



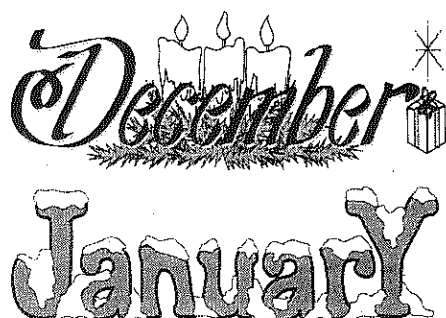
GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 46, NUMBER 10

DECEMBER 1996 - JANUARY 1997



Happy Holidays To All
From The Pittsburgh
Council...

Glenn continues with his
latest adventure "Look
Out Sisters Three,
Here We come"
Turn to page 6 for Part
Two of his latest tale.

The Pittsburgh Council
would like to thank all
those, who over the past
year, have donated gener-
ously to the Pittsburgh
Hostel Fund. See pages
three and four for details.

HI-Pgh on the
information super
highway, point your
browser to;
<http://trfn.clpgh.org/orgs/ayh/> for
the latest on activities, slide
shows & local hostelling.

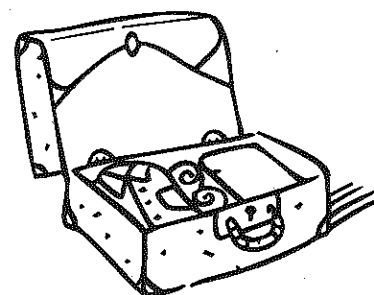


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.....And MORE!!!

New Hostel Opens in Melbourne Beach, Florida



Washington, D.C. — Hostelling International - Melbourne Beach has recently opened on Florida's Space Coast, just 25 miles south of Cape Canaveral and the John F. Kennedy Space Center. The hostel is also near Spaceport USA, one of Florida's top ten attractions that also features free entrance. The hostel offers tours to the Kennedy Space Center.

The 12-bed hostel, with plans to expand, is situated right on the beach and has a large windowed common room and deck overlooking the Atlantic Ocean. Across the street is a grocery store (the hostel has a self-service kitchen) and local bus service. Five restaurants are within a five-minute walk.

Nature lovers can enjoy the Merritt Island Wildlife Refuge, which surrounds the Kennedy Space Center, and Indian River Park. Bicycle trails are nearby.

The hostel also has a computer set up with e-mail and Internet access for hostellers.

Overnight fees are just \$11.50 to \$14.50 for Hostelling International members. (Non-members are welcome, but pay an additional \$3.00.) For reservations or more information: HI-Melbourne Beach, 1135 North Highway A1A, Indiatlantic, Florida 32903, Telephone: 407-951-0004, E-mail: hostel@interserv.com

Wilderness Lodge Cross Country Skiing

Once again Pittsburgh Council will be offering three weekends at Wilderness Lodge. Come join us for two days of Nansi Janes' warm hospitality at her stone lodge just 20 miles east of Erie. Dates this year are: Jan. 24-26, Jan.31-Feb.2, and Feb. 15-16. Look for all the details on page 5.

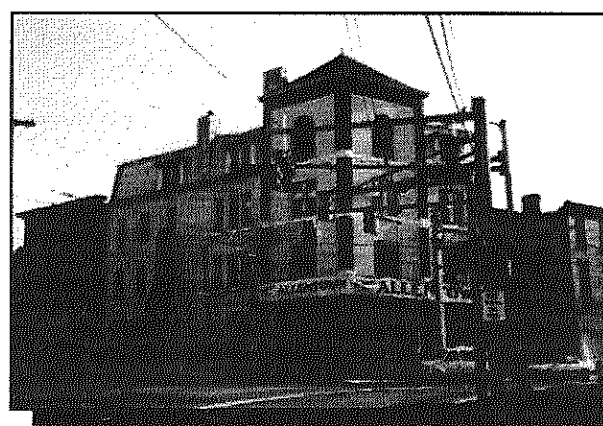
NOTICE

Please note, that the Golden Triangle has changed its frequency of publication. the new schedule is as follows.

Number 1 issue ->
February / March
Number 2 issue ->April
Number 3 issue ->May
Number 4 issue ->June
Number 5 issue ->July
Number 6 issue ->Aug.
Number 7 issue ->Sept.
Number 8 issue ->Oct.
Number 9 issue ->Nov.
Number 10 issue ->
Dec. / January

Deadlines for submission will remain as always the first Thursday of the month preceding the month of the publication. (i.e., the first Thursday in January for the combined Feb/Mar issue.). Please consult page two of the "GT" for the actual dates of upcoming deadlines or call the office at (412) 422-2282.

Editor...



**Pittsburgh's
hostel is
under
construction!**

The expected
completion date
is Spring of
1997.

AMERICAN YOUTH HOSTELS

PITTSBURGH COUNCIL
5604 SOLWAY STREET
PITTSBURGH, PA 15217

Dated material -please deliver promptly
Address correction requested

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HOSTELLING



Pittsburgh Council, American Youth Hostels, Inc.
Serving Western Pennsylvania & West Virginia Panhandle
Since 1948, Incorporated 1955

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Vacant

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

MATERIAL...

All material to be published, should be sent to the address below. It Can be submitted on Disk in either IBM or Macintosh format, sent E-mail. or Type written. NO EXCEPTIONS. Call if you have questions.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217
Office: (412) 422-2282

PITTSBURGH COUNCIL
ACTIVITY CHAIRS

Chairman of the Activities Committee
VACANT.....### ####

Canoeing
Paul Henry 962-1511
Cross Country Skiing
Steve Tubbs 279-4866

Cycling
Wm Eberle 921-3395
Chuck Ejzak 466-6196

Family Activities
Barbara Hanusa 441-7205
Hiking / Backpacking
Veronique Schreurs.....422-0358
VACANT.....### ####

Kayaking
VACANT ### ####

Midweek Rambles
Marilyn Ham 687-4520

Rafting
John Orndorff 741-2021

Rock Climbing
Woj 322-4524
Vernon Miller 935-3434

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Mark Mistrik 361-2943
Alpine Skiing Coordinator
Wm Eberle 921-3395

Trail Systems
Glenn Oster 364-2864
Jim Ritchie 828-0210

Headquarters Programs
Luc Berger 683-3131
VACANT ### ####

Storekeeper
Wm Eberle 921-3395

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for future issues of the **GOLDEN TRIANGLE**

Feb / Mar (Travel Issue)
All copy, Jan 2
Binding/Mailing, Jan 23

APRIL
All copy, Mar 6
Binding/Mailing, Mar 27

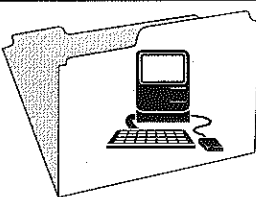
If your work is on computer,
Please contact Bill Eberle
@ 921-3395 or
76202.3051@Compuserve.com

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation (IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Submissions Policy:
Golden Triangle

Classified Adds:

- Classified adds are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be:
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed
- Before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue. (See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- "Lack of planning on your part, does not constitute an emergency on my part"

Upcoming Slide Shows

Dec. 5: Judy Marshall, "The Yough River Trail: From Pittsburgh To Western Maryland"

Dec. 12: Billie Woodland, "Ireland". See green countryside, and the rugged seashore of Donegal and Galway Bay.

Dec. 19: Holiday Caroling and Party. MEET AT 7 PM at Headquarters.

Dec. 26: Christmas Holidays; no show.

Jan. 2: New Year Holidays; no show.

Jan. 9: Gene Levy, "The Esthetics Of Power: High-voltage Transmission Structures On The American Landscape"

Jan. 16: Glenn Oster, "Three Sisters Wilderness"

Jan. 23: Mike Fialkovich, "Travel Along The East Coast From New Jersey To Virginia". See the scenery, the shore birds, the plants. Includes Bombay Hook National Wildlife Refuge.

Jan. 30: Video "Journey Through The Alps". See Lucerne, Zermatt, Oberammergau.

Feb. 6: Laura Curtis (rescheduled): "The Ecology Of Rainforest Canopies". Monkeys and macaws in Ecuador and Nigeria.

Febr. 13: Glenn Oster, "The Appalachian Trail In Vermont And New Hampshire".

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 683 3131.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel
RD #1(1 mile west on Route 30)
Schellsburgh, PA 15559
(814) 733-4212



Thanks to our Contributors!

Pittsburgh Council AYH wishes to thank the following people for their generous donations to the council since October of 1995.

Friends of the Hostel

Anonymous	Edinboro
Pamela Alesky	Butler
John Axtell	Aurora CO
Bernard & Marie Bench	Punxsutawney
Deanne & Ray Blose	Pittsburgh
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Janet Bogdan	McKeesport
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Sherwood Smith	Indiana
Paul Joseph Snider	Pittsburgh
Irene Surmik	Robinson Twp
Kevin & Bonnie Swenson	Pittsburgh
Ronni Weiss	Pittsburgh
Daniel Zove	Pittsburgh

Contributors (\$50 or more)

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Benefactors (\$1,000 or more)

Lawrence L. Laude	Pittsburgh
Marilyn Ham	Pittsburgh

Founder (\$10,000 or more)

Special thanks to Trudy Cohn for her previous gift and those of her friends in memory of her son Louis.

SKI-TOURING COURSE...

TO BENEFIT:

CITIPARKS' FRICK ENVIRONMENTAL CENTER

Contact:

Bruce Sundquist
210 College Park Drive
Monroeville, PA 15146-1532
(412-327-8737)(day or eve)

A two-evening course on ski-touring (cross-country skiing) basics will be held on Tuesday, December 3 and Tuesday December 10 from 8 to 10 PM at Frick Environmental Center on Beechwood Boulevard two blocks south of Forbes Ave. in Squirrel Hill. The course will be conducted by members of Allegheny Group of the Sierra Club, Pittsburgh Council of AYH, and the Explorers' Club of Pittsburgh, three organizations that run ski-touring trips that are open to the public. The cost will be \$10/person including lecture notes, and all proceeds go to support Citipark's Frick Environmental Center programs.

The course will cover about everything one can learn without putting on skis, for example: where to go, trail maps, phone numbers for ski-conditions, buying and renting equipment, what to wear, temperature control, dealing with snow conditions, ice and hills. Class size is limited to 75 people. For reservations call 327-8737. A lecture that falls on the night of a travelers' advisory will be postponed one week.

Please Note: This is a **NON-AYH EVENT**


KENN HOWARD
MASSAGE THERAPIST
412 242 2424

*Great for tired and
sore skiing muscles!*



*Aye, There's the rub.
—Hamlet*

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your donation today.

Yes, I would like to make a donation of support for a Hostel in Pittsburgh in the amount of:

— \$2500
— \$1000
— \$500
— \$250
— \$100
— \$50
— Other: \$ _____



Name _____

Address _____

Telephone _____

Mail your Donation to:
AYH
Pittsburgh Hostel Fund
5604 Solway St.; Pittsburgh, PA 15217
412-422-2282

SAILING

The AYH owns Flying Juniors, Sunfish, and an International 470. Several members also use their own sailboats. All sailing trips are complete for 1996. In March or April 1997 we will schedule a Sailing planning meeting. Anyone interested in day sailing, weekend charters, or summer sailing classes should attend. Details will be available in the February/March 1997 Golden Triangle.

Jan. 11 & 12 or 18 & 19 Sat & Sun.

Sail Expo. Atlantic City, NJ Bob Zavos 241-0659

Depart Friday after work for the Ironmaster's Mansion Hostel and a group dinner. Early Saturday morning we continue east to Atlantic City for the World's Largest Indoor Sailboat show with seminars, exhibits, and even some indoor sailing. We may stay over night in the area and spend an optional second day at the Expo or drive to the Chamounix Hostel in Philadelphia. We begin the return trip to Pittsburgh Sunday afternoon. The Expo runs for nine days and includes two weekends. If you are interested in this trip please call prior to December to indicate your weekend preference. Final plans will be published in the December/January Golden Triangle.

Central Susquehanna Hostellers

CSH Meetings

Meetings are the third Thursday of each month at 7:15 pm at the Lewisburg Area Community Center at 100 North 5th Street in Lewisburg.

Bike Rides

In addition to longer weekend rides, there are normally shorter bike rides every Thursday evening. Call Chris Olsen at 717-523-8471.

CSH Information

Call Chris Olsen at 717-523-8471.

Lewisburg Trips

For information on activities in the Lewisburg area, call Chris Olsen at 717-523-8471.

Annual Council Meeting October 17, 1995

The meeting was called to order by President Marianne Kasica at 8:30 pm at the Pittsburgh Council Activities Headquarters at 6300 Fifth Avenue Pittsburgh PA 15232. Notice of the meeting was published in the October 1996 council newsletter.

Secretary Larry Laude noted that a quorum of the membership was present.

Kasica gave a status report on the Council with emphasis on the development of the Pittsburgh Hostel. Construction is underway with an anticipated opening in late February or early March 1997.

Kasica read the minutes of the October 19, 1995 annual council meeting and called for any corrections or additions. A motion to approve the minutes as read was made by Isabel Storch and seconded by Fred Mauk. The minutes were then approved as read.

Joe Hoechner, chair of the Nominating Committee, reported the Committee's candidates for 1996:

President	Marianne Kasica
Vice President	Maribeth Hook
Treasurer	Roy Weil
Secretary	Larry Laude
Board of Directors	Roy Weil
	Ray Yutzy
	Joel Platt
	Kathy Radkoff

Kasica asked for other nominations and, hearing none, declared the nominations closed. A motion to elect the nominated candidates by acclamation was made by Fred Mauk, seconded by Helen Coyne, and passed unanimously by acclamation.

Kasica offered thanks to the many volunteers both for the hostel and for the activities program. She gave special thanks to Luc Berger for his efforts in coordination the open house meetings and arranging for the excellent slide shows over the past year. Kasica presented him with a Pittsburgh Council 'Volunteer of the Year' polo shirt.

No other business was brought before the Council.

The meeting was adjourned at 8:50 pm and was followed by a social hour.

Lawrence Laude,
Secretary

THANK YOU...

Thanks to all the riders on our bicycling tours who included an extra donation for the Pittsburgh Hostel!

Great Ride, \$194

Linda D Andrews
William E Brown
Jennifer Friends
Francine Ann George
Deborah Gruzinski
Gary K Janssen

James Johnson
James E Joyce
Paul R Klein
Bruce O'Neill
Sherri L Orzechowski
David Porterfield

Anita Rippey
Rita Roberts
Bernard Sussman
Jamie E Typovsky
Tim Wofford
Glenn Zupsic

Mon Valley Century, \$341

Bob Anderson
Gary Arlet
Adam Beck
Linda S Beck
Robert E Beck
John Bell
Renee Bierce
Michael Bove
Patricia A. Boyko
Ron Callovin
Scott Cohen
David Colbert
Craig Coleman
Joe Czarny
Ed Deluca
Scott Dragan
Dennis P Eidem
John Elash
Donald Ewing
Robert Ferrato
Steven Forker
David Genter
Donald L George
Francine Ann George
Bobbie Jo Graham
Jeff Haas

James E Hardy
Irwin Harris
Curt Henry
Mark Hickey
Pat Holsinger
Larry Homich
Joe Hunsiker
Nick L Johns
James Johnson
David Kiger
Don Koncsol
Juan Leon
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Tom Miller
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Paul Moyer
Mike Nemchick
Rich Novotnak
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Robert Olby
Richard Pantalone

Paul Pcolinsky
David J Piccuta
David Porterfield
Nonnie Richards
Wayne Richards
Michael Robertson
Debbie Rudnik
Mary F Russo
Chris S Savor
Gary M Savor
Alison Scavuzzo
Dave Schalles
Louis A Sciulli
Michael Semon
Linda Sharp
Doug Smith
David Srebalus
Jim Stein
Carol Steytler
Norma Strom
Diane Whittier
Delmar A Wiley
Frank Wulczynski
Michelle T B Zinsser

SABRE, \$358

Gigi Amodeo
Dana Ash
Scott Bailey
Adam Beck
Linda S Beck
Robert E Beck
Sharon C Bernstein
Paul Bertenthal
Stewart I Bleckman
Ron Carradine
Jeff Channell
Christine Cunningham
Glenn Dansey
Diana U Davidson
Miachel Dishart
Susie Dorman
Myrna Eshbaugh
Glenn Etter
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Jacqueline Fratto
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Chris R Good
Ed Hamer
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Ann R Humble

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Deborah L Macejka
Colin Maddix
Glenn Mattes
Steve McMahon
Ed Mickney
Donald B Morgan
James W Morrissey
Paul J Moss
Don Newcamp
Aimee Noel
Bruce O'Neill
Jeffrey Paul
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Colleen Schon
Mary Anne Simon
Michael W Smith
Richard Snead
Alexander Speyer Iii
Jim Stein
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Valerie Timko
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G Bill Willis
Tim Wofford
Jeff Wolfe
Daniel Zsolcsak
Joe Zsolcsak
Christopher Zundel



KENN HOWARD
MASSAGE THERAPIST
412 242 2424



Great for tired and
sore snow-shoeing
muscles!

Aye, There's the rub.
—Hamlet

Cycling at Wilderness Lodge, An Inn for All Seasons

by Pat Rossi, Trip Coordinator

Our October 4th Weekend at Wilderness matched the high of the August trip in many ways:

1. The weatherman could not have been more cooperative allowing us the pleasure of crisp clear air and wide blue skies over the rolling terrain.

2. Our leader, Don Hutchinson, ever his amiable self, laid out a superb, leisurely route (see below). We covered only 17 miles in the course of about five hours with a long lunch break. Plenty of time to enjoy!

3. Nansi Janes was the same "Hostess With the Mostest", again proving herself a formidable Scrabble opponent, and not letting us forget her Welsh origins by leading a Singalong.

4. Nansi's Garden: Autumn Crocus and other late season perennials replaced the shamelessly wild array of Hollyhocks. (What will Spring bring?)

5. The Lodge, though its environs change with the seasons, always retains its incomparable ambience of charm, comfort and rustic beauty.

6. The nine members of our group, mostly unknown to each other in the beginning, and representing a diversity of ages and backgrounds, soon reveled in enthusiastic camaraderie. Following are the impressions of two of us:

"Bring yourself back to the freedom of childhood biking through the vineyards and apple orchards of North East, PA. Sample a fallen apple, taste and inhale the scents of the Concord, Niagara, and Delaware grapes. Relax in pool and hot tub of neighboring Peek 'n' Peak." Phyllis Renda -

"North East was the picture perfect setting on a picture perfect fall day for a wonderful bike ride that meandered through tree lined streets with white picket fences, vineyards, apple orchards, and the shores of Lake Erie lined with people fishing for steelhead salmon and trout. What impressed me most was how North East has preserved its small town setting, with a crime rate on the extreme end of a low scale, and where nobody locks doors. Wilderness Lodge is a great place for a getaway weekend; Nansi Janes and Don Hutchinson exude the warmth of the area. One disappointment: We saw three white limousines exiting Peek 'n' Peak, and assumed they belonged to Bill Clinton who was at Chautauqua; but it was a wedding party!" Myliissa Sassos

7. On Sunday, the group split into various directions. After revisiting French Creek's General Store, I crossed into New York to discover the sleepy village of Findley Lake and probably the best home-made ice cream that side of the border. The lake itself is a natural treasure.

HIKING / BACKPACKING

Saturday Dec 7 John Dern 856-4642
Intermediate 8 mile hike on the Baker trail at Crooked Creek. Call for info & a reservation.

Sunday Dec 8 Joyce Appel & Paul Henry 526-5407
Intermediate hike (or cross country ski??) Call for info & a reservation.

SLACKPACKERS definition:

We stay in hostels or car camp, and sometimes even backpack, but we don't miss many opportunities for reasonable comfort and good eating - thus we came to be known as the Slackpackers.

Sat-Sun Dec 14-15 Clare Bunker 244-9788
"Slackpack" weekend at Shenandoah Nat. Park, VA. Call for details & a reservation

Saturday Dec 28 Veronique Schreurs 422-0358
Easy-intermediate 4-6 mile hike in Laurel mountains off Rte 30. Call for info & a reservation.

Sat-Sun January ??? Clare Bunker 244-9788
"Slackpack" weekend possibly at Harper's Ferry, WV to VA rte 605 staying at Bear's Den Hostel. Exact date to be decided. Call for details & a reservation.

Sunday Jan 12 Joyce Appel & Paul Henry 526-5407
Intermediate hike or cross country ski?? Call for info & a reservation.

Saturday Jan 18 Glenn Oster 364-2864
Intermediate day hike in Moraine State Park. Enjoy seeing Lake Arthur in its winter attire. 8-10 miles or less depending on depth of snow. Call for info & a reservation.

Sat-Sun Jan 25-26 Glenn Oster 364-2864
Experience (survive) a backpacking hike in the Allegheny Region of Clear Creek State Forest, near Franklin, PA. See a 19th century iron furnace. View the icy Allegheny river from a high vista point then drop down to camp alongside it. If you have never tried winter backpacking, here's your opportunity. Hiking distance will be only 8 miles or less each day, but the elevation changes and snow depth will affect the intermediate rate of the hike. Call for info & a reservation.

Saturday Feb 15 Glenn Oster 364-2864
Hike the Northernmost sector of the Allegheny trail. Start at the Mason-Dixon line, high elevation where the view goes on forever. The trail follows back country WV roads from the PA border to I-68, a total of 9 miles. Call for info & a reservation

Fri eve-Sun Feb 21-23 Glenn Oster 364-2864
Sample WV roads in winter. Backpack a sector of the Allegheny trail South of the hamlet of Albright, a total of 15 miles. Call for info & a reservation.

1997 Cross Country Ski Weekends at Wilderness Lodge

Jan. 24-26
Jan. 31-Feb. 2
Feb. 14-16

If you like your lodging rustic, and your ski trails tracked and groomed, these weekends in the Erie snow belt are for you. Nansi Janes' Wilderness Lodge is a perennial favorite of AYH crosscountry skiers who enjoy miles of groomed trails. Peek'n Peak is within skiing distance for those who want to ski downhill trails. After skiing come back to the lodge for a warm fire and your favorite beverage. The cost of the weekend includes Friday and Saturday night lodging, a family style dinner Saturday evening. Vegetarian meals are available upon request. Breakfast and lunches are available at the lodge at an additional but reasonable cost. Rooms are mostly hostel style with 3-6 people in a room but there are three double rooms available for each weekend. Cost does not include transportation, we will try to assist with carpooling.

Cost: \$55 per person for members and \$65 for nonmembers for the weekend for singles. \$130 per room (two people/double bed) for members and \$150 for nonmembers. There is a trail fee, please be prepared to purchase trail tickets at the lodge. Ski rentals are available on site.

Reserve early for the weekend you want, send a check for the full amount to guarantee your space. Make checks out to Pittsburgh AYH. We will keep a waiting list in case there are cancellations. Please note: there will be no refunds after 21 days before each trip unless we can get a replacement for you. All weekend fees include a non-refundable \$10 per person. Also: Feb. 14-16 is President's Holiday weekend, you may wish to make your OWN arrangements with Nansi to stay Monday.

Wilderness Lodge Getaway

Name: _____ AYH pass #: _____

Address: _____

City: _____ St: _____ Zip: _____

Weekend: ☐ Jan 26-28 ☐ Jan 31-Feb. 2 ☐ Feb. 14-16

Enclosed is a check for: \$ _____

☐ I am driving and can take _____ passengers.

☐ I need help finding a ride. (no promises but we'll try to help)

☐ I will drive and meet the group at Wilderness Lodge.

Mail to:

Wilderness Lodge Trip, Pittsburgh AYH, 5604 Solway St. #202, Pittsburgh, Pa. 15217.

LOOK OUT SISTERS THREE HERE WE COME

This past summer, Glenn Oster led a Pittsburgh Council HI/AYH van trip to Oregon to backpack the Three Sisters Wilderness and to do some sightseeing on the way out and back. This is the second of three installments of an article he has written to share their experiences with us. In this issue of the Golden Triangle, he describes the sight seeing that they enjoyed in Oregon and California.

According to arrangements, the van arrived next morning to retrieve us backpackers and take us to the hostel. There, the others who were staying in Bend would join us on the next leg of our new travel plan. When we arrived at the hostel, each had an exciting tale to relate. Todd, Phyllis and Milyssa bicycled a trail along the Deschutes River, and Phyllis and Lorraine took raft trips down the Deschutes' rapids with their four to five foot drops. The others drove to see Mount Hood, the Columbia River Gorge, Multnomah Falls and Mount Saint Helens. On Independence Day, they all went to watch the Bend city fireworks display at Pilot Butte - watched more fireworks than expected. The hillside caught fire, and the display changed in character. While Anita and I were surviving on trail food, the rest were enjoying nearby restaurants. Those meals, I understand, were super and reasonably priced. Rub it in. Roughing it has its price.

As mentioned, the shortened backpacking hike gave us more time to sightsee; the group was primed for this and wanted to see the Pacific Ocean. So, Newport Beach, Oregon, became our new destination. We managed to get a large campsite nearby, set up tents and headed for the water. Once we crossed over the twenty foot high sand dune that separated the campground from the beach, the wind was intense. Not only that, it was downright chilly. Hats were pulled on tightly, and jackets were fully zipped. Everyone seemed to go a different way or at a different pace. True to form, Blanche found some dogs to love. When I got my slides back from the film processor, at first, before projecting them, I didn't notice the dog on its back. What in the world? Couldn't figure out what Blanche was doing on her knees in the sand. I might have known — "Oh you darling baby." After walking the beach, we were pretty well wind blown. Shower baths corrected that, and by evening, hunger rallied the troop. We drove into town and had a great dinner at Moe's Annex, a restaurant whose picture windows overlook the bay. The sun shone full on the boats, as they sailed by and cast soft light on the shore beyond. However, the trippers remember Moe's best by how the men's and women's rest rooms are identified there, i.e., "buoys and gulls."

To me seeing the Pacific Ocean isn't complete until you come upon sea stacks (large rocks out in the water - orphaned remainders of eroded headlands), light houses and seals. All three turned up as we drove down the Oregon coastline. Some lucky cloud floated over us. We couldn't overlook the overlooks. (Also, couldn't resist the pun - shame on me.) Some of them looked down on beaches where, bright white, sunlit waves spread in repetitive, lacy rows. The sights, sounds and smells of the ocean and its salt air exhilarated Phyllis especially. Too bad we couldn't take the time to drive the entire sea coast.

We turned inland and followed the rugged Umqua River with its white water wildness beckoning. Time is a stern task master, and we could only appreciate this from the van (plus a brief pause for pictures.) It was so beautiful that it could have been a destination of its own. It was an unexpected goody on our way to Crater Lake. Crater Lake, with its deep blue water and monstrous caldera, over six miles in diameter, is most unique, unlike anything I've seen anywhere else. It's hard to realize that the water is nearly 2,000 feet deep. Much purer than most public water systems, you don't need to treat it with iodine tablets or a water purifier to drink this water. Strangely, the water level never varies much from year to year. The crater was created some 6,600 years ago. It occurred when the 12,000-foot volcano, Mount Mazama, blew its top. More than 4,000 feet of it were blown into the atmosphere, and the remainder collapsed into the enormous chamber previously filled by all the magma that had erupted. Snow melt and rain water have been its only sources of replenishment as evaporation takes its toll. We couldn't have left Oregon without visiting this awesome scenic wonder.

Anita, in particular, and some others showed considerable interest in seeing the coastal redwood trees. To add this to our itinerary, they were willing to undergo an especially long day of driving and sightseeing; so, we turned our mechanical steed southwest. Soon after entering California, we were driving through forests of trees that made dwarfs of us. Our large van looked like a Tonka Toy beside one of them. We stopped to see an especially large tree, called simply, "Big Tree." It was fifteen hundred years old, over three hundred feet tall and 68 feet in circumference. Coastal redwood (*Sequoia sempervirens*) trunks are not as broad in girth as their relatives, the Sequoias (*Sequoia gigantea*) in Sequoia, King's Canyon and Yosemite National Parks, but they grow much taller. One has to have feelings of personal insignificance in the presence of these overpowering, ancient giants. I'm not much of an activist, but I wonder how the logging industry can justify cutting down these beauties.

We still had another major place to visit that day, Lassen Volcanic National Park. At lower elevations, the day was a scorcher - a bank clock / thermometer showed 107° F near where we stopped for lunch. However, in the mountains of Lassen, at well over 6,000 feet, it was pleasantly mild. In one area, the Park has a touch of the yellow and rouge sulfur pits and steam vents of Yellowstone National Park. However, Lassen is essentially a large area of mountains formed by volcanic action. For that matter, Mount Lassen erupted as recently as 1921. For those who like to make snow balls in July, they were in heaven. Miles of snow fields provided bright contrast to the evergreens, which in comparison appeared nearly black. Once we left Lassen, we realized how much of an event-packed day this had been and were more than a little anxious to find our campground and get a night's rest.

Now for another big day. Off we went eastward to Yosemite National Park. Incidentally, everyone enjoyed the fact that I'm a senior and can enter National Parks without our having to pay the entrance fee. Another nice day's sunlight highlighted the scenery. By this point on our trip, scenery, which back east would cause amazement, became the norm until — until we reached Yosemite Valley. Spread out before us was this glacially scoured canyon through which the white watered Merced River flows. To the left were Ribbon Falls and the massive rock known as El Capitan. To the right were Cathedral Spires, but the most prominent feature was Bridalveil Falls, flowing full and lacy, wafted into gossamer by canyon wall cross winds. In the distance, Half Dome sulked with its 80-foot overhang at the peak suggesting a vulture peering down. That peak, some 4700 feet above the valley floor, still makes me weak as I think of technical climbers making it up and over that huge lip. We drove into the valley and stopped to see Bridalveil Falls up close, the water turning into spray as it dropped a full 620 feet. That was too popular a spot. It was difficult "rounding 'em up and moving 'em out" to the next attraction. That attraction was the awesome Yosemite Falls. We all left the van and went by various routes to get a closer look at them. Together, the upper and lower falls drop more than 2400 feet, and we were early enough in the season to see a good flow. Toward Autumn, the falls, fed largely by melting snow, sometimes amount to only a disappointing wetness on the side of the canyon wall.

We went past towering El Capitan, 3,600 feet high, but didn't check whether anyone was climbing. Besides, we were on our way to the best spot in the park to see nearly everything - Glacier Point. I'd estimate it to be more than 3,000 feet above the valley floor. What a remarkable place! To the east you could see endless expanses of granite domes and valleys with Nevada and Vernal Falls in the forefront. To their left were Liberty Cap and the ponderous Half Dome. Views of all these formations were so great that they almost seemed artificial. How could anything created from subterranean pressure, glacial action and erosion be so perfect? Looking down into the main valley, North Dome is prominent to the right. Tall trees cover the valley floor, and the campground directly below couldn't be seen even though you knew exactly where it was. The lodge was visible, as was Yosemite Village, a shopping area (that we successfully avoided.) We could see clearly Yosemite Falls and the imposing El Capitan. While it would have put us in no danger had the timing been different, a couple days later a massive slab of granite broke off from the canyon wall below Glacier Point and killed a man on the valley floor. That was devastating, of course, but it happens so rarely that it should never deter anyone from visiting the Park. It does show, however, that it can happen. We took a considerable amount of time here, but eventually had to move on. I'd like to have spent a week hiking those trails that I have yet to do. From a different perspective than sightseeing, some of the trippers were amazed at the variety of foreign languages heard at the National Parks we had been visiting. You experience that at most of the national parks. They certainly are international drawing cards.

We left the main area and traveled east over Tioga Road, stopping at especially scenic views of peaks, lakes and endless granitic formations. I felt sorry for Todd, who attempted to sketch scenes at most of our stops throughout the trip. There was time enough for photographs, but sketching had to be done quickly. (sketchily?) He didn't complain, but it must have been frustrating. Driving down the east side of Tioga Pass was steep and long enough to get our attention, if not arouse apprehension in some of the trippers. Once having descended Tioga Pass, we said good bye to Yosemite but not to its photos, sketches and memories. We won't relinquish them readily.

One more of the day's scenic gems remained - Mono Lake. This is a lake once partially depleted by the city of Los Angeles as a source of water. In the process, the level of the lake dropped significantly. LA had to abandon it as a water resource. It had, in turn, become a scenic resource for everyone. Beneath the lake were springs that, something like artesian wells, forced water directly upward. Its calcium-like minerals (odd, bicarbonate of soda, taste) precipitated into all manners of bizarre formations. Many of them are now on dry land where the lake once was. Others are at the water's edge. Yet, others out in the lake resemble navy ships cruising along in formation. Of interest at this unusual place were brine shrimp that feed on algae - only to be eaten in turn by the birds, a real food chain demonstration. Also, there are flies at Mono Lake that are actually repelled by humans. (I wonder if anyone has thought about crossing them with the northeast's man (and woman) eating black flies?) This is a fascinating place that never fails to interest groups that I've taken here. Again came time to get under way. We drove south alongside the High Sierras to the city of Bishop, a great campsite and a good restaurant meal. What more could a body want? We were spending considerable time sitting in the van and getting very little exercise, which doesn't help waistline measurements. In this respect, Wayne showed real will power here as he had in Newport Beach. He skipped the restaurant meals and had something less filling at the campsite. That was usually an option, and some other trippers from time to time availed themselves of it, but Wayne did it with class.

Speaking of Wayne, or Jon Wayne, as is his correct name, he and Anita would get into spirited debates. They got so carried away at times that the leader had to threaten duct tape to get the discussions under control. All he had to say were the words "duct tape," and the fever pitch of the debates cooled to a tolerable level. Who's the national radio show host who contends that almost anything can be fixed with a little duct tape?

**Be Sure And Join Us Next Month
as The Golden Triangle Continues With
Part II Of**

**"LOOK OUT SISTERS THREE...
HERE WE COME"**

SEA-KAYAKING

Please join us for either of the two trips listed this month. Vickie Gotaskie is organizing our annual Christmas dinner and walking tour of downtown Pittsburgh on Friday evening, December 6th. This year, we're going back to the Sesame Inn at Station Square for dinner, followed by a walk across the Smithfield Street bridge to downtown Pittsburgh to see all the lights and decorum. Survivors can finish off the evening with chocolate fondues back at Station Square afterwards. A week later, we'll get together again for an early dinner at Bedford's historic Jean Bonnet Tavern followed by a Christmas candlelight walking tour of Old Bedford Village. Call Vickie at 344-4929 for December 6th and Mark Mistrik at 361-2943 for December 14th.

We're already planning three week-long sea-kayaking trips for 1997. Each trip will combine paddling and hiking with sightseeing to experience the best that each region has to offer. You may use your own equipment or rent it inexpensively from AYH or area outfitters. Call or write for more information.

North Atlantic and DownEast Maine This ten day trip will include sea kayaking day trips and hiking in Acadia national Park and exploring the quaint villages of DownEast Maine. We'll combine car camping with overnights in Bed & Breakfasts or a cabin. En route stops include Mystic Seaport in Connecticut and Freeport Maine on the way up and attending the East Coast Sea Kayak Symposium (optional) before returning home. Early-Mid June 1997.

Isle Royale National Park, Lake Superior This will be our premier wilderness kayak touring trip next year. Isle Royale is an archipelago of islands, a World Biosphere Site and sea kayaking paradise. We'll book passage across Lake Superior from Copper Harbour, Michigan to Isle Royale then spend the week kayak touring with the moose, wolves, and loons surrounded by some of the finest scenery in the north country. See the 800 foot cliffs of painted sandstone at Picture Rocks National Seashore and Au Sable, the prettiest lighthouse on the Great Lakes, on the way home. Mid-August 1997.

Lake Powell Utah We're definitely returning for our third trip, this time to the southern end of the lake. See spectacular red rock canyons and Indian ruins by kayak and on foot, and see Rainbow Bridge, the world's largest natural stone arch. This will be a houseboat-supported trip. Each morning, we'll move the houseboat 10-20 miles to the next interesting side canyons and the spend the day exploring at your own pace. You may paddle or hike as much as you want, and we can even bring non-paddlers on this trip. Camp out in the canyons or sleep aboard. Sightseeing will include Devils Garden in Arches National Park, Goblin Valley, a rejuvenating soak in an underground geothermal hot springs, visiting a glacier, breakfast in a Rocky Mountain silver town, and a steam-locomotive train ride through the Rockies to tour a silver mine. Early October 1997.

Mark Mistrik, 412-361-2943.

MID-WEEK RAMBLES

DECEMBER

- December 4** Tour Glassport area with Walter Patton. 672-0213. Bag Lunch
- December 11** John Heinz Regional History Center in the Strip District. Admission \$.25 (Seniors \$3.50). Lunch in cafeteria. Marilyn Ham. 687-4520
- December 18** A ramble 'round a community decorated for Christmas. details later.
- December 25** No ramble

JANUARY - 1997

- January 1** No ramble
- January 8** Oakland ramble with Marilyn Ham (687-4520) followed by a Pot-Luck Lunch at Marilyn's house.
- January 15** Walk from our gathering place to The Pittsburgh Rehabilitation Institute. Joe Levine (421-9706) will guide us on a tour of the facility.
- January 22** Ramble around Historic Homestead. Ruth and Dick Fischer (421-9215).
- January 29** A Point Breeze ramble ending at the Food Co-op (lunch optional). Marge Patterson (823-4218).

FEBRUARY - 1997

- February 5** West Newton ramble with Alex Federowicz (421-5219). Bring bag lunch.
- February 12** Mt. Oliver ramble with Justine Carbonell (362-6074)
- February 19** Walk from our gathering place through Chatham College Campus to ramble 'round Murdoch Farms Neighborhood. Ruth and Dick Fischer (421-9215).
- February 26** McKeesport ramble with Walter Patton (672-0213)

MARCH - 1997

- March 5** Homewood Cemetery ramble with Joe Levine (421-9706).
- March 12** Cloverleaf Estate ramble. George Wescott (279-5375).
- March 19** Enjoy the views from the slag heaps. Ilse Conley (461-6566).
- March 26** Montour Trail. Bring bag lunch. Don Hoecker (243-8298).

Notes for all rambles

Meet at 10 am in the upper parking lot of Mellon Park at 5th and Shady Ave. We will car pool to save energy and enjoy each other's company. For trips exceeding 10 miles, passengers are requested to pay driver \$2 each.

From time to time we will schedule lunch at a restaurant or suggest that each person to bring a bag lunch. This is optional.

Call the leader for more information about the trip, or to let them know that you are planning to meet at the trail head. Please do not call after 10 pm.

CLASSIFIED

All trips and products listed here are private and are **not sponsored or endorsed** by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

For Sale: Rhode Gear Eurosport twin rear-mounted bike rack, hardly used, fits most cars. \$75. Glenn, 731-7415.

WANTED TO BUY: Tandem Bicycle, John Gayler, 366-4062

For Sale: Oakley sweep lens, blue, M frame, new in box, \$75. Canondale shorts, size S, new, \$8. 2 bicycle jerseys, used but clean, size S and M, \$5 each. Call Michael, 412-322-7206.

For Sale: NIKON FG SLR. 28 mm 52 mm and 70-210 mm zoom macro lens closeup lens tripod and bag mint condition \$400.00. Call RICHARD GREGO, 412-533-5725

For sale: Epoke 205 mm x-country skis, good condition, \$50; Contact ski boots, size 11, hardly used, \$35; free poles. Call 731-7415.

For Sale: Northface internal-frame backpack \$150; Northface tadpole tent (1-2 person) \$140; Whisper light stove \$50; First-Need water filter \$40. Call 242-9747(w) or 1-800-917-4763(pager) and leave message.

For Sale: Sail board/wind surfer; Mistral-large older model in good condition. Fiberglass mast, hardware, 2 sails (4m&6m) \$250. Perfect for starter. Night 766-3972 or Day 762-7440.

For Sale: 2 Dolfino professional silicone dive masks; low volume; fog-free, double edge. Used once and in original box. (older snorkles free) \$35 Eileen 531-9610

For Sale: Kneissl (XC) Skate Skis; Size 190; without bindings; Used once! (Too long for me.) \$50.00 Call 372-1068 eve.

For Sale: 60" metal desk, 55" wood roll top desk, steno chair Peg Cline @ 372,1782

Distributing AYH brochures We are looking for places to distribute hostelling brochures, primarily brochures describing hostelling and how to purchase a Hostelling International membership, but also some specific hostel brochures. If you have some suggestions on where we can display brochures for potential hostellers - such as colleges, travel agencies and travel bookstores, please call the office at 412-422-2282. We will be happy to deliver them.

Editor, The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217

REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 5604 Solway St., Pittsburgh PA 15217

