

●●●○○ ABC

01:08 PM



My Zen Garden

Path

Progress



Beach

Last time: 2 days ago

Last duration: 10mins

Average duration: 10mins



Ocean

Last time: 3 days ago

Last duration: 15mins

Average duration: 10mins



Forest

Last time: 3 days ago

Last duration: 15mins

Average duration: 15mins

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My Zen Garden

Path

Progress



Average duration: 10mins

Number of sessions: 3

Run Streak Targets (days)



1



3



5



7

●●●○○ ABC

01:09 PM



Ocean



Guide Voice



Duration

10 mins	▼
15 mins	
20 mins	

●●●○○ ABC

01:09 PM



Ocean



09:58

Guide Voice



●●●○○ ABC

01:09 PM



Ocean



Congratulation!

You have finished another session

Keep up the good work