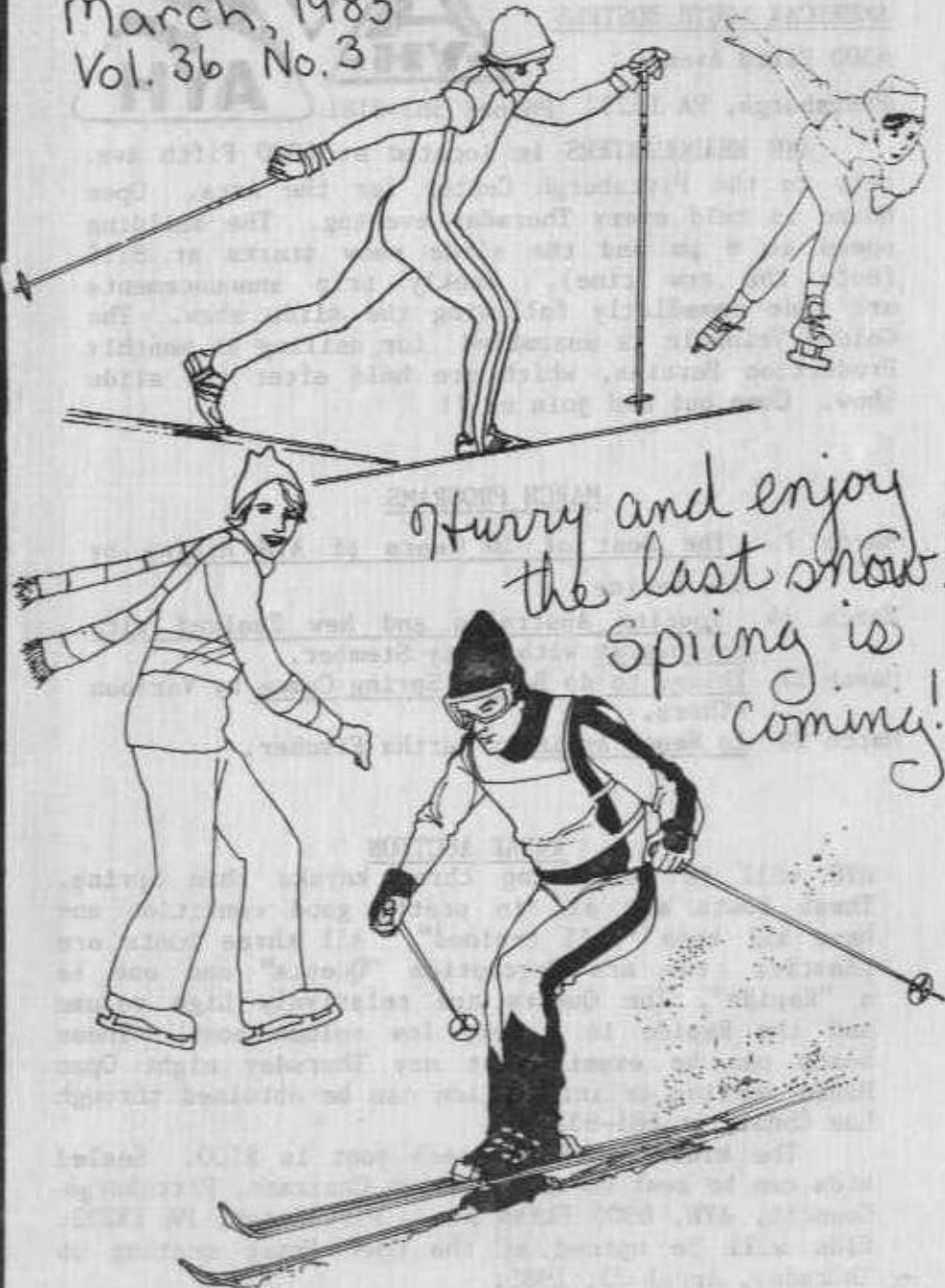


GOLDEN☆TRIANGLE

March, 1985
Vol. 36 No. 3



Pittsburgh Council

AMERICAN YOUTH HOSTELS INC.

6500 FIFTH AVENUE
PITTSBURGH, PA. 15232

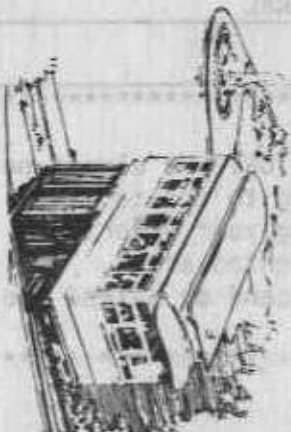
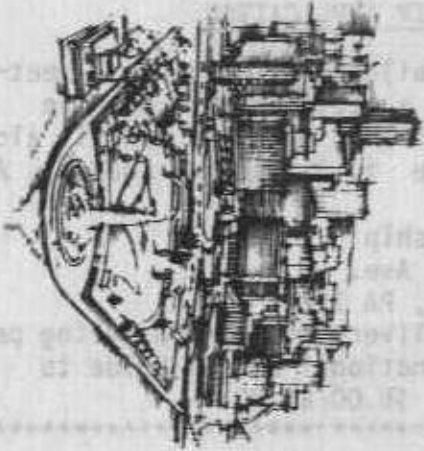
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PITTSBURGH, PA.

LIFE
15217

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PERMIT #127
PGH, PA. 15232



THE GOLDEN TRIANGLE
PITTSBURGH COUNCIL
AMERICAN YOUTH HOSTELS
6300 Fifth Avenue

Pittsburgh, PA 15232 Phone: 362-8181



AYH HEADQUARTERS is located at 6300 Fifth Ave. next to the Pittsburgh Center for the Arts. Open House is held every Thursday evening. The building opens at 8 pm and the slide show starts at 8:15 (note the new time). Weekly trip announcements are made immediately following the slide show. The Golden Triangle is assembled for mailing at monthly Production Parties, which are held after the slide show. Come out and join us!!!

MARCH PROGRAMS

- March 7 The Best of 10 Years pf AYH Hiking by Joe Levine
March 14 Touring Australia and New Zealand with Earthwatch with Patty Stember.
March 21 Things to do Before Spring Comes by Various AYHers.
March 28 In Nepal Again by Martha Fischer.

KAYAK AUCTION

AYH will be auctioning three kayaks this Spring. These boats are all in pretty good condition and have all been "roll trained". All three boats are plastic; two are Perception "Quests" and one is a "Rapide". The Quests are relatively high volume and the Rapide is a very low volume boat. These boats can be examined at any Thursday night Open House meeting or information can be obtained through Lou Conley at 681-8321.

The minimum bid for each boat is \$100. Sealed bids can be sent to the Kayaking Chairmen, Pittsburgh Council, AYH, 6300 Fifth Ave., Pittsburgh, PA 15232. Bids will be opened at the Open House meeting on Thursday, April 25, 1985.

AYH MEMBERSHIP APPLICATION

AYH memberships are available at Open House meetings. If you cannot attend a meeting, fill out the application at the bottom of this page and send it along with your check made payable to Pittsburgh Council, AYH, to:

AYH Membership
6300 Fifth Ave.
Pittsburgh, PA 15232

Allow 3-4 weeks for delivery of your hosteling pass. Membership also sells International Hostel Guide to Europe for \$7.00 by mail or \$6.00 at HQ.

CHECK ONE:

☐ \$10.00 Youth
☐ \$20.00 Senior (18-59)
☐ \$50.00 Organization (non-profit only)
☐ \$10.00 Senior (60+)
☐ \$30.00 Family
☐ \$200.00 Life
\$ _____ Tax-deductable contribution

NAME _____

ADDRESS _____

ZIP _____

PHONE _____

NEW/RENEWAL _____

BIRTHDATE _____

OUR COUNCIL IS A VOLUNTEER ORGANIZATION. We always need additional leaders and others willing to donate time. If you are interested in contributing your efforts to any of the activities or service-oriented areas, contact a member of the Activities Board or attend one of the Activities Board Meetings.

APRIL ISSUE DEADLINES: March 7 all ads and articles and trips.

March 21 Production Party

MAY ISSUE DEADLINES: April 11 all ads and articles and trips

April 25 Production Party

The Golden Triangle is the monthly publication of the Pittsburgh Council, American Youth Hostels. Contents are the responsibility of the editor.

EDITOR Joy Layton 486-4753

LAYOUT Joy Layton

PRODUCTION Don Hoecker

MAILING Roy Weil

ADVERTISING Eric Bauer

COVER Joy Layton

...AND NOW ANOTHER WORD FROM THE EDITOR...

For those who were confused last month, I apologize. I took the easy way out, thereby causing near panic in the hearts of several. You see (in case you're not one of those who are easily panicked), I am not a typist (merely an unemployed forester). It's a whole lot easier for me to type "ski" than it is to type "X-C" on the trips chart. I have been informed of the glut of calls from people (angry people) wanting to know when AYH switched from X-C (cross-country) to Ski (downhill) skiing. Again, I apologize. But it's so much easier for me to type that it's gonna stay that way!

DATES TO REMEMBER

For those who like to plan ahead.....

April 13-14 AYH Eastern Region Meeting at Niagara Falls
April 20 AYH Spring Banquet
May 5 Pittsburgh Marathon
May 9 AYH Open House at Garden Center
May 10-12 Western PA Whitewater School
May 10-12 TOSRV
May 18-19 Morgantown Weekend
June 7-9 WAG
June 14-17 Gear Up 85
July 28 Children's Hospital Bike Ride
Nov. 23-24 AYH National Meeting in Columbus, OH.

CHATAQUA OVERLAND SKI MARATHON

1000 skiers entered the 7th Annual Chataqua Overland Ski Marathon, near Westfield, NY, and 17 were from Pittsburgh Council AYH. Conditions were the best this year, with well-laid tracks and ample snow. Most of the gold medal winners scored a personal best (PR) or completed the full course for the first time. Unofficial times are:

Chuck Ejzak	4 hrs 59 min	PR
Steve Martin	5 hrs 5 min	PR
Fred Parker	5 hrs 43 min	PR
Cliff Ham	5 hrs 53 min	
John Popp	6 hrs 11 min	PR
Jeff Marsh	6 hrs 18 min	PR
Steve Tubbs	6 hrs 21 min	
Carl Loutz	7 hrs 6 min	PR
Steve Loevner	7 hrs 7 min	PR
Terry Gossard	7 hrs 54 min	PR
Bill Remkus	7 hrs 57 min	PR
India Blair	8 hrs 15 min	PR

Silver medals for 37 km were won by Lynn Ejzak, Judy Menosky, Harriet Ann Seiner, and Ricky Kondas. Marilyn Ham completed 20 km and received the bronze medal. ...Cliff Ham

Special Thanks!!!!!!.....To Chuck and Lynn Ejzak for the great Blackwater Falls Weekend!!!

DO YOU KNOW A DESERVING INDIVIDUAL?

Ideas for awards or the names of people who you feel should be honored for their service to Pittsburgh Council AYH should be sent to "Pittsburgh Council, AYH, Awards Committee, c/o Chuck Ejzak, 6300 Fifth Ave., Pittsburgh, PA 15232.

Names of those nominated should be accompanied by a brief description of their achievements/service. Please answer and send to the above address:

I AM _____ AM NOT _____ IN FAVOR OF AN AWARD THAT WOULD HONOR AN INDIVIDUAL SELECTED BY THE GENERAL MEMBERSHIP.

#1 IN PA. **SNITGER'S SCHWINN®**
BEAVER VALLEY • SOUTH HILLS • MONROEVILLE

395 Third St.
Beaver, PA.
774-5905

RL 51 South
Large, PA.
384-8477

4916 Wm. Penn Highway
Monroeville, PA.
325-4660

**The
Remarkable
Schwinn
No-Time-Limit
Warranty.**

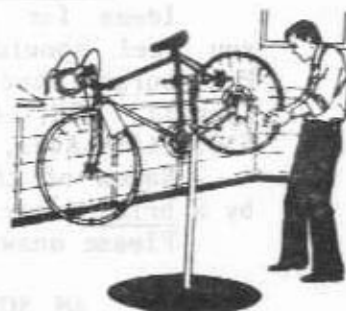
**OUR EXCLUSIVE
SERVICE
GUARANTEE**

PARTS

We sell only the finest in quality parts each guaranteed to give many hours of riding pleasure. Should any part be found to be faulty it will be replaced AT NO CHARGE.

WORKMANSHIP

We pride ourselves in quality workmanship and will correct any part or accessory installation not found to be to the customer's satisfaction AT NO CHARGE!



**SPENCO SPORTS MEDICINE
PRODUCTS FOR CYCLISTS**

HIKING

Tom Kaveney 276-8044
Wayne Hennemuth 693-9605

KAYAKING

Lou Conley 681-8321
Ray Yutzy 341-5682

Winter kayaking trips (cold weather) are organized informally at the Thursday night meetings, usually by those who are equipped (wet suits) for cold weather.

RAFTING

Shirley Sedmack Ulacky 422-0849
Susan Krotec 661-8485

VOLLEYBALL

Steve Martin 469-3153

Play indoor volleyball at Taylor-Alderdice gym. Come out and learn to play or sharpen your game, or just to have fun. The action starts at 6 pm every Tuesday. The fee is 50 cents for AYH members and \$2.00 for non-members. See you there!!

**We're not
just for kids...**



EXCURSION

4123 WILLIAM PENN HIGHWAY
MONROEVILLE, PA 15146

20

FREE GROUP MEMBERSHIPS!!!

AYH is giving away free group memberships to non-profit organizations as part of its 50th anniversary celebration. As AYH members, groups can save hundreds of dollars on travel programs by using AYH's low cost, members-only hostels. Recreational scout, school, church, civic, and senior citizen groups are urged to apply. A free 50th Anniversary Giveaway brochure, application, and sample list of hostels are available by writing or calling: Pittsburgh Council, AYH, 50th Anniversary Giveaway Membership, 6300 Fifth Ave., Pittsburgh, PA 15232.

CONGRATULATIONS to Sue Susang, who won FIRST PLACE OVERALL in the women's division of Ligonier Mountain Outfitters "Kindahard" 10k Cross-Country Ski Race on February 10, 1985.

DEEPEST SYMPATHY to the family and friends of Elinor Myers, who passed away January 19, 1985 in Tuscon Arizona. Elinor and her husband, J.D., have been life members of Pittsburgh AYH for many years. There will be memorial services at Monroeville United Methodist Church, 219 Center Avenue, in Monroeville at 2:30 pm on Sunday, March 31, 1985. The family suggests that memorial contributions be made to Pittsburgh Council, AYH in Elinor's name.

A HOSTEL NOTE...

The Vacation Accommodation Center at the Travel Inn Hotel, in New York City, which was formerly a chartered AYH supplemental Accommodation, has gone out of business. The Sloane House YMCA will be a chartered Supplemental Accommodation during 1985. Hostel members will be accommodated in two person, bunk bedded rooms at \$13.25 per person per night, linen provided, beginning January 1st, 1985. SLOANE HOUSE YMCA, 356 West 34th St., New York, NY, (212)760-5860. 220 beds available.





OUTDOOR EXPERIENCE

Outdoor Clothing and Equipment Specialists

818 South Aiken at Walnut, Shadyside 687-1386

- X-C SKIIS
- SKI JACKETS
- CAMPING EQUIPMENT
- HIKING BOOTS
- LOWE
- GREGORY
- MARMOT
- NORTH FACE
- WILDERNESS EXPERIENCE

Spring '85 CYCLING, CLIMBING, SAILBOARDING,
CANOEING, AND KAYAKS!!!!!!

HELP HELP HELP HELP!!!

The WQED 14th TV AUCTION is once again requesting our help. They need 15 volunteers to make confirmation calls to viewers with the winning bids. Would you like to be a volunteer for this worthwhile event? We have selected Monday, April 22, 1985 from 9pm to midnight as the evening for our participation. Please call Rich Vangenewitt at 364-8775 to reserve a phone spot.

GET A GOOD DEAL ON A CANOE

The AYH is selling two used aluminum 17 foot Grumman canoes. This is a classic boat model, with an extra thwart for paddling in heavy water. These boats are fine for both flatwater and whitewater paddling, and have no major dents or dings in the hull. They'll be sold with painter ropes, but with no flotation. To bid on a boat, send a sealed bid (minimum \$200) along with your name and phone number to: Canoeing Chairperson, Pittsburgh AYH, 6300 Fifth Ave., Pittsburgh, PA 15232. Bids will be accepted until April 30. The boats can be seen at any Thurs. Open House meeting or by contacting Steve Shafer

EASTER WEEKEND CLIMBING TRIP Intermediate. Leave Thursday evening for a trip to Washington, D.C. (Carderock and Great Falls). Where we will stay is still to be determined. Reserve early. A deposit of \$15 is required by March 7th (better yet, bring it to the organizational meeting on March 2nd.). Call any of the above for more information.

A BEGINNER'S INTRODUCTION TO ROCK CLIMBING (Barry Govenor, Feb. 1984) is currently being revised and expanded. Those who are interested in reviewing this manual to suggest improvements should contact Barry Govenor at (412) 521-2318.

Those climbers who already have copies for this purpose are asked to return them with comment so that any agreed upon suggestions can be incorporated into the next addition. Thanks, Barry.

CROSS - COUNTRY SKIING

Fred Parker 824-2638
Steve Tubbs 751-2158

All cross-country ski trips are on a "no snow, no go" basis. Most trips leave AYH HQ at 8:30 am.

Contact trip leader for details and ski rentals. Attention all Thursday evening skiers: Your X-C ski leader may only be able to unlock the back door of HQ, walk around. Later on, please bring your dripping wet skis back through the back door, don't drip them all over our carpets.

Attention all X-C ski leaders: There are first aid kits stored in the X-C boot cabinet.

SUNTAN IN SHADYSIDE

Ida-approved safe indoor tanning

363-8622

julie meyer
5708 walnut street at summerlea

Roy Provins	784-9127
Paul Herre	831-0217
John Popp	653-6026

CRABTREE CAVE is the largest cave in Maryland with 4200 feet of passages and was discovered around 1860. The cave consists of irregular fissure passages providing lots of chimneying, crawling and squeezing. A lot of "popcorn" formations are easily found here. Join us for a full day of caving Saturday, and a relaxed drive home on Sunday (March 9th and 10th).

BARTON CAVE is situated on Chestnut Ridge in the hollow of a tributary of Quebec Run. Local residents report that the cave was discovered 108-118 years ago. During Prohibition, moonshiners used the cave. The cave is relatively dry, but a few spots are often slightly muddy. The cave consists of several large rooms, side passages, and "attic", and the infamous "birth canal" passage (if you dare!) -- all yours to discover on our beginners trip March 30th.

As always, please call your trip leader for more trip details and how to be properly prepared so you can enjoy this fun and exciting sport.

Look for more trips in the next issue. Looking for ideas and suggestions for future trips, and for people interested in leading or co-leading a trip. Please give us your input.

Dale Vilsack 343-8379
Karl Mormer 521-6404
Eric Bauer 687-0766

The annual planning meeting will be held at Karl Mormer's (1522 Denniston Ave., Squirrel Hill, near Rehabilitation Institute on Shady Ave.). We will be planning the coming season's climbing schedule and discuss issues of concern to the membership. Feel free to bring your own refreshments for a serious substance abuse session following the meeting.



“STEPPIN OUT”

OUT

Entertainment
Punch &
Other Treats
Formal Wear
Door Prizes
Awards

Exciting Program
Top Acts
Cocktail Hour
from 6:00 to 7:00
Catered by
World-Famous
Forest Hills Chefs

A black and white illustration of a man in a tuxedo and a woman in a formal dress dancing. The man is on the left, facing right, with his arms around the woman. The woman is on the right, facing left, with her arms around the man. They are both smiling and appear to be in the middle of a dance move. The woman's dress is long and flowing, and she is wearing high heels. The man's tuxedo is formal and well-tailored. The background is plain white, making the figures stand out.

**Disc Jockey Dance Music of All Eras
Vegetarian & Conventional Menu
Held at the Forest Hills Women's Club**

SPRING BANQUET APRIL 20th

Appetizers at 6:00, Dinner at 7:00
MAIL RESERVATIONS TO: Rita Long, 5440 Fifth Ave.,
Apt. 18, Pittsburgh, PA 15232.
RESERVATION DEADLINE: APRIL 13, 1985.

NAME _____
COST: _____ Members @ \$11.00 each _____ Non-members
@ \$12.00 each

ENTREE CHOICE: # _____ VEGETARIAN # _____ CONVENTIONAL
Make checks payable to: Pittsburgh Council, AYH

ATTENTION EXPERIENCED TRAVELERS!!!

We are currently in the process of compiling a list of travelers and the names of the respective areas they have visited. To have a ready reference list of referrals for people who may be going to those places which you may have already seen, we are asking those of you who are willing to submit your name, phone number, and areas visited (USA and abroad) to: Pittsburgh Council, AYH, RESOURCE FILE, c/o Barry Govenor, 2123 Shady Avenue A 10, Pittsburgh, PA 15217.

.....

"Workshop of the Month"

NOVICE CLIMBING WORKSHOP

ATTAIN NEW HEIGHTS... by giving ROCK-CLIMBING a try this year! A NOVICE WORKSHOP geared especially for those who have never climbed before (but would like to try) will help to introduce you to the basics of this enjoyable sport. The workshop will be held at HQ on WEDNESDAY, MARCH 20, at 7:15 PM.

This could also be time well spent by those who first tried climbing last year and could use a refresher course for the coming season.

Bring \$3.00 if you want to take most of this workshop home with you (limited quantities).

Call Barry Govenor at 521-2318 eve. before 10:00 for details.

.....

"Hostel of the Month"

CAMP SHERWIN HOSTEL

The Pittsburgh Council, with the cooperation of the Erie YMCA have now chartered the Y's Camp Sherwin as an International Youth Hostel.

Situated right on the shore of Lake Erie between the towns of Lake City and Avonia PA, the camp has cabin dorm space available for up to 48 hostellers. With its location on rural route 5, 13 miles west of the city of Erie, it should be a favorite overnight stop for bicycle tourists riding around the Great Lakes through the US and Canada (it's also in the "snowbelt").

A brochure has been prepared describing the new hostel's location. As the camp is still used by YMCA programs, RESERVATIONS are a must for hostellers. For a copy of the brochure or reservations contact: CAMP SHERWIN HOSTEL, 8600 West Lake Road

MARCH TRIPS AND TRAILS

Trips listed are open to the public, AYH members are given priority. Trip costs include a 75 cent registration fee (50¢ per half day or evening), plus transportation and rentals. IN ADDITION non-members are charged \$1.50 per day which may be deducted from the cost of membership when joining AYH. The registration fee covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).

BACKPACKING

Debbie LaPlaca 795-4179

Jack Peth 921-7214h 777-5365w

Wilderness Backpacking - August 3 - 17 Hike the majestic Wind River Range- one of Wyoming's highest and most beautiful. On the trail 9 to 10 days; intermediate level - 7 to 11 miles per day. Inexpensive. Leave Fri evening August 2nd; return Sat. August 17. Call Glenn Oster for details and reservations.

BICYCLING

Rick Kondas 672-3891

Chuck Ejzak 466-6196

Bicycle trips in March will be held as the weather dictates. All trips will be announced at Open House meetings on Thursday nights.

We have rental bikes, helmets, and panniers for those in need. Remember... a bicycle helmet is mandatory on all AYH rides.

CANOEING

Kathy Lynch 327-0529

Steve Shafer 362-4432

The annual planning meeting for the canoeing activity will take place on Monday, March 25, at 7:00 pm at Gordon and Jan Buggy's home, 262 Cascade Road. We'll be discussing the AYH canoeing policies, new equipment and people in the activity, and the canoeing schedule for May and June. All canoeing trip leaders, up-and-coming trip leaders, and interested paddlers are invited. For more information contact Steve Shafer at 362-4432.



A TIRED BUT HAPPY SKIER continued

faces and we trudged on anyway. We had made it now. When we saw Marta Hurwitz come around the corner in their van we flagged it down, and boy was I glad to sit down in a semi-warm van. The trip back to Blackwater Falls was no picnic, but Marta steered well and with determination we arrived at the Lodge at 6:00. I headed for a quick shower which was lukewarm, but felt like heaven to my numb body, and it defrosted my toes a little.

Our West Virginia adventure was not over yet. We awoke Sunday to sub-zero temperatures. Some of us, determined to ski, put all our warm clothes on and headed out for a little skiing on the park trails. I kept losing the feeling in my fingers, and my face turned into a frosted mask. My eyelashes crystalized and sometimes stuck together when I blinked. It was a beautiful day even though it was cold and the sun warmed our spirits. When we returned to the lodge we found several people jumping cars and pouring hot water on engines to warm them. The diesel fuel had turned to jelly.

We discovered that Jack Peth's car had an oil leak, so on our way home we kept stopping, buying oil, and pouring it into the car. After a few hours and 20 quarts of oil later, we finally arrived back in Pittsburgh. I headed for a hot bath and turned my electric blanket up to 8 before falling asleep. My weekend made my frozen pipes the next day seem like a mild inconvenience. At least I was finally warm, even if my pipes weren't!

by Pat Tieman

STRATEGIC PLANNING

An ad hoc task force is presently meeting, on a monthly basis to formulate a discussion paper on what AYH might be lookin like in 5 to 10 years. What will be our problems? What will be our opportunities? We are looking not only what is, but also at what could be.

If you have any specific ideas or enjoy this type of brainstorming call Bill Johnston at 687-4893.

Camp Sherwin Hostel, continued

Lake City, PA 16425.

Please include a First Class stamp to cover postage.

.....

These are two new hostels which will be in your 1985 Handbook. They are open now for winter use. Be sure to write or call ahead for reservations.

SCHELLSBURG ★ Living

Waters Hostel, RD #1, 1 Mile
West, Schellsburg, PA 15559

♂ M/M Dennis Miller

☎ (814) 733-4607

♂ 150

☎ \$5.25 S, \$7 W

▲ Penn West Conference United
Church of Christ f - Jerry Mkt 1 mi

f - Bedford 10 mi W Altoona 30

mi f - Bedford 10 mi -> Johnstown

35 mi ▲ Groups camping available

* Skiing 20 mi; state park; boat-

ing, swimming 1/2 mi; Bedford Arts

Festival 10 mi; Bedford Historical

Sites 10 mi; Bedford Springs Festi-

val 10 mi; III - I - \$2. II - \$2.50.

III - \$4. I-III - \$13 including overnight

← Site was a land grant estate former-

ly summer house for PA Lt Gov.

DIRECTIONS: 1 mi W on S side of

US Rt 30 from Schellsburg ▲ Jen-

nerstown 30 mi W; Ohiopyle 60 mi

SW. **PSA**

JENNERSTOWN ★ Camp

Sequanota, PO Box 245,

Jennerstown, PA 15547

♂ Steven Lynch

☎ (814) 629-6627

♂ 10 S, 60 W

♂ Jun 7-Sept 1

☎ \$6 S, \$7 W

▲ Lutheran Camp Assoc. f - J.

Country Store 3 mi f - Som-

erset 15 mi W Johnstown 20 mi f -

Somerset 15 mi -> Johnstown 20

mi * Located in historical region of

west central Pennsylvania; x-ctry

and downhill skiing 5 mi; Seven

Springs Resort and ski slope 20

mi; Pittsburgh 60 mi; Laurel Hills

State Park adjacent to camp with

linking hiking trails; horseback rid-

ing 5 mi * \$2.50 ← Owned and

operated by the Lutheran Church

of America; full camp program in

summer **DIRECTIONS:** Located

outside Jennerstown 60 mi from

Pittsburgh. Take Somerset exit off

the PA Turnpike, go N on Rt 601 or

985 to Rt 30. Go W thru Jen-

nerstown. Follow signs at city lim-

its to camp. ▲ Pittsburgh 60 mi W;

Ohiopyle 35 mi SW; Camp Living

Waters 30 mi E (Schellsburg). **PSA**

ATTENTION FAMILIES!!!!

Don't throw away that AYH membership when your first child appears. AYH activities for families is here! In fact, the first get together, a Saturday afternoon in Frick Park followed by munchies at Helen and Rich Feder's "warming hut", took place in February.

Names and addresses of interested families with young children are being compiled by Bill Johnston. Call him at 687-4893 if you know of any families that might be interested, or with suggestions about what activities your family would like

PITTSBURGH COUNCIL KAYAKING CO-CHAIR TO LEAD NATIONAL TRIP

Ray Yutzy, Pittsburgh Council's own skilled paddler, will lead an exciting trip for experienced canoeists or kayakers on the Cheat, Yough, Casselman Rivers and Slippery Rock Creek. Join Ray and run some of the finest whitewater in the country. All equipment provided. Visit Fallingwater (designed by Frank Lloyd Wright) and enjoy a raft trip on the lower Yough. For adults (18 and up). The trip will run from June 16th to June 23rd, 1985. Cost is \$295 for 8 days. See WORLD ADVENTURE 1985, page 35.

NEW TRIP ITINERARY

Chuck and Lynn Ejzak contributed an itinerary to World Adventure 1985, a bike trip they had enjoyed during a summer vacation. Called "Erie Breeze," the trip circles Lake Erie, featuring visits to Niagara Falls and Cedar Point Amusement Park, plus a ferry ride to Point Pelee. See page 8 WORLD ADVENTURE 1985 for a complete description!

PUBLICITY EFFORTS IN HIGH GEAR

Response to the WORLD ADVENTURE 1985 program continues to be strong. Already Pittsburgh Council has nearly achieved its quota of 8 trippers set by National. Over 400 catalogs have been mailed to potential customers. A recent article in the travel section of the Press generated over 100 requests for information. 10,000 Bethel Park homes have received direct mailer coupons encouraging them to send for WORLD ADVENTURE.

Do YOU belong to groups which might wish to receive catalogs or see an AYH travel program? Call Bill Johnston at 687-4893 to schedule.

Pick up your free copy of WORLD ADVENTURE 1985 at HQ, or mail \$1.00 in stamps to AYH, 6300 Fifth Avenue, Pittsburgh, PA 15232.

A TIRED BUT HAPPY SKIER

or PAT TIEMAN GOES TO BLACKWATER FALLS

When we awoke Saturday morning our expectations were satisfied; it was cold, windy and snowy. At breakfast everyone dodged from table to table to see where everyone else was going to ski. Many people were planning on skiing from Blackwater Falls to Canaan and back. I knew this 17 mile trek was too far for me. There was, however, another group planning to ski over to Canaan and ride back via Marta Hurwitz's van.

We started off eager and full of expectations. The trail to Canaan is a combination of trails, consisting first of the Davis Trail, which is, according to my legs, a lot of uphill. There was about 12" to 18" of soft fluffy snow, the deepest snow I have ever skied. We trudged up the trail to an S-curve uphill which took a lot of patience and harringtoning. As we continued, my ski tips kept getting under the deep snow and I would back up to get them free. When we finally reached the next leg of the trip, the road, two of us decided to turn back. I was cold and tired.

On our way back down the trail we met the last three people, all the others had passed us long ago. They convinced us to continue on to Canaan and ride back with them in the Hurwitz's van. With renewed spirit we started back up to the road. As we skied down the unprotected, ridgetop road, the wind whistled and the snow blew in our faces, and sometimes we just had to stop and wait for the gusts and squalls to lessen. If I was cold before what was I now? We felt we were on an expedition. We couldn't turn back now, as we were more than halfway.

We finally reached more trees, and with less wind I began to regain the feeling in my fingers and toes and thighs. We reached some downhills (finally) and my snowplow wouldn't work at all so I kept landing on my face or side. That wouldn't be so bad, but when I would push with my arms to get up they would sink to the shoulder. When we stepped out of our skis the snow went to the knee.

We finally reached the road to Canaan Lodge at about 4:15, and again the wind whipped at our

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A TIRED BUT HAPPY SKIER

or PAT TIEMAN GOES TO BLACKWATER FALLS

When we awoke Saturday morning our expectations were satisfied; it was cold, windy and snowy. At breakfast everyone dodged from table to table to see where everyone else was going to ski. Many people were planning on skiing from Blackwater Falls to Canaan and back. I knew this 17 mile trek was too far for me. There was, however, another group planning to ski over to Canaan and ride back via Marta Hurwitz's van.

We started off eager and full of expectations. The trail to Canaan is a combination of trails, consisting first of the Davis Trail, which is, according to my legs, a lot of uphill. There was about 12" to 18" of soft fluffy snow, the deepest snow I have ever skied. We trudged up the trail to an S-curve uphill which took a lot of patience and harringtoning. As we continued, my ski tips kept getting under the deep snow and I would back up to get them free. When we finally reached the next leg of the trip, the road, two of us decided to turn back. I was cold and tired.

On our way back down the trail we met the last three people, all the others had passed us long ago. They convinced us to continue on to Canaan and ride back with them in the Hurwitz's van. With renewed spirit we started back up to the road. As we skied down the unprotected, ridgetop road, the wind whistled and the snow blew in our faces, and sometimes we just had to stop and wait for the gusts and squalls to lessen. If I was cold before what was I now? We felt we were on an expedition. We couldn't turn back now, as we were more than halfway.

We finally reached more trees, and with less wind I began to regain the feeling in my fingers and toes and thighs. We reached some downhills (finally) and my snowplow wouldn't work at all so I kept landing on my face or side. That wouldn't be so bad, but when I would push with my arms to get up they would sink to the shoulder. When we stepped out of our skis the snow went to the knee.

We finally reached the road to Canaan Lodge at about 4:15, and again the wind whipped at our

MARCH TRIPS AND TRAILS

DATE	DAY	ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
2	Sat	Climb	ALL	Chairpersons	see list	8pm	Annual meeting to schedule trips and discuss suggestions for the coming season. ALL INTERESTED CLIMBERS ARE WELCOME. For more info, see the climbing writeup.
2	Sat	Ski	Inter	Chuck Ejzak	466-6196	8:30	
3	Sun	Ski	Easy	Sally Brunson	231-6074	9:30	
3	Sun	Hike	Inter	Tom Kaveney	276-8044h 787-6030w	8:00	Roaring Run.
7	Thurs	Ski	ALL	Steve Tubbs	751-2158	6:30pm	Thursday evening ski in Mellon Park.
9,10	SS	Backpack	Inter	Debbie LaPlaca	795-4179	7 @ HQ	Enjoy the comforts of home- car camp at Cooks Forest and ski during the day.
9,10	SS	Cave	Inter	Buck Rodgers	751-7957		Join us on the weekend trip of caving in Maryland's largest cave- Crabtree Cave.
9	Sat	Hike	Inter	Wayne Hennemuth	693-9605	8 @ HQ	Laurel Highland Trail between Rt.30 & 271
9	Sat	Ski	Inter	Rick Ulaky	422-0849	8:30	
10	Sun	Ski	Inter	Terry Gossard	321-2382	8:30	
14	Thurs	Ski	ALL	Rita Long	682-7289	6:30pm	Evening ski in Mellon Park.
16,17	SS	Backpack	Inter	Glenn Oster	364-2864h 234-0610w		Trip on the Baker Trail. 24 mile section from Rt. 422 to Little Mahoning Creek Bridge.
16	Sat	Ski	Inter	Jeff Marsh	466-7841	8:30	
17	Sun	Hike	Inter	Ben Brugmans	736-2751	8 @ HQ	Ohiopyle Area.
22,23	FS	Hike	Inter	Norm Snyder	351-4068	7pmHQ	Dolly Sods. Leave Friday, hike on Saturday
23	Sat	Hike		Glenn Oster	364-2864h 234-0610w		Maintenance on Baker Trail. Little Mahoning Creek area. Brush and tree cutting. Improve walking surface.
25	Mon	Canoe	ALL	Steve Shafer	362-4432	7pm	Annual planning meeting. At Gordon and Jan Bugby's. See writeup under canoeing.
30,31	SS	Backpack	Inter	Jack Peth	921-7214		TBA
30,31	SS	Hike	Inter	Bill Johnston	687-4893	8:00	Schellburg Hostel. Hike Sat. and Sun.
30	Sat	Cave	Begin	Paul Herre John Popp	831-0217 653-6026		Barton's Cave- a good beginner's cave in scenic Laurel Highlands near Quebec Run.
4-7	TFSS	Climb	Inter	Chairpersons	see list	Thurs pm	Easter climbing trip to Washington, D.C. See the climbing writeup for more details.