

Member: Pittsburgh Convention & Visitors Bureau.

DATED MATERIAL
ADDRESS CORRECTION REQUESTED
RETURN POSTAGE GUARANTEED

PLATT, JOEL
LIFE
1632 DENNISTON AVE.
PITTSBURGH, PA 15217

Non-Profit
U.S. Postage Paid
PERMIT #127
PGH PA

Pittsburgh Council
AMERICAN YOUTH HOSTELS
6300 Fifth Ave.
Pgh. PA 15232

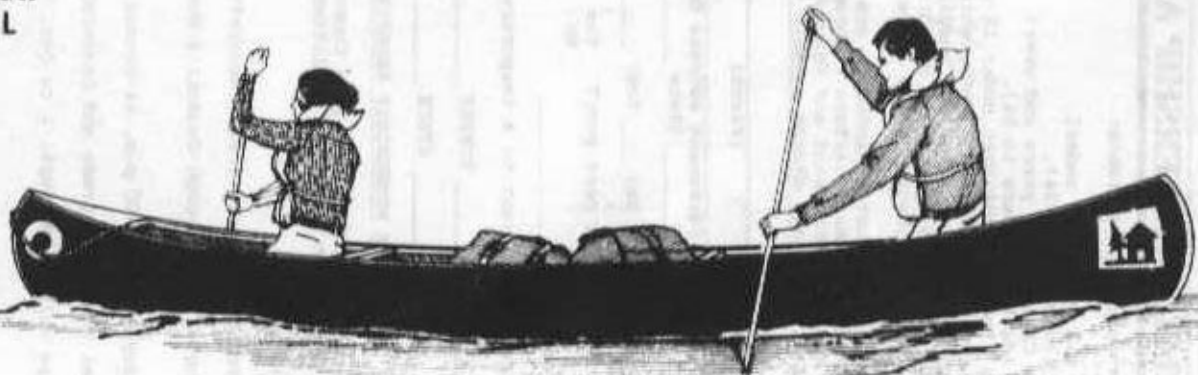
Golden Triangle

Sept. 1988

Vol 39 No 9



PITTSBURGH
COUNCIL





AMERICAN YOUTH HOSTELS INC.
PITTSBURGH COUNCIL
6300 FIFTH AVE.
PITTSBURGH, PA 15232

OFFICIAL MEMBERSHIP APPLICATION

Amount and Membership Types Available:

- \$ 10.00 Youth (17 years and under).
 - \$ 20.00 Adult (18 years to 54).
 - \$ 10.00 Senior Citizen (55 years and over).
 - \$ 30.00 2 Yr. Adult (18 years to 54).
 - \$ 30.00 Family (includes children under 18 years).
 - \$200.00 Life (Individual lifetime membership).
 - \$ 18.00 Foreign Nationals (Including Canadians).
 - \$ 1.00 Postage (for each Membership or International Handbook ordered).
- You can save postage by purchasing these items at our Open House Meetings)

NOTE: International Hostel Handbooks are available for \$ 8.00 each at Pittsburgh Council Headquarters (Thursday nights 8-10 PM) Volume I (Europe and the Mediterranean) and Volume II (Africa, America, Asia and Australia). Make all checks payable to "Pittsburgh AYH"

NAME: (Last) _____ (First) _____ (Middle) _____
STREET: _____
CITY: _____ State _____ Zip Code _____
BIRTHDATE: Month _____ Day _____ Year _____ Phone # _____
Were you a member of AYH this past year? Yes _____ No _____
When do you need card? _____ (Signature of Applicant) _____
If you wish Membership Card sent to a temporary address, give same below:
CARE OF: _____ STREET _____ STATE _____ ZIP CODE _____
CITY: _____

AYH MEMBERSHIP BENEFITS:

International Hostel Membership Card plus Council I.D. Card good for discounts at local bike shops and outfitters.

J.S.A. Hostel Handbook.

"The Knapsack", National A.Y.H. Travel Newsletter.

"The Golden Triangle", Pittsburgh Council's Newsletter of Trips and Activities.

Open House Thursday nights 8:00 p.m. at Council Headquarters.

Access to National travel programs and Leadership Training Courses.

(NOTE: Memberships valid from Sept. 1 to Dec. 31 of the following year.)



AMERICAN YOUTH HOSTELS, INC.
Pittsburgh Council
6300 Fifth Ave.
Pittsburgh, PA 15212

ACTIVITIES MEMBERSHIP APPLICATION

Membership Types Available: (does not provide access to AYH hostels)

- ☐ \$ 5.00 Youth (17 years and under)
- ☐ \$ 5.00 Senior Citizen (55 years and over)
- ☐ \$ 10.00 Adult (18 years to 54)
- ☐ \$ 15.00 Family (includes children under 18 years)
- ☐ \$ 1.00 Postage and Handling (for each membership ordered)

Note: A full AYH membership or a hostel guest membership is required for access to AYH and international hostels. An AYH membership also includes the current U.S. Hostel Handbook.

Make all checks payable to "Pittsburgh AYH" (include \$1.00 postage). Thank you!

NAME: (Last) _____ (First) _____ (Middle) _____

STREET: _____

CITY: _____ STATE: _____ ZIP: _____

BIRTHDATE: Month _____ Day _____ Year _____ PHONE: _____

Were you a full member of AYH this past year? Yes _____ No _____

SIGNATURE: _____

Pittsburgh AYH Activities Membership Benefits

Council Membership Card good for discounts at local bike shops and outfitters.
Ability to upgrade to full hostel membership at any time for difference in fee.
Access to local Pittsburgh AYH trips without paying non-member fees.
The Knapsack, National A.Y.H. Travel Newsletter, available at council headquarters.
Ability to qualify to lead Pittsburgh Council trips.
The Golden Triangle, Pittsburgh's monthly newsletter of trips and activities.
Open House Thursday nights 8:00 p.m. at Council Headquarters.
Access to National travel programs and Leadership Training Courses.

(Note: Memberships valid from Sept. 1st to Dec 31st of the following year. All candidates for the Pittsburgh Council Activities Board or Board of Directors must hold full AYH memberships to qualify for these positions.)

You've got a friend in Pennsylvania

THE GOLDEN TRIANGLE

Pittsburgh Council American Youth Hostels, Inc.

6300 Fifth Avenue ■ Pittsburgh PA ■ 15232

Pittsburgh Council of American Youth Hostels is a non-profit, volunteer organization dedicated to hostelling, outdoor education and self-powered recreation. We have many activities. The council has some rental equipment available for use on council trips. A full range of skill levels are offered, and we also offer courses in our activities so that everyone may upgrade their skills. Pittsburgh Council AYH maintains about 200 miles of trails in western Pennsylvania, writes and publishes several guides for people interested in outdoor activities and maintains the Ohiopyle State Park Youth Hostel.

Our headquarters is located near the corner of Fifth and Shady Avenues in Mellon Park. We are nestled between the Pittsburgh Center for the Arts and the Pittsburgh Civic Garden Center. Meetings are held every Thursday evening. The building opens at about 8 pm and the program starts around 8:15. Weekly trip announcements are made immediately following the program. Thursday evenings are the only time when you can be sure that a real person will answer the phone. A machine will answer at all other times; leave your name and address and you will receive a response to your message.

Pittsburgh Council AYH trips are listed in this issue. AYH trips are led by competent people who volunteer their time and receive no financial reimbursement. If you'd like to go on an AYH trip, carefully peruse the trip calendar, then look under the activity notes, where you may find more information. After you have read over everything call the trip leader to reserve space on a trip.

Talk things over with the trip leader. Find out what you need to bring; ask where you'll be going. How late will you get back? What is all this going to cost you? AYH trip registration runs 75¢ per day for members, \$2.25 for non-members. You are expected to bring enough money with you to cover car-pool, registration, equipment and any other expense (we often stop at a restaurant on the way home).

Trips listed are open to the public; AYH members are given priority. Trip costs include transportation, rentals, and a 75¢ registration fee. IN ADDITION, non-members are charged \$1.50 per day, which may be deducted from the cost of membership when joining AYH. The registration fee also covers insurance (\$1000 medical/\$1000 accidental death or dismemberment).

AYH PROGRAMS FOR SEPTEMBER

- Sept. 1 To be announced.
Sept. 8 Introduction to Aquatic Adventures by Brian Molk and Barbara Navarro
Sept. 15 A Tour of Cities of the Soviet Union by Cathryn Megella
Sept. 22 Our Summer Vacation in Switzerland by Fred and Chris Parker
Sept. 29 Steve Conlon and "Above the Clouds Trekking" presents The Many Faces of Nepal

PADDLING EQUIPMENT FOR SALE

The AYH kayaking program is currently selling some used equipment. Remaining for sale is one Norse kayak paddle, several kayak split flotation bags, and several nylon spray skirts. The prices for these items will be based on their condition. Call Lou Conley at 681-8321 for more details.

WIND & WATER BOAT WORKS

**WESTERN PENNSYLVANIA'S LARGEST
OUTFITTER FOR SAILING, ROWING,
AND PADDLING ENTHUSIASTS!**

SAILBOATS ... Six Manufacturers
CANOES ... Over 30 In Stock
SAIL BOARDS ... O'Brien and New Wave
ROWING SHELLS & KAYAKS

CUSTOM SERVICE!

- EQUIPMENT INSTALLATION
- FIBERGLASS REPAIR
- BOTTOM PAINTING & RIGGING

PLUS...

WETSUITS, SAILING
CLOTHES, FOUL WEATHER
GEAR, BOOKS & VIDEOS.

Financing
Available

**WIND
&
WATER**

ROUTE 8 586-2030

11 Miles North of Turnpike
6 Miles South of Butler



Still haven't taken that summer vacation? Try an exciting WORLD ADVENTURE trip with AYH this fall or winter.

Enjoy the crisp air and spectacular color of Autumn in New England or New York's Finger Lakes. See Europe after the summer crowds have left. Leave the snow and cold of winter and bask in the sun in Mexico, Florida, Jamaica or the Mediterranean coast. Greet the New Year in Mexico City, Rome, or Lima.

AYH offers 19 different WORLD ADVENTURE itineraries throughout the fall and winter for travelers of all ages -- including special trips for persons 50+! AYH WORLD ADVENTURE trips feature small groups (usually 10, including the trip leader), flexible itineraries and the special camaraderie of travelers who share similar interests.

Send Pgh AYH four (4) 25¢ stamps and we'll send you the WORLD ADVENTURE catalogue, or pick one up at headquarters on a Thursday evening.

Bikes and more...

at

Baker's Bicycle Centers, Inc.

SCHWINN

10 speeds & Mountain Bikes

BMX Bikes: EV-Schwinn Redline GT, Dync Diamond Back, Cyclecraft

- Complete BMX Pro Service
- Largest stock of Pro equipment in Pittsburgh
- Skateboarding, BMX & Freestyle

— 4.8 in. frame —

Schwinn exercise & training equipment

Sunbaster Performance Sports Apparel
Nike Cycling Clothing & Cycling Shoes

Bakers Bicycle Center, Inc.

2885 W. Liberty Avenue
Pittsburgh, PA 15216
343-4226
Let us show you the way!



5270 Liberty Road
Pittsburgh, PA 15206
854-2440
Let us show you the way!

VOLLEYBALL!*

September is back to school time! But it isn't all bad because it means we move indoors for volleyball in Allderdice High School at the corner of Shady and Forward Avenues. It means we will concentrate on teaching, so this is a good time for beginners to give volleyball a try. See the trips calendar for the schedule. For more information, call Joel Platt at 421-4446 (day), 521-5244 (evening).

Changes to Pittsburgh Council: You've been seeing articles in the last few issues of the newsletter regarding the CANDO program. This has been an evaluation of the Council with the assistance of the national AYH office. The Board of Directors is still evaluating the report, but has already begun to take actions based on some of its recommendations. In particular, the Board has been looking closely at the structure of the Council to see what changes are needed to meet the challenges that lay ahead. Some members have expressed a concern that any changes we make will weaken the activities program. We all recognize that the activities program is one of the strong points of Pittsburgh Council and do not want to do anything that would endanger it. I believe that Pittsburgh Council can have both a strong activities program and a strong hostel development program. However in order for this to happen, it is necessary for the Board of Directors to take a more active role in the "business end" of the Council (as contrasted to the activities). The first steps in this process have been taken. One is the establishment of working committees on the Board of Directors; the second is the addition of 5 positions on the Board to provide additional directors with needed skills and to staff these committees. One of the committees is the Organizational Development committee, whose charter is to recommend changes in the structure of the council.

These changes will require changes to the Council's Bylaws and Constitution, which will be brought to the membership for approval at a future Council meeting. I'll have more news on this and the progress of the other committees of the Board of Directors in future newsletters.

Nominating Committee: The Nominating Committee was approved at the August Activities Board meeting and consists of Bill Johnston, Joe Hoechner, Carla Steele, Linda Smithyman, and John Gaylor. They're hard at work looking for people willing to serve the Council in an elected position. There are a number of positions available and I urge you all to consider helping your Council do what you'd like it to do. One position we especially need to fill is that of Editor. Yes, Joy Layton is retiring after 5 years of work, and we won't be able to replace her with just one person. Any of you who are interested in helping with typing, layout, or artwork should contact the nominating committee. With more people helping, the monthly production of the newsletter can be a manageable and educational job.

Larry Laude

BICYCLING EVENTS

WFW CENTURY SATURDAY

September 10

If you enjoyed the Mon Valley Century, or if you missed it, then you will certainly want to make Century Saturday. Rides of 100 miles, 62 miles and 25 miles are featured. All of the rides start at the ice rink at North Park,. The 100 mile leaves at 7:00 am, 62 at 8:00, 25 at 9:00. The cost is just \$1, although if you are a patch collector you will want to bring an extra \$2 for a LAW National Century Patch as well as money for lunch. For more information call Jack Phillips (782-1341), Noel Grimm (372-5429), Vince Patterson (375-3476), or the WFW hotline (621-2822).

North East Ohio Century (NEOC)

Sunday, Sept 18

NEOC is a traditional favorite of mine. It is run by the Outspoken Wheelmen of Youngstown, OH. The riding is basically flat with some moderate hills. For more information about NEOC, or for carpool info, call Chuck Ejzak at 466-6196.

Third Annual MS 150 Bike Tour

Sept 24-25

The tour is put on by the Pittsburgh Chapter of the National MS Society as a fund raiser. Riders must raise a minimum of \$150 to participate. Although this may seem to be a lot of trouble, it is really not all that bad to do, and your efforts will be well rewarded. If you can raise more, there are additional prizes to choose from. This year's tour will be the best yet. The ride leaves on Saturday from North Park and stay at the Holiday Inn in Beaver Falls. The swimming pool, workout room, game room, and more will be available to you. Return to North Park on Sunday. The terrain is rolling with some flat sections and a few hills. In addition to the space at the Holiday Inn, riders will receive meals, snacks, transportation for your gear, an awards party, and more. You can pick up an application at AYH headquarters or at bike shops and sporting goods stores, CoGo's Convenience Food Stores, or by calling the MS Society at 261-6347. Pittsburgh AYH is helping to run this event.

**SCHOLLS
BICYCLE CENTER**
West View 931-6711

**BIKES BIKES BIKES BIKES BIKES
BIKES BIKES BIKES BIKES BIKES**

WARRENDALE-SCHWIN
Rt 19 (at the red belt) 935-1750



Announcing
the

FALL
COLORS
WEEKEND

!!!!

at

OHIOPILE STATE PARK YOUTH HOSTEL

OCTOBER 7, 8 & 9

Come to the Chiopyle Hostel for a great cool weekend of bicycling, rafting, hiking, helping out at the hostel, or just plain goofing off! The cost will be approximately \$25 for room and meals. Be sure to reserve early, as space is limited to the first 19 people to sign up.

Call Carla Steele at 921-2069 for more information or to reserve your space.



OPPORTUNITIES

Opportunities to say "Thanks!" to those who took a little time (and in some cases, a lot of time) from their lives to share with you and I their love of outdoor participation and cooperation by establishing and maintaining an active Pittsburgh AYH.

Give your thanks by committing some time to AYH next year, so AYH can continue to grow and provide a genuine and unique community service to the Western Pennsylvania area.

The nominating committee is presently recruiting for the many committees needed to run AYH; leaders as well as helpers. There are opportunities for those with very tight schedules as well as those with more time. From one shot, organizing tasks like Blackwater Falls, to an ongoing commitment like keeping track of membership applications to helping put the newsletter together.

Call Linda Smithyman (531-1868), Carla Steele (921-2069), or John Gaylor (766-6238) of the nominating committee to see how you can help.

THANKS!

NEW HOSTELS

Las Vegas, NV Las Vegas International AYH Hostel, 1236 Las Vegas Boulevard South, Las Vegas NV 89104. (702) 382-8119, Managers: Donna and Ray Lucero. 30 beds, \$8.00/night.

Galax, VA Blue Ridge Country AYH Hostel, 5620 Kapp Rd., Pfafftown, NC 27040. (703) 236-4962, Managers: Alex & Lois Koji. 20 beds, Closed Nov. 2 - Apr. 30, except for groups by reservation. \$7.00/night.

Irving (Dallas), TX SA (mixed use, no kitchen), University of Dallas Conference Center, 1451 E Northgate Dr., Irving, TX 75062. (214) 579-7427. Manager Yvonne Wooten. 28 beds, closed Dec. 24-31. \$9.00/night.

Peterborough, NH HH Peterborough Home Hostel, Peterborough, NH. (603)924-9884. Managers: Peter and Ann Harrison. 4 beds, Phone reservations required. \$6.50/night.

CORRECTIONS

Palo Alto, CA The Palo Alto Youth Hostel will not be opening this summer.

Santa Cruz, CA Santa Cruz Summer Hostel will be located in a victorian house, 511 Broadway (near Ocean St) from July 5 to Sept 30. There is a possibility that the season may be extended, please call for more information. Mailing address: Santa Cruz Hostel, P.O. Box 1241, Santa Cruz, CA 95061 Phone: (408)423-8304.

Fall River, MA: The Battleship Massachusetts has added two toll-free phone numbers: Outside MA: 800-533-3194 and within MA: 800-545-4222.

CLOSINGS

Bisbee, AZ: Bisbee Youth Hostel
Charlevoix, MI: Durance Home Hostel



AYH MEMBER CLASSIFIED:

For Sale: Ladies Schwinn 10-speed bicycle. Recreational upright world tourist, excellent condition; like new. 19" frame, easy positron shifting. Call Lois Fearing, 227-2060 (day), 781-4354 (eve.)

TO BE HELD OCTOBER 21st

At their August meeting, the Activities Board set Friday, October 21st as the date for the Annual Council Meeting and Elections. The meeting will be preceded by a buffet dinner and followed by a social hour.

Council President Larry Laude says that the meeting will include the elections and will also include awards for the Council's volunteers, particularly the Council's trip leaders and the outgoing committee chairs. Larry says that any member may nominate someone for an award and that awards can be serious or entertaining, such as the rumored "Bull Moose" award. Also, for the first time, absentee ballots will be used at the elections, permitting those who cannot attend the meeting to have a vote in electing the Council board members. Election procedures and the absentee ballots will be included in the October newsletter. For further information on the election and awards, call Larry at 665-9554. Suggestions for potential board members and committee chairs should be referred to the Nominating Committee.

Just a reminder, while activities members are encouraged to attend the meeting, only full members (those with a current hostel pass) will be eligible to vote.

Marianne Kasica, dinner coordinator, says that the details of the dinner and the location are still being worked out but that the cost will not exceed \$5.00. Dinner is expected to start at about 6 pm followed by the meeting and elections at about 7 pm and then a social hour which will last until about 10 o'clock. Members are welcome to bring a guest. There will be no cost for attending the meeting and social hour. If you can help with the dinner arrangements, call Marianne at 921-5272.

PITTSBURGH HOSTEL AND PITTSBURGH HOSTEL JR.

Work on developing the Pittsburgh hostel continues, with the Hostel Committee working on fund raising, grant applications, and specific plans for hostel layout. The opening of the hostel will still be several years away, however, the Board of Directors has decided that an "interim" Pittsburgh Hostel should be opened in the meantime. The interim hostel would be a smaller, leased facility with perhaps 15 to 20 beds that would need no reconstruction and could be open within the next six months. We have been discussing the possibility with one potential location but are still open to additional suggestions. If you know of a large house or small apartment building in usable condition that we could lease for 2 to 3 years, please contact Roy Weil (681-5131), Larry Laude (665-9554), or Marianne Kasica (921-5272).

PITTSBURGH COUNCIL TRIPS FOR SEPTEMBER 1988

ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
<u>Friday, September 2</u>					
Families	All	Barbara Hanusa	441-7205		Camping at Blue Knob State Park. You don't have to have a family to go. Bicycle in the rolling countryside near Blue Knob. Stay in cabins. Through Monday, Sept. 5.
<u>Saturday, September 3</u>					
Raft	All	Linda Smithyman	531-1868h 434-6093w	9:30	Raft the lower Yough.
<u>Tuesday, September 6</u>					
Volleyball	All	Joel Platt	421-4446w 521-5244	6:10	Call to be sure that we get the gym tonight. Beginners are welcome!
<u>Saturday, September 10</u>					
<u>Bike</u>	ABC	Jack Phillips (WPW)	782-1341		Century Saturday, 100/62 miles. Join the Western PA Wheelmen on their annual century Saturday Rides. Choice of 100, 62, and 25 mile rides. Cost is \$1. LAW National Century Patch available for \$2. All rides leave from the North Park Ice Skating Rink.
Canoe	Class II	Bill Whitehead	363-0365	8:00	River will be the Slippery Rock Creek if there's enough water.
Climb	Int	Chairmen	see list		Seneca Rocks Trip II, Saturday and Sunday.
Raft	Adv	Linda Smithyman	531-1868		Upper Gauley. Leave Saturday and raft on Sunday.
Hike	Maintenance	Pete Srini	921-1238	8:00	Baker Trail Maintenance hike. No fees.
Hike	Easy/int	Glenn Oster	364-2864h 234-3967w	8:00	Join Glenn in exploring the trails in Laurel Hill State Park. Phone (before 9:00 pm) for info and reservations.
Kayak	Beginner	Lou Conley	681-8321		Beginner kayaking school. Saturday and Sunday. See write-up under kayaking.
<u>Sunday, September 11</u>					
Bike	B	Dino Angelisi	787-5624	10:00	Around Greater Pitt, 38 miles. Join Dino on a ride to Hopewell. The route is circular and goes around the airport. The roads have light traffic and gentle terrain. Meet at Settler's Cabin Park. Call Dino for directions and to reserve.
Mt. Bike	Begin	Nick Broskovich	863-1993		Mountain biking at its best! Rentals available.
Hike	Easy	Joe Levine	421-9706	8:30	Join Joe in a stroll through Bear Run.
<u>Tuesday, September 13</u>					
Volleyball		Joel Platt		6:10	Beginners are welcome! See article in this issue.
<u>Friday, September 16</u>					
Backpack	Int	Glenn Oster	364-2864h 234-3967w	6:00pm	Hike the beautiful Pictured Rock National Lakeshore on the North Country National Scenic Hiking Trail. This is a special trip that you shouldn't miss! Phone (before 9 pm) for info and reservations. Leaving 6:00 pm Friday, returning Tuesday, Sept. 20.
<u>Saturday, September 17</u>					
Bike	Int	Norm Snyder	351-4068	9:00	Rentals available
Canoe	Class I	Claire Bunker	244-9788	8:00	Nice trip. Sign up early!
Hike	Int	Tom Kaveny	276-8044	8:30	Tom invites you to join him for a hike at Bear Run.
Kayak	Class I-II	To be determined		8:00	Easy white water trip for people who have completed the beginner kayaking school. A trip leader is needed for this trip so contact Lou Conley at 681-8321 for information or to be the leader.

00ae-888

PITTSBURGH COUNCIL AYH

PITTSBURGH COUNCIL HOSTELS

ACTIVITY CHAIRPERSONS

BACKPACKING	Ben Bruggmans	746-2751
CYCLING	Chuck Brzjak	466-6196
	Judy Menosky	242-1573
CANOEING	Rick Tomlinson	963-8910
	Bill Whitehead	363-0365
CAVING	Paul Herre	653-7934
	John Popp	885-2126
CLIMBING	Gary Simmons	327-8338
	Eric Bauer	687-0766
X-C SKIING	Rick Ulaky	422-0849
	Fred Parker	856-4713
RAFTING	Cindy Rupert	561-7631
	Linda Selthman	531-1868
HIKING	Jack Peth	921-7214
	Veronica Rieck	681-6569
KAYAKING	Don Conley	681-8321
	Ray Allen	341-5682
SEA-KAYAKING	Pat Self	795-6286
	Donna Self	361-3707
VOLLEYBALL	Joel Platt	521-5244
	Neil Lion	731-4874
FAMILY ACTIVITIES	Barbara Harsh	441-7205
PRESIDENT	Dirk Stille	665-9554

Ohiopyle State Park Hostel
PO Box 99
Ohiopyle PA 15470
412-329-4476

Point Park College Youth Hostel (SA)
201 Wood Street
Pittsburgh PA 15222
412-392-3824
After 4 pm: 412-391-4100

Dale Boyer Home Hostel
RD # 1 Box 273
Rural Valley PA 16249
412-783-6188

Living Waters Hostel
RD #1 (1 mile west on Route 30)
Schellsburg PA 15559
814-733-4607

SHADYSIDE SKI SHOP

Discover the largest
selection of Mountain
Bikes in Pittsburgh

Rent one for a day at Laurel Mountain

FISHER

MARIN

BIANCHI

SCOTT

Rental Information 238-2050

Full line of Mountain
and Touring Bike Accessories

Blackburn • Descente

Bellwether • Rhodegear

Look • Gyro Helmets

Yakima • Oakley • Bio



683-9600

PITTSBURGH COUNCIL AYH TRIPS FOR SEPTEMBER continued

ACTIVITY	LEVEL	LEADER	PHONE	TIME	DESCRIPTION
<u>Sunday, September 18</u>					
Bike	Int	Bill Johnston	243-1945		Exploratory grunt
Hike	Int	Rick & Shirley Ulaky	422-0849	8:15	By Thursday night the Ulakys will have come to a compromise on where this trip will go! Call for more information and to reserve.
Kayak	Class I-II	To be determined		8:00	Easy white water trip for people who have completed the beginner kayaking school. A trip leader is needed for this trip so contact Lou Conley at 681-8321 for information or to be the leader.
<u>Tuesday, September 20</u>					
Volleyball	All	Joel Platt	421-4446w 521-5244h	6:30	Beginners are welcome.
<u>Thursday, September 22</u>					
Remember, reservations are due for the Fall Colors Weekend at Ohiopyle Hostel on October 7,8,& 9 tonight. See the notice in this issue for more details.					
<u>Saturday, September 24</u>					
Bike	BC	Chuck & Lynn Ejzak	466-6196	8:00	MS 150K Bike Tour, 150 km. Run by the Pgh Chapter of the National MS Society, this ride is a fund raiser. The ride starts from North Park Ice Rink on Saturday. See the write-up in this newsletter. Don't delay, the deadline for registration is Sept. 16.
Climb	Begin	Chairmen	see list	7:00	Beginner climbing trip to Coopers Rocks.
Raft	All	Linda Smithyman	531-1868h 434-6093w	6:30	Get an early start at rafting the Lower Yough!
Hike	Maint.	Brian McBain	443-8972h 355-4781w		Have a fun day with Volunteers For Outdoor Allegheny as we work to spruce up the Rachel Carson Trail near North Park. This is too good an opportunity to pass up! This group does excellent work and can teach us some valuable skills. They're also very friendly! Wear your grubby clothes and join in the fun!
<u>Sunday, September 25</u>					
Bike	Int	Bill Johnston	243-1945		Exploratory grunt.
Canoe	Class II-III	Rick Tomlinson	963-8910	8:00	Challenging whitewater trip. For experienced canoeists.
Climb	Int	Chairmen	see list		Gunks trip until October 2nd. Call for info.
<u>Tuesday, September 27</u>					
Volleyball	All	Joel Platt	421-4446w 521-5244h	6:30	Beginners are welcome.
<u>Saturday, October 1</u>					
Hike	Easy	Jack Peth	921-7214	8:30	A late summer tour of Quebec Run.



Schwinn Bicycles

KRAYNICK'S BIKE SHOP

EXPERT SERVICE

New, Used and Antique Bikes and Parts

For Sale or Trade

5003 Penn Ave., Pgh. PA 15224

(412) 621-6160



THE GOLDEN TRIANGLE

The Golden Triangle is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

CO-EDITORS Joy Layton 421-3975
Veronica Riegel 681-6569

PRODUCTION Don Hoecker

MAILING Roy Weil, Marta Hurwitz

ADVERTISING Sandi Dimatteo

Deadlines for the October issue:

September 8 all submissions

September 22 production

All mail regarding this newsletter should be addressed

Pittsburgh AYH

The Golden Triangle

6300 Fifth Avenue

Pittsburgh, PA 15232

KAYAKING

AYH beginning kayaking schools are held once a month, June through September, each summer. These schools provide an introduction to the exciting sport of white water kayaking. They are open to complete beginners (those who have never been in a kayak before) and to those who have never kayaked on white water before. The schools last an entire weekend and include an overnight stay at a youth hostel. The first day of the school is spent learning the basic skills of kayak paddling on a nice, calm lake. The second is spent developing those skills on a very easy (Class I-II) white water river. The date for the remaining 1988 beginner school is Sept. 10-11. Space is very limited and preference will be given to AYH members, so sign up early. Call Lou Conley at 681-8321 for further information.

CLIMBING

Beginner trips are open to everyone. All you need is a pair of tennis shoes and the desire to have some fun. Trips leave HQ at 7 am and return around 8 pm, after a stop for a swim (weather permitting) and dinner. Contrary to popular belief, climbers are not brain dead mutants with a death wish. We do like to have a good time though, so come on out and climb a rock!

Lead climbing at the 'Gunks is a casually planned and executed trip for experienced leaders and seconds. We'll help you find a partner and/or ride if you need one. Call one of the Climbing Chairmen for more info: Eric Bauer, 687-0766, or Garry Simmons 327-8338.

The Athlete's Foot.

In Shadyside

Now offering a 15% discount to
all AYH members
on our entire regularly priced selection
of cycling clothes, shoes, and accessories.

The Athlete's Foot.

In Shadyside

S. Siken near Walnut
Shadyside
Pittsburgh, PA 15232
621-2997