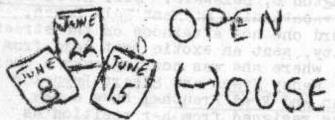


1961

June-July



June 1--A change in pace to start out the summer months. Fred Freuthal leads square dances, so get out your ginghams and denims and help usher in the first summer dance.

June 8--Jacek Jedruch, who spent four weeks this past winter vactioning in South America, shows his slides of the choice spots he covered. An excellent photographer, in Jacob; so this promises) be a colorful program.

Tune 15-The third Thussday is always reserved for just conversation. Come out and talk up a trip. Planned your vacation yet? See one of our group leaders for a good AYH experience.

June 22--A last-minute bottleneck prevented Marshall Stalley of the Western Pennsylvania Conservancy from speaking at one of our past meetings, but he assures us that nothing will prevent him this time.

Walt Williams tells all regarding the subject. Grab fifty feet of rope and latch on to any peak.

July -- With a fresh batch of folkdance records, Hugh Gilmour leads the dance sessions. Feature of the evening will be the German Laendler. AYH OFFERSTRAVEL

Canada...Colorado....Maryland...
Pennsylvania...Michlgan

The big news this month is the summer extended trips, planned by the Pittsburgh Council and offering something for everybody regardless of your outdoor interests. The trips range from one week to two weeks, from hiking to cycling to canoeing, from \$17.50 to \$100.00 in price.

July 1-9. Here is a one-week trip designed for the canoeist who yearns for the remote beyond. Head north, at least two hundred miles beyond Toronto, Canada and then paddle, swim, relax. Fish and then breakfast on what you've caught. Forget those back-breaking details that sometimes spoil a vactor, and put all of your worries in the hands of Ed Coleman who will arrange everything. Eventually you'll find yourself in one of his stereo slide programs.

July1-9. For those of you who prefer a week of hiking with pack through one of the most picturesque areas in the country, Betty Bierer's hiking trip is possibly your enswer to a summer's relaxation. You'll start in Washington, D.C. and hike through Maryland, along the Chesapeake and Ohio Canal.

July 23-August 6. Here is a campinghiking trip designed for those with more time and money to spend. Our western Rockies are always a challenge



Last month's page 2 feature on "old friends" proved to be the "shot-in the-arm" we hoped it would be. Some of our old friends came out to a few of the open house programs; we received a few postcards from members with whom we had almost lost contact; several of our busy new members led down their hair and revealed they were the colorful personalities we suspected them of being all along. We became so sophisticated that we borrowed our new title from PUNCH magazine, thinking it appropriate for such a motley bunch as we are.

Wedding bells rangthese last few weeks for Joan Schewe and Ken Dishert, now living at 106 D Martin Lane, Wilmington 6, Delaware. Bill Kovelkovich married Helen Marsky. Rhonda Newcome, vacationing at West Palm Beach, Florida, rubbed elbows with Peter Lawford one hot afternoon on the street. Kate Gaudio, now working in New York City, sent an exotic post card from the island of Nevis in the West Indies, where she was cooking over a charcoal fire, and not camping out either. Nancy Evans and Stuart Reynolds are aiming at an August wedding. Marian and Fred Freuthal have a new addition to the family. Diane Dimon has resigned from her position as head of props at the Pittsburgh Playhouse to enter Yale Graduate School. She'll be working this summer at the Music Tent at Cohasset, Mass.

Wesley Bunnelle, who is credited with arranging the first anniversary banquet for AYH, breezed into town from California, and Bruce and June Mertitt entertained him with delectable goodies and additional friends. This affair really dragged out some early AYH ers: Rey and Esther Tucker, Arthur and Martha Ellis, Joe and Adelaide Edelstein, Ray and Eleanor Moore, John Crable, Dorothy Phillippi, Jo Martin, W.D.Myers, Welt and Betty Williams.

"KEEP THE GOLDEN TRIANCLE COMING!" wrote Ronald Renjamin, now a student at medical school; and temporarily inactive. Even an experienced, inactive member like Tom Bryson, came through and purchased a pess.

Lerry Cohen has moved his collection of folk dance records, skiis, and worldly bric-a-brac back home, and almost weakened lest week in rejoining the group. John Dolan, the naturalist who made Helen Van Wyck's nature hike so stimulating, plans a summer trip to Trinidad, looking for poisonous snakes. Virginia Steele, who intends to do genealogical research in Virginia, poring over old gravestones, spent a year in Japan, working in a Quaker camp for mentally retarded children.

Lyman Moore, National's vice-president, visited the local area on March 23 and conferred with Lloyd Geertz on the hostel situation here.

Meir Menes breezed into town over the Easter holiday. At one of the crowded Thursday night folk dance sessions, an exuberant bystander turned out to be Tony Prenses, National president of AYH. Eleanore Hawley has been named service chairman and Ellen Cook, chairman of the speaker's bureau. Liz Saffer has moved: 4735 Maripoe Street, Pgh.13.

Don Fisher, who is leading the hiking, camping trip to Rocky Mt. National Park this summer, showed slides of the area a few weeks ago. A highlight of the program was the guessing game he played, showing a few choice slides and letting the audience identify the locale.

Enjoy your summer, then tell us what you did! Hush, Gilmon

EXTENDED TRIPS (cont. from page 1)

to anyone who delights in merely marveling at their splendor. You'll camp out for two weeks, hiking up new trails each day. You'll dine sumptuously, for the leader, Don Fisher, is a gournet! Sleep on pine needles, swim in clear mountain streams and come back to work completely refreshed. Rocky Mountain National Park, Colorado is calling!

August 12-27. Isle Royal, Michigan is the setting for a two-week camping and hiking trip. Get off to a good start with a three-hour boat trip across Lake Superior. The island offersis visiting some of the cities and hiking, swimming, fishing and explor-Ruins of old copper mines offer something new. The Moose have loved this area for years, so who are we to ispute. Don Woodland is the leader.

August 19-27. Cyclists have not been forgotten with this one-week trip in Eastern Pennsylvania through quaint Pennsylvania-Dutch Country. You'll stay in hostels along the Horseshoe Trail, visit the Hershey Candy Plant, shop at the Farmer's Market in Lancaster, and roam the area at Valley Forge. Here again, there will be time trip to the U.S., but he greductes for relaxation such as swimming and horseback riding. Joan Heike promises vienna. a rewarding time.

All of the extended trips are geared o the low budget. By traveling with a group, food costs are shared and be traveling with expert leaders and jovial company. Mr. Cook's could do no better!

You may contact the leaders at the

following phone numbers:

Ed Coleman MU 2-9786 Betty Bierer MU 1-6870

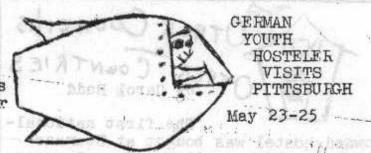
PO 1-0811 (days) Don Fisher

Don Woodland LO 3-5419

Joan Heike FI 1-6147



The following canoe rates have some into effect for the summer months: Member (per day)still water\$2.50 Non-member The above rates are for each canoe. Member--white water \$3.00 Ton mombon

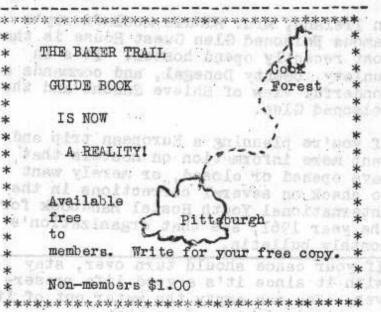


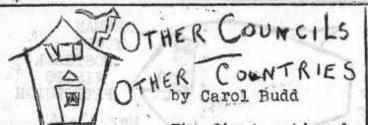
"It is almost like being home again!" said Walter Grosse, German youth hosteler, as he summed up his three-day visit to Pittsburgh Council.

Soon to lead a coast-to-coast "rollig youth-hostel" national trip, Walter historic spots that he will not see on his summer trip. He is here in th United States on a scholarship training program in AYH leadership.

Hailing from Saarbrucken, and the grand-nephew of Richard Schirrmann who founded the Mouth Hostel movement in Europe, Walter has been cycling, camping and skiing since he was 13. He first visited the United States in 1957, taking back with him a hostel tour group which he led in Europe He hopes this will not be his last this fall from the University of "It is inevitable that I will then take one of those jobs that give me only a two-week vacation eah year."

He further informed us that Pittsburh transportation easily arranged. You'lladopted Saarbrucken as a sister town several years. Both are steel industrial towns, though Pittsburgh is much larger.





The first nationally owned hostel was bought at Bowmans-Ville, Pa. AYH president, Tony Pranses, says, "We have committed ourselves to the fact that hostels can pay for themselves.

The chairman of the sponsoring committee for the New York World's Fair, 1964-65 has invited AYH to attend a conference to discuss possible participation in the Hall of Education.

The Chicago Council reports this trip to be strictly unsponsored (wonder why?): Hike at Omigoshbigoshmigosh State Park. We will be exploring the new state parks near Dismal Seepage, just commissioned last May. Omigoshbygoshmigosh is historically known for the vast numbers of people who have become lost in the bog. There is a labyrinth of trails, so bring your string and survival kit, and make out your will. (Who, in Chicago, has the macabre sense of humor?)

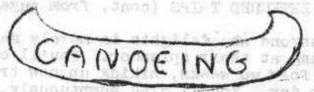
Do you desire to live dangerously? A guidebook informs us that England's Wilderhope Manor is a ghost-equipped youth hostel.

On the Aegean island of Ios, 180 kms from Greece, a new hostel has opened. It's a comfortable building, five minutes walk from the sea. Boats sail from Athens four times a week.

In Ireland, Mrs. Biddie McClafferty's famous Poisoned Glen Guest House is the most recently opend hostel. It's in Dunlevy, County Donegal, and commands a wonderful view of Shieve Snacht and the Poisoned Glen.

If you're planning a European trip and want more information on hostels that have opened or closed, or merely want to check on several corrections in the International Youth Hostel Handbook for the year 1961, see that organization's monthly bulletin.

If your canoe should turn over, stay with it since it's a good life preserver. You can empty the water out of it Keep in mind that the canoe is one of



Do you have the urge to canoe? group has several experienced canceists and if you can swim, you're eligible to come along.

So far this spring, there have been several planned trips. Five canoes explored Buffalo Creek, out it was a lit. tle low, and L. Gilbert's canoe acquire a hole in the side. You've probably seen the Pgh. Press account of the time we paddled down Mahoning Creek and realized the car was waiting on enother stream. The moral to that is.....

Would you like to learn the basic ski of canceing? Come along on the adven turous escapade that Tom Gabor will be leading on the Conemaugh River, down through Chestnut Ridge.

1. Pick a paddle that reaches your chin if you're going to be in the bow (front of the cance. The stern paddle should reach your eyes or the top of your head The sternman is responsible for a majo: portion of the steering.

2. When packing, tie everything down, with no loose straps where your feet will be. In case of an upset, you don' want to take your duffle bag with you. In white water, place the weight well forward, unless you're directly down wind. (Weight includes you.) If there a heavy wind, distribute weight evenly to keep the cance down and out of wind 3. In entering, graps the sides(gunnel: to steady it. Position of paddling is down on your knees in the bottom of the boat. If there are two of you, paddle on opposite sides to facilitate going in a straight line.

STROKES You'll need to learn cruicies, turning and jam, or stopping strokes. Use the lower hand on the paddle as a fulcrum, and this arm is straight most of the t: time. Use the shoulder muscles to prevent swaying. To turn, push the paddle either toward the canoe or outward. The experts also talk about sculling and sweeping, but let's not get into that Wait till we get into a can on paper.

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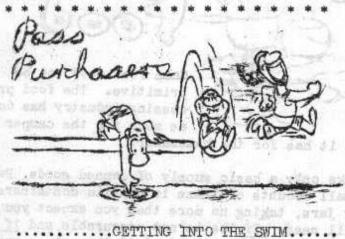
* The GOLDEN TRIANGLE is published by the * Pittaburgh Council of the American * * Youth Hostels, Inc., 6300 Fifth Avenue* * Pittsburgh 32, Pa.

Contributors— Carole Budd *

Helen Van Wyck *

Fran Czapiewski *

Published somewhat casually, subscrip-*
tions and literary attempts are wel- *
comed.



Howard Morris

Oakmont Girl Scout Troop #283

John Riccio Dr. Leslie Falk and Family John Matthews John S. Rosenson Tom GaBor Gloria Fisher Betty L. Girts Gretchen Highberger Victor Sorokin John Bowker Fred Monks Pat Vaughan Helen Van Wyke Dan Paransky of the short of the Walter Urling Marie Mattha Garret William Wilson Mark Enns and Family Emma Schulte Warner A. Gallagher Marian Osterweis Susan Weber Leaman Gilbert Vickie Sowal

Lolly Sandoval Jean Greenberg

Jean Barr Homer R. Allen & Family Mary Edmonds Richard Tito

Herberta Lundegren

Wm. H. Booz

HOSTELING IS THE "PROPER" THING!

"It is a wonderful and very cheap way to see Europe or the United States," quotes Amy Vanderbilt in a recent column in the Pittsburgh Press.

This was in response to a letter from a sixteen year-old girl and her "about forty" year-old aunt who wondered if they were too young or too old for hosteling. Mentioning the minimum age for youths and the never-too-old age for adults, Miss Vanderbilt was quite approving in her recommendation to the young girl.

She recalled seeing whole families traveling as hostelers in Ireland, Denmark, Sweden, Germany and the British Isles.

"I myself have visited many Youth Hostels abroad and stayed at one of the most famous, a sailing ship, the Af Chapman, in Stockholm: It is so popular among hostelers from all countries that a stay is limited to five days."

Miss Vanderbilt is presently carrying on a campaign against the trend of women's pointed shoes Her pamphlet, "Humane Shoes" is available to the public.

It is our belief that Miss Vanderbilt would make an enthusiastic hiker and—Attention: National AYH Office—might be prevailed upon to grace our advisory board.

HOUSE BILL #560 "SIGN-ERY VERSUS SCENERY"
IS PASSED BY THE ST TE LEGISLATURE

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The bill provides for a banning of signboards within 660 feet of the road except in city and borough commercial zones. Any violation of the law would exact a penalty of \$100 fine or a 30-day jail term. It would also permit Pennsylvaria to conform to the new federal standard for Interstate highways through billboard control, thereby becoming eligible for a bonus of an estimated six-million dollar Federal bonus granted to state, willing to prohibit advertising eyesores on interstate highways.

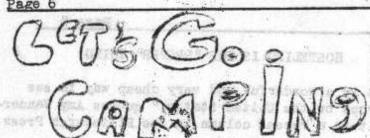
This is a matter of safety as well as roadside cluttering. Distracting commercial signs should not be permitted along highways to draw the attention of drivers or cause confusion by competing with directional highway signs.

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dish towels

plastic bean (for everything) han sorepan

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fore Americans are discovering the joys of campavery year, and more hostelers are finding out that a weekend camping trip is quite often the enswer to the so-called "age of anxiety." But camping, like any other sport, is best enjoyed when it is approached with some knowledge of its problems and rewards. This month we shall attempt to give some space to what is rapidly becoming a family sport.

he state parks, the lakes and the shores, and re amazed to find it so much easier than they spected it would be. New modern equipment has liminated the messiness of yesterday, has intred good meals and has given everybody time to njoy a sesome, inexpensive vacation. Some we deployed the need for carting so much along a camping trip, but then camping, like war, ffers something for everyone.

atever equipment is taken should be tested and even a dry run so that you are sure that every-hing works and you know how to use it. Our amping weekends are excellent preparations for eek-long trips.

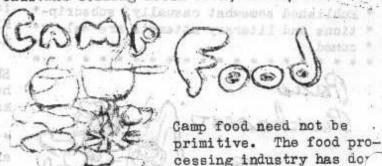
ere are some basic items worth considering: 1) A good tent-small or large, depending on the eeds of the individual or group. Nothing is ore discouraging to a novice than a wet-week. (2) A sleeping bag-your income will decide its ost and they can be purchased from \$10.00 up. on warm nights, a few army blankets can suffice. (3) A tarp or poncho-this will keep the ground dampness from becoming a problem. Plastic sheet can also double as a table cloth. (4) An air mattress -- for those who demand comfort this is your solution. Don't forget an air pump. (5) A one or two-burner stove just in case it might rain and a camp fire might prove difficult (6)A food cooler for keeping meat, butter, fresh vegetables. Nearby stream can be used. The "small" things

an axe canteen shovel rope

compass water bag first aidktt
flashlight batteries folding grill
aluminum foil toilet tissue or kleenex soap
plastic bags (for everything) pan scraper
insect repellant paper plates or tin foil left
over dishes from TV dinners dish towels

An old bucket with holes punched in at the bottom sides makes a good fire and also concentrates the heat on the pot resting on top. Stop at roadside restaurants and procure a #10 can or two which makes an excellent cooking utensil. You needn't soap its bottom and it can be discarded (but not at the camping grounds).

DON'T TAKE TOO MUCH FOOD. Fresh food can be replenished along the way. There's always a roadstand selling fresh corn, fruit, etc.



as it has for the homemaker.

Take only a basic supply of canned goods. Pack small amounts of items in plastic containers or jars, taking no more than you expect you will need. If ice is not procurable and if you have no ice cooler and if there is a nearby stream—a mesh bag or canvas sack is handy for cooling foods in streams.

as much for the camper

The Wesson Oil Company suggests that all gegetables can be cooked in aluminum foil in the open fire. Add a teaspoonful of cooking oil to each portion, wrap securely and cook. I've even baked apples this way. (minus the oil).

Here are some foods that travel well:
(1)Canned meats—ham, tuna (for salad), weiners
(2)Canned vegetables—tomatoes, peas, corn,
string beans, sauer kraut, hash, spaghetti, etc.
(3)Dried fruits—raisins, apricots, figs, date.
(4)Instant foods—mashed potatoes, coffee,
soups, breakfast foods, salad dressings, pream
(5)Pick—up foods along the way—bread, milk,
fresh fruits, vegetables, meats, eggs, butter.

DON'T take or try to keep frozen foods or fruit juices. Don't forget condiments such as salt, pepper, pickles, mustard, relish, etc. Cookies, crackers, pancake mix, fruit drops, peanuts, marshmallows, and sugar make that camping ground a home away from home.



"Take nothing but pictures; Leave nothing but footprints, and don't pet a bear unless it's a rug."

Whether you are packing the trunk of the car or your own suitcase or knapsack, keep in mind that the big things which you may not need until you reach camp go in first, on the bottom, Pack similar items together and mark the cartons.

Take few clothes with you. Most of the clothes you take need not be packed quite so carefully. Much can be put in duffle bags. Roll sweaters, flannel shirts, skirts and trousers. Take clothing that can be doubled in regard to wardrobe. Bathing suits and towels can also be rolled. Shorts and slacks are handy. For dress-up Sundays at church, take Dacron blouses and shirts that are washable and drip-dry.

Keep toilet articles down to a minimum as well as jewelry. Wear a light pair of shoes nd carry your hiking boots. Extra socks chould be carried. I try to carry an extra pair of socks on any hike; merely changing socks brings relief to the feet.

Know the difference between campsites and campgrounds. A campground usually contains typical home improvements such as piped water, sanitary facilities, cooking spots and often even wooden floors for tents. A campsite is merely any spot suitable for setting up a tent or throwing down a sleep ng bag. On most road maps, these are marked by a small green fir tree symbol.

In pitching your tent, consider the pretailing wind and sea breezes, if you are at the shore. Try to locate your tent so as to take advantage of the breeze. If it is too windy, don't pitch your tent on the sheltered side of a dusty road...

A shallow ditch around the tent will keep rain water from running in. On muddy days take your shoes off before entering tent. Always gather enough firewood during a dry day and stack it in a dry place in case it lantern before it gets dark. Be sure food is well-covered and safe from animals.

Pamember to put the fire out ALWAYS. Douse Rest a short while before eating lunch and then the fire with water, turn the hot embers, down.

HEALTH

Good camp health is purely a matter of acrichfing food, proper drinking water, clean camps, adequate sleep and rest, a certain amount of exercise and relaxation ... and a positive view toward the whole situation. A recent study reveals that approximately half cf all illnesses in camps are colds and stomach upsets. Also on the list are skin, eye and ear infections. So... guard especially against a possible occurance of these ailments.

A first-aid kit is a must for every camping pack. If you are planning to lead a trip, it might be wise to take a credited course given b the American Red Cross. In summer, you should be prepared to treat insect bites, bee stings; sunburns, cuts, andabrasions; in winter, frostbite is a possible problem.

At any season, you may have blisters (especially on the feet) and sprains. Colds and stomach upsets are frequent, but their treatment is scarcely first

Campers should be able to recognize poison ivy and poison sumac and avoid contact with and all years to that I wab-no

During a thunderstonm, it is not wise to cluster under a lone tree or under a very h pl tree, as such trees are most likely to be strucby lightning.

A note to the "individualist." Remember it is both wise and courteous to tell someone at the camp where ; u are going. It is safer to hike in groups of three or more persons.

Never try racing up the mountain. Start early enough so that you will not be hurried. When climbing rocks, keep your eyes open for those that are loose or wet. Above all, learn your own capabilities and when exhausted, have the common sends to stop and rest.

Carry an extra pair of sorks. If you cannot should rain that night. Light at least one bathe your feet during a hike, merely changing your socks can make you feel ready to conquer -Mt. Everest.

relax for a half-hour before starting on again douse again, cover ashes with dirt, tamp it after you have eaten. REMEMBER...you meant to enjoy your camping trip; don't let illness or any ailment spoil it for you.

WHAT EVERY GOOD HOSTELER SHOULD KNOW! by Helen Van Wyk

Now that the Pittsburgh Council has acquired the new Bittenger Hostel in Maryland, it seems appropriate to review the basic rules of good hosteling conduct, and what kind of accommodation one can expect to find. halactions. So. . marches

Most hostels will provide blankets, mattresses, separate sleeping dorms, bookit ing utensils, stove, fuel, refrigerator and common kitchen. The hosteler will have to bring: a sheet sleeping sack or sleeping bag, mess kit, eating utensils and AYH pass.

Each hostel is in charge of houseparents. Hostelers make reservations and arrive between 4 and 8 P.M. Sometimes houseparents will let you stay without reservations, if they have an extra cot.

HEMEOBER THE GOLDEN RULE. Lights go out by 10 P.M. and that makes sense, for most people are glad to hit the sack early after an active day outdoors. deadline for departure is 9:30 A.M., and the earlier you leave, the more time you will have for a day's enjoyment.

A three-day limit of stay is customary. If hostel facilities are used between 9:30 and 4 P.M., a 25dday fee is added. However, if you are staying more than one day and have stowed away your gear neatly, and leave the hostel to explore the nearby countryside, then no day fee is charged.

Hostelers buy and cook their own food, the aim being to pool funds and talents and thus make it as inexpensive as possible. Hostelers always clean up after tehmselves, leaving kitchen facilities and sleeping area spic and span for the next traveler.

Due to possible fire haza ds, no sm ing is permitted in hostels, and of course, drinking is not compatible with the spirit of hosteling.

ONE FINAL WORD ... you arrive under your own steam, whether you hike, cycle, ski, cance or crawl. Hostels are not open to hitch-hikers, motorists or motorevelists. For stack intit animal may young

ROADMANSHIP. (How to Stay Alive on a Bike).

There is nothing that gives the motoring public a worse impression of our sport than to come on a group of cyclists who are wandering all over the rord. If our sport is to survive we must develop ROADFANSHIP, both for our own safety and our good name.

First, you must train yourself to drive ST. AICHT. It sounds easy, and yet it is the most frequently violated rule of the road.

Second, you must keep your bibycle in GOOD condition.

Here are some specific hints for those bent (no pun intended) on developing ROADMANSHIP.

1. Obey ell treffic signs, the same as any motorist.

2. When cycling on a street or highway, always keep to the right side of the rord. Where there is considerable traffic, ride single file and when not, two abreast.

3. If you have to cycle after dark, he sure you have a headlight and rear reflector (tail light better yet). Also try to wear a light-colored jacket, sweater or blouse.

4. Keep your tires properly inflated, so as to minimize wear and reduce the likeliness of punctures.

5. When you take a trip, make sure that at least one person carries a too kit, spere tire end tube.

6. Meke certain your luggage is fastened on securely, so it doesn't fall off in the middle of the road or throw you off belence by coming loose.

7. If it's a hot day or you are cycling against a stron wind, take your time, rest frequently, and woold expos ing yourself too much to the sun.

8. If there are any new cyclists on the trip, try to set the pace to accommodate the slowest member. REMEMBER -- the fun of cyclin

is seeing things along the way, not in seeing how far

you can get.

Saturday: June 3-- Canoe trip down the Conemaugh and Kiskiminetas Rivers From Tunnelton to Salina Bring your lunch and about \$3.50 Fd Coleman

Saturday, June 3 -- Canoe trip down the Conemaugh and Kiskiminetas Rivers from Tunnelton to Salina. Bring your lunch and about \$3.50. Ed Coleman is the leader of the trip; one of our versatile summer trip leaders, beading for Algonouin Perk suits soon.

heading for Algonquin Park quite soon; Call MU 2-9786.

Saturday, June 3--Come cycling through the cool lanes of Bradford Woods with Rhonda Newcomer. For those who have their own bikes, the cost is 75%; those wishing to rent a bike may pay an additional \$1.50. Free picnic lunch. Hurry and reserve by calling PE 1-4199. Depart from headquarters at 8:30.

Sunday, June 4--Harry Rhule leads an invigorating hike along the Baker Trail from North Freedom to Phoenix. Tote your own lunch and bring at least \$2.00 with you, ready to depart at 7:30. Call CH 2-3675.

Saturday, June 10--Another joint weekend trip with the Columbus Council at Lake Pymatuning. Camp out offers, in addition to the outdoor cooking, canoeing, swimming, hiking, etc. Depart either Friday evening or Saturday morning, returning Sunday evening. Reserve with veteran campfire boy, Armand Panson et MU 2-1054.

Sunday, June 11--Cycle the Red Belt north of Pittsburgh with Bob Snelsire. Not cuite as grueling as the Orange Belt a few years back, but still a leg loosener-upper! Bring lunch and a mere 25%. Call FO 6-0360.

Friday, June 16--Weekend cycle trip. Drive to Gettysburg and spend the time rambling through the battlefields; Winifred Roensch's offering to the Civil War centennial includes overnight stay near Gettysburg, returning Sunday evening. Reserve in advance. Cost about \$10.00. EM 2-5533.

Saturday, June 17--One of those white-water and rock-dodging trips on the Youghigheny River from Confluence to Chiopyle. Be sure to bring extra clothes and lunch. Cost about 34.75 includes cance rental. Reserve with Council president, Lloyd Geertz. Leave 8:00 A.M. DR 2-6053.

Sunday, June 18--Fred Freuthal leads a pleasant hike on Chestnut Ridge near St. Boniface. Old logging roads lead to fire tower. Depart at 10 AM Bring lunch. Cost \$1.50. Call JA 1-5765.

Saturday, June 24--Another hike through lovely Fox Chapel led by Eleanor Hawley. Depart at 9:30 A.M. with lunch and about \$1.00 Call PE 1-0321.

Sunday, June 25--Veteran cyclist, Fran Czapiewski, leads a cycle trip through flowery countryside on the road to Prosperity. Retrace last year's popular trip. Load bikes at 8:00 A.M., depart at 8:30 A.M. with lunch and about \$1.00. Call Francie at MA 1-8970.

Sunday, June 25--Downtown swimming party. Another first with AYH! Float downstream with Tom Gabor and the current. Good swimmers only. Depart at 8:30 A.M. with lunch, sneakers, swim suit and \$1.50 in water-proof bag. Call Tom at CH 2-8229. Reserve early.

COMING UP SOON! Another weekend at the Bittenger Hostel. Join up, pick up your pass, stay overnight, have the time of your life!