



golden  
triangle

ayh

pittsburgh council, american youth hostel, inc.

Volume 23, Number 3

March 1972

a tosrv production



# PITTSBURGH COUNCIL SERVICE PROGRAM

Kids at Home for Crippled Children, above, enjoy AYH bicycles. (details inside)

# OPEN HOUSE

Film Festival!

Thursday Evenings  
8:30 p.m.  
with Marta Hurwitz

March 2

Ski the Outer Limits, movie of  
slalom skiing, trick skiing  
and ski diving (in slow motion!)

March 9

Movie--Sentinel, West Face  
A great climbing movie.

March 16

Hal VanZoeren lived in India for  
three months. He will show his  
view of Indian temples, including  
the Taj Mahal.

March 23

Sierra Club Film--Miner's Ridge  
Filmed in Glacier Peak Wild-  
erness Area. Spectacular  
scenery, few words.

March 30

The annual spring thrill of  
White-Water. A review of  
danger and a preview of  
excitement. Slides shown by  
Mary Shaw and Kathy Spindt.

\*\*\*\*\*

HAVE YOU PUT YOUR NAME IN FOR  
THE NEW ACTIVE MEMBERS PHONE  
LIST????

(drop this into publications box)

Name _____
Phone no. _____

\*\*\*\*\*

The AYH GOLDEN TRIANGLE is a monthly  
publication of the Pittsburgh Council  
of the American Youth Hostels, Inc.  
6300 Fifth Ave., Pittsburgh, Pa. 15232  
Editor: Katherine M. Spindt 364-2447  
Production: Peggy Brehm 371-3084  
Artist: Greg Siple

\*\*\*\*\*

Will you be there?  
24th Annual AYH Banquet

\* The HCC-AYH BICYCLE PROGRAM p.2  
\* by Greg Siple  
\*

\* The Pgh. Council of AYH has supported  
\*an unusual service project at the Home  
\*for Crippled Children during the past  
\*year.

\* The idea for the project stemmed from  
\*the inner-city programs that other AYH  
\*Councils have run for underprivileged  
\*youth. The Home for Crippled Children,  
\*a rehabilitation center, treats patients  
\*with a variety of physical, intellectual  
\*and emotional handicaps.

\* The program began on a small scale in  
\*the summer of 1970, when 14 different  
\*young adult patients were invited to  
\*ride on the Council's evening cycle  
\*trips. The Council's rental bikes were  
\*used without charge to the Home.

\* Early in the summer of 1971, National  
\*AYH supplied 5 bicycles to the Council  
\*for the program. The bikes are kept at  
\*the Home on a permanent loan basis.  
\*The bikes are available at all times  
\*and the Home makes good use of them.  
\*All rides are under staff supervision.  
\*During 1971 over 30 of the young adult  
\*patients enjoyed 20 different rides,  
\*most of them to the city parks. In  
\*addition, another department at the  
\*Home took advantage of the bikes. Young  
\*male patients in the 10-12 yr. old  
\*range made use of the bikes on over  
\*100 occasions. The bicycle rides have  
\*become a very popular activity with  
\*the kids.

\* 1972 promises to be an even bigger year  
\*for the bicycling at the Home. School's  
\*Cycle Center provided at cost a tandem  
\*bike to the Council that is being lent  
\*to the Home as a supplement to the  
\*original 5 bicycles. It means that  
\*many kids who have never ridden a bike  
\*due to their particular handicap, will  
\*be getting their first ride this year.

\* Though the winter weather has reduced  
\*the number of rides, it has not stopped  
\*the program, and already a cerebral  
\*palsy victim and a young amputee have  
\*enjoyed the tandem. Also, the program  
\*has been expanded in another direction,  
\*as young adult patients are regularly  
\*attending the Thursday Night Open House  
\*at the Hostel.

Although only about \$100 has been  
spent by the Council (for the tandem,  
repairs, etc.) hundreds of hours of  
cycling have been enjoyed by about 50  
youngsters who otherwise would have  
missed cycling entirely!

ADVANCE NOTICE ON COMING TRIPS

April 8--Nature Stroll in Todd Sanctuary near Freeport.

April ?-- Wild Food Gathering Hike.

April 1--Special April Fool's Day Trip--Annual Kite Flying and High Tea. Call Cathy Lynch (361-3707).

Annual Canoe Trip Canada 1972. Howard King's week-long trip to the wilderness, August, 1972. This year to the Spanish River, Northwest of Sudbury, Ontario. Lakes, rivers, rapids, portages. See the April Triangle for more details.

Canoeing Season is upon us.  
Is your wet suit patched??  
Do you have wet gloves this year?  
Is your boat unsinkable??  
Can you find your paddle??

WANT ADS/ et cetra

p. 3

FOR SALE--17 ft. Grumman (Private Owner) good condition with 3 six inch blade paddles cushion preservers knee pads, painters \$200 with equipment or best offer Call WILLA LYNN 731-1115 (days)

WANTED--Typist with an electric typewriter, for typing multilith mats for AYH's ever-growing collection of publications. \$1.00 per mat, \$2.00 per table. Contact B. Sundquist 327-8737.

FOR SALE--17 ft. Grumman with shoe keel. In good condition. Asking \$125. Call G. Robertson 363-2050

FOR SALE--4 man, yellow raft. \$35. Call G. Robertson 363-2050

BOAT STORAGE--Space available for canoes (other than 17 ft.) Squirrel Hill Area. Call George Robertson, 363-2050!!

Parts and repairs  
for all makes,

Schwinn Bicycle Center  
Floyd Newingham  
740 Fifth Ave.  
New Kensington, Pa. 15068

Phone- 335-6464



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# TRIPS *and* TRAILS

p 4

- Sat.Mar. 4 HIKING--Baker Trail Hike, 6-8 miles on Section 1, Freeport to Schenly. Enjoy spectacular views from high cliffs overlooking the Allegheny River. Plan to leave with Greg and June Siple (421-3794) from the Hostel at 8:30 a.m. with light lunch, \$1.50.
- Sat.Mar.11 HIKING--Day hike. Area to be announced!! Larry Giventer (422-9282) leads.
- Sun.Mar.12 HIKING--Settler's Cabin Park Area. Amy Mueller (683-8239) will be leading a 3-5 mile Sunday afternoon hike for those of us just starting a physical activity program for the new year, or those of us who can only afford a Sunday afternoon. Leave AYH at 12:00 noon with perhaps a light snack and about \$1.00.
- Sat.Mar.18 HIKING--Mount Washington (Pa.) Hike. Morie Oberg (279-5774) leads a 9-10 mile hike from Mt. Washington Park ending up at the "Attic". Leave AYH at 9:00 a.m. with light lunch and good hiking shoes. Trip cost of \$2.00 includes dinner.
- Sat.Mar.18 AYH BANQUET--The 24th annual banquet to be held at the Kontiki on Ohio River Blvd. (All you have to do is make your reservation and find a way to get there!!) See the opposite page for details.
- Sun.Mar.19 HIKING--Hike Section 4 (Cochren Mills to Idaho) of the Baker Trail on your goal to complete the Baker Trail in '72. Plan to leave the Hostel at 8:30 a.m. with a light lunch, canteen, and about \$2.00. Trip leaders are Rich and Nancy Bartoo. (882-9368).
- Sun.Mar.19 CAVING--Mike Lamark (381-3563) leads a beginners cave trip to a cave yet to be announced. Leave AYH at 8:30 a.m. Call Mike for details and equipment needed.
- Sun.Mar.19 CYCLING--Tom Wilner leads a cycling trip to a place as yet undetermined. Call Tom for details as to difficulty, cost and equipment. (521-4603). Leave AYH at 10:00 a.m.
- Sat.Mar.25 CANOEING--The Annual Laurel Hill Trip will be lead by Gene Cone (561-7115). Intermediate canoeing experience necessary. Plan to be at the Hostel by 8:30 a.m. with lunch, \$5.00, cold water clothing and dry clothes. Reserve a place with Gene.
- Fri.Mar.24 HIKING--North Fork Trail. Norm Snyder (371-2371) leads a  
Sat.Mar.25 10 mile hike along the scenic North Fork Trail near Seneca Rocks in W.Va. Check with Norm for equipment which may be needed for this trip. Leave AYH at 7:00 p.m. Friday. Trip cost about \$5.00.
- Sun.Mar.26 CYCLING--Allen Sher leads a cycling trip to Sewickley. Meet at AYH at 10:00 a.m. Call for details, experience and equipment (421-4429).



*Plan to attend the Banquet - Mar. 18.*

Pittsburgh  
Council

# AYH BANQUET



Sat. March 18, 1972

24<sup>th</sup> annual

The Kontiki - 512 Ohio River Blvd.

6:30 p.m. Social hour

7:30 Dinner

8:30 Entertainment  
(Irish Dancers,  
Singing)

Donation \$5.50

(includes gratuity)

American food or  
Polynesian food (seating arranged  
according to  
choice of food!)



Please clip and mail before March 10, 1972

[reservations limited  
to 100]

RESERVATIONS: NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PLEASE RESERVE \_\_\_\_\_ Polynesian dinners; or the following American  
\_\_\_\_\_ Pork Chops, \_\_\_\_\_ Chicken, \_\_\_\_\_ Shrimp, \_\_\_\_\_ Ham steaks

No. of Adult Reservations @ \$5.50 \_\_\_\_\_

Make checks payable to:  
Pgh. Council, AYH, Inc.

No. of Youth Reservations @ \$5.00 \_\_\_\_\_

MAIL TO: Mrs. K. Lew 305 N. Negley Pgh. Pa. 15206

RESERVATIONS MUST BE MAILED BY MAR. 10, 1972

Mon	Tue	Wed	Thurs.	Fri.	Sat.	Sun.
		1	2 <u>Ski the Outer Limits</u> (movie)	3	4 Baker Trail Section 1	5
6	7	8	9 <u>Sentinel, West Face</u> great climbing movie	10	11 Hike somewhere	12 Settler's Cabin Park Area Hike
13	14	15	16 Hal Van Zoeren in India.	17	18 Mt. Washington Hike AYH Banquet	19 Baker Trail Section 4 Caving Cycling
20	21	22	23 Sierra Club Film <u>Miner's Ridge</u> Rivals all other S.C. films!	24 Hike. North Fork Trail	25 Canoeing Lawrence Hill Annual Icebreaker	26 Cycle to Sewickley
27	28	29	30 M. Shaw/K. Spindt preview the canoeing season w/ highlights of past.	31	March	

Pittsburgh Council  
AMERICAN YOUTH HOSTELS, INC.  
6300 Fifth Avenue  
Pittsburgh, Pa. 15232

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Pittsburgh, Pennsylvania

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