

CONDIMENT: cinnamon (1), cracked-salt (1), cracked-black-pepper (1), white-pepper (1), ground-salt (1), ground-pepper (1),

DAIRY: eggs (4), egg (4), tzatiki (1), butter (1), cheese-sticks (1), yogurt (1), juice (1), milk (1),

FROZEN: frozen-berries (1), ice-cream (1),

FRUIT_VEG: shallot (1), garlic (17), thai-red-chilli (5), green-beans (1), fresh-basil (1), jasmine-rice (500), spring-onion (3), ginger (4), potato (4), bok-choy (4), brown-onion (2), fresh-mint (1), fresh-parsley (1), cherry-tomatoes (10), salad-mix (1), carrot (2), celery (2), mushrooms (200), bay-leaves (4), fresh-rosemary (1), fresh-thyme (1), dates (1), apples (1), bananas (1), carrots (1), kale (1), lime (1), orange (1), lemon (1),

MEAT: pork-mince (500), white-fish (400), chicken-mince (1000), beef-mince (800), bacon (200), chuck-steak (1000),

MEDICINAL: panadol (1), nurofen (1), demazin (1), betadine (1), band-aids (1), sudafed (1), strepsils (1), eucalyptus (1),

OTHER: fish-sauce (1), oyster-sauce (1), soy-sauce (4), dark-soy-sauce (0.5), palm-sugar/brown-sugar (1), peanut-oil (1), chinese-wine (1), sugar (1), sesame-oil (1), light-soy-sauce (1), chicken-stock (1500), unsweetened-soy-milk (500), instant-ramen-noodles (4), gochujang (4), crispy-chilli-oil (2), white-vinegar (2), tahini (1), lemon-juice (1), cumin (1), coriander (2), paprika (2), cayenne (1), green-cardamom (1), sumac (1), nutmeg (1), allspice (1), chilli-flakes (1), flatbread (4), flour (1), red-wine (2), beef-stock (2), olive-oil (1), wool-wash (1), hummus (1), peanut-butter (1), fava-beans (1), dark-chocolate (1), cling-wrap (1), alfoil (1), vita-wheats (1), corn-chips (1), rolled-oats (1), mixed-nuts (1), coconut-flakes (1), seeds (1), honey (1), sponge (1), stove-cleaner (1), bin-bags (1), compost-bags (1), dishwasher-tablets (1), detergent (1), glen-20 (1), pino-clean (1), scourer (1), aa-batteries (1), aaa-batteries (1), lime-juice (1),

TOILETRIES: paper-towels (1), tissues (1), toilet-paper (1), toilet-cleaner (1), de-oderant (1), toothpaste (1), dental-floss (1), sunscreen (1), bar-soap (1), soap (1), cotton-balls (1), shampoo/conditioner (1), cleanser (1),