



FREUDIAN PSYCHOLOGY

Exploring Psychology CCA



TABLE OF CONTENTS

- 01 ABOUT SIGMUND FREUD
- 02 THE PYSCHE
- 03 OEDIPUS & ELECTRA COMPLEX
- 04 LIFE AND DEATH DRIVES





01

ABOUT SIGMUND FREUD



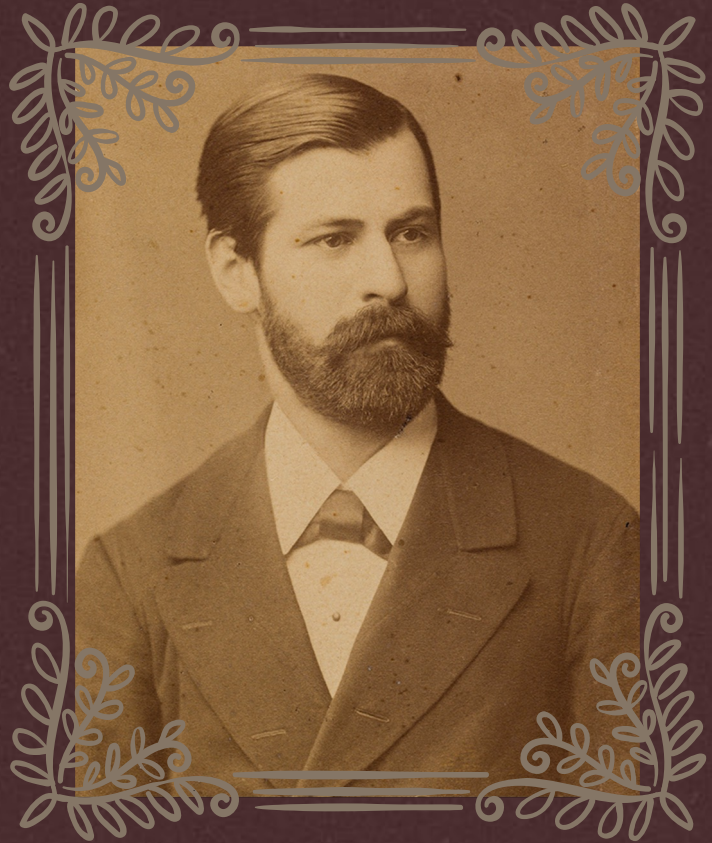
SIGMUND FREUD:

THE FOUNDER OF PSYCHOANALYSIS

Developed a method of treating pathology through dialogue between patient and psychoanalyst

- Interpretation of dreams
- Id, ego, superego
- Seduction theory
- Life and death drives

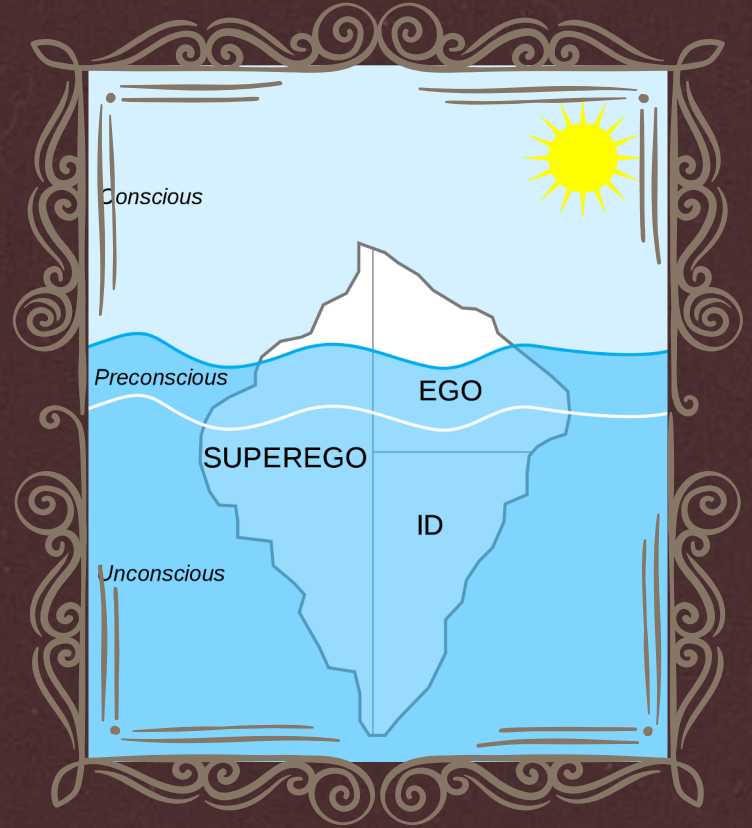
Avid drug use? Psychobabble theories?



02

THE PSYCHE

The 3 parts of mind that control our behaviour



REVIEW OF PAST EVENTS



ID

THE INSTINCT

- Primitive & instinctive
 - unconscious
- Develops in early stages
- Follows 'pleasure principle'



EGO

REALITY

- 'The part of id modified by direct influence of the external world'
 - Conscious part
- Mediate between id and superego



SUPEREGO

MORALITY

- Purveyor of rewards & punishments
- Unconscious self-criticism
 - Conscious & ideal self



ID, SUPEREGO, AND EGO

three parts to the personality

Superego

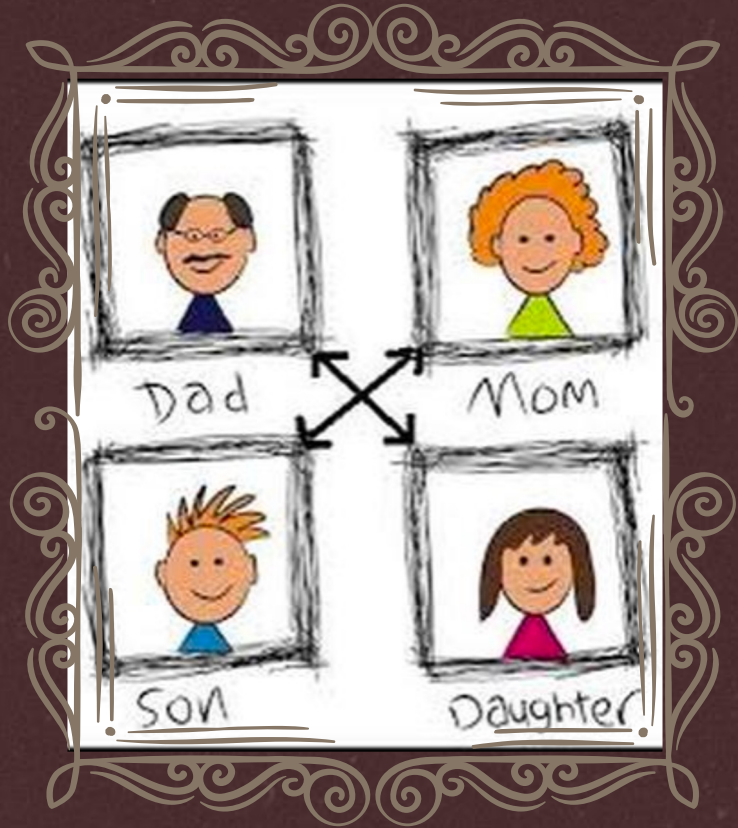


Ego



Id





03

OEDIPUS & ELECTRA COMPLEX



PSYCHOSEXUAL STAGES OF DEVELOPMENT

Freud's psychosexual stages

Oral stage: Birth to 1 year
Erogenous zone: Mouth



Anal stage: 1 to 3 year
Erogenous zone: Bowel and
Bladder control



Phallic stage: 3 to 6 year
Erogenous zone: Genitals



Latent stage: 6 to puberty
libido inactive



Genital stage: Puberty to death
maturing sexual interest



OEDIPUS VS ELECTRA COMPLEX

OEDIPUS

- Son → mother
- Sexual drive
- Rivalry with father



ELECTRA

- Daughter → Father
- Penis envy
- Rivalry with mother



RESOLVING OEDIPUS COMPLEX

- Conflict between id and ego
 - **Castration Anxiety**: fear of emasculation
 - **Identification** (defence mechanism)
-



04

DUAL INSTINCT THEORY



Eros

The Life Instinct



Procreation



Social cooperation



Survival



Thanatos

The Death Instinct



Aggression



Risky behavior



Reliving trauma



"the aim of all life is death."

—SIGMUND FREUD



LIFE AND DEATH INSTINCT



LIFE INSTINCT

EROS

Libido (sex drive)
= motivational energy in Eros



DEATH INSTINCT

THANATOS

- Unconscious desire to death
- Inward (depression) and
Outwards (aggression)

