



Golden Triangle

American Youth Hostels, Pittsburgh Council

Hostelling International, is a nonprofit organization dedicated to helping all people, especially the young, gain a greater understanding of the world and its people through hostelling.

VOLUME 52, NUMBER 4

SEPTEMBER-OCTOBER-NOVEMBER 2002



Hostelling - International Pittsburgh PA



A 50 bed full service hostel in a commercial bank building. Free parking, travel store, handicapped accessible!



Be Sure To Visit:

- Andy Warhol Museum
- Station Square
- Nearby Southside
- The Downtown Cultural District
- Riverfront Bike Trails
- Nearby Universities
- The Carnegie Science Center
- The Zoo & National Aviary
- Phipps Conservatory
- Historic Point State Park
- Heinz Field
- PNC Park

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....And MORE!!!

PITTSBURGH COUNCIL ANNUAL MEETING

PITTSBURGH COUNCIL ANNUAL MEETING

OCTOBER 17, 2002, 8:00 p.m.

HEADQUARTERS, Mellon Park, 5th & Shady Aves.

Refreshments will be served.

All members of the Pittsburgh Council, Hostelling International-American Youth Hostels are cordially invited to attend the Annual Meeting and election of officers. It is most important that you attend so we have a quorum to conduct the business of the Pittsburgh Council and have a smooth transition into 2003. All the directors will be there to talk about the accomplishments of the past year and the plans for the future. See you there.

George Schmidt, Secretary
Pittsburgh Council

HOSTEL NEWS:

By Bertus Tempelhoff, Hostel Operations and Services Coordinator and Mike McGill, Editor, HI-Travel Bytes

-- Let's Go© Gives A Thumbs Up To 14 HI-AYH Hostels

Guidebook Honors Accommodations "Giving Bang for the Buck" for Combining Quality and Low Cost

HI-AYH is pleased to announce that Let's Go© Guides has honored 14 of our locations with their Thumbs Up awards for 2002. Their staff of researchers hit the road for six months to find the accommodations, restaurants, museums, and attractions that give travelers the very best bang for the buck, combining quality with low cost. Thumbs Up winners in the accommodations category were chosen because of their cleanliness, friendly staffs, safe neighborhoods, amenities, clientele, and other interesting features.

HI-AYH's 2002 Let's Go© Thumbs Up Winners

CO: Breckenridge (Fireside Inn)
Grand Lake (Shadowcliff)
FL: St. Augustine (Pirate Haus)
Florida City (Everglades)
IL: Chicago
MI: New Boston (Country Grandma's)
MO: St. Louis (Huckleberry Finn)
NH: Conway (White Mountains)
OH: Northfield (Stanford House)
PA: Philadelphia (Bank Street)
Philadelphia (Chamounix Mansion)
Pittsburgh
SD: Deadwood (Black Hills)
TX: Austin

For more information on these hostels, visit our Web site at www.hiayh.org/hostels/mapindx.htm.

HOSTELLING INTERNATIONAL

PITTSBURGH COUNCIL-AYH
830 E. WARRINGTON AVE.
PITTSBURGH, PA 15210

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Pittsburgh Council, American Youth Hostels, Inc.

Serving Western Pennsylvania & West Virginia Panhandle
Since 1948, Incorporated 1955

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NOTICE

Please note the deadlines for
future issues of the
GOLDEN TRIANGLE

Dec-Jan-Feb ISSUE
All copy, November 7
Binding/Mailing, November 21

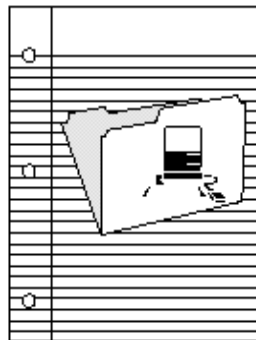
If your work is on computer,
Please contact Joel Platt at
golden_triangle@bigfoot.com

Moving?

If you move, or have any subscription problems, please notify us right away. Returned mail costs 42 cents for each piece, so we can save money if you let us know about any changes in your address. You can also phone in changes to the office at (412) 431-1267.

About AYH

American Youth Hostels is a non-profit organization which promotes international understanding, educational and recreational travel, good citizenship and an appreciation of America. AYH does this by bringing travelers of all ages, backgrounds and nationalities together in hostels and by providing low-cost travel programs. AYH is the US affiliate of Hostelling International (HI), (formerly named International Youth Hostel Federation (IYHF), which coordinates more than 5,400 hostels worldwide- the largest network of accommodations in the world.



**Submissions Policy:
Golden Triangle**

Classified Ads:

- Classified ads are free to Current members of HI-International
- All requests for classifieds must be made in writing via the Council Office. Request must include full name, address, phone number and membership number of member. Members are not permitted to place ads for non-members.

- Free ads may not be for commercial gain.
- Above rules apply in addition to general rules for submission

Trips

- All trips must be approved by authorized co-chair
- Trip leader must be a council approved leader
- Trips must be submitted through co-chair, for that activity. Trip leaders, are not to submit trips directly to editor or office, any trips improperly submitted will not be listed.
- Above rules apply in addition to general rules for submission

Articles

- Members are encouraged to write articles, about travel abroad and in the states, and about activities and outdoor sports in which the council has a program
- All Articles are to be, non-political and non-religious
- Above rules apply in addition to general rules for submission

General rules for submission

- No handwritten submissions
- Submissions Can be;
On computer disk (IBM), E-mail (Internet/compuserve), Type written material double spaced, faxed. NO EXCEPTIONS. Call if you have questions.
- Submitted before the deadline of the issue that submission needs to be run in. (See Editors Golden Rule)
- All Submissions are on a first come first serve basis, The GT makes no promises to print material received and all material received becomes the property of the GT.
- Standing Deadline; Deadline for the GT, has always been, and will continue to be the First Thursday of the month, prior to the month of the issue.(See Editors Golden Rule)
- Please always check in advance with office, to confirm schedule.

Editors Golden Rule

- *≡Lack of planning on your part, does not constitute an emergency on my part≡*

Please note, the Golden Triangle frequency of publication for 2002

Number 1 issue ->January/February / March; Number 2 issue ->April/May: Number 3 issue ->June/July/August: Number 4 issue ->September/October/November: Number 5 issue ->December/Janusry/February
Editor...

Events at the Hostel

Events at the Hostel:

Potluck Dinners

Come bring a friend and your favorite dish of food! The hostel is having a potluck dinner on wednesday, August 21st at 7pm, so come on down to 830 East Warrington Ave and eat with us. This is one of many upcoming potlucks, so keep an eye out for more coming soon. For more information or directions, please call 412.431.1267.

We will also need volunteers for our anniversary party (late Sept/early Oct) and upcoming information booths at several events.

Oops...

If you find an error, please notify the editor. See the address for the *Golden Triangle* below.

Mail regarding the Newsletter should be addressed to:

American Youth Hostels
The Golden Triangle
830 Warrington Ave.
Pittsburgh, PA 15210

Office: (412) 431-4910
or

HI-Pgh on the information super Highway. Point your browser to :
http://

trfn.clpgh.org/ayh/
or you can email us
at
ayh@trfn.clpgh.org



Pittsburgh Council Hostels

Ohiopyle AYH Hostel

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(724) 329-4476

HIOhiopyle@stargate.net

HI-Pittsburgh Hostel

830 E. Warrington Ave.
Pittsburgh, PA 15210

(412) 431-1267
hipgh@sgi.net



Golden Triangle - Pittsburgh Council, American Youth Hostels

Ohiopyle Hostel Celebration

The Ohiopyle Hostel celebrated “Pennsylvania Trails Weekend” with an Open House on May 11. Volunteers led hikes from the hostel, and cooked lunch for all the guests. Visitors enjoyed learning about hostelling and got a tour of the Ohiopyle facility.

One special visitor was Donald (Donny) Mitchell, who was born and raised in the home that is now the hostel. Donny was born in 1933, the year the house was built. He remembers the house being surrounded by cows, and using the basement to separate the milk and cream. His bedroom is now the women’s dorm.

Donny misses the beautiful gate that marked the Mitchell property, as well as the long, winding driveway that brought you up to the front door (hostel guests now enter through the kitchen). He remembers a fancy chandelier in the dining room, and his neighbors homes that are no longer there.

The Ohiopyle Hostel managers would like to thank council members George Schmidt and Alida Baker for hosting the event, as well as JoAnn Bary for hostel sitting. Also, many thanks to Adrian’s Market in Hopwood for donating cookies from their bakery.



SEA-KAYAKING

Kelleys Island, Cape Henlopen and Presque Isle are just a few of the interesting and exciting places we visited last summer. Whether you are a beginner or an experienced paddler, we have a trip for you. So grab your paddle and sunscreen and we will see you on the water.

August 24 Allegheny River, Lock 6 Jean 412 854-1248
Sept. 28 Monongahela River, Pickett's Creek to Uffington WV Russ 412 331-2073
October 25 -27 - Canoe/Kayak Masquerade on the Allegheny River. Yes, we dress up and paddle the river. We have been doing this for 5 Or 6 years. You have got to do this if you up for some crazy fun and paddle. We use Clarks Campground near Tionesta for a base camp for Friday and Sat. We shuttle and paddle each day a different section of the river. We even go to Five Forks Restaurant, dressed in costume, for the wonderful buffet on Sat. evening. And we always find a haunted hayride or haunted house to go to afterwards. If you don't have a costume, believe it or not, Joyce has a bag of goodies and will make sure you are in costume. Bring a pumpkin to carve for Joyce's "best pumpkin" contest. And of course she has prizes for "best costumes" and "best dressed boat". Canoe rental: Joyce Appel (724)526 5407
Kayak rental: Vickie Gotaskie (412)344

UPCOMING SLIDE SHOWS

August 29: We show the 16 mm film “Lake Titicaca”. Exploration of divers and oceanographers of the highest navigable body of water, at 12,500 feet above sea level. Expedition in search of Inca treasure discovers mew facts of biology, geology and archeology. Traces of 5 different civilizations.
September 5: Mike Fialkovich, "Seeing Washington State". He visits the Olympic Peninsula, including a national park. Fir trees, asters, elks. Reflection Lake. The Blue Grouse. Mount Saint Helen, Mount Rainier, the Sitka Spruce. Also Seattle and sea anemones.
September 12: Annual Astrofestival: A slide show on variable stars visible at this time of the year, such as the "demon star" Algol and Mira Ceti. If the sky is clear, we look at them with telescopes and binoculars.
September 19: Cheese, bread and soft drinks, if possible out of doors.
September 26: Steve Propocky, "Touring Coastal Ireland By Car". See the famous Cliffs of Moher, the Dingle Peninsula. The Ring of Kerry, Connemara Region, Dublin with the Guinness Brewery.
October 3: We show the 16 mm film "John Houston's Dublin". The famous film director visits the Old Norse Village, the Post Office where the 1916 rebellion ended, a horse race and the countryside.
October 10: Wesley Piros, "Atlantic Northeast". Show's prize-winning photographs cover Prince Edward's Island, Nova Scotia, Maine and Massachusets. See Halifax Citadel, Peggy's Cove, Evangeline Trail to Bay of Fondy, Acadia National Park, Bass Harbor Lighthouse.
October 17: Annual Meeting and Elections, at 8:00 PM. Please, come to help us obtain a quorum! Soft drinks will be served.
October 24: Pumpkin pie, potato chips and Juicy Juice party.
October 31: Joe Levine, "Up The Danube, Down The Rhine". His floating hotel goes through 66 locks. The opera house in Vienna, the splendid monastery at Melk, Passau in Bavaria, Cologne on the Rhine, canal boat tour of Amsterdam.
November 7: We show the 16 mm film "Journey To The Outer Limits". Nine-teen teenagers at the Colorado Outward Bound School climb Santa Rosa Peak in the Peruvian Andes. Produced by the National Geographic Society. Blue Ribbon winner at American Film Festival.
November 14: Tim Manka, "Creepy Crawlers". Ranger Tim gave this program on insects at Cape Cod and Cape Hatteras National Seashores and at Big Bend and Everglades National Parks. See how caterpillars protect themselves from being eaten. The program shows events happening at several national parks.
November 21: Apple pie, pretzels and soft drinks party.
November 28: Closed for Thanksgiving Day.
December 5: Mary Joy Haywood, "Antarctica, The Frozen Continent". First, a tour of Buenos Aires. From Ushuaia at the tip of South America, a 10-day crossing by ship. Eight landings by zodiac. Visit of Palmer Experimental Station.

Slide shows start at 8:30 PM, at AYH Headquarters, Shady Avenue at Fifth Avenue. Doors open at 8:00 PM. If you want to give a show, call Luc Berger at 412-683-3131.



ROCK CLIMBING

Rock Out with AYH!
The Pittsburgh AYH Rock Climbing program is a great way to experience the thrill of rock climbing. Our Beginner trips are focused on teaching "never evers" the basics of rock climbing. AYH supplies the climbing gear plus a group of experienced climbers to set up the climbs and teach the course. All you need to bring is a bag lunch, water, and a sunny disposition. Wear loose-fitting, comfortable clothes (shorts and T-shirts in the summer) and tennis shoes. It's not a bad idea to pack raingear in the event of a late-afternoon thunderstorm. To find out more about the AYH climbing program, call Chuck Jones at (412)766-4036. Please call before 10 o'clock at night.

Saturday, August 24
Top roping w/beginner class
@ Cooper's Rock
(Rain Date) Trip Leader: Barb Homistek (412) 687-7328

Sunday, August 25
Multi Pitch Prep class
@ Cooper's Rock Trip Leader: Bob Dodson (412) 243-4558

Friday/Saturday/Sunday September 6-8
Multi Pitch
@Seneca Rocks Trip Leader Chuck Jones (412) 766-4036

Saturday September 28
Top roping w/beginner class
@ Cooper's Rock
(Rain Date) Trip Leader: Barb Homistek (412) 687-7328

October 19, 7:00PM - Halloween Pary at Joyce Appel's house. Prizes for best costumes, and crazy games we play. Bring covered dish or snacks. Guaranteed fun. Call for more details and directions. Joyce Appel (724)526 5407

Rambles For Fall 2002

August 2002
Aug 28. Laurel Highlands hiking trail (near Rte. 31 at Firetower Rd. trail head). All day outing. 4-mile hike--somewhat strenuous. Bag lunch. \$4.00 trip. Jim Hurst. 276-0447


- September 2002**
- 4. Old Economy Village. 2-hour tour. Admission \$4.50. Bag lunch. Depart from Art Center at 9:30 AM. Pay driver \$4.00. Martha Raak. Martha Raak. 802-7266.
 - 11. Meadowcroft Rockshelter Archeological Site. Admission \$5.00. (Entertainment Book has coupon). Leave Art Center at 9:30 AM. Pay driver \$4.00. Bag lunch. Optional guided tour of Rural Village after lunch requires reservation in advance for those interested. Charge is \$5.00, and a minimum of 12 participants is required. Billie Woodland. 886-1603.
 - 18. Carnegie ramble. Bill Phoennik. 279-5411.
 - 25. South Park ramble. Bag lunch. Jim Hurst. 276-0447.

- October 2002**
- 2. Moraine State Park. Bag lunch. \$4.00 trip. Earl McCabe. 761-1844.
 - 9. Montour Trail at Hendersonville. Bag lunch. \$4.00 trip. Don Hoecker. 243-8298.
 - 16. Chartiers Nature Conservancy. Bag lunch. Marilyn Ham. 687-4520.
 - 23. Shadyside Academy area in Fox Chapel. Bag lunch. Ed Divers. 828-5154
 - 30. Hampton Nature Trail. Bag lunch. \$2.00 trip. Luc Berger. 683-3131.

- November 2002**
- 6. Aspinwall ramble. Bag lunch. Joan Roolf. 351-2061.
 - 13. Freemont hike to Indian Burial Mound. Bag lunch. \$2.00 trip. Ed Divers. 828-5154.
 - 20. Chatham Village ramble. Marty Brigham. 521-1913.
 - 27. No ramble. Happy Thanksgiving.

Fall rambles will begin at 10:00 AM. Meet in Mellon Park, upper parking lot at Fifth and Shady Avenues. Carpooling is encouraged. Transportation fees for passengers will range from \$1 to \$4 depending on length of trip.

Call trip leader for more information, (especially with regard to strenuous walks), or if you plan to meet us at the trail head. Rambles are subject to change due to weather or other circumstances.



HIKING/BACKPACKING/TRAILS

(AMBLES)SHORTER HIKES FOR FALL, 2002

Rather than call these hikes "Ambles" the name is changing to "Shorter Hikes", for want of a better name. These are easy 4-6 mile walks. We often stop for lunch in a local restaurant, but you may also bring a lunch if that is your preference. There will be a car pool fee if you ride with someone else. We will usually meet on Sunday at 10am at the Pittsburgh Center for the Arts, at 5th and Shady. Please note some hikes meet at other locations. BE SURE TO CALL THE LEADER A DAY OR TWO AHEAD TO CONFIRM THE HIKE AND MEETING LOCATION.

I am attempting to co-ordinate with both AYH and Sierra Club members who like to lead these shorter hikes to find more leaders and avoid duplication. Participants in these hikes will be required to sign a liability form for one or both organizations. If you would like to list your shorter hike here please call Joan Roolf at (412) 351-2061

Sunday, Sept. 8th Easy 5 mile -Five-Cave Walk near Sarver. Optional swim in Buffalo Creek. Leave Harmarville Ames at 10am \$2.50 carpool fee. Ed Divers (412)828-5154

Sunday, September 15th Millcreek Park near Youngstown, Ohio. Formalized Gardens and then trails. 5 miles. A very beautiful park. Bring a lunch. Lorraine Johnson 412-561-2786

Sunday, September 22nd Rivertown Walk-Smithton on the Yough. A 5 mile walk through Smithton, then across the river to the Yough Trail where we hope to see a "Tufa", a geologic formation, described as an outdoor stalagmite. Skip stones at Smithton Beach, (or jump in, weather permitting). Lunch in a Smithton local eatery, or bring your lunch. Joan Roolf, 412-351-2061

Sunday, September 29th PLEASE VOLUNTEER TO LEAD A HIKE THIS DAY. WE DO NOT HAVE A LEADER.

Sunday, October 6th A favorite 5 mi. walk in Schenley Park and then lunch at a restaurant on Atwood Street in Oakland. Fall colors in the city. Theresa Honert 412-683-0253

Sunday, October 13th Easy 3 mile walk in Todd Sanctuary, a beautiful Audubon Sanctuary with birds, streams and Fall color. (If it is too short you can go around again.) Meet at trailhead in Todd Sanctuary. Luc Berger 412-683-3131

Saturday, October 19th 5 mile Bat-Cave Hike near Dunbar. Partly Exploratory. \$5.75 carpool-Meet at 10am Monroevilee Gateway. Ed Divers. 412-828-5154

Sunday, October 20th 5-6 miles in Cook's Forest. Bring a lunch. Enjoy the colors. Lorraine Johnson 412-561-2786

Sunday, October 27th A Rivertown Walk- Sewickley, on the Ohio. Sewickley is beautiful in any season. Walk from the river , through town, to the park. Enjoy the varied architecture, and Sweetwater Art Museum. Lunch in a local restaurant or bring your lunch. Joan Roolf 412- 351-2061.

Sunday, November 3rd 5 miles on the North Country Trail in Moraine State Park. Then lunch at Brown's Country Kitchen. Theresa Honert 412-683-0253

Sunday, November 10th A Rivertown Walk-Saltsburg, on the Kiski. Walk around town, and the towpath along the Conemaugh. This little canal town is being restored to the days when canals and railroads were in their prime. Lunch at the Old Salt Restaurant. 5 miles. Call Joan Roolf. 412-351-2061

Sunday, November17th Walk in a wetlands in Upper St. Clair in Boyce Road Park. Bring a lunch. Lorraine Johnson. 412-561-2786

Sunday, November 24th Walk all around Frick Park and in the Frick Art Museum. Lunch at the East End Coop. Mark LeShack. 412-271-7950

Saturday, November 30th Hike an easy 6 miles from Connellsville to Pechins. Flat half is on the Yough River Trail. \$5.75 carpool 44 miles. Meet at Monroeville Gateway at 11 am. Call Ed Divers, 412-828-5154

ALLEGHENY GROUP -- SIERRA CLUB -- OUTINGS THRU DEC. 8, 2002

Recommended carpool fee: 6 cents/passenger-mile + share tolls. (Unless stated, car-miles are one-way from Monroeville.) For more up-to-date listings, visit <http://www.alleghenysc.org/> Hardcopy subscriptions to this list are \$2.50/year (4 issues). Make check payable to Allegheny Group, Sierra Club; mail to Bruce Sundquist, 210 College Park Drive, Monroeville, PA 15146-1532 E-mail subscriptions are free. bsundquist1@juno.com

EVENING CONDITIONING WALKS

(Call leader for meeting time and place)
East Suburbs (during EDST) Tues. & Thurs. evenings in Duff Park near Murrysville. Call Nick Broskovich, 724-863-6707
East End (during EDST) Wed. evenings, 6 to 8 PM, to Frick, Schenley or Highland Park. Call Don Stone, 412-441-2027
Setters Cabin Park (during EDST) Tues. evenings, 6:30 PM. Call Janine Hauck, 724-942-5114
South Park (year-around). Thurs. evenings, 6:15 PM. Locations vary, call Bonnie Thomas, 412-833-1068

DAY- AND WEEKEND TRIPS

Sat. Aug.24 Canoe-Kayak flatwater instruction on Nicholson Island in the Allegheny River near Lock 6. Rentals: \$10. Call Ed Divers, 412-828-5154
Sun. Aug.25 Loop hike in the Maple Summit - Cranberry Glade Lake areas above Laurel Hill Creek. Strenuous and exploratory, full day. \$9.00 carpool-68 miles. Call Dick Pratt, 412-362-5567
Sun. Aug.25 Bicycle a strenuous 56 miles from Connellsville to Confluence and back. We'll stop for lunch at the B&B in Confluence and take breaks every 5-10 miles. You can rent bikes at a rental in Connellsville. This is the most scenic trail around here. \$5.25 carpool-40 miles. Call Dave Mottorn, 724-327-7582

Sat. Aug.31-Mon. Sept.2 Backpacking (2 days) on the southern half of North Fork Mountain Trail in Monongahela National Forest, rated the best foot trail in West Va. by Outside Magazine. Countless spectacular views. Carry your own water (9#) and be able to do a steep 2300' elevation drop to Seneca Rocks. Monday is optional-exploring nearby northern Dolly Sods. Prior backpacking experience required. Limit: 20. \$24.25 carpool-173 miles. Call Bruce Sundquist, 724-327-8737

Sun. Sept.8 Do an easy 5-mile - Five-cave walk near Sarver. Optional swim in Buffalo Creek. Leave Harmarville Ames at 10 AM. \$2.50 carpool-20 miles. Call Ed Divers, 412-828-5154
Sun. Sept 8 Loop hike in the southern part of the Dunbar gamelands, including Glade and Rock Run. Strenuous and exploratory, full day. \$6.50 carpool-50 miles from Shadyside. Call Dick Pratt, 412-362-5567

Sat. Sept.14 Hike a moderately strenuous 13 miles around Lake Wilhelm in Goddard State Park. Not very hilly. \$9.00 carpool-75 miles from Cranberry Mall. Call Dave Mottorn, 724-327-7582
Sat. Sept.14 Caving trip to Lemon Hole Creek. \$4.25 carpool-35 miles. Call Norm Snyder, 412-351-4068
Sun. Sept.15 Hike a fast-paced 8.5-miles on the Lake Arthur Loop Trail in eastern Moraine State Park. \$3.50 carpool-30 miles from Cranberry Mall. Call Judy or Don Ziegler, 412-826-0519

Sat. Sept.21 Hike a moderately strenuous 12 miles on Baker Trail, from Cook Forest to Muzette, the northern end of Baker Trail. \$9.00 carpool-75 miles. Jim Ritchie, 412-828-0210.
Sun. Sept.22 Bicycle an easy 20 miles on the Youghiogheny River Trail from Cedar Creek County Park to Layton and back. Meet at the Cedar Creek Park Concession Stand at 10 AM. Call Barry Tunick, 412-653-6584
Sun. Sept.22 Hike 5-6 miles with llamas in the Laurel Highlands, in Forbes State Forest off US30 on Laurel Ridge. Bring lunch. Call Diane Neely 724-459-3012

Sun. Sept.29 Hike a moderate 8.5 miles in McConnells Mill State Park from Alpha Pass to Hell's Hollow, mostly along Slippery Rock Creek. \$3.25 carpool-27 miles from Cranberry Mall. Call Mike Robertson, 412-678-4039
Sun. Sept.29 Hike a tough 12 miles from Ohiopyle north to Maple Summit on the Laurel Highlands Trail. There are some nice lookouts and some great scenery. \$8.50 carpool-65 miles. Call Dave Mottorn, 724-327-7582

Sat. Oct. 5 Hike an easy 8 miles in Bear Run Nature Reserve. \$8.00 carpool-60 miles. Call Tom Wolper, 412-521-7945
Sat. Oct. 5 Canoe trip, 10 miles, on the Conemaugh River from Blairsville to Roaring Run Creek. There are four old masonry railroad bridges we'll go under and we'll see remnants of the Pennsylvania Canal. Cost: \$15/person including canoe rent and shuttle service. (\$10 for shuttle service if you bring your own canoe) flat water with little current. The outfitter needs at least 8 people to keep those prices. Call Dave Mottorn, 724-327-7582

Sat.-Sun.Oct.5-6 Backpacking on Laurel Highlands Trail from Rt.653 to Grindle Ridge Shelter and back (6 miles per day) \$8.00 carpool-60 miles. Call Harold Kotchig, 412-341-1196

Sat. Oct. 12 Scenic walk to the top of Chestnut Ridge and Coon Cave. 3-hours exploring the Cave. \$4.25 carpool-35 miles. Call Norm Snyder, 412-351-4068
Sun. Oct. 13 Easy 3-mile walk in Todd Sanctuary near Freeport. See the pond, beautiful streams, and the last flowers of the season. Meet at trailhead. Call Luc Berger, 412-683-3131
Sun. Oct. 13 Hike an intermediate and scenic 7 miles in Laurel Hill State Park on the east slopes of Laurel Ridge. Peak of the fall colors. \$7.25 carpool-55 miles. Call Mike Robertson, 412-678-4039

Sat. Oct. 19 5-mile bat-cave hike near Dunbar. Partly exploratory. \$5.75 carpool-44 miles. Meet at 10 AM at Monroeville Gateway. Call Ed Divers, 412-828-5154
Sun., Oct.20 Hike a strenuous 10 miles on Lost Turkey Trail, from the base of Blue Knob to Summit; all uphill. See memorial to the lost Cox children; 1,640' elevation gain. \$10.75 carpool-75 miles. Call Jim Ritchie, 412-828-0210
Sun. Oct.20 Easy 1.5-mile hike (2 hours) in Seldom Seen Greenway (Beechview Area). Meet at the far end of Brashear High School's parking lot at 590 Crane Ave. in Beechview at 1:30 PM. Call John or Kathy Murphy, 412-341-9367, or Bill Lawrence, 412-922-3951
Sun. Oct. 20 Hike 5-6 miles with llamas in the Laurel Highlands, in Forbes State Forest off US30 on Laurel Ridge. Bring lunch. Call Diane Neely 724-459-3012

Sun. Oct. 27 Enjoy the last of the fall colors hiking along two of the more scenic streams on Laurel Ridge (Camp Run and Little Run in the Mountain Streams area of Forbes State Forest). About 8 miles-easy intermediate. \$5.75 carpool-42 miles. Call Donna Allen, 412-372-2993
Sun. Oct. 27 Loop hike east and south of Big Sandy Creek, east of Quebec Run Wild Area. Strenuous and exploratory, full day. \$8.25 carpool-65 miles. Call Dick Pratt, 412-362-5567

(Continued on page 5)

Monroeville resident to be recognized for promoting outdoors recreation
Saturday, May 18, 2002

By Bob Batz Jr., Post-Gazette Staff Writer

When it comes to outdoor recreation in this region, **Bruce Sundquist** has been a rock: A constant, strong, quiet part of the natural landscape.

For four decades now, he's been a leader -- and a leader maker -- with the main outdoors groups, starting in the 1960s with the Pittsburgh Council of the American Youth Hostels. He helped start the Allegheny Group of the Sierra Club in the mid-'70s, and ever since has been its outings chair, organizing the program as well as leading hundreds of outings -- mostly backpacking, hiking and ski touring trips.



Thousands of people have taken courses he's taught and tens of thousands use trail guides he's written and produced. The guides not only have gotten more people outdoors, but also have ensured they have wild places to go, as his publications were a big part of successful drives to have Congress give wilderness designation to the Dolly Sods, Otter Creek and Cranberry River areas of the Monongahela National Forest.

The book guide to that national forest, which he launched in the 1970s and now is in its seventh edition, continues to be a powerful tool and a big money maker for the West Virginia Highlands Conservancy, which gets to keep all the proceeds.

The AYH and Sierra Club benefit from sales of guides Sundquist has worked on about the Allegheny National Forest, the Laurel Highlands Trail, local canoeing, local ski touring, even outdoor food. Now joining them on the bookshelves of the outdoorsy is the 284-page book he co-wrote and produced with seven others last year, "The Laurel Highlands -- A Hiking Guide."

For all these reasons and more, Sundquist today becomes the recipient of the first VO2 ROCS! Award. The honor, the acronym of which stands for Venture Outdoors Recreation & Outdoor Community Steward, will be given to him at 1 p.m. at the all-day outdoors extravaganza on Washington's Landing. It's a clear plaque shaped like, fittingly, a rock.

One of the persons who nominated him, Sierra Club buddy Dick Neller, said that it will be more difficult to pick future winners, but that none have made "so broad and deep a contribution to increasing participation in outdoor self-powered recreation" in the region.

Sundquist is a product of the real Midwest, having been born in Minnesota (in 1936) and raised in Wisconsin, where he was outdoorsy from the start. After earning his doctorate in metallurgy in 1960 at the Illinois Institute of Technology, he moved to Monroeville -- where he still lives -- to work for U.S. Steel. From 1972 until he retired in 1991, he worked in nuclear breeder reactor research for Westinghouse Electric Corp.

Throughout his career and since, he's spent about every weekend outdoors. He recalls seeing his first white water on an AYH hike down to the Youghiogheny River, where the group inflated truck tire inner tubes on which to float the rapids. "I was the last one to go," he says. "I was petrified green." But he loved it so much that he's been leading the expedition every year and is planning one again for this July ("It has to be hot").

He's seen great changes in the outdoor recreation scene. "Back then," he says, "people would stare at you if you had a bike rack on your car." He's delighted to see so many people enjoying so many different activities now, although he misses how tight the tiny community used to be. As he puts it, "The outdoors is much bigger these days."

He's gotten a bit slower start this spring, having undergone a heart valve replacement in January. But Neller was with him on a April 16 maintenance trip to the Quebec Run Wilderness Area in Fayette County, where Sundquist was chain-sawing fallen trees.

And most of his home continues to look like an impressively organized office, where he works on his outing statistics, environmental papers and articles and other outside interests. The huge camera he affixed to rails on his basement ceiling -- for photographing topographic maps -- is legendary.

"Quite a remarkable guy," says his friend and fellow conservationist Donald Gibbon, who notes, "If you know 'Prairie Home Companion,' he's a Norwegian bachelor farmer."

The 65-year-old Sundquist is set in his meticulous ways. He happily reports that his times for his daily 2-mile walk are almost what they were before his surgery (25 minutes). He's looking forward to leading a completely filled 20-person backpacking trip to Dolly Sods over Memorial Day weekend, although it might be hard to tell he's the leader because these days he likes to stay in back and enjoy himself.

He'll carry his museum-piece orange wraparound-frame pack, sleep in his even grungier down bag, and savor what he always considers the best parts of such trips: the convivial companionship of the other backpackers.

Perhaps during the traditional late-night bonfires he'll share some of the many outdoors stories he's earned over the years, like the one about the time he misread a new compass and almost died with two others scouting a ski trip to West Virginia's Snowy Knob. They made it back to the car in a snowstorm at 10 p.m. after skiing for eight hours.

"It was a he-got-us-into-it-and-got-us-out-of it kind of deal," says his longtime and dear friend Monica Dalrymple. Even though he is "very modest about his accomplishments," she says, "He's made a difference."

He certainly has left his mark. He chuckles telling the tale of another time he thought he was going to die. This was before there were commercial rafting outfitters, and so the AYH purchased a huge surplus Air Force raft, which Sundquist and five other intrepid souls launched on the "narrows" of the Cheat River. As they sized up the approach to one car-sized boulder, Sundquist -- the leader as usual -- told everyone they should paddle left.

"I said, 'Left.' We didn't go left. I screamed 'LEFT!' " When nothing happened, he screamed a desperation "RIGHT!" but it was too late: The raft slammed broadside into the boulder and flipped, spilling its occupants into a fearsome watery hole. They all

Other Outdoors Clubs

Butler Outdoors Club

BOC runs the same sorts of trips as Allegheny Group. Contact Dave Adams, 724-453-1685 DaveEAdams@aol.com or Bob Tait, 724-287-3382 BobTait@zbzoom.net or visit http://www.butleroutdoorclub.com Some trips by BOC and North Country Trails Assn. (NCTA) are listed below.
Nov. 2 - Butler Outdoor Club Annual Dinner and Program: All clubs and outdoor people welcome. Dinner, awards, speaker, silent auction, raffle and door prizes. Silent auction alway has lots of great stuff to bid on. Speaker this year will be Chris Wagner, the website editor for Backpacker Magazine. He has a great trip he did, along with a program and show, that he plans on sharing with us. Call Joyce for tickets, more information and directions. Joyce Appel (724)526 5407

Wissahickon Nature Club

If you enjoy nature lore, look into the meetings and field trips of Wissahickon Nature Club. They meet every other Saturday at 6 PM (except June-August) at Community Presbyterian Church, 7501 Church Av., Ben Avon. Contact Chuck Tague, 412-488-8760 or 432 Olympia Rd, Pgh. 15219

Botanical Society of Western Pennsylvania

BSWP offers field trips in spring, summer and fall to look at and learn about the enormous variety of plant life that western Pa. offers. Everyone is welcome on field trips; amateurs, professionals, non-members, and anyone who is curious about the natural world. Trips are often at a leisurely pace, but may require hiking and traveling through wet/muddy areas. For information, e-mail your address for sample newsletter and membership information to yoree@sgi.net, or call Loree at 724-872-5232.

WPW (Western Pennsylvania Wheelmen) Bicycle Club

Home Page: http://wpwbikeclub.org Ride Hotline: 412-422-2234
Various length and difficulty rides scheduled each weekend and some during the week. Monthly meeting usually the 2nd Monday at 8pm at the Frick Environmental center on Beechwood Blvd in Squirrel Hill. See home page for details.

Moraine Sailing Club

MSC offers sailing opportunities for new and experienced sailors at Lake Arthur in Moraine State Park. They have an active education program for all ages, numerous sailing related social events, Day Sailing at Lake Arthur, and a very active sailboat racing program. For more information see the MSC Web Page at www.morainesailingclub.org or contact Cindy Phillips, (412-741-5346, email to: widgeons@aol.com)

(Continued from page 4)

Sat.-Sun. Nov.2-3 Backpacking on Laurel Highlands Trail-one of a series of trips to cover the entire 70 miles of the LHHT. Call Harold Kotchig, 412-341-1196
Sun. Nov.3 Hike a fast-paced 7.5-8 miles in Harrison Hills County Park (intermediate). \$1.25 carpool-10 miles from Harmarville. Call Judy or Don Ziegler, 412-826-0519
Sun. Nov.3 Hike from the Rt.56 (Seward) Trailhead south on Laurel Highlands Trail. Spectacular views of Conemaugh Gorge. Strenuous. \$6.00 carpool-51 miles. Call Dave Mottorn, 724-327-7582
Sun. Nov 10 Loop hike in the southeast corner of the Forbes State Forest, including Wharton Furnace, the Big Sandy, Fort Necessity, and the Little Sandy. Strenuous and exploratory, full day. \$8.75 carpool-70 miles from Shadyside. Call Dick Pratt, 412-362-5567
Sun. Nov.10 9-mile loop hike near Connellsville, past limestone caverns. \$5.50 carpool-42 miles. Meet at Monroeville Gateway at 9 AM. Call Ed Divers, 412-828-5154
Sat. Nov.16 Hike along Ten-Mile Creek in a nice wooded area south of Bridgeville. \$1.25 carpool-10 miles from the western part of Pittsburgh. Call Norm Snyder, 412-351-4068
Sun. Nov.17 Moderately strenuous hike on Laurel Highlands Trail starting at US 30 and walking north for 3 hours and return. \$7.00 carpool-57 miles. Call Dave Mottorn, 724-327-7582
Sun. Nov.24 Hike (fast-paced) on a hilly 7.5-8 miles in Deer Lakes County Park, about 4 miles from Harmarville. Call Judy or Don Ziegler, 412-826-0519
Sun. Nov.24 Hike in Maxwell Run near Portland Mills in Elk County; 10 miles; visit logging ghost town of Raintown, the "Bear Caves", Maxwell Run Cemetery, and Empire Ridge Tunnel; partly off trail; strenuous. \$18.25 carpool-150 miles. Jim Ritchie, 412-828-0210.
Sat. Nov.30 Hike an easy 6 miles from Connellsville to Pechins. Flat--half is on the Yough River Trail. \$5.75 carpool-44 miles. Meet at Monroeville Gateway at 11 AM. Call Ed Divers, 412-828-5154
Sun. Dec 1 Hike at McConnell's Mill, on both banks of Slippery Rock Creek, including section on North Country Trail and Cleland Overlook. Strenuous and exploratory, full day. \$5.00 carpool-40 miles from Shadyside. Call Dick Pratt, 412-362-5567
Sat.-Sun. Dec.7-8 Backpacking on Laurel Highlands Trail. Stay in trail shelters. This is another in a series of trips to cover the entire 70 miles of the LHHT. Call Harold Kotchig, 412-341-1196
Sun. Dec. 8 Easy 5-mile loop hike near Freeport, partly along Allegheny River. \$1.75 carpool-15 miles. Meet at Harmarville at 11 AM. Call Ed Divers, 412-828-5154
Sun. Dec. 8 Hike, strenuous, on Laurel Highlands Trail starting at US 30 and walking south for 3 hours and return. \$7.00 carpool-57 miles. Call Dave Mottorn, 724-327-7582
NOTES: Ask leader for names & phone numbers of trippers for you to arrange a car pool. Reserve at least 36 hours in advance. Notify leader to cancel your reservation. Bring lunch, rain gear, water, first-aid kit, small flashlight and extra clothes for changes in weather. If you have a cell phone, bring it along. Cell phones have saved the day on several trips when accidents have required evacuation of trippers.
Sierra Clubbers planning to lead outings during 12/1/02-2/28/03 should contact Bruce Sundquist, 724-327-8737, bsundquist1@juno.com by 10/15/02.

escaped, but one thing stuck to the boulder: the name "Calamity Rock."

"That," he says with a smile, "was named for me."

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http://www.post-gazette.com/sports/outdoors/20020518sundquist2.asp

foot notes
news on the baker trail and the rachel carson trail
june, july, august 2002

- Jason Strohm, of Reynoldsville, PA, and his father, Emery, of Brookville, PA, had volunteered to adopt a section of the Baker Trail from the Gravel Lick Bridge to the Iron Bridge. In July, we all worked together on that section of the trail so that it is now in tip-top condition. It's nice to have people from that area supporting the trail. Bob Derry and Paul Snyder of Indiana, PA, assisted with our July trail maintenance project.
- Bob Derry, of Indiana, PA, completed year 2002 maintenance on his adopted section of the Baker Trail, from the Atwood Shelter to the Weaver Shelter. Bob also promises to work on the Weaver to Smicksburg section as soon as time allows.
- Dwight Fox reports "I have 'de-brushed' my section of the trail. The trail is passable and the blazes are visible" on his adopted section of the Baker Trail, from Godfrey, along the Allegheny River, to Bethel, in Armstrong County. This is a really interesting section, close to Pittsburgh and makes a nice Saturday or Sunday afternoon hike close to home.
- Remember that Trail Guides for under \$10 and Trail Patches, also modestly priced, are available for both the Baker Trail and the Rachel Carson Trail at the Pittsburgh Council store on Warrington Ave. You can place your credit card order by telephone by calling 412-431-1267 or 412-431-4910.
- Hugh Downing, President of Keystone Trails Association, of Penn Hills, PA, and his son, Joe, completed year 2002 work on their adopted section of the Rachel Carson Trail near Springdale just in time for the 2002 Rachel Carson Trail Challenge.
- Leo Stember, of Pittsburgh, completed year 2002 work on his adopted section of the Rachel Carson Trail in Harrison Hills Park, in early June.
- Don Erdeljac, the 2002 Field Director for the Rachel Carson Trail Challenge, logged more than 65 hours on trail maintenance in preparation for the 2002 Challenge. He worked the trail from end-to-end, clearing blowdowns and blazing on 11 separate occasions; his efforts were rewarded in facilitating a record number and percentage of Challenge finishers this year.
- Steve Mentzer, Don Erdeljac, Jim Ritchie, and Dick Mather scouted the Rachel Carson Trail near Emmerling Park in July, attempting to develop a relocation of the Trail off Cove Run Road and through the Park, and past the rest room facilities in the Park. The relocation should be ready by next year's Rachel Carson Trail Challenge.
- Babs Peterson led all four Rachel Carson Trail Challenge training hikes in the beginning of June with a total registration of 144 involving 83 individual hikers (that's a record!!).
- 209 of 364 registered hikers completed the 2002 Rachel Carson Trail Challenge. All the results, from pages of photos, to split times, to written accounts, as well as a chat area, are available at www.rachelcarsontrail.com; click on "Rachel Carson Challenge".
- Bob Roth and Jim Ritchie completed an arduous day of trail maintenance in Cook Forest State Park, in June, where 10 miles of the Baker Trail were newly blazed, from the northern boundary of the Park, all the way to the fire tower. Look for the new blazes on your next visit.

*****HIKER ALERT*****

- Baker Trail Guide Book, Page 12. Just past elevation 1005. Lands adjacent to the Baker Trail have been treated with *BioSolids*, a euphemism for sewage sludge. The Pennsylvania DEP indicates that the risk of infection and/or contamination from these particular biosolids is low or nearly non-existent due to post-facto treatment consisting of the addition of lime, raising the Ph of the substance to 12. In addition, random fecal coliform testing is conducted to assure consistency of treatment. The section affected is in Armstrong County, a short distance outside the village of Brick Church, between where the northbound trail turns right, off Kerr Road, and where it enters the woods at the headwaters of Pine Run.
- See www.rachelcarsontrail.com, "Baker Trail" for previously-issued Hiker Alerts.

Trail Maintenance Volunteer Opportunities

The Pittsburgh Council, American Youth Hostels conceived and built the Baker Trail in the late 1940's and dedicated the trail in 1950. It was built by returning war veterans who envisioned a network of "youth hostels" along the trail where the youth of the world could find safe, inexpensive shelter while touring rural America on foot. The trail is 141 miles long and extends from Freeport, PA to the Allegheny National Forest, and traverses Cook Forest State Park, several State Game Lands, Kittanning State Forest, the Mahoning and Crooked Creek Army Corps of Engineers projects, and several local recreation facilities. All AYH members are asked to spend one day a year helping us maintain the trail. The Baker Trail is 100% volunteer-supported. We use no Federal, State, or Local government funding.

September 14 Saturday Baker Trail at Frozen Toe. This is an all-day work project on the Baker Trail in the vicinity of Clarion and Corsica, PA. We need volunteers to help paint blazes, remove vegetation and fallen branches from the trail; collect any trash in a plastic garbage bag, and trim branches and leaves covering up our blazes. This is a good opportunity to get outside, see part of the Baker Trail, doing short hikes in and out from the road. Help us take care of one of Pennsylvania's endangered trails. Call Jim at 412-828-0210 for questions and to make arrangements.

October 27 Sunday Baker Trail at Bethlehem Chapel. Bethlehem Chapel is north of New Bethlehem and south of Summerville, PA. The agenda for this day of trail maintenance will be much the same as that for September 14. Call Jim at 412-828-0210 for questions and to make arrangements.

November 6 Wednesday Baker Trail at McNaughton Hill (the highest point in Clarion County). This is your last chance to be part of the solution for the year 2002. No more T.M. this year. The agenda for this day of trail maintenance will be much the same as that for September 14. Call Jim at 412-828-0210 for questions and to make arrangements.

Adopt-a-Trail Volunteers needed. We also need volunteers to become trail stewards who are willing to adopt a 3-5 mile long section of the Baker Trail. Trail stewards will be independently responsible to work on their section of the trail on their own schedule. Responsibilities include painting yellow blazes on the trail once a year, picking up debris and trash off the treadway, and trimming vegetation away from blazes. Optional skills include chain saw work, shelter repair (we have 10 overnight shelters on the trail that require yearly maintenance—adopt a shelter as your own personal project) and/or you can build bridges, sidehill supports, benches, and other trail amenities. Regardless of the level of your effort, you would be expected to walk your trail section twice a year, preferably once in the spring (April, May) and once in the fall (September, October). All expenses for supplies-paint, brushes, etc.-are reimbursed.

Baker Trail/Rachel Carson Trail Resources

Rachel Carson Trail website: www.rachelcarsontrail.com this website has information about the Rachel Carson Trail, the Baker Trail, and the Rachel Carson Trail Challenge.

Baker Trail website: www.geocities.com/bakertrailpa this website has some abbreviated information concerning the Baker Trail.

Hostelling International website: <http://trfn.clpgh.org/ayh/> general information about the BT/RCT sponsor organization.

Keystone Trails Association: <http://www.kta-hike.org/> has information about all Pennsylvania hiking trails

"Guide to the Rachel Carson Trail" this is a trail guide, with topographic maps, and some interpretive information about the 34-mile long trail, available from HI-Pittsburgh for under \$10, including postage and handling. Call 412-431-4910 to order.

"Baker Trail Guide Book" a trail guide with topographic maps, and interpretive information about the 141-mile long Baker Trail. Available from HI-Pittsburgh for under \$10, including postage and handling. Call 412-431-4910 to order.

Keystone Trails Meeting at Camp Swatara
October 4-5-6, 2002

The Keystone Trails Association has scheduled its Fall Meeting at Camp Swatara, Bethel, PA, just east of Harrisburg, PA, for October 4,5, and 6. The meeting will consist of a Friday reception, a Saturday hiking program with 6-8 hikes to choose from in the area, or you can attend the Saturday business meeting which includes reports from all the Pennsylvania State and U.S. Federal agencies with trail connections, and on Sunday, a hiking program with 4-5 short half-day hikes to enjoy. A slide program and general membership meeting is scheduled for Saturday evening. Meals and either cabin or camping accommodations are available. To request registration information, call 814-395-9696 or send email to Info@kta-hike.org. Come enjoy the company and camaraderie of other Pennsylvania hikers at the KTA Fall Meeting.

"Hikers Finally Conquer the Rachel Carson Trail Challenge"
The 2002 Rachel Carson Trail Challenge

It finally happened. After five tries and hundreds of shattered bodies, the Rachel Carson Trail finally met its match with this years crop of Challengers. Out of the 323 that set out from Harrison Hills Park at dawn on Saturday, June 22, 65% or 209 made it all the way to North Park, nearly 34 miles away, smashing last year's record 48% finishing rate. This milestone is even more notable given the heat and humidity (the official high was 90).

Several factors contributed to this accomplishment, not the least of which being that more folks learned from the mistakes they made in past Challenges that prevented them from finishing. Other factors included a trail that was clearly blazed (probably the best ever), a Field Director, Don Erdeljac, that made supplying ice to the checkpoints -- over 1,000 pounds throughout the day -- his primary mission, checkpoints that were well-stocked with an assortment of food, and a very helpful and encouraging team of volunteers.

But of course, there were problems. There was a confusing double-blaze at the top of the hill above Murray Hill Road. Several Challengers climbed up that tough hill, saw the double blaze and proceeded to go right back down. Apparently, at least one person did this *twice!* Volunteer extraordinaire Denise Cox was with us all day, not only supervising Checkpoint 1 but also assisting Challengers who dropped out. She writes:

I had gone onto checkpoint 3 (19.2 miles into the hike) after our checkpoint 1 closed. I stayed there for awhile and one hiker called checkpoint 3 and wanted to stop, so I volunteered to go get him. He had stopped where the trail crosses Butler Rd. a few miles back. He had stopped sweating, was having chills and throwing up. He was from Washington, DC and is a student at George Washington University. He and some of his friends want to hike part of the Appalachian later and they researched the web for some training hikes and found out about [the Challenge]. I brought him back to checkpoint 3 and he was ok after spending time in the shade and drinking water. He sat in my air conditioned Jeep for awhile to cool off. I ended up taking him back to Harrison Hills Park later on. At checkpoint 1, a few people got there past the cutoff time. One was a lady who had never hiked before. She ended up dropping out there (she was about 10 or 15 minutes past the cutoff time). I took her with me to checkpoints 2 and 3 and later back to North Park. One guy got to checkpoint 2 and was looking for a buddy of his. He knew his # (which I have forgotten), but he kept asking other hikers about him. One lady hiker said she found him really sick (chilling, not sweating, throwing up, etc.) The lady said he was really in bad shape and she got him to someone's house. She said they had a swimming pool and ice and tried to cool him down and gave him water. She left him so wasn't sure how things turned out. I was going to take his buddy back to North Park and he was going to go looking for him. He was actually going to run back along the trail at first, but the lady hiker said the guy stopped before checkpoint 2 so it was too far. To make a long story short, the guy finally got ok and showed up at checkpoint 3. His buddy talked him into going on, but I never heard if they finished. The sick guy said he kept running out of water. At checkpoint 3, quite a few people dropped out and I ended up taking 5 people back to North Park and 1 back to Harrison Hills. [There was a] 73 year old woman who made it as far as checkpoint 3 but was pretty wiped out and couldn't go any further, so her [husband] said he'd finish it for her and do the relay to the finish. Never heard if he finished and I didn't get the lady's name or #. [Editor's note: this is probably Sally Martin #193, and both she and her husband finished]. Quite a few marathoners hiked the trail and were commenting on how challenging it was.....many said much worse than running a marathon. Several hikers commented that "this isn't a hike....it's mountain climbing". Others said they felt like mountain goats. There was one guy who walked with an umbrella to keep out of the sun. We watched him make his way down the big hill right at checkpoint 3 carrying his umbrella the entire way down.

Joe Kulbacki, checkpoint 4 supervisor, writes, "The thing I remember the most is how beat up some of the people looked coming in, and the look on their faces when they thought they were almost done and we told them they still had eight more miles to go. That caused a few people who arrived later in the day to drop out on the spot." Joe also noted the Challenger that asked each checkpoint to take his picture so he could document his condition as it deteriorated throughout the Challenge.

Don Erdeljac, the Challenge Field Director, met up with the last two Challengers about 4 miles out. It was getting dark and they would have probably quit except that he fired up a kerosene lantern and walked with them to the finish, arriving around 10PM (keep in mind that these hikers began about 5:30AM). This was over an hour past the official cutoff time, but at least they can say they did it. Don writes, "This is perhaps the most difficult thing some of these people will attempt in their entire lifetime. No other animal on Earth will behave like this unless it's absolutely necessary for survival." Mr. Jim Drummond, a landowner on the trail between the rollercoaster and Tawney Run Rd., generously provided ice water and a hose for cooling showers to Challengers passing through. Thank you Jim!

Dario Donatelli did a superb job as master chef at the cookout, grilling up hundreds of hamburgers, hot dogs and chicken sandwiches over seven hours!

The winners of the prize raffle are:

We can't thank our volunteers enough, but we'll try once more. They did an *outstanding* job this year, and we very much appreciate it. We hope to see them all back again next year at the 2003 Challenge!

Bib	Name	Prize
243	Peterson, Barbara E	Dick's Sporting Goods \$25 Gift Certificate & Hostel stay
236	Pant, Siddharth	EMS Aqua Day hydration pack & Hostel stay
78	Dolan, Genevieve R	Dick's Sporting Goods \$25 Gift Certificate
235	Palencik, Tim	EMS Headwind hydration pack
203	Meehan, Kate L	Dick's Sporting Goods \$25 Gift Certificate
351	Schlaupitz, Sheila	EMS Atlas Snowshoe hydration pack
219	Murrell, Christopher Lee	Dick's Sporting Goods \$25 Gift Certificate
248	Popovich, Brenda L	EMS Atlas Snowshoe hydration pack
342	Yoder, Michael J	Dick's Sporting Goods \$25 Gift Certificate
294	Soster, Gregory	EMS Camelbak "Zoid" hydration pack

Thanks again to Beth Mundsinger, Dan Rihn, Dario Donatelli Sr., Dario Donatelli Jr., David Casassa, Denise Cox, Denise Hluhan, Diane and Joe Kostka, Grace Henning, Jan Gardner, Jennifer Stratakis, JoAnn Bary, Joe and Paula Migliorisi, Joe Kulbacki, Jonnie Joseph, Julie Kester, Kathy Sedory, Kierstin Carlson and Aaron Heimberger, Laura Burkhart, Leah Cohen, Leo and Lorraine Stember, Lisa Geyer, Liz Sotak, Lynne Piraino, Mark, Susan and Kim Brumbaugh, Mark Murtha, Melinda Pelkey, Mickie Haalman, Missy Geyer, Nicole Sutherland, Patty Brunner, Patti and Mariah Parker, Ron Hannan, Stephanie Cleary, Susie and George Dull.

The Challenge is important because it provides our only source of funds to support maintenance activities on the Rachel Carson Trail and the Baker Trail. Please help us keep it going by volunteering or recruiting volunteers.

We also need volunteers to adopt a small section of the trail to keep it clear and well marked. We have openings in several key areas. If you'd like to give a little back, please email your name and phone to rct@rachelcarsontrail.com for details. - Steve Mentzer



BICYCLING

IMPROMPTU BICYCLE RIDES EMAIL LIST

Our bicycle email list is up and running. We have been enjoying some good rides. The biggest need now is for people to announce rides.

If you would like to get on our bike email list our address is:
letsbikenow-subscribe@yahoogroups.com

HELMETS ARE REQUIRED FOR THE PROTECTION OF ALL. YOU RIDE AT YOUR OWN RISK

Glenn Oster continues to ride and report on various trails across the USA. Visit his website at <http://www.intellweb.com/trails/oster.htm>

Golden Triangle Articles Junejulyaugust 2002 George Schmidt

THE KEYSTONE RIDE IS BACK!

The hot news is Keystone 2002 will be lead by Gov. Schweiker on October 3 & 4. This year it will run through the Delaware Valley to Philadelphia. Gov. Ridge started doing the annual ride the first year after he was elected. On Keystone 2000 his cabinet, including Lt. Gov. Schweiker rode in the event. 800 bicyclists attended Keystone 2000. The event is open to the public.

At that time, most people assumed then that Gov. Ridge would be the next Vice-President if "W" was elected and wondered if Schweiker would continue to support bicycling in PA in the manor of Gov. Ridge. Keystone 2001 was canceled days before the event when Governor Ridge accepted the homeland defense job for President Bush. This year Gov. Schweiker announced that the state was having serious budget issues and money for rail-trail projects has been gutted from programs like "Growing Greener". One would hope that Gov. Schweiker's attention to other bicycling and pedestrian issues will continue to be an example in planning PennDot projects and tourism promotion with future administrations.

To receive a registration packet for Keystone Ride 2002 call 717-5314 or email keyride@state.pa.us- please include your name and full mailing address.

This is an update of the WPW Bicycling Calendar 2002. It has been put on our web site and in our monthly newsletter. <http://wpwbikeclub.org/>

SEPTEMBER WPW Fall Rally
Sept 2nd (Labor Day), WYTC's Poker Ride
Non-competitive bike ride and walk. Loads of door prizes. Supports maintenance of the Yough River Trail north in Westmoreland County.

Sept 7 - Sunday Sept 8, MYTC's Dam Ride, (2nd weekend in September)
Two-day fully supported ride from McKeesport to the Yough Lake Dam at Confluence and back. Tee-shirt ride supports both the Steel Valley Trail and the Yough River Trail.
September 7-8 Fourth Annual That Dam Ride to Confluence. An overnight ride from either Boston, PA. or Connellsville to Confluence and return. Check the website at www.thatdamride.org or call 412-462-5328.

Sept. 14 (Sat.) - "Covered Bridge Ride" Greene County.

September 15 NEOC, North East Ohio Century, will be Sunday Sep. 15 (we schedule the third Sunday in Sep). Starting again in Newton Falls, Ohio. Contact Eugenia Pierce, 231 Upland Ave, Youngstown, OH 44504, (330) 746 4157, e-mail cc.pierce@cc.ysu.edu, web site www.cboss.com/osw

September 28, Over the Falls Race, Ohiopyle, PA Multi-sport event featuring a kayak race that includes going over the falls at Ohiopyle.

OCTOBER
Oct 2 -Sunday, Oct 3, MYTC's YoughtoberFest, (1st weekend in October)
Two days of fun, food, music and celebration of the fall season. Located along the Youghiogheny River Trail in "little" Boston, PA.

Rachel Carson Trail Challenge Split Times 2002											
Seq	Bib	Name,	Age	Hometown	Registration	Checkpnt-1	Checkpnt-2	Checkpnt-3	Checkpnt-4	Finish	Elapsed
1	100	Gallagher, Bernie F	25	Bethesda	MD	5:39:12	6:58:02	8:31:10	10:11:46	11:59:08	14:01:41 8:22:29
2	97	Frease, David A	42	Boardman	OH	5:28:01	6:46:14	8:30:22	10:07:17	11:52:14	14:06:56 8:38:55
3	180	Loewenstein, George F	46	Pittsburgh	PA	5:28:01	6:47:58	8:30:31	10:06:55	11:53:09	14:06:56 8:38:55
4	195	McCrohan, Tara Marie	29	New York	NY	5:55:30	7:19:39	9:03:14	10:37:37	12:37:35	14:35:46 8:40:16
5	251	Primis, Ben	25	Pittsburgh	PA	5:38:56	6:57:50	8:30:51	10:12:27	11:59:08	14:21:53 8:42:57
6	205	Mencke, John Joseph	45	Georgetown	PA	5:21:45	6:46:26	8:30:53	10:07:17	11:52:14	14:06:56 8:45:11
7	168	Lagon, Alan F	32	Baltimore	MD	5:56:18	7:28:28	9:15:55	11:02:36	13:03:59	15:03:30 9:07:12
8	106	Ghattas, Omar	39	Pittsburgh	PA	5:52:56	7:12:21	9:03:40	10:40:24	12:46:42	15:03:30 9:10:34
9	177	Liebman, Marc	56	Pittsburgh	PA	5:58:38	7:27:07	9:15:06	10:56:00	13:03:54	15:17:18 9:18:40
10	265	Rzewski, Alexis I	39	Pittsburgh	PA	5:47:55	7:03:22	8:41:06	10:31:13	12:24:14	15:21:50 9:33:55
11	360	Pieton, David	39	Allison Park	PA	5:55:57	7:36:33	9:30:49	11:27:28	13:26:20	15:33:05 9:37:08
12	314	Syiek, David A	45	Pittsburgh	PA	5:31:25	6:46:12	8:19:54	10:05:20	12:17:20	15:09:00 9:37:35
13	330	White, Richard Bartley	33	Pittsburgh	PA	5:41:46	7:07:42	8:41:06	10:14:19	12:05:05	15:29:00 9:47:14
14	338	Yanez, Angie	41	Pittsburgh	PA	5:26:52	7:04:24	8:56:00	10:55:46	13:04:15	15:33:00 10:06:08
15	364	Knable, John	42	Potomac	MD	6:27:30	8:02:26	10:11:44	12:07:59	14:09:58	16:37:10 10:09:40
16	284	Sideris, Emmanuel	51	Pittsburgh	PA	5:38:30	7:12:51	9:07:50	11:01:34	13:14:50	15:51:55 10:13:25
17	220	Mysliwiec, David Thomas	43	Wexford	PA	5:54:45	7:29:12	9:38:01	11:36:22	13:43:10	16:09:40 10:14:55
18	294	Soster, Gregory	24	Sewickley	PA	5:40:17	7:32:32	9:26:57	11:18:04	13:24:45	16:00:00 10:19:43
19	96	Forbeck, Michael	44	Pittsburgh	PA	5:46:40	7:14:25	9:09:43	11:23:51	13:27:40	16:09:00 10:22:20
20	344	Youchak, Michael T	39	Pittsburgh	PA	5:46:33		9:10:24	11:23:50	13:27:40	16:09:00 10:22:27
21	101	Gallagher, Gregory J	43	Pittsburgh	PA	5:27:28	7:07:19	9:11:02	11:07:20	13:14:50	15:52:00 10:24:32
22	56	Cohen, Yale B	46	Pittsburgh	PA	5:49:28	7:29:35	9:32:07	11:40:58	13:55:42	16:18:10 10:28:42
23	104	Gasper Jr., Mike E	47	Gibsonia	PA	5:16:10	6:49:27	8:39:27	10:40:04	13:00:49	15:47:10 10:31:00
24	124	Hanish, Mark B	43	Baden	PA	5:23:41		8:49:09	11:05:50	13:26:30	15:54:50 10:31:09
25	357	Daly, Tim	39	Scott Depot	WV	5:50:07	7:45:02	9:51:02	11:50:21	13:56:29	16:30:59 10:40:52
26	358	Daly, Pete	35	Morgantown	WV	5:50:07	7:45:02	9:51:02	11:50:21	13:56:29	16:31:00 10:40:53
27	249	Powers, Carol A	41	Butler	PA	5:53:28	7:37:28	9:41:38	11:46:50	13:56:11	16:35:43 10:42:15
28	3	Aliskovitz, Alan M	36	Butler	PA	5:53:23	7:37:30	9:41:46	11:47:06	13:56:11	16:35:43 10:42:20
29	136	Hoburg, Jim	55	Baden	PA	5:21:45	7:03:02	8:52:54	10:49:44	13:03:33	16:16:50 10:55:05
30	349	Zellars, Ken H	53	Valencia	PA	5:38:50	7:41:15	9:52:19	12:00:45	14:06:50	16:35:43 10:56:53
31	222	Nakovich, Georgia A	52	Pittsburgh	PA	5:47:50	7:42:21	9:52:44	12:01:14	14:07:36	16:49:49 11:01:59
32	255	Ratcliff, David A	30	Takoma Park	MD	5:53:01	7:25:20	9:32:40	11:39:30	14:05:45	16:59:10 11:06:09
33	236	Pant, Siddharth	44	Pittsburgh	PA	5:46:17	7:43:40	9:51:33	11:57:24	14:10:58	16:52:51 11:06:34
34	83	Edbrooke, Andres Juan	27	Reston	VA	5:48:28	7:25:15	9:31:22	11:39:21	14:06:11	16:59:10 11:10:42
35	243	Peterson, Barbara E	53	Pittsburgh	PA	5:17:52	7:14:17	9:22:47	11:35:42	13:47:35	16:28:44 11:10:52
36	221	Nagel Sr., Mike E	66	Valencia	PA	5:38:50	7:41:15	9:52:52	12:00:17	14:07:36	16:51:50 11:13:00
37	6	Anderson, Jodie April	28	Pittsburgh	PA	5:55:06	7:43:20	10:13:06	12:03:11	14:28:30	17:09:52 11:14:46
38	5	Anderson, Brett Kirk	27	Pittsburgh	PA	5:54:59	7:42:45	9:57:15	12:03:15	14:28:30	17:09:52 11:14:53
39	242	Petersen, Mark Jeffrey	34	Cranberry Twp	PA	5:32:05	7:25:20	9:37:04	11:54:52	14:07:11	16:47:01 11:14:56
40	171	Laughlin, Tadd Matthew	28	Pittsburgh	PA	5:54:52	7:43:17	9:56:01	12:03:55	14:28:30	17:09:52 11:15:00
41	105	Gelman, Daniel	35	Pittsburgh	PA	5:47:46	7:44:52	9:52:32	11:57:33	14:06:58	17:06:41 11:18:55
42	157	Karnavas, Andy	43	Pittsburgh	PA	5:54:50	7:44:00	9:46:31	11:59:14	14:16:44	17:15:51 11:21:01
43	122	Hammel, Richard Allen	32	Slippery Rock	PA	5:48:12	7:12:50	9:08:41	11:36:34	14:17:21	17:15:12 11:27:00
44	31	Bricker, Jason P	30	Pittsburgh	PA	5:48:01	7:12:55	9:59:49	11:37:13	14:17:21	17:15:51 11:27:50
45	138	Hoburg, Woody	16	Baden	PA	5:21:29	6:46:30	8:33:22	10:35:21	12:54:28	16:49:58 11:28:29
46	297	Stacy, Chad John	29	Pittsburgh	PA	5:45:12	7:44:46	10:03:03	12:17:48	14:35:39	17:14:08 11:28:56
47	298	Stacy, Ruth Ann	54	Ellensburg	WA	5:45:12	7:44:51	10:03:03	12:17:40	14:35:39	17:14:09 11:28:57
48	135	Hirsch, Philip D	44	Monroeville	PA	5:30:49	7:27:35	9:43:16	12:05:58	14:28:23	17:06:09 11:35:20
49	48	Carey, Ronald Scott	47	Pittsburgh	PA	5:20:08	6:58:10	8:55:24	11:04:45	13:44:50	16:57:30 11:37:22
50	108	GoerdT, Jim D	37	Pittsburgh	PA	5:54:30	7:36:14	9:44:16	12:02:52	14:30:11	17:34:07 11:39:37
51	299	Stakich, Scott D	25	Pittsburgh	PA	5:56:42	7:52:16	10:16:16	12:28:08	14:52:00	17:36:36 11:39:54
52	240	Paul, Robert	36	Zelionople	PA	5:56:38	7:52:16	10:16:05	12:28:25	14:53:11	17:36:36 11:39:58
53	248	Popovich, Brenda L	42	Ardara	PA	5:20:50	7:14:48	9:27:22	11:51:39	14:12:48	17:03:21 11:42:31
54	206	Mentzer, Steve	37	Allison Park	PA	5:48:50	7:38:52	9:56:19	12:32:30	14:57:40	17:33:13 11:44:23
55	84	Eyerman, Christopher E	39	Wexford	PA	5:12:05	7:13:15	9:27:27	12:26:44	14:40:42	16:58:29 11:46:24
56	214	Morris, Ron M	50	Bethel Park	PA	5:18:20	7:38:30	9:40:58	11:43:09	14:12:29	17:06:38 11:48:18
57	94	Fissell, Kate	41	Pittsburgh	PA	5:17:52	7:16:45	9:43:16	11:54:48	14:16:12	17:07:36 11:49:44
58	328	Welsh, Emily Marie	23	Bethel Park	PA	5:51:01	7:51:30	9:58:36	12:12:15	14:44:50	17:44:00 11:52:59
59	32	Brizzi, Jackie M	22	Alexandria	VA	5:50:48	7:51:50	9:58:36	12:12:20	14:44:33	17:44:00 11:53:12
60	343	Yonto, Carey Kathleen	23	Alexandria	VA	5:50:42	7:51:47	9:58:36	12:12:10	14:45:50	17:44:00 11:53:18
61	40	Burgess, Jeremy Michael	30	Pittsburgh	PA	5:52:35	7:53:47	9:59:52	12:14:58	15:00:58	17:51:38 11:59:03
62	312	Stover, Jeff	52	Lock Haven	PA	5:45:51	7:38:34	9:46:50	11:59:55	14:31:40	17:49:50 12:03:59
63	311	Stover, Adam	18	Lock Haven	PA	5:45:12	7:38:34	9:46:50	11:59:55	14:31:40	17:49:45 12:04:33
64	148	Jeffries, Clark D	29	Martinsburg	PA	5:52:19	7:37:56	9:47:29	12:04:08	14:39:20	17:58:30 12:06:11
65	118	Hack, Amie Elizabeth	19	Cheswick	PA	5:47:52	7:43:30	9:46:53	12:09:27	14:50:20	17:54:05 12:06:13
66	119	Hack, Dennis Phillip	51	Cheswick	PA	5:47:52	7:45:18	9:46:53	12:09:17	14:50:20	17:54:05 12:06:13
67	305	Stern, Bradley J	31	Roaring Spring	PA	5:52:05		9:47:00	12:04:59	14:40:35	17:58:30 12:06:25
68	172	Lebo, Michael A	37	Wexford	PA	6:07:00	8:05:53	10:32:48	12:36:10	14:55:00	18:14:00 12:07:00
69	238	Parker, Richard L	37	Wilmington	DE	5:48:08	7:17:25	9:20:33	11:30:43	14:12:40	17:55:30 12:07:22
70	269	Savage, Carol V	52	Gibsonia	PA	6:06:58	8:05:53	10:32:36	12:36:43	14:53:28	18:15:00 12:08:02
71	235	Palencik, Tim	49	Uniontown	PA	5:41:12	7:47:12	10:03:49	12:24:25	14:51:45	17:51:38 12:10:26
72	127	Heffner, John W	21	Pittsburgh	PA	5:27:32	7:13:20	9:29:47	11:37:33	14:11:43	17:43:40 12:16:08
73	26	Booth, Darren Mitchell	27	Falls Church	VA	5:23:12	7:15:00	9:41:04	12:10:30	14:38:27	17:42:50 12:19:38
74	37	Brunette, Gary	48	Coraopolis	PA	5:54:15	8:02:15	10:40:00	12:53:31	15:09:36	18:14:00 12:19:45
75	288	Siwik, Greg P	47	Clairton	PA	5:54:15	8:02:15	10:40:00	12:53:37	15:09:46	18:14:00 12:19:45
76	183	Madden, Dennis Joseph	42	McKeesport	PA	5:55:13	7:45:43	9:42:49	11:46:00	14:22:25	18:16:00 12:20:47
77	258	Riley, Gregg W	41	White Oak	PA	5:55:13	7:45:29	9:42:42	11:45:43	14:22:25	18:16:00 12:20:47
78	144	Howley, Patrick J	38	Bethel Park	PA	5:49:15	7:47:57	10:22:26	12:44:07	15:19:55	18:14:00 12:24:45
79	86	Farina, Ann K	41	Bethel Park	PA	5:49:07	7:48:10	10:22:00	12:44:49	15:20:02	18:14:00 12:24:53
80	250	Priganc, Johnathan M	17	Pittsburgh	PA	5:13:48	7:13:24	9:37:33	12:03:00	14:46:25	17:39:58 12:26:10
81	46	Campbell, Dean	33	Pittsburgh	PA	5:46:37	7:34:15	9:43:26	12:03:47	14:57:55	18:14:00 12:27:23
82	345	Young, Gregory A	34	Pittsburgh	PA	5:46:06	7:34:15	9:48:52	12:18:05	15:11:35	18:14:00 12:27:54
83	190	Marrow, Lynn G	55	Millersville	PA	5:42:35	7:32:45	10:59:20	12:24:06	15:00:36	18:14:00 12:31:25
84	78	Dolan, Genevieve R	62	Atglen	PA	5:42:28	7:33:45	10:00:28	12:25:18	15:00:28	18:14:00 12:31:32
85	126	Havel, John Edward	50	Monongahela	PA	5:58:08	7:51:34	10:01:47	12:28:18	15:10:49	18:32:12 12:34:04
86	165	Kreuer, Brandon L	26	Allison Park	PA	5:00:00	7:36:12	9:44:04	12:02:07	14:30:11	17:35:50 12:35:50
87	129	Herb, Robert W	65	Pittsburgh	PA	5:14:20	7:15:10	9:23:17	11:39:25	14:13:56	17:51:38 12:37:18
88	282	Shymatta, Frank R	51	Monongahela	PA	5:58:15	7:38:18	10:05:45	12:30:20	15:15:20	18:36:00 12:37:45
89	270	Schaub, Drew	21	Glenshaw	PA	5:54:35	7:55:15	10:00:22	12:40:30	15:07:03	18:33:00 12:38:25
90	254	Pytlik, Gregory	46	Glenshaw	PA	5:54:25	7:52:22	10:01:00	12:40:30	15:06:38	18:33:00 12:38:35
91	121	Halwa, Bev J	54	Boulder	CO	5:18:49	7:21:40	9:59:32	12:20:32	14:54:10	17:57:30 12:38:41
92	21	Biricocchi, Marcina A	51	New Kensington</							

Rachel Carson Trail Challenge Split Times 2002

Seq	Bib	Name,	Age	Hometown		Registration	Checkpnt-1	Checkpnt-2	Checkpnt-3	Checkpnt-4	Finish	Elapsed
133	287	Singleton, Jenny L	18	Pittsburgh	PA	5:54:10	8:12:26	10:43:24	13:11:25	15:43:23	19:25:50	13:31:40
134	93	Fisher, Marilyn Jean	35	Cheswick	PA	5:47:34	7:47:40	10:14:00	13:03:11	16:01:58	19:22:30	13:34:56
135	92	Fisher, Gregory Scott	39	Cheswick	PA	5:47:34	7:47:40	10:14:00	13:03:03	16:01:59	19:22:30	13:34:56
136	196	McDermot, Susan Douglas	47	Pittsburgh	PA	5:45:30	7:59:30	11:07:11	13:45:51	16:19:35	19:24:55	13:39:25
137	187					5:45:24	7:59:30	11:07:11	13:45:41	16:19:24	19:24:52	13:39:28
138	247	Pope, Heather L	28	Sewickley	PA	5:51:56	7:54:29	10:28:48	13:12:00	16:07:16	19:36:05	13:44:09
139	191	Marszalek, Jack M	53	Wilmerding	PA	5:58:42	8:05:42		13:26:30	16:27:45	19:43:30	13:44:48
140	19	Bernick, Paul G	63	Allison Park	PA	5:58:30	8:05:50	10:41:52	13:22:18	16:26:49	19:43:30	13:45:00
141	290	Slocum, Mark T	16	Gibsonia	PA	5:20:55	7:43:32	10:15:28	12:45:07	15:34:30	19:06:54	13:45:59
142	65	Cowan, Brian T	16	Allison Park	PA	5:20:31	7:44:30	10:15:16	12:45:01	15:34:16	19:06:54	13:46:23
143	302	Stearns, James C	32	Tarentum	PA	5:23:36	7:30:12	9:51:52	12:31:38	15:36:40	19:11:00	13:47:24
144	57	Cohn, Brandon M	19	Pittsburgh	PA	5:23:30	7:29:55	9:52:02	12:31:44	15:37:07	19:11:00	13:47:30
145	77	DiPasquale, David K	36	Pittsburgh	PA	5:23:22	7:30:10	9:52:01	12:31:38	15:36:52	19:11:00	13:47:38
146	25	Bonnette, Trang T	43	Gibsonia	PA	5:52:46	7:59:40	10:43:48	13:38:55	16:20:18	19:43:30	13:50:44
147	130	Hershberger, Pamela Kaye	45	Clearville	PA	5:51:03	7:53:15	10:36:18	13:24:22	16:20:29	19:43:20	13:52:17
148	131	Hershberger, Richard F	42	Clearville	PA	5:51:03	7:53:15	10:36:08	13:24:28	16:20:29	19:43:20	13:52:17
149	82	Eastgate, Gavin	29	Seven Fields	PA	5:53:00	7:40:05	9:55:57	12:45:53	15:48:05	19:48:45	13:55:45
150	208	Minicucci, David Robert	33	Pittsburgh	PA	5:48:50	7:40:05	9:54:58	12:45:08	15:48:02	19:48:45	13:59:55
151	9	Babich, Theodore Luke	31	Trafford	PA	5:51:30	8:07:30	10:24:16	13:12:04	16:07:02	19:52:45	14:01:15
152	22	Bischak, Frank	34	Freedom	PA	5:51:30	8:07:30	10:24:24	13:12:58	16:09:05	19:52:45	14:01:15
153	320	Ungerman, Mark J	39	Harrison City	PA	5:45:43	7:45:19	10:09:21	13:04:35	16:10:16	19:48:15	14:02:32
154	281	Shughart, Linda	39	Canonsburg	PA	5:52:49	8:11:35	11:09:01	13:55:00	16:54:31	19:55:30	14:02:41
155	7	Anthony, Steve J	28	Monaca	PA	5:52:45	8:12:00	11:09:40	13:54:39	16:54:40	19:55:30	14:02:45
156	319	Trambev, Asen	26	Pittsburgh	PA	5:48:48	7:47:07	10:00:33	12:21:50	15:09:18	19:55:00	14:06:12
157	125	Hartman, Jackie M	30	Cheswick	PA	5:59:40	7:57:02	10:36:06	13:20:50	16:28:30	20:06:20	14:06:40
158	292	Snyder, Jason Dean	27	State College	PA	5:59:29	7:58:36	10:36:06	13:21:50	16:29:02	20:06:25	14:06:56
159	260	Rohler, Jim M	29	State College	PA	5:59:29	7:58:31	10:36:35	13:21:20	16:29:25	20:06:25	14:06:56
160	103	Garso, Scott	44	Tarentum	PA	5:28:36	7:43:44	10:09:59	12:55:19	16:12:07	19:36:05	14:07:29
161	199	McGinniss, Joanie Lynn	20	State College	PA	5:58:28	7:58:40	10:36:06	13:21:13	16:29:40	20:06:25	14:07:57
162	173	Lechwar, Bradley K	25	Pittsburgh	PA	6:12:00	8:25:07	11:21:00	13:43:10	16:44:51	20:20:26	14:08:26
163	139	Hoffman, Jerry	49	Mars	PA	5:30:49	7:44:34	10:29:17	13:23:20	16:27:53	19:39:25	14:08:36
164	70	Creely, Candace	29	Pittsburgh	PA	5:57:49	8:14:30	11:37:14	14:36:14	17:05:46	20:06:31	14:08:42
165	45	Campbell, Craig	35	Pittsburgh	PA	5:57:26	8:14:25	11:37:07	14:36:08	17:05:25	20:06:30	14:09:04
166	326	Weihrauch, Herman Joseph	35	Cheswick	PA	6:20:09	8:49:15	11:15:57	13:38:20	16:45:40	20:30:00	14:09:51
167	51	Cheney, Richard Everett	28	Harmony	PA	5:42:45	7:44:35	10:05:00	12:44:34	16:21:45	19:52:45	14:10:00
168	145	Huminsky, Dean Andrew	35	Allison Park	PA	5:42:26	7:44:23	10:05:00	12:44:10	16:21:34	19:52:45	14:10:19
169	324	Washabaugh, Donald	53	Pittsburgh	PA	6:16:50	8:40:40	12:01:39	14:35:25	17:34:05	20:28:35	14:11:45
170	318	Tonti, Norman J	38	Pittsburgh	PA	5:46:29	7:53:23	10:24:51	14:16:00	16:48:25	19:58:15	14:11:46
171	44	Butterworth, Susan R	24	Pittsburgh	PA	5:54:05	7:58:45	10:41:19	13:22:27	16:25:25	20:06:30	14:12:25
172	158	Kennedy, Thomas Francis	25	Pittsburgh	PA	5:54:05	7:59:05	10:40:56	13:22:19	16:27:06	20:06:31	14:12:26
173	233	Ondovik, Anne C	22	Pittsburgh	PA	5:52:39	8:11:51	11:09:56	13:56:25	16:55:46	20:06:00	14:13:21
174	203	Meehan, Kate L	24	Pittsburgh	PA	5:52:49	8:11:46		13:55:47	16:54:38	20:06:32	14:13:43
175	353	O'Connor, Kevin	38	Pittsburgh	PA	5:41:10	7:42:51	10:02:53	12:49:10	16:34:10	19:56:45	14:15:35
176	155	Kallal, Jackie K	36	Indiana	PA	6:04:10	8:36:30	11:16:28	14:02:28	16:58:04	20:20:45	14:16:35
177	263	Ruman, David	53	Rochester	MI	5:57:49	8:14:51	11:25:09	14:26:30	16:59:02	20:18:50	14:21:01
178	291	Smilo, John Michael	39	Coshocton	OH	5:44:16	7:52:41	10:36:06	13:22:00	16:29:02	20:06:25	14:22:09
179	141	Holt, Samuel B	29	Pittsburgh	PA	6:04:02	8:36:30	11:16:28	14:00:02	16:57:55	20:26:25	14:22:23
180	149	Jenkins, Andrew G	25	Pittsburgh	PA	5:40:54	7:56:40	11:08:51	13:59:03	17:39:00	20:06:00	14:25:06
181	267	Sansom, Dave Scott	29	Mt. Pleasant	SC	5:27:04	7:55:28	10:20:33	12:50:12	15:59:36	19:52:45	14:25:41
182	120	Haddock, Joseph	35	Johnstown	PA	6:04:10	8:36:50	11:16:17	13:59:04	16:58:14	20:30:00	14:25:50
183	197	McElhinny, Mary P	40	Indiana	PA	6:04:10	8:36:50	11:16:00	14:00:34	16:58:25	20:30:00	14:25:50
184	362	Morrow, Neil	39	Pittsburgh	PA	6:01:25	8:14:52	11:20:20	14:27:30	17:10:36	20:28:35	14:27:10
185	162	Knasko, Andrew J	22	Pittsburgh	PA	6:02:11	8:09:40	10:54:32	13:53:34	17:05:17	20:30:00	14:27:49
186	160	Kern, Timothy M	24	Bethel Park	PA	6:01:59	8:09:40	10:54:50	13:52:33	16:58:38	20:30:00	14:28:01
187	200	McGlowthlin, Bruce	55	South Park	PA	5:48:12	7:58:15	10:25:06	14:26:29	16:59:20	20:18:50	14:30:38
188	90	Ferguson, William H	32	Cranberry	PA	5:46:39	7:47:50	10:04:48	12:43:50	16:01:58	20:17:45	14:31:06
189	182	Long, William 'Bud'	47	Pittsburgh	PA	5:45:45	7:57:15	10:29:11	13:18:29	16:33:49	20:20:37	14:34:52
190	89	Fenio, Thomas M	58	Mckees Rocks	PA	5:40:19	7:57:50	11:09:01	14:02:03	17:00:52	20:15:15	14:34:56
191	198	McFaddin, Jill C	32	Pittsburgh	PA	5:42:00	7:58:05	10:55:24	13:40:00	17:02:20	20:17:36	14:35:36
192	30	Brednich, Keith Louis	34	Pittsburgh	PA	5:14:20	7:20:20	9:45:16	12:01:59	15:09:04	19:53:30	14:39:10
193	219	Murrell, Christopher Lee	22	State College	PA	5:58:30	7:56:53	10:36:02	13:21:19	16:33:39	20:38:30	14:40:00
194	354	Meyers, Thomas	48	Pittsburgh	PA	5:41:01	7:52:16	10:40:00	13:40:24	16:48:12	20:21:39	14:40:38
195	209	Mochnick, Alan	62	Jeannette	PA	5:40:49	7:52:30	10:40:45	13:39:37	16:47:45	20:21:39	14:40:50
196	159	Kern, Jennifer S	27	Bethel Park	PA	6:01:59	8:09:50	10:54:50	13:54:01	16:58:38	20:51:20	14:49:21
197	215	Morrone, Ryan Robert	28	Tarentum	PA	6:02:06	8:09:52	10:55:04	13:54:19	17:10:04	20:51:30	14:49:24
198	301	Stasik, Jason E	28	Pittsburgh	PA	6:01:46	8:09:43	10:54:39	13:54:05	16:58:54	20:51:20	14:49:34
199	321	Walker, Jason Andrew	26	Tarentum	PA	6:01:45	8:19:20	10:54:24	13:55:00	17:09:34	20:51:30	14:49:45
200	339	Yanez, Bill	39	Elizabethtown	PA	5:26:55	7:45:11	10:50:11	14:28:25	17:09:10	20:17:45	14:50:50
201	59	Conrad, Matt	26	Pittsburgh	PA	5:54:05	7:59:05	9:49:00	13:24:25	16:44:14	20:45:15	14:51:10
202	295	Spatz, Ian D	24	Allison Park	PA	5:20:25	7:40:44	10:05:33	12:59:15	16:21:15	20:17:36	14:57:11
203	296	Spatz, Jonathan S	56	Allison Park	PA	5:20:26	7:40:44	10:05:33	12:58:45	16:19:05	20:20:37	15:00:11
204	334	Williams, Kelly A	33	Sewickley	PA	5:44:10	7:14:37	10:23:25	13:21:40	17:04:15	20:51:20	15:07:10
205	335	Williams, Robert J	31	Sewickley	PA	5:44:10	7:45:55	10:23:25	13:21:40	17:04:15	20:51:20	15:07:10
206	52	Chiprich, Josh F	26	Pittsburgh	PA	5:41:28	7:33:45	9:43:26	12:18:58	17:05:25	20:51:20	15:09:52
207	352	Ruff, Donna	39	Pittsburgh	PA	5:00:00	8:15:24	11:20:20	14:29:00	17:10:43	20:28:35	15:28:35
208	146	Istone, Robert P	46	Gibsonia	PA	5:22:20	7:35:00	10:20:59	14:04:15	17:15:38	20:53:00	15:30:40
209	351	Schlaupitz, Sheila	26	Washington	PA	5:19:06	7:38:05	10:37:02	13:47:40		20:50:30	15:31:24
210	164	Kostka, Tim D	19	Natrona Height	PA	5:13:37	7:02:10	8:50:54	11:13:32	14:24:29		
211	14	Bender, George L	42	Pittsburgh	PA	5:17:52	7:15:10	9:38:36	12:05:33	14:46:00		
212	246	Planz, Timothy J	31	Pittsburgh	PA	5:45:58	7:34:18		12:14:05	14:57:29		
213	117	Grove, William J	49	Pittsburgh	PA	5:49:03	8:12:30	12:19:10		15:38:03		
214	363	Herget, Philipp	28	Pittsburgh	PA	5:00:00	8:05:18	10:23:03	12:53:10	15:39:29		
215	13	Behrens, Paul D	46	West Mifflin	PA	5:46:42	7:50:15	10:27:02	13:04:23	15:50:11		
216	289	Slemok, Richard T	52	Tarentum	PA	5:51:37	7:59:31	11:10:24	13:37:45	16:20:11		
217	166	Kuhn, Terry Lee	28	Chambersburg	PA	5:43:54	9:08:50	11:15:56	13:37:40	16:45:29		
218	147	Jeffrey, Brian Anthony	26	Pittsburgh	PA	5:50:45	8:07:40	10:32:39	13:37:27	16:53:24		
219	156	Karashin, Jerry Lee	34	Pittsburgh	PA	5:49:19	7:58:20	10:37:58	13:33:24	17:04:03		
220	58	Connelly, Scott L	36	Pittsburgh	PA	5:41:26	7:33:45	9:49:15	13:18:58	17:04:35		
221	323	Waltenbaugh, Scott A	31	Arnold	PA	5:28:43	7:43:53	10:15:40	13:53:00	17:06:59		
222	74	Deaver, Lynette M	35	Pittsburgh	PA	5:49:15	7:58:05	10:38:10	13:34:30			

Rachel Carson Trail Challenge Split Times 2002									
Seq	Bib	Name,	Age	Hometown	Registration	Checkpnt-1	Checkpnt-2	Checkpnt-3	Checkpnt-4 Finish Elapsed
265	137	Hoburg, Peggy	54	Baden	PA	5:21:50	7:52:00	11:56:11	16:16:59
266	336	Wittreich, Paul Edward	70	Franklin	PA	5:23:49	7:10:05	9:35:10	
267	204	Mehaffey, Mathew Wayne	27	Falls Church	VA	5:21:31	7:15:01	9:42:07	
268	313	Stroz, Sandra M	30	Pittsburgh	PA	5:18:48	7:35:10	10:00:00	
269	17	Bennett, Ronald J	48	Saxonburg	PA	5:22:20	7:31:45	10:09:16	
270	315	Szyslowski, James J	58	Bethel Park	PA	5:45:38	7:46:05	10:12:51	
271	227	Noel, Michelle L	26	Cheswick	PA	5:26:25	7:50:23	10:15:13	
272	268	Sansom, Nancy E	27	Mt. Pleasant	SC	5:27:04	7:55:28	10:20:33	
273	333	Wilcox, Dennis M	25	Homestead	PA	5:46:29	7:45:29	10:24:25	
274	39	Buecher, Eileen C	40	Pittsburgh	PA	5:39:12	7:17:45	10:24:48	
275	178	Lilja, Eric V	33	Brackenridge	PA	5:55:50		10:25:06	
276	76	Dilla, Ben W	25	Pittsburgh	PA	5:46:40	7:45:15	10:25:36	
277	109	Goldsheitter, Thomas L	39	Cabot	PA	5:42:40	7:47:28	10:32:06	
278	53	Christy, David Scott	43	Sarver	PA	5:42:45	7:47:10	10:32:53	
279	99	Galey, R. Kent	55	Pittsburgh	PA	5:44:15	7:47:30	10:39:27	
280	161	King Jr., Richard H	38	Pittsburgh	PA	5:26:07		10:53:57	
281	275	Sedilko, Martin C	37	Pittsburgh	PA	5:26:15	7:44:09	10:54:12	
282	212	Moret, Timothy	34	Lower Burrell	PA	5:26:30	7:44:14	10:54:57	
283	217	Mower, Kathy Gail	39	Pittsburgh	PA	5:40:42	8:00:14	10:55:47	
284	98	Friel, Jim	48	Pittsburgh	PA	5:40:32	8:00:20	10:57:08	
285	34	Bown, Michael B	32	Clairton	PA	6:22:05	8:28:30	11:05:09	
286	28	Bown, Scott P	37	Bethel Park	PA	6:22:10	8:28:30	11:05:21	
287	42	Busofsky, Tony P	47	Turtle Creek	PA	5:44:16	7:57:45	11:08:05	
288	346	Zegarra, Martha	25	Pittsburgh	PA	6:07:19	8:16:11	11:11:05	
289	347	Zegarra, Vasthy	23	Pittsburgh	PA	6:07:19	8:16:11	11:11:05	
290	356	Felix, Shauna	24	Beaver Falls	PA	5:51:36	7:54:29	11:11:56	
291	49	Cerreti, Alessandra Brun	22	Blairsville	PA	6:11:58	8:20:15	11:12:00	
292	241	Petersen, Lisa Jane	40	Cranberry Twp	PA	5:31:58	7:47:12	11:17:01	
293	210	Mohr, Scott Christian	23	Pittsburgh	PA	5:50:08	7:57:07	11:24:32	
294	68	Cox, Joel	24	Pittsburgh	PA	5:50:19	7:58:20	11:35:41	
295	179	Lloyd, Lori A	39	Finleyville	PA	5:51:32	8:13:50	11:36:05	
296	325	Weber, Carrie L	32	Pittsburgh	PA	5:51:39	8:13:07	11:36:14	
297	231	O'Keefe, Tom	70	Glenshaw	PA	6:05:09	8:19:14	11:37:24	
298	230	O'Keefe, Kathy	39	Gibsonia	PA	6:05:18	8:19:14	11:37:42	
299	194	Mathers, Arnold Ross	64	Pittsburgh	PA	5:48:20	8:03:30	11:44:07	
300	62	Cooper, John R	52	Pittsburgh	PA	5:58:46	8:20:10	11:51:08	
301	285	Sieminski, Margaret M	43	Natrona Height	PA	6:07:42	8:32:06	11:59:36	
302	286	Sieminski, Steve B	48	Natrona Height	PA	6:07:42	8:32:06	11:59:36	
303	35	Brown, Robert Michael	19	Natrona Height	PA	5:54:05	8:13:20	12:04:00	
304	67	Cowley, Christina M	18	Natrona Height	PA	5:54:05	8:13:07	12:04:02	
305	327	Weleski, Rachel L	19	Natrona Height	PA	5:54:18	8:13:07	12:05:02	
306	316	Taylor, Liz A	45	West Newton	PA	5:49:25	8:12:30	12:18:58	
307	239	Parkhill, Darla Jean	32	Cheswick	PA	6:20:25	8:49:06	12:22:03	
308	72	Cunningham, Maureen	37	Pittsburgh	PA	5:53:31	8:50:30	12:48:56	
309	350	Slocum, Mark T	45	Gibsonia	PA	5:20:35	7:48:14		
310	276	Sexton, Timothy Elwood	30	Carnegie	PA	5:37:45	7:52:48		
311	329	Werner, Kathleen A	38	Bridgeville	PA	5:37:54	7:54:01		
312	303	Stege, David William	32	Alexandria	VA	5:49:50	7:55:33		
313	24	Blattenberger, Christian	29	Pittsburgh	PA	5:27:22	7:55:40		
314	10	Barshney, Brandy L	24	Leechburg	PA	5:49:50	7:55:55		
315	189	Marongiu-Lutz, Diana	37	New Kensington	PA	5:45:15	7:57:13		
316	170	Larson, Jill M	39	Baden	PA	5:40:25	8:00:00		
317	274	Scott, Terrance C	27	Pittsburgh	PA	5:48:00	8:03:34		
318	110	Gorencic Jr, Joseph W	27	New Kensington	PA	6:08:40	8:36:10		
319	111	Gorencic, Jessica S	24	New Kensington	PA	6:08:40	8:36:10		
320	143	Houy, Judy A	37	New Brighton	PA	5:53:45	8:50:30		
321	188	Marin, Nicolas	49	Pittsburgh	PA	6:05:04	9:00:30		
322	252	Proden, Marlene	52	Pittsburgh	PA	6:05:04	9:00:30		
323	64	Courtney, Jennifer G	31	Shippensburg	PA	5:44:13	9:08:50		
	20	Bevan, Thomas E	54	West Mifflin	PA				
	23	Blalock, Kirsten T	27	Arlington	VA				
	27	Bown, Sandra K	53	Avella	PA				
	41	Burke, Mark P	38	Sewickley	PA				
	43	Busse, Tom	59	Pittsburgh	PA				
	50	Cerreti, Dimitri Claudio	25	Blairsville	PA				
	66	Cowden, Marty T.J.	31	Canonsburg	PA				
	69	Crawford, Shannon L	23	Butler	PA				
	75	Dellostritto, Michael S	35	Pittsburgh	PA				
	80	Donaldson, Ian Keith	39	McKeesport	PA				
	88	Feathers, Ruth J	43	Pittsburgh	PA				
	91	Fiore, John Francis	47	Gibsonia	PA				
	95	Fleisher, Leslie	28	Pittsburgh	PA				
	107	Gnipp, Jeff M	31	Arlington	VA				
	113	Graves, Nancy S	37	Pittsburgh	PA				
	128	Henry, George J	60	Reading	PA				
	152	Judson, Emily L	22	Gibsonia	PA				
	153	Judson, Lynde M	19	Gibsonia	PA				
	154	Kahoe Jr., Robert F	52	Bel Air	MD				
	167	Kuna, Edward J	30	Oakdale	PA				
	181	Logan, Laura L	33	Baden	PA				
	192	Martin, Kurt	30	Zelienople	PA				
	201	McMahon, Emily	23	Pittsburgh	PA				
	223	Nazzaro, Dee M	41	Pittsburgh	PA				
	224	Nemchick, Mike T	36	Elizabeth	PA				
	225	Niedt, Rick W	34	Pittsburgh	PA				
	228	Noorbakhsh, Kathy	43	Pittsburgh	PA				
	232	Olanyk, Tracey J	28	Pittsburgh	PA				
	234	Ott, Bradley William	25	Edison	NJ				
	237	Pappert, William Scott	43	Pittsburgh	PA				
	256	Reimond, Suzanne Marie	38	South Park	PA				
	257	Richard, John	55	Pittsburgh	PA				
	264	Rutter, David William	29	State College	PA				
	278	Shaltes, Eva Kluge	22	State College	PA				
	279	Shaltes, Noah David	25	State College	PA				
	283	Sibenik, Steven P	45	McKees Rocks	PA				
	306	Stewart, James Mark	34	Monroeville	PA				
	307	Stitt, Jack	62	White Oak	PA				
	308	Stitt, Ty V	33	White Oak	PA				
	331	Wiese, Ellen B	38	Plymouth	MN				
	332	Wiese, Tom G.	30	Cheswick	PA				

The Fourth Annual American Whitewater Ohiopyle Falls Race and Freestyle Fri-Sun, September 27-29, 2002

We apologize for starting registration so late this year. The good news is that Red Bull Energy Drink is sponsoring a \$3000.00 cash purse. We might be able to add some gear. The money and any gear we get will be divided between first, second and third place winners of the two events.

Every effort is being made to increase your options for the weekend. We’re scheduling films from the National Paddling Film Festival. The Falls will be under lights for a Saturday evening town party. The atmosphere will me more inviting to those members of your family who don’t paddle.

We can run the Falls for an additional day, Friday, September 27. If we get enough volunteers for safety, we’ll do it. So, please volunteer. We’re asking for a total of four hours in two-hour shifts. Volunteer times will be posted on the website in September.

The races will be Saturday - September 28 - the awards ceremony will follow, kicking off the town party. Practice all day Sunday for next year. Sprint race will be followed by freestyle. Start-ing time for the first race will be based on number of competitors. So if you’re entering the race, plan to be there Saturday morning.



SAILING

Experienced sailors or novices who would like to go for a sail at Lake Arthur can contact Bob Zavos at 412-241-0659. Bob usually sails with the Moraine Sailing Club on weekends. There are sailboat races on most Saturdays and Open Sailing on Sundays.

Regatta at Lake Arthur Sat & Sun Aug. 24 & 25 Moraine State Park

The 4th Annual Regatta includes 2 days of activities on both the North and South Shores. Sailing activities include traditional sailboat races on Saturday and a Bridge to Bridge race on Sunday. Racing usually starts at Watts Bay around 10:30AM with preliminary meetings at 9:30AM. You need a sailboat and some prior sailing experi-ence.

A mass launch of homemade sail boats and non sailboats will occur on Saturday at 2pm on the South Shore. A boat parade starts at 3pm on Saturday and Moraine Sailing Club members will give rides to the general public from Watts Bay on the North Shore. Other events spread over 2 days include: Rowing, Voyager Canoe Rides, Car Cruise, Naturalist Canoe Tours, Hot Air Balloon Launch, helicopter rides, skydivers, trail events, music events, children events and food vendors.

Christopher Cross performs a free concert on Saturday, August 24, at 8 p.m. at the North Shore Amphitheater. The performance will be followed by a major fireworks display! For general information, call 724-283-2222 or check the Web site: www.butlercountychamber.com/

The event concept for this year is endorsed by U.S. Congressman John Murtha as a ‘Signature Event’ for Southwestern Pennsylvania. The Falls Race is within a new context. It is the feature attraction of “The All Terrain Exercise”, which is an open invitation for people to come out and experience the high-profile recreational assets in the vicinity of Ohiopyle. We want to show that falls-running is a valid element of our sport and can rank with traditional sports in terms of safety and marketability. A copy of the letter is on the website. The Pennsylvania Department of Conservation and Natural Resources (PADCNR) has helped us get money to make things better. PADCNR is the entity that manages Ohiopyle State Park and the Falls. This promises to provide more benefit for the paddling community each year - better Park relations to move access en-deavors forward, more exciting prizes and promotion of our sport. The more value whitewater paddling adds to the general community, the more bargaining power American Whitewater will wield on our behalf.

Goal for this year: put on a great show and provide plenty of safety.

Things take time. The website will update final allocation of prizes. But, it’s not too bad as it is. Schedule for Friday will be announced by early September.

Thanks go to the Three Rivers Paddling Club, American Whitewater, PADCNR, Red Bull En-ergy Drink and the Pennsylvania Organization of Watersheds and Rivers (POWR) for making this event possible.

Note:
Pre-registration will end on Sept. 20, after which there will be a \$5 late fee. Limit to 300 contes-tants. So, sign up now. Only \$20 to run falls as many times as you want. See www.americanwhitewater.org/~matt/OhiopyleFalls/ for more information.



CANOEING

Activity Co-chairs: Paul Henry (724) 347-3282
Brian McBane (724) 443-8972

AYH Canoe Calendar September-November 2002

Saturday, Aug. 10	Janet Supowitz 412-247-4016 Pot Luck on the Middle Yough. Call and reserve a spot. Bring something to share.
August 24, 25	Fourth Annual Regatta at Lake Arthur, Moraine State Park All kinds of water activities over the weekend, including races, dead fish polo, sponsored by WPPSA. If you would like to help out call Bruce Kemp 724-445-2742.
Sept. 6-8	Third Annual Midwest Regional Freestyle Symposium Freestyle canoeing is an artistic way of paddling quiet water. ACA is sponsoring a weekend clinic, which will also host the National Championships. If you would like more infor- mation about the sport or symposium, contact Elaine Mravetz 330-239-1725 or rmravet@uakron.edu . The event will take place at Camp Manatoc, Peninsula, OH.
Sept. 14	Brian McBane (724-443-8972) Class II trip.
Sept.13-15	Rescheduling of the 5 th Annual Alle-Kiski-Connie Sojourn Originally scheduled for May, this event was cancelled due to high water. Three days of events are planned, with camp-

October 25-27

Thursday nights

Dragon Boat Racing

ing at Skymeadow Girl Scout Camp. For more information
phone 724-845-5426 or e-mail strongland@alltel.net or
males@nb.net .

Joyce Appel 724-526-5407
Halloween Canoe/Kayak Float. This annual event hosted by
Joyce is a real SCREAM! Day trips on the Allegheny are
taken in costume. Boat décor is optional. Dinner at Five
Forks, a haunted hayride and plenty of games, pumpkin
carving and prizes have been past night time activities.
Since Joyce was unable to make her own party last year due
to illness, you can be sure she has plenty of surprises in
store for this one!!!

Until daylight diminishes, Thursday evening paddles con-
tinue at North Park for those who want to improve their
strokes. Bring boat and gear to North Park Lake around
5:30pm., put-in at the parking lot on the corner of Babcock
and Pierce Mill roads. Questions, call Shelley 412-487-
3255.

Two dragon boats have come to Pittsburgh—an exhibition
race was held at the Boater’s Regatta July 14. If you would
like to see what it is all about, try it, or join a team, call
Bruce McClellan 412-247-5850 for details and information.

HI-PITTSBURGH 2002 DISCOUNTERS

TYPE OF DISCOUNT OFFERED		TYPE OF DISCOUNT OFFERED	
# 1 CHINA HOUSE 823 E. Warrington Ave. 412.488.7780	FREE ICED TEA OR 10% DISCOUNT WITH \$5 PURCHASE	GOLDEN TRIANGLE BIKE AND SKATE RENTALS 416 Woodrift Lane (between 1 st Ave. and PNC) 412.655.0835 www.bikepittsburgh.com	10% DISCOUNT ON ALL BIKE AND SKATE RENTALS
ANDY WARHOL MUSEUM 117 Sandusky St. 412.237.8347 www.warhol.org	\$1 OFF ANY ADMISSION	GRAY LINE TROLLEY TOURS 110 Lenzner Court 412.741.2720	\$2 DISCOUNT ON TOURS #1, 2, 3, OR 4
BLOOMFIELD BRIDGE TAV-ERN 4412 Liberty Ave. 412.682.8611	BUY ONE POLISH PLATTER, GET ONE FREE. NO TAKE-OUT (POLISH PLATTER INCLUDES KLUSKI, HALUSKI, GOLUMPKI, PIEROGI, AND KIELBASA)	JESTER’S COURT TATTOO’S AND MORE 1410 East Carson St. 412.488-TATS	20% OFF ANY TATTOO, PIERCING, T-SHIRT, ETC.
CAFÉ AU LAIT/ROMAN ROOM 1224 East Carson St. 412.431.5910 www.romanroom.tripod.com	10% DISCOUNT ON ANY PURCHASE	KAYA 2000 Smallman St. 412.261.6565 www.bigburrito.com	10% OFF BILL, NOT VALID WITH OTHER DISCOUNTS, COUPONS OR PROMOTIONS
CASBAH 229 South Highland Ave. 412.661.5656 www.bigburrito.com	10% OFF BILL, NOT VALID WITH OTHER DISCOUNTS, COUPONS OR PROMOTIONS	LA PRIMA ESPRESSO 811 Liberty Ave. 412.471.4590 www.laprima.com	50 CENTS OFF ANY COFFEE DRINK
CHIARINA’S RESTAURANT 901 East Carson St. 412.390.0744	15% OFF BILL, NOT VALID WITH OTHER DISCOUNTS, HOLIDAYS, OR SPECIAL EVENTS	LITTLE CHICAGO’S PIZZERIA 1728 East Carson St. 412.431.1450	15% DISCOUNT
CITY BOOKS 1111 East Carson St. 412.481.7555	10% OFF MOST BOOKS	MACONDO 406 South Craig St. 412.683.6486 www.artshainan.com	10% OFF THE REGULAR PRICE OF ANY NON-SALE ITEM
CITY THEATRE 57 South 13 th St. 412.431-CITY www.citytheatre-pgh.org	\$10 TICKETS FOR AGES 25 AND UNDER WITH STUDENT ID OR HOSTEL CARD. \$5 DISCOUNT FOR ALL AGES OVER 25 WITH HOSTEL CARD	MAD MEX 370 Atwood St. 412.681.5656 www.bigburrito.com	10% OFF BILL, NOT VALID WITH OTHER DISCOUNTS, COUPONS OR PROMOTIONS
CLIMB NORTH 2468 Wildwood Rd. Wildwood, PA 15091 412.487.2145 www.jewarts.com/climbnorth	\$3 OFF UNLIMITED CLIMBING WITH 1/2 PRICE RENTALS	MAD MEX 7905 McKnight Rd. 412.366.5656 www.bigburrito.com	10% OFF BILL, NOT VALID WITH OTHER DISCOUNTS, COUPONS OR PROMOTIONS
DAIRY MART 1125 Arlington Ave. 412.481.4122	FREE 44 OZ. FOUNTAIN DRINK WITH \$5 PURCHASE	MAD MEX Robinson Plaza #2 Rt. 60, Park Manor Dr. www.bigburrito.com	10% OFF BILL, NOT VALID WITH OTHER DISCOUNTS, COUPONS OR PROMOTIONS
DAVE’S MUSIC MINE 1210 East Carson St. 412.488.8800 www.davesmusicmine.com	15% OFF ALL USED MERCHANDISE, %10 OFF ALL NEW MERCHANDISE	MANDALA 211 South Craig St. 412.682.2703	10% OFF QUARTZ CRYSTAL SINGING BOWLS (ALSO AVAILABLE BY MAIL-CALL FOR DETAILS)
DAVE’S MUSIC MINE 3710 Forbes Ave. 412.687.1234 www.davesmusicmine.com	15% OFF ALL USED MERCHANDISE, %10 OFF ALL NEW MERCHANDISE	MATTRESS FACTORY MU-SEUM 500 Sampsonia Way 412.231.3169 www.mattress.org	\$1 OFF ADMISSION
EAST END FOOD CO-OP 7516 Meade St. 412.242.3598	10% OFF PURCHASES, NOT VALID WITH OTHER DISCOUNTS OR SPECIALS (PITTSBURGH’S BEST SELECTION OF ORGANIC AND WHOLE FOODS!)	MONTI’S PHOTOGRAPHY STUDIO 844 East Warrington Ave. 412.381.3240	10% DISCOUNT STOREWIDE
ELJAY’S USED BOOKS 1309 East Carson St. 412.381.7444	10% DISCOUNT ON ANY PURCHASE		

TYPE OF DISCOUNT OFFERED

RACHEL CARSON HOMESTEAD 2 FOR 1 ADMISSION
613 Marion Ave., Springdale
724.274.5459
www.rachelcarsonhomestead.org

**\$1 OFF ADMISSION MONDAY THRU FRIDAY, EXCLUDING EVENING EVENTS.
ONE DISCOUNT PER PERSON. OPEN YEAR ROUND.**

TYPE OF DISCOUNT OFFERED

**WIND AND WATER BOAT-
WORKS**
455 Pittsburgh Rd.
Butler, PA
724.586.2030

**10% OFF ALL ACCESSORIES AND HARDWARE FOR SAIL-
BOATS,
KAYAKS AND CANOES. NOT APPLICABLE TO SALE ITEMS**

DON'T LEAVE HOME WITHOUT ONE!

Required in all youth hostels, the sleeping sack serves as your top & bottom sheets, with a built-in pillowcase. Regular sleeping bags are not allowed at hostels due to public health regulations. Our nylon sleep sack is especially light, compact, and dries extremely quickly (handy on trips). The cotton/polyester sleep sack is a little heavier and bulkier, but feels just like your bedsheets. Order one today! See the order form on the back page for prices.

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		Total	

Pittsburgh Council has a weekly Open House every Thursday evening from 8 pm to 10 pm at Fifth and Shady Avenues in Shadyside. Look for us next to Pittsburgh Center for the Arts. A slide show at 8:30 pm is followed by announcements of the weekend's trips. Hostel Passes, guide books and more available.

The Pittsburgh Council Travel Store is open every day from 8am to 10am and 5 pm to 10pm. Hours are subject to change, so it's a good idea to call the office at 412-431-4910 before coming in. We're in the Pittsburgh Hostel at 830 E Warrington Avenue in Allentown. All passes, ID cards, rail passes, and books are available.