# Music Theory 1: An Introduction

#### Week 1 - Introduction to Pitch/Note Names

- 1. show how music utilizes different pitches (high notes vs. low notes) → explain how pitches are represented and identified by symbols positioned on a staff
- 2. introduce the letters used when referring to notes (A, B, C, D, E, F, G)
- 3. introduce how to read and identify notes on a staff (both treble and bass clef)
  - a. lines vs. spaces
  - b. use acronyms for easier memorization

example acronyms -

Treble clef:

Lines - Every Good Boy Deserves Fudge

Spaces - FACE

Bass clef:

Lines - Great Big Dogs Fight Animals

Spaces - All Cows Eat Grass

## To practice:

https://tonesavvv.com/music-practice-exercise/1/note-name-sight-reading-grand-staff-game/

- 1. Click "remove ledger lines"
- 2. Switch between treble, bass, or grand staff
- 3. Switch between just lines or just spaces

#### Week 2 - Note Names cont. (with Accidentals and Ledger Lines)

- 1. review and continue practicing note names
- 2. introduce accidentals (sharps, flats, naturals)
- 3. introduce ledger lines (both treble and bass clef)

## To practice:

- Website:

https://tonesavvy.com/music-practice-exercise/1/note-name-sight-reading-grand-staffgame/ (identifying notes + notes with ledger lines)

Worksheet:

http://laciebowmanmusic.com/wp-content/uploads/2014/01/Theory-Worksheet-Identifying-Accidentals.pdf (identifying notes with accidentals)

- Worksheet 2:

http://laciebowmanmusic.com/wp-content/uploads/2014/01/Theory-Worksheets-Writing-Notes-with-Accidentals.pdf (writing notes with accidentals)

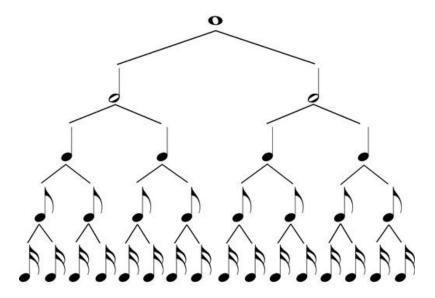
## **Week 3 - Note Values and Equivalences**

- 1. Introduce different note values (sixteenth, eighth, quarter, half, whole)
- 2. Explain the equivalences of each note (ex. quarter + quarter = half)

3. Introduce some of the rest values if there's time (sixteenth, eighth, quarter, half, whole)

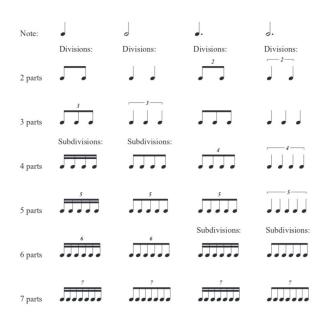
#### To Practice:

- Have students create a note value equivalence "tree"



# Week 4 - Note/Rest Values and Equivalences cont.

- 1. Review note values
- 2. Continue rest values and equivalences (sixteenth, eighth, quarter, half, whole)
- 3. Introduce more advanced note values (dotted, triplets, etc. ) and rest values (dotted) To practice:
  - Have students create another tree or chart with more complex values for both notes and rests



## Week 5 - Time Signature/Rhythm

- 1. Introduce the common time signatures
- 2. Explain what each number (top and bottom) represents
- 3. simple vs. compound meters and duple vs. triple, vs quadruple meters

#### To practice:

Worksheets: <a href="http://www.musicatyourfingertips.co.uk/grade5theory/Time%20preliminary.pdf">http://www.musicatyourfingertips.co.uk/grade5theory/Time%20preliminary.pdf</a>

## **Week 6 - Writing Music Correctly**

- 1. note stem directions and lengths
- 2. writing multiple melodies on a single staff
- 3. grouping/connecting notes correctly and effectively
- 4. writing chords

To practice: (sorry about the watermark)

Worksheet: have student copy down on blank staff paper



# Week 7 - Major Scales + Whole/Half Steps

- 1. What is a scale?
- 2. Explain the differences between whole and half steps
- 3. Introduce the rule to write out a major scale when given a single starting point (WWHWWH)

## To practice:

- 1. name a major scale
- 2. have the student write out the major scale using the WWHWWH formula on blank staff paper

#### Worksheet:

 $\underline{http://laciebowmanmusic.com/wp-content/uploads/2014/01/Theory-Worksheet-Major-Scale-Notation.pdf}$ 

#### Website:

https://tonesavvy.com/music-practice-exercise/12/scale-mode-building-treble-staff-game/

### Week 8 - Key Signature

- 1. What does key signature indicate? Where can you find the key signature on sheet music?
- 2. Describe the order of sharps and flats when writing key signature
  - a. acronym for order of sharps Fat Cats Go Down Alleys Eating Birds
  - b. "acronym" for order of flats BEAD-GCF
- 3. Explain how to quickly figure out the major key from the number of sharps and flats
  - a. sharps major key is the letter name right above the last sharp in the key signature
  - b. flats major key is the 2nd to last flat in the key signature ex. if the 2nd to last flat is A flat, the key is A flat major

#### To practice:

- Worksheet (do not do relative minor yet): https://www.wku.edu/music/documents/keysig.pdf
- 2. Name a major key  $\rightarrow$  have the student write the key signature in the correct order
- 3. Name a certain amount of sharps/flat → have student respond with the correct major key
- 4. Website:

https://tonesavvy.com/music-practice-exercise/11/key-signature-treble-identification-game/

#### Week 9 - Minor Scales

- 1. Introduce the relationship between major and minor scales
- 2. Describe the different types of minor (natural, harmonic,
- 3. Explain the process of determining minor scales
  - a. relative vs. parallel

#### To practice:

1. Website: minor scale recognition and building <a href="https://tonesavvy.com/music-practice-exercise/11/key-signature-treble-identification-game/">https://tonesavvy.com/music-practice-exercise/11/key-signature-treble-identification-game/</a>

https://tonesavvy.com/music-practice-exercise/12/scale-mode-building-treble-staff-game/

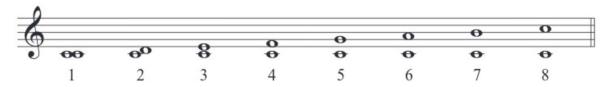
2. Name a minor scale → have student find the parellel/relative major + write out minor key signature and minor scale on blank staff paper

# Week 10 - Major, Minor Scales cont.

- 1. Continue reviewing on ToneSavvy <a href="https://tonesavvy.com/music-practice-exercise/11/key-signature-treble-identification-game/">https://tonesavvy.com/music-practice-exercise/11/key-signature-treble-identification-game/</a>
  - https://tonesavvy.com/music-practice-exercise/12/scale-mode-building-treble-staff-game/
- 2. Find pieces a music, cover up the key signature, and have students determine the key signature
- 3. Make a "circle of 5ths" chart together with students

## Week 11 - Introduction to Intervals/Chords + Review/Catch-up

- 1. How do intervals and chords work? How do they contribute to a piece of music?
- 2. Naming intervals in relation to middle C



3. Review

ToneSavvy: <a href="https://tonesavvy.com/music-practice-exercises/">https://tonesavvy.com/music-practice-exercises/</a>

- Note Names
- Paced Note Names
- Rhythm Dictation
- Rhythm Performance
- Key Signatures
- Scale Building

Week 12 - Review + Catch-Up

#### **Resources:**

- <a href="https://tonesavvy.com/music-practice-exercise/1/note-name-sight-reading-grand-staff-game/">https://tonesavvy.com/music-practice-exercise/1/note-name-sight-reading-grand-staff-game/</a>
- <a href="http://laciebowmanmusic.com/wp-content/uploads/2014/01/Theory-Worksheet-Identifying-Accidentals.pdf">http://laciebowmanmusic.com/wp-content/uploads/2014/01/Theory-Worksheet-Identifying-Accidentals.pdf</a>
- <a href="http://laciebowmanmusic.com/wp-content/uploads/2014/01/Theory-Worksheets-Writing-Notes-with-Accidentals.pdf">http://laciebowmanmusic.com/wp-content/uploads/2014/01/Theory-Worksheets-Writing-Notes-with-Accidentals.pdf</a>
- http://www.musicatyourfingertips.co.uk/grade5theory/Time%20preliminary.pdf
- http://laciebowmanmusic.com/wp-content/uploads/2014/01/Theory-Worksheet-Major -Scale-Notation.pdf
- https://tonesavvy.com/music-practice-exercise/12/scale-mode-building-treble-staff-ga me/
- <a href="https://www.wku.edu/music/documents/keysig.pdf">https://www.wku.edu/music/documents/keysig.pdf</a>
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- <a href="https://tonesavvy.com/music-practice-exercises/">https://tonesavvy.com/music-practice-exercises/</a>
- "Music in Theory and Practice Volume 1" Bruce Benward