#### **CURRICULUM VITAE**

**Date Prepared**: November 17, 2016

Name: James W. Hopper, Ph.D.

Work Email: drhopper@jimhopper.com

Place of Birth: Mountain View, California

**Education:** 

1988 B.A. History University of Rochester

1997 Ph.D. Clinical Psychology University of Massachusetts Boston

### **Postdoctoral Training**

1997-1999 Fellow, The Trauma Center & Boston University School of Medicine

2003-2006 Fellow, Behavioral Psychopharmacology Research Laboratory

McLean Hospital & Harvard Medical School,

# **Faculty Academic Appointments**

1995-2000 Adjunct Instructor, Department of Psyc	hology
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University of Massachusetts Boston

1997-2003 Research Associate, Department of Psychiatry

Boston University School of Medicine (BUSM)

2001-2014 Adjunct Instructor, Department of Psychiatry, Faculty of Medicine and Dentistry,

University of Western Ontario

2006-2011 Instructor in Psychology, Department of Psychiatry, Harvard Medical School

2011-2014 Clinical Instructor in Psychology, Department of Psychiatry,

Harvard Medical School

2014-2015 Part-time Instructor in Psychology, Department of Psychiatry,

Harvard Medical School

2015- Teaching Associate in Psychology, Department of Psychiatry,

Harvard Medical School

### Appointments at Hospitals/Affiliated Institutions

### **Past**

1992-1993	Half-time Predoctoral Psychology Intern, Counseling Center
	The New England Conservatory of Music, Boston, MA
1993-1994	Half-time Predoctoral Psychology Intern, Outpatient Psychiatry Department The Cambridge Hospital
1994-1995	Psychology Testing Fellow, Outpatient Psychiatry Department
	The Cambridge Hospital
1996-1997	Predoctoral Intern, University Health Services Mental Health Division
	University of Massachusetts Amherst

1997-1999 Fellow, The Trauma Center & HRI Hospital, Brookline, MA

1997-1999 Assistant Director of Research, The Trauma Center & HRI Hospital

2008-2010 Research Associate, Department of Psychiatry, Massachusetts General Hospital

2010-2011 Research Associate, Department of Psychiatry, McLean Hospital

### Current

2011- Teaching Associate, Outpatient Addictions Service, Cambridge Health Alliance

# **Selected Consulting Work**

#### **Public Sector**

2012 Created two-hour training on neurobiology of sexual assault for Department of Defense's Safe Helpline staff; in consultation with training staff of RAINN, which administers the Safe Helpline under contract with DoD.

2012- Creating and delivering (6 times per year) one-day training on neurobiology of sexual assault and sexual assault memories for military investigators and prosecutors in Special Victims Unit Investigations Course; course led by Russell Strand, Chief, U.S. Army Military Police School Family Advocacy Law Enforcement Training Division.

2014 Co-created two-hour trainings on the neurobiology of trauma and male victims of sexual assault for Department of Justice's Office for Victims of Crime Training and Technical Assistance Center.

# **Nonprofit Sector**

2007-2012 Envisioned, designed information architecture, and wrote (over 150) pages for 1in6.org, website of 1in6, Inc., which serves men sexually abused as children.

2016 Created and delivered two-part webinar series on neurobiology of sexual assault and sexual assault memories for End Violence Against Women International.

### **Forensic**

2003- Expert witness, trauma-related mitigation, capital case appeals and trials
2009- Expert witness, psychological trauma and recovered memories, civil cases
2014- Expert witness, sexual assault trauma, military and civilian cases

### **Other Professional Positions**

2007	Board of Directors	1in6, Inc.
2008-2012	Advisory Board	1in6, Inc.
2009-2010	Leadership Council	Transforming Trauma Initiative, Garrison Inst.
2010-2014	Board of Directors	Stop It Now (child sexual abuse prevention)
2015-	Advisory Board	Callisto (college sexual assault reporting)

### **Committee Services**

#### Government

2014-2015 Sexual Assault Advisory Council United States Peace Corps

### **Professional Organizations**

2004 Publications Review Committee International Society for Traumatic Stress

Studies (ISTSS)

2005-2006 Website Committee ISTSS

### **Professional Societies**

1991-2009 Member, American Psychological Association

Member, International Society for Traumatic Stress Studies
 Member, National Organization on Male Sexual Victimization

1999-2009 Member, Society for Psychophysiological Research

# **Editorial Activities**

2005-	Ad hoc reviewer	Journal of Traumatic Stress
2005-	Ad hoc reviewer	Psychological Bulletin
2007-	Ad hoc reviewer	Drug and Alcohol Dependence
2008-	Ad hoc reviewer	Journal of Psychiatric Research
2012-	Ad hoc reviewer	Biological Psychiatry
2014-	Ad hoc reviewer	Harvard Review of Psychiatry
2015-	Ad hoc reviewer	Men and Masculinities

# **Honors and Prizes**

1986	Donald Park's "Dexter Perkins Prize" in History, University of Rochester
1994	"Book Award" for Excellence on the Comprehensive Exam, University of Massachusetts Boston
2004-200	5 Livingston Fellowship, Department of Psychiatry, Harvard Medical School

# **Invited Teaching and Presentations**

Undergraduate Courses, Department of Psychology, University of Massachusetts Boston

1994	Personality Theory, Course Director/Instructor
1995	Personality Theory, Course Director/Instructor
1995	Personality Theory, Course Director/Instructor
1995	Abnormal Psychology, Course Director/Instructor
1996	Personality Theory, Course Director/Instructor
1996	Personality Theory, Course Director/Instructor
1998	Psychological Trauma, Course Director/Instructor
1998	Psychological Trauma, Course Director/Instructor
1999	Psychological Trauma, Course Director/Instructor
2000	Psychological Trauma, Course Director/Instructor
2002	Psychological Trauma, Course Director/Instructor

# **Local Presentations**

2000	Lecture, "The Biology of Trauma: Dysregulation of the Embodied Self," Core Seminar for the Certificate Program in Traumatic Stress Studies of The Trauma Center, Brookline, MA.
2000	Lecture, "Frameworks for Connecting the Biology of Trauma to Clinical Practice," opening presentation of a one-day public workshop, "Integrative and Eclectic Approaches to Psychological Trauma," Provincetown, MA.
2001	Lecture, "Clinical Implications of Traumatic Memory Research: Phenomenology, Symptoms, and Biology," Public Lecture Series, The Trauma Center, Brookline, MA.
2001	Lecture, "Posttraumatic Stress Disorder: Diagnosis, Clinical Phenomenology and Treatment," Pfizer-sponsored Clinician Education Series, Beth Israel Hospital, Brookline, MA.

- 2016 Lecture, "Psychological Trauma and Biology," New England Region Public 2001 Lecture Series, Ben Gurion University, Public Library, Newton, MA. 2002 Lecture, "A Perspective on the Brain and Trauma," Public Lecture Series, The Trauma Center, Brookline, MA. 2003 Lecture, "The Biology of Trauma: Dysregulation of the Embodied Self," Postdoctoral Seminar Series, Victims of Violence Program, Central Hospital, Somerville, MA. 2004 Lecture, "The Biology of Trauma: Dysregulation of the Embodied Self," Postdoctoral Seminar Series, Victims of Violence Program, Central Hospital, Somerville, MA. 2005 Lecture. "Psychobiological Measures and Methodologies in Psychological Trauma Research," Postdoctoral Research Seminar Series, Victims of Violence Program, Central Hospital, Somerville, MA. One-day workshop, "Transforming Trauma with Mindfulness and 2006 Lovingkindness: Psychological Practices and Brain Processes," with Drs. Deborah Rozelle and Elizabeth Call, The Trauma Center & Boston University School of Medicine, Brookline, MA. 2006 Lecture, "Marijuana Intoxication and 'Cognitive Disinhibition' – An Integrative Model and Clinical Implications." Neurophysiology Seminar Series, Center for Sleep & Cognition, Beth Israel Deaconess Medical Center & Harvard Medical School, Boston, MA. 2012 Grand Rounds, "Neurobiology of Sexual Assault and Implications for Supporting Victims," Harvard University Student Mental Health Services. 2013 Lecture, "Neurobiology of Sexual Assault and Implications for Supporting Victims," Harvard University Peer Counselors Program. 2013 Two lectures, "Neurobiology of Sexual Assault," Seminar for psychiatry residents of Harvard Medical School's Longwood Residency Program. 2014 Two lectures, "Neurobiology of Sexual Assault," Seminar for psychiatry residents of Harvard Medical School's Longwood Residency Program. 2014 Grand Rounds, "Harnessing the Brain's Seeking, Satisfaction and Embodiment Circuitries in Contemplative Approaches to Healing Trauma," Department of Social Work, Beth Israel Deaconess Medical Center. 2014 Training, "Sexual Assault: Normal and Brain-based, but Commonly Misunderstood Responses & Behaviors," One-hour training for Conduct Review Board and Dean of the Faculty, Harvard Business School. 2014 Training, "Sexual Assault: Normal and Brain-based, but Commonly Misunderstood Responses & Behaviors," One-hour training for designated investigators from all schools, Office for Sexual and Gender-Based Dispute
  - Training, "Sexual Assault: Normal and Brain-based, but Commonly Misunderstood Responses & Behaviors," One-hour training for the Committee on Discipline (COD), Massachusetts Institute of Technology.

Resolution (ODR), Harvard University.

- Presentation, "Harnessing the Seeking, Satisfaction and Embodiment Circuitries in Contemplative Approaches to Trauma," Symposium, Trauma and Contemplative Practice: Exploring the Territory, Harvard Divinity School.
- 2015 Presentation, "Sexual Assault: Brain, Behavior and Memory: Overview for Title IX Administrators," The Boston Consortium for Higher Education, Wellesley, Massachusetts.

- 2015 Presentation, "Sexual Assault: Brain, Behavior and Memory," Boston Area Rape Crisis Center, Cambridge, Massachusetts.
- Presentation, "Sexual Assault: Brain, Behavior and Memory," Tufts University, Medford, Massachusetts.
- Training, "Sexual Assault: Normal and Brain-based, but Commonly Misunderstood Responses & Behaviors," One-hour training for the Committee on Discipline (COD), Massachusetts Institute of Technology.
- 2016 Presentation, "Harnessing the Seeking, Satisfaction and Embodiment Circuitries in Contemplative Approaches to Trauma," Certified Facilitators Reunion, Trauma Center Trauma-Sensitive Yoga Program, Brookline, Massachusetts.
- 2016 Presentation, "Sexual Assault: Brain, Experience, Behavior and Memory," Cambridge Police Department and Public Health Departments, Cambridge, Massachusetts.
- 2016 Presentation, "Sexual Assault: Brain, Behavior and Memory, and Implications for Trauma-Informed Questioning," The Boston Consortium for Higher Education, Providence. Rhode Island.
- Presentation, "Sexual Assault: Brain, Experience, Behavior & Memory," for university community, Massachusetts Institute of Technology, Cambridge, Massachusetts.
- Presentation, "Sexual Assault: Brain, Experience, Behavior & Memory," Trauma-Informed Policing Training, Cambridge Police Department and Public Health Departments, Cambridge, Massachusetts.
- 2016 Presentation, "Sexual Assault: Brain, Experience, Behavior & Memory," Ivy Plus Society, Massachusetts Institute of Technology, Cambridge, Massachusetts.
- 2016 Presentation, "Sexual Assault: Brain, Experience, Behavior and Memory," Cambridge Police Department and Suffolk County District Attorney's Office, Cambridge, Massachusetts.

# **Regional Presentations**

- Lecture, "Child Abuse-related PTSD, Self-Regulation Deficits and Substance Use in Women." Substance Abuse Seminar Series, Department of Psychiatry, Yale University School of Medicine, New Haven, Connecticut.
- One-day workshop, "Trauma and PTSD: Implications for Getting Accurate Victim Testimony." Annual Sexual Assault Investigative Training for law enforcement officers and prosecutors in the Upper Connecticut River Valley of New Hampshire and Vermont, co-hosted by WISE and the Lebanon Police Department, Lebanon, New Hampshire.
- 2009 Lecture, "The Marijuana High and How It Works: Cognitive and Brain Processes," Neurobiology Lecture Series, Worchester State College, Worchester, Massachusetts.
- Lecture and case conference, "Trauma and Affect Regulation: The Embodied Self, Aversion and Reward," Training Seminar, University Health Services mental Health Division, University of Massachusetts Amherst.
- 2014 Half-day presentation, "Trauma, Neuroscience and Contemplative Interventions: Understanding Key Brain Circuitries in Suffering and Healing," conference sponsored by Sexual Assault Support Services, New Hampshire Psychological Association and Social Workers Association, Portsmouth, New Hampshire.
- Presentation, "Sexual Assault: Brain, Experience, Behavior & Memory," Yale University, Connecticut Alliance to End Sexual Violence and CT College Consortium to End Sexual Violence, Yale West Campus, Orange, Connecticut.

- Three-hour presentation, "Sexual Assault: Brain, Experience, Behavior & Memory," for administrators, university police and the community, University of Connecticut.
- Five-hour training, "Sexual Assault: Brain, Experience, Memory and Behavior," University of Connecticut Police Department, Storrs, CT.
- Plenary address, "Sexual Assault: Brain, Experience, Behavior & Memory," Dept. of Higher Education, Executive Office of Safety and Security and Attorney General's Office of the Commonwealth of Massachusetts, Worcester, MA.

#### **National Presentations**

- Lecture, "Clinical Implications of Psychophysiology and Neuroimaging Findings in PTSD," 13<sup>th</sup> Annual International Conference on Psychological Trauma, Boston University School of Medicine, Boston, MA.
- Two-day workshop, "Child Abuse and Problems with Self-Regulation: Research and Treatment." Department of Counseling, Idaho State University, Pocatello, Idaho.
- 2004 Lecture, "Neurobiology of Trauma," 15<sup>th</sup> Annual Conference on Psychological Trauma, Boston University School of Medicine, Boston, MA.
- Lecture, "Clinical Implications of Neuroscience Research for the Treatment of Traumatized Adults," 16<sup>th</sup> Annual Conference on Psychological Trauma, Boston University School of Medicine, Boston, MA.
- Plenary, "Male Sexual Assault Victims: Special Issues." Sexual Assault Response Coordinator Conference, United States Department of Defense Sexual Assault Prevention and Response Office, St. Louis, Missouri.
- Plenary, Dr. Frank Giesber Lecture, "From Posttraumatic Aversion and Addiction to Healing and Love: Brain Processes and Disciplined Practices to Recondition Them." Annual Krost Symposium, Texas Lutheran University, Seguin, Texas.
- 2008 Lecture, "The Neurobiology of Trauma," Michigan Victims Assistance Academy, United States Office for Victims of Crime Training and Technical Assistance Center, Ann Arbor, Michigan.
- Plenary, "Male Victims of Sexual Assault: Emotion, Masculinity, and Values." 2<sup>nd</sup>
  Annual United States Army Sexual Harassment/Assault Prevention Summit,
  Arlington, Virginia.
- 2009 Panel presentation, "Outcome: Neurobiological Perspectives." Neurobiology panel of the Transforming Trauma Leaders Forum, Garrison Institute, Garrison, New York.
- Workshop (90 minutes), "Discovering Evidence of Trauma / Interviewing for Complex Trauma," with Danalynn Recer, JD, Capital Case Defense Seminar, sponsored by California Attorneys for Criminal Justice and California Public Defenders Association, Monterey, California
- 2011 Plenary, "Psychological and Biological Effects of Sexual Assault." 4<sup>th</sup> Annual United States Army Sexual Harassment/Assault Prevention and Response (SHARP) Summit, Arlington, Virginia.
- Lecture, "Embodiment, Seeking and Trauma: Experience, Psychology, Brain,"
   23<sup>nd</sup> Annual International Conference on Psychological Trauma, Boston University School of Medicine, Boston, MA.
- 2013 Lecture, "Incorporating Mindfulness and Compassion Into Addictions Treatment," Annual Conference on Treating the Addictions, Harvard Medical School, Boston, MA.

- Full-day training, "Trauma, the Brain, and Mental Health Issues," for victim service providers attending Illinois Victim Assistance Academy, hosted by the Office of the Illinois Attorney General.
- Half-day training, "Trauma: Assault, the Brain, and Challenges for Victim Advocates and Prosecutors," joint prosecutor/victim witness staff training, Wisconsin State Prosecutors Education and Training Conference.
- Training, "Sexual Assault: 'Counter-Intuitive' Behavior, Trial Preparation and Expert Testimony," Two-hour training for Marine Corps Prosecutors, Camp Lejeune, North Carolina.
- Panel presentation and discussion, "Sexual Assault & Victim Response," U.S. Army Sexual Harassment/Assault Response & Prevention (SHARP) Program Summit (Army Chief of Staff and Secretary of the Army attending), Joint Base Andrews, Camp Spring, Maryland.
- Training, "Sexual Assault: Normal and Brain-based, but Commonly Misunderstood Responses & Behaviors," Two-hour training for Marine Corps Legal Community Training, Camp Lejeune, North Carolina.
- Tele-training, "Sexual Assault: Normal and Brain-based, but Commonly Misunderstood Responses & Behaviors," Ninety-minute training for Marine Corps Commanders, Investigators and Victim Advocate Staff, Base Quantico, Virginia.
- Tele-Briefing, "Sexual Assault: Normal and Brain-based, but Commonly Misunderstood Responses & Behaviors," U.S. Fleet Forces Command, Task Force Flag, Sexual Assault Prevention and Response Executive Steering Committee.
- **2014** Presentation, "Neurobiology of Trauma," Annual Children's Justice Conference, Spokane, Washington.
- 2014 Presentation, "Effects of Sexual Abuse on Males," Annual Children's Justice Conference, Spokane, Washington.
- 2014 Presentation, "Neurobiology of Trauma: Experience, Behavior, Memory," Federal Bureau of Investigation, Office for Victim Assistance, Training Conference for Terrorism/Special Jurisdictions Program, Norman, Oklahoma.
- Presentation, "Outreach to Males Sexually Assaulted in the Service: Foundations, Basics, Next Steps," Inter-Service Male Reporting Working Group, Base Quantico, Virginia.
- Webinar, "Outreach to Males Sexually Assaulted in the Service," for Sexual Assault Response Coordinators on installations around the world, hosted by U.S. Army Sexual Harassment/Assault Response and Prevention (SHARP) Office.
- Presentation, "Neurobiology of Trauma," one-day conference on Intimate Partner Sexual Abuse: The Hidden Dimension of Domestic Violence, Winnebago County Domestic Violence Coordinated Courts, Rockford, Illinois.
- **2014** Presentation, "Neurobiology of Trauma," 17<sup>th</sup> Judicial Circuit Training on Intimate Partner Sexual Violence, Rockford, Illinois.
- One-hour brief, "Sexual Assault: Normal and Brain-based, but Commonly Misunderstood Responses and Memories," for Vice Chief of Naval Operations and VCNO Command Group, The Pentagon.
- 2015 Presentation, "Neurobiology of Sexual Assault Trauma," U.S. Navy Sexual Assault Response Program and other Navy staff, Naval Support Facility, Arlington, Virginia.

2015 Presentation, "Male Sexual Assault Victims: Impact, Challenges. Recommendations," with Russell Strand, U.S. Army Sexual Harassment/Assault Response & Prevention (SHARP) Program Summit, Arlington, Virginia. 2015 Presentation, "Neurobiology of Trauma: Foundations for Trauma-Informed Investigations and Prosecutions," Pre-Conference Institute, 2015 International Conference on Sexual Assault, Domestic Violence and Campus Responses; End Violence Against Women International, New Orleans, Louisiana. 2015 Presentation, "Trauma, Brain, Memory and Behavior," Dept. of Interior, Office of Law Enforcement and Security, Victims' Rights and Services: Train the Trainer Program, Phoenix, Arizona. One-day training, "Sexual Assault: Brain, Experience and Behavior," for police 2015 officers, victim advocates, university staff and other professionals, Virginia Commonwealth University, Richmond, Virginia. 2015 One-day training, "Sexual Assault: Brain, Experience and Behavior," for police officers, victim advocates, university staff and other professionals, University of California at Berkeley. One-day training, "Rape Victim Trauma," for detectives and victim advocates, 2015 Memphis Police Department, Memphis, Tennessee. 2015 Webinar, "Harnessing Key Brain Circuitries in Contemplative Approaches to Healing Sexual Trauma," for clinicians in Veteran Administration facilities around the country, hosted by V.A.'s Military Sexual Assault (MST) Response Team. 2016 Opening plenary, "The Impact of Trauma on Brain, Behavior and Memory," Continuing Education Legal Workshop of the National Association of College and University Administrators, Nashville, Tennessee. One-day training, "Neurobiology of Trauma, Addiction & Recovery: Mindfulness, 2016 Compassion & Yoga," for clinical supervisors in worldwide Navy addictions treatment centers, U.S. Navy and Danya International, San Diego, California. 2016 Presentation, "Sexual Assault: Brain, Experience, Memory and Behavior," for Title IX and sexual assault center staff, hosted by Yale University, Connecticut Alliance to End Sexual Violence & CT College Consortium to End Sexual Violence. 2016 Two three-hour presentations, "Sexual Assault: Brain, Experience, Memory and Behavior," for Commanders, CID investigators, SHARP staff and entire community, Fort Drum Army Base, New York. Panel presentation, "Short- and Long-term Impacts of Sexual Assault on Male 2016 Survivors," hosted by Army SHARP, The Pentagon. 2016 Panel presentation, "Male Victims of Sexual Assault: Short- and Long-term Impacts," hosted by Marine Corps Sexual Assault Prevention & Response Program, Base Quantico. 2016 Plenary address, "Contemplative Practices for Trauma: Harnessing the Brain's Healing Capacities," 10<sup>th</sup> annual conference, Meditation and Psychotherapy: The Mind, The Heart, The Person, Harvard Medical School, Boston, Massachusetts. Half-day training, "Sexual Assault: Brain, Experience, Memory and Behavior." for 2016 police, victim advocates, district attorney's office, etc., hosted by Esther House of Stanly County, Concord, North Carolina.

Medicine, Boston, MA.

Workshop, "Mindfulness-Oriented Interventions for Trauma," 27<sup>th</sup> Annual

International Conference on Psychological Trauma, Boston University School of

2016

- 1.5-day training, "The Biology and Psychology of Sexual Assault, and Implications for Reprisal Investigations," Sexual Assault Reprisal Investigators and Supervisors, Office of Inspector General, Dept. of Defense, Alexandria, VA.
- 2016 Half-day training, "Sexual Assault: Brain, Experience, Behavior & Memory," for police, attorneys, victim advocates, higher education and military professionals, hosted by Maryland Coalition Against Sexual Assault (MCASA), Gambrills, MD.
- 2016 Half-day training, "Sexual Assault: Brain, Experience, Behavior & Memory," hosted by Summit Country Prosecutor's Office, Akron, Ohio.
- Two 90-minute webinars, "Neurobiology of Sexual Assault, Part 1: Experience & Behavior," and "Neurobiology of Sexual Assault, Part 2: Memory," hosted by End Violence Against Women International (www.evawintl.org/WebinarArchive.aspx).
- **2016** Full-day training, "Sexual Assault: Brain, Experience, Behavior & Memory," hosted by Indiana Coalition to End Sexual Assault, Indianapolis, Indiana.
- Two-hour presentation and Q & A, "Neurobiology of Sexual Assault Trauma," for military, civilian and educational professionals, hosted by U.S. Army SHARP Academy, Fort Leavenworth, Kansas.

### **International Presentations**

- 2007 Plenary, "Ecological Momentary Assessment in Substance Abuse Research." NIDA International Forum, Technological Innovations to Build International Research Capacity, Quebec City, Canada.
- Lecture, "Reconditioning Traumatized Minds and Brains: Parallels between Neuroscience and Buddhism." Bi-annual conference in "Brain, Mind and Body: Trauma, Neurobiology, and the Healing Relationship," School of Medicine and Dentistry, University of Western Ontario, London, Canada.
- Workshop (full day), "Neuroscience, Mindfulness & Yoga for Transforming Trauma," Summer Institute on Men, Trauma and Change, Canada's National Training Program for Service Providers Who Work With Male Survivors of Sexual Trauma, Ottawa, Canada.
- Workshop (two-day), "Understanding Trauma, Transforming Trauma," The Men's Project Summer Institute, Ottawa, Canada.
- Workshop (half day), "Sexual Assault: Normal and Brain-based, but Commonly Misunderstood, Responses and Memories," Collective Impact II, Conference for Victim Service Providers and Police, Hosted by Halton Regional Police Department, Burlington, Ontario, Canada.
- Workshop (full day), "Trauma and the Brain: Acute Impacts, Potential Long-term Effects, and Pathways to Healing and Happiness," 37<sup>th</sup> Annual Ontario Association of Consultants, Counsellors, Psychometrists, and Psychotherapists (OACCPP) Conference, Toronto, Canada.
- Presentation, "How Fear and Trauma Can Alter Brain Functioning During a Sexual Assault," One-day Neurobiology of Trauma seminar for police, prosecutors and victim service providers, hosted by Halton Regional Police Service Victim Services Unit, Oakville, Ontario, Canada.
- Full-Day Training and evening presentation, "Understanding Trauma and Transforming Suffering," hosted by Sault Area Hospital, Sault Saint Marie, Canada.

# **Clinical Activities**

**Current Licensure** 

2000- Clinical Psychologist, Massachusetts License 7763-PR

### **Practice Activities**

Psychotherapy Arlington, Massachusetts

Small consulting practice focused on helping people identify treatment options for complex trauma related to child abuse and assault.

# **Scholarship**

### **Peer Reviewed Publications**

1. Lisak D, **Hopper J**, Song P. Factors in the cycle of violence: Gender rigidity and emotional constriction. J Trauma Stress 1996;9:721-743.

- 2. Lisak D, Conklin A, **Hopper J**, Miller P, Altschuler L, Smith B. The Abuse-Perpetration Inventory: Development of an assessment instrument for research on the cycle of violence. Family Viol Sexual Assault Bull 2000;16:21-30.
- 3. **Hopper JW**, van der Kolk BA. Retrieving, assessing, and classifying traumatic memories. J Aggression, Maltreatment, Trauma 2001;4:33-71.
- 4. Osterman JE, **Hopper J**, Heran WJ, Keane TM, van der Kolk BA. Awareness under anesthesia and the development of posttraumatic stress disorder. Gen Hosp Psychiatry 2001;4:198-204.
- 5. van der Kolk BA, **Hopper JW**, Osterman JE. Exploring the nature of traumatic memory. J Aggression, Maltreatment, Trauma 2001;4:9-31.
- 6. Lanius RA, Williamson PC, **Hopper JW**, Boksman K, Densmore M, Gupta MA, Neufeld RWJ, Gati JS, Menon R. Recall of emotional states in posttraumatic stress disorder: An fMRI investigation. Biol Psychiatry 2003;53:204-210.
- 7. Lanius RA, **Hopper JW**, Menon RS. Individual differences in a husband and wife who developed PTSD after a motor vehicle accident: A functional MRI case study. Am J Psychiat 2003;160:667-669.
- 8. Sack M, **Hopper JW**, Lamprecht F. Low respiratory sinus arrhythmia and prolonged psychophysiological arousal in PTSD: Heart rate dynamics and individual differences in arousal regulation. Biol Psychiatry 2004;55:284-290.
- 9. **Hopper JW**, Karlsgodt KH, Adler CM, Macklin EA, Lukas SE, Elman I. Effects of acute cortisol and cocaine administration on attention, recall and recognition task performance in individuals with cocaine dependence. Hum Psychopharmacol 2004;19:1-6.
- Hopper JW, Spinazzola J, Simpson WB, van der Kolk BA. Preliminary evidence for parasympathetic influence on basal heart rate in posttraumatic stress disorder. J Psychosom Res 2006;60:83-90.
- 11. **Hopper JW**, Su Z, Looby AR, Ryan ET, Penetar DM, Palmer CM, Lukas SE. Incidence and patterns of polydrug use and craving for ecstasy in regular ecstasy users: An ecological momentary assessment study. Drug Alcohol Depend 2006;85:221-235.
- van der Kolk BA, Spinazzola J, Blaustein M, Hopper J, Hopper E, Korn D, Simpson W. A randomized clinical trial of EMDR, fluoxetine and pill placebo in the treatment of PTSD: Treatment effects and long-term maintenance. J Clin Psychiatry 2007;68:37-46.
- 13. **Hopper JW**, Frewen PA, Sack M, Lanius RA, van der Kolk BA. The Responses to Script-Driven Imagery Scale (RSDI): Assessment of state posttraumatic symptoms for psychobiological and treatment research. J Psychopathol Behav Assess 2007;20:249-268.

- 14. **Hopper JW**, Frewen PA, van der Kolk BA, Lanius RA. Neural correlates of reexperiencing, avoidance, and dissociation in PTSD: Symptom dimensions and emotion dysregulation in responses to script-driven trauma imagery. J Trauma Stress 2007;22:713-725.
- 15. Frewen PA, Lanius RA, Dozois DJA, Neufeld RWJ, Pain C, **Hopper JW**, Densmore M, Steven TK. Clinical and neural correlates of alexithymia in PTSD. J Abnorm Psychol 2008;117:171-181.
- 16. **Hopper JW**, Pitman RK, Zhaohui S, Heyman GM, Lasko NB, Macklin LM, Orr SP, Lukas SE, Elman IE. Probing reward function in posttraumatic stress disorder: Expectancy and satisfaction with monetary gains and losses. J Psychiatr Res 2008;42:802-807.
- Sack M, Cillien M, Hopper JW. Acute dissociation and cardiac reactivity to scriptdriven imagery in trauma-related disorders. Eur J Psychotraumatol 2012; 17419. http://dx.doi.org/10.3402/ejpt.v3i0.17419

### **Book**

1. Follette VM, Briere J, Rozelle D, **Hopper JW**, & Rome DI (Eds). *Mindfulness-oriented interventions for trauma: Integrating contemplative methods*. NY: Guilford Press, 2014.

### **Book Chapters**

- 1. **Hopper JW.** Harnessing the seeking, satisfaction and embodiment circuitries in contemplative approaches to healing trauma. In VM Follette, J Briere, D Rozelle, JW Hopper & DI Rome (Eds), *Mindfulness-oriented interventions for trauma: Integrating contemplative methods.* NY: Guilford Press, 2014.
- 2. Phillips J, **Hopper JW**. Intensive Vipassana meditation practice: An intervention with promise for traumatized prisoners. In VM Follette, J Briere, D Rozelle, JW Hopper & DI Rome (Eds), *Mindfulness-oriented interventions for trauma: Integrating contemplative methods*. NY: Guilford Press, 2014.

### **Articles in the Press**

- 1. **Hopper, JW,** Lisak, D. Why rape and trauma survivors have fragmented and incomplete memories. *Time.com*, December 2014.
- 2. **Hopper, JW.** Why many rape victims don't fight or yell. *Washington Post, Grade Point,* July 2015.