

The Golden Triangle

The Newsletter of the Pittsburgh Council, American Youth Hostels

Volume 42 Number 9

September, 1991

September Programs

September 5

Meet People from the
Pittsburgh City Theater

September 12

All About Owls

Chuck Tague
Pittsburgh Aviary
(and some owls)

September 19

Iceland Panorama
James T. Wallace

September 26

**Wild Areas of Western
Pennsylvania**
John Doyle,
South Park Naturalist

We need shows!

To volunteer to
do a show,
call Rodney Horner
at 339-0944

The Next AYH Hiking Guide to Western Pennsylvania Needs Your Help!

The Pittsburgh AYH Council's Hiking Guide to Western Pennsylvania is in serious need of attention. The current edition of the book will be out of print in a few years, and a new edition must be prepared.

In decades past, the Hiking Guide used the experiences gained on AYH hikes and backpacking trips as a major source of information. In recent years this source of information has reduced to a trickle, and many changes that need to be made to trail descriptions have not been relayed to the editors. AYH's Publications Committee feels that this situation would ultimately lead to an unacceptable degradation in the quality of the Hiking Guide.

To solve this problem, the Committee is soliciting the services of western Pennsylvania hikers and backpackers to scout and report on foot trails and hiking areas for the Sixth Edition of the Hiking Guide.

The Committee is considering paying for these services on a royalty basis. The split of the total royalty paid among the trail scouts would be determined by the relative number of trail miles scouted. Scouts could do their scouting by leading hikes, backpacking trips and ski-touring trips for AYH or other organizations.

This would reduce driving costs and use the volunteer services of

other hikers. Note that the Sixth Edition will be expanded to cover ski-touring opportunities in Western Pennsylvania.

If you think you might be interested, please contact Bruce Sundquist at 327-8737.

AYH Treasurer Retires

Fred Hull, our Council's Treasurer for the past 23 years, has decided to retire. His accomplishments include computerizing the AYH general ledger. The major financial statements are all handled on a PC.

Thanks, Fred, for a job well done.

If you are interested in becoming AYH Treasurer, contact Fran Gayler at 366-4062.

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Are You Moving? Subscription Problems?

To continue receiving *The Triangle* you must notify us by mail or phone of any change of address. To notify us of any changes, please send all correspondence to:

The Golden Triangle,

6300 Fifth Ave.,

Pittsburgh, PA 15232.

Phone: (412) 362-8181.

The Triangle is mailed to you via Third Class mail to save on postage. The Post Office does not forward Third Class mail! It is returned to us with 52 cents postage due. Please let us know if your address changes to ensure you get every issue, and to minimize costs to the Council.

Guidelines for Contributors

Articles of interest to our members are welcome. Possible ideas include: stories relating to our trips and activities, the environment, the outdoors, etc. Use of material is limited by available space. Submitted materials may be edited.

To submit an article, put it in the Editor's box at HQ or mail it to: *The Golden Triangle*, 6300 Fifth Ave., Pittsburgh, PA 15232.

Articles may also be submitted on 3.5" disks (Macintosh or MS-DOS), or by modem. Electronic addresses are:

Internet: ronw@apexsc.com

Compuserve: 75530,3711

About AYH

American Youth Hostels is a non profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of the International Youth Hostel Federation (IYHF) which coordinates more than 5,400 hostels worldwide—the largest network of accommodations in the world.

October Deadlines

All copy

September 5

Binding and Mailing

September 26

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Mail regarding this newsletter should be addressed to: *The Golden Triangle*, Pittsburgh AYH, 6300 Fifth Avenue, Pittsburgh, PA 15232 (412) 362-8181

Corner

COUNCIL TREASURER

After 23 years of service, Fred Hull has decided to step down as Council Treasurer. Fred has provided unprecedented continuity to the Council as other officers come and go. I've benefitted from his support and advice as I'm sure other Council Presidents before me have. Fred, it just won't be the same without you. Thanks for all you've done.

A COUNCIL OFFICE

Yes, the Council is about ready to open an office! I think this is really great. It's something the Council has needed for a long time, and it can be the start in a new era of Council growth and accomplishment. Yes, there will be a significant increase in operational costs, but I believe the results will show that this is the right way to go. The details appear in the accompanying article but if you'd like more information, give me a call.

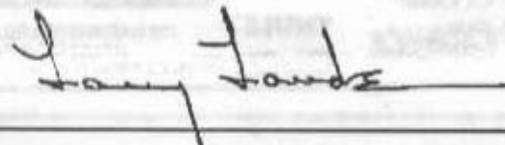
ELECTIONS

Next month, we'll be publishing a call to the annual meeting and elections, tentatively set for October 18th. An operation of our size cannot survive without the continued support of volunteers, committee chairs and officers. Please consider offering your support to the Council by volunteering to run for office. Our most pressing needs are for: Directors to provide overall direction, impetus and enthusiasm for the Council; a new Treasurer and a bookkeeper; special events coordinators; headquarters support and operation; hostel operation and development; membership development; and fund raising.

HEADQUARTERS

Jon Maiman and I have been talking about the current state of the Headquarters building. He's planning a work party for general cleanup and fixup that should be appearing in this issue. I encourage all of you who use headquarters for open house and activities to volunteer at least half a day to work on the building.

Larry Laude 412-665-9554 or
CompuServe 73467,3201



Innertube Hike Leaders Needed for 1992

On hot July and August weekends, when nothing else seems to make much sense, an innertube hike is the perfect way to enjoy the outdoors. Some US rivers see tens of thousands of 'tubers every summer.

Pittsburgh AYH has run innertube hikes in the Youghiogheny River valley off and on since 1963, when Tom Gabor led a rugged crew with their air mattresses and car innertubes into Youghiogheny River Valley and up Morgan Run near Camp Carmel. But we've never had more than one trip per year — until 1991. At least three trips went this year, two with long waiting lists.

We should probably plan on four trips next summer to spare trip leaders (and trippers) the hassles of dealing with waiting lists. But for this we need some trip leaders. We already have equipment for an 18-person trip and a 5-page set of instructions for trippers and leaders. We also have a perfect site for a tubing hike—cool, scenic Johnson Run for the walking part, and a delightful 3-mile section of the Youghiogheny River, full of fun and rapids, sandy beaches, quiet pools and great scenery for the tubing part.

If you would like to consider leading an innertube hike next July or August, contact Bruce Sundquist at 327-8737. You'll be sent the 5-page trip manual, and next June we'll set up two trips for July and two for August (leaving weekends open for postponements when weather is not hot and sunny). You'll also be signed up as a tripper on one of the first few trips so you can learn the trip logistics for when it is your turn to lead.

Tubing trips are challenging to lead, so trips should have two leaders—one for reservations, finances and carpools; and another for equipment. We plan to charge a \$1.50 equipment rental fee next year to pay the \$19.00 it costs to equip a tripper.



Headquarters Work Party

Come one, Come all. Bring your best painting clothes. On Sunday September 15 we will be painting the headquarters building. The fun will start at 9:00am and run through the afternoon. Lunch will be provided by the Council. For further information, please call Jon Maiman (Home: 441-2306 or Work: 642-6900).

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Dreaming of Hiking the Appalachian Trail?

A group of AYH slackpackers has formed with the intention of hiking the Appalachian Trail in short segments. The group consists of Pete and Janet Srin, Karen Lukas, Bill Lindgren, Calre Bunker, Pat Tiesman, and Jerry Gogol.

The group's evolving plans include hiking, backpacking, car camping, hosteling, and creature comforts whenever possible.

Plans for the first weekend trip include car camping and two days hiking on the northern half of the Appalachian Trail in Maryland. (See trip announcements for details.)

The second AT hike is planned for October. That trip will complete the AT in Maryland. If you are interested, contact Pete Srin at 921-1238 or Clare Bunker at 244-9788.

"You can lead a man to a university, but you can't make him think."

— Finley Pete Dunne, 1900

Cycling in September



Friday to Sunday, September 6-8

FSS Stanford House Hostel

In Cuyahoga National Recreation Area, road and bike path riding available. Call early to see if spots are still available. Joe Hoechner 242-0781

Sunday, September 29

Possible Trip in Mon Valley

Call to see if it is going and for more details Chuck Ejzak 466-6196

Sunday, October 6

SABRE

Look for the application form included in this newsletter or call Bill Eberle (833-9732) for more information.

Other Bicycle Trips

The following rides are not Pittsburgh Council AYH rides, but are listed here only because we want you to know about them

Saturday, September 7

Century Saturday

A fun day of cycling sponsored by the Western PA Wheelmen. All rides leave from Olympia Grove in North Park (Across from the skating rink). 100, 62, and 25 mile rides with starting times of 8:00, 9:00, and 10:00, respectively. Call George Schmidt (521-1538) of the WPW for more details.

Sunday, September 15

North East Ohio Century (NEOC) XVIII

Led by the Outspoken Wheelmen from Youngstown, OH. Here is a century with fewer and lower hills than most rides close to Pittsburgh. Rides of 100, 62, and 35 miles. Call (216) 757-9057 for more details.

Saturday to Sunday, September 21-22

Tour Along the Southern Shore of Lake Erie (TASSLE)

Starts from Cleveland and Toledo simultaneously, For more details and to register call James Guilford (800) 423-7447

Saturday to Sunday, September 28 - 29

Columbus Fall Challenge

Put on by the Columbus Council, AYH - A hilly ride consisting of two 100 mile days. As the name suggests, these are not easy century rides. Registration deadline is Sept 10. Write to Columbus Council AYH, Ed Honton, 4530 Langport Rd, Columbus OH 43220

State Adopts Mountain Bike Policy

On March 11, Bill Forrey, Director of the Bureau of State Parks of the Pennsylvania DER issued a Mountain Bike policy to supervisors and state officers in the state park system.

This policy is the result of consultation between the State Parks and various bicycling groups. The policy acknowledges that bicycle trails and roads already in state parks are not sufficient to meet the desires of mountain bike enthusiasts. They set forth the criteria by which existing park trails, old wood roads, and unpaved roads may be made available for mountain bike use.

The key role for cyclists under this new policy is to contact the Superintendent at the park(s) where they want to ride, and to offer help in identifying potential routes and in maintaining the trails. The Superintendent can then submit the proposed route to the appropriate Regional Office and the Central Office for approval.

The policy acknowledges the importance of mountain biking and works toward an accommodation of this new activity with other uses of the parks. Copies of the policy are available from the Bureau of State Parks, DER, PO Box 8551, Harrisburg PA 17105-8551.

"Nothing is so useless as a general maxim."

- Macaulay

Canoeing in September



Sunday, September 8

Class I-II trip, Middle Yough

Leader: Bob Buck (793-1480)

Canoe trips will be scheduled on an impromptu basis during the month of September, depending on water levels. Contact canoeing chairpersons Clare Bunker (244-9788) or Royanne Mac (335-7326) for more information.

Caving in September



Saturday, September 7

Location to be announced

Join Norm Snyder on a beginning caving trip to a nearby cave. Contact Norm at 351-4068 for more information.

Climbing in September



Saturday and Sunday, September 7-8

Intermediate Climb, Seneca Rocks II

The Seneca Rocks trips are designed to give climbers their first taste of multi-pitch climbing. Climbers that have just "graduated" from Seneca Prep are given top priority so they can practice their skills. Space is usually tight so sign up early.

Saturday, September 21

Beginner Climb, Coopers Rock

Last Chance for Beginners! Beginner trips are geared toward teaching basic rock climbing skills to people that have never climbed before. All you need to bring are tennis shoes and lunch. AYH supplies the ropes and climbing gear. We usually go swimming if it is warm, and then stop for dinner on the way home.

Private (non-AYH) Grand Canyon Trip

Norm Snyder will lead a two-week backpacking trip to the Grand Canyon in Arizona during the last two weeks of September. The trip will also feature a visit to a second canyon that is noted for having the largest number of Indian cliff dwellings in the US.

"Men argue, Nature acts."

— Voltaire

Pittsburgh Council Hostels

Ohiopyle AYH Hostel

Ohiopyle State Park
P.O. Box 99
Ohiopyle, PA 15470
(412) 329-4476

The Pittsburgh VRC Hostel

1323 Forbes Avenue
Pittsburgh, PA 15219
(412) 471-2600

Charleroi Youth Hostel (S.A.)

Rego's Hotel & Restaurant
601 McKean Avenue
Charleroi, PA 15022
(412) 483-6200

Little Hickory Home Hostel

East Hickory, PA
(814) 755-4908

Living Waters AYH Hostel

RD #1 (1 mile west on Route 30)
Schellsburg, PA 15559
(814) 733-7607

Family Activities in September



Saturday, September 21

Ohiopyle State Park, Bicycling

Children of all ages welcome. Contact Dan Cornell at 242-6928

Hiking/Backpacking in September



Saturday, September 14

Hiking maintenance Trip, Baker Trail

Meet at headquarters at 8:00am. There is no fee; call Pete Srini at 921-1238 for more information.

Saturday, September 14

Intermediate Hike, Bear Run

This is an 8-10 mile hike. Meet at headquarters at 8:00am. Contact Tom Varney at 276-8044 for more information.

Sunday, September 15

Intermediate Hike, John P. Saylor Trail

Meet at headquarters at 8:00am. Contact Pete Srini at 921-1238 for more information.

Friday to Sunday, September 20-22

Intermediate Hike, Appalachian Trail in Maryland

This is a car camping trip, and is part of a series of Appalachian Trail hikes (see article in this newsletter). Meet at headquarters at 6:00am Friday. This hike will be on the northern half of the Appalachian Trail in Maryland. Total hike is 21 miles in two days. Leaders: Pete Srini and Bill Lindgren. For more information, contact Pete Srini (921-1238) or Clare Bunker (244-9788).

Friday to Sunday, September 20-22

Intermediate/Advanced Hike, Linn Run State Park

Linn Run State Park will serve as base camp for this two-day hiking and cabin camping expedition. Saturday's hike will be a 13-mile loop hike to the Rachel Wood Game Preserve. There is only one hill on the hike, but it's 7 miles long. Sunday's hike will be a 5-mile loop hike on the Grove Run Trail in the Park.

Pittsburgh Council Activity Chairs

Bicycling

Chuck Elzak 466-6196
Bill Eberle 833-9732

Canoeing

Clare Bunker 244-9788
Royanne Mac 335-7326

Caving

Dan Mart 921-4638

Climbing

Eric Bauer 687-0766

Family Activities

Barbara Hanusa 441-7205

Hiking & Backpacking

Ben Brugmans 736-2751
Pat Tieman 561-3286

Kayaking

Ray Yutzy 341-5682
John Gaylor 366-4062

Mid-Week Trips

Cliff Ham 687-4520

Rafting

Jon Maiman 441-2306
Linda Smithyman 531-1868

Sailing

Bob Zavos 241-0659

Sea Kayaking

Ted Self 673-9920
Mark Mistrik 441-8293

Volleyball

Jeff Marsh 384-7827

Cross-Country Skiing

Fred Parker 856-4713
Steve Tubbs 279-4866

Kayaking in September



No kayaking trips are scheduled as of press time, but that doesn't mean there won't be any! Trips will be announced at Thursday night meetings, or you can contact one of the Kayaking chairpersons for information on trips: Ray Yutz at 341-5682 or John Gaylor at 366-4062.

Rafting in September



Friday, August 30 - Monday, September 2

Intermediate Rafting Trip

Meet at HQ at 6:00 pm for a weekend trip to the New River Gorge. Some prior rafting experience is required! Aprox. cost of this trip is \$65-\$75 including camping fees. Leader: Jon Maiman (441-2306 H).

Saturday, September 7

Beginning Rafting Trip

Meet at HQ at 8:15 am for a day trip on the Lower Youghiogheny River. Beginners are welcome on this trip including first time rafters. Aprox. cost of this trip is \$18-\$20 for AYH members. Leader: Linda Smithyman (531-1868 H).

Friday, September 20 - Sunday, September 22

Intermediate Rafting Trip

Meet at HQ at 6:00 pm for a weekend trip to the Lower Gauley River. Some prior rafting experience is required! Aprox. cost of this trip is \$65-\$75 including camping fees. Leader: Jon Maiman (441-2306 H).

Mid-week Rambles Each Wednesday

We meet each Wednesday at 10:00 am in the upper parking lot at Fifth and Shady Avenues. Call Cliff or Marilyn Hamm at 687-4520 (home) for more information on current activities or to make arrangements to meet the group.

Rafting and You

What to Bring

Suggested attire for raft trips includes old sneakers, bathing suits, T-shirt (optional), sunscreen, bandana, glasses strap, towel. You'll also need a full set of dry clothes to change into after the trip. Wool clothing and/or raingear are needed for cool or rainy days. Bring your own bag lunch to eat on the river. Most trips take a full day and stop for ice cream or dinner on the way back.

Impromptu Trips

When river water levels cooperate, we organize impromptu trips. These trips, usually on rivers other than the Lower Yough, are announced at Thursday evening open house.

REWARD

\$100 REWARD for return and recovery of 16' Red Temagame canoe taken from 417 Chartiers Street, Bridgeville, PA on June 24, 1991. Additional \$100 REWARD for apprehension and conviction of persons responsible for theft. Canoe may have been repainted. PA hull number: PA 7999 AF Call 412-221-8867 or 412-833-6520.

Newsletter Submissions

There are several ways to submit an article or schedule for publication:

* Mail to: Editor, *The Golden Triangle*, 6300 Fifth Avenue, Pittsburgh, PA 15232.

* Send via internet e-mail to: ronw@apexsc.com

* Send via compuserve mail to: Ron Wodaski at 75530,3711

Sailing in September



Saturday, September 7

Watts Bay, Lake Arthur

Launch from Watts Bay on Lake Arthur in Moraine State Park. You must have completed our introductory sailing course or the equivalent. Cost is \$10.50. Bring your own lunch. Leader: Bob Zavos at 241-0659.

Saturday, September 14

South Shore, Lake Arthur MSC Flying Scott Regatta

Launch from the South Shore of Lake Arthur and watch Moraine Sailing Club's races and the Flying Scott Regatta. Bring a lunch, or eat at the nearby concession stand. Daily fee is \$10.50. Leader: Bob Zavos at 241-0659.

Saturday and Sunday, September 21-22

Weekend Sailing Trip to Ohio

We will schedule a weekend overnight trip to La Due Reservoir near Auburn Corners, Ohio. Camping will be at a nearby state park. People with their own boats are welcome. Details are available on the sailing bulletin board at AYH headquarters, or you can call Bob at 241-0659 for more information.

Sea Kayaking in September



September Sea Kayaking Information

The Sea Kayaking leaders were out of town at deadline, so trips will be announced at the Thursday night meetings. If you can't make it to the meetings, call Mark Mistrik for more information at 441-8293.

Volleyball in September



Tuesday Nights

Volleyball in Mellon Park

AYH plays volleyball in Mellon Park from 6:30pm until dusk, weather permitting. Call Jeff Marsh (384-7827) for more information.

Beginning Kayak Schools: What You Need to know

AYH beginning kayaking schools are held once a month from June to September. These schools provide an introduction to the exciting sport of whitewater kayaking.

The schools are open to complete beginners (those who have never been in a kayak before) and to those who have never kayaked on whitewater before, and they are great fun! The schools last an entire weekend and include an overnight stay at the Pittsburgh Council hostel in Ohiopyle.

The first day of the school is spent learning the basic skills of kayak paddling on a very nice, calm lake. The second day is spent developing those skills on a very easy (class I-II) whitewater river. Space is limited and preference will be given to AYH members, so sign up early. Call Ray Yutzy (341-5682) or John Gaylor (366-4062) for more information or to reserve a spot.

**"The test of a vocation
is the love of the drudgery
it involves."**

— L. P. Smith

Additional sailing trips may be scheduled if we have more trip leaders. Check each Thursday at AYH headquarters. All trips will be finalized Thursday evenings. Please do not call after Thursday evening for available spaces.

Staff and Volunteers Needed for Pittsburgh Council Office

On July 29th, the Board of Directors of Pittsburgh Council approved setting up a Council office. While the details are still being worked on for final Board approval, we anticipate that the office will be open by October 1st and will be a relatively small walk-up office in the East End of Pittsburgh with a part-time paid employee. The main function of the office will be to handle the administrative work of the Council, such as answering the phone and the mail, responding to requests for information, selling memberships and publications by mail, issuing the required reports to the National office, and taking reservations for activities and trips. There will be some direct over the counter sales to accommodate people who need passes and other information quickly.

Initially, we are looking for a staff person to work 15 hours per week on a minimum of 3 days per week. Hours are flexible but must be regularly scheduled. Basic telephone and computer skills will be necessary. Previous AYH activity and hosteling experience is preferred but is not absolutely necessary. We will provide training as needed. But above all, we need some with enthusiasm and who likes to work with people.

Hostel News

An increasing number of hostels, including over 70 in the United States and Canada, are accepting telephone reservations using MasterCard or Visa. You need to call the hostel one to two nights in advance between 7 pm and 10 pm and give the hostel operator your name, the date of arrival and the number of nights you wish to stay. Have your MasterCard or Visa number and expiration date ready.

A non-refundable deposit equal to your first night's stay (and sales tax where applicable) will be charged to your credit card if there is space available. A \$1 service may also be added. A bed will be held for you until 9 pm.

As with all hostel reservations, call ahead if you will be delayed. A poster listing the participating hostels is posted at Pittsburgh Council headquarters and at most hostels.

Pedal Power vs. Petroleum

Percentage of Americans who live less than 5 miles from work: 54

Percentage of Americans who commute by bike: 1

Number of lanes a bridge or city street must have to accommodate 40,000 automobiles per hour: 12

Number of lanes necessary to accommodate 40,000 bicycles per hour: 1

Number of bikes that can be produced for the energy and resources it takes to build one medium-size automobile: 100

Blackwater Falls 1991

Bad news here. So far, the Council has not been able to make reservations for Blackwater Falls for January 1992! We will have final information for you in the October newsletter. If we cannot reserve as a group, we may suggest that individuals and small groups reserve separately for the same weekend and have an "unofficial" Blackwater Falls weekend.

The Wilderness Lodge trips are still on, however. We are trying to arrange for 4 weekends this year since everyone enjoys Nansi Jane's place so much. Again, watch the October newsletter for details.

Call for Volunteers

The Nominating Committee is looking for members interested in taking an active role in the Pittsburgh AYH, either through activities or administration.

If you are energetic enough to assist in running one of the programs, such as caving; or hoping to jump into administrative work, such as treasurer; or in becoming a member of the board of directors, we welcome your interest. The full scope of open positions will be known by the time you read this.

If you are interested, contact Linda Smithyman at 531-1868 or Jon Maiman at 441-2306. They will be glad to let you know what positions are open, and to explain the duties for each position.

Get involved now!



Iceland: Coming September 19th

Bring your preconceived ideas about Iceland, but be prepared to accept new visions of this exciting country as you participate in a 1300 mile land trip around the island.

Environmentalists and geologists will enjoy observing the extreme diversity of this small country as they view black sand deserts, volcanic cones, lava fields, glaciers, icebergs, geysers, solfatara fields, ancient sod farms and churches, small fishing villages, exotic plants, Icelandic horses, and, of course, puffins, under a magnificent 24-hour-a-day summer sun.

Evening Bike Rides

10 to 20 mile rides from South Park. These go many evenings. Call to get details for the day that interests you. Leader: Bill Eberle (833-9732)

Mountain Bike Rides

Meet at South Park every Saturday. There are trips for beginners and for intermediate/advanced riders. Locations and times change, so call for more information. Leader: Tom Mantle. 343-6885

Ohiopyle Work Party a Big Success!

Many, many thanks go out to the volunteers who made the Ohiopyle work party such a resounding success. It was the largest group of volunteers anyone could remember.

During the work party on Saturday, August 10th, we got a lot of painting done, the inside was cleaned up, and everyone got fed very, very well.

The list of volunteers included: Margaret and John Erario, Grace Pishke, Christine Enzerra, Janet Lugas, Mary and Tom Bates, Rosemary Shepherd, Ron Boone, Doris Hayashikawa, Willy Bryant, Lenny Szypulski, Nick, Tom (both know who you are!), Joe Hoechner, and special thanks go to A. J. Stones for providing the ladders and equipment.

The next work party at Ohiopyle will be held Saturday, September 21st. Call Linda at 531-1868 to become a part of the next work party!

Appalachian Trail Memorial

The parents of Mally LaRue and Geoffrey Hood, the two hikers murdered on the AT last September, have asked that monies donated in their name be used to purchase a tract of land along the trail. The Trust for the AT will look for land with water—a spring, waterfall, pond or river—to serve as a living memorial to the slain hikers.

New Council Treasurer Needed

AYH Treasurer needed.

Do you have a head for numbers? Are you trained in accounting? If you have these special skills, we desperately need you. Or, if you know of a financial person, not necessarily a current member, who would be willing to donate their time to our volunteer organization, please refer them to us. The Treasurer is a member of the Board of Directors and a vital person to the smooth functioning of the Pittsburgh Council.

Fred Hull, our Council's Treasurer for the past 23 years, has decided to retire from office in the near future. Of the current officers, he has, by far, the longest record of service. His accomplishments over that time have been numerous. Fred has computerized the general ledger on a PC to help make the job easier. Its resident accounting ledger software generates the major financial statements. On behalf of the membership, congratulations go to Fred Hull on a job well done and a big "Thank you!" for the many years of dedicated service.

If you can give some time to continue this important function, please contact the Assistant Treasurer, Fran Gayler at 366-4062.

Licensed Electrician and Plumber

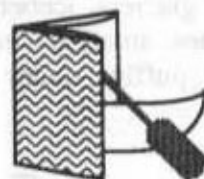
One of the Council's missions is to buy, renovate, and operate a Hostel in the City of Pittsburgh. A licensed electrician and plumber are needed to evaluate premises in the City and estimate costs to renovate.

Contact Linda Smithyman, Hostel Development Chair, 531-1868.

It's Here!! It's Here!! It's Here !!

The 1991 Eighth Edition of the

Canoeing Guide to Western Pennsylvania and Northern West Virginia



Compiled and edited by Roy R. Weil and Mary Shaw

The geographic area covered by this guide includes all streams whose waters drain into the Ohio River within Pennsylvania and the northern panhandle of West Virginia or into Lake Erie from Pennsylvania. This guide emphasizes open-canoe paddling on easy to intermediate whitewater, although major rivers, flat streams of scenic interest, and more difficult creeks of interest to closed boaters (kayakers) are included. The coverage in the guide is of many canoeable streams rather than extensive description of a few.

This guide consists of 480 pages with 270 trips covering 3039 miles of streams and has evolved over 30 years from a mimeographed pamphlet of 11 pages with 20 trips covering 350 miles of streams. The major revisions in this edition include completely revised hydrology (more usable stream size, gauges, and normal wet period), addition of over 50 new streams, and revisions of almost all of the write-ups. The average age of the write-ups was decreased from nearly 8 years in the seventh edition to about 3 years at the end of canoeing season 1990. A rewrite of the shuttles into a more usable, consistent format was initiated.

Many individuals have contributed lots of volunteer effort in the development of this guide throughout its 30-year history. The editors, Roy R. Weil and Mary Shaw, wish to recognize the following people who have made major contributions to this guide throughout its development: Rich Bartoo, Bob Buck, Gordon Bugby, Bob Burrell, Carol Davis, Lloyd Geertz, Ed Gertler, Ray Gerard, Jim Gogots, Don Hoecker, Ed Holloway, Tom Irwin, John Mahaffey, Walt Pilewski, Tom Reilly, Harvey Shapiro, Katherine Spindt, and John Sweet.

We especially want to thank the following for their contributions to this, the eighth edition: Tom Irwin, Ed Gertler for bagging and writing up a host of new streams. Edward Link and Don Frew for fresh write-ups on a variety of rivers. Frank Bruns for custom printing the photographs. Bob Buck, Gordon Bugby, Don Hoecker, Karen Lukas, Ray Yutzy, Jane Swanson, Rick Tomlinson, and others who gave up many Tuesday evenings to edit and revise the text. Bill Salesky of the US Army Corps of Engineers and Joe Lescinsky of the US Geological Survey for providing information enabling us to do a much better job on the gauge readings. Marian Hrubovcak of Pennsylvania DER for an update to the Scenic Rivers Section.

The guide will be available in mid April for \$13.95 + tax from the hostel storekeeper on Thursday evenings, Roy or Mary on the river, or Canoe Pittsburgh in the Southside during normal store hours. It will be available from booksellers and outdoor stores soon after their orders come in. Ask your favorite outfitter to order soon. Mail order from AYH is also an option, but it will cost an additional \$2.84 for postage, handling and sales tax.

SABRE

Southwestern Autumn Breeze Bicycle Tour

Sunday, October 6, 1991

Presented by:

PITTSBURGH COUNCIL • AMERICAN YOUTH HOSTELS

Sister Tour to the Mon Valley Century



START

SABRE starts in Settler's Cabin Park at the Cayuga Picnic Grove. See back of application for directions. Pick up Registration Packet before starting the Tour. Registration opens at 7:30am with The Metric Tour riders leaving at 8:30am. The 35 and 15 milers depart at 9:30 and 10:30am respectively.

ROUTE

SABRE is a tour of southwestern Pennsylvania, and more specifically of the small rural and farming communities southwest of Pittsburgh. Cycle SABRE and see Western PA's fading orchards and rolling fields filled with red, orange and fire yellow trees while the October skies are clear and a fresh breeze fills the air. We promise the route which during this Autumn period will be ablaze with colors, leaving you with memories that will easily carry you through the cold, slush-filled winter to come. SABRE consists of 3 routes for cyclists of all abilities, a challenging metric century (65 miles), as well as the 35 mile route and the 15 miler.

FOOD

65 milers receive 2 snack stops and the 35 and 15 milers have 1 snack stop, but don't fill up too much, because instead of finishing the Tour and simply going home like so many other rides, we will be waiting for you with an unforgettable, unsurpassable picnic lunch at the Cayuga Picnic Shelter. If the Autumn breeze is chilly, we promise to warm you up!!!

COST, REGISTRATION PACKET, PICNIC

\$8 on or before September 23, 1991 (\$10 thereafter and day of Tour registration) will get you a ride map and cue sheets, a rider number, sag support, snack stops and an Inaugural SABRE Tour Patch. When you finish the Tour, there will be the "SABRE Feast" picnic lunch awaiting you!

HELMET

The Pittsburgh Council, AYH strongly encourages you to wear an approved bicycle helmet for all of your riding, including SABRE. After all, your brain is the most precious item you own!!

SUPPORT

A sag will pick up those who can't finish due to bike problems or fatigue (you and your bike are expected to be in good condition before the ride starts).

EXTRAS, OFFICIAL SHIRT, GUEST PICNIC TICKETS

With a great picnic like ours we knew you would want to bring Gram and Gramps, Friends, and Family. So for \$3, "SABRE Feast" picnic tickets may be purchased for one and all. Unsure of the number of guests you wish to bring? Don't worry, tickets will also be available at the picnic. We also offer the official SABRE Tour commemorative T-shirt for \$6 with preregistration before September 23, and will be included in your packet on Tour Day October 6. Shirts will also be available September 24 through October 6 for \$7.50, includes postage, and will be mailed to you.

RIDE DIRECTOR

Questions, concerns, suggestions or if you wish to volunteer, please contact Bill Eberle at (412) 833-9732 (phones answers 24 hrs).

----- Please photocopy and pass along to a friend -----

1991 Southwestern Autumn Breeze Bicycle Tour Registration

Mail to: Sabre, P.O. Box 113453, Pittsburgh, PA 15241

Make checks payable to: Pittsburgh AYH



Name _____		Address _____	
City _____		State _____	Zip _____
Phone _____	<input type="checkbox"/> 65 mile <input type="checkbox"/> 35 mile <input type="checkbox"/> 15 mile		How did you hear about SABRE? _____
Is there also another month during the year that you would like to see AYH put a major ride on like SABRE or the MVC?			Age _____

Registration Packet includes:

Your picnic meal and Inaugural Tour Patch

Registration

\$8 before September 24

\$10 after September 23

Official commemorative T-shirt

\$6 before September 24

\$7.50 after September 23

S _____ M _____ L _____ XL x \$ _____ = \$ _____

(Fill in Quantity) (Price)

Guest Picnic Tickets

Quantity _____ x \$3 = \$ _____

Donation to Pittsburgh AYH \$ _____

TOTAL Check enclosed. \$ _____

(Made payable to Pgh. AYH)

DISCLAIMER AND RELEASE

I, intending to be legally bound, hereby for myself, my heirs, executors and administrators, in consideration of participating in the Pittsburgh Council American Youth Hostels' SABRE voluntarily assume all risks of accident or injury. UNDERSTAND THAT THE ROADS WILL BE OPEN TO ALL NORMAL VEHICULAR AND PEDESTRIAN TRAFFIC, waive all negligence and other duty of care, and release and discharge the Pittsburgh Council American Youth Hostels Inc., and their trustees, officers, members, employees, and agents, from any and all liability for injury loss of life, or property damage, or any kind, sustained or arising as a direct or indirect proximate cause of said event.

I further agree and promise to INDEMNIFY AND HOLD HARMLESS the Pittsburgh Council American Youth Hostels Inc., and their trustees, officers, members, employees and agents, from all loss and expense, including but limited to damages, legal expenses or involvement in the Pittsburgh Council American Youth Hostels' SABRE.

I do hereby request and consent to, and permit emergency treatment in the event of injury or illness.

I will abide by traffic laws and regulations and will practice courtesy and safety in bicycling. I acknowledge that collisions, falls and various types of injuries do occur when bicycling.

I have trained sufficiently for participation in this bicycling event and have inspected my bicycle to assure that it is in good and safe condition.

Signature _____ Date _____
(Parent or Guardian, if under 18)

Directions: From Pittsburgh, take Interstate 279 West to the Campbells Run Rd. Exit. At end of exit ramp look for and follow signs to Settlers Cabin Park Wave Pool. (At end of exit ramp make left then make next left at Bishop's Icecream Parlor. Follow that Road Under Interstate and up hill. Make first right onto Ridge Road.) Pass Wave Pool on right and make second left at large wooden sign marked "Picnic Groves". Cayuga picnic grove is second grove on right.

SABRE 1991

SABRE
P.O. Box 113453
Pittsburgh, Pa. 15241

SABRE

**Southwestern Autumn Breeze
Bicycle Tour**

Sunday, October 6, 1991



**Pittsburgh Council
AMERICAN YOUTH HOSTELS INC.
SABRE**

**P.O. Box 113453
Pittsburgh, Pa. 15241**

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1991 Membership Application
American Youth Hostels

Pittsburgh Council
6300 Fifth Avenue
Pittsburgh, PA 15232



- \$25 Adult Membership (age 18 to 54, renewals are \$15)
- \$10 Youth Membership (age 17 and under)
- \$15 Senior Citizen Membership (age 55 and over)
- \$35 Family Membership (children under 18, renewals are \$25)
- \$250 Life Membership (individual lifetime membership)
- \$18 Foreign visitors (includes visitors from Canada)
- \$11 Vol. 1, International Hostel Handbook (Europe, Mediterranean)
- \$11 Vol. 2, Intl. Hostel Handbook (Africa, Americas, Asia, Australia)
- \$14 Cotton sleep sack (required at all international hostels)
- Please include \$1.50 postage & handling for each book or sleep sack
- Donation for Hostel Development Fund (may be tax deductible)
- Total** Make all checks payable to: **Pittsburgh AYH**

Memberships are valid for 12 months from month of issue

Name _____
last first middle

Street _____

City _____ **State** _____ **ZIP** _____

Birthdate _____ **Phone** _____
month day year

Please allow
two weeks
for delivery.

If you want your membership card sent to a temporary address (i.e., a campus dorm), give same below:

In care of: _____

Street _____

City _____ **State** _____ **ZIP** _____

Were you a member of AYH this past year? Yes _____ No _____ **Pass #** _____

When do you need your membership card? _____

Please list the name and address of a friend who might like to receive information about AYH:

Name _____

City _____ **State** _____ **ZIP** _____

I may like to volunteer; please contact me: Yes _____ No _____

AYH Membership Benefits

- International hostel membership card, Council ID card (discounts at local bike shops/outfitters).
- North American Hostel Handbook, listing over 250 hostels in the US and Canada.
- The Golden Triangle, Pittsburgh Council's newsletter of trips and activities.
- Open House every Thursday night at Council Headquarters.
- Access to national travel programs and leadership Training courses.

The Golden Triangle

The Newsletter of the Pittsburgh Council, American Youth Hostels

Volume 42 Number 8

September, 1991



American Youth Hostels, Inc.

Pittsburgh Council
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Pittsburgh, PA 15232
(412) 362-8181

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