



PITTSBURGH COUNCIL, AMERICAN YOUTH HOSTELS, INC.
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SKI SCENE by Jack Kowalski

With the ski season around the corner, now is the time to dig out your skis and check over some important things.

Condition of Equipment

The bindings. Are they working properly? It might mean the difference between a happy or tragic season. Some bindings must be oiled; all must be clean. If you have bought new boots, the bindings must be adjusted.

The safety straps? Are they in good shape? Or will you lose a ski this season?

Condition of Yourself

You must be in good shape, too. Do a few exercises daily. Don't wait for the day before you go out to the slopes. Ask Jack for specific exercise suggestions.

A small group of AYH'ers are planning to go to Canada, Dec. 3-10, for some tune-up skiing. Contact Jack if you are interested.

Other trips will be run on an "if-there-is-snow" basis until January. Check at Open House.

Seven Springs is conducting a ski instructor course starting Dec. 7. Cost is \$40.

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Thursdays at 8:30 p.m.

December 7

The American Trail--A film depicting the various kinds of trails, from cities and parks to canyons and seashores. Includes bicycle, hiking and ski trails.

December 14

Ski Boom-- a cinematic visit to some of the largest ski areas in the Rocky Mountains. Following the movie, Jack Kowalski will speak on downhill skiing.

December 21

Dave Wassam and Larry Giventer show us slides of back pack trips in the Otter Creek area.

December 28

Another year ends at AYH! Bring a few slides of your favorite AYH trips of the past year. Then enjoy egg nog and cookies as you reminisce.

The GOLDEN TRIANGLE is a monthly publication of the Pittsburgh Council American Youth Hostels, Inc.
6300 Fifth Avenue
Pittsburgh, Pa. 15232

Editor: Katherine Spindt 364-2447

Production: Jay and Margaret Angel

Triangle deadline: 2nd Thursday of each month.

APPLICATION FOR MEMBERSHIP

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Name _____ Phone _____

Address _____ Age (is unde 21) _____

City _____ Zipcode _____

Will you use your AYH pass abroad? _____ Have you ever held an AYH pass before? _____

Types of Pass: check which one

Youth (under 18) \$5.00 _____
Adult (18 and over) \$10.00 _____
Family \$12.00 _____

Life \$50.00 _____
Organization \$15.00 _____
Subsription \$ 2.00 _____

Make checks payable to:

Pittsburgh Council
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Trips and Trails

Dec. '72

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- Fri. 1 ICE SKATING--North Park, Adult Session, 10:30 pm to 1:00. Meet at AYH by 9:30 or come directly to the North Park Skating Rink.
- Sun. 3 CAVING--Mike LaMark (381-3563) leads the exploration of Con Cave. Meet at AYH at 8:00 a.m. Beginners welcome. If you are interested reserve with Mike as number of trippers is limited.
- Sun. 3 HIKING--State Game Lands #51. Beginners and intermediates. Reserve with Jay Angel (362-5282). Leave AYH at 8:00; cost \$3.00.
- Fri. 6 ICE SKATING--North Park, Adult Session, 10:30 pm to 1:00. Meet at AYH by 9:30 or come directly to the North Park Skating Rink.
- Sat. 9 HIKING--Reservoir hike on ~~Baker Trail Etc.~~ ^{8:00 AM} Joint hike with the Boondockers. 20 miles for advanced hikers. Leader is Cliff Ham (687-4960).
- Sun. 10 HIKING--Laurel Ridge Trail (Cranberry Glade to Ohio pyle). Beginners and intermediates welcome. Reserve with Larry Giventer (422-9282). Leave AYH at 8:00 a.m.; cost \$3.00.
- Tue. 12 BIKEWAYS COMMITTEE MTG.--at AYH, 8:00 pm. Anyone interested in working on bikeways in Pittsburgh is welcome to attend.
- Fri. 15 ICE SKATING--North Park, Adult Session, 10:30 pm to 1:00. Meet at AYH by 9:30 or come directly to the North Park Skating Rink.
- Sun. 17 HIKING--Baker Trail, Section #1, Freeport to Schenley Shelter. Beginners and intermediates welcome. Contact Cliff Ham (687-4960). Meet at AYH b 8:00 a.m.; cost \$2.00.
- Fri. 22 ICE SKATING--North Park, Adult Session, 10:30 to 1:00. Meet at AYH by 9:30 or come directly to the North Park Skating Rink.
- Fri. 29 ICE SKATING--the same again!!
- Sun. 31 HIKING--New-Year's-Eve-Day Hike. Schenley Park. Beginners welcome. Contact Kay and Maxine Lew. (661-4218). Meet at AYH by 1:00; cost 50¢

NOTE: Annual caroling December 23 at 8:00 PM, ^{at AYH} warm-up afterward at Ham's, 4723 Wallingford

SKI SCENE--continued

Western Pa. Ski Council has a trip to Munich-St. Anton for two weeks, \$400.00 or \$189.00 just for the flight. Brochures are in the back of the Hostel.

Hostel skiers are going to Boyce Park under a complete package of \$42.00 including lift, lessons and equipment. All money must be in by Dec. 14

Any other question about Alpine Skiing? Ask Jack Kowalski--681-1611.

Want Ads...

Wanted: Basement storage space for our multilith machine which is not being used at the present. The machine occupies 2x5 ft of floor space. The basement must have a ground-level entrance. Contact Bruce Sundquist (327-8737).

Mon	Tue	Wed	Thurs	Fri	Sat	Sun
December '72				1 Ice Skating	2	3 Cave - Concave Hike - St. Game Land
4	5	6	7 Film - the American Trail open House	8 Ice Skating	9 Hike - Baker Tr.	10 Hike - Laurel Ridge
11	12 Bikini 3-5-72	13	14 open House Film - Ski Boom	15 Ice Skating	16	17 Hiking - Baker Tr. #1
18	19	20	21 Otter Creek backpack open House	22 Ice Skating	23	24
25 1	26	27	28 open House Holiday Party	29 Ice Skating	30	31 Hike - Schenley Park

Pittsburgh Council
AMERICAN YOUTH HOSTELS, INC.
6300 Fifth Avenue
Pittsburgh, Pennsylvania 15232

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Have a safe and happy holiday.