



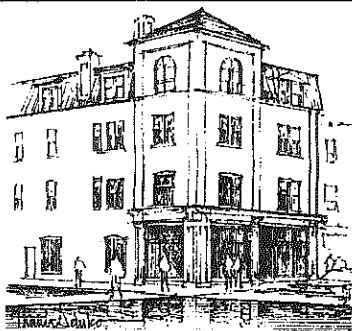
GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 47, NUMBER 5

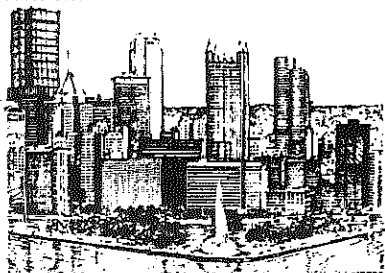
JULY 1997



Hostelling - International Pittsburgh PA

NOW OPEN

A 60 bed full service hostel in a converted bank building. Free parking, travel store, handicapped accessible!



Be Sure To Visit:

- Andy Warhol Museum
- Station Square
- Nearby Southside
- The Downtown Cultural District
- Riverfront Bike Trails
- Nearby Universities
- The Carnegie Science Center
- The Zoo & National Aviary
- Phipps Conservatory
- Historic Point State Park
- Three Rivers Stadium

HI-Pgh on the information super highway, point your browser to;
<http://trfn.clpgh.org/ayh/> for the latest on activities, slide shows & local hostelling or you can email us at ayh@trfn.clpgh.org



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.....And MORE!!!

A HOSTEL YOU CAN BANK ON!

We did it! We're open for business! The Grand Opening on June 5 was a wonderful success. People flowed out into the street during the ceremony and ribbon cutting which followed. We also had a great turnout on Saturday, June 7, for the Open House. Several hundred people, a great mix of members and neighbors, stopped by to take a tour of our beautiful new hostel. I had a chance to meet some of you on both days and am looking forward to meeting more of you in the future.

We received some excellent media coverage during the exciting first week of June. Three newspaper articles, two of which had impressive photo spreads, appeared in the few days just before the Grand Opening. Several television stations ran segments.

So far, we've had visitors from Japan, Norway, Australia, Sweden, South Africa, Germany, Slovak Republic, Canada, New York, California, Nebraska, and Pennsylvania. And we've only just begun!

At the moment, I am busy training staff. Danielle Dybiec is Our Assistant Manager and has already put in some long hours to help get the doors open. Thanks, Danielle! Amy Sinciline, the Office Manager at the Pittsburgh Council, will be picking up some extra hours at the hostel. Brian Funk, who donated part of the hostel library, and Matt Burris, who helped us out during the busy weeks prior to opening, have been hired to fill out our part-time staff position.

Once everyone is up to speed, I will be devoting my time throughout the upcoming summer to marketing. Which brings me to a request of all our members and friends: Who do you know who would like to stay at the Pittsburgh International Hostel? I would be interested in speaking with anyone who has leads on generating some overnights. Groups are an excellent use of the hostel and fulfill our mission statement. Do you know any groups either in Pittsburgh or from elsewhere who would be interested in coming to Pittsburgh with whom I should get in touch? Think about bike groups, Girl and Boy Scouts, hiking groups, church groups, etc. which you or someone you know is involved in and let me know. Of course, individuals are always welcome and will not be excluded because of groups. Who and where are they? We are in the process of producing our hostel brochure and group information packet. As soon as we have them, I will need your help in circulating this information to potential hostellers.

And finally, we've put together a Wish List which you will find on page 3. Please call me at the hostel with your ideas about potential hostellers and if you have anything from our Wish List you'd like to donate. The phone number is: 412-431-1267.

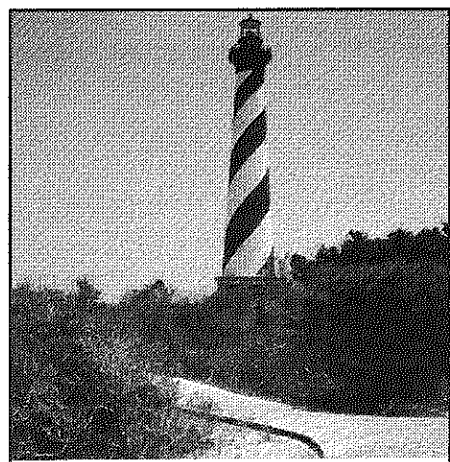
Happy Hostelling from Holly the Hostel Manager.



SEA-KAYAKING

To this day, just off the coast of Ocracoke, appears a burning ship each year on the first night of the new moon in September. Her sails are sheets of flame and her rigging glows red-hot in the near darkness. Always there is the accompanying eerie wailing of souls in eternal torment and the odor of burning canvas and hemp. Regardless of conditions, the ghost ship sails swiftly towards the Northeast each time, to a point where she can barely be seen as a faint glow on the distant horizon.

Charles H. Whedbee,
N. Carolina historian/storyteller



Lighthouses, Boardwalks & Seatrails are all part of the sea-kayaking program's return trip to the Outer Banks next month. Cape Hatteras, North Carolina.

MORE ON PAGE 5

AYH CANOE AUCTION

Two used 15 foot tandem canoes. Mad River, **minimum bid \$200**, Blue Hole, minimum bid \$300. Both canoes are to be sold "as is", and can be viewed at AYH Activities Headquarters. Please submit sealed bids no later than August 31st to

AYH CANOE BIDS
830 E Warrington Ave
Pittsburgh PA 15210

HOSTELLING INTERNATIONAL

PITTSBURGH COUNCIL-AYH
830 E. WARRINGTON AVE
PITTSBURGH, PA 15210

Dated material -please deliver promptly
Address correction requested

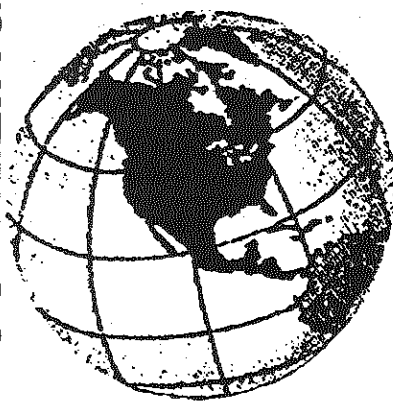
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HOSTELLING



Pittsburgh Council, American Youth Hostels, Inc.
Serving Western Pennsylvania & West Virginia Panhandle
Since 1948, Incorporated 1955

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Bob Zavos (97)

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(412-431-1267)
Amy Sincine

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
830 Warrington Ave
Pittsburgh, PA 15210

Office: (412) 431-4910
or

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point your browser to;
<http://trfn.clpgh.org/ayh/>
or you can email us at
ayh@trfn.clpgh.org



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Paul Henry	347-3282
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Luc Berger	683-3131
VACANT	### ####
Storekeeper	
Wm Eberle	921-1932

The following positions are currently open and we are in need of responsible people to fill them. If you are interested please call Marianne Kasica at 665-9554.

Caving, Volleyball coordinator,
Ast. Store Keeper, HQ Volunteers

NOTICE

Please note the deadlines for
future issues of the
GOLDEN TRIANGLE

AUGUST
All copy, July 3
Binding/Mailing, July 24

SEPTEMBER
All copy, Aug 7
Binding/Mailing, Aug 28

If your work is on computer,
Please contact Bill Eberle
@ 921-1932 or
76202.3051@Compuserve.com

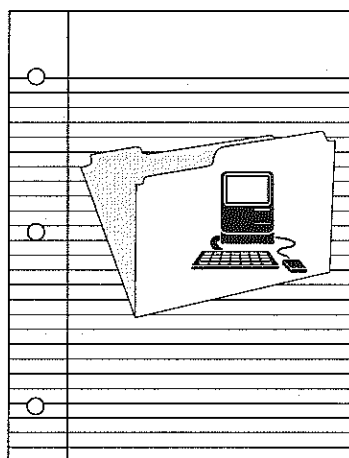
Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 431-1267.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (Formerly named International Youth Hostel Federation(IYHF)), which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

Submissions Policy: Golden Triangle



Classified Adds:

- Classified adds are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be;
 - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- Submitted before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue.(See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- "Lack of planning on your part, does not constitute an emergency on my part"

Please note, the Golden Triangle frequency of publication.

Number 1 issue ->February / March: Number 2 issue ->April: Number 3 issue ->May:
Number 4 issue ->June: Number 5 issue ->July: Number 6 issue ->Aug.
Number 7 issue ->Sept: Number 8 issue ->Oct: Number 9 issue ->Nov:
and Number 10 issue ->Dec. / January

Editor...

Upcoming Slide Shows

July 3: We show the video "Atlantic Realm: Island Arks". Features the Bahamas, Canary, Ascension, Saint Helena, Tristan da Cunha.

July 10: Mike Fialkovich (rescheduled), "Traveling Along The East Coast From New Jersey To Virginia". See the scenery, the birds, the plants. Includes Bombay Hook National Wildlife Refuge.

July 17: Carl Katz, "Java". See volcanoes, the cities of Jakarta and Jogjakarta.

July 24: David Wohlwill, "Tracking Across North America". Train travel through Pennsylvania, East Canada, as well as British Columbia and other places.

July 31: We show the 16 mm film "Annapurna". French expedition to this 27000 feet himalayan peak.

August 7: Walter Vaux, "From The Dead Sea To The Red Sea". Includes Sinai and the Sea of Galilee.

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 683 3131.

Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(412) 329-4476

Living Waters AYH Hostel
RD #1(1 mile west on Route 30)
Schellsburgh, PA 15559
(814) 733-4212

HI-Pittsburgh Hostel
830 E. Warrington Ave
Pittsburgh, PA 15210
(412) 431-1267



President's corner...

After three years of planning and construction, the hostel is open. There are a few loose ends to tie up with construction but we are inspected, permitted and taking in hostellers. This is surely a happy 50th anniversary event for Pittsburgh Council.

Everyone that attended the opening agreed that the building looks terrific. We had hundreds of people in the building during the opening and open house. I would like to take this time to publicly thank the Funders that made the project happen:

City of Pittsburgh, Community Development Block Grant
Columbia Gas of Pennsylvania
Community Design Center of Pittsburgh
Eden Hall Foundation
Integra/National City Bank
Legislative Initiative Program
Mellon Bank
The Pittsburgh Foundation
John H. Fox Fund
The Walter S. Meyer Memorial Fund
Alice Risk Wilson Fund
David Dallas and Roberta Odell Fund
The James Sidney Hammond Fund
Pittsburgh Partnership for Neighborhood Development
Richard King Mellon Foundation
U.S. Dept. of Health and Human Services
Urban Redelopment Authority of Pittsburgh
Vira I. Heinz Endowment

There were hundreds of private contributors and dozens of volunteers also, probably more than I can ever remember. My thanks to all of you who helped in whatever capacity you were able. We did it!

Marianne Kasica

Pittsburgh International Hostel WISH LIST

VOLUNTEERS

neon Hostelling International symbol for the 4th floor
Tupperware or other plastic food storage containers
pots & pans
games
posters
television
videotape library-movies, children's, etc.
travel books & maps
2 commercial vacuum cleaners
music library
kids' toys & books
piano sheet music/song books
floor pillows
outside benches
flower pots
old towels for rags
crib
plain paper fax
IBM 486 or faster computer

If you or anyone you know can donate something from this list, please contact Holly Ridenour, the Hostel Manager, at 431-1267.

The ULTIMATE Weekend Getaway

Call (412) 824-3844 Today!



- Relaxed Itineraries
- Choice Lodging & Meal Packages
- Scenic & Historic Routes
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Clip & Return The Coupon Below

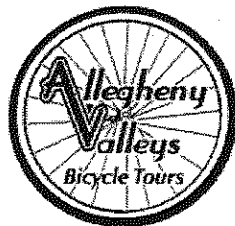
Send my FREE brochure to:

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Allegheny Valleys Bicycle Tours
1508 Wolfe Avenue • N. Braddock, PA 15104-3066



THE 1997 GREAT RIDE

The 1997 Great Ride will be on July 27th this year. As in the past, the ride will start and finish at the Boardwalk in the Strip District. New this year, is a 15 mile ride going from the Boardwalk to the Northside, through downtown and up to Schenley Park along with the rest of the riders, but returning to the Boardwalk through Shadyside and Bloomfield. If you were on any of last year's rides — the Great Ride, the Mon Valley Century, or SABRE — you will receive an application in the mail unless you've moved. All others can receive an application by calling Pittsburgh Citiparks at 255-8973 or pick one up at AYH Headquarters, the Pittsburgh Hostel, or your favorite bike shop. Early registration is \$13 and day-of registration will be \$17, including a T-Shirt and snacks at the rest stops. As in the past, part of the proceeds of the Great Ride will be donated to the Pittsburgh Hostel. (While construction is essentially complete, we do have substantial loans and a first year operating deficit that we need help with.)

VOLUNTEERS FOR THE GREAT RIDE

Please come out to help with the Great Ride on Sunday, July 27th. We have agreed to help again this year by providing marshals to help keep the 1,500+ riders on course. We need as many volunteers as possible on the North Side, Downtown, South Side, Oakland, Squirrel Hill, Bloomfield and the East End.

We need to be out on the early part of the course by about 8 am, while those helping with the end of the ride can get started a little later. An ideal help would be those who live on or adjacent to the course. Bring out your lawn chair, the Sunday paper, and a thermos of coffee and relax while you point the way. Or drive or ride your bike to the course and hang out with a friend while you help.

We are also sponsoring a water stop at the Pittsburgh Hostel again this year, and need a smaller number of people to staff that stop.

Please call Larry Laude at 412-665-9554. Or leave a message at the AYH office by calling 412-431-4910 or e-mailing ayh@trfn.clpgh.org.

MON VALLEY CENTURY AND SABRE

This year, the Mon Valley Century is on Sunday, August 24th, and SABRE is on Sunday October 5th. Watch the August newsletter for more information.

Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help.

Clip out the coupon below and make your donation today.

Yes, I would like to make a Tax - Deductible
donation of support for the
Hostel in Pittsburgh in the amount of:

- ___ \$2500
- ___ \$1000
- ___ \$500
- ___ \$250
- ___ \$100
- ___ \$50
- ___ Other: \$ _____



Donations of goods, furnishings or services are also needed! Please drop us a note describing what you have available.

Name _____

Address _____

Telephone _____

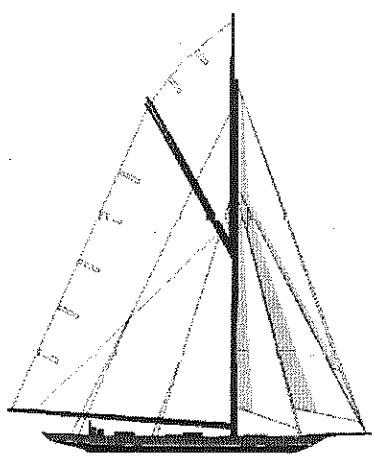
Mail your Donation to:

AYH
Pittsburgh Hostel Fund
830 E Warrington AVE; Pittsburgh, PA 15210
412-431-4910

SAILING

The AYH owns Flying Juniors, Sunfish, and an International 470. Several members also use their own sailboats. Most of our day sailing trips and classes will be on Lake Arthur in Moraine State Park near Butler, Pa. Additional weekend trips and extended trips are also planned.

All trips require previous sailing experience unless otherwise stated. This generally means a minimum of a Red Cross certified Basic Sailing Class or equivalent. Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required on all trips. Individuals with their own sailboats are encouraged to join our program.



July 8, 15, 19 & 20 - Introductory Classes in Basic Sailing - Enrollment closed

July 26-27 Sat-Sun. Jerry Gaines 475-3957
PYMATUNING WEEKEND: Leave early Saturday to pick up the sailboats near Lake Arthur and drive to the group tenting area at Pymatuning State Park near Jamestown PA. Activities will include cook outs, hiking in the nearby areas and sailing on the lake. Return to Pittsburgh late Sunday.

Aug 23 Sat Bob Zavos 241-0659
LAKE ARTHUR-DAY SAILING/RACING: Day sail or participate in the Moraine Sailing Club's races as a racer or administrator on the committee boat. Fees: Day sail fee at Lake Arthur is \$14 plus the AYH activity fee of \$1 for members and \$3 non members

Aug 30-Sept 1 Sat-Mon. Marilyn Marrari 441-6764
WEEKEND TRIP. Our 6th annual sailing trip to Lake Chautauqua, New York will provide time to sail bike, walk or just relax. Fee (about \$75) includes 2 nights lodging on the Chautauqua Institution grounds, 2 breakfasts, and use of the AYH sailboats. Space is limited and this trip always fills up so please reserve by August 15.

HIKING/BACKPACKING

Thu-Sun July 3-6 Steve Nydes 661-9357
Intermediate weekend hike somewhere near Gettysburg. Stay at the Ironmasters Youth Hostel. Leaving Thursday evening (or join us Friday morning.) Call for info & a reservation.

Fri Eve-Sat-Sun July 11-12-13, 1997 Jim Ritchie 828-0210
Baker Trail Weekend at Cook Forest. This event will include a hike on Saturday from the northern terminus of the Baker Trail, in the Allegheny National Forest, to the Cook Forest Public Campground where those who choose to stay for both days may camp. You may want to come on Friday night and find a good campsite; we'll try to all camp in the same area of the campground. Cook Forest campground has hot showers, flush toilets, and running water. On Sunday, we'll hike from the campground to the Cook Forest Fire Tower, and the Lookout, cross the Clarion River and head for the wet crossing at Iron Bridge and beyond. We'll do 8-10 miles and return to the campground. Call Jim for information and reservations. Day hikers are welcome to join us for a single day Saturday or Sunday.

Sunday July 13 Veronique Schreurs 422-0358
Easy 4 mile hike or intermediate 8 mile hike in Lynn Run: Wolf rock (4 miles) and optional back to Beam Rock from the Summit parking lot (another 4 miles). The wild rhododendron should be blooming. Call for info & a reservation.

Sunday July 20 Bruce Sundquist 327-8737
Umteenth annual Yough river valley inner-tube hike from Johnson's run to Camp Carmel (4 miles on foot, 3 in inner tubes). Must be hot & sunny. Limit: 18. Call Bruce for info & a reservation. Rain date: Sunday July 27.

Saturday July 26 Steve Nydes 661-9357
Intermediate 8-10 mile hike in Bear Run. Call for info & a reservation.

Sunday July 27 Bruce Sundquist 327-8737
Raindate for hike listed for July 20.

Fri Eve-Sat-Sun Aug. 1-2-3, 1997 Jim Ritchie 828-0210
Baker Trail Weekend #2, Backpacking the Baker Trail. Weekend #2 will start at Mill Creek in Jefferson County, hiking along the Mill Creek Game Lands, down the gas line to Corsica, and then along rural dirt roads to the Summerville Shelter where we will spend the night. The second day will take us through the village of Summerville, to Heathville on Red Bank Creek, past Tarkiln Run, Bethlehem Chapel, and ending near the village of North Freedom. On Saturday, we plan to do about 8-10 miles, hiking aggressively on the dirt road sections, i.e. 2 mph minimum. Sunday will be easier, doing 6-8 miles. Friday night we will camp at the site of the (nonexistent) Corsica Shelter. You may also meet us along the trail for just a part of the trip.

Sunday September 7 Veronique Schreurs 422-0358
Easy joint hike with BOLD (Blind Outdoor Leisure Development) in Frick Park. We need sighted guides from AYH to walk with the Bold people. Meet at HQ at 10am. Bring a lunch. We will walk 2 or 3 miles, possibly including the cemetery.

NATIONAL TRAILS DAY A Day in the Sun

Twenty-two volunteers met at 9 am on Saturday, June 7, to work on the Rachel Carson Trail as their contribution to National Trails Day. Three work parties were formed, being led by Kim Davis of the Monroeville Eastern Mountain Sports store, Mark Tomlinson of the Rachel Carson Homestead Association, and Jim Ritchie of Pittsburgh HI-AYH. After some bagels and cream cheese donated by Mark, and after loading up on some apples, oranges and bananas, also donated by Mark, the three groups loaded up into their cars and, literally, left to "hit the trail".

Mark took his group, consisting of volunteers from Pittsburgh Cares, to the Homestead where that group worked on the spur trail from Rachel Carson's home on Marion Avenue, to the main corridor of the Rachel Carson Trail, about a half mile away. That group also worked to clear something like 15 trees, along a small nature trail owned and maintained by the Homestead, blown down by high winds in mid-May. Vince Roelf did the heavy chainsaw work for the group, using the official, beloved AYH chainsaw.

Does anyone know why Vince is the official AYH Mr. Chainsaw? The answer, of course, is that Vince is the only one who can start that #*+!*@## contraption.

Kim took her group to Hampton Woods, i.e. the Hampton Nature Reserve, to freshen up those yellow blazes, trim out vegetation hiding the blazes, and to pick up debris and trash along the trail. They worked all the way from McCaully Road to the Hampton Middle School.

Jim went out to North Park and cleared out the trail and put up new blazes from the abandoned Rocky Dell Shelter over to the railroad tracks just above Sample Station. Along the way, the group of four encountered a huge hemlock tree freshly blown down on the trail. It being early in the morning, we whipped out the LARGE bow saw we just happened to take with us (Vince having the chainsaw back at the Homestead) and cut that giant hemlock into little pieces. Seriously, the main trunk is still lying on the trail, but it is on the ground where you can simply step over it, not waist high as it was, and all the numerous branches that put up a wall of hemlock are gone.

After successfully clearing out the hemlock, the group went over to Hartwood Acres and performed general maintenance (blazing, loppers, bowsaw) on the spur trail leading from the Theatre (not Performance) Area to Wagner Road where it connects with the main corridor. Of course, Pat Thompson just had to stop and feed the show horses at the Simon's thoroughbred farm.

All in all, as much got done in one day as would have taken three valuable days with only one crew going out repeatedly. Future projects associated with a \$1,000 EMS Trail Maintenance Grant for the Rachel Carson Trail include an elevated boardwalk through the bog in Hampton Woods (or an equivalent site) and possibly permanent plastic yellow blazing to replace the paint which is dependable for no more than 3 years.

Thanks to all who came out to help for National Trails Day 1997.

Rock Out With AYH!

Rock climbing trips from Pittsburgh Council of American Youth Hostels

The AYH Rock Climbing program is a great way to experience the thrill of rock climbing. Our Beginner trips are focused on teaching "never evers" the basics of rock climbing. AYH supplies the climbing gear plus a group of experienced climbers to set up the climbs and teach the course. All you need to bring is a lunch and a sunny disposition. Wear loose-fitting, comfortable clothes (shorts and T-shirts in the summer) and tennis shoes. It's not a bad idea to pack raingear or a jacket in the event of a late-afternoon thunderstorm.

Beginner trips are held at Coopers Rocks State Forest, Exit 15 on Rt 68, east of Morgantown, WV. Trips leave from AYH headquarters at 7:30am. We arrive at Coopers Rocks around 9:30 am and take a short walk to the climbing area. We are back at the cars by 4:30 or so. Many climbers stop at a local restaurant for dinner before driving back to Pittsburgh. We arrive back at AYH headquarters before 8pm. Cost is \$9 for AYH members (\$11 for non-members). Gas money (if you car pool) and dinner are NOT included in the trip fees.

Experienced climbers are welcome on our "Beginner" trips since we top-rope climbs of varying difficulty (up to 5.11). We also teach the skills to become a "second" on a multi-pitch climbing trip to Seneca Rocks, WV. The AYH climbers make frequent "unofficial" trips to Seneca Rocks, New River Gorge, the Gunks, and other climbing areas. Several AYH climbers can be found hanging out at The Climbing Wall (in The Factory on Penn Ave) on Thursday nights (7-9:30pm) before retiring to the Evergreen pub (also on Penn Ave) for a few cold ones and to make plans for the coming weekend.

To find out more about the AYH climbing program, call Jim "Woj" Wojciechowski @ 322-4524 or Vern Miller @ 935-3434. To sign up for a specific trip, call the Trip Leader listed in the table below.

Trip size is limited. Call the Leader (not the climbing chairmen) to sign up.

1997 AYH ROCK CLIMBING TRIPS

DATE	DAY	LEVEL	TRIP LEADERPHONE
July 11-13	F/S/S	Seneca Rocks	Bob Dodson 243-4558
July 27	Sun	Beginner	Jim "Woj" Wojciechowski 322-4524
August 9	Sat	Beginner	Brian Schwadron 344-0790
August 23	Sat	Seneca Prep	Vern Miller 935-3434
Sept. 5-7	F/S/S	Seneca Rocks	"Spyder" Praksti 856-8716
September 28	Sun	Beginner	Garry Simmons 327-8338

SEA-KAYAKING

Join us next month for paddling, sightseeing & ghost-ship watching on the sea-kayaking program's third trip to the quaint old village of Ocracoke, tucked in the middle of the historic and beautiful Outer Banks of North Carolina. Along with the usual lighthouses, pelicans & porpoises, warm sandy beaches and abundant fresh seafood, this trip includes a rare opportunity to sea-kayak out and camp right on the seashore of a nearby wilderness-designated barrier island. Since it will be the right time of year, and we'll be looking back across the waters of the Ocracoke Inlet all evening while sitting around our beach bonfire, I figure there's a pretty good chance of actually seeing the Specter ship. However, I doubt anyone will believe us afterwards, so come and see for yourself...

The sea-kayaking program also offers a selection of evening and day trips for new paddlers as well, and expedition quality sea-kayaks are available from the AYH. You can also join us for paddling & outdoor-related conversation at our monthly dinners.

Hope to see you on the water.

Mark Mistrik
Chairperson, AYH Sea-Kayaking Program



Porpoise-Play! Our Mid-Atlantic sea-kayaking trips offer the chance to experience marine life directly & up close from the kayaks. (Mistrik / AYH Sea-Kayaking Program)

Tuesday evening July 1st
Level: New, Beginners & up

Fun and easy evening paddling trips for new and experienced paddlers. Intros cover all basic aspects of sea-kayaking: beginners can learn how to fit a boat correctly through intermediate instruction in open water rescue and kayak rolling. This is an excellent way to try sea-kayaking, learn or improve your skills and practice, or just relax and explore the lake on your own. We finish off the evening with a cookout. Please call for more information and to reserve a kayak.

Thur. afternoon July 3-Mon July 7

Level: Intermediate & up

Open water sea-kayak touring & camping trip returns to one of our favorite destinations on the Great Lakes. Sculpted out of limestone from the Niagara Escarpment (the same geological feature Niagara Falls pours over) during the last ice-age, Flowerpot Island offers both striking scenery and quiet solitude in the camping areas, hiking trails and freshwater bays there. We'll set up a base camp and take paddling daytrips out. AYH sea-kayaks available. Call for more information.

Wednesday evening July 16

Level: New, Beginners & up

Evening sea-kayaking trip for lessons, practice and fun. Trip ends with a cookout. Call for more information and to reserve.

Friday evening July 18-Sat July 19

Level: Beginner & up

This is the easiest summertime kayak camping trip imaginable: short drive from Pittsburgh, throw some gear into your sea-kayak and paddle across the river to the island. We'll set up tents and build a campfire, then you can kayak, talk, snooze, swim, eat or just sit by the campfire and enjoy the evening. Night paddling is a favorite of many sea-kayakers. Wildlife becomes more abundant and the lake and shoreline seem to turn almost surrealistic. Wake up to Saturday morning brunch and explore the area before returning home. AYH sea-kayaks available. Call for more information and to reserve.

Tuesday evening July 22

Level: Beginner and up.

Evening sea-kayaking trip from the Southside down to the Point, around the Science Center's submarine, up to Station Square then back to the Southside. Food & drink stop at Station Square. Bright flashlight required. AYH sea-kayaks available. Call for more information & to reserve.

Saturday July 26t

Level: Beginner and up.

Sea-Kayaking daytrip for all paddlers. Before lunch we'll paddle into a wildlife sanctuary (no motorboats) with a chance to see Kingfishers, Cormorants, Osprey and Eagles. Lunch and a rest break on an island, then we'll continue to explore the sanctuary's backwaters while more experienced paddlers are free to roam the lake. We'll reconvene at the take-out at 5:45 PM to load boats and return home. AYH sea-kayaks available. Call for more information and to reserve.

Monday evening July 28

Everyone welcome

Our monthly dinner for paddle-folk and anyone else interested in outdoor related conversation. We try a different restaurant each month or so during the kayaking season. Call for the restaurant's name & location, and so we can make the correct number of reservations.

Friday evening August 1 -Sun Aug 10 Mark Mistrik 361-2943

Level: Intermediate w/ kayak experience

This is the Sea-Kayaking Program's premiere wilderness camping trip this year. We will board passage across Lake Superior to Isle Royale, an archipelago of islands that comprise the most isolated National Park in the lower forty-eight states. This is a rugged land of rock, forest and water, and the island is a World Biosphere Site and home to moose, wolves and loons. You may sea-kayak the entire time or join us for a short back-packing trip (need a collapsible internal frame pack that will stow in the hatch of a kayak), once we've paddled well into the interior. Sightseeing along Lake Superior in Michigan's Upper Peninsula on the way home. AYH sea-kayaks available. Friday evening August 29-Tuesday Sept 2

Level: Intermediate & up.

Labor Day Weekend is the traditional close of the summer paddling season, so we're going to the quaint old Bank's village of Ocracoke to catch all the warm surf and golden sand we can. Friendly porpoises and curious pelicans have been commonly seen here, and fresh seafood cookouts are the rule. After relaxing in Ocracoke for a day or two with car camping right on the seashore, we'll paddle out to explore our own barrier island and camp overnight there. Expect bioluminescence (a natural sparkling of the water at night), a beachside bonfire, and stars out over the ocean right down to the horizon. AYH sea-kayaks available. Call for info and to reserve.

Saturday September 20

Friday evening Sept 26-Monday Oct 6

Level: New, beginner & up.

Explore spectacular redrock canyons of the Colorado River and see some of the most fantastic scenery in America's West - all from a gentle flatwater lake and with the conveniences of a houseboat at hand. Now an annual trip, we envisioned this several years ago as a way to accommodate inexperienced paddlers and even hikers on a longer, extremely interesting trip, and the result has been exceeding expectations ever since. The idea is simple: the houseboat does all the long-distance work, leaving your days free to hike, paddle, explore ancient Indian ruins, or relax as you please. Due to limited houseboat availability, you must let us know if you are interested in early March to secure space. We'll have an organizational meeting this month to set the details. Call for more information

Friday evening October 10-Sun Oct 12 Leader: TBA

Level: aggressive beginner & up.

Saturday October 18th, 1997

Level: Beginner and up.

Sunday October 19th, 1997

Something new here: We're running two great lakes in Wild, Wonderful West Virginia and joining the Explorer's Club at Clare Lodge in Cooper's Rocks State Forest for their annual Halloween Party and general fun. Both lakes are in wooded valleys and the autumn colors here should still be very good. These are run as individual daytrips, so you may paddle either day or both, and round out the weekend with rock climbing, mountain biking or hiking. AYH sea-kayaks available. Call for more info.

Friday evening Oct 24-Sunday Oct 26 Mark Mistrik 361-2943

Level: Aggressive beginner & up.

Friday evening October 31-November 2 Mark Mistrik 361-2943

Level: Aggressive beginner & up.

Friday evening, Late November 1997 Mark Mistrik 361-2943

Level: Aggressive beginner & up.

Wednesday evening Nov 26-Nov 30 Mark Mistrik 361-2943

Level: Intermediate & up.

Our second South Carolina Lowcountry paddling trip. Come spend a Southern style Thanksgiving with us in sunny & warm Santee, South Carolina. Sightseeing, beach walks, palm trees, plenty of wildlife, and maybe porpoises. This trip will be a collection of daytrips and include saltwater/freshwater paddling, and a blackwater river. All overnights in a modern condo built on stilts on a pier, over a lake. Space is very limited. AYH sea-kayaks available. Call for more information and to reserve.

FUTURE TRIPS AFTER NOVEMBER 30 1997 NOT LISTED DUE TO SPACE AVAILABLE. PLEASE CALL MARK FOR A COMPLETE LISTING

Intro to Sea-Kayaking, North Park Lake

Trip begins: 6:00 PM at the lake Ends: Leave lake 9:15 PM

Flowerpot Island, Georgian Bay, Tobormory, Ontario

Intro to Sea-Kayaking, Glade Lake

Ends: Leave lake 9:15 PM

Nicholson Island Night-Trip, Allegheny River, Pa.

Ends: Leave Island 4:00 PM

City Paddle, Downtown Pittsburgh

Ends: Take-out 9:15 PM

Lake Wilhelm, Goddard State Park, Mercer, Pa.

Ends: Take-out at 6:00 PM

Paddler's Monthly dinner

Ends: 9:00 PM

Isle Royale National Park, Lake Superior

Sea-Kayaking Wilderness Trip

Outer Banks of the Atlantic, North Carolina

Ends: back in Pgh 9:00 PM

Lake Powell, Utah

Ends: Monday evening.

Kinzua Fall Foliage Weekend

Tygart Lake, Grafton, West Virginia

Cheat Lake, Morgantown, West Virginia

Ends: 5:00 PM each day

Lake Moomaw, Shenandoah region of Virginia

Virginia's Eastern Shore, Urbanna, Virginia

Light Up Night 1997, Downtown Pittsburgh

Charleston & Surrounding Region, South Carolina

Returns: Pgh 8:00 PM Sunday

THE 1997 RACHEL CARSON TRAIL CHALLENGE IS HISTORY

By the time you get this newsletter, the 1997 Rachel Carson Trail Challenge will be history. You will know if we finally got a break on the weather, or not. You will know if *anyone* finished-there is no guarantee. There will be stories of hardship, in any case, and stories of heroism and exceptional human endurance in the face of a seemingly impossible task.

As this copy is turned over to the newsletter editor, I am busily running up and down the trail, putting on the final touches, clearing up the last problems, checking out stories of disappearing blazes, barbed wire and telephone calls to the effect of "you can't be serious". Last week, on Tuesday, June 3rd, after work, I checked out the "brand new barbed wire" stories coming out of the Harrison area, and while I was there put up some fresh blazing through Thompson's Thoroughbred Farm. Yes, there is barbed wire. No, it's not new. It's been there for several years, and so long as we are courteous, don't spook the horses, or feed them junk food, we are welcome to pass through.

I also checked out the high ground above Donnellsville Road, where the power line towers were installed last spring (1996). It seems as if someone is conducting dirt bike competitions throughout a beautiful wooded area up there, but the RCT is still viable. It did need some additional marking which I added in the form of yellow flagging tape, a temporary measure, used until we can get some paint up there.

On Wednesday, June 4th, also in the evening, I spoke with Mr. Jeff Blackburn, of Harrison, a landowner through whose property the RCT passes. Jeff reports having no problems, ever, with hikers and continues to allow access through his land. When you're hiking the RCT near Ridge Road in Harrison, Jeff is the guy with the two fine Rottweillers in his front yard.

Later that same night, I hiked the area logged out late last fall, up above Bailey's Run, heading toward Burtner Road, just to make sure the blazes are still standing. As you might recall, the loggers left nearly all the blazed trees, but ONLY the blazed trees standing. Yes, they seemed OK, but I put some fresh paint on anyway.

Finally, on Monday, June 9th, Sue and I walked through Harrison Hills Park, plotting out the route of the Rachel Carson Trail Family Challenge, a five-mile course that will be hiked by numerous families on Challenge Day, June 21st. The Family Route, in addition to traveling the RCT, will loop back through the Horse Course and (secret) Bluebird Valley.

Between now and Challenge Day, Leo Stember and I will continue to apply the spit and polish to the trail, in the hopes that all will have had a memorable day by the time you read these words, in July.

RAFTING

Rafting trips require participants to help in transporting the gear from the hostel to the river and back, pumping up and deflating the rafts, drying out the equipment and providing for its proper storage in the hostel headquarters. *All rafters will be required to wear rafting helmets and approved life vests while on the river.* The hostel owns two 6-person rafts and two 4-person rafts, paddles, life jackets, and helmets for a limited number of individuals. All rafters are expected to bring lunch and beverage in waterproof and breakproof containers, a change of dry clothes, and appropriate rafting clothes (especially a pair of river shoes with thick soles), sun tan lotion, and wool jacket/sweater for cold wet days where hypothermia would be a concern. Also, rafters will be expected to pay a rental fee, a river shuttle fee, a launch permit fee, and share transportation expenses to and from the river. Total cost should range between \$15-20 per person. Would-be trippers should call the trip leaders to get specific details on the trip they wish to join.

July 12, Sat, Lower Yough,	Leader: John Orndorff (741-2021)
July 26, Sat, Lower Yough,	Leader: Gus Hughes (241-1593)
Aug 10, Sun, Lower Yough,	Leader: John Orndorff (741-2021)
Aug 23, Sat, Lower Yough,	Leader: John Orndorff (741-2021)

In addition to the Lower Yough trips listed above, impromptu trips to more challenging rivers may be offered to experienced rafters. Please give your name and phone number to John Orndorff at 741-2021 if you would like to be notified of such trips.

MID-WEEK RAMBLES

Note:

The time for gathering as of July 1 is 9:30am.

July 2	No walk. Happy Independence Day!
July 9	Highland Park. Dorothy Fishel 241-2217
July 16	North Side Heritage Trail. Ruth Fischer 421-9215
July 23	River View Park. Bag Lunch. Earl McCabe 761-1844
July 30	South Park. Bag Lunch. Bonnie Trelease 882-0949

NOTES FOR RAMBLES!

Meet in Mellon Park upper parking lot at Fifth & Shady Avenues by 10:00am in June and 9:30am in July. Carpooling is encouraged. For trips over 10 miles, please pay driver \$2.00

Call trip leader for more information especially if you plan to meet us at the trail head.

CYCLING

JULY 25-27 ALL Joan Roolf 795-8345
STANFORD HOUSE BIKING WEEKEND Stanford House is in the Cuyahoga National Recreation area in Ohio. A two hour drive from Pittsburgh takes you into the valley where towpaths and Railtrails branch out in all directions. This trip is suitable for riders who wish to go at a more relaxed pace. The more experienced cyclist will find many miles to cover at a faster pace. Weekend evenings offer many concerts and programs in the local area. Stanford House has always been one of Pittsburgh AYH's favorite Hostels. Sign up early because this trip usually fills up fast. A limited number of spaces are available.

July 27 A/B/C 431-1267
The Great Ride Famous tour of the city. Call AYH office for more details

August 9-10 B/C Judy Menosky 242-1573
Bedford Hostelling or camping in Schellsburg which is just west of Bedford. Camp at Shawnee State Park. In addition to great biking, there is swimming at the park.

August 24 A/B/C Lynn and Chuck Ejzak 653-3257
Mon Valley Century Bicycle Tour Choose from a challenging 100 miles, 70 miles, 50 miles and 35 miles. Rides start in Elizabeth, PA. Call AYH office (after July 1) for an application or get one at AYH. Discount for registrations received by July 31. We are looking for volunteers for this ride. If you or someone you know would volunteer, please contact Lynn or Chuck.

October 5 A/B/C Bill Eberle
SABRE (Southwestern Autumn BREEze) Southwestern Allegheny county and Washington county. 100 km (65 mile) and 50 km (35 mile) rides offered. Rides start at Settler's Cabin Park. Registration includes marked roads, map, snack stops and a picnic lunch at the end. Call AYH office (after Aug 1) for an application or get one at AYH. Discount for registrations received by Sept 15.

Oct 11-12 C Pat Rossi
Wilderness Lodge Off road and On road riding near the New York / PA border. Stay overnight at the lodge. Contact Pat for more details.

Ride Class:

A Adv. (50+ miles), B Inter. (30-60 miles),
C Easy (15-40 miles), D Beg. (10-20 miles)

All Trips:

Trips are generally open to riders of all ages, subject to the trip leaders' approval. (Most riders tend to be between ages 18 and 70) AYH Members are given priority over nonmembers for trips with limited space. Bicycle Helmets (ANSI or Snell approved) are required on all rides. Riders are responsible for their own equipment.

AUGUST RIDE OF THE MONTH!!!

Mark your calendars early

Saturday, August 16th, 1997

TOURING CLASS RIDE	25 MILES
JOAN ROOLF	795-8345

Try some very easy hills on quiet country roads, in Westmoreland County. Enjoy a brief look at history along the way. Bring something to feed the ducks at Twin Lakes Park. Starting time, probably 10 am (earlier if it is a hot day). Please call Joan Roolf for details.

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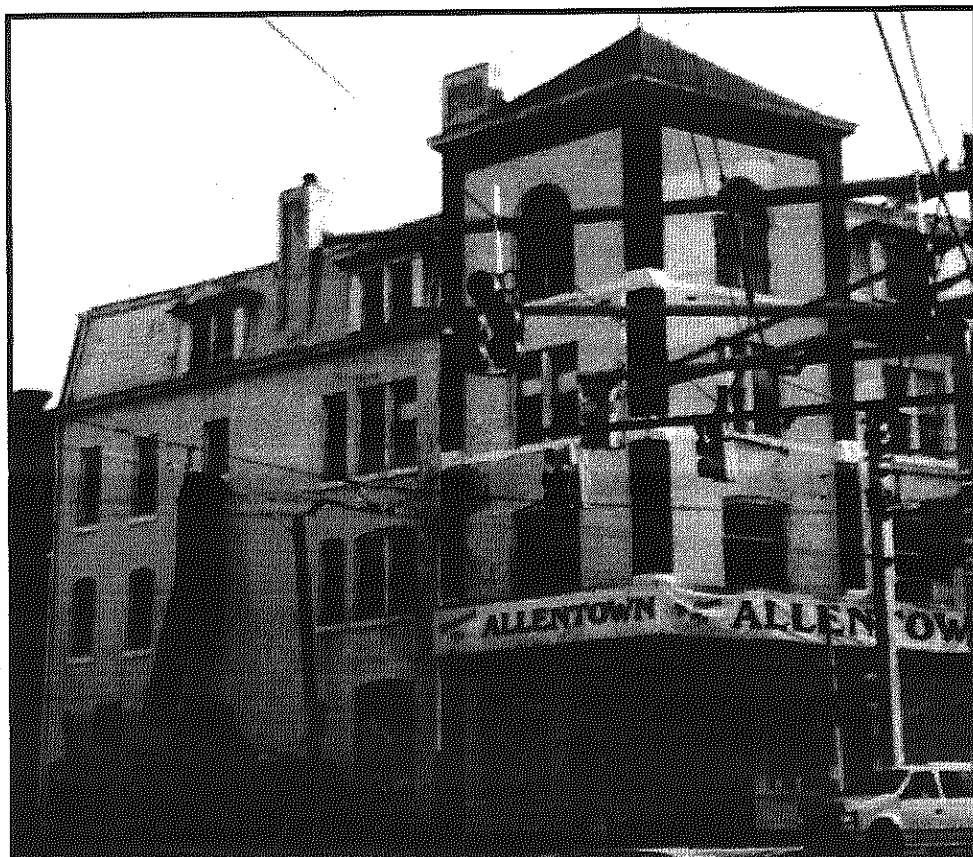
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For Sale: North Face Back Magic, external frame backpack; flexhip joints, heavy duty, large capacity. Will deliver. \$75.00 obo. Call 304-233-5960.

For Sale: NIKON FG SLR. 28 mm 52 mm and 70-210 mm zoom macro lens closeup lens tripod and bag mint condition \$400.00. Call RICHARD GREGO, 412-533-5725

Editor, The Golden Triangle
830 Warrington AVE.
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CANOEING

June 7 Joyce Appel 526-5407
Flatwater or easy Class I trip. Beginners welcome. Call for details.

June 8 Brian McBane 433-8972
Moving water school. Call for details.

June 14 Hope 898-1891
Class I trip on the Little Beaver River.

June 15 Paul Henry 347-3282
Flatwater trip. Dads and sons welcome on Father's Day. Call for details.

June 21 Jon Maiman 441-2306
Class II solo canoe school.

June 28 Brian McBane 443-8972
Whitewater II school. Call for details.

June 29 Jim Roberts 244-8332
Class I-II trip. Call before 10PM/ details.

July 3-6 Jon Maiman 441-2306
Class I-II canoe camping. Call early for details and reservations.

July 12 Porcelli 271-4776
Class I trip. Call for Details.

July 19 Al Kepner 481-8936
Class I-II trip. Call for details.

July 26 Becky 242-7179
Class II trip. Call for details.

August 9 Oscar Mayer, 828-7123.
Class I or II day trip depending on the interests of participants.

Aug 23 Janet 247-4016.
Class II trip.

August 24 Roy Weil, 681-5131.
Poling School. Learn to propel a canoe with a long pole instead of a paddle.

Oct 17-19 Jon Maiman 441-2306.
Class I-II Fall leaf trip.

REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 830 Warrington AVE., Pittsburgh PA 15210

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North Country Trail. A narrative description of the North Country Trail\$6.00

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