

"THE SIMPLE SOLUTION FOR PERFECT PASTA!"



For 8 oz. (1/2 box) of dry pasta, use entire contents of bottle. For additional pasta, add enough Pasta Water™ to cover by 3".



Bring Pasta Water™ to a boil, add pasta noodles and cook uncovered according to package directions.



Do not use olive oil! Stir gently and frequently to prevent sticking.



Do not rinse! Drain, return to cooking pot immediately, stir with sauce and serve.



SCAN WITH PHONE

* Adjust salt to taste in homemade sauce recipes. Not intended for use with pre-packaged cheese sauces.

GREAT WITH VEGGIE AND GLUTEN-FREE PASTA TOO!

NUTRITION FACTS

About 102 Servings Per Container

Serving Size -1 fl oz (30mL)

CALORIES PER SERVING 0

Not a significant source of cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium.

Amount/Serving %Daily Value

Total Fat 0g 0%

Sodium 160mg 8%

Total Carbs 0g 0%

Protein 0g 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



blueheronpastawater.com

INGREDIENTS: PURIFIED WATER AND SEA SALT.

SALT OF AUSTRALIAN ORIGIN. BOTTLED IN USA.

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