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### APPLICANT'S DIABETIC QUESTIONNAIRE

1. Name \_\_\_\_\_ Date of birth? \_\_\_\_\_
2. (a) Height? \_\_\_\_ m. \_\_\_\_ cm. (b) Weight? \_\_\_\_ kilos (c) Weight one year ago? \_\_\_\_ kilos
3. Date glucose problem investigated? \_\_\_\_\_ What was the diagnosis: Diabetes? \_\_\_\_\_  
Impaired Glucose Tolerance? \_\_\_\_\_; Others \_\_\_\_\_
4. Name and address of physician that made diagnosis \_\_\_\_\_  
How long have you been under that physician's care? \_\_\_\_\_ Date of last visit? \_\_\_\_\_  
How often do you consult that doctor for examination and advice? \_\_\_\_\_  
Have you consulted any other physicians for this condition in the past 2 years? \_\_\_\_\_ If so, give names and addresses under 14 below.
5. What is your daily diet prescription? Carbohydrate \_\_\_\_ Gms. Protein \_\_\_\_ Gms. Fat \_\_\_\_ Gms.  
Do you measure or estimate your food portions from an exchange list? Measure • Estimate •  
If the above do not apply, what diet rules do you follow (Give details under 14 below)
6. Do you use insulin? \_\_\_\_\_ If so, Type? \_\_\_\_\_ Daily dose? \_\_\_\_\_  
Do you use oral tablets? \_\_\_\_\_ If so, Kind? \_\_\_\_\_ How many per day? \_\_\_\_\_
7. How often do you test your urine for sugar? \_\_\_\_\_  
At what times of the day do you do so? \_\_\_\_\_  
What percentage of tests are positive for sugar? \_\_\_\_\_
8. How often do you have blood sugar determinations made? \_\_\_\_\_  
Give results of the tests for the past two years, indicating whether fasting or at other times.
- |          | Results |             |       | Results |             |
|----------|---------|-------------|-------|---------|-------------|
| Date     | Fasting | Other Times | Date  | Fasting | Other Times |
| 1. _____ | _____   | _____       | _____ | _____   | _____       |
| 2. _____ | _____   | _____       | _____ | _____   | _____       |
9. Date you last had an electrocardiogram made? \_\_\_\_\_ An X-ray of chest? \_\_\_\_\_  
Give under 14 below, name and address of physician who made tests.
10. How many times have you been in coma, or had acidosis severe enough to require hospitalization? \_\_\_\_\_  
Have you ever had an insulin shock, or do you have insulin reactions? \_\_\_\_\_  
(Give details under 14 below)
11. Have you ever had: Elevated Blood Pressure? \_\_\_\_\_ Heart trouble? \_\_\_\_\_ Eye trouble? \_\_\_\_\_  
Kidney trouble? \_\_\_\_\_ Recurrent infections? \_\_\_\_\_ Other prolonged illness? \_\_\_\_\_  
If yes, give details under 14 below.
12. Latest serum cholesterol level \_\_\_\_\_ Date \_\_\_\_\_ Latest triglyceride level \_\_\_\_\_ Date \_\_\_\_\_
13. Do you now smoke cigarettes? No [ ] Yes [ ] #Pks? \_\_\_\_\_ If "No", have you ever smoke cigarettes?  
No [ ] Yes [ ] #Pks? \_\_\_\_\_ Quit when? \_\_\_\_\_
14. Use this page for additional explanations. Give complete information, including dates and addresses and attending physicians and names and addresses of hospitals.

Date \_\_\_\_\_

Applicant's Signature \_\_\_\_\_

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