



- Semua mengaktifkan kamera. Nama akun zoom menggunakan nama pribadi (bukan nama panggilan saja/nama samaran)
- One voice rule
- Izin silakan personal chat/japri ke trainer
- Jika ada yang presentasi/berpendapat, semua mute kecuali trainer dan presentator
- Silakan bertanya ketika presentasi selesai (kecuali presenter memperbolehkan untuk bertanya di tengah presentasi)
- No chatting! Send privately aja jika ada yang penting
- Respect each other



WHO AM I?



The only thing I understand deeply, because in my teens I was thinking about it, and every year of my life, is software. So I'll never be hands-on on anything except software

- BILL GATES

TRAITS OR HABITS ?

Remember your childhood memories,
what did you do when you're at school,
until today

TRAITS OR HABITS ?

- You may compare what your closest people think about you
- Try to pull yourself out from comfort zone
- Did you ever failed? Have you accepted it? What are your failures?

WHY IS IT IMPORTANT TO UNDERSTAND YOURSELF?

- Know how to improve
- Increase self-capacity
- Build self-confidence

WHAT SHOULD I DO?



FIXED

Kepribadian,
kecerdasan, dan
kreatifitas adalah
hal yang tidak
dapat diubah



MINDSETS



GROWTH

Menyukai tantangan
dan melihat kegagalan
(bukan karena bodoh)
sebagai pemicu untuk
terus belajar

Fixed Mindset

VS

Growth Mindset

AVOIDS
CHALLENGES

IGNORES FEEDBACK
& CRITIQUE

INTELLIGENCE &
TALENT ARE FIXED

LESS EFFORT

GIVES UP EASILY

I AM A FAILURE

FEELS THREATENED
BY SUCCESS OF
OTHERS

EMBRACES
CHALLENGES

LEARNS FROM
FEEDBACK &
CRITIQUE

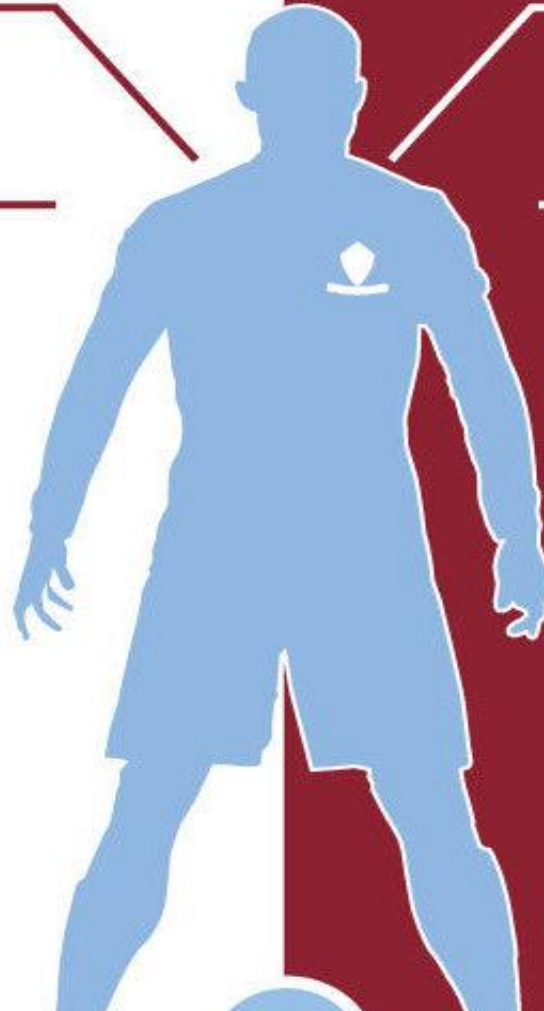
INTELLIGENCE &
TALENT CAN BE
DEVELOPED

MORE EFFORT

KEEPS TRYING &
NEVER GIVES UP

PERSISTS IN THE
FACE OF SETBACKS

INSPIRED BY
OTHERS SUCCESS



WHAT AM
I MISSING?

THIS MAY
TAKE SOME
TIME AND
EFFORT

I AM ON
THE
RIGHT
TRACK

IS THIS
REALLY MY
BEST
WORK?

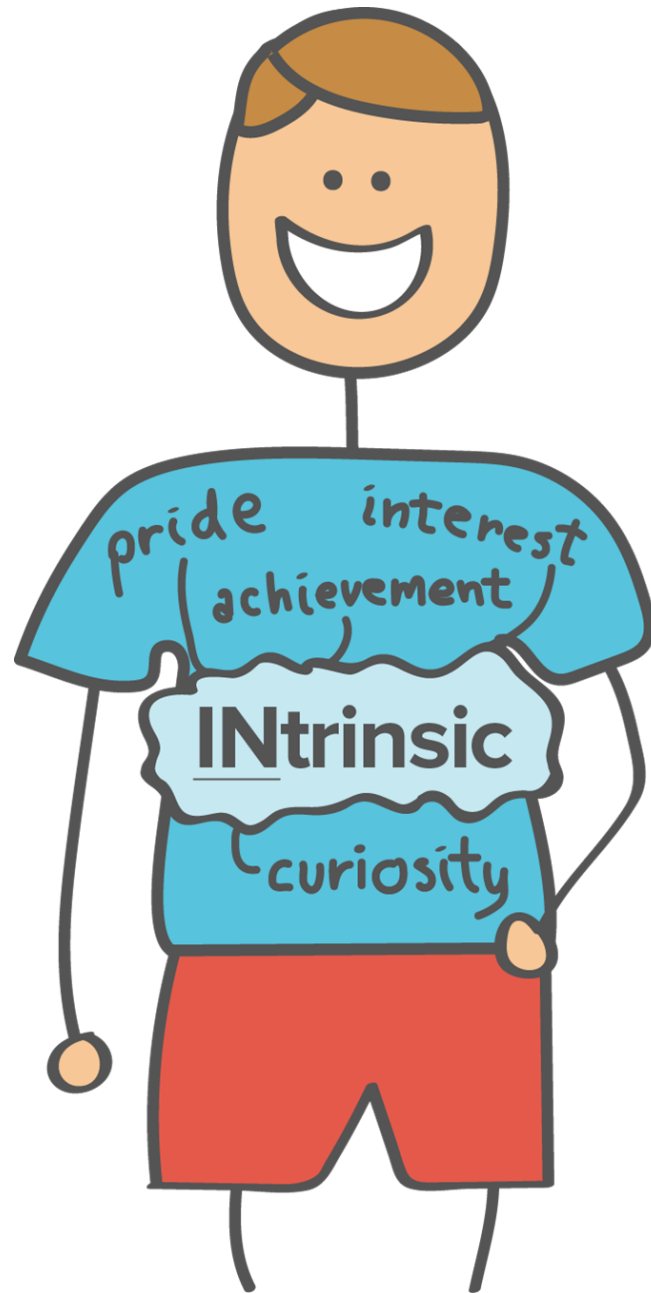
MISTAKES
HELP ME
IMPROVE

I AM GOING
TO FIGURE
OUT WHAT
HE'S DOING
AND TRY IT

A Growth Mindset Drives Motivation and Achievement







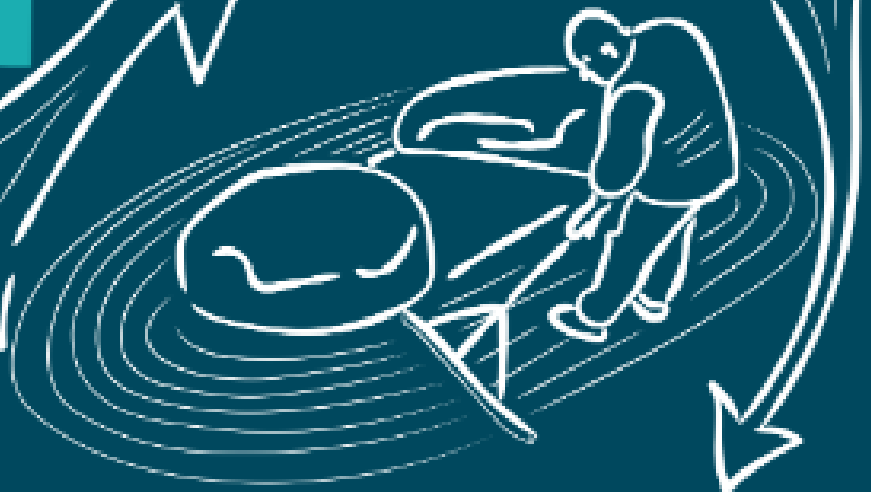


- FOCUS ON GOAL
 - GOOD FOR ACHIEVEMENT & BEING PRACTICAL
 - IMPORTANT FOR WORK
-
- CAN RESULT IN FRUSTRATION & CUTTING CORNERS

OUTCOME VS PROCESS FOCUS

- APPRECIATE THE MOMENT
- IMPORTANT FOR WELLBEING

- GOOD FOR QUALITY & CONTINUOUS IMPROVEMENT



KNOW WHEN TO
SWITCH FOCUS

CONFIDENCE LEAD SOMEONE TO SUCCESS, HOW?

- Accept self condition and start to believe in yourself, in your abilities!
- Stop repeating negative thoughts to yourself and replace them with positive one
- Have a very clear vision statement, and take action
- Seek encouragement from others
- Challenge yourself

LOW SELF CONFIDENCE



OPTIMAL SELF CONFIDENCE



OVER CONFIDENCE



OVER CONFIDENCE



OVER CONFIDENCE



WHY IS IT IMPORTANT TO MAKE A DECISION?

A decision is one when there are **different things you can do** and you **pick one** of them. You make lots of decisions everyday, like what to eat for breakfast, and what to wear. But some decisions are difficult like choosing a major, choosing a career and changing a job.

HOW TO MAKE RIGHT DECISIONS?

- Identify the problem
- Identify decision criteria
- Allocating weight to criteria (consider consequences of your solution)
- Develop alternatives
- Alternatives analysis (what is important for you, what is the positive and negative side)
- Selection of alternatives

bit.ly/FAZZTRACK-KELAS1



THANK YOU