
Tabitha Laframboise

Strengths Insight Guide

SURVEY COMPLETION DATE: 02-07-2021



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Father of Strengths Psychology and
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Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

Your Top 5 Themes

1. Context
2. Includer
3. Woo
4. Connectedness
5. Activator

Context

SHARED THEME DESCRIPTION

People who are especially talented in the Context theme enjoy thinking about the past. They understand the present by researching its history.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Because of your strengths, you may be a history buff — that is, someone who enjoys studying the past. Once in a while, you are drawn to firsthand accounts of global conflicts. You attempt to link specific people to certain events. Occasionally you trace timelines to broaden your knowledge. Perhaps you examine some of the major battles from the perspective of foes, allies, or neutral parties. The sum of your findings might allow you to determine what started or eventually ended each war. Chances are good that you enjoy acquiring information about the past from experts. You feel a lot more capable when you are knowledgeable about various periods of history. By nature, you experience a burst of enthusiasm when you meet a newcomer who shares your interest in past events, historic places, and prominent figures of the past. You rarely have difficulty initiating these discussions and keeping them moving. Why? As history buffs — that is, enthusiasts — both of you are eager to ask and answer questions. Instinctively, you welcome numerous people into your circle of acquaintances, friends, classmates, peers, or coworkers. You intentionally seek out individuals who use the past as their frame of reference for understanding human behavior, current events, and future opportunities. Driven by your talents, you may believe that history repeats itself. Sometimes you discover that current events are mere reflections of past occurrences. In your mind, perhaps what has already happened explains the present and foreshadows the future.

Questions

1. As you read your personalized strengths insights, what words, phrases, or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?

Includer

SHARED THEME DESCRIPTION

People who are especially talented in the Includer theme are accepting of others. They show awareness of those who feel left out, and make an effort to include them.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

By nature, you make no claims of being a “morning person.” You need time to transition from sleeping to waking and from waking to working. You tend to gain physical energy and mental sharpness later in the traditional workday. Depending on your biological clock, your peak performance period can occur during mid-to-late afternoon, in the early evening, during the hours before midnight, or in the hours after midnight. Chances are good that you may enjoy partnering with people on certain tasks, problem-solving projects, or everyday processes. Perhaps you have devised tactics that time and again yield uniform, consistent, or predictable outcomes. You might value individuals who embrace your standard practices. They might create few, if any, obstacles for coworkers, fellow students, or teammates. Driven by your talents, you may choose to spend time with reasonable people. Perhaps you appreciate their ability to rely on their minds rather than their emotions. If personal or professional problems, challenges, or opportunities arise, these individuals might exhibit better judgment than others you know. Instinctively, you sometimes enjoy surrounding yourself with companions rather than being alone. Because of your strengths, you are more sensitive than most people to what it feels like to be left out of a group, a conversation, or an activity. This is apt to explain why you intentionally invite a wide range of individuals into your circle of friends, family, or acquaintances.

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Woo

SHARED THEME DESCRIPTION

People who are especially talented in the Woo theme love the challenge of meeting new people and winning them over. They derive satisfaction from breaking the ice and making a connection with another person.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Instinctively, you are sociable, friendly, and genuinely interested in people. These qualities attract others to you. Your welcoming nature enhances the self-esteem of many individuals. You also foster within them a true sense of belonging. Because of your strengths, you expend a lot of mental, physical, and emotional energy earning the affection of the individuals you meet. You want others to feel the same fondness for you that you naturally feel toward them. By nature, you recognize your upbeat attitude inspires people. You generate good feelings in others by emphasizing their successes, contributions, and favorable traits. Eager to bond with people, you are quick to give sincere compliments and send congratulatory messages. Driven by your talents, you ordinarily describe your life as very gratifying, pleasant, and satisfying. Why? You intentionally allow yourself to have new experiences. You find new people to meet. You routinely engage total strangers in small talk as well as discussions about weighty topics. Chances are good that you assert — that is, declare and affirm — that every person comes into your life for a definite purpose. This explains why you launch into discussions or engage in small talk with people you are meeting for the first time. You really want to figure out why your paths in life have crossed.

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Connectedness

SHARED THEME DESCRIPTION

People who are especially talented in the Connectedness theme have faith in the links between all things. They believe there are few coincidences and that almost every event has a reason.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

By nature, you often are the one who helps people understand how they are linked across time, distance, race, ethnicity, religion, economic levels, languages, or cultures. You make it possible for individuals to work together. You aim to break down barriers that separate them. It's very likely that you usually welcome a wide array of people into your life. From the first moment you meet them, you are likely to sense that an unspoken bond exists between you. You are curious, so you probably search for explanations about why you linked up with each other at this particular moment. Even when it remains a mystery, you contend there is a reason. Chances are good that you argue that hard work influences the course of your life more than anything else. You make your own good fortune by preparing yourself to take advantage of opportunities as they arise. Each time you are successful, you can outline exactly what you did to reach a goal. You link together facts, incidents, conversations, or available resources to understand your accomplishments. You resist the notion that life is nothing more than a game of chance. Driven by your talents, you frequently engage in laborious tasks. You yearn to dedicate yourself to worthy causes or noble purposes. Fortifying the bonds between yourself, the people you know, or even those you will never meet gives your life special meaning. Because of your strengths, you have no doubts about being linked in some way with everything in the universe. This includes all creation and all humankind.

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Activator

SHARED THEME DESCRIPTION

People who are especially talented in the Activator theme can make things happen by turning thoughts into action. They are often impatient.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Driven by your talents, you traditionally determine for yourself and others what should be done. After you have made up your mind, you typically waste little time moving forward with projects or assignments. It's very likely that you may influence some of your friends to make things happen quickly. Sometimes you create enthusiasm in others by championing a particular project, rule, process, activity, or idea. Instinctively, you may generate enough enthusiasm in certain individuals that they become almost as eager as you are to transform an idea into something tangible. Perhaps you are energized, not paralyzed, by opportunities and possibilities. Because of your strengths, you sometimes spur people into action. You might show them how a daunting task can become a bit more manageable when it is dealt with step by step. You might partner with individuals who are unable to think clearly when confronted with a seemingly overwhelming problem or an enormous opportunity. By nature, you sometimes make people feel special. Typically you point out the importance or usefulness of something they said.

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