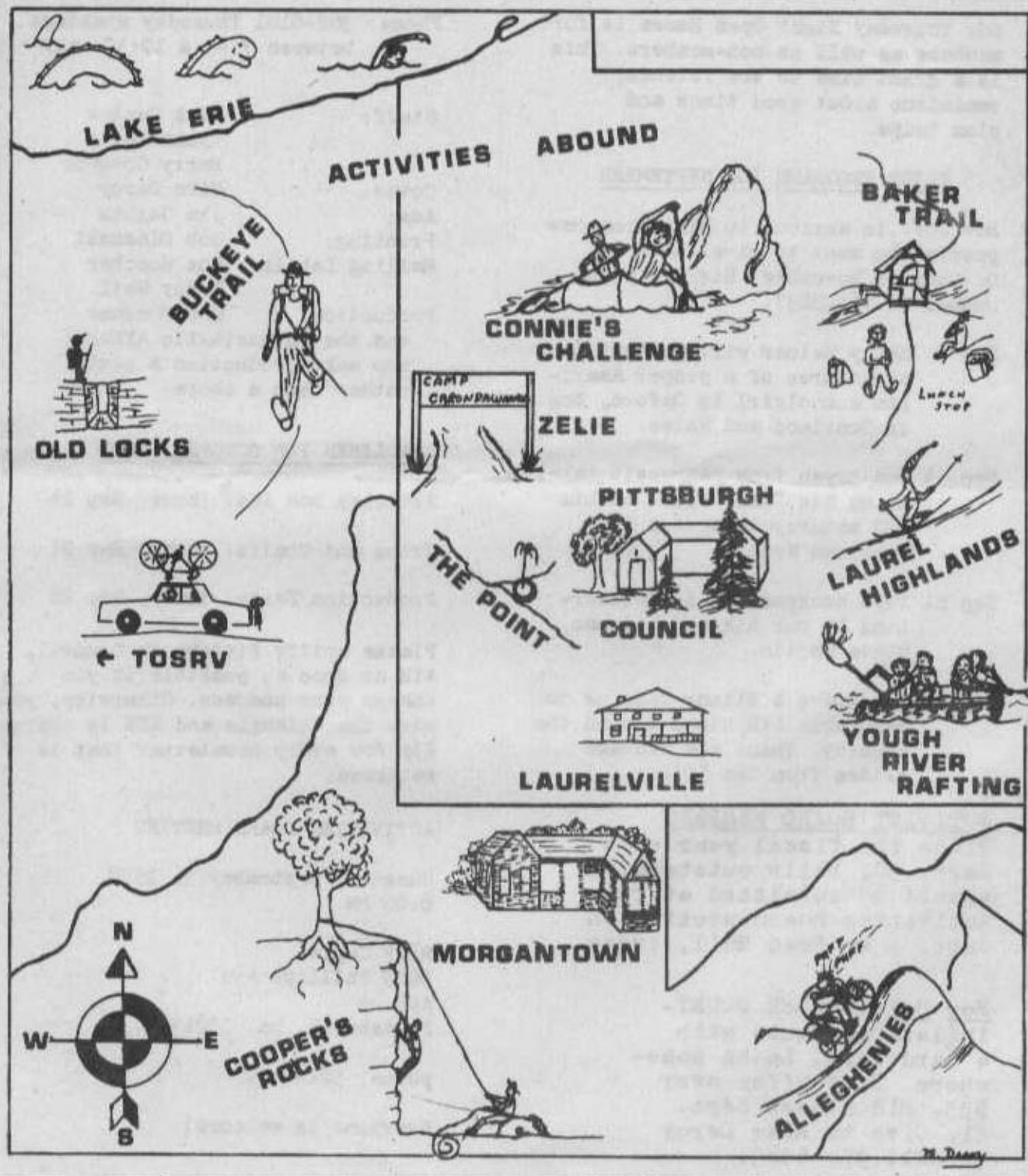


# GOLDEN TRIANGLE

Pittsburgh Council, AYH

September, 1978

vol. 29, no. 9



# OPEN HOUSE

## Every Thursday Night

Doors Open: 7:45

Slide Program 8:45

Our Thursday Night Open House is for members as well as non-members. This is a great time to see friends, reminisce about good times and plan trips.

## SLIDE PROGRAMS FOR SEPTEMBER

Bob Goff is anxious to hear from new people who want to give shows in October or November. His new phone number is 761-2837.

Sep 7 Kathy Weiner will present the adventures of a proper American schoolgirl in Oxford, Eng. in Scotland and Wales.

Sep 14 Don Bryan from PATransit takes us on his "last ride" on his BMW motorcycle across the American West.

Sep 21 1978 backpacking in Switzerland by our hiking chairman, Steve Martin.

Sep 28 J.D. Myers & Elinor take us on memorable AYH hikes around the country. These are vintage slides from the 50's.

## ACTIVITY BOARD MEMBERS

Since the fiscal year ends Sept. 30, bills outstanding should be submitted at the Activities Board meeting on Sept. 5 to Fred Hull, treas.

## For Sale: RUBBER DUCKY-

inflatable canoe with a hard deck. Leaks somewhere. Best offer over \$35. Bid closes Sept. 21. Give to Mike Deroy or call 371-6943.

## THE GOLDEN TRIANGLE

The Golden Triangle is a monthly publication of the Pittsburgh Council of American Youth Hostels, Inc., 6300 Fifth Ave., Pittsburgh, Pa. 15232

Phone: 362-8181 Thursday evenings between 7:45 & 10:30 only

Staff:	Rick Caplan Lynne Kelly Barry Govenor
Cover:	Mike Deroy
Ads:	Jim Gogots
Printing:	Bob Oldenski
Mailing Labels:	Don Hoecker & Roy Weil
Production:	Don Hoecker and the enthusiastic AYHers who make production a party rather than a chore.

## DEADLINES FOR OCTOBER ISSUE

Articles and Ads: Thurs, Sep 14

Trips and Trails: Thurs, Sep 21

Production Party: Thurs, Sep 28

Please notify Pittsburgh Council, AYH as soon as possible if you change your address. Otherwise, you miss The Triangle and AYH is charged 25¢ for every newsletter that is returned.

## ACTIVITIES BOARD MEETING

Tuesday, September 5, 1978  
8:00 PM

Rick Caplan  
5615 Phillips Ave.  
Apt. 4  
Pittsburgh, Pa. 15217

phone: 521-4420

Everyone is welcome!

## TIPS & TALES

by Joe Hoehner

The wilderness trail shop, "Avalanche", is looking for experienced backpackers, climbers, kayakers, and cross-country skiers for part and full-time positions in their shop. They need cross-country instructors for a new rental facility they will manage November through February. Stop in to talk to them at 1794 N. Highland Road Bethel Park-South Hills.

Want to learn more about outdoor activities? Go to night school. Check out the evening classes being offered around town (Pitt, Community College, etc.). You'll discover classes on backpacking, cross-country skiing, bicycling, etc.

Would you like to find out more about the future of Hartwood acres? The Sierra Club has scheduled a speaker to discuss the park's future Wednesday, Sept. 13 at 7:30 p.m. at the Garden Center-next to the middle parking lot of the Arts & Crafts Center.

A spare, old A.Y.H. life jacket (with straps) - on white water canoe or raft trips - would make do as a temporary splint for a broken arm or leg.

If you plan to go to Europe, Freddie Laker's "Skytrain" may just be the cheapest way to get there. If you want some information about schedules, fare, etc. call: (212)765-0635 N.Y.C. office (212)995-3860 Airport office. When you arrive in England, stay there-it's less expensive to visit and they may be the only ones accepting American dollars.

If you ever want to contact your area senators about anything (like the Alaska Wilderness Bill) you can call their downtown offices. The phone numbers are:  
John H. Heinz III  
562-0533  
Richard S. Schweiker  
644-3400

It has been reported that a front handlebar bag produces more wind resistance than two rear pannier bags.

If you're a North Park user, you may have noticed the barrier erected by the park to keep thru traffic out of the tennis court area. Unfortunately, the fence also created problems for pedestrians, joggers, and bicyclists. NO MORE!. Thanks to the efforts of the Western Pennsylvania Wheelman, the barrier has been modified by the Parks Dept. to permit thru traffic by people "traveling under their own steam." Many thanks W.P.W.!

Did you hear about the trip leader that lead so many trips...his car keys rusted out?



Area photographers are encouraged to capture a prize winning photo of the "Natural World", the theme of a contest sponsored by the Leonard S. Mudge Environmental Education Program of Carnegie Museum of Natural History. Subjects for the contests theme might include: flowers, scenery, natural phenomena, and wildlife.

Categories in the contest range from black and white prints to 35mm. color transparencies to color photographs. Contestants may submit three previously unpublished photographs in each category.

A three member panel of judges will select the winning entries. Prize winners will have their photographs on display in the Changing Exhibits Gallery of the Carnegie Museum of Natural History December 19 through March 18, 1979.

Entries will be accepted until September 30. A \$2.00 fee must accompany photos submitted in each category. For additional information and entry forms, call 622-3283.

SNOW is just around the corner so NOW is the time to think seriously about outfitting yourself in cross-country ski equipment or upgrading your present equipment. Jane Toben is looking into a group discount on cross-country ski equipment: bindings, poles, and particularly TRAC fish scale skis and Haugen boots. Interested persons please contact her soon at home 466-7885) or work 462-5000 ext. 6585, or see her at the AYH.

your kind of

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Cross-Country Skiing Today	5.00
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The New Complete Walker	* 11.00
Pole, Paddle & Portage	4.00
Simple Foods for the Pack	5.00
The Snowshoe Book	5.00
Winter Hiking and Camping	5.75
Youth Hosteler's Guide to Europe	4.00

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♪ A' COMING...



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## LET'S GO SAILING -- 4

By David Guthrie

Have you saved your past lessons? Good! If not, shame on you! The first covered the theory of sail; the second discussed sailing headings, and the third lesson explained the hardware of a sailboat. In this last and final lesson, let's cast off!

First, remember to step into the middle of the boat or it may tip over ruining your outing from the beginning! Then, clip the jib onto the forestay and hoist the mainsail and the jib. Let's cast off with the wind on the port beam (at a right angle to the keel from the port side). Push the tiller away from you and you'll gradually ease into the wind. As you do so, heave in the mainsheet until the boom is over a point between the starboard quarter and the centerline of the boat. Gradually edge the boat 'round until a slight flutter (or luff) disturbs the edge of the mainsail. This means that you're a bit too close to the wind so adjust the tiller toward you until the sail ceases to tremble. What position are you in now? Close-hauled (remember?).

Now try tacking. To do this, you must repeat the previous manoeuvres, turning the boat into the wind, but this time, instead of edging her back on her original course, carry on turning through the wind (remember the word gybing?) until it's blowing over the starboard side of the boat. This sounds easy, but there are two words of advice. The boat will heave to unless you have sufficient momentum to carry you past the point where you're headed directly into the wind to fill your sails on the other side. Secondly, as you always side with your back to the wind, you will have to cross the boat to starboard, ducking your head as the boom swings across. Tricky!

Now that you have completed a port-to-starboard tack, repeat the procedure in a zig-zag course as in Lesson 2.

Currently, you're on a port tack (the wind is coming from your port beam). Move the tiller toward you, letting out the mainsheet as you go. Hold this position and the sail will fill until it is set almost at right angles to the wind. Now, you are running before the wind. Calm and fast, your wake's kicking up at a good boiling pace. An easy sail, right?

Maybe. But now for my first real warning. . . Reflect for a moment. Your sail is filled with wind and is sticking out over the starboard side. What will happen if you continue to turn so that the wind suddenly hits the starboard face of the sail??? Stop and think.

You will be in definite trouble. The sail and the boom will sweep across the stern to the port side like lightening. Simultaneously, you'll have to change position to the opposite side of the boat. You don't have to be a genius to realize that if you and the boom collide, decapitation and shipwreck will result. If you gybe, never hesitate -- it could be fatal. If you put your tiller hard over, be ready and

counteract the boat's willingness to head up into the wind.

When you come to land, pick a place with room to manoeuvre, if possible, and swing into the wind to "apply your brakes", loosening the sheet at the same time. When you come in, remember that your centerboard and rudder are sticking well below the bottom of the hull, so pull them up to prevent damage. If you're really in trouble, lower the mainsail and paddle to shore. It's better to lose face than your life.

If you have crew, they are responsible for the jib sheets and centerboard. You are the SKIPPER, so your orders are final (you are also responsible legally for the safety of all aboard). Tell your crew what to do before you do it in plenty of time -- especially when gybing. If you land with two sails, you may have too much speed, so drop your main and come in on the jib alone. This will effectively slow your forward rush.

A last word about the rules of the waterways. There are all of these complicated rules such as a boat on a starboard tack always has the right-of-way over a boat on a port tack, but they will not do anything if you're a beginner but confuse you. So remember Guthrie's Rule of Battleships. Ergo, every boat on the water is a battleship that you must avoid. Don't put the burden on the other captain. He or she might be an idiot.

Now you are ready to set sail. If you ignore my lessons, you will either: (a) capsize, (b) drown, (c) end up with a nasty bump on the head, or (d) all of the above, and I will personally come to Pittsburgh and keel-haul you in the Monongahela River!

As a reward for the good students, I'll sponsor several weekends of sailing on Chesapeake Bay, with an overnight on a 26 foot Commander. The cost will be approximately be \$35.00, with an equal amount necessary as a refundable deposit. You will be putting everything into practice and have a delightful time besides! I promise to hide my cat 'o nine tails! Let me know if you want to crew by writing me at my new address: 4900 B2 South 29th Road, Arlington, Virginia 22206. My new telephone number is: (703)998-8645. You may be able to receive a copy of all four sailing lessons if you write me nicely and enclose a self-addressed stamped envelope. This will be the only announcement in the Triangle, so be advised. By jove, I think we've got it! So start those letters coming in if you're intrested. See you aboard!!!

Can any AYH member or a friend save the Pittsburgh Council all or part of \$450 per year? The state of Pennsylvania requires charitable organizations to register and file annual financial reports certified by an independent public accountant. A professional audit costs us \$450.

If an accountant could supervise the work of an auditing committee composed of members, the time and effort should not be too great. Our fiscal year ends Sept. 30. Call Fred Hull, 242-5379, if you can help or desire more information.



Screaming Eagle Boat Works  
1426 Fourth Avenue  
Coraopolis, Pennsylvania 15108

American Youth Hostel  
6300 Fifth Avenue  
Pittsburgh, Pennsylvania 15236

Dear A.Y.H. Member:

The Screaming Eagle Boat Works would like to Thank You for helping us make the 1978 Summer Season a success.

It is now time for us to start preparing for the Cross Country Ski Season.

OUR CROSS COUNTRY EQUIPMENT IS STARTING TO ARRIVE AND WE MUST MAKE ROOM FOR IT!

So (as you might have guessed), we're holding a Sale for eight days

AUGUST 26 THRU SEPTEMBER 2, 1978

Every item in the store will be marked down. Some items will go at dealer cost. This includes certain Canoe Models. Below is a partial list of equipment being offered.

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Super Heavy Plaid Shirts  
100% Wool Crusher Hats

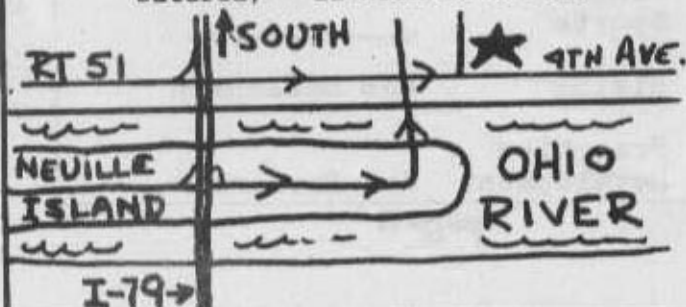
MAD RIVER AND PERCEPTION  
TEE SHIRTS

ACCESSORIES

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Open Canoe Air Bags  
Kayak Air Bags

PLUS MUCH, MUCH MORE!

Our store hours are Monday thru Friday - Evenings 7 P.M. to 9 P.M. -  
Saturday - 12 Noon to 5 P.M.



Thank You,

*Phil Hordner*  
*Bale Hordner*

THE MANAGEMENT  
THE SCREAMING EAGLE BOAT WORKS

# PITTSBURGH COUNCIL ELECTIONS!

Here's your chance to become involved. Every fall is the time to nominate chairpersons for AYH's various activities. If you are currently a chairperson and want to be renominated, please let Joe Hoechner know. If you want to "step down", you have (hopefully) been training a successor to your position. If you are "Independent", and skilled in a particular activity, please tell Joe. Of course, you can always nominate someone else to a position too--as long as they are qualified!

The following list reflects all of the positions available and the names of those people who have expressed an interest in a position. This list will be finalized in the October Triangle with the elections to be held mid-month. If a position is filled, don't let that stop you from nominating yourself (or someone else). That is what elections are for.

If you would like more information about the duties involved with any AYH activities, call Joe at 343-2465 by Sept. 15.

POSITION	NOMINEE(S)
Trail Coordination	Jack Leahy
Leadership Development/ Education	_____
Environmental Service	Cliff Ham

POSITION	NOMINEE(S)
President	Jim Gogots Mike Haddad
Secretary	Aylene Harper
Treasurer	Fred Hull
Asst. Treas.	Joel Platt
House Manager	Gary Ludwig
Membership Committee	Libby Allen Barry Govenor
Editor	Rick Caplan + _____
Publications	Bruce Sundquist + _____
Program	_____
Trips&Trails	_____
Public Relations	Chris Reid
Hostel Development	Joe Hoechner
Canoeing	_____
Special Projects	Beebe Frazier
Rafting	John Orndorff
Climbing	Wojie
Caving	Norm Snyder
Nordic (x-c) Ski	_____
Cycling Committee	Ed Sieger, Susan Lincoln, Chuck Egak
Winter Sports	_____
Hiking	Rob McEachern
Franchise Development	Jon Barnard



# TRIPS & TRAILS

The trips listed below are open to the public with the exception that AYH members are given priority when the trip is of limited size. Trip costs include 50¢ registration and insurance (\$500 medical) plus transportation costs and equipment rental. In addition to these fees, non-members are charged \$1.50 per day; one fee can be deducted from the cost of membership if the tripper joins AYH within 30 days following the trip. Call the trip leader to reserve or cancel or to get information. Please call during normal hours (6:30-9:30 PM) unless otherwise noted. Make reservations as early as possible but in no case later than the Thursday before the trip.



## BICYCLING

Chairpersons: Ed Sieger 561-4790

- Sat Sep 2 a WAG ride - Dave Lemarié and Lori Albright will probably do one of the WAG rides for a distance of 40 to 50 miles. Call Either 833-7912 or 683-4943.
- Sun Sep 10 Advanced - Destination undetermined. Trip will be in excess of 50 miles. You must see or call Chuck before the ride at 327-5031.
- Fri Sep 16 Inter. - Barb Murock and Rick Caplan will lead an Indian Summer Tour north of Pgh. around Moraine State Park and McConnell's Mills. Cyclists will carry their own camping gear. Trip covers about 40 miles/day. Call Rick at 521-4420 to reserve.
- Sun Sep 18
- Sun Sep 17 Inter. - Jill Stockmal will lead a trip to Ligonier area. Bring lunch. Leave at 8:30AM. Call Jill at 362-9393.
- Fri Sep 22 N.E.O.C. - Join Joe Hoschner to do N.E.O.C. (110 miles). Drive up to Youngstown Fri nite, do N.E.O.C. Sat & return to Pitts that nite. Cost is about \$10. Reserve with Joe @ 343-2465.
- Sat Sep 23
- Fri Sep 22 N.E.O.C. - Ride from Camp Carondowanna Youth Hostel to Youngstown for N.E.O.C. Leave Fombell at 7:30 AM. Call Nan or Dave Porterfield day or night 452-7071. Riders need to be able to ride 65 miles with equipment. One walking hill on last year's ride! Bring food, money, and sign up for N.E.O.C. with sleeping bag space. No sag wagon.
- Sat Sep 23 N.E.O.C. - Get an application from N.E.O.C. 5 COMMUNICATIONS, c/o John C. Boyd, 116 Prestwick Drive, Youngstown, Ohio 44512, phone 216-782-5387.
- Sun Sep 24 N.E.O.C. - Ride from Youngstown to Camp Carondowanna Youth Hostel the day after N.E.O.C. You'll need to arrange for overnight stay in Youngstown. Bring food money and arrange for ride from Fombell to home. Call Nan or Dave Porterfield day or night 452-7071.
- Sat Sep 30 Century - Sponsored by W.P.W. around North Park. 100 mile on Sunday
- Sun Oct 1 only. Metric Century both days. Leave 8AM. Call Jack Phillips 782-1341.
- Sun Oct 1 Inter. - Destination to be announced. Call Craig Kaufman 344-5189.



## BACKPACKING & HIKING

Chairperson: Steve Martin 462-5000 ext. 6185

The hostel does rent backpacking equipment ( tent, tarp, backpack, sleeping bag ) at reasonable prices, so don't let the price of owning equipment keep you from backpacking. Talk to trip leaders to see if equipment is available for their trips.

- Sat Sep 2 Beginner - Labor Day outing to Dolly Sods. Last chance to see summer wildflowers. Leave AYH at 8AM. Call Bob Rudland 421-2227 or during the day at 462-5000, ext 6182.
- Sun Sep 3
- Fri Sep 8 Inter. B.P. - Join Bill Porter on a trip to West Virginia. Leave hostel at 6:30PM.
- Sun Sep 10
- Sun Sep 10 Beginner Hike - Valerie Krenicky will lead a hike at Laurel Highlands. Bring lunch, water & rain gear. Leave Hostel at 8AM. Call 462-4486.
- Tue Sep 12 B.P. School - Rick Caplan will discuss the basics of backpacking equipment and packing a pack. Meet at the hostel at 7:30PM.
- Fri Sep 15 Inter. - Jerry Dado will lead an exploratory backpacking trip on the Queshanna Trail in central Pa. Leave AYH 7PM. Cost will be about \$10. To reserve, call Jerry at 751-2045.
- Sun Sep 17
- Sun Sep 17 Begin. Hike - Join Paul Stratton and Harvey for 6 mile hike at Bear Run Nature Reserve. Bring lunch & rain gear. Leave AYH at 9AM. Call Paul at 929-7923 or work: 462-5000, ext 7504.
- Fri Sep 22 Inter. B.P. - Steve Martin will lead an exploratory trip on the Chuck Keiper Trail in central Pa. Leave AYH 7PM, cost about \$10. Call during the day: 462-5000, ext 6185.
- Sun Sep 24
- Sat Sep 23 Begin. Hike - Joe Curlee will lead a hike on Laurel Highlands Trail. Leave AYH at 8:30AM. Bring lunch. Call Joe at 422-9672.
- Fri Sep 29 Begin. B.P. - To Wolf Gap, George Washington National Forest, Virginia.
- Sun Oct 1 For information, call Rick Caplan at 521-4420.
- Fri Sep 29 Inter. B.P. - Dick Nugent will lead a trip to Dolly Sods. Bring a warm sleeping bag. Call 487-5549.
- Sun Oct 1
- Sun Oct 1 Begin. Hike and Supper Club - Sally Brunson will lead a hike somewhere on the Baker Trail with a stop for supper afterwards at Clark's in Kittanning. Leave AYH 9AM and bring a lunch. Call Sally at 231-6074.
- Sat Oct 14 Begin. B.P. - Fall outing while the trees are changing to the Monongahela National Forest in West Virginia. Leave AYH 8AM on Sat. Cost about \$10. Call Bob Rudland 421-2227, w-462-5000ext6182.
- Sun Oct 15



## SPECIAL EVENTS & FUTURE TRIPS

- Tue Sep 12 Advanced 1st Aid & CPR - Sessions for several Tuesdays starting the 12th At the Red Cross Bldg., 4th Ave, Downtown. Call Bruce Godwin 361-3586.



## CANOEING

Chairperson: Mike Deroy 371-6843

For those who have graduated from WWII and would like to receive a certificate from the A.C.A. (American Canoe Association) for Class II water, the date for the water and written test (tandem skills) is tentatively set for either the 14th or 15th of October. More info in the October Triangle.

- Fri Sep 1 Intermediate/Advanced - Gordon and Jan Bugby will be riding the waves of the New River. This trip requires camping gear. Let 'em know you're coming, 371-4233 before 10 PM. Meet Friday 6PM.
- Mon Sep 4
- Sat Sep 9 Inter. - Class I for people with WWI; same as the trip on 24th of this month, but to reserve call Ed @ 561-4790.
- Sun Sep 10 Solo School - For those who have taken both WWI & WWII and a few trips, here is your chance to find out that you can make mistakes all by yourself. Need the same things as for WWII. Boats are limited. Reserve with Jan @ 371-4233.
- Sat Sep 16 To Be Announced
- Sun Sep 17 Inter. - Class II type trip. Call Dave, 327-2778.
- Sat Sep 23 To Be Announced
- Sun Sep 24 Inter Class I - For people who have had WWI. Need lunch in plastic bag, water, kneelers that attach to knee and \$7. Call Ray Yetzy 929-4443.
- Sat Sep 30 To Be Announced
- Sun Oct 1 Inter Class II - Bring the usual, \$7. Call Jim 384-9149.



## RAFTING

Chairperson: John Orndorff 362-5401

All trippers should arrive at the hostel for raft trips at 8 AM unless otherwise noted. They should bring a set of dry clothes in a day pack, a lunch in a plastic bag, something to drink in a non-breakable container, a set of river clothes including tie-on tennies, sun protection (hat, lotion) and about \$10. All trips are on the lower Yough, unless noted elsewhere.

- Sat Sep 9 John Orndorff (362-5401)
- Sat Sep 16 Norm Snyder (351-4068)
- Sun Sep 17 Gary Feldman (681-6146)



## AYH Membership Application

Fill out the following membership application and bring or send it with a check payable to "Pittsburgh Council, AYH" to Membership, AYH, 6300 Fifth Avenue, Pittsburgh, Pa., 15232.

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ Occupation \_\_\_\_\_  
\_\_\_\_\_ (zip code) New/Renewal \_\_\_\_\_

_____ Youth membership (under 18)	\$5.00
_____ Senior memberships (18 and over)	\$11.00
_____ Family (valid in USA and Canada only)	\$12.00
_____ Organization membership	\$25.00
_____ LIFE	\$110.00
_____ FAMILY LIFE	\$220.00

Please Circle:

Service Interests: Newsletter, Hostel Development, Bicycling,  
Publicity, Trail Maintenance, Eq. Repair, Auditor Service,  
Typing, Art Work, Key Punch.

Leadership: Backpacking, Bicycling, Canoeing, Caving, Climbing,  
Cross-country skiing, Hiking, Rafting.

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