The periodic table begins with Hydrogen (H), the simplest and most abundant element in the universe. With an atomic number of 1 and an atomic mass of 1.008, hydrogen is a colorless, odorless, tasteless, non-toxic, and highly flammable gas. It is a primary building block of stars and is found in water and organic compounds on Earth. Its uses include fuel cells, ammonia production, and hydrogenation of fats and oils.

Next is Helium (He), with an atomic number of 2 and an atomic mass of 4.0026. Helium is a colorless, odorless, tasteless, non-toxic, and inert gas. It is the second most abundant element in the universe and is found in natural gas deposits. Helium is used in balloons, airships, cryogenics, and as a protective gas in welding.

Lithium (Li) is the third element, with an atomic number of 3 and an atomic mass of 6.94. Lithium is a soft, silvery-white metal, known for being the lightest metal and least dense solid element. Found in minerals like spodumene, it is used in lithium-ion batteries, mood-stabilizing medications, and lightweight alloys.

Beryllium (Be), with an atomic number of 4 and an atomic mass of 9.0122, is a hard, brittle, steel-gray metal with a high melting point. Found in minerals like beryl, beryllium is used in aerospace materials, nuclear reactors, and beryllium-copper alloys.

Boron (B) has an atomic number of 5 and an atomic mass of 10.81. It is a hard, black, crystalline solid with a high melting point. Boron, found in borates like borax, is used in glass and ceramics, detergents, and as a semiconductor dopant.

Carbon (C), with an atomic number of 6 and an atomic mass of 12.01, forms various allotropes including diamond and graphite. Essential to life and found in fossil fuels, carbon is used in steel production, activated carbon filters, and organic chemistry.

Nitrogen (N), the seventh element, has an atomic number of 7 and an atomic mass of 14.007. It is a colorless, odorless, tasteless, and inert gas that makes up 78% of the Earth's atmosphere. Nitrogen is crucial for life and is used in ammonia production, fertilizers, and as a blanketing gas.

Oxygen (O), with an atomic number of 8 and an atomic mass of 15.999, is essential for respiration and is the most abundant element in the Earth's crust. This reactive gas is used in medical oxygen therapy, combustion, and as an oxidizer in rocket fuel.

Fluorine (F), the ninth element, has an atomic number of 9 and an atomic mass of 18.998. It is a pale yellow, highly reactive, and corrosive gas, found in minerals like fluorite. Fluorine is used in Teflon production, pharmaceuticals, and agrochemicals.

Neon (Ne), the tenth element, has an atomic number of 10 and an atomic mass of 20.180. A colorless, odorless, inert noble gas, neon is found in trace amounts in the atmosphere. It is famous for neon signs and is also used in high-voltage indicators and as a cryogenic refrigerant.

In summary, the first ten elements of the periodic table each have unique properties and play vital roles in natural processes and industrial applications, forming the foundation of both the natural world and technological advancements.