Hostelling, Travel and Outdoor Recreation From American Youth Hostels



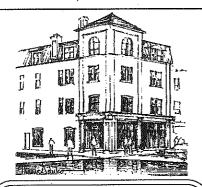
GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 48, NUMBER 10

HOLIDAY 1998



Hostelling International HOSTELLING HOSTELLING INTERNATIONAL Pittsburgh PA

NOW OPEN

A 60 bed full service hostel in a converted bank building. Free parking, travel store, handicapped accessible!



Be Sure To Visit:

- Andy Warhol Museum
- Station Square
- Nearby Southside
- The Downtown Cultural District
- Riverfront Bike Trails
- Nearby Universities
- The Carnegie Science Center
- The Zoo & National Aviary
- · Phipps Conservatory
- · Historic Point State Park
- Three Rivers Stadium

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http://trfn.clpgh.org/ayh/ for the latest on activities, slide shows & local hostelling or you can email us at ayh@trfn.clpgh.org

INSIDE

Activity Chairs; Page 2
Slide Shows; Page 2
HIP-HAP; Page 3
More Hostel News; Page 4
Hiking/Backpacking; Page 5
X-Country Skiing; Page 5
Wilderness Lodge; Page 6
Classes & Programs; Page7
Classifieds; Page 7
Council Travel and Book Store;
Back Cover

.....And MORE!!!

1999 WILDERNESS LODGE SKI WEEKENDS

SEE PAGE 6 FOR DETAILS



Happy Holidays!!!

he annual AYH Holiday Party will be held on December 17 at the New Hostel in the Allentown section of Pittsburgh. If you haven't seen the Hostel, please come! And if you have been here before, you know it's the place to be on December 17. We here in Pittsburgh should be very proud of this new addition to the hostelling network. It's a wonderful building, and all the volunteers who made this possible deserve to be commended.

he Hostel is a good example of what hard work and determination can produce. This same determination can reenergize the entire Pittsburgh Council. Where do you see the Pittsburgh Council in 5 years? How about in 10 years? Are you willing to help accomplish these goals? Would you serve on committees? Let me (mhook@ura.org) or other Board members know if you want to help. In the upcoming months the Board and interested folk will be working towards a

plan for the future. Let us hear from you!

ne area that has received many com ments is the decline in the activities program's participation. This has occurred for many valid reasons. But this decline is reversible. You can help. If you are interested in a particular activity, let the chairperson of that activity know. If there is no chairman, will you volunteer? There is a new generation of potential AYH participants out there, who do not have the benefit of the AYH of the 70's and 80's as we did. Many organizations, such as Girl Scout, and Boy Scout Troops, even PUMP, are future AYH participants. We can spread the word by offering at least one outing in an activity as a partnership between AYH and another organization (Kingsley Association in East Liberty has expressed an interest in this to me). Let the activities committee and me know vour ideas!!!

ome to the Holiday Party on December 17. See what AYH can do with bricks and mortar. Think about what else we can accomplish. Help us grow!!!

Maribeth Hook, President

NEW EDITION OF PENNSYLVANIA RAIL-TRAILS BOOK

The forth edition of "Pennsylvania's Rail-Trails" has just been published and is available at the Activities Headquarters and the Council Office. It's been updated and expanded to include services along the various railtrails. The 4th edition has valuable information on 79 rail-trails with more than 700 miles to explore. The price of the new edition is \$12.95. Add tax and \$1.50 postage if ordering by mail.

Don't forget the 2nd edition of Free-Wheeling Easy, another rail-trail book covering the trails of southwestern Pennsylania in more detail than the PA Rail Trails book.

TRAILSIDE GUIDES

Also available are the Trailside Guides from the PBS show of the same name. Trailside Guides are available for cross-country skiing, snowshoeing, a parent's guide to hiking, cycling, kayaking and several others. Stop by at headquarters or the office and check them out, or call 412-431-4910.



Support our Council!

Our Hostels in Pittsburgh and Ohiopyle still need all our support. If you donate to the United Way through your job, please consider a donation to the Pittsburgh Council. All of the United Way proceeds support the hostels. Pittsburgh Council's United Way Donor number is: 436.

HOSTELLING INTERNATIONAL

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If you find an error, please notify the editor. See the address for the Golden Triangle below.

Mail regarding this Newsletter should be addressed to:

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Office: (412) 431-4910

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PITTSBURGH COUNCIL **ACTIVITY CHAIRS**

Chairman of the Activities Committee Ray Yutzy..... 341-5682 Canoeing Paul Henry 724-347-3282 Brian McBane 724-443-9872 Cross Country Skiing Veronique Schreurs.....422-0358 Cycling Chuck Ejzak ###-#### Family Activities Barbara Hanusa 441-7205 Hiking / Backpacking Veronique Schreurs......422-0358 Kayaking Ray Yutzy...... 341-5682 Midweek Rambles Marilyn Ham 687-4520 Rafting John Orndorff 741-2021 Rock Climbing Vernon Miller 935-3434 Sailing Bob Zavos 241-0659 Sea Kayaking Fran Fleming......412-363-1221 Vickie Gotaskie.....412-344-4929 Trail Systems Jim Ritchie 828-0210 Headquarters Programs Luc Berger 683-3131 Storekeeper Steve Poprocky 721-2429



Pittsburgh Hostel Manager Holly Ridenour (412-431-1267)

OhioPyle Hostel Manager Marjorie Paqualle (412-329-4476)

NOTICE

Please note the deadlines for future issues of the GOLDEN TRIANGLE

FEB/MARCH ISSUE All copy, Jan 7 Binding/Mailing, Jan 28

TRAVEL ISSUE All copy, Mar 4 Binding/Mailing, Mar 25

If your work is on computer, Please contact Bill Eberle on the "NET" at, wre66@CSI.COM

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 431-1267.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs, AYH is the US affiliate of Hostelling International (HI), {Formerly named International Youth Hostel Federation(IYHF)}, which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Submissions Policy: Golden Triangle

Classified Adds:

- Classified adds are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members. Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be:
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- Submitted before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue. (See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

"Lack of planning on your part, does not constitute an emergency on my part" Please note, the Golden Triangle frequency of publication.

Number 1 issue -> February / March: Number 2 issue -> April: Number 3 issue -> May: Number 4 issue -> June: Number 5 issue -> July: Number 6 issue -> Aug.

Number 7 issue -> Sept: Number 8 issue -> Oct: Number 9 issue -> Nov: and Number 10 issue -> Dec. / January

Editor...

Upcoming Slide Shows

December 3: Cheese and apple cider party. December 10: Frieda Hammermeister, "Antarc-

tica". They sail from South America, visit the Antarctic Peninsula and Palmer Station. See the landscapes and the birds.

December 17: Christmas party at the new hostel in Allentown. See information else where in this newsletter. Or call the hostel at 412 431-1267.

December 24: Closed for Christmas holidays. December 31: Closed for New Year Holidays.

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 412-683-3131.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel Ohiopyle State Park PO Box 99 Ohiopyle, PA 15470 (724) 329-4476

Living Waters AYH Hostel RD #1(1 mile west on Route 30) Schellsburgh, PA 15559 (814) 733-4212

HI-Pittsburgh Hostel 830 E. Warrington Ave Pittsburgh, PA 15210 (412) 431-1267



HOSTEL HAPPENINGS

World Travel 101 Budget Travel Workshops - Fall/Winter

There were several errors in the november 1998 newsletter regarding these workshops. Please disregard the dates and subjects for the travel workshops published in the november newsletter. The following is corrected information.

WORLD TRAVEL 101 FREE BUDGET TRAVEL WORKSHOPS FALL/WINTER 1998-1999

Safe, inexpensive world travel is possible. Let Hostelling International show you how! We'll provide information on trip planning, necessary documents, health precautions, working along the way, all about your money and more. Presented by the experienced staff and volunteers of the Pittsburgh International Hostel.

Workshops are FREE!

Second Wednesday of each month from 7 - 9 p.m.

December 9 Around the World and Long Term Travel

January 13 South America: Independent Travel and Teaching

English as a Foreign Language

February 10 Living and Travelling in France

March 10 Making the Most of European Rail

April 14 Europe on a Budget

May 12 Making the Most of European Rail

All workshops will be held at: The Pittsburgh International Hostel 830 East Warrington Ave Pittsburgh, PA 15210

We're located above the Southside between Mt. Oliver and Mt. Washington in the Allentown neighborhood of Pittsburgh. For more information call between 8-10 a.m. and from 5-10 p.m. (412) 431-1267

HOSTEL PERFECT FOR OUT-OF-TOWN GUESTS AT THE HOLIDAYS

Keep us in mind when things start getting crowded at your place this holiday season! Dorm beds for individual travelers who are members of Hostelling International are \$17.00/night, non-members are \$20.00. Kids (staying with adult of appropriate gender) are \$8.50/night, free if under 4 years old and staying in a family room (minimum price and surcharge apply to family rooms.) Discounted group rate available for 10 or more people

arriving together. Day use rental of the hostel is also available for parties and special events. Call the hostel for details.

Christmas Tree Needed

Last year we received a generous donation of a 14-foot Christmas tree for the lobby of the hostel. This year we thought weid try again for help from local members: either by way of a donation of a tree or by way of contributions so that we may purchase one. We are definitely interested in a more modestly-sized tree this year, as last yearis almost got the better of us. Please call Holly at the Pittsburgh Hostel if you would like to donate to the tree fund, know someone who would like to donate a tree, or know where to get a good price on one!

Deck the Hostel

This year's iDeck the Hostelî Party will be held on Thursday, December 17th, from 6-9 p.m. Last year we asked members and friends to bring a decoration or tree ornament, preferably handmade or with an international feel to it, with your name and the year on it. The tradition continues this year. Also bring a food or beverage item for a potluck of holiday cheer. Dig out your caroling songbooks and start practicing folks! Volunteers to help set-up, clean up, and lead us in caroling are needed.

HOSTEL CLOSED FOR CHRISTMAS

Remember that the Pittsburgh International Hostel will close on Christmas Eve at 10 a.m. and will reopen at 8 a.m. on December 26th so our staff may enjoy the holiday too. These are the only 2 days we will be closed in 1998.

SAY HELLO TO OUR NEW ASSISTANT MANAGER

Say hello to Lillian Pearce, Assistant Manager of the Pittsburgh International Hostel. Lil has just returned to the States from a 6-month trip to South America where she taught English in Buenos Aires, Argentina and traveled to Peru. Lil has worked at the front desk at the Hostel at Union Square and the HI-AYH Travel Center in San Francisco. She thinks Pittsburgh is a nice surprise, a common reaction here at the hostel in this most misunderstood of cities.

Volunteers Needed

Staff information desks at local area universities, sporting events, festivals, etc. and talk about Hostelling International, budget travel, Pittsburgh area HI-AYH events, and the Pittsburgh and Ohiopyle Hostels. Weekday availability is especially needed since these types of activities usually take place during regular business hours.

Greet visitors and give hostel tours during upcoming travel workshops and holiday events. Help is also needed setting up and cleaning for these events, which are generally held evenings and weekends.

We look forward to seeing you at some or all of the upcoming travel workshops and holiday events.

Holly Ridenour, Pittsburgh International Hostel Manager

VOLUNTEERS

Pittsburgh Council publishes a volunteer newsletter to keep all of our volunteers up to date on all the things we need help with from time to time. To get on the mailing list, call the AYH office at 412-431-4910 or e-mail us at ayh@trfn.clpgh.org. Here's a list of some current projects

Ongoing

Ohiopyle

Work parties, fill-in hostel

managers

Ongoing

Pittsburgh Hostel

Work parties, administrative, hosteller relations

Upcoming Slide Shows Continued From Page 2

January 7: Bob Strong, "A Trip To The Top Of Gannett Peak".
Hiking and rock climbing in the Wind River Moun-

tains of Wyoming.

January 14: Billie Woodland, "China Without Organized Tour".

From north-west border to north-east coast. Beijing

and Great Wall. Travel by taxl, train, bus and rickshaw. January 21: Alexei Pimenov, "Rafting And Kayaking On The Kitoy River Of Central Siberia". Austrian-russian one-month trip near Lake Baikal.

January 28: We show the 16mm film "Castle". Story of a medieval welsh fortress and its 13th-century culture. Dramatizes the building of castle and its architectural design. Shot at various castle sites in Wales.

February 4: Pizza and juice party. Wear a mask for carnival.

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Thanks for your interest and help.

Clip out the coupon below and make your donation today.

Yes, I would like to make a Tax - Deductible donation of support for the Hostel in Pittsburgh in the amount of:

__\$2500

__\$1000

__ \$500 __ \$250

__ \$100

__ \$50 __ Other: \$ HOSTELLING INTERNATIONAL

Donations of goods, furnishings or services are also needed! Please drop us a note describing what you have available.

Name

Address

Telephone

Mail your Donation to:
AYH

Pittsburgh Hostel Fund 830 E Warrington AVE; Pittsburgh, PA 15210 412-431-4910

1998 EVENTS PITTSBURGH **INTERNATIONAL HOSTEL**

Meet other HI/AYH members, hostel guests, and the public, see the hostel, and learn more about hostelling at the following events, either as a volunteer or participant in the activities.

During our normal hostel hours of 8 - 10 a.m. and 5 - 10 p.m. (we are closed during the day) the hostel is in the business of providing accommodation to its guests. For that reason only the lobby is accessible to non-guests during open hours and tours are not available without prior arrangement.

Tours of the hostel will be available at all events listed below.

WORLD TRAVEL 101

BUDGET TRAVEL WORKSHOPS - FALL/WINTER

Safe, inexpensive world travel is possible! Let the experienced staff and volunteers of the Pittsburgh International Hostel show you how. Weill provide information on trip planning, necessary documents, health precautions, working along the way, all about your money and more. Second Wednesday of each month from 7 - 9 p.m. The workshops are FREE!

NOTE: SEVERAL OF THE DATES AND THE SUBJECT MATTER OF THESE WORKSHOPS WERE INCORRECT IN THE NOVEM-BER NEWLETTER. Below is CORRECTED information.

December 9 Around the World and Long Term

January 13 South America: Independent Travel

and Teaching English as a Foreign

Language

February 10 March 10 April 14

Living and Travelling in France Making the Most of European Rail

Europe on a Budget

May 12 Making the Most of European Rail

DECK THE HOSTEL PARTY - DECEMBER 17th, 6-9 PM

Like last year, weill be asking you to bring a decoration for our tree or lobby with your name and the year on it. This year we also ask that you bring a food or beverage item as a potluck contribution for some holiday cheer. Get out those caroling books folks! We need experienced carolers and someone willing to lead us.

What this space for more information about events at the hostel 1n 199 or call 431-1267 for more details during our open hours of 8 - 10 a.m. and 5 - 10. p.m.

Girl Scout Hostelling Patch Available IN Pittsburgh

Beginning this month, we are excited to begin offering Cadette and Senior Girl Scouts the opportunity to earn a hostelling patch at the Pittsburgh International Hostel. Pittsburgh joins hostels in Boston and Nantucket, MA, Conway, NH, Washington, DC, Seattle, WA, and Orlando, FL in giving young women a chance to capitalize on the atmosphere at hostels to gain confidence in traveling and learning about people from other cultures.

The patch, set up in a similar format to formal Girl Scout badges, was designed by Hostelling International with help from Girl Scout troops in New Hampshire, Maine and Rhode Island. If you or someone you know is involved with a Girl Scout Group, you'll find this is an easy and fun project to implement for your troop. The requirements, a copy of the patch, on sale for \$3.00, and information about making a reservation can be obtained by calling Holly Ridenour at the Pittsburgh International Hostel.

MAKE YOUR RESERVATIONS AT THE PITTISBURGH INTERNATIONAL HOSTEL TODAY!

The Pittsburgh Hostel has 50 beds available. If you or someone you know would like to stay, we'd be happy to make a reservation for you. Individual HI/AYH members pay \$17.00/person/night for dormitory beds. Non-members may stay for an additional \$3.00/night.

Individuals can make a reservation for dormitory bed(s) by provid-

ing the following information:

Reservation Name: Date of Arrival	· · · · · · · · · · · · · · · · · · ·
Morning of Departure	# Nights
# Female Beds	# Male Beds
Include a	a check -OR-
	Date
•	

We have a 24-hour cancellation policy. You must cancel no later than 10 p.m. the night before your intended arrival date or your credit card will be billed for the first night's deposit. Government-issued photo ID required to check-in. Don't forget to bring your membership card!

Call the hostel directly for Family Rooms requests (limited availabil-

ity). A surcharge and key deposit apply to these rooms.

Special Group Rate for 10 or more people. Please request a Group Inquiry Packet.

Need more information? We can send a copy of "Everything You Need to Know About Visiting Us" to you by email, fax or "snail" mail. Please call the hostel at 431-1267. You can send the reservation form above or request a copy of "Everything You Need to Know..." by fax or email. Our fax number is 431-2625. Email to ayh@trfn.clpgh.org

It doesn't get any bigger than 1998 for the Pittsburgh International Hostel. Lots and lots of Hostel Happenings. We plan on putting Pittsburgh and the Allentown area on the map with visitors from all over the world in the first full year of business. We look forward to seeing you here, especially

if you can help us out in this exciting endeavor.

Holly Ridenour,

. Hostel Manager, Pittsburgh International Hostel

1998 HI/AYH MEMBER DISCOUNTS

HI/AYH members with valid membership cards are eligible for the following discounts. Full details can be found in the FREE 1998 HI/AYH North American Hostel Handbook.

Alamo Car Rental: Various discounts. Request plan BY 19998 American Youth Hostels.

Andy Warhol Museum: Buy one admission, get a second (of equal or lesser value) free.

Mattress Factory Art Museum: \$1.00 off admission and 10% off merchandise in museum shop.

Pittsburgh Zoo: \$1.00 off admission.

City Books (Southside): 15% off all used books; 10% off most new books (some exceptions); 10% off all espresso bar items.

Allegheny Valleys Bicycle Tours: 20% off the regularly advertised price of any bicycle tour granted to current HI members.

Danny Kís Diner (3 blocks from hostel): 10% discount off final bill to all HI members.

PITTSBURGH INTERNATIONAL HOSTEL: Discount rate of \$17.00/night for dormitory accommodation.

Additional discounts will be offered next year in the 1999 North American Hostel Handbook. Thanks to the merchants who are offering discounts to our members. HI-AYH members who live in the Pittsburgh area and to those passing through, remember these discounts are just another way to use your membership card!

1999 Rachel Carson Trail Challenge Volunteers Needed!

or those of you who don't know, the Rachel Carson Trail Challenge is a one-day, 34-mile endurance hike, starting at North Park and ending at Harrison Hills Park near Freeport. The Pittsburgh Council, Hostelling International-American Youth Hostels (HI-AYH) sponsors the event, held on the Saturday in June closest to the summer solstice, the longest day of the year. There will be 15 hours and 4 minutes of daylight available for hikers to complete the course, requiring a minimum pace of about 2.25 miles per hour. Hikers are self-contained and support is minimal; each person carries their own water, food and snacks, and any other gear that might be necessary on the trail: first aid, raingear, etc.

he first Rachel Carson Trail Challenge was on June 22, 1996: of 90 hikers attempting the entire 34 miles, only 5 finished and they finished just as the last rays of the sun peeked over the horizon. The second Challenge, on June 21, 1997 had 77 hikers signed up to do the entire course, but this time there were 27 finishers!! Why the difference? There were probably three factors at work: (1) the temperature was 3 degrees cooler the 2nd year; in 1996 it reached 93E, in 1997 it only went up to 90E; (2) the course went from west to east in 1996 and reversed from east to west in 1997; (3) many of the 1997 finishers had experience in 1996 and refined their strategy for 1997.

he Rachel Carson Trail is a 34-mile long, primitive hiking trail. The trail is famous for its roller-coaster hills following the contours of Allegheny County up and down gas lines, power lines, through woods and fields, across streams, and up on the high bluffs overlooking the Allegheny River. Starting (or ending) in North Park, the Trail goes through the Hampton Nature Reserve, skirts Hartwood Acres, meanders across Indiana Township passing by Emmerling Park, up Rich Hill, down LaFever Hill, through Springdale, Frazer, Fawn, and Harrison Townships, ending in Harrison Hills County Park. Along the trail you will find brambles, nettles, Japanese knotweed or elephant ear, poison ivy, mud, dirt, dust, scree, talus, fallen trees, washed-out stream banks, devil's walking sticks, and a multitude of even more imaginative challenges.

e need people to help out, mostly in the months of Janu ary through May, making telephone calls, maintaining registration lists, doing mailings, designing and then distributing promotional materials, attending several coordinating meetings and many, many more tasks. So, it you would like to help out and be a part of the RCTC-99 team, give a call and let us know. Call Jim Ritchie at 412-828-0210 or Leo Stember at 412-681-1385. Call today or at least be sure to call before Thanksgiving.

SEA-KAYAKING

December 4th Annual Paddlers Holiday Dinner

7PM - Chinese on Carson, 1506 East Carson Street. South Side Contact: Fran Fleming (364-9433)

Jan. 2 1999 Russ Tague 331-2073

Russ's New Years Paddle; Allegheny River or Non frozen alternate

> NOTE: Canoes are welcome on most Check with trip leader.

AYH Sheet Sleeping Sack.... DON'T LEAVE HOME WITHOUT ONE!



Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at

hostels due to public health regulations. Our nylon sleep sack INTERNATIONAL is especially light, compact, and dries

extremely quickly (handy on trips). the cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



CROSS-COUNTRY SKI/HIKING/TRAILS

December 6: Sierra Club Hikes (Not AYH trips) Wilderness hike right on your doorsteps on beautiful Deer Lakes. 7-mile moderate hike on a loop trail. The Zieglers, 412 826 0519.

December 13: Sierra Club Hikes (Not AYH trips) Fantastic hike in the C.F. Lewis Nature Reserve. Great elevation. Intermediate 6 miles. Visit the Johnstown Flood Museum. Mike Fallon, 412 344 9952.

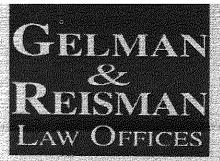
December 19: Sierra Club Hikes (Not AYH trips) Ski-touring wherever snow conditions are best. If no snow, we hike 12 strenuous miles somewhere in Laurel Highlands. Steve Tubbs, 412 279 4866.

Wednesday Jim Ritchie Cross Country Ski. We will go skiing wherever we can find some snow. My first choice will be somewhere on the Rachel Carson Trail or the Baker Trail, close to Pgh. If there is no snow, our next choices will be down in the Laurel Highlands; finally if there is no snow anywhere, we will go hiking-probably the Baker Trail. Be sure to call me for meeting place and time. January 1: Sierra Club Hikes (Not AYH trips)

Celebrate New Year's Day with a 12-mile loop hike in North Park. Alan Aliskovitz, 412 781 3482.

January 9 Saturday Jim Ritchie 828-0210 Cross Country Ski. Same agenda as December 30 listing.

June 19, 1999 Saturday Jim Ritchie Rachel Carson Trail Challenge. This listing is a call for volunteers. We need 25 volunteers to help us stage the 1999 Challenge. We need telephone callers, people to maintain registration records, prepare mailings, write letters, design publicity, and distribute promotional materials; having access to email is a plus. We especially need people with access to a computer who have word processing and spreadsheet skills, and someone who can help us build a web page. Must be willing to meet periodically. Tasks will be assigned immediately after New Year's Day in January 1999. Call Jim or Leo.



MARC S.REISMAN

1701 Law & Finance Building PITTSBURGH, PA 15219-1503 Phone 412-288-9200 1-800-883-1-LAW Fax 412-281-3530

MID-WEEK RAMBLES

Churches of Homestead

"Rambles" are casual Wednesday outings sponsored by the Pittsburgh Council of Hostelling International - American Youth Hostels. Most take place in and around the city of Pittsburgh.

The group meets at 10 a.m. (9:30 am during the summer) in the upper parking lot of Mellon Park in Shadyside, off Shady Avenue near the intersection with Fifth Avenue. Remember to bring quarters for

Trips are normally three to four miles in length, at a leisurely pace. Trips are always subject to change because of weather, conflicts of schedule, and the choice of the group. We do plan to walk in all kinds of weather, so please dress appropriately

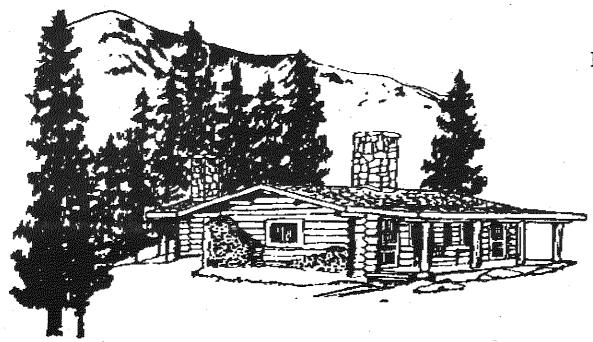
From time to time, we will schedule lunch at a restaurant or a brown bag lunch. These are optional.

We also try to carpool to save energy and to enjoy each other's company. For trips over 10 miles, please pay the driver \$2 per passenger.

Call the leaders listed below for information about a trip or to inform the leader that you plan to walk with the group (especially when reservations are requested or you plan to meet us at the trail head), but please call before 10 o'clock at night.

December 2 Billie Woodland 886-1603 Downtown ramble. Lunch at Presbyterian Church. 421-0922 December 9 Alex Federowicz Churchill Valley Country Club. Bag Lunch December 16 Dick Fischer 421-9215 Shadyside walk. Bag lunch at Fischer's house. Merry Christmas December 23 No Ramble December 30 Joan Roolf 351-2061

1999 Cross-Country Skiing Weekends at Wilderness Lodge



January 22 - January 24 January 29 - January 31 February 12 - February 14

If you like your lodging rustic and your ski trails tracked and groomed, these weekends in the Erie snow belt are for you! Nansi Janes' Wilderness Lodge is a perennial favorite of AYH crosscountry skiers who enjoy miles of groomed trails. Peek'n Peak is within skiing distance for those who want to ski downhill trails. After skiing, come back to the lodge for a warm fire and your favorite beverage. The cost of the weekend includes Friday and Saturday night lodging and a family style dinner Saturday evening. Vegetarian meals are available upon request. Breakfast and lunches are available at the Lodge at an additional but very reasonable cost. Rooms are mostly hostel style with 3 to 6 people in a room but there are at least 3 double rooms available for each weekend. Cost does not include transportation, but we will try to assist with carpooling; riders normally pay \$10 to their drivers. Trail fees and ski rentals are also not included.

Cost: \$58 per person for dorm beds (\$66 for non-members) \$68 per person for double rooms double occupancy (\$76 for non-members)

Call or e-mail early to reserve for the weekend you want, and then send a check for the full amount to guarantee your space. (Charge cards are also accepted.) We will keep a waiting list in case there are cancellations. Please note: there can be no refunds after 14 days before each trip unless we get a replacement for you, and all fees include a non-refundable \$10 per person. Since we do have separate dorm rooms for men and women, we reserve the right to restrict replacements to persons of the same gender.

Wilderness Lodge Getaway

A map and additional information will be mailed out upon receipt of payment.

Name:	
Address:	
City/St/Zip:	
Phone:	[] male [] female [] AYH member; pass#
E-mail:	
	Weekend: [] Jan 22-24 [] Jan 29 - 31 [] Feb 12-14
. [].	I am driving and can take passengers
ii	I need help finding a ride. (No promises, but we'll try to help.)
[]	I will drive and meet the group at Wilderness Lodge.
Enclo	sed is a check for \$ made out to "Pittsburgh AYH".
Non-me	mbers can pay the lower member rates by sending in a membership application and fee with this form. See the back page of the newsletter for details.
Maj	il to: Wilderness Lodge / Pittsburgh AYH / 830 E Warrington Ave / Pittsburgh PA 15210.
Please give u	is a name and address for each person, and each person must sign the following Liability Waiver:
Liability Waiver	
damages for death, undersigned, discha and their respective liability arising out oparties. I acknowledg is voluntary and is opating. I attest that lor other services remainders.	ion of your acceptance of my application for participation in the Cross-Country Skiing Weekend at Wilderness igned, for myself and my heirs, executors, administrators, and assigns, waive and release any and all claims for personal injury or loss of property I may have or which may accrue to me as a result of my participation. I, the arge and release the Pittsburgh Council, American Youth Hostels Inc, Wilderness Lodge, their activity leaders, agents, boards, commissions, and any other involved employees, representatives, and volunteers from all of or connected in any way with my participation, whether or not caused by the negligence of any of the above that there are inherent risks and dangers which may arise at any time during the Weekend. My participation lone at my own risk. I voluntarily assume all risks of loss, damage, or injury that my be sustained while participation in this event. I understand and agree that medical and physically fit and sufficiently trained for participation in this event. I understand and agree that medical and event in the services and is not a waiver of any of the said parties of any right hereunder.
Signature:	Date:
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Ski-touring course to benefit Citiparks' Frick Environmental Center

A two-evening course on ski-touring (cross-country skiing) basics will be held on Tuesday, December 1 and Tuesday December 8 from 8 to 10 PM at Frick Environmental Center on Beechwood Boulevard two blocks south of Forbes Ave. in Squirrel Hill. The course will be conducted by members of Allegheny Group of the Sierra Club and Pittsburgh Council of AYH. The cost will be \$10/person including lecture notes. All proceeds go to support Citipark's Frick Environmental Center programs. The course will cover about everything one can learn without putting on skis, for example: where to go, trail maps, phone numbers for ski-conditions, buying and renting equipment, what to wear, temperature control, dealing with snow conditions, ice and hills. Class size is limited to 75 people. For reservations call Bruce Sundquist at 724-327-8737 (bsundquist1@juno.com). A lecture that falls on the night of a travelers' advisory will be postponed one week.

ADOPT THE BAKER TRAIL

The Rachel Carson Trail is fully-covered by volunteers who have adopted sections of the trail for trail maintenance. The Baker Trail is about two-thirds covered, so we need about a half-dozen people who are willing to donate one weekend a year to put fresh paint on the blazes, trim away a little vegetation, and pick up the trash left along the trail. Qualifications are: you must be outdoors-minded; responsible; you show initiative, and don=t need a lot of supervision; you=re not afraid to get your hands dirty and want to make a small contribution in return for all the pleasure you've experienced on trails that someone else built for you. It's possible to do all your work in one day each year. If you are interested, call me, Jim Ritchie, 828-0210, and I will send you a map; you can check out the trail on your own; if you are still interested, call me again, and I will arrange to meet you on the trail to give you some supplies and provide about one hour of on-the-job training. Take a look at these:

- Corsica to Mill Creek. Most of the work on this section has been done for this year. We need a physically capable volunteer to take it over for next year and, for this year, finish up some of the blazing along the road from Corsica to the point where the trail jumps off the road—about 1.5 miles. 90 minutes from the Highland Park Bridge.
- Atwood to the Milo Weaver Shelter. This section follows dirt roads through the farm country of Indiana and Armstrong counties in the neighborhood of the Keystone Reservoir (Plum Creek Reservoir). Several Amish farms are along the way. Easy maintenance. 75 minutes from the Highland Park Bridge to Atwood.

Call Jim Ritchie, 828-0210.

FALL EDUCATION CLASSES & PROGRAMS AT THE RACHEL CARSON HOMESTEAD

(SPRINGDALE, PA) The Rachel Carson Homestead announces a new season of educational programs and activities designed to advance Carson's message of understanding and defending the natural world around us.

Our popular "Science on Saturdays" family programs offer hands-on science and nature activities for the whole family to enjoy. Usually the third Saturday of each month from 1-4 pm. Space in these free programs is limited; call (724) 274-5459 to make your reservation.

Saturday, December 12 - "Holidays at the Homestead"

Take a break from the hustle and bustle of holiday shopping and enjoy the beauty and simplicity of the season. Walk amongst twinkling lights in the evening stillness, and enjoy holiday songs in the air as steamy apple cider warms you, all in this historic homestead decked out in old-fashioned Christmas décor. The gift shop will be open for last-minute shoppers, stocked with new items such as Lost Woods: The Discovered Writings of Rachel Carson. Children's activities will include making your own wrapping paper. Offered at a special time of 7 to 9 pm.

Adult classes will also be offered through the Fox Chapel Adult Education program at Fox Chapel High School. Call 412-963-9600 for a course catalog.

For teachers and home-schooling parents, "Rachel Carson's Silent Spring", a one-hour documentary originally aired on PBS and featuring Meryl Streep as the voice of Rachel Carson, is available for purchase or rental. Lost Woods: The Discovered Writings of Rachel Carson (Beacon Press), edited and introduced by Carson biographer Dr. Linda Lear, is a new anthology of her never published writings and will be available in October.

The Rachel Carson Homestead is the birthplace and childhood home of ecologist and nature writer Rachel Carson (1907-1964), whose 1962 book Silent Spring launched the modern environmental movement. Born in this five-room farmhouse, Rachel Carson's childhood here in southwestern Pennsylvania nurtured a love and respect for nature and natural things which would guide her the rest of her life. Silent Spring warned of the dangers of indiscriminate pesticide use, and was recently named by Time magazine as one of the ten most important nonfiction books of the last one-hundred years.

Guided tours of the house and grounds are offered year-round on Saturdays from 10 am to 4 pm and Sundays from 1 pm to 5 pm. Regular museum admission is \$4.00 for adults and \$2.50 for children. Senior citizen and group discounts are available. School field trips, scout badge programs, public outreach programs and historical talks are also available by reservation. The museum is located at 613 Marion Avenue in Springdale, Pennsylvania.

For more information call (724) 274-5459, or visit our World Wide Web site at www.rachelcarson.org.



AYH Sheet Sleeping Sack....

DON'T
LEAVE
HOME
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Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). the cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



CLASSIEIED

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

OR SALE: Thule car roof rack system. Rain gutter mounting feet w/locks; 50" cross bars; two upright (front wheel on) bike racks; four vertical ski holders. Exc. condition. \$150 for everything. Call mike at 412-268-8830 (day) or mkb@cs.cmu.edu 7/98

OR SALE: PUR Pioneer Water FilterSmall, light weight, and easy to operate. Used only once. Best Offer. Call Don at 412-824-3534 7/98

or sale: Sailboat. Ameri can classic O'Day Widgeon 15 ft daysailer w/ trailer and 2 sails. Blue/white in good condition. Will deliver. \$975 or best offer. Call 800-813-6336.

or Sale: North Face Back Magic, external frame backpack; flexhip joints, heavy duty, large capacity. Will deliver. \$75.00 obo. Call 304-233-5960.

or Sale: Tent - Sierra De signs "Clip-Flashlight", 2 person, superlightweight, footprint, extra pole, excellent condition, \$125. Sleeping Bag - North Face Littlefoot, Polyester, child/small adult, 20 degrees, excellent condition, \$60. Call 724-337-1366.

Editor, The Golden Triangle 830 Warrington AVE. Pittsburgh, PA 15210



REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 830 Warrinton AVE., Pittsburgh PA 15210

HI-AYH Travel Store & Membership Application

Outdoor Recreation Books

Allegheny National Forest Hiking Guide describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) \$8.00

AYH Outdoor Food Book contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and illustrations. 1st Edition (1981)\$3.00

Baker Trail Guide describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH.

Canoeing Guide to Western Pennsylvania and Northern West Virginia contains information on 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991)\$13.95

Fifty Hikes in Western Pennsylvania by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. Fifty Hikes contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. 2nd Edition (1992)......\$14.95

Hikers Guide to Laurel Highlands Trail describes the 70 miles of the trail from Ohiopyle park to Conemaugh Gorge atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages, 24 pages of maps. New 5th Edition (1997).....\$5.00

Monongahela National Forest Hiking Guide describes more than 160 Forest Service trails in 1,350 square miles of the Mon National Forest - one of the best areas for hiking, backpacking and ski touring in this part of the country. Published by the West Virginia Conservancy. 320 pages, 60 maps, 39 photos. 6th Edition (1993)......\$12.95

Pennsylvania Hiking Trails describes more than 290 trails and hiking areas throughout Pennsylvania. Published by Keystone Trails Association. 224 - pages , 94 maps. 12th edition (1998).....\$14.95

Rachel Carson Trail Guide describes the Rachel Carson trail from North Park to Freeport in Allegheny County. Published by AYH. (1998)\$5.00

Fifty Hikes in Central Pennsylvania by Tom Thwaites. Another excellent book in the Fifty Hikes series covering day hikes and backpacking in the heart of Pennsylvania. Includes the Tuscarora Ridge, Alan Seeger, and John P. Saylor Trails as well as other

Canoeing and Kayaking Ohio's Streams - An access guide for paddlers and anglers. Maps, hazards, portages, shuttles, history and game fish information for 45 Ohio Rivers.

Appalachian Trail in Pennsylvania, Ninth Edition (1994). A revised edition of the official guide to the 232 miles of the AT in Pennsylvania. 200 pages, pack size (4.5 x 6.5

Appalachian Trail Maps (PA). Set of 12 monochrome topo maps covering the AT in Pennsylvania. Published by the KTA. Maps and elevations on six sheets of Polyart. (1994)\$7.00

NEW: Pennsylvania's Rail-Trails Guide New bike-bag sized guide to the state's rail-trails by the Rails-to-Trails Conservancy. Two page introduction to each section of trail with maps and descriptions 4th edition......\$12.95

 $\textbf{Free Wheeling Easy (2nd Edition) guide to rail-trails and other bicycling,} \textbf{walking,} \textbf{and jogging} \textbf{an$ paths in western Pennsylvania and nearby Maryland. 100 pages of text and maps\$9.95

How to S**t in the Woods is an amusing but informative answer to an age-old question. Valuable for trippers, trip leaders, and the curious. Paperback. 78 pages (2nd ed.1995) .. \$6.95

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HI-AYH Memberships (No Tax on Memberships)

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass. Provides access to 6,000 Hostelling International hostels around the world. Includes free handbook of North American hostels upon request (see below) and 12 month subscription to Pittsburgh Council newsletter.

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All Otherpasses available CALL

Ordering / HI-AYH Hostel Membership Application Include 10% for postage (\$1.50 minimum). Pennsylvania residents must also include 7% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Discover, MasterCard, and Visa accepted. Please allow two weeks for delivery of mail orders. Priority or Overnight shipping is available; call for information

Mail to:

830 E Warrington Avenue

Pittsburgh, PA 15210

HOSTELLING INTERNATIONA

Expiration Date

Name: Address:

Phone:

(day)

(eve)

Sex (M/F): Birthdate: For hostellers: I need my hostel pass by:

[] I Need a free copy of the North American Hostel Directory

[] MasterCard [] Visa [] Discover

Credit Card Number _ Signature

Date Credit Card Orders may be faxed to 412-431-2625 for faster service

Council Office and Travel Store

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

AYH Weekly Open House

The Pittsburgh Council Travel Store is open Mon. 10 to 4, Wed. 11 to 6 and Fri. from 10 to 4. Hours are subject to change, so it's a good idea to call the office at 412-431-4910 before coming in. We're in the Pittsburgh Hostel at 830 E Warrington Avenue in Allentown. All passes, ID cards, rail passes, and books are available.