

AMERICAN YOUTH HOSTELS

GOLDEN TRIANGLE

July 1987 Vol. 38 No. 7



A NEW WASHINGTON MONUMENT!

Washington International Youth Hostel.



**Pittsburgh Council
American Youth Hostels, Inc.**

6300 FIFTH AVENUE
PITTSBURGH, PA. 15232
(412) 362-8181 THURS.-EVE.

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AMERICAN YOUTH HOSTELS
Pittsburgh Council
6300 Fifth Avenue
Pittsburgh, PA 15232
Phone 412-362-8181



Pittsburgh Council of American Youth Hostels is a non-profit, volunteer organization dedicated to hostelling, outdoor education and self-powered recreation. We have many activities. The council has some rental equipment available for use on council trips. A full range of skill levels are offered, and we also offer courses in our activities so that everyone may upgrade their skills. Pittsburgh Council AYH maintains about 200 miles of trail in western Pennsylvania, writes and publishes several guides for people interested in outdoor activities and maintains the Chiopyle State Park Youth Hostel.

Our headquarters is located near the corner of Fifth and Shady Avenues in Mellon Park. We are nestled between the Pittsburgh Center for the Arts and the Pittsburgh Civic Garden Center. Meetings are held every Thursday evening. The building opens at about 8 pm and the program starts around 8:15. Weekly trip announcements are made immediately following the program. Thursday evenings are the only time when you can be sure that a real person will answer the phone. A machine will answer at all other times; leave your name and address and you will receive a response to your message.

Pittsburgh Council AYH trips are listed in the center of this issue. AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity notes, where you may find more information. After you have read over everything call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring; ask where you'll be going. How late will you get back? What is all this going to cost you? AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover carpool, registration, equipment rental and any other expenses (we often stop at a restaurant on the way home).

Trips listed are open to the public; AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee. IN ADDITION, non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee also covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).

OFFICIAL MEMBERSHIP APPLICATION

NOTE: International Hostel Handbooks are available for \$7.00 each at Pittsburgh Council Headquarters (Thursday nights 8:00 - 10:00 P.M.) Volume I (Europe and the Mediterranean) and Volume II (Africa, America, Asia and Australia). Make all checks payable to "Pittsburgh AYH".

- ☐ \$ 10.00 Junior (17 years and under).
- ☐ \$ 10.00 Senior Citizen (60 years and over).
- ☐ \$ 20.00 Senior (18 years and over).
- ☐ \$ 50.00 3 Yr. Senior (18 years and over).
- ☐ \$ 30.00 Family (Includes children under 18 years).
- ☐ \$200.00 Life (Individual lifetime membership).
- ☐ \$ 18.00 Foreign Nationals (Including Canadians).
- ☒ \$1.00 Postage (for each Membership or International Handbook ordered).

BIRTHDATE: Month _____ Day _____ Year _____

NAME: _____ (Last) _____ (First) _____ (Middle)

STREET: _____ (Permanent Address Only)

CITY: _____ STATE _____ ZIP CODE _____

Were you a member of AYH this past year? ☒ Yes ☐ No

(Signature of Applicant) _____

If you wish Membership Card sent to a temporary address, give same below:

CARE OF: _____ STREET _____

The Golden Triangle is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

EDITOR Joy Layton, 1048 Mirror St. Apt. 2, Pgh., PA 15217 (412) 422-1995

ADVERTISING Carol Burt

MAILING Roy Weil

PRODUCTION Don Hoecker

HOSTEL REPORTER Cheryl Arnold

DEADLINES FOR THE AUGUST ISSUE:

July 2 all ads and articles

July 23 Production

FEISTY?!

Many people believe that my reputation as a feisty person is somewhat exaggerated. They think that it's purely a "front". HA!! Just ask anyone involved with the Triangle if they think that it's all for show!

Take advertising for instance; Carol Burt has been so intimidated that she's moving to Maryland! After a year of hard work (which, incidentally, has paid off), Carol has been bullied by me enough. She has put up with my "if it's late - drop it" attitude for as long as she can. She has posed as a diplomat in the never-ending battle between a feisty editor and much-needed advertisers. She has mediated, cajoled, scolded and suffered long enough! May I take this moment to step out of character and say a heartfelt thanks to Carol for all that she's put up with and for all that she's given to Pittsburgh Council. Best of luck in Maryland!

Joy ☺



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AYH PROGRAMS FOR JULY

July 2 Tonight's gala color movie highlights some American History

July 9 Wind River Wilderness Revisited with Glenn Oster

July 23 Lets go hiking in the Austrian Alps & South Tyrol with Fra Klemencic

July 30 Touring Switzerland & the Rhine Valley with Wayne Hennemut

August/September World Adventure Vacations

If you are planning a late summer or early fall vacation, check the World Adventure catalog for exciting possibilities. AYH offers fall bike trips in New England and Ontario, or a Christmas vacation ride in Hawaii. Late summer/early fall hiking opportunities include Ireland and the Adirondacks. A five week tour of Europe by train and ferry departs in September. A two week Oktoberfest journey to Munich and the Bavarian Alps leaves late in September.

FOR A MEMORABLE VACATION IN 1987, CHOOSE A WORLD ADVENTURE TRIP! Obtain a catalog at headquarters on Thursday evenings or send 88¢ stamps to: World Adventure AYH

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Pittsburgh, Pa. 15232

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WHITEWATER

ACCESSORIES

pyranha

ROTO MOLDED KAYAKS

* During the summer of 1986, a group of tough American and British paddlers again left for Nepal and Mount Everest. Their goal was bold and uncompromising: to climb with their kayaks on their backs to the highest point of Mount Everest from where Kabu Duzi could be paddled over 200 miles in length and thousands of feet down in elevation to it's end.

For this awesome task, members of the 1986 Mount Everest Kayak Expedition deliberately chose the toughest, best available kayaks to suit the purpose. The expedition exclusively used the crosslinked, roto-molded PYRANHA kayaks.

WIND & WATER BOATWORKS

10 Miles North of Turnpike Exit
on Route 8 Towards Butler



412-586-2030

Hosteling News

There's a well-kept secret in Peninsula, Ohio, deep in the heart of Cuyahoga National Recreation Area, and that is the Stanford House Hostel! It is an historic 144 year old "New England type" farmhouse complete with red barn and pond. It houses six bedrooms with 1 to 6 beds per room and a total capacity of 30 beds. There's a good size common room, a dining room that can seat 30+ people and a big commercial kitchen. There's also plenty of room for storing bikes indoors as well as lots of outdoor parking behind the barn.

Of course there's plenty of day hiking in the 32,000 acres of National Park land either on the park trail, or on the Buckeye Trail for extended hikes. There's a towpath just out the front door that even allows all-terrain bikes. Although the towpath remains to be fully developed, it is possible to ride north at least 10 miles on it.

On a hot summer day, you can walk one mile from the hostel along the towpath to Brandywine Ski Area in Dover Lake Park where you can cool off in the exciting water slides on the same hills that support the downhill ski trails in the winter. The water-slide is easily rated the "biggest in the Midwest"!

Also, there's lots of biking on roads and bike trails in the area with some great destinations! Quaker Square in Akron is only 15 miles away. This is the renovated Quaker Oats Mill newly converted to a unique mall with at least three good restaurants. The Cleveland Zoo, rated one of the 5 best in the nation, is another "best-kept secret", I'm told. There's also the Cleveland Art Museum with its renowned Far Eastern Collection as well as the Natural History Museum. And for "Mash" fans, the Cleveland Health Museum is presently showing an extensive exhibit of "Mash Memorabilia" from the tv show.

For those hostellers with more of an historical inclination, the Hale Farm and Village is just for you. It is an 18th or 19th Century village operated by the Western Reserve Historical Society, with a fully working blacksmith shop, candlemaking shop, glassblowing shop, as well as many others.

And you don't have to sit in the hostel during the evening. There's the Blossom Music Center presenting outdoor concerts to a potential 1600 people (counting all the lawn space in its natural amphitheater) every night. Rock concerts are on weekends. (It is the summer home of the Cleveland Symphony Orchestra). There's also the Colosseum in Cleveland for big events and the "Peninsula Night Club" in the valley for simpler tastes.

Now, if you're convinced that you want to try Stanford House Hostel, you can call Joe Hoechner at 242-0781 and sign up for the bike trip he's leading this month. See 'ya at Stanford House!

SEA-KAYAKING

Plan ahead for an extended sea kayak trip to Maine. Explore islands and eat lobsters. Camp near pine trees and salt water. Before or after the Eastern Sea Kayaking Symposium in Castine, Maine. Contact Cathy Lynch (361-3707), Ted Self (795-6286), or Judy Turnadge (327-0141).

KAYAKING

AYH beginning kayaking schools are held once a month, June through September, each summer. These schools provide an introduction to the exciting sport of white water kayaking. They are open to complete beginners (those who have never been in a kayak before) and to those who have never kayaked on white water before. The schools last an entire weekend and include an overnight stay at a youth hostel. The first day of the school is spent learning the basic skills of kayak paddling on a nice, calm lake. The second is spent developing those skills on a very easy (Class I-II) white water river. The tentative dates for the 1987 beginner schools are: (June 20-21), July 11-12, August 15-16, and September 12-13. Space is very limited and preference will be given to AYH members so sign up early. Call Lou Conley at 681-8321 for further information.

RAFTING

Volunteers are needed to lead trips for the months of July and August. Anyone interested can contact Cindy Rupert at work (261-5300) or at home (829-7528). Call at work only if you are interested in leading a trip.

Suggested attire: beat-up sneakers, windbreaker, bandana, glasses strap, 2 pr. socks, complete change of clothes to put on after the trip.

Watch the newsletter for details on an August trip to the Upper Yough. Prices will be somewhere between \$50 - \$84; most likely the trip will be on a weekday in early August. The Upper Yough is an 11 mile stretch of Class IV (very difficult) to Class VI (limited managability) water for a team of experts only. This will be a 4 to 6 hour trip in 4-man rafts with one professional guide per raft. For seasoned rafters only.

Also, in September there will be a trip to the Lower Gauley — Class IV and V rapids. This is also an 11 mile trip, averaging 4 hours, in 10-man "Gauley" rafts. Cost will be \$50-\$70. Plan on driving down Sat. evening and waking up early Sunday to hit the river. Details are still being worked out.



LOST & FOUND: one small Puma paddling jacket left in my car on recent canoe trip. Call Bob Buck at 793-1480.

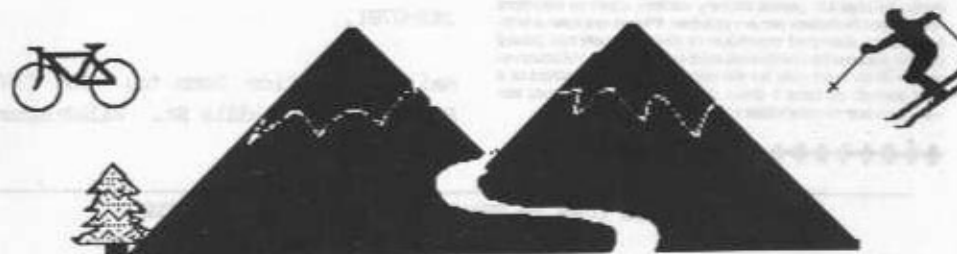
ANYONE INTERESTED in backpacking on the Appalachian Trail in PA in late August? Penmar to Duncannon. About 80 miles, about 9 days, open to some negotiation. Call John Michael at 246-2619.

HELP NEEDED

Are you interested in kayaking? The Pittsburgh Council of AYH is desperately in need of some help for their kayaking program. Beginner and intermediate trip leaders are needed and possibly someone to take over the chairman's position in the next year or two. If you would like to help beginner and intermediate kayakers to develop their skills by teaching and/or leading, please call Lou Conley at 681-8321 for more information. You don't have to be a kayaker at present and you don't have to know how to teach yet either. We can teach you all that you need to know over the next two years so that you can help with the program. All you need are interest and enthusiasm. Call for more details!

NORM DOES THE GRAND CANYON!

Join Norm Snyder on a two week trip to the Grand Canyon area. See Indian ruins and maybe do some canoeing. First two weeks in September. Give Norm a call at 351-4068.



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George Stanford House Hostel
6023 Stanford Road, Peninsula, Ohio 44264
(201) 487-8711

Hostel Accommodations

Restored and renovated 143 year old house on 30 acres of woods and open land located in the Cuyahoga Valley National Recreation Area. Listed in the National Registry of Historic Places.

Separate male and female accommodations with 30 beds in dormitories. Use of common rooms, kitchen, and dining area. Meeting facilities for groups, days and evenings by special arrangements.

Registration

Open year around, 5:00 - 9:00 PM. Guests should plan to arrive between 5 and 9 PM and leave in the morning by 9 AM. Usually one stay is a maximum of three nights.

Advance Reservations By Mail

Full payment for the first night is required for a reservation. Personal checks, postal money orders, cash or travelers checks in US dollars are acceptable. Please enclose a self-addressed stamped envelope or two international postal reply coupons for confirmation of reservations. All reservations will be held only for the first night unless notified of a later arrival. At least 7 days (two weeks for groups) advance notice of cancellation is required for a refund.

FIRST TIME VISIT!!

JULY 31st - AUGUST 2nd

Joe Hoechner is leading the first organized Pittsburgh Council trip to the Peninsula, Ohio hostel. Trip is limited to the first 10 people. These can be cyclists or hikers. We will explore the new Cuyahoga Valley National Recreation Area with it's quiet backroads, tow-path, bike/hike trails and nature centers. (Fast riders can pick up the BikeCentennial trail and travel as far as the daylight lasts). We'll meet at HQ at 6:30 pm Friday evening to carpool up. Houseparent will cook an "all you can eat" dinner Saturday night!! Pool/water slide available Sunday afternoon before returning. Total cost approx. \$35-\$40. Reserve Early!!

Questions?? Call Joe Hoechner at 242-0781.

Mail reservation form to: Joe "AYH" Hoechner, 106 Biddle St. Wilkensburg PA 15221.

RESERVATION FORM --- STANFORD HOUSE HOSTEL WEEKEND

NAME _____ Male? _____ Female? _____

ADDRESS _____

HOME PHONE _____ WORK PHONE _____

Deposit of \$15 per person enclosed _____

No refunds after July 20.

I will bike _____ Hike _____

I can drive _____ yes _____ no _____

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on our entire regularly priced selection
of cycling clothes, shoes, and accessories

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Pittsburgh, PA 15232
621-2997

CANOEING

Bring non-cotton clothing, hat, water bottle, glasses strap, rain jacket, tennies, dry clothes in a separate bag, and knee pads. Trips normally meet at HQ at 8:00 am. Call the trip leader to reserve space on a trip.

CLIMBING

Beginner trips are open to everyone. No previous rock climbing experience is necessary. Bring a bag lunch, water, tennis shoes, and leather gloves if you have them. Trips leave from HQ at 7 am and usually return around 9 pm (we stop for dinner on the way home). Call the activity chairpeople for more information.

FAMILY ACTIVITIES

July 17-19 - Blue Knob State Park, tent camping. Contact Barbara Hanusa, 441-7205.

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IT'S PICNIC TIME!

WHEN: SUNDAY AUGUST 16TH

WHERE: NORTH PARK

WHAT WILL BE AVAILABLE:

AYH will supply the picnic shelter charcoal and grills, and volleyball equipment.

WHAT YOU NEED TO BRING:

All you will need to bring is your food any kind of picnic games you want, yourself and your friends.

WHO TO CONTACT: If you want to help in some way, or need directions to the shelter*, call Chuck or Lynn Ejzak @ 466-6196.

SEE YOU THERE!

*Shelter name and directions will be in the August Triangle.

Work begins on Washington International Youth Hostel

Work on AYH's largest development project to date has finally begun. The dust has barely settled at 1009 11th Street, NW, in Washington, DC, as workers finish hauling off the remains of the structure's interior walls. The vacant, eight-story building is being completely renovated by AYH to create a 250-bed, superior hostel in downtown Washington. The NICO Construction Company has been hired to undertake the work using plans developed by Larsen/Juster Architects, P.C., who is also working with AYH on the New York City hostel project.

Construction on the hostel is in progress—if you're planning to visit Washington, D.C. this summer, call (202) 737-2333 for the exact opening date. The hostel should appeal especially to youth groups, who will find that the hostel's \$10 fee and self-service kitchens will allow them to plan visits to the nation's capital which would otherwise be unaffordable.

Reservations are now being taken for all dates after July 15, 1987; call (202) 737-2333 for details.



ATTENTION ALL ARTISTS!!!

The Mon Valley Century Committee is looking for a T-shirt design for this year's MVC. The design would be used for the silk screen pattern and will be printed in one color on one side of the T-shirt. It is intended that the print will go across the chest and should be able to be photo reduced or enlarged to fit. Beyond that, almost any pattern which could be printed on a T-shirt will be considered. The committee may be partial to patterns which include one or more of the sights which are part of the MVC. (Hint: the river, shut-down steel mills, bridges, quiet roads, rural countryside; covered bridges are also part of the scenery, but were part of last year's design.) The prize is a free t-shirt and a pass to ride the MVC. Submit your design to Chuck Ejzak, 6858 Wilson St., West Mifflin, PA 15122. Deadline is August 1, 1987.

ATTENTION CYCLISTS!!!

Mark Sunday, September 6 on your calendar. That is the day of this year's Mon Valley Century. The MVC has rides for cyclists of all abilities. For the more experienced cyclist there is the classic 100 mile ride which combines flat riding, hills, and rolling terrain into one really neat ride. For the more casual rider we have a 100 km (about 65 miles) ride which is actually flat. (Yes, that is correct, it really is flat!) For the beginner or very casual rider, there is a 50 km (about 35 miles) ride over reasonably flat terrain. All of the rides feature lunch, map, road markers and a t-shirt. The registration fee is \$10 before and including August 23, and \$12 afterward. Pick up a registration form at HQ or send a self addressed stamped envelope to MVC, c/o Chuck Ejzak, 6858 Wilson St., West Mifflin, PA 15122. In addition, we can use volunteers to help with the food stops and registration. If you can not ride this year's MVC, why not volunteer to help. Call Chuck Ejzak (466-6196) if you have any questions or if you would like to volunteer.

EXPLORER POST ACTIVITIES FOR JULY

- July 8: Regular Wednesday night meeting. 7:30 at HQ. Canoeing
- July 10: All night encounter.
- July 19: Bike Trip, 35 miles. Meet at HQ at 8:30.
- July 22: Regular Wednesday night meeting. 7:30 at HQ. Kayaking
- July 25: Backpacking at Quebec Run. 8:00 at HQ

AYH MEMBER CLASSIFIEDS

The Golden Triangle is happy to print classified ads from AYH members, space permitting.

HOUSEMATE WANTED: Woman to share beautiful house in Squirrel Hill with two professional women. Rent:\$180/month+ Call Karen at 788-5242.

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EXKURSION PHONE 412-372-7030
4123 William Penn Hwy.
Monroeville, PA 15146

ACTIVITY NOTES

BICYCLING

Call the trip leader ahead of time to let them know that you plan to ride (especially if you need to rent a bike or a helmet) and to find out any last minute changes. Last minute riders (those who do not call the trip leader ahead of time) are often welcome, but be aware that you may be disappointed. Bring a spare innertube (patch kits are OK, but a spare is better), rain wear if the weather looks threatening, and money for food stops. Make sure that your bicycle is in proper working order before the trip (ask Chuck or Judy for advice if needed). Lastly and most important, wear your helmet. Hardshell helmets are required for use on all AYH rides. A brochure describing this year's major bicycle trips is available from Judy or Chuck. If you would like one mailed to you, send a self-addressed, stamped envelope to: Chuck Ejzak, 6858 Willson St., West Mifflin, PA 15122.



PITTSBURGH COUNCIL AYH ACTIVITY CHAIRPEOPLE



AYH PYMATUMING WEEKEND -- SEPTEMBER 11-13

BACKPACKING

Ben Brugmans
736-2751

BICYCLING

Chuck Ejzak
466-6196
Judy Menosky
242-1573

CANOEING

Bill Whitehead
363-0365
Rick Tomlinson
963-8910
Steve Shafer
481-0507

CAVING

John Popp
885-2126
Paul Herre
653-7934
Roy Provins
784-9127

CLIMBING

Dale Vilsack
343-8379
Gary Simmons
327-8338
Eric Bauer
687-0766

CROSS-COUNTRY SKIING

Rick Ulaky
422-0849
Fred Parker
824-2638
Steve Tubbs
751-2158

HIKING

Kathy Pacacha
363-2228
Dan Martt
921-4638

KAYAKING

Lou Conley
681-8321
Ray Yutzy
341-5682

SEA-KAYAKING

Cathy Lynch
361-3707
Ted Self
795-6286

VOLLEYBALL

Neil Lien
731-4874h
624-6489w
Joel Platt
521-5244h
421-4446w

FAMILY ACTIVITIES

Barbara Hanusa
441-7205

PRESIDENT

Larry Laude
665-9554

VICE PRESIDENTS

Joe Hoechner
373-3403
Bill Johnston
687-4893

TREASURER

Fred Hull
242-5379

BASIC SAILING CLASS

OR
BICYCLE
AND/OR

SEA-KAYAK at the
AMERICAN RED CROSS
SMALL CRAFT BASE



¶ Sailing: a 2 day basic sailing course will be conducted for a maximum of 16 people. Students must be over 10 years old and be able to maintain themselves unaided for three minutes in deep water. Reserve with \$20 below.

¶ Sea-Kayaking: Both days or kayak one and bicycle the other. Reserve below with \$10 plus \$7 for each day's kayak rental.

¶ Bicycling: Rides of several lengths and diversions will be offered. Reserve below with \$10.

¶ Lakeshore tenting near the parking area, well water, outhouses, and washhouse (no showers). Group picnic dinner Saturday of salad, beans, burgers, and fresh corn on the cob. Breakfasts at 7 am with cold cereal, juice, fruit, bagels, and hot beverages.

¶ The cost is \$20 for sailing and \$10 for bicycling and sea-kayaking, plus any rentals. Transportation costs for 240 miles are paid directly to the driver. Group carpooling will leave HQ at 6:30 pm on Friday.

¶ Bring: 2 lunches, sleeping bag and pad, tent, swimsuit, towel, sneakers, for any water activity (swimming included), eyeglass strap, sunscreen, insect repellent, and rainwear.

¶ Questions??? Call Fred Parker at 856-4713.

RESERVATION FORM

Give or mail to Fred Parker, 331 Skyview Drive, Monroeville, PA 15146.

Name _____

Address _____

Phone _____ home _____ work _____

Sailing _____ both days

Sea-Kayaking _____ Sat _____ Sun

Bicycling _____ Sat _____ Sun _____ length of ride desired

Can Drive? _____ Yes _____ No _____ # passengers

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
18	Sat	Canoe	WWI School	Oscar Mayer	422-8216	8:00	Learn how to canoe on easy whitewater.
18	Sat	Hike	Easy	Pete Srimi	683-3611h 343-8800w		An interesting and easy hike in Ohio State Park.
18	Sat	Kayak	Int	Gus Hughes	241-1593h 469-3880w	8:00	Class II whitewater trip. Beginner's school is a prerequisite. Trip location dependent on water levels.
19	Sun	Bicycle	Int	Mark & Ellen Chance	421-0435	8:30	Mystery location, B, 35 miles.
19	Sun	Canoe	Class 2	Katherine Lynch	327-0529	8:00	Nice whitewater.
21	Tues	Bicycle	Int	Larry Laude	665-9554	6:30	Evening cycle, B, 20 miles.
23	Thurs	Bicycle	Easy	Judy Menosky	242-1573	6:45	Evening cycle, C, 10 miles. Note the later start time.
25	Sat	Backpack	Int	Ben Brugmans	736-2751		Quebec Run. Joint food plan available, but not mandatory.
25	Sat	Bicycle	Easy	Judy Menosky	242-1573	8:00HQ	North Park to Evans City, C, 25 miles. A little hilly, but scenic. Easy pace. Ice cream stop, bring money for lunch or bring your own. Swimming available at North Park afterward.
25	Sat	Canoe	WW2 School	Jim Roberts	244-8332	8:00	Improve your canoeing skills while enjoying a nice day on the river.
25	Sat	Climb	Begin	Chairmen	see list	7:00	Beginner trip to Cooper's Rocks.
25	Sat	Hike	Easy	Glenn Oster	364-2864h 234-3967w	8:00	Join Glenn for maintenance on the Baker Trail. No fee. Phone for info and reservations.
25	Sat	Kayak	Int	Ray Yutzy	341-5682	8:30	Class II whitewater trip. Beginner's School is a prerequisite. Trip location will be dependent on water levels.
26	Sun	Bicycle	Int	Chuck Ejzak	466-6196	8:30	Eastern Suburbs, B, 35 miles. A Sunday morning ride starting and ending at HQ. The ride will travel from HQ through East Pittsburgh, Universal, and Oakmont and returning by noon.
26	Sun	Canoe	Class 1-2	Bob Buck	793-1480	8:00	Nice whitewater trip.
28	Tues	Bicycle	Easy	Joel Hough	221-4093	6:30	Evening Cycle, C, 15 miles.
30	Thurs	Bicycle	Easy	Cheryl Arnold		6:30	Evening cycle, C, 15 miles.
31-2	Fss	Bicycle		Joe Hoechner	242-0781	6:30pm	Stanford House Hostel, 0-150 miles. See full page ad in this issue. Be sure to reserve early for this ride.
August 9	Sun	Climb	Begin	Chairmen	see list	7:00	Beginner trip to Cooper's Rocks
August 8-9	SS	Sea-kayak		Cathy Lynch	361-3707		Sea-kayaking Symposium. Extended trip in Maine. Contact Cathy or Ted Self (795-6286) or Judy Turnage (327-0141).

Hostels in Ohio

Bowling Green - Wintergarden Lodge, (419) 352-5953 or 352-9806
 Chillicothe - Home Hostel (614) 775-3632 or 773-3989
 Cincinnati - Home Hostel (513) 541-1972
 Cincinnati - Koenig Home Hostel (513) 961-7541
 Columbus - Heart of Ohio Hostel, 95 E. 12th Ave, 43201 (614) 294-7157
 Lima - Home Hostel (419) 222-7301 or (419) 226-3169
 Lucas - Malabar Farm, Rt 1, Box 465A, 44843, (419) 892-2055
 New Plymouth - Briandy Farms Home Hostel (614) 385-5489
 Peninsula - Geo. Stanford House Hostel, 6093 Stanford Rd., 44264, (216) 467-8711
 Toledo - Toledo Youth Hostel, 4027 McGregor Ln, 43623, (419) 474-1993
 Wilmington - Caesar Creek (513) 488-3755 eves, (513) 382-0971 ex. 215
 Zanesville - Buck Family Home Hostel, 1024 Culbertson Ave. 43701 (614) 454-2637



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AYH TRIPS FOR JULY 1987

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
2-5	TFSS	Backpack	Int	Joy Layton	422-1995	6:30	Joy's third annual pilgrimage to explore the Quehanna Trail in northcentral PA,. Steep terrain, rugged in places. Blueberries meadows, wildlife, etc. Call before 9:30 pm for info and to reserve.
2	Thurs	Bicycle	Easy	Judy Menosky	242-1573	6:30	Level C evening cycle from HQ.
3-5	FSS	Bicycle Sea-Kayak	All	Chuck & Lynn Ejzak	466-6196		Presque Isle, A-D, 200-0 miles. Car camping near Lake Erie and cycle as much or as little as you please. Try some sea-kayaking in the afternoon to cool off. Hardcore riders may join Chuck as he cycles 150 miles from Pittsburgh on Friday with an option to make the ride a double century. See a replica of Perry's flag-ship Niagara, the wildlife preserve on Presque Isle and some of the biggest beaches in PA.
7	Tues	Bicycle	Easy	Norm Snyder	351-4068	6:30	15 miles, C, evening cycle from HQ.
9	Thurs	Bicycle	Easy	Terry Gossard	321-2382	6:30	15 miles, C, evening cycle from HQ.
11	Sat	Bicycle	Easy	Jeff Weiss	661-2507	8:30	Keystone State Park, C, 20 miles. Easy paced scenic ride out of Keystone park. The ride features an ice cream stop with swimming afterward. The trip should be back to HQ by evening.
11	Sat	Canoe	Basic School	Steve Shafer	481-0507	8:00	Learn basic canoe skills. No experience needed. Signup early.
11	Sat	Canoe	Class 1-2	Millard Underwood	561-0871	8:00	Escape summer's heat with a nice river trip.
11-12	SS	Climb	Int	Chairmen	see list		Seneca Rocks, WV. Intro to multi- pitch climbing. For people who attended the Seneca prep trip. By invitation only due to number of leaders.
11-12	SS	Kayak	Novice	Lou Conley	681-8321		Beginner kayaking school. See writeup under kayaking.
11	Sat	Sea-kayak	All	Ellen Chance	421-0435	8:00	Birdwatching atConneaut Marsh.
12	Sun	Bicycle	Easy	Steve Horowitz	521-0810	8:30	15 miles, C. Beat the heat with a morning ride. The ride will start and end at HQ and should not be more than two hours long.
12	Sun	Canoe	Class 1	Don Hoecker	243-8298	8:00	Easy whitewater trip.
13-14	TW	Hike	Int	Norm Snyder	351-4068	7pm	Hike the Upper Yough along Class IV rapids. Very scenic and swimming along the way. Depart Tues. 7 pm, return Wed. late.
14	Tues	Bike	Easy	Bill Johnston	687-4893	6:30	Evening cycle, C, 20 miles. Includes brief bike maintenance check at DQ in Oakmont.
16	Thurs	Bicycle	Easy	Steve Horowitz	521-0810	6:30	Evening Cycle, C, 10 miles.
17-19	FSS	Backpack	Int	Glenn Oster	364-2864h 234-3967w	7:30 pm	Hike in the area of the scenic Seneca Rocks in West Virginia. Call Glenn for info and reservations.
17-18	PS	Cave	Int	Norm Snyder	351-4068		Join Norm on a cave trip to West Va. Beat the heat.
18	Sat	Bicycle	Easy/Int	Wayne Hennemuth	787-7608		Oakdale area, C+, 35-40 miles. Meet at Union National Bank at 9:00. Note that the ride is in Oakdale, which is west of the city. Bring money for lunch and ice cream.