

ALCOHOL: red-wine (200),

CONDIMENT: white-pepper (1), chilli-flakes (1), garam-masala (1.5), chilli-powder (1.5), coriander (2), cumin (2), smoked-paprika (1), tumeric (1), cracked-salt (1), cracked-black-pepper (1), ground-salt (1), ground-pepper (1), cinnamon (1),

DAIRY: greek-yoghurt (1), butter (1), cheese-sticks (1), yogurt (1), juice (1), milk (1),

FROZEN: frozen-berries (1), ice-cream (1),

FRUIT_VEG: brown-onion (3), ginger (3), garlic (12), basmati-rice (500), sweet-potato (2), green-beans (250), red-onion (2), capsicum (1), carrot (2), brocollini (1), asparagus (1), bok-choy (4), spring-onion (1), tomatoes (2), lemon (1), fresh-dill (15), fresh-parsley (10), avocado (2), lettuce (1), cucumber (1), celery (1), dates (1), apples (1), bananas (1), carrots (1), kale (1), lime (1), orange (1),

MEAT: chuck-steak (1300), chicken-breast (1700), beef-mince (500), pancetta (150),

MEDICINAL: panadol (1), nurofen (1), demazin (1), betadine (1), band-aids (1), sudafed (1), strepsils (1), eucalyptus (1),

OTHER: rendang-paste (1), coconut-milk (1), coconut-oil (1), cornflour (2), mirin (3), sake (3), soy-sauce (7), brown-sugar (1), peanut-oil (1), jasmine-rice (500), chilli-bean-sauce-toban-djan (1), aromatic-spice-packet (1), tomato-paste (3), chinese-wine (4), pickled-mustard-greens (1), noodles (400), egg (1), white-vinegar (1), dijon-mustard (1), turkish-bread (1), fettucine-pasta (500), passata (200), chicken-stock (1), olive-oil (1), wool-wash (1), hummus (1), peanut-butter (1), fava-beans (1), dark-chocolate (1), cling-wrap (1), alfoil (1), vita-wheats (1), corn-chips (1), rolled-oats (1), mixed-nuts (1), coconut-flakes (1), seeds (1), honey (1), sponge (1), stove-cleaner (1), bin-bags (1), compost-bags (1), dishwasher-tablets (1), detergent (1), glen-20 (1), pino-clean (1), scourer (1), aa-batteries (1), aaa-batteries (1), lemon-juice (1), lime-juice (1),

TOILETRIES: paper-towels (1), tissues (1), toilet-paper (1), toilet-cleaner (1), de-oderant (1), toothpaste (1), dental-floss (1), sunscreen (1), bar-soap (1), soap (1),

cotton-balls (1), shampoo/conditioner (1), cleanser (1),