Hostelling, Travel and Outdoor Recreation From American Youth Hostels



HOSTELLING INTERNATIONAL

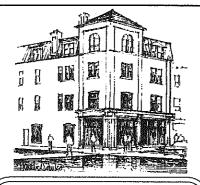
# GOLDEN TRIANGLE

American Youth Hostels, Pittsburgh Council

**Hostelling International**, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 48, NUMBER 6

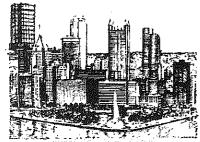
AUGUST 1998



# Hostelling International HOSTELL Pittsburgh PA



A 60 bed full service hostel in a converted bank building. Free parking, travel store, handicapped accessible!



#### Be Sure To Visit

- · Andy Warhol Museum
- Station Square
- · Nearby Southside
- The Downtown Cultural District
- · Riverfront Bike Trails
- · Nearby Universities
- The Carnegie Science Center
- · The Zoo & National Aviary
- · Phipps Conservatory
- · Historic Point State Park
- Three Rivers Stadium

HI-Pgh on the information super highway, point your browser to;



http://trfn.clpgh.org/ayh/ for the latest on activities, slide shows & local hostelling or you can email us at ayh@trfn.clpgh.org

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.....And MORE!!!

## OHIOPYLE HOSTEL

Marjorie Pasqualle, manager at the Ohiopyle Hostel, reports that this is turning out to be a very busy year. In June alone, we had over 350 overnights! At this rate, this will be our busiest year since we opened in 1979. We've had lots of groups as well, including one group of 17 from Uruguay. Some come to visit Fallingwater and Kentuck Knob, others are coming for the rail trail and other outdoor activities. With all these overnights, we could use extra help with general cleaning, as well as with filling in for Marjorie to give her a well earned break. We're also doing some major renovation, including rebuilding the fire escape and releveling the sidewalks. We also have some longer term plans under review, such as connecting to the new city water line and renovating the bathrooms. In the meantime, come on down for a visit. With the new rail trail open, consider cycling down for an overnight at the hostel. Call Marjorie at the Hostel at 724-329-4476 to make reservations or to volunteer. Finally, if anyone is upgrading their computer system and has a Windows or Windows 95 capable PC in good working condition, please consider a donation to the hostel. Call Larry Laude at 412-665-9554 or leave a message at the Council office at 412-431-4910.

## **VOLUNTEERS**

Pittsburgh Council has just started publishing a volunteer newsletter to keep all of our volunteers up to date on all the things we need help with from time to time. To get on the mailing list, call the AYH office at 412-431-4910 or e-mail us at ayh@trfn.clpgh.org. Here's a list of some of the upcoming events:

July 26 August 30 The Great Ride Road Mon Valley Century

ad marshals and rest stops
ry Registration, lunch rest stops
Registration lunch rest stops ma

October 4
Ongoing
Ongoing

SABRE Ohiopyle Pittsburgh Hostel Registration, lunch, rest stops Registration, lunch, rest stops, marshals, course marking Work parties, fill-in hostel managers

Work parties, administrative, hosteller relations.

AYH Sheet Sleeping Sack....



Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). the cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.





The Golden Trianlge
Email Account
Has Changed
Please Use
WRE66@CSI.COM
Thank-you...

#### HOSTELLING INTERNATIONAL

PITTSBURGH COUNCIL-AYH 830 E. WARRINGTON AVE PITTSBURGH, PA 15210

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## Oops...

If you find an error, please notify the editor. See the address for the Golden Triangle below.

Mail regarding this Newsletter should be addressed to:

American Youth Hostels The Golden Triangle 830 Warrington Ave Pittsburgh, PA 15210

Office: (412) 431-4910

or
HI-Pgh on the information super highway,
point your browser to;
http://trfn.clpgh.org/ayh/
or you can email us at
ayh@trfn.clpgh.org

### PITTSBURGH COUNCIL ACTIVITY CHAIRS

Chairman of the **Activities Committee** Ray Yutzy...... ..... 341-5682 Canoeing Paul Henry ...... 724-347-3282 Brian McBane ...... 443-8972 Cross Country Skiing Veronique Schreurs.....422-0358 Cycling Wm Eberle ..... ....... 310-7224 Chuck Eizak ..... ###-#### Family Activities Barbara Hanusa ...... 441-7205 Hiking / Backpacking Veronique Schreurs.....422-0358 Kayaking Ray Yutzy..... 341-5682 Midweek Rambles Marilyn Ham ...... 687-4520 Rafting John Orndorff ...... 741-2021 Rock Climbing ..... 322-4524 Vernon Miller ...... 935-3434 Sailing Bob Zavos ...... 241-0659 Sea Kayaking Fran Fleming......412-363-1221 Vickie Gotaskie.....412-344-4929 Trail Systems Jim Ritchie ...... 828-0210 Headquarters Programs Storekeeper Steve Poprocky ...... 721-2429



Pittsburgh Hostel Manager Holly Ridenour (412-431-1267)

OhioPyle Hostel Manager Marjorie Paqualle (412-329-4476)

## NOTICE

Please note the deadlines for future issues of the GOLDEN TRIANGLE

SEPTEMBER All copy, Aug 6 Binding/Mailing, Aug 27

OCTOBER
All copy, Sept 3
Binding/Mailing, Sept 24

If your work is on computer, Please contact Bill Eberle on the "NET" at, wre66@CSI.COM

#### Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 52 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 431-1267.

#### **About AYH**

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), {Formerly named International Youth Hostel Federation(IYHF)}, which coordinates more than 5,400 hostels worldwide-the largest network of accommodations in the world.

# 

## **Submissions Policy: Golden Triangle**

#### Classified Adds:

- Classified adds are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request Must include full Name, address, phone number and Membership number of member. Members are not permitted to place adds for non-members.
- Free adds may not be for commercial gain.
- Above rules apply in addition to general rules for submission.

#### Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

#### Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-secular
- Above rules apply in addition to general rules for submission

#### General rules for submission.

- · No handwritten submissions
- Submissions Can be;
  - On computer disk (IBM / MAC), E-mail (Internet/compuserve), Direct Modem, Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- Submitted before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue. (See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

#### **Editors Golden Rule**

"Lack of planning on your part, does not constitute an emergency on my part"
 Please note, the Golden Triangle frequency of publication.

Number 1 issue ->February / March: Number 2 issue ->April: Number 3 issue ->May: Number 4 issue ->June: Number 5 issue ->July: Number 6 issue ->Aug.

Number 7 issue ->Sept: Number 8 issue ->Oct: Number 9 issue ->Nov:

and Number 10 issue -> Dec. / January

Editor...

#### **Upcoming Slide Shows**

August 6: Barry Adams, "Pukaskwa River And Lake Superior Adventure". Fortunes and misfortunes on this 10-day wilderness canoeing trip.

August 13: Grace Arke, "Bicycle Trip In Canadian Rockies In 1953". Also rock climbing at Seneca Rocks, and scouting for the Baker Trail. Part of Pittsburgh AYH 50-year celebration.

August 20: An instructor from the Career Training Academy will explain the benefits of therapeutic massage, especially for sports injuries. Then, students will practice on volunteers in the audience.

August 27: Cheese and apple cider party.

September 3: We show the 16 mm film "Chesapeake Borne" The bay is a wildlife sanctuary, vacation playground, home to hardworking people.

September 10: Jim Hurst, "Sailing In The Windward Islands Of The Caribbeans". They rent a schooner, see Santa Lucia, Grenada, etc.

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 412-683-3131.

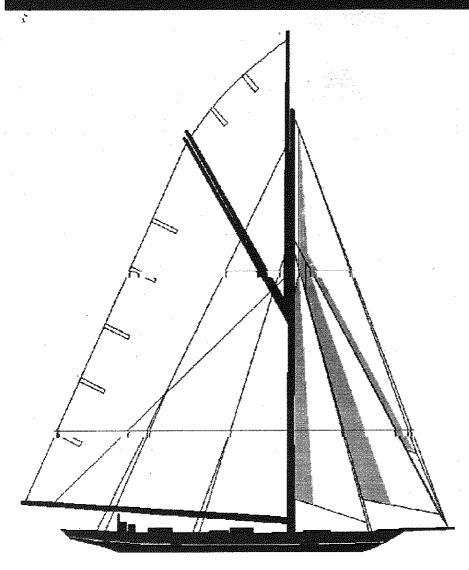
## Pittsburgh Council Hostels

Ohiopyle AYH Hostel
Ohiopyle State Park
PO Box 99
Ohiopyle, PA 15470
(724) 329-4476

Living Waters AYH Hostel RD #1(1 mile west on Route 30) Schellsburgh, PA 15559 (814) 733-4212 HI-Pittsburgh Hostel 830 E. Warrington Ave Pittsburgh, PA 15210 (412) 431-1267



#### SAILING



The AYH owns Flying Juniors, Sunfish, and an International 470. Several members also use their own sailboats. Most day sails and classes will be on Lake Arthur in Moraine State Park near Butler, Pa. Additional weekend trips and extended trips are also planned.

All trips require previous sailing experience unless otherwise stated. Participants for all sailing activities must be in good physical condition and able to pass minimum Red Cross recommendations for swimming competency. Personal Floatation Devices are required. Individuals with their own sailboats are encouraged to join our program.

Individuals who wish to receive additional updated sailing program information via EMAIL should send a request to RZavos@worldnet.att.net

Aug 2 Sun

Moraine State Park

Marilyn Marrari 412-441-6764

Day Sail from Watts Bay. We will sail in Flying Juniors or Sunfish. Take your pick. Bring a lunch and we may go out for dinner in the area.

Aug 15 Sat. Lake Arthur Sara Zavos 412-241-0659 WOMEN'S SUNFISH REGATTA. The Moraine Sailing Club women will race Sunfish.. Day sailing in Flying Juniors is open to everyone. Call for list of activities planned..

Aug 22 Sat

Moraine State Park

931-0905

Becky Jarold 931-0905

HIKING/SAILING. This is not an AYH trip but AYH members will participate in a joint gathering of Pittsburgh Area Clubs. These will include: The Sierra Club, Explorer's Club, Butler Outdoorsman's Club, the Moraine Sailing Club, Eastern Mountain Sports, and AYH. Hike at Moraine State Park led by the Sierra Club in the morning followed by a sail on Lake Arthur led by the Moraine Sailing Club. There is a Corn Roast Dinner for \$5.00 at the Marina Restaurant. For more details on the activities contact Becky. For dinner reservations call Barbara Keiser at 412-826-8369.

Aug 28/29 Sat-Sun Cleveland, Ohio

Bob Zavos

241-0659

RED CROSS BASIC SAILING INSTRUCTOR This is not an ATH trip but we will coordinate a trip to Cleveland to take the Red Cross Basic Sailing Instructor course. A prerequisite is the Instructor Candidate Training course (available at the Pittsburgh Red Cross). Course fee is \$70. Upon successful completion you may meet your annual teaching requirement in our Introductory Sailing Courses.

August 1998

MAINE COAST

Rick Tomlinson 814-445-3398

SAIL CRUISING - For those who may be interested in a 10-day cruise in late August, there is still space for one or two persons, but experienced sailors only

Oct 2 8, 1998

CHESAPEAKE BAY

Rick Tomlinson 814-445-3398

SAIL CRUISING - We will charter a live-aboard auxiliary sailboat and cruise the Eastern shore of Maryland. Overnight visits at Oxford and St. Michaels, MD and four nights at pristene anchorages in secluded coves on the Choptank, Little Choptank and Tred Avon rivers. This trip will be organized and skippered by Rick Tomlinson. Pointers on sail trim, departure and arrival techniques, anchoring, helmsmanship, piloting and navigation will be offered during the cruise. Cruising experience is preferred, but one or two beginners will be considered. Late boarding available.

Fees: Day sail fee at Lake Arthur is \$14 plus the AYH activity fee of \$1 for members and \$3 non-members.

#### **BICYCLING**

Sun, Aug 9 A Ride Around "The 'Burg"

Learn the delights of a Sunday morning ride around the most interesting Pittsburgh neighborhoods, at a laid back pace. We will look at the city from an environmentalists point of view. The cities must be made more livable, to save the countryside. How livable is Pittsburgh??? Come and judge for yourself. The bicycle gives us a perfect way to find out. )The exact route is not yet set, but it will include places like Shadyside, Squirrel Hill, The Strip, Downtown and The Southside. The Distance? Oh, maybe 25 or 30 miles. Lunch will be in a local cafe. Call Joan Roolf at (412)795-8345 for the time and meeting place.)

Sun, August 30, The Mon Valley Century See "98" EVENTS PAGE 5

Sun, October 4 A/B/C/D Bill Eberle SABRE (Southwestern Autumn BREeze) Southwestern Allegheny county and Washington county. 100 km (65 mile) and 50 km (35 mile) rides offered. Rides start at Settler's Cabin Park. Registration includes marked roads, map, snack stops and a picnic lunch at the end. Call AYH office (after Aug 1) for an application or get one at AYH. Discount for registrations received by Sept 15.

Oct 11-12 A/B/C Pat Rossi Wilderness Lodge Off road and On road riding near the New York / PA border. Stay overnight at the lodge. Contact Pat for more details.

#### TOUR DE HARVEST WILDERNESS LODGE OCTOBER 9 - 11

Once more Don Hutchinson has agreed to lead us on an "easy to intermediate" ride on through vineyards, orchards and off roads in the scenic environs of North East, PA. Mountain or hybrid bike and a helmet are a must. A stop at a local winery (free samples!) and lunch on the shores of Lake Erie will also be featured. We will enjoy two overnights in the cozy comfort of Nansi Janes' Wilderness Lodge and dinner at one of the superb local eateries. There are many possibilities for an additional Sunday ride (on your own): Peek 'n' Peak, French Creek, and Findlay Lake. A road bike may be used on the trail at Presque Isle. COST: \$45 per person for AYH members, \$55 for non-members for bed in hostel-style room (3-6 persons). There are three private double rooms, two persons per room @ \$120 for members, \$140 for non-members. The cost includes Friday and Saturday night lodging. A varied breakfast menu is offered at extra cost. We usually enjoy a Singalong on Saturday night after dinner. Reserve early by calling the AYH office at 412-431-4910. Space is immed to 30 people. Send a check for the run amount payable to Pittsburgh AYH a.s.a.p. after your call to guarantee your space. There will be no refunds after September 15 unless a replacement for you is found. A waiting list will be kept. Fees include a non-refundable \$10 per person, or \$20 per double room.

For more information call Pat Rossi, 335-5067.

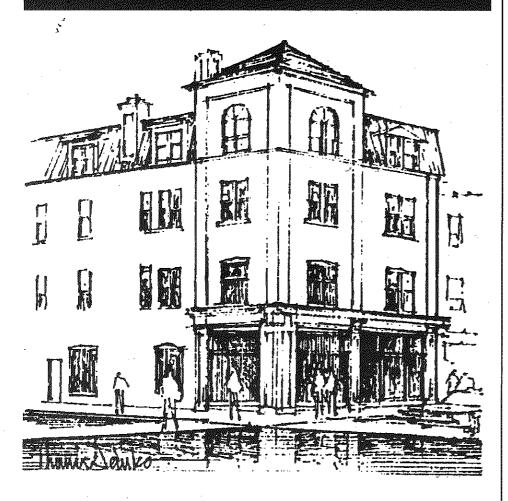
Wilderness Lodge Bicycle Touring Weekend October 10-11-12	
Name:	
Street Add: City/ST/Zip: Telephone:	
Enclosed is a check for \$	
I am driving and can take passengers. I need help finding a ride. (We'll try!) I will drive and meet the group at Wilderness Lodge	
Liability Waiver	

In consideration of your acceptance of my application for participation in the Cycling Weekend at Wilderness Lodge, I, the undersigned, for myself and my heirs, executors, administrators, and assigns, waive and release any and all claims for damages for death, personal injury or loss of property I may have or which may accrue to me as a result of my participation. I, the undersigned, discharge and realse the Pittsburgh Council, American Youth Hostels Inc, Wilderness Lodge, their activity leaders, and their respective agents, boards, comissions, and any other involved employees, representatives, and volunteers from all liability arising out of or connected in any way with my participation, whether or not caused by the negligence of any of the above parties.

I acknowledge that there are inherent risks and dangers which may arise at any time during the Weekend. My participation is voluntary and is done at my own risk. I voluntarily assume all risks of loss, damage, or injury that my be sustained while participating. I attest that I am physically fit and sufficiently trained for participation in this event. I understand and agree that medical or other services rendered to me by or at the insistence of any of the above parties is not an admission of liability to provide or to continue to provide any such services and is not a waiver of any of the said parties of any right hereunder.

and is not a warver	of any of the said parties of any right her	
	•	
Signature:		Date:

#### HOSTEL HAPPENINGS IN PITTSBURGH



July and August are the busy months in the hostel business. This month's column is a short one since we're busy checking people in from all over the wrold the the Pittsburgh International Hostel.

#### Second Sundae Sidewalk Socials.

These events have been scheduled on the second Sunday of each summer month so that people from Pittsburgh can learn more about Hostelling International and the Pittsburgh International Hostel. The Sidewalk Socials take place from 3 to 5 pm. The next one is on September 13th.

#### Volunteer Newsletter.

The first edition of the volunteer newsletter was mailed to people who at one time or another have volunteered or expressed an interest in volunteering with Pittsburgh Council. We've tried to be specific about our needs, and it's full of ideas of how you can help out. And we do need lots of help! We plan on publishing this newsletter every other month or so to keep you updated on our volunteer efforts. To receive a copy, call either the Hostel at 412-431-1267 or the Council Office at 412-431-4910 with your name, address, phone number, and e-mail address if you have one.

That's it for this month. The hostel phone number is 412-431-1267.

Holly Ridenour, Hostel Manager

#### 1998 HI/AYH MEMBER DISCOUNTS

HI/AYH members with valid membership cards are eligible for following discounts. Full details can be found in the FREE and just-published 1998 HI/AYH North American Hostel Handbook.

ALAMO CAR RENTAL: Various discounts. Request plan BY 19998 American Youth Hostels.

ANDY WARHOL MUSEUM: Buy one admission, get a second (of equal or lesser value) free.

MATTRESS FACTORY ART MUSEUM: \$1.00 off admission and 10% off merchandise in museum shop.

PITTSBURGH ZOO: \$1.00 off admission.

CITY BOOKS (Southside): 15% off all used books; 10% off most new books (some exceptions); 10% off all espresso bar items.

ALLEGHENY VALLEYS BICYCLE TOURS: 20% off the regularly advertised price of any bicycle tour granted to current HI members.

DANNY K'S DINER (3 blocks from hostel): 10% off final bill to all HI members. PGH INTERNATIONAL HOSTEL: \$17.00/night for dormitory accommodation.

The deadline for the 1999 HI/AYH North American Hostel Handbook is rapidly approaching. Local area businesses receive free international promotion in this handbook simply by offering a discount to Hostelling International members. If you know of a business that would be interested in offering a discount or should be approached to offer one, please call Holly Ridenour at the Pittsburgh International Hostel.

#### MAKE YOUR RESERVATIONS AT THE PITTSBURGH INTERNATIONAL HOSTEL TODAY!

The Pittsburgh Hostel has 50 beds available. If you or someone you know would like to stay, we'd be happy to make a reservation for you.

Individual HI/AYH members pay \$17.00/person/night for dormitory beds. Non-members may stay for an additional \$3.00/night.

Individuals can make a reservation for dormitory bed(s) by providing the following information:

Reservation Name:	
ate of Arrival	<del></del>
orning of Departure	# Nights
Female Beds	# Male Beds
/ISA/MC/Discover #	o. Date
Ex	5. Date
	<u> </u>

We have a 24-hour cancellation policy. You must cancel no later than 10 p.m. the night before your intended arrival date or your credit card will be billed for the first night's deposit. Government-issued photo ID required to check-in. Don't forget to bring your membership card!

Call the hostel directly for Family Rooms requests (limited availabil-

ity). A surcharge and key deposit apply to these rooms.

Special Group Rate for 10 or more people. Please request a Group

Inquiry Packet.

Need more information? We can send a copy of "Everything You Need to Know About Visiting Us" to you by email, fax or "snail" mail. Please call the hostel at 431-1267. You can send the reservation form above or request a copy of "Everything You Need to Know..." by fax or email. Our fax number is 431-2625. Email to ayh@trfn.clpgh.org

It doesn't get any bigger than 1998 for the Pittsburgh International Hostel. Lots and lots of Hostel Happenings. We plan on putting Pittsburgh and the Allentown area on the map with visitors from all over the world in the first full year of business. We look forward to seeing you here, especially

if you can help us out in this exciting endeavor.

Holly Ridenour,

Hostel Manager, Pittsburgh International Hostel

#### Pittsburgh AYH is accepting pledges and donations for the Pittsburgh Hostel.

Our Fundraising efforts are escalating to foundations and will include corporations as well. If any member is involved or knows of someone involved with these groups we would appreciate it if you would take a few minutes to let us know. Having a contact person really helps to get some attention. We need to raise a ton of money for this building and we need all the help that we can get.

Thanks for your interest and help. Clip out the coupon below and make your donation today.

Yes, I would like to ma donation of su Hostel in Pittsburgl	pport for the
\$2500 \$1000 \$500 \$250 \$100 \$50 Other: \$	HOSTELLING INTERNATIONAL
also needed! Please drop	nishings or services are o us a note describing what
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## **1998 EVENTS PITTSBURGH** INTERNATIONAL HOSTEL

eet other HI/AYH members, hostel guests, and the public, see the hostel, and learn more about hostelling at the following events, either as a volunteer or participant in the activities.

uring our normal hostel hours of 8 - 10 a.m. and 5 - 10 p.m. (we are closed during the day) the hostel is in the business of providing accommodation to its guests. For that reason only the lobby is accessible to non-guests during open hours and tours are not available without prior arrangement.

ours of the hostel will be available at all events L listed below.

#### **VOLUNTEERS ARE NEEDED THIS SUMMER**

olunteers are needed for all the following events. Please call the Pittsburgh International Hostel at (412) 431-1267 to let us know how you can help make the 50th year of the Pittsburgh Council a great one!

#### MON VALLEY CENTURY BENEFITS HOSTEL SUNDAY, AUGUST 30

 $^{f A}$ o register for the ride: call our Hostel Office at (412) 431-4910-2493 or stop by the hostel for an entry form. Volunteers are especially needed to make this event a success. Call the hostel to volunteer.

#### WORK PARTIES:

SATURDAYS - 10 A.M. - 2 P.M. AUG. 22, SEPT. 26

lean Team will help maintain the hostel and help the hostel staff with the extras we never seem to have the time for. Bring a broom and gloves if you have them. Refreshments will be served. Work Party originally scheduled for July 25 will not take place due to Allentown Community Day.

#### SECOND SUNDAE SIDEWALK SOCIALS FROM 3-5 P.M.

/ hat would summer be without ice cream? Hostel tours are free. Come an learn more about Hostelling International and the Pittsburgh International Hostel. Second "Sundae" Sidewalk Socials will continue on the second "Sundae" of each summer month through September. Next event: July 12 (Also August 9, and September 13)

 $\mathbf{X} \mathbf{\Lambda} \mathbf{J}$  atch this space in 1998 or call the hostel at 431-1267 **V** for more details on Hostel Events.

#### AYH Sheet Sleeping Sack.... DON'T LEAVE HOME WITHOUT ONE!



Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at

hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries

extremely quickly (handy on trips), the cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets.

Order one today! See the order form on the back page for prices.



#### SEA-KAYAKING

Russ Tague Allegheny River Courson Island to Tionesta; Optional Fri. night camping

Sept 18-20 Pymatuning Lake & Conneaut Marsh Barb Peterson 371-2506

Sept 24-Oct 5 Lake Powell, Utah Gary McCormick 885-0712

Sea kayaking, canoeing, hiking, backpacking

Oct 9-11 Eddie's Kinzua Fall Foliage Trip

Fran Fleming 363-1221 Barb Peterson 371-2506

Allegheny Reservoir; Kayak camping Experienced beginners or fxfx@ibm.net

NOTE: Canoes are welcome on most sea kayak trips. Check with trip leader.

#### MID-WEEK RAMBLES

"Rambles" are casual Wednesday outings sponsored by the Pittsburgh Council of Hostelling International - American Youth Hostels. Most take place in and around the city of Pittsburgh.

The group meets at 10 a.m. (9:30 am during the summer) in the upper parking lot of Mellon Park in Shadyside, off Shady Avenue near the intersection with Fifth Avenue. Remember to bring quarters for the parking meters.

Trips are normally three to four miles in length, at a leisurely pace. Trips are always subject to change because of weather, conflicts of schedule, and the choice of the group. We do plan to walk in all kinds of weather, so please dress appropriately.

From time to time, we will schedule lunch at a restaurant or a

brown bag lunch. These are optional.

We also try to carpool to save energy and to enjoy each other's company. For trips over 10 miles, please pay the driver \$2 per

passenger.

Call the leaders listed below for information about a trip or to inform the leader that you plan to walk with the group (especially when reservations are requested or you plan to meet us at the trail head), but please call before 10 o'clock at night.

August 5	Jennings Nature Reserve (near Moraine Park)		
	Bag Lunch	Earl McCabe	761-1844
August 12	CCAC Biodiversity Bag Lunch		563-5419
August 19	South Park Bag Lunch	Helen Brownhill	279-3672
August 26	North Park, starting Bag Lunch	ng at Nature Center Earl McCabe	761-1844
Sept 2	Rachel Carson Hom Bag Lunch	estead and trail spu Luc Berger	r, Springdale 683-3131
Sept 9	Hartwood Acres Bag Lunch	Monica Vucic	380-8008
Sept 16	Beechwood Farm Bag Lunch	Alex Federowicz & Margaret Laske	421-0922
Sept 23	North Point Breeze	e <b>and Food Co-op</b> Marilyn Ham	687-4520
Sept 30	Youghiogheny Rive	er Trail beginning a Dick Fischer	t Boston, PA 421-9215

#### **TRAILWORK** ON THE NORTH COUNTRY TRAIL INMORAINE/JENNINGS AREA

#### September 11-13

Keystone Trails Association and the North Country Trails Association will be holding trailwork on the North Country Trail in Moraine/Jennings area. We will camp at the Davis Hollow Outdoor Center Friday and Saturday night. The work areas: move a 1/2 mile section by Rt 528 to include vista, move 1/4 mile in Jennings to make connection to Stone House, and build trail behind Stone House, if we get approval. For more information contact Bob Tait 724-287-3382 or Bob\_Tait@nauticom.net. There will be more information on the web page.

#### **ROCK-CLIMBING**

#### Rock Out With AYH!

The AYH Rock Climbing program is a great way to experience the thrill of rock climbing. Our Beginner trips are focused on teaching "never evers" the basics of rock climbing. AYH supplies the climbing gear plus a group of experienced climbers to set up the climbs and teach the course. All you need to bring is a bag lunch, water, and a sunny disposition. Wear loose-fitting, comfortable clothes (shorts and T-shirts in the summer) and tennis shoes. It's not a bad idea to pack raingear in the event of a late-afternoon thunderstorm.

Beginner trips are held at Coopers Rocks State Forest, Exit 15 on Rt 68, east of Morgantown, WV. Trips leave from AYH headquarters at 7:30 am. We arrive at Coopers Rocks around 9:30 am and take a short walk to the climbing area. We are back at the cars by 4:30 or so. Many climbers stop at a local restaurant for dinner before driving back to Pittsburgh. We arrive back at AYH headquarters before 8 pm.

Cost is \$10 for AYH members (\$12 for non-members). Gas money (\$5, if you car pool from AYH Headquarters) and dinner are NOT included in the trip fees. Beginner trip fees break down as follows:

\$3 activity fee, for first-timers only

\$3 harness/helmet rental, if you don't own your own

\$3 rope fee for periodic rope replacements

\$1 AYH registration fee (\$3 for non members)

Experienced climbers are welcome on our "Beginner" trips since we top-rope climbs of varying difficulty (through 5.10). Seneca Prep trips teach seconding skills in preparation for a multi-pitch climbing trip to Seneca Rocks. The AYH climbers also make frequent "unofficial" trips to Seneca Rocks, New River Gorge, the Gunks, and local climbing areas. Several AYH climbers can be found hanging out (pun intended) at The Climbing Wall (in The Factory on Penn Avenue) on Thursday nights from 7 to 9:30 pm before retiring to the Evergreen pub (also on Penn Avenue) for a few cold ones and to make plans for the coming weekend.

To find out more about the AYH climbing program, call Jim "Woj" Wojciechowski @ 412-322-4524 or Vern Miller @ 724-935-3434. To sign up for a specific trip, call the Trip Leader listed in the table below. Trip size is limited. Call the Trip Leader (not the climbing chairmen) to sign up.

#### 1998 AYH ROCK CLIMBING TRIPS

DATE/DAY	LEVEL	TRIP LEADERPHONE
August 8 Sat	Beginner	Tom Kaveney (412) 276-8044
August 29 Sat	Seneca Prep	Pat Holtzinger (412) 343-8379
Sept 11-13	Seneca Rocks	Jim "Woj" Wojciechowski (412) 322-4524
Sept 26 Sat	Beginner	Dave Hartman (412) 821-3796

NOTE: Saturday, June 27th and Sunday, August 30th are make-up dates in the event a Beginner trip is rained out

#### ADOPT THE BAKER TRAIL

The Rachel Carson Trail is fully-covered by volunteers who have adopted sections of the trail for trail maintenance. The Baker Trail is about two-thirds covered, so we need about a half-dozen people who are willing to donate one weekend a year to put fresh paint on the blazes, trim away a little vegetation, and pick up the trash left along the trail. Qualifications are: you must be outdoors-minded; responsible; shows initiative, and don't need a lot of supervision; not afraid to get your hands dirty and want to make a contribution to the world of hiking. We have a couple sections close to Pittsburgh, requiring less than a 1 hour drive from Pittsburgh, probably up PA Route 28 through Kittanning. It's possible to do all your work in one day each year. If you are interested, call me, Jim Ritchie, 828-0210, and I will send you a map; you can check out the trail on your own; if you are still interested, call me again, and I will arrange to meet you on the trail to give you some supplies and provide about one hour of on-the-job training. Take a look at these:

Garver's Ferry to Godfrey on the Allegheny River. This section starts at Route 356 near Freeport, goes to the high bluffs above Freeport, and then down to the Kiski River. From Schenley. across the Kiski, the trail follows the Armstrong Rail-Trail to Godfreyeasy maintenance.

2. Bethel Township Maintenance Building to Crooked Creek Visitor's Center. Park at the Maintenance Building and descend Cook's Summit to Route 66, go past the Llama Farm and then along Crooked Creek all the way to the Visitor's Center. Mostly wooded, off road.

3. Cochran's Mill to Idaho. About 2 miles of wooded trail running parallel to Cherry Run, a trout-quality stream, followed by a stretch of easily-maintained, rural, dirt roads. I think there's a paw-paw tree along the way.

Call Jim Ritchie, 828-0210.

#### HIKING/BACKPACKING/TRAILS

Saturday August 1 Jim Ritchie 828-0210

Trail Maintenance, Baker Trail, Bethel Twp. Maintenance Bldg. to Crooked Creek Dam. Mostly, we need to put up fresh blazing, trim away the vegetation, pick up trash, cut the overgrowth back a little. See Cook's Summit, the Llama farm, and Walter's latest bridge. If we're there late enough, we may stop and eat dinner at Pitzer's.

August 15 Saturday Patti Brunner 325-3224

Trail Maintenance, Baker Trail, Crooked Creek @ Kerr Road. This is the area past the Covered Bridge at Crooked Creek. We will fix up the trail through a former strip mine site, from the Bridge to Kerr Road.

Jim Ritchie August 29 Saturday 828-0210 Trail Maintenance, Baker Trail, Heathville or Ford City. If we go to Heathville, we will put the finishing touches on the new trail installed around the strip mined area. At Ford City, we will do routine maintenance (trimming, blazing, pickup, a little chain saw) from the Visitor's Center to the Covered Bridge.

August 30 Sunday Leo Stember 681-1385 Trail Maintenance, Rachel Carson Trail, LaFever Hill or ???

#### FOOT NOTES TRAIL MAINTENANCE NEWS FOR HIKERS AND BACKPACKERS...

By JIM RITCHIE

I spent an evening in mid-July listening to a woman whose family had been kind enough in past years to allow the Baker Trail pass through their property, indeed, going right past their house, tell story after story about lost hikers, rude hikers, rude boy scouts, people traveling on the trail on horses, dirt bikes, quads, parking their cars on her property, throwing sticks at her dog, maintainers painting gas pipeline markers on her property, carrying off the little yellow flags marking the pipeline right-of-way, arguing with her that "this is the Baker Trail, and I don't care who owns this property, we're going to go through", knocking on the door in the middle of the night asking for drinking water, etc., etc, etc.

It's all very discouraging. We at Pittsburgh AYH volunteer our time, effort, and financial resources to provide a recreational facility for outdoorsminded people, allowing them to get outside and hike a proper trail through the Western Pennsylvania countryside, observing wildflowers and wildlife, trees and other plant life, and, yes, allowing them to meet their countrymen and countrywomen, say hello, and share in the appreciation of our land.

Then we have those who, apparently, never learned anything about courtesy; and respect; and appreciation; and just plain being friendly. I told Cindy that not only were horses "discouraged" from using the trail, but that, on private property, horses have NO PERMISSION to use the trail. I told her that dirt bikes and quads were not allowed on the trail and that furthermore trespassing by adults and children on dirt bikes and quads runs rampant all throughout Pennsylvania.

I asked her "what kind of scout leader allows his or her scouts to smart-mouth a property owner whose property they are crossing?" Indeed, what kind of scout leader smart-mouths himself? I told her that the majority of REAL HIKERS are courteous, respectful, and even downright friendly, especially AYH hikers. And, I told her that even if we moved our trail 100 miles away, those who disregarded her property rights would not go away, they would still abuse her home and property. That I know from experience,

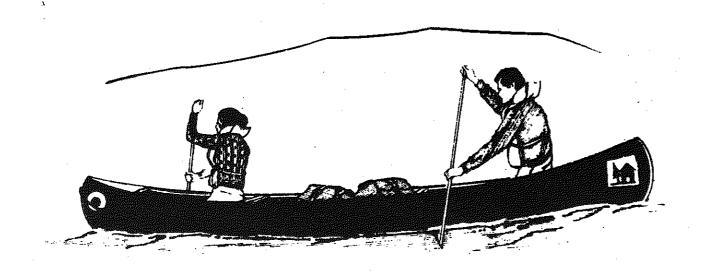
Cindy wanted our trail gone. I had to say that I couldn't blame her. I'd want it gone too, with experiences like hers. We talked for a short while. And, after a while, she offered, I didn't ask, to let us keep the trail, if we moved it away from the house, moved the "Baker Trail" sign away from her driveway, and kept it out of her yard, where the grass is cut. For this much, I am grateful.

It's a sad commentary on our society when disrespect and abuse is as widespread as we sometimes observe it to be. But we cannot lose sight of the fact that MOST people are good people; MOST people ARE respectful and courteous and friendly. And it is for those people that we volunteer our time, effort, and resources.

But our job must go beyond doing these things. We need to EDUCATE our friends, our neighbors, and our acquaintances (and our scouts) on trail courtesy—(NO!!! just plain old everyday courtesy), and the ethics of interacting with others, especially on their property. We need to remind horsemen that, in most of the East, horses destroy trails; we need to remind dirt bikers and quad riders that they need to seek permission to enter another person's property with their vehicles and that, furthermore, it is ILLEGAL to ride without a license, without insurance on private or public property. We need to ask our scout leaders to brief their scouts on the ethics of hiking trails and being a guest on private property.

If we ignore our responsibilities and "let George do it", the problems and the problem people won't go away. It will just get worse; and then, where will we be?

#### **CANOEING**



**Basic Canoe School** was a resounding success. On May 26, the last class, the entire class, as a graduation exercise, paddled from Sylvan down river and around the back channel of the island on river right. There we observed the beaver lodge complete with views of the beaver and honed some basic maneuvering skills over a serpentine course of old pilings. We rounded the island to paddle upriver to further hone skills in dealing with waves from passing boats, and learn the proper way to land a canoe on a beach. Congratulations to all participants and their instructors.

**Informational Note:** There is a growing logistical problem with AYH canoeing caused by the inability of the newer cars to carry canoes. As the participants' cars become newer, they lack rain gutters and thus the capability to be fitted with a generic rack. This situation can severely limit the number of trip participants.

**Note: River Gages:** In addition to the river gage link to the army corps of engineers, the USGS has a site that provides this and other PA rivers including the popular West Branch Susquehanna and Pine Creek of the gorge fame. This link starts at

http://wwwpah2o.er.usgs.gov/rt/rt\_table.html

#### Upcoming Trips

Aug. 15 Sat Lower YoughLeader:

John Orndorff

412-741-2021

Oct 25-26 Sat& Sun Jon Maiman Class I-II canoe camping. The annual "leaf trip". Call for details.

man 🧓 412-441-2306

Sunday, August 2: Umteenth Annual Youghiogheny River inner-tube hike from Johnson's Run to Camp Carmel (3 miles on foot, 3 miles in inner-tubes) Must be hot and sunny or trip will be postponed. Limit: 18. Call Bruce Sundquist, 724-327-8737

#### GOLD PANNING DAYS at the TROJAN HORSE LODGE Ludlow VT

Rich is planning a few instructional Gold Panning outings to a nearby stream. Any one interested in joining him on these one day adventures is welcome. We just ask that you RSVP so we will have an idea how many people to expect. There is no charge for the outing, instruction, or equipment use.

August 22, 1998

At about 9 am we will drive from the Trojan Horse Lodge to a nearby stream that has some good areas for gold panning. The site is about 3/4 mile up stream and the trail is mostly up hill. It is not particularly steep, but is sometimes a little rough under foot. The area is in the Plymouth State Park on what is known as Gold Brook. There are traces of gold throughout the area. We will try to pick an area that will be productive and fun. We should be done for the day at about 2 or 3 pm. Individuals could stay longer if they just can't give up the quest.

We will learn the techniques of basic gold panning. Then we will practice these skills and see what the stream will turn up. After getting familiar with the gold panning skills, then we will set up a small manual sluice and see how that device can increase our production. Gold Panning is an adictive hobby. You will quickly realize that finding gold is dependent on your knowledge of geology and of stream dynamics, your technique and patience with the equipment, and most importantly LUCK.

It is most likely that everyone will find some gold. Maybe a lot of Gold. Probably just enough to kindle a fever for the quest for more. The hobby can be highly addictive. I have all the equipment necessary. Pans, instructions, shovels, screens, towels, vials and bug spray. Each member of our party will need to bring their own attire for the stream and provide their own lunches. I would suggest boots - at least to the knee - or old sneakers for wading. Fishing waders would also be fine. Work gloves if you would like, for the heavy work. Possibly a hat. We will be working on a wooded stream, so the temperature may be cooler than usual. If you have a personal brand of bug repellant, then bring that also.

There is a \$2.00 day use fee for the State Park. This fee allows you use of their grounds and facilities. So after panning, you may want to stop at the beach for a swim before leaving the Park.

The outings are planned for Saturday only. I do not know if Rich will be available on Sunday. It may be possible to loan equipment out for individual adventures on Sunday.

Any one interested in these outings please call, write or email Rich at: Trojan Horse Lodge 802-226-5244

44 Andover St.

Ludlow VT 05149

thlodge@aol.com

#### We may need to limit the number of people able to attend each outing.

#### **CLASSIFIED**

All trips and products listed here are private and are not sponsored or endorsed by American Youth Hostels. Non-commercial ads are free for members. Contact the Editor for more info on Ads for Members and Non-members.

OR SALE: Thule car roof rack system. Rain gutter mounting feet w/locks; 50" cross bars; two upright (front wheel on) bike racks; four vertical ski holders. Exc. condition. \$150 for everything. Call mike at 412-268-8830 (day) or mkb@cs.cmu.edu 7/98

OR SALE: PUR Pioneer Water FilterSmall, light weight, and easy to operate. Used only once. Best Offer. Call Don at 412-824-3534 7/98

or sale: Sailboat. Ameri can classic O'Day Widgeon 15 ft daysailer w/ trailer and 2 sails. Blue/white in good condition. Will deliver. \$975 or best offer. Call 800-813-6336.

or Sale: North Face Back Magic, external frame backpack; flexhip joints, heavy duty, large capacity. Will deliver. \$75.00 obo. Call 304-233-5960.

or Sale: Tent - Sierra De signs "Clip-Flashlight", 2 person, superlightweight, footprint, extra pole, excellent condition, \$125. Sleeping Bag - North Face Littlefoot, Polyester, child/small adult, 20 degrees, excellent condition, \$60. Call 724-337-1366.

Editor, The Golden Triangle . 830 Warrington AVE. Pittsburgh, PA 15210



## REMINDER TO TRIP LEADERS

All trips and equipment usage must be approved by the appropriate activity chair or co-chair. Trip reports and fees should be turned in by the end of each month at either the AYH Activities Building or AYH Office or mailed to Pittsburgh Council, 830 Warrinton AVE., Pittsburgh PA 15210

## **HI-AYH Travel Store & Membership Application**

#### Outdoor Recreation Books

Allegheny National Forest Hiking Guide describes more than 250 miles of trails for hiking, backpacking and ski touring in the 800-square mile Allegheny National Forest. It also describes ski touring opportunities and points of scenic interest. Published by the Allegheny Group of the Sierra Club. 192 pages, 49 maps, 33 photos. Third Edition (1990) ...... \$8.00

AYH Outdoor Food Book contains menus, recipes, food preparation tips and food planning ideas for canoeists, bicyclists, backpackers, ski tourers and other outdoor-oriented people. 

Baker Trail Guide describes the 141 miles of the Baker Trail from Allegheny National Forest to Freeport PA. 38 pages with complete topographic maps. Published by AYH. (updated 1994) .......\$5.00

Canoeing Guide to Western Pennsylvania and Northern West Virginia contains information on 270 canoe trips on 3,040 miles of streams in western Pennsylvania and northern West Virginia. 

Fifty Hikes in Western Pennsylvania by Tom Thwaites describes 50 of his favorite hiking trails in western Pennsylvania. Fifty Hikes contains lots of interesting background material on the history and geology of each area. 206 pages, 60 pages of maps, 48 photos. 2nd Edition (1992).......\$14.95

Hikers Guide to Laurel Highlands Trail describes the 70 miles of the trail from Ohiopyle park to Conemaugh Gorge atop Laurel Ridge. Published by the Allegheny Group of the Sierra Club and the Western Pennsylvania Conservancy. 128 pages , 24 pages of maps. New5th Edition (1997).....\$5.00

Monongahela National Forest Hiking Guide describes more than 160 Forest Service trails in 1,350 square miles of the Mon National Forest - one of the best areas for hiking, backpacking and ski touring in this part of the country. Published by the West Virginia Conservancy. 320 pages, 60 maps, 39 photos. 6th Edition (1993) .......\$12.95

Pennsylvania Hiking Trails describes more than 290 trails and hiking areas throughout Pennsylvania. Published by Keystone Trails Association. 224 - pages , 94 maps. 12th 

Rachel Carson Trail Guide describes the Rachel Carson trail from North Park to Freeport in 

Fifty Hikes in Central Pennsylvania by Tom Thwaites. Another excellent book in the Fifty Hikes series covering day hikes and backpacking in the heart of Pennsylvania. Includes the Tuscarora Ridge, Alan Seeger, and John P. Saylor Trails as well as other 

Canoeing and Kayaking Ohio's Streams - An access guide for paddlers and anglers. Maps, hazards, portages, shuttles, history and game fish information for 45 Ohio Rivers. 

Appalachian Trail in Pennsylvania, Ninth Edition (1994). A revised edition of the official guide to the 232 miles of the AT in Pennsylvania. 200 pages, pack size (4.5 x 6.5 inches)......\$7.00

Appalachian Trail Maps (PA). Set of 12 monochrome topo maps covering the AT in Pennsylvania. Published by the KTA. Maps and elevations on six sheets of Polyart. (1994) ......\$7.00

PA Rail-Trail Guide New bike-bag sized guide to the state's rail-trails by the Railsto-Trails Conservancy. Two page introduction to each section of trail with maps and descriptions ......\$9.95

Free Wheeling Easy (2nd Edition) guide to rail-trails and other bicycling, walking, and jogging paths in western Pennsylvania and nearby Maryland. 100 pages of text and maps ......\$9.95

How to S\*\*t in the Woods is an amusing but informative answer to an age-old question. Valuable for trippers, trip leaders, and the curious. Paperback. 78 pages (2nd ed.1995) .. \$6.95

> For Fastest Service! Visit The AYH Travel Store! Pittsburgh Council, AYH 830 E Warrington Ave, Pittsburgh 15210 Or Call (412) 431-4910 For an Agency Near You!

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#### Travel Books (10% discount for members)

International Hostel Handbooks A complete listing of the Hostelling International Youth Hostels with descriptions, prices, addresses, and phone numbers Volume I Europe and the Mediterranean .......\$10.95 Volume II Asia , Africa , Americas , Pacific ......\$10.95

 $Let's\ Go$  (The famous series of books for the budget traveler-published by Harvard Student Agencies) Let's Go Europe .......\$17.99) Let's Go USA ......\$17.99 (members ... \$16.19) Let's Go Britain and Ireland ...... \$17.99 (members ... \$16.19) Let's Go Germany ......\$17.99 (members ... \$16.19) 

Lonely Planet (An alternative to the Let's Go Books. Highly Recommended.) Western Europe on a Shoestring ......\$24.95 (members ... \$22.50) Mediterranean Europe on a Shoestring ......\$24.95 (members ... \$22.50) Central Europe on a Shoestring ......\$21.95 (members ... \$19.75) Eastern Europe on a Shoestring ......\$24.95 (members ... \$22.50)

Ireland Travel Survival Kit ......\$19.95 (members ... \$17.95)

Travel Accessories

Sheet Sacks Used in place of sheets at youth hostels Cotton Sheet Sack Comfortable cotton blend ...... \$14.99 (members ... \$13.50) Nylon Sheet Sack Lightweight Nylon ...... \$13.49 (members ... \$12.25) Advance Booking Postcards Set of 10 ......\$1.00 Hostel Stamp Book Use to record your hostel Visits ......\$0.50

Student/Teacher ID Cards Student ID Card (1998)......\$20.00 TeacherID Card (1998)......\$20.00

Universal student ID issued by CIEE. Good for worldwide student discounts. Send 1-1/8 x 1-3/8 photo, name of your country of citizenship and proof that you're a student. Or ask for a free brochure.

HI-AYH Memberships (No Tax on Memberships)

Valid for 12 months from date of purchase. Renewals valid for 12 months from expiration of current pass. Provides access to 6,000 Hostelling International hostels around the world. Includes free handbook of North American hostels upon request (see below) and 12 month subscription to Pittsburgh Council newsletter.

Adult(18-54) ......\$25.00 Adult Renewal ......\$20.00 Family Renewal ......\$25.00 

Eurail Passes / Europass / Britrail Passes

The economic solution to rail travel in Europe. Eurail passes are valid throughout all Europe except Britain. For Britain, buy Britrail or BritFrance passes. Available only in the U.S. The more popular passes are described below. Ask for a free brochure on other Eurail and Single Country passes. Credit cards accepted. Youth is defined as under 26 years of age.

Eurail Saverpass 15 days travel with 2 or 3 friends (per person)......\$458.00 BritRail Flexipass 8 travel days in 1 month (youth) ......\$253.00 

All Otherpasses available......CALL

#### Ordering / HI-AYH Hostel Membership Application

Include 10% for postage (\$1.50 minimum). Pennsylvania residents must also include 7% sales tax. Postage and taxes not required for AYH memberships and Eurail Passes. Memberships and merchandise also available at AYH Headquarters and the AYH office. Discover, MasterCard, and Visa accepted. Please allow two weeks for delivery of mail orders. Priority or Overnight shipping is available; call for information

Mail to:

830 E Warrington Avenue Pittsburgh, PA 15210

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## **AYH Weekly Open House**

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

## **Council Office and Travel Store**

Credit Card Orders may be faxed to 412-431-2625 for faster service

The Pittsburgh Council Travel Store is open Mon. 10 to 4, Wed. 11 to 6 and Fri. from 10 to 4. Hours are subject to change, so it's a good idea to call the office at 412-431-4910 before coming in. We're in the Pittsburgh Hostel at 830 E Warrington Avenue in Allentown. All passes, ID cards, rail passes, and books are available.