

# Golden Triangle

VOLUME 59, NUMBER 3

JULY-AUG-SEP 2009

## Obituary -- American Youth Hostels - Pittsburgh Council

The end of an era - and a long era at that! The last weekly meeting of AYH was held on June 3, 2004 to a packed house, including members dating back to the 1950s. The first weekly meeting was held in the 1930s and, except for a several-year lapse during WWII, had been held weekly ever since.

The cause of death was bankruptcy caused, in turn, by its Pittsburgh hostel on the south side. It was a Black Hole for money as it turns out, pretty much like its Ohiopyle hostel. Below is a bit of history and a biopsy.

AYH's main (and sizeable) contribution to the quality of life in this area has always been its outings program - a lively mix of hiking, bicycling, flatwater canoeing, whitewater canoeing, kayaking, caving, climbing, ski-touring, backpacking and a few others (kite-flying??), plus countless schools in many of these activities. AYH built the Baker Trail and the Rachel Carson Trail that could take one from Pittsburgh to Allegheny National Forest. AYH published numerous editions of numerous guides to hiking and canoeing in the region. Its extended trips in the summer took many of us on unforgettable trips such as backpacking on Mt. Rainier, the Olympic Rainforest, the Olympic Seashore, the North Cascades and Rocky Mtn. National Park, cycling hostel-to-hostel in New England, hut-hopping in the White Mountains, white-water canoeing and sail-canoeing on the streams and lakes of Wisconsin and countless others. No one will ever know how many multi-decade-long friendships came out of the delights, camaraderie, trials and tribulations of all those thousands of trips. Calamity Rock in the Cheat Narrows was named for a terrifying rafting episode on an AYH trip. White water canoe trips have been known to arrive, still cold and wet, back in Pittsburgh around 4 AM. There was a broken back on a bicycle descent off of Pittsburgh's Mt. Washington, and a nasty altercation between a bicycle and a pickup truck.

AYH always had its ups and downs. At times its weekly Thursday evening meetings saw people packed shoulder-to-shoulder watching slide shows of past adventures and listening to 8-10 trip leaders advertising the adventures they had planned for the weekend. At other times the organization was held together by 3-4 people struggling to get the club back on its feet. A lot was learned about the dynamics of "volunteer associations" (as such organizations are called). One example of many: A preoccupation with social aspects and beginner-oriented trips foretells an impending collapse. A focus on substantive outdoor-oriented adventures and pleasures means another growth spurt toward a membership size that tends to attract the purely socially oriented.

AYH was always a down-to-earth, low-budget operation that attracted people of like mind. Its headquarters/ meeting room was a former Mellon estate chicken coop built on the property line with the Marshal mansion (now Arts Center), apparently as a result of some sort of feud. Outings had always been profitable, even with trip fees of \$0.25 to \$1/day, canoe- and bicycle rentals of a few dollars per day, and sales of modestly-priced trail guides. This combination of profitability and frugality might well have been AYH's undoing. The several hundred thousand dollars in savings generated over the decades was perhaps too much of a temptation to the hostel-oriented faction of the club. (AYH always had an uneasy split personality.) They grabbed control of the club, abolished the Activities Board (that had always handled the day-to-day operations of the club) and sunk everything into a highly leveraged hostel. The rest is history.

Bruce E Sundquist



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## Submissions Policy: Golden Triangle

### Classified Ads:

- ? Classified ads are free to Current members of HI-International
- ? All requests for classifieds must be made in writing via the Council Office. Request must include full name, address, phone number and membership number of member. Members are not permitted to place ads for non-members.
- ? Free ads may not be for commercial gain.
- ? Above rules apply in addition to general rules for submission

### Trips

- ? All trips must be approved by authorized co-chair
- ? Trip leader must be a council approved leader
- ? Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- ? Above rules apply in addition to general rules for submission

### Articles

- ? Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- ? All Articles are to be, non-political and non-religious
- ? Above rules apply in addition to general rules for submission

### General rules for submission

- ? No handwritten submissions
- ? Submissions Can be;
  - On computer disk (IBM), E-mail (Internet/compuserve), Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- ? Submitted before the deadline of the issue that submission needs to be in. (See Editors Golden Rule)
- ? All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- ? Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue.(See Editors Golden Rule)
- ? Please always check in advance with office, to confirm schedule.

### Editors Golden Rule

- ? @Lack of planning on your part, does not constitute an emergency on my part@

**Please note**, the Golden Triangle frequency of publication for 2009

**Number 1** issue ->December/January/February

**Number 2** issue ->March/April/May/June

**Number 3** issue ->July/August /September

**Number 4** issue ->October/November/December

Editor...

### Triangle Staff

Managing Editor ... **Joel Platt**  
412-521-5244  
golden\_triangle@bigfoot.com

## NOTICE

Please note the deadlines for  
future issues of the  
GOLDEN TRIANGLE

**OCT-NOV-DEC ISSUE**  
All copy, Sep 2

If your work is on computer,  
Please contact Joel Platt at  
golden\_triangle@bigfoot.com

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

Mail regarding the Newsletter  
should be addressed to:

**The Golden Triangle**  
1632 Denniston St.  
Pittsburgh, PA 15217

golden\_triangle@bigfoot.com





SEA-KAYAKING

Kelleys Island, Cape Henlopen and Presque Isle are just a few of the interesting and exciting places we visited last summer. Whether you are a beginner or an experienced paddler, we have a trip for you. So grab your paddle and sunscreen and we will see you on the water.

ActivityCo-Chairs      Vickie 412-344-4929  
                                 Russ 412-331-2073

See  
Sierra Clubs Hikes, at end.



ROCK CLIMBING

Important Notice / Rock Climbing

We regret to inform our members that the Pittsburgh Council is no longer able to sponsor any rock climbing activities for insurance reasons. Our liability insurance is provided through the National AYH organization. After lengthy discussions with National’s insurance carrier, we have been notified that a number of activities classified as “high risk” have been excluded from our coverage effective 1 April. While National was successful in negotiating the removal of several activities (such as ice-skating and cross country skiing) from the initial list of exclusions, they were ultimately unsuccessful in being able to have rock climbing covered. While we are disappointed with this exclusion, we have no choice but to stop sponsoring all rock climbing activities. Thank you to all of the volunteers who assisted in the organization and operation of the rock climbing activity over the years. It would not have been possible without you. Discussions are underway with other activities organizations that may be able to sponsor rock climbing activities. For more information, please contact Chuck Jones at charlzjonz@excite.com or (412)766-4036 or Annie Jones at (412) 303-1793. Please call before 10 o'clock at night. http://www.wpfi.org/

While it is unfortunate that we will no longer be able to sponsor rock climbing, we would like to remind both members and non-members of the great activities that we sponsor, and encourage everyone's continued participation.

Rambles For Winter/Spring 2009

July (Start at 9:30 A.M.)

- July 1      Wolf Creek and North Country Brewery in Slippery Rock-Martha Raak 412-802-7266
- July 8      Riverside Walk-Washington Blvd-Ed Divers 412-828-5154
- July 15     Frick Park-Point Breeze from Cultural Center-Albert Farhy 412-521-8226
- July 22     Bear Run or North Park-Earl McCabe 412-761-1844
- July 29     Townsend Park, Murrysville-Joan Roof 412-496-4925

August (Start at 9:30 A.M.)

- August 5   South Side Slopes-Bush Recreation Area-Marian Fast 412-241-2109
- August 12   Ed Divers-Riverside Walk: Sharpsburg to Millvale 412-828-5154
- August 19   Roaring Run Watershed, 1625 Washington Road, Apollo-Janet Hartz 412-889-7561
- August 26   West Penn Trail-Joan Roof 412-496-4925

September (10:00 am)

- Sept 2      Peters Lake-Peters Township-Washington County-Sue and Dan Sebolt 412-563-6987
- Sept 9      Monroeville Park-Marylyn Devlin 412-372-6113
- Sept 16     Art Walk in Garfield-Margaret Laske 412-421-5219
- Sept 23     Ann Rudd Saxman Nature Park-Greensburg-Lunch at Appleby's-Ed and Pat Appleby 724-834-5077
- Sept 30     Ed Divers will be leading a ramble in Squaw Run Park to river. Lunch at pavillion 412-828-5154

Rambles begin at 10:00 AM . Meet at the parking lot of Phipps Garden Center on Shady Avenue at the corner of 5th Avenue. Carpooling is encouraged. Please pay driver about .07/mile. Picnic lunch if weather permits, otherwise go to a restaurant. Call leader if you plan to meet at trailhead. For information call Mark Le Schack at 412-271-7950 or Coordinator Billie Woodland 412-886-1603, cell phone 412-889-7048.

Trip changes will aslo be noted at hipittsburgh.org



BICYCLING

IMPROMPTU BICYCLE RIDES EMAIL LIST

Our bicycle email list is up and running. We have been enjoying some good rides. The biggest need now is for people to announce rides.

If you would like to get on our bike email list our address is:  
letsbikenow-subscribe@yahoogroups.com

HELMETS ARE REQUIRED FOR THE PROTECTION OF ALL. YOU RIDE AT YOUR OWN RISK

Glenn Oster continues to ride and report on various trails across the USA. Visit his website at http://www.intellweb.com/trails/oster.htm

UPCOMING SLIDE SHOWS



HIKING/BACKPACKING/TRAILS

AMBLE HIKES ARE 4-6 MILES IN INTERESTING LOCATIONS AROUND PITTSBURGH. CONNIE BLACK HAS AGREED TO TAKE CALLS FROM THOSE WISHING TO LEAD AN AMBLE AS WELL AS THOSE WISHING TO GO ON AN AMBLE. CONNIE'S PHONE NUMBER IS 412-371-1062 AND HER EMAIL IS [ceblack@libcom.com](mailto:ceblack@libcom.com)

ALLEGHENY GROUP ~ SIERRA CLUB ~ OUTINGS ~ July 11 - October 17, 2009

- \* Suggested carpool fee: 7 cents/ passenger-mile + a share of tolls.
- \* All trips begin and end at the trailhead. Carpooling is your choice - not part of the trip.
- \* (Unless stated, car-miles are one-way from Monroeville.)
- \* For more up-to-date listings and revisions, visit <http://www.alleghenysc.org/>
- \* E-mail subscriptions are free. Contact Dianne Ciccarelli at [Dianne.ciccarelli@hotmail.com](mailto:Dianne.ciccarelli@hotmail.com)
- \* All participants on Sierra Club outings must sign a standard liability waiver form at the trailhead. If you wish to read it well before you are asked to sign the form at the trailhead, go to: <http://www.sierraclub.org/outings/chapter/forms/>, or contact the Outings Department at 415-977-5528 for a hardcopy.

**Sat. July 11** Ride your Bike with us on the West Penn Trail and learn some of the past history of the area. We will pass the Cone-maugh River Dam and go over four stone-arch bridges built for the railroad in the 19th Century. We will meet at 9:00 am at the gas station/convenience store at the end of the bridge as you enter Saltsburg along Rt.#286. You could also inquire about carpools from Monroeville to the Saltsburg trailhead (\$3.75 carpool - 26 miles) Wear your helmet and bring your lunch. We'll go about 20 miles. The faster riders can go ahead with Terry, while Diane will bring up the rear for the more leasurely riders. Call Diane Neely at 724-459-3012.

**Sat. July 18** Hike an 8-mile loop in North Park using mostly the bridal trails circling the park. We'll see the bathtub spring, eat lunch at the Latodami Nature Center, and try little-used trails in the "lost quarter" of North Park, and some newly re-opened trails through a marsh. This is a moderately-paced hike with frequent one-minute stops, not a race; we will stop to commune with Mother Nature when we see her. Plan to stay together as a group, no hikers left behind. Intermediate difficulty, relatively hilly, may be hot - bring 2 quarts of water. I don't expect to see very much mud unless we have a recent rain. We will meet at 9 AM in the parking area across Pierce Mill Road from the skating rink; call Jim Ritchie for further details at 412.576.0849.

**Sat. July 18** Visit Casparis Cave near Connellsville. Spend about 3 hours in the cave. Intermediate. \$7.50 carpool - 48 miles from Edgewood. Call Norm Snyder, 412-351-4068.

**Sun.July 19** Youghiogheny River Valley innertube-bike-hike. Cycle 9 miles from Connellsville to Johnson Run on the bike path along the Yough River. Then innertube 2.5 miles to near Camp Carmel. Then hike 2.5 easy miles on the Yough River Trail back to Johnson Run. Then bicycle 9 miles back to Connellsville. Great scenery, fun rapids, quiet pools, sandy beaches, clear water, bald eagles, hooded merganser ducks. If the weather is not hot and sunny the trip will be postponed until the following Sunday. (The Yough is a bit chilly.) \$6.50 carpool - 40 miles. Call Bruce Sundquist, 724-327-8737.

**Sun. July 26** Hike a moderate 8 miles in Laurel Hill State Park on a trail around the lake and through a grove of virgin hemlocks along Laurel Hill Creek. Visit an historic CCC camp built during the 1930s. \$9.25 carpool - 55 miles. Call John Dern, 412-856-4642.

**Sat. Aug. 1** Ride your bike with us for about 20 miles on the Ghost Town Trail starting in the small town of Black Lick. We'll meet at the McDonalds on Rt. 22 just past Blairsville at 9:00 am. You could also inquire about carpools from Monroeville. \$3.75 carpool - 26 miles from Monroeville. Bring your helmet, bike and lunch. Faster riders can go ahead with Terry, while Diane will bring up the rear for the more leasurely riders. Call Diane Neely at 724-459-3012.

**Sun. Aug. 2** Hike an intermediate, fast-paced, 7-8 miles in

McConnells Mill State Park in the cool, shady and scenic Slippery Rock Creek Gorge. \$4.50 carpool - 31 miles from Cranberry Mall. Call Judy or Don Ziegler, 412-826-0519

**Sun. Aug. 9** Hike about 7 miles above the Linn Run Area on Laurel Ridge south of US30. Start on Wolf Rocks Trail. Visit Spruce Flats Bog, Wolf Rocks, and a seldom-seen rock city. \$8.75 carpool - 59 miles. Call Don Stone, 412-441-2027

**Sat. Aug. 15** Visit Lemon Hole Cave on Chestnut Ridge. Spend about 3 hours in the cave. Intermediate. \$6.00 carpool - 42 miles from Edgewood. Call Norm Snyder, 412-351-4068.

**Sun. Aug. 16** Intermediate 8-mile hike, partly in Duff Park near Murrys ville. Part of the walk will be along Turtle Creek. The park has one of the best examples of a mixed mesophytic forest in this region - some trees are 200 years old. Then we hike in Pleasant Valley Park, a fairly new park, also near Murrys ville. \$0.75 carpool - 4 miles from Monroeville. Call John Dern, 412-856-4642.

**Sat. Aug. 22** Maintenance activities on Roaring Run Trails. Tasks will include brushing back and blazing trails, filling in wet spots. Meet at the County Line Road parking lot at 10:00 AM and finish about 3:00 PM. Participants must sign a document that will insure them and give them workers compensation if they are injured. Persons under 18 must be accompanied by a guardian and signed for by the guardian. Meeting times and places are subject to change, so check just before you go. \$8.00 carpool - 45 miles. Call Dave Mottorn, 724-327-7582.

**Sun. Aug. 23** Intermediate 8.5 mile loop hike in the Roaring Run Natural Area in Forbes State Forest on Laurel Ridge. The route includes the Roaring Run Trail along Roaring Run Creek with its 28 stream crossings. \$8.00 carpool - 45 miles. Call Donna Allen, 412-372-2993.

**Sat. Aug. 29** This 8-mile loop hike will explore Little Run Valley from the crest of Laurel Ridge down to the upper reaches of Indian Creek. We will follow Little Run through the valley and criss-cross back and forth between two parallel trails. We may see the PA Turnpike from a stealth location. This is a moderately-paced hike with frequent one-minute stops, not a race; we will stop to contemplate our location and exploration options and lament recent logging in the area. Plan to stay together as a group, no hikers left behind. Intermediate difficulty, may be lots of hills, pleasant temperatures, not too muddy unless there's a recent rain. There may be a couple of stream crossings - usually doable hopping rocks. We will meet at 9 AM at Gateway Middle School in Monroeville. Call Jim Ritchie for further details at 412.576.0849.

**Sun. Sept. 6** Try a moderately strenuous and somewhat exploratory loop hike in Quebec Run Wild Area, looking at areas not reached on the familiar developed trails, crossing the top end of the Mud Pike to reach White Tail Trail and Long Run Trail. \$11.00 carpool - 73 miles from Shadyside. Call Dick Pratt, 412-362-5567.

**Sun. Sept. 13** Hike an intermediate, fast-paced, 7-8 miles in Harrison Hills Regional Park. \$2.75 carpool - 19 miles from Har-marville. Call Judy or Don Ziegler, 412-826-0519.

**Sat. Sept. 19** Visit Lower Beaver Hole Cave in Cheat River Canyon. Spend about 3 hours in the cave. Intermediate. \$12.00 carpool - 80 miles from Edgewood. Call Norm Snyder, 412-351-4068.

**Sun. Sept. 20** Hike an intermediate 9 miles in Ohipyle State Park. The route will go through Ferncliff Natural Area, along Great Gorge Trail, Beech Trail, and Kentuck Trail. Also visit Cucumber Falls. \$10.50 carpool - 65 miles. Call John Dern, 412-856-4642.

**Sun. Oct. 11** Hike about 6 miles around the perimeter of Boyce Park near Monroeville and Plum Boro. \$0.25 carpool - 2 miles. Call John Dern, 412-856-4642.

**Sat. Oct. 17** Maintenance activities on Laural Mountain Trails.

(Continued on page 5)

*(Continued from page 4)*

Tasks will include brushing back and blazing trails, filling in wet spots, staining and reroofing the warming hut. Meet at the warming hut at 10:00 AM and finish about 3:00 PM. There will be a catered Fall picnic in the downhill ski lodge after the work session. Participants must sign a document that will insure them and give them workers compensation if they are injured. Persons under 18 must be accompanied by a guardian and signed for by the guardian. Meeting times and places are subject to change, so check just before you go. \$8.50 carpool - 57 miles. Call Dave Mottorn, 724-327-7582.

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NOTES: Ask the leader for names and phone numbers of trippers for you to arrange a car pool. Reserve at least 36 hours in advance. If you leave your phone number on the leader's answering machine, give it slowly and clearly. Notify leader to cancel your reservation. Bring lunch, rain gear, water, first-aid kit, small flashlight and extra clothes for changes in weather. If you have a cell phone, bring it along. Cell phones have saved the day on several trips when accidents have required evacuation of trippers. Sierra Clubbers planning to lead outings during 7/1/09 - 10/30/09 should contact Bruce Sundquist at 724-327-8737 or bsundquist1@windstream.net by 6/15/09.

NON-SIERRA CLUB TRIPS

Trips listed below are in no way connected with the Sierra Club. Sierra Club takes no responsibility, and makes no representations or warranties about the quality, safety, supervision or management of these trips. They are published here purely as a service to our members.



Other Outdoors Clubs

Butler Outdoors Club

BOC runs the same sorts of trips as Allegheny Group. Contact Dave Adams, 724-453-1685 DaveEAdams@aol.com or Bob Tait, 724-287-3382 BobTait@zbzoom.net or visit <http://www.butleroutdoorclub.com> Some trips by BOC and North Country Trails Assn. (NCTA) are listed below.

**WISSAHICKON NATURE CLUB:** If you enjoy nature lore, look into the meetings and field trips of Wissahickon Nature Club. They meet every other Thursday at 7 PM (except June-August) at Fern Hollow Nature Center, 1901 Glen Mitchell Road, Sewickley, PA 15143 (412)741-6136 <http://www.fernhollownaturecenter.org> Contact Chuck Tague, 412-488-8760 or 432 Olympia Road, Pittsburgh 15219

Botanical Society of Western Pennsylvania

BSWP offers field trips in spring, summer and fall to look at and learn about the enormous variety of plant life that western Pa. offers. Everyone is welcome on field trips; amateurs, professionals, non-members, and anyone who is curious about the natural world. Trips are often at a leisurely pace, but may require hiking and traveling through wet/muddy areas. For information, e-mail your address for sample newsletter and membership information to [mousemapper@verizon.net](mailto:mousemapper@verizon.net), or call Loree at 724-872-5232.

WPW (Western Pennsylvania Wheelmen) Bicycle Club

Home Page: <http://wpwbikeclub.org> Ride Hotline: 412-422-2234 Various length and difficulty rides scheduled each weekend and some during the week. Monthly meeting usually the 2nd Monday at 8pm at the Frick Environmental center on Beechwood Blvd in Squirrel Hill. See home page for details.

Moraine Sailing Club

MSC offers sailing opportunities for new and experienced sailors at Lake Arthur in Moraine State Park. They have an active education program for all ages, numerous sailing related social events, Day Sailing at Lake Arthur, and a very active sailboat racing program. For more information see the MSC Web Page at [www.morainesailingclub.org](http://www.morainesailingclub.org) or contact Chris Neuwirth 412-441-5590, email to: [cmn@andrew.cmu.edu](mailto:cmn@andrew.cmu.edu)

WESTERN PENNSYLVANIA FIELD INSTITUTE -- TRIPS

For information on WPFI events, contact Sean Brady [sbrady@wpfi.org](mailto:sbrady@wpfi.org) 412-255-0564 or visit <http://www.wpfi.org/> All events open to the public. Fridays, Noon-12:50 PM Nature Walks starting in Market Square, Downtown Pittsburgh, Cost: Free

Outside Adventure Learning of Western Pennsylvania

Outside Adventures 2002 Paddling Schedule  
Call 724-230-0237 or 412-968-0310 for information or to sign up for any event.  
[www.outsideadventures.org](http://www.outsideadventures.org) or [www.outsideadventures@Yahoo.com](mailto:www.outsideadventures@Yahoo.com)  
More outings continuously offered. Call for Updates: 724-230-0237 or 412-968-0310.  
Outside Adventures Sea-Kayaking Program "Sea-Kayaking Taught From Scratch"  
Outside Adventure Learning of Western Pa. is a non-profit educational organization committed to introducing individuals to safe and enjoyable recreational outdoor pursuits. The sea-kayaking program specializes in teaching all levels of sea-kayaking skills and organizing trips from our evening introductory classes for new paddlers up to advanced expedition tours. Outside Adventures welcomes participation from individuals, families, youth organizations and outings clubs. Sea-kayaks, or touring kayaks are versatile, fun, human-powered watercraft that enables us to do all these things and more. They are sleek and fast, more efficient than canoes, more comfortable and stable than whitewater kayaks, have hatches to swallow loads of gear, and steerable rudders that enable even beginners to control the boat with ease.



CANOEING

Activity Co-chairs: Paul Henry (724) 347-3282  
Brian McBane (724) 443-8972



SAILING

The AYH no longer owns its own sailboats or runs trips but Bob Zavos will help coordinate sailing interests with other area organizations. The Moraine Sailing Club (MSC) is the largest local sailing group. Most activities are on Lake Arthur in Moraine State Park which is about 35 miles North of Pittsburgh. They offer education, social events and run a youth summer sail camp. They also have a large racing program and sponsor a Community Sailing Program for people without their own sailboats. They help organize/publicize Cruising Trips, but do not officially sponsor them. More information is on their website at [www.morainesailingclub.org](http://www.morainesailingclub.org). Big boat sailors may want to check out the Erie Yacht Club: [www.erieyachtclub.org](http://www.erieyachtclub.org) or the Erie Bayfront Center for Marine studies: [www.goerie.com/bcms](http://www.goerie.com/bcms)

**Moraine Preservations Fund (MPF)**, is looking for volunteers to help with the 50 passenger pontoon boat which they run on Lake Arthur in the Summer. It is used for scientific hands-on field trips for students and summer and fall tours for the public. They are looking for people interested in becoming volunteer mates and captains. You will need to have a boater's safety class, which you may already have taken or is easily available locally. To be a mate you must be 16 and 18 to be a captain. The boat training is given by experienced MPF captains, and you will be tested and licensed by the Fish and Boat Commission. The times and amount of time you would volunteer is completely by your choice. Even limited help is appreciated. If you have questions or would like to sign up, please contact Ruth Roperti at 724 843 7046, or email: [missionmorain@zoominternet.net](mailto:missionmorain@zoominternet.net)

The 6<sup>th</sup> annual **Lake Arthur Regatta is scheduled for August 14 & 15**. This is one of the largest water and boating related activities in the area. Mark your calendars and look for more information later in the season on the MSC Website or the Butler County site: [www.visit-butler-county-pennsylvania-pa.com/](http://www.visit-butler-county-pennsylvania-pa.com/)

**Baker Trail and Rachel Carson Trail  
Trail Maintenance Opportunities for 2006**

The Pittsburgh Council, American Youth Hostels, conceived and built the Baker Trail in the late 1940's and dedicated the Trail in 1950. It was built by returning war veterans who envisioned a network of "youth hostels" along the Trail where the youth of the world could find safe, inexpensive shelter while touring rural America on foot. Today the Trail is 141 miles long and extends from Freeport, PA to the Allegheny National Forest, and traverses Cook Forest State Park, several State Game Lands, Kittanning State Forest, the Mahoning and Crooked Creek Army Corps of Engineers projects, and several local recreation facilities. All AYH members are asked to spend one day a year helping us maintain the Trail. The Baker Trail is 100% volunteer-supported. We use no Federal, State, or Local government funding. Right now the trail needs AYH members who would like to participate in trail crew maintenance activities. Please contact Steve Mentzer SGMentzer@TrueCommerce.com

**Adopt-a-Trail Volunteers needed.** We also need volunteers to become trail stewards who are willing to adopt a 3-5 mile long section of the Baker Trail. Trail stewards will be independently responsible to work on their section of the trail on their own schedule. Responsibilities include painting yellow blazes on the trail once a year, picking up debris and trash off the treadway, and trimming vegetation away from blazes. Optional skills include chain saw work, shelter repair (we have 10 overnight shelters on the trail that require yearly maintenance—adopt a shelter as your own personal project) and/or you can build bridges, sidehill supports, benches, and other trail amenities. Regardless of the level of your effort, you would be expected to walk your trail section twice a year, preferably once in the spring (April, May) and once in the fall (September, October). All expenses for supplies-paint, brushes, etc.-are reimbursed.

Pennsylvania State Parks  
Reservations & Information

Call Toll Free  
**1-888-PA-PARKS**

Reserve up to 11 months in advance  
Cabins - Pavilions - Camping

Mastercard      www.dcnr.state.pa.us      Visa

**Baker Trail/Rachel Carson Trail Resources**

**Rachel Carson Trail website:** [www.rachelcarsontrail.org](http://www.rachelcarsontrail.org); **this website has information about the Rachel Carson Trail, the Baker Trail, and the Rachel Carson Trail Challenge.**  
**Baker Trail website:** [www.geocities.com/bakertrailpa](http://www.geocities.com/bakertrailpa); **this website has some abbreviated information concerning the Baker Trail.**  
**Hostelling International website:** <http://trfn.clpgh.org/ayh/>; **general information about the BT/RCT sponsor organization.**  
**Keystone Trails Association:** <http://www.kta-hike.org/>; **has information about all Pennsylvania hiking trails**  
**“Guide to the Rachel Carson Trail”;** **this is a trail guide, with topographic maps, and some interpretive information about the 34-mile long trail, available from HI-Pittsburgh for under \$10, including postage and handling. Call 412-431-4910 to order.**  
**“Baker Trail Guide Book”;** **a trail guide with topographic maps, and interpretive information about the 141-mile long Baker Trail. Available from HI-Pittsburgh for under \$10, including postage and handling. Call 412-431-4910 to order.**

**\*\*\*\*\*HIKER ALERTS\*\*\*\*\*****Current hiker alerts for both the Rachel Carson Trail and the Baker Trail may be found at [www.rachelcarsontrail.com](http://www.rachelcarsontrail.com).**

**STUDENT TRAVEL**  
**AYH cards here!**

STA Travel  
sells  
American  
Youth Hostel  
membership  
cards.  
Get your's  
now!

118 Meyran Ave.  
(Oakland - between  
5th and Forbes)  
**(412) 683.1881**

**STA TRAVEL**  
**WE'VE BEEN THERE.**  
ONLINE » ON THE PHONE » ON CAMPUS » ON THE STREET