Interview Questions for Dr. Godwin Mwisomba

Introductory Questions

1. **Can you tell us a little about your background and how you became involved in psychiatry and global health?**
   This will give Godwin a chance to share his journey and build rapport with the interviewer.

2. **What do you enjoy most about your work in mental health and global health?**
   This helps to understand his motivations and passion, setting a positive tone for the rest of the conversation.

3. **In your experience, how has the perception of mental health care evolved over the years, particularly in regions you've worked in?**
   This question opens up the discussion on broader societal changes, helping to set the stage for deeper conversations on challenges and technological advancements in mental health.

General Approaches to Mental Health

- Could you describe your typical approach when addressing mental health issues, particularly in university or high-stress environments?

- How do you adapt your strategies when working with individuals from different cultural backgrounds, especially in your global health work?

- What role do you see for preventative measures in mental health, and how do you integrate these into your practice?

Technological Advancements in Mental Health Support

- In your experience, how have technological advancements (e.g., telemedicine, mental health apps, AI-based tools) influenced the delivery of mental health care?

- Have you seen any promising applications of AI or chatbots in mental health support, particularly in the context of early intervention or reducing stigma?

- What are the key challenges or ethical concerns that come with the use of AI or digital tools for mental health care?

Challenges in Mental Health Treatment

- What do you believe are the most significant barriers to mental health care, especially for young adults and university students?

- How do you address the stigma surrounding mental health care in various communities, and how might technology help in this regard?

- Could you discuss the mental health challenges specific to global health crises, like pandemics or other emergencies? How do they affect populations in your work?

The Role of Chatbots in Mental Health Support

- In your opinion, what are the potential benefits and limitations of using a chatbot for mental health support, particularly for students?

- What features or functions do you think are essential for a mental health chatbot to be both effective and ethical in providing support?

- How could a mental health chatbot ensure it maintains a compassionate, personalized tone, while also being accurate and safe in its advice?

Insights on Data Privacy and Trust

- What are your thoughts on the data privacy concerns surrounding AI and digital tools in mental health? How can trust be established with users?

- How would you recommend ensuring that mental health data, especially sensitive information, is protected while still allowing for the effective use of AI tools?

Future of Mental Health Care

- Where do you see the future of mental health support going in the next 5–10 years, particularly with the rise of digital tools and AI?

- How do you envision a world where mental health support is more accessible, and how do you think technology will play a role in that vision?

Conclusion

- Are there any other insights or advice you'd like to share regarding the integration of AI, chatbots, or digital tools in mental health services?