



Golden Triangle

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 49, NUMBER 8

OCTOBER 1999



Hostelling - International Pittsburgh PA



Now Open

A 50 bed full service hostel in a commercial bank building. Free parking, travel store, handicapped accessible!



Be Sure To Visit:

- Andy Warhol Museum
- Station Square
- Nearby Southside
- The Downtown Cultural District
- Riverfront Bike Trails
- Nearby Universities
- The Carnegie Science Center
- The Zoo & National Aviary
- Phipps Conservatory
- Historic Point State Park
- Three Rivers Stadium

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....And MORE!!!

ANNUAL MEETING

The Pittsburgh Council Annual Meeting and Elections will be held at 8:00 pm on October 21, 1999 at the Activities Headquarters at Fifth and Shady Avenues. The slate of candidates will be announced at the meeting and a brief report on the council and the Pittsburgh and Ohiopyle hostels will be provided. Please join us. All are welcome but only members can vote.

This notice serves as the official call to the annual meeting in accordance with the Pittsburgh Council Bylaws. The Activities Headquarters is located at Mellon Park in Pittsburgh at 6300 Fifth Avenue adjacent to the Pittsburgh Center for the Arts.

Maribeth Hook, President

NEW 1999 MEMBER DISCOUNTS

HI members with valid membership cards are eligible for the following discounts. Full details can be found in the FREE 1999 North American Hostel Handbook.

Alamo Car Rental: Various Discounts. Contact your travel agent or Alamo and request Rate Code BY and I.D. Number 19998.

Andy Warhol Museum: \$1.00 off admission. (THIS DISCOUNT WAS NOT PUBLISHED IN THE 1999 HANDBOOK DUE TO A PRINTING ERROR, BUT IS AVAILABLE.)

Danny K's Diner: 10% discount off final bill. Two blocks from hostel. 412-431-1267

Gray Line Trolley Tours of Pittsburgh: \$2.00 off admission price on our daily scheduled Pittsburgh tours, April through October. 412-741-2720

La Prima Espresso Co.: \$0.50 off any espresso drink. Two locations. 412-471-4590

Mattress Factory (A museum of contemporary art): \$1.00 off admission; 10% off merchandise in museum shop. 412-231-3169

Nature's Design Holistic Health: 15% discount on therapeutic touch, Reiki, foot or body massages. By appointment. 10% discount on all health care products. 412-854-5409

Phipps Conservatory and Botanical Gardens: 10% off admission to conservatory and gardens all year. 412-622-6914

Rachel Carson Homestead: Buy one admission, get one free. 724-274-5459

Thoreau, NM - A Production Company: \$1.00 off



The Area Code for the Ohiopyle Hostel is incorrect in the recently-published 1999 North American Hostel Handbook. The correct phone number for the Ohiopyle Hostel is: 724-329-4476

1999 North American Hostel Handbooks can be picked up at the Travel Center, the Pittsburgh International Hostel, and the Activities Headquarters. Copies are free when picked up in person.

HOSTELLING INTERNATIONAL

**PITTSBURGH COUNCIL-AYH
830 E. WARRINGTON AVE.
PITTSBURGH, PA 15210**

**Dated material- please deliver promptly
Change Service Requested**

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Pittsburgh Council, American Youth Hostels, Inc.

Serving Western Pennsylvania & West Virginia Panhandle
Since 1948, Incorporated 1955

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**PITTSBURGH COUNCIL
ACTIVITY CHAIRS**

Chairman of the Activities Committee
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Canoeing
Paul Henry 724-347-3282
Brian McBane..... 724-443-8972
Cross Country Skiing
Vacant
Cycling
Joan Roolf 351-2061
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Hiking/Backpacking
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Kayaking
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**HOSTELLING
INTERNATIONAL**

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NOTICE

Please note the deadlines for
future issues of the
GOLDEN TRIANGLE

November ISSUE
All copy, October 7
Binding/Mailing, October 21

If your work is on computer,
Please contact Joel Platt at
joelplat@wans.net

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 42 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 431-1267.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (formerly named International Youth Hostel Federation (IYHF), which coordinates more than 5,400 hostels worldwide- the largest network of accommodations in the world.



Submissions Policy: Golden Triangle

Classified Ads:

- Classified ads are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request must include full name, address, phone number and membership number of member. Members are not permitted to place ads for non-members.
- Free ads may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be;
On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- Submitted before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue.(See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- "Lack of planning on your part, does not constitute an emergency on my part"

Please note, the Golden Triangle frequency of publication for 1999.

Number 1 issue ->February / March: **Number 2** issue ->April: **Number 3** issue ->May:
Number 4 issue ->June: **Number 5** issue ->July: **Number 6** issue ->Aug.
Number 7 issue ->Sept: **Number 8** issue ->Oct: **Number 9** issue ->Nov:
and **Number 10** issue ->December

Editor...

UPCOMING SLIDE SHOWS

October 7: Shelley and Eric Nilson, "Suwannee Sojourn--Canoeing With The Alligators". River trip from Georgia to Florida.

October 14: Henry Hanson, "Public Footpaths Of England". Follow the village path in Lower Slaughter. Hike the South Downs path along the chalk hills of the Channel coast.

October 21: Annual meeting and elections. Also, cheese and cider party.

October 28: We show the 16 mm film "Edinburgh". Crown jewels of Scotland, bagpipe players, statues of Bobby, Edinburgh medical school.

November 4: Kevin Swendson, "Thirty Eight Miles In The Grand Canyon In February". See the snow. See Ribbon Falls, the South Kaibab and Bright Angel trails.

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 412-683-3131.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel

Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(724) 329-4476

HI-Pittsburgh Hostel

830 E. Warrington Ave.
Pittsburgh, PA 15210
(412) 431-1267

Living Waters AYH Hostel

RD #1 (1 mile west on Rte 30)
Schellsburgh, PA 15559
(814) 733-4212



Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

Mail regarding the Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
830 Warrington Ave.
Pittsburgh, PA 15210

Office: (412) 431-4910
or

HI-Pgh on the information super Highway. Point your browser to :
<http://trfn.clpgh.org/ayh/>
or you can email us at
ayh@trfn.clpgh.org



HOSTEL HAPPENINGS

SEEKING VOLUNTEERS!!!

For: Travel workshops / seminars

- Open house guides @ the hostel
- City tours, walking
- Booth @ travel fairs
- Work parties
- Shuttle to Fallingwater/ Ohiopyle

You can help make **HI** Pittsburgh a **HIP** place to visit for international visitors, US visitors and residents of ‘da burg, alike. Call or stop by during our open hours!! We are in need of creative, **POSITIVE** feedback and suggestions; we look forward to hearing your input.

Like to travel, but not sure where to go? Looking for inexpensive accomodation?

Stop by the hostel or the travel center for a free 1999 Traveller’s Resource Guide, which includes the topics: Hostelling in North America (the opportunities here @ home are absolutely endless); Making hostel reservations (in North America and overseas); Getting ready to **GO**; Planning your itinerary; Getting there; About your money and Packing!

Also available: 1999 **HOSTELLING**; passport to North America guidebooks, **USA** hostel map, and lots of other helpful information for free when you pick them up in person at the Pittsburgh International Hostel during open hours. We also have available for sale: Volume 1; European Hostel Guide and Volume 2; America’s, Africa, Asia and the Pacific Hostel Guide for \$10.95, each, plus tax. Members receive a 10% discount when you present your valid membership card @ the time of purchase.

Don’t go anywhere without your HI-AYH membership card!! The cost is \$25 for an adult, one-year membership, \$15 for a senior, one-year membership, \$250 for a life-time membership and **FREE** youth membership. Stop by the hostel to get your card *today!*

—You may also request a membership application sent to you via snail mail, by calling the travel center @ (412) 431-4910 or the hostel @ (412) 431-1267; when it is returned, we will get your membership kit to you ASAP.

FALL SCHEDULE:

October 17th @ 6:30 p.m. *POTLUCK / HARVEST DINNER* - Come enjoy the fruits of mankind’s labor; bring your favorite dish w/international flair. Hostellers will be invited to this function, so polish off your rusty, high school french, arabic, spanish, japanese, german.....

November 6th @ 2:00 p.m. *WORLD TRAVEL: 101 (basics)* - On this day, our organization tries to get as many of its different venues (nationally) as possible to present a workshop, offering the opportunity to experience budget travel anywhere, firsthand. Everyone needs to be assured that you don’t need an expense account in order to travel, in fact, with one you will often find *in the end* that you haven’t really travelled.

December 11th @ 2:00 p.m. *DOWN UNDER; on a budget, mate!* - Find out how you, too, can experience kangaroos, penguins, dingos and the outback.....**on a bud-get!!** Bring a friend; you’ll need one to get out of Woop Woop. If this intrigues you, then don’t miss it!

Feel absolutely free to call the hostel @ (412) 431-1267 with your suggestions for workshops/seminars that would be of interest to you; they will be considered, then watch future newsletters and flyers in hostelling digs for upcoming events.

AYH Sheet Sleeping Sack

DON’T LEAVE HOME WITHOUT ONE!

Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). The cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.

Rambles For Autumn - 1999

September	
September 29	North Side Heritage Trail from Carnegie Science Center to the Heinz Plant. Optional lunch in Heinz Cafeteria. Dick Fisher. 421-9235
October	
October 6	Moraine Park. Bag Lunch. Earl McCabe. 761-1844
October 13	Ramble along the Allegheny River between Arnold and Braeburn. Bag lunch. Patricia Rossi. 724-335-5067
October 20	Seldom Seen. Don Hoecker. 243-8298
October 27	Harrison Hills Park pond area. Bag lunch. Luc Berger. 683-3131
November	
November 3	Cemetery Lane ramble. Hills and spectacular views. Dick Fischer. 421-9215
November 10	Mystery Ramble. Margaret Laske. 421-5219
November 17	Riverview Park. Bag lunch (weather permitting). Earl McCabe. 761-1844
November 24	No ramble. HAPPY THANKSGIVING.
December	
December 1	Heidelberg. Bill Phoennik. 279-5411
December 8	Edgewood. Marilyn Ham. 687-4520
December 15	Downtown Pittsburgh. Enjoy the holiday decorations. Helen Brownhill. 279-3672
December 22	Allentown ramble. Bag lunch plus holiday goodies at the Hostel. John Hartman. 241-5031
December 29	No ramble. HAPPY HOLIDAYS
Fall rambles begin at 10:00 AM. Meet in Mellon Park, upper parking lot at Fifth and Shady Avenues. Carpooling is encouraged. For trips over 10 miles, please pay driver \$2.00.	

Call trip leader for more information, especially if you plan to meet us at the trail head.

REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 830 Warrington Ave., Pittsburgh PA 15210

Act Now to Save Hiking Trails

Dear Hiker,

Eighteen state forest trails and two National Scenic Trails in PA are in serious jeopardy. D.C.N.R. and the Bureau of Forestry are permitting horse and mountain bike use on these trails: Baker, Black Forest, Bucktail Path, Chuck Kieper, Donut Hole, Golden Eagle, Loyalsock, Mid-State, Old Loggers Path, Pinchot, Quehanna, Susquehannock, Thunder Swamp, Tuscarora, West Rim, and others. Volunteers have maintained these trails for more than 45 years as footpaths. We don't have to open all trails to every use. We must protect the last best places in the forests and restore the rest. To enforce proper trail usage we recommend "Positive Posting" to designate trail use: If your mode of travel is not listed on a sign, you can't use the trail. ALL TRAILS ARE NOT SUITABLE FOR ALL USES. Please write a personal letter to: John Oliver, Secretary, D.C.N.R., P.O.Box 8767, Harrisburg, PA 17105-8767 - ask for positive posting and hiker-only trails. Write for hiking trails! Thank you!

Ed Beck, President, Keystone Trail Association. For more information call 717-258-5261 or 412-469-2588.

Forwarded by Jerry Blum, member BOLD, AYH, Sierra Club, & KTA

AYH ACTIVITIES WITH BEN

The Pittsburgh AYH has a long tradition of eating out with good company. There is, of course, the great and glorious cuisine on activities outings. The best I have experienced was in the 1970s, a three day weekend turned out to be a backpack with at least five culinary stars vying to outdo each other. Superb creations on the Svea stove were topped by several outstanding deserts. I was duly humbled by my own inadequate efforts, so in an act of contrition I agreed to eat some of theirs. Actually it was pretty good. Actually it was real good.

Rumor has it that the biking crowd would rather go to restaurants. The popularity of our recent Mon Valley Century Ride was much enhanced by lunch . Lunch turned out to be a truck full of deli food (referred to by bikers as !FOOD!!!!) at a riverfront park manned by Maryann, Marybeth, Larry and assorted crew. It looked very good.

Another biker, Sally, decided in years past, to extend eating out to a regular culinary exploratory trip. As far as I know, Sally never met a good restaurant meal she did not like. She organized an outing activity to visit different restaurants in Pittsburgh and vicinity. This proved to be a very popular outing. Sally also started going out to eat after the Thursday meeting. For years Gullifty in Squirrel Hill turned out to be the popular meeting place on Thursday evenings. After Sally moved to Connecticut, the tradition continued on. Presently the focus has shifted to Eat and Park on Murray Ave, where a group of regulars and anyone who would like to come meet around 10 after the Mellon Park meeting. The informal atmosphere makes discussion of activities, discussion of the newsletter, bike rides, AYH scuttlebutt and plain social gathering a time honored tradition.

The sea kayak crew also has a monthly restaurant meeting. Locations are announced in the triangle. I have not yet been to one of their gatherings, but I presume it to be integral to the kayak trip scheduling. Meeting over food is so much better than meeting on E-MAIL.

The climbers have met for many years in the deep and murky recesses of the Evergreen bar. The climber culinary preference on Thursday is probably due to location;right across from the Evergreen on Penn Ave. is a climbing wall in an old warehouse. Very convenient and very down to earth.

And yes,climbing will burn off those calories of the Evergreen’s fries and beer.

Ben

OUTDOOR COOKBOOK FOR SALE BY LOCAL SCOUTS

Cadette/Senior Girl Scout Troop 83 have put together 400 recipes -- ideal for picnics, cookouts, camp and cabin meals. As avid outdoor enthusiasts who camp together three times a year, rappel, hike, and have completed outdoor survival training and high adventure programs, they've compiled favorite recipes from other scouts and campers across the US to created "A Taste of the Outdoors". This cookbook includes menu ideas from breakfast entrees to midnight snacks...and everything in between; and offers a variety of cooking methods -- foil, Dutch oven, campstove, box oven, campfire, grill, solar, etc. Most recipes can be adapted for cabin (indoor - with minimal equipment) cooking. Cost of the cookbook is \$12.50 and includes shipping and handing (in the US). You can visit their website at <http://members.aol.com/janed5/recipe/cookbook.htm> or send payment along with your name, address and phone number to: Troop 83, c/o Barb Koehler, 30 Center Ave., Pgh., PA 15202. Cookbook sales will be used to fund a 2001 trip to the Girl Scout World Center - Our Chalet in Switzerland.



SEA-KAYAKING

Activity Co-Chairs: Vickie Gotaski 412-344-4929
Fran Fleming 412.363.1221

Paddler's Dinners are held at various local restaurants on the second Tuesday of every month. Everyone is welcome.

Don't have a kayak? That's okay we have extras. Call your trip leader for details.

October 8-10, 1999 - Allegheny Reservoir - Intermediate
Fall foliage is in full swing, kayak camping.
Fran Fleming 412.363.1221

October 12, 1999 - Paddler's Dinner - Everyone's welcome
Pittsburgh Steak Co., South Side
Russ 412.331.2073

October 16, 1999 - Shawnee Lake - Everyone's Welcome
See the Fall foliage around this sparkling lake in Central PA
Russ 412.331.2073
Frank 412.362.1614

November 19, 1999 - Light Up Night Paddle - Everyone's Welcome
Deck the Point with bows of kayaks
Russ 412.331.2073

January 1, 2000 - Millenium Paddle - Everyone's Welcome
It's not too early to plan for our Y2Kayak
Russ 412.331.2073



CANOEING

Activity Co-chairs: Paul Henry (724) 347-3282
Brian McBane (724) 443-8972

- Oct. 8-11** Fri.-Mon. George Schnakenberg (412) 731-3046
New Jersey Pine Barrens. Enjoy the fall colors and winding small rivers of the Barrens from a base camp. This trip is very dependent on water levels, so is not guaranteed.
- Oct. 15-17** Fri.-Sun. Jon and Becky Maiman (412) 242-7179
Annual Autumn Leaf Trip. Class I Canoe/Camp, usually on the Allegheny. Cooler temperatures, falling leaves and a cozy campfire make for a great weekend.
- Oct. 16** Sat A.J. Stones 412-241-6042
One day Allegheny river trip 14-18 miles
- Oct. 16-17** Sat-Sun A.J. Stones 412-241-6042
Overnight Allegheny River canoe trip 38 miles
- Oct. 29-31** Fri.-Sun. Joyce Appel (724) 526-5407
Join Joyce for her annual Halloween Canoe Cruise, in costume, on the Allegheny. Day trips from a base camp, Saturday dinner out, followed by a haunted house or hayride. Prizes given for costumes and games. If you don’t have a costume, call Joyce, she has plenty!!!

With the shortage of rainfall throughout most of the summer, it has been a challenge to find different rivers to run. One of the favorites for practicing ferries and eddy turns is the beautiful Mahoning, northeast of Pittsburgh. Some legwork by Kate Fissell resulted in a four-hour release negotiated with the Army Corps of Engineers. We appreciate the cooperation of the Corps and the assistance of Bob Yue to allow the release on Saturday, July 24th. Trip leader Brian McBane had quite a few happy paddlers. Many thanks to Kate, Brian and especially to Mr. Yue for making the trip possible. If you missed it---remember it is your responsibility to call the trip leader and ask--- you may be pleasantly surprised!

One or two day Fall canoe trip down the Allegheny river
Date: Mid October A.J. Stones (412) 241-6042
** Not an AYH trip ***

Trip one: Day trip: Franklin to ?? Around 14-18 miles.
We will put in at Franklin and complete the first half of the two day trip. Those not completing the overnight trip will take out and be shuttled back to your cars
COST: Should be around \$ 30.00 for a two-person canoe rental.
EXPECTED WEATHER: Warm days and cool night.
GEAR: Bring food and change of clothing in a waterproof bag will need to bring rain gear.
REWARDS: Same as for the overnight trip.
WARNING: Same as overnight trip.

Trip two: Overnight trip: Franklin to Foxburg 38 miles.
We will put in at Franklin and stay overnight on an island or shore and take out at Foxburg. We will leave our cars at Foxburg and be shuttled to Franklin.
COST: \$ 60.00 rental for two-person canoe.
EXPECTED WEATHER: Warm days and cool night.
GEAR: You will need a tent, sleeping bags and food, there is room for coolers and Coleman stoves. Will need to bring rain gear.
WARNING: The water should be high enough to avoid bottoming out and there should be no real white water. However, the water will be cold and you should have a change of clothing (in a waterproof bag) in case of an upset. The nights may also be cold.
REWARDS: The leaves should be at or near their peak of color. Birds and wild life in the area should be abundant.



ROCK CLIMBING

Rock Out with AYH!

Rock climbing trips from Pittsburgh Council of American Youth Hostels
The AYH Rock Climbing program is a great way to experience the thrill of rock climbing. Our Beginner trips are focused on teaching "never evers" the basics of rock climbing. AYH supplies the climbing gear plus a group of experienced climbers to set up the climbs and teach the course. All you need to bring is a bag lunch, water, and a sunny disposition. Wear loose-fitting, comfortable clothes (shorts and T-shirts in the summer) and tennis shoes. It's not a bad idea to pack raingear in the event of a late-afternoon thunderstorm.

1999 AYH ROCK CLIMBING TRIPS

No trips currently planned, as everyone is gearing up for cross-country skiing. Call Chuck Jones at (412) 242-6172 to see if anything comes up.



BICYCLING

Touring Bike Rides

The bicycling program is up and running. On April 13th, 9 people met to set some goals and a schedule of rides. Our bicycling goals include:

- 1. Bicycle travel by people of all ages for fun and enjoyment.
- 2. A "see the world" focus, exploring new areas with a relaxed, non-competitive attitude.
- 3. A diversity of trips on trails and roads, including both day and overnights.
- 4. To educate people in effective cycling, safety and bike maintenance

October 2, Saturday Shenango Reservoir area. Jim Ritchie (412) 828-0210

October 3, Sunday SABRE 1999 - Join us for the 9th annual SABRE ride starting at Settler’s Cabin park at the Moccasin picnic grove. SABRE is a bicycle tour of the small rural, farming communities of southwestern Pennsylvania. Cycle SABRE and see western Pennsylvania’s orchards and fields filled with autumn’s red, orange, and yellow trees while October skies are still clear and a fresh breeze fills the air. SABRE is a fully supported ride offering three routes of 15, 35, and 65 miles for cyclists of all abilities. After your ride, join us for the famous SABRE picnic with hot apple cider! (Or cold cider if the weather isn’t!) Please see the REGISTRATION FORM on page 7 of this newsletter!

We also need your help to support this ride. If you are able to volunteer – even a couple of hours, please call Jack Rearick at (412) 793-5381 or Ben Brugmans (412) 361-3625. Thank You!!

October 8, 9 and 10th Wilderness Lodge Weekend See ———>

All bike riders MUST wear a helmet.

ATTENTION ALL BIKERS: WE NEED YOUR INPUT!

As part of the City's Regional parks Master Plan project, we're addressing the issue of bicycles- both off- and on-road - in Frick, Highland, Schenley and Riverview Parks. If you are interested in helping develop plans and policies for the future of bike use in our parks, please join us on WEDNESDAY, SEPTEMBER 15 7-9 P.M. 200 ROSS STREET, FIRST FLOOR PITTSBURGH CITY PLANNING If you have any questions please call 255-2473 or e-mail josette.fitzgibbons@city.pittsburgh.pa.us

Additional Area Bicycle Rides, courtesy George Schmidt

October 2-3 YOUGHTOBERFEST, Boston, PA. Festival featuring biking and hiking the Yough River Trail. Mon/Yough Trail Council. Regional Trail Corp. 724-872-5586.

TOUR DE GRAPE HARVEST

WILDERNESS LODGE

OCTOBER 8TH,9TH,AND 10TH

THIS YEAR IS A REPEAT OF A VERY SUCCESSFUL 1998 WILDERNESS LODGE BICYCLE TOURING TRIP. WE WILL RIDE AMONG THE GRAPE VINYARDS, APPLE ORCHARDS, BACK COUNTRY ROADS, STOPPING AT A LOCAL WINERY OR TWO. OTHER LOCAL RIDES CAN BE DONE ON SUNDAY. LAST YEAR THE RIDE AROUND FINDLEY LAKE WAS IDEAL. COMBINE ALL OF THIS WITH OCTOBER'S BRIGHT BLUE WEATHER AND BRIGHT COLORS AND YOU HAVE A PERFECT BICYCLE TOURING WEEKEND. A MOUNTAIN BIKE OR HYBRID ARE REQUIRED PLUS A HELMET.

A SATURDAY EVENING MEAL AT WILDERNESS LODGE(A FAVORITE WITH EVERYONE) WILL BE POSSIBLE IF ENOUGH PEOPLE SIGN UP. GAMES AND A SING-ALONG WILL FOLLOW DINNER OR POSSIBLY A STAR-GAZING WALK.

COST IS: \$45 PER PERSON (\$55 NON MEMBERS) IN DORM STYLE ROOMS (3-6) \$120 PER ROOM(\$140 NON-MEMBERS FOR PRIVATE DOUBLE ROOMS SATURDAYS DINNER AND BREAKFASTS ARE EXTRA BRING YOUR OWN LUNCH OR EAT WITH THE GROUP IN A LOCAL RESTAURANT

RESERVE EARLY- SPACE IS LIMITED SEND A CHECK FOR THE FULL AMOUNT PAYABLE TO PITTSBURGH AYH. NO REFUNDS AFTER SEPTEMBER 15TH UNLESS A REPLACEMENT FOR YOU IS FOUND.

SEND PAYMENT AND REGISTRATION FORM TO:

AMERICAN YOUTH HOSTELS
TOUR DE GRAPE HARVEST
830 WARRINGTON AVE.
PITTSBURGH , PA. 15210

FOR INFORMATION CALL JOAN ROOLF AT (412) 351-2061

TOUR DE GRAPE HARVEST BICYCLE TOUR
WILDERNESS LODGE
OCTOBER 8-9-10

NAME:_____ AYH PASS # _____

ADDRESS:_____

TELEPHONE:_____

ENCLOSED IS A CHECK FOR \$_____

- _____ I AM DRIVING AND CAN TAKE_____ PASSENGERS.
- _____ I NEED HELP FINDING A RIDE.(WE WILL TRY)
- _____ I WILL DRIVE AND MEET THE GROUP AT WILDERNESS LODGE.

LIABILITY WAIVER

In consideration of your acceptance of my application for participation in the cycling weekend at Wilderness Lodge, I, the undersigned, for myself and my heirs, executors, administrators, and assigns, waive and release any and all claims for damages for death, personal injury or loss of property I may have or which may accrue to me as a result of my participation. I the undersigned, discharge and release the Pittsburgh Council, American Youth Hostels, Inc., Wilderness Lodge, their activity leaders, and their respective agents, boards, comissions and any other involved employees, representatives, and volunteers from all liability arising out of, or connected in any way with my participation, whether or not caused by the negligence of any of the above parties.

I acknowledge that there are inherent risks and dangers which may arise at any time during the weekend. My participation is voluntary and is done at my own risk. I voluntarily assume all risks of loss, damage, or injury that may be sustained while participating. I attest that I am physically fit and sufficiently trained for participation in this event. I understand and agree that medical or other services rendered to me by or at the insistence of any of the above parties is not an admission of liability to provide or to continue to provide any such services and is not a waiver of any of the said parties ofany right hereunder.

SIGNATURE:_____ DATE:_____



HIKING/BACKPACKING/TRAILS

October 17 Sunday Jim Ritchie 828-0210
Baker Trail Hike, Keystone section, Indiana County. This hike is approximately 10 miles long and will be an in-and-out hike on a Christmas tree plantation and in the shadow of the Pennsylvania Power Company's Keystone Power Generating Station near Shelocta, PA. There may be a "bushwack" option. We also will visit the Idaho Shelter for backpackers, renovated this spring by Boy Scout Troop #91. Dinner at King's upon returning to Harmarville is an option. This hike will be for experienced hikers who are accustomed to hiking 10 miles; it is not a beginner's hike. Rated intermediate or higher. Call Jim for more information and reservations.

October 24 Sunday Tom Kaveney 276-8044
Laurel Ridge Hiking Trail, from Laurel Ridge State Park to Seven Springs. 8 miles. Meet at H.Q. in Mellon Park at 8 AM.

November 7 Sunday Jim Ritchie 828-0210
Baker Trail Hike, Mahoning Section. This is another 10-mile hike on the Baker Trail, this time north of Dayton in the Mahoning Reservoir area. Start at Smicksburg Road and hike to the Mahoning Dam, going past the Jantz (Mahoning) Shelter for backpackers. Also, see the Milton Loop Campground, the village of Milton, and the Mahoning Dam. Dinner at Stockdale's in Dayton at your option. This is definitely a hike for those who love to walk; it is not a beginner's hike. Rated intermediate or higher. Call Jim for more information and reservations.

December 5 Sunday Jim Ritchie 828-0210
Baker Trail Hike, Red Bank Creek Section. The fourth and final 1999 ten-mile hike on the Baker Trail, starting near Tar Kiln Run, going to Red Bank Creek, Heathville, and finally Summerville. Meet Amos Duck, visit the Summerville Shelter for backpackers and, at your option, eat dinner at the Kountry Kitchen in Summerville. This hike will be for experienced hikers who are accustomed to hiking 10 miles. It is not a beginner's hike. Rated intermediate or higher. Call Jim for more information and reservations. ♦

Year 2000 Sat/Sun Jim Ritchie 828-0210
Baker Trail Hiking Continues: Corsica/Mill Creek Section; Fisher-Sigel Section; Cook Forest Section; Allegheny National Forest Section. Be sure to watch the Golden Triangle beginning next March when we continue hiking the Baker Trail. Each hike will be approximately 10 miles and will include mostly off-road wooded terrain. As we go further and further north, we will have dinner options at the end of the day. Eat hearty country cooking in legendary venues such as the Vowinkle Inn, Cook Forest Inn, Bucktail Inn, and others.

Hiking Trips by A.J. Stones 412-241-6042
Hiking trips will leave from Jaden's Restaurant Rt. 22 East Monroeville at 8:30 AM

Please if you are going to leave a car at the restaurant park closest to Elliott Rd. Sept. 26th. Cohemagh River Reservoir hike. 2-3 miles

October 3. Sunday Baughman Rock trail hike. 4.2 miles

October 10. Sunday Grove Run Trail hike. 4.2 miles

October 24. Sunday Slippery Rock Trail hike. 6.1 miles

November 6-7. Saturday-Sunday Overnight Backpacking on Laurel Highland Trail 12 miles Seven Springs to Linn run.

Big Baker Trail Story in November *Golden Triangle*

Be sure to read the November 1999 issue of the AYH *Golden Triangle* so you can read about the extraordinary effort of two wannabe Eagle Scouts (working for the Eagle Badge) from Brookville, PA who financed, designed, manufactured and assembled two (!!-count 'em, two) brand new backpacker shelters on the Baker Trail over the spring of '99, one for Corsica, and the other for North Freedom (Langville). The North Freedom Shelter is open and ready for business. The story is a great story of initiative on the part of the scouts, Jimmy and Mike Walter, guidance and direction from their Mother and Dad, Maxine and Ron, scoutmaster Joe Wolfe of Troop 67, Brookville, and friend, Dave Galbraith, a long-time supporter of the Baker Trail. This article was going to run in September, then in October; we are waiting for some photographs of the new shelters and the new Eagle Scouts.

RACHEL CARSON TRAIL
HIKER ALERT!!!
August 22, 1999

At the request of the landowner, a half-mile section of the Rachel Carson Trail in Frazer Township has been closed to hikers. Going north for a little less than two miles on the Trail from the junction of Pittsburgh Street (sometimes referred to as Freeport Rd.) and Riddle Run Road (sometimes referred to as Springdale Hollow Road) in Springdale, you will encounter a double plastic blaze on a telephone pole with no blazes in view beyond that point. The Trail is closed at the double-blazed pole. Blazes beyond that point have been blacked out.

Going southbound, after passing the radio transmission tower just beyond (south of) Murray Hill Estates, the Trail turns right, into the woods, crosses a narrow, open, power line right-of-way, parallels a small creek to the left, and then traverses a small hillside below a trailer court. About halfway across the traversed hillside, the blazing ends, with subsequent blazes being blacked out. The Trail has been closed at the point you encounter the blacked-out blazing.

If you have the Rachel Carson Trail Guide topographic map set, you may reference Map #3: the Trail has been closed from point "T" to point "R".

Trail maintenance volunteers will begin scouting for a new route through this area; when established, that route will be publicized in the *Golden Triangle*, the AYH Newsletter, as well as other media.

“Switchbacks are for Wimps”

Read Mike Schiller's spine-tingling first person account of his experiences in the 1999 Rachel Carson Trail Challenge in the November *Golden Triangle*. Learn the answers to all of life's important questions. “Did Rachel ever hike this trail?” “Do gourmet foods have their place in an endurance event?” “Can a grown man find love on the Rachel Carson Trail?” “Were the builders of the Rachel Carson Trail sadistic, misanthropic creatures from another planet?” and the related question “Don't they have switchbacks on Mars?” Tune in next month when Mike addresses all these important questions and more.

Preview New Rachel Carson/Baker Trail Website

You are invited to preview, at a very early stage, the new Rachel Carson Trail/Baker Trail website at <http://members.xoom.com/rachelbaker/> The site is currently under construction and will be changing rapidly over the next several months. We are interested in your feedback, either by email or by telephone: What do you think of the information presented? What else would you like to see on the site? Let us know what your information needs are and we will try to include those on the site if possible.

HELP US MAINTAIN THE BAKER TRAIL

Do you have an interest in hiking and hiking trails? Could you help us take care of the Baker Trail doing a one-time trail maintenance project??? If you love hiking and the outdoors and you can assume responsibility for blazing a section of the Baker Trail on your own time, please give me a call. I will provide a brief training session and turn you loose on your own project. AYH will provide or reimburse you for paint and brushes. This year, our greatest need is for volunteers who will blaze along several miles of country roads in Armstrong, Indiana, Jefferson, and Clarion counties. Reply to Jim Ritchie, (412) 828-0210, or send email to jlr@budget.ba.pitt.edu

SABRE 1999 Bicycle Tour

(Southwestern Autumn Breeze)

Sunday, October 3rd 1999

SABRE 1999 is a bicycle tour of southwestern Pennsylvania, and the small rural and farming communities of southwestern Allegheny County and Washington County.

Cycle SABRE and see western Pennsylvania's orchards and fields filled with autumn's red, orange, and yellow trees while October skies are still clear and a fresh breeze fills the air. SABRE consists of three routes for cyclists of all abilities:

- A challenging 65 mile metric century
- A shorter but rolling 35 mile route
- The gentle (but not flat) 15 mile ride

Join nearly 1,000 other cyclists for the 9th annual SABRE!

Start SABRE 1999 starts and finishes in Settler's Cabin Park at the Moccasin picnic grove. Settler's Cabin is an Allegheny County Park between Pittsburgh and the Pittsburgh Airport just off the Parkway west at the Campbells Run Road exit.

Pickup your registration packet before starting your ride. Registration opens at 7:30 am. There is no mass start, so you can feel free to start your ride as soon as you register.

The following start times are recommended so you will not be to late (or early!) for any of the rest stops.

65 mile ride: 8:30 am
35 mile ride: 9:30 am
15 mile ride: 10:30 am

Food (and cider!) Unlike so many other rides, you don't have to just finish the tour and go home. We will be waiting for you with the famous SABRE picnic at the Moccasin grove. If the breeze is chilly, we'll be sure to have something to warm you up.

Rest Stops SABRE 1999 has 2 rest stops: The 35 mile has a rest stop at Cecil Township Park. The 65 mile ride has one in Burgettstown, and a second also at Cecil Township Park. Both rest stops will have drinks and snacks - but save room for the picnic at the end of the ride!

Support A sag wagon will pick up those who can not finish due to bike problems or fatigue. However you and your bike are expected to be in good shape for the ride...and please carry a spare tube!

Register Now! Pre-registration is highly recommended and costs only \$12.00 when postmarked by September 18, 1999. It is \$17.00 thereafter and on the day of the ride. (Please note that T-shirts are not included in the registration fee.)

T-Shirts SABRE 1999 T-Shirts can be ordered with your registration for \$8.00. Only riders who pay for a T-shirt with their registration by September 18th will be guaranteed to receive a SABRE 1999 shirt on the day of the ride.

Helmets All cyclists are required to wear an approved bicycle helmet to participate in this ride. Look for helmets meeting ANSI Z.90 or Snell B90 standards.

Traffic The roads along the route will be open to traffic. SABRE riders will be expected to obey traffic regulations. The route will be well marked with signs and road marshalls at key intersections.

Sponsor and Proceeds SABRE 1999 is sponsored by Hostelling International Pittsburgh (Pittsburgh Council, American Youth Hostels) and is the sister tour of the Mon Valley Century in August. Proceeds from SABRE 1999 help support the Pittsburgh International Hostel in the Allentown section of Pittsburgh, and the hostel in Ohiopyle.

A portion of SABRE 1999's proceeds will also benefit the MonTour Trail Council, who support and maintain the MonTour trail.

Contacts AYH Office: 412-431-4910 AYH FAX: 412-431-2625 E-Mail: ayh@trfn.clpgh.org

World Wide Web Interested in more information about the Pittsburgh AYH and Hostelling? Check out our web pages at <http://trfn.clpgh.org/ayh/> or the SABRE ride page at <http://trfn.clpgh.org/ayh/sabre.html>

Directions From Pittsburgh and the east, take I-279 West (the "Parkway West") to the Campbells Run Road Exit. At the end of the exit ramp, turn left, and within 50 feet turn left again and look for the signs pointing to Settlers Cabin Park.

From the west, follow Route 60 East from the cloverleaf with Route 22/30, pass Robinson Town Center, take the first right to Campbells Run Road, and continue until you reach the right turn at Bishop's and look for the signs pointing to Settlers Cabin Park.

From both directions, continue under the parkway, turn right up the hill, and take the first right onto Ridge Road, which leads into the park.

Parking Free parking will be available at the Wave Pool. It is just a short bike ride from the Wave Pool parking lot to the Moccasin picnic grove. (Follow the SABRE 1999 signs to the grove).

SABRE 1999 Waiver

In consideration of your acceptance of my application for entry in the SABRE Bicycle Tour, I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property I may have, or which may accrue to me as a result of my participation in the SABRE Bicycle Tour.

I, the undersigned, discharge, and release the promoters, the sponsors, Hostelling International, Pittsburgh Council, American Youth Hostels, Inc. and their respective agents, boards, commissions and any other involved municipalities, and employees and representatives of the foregoing from all liability, arising out of or connected in any way with my participation in this event, whether or not caused by the negligence of any of the above parties.

I acknowledge that the SABRE Bicycle Tour involves riding on public roads which are not closed to other traffic and which may have other hazards including hills, potholes, loose gravel, and sewer grates. My participation is voluntary and is done at my own risk. I voluntarily assume all risks of loss, damage or injury that may be sustained while participating in this event. I attest that I am physically fit and sufficiently trained for the completion of this event. I hereby consent to and permit emergency treatment in the event of injury or illness while participating in the event. I understand and agree that medical or other services rendered to me by, or the insistence of any of the above parties is not an admission of liability to provide or to continue to provide any such services, and is not a waiver by any of said parties of any right hereunder.

I understand that serious accidents occasionally occur during bike rides and that participants in bike rides occasionally sustain mortal or serious injury as a consequence thereof. Nevertheless, I agree to assume these risks and to release and indemnify and hold harmless all the persons mentioned above who might otherwise be liable to me (or my heirs or assigns) for damages of whatever kind or nature. I attest that the bicycle and equipment I will use in the SABRE Bicycle Tour are in good mechanical condition. I agree to wear a helmet meeting either the ANSI Z90.4 standard or Snell Memorial Foundation 1984 standard while riding in this event. I agree to abide by the rules of the event as established by the promoting organization and to obey the directions of the officials.

I hereby grant full permission to Pittsburgh Council, American Youth Hostels and/or its agents to use photographs, videotapes, motion pictures, or any other record of this event, including my name, likeness and/or voice for any legitimate purpose.

I have read and understand everything written above and voluntarily sign this agreement.

Signature of Participant

Date

Signature of Parent / Guardian
(If registrant is under 18)

Date

SABRE 1999 Registration Form

One Rider per form, please. Copies accepted (be sure to include the release form on the back). Please write legibly.

Name: _____ Address: _____

City/State/Zip: _____ Phone: _____ Age: _____ Emergency Phone for Ride Day: _____

I plan to ride (check one): ☐ 65 ☐ 35 ☐ 15 miles T-Shirt size (if ordered): ☐ S ☐ M ☐ L ☐ XL

Registration Fees

\$12 by 9/18, \$17 after 9/18 \$ _____

T-Shirt (\$8): \$ _____

Donation for Hostel: \$ _____

Total: \$ _____

Payment:

☐ Check made payable to "Pittsburgh AYH"

☐ Visa ☐ Mastercard ☐ Discover/Novus

Card # _____ Exp Date: _____

Signature: _____

Mail to: AYH - SABRE 1999 830 E. Warrington Avenue Pittsburgh, PA 15210-1595

HI-AYH Membership & Travel Store Application

HI-AYH Memberships (No Tax on Memberships)

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass. Provides access to 6,000 Hostelling International hostels around the world. Includes **free** handbook of North American hostels upon request (see below) and 12 month subscription to Pittsburgh Council newsletter.

Adult (18-54)	\$25.00
Adult Renewal	\$25.00
Youth (17 and under).....	FREE
Senior (over 54).....	\$15.00
Family	DISCONTINUED
Family Renewal	DISCONTINUED
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Non-Profit Org. (Request application).....	FREE

Student/Teacher ID Cards

Student ID Card (1999)	\$20.00
Teacher ID Card (1999)	\$20.00

Universal student ID issued by CIBE. Good for worldwide student discounts. Send 1-1/8x 1-3/8 photo, name of your country of citizenship and proof that you are a student. Or ask for free brochure.

Travel Books (10% discount for members)

International Hostel Handbooks A complete listing of the Hostelling International Youth Hostels with descriptions, prices, addresses and phone numbers.

Volume I Europe and the Mediterranean.....	\$10.95
Volume II Asia, Africa, Americas, Pacific	\$10.95

Let's Go (The famous series of books for the budget traveler-published by Harvard Student Agencies)

Let's Go Europe	\$21.99 (members ... \$19.79)
Let's Go USA	\$22.99 (members ... \$20.69)
Let's Go Britain and Ireland	\$17.99 (members ... \$16.19)
Let's Go Germany	\$17.99 (members ... \$16.19)
Let's Go France	\$18.99 (members ... \$17.09)
Let's Go Italy	\$18.99 (members ... \$17.09)

Lonely Planet (An alternative to the Let's Go Books. Highly Recommended.)

Western Europe on a Shoestring	\$24.95 (members ... \$22.50)
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Central Europe on a Shoestring	\$18.95 (members ... \$17.00)
Eastern Europe on a Shoestring	\$21.95 (members .. \$19.75)
Western Europe on a Shoestring	\$24.95 (members ... \$22.50)
Australia Travel Survival Kit	\$24.95 (members ... \$22.50)
France Travel Survival Kit	\$21.95 (members ... \$19.75)
Ireland Travel Survival Kit	\$19.95 (members ... \$17.95)

Travel Accessories

Sheets Sacks Used in place of sheets at youth hostels	
Cotton Sheet Sack Comfortable cotton blend.....	\$14.99 (members ... \$13.50)
Nylon Sheet Sack Lightweight Nylon	\$13.49 (members ... \$12.25)
Advance Booking Postcards Set of 10	\$1.00
Hostel Stamp Book Use to record your hostel visits	\$0.50

Eurail Passes / Europass / Britrail Passes

The economic solution to rail travel in Europe. Eurail passes are valid throughout all Europe except Britain. For Britain, buy Britrail or BritFrance passes. Available only in the U.S. The more popular passes are described below. Ask for a free brochure on other Eurail and Single Country passes.

Credit Cards accepted. Youth is defined as under 26 years of age.

Eurail Pass 1 month unlimited (youth)	\$623.00
Eurail Flexipass 10 days first class travel in 2 months	\$654.00
Eurail Flexipass 10 days travel in 2 months (youth).....	\$444.00
Eurail Flexipass 15 days travel in 2 months (youth).....	\$599.00
Eurail Flexipass 15 days first class travel in 2 months	\$862.00
Eurail Saverpass 15 days travel with 2 or 3 friends (per person)	\$732.00
BritRail Flexipass 8 travel days in 2 months (youth).....	\$240.00
BritRail Flexipass 8 travel days in 2 months (adult 1st class)	\$510.00
All Other Passes available	CALL

Outdoor Recreation Books

Allegheny National Forest Hiking Guide describes more than 240 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 186 pages, 25 maps. Fourth Edition (1999) \$9.95

AYH Outdoor Food Book contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and illustrations. 1st Edition (1981) \$3.00

Baker Trail Guide describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH.

(updated 1994) \$5.00

Canoeing Guide to Western Pennsylvania and Northern West Virginia contains information on 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991)\$13.95

Fifty Hikes in Western Pennsylvania by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. Fifty Hikes contains lots of interesting background material on the history and geology of each area.

206 pages , 60 pages of maps, 48 photos. 2nd Edition (1992).....\$14.95

Hikers Guide to Laurel Highlands Trail describes the 70 miles of the trail from Ohiopyle park to Conemaugh Gorge atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages , 24 pages of maps.

New 5th Edition (1997)..... \$5.00

Monongahela National Forest Hiking Guide describes more than 160 Forest Service trails in 1,350 square miles of the Mon National Forest - one of the best areas for hiking, backpacking and ski touring in this part of the country. Published by the West Virginia Conservancy. 320 pages , 60 maps , 39 photos. 6th Edition (1993) \$12.95

Pennsylvania Hiking Trails describes more than 290 trails and hiking areas throughout Pennsylvania. Published by Keystone Trails Association.

224 - pages , 94 maps. 12th edition (1998).....\$14.95

Rachel Carson Trail Guide describes the Rachel Carson trail from North Park to Freeport in Allegheny County. Published by AYH. (1998)\$7.00

Fifty Hikes in Central Pennsylvania by Tom Thwaites. Another excellent book in the Fifty Hikes series covering day hikes and backpacking in the heart of Pennsylvania. Includes the Tuscarora Ridge, Alan Seeger, and John P. Saylor Trails as well as other favorites.

Third Edition..... \$14.95

Canoeing and Kayaking Ohio's Streams - An access guide for paddlers and anglers. Maps, hazards, portages, shuttles, history and game fish information for 45 Ohio Rivers.

194 pages. (1994) \$17.00

Appalachian Trail in Pennsylvania, Ninth Edition (1994). A revised edition of the official guide to the 232 miles of the AT in Pennsylvania.

200 pages, pack size (4.5 x 6.5 inches) \$7.00

Appalachian Trail Maps (PA). Set of 12 monochrome topo maps covering the AT in Pennsylvania. Published by the KTA. Maps and elevations on six sheets of Polyart. (1994) ... \$7.00

NEW: Pennsylvania's Rail-Trails Guide New bike-bag sized guide to the state's rail-trails by the Rails-to-Trails Conservancy. Two page introduction to each section of trail with maps and descriptions 4th edition..... \$12.95

Free Wheeling Easy (2nd Edition) guide to rail-trails and other bicycling, walking, and jogging paths in western Pennsylvania and nearby Maryland. 100 pages of text and maps\$9.95

How to St in the Woods** is an amusing but informative answer to an age-old question. Valuable for trippers, trip leaders, and the curious. Paperback. 78 pages (2nd ed.1995) \$6.95

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Pittsburgh Council, AYH
830 E Warrington Ave, Pittsburgh 15210
Or Call (412) 431-4910 For an Agency Near You!

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Include 10% for postage (\$1.50 minimum). Pennsylvania residents must also **include 7% sales tax**. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. **Discover, MasterCard, and Visa accepted.** Please allow **two weeks** for delivery of mail orders. Priority or Overnight shipping is available; call for information

Mail to: AYH
830 E Warrington Avenue
Pittsburgh, PA 15210



Name: _____
Address: _____

Phone: _____
(day) (eve)

Birthdate: _____ **Sex (M/F):** _____

For hostellers: I need my hostel pass by:

☐ I need a free copy of the North American Hostel Directory

☐ MasterCard ☐ Visa ☐ Discover ☐

Credit Card Number _____ **Expiration Date** _____

Signature _____ **Date** _____

Credit Card Orders may be faxed to 412-431-2625 for faster service

Qty	Merchandise	Unit Price	Total Price
	Merchandise	Subtotal	
	Merchandise	Postage	
	Merchandise	Tax	
	Donation to	AYH	
Qty	AYH Membership	Unit Price	
	(Type:)		
	Eurail Passes		
		Total	

AYH Weekly Open House

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts.

A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

Council Office and Travel Store

The Pittsburgh Council Travel Store is open Mon. 10 to 4, Wed. 11 to 6 and Fri. from 10 to 4. Hours are subject to change, so it's a good idea to call the office at 412-431-4910 before coming in. We're in the Pittsburgh Hostel at 830 E Warrington Avenue in Allentown. All passes, ID cards, rail passes, and books are available.