

# Golden Triangle

# **American Youth Hostels, Pittsburgh Council**

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 51, NUMBER 4 JUNE 2001



### Hostelling -International Pittsburgh PA



A 50 bed full service hostel in a commercial bank building. Free parking, travel store, handicapped accessible!



#### Be Sure To Visit:

- Andy Warhol Museum
- Station Square
   Nearby Southsid
- Nearby SouthsideThe Downtown Cultural District
- Riverfront Bike Trails
- Nearby Universities
- The Carnegie Science Center
  The Zoo & National Aviary
- Phipps Conservatory
- Historic Point State Park
- Three Rivers Stadium

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....And MORE!!!

# AYH ACTIVITIES WITH BEN

Our newsletter, The Golden Triangle, will be reformatted to meet the budget reduction voted in effect by the AYH board of directors. Our new proposed format will be published in full length for June, July and then again in October.

Fortunately, most of our activities are listed for several months during the busy summer outdoor season. For specifics, you can call the chair person or outing leaders listed as trip leaders. For our Sunday hikes at 10:00 AM- the Ambles-, expect intermittant trips as trip leaders too are out over the summer on vacation, or out enjoying water sports.

If you would like to get on Bens short list for Sunday hikes only (BSLFSHO), call Ben at 412-361-3623, and leave name, tel. no, and address. I will do monthly updates for Ambles at my own expense. Or E-mail bbrugmans@aol.com, or come to the Thursday nite meetings, 8.00 PM at Mellon Park.

On the subject of finances, all other non-profis publish an annual condensed budget for all members to see. I would challenge our president Kyra and our treasurer Jeff to present us with a brief version of our annual budget to be published in Novembers Golden Triangle.

As has been said repeatedly at the board of directors meetings, we are all AYH members, and we would all hope for an open, public, member oriented organization, as benefits a Pennsylvania incorperated, non-profit organization. Our affiliation with the National AYH is a source of pride, as befits an organization which has acted independently and with local decision making authaurity for over 50 years in Pittsburgh, and has given many local members a chance to participate in national and international affiliated hostels, while maintaining a proud, independent and successfull representation of Western Pennsylvania.

Ben

VOLUNTEERS NEEDED FOR CHALLENGE DAY Rachel Carson Trail Challenge June 23, 2001

We need a dozen or so volunteers to help us staff the Checkpoints on the Rachel Carson Trail on Saturday June 23, 2001. Checkpoint volunteers will assist hikers by "checking them in" when they reach the checkpoint, making sure each hiker gets water, snacks, and any assistance they may require. There will be a team of volunteers at each checkpoint. If you have first aid training or a tarp you can erect to block the sun, those are a plus. Each volunteer will receive a Rachel Carson Trail Challenge "Trail Marshal" t-shirt. If you're interested, email

rctchallenge@yahoo.com or call Leo Stember at (412) 681-1385 or Steve Mentzer at (412) 512-4544.

Use Your Membership Card to receive Discounts at these Locations in 2001:

**Andy Warhol Museum:** \$1 off admission when you show your HI card. Not valid with any other discounts.

Bar 11-50 cents off Well drinks, 50 cents off Domestic Bottles: 1101 Bradish Street (Southside), 15203 Tel: (412) 381-0899 Email: rgrentz2hotbot.com Website: www.bar11.com

Bloomfield Bridge Tavern- Buy one "Polish Platter" get one FREE! NO TAKE OUT (includes Kluski, Haluski, Golumpki, Pierogi & Kielbasa) 4412 Liberty Ave. (Bloomfield), 15224, Tel: (412) 682-8611

**Canton Gourmet-** We give 20% discount to HI members who present their cards. 823 E. Warrington Ave. (Allentown-across the street from the Hostel!) Tel: (412) 488-0666

(Continued on page 8)

HOSTELLING INTERNATIONAL

PITTSBURGH COUNCIL-AYH 830 E. WARRINGTON AVE. PITTSBURGH, PA 15210 NON-PROFIT US POSTAGE PAID PERMIT #127 PITTSBURGH,PA

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#### Pittsburgh Council, American Youth Hostels, Inc.

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#### Oops...

If you find an error, please notify the editor. See the address for the Golden Triangle below.

> Mail regarding the Newsletter should be addressed to:

**American Youth Hostels** The Golden Triangle 830 Warrington Ave. Pittsburgh, PA 15210

Office: (412) 431-4910

HI-Pgh on the information super Highway. Point your browser to:

http:// trfn.clpgh.org/ayh/ or you can email us ayh@trfn.clpgh.org



#### PITTSBURGH COUNCIL **ACTIVITY CHAIRS**

Chairman of the **Activities Committee** Ben Brugmans......361-3623 Canoeing Paul Henry ...... 724-347-3282 Brian McBane...... 724-443-8972 Cross Country Skiing Vacant Cycling Joan Roolf ...... 351-2061 Family Activities Barbara Hanusa ...... 441-7205 Hiking/Backpacking Ben Brugmans ...... 361-3623 Kayaking Ray Yutzy ...... 341-5682 Midweek Rambles Dick Fisher ...... 421-9215

**Rock Climbing** Ann Minard......381-1309 Chuck Jones.....242-6172 Sailing

John Orndorff ...... 741-2021

Rafting

Bob Zavos ...... 241-0659 Sea Kayaking

Fran Fleming ...... 363-1221 Vickie Gotaskie ......... 344-4929 Trail Systems

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Steve Poprocky ......... 731-2429



Pittsburgh Hostel Manager Jessica Carpenter (412-431-1267)

Ohiopyle Hostel Manager Kelly and Steve Miller (724-329-4476)

#### NOTICE

Please note the deadlines for future issues of the **GOLDEN TRIANGLE** 

July ISSUE All copy, June 7 Binding/Mailing, June 21

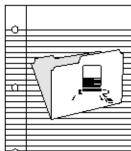
If your work is on computer, Please contact Joel Platt at golden\_triangle@bigfoot.com

#### Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 42 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 431-1267.

#### About AYH

American Youth Hostels is a nonprofit organization which promotes international understanding, educational and recreational travel. good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (formerly named International Youth Hostel Federation (IYHF), which coordinates more than 5,400 hostels worldwide- the  $largest\,network\,of\,accommodations$ in the world.



## **Submissions Policy:** Golden Triangle

#### Classified Ads:

- Classified ads are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request must include full name, address, phone number and membership number of member. Members are not permitted to place ads for non-members.
- Free ads may not be for commercial gain.
- Above rules apply in addition to general rules for

#### submission

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

#### Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a pro
- All Articles are to be, non-political and non-religious
- Above rules apply in addition to general rules for submission

#### General rules for submission

- No handwritten submissions
- Submissions Can be:

On computer disk (IBM), E-mail (Internet/compuserve), Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.

- Submitted before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue.(See Editors
- Please always check in advance with office, to confirm schedule.

≅Lack of planning on your part, does not constitute an emergency on my part≅

**Please note**, the Golden Triangle frequency of publication for 2001. Number 1 issue ->February / March: Number 2 issue ->April: Number 3 issue ->May: Number 4 issue ->June: Number 5 issue ->July: Number 6 issue ->Aug.

Number 7 issue -> Sept: Number 8 issue -> Oct: Number 9 issue -> Nov: and **Number 10** issue -> December

#### UPCOMING SLIDE SHOWS

May 24: We show the 16 mm film "Godzilla Meets Mona Lisa". A visit to the Pompidou Art Center in Paris (Godzilla) and its bizarre architecture. Then, a trip to the nearby Louvre (Mona Lisa). Includes comments by visitors to these museums, such as american tourists and a Paris cop.

May 31: Glenn Oster, "Wandering by the Wonders Of Australia". Follow Australia's Great Ocean Road with Glenn as he relives his recent bicycle tour. He'ill also cover other parts of Australia and Tasmania, including mountains, coasts, flora, fauna (love those koala bears) and cities.

**June 7:** Celebration of the long days of summer solstice. We meet at Headquarters at 8:30 PM for a 20-minute walk to Zeb's restaurant on Forbes avenue near Shady, to hear a live jazz band from 9 to 10 PM.

June 14: Joe Levine, "Touring Turkey By Bus". Cruise on Bosphorus, mosques, ruins of Pergamon and Troy. Old turkish city of Basra, ancient greek temple and hippodrome at Aphrodisias.

June 21: Cake and icecream party.

June 28: We show the 16 mm film "Great Little Railways: Slow Train To Olympia". Train from Athens to Olympia passes through the ancient religious center of Elefsis, over the Corinth Canal, and along the citadel of Mycenea. It also serves as a community ce nter. Produced by BBC.

July 5: Closed for Independence Day weekend.

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 412-683-3131.

# **Pittsburgh Council Hostels**

**Ohiopyle AYH Hostel** 

Ohiopyle State Park PO Box 99 Ohiopyle, PA 15470 (724) 329-4476 HIOhiopyle@stargate.net

# **HI-Pittsburgh Hostel**

830 E. Warrington Ave. Pittsburgh, PA 15210 (412) 431-1267 hipgh@sgi.net



# **HOSTEL HAPPENINGS**

Greetings from Hostelling International-Pittsburgh!

Summer is just around the corner, and we are looking forward to another record summer as the Pittsburgh Hostel enters its fourth year of operation.

HI-Pittsburgh opened its doors in June, 1997, and has housed over 11,000 overnight stays from over 60 countries since that time! If you haven't stopped by to visit us, then be sure to do so soon. You can also see pictures of our Pittsburgh and Ohiopyle facilities on our local website: http://trfn.clpgh.org/ayh/

In addition, be sure to check out our new national website, which was just launched two weeks ago! It has over 1000 pages and contains a wealth of information about all of our US hostels, travel tips, events listings and more! Just go to www.hiayh.org and see for yourself!

Will you be travelling this summer? Be prepared! Stop by for a FREE travel workshop at the hostel! World Travel 101 is the name. Safe, fun, educational travel is the game. And we'll show you how to prepare for your upcoming journey. Whether you will be travelling abroad or within the US, our workshops are sure to leave you with loads of travel tips. Space is limited, so please RSVP in advance to hold your seat.

Upcoming World Travel 101 workshops:

Tuesday, June 12 @ 7pm--World Travel 101

Tuesday, June 26 @ 7pm--World Travel 101

#### POTLUCK DINNERS!

Potluck dinners are a local favorite. You are invited to join us for a meal! Come dine with staff, guests, and volunteers of the hostel!

Bring a dish, and a friend with a dish. It's a great way to meet other travelers try some new foods, and have a full belly. If you have never stayed in a hostel, this is a great way to see what hostelling is all about. No RSVP required.

**Upcoming Potluck Dinners:** 

May 30@ 6:30pm

June 13 @ 6:30pm

June 27 @ 6:30pm

#### INTERNATIONAL FILM CLUB

On the 1st and 3rd Tuesday of each month we will showcase a different film right in our TV lounge, followed by a short discussion. Please RSVP to 431-1267. Film Club events are FREE and open to the public, so make sure to reserve your spot in advance. This month's film:

May 15--"Basquiat, featuring Jeffrey Wright as Jean-Michel Basquiat, the young American painter whose brief life spanned the explosion of money and fame that colored the art world in the 1980's."

Stay tuned for upcoming films!

Looking for a weekend getaway?

Visit the lovely Ohiopyle Hostel! Just a two-hour drive from Pittsburgh, and right in the heart of Ohiopyle State Park, and only \$15/night/person. Perfect for weekend hiking, biking, kayaking, canoeing, or just relaxing. The hostel is 3 miles from Frank Lloyd Wright's Fallingwater & Kentuck Knob. Call (724) 329-4476 for reservations. The hostel fills up quickly in the summer, so make sure to call in advance.

Other great hostels nearby include Buffalo, Chicago, Malabar Farm (in Lucas, OH), Columbus, Gettysburg, Niagra Falls, Washington D.C., and Philadelphia. If you'll be travelling around the US this summer, be sure to check out our webisite at www.hiayh.org to see if there is a hostel in the towns you will be visiting!

#### GET YOUR HI MEMBERSHIP CARD!

One of the most frequently asked questions that we receive at the hostel is: "What do I need to take with me when I go on my trip?"

Answer: THE FIRST THING YOU NEED IS YOUR HI MEMBERSHIP CARD! Not only will you gain access to over 5000 hostels in over 70 countries world-wide, but you will also receive special discounts in each city, including over 30 businesses right here in Pittsburgh

See our website for a full listing of HI discounts. www.hiayh.org

There are a variety of other benefits to membership, such as 10% off in our travel store, e-kit (an on-line travel communications kit), free admission to hostel events and activities, and more. Call 431-1267 for more information on membership.

#### **VOLUNIEER OPPORTUNITIES**

As a not-for-profit organization, Hostelling International relies on the efforts of our volunteers to staff our activities and events. If you would like to be a volunteer for World Travel 101, Potluck Dinners, Film Clubs, or Walking Tours of Pittsburgh (coming soon), please call 431-1267.

Volunteering at the hostel is a great way to meet travelers from around the world, learn about other cultures, practice your public speaking skills, and is a great resume builder.

#### DO YOU KNOW ANYONE TRAVELING TO PITTSBURGH THIS SUMMER?

Make sure you tell them to stay at HI-Pittsburgh! Overnight rates start at \$19/night/person, and we are a quick 7-minute trolley ride from downtown.

Members from the Ligonier or the Latrobe area: Looking to carpool to Thursday night AYH meetings. Call (724) 532-1683, ask for Leonard.

#### **BICYCLING**

JULY 20,21,22, 2001

HARPER'S FERRY AREA AND BEAR'S DEN YOUTH HOSTEL

Enjoy a weekend at the Bear's Den Youth Hostel situated on the Appalachian Trail. We will bicycle, rather than hike, on the W+OD Trail and on part of the C+O Canal. This area, the northern most tip of Virginia, is full of beautiful horse farms. It is also full of history. Our rides will be on bike paths. On the C+O Canal it is best to have a mountain bike. A hybrid would do.

This hostel is an easy 3 hour drive. It is a great place for a weekend getaway.

TO SIGN UP FOR THIS TRIP, PLEASE CALL JOAN ROOLF AT (412)351-2061. RESERVATIONS AND A CHECK FOR \$25. MUST BE MAILED IN BY JULY  $1^{\rm ST}$ . NO EXCEPTIONS AND NO REFUNDS AFTER JULY  $5^{\rm TH}$  (due to hostel requirements). SPACE IS LIMITED TO 10.

#### CANOE CREEK AND THE SOUTHERN ALLEGHENYS WEEKEND

Cycle the beautiful valleys in the southern Alleghenies. This is mostly unexplored territory to many of us in Pittsburgh, but it is absolutely beautiful among the ridges and valleys just to our east. An easy 2 to 2.5 hour drive and you will be at Canoe Creek State Park where we will stay in newer state park cabins. We will be able to start one 26 mile bike ride from our cabins. Another is a short drive away. Altoona, with it's railroad museum and historic Holidaysburg are also a short drive away.

For anyone who likes to do bicycle touring, this is a weekend that should not be missed. It has the potential of being another favorite---like Wilderness Lodge!

THIS TRIP IS UNCERTAIN AT THIS TIME. IF WE DO IT, IT WOULD PROBABLY BE IN SEPTEMBER.

# TOUR DE GRAPE HARVEST OCTOBER 5th, 2001 TO OCTOBER 7th, 2001

A favorite bicycling weekend at Wilderness Lodge...In 2000 it was cold and it even snowed. but everyone still had a great time. More typical is October's bright blue weather with the leaves at their peak. Whatever it is, we will bike and we will have a wonderful time. There are 2 great rides we will do. One goes through the vineyards and along Lake Erie. The other circles Lake Chautauqua.

APPLICATIONS WILL BE IN A FUTURE NEWSLETTER.
TOUR DE GRAPE HARVEST DATES HAVE BEEN CONFIRMED WITH NANCI
JANES.

#### IMPROMPTU BICYCLE RIDES EMAIL LIST

Our bicycle email list is up and running. So far it is proving to be a success. The first 2 rides had about 8 riders. Last Saturday there were 12. We are mostly attracting folks who want a chance to ride more leisurely, enjoying nature, people history and places along the way. I have talked to so many people in the last few years who have been looking for a group like this and now we have it. The biggest need now is for people to announce rides.

If you would like to get on our bike email list our address is: <a href="mailto:letsbikenow@yahoogroups.com">letsbikenow@yahoogroups.com</a> If you do not have access to a computer and are looking for a bike ride---call Joan Roolf to find out what rides are available at(412)351-2061.

# HELMETS ARE REQUIRED FOR THE PROTECTION OF ALL. YOU RIDE AT YOUR OWN RISK

A NEW PERSPECTIVE ON THE YOUGH TRAIL

Riding the Yough Trail this Spring has been a "new" experience for me. I have ridden it many times before, but this time it was different. I had injured my knee and I was forced to slow down.

In the freshness of Spring, I saw wildflowers I had not seen before. Have you ever seen a Dwarf of Spring Larkspur? Or a Hoary Puccoon? I also saw hillsides covered with Virginia Bluebells and in a different spot, hillsides full of Wild Geraniums. There were many more.

Learning birds by their songs has become a renewed interest of mine, as I heard woodland birds high in the trees---very different from the usual back yard birds: Vireos, Flycatchers and Scarlet Tanagers. Some are difficult to see, but if you slow down and listen you know who they are.

And butterflies flitting across the trail are everywhere. There were the Monarch's, and Swallowtails but many others were unknown to me.

The river was fresh and moving, full of the clean Spring rains. The people I stopped to talk with were friendly and full of information about the area. The towns along the river were showing new vitality brought about by the very trail I rode on.

All of this was enjoyable in a new way because my pace had slowed and I could observe the life that flowed around me in an unhurried appreciative way. I loved every

# GLENN OSTER'S BICYCLING EXPERIENCE IN NEW ZEALAND AND AUSTRALIA

Space restrictions have prevented our printing Glenn Oster's account of his recent three and a half month tour of New Zealand and Australia, much of it by bicycle. However, you can access his article by contacting him at his e-mail address <goglen25@telerama.com>. Alternatively, you can find his article in the website

"Miami Valley Ohio Rails-to-Trails Pages" <www.intellweb.com/trails/index.html>
Open the website and select "Reviews of Ohio Rail Trails by Users." Near the bottom of the resulting page, select "Glenn Oster's Trail Reviews." You may want to review two of his other articles as well.



#### **SEA-KAYAKING**

The thunderous roar of the calfing glacier rings thru the valley, shattering the still of the night. Moments later the pounding surf

breaks over the cobbled beach a dozen yards from our tent. I lay awake in the crisp Autumn air reliving the day's adventure paddling the icy waters of Aialik Bay and anticipating what is yet to come.

From the remote Alaskan wilderness to the tranquil waters of North Park Lake, a sea kayak offers paddling opportunities for almost everyone, and every skill level.

As the water warms, it is time to dust off your paddle and join us. Whether you are an experienced paddler, or have only thought about it, we have something for you.

Everyone is welcome at our Paddlers Dinners where we share good food, bad stories, and new ideas. New paddlers are encouraged to attend one of our introductions to sea kayaking. There we discuss the types and uses of kayaks, safety, and paddling techniques, then get you in a kayak to give it a try.

WE will also be leading trips on nearby, and hopefully, some distant waterways. As always, we look forward to seeing you on the water!

June 2 Presque Isle Lake Erie Everyone welcome We'll start the day on the placid backwater lagoons exploring the nooks and crannies, looking for wildlife.

Breaking for lunch at Perry Monument, you can choose to continue onto the more challenging waters of Lake Erie, or double back and spend some time hiking, biking, or swimming at the beach.

Russ 331-2073

**June 5** Introduction to Sea Kayaking at North Park Lake The water is warm, so now what's your excuse? Call early. Boats are limited. Russ 331-2073

**June 8** Three Rivers Arts Festival Paddle from the South Side to the Point. Stroll the festival. Then finish the evening off with a moonlight paddle back. Russ 331-2073

**June 16** Savage River Join us as we explore the Savage in nearby Maryland. Vickie 344-4929

June 19 Paddlers Dinner Church Brewery "They have beer and food" says Doug. "What else do you need?" If that shining recommendation catches your interest, call Doug for reservations.

Doug 381-2184

**June 24** Middle Yough Our annual whitewater by sea kayak trip on the Middle Yough. Doug 381-2184

We have boats available for club outings or you may bring your own. If you have any questions or are interested in leading or assisting with trips or activities PLEASE contact Russ or Vickie. Russ: RussellP@peoplepc.com
Vickie: VickieGkayak@msn.com

#### OTHER OUTDOORS CLUBS

#### ALLEGHENY GROUP-SIERRA CLUB

For up-to-date listings, visit http://www.alleghenysc.org/ ALLEGHENY GROUP MONTHLY MEETINGS

7:30-10 PM, PGH. CIVIC GARDEN CENTER, behind Scaife Unit of Arts Center, SECOND HOUSE SOUTH OF FIFTH AVE. ON SHADY AVE. Parking meters-\$0.25/hr. (quarters only)

Wed.June 13 "Mon-Fayette Tollway", Marilyn Skolnick

Wed.July 11 "Hiking across England", John and Patty Matthews.

**BUTLER OUTDOOR CLUB** Same sorts of trips as Allegheny Group. Contact Dave Adams, 724-453-1685 <DaveEAdams@aol.com> or Bob Tait, 724-287-3382 <BobTait@zbzoom.net> or visit BOC's web site at http://www.butleroutdoorclub.com

**WISSAHICKON NATURE CLUB** If you enjoy nature lore, look into the meetings and field trips of Wissahickon Nature Club. They meet every other Saturday at 6 PM (except June-August) at Community Presbyterian Church, 7501 Church Av., Ben Avon. Contact Chuck Tague, 412-488-8760 or 432 Olympia Rd, Pgh. PA 15219

**BOTANICAL SOCIETY OF WESTERN PA.** offers field trips in spring, summer and fall to look at and learn about the enormous variety of plant life that western Pa. offers. Everyone is welcome on field trips; amateurs, professionals, non-members, and anyone who is curious about the natural world. Trips are often at a leisurely pace, but may require hiking and traveling through wet/muddy areas. For information, e-mail your ad-

(Continued on page 6)

#### Rambles For Winter 2000

#### May 2001

May 23 Mexican War Streets. Armand Panson 488-7612

May 30 Bidgeville - Cecil Park. Bag lunch. Dorothy Fishel 828-4999

#### <u>June 2001</u>

**Jun 6** Guyasuta Boy SCout Camp. Bag lunch. Ed Divers 825-5154

**Jun 13** Freeport Community Park. Bag lunch. Luc Berger 683-3131

**Jun 20** Todd Sanctuary. \$3 trip. Bag lunch. Sally Schnorr 828-1472

**Jun 27** Greesnburg historic ramble. \$3 trip. Bag lunch. Edmund Appleby (724) 834-5077

Fall rambles begin at 10:00 AM. Meet in Mellon Park, upper parking lot at Fifth and Shady Avenues. Carpooling is encouraged. For trips over 10 miles, please pay driver \$2.00 unless specified otherwise.

Call trip leader for more information, (especially with regard to strenuous walks), or if you plan to meet us at the trail head. Ramles are subject to change due to weather or other circumstances.



#### **CANOEING**

It has been a long winter, cold early spring and a slow start to the paddling season compared to 2000. Hopefully warm weekends and sufficient water levels are in the forecast. Many classes and trips have been scheduled. Trip leaders have asked that interested participants reserve a spot by the THURSDAY preceding the activity. ALSO FOR TRIP LEADERS: Mary Shaw has requested that any updates/changes to published material in Canoeing Guide to Western Pennsylvania be brought to her attention in preparation for a future re-printing (mary.shaw@cs.cmu.edu). Likewise, the Western Pennsylvania Conservancy is looking for additions or corrections to their printed canoe trails and ask that information be forwarded.

**Fri.-Mon. May 25-28** Joyce Appel (724)526-5407

The Butler Outdoor Club sponsors an annual Outdoor Extravaganza, featuring all sorts of activities-boating, hiking, climbing, bicycling, horseback riding. Camping is local to the Moraine State Park, McConnell's Mill area. Check out the BOC for more information, registration and fees: www.butleroutdoorclub.com.

**Sunday, June 3** Brian McBane (724)443-8972

Moving water school—practice steering strokes in current, ferry maneuvers.

Sat. and Sun., June 9,10 TRPC

Slippery Rock Clinic

Sat., June 16 Allegheny River Sweep

Bruce McClellan from Sylvan Canoe Club is organizing the river clean-up. This is a good way to give back some time and to thank Sylvan for hosting the basic canoe schools. DEP provides trash bags, gloves and a t-shirt for participants; Sylvan provides the canoes for trash pick up and hauling. Call Bruce at (412) 247-5850 to register.

**Sunday, June 17** Rich Gemeinhart (412) 462-1876

Beginners Trip, Rich's choice. Practice what you learned in moving water school!!

Sat., Sun., June 23-24 DCNR Tandem Clinic

Sponsored by Ohiopyle State Park, and taught by TRPC instructors. Two full days on the Middle Yough, Class II. Call the park for reservations, fees and camping permit: (724) 329-8591.

**Sunday, June 17** Rich Gemeinhart (412) 462-1876

Beginners Trip, Rich's choice. Practice what you learned in moving water school!!

Sat., Sun.,June 23-24 DCNR Tandem Clinic

Sponsored by Ohiopyle State Park, and taught by TRPC instructors. Two full days on the Middle Yough, Class II. Call the park for reservations, fees and camping permit: (724) 329-8591.

**July 13** Turkey Bash Registration Deadline Rose Prycl (724) 836-2549 see www.threerivers.org for forms and details

Sat., July 21 Tentative date for Mahoning Release

Sat., Sun. July 28,29 TRPC Turkey Bash Whitewater Clinic

**October 4-8** George Schnakenberg (412) 731-3046

It has been a while since AYH held a canoe/camp to the New Jersey Pine Barrens. Day trips will be out of a central campground at Atsion. Intimate streams, "tea water" and biologically diverse plant communities make this a very special place. Call early for reservations.

**October 12-14** Eric Nilson (412) 487-3255

Leaf Peeper Canoe Camping Trip RSVP by Oct. 9

**October 26-28** Joyce Appel (724)526-5407

The annual Hallowe'en Canoe/Kayak Allegheny Float. Costumes, games, haunted hayride, dinner at Five Forks are the main ingredients going into Joyce's witch's brew, costing a spell of FUN for all!!!

casting a spell of FUN for all!!!

Shelley C. Nilson shelleycn@yahoo.com

SAILING



Experienced sailors or novices who would like to go for a sail at Lake Arthur can contact Bob Zavos at 412-241-0659. Bob usually sails with the Moraine Sailing Club on weekends. There are sailboat races on most Saturdays and Open Sailing on Sundays.

June 9 Sat. Lake Arthur Sara Zavos 412-241-0659 **WOMEN'S SUNFISH REGATTA.** AYH women may participate in the first of two Moraine Sailing Club's (MSC) Women's Sunfish Regattas. Men or women are also invited to help with equipment setup and serve on the committee boat. Experienced sailors may sail as crewmembers on other sailboats. We will go out for dinner in the Zelienople/Portersville area.

June –9-10 Sat- Sun Lake Arthur Moraine State Park Office 724-368-8811 **GO SAILING.** This is a non-AYH Charity event that is open to the public and benefits United Cerebral Palsy. Activities take at the Crescent Bay rental area on the South Shore from 11am-3pm on each day. Volunteers will provide sailboat rides for a \$10 donation.

August 25-26 Sat-Sun. Lake Arthur Bob Zavos 412-241-0659 **REGATTA AT LAKE ARTHUR.** There will be a wide variety of water activities including sailing so mark your calendars now.



#### HIKING/BACKPACKING/TRAILS

#### MAY 25-28 Friday to Monday Joyce Appel (724) 526-5407

Morraine State Park. Outdoor Extravaganza by the Butler Outdoor Club. Day hike, canoe, kayak and bicycle. Camp at a private campground. Ben will lead a day hike to McConnels Mills. Call for more details..

June 2 Saturday Jim Ritchie On the June Hikes we get ready for the Rachel Carson Trail Challenge 2001. In a series of four hikes, we will trace the route just as you will encounter it on June 23. This is the first of four hikes covering the 34-mile Rachel Carson Trail end-to-end. This hike begins in North Park at the Beaver Shelter, continues out of the park into Crouse Run Valley, through the Hampton Nature Preserve, up to the roof of Allegheny County and past Hidden Pond. It concludes with some spirited dirt road hiking for about a mile and ends in Dorseyville, covering about 8 miles altogether. This is the easiest of the four sections of the Trail There may be one or two wet stream crossings. Intermediate hiking. Call Jim or email jimritch@aol.com for reservations or more information.

Sunday **Barb Peterson** (412) 371-2506 June 3 This is the second of four hikes on the Rachel Carson Trail covering all 34 miles. We begin in Dorseyville and proceed down Myers Hill to Emmerling Park, up Rich Hill, LaFever Hill, and the hill of Mile 14, heading towards Springdale and the "roller" coaster". We end at Freeport Road and cover about 10 miles to-tal. There may be wet stream crossings. This hike is definitely strenuous, not recommended for beginning hikers. Call Barb for reservations or more information.

June 9 Saturday Barb Peterson (412) 371-2506
This is the third of four hikes on the Rachel Carson Trail covering all 34 miles. This hike begins in Springdale and follows the picturesque bluffs along the Allegheny River, then tackles Murray Hill, Creighton Hill, Bailey's Hill and Bakerstown Hill. It ends at Bull Creek Road near Tarentum and covers about 8 miles. There may be wet stream crossings. This is intermediate hiking and is moderately strenuous. Be sure you've done 8 miles before, don't make this the first time. Call Barb for reservations or more in-

June 10 Sunday Jim Ritchie (412) 828-0210
This is the last of four hikes on the Rachel Carson Trail covering all 34 miles. We begin at Bull Creek Road near Tarentum and do about a mile of uphill road hiking. Soon we hit Burtner Hill, one of the biggest and toughest hills on the Trail, followed by some easy and pleasant terrain along the bluffs over the Allegheny River. We end in Harrison Hills Park, covering about 8 miles. This is intermediate hiking and is moderately strengous miles. This is intermediate hiking and is moderately strenuous. There may be wet stream crossings. Call Jim or email jimritch@aol.com for reservations or more information.

June 23 Saturday Steve Mentzer (412) 512-4544 Leo Stember (412) 681-1385

Rachel Carson Trail Challenge. This is it -- 34 miles in one day, fro North Park to Harrison Hills Park. Pre-registration is required; This is it -- 34 miles in one day, from an entry form is included on page 7 in this newsletter, and it must be received no later than June 9. Email retchal lenge@yahoo.com or call Leo or Steve for more information.

**Bruce Sundquist** (724) 327-8737 Umteenth Annual Youghiogheny River Valley i nnertube hi ke from Johnson's Run to Camp Carmel (3 miles on foot, 3 miles in innertubes). Must be hot and sunny. Limit: 18. May be postponed to 7/29 or 8/5 in case of bad weather.

See equipement for sale ad on next page!

#### Baker Trail, Hiker Alerts

- The railroad bridge across the Kiski River in Schenley is stilled officially closed to hikers on the Baker Trail. There is no detour (unless you can swim with a pack). Begin all northbound hiking in Schenley.

  The Cochran's Mill Shelter has been destroyed by vandals and is, therefore, not in service. It is recommended that you camp a mile or so up- or down-trail and not at the shelter site because of continued drinking parties there.

  There is a new shelter at North Freedom/Langville. Please call (412) 828-0210 or email jimmitch@aol.com for the location.

  All other shelters are open, the Trail is fully blazed and a
- All other shelters are open, the Trail is fully blazed and a trail guide (\$7+s/h) may be ordered by telephone at (412) 431-

Rachel Carson Trail, Hiker Alerts

The trail is fully open and blazed. The  $5^{\text{th}}$  Rachel Carson Trail Challenge, a one-day, 34-mile endurance hike going end-to-end on the Trail is scheduled for June 23, 2001, the virtual summer solstice. Registration is \$23. Call (412) 431-4910 for a registration form or to order the trail guide (\$7+s/h).

#### Visit the RachelBaker Website

Visit the RachelBaker website at <a href="http://members.nbci.com/">http://members.nbci.com/</a> rachel baker where you will find the following information of interest to hikers and backpackers. Visit today and then bookmark our site for future reference.

- A current schedule of hiking activities in the Pittsburgh area.
- Information about the Rachel Carson and Baker Trails. 2.
- 3. Rachel Carson Trail Challenge information
  - See Photos from RCTC2000 a.
  - Read the exciting sagas of previous Challenges: 1996, b. 1997, 1999 and 2000
  - Register for RCTC 2001, scheduled for June 23<sup>rd</sup> c.
- 4. Learn how to volunteer to help maintain our trails

# National Trails Day 2001 June 2<sup>nd</sup>

Sponsored by the North Country Trail Associatio

Location Stone House & Jennings Rt 8 and 528 and 173  $\,$ **Davis Hollow Outdoor Center Moraine State Park** McDaniel's Moraine

#### 9-12 AM

Trailwork, help the Moraine Preservation Fund build a new Butterfly Trail or work on a section of the trail Bryan Kohler 538-5070 member Butler chapter and it's first president. This will depend how many people we have and what areas need work

#### **EVENTS 9:00** AM Starting at Stone House

5 miles PA Gamelands 95 Butler Chapter NCTA President Ron Rice

3 miles PA Gamelands 95 Ben Mourer AHS Bill Wilcox Award Winner

4.5 miles Hike for Heritage: Section of NCT that George Washington trekked in 1753 Kevin Kooper Butler Historical Society

2 miles GPS hike and cache contest by the Global Positioning System Users Group Mary Bates, member of the group

EVENTS: 9:00 starting at Moraine Preservation Fund located at McDaniel's Moraine

Hike Butterfly Trail Moraine Preservation Fund Natalie J. Price

7.5 miles Bike Ride Butler Outdoors Club. Moraine Bike Trail meet at bike rental Tours 10 AM, 12 Noon, 2 miles Hidden River Canoe Trail new water trail by Western Pennsylvania Paddle Sports Association McDaniel's Launch Bring your canoe

11-2 Kids Backpacking Hike Moraine State Park Crystal Null EIT meet at \_\_\_\_ bring pack with lunch and water

Open House Moraine Preservation Funds Owl Barn

Trail Dedication: Bob Tait

Adopter Ceremony turn over a section of the trail to EMS Monroeville to maintain Awards Trail Volunteers Senator Mary Jo White

President Hike: Leader Slippery Rock University President G. Warren Smith member of the NCTA Short Hike on the new trail around the Stone House

1:30 –3:30 PM Music Wolf Creek Wailers Bank

2:30 PM

Repeat as many of the AM Hikes

Demonstrations or Table: 10 AM - 4 PM No Trace Camping provided by Allegheny National Forest Services

Eastern Mountain Sports, Mt Dreams and Exkursion

Allegheny Mountain Rescue Group - Outdoors First Aid

North Country Trail Tool Trailer

#### OTHER

Birds of Prey, Story Telling- Foot Travel in History, National Parks Display at Jen-

Arts, Crafts and Food Vendors, Wildlife Rehabilitation

Davis Hollow Outdoor Center

Open House/Tour Joyce Appel

Campout at we will let people stay and camp on a first come bases Campout at Stone House, we will have a few tents so people can learn about hiking

5:00 PM Picnic, Campfire we are talking about inviting the landowners that the trail passes thru and our Business members. We will supply meat and drink the rest is potluck.

Clubs and Groups invited to date: Butler Outdoor Club, 3MJC, Pittsburgh Explorers Club, Game Commissions, State Parks, Student Conservation Association, AYH, KTA, National Park Service

Time and Activities Subject to Change For More information 724 794-3913 or 298-3382 or nctpa@zbzoom.net

The week of June 22, members of the North Country Trail Clarion Chapter will be hosting an American Hiking Society Volunteer Vacation. The volunteers will be staying at Cook Forest State Park. These are individuals from around the country who have given up a week of their vacation to help build and maintain the hiking trails across the country. They will be working alongside other volunteers to build a new section of the North Country National Scenic Trail in the Gamelands along the Clarion and to do trail maintenance at Cook Forest State Park. It's a good opportunity share experiences, meet new people, and build and maintain hiking trails. If you would be interesting in participating or working, whether for a day or several, please contact Carol Atwell or Bob Tait, phone 724-287-3382, e-mail bobtait@zbzoom.net <mailto:bobtait@zbzoom.net>. The Clarion Chapter will be supplying the meals and entertainment for the group while they are here in Pennsylvania. This is the fourth Volunteer Weekend that the North Country Trail Association has hosted. In April, they hosted the Crewleader Training Week where volunteers from Colorado taught 25 Pennsylvania volunteers trail work techniques, planning, and meal preparation. If you're interested in information on the North Country Trail, please contact Bob Tait at 724-287-3382 or bobtait@zbzoom.net . Bob Tait

Pennsylvania State Coordinator North Country Trail Assoc. Box 2968 Butler Pa 16003-2968 http://northcountrytrail.org/pa/ntd

#### The Fifth Annual Rachel Carson Trail Challenge "34 Miles in One Day" June 23rd, 2001

The 2001 Rachel Carson Trail Challenge is a 34-mile, one-day, endurance hiking event, held in the spirit of the Alaskan Iditarod, the Boston Marathon, the 70-mile Laurel Highlands Trail Run, the Race Across America and the many Ironman Triathlons held across the country each year. Sponsored by Hostelling International Pittsburgh/AYH, the Challenge will be held this year on June 23rd (taking advantage of the summer solstice), starting at the crack of dawn, and will extend through the 34-mile roller coaster of hills, hollows, and bluffs between North Park and Harrison Hills in Allegheny County, ending as the sun sets below the horizon. The "Challenge" is to endure, to finish the hike in one day, rather than to "come in first" or "win".

The Rachel Carson Trail is characterized by its roller coaster hills and is often said to be one of the most difficult hiking trails in the United States. The hike will begin, rain or shine, at sunrise and will officially end at sunset, 5:50 A.M. to 8:54 P.M., giving Challengers a total of 15 hours and 4 minutes to complete the 34-mile route. A typical hiking pace on most trails is 2 miles per hour.

The Challenge has two dimensions: the first is to endure 34 miles of tortuous hill climbing and descent in unpredictable weather conditions; the second is your ability to stay on the Trail without getting lost. Obviously, those who have hiked the trail before will have some advantage in maintaining the proper route. Four training hikes covering the entire trail will be held the first and second weekends in June; details can be found elsewhere in this newsletter.

Of the 270 people who started the 1996 and 1997 Challenges, only 32 finished the 34-mile event. Seventy-four finished in 1999 and 96 in 2000, each time from a field of around 200. Hikers claim the 1996, 1999 and 2001 North Park to Harrison Hills Park route is more difficult than 2000's reverse direction. Of those who registered for the Challenge in 1996, only 5 people finished 34 miles.

The Rachel Carson Trail is a "primitive" trail in the sense that no special grading or surfacing materials are used on the trail. It is a typical Western Pennsylvania hiking trail and hikers should expect to find all the conditions a typical hiker would encounter on a typical hiking trail. While the trail is blazed with yellow blazes, there will be an occasional missing blaze where a tree has fallen or when you are following a logging road, a power line or gas line; there will be blow downs, washouts, poison ivy, nettles, bugs, loose gravel and rocks, steep inclines, gullies, and wet stream crossings. You must be prepared to expect the unexpected and think the unthinkable. The better hiker you are, the better you will do on the Challenge.

All hikers will be given a trip sheet and a set of topographic maps to guide them on their journey. There will be four checkpoints throughout the hike, offering minimal support. Hikers are expected to carry all their own gear and necessities, including food, water, and snacks, first aid equipment, raingear, maps and a trip sheet.

This year the Challenge includes a shuttle bus to take participants from their desired stopping point (either the end- or halfway- point) to the trailhead just before sunrise. Additionally, a "rolling" shuttle will be available starting at 11 A.M. to pick up (at selected points) and return to their vehicles any Challengers wishing to drop out.

An Entry Form is included in this issue of the Golden Triangle. For more information see the Trail web site at http://members.nbci.com/rachelbaker or call (412) 681-1385 or (412) 512-4544. Learn more about Hostelling International Pittsburgh/AYH, the organization that built the Rachel Carson Trail at http://trfn.clpgh.org/ayh.

More About the 2001 Rachel Carson Trail Challenge

DETAILS

- THE START: The 2001 Challenge will begin at 5:50 AM at the Beaver Shelter in North Park, 100 yards north and west of the junction of Babcock Blvd. and Pearce Mill Road. North Park is located on the "Yellow Belt" between Route 19 (McKnight Road) and Route 8. SHUTTLE: Shuttle bus service will be available to bring participants from Harrison Hills Park and Springdale High School to the North Park trail head before dawn, and later at various points along the trail back to their vehicles. In June an email notice will be sent to registered Challengers with the complete shuttle schedule.

  PARKING: There are several parking areas in the vicinity of North Park's Beaver Shelter but parking space is generally limited. Car-pooling is strongly encouraged. Because Harrison Hills Park will be closed and locked at 9:30 PM, no exceptions, you must have your car out of the park before that time. You may consider parking your car outside the front gate. A few cars may be parked at the Volunteer Fire Dept. about one-half mile north of the Park on Freeport Road. The shuttle bus will be stationed outside Harrison Hills Park until 8:40 PM and no Challengers will be allowed to continue into the park after 8:15 PM.

  PALF CHALLENGE: The Rachel Carson Homestead is a quarter-mile from the halfway point (17 miles) of the Challenge. Water, snacks, restrooms, telephones, and Trail Marshals will be available at the Homestead. You may park at the Springdale High School parking area, two blocks from the Homestead.
- the Homestead.
  WATER: Checkpoints will be located every 7 miles with water and light snacks available for participants. Marshals will have cell phones for
- communications.

  THE FINISH: The 2001 Rachel Carson Trail Challenge will end at precisely 8:54 PM (official sunset time) at the 0x Roast Shelter in Harrison Hills Park. Take the left fork on the Park entrance road and follow it to the end to get to the 0x Roast Shelter.

  THE REWARD: All 34-mile finishers will be entered into a raffle; two names will be drawn with each winner receiving an overnight for two at either the new Pittsburgh International Youth Hostel or the Ohiopyle Youth Hostel, a \$50 EMS gift certificate and a free EMS equipment rental certificate. All 34-mile and 17-mile finishers will receive six issues of the AYH Golden Triangle newsletter free (July-December 2001 issues)

"HOW DO I COMPETE?"

You are expected to be entirely self-contained. This is an endurance hike, not a "trail run" or a race. Weight, up to 10 pounds in your pack will not be a significant factor. Be able to carry NO LESS THAN two quarts of water; sports drinks are recommended; carry a lunch plus high-energy snack foods, raingear, dry socks, first aid gear-especially moleskin or band-aids for blisters; you may want to carry a pair of sandals or surf shoes for wet stream crossings; wear sturdy, well broken-in footgear preferably with good ankle support and a lugged sole for gripping loose gravel and rocks; wear thick wool, wool blend or synthetic fiber socks; wear a hat to keep your head out of the sun; wear sunglasses; carry a pack towel to soak in streams and wrap over your head to cool down. Salty snacks such as pretzels, peanuts and potato chips are recommended to avoid salt depletion.

Please note that in June, some sections of the Rachel Carson Trail will have brambles and nettles as well as poison ivy. Long pants made of lightweight material are recommended.

While the organizers recommend you outfit yourself as a "hiker", participants in past Challenges had success participating in "runner mode" wearing light low-top trail running shoes, and carrying only water and a small waist pack for gear instead of a day backpack (rucksack/knapsack).

### ROCK CLIMBING

#### **Rock Out with AYH!**

The Pittsburgh AYH Rock Climbing program is a great way to experience

the thrill of rock climbing. Our Beginner trips are focused on teaching "never evers" the basics of rock climbing. AYH supplies the climbing gear plus a group of experienced climbers to set up the climbs and teach the course. All you need to bring is a bag lunch, water, and a sunny disposition. Wear loose-fitting, comfortable clothes (shorts and T-shirts in the summer) and tennis shoes. It's not a bad idea to pack raingear in the event of a late-afternoon thunderstorm.

To find out more about the AYH climbing program, call Chuck Jones at (412) 242-6172. Please call before 10 o'clock at night.

#### See schedule on next page!

**moving-must sell:** new Fanatic sailboard(315cm/153 litre)and Dynafiber mast (40% carbon); North B-boom, 5.6 North sail-\$900 for all. contact ali @ 412-421-7474 (alimcclean@hotmail.com)

(Continued from page 4)

dress for a sample newsletter and membership information to yoree@sgi.net, or call Loree at 412-521-9425.

#### WPW (Western Pennsylvania Wheelmen) Bicycle Club Home Page:

http://wpwbikeclub.org

Ride Hotline: 412-422-2234

Various length and difficulty rides scheduled each weekend and some during the week. Monthly meeting usually 2nd Wednesday at 8pm at the Frick Environmental Center on Beechwood Blvd in Squirrel Hill. See home page for details.

#### FOR SALE

by Joe Levine 6654 Northumberland, Pgh. PA 15217 (412) 421-9706

Sleeping bag - fiber, mummy (from  $25^{\circ}$ ) with stuff sack (barely used) \$80

Backpack - Cannondale - internal frame \$75

Backpack - external frame - blue nylon \$25

Clement - 60", laminated wood canoe paddle \$75 Personal floatation device - (shortened 2") \$10

Optimus gas stove, stainless steel fuel bottle (with half gallon white gas) \$15

Cook set - 5 piece nest, aluminum \$2

# Official Entry Form chel Carson Trail Challenge 200'

liles in One Day" ... Saturday June 23, 2001 nation and return this form with a check or money order for the

must complete and sign a separate form. A confirmation will to provide a valid email address Please Print Clearly



"34 N Please provide the following Inform proper amount, Each participant be sent only via email, so be sure					Evening Telephone	
TEAST AND THE STATE OF THE STAT	Your Information	Name (First, Middle Initial, Last)	Street Address	City, State, Zip	Daytime Telephone	

Mastercard

Name (First, Middle Initial, Last)			Age On 06/23/01
Street Address			
City, State, Zip			
Daytime Telephone	Evening Telephone	Email Address For Re	Email Address For Registration Confirmation And Notices
Registration Fee Includes T-Shirt And Shuffle Pess \$ 23.00	*2001 Rachel Carson Challenge* T-Shirt Size	lenge" T-Shirt Size Medium   Extra Large	Trailhead Shuttle Boarding Location    Harrison Hills Park No Shuttle       Springdale High School
Make your check or money order pare used to find Hostelling Interna-	sayable to "Hostelling Internation to Pittshurch / AYH trail mai	mal Pittsburgh" Proceed	Make your check or money order payable to "Hostelling international Pittsburgh". Proceeds from the Rachel Carson Trail and the Raker Trail and the Raker Trail

# administrators and assigns, walve and release any and all claims for damages, for death, personal injury or loss of property I may have, or which may accrue to me as a result of my participation 1, the undersigned, discharge and release Hostelling International Pittsburgh, its activity leaders, and their raspective agents, boards, commissions, and any other involved employees and representatives from all liability arising out of or connected in any way with my participation in the Challenge, in consideration of your acceptance of my application for participation in the Rachel Carson Trail Challenge, I, the undersigned, for myself, my heirs, executors, Liability Waiver

whether or not caused by the negligence of any of the above parties

Lacknowledge that there are inherent risks and dangers that may arise at any time during the Challenge. My participation is voluntary and is done at my own risk. I voluntarly assume all risks of loss, damage or injury that may be sustained while participating in the Challenge. Lattiest that I am physically fit and sufficiently trained for the completion of this event. I understand and agree that medical or other services rendered to me by or at the insistence of any of the above parties is not an admission of fability to provide or to continue to provide any such service and is not a waiver of any of said parties of any right hereunder. I understand that serious accidents occarsionally occur during hiking and that participants in the Challenge may sustain mortal or serious injury as a consequence thereof. Nevertheless, I agree to assume those risks and to release and indemnify and hold harmives all the persons mentioned above who might otherwise be liable to me (or my heirs or assigns) for damages, of whatsoever kind or nature.

Latest that the equipment and oldtring Lawill use in this activity is in good condition. LUNDERSTAND THAT PROPER EQUIPMENT IN GOOD CONDITION CAN PREVENT SERIOUS INJURY, Lagree to abide by the rules of this event as established by Hostelling International Pittsburgh and to obey the directions of the event officials. Thereby grant full permission to the trip leaders. Hostelling International Pittsburgh and their respective agents, boards, commissions, and any other involved parties of the foregoing to use photographs, videolapes, motion pictures, or any other record of this event, including my name, likeness and/or voice for any legitimate Signature Of Parent Or Guardian If Participant Is Under 18 Signature Of Participan

Date	ALL REGISTRATIONS MUST BE REC     BY JUNE 9     NO REFUNDS AFTER JUNE 9     IMIT 200 ENTRIES
Date	Mail This Form Along With Check Or Money Order To RACHEL CARSON TRAIL CHALLENGE c/o H. I Pritsburgh 830 E. Werrington Avenue

EIVED

Call Toll Free	
8-PA-PARKS	
Reserve up to 11 months in advance	
ns -Pavilions - Campin www.dcnr.state.pa.us	g Visa

#### **2001 AYH CLIMBING SCHEDULE**

Pennsylvania State Parks Reservations & Information

TRIP DATE &	ТҮРЕ	LEADER	TEACHER	EQUIPMENT
LOCATION	TOP DODING W/ PEGINNER	DAYE HADIMAN	CARRY CIMMONS	
SAT. APRIL 21, 2001	TOP ROPING W/ BEGINNER	DAVE HARTMAN	GARRY SIMMONS	ANN MINARD
COOPER'S ROCK	CLASS	(412) 364-8646	(724) 327-8338	(412) 241-3568
SUN. MAY 20, 2001	TOP ROPING W/ BEGINNER	KIM METHENY	MOI	MOI
COOPER'S ROCK	CLASS	(412) 322-4524	(412) 322-4524	(412) 322-4524
SAT. JUNE 9, 2001	TOP ROPING W/ BEGINNER	BARB HOMISTEK	DAVE HARTMAN	PAT BRODERICK
COOPER'S ROCK	CLASS	(412) 687-7328	(412) 364-8646	(724) 707-7099
SAT. JUNE 23, 2001	MULTI PITCH	PAT HOLTZINGER	DALE VILSACK	DALE VILSACK
COOPER'S ROCK	PREP. CLASS	(412) 343-8379	(412) 343-8379	(412) 343-8379
FRISATSUN.	MULTI PITCH	CHUCK JONES	RICH ROSENBERGER	
JULY 6,7,8, 2001		(412) 242-6172	(724) 335-4058	
SENECA ROCKS				
SUN. JULY 22, 2001	TOP ROPING W/ BEGINNER	LIZ BARROW	BILL FORRESTER	HANK JAFFE
COOPER'S ROCK	CLASS	(412) 521-9937	(724) 662-4075	(412) 244-1266
SAT. AUG. 11, 2001	TOP ROPING W/ BEGINNER	CHUCK JONES	ANN MINARD	TOM KAVENEY
COOPER'S ROCK	CLASS	(412) 242-6172	(412) 241-3568	(412) 276-8044
SAT. AUG. 25, 2001	TOP ROPING W/	CHUCK JONES	TERRY GOSSARD	LISA LAMBERT
COOPER'S ROCK	BEG. (RAIN DAY)	(412) 242-6172	(412) 321-2382	(412) 856-4434
SUN. AUG. 27, 2001	MULTI PITCH	PAT HOLTZINGER	DALE VILSACK	JOHN POPP
COOPER'S ROCK	PREP. CLASS	(412) 343-8379	(412) 343-8379	(412) 885-2126
FRISATSUN.	MULTI PITCH	CHUCK JONES	RICH ROSENBERGER	
SEPT. 7,8,9, 2001		(412) 242-6172	(724) 335-4058	
SENECA ROCKS				
SUN. SEPT. 30, 2001	TOP ROPING W/ BEGINNER	KATHRIN PROBST	MOI	HANK JAFFE
COOPER'S ROCK	CLASS	(412) 371-5497	(412) 322-4524	(412) 244-1266

#### FIFTH YEAR OF KEYSTONE TRAIL CREW SET

Keystone Trail Crew, sponsored by KTA, will have three weeks of trail maintenance in the month of June. The work week this year will run from Wednesday through Sunday. The dates are June 6 through June 10, Terrace Mountain Trail; June 13 through June 17, Chuck Keiper Trail; June 20 through June 24, Mid State Trail. Meals and lodging/campsites will be provided. If you can spare a week, volunteer a weekend or come for just a day or two, please think about signing up. No volunteer will be turned away. Forward all inquiries to Joe Healey, 93 Cedarwood Drive, Laflin, PA 18702, e-mail jnlhealey@aol.com, or feel free to call at (570) 655-4979. Detailed information and a map directing you to the respective lodging/campsite will then be forwarded.

# **Alcoa Pittsburgh Triathlon**

A challenging adventure awaits competitors and volunteers alike at the fourth annual **Alcoa Pittsburgh Triathlon** to be held on Sunday, June 17, 2001, on Washington's Landing and the North Shore. A benefit for Friends of the Riverfront, this race is offcially sanctioned by USATriathlon and, for the first time, will incorporate a swim in the Allegheny River. Friends of the Riverfront needs your assistance to ensure the success of this exciting event!

Two general divisions of athletes will compete: competitive triathletes will compete in a "sprint" triathlon and be timed separately from the recreational or "adventure" athletes. Officially sanctioned by USA Triathlon, the "sprint" triathlon includes a 0.5-mile swim in the Back Channel of the Allegheny River near Herr's Island, a 14-mile bicycle leg incorporating downtown Pittsburgh roads and bridges, and a 3.5-mile run on the Three Rivers Heritage Trail.

Volunteers are needed Saturday, June 16, to mark the course and prepare race packets. Volunteers will arrive bright and early on Sunday, June 17, to set-up the staging area, register athletes, serve as parking and safety marshals, help with the post-race party and awards ceremony and have a wonderful time on the riverfront to benefit the growing trail and river access network. To volunteer or for more race information, please call Jennifer at 412.441.3673, or email Jennifer@friendsoftheriverfront.org.

(Continued from page 1)

**Casbah-** 10% off bill. Not valid with any other specials, discounts, or promotions. 229 S. Highland Avenue (Shadyside) Tel: (412) 661-5656, Email: casbah1@bigburrito.com, Website: www.bigburrito.com

**City Books**- 10% off most books. 111E. Carson Street (Southside) Tel: (412) 481-7555: email: citybooks@sprintmail.com

**City Theatre-**Discounts are good for 2001 Subscription Series Productions only. Subject to availability. Students 25 and under \$12 Tuesday, Thursday, and Sunday Matinee. Friday and Saturday \$15. Other hostel patrons over 25 receive a \$5 discount. Valid Student ID or receipt from Hostel to be presented at Box Office. City Theatre Performances: Tuesday-Thursday 8pm, Friday, 8pm, Saturday 5:30 &9pm, Sunday Matinee 2pm. 57 13<sup>th</sup> Street (Southside) Tel: (414) 431-CITY, email: theatre@citytheatrepgh.org, Website: www.citytheatre-pgh.org

**Dairy Mart**- Free 44oz. Fountain drink with \$5.00 purchase; 1125 Arlington Ave. (Allentown-across the street from the Hostel!) Tel: (412)481-4122

**Dave's Music Mine**- 10% off total purchase (music & instruments). Not valid with any other specials, discounts or promotions. 1210 E. Carson Street (Southside) Tel: (412) 488-8800, Email: davesmusicmine@aol.com Website: www.davesmusicmine.com

**East End Food Co-op** 10% on purchases at Pittsburgh's largest natural and organic food market. 7516 Meade Street (Point Breeze) Tel: (412) 242-3598

**Golden Triangle Bike Rentals**- 10% discount on bike rentals. 416 Woodrift Lane (near the Jail Trail) Tel: (412) 655-0835; Email: goldentrianglebikes@yahoo.com, Website:

www.bikepittsburgh.com

**Gray Line Trolley Tours of Pittsburgh**- \$2.00 discount per tour #1, 2, 3, & 4 only. 110 Lenzner Court, Sewickley, PA 15143 Tel: (412) 741-2720 Email: Cather-

ine.spanard@coachusa.com, Website: www.coachusa.com

**Jester's Court Tattoos & More**- 20% off any tattoo, piercing, t-shirt, etc. 1410 East Carson Street (Southside) Tel: (412) 488-TATS, Email: Jesterscourt@earthlink.com

**Kaya-** 10% off your bill. Not valid with any orher specials, discounts, or promotions. 2000 Smallman Street (Strip District) Tel:(412) 261-6565, Email: kaya1@bigburrito.com, Website: www.bigburrito.com

**La Prima Espresso** 50 cents off any coffee drink for visiting members. 811 Liberty Ave., Tel: (412) 471-4590 (Downtown) Website: www.laprima.com

**Little Chicago's Pizzeria**- 15% discount, Eat-in, Take-out, Delivery. 1728 East Carson Street (Southside) Tel: (412) 431-1450

**Macondo**- 10% off the regular price of anything in the store. 406 S. Craig Street (Oakland) Tel: (412) 683-6486, Email: Macondo@telerama.com, Website: www.artshainan.com

**Mad Mex** - 10% off your bill, not valid with any other specials, discounts, or promotions; 7905 McKnight Road, (North Hills) Tel: (412) 366-5656, Email: madmex-nh@madmex.com, Website: www.bigburrito.com

**Mad Mex**- 10% OFF your bill, not valid with any other specials, discounts, or promotions; 370 Atwood Street, (Oakland) Tel: (412) 681-5656, Email: madmex-oak@madmex.com, Website: www.bigburrito.com

**Mattress Factory Museum of Art**- \$1.00 OFF admission. 500 Sampsoma Way (Northside) Tel: (412) 231-3169, Email: info@mattress.org, Website: www.mattress.org **Monti's Studio-** 10% discount store-wide; 844 E. Warrington Ave. (Allentown-across the street

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The Pickle Barrel- Buy one Pittsburgh Dog, get one FREE! Pittsburgh Dog: Foot-long Hot

**The Pickle Barrel**- Buy one Pittsburgh Dog, get one FREE! Pittsburgh Dog: Foot-long Hot Dog, Shredded Gold Cheese, Black Olives, Honey Mustard. 1301 East Carson Street (Southside) Tel: (412) 431-1114

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**Pittsburgh Zoo and Aquarium-**\$1.00 OFF admission with membership card, not valid for evening events. One discount per person. Open year-round. One Wild Place (Highland Park) Tel: (412) 665-3639; email: connie@zoo.pgh.pa.us Website: www.Pittsburghzoo.com **River's Edge Cafe-**One free glass of wine with any dinner. 203 Yough Street, Confluence. 814, 305, 5050

**Road to Karakesh-** 10% discount off total (maximum 4 guests) not valid with any other special, discounts or promotions. 320 Atwood Street (Oakland) Tel: (412) 687 0533

**Slacker-** 20% OFF all purchases, except magazines. 1321 E. Carson Street (Southside) Tel: (412) 381-3911, Email: steve@slackernet.com, Website: www.slackernet.com

**Soba Lounge-** 10% OFF your bill. Not valid with any other specials, discounts, or promotions. 5847 Ellsworth Ave. (Shadyside) Tel: (412) 362-5656, Email: soba1@bigburrito.com, Website: www.bigburrito.com

**Southside Card & Gift- 2**0% discount on any purchase over \$5. 1717 E. Carson Street (Southside) Tel: (412) 481-2500, Email: Southsidecardgift@yahoo.com

**Spice Island Tea House-** 10% discount off total purchase (maximum 4 guests). Not valid with any other specials, discounts, or promotions. 235 Atwood Street (Oakland) Tel: (412) 687-5821

Swank Gear- 15% Discount. 73 ½ South 13<sup>th</sup> Street (Southside) Tel: (412) 381-1037, Email: swankgirl@worldnet.att.net, Website: www.swankgear.com

**Thoreau NM, a Production Company-** "Two-for-tickets"-Buy one/Get one Free. Please call ahead for details. 209 Moya Place Cottage (Mount Oliver) Tel: (412) 431-8289, Email: thoreaunm@juno.com, Website: www.trfn.clpgh.org/thoreaunm

#### For Fastest Service! Visit The AYH Travel Store!

Pittsburgh Council, AYH 830 E Warrington Ave, Pittsburgh 15210 Or Call (412) 431-4910 For an Agency Near You!

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Include 10% for postage (\$1.50 minimum). Pennsylvania residents must also include 7% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Discover, Master Card, and Visa accepted. Please allow two weeks for delivery of mail orders. Priority or Overnight shipping is

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[] I need a free copy of the North A	merican Hostel Directory	
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Credit Card Number	<b>Expiration Date</b>	
Signature	Date	

#### **AYH Weekly Open House**

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

#### **HI-AYH Memberships (No Tax on Memberships)**

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Adult (18-54) \$25.00 Adult Renewal \$2. Youth (17 and under) FREE

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#### **Council Office and Travel Store**

The Pittsburgh Council Travel Store is open Wednesday through Friday 12 to 5pm effective Dec 10th. Hours are subject to change, so it's a good idea to call the office at 412-431-4910 before coming in. We're in the Pittsburgh Hostel at 830 E Warrington Avenue in Allentown. All passes, ID cards, rail passes, and books are available.