Step-1

We have to prove that $||x + y||_{\infty} \le ||x||_{\infty} + ||y||_{\infty}$ and $||x + y||_{1} \le ||x||_{1} + ||y||_{1}$.

We k now that the ℓ^1 norm is defined by $\|x\|_1 = |x_1| + |x_2| + ... + |x_n|$ and the ℓ^∞ norm is defined by $\|x\|_\infty = \max\{|x_i|: 1 \le i \le n, x = (x_1, x_2, ..., x_n)\}$

Also, the Hilbert norm is $||x|| = \sqrt{x_1^2 + x_2^2 + ... + x_n^2}$

Step-2

We have
$$||x+y||_{\infty} = \max\{|x_i+y_i|: 1 \le i \le n, x = (x_1, x_2, ..., x_n), y = (y_1, y_2, ..., y_n)\}$$

We know by the properties of scalars that $|x_i + y_i| \le |x_i| + |y_i|$

Using this, we can write

$$\max\{|x_i + y_i|: 1 \le i \le n, x = (x_1, x_2, ..., x_n), y = (y_1, y_2, ..., y_n)\}$$

$$\leq \max\{|x_i|+|y_i|:1\leq i\leq n, x=(x_1,x_2,...,x_n), y=(y_1,y_2,...,y_n)\}$$

$$\leq \max \left\{ \left| x_i \right| : 1 \leq i \leq n, x = \left(x_1, x_2, ..., x_n \right) \right\} + \max \left\{ \left| y_i \right| : 1 \leq i \leq n, y = \left(y_1, y_2, ..., y_n \right) \right\}$$

$$\leq ||x||_{\infty} + ||y||_{\infty}$$

Therefore, $\boxed{ \|x+y\|_{\infty} \le \|x\|_{\infty} + \|y\|_{\infty} }$

Step-3

Now

$$||x + y||_1 = |x_1 + y_1| + |x_2 + y_2| + \dots + |x_n + y_n|$$

$$\leq (|x_1| + |x_2| + \dots + |x_n|) + (|y_1| + |y_2| + \dots + |y_n|)$$

$$\leq ||x||_1 + ||y||_1$$