Step-1

If *B* is positive definite, then, $x^T B x > 0$ for all nonzero vectors *x*.

The Rayleigh quotient is given by,

$$R(x) = \frac{x^T A x}{x^T x}$$

The Rayleigh quotient for A+B is given by,

$$R(x) = \frac{x^{T}(A+B)x}{x^{T}x}$$

We know that,

$$x^T \left(A+B\right) x > x^T A x$$

Thus, the Rayleigh quotient for A+B is greater the Rayleigh quotient for A.

Step-2

Therefore
$$\frac{x^{T}(A+B)x}{x^{T}x} > \frac{x^{T}Ax}{x^{T}x}$$