



GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 44, NUMBER 4

APRIL 1994

ANNUAL BANQUET

The Annual Banquet of Pittsburgh Council
will be held on
Saturday, April 16th.

The annual banquet will be held at Jaden's Family Restaurant, 4727 Wm. Penn Highway in Monroeville. The buffet dinner will consist of two entrees: stuffed chicken and roast beef along with vegetables, potatoes, salad, and ice cream. Vegetarian meals are available upon request. There will be soft drinks available beginning at 6:30 pm and the buffet dinner will be served at 7:30 pm. BYOB- You may bring your own alcoholic beverages if you wish, we will probably bring just a few bottles of wine. The cost of the dinner is \$15.00 per person.

see BANQUET, page 3

New 1994 Discovery Tours Trip Catalog Now Available

The Best Adventures in the Best Places at the Best Prices!

Hostelling International-American Youth Hostels' (HI-AYH) new 1994 Discovery tours trip catalog is now available, free of charge. More than 35 different trips - cycling, hiking and backpacking - are available in the U.S., Canada and Europe.

HI-AYH Discovery Tours feature small friendly groups, trained leaders, flexible itineraries and tours for different ages, from teens to 50+. Hiking and cycling tours are rated for all levels of skill, from beginner to expert.

Discovery Tours are a Bargain! Prices range from just \$575 for a nine day hiking trip along Scotland's West Highland Way to \$1250 for a 38-day, 1,000 mile cycling trip down the Pacific Coast. (All prices are land cost only.)

A brand-new program of nine "Hostelling Holidays" is offered for the first time. One hostel is your base for a week while you embark on a learning holiday ranging from studying wine in Chianti, Italy, to panning for gold and beginning canoeing in Vermont. "Hostelling Holidays" prices range from just \$250 to \$555 (land cost only).

Hostels are used wherever possible for overnight accommodations, and can range from a lighthouse on the California Coast to a castle in England. They feature dormitory-style lodgings with separate quarters for males and females. Some Discovery Tours include camping.

For a free copy of Discovery Tours, the trip catalog that offers "the best adventures in the best places at the best prices," contact: Hostelling International-Pittsburgh Council, Discovery Tours 1994, 5604 Solway ST., Pittsburgh, PA 15217, or call: 412-422-2282

Hostelling International-American Youth Hostels is a not-for-profit corporation which promotes international understanding through its network of hostels and its educational travel programs. HI-AYH is the U.S. affiliate of the International Youth Hostel Federation (IYHF) which encompasses nearly 6,000 hostels in 70 countries - the largest network of accommodations in the world.

Hostelling International and the Blue Triangle are the new trademark and seal of approval of the IYHF, guaranteeing quality budget accommodations for travelers of all ages.

OHIOPILE WORK PARTY

Saturday, April 2nd
Call Linda Smithyman at 531-1868

We are starting early this year to get some painting and things done at the hostel in Ohiopile. FREE LUNCH!! Meet at HQ at 9:00 am and be back by 5:00 pm. Sneak in a hike too. If you can volunteer a few hours of your time to help paint, move furniture, clean, wash windows, do yard work or whatever talent you may have, it will be welcome. Meet Bob Utz our new hostel manager.

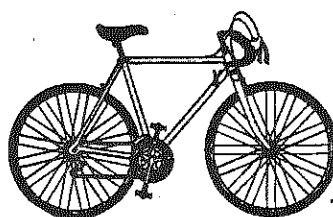
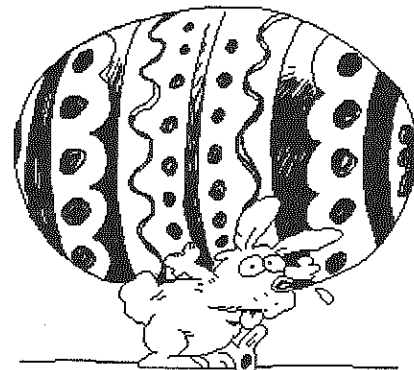
AYH volunteers always have a fun time even though they are working. Here is a chance for you to help out and give something back to AYH for the fun times that you have had.

Donations are needed for Ohiopile. If you have any of the following items to donate please let me know as soon as possible and we will be willing to take them off of your hands:

6-8 foot stepladder	endtables	microwave
rugs/area rugs	chairs	chest of drawers
wall hangings/photos	coffee table	TV
desk	computer/printer	modem
fax machine	entertainment center-stereo, CD etc.	

We are always accepting monetary donations for Ohiopile Hostel. For \$150 you can purchase a set of bunk beds for the men's bunk room and have your name engraved on a nameplate as a thank you for all the world to see. I'll be happy to discuss any type of donation that you might want to give.

FEATURED IN THIS ISSUE



The Pittsburgh AYH's 3 largest annual bicycling events, "The great Ride", "The Mon Valley Century" and "SABRE" are PGH's Premier touring events and draw a combined 5,000 cyclists each year.
BICYCLING, page 4

SAILING

Classes begin!

PAGE 5

EUROPE BY TRAIN

EURO Pass!

PAGE 6



Volunteers are
needed!

PAGE 7

INSIDE

Activity Chairs; Page 2
Headquarters Programs; Page 2
Exotic Hawaii; Page 3
Membership Agencies; Page 3
Hiking / Backpacking; Page 4
Sea-kayaking; Page 5
Rockclimbing; Page 6
Hong Kong; Page 6
Classified; Page 7
Council Travel and Book Store; Back Cover

.....And MORE!!!

AMERICAN YOUTH HOSTELS

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6300 FIFTH AVENUE
PITTSBURGH, PA 15232

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HOSTELLING



Pittsburgh Council, American Youth Hostels, Inc.

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Since 1948, Incorporated 1955

The Golden Triangle is published monthly by the Pittsburgh Council of Hostelling International, American Youth Hostels.

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Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* at the left

Letters...

[Letters to the editor are welcome. Letters will be edited to conserve space when necessary. Letters are published at the discretion of the editor.]

Mail regarding this Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
5604 Solway ST.
Pittsburgh, PA 15217
Office: (412) 422-2282

PITTSBURGH COUNCIL ACTIVITY CHAIRS

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Mark Mistrik647-7609

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Trail Systems
Glenn Oster 364-2864
Jim Ritchie 828-0210
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Tom Rodgers 621-6310
Chris Kline 441-7352
Storekeeper
Wm Eberle 833-9732

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Larry Laude at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for future issues of the **GOLDEN TRIANGLE**

MAY
All copy, April 7
Binding/Mailing, Apr 21

JUNE
All copy, May 5
Binding/Mailing, May 19

If your work is on computer,
Please contact Bill Eberle
@ 833-9732

or
Larry Laude @ 665-9554

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 422-2282.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation (IYHF)), which coordinates more than 5,400 hostels worldwide the largest network of accommodations in the world.

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For People Who Live Their Dreams...

April Slide Shows

- | | |
|----------|--|
| Apr 7th | Don't wait for blossom time to arrive in Pittsburgh. Come to Picturesque Puerto Rico, Now!
by Nancy Crago-Alcorn |
| Apr 14th | To Be Announced |
| Apr 21st | Newsletter Prep night. A little work at HQ, followed by a drink or meal at a local restaurant |
| Apr 28th | "Pittsburgh - An Industrial City". A very good film produced by Duquesne Light that takes us from pre-colonial days to the present. Shown on the big screen with a state of the art video tape projector |

To Schedule a show or have a show idea call
TOM RODGERS 621-6310

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 151470
(412) 329-4476

Living Waters AYH Hostel
RD #1(1 mile west on Route 30)
Schellsburgh, PA 15559
(814) 733-4212

Charleroi Youth Hostel (SA)
Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200



AYH Membership Agencies

Pittsburgh Council AYH has established almost 20 agency locations in Western PA and Northern WV when you can renew your membership or buy new memberships on the spot.

We are also looking to establish sales outlets in areas of our jurisdiction that don't have nearby agencies such as Wheeling WV, California PA, Altoona, Johnstown, Warren and perhaps Somerset.

Pittsburgh Area

PITTSBURGH COUNCIL
6300 Fifth Ave, Pgh, PA 15232
412-362-8181

(Thursday evenings only)

PITTSBURGH COUNCIL (office)
Room 204 Wightman School
5604 Solway St Room 204
Pittsburgh PA 15217
412-422-2282
(Mon, Wed, Fri 9am to 3pm)

FORUM TRAVEL
4608 Winthrop St, Pgh PA 15213
412-681-4099

ATLAS TRAVEL SERVICE
Kaufmann's
400 Fifth Ave, Pgh PA 15219
412-261-0248

SEWICKLEY TRAVEL
519 Broad St, Sewickley PA 15143
412-741-9565

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State College, PA 16801
(814) 238-4987

CAMPBELL TRAVEL
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State College, PA 16801
(814) 238-4444

CONT. next Column

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State College, PA 16801
(814) 234-1822

Pennsylvania

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140 South Main Street
Slippery Rock, PA 16057
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McMULLEN TRAVEL & TOURS
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Grove City, PA 16127
412-458-6170

AAA WORLD TRAVEL
1169 Wayne Avenue
PO box 1018
Indiana PA 15701
412-349-4193

OHIOPYLE AYH-HOSTEL
Ferncliff Road
PO Box 99
Ohiopyle, PA 15470
412-329-4476

REGO'S HOTEL (hostel)
601 McKean Avenue
Charleroi, PA 15022
412-483-6200

EDINBORO TRAVEL SERVICE
122 Erie Street
Edinboro, PA 16412
814-734-1639

LIVING WATERS AYH-HOSTEL
RD #1 (1 mile west on route 30)
Schellsburg, PA 15559
814-733-4607

Travel Service Inc
204 West 6TH Street
Erie PA 16507
(814-453-4994)

West Virginia

MORGANTOWN Travel SERVICE
127 High Street
Morgantown, WV 26505
304-292-8471

Hot Spots: Exotic Hawaii

Warm tropical breezes, palm-fringed beaches, snorkeling, diving, surfing, hiking, museums, historic areas, shopping, great restaurants~ and more. And, it can all be yours for just \$12-\$15 a night!



Where? At **Waikiki and Diamond Head** (Hawaiian Visitors Bureau)
HI's two hostels in Honolulu on the island of Oahu. HI-Waikiki, just two blocks from Waikiki Beach, and HI-Honolulu, near the University of Hawaii, serve as excellent bases for a fun-filled, affordable vacation.

Surf's up on Oahu's legendary North Shore where 20-foot-plus waves pound the shore and competitive surfers shoot the "Bonza Pipeline." Snorkelers and divers can enjoy the calm reef waters of Hana-uma Bay, a marine sanctuary. Visit the beaches of Ala Moana, Sandy and Kailua.

Want to explore the Hawaiian rainforests? The Honolulu hostels have a terrific interpretive program at the Lyon Arboretum. This program shows you native flora and the role of the rainforest in this fragile ecosystem. Participants also help with projects such as clearing and maintaining the Arboretum and planting.

A variety of activities on Hawaiian culture take place at the hostels, from hula lessons to walking tours. In addition, the Honolulu hostels have arranged for discounts on moped rentals, snorkeling and diving excursions and more.

Enjoy the night life too! Not only does Oahu abound with restaurants, bars, and theater, it celebrates its heritage with festivals and extravaganzas. Seek the glittering enticements of Waikiki, or be lulled by Hawaiian musicians in the heart of Honolulu.

So pick up the phone or fax the Honolulu hostels for your reservation, and you're on your way!

Hostelling International-Honolulu

Phone: (808) 946-0591

Fax: (808) 946-5904

Hostelling International-Waikiki

Phone: (808) 926-8313

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this important project and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your pledge today.

Yes, I would like to make a pledge of support for a Hostel in Pittsburgh in the amount of:

- ☐ \$2500
- ☐ \$1000
- ☐ \$500
- ☐ \$250
- ☐ \$100
- ☐ \$50
- ☐ Other: \$ _____



Yes, I can also volunteer my time for:

- ☐ Fundraising
- ☐ Architecture or Design
- ☐ Construction
- ☐ Public Relations
- ☐ Clerical help
- ☐ other: _____

Name _____

Address _____

Telephone _____

Mail your Pledge to:
AYH
Pittsburgh Hostel Fund
5604 Solway St.; Pittsburgh, PA 15217
412-422-2282

BANQUET, from cover

Since this is a Saturday evening be sure to plan your time accordingly. To get to Jaden's Restaurant take the Parkway East to the Murrysville exit (passed the turnpike exit) and at the second light make a left into the parking lot. There restaurant is between Birdies and Ethan Allen.

This is only one of the rare occasions where most AYH members do not wear casual clothes or jeans! Our chance to "dress up" a little bit. We anticipate having our council president, Marianne Kasica, bring us up to date on the status of a full-service hostel in Pittsburgh. And the council officers will be there to bring the guests up to date on the latest developments within the council.

Our guest speaker will be Lucy Lafitte, from Allegheny Trails conference.

You will not receive any tickets to the banquet, we will just expect to see you that evening. Bring a friend too if you wish.

HOPE TO SEE YOU THERE

Please cut out the form below and send your payment made out to Pittsburgh Council-AYH in with it by Friday, April 8th. Call Helen at 422-2282 with any questions.

AYH ANNUAL BANQUET - SATURDAY, APRIL 16th

Name _____ Phone _____

Address _____

of dinners _____ X \$15.00/person = \$ _____ enclosed.

Please mail your payment to:
American Youth Hostels
Room 202
5604 Solway Street
Pittsburgh, PA 15217

HIKING / BACKPACKING**April 8-9-10 Friday-Sunday****Keystone Trails Association**

Annual Meeting, Wellsboro, PA. KTA is the premier hiking trail organization in the state, coordinating maintenance, construction, planning, and legislation relating to hiking trails in PA. The annual meeting allows you to meet legends in PA hiking such as Tom Thwaites, Mark Eckler, Glenn Oster, and other representatives from nearly every hiking organization in the state. Be there to stand up for AYH when the roll call of organizations is taken. Good food, a full program of hiking activities on both days in which you may participate; accommodations are available at the Penn-Wel Hotel (a landmark!!) or at a nearby campground. Request registration information from Jim Ritchie at 828-0210. Let Jim know if you are interested in carpooling as a driver or a rider to Wellsboro. **This is not an AYH event.**

April 9 Saturday Jim Ritchie 828-0210

Baker Trail, Near Mahoning Reservoir: Trail Maintenance. There are several large trees that have fallen down across the Trail on the hillsides leading down to the Mahoning Reservoir, near Dayton, PA. Work will involve chainsaws. I also need volunteers to do a little bit of brush cutting. Pie and coffee in Dayton when we're done. Meets at 8:00 am at HQ in Mellon Park. Call Jim to let him know you're coming.

April 16 Saturday Tom Kaveney 276-8044

Linn Run State Park. Tom will put together an 8-10 mile intermediate hike from among the many trails in Linn Run State Park, near Rector, PA on the western slope of Laurel Ridge. Get an early start with the wildflowers: a few of the earliest may be coming out this weekend. Meet at HQ in Mellon Park at 8:30 am. Call for reservations and information.

April 17 Sunday Jim Ritchie 828-0210

Rachel Carson Trail, Section A: Tarentum to Harrison Hills. Hike up and down the roller coaster hills of the Rachel Carson Trail on this second of four hikes going end-to-end. Located in the northeastern corner of Allegheny County. About 8 miles. Intermediate to Advanced skills required. Meets at 8:00 am at HQ in Mellon Park. Call Jim for info/reservations.

April 22-24 Fri-Sun Mark Mistrik 647 7609**daytime or leave a message**

Cranberry Backcountry hiking, caving, ramp eating, sightseeing condo weekend(!). Two days hiking in the Cranberry Backcountry of southern West Virginia, sightseeing trip to Cass (a neat little town with antique steam locomotives); and an optional trip into Sharp's Cave for those so inclined. Bring a pack of "Certs". Call Mark or Call Blanch Asherman at 828-8158 (home) for info.

April 24 Sunday Maynard Hansen 751-7615

Quebec Run. Enjoy an 8-10 hike in the Quebec Run Wild Area. This will be a good weekend to spot wildflowers in the Laurel Highlands. Help find the only gold mine site in Pennsylvania. Intermediate skills required. Meets at 8:30 am at Southland Shopping Center by Wendy's. Call Maynard for information and reservations.

April 24 Sunday Veronique Schreurs 733-1741

Duff Park, Murrysville. The trilliums will be out!! Easy hike, 4 miles, but with a few hills to climb. Meets at 1:00 pm in the parking lot at the School Road entrance to Duff Park in Murrysville. Please call Veronique for more information, directions, and reservations.

April 30 Saturday Pat Rossi 335-5067**Veronique Schreurs 733-1741**

Baker Trail, Freeport to Schenley. Short hike, about 5 miles, but with some steep hills (intermediate skills necessary). We will look for wildflowers, and see the confluence of the Kiski and Allegheny Rivers. Meet at 10:00 am at the Integra Bank, Ames Plaza, directly off the Harmarville exit of the Route 28 Expressway. Call Pat or Veronique for information and a reservation.

FOOT NOTES

hiking and backpacking news

AYH needs NEW hike leaders. If you have an interest in leading hikes for AYH in the Pittsburgh area, call Jim Ritchie at 828-0210. The season is upon us. I am especially looking for individuals who may know any of the following trails and trail areas:

McConnell's Mill State Park, Settler's Cabin Park
North Park, Wolf Rocks Trail
Keystone State Park, Raccoon Creek State Park
Laurel Summit Area (Beams Rocks, etc)
Shenango Trail, Ohiopyle-Meadow Run
Baughmans Rocks, Great Gorge, etc.
Kooser State Park, Mill Creek, Youngstown
Crooked Creek-Laurel Point Trail, Montour Trail
Northmoreland Park, Moraine State Park

Request-A-Hike

Is there an area in Western Pennsylvania that you've always wanted to hike? But you don't want to go alone? And you don't know the area very well? If your answers to these questions is "Yes", call Jim Ritchie at 828-0210 and we'll find leaders that knows that area and ask them to schedule and lead a hike there. If you want to keep the difficulty level to easy or intermediate or you would like a strenuous, exploratory hike, let me know that also and I will pass that information along as well.

HIKING AND BACKPACKING**1994 PLANNING MEETING****MONDAY, APRIL 11 AT "THE OFFICE"**

The 1994 Annual Meeting for AYH Hiking and Backpacking will be held on Monday, April 11 at 7:30 PM at the Wightman School (the AYH Office) on Solway Street, Pittsburgh. For directions, please call Helen Coyne at 776-0678 or Jim Ritchie at 828-0210.

Who should attend this meeting? The Annual Planning Meeting is a must for all hiking or backpacking trip leaders. Also, anyone who is interested in becoming a trip leader would find this meeting to be especially informative. All AYH members interested in hiking and/or backpacking are welcome and are encouraged to attend.

The agenda. The meeting will be devoted entirely to a review and discussion of hiking and backpacking trip and trip leader guidelines as now mandated in the AYH Risk Management Manual. For this reason, all trip leaders urged to try to attend. There are a number of implications set forth in the Manual that you need to know.

MID-WEEK RAMBLES**April 6 Wed John/Alberta Hartman 241-5031****Blackridge area and Beacon Hill.****April 13 Wed George Westcott 279-5375****Ramble through Schenley Park, via the golf course.****April 20 Wed Margaret Krest 421-5976****Duff Park in Murrysville, through the Strip District, including St Patricks Church. Possible lunch at the Strip District.****March 27 Wed Joel Platt (Cliff Ham 687-4520)****Trillium Trail in Fox Chapel.**

Notes for all Rambles: Meet in the upper parking lot near Headquarters at Fifth and Shady Avenues by 10 am.

* Trips are subject to change because of weather, conflicts of schedule, and choice of group. We will plan a walk in all kinds of weather; be prepared.

* Please share expenses of transportation when trips exceed ten miles. One dollar per passenger is suggested.

* Call the leader for further information about a trip or to inform the leader that you plan to attend. Call Cliff or Marilyn Ham, at 687-4520, for information. Do not call after 10 pm.

BICYCLING (Road & Mountain)**April 17 Sun Int Bill Eberle 833-9732**

The Montour trail, Fat-tire rides. 27 miles of the montour trail starting at Cecil Park. Faster pace and a few tricky sections of the undeveloped section between the Arrowhead trail and Hendersonville make this an Intermediate ride.

April 24 Sun 20-25 miles Joe Hoechner 242-0781**Bicycle Brunch in Fox Chapel. Call for info.**

The Great Ride, July 17th; Sponsored by Pittsburgh Citiparks, rides are planned of 25 and 35 miles with food stops and T-shirts available. A 5 mile downhill on the I-279 H.O.V. lane may be included. Almost 2,000 cyclists are expected!

The Mon Valley Century, August 21st; The MVC starts south of Pittsburgh at Elizabeth PA. There are rides of 35, 65, and 100 miles! A map, food stops, and a sag wagon will be provided, and you will be able to purchase commemorative T-shirts. About 1,200 riders participate.

SABRE, October 2nd; When autumn breezes blow in southwestern Pennsylvania join us at Settlers Cabin County Park. SABRE has cool fall cycling with rides of 15, 35 and 65 miles. We expect 1,500 cyclists this year.

Ride Leaders needed! Do you love the adventure that the every day training ride brings? Or what about the fact that gas prices do not affect your riding in the least. Our sport is one of great pride, enjoyment and accomplishment; If you feel about cycling the way I do, then consider being a ride/trip leader.

As a trip leader you would plan a one day or even a one week trip that you feel would be of interest to others and act as the tour guide on that trip. At the very basic level this trip could be as simple as meeting at North Park for a 25 mile ride, or possibly a tour of a suburban PGH neighborhood. You as the trip leader would choose the route, the distance and decide on the level of difficulty of the ride. Once your ride has been approved by one of the cycling chairs you would see it listed, like the rides above for example. All ride leaders must be approved in advance, and helmets are required at all times. *Give it some thought!!!! Wm R Eberle, Cycling Chairperson.*

CULTURE CLUB

Our next effort will take place on Sunday, April 10th. We will meet at 3:00 pm at AYH HQ. We will walk somewhere and find dinner at a nearby restaurant. Please call ahead for details as we sometimes have more specific plans before the actual date!

The cost for the Culture Club activities is strictly up to the choice made by the participants (what you pay for dinner is up to you). Everyone is welcome to join in for one or all activities.

Please call Tom Rodgers at 621-6310 or Linda Smithyman at 531-1868 for additional details.

SEA-KAYAKING

How does camping on a beach, watching the surf and the sun setting appeal to you? How about exploring islands and craggy coastlines of Maine or water-filled desert canyons of Lake Powell in the Southwest? Or paddling on the Allegheny river or playing on the waves of Lake Erie., summertime night-paddling trips where you can swim in water warmer than the night air, kayaking to the Three Rivers Arts Festival, seeing dolphins, bald eagles, moose, wildlife, etc...or just spending a day or evening relaxing in a small boat, paddling wherever you want. The sea-kayaking annual planning meeting will meet on Wednesday evening April 20th at the Elbow Room in Shadyside. Join us for dinner, a short slide show, and lots of talk. Everyone welcome, whether you're planning a trip or just want to find out more about sea-kayaking and the AYH.

Let us know if you're coming, so we can reserve enough seating. Mark Mistrik 647-7609.

April 20 Wed Mark Mistrik 647 7609 daytime.
1994 Sea-kayak planning meeting. Traditional yearly assemblage to discuss trips planned for the 1994 paddling season over dinner at the Elbow Room restaurant in Shadyside. ANYONE with an interest in sea-kayaking is welcome. Each year we organize daytrips on local lakes and rivers, take advantage of special events such as kayaking to downtown Pittsburgh to watch fireworks or see the Three Rivers Arts Festival, play in the waves of Lake Erie, go out on weekend tours and camping trips, and combinations trips including hiking, backpacking, and fossil hunting. Informal instruction is provided on evening paddling trips and sea-kayaks may be rented inexpensively from the AYH, if you need one. This year, we're preparing for trips to Maine and Nova Scotia. Boston and Cape Cod, and Lake Powell in Utah and Arizona. Call for more information or if you're interested in the Program, but can't make the meeting. 7:00 pm at the restaurant.

April 16-17 Sat-Sun Mark Mistrik 647 7609 daytime.
Annual Early Spring sea-kayaking camping trip on the Allegheny River. Easy weekend of paddling, camping, Hiking and eating at Donnelly Island on the Allegheny River north of Pittsburgh. Join Ed Diver's for a guided hike of the local area's places of interest. Ed always brings some "preserved" ginseng along, so if you come this trip, you'll practically live forever. 7:00 AM Saturday morning at HQ

May 27 Wed Mark Mistrik 647 7609 daytime.
First-sea kayaking evening intro of the year. Completely informal, learn at your own and fun. You can learn to paddle efficiently and quickly carve turns, and become comfortable in a kayak, or practice more advanced skills like kayak rolling and rescue technique. Pre-requisite for all sea-kayaking trips. Reservations essential if you want an AYH sea-kayak. 6:00 PM Wednesday evening at HQ.

May 13-15 Fri-Sun Mark Mistrik 647 7609 daytime.
Second Annual Chesapeake Bay Sea- Kayaking Symposium. One of the premier sea-kayaking events on the East Coast. The Symposium includes three days paddling clinics, lectures and boat demonstrations provided by some of the most knowledgeable people in the sport. A mile long boat beach provides opportunities to test paddle sea -kayaks from most of the major manufacturers, whether you're interested in actually buying a new boat or simply seeing what's new. We'll be going up to the Symposium plus staying a few extra days to paddle in the area. There is a boat beach option on Sunday if you wish to forgo the lectures and clinics, and just try out the Kayaks. Event has a limited attendance and early registration is essential. Call for more information.

LETTERS TO THE EDITOR

Losing Activity Programs

I see a trend in the Outdoor Community around here and I think you, the AYH member, should give it some thought. The only reason I can imagine that you're reading this (unless you're bored) is because you have some interest in the AYH's Activity program. There are other clubs in the Pittsburgh area that definitely excel in their particular areas of interest, but the AYH's Activity program is well-suited to beginners and people with a casual interest in this sort of thing, and for a simple reason. We have both experienced people AND the necessary equipment, so our members need not buy a boat to paddle or a tent for camping when they come on one of our trips. For years this worked, and I've still not seen anything else quite like it.

So let me get to the problem. At present, the Activities group is divided up into a dozen "Activity committees", corresponding to a sport (like sea-kayaking!), plus useful things like "Family Activities" and "Trail systems" that the club gets involved in. Right now, both Volleyball and Caving are inactive- meaning NO TRIPS and the number of trips in most of the other activities are declining. And it's not because of a lack of trippers (most sea-kayaking trips fill up), but because new, imaginative trip leaders seem to have gone the way of the dinosaurs.

Joining a trip, or leading one, is a lot of fun. That's the only reason I've ever had for participating. An organization like the is a sort of magnet, drawing people together with mutual interests. Trip leaders are not professionals, just beginners who got interested in some activity. While we are becoming increasingly safety-conscious and spending more time and effort than ever before training trip leaders and trippers, its still basically somebody going on an outing and inviting others along. But in the long run it will only continue for as long as there volunteers willing to organize trips. Otherwise, our activities will become the business of paid guides and expensive professionals, and you'll lose a unique and personal way of travel, recreation and meeting people.

I'll be sorry if that happens.,

Mark Mistrik, Sea-Kayaking Chairperson.

SAILING

The Pittsburgh Council Sailing Activity begins its fifth season this year. We have three 13' Flying Juniors, one Sunfish, and one 15' International 470. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park. Additional weekend trips and extended trips are also planned.

Individuals with prior sailing experience and those with their own sailboats are especially encouraged to join our program. We also need individuals with trailer hitches to pull the sailboat trailers. Individuals who assist in boat maintenance, sailing class instruction, and trailer transportation will receive equivalent free rental time.

Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency:

Swim 25 yards unassisted.

Tread water for at least 5 minutes unassisted.

Put on a life jacket while in deep water and float for at least 5 minutes.

Personal Floatation Devices are required on all trips.

Introductory Classes

We offer introductory classes for those who have never sailed before or anyone who desires to brush up on their skills. Individuals must be AYH members! Classes consist of two evening classroom sessions, and two full on the water sessions with instructors. We use the Red Cross Start Sailing Right textbook and offer Red Cross Certificates to those who pass all Red Cross requirements. Classroom work is at the AYH HQ building in Pittsburgh and the water sessions are at Lake Arthur. The class fee is \$70. The textbook is an additional \$10 and may be shared. Classes are limited to 12 students. Send in your application fee with payment as soon as possible to insure a space. Classes may be canceled up to 7 days prior to the first classroom session for a full refund minus a \$10 administrative fee. After that date refunds will be given only if the space is filled.

	Introductory Classes		
	Shore School AYH HQ 7pm-9pm	Shore School AYH HQ 7pm-9pm	On-Water Class Lake Arthur 9am-5pm
Class 1	Mon., June 13	Mon., June 20	Sat & Sun. June 25 & 26
Class 2	Mon., July 11	Mon., July 18	Sat & Sun. July 23 & 24

SAILING CLASS REGISTRATION

Name: _____

Address: _____

Phone No.: _____
 (you may use this form for multiple registrations)

Check class selection: Class 1___ Class 2___

Class fees: \$70 x ___ = ___

Textbooks: \$10 x ___ = ___

TOTAL ENCLOSED _____

Make check payable to Pittsburgh Council AYH. **YOU MUST BE AN AYH MEMBER FOR ALL CLASSES** - See membership inf.(back page), or contact the AYH office for information.

Send registration and fee to: Robert Zavos
 AYH Sailing, 1007 Savannah Ave., Pittsburgh PA. 15221

1994 Sailing Schedule includes the following:

April 10 Sun.
Moraine Sailing Club Seminar [non AYH activity]
Introduction to Sailboat Racing. This seminar starts at 2:00 PM at the Northland Public Library (366-8100) located between McKnight Road and Perry Highway (US Rt. 19) on Cumberland Road.

Apr. 16 & 17 Sat & Sun Bob Zavos 241-0659
Sailboat Maintenance. Learn and help with typical repairs such as fiberglass work, gasket replacement, rigging maintenance, etc. A free picnic lunch will be provided each day.

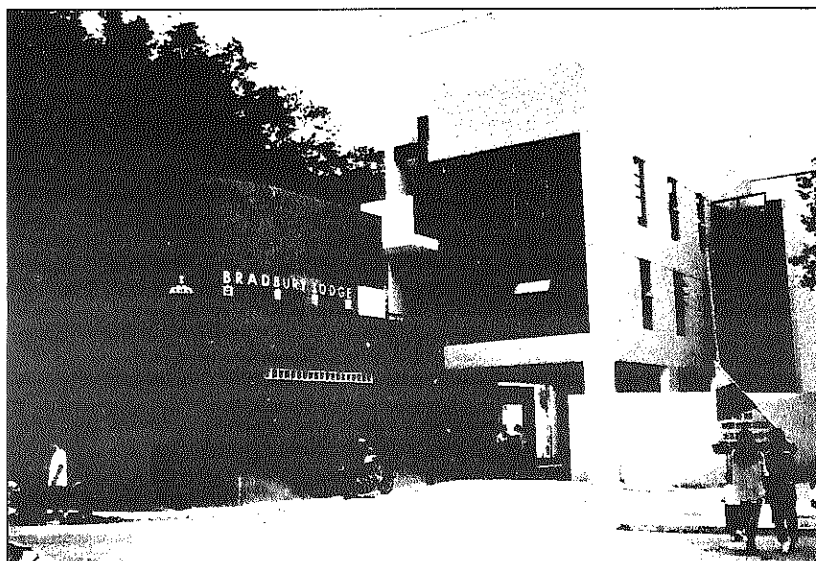
May 7 Sat INT Bob Zavos 241-0659
Sailboat shakeout cruise at Lake Arthur. If the weather cooperates this will be our first sailing day of the season. Rental fee is \$15.

May 14 Sat INT Bob Zavos/Kevin Kelly 241-0659
Racing day. Individuals with previous sailing experience who want to learn how to race will join up with the Moraine Sailing Club's first race of the season. Fee will be \$15 sailboat rental fee plus a nominal MSC racing fee.

Sailboat Rentals

At least two sailboats will normally be available on the racks at Watts Bay on Lake Arthur for day rentals at a fee of \$15 per person per day with a maximum of \$30 per boat.. Rentals are available only to qualified AYH members who have been approved by the Activity Chairperson or designee. They will normally have had several years of small boat sailing experience and must be familiar with rigging and de-rigging our boats. Individuals who rent boats will be responsible for any lost or damaged equipment.

New Hostel: Hong Kong



Bradbury Lodge, Tai Mei Tuk, Hong Kong

Bradbury Lodge is now open in Tai Mei Tuk, near Tai Po, Hong Kong. This modern, 94-bed hostel is close to excellent hiking in Plover Cove Country Park. You can easily make reservations through IBN, the International Booking Network.

Hong Kong is an affluent, trade driven, 413- square-mile British crown colony in the South China Sea. It is the hub of world commerce, an enthralling mix of East and West, the world's second busiest port, and Asia's main tourist destination. The city returns to Chinese rule in 1997. You can also stay in one of seven hostels all over the area from the New Territories, Kowloon, Hong Kong to Lantau Island.

For more information, write or call Hong Kong YHA, Room 225-226, Block 19, Shek Kip Mei Estate, ShamShuiPo, Kowloon, Hong Kong, 852-7881638 or book through IBN.

New Trips: Hostelling Holidays

HI introduces a new concept in low-cost group adventures- "Hostelling Holidays." One hostel is your base for a week while you immerse yourself in learning new things in new places. Take off for the Big Apple and spend five days in the heart of New York City. Explore New York and the different ethnic neighborhoods that have made it famous (\$350).

Or, visit the ancient site of Pompei and Paestum from the Salerno hostel. Explore the Isle of Capri and the beautiful Amalfi coast (\$250). Learn about the maritime and artistic heritage of Portland, Maine's cultural center. Attend a Portland Symphony concert and enjoy the city's jazz scene. Visit the Portland Museum of Fine Arts, attend a coastal geology workshop and visit the Portland Observatory (\$555).

To find out more about these and other holidays in Chiati, Italy; San Diego, San Clemente, Los Angeles, California; the Old West and Vermont contact the HI programs and education department at 202-783-6161 for a catalog.

ROCK CLIMBING

DATE	DAYS	LEVEL	DESCRIPTION/LOCATION	MEET	LEADER
MAY 1	SUN	BEG	Beginner Trip Coopers Rocks, WV	8am at HQ	Eric Bauer 687-0766

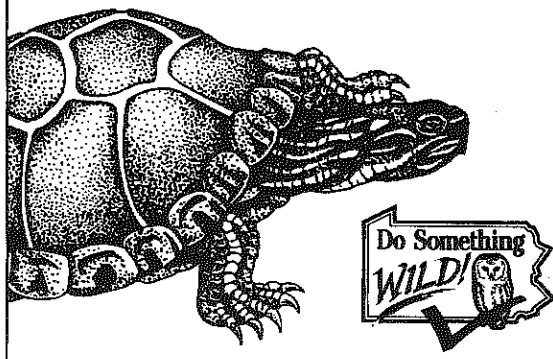
Beginner trips are geared towards teaching basic rock climbing skills to people that have never climbed before. All you need to bring are tennis shoes and lunch. AYH supplies all climbing equipment. Space is limited so please call trip leader for reservation.

"SUPPORT SOMETHING WILD"

Help Protect the
Red-Bellied Turtle.
Donate your refund on Line 11C
or 19C on the Pennsylvania
income tax form to the
Wild Resource Conservation Fund,
Pa's Tax Checkoff.

Write for information:

Wild Resource Conservation Fund
P.O. Box 1467
Room 101, 3rd & Reilly Streets
Harrisburg, PA 17105-1467



DID YOU KNOW...?

...that Karen Lukas will be leading one of the national AYH Discovery Tours next summer? Karen is the leader of the hiking trip in Canada's Mountain Parks, a class B trip (averaging 7 - 12 miles per day over hilly and some mountainous terrain). If you join Karen, you will explore Banff, Jasper and Yoho National Parks. The tour begins in the Canadian Rocky gateway city of Edmonton and ends in Calgary, Alberta.

The trip is organized for the 50+ age group, and is scheduled for August 6 through 20, 1994. The cost is \$995 for the 15-day trip. Call Karen at 661-4835 for details.

THE TRAVELER'S BOOKSHELF

Passport to Discount Travel

by Christopher Allen, World View Press, 1992.

"A Complete Guide to Saving Money on All your Travel Expenses" is the cover brag. Chapters are devoted to finding bargains on airline tickets, hotels, rental cars, cruises, tours, trains, and insurance. Appendices offer a useful listing of 800 numbers for all categories.

Of particular note: ~ Names and phone numbers of publications and organizations which provide last-minute, discounted opportunities for freighter and cruise travel. ~ List of organizations, with phone numbers, which provide opportunities for "learning vacations".

Volunteer Vacations:

Short-Term Adventures That Will Benefit You and Others
by Bill McMillon, Chicago Review Press, 1993.

An extensive set of cross-references make this book a good resource for anyone looking for an unusual volunteer experience. Opportunities are described and classified according to cost, length of time, location, season, and type (agricultural, archaeological, community development, environmental protection, environmental research, marine research, historical preservation, medical and dental, public health, railroads, religious organizations, scientific research, social action, state parks and forests, trail building and management, and workcamps).

Stories by and about volunteers and their experiences add to the value of this resource.

Learning Vacations

by Gerson G. Eisenberg, Peterson's Guides, 6th edition, 1989.

Opportunities for learning abound: birding in Scotland, harp seal watching in the Gulf of St. Lawrence, sailing in the Virgin Islands, writing workshops from Maine to California. Eisenberg offers listings of opportunities in many areas: archaeology, science, and history; arts, crafts, and photography; music, dance, and drama; museums and historical society exhibits and trips, writers' conferences, and gastronomy. Brief program descriptions include cost, length of time, and accommodations.

EUROPASSES — NEW FOR 1994

Rail Europe has introduced a new rail pass, the **Europass**, which allows travelers to visit five European destinations - France, Germany, Italy, Spain, and Switzerland. A minimum of five days of train travel through three contiguous countries is provided, and more countries can be added when more travel days are bought.

With a purchase of eight to ten days, a fourth contiguous country can be selected, and with an 11- to 15-day pass, all five countries may be visited. Travel must be completed within a two-month period; days of travel need not be consecutive. The Europass provides first class travel for passengers of all ages; however, for travelers under 26 years of age, a special second-class Euro Youth Pass is also available.

Sample Europass Prices for Youth Second Class

Three Countries	5 days/2 months	\$198
	6 days/2 months	\$226
	7 days/2 months	\$254
Four Countries	8 days/2 months	\$282
	9 days/2 months	\$310
	10 days/2 months	\$338
Five Countries	11 days/2 months	\$366
	12 days/2 months	\$394
	13 days/2 months	\$422
	14 days/2 months	\$450
	15 days/2 months	\$478

BRITRAIL SIMPLIFIES FLEXIPASS

The BritRail Flexipass, formerly available for four days of travel in an eight day period, eight days for a 15 day period, and 15 days for a month, has been simplified so that passes for four, eight, or fifteen days will be valid for one month.

For first class, prices are \$249 for a four day period; \$389 for eight days; and \$575 for fifteen. There are other prices for standard, or second class, for people over 60, and for travelers under 26.

All of these passes can be purchased only in the U.S. For more information, contact the Pittsburgh Council office.

CLASSIFIED

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

For Sale: Cross-country skis, boots (size 44) and poles. "Trak" waxless skis. As new - used once. \$85 for all. Peggy 361-4781.

A group of local AYH bicyclists ride the GOBA bicycle tour each year. For a change of scenery and a different experience, I am considering one of the "Bed & Breakfast" type bike tours for this summer. My requirements are, the tour can be completed in one week and that airfare is not required. I would like to hold a meeting in late March to select a tour. Anyone interested should call me, Rodney, 412-339-0944.

For Sale: Women's Tanner all leather Gortex hiking boots. Size 7 1/2 m, like new. Asking \$95. Judy 443-6795.

WANTED Artists to draw the designs for the 1994 Great Ride, MVC and SABRE T-Shirts. Call Larry Laude (665-9554).

Early retired Sierra Nut seeks likewise with flexible schedule for late summer or fall trip. Call Jerry Gaines 475-3957.

For Sale: Schwinn Tempo Bicycle, teal & white, 26" 12 speed, Mavic 40 rims, Cateye Micro-computer, very good condition \$250.00 Phone John 775-2767.

For Sale: Coleman Tent Trailer - Basic trailer, no stove, sink, etc. All new canvas. \$300 or BO. evenings 371-1384.

Wanted: 26" wheels, with quick release hubs, for mtn bike contact Bill at 833-9732.

For Sale: Slick Tires for Road use of Mountain bikes. 26x1.5". Hardly used \$19 for two. Kathleen 341-1564

Editor, The Golden Triangle
6300 5th Ave
Pittsburgh, PA 15232

1994 LET'S GO BOOKS ARE HERE

The 1994 Let's Go Books for Europe, Britain, and the USA are now available at the office and at the activities headquarters. See the order form on the back page for special discounted prices for members.

VOLUNTEERS NEEDED

Do you have extra hours to donate to the Council? Current volunteer opportunities in Pittsburgh Council are listed below. Contact the person listed or leave your name and telephone number at the office (412-422-2282).

*Mon Valley Century (Chuck and Lynn Ejzak, 466-6196)

*SABRE (Bill Eberle, 833-9732)

*Typing articles for the newsletter into a computer (Bill Eberle, 833-9732)

*Hostel development and fund-raising (Marianne Kasica, 665-9554)

*Ohiopyle hostel support and work parties (Linda Smithyman, 531-1868)

*Travel and Hostel Editor for the newsletter (Larry Laude, 665-9554)

*Answering questions at the council office (Joe Hoechner, 422-2282)

*Leading Pittsburgh Council trips (Jon Maiman, 441-2306)

*Scouting trails for the next Hiking Guide (Joe Hoechner, 422-2282)

*Slide shows at the Thursday Open House (office, 422-2282)

*Trail Maintenance, Baker Trail and Rachel Carson Trail (Jim Ritchie, 828-0210)

1994 THRIFT DRUG CLASSIC Sunday, May 22 1994 Volunteers Needed!

Once again it will be time for our city streets to be transformed into an arena for top cyclists from around the world to compete. Two-time tour winner Lance Armstrong will be defending his back to back wins as he shoots for the 1 million dollar Triple Crown purse. This, plus many more surprises will make it a day not to be missed!

Join us Sunday, May 22, for an action packed day as a vital part of the race, volunteer now! Several hundred volunteers are once again needed in the following positions.

Course Marshal: Make the race safe for spectators and competitors. Over 300 are needed on race day.

Security: Protect valuable race equipment and check credentials for restricted areas. A core of 75 is needed on race day. Stage crew and site decoration: Help create the look of the race, to be seen by the crowd and the press.

Drivers: Drive a support vehicle in the race caravan and enjoy a unique perspective of the race.

Motorcycle drivers: Drive the media and VIP guests in the race caravan and enjoy the race from a cyclist's view point. Please attach a resume of previous race experience.

Office assistant: Work "behind the scenes" of a major bicycle race, answer phones, prepare credentials, and other duties during race week. Morning, afternoon and evening hours available.

Hospitality: Enjoy an excellent view of the start / finish area while meeting the needs of the VIPs and race staff, as they enter the exclusive VIP tents.

If you have been a volunteer in previous years watch your mail for your volunteer packet. If you wish to volunteer but never knew how, this is your chance call me today. I look forward to seeing you race day and in the meantime if you have any questions about volunteering please contact me; Bill Eberle at 833-9732. Thank-you.

Your Dream Vacation

North Cascades National Park
Olympic National Park
Mount Rainier National Park
Mount Saint Helens

July 2 - 16, 1994

Can you see yourself watching the Rocky Mountains from the air and then descending to Seattle as you gaze, awe inspired, at the chain of snow covered mountain peaks visible to the south - majestic Mount Rainier, Mount Adams, Mount St. Helens and Mount Hood - incredible. Then travel by van to backpack for six days in the rugged, scenic and unbelievable spiny mountains of North Cascades National Park. (If you are not up to backpacking, you can use the van to car camp and sightsee or day hike while others are in the wilderness.)

For the next seven days, tour and day hike. We'll visit Olympic National Park - snowy Hurricane Ridge, the lush Hoh Rain Forest, and impressive sea-stacks and arches offshore in the Pacific Ocean. Next we'll head for Mount Rainier and climb up to Frying Pan Gap for absolutely overwhelming views. Lastly, we'll drive through Mount St. Helens and see the devastating effect of a big-time volcanic eruption.

It's pretty hard to imagine more scenic beauty packed into a two week vacation. You can elect not to backpack, as mentioned, but if you do join the backpackers, you'll need to be able to hike at an advanced level.

Assuming all openings are filled, the cost is estimated to be about \$500 plus transportation to and from Seattle, hostel beds and meals.

The trip will be limited to eight, and three hikers have already signed up; so, if you are interested, better let me know soon. These western trips usually fill quickly.

Phone Glenn Oster at (412) 364-2864 for more info/reservations.

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Trek - Specialized - Cannondale

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Very complete selection of parts, accessories, helmets, and clothing
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* 10% off all non-sale items to A.Y.H. membership *

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(Call us now about our customer bicycle repair clinics)

