Step-1

$$A = \begin{bmatrix} 2 & 1 \\ 1 & 2 \end{bmatrix}$$

The characteristic equation of A is $|A - \lambda I| = 0$

$$\Rightarrow \begin{vmatrix} 2-\lambda & 1\\ 1 & 2-\lambda \end{vmatrix} = 0$$

$$(2-\lambda)^2-1=0$$

$$\lambda^2 - 4\lambda + 3 = 0$$

$$(\lambda-1)(\lambda-3)=0$$

$$\lambda = 1,3$$

The eigen values are $\lambda_1 = 1, \lambda_2 = 3$

Step-2

The eigen vector corresponding to $\lambda_1 = 1$ is obtained by solving $(A - \lambda_1 I)x = 0$

$$\Rightarrow \begin{bmatrix} 1 & 1 \\ 1 & 1 \end{bmatrix} \begin{bmatrix} x_1 \\ x_2 \end{bmatrix} = \begin{bmatrix} 0 \\ 0 \end{bmatrix}$$

After reducing the coefficient matrix, we rewrite the homogeneous equation $x_1 + x_2 = 0$

 $X_1 = \begin{bmatrix} 1 \\ -1 \end{bmatrix}$ is the eigen vector corresponding to $\lambda_1 = 1$.

Similarly, solving $(A - \lambda_2 I)x = 0$, we get $X_2 = \begin{bmatrix} 1 \\ 1 \end{bmatrix}$, the eigen vector corresponding to $\lambda_2 = 3$

Step-3

The eigen vectors corresponding to the distinct eigen values are linearly independent and so, the matrix S whose columns are these eigen vectors is non singular.

 $S = \begin{bmatrix} 1 & 1 \\ -1 & 1 \end{bmatrix}, \Lambda = \begin{bmatrix} 1 & 0 \\ 0 & 3 \end{bmatrix}, S^{-1} = \frac{1}{2} \begin{bmatrix} 1 & -1 \\ 1 & 1 \end{bmatrix}$ such that $A = S\Lambda S^{-1}$

Further, $A^k = S\Lambda^k S^{-1}$

$$=\frac{1}{2}\begin{bmatrix}1&1\\-1&1\end{bmatrix}\begin{bmatrix}1&0\\0&3^k\end{bmatrix}\begin{bmatrix}1&-1\\1&1\end{bmatrix}$$

$$= \frac{1}{2} \begin{bmatrix} 1 & 3^k \\ -1 & -3^k \end{bmatrix} \begin{bmatrix} 1 & -1 \\ 1 & 1 \end{bmatrix}$$
$$= \frac{1}{2} \begin{bmatrix} 1+3^k & 3^k-1 \\ -1-3^k & 1-3^k \end{bmatrix}$$

By interchanging X_1 and X_2 in S, we get the stipulated form given.