

Ryan Armstrong

RESEARCHER IN ORGANIZATION & MANAGEMENT · ORGANIZATIONAL EMPOWERMENT

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IDAY BARCELONA

iDay Barcelona: Rethinking Health Through Innovation

To the organizing committee,

About Me

I am a researcher in management and business studies at the University of Barcelona. For years, I have also consulted as a business analyst and, more recently, as a facilitator of strategic change. My goal is to have a positive impact to help organizations achieve well-rounded, sustainable prosperity. I want to attend the iDay event to meet others interested in bringing about positive change and the challenges and opportunities involved.

Systems Thinking for Complex Challenges

I apply systems thinking and management tools to help organizations grow and adapt to the challenges of the 21st century. Systems thinking is about handling the interconnectedness of action, a major component is in changing how organizations view and address challenges. Therefore, as a practitioner, I would be interested in learning about new tools and new ways of thinking to improve my practice.

Research on Health and Well-being

My research includes an ongoing project on improving the mental health of researchers using systems thinking. A major aim of my attendance would be to learn about challenges and hear about other's experiences.

Following up

I encourage you to reach out to me directly with questions.

Warm regards,

Ryan Armstrong