

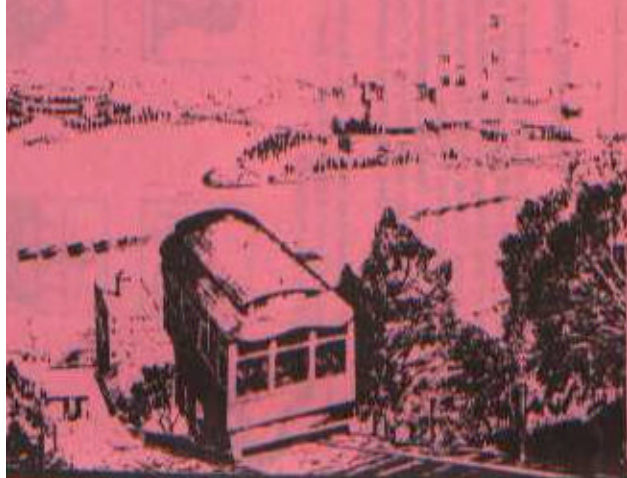
AMERICAN YOUTH HOSTELS INC
PITTSBURGH COUNCIL
6300 FIFTH AVE.
PITTSBURGH, PA, 15232
(412) 362-8181

Vol. 10 No. 2

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MEMBERSHIP DEPARTMENT
AMERICAN YOUTH HOSTELS INC.
PITTSBURGH COUNCIL
6300 FIFTH AVE.
PITTSBURGH, PA 15232



MEMBERSHIP APPLICATION

Membership types available:

- ☐ \$ 20.00* Adult (age 18 to 54)
- ☐ \$ 30.00 2 yr. Adult (age 18 to 54)
- ☐ \$ 10.00* Youth (age 17 and under)
- ☐ \$ 10.00* Senior citizen (age 55 and over)
- ☐ \$ 30.00* Family (includes children under 18)
- ☐ \$200.00 Life (individual lifetime membership)
- ☐ \$ 18.00* Foreign nationals, including Canadians
- ☐ \$ 10.00 Vol I, International Hostel Handbook (Europe & Mediterranean)
- ☐ \$ 10.00 Vol II, International Hostel Handbook (Africa, Americas, Asia & Australia)
- ☐ \$ 14.00 Cotton sleep sack, required at all international hostels
- ☐ \$ 1.00 Postage & handling for each membership ordered
- ☐ Donation for Hostel Development Fund (tax deductible to the fullest extent of the law)
- ☐ Grand total—make all checks payable to **Pittsburgh AYH**

Name _____
Street _____
City _____ State _____ Zip code _____
Birthdate: Month _____ Day _____ Year _____ Phone _____
If you wish membership card sent to a temporary address, give same below:
In care of _____ Street _____
City _____ State _____ Zip code _____
Were you a member of AYH this past year? Yes _____ No _____
When do you need card? _____
(Signature of applicant)

AYH MEMBERSHIP BENEFITS

- * International Hostel membership card plus Pittsburgh Council ID card good for discounts at local bike shops and outfitters.
- * USA Hostel Handbook.
- * "The Knapack," National AYH travel newsletter.
- * "The Golden Triangle," Pittsburgh Council's newsletter of trips and activities.
- * Open house Thursday nights at Council headquarters.
- * Access to National travel programs and Leadership Training courses.

*Memberships valid from September 1 to December 31 of the following year.



AMERICAN YOUTH HOSTELS, INC.
Pittsburgh Council
6300 Fifth Ave.
Pittsburgh, PA 15212



ACTIVITIES MEMBERSHIP APPLICATION

Membership Types Available (does not provide access to AYH hotels)

- ☐ \$ 5.00 Youth (17 years and under)
- ☐ \$ 5.00 Senior Citizen (55 years and over)
- ☐ \$ 10.00 Adult (18 years to 54)
- ☐ \$ 15.00 Family (includes children under 18 years)
- ☐ \$ 1.00 Postage and Handling (for each membership ordered)

Note: A full AYH membership or a hotel guest membership is required for access to AYH and international hostels. An AYH membership also includes the current U.S. Hostel Handbook.

Make all checks payable to "Pittsburgh AYH" (include \$1.00 postage). Thank you!

NAME: _____ (Last) _____ (First) _____ (Middle)
STREET: _____
CITY: _____ STATE: _____ ZIP: _____

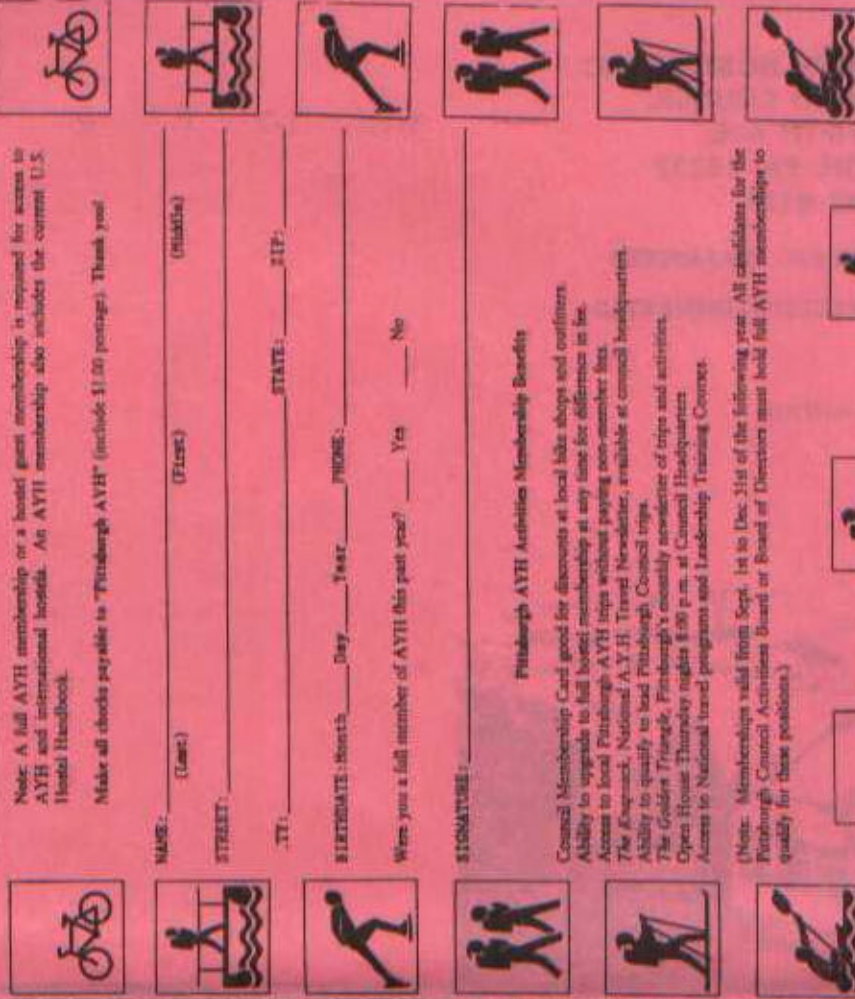
BIRTHDATE: Month _____ Day _____ Year _____ PHONE: _____
Were you a full member of AYH this past year? Yes _____ No _____

SIGNATURE: _____

Pittsburgh AYH Activities Membership Benefits

Council Membership Card good for discounts at local bike shops and outfitters.
Ability to upgrade to full hotel membership at any time for differences in fee.
Access to local Pittsburgh AYH trips without paying non-member fees.
The Knapack, National A.Y.H. Travel Newsletter, available at council headquarters.
Ability to qualify to lead Pittsburgh Council trips.
The Golden Triangle, Pittsburgh's monthly newsletter of trips and activities.
Open House Thursday nights 8:00 p.m. at Council Headquarters.
Access to National travel programs and Leadership Training Courses.

(Note: Memberships valid from Sept. 1st to Dec. 31st of the following year. All candidates for the Pittsburgh Council Activities Board or Board of Directors must hold full AYH memberships to qualify for these positions.)



THE GOLDEN TRIANGLE

Pittsburgh Council American Youth Hostels

6300 Fifth Avenue • Pittsburgh PA • 15232

Volume 40 Number 2 February 1989

EASTER WEEKEND - WASHINGTON D.C. **Cycling/Climbing**

March 23-26, 1989

**Intermediate Cycling and
Intermediate Climbing**

This is a combined weekend of cycling and climbing. The cyclists pedal to Mt. Vernon and all around Washington on the beautiful bike paths of the area--approximately 35-40 miles per day. The climbers enjoy the challenges and beauty of Great Falls and Carder Rocks. Some trippers do only cycling, some do only climbing, and some do both. In the evenings everyone walks over to the exotic but inexpensive ethnic restaurants nearby. This is a great way to enjoy an early jump on spring.

Leave Pittsburgh Thursday night (23rd), return Sunday afternoon (26th). Cost for the weekend is \$75, plus food. RESERVATIONS ARE A MUST. Call Eric Bauer at 687-0766 to reserve lodging. Eric can also give you info about the climbing. For info about the cycling, call Mike Hurwitz at 422-9204. Easter is early this year, so call early if you are interested.



AYH SLIDE PROGRAMS FOR FEBRUARY, 1989

**FEB. 2: 65 DAYS OF DISCOVERY
WITH VINCE NOE.**

**FEB. 9: "WHEN I WAS IN
ETHIOPIA", by Liz Saffer.**

**FEB. 16: DICK MELLER TELLS US
WHAT TO DO AT WILDERNESS LODGE
WHEN IT DOESN'T SNOW.**

**FEB. 23: A SEMESTER AT SEA
TAUGHT BY BARBARA HAYS.**

**BOB GOFF, 761-
2837**



**GREATER PITTSBURGH
CONVENTION &
VISITORS BUREAU, INC.**

PROTECT THE ALLEGHENY RIVER

The U.S. Forest Service has recently completed a study to determine the suitability of the upper Allegheny as a wild and scenic river. Development threatens some parts of the river. The study recommends 31

miles to be declared "wild and scenic" between Franklin and Emlenton. Other stretches were not considered "in crisis" and were not selected for wild river status.

Our AYH Board of Directors supports the alternative to making 31 miles wild and scenic, and protected from some development. However, board members would like to be sure that other river sections get protection if needed.

Individual members of AYH, especially canoeists, should express their opinions. Write, prior to Feb. 13, 1989, to:

RIVER STUDY
Allegheny National
Forest
P.O. Box 847
Warren, PA 16365

STRETCHING
FOR
SAILING & SKIING
Scott Ferris, MD.



Taken from: "Stretching"
 by Bob Anderson, 1989, Shelter Publications, Bozies, California



DRESSING WARMLY FOR WINTER

Nothing can be more enjoyable than skiing along a wooded trail on a clear winter's day with the snow sparkling in the sun. But no matter how great the conditions are, the one thing that can turn a great day into one in which you wished that you never left the warmth and security of home is getting cold on the trail. To make sure that you do have an enjoyable experience on the trail I would like to give you some tips on dressing warmly for winter.

There are three things to remember when it comes to dressing warmly for winter: **LAYER, LAYER and LAYER!!** What do I mean by "layer"? I mean that you should dress in several thin layers of clothes that can easily be peeled off or added rather than to dress in one thick layer. Why should you dress in layers when you go out skiing? As you ski your body begins to heat and perspire as your circulation increases. Air pockets, trapped between the layers of clothes, become warmed by your body and serve as an additional layer of insulation. Your layers should allow for ventilation, that is to allow warm air that has been moistened by perspiration to escape. Ventilation can keep you from overheating and reduce the need to peel off layers of clothes. With one thick layer you reduce the effectiveness of

ventilation, peeling off layers becomes nearly impossible, and overheating becomes a definite possibility.

Okay, so what should the layers consist of? The first layer should be some insulated underwear. Polypropylene is a synthetic that is a good insulator. It also has the ability to transfer perspiration away from your body and into the other garments. An alternative to polypropylene are cotton "long johns." Cotton is the least desirable material to wear since it loses its insulating ability when wet. The second layer should be wool. Wool is a very good insulator because it doesn't lose its insulating properties when wet. Avoid wearing blue jeans because they tend to lose their insulating property as they pick up moisture. Alternatives to cotton jeans are wool or poly/cotton pants. For a shirt you may want to wear a wool shirt or sweater or both if it is cold enough. In the mountains or wilderness areas, where it is generally colder, you may want to add a down vest or an insulated shirt for added warmth. The outermost layer should consist of a lightweight material that is both water and wind resistant. Gortex and nylon are two of the more common materials. This layer helps to keep the transfer of warm air and cool air to a minimum. This layer would consist of an anorak or windbreaker, overmitts, and gaiters. To top it off, it is important to wear a knit or insulated cap of some sort since there is a great heat loss at the head.

If you're properly layered

and vented you should feel slightly chilled when you start. You will warm up as you go. Staying warm and dry is one of the most important parts of the trip. Dressing in layers is the best way to achieve this. Always remember to dress for the conditions. It can mean the difference between a great ski trip and a disastrous one.

[Joe O'Donnell, Syracuse "Highroads, vol. 24, issue 3]

KNOW YOUR PARKS

For those AYH members who prefer to include a touch of history with their recreational activities, Oil Creek State Park is the ideal destination. Located off Route 8 North between Oil City and Titusville, this park spans over 7,000 acres.

Oil Creek State Park consists of a variety of terrain including steep hills, swamp land and a meandering creek. A notable feature is the scenic Oil Creek Gorge. Within the park itself are several historic sites that serve to identify and depict the story of the early petroleum industry and the events of the original oil boom of the 1860's. Points of interest include early oil boom towns and oil well ruins, in addition to Indian oil pits, foundations and cemeteries. The Drake Well Museum located at the Northern end of the park presents a comprehensive picture of the Pennsylvania oil country.

Upon entering Oil Creek State Park, AYH members will find the Visitors Center a

valuable resource offering informational displays and a year-round schedule of programs.

A well known feature of the park is its 9.7 mild paved bicycle trail that guides cyclists through the scenic Oil Creek Gorge. Trail users may rent bicycles for a nominal fee. A concession stand serving snacks and soft drinks is open from Memorial Day to Labor Day and on weekends during the Spring and Fall.

Those interested in hiking will find 32 miles of trails through historic and scenic areas. Another popular activity available is canoeing on 13.5 miles of beautiful Oil Creek. Under normal conditions, Oil Creek is classified as a beginners river. Information on water conditions, which can change rapidly, can be obtained from the Park Office. The canoeing season runs from March through June. Park visitors can also take part in hunting, fishing, picnicking, snowmobiling and cross country skiing on 15 miles of beginner and intermediate, tracked, trails. For more information, contact:

Oil Creek State Park
Department of
Environmental Resources
R.D. #1
Box 207
Oil City, PA 16301
814-676-5915

[this article, condensed by our popular and talented Assistant Editor, Rose Saine, was taken from "The Commonwealth of PA Recreational Guide for Oil Creek State Park"...part of our "Know your Parks" series to be

featured monthly, and was created to inform those AYH'ers who may not be aware of our State's beautiful parks...as Rose stated, "after doing this article, I really can't wait to bike in this park!!!]

----- UPCOMING MEETINGS.

BICYCLING COMMITTEE PLANNING MEETING

Monday, February 27, 1989
7:30

This meeting, which will be held at Chuck and Lunn Ejzak's house, is open to all who are interested in the AYH bicycling program--even those who have not ridden with us. We are interested in your input. Agenda items include: Planning major weekend trips, the Mon Valley Century Bicycle Tour, introductory trips for beginners, trip leader training, the rental fleet, and just about anything people want to discuss as time permits. Please call ahead (preferably by February 17) if you are planning to attend. Call either Chuck Ejzak (466-6196) or Judy Menosky (242-15730) to reserve and for directions. (P.S.-There will be refreshments.

----- HIKING AND BACKPACKING MEETING

Anyone interested in the AYH hiking/backpacking program is invited to attend a general meeting at Joy Layton's home (1048 Mirror St., Greenfield) on Friday, February 10 at 7:30. This will be a follow-up to January's productive meeting. If you have questions, please call Joy at 421-3975.

GREAT GORP!!

Many hikers and backpackers spend their lives in pursuit of the ultimate GORP. For those who aren't familiar with this outdoor culinary delight, GORP stands for "Good Old Raisins and Peanuts." But with the advent of modern technology (i.e., M&M's), raisins and peanuts are now merely the backbone of this complex mixture. The possible additions are endless. Coconut, dried apples, dried apricots, dates, figs, sesame seeds, cashews, and walnuts--anything goes in today's GORP!!

The AYH Cookbook Committee would like to know how you spell "GORP." Jot down your suggestions and pass them along to Joy Layton at a Thursday meeting, or send them to Joy at 1048 Mirror St., #2, Pgh. PA 15217, or call 421-3975 and tell her answering machine about it.

THE PRESIDENT'S CORNER

ON SPEAKING OUT--In last month's newsletter, there was a letter from Hank and Diane Parke about snowmobilers wanting to use part of the Laurel Ridge State Park for snowmobiling. If you've ever tried to ski on a trail used by snowmobiles, I'm sure you've quickly realized that the tracks and noise are incompatible with skiing. If you want to have any influence on what happens to one of our favorite ski trails, you MUST take the time to write to the DER and your state legislators. Those of us who enjoy the quieter outdoor activities tend to be too quiet about preserving areas to enjoy them

in. Remember that those who speak up are more likely to get what they want. Get the names and addresses from page 11 of the January newsletter and write a postcard or letter TODAY.

-Larry Laude 665-9554

GLEN ROWELL TO PRESENT NATURAL WORLD PHOTO WORKSHOP March 11, 1989

Galen Rowell, the world's premier mountain photographer, will be at the Carnegie Museum on March 11, 1989, to present an all-day lecture-workshop based on his widely published photography. Mr. Rowell, who has climbed in virtually every mountain range of consequence in the world, has also published his work extraordinarily widely. A partial list of his credits includes:

*A 16-year-long string of images in the Sierra Club Calendars

*Six National Geographic articles, including a major one in October, 1987, on the Himalayas.

*Six of his own books on photography, including most recently the Sierra Club book, "Mountain Light: The Search for the Dynamic Landscape", in 1984, and the remarkable "Throne Room of the Mountain Gods", also by the Sierra Club.

*Nine of his own calendars, including one exclusively of bears in the wild, and one of the people of China.

*Thirty-seven articles in national or international

publications in 1987 alone, including 22 feature or cover articles. These include such magazines as Wilderness, Audobon, and Sierra.

The workshop is sponsored by the Sierra Club, Allegheny Group, and will take place in the Carnegie Lecture Hall, beginning at 9:30, Saturday, March 11. Galen Rowell will use a multi-projector system to dissolve through a series of failed images discussing the changes that lead finally to the successful one. There will be three, one-and-a-half hour lectures, separated by an hour's discussion. Lunch will be on your own in Oakland. The day's program will cost only \$17.50. Places may be reserved by writing: Photography Workshop, Sierra Club, 515 Lloyd Street, Pgh, PA, 15208. Enclose a stamped, self-addressed envelope.

In the evening, the Sierra Club's Annual Meeting, open to the public, will include a lecture titled "Return to Shangri-La." Galen and a group of equally daring friends kayaked some of the great Himalayan rivers and climbed some of the peaks in the Kingdom of Baltistan, the subject of his October, 1987 National Geographic article. That lecture will cost \$7, tickets obtainable at the same address as above. Enclosed a stamped self-addressed envelope.

**NORTH COUNTRY TRAILS
ASSOCIATION, BY GLENN OSTER**

Did you know that AYH (Pgh.) is a member of the North Country Trails Association? Yes indeed, and proud to be.

We have been an organizational member for several years--our way of supporting a super objective and the association dedicated to making it a reality.

NCTA, for short, is a national organization headquartered in White Cloud, Michigan--its membership small, but its goal outstanding. Its sole reason for being is the North Country National Scenic Hiking Trail. This trail has been officially sanctioned by Congress in the same way as the Appalachian Trail and the Pacific Crest Trail.

When completed, the trail will wend its way for 3200 miles from Lake Champlain at the Eastern end of New York State to Lake Sakakawea in North Dakota, intersecting with the Lewis and Clark trail, which itself runs to the Pacific Ocean. The NCT will travel across New York State, Western Pennsylvania (including a section of Baker Trail), Ohio, Michigan, Wisconsin, Minnesota and North Dakota.

The overall responsibility for getting the trail on the ground is that of the national Park Service, but their role is only to oversee and encourage. It is up to the NCTA to keep this dream alive and the trail progressing. To date, about a third of the trail is officially certified, bearing the trail's attractive emblem.

NCTA has representation in each of the seven states that the trail crosses. Tom Reimber, Finger Lakes Trail Association, is President; Glenn Oster is Vice President; Tomi Lou Spyker, treasurer,

gives his all to NCTA. Pennsylvania has four board members, i.e., Paulette Johnson (Slippery Rock University--formerly with Western Pennsylvania Conservancy); Barbara Smith and John Hipps, outdoor enthusiasts from Emporium, PA and Glenn Oster.

Two meetings of the NCTA are held each year (and our Pittsburgh Council AYH members are most welcome to attend), the annual meeting at White Cloud in May and a fall conference in October that changes location from year to year (Ithaca, NY in October, 1988).

The task of putting in place a 3200 mile trail with volunteers is herculean in scope, and all that NCTA can really accomplish is to keep interest up and gently encourage local hiking groups to get behind the effort of building and maintaining the trail. This is where AYH Pittsburgh fits in. The trail follows our Baker Trail from its intersection with the North Country Trail (which in Pennsylvania stretches from the New York border 93 miles through Allegheny National Forest to meet the Baker Trail a few miles North of Cook Forest) through Cook Forest to the beautiful Mill Creek Valley--about 25 miles. The only other section of the trail currently in place in Pennsylvania is the Glacier Ridge Trail extending from Jennings Nature Reserve (near route 8 North of Butler) well into Moraine State Park. AYH, Pittsburgh, is one of the dominant hiking organizations in Southwest Pennsylvania and over the next few years we will

need to marshall our reserves to manage (together with Slippery Rock University and any other interested groups) completion of about 125 additional miles of trail. We shouldn't look upon this as a burden but as an honor to have a part in developing the longest scenic hiking trail in the nation.

NCTA is working hard at creating awareness of this fledgling trail and to get local hiking groups and political support. You will be hearing more about the trail as NCTA gets closer to its big event, the Hike-A-Thon in 1990, its ten year anniversary.

This article has not been written to solicit individual membership in NCTA, but if you would like to help them remain alive financially, annual membership is only \$10 for an individual and \$15 for a family. An application for membership is included. (See back page of newsletter). Bear in mind that anything the NCTA accomplishes will help each of us who likes the out-of-doors and it is well worth our physical, mental and financial support.



CORRECTION!!!

In the January newsletter, Don Hoecker's term of office on the

Board of Directors should have been listed as expiring in 1989.

THANKS AND A TIP OF THE HAT TO.....

TOM KAVENY, for volunteering to be the Map Librarian for our library of topographic maps.

KARL, ELAIN AND HANNA MORMER, for their great work on putting together the 1989 Blackwater Falls skiing (and hiking) trip.

BOARD AND VOLUNTEER NEWS

*The February Activities Board meeting will be 8 PM February 1st at Joe Levine's house at 6654 Northumberland in Squirrel Hill.

*At their January meeting, the Board of Directors authorized towards a feasibility study being prepared by the Rails to Trails Conservancy for possible conversation of abandoned railroad right of ways in the Pittsburgh area to trails for hiking, biking and skiing.

VOLUNTEER OPPORTUNITIES

Headquarters: Install wire mesh on the inside of the roof to protect the insulation from the canoes, and also to replace some of the windows. See Larry Laude or Gary Ludwig.

Hostel Searchers to look for potential hostel locations, both in Pittsburgh and in outlying areas such as Wheeling, Morgantown, State College and Erie. See Joe Hoechner or Larry Laude.

Articles are needed for the newsletter. Possible articles include stories on Beechwood

Farms, Todd Sanctuary, Old Economy, as well as articles on your local and international trips. We would also like to start a series featuring Pittsburgh Council trip leaders. Talk to Laura Bates or Cheryl Arnold.

INDOOR KAYAKING SCHOOL

A kayaking school is being presented again this winter by the Community College of Allegheny County, Allegheny Campus, North Side through the Continuing Education, Evening Division. Two 12 week courses will be on Thursdays, beginning Feb. 23, ending May 11, 1989. One class is from 6:30 to 8:30 PM, and a second class is from 8:30 to 10:30 PM. All equipment and instruction is included. Class size is limited. Class is geared for total beginners through experienced paddlers learning to roll. Ray Yutzy, AYH Kayak Chairperson will instruct. Contact the Community College to register at (412) 237-2525.

*******FOR SALE*******

* 180 CM EDBSYN HD252 cross country skis with 75 mm Nordic Norm bindings, and 120 cm poles; two years and unused. Call Joan Drugoski at 885-4688.

**TRIPS AND TALES
BY CATHY SZYMANSKI**

In order to promote the Baker Trail and promote hiking in Armstrong county, Armstrong tourism organized an eight mile fall celebration on October 15, 1988. People from AYH were asked to help lead the trip. Nine AYHers participated. Joel Platt and Lynn Ejzak led a

group of people that had families. Lynn stated, "They had a good time--it was a good day for seeing leaves and people took pictures." Future AYH'ers were as young as age 4, and when they couldn't keep up with the "elders", they were carried part-time. Since the trip was divided into 2 parts, no one had to do the whole trip; most people did four miles, however! There were 192 people altogether, broken down into a few groups. Our fearless leader, **Pete Srini**, did the "sweep" (the latest AYH dance) and told of how some people saw a black snake. **Larry Laude** and **Marianne** led a group of "farm trekkies." It was easy to sense how much **Marianne** enjoyed the trip. **Marianne** led them across part of beautiful farm land, where there were little streams built by AYHers.

Of course, what would be a fall trip without the beautiful leaves? To sum it all up, as **Marianne** states, "The hike was on a perfect, glorious sunny day." They walked on a golden path leading to a covered bridge built by AYHers in the 1960's.....

On November 19, a cold day with drizzling rain, volunteers went to Ohioyle hostel to plant bulbs. It was the second bulb planting trip organized by **Joe Hoechner**. 700 bulbs were planted altogether! Daffodils and narcissus were planted all around the hostel. "They looked like they were planted at random, **Joy Layton** informed me, "but they knew where the bulbs were going." the narcissus were planted close to the hostel so that the house would have a fragrant smell all

summer. With **Joy's** background in forestry, **Sandy Wyckoff** and **Nick** and **Lorcita Broskovich** were given expert "planting lessons." Everyone took their own lunch and went to the general store to get their well-earned hot coffee. **Sandy Wyckoff**, a new AYHer, told me that she had never been to the hostel before and "wanted to see what it was all about. **Sandy** summed up the bulb planting by stating, "in the Spring it will have been well worth the effort.".....

A while ago, **Ben Brugmans** planned a trip to Coopers Rock State Park. He found out that the Sierra Club was leading a trip on Sunday, October 16. Pitt's Outdoor program brought in 50 people. About 100 people enjoyed beautiful rocks, extraordinary rock formation, and waterfalls a third of a mile above Cheat Lake. **Linda Flowers** told me they saw the Cheat Canyon gorge, and mostly everyone got separated and "rediscovered" each other again. **Brian McBain**, who also participated in the hike, had nothing unusual to report; as he stated, "I just go on trips to enjoy myself."

Not every trip has a history lesson, but this one includes an iron furnace in good condition with room enough to crawl around in.

----- THE GOLDEN TRIANGLE

The Golden Triangle is the monthly publication of the Pittsburgh Council of American Youth Hostels. Contents are at the discretion of the editor.

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Hurwitz
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Feb. 9, all submissions
Feb. 16, production

All mail regarding this
newsletter should be addressed
to: Pgh. AYH, The Golden
Triangle, 6300 Fifth Avenue,
Pittsburgh, PA 15232.



REMINDER:

**BACKPACK THE SWISS ALPS OF THE
USA, AUGUST 4 THROUGH 19, 1989.
CALL GLENN OSTER FOR MORE
INFORMATION AND RESERVATIONS,
WHICH NEED TO BE BOOKED SIX
MONTHS IN ADVANCE, AT 364-2864
(H) OR 234-3967.**

FASCINATING FACTS.....

FEBRUARY AVERAGES AND EXTREMES:
Average temperature: 31.1 F.
Average total rainfall: 2.5
inches
Average total snowfall: 10.0
inches
Average no. of cloudy days: 22
Average no. of partly cloudy
days: 5
Average no. of clear days: 3
Record temperature low: -20 F

in 1899.

Record temperature high: 69 F
in 1954.

[taken from The Urban
Gardener's Almanac]



CROSS COUNTRY
"Top of the Mountain"
RENTALS

**SHADYSIDESKI
LAUREL MT. SKI AREA**



AYH TRIPS FOR FEBRUARY, 1989

CROSS COUNTRY SKIING:

| | | | |
|---------------|-------------------|-----------|------|
| Feb. 4, Sat. | Norm Snyder | Intermed. | 8:30 |
| Feb. 5, Sun. | Glenn Freund | All | 8:30 |
| Feb. 11, Sat. | Ted and Judy Self | All | 8:30 |

Feb. 11 & 12 Rich Kulbacki All 9:AM
 Cross country ski on Presque Isle Sat. afternoon, then wine tasting tour of a local winery. Stay overnight at Northeast PA. Sun. X-country ski at Peak-n-Peak; total cost 40.00 plus meals; call for info/reserv.

| | | | |
|---------------|------------------------|-----|------|
| Feb. 12, Sun. | Terry Gossard | All | 8:30 |
| Feb. 18, Sat. | Judy Menosky | All | 8:30 |
| Feb. 19, Sun. | Rick and Shirley Ulaky | All | 8:30 |

Feb. 24-25 weekend Car camping; attempt All
 to ski at Quehanna Wild area.
 Call Joy Layton at 421-3975 for details

| | | | |
|---------------|-------------------------|--------|------|
| Feb. 25, Sat. | Steve and Jenann Tubbs | All | 8:30 |
| Feb. 26, Sun. | Bill Johnston, 243-1945 | Inter. | 8:30 |

Ridge tour of Northern end of Laurel Mountain

| | | | |
|---------------|-----------------------|-----|------|
| March 4, Sat. | Jack Peth, 921, 7214 | All | 8:30 |
| March 5, Sun. | Fred Parker, 856-4713 | All | 8:30 |

HIKING/BACKPACKING:

| | | | |
|--------------|-------------|------------|------|
| Feb. 4, Sat. | Glenn Oster | Inter/Adv. | 8:00 |
|--------------|-------------|------------|------|

364-2864 or 234-3967; hike Baker Trail through Crooked Creek, 11 miles from Rt. 66 to Rt. 359.

Feb. 10-12 Glenn Oster; backpack; phone for
 info.

Travel Fri. night, camp at Cook Forest on way, leave car at Amos Duck's residence; Sat. hike south to first water source on Spangler Run before State game lands; 11+ miles; Sun. Hike to AMos Duck's Residence, 12 1/2 miles.

| | | | |
|---------------|--------------|-------------|------|
| Feb. 26, Sat. | Ben Brugmans | Easy/Inter. | 8:00 |
|---------------|--------------|-------------|------|

736-2751; a great Sunday hike with Ben, destination TBA!

