



Golden Triangle

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 51, NUMBER 5

JULY-AUGUST-SEPTEMBER 2001



Hostelling - International Pittsburgh PA



A 50 bed full service hostel in a commercial bank building. Free parking, travel store, handicapped accessible!



Be Sure To Visit:

- Andy Warhol Museum
- Station Square
- Nearby Southside
- The Downtown Cultural District
- Riverfront Bike Trails
- Nearby Universities
- The Carnegie Science Center
- The Zoo & National Aviary
- Phipps Conservatory
- Historic Point State Park
- Three Rivers Stadium

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....And MORE!!!

AYH ACTIVITIES WITH BEN

Since this issue of the Golden Triangle will be the last publication of the summer, I would like to review some of the activities and hostel happenings of the year to date.

As with most experiences of life, you can only report on those events you are familiar with.

The winter and spring Sunday hikes proved fun, a good exercise and exposure to a surprising variety of new experiences. A rugged hike at the Charles S. Lewis natural area brought us to an outcropping of sandstone slabs strewn over the hillside. And my bonus of the day, an entire stand of pink ladies slipper orchids in full bloom. A rare sight of an endangered native orchid.

On Joyce's labor day weekend extravaganza, Maureen and I canoed with Ed Divers on Conneaut Swamp. A magnificent stream meandering through wetlands in Northwest Pennsylvania, the views of the wildlife, water and wetlands was astonishing. Ed Divers, who leads hikes for the Sierra Club, lead us to an area formerly unknown to me. The cooperation between Sierra Club, Butler Outdoor Club and the AYH made the event available to us.

On Sunday of the same weekend, the Park Rangers at McConnells Mill opened up a whole new area, previously unknown to me. Hells Hollow has extensive hiking trails through limestone gorges and hollows. Formerly, my knowledge was limited to the path from the mill to the bridge. Thanks to Joyce, and the park staff, we were exposed to some of Pennsylvania's fragile beauty.

Last year I made an excursion farther a field to Grand Canyon and Zion National Parks. Again , only later did I learn from our intrepid Thursday evening adventurers, Norm and Alexis, of more fabulous hikes through lesser known canyons. I will go back west and remedy the oversight this fall.

The lesson learned to me is open communication. Informal (not in committee or at inaccessible meetings) cooperative and democratic, Western Pa has been successful in maintaining a viable, responsible and accessible group of wonderful people in the outdoor, environmental and skill teaching realm. I am pleased and honored to have met so many dedicated people and feel privileged to have had the opportunity to enjoy so much of our beautiful natural world.

Ben

Use Your Membership Card to receive
Discounts at these Locations in 2001:

Andy Warhol Museum: \$1 off admission
when you show your HI card. Not valid with
any other discounts.

Bar 11- 50 cents off Well drinks, 50 cents off
Domestic Bottles: 1101 Bradish Street
(Southside), 15203 Tel: (412) 381-0899
Email: rgrentz2hotbot.com Website:
www.bar11.com

Bloomfield Bridge Tavern- Buy one "Polish
Platter" get one FREE! NO TAKE OUT
(includes Kluski, Haluski, Golumpki, Pierogi
& Kielbasa) 4412 Liberty Ave. (Bloomfield),
15224, Tel: (412) 682-8611

Canton Gourmet- We give 20% discount to
HI members who present their cards. 823 E.
Warrington Ave. (Allentown-across the street
from the Hostel!) Tel: (412) 488-0666

HOSTELLING INTERNATIONAL

PITTSBURGH COUNCIL-AYH
830 E. WARRINGTON AVE.
PITTSBURGH, PA 15210

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Serving Western Pennsylvania & West Virginia Panhandle
Since 1948, Incorporated 1955

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Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

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Office: (412) 431-4910
or

HI-Pgh on the information super Highway. Point your browser to :
http://

trfn.clpgh.org/ayh/
or you can email us
at
ayh@trfn.clpgh.org



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HOSTELLING
INTERNATIONAL

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(412-431-1267)

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Kelly and Steve Miller
(724-329-4476)

NOTICE

Please note the deadlines for
future issues of the
GOLDEN TRIANGLE

October-November-December
ISSUE
All copy, September 6
Binding/Mailing, September 20

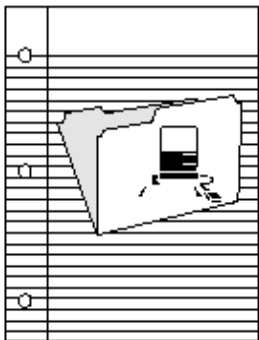
If your work is on computer,
Please contact Joel Platt at
golden_triangle@bigfoot.com

Moving?

If you move, or have any subscrip-
tion problems, please notify us
right away. Returned mail costs 42
cents for each piece, so we can save
money if you let us know about any
changes in your address. You can
also phone in changes to the office
at (412) 431-1267.

About AYH

American Youth Hostels is a non-
profit organization which pro-
motes international understanding,
educational and recreational
travel, good citizenship and an ap-
preciation of America. AYH does
this by bringing travelers of all
ages, backgrounds and nationali-
ties together in hostels and by pro-
viding low-cost travel programs.
AYH is the US affiliate of
Hostelling International (HI),
(formerly named International
Youth Hostel Federation (IYHF),
which coordinates more than 5,400
hostels worldwide- the largest net-
work of accommodations in the
world.



Submissions Policy:
Golden Triangle

Classified Ads:

- Classified ads are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request must include full name, address, phone number and membership number of member. Members are not permitted to place ads for non-members.

- Free ads may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a pro gram
- All Articles are to be, non-political and non-religious
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be;
On computer disk (IBM), E-mail (Internet/compuserve), Type written mate-
rial double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- Submitted before the deadline of the issue that submission needs to be run
in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no
promises to print material received and all material received becomes the prop-
erty of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to
be the First Thursday of the month, prior to the month of the issue.(See Editors
Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- *≡Lack of planning on your part, does not constitute an emergency on my part≡*

Please note, the Golden Triangle frequency of publication for 2001.

Number 1 issue ->February / March: **Number 2** issue ->April: **Number 3** issue ->May:
Number 4 issue ->June: **Number 5** issue ->July-August-September:
and Number 6 issue ->October-November-December

Editor...

THUNDER MOUNTAIN NATIVE
AMERICAN FESTIVAL

August 18 and 19, 2001
Rain or shine

The Native American Cultural Center
Conemaugh Dam
Saltsburg, PA

EVENTS INCLUDE

Cultural Center
Native Artists
Craft Booths
Traditional Drumming
Living Histories
Storytelling
Dancers
Native Foods
Children's Theater

FREE AND OPEN TO THE PUBLIC
For more Information call 724-459-5276
www.questpublish.com/thundermt

Visit the cultural center at Conemaugh Dam Weekends

Pittsburgh Council Hostels

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HOSTEL HAPPENINGS

Book Hostel Beds Online with Hostelling International - American Youth Hostels

Washington, DC -- Hostelling International - American Youth Hostels (HI-AYH) now offers online and real time booking of hostel beds at nearly 500 Hostelling International hostels worldwide. The system, known as the International Booking Network (IBN), offers a simple and secure method for travelers to reserve hostel beds in advance.

Travelers can check the availability of hostels, what amenities they offer, how close they are to major attractions, and then book and pay by credit card -- all in one step. Information collected from the traveler is secured by encryption. Worldwide online reservations can be made on HI-AYH's Web site at www.hiayh.org.

Russ Hedge, executive director and chief executive officer of HI-AYH said, "This new online reservation system will allow our members to plan their trips faster and easier. We strive to accommodate our members, and in doing so, fulfill our mission."

The online International Booking Network reservation system is just one of many benefits provided to Hostelling International members, including worldwide discounts, special programs and activities, and assured quality standards at hostels.

Hostelling International-American Youth Hostels is a 501 (c) (3) nonprofit organizations whose mission is "to help all, especially the young, gain a greater understanding of the world and its people through hostelling." HI-AYH is part of the Hostelling International network of nearly 4,500 hostels in over 70 countries. Hostelling International promotes international understanding and appreciation of other cultures and the environment through quality, low-cost accommodations and educational travel programs.

Hostelling International-Ohiopile

Hostel Sitters and Volunteers Needed

HI-Ohiopile is taking applications for hostel sitters. Hostel sitting is taking over for the managers when they are out. Responsibilities include taking telephone reservations, checking guests in and out, light cleaning and guest interactions. Hours are 5:00 - 10:00pm and 7:30 - 9:30 a.m. Cleaning usually takes about 1 hour. We have the greatest need for hostel sitters in summer, however there will also be opportunities this fall and next spring. Call us at 724-329-4476 to request an application. An interview, references, criminal check and training with a manager is required. This is an excellent opportunity for singles couples and families.

We also have volunteer opportunities available for leading hostel programs and work projects. Supervised opportunities would be a great opportunity for people of all ages to learn more about hostelling. Most of these opportunities would take place between the hours of 5:00 - 10:00pm. Please call us for more information.

Hostel Wish List

With the surge of overnights this year HI-Ohiopile has some needs for newer furniture, appliances, etc. These items would improve the quality of stay of all our guests and their hostelling experience.

Comfortable chairs and sofas for our common area (Please call first.)
Large card table and chairs
Coffee maker
Electric hand mixer or regular electric mixer
Toaster oven and/or toaster
Large pots and pans for cooking
Board games
Books (We especially need newer books and books for children.)

2001 Membership Discounts

River's Edge Cafe- One free glass of wine with any dinner. 203 Yough Street, Confluence. 814-395-5059.

The Plough House- A free cup of our coffee of the day with purchase of a book. 20% off any book purchase. PO Box 240, Route 40, Farmington. 724-329-8573.

Ohiopile Trading Post, Inc- 10% off any rental or merchandise. PO Box 94, Negley Street, Ohiopile. 724-329-1450. e-mail: Ohiopile@dc.net, web: www.ohiopyletp.com.

Wilderness Voyageurs- 10% discount on a whitewater rafting trip on the Lower Yough (Class III+). PO Box 97, Ohiopile. 800-272-4141, e-mail: rafting@wilderness-voyageurs.com. web: www.wilderness-voyageurs.com.

Java Espresso Bar & Cafe- 20% off any drink item and free "Short-Java Joltage" with purchase of any specialty bagel. 50 East Main Street, Uniontown. 724-439-9932. e-mail: javasepresso@hotmail.com.

NOTE NEW STARTING TIME!
Fall rambles begin at 9:30 AM. Meet in Mellon Park, upper parking lot at Fifth and Shady Avenues. Carpooling is encouraged. Transportation fees for passengers will range from \$1 to \$4 depending on length of trip.

Call trip leader for more information, (especially with regard to strenuous walks), or if you plan to meet us at the trail head. Rambles are subject to change due to weather or other circumstances.

UPCOMING SLIDE SHOWS

June 28: We show the 16 mm film "Great Little Railways: Slow Train To Olympia". Train from Athens to Olympia passes through the ancient religious center of Elefsis, over the Corinth Canal, and along the citadel of Mycenea. It also serves as a community center. Produced by BBC.

July 5: Closed for Independence Day weekend.

July 12: Cathy and Dave Sadler, "One Week Before The Mast: Sailing On The Tall Ship "Rose"". Last October, they served as "crew" on a replica of an 18th-century British sailing ship which fought in the Revolutionary War.

July 19: Pizza and soft drinks party, if possible out of doors.

July 26: We show the 16 mm film "The Great Barrier Reef". This huge reef extends over the northeastern coast of Australia. It is home for fish and other animals. The Crown Of Thorns starfish eats the coral and threatens to destroy the reef.

August 2: Walt Shaffer, "Seeing The Dakotas And Yellowstone By Car". Lost Woods in the north and Badlands in the south. Geysers, grizzlies, pelicans and avocets.

August 9: Fruit pie, cake and soft drinks party, if possible out of doors.

August 16: Jim Wallace, "Wild India". Rajasthan desert area, and camel festival. Daily life of farmers. Varanasi and Ganges River. Ranthambor Tiger Sanctuary, spotted deers and Sambar deers, mongooses and crocodiles.

August 23: We show the 16 mm film "The Great Whales". Various species are described. How they communicate over long distances. Patterns of migration. How human attitudes toward whales have changed from fear to admiration. Produced by the National Geographic Society.

August 30: Annual Astro-Festival. This year, like Galileo, we build our own telescope and turn it toward the nearly-full Moon. We may see the planet Mars. Also, slides of the Moon and of the Sun and sunspots will be shown. The Sun is at a maximum of sunspots.

September 6: Larry Ridenour, "Hiking And Cycling From Strasbourg to Geneva". Also hostelling on the way.

September 13: Glenn Oster, "New Zealand In the Springtime- On A Bicycle, Brrr!". See what New Zealand is like when a bicyclist arrives a bit too early in the season.

September 20: Cookies, crackers and Juicy Juice party.

September 27: We show the 16 mm film "Grizzly". Ecologists John and Frank Craighead roam Yellowstone National Park in a quest to observe the animal's habits. Produced by the National Geographic Society.

October 4: Mary Jo Haywood, "Hiking The Canadian Rockies". The Columbia Icefields. Helicopter-hiking along the top of the Rockies, north of Jasper. Banff, Lake Louise, Peyto Lake and Spirit Lake.

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 412-683-3131.

Rambles For Summer 2001

June 2001

Jun 27 Greensburg historic ramble. \$3 trip. Bag lunch. Edmund Appleby (724) 834-5077

July 2001

Jul 4 Holiday. No Ramble. Have a great day.

Jul 11 Regent Square. This time we'll see the backyard railroad. Bag lunch. Dick Fisher. 421-9215

Jul 18 Bear Run Nature Reserve/Galling Water. Bag lunch or optional lunch in Confluence. \$4 trip. Alex Federowicz. 421-0922

Jul 25 North Park. Bag lunch. Terese Piccoli. 682-5276

August 2001

Aug 1 Highland Park and historic Beatty Street. Bag lunch. Joan Roolf. 351-2061

Aug 8 Forest Hills. Bag lunch. Joan Roolf. 351-2061

Aug 15 Jennings Environmental Center. Bag lunch. \$4 trip. Earl McCabe. 761-1844

Aug 22 Montour Trail. Bag lunch. Don Hoecker. 243-8298

Aug 29 Mt. Lebanon Cemetery. Billie Woodland. 886-1603

September 2001

Sep 5 Historic ramble along the Ohio River in beaver, Pa. Lunch in Italian restaurant (make reservations with Marta) or optional bag lunch in park at river front. \$4 trip. Marta Raak. 802-7266

Sep 12 Moraine State Park. Bag lunch. \$4 trip. Optional side trip to Grove City outlets and restaurants. Earl McCabe. 761-1844

Sep 19 Fineview. Armand Panson. 488-7612

Sep 26 Southside bike trail along the Mon (new section). Lunch at Zenith cafe. Marilyn Ham. 687-4520

<<<_____



BICYCLING

PLANS FOR BICYCLE TOURING WEEKENDS 2001

JULY 20,21,22, 2001
HARPER’S FERRY AREA AND BEAR'S DEN YOUTH HOSTEL

Enjoy a weekend at the Bear's Den Youth Hostel situated on the Appalachian Trail. We will bicycle, rather than hike, on the W+OD Trail and on part of the C +O Canal. This area, the northern most tip of Virginia, is full of beautiful horse farms. It is also full of history. Our rides will be on bike paths. On the C+O Canal it is best to have a mountain bike. A hybrid would do.

This hostel is an easy 3 hour drive. It is a great place for a weekend getaway.

TO SIGN UP FOR THIS TRIP, PLEASE CALL JOAN ROOLF AT (412)351-2061. RESERVATIONS AND A CHECK FOR \$25. MUST BE MAILED IN BY JULY 1ST. NO EXCEPTIONS AND NO REFUNDS IF CANCELLED AFTER JULY 4TH DUE TO HOSTEL RULES.

SATURDAY BIKE RIDES

MOST SATURDAYS WE WILL BE HAVING BIKE RIDES ALONG THE DIFFERENT RAILS TO TRAILS, AND SOMETIMES COUNTRY ROADS. WE WILL TRY NOT TO REPEAT THROUGHOUT THE SUMMER. FOR TIME AND PLACE CALL JOAN ROOLF AT 412-351-2061

IMPROMPTU BICYCLE RIDES EMAIL LIST

Our bicycle email list is up and running. We have been enjoying some good rides. The biggest need now is for people to announce rides.

If you would like to get on our bike email list our address is: letsbikenow-subscribe@yahoogroups.com

HELMETS ARE REQUIRED FOR THE PROTECTION OF ALL. YOU RIDE AT YOUR OWN RISK

More Bicycling Information

The Great Ride

The Great Ride will be on Sunday July 29th. Visit the web page at <http://www.city.pittsburgh.pa.us/greatride/index.html> for the latest information.

The proceeds from the Great Ride will again benefit the Pittsburgh Hostel! AYH needs to provide a minimum of 25 course marshals during the ride. Your help is needed! Call Larry Laude at 412-665-9554 today to volunteer.

(Continued on page 5)

TOUR DE GRAPE HARVEST
WILDERNESS LODGE

OCTOBER 5th , 6th AND 7th , 2001

HAVE A PERFECT FALL WEEKEND AT THE PEAK OF THE FALL COLORS. THIS YEAR, WE WILL RIDE AMONG THE VINEYARDS AND ALONG LAKE ERIE ON SATURDAY. ON SUNDAY WE PLAN TO RIDE PART WAY AROUND LAKE CHAUTAUQUA, TAKING A FERRY ACROSS THE LAKE. ENJOY A HOMECOOKED MEAL SATURDAY AT WILDERNESS LODGE (IF WE HAVE AT LEAST 10 PEOPLE.)

THE COST IS: \$38. PER PERSON (\$48.NON-MEMBERS) FOR A DORM STYLE ROOM (3-6)
\$90. PER ROOM (\$100 NON-MEMBERS) FOR A PRIVATE DOUBLE ROOM

SATURDAY'S DINNER IS \$11. (IT WILL BE COLLECTED THAT WEEKEND) BREAKFASTS ARE EXTRA. LUNCH WILL BE AT A RESTURANT ALONG THE ROUTE. WE WILL RESERVE THE SPACE.

RESERVE EARLY. SPACE IS LIMITED TO 23. PRIVATE ROOMS ARE LIMITED ALSO. SEND A CHECK AND THE APPLICATION BELOW TO :

HI-PITTSBURGH HOSTEL
830 E. WARRINGTON AVE.
PITTSBURGH, PA. 15210

That Dam Ride to Confluence coordinated by Rivers of Steel

contact Mike Bilcsik 412-462-5328 The third annual That Dam Ride To Confluence coordinated by Rivers of Steel National Heritage Area is a weekend bicycling and camping trip September 8 & 9, 2001. The event route is the Youghiogheny River Trail, a packed limestone trail rated by Travel and Leisure Magazine as one of the nineteen best trails in the world. Camping is at the Youghiogheny Dam in Confluence. This popular event benefits the Mon Yough Trail Council and the Steel Valley Trail being developed by Rivers of Steel.

One way mileage options are 30 miles leaving from Connellsville or 70 miles leaving from Boston. The Ride is level and off road, with rest stops along the way and lunch in Connellsville. In Confluence enjoy the hospitality of the Confluence Tourism Association and a homemade pasta dinner prepared and served by the Trinity Lutheran Church. After dinner enjoy the evening relaxing at the campfire where a storyteller will tell tales about the French and Indian War that started near here. \$49.00 covers gear transport both ways, rest stops, lunch, camping, entertainment, and a nice Dam RideT-shirt. Tents are available, including setup, from Troop 15 BSA, for a small donation. There are a limited number of Bed and Breakfasts in Confluence for those who prefer not to camp. A list of nearby B&B's is available at www.thatdamride.org. Visit www.thatdamride.org for more information and to download an application, or call 412-462-5328 or email info@thatdamride.org. Applications are also available along the Yough River Trail at bulletin boards and in local businesses.

TOUR DE GRAPE HARVEST BICYCLE TOUR
WILDERNESS LODGE
OCTOBER 5-6-7

NAME: _____ AYH PASS # _____

ADDRESS: _____

TELEPHONE: _____

ENCLOSED IS A CHECK FOR \$ _____

____ I AM DRIVING AND CAN TAKE _____ PASSENGERS.
____ I NEED HELP FINDING A RIDE.(WE WILL TRY)
____ I WILL DRIVE AND MEET THE GROUP AT WILDERNESS LODGE.

LIABILITY WAIVER

In consideration of your acceptance of my application for participation in the cycling weekend at Wilderness Lodge, I, the undersigned, for myself and my heirs, executors, administrators, and assigns, waive and release any and all claims for damages for death, personal injury or loss of property I may have or which may accrue to me as a result of my participation. I the undersigned, discharge and release the Pittsburgh Council, American Youth Hostels, Inc., Wilderness Lodge, their activity leaders, and their respective agents, boards, commissions and any other involved employees, representatives, and volunteers from all liability arising out of, or connected in any way with my participation, whether or not caused by the negligence of any of the above parties.

I acknowledge that there are inherent risks and dangers which may arise at any time during the weekend. My participation is voluntary and is done at my own risk. I voluntarily assume all risks of loss, damage, or injury that may be sustained while participating. I attest that I am physically fit and sufficiently trained for participation in this event. I understand and agree that medical or other services rendered to me by or at the insistence of any of the above parties is not an admission of liability to provide or to continue to provide any such services and is not a waiver of any of the said parties of any right hereunder.

SIGNATURE: _____ DATE: _____

(Continued from page 4)

Mon Valley Century

The MVC is on August 19th this year and will follow much the same route as previous years. Applications will be available on our web site and will be mailed out by the end of July.

The Monesson Amateur Radio Club is once again providing their great course support. AYH will be doing the registration and rest stops. Call Larry Laude at 412-665-9554 to volunteer for pre-ride preparation, rest stops, data entry, registration, food prep, or general assistance.

SABRE

SABRE is currently scheduled to return on October 7th after a one year absence. We'll need a lot more help with this one than on the other rides. Call Larry Laude at 412-665-9554 to volunteer with course marking, course marshals, food prep, registration, rest stops, or general assistance.

JULY 8 TOUR DE SEWICKLEY, The 9th Annual Tour de Sewickley is a ride, not a race. The ride has something to offer every level of cyclist: · 60 mile- starts in Allegheny County and weaves its way through communities in the north into Beaver County. This scenic and rural route makes its way to Brush Creek Park before heading back to Sewickley. Rest stops are available at the 15, 30 and 45 mile points. · 30 mile- is a scenic ride along along the PA Red Belt, making its way through many communities in the north before the rest stop in Thorn Hill Industrial Park. Enjoy a quick snack, compliments of Mitsubishi Electric Power Products Inc. and head back to Sewickley. ·

HealthAmerica 5 mile Fun Ride- offers a leisurely ride for the family or for the inexperienced rider. Bike the streets of Sewickley, highlighting one of Pittsburgh's oldest and nicest communities. 60 & 30 Mile Ride Registration Fees: Single rider - \$15 (before June 22), \$18 (after June 22), Children 12 & under - \$5
HealthAmerica Five-Mile Fun Ride- Adults - \$10, Children 12 & under - \$5
For a registration form, more information or to volunteer, please call 412-922-8322 ext. 27. <http://trfn.clpgh.org/teli/>

July 21- July 22, First Annual M&M Century, Experience a weekend Bike Trek with fellow cyclists over the Allegheny Highlands Trail and the Youghiogheny River Trail from Meyersdale to McKeesport, Pennsylvania - a total of 100 miles! Regional Trail Corporation, 111 West Main Street, West Newton, PA 15089
Phone: 1-(724)-872-5586 <http://www.youghrivertrail.com>

August 3-5 LAB National Rally, Altoona, PA
DON'T MISS BIKEFEST 2001, THE LEAGUE'S 2001 NATIONAL RALLY OF CYCLISTS IN THE BEAUTIFUL SOUTHERN ALLEGHENIES MOUNTAINS
The League's 2001 National Rally of Cyclists will be held August 3-5 in Altoona, Pennsylvania in conjunction with the Tour de Toona, America's largest pro-amateur road cycling races. The Southern Alleghenies offer fantastic mountain and road riding for all levels of ability, featuring low-traffic roads traversing thick oak forests, sweeping valleys, rolling hills and breathtaking mountains. In 1997, Altoona was named one of America's top five "Best Biking Towns" by Bicycling magazine. For more information, see <http://www.bikeleague.org/rallies/rallies.html>. For a look at some of the great riding in the area, see the Velo News 2000 Calendar (the March page features Tour de 'Toona action) or visit <http://www.cyclesa.com>, which offers 17 self-guided riding tours. Visit <http://pavisnet.com/laurelhighlands> to learn more about Altoona and the surrounding area. The event will be based at the beautiful Penn State Altoona campus (<http://www.aa.psu.edu>). Don't miss it! Write <mailto:bikeleague@bikeleague.org> or call 202/822-1333 to get on the list!

August 12 The Ninth Annual Smicksburg Century. Route Markings, Snack Stops, Lunch, and a Commemorative Tee Shirt, all for \$20
Call Tim Townsend 724-697-5460

August 12 The 4th Annual GNC Pedal n' Party Presented by Fisher Scientific will be held Sunday, August 12th at VALHALLA Microbrewery and Restaurant in the Strip District - 1150 Smallman Street. There are 12, 27, and 62-Mile routes. After the ride there is a complementary bar-be-que and free BEER! Please call Lyn Weimer at the Cystic Fibrosis Foundation at 412.321.4422 for more information.

AUGUST 19 WPW PICNIC, Blairsville, PA.

August 25 Cranberry Twp Triathlon

September 03 WYTC Poker Ride

SEPTEMBER 8 WPW FALL RALLY, North Park, Allegheny Co.

September 8 & 9 That Dam Trip To Confluence, Boston, PA.
a registration form, or call 412-462-5328.

September 16 NEOC, North East Ohio Century



HIKING/BACKPACKING/TRAILS

July 22 Sunday Bruce Sundquist (724) 327-8737
Umteenth Annual Youghiogheny River Valley innertube hike from John-son's Run to Camp Carmel (3 miles on foot, 3 miles in innertubes). Must be hot and sunny. Limit: 18. May be postponed to 7/29 or 8/5 in case of bad weather.

See equipement for sale ad on next page!

ALLEGHENY GROUP--SIERRA CLUB--OUTINGS THRU SEPT. 3, 2001
Recommended carpool fee: 5 cents/passenger-mile, & share tolls (Unless stated, car-miles are one-way from Monroeville)
For more up-to-date listings, visit <http://www.alleghenysc.org/>
Subscriptions to this list are \$2.50/year ** (4-5 issues). Make check payable to Al-legheny Group, Sierra Club; mail to Bruce Sundquist, 210 College Park Dr., Monroeville 15146-1532 ** E-mail subscriptions: free. <bsundquist1@juno.com>

EVENING CONDITIONING WALKS (Call for meeting time and place)
South Park (year-around). Times/locations may vary. Call Bonnie Thomas, 412-833-1068
East (during EDT) Tues. & Thurs. evenings in Duff Park near Murrysville. Call Nick Broskovich, 724-863-6707
East End (during EDT) Wed. evenings, 7 PM, to Frick, Schenley or Highland Park. Call Don Stone, 412-441-2027

Sat.June 30 Hike, strenuous and exploratory, between Dunbar Creek and Lick Hollow, via Jumonville Glen and Coolspring Run. \$5.50 carpool-51 miles. Call Dick Pratt, 412-362-5567

Sat.-Sun.July 7-8 Backpacking in Allegheny National Forest. \$17.50 carpool-150 miles. Call Harold Kotchig, 412-341-1196

Sun.July 8 Easy 3-mile water-features walk near Allegheny River's Lock 5. Half the trip follows a cool woodland creek. Swimming a possibility. \$1.50 carpool-15 miles. Call Janna Zuroski, 412-422-3406

Sat.July 14 Easy half-day hike on some of the trails of Beechwood Farms Nature Re-serve. Meet there at 9AM. Call Judy or Don Ziegler, 412-826-0519

Sat.July 14 Snorkeling in Youghiogheny River or Reservoir. Call Steve Tubbs, 412-279-4866

Sat.July 21 Caving, easy, in Harlansburg Cave near McConnells Mill. Call Norm Sny-der, 412-351-4068

Sun.July 29 Hike, easy, in Ohiopyle State Park. Visit AYH Hostel, Ferncliff Trail (fossils), Great Gorge Trail, Cucumber Rapids (watch rafters and kayakers), Cucumber Falls, Meadow Run Trail. Bring suitable clothing to do Meadow Run water slides (optional). Leave Monroeville P&R Lot, 9 AM. \$7.25 carpool-65 miles. Call Nick Broskovich 724-863-6707

Sat.Aug.4 Annual blackberry-picking walk north of Freeport, overlooking Allegheny River. Swim possible afterwards. \$2.00 carpool-20 miles from Harmarville. Call Janna Zuroski, 412-422-3406

Sat.-Sun.Aug.4-5 Backpacking in Allegheny National Forest. \$17.50 carpool-150 miles. Call Harold Kotchig, 412-341-1196

Sat.Aug.11 Canoeing and snorkeling somewhere on the Youghiogheny River. Call Steve Tubbs 412-279-4866

Sun.Aug.12 Hike an intermediate 8-mile loop in Deer Lakes County Park. Call Judy or Don Ziegler, 412-826-0519

(Continued on page 8)

Baker Trail, Hiker Alerts

- The railroad bridge across the Kiski River in Schenley is stilled officially closed to hikers on the Baker Trail. There is no detour (unless you can swim with a pack). Begin all northbound hiking in Schenley.
- The Cochran's Mill Shelter has been destroyed by vandals and is, therefore, not in service. It is recommended that you camp a mile or so up- or down-trail and not at the shelter site be-cause of continued drinking parties there.
- There is a new shelter at North Freedom/Langville. Please call (412) 828-0210 or email jimritch@aol.com for the location.
- All other shelters are open, the Trail is fully blazed and a trail guide (\$7+s/h) may be ordered by telephone at (412) 431-4910.

Rachel Carson Trail, Hiker Alerts

- The trail is fully open and blazed. The 5th **Rachel Carson Trail Challenge**, a one-day, 34-mile endurance hike going end-to-end on the Trail is scheduled for June 23, 2001, the virtual sum-mer solstice. Registration is \$23. Call (412) 431-4910 for a registration form or to order the trail guide (\$7+s/h).

Visit the RachelBaker Website

Visit the RachelBaker website at <http://members.nbci.com/rachelbaker> where you will find the following information of interest to hikers and backpackers. Visit today and then bookmark our site for future reference.

1. A current schedule of hiking activities in the Pittsburgh area.
2. Information about the Rachel Carson and Baker Trails.
3. Rachel Carson Trail Challenge information
 - a. See Photos from RCTC2000
 - b. Read the exciting sagas of previous Challenges: 1996, 1997, 1999 and 2000
 - c. Register for RCTC 2001, scheduled for June 23rd
4. Learn how to volunteer to help maintain our trails



CANOEING

Activity Co-chairs: Paul Henry (724) 347-3282
Brian McBane (724) 443-8972

AYH CANOEING PROGRAM CALENDAR OF EVENTS THROUGH OCTOBER

June 29-31 or June 29-July 4 Canoe/Kayal Trip
Joyce Appel (724)526-5407
West Branch of the Susquehanna River or main Susquehanna River, depending on water level. Remote, scenic, tree lined valleys. Come for weekend or week to the 4th of July!

Saturday, July 7 Brian McBane (724)443-8972

Moving water school-practice steering strokes in current, ferry maneuvers. Please call by Thursday July 5 to reserve space.

July 13 Turkey Bash Registration Deadline
Rose Prycl (724) 836-2549
see www.threerivers.org for forms and details

Sat., July 21 Tentative date for Mahoning Release

Sat., Sun. July 28,29 TRPC Turkey Bash
Whitewater Clinic

July 28 to August 5 Adirondack Trip
Joyce Appel (724)526-5407
Wilderness trip to the "Adirondacks" in New York. We will canoe some beautiful, pristine wilderness lakes & streams. Only a few portages. Optional hikes with spectacular views near some of the campsites. Abundant wildlife. Easy Canoeing.

August 6 to August 8 Finger Lakes trip
Joyce Appel (724)526-5407
If you wish to continue on from the "Adirondack" trip or join us in "the Finger Lakes" of New york for this trip. We will do some sightseeing and maybe some kayaking on the lakes or bike the Erie Canal.

August 9 to August 12 NCT Conference
Joyce Appel (724)526-5407
If you wish to continue on from "the Finger Lakes" trip or join us in the Finger Lakes for the North Country Trail Conference. These conferences always have great hikes.

Saturday, August 11 Brian McBane (724)443-8972
Class II trip. Hopefully not the middle Yough. Please call by Thursday August 9 to reserve space.

October 4-8 George Schnakenberg (412) 731-3046
It has been a while since AYH held a canoe/camp to the New Jersey Pine Barrens. Day trips will be out of a central campground at Atsion. Intimate streams, "tea water" and biologically diverse plant communities make this a very special place. Call early for reservations.

October 12-14 Eric Nilson (412) 487-3255
Leaf Peeper Canoe Camping Trip RSVP by Oct. 9

October 26-28 Joyce Appel (724)526-5407
The annual Hallowe'en Canoe/Kayak Allegheny Float. Cos-
tumes, games, haunted hayride, dinner at Five Forks are the main ingredients going into Joyce's witch's brew, casting a spell of FUN for all!!!

Shelley C. Nilson shelleycn@yahoo.com



SEA-KAYAKING

Kelleys Island, Cape Henlopen and Presque Isle are just a few of the interesting and exciting places we will be summer. Weather you are a beginner or an experienced paddler, we have a trip for you. So grab your paddle and sunscreen and we will see you on the water.

July 6, 7, 8 Kelley's Island Vickie 344-4929
Challenge your open water skills. Paddle from Marblehead Island to Kelley Island. Ferry service optional. Explore the island by foot, or rent a golf cart. Sunday we'll paddle thru Vermillion - the Venice of Ohio. Call early to reserve a kayak and camp-site. Experienced paddlers.

July 15 Presque Isle Lagoon Loree 521-9425
Join us for an interpretive tour of this unique area. Narration by Loree Speedy of the Botanical Society and Susan Varley of the Nature Observer News. Beginners wel-
come.

July 21 Allegheny River Russ 331-2073
A pleasant day trip on my favorite river. We'll paddle from Tidiote to Tionesta.

July 24 Paddlers Dinner Marcy 724-657-8192
Quaker Steak and Lube in Robinson. Wings, beer and paddle stories. Everyone wel-
come. Call for reservations.

August 4 Full Moon Paddle Ron 831-5054
Moraine under a full moon is a great way to experience the joys of night paddling.

August 4,5,6,7 Cape Henlopen Vickie 344-4929
Car camping weekend on the Delaware shore. This is your chance to experience sea kayaking at it's best! If the seas are too rough, we can paddle the bay and explore a natural beach. Experienced paddlers.

August 18 Lake Erie Russ 331-2073
Play in the waters along Pennsylvania's only shore, Presque Isle. Some experience required.

August 21 Paddlers Dinner Russ 331-2073
Join us at Vincent's Pizza, Greentree. Great Pizza and bad stories. Everyone wel-
come.Russ 331-2073

August 25 Allegheny River Vickie 344-4929
A short paddle to Nicholson Island, where you will have the choice of paddling, swimming, playing on the rope swing or just relaxing. The more ambitious paddlers can practice paddle strokes, rescues, and rolls. Don't forget Ed's incredible stories and tall tales.

Sept. 2 Shenango Call Ron for details. 831-5054

Sept. 15 Pymatuning Creek Russ 331-2073
Come with us as we explore this peaceful Ohio stream.

Sept. 25 Paddlers Dinner Call Vickie for details. 344-4929

Sept. 29, 30 Lake Moomaw Vickie 344-4929
Come with us to explore a mountain lake in beautiful Virginia.

Oct. 19, 20, 21 Juanita River Ron 831-5054
Join Ron for a weekend of paddling and camping on this Central Pennsylvania river.

Oct. 26, 27, 28 Halloween trip Vickie 344-4929
Get your costumes ready for our annual kayak/canoe adventure. Car camping, cos-
tume paddling, and Joyce will have games and prizes galore.

The North Country Trail Association will be holding a program on long distance biking at the Davis Hollow Outdoor Center on Friday June 29/30 and July 1. The program will be led by Glenn Oster. He has biked across the US and just finished a 3 and 1/2 month trip across New Zealand and part of Australia. If you are interested in biking trips and have never done any long distance touring this will be a good chance to learn what it takes.

The tentative schedule is as follows: Friday night at 7:00 PM, introductions and slide show on different places that you might do bike touring. You may bring some snack to share; coffee provided

Saturdays program will consist of how to pack and what to take on a trip, planning long distance trips and tips. Saturday afternoon there will be a couple of rides in the Moraine area, led by Glenn, and co leader Saturday Evening Jeff Rapp or Rapp's Bicycle Center will cover on the road maintenance, what tools and parts you may need. .

Sunday morning will be a group discussion followed by a ride in the area

The DHOC is located on the North Shore of the part behind the Davis Hollow Marina. There is a kiosk at the end of the drive way. The cost is 55.00 for two nights and dinner Saturday. Bring your own food for the other meals. The Center sleeps 16 and there is room for 4 tents outside. You will need to bring your bedding and pillow, There is also a stone dishes and refrigerator

The marina restaurant may be open from meals at 7:00 AM. The Center has a fully equipment kitchen that you can use Bring your bike and all personal gear There will be no place to store the bikes inside

For more information contact Bob Tait 724-287-3382 or email nctpa@zbzoom.net

Bob Tait
Pennsylvania State Coordinator
North Country Trail Assoc.
Box 2968
Butler Pa 16003-2968
Phone email 7242904141@mobile.celloneusa.com
http://northcountrytrail.org/pa/ntd



SAILING

Experienced sailors or novices who would like to go for a sail at Lake Arthur can contact Bob Zavos at 412-241-0659. Bob usually sails with the Moraine Sailing Club on weekends. There are sailboat races on most Saturdays and Open Sailing on Sundays.

August 25-26 Sat-Sun. Lake Arthur Bob Zavos 412-241-0659
REGATTA AT LAKE ARTHUR. There will be a wide variety of water activities including sailing so mark your calendars now.

Calleva Paddling



Time: End of Dec '01 thru. end of Feb.'02
Place: Veracruz, Mexico
Purpose: *Learn to Kayak in one week!*
Why?: Sunny skies, warm waters, exotic culture.
 Expert Instruction, gentle leadership.
 Super Fun Sport!
Leaders: Tom McEwan; (Trip Leader)
 Bruce Berman; (Educational Director)

The above ad is from a group that is not a part of HI-AYH, and we assume no liability for this organization.

For up-to-date listings, visit <http://www.alleghenysc.org/>
ALLEGHENY GROUP MONTHLY MEETINGS
 7:30-10 PM, PGH. CIVIC GARDEN CENTER, behind Scaife Unit of Arts Center,
 SECOND HOUSE SOUTH OF FIFTH AVE. ON SHADY AVE. Parking meters-
 \$0.25/hr. (quarters only)
 Wed.June 13 "Mon-Fayette Tollway", Marilyn Skolnick
 Wed.July 11 "Hiking across England", John and Patty Matthews.

WISSAHICKON NATURE CLUB If you enjoy nature lore, look into the meetings and field trips of Wissahickon Nature Club. They meet every other Saturday at 6 PM (except June-August) at Community Presbyterian Church, 7501 Church Av., Ben Avon. Contact Chuck Tague, 412-488-8760 or 432 Olympia Rd, Pgh. PA 15219

http://wpwbikeclub.org
Ride Hotline: 412-422-2234
Various length and difficulty rides scheduled each weekend and some during the week.
Monthly meeting usually 2nd Wednesday at 8pm at the Frick Environmental Center on
Beechwood Blvd in Squirrel Hill. See home page for details.

moving-must sell: new Fanatic sailboard(315cm/153 litre)and Dynafiber mast (40% carbon); North B-boom, 5.6 North sail-\$900 for all. contact ali @ 412-421-7474 (alimcclean@hotmail.com)



2000 North American Hostel Handbooks can be picked up at the Travel Center, the Pittsburgh International Hostel, and the Activities Headquarters. Copies are free when picked up in person.

Space restrictions have prevented our printing Glenn Oster's account of his recent three and a half month tour of New Zealand and Australia, much of it by bicycle. However, you can access his article by contacting him at his e-mail address <goglen25@telerama.com>. Alternatively, you can find his article in the website "Miami Valley Ohio Rails-to-Trails Pages" <www.intellweb.com/trails/index.html> Open the website and select "Reviews of Ohio Rail Trails by Users." Near the bottom of the resulting page, select "Glenn Oster's Trail Reviews." You may want to review two of his other articles as well.



The Pittsburgh AYH Rock Climbing program is a great way to experience the thrill of rock climbing. Our Beginner trips are focused on teaching "never evens" the basics of rock climbing. AYH supplies the climbing gear plus a group of experienced climbers to set up the climbs and teach the course. All you need to bring is a bag lunch, water, and a sunny disposition. Wear loose-fitting, comfortable clothes (shorts and T-shirts in the summer) and tennis shoes. It's not a bad idea to pack raingear in the event of a late-afternoon thunderstorm.

TRIP DATE & LOCATION	TYPE	LEADER	TEACHER	EQUIPMENT
FRI.-SAT.-SUN. JULY 6,7,8, 2001 SENECA ROCKS	MULTI PITCH	CHUCK JONES (412) 766-4036	RICH ROSENBERGER (724) 335-4058	---
SUN. JULY 22, 2001 COOPER'S ROCK	TOP ROPING W/ BEGINNER CLASS	LIZ BARROW (412) 521-9937	BILL FORRESTER (724) 662-4075	HANK JAFFE (412) 244-1266
SAT. AUG. 11, 2001 COOPER'S ROCK	TOP ROPING W/ BEGINNER CLASS	CHUCK JONES (412) 766-4036	ANN MINARD (412) 766-4036	TOM KAVENEY (412) 276-8044
SAT. AUG. 25, 2001 COOPER'S ROCK	TOP ROPING W/ BEG. (RAIN DAY)	CHUCK JONES (412) 766-4036	TERRY GOSSARD (412) 321-2382	LISA LAMBERT (412) 856-4434
SUN. AUG. 27, 2001 COOPER'S ROCK	MULTI PITCH PREP. CLASS	PAT HOLTZINGER (412) 343-8379	DALE VILSACK (412) 343-8379	JOHN POPP (412) 885-2126
FRI.-SAT.-SUN. SEPT. 7,8,9, 2001 SENECA ROCKS	MULTI PITCH	CHUCK JONES (412) 766-4036	RICH ROSENBERGER (724) 335-4058	---
SUN. SEPT. 30, 2001 COOPER'S ROCK	TOP ROPING W/ BEGINNER CLASS	KATHRIN PROBST (412) 371-5497	WOJ (412) 322-4524	HANK JAFFE (412) 244-1266

(Continued from page 5)

Sat.Aug.18 Caving, easy, in a cave to be announced. Call Norm Snyder, 412-351-4068

Aug.18 or 19 (depending on weather) Hike, exploratory, 10+miles, in Lower Indian Creek Valley from Rt.381-Mill Run Reservoir to Yough River. See what's left of the 1850 ghost town of Hampton and the big blue holes. Creek crossing and swimming depending on temp. and water levels. \$6.00 carpool-55 miles. Call Don Stone, 412-441-2027

Sat.Aug.25 Canoe- and kayak easy flatwater school. Try different kayaks and canoes, all equipment provided. \$10 fee. Limit: 8 Call Ed Divers, 412-828-5154

Sun.Aug.26 Hike, strenuous and exploratory, on Chestnut Ridge past Laurel Caverns, to White Rocks and Pine Knob, ending in Lick Hollow. \$6.00 carpool-56 miles. Call Dick Pratt, 412-362-5567

Sat.-Sun. or Mon.Sept.1-2 or 3 Backpacking (two days) on the southern half of North Fork Mountain Trail, rated best foot trail in West Va. by Outside Magazine. Countless spectacular views. Carry your own water (9#) and be able to do a steep 2300' elevation drop to Seneca Rocks. Monday is optional--exploring nearby northern Dolly Sods. Prior backpacking experience required. \$20 carpool-173 miles. Limit: 20. Call Bruce Sundquist, 724-327-8737

NOTES: Ask leader for names & phone numbers of trippers for you to arrange a car pool. Reserve at least 36 hours in advance. Notify leader to cancel your reservation. Bring lunch, rain gear, water, first-aid kit, small flashlight and extra clothes for changes in weather. If you have a cell phone, bring it along; they have saved the day on several trips when accidents have required evacuation of injured trippers. Sierra Clubbers planning to lead outings during 8/15/01-11/31/01 should contact Bruce Sundquist, 724-327-8737 <bsundquist1@juno.com> by July 15. SIERRA CLUB MEMBERSHIP INDUCEMENT: If you join the Sierra Club on one of our outings, your \$25 introductory membership will get you a free hip pack (while supplies last). Call Bruce Sundquist (724-327-8737) for application form and pack.

ALLEGHENY GROUP MONTHLY MEETINGS
7:30-10 PM, PGH. CIVIC GARDEN CENTER, behind Scaife Unit of Arts Center, SECOND HOUSE SOUTH OF FIFTH AVE. ON SHADY AVE. Parking meters-\$0.25/hr. (quarters only)

Wed.May 9 "Bioregionalism and organic farming" Larry Patrick.
Wed.June 13 "Mon-Fayette Tollway", Marilyn Skolnick
Wed.July 11 "Hiking across England", John and Patty Matthews.
Wed.Aug.8 "New botanical gardens for Settlers Cabin Park". Kevin McGown, Exec. Director, Horticultural Society of Western Pa.
Wed.Sept.12 "Expanding Wilderness on the Allegheny N.F." Allegheny Defense Project.
Wed.Oct.10 "Species Conservation Program at the Pittsburgh Zoo". Henry Kactczyk, Animal Curator, Pittsburgh Zoo.

(Continued from page 1)

Casbah- 10% off bill. Not valid with any other specials, discounts, or promotions. 229 S. Highland Avenue (Shadyside) Tel: (412) 661-5656, Email: casbah1@bigburrito.com, Website: www.bigburrito.com
City Books- 10% off most books. 111E. Carson Street (Southside) Tel: (412) 481-7555: email: citybooks@sprintmail.com
City Theatre-Discounts are good for 2001 Subscription Series Productions only. Subject to availability. Students 25 and under \$12 Tuesday, Thursday, and Sunday Matinee. Friday and Saturday \$15. Other hostel patrons over 25 receive a \$5 discount. Valid Student ID or receipt from Hostel to be presented at Box Office. City Theatre Performances: Tuesday-Thursday 8pm, Friday, 8pm, Saturday 5:30 &9pm, Sunday Matinee 2pm. 57 13th Street (Southside) Tel: (414) 431-CITY, email: theatre@citytheatrepg.org, Website: www.citytheatre-pgh.org
Dairy Mart- Free 44oz. Fountain drink with \$5.00 purchase; 1125 Arlington Ave. (Allentown-across the street from the Hostel!) Tel: (412)481-4122
Dave's Music Mine- 10% off total purchase (music & instruments). Not valid with any other specials, discounts or promotions. 1210 E. Carson Street (Southside) Tel: (412) 488-8800, Email: davesmusicmine@aol.com Website: www.davesmusicmine.com
East End Food Co-op- 10% on purchases at Pittsburgh's largest natural and organic food market. 7516 Meade Street (Point Breeze) Tel: (412) 242-3598
Golden Triangle Bike Rentals- 10% discount on bike rentals. 416 Woodrift Lane (near the Jail Trail) Tel: (412) 655-0835; Email: goldentrianglebikes@yahoo.com, Website:

www.bikepittsburgh.com
Gray Line Trolley Tours of Pittsburgh- \$2.00 discount per tour #1, 2, 3, & 4 only. 110 Lenzner Court, Sewickley, PA 15143 Tel: (412) 741-2720 Email: Catherine.spanard@coachusa.com, Website: www.coachusa.com
Jester's Court Tattoos & More- 20% off any tattoo, piercing, t-shirt, etc. 1410 East Carson Street (Southside) Tel: (412) 488-TATS, Email: Jesterscourt@earthlink.com
Kaya- 10% off your bill. Not valid with any other specials, discounts, or promotions. 2000 Smallman Street (Strip District) Tel:(412) 261-6565, Email: kaya1@bigburrito.com, Website: www.bigburrito.com
La Prima Espresso- 50 cents off any coffee drink for visiting members. 811 Liberty Ave., Tel: (412) 471-4590 (Downtown) Website: www.laprima.com
Little Chicago's Pizzeria- 15% discount, Eat-in, Take-out, Delivery. 1728 East Carson Street (Southside) Tel: (412) 431-1450
Macondo- 10% off the regular price of anything in the store. 406 S. Craig Street (Oakland) Tel: (412) 683-6486, Email: Macondo@telerama.com, Website: www.artshainan.com
Mad Mex - 10% off your bill, not valid with any other specials, discounts, or promotions; 7905 McKnight Road, (North Hills) Tel: (412) 366-5656, Email: madmex-nh@madmex.com, Website: www.bigburrito.com
Mad Mex- 10% OFF your bill, not valid with any other specials, discounts, or promotions; 370 Atwood Street, (Oakland) Tel: (412) 681-5656, Email: madmex-oak@madmex.com, Website: www.bigburrito.com
Mattress Factory Museum of Art- \$1.00 OFF admission. 500 Sampsoma Way (Northside) Tel: (412) 231-3169, Email: info@mattress.org, Website: www.mattress.org
Monti's Studio- 10% discount store-wide; 844 E. Warrington Ave. (Allentown-across the street from the Hostel!) Tel: (412) 381-3240
Phipps Conservatory and Botanical Gardens- 10% OFF admission to conservatory and gardens throughout the year. Something's always blooming at Phipps - so visit today! One Schenley Park (Oakland) Tel: (412) 622-6914, Email: phipps@hipps.pgh.pa.us, Website: www.phipps conservatory.org
The Pickle Barrel- Buy one Pittsburgh Dog, get one FREE! Pittsburgh Dog: Foot-long Hot Dog, Shredded Gold Cheese, Black Olives, Honey Mustard. 1301 East Carson Street (Southside) Tel: (412) 431-1114
Pittsburgh Symphony: 75% off regular ticket prices! (that's \$15/ticket!) Call Melissa Trifaro at (412) 392-3320 to book your discount tickets in advance. Discounts not available at the door, so make sure you call Melissa.
Pittsburgh Zoo and Aquarium- \$1.00 OFF admission with membership card, not valid for evening events. One discount per person. Open year-round. One Wild Place (Highland Park) Tel: (412) 665-3639; email: connie@zoo.pgh.pa.us Website: www.Pittsburghzoo.com
River's Edge Cafe- One free glass of wine with any dinner. 203 Yough Street, Confluence. 814-395-5059.
Road to Karakesh- 10% discount off total (maximum 4 guests) not valid with any other special, discounts or promotions. 320 Atwood Street (Oakland) Tel: (412) 687 0533
Slacker- 20% OFF all purchases, except magazines. 1321 E. Carson Street (Southside) Tel: (412) 381-3911, Email: steve@slackernet.com, Website: www.slackernet.com
Soba Lounge- 10% OFF your bill. Not valid with any other specials, discounts, or promotions. 5847 Ellsworth Ave. (Shadyside) Tel: (412) 362-5656, Email: soba1@bigburrito.com, Website: www.bigburrito.com
Southside Card & Gift- 20% discount on any purchase over \$5. 1717 E. Carson Street (Southside) Tel: (412) 481-2500, Email: Southsidecardgift@yahoo.com
Spice Island Tea House- 10% discount off total purchase (maximum 4 guests). Not valid with any other specials, discounts, or promotions. 235 Atwood Street (Oakland) Tel: (412) 687-5821
Swank Gear- 15% Discount. 73 ½ South 13th Street (Southside) Tel: (412) 381-1037, Email: swankgirl@worldnet.att.net, Website: www.swankgear.com
Thoreau NM, a Production Company- "Two-for-tickets"-Buy one/Get one Free. Please call ahead for details. 209 Moya Place Cottage (Mount Oliver) Tel: (412) 431-8289, Email: thore-aunm@juno.com, Website: www.trfn.clpgh.org/thoreaunm

For Fastest Service! Visit The AYH Travel Store!
Pittsburgh Council, AYH
830 E Warrington Ave, Pittsburgh 15210
Or Call (412) 431-4910 For an Agency Near You!

Ordering / HI-AYH Hostel Membership Application

Include 10% for postage (\$1.50 minimum). Pennsylvania residents must also **include 7% sales tax**. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. **Discover, MasterCard, and Visa accepted**. Please allow **two weeks** for delivery of mail orders. Priority or Overnight shipping is available; call for information

Mail to: AYH
830 E Warrington Avenue
Pittsburgh, PA 15210



Name: _____
Address: _____
Phone: _____
(day) (eve)
Birthdate: _____ Sex (M/F): _____
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Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass. Provides access to 6,000 Hostelling International hostels around the world. Includes **free** handbook of North American hostels upon request (see below) and 12 month subscription to Pittsburgh Council newsletter.

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Qty	AYH Membership	Unit Price	
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AYH Weekly Open House

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HI-AYH Membership & Travel Store Application

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Travel Books

International Hostel Handbooks (10% discount for members) A complete listing of the Hostelling International Youth Hostels with descriptions, prices, addresses and phone numbers.

Volume I Europe and the Mediterranean.....	\$10.95
Volume II Asia, Africa, Americas, Pacific	\$10.95

Let's Go (The famous series of books for the budget traveler-published by Harvard Student Agencies)

Let's Go Europe	\$21.99 (members ... \$19.79)
Let's Go USA	\$22.99 (members ... \$20.69)

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and many more...	

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Cotton Sheet Sack Comfortable cotton blend.....	\$14.99 (members ... \$13.50)
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The economic solution to rail travel in Europe. Eurail passes are valid throughout all Europe except Britain. For Britain, buy Britrail or BritFrance passes. Available only in the U.S. The more popular passes are described below. Ask for a free brochure on other Eurail and Single Country passes.

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Eurail Flexipass 15 days first class travel in 2 months	\$862.00
Eurail Saverpass 15 days travel with 2 or 3 friends (per person)	\$732.00
BritRail Flexipass 8 travel days in 2 months (youth)	\$240.00
BritRail Flexipass 8 travel days in 2 months (adult 1st class)	\$510.00
Eurostar one way between London & Paris (youth).....	\$79.00
All Other Passes available	CALL

Outdoor Recreation Books

Allegheny National Forest Hiking Guide describes more than 240 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 186 pages, 25 maps. Fourth Edition (1999) \$9.95
Baker Trail Guide describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. (updated 1994)

..... \$7.00

Canoeing Guide to Western Pennsylvania and Northern West Virginia contains information on 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991)\$13.95

Fifty Hikes in Western Pennsylvania by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. Fifty Hikes contains lots of interesting background material on the history and geology of each area.

206 pages , 60 pages of maps, 48 photos. 3rd Edition (1999).....\$15.95

Hikers Guide to Laurel Highlands Trail describes the 70 miles of the trail from Ohiopyle park to Conemaugh Gorge atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages , 24 pages of maps.

New 5th Edition (1997)..... \$6.00

The Laurel Highlands: A Hiking Guide by The Sierra Club gives you all the information you need to enjoy this major recreational and natural resource. This 288-page Guide describes opportunities for hiking, backpacking and ski-touring on 446 miles of foot trails on the public lands of these Laurel Highlands.....\$11.95

Monongahela National Forest Hiking Guide describes more than 160 Forest Service trails in 1,350 square miles of the Mon National Forest - one of the best areas for hiking, backpacking and ski touring in this part of the country. Published by the West Virginia Highlands Conservancy. 320 pages , 60 maps , 39 photos. 7th Edition (1999) \$12.95

Pennsylvania Hiking Trails describes more than 290 trails and hiking areas throughout Pennsylvania. Published by Keystone Trails Association.

224 - pages , 94 maps. 12th edition (1998).....\$14.95

Rachel Carson Trail Guide describes the Rachel Carson trail from North Park to Freeport in Allegheny County. Published by AYH. (1998)\$7.00

Fifty Hikes in Central Pennsylvania by Tom Thwaites. Another excellent book in the Fifty Hikes series covering day hikes and backpacking in the heart of Pennsylvania. Includes the Tuscarora Ridge, Alan Seeger, and John P. Saylor Trails as well as other favorites.

Third Edition..... \$14.00

Canoeing and Kayaking Ohio's Streams - An access guide for paddlers and anglers. Maps, hazards, portages, shuttles, history and game fish information for 45 Ohio Rivers.

194 pages. (1994) \$17.00

Canoe Streams Map of the Upper Ohio Basin\$3.00

Appalachian Trail in Pennsylvania, Tenth Edition (1999). A revised edition of the official guide to the 232 miles of the AT in Pennsylvania.

200 pages, pack size (4.5 x 6.5 inches) \$9.00

NEW: Pennsylvania's Rail-Trails Guide New bike-bag sized guide to the state's rail-trails by the Rails-to-Trails Conservancy. Two page introduction to each section of trail with maps and descriptions 4th edition..... \$13.95

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830 E Warrington Avenue
Pittsburgh, PA 15210



Name:_____

Address:_____

Phone:_____

(day) (eve)

Birthdate:_____ **Sex (M/F):**_____

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Qty	Merchandise	Unit Price	Total Price
	Merchandise	Subtotal	
	Merchandise	Postage	
	Merchandise	Tax	
	Donation to	AYH	
Qty	AYH Membership	Unit Price	
	(Type:)		
	Eurail Passes		
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