rachel Carson Trail. If you can do this, call Jim at 412-828-0210.
- Paul Grey of Langville PA, near New Bethlehem, has volunteered to be the trail steward for the section of the Baker Trail between Milton and the Mahoning Dam. I visited Paul to deliver some paint and brushes and to ask him to lead me to the new Langville Shelter, which I had not as yet seen. Thanks, Paul.
- Greg Burkett, of the Cook Forest area, has agreed to be the Pittsburgh AYH representative on the Pennsylvania North Country Trail Council. The NCT shares about 15 miles of treadway with the Baker Trail in the Cook Forest area. So Greg will be attending the NCT State Planning Meetings representing the interests of the BT.
- Dave Mottorn recently (February) led two group hikes, one about 14 miles on the Baker Trail near Crooked Creek, the other about 16-17 miles on the Rachel Carson Trail from Harrison Hills to Springdale.
- The best way to communicate with the Rachel Carson Trail Challenge people this year will be using the challenge@rachelcarsontrail.com email address. Challenge Day is Saturday June 22nd.
- John Donovan, of Petersburg, VA attempted a Christmas Vacation through-hike of the Baker Trail, starting south at Schenley. He reports to have made it for 6-7 days making it as far as North Freedom. REad about John's adventure elsewhere in this newsletter.
- Pennsylvania Hiking Trails Week will include Saturday and Sunday, May 11th and 12th. Watch your local newspaper for events sponsored by all the local hiking and outdoor clubs. Then, pick one, and get out and support our hiking trails.
- Grover Pegg is the new Army Corps of Engineers Park Ranger at the Mahoning Dam area. Grover has taken some interest in the Baker Trail as it runs through the park.
- Mike Nagel, our trail steward on the Baker Trail near the Cochran's Mill Shelter, girlhood home of Nelly Bly, reported a total of 48 volunteer work hours on the Trail. He states further "The horse trail group cut and cleared a few downed trees in some places which was a great help. The trail is in good shape except for several places. The [Cochran's Mill] shelter area is a disaster. The cable bridge crossing [on Cherry Run] is easy with low water, high water could present a problem. The detour on the horse trail, bypassing the deteriorated wooden steps [near Pine Run], is working out very well, especially with the low water at the stream crossing". Thanks, Mike.
- * Mount Fitzpatrick has been representing AYH/HI at the scene in the saga of the Kiski Junction Railroad. Mount had just adopted that section of the Baker Trail, from PA Route 356 to Godfrey, as a trail steward. So he inherited this problem in his own back yard. Mount has been on the scene numerous times to post signs, to observe first-hand the situation there in Schenley with the Kiski Junction (Tourist) Railroad. He has been reporting back all he has ound, attended meetings, written letters, and made numerous telephone calls in support of our efforts. Many thanks to Mount for doing a tough job well!!



SAILING

Experienced sailors or novices who would like to go for a sail at Lake Arthur can contact Bob Zavos at 412-241-0659. Bob usually sails with the Moraine Sailing Club on weekends. There are sailboat races on most Saturdays and Open Sailing on Sundays.

This is very bad news for all friends of the environment. The PA DCNR (State Parks) is raising the horsepower limit at Lake Arthur. This is bad news for Sailors, Sea Kayakers, White Water canoers, and even bikers and hikers. The Sailing club learned of this last Fall and mounted a strong letter writing campaign. The reasons for keeping the limits at 9.9 seemed so strong we didn't believe they would do it. But they did! So now we need more help and need to publicize this.



BICYCLING

IMPROMPTU BICYCLE RIDES EMAIL LIST

Our bicycle email list is up and running. We have been enjoying some good rides. The biggest need now is for people to announce rides.

If you would like to get on our bike email list our address is: letsbikenow-subscribe@yahoogroups.com

HELMETS ARE REQUIRED FOR THE PROTECTION OF ALL. YOU RIDE AT YOUR OWN RISK

Bike weekend April 27 & 28 @ TWO MILE RUN COUNTY PARK, Oil City, Pa. Arrive 4 pm. Fri. nite thru Sun. afternoon. Limit to 10 people \$10 each a night for farmhouse there. Easy-moderate biking either in park or neaby rails to trails Oil City/Titusville. Call Mary Ruth Aull 412-795-7078 or email guru7540@cs.com

Glenn Oster continues to ride and report on various trails across the USA. Visit his website at http://www.intellweb.com/trails/oster.htm

WPW CYCLING CIRCULAR ARTICLES FOR APRIL 2002

George Schmidt

HEADLINE- NEW MEETING NIGHT OF THE WEEK SECOND MONDAY OF THE MONTH BEGINNING ON MARCH 11, 2002

THE PREZ SEZ

Happy spring! Things are getting interesting on the bicycling front around here. Sustainable Pittsburgh, an environmental advocacy organization, has organized the Urban Cycling Committee to promote bicycle commuting in the Burgh. They have managed to bring a lot of people to the table such as Pittsburgh City Planning, Port Authority Transit, and others.

Add to the mix one David Hoffman. David was involved in a hit and run by a car while commuting to work on his bike. Brian O'Neil wrote about him in his Post-Gazette column and David was swamped with calls and emails offering support.

Stir in Joe Stafford who has formed the Bicycle Access Council to try to pick up where Bike Fed of PA left off. He has a spiffy web site that lists among other things, the PA Bicycle Caucus in the state government! A number of these state legislators actually represent western Pennsylvania! Who knew?

We are working to provide some great WPW events this year. The Pittsburgh Council; American Youth Hostels is trying to revive the popular Mon Valley Century and SABRE events.

We need you to lead rides and help pull off these events. Introducing people to your favorite ride can be very rewarding. Pick one event and jump in. Everyone is pushed for time, and time on the bike is sacred, but it takes only a few people to put on these events. You support your friends, you promote bicycling, you have fun, you don't climb hills, and you get the first shot at the best food. Think about it. George

RAIL-TRAIL NEWS

Thanks to Noel Grimm and Tom Dittman for organizing WPW support for the Trafford to Saltsburg trail. The meeting in Murrysville in February was very successful with trail supporters far outnumbering the anti-trail folks. This looks like an exciting project that could link to the Allegheny River trail system and the Allegheny Trail Alliance system. The Westmoreland County Parks and Recreation Department mailed out a survey last year. The results revealed that the linear parks, the Yough River Trail and the Five Star Trail are the most popular recreational facilities in Westmoreland County and residents favor spending money to expand the trail system.

It is ironic that Allegheny County has fallen way behind Westmoreland County with regard to promoting recreation facilities for their residents. Largely through the efforts of Larry Ridenour, Allegheny County was one of the state and national leaders in promoting rail-trails. The great successes from his efforts are the Youghiogheny River Trail, the Pittsburgh river front trails and the Montour Trail. The Harmony Trail and the Allegheny River Trail projects have not enjoyed any support from Allegheny County in years. Perhaps the Allegheny County government needs to be reminded that there is more to making a community livable than promoting huge construction projects with creative accounting.

LRT GROUNDHOGS

For the Groundhog Day Ride on February 2, Robert Loxe and Bruce O'Neill took the Light Rail Transit (LRT) from the South Hills to the First Avenue Parking Garage to start the ride. This could be the start of a trend. Bicycles are permitted on the LRTs during non-peak hours and weekends. City folk can bike to the First Ave. Station, take the 42L through the hills and traffic to South Park, bike in the country toward Washington County, and return later in the day. Country folk can just as easily get to the city to bike the river front trails and sip cappuccino in Shadyside. Speaking of which, the groundhog ride stopped at Brugger's in Shadyside for coffee and bagels. It was most amusing to watch a table full of college girls checking out the younger guys in bike tights. Eight riders showed up on a sunny day to ride even though it was only 35 degrees. Yes, there was a groundhog sighting. Or maybe it was just a muskrat with a fedora.

Voulez Vous Bike?

The search is on for a sports bar to watch the Tour de France in July. Last year the Tour was carried only on the Outdoor Channel on digital cable. The "sports bars" in Pittsburgh didn't get it. Check your friendly neighborhood tavern the next time you are re-hydrating and see if they get the Outdoor channel. They probably wouldn't mind bikers spending money it their place every night for a month. Let George know if you have any hot leads at 412-521-1538 or twoschmidts@peoplepc.com.

BICYCLE ACCESS COUNCIL

Joe Stafford is organizing a statewide bicycle advocacy organization to pick up where

the Bicycling Federation of Pennsylvania left off a few years ago. Joe has a dynamite web site, http://www.bicycleaccess-pa.org. The WPW will be working with him to become more active in getting better bicycling facilities for western Pennsylvania. We hope to have him visit us at one of our meetings this year.

State Legislator Involved in Car-Bike Collision

Pennsylvania State Representative Ed Krebs, Lebanon, was struck by a motor vehicle from behind while commuting from the Capitol on January 14, 2002, around 4 PM. After being treated for injuries at Hershey Medical Center, he was released that evening and returned home to recover. He's bruised, but okay.

A motorist left her lane for an unknown reason and hit Krebs according to witnesses. The motorist was issued a citation. Representative Krebs described his experience to well-wishers: "Nothing broken, but I am really sore. A 76-year-old woman swerved out of her lane and knocked me over like a bowling ball. More accurately, she gave me a flying lesson with a crash landing. She actually hit me on the left butt, lots of padding, rather than the bike. I hope to be riding as soon as the pieces glue back together."

Krebs spoke with Joe Stafford, Executive Director of the Bicycle Access Council on the following Saturday. Krebs told Stafford that he never hit his head although he did do two somersaults after being airborne from the collision. During treatment, medical attendants told Krebs that his good physical condition from cycling allowed him to "walk away" with minimum injury.

"What makes this story even more unique," Stafford adds, "is that Ed uses a right arm prosthesis. He lost his arm in a farming accident years ago. After the collision, the prosthesis was still hanging from the bike!" Krebs is a bike commuter and avid bicycle tourist. He and his wife, Pat recently toured Ireland on their tandem bicycle for several weeks. Representative Krebs is also Cochairman of the bipartisan Pennsylvania Bike Caucus.

Joe Stafford, Bicycle Access Council web site

JOIN THE WPW TOPICA EMAIL LIST

The fastest way to get the latest bicycling information is on the WPW Topica email list. So far we have only 152 of our nearly 700 members signed up. It's pretty easy. Just go to the WPW website http://wpwbikeclub.org and click on the banner at the top of the page http://www.topica.com/lists/wpwbikeclub@topica.com

BIKE-TO-WORK WEEK/DAY

May 13-17

The League of American Bicyclists has declared May 13 through 17 as National Biketo-Work Week. May 17 is Bike-to-Work Day. A number of other organizations are joining with the WPW to promote this event. This is what we are working on: Bike Mentors- We are looking for experienced bicycle commuters to mentor potential bike commuters with one-on-one attention through April and early May. May 12, Bike-to-Work Practice Ride. Start at Regent Square at 9:00 a.m. and ride to downtown Pittsburgh for a bagel brunch. Return the easy way via the Jail Trail and Pan-

ther Hollow Trail.

May 17, Bike-to-Work Day Breakfasts for Bikers in Oakland and downtown Pittsburgh. Dedication of bike lockers at a Pgh. Parking Authority facility. Publication of a Pittsburgh bicycling guide.

BE A BICYCLE COMMUTER MENTOR

We are developing a bicycle commuter mentor program. Some people require extra attention and encouragement before they make that first trip to work. If you are confident in your bicycle commuting skills and would like to introduce someone to commuting, contact George Schmidt 412-521-1538 or twoschmidts@peoplepc.com.

WAG 33, Latrobe

June 8, 2002

This will be the 33rd year that the WPW has had our Wheelmen's Annual Gathering (WAG). OK. When any red-blooded western Pennsylvanian hears the number "33", what immediately comes to mind? Rolling Rock Beer from the glass lined tanks of the Latrobe Brewing Company! Oh, yeah! We are currently negotiating with Rolling Rock to be a sponsor so we can have their logo on our ride shirts. Maybe we can get a case of beer or two for re-hydration purposes, too. As there seems to be some serious off-road biking in the area, we have invited the Pittsburgh Off Road Cyclists (PORC) to join us. This could be a lot of fun. If you would like to help organize WAG 33 contact George Schmidt, (412) 521-1538; E-mail: TWOSCHMIDTS@PEOPLEPC.COM

1-800-FIX-ROAD

Are you fed up with bad state roads and trash on road shoulders? Call PennDOT's magic number to get things done. It is 1-800-FIX-ROAD. The PennDOT people want to know where there are problems for ALL the vehicles that use the state highways. If no one complains, the roads must be perfect, right? Let's light up those phone lines.

NOW IS THE TIME FOR ALL GOOD BICYCLISTS TO SUPPORT THEIR LOCAL BIKE SHOP. Don't forget to have your bike serviced NOW so you are ready when the first warm spring day hits.

HOT DATES

Here are a few important dates for the near future. Mark them on your calendar.

May 17 Bike-to-Work Day, Watch for bicycle commuter event times and loca-

tions.

May 18 VO2, Washington's Landing

May 19 Pedal Pittsburgh

JUNE 08 WHEELMEN'S ANNUAL GATHERING (WAG 33), Latrobe, PA
June 9 to 16 Fourth Annual Yokatomac Trek, Washington, DC to McKeesport
June 16th Saturday, June 22nd ,RTC's River Sojourn
June 21-22 3rd Annual "Western Edge" Ride. Mt. Morris to Presque Isle.

JUNE 30 Tour de Sewickley http://trfn.clpgh.org/teli

From: WESTON INN [mailto:WESTON@wyellowstone.com]

(Continued on page 11)

6th Annual Outdoor Extravaganza May 24 - 27, 2002

Rose Point Park Campground near Moraine and McConnells Mill State Parks and Slippery Rock Creek, I79, exit Route 422 west 1 mile.

We have a weekend full of various outdoor activities:

road bike trips, bike trail trips, mountain biking, canoeing on Lake Arthur, canoeing in streams, kayaking, caving, sailing on Lake Arthur, rock climbing at Mc-Connell's Mill, horseback riding and hiking, from easy to advanced.

We use Rose Point Park for our base camp. Leaders meet you here and take you to where each trip begins. Delicious breakfasts, bag lunches and evening meals are catered to the campground by Fairground Market who also does the Pig Roast Sat. night. All meals are optional.

We provide speakers and a presentation Fri. Sat. and Sun. evenings and a weiner roast after the Friday eve speaker.

This weekend is a must! For detailed information contact:

For more information call Joyce Appel, 724-526-5407

Mail form to Joyce Appel, Box 204D, RD#1, East Brady, Pa. 16028

Sponsored by the Butler Outdoor Club

Club website: www.butleroutdoorclub.org

| Name(s): | |
|-------------------|--|
| Address: | |
| Phone: | Fax or Email: |
| Total No. Adults: | Total Number of Children under age 12: |

^{*} No daily activity fee or camping fee for children
* Half price meals for children under 12.

| | Fees: | Fri 5/24 | Sat 5/25 | Sun 5/26 | Mon 5/27 | Total |
|---|--|----------------|------------|----------------|----------|-------|
| Activity Fee | \$ 5/day/adult or | | | | | |
| | \$15/weekend | | | | | |
| Parking (if not camping) | \$2/day | | | | | |
| Breakfast | \$ 5/day * | | | | | |
| Bag Lunch | \$ 5/day * | | | | | |
| Dinner | \$ 9/Sat \$8/Sun. * | | | | | |
| Pontoon Boat Tour | \$ 6.25 Adult | | | | | |
| | \$ 3.50 Child | | | | | |
| Kayak (per person) | \$15 rental | | | | | |
| Canoe (per canoe) | \$25 rental | | | | | |
| Camping 3 nights = \$30 | per adult kids free | | | | | |
| 2 nights = \$25 1 = \$15 | Totals: | | | | | |
| * Select 1 | 1 st & 2 nd choice activ | ities each day | (Shaded da | ys not availal | ole) * | |
| | Trail o | r Road Biking | | | | |
| | Mo | ountain Biking | | | | |
| (at nearby stables | s \$16 1 st hr.) Hors | seBack Riding | 5 | | | |
| (rentals available |) (14 mile) Bike Nor | th Shore Trail | 1 | | | |
| | | Hiking | 5 | | | |
| Rapeling & Rock Climbing at McConnell's Mill | | | l | Raindate | Raindate | |
| | Pontoon Boat Tour of | of Lake Arthur | | | | |
| (rentals available) Canoeing/Kayaking stream or river | | | | | | |
| (rentals available)Canoeing/Kayaking on Lake | | | : | | | |

^{**} caving planned Sun.,but will be Sat or Mon if rockclimbing is postponed to Sun. or Mon.

Beginning Caving

Beginning Sailing by Moraine Sailing Club

(Continued from page 9)

Greetings from West Yellowstone, MT!

In case you didn't know...

April 1st thru 18th, 2002, Yellowstone National Park will be open and FREE for bicycles only. A perfect way to enjoy the Park without automobiles!

During that time we are offering lodging at the Best Western Weston Inn for only \$36 per night plus tax. Our rooms are large, clean and have several amenities and this includes a good continental breakfast. Outdoor hot tub is open year round. We are only 4 blocks from Yellowstone National Park entrance.

Please help us spread the word and give us a call at our toll free number, 1-800-599-9982. Just mention the "bicycle special" for this substantial savings.

Thank you and we hope to see you in April. Judd Blanchard

RE: Proposed Expansion of Tour D'Toona Bike Race

From: bkibler [mailto:bkibler@altoonamirror.com] Thursday, March 07, 2002 8:21 AM The race's website is tourdetoona.com/international. --Tour D'Toona Pittsburgh-bound

By William Kibler Staff Writer

Organizers of the Tour D'Toona are trying to extend their reach to Pittsburgh, to elevate the race in importance and prestige.

Having moved west to Johnstown for a new stage last year, they're working out details to go farther west for a stage this summer in Westmoreland County and three in Pitts-

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burgh, to front the six days of racing in this area.

A stage to be held near the Pirates and Steelers stadiums and a proposed new name, "The International," reflect how far the Tour has come from its beginnings in 1987 as a downtown Altoona race for local enthusiasts.

The Tour is already one of the nation's top five stage races, but hooking up with a big city in the classic point-to-point tradition would enhance exposure and status, said John Wilcockson, editorial director of VeloNews, based in Colorado.

"There hasn't been a big stage race of that caliber since the Tour duPont pulled the plug five years ago," Wilcockson said.

Based in Delaware, the Tour duPont varied its destinations, but ended up as far away as Atlanta, Wilcockson said.

Point-to-point is a racing form that gives observers a hint of how far riders pedal. "It adds that gee-whiz factor," Wilcockson said. "People watching are sort of amazed." The Tour de France, the world's most famous bike race, is a series of point-to-point

The Tour organizers have all the necessary municipal and police permits but haven't wrapped up a sponsorship package yet, according to a source who didnát want his name used.

It makes sense to begin in Pittsburgh, because most teams fly into the city anyway, Wilcockson said.

The new tour would start with a prologue time trial up Mount Washington in Pitts-(Continued on page 8)

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AYH Weekly Open House

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

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Council Office and Travel Store

The Pittsburgh Council Travel Store is open every day from 8am to 10am and 5 pm to 10pm. Hours are subject to change, so it's a good idea to call the office at 412-431-4910 before coming in. We're in the Pittsburgh Hostel at 830 E Warrington Avenue in Allentown. All passes, ID cards, rail passes, and books are available.