CONDIMENT: sweet-paprika (3), garlic-powder (3), onion-powder (3), oregano (2), thyme (1.5), red-chilli-powder (1), cumin (1), smoked-paprika (1.5), cinnamon (1), fresh-rosemary (0.5), fresh-chives (0.5), chilli-flakes (0.5),

DAIRY: sour-cream (0.5),

FRUIT_VEG: onion (1), red-capsicum (2), garlic (17), ginger (1), avocado (2), brown-onion (1),

MEAT: boneless-skinless-chicken-thigh (800), beef-mince (1500), beef-chipolatas (1),

OTHER: tomato-paste (7), flour (3), chicken-stock (4), pasta (400), egg (6), panko-breadcrumbs (50), ketchup (3), sriracha (120), low-soy-sauce (60), apple-cider-vinegar (50), honey (3), white-rice (400), creamed-corn (1), kidney-beans (1), beef-stock (1), corn-chips (1), cannellini-beans (2), tin-tomatoes (2), dark-brown-sugar (2), red-wine-vinegar (2),