

Number of Extra Hours of Sleep

5

4

3

2

1

-1

1

2

Treatment Group

A side-by-side box plot comparing the number of extra hours of sleep between two treatment groups. The y-axis ranges from -1 to 5. Treatment Group 1 (red) has a median of approximately 0.5, an IQR from -0.5 to 1.5, and whiskers from -1.5 to 3.7. Treatment Group 2 (cyan) has a median of approximately 1.8, an IQR from 1.5 to 4.2, and whiskers from -0.2 to 5.3. Individual data points are overlaid on the boxes.

1

2