

READY TO ROLL?

O.K. you century pin holders! Quit resting on your laurels and let's see if you can do it again. Anyone can ride a century if he trains for it. But let'e see if you can ride one Sunday, May 5, to get Hostel Week off to a good start. You may even get your picture in the paper.

Everyone take it easy and conserve your energies for Hostel Week. We need everyone's help to make this year's HOstel Week a big success from riding centuries to welcoming guests to our newly decorated headquarters building. If you are asked to give some time to help out, please don't refuse. It will take all of our efforts if Hostel Week is to be a success. A very ambitious program has been planned for this week.

See the following schedule of events:

Sunday May 5th at 7:00 A.M. a Century run will begin from the headquarters at the Arts and Crafts Center lead by our President, Margaret Bark.

Sunday May 5 Hiking in the picturesque mountains behind Derry, Pa. to look for lady's slippers and violets. Bring lunch. Leave HQ, at 8:15. Fran Czapiewski, MA 1-8970.

Monday May 6 Instead of the usual Menday evening bike rides, free rides will be given to all non-members starting at 6:30 P.M. Members who own their own bikes are recusted to attend and assist in making these rides both safe and enjoyable. A slide show will follow the riding at 8:30.

Tuesday May 7 Jackie McQuade will lead members and guests on a short hike through FRick Park. We'll need people with cars to help transport our guests to the park and back.

Again at 8:30, we'll have a slide show on hiking and camping with displays in and around the headquarters.

(Continued inside.)

HOSTEL WEEK (cont.)

Wednesday, May 8th, the night devoted to Canoeing. Start at headquarters at 6:30. Plans are in the capable hands of John Philbrick, our Canoeing Chairman. The evening will be capped off by the showing of a White Water Canoeing movie compiled from the adventurous experiences on Ed Coleman's extended canoe trips of the past few years.

Thursday, May 9th, usual open house will feature a film on the ways of Hosteling.

Friday Evening, May 10th -- The start of final event for hostel week -- a Bicycle trip to visit the two closest hostels. We'll start at 6:30 p.m. to get out of the city to a peadeful campsite for a good might's sleep. Early Saturday morning, we!ll start for Chestnut Ridge Hostel where we'll have supper and spend the night. Then early Sunday it's cff for Bittinger Hostel -- a rugged over-mountain trip. We'll trailer back to Pittsburgh -- bloody but unbowed -- Sunday evening. Again assistance will be required for the cyclists so we want some people to spend part of Saturday and Sunday at the hostel to be a welcoming committee.

We also will have other trips this week-end but I urge the members fullest. support on the century ride and the Hostel Round Robin Trip.

Rhule: All Right.

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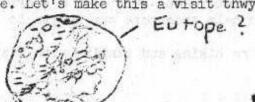
over the Spillnay!

The Pittsburgh Council of AYH will again act as hosts to European hostlers who will be traveling through the United States this summer. Last summer we had three groups of about six hostlers each, visit the City of Pittsburgh. This year we expect more.

We are looking now for places where these people might stay overnight while they are here. Anyone who would like to have a gropp for dinner or to spend a night in their home should write or call Lloyd Geettz (DR 2-6053) or Ruth Stacklin (681-3504). They will be happy to accept your name. It is preferred to find an accommodation in the city. All that we need to provide for the visitors are overhight accommodations (two nights), allow them cooking privileges for breakfast, and the use of the bath. They are on their own for dinner, though it would be mice if we could arrange to entertain them with a home cooked dinner somewhere (how about in someone's backyard?)

Last year we did this by having Pittsburgh hostlers bring a part of the dinner. It was quite successful and a lot of fun! This will give you an opportunity to test your French, German, ett. Solif you're interested in meeting people from other lands, please let us know. We should like to have all the arrangements finalized before they

arrive. Let's make this a visit thwy will long remember. OUI?!!



建设设施设施设施设施设施设施设施设施设施设施设 THE GOLD'N TRIANGLE is published monthly by Pittsburgh Council of the American Youth Hostels, Inc., 6300 Fifth Avenue, Pittsburgh, 32, Pennsylvania. SCRUUNNCH! Thanks, staff! Good job.

Favorite Trips No.4

A Biased Report by Melvin Tobias

The great event had finally arrived -- the start of another "Easter Canoe Trip." One of the first to arrive on the scene was Jerry Munnell, who was obviously misinformed about the nature of the trip . Thinking it was a desert liking trip, he came well-equipped with 5 canteens strung about him.

Soon all 15 of us were ready to move out on an exciting experience in canceing. We reached our first campsite -- the basement of some (lucky for us) even-dispositioned family. The next morning the "Old Indian" (Ed Coleman) demonstrated his method for waking "sleepy, soft whiteman" --- First, let air out of air mattress 'till white man hits bottom. Then unzip warm sleeping bag and let cold air in. Next, place cold rock in bag with sleepy subject. This procedure will wake any sleepy

After a hearty breakfast of delicious cinnamon rolls, we were soon paddling our way down the Potomac. Unfortunately, among our ranks were some inexperienced canoeists, those "always prepared" Explorer Scouts!! Within the first 3 hours of canceing, we had three upsets -- all were caused by the XXXXXXXX (censored).

After a hard day (for the scouts), overyone was glad to make camp and eat a hot meal. Looking forward to a comfortable night's sleep, I was absolutely delighted to find 2 holes in my air mattress!

The crack of dawn woke everyone up to a man-sized breakfast (depending on who you are) of eggs, cream of wheat, and those delicious cinnamon rolls.

The second day was uneventfull, but it had its moments. On many occasions, my sternman carried me to dry land, to keep my feet dry. This was easily arranged by promising to do his messkit and pot duty. Toward evening, it got much colder with a brisk wind. BRrrrrr!

Awakening Easter morning, we thawed out by the fire and ate a scrumchus breakfast of eggs, bread, and those lovely cinnamon rolls. After paddling only a few miles we pulled cut of the water at the small one-house-town of Gleeb and headed back for Fittsburgh -- a bedraggled but still hearty bunch.

So when next year's "Easter Canoe Trip" rolls around we will be among the first (If your name isn't mentioned in this article, consider yourself lucky!)

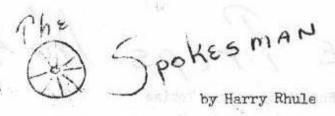
FOR SALE

Pair of Women's Figure Skates Call Liz Wolfskill -- 681-4542

NEWS ITEMS

John Philbrick was named vice president at the April meeting of the Activities Board.

Copies of Facts on the Proposed National Service Program are posted on the bulletin board at Headquarters and filed in the office.



The Official Cycling Season for Pittsburgh Council A. Y. H. began April first and that's no fool! Four hearty souls came out for a five mile spin of the Shadyside Area. We've been starting at six so that we can have an hour of daylight, but things have improved with the advent of daylight savings time. Trips now start at 6:30 P. M. instead of six. At least you'll be able to grab a bite to eat as you change your clothes.

So far in April 345 miles have been logged on A. Y. H. sponsored trips. The most miles by an individual is 57 miles by Eugene Milich. Marrianne Kissanne and Eugene have both participated in 4 trips.

Eugene Milich 20, 6, 23, 8		-57
Marianne Kissanne 5, 7, 6, 8		-26
Marty Runkle 12, 12		-24
		The state of the s
Uhuzk Foster 23		-23
Harry Rhule 5, 7, 8	4	-20
Melvin Tobias 20	3	-20
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Labbi Rowlands 7, 12		-19
Fally Hutton 5, 12		-17
Eathy Kissanne 7, 6		-13
Fran Czapewski 12		-12
John Hitchcock 12		-12
Pam Hitchcock 12		-12
Ecmona Panson 12	14	-12
Doris Sloan 12		-12
Joan Heike 8		- 8
Jackie McQuade 7		- 7
		- 7
Jean Rosenzweig 7		
nersh gano 1		- 7
Bill Kapia 5		- 5

Where is your name? We've missed you on our trips!

FLASH!

Cycling trips have been organized our new clubs in Washington and Beaver, Pa. Washington on Wednesday nights, Beaver on Thursdays.

Expand your horizons, cyclists!

This month we will discuss the care and preservation of canoeists. This subject has many sides because a canoeist faces dangers ranging from rough water to mosquito bites, depending on the season and the stream. But we will try to give some hints to help in handling these problems.

My advice on handling white water is simple: don't, unless you've had proper instruction. (If there is enough interest we'll run a white water school in June.) In any case and on any stream wear a life jacket and have someone case around in case of trouble. Those two precautions are necessary on any satement last weekend I saw two very competent canocists spill in some very quiet was and be saved from a severe chill or worse because a nearby person was able to throw them a rope and pull them out.

Our cances will be equipped with 75 feet of 3/8 inch line to be used only for rescue work. You should learn to throw such a rope in case you ever find yourself in a position where you need to pull someone else out of the water Both the ropes and life jackets must be protected so that they can take care of you. In particular, don't sit or kneed on your life jacket as that will simply reduce its bouyancy. Similarly, if the jacket gets slashed, the kapok filling may get soaked, making it less useful.

Of a less serious nature are the problems of sunburn and cold, problems which, strangely enough, can occur simultaneously. If they do, the curt is simple: wear woolen clothes, particularly long underwear and a long sleeved shirt. The reason for wool is simple: It will keep you warm even though it is wet. The long pants and long sleeves, coupled with a wide brimmed nat and perhaps a neckerchief, along with swittably daubed sunburn goo will make your sleep much more comfortable that night.

Personality of the Month

by Liz Wolfskill and Sally Hutton

Every organization needs a person who can be depended upon. A. Y. H. has such a person -- Bruce Sundquist. Though (believe it or not there is such a person!) he's never been involved in the production phase of the Golden Triangle, his other contributions to our organization are so numerous and frequent that even the most veracious editor couldn't complain.

In August of 1961 Bruce began A.Y.H.-ing, and has been at it ever since. He likes pretty much of everything we do -- canoeing, cycling, hiking, cave-crawling, etc. Between his research job and A.Y.H., he hardly has time to eat and sleep.

Our PERSONALITY is a Metallurgist for U. S. Steel. He works at the Bain Lab in Monroeville, in the Physical Chemistry Section. As our writer talked with him, she had the feeling that his research was such that much of it would be incomprehensible to (or above the heads of) most of us ordinary mortals.

From Lake City, Minnesota, Bruce came to Pittsburgh by way of Oconomowoc, Wisconsin, Davenport, Icwa, and Chicago, Illinois. He was born in Wisconsin; his parents now live in Icwa, and he went to school in Illinois. He's been "around," but still likes living in Pittsburgh very much. I guess he could be called a suburbanite, since he resides in Monroeville.

MHU'S DA WISE EUY



Back in his deep dark past he had outdoor leanings, and has always participated in various hostel-like activities with friends, informally before he came here. He was a Boy Scout way back. He also played chess, and went ice-bating. Learning Russian, rather an off-and-on effort, is of interest to him just now.

Our man is educated -- his B. S. and Ph. D. are from Illinois Tech in Metallurgy. Nothing more needs be said....

Bruce has had two A.Y.H. offices -- Cyclecrafts Chairman last year and Treasurer now. But these job descriptions hardly cover the "little" things Bruce does around the hostel. Have you seen the glassed-in bulletin board? Or the cycle shop that was so well crganized last year? He did those things. And the work going on now to make more efficient the returning of trip reports and returns is Bruce's. He is dependable -- when you want something to be done around the hostel, get Bruce, for he's probably already started it.

Not to be making the hostel a "meeting-place," but we might suggest that some girl.....

ROUND TRIP TRANSPORTATION TO LONDON WITH COLUMBUS COUNCIL TRAVEL GROUP \$330 FULL PRICE. (SAVE \$156) Regular airline space on T. W. A. Economy Jet. Leave N.Y. July 17, Return Aug. 21. You must have been an A.Y.H. passholder for at least six months prior to the flight. Call or wire Julie Sherriff, Columbus, Ohio. HU 6-6818, 1759 Grandview Ave. ACT IMMEDIATELY.

OPEW HOUSE

by Marianne Kissane

Spring is the season for houseeleaning and we hostel members are no exception. Tashing windows and painting have
been completed in time for Hostel Teek
from May 5 to May 9. In observance of
this week, beside the regular Thursday
night meetings, our clean and shining
hostel will be open during the week with
special programs planned by Harry Rhule.
These are designed to accuaint any interested persons with hosteling activities.

Yay 2 Folk dancing finally returns to its 1st Thursday status. Choose your partner and join Hugh Gilmour at 2:30.

"ways and wherefores" of spelunking and climbing. After this program, refreshment will be served.

Tay to d Coleman, canoe expert and star on a recent "Daybreak" show, will have a movie on canoeing.

May 23 Due to the many requests, tonight's program will be a hootenanny led by Fred Mauk. Then asked what songs will be included, Fred stated, "the one that are especially rounchy... union songs and rebellion..." If the weather permits, our hootenanny will be held outdoors. Or should it be if the neighbors permit...?

av 30 "How to Survive in the Tilderness it hout Beally Anything" will be the tith of Tark Dodd's talk. Come at 8:30 promptly and find out what Mark considers necessary for survival camping.

HOSTPL OPTM TO GROUPS

As of April 5 the following weekend in tes were open at Chestnut Ridge Hostel: Riday Yay 10, May 17; Friday and Saturnay nights May 24, 25; May 31-June 1; June 7-F; June 14-15; June 21-22; June 28 29. Organization pass holders may reserve which: Thomas Gray Jr., Recreation Supt., Consolidated Recreation Commission, P.O. 30x 590, Morgantown, M. Va:

STATE OF THE COUNTY CIL

HAPPY AYH VEEK MAY 5-12

Entering the sixth month of the National office's business year, Pitts-burgh Council stood in sixth place among all cruncils with 69% gain in membership over the same period in 1962. With this encouraging start, we hope to surpass our goal of 325 pass sales in the current year. This year we've sold 83 passes as compared to 49 in the first five months of last year.

Each pass sale means a member to go on trips and share in the other activities of Pittsburgh Council.

Lots of activities will be featured during AYH week. A wonderful opportunity for everyone to give a boost to Hosteling by participating in the observance and bringing along a friend!

VISITING AYH LEADER FROM EUROPE

Arrangements are being made to bring a European Leadership-Schelarship recipient to Pittsburgh late in May. The guest will probably be an Israeli Youth Hostler, ready to speak about hosteling there and eager to meet Pittsburgh members on their home ground.

ROVING RECRUITER

Melvin Tobias acquainted the Cakmont Explorer Post 100 with Pittsburgh Council cycling activities, He showded slides of the 1962 trip to Washington D.C. at the Scout meeting April 18.

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As Companion to the JFK coloring Book the New Frontier Coloring Book, the Executive Coloring Book , the Executive Coloring Book My Itty Sitty coloning * the AVH

Presents the

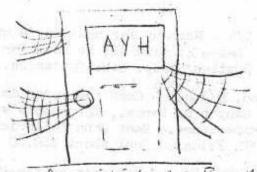
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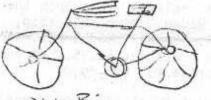
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American Gouth Hostels

SCHEDULE OF TRIPS FOR MAY, 1963

Canceing Chairman, Cycling " Hiking " John Philbrick Harry Rhule Fran Czapiewski Sat. 5/11 Whitewater canoeing on the upper Youghioghenny with AllHaarr, Fa.7-4262 Cost: \$4.75. Starting time: 7:30 AM

Sat. 5/11 at Noon - A hike which ends up with a chicken dinner at the Sardis fire hall. Reserve ahead of time with J.D. Myers at Dr. 2-7539. \$1.50 for the dinner plus hostel fee and transportation.

PITTSBURGH COUNCIL, A.Y.H., 6300 Fifth Avenue at Shady, Pittsburgh 32, Penna.

Sat., 5/4 - Warm-up for next day's cycle ride. Leave at 8:00 AM; be back for lunch. after 30miles' trip. Mike Tobias, Ja.1-0664

Weekend, 5/3,h,5 - Camp and cance in the Grand Canyon of Penna., for people with some experience. Meet John Philbrick at 7:30 PM, Friday. Cost about \$10.00

Sat., 5/4 - Beginner's trip on the Mahoning led by Ed Coleman, Sp. 5-1578. Loading of canoes at 7:30 at H.Q. Bring \$3.50.

Sun., 5/5 - Hiking behind Derry, for views of blossom-filled valleys, seen from the top of Chestnut Ridge. Nine-mile trip, starting at 8:15. You'll need lunch, rain-coat, sunglasses and about \$1.75. Just come or call Fran Czapiewski, 621,8970.

Sun. 5/5 - Red Bank Creek, locale of easy canceing trip led by Ed Coleman. Meeting at 7:30, \$3.50. Ed's number: Sp. 5-1578

Sun. 5/5 - CENTURY RIDE, 100-MI.CYCLE TRIP Harry Rhule, 362-6395 has info.

NATIONAL AMERI. YOUTH HOSTEL WEEK
May 5 to May 11

(See special events list for daily trips) President leads Century Ride for kick-off Weekend, 5/11,12 - Challenge: Tackle the lower Yough. in rafts on Saturday; in cances on Sunday, camping out overnight near the river. Ed Coleman, Sp. 5-1578.

Sunday, the 12th. - Town-bound cyclists explore after-dawn-town with Veronica anderson at 7:30 AM

Sun. 5/12 - Paddling from Oakmont (thru lock) to the Golden Triangle on the Allegheny. Bring cameras and \$2.50 to H.Q. at 8:00. Gall Leamon Gilbert Sy.3-2686.

Monday - TWILIGHT CYCLING-MARIANIE KISSANE

Tuesday- Twenty miles in two hours with Mike Tobias, Ja.1-0664 at 6:30 PM.

Wednesday - For those who missed the other two days' cycling, Eugene Milich leads.

Sat. 5/18 - Long but easy cance ride on the Allegheny from Kennerdell to Emlenton with Coleman. Be there at 7:30 with \$3.50

Sat. 5/18 - Rolling farm country near Claysville is ideal for cycling. Joan Heike (Fi.1-0147) leads this trip...8 AM with lunch and \$2.50.

Sunday 5/19 - SUNDAY CITY CIRCLE CYCLE with Marty Runkle beginning at 8:00 Am

Fri. 5/10 - Hostel Round-RobinBike Trip leaving 6:30 PM, camping near South Park, making for Chestnut Ridge and hostel for overnight. To Bittinger hostel on Sunday, returning by trailer to Fgh. the same day.

Sunday, May 19 -Jerry Munnell's new AYH group in Washington, Pa. joins a hike led by Lois Ann Wagner, ending at Lois's family home in Houston. Features: Trolley Museum and house farm tour. The new

TRIPS FOR MAY

Weekend, 5/18-19 - Chestnut Ridge Hostel by chartered bus with Betty Raphael's Girl Scouts. Leave 7:30 Saturday, return Sunday by 8:00 PM; cost \$7.50. Call 828-4898.

Sunday, 5/19 - Easy stretch on the Allegheny from Parker City to Brady's Bend, starting at 7:30. Bring a lunch and \$3.50 to H.Q. Andy Schurman is the leader...Em. 1-3067.

Monday - TWILIGHT BICYCLE TRIP WITH SALLY HUTTON AT 6:30 PM.

Tuesday - Veronica Anderson graduates to the two-hour, twenty-mile type trip. (6:30)

Sat., 5/25 - The Youghioghenny, most popular white-water stream in these parts, is the river we cance today, starting at 7:30. Meet Ed Coleman at H.Q. with lunch, dry clothing and about \$4.75. Sp. 5-1578.

Sat., May 25 - Leisurely cycle trip on the back roads around Youngstown with Margaret Bark. Come to H.Q. at 8:00 AM with lunch. Reserve at Po. 1-4475.

Sunday, 5/26 - Six-mile hike around Murrysville (Sorokin's Estates) with a departure time of 9:300A.M. Victor's number is Ex. 1-2800, ext.2321(daytime) Back by 7:00 PM.

Sunday, 5/26 - Lloyd Geertz leads a tough, whitewater trip on the Casselman R. Reserve at Dr. 12-6053 and beprepared for 7:30 start. Cost \$5.00.

Sunday, 5/26 - Bring a lunch along on this cycle trip if you're going all day. Return to H.Q. by 10:30 for short version. Eugene Milich, Fe. 1-5428 leaves at 8:00 AM.

Monday - Melvin Tobias offers Pizza and Pop (your own expense) on this cycle trip.(?)
Tuesday - THE TWO-AND-TWENTY SPECIAL (cycling 2 hrs., 20 miles) led by Harry Rhule.

Weekend, 5/29 to 6/2 - Where the canoes go, the cycles can go too, sez Harry who capitalizes on Memorial Day for a big, 4-day trip, leaving Wednesday, 5/29 at 7:30 P.M. Make arrangements with Harry Rhule on Em. 2-6395, all you who can get Friday off.

Weekend, 6/1-2 - Camp out and Conce on Cheat Lake with Armand and Ramona Panson. It's a do-it-yourself weekend: each person brings his own food. Reserve at Mu. 2-1054 and be prepared to leave H.Q. on Saturday with \$6.00.

Sunday, June 2 - See the city by dawn's early light with Marty Runkle, 7:30.

Sunday, June 2 - Exploratory hike to find new routes on the ridges above Uniontown.

Check for additional information with Fran Czapiewski.

Monday and Tuesday evening bicycle trips as usual.

Uune 7, Friday, at Midnight - Leave for Mahoning Dam for the start of our 51-mile Baker Trail Hike, called on account of darkness, last time. With a moon, warm weather and daylight saving time we'll make it! Drop-out and intercepter spots will be arranged for those who want to accompany the die-hards. Harry Rhule can give more details.

	Mr. Mrs.		Phone No.		
	Miss				
Addr	ess				
_	Aâult (over 21) Sr. Youth (18-21)	\$6.00 \$5.00	666 Youth Organization \$6.00 Adult Organization \$11.00		
\equiv	Youth (under 18) Family Mambership	\$3.00 \$7100 _	Children list (3 months)		

Send check or money order to Pittsburgh Council, AYH 6300 Fifth Ave., Pittsburgh 32, Pa.