



Golden

Volume 43, Number 10

Triangle

October 1992

Annual Meeting

Pittsburgh Council
American Youth Hostels
October 16, 1992

This is the official call to the Annual meeting and elections of the Pittsburgh Council, American Youth Hostels. The meeting and elections will be held Friday evening, October 16, 1992 at the Ursuline Center, 201 South Winebiddle St. The list of nominees and ballots should be inserted into the October newsletter, if you do not receive one and wish to vote by absentee ballot please call the AYH office at (412) 422-2282.

We will begin at 6:30 pm with snacks and soft drinks and then have a supper of chili (vegetarian and regular), corn muffins, and dessert. The business meeting and elections will begin at about 8:00 pm.

If you plan to attend the supper please call me at 665-9554 and let me know you are coming. I am also looking for a few volunteers to bring dessert.

Marianne Kasica, Secretary

The Ursuline Center at 201 South Winebiddle is in the Bloomfield-Friendship section of Pittsburgh, between Penn Ave. and Liberty Ave. The Center is located at the Penn Ave end of the street. Call Larry or Marianne at 665-9554 for more specific directions.

Sunday, October 4, 1992

SABRE Bike Tour

SABRE starts in Settler's Cabin Park at the Cayuga Picnic Grove. Pick up Registration Packet before starting the tour. Registration opens at 7:30 am with the Metric Tour riders leaving at 8:30 am. The 25 and 15 milers depart at 9:30 and 10:30 am respectively.

SABRE is a tour of southwestern Pennsylvania, and more specifically of the small rural and farming communities southwest of Pittsburgh. Cycle SABRE and see Western Pennsylvania's fading orchards and rolling fields filled with red, orange and fire yellow trees while the October skies are clear and a fresh breeze fills the air. We promise the route which during this Autumn period will be ablaze with colors, leaving you with memories that will easily carry you through the cold, slush-filled winter to come. SABRE consists of three routes for cyclists of all abilities: a challenging metric century (65 miles), as well as the 35 mile route and the 15 mile.

SABRE costs \$8 on or before September 26, 1992 (\$10 thereafter and day of Tour registration). This includes the official 1992 SABRE Pin (Guaranteed tour day to the first 1000 registered). In addition you will get a ride map and cue sheets, a rider number, sag support, and snack stops. When you finish the Tour, there will be the famous *SABRE Feast* picnic lunch awaiting you at the Cayuga Picnic Shelter.

The Pittsburgh Council AYH requires you to wear a helmet.

A sag will pick up those who can't finish due to bike problems or fatigue (you and your bike are expected to be in good condition before the ride starts).

Questions, concerns, suggestions, or if you wish to volunteer, please contact Bill Eberle at (412) 833-9732 (phones answered 24 hours).

Featured in this Issue...

Annual Meeting

This year's Annual Meeting is set for October 16th. See the article on this page.

Page 1

SABRE

The 1992 edition of the Southwestern Autumn Breeze bicycle ride is coming up at the beginning of October.

Page 1

Trail Opens

The Montour Trail opens October 10 with a variety of activities.

Page 3

I N S I D E

Annual Meeting	1
Volunteer News and Opportunities	2
Montour Trail Opens	3
Activities	4-5
See Australia	8
President's Corner	6
AYH Application and Order Form	7
Wild Edible Plants Book	7
Classified	Back cover

American Youth Hostels

Pittsburgh Council
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Newsletter Contributions

Contributions to the newsletter are welcome. You can submit them in three ways:

- ◆ Typed
- ◆ On diskette
- ◆ By email

Handwritten submissions can be difficult to read, so avoid them if at all possible.

There are several diskettes in the newsletter box at headquarters; please feel free to use these for submissions. To send by email, use the editor's Compuserve address:

75330,3711

Volunteer News and Opportunities

Pittsburgh Council Activity Chairs

<i>Bicycling</i>	
Chuck Ejzak	466-6196
Bill Eberle	833-9732
<i>Canoeing</i>	
Royanne Mac	335-7326
<i>Climbing</i>	
Eric Bauer	687-0766
<i>Cross-County Skiing</i>	
Fred Parker	856-4713
<i>Family Activities</i>	
Barbara Hanusa	441-7205
<i>Hiking & Backpacking</i>	
Jim Ritchie	828-0210
Pat Tieman	561-3286
<i>Kayaking</i>	
John Gayler	366-4062
Ray Yutzy	341-5682
<i>Mid-Week Rambles</i>	
Cliff Ham	687-4520
<i>Rafting</i>	
Jon Maiman	441-2306
Linda Smithyman	531-1868
<i>Sailing</i>	
Bob Zavos	241-0659
<i>Sea Kayaking</i>	
Mark Mistrik	441-8293
<i>Volleyball</i>	
Jeff Marsh	384-7827
<i>Trips Coordinator</i>	
Janet Supowitz	

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of the International Youth Hostel Federation (IYHF) which coordinates more than 5,400 hostels worldwide—the largest network of accommodations in the world.



Nov. Deadlines

All Copy
October 8
Labeling and Mailing
October 22

Ohiopyle Work Party—Last Chance!

We might be *volunteering* our efforts to work on the hostel at Ohiopyle on Sunday, October 11th if AYH's headquarters does not get a new roof. Call Linda Smithyman at 531-1868 for details and to see if the work party is on. Free lunch for your effort!

Thanks to Our Helpful Volunteers

Thanks to the following people for helping out at HQ on August 9th: Tom Bates, Joe Hoechner, Lori with the hammer, and Linda Smithyman. The building is noticeably cleaner and we appreciate their efforts.

Also thanks to the following people who helped paint at the Ohiopyle Hostel on September 6th: Bernie Woodland, Don Woodland—who is now an expert in painting with a roller, Ron Boone, Vince Roelf, Joan Roelf and Chris Kline and Bertram Emmerich who helped to make the cellar area a lot brighter, and Linda Smithyman. If you have not been to the Ohiopyle Hostel yet this year go and check out its new look. Linda has been very busy with volunteers this year and most of the inside has been painted, new items have been added and it's a much better place to spend the night than a leaky tent!

Letters...

[Letters to the editor are welcome. Letters will be edited to conserve space when necessary. Letters are published at the discretion of the editor.]

Trips Coordinator Needed

Would you like to help out the Activities Program? Well, then volunteer to be our new trips coordinator! The trips coordinator is responsible for compiling activity reports from our individual trip forms for the National AYH Office. The coordinator is also responsible for depositing the money collected on the trips into our bank account and generating an income report for the Council Treasurer. This job takes approx. 4-8 hours a month. To volunteer for the position and/or get more information, please call Jon Maiman at (H)441-2306.

Local Sierra Club Leads Bike to Beer Run

According to the Fall 1992 issue of the Allegheny Sierran, the Allegheny Group of the Sierra Club is sponsoring a hike on Sunday, October 18 to the "Beer Run Nature Reserve near Ohiopyle." If you sign up for this hike, maybe you should take some pretzels in your pack.

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* at the left.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel

Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Charleroi Youth Hostel (SA)

Rego's Hotel and Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200

Living Waters AYH Hostel

RD #1 (1 mile west on Route 30)
Schellsburg, PA 15559
(814) 733-4212



Thank You and A Tip of the Hat to...

Barb Peterson, Brian Mcbane, Helen Coyne, Ray Yutzy, Royanne Mac, Jim Ritchie, Bob Zavos, Joel Hough Barb Hanusa, Bill Eberle, Chuck Ejzak, Lynn Ejzak, Jeff Marsh, Tom Kaveny, Pat Tieman, and Bob Dodson for helping out with the Activities Fair. All of the displays looked great! Unfortunately, the weather didn't cooperate and treated us to a heavy down pour. Hopefully, we will have better luck next year.

Jon Maiman

New Hostel Opens to San Diego Visitors

A new hostel has opened in downtown San Diego. Called **Hostel on Broadway**, this centrally located facility now accommodates 60 travelers and will house 112 hostellers when renovations are complete.

Hostelling in San Diego has never been so easy. Nearby public transportation opens doors to all of San Diego's major attractions. Area buses go directly to the San Diego Zoo, Balboa Park, Old Town, and Sea World. Hostellers can walk to San Diego Bay, Seaport Village or the Gaslamp district (known for its shopping, restaurants and nightlife). The trolley to Tijuana is just steps away from the hostel and only costs \$1.75.

Hostel on Broadway also offers every convenience for the hosteller. The building has pool and exercise facilities, a self-service laundry, and an inexpensive restaurant. In addition, most hostel rooms are newly painted couples or family rooms, and many have color cable TV (at no extra charge).

All of the conveniences make **Hostel on Broadway** a great base from which to explore the sights and sounds of San Diego. The hostel is open from 7 am to 10 am and from 4:30 pm to 11 pm and accepts telephone reservations with Mastercard and Visa.

Hostelling International
Hostel on Broadway
 500 West Broadway
 San Diego CA 92101
 619-525-1531

Opening Festivities for First Segment of Montour Trail

Three years and one month after its conception and formation, the Montour Trail Council will officially open the first segment of the Montour Trail. The ceremony, open to the public, will begin at 10:00 am on Saturday, October 10, 1992 in Cecil Township Park on Millers Run Road (PA Route 50). The 4.5-mile segment runs from Cecil Park eastward to Hendersonville, just east of Interstate 79. The highlight of this segment is the National Tunnel, an unusual, 620-foot long tunnel built on a curve.

The Montour Trail project has been designed by the Trail Council to combine safe and scenic recreational opportunities with alternate transportation uses, greenspace conservation, and historic preservation. Users of the Trail are expected to include walkers, joggers, bicyclists, and cross-country skiers. Side-by-side pedestrian and equestrian paths will provide an added degree of use in localities such as Cecil Township, where space permits.

Bob Hall of the Pennsylvania Division of the Federal Highway Administration will give the opening address at the ceremony. Bob will talk about the Intermodal Surface Transportation Efficiency Act of 1991 (ISTEA) which promises to be a major benefit to the Rails-to-Trails movement. Local congressmen, state legislators, and county commissioners including Peter Flaherty of Allegheny County and Joe Ford of Washington County will also join us in commemorating the Trail opening.

After the addresses, there will be a procession from the stage area of the Park to the Trail for the dedication of the sign marking the trailhead. Following the formal activities, all attendees are invited to explore the Trail. Food and beverages will be available after the ceremonies.

In the event of rain, the festivities will begin in the gymnasium of the Cecil Middle School next to Cecil Park. Undaunted by inclement weather, we will proceed to the trailhead to present the sign.

Cecil Park is located on PA 50 about 5 miles west of the Bridgeville exit on I-79.

CPR & Water Safety Classes Forming

David Ott, a member of the AYH, is in the process of forming an American Heart Association CPR class and a Red Cross Water Safety Class. A nominal fee will be charged for each class (to cover expenses). For more information please call David at 431-7542.

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Picnic Fun

For those of you who missed the picnic on August 29th, and most of you did, those of us who attended had a great time. We put up the volleyball net and played without rules or boundaries which made the game quite unofficial and lots of fun. It lasted over an hour. We only quit cause we all got hungry again. There were some great shots though like the ones Linda and a kid Chris took on the nose, knocked her glasses right off. And the flying efforts of A.J. who ended up missing most of them anyway. Then there were the ever popular 'you should've called that one' shots. Well, you should have been there.

We also played badminton, frisbee, horse-shoes, bocchi, took turns rollerblading, cycling, and of course, ate! Although the remains of Hurricane Andrew swept by the night before, the day was warm with a few clouds. Swimming was justifiably out, however. Ron Boone brought his guitar and entertained us. All in all it was a blast and too bad the attendance wasn't higher. So think about signing up for it next year.

Rafting

Rafting is a great way to have fun in the sun. The American Youth Hostels has an extensive rafting program. We have trips for all skill levels from first timers to experts. Our 1992 trip schedule is listed below. So pick out a trip and sign up today. For more info or to sign up for any trip, please call the trip leader or the AYH office at 422-2282.

River:	Gauley
Location:	Summersville, West Virginia
Leader:	Jon Maiman (H)441-2306
Dates:	10/2-10/4,10/16-10/18
Cost:	Aprox. \$70/person
Skill Level:	Advanced Beginner & Up.
Format:	Weekend Trip
Description:	The Gauley River is considered to be the classic run in the East. The scenery is spectacular and the water is great. The Gauley is generally only runnable in the fall when they drain Summersville lake in preparation for winter. We usually run the lower section which is approx. 9 miles of Class IV water. Runs on this section are slightly more challenging than the New River and are suitable for anyone who has run the Lower Yough. or New at least once. We ran the upper section which is 13 miles of class V/VI water once last year. This section is only suitable for advanced rafters and space will be very limited if we run it again. We use both 4 and 6 man rafts on the Gauley. An optional group dinner is offered as part of this trip.

Cycling

Oct 4 SunA-C	Settlers Cabin Park SABRE '92 Bill Eberle 833-9732 Don't miss the grand finale of the AYH cycling season. 100 Km (62 miles) and shorter rides of 35 miles and 15 miles, in Southwestern Allegheny and adjoining Washington Counties. Registration is \$10 and a SABRE T-shirt is \$8 (after September 26). Registrations includes a marked route, snack stops and a picnic lunch back when you arrive back at the park. Applications are available at HQ or you may show up on Sunday. Look for signs as you enter the park.
Oct 17 Saturday	Sierra Club Trip Hikers meet bikers: See Oil Creek State Park by foot or by bike. Bikers ride 19 miles on a beautiful bike trail along Oil Creek. Hikers do 10 miles of foot trails in the Park (intermediate). 99 car miles (\$8.00 carpool). Bike rentals are available at reasonable cost. Call Barbara Peterson, 371-2506 (cycling) or Al Kondrak, 265-2021 (hiking).

Used Equipment for Sale

The AYH rafting program is selling used Type III life jackets for \$15 each. The jackets will be sold on a first come first served basis during the Thursday evening open houses at headquarters. All sales are final! The condition of the life jackets varies. See Jon Maiman during the open houses to inspect and/or buy a life jacket.

"No freeman shall be taken, imprisoned, outlawed, or exiled, or in any way harmed, nor will we go upon him nor will we send upon him, except by the legal judgment of his peers or by the law of the land."

Magna Carta, clause 39 215 A.D.

Sea Kayaking

Sunday, October 25

Barbara Peterson 371-2506 (h)

Urban paddle: see downtown Pittsburgh from river level in a sea kayak. Beginner level trip. Trip will put in at the Southside dock on the Monongahela River and take out at Washington's Landing on the Allegheny River. We'll paddle past Station Square, Point State Park, Carnegie Science Center, et al. Meet at 9:30 a.m. at HQ.

Sailing

The AYH Sailing Program offers a variety of activities for a wide range of skill levels and interests. In the Spring and early Summer we offer introductory classes on Lake Arthur. During the Summer and early Fall we offer day sailing on Lake Arthur, weekend trips to other nearby lakes, and extended trips to distant places. Our fleet includes three Flying Juniors and an International 470.

Day sailing and weekend trips are open to AYH members who have completed our introductory course or equivalent. AYH members with no previous sailing experience may join a trip at the discretion of the trip leader. This will normally depend on skill levels of other trip participants. Guests are also welcome, but AYH members have preference up to 1 week before the scheduled date. Fees for day sailing are \$11 per day for AYH members and \$12.50 per day for guests. Contact Bob Zavos (241-0659) or Joel Hough (371-4986) for more information or to reserve a space.

Oct 3 Sat	Lake Arthur Adv Beg & Up 11am This day is set aside for lazily cruising around the lake. We may get to watch the MSC's last races of the year from up close.
Oct 10-11 Sat-Sun	Trip to US Sailboat Show, Annapolis ALL We will not be sailing this weekend. Instead we will leave Pittsburgh early Saturday and drive to Baltimore. There, we will take in the Inner Harbor, Ft McHenry, Maryland Science Center, and the National Aquarium. We will stay over night at the Baltimore Hostel. On Sunday we cook an early group breakfast and then drive to Annapolis to see America's largest in-water sailboat show. We will have lunch at the US Naval Academy followed by a brief tour and then return to the Show in the afternoon. We depart for Pittsburgh around 6pm. Reservations and \$10 deposit required by Oct 4. Fee is \$25 plus transportation and food. Contact Bob Zavos (241-0659) for more information.
Oct 18 & 19 Sat & Sun	Lake Arthur ALL 11am This will be the last scheduled sailing weekend for the year at Lake Arthur. Both days are available depending on trip leaders and the weather. We will also put the boats away for the season.
Early Dec.	Bahamas, US Virgin Islands, or South Florida Rick Tomlinson, developer of Pittsburgh Council's Sailing Program, will charter a larger sailboat in early December for at least a week long cruise. In prior years he has led trips along Maine's coast, the Florida coast, and several destinations in the Caribbean. More details will be available later, but if you have any interest contact Bob Zavos as soon as possible.

Tuesday Hikes

Hikers are welcome to join us on Tuesday evenings as we walk a 5-mile course up over Ridge Drive in North Park. We meet at the North Park Boat House at 7:00 pm. Good opportunity for backpackers to get a workout wearing their backpacks. For more information, call Helen Coyne at 776-0678.

Hiking & Backpacking

- October 4**
Sunday
C.F. Lewis Natural Area, Gallitzien State Forest
Ben Brugmans 736-2751
Intermediate level hike, about 8 miles on the east side of the Conemaugh Gorge near Johnstown. C.F. Lewis is a wild and rugged area with waterfalls and outstanding vistas. Meets at 8:00 am at HQ. Call for info/reservations.
- October 10**
Saturday
Baker Trail, Crooked Creek Park to Brick Church
Pete Srini 921-1238
Enjoy the early October colors in this 8-mile intermediate level hike that starts near the dam area in Crooked Creek Park. The trail goes over hill and dale, crossing small streams on wooden bridges, one covered bridge and sometimes, no bridges. Meets at 8:00 am at HQ. Call for info/reservations.
- October 10**
Saturday
Baker Trail Maintenance Hike, Mill Creek Area, Clarion County
Glenn Oster 364-2864
Blaze and clear the Baker Trail in the area north of Mill Creek, Clarion County. This is an important section of the Trail for us in that the Congressionally-approved North Country National Scenic Trail shares this route. No fees. Call for info/reservations.
- October 16-17-18**
Friday-Sunday
Shenandoah National Park, Virginia
Leader: Bill Lindgren Contact Clare Bunker: 244-9788
Intermediate level hiking
- Saturday
Rocky Mount. This is a wild, rugged area; the view from Rocky Mount is particularly impressive; 10 miles.
- Sunday
Doyles River Trail, a lovely trail with beautiful waterfalls and enormous trees on both the Doyles River and Jones Run; 8 miles. Car camping. Call for info/reservations.
- October 17**
Saturday
Allegheny Gorge
Joan Roolf 795-8345
The Pennsylvania DER had purchased the Allegheny Gorge tract using Project 70 funds with the intention of developing a state park there. Alas, the necessary money didn't materialize so the area has become state forest and state game lands. Views of Kennerdell and the peaking fall colors from the bluffs high above the Allegheny. Meets at 9:00 am at HQ. Call for info/reservations. Difficulty level is easy intermediate; 7.3 miles long. We may stop for dinner on the way back.

- October 18**
Sunday
Quebec Run Wild Area, Forbes State Forest
Maynard Hansen 751-7615
The fall colors will be at their peak in this heavily forested area, the location of Pennsylvania's only "gold mine". This 10-mile intermediate hike will meet at 8:30 am at the Miami Subs Restaurant on Route 51 near Century III Mall. Call for info/reservations.
- October 18**
Sunday
Rachel Carson Trail, Allegheny Vistas Section
Blanche Asherman 828-8158
There will be no better vantage point from which to see the spectacular fall colors than from the heights of the bluffs overlooking the Allegheny River along this part of the RCT. This upper intermediate level hike is approximately 8 miles long, starting at Springdale and running to Tarentum. Lots of hills. Meet at 8:00 am at HQ. Call for info/reservations.
- Oct. 23-25**
Helen Coyne
Allegheny National Forest, Rimrock-Morrison Trail
776-0678
Beginners Backpack trip of approximately 11.5 miles in two days. Preparation/informational meeting Thursday Oct. 15 at 7:00 PM at Headquarters. Call for additional information.
- October 24**
Saturday
Roaring Run Natural Area, Forbes State Forest
Tom Kaveney 276-8044
This is the one where you try to walk on water innumerable times, but because this is the dry season, crossing the Run shouldn't be a problem. Come enjoy the peak of the fall color season on this 8-10 mile easy intermediate level hike. Meets at 8:30 am at HQ. Call for info/reservations.
- Oct. 30/Nov. 1**
Friday - Sunday
Quehanna Trail, Western Loop Backpacking Trip
Glenn Oster 364-2864
Hike the western loop of the Quehanna Trail. Intermediate level; this is about 20 miles total. Call for info/reservations.
- November 1**
Sunday
Warrior Ridge Orienteering Club Event
Mike Lubich 883-2238
Mike gave a slide show at a recent AYH Thursday Night Open House. This orienteering event, sponsored by WROC, will provide both beginners and advanced level courses. Beginners are especially welcome; club members will teach you how to get started. You receive a topographic map of a forested area (map fee = \$2) marked with a series of checkpoints to be visited. Check-in from 10 am to 12 noon; event takes place near Fort Girard, PA in Greene County, just off Exit 2 on I-79. Call Mike for info/directions.

Mid-Week Rambles

- October 7**
Wed
Mushroom Mania
Hunt for mushrooms in South Part with naturalist John Doyle.
- October 14**
Wed
Tour of Wilmerding
Lunch at the Hartman home afterwards. Bring a dish to share.
Leaders: Alberta & John Hartman, 241-5031
- October 21**
Wed
Frick Park
A walk in the park and the near vicinity.
Leader: Cliff Ham, 687-4520
- October 28**
Wed
SOHO Area.
Walk in this interesting, Victorian area. Tour the Duquesne University; guided tour possible. Take part in the annual Health Fair. Plan to eat at the Fair or the cafeteria.
Leaders: Cliff & Marilyn Ham, 687-4520.

All Trips: Meet in upper parking lot, Fifth and Shady Avenues, by ten o'clock each Wednesday A.M. or make alternative arrangements.

Trips are subject to change because of the weather, conflicts of schedule, and the will of the group. We will walk in all kinds of weather. Be prepared.

Please share expenses of transportation when trips exceed ten miles. Suggested: \$1 for each passenger.

September Slide Shows

Pittsburgh Council has a weekly Open House from 8 to 10 pm Thursday evenings at its headquarters at 6300 Fifth Avenue (near Fifth and Shady; we're next to the Pittsburgh Center for the Arts). A slide show starts at 8:15 pm and is followed by announcements for the week's activities. Memberships and publications are available at the membership desk.

October 1
Register's Annual Great Ride
Joe Hoechner

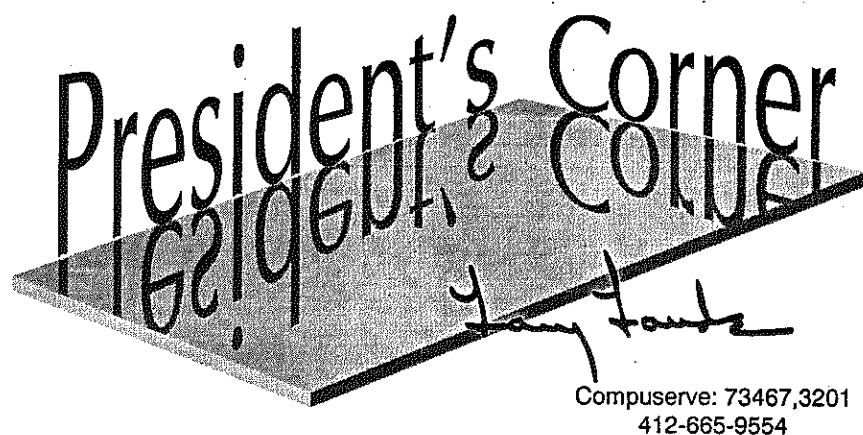
October 8
Backpacking to the Chinese
Wall in the Bob
Glenn Oster

October 15
Whaling Adventure
Allan Reese

October 22
Sleeping Bear Dunes,
Northwest Michigan
Joel Hough

October 29
To be announced

Let's see your slidewhows! Call Tom Rodgers at 621-6310



Annual Meeting

The Annual Meeting is upon us! You are all requested to attend the annual meeting Friday evening October 16th at the Ursuline Center in the Bloomfield area. Those of you who have been around the Council for a while may recall that we had one of our annual banquets there several years ago.

The Nominating Committee is still putting together their recommendations to the membership for officers and directors. As a result, the ballot will be an insert in the newsletter rather than appearing printed in the newsletter itself. If you cannot come to the meeting, please take the time to mail in the ballot to endorse the recommendations of the Nominating Committee.

Bylaw Revisions

The Board of Directors has been working on a number of revisions to the bylaws to incorporate the changes to the Constitution approved by the membership two years ago. These changes primarily involve recognizing changing the Activities Board to the Activities Committee of the Board of Directors. The changes also address changing the fiscal year to a April 1 to March 31 year rather than the current October 1 to September 30 year. I plan to have copies available at the Annual Council Meeting. If you'd like to get a copy of the bylaws or of the Annual Report, please give me a call.



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Allegheny Highland Trail Progresses

CSX Transportation has agreed to sell two stretches of abandoned railroad line that will become part of a Pittsburgh-to-Washington DC hiking and biking trail.

The 20 miles of railroad line make up the last two significant sections of the Allegheny Highlands Trail, a 40-mile recreational trail planned by the Trails-to-Trails Association in Somerset County.

"We've definitely reached a milestone," said Hank Parke, president of the association. "I don't think people have any idea how much time has gone into negotiating with the railroad."

Rails-to-Trails has agreed to pay \$141,000 for 262 acres of CSX property between the Maryland boarder and Meyersdale and \$59,319 for 188 acres between Meyersdale and Rockwood, county solicitor Kim Gibson said.

The deal includes the Meyersdale train station.

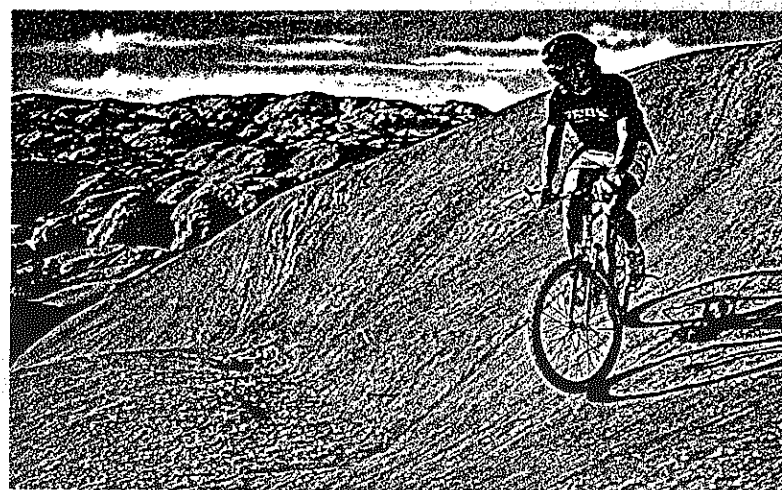
[From the 9/17/92 Tribune-Review]

"He is not only dull himself,
but the cause of dullness in others."

Samuel Foote

From James Boswell, Life of Johnson 1791, 1783

Take The High Road Off-Road.



For your convenience,
TRM has 2 locations:

703 Washington Road
2 miles north of South Hills
Village on Route 19
Mt. Lebanon

343-6885

Bill Green Shopping
Center
Across from Pool City
Pleasant Hills

653-6022

TREK USA
American Bicycle Technology

Outdoor Recreation Books

- ☐ Allegheny National Forest Hiking Guide describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) \$8.00
- ☐ AYH Outdoor Food Book contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 144 pages, 25 photos and illustrations. 1st Edition (1981) \$3.00
- ☐ Baker Trail Guide describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. 35th Anniversary Edition (1987) \$4.00
- ☐ Canoeing Guide to Western Pennsylvania and Northern West Virginia contains information of 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 480 pages, illustrated. Published by AYH. 8th Edition (1991) \$13.95
- ☐ Fifty Hikes in Western Pennsylvania by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. *Fifty Hikes* contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. Published by Backpacker Books. 1st Edition (1983) \$8.00
- ☐ Hiker's Guide to Laurel Highlands Trail describes the 70 miles of the Trail from Ohiopyle State Park to Conemaugh Gorge atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages, 24 pages of maps. New 4th Edition (1992) \$5.00
- ☐ Hiking Guide to Western Pennsylvania describes over 2,000 miles of hiking trails and dozens of other areas for hiking in and near western Pennsylvania. Published by AYH. 290 pages, 53 pages of maps, 47 photos. 5th Edition (1986) \$7.00
- ☐ Monongahela National Forest Hiking Guide describes more than 160 Forest Service trails in 1,350 square miles of the Mon National Forest - one of the best areas for hiking, backpacking and ski touring in this part of the country. Published by the West Virginia Conservancy. 320 pages, 60 maps, 39 photos. 5th Edition (1988) \$9.95
- ☐ Pennsylvania Hiking Trails describes more than 290 trails and hiking areas throughout Pennsylvania. Published by Keystone Trails Association. 224 pages, 94 maps. 10th Edition (1987) \$5.65
- ☐ Rachel Carson Trail Guide describes the Rachel Carson trail from North Park to Freeport in Allegheny County. Published by AYH. (1991) \$4.00

Travel Books

- International Hostel Handbooks A complete listing of the Hostelling International youth hostels with descriptions, prices, addresses, and phone numbers.
- ☐ Volume I Europe and the Mediterranean \$10.95
 - ☐ Volume II Asia, Africa, Americas, Pacific \$10.95

- Let's Go The famous series of books for the budget traveler published by Harvard Student Agencies.
- ☐ Let's Go Europe \$15.95
 - ☐ Let's Go USA \$15.95
 - ☐ Let's Go Britain \$14.95
 - ☐ Work, Study, Travel Abroad Comprehensive guide on traveling and especially working abroad through the CIEE. (1992-1993 Edition) \$12.95

Travel Accessories

- Sheet Sacks Used in place of sheets at youth hostels
- ☐ Cotton Sheet Sack Comfortable cotton blend \$13.00
- ☐ Nylon Sheet Sack Lightweight nylon \$12.00
- ☐ Advance Booking Voucher worth \$5 as deposit for reservation \$6.00
- ☐ Advance Booking Postcards Set of 10 \$1.00
- ☐ Hostel Stamp Book Use to record your hostel visits \$0.50
- ☐ Hostel Pass Cover Plastic cover for your membership card \$0.50
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AYH Memberships

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass and include book of discount coupons for U.S. hostels. Provides access to 5,000 Hostelling International hostels around the world. Includes free handbook of North American hostels and 12 month subscription to Pittsburgh Council newsletter.

- ☐ Adult \$25.00
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- ☐ Eurail Saverpass 15 days travel with 2/3 friends \$340.00

Ordering Information

Include 10% for postage (\$1 minimum). Pennsylvania residents must also include 6% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Cash or money orders required for Eurail Passes.

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The AYH office is open from 9 am to 2 pm on Mondays, Wednesdays, and Fridays, and from 12:30 to 5:30 pm on Tuesdays. Call 412-422-2282 for more information.

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Featured New Book:

Edible Wild Plants, Useful Herbs

Edible Wild Plants and Useful Herbs by Dr John Tomikel use illustrations and text to create a readable informative guide to the common plants found in North America. The 176 page paperback includes chapters on Poisonous Wild Plants; Edible Eater

Plants; Edible Shrubs and Trees; Edible Low Plants; Notes on Fungi and Lichens; and Useful Herbs and Some Opinions. This is Tomikel's third book on edible wild plants. Dr. Tomikel spent thirty years as professor of earth and environmental

sciences before retiring to become a full time outdoor writer and speaker. Available from Pittsburgh AYH for \$7.95 plus 48c for PA sales tax and \$1 for postage.

"The passion for seeking truth for truth's sake...can be kept alive only if we continue to seek truth for truth's sake."

Franz Boas

Sea Kayaking Basics

by Mark Mistrik

Sea-kayaks are the direct descendents of the Huntsman's boats or Eskimo Kayaks and are now gaining popularity as versatile recreational craft. Structurally, they are longer than whitewater kayaks and they incorporate more stable hull designs with keels for straighter tracking. Sea-kayaks are touring craft. You paddle them rather than relying on a river current for their motion, and proper paddling technique is a good form of low impact aerobic exercise. The club's sea-kayaks have been used in local flatwater rivers and lakes, swamps rich in wildlife, exploring coastlines on the Great Lakes, and ocean touring in the Atlantic from the Outer Banks of North Carolina to the seacoast of DownEast Maine. Autumn is a good time to try sea-kayaking. The boat and sprayskirt provide insulation to keep you warm even in cold weather and protect against the wind, water and waves. In cooler weather you will need layered clothing that

can be adjusted for comfort, an old pair of shoes that might get wet or muddy, a hat, sun lotion and sunglasses, raingear, a water bottle and lunch. A complete change of clothes and a towel should be double-wrapped in water-proof bags and brought along. Contact the trip leader about local conditions and details about the trip.

The Program: If you're interested in learning sea-kayaking, remember: easier trips are planned earlier in the season, then longer or more technical trips for later in the summer and autumn. Introductory trips are scheduled weekday evenings to small, local lakes where there is no destination, or group to keep up with. You can learn to paddle straight and efficiently, carve turns, brace or roll the kayaks at your own pace.

The last evening Intro trips will be offered in September. Two longer trips are planned for late summer: the Bruce Peninsula in the

Georgian Bay of Lake Huron in Ontario, Canada over an extended Labor Day weekend, and Lake Powell, Arizona at the end of the Grand Canyon, in late September. Here you can paddle flatwater at the bottom of deep canyons, under stone arches, and be surrounded by some of the best scenery in the Southwest. Lake Powell will be a combination of easy paddling, kayak camping, hiking and swimming out from the camp. The Georgian Bay trip is an intermediate-level trip into Thirty Thousand Islands and will involve some open water crossings and island-hopping (weather permitting).

Call if you're interested in any of these trips or want more information.

Classified

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels. (2)

For Sale: Sailboat "Bandit" 17' and trailer. Good condition. Cabin, wide 6 foot beam, roller jib. \$2500 Eileen 241-0421 (2)

Cargo van, 1984 Toyota, 108,000 miles, still gets 300 miles per tank, one owner, excellent service record, minor body work, runs very well: \$1,500.00 322-7207 day or eve. (2)

Kayak For sale: Red Perception Dancer Used under 10 times. Excellent condition. Air Bags Included. \$550 or best offer. Contact: Joyce or Al Kepner Work: 642-6900 Home: 444-0971. (1)

ADVERTISE! Classified ad space available for \$5 per month. Non-commercial ads for trips, travel, and outdoor equipment are free to AYH members. Ads normally are run for two consecutive months. Send your ad copy (preferably typed!) and AYH pass number to:

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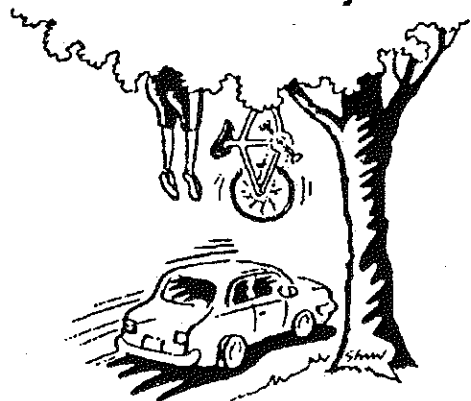
"My dear, I don't care what they do, so long as they don't do it in the street and frighten the horses."

Beatrice Stella Tanner Campbell
(Attributed)

Pittsburgh Council has a weekly Open House at its activities headquarters in Mellon Park, Shadyside. For information about this month's slide shows and Open House activities, see page 5.

Cycling Accident?

If you have suffered injury or damage in a cycling accident, contact our law offices to discuss your legal rights with a fellow cyclist.



Marc S. Reisman
Attorney at Law

412-456-2005
800-548-6267

There is no charge for legal services on injury claims unless benefits are obtained

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