Ryan Richard Ruff, PhD, MPH

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RESEARCH SUMMARY I am an epidemiologist and education researcher interested in school health and child development, using pragmatic clinical trials to test novel approaches to school-based disease prevention. I am also the director of the Biostatistics Core, supporting additional collaborations in pediatrics, molecular pathobiology, and oncology.

EDUCATION

University of Virginia, Charlottesville, VA USA

PhD in Research, Statistics, & Evaluation, December 2009

BAMT in Education, May 2005

Cambridge University, Cambridge, UK

MPhil in Education Policy, July 2010

Harvard University, Cambridge, MA USA

MPH in Epidemiology, May 2017

Honors and Awards 2024 Cuspie Award, Scientific Paper of the Year

2022 Fellow of the American College of Epidemiology

2021 Sigma Xi Scientific Honor Society

2021 Fellow of the New York Academy of Medicine

2020 Goddard Junior Faculty Fellowship

2019 One of the top papers published in BMC Oral Health

2018 Delta Omega Honor Society, New York University

2018 Faculty Honoree, New York University

2017 Academy of Distinguished Educators, New York University

2012 Distinguished Service Award, NYC Department of Health

2008 DuPont Fellow, University of Virginia

2007 Doctoral Fellowship, University of Virginia (2007 and 2006)

ACADEMIC EXPERIENCE New York University College of Dentistry, New York, NY

Department of Epidemiology & Health Promotion

Associate Professor (tenure track)

2019 - Pres

Assistant Professor (tenure track)

2017 - 2019

Research Assistant Professor

2014 - 2017

Director, Biostatistics Core (2017-Present),

Director, MS Program in Clinical Research (2017-Present),

Head of the Statistics & Data Unit (2015-2017)

	New York University Sci	niversity School of Global Public Health, New York, NY	
	Associated Proj	fessor	2014 - Pres
	$Adjunct\ Associ$	ate Professor	2012 - 2014
	Uniformed Se	ervices University of the Health Sciences	
	$Adjunct\ Associ$	ate Professor	2022 - Pres
Professional Experience	Ruff Methods	s Consulting, New York, NY	
	Principal Consultant 202		2023 - Pres
	Columbia Epidemiology & Population Health Institute, New York, NY Instructor 2012		2012 - 2021
	New York Ci	ty Department of Health, New York, NY	
		arch & Evaluation Unit	2011 - 2014
	New York Ci	ty Department of Education, New York, NY	
	Director of Res	rearch & Evaluation	2010 - 2011
RESEARCH	Funded Resea	arch - As Principal Investigator	
Experience	Pending		
	2025 - 2030	R01 MD019938, National Institute on Minority Health and Health "Making caries prevention SMART: Adaptive interventions for premedicine in schools". \$3,437,638 (Impact score 17, 1st percentile)	-
	Awarded		
	2025 - 2027	R03 DE033776, National Institute of Dental and Craniofacial Roproving the design and implementation of school-based oral heausing secondary data analysis". \$322,000	
	2024 - 2026	PCS160936824-S, Patient-Centered Outcomes Research Institute tary award). "Optimizing school-based oral health programs the diamine fluoride." \$394,472	\
	2018 - 2026	PCS160936824, Patient-Centered Outcomes Research Institute, 'effectiveness of school-based caries prevention for children: A cluster pragmatic clinical trial." \$13,052,988 (dual-PI)	-
	2023 - 2024	JSI22-1529, JSI Research & Training Institute and NH Departmen Human Services, "Sustainability of a school-based caries prevention \$249,022	
	2023 - 2023	C38355GG, New York State Department of Health School-Based Program (SBDHP), "CariedAway: A sustainable model for school programs in New York City." \$250,000.	

- 2020 2022 R56 DE028933, National Institute of Dental and Craniofacial Research, "The role of the oral microbiome in disparities in dental caries and responsiveness to caries prevention." \$517,296
- 2019 2020 RA633, New York University Mega Grant Support Initiative, "The role of the oral microbiome in disparities in dental caries and responsiveness to caries prevention: A pilot study." \$15,000
- 2017 2024 R01 MD011526, National Institute on Minority Health and Health Disparities, "Statewide implementation and evaluation of a rural caries prevention program." \$3,617,644 (MPI)
- 2016 2018 R03 DE025289, National Institute of Dental and Craniofacial Research, "Analysis of longitudinal data from a school-based caries prevention program." \$317,000

Funded Research - As Co-Investigator/Biostatistician

- 2025 2029 Solventum, "Clinical Evaluation of 3M Filtek™ Supreme Flowable Composites for Class IV and Veneers." \$548,172 (Allen & Hirata, PIs)
- 2024 2025 R41 DE034627, National Institute of Dental and Craniofacial Research, "Zinc nanocrystals from zinc tetraammine fluoride for caries arrest and remineralization" \$297,714 (Saxena, PI)
- 2024 2028 R01 NS102722, National Institute of Neurological Disorders and Stroke, "Endosomal platforms for signaling pain" \$3,062,710 (Bunnett & Schmidt, PIs)
- 2024 2026 R01 DE031319, National Institute of Dental and Craniofacial Research, "A multi-center prospective cohort study of malignant transformation risk in oral epithelial dysplasia and cancer recurrence risk in oral squamos cell carcinoma" \$3,699,333 (McDevitt, PI)
- 2024 2026 RM1 DE033491, National Institute of Dental and Craniofacial Research, "Endosomal mechanisms signaling oral cancer pain" \$4,820,611 (Schmidt & Bunnett, PIs)
- 2024 2026 R01 CA231396, National Cancer Institute, "TRPV1 nociceptors in oral carcinogenesis and pain" \$3,101,649 (Albertson & Schmidt, PIs)
- 2024 2025 UG3 NS128148 (sub-award), National Institute of Neurological Disorders and Stroke, "Peripherally-restricted non-addictive cannabinoids for cancer pain treatment" \$301,369 (Spigelman, PI)
- 2024 2025 R01 DE029694, National Institute for Dental and Craniofacial Research, "Intratumor co-delivery of DNA and RNA to relieve cancer pain" \$2,905,693 (Schmidt & Yamano, PIs)
- 2024 2025 W81XWH-22-1, Department of Defense, "Receptors in endosomes mediate chronic pain associated with trauma and stress: Non-opioid targets for pain" \$936,199 (Schmidt, PI)
- 2024 2025 R01 CA228525, National Cancer Institute, "Artemin overexpression in oral cancer pain and carcinogenesis" \$2,567,300 (Albertson, PI)

- 2024 2025 R01 DE029951, National Institute for Dental and Craniofacial Research, "Targeting endosomal receptors for treatment of chronic pain". \$3,385,528 (Bunnett & Schmidt, PIs)
- 2024 2024 R01 DE026806 (NCE), National Institute of Dental and Craniofacial Research, "Protease PAR TRPV4 Axis and Oral Cancer Pain" \$3,917,007 (Schmidt & Bunnett, PIs)
- 2024 2024 R03 DE030996, National Institute of Dental and Craniofacial Research, "TRPA1 regulation of oral cancer nociception" \$317,000 (Bhattacharya, PI)
- 2023 2024 Solventum (3M), "Proposal for Clinical evaluation of injectable 3M Filtek supreme flowable composites for class IV cavities and veneers." \$30,000 (Allen & Hirata, PIs)
- 2022 2023 JSI22-1529, US Department of Health & Human Services, "Situation analysis, planning, and proposal for a statewide school-based cavity prevention program" \$50,000 (Niederman, PI)
- 2015 2016 R01 DE018729, National Institute of Dental and Craniofacial Research, "Quality of life in children with cleft." \$3,231,498 (Broder, PI)
- 2014 2015 U24 MD006964, National Institute on Minority Health and Health Disparities, "Effectiveness and improvement of rural, school-based, caries prevention programs." \$7,100,000 (Niederman, PI)
- 2013 2014 NYU Community and Translational Science Institute, "Understanding obesity among public housing residents in NYC: A community-based geospatial project." \$35,000 (Duncan, PI)
- 2013 2014 RWJF71637, Robert Wood Johnson Foundation, "Assessing the impact of food restrictions under the Supplemental Nutrition Assistance Program on food choice by families." \$170,000 (Chen Zhen, PI)

Funded Research - Other

- 2024 2025 "Validation of the Knowledge Related to Oral Health Literacy Scale (Spanish version)". NYU Biostatistics Core general project (\$1,000)
- 2024 2024 "Protocol development for Clinical Evaluation of 3M Filtek™ Supreme Flowable Composites Study". NYU Biostatistics Core general project (\$30,000)
- 2024 2024 "Dimensional Accuracy of Milled versus Printed Zirconia 4-unit Fixed Partial Denture Before and After Thermocycling An in vitro study". NYU Biostatistics Core general project. (\$2,250)
- 2018 2018 New Hampshire Women, Infants, and Children Pay for Prevention Program. Served as epidemiologist/biostatistician for program evaluation and reporting (\$9,125)

2017 - 2018 New York City Department of Health and Mental Hygiene. Subject-matter expert regarding oral health data registry and survey system development (\$40,000)

Grants under review

Submitted Novel Causal Inference Methods for Addressing Intercurrent Events in Dental Clinical Trials Using the Estimand Framework, National Institute of Dental and Craniofacial Research (Co-I, R01) Pragmatic Research to Implement Sustainable Medicine in Schools (PRISMS), Submitted Patient-Centered Outcomes Research Institute (PI) Submitted Developing a predictive model for osteoporosis, National Institute of Dental and Craniofacial Research (MPI, R01) Submitted A corneal cancer model to test non-opioid therapeutics for oral cancer pain, National Institute of Dental and Craniofacial Research (Co-I, R01) Marijuana-induced dysbiosis in experimental gingivitis, National Institute of Submitted Dental and Craniofacial Research (Co-I, UG3/UH3) Submitted Gut microbiome alterations as a mechanism of immune dysregulation in new onset refractory status epilepticus, National Institute of Dental and Craniofacial Research (Co-I, R01) Submitted Defining TRPV4 contribution of Schwann cells to oral cancer pain, National Institute of Dental and Craniofacial Research (Mentor, K23) Submitted Cannabis as a Risk Factor for Periodontitis, National Institute of Dental and Craniofacial Research (Co-I, R01) Submitted Fibronectin modulation of oral cancer nociception, National Institute of Dental

Publications

[66] Spivakovsky S, **Ruff RR**. Development and validation of the Knowledge Related to Oral Health Literacy Scale, Spanish version (KROHL-S). Under review.

and Craniofacial Research (Co-I, R01)

- [65] Giugliano TS, Witek L, Gomez de Carvahlo AB, Bottino M, **Ruff RR**, Choi M. Dimensional accuracy of milled versus printed 4-unit fixed partial denture before and after thermocycling: An in vitro study. Under review.
- [64] Barry Godín T, Shah R, Hawthorne G, Ruff RR. Treatment time for community caries prevention: A randomized clinical trial. medRxiv. doi: 10.1101/2024.07.11.24310 306.
- [63] Ruff RR. Transition probabilities for dental caries in a school-based prevention program. medRxiv. doi: 10.1101/2024.06.05.24308501.
- [62] Ruff RR, Gawande AA, Xu Q, Barry Godín T. Silver diamine fluoride vs atraumatic restorations for managing dental caries in schools: a cluster randomized clinical trial. JAMA Network Open. 2025;8(6):e2513826. doi: 10.1001/jamanetworkopen.2025.13826.
- [61] Godes C, Westhoff L, Barry Godín T, Ruff RR. Integrating silver diamine fluoride into school-

- based oral health programs: A pilot study. Public Health Pract (Oxf). 2025;9. doi: 10.1016/j.puhip. 2025.100609.
- [60] Poudel SB*, Chlebek C*, **Ruff RR***, He Z, Xu F, Yildirim G, Hu B, De Jesus CL, Shinde AR, Nayak VV, Witek L, Bromage T, Neubert TA, Rosen CJ, Yakar S. Canagliflozin-induced adaptive metabolism in bone. Diabetes. 2025;74(5):812–826. doi: 10.2337/db24-0955. *Equal contribution.
- [59] Vader V, Kosaraju A, Gedge JL, Mitchell TM, **Ruff RR**, Vandewalle KS. Evaluating the Diagnostic Interrater Reliability between Virtual and In-person Sick-call Examinations at a Military Dental Treatment Facility. Military Medicine. 2025;190(5-6). doi: 10.1093/milmed/usae509.
- [58] Poudel SB, **Ruff RR**, He Z, Dixit M, Yidirim G, Jayarathne H, Manchanayake DH, Basta-Pljakic J, Duran-Ortiz S, Schaffler MB, Kopchick JJ, Sadagurski M, Yakar S. The impact of inactivation of the GH/IGF axis during aging on healthspan. GeroScience. 2024. doi: 10.1007/s11357-024-01426-3.
- [57] **Ruff RR**. Caries incidence in school-based prevention programs in the presence of interval censoring. Children (Basel). 2024;11(11):1350. doi: 10.3390/children11111350.
- [56] Ruff RR, Barry-Godin T, Niederman R. Noninferiority of silver diamine fluoride vs sealants for reducing dental caries prevalence and incidence: A randomized clinical trial. JAMA Pediatrics. 2024;178(4):354-361. doi: 10.1001/jamapediatrics.2023.6770.
- [55] Poudel SB, **Ruff RR**, Yildirim G, Miller RA, Harrison DE, Strong RL, Kirsch T, Yakar S. Development of primary osteoarthritis during aging in genetically diverse UM-HET3 mice. Arthritis Research & Therapy. 2024;26(1):118. doi: 10.1186/s13075-024-03349-y.
- [54] Ruff RR, Niederman R. A school-based model for minimally invasive dental caries prevention and control: The CariedAway pragmatic randomized trial. Washington, DC: Patient-Centered Outcomes Research Institute (PCORI); 2024. http://www.pcori.org/NiedermanRuff524.
- [53] Ruff RR, Niederman R. School-based caries prevention using silver diamine fluoride: A pragmatic randomized trial in low-income rural children. medRxiv. 2024. doi: 10.1101/2024.06.05.2430 8499.
- [52] Ruff RR, Barry-Godin T, Whittemore R, Small TM, Santiago-Galvin N, Sharma P. Unmet dental needs in children following suspension of school-based oral health services due to COVID-19. J School Health. 2024; 94(5):427-432. doi: 10.1002/JOSH.13433.
- [51] Poudel SB, Frikha-Benayed D, **Ruff RR**, Yildirim G, Dixit M, Korstanje R, Robinson L, Miller RA, Harrison DE, Strong JR, Schaffler MB, Yakar S. Targeting mitochondrial dysfunction using methylene blue or mitoquinone to improve skeletal aging. Aging. 2024;16(6):4948-4964. doi: 10.18632/aging.
- [50] Poudel SB, **Ruff RR**, Yildirim G, Dixit M, et al. Excess Growth Hormone Triggers Inflammation-Associated Arthropathy, Subchondral Bone Loss, and Arthralgia. American Journal of Pathology. 2023; 193(6):829-842. doi: 10.1016/j.ajpath.2023.02.010.
- [49] Yildiri G, Bergamo ETP, Poudel S, **Ruff RR**, et al. Effects of canagliflozin on skeletal morphology, bone mineral composition, and nano-mechanical properties in UM-HET3 mice. GeroScience. 2023; 45(3):1933-1951. doi: 10.1007/s11357-023-00803-8.
- [48] Ruff RR, Habib R, Barry-Godin T, Niederman R. School-based caries prevention and the

- impact on acute and chronic student absenteeism. Journal of the American Dental Association. 2023; 154(8):753-759. doi: 10.1016/j.adaj.2023.05.007.
- [47] Ruff RR, Barry-Godin T, Niederman R. Effect of silver diamine fluoride on caries arrest and prevention: the CariedAway school-based randomized clinical trial. JAMA Netw Open. 2023; 6(2). doi: 10.1001/jamanetworkopen.2022.55458.
- [46] **Ruff RR**, Barry-Godin T, Niederman R. The effectiveness of medical nurses in treating children with silver diamine fluoride in a school-based caries prevention program. Community Dentistry & Oral Epidemiology. 2023;52(4):398-405. doi: 10.1111/CDOE.12925.
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- [44] Choi M, Ibrahem F, **Ruff RR**, Giugliano T. Digital Analysis of the Dimensional Change Of an Irreversible Hydrocolloid Impression Material (Alginate) with Varying Storage Times. Primary Dental Journal. 2022; 11(4). doi: 10.1177/20501684221133417.
- [43] Ellis AW, Kosaraju A, Ruff RR, Miller CB, Francis JM, Vandewalle KS. Dental erosion as an indicator for gastroesophageal reflux disease. General Dentistry. 2022; 70(6):46-51.
- [42] **Ruff RR**, Barry-Godin T, Murray T, Niederman R. Silver diamine fluoride, atraumatic restorations, and oral health-related quality of life in children aged 5-13 years: Results from the Caried-Away school-based cluster randomized trial. BMC Oral Health. 2022; 22(125). doi: 10.1101/2021.04.19.21255478.
- [41] Ruff RR, Monse B, Duijster D, Naliponguit E, Benzian H. School-based strategies to prevent tooth decay in a high-risk child population in the Philippines: Results of a longitudinal cohort study. Community Dentistry and Oral Epidemiology. 2022;51(2):219-227. doi: 10.1111/cdoe.12729.
- [40] **Ruff RR**, Whittemore R, Grocheki M, Bateson J, Barry-Godin T. Silver diamine fluoride and oral-health related quality of life: A network meta-analysis. PLoS One. 2022; 17(2). doi: 10.1371/journal.pone.0261627
- [39] **Ruff RR**. From Jomtien to Dakar: A quality assessment of Malawian Education for All policy, 1990-2010. EdArXiv. 2022. doi: 10.35542/osf.io/y5xfk.
- [38] **Ruff RR**, Sierra MA, Xu F, Crystal Y, Saxena D. Predicting treatment nonresponse in Hispanic/Latino children receiving silver diamine fluoride for caries arrest: A pilot study using machine learning. Frontiers in Oral Health. 2021; 2:695759. doi: 10.3389/froh.2021.695759.
- [37] Paul B, Sierra MA, Xu F, Crystal Y, Li X, Saxena D, **Ruff RR**. Microbial population shift and metabolic characterization of silver diamine fluoride treatment failure on dental caries. PLoS One. 2021; 16(3). doi: 10.1371/journal.pone.0242396.
- [36] Aldosari MA, Bukhari OM, **Ruff RR**, Palmisano JN, Nguyen H, Douglass CW, Niederman R, Starr JR. Comprehensive, school-based preventive dentistry: program details and students' unmet dental needs. Journal of School Health. 2021; 91(9). doi: 10.1111/josh.13063
- [35] Starr JR, **Ruff RR**, Palmisano J, Goodson JM, Niederman R. Longitudinal caries prevalence in a comprehensive, multi-component, school-based prevention program. Journal of the American Dental Association. 2021;152(3). doi: 10.1016/j.adaj.2020.12.005

- [34] Ruff RR, Saxena D, Niederman R. School-based caries prevention and longitudinal trends in untreated decay: An updated analysis with Markov chains. BMC Research Notes. 2020;13(1). doi: 10:1186/s13104-020-4886-8.
- [33] Ruff RR. Street-level research in public health nutrition: A cross-sectional study of dietary behavior in New York City. SAGE Research Methods Cases: Medicine & Health. 2020. doi: 10.4135/9781529709698.
- [32] Khouly I, Pardinas-Lopez S, **Ruff RR**, Strauss FJ. Efficacy of growth factors for the treatment of peri-implant diseases: A systematic review and meta-analysis. Clinical Oral Investigations. 2020. 24(7):2141-2161. doi: 10.1007/s00784-020-03240-5
- [31] Qi L, Pushalkar S, Kamer A, Corby P, Mota R, Paul B, Guo Y, **Ruff RR**, Alekseyenko A, Li X, Saxena D. The influences of bioinformatics tools and reference databases in analyzing human saliva microbial community. Genes. 2020;11(878). doi: 10.3390/genes11080878.
- [30] Yang C, Crystal Y, **Ruff RR**, Niederman R. Quality appraisal of child oral health-related quality of life measures: A scoping review. JDR Clinical & Translational Research. 2020;5(2). doi: 10.1177/2380084419855636.
- [29] Huang S, **Ruff RR**, Niederman R. An economic evaluation of a comprehensive school-based caries prevention program. JDR Clinical & Translational Research. 2019;4(4):378-387. doi: 10.1177/2380084419837587.
- [28] **Ruff RR**. State-level autonomy in the era of accountability: A comparative analysis of Virginia and Nebraska education policy through No Child Left Behind. Education Policy Analysis Archives. 2019;27(6):1-31. doi: 10.14507/epaa.27.4013.
- [27] Ruff RR, Senthi S, Susser S, Tsutsui A. Oral health, academic performance, and school absenteeism in children and adolescents: A systematic review and meta-analysis. J Am Dent Assoc. 2019;150(2):111-121. doi: 10.1016/j.adaj.2018.09.023.
- [26] Ruff RR, Niederman R. Silver diamine fluoride versus therapeutic sealants for the arrest and prevention of dental caries in low-income minority children: Study protocol for a cluster randomized controlled trial. Trials. 2018;19(1):523. doi: 10.1186/s13063-018-2891-1.
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- [23] Ruff RR, Niederman R. Comparative effectiveness of school-based caries prevention: A prospective cohort study. BMC Oral Health. 2018;18(1):53. doi: 10.1186/s12903-018-0514-6.
- [22] Ruff RR, Crerand CE, Sischo L, et al. Surgical care for school-aged youth with cleft: Results from a multicenter, prospective observational study. The Cleft Palate-Craniofacial Journal. 2018;55(8):1166-1174. doi: 10.1177/1055665618765776.
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- Health Impact Profile Preschool version. Community Dental Health. 2017;34(3):176-182. doi: 10.1922/CDH_4110Ruff07.
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- [18] Broder HL, Crerand CE, **Ruff RR**, Peshansky A, Sarwer DB, Sischo L. Challenges in conducting multicenter, multidisciplinary, longitudinal studies in children with chronic conditions. Community Dentistry and Oral Epidemiology. 2017;45(4):1-6. doi: 10.1111/cdoe.12293.
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- [14] Ruff RR. The impacts of retention, expenditures, and class size on primary school completion in Sub-Saharan Africa: A cross-national analysis. International Journal of Education Policy and Leadership. 2016;11(8).
- [13] **Ruff RR**, Ng J, Jean-Louis G, Elbel B, Chaix B, Duncan DT. Neighborhood stigma is associated with poor sleep health in a pilot study of low-income housing residents in New York City. Behavioral Medicine. 2016;44(1). doi: 10.1080/08964289.2016.1203754.
- [12] Duncan DT, **Ruff RR**, Chaix C, Regan SD, et al. Perceived spatial stigma, body mass index, and blood pressure: A GPS study among low-income housing residents in New York City. Geospatial Health. 2016;11(2). doi: 10.4081/gh.2016.399
- [11] **Ruff RR**. Sugar-sweetened beverage consumption is linked to global adult mortality through diabetes mellitus and adiposity-related diseases including cardiovascular disease and cancer. Evidence Based Medicine. 2015;20(6):223-4. doi: 10.1136/ebmed-2015-110267.
- [10] **Ruff RR**, Zhen C. Estimating the effects of a calorie-based sugar-sweetened beverage tax on weight and obesity in New York City adults using dynamic loss models. Annals of Epidemiology. 2015:25(5):350-357. doi: 10.1016/j.annepidem.2014.12.008.
- [9] Ruff RR, Adjoian T, Akhund A. Small convenience stores and the local food environment: An analysis of resident shopping behavior using multilevel modeling. American Journal of Health Promotion. 2015;30(3):172-180. doi: 10.4278/ajph.140326-QUAN-121.
- [8] Yi SS, **Ruff RR**, Jung M, Waddell EN. Racial/ethnic residential segregation, neighborhood poverty and urinary biomarkers of diet in New York City adults. Social Science and Medicine. 2014;122:122-129. doi: 10.1016/j.socscimed.2014.10.030.
- [7] Duncan DT, Regan SD, Shelley D, Day K, **Ruff RR**, Al-Bayan M, Elbel B. Using Global Positioning System (GPS) methods to study the spatial contexts of obesity and hypertension risk among low-income housing residents in New York City: A feasibility study. Geospatial Health. 2014;9(1):57-70.

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- [5] Zhen C, Brissette I, **Ruff RR**. By ounce or by calorie: The differential effects of alternative sugar-sweetened beverage tax strategies. American Journal of Agricultural Economics. 2014;96(4):1070-1083. doi: 10.1093/ajae/aau052.
- [4] Day K, Loh R, **Ruff RR**, Rosenblum R, Fischer S, Lee K. Does bus rapid transit promote walking? An examination of New York City's Select Bus Service. Journal of Physical Activity and Health. 2014;11(8):1512-1516. doi: 10.1123/jpah.2012-0382.
- [3] Ruff RR, Akhund A, Adjoian T, Kansagra SM. Calorie intake, sugar-sweetened beverage consumption, and obesity among New York City Adults: Findings from a 2013 population study using dietary recalls. Journal of Community Health. 2014;39(6):1117-1123. doi: 10.1007/s10900-014-9865-3.
- [2] Ruff RR, Rosenblum R, Fischer S, Meghani H, Adamic J, Lee KK. Associations between building design, point-of-decision stair prompts, and stair use in urban worksites. Preventive Medicine. 2013;60:60-64. doi: 10.1016/j.ypmed.2013.12.006.
- [1] **Ruff RR**. School counselor and school psychologist perceptions of accountability policy: Lessons from Virginia. The Qualitative Report. 2011;16(5):1270-1290.

INVITED TALKS

- May 2025 "Component network meta-analysis: Disentangling effects from pragmatic clinical trials". Invited speaker, 2025 Task Force on Design and Analysis in Oral Health Research Meeting. Newark, NJ.
- Oct 2024 "Pragmatic Research to Implement Sustainable Medicine in Schools". Invited speaker, New York University School of Global Public Health. New York, NY
- Oct 2024 "Utilization of nurses for school-based caries prevention and control". Invited speaker for the 2nd Annual Lecture Circus, University of Pennsylvania Levy Dental Medicine Library. Philadelphia, PA.
- Sep 2024 "Longitudinal caries management in schools: The CariedAway pragmatic randomized trial". Invited speaker, Federal University of Santa Maria. Santa Maria, Brazil.
- Oct 2023 "The promise of engagement for school-based oral health". Invited speaker for the 2023 Annual Meeting of the Patient-Centered Outcomes Research Institute, session "Practicalities of Conducting Meaningful Engagement: A Menu of Tips and Resources from Experience". Washington, DC.
- Jun 2023 "School-based strategies to prevent dental caries in high-risk populations". Invited speaker for the 29th Congress of the International Association of Paediatric Dentistry, session "Joining forces in prevention: Global initiatives for caries preventive programs". Maastricht, the Netherlands.
- May 2023 Findings and implications from our 2023 paper in *JAMA Network Open* were presented by invitation to the Medicaid/Medicare/CHIP Services Dental Association (MSDA) Annual Symposium, Clinical Perspectives and Evidence Update session (team invitation). Washington, DC.

	Sep 2022	"Research and development in school-based health". Invited lecture given to the Medicine Grand Rounds speaker series, Vanderbilt University Medical Center, Division of Epidemiology. Nashville, TN, USA.
	Jun 2021	"Applications of machine learning in oral health: predicting treatment nonresponse in children receiving nonsurgical caries treatment". Invited speaker for the 9th International Conference on Methodological Issues in Oral Health Research, New York, USA
	Oct 2017	"Assessing additional options for school-based caries prevention: Improving determinants of child development". Invited speaker for the 11th IADR World Congress on Preventive Dentistry, New Delhi, India
ORAL PRESENTATIONS	Jun 2023	CariedAway: One solution for a global disease. Oral presentation given at the 2023 National School-Based Health Care Conference, Washington, D.C., USA
and Symposia	Jun 2023	Essential oral healthcare in a school context. Oral presentation given by invitation at the 2023 International Association for Dental Research (invited presentation, senior author), Bogotá, Colombia
	Nov 2022	Building Sustainable, Effective School-Based Oral Health Programs. Oral Symposium. Three abstracts accepted as senior author, one as first author titled "School-based caries prevention with minimally invasive treatments: Results from phase one of the CariedAway cluster randomized pragmatic trial". Presented at the 2022 American Public Health Association Meeting, Boston, USA
	Sep 2020	Silver diamine fluoride for school-based caries prevention. Oral presentation accepted at the PED-IADR Congress, Marseille, France (Conference cancelled due to COVID-19)
	Sep 2019	Measuring responsiveness to preventative treatments for dental caries: Towards a predictive model using machine learning. Oral presentation given at the CED-IADR Oral Health Research Congress, Madrid, Spain
	May 2018	Research to optimize school-based caries prevention. Oral presentation given at the 8th International Conference on Methodological Issues in Oral Health Research, Hong Kong
INTERNAL TALKS	Oct 2024	Pragmatic Research to Implement Sustainable Medicine in Schools (PRISMS): The CariedAway Project. New York University School of Global Public Health, Department of Epidemiology Seminar Series. New York, USA.
	Dec 2023	Adaptive interventions in support of personalized medicine. New York University Faculty Development Program, New York, USA.
	Jun 2018	Applications of virtual reality in training oral and maxillofacial surgery techniques. NYU Academy of Distinguished Educators Teaching and Learning seminar, New York, USA
SELECTED ABSTRACTS	July 2021	Silver diamine fluoride, dental caries, and quality of life in low-income minority children: Results from the CariedAway school-based cluster randomized trial. IADR/AADR General Session

Apr 2018	Development and validation of the Child Oral Health Impact Profile Preschool Version. 75th Meeting of the American Cleft Palate Craniofacial Association
Apr 2017	Analysis of school-based caries prevention programs. New York University Faculty Research Symposium, New York, USA
Mar 2017	Caried Away: Outcomes of school-based caries prevention. 95th General Session of the IADR, California, USA
Mar 2017	SDF for Caries Prevention in Primary Teeth: A systematic review. 95th General Session of the IADR, California, USA
Feb 2015	Spatial stigma and drug use among low-income housing residents in NYC. New York City Epidemiology Forum, New York, NY
Sep 2014	Estimating the effects of sugar-sweetened beverage taxes on weight and obesity in NYC. American College of Epidemiology annual meeting, Maryland, USA
Mar 2014	An analysis of the bodega food environment in New York City. 24th Annual Art and Science of Health Promotion Conference, Denver, CO
Feb 2014	Dietary sources of sugar and drink-specific calorie intake in New York City Adults. New York City Epidemiology Forum, New York, NY
Aug 2013	By ounce or by calorie: The different effects of alternative sugar-sweetened beverage tax strategies (with C. Zhen). 2013 meeting of the Agricultural and Applied Economics Association, Washington, DC
Jun 2013	Segregation, neighborhood poverty, and diet: Findings from a population-based survey of NYC adults (with S. Yi). 46th meeting of the Society for Epidemiologic Research, Boston, MA

Press & Media Coverage

Local and National

The Washington Post, Newsweek, Dentistry Today, Daily Mail, Semafor, Decisions in Dentistry, Dr. Bicuspid, Dentistry IQ, The New York Post, Brooklyn Eagle, HealthDay, AAAS Newswire, Dimensions of Dental Hygiene, Interesting Engineering, US News & World Report, Drugs.com, SF Weekly, Princeton Daily Clarion, Contemporary Pediatrics, ADEA Bulletin, Parents Magazine. Television coverage in News 1, News 12 New York, NBC Boston, NBC Connecticut, Spectrum 1 (research site visit), NBC Right Now, WTRF CBS News 7 (West Virginia).

Global

Dental News (Pakistan), Bite Magazine (Australia), Asharq Al-Awsat (Egypt), Manchester Times (England)

Interviews

News 1 New York, ADHA Official Podcast, Broadcast Retirement Network

POLICY AND CLINICAL GUIDELINES Our research has been used to inform local, national, and international policies for caries prevention, referenced by the Association of State & Territorial Dental Directors, the United States Preventive Services Taskforce, the Office of Public Health of Garfield, Colorado, and the National Guidelines for Use of Fluorides in Brazil.

Trademarks & Intellectual Property

Trademarks

CariedAway, Secondary Innovator PRISMS, Primary Innovator

Teaching & EDUCATIONAL ACTIVITIES

Courses Taught

Epidemiology (MS), 1 semester Scientific Writing (MS), 1 semester

Epidemiology of Dental Caries (DDS, "Diagnosis and Treatment of Oral Disease" course), 4 semesters

Biostatistics for Public Health (MPH/PhD/DDS), 12 semesters

Data Management using SAS I (MS), 3 semesters Data Management using SAS II (MS), 3 semesters Clinical Research Practicum I (MS), 3 semesters Clinical Research Practicum II (MS), 3 semesters

Biostatistics I (MPH/PhD), 2 semesters Biostatistics II (MPH/PhD), 2 semesters

Propensity Score Matching (Post-graduate), 6 summer sessions Methods of Causal Inference (Post-graduate), 2 summer sessions Survey Research (Post-graduate, co-taught), 1 summer sessions

Qualitative Data Analysis (PhD), 1 semester

Service & Committee ACTIVITIES

New York University

2024	Community-Engaged Scholarship Task Force
$2023\text{-}\mathrm{Pres}$	Strategies to Reduce Inequality Research Working Group
2021-Pres	University Graduate Program Committee

Spring 2018 College faculty representative, NYU Faculty Urban Research Day

2014-2016 Teaching fellow, Center for the Promotion of Research Involving Innovative Sta-

tistical Methodology (PRIISM)

College

2024-2026	Curriculum Committee
2019-2023	Faculty Council
2017-2023	NYU Academy of Distinguished Educators
2018-2022	Curriculum Committee
$2016\text{-}\mathrm{Pres}$	Director, MS Program in Clinical Research
$2016\text{-}\mathrm{Pres}$	Director, Biostatistics Core
$2016\text{-}\mathrm{Pres}$	Graduate Council on Ethics and Professionalism
2016-2019	Council on Humanitarianism and Culture Change
2017-2018	Summer D1 Research Experience

2014-2015	Teaching and Learning Club
2014-2015	Statistics Unit Head, College of Dentistry and School of Nursing
2014-2016	Technology Enhanced Learning Committee (NYU SGPH)

Department

Fall 2022	Chair, Faculty Search Committee (tenure track)
Fall 2022	Chair, Faculty Search Committee (research track)
$2020\text{-}\mathrm{Pres}$	Director, Research & Analysis in School Health (RASH) Lab
Fall 2021	Faculty Search Committee
2019-2020	Planning Committee, 2020 Methodology in Oral Health Research Conference
Spring 2017	Faculty Search Committee
2015-2016	Chair, Curriculum Committee, MS Program in Clinical Research
2015-2016	Admissions Committee
2014-2015	Curriculum Committee

Other

2011-2014	Surveillance and Epidemiology Unit, NYC Incident Command System
2010-2011	Member, NYC Department of Education Institutional Review Board

National and International (Invitation Only)

- 2025 Community Roundtable on Addressing Sensory Health, Patient-Centered Outcomes Research Institute (Washington, DC)
- 2025 International Co-Investigator, National Institute of Science and Technology in Translational Biophotonics in Dentistry (Brazil).
- 2025 Study Section, NIH special emphasis review panel. Health Services and Systems (HSS) Review Branch.
- Virginia MCH-IOHI Alliance Member. Content expert in public health surveillance, analysis, and evaluation; sponsored by the Virginia Health Catalyst.
- 2024 Delphi Panelist for the ChatGPT, Generative Artificial Intelligence, and Natural Large Language Models for Accountable Reporting and Use (CANGARU) Project.
- 2024 Reviewer, Health Research Board of Ireland (HRB). Content expert for dental public health interventions and child development.
- World Workshop of Oral Medicine IX (WWOM). Project Consultant for Group
 Predoctoral Oral Medicine Curriculum.
- Oral Health Disparities and Inequities (OHDI) Research Think Tank participant, National Institute of Dental and Craniofacial Research. Summary results published online at https://www.nidcr.nih.gov/grants-funding/grant-programs/health-disparities-research-program/think-tank

- 2022 Study Section, National Institute of Dental and Craniofacial Research. Review panel for Oral Health Data Analysis and Statistical Methodology Development and Analyses of Existing Genomics Data applications.
- 2022 Study Section, National Institute of Dental and Craniofacial Research. Special Grants Review Committee (DSR).
- 2021 Study Section, National Institutes of Health. Oral, Dental, and Craniofacial Sciences (ODCS). Musculoskeletal, Oral, and Skin Sciences IRG.
- 2017 Grant Reviewer, Oral Disease and Dental Health Review Committee, California Tobacco-Related Research Program (TRDRP). Content expert for oral disease epidemiology and biostatistics.
- 2014 Consultant, Fiji National University, 2014 Fijian Oral Health Survey. Sampling procedures, data management and analysis, and reporting for government release.

REVIEWING & EDITORIAL

Reviewer

International Journal of Epidemiology, JAMA Network Open, American Journal of Preventive Medicine, PLOS One, BMJ Open, Preventive Medicine, JDR Clinical and Translational Research, BMC Oral Health, Journal of Public Health Dentistry, Community Dentistry & Oral Epidemiology, Evidence-Based Medicine, BMC Public Health, BMJ Public Health, Journal of Clinical Periodontology, Journal of the American Dental Association, Medicine, International Dental Journal, Clinical Implant Dentistry and Related Research, Pediatrics, Journal of Evidence-Based Dental Practice, International Journal of Paediatric Dentistry, Education Policy Analysis Archives, Journal of American College Health, British Dental Journal, JADA Foundational Science, Contemporary Clinical Trials Communications, Public Health in Practice, American Education Research Association [AERA] Open, British Dental Journal

Editorial

BMC Oral Health (Editorial Board, 2025-Present)

JDR Clinical & Translational Research (Scientific Advisory Board, 2021-Present)

Medicine (Academic Editor, 2016-2019)

MENTORING AND ADVISING

Thesis or capstone supervisor

The effect of frequency of care in school-based oral health programs on caries incidence (Kiran Nagdeo, New York University School of Public Health doctoral capstone, 2025)

Intermittent fasting and dental caries: An analysis of the National Health And Nutrition Examination Survey (Mia Yu, Columbia University Department of Biostatistics Capstone, 2025)

Longitudinal caries management in schools: A randomized clinical trial (Aditi Gawande and Qianhui Xu, RASH Lab Graduate Research Assistants, 2024)

Screening and treatment time in school-based caries prevention (Gabriel Hawthorne and Radhika Shah, RASH Lab Graduate Research Assistants, 2024)

Data crosswalk for electronic health record software used in school-based caries prevention (Kristen He, Columbia University Department of Biostatistics Capstone, 2024)

School-based caries prevention and the impact on acute and chronic student absenteeism (Rami Habib, RASH Lab Graduate Research Assistants, 2023)

Silver diamine fluoride and oral health-related quality of life (Martyna Grochecki and Jillian Bateson, RASH Lab Graduate Research Assistants, 2022)

Analyzing the impact of prevention on new dental caries over time in schoolchildren with preexisting untreated decay: The Forsyth Study (Kajal Desai, MPH thesis, 2019)

The comparative performance and appropriateness of caries indices for use in oral epidemiology research: a prospective cohort example (Dhawani Shah, MPH thesis, 2019)

A review of the literature on fasting and oral health (Jillian Bateson, Furman University Undergraduate Capstone Project, 2019)

Factors related to periodontitis prevalence and dental care utilization in US Hispanic women with changes in progesterone and estrogen levels (Ifrah Choudhary, MPH thesis, 2017)

Periodontitis and the risk of psoriasis in the US population using the National Health and Nutrition Examination Survey, 2009-2012 (Zhen Li, Master of Science capstone in Clinical Research, 2016)

Public health interventions for obesity in New York City (M. Seamans, HRTP Internship, NYC Department of Health and Mental Hygiene, 2013).

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- American College of Epidemiology (Fellow)
- American Statistical Association, Statistics in Epidemiology Section
- American Educational Research Association
- American Public Health Association
- New York Academy of Medicine (Fellow)
- New York Academy of Sciences
- Cochrane Collaboration
- Previously: Society for Epidemiologic Research, International Association for Dental Research, American Dental Education Association, Royal Society of Public Health

Software

- Statistical Packages: R, Stata, LISREL, AMOS, BUGS; SAS (rusty), SPSS.
- Applications: EpiMouth (built in R Shiny), LATEX, R-Markdown, REDCap, N'Vivo, EndNote, JMP, common Windows database, spreadsheet, and presentation software