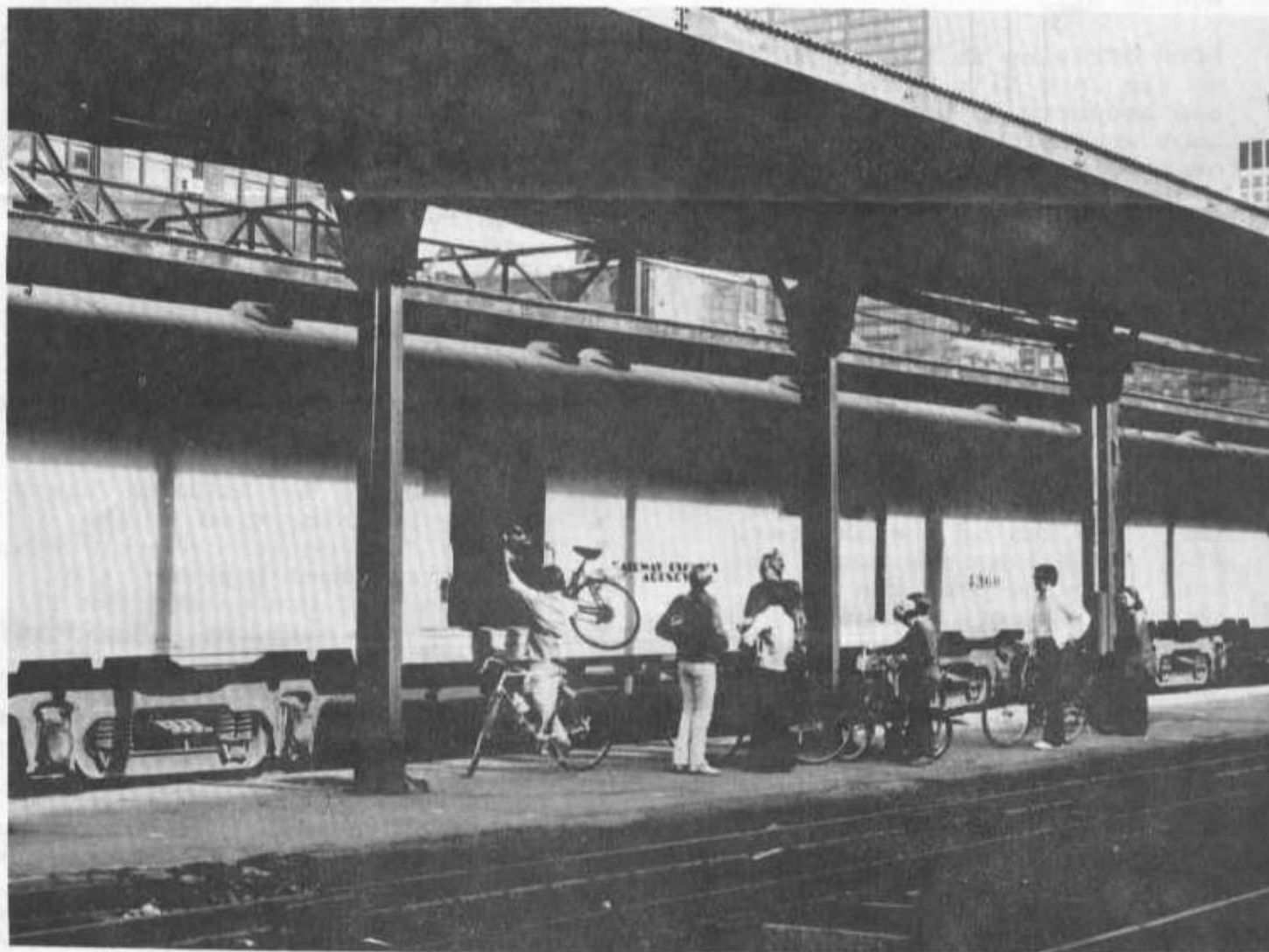


pittsburgh council, american youth hostel, inc.

Volume 25, Number 8

AUGUST 1974



Upon arriving at the #6 shelter, we ran into Milo Weaver who owns the property on which the well-kept shelter was located. He greeted us warmly and talked of the many Baker Trail trippers he has met over a period of almost twenty years. He invited us to use his spring, and to swim in his pond located about 60 meters below the shelter. After setting out the sleeping bags and suitable refreshments, everyone hit the sack.

When we completed our 18 kilometer hike at 4 PM, all hands were tired and hot so we drove back to Milo Weaver's pond, changed to our swimming suits behind a truck, and swam around his delightfully cool pond for about an hour. As Betsy commented while floating in the pond, "This is a great way to finish a hike through the Pennsylvania countryside"...and so it was.

[illegible]

There is also a set of ten maps showing one day cycle trips in Eastern Mass. The routes are along back country roads and the maps are marked with points of interest, bicycle shops, and youth hostels. The maps measure 28 X 30 centimeters and are clear enough with enough detail so that no other maps are needed ( it is claimed) To obtain the free maps write the Mass. Dept of Natural Resources, Forest and Park Division, 100 Cambridge St, Boston Mass. 02202

## BIKE TRAIN, CHICAGO STYLE

On Sunday June 23, the League of American Wheelmen and the Blackhawk Chapter of the National Railroad Historical Society joined forces and ran a one day excursion from Chicago to Starved Rock State Park, about 90 miles away.

The biketrain left from Chicago's LaSalle street station at 8:30 AM and stopped at several stations along the route to pick up more passengers and bicycles. A stop was made along the way to visit a historical museum and then the park area was reached.

At the park the cyclists had a choice of either a 15 or 25 kilometer trip while the non-cyclists could ride a sightseeing bus to a nearby town, or hike around the park. After this, a barbeque chicken dinner was served, and the train headed back to Chicago, arriving at 7:00 PM.

To handle the load of three hundred bicycles and their owners, 3 baggage cars and a number of commuter coaches were chartered. Bicycle loading was done by members of LAW in an attempt to avoid damage by mishandling.

Although there are some difficulties involved (like no passenger cars in the area), it may be possible to run a trip like this in the Pittsburgh area. If you are interested in helping to organize a Pittsburgh Bike Train Trip, contact Chuck Weinstock at headquarters some Thursday evening.

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WANT ADS

A supply of wooden canoe paddles is available at cost. These paddles are similar to the ones that the Council uses and come with 8" blades and various lengths. Contact Roy Weil at a Thussday meeting. Cost is \$5.50 - 6.50 depending on length and width.

## BAKER TRAIL NOTES

An honor roll announcing those who have hiked the entire Baker Trail is maintained at headquarters. The following persons are recorded on that list.

Chuck Conrad  
Cliff Ham  
Marilyn Ham  
J.D.Meyers  
Eb Moll

Morie Oberg  
George Schubert  
Gladys Schubert  
Don Woodland

If you have hiked the entire trail  
either piecemeal or at one time  
let the Chairman know.

SECTION TWO: Joe Levine reports that the ALLegheny Sand and Gravel Co has bulldozed a large area east of Clark's farm, at the beginning of setion two. Blazes are out. Hikers should stay close to the woods where the shelter is located or use roads to go around the disturbed area. Scouts are currently seeking to relocate much of this section off of roads and into the woods.

SUMMERVILLE: John Bohrer informs us that there is coal mining between Summerville and the Summerville shelter, and that hikirs are advised to use the road between Summerville and Harlan, then proceed to the shelter.

MAHONING DAM PROPOSALS: Dave Porterfield, Baker Trail Co-Chairman, spoke for A.Y.H. at the hearing in Dayton mentioned in last month's Triangle. Comments on the proposals of the Corps of Engineers and the A.Y.H trail relocation are encouraged. Contact Cliff or Dave with your ideas.

\$ \$

A supply of bicycle safety flags and other safety related items will be available soon at the Thursday evening meetings. Items will be sold at close to cost with all proceeds going to the Council. See Joe Hoechner.





Bikecentennial '76 plans are still going strong. One of the offshoot projects is putting together a cycling calendar for 1976. They will pay from \$100 to \$250 for each slide accepted. No snapshots! Subject can cover just about any aspect of cycling. You must include a self addressed stamped envelope to get your rejected slide (or check) returned. Hurry up-deadline is August 31, 1974.

Dogs have been called man's best friend, but they are also a cyclist's worst enemy. A dog's danger potential usually decreases as the dog gets older and slows down. Some dog owners are very aware of the anxiety this may cause their pets, and have taken steps to counter this problem. This is usually easily observed in the Mt. Lebanon area where gray haired old ladies in tennis shoes use their Cadillacs to transport their dogs in search of bicyclists to chase. So watch out!!!

Due to some recent construction (and destruction) work the Council now has a quantity of free firewood available. If you are leading a car-camping trip you may want to take some along. The material could also be used to build a tree house if you are so inclined. For its location see black and blue Joe Hoechner.

Is your favorite water bottle or canteen getting kind of grungy?? Does it taste like the Mon??? After you wash it is all you get soapsuds?? HEY MAN. What you need is some baking soda! Real natural and biodegradeable Just add a couple of tablespoons full, some water, and slosh it around. Let it sit overnight. The next morning you can use the solution for mouthwash and you will have a clean sweet bottle.

As we progress into August, the evening park rides will be getting back "in the dark". All riders are requested to carry head and tail lights and to wear light-colored and/or reflective clothing. Remember BE SAFE - BE SEEN!!

All members are urged not to feed the squirrels which live in the rafters in the back room of headquarters.

A possible future cycle trip. How about someone scouting a ride north of Washington, Pa. to include a stop at the Alden Trolley Museum??

National A.Y.H. has warned against booking any charter flights with an outfit called "Flights Unlimited". They cannot be contacted and have not received federal C.A.B.

## Law and YOU

In June we reported about the new PennDOT Regulations permitting use of highway funds for bikeways. The County of Allegheny is investigating the possibilities of using these funds for local bikeways. This is being handled by the Department of Planning and Development. They are interested in receiving any information or comments that can help them in their work. Remember that these funds are available only for transportation bikeways and are not available for recreational bikeways.

If you have any suggestions as to location, or just comments send a letter to Mr. Al Aufman, Senior Planner, Allegheny Building, 429 Forbes Ave., Pittsburgh, Penn. 15219.

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Open house is held every Thursday evening. Everyone is welcome, member or not. Doors open about 7:45 with the program starting at 8:30. Come find out about us.

August 1 Cliff Ham shows slides of a recent week long backpacking trip in the Sierras.

August 8 Fred and Eileen Hull present tonight's show with slides of their recent trip to Arizona.

August 15 Young Americans in Europe If you are curious about what an A.Y.H. European trip is like, come tonight and find out. This film follows a group of A.Y.H.'ers bicycle touring in the British Isles last summer.

August 22 Balance for Life - A film demonstrating various techniques of rock climbing. An excellent introduction for those with an interest in learning to climb.

August 29 Remember Mary and Larry Giventer's wedding in May? Well tonight you will get to see slides of their honeymoon in California-hiking in Yosemite, Muir Woods and Big Sur.

## Hostel of the Month

**NEW YORK STATE PARKS:** The New York State Legislature recently passed much of the Parks and Recreation Department's Supplemental Budget. This budget makes available funds for the readying of two vanguard park hostels this year, with the promise of more to come in following years. Sites for the park hostels have been inspected and approved at Nissequogue State Park near Smithton on Long Island and Golden Hills State Park, halfway between Rochester and Buffalo on Lake Ontario. Lease arrangements are being worked out; some construction needs to be done; A.Y.H. funds for portable equipment (beds and blankets) is being sought. Yet the obstacles are lessened by the high degree of cooperation we have been receiving from the Department of Parks and Recreation. Look for an announcement of the opening of these two new hostels before the end of the summer.

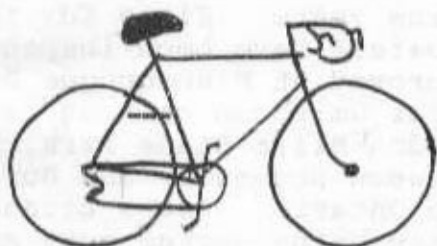
**Laconia New Hampshire:** Over the course of the past year, Ike Gardner has been engaged in the construction of a youth hostel on his property south of Laconia, NH. With the aid of some volunteer labor and supplies donated by local contractors and builders, Ike has completed the framework of a hostel dormitory, kitchen, dining room and common area. The subfloors are down and the exterior plywood has been nailed to the frame. A septic system to accommodate the 16 bed hostel is under construction. When completed the hostel building will command a spectacular panoramic view of the New Hampshire and Vermont countryside to the Green Mountains, some 80 kilometers distant. Pending completion of the hostel Ike would be happy to accommodate hostellers who have tents. For additional information contact:

Ike Gardner  
Box 342  
Belmont, NH 03220

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car top racks.

Waterproof paks/ Windbreakers  
Ponchos/ Float bags/ Rope/ helmets

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Evening Cycle Trips leave headquarters at 6300 Fifth Avenue each Tuesday and Thursday night at 6:30 PM and return before dark. Usually city parks, city bikeway or city back roads are toured. A few bikes are available for rental. Call the trip leader for rentals. No reservations are needed to go on the trip. Just be there on time. Bring a light in case the trip does not return in time.

TUESDAY

Aug 06 Chuck Weinstock 683-4799  
Aug 13 Jack Batchelor 963-7868  
Aug 20 Ray Russi 364-5075  
\*meet at North Park Boat House  
Aug 27 Larry Givinter 422-9282

THURSDAY

Aug 01 Dave Barbour 243-2870  
Aug 08 Gary Ludwig 521-4964  
Aug 15 Joe Hoechner 343-2465  
Aug 22 Mary Brincka 431-6491  
Aug 29 John Bohrer 561-6563

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The Golden Triangle is a monthly publication of the Pittsburgh Council, American Youth Hostels, Inc, located at 6300 Fifth Avenue, Pittsburgh, Pennsylvania, 15232. Phone 362-8181 on Thursday evenings only 8:00 PM - 10:30 PM.

editor: Roy R. Weil  
production Joel Piatt

contributors: Cliff Ham, Joe Hoechner  
Joel Piatt, Jim Roberts  
Mike Wolf, Chuck Weinstock



## TRIPS AND TRAILS

The trips below are open to the public except that A.Y.H. members have priority when the trip is of limited size. Trip costs included 40¢ for registration and insurance (\$500 medical) plus transportation costs, and equipment rental. Call the trip leader to reserve or to cancel or for more detail information.

Please call the leader during normal hours unless otherwise noted. 6:30 - 9:00 PM. Make reservations early but in no case should they be made later than the Thursday before the trip. The leader must plan transportation and equipment rental.

- Fri Aug 02 Brave Beginners Cycle Enjoy the sights and sounds of South Park under a full moon. Join Joe Hoechner for a few hours of cool evening cycling. Bring head, tail and armband lights, safety flags, reflective clothing and about \$1.50. Meet at headquarters at 7:00 PM. To reserve call Joe at 3432465.
- Sat Aug 03 Intermediate bicycle in McConnells Mill State park. This will be a short 35-50 kilometers, but moderately hilly. Leave the headquarters at 8:00 AM sharp, (if renting arrive by 7:30) with \$3.00 and lunch. Call Doug Slife at 661-9043 for info and reservations in the evenings between 7-11PM.
- Sat Aug 03 Work Party at headquarters to include some painting, some white washing, and other tasks that need to be done. Bring hammer and tool box if you have one other wise just bring yourself. There is no cost to this trip and you do get a free lunch. Party starts at 9:00 AM and goes till you leave.
- Sat Aug 03 Rafting on the Yough river at Ohiopyle. Phil Mason leads so reserve early at 521-2793. Bring lunch, dry clothes, and \$6.00 to cover costs.
- Sun Aug 04 Intermediate Bike with swimming, picnic and short hike . Does any one care to do four activities in one day?? Well then come join Jack Batchler on a 50 kilometer intermediate bike trip around the slippery rock area. As we peddal along we'll swim in Moraine State Park, Picnic at McConnells Mills and if there is time hike a Mile in the Slippery Rock Gorge with it pine forsets. Bring lunch, swim suit and \$4.00. Leave headquarters at 8:AM. Reserve with Jack at 963-7868
- Sun Aug 04 Intermediate Cyle Beat the heat and the traffic with Mike Hurwitz. Meet at headquarters promptly at 6:00 AM for a Ligonier ride to Lynn Run State Park. Cover perhaps 50 kilometers. Bring Breakfast, lunch and \$3.00. To reserve call Mike at 731-1083
- Sun Aug 04 Beginner Canoe with Don Hoecker on a flat but flowing stream You'll need lunch, swimsuit, and somewhere between \$3 and \$6 depending on what stream is up. Call Don at 243-8298
- Sat Aug 10 Beginner cycle Take an easy 40 kilometers ride in Ligonier with Dave Markus. Need lunch, water and \$3.00. To reserve call 521-4409.

## MORE TRIPS AND TRAILS

- Fri Aug 09 Intermediate to advance bicycling Want to really cut loose???
- Sat Aug 10 Join Jack and Ray for an exhilarating FLAT round trip from
- Sun Aug 11 Lake Pymatuning to Presque Isle, car camping Friday night at Pymatuning and bike camping on Presque Isle Sat. While in Eire we'll swim, tour the peninsula at sunset, see the city ducks and the flagship Niagara. Approximate distance 250 kilometers (150 miles). Mandatory gear: tent or tarp, sleeping bag or blanket roll, strap on light, food for two breakfasts and 2 lunches, pannier bags to carry it all. Cost about \$6.00 plus 2 dinner meals. Depart headquarters at 6:30 Friday returning Sunday evening. For more details and to reserve call Jack Batchler 963-7868 or Ray Rossi 364-5705.
- Sat Aug 10 Beginner Cycle For the less enthusiastic, rendezvous with the
- Sun Aug 11 Pymatuning cyclists at Presque Isle about 4:00PM Saturday. Swim, see a candian sunset, camp out and vist the Eire ducks and flagship. You'll do approximately 65 kilometers (40 miles) all FLAT. You'll need tent or trap, sleeping bag or blanket roll, strap on light, and food. Approximate cost \$7, plus expense of 2 evening meals. For futher details or to reserve call Jack Batchler 963-7868 or Ray Rossi 364-5705.
- Sat Aug 10 Rafting with Guy Estes on the Yough. Call Guy at 833-2435 to reserve a place for a ride down a rapid. Need lunch, dry clothes, swim suit, and \$6.00.
- Sun Aug 11 Intermediate Cycling Scout a new commutor oriented bikeway toute for Pittsburgh's norht side between Riverview Park and Downtown. Learn about bikeway design and planning. Call Larry Giventer 422-9282 for details. Leave headquarters at 9:30. cost \$.40
- Sat Aug 10 Closed boaters your chance to run the "lower" with one of the pioneers of this stretch. He runs it in a tin boat but lately has been seen in one of those fiberglass jobs. Call Owen Cecil at 327-0273 for resevations. You must have all the gear and about \$3.00.
- Tues Aug 13 Bicycle Maintenance session Join Jack Batchler after hte evening cycle ride for a maintenance party. Bring your lumpy bike and your unused tools. If you don't have tools come anyway you can borrow some. Free!! Be at headquarters at 8:30. For more details call Jack at 9637868
- Sun Aug 18 Beginner cycle Join Jim Metcalf for a ride to Mars via North Park. Cover about 40 kilometers (25 miles). Bring lunch, water and \$2.50. To reserve call Jim at 362-7454
- Fri Aug 16 Intermediate canoe extended trip This is the week of the annual thru Howard King Canada trip. Travel for a week in the beautiful
- Sun Aug 25 Canadian wilderness. Canoe camping with portages around the bigger rapids. Trip is probably full but try calling Howard at 264-1386 if you are interested.
- Sat Aug 17 Canoeing Any canoe trips on these days will be announced at
- Sun Aug 18 the open house on Thursday night, and will be limited to the
- Sat Aug 24 number of boats left behind from the Canadian trip. Come
- Sun Aug 25 to the meeting and make your reservation.



# STILL MORE TRIPS AND TRAILS

Fri Aug 23 Intermediate Climbing at Seneca rocks. Leave headquarters  
 Sat Aug 24 7 PM Friday and return Sunday Evening. Previous climbing  
 Sun Aug 25 school and/or experience required. To reserve call  
 Barry Johnson 921-3278

Sat Aug 24 Beginner cycle with John Hayes for a "mature" city park  
 ride. Leave headquarters at 1:00 PM for a 16 kilometer  
 (10 ml) ride. For information call John at 325-234.  
 Cost will be \$.40, no reservation necessary except for  
 hostel rentals.

Sat Aug 24 Beginner Hike lead by Eunice Higgins 653-5793 and Carolyn  
 Slaugh 466-5204 to a place as yet undetermined. Will  
 leave headquarters at 9: AM.

Sat Aug 24 Beginner Backpack on the Baker Trail using the Fisher and  
 Sun Aug 25 Corsica shelters. Will leave Saturday mornig at 8 AM and  
 return Sun evening. Will cover perhaps 20 kilometers  
 you need backpacking gear or must make arrangements with  
 the trip leader Joe Levine to rent Council equipment.

Fri Aug 30 experienced rafters of A.Y.H will again tackle the New River  
 thru gorge. This river is different from the rivers in the area  
 Mon Sep 02 in that it has a large volume of water flowing thru it.  
 There are not many rocks to hit but there are big souse  
 holes and mean hydraulics. Trip leader is as yet unknown but  
 contact Gordon Bugby 371-4233 for information and reservations  
 during the middle of August. Cost will be \$25 to \$30. A  
 non-refundable deposit of \$10 will be required to reserve a  
 spot on the Council rafts.

Fri Aug 30 Intermediate - advanced backpacking spend the Labor day weekend  
 thru out in the wilds with out seeing any of the holiday traffic  
 Mon Sept 02 from late friday to late monday afternnon. Destination is  
 undetermined at this time but could be either Dolly Sods or  
 The Salt Lick area of north-middle Pennsylvania. Call Larry  
 Giventer for reservations and addtional details and to put  
 in your bid on where to go.

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Aug 02 Join the Mt. Lebanon Playboys Roy Grant and John Bohrer on a cycle  
 thru trip to the wilds of Algonquin National Park, Canada. Trip  
 Aug 25 will be covering 65 -80 kilometers (40-50 miles) a day and will  
 be staying at hostels (Bring your pass) Leave the first week  
 of August and travel for 3 weeks. For details and equipment  
 list call Ray 343 5848 or John 561-6563

Aug 16 Join Howard King on a mountian stream in northern Canada. see  
 thru description above for details

#####

You will note above that the cycle and the hiking program trips this month  
 are very few. This is because it is getting towards the end of the summer  
 and all the regular trip leaders have either lead enough trips or are  
 going away on vacation. If you would like to go on a trip on a date  
 for which one is not announced come to the Thursday night meeting and  
 announce it yourself. Join together with a few friends and LEAD A TRIP!!!

| MON  | TUE                           | WED | THUR  | FRI  | SAT   | SUN   |
|--|-------------------------------|-----|---|--|---|---|
| <b>AUGUST</b>  |                               |     | 1<br>SIERRA<br>BACKPACKING<br>SLIDES<br>EVEN CYCLE                      | 2<br>BEGIN CYCLE   | 3<br>INTER CYCLE<br>RAFTING<br>WORK PARTY                         | 4<br>INTER CYCLE<br>INTER CYCLE & SWIM<br>BEGIN CANOE |
| 5  | 6<br>EVEN CYCLE               | 7   | 8<br>SLIDES<br>OF<br>ARIZONA<br>Δ ARTICLES<br>EVEN CYCLE                | 9<br>BICYCLE - LAKE'S FIRE & PYMATUNING<br>BEGIN CYCLE - SAME LAKE | 10<br>CLOSED BOATS<br>BEGIN CYCLE<br>RAFTING                      | 11  |
| 12<br>BIKE MAINT.<br>SESSION<br>BOARD<br>MEETING<br>EVEN CYCLE | 13                            | 14  | 15<br>FILM OF<br>RYHIES<br>IN BRITISH<br>ISLES<br>Δ TRIPS<br>EVEN CYCLE | 16<br>INTERMEDIATE EXTENDED CANOE                                  | 17<br>CANOEING  | 18<br>BEGIN CYCLE<br>CANOEING                         |
| 19<br>TRIP   | 20<br>EVEN CYCLE<br>TO CANADA | 21  | 22<br>ROCK<br>CLIMBING<br>FILM<br>EVEN CYCLE                            | 23<br>INTERMEDIATE ROCK CLIMBING<br>HYWARD KING ET AL.             | 24<br>BEGIN HIKE<br>CANOEING<br>BEGIN CYCLE<br>BEGIN BACK PACKING | 25<br>CANOEING  |
| 26   | 27<br>EVEN CYCLE              | 28  | 29<br>HONEYMOON<br>SLIDES<br>OF CALIF.<br>EVEN CYCLE                    | 30<br>INTER-ADVANCED BACKPACKING<br>NEW RIVER. RAFT TRIP           | 31  | SEPT 1 & 2  |

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