

Work/Energy

When Force is constant: $W = \vec{F} \cdot \Delta \vec{x} = F \Delta x \cos \theta$

When Force isn't constant: $W = \int \vec{F} \cdot d\vec{x}$

Assuming same direction.

chain rule

$$W = \int \vec{F} \cdot d\vec{x} = \int F_x dx = \int m a dx = m \int \frac{dv}{dt} dx \quad \frac{dv}{dt} = \frac{dv}{dx} \frac{dx}{dt}$$

$$= m \int \frac{dv}{dx} \frac{dx}{dt} dx = m \int v \frac{dv}{dx} dx = m \int_{\text{initial}}^{\text{final}} v dv = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2 = \Delta K$$

Kinetic energy

$$K = \frac{1}{2} m v^2$$

$$U_{\text{gravity}} = mgh$$

$$W_{\text{gravity}} = \int_i^f -mg dx = -mg \int_i^f dx = -(mg x_f - mg x_i) = -\Delta U$$

Potential energy

$$U_{\text{spring}} = \frac{1}{2} kx^2$$

$$W_{\text{spring}} = \int kx dx = \frac{1}{2} kx^2$$

A force is conservative if its work depends only on its starting and endpoints, allowing it to be defined with potential energy.

Ex. Gravity, springs

Ex of non-conservative: Friction, air resistance, force applied.

$$\Delta K = W_c + W_{nc}$$

$$W_c = -\Delta U$$

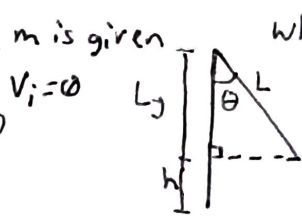
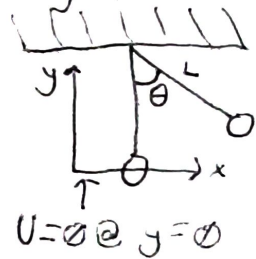
$$\Delta K = -\Delta U + W_{nc}$$

$$\Delta K + \Delta U = W_{nc}$$

$$\Delta E = 0 \text{ for only conservative forces}$$

$$\Delta E = W_{nc} \text{ for non-conservative forces}$$

Using these is often easier than using force. Ex:



what's v_f ?

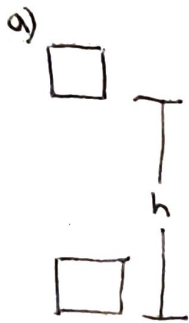
$$\cos \theta = \frac{y}{L} \quad h = L - y = L - L \cos \theta$$

$$\Delta E = 0 \quad E_i = E_f \quad U_i + K_i = U_f + K_f$$

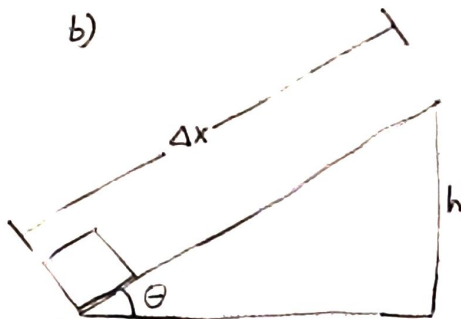
$$mgh + \frac{1}{2} m v_i^2 = mg\theta + \frac{1}{2} m v_f^2$$

$$mgh = \frac{1}{2} m v_f^2 \quad v_f = \sqrt{2gh}$$

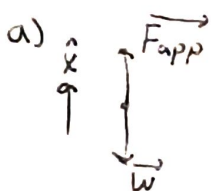
Ex: Which paths do less work?



b)



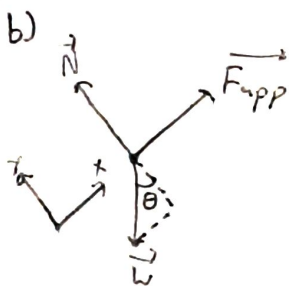
$\alpha = 0$ so you don't do extra work



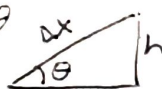
$$\begin{aligned}\vec{F}_{\text{net}} &= m\vec{a} \\ F_{\text{app}}\hat{x} - W\hat{x} &= 0 \\ F_{\text{app}} &= W = mg\end{aligned}$$

$$W_{\text{app}} = \vec{F}_{\text{app}} \cdot \vec{\Delta x} = F_{\text{app}} h$$

$$W_{\text{app}} = mgh$$



$$\begin{aligned}\vec{F}_{\text{net}} &= m\vec{a} \\ F_{\text{app}}\hat{x} - W\sin\theta\hat{x} + N\hat{y} - W\cos\theta\hat{y} &= 0 \\ \hat{x}: F_{\text{app}} - W\sin\theta &= 0 \\ F_{\text{app}} &= W\sin\theta = mg\sin\theta\end{aligned}$$

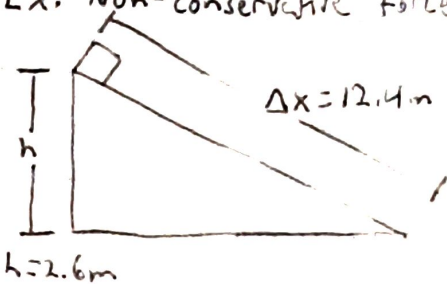


$$h = \sin\theta \Delta x$$

$$W_{\text{app}} = F_{\text{app}} \Delta x = mg(\sin\theta \Delta x) = mgh$$

Ramps use the same work, but since it's over a longer distance, the force applied is lower.

Ex: Non-conservative forces



$$V_i = 1.4 \frac{m}{s}$$

$$m = 47 \text{ kg}$$

$$V_f = 6.2 \frac{m}{s}$$

$$f = \text{Friction/air resistance} = 41 \text{ N}$$

What is the F_{app} ?

$$\Delta E = W_{nc}$$

$$E_f - E_i = W_{nc}$$

$$(U_f + K_f) - (U_i + K_i) = W_{nc}$$

$$(mgh + \frac{1}{2} m V_f^2) - (mgh + \frac{1}{2} m V_i^2) = W_{nc}$$

$$W_{nc} = (-f + F_{app}) \Delta x \quad \frac{1}{2} m V_f^2 - mgh - \frac{1}{2} m V_i^2 = -\Delta x f + \Delta x F_{app}$$

$$F_{app} = \frac{\frac{1}{2} m V_f^2 - mgh - \frac{1}{2} m V_i^2 + \Delta x f}{\Delta x} = 13.558 \text{ N}$$

$$W_{app} = F_{app} \Delta x = 168.12 \text{ J}$$

$$\text{Power} = \frac{dE}{dt}$$

$$W = \vec{F} \cdot \vec{\Delta x} = -\Delta U$$

$$F \Delta x = -\Delta U$$

$$F = -\frac{\Delta U}{\Delta x}$$

For kinetic energy:

$$v^2 = \vec{v} \cdot \vec{v} = v_x^2 + v_y^2$$