\sim	jami	ha

							,										-									
Menu Item	Total Calories	alories from Fat (kcal)	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	otal Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vitamin E (%DV)		Vitamin B1 (%DV)	Vitamin B2 (%DV)	Zinc (%DV)	Caffeine (mg)	Servings of Fruit	ervings of Vegetables	Fulsome Ingredient List	Allergens
2% Milk, 8 fl oz	120	45	5	3	0	20	115	12		12	8			25	0			_				0	0	0	2% Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3).	Contains Milk.
3G Energy™ + Green Caffeine® Boost	5	_	0	0	-	10	0	3	2	0	0			13	-							119	0	0	3G Energy + Green Caffeine Boost (Inulin, Green Tea Leaf Extract, Panax Ginseng Root Extract, Guarana Seed Extract, Natural Flavor).	
88 Acres Chocolate Sea Salt	200	100	11	2.5	0	0	115	22	3	9	6			4	10	0						0	0	0	Chocolate Sea Salt Bar (Oats, Organic Pumpkin Seeds, Organic Sunflower Seeds, Organic Dark Chocolate [Organic Cane Sugar, Organic Chocolate, Organic	
	200	100	11	2.5	U	U	115	22	3	9	0			4	10	U						U	Ü		Cocoa Butter, Organic Vanilla Extract), Brown Rice Syrup, Maple Syrup, Ground Flax Seeds, Sea Salt).	
88 Acres Mixed Berry Bar	190	80	9	1	0	0	110	23	3	10	5			4	10							0	0	0	Tripie Berry Crumble Seed - 0 at Bars 88 Acres Seed Blend (Organic Pumphis Seeds, Organic Sunflower Seeds, Ground Flax Seeds), Gluten Free Certified Oats, Brown Rice Syrup, Mayle Syrup, Craiberie (Claraberies, Apple) Luice Connectate, Sunflower Oil, Zante Currants (Zante Currants, Sunflower Oil, Blueberries (Blueberries, Apple) Luice Concentrate, Sunflower Oil, Sea Salt, Organic Crinamon).	
Acai-Grape Juice Blend Concentrate, 8 fl oz	360	80	9	2	0	0	40	66		48	4		930	6	30						0	0	1	0	Acai-Grape Juice Blend Concentrate (Acai Pulp, White Grape Juice Concentrate, Ascorbic Acid, Citric Acid, Vitamin E [A-Tocopherol]).	
Acai Primo** Bowl	510	90	11	3.5	0	0	45	100	11	63	8	8	650	8	25	0	23	0	15	10	6	0	2	0	Aci-Grape Luice Blend Concentrate (Acia Pojs, White Grape Juice Concentrate, Ascrotic Acid, Crisir Acid, Vitarinis [I-) Tocopherol]], Frozen Blueberries, Bannas, Annila Soymilk (Waler, Rice Seetes), Rev. Rice Bana, Sop., Organs Soy base [Water, Whole Organic Soybeards,) Soy Protein bothed [Soy Peters), Annila Soymilk (Waler, Rice Beard, Bana), Carpenter, Carpennes, Frozen Sowberberries, Strong Mannila (March Valle), Beard Valled (Sow and Model Cole, Agap, Sonflower and/or Canola Ol, Rice Floor, Pumplan Seetel, Flax, Oat Syrup Solids, Modelberrs, Carpennes, Beard (Sonflower and Not Carpen), Pumplan Seetel, Flax, Oat Syrup Solids, Modelberrs, Carpennes, Beard (Sonflower and Not Carpen), Pumplan Seetel, Flax, Oat Syrup Solids, Modelberrs, Carpennes, Carpennes, Beard (Sonflower), Sonflower and Not Carpennes, Pumplan Seetel, Flax, Oat Syrup Solids, Modelberrs, Carpennes, Carpennes, Beard (Sonflower), Sonflower and Not Carpennes, Pumplan Seetel, Flax, Oat Syrup Solids, Modelberry, Carpennes, Carpennes, Pumplan Seetel, Flax, Oat Syrup Solids, Modelberry, Carpennes, Carpennes, Pumplan Seetel, Flax, Oat Syrup Solids, Modelberry, Carpennes, Carpennes, Pumplan Seetel, Flax, Oat Syrup Solids, Modelberry, Carpennes, Pumplan Seetel, Pumplan Seet	Contains Coconut, Soy.
Acai Super-Antioxidant** Smoothie, Large	550	60	7	2	0	5	130	111	6	88	10	200	1150	15	50	100	450)	90	90	30	0	2	0	Vanilla Symilla (Water, Rice Sweethere (Water, Rice, Rose Bana), Sager, Organic Scyl See (Water, Withou Cryganic Scyheana), Soy Protein loubler, Scyl achieful, Naturul Vanilla Rison with Other Naturul Armis Ravon (Anderson Armis Carlo Academic	Contains Milk, Soy.
Acas Super-Antioxidant** Smoothle, Medium	430	50	6	1.5	0	0	100	88	5	69	7	200	950	10	45	100	380	0	90	90	30	0	1.5	0	Vanilla Soymilk (Water, Rice Sweetener (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein liolate, Soy Protein liolate, Soy Lectimin, Instural Visualia Favor with Other Natural Flavors, Currage-enan), Acai-Grape Juice Bend Concentrate, Acade And, Clirk Acid, Visualia Favor with Other Natural Flavors, Currage-enan), Acai-Grape Juice Bend Concentrate, Acade Acid, Clirk Acid, Visualia Favor (Favors, Favors, Fa	Contains Milk, Soy.
Acal Super-Antioxidant** Smoothie, Small	330	35	4	1	0	0	80	67	3	53	6	200	740	10	40	100	301		90	90	25	0	1	0	Vanilla Sorymik (Water, Rice Sweetener (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soy-beans), Soy Protein Isolate (Soy Protein Isolate), Soy Leichin), Natural Vanilla Flavor with Other Natural Flavors, Carragement, Acai-Grape Juice Blend Concentrate, Acai-Organic Read, Olice Acid Variante (A Footphelia) (Transer Strawberier, Report Read (Carle Acid Variante (A Footphelia)), Protein Strawberier, Sorten Blenderier, Report Shadeer (Free Acid Variante), Sorten Marchael (A Footphelia), Carle Marcha	Contains Milk, Soy.
Almondmilk, 8 fl oz	25	20	2	0	0	0	130	1		0	0		0	35	0							0	0	0	Unsweetened Almondmilk (Water, Almonds, 2% or less of Vitamin and Mineral Blend (Calcium Carbonate, Vitamin E Acetate, Vitamin A Palmitate, Vitamin D2), See Salt, Natural Flavor, Sunflower Lecithin, Locust Bean Gum, Gellan Gum, Ascorbic Acid (to protect flavor)).	Contains Almond.
Aloha Pineapple* Smoothie, Large	470	20	2.5	1	0	5	45	106	4	92	8	2	130	15	6	0	2		2	4	2	0	3	0	Preagpie Juice (Preagpie Juice (from concentrate), Natural Flavor), Preagpie Sherbet (Water, Sugar, Mills, Com Syrup, Whey, 2% or less of Preagpie Juice Concentrate, Cream, Matural Flavors, Criter Acid, Moro- and Digiterrifes, Locural Bean Com. Guar Gom. Tars Gom, Carrageroum), Frozen Strawberries, Inc. Frozen Sharmay Extrem. Add and Cort. Cerk. (Journal Gorder North Control Malk).	Contains Milk.
Aloha Pineappie * Smoothie, Medium	360	15	2	1	0	5	40	81	3	69	7	0	90	10	4	0	2		2	4	2	0	1.5	0	Pineapple Juice (Pineapple Juice (From concentrate), Natural Flavor), Pineapple Sherbet (Water, Sugar, Mills, Com Syrup, Wher, 2% or less of Pineapple Juice (Concentrate, Creum, Natural Flavor), Ciric Acid, Mono- and Diglycerides, Lossis Rean Gum, Guar Gum, Tara Gum, Carrageenan), Frozen Strawberries, Ice, Fiorene Bananas (Noterio Acid and/or Cert Acid, Mondris Cere Vorger) (Cultured Hondris Monorities).	Contains Milk.
Aloha Pineapple® Smoothie, Small	270	10	1	0.5	0	5	35	59	2	51	6	0	60	10	2	0	2		2	2	2	0	1	0	Pineappie Juice [Fineappie Juice [From concentrate], Natural Flavor], Pineappie Sherbet (Watter, Sugar, Mills, Com Syrup, Whey, 2% or less of Pineappie Juice Concentrate, Cream, Natural Flavor, Ciric Acid, Mono- and Diglycerides, Loosul Bean Gum, Guar Gum, Tara Gum, Carrageenan), Frozen Strawberries, Ice, Forcers Bannan Skorich Acid and/or Circ (Acid, Monda Grees Voya) (Cultured hord) in Carrior (Acid Acid Circ (Circ (Acid, Monda Grees Voya)) (Cultured hord) in Circ (Circ (Ci	Contains Milk.
Apple 'n Greens™ Smoothie, Medium	320	10	1	0	0	0	55	76	6	58	6	220	210	15	10	0	10		10	10	4	0	2.5	3	Pear Apple Juice Blend (Pear Juice (from concentrate), Apple Juice (from concentrate), Natural Flavor, Strawberry Puree), Frozen Kale, Frozen Mangos, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Frozen Peaches.	
Apple 'n Greens™ Smoothie, Small	250	10	1	0	0	0	50	58	5	44	5	210	200	15	10	0	10		8	10	4	0	2	3	Pear Apple Juice Blend (Pear Juice [from concentrate], Apple Juice [from concentrate], Natural Flavor, Strawberry Puree), Frozen Kale, Frozen Mangos, Frozen Peaches, Frozen Bananas (Ascorbic Acid and/or Citric Acid).	
Apple 'n Greens™ Smoothie, Large			_	-							_						_	_							Pear Apple Juice Blend (Pear Juice [from concentrate], Apple Juice [from concentrate], Natural Flavor, Strawberry Puree), Frozen Kale, Frozen Bananas	
Apple Cinnamon Pretzel	400	15	1.5	0	0	0	70	96 78	8	74 15	7	290	280	20	15	0	15		15	15	6	0	3	3.5	JAscorbic Acid and/or Cltric Acid), Frozen Mangos, Frozen Peaches. Enriched Wheel Flour (Wheels Flour, Ascorbic Acid Glough conditioner), Naicn, Reduced Iron, Thiamine Mononitrate, Ribollavin, Folic Acid, Enzymes), Especiated Apple Bis, Applessure (Apples, Water, Ascorbic Acid), Sugar, Gylerine, Vegetable Oil (Canola and/or Soy), Invert Sugar, 2% or less of Salt, Yeast,	Contains Wheat.
Power Furth Visiting		1		1												<u> </u>									Cinnamon, Natural Apple Flavor, Sodium Hydroxide.	
Banana, Fresh, Topping Blackberry Pear Juice Blend, 8 fl oz	60	0	0	0	0	0	0	15	2	8	1	0	10	0	0	0	0		2	2	0	0	0.5		Bananas. Blackberry Pear Juice Blend (Blackberry Puree [from concentrate], Pear Juice [from concentrate], Grape Juice [from concentrate], Malic Acid).	
,	90	0	0	0	0	0	10	21		20	1		0	2	0				0	0	0	0	0	0	, , , , , , , , , , , , , , , , , , , ,	
Blue Spirulina Boost	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0							0	0	0	Blue Spirulina Powder (Trehalose, Spriulina Extract [color], Trisodium Citrate).	
Blueberry Strawberry Blast-Off™ Smoothie - 10 oz.	170	5	0	0	0	0	15	41	3	33	1	2	45	2	2	0	2		2	4	2	0	1	0	Mixed Berry Flavored Grape Juice Blend (Grape Juice from concentrate). Pear Juice from concentrate), Blueberry Juice from concentrate), Zir or less of Cherry Juice from concentrate), Strawberry Juice from concentrate), Malic Acid, Natural Flavori), Frozen Blueberries, Frozen Bananas (Ascorbic Acid and/or Ctric Acid), Frozen Strawberries.	
Blueberry Strawberry Blast-Off™ Smoothie - 12 oz.	180	5	0.5	0	0	0	15	44	4	34	1	2	80	2	4	0	2		4	4	2	0	2	0	Maked Berry Flavored Grape Juice Blend (Grape Juice [from concentrate], Pear Juice [from concentrate], Blueberry, Juice [from concentrate], 2% or less of Cherry Juice [from concentrate], Strawberry Juice [from concentrate], Malic Acid, Natural Flavor), Frozen Blueberries, Frozen Strawberries, Frozen Bananas (Ascorbic Acid and/or Citric Acid).	
Blueberry, Fresh, Topping	10	0	0	0	0	0	0	2	0	1	0	0	2	0	0	0	0		0	0	0	0	0	0	Blueberries.	
Caribbean Passion* Smoothie, Large	420	20	2	1	0	5	55	101	4	88	3	15	170	10	15	0	4		2	2	2	0	3	0	Mango and Passionfruit Flavored Pear Juice Blend (Pear Juice (Ifrom concentrate), White Grape Juice (Ifrom concentrate), Mango Puree (Ifrom concentrate), Date (Ifrom concentrate), Passion Fruit Juice (Ifrom concentrate), Natural Flavors), Orange Sherbet (Water, Super, Milk, Com Syrup, Whey, 2% or less of Orange Juice Construction, Compared (Jean, Chiff, Acid, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Annatto Extract (color)), Frozen Strawberries, ke, Frozen Peaches.	Contains Milk.
Caribbean Passion * Smoothie, Medium	330	15	2	1	0	5	45	80	3	70	2	10	130	8	10	0	4		2	2	2	0	2.5	0	Mango and Passionfruit Thoured Paur Jack Blend Piera Jude [Thom concentrate], White Grape Jude [Thom concentrate], Mango Ango Andre [Thom concentrate], Mango Ango Ango Ango Ango Ango Ango Ango A	Contains Milk.

\sim	jami	ha

																									,	
Menu Item	Total Calories	Calories from Fat (kcal)	Total Fat (g)	Sat. Fat (g)	Trans Fat(g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vitamin E (4CDV)	(100)	Vitamin B1 (%DV)	Vitamin B2 (%DV)	Zinc (%DV)	Caffeine (mg)	Servings of Fruit	Servings of Vegetables	Fulsome Ingredient List	Allergens
Caribbean Passion® Smoothie, Small	250	10	1	0.5	0	5	35	60	2	53	2	10	90	6	8	0	2	:	2	2	2	0	1.5	0	Mang and Passonfruit Thoward Pear Juice Bend Pear Juice (from concentrate), White Grape Juice (from concentrate), Mang Pure (from concentrate), Passing Pure (from concentrate), Passing Pure (from concentrate), Passing Pure (from concentrate), Passing Pure (Joseph Man, Cons P	Contains Milk.
Cheddar Tomato Twist	250	50	6	2	0	10	430	41	1	3	9			6	10	0						0	0	0	Enriched Wheat Flow (Wheat Flow, Ascords: Act of Google) conditioner], Nacio, Reduced fron, Thiamin Mononitzate, Ribothuivi, Fole Acid, Enzyme), Water, White Cheddar Cheese (Mills, Cheer, Acid), South, Enzyme), Tomato Paste, Crimato Paste, 2 for Jes of Salt, Clirir Acid), Tomato Sauce (Tomatoes, Salt, Bask, Clirir Acid), Ghyerim, Sugar, 22 for else of Cando GU, Viall Wheat Gultern, Vestl, Salt, Alago Cheese Pasterrized Part Skim Milk, Cheese Cultures, Salt, Enzyme), Malted Barley Plour, Destroise, Distilled Vinegar, Herbs.	Contains Milk, Wheat.
Chocolate Covered Strawberry Smoothie, Large	710	70	8	4.5	0	25	310	146	5	134	21		80	60	15				0	0	0	0	1	0	28 MB, Reduced Fix MBI, Yktman A Paimtate, Vtamino IDJ, Fat Free Vanilla Frozen Yogurt (Saim MBI, Sagar, Whey, ZNc or less of Natural Flavons, Com Sympu, Latch Acid, Vienge, Whey Protein Concentrate, Mono- and Opjecredies, Locust Been Gum, Gust Gum, Cargean, Amenta Extens (Coor), Cultures, Forzen Strawberrier, Chocolate Moord Dairy Base Powder (Sugar, Cocco) Processed With Albail), Nonfat Dry MBI, Whey, Guar Gum, Natural Flavon), Ice.	Contains Milk.
Chocolate Covered Strawberry Smoothie, Medium	570	50	6	3.5	0	20	240	116	4	107	17	10	90	60	10	0	2		2	2	0	0	0.5	0	23 M MB (Reduced Fat Mills, Vitamon A Palmitate, Vitamon D3), Fat Free Vanilla Forces Yogart (Skim Mills, Sugar, Whey, ZN or Jes of Natural Flavons, Corn Syrup, Latel: Acid, Vitage, Where) Forcitor Concentrate, Mono-and Mysperiendes, Loussid Bess Gum, Guar Gum, Cangreseum, Annato Estando Cultures), Forces Strawberries, Chocolate Moord Davy Base Powder (Sugar, Cocca) (Processed With Alball), Norfat Dry Mills, Whey, Guar Gum, Natural Flavor), Ince.	Contains Milk.
Chocolate Covered Strawberry Smoothie, Small	400	40	4.5	2.5	0	15	180	83	3	76	12	8	60	40	8	0	c		0	0	0	0	0.5	0	23 M MB (Reduced Fat Mills, Vitamin A Palmitate, Vitamin D3), Fat Fire Vanilla Fricera Yogurf (Skim Mills, Sugar, Whey, ZN or Jes of Natural Flavors, Corn Syrup, Lattic Acid, Vitager, Whey Protein Concentrate, Mono- and Mysperiendes, Locust Bean Gum, Guur Gum, Cargemena, Amanto Enton, Cultures), Forzen Strawberrier, Chocolate Moo'd Dairy Base Powder (Sugar, Cocca (Processed With Alkall), Norfat Dry Mills, Whey, Guar Gum, Natural Flavor), Ince.	Contains Milk.
Chunky Strawberry** Bowl	580	160	18	2.5	0	0	125	90	12	44	20	2	140	15	20	0	8	3	20	10	10	0	2	0	Vanilla Sorpmit (Water, Rice Sweetner (Water, Rice, Rice Bear), Sugar, Organic Soy Base (Water, Whole Organic Sopheans), Soy Protein Isolate, Soy Lechtin), Ributuri Vanilla Fluor with Other Matural Fluors, Carrageenan), Frozen Strawberries, Frozen Banania, Skorotic Acid and/or Ctric Acid), Banania, Klontol Greek Viguar (Cultured Hondat Mills), Organic Caracha (Whole Grain Rolled Oak, Sugar, Sanflower and/or Caracha (Whole Grain Rolled Oak, Sugar,	Contains Milk, Peanut, Soy.
Cinnamon Boost	0	0	0	0	0	0	0	1	1	0	0	0	0	0	0	0	C	ı	0	0	0	0	0	0	Ground Cinnamon.	
Citrus Kale Juice, Large	370	20	2.5	0	0	0	50	85	7	59	10	260	740	25	15	0	1	0	45	20	6	0	2	3	Fresh Orange Juice, Frozen Kale, Frozen Bananas (Ascorbic Acid and/or Citric Acid).	-
Citrus Kale Juice, Medium	280	15	2	0	0	0	40	64	5	44	7	200	550	20	15	0	8		35	15	6	0	2	2	Fresh Orange Juice, Frozen Kale, Frozen Bananas (Ascorbic Acid and/or Citric Acid).	
Citrus Kale Juice, Small	240	15	1.5	0	0	0	25	55	4	38	6	130	440	15	10	0	6	_	30	15	4	0	1	1.5	Fresh Orange Juice, Frozen Kale, Frozen Bananas (Ascorbic Acid and/or Citric Acid).	
Classic Sausage , Egg + Cheese Handwich	320	210	23	8	0	120	590	14	1	2	12	2	2	15	6							0	0	0	Sussage Faity (Pork, Water, Saft, Spicer, Destrous, Supari, Egg Mthy (Eggs, Wifer, Sophean Ol, Nonfat Mill, 24 or less of Modified Food Starch, Saft, Xamthan (Gum, Cliter Acid Preservately). Ratural Batter Floor (Sporaded Food into Inferniched Wither Floor (Wheel Floor, Monitor). Thismin Monomitrate, Riboflavin, Folia Acid, Water, Sprouts Floor (Sprouted Wines, Sprouted Com, Sprouted Shife, Sprouted Millet, Sprouted Floor, Spr	Contains Egg, Milk, Wheat.
Coconut Flakes, Topping	25	20	2	2	0	0	0	1	1	0	0			0	0							0	0	0	Coconut Flakes.	Contains Coconut.
CocoWhip, Topping, Green Scoop	80	50	6	6	0	0	0	11	0	6	0			0	0		10	10				0	0	0	Coconut Whip (Filtered Water, Organic Coconut Oil, Organic Tapioca Syrup, Organic Cane Sugar, Pea Protein, Guar Gum, Sunflower Lecithin, Xanthan Gum, Natural Flavor).	Contains Coconut.
Cold Brew Coffee, 8 fl oz	15	0	0	0	0	0	0	3		0	0		0	0	0				0	0	0	169	0	0	Cold Brew Coffee (Water, Cold Brew Coffee Concentrate [Coffee, Water, Natural Flavor]), Ice, Organic Agave.	
Cold Brew Over Ice + Agave, Large	50	0	0	0	0	0	15	11	0	5	0	0	0	2	0	0	C	1	0	0	0	381	0	0	Cold Brew Coffee (Water, Cold Brew Coffee Concentrate [Coffee, Water, Natural Flavor]), Ice, Organic Agave.	
Cold Brew Over Ice + Agave, Medium	45	0	0	0	0	0	10	10	0	5	0	0	0	0	0	0		1	0	0	0	296	0	0	Cold Brew Coffee (Water, Cold Brew Coffee Concentrate [Coffee, Water, Natural Flavor]), Ice, Organic Agave.	
Cold Brew Over Ice + Agave, Small	45	0	0	0	0	0	10	9	0	5	0	0	0	0	0	0	C	1	0	0	0	254	0	0	Cold Brew Coffee (Water, Cold Brew Coffee Concentrate [Coffee, Water, Natural Flavor]), Ice, Organic Agave.	
Cold Brew Over ice w/Sweet Cloud Whip Foam, Large	110	30	3.5	3	0	0	25	19	0	8	0	8	0	6	0	4	5	0	0	2	0	339	0	0	Cold liew Coffee (Water, Cold liew Coffee Concentrate) (Coffee, Water, Natural Flavori), Ice, Sweet Cloud Whip Fram (Datmill [[Titlered Water, Oat Concentrate), Similarie ON, United States (Belled Column) (Lorent Belled (Calcium, Cohocase, Valaman & Rahiste, Waterino, Dic Robbine (BD, Valaman ED), Deptoassium Phosphate, Sea Still, Cellan Gum, Locust Bean Gum, Sodium Ascorbate (Vatamin C), Ascorbic Acid and Vatamin C (per protect Ferbines), Natural Flavori) OR (Water, Oate, 2) on Sea of Love Disch Cade (Baseed OI). Deptoassium Phosphate, Cade and Christian Phosphate, (Sea Still, Colicium Phosphate, Cade and Christian Phosphate, C	Contains Coconut.
Cold Brew Over Ice w/Sweet Cloud Whip Foam, Medium	100	30	3.5	3	0	0	20	17	0	8	0	8	0	6	0	4	5	0	0	2	0	254	0	0	Cold Stew Colfee, (Water, Cold Stew Colfee Concentrate), Ediffer, Water, Maturia Flavori), Ive. Sweet Cold Who From (Datmill [[Flavored Water, Oat Concentrate), Suffried on (Water) (All waters all lend (Calcium Controlses, Watern A. Selbariae), Watern (A. Selbariae) (Ray Vatern (A. Selbariae)), Controlses, Selbariae), Controlses, Selbariae), Controlses, Selbariae, Selbari	Contains Coconut.
Cold Brew Over Ice w/Sweet Cloud Whip Foam, Small	100	30	3.5	3	0	0	20	16	0	8	0	8	0	6	0	4	5	0	0	2	0	212	0	0	Codd Even Coffee (Water, Codd Brew Coffee Concentrate), Coffee, Water, Natural Favor()), Ice, Sweet Cloud Whip Foam (Outmit) [[Flarend Water, Oat of Concentrate), Similaries (All Variance), Even American (Sand Concentrate), Sand (Sand Code) (All Variance), Code (Sand Code) (All Variance), Code) (All Varianc	Contains Coconut.
Cold Brew Over Ice, Large	25	0	0	0	0	0	15	5	0	0	0	0	0	2	0	0	C		0	0	0	338	0		Cold Brew Coffee (Water, Cold Brew Coffee Concentrate [Coffee, Water, Natural Flavor]), Ice.	
Cold Brew Over Ice, Medium	20		0	0	0	0	10	4	0	0	0	0	0	0	0	0				0	0	253	0		Cold Brew Coffee (Water, Cold Brew Coffee Concentrate [Coffee, Water, Natural Flavor]), Ice.	
Cold Brew Over Ice, Small Cucumber Orange Cooler™ Juice, Medium	15 260	-	0	0	0	0	10	3	0	0	0	0	0	0	0				0	0	0	169	0		Cold Brew Coffee (Water, Cold Brew Coffee Concentrate [Coffee, Water, Natural Flavor]), Ice. Fresh Orange Juice, Fresh Juiced Cucumber, Fresh Juiced Apple, Fresh Juiced Lemon.	
Cucumber Orange Cooler** Juice, Medium Cucumber Orange Cooler** Juice, Small	260 190	10 10	1	0	0	0	15 10	63 46	3	47 36	4	20 15	340 230	10	10	0			30 20	10	2	0	2.5	3	Fresh Orange Juice, Fresh Juiced Cucumber, Fresh Juiced Apple, Fresh Juiced Lemon. Fresh Orange Juice, Fresh Juiced Cucumber, Fresh Juiced Apple, Fresh Juiced Lemon.	
Cucumber Orange Cooler Juice, Small Cucumber Orange Cooler Large	330	10	1.5	0	0	0	20	79	3	60	5	25	400	10	10	0	2		35	15	6	0	1.5	1.5	Fresh Orange Juice, Fresh Juiced Cucumber, Fresh Juiced Apple, Fresh Juiced Lemon. Fresh Orange Juice, Fresh Juiced Cucumber, Fresh Juiced Apple, Fresh Juiced Lemon.	
Daily Vitamin + Zinc Boost	10	0	0	0	J		0	2	0	0	0	190	150	2	20	100			90	80	25	0	0	0	Daily Vitamin - 2 roze Boost (Matodestrin, Dimagnesium Phosphate, Dischairen Biosphate Anhydrous, Calcium Lactate Gluconate, Vitamin C [Ascorbic Acid], Vitamin - 6 [D-Alpha Tocopher Acidate], Del Calcium Del Calcium Del Calcium Del Calcium Del Calcium Del Calcium Contains soy), Blotin, Nicken, Iron (III) Prophosphate, Zinc Citrate, Pariothemic Acid (Lacium-Del Pariothemia), Vitamin 3 (El priodinesia), Orromium Picolinate, Potassium Iodde).	Contains Soy.
Dragon Fruit Delight Bowl	440	70	7	2.5	0	0	15	92	12	58	6	25	130	6	10	0	4		15	8	6	0	2	0	Prescript Live (Princeptie Liste (From concentrate), Mariar Flavor), Organic Foreix Diagno Froit, Bassana, Foreix Rescripte, Strauberries, Foreix Bassana, Foreix Control College, Colleg	Contains Coconut
Electric Berry Lemonade Smoothie, Large	420	15	1.5	0.5	0	5	55	99	3	89	4	4	140	15	4	0	4		2	2	2	0	1.5	0	Lemonade (Water, Sugar, Lemon Juice Concentrate, Lemon Pulp, Natural Flavor, Chric Acid), Mixed Berry Flavored Grape Juice Blend (Grape Juice Ifrom concentrate), Past Juse (From concentrate), Juse (From concentrate), Past Juse (From Concentrate), March (All Sudders) value (From Concentrate), March (From Concent	Contains Milk.

													Jamba	a Nutrit	ional S	preadsh	neet 202	22							≈jamba.
Menu Item	Total Calories	calories from Fat (kcal)	Total Fat (g)	Sat. Fat (g)	Trans Fat(g)	Cholesterol (mg)	Sodium (mg)	fotal Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vítamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vítamin E (%DV)	Vitamin B1 (%DV)	Vitamin B2 (%DV)	Zinc (%DV)	Caffeine (mg)	Servings of Fruit	servings of Vegetables	Fulsome Ingredient List	Allergens
Electric Berry Lemonado Smoothie, Medium	340	10	1	0	0	0	40	81	3	74	3	4	100	10	4	0	4	2	2	2	0	1.5	0	Lemonade (Water, Sugar, Lemon Juice Concentrate, Lemon Pulp, Natural Flavor, Citric Acid), Mised Berry Flavored Grape Juice Bend (Grape Juice (Irom concentrate)), Pear Juice (Irom concentrate), Pear Juice (Irom concentrate), Pear Juice (Irom Concentrate), Mised Concentrate), Mised (As Musial Flavor, Forces Strawberres, Sulapherry Sacheet (Water, Sugar, Mised, Com Surgo, Whey, Som Mised, 25 or less of Concentrate), Mised (As Musial Flavor, Forces Strawberres, Sulapherry Sacheet (Marcia, Sugar, Mised, Com Surgo, Whey, Som Mised, 25 or less of Concentrate, Mised (Marcia), Sugar, Mised, Concentrate, Moon- and Disperciests, Local Seen Gum, Tara Gum, Carragenan, Annasto Extract (color), Cultures), Blue Spirulina Powder (Trehabose, Spirulina Estract (color), Trisodium Citrate).	Contains Milk.
Electric Berry Lemonade Smoothie, Small	230	5	1	0	0	0	30	54	2	49	2	2	70	6	2	0	2	2	2	0	0	1	0	Lemonade (Witer, Sugur, Lemon Juice Concentrate, Lemon Pulp, Natural Flavor, Citric Acid), Mixed Berley Flavored Grape Juice Blevel Grape Juice [From concentrate], Part Live [From concentrate], Bulls Carle (From concentrate), Mixed Carle (From Concentrate), Mixed Carle (From Concentrate), Bulls (From Concen	Contains Milk.
Plant-Based Electric Berry Lemonade Smoothie, Large	510	120	13	11	0	0	20	99	5	81	3	4	140	4	8	0	4	2	2	2	0	1.5	0	Lemonade (Water, Sugar, Lemon Juice Concentrate, Lemon Pulp, Natural Flavor, Citric Acid), Outmik Frozen Dessert (Outmik Filtered Water, Whole Oat Flour), Cane Sugar, Coconat Oli, Tapica Syrup, Pea Protein, Locust Bean Gium, Guar Gium), Mixed Berny Flavored Grape Livice Blend Grape Livice (from concentrate), Pear Intelligen From concentrate, Bubberry Juice (from concentrate), Bubberry Juice (from concentrate), Bubberry Juice (from concentrate), Malic Acid, Natural Flavor), Frozen Strawberries, Ice, Frozen Peaches, Blue Spirulina Powder (Trehalose, Spirulina Extract (color), Trisodium (Trate)	Contains Coconut.
Plant-Based Electric Berry Lemonade Smoothie, Medium	420	100	11	9	0	0	15	82	4	68	3	4	100	4	6	0	4	2	2	2	0	1.5	0	Lemonade (Water, Sugar, Lemon Juice Concentrate, Lemon Pulp, Natural Flavor, Citric Acid), Outmik Frozen Dessert (Outmik Filtered Water, Whole Oat Flour), Came Sugar, Cocanut Oli, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guarr Gum), Mixed Berry Flavored Grape Juice (Brom concentrate), Park Intelle (Florom concentrate), Bear Sus of Cherry Juice (Florom concentrate), Maria Carid, Natural Flavor), Frozen Strawberries, Ice, Frozen Peaches, Blue Spirulina Powder (Trehalose, Spriulina Estract (Color), Trisodium Citrate).	Contains Coconut.
Plant-Based Electric Berry Lemonade Smoothie, Small	260	60	6	5	0	0	10	53	2	44	2	2	70	2	4	0	2	2	2	0	0	1	0	Lemonade (Water, Sugar, Lemon Juice Concentrate, Lemon Pulp, Natural Flavor, Citric Acid), Outmik Frozen Dessert (Outmik Filtered Water, Whole Oat Flour), Came Sugar, Cocanut Oli, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Mixed Berry Flavored Grape Juice (Flora Concentrate), Pear Mice (Flora concentrate), Pear Mixed (Flora concentrate), Mixed Card (Flora Concentrate), Mixed Acid, Natural Flavor), Frozen Strawberries, Ice, Frozen Peaches, Blue Spirulina Powder (Trehalose, Spirulina Extract (color), Trisodium Citrate).	Contains Coconut.
Fat Free Vanilla Frozen Yogurt, Blue Scoop	60	0	0	0	0	0	25	13	0	12	1			6	0	0					0	0	0	Fat Free Vanilla Frozen Yogurt (Skim Milk, Sugar, Whey, 2% or less of Natural Flavors, Corn Syrup, Lactic Acid, Vinegar, Whey Protein Concentrate, Mono- and	Contains Milk.
Fat Free Vanilla Frozen Yogurt, Green Scoop	70	0	0	0	0	0	30	16	0	15	2			6	0	0					0	0	0	Dighycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Annatto Extract (color), Cultures). Fat Free Vanilla Frozen Yogurt (Skim Milk, Sugar, Whey, 2% or less of Natural Flavors, Corn Syrup, Lactic Acid, Vinegar, Whey Protein Concentrate, Mono- and	Contains Milk.
Fat Free Vanilla Frozen Yogurt, Red Scoop	35	0	0	0	0	0	15	8	0	8	1			4	0	0					0	0	0	Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Annato Extract (color), Cultures). Fat Free Vanilla Frozen Yogurt (Skm Milk, Syar, Whey, 2% or less of Natural Flavors, Corn Syrup, Lactic Acid, Vinegar, Whey Protein Concentrate, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Annato Extract (color), Cultures1.	Contains Milk.
Fruity Rocks Smoothie, Large	550	35	4	2.5	0	10	160	116	2	105	9	0	120	15	15	0	2	2	2	2	0	1	0	Vanilla Soymilli, (Water, Rice Sweetener [Water, Rice, Rice Bran], Sugar, Organic Soy Base [Water, Whole Organic Soybeans], Soy Protein Isolate [Soy Protein Isolate Soy Jecthini), Natural Vanilla Flacer with Other Hastra if Rancus, Carrageneam), Frozen Strawberriers, Orange Shechet Water, Sugar, Mills, Corn Syrup, White, 23 or Iso of Orange Joine Content, Christophili, Orange David, Commercial Content, Monte and Digipleries, Located Bean Guan Guan Tara Guan (Sura Land Land Land Land Land Land Land Lan	Contains Milk, Soy.
Fruity Rocks Smoothie, Medium	400	25	3	2	0	10	115	85	2	77	6	0	90	10	10	0	2	2	2	0	0	1	0	Jamila Symilit (Water, Rice Sweethere (Water, Rice, Rice Rand), Sigge, Organic Soy Rase (Water, Wilvolo Organic Soybasen), Soy Potein Isolate (Say Jecthin), Nauthard Varial Ration with Other Natural Revision, Carragement, Person Erwaherier, Gorge Behetel (Water, Sayar, Milk, Com Syrup, Whey, 2 Kor less of Orange Julic Concentrate, Orange Poli, Orange Ol, Creane, Otic Acid, Mono- and Diglycerides, Locust Been Gum, Guar Gum, Tara Gum, Carragemenn, Amelia Estarce (Josef), Reventarie, Crean, Natural Favors, Citr. Acid, Mono- and Objecterides, Locust Been Gum, Guar Gum, Tara Gum, Carragemenn, Resperber via Report (price Concentrate, Natural Favors, Circ Acid, Mono- and Objecterides, Locust Been Gum, Guar Gum, Tara Gum, Carragemenn), Resperber via Concentrate, Natural Favor, Creen, Circ Acid, Mono- and Objecterides, Locust Been Gum, Guar Gum, Tara Gum, Carragemenn, Resperber Via Concentrate, Natural Favor, Creen, Circ Acid, Mono- and Objecterides, Locust Been Gum, Guar Gum, Tara Gum, Carragemenn, Red Beet Estract (color), Caramet Color, Annato Estract (color)), Se, Lime Sherber (Water, Sagar, Milk, Corn Syrup, Whey, 256	Contains Milk, Soy.
Fruity Rocks Smoothle, Small	280	15	2	1	0	5	85	59	1	53	4	0	60	8	6	0	0	0	0	0	0	1	0	vanila Soymilk (Water, Rice Sweethere (Water, Rice, Rice Band), Sigge, Organic Soy Base (Water, Wilvo) Organic Soybeans), Soy Protein Isolate (Sp.) ecoloris, Noval Varial Falsow with Other Mahrall Falson, Carragement, Process Travaberiers, Carriage Sheethel (Water, Sayar, Milk, Com Syrup, Whey, 2 Kor less of Orange biole Concentrate, Orange Poli, Orange Ol, Crean, Citic Acid, Mono- and Diglycerides, Locust Beam Gum, Guar Gum, Tara Gum, Carragemenn, America Totara (Dorland, Process) Sheethel Water, Sayar, Milk, Com Syrup, Way, 25K or Isos of Proceepie Louic Concentrate, Crean, Natural Favors, Citic Acid, Mono- and Objycerides, Locust Beam Gum, Guar Gum, Tara Gum, Carragemenn), Rapberry Sheethet (Water, Sayar, Milk, Com Syrup, Whey, Simi Milk, 25K or Isos of Rapberry Rapbers, Milk, Com Syrup, Whey, Simi Milk, 25K or Isos of Rapberry Rapbers, Milk, Com Syrup, Whey, Simi Milk, 25K or Isos of Rapberry Rapbers, Milk, Com Syrup, Whey, Simi Milk, 25K or Isos of Rapberry Rapbers, Rapberry Milk, Commortee, Natural Flavor, Cream, Cite Acid, Mono- and Objycerides, Locust Beam Gum, Guar Gum, Tara Gum, Carragemenn, Flavor, Cream, Citer Acid, Mono- and Diglycerides, Locust Beam Gum, Guar Gum, Tara Gum, Carragemenn, Turmeric Extract (Color), Austral Flavor, Cream, Citer Acid, Mono- and Diglycerides, Locust Beam Gum, Guar Gum, Tara Gum, Carragemenn, Turmeric Extract (Color), Austral Flavor, Cream, Citer Acid, Mono- and Diglycerides, Locust Beam Gum, Guar Gum, Tara Gum, Carragemenn, Turmeric Extract (Color), Austral Flavor, Cream, Citer Acid, Mono- and Diglycerides, Locust Beam Gum, Guar Gum, Tara Gum, Carragemenn, Turmeric Extract (Color), Austral Flavor, Cream, Citer Acid, Mono- and Diglycerides, Locust Beam Gum, Guar Gum, Tara Gum, Carragemenn, Turmeric Extract (Color), Austral Flavor, Cream, Citer Acid, Mono- and Diglycerides, Locust Beam Gum, Guar Gum, Tara Gum, Carragemenn, Turmeric Extract (Color), Austral Flavor, Cream, Citer Acid, Mono- and Diglycerides, Locust Beam Gum, Guar Gum, Tara Gum, Carragemenn, Turmeric Extract	Contains Milk, Soy.
Ginger Puree Boost Ginger Shot, RTD	30	5	0	0	0	0	5	6	1	1	1	0	4	0	2	0					0	0		Ginger Puree (Ginger, Citric Acid). Ginger Shot (Orange Juice, Lemon Juice, Ginger Juice, Cayenne Pepper).	
uniger and, riu Gingerbread Smoothie, Large	690	45	5	3	0	20	430	146	0	132	16	10	4	60	40	0	0	0	0	0	0	0	0	unings and running nuise, semin nuise, unger nuise, symme regiper). Af Free Vanilla Term Fogger Liben Mis, Signy, Whey, 25 or 18 of Natural Binors, Corn Syrup, Lactic Acid, Vreegar, Whey Protein Concentrate, Mono-and Oplycericles, Looust Beam Gum, Guar Gum, Tran Gum, Carrageenan, Annatio Datract (color), Cultured, 25 M Mit (Reduced Far Milk, Vitamin A Palmintee, Vitamin Dal), Kee, disperteed Flavored Base, Officer, Sorgan, Andesson, Fapoca, Sarch, Kie Four, Carmed, Spices, Glorger, Chamanon, Cook, Pao Protein Isolates, Sult, Xanthan Gum, Natural Typer Flavors), Naturaly Flavored Raspberry Syrup (Sugar, Water, Seedless Raspberry Purce, Modified Food Starch, 25 or 18 of Natural Palmor, Chris Cell, Vegetable lote (Isola), 5 doing for circle, Xeffeat Gumber, Cortex,	Contains Milk.
Gingerbread Smoothie, Medium	510	35	4	2	0	15	320	107	0	97	12	8	4	45	30	0	0	0	0	0	0	0	0	Fat Free Vanilla Frozen Yogurt (Skim Mills, Sugar, Whey, Zik or less of Natural Flavors, Corn Syrup, Lactic Acid, Vinegar, Whey Protein Concentrate, Mono- and Objecteries, Locust Been Gum, Guar Gum, Iran Gum, Carragemena, Amento Estrat (cibol), Culburely, 25 Mills (Reduced Fat Mills, Vitamin A Painistate, Vitamin CS), less, Grigeriested Flavored Been (Weller, Sugar, Mollacos, Fapica Stanch, Ber Forus, Crameri, Spices (Singer, Cimamon, Colore), Pear Protein Looker, Sult, Amithan Gum, Hatturd Typer Flavors), Naturally Flavored Rospiterry Syrup (Sugar, Waler, Seedless Rospiterry Purce, Modified Food Starch, 25 or less of Natural Flavor, Carl Acid, Vitagel State (cibol), Sodien Gurter, Annaha Gum, Corn, Acid, Vitagel State (cibol), Sodien Gurter, Annaha Gum, State (cibol), Sodien	Contains Milk.
Gingerbread Smoothie, Plant Based w/Syrup, Large	840	270	30	23	0	0	300	140	5	100	6	70	4	45	45	35	0	0	35	0	0	0	0	Castes (Toward Desires (Castes)) [Filtered Water, Whole On Four). Caste Sager, Coccurd (Ol. Taplico, Syrup, Par Protein, Locatel Bern Olum, Gur Gum). Outmit (Efference Water), on Concentration, Surificework (Visioner and Mineral Bern Collision Endonage, Water) and Taylor (South Castes). Vision 1921, Dipotassium Prosphate, Sea Salt, Gellan Gum, Locust Bern Gum, Sodium Asconbate (Visioner Collisioner). For Endonage, March 1920, Depotassium Prosphate, Sea Salt, Gellan Gum, Locust Bern Gum, Sodium Asconbate (Visioner, Cacter). Sea Salt, Dipotassium Prosphate, Bern Sodium, Visioner, Sodium Asconbate (Visioner, Cacter). Sea Salt, Dipotassium Prosphate, Sea Salt, Gellan Gum, Locust Bern Gum, Sodium, Asconbate (Asternationer, Cacter). Sea Salt, Dipotassium Prosphate, Sea Sodium, Visioner, Tapico Sasteri, Received Salter (Visioner, Cacter). Sea Salt, Dipotassium Prosphate, Beschlaviv, Visioner, Tapico Sasteri, Received Salter, Salter (Visioner, Cacter). Sea Salt, Dipotassium Prosphate, Sea Sodium, Visioner, Visioner, Tapico Sasteri, Received Salter, Salter (Visioner, Carter). Sea Salt, Dipotassium Prosphate, Residenting Visioner, Visioner, Salter,	Contains Coconut.
Gingerbread Smoothie, Plant Based w/Syrup, Medium	670	220	24	19	0	0	230	112	4	80	5	50	4	35	35	25	0	0	25	0	0	0	0	Ostmit Riversen Clearer (Datmit) Filtered Water, Windo Ost Four', Care Sugar, Coccourt Oll, Tapico Syrup, Pen Pretein, Locust Bean Cium, Guar Gum), Ostmit (Pillarered Water, Ost Concentral), Sunfower Ol, Vitamin and Mirneral Beller (Lickien) and More laber (Lickien) and Foundation (Lickien) and Publisher, Sea Salt, Gelfan Grun, Locust Bean Gum, Sodium Asconbate (Vitamin C), Ascorbic Acid and Vitamin E (to protect references), Natural Patrior (Pil Natura, Cita, 2ci or east of two Kineck and Repared on Pillarer, Marchice Acid Represend (Dispersional Prosphate, Cadimur Carbonater, Fraction Pillarer), Sea Salt, Cleadoum Principhate, Ridorlivon, Vitamin A, Vitamin DJ, Vitamin S 12), Loc. Gingerbread Favored Base (Water, Sugar, Molasses, Tapicos Sarch, Rec Water, Seedless Respiberry Puree, Modified Food Starch, 26 or less of Natural Favora, Clitic Acid, Vegetable Juice (color), Sodium Citzate, Xanthan Gum).	Contains Coconut.

· jamba

Fresh hidered Apple, ke, Fresh Spirach, Fres																										gournou.
Part	Menu Item	Total Calories	calories from Fat (kcal)	ž	Fat	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	fotal Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV		Vitamin D (%DV)	Vítamin E (%DV)	Vitamin B1 (%DV)	Vitamin B2 (%DV)		Caffeine (mg)	Servings of Fruit	servings of Vegetables	Fulsome Ingredient List	Allergens
Property	Gingerbread Smoothle, Plant Based w/Syrup, Small	430	130	15	11	0	0	160	74	2	54	3	35	2	20	20	15	0	0	15	0	0	0	0	Clastink ((Filtered Water, Oat Concentrate), Sunflower OI, Vitamin and Minera Blend (Calcium Cathonate, Vitamin A Palmintae, Vitamin D.2, Risofiziwin (E32), Vitamin B.12), Opiosania Phropipathe, Sas Risoficial Ground, Locati Bean Gum, Sodium Anorobate (Vitamin C.), Accordina Cathonate, Trackicum Risofizial Freshness), Natural Faver) Oil (Water, Oats, 2% or less of Low Erucie Acid Risponeed OIL, Opiosiasum Phropitate, Calcium Cardonate, Trackicum Risophate, Locatic Cathonate, Calcium Cathonate, Vitamin Cathonate, Cathonate, Cathonate, Trackicum Risophate, Party (Caterial, Soles Ginger, Chimannon, Chery, Part Poterio Isolobio, Sall, Aruthan Gam, Multard Typer (Brance), Multard Party (Party Oliv.), Multard Party (Party Oliv.), Multard Party (Party Oliv.)	Contains Coconut.
Part		790	270	30	23	0	0	290	129	5	90	6	70	4	45	45	35	0	0	35	0	0	0	0	Ostmik ((Fibred Wister, Oat Concentrale), Sunflower OJ, Vlasmin and Mineral Blend (Calcium Carbonale, Vitamin A Palmitale, Vitamin D.2, Risolitawin (E2), Vitamin B121), Dipostania Phosphate, Sea San, Ciellan Gum, Locust Dese Gum, Sodium Anorthae (Vitamin Ca, Aschoria Acid and Vitamin E) (to protect Freshness), Natural Fisvor) OR (Waster, Oats, 2% or less of Low Eruck Acid Raperseed Oil, Dipotassium Phosphate, Calcium Carbonate, Ticalcium Phosphate, Sea Salt, Decklum Phosphate, Risolitavin (Vitamin A, Vitamin Oz, Vitamin B121), Lec, Gengrered allivaved Base Miwer, Sugar, Molasses, Tapioca Starch, Rice Flour, Caramel, Spices (Ginger, Cinnamon, Clove), Pea Protein Isolate, Salt, Xanthan Gum, Natural Type Flavors).	
Property of the property of		630	220	24	19	0	0	220	101	4	70	5	50	4	30	35	25	0	0	25	0	0	0	0	Ostamik (Iff-Riered Water, Oat Concentrate), Sunflower Ol, Vitamin and Minera Blend (Calcium Catronate, Vitamin A Palmitate, Vitamin D.2, Ribothawin (23), Vitamin B.12), Robitation Phosphate, Sea Rib, Cellian Gum, Locatu Delsen Gum, Sodium Anorthae (Vitamin C.), Robitation Tiero protect freinhers), Natural Flavor) OR (Water, Oats, 2% or less of Low Erucic Acid Rapeneed Oll, Optioassium Phosphate, Calcium Carbonate, Tricalcium Phosphate, Sea Salb, Decidium Phosphate, Robitation (Vitamin A, Vitamin Oz, Vitamin B.12), Inc., Gengerbered Flavored See Metter, Sugar, Molasses, Tapioca Starch, Rice Flour, Caramel, Spices (Ginger, Cinnamon, Clove), Pea Protein Isolate, Salt, Xanthan Gum, Natural Type Flavors).	
18		390	130	15	11	0	0	140	63	2	43	3	35	2	20	20	15	0	0	15	0	0	0	0	Ostmik (If-Riered Water, Oat Concentrate), Sunflower Ol, Vitamin and Minera Blend (Calcium Carbonate, Vitamin A Palmitate, Vitamin D.2, Riobidrium (123), Vitamin B.12), Diopstain Phosphate, Sea Sand, Cellian Gum, Locatu Delsen Gum, Sodium Anorbate (Vitamin C.), Asochraid and Water In Exportect Freshness), Natural Flavor) OR (Water, Oats, 2% or less of Love Eruck: Acid Rapeneed Oll, Dipotassium Phosphate, Calcium Carbonate, Triadicum Phosphate, Sea Salb, Dackium Phosphate, Riobidrium / Vitamin D.2 Vitamin B.12), Inc., Gingerieved Flavores Base (Water, Sugar, Molasses, Tapioca Starch, Rice Flour, Caramel, Spices (Ginger, Cinnamon, Clove), Pea Protein Isolate, Salt, Xanthan Gum, Natural Type Flavors).	
Control Cont		350	25	2.5	1.5	0	10	220	74	0	67	8	4	2	30	20	0	0	0	0	0	0			Vkamin DJ, Lee, Gingerbread Flavorde Base (Water, Sugar, Molasser, Tapicos Sartch, Rice Flour, Caramel, Spices (Ginger, Cinnamon, Clovel), Pea Protein Souther, Saft, Xamhan Gum, Natural Type Flavorn), Naturally Flavorde Rappeterry Syrue (Sugar, Water, Seedless Raspberry Puree, Modified Food Starch, 2% or less of Natural Flavorn, Citric Acid, Vegetable Juice (color), Sodium Citrate, Xanthan Gum).	Contains Milk.
Segregation shows the	Granola, Topping	110	40	4	0.5	0	0	10	16	2	4	3	0	0	2	4			8	2	4	0	0	0	Organic Granola (Whole Grain Rolled Oats, Sugar, Sunflower and/or Canola Oil, Rice Flour, Pumpkin Seeds, Flax, Oat Syrup Solids, Molasses, Sea Salt, Cinnamon).	
Segretation Segret	Great Greens™ Juice, Large																									
See No. 1962 - 1964 - 1																										
Part	· · · · · · · · · · · · · · · · · · ·																									
Mathematican Math		380	15	1.5	0	0	0	40	91	7	77	6	230	240	15	10	0	15	10	10	4	0	1	3	(Ginger, Citric Acid).	
Note 1 to 16 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Greens 'n Ginger™ Smoothie, Medium	290	10	1	0	0	0	30	70	5	60	4	160	170	10	8	0	10	8	8	4	0	1	2	Lemonade (Water, Sugar, Lemon Juice Concentrate, Lemon Pulp, Natural Flavor, Citric Acid), Frozen Peaches, Frozen Kale, Frozen Mangos, Ice, Ginger Puree (Ginger, Citric Acid).	
Part	Greens 'n Ginger ^{ne} Smoothie, Small	230	10	1	0	0	0	25	56	4	48	4	150	160	10	6	0	8	6	6	4	0	0.5	2		
Part	Honest Tea - Black Tea					0				0		0												0		+
Mary	Honest Tea - Green Tea			+					-													-			Organic Brewed Tea (Filtered Water, Organic Green Tea Leaves), Organic Cane Sugar, Organic Honey, Ascorbic Acid (To Protect Taste), Malic Acid, Organic	+
Part									9																· · · · · · · · · · · · · · · · · · ·	
Michable Make Freen Ramous, bed Scoreg Markers, Met Scoreg Markers	Imposible Handwich	220	110	12	5	0	15	580	16	2	1	11	2	2	20	10						0	0	0	Vegetarian improssible Seasage Britty (Water, Sp. Preside Concestrate, Sunflavore D.I. Carona D.D. Xiv Pies of Methylecholor, Natural Eflower, Sull Yeas Estart, Cultured bearine Modified Food Seart, Chie Acide, Sp. of pelepenelgolon, Mander Tompherola, Hostolonia, I. Spr preside Insides, Speech, Oxion Powder, Garlie Powder, Vitamina And Minerals (Diric Glaconate, Niscen, Pyridonia Hydrochiotele (Vitamin BB), Bibel Navi (Vitamin BB), Xivanin BB), Sibel Navi (Vitamin BB), Xivanin BB), Sibel Navi (Vitamin BB), Vitamin BB), Sibel Navi (Vitamin BB), Sibel Navi (Vitamin BB), Vitamin BB), Sibel Navi (Vitamin BB), Vitamin BB), Vitamin BB), Vitamin BB), Sibel Navi (Sibel Navi (Sibel Navi Allar), Sibel Navi (Sibel Navi (Sibel Navi Allar)	Contains Milk, Soy, Wheat.
Analysis from Brown, Ref Scorp 30 00 00 00 00 00 00 00 00 0		_				_					_		_						_							
Particular Par																										†
Part	Individually Quick Frozen Blueberries, Blue Scoop																								Frozen Blueberries.	1
Probability Quark Fromer Nader Scoop 15 0 0 0 0 0 0 0 0 0	Individually Quick Frozen Blueberries, Green Scoop			_																				0	Frozen Blueberries.	
Principally Quack Frozen Manage, Bier Scoop 15	Individually Quick Frozen Blueberries, Red Scoop								5	1													0	0	Frozen Blueberries.	
Individually Quick Frozen Mangos, Green Scoop 35	Individually Quick Frozen Kale, Blue Scoop			0	0	0	0	10	3	1	1			60	4	2	0	2	2			0	0	1	Frozen Kale.	
Individually Quick Frozen Marago, Green Scoop 40 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Individually Quick Frozen Kale, Red Scoop	5	0	0	0	0	0	0	1	0	0	1	25	25	2	2	0	0	0	0	0	0	0	0.5	Frozen Kale.	
Individually Quick Frozen Mangeo, Red Scoop 20 0 0 0 0 0 0 0 0 5 0 1 0 0 0 0 0 0 0 0		35		0	0	0	0	0	9	1		0	40		0	0		2	2			0	0.5	0		
Individually Quick Frozen Peaches, Blue Scoop 20 0 0 0 0 0 0 5 1 4 0 0 4 6 0 0 0 2 0 0 0 0 0 0 5 1 5 1 4 0 0 4 6 0 0 0 0 0 0 5 0 Frozen Peaches. Individually Quick Frozen Peaches, Green Scoop 20 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		40	0	0	0	0	0	0	10	1	9	0	45	25	0	0		4	2	2	0	0	0.5	0		
Individually Quick Frozen Peaches, Green Scoop 15 0 0 0 0 0 0 0 0 0				0		0		0	6	1			25										-	-		
Individually Quick Frozen Peaches, Red Scoop 15 0 0 0 0 0 0 0 0 0 0 0 0 0 Frozen Peaches. Individually Quick Frozen Peaches, Red Scoop 25 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	,																									1
Individually Quick Frozen Prespote, Blue Scoop 25 0 0 0 0 0 0 6 1 4 0 0 0 35 0 0 0 0 0 0 0 0 5 0 Frozen Prespote. Individually Quick Frozen Prespote, Green Scoop 30 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				0	0	0	-	0	5				4		0		0	2								
Individually Quick Frozen Pheapple, Green Scoop 10 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				0	0	0		0	3				2		0		0	2					-	-		1
Individually Quick Frozen Pineapple, Red Scoop 15 0 0 0 0 0 0 4 0 3 0 0 25 0 0 0 0 0 0 0 Frozen Pineapples. Individually Quick Frozen Pineapple, Red Scoop 20 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				_													-								· · · · · · · · · · · · · · · · · · ·	1
Individually Quick Frozen Plays, Black Scoop 20 0 0 0 0 0 0 0 3 1 2 0 0 4 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				_	0	0	0	0	8	1	6		0				0	0							**	1
Individually Quick Frozen Strawberries, Green-Scoop 20 0 0 0 0 0 5 1 3 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0					0	0	0	0	4	0	3		0				0	0	2	0	0				The state of the s	1
Individually Quick Frozen Strawberries, Green Scrap 20 0 0 0 0 0 5 1 3 0 0 60 0 2 0 0 0 0 0 5 1 7 3 0 0 60 0 2 0 0 0 0 0 7 60 60 0 2 0 60 0 60						0	0	0	3	1			0				0	0	0	0	0					1
Individually Qualck Frozen Strawberries, Red Scoop 10 0 0 0 0 0 0 2 1 1 0 0 0 0 0 0 0 0 0				_			-								-									0		
	Individually Quick Frozen Strawberries, Red Scoop	10	0	0	0	0	0	0	2	1	1	0	0	30	0	0	0	0	0	0	0	0	0	0	Frozen Strawberries.	

~jam	

																reausiie									Junua
Menu Item	Total Calories	alories from Fat (kcal)	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	otal Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vitamin E (%DV)	Vitamin B1 (%DV)	Vitamin B2 (%DV)	Zinc (%DV)	Caffeine (mg)	Servings of Fruit	ervings of Vegetables	Fulsome Ingredient List	Allergens
Kale Boost Kale-rribbean Breeze Smoothie, Plant-Based, Large	15 470	0 40	0 4.5	0	0	0	10 70	3 110	7	1 91	1	60 320	60 300	4 20	2 20	0	2	2	2	2	0	0	1 2.5	Frozen Kale. Manga and Pessionfull Hawarde Pear Juice Blend Plear Juice [from concentrate], White Grape Juice [from concentrate], Manga Pure [from concentrate], Manga Pure [from concentrate], Manga Pure [from concentrate], Passion Fruit Juice [from concentrate], Matural Flavors), Frozen Mangas, Frozen Kale, Qutmik Frozen Dessert [Ostmik] [Filtered Water, Whole Oat Flour], Cane Sugar, Coconut Oil, Tapicas Syrup, Pea Protein, Locust Bean Gum, Guar Gum].	Contains Coconut.
Kale-rribbean Breeze Smoothie, Plant-Based, Medium	390	40	4.5	3	0	0	60	90	7	73	6	300	280	15	15	0	15	10	10	4	0	2.5	2.5	Mango and Proscionfus Traverse Four Juke Blend (Pear Juke Blend was to the Traverse Four Juke Blend Pear Juke Blend Pear Juke Blend Pear Juke Blend Four Section Concentrate), Mango Fure Blend Four Section Concentrate Four Section Four Juke (Four Section All Favors), From Mango, Freer Lake, Costmik Frozen Description Control (Four Section All Favors), Care Section Company (Four Section All Favors), Care Section	Contains Coconut.
Kale-rribbean Breeze Smoothie, Plant-Based, Small	300	35	4	3	0	0	55	66	5	52	5	230	230	15	15	0	10	8	8	4	0	1.5	2.5	Mangs and Passionfruit Flavored Peur Juse Brend Piera I vole (From concentrate), White Grape Juse (From concentrate), Mangs Pure (From concentrate), Pussion From Concentrate), Pussion Flavored From Concentrate), Pussion Flavored, From Angue, From Canada, Catalini Frozen Dessert (Ostmilk, Filtered Water, Whole Oat Flour), Cane Sugar, Coconut Oil, Tapica Syrup, Pea Protein, Locust Bean Gum, Guar Gum).	Contains Coconut.
Lemon Ginger Cayenne Shot	15	0	0	0	0	0	0	4	0	1	0	0	20	0	0	0	0	0	0	0	0	0	0	Fresh Juiced Lemon, Fresh Juiced Ginger, Cayenne Pepper.	
Lemonade, 8 fl oz	120	0	0	0	0	0	0	29		29	0		8	0	0			0	0	0	0	0	0	Lemonade (Water, Sugar, Lemon Juice Concentrate, Lemon Pulp, Natural Flavor, Citric Acid).	
Lime Sherbet, Blue Scoop	60	5	0.5	0	0	0	10	12	0	11	0			2	0						0	0	0	Lime Sherbet (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Lime Juice Concentrate, Orange Pulp, Lime Oil, Natural Flavor, Cream, Citric Acid, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Turmeric Extract [color]).	Contains Milk.
Lime Sherbet, Green Scoop	70	10	1	0.5	0	5	10	16	0	14	0			2	0						0	0	0	Lime Sherbet (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Lime Juice Concentrate, Orange Pulp, Lime Oil, Natural Flavor, Cream, Citric Acid, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Turmeric Extract [color]).	Contains Milk.
Lime Sherbet, Red Scoop				-					-						0									Lime Sherbet (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Lime Juice Concentrate, Orange Pulp, Lime Oil, Natural Flavor, Cream, Citric Acid, Mono-	Contains Milk.
Mango and Passionfruit Flavored Pear Juice Blend, 8 fi oz	35	5	0	0	0	0	5	8	0	7	0			2							0	0	0	and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Turmeric Extract [color]].	
	110	0	0	0	0	0	15	26		24	1		15	2	6			0	0	0	0	1	0	Mango and Passionfruit Flavored Pear Juice Blend (Pear Juice [from concentrate], White Grape Juice [from concentrate], Mango Puree [from concentrate], Orange Juice [from concentrate], Passion Fruit Juice [from concentrate], Natural Flavors].	
Mango-A-Go-Go* Smoothie, Large	510	20	2	1.5	0	5	60	123	4	110	2	150	130	10	10	0	10	8	6	0	0	3	0	Manga and Passorfuni Elaworde Paur Jusce Blend Pear Jusce (From concentrate), White Grape Jusce (From concentrate), Passor (Prom	Contains Milk.
Mango-A-Go-Go* Smoothie, Medium	390	15	2	1	0	5	45	96	3	85	2	130	100	8	8	0	8	6	6	0	0	2	0	Mangs and Passionfruit Flavored Paur Juke Bend (Plans Juke [Trem concentrate), White Grape Juke [Trem concentrate], Mangs Pure [Trem concentrate], Passion França Juke [Trem concentrate], Passion Flavored, Passi	Contains Milk.
Mango-A-Go-Go* Smoothie, Small	290	10	1	0.5	0	5	35	70	2	63	1	90	70	6	8	0	6	4	4	0	0	1.5	0	Manga and Passionfruit Revored Pear Juice Biend Pear Juice (Timm concentrate), While Grape Juice (Timm concentrate), Manga Purver (Timm concentrate), Autorian (John Scholler), Anna Purver (Timm concentrate), Ratural Purver (Timm Concentrate), Ratural Purvers), Frozan Mangas, Pennegole Sherbet (White, Sugar, Mills, Corn Syrup, White, 236 or less of Pineapple Juice Concentrate, Cream, Natural Flavors, Citric Acid, Mono- and Dighycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageeman), Lee	Contains Milk.
Matcha Green Tea Blast™ Smoothie, Large	480	0	0	0	0	0	220	102	1	95	14	60	0	30	10	0	0	0	0	0	50	0	0	Vanila Symith (Water, Rec Swetchern (Water, Rice, Rose Band, Sugar, Organic Sop Base (Water, Whole Organic Sopheans), Sop Protein Isolate (Spi) Protein Isolate, Soy Isoland, Naharil Awalia Barow on thom Patusard Hauser, Caragemen), Fair Few Vanila Facers (Part Wallan Facers (Vanil Sim Minis, Sugar, Whey, 25 or Jess of Natural Rhows, Corn Syrup, Lactic Acid, Vinegar, Whey Protein Concentrate, Monor- and Digiverides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Anasto Entral (Color, Cultures), Lex Machine Geren Tee (LIDIS Tenda Green Tee).	Contains Milk, Soy.
Matcha Green Tea Blast** Smoothie, Medium	380	0	0	0	0	0	180	82	1	76	12	60	0	25	8	0	0	0	0	0	50	0	0	Vanilla Soymilli (Water, Rice Sweetener (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein Isolate (Soy Protein Isolate, Soy Leothin), Rabural Vanilla Flavor with Other Natural Flavors, Carragenenn), Fat Free Vanilla Frozen Yogart (Skim Milis, Sugar, Whey, 28 or less of Natural Flavors, Carr Sprup, Lactic Acid, Vinegar, Whey Protein Concentrate, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carragenan, Annatta Estract (Gold), Cultures), Ice, Matchia Green Teal (100 K-Tencha Green Teal).	Contains Milk, Soy.
Matcha Green Tea Blast ^{as} Smoothie, Small	260	0	0	0	0	0	125	56	1	52	8	60	0	15	8	0	0	0	0	0	50	0	0	Vanilla Soymilk (Water, Rice Sweetener (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein Isolate (Soy Protein Isolate, Soy Leichin), Rabural Vanilla Flavor with Other Natural Flavors, Carragenenn), Fat Free Vanilla Frozen Yogurt (Skim Milis, Sugar, Whey, 28 or less of Natural Flavors, Core, Yogur, Lack Leid, Villegar, Whey Protein Concentrate, Monos- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carragenena, Annatto Extract (color), Cultures), Ice, Matcha Green Tea (100% Teicha Green Tea).	Contains Milk, Soy.
Matcha Green Tea Powder Boost	5	0	0	0	0	0	0	0	0	0	0	30	0	0	0						25	0	0	Matcha Green Tea (100% Tencha Green Tea).	
Matcha Green Tea, 8 fl oz	30	5	0	0	0	0	10	3		0	3		4	2	10			0	0	0	276	0	0	Matcha Green Tea (Water, Matcha Green Tea [100% Tencha Green Tea]).	
Matcha Over Ice + Agave, Large	90	10	1	0	0	0	30	13	8	5	6	690	10	8	20	0	0	0	0	0	634	0	0	Matcha Green Tea (Water, Matcha Green Tea [100% Tencha Green Tea]), Ice, Organic Agave.	
Matcha Over Ice + Agave, Medium	70	5	1	0	0	0	20	11	6	5	5	540	8	6	15	0	0	0	0	0	495	0	0	Matcha Green Tea (Water, Matcha Green Tea [100% Tencha Green Tea]), Ice, Organic Agave.	
Matcha Over Ice + Agave, Small Matcha Over Ice w/Sweet Cloud Whip Foam, Large	70	5 40	0.5 4.5	3	0	0	20 35	20	7	8	6	460 620	8	10	20	4	50	0	4	0	420 565	0	0	Matchs Geren Tes (Water, Matchs Green Tes [1005 Tenchs Green Tes]], tec, Organic Agave. Matchs Geren Tes (Water, Matchs Geren Tes [1005 Tenchs Green Tes]], tec, Cooreily Gram (Detmik (Water, Oats, 2% or less of Low Erucic Acid Repersed Oil, Dipotassium Phosphate, Calcidum Carbonate, Tricialcium Phosphate, Sea Salt, Dicalcium Phosphate, Reboffsen, Vitarrin AJ, Vitarrin DJ, Vitarrin BJJ, Concorn Whip (Filmer Water, Organic Cooreil), Organic Fallogos, Syrup, Organic Canes (sugar, Pea Portein, Gereil, Smith), Gereilin, Swithon Gome,	Contains Coconut.
Matcha Over Ice w/Sweet Cloud Whip Foam, Medium	140	45	5	4	0	0	35	20	6	9	4	470	6	10	15	4	70	0	4	0	425	0	0	Natural Rivorij), Organic Agove. Marku's Gerea Teig Alviter, Marku Marku Green Teig], Ike, Cocowhip Foam (Oatmik (Water, Oats, 2% or less of Low Erucic Acid Rapeseed Oil, Dipotassium Phosphate, Calcium Curbonate, Trickcium Phosphate, Sea Stil, Dicaticum Phosphate, Rivolitavin, Vatamin DJ, Vatamin BJJJ, Cocomot While Fillered Water Orbanic Cocomot Oli Coreain Foatogo Svruou Coreann Can Essay. Rep Parties, Grauf Guille, 2018.	Contains Coconut.
Matcha Over Ice w/Sweet Cloud Whip Foam, Small	130	45	5	4	0	0	30	19	5	9	4	390	6	10	10	4	70	0	4	0	350	0	0	Natural Flavori), Organic Agive. Match Green Tea (Water, Matcha Green Tea) [100% Tencha Green Tea], i.e., Cocowhip Foam (Ostmilk (Water, Oats, 2% or less of Low Erucic Acid Rapeseed Oil, Opleatosum Phosphate, Calcium Chrisonate, Tricalcium Phosphate, Seb (Edicium Phosphate, Raborllavin, Vitarini D.Z., Vitarini D.Z., Vitarini D.Z., Coconat Whip (Filiered Water, Organic Coconat Oil, Organic Tapioca Syrup, Organic Cane Sugar, Pea Protein, Guar Gum, Sunflower Lecithin, Xanthan Gum, Natural Falvori), Cognic Ageve.	Contains Coconut.
Matcha Over Ice, Large	60	10	1	0	0	0	30	7	7	0	5	620	8	8	20	0	0	0	0	0	562	0	0	Matcha Green Tea (Water, Matcha Green Tea [100% Tencha Green Tea]), Ice.	
Matcha Over Ice, Medium	45	5	0.5	0	0	0	20	5	5	0	4	460	6	6	15	0	0	0	0	0	421	0	0	Matcha Green Tea (Water, Matcha Green Tea [100% Tencha Green Tea]), Ice.	1
Matcha Over Ice, Small	30	5	0	0	0	0	15	4	4	0	3	310	4	4	8	0	0	0	0	0	281	0	0	Matcha Green Tea (Water, Matcha Green Tea [100% Tencha Green Tea]), Ice.	
Maui Mama, Large	420	20	2.5	1	0	5	25	98	4	89	3	0	160	10	6	0	2	4	2	2	0	3		Pineapple Juice, Lime Sherbet (Water, Sugar, Mills, Corn Syrup, Whey, 2% or less of Lime Juice Concentrate, Orange Pulp, Lime Oil, Natural Flavor, Cream, Citric Acid, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Turmeric Extract (color)], Frozen Strawberries, Ice, Frozen Pineapples.	
Maui Mama, Medium	310	15	1.5	1	0	5	20	72	3	65	2	0	120	8	4	0	2	4	2	2	0	2		Pineapple Julice, Lime Sherbet (Water, Sugar, Mills, Corn Syrup, Whey, 2% or less of Lime Buice Concentrate, Drange Pulp, Lime Oil, Natural Flavor, Cream, Ciric Acid, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Turmeric Extract [color]), Frozen Strawberries, Ice, Frozen Pineapples.	
Maui Mama, Small	220	10	1	0.5	0	5	15	53	2	47	1	0	80	4	2	0	0	2	2	0	0	1.5		Pieeapple Juice, Lime Sherbet (Water, Sugar, Mills, Corn Syrus, Wilhey, 2% or less of Lime hizer Concentrate, Orange Pulp, Lime Oil, Natural Flavor, Cream, Citric Acid, Mono. and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Turmeric Estract [color]], Frozen Strawberries, Ice, Frozen Pieeapples.	
Mega Mango™ Smoothie, Large	330	10	1	0	0	0	10	80	6	71	4	140	300	6	6	0	10	10	8	2	0	3.5	0	Pineapple Juice (Pineapple Juice [from concentrate], Natural Flavor), Orange Juice (from concentrate), Frozen Mangos, Frozen Strawberries, Ice.	
Mega Mango™ Smoothie, Medium	280	5	1	0	0	0	10	69	5	62	3	120	240	6	4	0	10	8	8	2	0	3	0	Pineapple Juice (Pineapple Juice (from concentrate), Natural Flavor), Orange Juice (from concentrate), Frozen Mangos, Frozen Strawberries, Ice.	
Mega Mango™ Smoothie, Small	190	5	0.5	0	0	0	5	46	3	41	2	80	160	4	4	0	6	6	4	2	0	2	0	Pineapple Juice (Pineapple Juice (from concentrate), Natural Flavor), Orange Juice (from concentrate), Frozen Mangos, Frozen Strawberries, Ice.	
Merry Orange Cranberry Smoothie, Large	780	70	8	7	0	10	65	167	1	130	2	2	110	10	4	0	100	2	2	0	0	1	0	Drange Juice (from concentrate), Orange Cramberry Flavored Base (Water, Sugar, Cramberry Juice Concentrate, Corn Starch, Orange Juice Concentrate, Citric Acid, Fruit and Vegetable Juice (For color), Locust Bean Gim, Natural Flavors), Orange Sherbet (Water, Sugar, Mill, Corn Syrup, Whey, 2% or less of Orange Juice Concentrate, Orange Puin, Crampe (Or, Cerm, Circh Acid, Moran and Diglycerice), Locust Bean Gim, Giardin, Carning Carning, Carning Control, Cornell Co	Contains Coconut, Milk.

~jam	

																•									Juliou
Menu Item	Total Calories	Calories from Fat (kcal)	Total Fat (g)	Sat. Fat (g)		Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vítamin E (%DV)	Vitamin B1 (%DV)	Vitamin B2 (%DV)	Zinc (%DV)	Caffeine (mg)	Servings of Fruit	Servings of Vegetables	Fulsome Ingredient List	Allergens
Merry Orange Cranberry Smoothie, Medium	580	70	8	7	0	5	50	121	1	95	2	2	80	10	2	0	100	2	2	0	0	0.5	0	Orange Juice (from concentrate), Orange Cranberry Flavored Base (Water, Sugar, Cranberry Juice Concentrate, Corn Starch, Orange Juice Concentrate, Card Starch, Orange Juice Concentrate, Ctric Acid, Fruit and Vegetable Juice (Flor color), Locust Bean Gium, Instural Flavoris, Orange Sherbel (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Orange Juice Concentrate, Orange Pulp, Orange Or, Crema, Citric Acid, Mono-and Digiplercifes, Count Bean Gium, Gaird Gium, Carganeria, Annatio Extract (Goolin), Loc., Coccount Whip (Filtered Water, Organic Coconut Ol), Organic Tapioca Syrup, Organic Cane Sugar, Pea Protein, Guar Gium, Surfilower Lecthin, Xanthan Gium, Natural Flavori.	Contains Coconut, Milk
Merry Orange Cranberry Smoothie, Small	410	60	7	6	0	5	35	85	0	65	1	0	50	6	2	0	100	0	0	0	0	0.5	0	Orange liske (from concentrate, Orange Crasherry Revored Base (Water, Sagar, Camberry Juice Concentrate, Corn Starch, Orange liske Concentrate, Crist Add, Fruit and Vegetable Juice (for coby), Locust Bean Gum, Natural Rilvors), Orange Sherbet (Water, Sugar, Milik, Corn Syrup, Whey, 2 for eles of Orange Juice Concentrate, Orange Polp, Orange Of, Cream, Crist Add, Mano- and Diglycerfeld, Locust Bean Gum, Guar Gum, Grangerena, Amantto Estate (color)), lec, Coconni While (Fittered Water, Organic Coconnol Ol), Organic Tapiota Syrup, Organic Cane Sugar, Pea Protein, Guar Gum, Suriflower Lechim, Xanthan Gum, Natural Rarow.	Contains Coconut, Milk
Merry Orange Cranberry Smoothie, Without Cocowhip, Large	700	25	2.5	1.5	0	10	65	156	1	125	2	2	110	10	4	0	0	2	2	0	0	1	0	Orange Jusic (from concentrate), Orange Crasherry Flavored Base (Water, Sugar, Camberry Juice Concentrate, Corn Starch, Orange Juice Concentrate, Chris Add, Fruit and Vergabe Juice (For Corn Louis Elea Guns, Martal Plavors), Orange Patrier (Water, Sugar, Mis, Corn Syrus, Myshe, Sor less of Orange Juice Concentrate, Orange Pulp, Orange Ol, Cream, Citric Acid, Monn- and Dighycerides, Locust Bean Guns, Guar Gum, Carrageenan, Annatto Extract (color)], ice.	Contains Milk.
Merry Orange Cranberry Smoothie, Without Cocowhip, Medium	490	20	2	1.5	0	5	50	110	1	90	2	2	80	10	2	0	0	2	2	0	0	0.5	0	Orange have (from concentrate,) Drange Camberry Raword Base (Water, Sugar, Camberry Jaice Concentrate, Corn Starch, Orange Jaice Concentrate, Christ, Affr. Furth and Vegebale Jaice (For Osciel, Drange Dale Concentrate, Christ, Affr. Furth and Vegebale Jaice (For Osciel, Drange Dale Concentrate, Orange Palp, Orange Old, Cream, Citric Acid, Mono- and Dight certifies, Locust Beam Guar, Guar Gum, Guar Gum, Christ Gard, Mono- and Dight certifies, Locust Beam Gum, Guar Gum, Christ Gurtal, Colori), Ice.	Contains Milk.
Merry Orange Cranberry Smoothie, Without Cocowhip, Small	330	15	1.5	1	0	5	35	74	0	60	1	0	50	6	2	0	0	0	0	0	0	0.5	0	Orange have (from concentrate,) Drange Camberry Raword Base (Water, Sugar, Camberry Jaice Concentrate, Corn Starch, Orange Jaice Concentrate, Christ, Aff, Furth and Vegebal Joice (For Oscil), Locust Bean Gum, Martin Havous), Carnge Sherber (Water, Sugar, Mike, Corn Syru, Miver, Sor less of Orange Jaice Concentrate, Orange Pulp, Orange Oli, Cream, Citric Acid, Mono- and Dighycerides, Locust Bean Gum, Guar Gum, Carrageenan, Annato Extract (color)), lete.	Contains Milk.
Mixed Berry Flavored Grape Juice Blend, 8 fl oz	140	0	0	0	0	0	20	33	0	32	0	0	2	2	0	0	0	0	0	0	0	1	0	Mixed Berry Flavored Grape Juice Blend (Grape Juice [from concentrate], Pear Juice [from concentrate], Blueberry Juice [from concentrate], 2% or less of Cherry Juice [from concentrate], Strawberry Juice [from concentrate], Maic Acid, Natural Flavor].	
National Smoothie Day, Mystery Smoothie, Large	510	25	25	25		10	75	117		105		0	10	15	,		2	,				2		Mixed Berry Flavored Grape Juice Blend (Grape Juice [from concentrate], Pear Juice [from concentrate], Blueberry Juice [from concentrate], 2% or less of Cherry Juice [from concentrate], Stander Juice [from concentrate], Milk Acid, Natural Flavor), Raspberry Sherbeit (Water, Sugar, Milk, Con Syrup, Wiley, Sim Milk, 2% or less of Raspberrey, Buezo Concentrate, Natural Flavor, Cream, Citric Acid, Mono- and Digitycrides, Locust Bean Gum, Guar Gum, Tara Gum, Carragenen, Red Beet Estract Gooff, Lozante Globa, Annatio Estract (colin), Ex-Pozer Buberley, Red Colon, Claramed Colon, Annatio Estract (colon), Ex-Pozer Buberley, But Part Gum, Carragenen, Red Beet Estract Gooff, Lozante Globa, Annatio Estract (colon), Ex-Pozer Buberley, But Part Gum, Carragenen, Red Beet Estract (colon), Lozante Globa, Annatio Estract (colon), Ex-Pozer Buberley, But Part Gum, Carragenen, Red Beet Estract (colon), Lozante Globa, Annatio Estract (colon), Ex-Pozer Buberley, But Part Gum, Carragenen, Red Beet Estract (colon), Lozante Globa, Annatio Estract (colon), Ex-Pozer Buberley, But Part Gum, Carragenen, Red Beet Estract (colon), Lozante Globa, Annatio Estract (colon), Experimental Colon, Annatio Estract (colon), Red Carragener, Red Carrage	Contains Milk.
National Smoothie Day, Mystery Smoothie, Medium	410	25	3.3	,	0	10	60	97	1	92	1	0	10	10	,	0	,	,	,			1.75	n	The doubt. Let agreement, nee deer texture; cound; colamine cound, minima to state; closely, it, ex riccer is superiors. Mixed Berry Flavored Grape Luice Blend (Grape Juice [from concentrate], Pear Juice [from concentrate], Blueberry Juice [from concentrate], 2% or less of Cherry Juice [from concentrate], Stamburg Flavored, Rappherry Juice [from concentrate], 2% or less of Cherry Juice [from concentrate], Stamburg Flavored, Rappherry Juice [from concentrate], Statural Flavor, Rappherry Juice [from concentrate], 2% or less of Rappherry Juice [from concentrate], Natural Flavor, Cream, Citric Acid, Mono- and Digitycrides, Locust Bean Gurn, Guar Gum, Tara Gum, Caragenegan, Red Beet Extract Good; Locante Globa, Annato Extract (Local), Ex-Prose Buberter, Red Lectured, Local State (Local), Red Lectured, R	Contains Milk.
National Smoothie Day, Mystery Smoothie, Small	410	20					45	32		63			10		,							1.73		Miked Berry Flavored Grope Livice Blend (Grape Livice Bron concentrate), Peur Juice (from concentrate), Blueberry Juice (from concentrate), Strawberry Juice (from concentrate), Blueberry Juice (from concentrate), Strawberry Juice (from concentrate), Blueberry Juice (from concentrate), Strawberry Juice (from concentrate), Blueberry Juice (from concentrate), Strawberry Juice (from concentrate), Blueberry Juice	Contains Milk.
Non-fat Greek Yogurt Boost	40	0	0	0	0	0	30	3	0	2	7	0	0	8	0	-			-		0	0	0	Nonfat Greek Yogurt (Cultured Nonfat Milk).	Contains Milk.
Oatmeal	150	20	2	0	0	0	20	28	3	5	5	0	2	8	0	0	0	0	0	0	0	0	0	Steelcut Oatmeal (Water, Organic Steel-Cut Oats, Soymilk Concentrate (Water, Rice Sweetener (Water, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein Isolate (Soy Protein Isolate, Soy Lecithin), Natural Vanilla Flavor with Other Natural Flavors, Carrage	Contains Soy.
Oatmilk Frozen Dessert, Blue Scoop	100	45	5	4.5	0	0	0	13	1	9	1			0	2						0	0	0	Oatmilk Frozen Dessert (Oatmilk [Filtered Water, Whole Oat Flour], Cane Sugar, Coconut Oil, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum).	Contains Coconut.
Oatmilk Frozen Dessert, Green Scoop	120	60	6	6	0	0	0	16	1	11	1			0	2						0	0	0	Oatmilk Frozen Dessert (Oatmilk [Filtered Water, Whole Oat Flour], Cane Sugar, Coconut Oil, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum).	Contains Coconut.
Oatmilk Frozen Dessert, Red Scoop	60	25	3	2.5	0	0	0	8	0	5	0			0	0						0	0	0	Oatmilk Frozen Dessert (Oatmilk [Filtered Water, Whole Oat Flour], Cane Sugar, Coconut Oil, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum).	Contains Coconut.
Outmilk, 8 fl oz	120	45	5	0.5	0	0	110	18		7	2		0	30	6				30		0	0	0	Ostmik ([FiRered Water, Ost Concentrate), Sunflower OII, Vitamin and Mineral Blend (Calcium Carbonate, Vitamin A Palmitate, Vitamin D.2, Riboflowin (8.2), Vitamin B.12), Dipotassium Phosphate, Ses Salt, Gellan Gium, Locus Bean Gium, Sodium Accorbate (Vitamin G.), Accorbic Acid and Vitamin E (to protect Frienhers), Matural (1997 of (Witter), Galz, Sori ess of Low Track Acid Rapeseed OII, Dipotassium Phosphate, Calcium Carbonate, Tricalcium Phosphate, Ses Salt, Dicalcium Phosphate, Riboflowin, Vitamin A, Vitamin D2, Vitamin B12]).	
Off The Eaten Path Chickpea Veggie Chip	130	40	4.5	0	0	0	150	18	3	2	4			4	4	0					0	0	0	Chickpea Veggie Crisps, Rice, Chickpeas, Peas, Black Beans, Rice Flour, Chickpea Flour, Dried Green Peas, Sunfower Oil, Dried Black Beans, Dried Purple Sweet Potato, Cane Sugar, Sea Salt, Calcium Lactate, Salt, Vegetable Juice (Color), and Mixed Tocopherols (Antioxidant).	
Off The Eaten Path Rosemary + Olive Oil Hummus Chip	130	45	5	0.5	0	0	170	18	2	1	3			2	4	0					0	0	0	Hummus Crisps, Rosemary & Olive Oll, Chickpea Flour, Rice Flour, Sunfower Oll, Organic Mahdedstrin (Made from Corn.), Sea Salt, Spices ((Including Oreganic Rosemary, and Thyme), Sugar, Natural Flowers, Organic Butter (Ire	Contains Milk.
Orange Carrot Twist™ Juice, Large	350	15	2	0	0	0	270	82	12	55	7	1290	400	15	10	0	15	45	20	8	0	1.5	3	Fresh Orange Juice, Fresh Juiced Carrot.	
Orange Carrot Twist™ Juice, Medium Orange Carrot Twist™ Juice, Small	280	15	_	0		0	210	64	9	43	5	1010	310		8	0	10	35		6	0	1.5	2.5	Fresh Orange Juice, Fresh Juiced Carrot. Fresh Orange Juice, Fresh Juiced Carrot.	
Orange C-Booster ¹¹⁵ Smoothile, Large	400	20		1		5	30	90	3	76	4	740	360	10	25	100	80	90	90	30	0	2.5	0	or Team Urange Julez, "Perh Julezee Larinst. Orange Julez (from concentrate), Orange Sherhet (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Orange Julez Concentrate, Orange Pulp, Orange Oil, Cream, Citric Acid, Mono- and Delycerides, Looust Beam Gum, Guar Gum, Tara Gum, Carrageenan, Annatio Estrast (color)), Forcen Peaches, Lee, Frose Asamans (Ascorbe And and Joc Citric Acid), Witamin E (2 Note Old Maldoderin, Pinnapeain Penbaphat, Ocacidam Phosphate Andrybours, Calcium Lactate Glucorate, Vitamin C (Ascorbe Acid), Vitamin E (10 Apiba Teocophery Acetate), Best Carotere, Gontains soy), Botin, Naich, Iron (III) Pyrophosphate, Zerc Cstrare, Pensthelmen Acid Calcium Pensthelment Pens	Contains Milk, Soy.
Orange C-Booster** Smoothie, Medium	310	15	2	1	0	5	25	71	3	59	3	200	300	10	25	100	80	90	90	30	0	2	0	Orange Juice (from concentrate), Orange Sherbet (Water, Sugar, Mills, Corn Syrup, Whey, 2% or less of Orange Juice Concentrate), Orange Pulp, Orange Oil, Cream, Citric Acid, Munor- and Dighrendes, Locust Beam Sum, Guar Gum, Tara Gum, Carrageeman, Amento Estras (closif), Froten Peaches, Loc, Frosan Amanus (Acordos, And and Joic Citric Acid), July Yateman's Area (Social Madoceters, Integreeum), Amento Estras (closif), Froten Peaches, Loc, Frosan Amanus (Acordos, Andread Carlos), July Yateman's Area (Social Madoceters, Integreeum), Production (Carlos), Andread (Carl	Contains Milk, Soy.
Orange C-Booster ¹¹⁵ Smoothie, Small	230	10	1.5	0.5	0	5	15	52	2	43	2	200	270	8	25	100	80	90	90	30	0	1.5	0	Orange Juke (Tom concentrate), Crange Sherbett (Water, Sugar, Mills, Corn Syrup, Whey, 21k or les of Orange Juke Concentrate, Orange Pulp, Orange Oil, Cream, Citir Acid, Manno and Digherdies, Locust Bean Sum, Guar Gum, Tara Gum, Carrageerana, Annatio Estrate (color)), Frotein Peaches, Lee, Frotein Estables, Lee, Frotein Estables, Lee, Frotein Estables, Carrage Oil, Cream, Citir Carrage, Annatio Estables, Carrage Oil, Cream, Carrage Carrage, Carrage, Carrage Carrage, Carrag	Contains Milk, Soy.
Orange Dream Machine* Smoothie, Large	530	25	2.5	1.5	0	10	160	116	0	108	9	2	90	25	6	0	0	2	2	0	0	1	0	Congo Jucke (From concentrate), Change Sherhet (Water, Suger, Milk, Corn Sirvuy, Whey, 2% or less of Change Juice Concentrate, Change Puli, Change Coll, Cream, Clinic Acid, Monor-and Dighycrefes Locust Beam Gum, Gard Gum, Tara Gum, Canageman, Annatot Extract (circlin), Vasilia Sarray (Sarray (Sarray Sarray Sarray Sarray Sarray Sarray (Sarray Sarray Sarray Sarray Sarray Sarray Sarray Sarray Sarray (Sarray Sarray	Contains Milk, Soy.

~jam	

																									Janoa
Menu Item	Total Calories	ies from Fat (kcal)	Total Fat (g)	Sat. Fat (g)	ons Fat (g)	lesterol (mg)	Sodium (mg)	Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	min A (%DV)	ımin C (% DV)	Calcium %DV	Iron (%DV)	min D (%DV)	ımin E (%DV)	min B1 (%DV)	min B2 (%DV)	Zinc (%DV)	Caffeine (mg)	vings of Fruit	gs of Vegetables	Fulsome Ingredient List	Allergens
	P	lorie	ř	, s	F	GP CP	So	tal C	Die	•,		Zi Zi	Vita	3	-	Vita Vita	ž,	X Kai	Vita	z	3	Seri	ž,		
Orange Dream Machine* Smoothie, Medium	420	20	2	1.5	0	5	115	91	0	85	7	2	80	20	4	0	0	2	2	0	0	0.5	0	Orange Juice (from concentrate), Orange Sherbet (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Orange Juice Concentrate, Orange Pulg, Orange Oil, Cream, Clirk Acid, Mono- and Digiverides, Leoust Beam Gum, Guar Gum, Tara Gum, Carrageeman, Annatio Catrast (clorif); Varilla Syronyik, World Syronyik	Contains Milk, Soy.
Orange Dream Machine* Smoothie, Small	300	10	1.5	1	0	5	90	65	0	61	5	0	50	15	4	0	0	0	0	0	0	0.5	0	Gonga Live (from concentrate), Orange Sherbert (Maret, Sugar, Mill, Corn Spring, Whey, 28 or less of Graege Livis Concentrate, Orange Dill, Crange Coll, Cram, Cliric Acid, Mino- and Delgyrotete, Locosa Shen Gun, Gun Goum, Tran Gun, Crangenean, Annato Estract (colls), Vismils Somely Moster, Rice See Construction (1), Vismils Corn Spring, Copy Shee (Water, Whole Organic Sopheam), Soy Protein Isolate (Soy Protein Isolate, Soy Locosa), Soy Availa Flavor with Other Astural Flavors, Crangeenin, Flat Flave With Colls (Mills, Sugar, Whey Scot less of Mattaul Flavors, Cran Syrug, Laste Acid, Vinegar, Whey Protein Concentrate, Mono- and Delgycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Annato Estract (color), Cultures), Ice.	Contains Milk, Soy.
Orange Ginger Cayenne Shot	25	0	0	0	0	0	0	5	0	3	0	2	25	0	0	0	0	2	0	0	0	0	0	Fresh Orange Juice, Fresh Juiced Ginger, Cayenne Pepper.	
Orange Juice, 8 fl oz Orange Sherbet, Blue Scoop	110	0	0	0	0	0	10	25		25	1		40	0	0			0	0	0	0	1	0	Orange Juice (from concentrate). Orange Sherbet (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Orange Juice Concentrate, Orange Pulp, Orange Oil, Cream, Citric Acid, Mono- and	Contains Milk
	50	5	0.5	0	0	0	10	12	0	11	0			2	0						0	0	0	Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Annatto Extract [color]).	C
Orange Sherbet, Green Scoop Orange Sherbet, Red Scoop	70	5	0	0.5	0	5	10	15 8	0	14 7	0			2	0						0	0	0	Orange Sherbett Water, Sugar, Milk, Corn Sprug, Withey, 25 or less of Orange Julice Concentrate, Orange Pulp, Orange Oil, Cream, Cliric Acid, Monto- and Digeocriedes, Locate Bean Gim, Gaur Gum, Tara Gim, Craragement, Annatio Extract (Color)). Orange Sherbett Water, Sugar, Milk, Corn Sprug, Withey, 25 or less of Orange Livice Concentrate, Orange Pulp, Orange Oil, Gream, Cliric Acid, Monto- and Digeocriedes, Locate Bean Gim, Gaur Gim, That Gim, Carragement, Annatio Extract (Color).	Contains Milk. Contains Milk.
Orange Supreme™ Juice, Large	350	15	1.5	0	0	0	125	85	9	56	5	560	240	10	8	0	6	25	15	4	0	1.5	1.5	Fresh Orange Juice, Bananas, Fresh Juiced Apple, Fresh Juiced Carrot, Ice.	
Orange Supreme™ Juice, Medium	300	10	1	0	0	0	85	74	7	49	4	370	190	8	6	0	4	20	15	4	0	2	2	Fresh Orange Juice, Bananas, Fresh Juiced Apple, Fresh Juiced Carrot, Ice.	
Orange Supreme™ Juice, Small	240	10	1	0	0	0	80	59	6	39	3	370	180	6	6	0	4	20	10	4	0	2.5	3	Fresh Orange Juice, Bananas, Fresh Juiced Apple, Fresh Juiced Carrot, Ice.	
Organic Agave, Topping PB + Banana Protein (Pea) Smoothie, Large	25	0	0	0	0	0	0	5	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	Organic Agave. 2% Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Peanut Butter (Peanuts, Salt), Pea Protein	Contains Milk, Peanut.
PB + Banana Protein (Pea) Smoothie, Medium	710 550	300 220	34	8	0	25	500	72 57	7	51 41	42 36	15	15 15	50 45	30	0	20 15	2	6	2	0	1	0	Boost (Pea Protein Powder), Honey. 2% Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid). Peanut Butter (Peanuts, Salt), Pea Protein	Contains Milk, Peanut.
PB + Banana Protein (Pea) Smoothie, Small			-	-																				Boost (Pea Protein Powder), Honey. 2% Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid). Peanut Butter (Peanuts, Salt), Pea Protein	Contains Milk, Peanut.
	480	200	23	5	0	15	390	43	5	30	33	8	10	35	30	0	15	2	4	0	0	1	0	Boost (Pea Protein Powder), Honey.	
PB + Banana Protein (Soy) Smoothie, Large	700	300	33	8	0	25	310	70	7	49	41	0	15	40	8	0	20	2	6	2	0	1	0	2% Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Peanut Butter (Peanuts, Salt), Soy Protein Isolate, Honey.	Contains Milk, Peanut, Soy.
PB + Banana Protein (Soy) Smoothie, Medium	530	210	23	6	0	20	220	54	5	39	35	0	15	30	6	0	15	2	4	2	0	0.5	0	2% Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Peanut Butter (Peanuts, Salt), Soy Protein Isolate, Honey.	Contains Milk, Peanut, Say.
PB + Banana Protein (Soy) Smoothie, Small	460	200	22	5	0	15	190	41	5	28	32	0	10	25	6	0	15	2	4	0	0	0.5	0	2% Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Peanut Butter (Peanuts, Salt), Soy Protein Isolate, Honey.	Contains Milk, Peanut,
PB + Banana Protein (Whey) Smoothie, Large	830	310	35	9	0	100	370	91	7	68	51	15	15	50	10	0	20	2	6	2	0	1	0	28 Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Peanut Butter (Peanuts, Salt), Whey Protein Boost (Whey Protein Concentrate. Sov Letithin). Honey.	Contains Milk, Peanut,
PB + Banana Protein (Whey) Smoothie, Medium	650	220	25	7	0	95	290	71	5	53	44	15	15	45	8	0	15	2	4	2	0	0.5	0	2% Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Peanut Butter (Peanuts, Salt), Whey	Contains Milk, Peanut,
PB + Banana Protein (Whey) Smoothie, Small					-																			Protein Boost (Whey Protein Concentrate, Soy Lecithin), Honey. 2% Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Peanut Butter (Peanuts, Salt), Whey	Soy. Contains Milk. Peanut.
PB Chocolate Love™ Smoothie, Large	560	210	23	6	0	90	260	53	5	38	42	10	10	40	8	0	15	2	4	0	0	0.5	0	Protein Boost (Whey Protein Concentrate, Soy Lecithin), Honey. 2% Milk (Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Chocolate Moo'd Dairy Base Powder	Soy. Contains Milk, Peanut.
PS CHOCOlate Lave Smoothie, Large	820	310	34	9	0	30	380	113	10	83	30	15	25	60	15	0	20	4	8	2	0	1	0	(Sugar, Cocoa (Processed With Alkali), Nonfat Dry Milk, Whey, Guar Gum, Natural Flavor), Peanut Butter (Peanuts, Salt).	Contains wilk, Feariut.
PB Chocolate Love™ Smoothie, Medium	670	220	25	7	0	25	300	99	8	75	23	15	20	50	15	0	15	2	6	2	0	1	0	2% Milk (Reduced Fat Milk, Vitamin A Palmikate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Chocolate Moo'd Dairy Base Powder (Sugar, Cocoa [Processed With Alkal], Nonfat Dry Milk, Whey, Guar Gum, Natural Flavor), Peanut Butter (Peanuts, Salt).	Contains Milk, Peanut.
PB Chocolate Love™ Smoothie, Small	430	130	14	4.5	0	20	200	68	5	53	15	10	15	35	8	0	6	2	4	2	0	0.5	0	2% Milk (Reduced Fat Milk, Vitamin A Palmikate, Vitamin D3), Ice, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Chocolate Moo'd Dairy Base Powder (Sugar, Cocoa [Processed With Alkal], Nonfat Dry Milk, Whey, Guar Gum, Natural Flavor), Peanut Butter (Peanuts, Salt).	Contains Milk, Peanut.
Pea Protein Boost	45	5	0.5	0	0	0	100	1	0	1	9			6	10	0					0	0	0	Pea Protein Boost (Pea Protein Powder).	
Peach Flavored Pear Juice Blend, 8 fl oz	45	5	0.5	0	0	0	100	1	0	1	9			6	10	0					0	0	0	Pea Protein Boost (Pea Protein Powder).	
Peach Perfection™ Smoothie, Large	360	5	1	0	0	0	40	88	5	76	ж	100	130	6	10	0	10	8	6	2	0	3.5	0	Peach Flavored Pear Juice Biend (Pear Juice [from concentrate], White Grape Juice [from concentrate], Peach Juice [from concentrate], Malic Acid, Natural Flavor), Pear Apple Juice Biend (Pear Juice [from concentrate], Apple Juice [from concentrate], Natural Flavor, Strawberry Puree), Frozen Mangos, Frozen Peaches, Frozen Strawberries, Ice.	
Peach Perfection™ Smoothie, Medium	310	5	0.5	0	0	0	35	76	4	66	ж	90	100	6	10	0	10	6	6	2	0	3	0	Peach Flavored Pear Juice Blend (Pear Juice (from concentrate), White Grape Juice (from concentrate), Peach Juice (from concentrate), Malic Acid, Natural Flavor), Frozen Mangos, Frozen Peaches, Pear Appie Juice Blend (Pear Juice (from concentrate), Appie Juice (from concentrate), Natural Flavor, Strawberry Puree), Ice, Frozen Strawberries.	
Peach Perfection™ Smoothie, Small	200	5	0	0	0	0	25	51	3	44	2	60	70	4	6	0	6	4	4	2	0	2	0	Peach Flavored Pear Juice Blend (Pear Juice (from concentrate), White Grape Juice (from concentrate), Peach Juice (from concentrate), Malic Acid, Natural Flavor), Frozen Mangos, Frozen Peaches, Pear Apple Juice Blend (Pear Juice (from concentrate), Apple Juice (from concentrate), Natural Flavor, Strawberry Purce), Lee, Frozen Strawberries.	
Peanut Butter Boost	100	80	9	1.5	0	0	55	4	1	1	4	0	0	2	2		6				0	0	0	Peanut Butter (Peanuts, Salt).	Contains Peanut.
Peanut Butter Moo'd* Smoothie, Large	940	260	29	6	0	10	420	146	7	124	31	6	8	50	15	0	20	2	2	0	0	0.5	0	Fair Free Vanilla Frozen Yogurt (Skim Milli, Sugar, Wine, 2; Kor less of Natural Rivors, Corn Syrup, Latck Acid, Vinegar, Withey Protein Concentrate, Mono- and Oppleprindes, Locator Bean Gum, Gaur Gum, Tras Gum, Carragemen, Annatio Carter (Lober), Culturely, Marilla Sorgemit (Water, Rice Seventeer) Witter, Rice, Rice Bean, Sugar, Organic Soy Bean (Water, Whole Organic Soybeans), Soy Protein Holder (Soy Protein Holder), Soy Lechini, Natural Vanilla Fairov, Carrageman) 25. Milk (Reucked F Adill's, Marinn A Pointhack, Water), Sig., Ery Grann Ramanic, Accorda Acid and Cyric Carter, A Pointhack, Water (Soybeans), Soy Protein Holder), Soybean, Soybe	Contains Milk, Peanut, Soy.
Peanut Butter Moo'd* Smoothie, Medium	730	180	20	4.5	0	10	330	120	5	103	23	6	8	45	15	0	15	0	2	0	0	0.5	0	Far Free Varial Forces Vogan (Elan Mill., Sagar, Whey, 2'Kor less of Habrad Rievor, Care Syrup, Latel, Add, Vreege, Whey Potent Concentrate, Anno-an Objectiveds, Locate Dates Grom, Grant Grom, Caragerena, Analist Cotast Color, Cloures), Varials Soynik (Water, Rie-Sweeterner (Water, Rie- Special Sogar, Caragerena), 25 Mills (Rescueded & Mills, Vigantia), Say Poten Lidder (Sc. abuser), Say Riemann, Caragerena, 128 Mills (Rescueded & Mills, Vigantia), Say Poten Lidder (Sc. abuser), Say Riemann, Caragerena, 128 Mills (Rescueded & Mills, Vigantia), A Pointiale, Vigantia, Say Caragerena, 128 Mills (Rescueded & Mills, Vigantia), A Pointiale, Vigantia, Say Caragerena, 128 Mills (Rescueded & Mills, Vigantia), A Pointiale, Vigantia, Say Caragerena, 128 Mills (Rescueded & Mills, Vigantia), A Pointiale, Vigantia, Say Caragerena, 128 Mills (Rescueded & Mills, Vigantia), Say Caragerena, 128 Mills (Rescueded	Contains Milk, Peanut, Soy.
Peanut Butter Moo'd* Smoothie, Small	450	90	10	2.5	0	5	200	77	3	67	14	2	4	25	8	0	6	0	2	0	0	0	0	Fa Free Wanila Foren Yagun (Elam Mill. Sagar, When, 2-Kor Jess of Natural Theors, Corn Sprup, Latel Acid, Vinege, Wilmy Potein Concentrals, Monto- and Opportunities, Local Deservation, Construction, Lateral, Wanila Sagar, Origanic Soy Bases (March, Whole Organic Soy Bases), Another Educated Conf. Collaboration, Charles, Wanila Sagar, Organic Soy Bases (Water, Whole Organic Soy Bases), Soy Probin Holder (Soy Potein Holder), Soy Lechini, Natural Vanilla Filanov Charles, Anderson (Soy Bases), Soy Probin Holder (Soy Potein Holder), Soy Lechini, Natural Vanilla Filanov, Canador (Soy Bases), Soy Probin Holder (Soy Potein Holder), Soy Lechini, Natural Vanilla Filanov, Canador (Soy Bases), Soy Lechini, Natural Vanilla Filanov, Canador (Soy Bases), Soy Lechini, Natural Vanilla Filanov, Canador (Soy Bases), Soy Lechini, Natural Filanov, Canador (Soy Bases), Soy Lechini, Natural Vanilla Filanov, Canador (Soy Bases), Soy Lechini, Natural Filanov, Canador (Soy	Contains Milk, Peanut, Soy.
Pear Apple Juice Blend, 8 fl oz	110	0	0	0	0	0	10	27		24	0		0	2	0			0	0	0	0	1	0	Pear Apple Juice Blend (Pear Juice [from concentrate], Apple Juice [from concentrate], Natural Flavor, Strawberry Puree).	
Peenya Kowlada Smoothie, Large	580	60	6	5	0	5	90	126	3	111	6	0	8	20	4	0	0	2	2	0	0	2	0	Pienespie Luice (Pinespie Luice (Tiom concentrate), Natural Flavor), Pienespie Sherbert (Mater, Sugar, Millt, Corn Syrup, Whey, 2% or less of Pienespie Luice Concentrate, Cream, Mutal'il Flevors, Citter (Add, Mon- and Bylgorides, Locost Bena Gum, Guas Gum, Tara Gum, Caragement), Erice Per Varillal Forces Yogurt (Skim Millt, Sugar, Withey, 2% or less of Natural Flavors, Carm Syrup, Lactic Acid, Vinegar, Whey Protein Concentrate, Mon- and Digitycerides, Locust dean Gum, Guar Gum, Tara Gum, Carragemen, Annatto Estract (color), Cultures), Ice, Frozen Bananss (Ascorbic Acid and/or Citric Acid), Streedded Coconut.	Contains Coconut, Milk.
Peenya Kowlada Smoothie, Medium	440	35	4	3	0	5	70	99	2	88	5	0	8	15	2	0	0	0	2	0	0	1.5	0	Piesappie Julice (Pineappie Luice (Trom concentrate), Natural Flavor), Piesappie Sherbert (Water, Supp. Milk, Corn Syrup, Whey, 2% or less of Pineappie Luice Concentrate, Crasm, Natural Flavors, Circle scid, Mono- and Digiycerides, Locust Ram Ginn, Guar Gum, Tara Gum, Carrageenan), Fat Free Vavilla Forcas Yogyur (Slam Milk, Supp., Whey, 2% or less of Natural Flavors, Corn Syrup, Latck Acid, Vinegar, Whey Protein Concentrate, Mono- and Digiycerides, Locust dean Gum, Guar Gum, Tara Gum, Carrageenan, Annatto Extract [color], Custures), Ice, Frozen Banansa (Ascorbic Acid and/or Ciric Acid), Sivedded Coconut.	Contains Coconut, Milk.

\sim	jami	ha

															.ou. op	J. Cuusi	neet 202	_							~jamba.
Menu Item	Total Calories	Calories from Fat (kcal)	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vítamin E (%DV)	Vitamin B1 (%DV)	Vitamin B2 (%DV)	Zinc (%DV)	Caffeine (mg)	Servings of Fruit	Servings of Vegetables	Fulsome Ingredient List	Allergens
Peenya Kowlada Smoothie, Small	310	30	3.5	2.5	0	5	45	67	2	59	3	0	4	10	2	0	0	0	2	0	0	1	0	Priespile Juice (Priespile Juice (Trom concentrate), Natural Flavor), Priespile Sherbet (Water, Sugar, Mills, Corn Syrup, Whey, 2% or less of Priespile Juice Concentrate, Cream, Natural Flavors, Citric Acid, Mono- and Digitocrides, Locost Bean Guin, Guar Guin, Tara Guin, Carragerena), Fat Free Varialis Torson Yogger (Sher), Mills, Sugar, Whey, 2% or less of Natural Flavors, Corn Syrup, Latter Acid, Yeage, Whey Price for Incentrate, Mono- and Objectedies, Locusti Bean Guin, Guar Guin, Tara Guin, Carragerenan, Annatto Extract (color), Custures), Ice, Frozen Bannaria (Ascorbic Acid and/or Citric Acid), Shredded Coconut.	Contains Coconut, Milk.
Pineapple Juice, 8 fl oz Pineapple Sherbet, Blue Scoop	120	0	0	0	0	0	10	30		30	1		0	0	0			0	0	0	0	1		Pineapple Juice (Pineapple Juice (From concentrate), Natural Flavor), Pineapple Juice (from concentrate). Pineapple Sherbet (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Pineapple Juice Concentrate, Cream, Natural Flavors, Citric Acid, Mono- and	Contains Milk.
Pineapple Sherbet, Green Scoop	60	5	0.5	0	0	0	10	13	0	12	0			2	0						0	0	0	Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan). Pineapple Sherbet (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Pineapple Juice Concentrate, Cream, Natural Flavors, Citric Acid, Mono- and	Contains Milk.
Pineapple Sherbet, Red Scoop	70	10	1	0.5	0	5	10	16	0	15	0			2	0						0	0	0	Dighycrides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan). Pineapple Sherbet (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Pineapple Juice Concentrate, Cream, Natural Flavors, Citric Acid, Mono- and	Contains Milk.
	35	5	0	0	0	0	5	8	0	7	0			2	0						0	0	0	Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan).	
Pink Star Smoothie, Large	550	20	2	1	0	5	150	122	3	111	8	0	130	20	8	0	2	2	2	2	0	1	0	Lemonade (Water, Sugar, Lemon Juice Concentrate, Lemon Pulp, Natural Flavor, Crific Acid, Vamila Soymilk (Water, Rice Sweetener) Water, Rice Brand, Sugar, Organic Soy Bee (Water, Whole Grainer) Soymile (Water, Rice Sweetener) Water, Rice Brand, Sugar, Organic Soy Bee (Water, Whole Sweetener) Soymile (Water, Sugar, Water, Rice Sweetener) Water, Sugar, Water, Sam Malik, Zivi or less of Raspberries, Rapperry Jaice Concentrate, Natural Flavor, Cream, Crite Add, Mono- and Blygiveries, Locate Been Grainer, Guar Guard, Tana Guard, Carriageman, Red Red Extract (Color, Lame Cloral, Annation Estated, Colorida, Sam Carriageman, Red Red Extract (Color, Carriageman, Red	Contains Milk, Soy.
Pink Star Smoothie, Medium	400	15	1.5	1	0	5	105	90	2	82	6	0	90	15	6	0	2	2	2	0	0	0.5	0	Lamonade (Water, Sugar, Lemon Julec Concentrate, Lemon Pulp, Natural Flavor, Crité Acid), Vamila Scymilk (Water, Rics Sevetener) Water, Rick, Bick Brand, Sugar, Organic Solge Widter, White Capital Solges Acid Solges (Seven Solges), Sugar, Organic Solges Widter, White Capital Solges Solges (Seven Solges), Solges Solg	Contains Milk, Soy.
Pink Star Smoothie, Small	290	10	1	0.5	0	5	75	64	1	59	4	0	60	10	4	0	0	0	0	0	0	0.5	0	Lemonade (Water, Sugar, Lemon buice Concentrate, Lemon Pulp, Natural Flavor, Citric Acid), Vanilla Soymilk (Water, Rice Sweeteener (Water, Rice, Rice Brant), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein bolate (Soy Protein bolate, Soy Lecthin), Natural Vanilla Flavor with Other Natural Flavor, Carragement, Rospberry Shareful Water, Sugar, Milk, Carris Carris, March Vanilla Flavor, March Vanilla Flavor, Carragement, Rospberry Laker (Coccentrate, Matural Flavor), Carragement, Carris,	Contains Milk, Soy.
Pirate's Booty	100	30	3.5	0.5	0	0	125	14	1	1	2			4	4	0					0	0	0	Whole Corn Mass Flour, enriched Cornneal (Cornneal, Nacinamide (Vitamin B3), Ferric Pyrophosphate (Iron), Thiamin Hydrochloride (Vitamin B1), Ribothisni (Vitamin B1), Folic Acid, Sufflower Oll and/or Expeler Pressed Canolo U, Enriched Rice Flour, Riccinamide (Vitamin B3), Ferric Pyrophosphate (Port), Thiamin Hydrochloride (Vitamin B1), Ribothisni (Vitamin B1), Ribothisni (Parin B1), Ribothisni (Parin B1), Ribothisni (Parin B1), Ribothisni (Parin B1), Ribothisni (Vitamin B1), Ribothisni (Raci), Cheddor Cheese (Cubured Milk, Salt, Enzymes), Whey, Butternilk, Salt, Natural Flavor, Sea Salt, Lacit Acid (For Flavor), Cisric Acid (For Flavor), Organic Black Pepper.	Contains Milk.
Pomegranate Flavored Apple Juice Blend, 8 fl oz	100	30	3.5	0.5	0	0	125	14	1	1	2			4	4	0					0	0	0	Whole Corn Mass Flour, enriched Cornneal (Cornneal, Niacinamide (Vitamin B3), Ferric Pyrophosphate (Iron), Thiamin Hydrochloride (Vitamin B3), Ribothion (Vitamin B3), Ferric Pyrophosphate (Iron), Thiamin Hydrochloride (Vitamin B3), Ferric Pyrophosphate (Iron), Thiamin Hydrochloride (Vitamin B3), Ferric Pyrophosphate (Iron), Thiamin Hydrochloride (Vitamin B3), Ribothion (Vitamin B3), Ribothion (Collegate Cheese Colluted MIR, Salt, Enzymes), Whey, Buttermilk, Salt, Natural Flavor, See Salt, Lacid: Acid (For Flavor), Cirir Acid (For Flavor), Organic Black Pepper.	
Pomegranate Paradise™ Smoothie, Large	380	10	1	0	0	0	25	93	5	80	3	100	180	6	6	0	10	8	6	2	0	3.5	0	Pomegranate Flavored Apple Juice Blend (Apple Juice [from concentrate], Pear Juice [from concentrate], Pomegranate Juice [from concentrate], Citric Acid, Fruit & Vegetable Juice [color], Natural Flavor), Frozen Mangos, Frozen Strawberries, Ice, Frozen Peaches.	
Pomegranate Paradise™ Smoothie, Medium	320	5	0.5	0	0	0	20	79	4	68	2	80	140	6	4	0	8	6	6	2	0	3	0	Pomegranate Flavored Apple Juice Blend (Apple Juice (from concentrate), Pear Juice (from concentrate), Pomegranate Juice (from concentrate), Citric Acid, Fruit & Vegetable Juice (color), Natural Flavor), Frozen Mangos, Frozen Strawberries, Ice, Frozen Peaches.	
Pomegranate Paradise™ Smoothie, Small	210	5	0	0	0	0	15	53	3	46	2	60	90	4	2	0	6	4	4	2	0	2	0	Pomegranate Flavored Apple Juice Blend (Apple Juice (from concentrate), Pear Juice (from concentrate), Pomegranate Juice (from concentrate), Citric Acid, Fruit & Vegetable Juice (color), Natural Flavor), Frozen Mangos, Frozen Strawberries, Ice, Frozen Peaches.	
Protein Berry Workout™ (Pea) Smoothie, Large	440	15	1.5	0	0	0	240	88	5	70	20	2	130	15	30	0	2	4	6	2	0	1.5	0	Vanilla Soymik (Water, Rice Sweetener (Water, Rice, Rice Bran), Sugar, Yoskin Araban (Sase (Water, Whole Organic Soybeans), Soy Protein Isolate (Soy Protein Isolate) (Soy Lecithin), Natural Vanilla Flavor with Other Natural Flavors, Carrageenan), Frozen Bananas (Ascorbic Acid and/or Citric Acid), Frozen Strawberries,	Contains Soy.
Protein Berry Workout™ (Pea) Smoothie, Medium	400	10	1.5	0	0	0	230	77	4	63	19	2	100	10	25	0	2	4	6	2	0	1	0	Ice, Pea Protein Boost (Pea Protein Powder). Vanilla Syminik (Warn, Rick Sweetnern (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein hobits (Soy Protein nobits, Soy Lecthin), Natural Valvial Flavor with Other Natural Flavors, Carrageeruan), Frozen Bananas (Ascorbic Acid and/or Citri Acid), Frozen Strawberries, Lee, Pea Protein Books (Pea Protein Powder).	Contains Soy.
Protein Berry Workout™ (Pea) Smoothie, Small	310	10	1	0	0	0	200	58	3	47	17	2	70	10	25	0	2	2	4	2	0	1	0	Vanilla Soymilk (Water, Rice Sweetener (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein Isolate (Soy Protein Isolate, Soy Lecthin), Natural Vanilla Favor with Other Natural Flavors, Carrageenan), Frozen Bananas (Ascorbic Acid and/or Citric Acid), Frozen Strawberries,	Contains Soy.
Protein Berry Workout™ (Soy) Smoothie, Large	440	10	1	0	0	0	140	87	5	69	20	2	130	6	15	0	2	4	6	2	0	1.5	0	Ice, Pea Protein Boost (Pea Protein Powder). Vanillā Soymilik (Water, Rice Sweetener (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein Isolate (Soy Protein Isolate (Soy Lecthin), Natural Vanilla Flavor with Other Natural Flavors, Carrageenan), Frozen Bananas (Ascorbic Acid and/or Citric Acid), Frozen Strawberries,	Contains Soy.
Protein Berry Workout™ (Soy) Smoothie, Medium	390	10	1	0	0	0	130	76	4	61	19	2	100	6	15	0	2	4	6	2	0	1	0	Ice, Sop Yorkein kolate. Vanilla Soymilk (Water, Rice Sweetener (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soy-beans), Soy Protein isolate (Soy Protein Isolate, Soy Lecthin), Natural Yamilla Flavor with Other Natural Flavors, Carrageman), Frozen Bananas (Ascorbic Acid and/or Citric Acid), Frozen Strawberries,	Contains Soy.
Protein Berry Workout ^w (Soy) Smoothle, Small	300	5	1	0	0	0	100	57	3	46	16	2	70	4	10	0	2	2	4	2	0	1	0	Izes, Suy Protein solate. Vauliai Suymitik (Warter, Rick Sweetener Water, Ricc, Rice Bran , Sugar, Organic Soy Base (Water, Whole Organic Soybeams), Soy Protein Isolate Soy Isolation , Natural Vanilla Flavor with Other Natural Flavors, Carrageenan , Frozen Bananas Ascorbic Acid and/or Cliric Acid , Frozen Strawberries, Isolate Soy Protein Is	Contains Soy.
Protein Berry Workout™ (Whey) Smoothie, Large	450	15	2	1	0	35	160	85	5	66	24	4	130	15	20	0	2	4	6	2	0	1.5	0	No., July Troutern Jouleur. Symilli Soymik (Water, Ric Sweetener (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein Isolate (Soy Protein Isolate, Soy Lectifin), Natural Vanilla Flavor with Other Natural Flavors, Carrageenan), Frozen Bananas (Ascorbic Acid and/or Citric Acid), Frozen Strawberries, Ico. Whey Protein Book (Whey Protein Concentrate, Soy Lectifin), Protein Strawberries, Ico.	Contains Milk, Soy.
Protein Berry Workout™ (Whey) Smoothie, Medium	390	15	1.5	0.5	0	35	140	71	4	55	22	2	100	10	15	0	2	4	6	2	0	1	0	Vanilla Soymilt (Water, Rice Sweetener (Water, Rice, Rice, Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybean), Soy Protein Isolate (Soy Protein Isolate (Soy Protein Isolate), Soy Lectihin), Natural Vanilla Flavor with Other Natura if Flavors, Carrageenan), Frozen Bananas (Ascorbic Acid and/or Citric Acid), Frozen Strawberries, Ico, Whey Protein Book (Meyle Protein Concentrate, Soy Lection).	Contains Milk, Soy.
Protein Berry Workout ^w (Whey) Smoothie, Small	300	15	1.5	0.5	0	35	110	51	3	40	20	2	70	10	10	0	2	2	4	2	0	1	0	Vanilla Soymilk (Water, Rice Sweetener (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein Isolate (Soy Protein Isolate, Soy Jecichini), Natural Vanilla Flavor with Other Natural Flavors, Carrageenan), Frozen Bananas (Ascortic Acid and/or Citric Acid), Frozen Strawberries, Ico. Whey Protein Boot (Whey Protein Concentrate, Soy Jecthini).	Contains Milk, Soy.
Pumpkin Bowl with Frozen Yogurt	710	110	13	5	0	0	190	143	8	95	11	140	25	15	15	0	90	15	8	8	0	1.5	0.5	Pack Agink Jake Blend (Plex Julie (From concentrate), Agink Jake (From concentrate), Natural Flowor, Standburny Puter), for fire Wastilla Frosen Yoggert (Salm Sing, Surgh, Wey, Sor leard Pathual Flowor) Compromy, Listed Agink Sing, Wey, Protein Concentrate, Monos and Diging-relate, Located Bears Goars, Ganz Gum, Tara Gum, Carrageroan, Annatta Estarct (rodor), Cultures), Pumpins Spice Flowor Base (Plampian, Sugar, New 15 gags Syrup, Annatia Estarct (color), Salt, Lemon Suck Concentrate, Mariant Flowor), Counting Color), Salt, Lemon Suck Concentrate, Mariant Flowor), Carrage Concentrate, Color (Salt), Consultate (Salma), Concentrate, Carrage Concentrate, Color (Salt), Consultate, Color (Salt), Color (Salt), Consultate, Color (Salt), Consultate, Color (Salt), Color (Salt), Consultate, Color (Salt), Consultate, Color (Salt), Color (Contains Coconut, Milk.
Pumpkin Bowl with Ostmilk Frozen Dessert	770	200	22	13	0	0	150	141	9	87	9	140	25	8	15	0	90	15	8	8	0	1.5	0.5	Agpie Pau Szwaberry Juice Bliend (Pear Juice (Ifron concentrate), Appie Juice (Ifron concentrate), Natural Tiavor, Stranberry Purce), Ostmilk Frozen Dessert (Ostmilk (Filtered Water, Whole Ost Flour), Care Suage, Cocorad Oli, Tajoico Syrup, Pea Troteis, Locoto Bean Gum, Guine (Jumphis Spies), Pearlo Base (Pumplis, Suage, Invest) Suage Syrup, Pearlo Base (Pumplis, Suage, Invest) Suage Syrup, Pearlo Base (Pumplis, Suage, Invest), Guard Suage, Suage (See Suage), Suage, Sunflower and/or Cando Oli, Rice (Four, Pumplis) Seeds, Riux, Ost Syrup Solids, Molasses, Sea Salt, Chramanoli, Forces Bases (Jacoto Sea Guind Cortic Acid), Coccuru Whip (Filtered Water, Organic Cocorat Ol), Organic Tapoca Syrup, Organic Cane Suage, Pea Protein, Guar Guin, Sunflower Lecthin, Xanthan Gum, Natural Plavor).	Contains Coconut.
Pumpkin Smash (Plant Based) Smoothie, Large - Original	760	270	30	23	0	0	250	121	5	84	6	210	10	45	10	40	35	0	25	0	0	0	0.5	Quernia Frosen Dessert (Dahmik Filhered Water, Whole Our Flour J. Cane Sugar, Coconut Ol. Tapicos Syrup, Rea Protein, Locust Bean Gum, Guar Gum). Ournik (Water, Our J. Sch er less of low Erick Acid Repessed Ol) (Openstation Phosphate, Cacidum Chrosharte, Frickium Phosphate, Riboflavio, Vitamin A., Vitamin D., Vitamin B.12), Ite., Pumpkin Spice Flavor Base (Pumpkin, Sugar, Invert Sugar Syrup, Annatro Estract (cobrr), Salt, Lemon Juice Concentrate, Natural Flavor, Locust Bean Gum, Cinnamon, Nutmeg).	Contains Coconut.



													Janna	a wutiit	Ullai 3	preadsh	eet 20.								*jamba
Menu Item	Total Calories	alories from Fat (Kcal)	Total Fat (g)	Sat. Fat (g)	Trans Fat(g)	Cholesterol (mg)	Sodium (mg)	otal Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vitamin E (%DV)	Vitamin B1 (%DV)	Vitamin B2 (%DV)	Zinc (%DV)	Caffeine (mg)	Servings of Fruit	ervings of Vegetables	Fulsome Ingredient List	Allergens
Pumpkin Smash (Plant Based) Smoothie, Medium - Original	610	220	25	19	0	0	190	96	4	66	5	160	8	35	8	30	25	0	20	0	0	0	0.5	Oatmik Frozen Dessert (Oatmik [Filtered Water, Whole Oat Flour], Cane Sugar, Coconut Oil, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Oatmik (Water, Oats, Xir or less of low Fruck Acid Repeased Oil, Dipotassium Phosphate, Calcium Carbonate, Tricalcium Phosphate, Sea Salt, Dicalcium Phosphate, Robinsiv, Marain A, Valamin OJ, Valamin BJZ), E., expensión Spice Faloro Base (Pumpkin, Sugar, Invent Sugar Syrup, Annatto Estract (color), Salt, Lemon Juice Concentrate, Natural Flavor, Locust Bean Gum, Cinnamon, Nutmeg).	Contains Coconut.
Pumpkin Smash (Plant Based) Smoothie, Small - Original	370	130	15	11	0	0	125	59	2	41	3	110	4	25	4	20	15	0	15	0	0	0	0	Ostmilk Frozen Dessert (Datmilk [Filtered Water, Whole Ost Flour), Cane Sugar, Coconut Oil, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Ostmilk (Water, Osta, 2% or less of flow Fruce Acid Repessed Oil, Opotassium Phosphate, Calcium Carbonate, Tricalcium Phosphate, Sea Satt, Dicabcum Phosphate, Robinson, Vataman A Vatamino (24), Exp. Argenies Spice Flavor Base (Pumpkin, Sugar, Invert Sugar Syrup, Annatto Extract [color], Salt, Lemon Juice Concentrate, Natural Flavor, Locust Bean Gum, Cinnamon, Nutmeg).	Contains Coconut.
Pumpkin Smash Classic Smoothie, Large - Original	570	50	5	3	0	20	360	115	1	106	17	150	10	60	2	0	35	0	0	0	0	0	0.5	Fat Free Vanilla Frozen Yoguri (Skin Milk, Sugar, MVer, 25 or less of Matural Filavors, Corn Syrun, Lattic Acid, Vinegar, Whey Protein Concentrate, Moho- and Opkyerrides, Losse Been Gum, Cusar Gum, Carrageman, Ammonto Extract (color, Culvers), 25 Milk (Revolder St Milk, Visarina A Palmitate, Vizarina, Moho- and Opkyerides, Losse Palmotha Save (Pumpkin, Sugar, Invert Sugar Syrup, Annatto Extract (color), Sait, Lemon Juice Concentrate, Natural Flavor, Locust Bean Gum, Cinnamon, Nutmer	Contains Milk.
Pumpkin Smash Classic Smoothie, Medium - Original	440	35	4	2.5	0	15	280	90	1	83	13	110	8	45	2	0	25	0	0	0	0	0	0.5	Fat Free Vanilla Frozen Yoguri (Skin Milk, Sugar, MVer, 25 or less of Matural Filavors, Corn Syrun, Lattic Acid, Vinegar, Whey Protein Concentrate, Mono- and Dykyerides, Losse Ben Gum, Cusar Gum, Carrageman, Ammonto Extract (color, Culvers), 25 Milk (Revolder St Milk, Visarina APmilatte, Vizarin, Mono- and Dykyerides, Losse Ben Gum, Carrageman, Ammonto Extract (color), Salt, Lemon Juice Concentrate, Natural Filavor, Locust Bean Gum, Cinnamon, Nutmer	Contains Milk.
Pumpkin Smash Classic Smoothie, Small - Original	290	25	2.5	1.5	0	10	180	59	1	54	8	70	4	30	0	0	15	0	0	0	0	0	0	Tal fee Vailla From Yeger (Talm MBI, Suger, When, 2 for less of Habrard Ribers, Care Syrup, Lack Acid, Vieeger, When Protein Concentrate, Moro- and Ophycerides, Locales German, Guran German, Carriegerman, America Exert (color), Clark 27, 24 Milk (Reduced Art Milk, Vitarina A Palmice, Vitarino Riber, 2 humpin Spice Taivor Base (Pumpikin, Sugar, Invert Sugar Syrup, Annatho Extract (Color), Salt, Lemon Juice Concentrate, Natural Favor, Locast Bean Gum, Conramon, Natural	Contains Milk.
Purely Carrot™ Juice, Large	310	15	2	0	0	0	530	73	21	36	7	2550	70	25	15	0	25	35	25	10	0	0	6	Fresh Juiced Carrot.	
Purely Carrot™ Juice, Medium	250	15	1.5	0	0	0	410	57	17	28	6	2000	60	20	10	0	20	30	20	_	0	0	4.5	Fresh Juiced Carrot.	
Purely Carrot™ Juice, Small	180	10	_	0	0	0	300	42	12	21	4	1450	45	15	8	0	15	20	15	_	0	0	3.5	Fresh Juiced Carrot.	
Purely Orange™ Juice, Large	390	15	1.5	0	0	0	10	90	2	73	6	35	720	10	10	0	2	50	15	2	0	3.5	0	Fresh Orange Juice.	1
Purely Orange™ Juice, Medium	310	10	1.5	0	0	0	5	71	1	57	5	25	570	8	8	0	2	40	10	_	0	2.5	0	Fresh Orange Juice.	
Purely Orange™ Juice, Small	220	10	1.5	0	0	0	0	52	1	42	3	20	410	6	6	0	0	30	8	_	0	2.5	0	Fresh Orange Juice.	1
Raspberry Sherbet, Blue Scoop	60	5	0.5	0	0	0	10	12	0	11	0	10	410	2	0			30			0	0	0	Raspberry herbet (Water, Sugar, Milk, Corn Syrup, Whey, Skim Milk, 2% or less of Raspberries, Raspberry kice Concentrate, Natural Flavor, Cream, Citric Acid, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Red Beet Extract [color]. Caramel Color, Annatto Extract [color]].	Contains Milk.
Raspberry Sherbet, Green Scoop	80	10	1	0.5	0	5	10	16	0	15	0			2	0						0	3	0	Raspberry Sherbet (Water, Sugar, Milk, Com Syrup, Whey, Skim Milk, 2% or less of Raspberries, Raspberry Juice Concentrate, Natural Flavor, Cream, Citric Acid, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Red Beet Extract [color], Caramel Color, Annatto Extract [color]).	Contains Milk.
Raspberry Sherbet, Red Scoop	40	5	0	0	0	0	5	9	0	8	0			2	0						0	2	0	Raspberry Sherbet (Water, Sugar, Milk, Com Syrup, Whey, Skim Milk, 2% or less of Raspberries, Raspberry Juice Concentrate, Natural Flavor, Cream, Citric Acid, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Red Beet Extract [color], Caramel Color, Annatto Extract [color]).	Contains Milk.
Razzmatazz* Smoothie, Large	430	20	2	1	0	5	55	102	4	88	2	2	130	10	4	0	2	2	4	2	0	3	0	Mixed Berry Flavored Grape Juice Blend (Grape Juice [from concentrate], Peur Juice [from concentrate], Blueberry Juice [from concentrate], 2% or less of Cherry Juice [from concentrate], Strawberry Juice [from concentrate], Maik Acid, Natural Flavor), Orange Sherbet (Myater, Sugar, Miik, Corn Syrup, Whey, 2% or less of Orange Juice Concentrate, Orange Pulp, Orange Gi, Care, Micr. Acid, Monor and Objecterides, Location Gen, Guar Gum, Tara Gum, Clarrageenan, Annatto Extract (color)], Frozen Strawberries, I.c., Frozen Bannans (Ascorbic Acid and/or Citric Acid).	Contains Milk.
Razzmatazz* Smoothie, Medium	320	15	2	1	0	5	40	77	3	66	1	0	90	8	4	0	2	2	4	2	0	2	0	Mixed Berry Flavored Grape Juice Biend (Grape Juice [from concentrate], Pear Juice [from concentrate], Blueberry Juice [from concentrate], 2% or less of Cherry Juice [from concentrate], Strawberry Juice [from concentrate], Maik Acid, Natural Flavor, Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Juice Concentrate, Orange Poly, Orange of, Chem. Clifs Acid, Natural Flavor, Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Juice Concentrate, Orange Poly, Orange of, Chem. Clifs Acid, Natural Flavor, Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, Whey, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, White, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, White, 2% or less of Orange Sherbet (Water, Sugar, Mik, Con Syrup, White, 2% or less of Orange Sherbet (Water, Sugar, Sug	Contains Milk.
Razzmatazz* Smoothie, Small	240	10	1	0.5	0	5	30	57	2	49	1	0	60	6	2	0	2	2	2	2	0	1.5	0	Mixed Berry Fisvored Grape Juice Blend (Grape Juice (from concentrate), Pear Juice (from concentrate), Blueberry Juice (from concentrate), 2% or less of Cherry Juice (from concentrate), Saveberry Juice (from concentrate), Many Juice (from concentrate), Blueberry Juice (from concent	Contains Milk.
Red Gummi Smoothie, Large	510	30	3.5	2.5	0	10	125	111	1	101	5	0	60	15	8	0	0	0	0	0	0	1	0	Variation Symilik (Water Rick Seventerial (Water Rick) Region (See Bard), Sogar (Organic Corp Base (Water Windo Organic Seybents), Sep Protein blokes (Cyr Protein Water, Cyr) (See Bard), Including the Corp Rick (See Bard), Including the Rick (See Bard), Including	Contains Milk, Soy.
Red Gummi Smoothie, Medium	410	25	3	2	0	10	105	89	1	81	4	0	45	10	6	0	0	0	0	0	0	1	0	Vanilla Soymill (Water, Ric Sweetner [Water, Rice, Rice Bran], Sogar, Organic Soy Base [Water, Whole Organic Soybeans], Soy Protein looked [Soy Inches]], Name of Companies of the Co	Contains Milk, Soy.
Red Gummi Smoothie, Small	260	15	2	1	0	5	70	57	1	52	3	0	30	6	4	0	0	0	0	0	0	0.5	0	Vanilla Soymik (Water, Rice Sweetener (Water, Rice, Rice Bran), Sugar, Organic Soy Base (Water, Whole Organic Soybeans), Soy Protein Isolate, Soy Lecthin), Natural Vanilla Flavor with Other Natural Flavors, Carrageeana), Mined Berny Flavored Grape Juice Blend (Grape Juice (Fron Concentrate), Bear (See Juice (Fron Concentrate), Bulle Lotter) Juice (Fron Concentrate), Bulle Case of Cherry Juice (Fron Concentrate), Mile Case (Fron Concentrate), Bulle Case (Fron Concentrate), Mile Case	Contains Milk, Soy.
Sandwich, Bacon, Roasted Tomato, Spinach & Feta	250	80	9	3	0	15	600	30	4	2	12	15	15	15	10						0	0	0	Vegetable fig White Petry Eig Whites, Direct Tomators (Tomato, Catisum Obiorde), Spirach, Montrery Jack Cheese (Dalin, Cheese Cultur, Salt, Enzymes, Natamyrio) (model orbibboth): Playmenan Cheese (Plavis Salt), Richese Culturs, Salt, Enzyme, 23 or files of Model Food Sarth, Anthrah Gam, Baall Food High Obec Canols OS, Say Lestinia, Natural Falvor), Blattor Baur (Enriched Wheel Floor (Wheet Floor, Maked Barrly Floor, Natice, Reduced Iron, Thiamin Monomintera, Robins), Fool Acad, Pleaton (Surgia, Canola Cat), Sart Insert Forders, Sea salt, Wheel Culture, Hartard Model Inhibitors, Clarkurde Wheel Salter), Cultured Wheel Salter), Cultured Salter), Cultured Wheel Salter), Cultured Wheel Salter), Cultured Salter), Cultured Wheel Salter), Cultured Wheel, Salter (Salter Salter), Salter (Salter), Salter (Salter Salter), Salter (Salter), Salter (Salter), Salter (Salte	Contains Egg, Milk, Soy, Wheat.

~		
=	iam	ha

																									ganoa
Menu Item	Total Calories	Calories from Fat (kcal)	Total Fat (g)	Sat. Fat (g)	Trans Fat(g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vítamin E (%DV)	Vitamin B1 (%DV)	Vitamin B2 (%DV)	Zinc (%DV)		Servings of Fruit	Servings of Vegetables	Fulsome Ingredient List	Allergens
Sandwich, Rousted Tomato, Spinach & Feta	240	70	8	3	0	15	550	30	4	2	11	15	15	15	10						0	0	0	Jegetiské ga White Petry Eig Whites, Diocel Tomatos (Tomato, Cakium Cistoride), Spinich, Mondrery Jack Cheese (Juliu, Cheese Cultur, Salt, Knymen, Natamyrich profit unbiblinit), Permean chree Petr Pist-Shin Milk, Cheese Culturs, Salt, Royane, Zho Yel east Ording Food Search, Anthran Gum, Basil Pawer (18) of the Carnot Oil, Soy Lockilin, Natural Favor), Bitror Bun (Erriched Wese Flour (Wheet Four, Nathed Barley Flour, Natural Favor), Bitror Bun (Terriched Wese Flour (Natural Favor), Bitror Bun (Terriched Wheet Flour, Nathed Barley Flour, Natural Royan), Scale, Reduced Iron, Thiaminn Monochinzek, Robinsky, Folk Acid), Petrol Four, Supp., Cando Li, Sor les es of Yeast, Stit, Wheet Glieben, Harder Mole Habitrol, Cluttured Wheet Starch, Cultured Sparry, Vinegar), Sodiam Biscarbonate, Cakidum Staffe, Sodium Acid Prophosphate, Monoglycerides, Propionic Acid, Royalboric Acid, Accorde Acid, Enrymes), Rostaff Commonte (Transtone, Cincol Oil, Gairle, Corposito, Salt, Nechtaffed Neces (Milk and Carne), Sixim Milk, Cherles Culture, Salt, Guar Gum, Santhan Gum), Spinich, Feta Cheese (Cultured Milk, Salt, Enrymes, Potato Starch (Ip prevent caking)).	Contains Egg, Milk, Soy, Wheat.
Sirens Chocolate Brownie Protein Bites	200	70	8	6	0	0	190	21	4	9	12			4	10						0	0	0	IJC, Snacks, Chocolate Brownie, Bites, 48 g Plant Protein Blend (Pea Protein, Almond Protein), Organic Tapioca Syrup, Coconut Oil, Dates, Organic Coconut sugar, Chicory Root Fiber, Vegetable Glycerin, Organic Chocolate Chips, Cocoa Powder, Organic Cocoa Extract, Sea Salt, Monk Fruit Extract	Contains Almond, Coconut.
Sirens Lemon Poppyseed Protein Bites	190	45	5	5	0	0	190	21	4	9	12			4	10						0	0	0	JJC, Snacks, Lemon Poppyseed, Bites, 48 g Plant Protein Blend (Pea Protein, Almond Protein), Organic Tapioca Syrup, Coconut Oil, Dates, Organic Coconut Sugar, Chicory Roof Fiber, Vegetable-Glycerin, Poppy Seeds, Organic Lemon, Oil, Sea Salt, Monk Fruit Extract.	Contains Almond, Coconut.
Smartwater	0	0	0	0	0	0	0	0	0	0	0			0	0	0					0	0	0	Vapor Distilled Water, Calcium Chloride, Magnesium Chloride, Potassium Bicarbonate.	
Smooth Talkin Mango Smoothie, Large	440	90	10	1	0	0	200	89	8	61	5	310	200	80	88	70	15	15	50	2	0	2	0	Ostmik ([Filtered Water, Oat Concentrate), Sunflower Oil, Vitamin and Mineral Blend (Calcium Carbonate, Vitamin A Palmitate, Vitamin D.2, Riboflawin [82], Vitamin B.21). [Ipoptassium Phosphate, Ses Salt, Gellan Gium, Locust Bean Gum, Sodium Ausorbate (Vitamin C), Ausorbic Adid and Vitamin E (Ipoptoset Fereinbes), Matural (April Of Ri Witert, Ost, Ser in sest Our Vitamin Card Adi Repersed (I)) (Ipoptassium Phosphate, Calcium Carbonate, Trackium Phosphate, Ses Salt, Dicalcium Phosphate, Riboflavin, Vitamin A, Vitamin D2, Vitamin B12]], Frozen Mangos, Frozen Pinespiles, Organic Agave.	
Smooth Talkin Mango Smoothie, Medium	380	80	8	1	0	0	170	76	7	53	5	270	170	70	8	60	10	15	45	2	0	2	0	Oatmik [Flätered Water, Out Concentrate], Sunflower OL, Vitamin and Minera Blend (Calcium Carbonate, Vitamin & Palminate, Vitamin D2, Ribothavin (82), Vatamin 1821, Dipotassis mPopphate, Sea Sic, Gellan Gum, Local beas Grum, Sodium concrete (Vitamin CA, Accorde Acid and Vitamin fit por refect freehness), Natural Flavor) OR (Water, Oats, 2% or less of Low Erucic Acid Repeased Oil, Dipotassium Phosphate, Calcium Carbonate, Tricalcium Phosphate, Sas Salt, Dicalcium Phosphate, Ribotllavin, Vitamin A, Vitamin D2, Vitamin 812)], Frozen Mangos, Frozen Pinespeles, Organic Agave.	
Smooth Talkin Mango Smoothie, Small	250	50	6	0.5	0	0	110	49	4	34	3	170	110	45	4	40	6	8	30	0	0	1	0	Oatmik (Fläered Water, Out Concentrate), Sunflower CD, Vitamin and Mineré Blend (Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Ribdnivin (82), Vitamin 812). Dipotassium Phosphate, Sea Salt, Gellan Gum, Locust Bean Gum, Sodium Auconbate (Vitamin C), Auconbic Acid and Vitamin E (to protect freelmess), Natural Flavor) OR (Vitater, Osto, 2: Xir oi less of Low Grusch Acid Repensed OD, Oppotassium Phosphate, Calcium Carbonate, Fraickium Phosphate, Sea Salt, Dicadium Phosphate, Ribdnivin, Vitamin A, Vitamin D2, Vitamin 812)], Frozen Mangos, Frozen Pinespiles, Organic Agave.	
Sour Gummi Smoothie, Large	500	35	3.5	2.5	0	10	50	117	2	106	1	0	25	10	2	0	2	2	2	0	0	0.5	0	Lemonade (Water, Sugar, Lemon, Juice Concentrate, Lemon Pulp, Natural Flavor, Ciric Acid), Ice, Frozen Blueberries, Orrange Sherbet (Water, Sugar, Mon. Care Syrup, Whey, 25° or less of Orrangs bluec Concentrate, Crampe Pulp, Orrange Of, Cene, Ciric Acid), Ice, Frozen Blueberries, Orrange Sherbet (Water, Sugar, Mills, Com Syrup, Whey, 25° or less of Pineapple Juice Concentrate, Cene Company, Ciric Acid, Mone and Dighyerieste, Location General Results (South), Replacety Sherbet Water, Sugar, Mills, Com Syrup, Whey, Stam Mills, 25° or less of Baugberries, Rappberry Juice Concentrate, Natural Flavor, Cream, Citric Acid, Mone- and Dighyerieffes, Locati Bean Whey, 25° or less of Baugberries, Rappberry Juice Concentrate, Natural Flavor, Cream, Citric Acid, Mone- and Dighyerides, Locati Bean Whey, 25° or less of Baugberries, Compap Pulp, Lime Oil, Natural Flavor, Cream, Citric Acid, Mone- and Dighyerides, Locati Bean Gum, Guar Gum, Carrageenan, Turmeric Extract (color)).	Contains Milk.
Sour Gummi Smoothie, Medium	370	25	3	2	0	10	40	86	1	78	0	0	20	8	0	0	2	2	2	0	0	0.5	0	Immonate (Water, Sugar, Lemon Liuc Concentrate, Lemon Pulp, Natural Flavor, Ciriz Acid), Ice, Fizene Blueberries, Orings Sherhet (Water, Sugar, Milk, Corn Syrup, Whey, 25 or less of Orings picks Concentrated, Cornege Pili, Orange (O. Cenaer, Ciriz Acid), Ice, Fizene Blueberries, Orings Sherhet (Water, Sugar, Milk, Corn Syrup, Whey, 25 or less of Pineapple Liuc Concentrate, Cornell, Natural Flavor, Ciric Acid, Monor, Ciric Acid, Monor, Ciric Acid, Monor, Carlo Cornell, Responsible Cornell	Contains Milk.
Sour Gummi Smoothie, Small	260	15	2	1	0	5	25	60	1	54	0	0	15	6	0	0	2	0	0	0	0	0	0	Lemonade (Water, Sugar, Lemon Jusc Concentrate, Lemon Pulp, Natural Flavor, Ciric Acid), Le, Frozen Blueberrie, Dringe (Sherbet (Water, Sugar, Mil), Corn Syrup, Mile, 20° or les of Oringes just Concentrate, Oringe Pilp, Orange (O. Cena, Ciric Acid), More on dibjerarides, Lossel Been Gum, Guar Gum, Tara Gum, Carragenena, Annatto Estrat (closif), Pineapels Serbet (Water, Sugar, Mill, Corn Syrup, Whey, Xir or les of Pineapels buice Concentrate, Cercan, Natural Flavor, Ciric Acid, Mone and Dipjerarides, Lossel Been Gum, Guard Corn, Tara Gum, Carragenena, Rappherry Sherbet (Water, Sugar, Mill, Corn Syrup, Whey, Shim Mill, 23° or les of Rappherries, Rappherry Juice Concentrate, Natural Flavor, Cream, Ciric Acid, Mone and Dipjerarides, Locari Been Gum, Guard Corn, Son Gum, Carragenena, Rome, Carragenena, Turneric Extract (closif)). There of the Natural Flavor, Cream, Ciric Acid, Mone and Dipjerarides, Locari Been Gum, Guard Gum, Carragenena, Turneric Extract (closif)).	Contains Milk.
Sourdough Parmesan Pretzel	420	90	11	3	0	15	690	69	3	3	12	0	0	10	20						0	0	0	Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Rboflavin, Folic Acid), Canolo Oli, Glycerin, Sourdough Base (Rye Sour, Wheat Sour, Fumaric Acid, Lactic Acid, Acetic Acid), Invert Sugar, Natural Flavor, Salt, Sugar, Yeast, Parmesan Cheese (Cultured Milk, Salt, Enzymes).	Contains Milk, Wheat.
Soy Protein Boost	40	5	0	0	0	0	0	0	0	0	9	0	0	0				1	+	+	0	0	0	Soy Protein Isolate.	Contains Soy.
Soymilk, 8 fl oz	150	0	0	0	0	0	80	29	0	28	5	0	0	2	6	0	0	0	0	0	0	0	0	Vanilla Soymilk (Water, Rice Sweetener [Water, Rice, Rice Bran], Sugar, Organic Soy Base [Water, Whole Organic Soybeans], Soy Protein Isolate [Soy Protein Isolate, Soy Lecithin], Natural Vanilla Flavor with Other Natural Flavors, Carrageenan).	Contains Soy.
Spinach Boost	5	0	0	0	0	0	20	1	1	0	1	45	10	2	4	0	2	2	2	0	0	0	0.5	Fresh Spinach.	
Spring Veggle Egg Bake	200	130	14	8	0	185	480	8	1	1	10			15	6						0	0	0	Liquid Egg. (Minde Egg., Cliric Acid To Preserve Coin , Water Carrier For Citric Acid , Plain Non-Fat Yogurt Cultured Nonth Milk, Live. And Active Cultures S. Temmophila, L. Ugaircius, A. Lidoshiphis, Alfillus, L. Cass, And L. Rhamousul, New Wipping (ream) (recom, Caragenam, Martinamore Cheese ([Pasteuried Milk, Cheese Cultures, Salt, Enzyme), Powdered Celbiose To Prevent Calving , Artichole Hearts, Mirthe, Salt, Cliric Acid), Red Bell Peper Strigs, Four Milk (Riese Fiour, Rick Starch, Postato Starch, Xanthan Gum, Locust Bean Gum), Leeks, Salt, Smoked Paprika, Dehydrated Garlic, Black Pepper High Oleic Canolo (I), Soy Lecthin.	Contains Egg, Milk, Soy.
Strawberry Flavored Boba Boost	35	0	0	0	0	0	10	9	0	8	0	0	0	10	0	0	0	0	0	0	0	0	0	Strawberry Flavored Bobs (Water, Sugar, Strawberry Juice Concentrate, Calcium Lactate, Malic Acid, Carboxymethylcellulose, Sodium Alginate, Carob Bean Gum, Natural Flavor, Xanthan Gum, Carmine [as color], Turmeric [as color]).	
Strawberries Gone Bananas™ Smoothie - 10 oz.	140	5	0	0	0	0	10	35	3	26	1	0	90	2	2	0	2	2	2	2	0	1	0	Pear Apple Juice Blend (Pear Juice [from concentrate], Apple Juice [from concentrate], Natural Flavor, Strawberry Puree), Frozen Strawberries, Frozen Bananas (Ascorbic Acid and/or Citric Acid).	
Strawberries Gone Bananas ^{ou} Smoothie - 12 oz.	170	5	0	0	0	0	10	43	4	31	2	2	100	2	4	0	2	2	4	2	-	2	0	Pear Apple Juice Blend (Pear Juice [from concentrate], Apple Juice [from concentrate], Natural Flavor, Strawberry Puree), Frozen Strawberries, Frozen	
Strawberries Wild* Smoothie, Large	430	5	0.5	0	0	0	85	102	4	85	6	2	130	20	4	0	2	2	4	2		3	0	Banana Hacothe Acid and for Ciric Acid). Per Apple Juice Bird Pleas Juice [from concentrate], Apple Juice [from concentrate], Natural Flavor, Strawberry Pured], Fat Free Vanilla Frozen Yogart [Skim Milk, Sugr. Whey. 2% or less of Natural Flavors, Corn Syrup, Lectic Acid, Vinegar, Whey Protein Concentrate, Mano- and Olgiverides, Locust Bean Gum, Guar Gum, Tana Gum, Carlos Gum, Tana Carlos Gum, Guar Gum, Tana Gum, Gura Gum, Tana Gum, Gura Gum, Tana Gum, Gura Gum, Tana Gum, Gum, Gum, Gum, Gum, Gum, Gum, Gum,	Contains Milk.
Strawberries Wild* Smoothie, Medium	320	5	0	0	0	0	65	77	3	64	5	0	90	15	4	0	2	2	4	2	0	2	0	Pear Apple Juice Blend (Pear Juice [from concentrate], Apple Juice [from concentrate], Natural Flavor, Strawberry Puree], Fat Free Vanilla Frozen Yogurt [Skim Milk, Sugar, Whey, 2% or less of Natural Flavors, Corn Syrup, Lettic Acid, Vinegar, Whey Protein Concentrate, Mone- and Digit	Contains Milk.
Strawberries Wild * Smoothie, Small	230	5	0	0	0	0	45	56	2	47	3	0	60	10	2	0	2	2	2	2	0	1.5	0	Para Apple Juice Blend (Pear Juice (Timon concentrate), Apple Juice (Trom concentrate), Natural Flavor, Strawberry Fureré, Jair Free Vanilla Frozen Vogunt (Sain Mills, Sugar, Whey, Sor Jess of Patural Flavor, Corn Syrup, Lick Ack, (Viegar, Whey Protein Concentrate, Jess on- and Digiencier Securities and Goung, Guar Gum, Tara Gum, Carrageenan, Annatto Estract (color), Cultures), Frozen Strawberries, Ire, Frozen Bananas (Ascorbic Acid and/or Chric Acid).	
Strawberry Surf Rider™ Smoothie, Large	430	20	2.5	1	0	5	25	102	3	93	1	4	140	8	4	0	4	2	2	2	0	1	0	Lemonade (Water, Sugar, Lemon buice Concentrate, Lemon Pulp, Natural Flavor, Cliric Acid), Lime Sherber (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Lime Julice Concentrate, Orange Pulp, Lime Oil, Natural Flavor, Cream, Citric Acid, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Lummeric Extract (Golf): Frozen Strawberries, Ke, Frozen Peaches.	Contains Milk.
Strawberry Surf Rider™ Smoothie, Medium	330	15	2	1	0	5	20	80	3	73	1	4	110	6	2	0	4	2	2	2	0	1	0	Lemonade (Nitler, Sugar, Lemon Nuice Concentrate, Lemon Pulp, Natural Thorp, Citric Acid), Lime Sherbet (Nitler, Sugar, Milk, Corn Syrup, Whey, 25 or less of Lime Nuice Concentrate, Orange Pulp, Lime DII, Natural Flavor, Cream, Citric Acid, Mono- and Dighyerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageman, Tumeric Estratel (color). Frocen Stawberries, Rc., Frocen Pacifics.	Contains Milk.



V >		,
~ ~	jaml	na.

																									-Junou.
Menu Item	Total Calories	calories from Fat (kcal)	Total Fat (g)	Sat. Fat (g)		Cholesterol (mg)	Sodium (mg)	rotal Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vitamin E (%DV)	Vitamin B1 (%DV)	Vitamin B2 (%DV)	Znc (%DV)	Caffeine (mg)	Servings of Fruit	servings of Vegetables	Fulsome Ingredient List	Allergens
Strawberry Surf Rider™ Smoothie, Small	240	10	1	0.5	0	5	15	57	2	52	1	2	80	4	2	0	2	2	2	0	0	0.5	0	Lemonade (Water, Sugar, Lemon Juice Concentrate, Lemon Pulp, Natural Flavor, Citric Acid), Lime Sherbet (Water, Sugar, Milk, Corn Syrup, Whey, 2% or less of Lime Juice Concentrate, Orange Pulp, Lime Dil, Natural Flavor, Cream, Citric Acid, Mono- and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageman, Tumnér Estrate (16orl), Frozen Strawberfer, Le, Frozen Pascher, Le, Froze	Contains Milk.
Strawberry Whirl ^{tot} Smoothie, Large	350	10	1	0	0	0	25	87	7	65	3	2	190	6	6	0	4	4	6	4	0	3.5	0	Apple Pear Strawberry Juice Blend (Pear Juice [from concentrate], Apple Juice [from concentrate], Natural Flavor, Strawberry Puree], Frozen Strawberries, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Ice.	
Strawberry Whirl™ Smoothie, Medium	290	5	0.5	0	0	0	20	72	5	54	3	2	140	4	6	0	2	4	6	2	0	3	0	Apple Pear Strawberry Juice Blend (Pear Juice [from concentrate], Apple Juice [from concentrate], Natural Flavor, Strawberry Puree], Frozen Strawberries, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Ice.	
Strawberry Whirl™ Smoothie, Small	200	5	0	0	0	0	15	49	4	37	2	2	100	4	4	0	2	2	4	2	0	2	0	Apple Pear Strawberry Juice Blend (Pear Juice (from concentrate), Apple Juice (from concentrate), Natural Flavor, Strawberry Puree), Frozen Strawberries, Frozen Bananas (Ascorbic Acid and/or Citric Acid), Ice.	
Strawberry, Fresh, Topping	5	0	0	0	0	0	0	1	0	1	0	0	20	0	0	0	0	0	0	0	0	0	0	Strawberries.	
Summer Blackberry Smoothie, Large	570	200	23	20	0	0	35	92	5	68	3	10	100	15	8	25	0	6	2	6	0	1	0	Blackberry Pear Juice Blend (Blackberry Puree [from concentrate], Pear Juice [from concentrate], Grape Juice [from concentrate], Malic Acid), Vanilla Cocondumili (Organic Cocondumili (Water, Cocondum Creem), Sugar, Natural Varilla Flavor, Guas Gum, Tricalcium Phosphate, Magnesium Phosphate, Xanthan Gum, L'Selemonethionine [Sechelum], Varian Acetatel, Variani Ca, Tico, Ocide, Viannia E12), Outamili Forces Desert (Jatmili [Filtered Water, Whole Ost Flour], Cane Sugar, Coconut Oil, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum, Frozen Pineapples, Ice.	Contains Coconut.
Summer Blackberry Smoothie, Medium	470	170	19	17	0	0	30	75	4	56	2	8	70	10	6	20	0	4	2	6	0	0.5	0	Blackberry-Pear Juice Blend (Blackberry Puree (from concentrate), Pear Juice (from concentrate), Grape Juice (from concentrate), Main Acid, Vanilla Coconumini (Organic Coconumini (Water, Coconut Creum), Sugar, Natura Varilla Flavor, Guas Gum, Fircalcium Phosphate, Magnesium Phosphate, Xamthan Gum, L-Selenomethionini Selectimu), Variannia Acetate/Variannia, Zarc. Oxide, Vikarmia (12), Outamis Forcas Desert (Datrinik (Filtered Water, Whole Oat Flour), Cane Sugar, Coconut Ol, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Frozen Pineapples, Ice.	Contains Coconut.
Summer Blackberry Smo othie, Small	290	100	11	10	0	0	20	47	2	35	2	6	50	8	4	15	0	4	2	4	0	0.5	0	Blackberry-Pear Juice Biend (Blackberry-Puree [from concentrate], Pear Juice [from concentrate], Grape Juice [from concentrate], Malic Acid], Vanilla Cacondumilis (Organic Cocondumilis (Water, Cocondum Cream), Sugar, Natura Varilla Flavor, Guar Gum, Fricalcium Phosphate, Magnesium Phosphate, Xamthan Gum, L'Sedemondetionine [Selectium], Varian A Acetate/ Variano Z., Car Cocke, Variana (SEZ), Claminic Florace Desert (Darinis [Fishered Water, Whole Oat Flour), Caine Sugar, Coconut Oli, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Frozen Pineapples, Ice.	Contains Coconut.
Sweet Belgian Waffie	310	140	15	8	0	25	290	39	1	19	5	0	0	2	4	0	0	0	0	0	0	0	0	Blackberry-Pear Juice Blend (Blackberry-Pure Iffrom concentrate). Pear Juice (from concentrate), Grape Juice (from concentrate), Malin Acid), Visitia Coconstrain (Organic Coconstrain (Water, Coconstrain Cerum), Sugar, Natural Vanilla Planor, Gua Gum, Tricalcium Prosphete, Maguesium Prosphete, Xanshan Gum, L'Selemonettine (Selemium), Vitamin A Redelate, Vitamin DQ, Zinc Coxide, Vitamin B2Q, Outmin Frozen Dessert (Justimik Fritzeen Bessert (Justimik Fritzeen Dessert (Justimik Fritzeen Water, Whole Dat Flour), Caine Sugar, Coconst ON, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gumli, Frozen Princapples, Ice	Contains Coconut, Egg, Milk, Soy, Wheat.
Sweet Cloud Whip Foam, Topping, Green Scoop	60	30	3.5	3	0	0	10	8	0	4	0	8	0	4	0	4	50		2		0	0	0	Cocowing Foam (Datmilk (Water, Ost, 2% or less of Los Virus', Acid Repersed Ol., Dipotassium Phosphate, Calcium Carbonate, Tricakium Phosphate, Sea Sat, Dicakium Phosphate, Robolium', Villamin Z., Villamin B.21, Cocomut Will, Fighreed Water, Organic Coconut Oli, Organic Tapioca Syrup, Organic Cane Sugar, Pea Protein, Guar Gurm, Sunflower Lectifier, Xanthan Gurm, Natural Faivori).	Contains Coconut
Tapioca Boba Boost	80	0	0	0	0	0	30	21	0	18	0	0	0	0	0	0	0	0	0	0	0	0	0	Tapioca Boba (Glucose Syrup, Water, Modified Tapioca Starch, Sugar, Malt Extract, Sodium Alginate, Guar Gum, Xanthan Gum, Sodium Citrate), Water.	
The Go Getter Smoothie, Large	380	20	2.5	0	0	0	120	85	12	62	10	750	1010	45	25	0	15	15	15	6	280	0.5	4	Match a Green Tee (Water, Match Green Tee) (100% Enchas Green Tee)), Foren Vegetable & First like: Blendt (Reconstituted Sweet Potato Juice Concentrate), Water Sweet Potato Juice Concentrate), Water Green Vegetable & First like: Blendt (Reconstituted, Apple Juice Concentrate), Water Graen Juice Concentrate, First and Vegetable Juice (Foren Juice Concentrate), Springab Pures, Calcium Lartate, Priespelle Juice Concentrate, Bannana Pures, Calcium Lartate, Priespelle Juice (Toncentrate, Bannana Pures, Calcium Lartate, Priespelle Juice (Toncentrate, Bannana Pures, Calcium Lartate, Priespelle Juice (Toncentrate), Bannana Pures, Calcium Lartate,	
The Go Getter Smoothie, Medium	310	15	2	0	0	0	95	70	9	51	8	580	820	35	20	0	10	10	10	4	210	0.5	3	Match Green Tee (Vater, Match Green Tee) (100% Encha Green Tee)), Foren Vegetable & Freil Juice Bend (Reconstituted Sweet Potato Juice Concentrate), When Evan Secretaries (Juine Potato Juice Concentrate), sweet Potato Juice Concentrate), Apple Bruss Concentrate, White Grape Juice Concentrate, Freil and Vegetable Juice Foren Color, Carrol Juice Concentrate, Freil and Vegetable Juice for Color, Carrol Juice Concentrate, Spinisch Pures, Calcium Lacture, Presepple Juice Concentrate, Bannara Pures, Caucium Ext. Exp. (Exp. Clinic Acid Child Juice) (Caucimedr Juice, Periot, Citick Acid, Baber's Yeast Beta Giucan (Wellmune*), Ascorbic Acid (Vitamin C), Natural Flavor, Xanthun Gum), Frozen Mangos, Frozen Kale, Orange Juice (From concentrate).	
The Go Getter Smoothie, Small	260	15	1.5	0	0	0	85	57	8	41	7	500	690	30	20	0	10	10	10	4	175	0.5	3	Matcha Green Tao (Water, Matcha Green Tea (100% Tencha Green Tea)), Frozen Vegetable & Furtil Livie Blend (Reconstitute) Sweet Potatio Liuice Concentrate), Reple Potatio Fusice Concentrate), Reple Potatio Fusice Concentrate), Apple Potatio Juscice Concentrate), Apple Potatio Juscice Concentrate), Apple Potatio Juscice Concentrate, Apple Juscice Concentrate), Apple Juscice Concentrate, White Grape Juscice Concentrate, Furtil and Vegetable Juscice Grocentrate, Spinach Puree, Calcium Latche, Princeppile Juscice Concentrate, Banana Puree, Caucimeler Juscice, Potatio, Citic Acid, Balkers' Yeast Beta Glucan (Welfmune*), Ascorbic Acid (Vilamin C), Natural Flavor, Xanthun Gum), Frozen Mangos, Frozen Kale, Orange Juscice (From concentrate).	
Topped Waffle Bowl with Coccuship	570	240	27	16	0	25	300	79	5	37	8	0	50	4	10	0	130	10	4	4	0	0.5	0	Belgian Waffle (Wheat Flour, Sagar, Margarine (Palm Oll, Coconut Ol, Water, Cnola Ol, Moro- and Oldycerded (emulufiers)), Water, Butter, Egg, Lowert Sagar, Year, Sayr Flour, Salt, Falsard Vanilla Farov Hother (Autor all Raivers, Soy Lectihin), Strawberiner, Coconut Whilipfiers of Water, Organic Coconut Oli, Organic Taples Syring, Organic Canada (Syring Cardina), Garant Garant Syring, Organic Canada (Syring Cardina), Garant Garant Syring, Sarant Garant Syring, Sarant Garant Syring, Sarant Syring,	Contains Coconut, Egg, Milk, Soy, Wheat.
Topped Waffle Bowl with Greek Yogurt	570	180	20	9	0	30	350	78	5	42	20	0	50	20	10	0	2	10	4	4	0	0.5	0	Nordia Greek Yogurt (Cultures Ronita Miki), Belgian Waffe (Whees Flour, Sugar, Margarine (Plain OL, Ecconst OL, Water, Canda OL), Mono- and Olycerides (emuldifest)), Warer, Suthert, Egg. havet Suyr, Yeast, Sp. Flour, Sark, Matural Vanila Flour, with other Natural Flourine, Survey and the Plantaria Ronison, Sput schelin, Syravberies, Blueberies, Organic Granola (Whole Grain Rolled Oats, Sugar, Sunflower and/or Candal Oll, Rice Flour, Pumpkin Seeds, Flax, Oat Syrup Solids, Molasses, Sea Salt, Cransmon). Otto:	Contains Coconut, Egg, Milk, Soy, Wheat.
Belgian Waffle Bowl with Frozen Oatmilk Dessert	660	270	30	18	0	25	300	92	6	47	9	0	50	6	10	0	2	10	4	4	0	0.5	0	Ostmik Treach Desser (Dathmik [Filtered Water, Whole Our Flour], Cane Sugar, Coconut Oll, Tapicos Syrup, Pea Protein, Lossut Bean Gum, Guur Gum), Belgien Walfer (Whort Flour, Sugar, Margene (Palm Oll, Coconut Ol, West, Canelo Ol, More - and Olghycride (ensulfiers)), Water Suther F. (gg. Invest Sugar, Yeast, Soy Flour, Salt, Natural Vanilla Flavor with other Natural Flavors, Soy Lecithin), Strawberries, Blueberries, Organic Granda (Whole Grain Rolled Oats, Sugar, Sunflower and/or Canola Ol, Rice Flour, Pumplin Seeds, Flax, Oat Syrup Solids, Moltasses, Sea Salt, Cinnamon).	Contains Coconut, Egg, Milk, Soy, Wheat.
Belgian Walfile Bowl with Fat Free Vanilla Frozen Yogurt	580	180	20	9	0	25	350	91	5	54	11	0	50	15	10	0	2	10	4	4	0	0.5	0	Fat Free Vanilla Frazen Yogurt (Stam Mills, Sugar, Whee, 2; Stor less of Natural Rivers, Carn Syrup, Latck Acid, Vnegar, Whee Protein Concentrate, Moro- and Opligencies, Locator, Been Gum, Guar Gum, Thra Gum, Carnagerena, Annatio Extract (color, Clutiers), Beighe in Wiffe (Phores Flow, 2gar, Margarine Plaim) GL, Cozout Oli, Water, Canolo Gl, Moro- and Dejeyenties (emulaifera), Water, Butter, Egg, Invert Sugar, Yeast, Soy Flour, Salt, Natural Vanilla Flavor with other Natural Flavors, Syn (exichtin), Straweriers, Bubezherer, Gunain, Grande (Whole Grain Rolled Outs, Sugar, Sunflower and/or Canolo Gl, Rice Flour, Rumpkin Seeds, Flax, Oat Syrup Solids, Molasses, Sea Salt, Cinnamon).	Contains Coconut, Egg, Milk, Soy, Wheat.
Belgian Waffle Bowl with Lime Sherbet	580	190	21	9	0	30	320	89	5	51	8	0	50	8	10	0	2	10	4	4	0	0.5	0	Jame Snebet (Water, Sugar, Mik, Corn Syrup, When, Xr So less of Lime Jaice Concentrato, Orange Pulp, Lime Oli, Matural Rivor, Cream, Ciffe, Acid, Mono- and Objectieries, Lossa Ben Gium, Guidi Com, Tra Gain, Carragerean, Turmeric Estrato (Lord), Beglius well Meybera Flour, Sugar, Megraine Palan Oli, Caconus CII, Water, Canola Ol, Mono- and Digisprenifier (emulatires)), Water, Butter, Egg, Invest Sugar, Yeast, Soy Flour, Salt, Natural Vanilla Flavor with other Natural Flavores, Soy Leichhili, Stawberries, Organic Granola (Whole Grain Rolled Oats, Sugar, Sunflower and/or Canola Ol), Rice Flour, Pumpkin Seeds, Flax, Oat Syrup Solids, Molasses, Sea Salt, Cinnamon).	Contains Coconut, Egg, Milk, Soy, Wheat.
Belgian Waffle Bowl with Orange Sherbet	570	190	21	9	0	30	320	89	5	52	8	0	50	8	10	0	2	10	4	4	0	0.5	0	Crange Sherbet (Witer, Sugar, Milk, Corn Syrun, Witer, 23 or less of Crange Jusic Concentrate, Crange Polg, Crange Old, Crang, Crist, Acid, Mono. and Oplicenties, Location Been Gin, Gius Crain, The Gin, Crangerpean, Anonto Entract (Cold), Beligha Martler (More Flors, 19gar, Marginer (Palin Ol, Cocons CI), Water, Canolo CI, Mono- and Digiscenties (emulatiens), Water, Butter, Egg, Invest Sugar, Yeast, Soy Floor, Salt, Natural Vanilla Flavor with other Natural Flavors, Soy Cesthinh, Stawarberries, Residenties, Organic Granola (Whole Grain Rolled Oats, Sugar, Sunflower and for Canolo Ol), Rice Flour, Pumpkin Seede, Flax, Oat Syrup Solids, Mollasses, Sea Salt, Cinnamon).	Contains Coconut, Egg, Milk, Soy, Wheat.
Belgian Waffle Bowl with Prinsapple Sherbet	580	190	21	9	0	30	320	91	5	53	8	0	50	8	10	0	2	10	4	4	0	0.5	0	Peneggie Sherbert (Water, Sugar, Milk, Curn Syrup, Mhlwe, 25 or less of Pineagelle Juise Concentrate, Cream, Natural Flavors, Circk Acid, Mono- and Oglycerfede, Locus Bees Gum, Guar Gum, Tax Gum, Carrageream, Begin Walfe (Note Houx, Sugar, Margine (Palm Oll, Coconto) (M. Weter, Canola Oll, Mono- and Ollycerfedes (emudifieral), Water, Butter, Egg, Invert Sugar, Yeast, Soy Flour, Salt, Natural Vanilla Flavor with other Natural Flavors, Soy Lecthin), Strawberries, Bluesferies, Organic Granola (Whole Grain Rolled Oats, Sugar, Sunflower and/or Canola Oll, Rice Flour, Pumpkin Seeds, Flax, Oat Syrup Solids, Molasses, Sea Salt, Chinamon).	Contains Coconut, Egg, Milk, Soy, Wheat.
Belgian Walfile Bowl with Ruspberry Sherbet	580	190	21	9	0	30	320	90	5	52	8	0	50	8	10	0	2	10	4	4	0	0.5	0	Baspberry Sherbert (Water, Sugar, Mills, Corn Syrug, Wher, Skim Mills, 2% or less of Baspberries, Baspberry Javes Concentrate, Natural Filavor, Cream, Citric Acid, Mono- and Objectedes, Locusit Beard official, Grand Corn Grangenan, Red Beet Estract (color), Egilegal Walffle (Whest Flour, Sugar, Margarine [Palm Oll, Coccoun Cill, Water, Canolo Ol, Mono- and Diplycerdeis (emulsifien)], Water, Bastler, Egg, Invert Sugar, Yeast, Sory Flour, Six Mustural Varilla Flour with other Natural Tailons, Systy Leithol, Statewerie, Blueberries, Organic Grand (Whole Grain Rolled Oats, Sugar, Sunflower and/or Canola Oil, Rice Flour, Pumpkin Seeds, Flaur, Oat Syrup Solids, Molasses, Sea Saft, Cinnamon).	Contains Coconut, Egg, Milk, Soy, Wheat.

\sim	jami	ha

Marie Service																											
1	Menu Item	Total Calories		ž	ž		Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)		Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV		Vitamin D (%DV)	Vitamin E (%DV)	- imc		E		Caffeine (mg)	Servings of Fruit	Servings of Vegetables	Fulsome Ingredient List	Allergens
Mathematical Properties Mathematical Pro	Tropical Dragon Twist Smoothie, Small	310	15	1.5	1	0	5	35	72	3	63	1	50	50	6	6	0	4	:	2 :	2	0	0	1.5	0	Orange Juice [From concentrate]. Passion Fruit Juice [From concentrate]. Natural Flavors], Rappberry Sheebet (Water, Suge, Milk, Con Syrug, Whey, Sim Milk, 25 or less of Replaceries, Rappberry Alec Concentrate), Natural Flavor, Cream, Circk Add, Mono- and Objectiveles, Locuste Beac Groun, Gase Grom, Tara Gum, Carrageenan, Red Beet Edurat (Lober), Caramet Color, Annatto Estract (color)], Pomegrante Flavorer Apple Juice Blend (Apple Juice [From concentrate]), Park Juice (From concentrate), Par	Contains Milk.
Part	Tropical Dragon Twist Smoothie, Medium	420	20	2.5	1.5	0	5	50	99	3	86	2	80	70	10	6	0	6			4	0	0	2	0	Orange Juke (From concentrate), Passion Fruit Juke (From concentrate), Natural Flavors), Raspberry Sherbet (Water, Sugar, Mills, Com Syrup, Whey, Xim Mills, Xio er less of Rappberries, Rappberry Juke Concentrate), Natural Flavor, Cream, Clinic Acid, Minon- and Disperriedes, Lossate Ben Gium, Giur Grum, Tara Gium, Carrageenan, Red Beet Estrate (Color), Caramel Color, Annatto Estrate (Color), Pomegranate Flavored Apple Juke (Bend (Japple Juke (From Concentrate)), Pearly Live (From Concentrate), Pearly Live	Contains Milk.
Mary	Tropical Dragen Twist Smoothie, Large	570	30	3.5	2	0	10	65	133	5	116	2	100	90	10	10	0	6			4	0	0	2.5	0	Orange Juice (from concentrate), Passion Fruit Juice (from concentrate), Natural Flavors), Raspberry Sherbet (Water, Sagar, Mills, Com Syrup, Whey, Xim Mills, Xivo elsos of Rappberries, Rappberry juice Concentrate, Natural Flavor, Cream, Clinic Acid, Monon-and Disperriedes, Locust Ben Gum, Giur Gum, Tara Gum, Carrageenan, Red Beet Estrate (color), Caramel Color, Annatto Estrate (color), Pomegranate Flavored Apple Juice Blend (Apple Juice (from concentrate), Passi Viter, Grick Fruit & Vegelbe Juice (English, Marrial Flavor), Fruite (Fruit Revented Juice), Color, Marrial Flavor, Fruite Vegelbe Juice (English, Marrial Flavor), Fruite (Fruite), Passible Juice (Eorly, Natural Flavor), Fruite (Fruit Revented Juice), Color, Marrial Flavor, Fruite Vegelbe Juice (Eorly, Natural Flavor), Fruite (Fruite), Passible Juice (Eorly, Natural Flavor), Passible Juice (Eorly, Natural Flav	Contains Milk.
Martin M		360	80	9	8	0	0	25	70	3	55	2	50	50	4	8	0	4	:	2 :	2	0	0	1.5	0	Grange Jucke [From concentrate]. Passion Fruit Jucke [From concentrate]. Natural Flavors), Castmik Frozen Desert (Dahmik [Flaved Water, Whole Oak Flour), Caste Signer, Censor (J. Agriced Signer, Person Lincate Steal Conf., Guar Guar), Promptiagnate Flavored Apple Linke Bleed (Apple Jucker (from concentrate), Pear Jucke [From concentrate], Pomegranate Juice [From concentrate], Cliric Acid, Fruit & Vegetable Juse [Gobr], Natural Flavor), Frozen Mangos, Ice, Organic Fromen Changer Fruit, Promptiagnate Juice [From concentrate].	
Part	Plant Based Tropical Dragon Twist Smoothie, Medium	540	140	16	14	0	0	30	102	5	80	ю	80	70	6	10	0	6			4	0	0	2	0	Orange Juice [from concentrate], Passion Fruit Juice [from concentrate], Natural Flavors), Oatmilk Frozen Dessert (Datmilk [Filtered Water, Whole Oat Flour], Cane Sugar, Coconut 03, Tapicua Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Pomegranate Flavored Apple Juice Blend (Apple Juice [from concentrate], Deser Juice [from Concentrate], Deser Juice [from Concentrate], Direct Audit Flavor), Frozen Mango, Lee, Organic	Contains Coconut.
March Marc		700	170	19	17	0	0	40	133	7	104	4	100	90	8	15	0	6			4	0	0	2.5	0	Orange Juice [from concentrate], Passion Fruit Juice [from concentrate], Natural Flavors), Oatmilk Frozen Dessert (Datmilk [Filtered Waiter, Whole Oat Flour], Cane Sugar, Coconut 03, Tapicua Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Pomegranate Flavored Apple Juice Blend (Apple Juice [from concentrate], Dener Juice [from concentrate], Dener Juice [from concentrate], Direct Audi, Fruit & Vegetable Juice [color], Natural Flavory, Frozen Mangos, Ice, Organic	Contains Coconut.
Part	Tropical Dragon Twist Bowl	430	80	9	4.5	0	0	25	84	12	52	6	100	100	6	15	0	8	1	5 1	.0	6	0	1	0	Orange Juice [from concentrate], Passion Fruit Juice [from concentrate], Natural Flavors), Frozen Mangos, Organic Frozen Dragon Fruit, Bananas, Organic Granola (Whole Grain Rolled Oats, Sugar, Sunflower and/or Canola Oil, Rice Flour, Pumpkin Seeds, Flax, Oat Syrup Solids, Molasses, Sea Salt, Cinnamon),	
Part	Turkey Sausage 'n Cheese Breakfast Wrap	320	140	15	6	0	40	580	30	1	1	17	6	0	20	8							0	0	0	Totalla (Enriched Wheat Flour (Wheat Flour, Camyen, Naion, Reduced Iron, Thainim Monomitrate, Ribblown, Folir, Acid (J. Water, Vegetable Shortening Copphean Oil, Vegetable Mono- and Dighre-Folir, Copophero) (Water) and Jan (1987) and Folir (J. Stock 1987) and Copphean Oil (J. Stock 1987). Copphean (J. Stock 1987) and Copphean (J. Sto	
Part	Turmeric Shot, RTD	25	0	0	0	0	0	0	6	0	3	0	0	60	0	0		0	() ()	0	0	0	0	Turmeric Shot (Orange Juice, Lemon Juice, Turmeric).	
No. Comment No.	Vanile Blue Sky Bowl	290	70	8	3	0	0	60	52	7	26	5	8	120	20	10	15	10	1	5	6	6	0	1.5	0	Palmitate, Vitamin DJ, Ses Satt, Natural Flavor, Sunflower Lecthini, Locusi Bean Gum, Gellan Gum, Accorbic Acid (Ip protect flavor)]. Frozen Bananas (Accorbic Acid and Foreire, Vanilla Coronamic Rigorain Coronamini (Water, Corona Creen), Sugar, Matural Almalin Ravor, Guar (Sun Trickicum Phosphate, Magresium Phosphate, Magr	
200 50 5 3 0 0 110 50 6 37 1 20 120 65 8 40 25 120 8 6 0 2 0 Noter, Construct Cream, Special Sector (Long), Transform		360	60	7	4	0	0	150	77	8	48	3	25	180	60	10	50	30	1	5 1	.0	10	0	2.5	0	D2], See Salt, Natural Tavor, Sunflower Lectihin, Locust Bean Gum, Gellan Gum, Accorbic Acd (In protect Ravor)), Vanilla Coccumitalik (Organic Coccomutalik (Water, Coccount Cream), Sugar, Natural Vanilla Flavor, Guar Gum, Tricalcium Phosphate, Magnesium Phosphate, Xanthan Gum, L-Selenomethionine (Selenium), Vitamin Alectate, Vitamin D2, Zinc Oxide, Vitamin B2), Floren Bananas (Ascorbic Acid and/or Ctric Acid), Floren Pineappies, Blue Spirulina Powder (Trehalose, Spirulina Extract (Color), Trisodium Citrate).	Coconut.
200 40 4.5 2.5 0 0 90 43 5 77 2 15 90 35 6 35 70 8 6 6 0 1.5 0	Vanilla Blue Sky Smoothie, Medium	280	50	5	3	0	0	110	59	6	37	3	20	130	45	8	40	25	1	0 8	В	6	0	2	0	[Water, Coconut Cream], Sugar, Natural Vanilla Flavor, Guar Gum, Tricalcium Phosphate, Magnesium Phosphate, Xanthan Gum, L-Selenomethionine [Selenium], Vitamin A Acetate, Vitamin D2, Zinc Oxide, Vitamin B12], Frozen Bananas (Ascorbic Acid and/or Citric Acid), Frozen Pineapples, Blue Spirulina	
Second Control of Co	Vanilla Blue Sky Smoothie, Small	200	40	4.5	2.5	0	0	90	43	5	27	2	15	90	35	6	35	20	ε	3 6	5	6	0	1.5	0	D2], Sea Salt, Natural Flavor, Sunflower Lecithin, Locust Bean Gum, Gellan Gum, Ascorbic Acid (to protect (lavor)), Vanilla Coconutmik (Organic Coconutmik (Water, Coconut Cream), Sugar, Natural Vanilla Flavor, Guar Gum, Tirakicium Phosphate, Magnesium Phosphate, Xanthan Gum, L-Selenomethionine (Selenium), Visiani A Acetaet Visiani D2, Zinc Coide, Visiani B12), Forcea Banasas (Ascorbic Acid and/or Critic Acid), Forcea Princaples, Blue Spriurina	
Vegge Veslags** Alley, Sensal 20 10 1 0 0 0 220 44 8 29 4 860 60 15 15 0 15 10 1 0 0 0 0 220 44 8 29 4 860 60 15 15 20 20 8 8 0 1 3 3 Fresh Juiced Apple, Fresh Juiced Carrot, Ice, Fresh Spinsch. Valentemelon Revere Smoothle, Large Watermelon Revere Smoothle, Large Watermelon Revere Smoothle, Medium Watermelon Revere Reple place (Fresh Juiced Carpet, Line (Juiced, Medium, Line Juiced, Medium, Line Juiced, Mediu																										Xanthan Gum, L-Selenomethionine [Selenium], Vitamin A Acetate, Vitamin D2, Zinc Oxide, Vitamin B12].	Contains Coconut.
20				_			_										_		_								
Watermelon Breeze Smoothle, Large Valentmelon Breeze Smoothle, Large	1000	_														_	+	_	_	_	_		_		3.3		
## AUD ##																									0	Sherbet (Water, Sugar, Milit, Corn Syrup, Whey, Skim Milit, 2% or less of Raspberries, Raspberry Juice Concentrate, Natural Flavor, Cream, Citric Acid, Mono- and Dighzenides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Red Beet Extract (color), Caramel Color, Annatto Extract (color), I.ce, Frozen Strawberries, Frozen Pinesppies.	
Watermelon Breeze Smoothle, Small Watermelon Breeze Smoothle, Small Watermelon Breeze Smoothle, Small Understand Smoothle, Small Watermelon Breeze Smoothle, Small Understand Smoothle, Small Understand Smoothle, Small Watermelon Breeze Smoothle, Large Watermelon Breeze Smoothle, Large Watermelon Breeze Smoothle, Large Watermelon Grape Live Bred Grape Live Bred Cape Live Bred Cape Live (Live Bred Cape), Live Bred Cape Live (Live Bred Cape), Live Bred Cape Live (Live Bred Cape), Live Bred Cape Live Bred	Watermelon Breeze Smoothie, Medium	410	15	1.5	1	0	5	60	98	2	85	2	140	120	10	25	0	2	4		2	2	0	1	0	and Diglycerides, Locust Bean Gum, Guar Gum, Tara Gum, Carrageenan, Red Beet Extract [color], Caramel Color, Annatto Extract [color]), Ice, Frozen	Contains Milk.
590 120 13 11 0 0 60 120 5 96 4 160 170 8 35 0 2 4 2 2 0 1 0 (Datmilk [Filtered Water, Whole Oat Flour), Cane Sugar, Coconut Oil, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Ice, Frozen Strawberries,		300	10	1	0.5	0	5	45	71	2	62	2	110	90	6	20	0	0	1	2 2	2	2	0	1.5	0	Watermeion Flavored Grape Juice Blend (Grape Juice (Timo concentrate)), Watermeion Juice (Floro concentrate), Watermeion Concentrate), Watermeion Concentrate), Water Staver, Clink Acid), Rapplerry Schwetter (Water, Sage, Mic, Com Synu, Wiley, Sim Milli, 26 or led of Rappeterre, Rapplerry, Juice Concentrate), Natural Flavor, Cream, Cirk Acid, Mono- and Delycrefies, Locus Bean Gun, Guar Gum, Tara Gum, Carrageenan, Red Beet Extract (color), Caramet Color, Annatto Extract (color)), Ice, Frozen Strowberfres, Frozen Breageles.	
	Plant-Based Watermelon Breeze Smoothie, Large	590	120	13	11	0	0	60	120	5	96	4	160	170	8	35	0	2		:	2	2	0	1	0	(Oatmilk [Filtered Water, Whole Oat Flour], Cane Sugar, Coconut Oil, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Ice, Frozen Strawberries,	Contains Coconut.

~		,
~ ~	iami	าด

Part														301112		tional S	p. caas										· jamba
Mathematical Continue Math	Menu Item		from	ž	Fat		Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vitamin E (%DV)		듣	Vitamin B2 (%DV)		Caffeine (mg)	Servings of Fruit	Servings of Vegetables	Fulsome Ingredient List	Allergens
Mathematical part Math	Plant-Based Watermelon Breeze Smoothie, Medium	490	100	11	9	0	0	50	99	3	80	3	140	120	6	30	0	2		4	2	2	0	1	0	(Oatmilk [Filtered Water, Whole Oat Flour], Cane Sugar, Coconut Oil, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Ice, Frozen Strawberries,	Contains Coconut.
Mary	Plant-Based Watermelon Breeze Smoothie, Small	330	60	6	5	0	0	35	69	2	57	2	110	90	4	20	0	0		2	2	2	0	0.5	0	Watermelon Grape Juice Blend (Grape Juice (from concentrate), Watermelon Juice (from concentrate), Natural Flavors, Citric Acid), Oatmilk Frozen Dessert (Oatmilk Filtered Water, Whole Oat Flour), Cane Sugar, Coconut Oil, Tapioca Syrup, Pea Protein, Locust Bean Gum, Guar Gum), Ice, Frozen Strawberries,	Contains Coconut.
Mathematical Mat	Watermelon Grape Juice Blend, 8 fl oz	160	0	0	0	0	0	25	39		35	1		2	2	15				0	0	0	0	0.5	0	Watermelon Grape Juice Blend (Grape Juice [from concentrate], Watermelon Juice [from concentrate], Natural Flavors, Citric Acid).	
Mathematical Content	Wheatgrass Juice Shot	_	_																						0.5	Fresh Wheatgrass Juice.	
Part													0							_			_		0	Wheatgrass Shot (Fresh Wheatgrass Juice, Apple Juice, Fresh Juiced Lemon). Whey Protein Boost (Whey Protein Concentrate, Soy Lecithin).	
Part										-		-					0	4		2	2	0				Fach Flowerd Pear Live Blend (Pear Juce (Tron concentrate), White Grape Intelligent Concentrate), Peach Juce (Tron concentrate), Male Acid, Natural Flower), Peach Juce (Tron Concentrate), And Acid, Male Acid,	
Part	White Gummi Smoothie, Medium	450	30	3.5	2	0	10	85	102	1	91	2	40	25	10	6	0	2		2	2	0	0	1	0	Flavot, Pilmespie Shrehel (Water, Sugar, Milk, Corn Syrug, Whey, 2% for less of Prineagale Juice Concentrate, Cream, Natural Flavors, Citric Acid, Mono- and Dispercientes, Locate Bean Giun, Gaur Gium, Tara Gium, Carragemani, Le, Vanilla Soymil, Wider, Rice Sweetenber (Water, Rex. Rev. Beatra), Sugar, Organic Soyle Base (Water, Whole Organic Soyleans), Soy Protein Isolate (Soy Protein Isolate, Soyle Lechilm), Natural Vanilla Flavor with Other Natural Flavors, Carrageman, Organg-Sheehe (Water, Sugar, Milk, Corn Fyrug, Whey, 25 or Ison Spring, Water, 25 or Internation, Organic Quince, Carric, Acid, Mono- and Dispercientes, Locate Bean Gium, Guar Gium, Tara Gium, Carrageman, Annato Entrac (Looly), Raspherry Shrebet (Water, Sugar, Milk, Corn Syrug, Whey, Stim Milk, Xio er Isos (Tabel Specientes, Raspherry Nice Concentrate), Natural Flavor, Ceram, Circle, Add, Mono- and Objectedes, Locust Bean Gium, Gium Gium Gium, Carrageman, Red Beet Estract (Looly, Caramel Color, Annato Estract (Looly), Farsen Mango, Lime Shrebet (Water, Sugar, Milk, Corn Syrug, Whey, Stim Milk, Corn Syrug, Whey, Stim Milk, Corn Syrug, Whey, Stim Milk, Corn Syrug, Whey, Gium, Carrageman, Red Beet Estract (Looly, Caramel Color, Annato Estract (Looly), Farsen Mango, Lime Shrebet (Water, Sugar, Milk, Corn Syrug, Whey, Corn Syrug, Whey, Gium, Carrageman, Red Beet Estract (Looly, Caramel Color, Annato Estract (Looly), Farsen Mango, Lime Shrebet (Water, Sugar, Milk, Corn Syrug, Whey, Corn Syrug, Whey, Connectived, Mono- and Objectedes, Locust Been Ground, Gaus Gium, Tara	Contains Milk, Soy.
Part Compare	White Gunesi Smoothie, Small	310	20	2.5	1.5	0	5	60	70	1	63	2	25	15	8	4	0	2		2	2	0	0	0.5	0	Flavot, Pilnespie Sherbell (Water, Sugar, Milk, Corn Syruy, Whey, 2% or less of Pineappile Juice Concentrate, Cream, Natural Flavors, Citric Acid, Mono- and Dipyceriredis, Locate Bean Guin, Gaur Gum, Tara Gum, Carageaman, Inc., vanilla Symylin (Water, Rice: Nesenteen (Water, Rex. Rice Reinan), Sugar, Organic Soyle Base (Water, Whole Organic Soybeans), Soy Protein Isolate (Soy Protein Isolate, Soy Lecibin), Natural Vanilla Flavor with Other Natural Flavors, Carrageeman, Orange Sheelte Wilker, Sugar, Milk, Corn Fyruy, Whey, Ziós in editor of Orange Juice Contentate, Orange Gu, Geron, Critic Acid, Mono- and Dipycericles, Locust Bean Gum, Guar Gum, Tara Gum, Carrageeman, Annato Entrac (Looly), Raspberry Shrebet (Water, Sugar, Milk, Corn Syruy, Whey, Stim Milk, Ziós er less of Theu independent, Sugar, Milk, Corn Syruy, Whey, Stim Milk, Ziós er less of Theu independent, Sugar, Milk, Corn Syruy, Whey, Stim Milk, Ziós er less of Theu independent, Sugar, Milk, Corn Syruy, Whey, Stim Milk, Ziós er less of Theu independent, Sugar, Milk, Corn Syruy, Whey, Stim Milk, Milk, Milk, Milk, Milk, Corn Syruy, Whey, Stim	Contains Milk, Soy.
April Control Contro	Food Should Taste Good Multigrain Tortilla Chip	210	80	9	1	0	0	120	27	5	2	4	0	0	4	6										Ground Corn, High Oleic Sunflower Oil and/or Safflower Oil and/or Canola Oil, Brown Rice Flour, Flax Seed, Sesame Seed, Sunflower Seed, Quinoa, Sea Salt.	Contains Seasame
Company Comp	Hippeas Organic Chickpea Puffs	250		-				240	22			-				_										Chickpea Flour, Rice Flour, Yellow Pea Flour, Sunflower Oil, Salt, Sugar, Natural Flavor, Garlic Powder, Onion Powder, Citric	
And Seaded Present Dubble that Could be for A Could from June 2 and A County of The Co	Kind Snacks Protein Crunchy Peanut Butter Bar	-	-		_	-	_			-	-	12				_	-									Peanuts, Chicory Root Fiber, Soy Protein Isolate, Honey, Glucose Syrup, Palm Kernel Oil, Sugar, Peanut Flour, Peanut Butter (Peanuts, Sea Salt), Nonfat Milk	
Paper of properties specifying Visions 15	Kind Snacks Protein Double Dark Chocolate Bar	240	150	17	4	0	0	125		5	8	12			4	10	0									Peanuts, Almonds, Glucose Syrup, Soy Protein Isolate, Honey, Palm Kernel Oll, Sugar, Chicory Root Fiber, Unsweetened Chocolate, Alkalized Cocoa, Soy Leckhin, Natural Filwor, See Salt, Cocoa Butter.	Contains Peanut, Soy, Almond. May Contain
Paper of properties specifying Visions 15	Spindrift Lemon Sparkling Water	-				-		_																		Carbonated Water, Lemon Juice.	
Special Regularity User Spacing Water S 0 0 0 0 0 0 0 0 0		_				_					-					-			_							Carbonated Water Grapefruit luice, Orange Juice, Lemon Juice, Hibiscus (For Color)	
Page	1 1 1																										
VALIGIA Presend Coronal Water 10			_	_		_														_							C
Concide Moré Prevete, Say Sourge Concide Moré Prevete, Say Sourge Concide Moré Prevete, Say Sourge Concide Moré Prevete, Say Sourge Concide Moré Prevete, Say Sourge Concide Moré Prevete, Say Sourge Concide Moré Prevete, Say Sourge Concide Moré Prevete, Say Sourge Concide More Prevent, Say Sourge Concide More Prevete, Say Sourge Concide More Pr																											
Submert Solid Training Submert Solid Train										0			_	110						_							
Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg and Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich Egg And Swiss on Mini Sprouted Grain Bistro Bun Sandwich (Warma Bistro Bun Sandwich Kallware Bun Sandwich Kallwar										3													0	0		What I shault Bread (Water, Whole Whost Four, Enriched Wheat Four) (What Four, Market Bairly Four, Marin, Reduced Four, Thairnin Monositrate, Bacholinn Folk Acid, Wang Bace (Wheat Blacer, Com Sarket, All Farry, Say Protein Indices, Soybean (Du Berlated Spring), Feature Broug, 250 C Jes 20). Whole Wheat Four, Destroac), Wheat Gluther, Canols of Sugar, Mold Inhibitor (Cultured Wheat Four, Winear), Honey, Salt, Yeast, Aucrotic Acid, Calbube Gam, Simflower Of, Tarmyell, Cookeding Gay Wither Egg Wilner, Gundier Good Sarth, Orant Malk, Whey Protein Indials, Salt, Veats, Aucrotic Acid, Calbube Russ, Salthan Gun, Annatta (Coder)), Chipothe Cosija Cheese (Pastavured Part Saim Mills, Salt, Culture, Enzyme, Celdulore Rowder (For Pervent Calading), Hawkhand Cream (Hose) Bestatured Mills And Carem, Mills, Water, Came, Nor-Alt DV Mills, Salt Culture, Farame, College Rowder (For Pervent Calading), Hawkhand Cream (Hose) Bestatured Mills And Carem, Mills, Water, Carem, Nor-Alt DV Mills, Soft Ces Of Salt, Cort Less Of Salt, Soft Ces Of Salt, Salt Ces Of Salt, Salt Ces Of Salt, Salt Ces Of Salt, Soft Ces Of Salt, Salt Ces Of Salt, Soft Ces Of Salt, Salt, Salt, Soft Ces Of Salt, Salt, Salt, Salt, Soft Ces Of Salt, Salt, Salt, Salt, Soft Ces Of Salt, Salt, Salt, Salt, Salt, Salt, Salt	
Pastavirue Egg Whites, New Yes Windows Cream (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Windows (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Windows (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue Egg Whites, New Yes Wash (Larrageer Agent (Limited Pastavirue)) (Larrageer Agent (Limited Pastavi		200	80	9	3.5	0	100	580	14	1	2	13			15	6							0	0	0	Norder Mile, 7% or less of Modified Food Starch, Salt, Xanthan Gum, Citric Acid (Preservative), Natural Butter Flavol, Sprouded Grain Bun (Enriched Whest Florer	Egg, Milk, Wheat
Feta, Spinach, Tormo, Egg White Bake		200	120	13	7	9	35	440	9	1	2	12			15	6							0	0		Feta Cheese (Cultured Pasteurized Milk, Salt, Enymes), Norlat Greek Yogur (Cultured Nonfat Milk, Live And Active Cultures (S. Thermophilus, L. alughricus, L. Acidophilus, Riffact, Casel, And I. Rhomosoul), Parmesan Cheese (Pateurized Fate) (Siris Milk), Cheese Cultures, Salt, Enzymes), Powdered Cellulose (To Prevent Caking), Rice Flour Better ([Rice Flour, Tapicos Starch), Potato Starch, Whole Grain Brown Rice Flour, Vitamin And Mineral Bell Calcium Carthonase, Nacionative (Nathrim Bill, Resecuted for n. Thiamin Herdoricher (Wattern Bill, Radicuted Tax).	Egg, Milk, Soy

\sim	ami	ha

																									9
Menu Item	Total Calories	Calories from Fat (kcal)	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholester ol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium %DV	Iron (%DV)	Vitamin D (%DV)	Vítamin E (%DV)	Vitamin B1 (%DV)	Vitamin B2 (%DV)	Zinc (%DV)	Caffeine (mg)	Servings of Fruit	Servings of Vegetables	Fulsome Ingredient List	Allergens
Classi: Breakfast Sandwich on Multigrain Clabatta Bun	410	230	25	9	0	115	660	30	3	1	15			15	10						-	-	-	Multigrain Cabatra Jun (Water, Sprouted Whole Wheel Flour, Enriched Wheel Flour (Weel Flour, Water), Reduced from Thiramire Mononitrate, Ribolitario, Folio Acid, Mithele Barley Flour), Salt, Beltermilli Preveder, Malt Barley Flour, Postulo Flour, Colleger (Weeler Flour, Calcioum Solidae, Enymera, Associa-Acid, Olive Comace O, Milder, Ber (Werter Wheel, Acid, Whithe Wheel, Reg. Berkey, Olis, Sufference Section, 1983, 1994) Profeet, Water, Salt, Spring, Spring, Spring, Post, Milder Section, 1984, 198	Contains Egg, Milk, Wheat.
Impossible Vegetarian Breakfast Sandwich on Multigrain Calabatta Bun	330	140	15	6	0	15	720	33	4	0	15			20	15						-	-		Multigrain Cabatta Dun (Water, Sprouted Whole Wheat Flour, Enriched Wheat Flour, Micro, Reduced Iron, Thiamine Monositrae, Röchlavin, Folic Acid, Mahted Barley Flour, Sain, Burtermills Provider, Mait Barley Flour, Potato Flour, Cultured Wheat Flour, Calcium Sulfate, Enzymes, Accorbic Acid, Olive Cancertiset, Surfavore Oil, Common Oil, Zur or less of Methyledulors, Yeast Entrett, Sail, Natural Flourn, Cultured Debross, Sprice, Food Starch Modified, Onlive Posader, Castle, Fouder, Group College, Veget Entrett, Sail, Natural Flourn, Cultured Debross, Sprice, Food Starch Modified, Onlive Posader, Castle, Fouder, Grupt Engelow, Engelow, Posader, Sprice, Food Starch Modified, Onlive Posader, Castle, Fouder, Grupt Engelow, Engelow, Posader, Sprice, Food Starch Modified, Onlive Posader, Castle, Fouder, Grupt Engelow, Engelow, Posader, Sprice, Food Starch Modified, Onlive Posader, Castle, Fouder, Grupt Engelow, Engelow, Posader, Sprice, Food Starch Modified, Onlive Posader, Castle, Fooder, Grupt Engelow, Engelow, Posader,	Contains Milk, Soy, Wheat.
Tango Oasis Smoothie, Large	470	20	2	1	0	5	70	112	3	97	2	90	110	10	10	0	8	6	4	2	0	3	0	Peach Flavored New Julie Bland (Pear Julie (from concentrate), White Group Julie (from concentrate), Peach Julie (from concentrate), Male Acid, Matural Stand, Tenespha Stertent (Mare, Super, Mal, Con Syrup, Wee, 2% or less of Penegyle Julie Concentrate, Cream, Natural Flavore, Cork Acid, Mono and Oligicenteis, Locate Ree (Fig. 16), France Strawberter, France Strawberter, Service Standard (Fig. 16), France Strawberter, Service Standard (Fig. 16), France Strawberter, Service Standard (Fig. 16), France Strawberter, Service Strawber	Contains Milk
Tango Oasis Smoothie, Medium	360	15	1.5	1	0	5	50	85	3	74	2	80	90	8	8	0	6	4	4	0	0	2	0		Contains Milk
Tango Oasis Breeze Smoothie, Small	250	10	1	0.5	0	5	40	61	2	53	1	50	60	6	6	0	4	2	2	0	0	1.5	0	Reach Favored Pear Juice Blend (Pear Juice (from concentrate), White Grape Juice (from concentrate), Peach Juice (from concentrate), Malic Acid, Natural Favor), Pineapple Sterbert (Marer, Suger, Mail, Corn Syrup, Whey, 2 No or los of Pineapple Juice Concentrate, Ceram, Natural Faivore, Ciric Acid, Mono- and Olykernieds, Locus Debe Ground, Grape Corn (Favored), Process Symboletres, Corn (Favored), Process Symboletre	Contains Milk
Golden Summer Smoothie, Small	190	5	0	0	0	0	5	46	2	42	2	50	60	2	2	0	4	4	4	0	0	1.75	0	Pineapple Juice (Pineapple Juice [from concentrate], Natural Flavor), Frozen Mangos, Ice, Frozen Peaches, Frozen Pineapples, Ginger Puree (Ginger, Citric Acid).	
Golden Summer Smoothie, Medium	260	5	0.5	0	0	0	5	64	4	58	2	80	90	4	4	0	8	8	6	2	0	2.5	0	Pineapple Juice (Pineapple Juice (from concentrate), Natural Flavor), Frozen Mangos, Ice, Frozen Peaches, Frozen Pineapples, Ginger Puree (Ginger, Citric Acid).	
Golden Summer Smoothie, Large	340	5	0.5	0	0	0	5	84	4	76	3	100	110	4	4	0	8	8	6	2	0	3	0	Pineapple Juice (Pineapple Juice (from concentrate), Natural Flavor), Frozen Mangos, Ice, Frozen Peaches, Frozen Pineapples, Ginger Puree (Ginger, Citric Acid).	