



OPEN HOUSE every  
Thursday 8:30 p.m.

by: Dick Minnear  
Program Chairman

June 2 Folk Dancing with Winnie Larson. Have that irresistible urge for going folk dancing but lack the confidence and maybe some know how? From my experience this is the night to come and try to wear yourself out & enjoy it.

June 9 Bob Fewkes shows slides of this past winter and spring trips.

June 16 For those of us who cannot take the western trip thru Dinosaur Nat'l Mon. with Bruce this month, Bob Omler will lead us on an arm chair slide show trip thru the Black Hills, Yellowstone and The Grand Tetons.

June 23 We've rescheduled slides of Jean Rolf's Cycle trip thru the Pennsylvania Dutch Country. Also Selected Local Site Cycling Slides shall be shown  
• anticipating Sue Cycle's Simler Summer Spectacular.

June 30 On this night we'll find out who heeded Bruce's admonition - "Smile as you fall in", on our rafting and canoeing trips this past spring.

#### WE NEED A NEW HOSTEL HEADQUARTERS

Do you know we are presently looking for new headquarters? Our ideal home needs a place to store 6 canoes, 4 rubber rafts, 10-20 bicycles and other equipment. Plus we would like to hold our meetings in the same place and have available space to keep our files and other items needed to publish our "Golden Triangle." We also hope to have accommodations for a future hostel. Put in a heater here and there and have some plumbing facilities and you have an ideal headquarters for AYH. If you know of such a place tell Bruce Sundquist NOW!!

Janice Woodward, our dynamic Membership Chairwoman, is leaving for her new job with the U.S. State Department on July 4th. She will start work on July 5th in Washington D.C. Janice's first assignment (after training) will probably be in Australia - seems she got it confused with Austria when giving her choice. But, says she, "that's OK". Things will be a little different with Janice gone (Humm!), and we all wish her the best of luck. Incidentally she asks that you be reminded that this leaves only a few more weeks to take advantage of her "special" on lifetime passes.

## VISITOR FROM BELGIUM

Many Pittsburgh AYH'ERS will remember Heinz (from Switzerland) and Bob (from England) who visited us last year as part of National AYH's Leadership Scholarship Program. This year our guest will be Martine Brits from Antwerp, Belgium.

The National AYH has sponsored the European Scholarship program for 17 years. The leaders are selected for their hosteling experience in their home countries. National pays for their transportation including transatlantic passage travel here and local council and friends of AYH supply hospitality for them during a trip through parts of the USA preceeding the National Leadership Training Course where they act as consultants after the training course the scholarship leaders lead National AYH trips in Europe.

Our visitor this year, Martine Brits teaches English and French in Brechen-Antwerp. She has led a hostel trip in Greece, studied in Paris and traveled in France, Switzerland and Germany. She is interested in photography, art, and folk dancing.

Martine will arrive on June 4th. She will join us for a trip on June 5th. After which there will be a dinner party at Harry Rhule's house to give AYHers a chance to meet Martine. While she is in Pittsburgh Martine will stay with Cathy Lynch in scenic Brackenridge. We hope as many AYHers as possible will meet Martine and make her welcome in Pittsburgh.

## AYH TO HOLD WHITE WATER CANOE INSTRUCTION

Because so many applicants could not be accomodated for the recent white-water canoeing school sponsored by AYH, the Red Cross, and the YWCA, AYH will hold a second school on Saturday, June 4th. Those who were not accepted for the first school and anyone else who is interested may apply for this school by calling Lloyd Gaertz at 372-6053. Everyone who takes part in the wet portion of the school on the UPPER YOUGHIOGHENY must attend the lecture-plus-movie session on Wednesday evening, June 1st, starting promptly at 7:15 p.m. This evening session is also open to anyone who is interested in just attending the lecture and seeing the white-water film on canoeing.

HOW TO TIE A CANOE TO THE TRAILER 1. Push the canoe against the 2 vertical center posts and position it so that the two thwarts are directly over the two wood cross bars. 2. After making sure the painter is not wedged around the end pin, run the painter once around the thwart and cross bar and tie any simple knot thereby tying the ~~thwart~~ thwart tightly to a cross bar. 3. Bring the remainder of the painter back to the same end of the canoe that you started at and tie the painter to the end of the canoe again with a very simple knot. 4. Tie the last remaining bit of the painter to the aluminum rod (use the eye-bolt at the end of the rod). The other end of the rod will be tied to the adjoining canoe thereby keeping the canoes parallel to the direction of motion of the trailer. 5. Repeat steps 2-4 on the other painter. Now run the ropes attached to the trailer near the center posts over the top of the canoe and tie the eye-bolts at the ends of the crossbars.

## SAVE THE GRAND CANYON !!!

Tell your congressman how to vote. WRITE IMMEDIATELY and tell him that you oppose construction of the dams in the GRAND CANYON (even if you have written before). Two good reasons are:

1. The infringement of Bridge Canyon reservoir on Grand Canyon National Park and Monument would set a precedent endangering the entire National Park System.
2. It is unfair (some call it pork-barreling) to tax the entire nation for these dams, which are meant to subsidize low cost irrigation water for Arizona.

JUNE 1966



# Trips & Trails

May 28 thru May 30 (Sat thru Mon) "Reunion" of AYH hikers, cyclists, canoeists, rafters and loafers meet at Fort Necessity State Park. Canoe on the upper Yough and raft on the lower Yough. We'll be joined by white water canoeists from all over. Cost .40 per day, 1.80 for transportation plus equipment rental. Leave hrs. on Sat at 8:30 with camping gear, food and poncho. Some cars will return Sun nights. Reserve with Bruce Sundquist (DR 2-1212, X224). Rental fees are 1.00 per day per bike. 1.75 per day per person per raft and and 1.75 per canoe per person per day. All activities all three days.

June 7, 17, 21, and 28 (Tues.) A few more cycles are available for renting out on these cyclestrips. Now is the time to start. We are starting out with the easy hills and will gradually work up to the more difficult hills. These will also help you build up for speed and endurance cycling. See Sue Simler, Bob Omlor, Bob Cann, Bill Pulling for leadership.

June 4 & 5 (Sat & Sun) Explore Upper and Lower Beaver Hole Caves. Lv. Hqs at 8am on Sat. We will drive to Pisgah, W. Va., hike about 3 miles to Beaver Hole on the Cheat River. Visit Upper Beaver Hole Cave Sat and ~~hike~~ <sup>hike</sup> prout at Beaverhole. Visit Lower Beaver Hole cave on Sun. Return home by 9 p.m. Sue Simler is managing the community food. Bring lunch and about \$5.50. Call Bob Herman at 361-8864.

June 1 & 29 (Wed.) HORSEBACK RIDING with Janice Woodward Cost is 1.75 per hour plus 80¢ for transportation. Meet at Hqs at 6:30. She would like to have a rough estimate by Tuesday evenings.

June 4 (Sat) White Water Instruction with L. Geertz (DR2-6053). Cost \$4.00. Bring lunch and soft soles shoes. To go you must attend the lecture session on Wed. eve. June 1 at 7:15 p.m. at Hqs.

June 5 (Sun) Evening stroll through Frick Park with Martine Brits, our guest from Belgium. Meet at Hqs. 5:30 p.m. Eat at Harry Rhule's at 7:30 p.m. Call for reservations for evening meal at 241-3103.

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June 10, 11 and 12 Hiking weekend on Laurel Ridge. Leave Friday night and stay in a cabin. Bring sleeping bag, mess kit, small rucksack for lunch. Reserve with Don Woodland at 563-5419 by Tuesday the 7th. Cost \$8.00 and transportation (includes food)

June 11 (Sat) Hugh Gilmour leads a beginners hike in the Wildflower preserve and Raccoon Creek State Park. Hugh will supply the lunch. Lv. Hqs at 9 a.m. with about \$1.00

June 11 (Sat) Canoe the Cheat River (advanced). Howard King leads (264-1386) Lv. Hqs. at 8 a.m. with lunch, poncho and about \$5.00

June 12 (Sun) Ruth Stacklin leads her annual Beaver River canoeing trip (easy). Lv. Hqs at 8:30 p.m. with lunch, poncho and about \$2.50. Reserve with Ruth at 681-3504.



## TRIPS AND TRAILS CONTINUED

June 12 (Sun) Bob Omler leads cycle trip to Washington County. The trip will start at La Gonda just south of Washington. There will actually be 3 trips running at the same time. For beginners 18 miles, intermediates 32 miles and experienced cyclist will do at least 50 miles and all routes meet back at La Gonda. The trip will offer a chance to earn 25 in 3 and 50 in 5 AYH cycle awards. Cost will be about \$2.50 plus cycle rental. Bring a lunch. Trip will lv. at 8 a.m. call 264-4485

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June 18 (Sat) Chuck Fitzgibbons leads a white-water canoe trip (place to be decided) Call Chuck or Analee at 563-1570 for reservations, time and place.

June 19 (Sun) Cathy Lynch leads an easy hike on the Baker Trail from the Idaho Shelter to Cochran's Mills. Reserve with Cathy at 224-7216. Bring lunch, poncho and about \$1.50. Lv. Hqs. about 8:30 a.m.

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June 25 & 26 (Sat. & Sun.) Canoe camping on the upper Allegheny River. Lloyd Geertz leads. Call Lloyd or Abbie for more information at 372-6053 (Beginners)

June 25 (Sat) North to Butler County. At 8 a.m. lv. Hqs. Will cycle from Hqs. and head for Southern Butler County. The trip will cover 60-70 miles. There will be cut-offs along the way for those who desire a shorter trip. Bring a lunch and call Bob Omler at 264-4485.

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June 26 (Sun) Hike a portion of the Forbes Trail. J.D. Myers leads. Leave Hqs. at 8:30 with lunch, poncho and about \$1.00. Reserve with J.D. or Eleanor Myers at 372-7599.

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July 2, 3 & 4 Canoe camping trip (carry all gear in canoes) on the New River, W. Va. We made this trip last year and it was excellent. Upper section intermediate, lower challenging advanced, will also raft for beginners benefit. See July Golden Triangle for more details. Bob Fewkes will lead 828-7784.

June 28. Don't forget this is the night for GOLDEN TRIANGLE publication. Meet at Harry Rhule's house at 6:30, 1241 Trevanion Ave. Regent Square. Bring a covered dish and we'll eat before getting to work. Any problems call 241-3103. Thanks to John and Tess Henry, John Mayfield, Howard King, Cathy Lynch, Jim Crawford, Harry Rhule, Mel Tobias, Bob Herman, Bob Omler, Bob Fewkes, Dick Rothrock, Barb DiGregerio and Janice Woodward and Bruce Sunquist for helping put out the last GOLDEN TRIANGLE.

DON'T forget that Bruce Sunquist is actually leading a two-week trip to the West for rafting and hiking for approximately \$140. It certainly is going to be a pleasure to see the West with the firm leadership of Bruce and with the good friends of AYH that enjoy these things. DON'T MISS YOUR GREAT CHANCE. June 11-26.

Also Sue Simler (Promoted to head leader) is leading a one-week trip to the Pa. Dutch Country. August 14-21. This will be a nice leisurely trip with very very few hills with very small grades. Stay in hostels and have community meals which will be planned by Sue and also see the Amish and the Mennonite farmhouses with the Hex signs. Write Pittsburgh Council in care of Sue Simler for information or secure information at hqs. or call 621-2971.

## WEEKEND AT CHESTNUT RIDGE HOSTEL

Those who attended the weekend at Chestnut Ridge Hostel which ended National Hostel Week activities can tell you what a good time was had by all. There were canoes, bikes & climbing equipment along on the trip. Bruce's car could hardly be seen with the canoes on top of the car & the trailer with more canoes and bikes on behind.

It's widely known that all hostels are on hills and this one was no exception being on a 2600' ridge. All cycle trips leading down from there and back up of course. Saturday Bob Herman lead a group looking for upper and lower Beaverhole Cave, which was not found, but he has recently located it and is leading a trip there in June. There was canoeing and cycling both days and climbing with Dick Crah on Sunday. The food was planned by Barbara DiGregorio and was enjoyed by all.

We recorded 23 overnights at the hostel compared with the 18 total that the hostel had last year.

Bob Omler would like to thank the many people who helped him with National AYH WEEK Plans.

## HOSTEL CYCLING COMES ALIVE

On Sunday May 15th there was a cycle trip planned for Washington County, but due to lack of transportation for cycles we cycled to the North Hills area by way of Fox Chappel, going as far north as Dorseyville where we stopped for lunch along a well kept unpaved road which followed a nice clean stream. A real rarity so close to Pittsburgh. We came back by way of a wonderful long downhill run into Etna. There were nine people on the trip and all completed the 50 miles and qualified for the AYH 25 miles in 3 award. They were Andy Hansen, Fran Czapiewski, Bob Omler, Joel Strut, Pat McGunagle, Mary Crane, Jack Schwar, John Orbiz, and Bob Cann. Bob Omler lead the trip with a lot of help from Bob Cann in choosing the best route.

More trips are planned for June for cycling in all levels of difficulty and  
DON'T FORGET TUESDAY EVENING CYCLE RIDES !!!!!

## CYCLING BRIEFS

If anyone is in need of cycle parts, tools or cyclebags and baggage carriers there are several companies with advertisements in the hostel manual. One of these is Cyclo-Pedia of Detroit Michigan who has a large and very complete line, they offer a complete catalogue for \$1.00. If there is enough interest we could give some thought to a standard color and design for an AYH cycling jersey or shirt. Also let Bob Omler know if there is any interest in a weekend cycling camping trip with everyone carrying their camping gear on their bikes.

BAKER TRAIL PATCHES A In case you forgotten, AYH still has BAKER TRAIL PATCHES available at .50¢ each to anyone who has hiked a portion of the trail. Get them from Bruce Sunquist at any opened house meeting

BLEACH BOTTLES NEEDED. Don't throw away your plastic bleach bottles ( $\frac{1}{2}$ -1 gal. sz) when they are empty. Bring them to Headquarters. They are needed as bailers on our raft trips and we are constantly losing them.

OPEN HOUSE MEMORIAL DAY WEEKEND For those not going on the weekend trip to Ft. Nesossity State Park there will be an open house at Harry Rhule's new house it will begin Friday evening for those going on the trip at 7:30 p.m. and last till Monday Evening 11:00 p.m. Call 241-3103 if you get lost. 1241 Trevanion Ave.  
THIS IS NOT A SPONSORED TRIP!!!