

CONDIMENT: paprika (1), garlic-powder (1), tumeric (1), kashmiri-chilli-powder (1), garam-masala (2), coriander-powder (1),

DAIRY: paneer (300), yogurt (1),

FRUIT_VEG: garlic (9), ginger (1), chilli (1), red-onion (2), tomato (3), spinach-leaves (500),

OTHER: extra-firm-tofu (500), tempeh (300), avocado-oil (1), soy-sauce (1), chana-dhal (200), ghee (5), dried-chilli (3), cumin-seeds (2), coriander-seeds (1), cloves (1),