



吕芒芭海鲜餐馆
(班达马兰区-椰脚)

菜单 MENU

鱼头/ FISH HEAD

- | | | |
|----|----------------------------------------|---------|
| F1 | 招牌蒸 | RM38.00 |
| | SIGNATURE STEAMED FISH HEAD | |
| F2 | 酱蒸 | RM38.00 |
| | BEAN BLENDED AND SPICY SAUCE FISH HEAD | |
| F3 | 沙煲 | RM38.00 |
| | CLAYPOT FISH HEAD | |



海鲜/ SEAFOOD

- | | 小 SMALL | 大 BIG |
|----|-----------------------------------|-----------------|
| S1 | 特色蚝煎 | RM18.00 RM33.00 |
| | SIGNATURE OYSTER OMELETTE | |
| S2 | 姜葱炒蚝 | RM18.00 RM33.00 |
| | FRIED OYSTER WITH GREEN ONION | |
| | *加蚝另计 (RM10/RM20/RM30) | |
| S3 | 宫保二鲜 | RM18.00 RM33.00 |
| | DRY CHILI SEAFOOD | |
| S4 | 韭菜花炒二鲜 | RM18.00 RM33.00 |
| | FRIED SEAFOOD WITH CHIVES | |
| S5 | 招牌虾碌 | 时价 SEASON PRICE |
| | SIGNATURE PRAWNS | |
| S6 | 盐焗明虾 | 时价 SEASON PRICE |
| | BAKED SALTED PRAWNS | |
| S7 | 清蒸明虾 | 时价 SEASON PRICE |
| | STEAMED PRAWNS | |
| S8 | 椒盐明虾 | 时价 SEASON PRICE |
| | DEEP-FRIED PRAWNS WITH SPICY SALT | |
| S9 | 黄金炸虾球 | 时价 SEASON PRICE |
| | GOLDEN DEEP FRIED PRAWNS | |



猪肉/ PORK

- | | 小 SMALL | 大 BIG |
|-----|-----------------------------------------|-----------------|
| P1 | 咕嚕肉 | RM18.00 RM33.00 |
| | SWEET AND SOUR PORK | |
| P2 | 咸鱼花腩煲 | RM18.00 RM33.00 |
| | CLAYPOT PORK BELLY WITH SALTED FISH | |
| P3 | 大葱花肉 | RM18.00 RM33.00 |
| | PORK BELLY FRIED WITH ONION | |
| P4 | 爆炸烧肉 | RM18.00 RM33.00 |
| | GARLIC AND CHILI | |
| P5 | 蒜仔花肉 | RM18.00 RM33.00 |
| | PORK BELLY FRIED WITH LEEKS | |
| P6 | 菠萝排骨 | RM18.00 RM33.00 |
| | PINEAPPLE | |
| P7 | 苦瓜排骨 | RM18.00 RM33.00 |
| | PORK RIBS FRIED WITH BITTER GOURD | |
| P8 | 蜜汁排骨 | RM18.00 RM33.00 |
| | PORK RIBS FRIED WITH HONEY SAUCE | |
| P9 | 鼓汁排骨 | RM18.00 RM33.00 |
| | PORK RIBS FRIED WITH SOY BEAN SAUCE | |
| P10 | 芥兰烧肉 | RM18.00 RM33.00 |
| | CABBAGE MUSTARD FRIED WITH ROASTED PORK | |
| P11 | 南乳花肉 | RM18.00 RM33.00 |
| | PORK BELLY FRIED WITH MANDARIN CHEESE | |



猪肝/腰/肠/ PORK ORGANS

- | | 小 SMALL | 大 BIG |
|-----|---------------------------|-----------------|
| P01 | 姜丝小辣椒 | RM18.00 RM33.00 |
| | FRIED WITH GINGER & CHILI | |
| P02 | 韭菜花 | RM18.00 RM33.00 |
| | FRIED WITH CHIVES | |
| P03 | 虾米辣椒 | RM18.00 RM33.00 |
| | FRIED WITH SAMBAL SAUCE | |



鸡肉/ CHICKEN

- | | 小 SMALL | 大 BIG |
|----|-----------------------------------------|-----------------|
| C1 | 苦瓜焖鸡 | RM16.00 RM30.00 |
| | CHICKEN FRIED WITH BITTER GOURD | |
| C2 | 蜜汁鸡 | RM16.00 RM30.00 |
| | CHICKEN FRIED WITH HONEY SAUCE | |
| C3 | 菠萝鸡 | RM16.00 RM30.00 |
| | CHICKEN FRIED WITH PINEAPPLE | |
| C4 | 果汁鸡 | RM16.00 RM30.00 |
| | CHICKEN FRIED WITH FRESH ORANGE JUICE | |
| C5 | 姜葱鸡 | RM16.00 RM30.00 |
| | CHICKEN FRIED WITH GINGER & GREEN ONION | |
| C6 | 宫保鸡 | RM16.00 RM30.00 |
| | CHICKEN FRIED WITH DRY CHILLI & ONION | |



豆腐/ TOFU

- | | 小 SMALL | 大 BIG |
|----|-----------------------|-----------------|
| T1 | 星光豆腐 | RM14.00 RM20.00 |
| | SING KONG TOFU | |
| T2 | 肉碎豆腐 | RM14.00 RM20.00 |
| | STIR TOFU WITH MEAT | |
| T3 | 虾球豆腐 | RM20.00 RM38.00 |
| | STIR TOFU WITH PRAWNS | |
| T4 | 沙煲豆腐 | RM14.00 RM20.00 |
| | CLAYPOT TOFU | |

靓汤 / SOUP

	小 SMALL	大 BIG
SS1 苦瓜豆腐肉片汤	RM10.00	RM20.00
BITTER GOURD SOUP WITH TOFU & PORK SLICE		
SS2 咸菜豆腐汤	RM10.00	RM20.00
SALTED VEGETABLE WITH SOUP		
SS3 菜心蛋花汤	RM10.00	RM20.00
FLOWERING CABBAGE SOUP WITH EGG		
SS4 芫菜苗蛋花汤	RM10.00	RM20.00
CORIANDER SOUP WITH EGG		
SS5 奶白蛋花汤	RM10.00	RM20.00
MILK CABBAGE SOUP WITH EGG		
SS6 菜心豆腐肉片汤	RM10.00	RM20.00
FLOWERING CABBAGE SOUP WITH TOFU & PORK SLICE		
SS7 菜心杂料汤	RM10.00	RM20.00
FLOWERING CABBAGE SOUP WITH MIX GRAVY		

时菜 / VEGETABLE

	小 SMALL	大 BIG
V1 番薯叶	RM10.00	RM18.00
POTATO LEAVES		
V2 蓊菜	RM10.00	RM18.00
WATER SPINACH		
V3 菜胆	RM10.00	RM18.00
BRUSSELS SPROUT		
V4 生菜	RM10.00	RM18.00
LETTUCE - SANG CHOY		
V5 芫菜	RM12.00	RM20.00
CORIANDER		
V6 奶白	RM12.00	RM20.00
MILK CABBAGE		
V7 油麦	RM12.00	RM20.00
LEAF LETTUCE - YAO MAK		
V8 苦瓜	RM12.00	RM20.00
BITTER GOURD		
V9 芥兰	RM12.00	RM20.00
CABBAGE MUSTARD		
*炒法: 清炒/马来占/腐乳		

蛋类 / FRIED EGG

	小 SMALL	大 BIG
FE1 大葱煎蛋	RM8.00	RM15.00
FRIED EGG WITH ONION		
FE2 肉碎煎蛋	RM12.00	RM20.00
FRIED EGG WITH MINCED PORK		
FE3 芙蓉蛋	RM12.00	RM20.00
OMELETTE - FOO YUNG		
FE4 虾仁煎蛋	RM12.00	RM20.00
FRIED EGG WITH PRAWNS		



面类 / NOODLES

	1 PAX	2 PAX	4PAX
N1 招牌鱼头米粉	-	-	RM35
SIGNATURE FISH HEAD NOODLE			
N2 招牌大虾粗米		时价	SEASON PRICE
SIGNATURE THICK RICE VEMICELLI WITH PRAWNS			
N3 明虾滑蛋河		时价	SEASON PRICE
CANTONESE FRIED WITH PRAWNS			
N4 家乡粗米	RM12	RM20	RM28
FRIED THICK RICE VEMICELLI			
N5 唐山白果	RM12	RM20	RM28
SIGNATURE FRIED RICE CAKE			
N6 兴化幼米	RM12	RM20	RM28
FRIED THICK RICE VEMICELLI			
N7 干炒冬粉	RM12	RM20	RM28
FRIED GLASS NOODLE			
N8 广府炒	RM8	RM16	RM25
ANTONESE FRIED			
N9 招牌福建炒	RM8	RM16	RM25
SIGNATURE HOKKIEN MEE			
N10 香米炒饭	RM8	RM16	RM25
FRIED RICE			
N11 卤面	RM8	RM16	-
FRIED RICE			
N12 猪油拌饭	-	RM5	-
LARDY RICE			

饮料 / DRINKS

D1 果汁（浓缩）	FRUIT JUICE	RM5.00
D2 吉子酸梅（足料）		RM5.00
D3 蜜糖柠檬（足料）	HONEY LEMON	RM8.00
D4 RIBENA SPECIAL（足料）	RIBENA SPECIAL	RM7.00
D5 龙眼/荔枝	LONGNGAN / LYCHEE	RM4.00
D6 自制凉茶	HOME MADE HERBAL TEA	RM2.50
D7 老姜纪子茶		RM8.00
D8 汽水	SOFT DRINKS	RM2.50
D9 啤酒	TIGER BEER	RM9.00
	GUINNESS® BEERS	RM11.00
D10 矿泉水	MINERAL WATER	RM4.00



吕芒芭海鲜餐馆
(班达马兰区-椰脚)

菜单 MENU