Step-1

Let
$$x = (x_1, x_2)$$
, $y = (y_1, y_2)$ are the vectors

Two vectors are perpendicular when the product of their slopes is -1

That is,
$$\left(\frac{x_2}{x_1}\right)\left(\frac{y_2}{y_1}\right) = -1$$
 by hypothesis

$$\Rightarrow x_2 y_2 = -x_1 y_1$$

$$\Rightarrow x_2 y_2 + x_1 y_1 = 0$$

This is equivalent to
$$\begin{pmatrix} x_1 & x_2 \end{pmatrix} \begin{pmatrix} y_1 \\ y_2 \end{pmatrix} = 0$$

Therefore,
$$x^T y = 0$$