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THE GOLDEN TRIANGLE  
VOL. 34, NO. 8.....AUGUST, 1983



looking forward to the...

"ALMOST"  
"SEMI-ANNUAL" OUTDOOR EQUIPMENT  
FLEA  
MARKET

BUY...SELL...SWAP  
THURSDAY,

SEPTEMBER 15TH, 1983

AT  
A Y H HEADQUARTERS  
IN  
MELLON PARK  
6:30-9:00.....

SEE PAGE 3 FOR DETAILS.....

...and the ten-speed  
your 25 year old son grew  
out of twelve years  
ago...and the five  
water bottles you  
accumulated when you  
kept displacing them  
PITTSBURGH COUNCIL, AMERICAN YOUTH HOSTELS  
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15232



PITTSBURGH COUNCIL  
AMERICAN YOUTH HOSTELS, INC.  
6300 FIFTH AVENUE  
PITTSBURGH, PA. 15232

THE GOLDEN TRIANGLE is the monthly publication of the Pittsburgh Council, AYH. The contents are the responsibility of the editors.

EDITORS	Carole Haim, Jeri Walsh-Allis
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TIPS AND TALES	Joe Hoechner
PRODUCTION	Don Hoecker
COVER	Jeri Walsh-Allis, Bill Johnston

\*\*\* \*\*

DEADLINES FOR SEPTEMBER ISSUE: August 4--all trips, articles

August 25--Production party

DEADLINES FOR OCTOBER ISSUE: September 8--all trips, articles

September 22--Production party

\*\*\*\*\*

OPEN HOUSE is held every Thursday at HQ, 6300 Fifth Ave., Shadyside, next to the Pittsburgh Center for the Arts. The building is open at 8 pm for socializing. The slide show starts at 8:45. Monthly production parties are held after the slide show--on the last or second-to-last Thursday of the month--so we can assemble the Triangle for mailing. It is a good time to get caught up on news, hear about different trips and get to know one another. SEE YOU THERE!!!!

\*\*\*\*\*

AUGUST SLIDE SHOWS:

- aug 4 "The Far Away Land" by Bob Goff.
- aug 11 Third of a series of movies on water safety by the Red Cross.
- aug 18 A "Ticket to Tunisia" by Pat Rossi.
- aug 25 Bicycling in Michigan by Joe Hoechner.

\*\*\*\*\*

HELP!!!!!!WE NEED TRIANGLE COVERS!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

Anyone interested or willing to put together a cover--or two or more? for any of the upcoming months, please see Jeri at any Thursday night meeting. We finally have several copies of the format to work from. All covers must be in black and white--no photos please.

\*\*\*\*\*

A Y H MEMBERSHIP APPLICATION

AYH memberships are available at any Open House meeting. If you are unable to attend a meeting, you may wish to fill out the application found at the bottom of this page and send it, along with your check, made payable to 'Pittsburgh Council, AYH' to:

AYH Membership  
6300 Fifth Avenue  
Pittsburgh, Pa. 15232

Allow 3-4 weeks for delivery of your hostelling pass. NOTE: Membership also sells International Hostel Guide to Europe for \$7.00 by mail and \$6.00 at Headquarters.

CHECK ONE:

- \_\_\_ \$7.00 Youth
- \_\_\_ \$7.00 Senior Citizen(60+)
- \_\_\_ \$14.00 Senior (18-59)
- \_\_\_ \$21.00 Family
- \_\_\_ \$35.00 Organization (non-profit)
- \_\_\_ \$35.00 Three-year Senior \*\*

\_\_\_ \$140.00 Life \*\*

\$ \_\_\_ Tax Deductable Donation

OUR COUNCIL is a volunteer organization. There is always need for leaders and people willing to donate their time and skills for the purpose of maintaining and improving our Council. If you are interested in contributing your efforts to any of the activities or service-oriented areas, please contact a member of the Activities Board, or attend a Board meeting.



\*\*BEST BUYS DUE TO OCT 1 INCREASE!

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_ NEW/RENEWAL \_\_\_\_\_  
BIRTHDATE \_\_\_\_\_

## KAYAKING continued

sat aug 20 WWT School-learn the basics of kayaking on the river. Beginner school or pool sessions are a prerequisite for this school. Trip size is limited so sign up early with Lou

(advertisement)

ATTENTION ALL AYH MEMBERS...How would you like to bike better, hike better, even whitewater raft better? How is all this possible...By being in top physical condition for all your favorite sporting activities with

### NAUTILUS!

Nautilus of Shadyside is offering a special group rate discount to all AYH members throughout the month of August. FACILITIES INCLUDE--Nautilus exercise equipment, life-cycles, saunas and whirlpool, complete locker and shower facilities, and individualized programs and instruction.

NOT SURE ABOUT NAUTILUS? All AYH members may use the facilities for a FREE WEEK! Just call for an appointment. Three convenient locations:

Nautilus of Shadyside  
5850 Ellsworth Ave. 362-3682

North Hills Nautilus  
3225 Babcock Blvd. 366-2201

Parkway Center Nautilus  
875 Greentree Rd.(Best Western Hotel)  
937-0414

Join Norm Snyder on a two week trip to Grand Canyon Area. Will do back packing in canyons and maybe a cave trip in Colorado. Call Norm at 351-4068 5-7 pm. Trip is planned for sept 23-oct 8.

\*\*\*\*\*

CLIMBING Woj 322-4524 Karl Morner 521-6404

Barry Govenor 422-7114

sat aug 6 BEGIN White Rocks. Call to reserve (any of above)

sun aug 14 BEGIN White Rocks.

sat aug 27 INTER White Rocks.

sun aug 28 BEGIN White Rocks.

## "THE ALMOST SEMI-ANNUAL AYH OUTDOOR EQUIPMENT FLEA MARKET"

(see cover) will be held Thursday evening, September 15th at AYH HQ in Mellon Park. This flea market is for folks who have used-but-usable gear, including equipment and clothing, which they may have replaced, upgraded, lost interest in, outgrown, undergrown (from all those invigorating AYH activities) or whatever. The flea market will open at 6:30 p.m. and continue until 9:00 pm. This is NOT for commercial outfitters. Each person is responsible for setting his or her own prices, etc.

Anyone having any questions about the flea market can see Bill Johnston at any Open House meeting, or call him at 687-4893.

## SHY BEGINNERS CLIMBING SCHOOL PARTICIPANTS FROM JULY TRIP--

Someone left a pair of shoes in my car--please see or call me to collect them.--Jeri

## TIPS AND TALES

NOTE: In the past, Tips and Tales has been a corner of the Triangle contributed by Joe Hoechner. Recently, there have been several others contributing tidbits of information relevant to this column. The following items come from Barry Govenor and Cliff Ham.

CAMP STOVE RECALL-MSR is recalling all 'Firefly' stoves manufactured prior to June 17, 1983. 'High temperature field conditions' can cause valve stem thread deterioration by the valve stem lubricant and the flexible fuel tube can melt when exposed to direct flame (i.e., priming or negligence. MSR's instructions to owners are to 'return your Firefly' with your name and address clearly affixed to: MSR, 1222 First Avenue, South, Seattle, Washington 98134'. MSR will refund postage upon return of your modified stove. Stoves can also be returned to place of purchase, but do not return to REI.

THE SHOW MUST GO ON but your help is needed. Contact Bob Goff if you can give a slide show/talk or if you know someone who would like to speak to a group with our interests.

HAVE AN IDEA? Shelley Werner, Council storekeeper, is looking for ideas for products to be sold to help us to celebrate and spread the word about AYH and Pittsburgh Council during the 50th year (1984). If you have an idea for a catchy or practical item, see Shelley Thursday evenings or call her at 687-4893.

MORE IDEAS Lynn Ejzak is looking for people to serve on a committee to plan bigger and better things for our 50th celebration. If you have any ideas that would enhance PR or expand our activities for the



**MORE IDEAS** Lynn Ejzak is looking for people to serve on a committee to plan bigger and better things for our 50th celebration. If you have any ideas that would enhance PR or expand our activities for the coming year, contact Lynn at HQ or call 466-6196.

**AYH LIFERS** Congratulations to our most recent life members--Pat Rossi, Pat Tieman and Lauren Dutzik. May you enjoy many years of happy hostelling.

**CPR CARDS** are in, however, lack the proper signatures. This problem should be overcome by July 15. Call Barry Govenor if you have any questions. 421-7114.

**MORE CPR** will be offered August or September. Keep in touch for further details.

(above submitted by Barry Govenor)

**SALLY ADAMS AND CLIFF HAM** each finished in first place in their age-sex groups at Crafton's 10 K Independence Run on the Fourth of July.


**A NEW PATCH** is being created for the Baker Trail. The patch will replicate the trail signs found at roadheads and road crossings.

**AYH PITTSBURGH COUNCIL** received a donation for Baker Trail maintenance from Stephen Fucich and James Fucich of Monroeville. They recently walked the Baker Trail.

(above submitted by Cliff Ham)

## Simple Street FOOD COOP

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**CANOEING** Penny Smith 243-1387

ALL TRIPS MEET PROMPTLY AT 8 AM AT HQ

**EQUIPMENT:** Lunch in a waterproof bag, drinking water, knee pads, raingear, hat, swimsuit, dry clothes, non-cotton clothing, tennies, sun protection, large sponge, strap for sunglasses, or eyeglasses.

sat aug 6 WWI Bill McKay 941-8814  
sun aug 7 WWII Gordon Bugby 371-4233  
sat aug 13 Basic School Steve Shafer 362-4432  
sun aug 14 WWI-II Don Hoecker 243-8298  
sat aug 20 WWI Steve Shafer 362-4432  
sun aug 21 WWII Joel Platt 521-5244  
sat aug 27 WWI School Dave Marschik Reserve at the meeting  
sun aug 28 WWII Roy Weil 681-5131.

**CAVING** John Popp 653-6026 Vicki Lineback 422-0296

Norm Snyder 351-4068

sun aug 7 INTER-Cornwell Cave, near the Cheat River. An underground maze with large passages and interesting wildlife. Call Vicki or John to reserve.  
sat aug 13 Join Norm Snyder on a cave trip to Harlingsburg Cave, Beginners trip. 12 year olds to 70+ Taking 13 year old daughter. Call Norm at 351-4068 5-7 pm.  
sat aug 20 BEGIN-Coon Cave. Pleasant hike along the Laurel Ridge. Sorry, no racoons, but plenty of cuddly bats. Call Vicki or John to reserve.

**HIKING** Shirley Sedmak 242-1573

sun jul 7 Join Ken Pokrifkain a hike up a beautiful mountain stream (Teaysrun) at Quebec Run 462-8843.  
sun aug 21 Join Jack Peth on a mystery hike to wherever. Call 921-7214(h) or 777-5365(w).

**KAYAKING** Ray Yutzy 341-5682 Lou Conley 681-8321

**EQUIPMENT:** Similar to Canoeing

sun aug 14 BEGINNERS SCHOOL- Learn the basics of kayaking on a nice lake. This school is intended for people with little or no previous kayaking experience. Trip size is limited so sign up early with Lou (above).

**BICYCLING** Lynn Ejzak 466-6196 Bob Schwartz 241-4647(h) 681-2500(w)

Trips are listed according to the following classes: A-Advanced, B-intermediate, C-easy intermediate, D-beginner, E-learn-to ride. Bring a spare tube, pump, water, lunch and raingear. Helmets required on all AYH trips. They are available as rentals—so are bikes and panniers.

fri aug 6-

sun aug 8

Second annual ITOTNR-International Tour of the Niagara River also open to non-cyclists for sightseeing. Sleeping in hostels. Trip is limited in size, EH? Call Bob S. (above) for information and reservations.

sun aug 21

C- 20-30 miles. FOURTH ANNUAL DUQUESNE INCLINE RIDE. Join Lou Conley and friends for the fourth annual tour of downtown (pronounced 'dahntahn') Pittsburgh, Point State Park, and finally the ride up the Duquesne Incline for a good look at Pittsburgh from Mount Washington (pronounced 'worshington'). Bring money for the incline ride and lunch. Reserve with Lou at 681-8321.

sun aug 21

C- 25 miles with Fred Parker Bushy Run Battlefield for lunch, some hills. Meet at HQ 8:30 or call Fred at 824-2638.

sun aug 2

A- S.O.B. ride (son of Bonkberry) Approx. 60 miles. Very hilly. Lots of challenging climbs and thrilling descents A legacy. Call Bob S. (above)

sun aug 14

B+ with Don Sheppard 341-7056. 50-60 miles in Western Allegheny Co. Moderately hilly. Meet at HQ at 7 am.

sat aug 13

D- with Lanny Rosenthal 337-0833.

sat aug 6

D- almost 15 miles. Return of the Infamous Hickory-Cecil loop Extremely easy. Call Dan Martt at 241-4647 or meet at HQ at 8 am.

sun aug 7

C-With Aaron Ianzer. The Mystery Continues—Who knows what lurks under the helmet of this trip leader. Call Aaron at \_\_\_\_\_ to find out. (the mystery thickens—there was no phone number listed with this trip—was it written in invisible ink...or did Bob just forget to write it down.)

\* sun aug 28

B- Sewickley Milkshake Ride. Moderately hilly. Bring lunch. Meet at HQ at 7 am. Rick Rundell 273-6401.

**EVENING CYCLE:** Thursday, aug 18 at 6:45 ADVANCED BEGINNERS join Judy Penosky (242-1573) and Michael Bruner (521-6689) For those who are able to ride for 1½ hours in East End Area. Call if you need a helmet or bicycle.

\* sat aug 20

C- with Shelley Werner. Sewickly area, 25 miles. Meet at HQ at 10 am.

## PITTSBURGH COUNCIL NEEDS YOU!!!!

Barry Govenor

The nominating committee has been at work and have found a number of members willing to carry on our councils programs, but there are many gaps to be filled and each and every committee/activity can use help to a degree and whatever time you are able to give will be appreciated

If you can serve on the Nominating Committee—preferably a female member NOT currently on the Activities Board—or if you would like to serve but aren't sure what is involved, contact any of the Nominating Committee or President Chuck Ejzak for more details.

The following people have consented to serve and will gladly explain their activity/position responsibilities to you:

President: Chuck Ejzak

Vice President: Joe Hoechner

Larry Laude

Treasurer: Fred Hull

Ass't Treasurer: Bill Johnston

Corresponding Secretary: \_\_\_\_\_

Recording Secretary: \_\_\_\_\_

Headquarters: Gary Ludwig

Triangle Editors: \_\_\_\_\_

Hostel Development: Joe Hoechner

Hostel Operations: \_\_\_\_\_

Program: Bob Goff

Environmental Service: Cliff Ham

Franchise: \_\_\_\_\_

Librarian: Joel Platt

Trips and Trails: Joe Levine

Publications: Bruce Sundquist

Production: \_\_\_\_\_

Membership: Blanche Asherman

Hostel Clubs: \_\_\_\_\_

Special Projects: Wayne Albright

Trails Coordinator: \_\_\_\_\_

Rafting: Gus Hughes

Caving: John Popp

Vicki Lineback

Climbing: Karl Horner

Dale Vilsack

Cycling: Lynn Ejzak

Bob Schwartz

Backpacking: Jack Peth

Leader Development: \_\_\_\_\_

Canoeing: \_\_\_\_\_

Kayaking: Lou Conley

Ray Yutzy

Hiking: Bob Kenneweg

Service: \_\_\_\_\_

Volleyball: Steve Martin

X-C Skiing: Fred Parker

Steve Tubbs

Board of Directors: Two of seven positions open.

NOMINATING COMMITTEE:

Larry Laude 665-9554

Barry Govenor 421-7114

Joe Hoechner 373-3403

# BLACKWATER FALLS WEEKEND

January 20 to 22, 1984

CROSS-COUNTRY SKIING      TOBOGGANNING      DOWNHILL SKIING  
HIKING      WHATEVER ELSE.....(video games)

at  
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BLACKWATER FALL STATE PARK  
near Davis, W. VA.

This has almost always been a great weekend for cross-country skiing and the ski trails get better every year. Limited space is available so mail your reservation and deposit in now. All rooms have twin beds.

NOTE that you get a price break if you choose your roommate now and send in one check for the both of you.

Make checks payable to: Pittsburgh Council, AYH. No cash please. Mail, along with a Reservation Form and a S.A.S.E. to :

Chuck and Lynn Ejzak  
6858 Wilson Street  
West Mifflin, PA 15122  
(Phone 488-6196 for information)

ALL RESERVATIONS MUST BE MADE BY MAIL--THIS IS A FIRST COME, FIRST RESERVED WEEKEND!!!!!!!!!!

## RESERVATION FORM

BLACKWATER FALLS      Make check payable to: Pgh. Council AYH  
Mail to: Chuck and Lynn Ejzak, 6858 Wilson St., West Mifflin, PA 15122  
Include S.A.S.E.

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

\$19.50/person single      \$38.50/double(two persons)  
(includes deposit and AYH trip fee) (Duplicate or reasonable copy of above will be accepted)

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521-1565

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327-6430



-11-

## ATTENTION TRIP LEADERS AND AYH MEMBERS

The following fees for trip registration were accepted and passed by the Activities Board to go into effect July 1, 1983, due to a recent increase in the cost of trip insurance:

MEMBERS	NONMEMBERS
.75 per day	2.25 per day
.50 per 1/2 day or evening	1.25 per 1/2 day or evening
.35 AYH club	

submitted by Joe Levine

## TRIPS AND TRAILS

The trips listed here are open to the public, with the exception that AYH members are given priority when the trip is of limited size. Trip costs include a 75¢ registration fee (50¢ for half day) and insurance (\$1000 medical/ \$1000 accidental death or dismemberment), plus transportation and rentals. IN ADDITION, nonmembers are charged \$1.50 per day per person which is deducted from the cost of membership, if you join AYH. Trips are classified BEGINner, INTERmediate or ADVanced, with the exception of cycling and water sports.

BACKPACKING      Steve Martin 469-3153(h) 462-5000 x6185(w)  
Jack Peth 921-7214(h) 777-5365(w)

fri aug 5-      BEGINner backpack trip-Seneca Creek Trail to the top of  
sun aug 7      Spruce Knob in West Virginia. Swimming and blueberries  
(hopefully) along the way. Leave HQ 7 pm Friday.  
Call Jack Peth, above.

sat aug 20-      BEGINner trip to Otter Creek in West Virginia. Call at  
sun aug 21      least one week ahead of time to arrange meeting with  
beginners. To reserve, call Dan Martt at 241-4647(h).

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if unavailable:  
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RATES: \$4.25 per night; April 15 - October 15  
\$4.75 per night; October 16 - April 14

(\$2.00 additional for non-members of AYH)

Reservations are advised - include stamped self-addressed envelope for confirmation.

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### ARE YOU READY FOR THE NEW?

WHITEWATER INFORMATION, LTD.  
P. O. Box 243, Glen Jean, WV 25846

\*Family Trips On The Upper New River

## AYH PYMATUNING WEEKEND

The American Red Cross Small Craft Camp on the shore of Pymatuning Lake has been reserved for sailing, or bicycling the weekend of September 9-11, 1981.

Facilities include: Campsites near the parking area, well water and rest rooms. A wash house with hot water is available for hands, face and cooking utensils. No showers or hair washing.

WHAT TO BRING: Two lunches, sleeping bag and pad, ground cloth, tent or tarp, swimsuit, towel, sneakers for any water activity, strap or string to secure glasses, sunscreen, clothes, toiletries and rainwear.

COST will be about \$10.00 for bicyclists and \$15.00 for sailors plus transportation for 240 miles paid directly to the driver. Group carpooling will leave from HQ at 6 pm Friday.

A GROUP PICNIC DINNER Saturday evening will be planned by those sailing and both breakfasts planned by those bicycling.

SAILING: A basic sailing course will be conducted for a maximum of 18 people using the ARC's sailboats. Students must be over ten years old and be able to swim well enough to maintain themselves for ten minutes in the water fully clothed. PFD's and sneakers must be worn at all times during classes.

CLASSES FOR SAILING start at 9 am on Saturday and finish at 5 pm with a lunch break. On Sunday the classes are from 9 am to 1 pm.

For a weekend of sailing, bring \$15.00 to the planning meeting at HQ at 7:45 pm Thursday, August 11.

BICYCLING: For those interested in cycling, the first 3/4 mile from the boat is a rideable gravel road that becomes paved when crossing into Ohio. Roads are mostly flat to slightly rolling with little traffic. Rides of any length can be accommodated with diversions of the spillway, 'where ducks walk on the backs of fish', the fish hatchery, waterfowl museum, ice cream places, playgrounds and waterslides.

For a weekend of cycling, send or give \$10.00 and the application below to Fred Parker, 730 Shaw Ave. Monroeville, PA. 15146.

Call Chuck Ejzak at 466-6196 to offer help with breakfasts.

### SIGN ME UP FOR BICYCLING AT PYMATUNING SEPTEMBER 9-11

NAME \_\_\_\_\_ PHONE \_\_\_\_\_ (H) \_\_\_\_\_ (W) \_\_\_\_\_

SATURDAY \_\_\_\_\_ MILES AND PACE \_\_\_\_\_

SUNDAY \_\_\_\_\_ MILES AND PACE \_\_\_\_\_

TRANSPORTATION: Can leave HQ 6 pm \_\_\_\_\_ If not, when? \_\_\_\_\_  
Need transportation \_\_\_\_\_; can drive \_\_\_\_\_; can take \_\_\_\_\_ passengers.  
Have bike rack for \_\_\_\_\_ bicycles.

BOOK REVIEW: Fifty Miles of Hikes in Western Pennsylvania: Walks and Day Hikes from the Laurel Highlands to Lake Erie. Tom Thwaites. Backcountry Publications, Woodstock, Vermont. \$8.95.

Fifty Hikes in Pennsylvania, recently published, complements the AYH Hiking Guide to Western Pennsylvania and the KTA Pennsylvania Hiking Trails. The complet hiker will want all three of these useful reference books.

The latest guide has many excellent maps, communicates in a personal way, covers mostly walks and short hikes, and sticks to designated trails. The author found it necessary to measure his hikes, and did so with a measuring wheel. You can presume his distances are accurate although his time for each hike has to be adjusted to conditions and persons.

The book is loaded with interesting photographs. It lacks the kind of table which provides location, difficulty, distance and other facts, although there is a table of contents arranged into four areas: Laurel Highlands, Allegheny National Forest, Pittsburgh and the Southwest, and Erie and the North. The author has discovered some little known trails although they are largely public.

We recommend this new guide for Pittsburgh area hikers because it provides details the other guides don't and supplements them well. Some of these may become your favorite trails, as Tom has his. Tom Thwaites, a professor of physics at Penn State University, is the power behind the Mid State Trail, now over 100 miles long.

AYH will order 100 copies of the guide, and make them available to members at a charge substantially below the list price.

Review by Cliff Ham

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