

golden
triangle

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pittsburgh council, american youth hostel, inc.

chuck

ANNUAL BANQUET

Pittsburgh Council American Youth Hostels announces its twenty-first annual banquet to be held on March 8, 1969, at the Red Coach Inn, 3941 William Penn Highway, Monroeville, Pa. Social Hour will begin at 6 P.M., followed by dinner at 7 P.M. Dancing to the Melody Mixers from 9:00 to 1:00 will climax the evening.

Entertainment will be supplied by Mr. Robert Schmertz--composer, singer, and banjo player--and his daughter, Gretchen Jacob--accomplished singer, painter, and art teacher. Mr. Schmertz, a well-known architect and professor emeritus of Carnegie-Mellon University, has composed a wealth of delightful songs that you are sure to enjoy. We are fortunate to have him and his daughter appear at a banquet which promises a worthwhile and entertaining evening that you won't want to miss. They will present a program of Mr. Schmertz's original songs. Many of his songs are based on actual historical persons and events in the area. "Monongahela Sal", "Forks of the Ohio"--a colorful ballad of George Washington--and "Flintlock Finnegan"--a fearless, lusty, cheerful, whooping hero of Fort Pitt who raised the morale of the English in the Fort while besieged by Indians--are some of his works.

Cost of the ticket is \$4.50 for adults and \$4.00 for youth (18 and under). Entree will be Swiss steak.

volume 20 number 1 January, 1969

Reservations are being handled by Dianne Clegg. As last year, there will be a photo contest (see page 4 for rules).

The 1968 Banquet held at the Adanio House, Irwin, Pa. had an attendance of over 100, and was the highest attended banquet in the 20 year history of the Pittsburgh Council. This year we hope to top 1968.

K-1 PROJECT

Anyone interest in building a fiberglass-epoxy slalom kayak this winter should contact Doug Ettinger (523-5883) of Ed Redgate (362-7136),

All hardware and materials will be supplied in kits, with the exception of the spray kit and flotation.

Building time will be approximately nine evenings with a team of three working on each boat.

The cost of the kayak will be \$75.00 with \$10.00 for mould fee, \$58.00 materials and a \$7.00 rebate.

If you are interested or desire further information contact Doug or Ed as soon as possible for pigments must be ordered in January.



(A PLAY IN ONE ACT)

Characters: Bruce Sundquist
Ann Fisher
Expedition Force A-17 AYHers
Expedition Force B- 6 others
Expedition Force C- 4 others

Scene I (Ann's kitchen) A telephone conversation one day in November.

Ann: Bruce, do you think we...Andrew, stop that...need a cave trip in December? Both November trips were poorly attended. Andrew, STOP it!

Bruce: Uh, well, I guess so.

Ann: Ok, I'll...Andrew, stop that...lead a trip on...Andrew, cut that out...the eighth. How many carbide lights..Oh I gotta go, Andrew is putting Billy in the disposal again. Bye.

Scene II December 8th, outside Barton's Cave, 6" snow, 14°.

Expedition Force A: Where do we park?
-I don't have snow tires and will never get up this hill
-I'm cold. Where's Bruce?
-How does this light work?
- Where do you put the water?
- I'm supposed to fit in that little hole??!
-Where....?
-When.....?
-How.....?

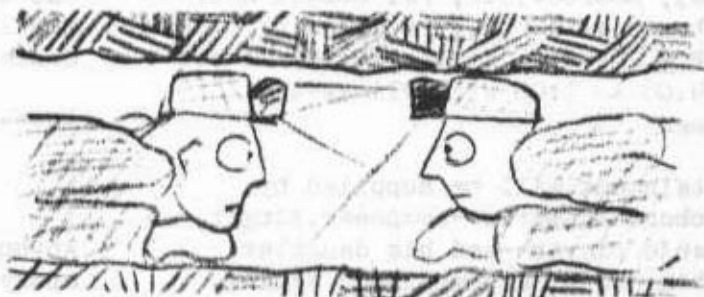
Scene III Inside Barton's Cave. Same day, two hours later.

Expedition Force A: That little hole? How? I'm gonna leave my pack here.
-Crawl on my what? My back?
-Where's Bruce?
-Boy, it's warm in here, I'm gonna leave my sweatshirt here.
-What happens if we meet someone coming the other way?
-Don't let me forget my gloves on the way out.
-Where's Bruce?

Expedition Force B (coming towards EFA): Hello, there! Back up a bit will you?

EFA: But we've got 19 people here!

EFB: (turning to those behind him):



Hey, gang, back up, we're about to be overrun.

EFC: Hey, stop--why are you backing up??

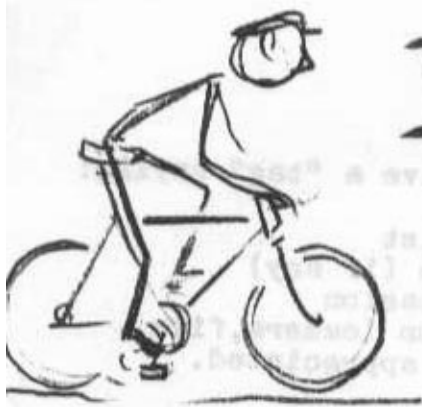
Scene IV Two hours later, just outside the cave.

EFA: Oh, I left my sweatshirt in the cave somewhere.
-I only have one glove, darn it!
-I wonder where my hat is.
-Where's Bruce? I'm cold.

(several minutes later)

Bruce: Whose hat is this? Did one of you lose a glove or this sweatshirt in there?

EFA: Thanks, Ann, it was a good trip.
-When's the next trip.



BICYCLE CLUB NEWS



SADDLE SCIENTIFICS Dick Ingram

This is the first of a series of articles devoted to helping the cyclist understand and appreciate his double rouletted self-propelled vehicle.

Since the bicyclist perches more than $1/3$ of his weight on his posterior, it is important to consider the proper adjustments of that small black triangle we call a seat.

1. SEAT SELECTION

Unless you are a child who stands up to peddle and sits down to coast, there is no reason to purchase a captains-chair type of saddle. For the serious cyclist, who pumps as he sits, the narrow leather seat that permits free leg movement is a must.

2. BREAK IN

An unconventional but effective way to fit a standard leather saddle to a not so standard postern is to soak the seat in warm water, put it on the bike, and ride it till it dries out. Wet leather, you see, has the tendency to deform under pressure and will mould itself to any shape. When dry, rub several coats of neatsfoot compound; this softens, water proofs, and preserves the leather.

3. HEIGHT RANGE

To get the most power in your push, the seat should be adjusted so that your leg has a slight bend with the

toes outstretched at the bottom of the stroke. A rough estimate puts the seat at 2" above the frame. If too high, you will loose power from using your toe instead of your leg muscles, and if too low, you will loose power from having your legs cramped.

4. ANTERIOR-POSTERIOR

The nose of the saddle should also be 2" behind a vertical line drawn from the center of the chain wheel. If too far back, the cyclist will push himself off the seat as he pushes on the peddles, and if too far forward your weight will be shifted forward on to your hands and arms, which are not as well designed to take up road shock as is your hinterland.

5. TIP-UP

The best slant for the seat is horizontal or slightly tip-up in front. If tip-down, the rider again shifts his weight forward on to his lilly whites.

Although these hints will help make riding more comfortable for your cycling trips, you must remember that while there is a break-in period for your cycle seat, there is also one for your personal seat.

SECOND ANNUAL
A.Y.H. PHOTO AND ART COMPETITION
Closing Date: February 11, 1969

The second annual Photo/Art Competition will be judged at the banquet. The purposes are: to honor some of the excellent photos/art by our members and friends; to stimulate interest on the part of "beginners"; to build up a file of photographs/art for use in the Golden Triangle, by the Publications Committee and as a basis for AYH slide shows.

ENTRY:

Anyone may submit as many entries as he or she wishes. There is no entry fee. Subject should be of current interest; however, the picture must have been taken within the last year.

PHOTO CATEGORIES:

1. AYH Activities-any AYH-related activity. The pictures should show people doing something. This category also includes humor.

2. Open-this includes everything else...animals, nature close-ups, landscapes, scenery (all with some relation to AYH).

ART CATEGORIES:

- A. Cartoons (monochrome)
- B. Sketches (monochrome)
- C. Color-paintings, collages, etc.

FORMAT:

B/W Photos-most acceptable is the smooth-surface 8x10 print, but if you can't submit one of these, send what you can. Only 5x7 or larger will be exhibited. When sending prints smaller than 5x7 enclose the original negative (which will be returned to you on request).

Color Photos-color transparencies-slides (glass mounts preferred). Kodacolor prints may be submitted also but must be accompanied by the negative. Do not submit color prints made from transparencies.

Artwork-no larger than 11x14 for cartoons, sketches; and no larger than 18x24 for paintings (includes frame).

IDENTIFICATION:

Each entry should have a "tag" saying:

- 1. Category
- 2. Photographer/Artist
- 3. People in picture (if any)
- 4. Location, date, occasion

Technical information (camera, film, art media) would be appreciated.

OWNERSHIP:

All B/W entries become the property of AYH with full right of reproduction. Color transparencies/Kodacolor prints and negatives will be returned to their owners after the competition. Original B/W negatives if submitted, will be returned on request. Submission of any entry, whether it wins an award or not, will indicate automatic permission for AYH to print the picture or art.

JUDGING:

All entries will be reviewed by a judge selected by the Competition Committee.

CLOSING DATE:

All entries must be delivered or postmarked by midnight, Feb. 11, 1969. Deliver or mail entries to:

Robert Fewkes
5473 Kipling Road
Pittsburgh, Pa. 15217

PRIZES:

The prizes to be awarded:

- BEST B/W PHOTO
- BEST COLOR PHOTO (slide or print)
- BEST ART (cartoon, sketch, painting)

In the case of the first two, the Committee will present the winner with an enlarged print of his photo, plus a duplicate to be displayed at headquarters.

COMPETITION COMMITTEE:

Robert Fewkes
Sue Simler
Abbie Geertz

SMILE!...You may end up on exhibit at AYH's Photo/Art Competition!

21ST ANNUAL BANQUET

THE RED COACH INN

Monroeville, Pa.

Saturday, March 8, 1969

Cost - \$4.50 for adults, \$4.00 for youths (gratuity included)

6:00 p.m. - Social Hour and photo contest preview

7:00 p.m. - Dinner, followed by the entertainment of Robert Schmertz, accompanied by Gretchen Jacob, Photo & Art awards and introduction of Board Members.

9:00-1:00a.m. - Dancing to the Melody Mixers.

* * * * *
Make checks payable to: Pittsburgh Council, American Youth Hostels. Please reserve before February 23, so that tickets can reach you in time. Mail to: Miss Diane Clegg, 5607 Howe Street, apt. #2, Pittsburgh, Pa. 15232. Phone 441-0226.

Name _____ Address _____

Number of reservations \$4.50 _____ \$4.00 _____ TOTAL _____

Entree - Swiss steak

Master of ceremonies: Douglas Ettinger

WANT ADS - 1969

Wanted to Buy: Good C-1 and equipment, or build one in a group. Call Norm Gallagher any day 5:30 til 2. 563-3426.



For Sale: 1967 Honda 160 cc. Windshield, goggles, helmet and mirrors. 3,000 miles. Call 335-6464 or Inquire Schwinn Cycle Center, 740 Fifth Avenue, New Kensington, Pa.

Wanted to Buy: ski poles, 50", also: bicycle racing pedals. Call Dick Ingram at 682-0574.

For Sale: Ski boots, 2 years old. Excellent condition, size 9½. Call 371-6236 after 9:30 p.m.

TO PLACE A WANT AD: Write down description of item on a 3x5 card or sheet of paper and place in Publications nook (beside picture display) at HQ.

Always Wanted: Creative (and not so creative people for art work, writing and staff work on the TRIANGLE. If interested, contact Sue Simler at 371-6755.



OPEN HOUSE

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- Jan. 2 - Travel to our 49th State, Alaska, with Richard Bartoo and see movies of wildlife, hunting, fishing and trapping.
- Jan. 9 - Tom Weet takes us back to summertime with slides from Denmark and Norway.
- Jan. 16 - For all you "would be" skiers who never quite got going, check out our three short ski movies and get moving!!!!
- Jan. 23 - Put on your dancing shoes again and join Hugh Gilmore for a fast-moving evening of folk dancing.
- Jan. 30 - Bruce Sundquist has a slide collection of this summer's AYH trips. Come and see if Bruce got YOU with his "candid camera."

BICYCLE CLUB MEETING

On Tuesday, January 7, 1969, the Pittsburgh Bicycle Club will hold its monthly meeting, beginning at 8:00 p.m. A 16mm film or slides of previous trips will be shown.

CORRECTION

In the December issue, it was reported that Dave Ingram was the winner of the senior race at the "First Annual Race in Schenley Park". Dick Ingram was the winner. Our apologies for the error.

The GOLDEN TRIANGLE is published by Pittsburgh Council American Youth Hostels, 6300 Fifth Avenue, Pgh. 15232
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TRIPS AND TRAILS

JANUARY

- 3 - Douglas Ettinger (523-5883) leads another Ice SKATING party. Meet at headquarters at 9:30 p.m. Destination: Alpine Village in Forest Hills.
 - 4 - Herr Oettinger (523-5883) leads an ice skating trip on the Chestnut Ridge, south of Unlontown or a 10-mile hike over rough terrain on Buffalo Creek, near Freeport, depending on weather conditions. (THINK COLD!!) Meet at HQ at 8:30 sharp. Don't forget matches, ear muffs and your lunch. Skating will include some co-ed ice hockey (sticks & puck will be supplied). It's been told that Don Hoecker is planning a huge bon fire to warm us up after this one!!
 - 5 - Cross-country skiing on Laurel Ridge near Donegal. If snow conditions are poor, we will scout for new trails. Leave HQ at 8:30 a.m. with lunch, ski equipment and \$2.00. Reserve with Bruce Sundquist (351-3100 x2416)
 - 11 - Ski weekend at Blue Knob. Leave Friday after dinner. Accomodations approximately \$2.00 per night. Reserve with Ann Fisher (521-8992)
 - 17 - Dinner party and ice skating. Leave HQ at 6:30 p.m. Drive to Jim Hursts' home in scenic Birdland (South Hills). Skate at South Park's late session. Reserve or volunteer to help with dinner with Cathy Lynch (361-3707) \$2.00.
 - 18 - Bob Strong (327-6267) leads a 10-12 mile hike on Laurel Ridge over rough terrain, exploring for ski trails. 8:30 a.m. at HQ. Lunch and hiking boots.
 - 19 - Ski trip to Hidden Valley. Meet at HQ 8:30. Jim Hurst leads.
 - 26 - Eb Moll (824-2914) leads a 10-12 mile hike on the Baker Trail going northward from the Idaho shelter. Some trail maintenance may be on the agenda. Meet at HQ at 8:30 a.m. Bring lunch and gloves(for snowball battles)
 - FEB 1 & 2 - Attend the mid-winter meeting of the West Virginia Highlands Conference at Blackwater Falls State Park. Learn what is going on in Scenic River Preservation, the development of Seneca Rocks and Spruce Knob Recreation Area, and of other efforts. Leaving Saturday by 8:00 a.m. Cost \$10.00 Ski at Wist on Sunday afternoon. Reserve with Bruce Sundquist.
- - - - -

Trip leaders reserve the right to cancel trips according to weather conditions. This applies to hikes as well as ski trips as some hiking leaders are also avid skiers. Please check at the Thursday Open House or call the leader for last minute confirmation.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
JANUARY 1979		1	2 OPEN HOUSE "Alaska"	3 Skating	4 Hike or Skate	5 Cross-coun- try skiing
6	7 Bicycle Club Meeting	8	9 OPEN HOUSE "Weet's Europe"	10	11	12
13	14 Activities Board Meeting	15	16 OPEN HOUSE "Ski"	17 Dinner with Skating	18 Hike	19 Ski at Hidden Val- ley
20	21	22	23 OPEN HOUSE Folk Dancing	24	25	26 - Hike
27	28	29	30 OPEN HOUSE "Last Summer"	31 Skate	FEBRUARY W.Va. Highlands Weekend	

THE PITTSBURGH COUNCIL
American Youth Hostels
6300 Fifth Avenue
Pittsburgh, Pa. 15232

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