Step-1

We get

$$(y,1-y) A = (y,1-y) \begin{bmatrix} 1 & 0 & -1 \\ -2 & -1 & 2 \end{bmatrix}$$

$$= (1y-2(1-y), -1(1-y), -y+2(1-y))$$

$$= (-y-2, y-1, 2-3y)$$

Step-2

Equating -y-2 and y-1, we get $y=-\frac{1}{2}$. This is impossible, because y should be either positive or zero. Thus, we discard this case.

Equating y-1 and 2-3y, we get $y=\frac{3}{4}$. For this value of y, we get

$$(-y-2, y-1, 2-3y) = \left(-\frac{3}{4} - 2, \frac{3}{4} - 1, 2 - 3\left(\frac{3}{4}\right)\right)$$
$$= \left(-\frac{11}{4}, -\frac{1}{4}, -\frac{1}{4}\right)$$

The maximum value is $-\frac{1}{4}$

Step-3

Equating -y-2 and 2-3y, we get $y=\frac{1}{2}$. For this value of y, we get

$$(-y-2, y-1, 2-3y) = \left(-\frac{1}{2} - 2, \frac{1}{2} - 1, 2 - 3\left(\frac{1}{2}\right)\right)$$
$$= \left(-\frac{5}{2}, -\frac{1}{2}, \frac{1}{2}\right)$$

The maximum value is $\frac{1}{2}$.

Step-4

Out of $\frac{1}{2}$ and $\frac{1}{4}$, the least value is $\frac{1}{4}$. Therefore, the best strategy of Y will have $y = \frac{3}{4}$.

Thus, we have $y^* = \frac{3}{4}$.